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• Please join us in saying "THANK YOU" to all our Military Spouses out there. We do appreciate you all and we know that without your support, the Soldier could not perform at peak levels like they do every day.

• Do you know of an Army-wide situation that needs to be fixed? We are asking for your help in identifying solutions to large-scale issues. The Army Family Action Plan (AFAP) is the process where you can get vour voice, and your solution heard and worked. Go to https://ims.armyfamilywebportal.com/submit to get started. If the issue is bigger than Army and covers all the DoD, submit that one too.

• ACS is looking for volunteers to be Facilitators, Recorders, Transcribers, and Issue Support for the next AFAP conference in August. We will provide all the training needed to fulfill each of these rolls. If you're interested, call Rana Love at 255-9639 or Sheila Rollan at 255-3161/2887.

Army Emergency Relief: Army Emergency Relief Online Portal:

You can make a difference in a Soldier's, Family Members or Survivor's life!

PCS Season is among us. Do you know an Active Duty Service Member PCSing in the next few months? Or do you have a Soldier just PCS to Ft. Novosel and have an unforeseen circumstance occur?

• AER is a resource to assist Soldiers in these types of situations.

Army Volunteer Corps: Now located with DHR, 2nd floor, bldg. 5700!

AER can aid with first month's rent/security deposit for the primary residence when an unforeseen circumstance or situation caused a shortage of funds. Initial move-in rent assistance for Active-Duty Soldiers during Permanent Change of Station will be provided as a 50% Loan / 50 % Grant.

Army Emergency Relief provides no interest loans and in certain circumstances grants for Active Duty and Retired Soldiers, their Family members and Survivors of the Fallen experiencing unexpected financial hardship. Broad categories of assistance include emergency travel, vehicle repair, rent, utilities, medical/dental expenses, funerals, minor home repairs, repair or replacement of stove, refrigerators, washer and/or dryer for primary home, basic furniture needs, food and gas.

Additional information on AER assistance for emergency situations or for the AER scholarship application process, may be obtained by contacting AER at 334.255.2341 or at https://www.armyemergencyrelief.org/.

www.armyemergencyrelief.org/loans/

(334) 255-9059

Leadership Information Networking Connection LINC Notes May 1, 2025

11. U.S. ARMY AVIATION MUSEUM

12. ARMY SUBSTANCE ABUSE PROGRAM

1. ARMY COMMUNITY SERVICE (ACS)





(334) 255-2341

(334) 255-9888



Volunteers are reminded to use the AFWP VMIS to register their hours!

Employment Readiness Program:

• Are you "searching" for meaningful employment but just can't seem to crack the hiring code to get that job? Perhaps you're unsure about the quality of your professional résumé, cover letter, or interviewing skills. The Employment Readiness Program (ERP) can serve as your catalyst for landing the job that you want at the pay you deserve! For more information on the program contact an ACS Specialist at (334) 255-2887.

Exceptional Family Member Program: (ACS) (334) 255-9277/3643 and (Medical EFMP) (334) 255-7431

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with • other military and civilian agencies to provide comprehensive and coordinated medical care, special education, community support, and personal services to families with special needs.

An exceptional family member is a family member, child or adult, with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training or counseling.

• Enrollment allows the assignment managers at Army personnel agencies to consider the documented medical and special education needs of exceptional family members in the assignment process. When possible, soldiers are assigned to an area where the medical and special education needs of their exceptional family member can be met.

FAP-Family Advocacy Program:

Victim Advocates: 24/7- Hotline: (334) 379-7947 This hotline can also be called in reference to Problematic Sexual Behavior in Children and Youth

- **Domestic Violence/Victim Advocacy Program**
- Family Advocacy Program Classes: Active Parenting/Cooperative Parenting and Divorce/Anger Management/Stress Management/ (can bring to the units, organizations, etc. interactive class)
 - Command/Unit yearly trainings on Domestic Violence and Child Abuse. •
 - Call Family Advocacy Program at 334-255-3898 for further information. •

New Parent's Support Program:

334-255-9647/3359 PLAYGROUPS: All are held are NPSP building 8946 7th Avenue -Wiggle Worms Playgroup ages birth to12 months Tuesdays 0845-0935 -Busy Bees Playgroup ages 13-24 months Tuesdays 0945-1035 -Jumping June Bugs ages 25 - 36 months Tuesdays 1045-1135 For questions or to pre-register, contact NPSP at 334-255-9647, 334-255-9805 or 334-255- 3359

Financial Readiness (FRP):

Army Continuation Pay within the Blended Retirement System: Soldiers enrolled in the Blended Retirement System (BRS) are entitled to a one-time, direct bonus payment at their mid-career mark. Soldiers may receive continuation pay in addition to any other career field-specific incentives or retention bonuses. It is essentially a retention tool. Each year, the Army publishes continuation pay rates and service obligations incurred as determined by the retention needs of the Army. The following eligibility information for RA and Active Guard Reserve (AGR) for Soldiers covered under BRS was published effective 1 January: For CY25, the Soldier has completed no less than eight and not more than12 years of service, as computed from the Soldier's PEBD; for CY26, the Soldier has completed no less than seven and not more than 12 years of service, as computed from the Soldier's PEBD; for CY27, the Soldier has completed no less than seven and not more than10 years of service, as computed from the Soldier' PEBD; for CY28-31, further analysis will be conducted in FY25 on all three components to determine the appropriate eligibility window and multiplier. ACS Financial Counselors can

(334) 255-2887

(334) 255-9631/3765

TO

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(334) 255-3246

provide further guidance and assist soldier's with completing their Continuation Pay Common Military Training requirement, in Building 5700 Room 350 ACS office.

You have the power to gain Financial Freedom – it is up to you to learn how and work for it!

Being deliberate about your finances can be a game changer. What are your short term and long term goals, how can you fund these goals, what savings or investments can help you achieve success, could a tax refund help you get out of debt or be the key to avoiding further debt? ACS Financial Counselors provide tools to help you determine how you would like to make your money work.

*The Financial Readiness Program, in the Soldier Service Center (Room 350) offers:

- Free Credit Analysis and CARFAXs.
- Tips for developing a working spending plan and alleviating debt.
- Blended Retirement System touchpoint consulting/counseling.
- Investing in Thrift Savings Plan? Let a financial counselor answer questions you may have.

PLEASE NOTE FOR CLEARING: If you are PCSing and within the rank of E1-E4; W1-W2; or O1-O3 you will be required to have your certificate of completion for the by law Common Military Training (CMT) *Prepare Finances for a Permanent Change of Station (PCS)*, to clear the installation. The course is offered every Wednesday, 1400-1500, in Building 5700 Room 350 ACS office, or you can contact a financial counselor about other formats available to complete the requirement.

* *Mandatory Common Military Training (CMT) Financial Touchpoint* classes are provided by the Financial Readiness Program or on-line at <u>https://olms.armyfamilywebportal.com/</u> Certificates of completion must be uploaded into Soldier's DTMS record by the S3.

Relocation Readiness Program:

(334) 255-3735

- Newcomers Welcome: Newcomer's Welcome is held the 2nd Friday of every month with the exception being December (no event). Mandatory for all newly arrived Soldiers; rank and number of times assigned to Fort Novosel regardless.
- Overseas Briefings are available for Soldiers PCSing to Germany, Alaska, Hawaii, and Korea. These
 mandatory briefings are scheduled on Tuesday Afternoons at 1400hrs and the 1st / 3rd Thursday at 1030.
 Must call to schedule, no walk-ins.

For more information, please call the Relocation Readiness Program at (334) 255-3735

Survivor Outreach Services (SOS)

Support Coordinator/ACS Specialist (334) 255-3815/(334) 255-9639

• If you're a surviving Family member, Survivor Outreach Services (SOS) offers you access to support, information, and services, closest to where you live, when you need it and for as long as you need it.

• Designed to provide long-term support to surviving Families of Fallen Soldiers. Our goal is to reassure Survivors that they remain valued members of the Army Family.

• Currently located in BLDG 5700, Rm 177.

Mobilization & Deployment Stability Support Operations:

- The next Soldier & Family Readiness Group (SFRG) training will be held 16 April 2025 in BLDG 5700, Room 350, at 1430. Please email, ilrana.i.love.civ@army.mil to RSVP. **RSVP is Mandatory!**
- Leadership Training & Informal Fund Custodian Training 1430-1600.

FOR ADDITIONAL INFORMATION:	Webpage: https://novosel.armymwr.com/categories/community-support
Click the hyperlinks	Facebook: https://www.facebook.com/FtNovoselACS?mibextid=LQQJ4d
	Instagram: fortnovoselacs

(334) 255-3815

2. CHILD & YOUTH SERVICES	
Child & Youth Services Coordinator	(334) 255-2375
School Liaison Officer	(334) 255-9812

Parent Central Services- 8946 Seventh Avenue is open Monday–Friday,7:30a.m.–4:30p.m. Appointments are required for new registrations. Patrons must complete the required registration forms for all CYS program(s) at Parent Central Services. Documentation required includes shot records, health assessments and special needs forms are to be turned in here and updated annually or when there's a change in health status of the child. For assistance or information, please call (334) 255-9638 or 255-2447.

The Child Development Center is open Monday – Friday, 5:30 a.m. – 5:30 p.m. for registered children 6 weeks-4 years old. Hourly care programs are not currently available. To begin the Registration process for childcare, please visit <u>www.mcc.com</u>, and complete the online portion. For more information, call the CDC at 255-2262 or Parent Central Services at 334-255-9638 to discuss how to register your child(ren) for this program. **The School Age Center Center** is open for care for registered children, grades Kindergarten-5th Grade. Part Day Preschool began 9 September and offers a 2 (T/Th), 3 (MWF) or 5 Day option from 0800-1100, please visit <u>www.mcc.com</u> and sign up early as these spaces are limited. Hours of operation for Before and After School Care (K-6) are 5:30 a.m.-5:30 p.m. For more information on the SAC Programs please call 255-9108 or Parent Central Services at 334-255-9638/2447.

The Youth Center IS NOW BACK OPEN!! We FREE Open Recreation activities each day after school: Monday-Friday 2:30 p.m-5:30 p.m. at the newly remodeled center located at Building 2800 Seventh Avenue. All youth (in 6th grade-18 years of age) must be registered with CYS to attend. You can stop by the Youth Center or Parent Central Services to pick up a registration packet. Call 255-2271/2243 or 2245 for more information.

Youth Sports and Fitness: Open Monday-Friday from 8:30am-5:00pm. To register your child for any offered individual/group Fall sports, please register at Parent Central Services located at Building 8946, between the hours of 7:30am to 4:30pm, Monday-Friday. FREE Homeschool PE classes began 21 August for youth ages 6-18. Child must register with CYS. For more information, please call the Youth Sports and Fitness Program at 255-2254, 255-9105 or Parent Central Services at 255-9638.

Family Child Care Providers: Any family member living in government quarters/housing providing childcare for more than 10 hours per week on a regular basis must be a certified Family Child Care Provider. Contact the FCC Director, Jinnifer Aman for details and next steps at 334-255-1769 (M-F 11am-3pm) or email at jinnifer.a.aman.naf@army.mil

<u>CYS BUS TRANSPORTATION</u>: Registration for the CYS Bus transportation for Enterprise City Schools during the 2024-2025 School Year will soon be underway. Please visit the School Age Center, to discuss and complete necessary paperwork as spaces are available on a first come first serve basis. Your child must be registered in a CYS Program to utilize the transportation service. All children and youth must register for bus transportation annually and there is a monthly fee for this transportation. You may reach the School Age Center by calling 334-255-9108.

School Liaison:

(334) 255-9812

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• The High School Senior Stabilization Policy, which promotes a Soldier initiated assignment procedure to schedule Permanent Change of Station (PCS) moves to occur at times that avoid disruption of the school schedule, has now been expanded to include high school juniors, as well. Policy designed to provide stability to Families with students in their junior and senior years of high school.

• Ozark City Schools and Daleville City Schools will again be providing free lunches to all students for SY 22-23, thanks to the Community Eligibility Provision. Enterprise City Schools and Parker Elementary School will be accepting free/reduced lunch applications which are available on the school web sites: www.enterpriseschools.net and www.enterpriseschools.net and

• The Military Child Education Coalition has designed an interactive tool, SchoolQuest, specially designed to support highly mobile military families and students. Making the best choices for your student before, during and after a PCS move increases the chance of academic success and social well-being. Check out SchoolQuest at www.militarychild.org to help you manage an upcoming school transition.

• Tutor.com provides military affiliated learners of all ages with free online live tutoring, 24/7, throughout the year. Also, SAT/ACT test preparation with practice problems, drills and video lessons. For free tutoring and so much more, please visit <u>www.tutor.com/military</u>.

• If you are new or you know someone new to the Ft. Novosel community, please know that I will gladly arrange school tours before deciding where you'd like to live. Please contact me to better assist in making the school district of choice decision.

3. FORT NOVOSEL EDUCATION CENTER:

Army Continuing Education System (ACES) Offers innovative and mandated ways to fund your education goals using Tuition Assistance (TA), Army Credentialing Assistance (CA) Program, and Scholarship opportunities. These services are available to Active Duty, Reserves, National Guard, Dependents and Retirees.

- Hours of operation: Monday-Friday, 0730-1615, Bldg 4502
- The ED Center host monthly 1st & 3rd Thursdays Financial Aid/Scholarship Workshops
- The ED Center offers monthly Basic Skills Education Program (BSEP) to assist with raising GT score through a 4 week intense sessions Monday Friday 0800-1200.
- The ED Center offers a series of free test to include:
 - Armed Forces Classification Test (AFCT)
 - Defense Language Aptitude Battery (DLAB)
 - Defense Language Proficiency Test (DLPT)
 - Selection Instrument for Flight Training (SIFT)
 - Test of Adult Basic Education 11/12 (TABE).
 - Basic Math and Science Test (BMST)
 - Oral Proficiency Interview (OPI)
 - Free FAA Testing
- The ED Center has an onsite National Testing Proctor Center through Troy University.
- CLEP Testing is also available through Troy University for free. For more information, please contact the ED Center or Troy University.
- The ED Center houses 3 amazing Academic Institutions: Central Texas College (CTC), Troy University & Embry-Riddle Aeronautical University.
- The ED Center facilitates bi-annual Education College Fair and a yearly Fall Graduation Ceremony.

4. DIRECTORATE OF PUBLIC WORKS / CORVIAS:

(334) 255-2984 / (440) 8988/8992/8990

FOR ADDITIONAL INFORMATION: Click the hyperlinks Webpage: <u>https://novosel.corviaspm.com/</u> Scholarship Information: <u>http://corviasfoundation.org/</u>

5. DIRECTORATE OF PUBLIC SAFETY

) 255-0056
) 255-3166
) 255-1922
-2222 / 911
) 255-0850

Pass Registration:

- You can now register for a pass online up to 14 days prior to your visit but no less than 5 days prior. The website page to do this is <u>https://pass.aie.army.mil</u>.

Army Directive 2020-16 (Reporting of Missing Soldiers):

- DPS must be notified no later than three hours after a Soldier is determined unaccounted for.
- We will create a blotter entry, create a "Be on Lookout" (BOLO) order for all law enforcement, notify all local law enforcement agencies, and conduct a phone-ping to help determine the Soldier's location.
- It is ideal to notify DPS immediately after the Soldier is unaccounted for so we know this may be coming and we can start creating the BOLO and may even be able to conduct the phone-ping earlier than the three-hour mark.

Garrison Commander Policy Memorandum 21-39 (Child Supervision Policy):

- Applies to all personnel and children when on the installation.
- Children 11 and under cannot be left in a car unattended whether the car is running or not.
- Children nine and under must always have direct supervision (within sight and hearing distance) at all times.

• Indirect Supervision (Parent/Supervisor makes hourly checks and is in the immediate area in case of an emergency):

- ✤ 10 years of age; unsupervised up to 1 hour/ cannot babysit siblings
- ✤ 11 years of age; unsupervised up to 3 hours/ can babysit siblings up to 1 hour

✤ 12-13 years of age; unsupervised up to 6 hours/ 13 years of age can babysit siblings and other children up to 5 hours during daylight hours only.

✤ 14-16 years of age; unsupervised up to 9 hours; can babysit siblings and other children up to 9 hours/ cannot babysit overnight.

✤ 17-18 years of age; unsupervised up to 2 consecutive nights; can babysit siblings and other children overnight.

• The above policies are strictly enforced.

Garrison Commander Off-Limits Memorandum:

• Montego Property Management LLC all rental properties owned or managed by CW3 Anton Lecky (aka) Rebecca Sanders, or any aliases of CW3 Lecky) to protect the health, welfare, and safety of all military personnel by order of the Garrison Commander.

Garrison Commander Policy Memorandum 22-51 (Mandatory Pet Microchipping):

• All privately owned cats and dogs residing on the installation must be microchipped at the time of pet registration at the Veterinary Treatment Facility or within 72 hours of arrival and assignment of government quarters on the installation.

Fort Novosel Regulation 40-16 (Animal Control):

- If you spot a stray animal, contact the police desk at 334-255-2222.
- Animals declared a nuisance by DPS or the Vet Clinic are subject to removal from the installation. This prohibition also extends to all dogs that demonstrate behavior following these types of conduct.
- (a) Unprovoked barking, growling, or snarling when people are present.
- (b) Aggressively running along fence lines when people are present.
- (c) Biting or scratching people or attacking other pets.
- (d) Escaping confinement or restriction to chase people or other pets.
- All Pets must remain on a leash in public areas at all times and are not allows to freely roam unless in a controlled fenced area that the pet cannot except or at a dog park.

• Dog breeds prohibited on the installation are Bull Terriers, Chows, Pit Bulls, Rottweiler, Doberman Pinschers, and Wolf Hybrids.(includes visitors)

• The feeding of stray or feral animals is prohibited unless conducted as part of a Fort Novosel authorized animal control program.

Fort Novosel Regulation 215-1 (DFMWR Hunting, Fishing, Water Safety and Trapping):

• Contains all laws and regulations for hunting, fishing, trapping, and boating.

• Visit "isportsman.net" to obtain an on-post fishing and hunting license. Visit "outdooralabama.com" for a hunter education card and download the app for hunting, fishing, and trapping resources.

• Trail bikes and all-terrain vehicles are prohibited from use anywhere on the installation.

• Campers, boats, and trailers must be stored in the Fort Novosel RV Storage lot. They may not be stored in the housing areas. Point of Contact for the storage lot is 334-255-9020.

Privately Owned Firearms:

• Conceal or Open Carry is prohibited on the installation. Effective 01January2023, the state of Alabama no longer requires a license to conceal carry.

• If living on post, all weapons must be registered at DPS within 24 hours of moving in. All weapons on post must be stored unloaded in a locked container or with a trigger locking mechanism. Best practice is utilizing both.

• Soldiers who purchase a weapon and reside on the installation must get a Commander's signature on a DPS Form 818 when they register their weapon with DPS.

• Weapons may only be transported on post if going to a sporting event such as on-post hunting, the POW range, or skeet shooting. During transportation the weapon must be unloaded.

• Firearms cannot be stored in the barracks, vehicles, or work areas. They may be stored in the unit arms room.

Driving Hazards:

• Speed limit on the installation is 30 MPH unless otherwise posted. 20 MPH in housing areas. 10 MPH in parking lots.

• Local wildlife (mainly deer and wild hogs) causes most accidents during nighttime and early morning hours.

- Zero tolerance policy for speeding in a school zone.
- Motorcyclist must ensure they are following all motorcycle rules and regulations.

6. ARMY & AIR FORCE EXCHANGE SERVICE

- **MOMC Sweepstakes**: An exclusive sweepstake giving away more than \$22,000 in top trending toys and Exchange gift cards to military kids. Authorized shoppers 18 and older can enter on their favorite military child's behalf at <u>ShopMyExchange.com/sweepstakes</u> through May 1st.
- 25 April 11 May: Mother's Day Clothing & Jewelry savings to Celebrate Mom
 - Take an extra 15% off Women's clothing, shoes, accessories, and handbags with MILITARY STAR.
 - Take an extra 10% off fine jewelry, fashion jewelry, and watches, beauty, sunglasses, and the Exchange Sunglass Hut with MILITARY STAR
- Until 11 May: Mother's Day Gift Guide is Here! Celebrate Mom with love and sparkle. Explore military-exclusive pricing on fine jewelry, fashion accessories, elegant watches, and top beauty care picks—perfect for showing appreciation this Mother's Day!
- **1 8 May:** Enter to win a gift basket for MOM at the PX! The drawing will be held on 9 May.
- Romaine calm and eat healthy! Every Salad Wednesday, Army & Air Force Exchange Service diners can take \$2 off any salad priced \$4 or more at participating Exchange direct-operated restaurants.
- The Fort Novosel Exchange is making life easier and more convenient for the military community by accepting **Amazon returns and pickups** at the Main Exchange customer service counter.
- 2, 9, 16, 23 and 30 May: Class Six samplings from 1400 1600.
- 26 May: PX holiday hours in observance of Memorial Day
- The Fort Novosel Exchange is reminding **MILITARY STAR**® cardmembers to activate their new cards as soon possible. All "old" Statue of Liberty cards will be deactivated May 1.
- 22 May: PX Book Signing Event with Robert J. Shano, MSGT (Ret.) author of "Never Too Old For War", from 1100 – 1300.
- **16 May: PX Pet Pawrade** from 1130 1300. Join us for door prizes, Pup Cups, Pet Smooch booth, giveaways and more! Shop on-site vendors!
- Until 31 May: Oh, Say Can You See Your Patriotic Pet Earning Top Prizes? Have a patriotic and photogenic pet? Don't miss the Patriot Pet Photo Contest from @shopmyexchange! Snap a photo of your pet in their most patriotic outfit or setting and submit it at <u>ShopMyExchange.com/sweepstakes</u> for a chance to win up to \$500 in gift cards. Last year's Grand Prize winner was from Fort Novosel!
- Until 31 May: Bissell Cleaning Package Giveaway. Enter sweepstakes at <u>ShopMyExchange.com/sweepstakes</u>.
- Until 30 May: Enter to win the Kellanova Salute to the Military sweepstakes at the Express.
- Start the weekend on a high note with Free Fridays at @shopmyexchange! All authorized shoppers can
 comment on the Exchange's Free Friday post every week at <u>Facebook.com/ShopMyExchange</u> to be
 automatically entered for a chance to win exciting prizes
- Advanced Tabloids & Sales Flyers Find low prices and great deals in our Digital Ads at <u>shopmyexchange.com</u>.
- Follow us and stay connected for updates on events, happenings, and the latest promotions on <u>Instagram</u> and <u>Facebook</u>.
- With unattended retail units, round-the-clock tastes of home from the Fort Novosel #Exchange are never far away. Micro Markets are located at Mini Mall, Lowe, Shell, Hanchey and Cairns airfields.
- You Made the Grade Program: Fort Novosel students first through 12th grades who maintain a B average or higher can bring their report card and military ID to the BX or PX customer service area each grading period for prizes. Students with straight as will receive a \$20 Exchange gift card and a coupon sheet. Students with a B average or higher are eligible to receive a \$10 Exchange gift card and coupons. Homeschooled students are also eligible.
 - Coupons include:
 - Free small (fountain/frozen/Revolution Tea) drink from an Express.
 - Free kid's haircut at The Barber Shop
 - Free kid's meal at participating Exchange restaurants (up to \$6.50).

- Free combo meal at participating Exchange restaurants (up to \$10).
- \$5 off Exchange mall concessions or kiosks.
- 10% off headphones (excluding Apple and Beats products).
- 10% off men's, women's and children's apparel and footwear (excludes MCS footwear, commercial & DLATS uniforms).

Students who make the grade can enter a worldwide sweepstakes twice a year for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. Drawings take place in June and December.

• To enter the sweepstakes, students can complete the form on the back of the gift card sleeve and mail it to:

You Made the Grade PO Box 227398 Dallas, TX 75222-7398

- The Fort Rucker Exchange **BE FIT** program's holistic approach to health and well-being includes wellness services such as GNC, optical and optometry services to help make life better for the community.
- Exchange Protection Program: Fort Novosel shoppers purchasing big-ticket items can also purchase peace of mind with Exchange Protection plans, powered by Asurion. Plans can be purchased with electronics, jewelry, appliances, sunglasses, lawn and garden items and more. The plans cover the most common factors that can damage or destroy items, such as accidental damage from handling (on portable electronics); breakdowns because of heat, dust and humidity; power surges; and wear and tear. Exchange Protection Plans come in varying lengths, from one-year to lifetime warranties.
- **Anyone Can Dine**: Everyone is eligible to dine our Exchange restaurants. Our food court offers Starbucks, Charley's Grilled Subs, Subway and Qdoba. Burger King is conveniently located across the street from the PX.
- Anyone, including civilians, can honor and thank service members globally with a @shopmyexchange gift card. Purchase yours at <u>shopmyexchange.com</u>.
- Start Your Weekends Right with Free Fridays at the Fort Novosel Exchange!: All authorized shoppers can comment on the Exchange's Free Fridays post each week at <u>Facebook.com/ShopMyExchange</u> for a chance to win exciting prizes.
- We Go Where You Go: @shopmyexchange provides mission-critical support, food, merchandise, services, and other comforts of home wherever Warfighters are deployed. Watch the Exchange's Pre-deployment Mission Support video here.
- Earn rewards by using Military Star at the commissary!
 - Earn 2% Rewards or 2 Rewards Points earned for every \$1 spent with MILITARY STAR
 - New accounts receive a 10% off 1st Day Statement Credit on all purchases made the first day of using the MILITARY STAR card. This discount is applied to newly approved accounts on the first statement which is within thirty days of opening the account.
- Book Travel with MILITARY STAR Customers with exchange shopping privileges can book vacation amenities with MILITARY STAR through American Forces Travel (AFT) for great military discounts on hotels and vacation packages. With over 1 million hotels and over 76,000 destinations, military families can access exclusive discounts up to 50% off hotels and receive 24/7 traveler support.
 - PLUS, opening a new MILITARY STAR account saves 10% on travel if used on the first day's purchases. Purchases with MILITARY STAR also earn points towards a \$20 digital rewards card. Customers can book travel by visiting <u>https://www.americanforcestravel.com/star</u> today!
- **BE Fit Wellness Services** The Exchange is making it easy for retirees, military family members and disabled Veterans to access the wellness services they need—right on post. Shoppers have access to List Offerings through the Fort Novosel Exchange.
- Healthy with Healthier Choices, and Salad Wednesdays:
 - **Healthier Choices:** Take the guess work out of eating on the go! At the Express locations, military shoppers can identify Healthier Choices BE FIT food and beverage options by "an easy-to-spot" Healthier Choices, Healthier Lifestyle shelf tag.

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- Salad Wednesdays: Romaine calm and eat healthy! Every Salad Wednesday, Army & Air Force Exchange Service diners can take \$2 off any salad priced \$4 or more at participating Exchange direct-operated restaurant.
- Work It! Military Shoppers Can Find Latest Fitness Gear, Apparel at the Exchange While you're working out, let your Exchange benefit work for your wallet. Find activewear, gym equipment, wearable technology, hydration accessories and more tax-free and at military-exclusive prices at your Fort Novosel PX.
- Military Star Card Rewards: Earn 2% Rewards (2 points per \$1 spent!) on every purchase, rewards are sent via email and are valid for 3 months to redeem.
 - Reward yourself! Shoppers earn rewards whenever they use their MILITARY STAR® card.
 - Rack Up the Points with the MILITARY STAR Rewards Program: Do you shop at the PX or BX? Eat at the PX food court? Fill up at the Express? Order from ShopMyExchange.com? If you're not using your MILITARY STAR card when you shop, you're missing out on rewards. Earn two points for every \$1 you spend with your card, including at the commissary, mall vendors and more!
 - Tax Free Shopping, Military Exclusive Pricing, and Military Star Card Rewards:
 Tax Free On top of great deals on clothing, electronics and more.
 - Support MWR with every purchase.
 - Save 10% on food purchases at Exchange restaurants.
 - Save 5% on fuel at the Exchange.
 - Earn 2 points for every \$1 spent on installation and online.
 - FREE shipping with online purchases
- **Exchange Value Story-** Make your dollars go the extra mile! Use your hard-earned Exchange shopping benefit to save big this year in store at Fort Novosel and at ShopMyExchange.com.
 - **AAFES Brings Value to the Fort Novosel Community** Soldiers and families can save where it counts with their hard-earned shopping benefit at the Fort Novosel Exchange.
 - **Matters Where You Shop:** AAFES shoppers worldwide have contributed to improving life for Fort Novosel Soldiers and their families, generating \$1,027,778 for Quality-of-Life programs at Fort Novosel.

FOR ADDITIONAL INFORMATION: Click the hyperlinks Webpage: <u>www.shopmyexchange.com</u> <u>www.facebook.com/ruckerexchange</u>

7. DIRECTORATE OF FAMILY AND MORALE, WELFARE AND RECREATION: (334) 255-2100

Craft Swap at Arts and Crafts on 3 May from 9:00am to 1:30pm

Come trade knitting supplies, tips, tricks, and crafting secrets while meeting new people! Not looking to trade but want to donate supplies? Drop them off at the Arts and Crafts Center and we will add them to the mix. Light refreshments will be available for the group. POC: 334-255-9020

May The Fourth Be With You at The Flightline on 4 May from 2:30pm to 4:30pm

Unlimited bowling with shoes! There will be themed door prizes for the first 50 bowling participants, and you can take a photo with a life-sizer named Darth Vader! \$20 per person. POC: 334-255-9503

Commander's Cup Softball League on 6 May Registration deadline and coaches meeting (1600 @ softball complex) are 2 May. Open to all active, reserve, and national guard units 18 years of age and above. No cost to register. POC: 334-255-2393

Military Spouses Appreciation Lunch at East Beach Lodge on 9 May from 11:00am to

1:00pm Let us thank you for your incredible sacrifices and unwavering support. Enjoy lunch on us and connect with other spouses. Chance to win fantastic door prizes! POC: 334-255-1898

Right Arm Night at Big Mike's on 9 May from 4:00pm to 6:00pm

Grab your Battle Buddy and head over to Big Mike's for some fun games, door prizes and FREE food. Right Arm Night is open to everyone, so be sure to spread the word. This month will be hosted by ACLC! POC: 334-255-1898

Live at Big Mike's on 9 May from 6:00pm to 11:00pm

Get ready for the next Live at Mike's on 25 April! Join us for a night of fun, live music starting at 7pm, delicious samples from Folklore (while they last), and tasty bites from the grill! Don't miss out—mark your calendars and bring your friends! POC: 334-255-3916

Deep Sea Fishing Trip with Leisure Travel on 10 May from 3:15am to 4:00pm

Join Leisure Travel for a day trip to the Pelican Adventure Vera Marie Charter Boat. Anglers may bring a cooler with snacks and beverages! Canned alcohol is permitted, but NO HARD LIQUOR IS ALLOWED. Please call Leisure Travel about event pricing. Price includes transportation, cost of seat, equipment, cleaning of your catch, and gratuity. All other activities are paid for by the traveler. The bus will depart at 3:30am from Bldg. 5700. Register on Webtrac or call Leisure Travel to sign up today! <u>https://webtrac.mwr.army.mil/#page-0</u> POC: 334-255-2997

Hand Build Jewelry Stand at Arts & Crafts on 10 May from 10:00am-12:00pm

Get your hands in some clay to make something you'll love...a jewelry stand! Great for Mother's Day & Military Spouse Day. The cost is \$35 and it includes: demonstrations, guidance, tools, glaze, & explanation of ceramic process. Register by 8 May. POC: 334-255-9020



Advanced Framing Class at Arts & Crafts on 10-11 May

The Advanced Framing Class is a 2-day class that will detail how to plan, measure, and create a frame holding items such as coins, patches, ranks, certificates and more. Perfect for soldiers to display their items or to make a gift for someone! Register by 8 May at 3pm on webtrac or by calling the Arts & Crafts Center. Limited Availability. Participants must bring 1 rank, 1 patch, and 1 certificate. Cost is \$110. POC: 334-255-9020

UFC Watch Party at Big Mike's on 10 May, doors open at 4:00pm

Join us at Big Mike's for a Muhammad vs. Della Maddalena UFC Watch Party. Early prelims begin at 5:00pm, prelims begin at 7:00pm and the main event begins at 9:00pm. POC: 334-255-3916

Mother's Day Brunch at The Landing on 11 May from 9:00am to 2:00pm

Join us at The Landing for a Mother's Day Brunch. Prices are: \$6 for 3-5 years, \$10 for 6-12 years, \$24 for adults, and \$55 for family (2adults+ 2 kids 12 years and under). POC: 334-255-0767

Muffins with Mom at The Flightline on 11 May from 11:00am to 7:00pm

Celebrate Muffins with Mom at The Flightline. Moms enjoy 1 FREE game of bowling with the purchase of a shoe rental. Complimentary muffins & coffee for mom while supplies last! Call today for reservations (recommended not required). POC: 334-255-9503

Murder Mystery Dinner at The Landing on 16 May from 6:00pm to 9:00pm

The Landing presents an interactive Murder Mystery Dinner. The ticket includes 3 course dinner & show. Dinner begins at 6pm and the show will begin at 7:00pm. There is an open cash bar available to purchase drinks. \$50 for general admission (purchase at Joey's Brew or Leisure Travel). \$550 for a ten-person table (call to reserve). POC: 334-255-0767

Dancing at Divots on 16 May from 6:30pm to 8:30pm

Bring your friends and enjoy the beautiful views of the golf course while dancing to country tunes! This event is instructor led, but there will also be open dance time. The event is free and includes a small food buffet. Open cash bar with country-themed cocktails available for purchase. No registration required! POC: 334-255-0088

Day at the Lake at West Beach Lake Tholocco on 17 May from 10:00am to 3:00pm

Kick off the summer season with us at Lake Tholocco's West Beach! There will be food, music, exciting outdoor activities and more! Free event, everyone is welcome! POC: 334-255-4305

Board Game Bonanza on 17 May from 11:00am to 2:00pm

Enjoy a wide selection of classic and modern board games suitable for all ages. Whether you're strategizing in chess, building kingdoms in Catan, or laughing over party games, there's something

for everyone! Admission is free-just bring your family and your enthusiasm! Snacks and refreshments will be provided to keep the fun going. POC: 334-255-3885

Books and Brews at Big Mike's on 21 May - Starts at 6:30pm

If you love to read, come have some fun and get lit...erary with the Center Library's monthly Books & Brews at Big Mike's! Every 3rd Wednesday of each month at 6:30pm discuss the monthly book club selection, which can be picked up at the Center Library 3-4 weeks before each meeting. Call for more information. POC: 334-255-3885.

Tech Talk at the Center Library on 22 May starting at 11:30am

Tech Talk is a lunch and learn technology class and this month will cover Summer Reading with Beanstack! Learn how to make the most out of the library's digital platform that allows you to register for the Summer Reading Program, track minutes, write reviews, and more! Although the library will not be providing food, you are welcome to bring your own. Classes are free, and registration is not required, but is recommended. POC: 334-255-3885

Stars & Strikes at The Flightline on 26 May from 11:00am to 7:00pm

Spend your extra day off with friends at The Flightline! Enjoy \$0.50 game per person & \$0.50 per shoe rental. Regular pricing applies to other menu options. POC: 334-255-9503

Paint Your Partner on 30 May from 6:00pm to 8:00pm

Come out and get creative with your partner! Try your best to make your painting look somewhat like your partner, without getting too serious about it. Event ends with a reveal, no experience required! Registration deadline is 28 May. The cost is \$45 per couple and this includes: canvas, easel, brush, paint, and color mixing guide. POC: 334-255-9020

BE SURE TO FOLLOW US ON FACEBOOK AND INSTAGRAM TO KEEP UP WITH ALL OUR EVENTS AND HAPPENINGS!

-Connect with MWR Today Via Social Media or our Website, Links for both are Below-

FOR ADDITIONAL INFORMATION: Click the hyperlinks Webpage: <u>www.novosel.armymwr.com</u> Facebook: <u>https://www.facebook.com/ftnovoselrmwr</u>

8. FORT NOVOSEL COMMUNITY SPOUSES' CLUB:

The primary mission of the Fort Novosel Community Spouses' Club (FNCSC) is to develop and foster a spirit of community responsibility, to provide welfare support for activities within the military community, and to provide opportunities for social, cultural, and creative pursuits.

- **VOLUNTEERS NEEDED!** We have begun the search for volunteers for the 2025-2026 board year! Many positions will need to be filled so the club can continue to operate and give back to the community through our fundraising and philanthropic events. If interested, please contact our President, Meghan White, at <u>presidentfncsc@gmail.com</u>.
- Looking for gifts for friends and family? FNCSC Ways and Means have you covered! Shop our Ways and Means tables during our luncheons to find great items, such as the first ever Fort Novosel Cookbook. These professionally published cookbooks featuring recipes from the Fort Novosel community are sure to be a treasured keepsake for us all. 100% of the proceeds will go towards our Scholarship & Grant awards. Check out our merchandise here: http://www.fortnovoselcsc.com/merchandise.html
- FNCSC Sub Clubs host different activities throughout the month, outside of our monthly luncheons. Several clubs host activities in the evening, which can better accommodate our spouses who work or are otherwise unavailable during the day. To learn about the Sub Clubs visit: <u>http://www.fortnovoselcsc.com/fncsc-sub-clubs.html</u>
 *Reminder that ONLY members and their one guest are eligible to attend.

• Find us online at:

- Facebook https://www.facebook.com/FortNovoselSpousesClub
- o Instagram @fortnovoselspousesclub
- Website <u>www.fortnovoselcsc.com</u>

OPERATION DEPLOY YOUR DRESS (ODYD) is a 501c3 nonprofit organization that accepts donations of formal wear and accessories to deploy to military ID card holders at 13 shops at military installations around the world. ODYD is exclusively run by military spouse volunteers whose goal is to improve the quality of life of military families by offsetting the high cost of attending formal functions with access to free formal wear and accessories. The organization strives to foster community through volunteerism, build work experience for military spouses, and support military tradition.

- **ODYD** at Fort Novosel is open to any military ID card holder. If you need formal wear for a military ball, graduation, prom, homecoming, or wedding, ODYD has something for you. Visit our Facebook page to find our Sign-Up Genius link to make your appointment. Each military ID card holder can get two dresses or one suit and two accessories during one calendar year.
- If you are not an ID card holder but are looking for a way to show your appreciation for the service and sacrifice of our military servicemembers and their families, please donate. Visit our Facebook page and find out how to deploy your patriotism one dress at a time.

Find ODYD on Facebook: https://www.facebook.com/novoselodyd

FOR ADDITIONAL INFORMATION: Click the hyperlinks Webpage: <u>www.fortrnovoselcsc.com</u> Email: <u>presidentfrcsc@gmail.com</u>

9. LEGAL ASSISTANCE OFFICE – OFFICE OF THE STAFF JUDGE ADVOCATE (334) 255-3482

Located in Building 5700 (Soldier Service Center), Suite 320

Open: M,T,W,F 0830-1630, Th 1300-1630 (closed Federal Holidays and DONSAs)

1. **Did you know?** *The Legal Assistance Office provides one-on-one legal advice to individual Service members, Dependents, and Retirees!*

a. This service is provided by licensed attorneys.

b. Best of all, legal assistance is FREE and CONFIDENTIAL (with very few exceptions)!

2. Legal Assistance - Come see us! We see clients on a walk-in basis for Notarizations, Bills of Sale, Powers of Attorney, and Sworn Statements, but any other consultation requires an appointment. Call 334-255-3482 today!

a. Our office helps entitled personnel with personal legal matters, such as legal representation for Wills, Living Wills/Durable Healthcare Powers of Attorney, Servicemembers' Civil Relief Act, GOMORs, FLIPLs, as well as general legal assistance regarding Real Estate, Landlord/Tenant issues, Adoption, Divorce, Contracts, Debt Collection, Taxes, Claims and many other topics!

b. Our paralegals and legal assistants help with Notarizations, Bills of Sale, Powers of Attorney, and Sworn Statements.

3. **Help us eliminate the Barracks Lawyer!** Do you get your legal advice from random people on Facebook? Do you know that Soldier who claims to know everything about the law? Or would you rather ask a licensed JAG attorney?

a. Go to https://www.facebook.com/NovoselLAO and like our page.

b. Additionally, the page is frequently updated with useful legal information and resources.

4. Claims Office

a. Did you recently PCS? Were some of your household goods damaged? Did you know the Army has consolidated all personnel claims processing at Fort Knox?

b. Contact the Army's new Center for Personnel Claims Support (CPCS) at (502) 626-3000 to seek reimbursement for your damaged items.

c. Remember, transferring your claim on the DPS website does not allow CPCS to view it. You must also call CPCS!

5. Special Victim Counsel (SVC)

a. Are you a victim of sexual assault? If so, contact our SVC at 703-347-4297.

i. Purpose of SVC Program is to provide zealous advocacy for the victims of sexual assaults throughout the Military Justice process.

ii. As a victim, you are **entitled to certain services and protections**. An SVC is YOUR attorney that can guide you through the entire process, from reporting to court-martial and beyond!

b. Services Provided:

i. Legal consultation regarding potential collateral misconduct;

ii. Legal consultation regarding the Victim Witness Assistance Program;

iii. Legal consultation regarding SARC and VA;

v. Legal consultation regarding the military justice system;

vi. Accompanying the victim to military prosecution proceedings;

vii. Assistance in obtaining emotional and mental health services; and

viii. Legal consultation and assistance regarding traditional legal assistance and MPO/CPOs.

FOR ADDITIONAL INFORMATION:	
Click the hyperlinks	

Webpage: <u>http://home.army.mil/novosel/index.php/about/garrison/sja</u> Email: <u>usarmy.novosel.avncoe.mbx.osja@army.mil</u>

10. LYSTER ARMY HEALTH CLINIC:

(334) 255-7359 (800) 261-7193

Lyster Patient Appointment System

MHS GENESIS Patient Portal: <u>https://my.mhsgenesis.health.mil</u> or <u>https://myaccess.dmdc.osd.mil/</u> Military Health System (MHS) Nurse Advice Line: 1-800-TRICARE (874-2273) Lyster Website: <u>https://lyster.tricare.mil/</u> Lyster Facebook page: <u>https://www.facebook.com/LysterArmyHealthClinic/</u>

Upcoming Closures/Adjusted Hours:

May 16: Adjusted 3rd Wed Training Day moved to Fri. May 16, closed from 1200-1615 May 23: Minimal Manning Day, closed from 1200-1615 May 26: Memorial Day Holiday, closed all day

My Military Health

My Military Health: Improving the Patient Experience

Great health care is more than just appointments and treatments. With My Military Health, you'll enjoy a simpler health care experience – with more opportunities for virtual care. Powered by advanced digital tools, My Military Health helps you engage in your health when, where, and how you need to. Ask if your next appointment can be virtual!

WHY A VIDEO APPOINTMENT?

- Eliminates need to take time off work, juggle child or elder care issues
- Saves travel time and expense
- Safe, secure, reliable and easy access to health care on your terms

GETTING STARTED:

- Access sessions quickly and easily through your smartphone, laptop or computer
- Receive appointment link through email and text message
- Request an appointment by calling Central Appointments at 800-261-7193 or through the Patient Portal at https://my.mhsgenesis.health.mil

Lyster Health Talks Podcast

Listen in each month as the team focuses their discussion on relevant and relatable health content that empowers your health and the readiness of the force. The podcast is available on Apple & Spotify. For a complete list of episodes visit <u>https://lyster.tricare.mil/Patient-Resources/Podcasts</u>

Career Opportunities

Visit usajobs.gov to view our current career opportunities we have available at Lyster Army Health Clinic and become a proud member of #TeamLyster.

Lyster Army Health Clinic is a Military Treatment Facility under the Defense Health Agency. Visit usajobs.gov to apply online.

TRICARE Nurse Advice Line

24/7 access to a licensed nurse who can provide medical advice. Call 1-800-874-2273, Option 1, to speak with a nurse.

E-EFMP:

To access the new E-EFMP site, visit: <u>https://efmp.army.mil/EnterpriseEfmp</u> / Key features of the new E-EFMP system include:

• Automated DD Form 2792 (Family Member Medical Summary) enrollment and overseas family screening process.

- A case management component that allows Soldiers and families to initiate and monitor career long EFMP enrollment including paperwork storage so no more carrying documents.
- A forum feature which allows EFMP families to connect, share information, and create an online community.
- Mobile capability with 24/7 access to the E-EFMP, compatible with both the iPhone and Android
- Centralized content management
- DS Login, multi-factor authentication and/or Common Access Card accessible

LAHC EFMP Medical Coordinators: Ms. Sarah Smith, 255-7431/ Ms. Whitney Sutton, 255-7124 LAHC EFMP e-mail: usarmy.novosel.medcom-lahc.list.efmp@health.mil

Referrals: All Active Duty Soldiers and Tricare Prime Beneficiaries require a referral prior to receiving medical care outside the Military Treatment Facility. If after hours, on the weekend, or if you are traveling out of your local area, please call the Nurse Advice Line at 1-800-874-2273 to assist with urgent/emergency care needs. Routine referrals are processed in 7-10 business. Check the status of your referral authorizations at: <u>https://infocenter.humana-military.com/beneficiary/service/account/login</u>. Once you have an approved referral you can call 1-800-444-5445 for any questions regarding your referral.

<u>**Travel Reimbursement for Specialty Care:**</u> If your Specialty Care Referral requires you to travel 100 miles or more from Lyster AHC, you may be eligible for travel reimbursement. Learn more at https://tricare.mil/primetravel

Become a Patient and Family Partnership Council Member: Patient and Family Partnership Council members provide a voice that represents all patients and families of patients who receive care at Lyster Army Health Clinic. They partner with clinic doctors, nurses, and administrators to help improve the quality of our clinic's care for all patients and families.

A patient and family partnership council member is someone who:

- Wants to help improve the quality of our clinic's care for all patients and family members.
- Gives feedback to the clinic based on his or her own experiences as a patient or family member.
- Helps us plan changes to improve how we take care of patients.
- Works with the clinic for either short or long term commitments, depending on the project.
- Volunteers his or her time usually at least 1 hour and not more than 4 hours a month.
- Listen and share their opinions respectfully.
- Think about ways to improve health care.
- Work well with others.

Committee Members are composed of Active Duty, Family Members, Retirees, and TRICARE for Life members. For more information about becoming an advisor, please contact the Patient Advocate in room E113 near the Coffee Zone or call 334-255-7229 or email <u>usaarmy.novosel.medcom-lahc.list.patient-rep@mail.mil</u>.

<u>Yellow Card:</u> Please remember to bring your Yellow Card and present it when utilizing all clinic services including pharmacy pick up. For the convenience of our Beneficiaries, the latest version of the Lyster Yellow card is now a "Family Friendly" Card that lists all family members on the back of the card that have a completed DD2569 Form. See your clinic staff, pharmacy staff, or contact Lyster's Third Party Collection in the Resource Management Division to receive your Yellow Card. Completion of a DD2569 Form is an annual regulatory requirement that each beneficiary (except Active Component) must complete. You do not have to fill out a DD2569 each visit. If you do not bring your current Yellow Card, you will be asked to complete another DD2569 form, so please bring your card to all clinic visits including pharmacy pick up. Any questions please call Third Party Collection at (334) 255-7139/7689/7241. The team is happy to assist.

<u>Walk-In Contraceptive Clinic:</u> Get all your contraceptive care in one place at Lyster Army Health Clinic's Walk-In Contraceptive Clinic. Comprehensive contraceptive education and counseling is now available on a

weekly walk-in space available basis every Thursday from 1:00 p.m. - 3:30 p.m. As a walk-in clinic, no appointment is necessary, nor is a consult or referral required. Located in the Primary Care Clinic – just present to the check-in desk and let the staff member know you want to be seen in the Walk-In Contraceptive Clinic. If able, the medical provider will prescribe you with the appropriate contraception the same day. If the desired and recommended contraception is not available that day, you will be scheduled for a contraception procedure or insertion.

Services Offered:

- Education and Counseling
- Nexplanon
- IUD insertions
- Injections
- Oral Birth Control Pill Prescriptions
- Other: Patches, Rings, Condoms

<u>STI Walk-in Clinic</u>: Sexually Transmitted Infection (STI) Walk-in Clinic is available during normal LAB hours: Mon - Fri: 7:00 a.m. - 4:00 p.m. for **asymptomatic** beneficiaries ages 14 and older.

LAB is closed every 3rd Wednesday from 12:00 p.m. - 4:15 p.m. LAB Phone: 255-7063

- Asymptomatic_beneficiaries ages 14 and older walk-in to the lab, fill out a consent form, and receive STI testing without seeing a provider or public health nurse.
- **STI labs**_can take 7- 10 business days for results and post to your MHS GENESIS Patient Portal. You will receive a call from a Public Health Nurse to review the labs and answer any questions you may have. For positive results, your Primary Care Manager (PCM) team will contact you to schedule an evaluation/treatment option as necessary.
- **Symptomatic** beneficiaries: If you're currently having STI symptoms, it is important that you are evaluated by a healthcare provider who can provide treatment if necessary. You can make an appointment for STI screening and medical counseling with your PCM by calling the Lyster appointment line at 1-800-261-7193 or through MHS GENESIS patient portal https://my.mhsgenesis.health.mil/

Educational and Developmental Intervention Services (EDIS):

The Army EDIS provides early intervention services to military families in the Department of Defense (DoD) who:

• Have a child less than three years of age who has a developmental delay or a diagnosed medical condition that places the child at high risk for developmental delay.

• Live on a military installation in the United States with a Department of Defense Education Activity (DoDEA) elementary school.

What services does EDIS provide?

• Developmental Screenings to assist you with determining if your child is meeting his/her developmental milestones.

• Developmental Evaluations to determine if your child has delays in development and is eligible for early intervention services (EDIS).

• Individualized Family Service Plan (IFSP) for eligible children to identify your goals and needs with regard to your child's development.

• Early Intervention Services to support you with reaching the goals you have for your child and family.

• Transition assistance to help you and your child move on to another program if needed as he/she turns three years of age. Or to help you access services at your next duty location.

How do families access services?

- Families may request developmental screening or evaluations directly from EDIS.
- Health care providers in military treatment facilities (MTF) may refer families directly to EDIS.
- All services the Army EDIS teams provide are free of charge to eligible families.

• Fort Novosel Educational and Developmental Intervention Services (334)255-7237 or email <u>usarmy.novosel.medcom-lahc.list.edis@mail.mil</u>

Pharmacy

Pharmacy: Mon - Friday: 7:30 a.m. - 4:15 p.m.

Pharmacy Patient Telephone Number: (334) 255-7953

For Refills call the refill number listed on the rx bottle: 334-344-7926

The MHS GENESIS Patient Portal now allows you to refill your Prescriptions online!

Kiosk Ticket Hours:

Pharmacy Main (Outpatient)

Mon - Fri: 7:30 a.m. - 3:00 p.m.

3rd Wed: 7:30 a.m. - 11:00 a.m.

Pick Up Pharmacy

Mon - Fri: 7:30 a.m. - 4:00 p.m.

3rd Wed: 7:30 a.m. - 12:00 p.m.

Q-Anywhere

With Q-Anywhere, you can activate your new prescription submitted electronically by your provider within the last 4 weeks with a simple text message from your phone. To get started, text "Get in Line" to 1-833-429-7248. For more information on pharmacy services visit <u>https://lyster.tricare.mil/Health-Services/Pharmacy</u>

JOES Surveys: If you receive a Joint Outpatient Experience Survey, please fill it out and let LAHC know about your recent experience. Your response helps the clinic know what improvements can be made and what the clinic is doing well. The surveys also assists LAHC financially, with money received from positive feedback on the surveys going towards patients' healthcare and resources.

 FOR ADDITIONAL INFORMATION:
 Webpage: <u>https://lyster.tricare.mil</u>

 Click the hyperlinks
 Facebook: <u>https://www.facebook.com/LysterArmyHealthClinic</u>

 Twitter: @LysterAHC

CURRENT WORSHIP SERVICES:

Catholic Services @ Main Post Chapel, Bldg. 8940, Red Cloud Road

- Sunday: Confession, 0830-0850
- Sunday: Mass, 0900-1000
- Tuesday: Daily Mass, 1145-1215
- Wednesday: Daily Mass, 1145-1215
- Thursday: Daily Mass, 1145-1215
- Saturday: Confession, 1600-1700
- Saturday: Mass, 1700-1800
- · Confession by appointment only Tuesday Friday (call 334-255-9894)
- · Holy Days of Obligation Mass 1145 & 1700 (as applicable)

Protestant Services @ Wings Chapel, Bldg. 6036, Andrews Avenue

- Sunday: Adult Sunday School, 1000-1050
- Sunday: Worship Services: Traditional: 0900-1000; Contemporary: 1100-1200

Other Services @ Wings Chapel, Bldg. 6036, Andrews Avenue

- Sunday: Latter-Day Service, 1100-1200
- Thursday (8/22 May ONLY): Jewish, Ma'Ariv (Evening Service/Pizza), 1830-1930
- Friday: Islamic Time of Prayer, 1250-1400

NATIONAL PRAYER BREAKFAST: All are invited to the Annual National Prayer Breakfast, 1 May 2025, 0730-0900, at The Landing. The speaker will be CH (COL) Kyle A. Taylor, Senior Command Chaplain, Fort Novosel, AL. Tickets are complimentary and will be available on Tuesday, 8 April 2025. Unit chaplains will secure tickets for their organizations. All attendees must secure a ticket to enter at the door. For more information, contact the Religious Support Office, 334-255-2989/2012, or Unit Representative.

VACATION BIBLE SCHOOL: The Religious Support Office invites children of Fort Novosel and the Wiregrass Community to Vacation Bible School (VBS), Tuesday-Thursday, 15-17 July 2025, 0830-1130, at Wings Chapel (Building 6036, Andrews Avenue). VBS is a Christian children's ministry program teaching concepts that all Christian faiths hold in common. VBS is open to kids between kindergarten (age 5) thru 6th grade, and parents are welcome to accompany preschoolers. To register, volunteer, or for more information, call or visit the Religious Support Office (Bldg 8945), 334-255-1807/2989.

Due to the renovation of the HVAC system in the Soldier and Family Life Center (SFLC) Bldg 8939, the following offices have relocated to Bldg 4502, 2nd Floor and Bldg 5700, 3rd Floor, Rm 350: ASAP (Testing, Education, and Prevention), EAP, Drug Testing, SOS Coordinator, FAP Specialist, Family Life Chaplain, and Financial Readiness Program Counselor (Bldg 5700, 3rd Floor, Rm 350). If you have any questions, please contact the following:

- Family Life Chaplain CH (MAJ) Mike Rhoades 334-255-3447 or 334-255-2989.
- ACS Kent Thompson 334-255-9888.
- Transition Assistance Program and VA Benefits Mr. Alfred Alexander 334-255-3932.
- ASAP Mr. Vernon Johnson 334-255-7919.
- Garrison Chaplain CH (LTC) Scott Kennis 334-255-3274.

Fellowship and Ministry:

Catholic People of the Chapel

Wednesdays, 0900-1100, Bible Study, Soldier & Family Life Center

- Find us on Facebook: Fort Novosel CPOC
- Location: Main Post Chapel, Bldg 8940
- Wednesday Mornings: 9:00-11:00 AM

Protestant Women of the Chapel

Tuesdays, 0900, Praise, Worship & Bible, Wings Chapel

- Find us on Facebook: Fort Novosel PWOC
- Location: Wings Chapel, Bldg 6036
- Tuesday Mornings: 9:00-11:30 AM

Family Life Center (FLC) for Counseling and Spiritual Resilience:

Family Life Chaplain is available to schedule individual and relationship counseling.

- Counseling is available for all DoD Service Members (AD, Guard, Reserve), Dependents, DoD Civilians, Retirees, and Veterans
- Available for adults; adolescents ages 16, 17 years old with parental consent
- 100% confidential counseling

- For Appointments: Contact the FLC office at (334) 255-3447 or 24/7-hour scheduling access at <u>https://www.therapyportal.com/p/fortnovoselflc/</u>

For more information and other FAITH GROUP SERVICES, contact the Religious Support Office, 334-255-2989.

Visit the Fort Novosel Chaplain Webpage at: <u>https://home.army.mil/novosel/index.php/chaplain</u> and Facebook at <u>www.facebook.com/fort.novosel.chapels.</u>

FOR ADDITIONAL INFORMATION: *Click the hyperlinks*

Webpage: <u>http://www.novosel.army.mil/chaplain</u> Facebook: <u>https://www.facebook.com/fort.novosel.chapels</u>

12. THRIFT SHOP:

FOR ADDITIONAL INFORMATION: *Click the hyperlinks* Webpage: <u>www.fortnovoselthriftshop.org</u> Facebook: <u>https://www.facebook.com/thefortmovoselthriftshop</u>

13. ARMY AVIATION MUSEUM FOUNDATION:

Museum (Free Admission)

- Hours:
 - Monday Friday 9:00 a.m. 4:00 p.m.
 - Saturday 9:00 a.m. 3:00 p.m.
- Call to schedule a tour today 334-598-2508 or check out our Virtual Tour!

Gift Shop

- Monday Friday 9:00 a.m. 4:00 p.m. / Saturday 9:00 a.m. 2:45 p.m.
 - Shop with us Online: <u>www.armyaviationmuseum.org</u> (Click 'Shop')

FOR ADDITIONAL INFORMATION: Click the hyperlinks Webpage: <u>www.armyaviationmuseum.org</u> Facebook: <u>https://www.facebook.com/armyaviationmuseumfoundationAAMF</u>

14. ARMY SUBSTANCE ABUSE PROGRAM

(334) 255-7678

ASAP Prevention Services

• Hours of operation: Monday-Friday, 0730-1615, all services by appointment only, Bldg 301 (LAHC) Suite T100.

• The Army Substance Abuse Program is responsible for providing comprehensive substance abuse prevention and awareness services to proactively support mission readiness.

• The Employee Assistance Program (EAP) provides Civilian employees, and Military Family Members, the opportunity to address problems that affect their work performance or daily living. The EAP will provide short term solution focused sessions for the clients or arrange for appropriate referral to other military or civilian agencies if necessary. Military Family members must be at least 18 years of age to receive this service.

• The ASAP provides Substance Abuse Prevention & Suicide Prevention education utilizing various formats and venues such as unit training classes, school programs, special events, campaigns, posters, pamphlets. We will come out to any event and provide education to family member groups/meetings etc.

• The Commander's Ready & Resilient Council (CR2C) is a quarterly meeting chaired by the Senior Commander. We review and discuss trends that are affecting the Ft Novosel population and implement initiatives to address any concerns that affect readiness. Family Members can volunteer to participate in a Working Group and provide insight about concerns they see across the installation.

(334) 598-2508

15. BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS)

BOSS affords Soldiers the opportunity to assist in planning and execution of recreational activities for single Soldiers and provides direction for Soldiers interested in performing military and civilian community service-related projects. Core components to the BOSS program are:

- Quality of Life
- Recreation and Leisure
- Community Service
- Life Skills

Everyone can participate in volunteer opportunities! Who can be part of the program?

- Single Soldier
- Single Parent
- Geo-Bachelor

USAG Fort Novosel BOSS contact info:

"TOGETHER EVERYONE ACHIEVES MORE" – TEAM



To Sign Up: (914) 960-7655