



CAO 02APR25

## US ARMY SERE SCHOOL OFFICIAL PACKING LIST

\*Quantities on **Mandatory List are Minimums.**

\*No machetes or other knives with a blade over 7" are allowed.

\*If an item is not on this list, then do not bring it with you. If you bring a cell phone or prohibited item, it will be stored inside a locked room for the duration of the course.

\*If you are taking prescribed medications, you must bring the prescription with you to the course.

\*Over The Counter meds will be approved case by case basis on TD0. See pre-approved list below.

\*Other DoD service attendees need to bring the comparable service specific equipment and uniforms in accordance with their service's regulations.

\*DoD civilians should have appropriate military equipment that is comparable to each item.

**\* If you fail to bring all items on the SERE-C School Mandatory Items Packing List, you may not be granted entry into the course.**

**\*we are not associated with any individual unit "pre-SERE briefings;" any advice or guidance received from them does not supersede this packing list**

### MANDATORY WORN ITEMS FOR IN PROCESSING

ID Card (Carried on your person at all times)	1 EA
ID Tags, Medical Tags (if required) with standard chain (if you have allergies you must report with your red medical ID tag) (Carried on your person at all times)	1 PR
ACU/A2CU/Fracu (Complete with patches. No IR/Subdued flags)	1 SET
Belt, Tan	1 EA
T-Shirt, S/S; Tan	1 EA
Socks, wool or cotton	1 EA
Underwear (Full coverage)	1 EA
Brassiere (Females – Sports type recommended)	1 EA
Patrol Cap (Must match uniform)	1 EA
Boots, Tan (IAW AR 670-1) (No OEF/Hiking style)	1 EA
Watch, Wrist (GPS capable not authorized)	1 EA
Pen (Black Ink)	2 EA
Mechanical Pencil	1 EA
Notebook	1 EA
Glasses, Prescription, Military Issue (Contact lenses not authorized)	1 PR

### MANDATORY CLOTHING ITEMS

Boots, Tan (IAW AR 670-1) (No OEF/Hiking style. Additional to the pair worn)	1 PR
Gloves (ALL LEATHER PALM) – Black/Foliage Green/Tan (NOT flight gloves)	1 PR
ACU/A2CU Uniforms (Additional to one worn/Service Specific)	2 SETS
Patrol Cap (Must match uniform. (Additional to one worn)	1 EA
T-Shirt, S/S; Tan (Must match uniform. Additional to one worn)	6 EA
Socks, wool blend (Military black, tan, or green – non-waterproof)	6 PR
Socks, white or black	2 PR
Underwear (Full coverage, females must be capable of retaining hygiene products)	6 EA
Army Physical Fitness Uniform (shorts and shirt)	MIN 1 SET

Shoes, Running (may also be used as closed-toe shoes for required civilian attire)	1 PR
Collared Shirt (No logos, appropriate for official travel.)	1 EA
Slacks or Jeans (No holes, no shorts, no stonewash, appropriate for official travel.)	1 EA
T-Shirt (Used as undershirt. No logos, appropriate for official travel.)	1 EA
Wash Cloth	1 EA
Bath Towel	1 EA
Personal Hygiene Items (21 Days) (Baby wipes are not authorized)	as Req
Shower Shoes (aka flip flops)	1 EA

**MANDATORY SEASONAL CLOTHING ITEMS**  
**(Courses with a start date of 1 OCT – 30 APR ONLY)**

Shirt, Thermal (Level 2 Top, aka waffle top)	1 EA
Fleece Jacket (ECWCS Level 3)	1 EA
Army Physical Fitness Uniform Jacket	1 EA
Army Physical Fitness Uniform Pants	1 EA
Civilian Jacket, Cold Weather	1 EA
Glove Inserts	1 PR
Fleece Cap, Black or Coyote	1 EA

**MANDATORY EQUIPMENT**

Aviator Kit Bag <b>OR</b> Duffle Bag (Military Issue Only)	1 EA
Field Pack (Ruck), Alice (MED/LRG) <b>OR</b> MOLLE System (If you have one issued, you are required to bring it. SERE will only issue to students with no CIF issue on record.)	1 EA
MOLLE Waist Pack or Butt Pack	1 EA
Flashlight (w/ Red Lens cover), w/ two sets of extra batteries (Headlamp Authorized)	2 EA
Eye Protection (Clear lens only. 2 Sets with Frames, not just lenses) or Glasses, Prescription, Military Issue (Contact lenses not authorized)	2 PR
32oz Civilian Water Bottle (similar to a Nalgene)	1 EA
Camelbak (100oz bladder and military style carrier with no pockets on the carrier) (Ruck style or 3-day packs are not authorized)	1 EA
Wet Weather Top (ECWCS Level 6)	1 EA
Poncho Liner	1 EA
Bag, Wet Weather (Trash bags are not an authorized replacement)	2 EA
Laundry Bag	2 EA
Entrenching Tool w/ cover	1 EA
Canteen, 1 QT	2 EA
Cover, 1QT Canteen	2 EA
Canteen, 2 QT	1 EA
Cover, 2 QT Canteen	1 EA
Camouflage Kit, Personal	1 EA
Vest, ALSE <b>OR</b> Suspenders, LCE <b>OR</b> MOLLE FLC	1 EA
Pouch, Ammunition 5.56	2 EA
Pouch, First-Aid (Empty) <b>OR</b> IFAK (Empty) <b>OR</b> Grenade Pouch (Empty)	1 EA
550 cord	MIN 100'
Clear Trash Bags, Large (33 gallon minimum)	2 EA
Sleeping Bag (Army Issue System, may be used in place of linens) (With BIVY COVER)	1 EA
EPI Pen (if prescribed)	1 EA

**PERSONAL SURVIVAL KIT**

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All Students are **REQUIRED** to bring a Personal Survival Kit limited to the following items. The following items are minimum quantities. These items **WILL NOT** be provided by SERE.

Sewing Kit	1 EA
Safety Pins	4 EA
Monofilament Line (Fishing Line, 5-30 lb test)	50 ft
Fishing Hooks (small to medium size)	5 EA
Aluminum Foil (12" x 48")	2 sheets
Manmade Tinder (i.e. petroleum jelly covered cotton balls, Magnesium Bar, Spark Lite, etc.) (matches, starting fluid, fire starter squares/logs not authorized)	1 QT bag
Wire, Snare Type (.020" safety wire or equivalent is recommended)	10 ft

### TDY STUDENT ADDITIONAL REQUIRED ITEMS

Cup, Canteen	1 EA
Compass, Lensatic	1 EA

### FEMALE STUDENT REQUIRED ITEMS

Brassiere (Sports type HIGHLY recommended)	6 EA
Female Hygiene Products (Pads or Tampons) Hygiene wipes are not authorized	21 DAYS
Female Urination Device (Shewee, Gogirl) Non obscene types	optional

### OPTIONAL/RECOMMENDED ITEMS

Wallet (Money not to exceed \$100)	1 EA
Fleece Cap, Black or Coyote	1 EA
Pad Lock (Combination or key)	1 EA
Closed-toe Shoes (No sandals, no heels, no "slip on" style.)	1 PR
Jacket, Civilian Lightweight, Inclement Weather (may be used as Civilian Jacket Cold Weather)	1 EA
Fitted sheet for a twin mattress, top sheet, pillow case, & small pillow (We do not issue linens at SERE)	1 SET
Laundry Detergent, Liquid (Medium size bottle recommended)	1 EA
Foot Powder (4 oz. or smaller)	1 EA
Sun Screen (Strongly recommended)	3 EA
Insect Repellent (Strongly recommended)	3 EA
Ziploc Bag, Large (1 gallon or smaller)	2 EA
Bungee Cords	4 EA
Alarm Clock (Radio not authorized)	1 EA
Hat, Boonie (Must match uniform)	1 EA
Eyewear, Protective, Smoke/Grey Lens	1 PR
Gloves (Shooter style) – Black/Foliage Green/Tan	1 PR
Knife, Pocket	1 EA
Multi-tool (i.e. gerber, leatherman, etc)	1 EA
MAP Markers (non-permanent / fine tip)	1 EA
MAP Eraser	2 EA
MAP Sleeve or document Protect	1 EA
Pens	1 EA
Pencils, mechanical	2 EA
Pace Beads	1 SET
Space Blanket	1 EA
Military or Isolation / SERE – related reading material (May not leave your barracks room)	optional
Religious items / wedding bands (May not leave your barracks room, includes rubber rings)	optional
Assault Pack	1 EA

**APPROVED OTC MEDICATION**

All medications not listed will still be approved on a case by case basis

- Antibiotic ointment (i.e. polysporin, triple antibiotic ointment, Neosporin)
- Ibuprofen / acetaminophen
- Lip balm / chap stick
- Hydrocortisone cream/gel
- Lamisil
- Calamine
- Band-aids (any size, variety, or impregnated with antibiotic)
- Medicated powders (to include anti-fungal powders)
- Butenafine (antifungal)
- Foot powder
- Itch sticks
- Zinc oxide (diaper rash cream)
- After bite
- Topical benzocaine
- Hemorrhoid cream
- Cough drop
- Snore mouth guards
- Burn relief gel (Sunburns)
- Chiggerex
- Breath right strips

**PROHIBITED ITEMS**

- GPS enabled devices, to include watches and running shoe pods (i.e. Nike, Apple, GTX, New Balance, and FitBit or similar fitness trackers)
- Electronic devices and accessories, such as e-readers, phones, power cords, etc
- One-piece flight suits
- Thong underwear
- Food items of any kind, to include gum, candy and mints
- Tobacco products of any kind or any product containing nicotine
- Baby wipes/wet wipes/feminine hygiene wipes
- Alcohol based products such as mouthwash or hand sanitizer. Non-alcohol based mouthwash is authorized.
- Wet/Cold weather bottoms
- Neck Gaiters
- Any medicated spray or Lidocaine gels (excluding bug spray & sunscreen)