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FORT RUCKER ★ ALABAMA

JULY 7, 2011

NEWSLINES

A BAD DEAL Soldier trades life for a few seconds of thrill. See Page A2.

TOP BOSS

Fort Rucker's BOSS program took top Army honors for the third straight year. Next up for BOSS – a Foam Party. See Page C3.

HELP WANTED

The Fort Rucker Army Career and Alumni Program hosts employ-ers Air Methods Corp. and IAP Worldwide Services, Inc., Friday from 10 a.m. to 2 p.m. in the second floor break room of Bldg. 5700. Active duty military, Family members, veterans and retirees are welcome to bring their resumes to the networking opportunity. For more, call 255-3932.

HOME BUYING, SELLING WORKSHOP

Army Community Service hosts a free program, Pathways to Financial Success, through its financial readiness program, July 19 and 21 from 6:30-8 p.m. at The Commons on 7th Avenue in the Family Support Facility in Bldg. 8950. The event is open to military members, retirees, civilian employees and Family members. To attend, make a reservation by July 15 by sending an email to beth.gunter@us.army.mil For more information, call 255-9639.

ACTING REHEARSALS, WORKSHOPS

The Missoula Children's Theater hosts auditions for Fort Rucker youth July 25 from 2-4 p.m. at the post theater to act in a production of *Wiz of the West.* Rehearsals will follow from 4-6 p.m. that day and then July 26-30 at The Commons. The theater hosts acting workshops, including an improvisation workshop July 26 from 3-3:45 p.m., an Acting 101 workshop July 27 from 3-3:45 p.m., and a developing community theater workshop July 28 from 5-5:45 p.m. at The Commons. All workshops are free and open to everyone.



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A group of ladies join Gary Sinise and the Lt. Dan Band onstage during one of the band's numbers at Freedom Fest on Fort Rucker Saturday. The band played a wide variety of hits for the almost 30,000 in attendance. See Page A4 for the full story and more photos from the event.

Fort Rucker community honors traditions



FROM STAFF REPORTS

Reveille and Retreat are traditions that run deep in the veins of Soldiers throughout the world, the beginning and end of each duty day at Fort these long-held traditions of the U.S.Army.

are reminded of what ceremony." the Army is and what it means."

tion Branch Command ing him was the obser-

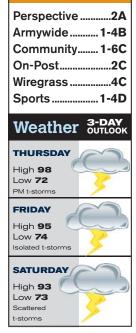
ing observed in the proper manner during this time.

"There are many of our brothers and sisters who have fought long and hard for this nation who would love the op-Rucker is signified with portunity to stand here and observe Retreat at the end of each day," said "The Army is about Glidewell."But they have traditions," said Garri- paid the ultimate sacrison Command Sgt. Maj. fice, and to be respectful Dwaine E. Walters. "By you should stop, face the observing Retreat, you colors and observe the

When Maj. Gen. Anthony G. Crutchfield, For many years the USAACE and Fort Rucker ceremonies were not ob- commanding general, served at Fort Rucker. In took command, one of the summer of 2007, Avia- the many questions fac-

outh can pre-register for audi tions at parent central services, on Webtrac or in person on July 25. For more information, call 255-0666.

What's Inside



Soldiers from 1st Aviation Brigade Headquarters and Headquarters Company perform the Retreat ceremony at Howze Field. The ceremony is conducted daily at 5 p.m.

Sgt. Maj. Tod L. Glidewell vance of Reveille and Re-PHOTO BY RUSSELL SELLERS came to Fort Rucker. He

said Retreat was not be-

SEE RETREAT, PAGE A3

New 'Warrior' assumes command of 110th

BY RUSSELL SELLERS Army Flier Staff Write

reins to a new leader after a long, accomplished career in Army Aviation.

Col. Russell E. Stinger relinquished his command of the 110th Aviation Brigade to Col. Kevin J. Christensen during a change of command ceremony at Howze Field June 30. Christensen is a recent graduate of the Industrial College of the Armed Forces and he previously served in the G3 plans of the U.S. Army Europe in Heidelberg, Germany, and as the senior Aviation trainer for Joint Multinational Training Command. Maj. Gen. Anthony G. Crutch-

field, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general,

welcomed Christensen to the installation and described for those in attendance the level An old "Warrior" handed the of difficulty being the commander of the "Warriors" entails.

> "I'm so happy to have (Christensen) on the team," he said. "I expect (him) to be able to train our Soldiers to (make an impact) on the battlefield. It's not an easy job. Imagine training your children to drive a car every day, but in this case the cars are helicopters and they have to break contact with the ground. I know he's up to the task."

> Christensen said he was honored to take command of the brigade and added he planned to keep up the tradition of excellence it's known for.

"This is an outstanding unit,"

SEE 110TH, PAGE A3



Mai, Gen, Anthony G, Crutchfield, USAACE and Fort Rucker commanding general, passes the colors of the 110 th Avn. Bde. to its new commander. Col. Kevin J. Christensen. during a change of command ceremony at Howze Field June 30. Christensen assumed command from Col. Russell E. Stinger who commanded the unit since 2009.

ARMY FLIER

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Perspective

LET YOUR VOICE BE HEARD BY WRITING AN E-MAIL TO THE ARMY FLIER AT JHUGHES@ARMYFLIER.COM.

Soldier trades life for few seconds of thrill

BY BOB VAN ELSBERG Strategic Communication Directorate U.S. Army Combat Readiness/Safety

Center (Editor's note: This article is reprinted from Knowledge, the Army's safety magazine. The article is based upon a recent Army accident investigation. The names of the Soldiers have been changed to protect their privacy.)

One hundred and eighty-four mph — that's what the bike could do right off the showroom floor. Pfc. Jesse Morales was well above 100 mph as he bored a hole through the night on a straight section of the divided six-lane highway. Never had he felt so much power at his fingertips.Time, distance and speed all blurred together as he crouched forward over the sport bike's

fuel tank. He'd never gone so fast before and still been on the ground. The yellow glow of sodium streetlights bathed the road ahead, providing illumination under an otherwise dark, moonless sky. Falling quickly behind in his

rearview mirror were the headlights of several cars he'd passed. He'd used the bike's speed and agility to swiftly weave through them, leaving himself an uncluttered straightaway ahead. He wondered how fast the bike's 190 "horses" could push him when there was nothing to hold him back.

Morales rolled on the throttle - the acceleration was incredible. He felt the bike surge ahead and held on tightly. The road sloped slightly downward through a gentle dip. Morales briefly felt a little heavier in the bike's seat as he came out of the dip and began climbing a gentle incline on the other side.

Speed - pure adrenaline pumping, heart-thumping velocity - sent him streaking forward like a missile. But the road curved. And the machine desperately wanted to go straight.

Morales was in the far left lane. The faded white lines dividing his lane from the center one suddenly swept beneath his tires as the road gently curved to the left. A second set of white lines quickly flashed below him as he crossed from the middle lane to the farright - his headlight reflecting off the concrete curb ahead. He saw it! Frozen - caught in an impossible situation - Morales tions dramatically reduce risks. never even touched the brakes.



the shoulder, the bike hit a 2-foottall erosion control fence. Constructed of heavy wire fencing secured by steel rebar posts embedded in the ground, it caught Morales, instantly amputating his right leg above the knee. Critically injured, he flew and tumbled more than 40 feet before coming to rest on his stomach, his face toward the road.

Several of the drivers he'd passed moments before saw the accident, called 911 and stopped to help him. But it was too late, as Morales lay motionless on the ground. Only 21 years old, he'd traded the rest of his life for just a few seconds of thrill.

How could something so senseless happen? How could an otherwise intelligent person gamble so much for so little?

The answer is worth considering. Morales had been trained at least so far as having completed the Motorcycle Safety Foundation's Basic Rider Course - more than two years before the accident. However, he'd never identified himself to his leaders as a rider or gotten a motorcycle license.

More importantly, his only prior experience riding had been on a scooter in high school. Neither his MSF training nor his limited riding experience adequately prepared him for a motorcycle capable of speeds over 180 mph.

The impulse to seek a thrill pushed him beyond his capabilities. An experienced rider could've rounded the curve, even at the speed Morales was going. But a wise rider would've realized such speeds should be reserved for race tracks where training and controlled condi-

And there were other issues

After returning to the barracks, he later met up with Pfc. Dale Wright at about 10 p.m. and asked to borrow Wright's motorcycle.Wright, who'd attended the BRC with Morales, agreed to lend him his 1000cc sport bike. Morales explained he was going to ride off post to briefly meet some friends and then return.

However, that didn't happen. At 11:30 p.m., Morales called his girlfriend and told her he was tired and going back to the barracks to get some rest. It was more than an hour later when he opened up the throttle on that straightaway as he headed back toward post.

He'd been up for nearly 17 hours straight and fatigue, according to the National Highway Traffic Safety Administration, takes a toll on any motorist's skills. By increasing reaction times, decreasing awareness and slowing the decision-making process, fatigue subtracts from the skills motorists need to be safe on the highway. NHTSA also found that human circadian sleep patterns play a critical role in influencing driver fatigue and alertness.As in Morales' crash, NHTSA found the deadliest time for fatigue-related crashes is after midnight - a time when the body normally wants to sleep.

There is yet another human factor — the decision to ignore risks inherent in a situation regardless the warnings. The underlying motivation is perhaps best described as overconfidence, the attitude that "it" - whatever the negative consequences might be - either "won't happen to me" or "I can handle it."

For Soldiers, who must not only obey state and national laws but also Army regulations, overconfivulnerable to the consequences And while indiscipline in garrison can result in a butt-chewing from a first sergeant, on the road

the results can be permanent and tragic. It was for Morales. "Neither a borrower nor

lender be" Those words, taken from

Shakespeare's play Hamlet, form the basis of some pretty sound advice for Soldiers when it comes to loaning motorcycles to friends

As in Morales' story, the loan of a motorcycle to a friend, while perhaps done with good intentions, doesn't always end up with good results.

During recent years, several Soldiers have died riding motorcycles borrowed from other Soldiers. Certainly, none of the Soldiers who lent their bikes to their friends intended that they should die on them, but sometimes obvious risks were ignored. It's worth a moment to look at a synopsis of some of these accidents to see what lessons can be learned.

- · A Soldier was invited to a party at a co-worker's home where he drank heavily. The Soldier had expressed an interest in borrowing a friend's motorcycle, despite being told not to ride by several other partiers. Despite that, the Soldier borrowed the motorcycle, started it and sped up and down the street until he lost control at 80 mph and crashed. The Soldier, who wasn't wearing a helmet, suffered massive head trauma and died on the way to the hospital.
- A Soldier was riding a borrowed motorcycle when he lost control, went into a ditch, struck a barbed-wire fence and suffered fatal injuries.
- A Soldier was riding a borrowed motorcycle without having a motorcycle license or having attended the required MSF training. Overconfident, he lacked the experience and training to ride at high speeds and crashed, suffering fatal head and body injuries.
- Two Soldiers were riding together when the one on a borrowed motorcycle lost control, went off the highway and down a steep embankment and was killed.
- A Soldier was riding a borrowed motorcycle when he collided with another Soldier's motorcycle and was thrown into a steel barrier and killed.

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jhughes@armyflier.com.

The blinding speed he'd craved had erased all of his options. The bike's front wheel slammed into the curb, creating a deep, half-moon-shaped dent in the rim. Six feet or so farther onto

to be factored in to this accident. Morales had worked all day, finishing with unit physical training. After work, he'd gone out with a friend and grabbed dinner at a fast food restaurant.

dence can lead to indiscipline a personal choice to violate the standards they know they should obey. When this happens, it often takes Soldiers out of the risk management cycle, making them

While none of the Soldiers who lent their bikes to their friends intended they suffer these kinds of consequences, neither can they change them. Some bad decisions last forever.





Carson Francis,

contractor

Mark Souza, flight instructor

"I have friends at the sher-"We have a friend who iff's department that I have comes to stay at our come by and check on it house? while we're away.

Staff Sgt. Charles Bragg, 1st Bn. 3rd Avn. Regt, Hunter Army Airfield

"We have a company-monitored security system."

Jose Jimenez, **Aviation Center Logistics Command**

"I make sure the doors are locked up and all electronics are turned off."



cans aren't out and that the mail doesn't pile up."



Retreat: 'It is a piece of our histor

Continued from Page A1

treat, and he gave the all clear to reinstate the traditions.

Jan. 18, Reveille and Retreat sounded once again at Fort Rucker.

"It is a piece of our history and, as noncommissioned officers, their primary job is to protect the history and heraldry the Army has and to pass it on to future generations," Glidewell said.

The military community was fully in support of reinstating Reveille and Retreat, especially noncommissioned officers and retirees whom didn't understand why a tradition that meant so much to so many was discontinued, said Glidewell.

"Traditions reinforce us as an Army and as a unit; it brings people together at one moment

every day," said Walters. Reveille is observed at 5:30 a.m. and Retreat is observed at 5 p.m. daily at Fort Rucker. When Retreat is sounded, a cannon is shot and "To the Colors" plays. Those within earshot of the music should immediately stop, get out of their car and salute. If non-military are in earshot they should stop, face the flag and

stand at attention. "Retreat not only has historical value, but the meaning behind it and the reason we observe it are for those making sacrifices for our Army right now and throughout the years. It instills

not visible, Soldiers should face values and traditions that the Army holds," said Glidewell.

"Reveille" and "Retreat"

Soldiers not in formation:

Soldiers should come to atten-

flag is not visible, Soldiers should

face in the direction of the mu-

In the evenings, "Retreat" is

sic and salute.

"Young Soldiers need to see On the first note of "To the Colors," salute. Exceptions are traditions such as these so they can build in the spirit of them as

made if duty requires Soldiers to they become the senior leaders face elsewhere or saluting hampers the assignment. of the Army,"Walters added. What to do when you hear Soldiers in formation:

The senior Soldier will call

in the direction of the music.

the group to attention and then On the first note of "Reveille," parade rest at the first note of Retreat." tion and salute the flag. If the

That same Soldier will call the group to attention and "Present, Arms" at the first note of "To the Colors," At the conclusion, "Order, Arms" is called.

played before "To the Colors." Civilians/Soldiers in civil-On the first note of "Retreat," Solian clothing:

diers should come to attention When in civilian clothing, Soland face the flag. If the flag is diers should place their right

hands over their hearts instead of saluting. Civilians should remove hats

and place their right hands over their hearts. Military veterans have two op-

tions: salute like other civilians or render a military-style salute. While in vehicles:

Vehicles in motion should stop

People in cars or on motorcycles should dismount and render proper honors.

If Soldiers are with a group in a military vehicle or bus, only the individual in charge will dismount the vehicle and salute.

Source: Sgt. 1st Class Nicbolas Beauchamp, NCO Academy.

110th: Stinger describes his command as 'amazing'

Continued from Page A1

he said. "It's a solid, high-performing team of Soldiers, civilians, contractors and their Families. This brigade will continue to train the world's best combat Aviators to support our (military) wherever the battle may take us."

Stinger said it was a tough day for

him in relinquishing command, but he knew the day was coming and he added his time with the brigade had been "amazing."

"There's been a great many improvements to how we train and it comes down to the people in the brigade working hard day after day," he said "The professionals in this brigade killed the training backlog by drowning it in a friend and battle buddy. the sweat of their hard work. I couldn't have handpicked or been luckier with the crew the Army gave me."

Stinger said he believes the brigade is in good hands and will continue to accomplish great things in the future. Crutchfield said Stinger will be

missed, not just as a commander, but as

"The dedication and skill of pilots (in the field) comes from here and that's the impact (Stinger) has developed here," he said. "Your importance to the mission has nothing to do with your proximity to the battlefield.

Stinger now retires with his Family to Fort Knox, Ky



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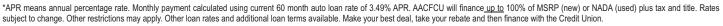


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Gary Sinise plays his bass guitar while Kirk Garrison belts out a trumpet solo during the Lt. Dan Band's performance at Freedom Fest Saturday.

BY RUSSELL SELLERS Army Flier Staff Writer

A crowd of nearly 30,000 attended this year's Freedom Fest at Fort Rucker, according to Directorate of Family, Morale, Welfare and Recreation officials.

The number of attendees rivaled that of any years prior, said Janice Erdlitz, DFMWR marketing manager. She added that the threat of inclement weather might have deterred some people, but many others still made the trip anyway.

"This year's attendance was clearly larger than last year," she said. "We did have some concern with the weather. There were severe thunderstorms in the surrounding communities, but we were very fortunate that we didn't experience any of them. We think they kept some people from coming to the event early on, but the weather cleared and we had a packed event. The weather actually cooled down the temps, which made Freedom Fest even more enjoyable."

The major highlight of the night was a performance from Gary Sinise and the Lt. Dan Band, added Erdlitz.

"It was an awesome show, it truly made the entire event just absolutely incredible," she said. "Great memories were made at Freedom Fest this year. During one song, Gary even had people come up on stage and dance. Concert goers really got a great show."

Sinise, known for his roles in *Forrest Gump* and *CSI:NY*, said performing for the troops in the U.S. for the Fourth of July holiday weekend was a great experience for him and the band.

"I love being with the troops on the Fourth of July or any day, really,"he said. "We've performed for the troops every year for the holiday, but it's been overseas, usually. This worked out perfectly since I'm on my summer hiatus."

The band played a variety of hits from Jimi Hendrix to Christina Aguilera, even calling up several members of the audience to be backup dancers for the band during one number.

Overall, it was what Erdlitz called "the best Freedom Fest ever."

"We had more food vendors than ever, plenty of games and rides for the kids, the 98th Army Band did a fabulous job of getting everyone pumped up for the Lt. Dan Band concert and the show was just so memorable," she said. "The crowd was allowed right up to the base of the stage and Gary even came down into the crowd for a while. Then to top off the concert, the fireworks were just spectacular."



Fireworks close out the annual Freedom Fest event at Fort Rucker Saturday night. Almost 30,000 people attended this year's event.



See Page A5 for more photos from the event.

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Matthew and Aubrey Seligman, military children, play with the siren of a 1920s fire truck static display during the annual Freedom Fest event at Fort Rucker Saturday.







The 98th Army Silver Wings Band performs for the crowd.



Attendees of Fort Rucker's Freedom Fest take a look at the inner workings of an OH-58D Kiowa Warrior.



Andria Thompson, military child, gets some help from WOC Robert Brown as she runs an obstacle course in the children's Fun Zone during the annual Freedom Fest event Saturday.



Actor Gary Sinise meets Wounded Warrior Lance Gieselman and his Family after a performance by the Lt. Dan Band. Sinise met with other servicemembers and their Families after the event and posed for pictures and signed autographs.

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VOL. 61 NO. 27

ARMYFLIER * COM

Battle ready

ARMY BRIEFS

DOD ANNOUNCES **IRAQ, AFGHANISTAN CAMPAIGN STARS** WASHINGTON - Bronze campaign stars are now authorized for servicemembers who have served in Iraq since Sept. 1, 2010, or in Afghanistan since Dec. 1, 2009, Defense Department officials announced

June 30. The new campaign stars, worn on the Iraq and Afghanistan campaign medals, recognize

service during Operation New Dawn in Iraq and the Consolidation III campaign phase in Afghanistan.

Operation New Dawn began Sept. 1, 2010, marking the official end of Operation Iraqi Freedom and U.S. combat operations in Iraq and a new focus on advising, assisting and training Iraqi security forces. The Consolidation III campaign in Afghanistan began Dec. 1, 2009, the date President Barack Obama committed to sending 30,000 additional troops to Afghanistan with a plan to begin drawing down that force in July. The services will announce implementing instructions to their members about wear of the new campaign stars. Servicemembers who have qualified for the Iraq Campaign Medal and Afghanistan Campaign Medal may display a bronze campaign star on their medal for each campaign phase in which they participated. A silver campaign star is issued in lieu of five bronze stars.

FORT BENNING BOASTS **ARMY'S TOP DRILL** SERGEANT, AGAIN FORT BENNING, Ga. - For the second time in three years, a Fort Benning drill sergeant is the Army's best. Staff Sgt. John Heslin of the

192nd Infantry Brigade's D Company, 2nd Battalion, 47th Infantry Regiment, is the 2011 Army Drill Sergeant of the Year after a week-long competition that tested the top representatives from active-duty and Reserve commands on warrior tasks, battle drills, physical fitness, weapons and other events built around their ability to instruct young Soldiers.

CAREER OPPORTUNITIES EXPAND FOR SPOUSES WASHINGTON - In an effort to address military spouses' nolovment cha nes the Defense Department launched a program June 29 to expand career opportunities for military spouses worldwide, and to recognize the skills and talents they bring to the employment table. Flanked by military spouses and corporate leaders, top government and military officials unveiled the Military Spouse Employment Partnership during a ceremony at the U.S. Chamber of Commerce here. The partnership encompasses more than 70 employers who have committed to opening their doors to spouse employment. The partnership program evolved from the Army Spouse Employment Program, through which more than 100,000 military spouses have been hired since 2003, explained Robert L. Gordon III, deputy assistant secretary of defense for military community and family policy. For more information, visit the Military Spouse Employment Partnership Web portal located on OurMilitary.mil at http:// www.ourmilitary.mil.



A Soldier attempts to untangle himself during heavy package drop from two C-17 Globemasters during the Joint Operational Access Exercise at Fort Bragg, N.C., June 23.

Joint training benefits from realworld difficulties

BY SGT. MICHAEL J. MACLEOD Army News Service

FORT BRAGG, N.C. - It's about Charlie Mike, which is radio-talk for "continue mission."

It's about adapting to a thunderstorm dropping an inch-and-a-half of rain and blowing the drop zone with 23-knot winds in the middle of your mass-tactical airborne operation.

The first 1,200 paratroopers jump in to seize the airfield just before midnight and are immediately swallowed by nature's own artillery of electrified cumulonimbus, and though the second wave of 500 paratroopers is scratched as are the next-day's airlifts

SEE READY, PAGE B4



An Army Guard UH-60 Black Hawk prepares to drop 1-ton sandbags on a dike to keep it from deteriorating any further June 27. The dike was the only thing holding back the floodwaters in Minot, N.D., from overtaking the elementary school, which is the only one in the city that remained dry.

SHARP targets sexual harassment

BY KERSTIN LOPEZ Fort Carson Public Affairs

FORT CARSON, Colo. - The Army is taking a stand against sexual harassment and assault with the implementation of a new program.

The Sexual Harassment/Assault Response and Prevention program is a comprehensive integration and transformation of the Army's Sexual Assault Prevention and Response Program and Prevention of Sexual Harassment efforts

The SHARP program reinforces the Army's commitment to eliminating incidents of sexual harassment and sexual assault through awareness and prevention, training, victim advocacy, reporting and accountability, said Master Sgt. Cory Wilson, SHARP noncommissioned officer-in-charge.

In order to enhance military readiness, productivity and unit cohesion and to stop sexual harassment and assault, the Army aims to achieve cultural change.

"The Army is moving to a cul-



COURTESY GRAPHIC

ture of prevention instead of reacting. The U.S. Army's new policy now is to prevent, and that's why it has the SHARP program," Wilson said.

Harassment is thought to be a precursor to sexual assault and by addressing the issue, the hope is to eliminate both offenses from the military.

EO and SHARP program manager, said the program is moving in the right direction by including sexual harassment.

"With the implementation of SHARP, EO will be able to better assist leaders to focus on maximizing Soldier potential and ensure fair treatment for all based

Lt. Col. Cyndi Shue, interim solely on merit, fitness and capability," Shue said. "Tightening resources fosters competition for control

> "Taken a step too far, the need for control may evolve into sexual harassment, a form of sex discrimination. SHARP

B2

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Ford'08 F150 XLT 5.4 V8, 4 wheel drive, red in color \$20,500. 334-671-9770. Ford '98 Ranger regular cab, automatic, V-6, 1 owner, 24,000 miles,





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Ready: Exercise helps improve communication

Continued from Page B1

of troops, equipment and supplies, your lead battalion Charlie Mikes and takes the objective anyway.

A joint operational access exercise like the one completed at Fort Bragg June 28 by the Air Force, the 82nd Airborne Division's 1st Brigade Combat Team and other supporting units, is by nature about communication, and as the Devil Brigade's senior logistics officer. Maj. Michael LaBrecque, said afterward, "Nothing teaches like experience."

The outload

The focal point of the two-week collaboration was a three-day mission during which the entire brigade was inserted by air and by truck into enemy territory, their goal, to open access for follow-on combat operations. It was a mini-deployment, but just as moving a household a half mile or 2,000 miles creates about the same amount of work, the logistics effort was not unlike a real deployment.

"It's all the same," said LaBrecque, who has served in the Army 22 years, with two deployments each to Iraq and Afghanistan. "It's just the magnitude of the problem that changes. The requirements of the units increase as we increase the scope of the problem."

The infantry officer now specializing in logistics said that all subordinate units must be proficient at preparing and packing themselves and their equipment as well as completing hazardous declarations and load plans, but they don't use these skills on a regular basis. Thus, JOAX taught them to outload, a skill they will use again for their fall rotation at Fork Polk's Joint Readiness Training Center and real-world missions they may face the following vear.

"The units don't get an understanding of the complexity until they are faced with it," he said.

In addition to heavy-equipment parachute drops, LaBrecque and his team organized 52 vehicles to be transported via C-130 aircraft in the hours after the infantry captured the airfield, and driving in another 50 as "notional airlands.'

When the weather turned foul, his Soldiers learned first-hand the importance of their craft to the brigade.

"The thunderstorm showed us that if it were a real-world scenario, the paratroopers on the ground would have had to survive an additional eight to twelve hours without supply," said LaBrecque.

SHARP: Program targets awareness, prevention

Continued from Page B1

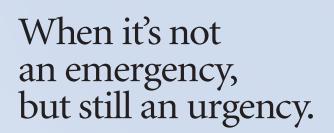
will target awareness and prevention of harassment behaviors, while facilitat- the issues of sexual ha- to the development of ing the care and recovery rassment and assault in programs and initiatives of those affected by assault." Shue said.

SHARP summit in March, our ranks is heartbreakence was an effective in this institution. And training and share prevention strategies, messages and ideas. He em-

phasized that the Army is on the right track with the new program and will continue to combat military ranks.

During the annual ual assault still occurs in yourselves; you commit-Army Secretary John ing, and it's antithetical ing this Army become McHugh said the confer- to everything we value a national leader in the venue to reinforce SHARP at the risk of stating the large measure, an under obvious, it is simply unacceptable," McHugh said. "Three years ago, this

Army - all of you - recognized this problem for what it was," McHugh said. "And that recognition led to tackle the issue head "The fact that this sex- on. All of you committed ted yourselves to helpawareness of what is, in reported crime, but also in the prevention of that crime.





Walter J. Lawrence, M.D. 334-348-8818

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CW5 Ralph Gilgenast talks with Debbie Henkes, a Med-Trans Air Medical Transport representative, at the Fort Rucker Job Fair last year at The Landing.



Fort Rucker Job Fair 'too large' to be held on post

BY RUSSELL SELLERS Army Flier Staff Writer

Fair is set for Aug. 17 beginning at 10 a.m., but it won't take place on post.

This year's job fair takes place at the Enterprise Civic Center and is open to all job seekers, both military and civilian, according to Debbie Gaydos, Army Community Service Employment Readiness Program manager.

"It just got too big for Fort Rucker," she said of the event's expected attendance. "It is ing Soldiers."

twice the size of any other local job fair and the businesses attending must be hiring. We The annual Fort Rucker Job anticipate 2,500-3,000 job seekers will turn out for this

> event." Gavdos added that there will be a wide variety of businesses represented at this year's event and they will be looking for many different skill sets.

"Businesses are hiring everything from retail sales to aerospace engineers," she said. "Quite a few government contractors will be attending and they will be hiring transition-

She also offered some words of encouragement to those thinking of attending the job fair.

"If they are seeking employment or possibly changing careers, this is where they need to be," she said." How else could you meet this many recruiters and human resource managers under one roof?"

Those who plan to attend should be prepared, she said. That means dressing properly and having the right materials to get yourself noticed.

"People need to bring at least 10 copies of their updated resume' and dress in their 'Sunday best," she said.

Janice Erdlitz, Directorate of Family, Morale, Welfare and Recreation marketing manager, said the event also represented an opportunity for the installation to work closely with one of its surrounding communities.

"We saw this opportunity to have the job fair in Enterprise this year as a great way for our local community to really to take part in the event," she said. "Our retiree population lives off post, so it is very convenient to hold it in a local off-post community. We have

had the job fair on post and off post, and this year, Enterprise Chamber of Commerce wanted to partner with us and it just made sense to host the event in Enterprise."

Those looking for help in preparing for the job fair can sign up to attend the Job Fair Preparation Seminar, Aug. 12 at the Enterprise Chamber of Commerce from 10 a.m. to noon.

To make reservations for the Job Fair Preparation Seminar, call 347-0581. For more information on the job fair, call 255-3949.

Preparation essential to surviving disasters

BY NANCY RASMUSSEN Fort Rucker Public Affairs

Disaster can strike when you least expect it, which is why advance preparation is essential, according to the Department of Homeland Security.

With the six-month hurricane season here again, now is a good time to review a few simple preparedness basics. Department of Commerce

National Oceanic and Atmospheric Administration officials predict an above-normal Atlantic hurricane season. with 12-18 named storms, of which three to six will likely be major hurricanes (Category 3, 4 or 5; winds of 111 mph or higher).

According to the DHS Ready.gov website, following a few key steps ahead of time will lessen the stress when facing a natural or manmade disaster.

Get a kit

The first step is to gather emergency supplies, including non-perishable food, water, a battery-powered or handcrank radio, extra flashlights

long-distance phone call than public shelters. Plan ahead on wind resista It is also wise to prepare a portable kit to keep in your car. This kit should include: Copies of prescription medications and medical supplies; Bedding and clothing, including sleeping bags and pil-

lows Bottled water, a battery-operated radio and extra batteries, a first aid kit, a flashlight;

Copies of important documents: driver's license, Social Security card, proof of residence, insurance policies, wills, deeds, birth and marriage certificates, tax records, etc.

Make a plan

and

Prepare your Family by making a Family Emergency Plan. Your Family may not be to-

gether when disaster strikes, so it is important to know how you will contact one another, how you will get back together and what you will do in case of an emergency.

Plan places where your Family will meet, both within and outside of your immediate neighborhood.

It may be easier to make a

to call across town, so an outof-town contact may be in a better position to communicate among separated Family members.

You may also want to inquire about emergency plans at places where your Family spends time: work, daycare and school. If no plans exist, consider volunteering to help create one.

Plan to evacuate

Identify ahead of time where your Family will meet, both within and outside of your immediate neighborhood.

Identify several places you could go in an emergency, a friend's home in another town, a motel or public shelter. If you do not have a car, plan alternate means of evacuating. If you have a car, keep a half tank of gas in it at all times in case you need to evacuate. Take your emergency supply kit - an example of one is at http://www.ready.gov/ america/getakit/index.html. Take your pets with you, but understand that only service animals may be permitted in

how you will care for your pets during an emergency - ideas are available at http://www. ready.gov/america/getakit/ pets.html.

Be informed

Familiarize yourself with the terms that are used to identify a hurricane:

A hurricane watch means a hurricane is possible in your area. Be prepared to evacuate. Monitor local radio and television news outlets or listen to NOAA Weather Radio for the latest developments.

A hurricane warning is when a hurricane is expected in your area. If local authorities advise you to evacuate, leave immediately.

Prepare your home

Cover all of your home's windows with pre-cut plywood or hurricane shutters to protect your windows from high winds.

Plan to bring in all outdoor furniture, decorations, garbage cans and anything else that is not tied down.

Keep all trees and shrubs well trimmed so they are more

Secure your home by closing shutters, and securing outdoor objects or bringing them inside.

Turn off utilities as instructed. Otherwise, turn the refrigerator thermostat to its coldest setting and keep its doors closed.

Turn off propane tanks. Ensure a supply of water for sanitary purposes such as cleaning and flushing toilets. Fill the bathtub and other large containers with water.

Listen to local officials

Learn about the emergency plans that have been established in your area by your state and local governments. In any emergency, always listen to the instructions given by local emergency management officials.

For further information on how to plan and prepare for hurricanes, as well as what to do during and after a hurricane, visit the NOAA Hurricane Outlook or American Red Cross websites. You can also check the National Hurricane Center website.

()n Po

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES

Donations needed

The Thrift Shop is moving and is in need of donated items. People can drop off donations at the shed behind the new Thrift Shop location, the old Armed Forces Bank, in front of the theater. Donations are tax deductible The new Thrift Shop location opens July 20. For more information, call 255-9595

Divorce/separation co-parenting workshop

A divorce/separation coparenting workshop, sponsored by Army Community Service's Family Advocacy Program, is Monday and July 18 from 9 a.m. to noon at the Early Childhood Activity Center.

Topics include commitment to staying child focused, effective communication and negotiation skills, reducing parental conflict and understanding children's needs during and following divorce. This workshop is a two part series. Participants must attend all classes in order to receive a certificate of completion. Registration is required. This workshop is open to active duty military, retired military, civilian employees and their Family members For more information, call 255-3898.

Kiddy Karaoke

The Landing Zone's character dining features Kiddy Karaoke with DJ Dave Tuesday from 5-7 p.m. For more information, call 598-8025.

Ball and Chain Party Band

The Ball and Chain Party Band performs July 15 from 9 p.m. to 1 a.m. in The Landing Zone. For more information, call 598-8025.

BOSS Foam Party

In celebration of winning best installation the past three years, Better Opportunities for Single Soldiers staff hosts a foam party July 16 beginning at 7 p.m. at Mother Rucker's. The event is free and open to the public. Courtesy rides home

DEADLINE for On Post is noon Thursday for the following week's edition. E-mail submissions to Jim Hughes at jhughes@armyflier.com.

will be available to those who live on post. For more workshop July 26 from information, call 255-9018 3-3:45 p.m., an Acting 101 or 379-4594.

AFTB Level 3

Army Family Team Building Level 3 workshops are July 18, 19 and 21 from 8:30 a.m. to 2:30 p.m. in the Soldier Service Center, Bldg. 5700, Rm. 371E For more information, call 255-2382.

Communications for Couples

A couples communication workshop is July 20 from 11:30 a.m. to 1 p.m., at the Commons, Bldg. 8950, on Seventh Avenue. The workshop is designed to revitalize relationships, build communication skills and develop confidence to help couples communicate effectively. Attendees are asked to bring their own call 255-0666. lunch. The workshop is open to active duty, retired, civilian employees and their Family. Door prizes will be awarded. For more information and to register, call 255-3898 or 255-9641.

Stress Management Workshop

Army Community Service's Family Advocacy Program stress management workshop is July 25 from 9 a.m. to noon at the Early Childhood Activity Center. Topics include identifying cause of stress, symptoms of stress, techniques on how to manage stress and developing a stress management plan. Registration is required. This workshop is open to active duty and retired military, civilian employees and Family. For more information, call 255-3898

Acting rehearsals, workshops

For children with dreams

of acting on the big stage the Arts entry, auditions are the Missoula Children's Aug. 3-4 from 6-9 p.m. at Theater hosts auditions July the Landing Ballroom. Reg-25 from 2-4 p.m. at the post istration is free. Categories theater to act in a producinclude vocal soloist, instrution of Wiz of the West. Re- mental group and more. hearsals will follow from 4-6The top 12 acts selected p.m. that day and then July by the judges have the op-

portunity to open for Committed, winners of NBC's show The Sing Off Aug. 13 including an improvisation from 6-7 p.m. The top eight perform for cash prizes at the Lake Party Luau Aug. 27 from 6-7 p.m. For more informa-

oping community theater tion and to register, call 255-9810

mons. All workshops are Becoming a Love and Logic Parent Youth can pre-register for Workshop auditions at parent central

Army Community Service's Family Advocacy Program's Becoming a Love and Logic Parent classes are Thursdays from Aug. 4 through Sept. 15 from 9-11 a.m. at the Early Childhood Activity Center.

Services, in association with Missoula Children's Theater, This workshop is a sevpresents "The Wiz of the en part series. Participants West" - the classic story must attend all classes in "The Wizard of Oz" with a order to receive a certifitwist — July 30 from 1-2:30 cate of completion. This p.m. and a second perforworkshop is open to active mance from 3:30-5 p.m. at duty, retired military, civilthe post theater. Admission ian employees and Family. is free and open to the pub- For more information, call lic. For more information, 255-3898.

Get R.E.A.L.

26-30 at The Commons.

Additionally, the theater

hosts acting workshops,

workshop July 27 from

3-3:45 p.m., and a devel-

workshop July 28 from

5-5:45 p.m. at The Com-

free and open to everyone.

services, on Webtrac or in

person on July 25. For more

information, call 255-0666.

Child, Youth and School

Wiz of the West

Army Family Team Building staff hosts Rucker Expe rience, Army Learning July 28 from 8:30 a.m. to 2:30 p.m. at The Commons. Topics include acronyms, Army customs and courtesies, military rank, community resources and more. Registration is required. For more information, call 255-2382.

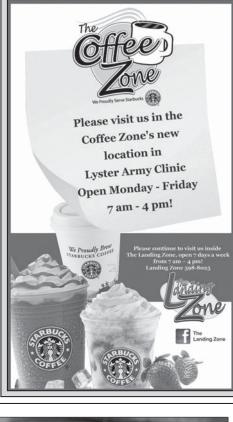
The Mutt Brothers

The Mutt Brothers perform July 29 from 9 p.m. to 1 a.m. in The Landing Zone. People must be age 18 or older to enter. The Landing Zone provides a complimentary shuttle to anywhere on post. For more information, call 598-8025.

Rockin' Rucker's **Talent Show** Auditions

The Rockin' Rucker's Talent Show, a Festival of

DFMWR Spotlight



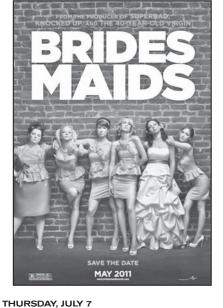


Pick-of-the-litter

Meet Big Mama, a 1-year-old, domestic medium-hair female cat available for adoption at the Fort Rucker stray facility. She is loving and affectionate. It costs \$81 to adopt Big Mama and other animals at the facility, which includes all up-to-date shots, microchip and spaying. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's Facebook page at http:// www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption. Two cats and two dogs were adopted last week.

PHOTO BY LEAH COLLICH









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SUNDAY, JULY 10 The Hangover Part II (R) 7 p.m.

TICKETS ARE \$4.50 FOR ADULTS AND \$2.25 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.

BOSS takes top honors 3 years straight

BY JAY MANN Fort Rucker Public Affairs

The Fort Rucker Better Opportunities for Single Soldiers program won the Army's Best Installation honors for the third year in a row.

"The competition for the award was between 15 and 20 small installations. It would have been four years in a row, but we got second place in 2008," said Cpl. Bradley Nolte, BOSS president."We had over 17 community service events."

BOSS programs are judged in five categories: extra small, small, medium, large and extra large, Nolte explained.

"It's based on the number of single Soldiers on the installation. We have around 700 single Soldiers so we fall under the small category," he said. "A lot of dedicated single Soldiers come out to almost every event and put in countless hours. For our size installation, we compare with an extra large installation based on the amount of community service hours."

But it's not all work and no play at BOSS, Nolte said, adding that the fun events, trips and cookouts are really a good way to build camaraderie that makes the volunteer outings more enjoyable.

"If you just have Soldiers come out and work all the time, eventually nobody will come back." Nolte said. "Also, when a single Soldier participates in a volunteer project, it earns them points toward BOSS covering more of the cost of the trips and fun events."

Being a part of the awardthat are at Fort Rucker for winning program is easy, training, but he says there Nolte said. are rules against Advanced Individual Training Soldiers

"The best way to get involved with BOSS is to mingling with Soldiers stacome to a meeting," he said. tioned at Fort Rucker.

"Meetings are where we "But anyone from E-1 to general who is single is a talk and plan events, discuss quality of life and get BOSS Soldier," he said.

He encourages single Usually, 10 to 15 Soldiers AIT Soldiers to find BOSS show up at meetings, and at their first duty station. Nolte would like to see BOSS is not exclusively for single Soldiers, Nolte "Everyone is encouraged said.

"Anybody can volunteer with the program: married, single, civilians. But when it comes to recreation trips like the cruise we went on last year. BOSS offers reduced rates to single Soldiers," he said.

give them any information BOSS is also about the quality of life for single Sol-He said that out of diers.

"We have between eight and 12 quality of life issues a year. They range from how the trees are growing in the parking lots to the building of a recreation center near the barracks," he said, adding that the new recreation center has a movie theater, game stations and pool tables. "It's a work in progress, but a lot of Soldiers use it."

BOSS' next event is a Foam Party July 16 at Moth-

er Rucker's. "It's basically a party with a foam machine, like you would see at spring break,"

Better Opportunities or Single Soldiers

Fort Rucker, AL

BOSS members worked with Hearts Apart Awaiting Families. They volunteered their time to fish with children of awaiting Families, and grilled hamburgers and hot dogs.

A.M

Nolte said. "We are going to have a DJ. There will be Party, a trip to Atlanta and a a big tent behind Mother cruise to the Caribbean are Rucker's for the foam and just over the horizon. sound system, and there call Nolte at 255-9018 or will be games and food. It's for anybody that happens

379-4594.



to be at Mother Rucker's,

but I'm hoping single Sol-

diers will show up to par-

In addition to the Foam

For more on BOSS,

ticipate."

Birmingham with a major in Biology with plans to attend medical school. Angela Hill will be attending University of South Alabama with a career planned in Physical Therapy. Sadie Tucker will be attending University of Alabama Birmingham with a major in Chemistry and a career plan to become a Radiologist.

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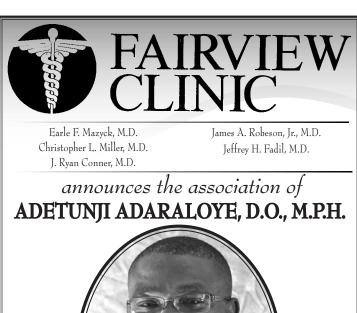
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to know single Soldiers."

to put their opinions in, and

the council votes on what

events we will do," he said.

BOSS meetings are every

Wednesday from 4-5 p.m.,

he said, adding that "if peo-

ple can't make it to a meet-

ing, they can call me and I'll

around 700 single Soldiers

on Fort Rucker, only about

200 participate regularly in

"BOSS is for the single

should come out and try it,"

BOSS is open to Soldiers

everyone

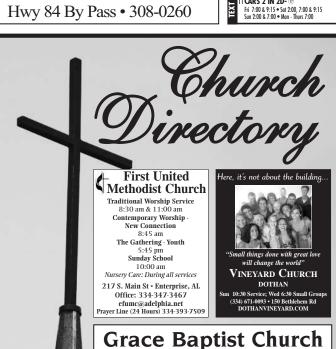
they would like."

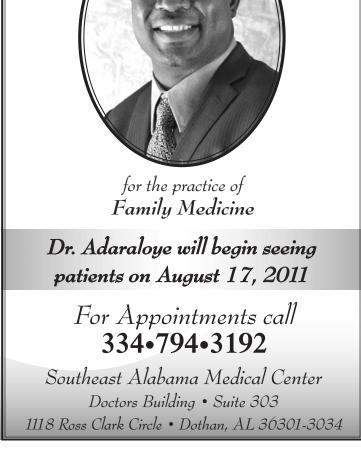
the BOSS program.

Soldiers

Nolte added.

more.







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ANDALUSIA

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JULY 25-AUG. 5 — The Andalusia Ballet Summer Intensive program is a two-week workshop designed to give serious ballet students at the beginning, intermediate and advanced levels, ages 8 and up, the opportunity to train intensively under the guidance and expertise of artistic director Meryane Martin-Murphy, well known ballet master, Elie Lazar, and professional dancers with Montgomery Ballet.

The program provides caring instruction in a challenging atmosphere to students which advances technical ability and nurtures developing artistry. The curriculum includes ballet technique. pointe, variations, men's classes, pas de deux, conditioning and enrichment classes. All students participating in the workshop are given the opportunity to perform in the opening workshop presentation of Summer Dances, an exciting repertory performance by Montgomery Ballet of classical and contemporary works Aug. 6 at 2:30 pm.

For more information, visit www.andalusiaballet.com

DALEVILLE

ONGOING — The Fort Rucker chapter of the Vietnam Helicopter Pilots Association meets the first Wednesday of each month at 7 p.m. Meetings are in the Daleville VFW Post Ballroom.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at 11 a.m. at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

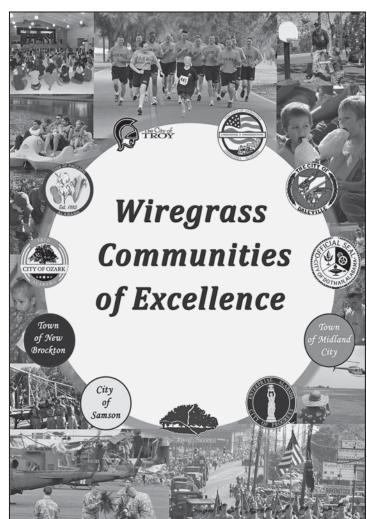
DOTHAN

IULY 14 AND 28 — Landmark Park staff hosts Music by Moonlight from 7:30-9 p.m. under the stars on the gazebo lawn. For more information, call 794-3452 or visit www.landmarkpark.com.

AUG. 6 - Landmark Parks hosts Science on Saturdays, an educational program about the magic of science for children and Families, from 10-11 a.m. For more information, call (334) 794-3452.

ENTERPRISE

JULY 29-30 — The Southern Broadway Theater Company presents *The Depot* lay for Life meets the last Tuesday of the at the Enterprise Performing Arts Cen-



girl who moved to Enterprise with her father in 1906 to take over a cotton farm during the threat of the boll weevil. For more information on show times and to purchase tickets, visit www.southernbroadway.com. \$\$\$

AUG. 25 — Enterprise Civic Center hosts the "Getting to Know Enterprise" Retiree Fair from 9 a.m. to 1 p.m. Local businesses and clubs will be providing information about services and activi ties available to retirees in the Enterprise area. There will be entertainment and multiple door prize drawings. For more information, call 347-0581.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, located on County Road 537 every third Tuesday of the month at 6:30 p.m.

For more information, call Connie Hudson at 406-3077, Randy Black at 389-0738 or Bob Cooper 347-7076, or visit the Veterans of Foreign Wars Post 6683 on Facebook.

GENEVA

ONGOING — The Geneva County Remonth at 6 p.m. at the Citizens Bank.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6 to 9 p.m.

All classes are free for individuals 16 years old or older who are not enrolled in public school.

Individuals must take an assess ment test prior to attending class. Call 894-2350 for more information.

OZARK

AUG. 4-6 — The Ann Rudd Art Center/ Dowling Museum staff hosts a stained glass class. John Hogarth is the instruc-

Cost is \$175 for a finished piece. Participants provide their own safety glasses and lunch. Class size is limited. Checks should be made to DCCAH and

Hudson, Ozark, AL. 36360. For more information, call 774-7322.

AUG. 13-SEPT. 23 — The Dale County Council of Arts and Humanities hosts the 11th annual Regional Juried Art Exhibition at the Ann Rudd Art Center/ Dowling Museum.

The council is now accepting entries from artists who wish to participate. Contestants are allowed three entries, with the first entry costing \$25 and \$5 for each additional entry.

All entries must be submitted at the Rudd Art Center by 4 p.m. July 30. An open reception and award presentation will be held Aug. 13 from 7-9 p.m. For more information, visit www.ruddartcenter.org.

AUG. 19-20— The 17th annual South Alabama Pro Rodeo Classic will be held at the Dale County Ag-Plex Arena. Gates open at 6 p.m. and the rodeo begins at 8 p.m. Come watch bull riding, team roping, cowgirl barrel racing, steer wrestling, bareback riding and more. For more information, call 774-9448.

PINCKARD

ONGOING - The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church

For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly on the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m.

TROY

AUG. 31 - Troy University hosts a volunteer fair on the Troy campus from 10 a.m. to 12:30 p.m. The deadline to register for the fair is Aug. 19. For more information, contact Jonathan Cellon at 808-6394.

OCT 7-8 — Pioneer Days is 9 a.m. to 5 p.m. at the Pioneer Museum of Alabama. The event features horse and wagon rides, trips on the Pioneer Express, Native American camps with demonstrations of candlemaking, spinning, weaving, quiltmaking, blacksmithing, drum, dance and more. Fore more information, call 566-3597

ONGOING - Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the LO. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods and refreshments

For more information, call Janet Motes at 808-8500.

ter. The production tells the story of a For more information, call 248-4495.

mailed to Gaynelle Mixon, 436 Whittle

\$\$\$ indicates a charge for the event

Beyond Briefs

Jazz in the Afternoon

HMCPL and the Tennessee Valley Jazz Society present "Jazz in the Afternoon" video series in conjunction with the annual Jazz-N-June Festival now through July 14 at HMCPL Main Branch, second floor events room, 915 Monroe Street, in Huntsville.

During each session there will be videos that feature the best of jazz music from John Coltrane to Stan Getz to Billy Holiday followed by group discussion.

These programs are appropriate for both adults and youth.

For more information, call (256) 532-2362 or visit: hmcpl.org/ events/2011-06/jazz-afternoon-series.

Art camp for children

The Council of Arts, Inc., presents two art camps for children Monday through July 22 and July 18-22 In Pell City.

Every summer the council provides educational outreach for children ages

8-15. Participants try art forms such as painting, drawing, jewelry design, clay, mosaics, weaving, quilting and wood carving, taught by regional artists. Applications are available at the Artscape Gallery and online at www.

councilofthearts.org. Completed applications may be submitted in person or by mail to Council of the Arts, P.O. Box 1796, Pell City, AL, 35125.

Native American pottery workshop

People may join nationally renowned potter, Tammy Beane, from 10 a.m.to noon at Fort Pavne July 16 to learn how pottery was made on Lookout Mountain thousands of years ago. The clay, as well as bone needles and paddles to make designs on pots will be provided. Pre-registration is recommended.

For more information, call (256) 782-5697 or visit http://epic.jsu.edu.

Advanced rappelling class

An advanced rappelling class is available now through July 25 at True Adventure Sports in Fort Payne from 10

a.m. to 6 p.m.

The class reviews rappelling basics then teaches advanced rappelling. The class teaches special rigging, mechanical advantage, ascending and rope walking, alternate rappel devices, changeovers, advanced knots, safety procedures, special gear and backup belaying.

Participants also do several rappels and a change over before returning to the store for the rappelling test and knot exam. Cost is \$125 per person with a three-person minimum.

A Class 2 rappelling card is issued upon successful completion of class and exams. For more information, call (256) 997-9577 or visit www. trueadventuresports.com.

Gulf Coast Ethnic and Heritage Jazz Festival

The Gulf Coast Ethnic and Heritage Jazz Festival is Aug. 4-7 in Mobile.

The event is a festive mix of culture. education, poetry and music awaits visitors to this coastal city. The weekend continues with jam sessions and jazz in the square, all featuring national, regional and local artists.

For more information, call (251) 473-5020 or visit www.gcehjazzfest. com for ticket prices and a schedule of events

Stokin' The Fire BBQ Festival

Sloss Furnaces National Historic Landmark plays host to the seventh annual Stokin' the Fire Barbecue Festival at the historic Sloss Furnaces Aug. 20 from 11 a.m. to 8:30 p.m.

The competition consists of all amateur teams, allowing for over 80 local barbecue teams to compete for the "braggin' rights" to the best O in Birmingham. Grill masters compete in two divisions: backyard grillers (graded by volunteer and KCBS judges), and the People's Choice competition (judged by the public).

In addition to the barbecue battles, the festival includes art demonstrations provided by the Sloss Furnaces metal arts staff, live popular musicians known around the southeast, Cajun dancing demonstrations and barbecue sampling during the People's Choice competition. VIP tickets available.

For more information, visit www. slossfurnaces.com.





Your ad could be here for only \$96 per month. Call Ashley Latimer for more information at 334-393-9710

Christian Mission Bargain Centers Donation Pick-Up Available Call 393-4471 Your donation of clothing, furniture, house-hold items, autos, etc. helps to provide the following services for the homeless and hungry...shelter, food, hot meals, for home-bound, emergency utility assistance and residential substance abuse program. All donations are tax deductible 307 N. Main Street ~ www.christmissions.com

NEK welcomes discussions with anyone who is interested to be a part of this dynamic effort and those who desire to become part of the NEK team. Apply now for Fort Rucker SERE positions at www.nekasg.com and find out what true professionalism is all about! Resumes will remain confidential.

Resistance and Escape (SERE) support contract!



www.NEKASG.com

Goal-setting app on iPhone, iPad: Coming soon to Droid

BY MEGAN NEUNAN Army News Service

of times we push off getting back to stuff because we Fort Benning. can't get to it. The goal-setting now is right there in your pocket," said Sam Rhodes, the Soldier performance, and action officer responsible for people who know about a mobile-phone app that sets the app have latched on to resilience goals.

The free app for iPhones and iPads, developed by Rhodes and a team at the Maneuver Center of Excellence, downloads to 411. Fort Benning, Ga., and the Signal Center of Excellence ers downloaded the app. at Fort Gordon, Ga., was reprehensive Soldier Fitness program.

The app allows Apple users to set goals within their up e-reminders to stay on phone route. top of them. It can be downloaded at http://www.apple. com/itunes/affiliates/download/.

what they tap out directly to what we have to do? Just like first-line supervisors.

"It's the first thing a Soldier can help himself with," talking to about 60 people Rhodes said of the app and the other day," Rhodes said, setting goals. "I think it provides a high degree of struc- an iPhone and 50 percent of ture that everyone needs -I them had a Droid. The bigfound that I needed — as we gest question was 'when can return from war and prepare I get this on the Droid?' My to go to war"

Rhodes retired as a command sergeant major, with 30 version will be released some-

combat. and was diagnosed with post-traumatic stress disorder, or PTSD, in 2005. Now WASHINGTON — "A lot he works for the Directorate of Training and Doctrine at

> He said goal-setting is the number one way to enhance the approach. Downloads to iPhones and iPads doubled from the product's first to second week, from 196

In just three weeks, 552 us-

The hard-copy goal book leased one month ago. It is has been out for more than the i-version of the Resilience a year, and, since December, Goals Book under the Com- could be downloaded as a 44-page PDF, too. Design and development of the mobile application started in January. Rhodes explained the point personal beliefs and then set of going the iPad and mobile-

"I don't want to say we targeted younger Soldiers, but if younger Soldiers use something, the older genera-Soldiers can also email tion of Soldiers — (ask) guess email," he said.

"I was in a classroom and "and 50 percent of them had buddy's got it already."

An Android-compatible months of a 32-month tour in time this month, Rhodes said.



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OBSTACLE COURSE





VOL. 61 NO. 27

JULY 7, 2011

SPORTS SHORTS

NASCAR TICKETS Offered at leisure Travel

The Fort Rucker Leisure Travel Office offers Atlanta Motor Speedway tickets for the NA-SCAR race Sept. 3-4. The prices are \$75 per person for both days and \$45 for Sept. 4 only. Seating is general admission for Sept. 3 and Upper Elliot reserved for Sept. 4. For more information, call 255-9517.

ULTIMATE FRISBEE

Ultimate frisbee pick-up games are every Wednesday and Friday morning at 6 a.m. behind the Fort Rucker Physical Fitness Facility on the soccer field. All skill levels and athletic abilities are welcome. Cleats and water are highly recommended. For more information, call 255-0870.

TAOIST TAI CHI SOCIETY The Enterprise YMCA staff

hosts two beginner's classes in the Taoist Tai Chi Society arts of health. Classes are offered Thursdays, 1-2:30 p.m., and Saturdays, 10-11:30 a.m. The beginner's class covers all 108 moves of the Tai Chi set. Taoist Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or 347-4663.

BURGER AND BOWL

Rucker Lanes staff offers a daily "Burger and Bowl" special for \$7. The special includes a cheeseburger, fries, soda, shoe rental and two games of bowling.

EXTREME BOWLING

Extreme Bowling at Rucker Lanes is Saturdays from 8-11 p.m. for \$10 and features unlimited bowling with lights, music and glow-in-the-dark balls and shoes. For more information, call 255-9503.

ARCHERY SHOOTS

Fort Rucker Archery Club members conduct weekly shoots at the club's range, located off Whittaker Road. Shoots are Thursdays at 4 p.m., and members take aim at a 20- to 60-yard practice range, 28 3-D targets along a walking trail or a 10-target area. Annual membership costs \$20. For more information, call 389-6135.

'Old Skool' beat-down Army Fleet Support team gets 'Skooled'

BY RUSSELL SELLERS Army Flier Staff Writer

Last year's Fort Rucker Intramural Softball champions attempted to send a message to other teams in the league with a dominant win June 30.

Old Skool from B Company, 1st Battalion, 13th Aviation Regiment dismantled Army Fleet Support — Cairns Field, 14-2, in four innings. Once the team took a more-than-10-run lead, the umpires called the game. Old Skool first baseman Jay

Thome attributed his team's dominance to a more-than-capable offense. "When we all work as a team

and do good, it works out," he said. "Our bats were flowing and it all came together."

There were still a few issues for the team as it struggled at times with errors, especially missed catches and throws. Thome said all of that could be worked out in practice.

"We're planning to blow it out the rest of the season," he said. "Some of the players were playing positions they weren't used to today, so we'll have to work that out down the road." While Old Skool might have

experienced some insues with the gloves, AFS had problems all the way around from the beginning of the game.

AFS' first batter, Roderick Britford, did manage to land a solid base hit and seemed to be setting a tone for the game, but the follow up hitters couldn't keep the ball on the ground; a series of fly balls made for easy catches for the Old Skool outfield in the first inning.

Once the Old Skool players took up the bats, the game was practically over. After the first three hitters loaded the bases, Sam Gipson, Old Skool shortstop, sent a fly ball over the left field fence for a grand slam.

By the end of the first inning the score was already 7-0, Old Skool.

While this might have demoralized other teams,AFS' defense cranked things up a notch and held its ground in the second inning, keeping Old Skool from putting up any runs.

However, without adding any runs to the board for itself, AFS' hopes of coming back faded even further away in the third inning.



Russ Smedley, Old Skool catcher, gets a base hit during the team's game against AFS-Cairns Field June 30. Old Skool won, 14-2.



BATTING CAGES HOURS The child, youth and school services batting cages are open Mondays-Fridays from 4-7 p.m., Saturdays from 2-6 p.m. and are closed Sundays. They are located in the Youth Sports Complex on Fifth Avenue between the post office and the youth football field. For more information, call 255-9105.

RIDING STABLES RULES Riding stables staff reminds community members that letting horses out of their stalls can be dangerous to the horses and motorists. Visitors are also reminded to stay on the main roadways, do not approach any of the horses without owners' permission, stay out of the pastures and obey the speed limit of 10 mph at all times. For more information, call 598-3384. The Old Skool bats came alive again in the third inning, but thanks to a base-hit-only strategy, the team managed to tack on three more runs and extend its lead, 10-0 by the end of the inning.

Some Old Skool players began taking a breather in the fourth inning, which led to a series of errors, allowing AFS shortstop Josh Blackburn to kick-start a short-lived rally for his team.

AFS managed to put up two runs before Old Skool recovered and shut down any hopes of a comeback.

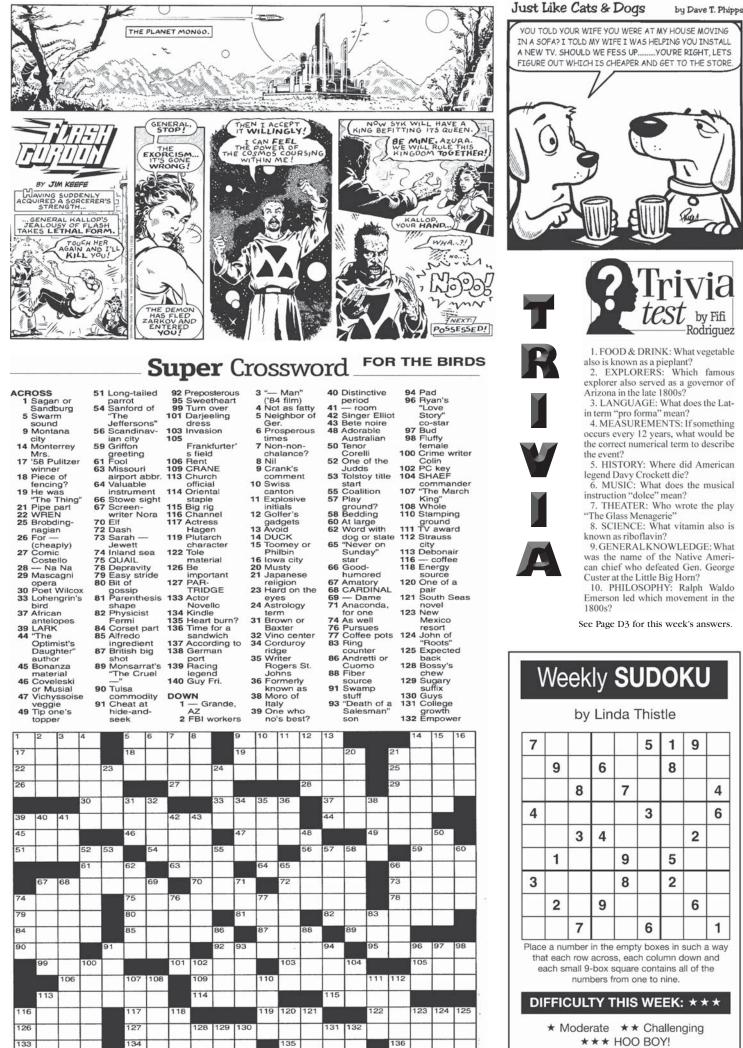
After four more runs in the bottom of the fourth, it was all over, 14-2.

Kevin Shuman, AFS-Cairns coach, said the team had some issues on the field, but will work on them in upcoming practices.

"You can't give a good team extra outs," he said. "I've told our players to just concentrate on one game at a time.You have to be able to keep those balls from going over your head or between your legs."

Josh Blackburn, AFS-Cairns Field shortstop, rounds third base on his way to home plate in the team's game against reigning Fort Rucker Intramural Softball champions Old Skool June 30.

Down Time





See Page D3 for this week's answers.

See Page D3 for this week's answers.

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D

Kid's Corner

M-AND-M WORDS!

How you keep a secret.
 A burglar's tool.
 An educational building.

 A good place to nap.
 A deception or swindle. A deception of swindle.
 One who steers a ship.
 A large, stately tomb.
 A board game.
 A large, deadly fish.

1. Mum. 2. Jimmy. 3. Museum. ck. 5. Filmfam. 6. Helmamen. oleum. 8. Backgammon. erhead (shark).



UNINVITED GUESTS! See if you can correctly count the number of party crashers at the above the number of party crashers Your time limit is 30 seconds

Yemes entreg upy bid 35 betruco eW mewana

Illustrated by David Coulson

BOAT IT'S SINK OR SWIM with this AlphaMath puzzle. You must replace the letters on the boat with the digits 0 through 9 so that you will have a correct addition problem. Try to get the highest possible total. Our Answer: 8=5, 0=7, 7=3, T=0, L=4, E=1, K=2, D=9, U=8, N=6, (5730 + 4132 = 9662.)

FIND THE SEVEN WORDS PUZZLE! In the word square at the right, we've removed six of the letters to spell out the word "WEASEL." See if you can replace these letters in the squares so that you will have four three-letter words across and three four-letter words down. The time limit is 60 seconds.



HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the er of letters is 6 or more, subtract 4. If the number is less han 6, add 3. The result is your key number. Start at the up-per left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the to right. Then read the checked figures give you.



ind at least six diff



s writing on the life bucy. Z. Sun is nglasses. 4. Man's shirt is different. vn. 6. Man has no socks. or setting. 3. Man has su More birds are show



First Lt, Keith Fine, right, exits "Electroshock Therapy." a live-wire field that can carry 10.000-volt shocks. During the final obstacle of Tough Mudder, participants had to cross over hav bales and through mud pits while trying to dodge the hanging wires.

Mud run tests Soldiers' strength, endurance

BY ANDREA SUTHERLAND Fort Carson Public Affairs Office

throw up on this thing, I will be disappointed in myself," said 1st Lt. Tim Palmer as he prepared for the start of Tough Mudder, a nine-mile obstacle course set in the Rocky Mountains.

wires," Palmer said, referring to "Electroshock Therapy," an obstacle that sends can deliver 10,000-volt shocks.

1st Lt. Keith Fine said. "I'm going to one-

Regiment, 4th Brigade Combat Team, 4th which had a 4,250-foot change in elevation.

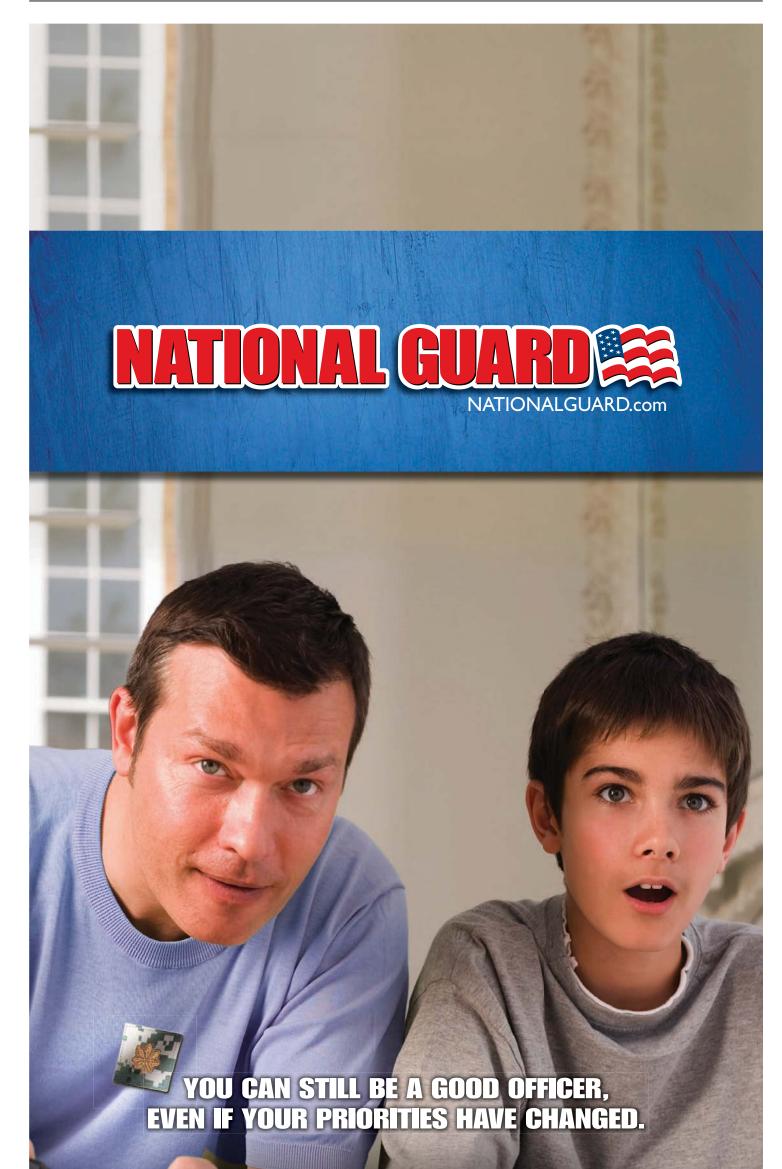
swam through frigid waters. Obstacles Nest," "Sweaty Yeti" and "Greased Lightning," a giant slide down one of Beaver Creek's ski runs.

Capt. Seth Allen. "Something like this, it's yourself"

"It was for a good cause, the Wounded Warrior Project," said Sgt. 1st Class Andrew Simer. "I wanted to do it for the camaraderie. I wanted to do it with my

special forces.





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