LOCAL ARTISTS

Spouses display artistic talents

Story on Page C1





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SCUBA TRAINING New students learn about scuba diving

Story on Page D1





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 61 • NO. 12

FORT RUCKER * ALABAMA

MARCH 24, 2011

NEWSLINES

QUALITY OF LIFE

Three-star general talks about how the Army Family Action Plan is improvina it. See Page A2.

CHILDCARE OPTIONS

Fort Rucker Family Child Care Program a great deal for parents, and also people looking to generate See Page C5.

BATTER UP!

Fort Rucker's batting cages are open for spring training, fun. See Page D3.

POWER OUTAGE

A scheduled power outage will take place April 10 from 12:01-4 a.m. The outage will affect the entire Fort Rucker Cantonment Area, including the main post. Lowe Field, Hatch Field, Hanchev Field, Knox Field, Ech Field, the Lake Tholocco area and Family housing. The purpose of the outage is for workers to perform required testing and preventive maintenance on the Electrical Distribution

SPRING CLEAN UP

All Fort Rucker organizations conduct spring clean-up operations April 5-8 to improve the overall appearance of the installation. Clean-up of interior offices and work areas is April 5. Clean-up of exterior areas and police call areas is April 6. Clean-up of interior and exterior continues April 7.

PRAYER BREAKFAST

The Fort Rucker Community Prayer Breakfast is Monday from 7:30-9 a.m. at The Landing. The breakfast provides an opportunity for local leaders, military and civilian personnel, Family members and surrounding communities to meet and uphold those in authority in prayer. The quest speaker is James C. Hunter, author of two international best-selling books: The Servant and The World's Most Powerful Leadership Principle: How to Become a Servant Leader. Tickets can be obtained from unit ves, unit cnapiains oi the Garrison Chaplain Office (Bldg. 8945). The cost of breakfast is \$8. For additional information, call 255-2989 or 255-2012.

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Weather 3-DAY









Mia and Liam Edens, children of Brig. Gen. Timothy J. Edens, USAACE and Fort Rucker deputy commanding general, present him with his General Officer Pistol during the Honor Eagle Ceremony Friday while his wife, Leslie, and children, Brandon, Marshall and Maggie, join them.

ACE deputy

BY RUSSELL SELLERS Army Flier Staff Writer

Fort Rucker's deputy commanding general received his first star Fri-

Timothy J. Edens was promoted from colonel to brigadier general by ceremony at Howze time in the Army. Maj. Gen. Anthony G. Field Friday. Crutchfield, U.S. Army Aviation Center of Excel-

commanding during an Honor Eagle

Edens thanked those in attendance and those lence and Fort Rucker who helped him achieve blessing

general, the level of success he excitement I feel at has enjoyed during his

"The incredible

having been selected for a flag officer rank is "Thisistrulyahumbling overwhelmed by a deepexperience," he said. seeded and humbling

SEE STAR, PAGE A5

Student pilots 'SOAR' toward success



Second Lt. Dan King, SOAR project officer, conducts a simulated flight at Warrior Hall as nart of his SOAR training

BY RUSSELL SELLERS

Maintaining sharp skills is one of the most important things flight school students can do in their downtime between basic warfighter school and advanced aircraft train-

ness program, under the Directorate to average 1 ½ hours per week. The of Simulation, allows BWS graduates to do just that. SOAR is a new program undertaken by the U.S. Army Aviation Center of Excellence to sustain student pilot skills, according to Dan Farley, Warrior Hall Operations Team manager.

Students currently undergo a five-

month flight training program, learning to fly the TH-67 Creek training helicopter. After they've mastered contact, instruments and basic combat skills in the TH-67, they are placed in advanced aircraft tracks to hone their skills in the UH-60, AH-64, OH-58D or CH-47, said Farley

Student pilots sign up in pairs for The Sustainment of Aviator Readitime in the simulators at Warrior Hall, pilots fly one of four pre-determined scenarios that help them stay sharp in the pilot seat.

"This program was developed to provide each student pilot another great opportunity to sustain and

SEE SOAR PAGE A4

Long-standing tradition returns to Fort Rucker

BY BREANNA WALTON

Reveille and Retreat is a tradition that runs deep in the veins of Soldiers throughout the world, the beginning and end of each duty day at Fort Rucker is signified with this long held tradition of the U.S.Army.

"The Army is about traditions," said Garrison Command Sgt. Mai. Dwaine E. Walters. "By observing Retreat you are reminded of what the Army is and what it means."

Reveille and Retreat signals the start and end of the official duty day and serves as a ceremony for paying respect to the flag. It was originally

a crusades-era French bugle call and was played at sunset. It signified the requirement of sentries to challenge personnel until sunrise and for Soldiers to return to their quarters.

For many years Retreat was not observed at Fort Rucker. In the summer of 2007, Aviation Branch Command Sgt. Maj. Tod L. Glidewell came to Fort Rucker. Glidewell says Retreat was not being observed in the proper manner during this

"There are many of our brothers and sisters who have fought long and hard for this nation who would

SEE TRADITION, PAGE A4



Soldiers from 1st Aviation Brigade Headquarters and Headquarters Company perform the Retreat ceremony at Howze Field Monday. The ceremony is conducted daily at 5 p.m.

ARMY FLIER

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Perspective

LET YOUR VOICE BE HEARD BY WRITING AN E-MAIL TO THE ARMY FLIER AT JHUGHES@ARMYFLIER.COM.

AFAP works to resolve quality of life issues

BY LT GEN RICK LYNCH commanding general

This year, the voices of Soldiers, civilians and Families that have contributed to the Army Family Action Plan process were heard and history was made at the recent AFAP General Officer Steering Committee held the first week of February

Senior Army leaders and program representatives from across the Army resolved 17 of 40 quality-of-life issues, making great strides in support of our Wounded Warriors and Families. These issues, originally identified by AFAP representatives at the unit or installation level, will make life better for Soldiers. their Families and civilians for years to come.

Oualified Wounded Warrior job applicants now receive greater visibility in the Federal Government hiring process. Major accomplishments include the integration of the U.S. Department of Veterans Affairs Veteran Resume Inventory (VetSuccess.gov) into the Army recruitment process and the designation of human resource specialists as veteran employment coordinators.

To learn more about this issue,



Lt. Gen. Rick Lynch

nesource.com/familyprogramsandservices/ and search for issue number 617.

Through issue number 610, we have expanded treatment for Traumatic Brain Injury patients. Traumatic Brain Injury screening, identification, treatment, and rehabilitation services are now in place at each Army Medical Treatment Facility. To date, TBI programs at 40 facilities have achieved full validation, 10 have achieved initial validation and the remaining programs will receive full validation by this month.

Wounded Warriors will benefit from the availability of standardized respite care for their caregivers through TRICARE and VA (issue number 630) visit the Army OneSource Web and through the establishment site at https://www.myarmyo- of the Army Wounded Warrior Support Network (issue number 632). The AWWSN is a support program that connects severely wounded, injured and ill Soldiers and their Families to a network of resources in the local community.

Three initiatives were completed in the Family Support category. These initiatives provide for more affordable child care to those who need it the most (issue number 566), TRICARE coverage for children up to age 26 (issue number 632), and a policy revision that requires Initial Military Training Soldiers with exceptional Family members to receive new assignment instructions if the OCONUS travel approval authority has not notified the Soldier of the availability of EFM services 30 days prior to the Soldier's graduation (issue number 639).

Ten of the 17 issues resolved were designated as unattainable due to resource or legislative constraints. Although the AFAP recommendations were unattainable, progress was made on many of the issues. An example of this is the increase in administrative and PCS weight allowances for grades E1 to E4 and E7 to E9, establishment of a hardship-based increase to PCS weight allowance and 500 pounds of spouse professional weight allowance. To learn

more, visit our Web site and search for issue 457

The Army will continue to work the issues, but the Army Family Action Plan is your program. I encourage you to learn more about the AFAP process by visiting the Army OneSource Web site at https:// www.myarmyonesource.com/ familyprogramsandservices/ familyprograms/ armyfamilyactionplan. From here you can follow the progress on issues that are currently being worked by selecting "Active Issue Search" at the bottom of the page and then search by issue number or by keyword.

The Web site also allows you to submit a new issue directly to your garrison or command's AFAP process and provides AFAP brochures, articles and videos to download. You can also download the "HQDA AFAP Issue Search" application for free on your iPad, iPhone and iPod Touch.

My next article in this series will review the 16 new qualityof-life issues AFAP delegates identified as being the most critical and our need as an Army community to identify inefficient, redundant, or obsolete Family programs so we can redirect those resources to where we truly need them.

It's American Chocolate Week.

What is your favorite chocolate

and why?



Spc. Kenneth Rosser, A Co. 1st Bn., 11th Avn.

"I enjoy white chocolate because it has a sweeter



Spc. Nancy Vargas. 164th TAOG

"I like all types, I just love chocolate?



Spc. Brad Busby, B Co. 1st Bn., 145th Avn. Regt

"Plain and simple, I like Hershev, it's the original."



Spc. Eric Loresto, HHC 1st Avn. Bde.

"Dark chocolate is my favorite. It is sweeter than regular and it is also better



Pvt. 2 Nicole Davis. Flat Iron

"I like dark chocolate, even though it doesn't taste as good, it is healthier for you."



BY NANCY RASMUSSEN Fort Rucker Public Affairs

The Army's first Chemical. Biological, Radiological, Nuclear Warrant Officer graduated from Warrant Officer Candidate School March 16.

Army Reserve WO1 Steven E. Whittle Jr. joined his classmates in WOCS Class 11-09 after being driven by a desire to move forward in his career, and out of admiration for the history of the warrant officer corps, he said.

Whittle originally enlisted in the Army as a tanker, MOS 19K, in 1988 and entered the Chemical Corps in 1999

In November, he was one of four Army Reserve Soldiers selected to attend WOCS as a future CBRN warrant officer.

"I was nervous going through WOCS. It was exciting in the last week. I felt a little pressure as the Army's first 740A to graduate from WOCS,"Whittle said.

His next step is to attend and

complete the Warrant Officer Basic Course for his MOS in Fort Leonard Wood, Mo.

"I want to thank my wife and family for all of their support," Whittle said.

He also thanked his previous unit, the 3rd Brigade, 104th Training Division (Leader Training), Vancouver, Wash., where he served as an instructor for Army Reserve and National Guard Soldiers reclassifying into a Chemical MOS.

Whittle deployed in support of Operation Iraqi Freedom in 2006-07 with the 373rd Military Intelligence Battalion out of Tumwater,Wash

As a civilian. Whittle is employed as a contractor that trains the military. With the U.S. Army Reserve, he is assigned to the 468th Chemical Battalion in Little Rock,Ark.

Whittle graduated from high school in Gilbert, Ariz., and earned a bachelor's degree from the University of Phoenix in 2009



WO1 Steven E. Whittle Jr. is congratulated by CW5 Thomas Elder, Warrant Officer Career College deputy commandant for USAR (left), and CW5 Michael Funk, WOCC deputy commandant, following Whittle's graduation from WOCS Class 11-09 at Fort

Female Aviators defy reported odds

BY SGT. 1ST CLASS STEPHANIE L. CARL

KANDAHAR AIRFIELD Afghanistan-When CW4 Trudy Truax arrived at her first unit as an OH-58A pilot in 1996, her commander refused her orders.

"I've had my own battalion commanders not speak to me," Truax said.

Truax was one of the first females to join the community of Cobra, Apache and Kiowa pilots after then-President Bill Clinton lifted the restrictions that kept women from flying the traditionally combat-focused rotarywing aircraft. She was one of only six women in her class - three from West Point and three warrant officers.

Today, she's the only one of the six still serving in the Army, and she serves as the standardization instructor pilot for Company C (Dustoff), 1st Battalion, 52nd Aviation Regiment, which is currently deployed to Afghanistan with Task Force Thunder, the 159th Combat Aviation Brigade.

According to a study released earlier this month by the Military Leadership Diversity Commission, women account for only 16 percent of leadership positions in the military - a seemingly staggering statistic to release during National Women's History Month. The numbers aren't so shocking, though, when compared to the overall statistic of women serving in the military, which is 16.4 percent, according to a Sept. 30 report released by the Department of Defense.

To Truax and the other vomen who fill key positions within the Aviation community, the numbers are just that - numbers. And they don't take into account the positions that women are holding within the military or where they were 20 years ago.

Lt. Col. Neil Reilly, the squadron commander for 7th Squadron, 17th Cavalry Regiment, was assigned to 2nd Sqdn., 17th Cav. Rgt., in 1998. With him was then-Warrant Officer Anne Wiley, who had recently graduated as an OH-58 Kiowa pilot. Today, CW4 Wiley serves as the senior standardization instructor pilot for Reilly's unit. She is the first female to hold that position at a squadron level. But she didn't get there overnight.

"I went through relentless hazing," Wiley said of her time as a new pilot and a female in a man's world. "But today, when one of my peers comes up and bumps me on the shoulder and asks how it's going, I know it was worth it, and



CW2 Elizabeth Kimbrough, Capt. Donna J. Buono, CW4 Anne Wiley, and Capt. Carmel Cammack, all leaders within Task Force Palehorse, pose for a group photo in front of an AH-64

that I've made it."

her counterparts faced in the beginning paved the way for many who've come since.

Apache at their landing pads on Kandahar Airfield, Afghanistan.

said Capt, Carmel Cammack. an assistant operations officer in Task Force Palehorse and an OH-58D Kiowa War-bilities. rior pilot. "I've never been appreciate the fact that (other women) were the ones to pioneer this for me. I know of hazing and a rash of other stuff that I have not had to go through."

For Reilly it's never been about gender, and Wiley and the female pilots like her have proven that time and

"Miss Wiley maintains a mission focus, but has the personality, the charisma, and also has the professionalism and experience that afford her a great deal of credibility." Reilly said.

For the women filling the leadership roles, the professionalism and experience are the important parts.

"As you show your competence and as you show that you can hang with the boys, you show that you're as good as the boys, your acceptance is there" Truax explained."You must always maintain, as with any Aviator, proficiency and excellence, and if you can show that's what you have, then you're fully accepted."

While Truax and Wiley The challenges Wiley and have been around long enough to know what it's like to be evaluated on gender rather than competency, they've witnessed the shift "Flying has been my recurthroughout their careers, ring dream since I was little," and the younger women coming up behind them have only experienced evaluations based on capa-

Capt. Donna J. Buono, the treated any differently, and I company commander for 101st Aviation Regiment, which is task-organized that they went through a lot under Reilly's unit for the deployment, was commissioned in 2004 and joined her first unit as a platoon leader while the company was deployed to Iraq. She was the first female to serve with the company in more

> "I was anticipating a little bit of push-back," she said. "And I think what I got for about a month was less female-male stuff - it was more new platoon leader and after about that month of transition, it was getting used to them and getting to know them. I think I had a very positive experience.

"It's more about being a good leader and being competent, and much less these days about male-female," she explained.

In fact, the main challenges that limit the number of females serving in leadership positions are often brought on by their own accord rather than by restrictions or gender bias

within the Army.

CW2 Elizabeth Kimbrough is a pilot in command and safety officer with Co. B, 3rd Bn., 101st Avn. Rgt. She flies the AH-64D Apache, which often serves to intimidate on the battlefield. At nearly 32, Kimbrough said she loves what she does, but thinks her family is afraid she'll stay

"My time will be up after Company B, 3rd Battalion, June of next year, and I'm still on the fence," she said."1 love, love my job, but I'd still like the opportunity to get married and have kids, and I don't know how I'd do it if I'd stay in So that's something I think about nearly every single day."

> Kimbrough isn't the only one facing that challenging

"I have kind of fended off most relationships that have possibly started," said Cammack. "I personally think it would be extremely hard to have a family in the military. Right now, I have the opportunity to say that I don't want kids in the military. I think that would be hard, and that is not something that I want to do. How that's going to play into my future career? I don't know. I don't know. It's tough."

As pioneers for women in Aviation both Wiley and Truax stand as an example in this regard, too. Wiley started her Aviation career as a single mom. Truax has a different perspective.

"Women can be in the



CW4 Anne Wiley, the senior standardizations instructor pilot for 7th Squadron, 17th Cavalry Regiment, and Capt. Carmel Cammack, an assis tant operations officer for the unit, both OH-58D Kiowa pilots, conduct pre-flight inspections on their aircraft at Kandahar Airfield. Afghanistan.

Army, and we can have 20-plus year careers and we can have 20-plus years married to the same man, and like I have - I have four children," she said. "I want it all. I want the cake and the ice cream. You can have a solid marriage. You can have children and still do your time in combat."

As with anything in life, it's about balance and maintaining that delicate harmony between professional and personal. But for those women who want to fill the leadership roles, the doors are far from closed.

"I never expected to be where I am today, and I never expected to be in the positions I've been in." Trusx said."Standardizations wasn't a place women went. I think the new men of the Army, new commanders, they understand, and if I didn't cut the mustard I wouldn't be in the positions I've been in. But they very much have unlocked the doors to allow us to show that we have the ability to do what we (Army Aviators) do.

"I had to open the doors by proving myself, but they unlocked them for me."

SOAR: Simulator stands in for solo flight during training

Continued from Page A1

practice their newly learned flight skills," said Lt. Col. Doug Brinson, DOS operations officer and SOAR program action officer. "One could think of the SOAR simulation period as an independent, peer-with-peer, practical exercise of previously learned skills."

Aside from keeping skills sharp, SOAR also helps Aviators become more confident while piloting an aircraft, said 2nd Lt. Daniel King, SOAR project of-

"A pilot who can confidently use a radio is typically more confident in the cockpit," King said. "The SOAR program instills the positive habit of radio communication, thus building more confidence, and demonstrating to everyone outside of the cockpit that you are a competent and professional pilot."

SOAR began here in October and after Maj. Gen. Anthony G. Crutchfield, USAACE and Fort Rucker commanding general, was briefed on its success, it became mandatory for flight students in January, said 2nd Lt.



Second Lt. Dan King and WO1 Brian Early, SOAR project officers, work together on a simulated test flight at Warrior Hall as

Sean Brookshire, B Company, ticipated in the exercises. It country flights and monitoring 1st Battalion, 145th Aviation Regiment flight student and former SOAR project officer.

Setting up the initial pro-

currently supports 40 students fuel levels," he said. "Then we a week, based on simulator availability.

"In the beginning, we gram was partially Brookshire's worked on simple things like responsibility, but he also par- low-level navigations, cross-

added things like how to enter and exit flight patterns. We're basically setting them up for the next level of flying. At this stage, these are very perishable your smartphone



from SOAR.

skills. This allows them to retain the knowledge as they move to their advanced aircraft."

Brookshire said there is no longer a solo flight in primary flight training, but SOAR can stand in for it without adding more pressure to flight stu-

"Once we started and word started spreading, more and more Soldiers started signing up," he said. "It takes over as the solo flight. Soldiers get to plan their own routes and then fly them. They don't have to worry so much about mistakes because they can come back the next day and try again."

For more information on SOAR, call 255-6650.

Tradition: Soldiers protect Army history, customs

Continued from Page A1 command, one of the

love the opportunity to stand here and observe Retreat at the end of each day," said Glidewell. field gave the all clear to "But they have paid the ultimate sacrifice, and to be respectful you should stop, face the colors and at Fort Rucker after severobserve the ceremony."

When Maj. Gen. Anthoand Fort Rucker com-

many questions facing him was the observance of Reveille and Retreat. After explanation, Crutch-

Jan. 18, Reveille and Retreat sounded once again al months of training and securing a cannon. The nv G. Crutchfield. USAACE tradition is upheld by volunteers from the Warrant manding general, took Officer College and Noncommissioned Officers Academy.

"It is a piece of our history and, as noncommissioned officers, their primary job is to protect the history and heraldry the Army has and to pass it on to future generations," Glidewell said.

The military community was fully in support of reinstating Reveille and Retreat, especially noncommissioned

and retiree's whom didn't understand why a tradition that meant so much to so many was discontinued, said Glidewell.

"Traditions are upheld, not necessarily because they have a purpose, but because it builds morale in the unit," said Walters. "Traditions reinforce us as an Army and as a unit; it brings people together at one moment every day."

Reveille is observed at

5:30 a.m. and Retreat is observed at 5 p.m. daily at Fort Rucker. When Retreat is sounded, a cannon is shot and "To the Colors" plays. Those within earshot of the music should immediately stop, get out of their car and salute. If non-military are in earshot they should stop, face the flag and stand at attention.

"Retreat not only has historical value, but the and the reason we observe it are for those making sacrifices for our Army right now and throughout the years. It instills values and traditions that the Army holds," said Glidewell.

"Young soldiers need to see traditions such as these so they can build in the spirit of them as they become the senior leaders of the Army," Walters

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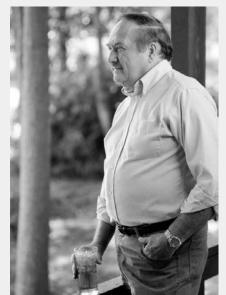
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Above: Marshall Edens, son of Brig. Gen. Timothy J. Edens, USAACE and Fort Rucker deputy commanding general, presents his father with his star.

Right: Maj. Gen. Anthony G. Crutchfield, USAACE and Fort Rucker commanding general, and Brig. Gen. Timothy J. Edens, USAACE and Fort Rucker deputy commanding general, salute as the flag is raised for the National Anthem before beginning the Honor Eagle Ceremony.

Star: Army promotes USAACE deputy to brigadier general

Continued from Page A1

understanding that I have been very fortunate."

Edens said the talent pool of Soldiers at Fort Rucker is deep and that there are "hundreds of should be standing here instead."

"I will never forget that we are all replaceable," he said. "Our brothers and sisters in uniform are ready to pick up the guidon whenever necessary. It is one of the many strengths of our great Army."

Edens closed by saying he felt an "overpowering sense of obligation" to the Army.

"At times such as this, I

clarity and understanding of what 'duty' truly means." he said. "There are several thousand stakeholders in this star. I'm speaking to all the Soldiers, Families and friends I have served Academy and has served with over the years. It is officers who could and my highest obligation to make sure I make good on the investment you have made in me."

> Crutchfield said Edens' promotion represents a rare occasion for Fort Rucker and the Army, the promotion of a general

"It's an incredible and well-deserved achievement for an outstanding officer, Army Aviator and friend," Crutchfield said. "Achieving the rank of brigadier general is seem to gain the greatest no easy task. Of the 943

West Point cadets who graduated with (Edens) in 1981, only 13 achieved (the same rank)."

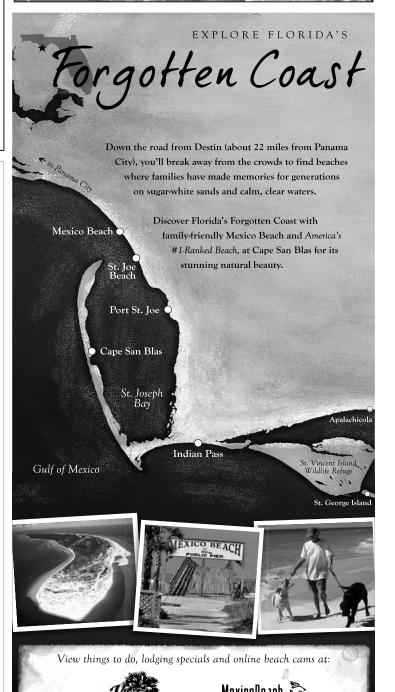
Edens is a 1981 graduate of the U.S. Military as Fort Rucker's deputy commanding general since June 2010. He was joined at the ceremony by his wife, Leslie, and their five children.





to check out video from the ceremony.





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ARMY FLIER Real Estate Page



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BRIEFS

JAPAN NEWS UPDATES

A new "one-stop shopping" Web site provides up-tothe-minute information and resources for Army civilians affected by recent activities and developments following the earthquake in Japan.

The Web site provides human resource contacts, answers to frequently asked questions, policy information and links to a variety of other Web sites. Common Access Card access is not required, allowing affected individuals access from anywhere, anytime,

For more information, visit http://cpol.army.mil/japan2011/.

SURVEY INDICATES HIGH SATISFACTION WITH ARMY LIFE

SAN ANTONIO - Data from the 2010 Survey of Army families indicates an increased satisfaction with military life, despite of the current operational tempo. according to Family, Morale, Welfare and Recreation officials.

The survey was based on a random selection of civilian spouses of active-duty Army Soldiers chosen to represent the Army as a whole.

Since the last survey, completed in 2005, there has been an increase in the number of spouses who indicate their Soldiers plan to stay in the Army beyond their present obligations. Additionally, there has been an increase in the number of spouses who are satisfied with the kind of life they can have in the Army and the respect the Army shows Soldiers and spouses.

The data suggests that Soldiers, their spouses and Families are resilient in the face of the demands that the Army places on their lives, especially with the increasing number of deployments and time away from family. Sixty percent of spouses report that they are adjusting easily to the reunion with their Soldier following deployment or time away from the family.

Additional data shows that despite ongoing conflicts, budgetary restraints and multiple deployments, 60 percent of civilian spouses of active-duty Soldiers are satisfied with the Army as a way of life and believe their Family has adjusted well to the demands of being an Army family.

To read more results from this vear and previous versions of Survey of Army Families please visit mwrbrandcentral. com/HOMEPAGE/research.

RED CROSS LINKS JAPAN-BASED TROOPS TO HOME

WASHINGTON - In the wake of Japan's massive earthquake and tsunami, Red Cross officials are encouraging U.S. Servicemembers and families posted there to register with an online resource intended to keep Family and friends back home informed of their welfare.

Military members and their Families overseas can relay their status and pass on messages to loved ones through the American Red Cross-sponsored "Safe and Well" Web site at http://redcross.org.

To register for Safe and Well, people enter their name, contact information and then choose from a list of standard messages -- "I am safe and well," "Family and I are safe and well," or

"Currently at shelter" -- or they

can type a customized message.

Guardian ange



RQ-11B unmanned aerial vehicle during re-certification training.

PHOTO BY STAFF SGT, KYLE J. RICHARDSON Spc. Thomas Smith, a tanker with Company B, 1st Battalion, 8th

Raven RQ-11B belps save lives on world's modern battlefields

BY STAFF SGT. KYLE RICHARDSON

FORT HOOD, Texas — Soldiers from the 2nd Brigade Combat Team, 1st Cavalry Division and the 41st Fires Brigade recently re-certified on the Raven RO-11B, the Army's smallest unmanned aerial vehicle.

The master Raven trainers from the 41st Fires Bde. trained with Rail Gunner Raven operators and several of 2nd BCT Raven operators to re-certify and obtain more Raven flight time during the two-day re-certification course at House Creek Urban Assault Range located on Fort Hood, Texas, March 10-11.

The 41st Fires Bde. currently main-Cavalry Regiment, 2nd Brigade Combat Team, launches the Raven trains the only two master Raven trainers on Fort Hood.

"I think the Raven is one of the greatest forewarning systems the Army has produced," said Staff Sgt. Josh Frana, a master Raven trainer with Battery B, 1st Battalion, 20th Field Artillery Regiment. "It's fairly easy to operate. It's almost like a video game."

The Raven is a small hand-launched aircraft powered by a small motor that resembles a remote control plane with a fail-safe design to fall apart in several pieces during the landing. However, the Raven is equipped with a few additional upgrades and a ground station to set it apart from the average hobby plane.

"The Raven may look like a small remote controlled toy, but compared to its likeness, it is a valuable tool that

SEE GUARDIAN PAGE B4



A recent transfer of authority ceremony formalized the start of the 40th Combat Aviation Brigade's yearlong mission to provide full-spectrum Aviation operations in Iraq. The 40th CAB took over operations from the 1st CAB, which returned home to Fort Riley, Kan., after successfully completing its year-long tour. In this photo, a UH-60 Black Hawk helicopter from C Co., 227th, flies through the sunset in Baghdad.

Army builds new Kiowa Warrior

BY KRIS OSBORN Army News Service

ARLINGTON, Va. — The U.S. Army is beginning mission equipment upgrade modifications to its fleet of OH-58 Kiowa Warrior scout aircraft in an effort to build a new, high-tech "F" model helicopter designed with improved avionics, better sensors and stepped-up overall performance capability, service officials said.

The first "F" model flight is slated for next year, said Lt. Col. Scott Rauer, Kiowa Warrior product manager. Overall, the Army plans to acquire 368 "F" model OH-58s, an aircraft that comes to life through a series of technical upgrades and changes to the current "D" model Kiowa.

Today, 94 Kiowa Warrior scout helicopters have been busily performing a range of crucial missions in Iraq and Afghanistan to include light attack missions, general reconnaissance, improvised explosive device detection and convoy escort missions Rauer said.

"It's the highest demand rotary-wing aircraft in Army Aviation. It flies more than 90 hours a month; about seven times the normal usage rate," he added.

The "F" model Kiowa upgrade, which will ensure the aircraft's service life through 2025, includes a host of technical upgrades being performed by an Army government design house at Redstone Arsenal, Ala., and a handful of its industry partners to include Bell Helicopter, Honevwell and Rolls Royce.

The thrust of the improvements center around a Cockpit and Sensor Upgrade Program, or CASUP, which improves the sensors and moves them to the nose of the aircraft, Rauer explained.

The new sensor, called the AAS-53 Common Sensor Payload, includes cutting-edge sensing technologies such as an advanced infrared camera, a color electro-optical camera and an image intensifier similar to what is used by night vision goggles,



SEE ARMY, PAGE B4 The Kiowa Warrior in flight.

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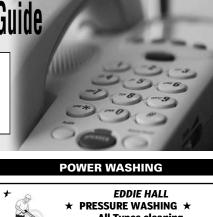
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HONDA '06 Shadow, 2.8 miles, NEW dealer road tested only, \$5,200, 229-334-8520 or 229-296-8171

Honda'06 VTX 1300C Burgundy, high per formance exhaust, switch blade windshield, 8,400 miles, sissy bar, excellent condition. \$4800 OBO 334-671-0776 DO 11251

MOTORCYCLES



HONDA '07 CBR . 600, loaded. 4.000 miles.stretch lowered. 2 brother exhaust. \$6,000 334-695-5055, 334-339-2352 DO 11146



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TRUCKS, BUSES, TRACTORS, TRAILERS

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Chevrolet '04 SSR yellow with black leather, hard top convertible, heated seats, chrome wheels, running bds. 38K miles. Collector Truck

\$24,500. **→** 334-685-1070 **←** DO 11928

Chevy 97' Silverado \$675. DOWN 0% interest



850-215-1769 9am - 9pm DO 11250 Dodge '01 3500 Dually, 146K miles, great condition, leather interior, Fully loaded 4 WD, extended cab, automatic \$12,500.



Dogde Ram '03 1500 regular cab, excellent condition, 92K miles, 4.7 engine, \$7,800. OBO 334-796-8174. DO 11073

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FORD '02 LARIAT F250 Diesel, Crew Cab, 123K miles \$16,000 334-687-9983 DT11050



Ford '07 Ranger, automatic, 4 cylinder, economical, excellent, ¶ 75,000 miles, \$7995. Charles Johnson

Automotive. Call 334-790-7959. DO 11937 Ford 350 '06 Lariet Super Duty 2x4, Power

Stroke, Turbo diesel V-8, crew cab, long bed, Dually, black with tan interior, towing package \$20,000, 334-718-1901. DO 11236



Auto, \$4,600 or reasonable offer. Call **229-334-8520**, **229-296-8171**. Ford '97 F350 Dually Diesel

FORD '89 F150 . 4wh. 4x4



2180 Montgomery Hwy. Call: 334-714-2700 or 334-671-7720. DO11169 Freightliner '00, 500 Detroit engine, 10 speed

ranger, 355 rearance, good condition, sacrifice for \$12,500. 850-569-2625 DO 11245 GMC 02' Sierra SLE ext. cab. tool box, new tires

& brakes, silver in color, Great condition, 120K miles, new tires and brakes, \$7500. 334-797-5249 DO 11789

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loader 120hp LA1601 needs repair 3100 hrs. oringinal tires 50%, engine, fuel tanks ok. REDUCED \$8,400. OBO or trade for tractor. **→** 850-212-6964 **←**

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Raven: 'Man-portable' device saves lives

Continued from Page B1

minimizes the loss of Soldiers lives and equipment on the battlefield," said CWO Mike Ebinal, electronic warfare officer, 2nd BCT, 1st Cav. Div. "It's important that our Soldiers receive the proper training on the Raven and keep their certifications up to date."

The Raven is a lightweight, easily assembled device that is equipped with a color video camera, a global positioning system and an infrared night vision camera for surveillance and reconnaissance. Raven operators should receive at least 15 minutes of flying a month and should re-certify every six months.

"The Raven is a unique instrument," said Sgt. 1st Class Randell Evans, a master Raven trainer with 2nd Bn., 20th honored to be one of two master train-Field Artillery. "It's man-portable. You ers on Fort Hood. can put it in the back of a vehicle and take it where needs to go to conduct 1999 and has been saving lives ever Raven operations or you can put it in a

Evans, a multiple launch rocket system crewmember by trade, said he felt

The Raven was first introduced in

Army: 'F' model Kiowa includes next-gen technologies

brought to your doorstep!

www.gameitparty.com

gameitparty@yahoo.com

334-470-1841

Continued from Page B1

The sensors are engineered to work together with laser designators and and image trackers to pinpoint targets on the battlefield.

"This is a major leap ahead in situational awareness for the crew," Rauer said. "The Common Sensor Payload brings fusion technology where it can merge imagery. With this sensor, you can fuse imagery together to get the best picture."

Moving the sensor to the nose involves removing the mast-mounted sight, which currently stands on top of the "D" model Kiowa, and requires the transmission mounting structures to be redesigned. Rauer explained.

"You've got to be able to pass the rotor vibrations cleanly to the rest of the aircraft," he said.

The "F" model Kiowa will be outfitted with next-generation cockpit technologies called Control and Display Subsystem, version 5, Rauer said.

processing power, more memory and throughput, full color graphics dual-independent advanced moving maps," Rauer explained.

The improved cockpit avionics include an increased capacity to store and process key digital information.

The "F" model cockpit will include a Force Battle



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FRIDAY 25th reddi & Holly Roberts and Rebeka

> SATURDAY 26th Acoustixs

WEDNESDAY 30th Team Trivia \$50 In Prizes

"This brings advanced Command Brigade and screen. Later versions of include a faster, more high- for improved battle situ-Below, or FBCB2 display

Accommodates up

to 28 players

We manage the

party so you can relax!

All we need is a

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the "F" model aircraft will tech Blue Force Tracker 2 ational awareness.

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MARCH 26 9 AM - 5 PM MARCH 27 NOON - 4 PM

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FOR INFO CALL: (334) 406-2787 or 406-1617 www.CoffeeCountyArtsAlliance.com

• Juried Arts & Craft Show

Hour

• Children's Fun Center

• Bruce Brannen, Cowboy Poet (Saturday 2 p.m.

• Entertainment

• Civil War Display

• Weevil City Cruisers 15th Annual Car & Truck Show (Saturday only)

FREE ADMISSION



The Castle Cafe

Main Entrees

Main Entrees Served With Choice Of Potato And Bread And Butter

SCHNITZEL

Tender pork loin, breaded, and sautéed. JAEGER SCHNITZEL: Tender pork loin, breaded,

sautéed and served with a creamy mushroom sauce. ZIGEUNER SCHNITZEL: Tender pork loin, breaded,

sautéed and served with a zesty bell pepper gravy. ZWIEBEL SCHNITZEL: Tender pork loin, breaded,

sautéed and served with sautéed onions and brown gravy. 8.50 RAHM SCHNITZEL: Tender pork loin, breaded, sautéed

and served with a rich cream sauce. PARMESIAN SCHNITZEL: Tender pork loin, breaded,

sautéed and served with marinara sauce and melted Swiss

HOLSTEINER PLATE: Tender pork loin, breaded, sautéed and topped with an egg (sunny side up).

CORDON BLEU: Tender pork loin, butterflied and stuffed with ham and cheese, breaded and sautéed.

OKTOBERFEST PLATE: Bratwurst, Knackwurst, Sauerkraut and German potato salad.

BRATWURST: White sausage sautéed and topped 5.50 with creamy brown gravy. KNACKWURST: Juicy jumbo wiener, boiled

to a perfect tenderness. 5.50 CHARBROILED CHICKEN: Charbroiled chicken

breast topped with sautéed mushrooms and onions.

CASTLE POTATO: Sliced potato topped with ham or

bacon, Swiss cheese onions, chives, sour cream and butter 6.25

Sandwiches

BRATWURST w/ BROTCHEN: Imbiss style 3.95 KNACKWURST w/ BROTCHEN: Imbiss style 3.95

The Following Sandwiches Are Served With Choice Of Potato: CASTLE CLUB SANDWICH: The best club sandwich in town! A combination of ham, Swiss cheese, bacon, lettuce.

Tomatoes on freshly toasted bread. TURKEY CLUB SANDWICH: Same as Castle Club, but instead of ham this sandwich is served

with turkey. SCHNITZEL SANDWICH: Tender pork loin, breaded, sautéed and served on a fresh round brotchen.

REUBEN: Slices of tender corned beef, sauerkraut, and Swiss cheese served on toasted Jewish rye bread with Thousand Island

TURKEY REUBEN: Lean sliced turkey, sauerkraut, and Swiss cheese served on toasted Jewish rye bread with fat-free Thousand Island dressing. 6.95

BACON, LETTUCE AND TOMATO SANDWICH

GRILLED HAM AND CHEESE: Swiss cheese and deli ham on white bread, grilled until cheese melts.

GRILLED CHEESE

Side Grders

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SAUERKRAUT, RED CABBAGE, HOME FRIES, FRENCH FRIES, POTATO SALAD, BAKED POTATO, CUCUMBER SALAD, CARROT SALAD, SMALL GREEN SALAD MUSHROOM GRAVY BROWN GRAVY





Bibb lettuce, tomatoes, cucumbers, carrots, pickles, turkey, and

onions. Your choice of dressing.

FRESH SALAD PLATE small 4.95 large 6.25 A variety of German salads prepared with their own dressings. (Boston Bibb, Carrot, Red Cabbage, Tomato, Cucumber, and

SCHOENBRUNN SALAD (Boston Bibb, cucumbers, tomatoes, carrots, boiled egg) Served with House Vinaigrette or your choice of dressings, and bread and

Add a Sliced Charbroiled Chicken

ALL DESSERTS (Unless otherwise marked)

Brinks

Pepsi, Diet Pepsi, Mountain Dew, Dr. Pepper, Sierra Mist, Sunkist, Countrytime Lemonade , Sweet or Unsweet Tea Coffee or Hot Tea, Milk

FCC homes offer flexibility, at-home income Story on Page C5

VOL. 61 • NO. 12 MARCH 24, 2011 **ARMYFLIER** * COM

Spouses display artistic talents

BY BREANNA WALTON

Creativity runs through everyone, but for some it is deeper and

greater adventures such as a fes- moment of happiness," said Looitival, as it did for the wives of two jen. "It gives me great pleasure to of Fort Rucker's finest.

Durham-Bogers, Chantal wife of Lt. Benjamin Durham, B Company, 1st Battalion, 145th Aviation Regiment, and Anouk Gunter-Looijen, wife of Capt. Cornelius Looijen, 1st Battalion, 14th Aviation Regiment, are lothem to showcase their talent in the Piney Woods Arts Festival look so much." at Enterprise State Community College Saturday from 9 a.m. to 5 p.m. and Sunday from noon to 4 p.m.

Looijen will showcase her work in this year's festival as the returning top prize winner from last year.

"If I have a blank piece of paper, I have to fill it up," said Looichildren and a dreamer. I didn't like school, instead I loved to draw."

Being creative started for Looijen when she painted old dolls and toys in her spare time as a child. She continued to pursue painting through high school.

After high school, Looijen attended a school for creative arts and crafts in Antwerp, Belgium, as the Piney Woods Art Festival." and the academy of arts in Bre-

should paint, but I was stubborn and I chose graphic design," Looi-

After pursuing art in college, she took a 10-year break during her marriage. In 2000, after having her first child, Looijen started painting children's art and murals. This is when she discovered the world of acrylics and can-

a chance to develop her paint-

ing in hopes to one day have her paintings showcased.

"I found it hard to choose a direction, but to think the 'real' Anouk is in the little colorful paintings, children with smiles It can be a hobby or lead to on their faces captured in their paint and work hard because I can't wait to see the result."

> Looijen finds inspiration in her children, the beach and enjoys the whimsical style of painting Aviators, she said.

"Everything inspires me; a book, someone's face, just evcal artists whose work has led erything," Looijen said. "My eyes are really tired at night because I

> Bogers has showcased her work in previous festivals and began painting early by starting art classes when she was a child in school, which she continued through high school. After finishing school, Bogers pursued a job, but soon realized she did not have a creative outlet.

Soon after, Bogers picked jen. "I was the youngest of three painting up again and attended oil painting classes. In 2009, she moved from Holland to the U.S. with her husband and continued pursuing her love of painting.

"When I first came to the U.S., I could not work, so I had a large amount of free time," Bogers said. "My love of art put me in touch with other artists in the area and \boldsymbol{I} soon learned about festivals such

Since being at Fort Rucker, she has been inspired by her hus-"Some teachers told me I band's daily life and military surroundings such as helicopters, Bogers said.

Bogers and Looijen said their experience with art and showcasing their work at festivals has brought them joy and the great experiences of meeting new people in the surrounding communities.

"I encourage other Army wives to pick up something creative In 2006, Looijen gave herself and not sit around the house by themselves," Bogers said.



Anouk Gunter-Looijen and Chantal Durham-Bogers showcase their artwork featuring Fort Rucker daily life.





Above: CW3 Jon Hokanson, Flat Iron, and his daughter, Hannah, 4, assemble a Saint Patrick's Day hat and leprechaun at the center library's monthly arts and

Left: Cyan Stone, 4, daughter of Master Sgt. Aaron Stone, completes a leprechaun's hat with help from her mom, Sarah, as part of the Saint Patrick's Day arts and crafts project at the center library.

PHOTOS BY BREANNA WALTON

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES

Anger Management Workshop

Army Community Service Family Advocacy Program staff offers an Anger Management Workshop Monday from 9-11:30 a.m. at the Early Childhood Activity Center. Topics include identifying causes of anger, symptoms of anger, techniques on how to manage anger and developing an anger management plan.

For more information and registration, call 255-3898.

Corduroy Blues in the Zone

The Landing Zone staff hosts Corduroy Blues for live entertainment April 1 from 9 p.m. to 1 a.m. The courtesy van offers a free ride home to patrons that live on post.

For more information, call 598-8025.

Central Issue Facility closure

The Central Issue Facility closes for inventory Friday. Regular hours will resume

For more information, call 255-1095.

Supply Support inventory

Supply Support Activity staff conducts its annual inventory Friday in Bldg.

All turn-ins must be in by 2 p.m. Friday. Normal operations stop at 4:15 p.m. Friday, and the staff expects to resume normal business operations Monday. During this period, the SSA only processes emergency requisitions.

For more information, call Sandra Edwards at 255-9504 or e-mail san.edwards@conus.army.mil.

Family Fun Run, Walk

In recognition of Child Abuse Prevention Month. the Army Community Service staff hosts a Family Fun Run and Walk April 16 at 9:30 a.m. at the Fort Rucker Physical Fitness Facility. Pre-registration runs now through March 31. Registration costs \$7 per person. Participants may register at Rm. 371A.

DEADLINE for On Post is noon Thursday for the following week's edition. E-mail submissions to Jim Hughes at jhughes@armyflier.com.

the Child, Youth and School Services Parent Central Services, Child Development Center, Youth Center and both physical fitness facilities.

For more information, call the Family Advocacy Program at 255-3898.

AER scholarships

Army Emergency Relief scholarship applications are available at www.aerhq. org. Applications are due by April 1.

For more information, call 255-2341.

Allstar Weekend concert

Allstar Weekend comes to Fort Rucker April 14th. This Top 10 Disney band will perform at the Post Theater from 7-8:30 p.m. The concert is free, and open to military ID card holders and their immediate Family members only. Doors open at 6 p.m. and the performance begins at 7 p.m. Tickets are available at Leisure Travel Services in the Soldier Service Center, Bldg. 5700, Rm. 130.

For more information, call

Burger King renovations

The Fort Rucker main Burger King is closed due to renovations, which are scheduled to be completed by the end of March. New hours for the Burger King Express in the mini mall are 7 a.m. to 7 p.m. weekdays, 8 a.m. to 6 p.m. Saturdays and noon to 6 p.m. Sundays.

AFTB instructor training

Army Family Team Building instructor training classes are April 4-7 from 5-8:30 p.m. at the Soldier Service Center, Bldg. 5700, to register, call 255-3643.

Self defense techniques

the Family Advocacy Program sponsors a Self Defense Techniques class to the Electrical Distribution the Fort Rucker and Wiregrass communities April 5 from 46 p.m. at the Fortenberry-Colton Physical Fitness Facility. The activity focuses on using objects to defend against attacks, and avoid and defend against sexual assaults.

For more information, call 255-3898.

Blue Day

The Blue Day Campaign takes place at Fort Rucker April 7 as part of a communitywide effort to recognize Child Abuse Prevention Month. Members of the local community are asked to wear blue as a visible comencourage everyone else to wear blue in recognition must register by April 6. of Child Abuse Prevention

For more information, call

EFMP respite care

The Army Community Service Exceptional Family Member Program's respite care provides temporary rest periods for Family members responsible for regular care of persons with disabilities. ACS EFMP needs compassionate and caring respite care providers to provide services for exceptional Family members. Interested individuals must be age 18 or older, obtain or have current cardio pulmonary resuscitation and first aid certificates, obtain or have a current tuberculosis test, obtain a physical examination and undergo a criminal background check.

For more information, call 255-9277.

Scheduled power outage

A scheduled power outage will take place April 10 from 12:01-4 a.m. The out-

For more information and age effects the entire Fort Rucker Cantonment Area to include main post, Lowe Field, Hatch Field, Hanchey Field, Knox Field, Ech Field, the Lake Tholocco area and In recognition of Sexual family housing. The purpose Assault Awareness Month, of this outage is to perform required testing and pre-

ventive maintenance on

Spring clean up

System.

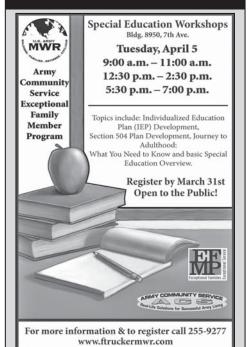
All Fort Rucker organiza tions conduct spring cleanup operations April 5-8 to imdefensive movements to prove the overall appearance of the installation. Clean-up of interior offices and work areas is April 5. Clean-up of exterior areas and police call areas is April 6. Clean-up of interior and exterior continues April 7.

Resilience Training

Army Community Service Resilience Training is April 1 from 8:30-11:30 a.m. at The Commons, Bldg, 8950 Training focuses on the five mitment to support child dimensions of strength: emoabuse prevention, and to tional, social, spiritual, Family and physical. Participants

For more information and to register, call 255-3735 or 255-3643.

DFMWR Spotlight



Special education workshops

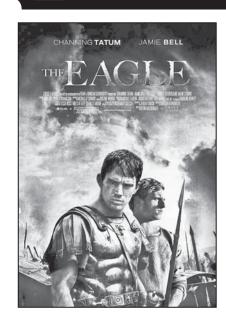
Army Community Service and Exceptional Family Member Program staffs offer special education workshops April 5 in Bldg. 8950. Workshops are held 9-11 a.m., 12:30-2:30 p.m. and 5:30-7 p.m. The workshops are designed to provide information to assist families who have children with disabilities. This project is presented free of charge by the Alabama Network for Children with Disabilities, a project of the Alabama Parent Center. Registration is required by Thursday. For more information, call



Pick-of-the-litter

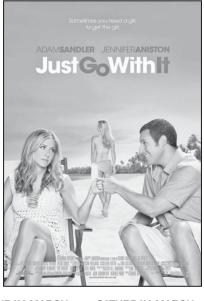
Meet Suzie, a 7-month old female, domestic shorthair available for adoption at the Fort Rucker Stray Facility. She is happy and curious. It costs \$81 to adopt Suzie and other animals at the facility, which includes all up-to-date shots, microchip and spaying. For more information on animal adoptions, call the Veterinary Clinic at 255-9061, open Mondays-Fridays from 8 a.m. to 4 p.m. or the Stray Facility at 255-0766, open from 8 a.m. to 3 p.m. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the Veterinary Clinic or the Commissary. No pets were adopted last week.

FORT RUCKER Movie Schedule for March 24 - 27

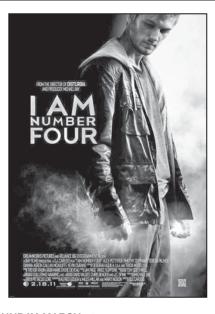


THURSDAY, MARCH 24

The Eagle (PG-13) 7 p.m.



FRIDAY, MARCH 26 & SATURDAY, MARCH 27 Just Go With It (PG-13) 7 p.m.



SUNDAY, MARCH 28 I Am Number Four (PG-13) 7 p.m.

Worship

Love belps Soldiers, Families recover from deployments

BY NANCY B. JANKOSKI

Last week, I wrote a little bit about what it was like to be the Family member of a deployed Soldier.

cover it. Everyone who has been through a deployment knows that neither the Soldier nor the Family members experiences you go through change you.

The question is not will vou be different, but will vou be better or worse? You get the deciding vote.

I look back on it now, from the perspective of almost six years later, and I know that in some ways, even though it is "over," I will out. always "deal with it." I left the decision on when it was time for him to retire entirely up to my husband. That was not easy, but it was the right thing to do, even though I had very strong feelings on the subject.

He came home from his last deployment can do for another huwith over 20 years of man being is to be the creditable service com-

pleted, so he could have be trusted with the dropped his retirement papers immediately if he had wanted to.

His deployment had been a rough year for me, and though he knew most of the things I had One article wouldn't gone through, there were some things that I didn't tell him about until after he had retired. I didn't want him to make his retirement decision for any reason other than what worked for him.

> Only he would know when the time was really right for him to say goodbye to the uni-

> That did not mean I kept things bottled up inside. Trying to hide never works. Stress will find a way

> I had a few very close personal friends who I knew I could trust. They did the best thing they could do for me: they listened. Having friends who listened to me and who prayed both for me and with me gave me great comfort.

The best thing you kind of friend who can

deepest emotions. I had girlfriends like that. friends made it possible for me to cope with my own feelings, while giving my husband the time and space he needed to figure out how long he would serve.

During the deployment, I participated in the post programs designed to offer support to Family members.

However, because my spouse was an Individual Ready Reservist, there was no unit program or other resource that would help us process the experience as a couple once the deployment was over. Now there are.

My husband's deployment began just before Christmas 2003 and ended just before Christmas 2004. We took a few weeks of holiday leave, and when New Year's came, it was back to work for both of us. We weren't on a facilitator-led retreat, but we managed to make a Family retreat of our own, and we had helpful friends through our chapel community.

relatives who helped us make the transition back. They had prayed for us and cared for us during deployment, and the caring didn't stop.

I've noticed a few things about myself in the years since. I can't watch that scene in "Saving Private Ryan" when the car pulls up to the Ryan farm house any more. During my husband's last deployment, someone knocked on my door at 6 a.m. It took everything I had in me to answer that door. Someone had stopped on their way to work to ask me a question about

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might be for sale, and they didn't think about and death notifications. how it might affect a Soldier's wife to get an them, knowing now unexpected doorbell at that hour of the day. that duty involves. Unexpected doorbells still startle me briefly.

I went an entire year without sleeping through an uninterrupted night. I look back on that and wonder how in the world I did that. I sit in staff meetings at work, and I still hear my chaplain coworkers go

caring neighbors and whether one of our cars over the roster of who is next up for funerals I say a silent prayer for more than ever, what

> And when I hear of someone in our chapel community who has gotten word of a deployment. I try to show them the same kind of love that was shown to me.

Editor's Note: This is the conclusion of a two part series.

Light of the World Ministry Church of God In Christ

We are a "family friendly, family focused" church where great emphasis is placed on connecting and forming great relationships. We are an all-inclusive congregation and we welcome all who desire to worship with us, we provide an environment that's open and biblical. "The Light" is a Christ-centered church that fully believes in the teachings of Christ.

Our ministries focus on every aspect of the family... youth, women and brotherhood. We are in partnership with the Dale County 211 Emergency Assistance Program and consider it a great privilege to serve those in need.



Feel free to stop by for a full, hot breakfast every Sunday morning 9:00 am to 9:40 am. We are located at 1366 Hwy 84 East, Daleville, Alabama across from Karl's German Bakery and may be reached at **334-598-4778 or 334-503-9935.**

See you Sunday!

Religious Services

CATHOLIC PARISH

at 4 p.m. Mass is offered Saturdays at 5 p.m., Sundays at at 12:05 p.m. at the Main Post Chapel. For more information,

LUTHERAN, Episcopalian **WORSHIP SERVICES**

ship services are offered Sundays at 8 a.m. at the Main Post call 255-3140 or 255-2989.

PROTESTANT CONTEMPORARY PRAISE SERVICES

Protestant Contemporary Praise services are offered at 9 and 11 a.m. Sundays at the Chapel of Wings. For more information, call 255-9221 or 255-2989.

LATTER-DAY SAINTS SERVICES

Services are offered Sundays at the Ozark LDS Chapel at 9 a.m. For more information, call 255-4359 or 255-2989.

ISLAMIC PRAYERS AND PROGRAMS

All prayers are held at Bldg. T6609 on Fifth Avenue. For more information about daily prayers, weekly and monthly programs, call Chaplain (Maj.) Abdullah Hulwe at 255-1073.

CHURCH OF CHRIST SERVICES

Church of Christ services are offered Sundays at 1:30 p.m. at the Chapel of Wings featuring the Lord's Supper, singing, Everyone is welcome.

COLLECTIVE PROTESTANT WORSHIP SERVICES

Collective Protestant worship services are offered Sundays at 11 a.m. at the Main Post Chapel. For more information, call

JEWISH SERVICES

Services are offered Fridays at Temple Emanu-El, located at 188 North Park in Dothan at 7 p.m. For more information, call 792-5001.

Chapel Briefs

Fort Rucker **Community Prayer Breakfast**

munity Prayer Breakfast is Monday from 7:30-9 a.m. at The Landing.

The guest speaker is 255-2012.

of two international best-selling books: The Servant and The World's Most Powerful Leadership Principle: How to Become a Servant Lead-

Tickets can be obtained from unit representatives, unit chaplains or the Garrison Chaplain Office, Bldg. 8945. The cost of breakfast is \$8.

For additional information, call 255-2989 or

James C. Hunter, author

The Fort Rucker Com-

The breakfast provides an opportunity for local leaders, military and civilian personnel, Family members, and surrounding communities to meet and uphold those in authority in prayer.

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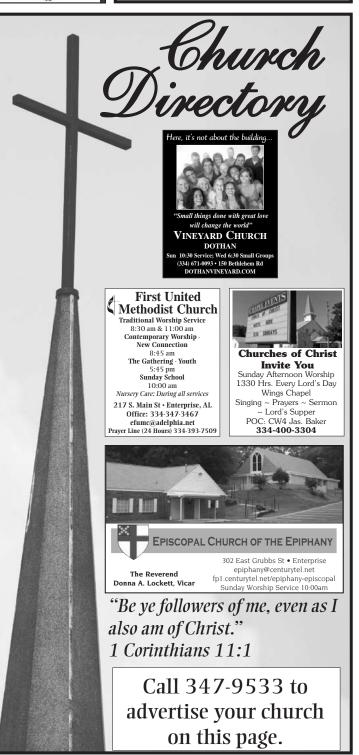
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Wiregrass community calendar

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ANDALUSIA

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more.

Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

DALEVILLE

ONGOING - The Fort Rucker chapter of the Vietnam Helicopter Pilots Association meets the first Wednesday of each month at 7 p.m. Meetings are in the Daleville VFW Post Ballroom.

DOTHAN

APRIL 2 — Dothan CityFest is 6 a.m. to 8 p.m. in downtown Dothan. There will be events throughout the day, including Criterium bicycle races. For more information, call 615-3700 or visit, www. dothancityfest.com.

APRIL 2 - Blue Moon Café staff hosts the Bayou Gumbo Cook-off April 2 from 2-10 p.m. Proceeds benefit the Amyotrophic Lateral Sclerosis Foundation. Entry fee is \$25 per team with a maximum of four people per team. For more information, call 699-2172.

APRIL 2 — Troy University Dothan hosts a free conference for parents and teachers of gifted students April 2 from 9:30 a.m. to noon at the campus inside the Michelin Conference Room in the Library/Technology Building.

Registration will be on a first-come, first-served basis. For more information or to register, call (334) 983-6556 Ext. 1351, or e-mail vmorin@troy.edu.

APRIL 7 — The Southeast Alabama Beekeepers Association holds its monthly meeting April 7 at 7 p.m. at the Coffee County Farm Center. For more information, call 372-7814 or 894-2077.

APRIL 9 — The Untouchablez MC hosts a charity basketball single-elimination tournament April 9 at 11 a.m. in Kinney Park's Hawk Houston Boys and Girls Club on Chickasaw Street. Money and trophies are awarded to first and second place. There is a \$25 registration fee for each five-player team. Proceeds benefit the Hawk Houston Boys Club and various charity projects. For more information, call 805-5871, 805-6077 or 718-5712.

ENTERPRISE

SATURDAY — Enterprise Junior High School hosts a 5k run Saturday at 401 W. College St. at 7:30 a.m. The race will go from Enterprise High School through Main Street to Bates Memorial Stadium.

Wiregrass **Communities** of Excellence

Entry for the run is \$20. All proceeds go to improving technology at Enterprise Junior High School. For more information, visit www.enterprise.al.ecj. schoolinsites.com. For applications, contact Leisa Mims at 347-1733 or e-mail lmims@enterpriseschools.net. \$\$\$

SATURDAY —The Weevil City Cruiser's 15th annual Car and Truck Show is Saturday at the Enterprise State Community College in Enterprise. Registration begins at 8 a.m. For more information, visit www.weevilcitycruisers.com.

SATURDAY-SUNDAY — The Piney Woods Arts Festival is at Enterprise State Community College and free to the public. It features original artwork by local artists, much of which will be available for pur-

There will be carnival games and face painting for children to enjoy and a Civil War living history display. For more information, call David Deal at 406-2787.

MAY 7 — Enterprise Children's Festival in the Park is at 2 p.m. at the Enterprise Recreational Facility. Events throughout the day including inflatables, pony rides, train riders, petting zoo, karaoke, face painting and concessions. A fireworks display begins at 8:30 p.m. For more information, call 347-1211 or visit www. cityofenterprise.net.

MAY 14 - Enterprise 2011 Downtown Summer Fest is 10 a.m. to 3 p.m. downtown. There are several sidewalk sales with a festival taking place on Main Street and College Street with live entertainment. For more information, call 347-0581, or visit www.enterprisealabama.com

GENEVA

APRIL 29-MAY 1 — Geneva's Festival on the Rivers is April 29-30 from 8 a.m. to 6 p.m. and May 1 from 1 to 6 p.m. at Robert Fowler Park

The event features worm fiddling, sculling contests, tug of war, coin scramble, arts and crafts, food vendors and live musical entertainment featuring country and gospel.

Tickets are \$8 for adults and \$4 for students kindergarten through 12th grade.Formoreinformation,call684-8575 or visit www.genevariverfestival.com.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, fest.com or call 566-2294. 1385 Hinton Waters Ave.

For more information, call 983-3511

NEW BROCKTON

ONGOING - Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6 to 9 p.m.

All classes are free for individuals 16 years old or older who are not enrolled in public school.

Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

APRIL 9 - Ozark's Crawdad and Music Festival is 10 a.m. to 7 p.m. on the square downtown.

This festival is held as a way to increase tourism and provide local residents with a fun and relaxed entertainment venue.

The festival's main features are crawdads, cold beverages and continuous live music as well as arts and crafts, children's activities and more.

For more information, call 774-2618 or visit www.ozarkalabama.us.

NOW-APRIL 30 — The Rudd Art Center staff announces final call for entries for Fusion, which runs now through April

The show features three-dimensional art such as sculptures, handmade jewelry and various other art pieces. For more information, call 774-2944 or email dandrews266@charter.net. Visit www.ruddartcenter.org to download the entry form.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m.

TROY

SATURDAY — Troy Pike Animal Shelter Bow-Wow Pow-Wow Adoption Event is 2-4 p.m. at Sears on Alabama Hwy. 231 in Troy. For more information, visit www. pikeanimals.org or call 808-8898.

APRIL 30-MAY 1 — TroyFest takes place in downtown Troy. The event is 9 a.m. to 5 p.m. April 30 and 1 to 5 p.m. May 1. It is free and open to the public and is the premier community arts festival for the Pike County region.

It features fine arts and crafts, a juried art show, antiques, farmers market, food court, merchants walk, children's art exhibit and kids' corner.

For more information, visit www.troy

\$\$\$ indicates a charge for the event

Beyond Briefs

Gulf Coast Salute Air Show

The 2011 Gulf Coast Salute Air Show is 11 a.m. Saturday and Sunday at Tyndall Air Force Base, Fla.

For more information, visit http:// gulfcoastsalute.com

'Red Run' 5k

Panama City Beach's "Red Run" 5k is 8 a.m. April 10 at Aaron Bessant Park For more information or registration, http://www.active.com/running/panama-city-beach-fl/red-run-5k-2011# or call (850) 630-9623.

Seabreeze Jazz Festival

Panama City Beach's Seabreeze Jazz Festival is April 13-17 at Pier Park. It is a five-day festival featuring multiple musicians. For more information, visit www.seabreezejazzfestival.net.

Thunder Beach Spring Rally

The 13th annual Thunder Beach

Spring Rally is April 27-May 1 at Panama City Beach, Fla. For more information, visit www.thunderbeachproductions.com

Yatta Abba Day

Abbeville residents gear up to celebrate Yatta Abba Day April 9 around the courthouse square. Yatta Abba is the Indian name for Grove of Dogwoods and is what the city of Abbeville was named after. The festivities will begin at 9 a.m. and go until 9 p.m. Features include garden vendors, a classic car show and dog shows, just to name a few.

For more information, contact the Abbeville Chamber of Commerce at (334) 585-2273 or visit www.abbevillecoc.com or www.cityofabbeville. org. Vendors may contact Jeff Skipper at (334) 334-3473 or e-mail at skippertrucking@yahoo.com.

CSI: The Experience

Crime Scene Investigation: The Experience is available until May 1 at the Main Exhibit Hall of the Huntsville Space Camp. Show times are between 9 a.m. to 5 p.m. seven days a week and tickets are sold up to two hours before closing time. Please allow 60-90 minutes for each CSI experience. The exhibit immerses guests in hands-on science while leading them through the challenge of solving a crime mys-

For information, including ticket prices, call (800) 63-SPACE or visit www.spacecamp.com/museum/csi/ tickets.

Festival of Flowers

The 2011 Festival of Flowers is now through Sunday at the Providence Hospital campus in Mobile.

The event celebrates spring at the southeast's largest outdoor flower show, produced by Providence Hospital Foundation.

Explore over 300,000 square feet of landscaped garden displays, floral exhibits, gardening seminars, cooking demonstrations, photography contest, shopping and outdoor dining. Advance tickets are \$10 per person.

For more information, call (251) 639-2050 or visit www.festivalofflowers.com.

Treasurers of the Past Antique Appraisal Show

Treasurers of the Past Antique Appraisal Show is Sunday from 9 a.m. to 3 p.m. at the Clarke County Historical Museum grounds in Grove Hill.

Participants can bring their antiques and collectibles and have them evaluated by certified appraisers. The event also features live entertainment, food and a special auction.

For more information, call (251) 275-4188 or visit www.grovehillal.

Wings Over Cullman Air Show

Wings Over Cullman Air Show is May 21 starting at 9 a.m. The air show features world class aerobatics by military and civil aircraft, war birds. skydivers, static displays and food vendors.

Performers include the Air Force A-10 Thunderbolt Team and two-ship Cobra Demo Team. Admission and parking are free.

For more information, visit http:// cullman.schultzairshows.com/.

FCC homes offer flexibility, at-home income

BY NANCY RASMUSSEN

Parents everywhere depend on child care providers while they are away at work. But what happens when work hours don't fit into a day-care center's schedule?

At Fort Rucker, the U.S. Army Family Child Care Program is one option provided to military Family members, Department of Defense civilians and DOD contractors through the Army Child Youth and School Services.

FCC homes provide flexible hours, a comfortable family-like setting and activities based on real life experiences in the home and neighborhood, said Vender Tabb, local FCC director.

"The FCC Program is provided by military Family members or civilians working as independent contractors in individual housing units located on a military installation, in government-controlled housing off the installation or civilian housing off the installation," Tabb said.

Most homes offer fullday, part-day and hourly care. Special services may include 24-hour and long term care during mobilization and training exercises, evening and weekend care and care for specialneeds and mildly ill chil-

providers is an asset in home meeting the diverse work hours of military families," Tabb said.

Because the FCC concept is so popular, the demand for providers is constant.

"We turn clients away every day,"Tabb said. "Fort Rucker is authorized to have 30 FCC homes and we currently have only 10. That means we are actively recruiting 20 more FCC providers to meet the demand.

"We have two requirements for our recruits: they must be teachable and be able to follow the rules," she said.

And this is one homebased business that a well-organized can get into with literally no upfront capital.

"Once trained, a new FCC provider is furnished with everything needed to open for business. From furniture, to books and toys and miscellaneous supplies, the military FCC program sees to it that providers incur no financial hardship,"Tabb said.

Veteran FCC provider Christy McWilliams said

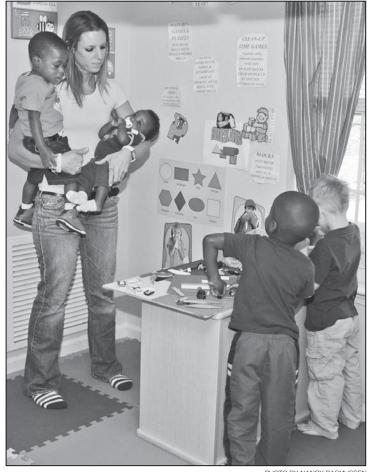
Lyster **Army Health** Clinic

INFORMATION * UPDATES Tricare registration

People new to Fort Rucker need to go to the Lyster Patient Administration Division to ensure their Families are registered in this area and the Tricare service center. The staff can also help Soldiers and Families set up an account to make appointments online, track benefits and more.

Surveys

Soldiers who receive an Army Provider Level Satisfaction Survey in the mail can help make Lyster better by filling it out. The survey is especially important if people wish to recognize a provider or section for a job well done.



Family Child Care provider Christy McWilliams cares for children in her Munson Heights home. As an FCC provider of six years, McWilliams is able to supplement her Family income and do something she enjoys without leaving her house. Call 255-3446 for information on how to become an FCC provider.

she thinks many people are reluctant to entertain the idea of starting a child care business because they're afraid it will disrupt their own lifestyle "The flexibility of FCC and create chaos in their

> "Nothing could be further from the truth. I have one room in my home designated as the day-care

room and the rest of my home remains separate. All the toys and books are $restricted\,to\,that\,room\,and$ the children haven't had a problem adhering to that simple rule," McWilliams said. "The FCC program is set up to support its providers in every aspect of

the business." Making things easy on providers is a goal of the FCC, Tabb said.

"CYSS strives to relieve both financial and emotional stress by offering free child care and oppor-

our FCC providers of

YOUR ONE STOP PERFORMANCE SHOP

time off without suffering loss of income,"Tabb said.

"We don't want our providers to be stressed out. We are always just a phone call away, and encourage providers to call us if they need to talk, are dealing with a difficult situation or just need time out for the gym or other healthy activity. They are, after all, a tremendous asset to our community, and we don't want them feeling like they're in this alone," she said.

The potential income is nothing to sneeze at ei-

"I was surprised to discover that in 2009 I netted more than \$30,000, and last year, I netted about \$5,000 more than the year before," McWilliams said. "And this business travels wherever the Army sends us."

McWilliams, who has been an FCC provider for more than six years, has moved between Fort Rucker and Fort Stewart, Ga., several times, and each time she has seamlessly started her business at the new location.

FCC providers also offer Families with more than one child the opportunity to keep their children in the same home.

McWilliams cares for six children and has had two siblings for four years - since they were just weeks old.

"In FCC, siblings can

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and older children learn from each other in a small group setting, and schoolage children can remain in a neighborhood setting,"Tabb said.

Parents can expect to receive the same quality of care in an Army FCC home as in an Army Child Development Center or School-Age Program. FCC providers receive the same training and support as CYS facility based staff. Each group of 25 to 40 providers is designated an FCC Network with its own director and trainer and is managed like a "center without walls," Tabb added.

FCC providers and their homes meet specific requirements related to health, fire prevention, safety, and child development programming and are certified by the installation. They must pass stringent background checks and inspections, and FCC homes are regularly visited and inspected by CYSS staff and installation representatives, she said.

For information about becoming an FCC provider or to find an FCC provider in your area, call Tabb at 334-255-3446 or e-mail Vender.Tabb@



M-F: 7:00 & 9:10 • S&S: 2:00, 7:00 & 9:10

Westgate Center

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Spotlight

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President signed into law October 10, 2008, veterans who wish to refinance their homes are eligible for up to 90% of the appraised value which cannot exceed \$417,000, or purchase a home at 100% of the sales price.

Interested eligible veterans may contact the following personnel at the Citizens Bank for further details:

Zan McMahan

(334) 347-3411 Ext 246

(334) 470-0924 Cell

Chris Solomon

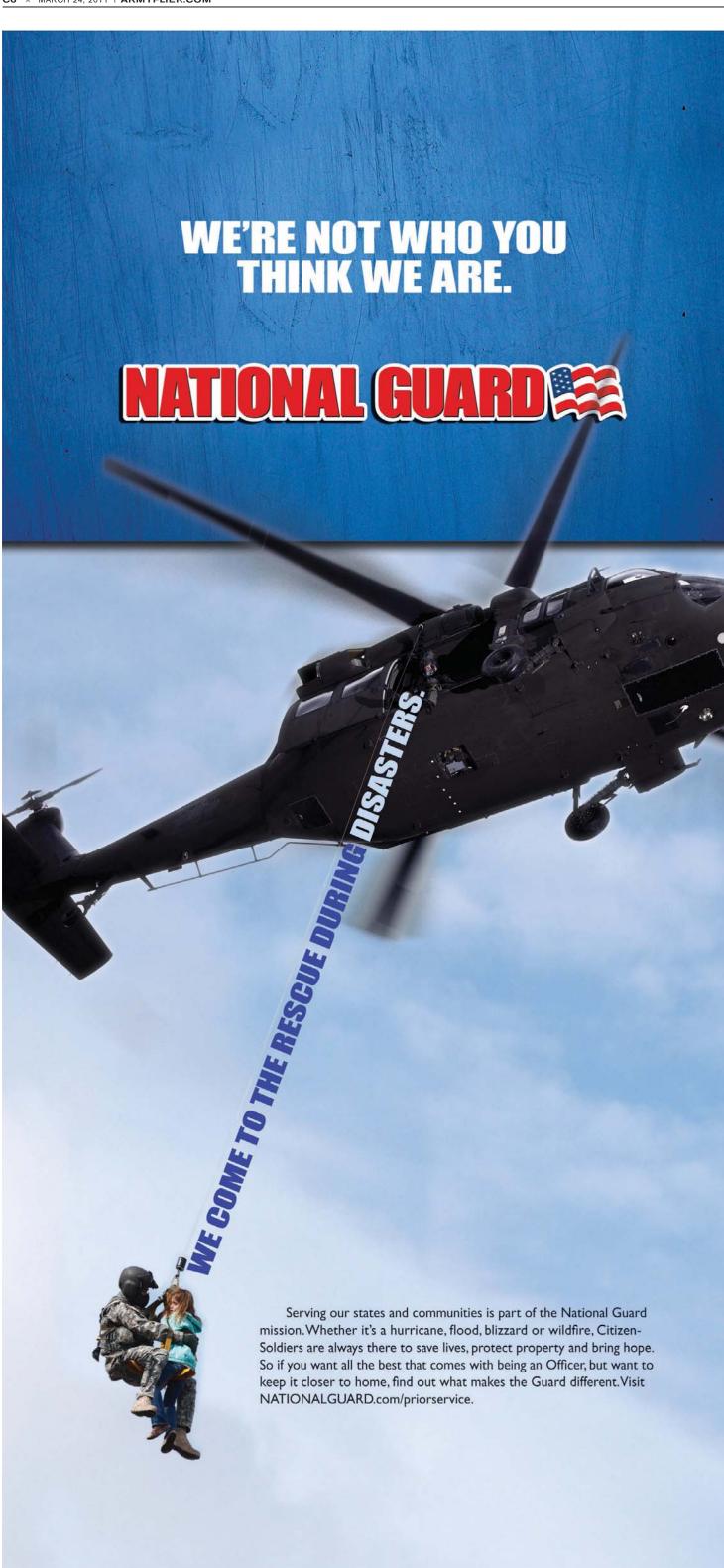
(334) 347-3411 Ext 231 (334) 806-8957 Cell

Jeanne Wright

(334) 347-3411 Ext 201 (334) 470-6210 Cell

(334) 347-3411 Ext 236 Carla Steiner (334) 447-7390 Cell

FDIC



RIFLE CHAMPIONSHIPS

Army hits bull's eye during NCAA competition Story on Page D3

VOL. 61 • NO. 12 **ARMYFLIER** * COM MARCH 24, 2011

SPORTS SHORTS

PAN FISH TOURNAMENT

The 2011 Pan Fish Tournament is Saturday from 6:30-10:30 a.m. at Lake Tholocco, Contestants over 15 years of age must have an Alabama Fishing License and a Fort Rucker Post Fishing Permit. To register, visit Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

SPRING INVITATIONAL

Silver Wings Golf Course staff hosts the annual Spring Invitational Saturday and Sunday from 8 a.m. to 2 p.m. A practice round is Friday. Cost is \$65 for members and \$75 for non-members. Entry fee includes practice round, green fee and cart fees. Breakfast will be offered both days. The awards luncheon is Sunday. The format is 36-Hole individual stroke play, 8 a.m. Shotgun Start. Prizes and flights are determined by the amount of entries received. All participants will be entered into a drawing for a 2011 SWGC membership package. For more information, call 598-2449.

AVIATION CENTER AAAA GOLF TOURNAMENT

Silver Wings Golf Course and Army Aviation Association of America staff hosts the annual AAAA Golf Tournament April 1 from 6:30 a.m. to 2 p.m. Participants must register by Saturday. Cost for registration is \$65 per person for SWGC members and \$75 for nonmembers. For more information, call 300-6321.

YOUTH AND CHALLENGED SPORTSMAN FISHING **TOURNAMENT**

Fort Rucker Outdoor Recreation staff hosts the annual Youth and Challenged Sportsman Fishing Tournament April 2 from 7-10 a.m. at Buckhorn Lake, Trophies will go to the top three weigh-in totals. The event is open to youth ages 3-15 years and challenged sportsmen of all ages. Challenged sportsmen will need an Alabama State Specialty fishing license and a free Fort Rucker post fishing permit. Cost is \$7. For more information and to register, call 255-4305.

SOFTBALL COACHES MEETING

A men's and women's intramural softball coaches meeting is April 5 at 9 a.m. in Bldg. 4605. All coaches should attend this meeting. For more information, call 255-2393.

HEALTH AND NUTRITION FAIR

Child, Youth and School Services Sports and Fitness Department staff hosts the annual Health and Nutrition Fair for CYSS members April 6 from 2-4 p.m. at the Youth Center gym. There will be eve and hearing screenings, blood pressure checks, height and weight measurements, a registered dietitian, Directorate of Morale, Welfare and Recreation Partnership Edge! representatives, Family Advocacy Program representatives, physical therapy, dental clinic, preventive medicine, the 4-H Club,

SEE SHORTS, PAGE D4



Shawn Holmes, right, Fort Rucker Aquarians dive master, shows the new group of students how to properly use a snorkel during the club's first meeting of the season

New students learn about scuba diving

BY RUSSELL SELLERS

Five new dive students got their first taste of scuba training during the Fort Rucker Aquarians club's first meeting of the season Monday at Splash! pool.

The group of first-timers learned about proper breathing techniques, underwater swimming and survival swimming during the class, said Will Grafton, Aquarians club president.

Getting to know the students' skill levels and teaching them some basic techniques is a high priority for the opening session.

"One reason we start with basic swimming skills is to prevent a diver from panicking during an emergency situation," he said. "The more comfortable they are in the water, the less likely they are to panic. Having a mask removed or a regulator pulled out of your mouth can make you want to shoot to the surface for air."

Techniques such as mask clearing are also essential for scuba diving. Members of the club learn how to clear a mask and how to control their breathing underwater without needing to get to the surface first.

or fogs up it can cause a diver to panic," Grafton added "It's important all divers know how to correct these problems without needing to get to the surface."

During the meeting, students worked on ba-



Lindsey Reich, Fort Rucker Aquarian club member, pushes off to begin her underwater swim.

sic swimming from one end of the pool to the other and then moved on to snorkel training.

Shawn Holmes, a UH-60 instructor pilot with 1st Battalion, 212th Aviation Regiment and Aquarians dive master, showed the students how to properly use a snorkel and how to avoid some potential problems while using it.

"It's very important to never breathe through "If a mask gets flooded your nose while using a snorkel," he said. "It's surprising how many people have trouble with that when they start using one. That's why we practice it now and get the students used to working in conditions that might cause them to panic."

Holmes showed the students how to approach a snorkel that is already submerged by clearing the airway and taking cautious breaths to make sure it's safe to

CW2 Brian Williams, E Company, 1st Bn., 212th Avn. Regt. UH-60 instructor pilot and new Aquarians club member, said it was exciting to be able to learn something new. While he has some experience with diving, he's never had formal train-

"I have tried scuba diving before when I was in the Dominican Republic, but the training wasn't what it should have been," he said. "I'd love to

be able to go new places and try diving while on vacation. I'm really looking forward to deep water diving and maybe some cave diving."

The training day closed with Holmes and Grafton showing the students how to use "survival swimming" techniques to keep themselves afloat for long periods of time.

"This exercise is meant to help them survive if they're in a situation like if a boat they were on in the middle of the ocean suddenly sank and they have to wait on someone to pick them up," Grafton said. "These techniques can also be applied to help them swim long distances without getting tired quickly."

Lindsey Reich, new Aquarian club member and military spouse, said the class was challenging, but she's looking forward to the new experiences it could bring.

"It was a good class, but I do need to work on my breathing," she said. "I did some mandatory swimming classes in school, but I've never done anything like this before. I'm from Pennsylvania originally and there's not a lot of stuff like this there. It's going to be great to be able to travel and see some of the sea life up close"

For more information, call 774-3483 or 347-6936.

Down Time









Just Like Cats & Dogs







1. GEOGRAPHY: What is an older name for the country of Ethiopia? 2. BUSINESS: Who founded a com-

pany called De Beers Consolidated 3. HISTORY: For what crimes was

Socrates executed?
4. LITERATURE: What did Madame

Bovary's husband do for a living?

5. ANATOMY: Where are the con-

junctiva located in the human body?

6. GOVERNMENT: Which of the original 13 colonies did not attend the Constitutional Convention of 1787? 7. SCIENCE: What common alloy is

made up entirely of copper and zinc? 8. FAMOUS QUOTATIONS: To which U.S. president is the follow-

ing quote often attributed: "Better to remain silent and be thought a fool than to speak out and remove all doubt"? 9. GENERAL KNOWLEDGE: Who coined the term "muckrakers" for cru-

sading journalists and other writers? 10. POETRY: How old was the Romantic poet John Keats when he

See Page D3 for this week's answers.

Super Crossword

11 Joyful 12 Fido's friend 13 Golfer Dutra 14 Place before

place 15 Yvonne of

TRIPLETS

90 Footfall 92 "—

92 "—
Watched
Trains"
('66 film)
93 Kirstie
Alley's
birthplace
94 Kind of
curtain

curtain 95 Wrote 97 Priest or rabbi 99 "— Weak"

('88 hit) 101 Shake-

101 Shake-spearean sprite 103 Singer Payne 106 Celtic 107 New York stadium 108 Pyramid, for one 109 Put the metal to the metal

metal 110 "Under-

stood!" 113 Onassis

nickname
115 1002, to
Tiberius
117 Augsburg
article
118 Calendar
abbr.

ACROSS 1 Press 6 Press 11 Press 16 Ramis or Robbins 17 Immature insect — -than-18 thou 20 Dressed down 21 Stage backdrop 22 Displayed 24 TV's "The — Patrol" 25 Rock's — & the Juniors 27 Triangular

sail
29 — later
date
30 Gung-ho
32 Cassowary
kin

33 Muff 34 Starting at 35 Salami city 37 Bouillabaisse

or burgoo 40 "An apple

42 Deck type 43 Reel 45 Reel 47 Reel 48 Choir

member
50 "Don't Be
—" ('56 hit)
51 Have in
mind
52 Sound

30

100

105 112

- 55 Sound 56 Sound 59 Nobelist Wiesel 60 Dundee denizens 62 TV's "—
- 74 "What boy am !!" 76 Lowdown singer? 77 Pop 79 Pop 81 Pop 83 Charged atoms 84 Musical movement
- movement 86 Sheep's
- 86 Sneep's shaker 87 Bar 89 Bar 91 Bar 94 Move swiftly 95 Hammer part 96 Campus oro.
- 96 Campus grp. 98 Chou 100 Artist Benjamin 101 Pres. candidate

- of 1952
 102 Wee one
 104 TV's "The
 Show"
 105 Parker of
 football
 106 Vintner
 Gallo
 109 blade
- 62 TV's "— Gallo
 112 "Vostok l"
 Fassenge
 Fairy queen
 70 Creative
 work
 72 Terra T4 "What boy am I!"
 Toposatriar
 20 Boxer
 - T19 Indian
 Zoroastrian
 Zoroastrian

1 Arroyo or

2 History division 3 Speck 4 — France 5 Cartoonist Charles 6 Panache 7 Cole or Coleman 8

Weimaraner

s warning 9 Ellipse 10 Out-of-this-world org.

Hingis 2 History

DOWN

- 15 Yvonne of "The Munsters"
 16 Flung
 19 Update a factory
 20 Improve oneself, in a way
 23 Clammy
 26 Tavern staples
 28 Glum drop?
 31 Contribute
 34 Covers
 36 Bill of Rights grp. grp. 38 Catchall abbr.
 39 City
 districts

 - districts
 40 "Secret —
 Man"
 ('66 song)
 41 Singer
 Shannon
 42 Autumn
 birthstone
 44 Greek
 - 44 Greek vowels 46 Computer abbr. 47 Vast quantities 49 Nero
- 74 Calculatir reptile? 75 Olive 76 Fit in 78 Plunder 80 "Ask Girl" ('59 film) 82 Annoy 84 Actress Charlotte 85 Granada gold

Wolfe's hobby 51 Apportion 52 Take the honey and run 53 — City, IA 54 "—

Sixteen"

('60 song) 56 Destruction 57 Tarzan, for

57 Tarzan, for one
58 It makes rye high
59 Freud topic
61 Pro —
(for now)
63 Crone
65 "Nova" network
71 Tap
72 Baptism site
73 Descending, to Donne
74 Calculating reptile?

gold 87 North Pole sight 88 Bouquet 89 — majesty

Weekly **SUDOKU**

by Linda Thistle

	9		6			2		8
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4				8		7		
5				2				9
		9			8		7	
	7	2	9			5		
	3		П		1			5
		4	3	6			1	
2			7			6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★

* Moderate * ★ Challenging *** HOO BOY!

See Page D3 for this week's answers.

Kid's Corner

121

7. Definite; fixed.

LAME

120

See Page D3 for this week's answers

LACE LACK LUCK DUCK

ON THIS ONE! Everything will be "ducky" if you can solve these problems in under five minutes. In this type

Junior White Barry Townsend

of problem you are given a word that must be changed into another word in a series of moves. During each move, you must change one letter in the previous word to form a new word. In our example, we changed LAME to DUCK in four moves. See if you can change the following words in RARE to FIND SORE to HEAD

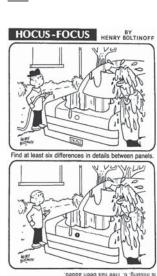
4. TINE to FORK 5. LIFE to WORK

3. NAIL to FILE

Wishing 🏝 Well® 7 5 R E ОВ N V B 6 5 2 O U O 6 V 8 S 6 E 8 ORE 8 5 3 8 5 4 T D N O A G N L E D

5 4 2 8 5 7 T W M R W I 8 2 8 1 H 6 2 8 6 R U N E UEPDAS 2 4 5 E I H 5 3 3 6 3 8 TUSCE HESE 3 4 8 7 3 4 3 4 8 4 3 4 4 C L D Y E C S L S E S A R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the up-per left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.





FABULOUS FIVES! Professor Flunkum challenges you to add four fives together in such a way that their sum will equal 6 1/2.

Z/L 9 = Z/L+ L + 9 = 9' + 9/9 + 9 'Jewsu'y

THE "E" PYRAMID! As you move down the word pyramid shown here, each word contains the same letters as the word above it, plus a new letter. We give you all the E's. Here are some hints from the top down: 1. A direction (abbr.) 3. A period of time. 4. A unit of area. 5. Used for shipping. 6. Birds and bees love it.

8. A sugar or tea tin. is: The words are: E (East), re, era, i

Army hits bull's eye during NCAA competition

BY BRIAN LEPLEY

BENNING, Ga. — The NCAA Rifle Championships usually have the U.S. Military Academy team competing, but this year there was a lot more Army flavor.

The 2011 matches March 10-12 were cohosted by the U.S.Army Marksmanship Unit and Columbus State University of Columbus, Ga.

USAMU's Pool Range at Fort Benning was the site of the smallbore competition March 11, while the air rifle event happened at Columbus State, March 12.

USAMU commander, sport." was the speaker at the tournament's opening and closing banquets.

"Supporting the championship matches was a create a community natural fit for the USAMU," Hodne said. "Our teams the Pool Range March the Army Accessions of Olympic, national and 10. international champions were very proud to host Van with helicopter, representing 14 unithese collegiate athletes M1 tank and Humvee versities began their this week. We're all part simulators were set championship quest at of a terrific team promot- up next to a shooting the Army's Maneuver



West Point junior Kelly Buck competes in the NCAA Rifle Championships last week, where she finished seventh in the smallbore rifle competition and 10th in air rifle.

Lt. Col. Daniel Hodne, ing and developing the

The Accessions Support Brigade, AMU's higher headquarters, worked with AMU to outreach event near

demonstration by the AMU's shotgun team at the range complex.

While the collegiate

shooters practiced, nearly 700 civilians from the southwest Georgia region visited displays. The next day, The Army Adventure 49 college shooters

Center of Excellence. Among those teams

five cadets: senior John Manzano, junior Kelly Buck, sophomore William Mengon, and freshmen Richard Calvin and Michael Mat-

This year was Buck's third straight trip to the NCAAs. She finished fourth in smallbore as a freshman and ninth

seventh in smallbore and finished tied for ing rigors. 10th in air rifle, one finished eighth in the team competition.

been getting harder," Buck said. "The scores have been going up every year, so I'm just trying to keep up with everyone. As Army gets better, everyone else gets better."

University Virginia 2011 combined title. The Wildcats claimed 2,336-2,329, while the rifle.

ing its eighth straight U.S. Army Marksman-NCAA appearance, shooters from West Vir- bus State University to ginia University, Uni- host this NCAA Rifle

Last week she was nament do not deal with West Point's train-

"We do everything shot out of a shoot- every cadet does and off to compete for on top of that we're the individual title. NCAA athletes," Man-Overall, the Army team zano said, "We practice every single day almost every week, and that's "The competition has a challenge. It's hard work to get everything done and then add to

At the tournament's awards dinner. Buck was named an All American in smallbore for 2011 The rifle tour-The University of nament does not have Kentucky edged West a permanent home, but it could return to Co-4,700-4,697 for the lumbus and Fort Benning for 2012.

"Fort Benning and Cowas West Point with the smallbore cham- lumbus feature promipionship over WVU, nently in the history of competitive shoot-Mountaineers edged ing in America and this UK, 2,368-2,364, in air event just adds to that legend," Hodne said. While the U.S. Mili- "It's been a great parttary Academy was mak-nership between the ship Unit and Columversity of Kentucky championship.



Batting cages open

Taylor Penix, 8, practices his swing at the Fort Rucker batting cages Monday. Penix is preparing for the upcoming baseball season. It will be his first playing season here. The batting cages are open to the public Mondays-Fridays from 4-8 p.m., Saturdays 10 a.m. to 6 p.m. and Sundays 1-6 p.m. For more information, call 255-9105.



Field domination

Olivia Welch, Fort Rucker Dynamite player, attempts to drive the ball around Jessica Howard, Fort Rucker Cheetos player, during the teams' game Monday during 11-14-year old competition. Dynamite won, 2-1.







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PUZZLE ANSWERS

Weekly SUDOKU

			An	ISW	er			
3	9	7	6	1	4	2	5	8
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8 7 4 5 6 9 3

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Α	C	Ε		Е	R	Ν	E	S	Т	327	W	1	P	E	R			S	S	E
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		Y	1	E	L	D		Α	В	1	D	E		C	Α	R	R	Y		

Super Crossword

SPORTS SHORTS Continued from Page D1

a nutritionist and Military and Family Life Consultant Program representatives. For more information, call 255-9105.

GOBBLER CLASSIC TURKEY HUNT

Fort Rucker Outdoor Recreation staff hosts the annual Gobbler Classic Turkey Hunt. April 8 from 5-10 a.m. Trophies and door prizes will be awarded. Participants must have an Alabama State Hunting License and a Hunter Safety Education Course Completion Card. Cost for participation is \$10. For more information and to register, call 255-4305.

FAMILY FUN RUN

Army Community Service staff hosts a Family Fun Run/Walk April 16 at 9:30 a.m. at the Fort Rucker Physical Fitness Facility. Preregistration is now through March 31 and costs \$7. Late registration is \$10 after March 31. No registration fee is required for infants or children age 18-months and younger. Participants may register at the CYSS Parent Central Services, Child Development Center, Youth Center, both Physical Fitness Facilities or by mail. Children 10 years and younger must be accompanied by an adult. Participation awards will be given to all registered participants age 16 and under. Registration includes a T-Shirt while supplies last and \$5 for the no T-Shirt option. For additional information on Child Abuse Prevention Month activities, call 255-3898.

NASCAR TICKETS OFFERED AT LEISURE TRAVEL

The Fort Rucker Leisure Travel office offers Talladega Superspeedway tickets for e NASCAR races April 16-17. The prices are \$90 per person for both days and \$45 for Sunday only. Seating is in the Gadsden Grandstands. For more information, call 255-9517.

BOOT CAMP

Fortenberry-Colton Physical Fitness Facility staff hosts a Boot Camp from April 25 to May 20. It is five days a week with a 6:30-7:30 a.m. session or an 8-9 a.m. session. The cost is \$75 per participant and includes weekly consultations to keep track of people's progress, training with certified personal trainers and access to all group fitness classes during the course. T-shirts will be given to all participants who complete all four weeks of training. Orientation is April 22 at the Fortenberry-Colton PFF at 6:30 a.m. and 8:00 a.m. Registration forms are available at either Physical Fitness Facility. For more information, call 255-3794.

March is Colon Cancer Awareness Month



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