



# ARMYFLIER

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## NEWSLINES

### SENIOR LEADERS CONFERENCE

The Aviation Senior Leaders Conference was Monday through today. See next week's **Army Flier** for full coverage of the conference.

### WARRIOR ADVENTURE QUEST

Soldiers learn to recognize and relieve stress, and expend adrenaline in positive ways during Warrior Adventure Quest events. **See Page A3 for full story.**

### BLACK HISTORY MONTH

Fort Rucker celebrates the contributions of African-Americans during February with several events, including a kick-off event Friday at the Fort Rucker Exchange, a 5K run and a museum trip. **See Page C1 for full story.**

### NATIONAL PRAYER BREAKFAST

The Annual National Prayer Breakfast, Feb. 10, 6:30-8 a.m., is a chance to pray for the nation, Army and Army Aviation. **See Page C3 for full story.**

### EMMA'S RUN

Wiregrass community hosts a fundraising run to help find the cure for a type of kidney disease affecting a Fort Rucker Soldier's daughter. **See Page D3 for full story.**

### VALENTINE'S DAY CRAFTS

Center Library staff hosts a Valentine's Day craft making activity Tuesday from 3:30 to 5 p.m. for children ages 3-11. For more information or to register, call 255-3885.

### SPOUSE READINESS PLANNING EXPO

The Spouse Readiness Planning Expo is Feb. 11 from 9 to 11 a.m. Childcare is available with two-week prior registration and enrollment in Child, Youth and School Services. For more information and registration, call 255-9578.

## What's Inside

Perspective .....2A  
Armywide ..... 1-4B  
Community ..... 1-6C  
On-Post .....2C  
Wiregrass .....4C  
Sports ..... 1-4D

## Weather 3-DAY OUTLOOK

**THURSDAY**  
High **40**  
Low **38**  
Rain (70 %)

**FRIDAY**  
High **46**  
Low **40**  
Rain (90 %)

**SATURDAY**  
High **53**  
Low **30**  
Partly cloudy



PHOTO BY RUSSELL SELLERS

Master Sgt. Murphy Ho Chee, 1-58th AOB HHC first sergeant, hugs his wife, Elizabeth, and their two daughters during a deployment ceremony at Cairns Airfield Friday. Ho Chee is part of the 1-58th AOB advance team that left Friday for a year-long deployment to the Middle East.

## 1-58th sends advance team

BY RUSSELL SELLERS  
*Army Flier Staff Writer*

The advance team for the 1-58th Airfield Operations Battalion left Fort Rucker for the Middle East Friday.

Four of the 70-member unit began their one-year deployment by saying "goodbye" to

friends and Family at Cairns Airfield. While it was a somber time for most, it was not a new experience for any of the unit members.

"This makes seven deployments for me," said Master Sgt. Murphy Ho Chee, 1-58th Headquarters and Headquarters company first sergeant. "This

is just like every other deployment. You think it's going to be easy, but it's not. The dynamics of every deployment are different, but it's never easy to say goodbye to Family."

The unit is scheduled to be deployed for one year and will provide air traffic control and airfield management services

to various locations in the Middle East, said Maj. Sherri Sharpe, 1-58th AOB executive officer.

"Less than 72 hours ago, I looked them in the eye and asked if they were ready to go," she said. "They replied with

SEE 1-58TH, PAGE A4

## Students get new tactical training



COURTESY PHOTO

CW4 Tom McClellan, Aviation Branch chief tactical operations officer, left, and CW4 Shon Thompson, TACOPS Officer Course chief, explains the inner functions of this SA-7 Man-Portable Air Defense System to flight student 2nd Lt. Jason Nichols, center, during the recent TACOPS training event here.

BY RUSSELL SELLERS  
*Army Flier Staff Writer*

Soldiers currently waiting to begin training on their specified aircraft had an opportunity to get some "hands-on" tactical training last week.

In an effort to make downtime Soldiers going through flight school experience more efficient, Tactical Operations officials devised a four-day course to give those students a chance to get more in-depth training.

The training event was about 32 hours long and included time in classrooms learning about various threats to helicopter pilots downrange and then facing those threats during simulation at the end.

"I saw a target of opportunity in the time (students) were waiting from the time they finished a certain part of their training to starting their advanced aircraft training," said CW4 Tom McClellan, Aviation Branch chief tactical operations officer. "I felt it was the perfect time to take advantage of that instead of having them doing casual duties."

McClellan worked with CW4 Shon Thompson, Aviation Branch tactical operations course chief, on coming up with curriculum for the four-day course by borrowing material from the tactical operations course.

"Together we laid out the sequence of events and briefed it to the

SEE STUDENTS, PAGE A4

## Officials: Stay active when shooters attack

BY JEREMY WISE  
*Contributing Writer*

Active shooter events have occurred in America as far away as Fort Lewis, Wash., and as close as Panama City, Fla., and most recently in Arizona.

In order to prepare for occasions when gunmen attack or hostage situations occur, local law enforcement and Directorate of Plans, Training, Mobilization and Security

officials will conduct an "active shooter" exercise Wednesday.

The Federal Bureau of Investigation and Dothan Police Department will also be involved in the training scenario.

The exercise's main purpose is to teach people how to respond to a potentially deadly scenario, said Rollie Edwards, DPT-MS' chief of plans, operations and mobilization division.

"One of the things we learned from (the) Fort Hood (Texas, incident) is that people don't know how to respond," he said.

If an attack or drill occurs, post officials sound the sirens.

For two minutes, a loud, "very irritating" whooping sound permeates the installation, then is followed with an announcement over the loudspeakers

SEE ACTIVE, PAGE A5



COURTESY PHOTO

SHAPE Federal Police Inspector Sylvain Di Fabio, Commissioner Frederic Salm and Inspector Germano Monosi approach a simulated active shooter situation at the U.S. Army Garrison Benelux in Belgium.



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Perspective

LET YOUR VOICE BE HEARD BY WRITING AN E-MAIL TO THE ARMY FLIER AT KFord@ARMYFLIER.COM.

From the Chairman  
‘What I have learned about the Army’

BY U.S. NAVY ADM. MICHAEL G. MULLEN  
Chairman of the Joint Chiefs of Staff

Our Army is the center of gravity for the U.S. military — and this center includes the Guard and Reserves.

It is the best and most combat-hardened Army that the nation has ever known — indeed, the world has ever known. We must do all we can to make sure it stays that way.

Let me take you through some of the things I have learned about our Army, which we all serve. Some of these things might surprise you, most probably will not, but I thought you might be interested in how this Sailor has come to see it.

The first thing I learned about the Army is “Hooah.”

There are 1,000 or 10,000 or 100,000 different ways to say hooah. But I learned that it is more than just a battle cry; it is a way of life. It says that you will never quit, never surrender, never leave your buddy. It says that you are proud of the hardships you have endured because there is deep meaning in every one of them.

Go stand atop one of those hills in the Korengal Valley in Afghanistan, where I was last February and July, with paratroopers assigned to the 173d Airborne Brigade Combat Team. Look around at the utter desolation of the place and the spartan conditions that these young people are living in. You cannot help but come back a little thick in the throat.

I awarded a Silver Star to a young officer there, Capt. Greg Ambrosia, who placed himself in the line of fire to direct his men to safety. I pinned on some Bronze Stars, Commendation Medals and Purple Hearts as well.

These troops had been out there 14 months and seen a lot of tough fighting. They lost a lot of good Soldiers. We often forget the impact of war on those who were alongside our fallen. That loss impacts them for the rest of their lives.

When those Soldiers yelled “Hooah!” after the ceremony, I understood that it was not because they were proud of their new medals; it was because they were proud of the difference they knew they were making together, as a team — as an Army.

The second thing I have learned is that our Army has become a world-class counterinsurgency force in an extraordinarily short time.

In Iraq, I walked down the streets of Sadr City, and visited an outpost in Mosul. These were places where, just a few weeks before, we could not have visited at all. Al Qaeda is clearly on the run in Iraq, and the surge and Anbar Awakening and even Muqtada al Sadr's ceasefire all helped to make that happen. But what really turned it around was the counterinsurgency tactics that our troops embraced and perfected.

Think about it: As late as the winter of 2007, when President Bush announced the surge, attacks were averaging nearly 180 a day, the highest level since major combat operations ended. A new national intelligence estimate predicted that Iraqi leaders would be hard pressed to reconcile over the next year and a half.

But look where we are now. Our commitment to counterinsurgency warfare



U.S. Africa Command Commander U.S. Army Gen. William E. Ward, right, welcomes U.S. Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, to Kelley Barracks, Stuttgart, Germany.

worked. That meant sharing risk with the Iraqis, which in turn meant a whole lot of courage on the part of our Soldiers. Yet they prevailed because they learned, adapted, and most of all, believed.

Third, I learned that it is irresponsible to neglect the continual improvement of our conventional capabilities. I was struck during one of my first visits as Chairman to an Army base — Fort Sill, Okla. — by how few young artillery officers had earned their basic qualifications because they had so often deployed outside their skill set. Now, as the Chief of Naval Operations who deployed upwards of 12,000 Sailors to work on the ground in the U.S. Central Command theater, I understand the benefit for people to develop themselves.

We need more balance in the way we think, train and resource ourselves. Very real threats still exist from regional powers who possess robust conventional and, in some cases, nuclear capabilities. We must restore some of the more conventional and expeditionary expertise that we will require in the uncertain years ahead.

It is difficult to modernize while fighting a war. But there is also an argument that a combat footing generates the energy and sense of urgency that allow us to meet the pace of change. The essential truth is that we are at war — and it is a war that is moving at lightning speed.

And that brings me to my fourth observation: our peacetime processes are not adapted to a wartime reality. We simply have not kept pace with the demands that this war requires of our wounded, fallen, and their families. Some wounded servicemembers are waiting too long to receive disability ratings and transition out of the military, leaving them and their families in limbo. Servicemembers tell me their most precious resource is time. They want their lives back. They want to move on.

I know that we have launched a pilot program with the Department of Veterans Affairs designed to streamline the transition process, but we are still not moving quickly enough. And I hope that we are able to ex-



pand it as rapidly as possible.

Recent studies suggest that as many as 20 percent of today's troops may suffer from post-traumatic stress brought on by combat in Iraq and Afghanistan. Many are understandably wary of the stigma attached to mental health issues — a problem we can alleviate by making everyone undergo screening, so no one has to raise his or her hand. I recently had the chance to visit the VA hospital in Palo Alto, California, and talked with about 30 mostly active duty PTS patients from every service. It bothered me to see what they had to go through just to get help — essentially bottoming out, like they were in an alcohol or a drug rehabilitation program.

The Families of the fallen and the wounded never lost the American dream. They still want to work; they want to send their kids to school; they want to get an education; they want to own a piece of the rock. Indeed, they have earned it. And it is up to us to ensure that they get the chance.


Finally, I have learned that the Army, above all, is a learning organization. From rapid development and adaptation of doctrine, to command organization, to movement of brigade combat teams and modular headquarters, to the way people are promoted, the Army is constantly changing and adapting to meet the challenges of the day. We are seeing people succeed, grow and lead. We are seeing people unafraid to challenge assumptions or old ways. Our midgrade non-commissioned officers and young captains love what they do. They have led in combat. They are remarkably resilient and they do us all proud. Junior officers and enlisted men and women need to know that it is right to question the direction of their service and seniors. In fact, they should be rewarded for it. That sort of feedback is healthy, and it fosters the kind of change we need.

As Gen. George Marshall once quipped, “Soldiers are intelligent. Give them the bare tree; let them supply the leaves.” I have certainly seen the forest for the trees here, and have learned a lot about the Army. Most importantly, I have learned from the Army.




# Rotor Wash

“Who do you think will win the Super Bowl?”




**CW2 Dennis White,**  
Tactical operations student

“I want the Steelers to win the 2011 Super Bowl.”




**CW2 Keith Schweitzer,**  
Tactical operations student

“I am pulling for the Steelers this year.”




**CW2 Carlos Blanco,**  
Tactical operations student

“The Steelers are going to win Sunday, no questions asked.”



**Master Sgt. Jimmy Lindsey,**  
Directorate of Plans, Training, Mobilization and Security

“I am not really a Packers or Steeler fan. But since my team is not in the Super Bowl I am pulling for the Steelers.”



**Sgt. Charles Robinson,**  
D Co., 1st Bn., 113 Avn. Regt.

“Go Packers. It is about time, they deserve this.”



# Adrenaline rush

## *Quest helps Soldiers blow off steam*

BY JEREMY WISE  
Contributing Writer

The shots rang out and were followed with screams and commands. The Soldiers trudged through the mud and hid behind bunkers.

After the shooting stopped, laughter and storytelling filled the air as the Soldiers completed a paintball outing as part of Warrior Adventure Quest at Outdoor Recreation's paintball courses Tuesday.

WAQ is a Department of the Army program that "provides high-adrenaline activities and team-building opportunities" to Soldiers who have just returned from a deployment, said Danielle Hanes of Directorate of Family and Morale, Welfare and Recreation.

Events like the paintball or the whitewater rafting trip that occurred in August provide Soldiers a way to relieve stress or expend adrenaline in positive ways as they adjust to life stateside, Hanes added.

"It's not necessarily stress inoculation," said Capt. Cameron Gallagher, a small group leader for the Aviation Captains Career Course. Gallagher noted WAQ events provide outlets for stress so Soldiers "don't get on a motorcycle and drive fast or do other high-risk behaviors."

At Forces Command posts, Outdoor Recreation usually holds the events within 120 days of units returning from deployment and/

or block leave. Most of the ones who participated in Tuesday's event had been back longer, but it was still a good experience.

"This is exposure. Most are (going to) be company commanders (soon)," Gallagher said of his AVC3 students, members of A Company, 1st Battalion, 145th Aviation Regiment. "They'll go to five or six different posts from here. Word of mouth is better advertising."

That advertising may allow Soldiers who need help reintegrating into normal life have another opportunity to do so. Gallagher noted the events also build teamwork.

CW3 Landon Dykes, a CH-47 Chinook instructor pilot with B Company, 1st Battalion, 223rd Aviation Regiment sees social interaction another benefit.

"This is back to life, back to reality," he said. "I'd love to see more of the Soldiers who came back recently. Maybe they open up to you and ask, 'Hey, did you experience this,' or maybe you ask, 'Got any lessons you want to share?' Everyone over there gets affected in different ways."

Dykes encouraged Soldiers who have an opportunity to participate in the event to do so.

"Don't stay in your room. That's the worst thing you can do when you first get back," he said.

The paintball excursion, like all other WAQ events, costs nothing for Soldiers, Hanes said.

For more information about WAQ, call Hanes at 255-9801.



PHOTO BY JEREMY WISE

Capt. Matt Williams, A Co., 1st Bn., 145th Avn. Regt., fires paintballs during a recent Warrior Adventure Quest event.

## DFAC fuels Soldiers to perform duties

BY MICHELE WATSON  
Contributing Writer

Pride in Food Services Week, the first week in February, is a good time to salute the people who work in the dining facility.

The week was established by the Dietary Managers Association to recognize the efforts and achievements of food service workers.

"We are very pleased at the job we do here in offering the Soldiers a healthy, nutritious meal," said Julius Brown, Dining Facility manager for Bldg. 5914. "Not only is the food healthy for them, it is also a good, tasty meal. We try to make sure they have a well-balanced diet with a good variety."



PHOTO BY MICHELE WATSON

Sgt. 1st Class Michael Wood, 110th Avn. Bde., and Staff Sgt. Cheston Johnson, 1st Avn. Bde., eat breakfast before beginning their daily duties.

On a daily basis, Brown's dining facility feeds between 1,000-1,500 Sol-

diers a day. That number increases during the weekend.

"This is the best meal for your dollar," said Sgt. 1st Class Michael Wood,

110th Aviation Brigade, S3 noncommissioned officer. "Not only is the price of the meal good, the food is really good as well. You just can't beat it."

Wood is not the only Soldier who appreciates the hard work the food preparers put in on a daily basis.

"We receive a good hot meal here," said Staff Sgt. Cheston Johnson, 1st Aviation Brigade, motor sergeant. "The meal provides us with the strength we need to complete our daily tasks. It really just provides us with everything we need to make it through the day."

Brown, as well as all food service employees, are grateful for the appreciation they receive from

the Soldiers.

"We are doing our part in providing them a good nutritious meal," Brown said. "They work very hard every day, and they deserve something healthy and nutritious to eat. Not to mention, it is good food. We believe, if we serve a good, tasty and nutritious meal, it helps the Soldiers perform their duties and helps boost morale."

Brown wishes to remind all Soldiers of the Black history Month meal scheduled for Wednesday. The meal will include baked fish, barbecue ribs, southern fried chicken, baked macaroni and cheese, wild rice, candied sweet potatoes, southern-style greens, corn on the cob, corn bread and more.



PHOTO BY JANE ARMSTRONG

## Instructors of the quarter

The U.S. Army Aviation Center of Excellence recognized the first quarter, fiscal year 2011 instructors of the quarter during a ceremony at the U.S. Army Aviation Museum, Jan. 27. Each quarter, academic instructors, are evaluated on quality of instruction, quality of materials developed and used, and quality of their presentation. Pictured from left to right are the instructors of the quarter: Roger Staver, F Co., 1st Bn., 212th Avn. Regt., 110th Avn. Bde., civilian instructor pilot of the quarter; Staff Sgt. Vernon McNabb, F Co., 1st Bn., 212th Avn. Regt., 110th Avn. Bde., noncommissioned officer flight instructor of the quarter; Sgt. 1st Class Nicholas Beauchamp, noncommissioned officer academy, noncommissioned officer academic instructor of the quarter; and CW3 Michael Williams, A Co., 1st Bn., 212th Avn. Regt., 110th Avn. Bde., officer instructor pilot of the quarter.



# 1-58th: Families used to deployments, still difficult

Continued from Page A1

‘Yes ma’am, I’m ready to go, send me.’”

Family members of the deploying Soldiers were joined by members of the 164th Theater Airfield Operations Group and 597th Maintenance Company to see their servicemembers off.

Christy Aguirre, wife of WO1 Randy Aguirre and a former Soldier, said it was difficult being on the other side of a deployment.

“I (deployed) twice, but this is the first time I’ve been to one of these and been the one staying,” she said. “We spent as much time together as possible and we made sure I knew how to take care of all the things at home. I’ve started student-teaching, so that will probably take up a lot of my time.”

Some Family members said the deployments were nothing new, but it was still hard to deal with the idea of not seeing their Soldiers for a year.

“This is his second time deploying, but it doesn’t get any easier,” said Deanna Crosby, wife of Master Sgt. Timothy Crosby, 1-58th ATC chief. “He was gone a year last time. We tried to spend as much time together as possible before he had to leave.”

The 1-58th AOB was created three years ago to fill a gap in air traffic services, said Sharpe. It works with other entities and contract agencies in theater to provide more ATC support.



PHOTO BY RUSSELL SELLERS

WO1 Randy Aguirre, 1-58th AOB airspace management technician, hugs/kisses his wife, Christy, during a deployment ceremony at Cairns Airfield Friday. Aguirre is part of the 1-58th AOB advance team that left Friday for a year-long deployment to the Middle East.

# Students: Course ties training into real world threats

Continued from Page A1

command group,” he said. “It was enthusiastically received, and may be permanently included in Flight School, but this is a test case. There are probably some changes that need to be made to the class, but that’s why we’re here to try it out.”

“We’ve tied the training into the real-world threats to aircraft and aircrews,” said Thompson. “This definitely helps the Soldiers be ahead of the curve

when they reach their units and start advanced aircraft training.”

Some of the Soldiers who experienced this first training event said they think it’s a beneficial addition to their regular

training schedule.

“I think it’s very valuable,” said 2nd Lt. Jason Nichols, B Company, 1st Battalion, 145th Aviation Regiment. “I think this is something all Flight School students

should go through.”

First Lt. Alexander Humes, B Co., 1st Bn., 145th Avn. Regt., previously completed UH-60 Black Hawk training and is currently in waiting to begin fixed-wing training.

For him, the training allowed him to polish his skills and showed him he wanted to spend more time in simulation.


“I was very glad to see the types of threats we might see in the real-

world,” he said. “Now it’s not some kind of vague notion, but something I’ve seen and dealt with. It’s really valuable, especially for those of us who might not have deployed before.”



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# Active: Personnel should be familiar with sirens

Continued from Page A1

proclaiming it a drill or an actual active shooter situation.

This is repeated twice more. The sound cannot be mistaken for the severe weather siren, Edwards said.

“First of all, we’re trying to get people to recognize there is a problem,” Edwards said.

When a gunman opens fire or hostages are taken, people have three ways to respond: evacuate, hide or attack the shooter.

“If possible, evacuate,” Edwards said of the first option. “Know escape routes.”

Leaders in each office need to determine escape routes and gathering points before an attack, Edwards and installation antiterrorism officer Michael Whittaker said. These routes should vary from fire escape routes since those are posted and can become knowledge for the attackers, Whittaker added.

Routes should also be out of the sight of the building where the attack occurred, Edwards said.

If people in the area

are reluctant to leave, he added, they should be left behind.

“I know it sounds cold, but leave them. If you run, they may follow,” he said. “A lot of it is adopting a mindset of survival.”

If shooters or other obstacles block escape routes, the next option is to hide, whether it is under a desk or in an office area.

If one can shut a door, do so and blockade it even if the door is locked, Edwards said. Even if a shooter breaks the lock, then he or she still cannot get to the area.

Once hidden, stay in the area until law enforcement officers clear the area and tell you to move. Stay away from doors or windows unless you are the designated surveillance person.

Finally, if no other option is available, attack the shooter.

“Attack like your life depends on it — because it does,” Edwards said.

During an active shooter incident, people may not be in the office in which they normally work. Those people should follow the instructions of the super-

visors of that building or office, Edwards said.

If an attack or drill occurs, gates will close. For the exercise, it will only be a short amount of time, Whittaker said.

Drivers are to find an open area to park their cars until the situation is resolved.

The best way to avoid harm in an active shooter scenario is to prevent it.

Prior to acting, a potential attacker normally exhibits many behavioral changes. These changes include increased use of alcohol or drugs, depression, severe mood swings, increased violent attitudes or unexplained absences.

Additionally, attacks usually occur on people shooters know, whether it is from customers, coworkers, former coworkers or relatives.

If people see potential threats, they should alert supervisors with their concerns. If threat is imminent, call 911.

For more information on active shooter scenarios and what to do during an incident, visit the Department of Homeland Security’s Web site at [www.dhs.gov](http://www.dhs.gov).

## Identifying potential terrorist threats to Army

### Alert authorities if you discover someone:

- Advocating violence, the threat of violence or use of force to achieve goals that are political, religious or ideological in nature.
- Advocating support for international terrorist organizations or objectives.
- Providing financial or other material support to a terrorist organization or to someone suspected of being a terrorist.
- Has associations with or connections to known or suspected terrorists.
- Repeated expression of hatred and intolerance of American society, culture, government or principles of the U.S. Constitution.
- Repeated browsing or visiting Internet Web sites that promote or advocate violence directed against the United States or U.S. forces or that promote international terrorism or terrorist themes without official sanction in the performance of duties.
- Expressing an obligation to engage in violence in support of international terrorism or inciting others to do same.
- Purchasing bomb-making materials or obtaining information about the construction of explosives.
- Using active attempts to encourage others to violate laws, disobey lawful orders or regulations or disrupt military activities.
- Has family ties to known or suspected international terrorist or terrorist supporters.

Source: Department of the Army

# ATTENTION VETERANS Effective Immediately!

As a result of the Veteran’s Benefit Improvement Act of 2008, which the President signed into law October 10, 2008, veterans who wish to refinance their homes are eligible for up to 90% of the appraised value which cannot exceed \$417,000, or purchase a home at 100% of the sales price.

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| Jeanne Wright | (334) 347-3411 Ext 201<br>(334) 470-6210 Cell |
| Carla Steiner | (334) 347-3411 Ext 236<br>(334) 447-7390 Cell |



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>>>Employment Forum<<<

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### INTERNAL

#### Firefighter (Hazardous Materials Technician)

GS-0081-07  
SCEG10673523R

Closing Date: Feb. 3

#### Safety Technician (OA)

GS-0019-07  
SCEG11820278

Closing Date: Feb. 7

#### Supply Technician

GS-2005-06  
SCEG11814733

Closing Date: Feb. 7

#### Air Traffic Control Specialist

GS-2152-13  
SCEG11812726

Closing Date: Feb. 7

#### Budget Analyst

GS-0560-11  
SCEG11812685

Closing Date: Feb. 7

#### Firefighter (Stagefield)

GS-0081-06  
SCEG11643960R

Closing Date: Feb. 7

#### Helicopter Flight Instructor

GS-2181-13  
SCEG11807519

Closing Date: Feb. 8

#### IT Specialist (INFOSEC)

GS-2210-12  
SCEG11738655

Closing Date: Feb. 9

#### Supervisory Public Affairs Specialist

GS-1035-14  
SCEG11810769

Closing Date: Feb. 11

#### Electronic Multimedia Information Specialist (Video)

GS-1001-12  
SCEG 11828788

Closing Date: Feb. 11

### EXTERNAL

#### Safety Technician (OA)

GS-0019-07  
SCEG11820278D

Closing Date: Feb. 7

#### Supervisory Public Affairs Specialist

GS-1035-14  
SCEG11810769D

Closing Date: Feb. 11

#### Physical Therapy Assistant

GS-0636-05  
SCEG11770483D

Closing Date: Feb. 11

### OPEN CONTINUOUS

#### Security Guard

GS-0085-04  
SCEG10494007

Closing Date: June 30

### Nonappropriated Fund Announcements

Visit [www.armycivilianservice.com](http://www.armycivilianservice.com) for more information or to obtain applications for nonappropriated fund announcement vacancies.

• Click Employment

• Search for jobs

• Special programs

• NAF positions

• Alabama and search

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Jerome Varnum

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Heart & Vascular Center

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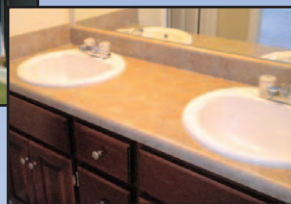
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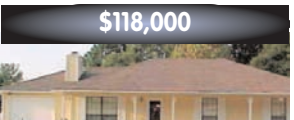
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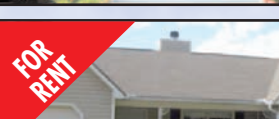
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Call or check out our website for our "3rd Saturday Seminars!"



USACRC offers information on Soldier accidents  
Column on Page B4

# ARMYWIDE

VOL. 61 ■ NO. 05

ARMYFLIER★COM

FEBRUARY 3, 2011

## ARMY BRIEFS

### ENTERPRISE E-MAIL MIGRATION

FORT GORDON, Ga. — During 2011, all Army e-mail users will migrate to Enterprise e-mail service. Instead of accessing e-mail through local e-mail servers at each installation, they will reach through the network to access e-mail services from centralized servers known as the Department of Defense cloud. The migration of e-mail services to the Defense Information Systems Agency, is part of a larger DoD effort to consolidate information technology services, improve capabilities, and reduce overall costs.

The migration to this new capability begins in mid-February 2011 with an initial “fielding” to about 2,000 selected e-mail users, according to Brig. Gen. LaWarren Patterson, commanding general, 7th Signal Command (Theater).

Contact a local information management officer or local network enterprise center for information and assistance.

### TACTICAL WHEELED VEHICLE STRATEGY

WASHINGTON — The Department of the Army recently released its Fiscal Year 2011 Tactical Wheeled Vehicle strategy, defining how the Army will modernize and sustain its tactical wheeled vehicle fleets through Fiscal Year 2025.

This comprehensive strategy represents the culmination of nearly four years of study and analysis on the Army's TWV fleet of Light, Medium, Heavy and Mine Resistant Ambush Protected tactical vehicles. The Army will use this strategy to sustain a TWV fleet with the required capabilities and the appropriate size and cost for environments of today and the future.

The Army's primary goal is to ensure that Soldiers have the correct tactical vehicles that provide appropriate levels of protection for whatever missions they perform. The Army will accomplish this by focusing procurement on fleets which incorporate additional armor protection.

### AIRBORNE BATTLE MEMORIAL

FORT BENNING, Ga. — A new monument dedicated to U.S. combat paratrooper and glider units is sprouting up on Eubanks Field here.

Ground was broken earlier this month on the Airborne Battle Memorial, which will sit 100 feet from the Airborne Walk at the Army Airborne School. An opening ceremony is scheduled for April 8, to coincide with the annual Airborne Awards Festival.

The exhibit's platform is shaped like the oval worn behind the parachutist's wings, with a global map in the center marking the sites of every major parachute combat assault involving U.S. Airborne Soldiers. It will be surrounded by the 19 white-granite monuments, each standing 42 inches high and 30 inches wide, listing the unit names, dates, place of battle, and number of jumpers or glidermen — about 72,000 total.

The AHA built the Airborne Walk in 1986 and has managed it ever since. The nonprofit organization is funding the Airborne Battle Memorial through donations and sales of personalized pavers, which are planned for the exhibit's central area.



PHOTO BY PFC. DAN RANGEL

Third Army Soldiers and rescue workers conduct their pre-accident plan exercise at the Patton Army Heliport airfield at Camp Arifjan, Kuwait, Jan. 25.

## Soldiers simulate ‘hard landing’

BY PFC. DAN RANGEL  
3rd Army Public Affairs

CAMP ARIFJAN, Kuwait — Third Army Soldiers and rescue workers conducted a pre-accident plan exercise on the flight line at Camp Arifjan, Kuwait, Jan. 25.

The scenario simulated a UH-60 Black Hawk helicopter from Udari Army Airfield flying in with a tail-rudder failure, which caused a hard landing that injured the crew and four Soldiers with simulated

wounds.

The exercise included personnel from a number of organizations at Camp Arifjan to include 164th Theater Airfield Operation Group safety personnel, Area Support Group — Kuwait's fire and rescue team and airfield operations.

Although Army airfield personnel have an annual requirement to exercise pre-accident plans, 3rd Army has worked above the standard.

“We’re taking it a step further,”

said CW5 Harrison Cohen, the Patton Army Heliport airfield commander.

We’re executing this scenario in accordance with Lt. Gen. William G. Webster's Granite Shield readiness initiative, Cohen said.

“We want to let the general know that we’re not only exercising our pre-accident plan, we’re involving crash rescue, emergency medical personnel and we’re doing as much as we can to help our unit to be ready at a moment's notice

and have all the pieces in place,” he said.

According to the plan, airfield operations requested the ASG-Kuwait fire-rescue team to respond to the emergency. The fire dispatch office then contacted emergency medical personnel who secured the crash site along with the Provost Marshal.

The fire and rescue team then extinguished the fire, while

SEE SIMULATE, PAGE B4

## DoD officials: ‘Don’t Ask’ repeal plan progressing quickly



PHOTO BY R. D. WARD

Under Secretary of Defense for Personnel and Readiness Clifford Stanley, and Vice Chairman of the Joint Chiefs of Staff Marine Corps Gen. James Cartwright, hold a Pentagon press briefing, Jan. 28, to explain to reporters what steps the Department of Defense is taking to prepare for the implementation of new legislation concerning homosexuals openly serving in the U.S. Armed Services.

BY KRIS OSBORN  
Army News Service

WASHINGTON — The plan to end the ban on homosexuals serving openly in the military is progressing quickly, senior Defense Department officials said Friday.

Clifford L. Stanley, undersecretary of defense for personnel and readiness, and Marine Corps Gen. James E. Cartwright, vice chairman of the Joint Chiefs of Staff, spoke to Pentagon reporters in the first of a series of briefings that will chart the department's progress in implementing the repeal of the law known as “Don't Ask, Don't Tell.”

“My sense is (we have a) really good working relationship with the services as we do this,

not only the service chiefs, but the senior enlisted,” Stanley said. “You get good vibes about where we are in terms of cooperation (and) information coming forth.”

President Barack Obama signed the repeal into law Dec. 22, with provisions ensuring the repeal will not take place until 60 days after he, Defense Secretary Robert M. Gates and Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, certify the military services are ready.

As part of today's briefing, officials distributed copies of two memos containing the department's guidance on repeal implementation. The first, signed by Gates, sets a planning deadline of Feb. 4. The second, which

SEE REPEAL, PAGE B4

## Chaplains prepare deployed Aviation brigade for return to Fort Riley

BY SPC. ROLAND HALE  
Enhanced Combat Aviation Brigade,  
1st Infantry Division, Public Affairs

CAMP TAJI, Iraq — Army chaplains with a Fort Riley, Kan., Aviation brigade are busy preparing their unit for its return from a year-long tour in Iraq this spring.

The Enhanced Combat Aviation Brigade, 1st Infantry Division is scheduled to return to the states after completing its deployment in support of operations Iraqi Freedom and New Dawn.

In the months leading up to the redeployment, the brigade's unit ministry teams are ramping up their efforts to provide the returning Soldiers with the skills they need to battle a new type of enemy. The chaplains are primarily concerned with

preventing suicide and helping Soldiers work through social issues commonly associated with returning from a deployment, said Chaplain (Capt.) Al Rivera.

“Soldiers change after a year away. Spouses change, children change, and even the dog changes,” said Rivera, “but change isn't a bad thing when we learn to deal with it, to overcome the obstacles that come with change.”

Assigned to the 601st Aviation Support Battalion, Rivera is one of six chaplains deployed with the brigade.

The chaplain's preparations are in keeping with the Army's Comprehensive Soldier Fitness program, which focuses on strengthening servicemembers'

SEE CHAPLAINS, PAGE B4



PHOTO BY SPC. ROLAND HALE

Capt. Seth Gulsby sits in prayer during a morning service on Camp Taji, Iraq, Jan. 23. Gulsby is assigned to HHC, eCAB, 1st Inf. Div., which is scheduled to return to Fort Riley, Kan., this spring. In preparation for the redeployment, the unit's chaplains and ministry teams are providing a myriad of support to the brigade's troops, ranging from spiritual guidance to marriage counseling.



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**Honda '97 TRX90** 4-wheeler Like New Cond. \$1300. 334-792-8018 DO 11023

**Honda** - Have 2 Honda 2006 CRF50s and a 2004 CRF150 for sale! All are in good working condition because no one rides the dirtbikes! Bought new for my wife and little girls! Asking \$600 each for the Crf50s and \$1200 for the Crf150! Contact is Chris at 850-674-2861 or 850-445-5426! DO 11085

**Kawasaki '08 Kfx** 90 ATV Kid's model 36345 (334)726-2168 [jqwcpc@live.com](mailto:jqwcpc@live.com) \$1500.00

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**Yamaha '04 Bruin-** 4wd, extra low hours, cam ouflage. \$4,000. Call 334-795-6743

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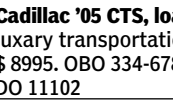
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**Yamaha '05 V-star 650** Silverado, Saddle bags, windshield, back-rest. 1K mi. Garage kept. \$3,750 OBO. 334-701-7552

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**Jeep '06 Wrangler,** both tops, AC, automatic, loaded, 22K miles \$17,000 OBO. 334-726-1530



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# Simulate: 3rd Army prepares for worst, hopes for best

Continued from Page B1

emergency medical technicians triaged the casualties then transported them to the troop medical clinic, where Navy personnel activated their plan to treat the casualties.

Exercises such as these can be a communications challenge, but having the information flowing between the different players ensures readiness.

“If the flag goes up, we’ll be ready,” Cohen said. “We’ll know exactly who the major players are. With the phone numbers that we call, we will know absolutely, 100 percent, who the person on the other end of the line is.”

Although Cohen and his 3rd Army counterparts have prepared for the worst, they hope for the best.

“We may never have to do this; but if we ever have to, it will work like clockwork as we react to an

aircraft or ground accident,” Cohen said.

During a readiness exercise so large, coordination is always a challenge, but 3rd Army focused all its efforts in accordance with Granite Shield.

“Everyone works together to figure out what the overall goal is, to get to the crash site as soon as possible, to take care of the individual Soldiers that are injured and to take care of all the equipment,”

said Maj. Robert O’Connell, the 3rd Battalion, 126th Aviation Brigade executive officer.

At the end of the day, all of this teamwork can save lives. CW5 Brian Reid, Task Force 11 safety officer, explained the value of these exercises.

“If somebody learns one little thing today from this exercise that may save somebody’s life down the road, it’s invaluable. It’s priceless,” Reid said.

# Repeal: Strong leadership required to implement change

Continued from Page B1

Stanley signed, outlines policy changes.

“Strong, engaged and informed leadership will be required at every level to implement the repeal properly, effectively, and in a deliberate and careful manner,” Gates’ memo read in part.

“This is not, however, a change that should be done incrementally. The steps leading to certification and the actual repeal must be accomplished across the entire department at the same time,” the memo continued.

Gates’ guiding principles for implementation stress respect for individuals and common across-the-services standards, while prohibiting harassment, unlawful discrimination and policies based solely on sexual orientation.

Gates directed that a repeal implementation team lead the process to develop plans, update policies and train the force.

“What you’re going to see as we move forward, we have actually three tiers as we get to the training part,” Stanley said.

The three levels of training begin with policy makers, chaplains, lawyers and counselors; continue with leaders including commanding officers, senior noncommissioned officers and senior civilians; and culminate with troops across the services.

Cartwright said the tiers don’t have to be sequential, and the services can conduct the levels of training as they see fit.

Present at the briefing were Virginia “Vee” Penrod, deputy assistant secretary for military personnel policy and chairwoman of the repeal implementation team, and Marine Corps Maj. Gen. Steven Hummer, the team’s chief of staff.

Penrod said the team has worked for several weeks with service representatives to develop training guidance, modules and plans.

“We expect to have those accomplished next week,” she said. “It’s been a joint effort, with not only the military departments but (also) the joint staff, to develop consistent training.”

Hummer said the team is developing a “stan-

dardized commander’s toolkit” for the training effort. The services can tailor the toolkit to ensure the training meets their specific needs, he added. The training packets will include videos featuring the service commanders, presentations outlining policy considerations, and a series of vignettes trainers can use to spur audience discussions.

The team also is charged with preparing progress reports and updating Gates every two weeks on policy development and training progress.

“We know, when you’re dealing with 2 1/2 million people and a new policy, that we’re probably going to have some discovery as we go,” Cartwright said.

The two-week updates provide a feedback mechanism that will allow defense and service leaders to track what they’ve learned, react and then move forward, he added.

“That will all be considered in the so-called calculus of when we go to the secretary and the chairman to certify,” the vice chairman said.

# Chaplains: Ministry team trains 22 new ‘gatekeepers’

Continued from Page B1

physical, emotional, spiritual, social, and family health. In addition to religious services, they are holding suicide prevention training, resiliency training, divorce recovery counseling, marriage counseling and financial counseling.

Rivera’s ministry team has trained 22 new “gatekeepers.” Soldiers taught to detect and prevent sui-

cide within their unit, as well as given refresher courses to about 40 existing gatekeepers. Ministry teams from the rest of the brigade are following suit with similar training.

“We’re busy getting a head start on these issues that the Army has seen coming up a lot when units come home,” said Rivera.

The chaplains’ efforts will not end, but rather double when the unit re-

turns. They will have an active role in the unit’s reintegration process,

providing mandatory briefs and classes, as well as hosting several retreats

designed to strengthen bonds between Soldiers and Families.

# Got Risk?

Dec. 20 - 26

“Got Risk?” is one of the tools the U.S. Army Combat Readiness Center produces weekly to increase awareness of Army loss and to help mitigate risk. For more information about “Got Risk?” and other Army safety tools, visit <https://safety.army.mil>.

\*\*\*\*\*

Three Soldiers died Dec. 20 when a UH-72 Lakota crashed about one nautical mile offshore Punta Luquillo, Puerto Rico. A centralized accident investigation team from the U.S. Army Combat Readiness/Safety Center is investigating.


\*\*\*\*\*

A Soldier died Dec. 21 from injuries suffered in a motorcycle crash in Nolanville, Texas. The Soldier was thrown from his motorcycle after it left the roadway and struck a culvert in a median. He was pronounced dead at the scene.

## Safety reflection

Whether Soldiers are on duty or off, they can use the five-step composite risk management process to keep them safe in all activities.

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Dividing line between life and death can be as narrow as 2 inches

Story on Page C5

# COMMUNITY

VOL. 61 ■ NO. 05

ARMYFLIER★COM

FEBRUARY 3, 2011



## Enjoy festivities safely

BY MICHELE WATSON  
Contributing Writer

Green Bay Packers and Pittsburgh Steelers fans will have the opportunity to cheer on their respective team Sunday.

The Packers, champions of the National Football Conference, and the Steelers, champions of the American Football Conference, will square off in Super Bowl XLV in Dallas.

With the event just around the corner, it is time to make plans for where you will be watching the game. Will you go out? Are you planning to watch the game at a friend's home? Or, have you decided to have friends over to watch the game at your house?

Wherever you decide to watch the game, make sure safety is at the top of your kick-off plans.

According to the National Highway Traffic Safety Administration, more than 100 people died during the 2009 Super Bowl weekend in crashes involving impaired drivers with blood alcohol levels of .08 or higher.

"We encourage everyone to enjoy the Super Bowl with friends and family this weekend," said Maj. Jay Massey, Directorate of Public Safety deputy provost marshal. "If you already know you are going to be drinking during the game, go

ahead and make plans to make sure you arrive back home safely. If are going to drink, have a designated driver.

"Drinking and driving is absolutely unacceptable. Be safe, think responsibly and always have a plan in place to encounter the unexpected," said Massey. "The potential always exists for the unexpected to occur.

"You may depend on your designated driver to get you home safely; then, when it is time to leave you discover that the designated driver is intoxicated and unable to drive," he said.

Massey suggested people plan ahead by writing down a few local cab company numbers and putting them in a wallet. Also, they should put a little extra money away, just in case.

"If you prefer a friend to pick you up, go ahead and let that friend know you do have a designated driver, but, just in case a problem occurs, they can pick you up," said Massey. "Be safe not sorry."

He also provided the following safety tips to help celebrate Super Bowl XLV responsibly.

If going to a sports bar to watch the game, pace yourself while drinking and hand your keys to a sober designated driver before you begin to watch the game. Or have a sober friend make plans to pick you up after the game.

People hosting a Super Bowl Party can be held liable and prosecuted if someone they served alcohol to ends up in an impaired driving crash. Hosts should make sure all guests have a designated driver, or help them arrange for a ride home. Additionally they should stop serving alcohol during halftime. Serve coffee or dessert or soft drinks with some sort of food.

"Most importantly, remember 'Wingmanship,'" Massey added. "Never let a friend leave your sight if you think they are about to drive impaired.

"Too many individuals still do not understand, drinking and driving do not mix," Massey said. "We don't want to see anyone get a DUI, but we are going to do our jobs of enforcing discipline and regulatory guidance to ensure a safe and secure Fort Rucker environment.



### SUPER BOWL ACTIVITIES

Football fans will cheer on their favorite team Sunday during Super Bowl XLV, played in Cowboys Stadium in Dallas.

The staffs at The Landing Zone, located on Novosel Street, and Mother Rucker's, located on Fifth Avenue, invite people who are still undecided on where they want to watch the Super Bowl, to watch the game at either location.

People looking to shoot pool or throw darts while they watch the game should visit Mother Rucker's. Mother Rucker's is the spot for people who are 18 and older and want to be in an adult atmosphere.

Happy hour is 4-6 p.m. The game will be shown on all 16 televisions including the televisions on the patio.

Mother Rucker's is also participating in the "Pick Your Score" contest. Also, individuals can enter to win a jersey from each team at half-time. Menu items will be available throughout the day.

A more Family-oriented atmosphere is offered at the Landing Zone.

The Landing Zone will have bucket deals throughout the day. The Landing Zone is open for all ages. Full menu items will be available all day. The game will be shown on all 25 television located in The Landing Zone.

The Landing Zone will also be participating in the "Pick Your Score" contest, as well as a jersey giveaway.

"This event is a combined effort," said Rachel Montoya, The Landing Zone, promotions coordinator. "If you are hunting somewhere for you and your buddies to go and enjoy the game, visit Mother Rucker's. If you are hunting somewhere for your Family to eat and watch the game, visit us here at The Landing Zone. We serve individuals of all ages."

The Super Bowl kick-off is scheduled for 5 p.m.

For more information on Super Bowl activities, call Mother Rucker's at 503-0396 or The Landing Zone at 598-8025.

## Community members celebrate black history

BY JEREMY WISE  
Contributing Writer

To celebrate and recognize the accomplishments and contributions to society African Americans have made, Fort Rucker organizations host many events in February.

African American/Black History Month was established in 1976, according to Sgt. 1st Class Jack Sturgill, 110th Aviation Brigade equal opportunity officer.

"African Americans have played a significant part in making this country what it is today," Sturgill said. "Civil and military contributions are highlighted during the observance as well as some key individuals."

February holds the birthdays of famed abolitionist Frederick Douglass and former president Abraham Lincoln. The National Association for the Advancement of Colored People also formed in this month.

The local celebration begins with a kickoff event at the Fort Rucker Post Exchange Friday from 11 a.m. to 1:30 p.m. The Tuskegee University Golden Voices concert choir will perform a selection of songs and provide more entertainment through a step team.

Daleville High School's Multi-Cultural Club will also provide entertainment with a choir and a step team.

Visitors can sample local res-

taurants' wares, as well.

The next event is the Black History Month 5K, Saturday, 9 a.m., at the Fort Rucker Physical Fitness Facility. This run is hosted by the Directorate of Family and Morale, Welfare and Recreation.

Registration is currently ongoing and costs \$20, \$10 for a no-shirt option, according to Kristina Fink, DFMWR fitness programs coordinator. Participants can register at either the Fort Rucker PFF or the Fortenberry-Colton PFF and from 7:30 to 8:40 a.m. at the Fort Rucker PFF on race day.

For active-duty personnel only, two ethnic luncheons are scheduled at the dining facili-

ties. The first is Wednesday at the Consolidated DFAC from 11:30 a.m. to 1 p.m., while the other happens Feb. 16 from 11 a.m. to 12:30 p.m. at the Advanced Individual Training DFAC.

Both luncheons feature fried chicken, barbecue ribs, baked fish, barbecue chicken, many vegetables, a salad bar and two desserts. Meal price is \$4.25.

On Feb. 11, the equal opportunity office offers a tour of the Tuskegee Airmen National Historical Site and Tuskegee University. The bus leaves at 7 a.m. from the U.S. Army Aviation Museum and returns about 6 p.m.

The cost is free, but patrons

should bring money for food.

Registration ends Feb. 10. Call Sturgill at 255-2669 or e-mail jack.sturgill@conus.army.mil to register.

Include an after-hours phone number in case of postponement or cancellation.

The movie "Glory" is presented Feb. 15, 7 p.m., at Fortenberry-Colton PFF. Sturgill encouraged patrons to bring blankets, chairs and their own snacks.

The celebration closes with the African American/Black History Month Luncheon at The Landing Feb. 25 from 11:30 a.m. to 1 p.m. tickets are \$10 and can be purchased at unit equal opportunity offices or by calling Sturgill.



# On Post

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES

Dental screenings

The Dental Clinic Command is participating in Children's Dental Health Month during February by performing free dental screenings at the Fort Rucker Primary School today from 8:15 to 9:30 a.m. For more information, call 255-3393.

ACAP

The Fort Rucker Army Career and Alumni Program Center hosts Lockheed Martin for an Employer Day event in Bldg. 5700, Rm. 185 Friday from 10 a.m. to 2 p.m. For more information, call 255-3932.

DFMWR surveys

The Directorate of Family, Morale, Welfare and Recreation is currently conducting a financial readiness program survey and a new events programming survey. The surveys are available on the [www.ftruckerdmwr.com](http://www.ftruckerdmwr.com) Web site now through Sunday.

Burger King renovations

The Fort Rucker main Burger King is closed due to renovations, which are scheduled to be completed by the end of March. New hours for the Burger King Express in the mini mall are 7 a.m. to 7 p.m. weekdays, 8 a.m. to 6 p.m. Saturdays and noon to 6 p.m. Sundays.

Call for the Arts

Family members kindergarten through high school can now showcase their military experience through film, poetry or the arts. Selected submissions will be featured in art exhibit at the Military Child Education Coalition Annual Conference, annual calendar, magazine and MCEC media. Deadline for all entries is Feb. 11. For more information, call (254) 953-1923 or visit [www.MilitaryChild.org/child-student/arts](http://www.MilitaryChild.org/child-student/arts).

Anger Management Workshop

Army Community Service's Family Advocacy Program holds an anger

**DEADLINE**  
for **On Post**  
is noon Thursday  
for the following  
week's edition.  
E-mail submissions  
to Kyle Ford at  
[kford@armyflieger.com](mailto:kford@armyflieger.com).

management workshop Monday from 9 to 11:30 a.m. at the Early Childhood Activity Center. Topics include identifying causes of anger, symptoms of anger, techniques on how to manage anger and developing an anger management plan. Registration is required. This workshop is open to active duty, retired military, Department of Defense employees and their Family members. For more information, call 255-3898.

Bank Account Maintenance Workshop

Army Community Service's Financial Readiness Program staff hosts a bank account maintenance workshop Monday from 6:30 to 7:30 p.m. in Bldg. 5700, Rm. 284. The workshop covers the importance of managing bank accounts including the different types of accounts for spending and savings purposes, keeping up with account balances through regular statement reconciliation and how a disciplined spending plan can ensure control over money. For more information, call 255-2594.

Becoming a Love and Logic Parent

Army Community Service's Family Advocacy Program holds "Becoming a Love and Logic Parent" classes each Thursday, Thursday through March 17 from 9 to 11 a.m. at the Early Childhood Activity Center. Topics include raising responsible children, instilling values, problem solving and using natural consequences as a discipline technique. This workshop is a seven-part series. Participants must attend all classes in order to receive a certificate of completion. The workshop is open to active duty, retired military, Department of Defense

employees and their Family members. For more information, call 255-3898.

Corduroy Blues in the Zone

The Landing Zone staff hosts Corduroy Blues for live entertainment Friday from 9 p.m. to 1 a.m. The courtesy van offers a free ride home to patrons that live on post. For more information, call 598-8025.

Superbowl Sunday at Mother Rucker's

Mother Rucker staff hosts a 2011 Superbowl event Sunday. Patrons can watch the big game on one of 12 televisions. For more information, call 503-0396.

Divorce and Separation Co-Parenting Workshop

Army Community Service's Family Advocacy Program holds a divorce and separation co-parenting workshop Monday and Feb. 14 from 9 a.m. to noon at the early childhood activity center. Topics include commitment to staying child focused, effective communication and negotiation skills, reducing parental conflict and understanding children's needs during and following divorce. This workshop is a two-part series. Participants must attend all classes in order to receive a certificate of completion. Registration is required. This workshop is open to active duty, retired military, Department of Defense employees and their Family members. For more information, call 255-3898.

Rucker Lanes breakfast

Rucker Lanes now serves breakfast starting at 7 a.m. It is open to the public.

ROWA

The Retired Officers Wives Auxiliary hosts their monthly meetings the second Tuesday of each month from now until May at The Landing. The club offers wives the chance to stay in touch with military heritage and make new friends. For more information, call Mary

Jane Collins at 774-2101 or Penny Griffith at 774-5065.

AER scholarships

Army Emergency Relief scholarship applications are available at [www.aerhq.org](http://www.aerhq.org). Applications are due by April 1, 2011. For more information, call 255-2341.

Valentine's Day crafts

Center Library staff hosts a Valentine's Day craft making activity Tuesday from 3:30 to 5 p.m. for children ages 3-11. For more information or to register, call 255-3885.

National Prayer Breakfast

The National Prayer Breakfast is Thursday from 6:30 to 8 a.m., at The Landing. The keynote speaker for this occasion is Chaplain (Ret. Lt. Col.) Donny D. Thrasher, who is currently the pastor of The Grace Place in Enterprise. This event is open to the public. Tickets can be obtained from unit representatives, unit chaplains or the Garrison Chaplain Office Bldg. 8945. A suggested donation of \$6.00 is requested. For more information, call 255-2989 or 255-2012.

## DFMWR Spotlight



**ATV TRAIL RIDE**

**FEBRUARY 12**  
**7 A.M. – 1 P.M.**

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**PRE-REGISTRATION IS REQUIRED**

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**WWW.FTRUCKERDMWR.COM**

**ATV Trail Ride**


Outdoor Recreation staff hosts an All Terrain Vehicle Trail Ride Feb. 12 from 7 a.m. to 1 p.m. at Outdoor Recreation. Pre-registration is required. Open to all ages 16 and over. Patrons must provide their own ATV and protective gear (helmet, boots, etc.). Protective gear must be worn at all times. For more information, call 255-4305.



PHOTO BY RUSSELL SELLERS

## Pick-of-the-litter

Meet Sylvester, a 3-year-old male American short-hair cat available for adoption at the Fort Rucker Stray Facility. He is calm and loving. It costs \$81 to adopt Sylvester and other animals at the facility, which includes all up-to-date shots, microchip and neutering. For more information on animal adoptions, call the Veterinary Clinic at 255-9061, open Mondays-Fridays from 8 a.m. to 4 p.m. or the Stray Facility at 255-0766, open from 8 a.m. to 3 p.m. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the Veterinary Clinic or the Commissary.



## FORT RUCKER Movie Schedule for Feb. 3 – 6

# See you at the movies



THURSDAY, FEB. 3

Little Fockers (PG-13) ..... 7 p.m.



SATURDAY, FEB. 5

The Chronicles of Narnia: Voyage of the Dawn Treader (PG) ..... 7 p.m.



FRIDAY, FEB. 4 & SUNDAY, FEB. 6

How Do You Know (PG-13) ..... 7 p.m.

TICKETS ARE \$4.50 FOR ADULTS AND \$2.25 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.



# Worship

## CHAPEL CORNER

### Upcoming breakfast promotes day of prayer

BY NANCY RASMUSSEN  
Fort Rucker Public Affairs

Military and civilian personnel, their Families and the surrounding communities are invited to attend Fort Rucker's National Prayer Breakfast beginning at 6:30 a.m. Feb. 10 at The Landing.

"Each year we take this opportunity to gather and pray for the good of our nation, our Army and Army Aviation," said Garrison Chaplain (Col.) Dennis Newton, whose office conducts the event.

"This annual observance is an occasion of significant history for the installation, which has included speakers with regional and national reputations," said event planner Chaplain (Maj.) Vance Freeman.

This year's NPB guest speaker is Donny D. Thrasher, a retired former Fort Rucker garrison chaplain who currently serves as pastor of The Grace Place (formerly Salem Baptist Church) in Enterprise.

Thrasher's religious philosophy extends across denominational Christian lines, and he encourages his parishioners to "experience God, not religion."

"We believe all Christians should try to be an example of God's love; that by obedience to the Bible and yielding to God's Spirit, every believer can reflect Jesus' love," Thrasher said.

Breakfast attendees will also have the opportunity to welcome Newton as the new garrison chaplain. Newton replaced Chaplain (Col.) Stephen Cook, who retired in January.

"I look forward to meeting our Soldiers, Family members and other members of our Wiregrass communities as we gather




to pray with gratitude for our nation and our Army," Newton said.

"Being a chaplain is more than simply providing an opportunity to worship, it is caring for the spiritual and welfare needs of our servicemembers and their Families, as well as the post civilian population.

"I hope everyone will

feel welcome to join us in praying for our nation," Newton said.

The event is open to the public. Tickets can be obtained from unit representatives, unit chaplains or the Garrison Chaplain Office Bldg. 8945. A suggested donation of \$6 is requested. For more information, call 255-2989 or 255-2012.



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RTFO Kevin & Drew  
**SATURDAY 5<sup>TH</sup>**  
Mike & Morgan  
**MONDAY 7<sup>TH</sup>**  
Chad Hall  
**TUESDAY 8<sup>TH</sup>**  
Open Mic  
**WEDNESDAY 9<sup>TH</sup>**  
Trivia  
**THURSDAY 10<sup>TH</sup>**  
Comedy

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Downtown Dothan



### Chapel briefs

**Protestant Women of the Chapel**

Protestant Women of the Chapel hosts Bible studies, fellowship, praise and worship Tuesdays from 8:45 to 11 a.m. at the Spiritual Life Center, Bldg. 8939.

Child care is provided by the Child Development Center with preregistration.

For more information, e-mail [rucker@pwoc.org](mailto:rucker@pwoc.org).

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— Dr. Martin Luther King Jr.

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## Religious Services

### CATHOLIC PARISH SERVICES

Confessions are conducted at 4 p.m. Mass is offered Saturdays at 5 p.m., Sundays at 9:30 a.m. and Tuesdays-Fridays at 12:05 p.m. at the Main Post Chapel. For more information, call 255-9894.

### ISLAMIC PRAYERS AND PROGRAMS

All prayers are held at Bldg. T6609 on Fifth Avenue. For more information about daily prayers, weekly and monthly programs, call Chaplain (Maj.) Abdullah Hulwe at 255-1073.

### LUTHERAN, EPISCOPALIAN WORSHIP SERVICES

Lutheran and Episcopal worship services are offered Sundays at 8 a.m. at the Main Post Chapel. For more information, call 255-3140 or 255-2989.



### CHURCH OF CHRIST SERVICES

Church of Christ services are offered Sundays at 1:30 p.m. at the Chapel of Wings featuring the Lord's Supper, singing, sermon and prayer. Everyone is welcome.

### PROTESTANT CONTEMPORARY PRAISE SERVICES

Protestant Contemporary Praise services are offered at 9 and 11 a.m. Sundays at the Chapel of Wings. For more information, call 255-9221 or 255-2989.

### COLLECTIVE PROTESTANT WORSHIP SERVICES

Collective Protestant worship services are offered Sundays at 11 a.m. at the Main Post Chapel. For more information, call 255-3140.

### LATTER-DAY SAINTS SERVICES


Services are offered Sundays at the Ozark LDS Chapel at 9 a.m. For more information, call 255-4359 or 255-2989.

### JEWISH SERVICES

Services are offered Fridays at Temple Emanu-El, located at 188 North Park in Dothan at 7 p.m. For more information, call 792-5001.

# Church Directory

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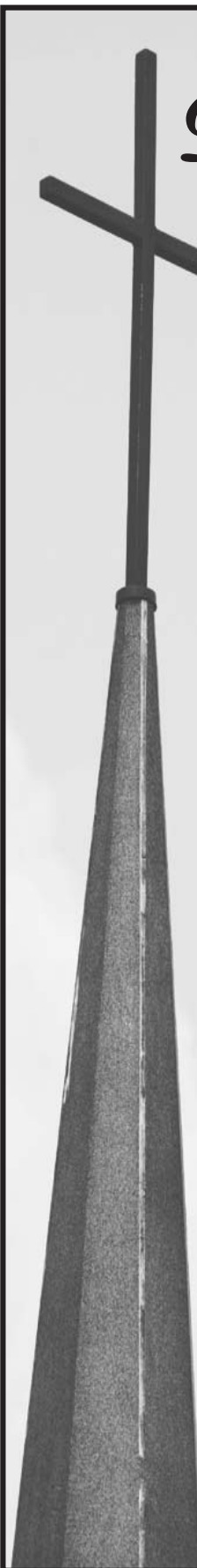
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Sunday Worship Service 10:00am

*"Be ye followers of me, even as I also am of Christ."*  
**1 Corinthians 11:1**

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advertise your church  
on this page.





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# Wiregrass community calendar

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, E-MAIL KYLE FORD WITH ALL THE DETAILS AT [KFORD@ARMYFLIER.COM](mailto:KFORD@ARMYFLIER.COM).

## ANDALUSIA

**ONGOING** — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more.

Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

## DALEVILLE

**ONGOING** — The Fort Rucker chapter of the Vietnam Helicopter Pilots Association meets the first Wednesday of each month at 7 p.m. Meetings are in the Daleville Veterans of Foreign Wars Post Ballroom.

**FEB. 12** — A 5k run and 1-mile walk is at 9 a.m. at Wildwood Campground to raise funds for the NephCure Foundation.

The NephCure Foundation helps research seeking the cause of focal segmental glomerulosclerosis, a kidney disease with no known cause or cure. Registration is \$20 for 5k runners and free for walkers.

For more information, contact Cristy Young at (808) 429-4197. \$\$\$

## DOTHAN

**FEB. 11** — The annual “A Party for the Park” at Landmark Park, in the Stokes Activity Barn, beginning at 6:30 p.m.

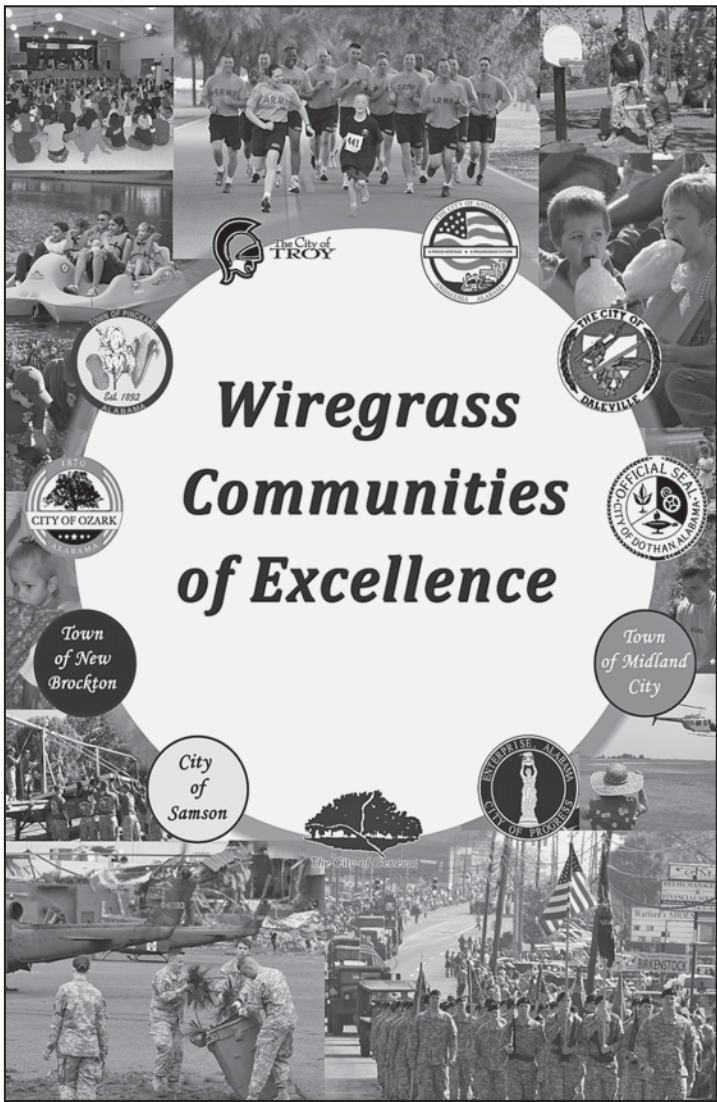
Proceeds from the event will benefit Landmark Park, a 135-acre historical and natural science park located on U.S. Highway 431 North.

Advance tickets are required and cost \$50 per person (\$40 for park members) or \$450 for a table of eight (\$400 for park members). Ticket price includes food, beverages and entertainment. Dress is casual and children are welcome. Call 794-3452 to make reservations.

Take out will be available for pre-order and can be picked up Feb. 11 between 5 and 6:30 p.m. Roasted pork is available for \$8 per pound and ribs can be purchased for \$20 per rack.

For more information, contact the park at 794-3452 or visit [www.landmarkpark.com](http://www.landmarkpark.com). \$\$\$

**APRIL 8 AND 9** — Teams are needed for the sixth annual Tri-state Barbeque Festival at the Houston County Farm Center. Space is limited to the first 40



professional teams and 25 backyard teams who register. For more information call 699-1475 or visit [www.tristatebbq.com](http://www.tristatebbq.com).

## ENTERPRISE

**SATURDAY** — The Friends of the Enterprise Public Library staff hosts a “Sweetheart of a Book Sale” from 9 a.m. to 2 p.m. at the library. For more information, call 347-2636.

**MARCH 26 AND 27** — The Piney Woods Arts Festival is March 26 and 27 at Enterprise State Community College. It's free to the public and features original artworks by local artists, much of which will be available for purchase.

There will also be carnival games and face painting for children to enjoy as well as a Civil War living history display. For more information, call

David Deal at 406-2787.

## GENEVA

**APRIL 29 THROUGH MAY 1** — Geneva's Festival on the Rivers is April 29 and 30 from 8 a.m. to 6 p.m. and May 1 from 1 to 6 p.m. at Robert Fowler Park.

The event features worm fiddling, sculling contests, tug of war, coin scramble, arts and crafts, food vendors and live musical entertainment featuring country and gospel.

Tickets are \$8 for adults and \$4 for students kindergarten through 12th grade. For more information, call 684-8575 or visit [www.genevariverfestival.com](http://www.genevariverfestival.com). \$\$\$

## MIDLAND CITY

**ONGOING** — Residents are invited to Town Hall meetings the first Tuesday of

each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

## NEW BROCKTON

**SATURDAY** — A beginner's beekeeping class begins at Gerry's Honey House, located at 1070 Alabama Highway 153.

For more information and to register, call 894-2077 or e-mail [whitsfarm@centurytel.net](mailto:whitsfarm@centurytel.net).

**TODAY** — The Southeast Alabama Beekeepers Association monthly meeting is 7 p.m. at the Coffee County Farm Center.

Anyone interested in the honeybee is welcome to attend. For more information, call 372-7814 or 894-2077.

## OZARK

**APRIL 9** — Ozark's Crawdad and Music Festival is 10 a.m. to 7 p.m. on the square downtown.

This festival is held as a way to increase tourism and provide local residents with a fun and relaxed entertainment venue.

The festival's main features are crawdads, cold beverages and continuous live music as well as arts and crafts, children's activities and more.

For more information, call 774-2618 or visit [www.ozarkalabama.us](http://www.ozarkalabama.us).

## PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

## SAMSON

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m.

## TROY

**APRIL 30 AND MAY 1** — TroyFest takes place in downtown Troy. The event is 9 a.m. to 5 p.m. April 30 and 1 to 5 p.m. May 1. It is free and open to the public and is the premier community arts festival for the Pike County region.

It features fine arts and crafts, a juried art show, antiques, farmers market, food court, merchants walk, children's art exhibit and kids' corner. For more information, visit [www.troyfest.com](http://www.troyfest.com) or call 566-2294.

\$\$\$ indicates a charge for the event

## Beyond Briefs

### Eagle Awareness

Hear the call of the wild until Sunday at Guntersville State Park in Guntersville, Ala., during Eagle Awareness. Enjoy fire-side chats, guided interpretive programs at various bald eagle nesting sites and guest speakers. Each program is followed by meals in the park's dining room. All activities take place at the park on Fridays, Saturdays and Sundays. Event hours vary. The event is free and open to the public. For more information, call (256) 571-5440 or visit [www.alapark.com/LakeGuntersville](http://www.alapark.com/LakeGuntersville).

### CSI: The Experience

Crime Scene Investigation: The Experience is available until May 1 at the Main Exhibit Hall of the Huntsville Space Camp. Show times are between 9 a.m. to 5 p.m. seven days a week and tickets are sold two hours before close. Please allow 60-90 minutes for each CSI experience. The exhibit immerses guests in hands-on science while leading them through the challenge of solving a crime mystery. Ticket prices are not yet available. For information, call (800) 63-SPACE or visit [www.spacecamp.com/museum/csi/tickets](http://www.spacecamp.com/museum/csi/tickets).

### 'Hansel and Gretel'

Jean Pierce's adaptation of "Hansel and Gretel" is open until Feb. 25 at 9:30 and 11:30 a.m. at the Birmingham Children's

Theatre. In this new adaptation, Hansel and Gretel are starving for sweets. Dad's a dentist, mom's a nutritionist and there's no candy in the kitchen cupboard. The youngsters find their way to Cupcake Castle where Miss Licorice urges them to dine exclusively on desserts. Life is sweet, until they discover the Gingerbread People who used to be real boys and girls. To escape the same fate, Hansel and Gretel must defeat Miss Licorice and the audience has the answer. Tickets are \$8 for children and \$10 for adults. For more information, call (205) 458-8181 or visit [www.bct123.org](http://www.bct123.org).

### Southern Cooking Classes

The Fish House and the Atlas Oyster House restaurants in Pensacola, continue to pass on Southern cooking traditions with their "Sweet Tea, Southern Cooking" series. The chefs of these restaurants share some of their Southern recipes and styles in the classes they teach. The symposium is Sunday at 6 p.m. at the Fish House at 600 S. Barracks St. Classes are free and on a first come first serve basis. For more information, call (850) 748-9001 or visit [www.goodgrits.com](http://www.goodgrits.com).

### Plant Winter Gardens

Bellingrath Gardens and Homes, located at 12401 Bellingrath Gardens Road in Theodore, Ala., hosts Winter Wednesdays until Feb. 23 to teach people what plants and combinations work best for winter gardens for those along the Gulf Coast. Admission is \$12 for Bellingrath guests

and includes entry into the Gardens for the day of the program. Members of the Friends of Bellingrath are admitted free. To register for these classes or for more information, call (251) 973-2217 or visit [www.bellingrath.org](http://www.bellingrath.org)

### Run and Ride For Your Heart

The Exceptional Outreach Organization and The Auburn Opelika Running and Track Association sponsor the Love Your Heart Run and Crank Your Heart Ride at Chewacla State Park in Auburn Feb. 19 at 7 a.m. The fundraising event benefits children and adults with special needs who participate in various athletic organizations. A pre-registration fee for the run is \$16 and \$20 for day-of-race registration and for the ride is \$20 pre-registration and \$25 for the day of the race. For more information call (334) 501-2940 or visit [www.loveyourheart-run.com](http://www.loveyourheart-run.com).

### Panama City Beach Mardi Gras

Panama City Beach Mardi Gras is a two-day festival and parade with the Krewe of Dominique Youx celebrating the season March 4 and 5. The festival takes place at Pier Park in Panama City, Fla. The event includes live bands, Cajun food, tours of a Panama City Mardis Gras float and much more. For more information, visit [www.mardigrasatthebeach.com](http://www.mardigrasatthebeach.com).

### Winston Howell Road Race

The Hartford Civic Club sponsors the

33rd annual Winston Howell 10k Road Race March 12 at the National Guard Armory at Hwy. 52 on 167. Registration for the run is 7:30 a.m. and the race begins at 9 a.m. Age groups range from 14 and under, to 70 and up. The entry fee for the race is \$20 and all proceeds go to benefit the Hartford Boy Scout Troup 32. For more information, call Cary Hatcher at 588-2342 or 944-7115 or Mike Kinman at 684-9818 or 588-2211, or visit [www.winstonhowellroadrace.blogspot.com](http://www.winstonhowellroadrace.blogspot.com).

### Purse Party for Pets

A live purse auction and silent auction at the Green Island Country Club at 6501 Standing Boy Road is Feb. 19, to benefit Columbus Hospice's Pet Peace of Mind Program. The program provides veterinarian services, grooming and pet food to Columbus Hospice patients who are unable to do so on their own. For more information, contact Terri Roberts at (706) 243-0044 or email at [t.roberts@columbushospice.com](mailto:t.roberts@columbushospice.com)

### Paint For Paws

The Humane Society of South Mississippi hosts an evening of painting with friends to support homeless pets along the Coast on Feb. 11, March 11, and April 11 at 2615 Hwy. 49 in Gulfport from 6 to 9 p.m. Admission will be charged with proceeds to benefit the Humane Society of South Mississippi. Reservations are required. For more information, contact Jode Braxton-Hignight at (228) 822-3803.



# The dividing line

*Dividing line between life, death at times as narrow as 2 inches*

BY BOB VAN ELSBERG  
U.S. Army Combat Readiness/  
Safety Center

The five Soldiers were excited about their Saturday night as they piled into a rental car to drive nearly 90 miles to hear a hip-hop artist at a nightclub.

Just back from down-range where alcohol was a “no-no,” drinking was definitely in the mix along with the music.

And why not have fun? Four of them were still in their seven-day reintegration period, working half days at the most. Since it was a Saturday, they were released at 10:30 a.m. and weren’t due back until formation 7:30 a.m. Sunday.

Sgt. Lee Rogers\* rented the car, a high-performance model, two days earlier on the day his unit got back from Iraq, and he didn’t waste any time in getting back to partying.

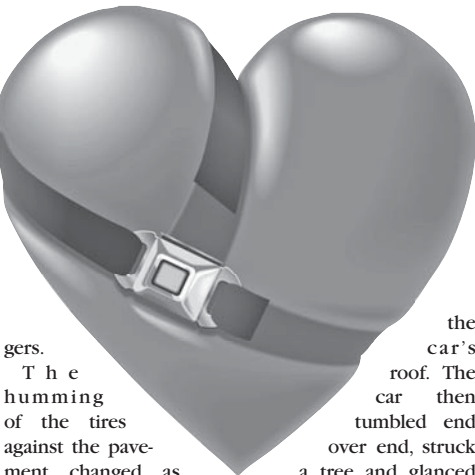
That night he and his friend, Sgt. Adam Brooks\*, tied one on, and showed up at the Friday morning formation a bit worse for wear. Rogers’ section leader, Sgt. First Class Jeremy Brock\*, counseled both sergeants to stay home and take it easy that night. The dangers of post-deployment heavy drinking were well known, but they weren’t worried about those dangers — only about getting back into the “good” life.

Sometime between 7:30 and 9 p.m. on Saturday, Sergeants Jim Barrett\*, Rogers and Brooks joined Specialists Larry Allen\* and Jeff Goodson\* in the rental car to head for the nightclub. Thanks to good, high-speed highways, they got there fairly quickly. They partied large and late because they didn’t have to get back until their 7:30 morning formation. By the time they got ready to head back, it

was somewhere between 5 and 5:30 a.m. As long as they hurried, they’d make it back in time for the formation.

Despite the fact Brooks was drunk, Rogers let him get behind the wheel. The decision made little sense as Rogers knew Goodson was sober and in much better condition to drive. He should have been the obvious choice for the drive back that morning. Brooks and Rogers both buckled up for the trip back, but neither ensured their buddies in the backseat wore their seat belts. Maybe they thought their friends could sleep easier that way. Whatever the reason, it proved a huge mistake.

Brooks was in a hurry and pushed the car over 100 mph. As the car sped down the highway, the long night began to take its toll. Shortly after passing an interchange, Brooks nodded off and the car drifted onto the right shoulder. Unfortunately, there were no rumble strips to warn Brooks he was about to get into serious trouble. Fatigued, intoxicated and falling asleep at the wheel, he allowed the car to drift across the line dividing life and death for his passen-



gers. The humming of the tires against the pavement changed as the car drove onto the grassy shoulder. Suddenly, a series of thumps broke the early morning stillness as the vehicle plowed through a stand of small trees. For 284 feet the car struck a 3-inch-thick support cable for an overpass. The cable didn’t give way so easily and took its toll, ripping off part of the car’s roof. Still the car plunged ahead at high speed.

The vehicle tore past the cable and launched off a 4-foot-high wall, flying 35 feet through the air before slamming nose-first onto the pavement. The jolt shot Barrett and Allen — both unbelted — forward through the hole in

the car’s roof. The car then tumbled end over end, struck a tree and glanced off it to the right. As that happened Goodson — unrestrained in the backseat — flew out of the vehicle and was killed.

As the car continued tumbling, the horrendous impacts tore away the motor and transaxle. In the front seat, Brooks and Rogers rode out the crash and survived, although with serious injuries. This vehicle was one that the

Insurance Institute for Highway Safety had crash tested and given a Top Safety Pick award. During this accident, the car maintained the integrity of its occupant compartment and provided survivable space for all five Soldiers. Had the Soldiers in the backseat been wearing their seat belts, they’d have likely lived.

But that didn’t happen. The most important dividing line that morning — the car’s 1¾-inch-wide seat belts — weren’t there to save Allen, Barrett and Goodson. Ironically, they’d all survived the hazards of the front line only to die needlessly on the highway.

Their deaths reflect the tragic consequences when Soldiers who protect each other in combat fail to protect each other when driving. As the person who rented the car, Rogers was responsible to

ensure a sober driver was behind the wheel. As the driver, Brooks was responsible for ensuring everyone buckled up. Each of the Soldiers knew there was no “gray” area when it came to seat belt use. They’d heard it at their safety briefings every day. But despite that, no one in the car enforced what they all knew was a life-saving standard.

The bond that leads Soldiers to protect each other on the battlefield must reach to the highways. There is no other choice. Once a Soldier crosses the dividing line between life and death, there’s no coming back.

*Editor’s Note: This story is based upon an accident investigation conducted by the U.S. Army Combat Readiness/Safety Center.*

\* Not their real names.

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Donations can be dropped off at the Veterinary Clinic or the Commissary.

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## Lyster Army Health Clinic

### INFORMATION ★ UPDATES

#### Lyster renovations

**Patient service center** — Construction for the patient service center at Lyster Army Health Clinic at the main entrance is scheduled to be complete in mid-May.

The center will house the administrative officer of the day, patient registration desk, the information help desk, and Tricare service center. Construction will occur in three separate phases; the first happens behind closed doors; the second involves the entrance doors and main hallway, and the third and occurs at the front portion of the old primary care clinic. The main entrance is scheduled to remain open during the construction.

#### Aviation Medicine hallway

Construction in the Aviation Medicine hallway is scheduled to be complete in mid-April. The project consolidates primary care (primary care clinic, adult medicine, aviation medicine, physical exams). When complete, the four clinics will operate in the same area (Aviation Medicine hallway). This change enables LAHC to better utilize resources, allows the clinics to

share administrative services, increases the examination rooms and staffing for primary care managers, and better prepares the clinic to start the patient centered medical home. The consolidation helps Families stay together while being serviced by the same PCM.

**Medical Home** — Patient Centered Medical Home construction begins April 11. This model of primary care positions the clinic to empanel Families and units together so each will see the same PCM. All PCMs/PCM Teams will be able to see Aviators and their Family members so the each will not have to go to separate parts of the clinic to obtain primary care.

#### Patient security

In order to provide maximum security for patients and the staff, the public access to Lyster Army Health Clinic is limited to the main entrance off of the large parking lot. In addition, the main entrance will have a metal detector to minimize bringing in concealed weapons. The main entrance will also have guards to ensure concealed weapons are not brought into the facility.

## Fort Rucker exchange resolves to promote healthier living

### ARMY AND AIR FORCE EXCHANGE SERVICE Press Release

Many Americans make one or more resolutions each year, with a healthier lifestyle dominating the top of the list.

From Subways to shoppettes, the Army and Air Force Exchange Service is making it easier to live up to goals specific to health and fitness.

Dining at Fort Rucker, for example, doesn't have to be a diet-buster as virtually every establishment now offers healthy dining options.

Subway's Fresh Fit menu provides eight sandwiches with less than six grams of fat,

baked chips and a diet beverage. Burger King offers an online "Build-a-Meal" menu that reveals nutrition facts for various meal combinations. Burger King also allows diners to select a side salad instead of fries for the same price.

In addition to Subway and Burger King, other options, including Taco Bell and Pizza Hut, offer a wide variety of resolution-worthy initiatives.

Exchange restaurant nutrition information is available online at [www.shopmyexchange.com/docs/nutrition.pdf](http://www.shopmyexchange.com/docs/nutrition.pdf).

The days of vending machines being a last-ditch option for those monitoring what they eat are long gone

thanks to the "Fit Pick" program.

Created by the National Automatic Merchandising Association, "Fit Pick" educates Americans about the role of healthy snacks and the importance of a balanced diet and physical activity. "Fit Pick" guidelines call for vending machine snacks that are less than 35 percent calories from fat, 10 percent calories from saturated fat and 35 percent total

weight from sugar. Fort Rucker Exchange vending machines include a minimum of a 15 percent product mix of "Fit Pick" items in all machines.

While gassing up the car at the Fort Rucker Shoppette, drivers can also fuel up on fresh salads with less than 300 calories, chilled fruit cups and fresh fruit. The Shoppette also offers a wide array of nutrition and meal replacement bars in assorted flavors.

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5K run raises funds for disease affecting Soldier's child  
Story on Page D3

SPORTS

VOL. 61 ■ NO. 05 ARMYFLIER★COM FEBRUARY 3, 2011

SPORTS SHORTS

**BLACK HISTORY 5K**  
Fort Rucker Physical Fitness Facility staff hosts the annual Black History 5K and 1-Mile Fun Run Saturday from 9 a.m. to noon. Registration for the event begins at 7:30 a.m. at the Physical Fitness Facility on Andrews Avenue. The Fun Run is free to all participants up to age 12. Participants are encouraged to register early. Cost for the run is: \$15 by Saturday with shirt; \$20 Sunday and after with shirt; \$10 no shirt option. \$80 for a team of eight, each additional person pays normal registration fee, includes shirt. Trophies will be awarded to Overall Male/Female, Master Male/Female, Grandmaster Male/Female, first place trophies in 14 age categories, and second and third place medals in 14 age categories. Toy donations will be accepted for Hearts Apart. For more information, call 255-3794.

**WIREGRASS HIGH SCHOOL HOME RUN DERBY**  
The 17th annual Wiregrass High School Home Run Derby is Saturday at Rehobeth High School in Dothan. All hitters must be registered by 9 a.m. on the day of the event. All hitters must wear a complete uniform. The three high school finalists will advance to the championship round to compete against Major League Baseball players. Advance tickets are available at C&M Sporting Goods for \$7. Tickets at the gate are \$10 the day of the event. For more information, call 334-701-5060.

**ATV TRAIL RIDE**  
Outdoor Recreation staff hosts an All Terrain Vehicle Trail Ride Feb. 12 from 7 a.m. to 1 p.m. at Outdoor Recreation. Pre-registration is required. Open to all ages 16 and over. Patrons must provide their own ATV and protective gear (helmet, boots, etc.). Protective gear must be worn at all times. For more information please call 255-4305.

**BATTING CAGE OPERATING HOURS**  
The Youth Sports Batting Cages are closed now through Feb. 15. Special openings for

SEE SHORTS, PAGE D4



Courtney Vigil, military spouse, does crossover stretching during the 2011 Boot Camp session at Fortenberry-Colton Physical Fitness Facility Friday.

BASIC TRAINING

Building muscle, making friends all part of Boot Camp

BY RUSSELL SELLERS  
Army Flier Staff Writer

After two weeks of intense training, the participants of the 2011 Boot Camp, hosted by Fortenberry-Colton Physical Fitness Facility staff, are starting to see results. Most have experienced weight loss, but some are adding muscle and that means slight gain as the fat begins to burn away. Rachel Tehvand and Courtney Vigil, military spouses, continue their individual journeys to be healthier and fitter in the new year and are both experiencing success. "It's been a bit of a transition for all of us at home, but we're doing pretty well with our eat-

ing habits," Tehvand said. "I've been surprised by how quickly my daughter has taken to some things, though. She really liked a lot of the vegetables I introduced her to, which I didn't expect at all." Tehvand, Vigil and the other members of the Boot Camp met at Fortenberry-Colton Physical Fitness Facility Friday to go through a high-impact cardio workout and discuss a variety of diet options that could help them in their efforts to become healthier. Mandy Wynn, Fortenberry-Colton PFF group exercise instructor, led the group through the exercises and showed them some healthy food ideas as well. "Everyone should be

taking a multi-vitamin," she said. "Your body needs essential nutrients and minerals. If it's on the counter in this country, the (Food and Drug Administration) approved them. However, you can consume too many vitamins." Wynn added that if someone is taking a multi-vitamin, it can have a negative effect if that person is also drinking several vitamin waters a day and eating cereals or granola-based products that are vitamin enriched. The body can have trouble processing all those vitamins. Wynn also discussed "superfoods" with the Boot Camp participants and gave them some tips on how to work them into their everyday diets. A superfood is a food

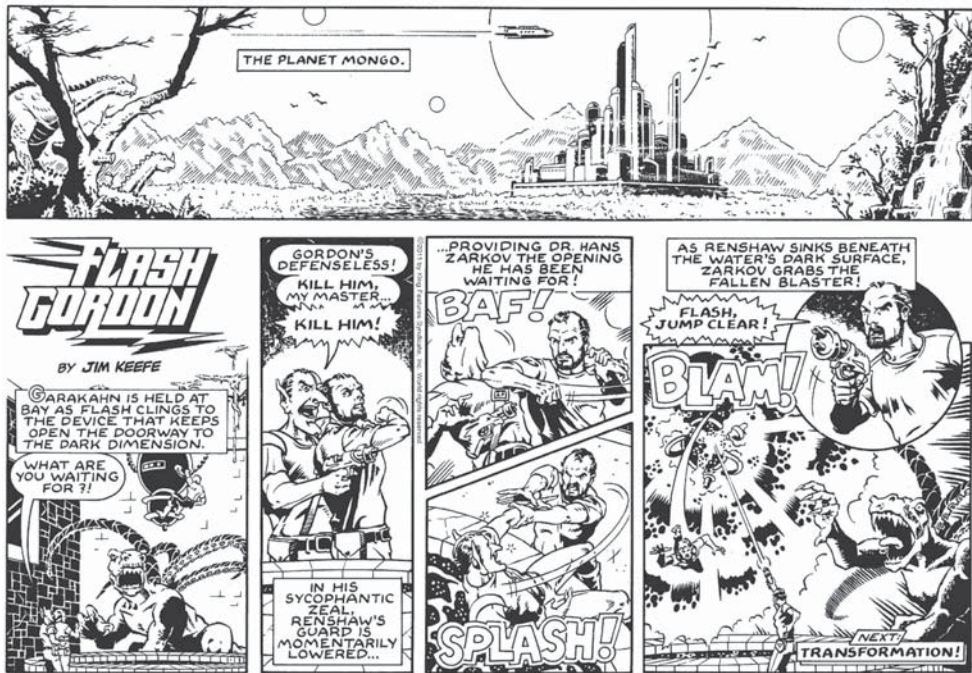
considered especially nutritious or otherwise beneficial to health and well-being, according to the Oxford English Dictionary. "Even if you're taking a multivitamin, you can still add these types of foods to just about any meal," she said. "You should try to incorporate these foods into your meals." Wynn said she learned to cook and to get creative with it by adding different foods to recipes she finds in different places like cookbooks and the Internet. "If you're cooking, you get to control what goes into that dish," she said. "You don't have to use regular flour, there is whole-wheat flour out there. I also love oatmeal

as a breakfast food, but I don't use the type from the instant packages. I use the type that comes in a large tub. It's a little more work, but it's much better for you and you can add all sorts of fruits and nuts to it." After the group finished its cardio workout, Vigil and Tehvand said it was a good ending to an intense week and they can't wait to get started again next week. "These days are super-intense because there are no breaks," Tehvand said. "I still have soreness, but it's going away faster now. This has also been a great way to make new friends and everybody in our group is very encouraging. It makes doing the workouts a lot easier."

PIGSKIN PICKS					
	 Jerry Curtiss, Chemical, Biological, Nuclear and High Yield Explosives	 Lisa Eichhorn, Fort Rucker Public Affairs	 Jim Hughes, Fort Rucker Public Affairs	 Shelly Lindsey, Contractor	 Capt. Mike Simmons, Directorate of Public Safety
Packers vs. Steelers @ Dallas					
Record	69-46	65-50	75-40	67-48	68-47

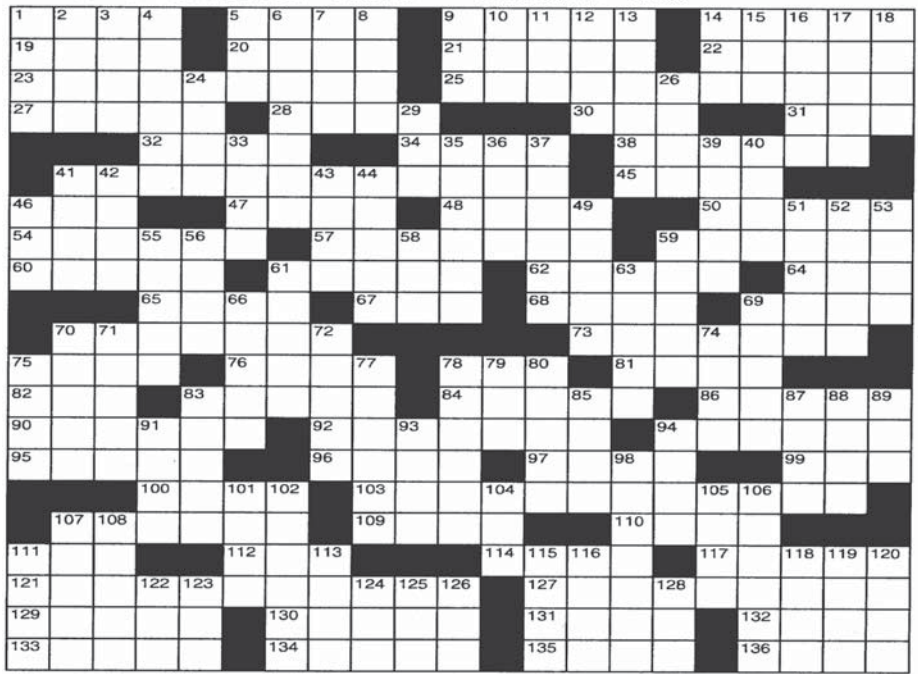


# Down Time



## Super Crossword

<b>ACROSS</b>		62 Bright	of "Sirens"	8 Stink	51 Entire range	beginning
1 Dollops	64 Part of MST	110 Word form	for "minute"	9 "— of You"	52 Senator	98 Ignites
5 Russian ruler	65 Mediocre	111 Salon request		10 — Branco, Brazil	53 Cozy rooms	101 Conductor
9 '87 Peace Prize winner	67 Mason's need	112 La-la lead-in		11 Caravansary	55 Parts	102 Christie sleuth
14 Incur, as bills	68 Any	114 Castle material		12 Like fine wine	56 Each	104 Bandleader Brown
19 "Thanks —!"	69 Deplores	117 Contaminate		13 Tulsa type	58 Monty's milieu	105 Till
20 Dingy digs	70 Scandinavian computer?	121 NBA hand-cappers?		14 Brit. fliers	59 Loon's relative	106 Laughed loudly
21 Jargon	73 Puts another worm on the hook?	127 "One really thick steak, please"?		15 Psychic Dudley	61 Demi or	107 Disreputable
22 Crop up	75 Composer Janacek	129 Simpson of fashion		16 More congenial	63 It multiplies by dividing	108 Aquatic animal
23 Clothing store?	76 Chip off Woody's block	130 Paul of "American Graffiti"		17 PC enthusiasts	66 Declare	111 Unexpected obstacle
25 Gary Cooper in "High Noon"?	78 Archaeological site	131 Currier's partner		18 Parisian papa	69 Bendix role	113 "Excuse me"
27 Asian nation	81 Class ring?	132 Siegmeister or Wiesel		24 Mata —	70 TV host Robin	115 Exiled dictator
28 Jab	82 Galley	133 Greek sandwiches		26 Singer Georgie	71 Major artery	116 Dark blue
30 Genetic info	83 Absolutely adored	134 Atlanta campus		29 Significant years	72 Swanky	118 Run in neutral
31 Poetic preposition	84 "— Gay"	135 AMEX rival		33 "Take — leave it!"	74 Soprano Gluck	119 Sedaka or Simon
32 Stoltz or Seavareid	86 Socialite Perle	136 Take-out order?		35 Sounded like a serpent	75 See	120 Dendrologist's concern
34 Actress Periman	90 Anti-knock stuff			36 Seth's son	83 Down	122 Arafat's grp.
38 Brazier bits	92 Glisten	<b>DOWN</b>		37 Evaluate	77 Block	123 Part of USAR
41 Seats picked up in the Senate?	94 Chaos	1 Stare stupidly		39 Divulge, with "out!"	78 Go off track	124 Funnyman Philips
45 Bank (on)	95 Puppeteer Lewis	2 Dairy-case purchase		40 Bronte heroine	79 Print-shop supply	125 Prepare to feather?
46 Tai (martial art)	96 Israeli dance	3 Piglet's papa		41 Detective Charlie	88 "Guarding —" ('94 film)	126 Farm feature
47 Recruit-to-be	97 Counterfeit	4 Meryl of "Marvin's Room"		42 Nonstandard contraction	89 Flock o' docs	128 Nationality suffix
48 Baseball's Sammy	99 States, for short	5 Even if, informally		43 A swan was her swain	91 Irish island group	
50 Coaxed	100 Mighty mite	6 Trace		44 Country star Brooks	93 Inland sea	
54 Plane place	103 Marina statistics?	7 As well		46 Comic Margaret	94 Big	
57 Bedroom furniture	107 Corelli composition			49 Strong suit		
59 Elbow —	109 Macpherson					
60 Available						
61 Photo finish						



See Page D3 for this week's answers.

## Weekly SUDOKU

by Linda Thistle

8			3				7	
	7				5			6
1		6		8		9		
		4		5			1	
2					4			3
	1		6			8		
		2			1		5	8
9			7			4		
	8	7		4				1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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See Page D3 for this week's answers.

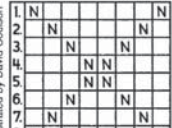
# Kid's Corner



**ONE, TWO, BUCKLE MY SHOE!** In our Alphamath puzzle, you must replace the letters with the digits 0, 2, 3, 4, 5, 6, 7, 8 and 9, so that you have a correct addition problem. The same letters get the same digits. Try to get the highest possible total.

**THE "D" PYRAMID!** As you move down the word pyramid show here, each word contains the same letters as the word above it, plus a new letter. We give you all the D's. Here are some hints from the top down.

1. Roman numeral 500 (in place).
2. State abbr.
3. To free from.
4. Dry climate.
5. N. African currency.
6. Conifer holy orders.
7. Type of motor.
8. One who who oars.



Using the definitions and the anagrams below, find the eight eight-letter words that fit into the framework pictured on the left. For each definition, the letters in the two anagram words must be unscrambled and used to form the word asked for.

**DEFINITIONS:**

1. A brief, informal letter.
2. Grinding your teeth.
3. To formally accuse.
4. What the horse did.
5. Little old ladies.
6. A string of words.
7. What a baker does.
8. Fierce medieval fighter.

**ANAGRAMS:**

anti + toon  
sing + hang  
cede + noun  
hind + wine  
rein + snag  
cent + seen  
king + dean  
sane + more

## Wishing Well®

4	3	8	4	2	6	4	7	8	6	8	3	4
C	L	P	U	C	L	S	L	O	E	O	T	
8	6	2	6	7	4	6	2	3	6	3	4	8
A	V	H	E	T	I	O	E	V	F	E	V	S
4	8	7	4	2	8	5	4	8	4	5	2	6
A	A	T	E	N	L	E	T	F	A	R	J	
5	6	7	6	3	6	3	6	5	8	7	3	7
S	U	R	S	O	T	V	I	T	D	T	E	S
6	2	4	8	3	2	4	2	7	6	4	2	8
C	A	R	R	R	B	I	O	M	E	E	U	E
4	8	3	4	5	3	2	4	5	8	7	8	5
N	A	F	D	I	L	N	S	N	M	A	S	G
7	3	2	5	2	3	7	5	3	5	3	5	3
L	O	D	L	S	W	L	O	I	V	N	E	G

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

## HOCUS-FOCUS



Differences: 1. Earning is different. 2. Hat logo is gone. 3. Tire is black. 4. Tire is different. 5. Coat buttons are missing. 6. Building is gone.



# Friends, Family organize run for military child

BY RUSSELL SELLERS  
*Army Flier Staff Writer*

The predicament of a military child is being brought to the people of the Wiregrass community with a community 5K run and walk Feb. 12 at Wildwood Loop in Daleville.

Emma Young, daughter of Flight School student CW2 Brad Young, B Company, 1st Battalion, 145th Aviation Regiment, was recently diagnosed with Focal Segmental Glomerulosclerosis, a kidney disease with no known cure.

With help from friends and the NephCure Foundation, an organization committed exclusively to support research seeking the cause of potentially debilitating kidney diseases, they are running to raise funds for



research into finding a cure.

Christy Young, Emma's mother, said the outpouring of support for Emma and her Family

has been in the military for nine years and we have always felt like our military neighbors are like a second Family."

Jessica Ruffele, military spouse and Young Family friend, helped organize the run and was responsible for contacting the NephCure Foundation about Emma.

"I was thinking about donating to a kidney foundation and when I was researching information on FSGS I came across NephCure," she said. "Most Army people run and I know the Young Family is active so I thought It would be a great way for everyone to help."

Ruffele said Emma's situation hit home for her and that it was important she find a way to help.

"If it were my kids I dont

think I could accept the term 'no cure,'" she said. "I think it should be 'we're working on a cure' and maybe the money raised from this race will give them what they need to find one."

Registration for the run is from now until the day of the race. Those who wish to sign up can do so by visiting <http://nephcure.org/alabama-run-walk-2011> or by calling (866) 637-4288. Registration is \$20 for runners, \$20 for walkers and free for children ages 12 and under.

To get to the campground where the race happens, from the Daleville gate turn left at Bojangles, then right on Old Newton Road and then follow the road to Wildwood Campground.

# GRIDIRON CORNER

## Super Bowl XLV comes down to big plays

BY JIM HUGHES  
*Command Information Officer*

Super Bowl XLV's matchup between the Green Bay Packers and the Pittsburgh Steelers is rich with history, and gives the media and fans much to think about and discuss leading up to the game — but enough about Ben Roethlisberger's dubious past, and Clay Matthews' and Troy Polamalu's hair.

Ah yes, the history: the NFL's second oldest franchise against the fifth oldest team, meat packers vs. steel workers, the team with the most NFL championships vs. the team with the most Super Bowl rings, a team most fans either love or hate vs. a team anyone outside of the National Football Conference's North Division can root for, and people wearing blocks of cheese on their heads vs. people waving Terrible Towels along with wrapping newborn babies in them (hopefully never combining the two traditions).

This is a very even matchup pretty much across the board — both teams feature dangerous offenses and defenses, are well-coached, poised and excel at exploiting an opponent's weaknesses.

But this game is more about slight advantages and stalemates than weaknesses, which means, like most Super Bowls, it will come down to big plays.

On defense, I give the Steelers the edge, but with caveats. The Steelers defense is great at mixing up blitz and coverage schemes. However, Aaron Rodgers excels against the blitz.

On this matchup, I see Polamalu being the wildcard. If he plays center-field, which is basically what he has done since returning from his Achilles injury, then the advantage goes to Green Bay. But if he poses the threat he did pre-injury, then Rodgers is going to have an extra worry—what will Troy do?—each time he drops back. Not many defensive backs are as good as Polamalu at baiting quarterbacks while also being a threat to wipe them out, as well.

The other consideration here is the thought that Green Bay may just concede that they won't be

able to run the ball and go into multiple receiver sets to spread the field. While Rodgers and The Pack are great at running that offense, the Steelers defense fares quite well against that line of attack.

The wildcards here are if Green Bay's receivers and Rodgers can keep doing what they've been doing — being the best in the business. The Steel Curtain relies less on great coverage than it does on terrorizing quarterbacks in its pass defense. The track will be fast — the Pack excels indoors—and gives Green Bay an edge if it can survive to take advantage of it.

However, the Steelers play the bend-don't-break game very well. It could be a busy day for Green Bay's kicker.

When the Steelers have the ball, I don't think the offense will be shy about trying to establish a running game. If they can get Rashard Mendenhall off early and often, eat up the clock and soften up the Packer defense, Pittsburgh will gain a big advantage. I'm sure the team's goal will be to do the same thing to the Packers it did to the Jets two weeks ago — drive the length of the field while eating up nine minutes of the game.

But that is easier said than done. I doubt Pittsburgh is going to be as successful against the Packers as it was in the first half of the AFC championship game. The Packers defense will give up some rushing yards, but it can also shut the door when it needs to. Even if Steelers starting center Maurkice Pouncey can play, the team's offensive line will have its hands full—if Doug Legursky comes in, he'll need lots of help handling B.J. Raji and the Packers advantage grows.

The Steelers path to success against the Packers is going to be the pass — Big Ben is the team's best playmaker. The Packers feature a great defensive backfield, so Roethlisberger is going to need to target tight end Heath Miller and dump off to running backs regularly, along with making plays like he always does — shaking off defenders to extend plays while receivers get open, and rumbling, bumbling,

stumbling for yardage.

This matchup looks like as close a Super Bowl as a fan could hope for, but I think the Steelers can do the things it needs to do to win the game. I

think Pittsburgh will run the ball enough to eat up some clock while getting key plays with the short passing game, and the defense will harass Rodgers and make Green Bay settle

for field goals more than giving up touchdowns.

And really, is there any bigger — literally and figuratively — quarterback with a knack for coming through and making big

plays in big games than Big Ben? When the game is on the line, there is no one better to have under center. The game will be on the line late, and I'll take the Steelers, 28-23.

Weekly SUDOKU

Answer

8	2	5	3	9	6	1	7	4
4	7	9	2	1	5	3	8	6
1	3	6	4	8	7	9	2	5
7	6	4	8	5	3	2	1	9
2	9	8	1	7	4	5	6	3
5	1	3	6	2	9	8	4	7
6	4	2	9	3	1	7	5	8
9	5	1	7	6	8	4	3	2
3	8	7	5	4	2	6	9	1

TRIVIA

Answers

1. Four
2. 500
3. St. Luke
4. Shakespeare
5. Neutrality
6. 1825
7. Light intensity
8. "I forbid"
9. Aphrodite
10. Louisiana

PUZZLE ANSWERS

Super Crossword

Answers

G	O	B	S	T	S	A	R	A	R	I	A	S	R	U	N	U	P		
A	L	O	T	H	O	L	E	L	I	N	G	O	A	R	I	S	E		
W	E	A	R	H	O	U	S	E	L	O	N	E	O	F	F	I	C	E	R
K	O	R	E	A	P	O	K	E	D	N	A	E	R	E					
			E	R	I	C	R	H	E	A	E	M	B	E	R	S			
		C	A	P	I	T	O	L	G	A	I	N	S	R	E	L	Y		
C	H	I	O	N	E	A	S	O	S	A			U	R	G	E	D		
H	A	N	G	A	R	D	R	E	S	S	E	R	G	R	E	A	S	E	
O	N	T	A	P	M	A	T	T	E	S	M	A	R	T	M	T	N		
		S	O	S	O	H	O	D	S	O	M	E	R	U	E	S			
		L	A	P	P	T	O	P			R	E	B	A	I	T	S		
L	E	O	S	A	R	L	O	D	I	G	B	E	L	L					
O	A	R	A	T	E	U	P	E	N	O	L	A	M	E	S	T	A		
O	C	T	A	N	E	S	P	A	R	K	L	E	M	A	Y	H	E	M	
S	H	A	R	I	H	O	R	A	F	A	K	E	U	S	A				
		A	T	O	M	S	A	I	L	S	F	I	G	U	R	E	S		
S	O	N	A	T	A	E	L	L	E	N	A	N	O						
S	E	T		T	R	A	S	A	N	D	T	A	I	N	T				
N	E	T	P	R	O	P	H	E	T	S	M	A	L	E	O	R	D	E	R
A	D	E	L	E	L	E	M	A	T	I	V	E	S	E	L	I	E		
G	Y	R	O	S	E	M	O	R	Y	N	Y	S	E	D	E	L	E		

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SPORTS SHORTS

Continued from Page D1

groups and units are made by appointment only. Only groups with five or more may schedule an appointment. Cost is \$20 per hour-per cage-unlimited pitches. For more information, please call 255-9105.

SPRING BASEBALL REGISTRATION

Registration for Youth Spring Baseball is open until Feb. 28. Children must meet age requirements by May 1. Current sports physical and a valid Child Youth and Schol Services registration are required for participation. Cost is \$30 with each additional child discounted. Coaches are needed for all age groups. For more information, call 255-9105 or 255-9638.

YOUTH BOWLING REGISTRATION

Youth bowling registration is open until Feb. 28 for children ages 6-18. Current sports physical and a valid Child, Youth and School Services registration are required for participation. Cost is \$25 with each additional child discounted. Coaches are needed for all age groups. For more information, call 255-9105 or 255-9638.

SURVIVAL SWIMMERS

Wiregrass Aquatics Swim Club staff and parents host "Survival Swimmers," Feb. 22 from 6 to 8 p.m. at Fort Rucker's Splash! Pool. WAC members are children ages elementary school through high school from Fort Rucker, Enterprise and the surrounding communities. Anyone interested in sponsoring a club member to swim two hours or 200 laps, whichever comes first, may contact Keeley Garcia at 334-494-6857. Youth interested in joining the club are welcome to attend.

ORLANDO MAGIC TICKETS OFFERED AT LEISURE TRAVEL

The Fort Rucker Leisure Travel office offers Orlando Magic Basketball tickets. The prices range from \$26.50 to \$107. Seating is available in the upper and lower sections. A voucher will be given at time of purchase and reservations will be made for the game. These tickets are non-refundable. For more information, call 255-9517.

TAOIST TAI CHI SOCIETY

The Enterprise YMCA staff hosts two beginner's classes in the Taoist Tai Chi Society arts of health. Classes are offered Thursdays, 1 to 2:30 p.m. and Saturdays, 10 to 11:30 a.m. The beginner's class covers all 108 moves of the Tai Chi set. Taoist Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire. All classes are taught by accredited volunteer instructors. For more information, call 334-348-9008 or 334-347-4663.

BOWLING EVENTS

"Burger and Bowl" Rucker Lanes staff offers a daily "Burger and Bowl" special for \$7. The special includes a cheeseburger, fries, soda, shoe rental and two games of bowling.

Video Game Spotlight >>

(Editor's note: All opinions stated in the Video Game Spotlight are solely those of the article's author.)

ISAAC RETURNS

BY JIM VAN SLYKE  
Contributing Writer

We learned in the first Dead Space that outer space is a scary place to be.

In that game, we became Isaac Clarke, an engineer that had to fight off hundreds of Necromorphs — corpses that are reanimated by a parasitic infection on the space ship Ishimura.

It's now three years later and Isaac thinks he's in a safe place. Unfortunately, the space station that was full of people undergoes a Necromorph outbreak and Clarke gets to relive his nightmare.

The plot was a strength in the first Deadspace and it's the same case in the sequel.

The surprises that wait around every corner are part of the fun so we won't give away too much of the plot here.

The gameplay has been much improved in Dead Space 2. Clarke

now moves at a faster, more realistic speed and the stomp move that was ineffective in the first game now realizes its potential. The weapons and other attacks are now more useful as well.

Since events take place on a space station, the environments are more varied in Dead Space 2.

While we mostly saw just the inside of the ship in the first game, the new game shows things that exist in a living city such as stores and apartments.

This is space horror at its best. Not only is there the requisite blood and gore, but Clarke is battling dementia, sees visions of his dead girlfriend and is being chased by the government. Not to mention that the game is supremely scary and the multiplayer — while not scary — is fun.

Reviewed on  
the Xbox 360



Publisher  
Electronic Arts  
Rated  
Mature  
Systems  
Multiple  
Cost  
\$60  
Overall  
3.5 out of 4

Mindjack offers unique experience

BY JIM VAN SLYKE  
Contributing Writer

A mind is a terrible thing to waste, but it's a fun thing to control.

Mindjack — a futuristic shooter full of soldiers, combat drones and gun-toting monkeys — uses mind control to give us a game that is refreshingly fun and has interesting battles.

Unfortunately, the controls often get in the way. The shooter blends the style of an online multiplayer shooter with the story-driven campaign.

When gamers are weaving through the first-person story, online gamers can hack into the game and serve as allies or enemies.

Players can become Jim Corbijn, a valiant warrior that is joined by an ex soldier named Rebecca Weiss in an effort to combat evil governments and corporations. Gamers choose to be the host or hacker.

A host directly participates in Mindjack's story and will usually control one of the main characters. A hacker joins the game to fight along with — or against — Corbijn and Weiss.

Some parts of the game won't allow hackers. These are generally places where conversations are taking place between the main characters.

It's possible to control just about anything on the battlefield, including drones and cybernetically enhanced monkeys and gorillas.

The controls start to become an issue during the heavier combat action. Players are sometimes pulled into cover and aiming is tricky.

The battles are fun and it's impressive to see all the hackers jumping in and out of combatants as the battle evolves.

Mindjack offers a unique experience, if not a perfect one. If you're looking for a different style of shooter to get you through the winter blahs then it's definitely worth your time.

Reviewed on the Xbox 360



Publisher  
Square Enix  
Rated  
Mature  
Systems  
Xbox360, PS3  
Cost  
\$60  
Overall  
3 out of 4



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<p><b>05 Chevy</b> Crew Cab 4X4 Many options</p>	<p><b>05 Kia Spectra</b> 4 Dr, 4 Cyl, AT</p>	<p><b>01 Mercedes S430</b> Low Miles</p>

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