SUPERVISION

Child supervision a top priority on post

Story on Page C1





ATV TRAIL RIDE Soldiers mix safety, fun, outdoor recreation

Story on Page D1





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 61 NO. 09

FORT RUCKER * ALABAMA

MARCH 3, 2011

NEWSLINES

DADT TRAINING

Army Chief of Staff Gen. George W. Casey Jr. and Secretary of the Army John McHugh outline the "Top 10 things Soldiers need to know" about the repeal of don't ask don't tell.

See Page A2 for full

CHILD SUPERVISION

Parents are reminded that children must be supervised at all times. Post officials recommend parents remain involved in their

See Page C1 for full story.

HOUSING **IMPROVEMENTS**

Picerne Military Housing keeps Families first in managing, renovating and building houses and community centers See Page C6 for full story.

BOOT CAMP

Fort Rucker Boot Camp participants vow to continue physical fitness regimen. See Page D3 for full story.

TRAVEL EXTRAVAGANZA

The Fort Rucker Leisure Travel staff hosts the 23rd annual Travel Extravaganza Wednesday at The Landing 11 a.m.-2 p.m. Discounts and vacation destinations for all travelers, from day trips to weeklong, are available. Door prizes include vacation packages, park admission tickets to the Georgia Aquarium, Gulf Exhibitions, Wild Adventures, dinner show tickets and more. For more information, call 255-2997 or 255-9517.

SAVE A LIFE TOUR

The Save A Life tour offers a drunk driving simulator Wednesday through March 11. Daily schedule for the simulator is 8-9 a.m. mass presentation with 750 participant slots available and a hands on simulator available to 50-80 participants each hour from 9 a.m. to 5 p.m. For more the simulator, call 255-7089 or e-mail traci.dunlap@us.army.mil See Page A2 for full

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Wiregrass	4C
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Weather 3-DAY

THURSDAY

Low **55** Partly cloudy



FRIDAY High **73** Low **56**







Supporting Soldiers

Post launches annual assistance drive

BY NANCY RASMUSSEN

The annual Army Emergency Relief campaign was officially set port to one of the finest

Strong."

Fort Rucker units and Brigade. "AER has been to mark the beginning offers Soldiers the opportunity, through direct contact, to contrib-

ute to AER by allotment, their Family members check, money order or cash donations.

"Your presence here tance." today validates your suphelp our own since its and since that time AER has helped more than 3.2 million Soldiers and

with more than \$1 billion in financial assis-

In 2010 alone, AER assisted more than 66,000 in motion by post lead- programs we have in Soldiers and their Famiers Tuesday at the U.S. today's Army that helps lies by providing more Army Aviation Museum. leaders take care of than \$77 million in fi-The theme for this their Soldiers and their nancial aid according to year's drive is "Help- Families — Army Emer- Kingston. This financial ing to make Soldiers gency Relief," said event help comes in the form and their Families Army guest speaker, Com- of grants or no interest mand Sgt. Maj. George loans for things like re-Representatives from Kingston, 1st Aviation pairing heating and air conditioning systems at organizations gathered asking for support to home; purchasing and repairs on stoves and of the campaign that beginning back in 1942, refrigerators and purchasing child car seats.

SEE SOLDIERS, PAGE A4



PHOTO BY NANCY RASMUSSE!

nand Sgt. Maj. George Kingston, 1st Avn. Bde., speaks at the kickoff of the Army Emergency Relief fundraising campaign Tuesday at the U.S. Army Aviation Museum. The theme for this year's drive is "Helping to make Soldiers and their Families Army Strong."



Terra Taylor, Fort Benning, Ga., Blood Drawing Center phlebotomist, takes blood from Staff Sgt. Eric Kahle, D Co., 1st Bn., 13th Avn. Regt. operations NCOIC, during an Armed Services Blood Program blood drive at Fortenberry-Colton Physical Fitness Facility Friday. All blood collected during the drive is to be used exclusively for Soldiers and their Families.

Soldiers, civilians give blood for servicemembers

BY RUSSELL SELLERS Army Flier Staff Writer

Donating blood can be a great gesture because the life you save may be your own or a Family member's, according Soldiers from Fort

Rucker and Fort Benning.

Staff members from the Blood Drawing Center in Fort Benning, Ga., collected blood from 127 Soldiers and civilians at Fortenberry-Colton Physical Fitness Facility Friday

All blood collected from the event for the

Armed Services Blood Program was meant for active-duty Soldiers and their Families, according to Staff Sgt. Eric Kahle, D Company, 1st Battalion, 13th Aviation Regiment operations

SEE BLOOD, PAGE A5

Post celebrates African-American heritage during event



Carl McComb. Daleville Christian Fellowship Worship pastor and event quest speaker, talks to the attendees of the African-American/Black History Month Luncheon at The Landing Friday. McComb reflected on the contributions of African-Americans throughout the U.S. military's history.

BY RUSSELL SELLERS Army Flier Staff Writer

Fort Rucker honored the contributions of African-Americans during an African-American/ Black History Month luncheon at The Landing Friday.

The luncheon was the culminating event of the installation's African-American/Black History Month celebration.

Carl McComb, Daleville Christian Fellowship Worship Center pastor and event guest speaker, said it was important to recognize the accomplishments of African-Americans in order to keep their memories alive. Despite having recently undergone throat surgery and having a subdued voice as a result, McComb said it was important for him to

speak on a subject he was passionate about.

"There have been no wars fought by or within the U.S. that African-Americans did not participate," he said, "African-Americans have served on the front lines and behind the lines."

McComb said that while remembering the accomplishments of African-Americans is important, it's also important to remember that, regardless of race, those who serve in the U.S. military are all Americans.

"We will go where duty shall call, not as a black man or black woman, but as brave, determined and proud Americans," he said. "We, African-Americans, have always been there and we will

SEE HERITAGE, PAGE A4

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If you would like to contact the Army Flier by e-mail, please contact the editor at kford@armyflier.com.

Perspective

LET YOUR VOICE BE HEARD BY WRITING AN E-MAIL TO THE ARMY FLIER AT KFORD@ARMYFLIER.COM.

Preparing for repeal of DADT brings training for Soldiers

WASHINGTON — With pending repeal of the Don't Ask, Don't Tell law banning gays and lesbians from military service, the Army is implementing a tiered training program for Soldiers worldwide.

Army Chief of Staff Gen. George W. Casev Jr. and Secretary of the Army John McHugh sent a message Feb. 22 to the force about preparations to repeal the law.

"We are confident that you are up to the task, and that we can implement this change in policy by relying on the leadership, professionalism, discipline and respect for each other that have characterized our service for the past 235 years and remain at the core of the United States Army," Casey and McHugh said in the

Training for the force is broken into three tiers. Tier one targets special staff and key individuals like chaplains, lawyers and inspectors general. Tier two focuses on commanders and supervisors. Tier three will train the rest of the force and is scheduled to begin in early March.

"It is important to emphasize that the current policies remain in effect" for now, McHugh and Casey pointed out in the message. They said the DADT law will stay in place until 60 days after the president, secretary of Defense and the chairman of the Joint Chiefs of Staff certify that the repeal can be implemented "consistent with the standards of military readiness and effectiveness, unit cohesion and military recruiting and retention."

They added that the repeal date will be widely publicized once it is decided.

Attached to the message was a list of the "Top 10 things Soldiers need to know" about the repeal

Accessions and separations policies

Upon repeal, the Army will no longer separate Soldiers solely on the basis of homosexual acts, a statement that a Soldier is gay, lesbian or bisexual, or marriage to a person of the same sex. Statements about sexual orientation or lawful acts of gay and lesbian conduct will not be a bar to military service or admission to any accession program. Sexual orientation will continue to be a personal and private matter.

Standards of conduct apply equally to everyone

All Soldiers will be held to the same standard of conduct. All members are responsible for upholding and maintaining high standards of the U.S. military at all times and in all places.

Personal privacy

Commanders may not establish practices that physically segregate Soldiers according to sexual orientation. Commanders do have the discretion to alter billeting assignments to accommodate privacy concerns of individuals on a case-by-case basis where it is in the interest of maintaining morale, good order and discipline, and is consistent with

performance of the mission.

Moral and religious concerns

There will be no changes regarding any Soldier's free exercise of religious beliefs, nor are there any changes to policies concerning the Chaplain Corps and its duties. The Chaplain Corps' First Amendment freedoms and its duty to care for all will not change. Soldiers will continue to respect and serve with others who may hold different views and beliefs

Benefits

There will be no changes to eligibility standards for military benefits and services. The Defense of Marriage Act prohibits the Federal Government from recognizing any same-sex marriage, so same sex partners do not qualify as dependents for many military benefits and services. A same-sex partner should be treated the same as an unrelated third party (e.g. girlfriend, boyfriend). All Soldiers will continue to have various benefits for which they may designate any beneficiary regardless of relationship.

Equal opportunity

Sexual orientation will not be placed alongside race, color, religion, sex and national origin as a class under the Military Equal Opportunity Program and therefore will not be dealt with through the MEO complaint process. All Soldiers, regardless of sexual orientation are entitled to an envi-

ronment free from personal, social, or institutional barriers that prevent Soldiers from rising to the highest level of responsibility possible. Harassment or abuse of any kind, including that based on sexual orientation, is unacceptable and will be dealt with through command or inspector general channels.

Duty assignments

There are no changes to assignment policy. All Soldiers will continue to be eligible for world-wide assignment without consideration of sexual orientation. Soldiers assigned to duty, or otherwise serving, in countries in which gay and lesbian conduct is prohibited will abide by the guidance provided to them by their local commanders

Medical policy

There are no changes to existing medical policies.

Release and service commitments

There will be no new policy to allow for release from service commitments for Soldiers opposed to repeal of DADT or to serving with gay or lesbian Sol-

Collection and retention of sexual orientation data

Sexual orientation is a personal and private matter. Commanders will not request, collect or maintain information about the sexual orientation of Soldiers.

Blogger copes with military mom's guilt

BY NAVY LT. TIFFANI WALKER

Definition of tumultuous: riotous, turbulent, disturbed, moving across country with two small children while husband is 3,000 miles away.

Life has been tumultuous for me lately. I changed my career field and got a new job, I transferred from Washington state to Washington, D.C., I just received my household goods into our new home and I commute almost four hours a day, but all of those things are pretty "normal" for me. What has me really spun up and wrung out is my other job, a mom to two amazing, beautiful germ-filled petri dishes that are my children.

I enlisted in the Navy 12 years

of things that were given to me and backpack full of things that were mine: a couple of pictures, a toothbrush and enough stuff to write home to mom and

Wherever I went, all I had to worry about was a small wallet to hold my brand new identification card and getting myself in to work the next day. Even when I moved, a new roll of toilet paper was provided to me.

I can't remember what I did with all of my free time, but I wish I could find some of it now so I could figure out why I'm not "hip" anymore.

My children have changed my world and my daily calendar. I walk out the door with no less than five bags in the morning and my "free time" is now filled ago when life was simpler and I with things like "Cheernastics" was simpler. I had a sea bag full and Mommy and Me swim, the smell of laundry and bleach wipes. I can't say that I would want it differently, but I can say that I am exhausted, kept moving through the days and weeks by guilt, my will to be a wonderful mother and diet soda.

Military moms have the regular parental guilt that comes from worrying if our kids have enough: enough interaction, enough activities, enough education, but we have more insidious guilt as well The kind that sneaks into the house and sits at the dinner table when mom or dad is on duty (again) or on deployment. The kind of guilt that hangs around your neck bed, put on a uniform that I was like a weight when our child's arms haven't hung there for not just hours, but days, weeks and

I combat the guilt with simple things that I can control and military and be their mother.

try to let the rest go. It is a battle every day not to worry about the bigger things, but I manage by taking the time to breathe in the smell of baby formula and lotion when my son falls asleep in my arms at night and laughing when I see what books and stuffed animals my daughter has smuggled into her bed for the evening. My beautiful girl who talks of faraway places and has a section in her bookshelf dedicated to biographies and one to simply "Tinkerbell."

I take pride in my job and knowing that one day my kids will recognize that I got out of proud to wear, took them to day care and did the best I could every day for them, for me and for my service. I hope they know I was lucky enough to be in the

March is Women's History Month. How should we honor the many accomplishments of women throughout history? **55**



Sgt. Demetrius Scott. 597th Maint. Co.

We should pay tribute to the women who have had a part in American's history. We should make their accomplishments



Family member

"This month should be used to help educate everyone about terrific accomplishments women have made throughout history and it should start in our



Lorraine Grimes Veteran specialist

Why not increase the publicity by adding more attention to the things women have done for our country?"



1st Bn. 13th Avn. Regt.

"The men in our history, as well as in today's time, are discussed more. We should try to educate individuals more on the things women have accomplished over the years."



Pvt. LaKrista Mullen. 1st Bn. 13th Avn. Regt

"We need to educate every one on the accomplishments of women. There are more and more women who will be a part of our history over the years. It is time we learned just how much women have contributed to America.'

Aviation future focus on new helicopter

BY KARI HAWKINS

REDSTONE ARSENAL, Ala. - A leader in military Aviation is calling for a focus to the equipment needs of the future.

In the Army's Aviation arena, that future focus should aim on a new rotary wing platform, said Maj. Gen. Anthony G. Crutchfield, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general.

Speaking at the Army Aviation Association of America's 37th annual Joseph P. Cribbins Aviation Product Support Symposium at the Von Braun Center Feb. 10, Crutchfield said the symposium's theme - "Army Aviation: The New Challenge" - emphasizes the need for planning for future systems that will continue to grow the Army's Aviation mission

"We'll not begin the next fight the way we end this one," Crutchfield said, referring to Operation Iraqi Freedom and Operation Enduring Freedom."The Aviators of today were trained by Vietnam veterans, but this war is not Vietnam. We have to prepare for a 21st century fight. Our greatest challenge lies beyond the horizon, beyond Iraq and Afghanistan."

Army needs and capability Aviation systems. assessments, he said, but, ghanistan"

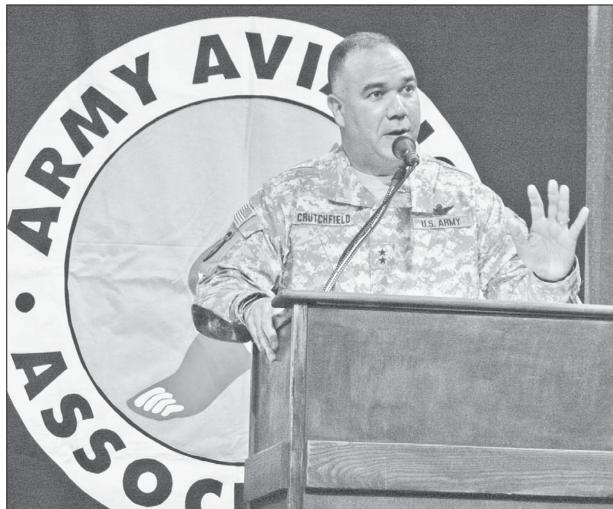
to build the Comanche he- wrong." licopter.

production.

16,000 were built, provid- within its grasp, he said.

51 years for us."

In contrast, it took eight celed, with much of its re- cancel the next thing and include movement and



Maj. Gen. Anthony G. Crutchfield, USAACE and Fort Rucker commanding general, emphasizes the need for a new Army airframe during his comments at the Army Aviation Association of America's 37th annual Joseph P. Cribbins Aviation Product Support Symposium at the Von Braun Center, Feb. 10.

The future security en- sources being rerouted to vironment will be built on modify the Army's proven

"I don't think we can to get to that, Army Avia- continue that way. The tion leaders must "go to Huev wasn't perfect, but a 20-foot hover and start we've modernized it along looking past Iraq and Af- the way," Crutchfield said. "I don't want to offend any-Crutchfield centered one with the Comanche many of his comments on and UH-1 analogy. I just comparing two Aviation want to drive home the systems — the highly suc- point that we can't expect cessful UH-1 Huey helicop- to get it all right, but we ter and the failed attempts also can't afford to get it all

With the Huey, the Army Huey helicopters have determined the requirebeen in the Army's Avia- ment, developed a solution arsenal since Vietnam. tion, procured and fielded a The Huey took four years quality airframe and adaptto go from requirement to ed that airframe through first flight, and eight years modernization. With the from requirement to full Comanche, the Army and its industry partners kept More than 7,000 Hu- searching for the perfect eys flew in Vietnam and platform and never got it

ing a proven helicopter Today's challenge is that system that has been used the Army must find reworldwide. Just two weeks placements for an Aviation ago, the Yakima Training fleet that does not have Center in Washington state an infinite lifespan, even we won't be flying any-maneuver, fire systems, airframes must perform, major general said. "I feel retired their Huey as the with modernization taken thing." unit's medical evacuation into account. Crutchfield said the Apache and UH-60 frame — lift, attack or util- protection. It also means vivability and reliability, women who trained me "That's one of the last Black Hawk lifespans end ity - has not yet been de-Army units to have UH-1s. in 2040, the Chinook's termined. But, Crutchfield That's 51 years of service," lifespan ends in 2035 and said the Army and indus-Crutchfield said. "It lasted the Kiowa's lifespan ends try partners must look out in 2025.

years of new Aviation sys- point for a future level and based on "our best assesstem development just to then we need to develop a ment of the future." come up with the name new airframe by 2025," he That "best assessment" "Comanche." It took 22 said. "We're not going to means years to build two Coman-field the perfect solution, needs across the Aviaches, now museum pieces. the holy grail. If we try for tion enterprise and the The program was can- the holy grail, then we will war fighting functions to



While visiting the exhibit area of the Cribbins Symposium, Maj. Gen. Tim Crosby, program executive officer for Aviation, checks out how a helmet-mounted display is integrated with an F-16 simulator with the help of Todd Lovell, who works for Raytheon. Helmet-mounted technology is now being considered for integration on rotary wing platforms

beyond current needs and "We've got to set an aim determine requirements

intelligence, sustainment, be available, increase in passionately about this The role of the next air- command and control, and range, speed, payload, sur- because the men and realizing that changes in science and technology. Army doctrines and tactics, force structure and the enemy will have to be considered

Other factors to consider is that Aviation systems must be able to operate in a collaborative environment of networks and a mix of ground and air capabilities; that funding will be limited; that new

and reduce in logistical footprint; and that Aviators tle. I feel like they have encan't expect to always operate from fixed bases.

The Army's new airframe can be available by the 2030 timeframe if the aim point is kept stationary and if the Army is willing to accept "good enough" based on assessments and analysis, Crutchfield said.

"This is revolutionary, not evolutionary," the handed off to me a mantrusted in me something that is very valuable. I do not want to let vou, our Soldiers, our Army or our nation down.

"I feel, finally, in my heart, that if we can set an aim point, stick to it, develop a product and make trade offs based on what's good enough, then we will have a new airframe.

Simulator shows effects of alcohol on driving

BY JEREMY WISE Contributing Writer

Community members can experience what it is like to drive drunk without the inherent risks involved next week when the Save A Life Tour visits here March 9-11.

SALT has been in existence for more than five years, but the drunk-driving simulation program is making its first visit to Fort Rucker, according to Traci Dunlap, Army Substance Abuse Program risk reduction coordi-

"Our program's expanding, and the Army is moving toward a prevention program instead of being reactionary," she said.

SALT organizers present a one-hour lecture for groups ranging from 50 to 80 people, Dunlap said.

Group members then take turns driving in a simulator that shows what a drunk driver sees based on weather conditions, impairment level and other en-

to information from Kramer Entertainment, which runs the simulator.

All scenarios differ based on the elements, but most end in accidents.

The whole presentation takes about two hours, Dunlap said. Alcohol abuse leads to many destructive behaviors, but driving under the influence is the

main one, said Jesse Hunt, ASAP prevention coordinator. "Of all alcohol incidents, 70

said. "Last quarter, we had six or seven DUIs (of Fort Rucker Soldiers).

And driving under the influence is deadly. Vehicle accidents are the number one cause of death amongst young people nationwide, and about 40 percent of those are alcohol related, Hunt said.

That is why the simulator is important, Dunlap said.

By showing the effects of drinking while they are so-

vironmental factors, according to 80 percent are DUIs," he ber, it'll help (people) to think twice," she said

> She also said it also helps friends who attend the seminar to understand when it is time to arrange alternative transportation for a person.

> "It helps them to recognize that you can't do this," she said. The seminar is at the Post

> Theater from 8 a.m. to 5 p.m. Registration is required and can be done by calling Dunlap at 255-7089 by 5 p.m. Monday.

Soldiers: Campaign aids Army Families

Continued from Page A1

her Family is changing stations and cannot get advance travel funds for relocation, AER is there,"

Kingston encouraged early years when they

Family. He then asked them to give generously "If a Soldier and his or to AER and to encourage their Soldiers to do the same.

"The first few years in an Army career can present many challenges to young Families. One of leaders to remember the the more stressing challenges can be the day-towere struggling with day life on a tight finanthe demands of a young cial budget," he said.

When the situation is further compounded with a car or stove that suddenly needs repair, Soldiers can turn to AER for help, he added.

"This help from AER allows our Soldiers to focus on their mission and enhances the readiness of the United States Army. Army Emergency Relief is a true reflection of Soldiers helping Soldiers," Kingston said."We must provide an opportunity for every Soldier to help the Army take care of its own by

contributing to AER." AER program information is also now available by iPhone and Android smart phone applications, making it even easier for Soldiers

take advantage of AER services.

Kingston concluded with an appeal to "take the next 75 days and make sure that every Fort Rucker Soldier and Family member knows about AER; knows it is there to help if needgrade - knows how to

and their Families to request its assistance and is afforded the opportunity to make a tax deductible charitable contribution, what this kick-off event is all about."

For full details on AER assistance, call Nerida Brooks, Fort Rucker Army Emergency Relief ed - regardless of pay officer at 255-2341, or visit www.aerhq.org.

Heritage: Guest speaker receives standing ovation

Continued from Page A1

always be there."

McComb's speech earned a standing ovation and got the attention of several active-duty Soldiers at the event, including 1st Sgt. Tangela Hodge, Aviation Captains Career Course first sergeant and event master of ceremo-

"It was very moving, inspiring and touching," she said. "When you have a speaker put a message across like that, it really hits home."

Hodge echoed McComb on the importance of continuing to recognize the contributions of African-Americans to the U.S. military.

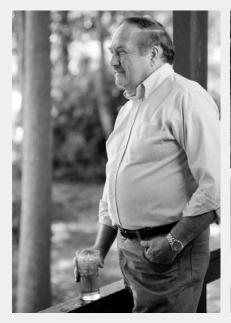
"It's very important because, over time, people can lose the memory that there were African-Americans serving in our military from the beginning," she said. "Often times, people have to be reminded of that from generation to generation or it runs the risk of being

At the closing of the ceremony, Col. Russ Stinger, 110th Aviation Brigade commander, presented McComb with a framed, drawn rendition of Rosa Parks as a show of appreciation from the installation for his speech.

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Instructor GS-2181-13 SCEG11849767 Closing Date: Dec. 31

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Blood: Drive benefits injured Soldiers, Family members

Continued from Page A1

noncommissioned officer in charge. Kahle was the Fort Rucker liaison for the

"This is for a great cause," he said. "It's going to injured Soldiers and Family members and we're helping to save lives."

Kahle said Soldiers who are thinking about giving blood should consider what would happen if they or a Family member needed blood.

"With the Army being in two theaters of combat, some of them may need blood someday," he said. "It may save their life or it could save their

buddy's life."

Kahle, in addition to aiding in the organization of here soon. the event, also donated a pint of his blood.

event at 9 a.m. and managed to get started an hour ahead of schedule, said Staff Sgt. Nicholas Laye, Mobile Collection Team NCOIC. He said everything went smoothly and he is looking forward to conducting another blood drive here.

"The turnout was very steady," he said. "It's great to see such a positive response from the post."

Laye added that his first impression of Fort Rucker

was a positive one and he is hoping to come back

"Everyone here has been very supportive," he said."A The staff from Fort Ben- lot of the units have come ning began setting up the by to donate and that's a great thing for us and those in need of donation."

Scan this code with vour smartphone



to check out video from the blood drive.

- Have a Family disaster plan and supply kit.
- Build or identify a safe room in your home.
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ARMY FLIER Real Estate Page



316 JASMINE CIRCLE

This 2 bedroom, 2.5 bath town house is available now! 950.00 a month with 1 car garage, monthly yard care, and pest control included. To view call 347-6610

400 RAVEN

3 bedroom 2 bath home with privacy fence, pool, 2 car garage, large laundry room, and walk in closet's. Pool service and pest control included in rent. 1,350.00 a month. To view call 347-6610

132 S. SPRINGVIEW

850.00\$ a month located close to Ft. Rucker, this pet friendly town house is 2 bedroom 2.5 bath. 1 car garage, pool, and clubhouse provided. Call 347-6610 to view.

403 PEBBLE CREEK

Located in County Club Estates, this house is immaculate! 3 bedroom 2.5 bath with fenced in yard, formal dining room, eat in kitchen, bonus/office space, and fireplace. 1,650.00 a month. To view call 347-6610.



110 COMANCHE

Minutes form the Daleville gate located near Cairns Army Airfield this 3 bedroom 2 bath home has a 2 car garage, fenced in backyard, large laundry room, screened in patio, and outside storage. 985.00 with 500 of 1st month's rent with a 12 month lease. Call 347-6610 to take a look.



PRICE JUST REDUCED! 1150.00 2 Weeks FREE rent with a 12 month lease! 3 bedroom 2 bath, fireplace, security system, patio, big backyard, and outside storage. Includes monthly pest control and lawn care. Call 347-6610 to schedule a showing.



408 LAKE OLIVER

Great price, great location, great size, lakeview, What more could you want? 1800.00 This 5 bedroom 3.5 bath home located on a cul-desac is ready to be rented! This house offers 2 fireplaces, 3 car garage, covered patio, wood deck, wood floors, and security system. The finished basement has an additional bedroom/office, a full bathroom and a den/playroom with French doors opening up to the backyard. to view this property call 347-6610.

or need Property



605 CLEARVIEW

Located off of Rucker Blvd this 3 bedroom, 2 bath home is move in ready at 1350.00\$ a month. Large lot with fenced in backyard, updated kitchen, fireplace and 2 car garage. Please call 347-6610.



2915 Rucker Blvd • Enterprise, AL (334) 347-6610









334-347-0048 **531 Boll Weevil Circle**



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15 PINEWAY: You will love the open grandroom with cozy fireplace that leads into kitchen with updated digital oven. Sunroom surrounded by windows to showcase backyard. \$89,900 MARY M. JONES 334-790-2933 ENTERPRISEHOMESANDLAND.COM



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82 Woodfield Place, *NEW CARPET AND PAINT* This 2BR/2.5BA Townhome comes complete with all appliances to include washer and dryer, Lawn care, pest control, and use of POOL and **CLUBHOUSE!**



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Call or check out our website for our "3rd Saturday Seminars!"

Column on Page B4

VOL. 61 NO. 09 ARMYFLIER * COM MARCH 3, 2011

ARMY **BRIEFS**

AUSA WINTER SYMPOSIUM

FORT LAUDERDALE, Fla. - The Association of the U.S. Army's Institute of Land Warfare launched its 2011 Winter Symposium and Exposition here, Feb. 23, with panels and speakers focusing on emerging technologies.

Throughout the symposium, hundreds of defense companies opened exhibits that highlight new capabilities available to the Army and future prototypes ranging from hand-held weaponry to missile technology to protective combat wear and lightweight frameless vehicle prototypes.

The symposium opened with a presentation by Malcolm R. O'Neill, assistant secretary of the Army for Acquisition Logistics and Technology, who called for greater efficiency in the acquisition process, noting that, on average, it has taken about seven years to get the latest technology to the field.

2011 WARRIOR GAMES

ALEXANDRIA, Va. -The U.S. Army's Warrior Transition Command has announced the selection of wounded-warrior athletes who will represent the Army at the 2011 Warrior Games, May 16-21, at the U.S. Olympic Training Center, or in Colorado Springs, Colo.

The second annual Warrior Games features 200 wounded, ill and injured servicemembers from all branches of the U.S. armed forces. The athletes compete in several sports including shooting, swimming, archery, track and field, cycling, sitting volleyball and wheelchair basketball.

The Warrior Games are a joint effort between the U.S. Olympic Committee and the Department of Defense.

The Army team consists of active and reserve-component Soldiers stationed in commands around the world. as well as Army Wounded Warrior Program Soldiers and veterans.

RECOGNIZING 'R AND R' CONTRIBUTORS

ATLANTA – Military officials recognized several organizations that support the Rest and Recuperation leave program during a ceremony the Hartsfield-Jackson Atlanta International Airport Feb. 17.

The state of Georgia is one of the most hospitable places in welcoming Soldiers and their families all year round, said Maj. Gen. Jeffery L. Arnold, assistant deputy chief of staff, G-1, Department of the Army, and director of Human Resources Policy.

Although the Personnel Assistance Point's mission is to process Soldiers on R and R leave, it also assists servicemembers with other issues from sending new recruits to basic combat training to housing Soldiers whose flights get delayed, Arnold said.

Twenty Soldiers and civilian contractors comprise the Atlanta Personnel Assistance Point. Maj. Mark Brown, the PAP commander, said the R and R leave mission would be virtually impossible to complete without the support of the airport and other different organizations that were recognized during the ceremony.



Fuelers at the Taji Forward Arming and Refueling Point normally spend their days refueling Black Hawks and other helicopters. On Feb. 4, their attention was not on the helicopters, but a fire that had broken out on the FARP.

lers quickly extinguish fire

BY SGT. 1ST CLASS

Enhanced Combat Aviation Brigade, 1st Infantry Division Public Affairs

CAMP TAJI, Iraq — When your office is next to 60,000 gallons of fuel, the last thing you want is a

But, for the Taji Forward Arming and Refueling Point, the alarm "Fire on the FARP" rang out Feb.

Spc. Derrick Rasmussen had

which is operated by A Company, 601st Aviation Support Battalion, when he heard helicopters landing to refuel. He started heading to the refueling point, as he had done every day of his year-long deployment in Iraq. But this time something besides the landing Black Hawks caught his eye.

"I spotted smoke that was blowing across the FARP," Rasmussen said. "At first I thought it was just a burn pit, but after taking a

just come on shift at the FARP, closer look I realized that we had the (helicopter) crew chiefs a fire on the FARP"

He ran to the radio room so they could notify the fire department, then Rasmussen headed to the break room where he knew the rest of those on shift would be and hollered "Fire on the

"The next thing I know, about a dozen guys all kicked into action," said Rasmussen. "Some headed toward the fire. Myself and some others headed to the pad to let

But he said

Cov-

it was the sign-

ing of the Army

enant in Octo-

ber 2007 that

significantly

impacted Fam-

"That initial

covenant we

signed at Fort

Family

ilies.

know there was a fire.'

As a normal safety precaution at the FARP all passengers must disembark the helicopter as it refuels. But this would not be a normal refueling.

"I went to the birds to get them off the FARP because it is a safety hazard having them and their passengers on the ground when there is a fire," said Sgt. Jeremiah

SEE FUELERS, PAGE B4

Outgoing SMA reflects on Army's changes

BY ROB MCILVAINE

WASHINGTON — As Sgt. Maj. of the Army Kenneth O. Preston prepared to step down as the Army chief of staff's personal adviser on all enlisted-related matters Tuesday, he attended a final bloggers roundtable Feb. 17 to reflect on the Army's changes during his

"As the SMA, I've spent the last seven years working for both Gen. Peter J. Schoomaker (35th Army chief of staff) and Gen. George W. Casey Jr., and I've spent the majority of my time on the road traveling to talk to Soldiers or Families or Army civilians about those challenges they're facing out there in their units and organizations all around the world," Preston said.

He said Americans should be very proud o what the Army has done as an institution to take care of Soldiers and Families.

"If you go back to 2004, the focus was on transformation. The Army on Sept. 10, 2001, was not the Army we needed on Sept. 11 and the months and years that would follow," he



Knox, Ken-Preston tucky, really focused the Army leadership to provide the resources that we needed to provide a quality of life commensurate with the quality of service

our nation. "This involved quality housing for Families, barracks for our single Soldiers. There was a big boost to providing the child care and vouth services needed to take care of our Families while our warriors were deployed.

that Soldiers and Families were providing for

"It was all those pieces tied under the umbrella of the Army Family Covenant that has really led to the success we've had today, not only on the retention side of the house, but especially on the recruiting side of the house to recruit Soldiers and Families together," Preston said.

Three skills for success

"A young Soldier asked me how he could become sergeant major of the Army. I told him to focus on being the best Soldier he can be. Your appearance, be on time for duty, be where you're supposed to be, listen to your noncommissioned officers and learn everything you can from your leaders.

"Strive to be a subject-matter expert in your profession. If you're the young infantry Soldier, the way you demonstrate being an expert in your profession is the Expert Infantry Badge. If you're the medic, enter the Expert Field Medical Badge competition. Earning the EFMB is a very important part of demonstrating excellence in your profession. If you're the young cavalry scout, earning your cavalry spurs through the spur competition is another way to demonstrate being an expert.

"All those things you learned will make you

SEE PRESTON PAGE B4

Battle ongoing to defeat combat stress



Paratroopers from 3rd Platoon, B Co., 3rd Bn., 509th Parachute Inf. Regt., 4th BCT. 25th ID, prepare to load a CH-47 Chinook Helicopter in the Bermel District of the Paktika province in eastern Afghanistan. While being deployed to a combat environ-

BY CAPT, KENNETH A. STEWART 17th Public Affairs Detachment

PAKTYA PROVINCE, Afghanistan — Combat stress is one of the most lethal enemies that members of the armed forces must face.

Members of the Combat Stress Clinic are working throughout Afghanistan to defeat this enemy.

Lt. Col Thomas Stokes, a social worker, leads a team dedicated to helping servicemembers cope with the stress of combat and increase their efficacy on the battlefield.

"My objective is to maintain the fighting strength," said Stokes. Stokes said he recognizes each person he treats is faced with a different set of stressors depending upon where they are in the deployment cycle.

"I treat every person who walks through my door as a unique individual," said Stokes, "Our treatment is not, 'one size fits all."

Servicemembers deployed for the first time must adjust to life in a foreign environment and help their loved ones to adjust to the absence. Those returning to the U.S. often feel both joy and anxiety as they prepare to reintegrate

into home and Western society. "Often, re-establishing the roles of father or mother are difficult," said Stokes.

SEE BATTLE, PAGE B4

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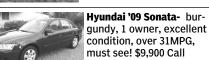


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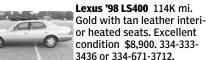
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Opelika-Auburn News`

Fuelers: Quick action helps conquer blaze

Pringle. "We got the birds off the pads and then we started unhooking the hoses so the fire wouldn't spread."

Sgt. Roger Jaramillo, the FARP's fire marshal, was one of those who went straight to the fire, which was between two concrete walls — with a straight shot

those concrete walls was a fuel fire extinguisher trying to extinbladder holding thousands of gallons of fuel.

Positioned along the center of the FARP are several compressed air foam fire suppression systems, called Tri-Maxs. Jaramillo went to one and headed to one side of the guish it, while I sprayed into the fire with the Tri-Max from the other side," said Jaramillo. The two working together quickly extinguished the fire.

The Soldiers all agree that although it seemed like it took a

and the fire being extinguished. The Taji Fire Department showed up right after they put it out, and all that remained were a few embers.

"Everybody took the initiative in separate areas," said Jaramillo. "We didn't have a clutter of people in while to put the fire out, only a one area and no one in another."

A Soldier died in a privately-owned hicle crash Jan. 15 in Copperas Cove, Texas.

The Soldier was a passenger in a vehicle driven by another Soldier who lost control of the car and struck a culvert. The driver was hospitalized and later released. The passenger was not wearing a seatbelt while the driver was wearing his seatbelt. Alcohol was involved and driver is being charged with vehicular manslaughter.

A Soldier was killed in a privately-owned vehicle crash Jan. 18 Bruchmuehlbach, Germany. The Soldier failed to maintain control of his vehicle and it exited the roadway, struck some trees and he was eiected. Initial reports indicate the Soldier's license was revoked and there were open alcohol containers found in his vehicle. The Soldier was not wearing a seatbelt and was pronounced deceased at the scene.

Safety reflection

Alcohol and motor vehicles are a toxic combination. At least 14 Soldiers were killed in drinking and driving incidents in fiscal 2010.

Preston: Retention key to maintaining Army's strength

Continued from Page B1

a great NCO. And then vou teach everything vou learned back to your Soldiers to make them great Soldiers. This will make vou a great teacher. Taking care of your Soldiers will get you promoted and you'll have more responsibility," Preston said.

Changes in uniforms, equipment

"As I look back to 2003 and coming into 2004, the uniforms, the equipment for the individual Soldier were not what they needed to accomplish their missions. We had the battle dress uniform, the green camouflage; the level who were out there desert camouflage uniform was what we were help with designing a wearing in many cases, in new uniform. The uniform

Iraq and Afghanistan. But those were uniforms that were not designed to be worn under body armor," Preston said.

The Army began fielding the new outer tactical vests with the Small Arms Protective Insert plates to replace the old Vietnamera flack vests

"It was a young (private first class) out there who said, 'Hey, can we do something with these buttons on the uniforms, you know this button on my jacket up here at the top is rubbing a hole through

So the Army involved Soldiers at the lowest executing missions to

was initially tested with the Stryker Brigade out of Fort Lewis. That Stryker Brigade subsequently deployed to Mosul, Iraq, in November 2003 and the feedback from those Soldiers led to developing the new Army Combat Uniform.

Other on-going efforts were the transition from the old M998 Humvee with canvas doors to the M1151 Up-Armored Humvee, which was followed by the Mine-Resistant, Ambush Protected vehicles, and its second generation, the MRAP All-Terrain ve-

Ideal size of the Army

In 2007, the Army was given permission to permanently add 74,200 Soldiers to its inventory, Preston said. Of that 74,200, 65,000 went to the active component, 8,200 to the National Guard and 1.000 to the Army Reserve.

"That was initially a fiveyear plan that was laid out to grow the Army, so the training base, the number of drill sergeants, organizations out there that train the new recruits coming in, that could be sustained. What's allowed us to meet our end-strength objectives two years ahead of schedule - we actually reached our objectives in 2009, allowed us to grow the Army and get there way ahead of schedule was retention," Preston said.

The Army has also added an additional 22,000, Preston said, which is a

organizations now deploying have the people needed to accomplish the missions. The Army also met the presidential mandate to be at 50,000 servicemembers

temporary end-strength

to ensure Army units and

in Iraq, followed by the agreement between Iraq and the United States to be totally out by December, this year, he said. "So.I think for the size of the Army and what we've been asked to do, we're exactly where we need to

be. The 22,000 temporary end-strength that we have above our authorized endstrength, we're going to give that back and we'll gradually draw down that 22,000 over the next couple of years," Preston said.

Battle: Counselors take proactive approach for resiliency

Continued from Page B1

Professionals serving at the combat stress clinic are not waiting for servicemembers to walk through their doors.

"The key to what we do in combat stress is to be proactive," said Stokes, "We take our services to the Soldiers."

Stokes said he sees partnerships with the chaplaincy as a key to success. He and his team work closely with chaplains to help individuals to be spiritually and mentally fit.

One strategy used by the combat stress team is to bring servicemembers with similar challenges together. Small groups allow ser-

vicemembers to share their experiences and learn from each other. According to Stokes, facing traumatic events and discussing them is critical in the fight against combat stress.

"Soldiers need to understand that combat stress is a normal reaction to a very abnormal set of circumstances." Stokes said.

Combat stress professionals help servicemembers to see that that they are not alone in their experience. An important aspect of overcoming combat stress is an understanding that one's experiences are not unique and that others are fighting similar battles.

Air Force Staff Sgt. David Van Hoose, a mental health specialist, has seen the effects of treat-

"You can see the change in Soldiers," said VanHoose. "Day by day you can see the relief in their faces and their posture."

Stokes and VanHoose are passionate about the work they are doing and the positive effects upon the lives and careers of those that seek help. They are working hard to break down the stigma associated with mental health counseling.

Rumors that suggest that seeking mental health services can damage one's career are false. On the contrary, neglecting mental health needs can often have career damaging consequences.

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Alcoholism affects whole family

Story on Page C5

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SECTION C

Community Police member Sgt. Bonnie Powers ensures safe crossing for Fort Rucker Elementary School students after classes.

Child supervision a top priority on post

BY RUSSELL SELLERS Army Flier Staff Writer

Fort Rucker officials remind Soldiers and Families that child supervision is an issue that affects the entire installation.

Some recent issues with unsupervised children around Fort Rucker Elementary School have prompted Directorate of Public Safety, Fort Rucker garrison and Child, Youth and School Services officials to remind those living and working here that there are consequences for not following regulations.

"There have been some recently reported issues with unsupervised children at bus stops and at playgrounds," said Maj. Jay Massey, DPS deputy provost marshal. "It's the responsibility of the parents to ensure their children are supervised in the hours before and after school.

"In accordance with U.S. Army Aviation Center of Excellence Regulation 608-6, parents

or sponsors who leave children unattended may be determined to have engaged in misconduct and could face administrative action including termination from government quarters or possible prosecution," Massey said. "The regulation is punitive, which means the appropriate chain of command will also be notified of these violations."

Unauthorized childcare is prohibited in governmentowned or -leased housing at Fort Rucker, according to USAACE 608-6. If a child is 13 or older and has completed the babysitter course provided by the American Red Cross and Army Community Service, he or she may become a child care provider.

Justin Mitchell, Fort Rucker deputy garrison commander, said anyone who witnesses an unsupervised child should immediately report it to the proper authorities.

"If a child is left unsupervised hours.

and someone witnesses it, it should be reported to the (Fort Rucker police)," he said. "Child supervision is a concern for all of us here and it's something we take very seriously."

According to John Jennings, Fort Rucker school liaison officer, parents who are looking for childcare options in the hours before and after school should contact CYSS to find out what their options are.

"A lot of parents have jobs and they need to leave early," he said."The vouth center opens at 5:30 a.m. and can care for children. There are fees attached to that. However, there are agencies on post that can help with fees if the Family needs the service. Parents should also look to the community and their neighbors," he said.

Jennings also said limiting the time a child has to get to school can help cut down on incidents that may occur in the morning

"If a child lives less than a mile away from school, that child should only need about 15 minutes to get there," he said. "The less time they have to spend in the morning, the less likely they are to run into trouble."

Other concerns of officials include incidents of bullying around the housing areas, bus stops and in schools.

According to Vicki Gilmer, Fort Rucker Elementary School principal, there is "zero tolerance" for bullying at Fort Rucker schools.

"There are consequences in place for anyone who is caught bullying another student on campus," she said. "We've really stepped up our anti-bullying efforts this month by talking with the children more and having things like anti-bullying news clips from the Foundation for a Better Life every Thursday morning on our in-school news. It's all about helping children make better choices."

Gilmer said the children all seem to be treating each other in a kinder manner since the anti-bullying initiative began.

Peggy Contreras, Community Police supervisor, said all children on Fort Rucker should feel safe at all times while on post, especially when they're in school.

"Some parents have complained their children are afraid to come to school because of some things that have happened on the playground," Contreras said."We're asking parents to be responsible and talk with their children and be involved. Everyone is more than willing to work with the parents in these situations."

To report an incident of unsupervised children on post, call DPS at 255-2222. Those interested in becoming a Family Child Care Provider should contact ACS at 255-3817.To find out about child care services. contact CYSS at 255-9108.

Leisure Travel offers new summer vacation opportunities

BY BREANNA WALTON Army Flier Staff Writer

As the weather gets warmer military Families can learn about vacation deals and off-time activities available in the Wiregrass and beyond.

In order to help Soldiers, Families and Army civilians make the best of their leisure time, Fort Rucker Leisure Travel Services hosts the 23rd annual Travel Extravaganza, March 9 at The Landing from 11 a.m. to 2 p.m.

"Approximately 49 businesses are coming out to inform military Families what is new this year in the travel industry and offer great discounts," Kristen Hartwell, Leisure Travel Services Program Manager, said.

Vendors, including Carnival Cruise Line, Edgewater Beach Resort, the Georgia Aquarium and Wild Adventures, will offer door prizes, allowing military Families to try their vacation spots for free.

Hartwell says she expects about 1,500 to 2,000 people to visit the extravaganza this year. Participants can receive informa-



Troy University ROTC Staff Sgt. Adam Case, left, and Leisure Services travel clerk Heather Linnell speak about his Family's

tion from multiple beach resorts Dothan, will also share informafrom Panama City Beach, Fla., to

Local vendors, including Landmark Park and Water World in

tion with Families who want to stay in the area and have little

When entering the extrava-

ganza patrons will receive a bag containing a Leisure Travel Services newsletter and price list. Additionally, people will have the opportunity to enter a prize drawing. Some of the prizes this year include a Government Vacation Rewards - Week Vacation, a Sleuth's Mystery Dinner Show for two, a two night stay at Four Points by Sheraton or two admission tickets to Wet 'N'Wild.

Leisure Travel Service booked more than 3,000 accommodations and trips in 2010. The travel services office offers a military discount, tickets to events including Talladega Super Speedway and Walt Disney World, 40 percent off Disney hotels, 5,000 different hotels to book with. and travel packages to attractions across the United States and abroad.

All servicemembers, Department of Defense civilians and their Families are welcome to attend the event.

If interested in booking a getaway for a week, weekend or daily outing with Family, contact Leisure Travel Services, located at the Solider Service Center, Bldg. 5700, Rm. 130 or call 255-9517. Office hours are Mondays through Fridays from 9 a.m. to 5 p.m. The office will be closed during the Travel Extravaganza.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES

Central Issue Facility closing

The Central Issue Facility is closed for inventory March 21-25. Regular hours will resume March 28. For more information, call 255-1095.

Supply Support inventory

Supply Support Activity, Bldg. 1212, staff conduct their annual inventory on March 21-25.

All turn-ins must be in by 2 p.m. on March 18. mitment to staying child Normal operations discontinue at 4:15 p.m. on March 18 with the anticipated date of March 28 to resume business.

The Accountable Officer notifies customers. During this period the SSA only processes emergency requisitions.

For more information, call Sandra Edwards at 255-9504 or e-mail san.edwards@conus.army.mil.

FRCSC scholarship

The Fort Rucker Community Spouses Club is accepting applications from high school seniors and continuing education adults for scholarships to be award in May.

Entry is open to military Families and citizens from the local community.

For application, rules and eligibility requirements, visit www.ftruckercsc.com. Postmark deadline is March 14.

Mardi Gras Masquerade Ball

The 2010 Mardi Gras Masquerade Ball is Friday from $8:30\ p.m.$ to $1\ a.m.$ at The Landing.

The best masquerade Enjoy live music, Creolestyle cooking and more.

The courtesy van offers a free ride home to patrons that live on post. For more information, call 598-8025.

Divorce/Separation **Co-Parenting** Workshop

Army Community Service's Family Advocacy Bldg. 5700 Rm. 371A.

DEADLINE for On Post is noon Thursday for the following week's edition. E-mail submissions

to Kyle Ford at

kford@armyflier.com.

Program holds a divorce and separation co-parenting workshop Monday and March 14 from 9 a.m. to noon at the early child-

hood activity center. Topics include comfocused, effective communication and negotiation skills, reducing parental conflict and understanding children's needs during and following divorce.

This workshop is a twopart series. Participants must attend all classes in order to receive a certificate of completion. Registration is required.

This workshop is open to active duty, retired military, Department of Defense employees and their Family members. For more information, call 255-3898.

EFMP information and support group

The Exceptional Family Member Program staff hosts an information and support group meeting Tuesday beginning at 9 a.m. at the Landing Zone.

The topic for meeting is "Parents as Advocates." The guest speaker is Diana King, a representative for Specialized Training of Military Parents.

For more information, call 255-9277.

St Patrick's Day **Craft-Making Activity**

The Center Library staff costume wins a cash prize. hosts a St. Patrick's Day craft making activity for children ages 3-11 March 11 from 3:30 to 5 p.m. For more information, call 255-3885.

Army Family Team **Building Level II**

Army Family Team Building Level II classes are March 14, 15 and 17 from 8:30 a.m. to 2:30 p.m. at

Classes include conflict management, stress management, time management and more. Free childcare is available with prior registration.

Tickets are \$10.

tion, call 255-9810.

Workshop

Activity Center.

tion is required.

Anger Management

ing causes of anger, symp-

toms of anger, techniques

This workshop is open

fense employees and their

bags.

Child must be registered with the Child Develop- go in for random drawment Center or Family Child Care provider. For more information or to register, call 255-2382.

Becoming a Love and Logic Parent

Army Community Service's Family Advocacy Program holds "Becoming a Love and Logic Parent" classes each Thursday through March 17 from 9 to 11 a.m. at the Early Childhood Activity Center.

Topics include raising responsible children, in- a.m. at the Early Childhood stilling values, problem solving and using natural consequences as a discipline technique.

This workshop is a sev- on how to manage anger en part series. Participants and developing an anger must attend all classes in management plan. Registraorder to receive a certificate of completion.

The workshop is open to active duty, retired milito active duty, retired mili-tary, Department of Detary, Department of Defense employees and their Family. For more informa-Family members. For more tion and registration, call information, call 255-3898. 255-3898.

FRCSC luncheon

Fort Rucker Community Spouses Club members host their monthly luncheon March 17 at 10 a.m. at The Landing.

This month's theme is a red carpet Hollywood fashion show. For more information or reservations, visit www.ftruckercsc. com.

St. Patty's Party in the Zone

A St. Patrick's Day party begins March 17 at 7 p.m. at The Landing Zone.

The event features live entertainment from DJ Dave and karaoke. The courtesy van offers a free ride home to patrons that live on post. For more information, call 598-8025.

Girls Night Out

Girls Night Out is March 18 from 6-9 p.m. inside The Landing ballroom.

DFMWR Spotlight



Travel Extravaganza

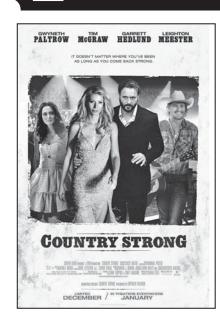
The Fort Rucker Leisure Travel staff hosts the 23rd annual Travel Extravaganza Wednesday at The Landing from 11 a.m.-2 p.m. Discounts and vacation destinations for all travelers, from day trips to week long, are available. Door prizes include vacation packages, park admission tickets to the Georgia Aquarium, Gulf Exhibitions, Wild Adventures, dinner show tickets and more. For more information, call 255-2997 or 255-9517



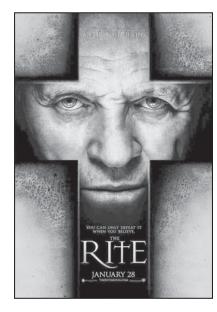
Pick-of-the-litter

Meet Humphrey, a 5-month old male American Short Hair available for adoption at the Fort Rucker Stray Facility. He is shy and curious. It costs \$81 to adopt Humphrey and other animals at the facility, which includes all up-to-date shots, microchip and neutering. For more information on animal adoptions, call the Veterinary Clinic at 255-9061, onen Mondays-Fridays from 8 a.m. to 4 n.m. or the Stray Facility at 255-0766, open from 8 a.m. to 3 p.m. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the Veterinary Clinic or the Commissary. One dog was adopted last week.

FORT RUCKER Movie Schedule for March 3 - 6



THURSDAY, MARCH 3 Country Strong (PG-13) 7 p.m.



FRIDAY, MARCH 4

The Rite (PG-13) 7 p.m.



SATURDAY, MARCH 5 & SUNDAY, MARCH 6 The Green Hornet (PG-13) 7 p.m.

Worship

CHAPEL CORNER

Program addresses living after loss

BY NANCY RASMUSSEN Fort Rucker Public Affair:

Those dealing with the pain of losing a loved one are invited to take part in a new healing support group offered by Fort Rucker post chaplains beginning Monday at the Family Support Facility, Bldg. 8950.

The program "Life After Loss" focuses on helping survivors realize grieving is not a process of forgetting, but rather of remembering, according to Chaplain (Maj.) David Trogdon, program organizer.

"The purpose of 'Life After Loss' is to offer those who are grieving encouragement, hope and help learning about the numerous resources available to help them heal," he said.

"In the last 18 months here at Fort Rucker, I have heard of Soldiers and Family members who have lost children, spouses and parents who are grieving and in need of further help. The goal of the group is to be

able to provide resources, education and inform on grief as well as provide an opportunity for mutual support among those who have lost a loved one," Trog-

Grief consists of emotions an individual experiences following the loss of a significant person, thing or a personal, local or national event, according to $post\ Care\ Team\ Training.$

Trogdon personally experienced the impact of a loved one's death when his sister lost her only child.

"As a young Soldier I was greatly affected by her loss went into a deep depression and even became suicidal for a time" he said Survivors are frequently

faced with unanswered questions when a loved

Questions discussed during the monthly "Life After Loss" sessions include:

- · Why did this happen? • Why did this happen,
- God?
- · Am I losing my mind?

· Do men and women grieve differently?

"Life After Loss" also addresses the fears that often accompany grief, like loss of control, appearing weak to others, that the tears will never stop, the inability to bear the loss and that the deceased will be forgotten, Trogdon said.

"We hope our grief support group will allow those who, for far too long, have grieved alone, to be able to meet others who know what it is to lose someone they love and to help one another through the grieving process," he said. "I just and my sister's grief. She talked to a young Soldier who lost her baby a year ago on the night our group will begin. I didn't know she was hurting until she told me."

> "Life After Loss" is offered the first Monday of each month at the Family Support Facility, Bldg. 8950 on 7th Avenue. For more information, call Trogdon at 255-9772, or e-mail david.trogdon@conus.army.mil.

Religious Services

CATHOLIC PARISH SERVICES

Confessions are conducted at 4 p.m. Mass is offered Saturdays at 5 p.m., Sundays at 9:30 a.m. and Tuesdays-Fridays at 12:05 p.m. at the Main Post Chapel. For more information, call 255-9894.

ISLAMIC PRAYERS AND **PROGRAMS**

All prayers are held at Bldg. T6609 on Fifth Avenue. For more information about daily prayers, weekly and monthly programs, call Chaplain (Maj.) Abdullah Hulwe at 255-1073.

LUTHERAN, **EPISCOPALIAN** WORSHIP

SERVICES Lutheran and Episcopal worship services are offered Sundays at 8 a.m. at the Main Post Chapel. For more information, call 255-3140 or 255-2989.



CHURCH OF CHRIST **SERVICES**

Church of Christ services are offered Sundays at 1:30 p.m. at the Chapel of Wings featuring the Lord's Supper, singing, sermon and prayer. Everyone is

PROTESTANT CONTEMPORARY **PRAISE SERVICES**

Protestant Contemporary Praise services are offered at 9 and 11 a.m. Sundays at the Chapel of Wings. For more information, call 255-9221 or 255-2989.

LATTER-DAY SAINTS SERVICES

Services are offered Sundays at the Ozark LDS Chapel at 9 a.m. For more information, call 255-4359 or 255-2989.

COLLECTIVE PROTESTANT WORSHIP SERVICES

Collective Protestant worship services are offered Sundays at 11 a.m. at the Main Post Chapel. For more information, call 255-3140.

JEWISH SERVICES

Services are offered Fridays at Temple Emanu-El, located at 188 North Park in Dothan at 7 p.m. For more information, call 792-5001.

"The Army's charter is more about holistically improving the physical, mental and spiritual health of our Soldiers and their Families than solely focusing on suicide prevention. If we do the first, we are convinced the second will happen."

-Gen. Peter W. Chiarelli

Chapel briefs

Life After Loss

Those dealing with the pain of losing a loved one are invited to take part in a healing support group of fered by post chaplains beginning Monday.

"Life After Loss" is offered the first Monday of each month at the Family Support Facility, Bldg. 8950 on 7th Avenue. For more information, call Chaplain (Maj.) David Trogdon at 255-9772, or e-mail david.trogdon@conus. army.mil.

Protestant Women

Protestant Women of the Chapel hosts Bible fellowship studies, praise and worship Tuesdays from 8:45 to 11 a.m. at the Spiritual Life Center, Bldg. 8939. Child care is provided by the Child Devel-

preregistration. For more information, e-mail rucker@ pwoc.org.

opment Center with

"Faith is taking the first step even when you don't see the whole staircase."

— Dr. Martin Luther King Jr.

UNIVERSITY Free Preview Class:

Sunday, March 6th, 5:30 pm

Class will meet Sundays, 5:30-7:30pm, starting March 20th thru June 26th (no class April 17th or 24th).

Cost: \$100 per person/couple (cost is for FPU Membership Kit & Shipping, class is free if you already have the FPU Membership Kit)

Contact the church office, 334-347-5214, for registration information.



Contemporary Worship

Sundays experience God, not Religion CHURCH 9:00 &10:30 am

5730 Shell Field Road * Enterprise, AL 36330 334-347-5214 www.GracePlaceChurch.net

Light of the World Ministry Church of God In Christ

We are a "family friendly, family focused" church where great emphasis is placed on connecting and forming great relationships. We are an all-inclusive congregation and we welcome all who desire to worship with us, we provide an environment that's open and biblical. "The Light" is a Christ-centered church that fully believes in the teachings of Christ.

Our ministries focus on every aspect of the family... youth, women and brotherhood. We are in partnership with the Dale County 211 Emergency Assistance Program and consider it a great privilege to serve those in need.



Feel free to stop by for a full, hot breakfast every Sunday morning 9:00 am to 9:40 am. We are located at 1366 Hwy 84 East, Daleville, Alabama across from Karl's German Bakery and may be reached at 334-598-4778 or 334-503-9935.

See you Sunday!



on this page.

Wiregrass community calendar

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, E-MAIL KYLE FORD WITH ALL THE DETAILS AT KFORD@ARMYFLIER.COM

Wiregrass

Communities

of Excellence

ANDALUSIA

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many

Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

DALEVILLE

FRIDAY — The Daleville VFW hosts a fundraising event with live music and entertainment at 7:30 p.m. Admission is \$7 per person. For more information, call 598-6211.

DOTHAN

APRIL 2 — Dothan CityFest is 6 a.m. to 8 p.m. in downtown Dothan. There will be events throughout the day including Criterium bicycle races. For more information, call 615-3700 or visit, www. dothancityfest.com.

APRIL 8 AND 9 — Teams are needed for the sixth annual Tri-state Barbeque Festival at the Houston County Farm Center. Space is limited to the first 40 professional teams and 25 backyard teams who register. For more information, call 699-1475 or visit www.tristatebbq.com.

ENTERPRISE

MARCH 17-19 — A dinner theater presentation titled "The Confederate Letters" is 7 p.m. nightly at the old Hildreth Building on the corner of Lee and Main Street. For more information, call 470-6568 or visit www.southernbroadway.com.

MARCH 26 — Enterprise Junior High School hosts a 5k run March 26 at 401 W. College St., at 7:30 a.m. The race will go from Enterprise High School through Main Street to Bates Memorial Stadium. Entry for the run is \$20 with all proceeds going towards improving technology at Enterprise Junior High School. For more information, visit www.enterprise.al.ecj. schoolinsites.com. For applications, contact Leisa Mims at 347-1733 or e-mail lmims@enterpriseschools.net. \$\$\$

MARCH 26 AND 27 — The Piney Woods Arts Festival is at Enterprise State Community College and free to the public. It features original artworks by local artists, much of which will be available for pur-

There will be carnival games and face painting for children to enjoy, as well as a Civil War living history display. For more information, call David Deal at 406-2787.

GENEVA

MARCH 19 — The second annual Spring Fling car, truck and motorcycle show, hosted by the Geneva Fire Department, comes to Robert Fowler Park at the Junction. Admission is free to the public. Registration is 9-11 a.m. and costs \$15 per vehicle. All proceeds are donated to the Geneva Fire Department. Refreshments, food and live entertainment are provided. For more information, call 248-2111.

APRIL 29 THROUGH MAY 1 — Geneva's Festival on the Rivers is April 29 and 30 from 8 a.m. to 6 p.m. and May 1 from 1 to

6 p.m. at Robert Fowler Park

The event features worm fiddling, sculling contests, tug of war, coin scramble, arts and crafts, food vendors, and live musical entertainment featuring country and gospel.

Tickets are \$8 for adults and \$4 for students kindergarten through 12th grade. For more information, call 684-8575 or visit www.genevariverfestival.com. \$\$\$

MIDLAND CITY

ONGOING - Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING - Adult education classes

are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6 to 9 p.m.

All classes are free for individuals 16 years old or older who are not enrolled in public school.

Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

TUESDAY — The Annual Chamber Banquet for the Ozark Chamber of Commerce at the Ozark Civic Center is at 6:30 and tickets are \$20 per guest. The banquet features a mini-expo with 24 businesses and a guest speaker, John Riley, who is a motivational and humorous speaker. For more information, call 774-9321. \$\$\$

APRIL 9 - Ozark's Crawdad and Music Festival is 10 a.m. to 7 p.m. on the square downtown.

This festival is held as a way to increase tourism and provide local residents with a fun and relaxed entertainment venue.

The festival's main features are crawdads, cold beverages and continuous live music as well as arts and crafts, children's activities and more.

For more information, call 774-2618 or visit www.ozarkalabama.us

PINCKARD

ONGOING - The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m

APRIL 30 AND MAY 1 — TroyFest takes place in downtown Troy. The event is 9 a.m. to 5 p.m. April 30 and 1 to 5 p.m. May 1. It is free and open to the public and is the premier community arts festival for the Pike County region.

It features fine arts and crafts, a juried art show, antiques, farmers market, food court, merchants walk, children's art exhibit and kids' corner.

For more information, visit www.troyfest.com or call 566-2294.

\$\$\$ indicates a charge for the event

Beyond Briefs

Panama City Beach Mardi Gras

Panama City Beach Mardi Gras is a twoday festival and parade with the Krewe of Dominique Youx celebrating the season Friday and Saturday.

The festival takes place at Pier Park in Panama City, Fla. The event includes live bands, Cajun food, tours of a Panama City Mardis Gras float and more.

For more information, visit www. mardigrasatthebeach.com.

Winston Howell Road Race

The Hartford Civic Club sponsors the 33rd annual Winston Howell 10k Road Race, the third oldest 10k run in Alabama, March 12 at the Hartford National Guard Armory.

Registration for the run is at 7:30 a.m. and the race begins at 9 a.m. Age groups range from the 14 and under to the 70 and up group.

The entry fee for the race is \$20 and all proceeds go to benefit Hartford Boy Scout Troup 32.

For more information contact Cary Hatcher at 588-2342 or 944-7115 or Mike Kinman at 684-9818 or 588-2211, or visit www.winstonhowellroadrace. blogspot.com.

Yatta Abba Day

Abbeville residents gear up to celebrate Yatta Abba Day April 9 around the courthouse square.

Yatta Abba is the Indian name for Grove

of Dogwoods and is what the city of Abbeville was named after. The festivities will begin at 9 a.m. and go until 9 p.m. that night.

Some things the festival features are garden vendors, a classic car show, life re-enactments at the Old Pioneer Cemetery and dog shows.

For more information, contact Abbeville Chamber of Commerce at 585-2273 or visit www.abbevillecoc.com or www.cityofabbeville.org. Vendors may contact Jeff Skipper at 333-3473 or $e\hbox{-mail at $skippertrucking} @y ahoo.com.$

Old Fashion Fish Fry

The sixth annual Old Fashion Destin Fish Fry Fundraiser is Saturday from 11 a.m. to 3 p.m. at the Destin History and Fishing Museum at 108 Stahlman Ave. Advanced tickets are \$10 and tickets bought the day of the event are \$12.

The menu includes fried grouper, hush puppies, cole slaw, baked beans and a beverage. Proceeds go to benefit the Destin History and Fishing Museum. For more information call (850) 837-6611.

CSI: The Experience

Crime Scene Investigation: The Experience is available until May 1 at the Main Exhibit Hall of the Huntsville Space

Show times are held 9 a.m. to 5 p.m. seven days a week and tickets are sold until two hours before close. Please allow 60-90 minutes for each CSI experi-

The exhibit immerses guests in handson science while leading them through the challenge of solving a crime mys-

For information, including ticket prices, call (800) 63-SPACE or visit www. spacecamp.com/museum/csi/tickets.

Joe Romans Wildlife Photography

Discover north Alabama's wildlife through the nature photography of Joe Romans in an exhibition of more than 36 works at the Tennessee Valley Museum of Art in Tuscumbia Ala now through March 11, 9 a.m. - 5 p.m. weekdays and 1-3 p.m. Sundays.

Admission is \$5 for adults and \$3 for students. Admission is free Sundays and group rates are available for 15 or more people. For more information, call (256)

Waterfall Tour and Easy Hike

The Delta Waterfall Tour and Easy Hike is March 11 from 9 a.m. to noon at the Cheaha State Park in Delta, Ala.

Admission is charged. Participants join Joan Alexander and others from the Anniston Outdoor Association for a driving and hiking tour of several waterfalls located around the Cheaha State Park area. These are short hikes on dirt trails.

For more information, call (256) 782-8010 or visit http://epic.jsu.edu.

ATV Redneck Nationals

The 2011 All-Terrain Vehicle Redneck Nationals are March 18-20 at the Southern Ridge ATV Trails in Dozier.

The trails are located on County Road

77, Leon Tower Road, in Dozier. The trail park features family riding trails, mud trails, recreational vehicle sites, primitive camping site, concessions, ice, fire wood, showers and restrooms.

information, more (850) 266-8593 or visit www. ATVRedneckNationals.com.

Festival of Flowers

The 2011 Festival of Flowers is March 24-27 at the Providence Hospital campus in Mobile.

The event celebrates spring at the Southeast's largest outdoor flower show, produced by Providence Hospital Foun-

People can explore over 300,000 square feet of landscaped garden displays, floral exhibits, gardening seminars, cooking demonstrations, photography contest, shopping and outdoor dining. Advance tickets are \$10 per person.

For more information, call (251) 639-2050 or visit www.festivalofflowers.

Treasurers of the Past Antique **Appraisal Show**

Treasurers of the Past Antique Appraisal Show is March 27 from 9 a.m. to 3 p.m. at the Clarke County Historical Museum grounds in Grove Hill. Ala.

Participants can bring their antiques and collectibles and have them evaluated by certified appraisers.

The event also features live entertainment, food and a special auction. For more information, call (251) 275-4188 or visit www.grovehillal.com.

Alcoholism affects whole Family

BY MICHELE WATSON Contributing Writer

While many people celebrated Valentine's Day, a more sober event was also recognized - Children of Alcoholics week was Feb. 14-20.

Most people are aware of the devastating impact alcoholism has on the alcohol-dependent individual. However, many do not recognize the effect is has on the children who live in this kind of atmosphere on a daily basis.

"Living with alcoholic parents can make an impact on children," said Donald Schurman, Army Substance Abuse Program manager. "If a child witnesses violence, they tend to be violent to those they love and care for as they grow up. That is what they have been raised around, and they believe that is a normal way of loving.

"However, it is reported that alcoholism does usually skip a generation," Schurman said, "So, as they grow up, they don't want to drink, because they associate drinking as a form of why their childhood was not so easy.

"But, over the years, their form of normal usually includes all the characteristics of an alcoholic besides the drinking. This remains with them as a form of their life being they grew up was not the normal. So they tend carry this with them. They know no other way of life. To them, this is what love sounds like and feels like.

"So, when they are in to carry these character- situation. What happens



istics over with them not knowing the correct way of loving," he said.

"To correct this matter, they actually need to be re-parented themselves." he said. "It usually helps by attending a program such as ours and receiving counseling. They can learn the proper way of love with help. They have to be taught that the way right way and that was not love they were shown by being velled at or abused in any form or fashion."

Studies show that children living in an alcoholic situation are raised to neva relationship, they tend er say anything about the at home stays at home, and no one is to know any different.

Abuse Program has sev-

eral forms of counseling

mation on services avail-

able through the depart-

SAXONS

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MARCH

FRIDAY 4th

RTFO

SATURDAY 5th

Low Down South

TUESDAY 8th

Aileen Williams

WEDNESDAY 9th

Trivia

THURSDAY 10th

Comedy

ment, call 255-7509.

To find out more infor-

available.

All too often, the silent suffering endured by a child whose parents are dependent on alcohol goes undetected. However, the situation for the parents as well as the child involved can change dramatically if the proper actions are taken

"If you are an alcoholic and need counseling, or if you are child of an alcoholic and need counseling, contact our office," Schurman said, "Let our department help you get the help you need and de-

The Army Substance

Lyster Army **Health Clinic**

INFORMATION ★ UPDATES

LAHC renovations

Patient Service Center

Construction of the Patient Service Center at Lyster Army Health Clinic is ongoing and scheduled to be complete by mid-May. The center will house the administrative officer of the day, the patient registration desk, the information help desk and Tricare service center.

Building one clinic team

Construction in the Aviation medicine hallway and adjacent areas is scheduled to be complete in mid-April. The project will consolidate primary care, adult medicine and Aviation medicine into one team. This change will enable LAHC to better utilize resources, allow the clinics to share administrative services, and increase the number of exam rooms in preparation for patient centered medical home operations.

Patient Security

In order to provide maximum security for patients and staff, public access to Lyster Army

Health Clinic is limited to the main entrance off the large parking lot.

Tricare registration

People new to Fort Ruck er need to go to the Lyster Patient Administration Divi sion to ensure their Families are registered in this area and the Tricare service center. The staff can also help Soldiers and Families set up an account to make appointments online, track benefits and more.

Survevs

Soldiers who receive an Army Provider Level Satisfaction Survey in the mail can help make Lyster better by filling it out. The survey is especially important if people wish to recognize a provider or section for a job well done.

Lyster closed for

Lyster Army Health Clinic will close at 1 p.m. March 16 for training. This will include the patient care clinics, pharmacy, laboratory, radiology and all adminis trative areas.





Cinemas

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M-F: 7:10 & 9:20 • S&S: 2:00, 7:10 & 9:20

Westgate Center

GNOMEO & JULIET- © M-F: 7:10 & 9:00 • S&S: 2:00, 7:10 & 9:00 JUST GO WITH IT- PG13 M-F: 7:00 & 9:20 • S&S 2:00, 7:00 & 9:20

College Cinema • Enterprise Rated Films, one must be 17 or with \$2.00 Upcharge in 3D

DRIVE ANGRY*: IN 3D - [M-F: 7:10 & 9:20 • S&S: 2:00, 7:10 & 9:20 UNKNOWN - PG13 M-F: 7:00 & 9:15 • S&S: 2:00, 7:00 & 9:15

BIG MAMAS: LIKE FATHER LIKE SON- PG M-F: 7:00 & 9:15 • S&S: 2:00, 7:00 & 9:15

BIG MAMAS: LIKE FATHER LIKE SON-FRI: 7:00 & 9:15 • SAT: 2:00, 7:00 & 9:15 SUN: 2:00 & 7:00 • M-THRUS: 7:00 ONLY THE ROOMATE - PGB

FRI: 7:00 & 9:00 • SAT 2:00, 7:00 & 9:00 SUN 2:00 & 7:00 • MON - Thurs: 7:00

Motorists are reminded to obey all traffic signs.

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IvyJohnsonMattress.com

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Custom Fit Diabetic Shoes!



Check out the Army Flier Web site at www.armyflier. com and become

a Facebook fan.

For more informa

tion about animal

adoptions, call the Veterinary Clinic at

255-9061. The Stray Fa-

cility needs donations such as dry or canned

foods for cats, dogs,

kittens and puppies, as

well as blankets, toys

Donations can be

dropped off at the Vet-

erinary Clinic or the

and towels.

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Picerne strengthens ties that bind military Families

BY MICHELE WATSON Contributing Writer

has moved the military housing at Fort Rucker into the present time of housing while keeping the importance of Families its No. 1 goal.

Picerne was formed to partner with the U.S. military to address the challenges of providing safe. affordable quality housing for military Families. In 2004, Picerne was selected by the Army to privatize Family housing at Fort Rucker.

"Every decision with Picerne is made with always keeping in mind that Family comes first," said Brandon Masters, Picerne communications manager. "Developing Family-friendly neighborhoods is our passion. Our goal is to provide homes and neighborhoods that improve quality of life, promote a sense of belonging and are a source of pride."

There are about 1,500 homes at Fort Rucker. Through renovation and new construction, the number of homes at the end of the initial development period, which ends December 2013, will be 1.475. Currently, 578 new homes have been constructed, and new home construction is underway in Munson Heights and Bowden Terrace with 140 new homes scheduled to be built this year.

We take care of our Families," Masters said. "We know that when Soldiers are back from deployment, spending time with their Family is their No. 1 goal. That is why we handle such things as lawn maintenance and pest control.

"That is also the reason why we stress the importance of Families taking advantage of the neighborhood centers. Our centers have pools, playgrounds and much more. We offer this to the Families. That way they can spend time with each other and enjoy the time they are home," he

The Munson Heights Neighborhood Center is slated to open in 2011. Site development is under way on the third and final neighborhood center to be located on Red Cloud

"Our neighborhood centers are approximately 7.200 square feet of Family-centered space to include such amenities as a workout room, media

room, computer lab, meeting spaces with a fully furnished kitchen and a 25-meter, sixlane swimming pool with Picerne Military Housing beach-like entry. The centers also house the neighborhood management and maintenance teams."

> Picerne is also undating several playgrounds throughout housing.

> "Playground updates include placing safety mulch in the existing playgrounds, removing outdated play equipment, installing new equipment where warranted, installing new park benches and trash receptacles and performing minor landscaping," said Robert Frazier, Picerne Community Management director. "We want our Soldiers and their Families to feel at home. We want them to know we appreciate everything they do for us and our country, and this is a way to give back to them."

> In addition to new housing and neighborhood centers, Picerne is also completing several paving projects throughout the housing area.

> "We have completed several asphalt overlays throughout Bowden and Munson Heights during 2010," said Jimmy Scott, Picerne director of construction. "This was the first of two paving projects that will take place over the next few years."

With the renovations and new homes being built, the housing communities at Fort Rucker are state-of-the

"You no longer walk into a home that looks like an installation home." Frazier said."Our homes now look like a Family's home. They have hardwood floors, new appliances, ceiling fans and much more. We are doing everything we can to make the housing here feel like a true home for our Soldiers and their Families.

about Picerne Military Housing, call 503-3648.



Picerne Military Housing is updating existing housing and building new homes. Also as part of the improvements to promote the importance of family bonding, Picerne is updating playground equipment located in neighborhood centers and installing new equipment where

Post housing questions? Visit Picerne Military Housing at

www.ruckerpicerne.com



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YOUTH BASKETBALL

Final 6 battle for youth center championship

Story on Page D3



VOL. 61 • NO. 09 **ARMYFLIER** * COM MARCH 3, 2011

SPORTS SHORTS

YOUTH AND CHALLENGED **SPORTSMAN TURKEY** HUNT

The 2011 Youth and Challenged Sportsman Turkey Hunt is March 12 from 5-11 a.m. at the Game Warden's Office located by Outdoor Recreation. Parents and/or escorts of youth and challenged sportsmen must have an Alabama State Hunting License and a **Hunter Education Completion** Card. People may register at Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

ST. PATTY'S DAY 5K/10K

Fort Rucker Physical Fitness Facility staff hosts the annual St. Patrick's Day 5k/10k and 1 Mile Fun Run March 12.

Race Day registration starts at 7:30 a.m., with the race beginning at 9 a.m. Participants are encouraged to pre-register at either PFF. Forms are available at either PFF or printable from www.ftruckermwr.com. The Fun Run begins after the 5k/10k race and is open to all children. Costs are \$10 for the no-shirt option, \$80 for a team of eight, each additional person pays normal registration, \$15 by Saturday with shirt, and \$20 by Sunday and after with shirt. Refreshments will be provided and the event is open to the public. For more information, call 255-0308

PAN FISH TOURNAMENT

The 2011 Pan Fish Tournament is March 26th from 6:30-10:30 a.m. at Lake Tholocco. Contestants over 15 years of age must have an Alabama Fishing License and a Fort Rucker Post Fishing Permit. To register, visit Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

AAAA GOLF TOURNAMENT

Silver Wings Golf Course and Army Aviation Association of America staff hosts the annual AAAA Golf Tournament April 1 from 6:30 a.m. to 2 p.m. Participants must register by March 26. Cost for registration is \$65 per person for SWGC members and \$75 for non-

YOUTH AND **CHALLENGED** SPORTSMAN FISHING **TOURNAMENT**

members. For more information, call 300-6321.

Fort Rucker Outdoor Recreation staff hosts the annual Youth and Challenged Sportsman Fishing Tournament April 2 from 7-10 a.m. at Buckhorn Lake. Trophies will go to the top three weigh-in totals. The event is open to youth ages 3-15 years and challenged sportsmen of all ages. Challenged sportsmen will need an Alabama State Specialty fishing license and a free Fort Rucker nost fishing nermit. Cost is \$7. For more information and to register, call 255-4305.

SOFTBALL COACHES MEETING

A men's and women's intramural softball coaches meeting is April 5 at 9 a.m. in Bldg. 4605. All coaches should attend this meeting. For more information, call 255-2393.

SEE SHORTS, PAGE D4

Soldiers mix safety, fun, outdoor recreation

BY KYLE FORD Army Flier Editor

Nine people and two dogs explored the back trails of Fort Rucker on all-terrain vehicles during the outdoor recreation ATV trail ride Saturday.

The guided ride took participants off-road through normally restricted trails and training areas.

This was the first time out since last spring for several riders and the first time on the trail for one machine.

"I just bought this and haven't really had a chance to get it out yet," said CW4 Bryan Sills, Warrant Officer Career Course instructor. "I haven't been on a ride before, but my neighbor was on the last one and said it was fun."

After a safety check of all the vehicles and making sure everyone had their personal protective equipment, Mark business manager spoke to the riders.

"We're very lucky to rides like this," he said. ing fun."



Soc. Ben Murphy, DES operations specialist, performs on the safety course prior to the ATV trail ride. Nine riders set out on an allterrain vehicle trail ride from Lake Tholocco Saturday.

Yoakum, ODR assistant be able to do this, so stay "We're going to hit every

on the trails, be safe and trail we can hit and be we can continue to do back when we quit hav-

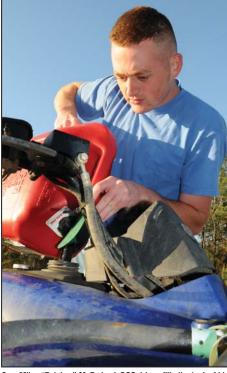
feedback, this is the second ATV trail ride hosted by ODR and there is an- call 255-4305.

Because of positive other one planned for Aug. 13.

For more information,



CW4 Bryan Sills, WOCC instructor, unloads an ATV from his trailer before the ATV trail ride.



Spc. Miles "Patches" McFarland, DCG driver, fills the tank of his ATV before the trail ride.

Boot Camp closes with final weigh-in



PHOTO BY RUSSELL SELLERS

Rachel Tehvand, military spouse and Fort Rucker Boot Camp participant, performs a series of aerobic exercises at Fortenberry-Colton Physical Fitness Facility during Week 3 of the Fort Rucker Boot Camp. Tehvand said participating in the Boot Camp helped her to form strong bonds with other participants and enjoy working out.

BY RUSSELL SELLERS

The ladies of the inaugural Fort Rucker Boot Camp might not have a regular meeting to go to anymore, but that's not going to stop them from keeping up what they started.

Courtney Vigil and Rachel Tehvand, military spouses, volunteered to have their progress documented by the Army Flier and both said they are happy with the results of the camp.

"For me, this wasn't just exercise, it was good interaction and making friends," Tehvand said."I really hate to see it end."

Vigil said her results were satisfying, and she and Tehvand are going to keep up with the workouts after the class parts

"This was a good starting

point," she said. "I lost a couple of pounds, but the best results were in my muscle tone and endurance."

Tehvand said she came into the camp with "unrealistic" expectations, but she quickly learned the real results were possibly better than what she expected.

"At the end of the last week, (our trainer) asked me if I could have done this six weeks ago and I said there was no way," Tehvand said. "I've lost a few pounds, but the biggest difference is in how much body fat I've lost and that my body mass index number improved."

The class may be over, but that doesn't mean these two are finished working out.

Several of the class members

SEE CAMP, PAGE D3

Down Tin











44 Desert
45 Sphere
49 Novelist
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51 Rural
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54 Attempt
58 Attention
60 "That
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61 Put on
62 Martha of
"Jumbo"
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65 Claire or
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67 Fuzzy
fruit
68 Govern
69 Mend, as a bone
70 Record

71 Caviar 72 See 14 Down 73 New York team 75 With



Just Like Cats & Dogs

by Dave T. Phipps

I'VE GONE OVER YOUR CREDIT REPORT AND IT WOULD APPEAR THIS BANK AND SEVERAL OTHER CREDIT CARD COMPANIES OWE YOU A BIG THANK YOU FOR YOUR OVERWHELMING SUPPORT.





1. SCIENCE: Which scientist was the first to use the word "cell" in describing the basic components of

2. TELEVISION: Which state was the setting for TV's "Knots Landing"? 3. MYTHOLOGY: In the legend of King Arthur, what was the name of Merlin's mistress, who also was called The Lady of the Lake?

4. POETRY: Who wrote, "Sometime they'll give a war and nobody will come"?

5. GEOGRAPHY: Which body of water would one find east of Greece? 6. MUSIC: Where would one find a coda to a piece of music?

7. INVENTIONS: When was the zipper invented?

8. GENERALKNOWLEDGE: What is terra cotta often used to make?

9. ANATOMY: What's another word or words for capillary?

10. U.S. STATES: Which state's

largest body of fresh water is called Moosehead Lake?

See Page D3 for this week's answers.

PURCHASING POWER

88 Takes in 89 Add

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92 Position correctly 93 Actress Tyler 95 Morrow or Dana 96 — standstill 98 "The Sage of Concord" 99 Loman portrayer 101 Prickly plant

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107 Broad

Super Crossword

5 Brawn 6 Cairo creed 7 Uris or Trotsky 8 Churchill's

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32 Party
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33 Likely to
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37 Chemical
compound
41 Gangster's
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80 Whelan or
Sorkin
81 Tear
83 Brawl
84 Made like
Mata Hari
85 Chicken
feed 41 Gangster gun 43 Kafka character 46 Bother 47 Homer's field 90 Doctrine
91 Canine grp.
92 Cry of regret
94 Part 4 of 47 Homer's field 48 Pen pals? 50 Govt. notes 52 Duty 53 Part 2 of remark 55 Steel

94 Part 4 or remark 95 Rocker Morrison 97 — piece 100 Easily digested 102 See 75 Down

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59 Salad veggie
61 Football's Herber
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117 Metric weight
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remark 42 Santa —, CA support 56 Ryan's 16 22 19 25 26 24 33 38 | 39 48 49 100 106 107 105 104 114 115 119 120 121 122 128 126 127 132 130 131

See Page D3 for this week's answers

Weekly SUDOKU

by Linda Thistle

8			6			2	7	
	5	3		2				8
		1	3		7	9		
4			5				6	9
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	1			4	6	7		
		6			8		2	5
1	4			6		3		
3			1		9		8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

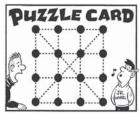
DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging *** HOO BOY!

See Page D3 for this week's answers.

Kid's Corner

NUOOL



your friends to arrange them in such a manner that they form 10 rows, with four coins in each row. Our solution is pictured above.



TREE TESTING TIME! Our friend is guarding a wonderful forest filled with many kinds of trees. Using the following hints, can you identify 15 of them?

1. What tree remains after a fire?

 What trees are always well-dressed?
 What tree is a part of a dress and a part of a door?
4. What tree is the straightest tree in the forest?

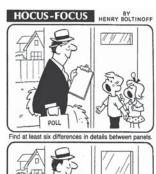
What trees are always sad?What tree is like an old story. 7. What is the hero's tree? 8. What tree is a good-looking girl? What tree grows at the seaside?What tree is a deep breath and a printing

machine? 11. What tree is an ocean inlet? What tree do you carry around all the time?
 What tree do we like stuffed? 14. What are the most important trees in history? 15. What tree is a good churchman?

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3 7 6 2 O O N T 5 4 Н G O W 4 7 6 7 8 6 8 3 O L E E E O C E 4 5 4 7 R N Y D 4 2 3 5 7 3 E R X E G T 5 T 8 R 6 7 5 F G T 5 6 D F 8 8 6 4 3 6 6 ENOIVRDESE 4 6 2 8 3 6 2 8 6 4 2 4 2 H U P O D N Y N E E O D U

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the per of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the up-per left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.







A FISHY TALE! The catch of the day was a fish whose head was 9 inches long, while its tail was as long as its head and half the length of its body, and its body was a long as its head and tail put together. What was the total length of the fish? mawer: 72 inches, its head was 9 inches, its body 36 inches, and its tail 27 inches long.

LINK-UPSI Here's a list of 12 short words, divided into two columns. Turn them into six longer words by linking them together. To do this, draw a line from one word in the left column to one word in the right.

NICE LED

Youth basketball

Final 6 battle for youth center championship

BY KYLE FORD

The final six teams competed for the champion- Alabama Recreation and ship rights of the Child, Parks Association, the Youth and School Servic- main governing body of es basketball tournament youth basketball in the Saturday at the Fort Rucker Youth Center.

tor, who thanked all the to participate in postseabigger turnout next year.

9-10, 11-12 and 13-14 year old age groups. The event is not affiliated with the

Tolison said the tour-The tournament was put nament provides area together by Randy Tolison, children who may not CYSS youth sports direc- otherwise have a chance participating teams and son play an opportunity said he hopes to have a to gain valuable experience.

Results

- In the 9-10 age group, Kinston beat Daleville Basketball, 20-5, to take the tournament championship.
- In the 11-12 age group, Daleville Basketball fought off the Brundidge Lakers, 28-25, to win
- In the 13-14 age group, Ariton destroyed Daleville Basketball, 67-33, to win the top



Payton Carter, Ariton, prepares to shoot. Ariton beat Daleville 67-33 to win the 13-14 year old division.





Above: Hunter Davis, Daleville Bas ketbasll team, heads to the basket past two Kinston defenders. Kinston took the championship 20-5 in the 9-10 year old division.

Left: Six teams vied for the top spots in their age categories during the Child. Youth and School Services Youth Basketball Tournament at the Fort Rucker Youth Center Saturday.

Right: Nina Amos, Daleville Basketball, dribbles to the basket. Ariton bested Daleville 67-33 in the 13-14 year old division



PUZZLE ANSWERS

- **Super** Crossword Answers

Weekly SUDOKU ___

			. "		0.			
8	9	4	6	5	1	2	7	3
7	5	3	9	2	4	6	1	8
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6	8	2	7	9	3	5	4	1
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9	7	6	4	3	8	1	2	5
1	4	8	2	6	5	3	9	7
3	2	5	1	7	9	4	8	6

TRIVIA

Answers

1. Robert Hooke 2. California 3. Vivian 4. Carl Sandburg 5. Aegean Sea 6. At the end 7, 1891 8. Pottery 9. Blood vessel 10. Maine

Camp: Participants keep fit outside gym

Continued from Page D1

to keep in touch with each other and to organize future group workouts, Tehvand said. Both she and Vigil said they hope to be able to continue working out with the group as they've formed a strong

Lynn Avila, Colton Physical Fitness Fa- formed between the memcility fitness specialist and bers has made this all Boot Camp trainer, said all great." the participants made sigbe proud of their results.

"This has been awe- Avila said. some," she said. "The over-

The ladies also learned nificant progress and should how to work out without necessarily needing a gym,

Being able to stay moti-

bond over the last six all weight loss, the team vated and simply wanting support and the fact that to work out is what will there was a strong bond help the ladies continue what they've started, she added.



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GOBBLER CLASSIC TURKEY HUNT

Fort Rucker Outdoor Recreation staff hosts the annual Gobbler Classic Turkey Hunt April 8 from 5-10 a.m. Trophies and door prizes will be awarded, Participants must have an Alabama State Hunting License and a Hunter Safety Education Course Completion Card. Cost for participation is \$10. For more information and to register, call 255-4305.

NASCAR TICKETS OFFERED AT LEISURE TRAVEL

The Fort Rucker Leisure Travel office offers Talladega Superspeedway tickets for the NASCAR races April 16-17. The prices are \$90 per person for both days and \$45 for Sunday only. Seating is in the Gadsden Grandstands. For more information, call 255-9517.

THUNDER ON THOLOCCO

The Thunder returns to West Beach, Lake Tholocco with the fast paced action of drag boat racing April 30 from 11 a.m. to 6 p.m. This multiclass outboard drag-boat race event is sanctioned by the American Outboard Federation. Boats reach speeds in excess of 100 mph. There will be multiple food vendors and free entertainment for children and adults. No pets or glass containers are allowed on the beach. This is an EFMP-friendly event. For more information, call 255-1749. It is open to the public.

TAOIST TAI CHI SOCIETY

The Enterprise YMCA staff hosts two beginner's classes in the Taoist Tai Chi Society arts of health. Classes are offered Thursdays, 1 to 2:30 p.m., and Saturdays, 10 to 11:30 a.m. The beginner's class covers all 108 moves of the Tai Chi set. Taoist Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or 347-4663.

BURGER AND BOWL

Rucker Lanes staff offers a daily "Burger and Bowl' special for \$7. The special includes a cheeseburger, fries, soda, shoe rental and two games of bowling.

EXTREME BOWLING

Extreme Bowling at Rucker Lanes is Saturdays from 8 to 11 p.m. for \$10 and features unlimited bowling with lights, music and glow-in-the-dark balls and shoes. For more information, call 255-9503.

ARCHERY SHOOTS

Fort Rucker Archery Club members conduct weekly shoots at the club's range, located off Whittaker Road. Shoots begin Thursdays at 4 p.m., and members take aim at a 20- to 60-yard practice range, 28 3-D targets along a walking trail or a 10-target area. Annual membership costs \$20. For more information, call 389-6135.

Video Game Spotlight >>

(Editor's note: All opinions stated in the Video Game Spotlight are solely those of the article's author.)



Fight Night Champion brings heart to the ring

BY JIM VAN SLYKE

The previous Fight Night games have been fun, for the most part.

There were legendary boxing matches, fun multiplayer fisticuffs and an im $proving\,physics\,engine\,that$ portrayed the best boxing seen in video games.

But the games seemed to lack any real personality. Even when gamers could create their own boxers, those boxers were, at best, two dimensional.

But with Fight Night Champion entering the ring, gamers finally get the chance to play a boxing video game with heart.

Sure, the plot seems like something better suited for a Rocky movie, but we'll take it. It's full of brutality, uncertainty, betrayal and redemption.

The new full spectrum punch control provides boxing physics that make it hard to separate the game from what we

see on television.

We also still get to fight legendary boxers, but the Champion Mode is where the championship belt will be won and lost this year.

It follows Andre Bishop, a convict who is making a name for himself boxing in prison. Of course, that's what we would expect from a boxer who was once in the gold medal match at the World Amateur Championships.

What follows is the rise and fall of Bishop, as we the bell, nearly every time.

get to experience how he ended up behind bars. It's a good trip; although one that doesn't last long

enough.

The best part is that the matches feel like they actually mean something, something new for a boxing game.

If boxing is your thing, you don't have much choice but to put on the gloves with Fight Night Champion.

Good thing it answers



Publisher Electronic Arts Rated Systems XBOX 360, PS3 \$60

Overall





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