

GIVING BACK

Flight students clean up history
Story on Page C1



REDEMPTION

Wolf Pack closes curtain on Showstoppers
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VOL. 61 ■ NO. 10

FORT RUCKER ★ ALABAMA

MARCH 10, 2011

NEWSLINES

FPCON LEVELS

A force protection exercise is next week. People should be prepared for increases in Force Protection Condition Levels.
See Page A2 for full story.

DIVINE CALLING

Army chaplains are called to provide pastoral services to servicemembers and their Families.
See Page C1 for full story.

LYSTER AWARDS

Lyster Army Health Clinic earned a cash award for outpatient service and will use the money for further improvements in patient experience.
See Page C5 for full story.

AAAA GOLF TOURNAMENT

The Army Aviation Association of America sponsors a golf tournament to raise money for scholarships available to Army Aviation Soldiers and their Families April 1.
See Page D3 for full story.

LYSTER CLOSED FOR TRAINING

Lyster Army Health Clinic will close at 1 p.m. on Wednesday for training. This will include the patient care clinics, pharmacy, laboratory, radiology and all administrative areas.

FORT RUCKER COMMUNITY PRAYER BREAKFAST

The Fort Rucker Community Prayer Breakfast is March 28 from 7:30-9 a.m. at The Landing. The breakfast provides an opportunity for local leaders, military and civilian personnel, Family members, and surrounding communities to meet and uphold those in authority in prayer. The guest speaker is James C. Hunter, author of two international best-selling books: *The Servant* and *The World's Most Powerful Leadership Principle: How to Become a Servant Leader*. Tickets can be obtained from unit representatives, unit chaplains or the Garrison Chaplain Office (Bldg. 8945). The cost of breakfast is \$8. For more information, call 255-2989 or 255-2012.

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FRIDAY	
High 64 Low 41 Sunny	
SATURDAY	
High 71 Low 44 Sunny	

Patch makes move official



Col. Stanley Smith, WOCC commandant, places the ATSCOM patch on Maj. Jack Stewart, 164th TAOG Rear Detachment commander, during a patch change ceremony at Knox Army Heliport Friday. The patch change officially brings the 164th TAOG and 597th Maintenance Company to ATSCOM from FORSCOM.

BY RUSSELL SELLERS
Army Flier Staff Writer

Soldiers in the 164th Theater Airfield Operations Group and 597th Maintenance Company are officially in the same "Family."

The two units changed from the Army Forces Command patch to the Air Traffic Services Command patch during a short ceremony at Knox Army Heliport Friday.

Col. Stanley Smith, Warrant Officer Career College commandant, officiated over the transition and placed the first patch on the left arm of Maj. Jack Stewart, 164th TAOG Rear Detachment commander. Smith was part of one of the first units to receive the patch when it was created in 2003.

"This came about in October 2003, when I was a battalion commander with the (1-58th Airfield Operations Battalion) at Fort Bragg, (N.C.)," Smith said. "I had the honor of going through a ceremony just like this one and I got to wear this patch. I think it's the coolest patch the Army has."

Smith went on to explain the symbolism behind the colors and design of the patch before the two units commanders and first sergeants placed them on the left arms of the units' members.

Ultramarine blue and golden orange are the colors traditionally used by Aviation units associated with ATSCOM. The spearhead shape is adapted



SEE PATCH, PAGE A5

'Spice' use on rise among servicemembers

BY RUSSELL SELLERS
Army Flier Staff Writer

Directorate of Public Safety officials said the use of a synthetic cannabis substance is increasing among servicemembers, but it is now considered illegal in the U.S. military.

According to Maj. Jay Massey, Fort Rucker DPS deputy provost marshal, substances known as "Spice" or "K2" have been marketed as a "marijuana substitute" because they were not considered illegal in the U.S. and have "similar effects."

However, according to published reports from the U.S. Drug Enforcement Agency, these artificial substances are now considered a Sched-

ule 1 substance, the most restrictive category under the Controlled Substances Act. All five branches of the U.S. military have banned the substance.

While not illegal in every state, all servicemembers are restricted from buying, selling, using or possessing any form of the drug, said Peggy Contreras, Fort Rucker Community Police supervisor.

"What brought all this about is that drug users, seeking to get high, are always looking for ways to get around the law," she said. "Now, 'Spice' is an illegal substance."

The substances used in making

SEE SPICE, PAGE A5



COURTESY PHOTO

The serious side effects associated with "Spice" and its hallucinogenic properties prompted officials to classify it as an illegal substance, prohibiting U.S. military servicemembers from using the product.



The Fort Rucker Public Affairs Office staff provides constant news and video updates through YouTube, Facebook and Twitter. Pictured above is a screen capture of the PAO YouTube channel <http://www.youtube.com/ftruckerpaol/>.

Social media brings post to wider audience

BY RUSSELL SELLERS
Army Flier Staff Writer

The Fort Rucker Public Affairs office is finding new ways to bring Soldiers and civilians the latest news about the installation.

By incorporating new social media Web sites like *Twitter*, *Facebook* and *YouTube*, PAO is bringing the world "Fort Rucker Now" videos and a new set of social media programs aimed at today's Soldiers and Families.

Lisa Eichhorn, Fort Rucker public affairs officer, said the new pro-

gramming will allow those who rely on the Internet for news and information a chance to find out more about the happenings on post sooner.

"It's challenging to keep up with technology today," she said. "Knowing what the trends are to make sure we're reaching our Soldiers and Families is important. Social media and the Internet are quickly taking over as the primary medium for how people get their information. We think

SEE MEDIA, PAGE A4

ARMYFLIER

COMMAND

Maj. Gen. Anthony G. Crutchfield
FORT RUCKER COMMANDING GENERAL

Col. James A. Muskopf
FORT RUCKER GARRISON COMMANDER

Lisa Eichhorn
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Perspective

LET YOUR VOICE BE HEARD BY WRITING AN E-MAIL TO THE ARMY FLIER AT KFord@ARMYFLIER.COM.

Leaders, Soldiers, Families should set right example

BRIG. GEN. WILLIAM T. WOLF
U.S. Army Combat Readiness/Safety Center, director of Army Safety

This month marks the midway point in fiscal 2011, and our Army is poised to continue our ongoing downward trend in fatal accidents for yet another year.

We opened the second quarter 15 percent below last year's total fatality numbers for the same time frame and statistics in our key privately-owned vehicle category were even better, down 26 percent for the year. This great news reflects the commitment and dedication of all our leaders, Soldiers, Families and civilians to the safety of our force and to each other. Thank you for all your hard work.

This trend is certainly welcome, and it appears we're headed in the right direction in countering the No. 1 accidental killer of our Soldiers. However, we can't become complacent and think our problems with POVs are at a point of solution. The improved numbers we're seeing are actually masking a devastating issue with Soldiers not using seat belts, and a majority of our POV fatalities to date have been attributed at least in part to neglecting to buckle up.

The circumstances behind most of these fatalities is remarkably similar: a loss of control, the vehicle striking another vehicle or stationary object and sometimes rolling over, with the Soldier driver and/or passengers ejected during the accident sequence. At least two of these fatal accidents occurred on post, and a third occurred during the Soldier's drive to work for his regular duty day.

Five of the six fatalities were 24 years old or younger, meaning they grew up in an age of mandatory seat belt laws well before they assumed the military obligation of always buckling up. Willful disregard for standards is a leader, Soldier and Family issue, and it will take a concerted effort by all three groups to curb this growing and disturbing trend.

For Leaders, off-duty standards enforcement has always been among the most difficult of all responsibilities. First-line supervisors can't be with their Soldiers all the time, but they can engage with them during the duty day about the risks of driving and other off-duty activities.

Since the drive to and from work will be the most dangerous part of the day for many of our Soldiers, it's only logical that leaders spend the time and effort required to ensure their subordinates are informed and empowered to make smart decisions after the duty day ends. It's also important for leaders to get to know their Soldiers personally so they can learn what interventions work for a given individual.

Safety isn't a "one-size-fits-all" pursuit, and an approach that works with one Soldier won't necessarily work for another.

As the weather begins to gradually warm up, many Soldiers will want to bring their motorcycles out of cold weather storage and prepare them for the approaching spring and summer riding season.

This is a great time to take the opportunity to have the bike serviced, check the serviceability of personal protective equipment

and get motorcycle refresher training completed. Some of the basic riding skills are quickly perishable over the fall and winter months, and now is the time to get some much needed refresher training before taking those long rides later in the season.

Our Army continues to lose Soldiers due to acts of indiscipline. The acts of excessive speed, reckless riding, a lack of properly approved motorcycle training and failure to wear proper personal protective equipment continue to show up in accident findings.

Leaders, the ruthless enforcement of standards for our motorcycle riders is the only way to stop these senseless losses. Leaders can and should conduct on-the-spot checks for licensing and approved motorcycle riding training for their riders, as well as inspecting their Soldiers' motorcycles periodically.

Tools and checklists for the inspection of motorcycles and PPE can be found on the U.S. Army Combat Readiness/Safety Center Web site under the POV/Motorcycle Safety tab.

Another great source of information that also promotes safe riding through experienced rider mentorship is the Motorcycle Mentorship Program. This installation-based program promotes an environment that can create positive conduct and behavior while riding and serves as a force multiplier that supports a commander's motorcycle accident prevention program.

Because every Soldier has his or her own unique needs, Soldier-to-Soldier and Family engagement is critical in this fight. Friends and

Family members generally know their Soldiers better than anyone else and have more access to them during their off-duty time. And, because of their close relationships, peers, spouses, parents and siblings can often make an impact even when others have tried unsuccessfully.

Never allow the Soldiers in your life to operate a vehicle unbelted, and let them know your concerns about their unsafe driving habits. You might be met with resistance at first, but, when it comes to a Soldier's life, it's an argument worth having.

Ultimately, the decision to wear a seat belt is a personal choice, but it's one that can be affected through positive interaction with others.

If you're in a leadership position, set the right example by doing the right thing all the time. The same standard applies for Soldier peers and Family members. Make the smart decisions and watch how your behavior affects your friends and loved ones.

The simple click of a seat belt is one of the sweetest sounds any driver or passenger will hear before an accident, and there's no better way to save lives on the road than by buckling up.

Each of you is doing a great job every day for our Army and our nation. Thank you for what you do, and let's get the last half of fiscal 2011 off to a great start today by staying engaged in Soldier safety. There's no better reward than watching your Soldiers thrive in both their on- and off-duty lives, so do your part by giving them the tools for success.

Army Safe is Army Strong.



PHOTO BY BREANNA WALTON

Volunteer of the Month

Worthwhile Information Needing Distribution Volunteer of the Month, Irene Sherman is presented the March Volunteer of the Month Award by Kim Crutchfield, wife of Maj. Gen. Anthony G. Crutchfield, USAACE and Fort Rucker commanding general, and Karen Hayes, Volunteer Corps.

Sherman has served Fort Rucker Community Spouses Club for three years and has fulfilled all the required duties associated with the position. She is also an Outdoor Recreation Committee Family Member representative, Skunk Hollow Neighborhood Social Coordinator, Army Family Action Plan Recorder and the 1st Bn., 223rd Avn. Regt. Family Readiness Group Advisor. Sherman was nominated by Fort Rucker Community Spouses Club manager Crissy Baker.

Rotor Wash

“March is workplace eye health and safety awareness month. How do you protect your vision?”



Capt. Sulaiman Almutairi,
International Military
Student Office

“I make sure I sleep well and get enough sleep. Staying up late can hurt your eyes. I also eat healthy and stay away from harmful lights.”



Staff Sgt. Gerald Burroughs,
158th Airfield Operations
Bn.

“To protect my eyes I am sure to always wear my military specs when driving and outside. I also try to stay indoors and if I am outside I try to stay in shaded areas.”



Pvt Janessa Long,
B Co., 1st Bn., 13th Avn.
Regt.

“Since I have glasses I try to take care of and wear them like I should because this helps protect and preserve my vision.”



2nd Lt. Kristina Hauge,
B Co., 1st Bn., 145th Avn.
Regt.

“I wear sunglasses when outside and I wear protective eye gear when on the flight line, this all helps in protecting my vision.”



WO1 Tristan Brown,
B Co., 1st Bn., 145th Avn.
Regt.

“I always wear eye protection when required and I also try to keep people's fingers out of my eyes.”

Exercise increases FPCON awareness

BY BREANNA WALTON
Army Flier Staff Writer

It is Tuesday morning, the siren sounds and there is word of a bomb.

Immediately, the Force Protection Condition is raised, Fort Rucker shuts down, gates close and everyone returns to their assigned units.

While this situation hasn't happened, people need to be aware of FPCON Levels and what to do during each condition, exercise or actual terrorist event.

The FPCON levels measure the threat level and allow the commander to apply an operational decision to best protect personnel or assets from a terrorist attack.

Five levels make up the FPCONs including: Normal, Alpha, Bravo, Charlie and Delta. See the attached graphic for further details.

Phase I of Fort Rucker's annual Force Protection Exercise is Monday and Tuesday and will test Fort Rucker's ability to respond to a terrorist attack.

Units on the installation will react and intelligence management will work with crisis management to set up a course of action for the commander.

Once the FPCON level is raised, units begin their preparations listed in the installation Antiterrorism/Force Protection Plan, which outlines every step that should take place in such an event, said Michael Whittaker, Installation Antiterrorism Officer.

During the exercise the fire department, hospital, military police and criminal investigation division respond along with active units.

While the details of the exercise are exclusive, Whittaker wants everyone to know this is just an exercise.

"Preparedness is the whole thing, it's going to be going on, let your children know if they hear the sirens that it's an exercise," Whittaker said.

"We will be very specific if it's not an exercise. If a real world event happens everything stops, safety is first. If you see or hear something in your neigh-

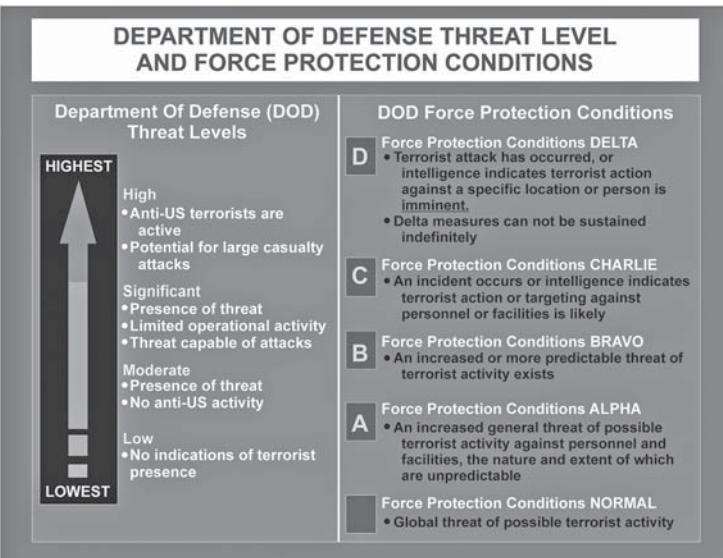
borhood that is not usual, call us. There are very specific targets for the exercise."

On Tuesday the commander and staff and his Crisis Management Team meet for Phase II of the exercise, which is remediation and recovery. A few of the situations will be simulated, such as ruptured gas lines, loss of utilities and damaged buildings.

The staff and management team will go through processes and phone calls of getting everything back up and running and will also document the process.

"This is so, in a real emergency, we know what our short comings are and we can fix them. We are testing all of our abilities and individual unit's response," Whittaker said.

Units have been reviewing their action sets and plans for this exercise and to prepare for real world occurrences. Recent events in our country's history have taught us terrorism can be lurking around any corner.



"This is not, 'Mr. Rogers Neighborhood' anymore. We have all kinds of domestic terrorism taking place," Whittaker said.

By reviewing the action set plans, units know what they are going to do to protect their units and areas at the different FPCON levels.

"If they don't have the physical assets or barriers needed or they need personnel to augment them, I

need to know before the fact, not after," Whittaker said. "That's why we do all these tactical Tuesday exercises, we run them through individual FPCON measures and then we make them report it."

The Force Protection Exercise allows units, commanders and resource managers within Fort Rucker to practice skills needed to protect themselves and others

within the Fort Rucker community.

It is very important to be aware of the exercise taking place, expect sirens and emergency activity on base," Whittaker said. "The targets will be specific, if you hear anything unusual, call 255-2222.

Also there may be short delays in traffic associated with the exercise, but training will be only minimally affected.

Joint course provides training for trainers

BY KELLY PATE
Fort Rucker Public Affairs Office

Imagine being an Army captain who's just returned from Afghanistan.

You've worked with your Air Force counterparts, and had that experience recently.

Now, in front of your classroom at Fort Rucker is a trainer who has been back from the joint warfight for a year or more, so your instructor's experience is more dated than yours.

Finding professional military education opportunities to strengthen instructor credibility is the reason Maj. Lee Ambrose, A Company, 1st Battalion, 145th Aviation Regiment, commander, brought the week-long Joint Firepower Course, and the Army Joint Support Team instructors to teach it, at Fort Rucker for the first time Feb. 28-March 4.

"It was really identifying a need in the community and Armywide to understand how the Air Force operates in working with Joint assets, especially Aviation assets," Ambrose said. "As you see more and more Unmanned Aircraft Systems, and all kinds of different platforms, that level of training and interaction is



PHOTO BY KELLY PATE

Barry Murray, Senior Trainer/Instructor, Army Joint Support Team, teaches a class of instructors during the Joint Firepower Course Feb. 28-March 4.

something you don't get in flight school. You really only get it in your deployment experience. So we're trying to bring that to the schoolhouse. This course makes our cadre more experienced and prepared to teach current operational roles and doctrine."

Ambrose was among nine members of his company enrolled in the course, which Soldiers usually travel elsewhere to take. Bringing five Army and Air Force instructors here from Nellis Air Force Base, Nev., and Hurl-

burt Field, Fla., resulted in savings in training costs, and opened up 60 course slots to Fort Rucker Soldiers to benefit from the opportunity, Ambrose said. That cost savings results in better use of taxpayer dollars for the Army and the Aviation Branch.

Ambrose's company teaches five courses, including the Captain's Career Course, Warrant Officer Advanced Course, and Aviation Pre-command Course. The potential impact of the professional development for A

Company alone could reach upwards of 500 students per year, he said.

The course, which is ideal for company grade officers and noncommissioned officers with some operational experience in a unit, is very popular with Soldiers and Airmen who are soon deploying. The goal is to provide them with an understanding of the actions required to synchronize and integrate joint fires in support of the ground commander's intent, said Col. Mike Klingele, director of the Army Joint Support Team based at Hurlburt Field, Fla., which is part of the Combined Arms Center for Training at Fort Leavenworth, Kansas.

"The training and practical exercises help develop skills that Soldiers will use every day on the battlefield in Afghanistan. We try to package and deliver the training as tools to add to their toolkits," Klingele said. "The written tests are very challenging, so when they walk out of here with their certificates they should be really proud."

The students, from the ranks of major down to private, were taught on a condensed timeline which covered the normally

14-day graduate-level course in one week, said Maj. John Fernandez, Aviation Captain's Career Course instructor, who was instrumental in bringing the course to Fort Rucker. Fernandez also took part as a student in the course.

"I'm a ground guy. We use this for bad days," Fernandez said, pointing to the nearly 500-page workbook for the course. "I come from an operational background, and what I like to do is look for training opportunities to keep all Soldiers current on what's going on outside of their everyday occurrences."

Fort Rucker Soldiers have a wide diversity in specialties and skills, work as trainers and doctrine developers, and have a chance to impact the next generation of warfighters with what they learn in the course, Klingele said.

"Here we get to reach the folks who will, in turn, pass this (training) on to the larger audience of deployers," he said. "Additionally, we do anything we can to give a Soldier more time with his head on his pillow at home, more time with his Family. We're looking forward to coming back when Rucker needs us again."

LCT 2 forms, gets CG's marching orders

BY JIM HUGHES
Command Information Officer

Fort Rucker and U.S. Army Aviation Center of Excellence's newest Leading Change Team officially took the controls of change within Army Aviation and the post at a meeting March 2.

With the 48 members selected, the new team went through training March 1, then attended a joint meeting with outgoing LCT members and received its marching orders from Maj. Gen. Anthony G. Crutchfield, USAACE and Fort Rucker commanding general.

Crutchfield started the meeting off by speaking about the challenges the nation faces in regards to its debt.

"(Budget constraints) will filter down to our Army, and serious changes will be made in our Army," he said, adding that in the country's history, military drawdowns are a fact of life.

The general said he didn't expect the LCT to do anything about drawdowns or budgets.

"You're not going to

be able to do anything about that, but what I ask the LCT to do is to look at how we, as an Army, as a branch, adapt to that," Crutchfield added. "That's change, right? With or without us, it's going to change."

The general said it is important for the Aviation Branch to set its own course for change, rather than have change handed to it by events. He added that the previous team looked primarily at local changes to make life better at Fort Rucker and USAACE by an 80 to 20 percent ratio. He said that focus needs to be turned upside down.

"I want you to take your energy, your passion for changing things at the tactical and local level — like putting in a crosswalk or a sidewalk — to an operational or strategic level for our branch, our Army," he said. "We have to shift this thing. We need to turn the power on now and think bigger — that's why it's the Big Opportunity."

This shift in focus does not mean the general doesn't care about making things better at the post



PHOTO BY JANE ARMSTRONG

Maj. Gen. Anthony G. Crutchfield speaks to members of the new Leading Change Team March 2.

— he just wants to utilize the talents of the team on a grander scale.

"Sidewalks, crosswalks, traffic lights — we have forms to get those things put in," Crutchfield said. "And we have me. Someone says, 'Hey general, we need a crosswalk over

there.' OK, you got it — ding. It's done."

But the strategic and operational side is harder, he said.

"If you think that what you do and your ideas at Fort Rucker can't affect what happens outside the gates and reach our Army

and our branch, then I think you're wrong," the general said. "There are plenty of things that you can change that will have lasting impact on our Army."

Crutchfield added that he intends to flatten the organizational structure of the LCT for this go-round to ensure quick action and effective communication.

"I don't want what you do and what you say to come through 30 people before it gets to me," he said. "If you need something knocked down and I've got to do it, you have to tell me. I don't want it swirling around — there are certain things you can't do that I can do. There are things I can't do, that I'm going to have to move higher."

Crutchfield thanked the team for volunteering to help bring about the change to make the Army Aviation better.

"I'm here to help you — we're going to make this work," he said. "You're already doing great things."

The general's message was received loud and clear from the new team members, including Capt.

Anne McClain, 110th Aviation Brigade, who was a member of the first team.

"It's very exciting to be able to shift the focus to a broader impact," she said. "I chose to be part of the second team really because I wanted to be involved with the new energy coming in, the new focus. This second year, the strategic focus and level of impact across Fort Rucker and the Branch is why I'm here."

New team member Howard Preskitt, 1st Battalion, 212th Aviation Regiment, agreed that this is an exciting time to be on the LCT.

"There are a lot of great people with a lot of experience on this team, and I look forward to tapping into that," he said. "It'll be exciting to see the future — to see the changes in Army Aviation, and also to see the changes in technology and how we adapt to them."

"It was great to hear from the general — we have to have his vision," Preskitt said. "Hearing him lets us know what is on his mind, and gives us the direction we need to take."

Media: Outlets allow maximum information dissemination

Continued from Page A1

we've found a way to cross-market our products to the Soldiers, Families, retirees and communities by incorporating these services."

Some things people can expect to see in the *Army Flier* and through the various social media outlets include expanded content such as videos from around the installation and more photos through other Web sites like *YouTube*, *Flickr*, *Facebook* and *Twitter*.

"This is a great way to have more Fort Rucker content available in more places," said David Agan, Fort Rucker Public Affairs Web content manager. "The Fort Rucker Web page is the main hub for this new information. There are links to all of our social media sites there."

Increased feedback from the community is another goal of the expanded media outlets, Agan said. Going through sites like *Facebook* and *Twitter* allows people to share their thoughts and information on

Fort Rucker news.

A new feature of Fort Rucker media is the addition of video content to help *Army Flier* readers be more connected to the stories they read each week, said Jay Mann, Command Information assistant.

"Fort Rucker Now is not like a newspaper article," he said. "Articles in the paper have more detailed facts, but these short video clips or series of photos are meant to give people a preview of what they can find in the paper or on the Web site. It adds a whole new dimension to stories. If people get to see a short clip or photos from an event before the story comes out, they can visualize it and the story will complete the picture."

Jim Hughes, Command Information officer, said the key is to get people to pick up on the available information.

"Normally, throughout an Army post you'll find the newspaper and the information channel," he said. "Some installations have dabbled in *Face-*

book and *Twitter* with varying degrees of success. When people see the videos or the photos, they'll know to look to the paper or the Web site for the full story. This maximizes our efforts and gets information to our audience sooner."

Hughes said this is just the next phase in the progression of how people get their information.

Hughes added that the PAO welcomes what he calls "stringers" to exercise their journalistic skills to add even more content about Fort Rucker programs, Soldiers, Families and community members. Who are these stringers? Anyone that whips out a camera, still or video, and jots down some notes of something happening on the post.

"We would love for the community to send us photos, videos and little write-ups about events or happenings related to life at Fort Rucker," he said. "If you're taking part in a fun run or at the event to cheer on a loved one, click a few pics or

Guide to QR Codes

Those reading the *Army Flier* may also notice the addition of Quick Response codes to the end of certain stories.

A QR code is a two-dimensional code, readable by dedicated QR barcode readers and smartphones.

The information encoded can be text, Web site links or other data. These codes can be scanned using a smartphone and the reader will be directed to an address to view video or extra content from the event.

Check out your smartphone's app market for soft-

ware that will enable you to use QR codes.

Scan this code with your smartphone



to check out a Fort Rucker Now on child supervision.

shoot a few minutes of video—we may be able to push it out through one of our channels."

For more information, visit Fort Rucker's various social media pages on *Facebook* at

www.facebook.com/fortrucker, on *Flickr* at www.flickr.com/photos/fortrucker, on *Twitter* at www.twitter.com/ft_rucker and on *YouTube* at www.youtube.com/fortruckerpao.

Chandler sworn in as 14th SMA

BY J.D. LEIPOLD
Army News service

WASHINGTON — The Army's 14th sergeant major of Army was sworn in during a March 1 standing-room-only ceremony in the Pentagon.

Command Sgt. Maj. Raymond F. Chandler III, a 30-year veteran, was administered the oath of office by Army Chief of Staff Gen. George W. Casey Jr.

Following the arrival of the official party, Casey welcomed the newest SMA, his wife, Jeanne, and their six children to the nation's capital. Casey then told the audience it was a "great day to be a sergeant" — which brought on a rousing "hooah" from the crowd.

"As I looked at trying to figure out who the next sergeant major of the Army ought to be, it was a very difficult task because frankly we have an Army that is replete with talent in our noncommissioned officer corps, and nowhere is it more pronounced than among our sergeants major," Casey said.

Casey outlined Chandler's career, highlighting his last position, where he was the first enlisted Soldier to serve as commandant of the Sergeants Major Academy. Chandler had previously served as the academy's command sergeant major. The chief said what impressed him most about Chandler's career was the series of assignments that demonstrated such a range of experience in a senior enlisted leader.

"As I looked at what he'd done, it struck me that I hadn't seen this much versatility in very many noncommissioned officers," Casey said, noting his experience in both armor and javelin units throughout the world. The general also noted his service as a command sergeant major during combat in Iraq.

"He brings a great wealth of talent to this position, from the opera-

tional side, the installation side, the institutional side and the Reserve Component side," Casey said. "He has a deep understanding of what it means to be a citizen Soldier, and I think he'll bring that to bear here as we go forward trying to operationalize the Guard and Reserve."

Chandler served a three-year tour as an active duty adviser to the 155th Armored Brigade, Mississippi National Guard, in Tupelo, Miss.

Then Casey offered advice to Chandler: "Be a role model for every Soldier. Be a mentor for every sergeant, and be a hard-nosed adviser to the secretary and me."

Following administration of the oath, Chandler took the podium, thanking first his family, friends and senior leaders along with those who had guided him through his career.

"I am humbled," Chandler said of his selection as SMA. "Many of you I have served with, and I am a product of your leadership. I'm here because you saw faith in me and counseled me and coached me and helped me develop into being a professional as part of this profession of arms."

"Each of you has upped my life or another noncommissioned officer's life in some way which has taken us to this place where our Army is today — we have the best Army that our nation has ever fielded, there's no doubt about it," Chandler said. "But our Army is also tired, and we have many more miles to travel, so all of us as a Family need to look out for one another and to wrap our hands around those Soldiers and Families who have borne the burden of these many years."

"As the Army's sergeant major, I will serve as a scout and conduct reconnaissance with the chief and provide him with information that he can turn into intelligence with the secretary and make informed decisions for our Families and Sol-

diers so that we can best serve our nation," he continued.

"I will do my best. I

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Patch: Insignia unites air traffic control

Continued from Page A1

from the Special Operations Command insignia and refers to the air traffic service's area of tactical missions. It also denotes the forward thrust motion of the Army Aviation assets to operate safely and

effectively. The phoenix symbolizes the rebirth of ATS into the command. The terrestrial globe alludes to the worldwide scope of ATS' mission and the sphere of influence of ATSCOM. The lightning flash represents the Army readiness and striking speed of the com-

mand's signal background. Stewart said it was great to finally see ATSCOM under one united symbol. "This was a big day for us," he said. "It's taken (a while) for this to come to fruition. This is truly air traffic services under one flag."

Smith said the patch was important because it unites everyone in air traffic control and that he was honored to be the one to put the symbol on the arms of the unit members. "ATS used to be under Signal Command, but this has united everyone under a sin-

gle command," he said. "Before this patch and ATSCOM came about, every ATS battalion was almost an orphan. Every battalion was out there on its own with no oversight, no leadership that understood air traffic services. This patch unites everybody."

Spice: Chemical now a controlled substance in military

Continued from Page A1

the drugs are not intended for human consumption, according to a report from the DEA. The hazardous nature of the chemicals used in "Spice" production is what prompted the sub-


stance to be placed on the Schedule 1 list. "The most common way people use this drug is by smoking it using cigarette papers, water pipes or pipe," Massey said. "While the active ingredient of marijuana, (tetrahydrocannabinol),

is present, the effects can be quite different." Some side effects of "Spice" use include agitation, anxiety, nausea, vomiting, racing heart-beat, elevated blood pressure, tremors, seizures, hallucinations, paranoia and non-re-

sponsiveness. Cases of psychotic episodes, withdrawal and dependence associated with the drug have also been reported to the DEA and many public health departments and poison control centers. Chemicals in "Spice"

are compounds typically used in incense and plant food, Massey said. Massey said reporting drug abuse is the responsible thing to do in order to prevent harm to those using drugs and everyone around them. "Reporting some-

thing like this is very important," Massey said. "If someone observes suspicious activity, they need to report it to us as soon as possible." To report suspicious behavior or for more information, contact DPS at 255-2222.



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Management Assistant (OA) GS-0344-07 SCEG11841126 Closing Date: March 15	OPEN CONTINUOUS
Quality Assurance Specialist GS-1910-11 SCEG11820926 Closing Date: March 16	Security Guard GS-0085-04 SCEG10494007 Closing Date: June 30
Firefighter (Stagefield) GS-0081-05 SCEG11890329 Closing Date: March 17	Lead Security Guard GS-0085-05 SCEG11834715 Closing Date: June 30
Instructional Systems Specialist GS-1750-12 SCEG11802274 Closing Date: March 17	Helicopter Flight Instructor GS-2181-13 SCEG11849767 Closing Date: Dec. 31



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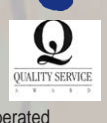
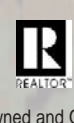
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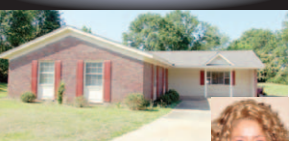
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USACRC offers information on Soldier accidents
Column on Page B4

ARMYWIDE

VOL. 61 ■ NO. 10

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MARCH 10, 2011

ARMY BRIEFS

CLASSIFIED LEAKS

FORT LESLEY J. MCNAIR, D.C. — After seven months of additional investigation, the U.S. Army has charged Pfc. Bradley E. Manning with 22 additional charges. The charges allege that as a military intelligence analyst, Manning aided the enemy by unlawfully downloading classified information from government computers, improperly storing it and transmitting it for public release and use by the enemy.

He was originally charged July 5 with violations of the Uniformed Code of Military Justice, Articles 92 and 134 for “transferring classified data onto his personal computer and adding unauthorized software to a classified computer system.” He was also charged with “communicating, transmitting and delivering national defense information to an unauthorized source and disclosing classified information.”

Manning remains confined in the Marine Corps Base Quantico Brig in Quantico, Va. He was notified of the additional charges in person during a command visit today.

Despite his pretrial confinement, Manning is presumed innocent until proven guilty, and officials said the Army is committed to ensuring the continued safety and well-being of Manning while in pretrial confinement.

HASAN DEATH PENALTY?

WASHINGTON — An Army official has recommended Maj. Nidal M. Hasan be tried before a general court-martial authorized to consider capital punishment, Fort Hood, Texas, officials said Friday.

Hasan is charged with 13 counts of premeditated murder and 32 counts of attempted premeditated murder in the Nov. 5, 2009, attack on troops readying to deploy to Afghanistan.

The commander of the post’s 21st Air Cavalry Brigade, Col. Morgan Lamb, has recommended the charges pending against Hasan be sent to a general court-martial authorized to consider capital punishment. The colonel’s recommendation is non-binding. The convening authority — in this case, 3rd Corps Commander Lt. Gen. Robert W. Cone — will make the final decision in the Hasan case.

NEW WOMEN’S ARMY COMBAT UNIFORM

FORT BENNING, Ga. — One hundred and fifty female Soldiers assigned to the 3rd Heavy Brigade Combat Team, 3rd Infantry Division, received two sets of the Women’s Army Combat Uniform at the 203rd Brigade Support Battalion’s headquarters on Kelley Hill, here, Feb. 23.

The Soldiers will wear the uniform then give their feedback to Soldier Clothing and Individual Equipment Command in Fort Belvoir, Va., to help accumulate information on the benefits of a uniform’s designed specifically for female Soldiers. They will discuss the uniform durability, functionality, how it handles laundering and how comfortable it is.

The uniform is still in the testing phase and cannot be put into use until it is approved by the Army Clothing Board.



PHOTO BY SGT. SEAN HARRIMAN

Staff Sgt. Julio Martinez, career counselor, 4th CAB, 4th ID, strums his guitar during the Marathon Jam at Camp Marmal, Afghanistan, Feb. 26. The Marathon Jam was an eight-hour jam session dedicated to raising awareness and donations for the Fisher House Foundation.

Soldiers jam for charity

BY SGT. SEAN HARRIMAN
4th Combat Aviation Brigade Public Affairs

CAMP MARMAL, Afghanistan — Servicemembers and civilians with the 4th Combat Aviation Brigade, 4th Infantry Division, played an eight-hour Marathon Jam here Feb. 26, in order to raise awareness and donations for the Fisher House Foundation.

Staff Sgt. Julio Martinez, a career counselor with 4th CAB, 4th ID, played the full eight hours on his acoustic guitar.

“At the end, everybody’s fingers got numb and they hurt,” Martinez said.

Along with Martinez’s guitar, there were four

more acoustic guitars, a ukulele and a fiddle. A more rag-tag string band could not be found.

There were three jams playing simultaneously in Afghanistan: in Kabul, Bagram and Camp Marmal. They each lasted eight full hours and helped raise hundreds of dollars for the Fisher House Foundation.

Marathon Jams began in Raleigh, N.C., as a gathering of musicians who wanted to help raise money and awareness for charitable organizations.

The Fisher House Foundation donates “comfort homes” that are built on the grounds of major military and VA medical centers, allowing wounded and recuperating servicemembers to be near

family and loved ones in their time of need.

Joy Schmidt, the main event organizer at Camp Marmal in Mazar-e Sharif, Afghanistan, has participated in the jam for three years and organized the event for two.

“All of the Afghanistan jams were simply deployed musicians who were able to take the time to get together to play for eight hours straight in order to raise awareness for the work Fisher House does,” Schmidt said. “This is just a drop in the bucket.”

The Marathon Jam may have been just a drop in the bucket, but for the deployed servicemembers who were able to attend, it made a big splash, according to organizers.

TRADOC revises Army Physical Fitness Test

BY KELLY SCHLOESSER
Training and Doctrine Command

FORT MONROE, Va. — Soldiers will be better prepared if they train how they will fight.

This innovative physical readiness training philosophy, implemented by the U.S. Army Training and Doctrine Command, has driven the U.S. Army Physical Fitness School to revise not only how the Army conducts physical training, but also how it will evaluate a Soldier’s physical capability.

Why Change?

Since 1980, the U.S. Army has assessed physical aptitude through the Army Physical Fitness Test. Commonly known as the “PT Test,” Soldiers are required to complete three events: two minutes of push-ups, two minutes of sit-ups, and a two-mile run.

“Today’s PT test does not ad-

equately measure components of strength, endurance or mobility. The events have a low correlation to the performance of warrior tasks and battle drills and are not strong predictors of successful physical performance on the battlefield or in full spectrum operations,” said Lt. Gen. Mark P. Hertling, TRADOC’s deputy commanding general for Initial Military Training, who holds a master’s degree in exercise physiology.

As TRADOC’s lead for the test review, Hertling collaborated with a 16-member team headed by Frank Palkoska, director of the U.S. Army Physical Fitness School, resulting in a recommendation to the Army for not just one, but two revised PT tests.

“The goal is to align the training and the tests with tasks that Soldiers have to perform on the

Event	Components Assessed		
	Strength	Endurance	Mobility
60-Yard Shuttle Run	Lower-Body Muscular Strength	Anaerobic Power	Speed Agility Coordination
1-Minute Rower	Total-Body Muscular Endurance		Total-Body Coordination
Standing Long Jump	Lower-Body Muscular Strength		Lower-Body Power
1-Minute Push-up	Upper-Body Muscular Endurance		Trunk Stability
1.5-Mile Run	Lower-Body Muscular Endurance and Aerobic Capacity		Speed Stability

GRAPHIC BY INITIAL MILITARY TRAINING

This table describes the components assessed (strength, endurance and mobility) by each exercise event.

SEE FITNESS, PAGE B4

Army to Congress: FY 12 budget sustains balance

BY C. TODD LOPEZ
Army News Service

WASHINGTON — For years the Army’s chief of staff has said the service was “out of balance,” but he believes next year’s budget request will keep it on the right footing after 10 years of war.

During testimony before the House Armed Services Committee March 2, Chief of Staff of the Army Gen. George W. Casey Jr. told lawmakers the Fiscal Year 2012 Army budget submission, now moving through Capitol Hill, marks a “transition point” between restoring balance to the force and sustaining that balance.

“This budget enables us to sustain the balance that we have re-

stored into this great Army,” Casey said, adding that “sustaining that balance is critical because this war is not over.”

Casey told lawmakers “after a decade of very hard work, we have a force that is the right size, that is organized in versatile modular formations on a predictable rotational cycle, and that has sufficient time at home to begin training for the full range of missions and to recover from a decade of war.”

The Army’s recent growth, plus the drawdown in Iraq, Casey said, have enabled the service to improve dwell time for Soldiers, which is the time they spend at

SEE BALANCE, PAGE B4



PHOTO BY MYLES CULLEN

Secretary of the Army John McHugh and Army Chief of Staff Gen. George W. Casey Jr. testify during a House Armed Services Committee hearing in Washington, D.C., March 2.

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Pontiac '97 Grand Prix White, Priced at \$2,300. 2180 Montgomery Hwy. Call: 334-714-2700 or 334-671-7720. DO 11819

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Toyota 03' Corolla LE AC/AT, power steering, windows, locks & sunroof, tilt wheel AM/FM stereo cassette/cd player, crews, delayed wipers, leather seats, wood trim int. tinted windows, vent shades, mud guards, front bra, bug deflector, 2 tone paint, gold trim, pin stripes, alloy wheels, michelin tires, 45K like new ! \$11,990. 334-792-2938 or 334-701-5129 DO 11832

Toyota'09 Corolla Sport. Charcoal gray 31k miles. Warranty. 5-spd. 16" wheels, power locks, windows, CD, \$12,000. 334-475-3370 or 334-464-1709.



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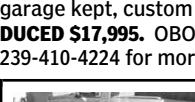
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Silverado '08 1500 LT Sport ext-cab, loaded, with remote start, 30K miles, \$20,000. 334-791-2781. DO 11176

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Fitness: Program includes shorter — faster run

Continued from Page B1

battlefield so that the commander has a better tool to measure preparedness and can guide training for the unit,” said Palkoska.

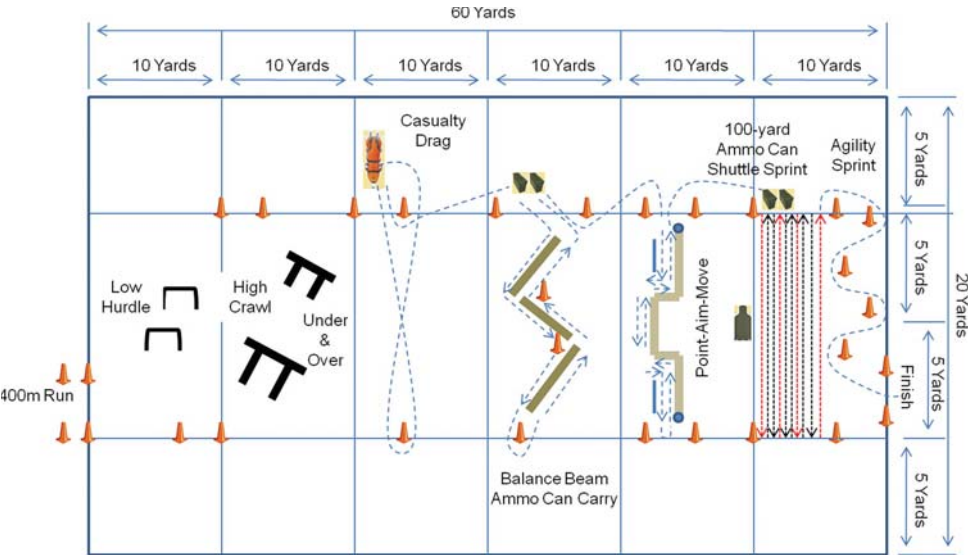
What will they look like?

The proposed tests, the Army Physical Readiness Test and the Army Combat Readiness Test align with Army Physical Readiness Training outlined in Training Circular 3-22.20, which was implemented Armywide last August providing exercises, drills and activities appropriate for various levels of physical fitness.

The APRT, designed to replace the current APFT, expands from three to five events, eliminates sit-ups, increases the pace of push-ups and replaces the long-distance run with shorter-faster runs.

The five events include: 60-yard shuttle run, one-minute rower (exercise outlined in TC 3.22-20), standing long-jump, one-minute push-up and 1.5 mile run.

These events will more accurately test a Soldier's anaerobic and aerobic endurance while reducing the risk of injuries. The current test also only provides a “snapshot” assessment of upper and lower-body muscular endurance and fails to identify anaerobic capacity,



GRAPHIC BY INITIAL MILITARY TRAINING

This diagram maps out how leaders can set up the Army Combat Readiness Test in their units.

said Hertling.

In order to better assess anaerobic capacity that drives high-intensity bursts of energy, the run will be changed to 1.5 miles.

“Soldiers will tend to run faster, testing the anaerobic energy system in their body,” said Hertling of the 1.5 miles. The shorter-faster run, requiring a significant burst of energy, will better prepare Soldiers for the intensity of today’s battlefield, he said.

To better assess muscular endurance, the one-minute rower and push-up events will not allow Soldiers to pause and rest. This will require non-stop muscle

movement that will demonstrate immediate muscle fatigue and failure.

TRADOC is also recommending Soldiers take the ACRT, which incorporates warrior tasks and provides a more accurate assessment of the physical readiness training program and the Soldier’s individual capability. The ACRT will be executed in the Army Combat Uniform, Advanced Combat Helmet, and weapon, and includes a 400-meter run, hurdles, a high crawl, casualty drag, sprints and several other movement drills.

The ACRT is designed to not only correlate with readiness training, but

also to provide a more accurate picture of a Soldier’s ability to perform Warrior Tasks and Battle Drills. The test incorporates several exercises and drills from the physical readiness training circular and provides a testing environment similar to that on the battlefield.

“Previously, we primarily trained for the assessment,” said Palkoska.

“Now our training will drive the test, not the other way around,” he said.

When will this happen?

The Army begins pilot testing at about eight locations with multiple units in order to set standards. The pilot currently plans

to align age categories for the test scores with the American College of Sports Medicine and Cooper Institute, broadening age categories to under 30, 30-39, 40-49, 50-59, and 60 and above, for both genders.

Following the establishment of standards and a thorough review, likely lasting through the summer, the tests can then be approved for Armywide execution.

Implementing the new tests is the final step in the Soldier Athlete initiative to better prepare Soldiers for strenuous training and the challenges of full-spectrum operations.

Balance: Forces can expect 2 year dwell time

Continued from Page B1

home training and with their families between deployments.

“This is a critical component of sustaining an all-volunteer force in a protracted conflict,” Casey said. “For the better part of five years we were returning Soldiers to combat after only one year at home. We knew that was not sustainable and have been working to bring dwell to two years at home as quickly as possible.”

Now, the general said, the Army has reached that goal — a two-year dwell for Soldiers.

“Given what we know about the projected demands, our active units that deploy after the first of October will deploy with an expectation of having two years at home when they return,” Casey said. Guard and Reserve units will deploy with an expectation of having four years at home when they return.

Casey said this year the Army will complete the organizational transformation of the Army, will finish the modular conversion of all but “a handful” of the service’s 300 brigades and finish rebalancing some 150-160,000 Soldiers out of Cold War skills to skills more relevant to today’s conflicts.

Secretary of the Army John McHugh confirmed for legislators the Army’s successes in working to meet the Iraq withdrawal deadline.

“As we continue to drawdown our forces to meet the Dec. 31, 2011, deadline, we’ve already closed or transferred over 80 percent of the bases we maintained to the Iraqi authorities,” he said. “We’ve reduced the number of U.S. personnel by over 75,000 and we’ve redeployed some 26,000 back to other operations.”

McHugh said following a trip to Iraq, he was able to confirm the immense size of the retrograde operation ongoing there, and also that morale was high

among Soldiers “as they continue to advise and assist and train Iraqis to support that still burgeoning democracy.”

Along with the drawdown in Iraq, McHugh said the Army has surged an additional 30,000 Soldiers to Afghanistan to help defeat the al Qaeda terrorist network and the Taliban insurgency.

McHugh told lawmakers U.S. forces have trained some 109,000 Afghan National Army soldiers and 41,000 Afghan

National Police.

The secretary told lawmakers the Army must stand ready in the future to defend against new threats and must have the right equipment to maintain an edge over America’s enemies today as well as for the future.

“Our FY12 budget request is critical to achieving this goal by supporting the extraordinary strides we made in the Army state-of-the-art network, tactical wheeled vehicle and combat vehicle modernization

programs,” McHugh said.

For the network, McHugh said, the Army is asking for \$974 million in procurement dollars and \$298 million in research dollars for the Warfighter Information Network - Tactical, which will “become the cornerstone of our battlefield communications systems.”

Also, he said, the Army is seeking \$1.5 billion for tactical wheeled vehicle modernization and \$1.4 billion for the Army’s combat vehicle modernization

strategy — including \$884 million for the Ground Combat Vehicle and \$156 million for modernization of the Stryker, Bradley and Abrams programs.

The secretary also told the committee members about Army initiatives toward energy security, including the establishment of a senior energy council, the appointment of a senior energy executive, the creation of an Energy Security Office and adoption of a comprehensive strategy for energy security.

Got Risk?

Jan. 17 - 30

“Got Risk?” is one of the tools the U.S. Army Combat Readiness Center produces weekly to increase awareness of Army loss and to help mitigate risk. For more information about “Got Risk?” and other Army safety tools, visit <https://safety.army.mil>.

MEDCOM Soldier was killed in a privately-owned vehicle crash Jan. 18 near Bruchmuehlbach, Germany.

The 23-year-old Soldier’s vehicle exited the roadway, struck some trees and he was ejected.

Initial reports indicate the Soldier’s license was revoked and there were open alcohol containers found in his vehicle.

The Soldier was not wearing a seatbelt and was pronounced deceased at the scene. The Soldier had not been deployed.

Safety reflection

There are a few things we can all do to protect ourselves and our children — always wear seatbelts, drive within the speed limit and don’t drink and drive.

These are simple measures that save lives.

Whether a person is belted or not often becomes the difference between life and death.

While researchers may differ by a few percentage points either way, figures from seatbelt studies reveal:

a) Seatbelts can reduce the number of serious injuries by 50 percent.

b) Seatbelts can reduce fatalities by 40 to 60 percent.

In order to minimize the number of individuals either killed or injured as a result of people operating their automobiles under the influence of alcohol, a greater understanding of the factors which precede an accident must be understood.

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LAHC rewarded for increased service to Soldiers, Families
Story on Page C5

COMMUNITY

VOL. 61 ■ NO. 10

ARMYFLIER★COM

MARCH 10, 2011



PHOTO BY RUSSELL SELLERS

Soldiers in D Co., 1st Bn., 145th Avn. Regt., clean up a helicopter at the U.S. Army Aviation Museum during Class 11-008's community project Saturday. The group of flight students from Class 11-008 worked with museum personnel to clean up various aircraft being housed on post for future museum display.

Flight students clean up history

BY RUSSELL SELLERS
Army Flier Staff Writer

A group of 54 flight students worked together to clean up a series of classic aircraft from Army Aviation's past as part of their class project Saturday.

Soldiers from D Company, 1st Battalion, 145th Aviation Regiment Class 11-008 worked in tight and rainy conditions to help the U.S. Army Aviation Museum in its efforts to maintain various aircraft models it

is preparing for future display, said 2nd Lt. Tim Kingston, Class 11-008 historian and public information officer.

"This is a three-fold process for us," he said. "We're helping out the community that we'll be involved with for the rest of our careers, helping the outside community to see what else there is to Fort Rucker beside the flight school and we're giving back to Fort Rucker for all it's given to us."

The class, made up of sec-

ond lieutenants and warrant officers, not only cleaned the aircraft, but also reorganized them in various hangars around the installation and cleaned the floors in those hangars.

Richard Willis, U.S. Army Aviation Museum maintenance officer, said he was happy to have the help and enjoyed working with the students on their project.

While the cleanup was beneficial for the museum and himself, he said he thinks the

Soldiers got a lot out of it as well.

"They got a chance to learn a lot about Aviation history," he said. "It's part of the museum's job to go out and provide insight into the past as well as what the future holds. We want to give them an opportunity to see the past, but also see what the future holds. They also get a chance to work closely together in a way they might not have before."

Breaking down barriers was

another goal of the project and 2nd Lt. Justin Dillow, Class 11-008 project officer, was happy with the results.

"We had some close groups in the beginning, but those groups have slowly melted away as the Soldiers worked together," he said. "Some people in the class might not hang out together on the weekends, but this gives them an opportunity to get to know each other better and form new bonds and friendships."

Army chaplains support spiritual needs of Soldiers, Families

BY NANCY RASMUSSEN
Fort Rucker Public Affairs

A day in the life of an Army chaplain demands constant spiritual readiness to meet the community's worshipping and counseling needs.

"We provide religious education ... so that spiritual growth can take place in the lives of those wanting to dig deeper into their faith," said Chaplain (Lt. Col.) Mickey Jett.

"This is one of the reasons we have a youth program, Sunday school and chaplains trained in marriage counseling — so that families can stay strong and the Soldier can concentrate on the Army's mission. A Soldier whose spiritual core and Family is healthy is a better Soldier," he said.

The result of a 1986 appellate court decision showed that the chaplaincy exists to provide for the free exercise of religion for Soldiers because they are away from home and their pastors.

"The chaplains at Fort Rucker are here to be a trusted friend of the Soldiers around them and to provide the opportunities for them to worship in the manner in which they need," said Garrison Chaplain (Col.) Dennis Newton.

Chaplains conduct religious services, funerals and memorial services and perform rites, ordinances and sacraments as core elements of their calling.

"This service goes all the way back to General George Washington who enlisted clergy to be chaplains in America's Army. Pastoral care and coun-



PHOTO BY NANCY RASMUSSEN

Chaplain (Lt. Col.) Mickey Jett greets Eric Gillis, Fort Rucker Club Beyond youth minister. Club Beyond is a chaplain office program that ministers to sixth through 12th grade youth.

seling, visitation, prayers and religious encouragement to Army families are all basic functions of the Army chaplain," Jett said.

Newton said that by maximizing the Army organizational structure, chaplains can connect with Soldiers and develop a closeness and sense of availability.

"Chaplains impact Soldiers and leadership in direct proportion to the amount of time they spend with them. If you show you care, then it gives you entry into the Soldiers' world. The unit

ministry team, usually comprised of a chaplain and a chaplain's assistant, must then demonstrate they have the Soldier skills and abilities themselves," Newton said.

"When I came in (the Army), I was assigned to an infantry unit at Fort Campbell. I spent time in the field and practiced the proper ways of getting our UMT around to visit the companies. I was a good runner so I set a goal of beating as many young Soldiers during their PT tests as I could. I was running around 12 minutes at the time so

I made an impression on most of them that an old guy could do it," he said.

By working shoulder to shoulder with troops chaplains display that they are Soldiers first, but that they are also easily accessible when the need arises, Newton said.

"I have found that visiting Soldiers in their areas and checking on them often reminds supervisors that they were going to refer a subordinate to the chaplain. Being seen leads to issues being remembered, addressed and dealt with," Newton said.

Army chaplains play dual roles. They are assigned as unit chaplains, and also serve as chapel pastors responsible for their parishioners, regardless of unit.

"Like in a civilian church, I have often made house calls and hospital calls to members of my congregations while in the Army. When I go for a unit member, it is more as a representative from the unit as their chaplain. But when it is a member of one of my chapels I conduct it as a pastoral visit. Sometimes the lines cross, but it always depends on what the need or expectation of the recipient is," said Family Life Chaplain (Maj.) Scott Crossfield.

Counseling is the same way, he said. "A therapist would almost never have a relationship with someone in a public setting but I will if my client is also a parishioner," Crossfield said. "For me the pastoral relationship comes first when that relationship is there. That is unique to our calling as chaplains as compared to other helping professionals like doctors or lawyers."

On Post

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES

Central Issue Facility closing

The Central Issue Facility is closed for inventory March 21-25. Regular hours will resume March 28. For more information, call 255-1095.

Supply support inventory

Supply Support Activity, Bldg. 1212, staff conduct their annual inventory on March 21-25. All turn-ins must be in by 2 p.m. March 18. Normal operations stop at 4:15 p.m. March 18 with the anticipated date of March 28 to resume business. During this period the SSA only processes emergency requisitions. For more information, call Sandra Edwards at 255-9504 or e-mail san.edwards@conus.army.mil.

FRCSChol scholarship

The Fort Rucker Community Spouses Club is accepting applications from high school seniors and continuing education adults for scholarships to be awarded in May. Entry is open to military Families and citizens from the local community. For application, rules and eligibility requirements, visit www.ftruckeresc.com. Postmark deadline is Monday.

Exceptional Family Member Program Respite Care Program

Army Community Service Exceptional Family Member Program respite care is a program that provides temporary rest periods for Family members responsible for regular care of persons with disabilities. ACS EFMP needs compassionate and caring respite care providers to provide services to EFMs. Interested individuals must be 18 years old or older, obtain or have a current CPR and first aid certificates, must obtain or have a current tuberculosis test, physical examination and undergo a criminal

DEADLINE
for **On Post**
is noon Thursday
for the following
week's edition.
E-mail submissions
to Jim Hughes at
jhughes@armyflyer.com.

background check. For more information on ACS EFMP Respite Care, call 255-9277 or visit ACS EFMP, Soldier Service Center, Bldg. 5700, Novosel Street, Rm. 390.

Divorce/Separation Co-Parenting Workshop

Army Community Service's Family Advocacy Program holds a divorce and separation co-parenting workshop Monday from 9 a.m. to noon at the early childhood activity center. Topics include commitment to staying child focused, effective communication and negotiation skills, reducing parental conflict and understanding children's needs during and following divorce. This workshop is a two-part series. Participants must attend all classes in order to receive a certificate of completion. Registration is required. This workshop is open to active duty, retired military, Department of Defense employees and their Family members. For more information, call 255-3898.

St. Patrick's Day Craft-Making Activity

The Center Library staff hosts a St. Patrick's Day craft making activity for children ages 3-11 Friday from 3:30 to 5 p.m. For more information, call 255-3885. The Landing Zone staff hosts Rockin' Country in The Zone Friday with Shane Owens from 9 p.m. to 1 a.m. The event features live entertainment from Shane

Owens, line dancing, Texas-style barbeque and prizes to the best dressed cowboy and cowgirl. For more information, call 598-8025.

Army Family Team Building Level II

Army Family Team Building Level II classes are Monday, Tuesday and Thursday from 8:30 a.m. to 2:30 p.m. at Bldg. 5700 Rm. 371A. Classes include conflict management, stress management, time management and more. Free childcare is available with prior registration. Child must be registered with the Child Development Center or Family Child Care provider. For more information or to register, call 255-2382.

FRCSChol luncheon

Fort Rucker Community Spouses Club members host their monthly luncheon March 17 at 10 a.m. at The Landing. This month's theme is a red carpet Hollywood fashion show. For more information or reservations, visit www.ftruckeresc.com.

St. Patty's Party in the Zone

A St. Patrick's Day party begins Friday at 7 p.m. in the Landing Zone. The event features live entertainment from DJ Dave and karaoke. The courtesy van offers a free ride home to patrons who live on post. For more information, call 598-8025.

Anger Management Workshop

Army Community Service's Family Advocacy Program staff offers Anger Management Workshops March 21 and 28 from 9-11:30 a.m. at the Early Childhood Activity Center. Topics include identifying causes of anger, symptoms of anger, techniques on how to manage anger and developing an anger management plan. Registration is required. This workshop is open to active duty, retired military, Department

of Defense employees and their Family. For more information and registration, call 255-3898.

Corduroy Blues in the Zone

The Landing Zone staff hosts Corduroy Blues for live entertainment April 1 from 9 p.m. to 1 a.m. The courtesy van offers a free ride home to patrons that live on post. For more information, call 598-8025.

AER scholarships

Army Emergency Relief scholarship applications are available at www.aer-hq.org. Applications are due by April 1. For more information, call 255-2341.

Burger King renovations

The Fort Rucker main Burger King is closed due to renovations, scheduled to be completed by the end of March. New hours for the Burger King Express in the mini mall are 7 a.m. to 7 p.m. weekdays, 8 a.m. to 6 p.m. Saturdays and noon to 6 p.m. Sundays.

DFMWR Spotlight



girls' night out
March 18th from 6 pm - 9 pm
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Girls Night Out

Girls Night Out is March 18 from 6-9 p.m. at The Landing ballroom. This event is only for women ages 18 and older. Tickets are \$10. The first 50 women receive a gift bag on the night of the event. Every other ticket after that will go in for random drawings for the other 50 gift bags. Tickets include DJ entertainment, refreshments and sampling with numerous companies that cater to women. For more information, call 255-9810.



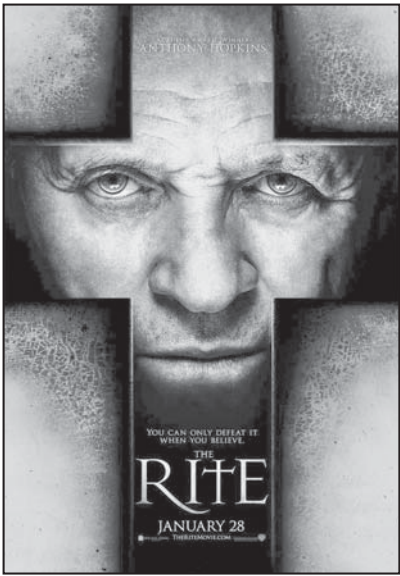
PHOTO BY BREANNA WALTON

Pick-of-the-litter

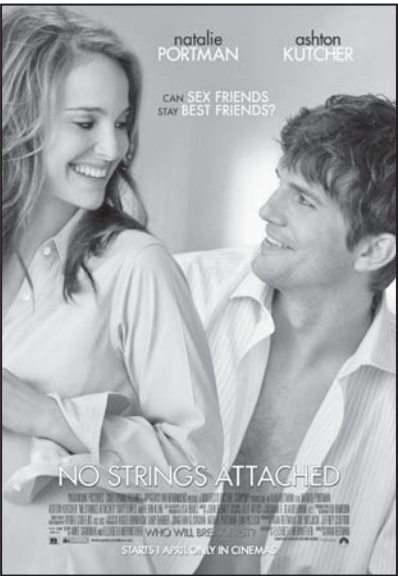
Meet Blizzard, a 3-year old male domestic shorthair available for adoption at the Fort Rucker Stray Facility. He is shy yet lovable. It costs \$81 to adopt Blizzard and other animals at the facility, which includes all up-to-date shots, microchip and neutering. For more information on animal adoptions, call the Veterinary Clinic at 255-9061, open Mondays-Fridays from 8 a.m. to 4 p.m. or the Stray Facility at 255-0766, open from 8 a.m. to 3 p.m. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the Veterinary Clinic or the Commissary. One cat was adopted last week.

FORT RUCKER Movie Schedule for March 10 - 13

See you at the movies



THURSDAY, MARCH 10
The Rite (PG-13) 7 p.m.



FRIDAY, MARCH 11 & SATURDAY, MARCH 12
No Strings Attached (R) 7 p.m.



SUNDAY, MARCH 13
Sanctum (R) 7 p.m.

Worship

Temple Emanu-El celebrates 'joyous' Jewish holiday

RABBI LYNNE GOLDSMITH
Temple Emanu-El

Many people think that we Jews are way too serious.

Our music is serious and many of our holidays have a serious theme, but then there is Purim.

Purim is one of the most joyous and fun-filled holidays on the Jewish calendar. It commemorates a time when the Jewish people living in Persia were saved from extermination and is celebrated on the 14th of Adar, the day after we were slated to be destroyed.

We read the story of Purim in the book of Esther, which strangely enough, is the only book in our Tanakh that does not mention the name of God. The celebration of Purim is the stereotypical story of, "They tried to kill us. We prevailed. Let's eat."

Evil Haman sought to destroy the Jews by manipulating the king of Persia, King Ahasuerus. However, the king's lovely wife, Queen Esther, a Jew, manages to outwit Haman and save her people.

We celebrate Purim by recounting the story of the holiday in a noisy, raucous fashion. We wear silly costumes, and eat three-



COURTESY PHOTO

A hamantaschen is a pastry in Jewish cuisine recognizable for its three-cornered shape and often served during Purim, a Jewish holiday.

cornered pastries called hamantaschen which are supposed to represent the three cornered hat that Haman wore.

It is a wonderful, fun holiday for young and old alike. You may wonder where the holiday got its name. When Haman decided to kill the Jews, he drew lots, called Pur, to decide the date the Jews would die. Purim is the plural of

the Hebrew word, Pur.

The congregation of Temple Emanu-El will celebrate Purim March 18, beginning with a potluck dinner at 6 p.m. It will include a reading of the megillah as well as eating some delicious hamantaschen. If any Jewish soldier wishes to join the celebration, contact the temple office at 792-5001.

Chapel briefs

Life After Loss

Those dealing with the pain of losing a loved one are invited to take part in a healing support group offered by post chaplains beginning Monday.

"Life After Loss" is offered the first Monday of each month at the Family Support Facility, Bldg. 8950 on 7th Avenue. For more information, call Chaplain (Maj.) David Trogdon at 255-9772, or e-mail david.trogdon@conus.army.mil.

Fort Rucker Community Prayer Breakfast

The Fort Rucker Community Prayer Breakfast is March 28 from 7:30-9 a.m. at The Landing. The breakfast provides an opportunity for local leaders, military and civilian members, and surrounding communities to meet and uphold those in authority in prayer. The guest speaker is James C. Hunter, author of two international best-selling books: *The Servant* and *The World's Most Powerful Leadership Principle: How to Become a Servant Leader*.

Tickets can be obtained from unit representatives, unit chaplains or the Garrison Chaplain Office (Bldg. 8945). The cost of breakfast is \$8.

For more information, call 255-2989 or 255-2012.

Religious Services

CATHOLIC PARISH SERVICES

Confessions are conducted at 4 p.m. Mass is offered Saturdays at 5 p.m., Sundays at 9:30 a.m. and Tuesdays-Fridays at 12:05 p.m. at the Main Post Chapel. For more information, call 255-9894.

LUTHERAN, EPISCOPALIAN WORSHIP SERVICES

Lutheran and Episcopal worship services are offered Sundays at 8 a.m. at the Main Post Chapel. For more information, call 255-3140 or 255-2989.

PROTESTANT CONTEMPORARY PRAISE SERVICES

Protestant Contemporary Praise services are offered at 9 and 11 a.m. Sundays at the Chapel of Wings. For more information, call 255-9221 or 255-2989.

LATTER-DAY SAINTS SERVICES

Services are offered Sundays at the Ozark LDS Chapel at 9 a.m. For more information, call 255-4359 or 255-2989.

ISLAMIC PRAYERS AND PROGRAMS

All prayers are held at Bldg. T6609 on Fifth Avenue. For more information about daily prayers, weekly and monthly programs, call Chaplain (Maj.) Abdullah Hulwe at 255-1073.

CHURCH OF CHRIST SERVICES

Church of Christ services are offered Sundays at 1:30 p.m. at the Chapel of Wings featuring the Lord's Supper, singing, sermon and prayer. Everyone is welcome.

COLLECTIVE PROTESTANT WORSHIP SERVICES

Collective Protestant worship services are offered Sundays at 11 a.m. at the Main Post Chapel. For more information, call 255-3140.

JEWISH SERVICES

Services are offered Fridays at Temple Emanu-El, located at 188 North Park in Dothan at 7 p.m. For more information, call 792-5001.

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ANDALUSIA

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more.

Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

DALEVILLE

ONGOING — The Fort Rucker chapter of the Vietnam Helicopter Pilots Association meets the first Wednesday of each month at 7 p.m. Meetings are in the Daleville VFW Post Ballroom.

DOTHAN

APRIL 2 — Dothan CityFest is 6 a.m. to 8 p.m. in downtown Dothan. There will be events throughout the day including Criterium bicycle races. For more information, call 615-3700 or visit, www.dothancityfest.com.

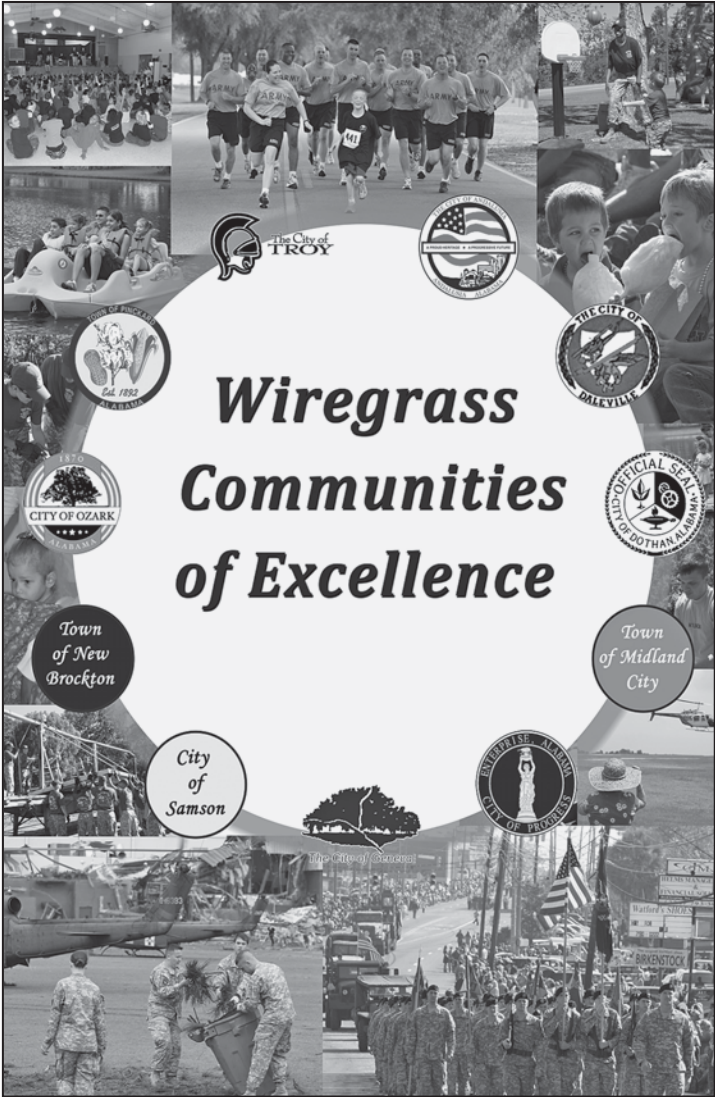
APRIL 8-9 — Teams are needed for the sixth annual Tri-state Barbeque Festival at the Houston County Farm Center. Space is limited to the first 40 professional teams and 25 backyard teams who register. For more information, call 699-1475 or visit www.tristatebbq.com.

ENTERPRISE

MARCH 17-19 — A dinner theater presentation titled “The Confederate Letters” is 7 p.m. nightly at the old Hildreth Building on the corner of Lee and Main Street. For more information, call 470-6568 or visit www.southernbroadway.com.

MARCH 26 — Enterprise Junior High School hosts a 5k run March 26 at 401 W. College St., at 7:30 a.m. The race will go from Enterprise High School through Main Street to Bates Memorial Stadium. Entry for the run is \$20 with all proceeds going towards improving technology at Enterprise Junior High School. For more information, visit www.enterprise.al.ecj.schoolinsites.com. For applications, contact Leisa Mims at 347-1733 or e-mail lmims@enterpriseschools.net. \$\$\$

MARCH 26-27 — The Piney Woods Arts Festival is at Enterprise State Community College and free to the public. It features original artworks by local artists, much



of which will be available for purchase.

There will be carnival games and face painting for children to enjoy, as well as a Civil War living history display. For more information, call David Deal at 406-2787.

GENEVA

MARCH 19 — The second annual Spring Fling car, truck and motorcycle show, hosted by the Geneva Fire Department, comes to Robert Fowler Park at the Junction. Admission is free to the public. Registration is 9-11 a.m. and costs \$15 per vehicle. All proceeds are donated to the Geneva Fire Department. Refreshments, food and live entertainment are provided. For more information, call 248-2111.

APRIL 29-MAY 1 — Geneva's Festival on the Rivers is April 29-30 from 8 a.m. to 6 p.m. and May 1 from 1 to 6 p.m. at Robert Fowler Park.

The event features worm fiddling, sculling contests, tug of war, coin scramble, arts and crafts, food vendors, and live musical entertainment featuring country and gospel.

Tickets are \$8 for adults and \$4 for students kindergarten through 12th grade. For more information, call 684-8575 or visit www.genevariverfestival.com. \$\$\$

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Adult education classes are

offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6 to 9 p.m.

All classes are free for individuals 16 years old or older who are not enrolled in public school.

Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

APRIL 9 — Ozark's Crawdad and Music Festival is 10 a.m. to 7 p.m. on the square downtown.

This festival is held as a way to increase tourism and provide local residents with a fun and relaxed entertainment venue.

The festival's main features are crawdads, cold beverages and continuous live music as well as arts and crafts, children's activities and more.

For more information, call 774-2618 or visit www.ozarkalabama.us.

MARCH 19-APRIL 30 — The Rudd Art Center staff, located downtown, announces final call for entries for Fusion, which runs March 19-April 30. The show features three-dimensional art such as sculptures, handmade jewelry and various other art pieces. For more information, call 774-2944 or e-mail dandrews266@charter.net. Visit www.ruddartcenter.org to download the entry form.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m.

TROY

APRIL 30-MAY 1 — TroyFest takes place in downtown Troy. The event is 9 a.m. to 5 p.m. April 30 and 1 to 5 p.m. May 1. It is free and open to the public and is the premier community arts festival for the Pike County region.

It features fine arts and crafts, a juried art show, antiques, farmers market, food court, merchants walk, children's art exhibit and kids' corner.

For more information, visit www.troyfest.com or call 566-2294.

\$\$\$ indicates a charge for the event

Beyond Briefs

Winston Howell Road Race

The Hartford Civic Club sponsors the 33rd annual Winston Howell 10k Road Race, the third oldest 10k run in Alabama, Saturday at the Hartford National Guard Armory. Registration for the run is at 7:30 a.m. and the race begins at 9 a.m.

Age groups range from the 14 and under, to the 70 and up group. The entry fee for the race is \$20 and all proceeds go to benefit the Hartford Boy Scout Troup 32.

For more information, contact Cary Hatcher at 588-2342 or 944-7115 or Mike Kinman at 684-9818 or 588-2211, or visit www.winstonhowellroadrace.blogspot.com.

Old Fashion Fish Fry

The 6th annual Old Fashion Destin Fish Fry Fundraiser is Saturday from 11 a.m. to 3 p.m. at the Destin History and Fishing Museum at 108 Stahlman Ave.

Advanced tickets are \$10 and tickets bought the day of the event are \$12. The menu includes fried grouper, hush puppies, cole slaw, baked beans and a beverage.

Proceeds go to benefit the Destin History and Fishing Museum. For more information, call (850) 837-6611.

Charity Golf Tournament

Panama City Beach hosts the American Heart Association Charity Golf Tournament at Bay Point's Meadows Course March 19 at 8:30 a.m.

The tournament is open to the public

and will benefit the American Heart Association signature fundraising event, the 2011 Bay County Heart Ball scheduled for April 8th.

The event is \$100 per player or \$350 for a four-person team. The event includes on-course contests for a variety of prizes and more. For more information or to register, call (850) 233-0556

Florida Birding and Wildlife Festival

Northwest Florida Birding and Wildlife Festival will be held at RiverCamps Riverhouse on March 19.

The festival is in celebration of international Migratory Bird Day. The festival includes a guest speaker, wildlife photographer, educational and recreation activities and guided-birding tours.

For more information, call (850) 588-2271.

Gulf Coast Salute Air Show

The 2011 Gulf Coast Salute Air Show is March 26-27 at 11 a.m. at Tyndall Air Force Base in Panama City, Fla.

For directions, schedule of events and more information, visit <http://gulfcoastsalute.com>.

Yatta Abba Day

Abbeville residents gear up to celebrate Yatta Abba Day on Saturday, April 9 around the court house square. Yatta Abba is the Indian name for Grove of Dogwoods and is what the city of Abbeville was named after.

The festivities will begin at 9 a.m. and

go until 9 p.m. that night. Some things the festival features are garden vendors, a classic car show and dog shows just to name a few.

For more information, contact the Abbeville Chamber of Commerce at 585-2273 or visit www.abbevillecoc.com or www.cityofabbeville.org. Vendors may contact Jeff Skipper at 334-3473 or email at skippertrucking@yahoo.com.

'Red Run' 5k

Panama City Beach "Red Run" 5k is at Aaron Bessant Park on April 10 at 8 a.m. It is a run benefitting the American Heart Association.

For more information or registration, visit <http://www.active.com/running/panama-city-beach-fl/red-run-5k-2011#> or call Tammy Turnmeyer at (850) 630-9623

Seabreeze Jazz Festival

Panama City Beach Seabreeze Jazz Festival is April 13-17 at Pier Park. It is a five-day festival featuring multiple musicians. For tickets, musicians and more information, visit www.seabreezejazzfestival.net.

Thunder Beach Spring Rally

Panama City Beach's 13th annual Thunder Beach Spring Rally is April 27 through May 1. For more information, visit www.thunderbeachproductions.com.

CSI: The Experience

Crime Scene Investigation: The Experience is available until May 1 at the Main Exhibit Hall of the Huntsville

Space Camp. Show times are held 9 a.m. to 5 p.m. seven days a week and tickets are sold two hours before close.

Please allow 60-90 minutes for each CSI experience. The exhibit immerses guests in hands-on science while leading them through the challenge of solving a crime mystery.

Ticket prices are not yet available. For information, call (800) 63-SPACE or visit www.spacecamp.com/museum/csi/tickets.

ATV Redneck Nationals

The 2011 ATV Redneck Nationals are March 18-20 at the Southern Ridge ATV Trails in Dozier. The trails are located on County Road 77, Leon Tower Road, in Dozier. The trail park features family riding trails, mud trails, RV sites, primitive camping site, concessions, ice, fire wood, showers and restrooms. For more information, call (850) 266-8593 or visit www.ATVRedneckNationals.com.

Festival of Flowers

The 2011 Festival of Flowers is March 24-27 at the Providence Hospital campus in Mobile. The event celebrates spring at the southeast's largest outdoor flower show, produced by Providence Hospital Foundation. Explore over 300,000 square feet of landscaped garden displays, floral exhibits, gardening seminars, cooking demonstrations, photography contest, shopping and outdoor dining. Advance tickets are \$10 per person. For more information, call (251) 639-2050 or visit www.festivalofflowers.com.

Clinic earns award for increasing services to Soldiers, Families

BY BREANNA WALTON
Army Flier Staff Writer

Lyster Army Health Center received \$30,000 for a 6.23 percent increase in outpatient service growth, according to Army Medical Command.

“The money can be used for military and civilians within Lyster to attend training to learn new skills or attend additional training. The money can also be used to purchase equipment and furniture,” said Col. Patrick Denman, Lyster Army Health Clinic and U.S. Army Aeromedical Center and Commander.

The outpatient service growth was determined by comparing April through October 2010 to the same period in 2009. Outpatient growth with gains of 5 percent or more



earned rewards.

“We were able to increase our services growth by increasing access in the clinic to bring beneficiaries back from the Tricare Network,”

Denman said.

Lyster is working to increase outpatient service growth further. In order to do this, the clinic is building additional waiting rooms, funding training for doctors and combining physician care for the Family and servicemembers, he added.

“We want the entire Family to be seen by one physician and we want them to feel like this is home,” Denman said.

The Winter Healthcare Performance Awards were presented Jan. 27 when the award was distributed to the Regional Medical Command.

A total of 50 awards equaling \$3.99 million at this year's Military Health System conference. Awards were given in three categories; service growth, healthcare quality and access to care.

Lyster Army Health Clinic

INFORMATION ★ UPDATES

Lyster closed for training

Lyster Army Health Clinic will close at 1 p.m. Wednesday for training. This will include the patient care clinics, pharmacy, laboratory, radiology and all administrative areas.

LAHC renovations

Patient Service Center

Construction of the Patient Service Center at Lyster Army Health Clinic is ongoing and scheduled to be complete by mid-May. The center will house the administrative officer of the day, the patient registration desk, the information help desk and Tricare service center.

Building one clinic team

Construction in the Aviation medicine hallway and adjacent areas is scheduled to be complete in mid-April. The project will consolidate primary care, adult medicine and Aviation medicine into one team. This change will enable LAHC to better utilize resources, allow the clinics to share administrative services,

and increase the number of exam rooms in preparation for patient centered medical home operations.

Patient Security

In order to provide maximum security for patients and staff, public access to Lyster Army Health Clinic is limited to the main entrance off the large parking lot.

Tricare registration

People new to Fort Rucker need to go to the Lyster Patient Administration Division to ensure their Families are registered in this area and the Tricare service center. The staff can also help Soldiers and Families set up an account to make appointments online, track benefits and more.

Surveys

Soldiers who receive an Army Provider Level Satisfaction Survey in the mail can help make Lyster better by filling it out. The survey is especially important if people wish to recognize a provider or section for a job well done.

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8:00AM - 11:00AM
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8:00PM - Midnight

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For more information visit ozarktreasuretrunk.com

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Happy Birthday!

To my Dearest Olivia, Happy 6th Birthday. I cannot believe my precious little girl is turning 6! This will be your first Birthday we spend apart from one another. I want you to know that I will be thinking about you on this special day and I wish you all the happiness while you open your presents and blow out the candles. We all miss you in Washington: Daddy, Robin, Aunt Terri, Aunt Nancy, Uncle Steve, Cousin's Amber, Leila, Eric, Kelsey, Matt, Kyle, Grandpa Don, Grandma Donna, and all of your friends... We are all proud of you sweetheart and can't wait to see you soon! Love Daddy!

Adopt a pet

For more information about animal adoptions, call the Veterinary Clinic at 255-9061. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels.

Donations can be dropped off at the Veterinary Clinic or the Commissary.



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PHOTOS BY RUSSELL SELLERS



Suess' treats

Above: Michelle Mitchell, wife of Justin Mitchell, Fort Rucker deputy garrison commander, serves green eggs and ham to first graders Lacy Hampton and Eternitie Denton at Fort Rucker Primary School Friday. Jennifer Valentine, first grade teacher, read the Dr. Suess classic to her class before serving the food prepared by her husband, Lt. Col. Hermen Valentine, Fort Rucker National Guard deputy commandant.

Left: Lt. Col. Hermen Valentine, Fort Rucker National Guard deputy commandant, cooks green eggs and ham for the first grade class at Fort Rucker Primary School Friday.

No call is worth sacrificing the personal safety of yourself and others. Do not talk or text and drive. It can wait.

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II **UNKNOWN** PG-13
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III **I AM NUMBER 4** PG-13
M-F: 7:00 & 9:15 • S&S: 2:00, 7:00 & 9:15
OZARK
For R Rated Films, one must be 17 or with parent*
I **RANGO** PG
FRI: 7:00 & 9:10 • SAT: 2:00, 7:00 & 9:10
SUN: 2:00 & 7:00 • M-THURS: 7:00 ONLY
II **GNOME AND JULIET** G
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Golf tournament raises money for AAAA scholarships
Story on Page D3

SPORTS

VOL. 61 ■ NO. 10

ARMYFLIER★COM

MARCH 10, 2011

SPORTS SHORTS

YOUTH AND CHALLENGED SPORTSMAN TURKEY HUNT

The 2011 Youth and Challenged Sportsman Turkey Hunt is Saturday from 5-11 a.m. at the Game Warden's Office located by Outdoor Recreation. Parents and/or escorts of youth and challenged sportsmen must have an Alabama State Hunting License and a Hunter Education Completion Card. People may register at Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

ST. PATTY'S DAY 5K/10K

Fort Rucker Physical Fitness Facility staff hosts the annual St. Patrick's Day 5k/10k and 1-Mile Fun Run Saturday. Race Day registration starts at 7:30 a.m. with the race beginning at 9 a.m. Participants are encouraged to pre-register at either PFF. Forms are available at either PFF or printable from the MWR website. The Fun Run begins after the 5k/10k race and is open to all children. Costs are \$10 no shirt option, \$80 for a team of eight, each additional person pays normal registration, \$10 with no shirt option and \$20 with shirt option. Refreshments will be provided and the event is open to the public. For more information, call 255-0308.

SCUBA COURSE

Fort Rucker Aquarians Dive Club members sponsor a Self-Contained Underwater Breathing Apparatus certification course beginning March 21. The first class meets at Splash! Pool at 6:30 p.m. After the first class, the SCUBA course meets Monday and Wednesday nights for no less than six weeks and no more than seven weeks, depending on weather. One weekend will be required at the end of the course to complete open water training in the Gulf of Mexico. Cost is \$275 per person. Participants must provide their own mask, snorkel and fins. For information, call 774-3483 or 347-6936.

PAN FISH TOURNAMENT

The 2011 Pan Fish Tournament is March 26th from 6:30-10:30 a.m. at Lake Tholocco. Contestants over 15 years of age must have an Alabama Fishing License and a Fort Rucker Post Fishing Permit. To register, visit Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

SPRING INVITATIONAL

Silver Wings Golf Course staff hosts the annual Spring Invitational March 26-27 from 8 a.m. to 2 p.m. A practice round is March 25. Cost is \$65 for members and \$75 for non-members. Entry fee includes practice round, green fee and cart fees. Breakfast will be offered both days. The awards luncheon is March 27. The format is 36-hole individual stroke play, 800 shotgun start. Prizes and flights are determined by the amount of entries received. All participants will be entered into a drawing for a 2011 SWGC membership package. For more information, call 598-2449.

AVIATION CENTER AAAA GOLF TOURNAMENT

Silver Wings Golf Course and Army Aviation Association of America staff hosts the annual AAAA Golf Tournament April 1 from 6:30 a.m. to 2 p.m.

SEE SHORTS, PAGE D4



PHOTOS BY RUSSELL SELLERS

B Co., 1st Bn., 145th Avn. Regt. Showstoppers player Chris Artis attempts to break through the 597th Maintenance Company Wolf Pack defense during the teams' intramural basketball game Monday at Fortenberry-Colton Physical Fitness Facility. The Wolf Pack won, 59-52.

REDEMPTION

Wolf Pack closes curtain on Showstoppers

BY RUSSELL SELLERS
Army Flier Staff Writer

It wasn't the prettiest win, but the Wolf Pack from 597th Maintenance Company was happy to take one over the Showstoppers from B Company, 1st Battalion, 145th Aviation Regiment Monday.

Despite a series of missed passes and dropped rebounds in the second half, the Wolf Pack managed to hold on for a 59-52 win. The win certainly made up for the season-opening loss the Showstoppers handed the Wolf Pack Jan. 24, said 597th coach Doug Crawford.

"We had a couple of guys who didn't show up, but the guys that did played hard and showed a lot of heart," he said. "In the end, we just wanted it more."

Getting the win was hardly easy for the Wolf Pack. The two teams answered every point scored in the first quarter. It wasn't until the second quarter that the 597th was able to take a modest lead and hold it until the buzzer, leaving the score 27-25.

The second half was all about defense for both



Co., 1st Bn., 145th Avn. Regt. Showstoppers player Hubert Agard charges for the goal during the team's game against the 597th Maintenance Company Wolf Pack.

teams as each experienced almost simultaneous offensive failure. Showstoppers players Chris Artis and Hubert Agard lead the charge in the second half, pulling the majority of the team's rebounds and even going for long, almost uninterrupted runs down the court. Unfortunately for them, putting points on the board proved to be more difficult. The Wolf Pack experi-

enced similar problems with some of its players. Jeremy Stephan grabbed several rebounds and managed to get several breakaways during the second half, but he faced tough opposition at the goal. Still, the combined shooting of Doug Crawford and Travis Burton helped keep the Wolf Pack on top and even gave the team a 10-point lead late in the

fourth quarter. As the fourth quarter wore on, the Showstoppers began to lose focus, which allowed a big, demoralizing breakaway by Wolf Pack player Mike Sheldon, who put the cherry on top with a big dunk. The Showstopper strategy shifted in the final two minutes toward drawing fouls in order to close the point gap, but it was too little too late.

Scan this code with your smartphone



to check out video from the game.

Showstoppers coach Frank Wilson said the chemistry with his current crop of players isn't quite up to par yet, but they plan to work on that in practice. "We've lost a couple of players who are in school right now and one (out with injury)," he said. "That definitely hurt us, but the (break-down in strategy) was my fault." Wilson said the shift from 2-1-2 zone coverage to man coverage was a mistake and he plans to work with his team in practice on adjusting its coverage. "We had the better speed, but it wasn't enough at the end," he said. "We've got to work on team chemistry. We have a lot of new guys now, so we've got to work out playing as a team."

Down Time



TRIVIA

1. GEOGRAPHY: What two nations lie directly north of the Gulf of Oman?
2. U.S. STATES: Which state's name is Spanish for "snow clad"?
3. MOVIES: What was the name of the Volkswagen made famous in "The Love Bug"?
4. FAMOUS PEOPLE: What abolitionist was the first black woman to win a court case against a white man for illegally selling her son as a slave?
5. LITERATURE: In what book did the characters Tweedledum and Tweedledee first appear?
6. LANGUAGE: What's another word for a plebscote?
7. HISTORY: How much did the United States pay Russia for the Alaskan territory in 1867?
8. MUSIC: Who wrote "The Theme from Shaft"?
9. GAMES: Which chess piece looks like a castle tower?
10. U.S. PRESIDENTS: What was Harry Truman's home state?

See Page D3 for this week's answers.

Super Crossword

ACROSS

1 Tiller

5 Grandpa

9 Michelangelo masterpiece

14 Ward of "Sisters"

18 "Types" sequel

19 Callas or Caballe

20 Confess

21 Roman fountain

23 Stubborn

25 Courageous

27 Fantastic bargain

28 Envelop

30 "Xanadu" rock group

31 Trams

32 "Red —" ('88 smash)

34 Girl Scout unit

38 Diplomacy term

41 Winked or waved

45 Journalist Buchanan

46 Former autocrat

47 Actress Massen

48 Scrape by, with "out"

49 Light weight

51 Reformer Lucretia

54 Montessori

or Muldaur

57 Less plentiful

60 Van Dyke role

62 Powerfully built

65 Tractable

67 Wooden strip

68 Flight maneuver

71 "— Days" ('75 tune)

72 Hypocrisy

73 Bikini half

76 Foolhardy

79 Pigment

80 Masterson colleague

82 Ginger —

83 — Haven, CT

84 Job opening

87 Ceylon, today

89 Coarse-featured

94 Tahini base

95 TV's "Three's —"

99 Loudly, to Liszt

100 Betting setting

101 Shallow area

102 Spring mo.

105 "Sat —" tuffet . . .

106 Humorist Bombeck

108 Illinois city

110 Maritime

113 Nutritional

need

116 "Frasier" pooch

118 "— my lips!"

119 Loser to DDE

120 Vitamin bottle abbr.

122 Tony winner Robert

124 Young cadet

128 Very slender

134 Sharp-sighted

136 Malice

137 Practice piece

138 Cut short

139 Mile., farther south

140 Pants part

141 Inflexibility

142 Some

143 Jets, Mets, or Nets

Nobelist

9 Chum

10 Infamous Amin

11 Phillips of "UHF"

12 Antler part

13 Strawberry, for one

14 Police hdqrs.

15 Drop a brick

16 Divulge

17 Ward off

22 "— flxe"

24 Designer Fiorucci

26 Billions of years

29 Common affix

33 Vane dir.

35 Aroma

36 Responsibility

37 French-door part

39 Emulated Gebel-Williams

40 Amatory

41 Fiasco

42 Genesis

43 Theater section

44 "Drums Along the —" ('39 film)

45 "Set" ('57 film)

50 Vocalize like Vallee

52 Riser's relative

53 Metallic

55 Unwell

56 Literary

collection

58 Soccer superstar

59 Hacienda material

60 Hawk

61 Diminutive suffix

63 Natural gas component

64 — talk

66 Sanctify

69 " . . . man — mouse?"

70 Turkish title

73 Myerson or Truman

74 Not as common

75 Originate

77 Arrive at

78 "Blame — the Bossa Nova" ('63 hit)

81 Telescope sighting

85 Oven setting

86 Eastern "Way"

88 Donizetti's "L'elisir d'—"

90 Jeri of "Star Trek: Voyager"

91 Gator's cousin

92 Sicilian volcano

93 Distribute the deck

96 Trickle

97 A sweeping

success?

98 Soldier on

101 More granular

103 Ideal

104 Woody herb

107 Director Nair

109 Long or Peeples

111 Surveyor's need

112 Most indolent

113 Cat's dogs

114 Harvests

115 Davis of "Evening Shade"

117 Vote in

121 — Spumante

123 Challenge

125 Fontaine role

126 — carotene

127 Cheese-board choice

129 Harper Valley grp.

130 Rainy

131 Yank

132 Maestro de Waart

133 Wagner's "— fliegende Hollander"

135 Audio antiques?

See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

			6		5											2
7									3	6	1					
	3			1								9				
			9		4							2				
1				7					4							
3	2							9							5	
	8			9												1
5					8			9								
		1				6	7	4								

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

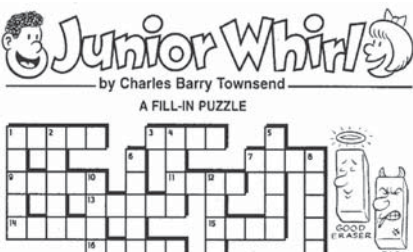
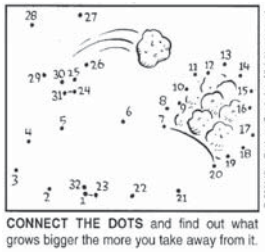
DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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See Page D3 for this week's answers.

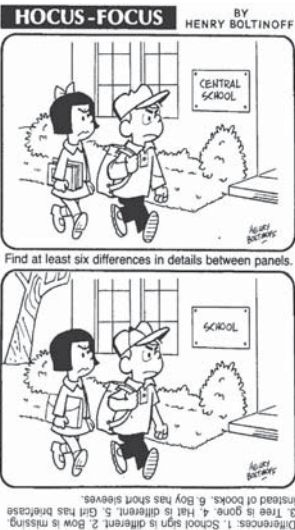
Kid's Corner



Wishing Well®

4 8 3 6 4 6 3 5 8 7 5 2 6
B G C T E E O C L W A B A
3 4 2 8 7 6 3 6 3 8 7 2 8
M G E A I C F H O D N H F
7 3 5 7 3 2 8 2 5 7 3 8 5
N R R I T O O N E N A R F
6 8 7 8 3 4 2 5 6 4 8 6 2
S O G T S R O U U A H C R
8 7 3 5 2 4 5 8 2 4 6 5 3
E C S L A C I R B I C N U
5 3 6 8 5 4 5 6 7 3 4 3 7
V R E S E O S S H E U D O
5 4 5 6 7 5 2 5 2 7 5 7 7
T S M I E L N E C T E S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.





FILE PHOTO

Paul Coursey tees off on Blue No.3 during the fifth annual Army Aviation Association of America tournament at Silver Wings Golf Course last year.

Golf tournament raises money for AAAA scholarships

BY RUSSELL SELLERS
Army Flier Staff Writer

Golfers from around the country are coming to Fort Rucker in support of Army Aviation Soldiers and Families April 1.

The annual Army Aviation Association of America Golf Tournament is meant to raise money for scholarships available to Army Aviation Soldiers and their Families, said Denise Aylesworth, Golf Tournament coordinator.

"We're expecting golfers from all over the Southeast and possibly from as far away as Texas and Arizona," she said. "This is one of the most important AAAA fund raisers of the year."

Last year's tournament filled quickly, and Aylesworth said many have already signed up to participate in this year's event.

Aylesworth said the tournament is important because of the service it provides Soldiers and Families who need help starting or going back to college.

"The money raised through this tournament is used only for Army Aviation Soldiers and their Families," she said. "Last year, we gave out 30 scholarships through the money raised at these events. The scholarships are so helpful because school can be really expensive. The scholarships are available to military children, but also for Soldiers who might

have gone active-duty and had their school work interrupted."

David Unsicker, SWGC business manager, said the tournament also gives players a chance to experience what Fort Rucker has to offer avid golfers.

"We have a great course here and having so many people from off-post is a great opportunity for us to show them what we have here," he said. "Being able to host these types of events has been great for us and we hope to have even more of these tournaments in the future."

All 27 holes at Silver Wings Golf Course will be used on the day of the event and the facility will be closed to the public for the tournament, he added. There is space for about 54 teams of four players each who will be competing in the charity event. The play format for the teams is scramble.

Prizes for holes-in-one and door prizes will be awarded at the conclusion of the tournament. Breakfast is served during late registration beginning at 7 a.m. with the tournament set to begin with a shotgun start at 9 a.m. Lunch is served at 2 p.m.

Registration costs are \$65 per person for SWGC members and \$75 per person for non-members. Deadline to register is March 26.

For more information or to register, call 300-6321 or e-mail fortrucker golf@gmail.com.

Video Game Spotlight >>

(Editor's note: All opinions stated in the Video Game Spotlight are solely those of the article's author.)

Masters of destiny

Dragon Age II allows players to become a champion, control character's path

BY JIM VAN SLYKE
Contributing Writer

Dragon Age is back so all you swordsmen and sorceresses can put on your armor and pick up your magic wands.

There's a new story in Dragon Age II that covers 10 years after the events from the first game. It thrusts gamers into the role of Hawke, a penniless refugee who rises up to become extremely powerful.

The story in Dragon Age II is impacted by the events in the first game, but is mostly a separate story that incorporates characters gamers met in the first game.

Since we know that Hawke will become powerful, the biggest question the game has to answer is how he got that way.

While the journey from refugee to champion is set in stone, what's not is where the trip

takes Hawke.

Dragon Age II adds many improvements to the series. A new combat mechanic makes it easier to incorporate strategy into battles while keeping the gamer in the action.

The story is more involved and does a great job setting the stage for the big events that happen later in the game.

The new game also looks a lot better and has a new style that seems more suited for a fantasy role-playing game.

The conversation mechanic also works better and allows gamers to make their choices faster.

If you loved the first game, you'll like Dragon Age II even better. If you didn't, then stay away from the tip of this magic sword.

Reviewed on the Xbox 360



Publisher
Electronic Arts
Rated
Mature
Systems
Multiple
Cost
\$60
Overall
3.5 out of 4



COURTESY GRAPHIC

PUZZLE ANSWERS

Super Crossword Answers

HELM	AMOS	PIETER	SELA
OMOO	DIVA	ADMIT	TREVI
PIGHEADED	LIONHEARTED		
STEAL	WRAP	ELO	ORE
WINE	TROOP	ENTENTE	
BECKONED	EDNA	TSAR	
OSA	EKE	OUNCE	MOTT
MARIA	SPARSER	PETRIE	
BULLNECKED	OBEDIENT		
LATH	LOOP	OLD	CANT
BRA	HAREBRAINED	DYE	
EARP	ALE	EAST	SLOT
SRILANKA	HORSE	FACED	
SESAME	COMPANY	FORTE	
RENO	SHOAL	APR	ONA
ERMA	ZION	NAUTICAL	
PROTEIN	EDDIE	READ	
AES	RDA	ALDA	PLEBE
WASP	WAISTED	EAGLE	EYED
SPITE	ETUDE	CROP	SRTA
SEAT	RIGOR	TENS	TEAM

Weekly SUDOKU

Answer

9	1	6	4	5	7	3	8	2
7	5	4	8	9	3	6	1	4
4	3	8	1	6	2	5	9	7
8	7	9	3	4	5	1	2	6
1	6	5	7	2	8	4	3	9
3	2	4	6	1	9	8	7	5
6	8	3	9	7	4	2	5	1
5	4	7	2	8	1	9	6	3
2	9	1	5	3	6	7	4	8

TRIVIA

- Answers**
1. Iran and Pakistan
 2. Nevada
 3. Herbie
 4. Sojourner Truth
 5. "Through the Looking-Glass"
 6. Referendum
 7. \$7.2 million
 8. Isaac Hayes
 9. Rook
 10. Missouri

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SPORTS SHORTS

Continued from Page D1

Participants must register by March 26. Cost for registration is \$65 per person for SWGC members and \$75 for non-members. For more information, call 300-6321.

YOUTH AND CHALLENGED SPORTSMAN FISHING TOURNAMENT

Fort Rucker Outdoor Recreation staff hosts the annual Youth and Challenged Sportsman Fishing Tournament April 2 from 7-10 a.m. at Buckhorn Lake. Trophies will go to the top three weigh-in totals. The event is open to youth ages 3-15 years and challenged sportsmen of all ages. Challenged sportsmen will need an Alabama State Specialty fishing license and a free Fort Rucker post fishing permit. Cost is \$7. For more information and to register, call 255-4305.

SOFTBALL COACHES MEETING

A men's and women's intramural softball coaches meeting is April 5 at 9 a.m. in Bldg. 4605. All coaches should attend this meeting. For more information, call 255-2393.

HEALTH AND NUTRITION FAIR

Child, Youth and School Services Sports and Fitness Department staff hosts the annual Health and Nutrition Fair for CYSS members April 6 from 2-4 p.m. at the Youth Center gym. There will be eye and hearing screenings, blood pressure checking, height and weight measurements, a registered dietitian, Directorate of Morale, Welfare and Recreation Partnership Edge! representatives, Family Advocacy Program representatives, physical therapy, a dental clinic, preventive medicine, the 4-H Club, a nutritionist and Military and Family Life Consultant Program representatives. For more information, call 255-9105.

GOBBLER CLASSIC TURKEY HUNT

Fort Rucker Outdoor Recreation staff hosts the annual Gobbler Classic Turkey Hunt April 8 from 5-10 a.m. Trophies and door prizes will be awarded. Participants must have an Alabama State Hunting License and a Hunter Safety Education Course Completion Card. Cost for participation is \$10. For more information and to register, call 255-4305.

NASCAR TICKETS OFFERED AT LEISURE TRAVEL

The Fort Rucker Leisure Travel office offers Talladega Superspeedway tickets for the NASCAR

races April 16-17. The prices are \$90 per person for both days and \$45 for Sunday only. Seating is in the Gadsden Grandstands. For more information, call 255-9517.

THUNDER ON THOLOCCO

The Thunder returns to West Beach, Lake Tholocco with the fast paced action of drag boat racing April 30 from 11 a.m. to 6 p.m. This multi-class outboard drag-boat race event is sanctioned by the American Outboard Federation. Boats reach speeds in excess of 100 mph. There will be multiple food vendors and free entertainment for children and adults. No pets or glass containers are allowed on the beach. This is an EFMP-friendly event. For more information, call 255-1749. Event is open to the public.

TAOIST TAI CHI SOCIETY

The Enterprise YMCA staff hosts two beginner's classes in the Taoist Tai Chi Society arts of health. Classes are offered Thursdays, 1 to 2:30 p.m., and Saturdays, 10 to 11:30 a.m. The beginner's class covers all 108 moves of the Tai Chi set. Taoist Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or 347-4663.

BOWLING EVENTS 'Burger and Bowl'

Rucker Lanes staff offers a daily "Burger and Bowl" special for \$7. The special includes a cheeseburger, fries, soda, shoe rental and two games of bowling.

EXTREME BOWLING

Extreme Bowling at Rucker Lanes is Saturdays from 8 to 11 p.m. for \$10 and features unlimited bowling with lights, music and glow-in-the-dark balls and shoes. For more information, call 255-9503.

ARCHERY SHOOT

Fort Rucker Archery Club members conduct weekly shoots at the club's range, located off Whittaker Road. Shoots begin Thursdays at 4 p.m., and members take aim at a 20- to 60-yard practice range, 28 3-D targets along a walking trail or a 10-target area. Annual membership costs \$20. For more information, call 389-6135.

Visit www.youtube.com/ftruckerpao for video from recent events.



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Program includes majors in Police Science (AS to BS), Law Enforcement Operations (AA to BS), Intelligence (AA to BS opens fall 2012), and Crime Science Investigation (AA to BS opens fall 2013). These programs are online and on-campus.

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