MILITARY SAVES

ACS offers advice for Military Saves Week Story on Page C1





OUT AND BACK Retired Soldier, teenager, take top honors during bike race Story on Page D1





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 61 NO. 08

FORT RUCKER * ALABAMA

FEBRUARY 24, 2011

NEWSLINES

GATE DELAYS

Directorate of Public Safety works hard to get people on post in a timely manner. People can change their habits to make the wait at the gate shorter. See Page A2 for full story.

VOLUNTEER AWARDS

Better Opportunities for Single Soldiers is recognized by the president for its volunteer work in the Wiregrass See Page C1 for full story.

SPRING TESTING

Alabama schools gear up for spring testing of elementary and high school children. These tests help gauge the learning taking place at school See Page C6 for full story.

AQUATICS CLUB **FUNDRAISER**

Wiregrass Aquatics Club raised funds for tournaments Tuesday. See Page D3 for full

BLOOD DRIVE

A blood drive, hosted by 1st Battalion, 13th Aviation Regiment is Friday from 2-8 p.m. at the Fortenberry-Colton Physical Fitness Facility, Bldg. 5900. Donations support injured Soldiers in Iraq and Afghanistan; active duty Soldiers and Family members; and Lyster Army Health Clinic patients. For more information, call 255-7557 or 255-1333.

DR. SEUSS' BIRTHDAY

Center Library staff hosts a Dr. Seuss birthday celebration Tuesday from 3:30 to 5 p.m. for children ages 3-11. Activities include a coloring and hat design contest. For more information or to register, call 255-3885.

LYSTER CLOSED FOR TRAINING

Lyster Army Health Clinic, will training. This will include the patient care clinics, pharmacy, laboratory, radiology and all administrative areas.

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CW5 Brendan Kelly, Aircraft Shoot Down Assessment Team chief, inspects "battle damage" to a helicopter during the ASDAT's field training exercise at the Boneyard on Engineer Road Thursday while CW4 John Cappodoro, Aviation Combat Forensics officer and event instructor, guides him through the exercise. Officers from each branch

conducts exercise

BY RUSSELL SELLERS

Officers from all military branches participated in a joint exercise here last week as part of the Aircraft Shoot Down Assess-

ment Team.

to teach combat assessors how to they learned into practice at the recognize how an aircraft became battle-damaged and how to best ensure that aircraft's survivability in the future

After spending three days in a classroom setting, the group of about 15 Soldiers, Marines, air"Bone Yard" off Engineer Road Thursday.

"This is phase one of a threephase training process to build new combat assessors," said CW5 Brendan Kelly, ASDAT team chief. "Here in the field, we get to put The idea behind the exercise is men and naval officers put what what we learned in the classroom

into practice. All of the aircraft they're working with have been deliberately shot with various types of weapons we know we'd go up against in combat theater."

Kelly, while acting as one of the event hosts, also participated as a

SEE ASDAT, PAGE A4

Fort Rucker hosts advanced K-9 training

BY MICHELE WATSON

Military working dog handlers from across the area participated in the Advanced Decoy Seminar hosted on Fort Rucker, Feb. 16-18.

Tarheel Canine Training, Inc. presented the seminar designed to make handlers and dogs more effective

In addition to the Fort Rucker MWD professionals, handlers from Fort Benning, Ga., Fort Campbell, Kv., Fort Seal, Okla., Fort Knox, Ky., Eglin Air Force Base, Fla., Lackland AFB, Texas, Maxwell AFB, Ala., and Ozark Police Department participated in the training.

"This training is very beneficial to not only the canine but the handler as

Brig. Gen. William T. Wolf, U.S. Army Combat Readiness/Safety Center com-

manding general, discusses safety topics with Army Safety Program officials

Feb. 8. Sixty-three senior safety leaders from around the world gathered on

post to discuss the ASP during the 2011 Army Senior Safety Professional

Development Symposium.

well," said Sgt. 1st Class David Cochran, 6th Military Police Detachment, MWD kennel master. "This training is part of the installation's security. Several training skills were addressed during this seminar. This seminar will better train the canine to assist any situation it is placed in."

The seminar was open to all military branches and civilian counterparts in the Wiregrass area.

Several of the MWDs and their handlers improved their confidence during the seminar.

"The decoy training used where the dog actually captures the suspect has built the Maxi's confidence tremendously," said Sgt. Donald Miller, 6th MP

SEE CANINE, PAGE A4



Sgt. Donald Miller, 6th MP Det., MWD handler, and his dog, Maxi, perform aggression training with David Colborn, Tarheel Canine Training, Inc., playing the part of the decoy. The training is designed to increase the dog's confidence in an attack.

Army safety Program updates leadership

BY ART POWELL Readiness/Safety Center

The status of the Army Safety Program was front and center at the Army Senior Safety Professional Development Symposium here, Feb. 7-10.

The key measure of success in the ASP is the number of fatalities reported in off-duty accidents, and that rate is tracking at the lowest level ever.

"While one fatality from an accident is one too many, we have to recognize the fact that at this point in the fiscal year, the Army is reporting the lowest total number of fatali-1972," said Brig. Gen. William T. Wolf, commanding general, U.S. Army Combat Readi-

ness/Safety Center. The symposium was conducted to allow 63 senior Army leaders, safety directors and

deputies from around the world the opportunity to verify safety professional currency and analyze the impact of accidental losses on the Army's readiness. They also used the ties we've seen since gathering to re-evaluate the effectiveness of composite risk management in support of Soldiers, Families and Civilians.

> Success by Army safety professionals in

SEE SAFETY, PAGE A5

COMMAND

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Col. James A. Muskopf

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Perspective

LET YOUR VOICE BE HEARD BY WRITING AN E-MAIL TO THE ARMY FLIER AT KFORD@ARMYFLIER.COM.

Save time at gates by changing habits

MAJ. JAY MASSEY

The Directorate of Public Safety sometimes receives complaints or questions about traffic congestion and backup of traffic at access control points.

Primarily, complaints revolve around the Daleville Gate during early morning traffic and when people are returning

Understandably, waiting in line for any reason is an inconvenience.

The Daleville Gate receives more traffic than any other gate during the morning rush and during lunchtime.

During the early morning rush-hour the backup of traffic normally begins at approximately 7:15 a.m. and lasts until around 7:45 a.m. At lunch time the traffic backup normally begins around 12:45 p.m. During these peak periods the average wait time is around 10 - 15 minutes.

When additional personnel are here attending a conference, an exercise, training or other event this additional traffic of hundreds more vehicles creates a backup when the majority of them arrive at the same reporting to work. The same time as the regular Fort Rucker traffic between 7:15 a.m. and

7:45 a.m. or at 12:45 p.m. when returning from lunch.

DPS is doing what it can to alleviate the backups at the access control points; however, Fort Rucker commuters can work to help improve the wait times and safety by adjusting their driving habits.

If commuters eliminate the "arrive just on time to work" habit and adjust their driving schedule to arrive to work a little earlier, they can reduce the amount of cars at the gates at peak times.

Traffic surveys indicate the Daleville Gate processes an average of 800 to 900 vehicles from 7 to 8 a.m.: however, the vast majority of these vehicles arrive at the gate during a 15 minute period - 7:15 to 7:30 a.m. This norm results in a backup of traffic.

Still, what can people do to reduce their average wait time?

If commuters adjusted their driving habits to arrive a little earlier to the installation, they wouldn't have a 10 to 15 minute wait. Employees who arrive a little early can stop and get some coffee or pick up a paper at their convenience before principle applies at lunch. The vast majority of people who

go off post to lunch go to Daleville. Most return and arrive at the gate at about 12:45-12:50 p.m., so they can be back at work "just on time" at 1 p.m.

Another habit people can cultivate is being prepared for the gate guards.

People should have their valid identification cards and any other information needed regularly by the gate guards out and ready before lining up at the access control points. People rummaging through wallets, purses and briefcases not only slow the line down, but are unsafe because drivers have to take their eyes off the road.

Prior to lining up at the gate, mobile personal electronic devices such as cell phones should be put away or turned off, unless that device is being used with a "hands free" device. A cell phone placed on a speakerphone setting is not a hands free device.

Not only is it dangerous to talk or text on a cell phone while driving, it is also prohibited on post by federal law and local regulation.

Fort Rucker Regulation 190-5 states "Use of cellular phones, personal data assistants global positioning devices or video game players and similar devices can distract its user and reduce the user's situational awareness if used while driving. These devices can impair driving and mask or prevent recognition of emergency signals, alarms announcements, approach of vehicles, and human speech."

Furthermore, the regulation cites 32 Code of Federal Regulations Part 634.25(c)(3). Driver Distractions and Army Regulation 190-5, "Vehicle operators on a DoD installation and operators of governmentowned vehicles shall not use cell phones unless the vehicle is safely parked or unless they are using a hands-free device."

People waiting at the access control points should not be making last-minute phone calls before they get to the guards. Whatever it is can probably wait a few minutes until they arrive at the office, or at least the parking lot. A fender bender while in line will make people even more late to work.

How much time people waste in traffic at the gates, whether it's seven minutes or 20 minutes, is something they can influence by taking the time to plan accordingly, adjust their driving habits and consider arriving earlier to process at the gate so their time is not

Job hunter's final hurdle: salary negotiation strategy

BY BRYAN THARPE Army Career and Alumni Program manager

Negotiating a salary is every job hunter's final hurdle

Many times job seekers are so eager to have an offer that they forget to take advantage of the leverage they have at this critical moment.

Your negotiating strength is never stronger than at the moment when the company invites you to join their team. Many job seekers fail to prepare themselves for this final hurdle and may end they are worth. This can be avoidexpecting negotiations.

Before you can begin to develop a negotiation strategy, you must learn about yourself. You can be-

financial needs and wants. Determine what compensation you will require by preparing a brief balance sheet of your assets and liabilities. This simple exercise will quickly reveal your salary needs.

In addition, you need to research current compensation packages within your specific career field. You should become familiar with all parts of the compensation package because there are options with a civilian package that may be new to you. You can find salary information on the Internet (salary.com), Jobs Rated Almanac, the American Almanac of Job Salaup with less compensation than ries and the Occupational Outlook Handbook, all of which are ed by researching, practicing and available at the Fort Rucker Main Post Library.

You should enter the negotiation process with a win-win attitude. The end result should be a gin this process by analyzing your benefit to you and the company. You should determine how soon are also a negotiation point. Do the company needs to fill the position and whether or not you are a good fit

Never be the first to mention money. The rule is "The first to mention money loses." This is true. You want the employer to reveal their money position first - this gives you the upper hand in negotiation. Always remember, you can come across too greedy and this may turn-off your potential employer. You must use tact and common sense during the negotiation.

If you find yourself at an imthan salary. There are a multitude as vacation/leave time, 401K plans, stock options and health benefits. Many times relocation benefits be reached at 255-2558.

not overlook these benefits when you begin to develop your own negotiation strategy.

In summary, the most important points are, never mention money first and always enter the negotiation with a win-win attitude.

In order to receive the compensation you want, you will need to prepare so you will come across as calm, confident and flexible. Communicate that you are searching for a mutually satisfactory agreement as a potential member of the team.

The Army Career and Alumni passe with a potential employer, Program is available to assist you try to negotiate something other develop a negotiation strategy or to simply answer questions you of benefits other than salary that may have about how to propyou may be able to negotiate, such erly enter a salary negotiation. We also offer workshops on the job search process. Counselors can



WO1 Gabriel Osoria. B Co., 1st Bn., 145th Avn. Regt., flight student

"To prepare for severe weather I always try to keep an extra eve on the local weather for



Spc. Kevin Davis. 164th TAOG, information management officer

"When preparing for severe weather I have three weeks of emergency supplies, plus I learn about available evacuation



CW3 Adam McDonough, F Co., 1st Bn., 212th Avn. Regt., instructor pilot

"If severe weather is predicted stock up on canned goods, gallons of water and have cash on hand in case evacuation is nec-



f How do you prepare

for severe weather?

Sgt. 1st Class Torlina Wofford B. Co. 1st Bn. 113th Avn. Regt., G1

'Have a safe shelter you can turn to, have candles and extra food on hand. It is always better to be extra prepared.



Capt. Neapolian Brooks, B Co. 1st Bn. 113th Avn. Regt., G1

"To prepare for severe weath er stock-up on food items such as bread, canned goods and if you take medication on a daily basis have it on hand as well."

Profiles in courage

Audiologist keeps ear to ground for Aviators' problems

BY JEREMY WISE

Editor's note: In celebration African-American/Black History Month, the Army Flier is highlighting the accomplishments of prominent leaders of African-American descent.

Soldiers in today's battlefields suffer from various types of injuries, but the two most common are hearing loss and tinnitus, or ringing ears

Dr. Efrem Reeves fights every day to make sure the number of Soldiers affected by these afflictions decreases

Reeves, an acoustical engineer with the U.S. Army Aviation Research Laboratory, conducts many research projects in order to determine what hearing problems Soldiers, specifically Aviators, face in day-to-day opera-

Reeves' path to his position has roots in a childhood dream.

A St. Louis native, Reeves grew up in an era when electronic music became popular. He hoped to obtain a job designing electrical instruments.

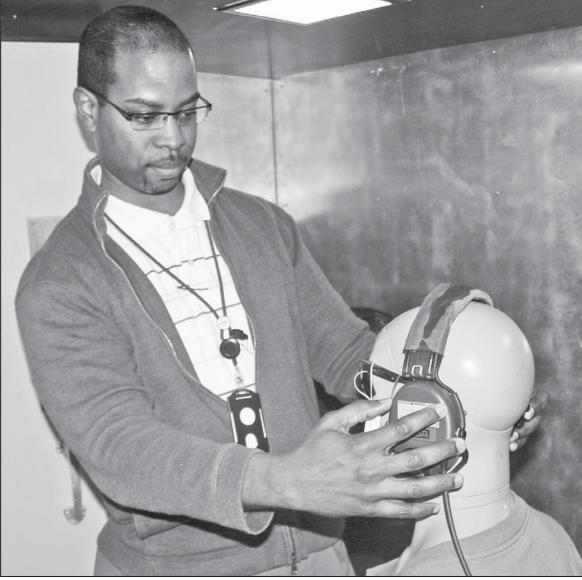
In order to accomplish this, he attended Prairie View A and M in Prairie View, Texas, and garnered an electrical engineering degree. He attended the University of Illinois for a degree more closely related to his dream, but classes were so few and far between that he picked up a master's in electrical engineering.

While at Illinois, he took a few acoustics courses, which piqued his interest enough to pursue an audiology doctorate at Pennsyl-

people hear," he said.

protection and safety, and his he relocated to Fort Rucker to first job was with Caterpillar, work for the Army Inc., in Peoria, Ill. After a year and a half, he moved to Pittsburgh to that could have pointed him to work at the National Institute of a career with the Army, Reeves Occupational Safety and Health, said, "the thought never crossed where he worked in a position my mind." that specifically applied principles he addressed in his doctoral the Army. It was completely un-

While in Pittsburgh, he became pened," Reeves said. "tired of the cold and gloom of Reeves enjoys the work he the north." A call and job offer does, specifically the interaction



Dr. Efrem Reeves, USAARL acoustical engineer, adjusts ear protection and eyewear on a mannequin for a study

"I was interested in the way from USAARL's Dr. Bill Ahroon provided him an opportunity His thesis addressed hearing to leave, and in December 2007,

Despite plenty of influences

"My dad was an engineer for intentional. It just kind of hap-

"You meet the most interesting people and hear the most interesting stories," he said.

Even though Reeves works in one field, audiology provides many different nuances to

"There's never a dull moment. I'm working on several different projects at a time," he said.

Reeves' work does not involve building a product, but most of it ensures current ear protection products work or from our friends at Cairns (Army determines modifications that Airfield) was looking to test a

His current project involves eyewear.

We're trying to find out how evewear affects hearing protection," he said. "When you wear eyewear, it can create a gap in the seal of earmuffs. We're trying to determine how much that will degrade ear protection."

In his three years at USAARL, Reeves said he is very proud of two projects.

"One project that came up

helmet and (custom ear protection)," he said. "They wanted a whole battery of tests run in a short time, and we had people who said, 'We can't do it.'

"I was named the primary investigator, and in a very short time, we pulled it together. We did a good job," Reeves said.

Reeves also recalls he and his team received recognition for helping a Fort Campbell, Ky., unit ensure its vehicles provided proper hearing protection.

'We do get some accolades once in a while," he said.

to sexual

BY MICHELE WATSON

The Army stands for courage, strength and leadership.

The Army also takes a stand against sexual harassment and sexual assault with zero tolerance in both

"The Army is currently in the process of implementing a new program unrestricted situation. for sexual assault and sexual harassment," said Sgt. 1st Class David Cofer, Fort Rucker Garrison Equal Opportunity advisor and Installation Sexual Harassment and Rape Prevention combining both under the same umbrella. The goal

is, by providing training for sexual harassment, this becoming more involved and turning into a sexual assault situation. It is designed to be a prevention method."

When a sexual assault situation arises, the victim has two options - the case can be handled as a restricted situation or an

"If a sexual assault situa tion occurs on the military institution, unless it is a lifethreatening situation, and you want the matter to stay restricted, you must follow the protocol of notifying officer."We are working on a chaplain, medical care provider (unit victim advocate) or (sexual assault

response coordinator)," Cofer said.

"If you follow protocol, the matter will then be turned over to (Family advocacy program), where the victim will be provided with information concerning a number of agencies that can help, such as counseling emotionally and medical care," he said.

"The victim does have the right to request the report be turned unto an unrestricted report for up to a year. All evidence obtained during the investigation will be kept for up to a year. If the matter is reported within a 72-hour period, the victim will examined by a (sexual assault nurse examiners) nurse, and the

kit will be kept to preserve evidence," Cofer said.

According to Cofer, if the situation stays under the guidelines of restricted following the counseling. medical care and all services available to the victim, the matter will go no further.

Once local law enforcement outside those four divisions are notified, the incident automatically becomes an unrestricted re-

"If the report goes unrestricted, and the evidence is there, the Army will strongly desire to identify and prosecute," Cofer said. "Interviews and investigations will take place, and a packet will be put together. priate chain of command

Whatever command needs to be notified will be notified. This matter is not at all

tolerated by the Army." It has become recognized by the Army that sexual harassment leads to sexual abuse.

"If you are a Soldier and need to report sexual harassment, this must be reported through the (Equal Opportunity) Program," battalion or below, report the matter to an EO leader. If you are above a battalion, report the matter to an EO adviser. The matter will then be handled immediately and at the lowest level to get the behavior to stop. If need be, the appro-

can become involved.

Cofer stated, if a civilian working on the military instillation needs to file a sexual harassment complaint, the civilian must first notify their supervisor, and, if necessary, the Equal **Employment Opportunity** Office.

"The Army has very strict guidelines about zero tolerance for sexual harassment Cofer said. "If you are in a and sexual assault," Cofer said. "The military receives updated training on these issues twice a year. Civilians receive training annually on both topics."

> For more information regarding guidelines that must be followed, call 255-9862 or stop by Bldg. 5700 Rm. 260.

USAACE picks new Leading Change Team

LEADING CHANGE TEAM

The U.S. Army Aviation Center of Excellence selected new members of its Leading Change Team last week.

The new members will attend a training session with the old members Tuesday at The Landing, and then hold a joint meeting Wednesday at the headquarters building.

Returning members:

Lt. Col. William Cristy, U.S. Army Aviation Logistics School; Maj. Ethan Dial, 1st Aviation Brigade; Wesley Hedman, Aviation Branch Safety Office; Bill Hensley, Aviation Center Logistics Com-

mand; Capt. Anne McClain, 110th Avn. Bde.: Rob Tillery, ACLC: Jenny Williamson, Staff Judge Advocate Office; and Rick Grosinsky, Unmanned Aircraft Systems Training Battalion.

New members:

Lt. Col. Richard Alexander, Directorate of Evaluations and Standards; Maggie Amadei. Directorate of Simulations: Maj. Mary Braisted, U.S. Legal Services Agency; Debra Brandon, USAACE Headquarters; Rebecca Chandler, Directorate of Human Resources; Tim Clubb, Capability Requirements Division; Jonathon Cole, Directorate of Family, Morale, Welfare and Recreation; Kim Colton, USAACE G6; Peggy Contreras, Director-

ate of Public Safety; Jerry Curtiss, Directorate of Plans, Training, Mobilization and Security; Van Danford, Directorate $of\ Public\ Works; Janice\ Erdlitz, DFMWR;$ Robert Frazier, Picerne Military Housing; Capt. Cameron Gallagher, 1st Battalion, 145th Avn. Regt.; Sgt. 1st Class Gabriel Gonzalez, USAACE Noncommissioned Officer Academy; Darrell J. Hager, DPW; Lt. Col. Michael Hughes, DPTMS; Diane Irby, DHR; Command Sgt. Maj. Homer Kennedy, Air Traffic Services Command; Staff Sgt. Brian Mackay, 1st Avn. Bde.; Crystal McCarter, Directorate of Logistics; CW4 Timothy Mc-Carter, USAACE Warrant Officer Career College; Latosha McCoy, Directorate of Contracting; Michael McIntosh, 110th Avn. Bde.; Col. Jimmy Meacham, Direc-

torate of Training and Doctrine; Christina Nicholson, Family member: Christina Parker, DOTD; Howard Preskitt, 1st Bn., 212th Avn. Regt.; Master Sgt. Gregory Ralston, Equal Opportunity Office; Staff Sgt. Payten Eric Redfearn, Chaplains Office; CW4 Paul Sivacek, 1st Avn. Bde.; Emelyn Solero, DHR; 2nd Lt. Jessica Stephenson, 1-145th Avn. Regt.; Command Sgt. Maj. Michael Sutterfield, 1-223rd Avn. Regt.; Mark Taylor, Capability Manager UAS; and Stanley Waller.

New UASTB members (Fort Huachuca, Ariz.):

CW3 Cory Anderson, Alexander Barber, David Clem and Gina Wise.



U.S. Air Force Capts. William Vu, Guardian Angel Program engineer at Wright-Patterson Air Force Base, Ohio, and Dane Batema, 780th Test Squadron senior weapons test engineer, Eglin Air Force Base, Fla., inspect "battle damage" to an aircraft during ASDAT's field training exercise Thursday.

ASDAT: Participants consider training invaluable

Continued from Page A1

student. He said it was imperative for him to gain the same knowledge as those who were visiting.

"It's important I see this from beginning to end because I have to be able to use these skills the next time they come into play and I need to understand how to make this program better or how to maintain the level of ex-

cellence we've achieved," he said. "As a student, the information has been overwhelming as it's only one facet of aircraft survivability. The cadre here and those visiting have made it all so much more accessible. That has tempered some of the reservations some might have had about getting out and looking at real (battledamaged) aircraft."

This training exercise has been

done four previous times at Fort Rucker and those who attended said the information and training they received were invaluable.

"This is my second time through the course and I was very happy to have a refresher," said Air Force Capt. Dane Batema, 780thTest Squadron senior weapons test engineer from Eglin Air Force Base, Fla. "The classroom part was nice, but you can't beat

hands-on experience.

Marine Reserve Lt. Col. Mark Harrison, Joint Combat Assessment Team member from Pensacola, Fla., said he was impressed by the vast amount of knowledge available to those going through the course, but it was the instructors who made the biggest impression on him.

"This course wouldn't have brought it all together."

being out here, getting practical been nearly as effective if it weren't for the high level of compassion shown by the instructors," he said. "The topics they covered in class exposed me, for the first time, to some of the resources I would use, whether it would be maintenance personnel or some of the tools they use for assessments. The hands-on exercise really

Canine: Training increases canine, handler confidence

Continued from Page A1

Det. MWD handler. "Not to mention working on the dog's obedience skills. This is something I believe myself as a handler,

has benefited, because the seminar has shown me new ways to build the canine drive and to apprehend suspects."

Maxi was not the only canine that walked away

"In the past Gustzie has had confidence issues," said Spc. James Johnson, 163rd MP Det. MWD handler, Fort Campbell, Ky. "After participating in this

training,I can tell the confidence level has increased. Gustzie participated in several training sessions today and did very well when it involved the use of the confidence level. To

me, that is very beneficial. Gustzie has built his confidence level up and is able to perform to the best of his ability in performing his assigned duty.'

wishes Cochran

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ed in the training as well as Jerry Bradshaw, Tarheel Canine Training, Inc., owner, and David Colborn, Tarheel Canine Training, Inc., training instructor.



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drive. It can wait

Safety: Families key point during safety discussion

Continued from Page A1

reducing accidents Armywide was obvious in the latest data, but there is still work to be done, Wolf pointed out.

involving off-duty privately owned vehicles conus,"Wolf added.

leadership Garrison is one key to not only composite risk management, but it is also a key to issues such as privately owned vehicle accidents, said the Army's senior safety officer.

"Many times, our young Leaders don't understand their responsibility while in garrison to ensure that young Soldiers follow safety procedures and don't get injured,"Wolf said.

Solutions to that chalsafety data reported to were briefing topics to the safety professionals at the symposium.

"How can we make a "We can approach our safety program in three ways. First, the leader must be disciplined to exto standard and tailor safety tools and messaging to fit his unit. Second is the peer approach of Soldiers taking care of Soldiers onand off-duty."

For the last initiative, Wolf talked about Army

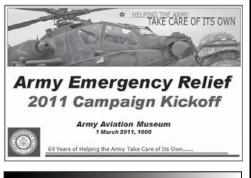
"We need to foster a risk-mitigation culture in Army Families and the community to support our Soldiers," he added.

Wolf discussed initiatives in ground safety "While the overall rate activities such as Mine of loss is down, accidents Resistant Ambush Protected vehicle training, leadership awareness actinue to be a challenge for tions and other resources such as tools and programs to address driver training, range and safety operations and ground risk assessment. He also outlined additional initiatives available to safety professionals in Army Aviation and driving.

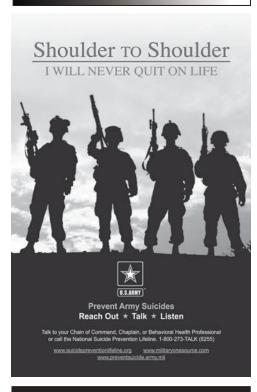
> Information on the USACR/Safety Center's training robust safety program was detailed to show the reach and depth of education ac-

"For period lenge as well as for others 2009-2011 to date, the found through tracking CP-12 program has seen a 158 percent increase in the USACR/Safety Center students going through the program, the Aviation Safety Officer Course has seen a 46 percent increase and the Ground difference?" Wolf asked. Safety Officer Course has grown by 78 percent," Wolf said. "This is important because safety is a force multiplier which ecute the safety program allows our Soldiers to maintain operational capability in harsh environments around the world and off-duty as well."

> For additional information on USACR/Safety Center resources and news, visit https://safety. army.mil/.







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Opportunity Knocks

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The Department of the Army has the following vacancies. For announcements and application information, call 255-9015 or visit www.armycivilianservice.com

INTERNAL

Director Plans, Training, **Mobilization and Security** GS-0301-14

SCEG11841343 Closing Date: Feb. 25

Air Traffic Control Specialist

GS-2152-12 SCEG11733578 Closing Date: Feb. 25

Air Traffic Control

Specialist GS-2152-13 SCEG11812726R Closing Date: Feb. 25

Risk Reduction Program Coordinator

GS-0101-11 SCEG11806857 Closing Date: Feb. 25

Speech Pathologist GS-0665-11

SCEG11870134 Closing Date: Feb. 28

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GS-0201-09/11

SCEG11873842 Closing Date: Feb. 28

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GS-0679-04 SCEG11869936 Closing Date: Feb. 28

Training Instructor (Air Traffic Control)

GS-1712-11 SCEG11857687 Closing Date: Feb. 28

Human Resources Assistant (Military/OA)

GS-0203-05 SCEG11868665 Closing Date: March 1

General Engineer

GS-0801-12 SCEG11709985 Closing Date: March 2

Administrative Support Assistant (Office Automation)

GS-0303-06 SCEG11880928 Closing Date: March 2

Supervisory Air Traffic

Control Specialist (TML)

GS-2152-15 SCEG11857607 Closing Date: March 3

EXTERNAL

Air Traffic Control Specialist

SCEG11733578D Closing Date: Feb. 25

Risk Reduction Program Coordinator

GS-0101-11 SCEG11806857D Closing Date: Feb. 25

General Engineer

SCEG11709985D Closing Date: March 2

OPEN CONTINUOUS

Security Guard

GS-0085-04 SCEG10494007 Closing Date: June 30

Lead Security Guard GS-0085-05

SCEG11834715 Closing Date: June 30

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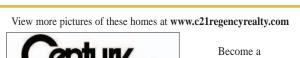
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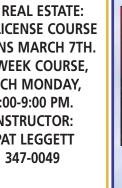


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MYVVIDE

VOL. 61 NO. 08 ARMYFLIER * COM FEBRUARY 24, 2011

BRIEFS

'DON'T ASK' REPEAL **TRAINING**

WASHINGTON - Training begins shortly for experts in certain specialties and leaders as part of the plan for finalizing repeal of the law that bars gay men, lesbians and bisexuals from serving openly in the military, the chief of staff for the Defense Department's repeal implementation team said Feb. 14.

Training is broken into three tiers. "Tier 1 and Tier 2 training will start soon," said Marine Corps Maj. Gen. Steven A. Hummer, Tier 1 training is for people who have unique skill sets, such as chaplains, lawyers, personnel specialists, military investigators and recruiters, he explained. Tier 2 training is for leaders, and Tier 3 training is for the force at large.

The training includes some PowerPoint presentations with vignettes to encourage discussions, as well as presentations by the service chiefs that will introduce the topic and provide their intents for the forces

HEAVY TACTICAL TRUCKS

ARLINGTON, Va. -- The Army has introduced modular. add-on armor capability to key portions of its fleet of heavy tactical trucks to include the new M915-A5 Line-Haul Tractor, Palletized Load System PLS-A1, and Heavy Equipment Transporter HET-A1, service officials said.

The modular armor approach – explained as an A-kit plus B-kit solution - allows a truck with a small amount of built-on integrated armor to accept additional add-on armor when dictated by the threat environ-

HIRING TOOL CHANGES

HEIDELBERG, Germany -Over the next two years the Army will transition from one automated recruitment tool to another for advertising vacant civil service positions. accepting applications from job seekers, and evaluating the job seeker's eligibility and qualifications.

The army is transitioning from Resumix to USA Staffing. **USA Staffing and Resumix** differences include:

- · USA Staffing uses assessqualified candidates instead of Resumix skills.
- Announcements will be available on www.USAJobs.gov and www.ArmyCivilianService. com
- Applicants must apply through USA Jobs-Application Manager, not the Army Resume Builder.
- Applicants must answer assessment questions for each vacancy.
- Applicants can upload supporting documentation, for example DD-214 or SF-50.
- Managers will receive a referral list by logging in to an automated system called Selection Manager instead of receiving a PDF referral list via email.

Army officials recommended iob seekers create a resume in both Resumix and USA Jobs-Application Manager.

For more information about the transition go to www. armycivilianservice.com and to https://cpolrhp.cpol.army.mil/ eur/employment/Application Process[1].pdf

eCAB prepares for return home



UH-60 Black Hawk crew chief Spc. Christopher Wilmeth watches the Iraqi countryside Feb. 10 during a mission near Baghdad. The eCAB, 1st Inf. Div. is flying its final hours in Iraq, where it has served as the Army's first and only enhanced Aviation brigade, responsible for providing support to the entire country. Wilmeth is assigned to the brigade's A Co., 2nd Gen. Supt. Avn. Bn., 1st Avn. Regt.

BY SPC. ROLAND HALE eCAB. 1st Inf. Div.

CAMP TAJI, Iraq — The Army's last active duty Aviation brigade in Iraq is heading home after a year-long deployment in support of operations Iraqi Freedom and New Dawn.

The Enhanced Combat Aviation Brigade, 1st Infantry Division deployed from Fort Riley, Kan., last March, and quickly became an integral player in U.S. Forces-Iraq's mission here.

When it first arrived, the unit was one of four Aviation brigades in Iraq. Over the course of the deployment, however, it rapidly assumed responsibility for all Army Aviation operations in the country. It is now the Army's only Aviation brigade here, bolstered to meet that charge with increased numbers of troops and aircraft.

With nearly 4,000 troops and more than 200 helicopters, the brigade is double the size of a normal Aviation brigade. The increased numbers make it the Army's first and only enhanced Aviation brigade.

The brigade has made good use of every aircraft. It leaves Iraq having flown nearly 125,000 hours in support of USF-I's mission here.

"The statistics are an indication of what we've done to support the mission," said Col. Frank Muth, the brigade's commander. "What's behind the numbers are the hundreds more hours Soldiers are turning wrenches to make the aircraft fly, supporting the mission.

The brigade's primary mission is the support of U.S. ground

SEE HOME, PAGE B4

Helping hands

Chinook repairer Spc. Zachary Provenzano helps unload a Chinook helicopter belonging to the 40th CAB on Camp Taji, Iraq, recently. Assigned to the eCAB, 1st Inf. Div., Provenzano and his peers are helping to welcome and train the 40th CAB, which

Mobile apps supply Soldiers with training

BY KEITH DESBOIS

FORT LEE, Va. — Today's Soldier is technologically savvy, uses stateof-the-art equipment to quickly and safely accomplish a mission and can multitask with efficiency. To capitalize on these talents the Army is conducting a pilot program that could potentially change the training environment.

Instructors and advanced students of the Unit Supply Specialist (92Y) course are using mobile devices, with tailored applications, to give students a platform where they can continue learning even after leaving the classroom.

"By providing the Soldiers with iPhones, they can review lesson plans anywhere and anytime," Ron Spence, Automated Logistics Supply and Subsistence Branch chief, Quartermaster Division. Combined Arms Support Command, said."They can be on their way to sick call and still stay up with the course work."

The 92Y pilot program at the Quartermaster School is one of the first of its kind and was initiated in July 2010. A new group of students received the devices in January and became the second class to test the iPhones.

"We're in the second of four phases right now," Spence said. The program will run through July and has been designed to determine the feasibility of using the devices for training purposes.



Pfc. Stephanie Robinson, Unit Supply Specialist course student, explores the apps loaded to an iPhone issued to her at the start of her school. The students are part of a pilot program using mobile devices, with tailored applications, to give students a platform where they can continue learning even after leaving the classroom.

Another benefit of the program vant, tailored and engaging learnis cost effectiveness. By using digital media for class materials, paper reproduction costs are virtually eliminated. That equates to savings for tax payers, Spence added.

This pilot program is in line with Army Learning Concept, 2015. The ALC's goal is to not only provide students with more releing experiences through a careerlong continuum, but also to make learning not location-dependent.

That is exactly what is taking place at Combined Arms Support Command.

"The Army has multiple efforts

SEE APPS, PAGE B4

Chinooks conduct sling load operation in Korea

BY 1ST LT. AUSTIN LIU 35th ADA Brigade Public

SUWONAIR BASE, South Korea — U.S. Army 1st Lt. Steve Bonner conducted one final inspection on the sling load as he prepared for the arrival of the CH-47 helicopter Feb. 16.

His troops waited impatiently for his answer.

Bonner has conducted countless numbers of sling load operations in his 19 years of service. But on this afternoon, the cargo is different.

This would be his first time preparing the sling load to airlift Patriot missile canisters

"Looks good, I cannot find a single gig this time," Bonner finally said with a smile, as his Soldiers breathed a collective sigh of relief

They had been training diligently for this event, and now they were one step closer to executing one of the most unique operations they would ever take part in their military careers.

The missile sling load operation is part of 6th Battalion, 52nd Air Defense Artillery Regiment's field training exercise conducted at Suwon and Osan Air Base.

Bonner, who serves as the battalion maintenance officer, said. "If the roads are blocked, then the only way to resupply is through air by cargo planes or heavy lift choppers."

As the unmistakable roar of the powerful twin engines approached the flight line, a rush of adrenaline mixed with excitement took over Bonner and his Soldiers.

As a former noncommissioned officer on the elite U.S. Army combat diver team, Bonner was an expert at training and motivating Soldiers for special missions such as this afternoon's sling

SEE CHINOOKS, PAGE B4

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B2

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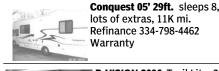
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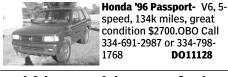
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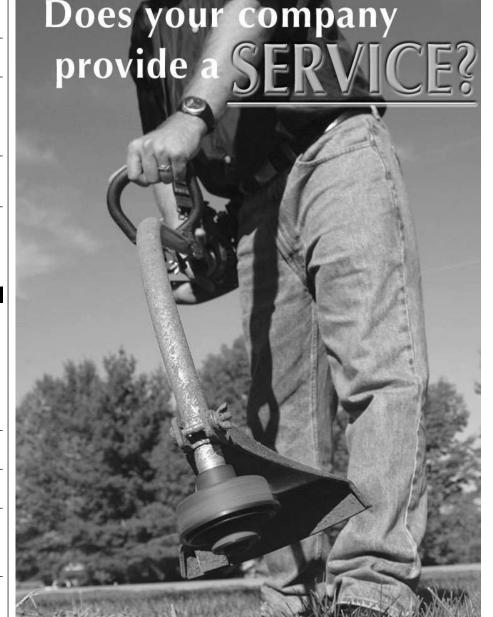


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Home: Brigade works to leave safe, secure environment

Continued from Page B1

forces, which involves freedom of maneuver, counter indirect fire, route clearance, and convoy security. It leaves with that mission accomplished, said Muth.

"We're ensuring we leave behind a safe and secure environment that allows the Iraqi government to flourish," said Muth.

The brigade's Apache aircraft provided security above Iraqi

its second set of parliamentary elections last March. After nine months of political deadlock following those inconclusive elections, the brigade watched the Iraqi parliament approve a new government.

Also, the brigade played its part in providing troops with air transportation between bases as much as possible. With improvised explosive devices as one

members here, keeping U.S. forces off of the roads was one of the brigade's top missions. The brigade transported

of the leading killers of service

nearly 300,000 personnel and 10 million pounds of cargo this deployment.

In addition to fulfilling the unit's mission, the brigade has seen drastic improvements in Iraq overall, said Muth.

"The Iraqi nation has turned a helped train Iraqi air traffic con-

corner," said Muth. "What I see is more lights on, more commerce taking place, more traffic on the road, people moving around to do business." he said.

The brigade also invested its time in training with their Iraqi aviation counterparts.

On Camp Taji, one of the brigade's battalions has flown several partnership missions with an Iraqi squadron, as well as

sisted ground forces in training Iraqis in air to ground integration operations.

The brigade is scheduled to end its mission here next month, when it will pass its mission to the California National Guard's 40th Combat Aviation Brigade.

The unit's overall impact here will depend on how well it prepares the 40th CAB to continue

Chinooks: Sling training provides real-world mission perspective

Continued from Page B1

load operation.

He trained his sling load ground team to specialize in three areas: grounding, hookup and signaling. On this afternoon, Pfc. Alberto Alipio, Pfc. Matthew Hall and Spc. Myron Yazzie were serving as members of the ground

At the signal of the helicopter crew chief, the team rushed into the strong whirlwind of dust and debris as they attempted to ground and hook up the missile canister for airlift.

"We did not expect the wind to be that strong ... it was like walking into a hurricane," said Yazzie, referring to the strong gust of wind underneath the hovering helicopter, commonly known as rotor wash.

"It was one thing to ment of the mission. train and another to actually perform the task with the moving helicopter hovering so close above you, but we were not intimidated," said Hall.

The crew was able to successfully attach the sling load," Bonner con-

and sprinted away just as the cargo began to lift

As they stood on the flightline watching the missile canister shrinking in the distance, the crew shared a moment of satisfaction and triumph.

"I joined the Army to do something different and what we did today right here proved that I made the right decision, said Alipio, who enlisted in the Army as soon as he graduated high school.

His teammate shared the same enthusiasm.

"I was the type of individual always seeking adventure and that is why I volunteered for today's training," said Hal. "One of my new goals now is to attend the U.S. Army Air Assault School."

Bonner congratulated his young team on the successful accomplish-

We have successfully validated 6-52nd Air Defense Artillery Battalion's ability to conduct missile resupply to a forward-deployed Patriot firing battery through helicopter



A CH-47 Chinook helicopter takes off with sling loaded missile canisters Feb. 16. The 6th Bn., 52nd ADA Regt., 35th ADA Bde., conducted slingload operations in South Korea

Apps: Mobile devices allow rapid training implementation, ease of access

Continued from Page B1

currently taking place involving applications," Matthew MacLaughlin, Technology Integration Branch chief, CAS-COM, said. "We were able to partner with the Army Capabilities Integration Center for the pilot program to develop the first technology integrated course."

Using mobile devices is quickly spreading to other occupational specialties, and Soldiers attending training at the Ordnance School's Explosive Ordnance Course have also received similar devices and will begin using

With the start of the new class of unit supply specialists, the devices will include three of the four modules (lesson plans) that make up the course, as well as 22 checks on learning (quizes), eight manuals and a podcast library consisting of all the small arms inventory the students will encounter, MacLaughlin

Creating the mobile curriculum for the 92Y course took approximately 30

days, but the course complexity determines how long it takes to create the apps needed to provide students with the necessary materials.

Although the digital application is not intended to replace instructors, the mobile devices will provide an additional resource for students if more occupational information is needed



A Soldier died Jan. 15 from injuries received in a motorcycle crash Jan. 13 in Savannah, Ga.

The Soldier was riding her motorcycle with another cyclist when she lost control and fell from her bike. The other cyclist who was following behind struck her in the road-

The Soldier was transported to a local hospital where she was first placed on lifesupport, but later removed and pronounced deceased Jan. 15.

Both riders had been charged with DUI when police first responded to the crash.

The Soldier was wearing all personal protective equipment, was properly licensed and had completed safety training.

Safety reflection

Alcohol and motor vehicles are a toxic combination. At least 14 Soldiers were killed in drinking and driving incidents in fiscal 2010.



Proper immunization can help prevent influenza illness

Story on Page C5

FEBRUARY 24, 2011 VOL. 61 • NO. 08 **ARMYFLIER** * COM

(2)

BY RUSSELL SELLERS
Army Flier Staff Writer

Army Community Service's Financial Readiness office offers Soldiers and Families a host of advice during Military Saves Week this week.

Military Saves is a social marketing campaign to persuade, motivate and encourage military Families to save money every month, and to convince leaders and organizations to be aggressive in promoting automatic savings, according to the organization's Web site.

Mike Kozlowski, ACS Financial Readiness specialist, said the week-long, militarywide recognition is great, but Soldiers and their Families should be doing what they can to save money year round.

"(Military Saves Week) should be the beginning of a changed mentality about buying things," he said. "People feel like when they walk into a discount store, they're automatically getting the best deal, but it's not always the case.

Good spending habits are essential to good financial health, Kozlowski added. Saving money is a discipline that should be part of everyone's lives

"Some people treat spending like a drug," he said. "They use it to feel good, but the fix is only temporary and then they'll be right back out shopping until they drop. These people don't worry about tomorrow, they're just worried about today's bills."

Soldiers who are deployed and experiencing financial issues can sometimes find their worries about things back home are affecting their performance downrange, Kozlowski said.

"The military is getting bettheir Families how to better

START SMALL. THINK BIG.

"If they have financial issues weighing on their minds while deployed, they won't be concentrating on the job."

One method for Soldiers and Families to curb some of their financial hardships is to create a budget, said Kozlowski

Creating a budget for each month can help cut down on the amount of money spent each month by cutting out things that are not necessary and setting money aside for things that are, such as gas and groceries, he added.

Another method Kozlowski promoted was one he said most people seem to be getting away from, but it is still the most effective: use cash.

"Using cash instead of credit or debit cards is a much better way to save money," he said. "When you pay for things with cash, it forces you to only use what you have. You also get the psychological effect of actually handing money over that you can't get from swiping a card."

Military Saves was developed and tested by its nonprofit sponsor, Consumer Federation of America and ter at teaching Soldiers and the military services from 2003 to 2006 and launched manage their money," he said. throughout the Department

10 tips for saving money

- Save money on gas by keeping your engine tuned up and tires inflated to their proper pressure.
- Consult Consumer Reports, available in most libraries, about specific appliance brands and models and how to evaluate them, including energy use.
- Conduct a home energy audit. It can identify ways to save up to hundreds of dollars a year on home heating and air conditioning. Some electric and gas utility providers offer audits either for free or small fee. If no audit is offered or it is too expensive, ask to be referred to a qualified professional.
- Budget your money. Set aside a certain amount for necessities such as gas, groceries, bills, etc. each month before using any money for recreation.
- Shop at lower-priced food stores and use coupons either from newspapers or online coupon

- providers.
- Use generic prescription drugs instead of name brands. Brand names are usually much more expensive than their generic equivalents.
- Set up a money market account through your bank. These accounts are for setting aside "emergency" money and putting it in a money market account means it's harder to take out.
- Use cash whenever possible.
- Keep track of all money spent using the paper and ink method. Money spent using debit cards might not clear the bank right away and can lead to possible overdraft fees if an account is overdrawn.
- · Avoid interest charges on credit cards by paying off the entire bill each month. If unable to pay a large balance, pay as much as you can. Try to shift the remaining balance to a credit card with a lower annual percentage rate.

of Defense Feb. 25, 2007. It is Campaign, and the national part of two larger campaigns - the DoD Financial Readiness

America Saves campaign. For more information on fi-ments, call 255-2594

nancial readiness or to set up financial counseling appoint-

BOSS helps Wiregrass com

BY JAY MANN

Soldiers in the Fort Rucker Better Opportunities for Single Soldiers Program spent more than 2.586 hours volunteering in the community last year.

Their efforts earned them recognition in the form of the 2010 President's Volunteer Service Award.

The President's Volunteer Service Award recognizes individuals, Families and groups that have achieved a certain standard measured by the number of hours of service over a 12-month period or cumulative hours earned over a lifetime.

Why did BOSS volunteers spend so much time helping the community?

It's interaction with the community and each other that keeps volunteers coming back, according to Evv Bludsworth, BOSS Directorate of Family and Morale, Welfare and Recreation, advisor and deputy director DFMWR.

"Some of our projects are small, some are big," she said.



Pfcs. Richard Patton, front, and James Varner, both BOSS volunteers from B Co., 1st Bn., 11th Avn. Regt. and 1-58th AOB, respectively, help Jacob Tucker and Lettie Dye learn to fish at Buckhorn Lake during an event last year.

the community.

"Community Service has just exploded these last few years." Bludsworth said. In 2006 Boss counted 328 hours of community service. Then in 2007 that total jumped to 1,067 hours. In 2008 the total community "It's just about giving back to service hours were 1,650, and

2009 saw 2,020.

The President's council on Service and Civic Participation was established in 2003 to recognize the contributions volunteers make in communities and to encourage more people to serve. The council created the President's Volunteer Ser-

vice Award program as a way to thank and honor Americans who, by their demonstrated commitment and example, inspire others to voluntarily serve.

In his letter to the Fort Rucker BOSS Program, President Barack Obama said, "Your volun-

teer service demonstrates the kind of commitment to your community that moves America a step closer to its great promise."

"There are three pillars to BOSS," Bludsworth said, "There is Quality of Life, Recreation and Leisure, and Community Service."

She said the Community Service target for an installation Fort Rucker's size is one project a quarter, that's four projects a year.

"We did 17 last year," Bludsworth said, "But we don't look at the target, we look at what our soldiers want to do for the community.

She added the Soldiers seem to have more fun interacting with the community and each other during these projects than they do on recreational

Everyone is invited to participate in BOSS volunteer projects, said Bludsworth, Thinking that BOSS is just for single Soldiers is a big misconception.

"We certainly have married Soldiers and even civilians help out," She said. "It is about the community coming together."

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES

FRCSC scholarship

The Fort Rucker Community Spouses Club is currently accepting applications from high school seniors and continuing education adults for scholarships to be award in May.

Entry is open to military families and citizens from the local community. For application, rules and eligibilitv requirements, visit www. ftruckercsc.com. Postmark deadline is March 14.

Blood drive

The 1st Bn., 13th Avn. Regt., hosts a blood drive Friday from 2-8 p.m. at the Fortenberry-Colton Physical Fitness Facility, Bldg. 5900.

Blood donations support injured Soldiers in Iraq and Afghanistan; active duty Soldiers and family members; and the Lyster Army Health Clinic. For more information, call 255-7557 or 255-1333.

The Regulars Band in the Zone

The Regulars come to The Landing Zone Friday from 9 p.m. to 1 a.m. The courtesy van offers a free ride home to patrons that live on post. For more information, call 598-8025.

Stress Management Workshop

Army Community Service's Family Advocacy Program holds a stress management workshop Monday from 9 a.m. to 12 p.m. at the early childhood activity center.

Topics include identifying cause of stress, symptoms of stress, techniques on how to manage stress and developing a stress management plan. Registration is required.

active duty, retired military, Department of Defense employees and their Family members. For child care information and registration, call 255-3898

Exceptional Family Members Bowling Niaht

Army Community Ser-

DEADLINE for On Post is noon Thursday for the following week's edition. E-mail submissions to Kyle Ford at kford@armyflier.com.

vice's Exceptional Family Member Program and Rucker Lanes sponsor a night of bowling Monday from 5 to 7 p.m.

Please register by Feb. 25. Cost is \$1.75 per game and \$1.25 for shoe rental. For more information, call 255-9277.

Dr. Seuss' birthday

Center Library staff hosts a Dr. Seuss birthday celebration Tuesday from 3:30 to 5 p.m. for children ages 3-11.

Activities include a coloring and hat design contest. For more information or to register, call 255-3885.

AER Kickoff

The Army Emergency Relief 2011 campaign kickoff is Tuesday at 10 a.m. at the Aviation Mu-

Monday Night Trivia

Trivia in the Zone is now Monday nights. Winners receive prizes and free gift vouchers for meals. For more information, call 598-8025.

Save A Life Tour

The Save A Life tour offers a drunk driving simulator March 9-11.

Daily schedule for the simulator is 8-9 a.m. mass presentation with 750 participant slots available and a hands on simulator This workshop is open to available to 50-80 participants each hour from 9 a.m. to 5 p.m.

For more information and to register for the simulator, call 255-7089 or e-mail traci.dunlap@ us.army.mil.

Becoming a Love and Logic Parent

Army Community Ser-

vice's Family Advocacy Burger King is closed due Program holds "Becoming to renovations, which are a Love and Logic Parent" classes each Thursday, ed by the end of March. Thursday through March 17 from 9 to 11 a.m. at the er King Express in the mini Early Childhood Activity Center.

scheduled to be complet-

New hours for the Burg-

mall are 7 a.m. to 7 p.m.

weekdays, 8 a.m. to 6 p.m.

Lawn care schedule

Picerne Military Hous

ing lawn mowing sched-

ules are now bi-weekly

For more information, visit

www.ruckerpicerne.com.

Rucker Lanes break-

Rucker Lanes now serves

The Retired Officers

Wives Auxiliary hosts their

monthly meetings the sec-

ond Tuesday of each month

from now until May at The

The club offers wives

the chance to stay in touch

with military heritage and

make new friends. For more

information, call Mary Jane

Collins at 774-2101 or Pen-

ny Griffith at 774-5065.

It is open to the public.

ROWA

Topics include raising Saturdays and noon to 6 responsible children, in- p.m. Sundays. stilling values, problem solving and using natural consequences as a discipline technique. This workshop is a seven part

Participants must attend all classes in order to receive a certificate of completion. The workshop is open to active duty, retired military, Department of Defense employees and their Family members. For breakfast starting at 7 a.m. more information, call 255-3898.

Central Issue Facility closing

The Central Issue Facility is closed for inventory March 21-25. Regular hours will resume March Landing. 28. For more information, call 255-1095

Supply Support

Supply Support Activity, Bldg. 1212, staff conduct their annual inventory on March 21-25

All turn-ins must be in by 2 p.m. on March 18. Normal operations discontinue at 4:15 p.m. on March 18 with the anticipated date of March 28 to resume business.

The Accountable Officer notifies customers. During this period the SSA only processes emergency requisitions.

For more information, call Sandra Edwards at 255-9504 or e-mail san.edwards@conus.army.mil.

AER scholarships

Army Emergency Relief scholarship applications are available at www.aerhq.org. Applications are due by April 1.

For more information, call 255-2341.

Burger King renovations

The Fort Rucker main

DFMWR Spotlight



Comedy Live at Rucker

Comedians Adam Ace and Louis Ramey perform stand-up comedy Friday from 8 to 9:30 p.m. in The Landing Ballroom. Tickets are \$10 and can be purchased at the Landing Zone and in The Landing's catering office. The event is open to the public. For more information, call 255-9810.



Pick-of-the-litter

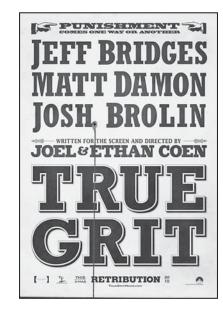
Meet Kari, a 3-month old female calico/tabby mix available for adoption at the Fort Rucker Stray Facility. She is clever, cute and curious. It costs \$81 to adopt Kari and other animals at the facility, which includes all up-to-date shots, microchip and spaying. For more information on animal adop tions, call the Veterinary Clinic at 255-9061, open Mondays-Fridays from 8 a.m. to 4 p.m. or the Stray Facility at 255-0766, open from 8 a.m. to 3 p.m. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the Veterinary Clinic or the Commissary. One cat was adopted last week.

FORT RUCKER Movie Schedule for Feb. 24 - 27

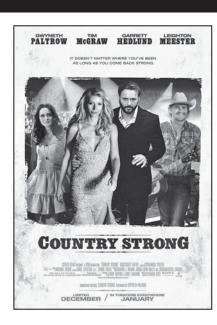


THURSDAY, FEB. 24

The Dilemma (PG-13) 7 p.m.



FRIDAY, FEB. 25 & SATURDAY, FEB. 26 True Grit (PG-13) 7 p.m.



SUNDAY, FEB. 27 Country Strong (PG-13) 7 p.m.

Worship

CHAPEL CORNER

Mama's war and mine: prayer in time of need

BY NANCY B. JANKOSKI Director of Religious Education

My mother's birthday would have been Feb. 4. She passed away in mid September. She would have turned 83 this year.

Since her death, my siblings and I have begun going thru her things and distributing her property.

Mama never really transitioned to the 21st century. She only signed up for cable television when the conversion to digital made it necessary. She still had and used the rotary phone in her bedroom.

Mama had a vast collection of VHS tapes, including tapes of Family gatherings. Just before Christmas, I took some and had them converted to DVDs.

I sent two of them to each of my siblings as a Christmas gift. One was a DVD of our parents' 50th anniversary party. The other was a "This is vour life" film made by her coworkers when mama retired from her job in 1992.

That film showed still photographs of my parents getting married during World War II and of mama going to work while dad went off to

As I watched my own copy and reflected back on their lives, it occurred to me just how different our war experiences were. Mama was a World War II bride. They got married just before the Army sent dad to Europe.

They didn't see each other again for three vears. She heard news of the war thru the radio, newspapers and newsreel features at movie theaters. She and dad exchanged letters.

The letters went thru censorship, and it took weeks or months before anything they wrote got to each other. Some of the letters included pic-

I remember very vividly seeing pictures dad sent her of a concentration camp that his unit helped liberate. Reading thru some of those letters gave me a sense of what it was like for my parents during their war.

My father was not a career Soldier. He was drafted, served for the duration, and came home and returned to civilian life. My husband served partially on active duty, and partially in the Reserves.

He was called up for both Desert Storm and Enduring Freedom. Mama waited weeks or months to hear any news from dad.

I had 24/7 cable news coverage, telephones, and computers. I could see same day coverage of battles. She didn't have to see D-Day in real time. The longest I ever went without hearing directly from my husband was two weeks. Mama would have loved to get a letter

When dad came home,

mama quit her job and company talking to the started raising a Familv. She only returned to the workforce 16 years later, when dad's health forced him into early retirement. Mama went back to work out of necessity.

At her retirement party, she talked about going into Atlanta to look for work in September 1963. I was six years old. Her children ranged in age from 4 to 14.

The only things she knew how to do were to be a homemaker and to work a switchboard, so she started her job needed someone the search by going to the next week to work a phone company.

They had a long waiting list. She then went to dad's former place of employment, to see if they had a position for her. They didn't have anything either.

I watched her described how she came into town that day with to work, and stayed until a plan to find a job, and now both of her options were closed doors

She didn't know where to turn next in her job search, but she knew what to do: she went to a restroom for privacy, and she said a prayer.

The next thing she remembered, she was back to rely on God when I at square one, standing in front of the telephone

person who had interviewed her earlier in the day.

There was still no vacant job there, but seeing her determination, the interviewer thought of something she hadn't earlier, and referred mama to a company that placed telephone operators in private jobs.

Mama wasted no time going to this next interview. While she was in the middle of the application process, the interviewer's phone rang.

The state of Georgia switchboard. It would be temporary, pending mama's ability to take and pass the state employment exam before she could be offered a permanent position, but there was an opportunity. Mama's prayer had been answered. She went retirement 29 years later.

I've learned a lot in life from my mama: how to be woman, how to cope with life as an Army wife in a time of war and also how to face life's tough

But the main thing I learned from mama is don't have the answer. He still does

Religious Services

CATHOLIC PARISH SERVICES

Confessions are conducted at 4 p.m. Mass is offered Saturdays at 5 p.m., Sundays at 9:30 a.m. and Tuesdays-Fridays at 12:05 p.m. at the Main Post Chapel. For more information, call 255-9894.

ISLAMIC PRAYERS AND **PROGRAMS**

All prayers are held at Bldg. T6609 on Fifth Avenue. For more information about daily prayers, weekly and monthly programs, call Chaplain (Maj.) Abdullah Hulwe at 255-1073.

LUTHERAN. **EPISCOPALIAN** WORSHIP **SERVICES**

Lutheran and Episcopal worship services are offered Sundays at 8 a.m. at the Main Post Chapel. For more information, call 255-3140 or 255-2989.



CHURCH **OF CHRIST SERVICES**

Church of Christ services are offered Sundays at 1:30 p.m. at the Chapel of Wings featuring the Lord's Supper, singing, sermon and prayer. Everyone is

PROTESTANT CONTEMPORARY **PRAISE SERVICES**

Protestant Contemporary Praise services are offered at 9 and 11 a.m. Sundays at the Chapel of Wings. For more information, call 255-9221 or 255-2989.

LATTER-DAY SAINTS SERVICES

Services are offered Sundays at the Ozark LDS Chapel at 9 a.m. For more information, call 255-4359 or 255-2989.

COLLECTIVE PROTESTANT WORSHIP SERVICES

Collective Protestant worship services are offered Sundays at 11 a.m. at the Main Post Chapel. For more information, call 255-3140.

JEWISH SERVICES

Services are offered Fridays at Temple Emanu-El, located at 188 North Park in Dothan at 7 p.m. For more information, call 792-5001.

Chapel Briefs

Protestant Women of the Chapel

Protestant Women of the Chapel host Bible studies, fellowship, praise and worship Tuesdays from 8:45 to 11 a.m. at the Spiritual Life Center, Bldg. 8939. Child care is provided by the Child Development Center with preregistra-

For more information, e-mail rucker@

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Professional Medical Associates

Welcomes

Shawna "Missy" Webb, CRNP, DNP Nurse Practitioner

> She will begin seeing patients February 7, 2011



Left to Right: Andy Gammill, DO; Beverly Jordan, MD; Gary Allen, MD CMD; Missy Webb, CRNP, DNP; David Rhyne, MD

Gary G. Allen, MD, CMD ternal Medicine, Hospice and Palliative Medicine

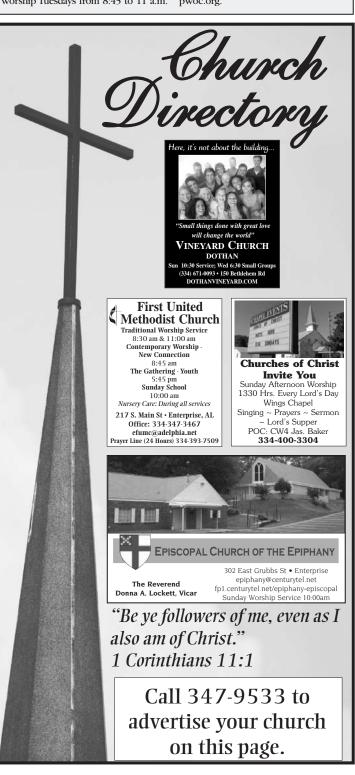
David N. Rhyne, MD Internal Medicine

Beverly F. Jordan, MD Sports Medicine

William "Andy" Gammill, DO Internal Medicine Pediatrics

101 E. Brunson St., Ste 200, Enterprise Call for an appointment

393-3686



Iregrass community calendar

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, E-MAIL KYLE FORD WITH ALL THE DETAILS AT KFORD@ARMYFLIER.COM.

ANDALUSIA

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more.

Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

NOW THROUGH SATURDAY — The 24th annual Civitan Club PCA Championship Rodeo is at the Covington Center Indoor Arena. Gates open at 6 p.m. with the show starting at 7 p.m. Admission is \$12 for adults and \$6 for students and senior citizens. For more information, contact Bert Champion at (334)313-5613 or visit www.pcarodeo. com. \$\$\$

DALEVILLE

ONGOING - The Fort Rucker chapter of the Vietnam Helicopter Pilots Association meets the first Wednesday of each month at 7 p.m. Meetings are in the Daleville Veterans of Foreign Wars Post Ballroom

DOTHAN

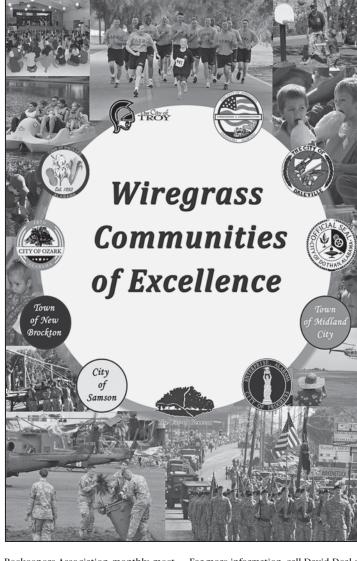
APRIL 2 — Dothan CityFest is 6 a.m. to 8 p.m. in downtown Dothan. There will be events throughout the day including Criterium bicycle races. For more information, call 615-3700 or visit, www.dothancityfest.com.

APRIL 8 AND 9 — Teams are needed for the sixth annual Tri-state Barbeque Festival at the Houston County Farm Center. Space is limited to the first 40 professional teams and 25 backyard teams who register. For more information, call 699-1475 or visit www. tristatebbq.com.

ENTERPRISE

SATURDAY — The 2011 Community Health Fair at the Enterprise High School Gymnasium gives free health screenings and tests for those who attend. The fair is 8 a.m. until noon and also hosts a Children's Fitness Fair which awards several door prizes throughout the day. For more information, contact Lisa Pair at 347-0581.

MARCH 3 — The Southeast Alabama well as a Civil War living history display.



Beekeepers Association monthly meeting begins at 7 p.m. at the Coffee County Farm Center. Anyone interested in the honeybee is welcome to attend. For more information, call 372-7814 or 894-2077

MARCH 17-19 — A dinner theater presentation titled "The Confederate Letters" at 7 p.m. nightly at the old Hildreth Building on the corner of Lee and Main Street. For more information, call 470-6568 or visit www.southernbroad-

MARCH 26 AND 27 — The Piney Woods Arts Festival is at Enterprise State Community College and free to the public. It features original artworks by local artists, much of which will be available for

There will be carnival games and face painting for children to enjoy, as For more information, call David Deal at 406-2787.

GENEVA

APRIL 29 THROUGH MAY 1 — Geneva's Festival on the Rivers is April 29 and 30 from 8 a.m. to 6 p.m. and May 1 from 1 to 6 p.m. at Robert Fowler Park.

The event features worm fiddling, sculling contests, tug of war, coin scramble, arts and crafts, food vendors and live musical entertainment featuring country and gospel.

Tickets are \$8 for adults and \$4 for students kindergarten through 12th grade. For more information, call 684-8575 or visit www.genevariverfestival.com. \$\$\$

MIDLAND CITY

ONGOING - Residents are invited to

Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING - Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6 to 9 p.m.

All classes are free for individuals 16 years old or older who are not enrolled in public school.

Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

APRIL 9 - Ozark's Crawdad and Music Festival is 10 a.m. to 7 p.m. on the square downtown.

This festival is held as a way to increase tourism and provide local residents with a fun and relaxed entertainment venue.

The festival's main features are crawdads, cold beverages and continuous live music as well as arts and crafts, children's activities and more.

For more information, call 774-2618 or visit www.ozarkalabama.us

PINCKARD

ONGOING - The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m.

APRIL 30 AND MAY 1 — TroyFest takes place in downtown Troy. The event is 9 a.m. to 5 p.m. April 30 and 1 to 5 p.m. May 1. It is free and open to the public and is the premier community arts festival for the Pike County region.

It features fine arts and crafts, a juried art show, antiques, farmers market, food court, merchants walk, children's art exhibit and kids' corner.

For more information, visit www.troyfest.com or call 566-2294.

\$\$\$ indicates a charge for the event

Beyond Briefs

Panama City Beach Mardi Gras

Panama City Beach Mardi Gras is a two-day festival and parade with the Krewe of Dominique Youx celebrating the season March 4 and 5. The festival takes place at Pier Park in Panama City, Fla. The event includes live bands, Cajun food, tours of a Panama C Mardis Gras float and much more. For more information, visit www.mardigrasatthebeach.

Winston Howell Road Race

The Hartford Civic Club sponsors the 33rd annual Winston Howell 10k Road Race, the third oldest 10k run in Alabama, March 12 at the Hartford National Guard Armory. Registration for the run is at 7:30 a.m. and the race begins at 9 a.m. Age groups range from the 14 and under, to the 70 and up group.

The entry fee for the race is \$20 and all proceeds go to benefit the Hartford Boy Scout Troup 32. For more information contact Cary Hatcher at 588-2342 or 944-7115 or Mike Kinman at 684-9818 or 588-2211, or visit www.winstonhowellroadrace.blogspot.com.

Old Fashion Fish Fry

The 6th Annual Old Fashion Destin Fish Fry Fundraiser is March 5, from 11 a.m. to 3 p.m. at the Destin History and Fishing Museum at 108 Stahlman Ave.

Advanced tickets are \$10 and tickets bought the day of the event are \$12.

The menu includes fried grouper, hush puppies, cole slaw, baked beans and a beverage. Proceeds go to benefit the Destin History and Fishing Museum. For more information call (850)837-6611.

CSI: The Experience

Crime Scene Investigation: The Experience is available until May 1 at the Main Exhibit Hall of the Huntsville Space Camp, Show times are held 9 a.m. to 5 p.m. seven days a week and tickets are sold two hours before close. Please allow 60-90 minutes for each CSI expe-

The exhibit immerses guests in handson science while leading them through the challenge of solving a crime mystery. Ticket prices are not yet available. For information, call (800) 63-SPACE or visit www.spacecamp.com/museum/csi/

Joe Romans Wildlife Photogra-

Discover north Alabama's wildlife through the nature photography of Joe Romans in an exhibition of more than 36 works at the Tennessee Valley Museum of Art in Tuscumbia Ala now through March 11 9 a.m. - 5 p.m. weekdays and 1-3 p.m. Sundays.

Admission is \$5 for adults and \$3 for students. Admission is free Sundays and group rates are available for 15 or more people. For more information,

call (256) 383-0533.

Waterfall Tour and Easy Hike

The Delta Waterfall Tour and Easy Hike is March 11 from 9 a.m. to noon at the Cheaha State Park in Delta, Ala. For more information, call (256) 782-8010 or visit http://epic.jsu.edu. Admission charged. Participants join Joan Alexander and others from the Anniston Outdoor Association for a driving and hiking tour of several waterfalls located around the Cheaha State Park area. These are short hikes on dirt trails.

ATV Redneck Nationals

The 2011 All-Terrain Vehicle Redneck Nationals are March 18-20 at the Southern Ridge ATV Trails in Dozier. The trails are located on County Road 77, Leon Tower Road in Dozier

The trail park features family riding trails, mud trails, Recreational Vehicle sites, primitive camping site, concessions, ice, fire wood, showers and restrooms. For more information, call (850) 266-8593 or visit www.ATVRedneckNationals.com.

Festival of Flowers

The 2011 Festival of Flowers is March 24-27 at the Providence Hospital campus in Mobile. The event celebrates spring at the Southeast's largest outdoor flower show, produced by Providence Hospital

Explore over 300,000 square feet

of landscaped garden displays, floral exhibits, gardening seminars, cooking demonstrations, photography contest, shopping and outdoor dining. Advance tickets are \$10 per person. For more information, call (251) 639-2050 or visit www.festivalofflowers.com.

Treasurers of the Past Antique **Appraisal Show**

Treasurers of the Past Antique Appraisal Show is March 27 from 9 a.m. to 3 p.m. at the Clarke County Historical Museum grounds in Grove Hill, Ala. Participants can bring their antiques and collectibles and have them evaluated by certified appraisers. The event also features live entertainment, food and a special auction. For more information, call (251) 275-4188 or visit www.grovehillal.com.

Yatta Abba Day

Abbeville residents gear up to celebrate Yatta Abba Day April 9 around the court house square. Yatta Abba is the Indian name for Grove of Dogwoods and is what the city of Abbeville was named after. The festivities are 9 a.m. until 9 p.m. The festival features garden vendors, a classic car show and dog shows just to name a few.

For more information, contact the Abbeville Chamber of Commerce at 585-2273 or visit www.abbevillecoc.com or www.cityofabbeville.org. Vendors may contact Jeff Skipper at 334-3473 or email at skippertrucking@ yahoo.com.

Proper immunization can help prevent influenza illness

BY JENNY STRIPLING Fort Rucker Public Affairs

It's that time of year when even a muffled cough can sound like a volcano erupting.

Flu season, which officially starts in October, is quite mild when the season begins, but can turn very cruel when it peaks from January to March.

A flu report issued by the Centers for Disease Control stated that levels of influenzalike diseases in Alabama are at their highest of the season.

"We are experiencing a high rate of influenza in our immediate area. The CDC, (Alabama Department of Public Health) and our (Public Health Emergency Officer) have all indicated that influenza is increasing in our area," said Jerry Curtiss, Directorate of Plans, Training, Mobilization and Security specialist.

"In the last month we have had two reported cases of H1N1 from people on post," said Curtiss. "In both instances the right things were accom-

plished and this is in thanks to all of you for keeping others around you well informed on the risks."

A big time no-no is not reminding others of the proper hygiene measures to prevent the flu, according to Curtiss. mend everyone get vaccinated Precautions such as sneezing or coughing into your sleeve, washing your hands frequently and using hand sanitizer may prevent you from catching a strain of the flu virus. If you feel sick go see your doctor

"Influenza is a contagious respiratory illness caused by flu viruses," said Lt. Col. Wendy Campbell, Lyster Army Health Clinic deputy commander for Nursing and Patient Support Services. "We strongly recomto protect themselves and others. The flu virus can be mild, but sometimes a severe case can lead to death if ignored."

Once someone becomes ill with the flu virus, they may not be ready to return to normal

Taking the time to get the flu shot may be an easy way to keep you and others around you safe from the virus.

Currently, Lyster offers the vaccine to active-duty personnel only, due to limited availability. Soldiers unable to obtain shots at the clinic can request an off-post referral from their provider

Other Tricare beneficiaries can go to network pharmacies without referrals and obtain free vaccines by showing their



Army's MOVE! Program not new to Lyster Army Health Clinic

BY THERESA OSTEEN

As our nation struggles with the obesity epidemic many of our servicemembers, retirees and Families are feeling their waist that helps some people be bands getting tighter as

As a result, the new cases of diseases related to over- been successful at helping weight and obesity such as diabetes, elevated cholesterol, hypertension as well as many others, are on the rise in our military community also.

Knowing that health and weight are directly linked, the Department of Defense worked with the Veteran's Administration on a program to standardize weight management across all services.

The Army MOVE! weight management and education program is part of this VA/DOD initiative.

The program is now being put into place across the Army to provide intensive educational approaches that lead to weight loss from a multidiscipline group of providers.

On Fort Rucker, the Army MOVE! program is not new.

Lyster Army Health Clinic began using this program in January 2009 as a small facility test site for the Army MOVE! program while it was being developed. The program is now being use as a model by other facilities of similar

The program consists of a series of four classes with one class held each week. The classes are presented by health care providers from Nutrition Care, Physical Therapy, and Behavioral Health and last 1.5 to 2.5 hours each. The weight loss medication Xenical is available as an option to

pants of the program. After completing the classes, participants then continue seeing nutrition care monthly to maintain the and obesity. support and accountability more successful with losing weight. Over the past two years the program has

their goal weight and keep the extra weight off and lower their risk for the diseases related to overweight

The program is available by referral from a primary care manager and is available to Soldiers, retirees, and Family members age 16 and older who are in-

be used for some partici- many people make it to terested in developing new weight control skills or just refocusing the skills already in place but not being used.

> For more information on the Army MOVE! Program contact a primary care manager or call the Preventive Medicine Clinic/ Nutrition Care office at 255-7930.

Lyster Army **Health Clinic**

INFORMATION ★ UPDATES

LAHC Renovations

Patient Service Center

Construction of the Patient Service Center at Lyster Army Health Clinic is ongoing and scheduled to be complete by mid-May. The center will house the administrative officer of the day, the patient registration desk,the information help desk and Tricare service center.

Building One Clinic Team

Construction in the Aviation medicine hallway and adjacent areas is scheduled to be complete in mid-April. The project will consolidate primary care, adult medicine and Aviation medicine into one team. This change will enable LAHC allow the clinics to share and increase the number of exam rooms in preparation for patient centered medical home operations.

Patient Security

In order to provide maximum security for patients and staff, public access to Lyster Army Health Clinic is limited to

the main entrance off the large parking lot.

Tricare registration

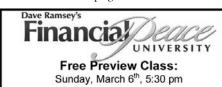
People new to Fort Rucker need to go to the Lyster Patient Administration Division to ensure their Families are registered in this area and the Tricare service center The staff can also help Soldiers and Families set up an account to make appointments online track benefits and more.

Surveys

Soldiers who receive an Army Provider Level Satisfaction Survey in the mail can help make Lyster better by filling it out. The survey is especially imto better utilize resources, portant if people wish to recognize a provider administrative services, or section for a job well

Lyster closed for training

Lyster Army Health Clinic, will close at 1 p.m. March 16 for training. This will include the patient care clinics, pharmacy, laboratory, radiology and all administrative



Class will meet Sundays, 5:30-7:30pm, starting

March 20th thru June 26th (no class April 17th or 24th). Cost: \$100 per person/couple (cost is for FPU Membership Kit & Shipping, class is free if you already have the FPU Membership Kit)

Contact the church office, 334-347-5214, for registration information.



Contemporary Worship Sundays

experience God, not Religion CHURCH 9:00 & 10:30 am

5730 Shell Field Road * Enterprise, AL 36330 334-347-5214 www.GracePlaceChurch.ne



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As a result of the veteran's Benefit Improvement Act of 2008, which the President signed into law October 10, 2008, veterans who wish to refinance their homes are eligible for up to 90% of the appraised value which cannot exceed \$417,000, or purchase a home at 100% of the sales price.

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(334) 347-3411 Ext 246

(334) 470-0924 Cell

(334) 347-3411 Ext 231 (334) 806-8957 Cell

(334) 347-3411 Ext 201 Jeanne Wright (334) 470-6210 Cell

(334) 347-3411 Ext 236 Carla Steiner (334) 447-7390 Cell

FDIC

Spring is school testing time

BY JOHN JENNINGS School Liaison Officer/Youth Education Support Services Director

Spring, specifically March, is school testing time in Alabama. Schools take these tests se-

riously and so should you and your children. While the tests

cover the subjects taught in school all year, they also serve a larger purpose.

The results of these tests are the basis for the choices many people make in selecting a school system to send their children and a community in which to live. States have a similar interest in students getting high test scores.

We have become a society demands that facts be quantifiable, so school test scores are often the basis for a Family's decision

to send their children to one school over another.

These test results are reported back to the schools in minute detail, usually in May so that each school can analyze program weaknesses.

Schools also use these tests to make sure that a child who missed an item has remedial instruction on the missed item the following year.

Finally, in an effort to make sure a child has the best opportunity for academic success, guidance counselors use test scores when scheduling students to make sure they are in classes at levels where

they can achieve.

Testing

dates

ing dates for local

school systems.

Ft. Rucker

Monday-Friday

Enterprise Jr.

High and

Daleville

March 22-23

March 29-31

March 23-24

March 29-30

testing

These are test-

Children can learn valuable test taking skills while taking these tests that will serve them well later when taking the ACT and SAT Reasoning Test for college entrance.

Alabama is in the process of phasing out the current Ala-

bama High School Exit Exam for freshmen in the class of 2015. Alabama will pay for students to take the ACT college entrance exam instead.

How can you prepare for the tests? There are actually several things you can do. Something as simple as a good night's sleep the night before the test helps. Likewise a good high protein breakfast is really important. Finally, brush up on test taking technique.

General Test taking tips:

- Read the directions carefully, can there be more than one correct answer per question? Is there a penalty for wrong answers?
- Work quickly, skip questions you do not know the answer to and mark them so that you can return to them easily, then be sure you do return to them. Be very careful when an-
- swering questions with qualifiers like "seldom," "usually," "always." Make sure you understand the basic ques-
- Guess the answer to the

· Check your work, but avoid changing an answer with-

question before reading all of the answers and before writing it down. Read all of the choices. See if your guess matches any of them. If not try to eliminate obvious wrong answers before making your final choice.

- Watch for grammatical clues like "an." You will know the answer begins with a vow-
- Try reading the question and answer together one at
- out a good reason. Your first answer is usually correct.
- On multiple choice tests check carefully if more than three questions in a row have the same letter for the answer. Go over all of the previous four questions not just the last one. One of them is sure to be wrong.
- If there is no penalty for guessing, like so many points deducted from your html

score for each wrong answer, at least guess an answer in every blank. The only guaranteed wrong answer is a blank. Look for patterns in the finished part of the test. If there are obvious patterns use them in making any guesses.

information More succeedingonstandardizedtests can be found at www.am.dodea. edu/rucker/Elementary/ Standardizedtesttakingtips.



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BIG MAMAS: LIKE FATHER LIKE SON- [201]

FRI: 7:00 & 9:15 • SAT: 2:00, 7:00 & 9:15 SUN: 2:00 & 7:00 • M-THRUS: 7:00 ONLY JUST GO WITH IT - POIS

FRI: 7:00 & 9:15 • SAT 2:00, 7:00 & 9:15 SUN 2:00 & 7:00 • MON - Thurs: 7:00

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YOUTH BASKETBALL

Kinston opens 1st post tournament with win

Story on Page D3



VOL. 61 • NO. 08 ARMYFLIER * COM FEBRUARY 24, 2011

SPORTS SHORTS

ATV TRAIL RIDE

Outdoor Recreation staff hosts an All Terrain Vehicle Trail Ride Saturday from 7 a.m. to 1 p.m. at Outdoor Recreation. Preregistration is required. Open to all ages 16 and over. Patrons must provide their own ATV and protective gear (helmet, boots and etc.). Protective gear must be worn at all times. For more information please call 255-4305.

SPRING BASEBALL REGISTRATION

Registration for Youth Spring Baseball is open until Saturday. Children must meet age requirements by May 1. Current sports physical and a valid **Child Youth and School Services** registration are required for participation. Cost is \$30 with each additional child discounted. Coaches are needed for all age groups. For more information, call 255-9105 or 255-9638.

SEMI-PRO BASEBALL

Tryouts for the Enterprise semi-pro baseball team are Saturday at 1 p.m. at Peavy Park. For more information, call 347-4275.

YOUTH BOWLING REGISTRATION

Youth bowling registration is open until Saturday for children ages 6-18. Current sports physical and a valid Child, Youth and School Services registration are required for participation. Cost is \$25 with each additional child discounted. Coaches are needed for all age groups. For more information, call 255-9105 or 255-9638.

EXCEPTIONAL FAMILY MEMBERS BOWLING

Army Community Service's **Exceptional Family Member Program and Rucker Lanes** sponsor a night of bowling Monday from 5-7 p.m. **Exceptional Family Members** Bowling Night is an opportunity for Active Duty Military Families with special needs to enjoy themselves and to meet other Families that have special needs. Register by Friday. For more information or to register, call 255-9277.

YOUTH AND CHALLENGED SPORTSMAN TURKEY HUNT

The 2011 Youth and Challenged Sportsman Turkey Hunt is March 26 from 5-11 a.m. at the Game Warden's Office located by Outdoor Recreation. Parents and/or escorts of youth and challenged sportsmen must have an Alabama State Hunting License and a Hunter Education Completion Card. You may register at Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

PAN FISH TOURNAMENT

The 2011 Pan Fish Tournament is March 26th from 6:30-10:30 a.m. at Lake Tholocco. Contestants over 15 years of age must have an Alabama Fishing License and a Fort Rucker Post Fishing Permit. To register, visit Outdoor Recreation, Bldg. 24236. For more information, call 255-4305.

SEE SHORTS, PAGE D4



Racers set out on the 10 1/2 - mile road course during the West Beach Out and Back Road Bike Race Saturday at Lake Tholocco. Kevin Schumaker took home top honors for males with a time of 28:18 while 16-year-old Madison Kronberger won the female division with a time of 32:50.

Retired Soldier, teenager, take top bonors during Lake Tholocco West Beach bike race

BY JIM HUGHES Command Information Office

Nine seconds separated the top three racers at the West Beach Out and Back Road Bike Race Saturday at Lake Tholocco.

Retired Soldier and Dothan resident Kevin Schumaker took the top spot with a time of 28:18 during the 10 1/2-mile race sponsored by the Directorate of Family, Morale, Welfare and Recreation.

Madison Kronberger of Dothan earned top honors among females with a time of 32:50 - a full four minutes ahead of her nearest competition.

Second place for males went to Derek Merkler with a time of 28:25 and Tim Gannon finished third at 28:27. Female runners-up were Marla Holmes finished second at 36:58 and Erica Devers took home the third-place trophy at 37:47.

Schumaker went into the race feeling confident, and accomplished what he set out to do.

"Going into it, I thought I had a pretty good chance at winning," the secondyear Out and Back race veteran said. "It's a good ride — pretty fun. There are a couple of steep hills and quick turns — it makes you work hard to stay up there."

The front group consist- race. ed of about seven or eight nearly the end to sprint to the finish, Schumaker added.

"There was a young lieutenant pushing me, and he made a couple of sprints and I had to with the lead group, but Family ride."



Kevin Schumaker accepts his first place trophy from Kristi Fink, DFMWR fitness program coordinator, at the end of the West Beach Out and Back Road Bike Race Saturday at Lake Tholocco.

pull him back in," he said. they passed by me." 'I'm not a sprinter, but I'm a good anchor man to keep things rolling. If he'd taken off a little later. I don't know if I could've got him. I think he spent himself a little early. It was a good run."

As for Kronberger, the 16-year-old took home a win in just her second

"I feel good because riders who waited until I've never won a bike bike races in the area, so race before," she said, "My only other race was the TriStates 100, but I plan to keep on doing this. The course was tough - really hilly. I tried to keep up

DFMWR hosts the annual race as a service to Soldiers, veterans, employees and their Family members, along with the local community, as a way to meet the demand for a little two-wheel competition, said Kristi Fink, DFMWR fitness program coordinator and organizer of the event.

"There aren't that many we're happy to provide this to the Fort Rucker and local communities," she said. "It's a race for some, and for others it's just a nice ride or even a



Down Time

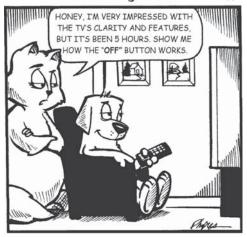








Just Like Cats & Dogs



$t\!e\!st_{ ext{by Fifi}}$ Rodriguez

1. MOVIES: Who played the role of "Pardner" in the Western musical "Paint Your Wagon"?

2. GEOGRAPHY: Minsk is the capi-

3. LITERATURE: In "Gone With the Wind," what were the first names

of the Tarleton twins?

4. HISTORY: When did the Suez

Canal open?
5. MYTHOLOGY: Who was the

Norse trickster god?
6. GENERAL KNOWLEDGE:

What sport did Scotland ban in 1457

for fear that it was interfering with the practice of archery, a vital part of the

7. MUSIC: Frank Sinatra first gained

major fame by singing for which Big

tal of what former Soviet republic?

Super Crossword **SWAN SONGS**

ACROSS
1 Like the
Kalahari
5 Jungle birds
11 Mythical mons 14 RN's

14 RN's specialty 17 Actress Rowlands 18 Lawrence's locale 19 Chanteuse

21 Queens stadium 22 Grace Kelly's final film

24 Money drawer
25 Semester
26 Fred's sister
27 Ultimate
28 Capri, for
one
29 Cabell or
Slaughter

Slaughter 30 Native Peruvian 33 Blood

33 Blood component 36 Off course 38 Jean Harlow's final film 42 Tabula — 43 Button part 44 Assist 45 Director Craven

26

79

84 90

99

51 Rubbish 54 Less

demanding 57 Take a taxi 60 Short 103 Mink's

swim swim 105 Waterston or 105 Waterston or 105 Waterston or 106 Let out the lava 109 Eye part 11 Peter Lorre's final film 114 Ambush man

67 Nags subtly
70 Actor
Tognazzi
78 Redolence
73 Adams or
McClurg
74 Vocalized
75 Vivien
Leigh's final
film
79 Press
80 Amos or
Spelling
81 Nourished
82 Actor
McGavin
McHarle
82 Actor
McGavin
84 12 doz.
85 Texas city
FM Mack or
Knight
89 Wahine's
neckwear
90 Speaker and 124 Spring

With 116 Down, "Touched by an Angel" star 99 Singer Helen

18

80

128

133

diplomat 103 Mink's coat 105 Waterston or Wanamaker

89 Wahine's neckwear
90 Sneeze and 134 Spring wheeze
91 "— o'clock scholar"
92 Soccer shot 136 Paw part
92 Soccer shot 137 Fall behind 138 Answer for 116 Down, "Touched by 139 From the an Angel" top

31 Bull's beloved 32 '58 Pulitzer winner 34 Fury 35 Seize 37 Subdues Simba 38 HS exam 39 Word on a pump top
DOWN
1 Turkish title
2 Tim of 40 Nutritional abbr

See Page D3 for this week's answers.

SJUDION WINDS

GREAT INVENTORS OF THE PAST!

9 Shrivel
up
10 Utter
11 Best
12 Journalist
Jacob
13 "La Divina"
14 Gary
Cooper's
final film
15 Artist
Neiman
16 Machine
parts

parts 20 Meat on the

bones
21 "Tristram
Shandy"
author
23 Dispatched
31 Bull's

19 24

28

43

41 PDQ 41 PDQ, politely 47 Tolkien character 49 Renaissar painter 50 Velocity 52 Play

"Simon & Simon"
3 "Picnic" playwright
4 Showy flower
5 — jacket
6 Geometry term 52 Play ground? 53 Spell 55 "— Cupid" ('58 hit) 56 Othello's term
7 First base man?
8 Helps a hood
9 Shrivel

56 Othello's ensign
58 "— you so!"
59 — fin
62 Rice's vampire
65 Like a cobra
67 Dreiser's "Sister —"
68 Henry

68 Henry Fonda's final film 69 Musical Dinah
Ti Wrong
Mysterious
H makes
candy
dandy
To Worth or

Papas 77 Greek cheese 83 Chianti color color 85 Store 86 "Pal Joey"

author 88 Adroit 93 Geraint's lady 94 German valley

29

96 D-Day

96 D-Day
craft
97 — Cruces,
NM
98 Golfer Alcott
100 Least
humid
102 '58 Everly
Brothers
hit

hit 104 Antique auto 107 Pie nut 108 Do Europe 110 Strut 112 Cuban

112 Cuban currency 113 Erle's colleague 114 Neighbor of Jordan 116 See 95 Across 118 Employees 120 "Green Mansions" girl

girl 122 Actr ctress Nielsen

124 — -Carlo
Menotti

125 Punta del
126 Prepare
prunes

129 Darjeeling
export

export 130 "Yo!" 131 Metallurgist's concern

8. U.S. PRESIDENTS: Who served as FDR's secretary of war 1940-1945? 9. U.S. STATES: Which state's nickname is the Pine Tree State? 10. FOOD & DRINK: What type of fruit is known as a honeydew? See Page D3 for this week's answers.

national defense?

Band leader?

Weekly SUDOKU

by Linda Thistle

		9			1	2		
	4		7					1
6				9			3	
		3		7		1		
	8				9			7
5			3				4	
		2	Г	6		4		
3					7			8
	7		1				5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ***

★ Moderate ★★ Challenging *** HOO BOY!

See Page D3 for this week's answers.

Kid's Corner



picture is ready to jump. If you solve the above rebus, you'll know how far he went. Answer: He went 3 feet (12 in CHES over two feet).

Answers: 1. Paste. S. Acom. 3. Solid. 4. Tribe. 5. Ended.

A REARRANGING CHALLENGE! The frame to the right contains the numbers 1 through 10. We challenge you to rearrange them so that the numbers along any of the four sides will add up to 18. Time limit: 90 seconds.

Square grid. Can you find the four five-letter words that match the definitions below? All words used must read the same both across and down.

1. An adhesive (in place).

2. A mighty seed.

3. Substantial; hearty.

4. A social organization.

DON'T GET STUCK ON THIS ONE! At the right is a Word
Square grid. Can you find the four five-letter words that
match the definitions below? All words used must read the
same both across and down.

1. An adhesive (in place).

2. A mighty seed.
THIS ONE! At the right is a Word

P A S T T E
ARKWRIGHT
FORD
BESSEMER
FRANKI
BESSEMER
FRANKI
THIS OF THE SECOND SECON

GREAT INVENTORS OF THE PAST!

S E V A E R G R A H B Z B F Q
F A R N S W O R T H N E M O R
T H G I R W K R A L S E T R E
K C I M R O C C M S T I C D G
N I L K N A R F E A S T M A N
X I N O C R A M E D I S O N I
P D E F O R E S T T A W H U S
N S I K O R S K Y R A U W R G Hidden in the diagram above are the names of 17 great inventors who helped to make the modern world. They can be found by reading up or down, or side to side. You'll even find them diagonally going up or down. Letters can be used more than once. Listed below are the names you're locking for.

0

SIKORSKY HARGREAVES TESLA EDISON MCCORMICK WRIGHT FARNSWORTH OTIS

Wishing 🏝 Well® 2 6 2 3 8 5 M A O O R F 4 2 4 7 4 5 7 2 6 Y N C O N E C U O O G Y 5 6 R E 5 6 7 3 6 G P A V T 6 C 2 5 4 3 5 7 3 4 3 4 O A R C H S O S M E 4 2 6 2 8 3 A M H W U F 8 6 O C 6

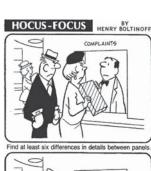
8 2 5 3 S T A R

0

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the up-per left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the to right. Then read the checked figures give you.

2 6 4 6 4 8 7 8 4 7 6 7 7 G G A E I L C F N U S R E

2 3 5 4 2 6 I T D G N N





Kinston opens 1st post tournament with win

BY JEREMY WISE

Kinston's Tanner Morris only scored 2 points against Daleville Christian Fellowship Tuesday, but, oh, how he made them count

Morris banked in a layup with 50 seconds left, helping Kinston grab an 18-16 win in opening the inaugural Fort Rucker Sports 2011 Basketball Tournament.

The tournament is the brainchild of Child, Youth and School Services youth sports director Randy Tolison. The event is not affiliated with the Alabama Recreation and Parks Association, the main governing body of youth basketball in the state

Tolison said the new tournament provides area children who may not otherwise have a chance to participate in postseason play an opportunity to gain valuable experience.

"We wanted to give every child a chance to participate in the postseason instead of selecting an all-star team ... where only 10 to 12 players get that chance," he said.

With teams coming from Kinston, Brundidge, Ariton, Poplar Springs and Elba, Fort Rucker children also have the opportunity to face teams they have not seen, allowing them to hone their skills even further. Tolison added.

"It's good experience for the kids to see kids from different regions," said DCF's 9- and 10-yeardivision head coach Rashad

For Hayes' team, the single-



Kinston players Ben Rogers (20), Brett Hataway (23) and McKenzie Chamblee (4) chase a rebound down as Daleville Christian Fellowship's Mesiah Threatt prepares to defend.

elimination tournament ended in the waning seconds of the opening contest. For a while, though, it looked like it might end earlier as Kinston dominated the second quarter.

Kinston outscored DCF 8-2 in the second stanza to take an 11-5 halftime lead.That lead expanded to 13-5 just 27 seconds into the third quarter when Brett Hataway sunk a shot.

Hayes, though, made an adjustment at halftime, switching to a 1-3-1 zone. Combined with an ex-

switch led to a 12-8 rebounding advantage for DCF.

"If you motivate them, they'll play hard," Hayes said.

Kinston also struggled with DCF's press turning the ball over eight times in the third quarter. That allowed DCF to tie the game at 13 apiece heading into the fourth quarter.

"They played more pressure defense, and our starting point guard has been out," said Kinston head coach Terry Hall. "We've got

tra effort underneath the goal, the another player who handles the ball, but he doesn't handle pres-

> Despite that, Kinston nudged ahead 14-13 and 16-14 in the fourth quarter. DCF's Juan Hayes tied the game with a basket with 2:16 left.

A flurry of turnovers stagnated both offenses, but Morris got free for a layup to secure the win for

Hagen Hall led Kinston with four first-half points. Tyler Presley and Juan Hayes led DCF with five

Terry Hall believes the inaugural postseason tournament is a great idea.

"I think it's fantastic, especially if it's done right ... officiated well," he said."It looks like it will be."

Tolison plans to host the tournament again next year and hopes it will be bigger.

The tournaments, for three age divisions from 9 to 14, continue throughout the week at Fort Rucker and the Daleville Recre ation Center.

Wiregrass Aquatics Club swims for funds

BY RUSSELL SELLERS Army Flier Staff Writer

Members of the Wiregrass Aquatics Club pushed themselves to swim more than 3 miles each during the club's fund raiser at Splash! Pool Tuesday.

The club, whose 33 members are primarily military children, raised money to pay for swim meets, coaches and general upkeep of the club, said Joe Murphy, WAC president.

"We don't have finances from any cities or governments, we're self-supporting," he said. "We compete year-round and we're getting ready to host our own meet in June."

Club members "competed" against themselves Tuesday by swimming up to 200 laps with pledges from various sponsors going to pay for each lap completed.

Jamie Chance, WAC vice president and military spouse, said the ability to hosts meets would be a and its members.

"We've had some bership drop-offs and the fund raiser. since we're getting ready gether," Chance said. "This for breaking up the monotony of practicing for competitions. The members needed something to just have fun."



Sam Beckinger, Wiregrass Aquatics Club member and military child, completes a lap during the club's fund raising event at Splash! Pool Tuesday.

Miguel Martz, club fairly good for Martz, he child, said the club has helped him become a being with the team for enjoyed being able to test his own abilities during

"The time was about to host a meet we need- the same as a normal one.' ed to put something to- practice and I feel pretty good about making it to type of thing is also great 200 laps," he said. "I didn't start getting tired until about the halfway point, I just told myself I wanted to finish."

The season has been

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"Champions aren't made in the gyms. Champions are made from something they have deep inside them — a desire, a dream, a vision."

Muhammad Ali

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member and military said. He made it to the how grateful we are to state competition after (the post) for allowing major boost for the club better swimmer and he just over a year-and-a-half. Pool,"he said."If we didn't

I'm able to swim it in

Murphy said if it weren't for the leadership and staff at Fort Rucker, the team wouldn't be what it

"I can't stress enough us to practice at Splash! "When I started, I could have this pool, we'd be swim 100 meters in two shut down. We've done minutes," he said. "Now fairly well as a team this year, but we're also a very young team. Some of our members have qualified for the state competition and a couple made it to the Southeast regional competition."

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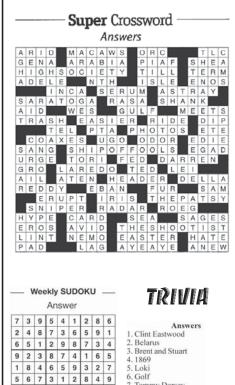
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Continued from Page D1

AVIATION CENTER AAAA GOLF **TOURNAMENT**

Silver Wings Golf Course and Army Aviation Association of America staff hosts the annual AAAA Golf Tournament April 1 from 6:30 a.m. to 2 p.m. Participants must register by March 26. Cost for registration is \$65 per person for SWGC members and \$75 for non-members. For more information, call 300-6321.

NASCAR TICKETS OFFERED AT LEISURE TRAVEL

The Fort Rucker Leisure Travel office offers Talladega Superspeedway tickets for the NASCAR races April 16-17. The prices are \$90 per person for both days and \$45 for Sunday only. Seating is in the Gadsden Grandstands For more information, call 255-9517.

TAOIST TAI CHI SOCIETY

The Enterprise YMCA staff hosts two beginner's classes in the Taoist Tai Chi Society arts of health. Classes are offered Thursdays, 1 to 2:30 p.m. and Saturdays, 10 to 11:30 a.m. The beginner's class covers all 108 moves of the Tai Chi set. Taoist Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. Comfortable, loose clothing and flat-soled shoes are recommended attire. All classes are taught by accredited volunteer instructors. For more information, call 334-348-9008 or 334 347-4663.

BOWLING EVENTS

'Burger and Bowl' Rucker Lanes staff offers a daily "Burger and Bowl" special for \$7. The special includes a cheeseburger, fries, soda, shoe rental and two games of bowling.

EXTREME BOWLING

Extreme Bowling at Rucker Lanes is Saturdays from 8 to 11 p.m. for \$10 and features unlimited bowling with lights, music and glow-in-the-dark balls and shoes. For more information, call 255-9503.

ARCHERY SHOOTS

Fort Rucker Archery Club members conduct weekly shoots at the club's range, located off Whittaker Road. Shoots begin Thursdays at 4 p.m., and members take aim at a 20- to 60-yard practice range, 28 3-D targets along a walking trail or a 10-target area. Annual membership costs \$20. For more information, call 389-6135.

SEMI-PRO BASEBALL

The Enterprise Semi-Pro Baseball league staff hosts tryouts Saturday at Peavy Park beginning at 1 p.m. For more information, call 347-4275.

BATTING CAGES

HOURS The Child, Youth and School Services batting cages are open Mondays-Fridays from 4 to 7 p.m., Saturdays from 2 p.m. to 6 p.m. and closed Sundays. They are located in the Youth Sports Complex on Fifth Avenue between the Post Office and the Youth Football Field. For more information, call 255-9105.



Latest Killzone installment increases combat action, intensity

BY JIM VAN SLYKE Contributing Writer

Killzone 3 should make anyone who's on the fence about buying a PS3 run to the store and slap down the credit card. Even with a weak story, the game is incredibly immersive. The combat is more intense and violent than most other first-person shooters; gamers will not just feel like they are a camera running around while pushing a button that makes things go "boom."

The story - such as it is is about a war between two factions of humans. The good side is the ISA, while the bad guys are the Helghast, a facehiding element that's trying to take over the universe. Killzone 3 begins where the second game in the series left off, with a small group of ISA soldiers marooned on the world. Gamers become Sev, the hero in the second game.

But while the story gives gamers a reason to hicle combat. blow things up, it really doesn't play a large part. zone 3" is one of the best- is an excellent reason

For more information

about animal

adoptions, call the

Veterinary Clinic

at 255-9061.

The Stray Facility

needs donations

such as dry or

canned foods for

cats, dogs, kittens

and puppies, as

well as blankets.

toys and towels.



The fun part of "Kill- looking games ever on zone 3" features incredible first-person shooter combat. From climbing ladders to diving into cover, the game pulls you into the world of the ISA hostile Helghan home and Helghast. The entire game is linear, but there's a nice mix of missions that take place on foot and those that feature ve-

On top of all that, "Kill-

the PS3. Soldiers die realistically, whether they are just slumping to the ground or falling over a rail. It's often hard to remember this is just a

Multiplayer is definitely a highlight. There are three modes to play, with the expected Deathmatch and more objective-based options. The multiplayer

to keep playing Killzone 3, even if the solo game leaves you empty.

Publisher Sony Rated Mature Systems PS3 Cost \$60 Overall 3.5 out of 4

First-person shooter fans absolutely have to give Killzone 3 a shot.

INTHE ARMY FLIER

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