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# ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

OCTOBER 18, 2012

## Conference gives voice to Families

**By Sara E. Martin**  
*Army Flier Staff Writer*

Delegates from all aspects of military life gathered Oct. 10 and 11 at Wings Chapel on Andrews Avenue to discuss how to improve Army programs through the Army Family Action Plan Conference.

Delegates were divided into four workgroups to sort through topics that were submitted over the past year that impact the quality of life for Soldiers, Family members, retirees and civilians, said Shellie Kelly, Army Family Action Plan program manager.

The conference gives the entire Army Family a way to voice concerns to Army leadership and make recommendations for change. Issues can be local or Army-wide and, depending on the recommended course of action, can be forwarded up the chain of command, Kelly said.

"These issues will now be worked in

the AFAP steering committee meetings. Some will be worked and completed here at Fort Rucker or deemed unattainable and some will be elevated to the Training and Doctrine Command level," she said.

Maj. Gen. Kevin W. Mangum, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, opened the conference by telling the delegates about the importance of AFAP and the fact that Fort Rucker has a reputation for bringing forth issues that make it up to the Department of the Army.

"This is your opportunity to make a difference. Be collegial, collaborate with each other and cooperate," he said.

The delegates are selected through an operation order to have a wide demographic before being divided into the workgroups. The four workgroups are: retail/leisure/community workgroup, entitlements/force

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PHOTO BY SARA E. MARTIN

Delegates at the AFAP Conference work together to sort through quality of life issues to make recommendations to solve them Oct. 10 at Wings Chapel.



PHOTO BY NATHAN PFAU

Fort Rucker Elementary School students learn about the transfer of potential and kinetic energy as they attempt to move balls on top of a parachute during the 2012 Fort Rucker Energy Expo at the festival fields Oct. 10.

## Expo educates children, adults

**By Nathan Pfau**  
*Army Flier Staff Writer*

The future of energy use and fuel consumption is ever changing, and Fort Rucker aims to be at the forefront when it comes to implementing and educating people on the installation on going green.

Fort Rucker's Directorate of Public Works teamed up with the Fort Rucker Elementary School to host the 2012 Energy Expo at the festival fields Oct. 10 to educate people on why energy conservation is important, according

to Trevor Martin, energy engineer for DPW.

"October is Energy Awareness Month, so we're trying to increase our efficiency on post, and reduce waste to save money," he said. "Some of the things we do to do that is implement technology, but the other part of it is raising awareness and having an energy-saving culture."

"This event helps promote that culture and lets people know what we're trying to do [on Fort Rucker]," he continued. "We want to show people that there are different technologies that are out

there, and show them how they can save money at home or at the facilities that they work in."

Different vendors came to the expo to showcase various energy-saving technologies, from all-electric vehicles like the Tesla Roadster, to the Sun Oven, which cooks food using only energy and heat from the sun.

"The global Sun Oven heats up to 350 degrees, and you can cook things like a 12 pound turkey, bake bread, muffins, cookies, casseroles and brownies," said Craig

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## NBA ref, former undercover cop speaks to Soldiers

**Fort Rucker Public Affairs**  
*Press Release*

NBA referee and former undercover policeman Bob Delaney will visit Fort Rucker Tuesday and Wednesday to speak to Soldiers, spouses and civilians about post traumatic stress.

Delaney's visit is part of the U.S. Army Training and Doctrine Command's Post Traumatic Stress Outreach Program and he will speak five times at the post theater during the two days, according to U.S. Army Aviation Center of Excellence G3 officials.

Tuesday's sessions are 1-2:30 p.m., 3:30-5 p.m. and 6:30-7:30 p.m., and Wednesday's sessions are 9-10:30 a.m. and 1-2:30 p.m. The primary audience for the duty day sessions are USAACE military personnel; however, open seating has been programmed to provide an opportunity for others to attend, according to G3 officials.

The event is mandatory for all USAACE military personnel who are present for duty, with some exceptions to limit the impact on the USAACE training mission. Specific seat allocations have been coordinated and synchronized with unit operations

officers, according to officials.

The event is open to the post and in addition to USAACE military personnel, USAACE non-military personnel, garrison organizations and tenant units (military, civilian, and spouses) are encouraged to attend on a voluntary basis, according to officials.

According to his biography, Delaney's riveting life story has been told by HBO's Real Sports, ESPN and ABC, in dozens of newspaper and magazine articles throughout the United States and Europe and in his critically acclaimed book, *Covert: My Years Infiltrating the Mob*.

Delaney has risen to the top of two elite organizations – in law enforcement as a highly decorated trooper with the New Jersey State Police, and as one of the NBA's most respected referees. His NBA career began in 1987 and his officiating portfolio includes more than 1,700 regular season games, 180 playoff contests and 10 finals, it is stated in his bio.

Delaney has made a major contribution away from the game as well. He testified before the

SEE REF, PAGE A5

## Flu vaccination limited now, broadens later

**By Sara E. Martin**  
*Army Flier Staff Writer*

Influenza season is upon Fort Rucker but Lyster Army Health Clinic is currently offering the vaccine to active-duty personnel and children less than 3 years old only, but encourages everyone to remain vigilant about getting the vaccine.

Due to the limited availability, Lyster will have special opportunities later in the season for everyone to get vaccinated, said Carolyn Peterson, a licensed practical nurse and allergy immunology technician at Lyster.

A Children's Flu Clinic will be available Oct. 30 from 4-5:30 p.m. and Nov. 5 from 4-5:30 p.m., which will focus primarily on school-age children, at the Lyster Immunization Clinic. The vaccine will also be available to retirees and their Family members at the Retiree Appreciation Day Oct. 26 from 8 a.m. to noon at the Fort Rucker Physical Fitness Facility.

Peterson said the vaccine will be available to all beneficiaries Oct. 29.

The best way to prevent the flu, according to Peterson, is to get the flu vaccine each season. There are two types of flu vaccines: inactivated vaccine with a "dead" virus and attenuated vaccine with a "live" or weakened virus that is sprayed into the nostrils.

Different types of people are encouraged to get vaccinated.

"Everyone who is at least 6 months-of-age should get a flu vaccine this season. It's especially important for people who are at high risk of developing serious complications like pneumonia if they get sick with the flu, such as people who have asthma, diabetes and chronic lung disease. Pregnant women, people 65 and older and people who live with or care for others should also be aware of the importance of getting vaccinated," said Donna Upshaw-Combs, community health nurse.

Though the staff at Lyster wants everyone who is healthy to get the shot, there are some people who should not get vaccinated, according to Peterson.

"If a patient has a severe allergy to eggs, had a severe reaction after being previously vaccinated, has Guillain-Barre Syndrome or is ill they should not be vaccinated with the inactivated vaccine. Adults over the age of 50 and children younger than 23 months of age, pregnant women, anyone with a weakened immune system, or people with long-term

SEE FLU, PAGE A5



PHOTO BY SARA E. MARTIN

Lawonda Dunford, an occupational health patient, awaits a vaccine given by Jeanie Eddy, an LPN and allergy immunology technician at Lyster Army Health Clinic.



# PERSPECTIVE

## CFC: Every dollar makes a difference

By Combined Federal Campaign  
CFC Foundation Website

Combined Federal Campaign officials want people to know that every dollar given to the campaign counts and makes a difference.

**\$1 a week buys:**

- 12 elementary school students trained volunteer tutors to help with reading and math;
- 10 children with bilingual beginning-to-read books to build early literacy skills;
- three 30-minute appointments for health assessment and counseling for individuals facing physical, developmental or mental health challenges;
- one acre of unprotected tropical rainforest that assures protection of the natural areas vital to the climate and diverse species; or
- one hour of expert training for a citizen’s group interested in preserving natural areas in their communities. That’s \$52 a year.

**\$5 a week buys:**

- two months of meals for a homebound person;
- five wigs for children with cancer undergoing chemotherapy;
- two nights of shelter for a troubled or neglected youth;
- after school care (food, health, recreation and homework

**Fort Rucker campaign update**

By Beverly Arnold  
Wiregrass Area Associate  
Heartland of Alabama CFC

Fort Rucker’s Combined Federal Campaign stands at 47 percent of goal completion, with \$539,595 in total pledges against the \$1.15 million goal. That’s a 10-percent increase over last week and we are several percentage points ahead of last year’s pace. Organizations that have not started yet should jump on board — let’s all keep leaning forward!

- help) for one child for a year;
- clothing, shoes and a winter coat for one individual who has lost everything in a home fire;
- temporary shelter for a Family of four for three nights following a disaster, or shelter for 10 people for one night;
- three bowling trips for seniors; or
- gas or power service for an elderly or disabled person who has been threatened with a utilities termination notice. That’s \$260 a year.

**\$10 a week buys:**

- two days of care for a terminally ill individual;



- baby formula for 52 infants in low-income Families (one each week);
- a full year of scouting for two girls;
- five-and-a-half weeks of work training;
- one month of preschool for an at-risk child;
- funding for daily radio legislative updates during the legislative session and monthly for interim committees;
- lightweight wheelchair for a person who is physically challenged;
- posters and other educational materials to inform national park visitors about steps they can take to help prevent increased air pollution in their parks; or
- the chance for five people being treated for mental illness to attend recovery classes that provide education, peer support and healing strategies. That’s \$520 a year.

## Legal office advises on deer strikes, claims

By Michael Murphy  
Claims Division  
Fort Rucker Office of the Staff Judge Advocate

It’s almost that time of year again when the deer are running amuck and doing seemingly idiotic things like jumping in front of cars as they travel to and fro.

Deer have a mind of their own — they react unexpectedly when near roads and this behavior increases during the annual rut. In a situation where a deer darts in front of you, the only thing you can control is your own reaction to seeing the deer in your path.

Never swerve to miss hitting a deer. Once you swerve, you are at a much greater risk of hitting oncoming traffic, a tree, a guard rail, a light post, or running into a ditch. The damage from hitting a deer is often minimal in comparison to hitting one of those other objects. Injury is also a lot more likely when you swerve to miss a deer. The potential for losing control of your vehicle and crashing greatly outweighs the consequences of the deer strike.

Prepare yourself for a potential deer

accident by rehearsing the situation in your mind, driving defensively and talking to your insurance company about your coverage in this type of scenario.

When a deer strike happens on post, one of the first questions many people ask is whether the Army is responsible and if a claim can be filed. The short answer is no, because hitting a deer is not an unusual occurrence and the accident does not involve negligence on the part of a U.S. government employee.

Under Chapter 11 of Army Regulation 27-20, “Claims resulting from unusual occurrences are generally payable when they result in losses at quarters, damage to vehicles while properly on post or while being driven for the convenience of the Government, or other types of loss or damage to a proper claimant’s property while the claimant was acting incident to their service. Unusual occurrences include but are not limited to fire, flood, hurricane, earthquake, or weather phenomena that are unusual for the location of the loss.”

In addition, Department of the Army Pamphlet 27-162 states specifically that “[c]

ollisions are not unusual occurrences. Claims for damages arising from such incidents may be paid as personnel claims only when the vehicle was being used under orders for the convenience of the government. For example, it is not an unusual occurrence for a parked vehicle to be struck by a shopping cart in a commissary parking lot or by a hit-and-run driver, nor is it an unusual occurrence for a motor vehicle to strike a deer on the installation. Unless the vehicle was used for the convenience of the government, claims for these incidents would only be payable if the government was liable under a tort claim authority.”

In order for a driver to claim that he or she was using their personally owned vehicle “for the convenience of the government,” there must be written orders stating that fact.

Damages resulting from deer strikes are also not compensated for under Chapter 4 of AR 27-20, the Federal Tort Claims Act, which protects individuals from the negligence of government employees.

Under Alabama law, visitors to Fort Rucker are entitled to not be willfully or negligently

injured while on post. For business invitees and employees, the government has a duty to maintain the premises in a reasonably safe condition, or to warn of all non-obvious or unexpected dangers that become known to the government.

For instance, if there is a large pothole in the road, the government must repair the pothole within a reasonable time after it learns of it or post warning signs to alert drivers of the possible danger. There are some deer warning signs posted on various roads on Fort Rucker. However, while potentially dangerous and often resulting in costly repairs, deer unexpectedly crossing the road do not qualify as a hidden danger that the government must warn about.

Drivers are cautioned to slow down and be aware of their surroundings. In the event a driver gets into an accident with a deer, the driver should call the military police to report the incident and consult his or her insurance carrier to pay for any vehicle repairs.

For any questions you may have regarding filing a claim, call the claims office at the Fort Rucker Office of the Staff Judge Advocate at 255-2517.

## Rotor Wash “What’s the best advice you’ve received about having a successful marriage/relationship?”



**Nicole Hammrich,  
military fiancée**

“To take things with a grain of salt. You need to be able to change your mindset because you can’t have control over everything.”



**Kyra Garofolo,  
military spouse**

“Compromise is important in marriage, especially in a military marriage. I was told to always talk and never go to bed angry.”



**Alec Nicholson,  
military spouse**

“I was told to be flexible—to understand that things will change and you have to support each other through that change.”



**Alycia Ongiri,  
military spouse**

“Communication and listening to one another as well as supporting each other is the best advice I’ve ever received.”



**Cindy Ballagh,  
military spouse**

“Patience. In the Army, nothing ever goes as planned, so if you’re not patient with the way things change and with what life throws at you you’re not going to make it.”

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FORT RUCKER COMMANDING GENERAL

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# Creepy critters not just for Halloween

By Nathan Pfau  
*Army Flier Staff Writer*

October brings with it the fun and frights of Halloween, but the cooler weather can also bring out real-life creepy critters that people might encounter in the wilderness.

Fall seems to bring with it an increase in the snake population on Fort Rucker, but according to Danny Spillers, fish and wildlife biologist with the Directorate of Public Works, the season's cooler weather just makes for easier interactions with the reptiles.

"There seems to be an increase in sightings during the fall rather than an increase in snake population, and there are two reasons for that," he said. "During this time of year, many of the snakes young have been born, so they're trying to go out and establish their territory.

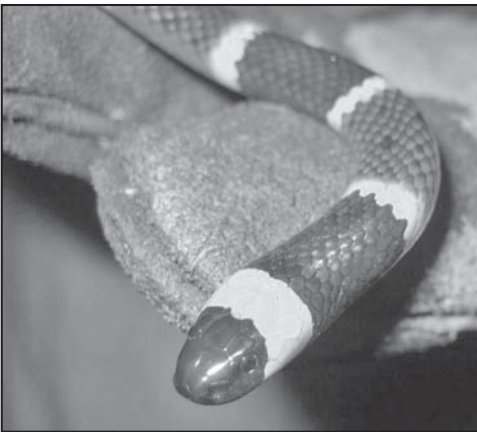
"Secondly, during cooler weather, snakes are a lot more active than they are during the hotter summer months," he continued. "Those two things make them more visible to the population on Fort Rucker, not to mention the fact that people are out and about more because of the cooler weather as well."

There are a wide variety of snakes on the installation, many of which are not dangerous and pose no threat to people, according to Spillers, but there are a few that people should especially avoid. These snakes are the Eastern Diamondback rattlesnake, the Timber rattlesnake, the Pygmy rattlesnake, Copperheads, Cottonmouths or Water Moccasins, and the Coral snake.

"The Eastern Diamondback is the largest of the venomous snakes we have on Fort Rucker and they can be identified by the diamond shape markings along its back," said the wild-life biologist. "The rattlers along with the Copperheads and Cottonmouths are all pit vipers, which have one main distinguishing characteristic – a wedge-shaped head."

Spillers said that most of the venomous snakes on Fort Rucker have a head that is noticeably larger than its body and shaped like a triangle. Non-venomous snakes' heads usually just flow into the body of the snake without much difference in size, but the Coral snakes head has no such distinction, he added.

"[The Coral snake] is a really colorful snake with red,



COURTESY PHOTO

**Coral snakes, just one of the many venomous snakes found on Fort Rucker, are most notable for their red, yellow/white, and black colored banding. Other venomous snakes that people might encounter include the Eastern Diamondback rattlesnake, the Timber rattlesnake, the Pygmy rattlesnake, the Copperhead, and Cottonmouth or Water Moccasin.**

black and yellow bands along its body," said Spillers. "It's a smaller snake and very reclusive, and unlike most venomous snakes, it doesn't have a wedge-shaped head and its fangs are in the back of its mouth."

The Coral snake shares a common coloring with the Scarlet King snake, a non-venomous snake, he added, and people can distinguish the two by looking at the tip of the snake's nose. The tip of a Coral snake's head will be black, but the tip of the head of a Scarlet King snake won't be.

Because of the snake's reclusive and unaggressive nature, along with the fact that its fangs are so far back in its head, it's unusual for people to actually be bitten by the Coral snake, he said.

"This is not a snake that can easily strike you and inject its venom," said Spillers. "It would basically have to grab onto your finger and start chewing on you to get it's venom into you," adding that this fact makes the snake no less dangerous than the others.

The Coral snake's venom is particularly dangerous com-

pared to the other snakes because its venom is neurotoxic venom rather than hemotoxic venom, according to the wild-life biologist.

"Neurotoxic venom works directly on the nervous system, which can be particularly harmful when it gets into the blood stream," he said. "The hemotoxic venom of the pit vipers are very harmful as well, but it is a blood toxin that causes necrosis of the tissue and kills the tissue around the area of the bite."

Spillers said both venoms are dangerous, but neurotoxic venom is harder to deal with and treat, but prevention is the best form of medicine.

"If people do encounter one of these snakes, they shouldn't try to catch or kill it," he said. "There are many instances where people get bitten by a snake because they tried to catch or kill it.

"Most snakes aren't very aggressive, so if you leave them alone, they will leave you alone," he continued. "Most of the time you would have to step on them or show them you were some type of threat before they would strike."

Spillers also said that if people know they are going to be traveling in wooded areas, they should wear clothing that is appropriate to the environment like boots or some type of heavy footwear that covers up to at least their ankles.

If a person does come across one of these poisonous snakes in an area they can't avoid, however, he suggests that people call the military police desk on Fort Rucker at 255-2222, and they will get in contact with the game warden to try and relocate the snake, if possible.

"If you just keep your yard clean and don't have piles of lumber and things like that too close to your house, it will help keep the snakes away," said Spillers. "A cluttered yard with lots of debris tends to attract rodents, which will attract snakes."

Also, if a person is bitten by a snake, he recommends that the first thing that people try to do is get medical attention as fast as they can.

"Don't try to cut yourself and suck the poison out," said Spillers. "That can lead to more complications if people don't know what they are doing, and if they can get to medical attention in a reasonable amount of time, even if it's a couple hours, they should do so."

## USAARL celebrates 50 years of excellence, innovation

By Nathan Pfau  
*Army Flier Staff Writer*

Soldiers and senior leaders of Fort Rucker came together at the Neel Aeromedical Science Center to celebrate the U.S. Army Aeromedical Research Laboratory's 50th anniversary, and pay tribute to its buildings namesake, Maj. Gen. Spurgeon Neel.

The ceremony began with a commemorative ceremony followed by a science symposium and panel discussion, and a tour of USAARL's facility.

"Today's observance is an opportunity for us to acknowledge the significant accomplishments of the past and present members of the U.S. Army Aeromedical Research Laboratory," said Maj. Jonathan Deeter, narrator for the ceremony. "We also come to commemorate the tradition of research excellence embodied in the advancement of aeromedical capabilities utilized on and off the battlefield."

USAARL's main mission is to discover innovative medical solutions for the Army by conducting basic and applied medical research, according to Col. Dana Renta, commander of USAARL. "We work to discover new answers to problems or we take known answers and discover ways to develop new solutions. USAARL is one of the Army's top medical and technological enablers."

USAARL has helped in development and research in many areas, such as hearing and vision thresholds, medical standards, jet-lag, fatigue, helmets, visors, night-



PHOTO BY NATHAN PFAU

**Maj. Gen. Kevin W. Mangum, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, Maj. Gen. James K. Gilman, U.S. Army Medical Research and Materiel Command commanding general, Alice Neel, wife of Maj. Gen. Spurgeon Neel, pioneer for USAARL, and Col. Dana Renta, USAARL commander, unveil the plans for the new biodynamics research facility during the USAARL 50th Anniversary Observance at the Neel Aeromedical Science Center on Fort Rucker Oct. 11.**

vision goggles, seats and restraints, and hovering aids, according to Renta.

"Our strength lies in our ability to transform ourselves – to adapt to change, be agile and responsive, and to find relevant and affordable medical solutions, regardless of environmental or resource constraints," she said. "Our strength is in our network partners and the Aviation community."

Maj. Gen. James K. Gilman, commanding general of the U.S. Army Medical Research and Ma-

teriel Command, agreed that partnerships are important to success.

"It is important to point out that this laboratory started as a true partnership between the medical community and the Aviation community," he said. "That partnership has been the key to success over the last 50 years, and I will tell you that the partnership is absolutely alive, well and vital, today."

The research laboratory got its start in 1962 when the U.S. Army Aeromedical Research Unit was established as a result of a staff

study conducted by Neel and Maj. Gen. Ernest Easterbrook, then commander of the U.S. Army Aviation Center and commandant of the U.S. Army Aviation School, according to Renta.

"As with everything, it began with a thought," she said. "As a medical company commander assigned to the 69th Infantry Division in Germany in 1945, [Neel] and his unit became stranded on the wrong side of the Elbe River. He thought, if he only had a helicopter to take his wounded to get

medical care."

At that moment, he envisioned a better way to transport wounded Soldiers off of the battlefield, but he knew that a good idea wasn't going to be enough to spark change, said Renta. If he wanted change, he would have to create an infrastructure and secure the backing to get it done.

"Half a century later, [Neel's] vision has led to battlefield survivability rates that exceed 95 percent," she said. "All because he dared to imagine and chase his dreams, and all in support of our wounded warfighters."

After the official part of the ceremony, people in attendance were able to take a tour of the facility and see the different aircraft that USAARL helped improve, see scrapbooks of USAARL's history, and look at the different divisions of the facility such as the Warfighter Health Division, Sensory Research Division and Warfighter Protection Division.

The research laboratory's latest endeavor is the renovation of the new biodynamics research facility, which will house the installation's largest non-ballistic projectile launchers and a vertical acceleration tower, according to Renta.

"Today's observation is a celebration that reminds us that relationships matter," she said. "It's USAARL's promise to the Aviator, the airborne Soldier and the ground warriors, that we're going to continue to find medical solutions that reduce health hazards, prevent injury, and protect and improve performance."

## Army releases 4th quarter accident data

By Julie Shelley  
*Strategic Communication Directorate  
U.S. Army Combat Readiness/Safety Center*

Data recently compiled by the U.S. Army Combat Readiness/Safety Center show fiscal 2012 was the second-safest year for Soldiers on record, with a 9-percent annual decline in accidental fatalities continuing a downward trend first begun in fiscal 2007.

A total of 161 Soldiers died in accidents during fiscal 2012, a tie with numbers recorded in fiscal 2000. Fiscal 1997 was the Army's safest year, with 150 accidental fatalities reported both on and off duty.

"Our leaders, Soldiers, safety professionals and Family members should be very proud of what they've done for safety," said Brig. Gen. Timothy J. Edens, director of Army Safety and commanding general, USACR/Safety Center. "Between our sustained operations overseas, including combat, and the transition back to home station oper-

ations for a majority of our force, things could have gone much differently.

"The fact we're back at peacetime accident levels despite the flux demonstrates the commitment our leaders and Soldiers have to safety, and to one another."

Several on-duty areas saw significant improvement during fiscal 2012. With four combined losses, fatal Army Combat Vehicle accidents, which had been on an upward trend since fiscal 2009, fell to their lowest point in six years. Aviation fatalities were at a decade low, besting last year's performance with a drop from 11 aircraft-related deaths to 10.

Despite this success, Edens cautioned against complacency, especially regarding off-duty safety.

"Of our 2012 off-duty fatalities, 84 percent were the result of privately owned vehicle or motorcycle accidents," said Edens. "We've been fighting this battle for years, and while we're making progress, we can't let improved numbers give us a false sense of security. After all, each of those numbers rep-

resents a Soldier who's no longer with his or her formation or Family.

"Reaching Soldiers off duty has always been a tough issue. The new fiscal year is a good time for us to take a fresh look at our safety and engagement programs and make needed changes."

Looking ahead, Edens urged leaders and Soldiers to stay alert to the dangers of indiscipline, which remains a leading problem in POV and POM accidents.

"Accidents don't occur in a vacuum — someone knows when a Soldier is engaging in high-risk behavior," he said. "If it's not a leader, it's a fellow Soldier or buddy. Fate isn't responsible when a Soldier dies in an accident; we're the ones responsible if we didn't do everything we could to prevent it from happening."

The Army's latest safety campaign, Know the Signs, is themed around personal accountability in combating indiscipline. The complete campaign, featuring media releases, video public service announcements, posters and other downloadable materials, is available at <https://safety.army.mil>.

## News Briefs

### Retiree Appreciation Day

Fort Rucker invites retirees and their Families from across the Wiregrass to attend its 38th annual Retiree Appreciation Day Oct. 26. The day features an information and health fair from 8 a.m. to noon at the Fort Rucker Physical Fitness Facility on Andrews Avenue, a retirement ceremony at 2 p.m. at the U.S. Army Aviation Museum, cake and shopping at the post exchange at 3 p.m., and a social hour, dinner and a guest speaker on retiree matters at The Landing beginning at 4 p.m. The dinner costs \$15 and attendees must sign up in advance. For more on the event, call 255-9124.

### Retirement ceremony

Fort Rucker hosts its retirement ceremony Oct. 26 at 2 p.m. in the U.S. Army Aviation Museum. Everyone is welcome

to attend the event and honor the post's latest retirees.

### Veterans Day

Fort Rucker hosts its Veterans Day ceremony Nov. 9 at 3:30 p.m. at Veterans Park, in front of the museum near the Daleville Gate. Everyone is invited to attend the ceremony as the post pays tribute the nation's veterans.

### Native American Heritage kickoff

Army and Air Force Exchange Service and the Fort Rucker Equal Opportunity Office host the post's two-day Native American Heritage kickoff event Nov. 2-3 from 11:30 a.m. to 2 p.m. each day at the main exchange. The event will feature tribal dances, music, historical displays, vendors and more. For more, call 598-9423.



# Voice: Delegates seek to identify, fix problems

Continued from Page A1

support workgroup, Family support/civilian workgroup and garrison support workgroup.

“We have everyone from junior enlisted Soldiers to senior officers, from veterans to Department of the Army civilians and Family members,” said Kelly.

The delegates seek to understand what the issues are, determine if it’s really a problem, why it is a problem and what it would take to fix it.

“A lot of people have had good input, and I can really see some good recommendations forming. I really feel that my input is being listened to. We have great minds at Fort Rucker; I wouldn’t expect anything less from my Branch,” said Staff Sgt. Adam Loera, NCO Academy.

For individuals who have encountered quality of life issues or problems, the AFAP conference is how their voices get heard. Others, though, may think that their voice doesn’t matter, but Kelly insists that many programs that people are familiar with started at the AFAP Conference.

“People may not realize that it is here that change is often made. Take Better Opportunities for Single Soldiers. Soldiers like the trips and the opportunities, but they don’t

understand how it came to be. It was AFAP,” she said, adding that the number of AFAP submissions almost doubled for this year’s conference, proving that people are beginning to understand the difference they can make.

Ryan Yearicks, Army spouse, veteran and delegate at the conference, said if the other groups worked together as his did then great things should be expected at the report out.

“We dug down deeper into some of the topics that we had to address. Some of the issues brought forth just scratched the surface, so we had to address a problem that was causing the issue. That’s what makes me feel like we truly are helping,” he said.

Once the delegates came to a consensus on the top issues per workgroup, they came together for the report out.

Mangum and Col. Stuart J. McRae, Fort Rucker garrison commander, heard the top issues from each group and shortly after the conference voted on the issues brought forth in the report out to decide which were the Top 5 issues overall.

The Top 5 Fort Rucker priority issues were post traumatic stress disorder guidelines and education for tran-

sitioning service members, the elimination of additional duty service obligation for Post 9/11 GI Bill transferability, to streamline the referral system at Lyster Army Health Clinic, to combine the military and contractor secret security clearance transferability to civilian security clearance and the inclusion of seventh grade in Fort Rucker schools.

“Ninety percent of problems that come in are fixed at the garrison level,” said Kelly, though this year’s Top 5 problems, according to Mangum, cannot be fixed locally.

“These are good issues. These are some of the more thoughtful issues that I have seen come from an installation. But as I look at these Top 5 issues, none of these are really ours to fix here at Fort Rucker, because we cannot address them [locally],” he said, adding that although other local issues didn’t make the Top 5, those issues will soon be dealt with here at Fort Rucker.

The conference was deemed a success by delegates, senior leaders and conference coordinators.

“The best thing about the military is that we can come together from such varied backgrounds. Everyone involved cares and works hard to produce a quality product that improves people’s lives,” said Kelly.

# Expo: Students explore world of energy conservation

Continued from Page A1

McManus, Sun Oven owner, adding that the oven uses the greenhouse effect to cook food.

“The sunlight comes in and reflects off the reflectors and bounces into the oven,” said Robert Weimer, solar installer.

“When the light goes through the glass, the heat gets trapped inside and can’t come back out.”

The oven works completely independently of man-made power and can also be used to boil and sanitize water, added McManus.

Although the expo was a place where people could witness things like the Sun Oven, it was also an opportunity for the Fort Rucker Elementary School to teach its students about different types of energy and energy conservation.

“The children are learning about all kinds and types of energy, and how simple energy can be as well as how powerful it can be,” said Vicki Gilmer, Fort Rucker Elementary School principal. “They’ve been learning about potential and kinetic

energy, chemical and sound energy, as well as using elastic energy to do engineering design projects. [These activities] help them understand it on their level so that they can build on it in the future.”

Some of the activities the children participated in were making pinwheels to demonstrate wind energy and using a parachute to demonstrate energy transfer as well as the greenhouse effect.

Ethan Hanks, a fifth grade student at Fort Rucker Elementary School, said his favorite part of the expo was the activities he did with his classmates with the parachute.

“I really liked doing the wind parachute and learning about kinetic energy,” he said. “I learned about how the sun can go through things and how the heat gets trapped in, and that’s how the greenhouse effect works.”

Baily Nolan, Fort Rucker Elementary School fifth grader, said her favorite activity was the arts and crafts that they were able to do during the event.

“My favorite part of the day

was making the pinwheels and learning about solar energy,” she said. “I learned a lot of about solar power and how it can really help people. I also learned that solar power is a good way to go because wasting energy is not a very good thing to do.”

Educating people was the main goal of the expo, and Martin said that it is important to start that education at a young age.

“It’s a good thing to have them learn at a young age because it creates a culture for them,” he said. “If they remember to close that door or shut that light off – that’s how we have to start.”

The installation is not all about talking about energy conservation and no action, however. Martin said Fort Rucker has already implemented energy-saving technologies into many of the facilities on the installation, and has many more plans to do so in the future.

“We’re actually in the process of putting in a solar array at Hatch Stage Field,” He said. “Our goal is to make that stage field Net Zero.”

Net Zero, which is when the Army’s ultimate goal when a facility generates as much it comes to energy use, said renewable energy that is used, is Martin.



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# Flu: Officials emphasize vaccination importance

Continued from Page A1

aspirin treatments or health problems should not take the live, intranasal vaccine,” said Peterson, adding that a healthy person can choose to have the injection instead of the live mist if they choose.

Flu seasons’ severity varies each year as the virus evolves, so officials emphasize the importance of being vaccinated to protect against the illness.

“Over a period of 30 years, according to the Centers for Disease Control, between 1976 and 2006 estimates of flu-associated deaths in the United States range from a low of 3,000 to a high of 49,000 people,” said Lt. Col. Samuel Jones, chief of preventative medicine at Lyster.

Basic hygiene such as hand washing and covering coughs and sneezes can help prevent the spread of the illness.

“The flu is very contagious and can spread when people with the flu cough, sneeze or talk. Sometimes the virus is spread when people touch surfaces or objects that have the flu virus on it then touching their own face. So it’s important to be vigilant about hygiene for yourself as well as your children,” said Peterson.

People often think that getting the flu vaccine makes them sick, which Peterson said is not true, stating that the immune system was compromised before receiving the shot or mist.

“The virus can be passed on to someone before the in-

fecting individual is aware that he or she is sick and the virus can spread while the infected individual is or is not exhibiting symptoms. Most healthy individuals can infect others beginning Day 1 before symptoms develop and up to seven days after becoming sick,” said Jones, adding that it can take up to a week for the body to create antibodies to fight off the flu.

It is not uncommon to have flu-like symptoms after being vaccinated.

“Many patients complain of having symptoms such as a cough and a headache, but these problems only last a day or two,” said Peterson.

For more information about the influenza vaccine, call 255-7325.

# Ref: Delaney discusses post traumatic stress with Soldiers

Continued from Page A1

U.S. Senate on organized crime in 1981, detailing his perilous undercover work for the New Jersey State Police – putting his life on the line for nearly three years infiltrating the Genovese and Bruno crime Families, according to the bio.

Delaney presents leadership and teamwork seminars before corporate, university and community organizations. For the past 30 years he has provided training before federal, state, county and local law enforcement officers and agents throughout the United States, Canada and Europe. He has helped many to understand and identify symptoms of Post Traumatic Stress Disorder and the impact it has on the individual, and the ripple effect to Family and friends. He also spoke at Fort Hood, Texas, to Soldiers and law enforcement after the horrific shootings in 2009, according to his bio.

Delaney’s book titled “Surviving the Shadows: A Journey of Hope into Post Traumatic Stress” was released in September 2011.



Bob Delaney, NBA Cares ambassador, speaks with Warrior Transition Unit Soldiers at Fort Sill, Okla., in April about his experiences as an undercover New Jersey state police-man and his battles with post traumatic stress. Delaney will speak at Fort Rucker Tuesday and Wednesday.

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# 25th CAB loads helicopters on planes



PHOTO BY D. MYLES CULLEN

Spec. Jessie Mullally, B Co., 209th ASB, 25th CAB, originally from Frostproof, Fla., ties down a UH-60 Black Hawk medevac helicopter from C Co., 2nd Bn., 211th Avn. Regt. of the Minnesota National Guard, in a C-17 Globemaster III to be transported to Forward Operating Base Shindad, Afghanistan, on Kandahar Airfield, Sept. 24.

By Capt. Richard Barker and  
Sgt. Daniel Schroeder  
25th CAB Public Affairs

KANDAHAR AIRFIELD, Afghanistan — As dusk approached Sept. 24 on Kandahar Airfield a C-17 Globemaster III arrived to load two UH-60 Black Hawk MEDEVAC helicopters for movement in support of the 25th Combat Aviation Brigade.

The UH-60 Black Hawks were brought to Kandahar by C-5 Galaxies, which are capable of carrying four UH-60s each. Moving rotary-wing aircraft on fixed-wing assets provides advantages such as longer range and the ability to transport multiple helicopters with the use of only one crew, which effectively saves money and increases safety.

The Soldiers of the 25th CAB worked diligently to load the MEDEVAC helicopters from C Company, 2nd General Support Aviation Battalion, 211th Aviation Regiment who will be supporting 3rd Battalion, 158th Aviation Regiment, Task Force Storm.

Two teams of 25th CAB Soldiers were

selected for the mission in order to be available to receive and load the aircraft at any time. The selected Soldiers were from 209th Aviation Support Battalion, 3rd Bn., 25th Avn. Regt., and 2nd Squadron, 6th Cavalry Regiment.

“Our main challenge for this operation was the first load,” said Staff Sgt. Cain Hennings, CH-47 section sergeant, B Company, 209th ASB, 25th CAB, a resident of Honolulu, Hawaii. “We had to retrain our Soldiers on the procedures and safety precautions for loading aircraft. The first load took us 2 1/2 hours from start to finish; now we are under one hour.”

The Soldiers loaded a total of 15 MEDEVAC aircraft in support of TF Storm.

“Everyone worked together great,” said CW4 Hector Aponte, production control officer, B Co., 209th ASB, 25th CAB, also the officer-in-charge for the load-up operation. “The Soldiers had a high level of proficiency during the mission. They completed the task with minimal instruction and no safety issues.”



PHOTO BY SGT. DANIEL SCHROEDER

## JUMP FARP TRAINING

A CH-47F Chinook helicopter, assigned to 3rd Bn., 158th Avn. Regt., TF Storm, currently attached to the 25th CAB, sling loads fuel blivets as part of a training exercise to set up a jump forward arming and refueling point on Forward Operating Base Shindand, Afghanistan, Oct. 3.

## Black Hawk pilot remembered as Aviation hero

By Sgt. Daniel Schroeder  
25th CAB Public Affairs

KANDAHAR AIRFIELD, Afghanistan — The desire to become a pilot can stem from various reasons, such as a Family background in Aviation, being fascinated with flying, or the joy associated with flying an aircraft.

For CW5 Joe Roland, 25th Combat Aviation Brigade standardization officer, his desire was a combination of Family background and the feeling of flying.

“I used to go flying with my dad when I was 8,” recalled Roland, a native of Falmouth, Mass. “My passion for flying came from those flights, and my Family has a background in Aviation. My father was a senior pilot for U.S. Airways and used to fly for the Navy, one of my brothers is an F-18 pilot in the Navy and my other brother is an air traffic controller.”

Roland’s background led to a 19-year-long career in the U.S. Army as a UH-60 Black Hawk pilot. Through his career, he has become the most decorated UH-60 pilot currently in the Army.

According to Col. Frank Tate, 25th CAB commander, “Roland is being recognized by Sikorsky as being the Army’s most decorated Black Hawk pilot. I have pinned most of the medals he has earned as well as promoted him to CW4 and CW5.”

Before joining the Army, he



PHOTO BY SGT. DANIEL SCHROEDER

CW5 Joe Roland, 25th CAB standardization officer and brigade warrant officer, lands on the ridge while troops load onto the UH-60 Black Hawk during a mission in Afghanistan.

served six years in the Marine Corps as a UH-1N Huey crew chief and AH-1W Cobra repairer. In 1992, he was selected to attend Warrant Officer Candidate School and Initial Entry Rotary Wing flight training at Fort Rucker, Ala. He graduated from initial flight training on the Commandant’s List in 1993 and later selected to attend UH-60 Black Hawk qualification training.

“I chose the Black Hawk because it is the Army’s most versatile helicopter,” Roland said. “It has the most opportunities for a bigger scope of missions. When I first started in flight school, I was not a natural Aviator. The instructors did a good job teaching me because I was able to graduate in the top 2 percent of my class.”

During his time as a UH-60 pilot, he generated more than 6,700

flight hours, 2,250 night-vision goggle flight hours, 1,900 combat flight hours and has served at locations around the world in Germany, Korea and the United States. He also served combat tours during Operations Enduring Freedom, Iraqi Freedom and New Dawn.

“In the 10 years I have known

SEE HERO, PAGE B4

## Apache pilots known as heavy hitters

By Sgt. Daniel Schroeder  
25th CAB Public Affairs

KANDAHAR AIRFIELD, Afghanistan — “It has been a dream of mine ever since I was a child,” and “Aviation has been a part of my Family,” are some reasons pilots decided to be Aviators.

While on the road to becoming a pilot, Soldiers have the opportunity to think about what aircraft they envision themselves flying.

The pilots of the 1st Battalion, 2nd Aviation Regiment, 25th Combat Aviation Brigade, wanted to fly the AH-64 Apache helicopter.

“I wanted to fly the Apache because of the capabilities it possesses,” said 1st Lt. Edwin Mobley, scout platoon leader, A Company, 1st Bn., 2nd Avn. Regt., Task Force Lightning Horse, 25th CAB, originally from Beech Grove, Ind. “Our aircraft allows us to jump from mission to mission in a short amount of time. The Apache has the ability to control the airspace, like an aerial quarterback. We can take the burden off the ground guys to coordinate the airspace, such as call for extra assistance or MEDEVAC help.”

The AH-64 can carry a combination of Hellfire missiles, 70 mm rockets, and up to 1,200 rounds of ammunition for its 30-mm M230E1 Chain Gun. The AH-64’s stub wings allow for a customizable load to fulfill numerous roles.

The AH-64D Apache pilots use the aircraft’s capabilities to build a reputation that is known wherever the aircraft goes.

“We are a highly sought-after resource,” said CW3 William Jones, an instructor pilot for B Co., 1st Bn., 2nd Avn. Regt., TF Gunfighters, 25th CAB, a native of Kopperl, Texas. “The firepower of the aircraft intimidates people. This is based on the fact that the enemy stops doing bad things to good people when we show up.”

Other pilots in the unit echo Jones’ view of the AH-64D Apache reputation.

“Whenever we fly, our presence is known,” said 1st Lt. James Raymond, an AH-64D Apache pilot with B Co., 1st Bn., 2nd Avn.

SEE APACHE, PAGE B4



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# Apache: Aviators stifle enemy ground movement

Continued from Page B1

Regt., TF Gunfighters, 25th CAB, and a native of San Antonio, Texas. “The fear of the Apache has a great effect on the battlefield.”

The transition from a training environment to a combat environment for the Apache varies greatly due to the diversity of missions and the pace the missions are conducted.

“Going from a garrison setting to deployment setting is a big difference,” said Mobley. “For me, as a new Aviator, the transition to a combat setting has been like a fire hose of learning. In school, we had to memorize everything. Out here, we get to apply it all.”

For an AH-64D Apache pilot at Forward Operating Base Tarin Kowt, the average mission day includes conducting deliberate missions or sitting on stand-by as a Quick Reaction Force that supports MEDEVAC missions or ground

force’s requests.

Daily operations for AH-64 pilots at Kandahar Airfield differ from those at FOB Tarin Kowt.

“The missions at TK are a very direct support role with Australian Forces there. Here we provide constant coverage to the ground forces,” said Mobley. “On a typical day we will fly out, check with patrols, and if a target of opportunity arises, we maneuver to act quickly. We prevent the enemy freedom to maneuver while dwindling their supplies.”

Even though the pilots know their actions protect the guys on the ground, they are told just how important their job really is.

“It’s a good feeling when after a flight, a private first class from the ground patrol you covered comes up to you and thanks you for protecting their unit during their mission so they can see their babies again,” Mobley said.



PHOTO BY SGT. JAIME AVILA

CW3 Micah Howell (back seat), tactical operations officer, 1st Bn., 2nd Avn. Regt., 25th CAB, and 1st Lt. William Gorosave (front seat), pilot, A Co., 1st Bn., 285th Avn. Regt., currently attached to the 25th CAB, run up an AH-64D Apache Longbow before heading out on a mission on Forward Operating Base Tarin Kowt, Afghanistan, Aug. 22

## Hero: Soldier described as ‘aggressive, cool under fire’

Continued from Page B1

him, he is the finest warrant officer I have served with,” said Tate, a native of Charlotte, N.C. “He is aggressive and cool under fire with an unending sense of duty. There is almost nothing he wouldn’t do on behalf of the Soldier on the ground.”

Like Chuck Yeager, Roland finds the pleasure no matter what mission or type of flight he is conducting.

“My most enjoyable moments of flying are when I am the air mission commander on a complex mission and teaching young Aviators the trade,” said Roland. “It helps my brain work to complete complicated and tasking missions to standard. Also, I enjoy that I can train others to do what I do.”

Throughout his long career, Roland has flown some memorable missions.

“One of my most memorable flights with him was the night we flew Saddam Hussein’s body to his final resting place,” Tate recalled. “It signified the end of Saddam’s reign and the beginning of the newly-formed government of Iraq.”

When not flying missions deployed, he spends his flight time teaching the younger Aviators how to be more proficient with their flying.

“He is well respected and admired by his peers and fellow Aviators and sets standards other warrant officers strive to achieve,” said Tate. “I am extraordinarily proud of him, proud of the CAB and Soldiers who often flew with him throughout this war. I am proud to have served with him.”

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OCTOBER 18, 2012



PHOTO BY SARA E. MARTIN

A group of Aviation spouses works together to successfully bring each team member safely across an obstacle, along with an ammo canister, in the fastest time at the LRC during Aviation Spouse Day Friday.

## Aviation spouses soar, earn wings

By Sara E. Martin  
Army Flier Staff Writer

Fifty-nine women and one man earned their Aviator wings Friday after successfully completing Aviation Spouse Day on Fort Rucker.

Spouses and fiancées were shuffled around post to experience four assignments that every Aviator must complete in order to graduate from flight school. Spouses also participated in a few standard military exercises that Soldiers complete every day, such as standing in formation and eating at the dining facilities.

The goal of the day is to help spouses understand the training their loved ones go through, according to Leigh Jackson, U.S. Army Aviation Center of Excellence Family readiness support assistant.

"It is a day that focuses on spouses and brings them to a better understanding of what their spouses do throughout their training. It will help them comprehend what it takes to become an Army Aviator. The events are just a glimpse into Aviation training," she said.

Each spouse had reasons for volunteering to participate, but most shared Nicole Hammrich's desire to share the experiences their Soldier is having.

"I know how to better support him now that I have done this. It makes me feel better about safety, too, because I know the rigorous training and precautions that he and the instructors go through," said Hammrich, Group 4's team leader.

The spouses participated in four major tasks. They received "dunker" training at the Helicopter Overwater Survival Training facility, leadership and teamwork training at the Leader's Reaction Course, fired weapons at the Engagement Skills Trainer 2000 and flew simulators at Warrior Hall.

At HOST, the staff joked with the spouses about horror stories that might have been passed on to them, but they assured the spouses that the training was necessary for pilots to not only survive and escape a water crash, but to survive at the water's surface afterwards.

"We show them exactly what is required of their husbands or wives and then give each participant a chance to go through a swimmer training device known as the shallow water initial memory mechanical exit release trainer. It shows them the types of procedures and exits that their Soldier has to be familiar with if they ditch an aircraft," said Danny Riggs, director of training at Survival Systems USA.

Spouses gained confidence at the Leader's Reaction Course, which gave them a chance to understand the mental and physical challenges that Soldiers endure.

"These spouses are getting a general overview of the physical demands as well as the communication it takes for a mission to be successful. Many start out telling themselves that they can't do it, but by the end they have more confidence in themselves," said Sgt. 1st Class Kendall

Taylor, S-3 operations NCO in charge at the NCO Academy.

Walking in the shoes of their Soldiers, the spouses learned how to shoot a variety of weapons.

"The spouses participated in two scenarios. In one they tried to qualify with the M16 on a pop-up simulated range. They also learned how to handle machine guns. Both scenarios help them understand how difficult it can be to qualify, realize how heavy the weapons are and how daunting it can be to reload them," said Sgt. 1st Class Shawn Redondo, NCO Academy.

What many spouses were looking forward to the most was flying in the helicopter simulators, and each spouse got about a 15-minute flight in one of the simulators in Warrior Hall.

"Most of the time we were able to put them in the same type of aircraft simulator their Soldier flies. This was about exposing them to the environment their spouses operate in on a daily basis," said Kevin D. Hottell, FS XXI Simulation Services program manager.

Most Army spouses know all too well that sometimes when their Soldiers come home they may be too exhausted to try to explain their Aviation training to them. The day sought to lessen the gap of understanding and to teach the spouses just what it takes to be a pilot.

"I know I have a better understanding of what he's gone through. Sometimes he is too busy with coursework to help

me really understand, but now I have a clearer vision," said Alea Nicholson.

"I know how stressful things can be on his end now. If [my husband] fails at something or doesn't accomplish something the way [he] wanted and comes home with a bad attitude, I understand why now. I now know how to better support him," said Alycia Ongiri.

Maj. Gen. Kevin W. Mangum, USAACE and Fort Rucker commanding general, joked at the graduation ceremony that the waiting around that the spouses experienced was "good Army training," but kept it serious with the skills the spouses learned from the activities.

"You got an appreciation for not only the skill it takes to do what they do, but the will required to do what they do," he said.

Angel Mangum, the general's wife, ended the day by telling the spouses how strong they are for supporting the Army Family.

"The strength of our nation comes from our Soldiers; the strength of our Soldiers comes from the Families. There is nothing more important in the Army than our Families," she said before congratulating the spouses.

Mary Kramers appreciated Angel's comments.

"It's exciting to be able to share these experiences with my husband, but overall it's great to see that the support doesn't just have to be for the person in the military, it's for us as well," she said.



PHOTO BY SARA E. MARTIN

## Volunteer of the month

Megan Tamez, Army spouse who volunteers at Lyster Army Health Clinic and with the Girl Scouts, earned honors as Fort Rucker's Volunteer of the Month for September. Tamez, who also won a presidential volunteerism award in 2011, said she is honored to be named the volunteer of the month because she was not expecting it. "I do it because I like it, not to be recognized by anyone. It is second nature to me because I have been volunteering all my life. I want to show my children that giving back to others makes a more fulfilling life."



# ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

### Military Family Month art, essay contests

As part of the Month of the Military Family, Army Community Service will host art and essay contests now through Friday. Military children ages 4-12 are welcome to enter an 8.5-by-11 inch vertical drawing depicting the theme “This is my Family. This is my Fort Rucker.” Military children ages 7-12 may enter the essay contest with a 100-200 word essay with the theme “My Journey as a Military Child.” Children can drop off their entries by Friday to their teacher if they are students at a Fort Rucker school, or to Bldg. 5700, Rm. 390 if they are not at a Fort Rucker school. Winners of the contests will be recognized at the “Salute to Military Families” event Nov. 3.

For more, call 255-9888.

### Chili 5k, Cook-off

The Army Aviation Association of America hosts its Chili 5k and Cook-off, alongside Fort Rucker’s Salute to Military Families, Nov. 3 at the post festival fields. The event features a 5k run, 1-mile fun run, chili cook-off, live concert, children’s activities and awards for Fort Rucker Families.

Late run registration runs from 6-8:30 a.m. with the 5k starting at 9 a.m. and the fun run at 10 a.m. The chili tasting begins at 10:30 a.m. and Army Community Service will give out the Family awards at 10:45 a.m. Race awards will be given out at 11:15 a.m. and the chili judging begins at noon, with awards given out at 2 p.m.

For more on the event, visit [www.chili5k.com](http://www.chili5k.com) or the AAAA Ft Rucker Chili 5k Facebook page.

### Newcomer’s Welcome

Army Community Service hosts a Newcomers Welcome the third Friday of each month from 8:30–10:30 a.m. at The Landing. Active duty military, spouses, foreign students, Department of the Army civilians and Family members are all encouraged to attend. A free light breakfast and coffee is served. For free childcare, parents should register children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the Newcomer’s Welcome.

For more, call 255-3161 or 255-2887.

### Haunted Trail, Barn of Nightmares

The Fort Rucker Riding Stables will host the Haunted Trail of Terror and the Barn of Nightmares Oct. 26 and 27 from 7-11 p.m. The event is intended to be frightening and is suggested for people ages 12 and older who do not suffer from medical conditions affected by strobe lights. Each tour will last about 45 minutes and tours will depart every 10 minutes. Closed toe shoes are highly recommended. Tickets are \$10, payable in cash only.

For more, call 598-3384.

### Fall Festival

The Fort Rucker Riding



FILE PHOTO

## BOSS Haunted House

Soldiers and volunteers perform at last year’s Better Opportunities for Single Soldiers Haunted House. This year’s BOSS Haunted House is scheduled for Saturday from 6-10 p.m. at the Fortenberry-Colton Physical Fitness Facility. People can bring two canned food items or baby formula to gain admission and help support the installation’s food locker. For more, call 255-9810.

Stables hosts the Children’s Fall Festival Oct. 27 from noon to 2 p.m. Children ages 0-12 years can participate in the costume contest. There will also be clowns, games, pony rides and concessions available. Games will cost one ticket, and horse and pony rides will be four tickets. Tickets cost \$1 each, payable in cash only. No pets are allowed at the event.

For more, call 598-3384.

### Monster Ball

The Landing Zone’s annual Monster Ball is scheduled for Oct. 27 from 9 p.m. to 1 a.m. at The Landing. The event is open to the public, ages 18 and older. Advance tickets cost \$10 and tickets at the door the night of the event will cost \$15. The event will feature a costume contest where people have the chance to win \$200 for the best overall costume, \$150 for the most original costume and \$150 for the best couples costume.

The event will also feature live music by the band, Junior, a pop punk and southern rock band. Junior has opened for bands such as, Reel Big Fish, The All American Rejects and Everclear. People can buy advance tickets now at The Landing Zone. This event is open to the public, ages 18 and older.

For more, call 598-8025.

### Youth Adjusting to Change bus tour

Fort Rucker’s Youth Adjusting to Change program, designed to help youth between the ages of 13 and 18 who are new to the post adjust to their new home, hosts a bus tour Oct. 27 from 1-5 p.m., beginning at the youth center in Bldg. 2806. The event serves as a welcome to the post and surrounding communities and puts youth new to the area in touch with other youth to show the different things to do in the area. All youth must be registered with child, youth

and schools services prior to the tour. Youth can register and sign up for the tour at CYSS Parent Central Services in Bldg. 5700.

For more, call the school liaison officer at 255-9812.

### AFTB Level III

Army Community Service hosts Army Family Team Building Level III classes Tuesday and Wednesday from 8:30 a.m. to 2:30 p.m. at Bldg. 5700, Rm. 371F. AFTB Level III classes include communication skills for leaders, leadership styles, building cohesive teams, managing conflict and more. Advance registration is required.

For more, call 255-2382.

### Get REAL

Army Community Service hosts its Army Family Team Building training, Rucker Experience, Army Learning, Oct. 25 from 8:30 a.m. to 2:30 p.m. at the Soldier Service Center in Rm. 371F. Get REAL helps those new to the Army learn about the lifestyle, make sense of the terms and acronyms, and learn about the resources available at the post. The free, interactive day of learning and meeting new people includes topics such as: acronyms, Army customs and courtesies, military rank, community resources and more. Advance registration is required.

For more, call 255-2382.

### Couples workshop

Army Community Service hosts a couples workshop Oct. 26 from 11:30 a.m. to 1 p.m. at The Commons, Bldg. 8950. In The Five Languages of Apology, participants will learn how to recognize their own primary apology language while speaking the languages of those they love. Topics of this workshop include expressing regret, accepting responsibility, making restitution and requesting forgiveness.

For more, call 255-9641.

# DFMWR Spotlight

## Family & MWR Events

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## BINGO Rave

**Oct. 19<sup>th</sup> - The Landing Zone - 8 pm to 12 am**  
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[www.ftruckermwr.com](http://www.ftruckermwr.com)

## FORT RUCKER MOVIE SCHEDULE FOR OCT. 18 - 21

### Thursday, Oct. 18

Sparkle (PG-13)

7 p.m.

### Friday, Oct. 19

The Odd Life of Timothy Green (PG)

7 p.m.

### Saturday, Oct. 20

The Odd Life of Timothy Green (PG)

7 p.m.

### Sunday, Oct. 21

The Expendables 2 (R)

7 p.m.

TICKETS ARE \$4.50 FOR ADULTS AND \$2.25 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.



# Firefighters educate children during Fire Prevention Week

By Nathan Pfau  
Army Flier Staff Writer

Fort Rucker fire prevention officials along with the Fort Rucker Fire Department educated the installation on the importance of fire safety during Fire Prevention Week Oct. 6-13.

The Fort Rucker Fire Prevention Office teamed up with the Fort Rucker Fire Department to reach out to the community by handing out pamphlets at the post exchange and giving presentations at the schools on the installation, said Ronnie Stallworth, Fort Rucker fire prevention inspector.

“We came out [to the primary school] to support Fire Prevention Week and teach the kids all about fire safety,” said Frank Compton, Fort Rucker firefighter. “We want to teach them not to be scared of the firefighters if they ever have to come into their home.”

Compton said that children can often be scared of a firefighter that is dressed in his full firefighting uniform, and that the interaction with firefighters in their full uniform helps to alleviate some of those fears.

“A firefighter is always there to help,” he said. “If a child is scared of a firefighter, that child might hide and it can make our job much harder when we’re trying to find them. In a situation where a child might be trapped, they should shout, holler and do what they can to help us find them.”

The theme for Fire Prevention Week this year on Fort Rucker was “Have two ways out,” said Stallworth.

“This means, aside from the main entrance of a room or building, people



PHOTO BY NATHAN PFAU

Jim Ussery, Fort Rucker firefighter, teaches the students at Fort Rucker Primary School to not be afraid of firefighters in their firefighting uniforms during an event for Fire Prevention Week at the Fort Rucker Primary School Friday.

should have a second exit, like a window,” he said.

Katie Condon, kindergarten teachers at Fort Rucker Primary School, said that Fire Prevention Week came at the perfect time for students to interact with the firefighters since her class had just learned about community helpers.

“It’s great for them to be able to see [firefighters] in real life,” she said. “The children have been learning about how to stay safe during a fire, practicing fire drills and learning how to stop, drop and roll, so it’s really great for them to learn this from the firefighters.”

Condon said that it’s important for children to be taught these lessons at

a young age because fire doesn’t discriminate.

“This is something they need to know,” said the kindergarten teacher. “Just because they’re little doesn’t mean they don’t need to be educated on it. It’s information that everyone should know and you’ve got to start young.”

Compton agreed. “Fire prevention education should start as young as you can imagine,” he said. “If you start teaching them at a young age, the information will become more instilled in their minds as they get older.”

Although the firefighter visit was educational for students like Preston Chambers, pre-K student

at Fort Rucker Elementary School, it was also a good experience just to see a fire truck.

“I learned that when there is an emergency, you shouldn’t hide from the firefighters, but my favorite part about the fire truck was the ladder because I liked how it goes up and down,” he said.

The visit to the schools

is one of the most successful ways that the Fort Rucker Fire Prevention Office reaches out to educate the community, said Stallworth, but it’s largely up to the people on the installation to know their fire safety, he added.

Stallworth offered tips for people to be able to remain safe such as making sure to check outlets,

never leaving appliances unattended when in use and knowing their escape routes in case of a fire.

“Each facility on Fort Rucker has their own fire escape plan and people should make sure they are familiar with their specific plan,” he said. “I also recommend that people practice their plan at least once a month.”

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**Cold prevention tip**

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† Office: 334 347 5044  
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[centerpoint3351@yahoo.com](mailto:centerpoint3351@yahoo.com)

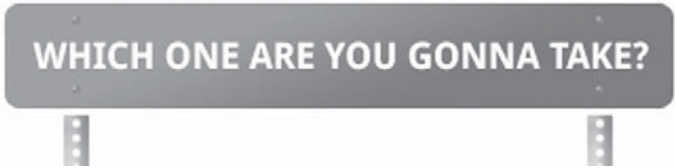
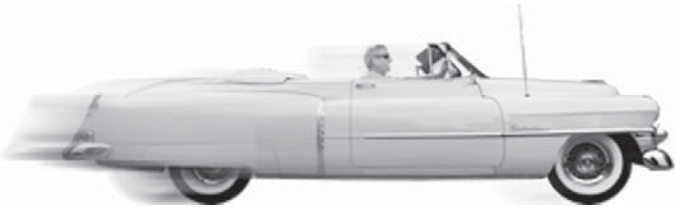
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# Visit famous Alabamians, hometown heroes

By Marilyn Jones Stamps  
*Alabama Tourism Department*

Rosa Parks, Martin Luther King Jr., Hank Williams Sr. and George Washington Carver — these names rank among the most notable people in America.

This Famous Alabamians Hometown Heroes Road Trip will take you to towns and museums in South Alabama associated with these legendary figures as well as others who were either born in the state or lived here. Be prepared to spend some extra time traveling Alabama, as this road trip covers more than 200 miles and features stops from Mobile to Tuskegee.

### Visit Mobile

Traveling I-65 south from Montgomery or I-10 from Mississippi or Florida, begin your tour in Mobile where Mardi Gras and Moon Pies spell seasonal fun and where a stadium and museum honor one of Alabama's most famous native sons, Henry "Hank" Aaron. Located at the home stadium of the Mobile BayBears, the Hank Aaron Childhood Home and Museum (755 Bolling Brothers Blvd.; (251) 479-2327) includes seven rooms and hundreds of artifacts relating to the athlete's family life and his stellar baseball career.

Born on Feb. 5, 1934, Aaron ascended the ranks of the Negro Leagues to become a major league baseball icon. He played 23

years as an outfielder for the Milwaukee/ Atlanta Braves, during which time he set many of baseball's most illustrious records. Aaron was inducted into the Baseball Hall of Fame in 1982.

Five miles away from the stadium is the home of Confederate Rear Adm. and Brig. Gen. Raphael Semmes who left an enduring legacy as captain of the CSS Alabama, the most famous of the Confederate commerce raiders. The nearby History Museum of Mobile (111 South Royal St.; (251) 208-7569) is a good place to stop to learn of the history and heritage of the area.

### Explore Georgiana

From Mobile, take I-65 north and continue 104 miles to Exit 114 in Georgiana. Just two miles off the interstate is the Hank Williams Boyhood Home and Museum. Born Sept. 17, 1923, on a farm in Mount Olive, Ala., Williams moved with his family to Georgiana in the late 1930s when his father was admitted into a veteran's hospital. Shortly after they moved, their rental house caught fire and the family relocated to the house at 127 Rose St. While visiting, you'll see the surroundings that shaped the singer's life and learn about a black street singer named Rufus "Tee-Tot" Payne, who taught Hank how to play the guitar.

### Remember Rosa Parks

Three blocks away from the Hank

Williams Museum is a museum that pays tribute to Rosa Parks, who was born Rosa Louise McCauley in nearby Tuskegee on Feb. 4, 1913. Located on the very site where she was arrested Dec. 1, 1955, for refusing to give her seat to white passengers on a city bus, the Rosa Parks Museum and Library and Children's Wing (252 Montgomery St.; 241-8615) chronicles the history of the Civil Rights Movement and the 381-day Montgomery Bus Boycott. During your visit, you'll see historical photos of Parks' arrest, newspaper clippings, interactive exhibits and a replica of the bus on which she was riding. As a keepsake, you can have your photograph made while seated next to a life-size bronze sculpture of Parks.

Although she championed many causes for civil rights in her early life, Rosa Parks' heroic act of civil disobedience on a Montgomery bus is forever recorded as the spark that ignited the Civil Rights Movement and changed the course of history in America. Following her death in 2005, her body was permitted to lie in state in the rotunda of the U.S. Capitol, making her the only woman and second African-American in history to receive such an honor.

### See where President Davis lived, Dr. King preached

Six blocks away on Dexter Avenue

you'll find the Alabama State Capitol, with a history that's intertwined with both the Civil War and the Civil Rights Movement in America. Adjacent to the capitol and facing Washington Avenue is the First White House of the Confederacy, where President Jefferson Davis and his family lived when Montgomery was the capital. Go up the steps and inside the house museum where a tour guide in period dress will gladly share stories about the Davis family.

Down the street from the capitol is the red brick Dexter Avenue King Memorial Baptist Church (454 Dexter Ave.; 263-3970) where Martin Luther King Jr. preached his message of hope and brotherhood and rose to prominence as the leader of the Civil Rights Movement. King was born in Atlanta on Jan. 15, 1929. In 1964, at age 35, he became the youngest man to receive the Nobel Peace Prize. Go inside the church to see the pulpit where he preached his first sermon then go downstairs to the basement to view the mural depicting his civil rights journey from Montgomery to Memphis, where he was assassinated on April 4, 1968. Run your hands through the cooling waters of the Civil Rights Memorial a block behind King's church, where a biblical quote from his "I Have A Dream" speech reads: "...Until justice rolls down like waters and righteousness like a mighty stream."

# WIREFRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

### ANDALUSIA

**ONGOING** — The American Legion Post No. 80 regular meetings are the second Monday of each month at 6:30 p.m. at the Legion Hall. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

### DALEVILLE

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

### DOTHAN

**FRIDAY** — The Downtown Group announces th Foster Fest - Street Festival and Car Show from 5:30-9:30 p.m. A free downtown evening celebration, there will be street vendors, live music, festivities and antique cars. For more information, call 793-3097 or visit [www.thedowntowngroup.com](http://www.thedowntowngroup.com).

**SATURDAY** — The Southeast Alabama Medical Center Foundation will hold The Sandi McCool - Champions of Hope breast health event at 6:30 a.m. The event includes a 5K run, the 2-mile Spirit Walk, 25- and 45-mile cycling routes and the new Kid Fit Challenge. Activities also include live radio broadcasts, food, drinks and vendors. Early registration fee is \$25 for ages 11 and older and \$15 for ages 6-10. For more information, call 673-4150 or visit [www.samcfoundation.org](http://www.samcfoundation.org).

**TUESDAY** — Alabama Cooperative Extension System and Alabama Clean Water Partnership host the Rainwater Harvesting Workshop from 9 a.m. to noon. Participants will learn the basics of setting up a cistern for harvesting nonpotable rainwater. They will also learn how to use drip irrigation with

a water harvesting system and how to construct a simple rain barrel. Attendees will leave the workshop with a completed rain barrel. Price is \$35 per person. For registration and information, call 774-2329 or email [creelra@auburn.edu](mailto:creelra@auburn.edu).

**OCT. 26** — Landmark Park hosts "Cane Grinding Day" from 9 a.m. to 1 p.m. Experience farm life in the early 1900s with quilting, blacksmithing, butter churning and other traditional skills. Admission is \$7 per student, teachers and aides are admitted free. Homeschools must register through the group coordinator. Preregistered school groups only. For more information, call 794-3452.

**OCT. 27** — The Wiregrass Heritage Festival is 10 a.m. to 4 p.m. at Landmark Park. Learn how peanuts were harvested in the Wiregrass a half-century ago. Enjoy the sights, sounds and smells of cane grinding, syrup making, butter churning, basket weaving, soap making and other traditional farm activities. Plus, food, music and antique tractors and farm equipment. Cost is \$8 for adults; \$6 for seniors and active duty military; \$4 for children; and free for park members.

**NOW THROUGH OCT. 31** — Dothan Area Botanical Gardens hosts "Scarecrows In The Gardens." Take a stroll through the gardens to see all the different scarecrows designed and decorated by local schools, civic organizations and local artists. The event is free and open to the public. For more information, call 793-3224 or visit [www.dabg.com](http://www.dabg.com).

### ENTERPRISE

**SATURDAY** — The Downtown Boll Weevil Festival is 9 a.m. until 3 p.m. The event features arts and crafts vendors, music, food, a children's costume contest and activities, farmers market, car show and Family entertainment. For more information, call 389-1554.

**ONGOING** — The American Legion Post 73 meets at the American Legion/ Doer's Shrine Club at 200 Gibson Street in Enterprise on the fourth Saturday of each month, beginning at 8 a.m. This building is across the street from the Lee Street Baptist Church on Lee Street. For more information, call Post Commander Jerry Goodson at 347-5961 or 447-8507.

**ONGOING** — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call Connie Hudson at 406-3077, Randy Black at 393-6499 or Bob Cooper 347-7076, or visit the VFW Post 6683 on *Facebook*.

### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

### MIDLAND CITY

**ONGOING** — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

### NEW BROCKTON

**ONGOING** — Every Tuesday and Wednesday, Disabled American Veterans Chapter No. 99 maintains a service office in the New Brockton police station. The officers can help veterans and their spouses with disability compensation claims, VA pension, death benefits, VA medical care, Social Security disability benefits, veterans' job programs and other veteran services. All veteran services provided are free of charge. For more information, call Chuck Lobdell at 718-5707.

**OCT. 25** — Disabled American Veterans Chapter No. 99 meets at 6 p.m. at city hall. Food and drinks are served followed by regular chapter business. For more information, call 718-5707.

### OZARK

**SATURDAY** — The Wiregrass Rose Society presents Chris VanCleave, president of the Birmingham Rose Society at the Rose Chatter from 10:30 a.m. to noon at The Potting Shed. Cost is \$10 per person. For more information, call 714-4968 or 791-9774..

**ONGOING** — Every Thursday at 5:30 p.m. yoga with Sandra Bittman is at Perry Recreation Center for \$5 a person.

**ONGOING** — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. For more information, call 774-2042.

### PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

### SAMSON

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

### TROY

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments. For more information, call Janet Motes at 808-8500.

## Beyond Briefs

### Covered Bridge Festival

Oneonta hosts the free downtown festival Friday through Sunday from 9 a.m. to 3 p.m. Event features arts, crafts, entertainment, children's activities and more For more information, call (205) 274-2153.

### Graceville Harvest Festival

The Graceville Harvest Festival is Saturday at 10 a.m. at the Factory Stores of America Mall in Graceville, Fla. It is a family-safe environment with food, arts and crafts, rides, games, live music and shopping. 4000 attendees expected. For more information, call city hall at (850) 263-3250.

### 17th annual Halloween Howl

The Tallahassee Museum hosts the Halloween Howl for all ages Oct. 26 at 10 a.m. and is complete with ghosts, goblins and dinosaurs — transforming the museum grounds into a Halloween extravaganza. Event will include carnival games, a not-so-spooky trail for kids, costume contests, live music, and a haunted trail and maze. For more information, call (850) 576-1636.

### USO Treats for Troops 5K

The fun run and walk is Oct. 27 at Eglin AFB golf course beginning at 9 a.m. Adult registration is \$15 and children ages 12 and younger is \$10. For more information and to obtain a registration form, call (850) 228-2902 or email [dlfreeman@uso.org](mailto:dlfreeman@uso.org).

### Girls Night Out 5K

Uptown Columbus and Big Dog Running Company hosts its first all-female Girls Night Out 5K Friday at 7 p.m. in Columbus, Ga. Registration costs \$28 and includes T-shirt, backpack, and other items from local businesses. For more information, call (706) 332-5700.

### Scarecrows in the Park

More than 300 scarecrows spread along the trails of Lake Frank Jackson State Park in Opp will be featured now through Nov. 12. The scarecrows are made by various individuals, businesses and school groups. There are about 3 miles of walking trails. For more information, call 493-7840.





PHOTO COURTESY OF SGT. 1ST CLASS CHARLES SHUCK

Former military working dog Sgt. 1st Class Gabe and his handler (now owner) Sgt. 1st Class Charles Shuck shake on it between explosives detection missions. Gabe was the most successful detection dog in Iraq in 2006-2007, and was recently named the American Humane Association's 2012 Hero Dog of the Year. To view additional images and hear Shuck talk about Gabe's efforts in Iraq, visit <http://youtu.be/awW8SDZu0>.

## K9 Gabe named 2012 Hero Dog

By Wallace McBride

Fort Jackson, S.C.

Public Affairs

FORT JACKSON – Gabe, a retired military dog who completed more than 200 combat missions in Iraq, was named American Hero Dog of 2012 in early October at the American Humane Association Hero Dog Awards in Los Angeles.

The retired military dog spent several years sniffing out insurgent bombs, guns and ammunition in Iraq with his handler, Sgt. 1st Class Chuck Shuck, a drill sergeant leader at Fort Jackson's Drill Sergeant School.

"Winning the award was an amazing feeling because I knew that many Soldiers were going to benefit from the \$15,000 we just won," Shuck said. "Looking out at the crowd, who gave Gabe a standing ovation, was also amazing. Seeing Betty White and many other celebrities honor Gabe was a moment I will never forget. Having the support of Fort Jackson and Gabe fans in all 50 states and 22 countries was the key to victory. Every vote counted and we surely appreciate it."

Gabe won \$5,000 for his charity in the previous round of competition and another \$10,000 from the most recent

win. When the contest began earlier in the year, there were 359 dogs competing in eight categories, including therapy dogs, law enforcement dogs, emerging hero dogs, service dogs, guide dogs, hearing dogs, military dogs, and search and rescue dogs.

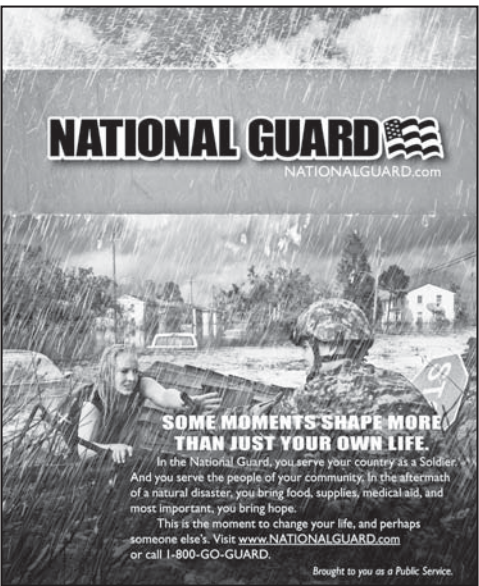
The pool of contestants was eventually whittled down to eight finalists, who appeared at the early-October awards ceremony at The Beverly Hilton in Los Angeles.

Gabe's charity is the United States War Dogs Association, which provides care packages for deployed Soldiers, Marines, Airmen and their K-9 partners. These packages include ear muffs and dog booties for the paws of the dogs. They also help with the expenses of military working dog adoptions.

The winner was selected by a panel that included Whoopi Goldberg, Kristen Chenoweth and the handlers and owners of last year's eight finalists. The seven runners-up each won \$5,000 for a designated charity.

The ceremony, hosted by Chenoweth, will be broadcast Nov. 8, on Hallmark Channel.

"We will be visiting all the Fort Jackson schools in November and December with Gabe's medals and trophy so the kids can get some pictures with him," Shuck said.





# What's YOUR time?

**SATURDAY 6:00 pm**



**SUNDAY 8:30 am**



**SUNDAY 9:45 am**



**SUNDAY 11:00 am**

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PHOTO BY NATHAN PFAU

### Pick-of-the-litter

Meet Tony, a 4-month old male domestic short hair available for adoption at the Fort Rucker stray facility. He is very affectionate and friendly. It costs \$81 to adopt Tony and other animals at the facility, which includes all up-to-date shots, the first round of age-appropriate vaccinations, microchip and neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's **Facebook** page at [http:// www.facebook.com/fortruckerstrayfacility/](http://www.facebook.com/fortruckerstrayfacility/) for constant updates on the newest animals available for adoption.

## Religious Services

### WORSHIP SERVICES

Except as noted, all services are on Sunday.

### HEADQUARTERS CHAPEL, BUILDING 109

Multi-Cultural Worship Service 8 a.m. Sunday.

### MAIN POST CHAPEL, BUILDING 8940

9:30 a.m. Catholic Mass Sunday  
11 a.m. Liturgical Worship Service Sunday  
12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m.

Catholic Confessions Saturday 5 p.m. Catholic Mass Saturday.

### WINGS CHAPEL, BUILDING 6036

9:30 a.m. Protestant Sunday School  
10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

### SPIRITUAL LIFE CENTER, BUILDING 8939

9:30 a.m. Protestant Sunday School  
10:45 a.m. CCD (except during summer months).

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### Coffee County Arts Alliance 2012-2013

**Fiddler on the Roof**  
October 23, 2012 • 7 PM  
EHS Performing Arts Center  
Enterprise

**That Mancini Magic!**  
Mac Frampton & The Moon River  
Orchestra featuring Cecil Welch  
December 4, 2012 • 7 PM  
Elba High School, Elba

**Ricky Skaggs & Kentucky Thunder**  
January 17, 2013 • 7 PM  
EHS Performing Arts Center  
Enterprise

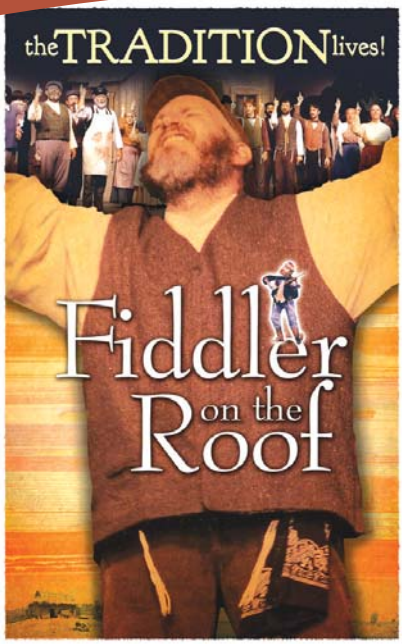
**TAP - The Show**  
February 28, 2013 • 7 PM  
Elba High School  
Elba

**Piney Woods Arts Festival**  
April 6 & 7, 2013 • 9-5 & 12-4  
Enterprise State Community College  
(Running Track)  
Enterprise

**Birmingham Children's Theatre**  
Fall 2012 & Spring 2013  
Enterprise & Coffee County Schools  
— Cultural Enrichment for Students —

**Tickets & Information: 334.406.ARTS (2787)**  
[www.CoffeeCountyArtsAlliance.com](http://www.CoffeeCountyArtsAlliance.com)

October 23, 2012 • 7 P.M.



— Presented by —  
**Coffee County Arts Alliance**  
and

**Gold Corporate Sponsor**  
**City of Enterprise**  
Enterprise High School  
Performing Arts Center

**Tickets**  
**334-406-ARTS (2787)**  
Tickets are \$20.00 in advance,  
\$22.00 at the door. Students \$16.00  
in advance, \$18.00 at the door.

Performances are made possible  
by support from corporate and  
individual memberships  
and  
**Alabama State Council  
on the Arts and the  
National Endowment  
for the Arts**  
[www.CoffeeCountyArtsAlliance.com](http://www.CoffeeCountyArtsAlliance.com)

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# Post events offer fun, fitness, frights

By Nathan Pfau  
Army Flier Staff Writer

Halloween gives people plenty to be scared of during the holiday, but people on Fort Rucker shouldn't be afraid to attend events on the installation that offer fun, food, fitness and frights.

The Fort Rucker Bowling Center will host its 2012 Monster Bowl Oct. 26 from 9 p.m. to midnight, and the Directorate of Family, Morale, Welfare and Recreation will host the 2012 Spooky 5k Oct. 27 beginning at 9 a.m. in front of the Fortenberry-Colton Physical Fitness Facility, which will be followed by a 1-mile fun run.

The events are a chance for people on the installation to celebrate Halloween in a fun and safe environment, said Ron Cook, Fort Rucker Bowling Center business manager.

"The Monster Bowl is our take on a Halloween night out," he said. "We've got a full house of events planned for the night with giveaways and costume contests that will go on throughout the night."

The Spooky 5k will also have a costume contest that people can participate in different categories such as adult, child, scariest, best overall and most original, according to Kristi Fink, fitness programs manager for Fortenberry-Colton PFF.

"The event is open to the public and all ages are encouraged



FILE PHOTO

Participants in 2010's Spooky 5k cross the finish line as they race in their costumes. This year's race will begin at Fortenberry-Colton Physical Fitness Facility Oct. 27 at 9 a.m., and will feature a costume contest in categories like scariest, best overall and most original.

to participate," said Fink, adding that patrons are allowed to run in their costumes as long as it is safe. "There's nothing wrong with some

healthy competition."

The bowling center is another good place where people of all ages can take their competitive na-

ture and let loose on some bowling pins, as well as spend leisure time with friends and Family in a Halloween-themed environment.

"The night isn't geared toward any specific age group," said Cook. "We will be doing some things that will be kind of spooky with a haunted house kind of feel to it, but we're not going to create a situation that smaller children can't enjoy - it'll be friendly for all ages."

The Monster Bowl will also have a costume contest for different ages, as well as a dance-off and other giveaways.

"We'll be giving away gift vouchers for the snack bar, pro shop and a lot of in-house stuff, and we also have an absolutely wonderful service here that handles our music, so we will have the opportunity to do a dance-off with things like the chicken dance and the Monster Mash," said the bowling manager. "People don't have to come out to just bowl, we want them to come out and have a good time with us."

Cook said that the bowling center will have some surprises in store for participants that come out to enjoy the event.

"There are going to be a few tricks up our sleeves that we don't want to let people know about yet," he said. "We've had a year to plan this, so we've got a lot of things people didn't see last year - it's going to be a really good time."

Lanes for Monster Bowl can be reserved for the night, and are also on a first-come-first-serve basis, said Cook. The cost for the lane is \$45 and includes a large one-topping pizza; pitcher of fountain soda or sweet tea; tortilla chips and salsa; unlimited bowling for up to six people per lane and shoe rental.

"There are only 18 reservation spots available, so people should reserve a lane as soon as they can," said Cook, adding that reservations don't have to be paid for until the night of the event. "Also, people that have reserved lanes can come by, up to a half an hour before 9 p.m., to set up their lane, but if people don't show up for their reservation by 9:15, we will go to the standby list."

People interested in participating in the Spooky 5k should register at either Fortenberry-Colton PFF or the Fort Rucker PFF. Registration is \$20 until Saturday and \$25 after Saturday up until the race day for individuals, and includes a T-shirt while supplies last, according to Fink.

People may also register for \$12, which does not include a T-shirt, and in teams of up to eight for \$100. Additional team members beyond eight must pay normal registration fees.

For more information on Monster Bowl, call 255-9503, and for more information on the Spooky 5k, call 255-3794.

# Mobile Battleship blasts Fort Rucker Fliers out of sky

By Sara E. Martin  
Army Flier Staff Writer

Fair weather greeted the Fort Rucker Fliers as they took the field Saturday afternoon against Mobile Battleship in a friendly yet competitive game of rugby.

Although the final score read 61-17 in favor of Battleship, the Fliers claimed success.

As the teams met on the field, Mobile Battleship did not have enough players to make an official team, so the Fort Rucker Fliers lent one of their team members to their opponents in order to continue with the game.

"This is a good, friendly game of rugby. We want everyone to have a good time, so we gave them a player so the game could be played traditionally instead of sitting players out," said Tim Commerford, civilian at the 110th Aviation Brigade.

The good-hearted move turned out to be the Fliers downfall as the player that was provided to Battleship was the one who scored the majority of tries for the team.

The kickoff, initially, proved to be in the Fliers' favor as Adam Rex, 6th Military Police Detachment firefighter at Allen Stage Field, soon made the first try, bringing the Fliers the first five points of the game. The conversion kick was missed immediately afterwards, though, preventing them from taking another two points.

Battleship did not let the Fliers take the lead for long. Soon after the initial try by the Fliers, Battleship made it to the try line as well as made a successful conversion; bringing the score to 7-5.

But the Fliers' spirit remained high throughout the game and proved that their team's competitive nature was as strong as their camaraderie as they continued to charge aggressively for possession of the ball.

A box-kick was attempted by the Fliers, but possession



PHOTO BY SARA E. MARTIN

The Fort Rucker Fliers fight for possession of the ball in a scrum during a game on Saturday against Mobile Battleship.

went to Battleship who took the ball and made another successful try. The conversion kick, though, was nullified.

"The ball was not placed perpendicular to where the player placed the ball on the try line, he took an advantageous kick dead center," explained Mark Young, Fort Rucker Flier assistant coach.

The borrowed player, Grady Marsh of Panama City, scored the following three tries for Battleship.

The Fliers did not lose hope, however, for in the phase following a scrum Michael Christensen, 6th MP firefighter at Tabernacle Stage Field, made a successful try and conversion for the Fliers.

A line-out put Battleship back in possession of the ball, giving them another opportunity to score, which they took advantage of.

During the following kickoff, Fort Rucker put up a long and steady fight, but Battleship took advantage of their fatigue and made another successful try and conversion. At the end of the first quarter with 90 seconds to go, Marsh scored again for Battleship.

A wide conversion was partnered with Battleships next try, giving Fort Rucker a push to score a try in the very next play with a successful kick by W01 Jesse Haddix, 1st Battalion, 1-145th Aviation Regiment.

After several knock-ons, or fumbles, Battleship, via Marsh, was able to get another seven points on the scoreboard.

The Fliers refused to give up as the next few plays brought them within reach of the try line, but after a scrum that was in favor of Battleship they were pushed back.

With 25 seconds left to go in the game, Marsh scored again against his team with a dummy pass, bringing the score to a somewhat crushing score of 61-17 in Battleship's favor.

Though the team technically lost, coaches and players had no hard feelings towards Battleship.

"I am very happy with the game. We scored all the points," Commerford joked. "We just gave them all to the other team. It's all for fun, these are our friends. It's a social gathering as much as a game."

Grady Marsh also saw the benefits of playing against his teammates.

"It was a lot of fun and a great experience playing against my own team. I was able to see from a different perspective and I can bring that back to practices to make us even stronger," he said.

The game followed with a rugby tradition of both teams coming together to share a small meal and cold drinks. The festivities were concluded with the man-of-the-match custom, where the player with the most spirit during the game is recognized.

The Fort Rucker Fliers are looking to expand the team and welcome any new participants to practices every Tuesday and Thursday night at 6 p.m. at the rugby field next to Beaver Lake.

## PIGSKIN PICKS



Washington vs.  
New York Giants

New Orleans  
vs. Tampa Bay

Dallas vs.  
Carolina

Baltimore  
vs. Houston

Arizona vs.  
Minnesota

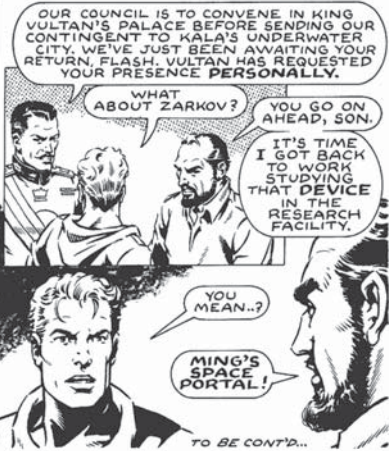
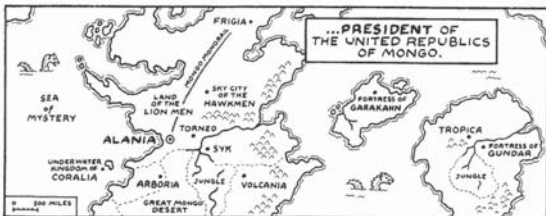
Jacksonville  
vs. Oakland

Pittsburgh vs.  
Cincinnati

 <div><b>Jim Hughes</b> Public Affairs (21-21)</div>							
 <div><b>Brian Jackson</b> DFMWR (14-28)</div>							
 <div><b>John McGee</b> CDID (21-21)</div>							
 <div><b>Capt. Mike Simmons</b> Directorate of Public Safety (18-24)</div>							
 <div><b>Sharon Storti</b> Network Enterprise Center (20-22)</div>							



# DOWN TIME



## TRIVIA

- AD SLOGANS: What candy bars were sold with the slogan, "Sometimes you feel like a nut. Sometimes you don't"?
- GEOGRAPHY: Where are the Maltese Islands located?
- FAMOUS QUOTES: What American writer once said, "Analyzing humor is like dissecting a frog. Few people are interested and the frog dies of it"?
- SCIENCE: What is a less-than-average tide occurring at the first and third quarters of the moon?
- PHOBIAS: Hemophobia is an irrational fear of what?
- GAMES: What kind of game has variations that include "Cincinnati" and "Omaha"?
- HUMAN ANATOMY: What are the crescent-shaped white spots on fingernails called?
- MYTHOLOGY: According to Greek mythology, what was the name of the prophetic god who could change his form at will?
- LANGUAGE: What is the Gaelic equivalent of James?
- MATH: What is the lowest whole number (in English) that includes the letter "a" when it is spelled out?

See Page D3 for this week's answers.

## Super Crossword "BOTTOMS UP!"

- ACROSS**
- 1 Like positive numbers
  - 10 "Peace"
  - 16 Toll, as a bell
  - 20 Person at the helm
  - 21 "Om," e.g.
  - 22 River of Hesse
  - 23 Composer of the opera "Prince Igor"
  - 25 Hightail it
  - 26 "Z" actress
  - 27 Musical reworking: Abbr.
  - 28 Most macabre
  - 30 Martial arts actor Jackie
  - 31 Baseball's all-time leader in stolen bases
  - 36 Boat rower's need
  - 37 Throws
  - 39 Ship's back
  - 40 Giant in insurance
  - 41 Glancing piercingly
  - 43 Syr.
  - 44 Next year's srs.
  - 45 Suffix with east or west
  - 46 Organism on a slide
  - 48 Fraction of a fl. oz.
  - 51 Longtime Hearst publication
  - 59 Call for help
  - 60 Ryder of "Heathers"
  - 61 Introduce, as a new year
  - 62 — Gay (old war plane)
  - 65 Theme of this puzzle
  - 69 Go with the flow
  - 70 Medium of many all-talk stations
  - 72 Asimov and Newton
  - 74 Anti-trafficking gp.
  - 75 Tomatoey seafood soup
  - 81 — -cone (cooling treat)
  - 82 Divide up by type
  - 83 Suffix with perfect
  - 84 Bolted
  - 86 — Lankan
  - 87 Acacia's kin
  - 94 Spring
  - 97 Onyx or opal
  - 98 Certain fishing pot
  - 99 "Yummy" pair
  - 100 Locale of the Venezuelan city
  - 103 "— a Lady"
  - 104 Autumn
  - 105 Ocean off FL
  - 106 Legendary furrier
  - 108 Prong
  - 109 Carnivorous North American rodent
  - 116 Right fielder
  - 117 Dissimilar to
  - 118 Rocks atop
  - 119 Camera part
  - 120 Willow family member
  - 121 Consensus
- DOWN**
- 1 Tennis' Ivanovic
  - 2 "South Pacific" song
  - 3 Like some swimming
  - 4 Female fox
  - 5 New York City cardinal
  - 6 Writer Grey
  - 7 Airport abbr.
  - 8 Future fry
  - 9 Bruins great
  - 10 Camplire
  - 11 Actor Hamlin
  - 12 "It's — -brainer"
  - 13 English "Inc."
  - 14 Situate
  - 15 Like horses
  - 16 Shoots a rifle again
  - 17 Least busy
  - 18 "Kinsey" star
  - 19 — Green, Scotland
  - 24 Dried by heat
  - 29 Raise
  - 30 Machine tooth
  - 31 U.S. 1, e.g.
  - 32 Bitterly cold
  - 33 Guerrilla
  - 34 Is sporting
  - 35 Violinist
  - 36 Zimbalist
  - 37 Salon option
  - 38 "I can just see —"
  - 42 French "the"
  - 43 "— bad boy!"
  - 44 Drinking binges
  - 46 Slanting
  - 47 — & Lomb
  - 48 Angry rant
  - 49 Hidden marksman
  - 50 Tetra- plus one
  - 51 Swindling guy
  - 52 City in south Chile
  - 53 Lace loops
  - 54 "Starpeace" singer Yoko
  - 55 Rapper Tone
  - 56 Fluid in a pen
  - 57 "Oh, clever!"
  - 58 Last British letter
  - 59 Clothing lines
  - 63 "Well, — -di-dahl!"
  - 64 Boise's
  - 66 Sly-fox filler
  - 67 "Take me as —"
  - 68 Body of eau
  - 71 Call — evening
  - 73 Composer John Philip
  - 76 It's a plus
  - 77 Shearer of the screen
  - 78 — de coeur
  - 79 Saran, say
  - 80 Clue seeker: Abbr.
  - 84 Backslide
  - 85 "And hurry!"
  - 87 — Yello (soft drink brand)
  - 88 Stevedores' org.
  - 89 Everest, e.g.: Abbr.
  - 90 Munic. law
  - 91 Put in a new home
  - 92 Writer Ralph Waldo —
  - 93 Quaint suffix with poet
  - 94 Dutch beer
  - 95 Wisconsin city
  - 96 Easy-to-attach patch
  - 97 "Buon —!" (Italian)
  - 98 "Good day!"
  - 99 Nehemiah-Job linkup
  - 101 Equip for use
  - 102 "May — favor?"
  - 103 Squall, e.g.
  - 106 Skill, in Sicily
  - 107 Captain Hook's henchman
  - 110 High Swiss peak
  - 111 RSVP part
  - 112 K-12 org.
  - 113 Violin tuner
  - 114 Ballad's end?
  - 115 Doc with an otoscope

See Page D3 for this week's answers.

### Weekly SUDOKU

by Linda Thistle

4			6				8	
		5	7	2		6		
	1				9			2
	4		1		3	2		
		3		6			5	8
6		1			8			7
	5			4	7		2	
2		4	5			9		
3				9				5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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See Page D3 for this week's answers.

# KID's CORNER

### SCARE WAVES!

Our artist says there are 24 goblins in this picture. How many of them are apparent to you?

### GHOST STORY!

"I was sitting on a tombstone when a ghost came and said: 'Snyor ot tsirubd oyu tub ou'ey tisting no ym ehad.' Unscramble last line of this vintage poem."

### EYE SPY!

Pupils of an owl's eyes normally peer straight ahead, fixed in place. But you will have to forgive the owl shown here, for it simply cannot believe what it sees. Indeed, it would seem that its eyes are playing tricks on it.

Hold the accompanying design at reading distance, gaze at it steadily, and the pattern will seem to change direction. That is to say, rows of blocks seem to go one way, then go another. 'Tis illusory, of course.

### Junior Whirl

by Hal Kaufman

#### LAST WORD FLUB IN OLD SAYINGS

YOU are asked to read over and correct sayings below whose last words are purposely altered. See if you can recall the more appropriate last word of each saying.

- A stitch in time saves eight.
- Life is just a bowl of skivvies.
- It is better to let sleeping dogs sigh.
- Time is honey.
- Slow and steady wins the case.
- Hitch your wagon to a planet.
- Many are called, but few are frozen.

Remember, only the last word is to be restated.  
Time limit: 2 minutes.

### Wishing Well®

7	6	3	6	8	5	7	6	3	7	2	4	8
S	C	S	O	F	Y	T	N	T	A	E	F	A
5	2	3	7	2	7	5	4	8	2	7	5	3
O	X	A	Y	P	F	U	A	M	A	O	C	B
5	4	6	3	4	8	2	3	6	4	6	3	5
O	M	Q	L	E	I	N	E	U	I	E	F	P
6	7	8	4	8	7	5	4	5	3	2	7	2
S	C	L	S	Y	U	E	Y	B	A	D	S	L
4	3	7	2	5	3	4	7	8	4	8	5	8
O	M	E	E	E	I	U	D	P	R	R	T	O
4	2	8	3	8	2	8	3	5	6	2	5	6
S	A	S	L	P	R	E	Y	T	T	N	E	M
8	2	3	6	2	3	2	5	6	8	3	6	3
R	I	L	A	N	I	G	R	D	S	F	E	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

### HOCUS-FOCUS

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Panel 1 is smaller. 2. Bow is missing. 3. Shirt is different. 4. Hat is missing. 5. Eyeglasses are missing. 6. Hair is missing. 7. Hair is missing. 8. Hair is missing. 9. Hair is missing. 10. Hair is missing. 11. Hair is missing. 12. Hair is missing. 13. Hair is missing. 14. Hair is missing. 15. Hair is missing. 16. Hair is missing. 17. Hair is missing. 18. Hair is missing. 19. Hair is missing. 20. Hair is missing. 21. Hair is missing. 22. Hair is missing. 23. Hair is missing. 24. Hair is missing. 25. Hair is missing. 26. Hair is missing. 27. Hair is missing. 28. Hair is missing. 29. Hair is missing. 30. Hair is missing. 31. Hair is missing. 32. Hair is missing. 33. Hair is missing. 34. Hair is missing. 35. Hair is missing. 36. Hair is missing. 37. Hair is missing. 38. Hair is missing. 39. Hair is missing. 40. Hair is missing. 41. Hair is missing. 42. Hair is missing. 43. Hair is missing. 44. Hair is missing. 45. Hair is missing. 46. Hair is missing. 47. Hair is missing. 48. 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# Researcher, Soldier a true marathon woman

By Bob Reinert  
*USAG-Natick Public Affairs*

NATICK, Mass. — According to the old saying, life is a marathon, not a sprint. For Maria Urso, Ph.D, that’s literally and figuratively true.

The 36-year-old Urso is a presidential-award-winning scientist, Army Reservist, triathlete and, yes, marathon runner. To squeeze anything else into her schedule, she just might need days with more hours.

In the pre-dawn darkness of most mornings, Urso fits in training runs before reporting to her job as a research physiologist at the U.S. Army Research Institute of Environmental Medicine at Natick Soldier Systems Center.

“I think it’s about planning,” Urso said. “I’m probably finishing runs when most people are getting up. I love putting on my running clothes. I love feeling the fresh air in the morning. It kind of helps me stay focused. I’m so energized.”

That athletic energy transfers well to her work in USARIEM’s Military Performance Division. Her efforts there and in the community resulted in a Presidential Early Career Award for Scientists and Engineers, which she received July 31 in Washington, D.C. Even that prestigious honor failed to slow her down.

“I haven’t missed a workout since July 20,” Urso said. “I haven’t skipped one at all. I haven’t missed anything.”

That’s because Urso takes quite seriously her role as a member of the All-Army Marathon Team that will compete Oct. 28, in the Marine Corps Marathon in Washington, D.C., also the Armed Forces Championship. It will mark Urso’s fourth appearance there for the All-Army team and her 29th marathon since 1998 — not bad for a woman who once despised running.

“I’ve always played sports in school, but the running was the part I hated,” Urso said. “I didn’t enjoy doing it.”

Urso finally followed her father, Chuck Urso, into competitive running and came to love the sport.

“I was never a competitive runner,” Urso said. “I



PHOTO BY DAVID KAMM

Maria Urso, Ph.D, a presidential-award-winning research physiologist at the U.S. Army Research Institute of Environmental Medicine at Natick Soldier Systems Center, and an Army Reservist, is also a member of the All-Army Marathon Team. She will compete Oct. 28, 2012, in the Marine Corps Marathon in Washington, D.C.

truly think that’s part of the reason why I, all of a sudden, started to peak and enjoy it. I never really had such a rigorous training schedule where it got stale for me or it got old.”

Urso owns a marathon personal record of 3 hours, 7 minutes, 21 seconds, set at the 2008 Boston Marathon. Her time of 3:11:22 in the 2009 Marine Corps Marathon was the best among Army women.

Though she has run Boston nine times, the Marine Corps Marathon remains

her favorite race.

“There is nothing as inspiring as running a course lined with Marines,” Urso said. “The second you feel tired, fatigued or defeated, they are a reminder of what Soldiers endure each and every day in theater — now and in the past. No other marathon is as emotionally touching as the (Marine Corps Marathon).”

This year, she could shave minutes off her personal record by applying her wealth of professional knowledge.

“The training program I’m doing right now, it’s based on physiology,” Urso said. “Nobody takes the science and puts it towards the athlete. That’s what my research is — understanding muscle injury and how to help people recover from muscle injury.”

Urso’s weekly training regimen topped out at 65 miles but included two days of speed workouts. She also has paid strict attention to nutrition, hydration and rest. Gary Brimmer, her personal coach and a former

been coaching Maria, I have been very impressed by her focus, work ethic and determination,” Brimmer said. “It has become very apparent to me that the way she attacks her training and racing mirrors the way she attacks the other aspects in her life. It’s pretty obvious why she is successful in all aspects of her life.”

Lt. Col. Liam Collins, the Army Marathon Team coach, was equally positive about Urso’s chances in the upcoming race.

“She is a great officer and a great person (who) excels at everything she does,” Collins said. “She has such a great personality with a positive attitude that it makes any team she is on stronger.”

“I always know that I can count on Maria to run a great race for the Army. This year will be no different. She’s been putting in great workouts and should have her best time in years.”

Urso admitted that she would love to finish in less than three hours.

“I would be so excited,” Urso said. “I just don’t know if I can, so I’d rather tell myself I want to be around 3:05. That’s still a 2-minute (personal record). It’s still a respectable time.”

Breaking three hours would be a fitting caper to Urso’s 2012.

“It’s really been a wonderful year,” Urso said. “I feel like my science has also reached a peak right now, which I’m also so excited about.”

If she falls a bit short, it won’t be for lack of effort by Urso, who obviously drives herself athletically and professionally.

“I know what my capability is, and I know what I’m able to produce,” Urso said. “Even from my scientific and my work perspective ... if I say I’m going to do something, I’m going to do it.”

## Business Card Spotlight

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Answer

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6	2	1	9	5	8	3	4	7
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2	8	4	5	1	6	9	7	3
3	6	7	8	9	2	4	1	5

### TRIVIA

Answers

1. Mounds and Almond Joy
2. Mediterranean Sea
3. E.B. White
4. Neap tide
5. Blood
6. Poker
7. Lunula
8. Proteus
9. Seamus or Shamus
10. 1,000 (thousand)

## PUZZLE ANSWERS

### Super Crossword

Answers

A	B	O	V	E	Z	E	R	O	S	H	A	L	O	M	R	I	N	G		
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Sun: 2 & 7:00\*\*\* • Mon - Thurs 7:00

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# PIGSKIN PICKS

	Michigan State vs. Michigan	South Carolina vs. Florida	Baylor vs. Texas	Kansas State vs. West Virginia	Florida State vs. Miami	Army vs. East Michigan	LSU vs. Texas A&M
 David C. Agan Jr, Fort Rucker Public Affairs (30-19)							
 Kent Anger, Directorate of Plans, Training, Mobilization and Security (35-14)							
 Benjamin Conner, Directorate of Public Safety (27-22)							
 Wes Hamilton, Network Enterprise Center (35-14)							
 Tish Williamson, USAAACE (29-20)							

## Video Game Spotlight >>

# New 007 worth a rental, not purchase

By Jim Van Slyke  
Contributing Writer

(Editor's note: All opinions stated in the Video Game Spotlight are solely those of the article's author.)

Well, it's not "GoldenEye 007," but "James Bond: 007 Legends" sure wants to be that classic spy shooter that turned the video game world on its head back in 1997.

So much so that this new game actually looks somewhat like the classic release, something that will have gamers wondering if the designers have noticed that video game graphics have improved over the past couple of decades.



**Publisher**  
Activision  
**Rated**  
Teen  
**Systems**  
Xbox360, PS3  
**Cost**  
\$60  
**Overall**  
2.5 out of 4

But don't put a bullet in the head of the new game yet. "007 Legends" definitely tries hard to give us the best of the James Bond experience. It has an original storyline that is inspired by six Bond movies — "On Her Majesty's Secret Service," "Goldfinger," "Moonraker," "License to Kill," "Die Another Day" and the upcoming "Skyfall." Like the films, there is more to the game than just gunplay. Gamers must also use Bond's fancy gadgets to outwit his enemies and their henchmen. Many of the actors who had roles in those films have lent their voices for their character in the game. However, only Daniel Craig, the most recent Bond, appears in the

game. Some Bond purists might turn up their noses at such sacrilege.

With dated graphics and a mishmash mix of movies, it's hard to truly enjoy this Bond experience. "James Bond: 007 Legends" has some of the flavor of the movies and there is some fun to be had, but this is not a great Bond experience. If it were a movie it certainly wouldn't be the awful "Die Another Day," but it wouldn't be the superb "Goldfinger," either. It's

somewhere in between. Don't pay full price.

Reviewed on Xbox 360

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COURTESY SCREENSHOT

## SPORTS BRIEFS

### Big Buck Contest

Outdoor Recreation's Big Buck Contest runs now through Jan. 31. Participants must have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card. Registration will cost \$25.

For more, call 255-4305.

### Wounded Warrior Fall Hunt

The 2012 Wounded Warrior Fall Hunt Saturday to Oct. 27 will give Fort Rucker's wounded warriors a week of fall deer and turkey hunting and is open to the public. There is a one-time registration fee of \$25 and registration will begin at 3 a.m. every morning at West Beach at the Lake Tholocco Pavilion and 8 a.m. at the outdoor recreation center. The closing ceremony will be conducted along with food and drawings for door prizes Oct. 27 at 11 a.m. All proceeds will go towards easy, accessible equipment for wounded warriors in future programs.

For more, call 255-4305.

### Spooky 5K

The Fort Rucker Physical Fitness Facility will host the annual Spooky 5K and 1-mile fun run and costume contest Oct. 27 from 9-11 a.m. Registration on the day of the event will begin at 7:30 a.m. and end at 8:45 a.m. at Fortenberry-Colton PFF. Participants are encouraged to pre-register for the event. The 1-mile fun run is free and open to all children and will begin after the 5K is completed. Each fun run participant will receive a medal. There will be a costume contest with first place trophies for Overall Best Costume, Scariest Costume, and Most Original Costume for both adults and children categories. The costume contest is free to enter and will start at 8 a.m.

Cost for the 5K is \$20 until Oct. 20 with shirt; \$25 after Oct. 20 with shirt, \$12 without shirt and \$100 per team of eight.

For more, call 255-2296.

### Monster Bowl

Rucker Lanes will host the annual Monster Bowl Oct. 26 from 9 p.m. to midnight. For \$45, up to six people can enjoy unlimited bowling, including shoe rentals, a 16-inch one-topping pizza, a pitcher of soda or sweet tea, and a bowl of tortillas and salsa. People are welcome to wear Halloween costumes, and there will be giveaways throughout the night. Reservations are recommended.

For more, call 255-9503.

### Youth basketball registration

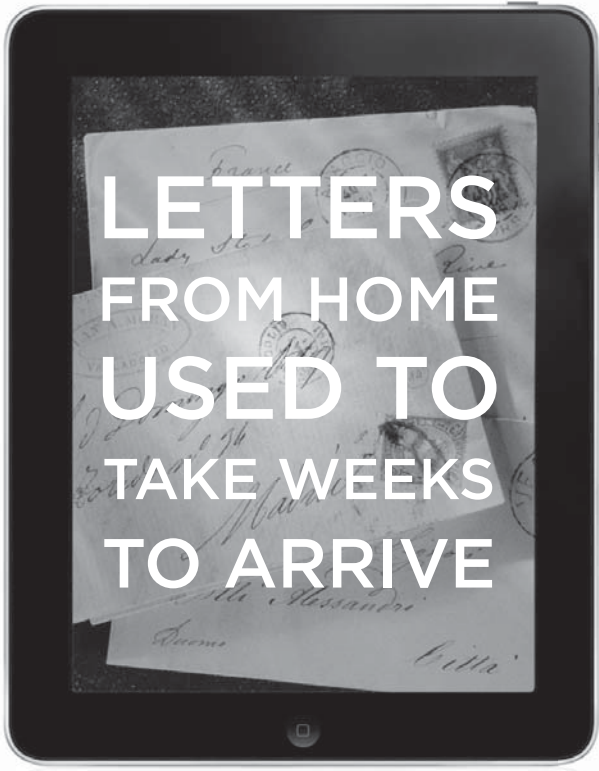
Registration for youth basketball will take place throughout October. The cost is \$40 and all children must have a current sports physical, and be registered with child, youth and schools services to participate. Children must also meet age requirements by Sept. 1, 2012. Prospective coaches are needed for all age groups. Basketball regular season will begin Jan. 7.

For more, call 255-9105 or 255-0950.

### Youth Deer Hunt

Outdoor recreation hosts a youth deer hunt Nov. 10 from 4 a.m. to 6:30 p.m. The event is for youth ages 7-15. Registration is \$15. Door prizes and lunch will be provided. Trophies will be awarded for first, second and third place winners. Parents and youth escorts must have an Alabama state hunting license and a hunter safety education course completion card.

For more, call 255-4305.



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