#### **FOOTSTEPS**

Aviation grad follows parents' flight path

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**HALLOWEEN** Holiday brings spooky events, Family activities

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RECOGNITION Local rider places in national competition

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**VOL. 62** • NO. 40

FORT RUCKER \* ALABAMA

OCTOBER 11, 2012



Staff Sgt. Jeffrey Gaunya, 597th Ordnance Maintenance Co., kisses his daughter, Celine, and reunites with his wife, Sabrina, during a redeployment ceremony at the Spiritual Life Center Monday. Thirteen Soldiers from the 164th Theater Airfield Operations Group returned to Fort Rucker after an eight-month deployment to Afghanistan.

## Families welcome Soldiers home

By Nathan Pfau Army Flier Staff Writer

Thirteen Soldiers from the 164th Theater Airfield Operations Group returned to Family and friends at Fort Rucker after an eight-month deployment in Afghanistan during a ceremony at the Spiritual Life Center Mon-

The returning men and women deployed in February at the special request of U.S. Army Central Command, according to Lt. Col. Terry Meyer, rear detachment commander for the 164th TAOG. "Since then, they have traveled extensively throughout Afghanistan assisting U.S. Army formations, large and small, and

vices and conduct more than 30 maintenance contact missions," he said. "Each [Soldier] has done their very best to make our military operations the great success that it is today.

Capt. Brad Deloach, 164th TAOG, said that he felt great to finally be back on Fort Rucker

back. It's been a long time and this was a long trip," he said. "This was my second deployment and it's always tough being away from the Family."

"It feels great to have him back," said his wife, Rebecca. "This deployment was a lot different from the first, mainly because we had additional children

this time and it makes it a little bit harder having to be away from your Family.'

The Deloaches maintained communication by calling, video chatting, Internet phone calls, mail and email.

"We talked every day if we could, but sometimes I'd travel for a couple weeks at a time and

## New facility improves Soldiers' quality of life



Command Sut. Mai. James H. Thomson Jr., Aviation Branch command sergeant major, Spc. Doris Johnson, Fort Rucker installation BOSS president (right), along with two BOSS volunteers cut the ribbon to the new BOSS facility Friday.

By Nathan Pfau Army Flier Staff Writer

The Army focuses on improving the quality of life for Soldiers and Families throughout their military career, and Fort Rucker wants to make sure that single Soldiers aren't excluded when it comes to quality-oflife improvements.

The new Better Opportunities for Single Soldiers facility opened Friday to provide Soldiers with various recreational activities to do during their off-duty hours, according to Command Sgt. Maj. James H. Thomson Jr., Aviation Branch command sergeant ma-

"We tend to focus a lot on Families and we put a lot of resources into improving the quality of life for our Families, but, in this case, we had an opportunity to spend close to \$50,000 to improve the quality of life

for our single Soldiers," he said. The facility boasts a brand new theater room, improvements to furniture, new kitchen appliances, new video games and TVs, new gaming chairs, new computers, new carpet and new tiling, said Spc. Doris Johnson, Fort Rucker BOSS president.

"The importance of this building is for the single Soldiers [on Fort Rucker] to have somewhere to go,' she said. "We want to get them out of their barracks rooms and give them a place to hang out, watch TV, play video games or play pool - offer a little bit of recreation."

Johnson said that the renovation of the facility was a good opportunity to keep single Soldiers out of trouble and build morale.

"As a Soldier, we don't get much down time, but

SEE FACILITY, PAGE A4

## Retiree Appreciation Day offers health fair, dinner

By Sara E. Martin Army Flier Staff Writer

Fort Rucker invites retirees and their Families from across the Wiregrass to attend the 38th annual Retiree Appreciation Day Oct. 26.

Retirement services organizes the event each year, which includes a Health and Information Fair and a dinner at The Landing to help retirees in two critical areas: physical and mental health, according to Jeffrey Atkins, nurse for heath promotions.

"It is mandated by the Army to have a health fair each year for retirees because many don't live in the local area and may not know what they have access to here or on any military instal-

lation. The day is to educate them as much as possible and help them with any medical issues they may need guidance on," he said, adding that free flu shots will be provided to retirees and their Families at the fair.

The event, which will be from 8 a.m. to noon, has grown so much over the years that the health fair has moved to a larger location.

"We are usually at The Landing, but this year we will be at the gym on Andrews Avenue because we have outgrown The Landing. We are excited about the new location because not only can we get more vendors in for retirees to see but we can have a better flow of people to ensure that they can stop at every booth," he said.

Fifty-eight civilian and military vendors will be at the health fair to help guide retirees.

"Institutions such as American Legion, Veterans of Foreign Wars, Department of Disabled Veterans, Social Security, military recreational vehicle parks and local hospitals will be there, as well as people from specialty clinics," said Atkins.

The event is expected to bring in around 700 retirees.

"I work with a lot of people from around the Wiregrass and many never know what benefits they have. Many forgot because it has been so many years and others just do not know

SEE APPRECIATION, PAGE A4



Retirees and their Families from across the Wiregrass browse vendors at last year's Retiree Appreciation Day Health and Information Fair at The Landing. This year's fair will be at the Fort Rucker Physical Fitness Facility on Andrews Avenue Oct. 26 from

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## PERSPECTIVE

## **Hunting:** The adventure and the risk

**By Art Powell** 

Strategic Communication Directorate U.S. Army Combat Readiness/ Safety Center

Hunters who bag a buck, a bird or nothing at all still agree it's great just to be outdoors.

While the woods and fields offer outdoor activities that appeal to many people, it's important to recognize the danger involved.

From fiscal 2009 through the third quarter of fiscal 2012, two Soldiers died in hunting accidents. One was killed when a hunting dog reportedly jumped and struck the Soldier, who was preparing to fire, causing the round to strike him instead of the intended target. Three other Soldiers in the hunting party were uninjured. The second Soldier was running on an authorized trail when he was fatally shot by

Nationally, the rate of hunting accidents is low, according to the National Shooting Sports Foun-

"Many people have the misconception that hunting is unsafe, but the data tells a different story," said Jim Curcuruto, NSSF's director of industry research and analysis, "Comprehensive hunter education classes that emphasize the basic rules of firearm safety, plus a culture of hunters helping fellow hunters practice safe firearms handling in the field, are responsible for this good record."

Hunting with firearms has an injury rate of 0.05 percent, which equates to about one injury per 2,000 participants. Only camping and billiards are safer, according to NSSF. For comparison, golf has one injury per 622 participants, they report, while tackle football topped the list of activi-



ties with an injury rate of one per 19 participants.

Tips from the Alabama Department of Conservation and Natural Resources, http://www. outdooralabama.com/hunting/ education/huntingtips.com, outline safe hunting practices.

These include keeping the

muzzle pointed in a safe direction at all times, treating every firearm with the respect due a loaded gun, and being sure of your target, including what's in front of it and beyond.

Additional tips include keeping your finger outside the trigger guard until ready to shoot, wearing a blaze orange cap or vest, and using a small flashlight during dimlight conditions to identify yourself as human.

Leadership skills that Soldiers use on duty serve as a foundation for safe hunting habits. Taking care of a hunting buddy is similar to taking care of a battle buddy.

## Driver distractions more than texting, phones

**Bv Bob Van Elsberg** 

Strategic Communication Directorate U.S. Army Combat Readiness/Safety

FORT RUCKER — What's the first image that comes to mind when someone mentions distracted driving? Is it someone texting or talking on a cellphone? If so, here are a few Army accident reports that might surprise you:

- · a Soldier became distracted while attempting to swat a bee, drifted across the centerline, sideswiped an oncoming vehicle and went into a ditch;
- a Soldier dropped his thermos and was trying to retrieve it from beneath his feet when he turned his steering wheel to the right and drove off the road into a ditch: and
- · a Soldier lost control of his vehicle while attempting to retrieve an object from the floor and struck a median and

"When a Soldier gets behind the wheel, driving must automatically become job one," said Lt. Col. Scott Wile, driving director at the U.S. Army Combat Readi-



ness/Safety Center. "People who try to do anything other than safely guide their vehicle don't have their priorities straight on the road. Phone calls, text messages and anything else that interferes with driving

aren't worth dying for - they can wait."

Not only does the National Safety

Council report distracted driving plays a role in more than one in four accidents, there's medical proof it's dangerous. Using MRI tests, researchers at Carnegie Mellon University found distraction significantly impairs the part of the brain that recognizes movement. That's not a good thing when you're surrounded by moving objects that can kill you.

Vision is affected too. In tests, handsfree cellphone-distracted drivers missed up to half the visual information in their driving environment, including exits, red lights, navigational signs and stop signs.

So what can you do? Before doing anything other than driving behind the wheel, ask yourself, "Is this really necessary?" Take a few moments to consider the possible bad consequences. Most likely you'll find the risks outweigh the benefits.

For cellphone users, the NSC recommends you put your cellphone on silent or vibrate before starting your car. Also, modify your voicemail to indicate you are unable to answer calls or return messages while you're driving. If you need to talk or text, pull over to a safe location and park. Finally, understand that hands-free doesn't mean risk-free vou're still mentally distracted and at greater danger than a driver who is fully focused on the road.

For more information on driving safety, visit https://safety.army.mil.



There are many Halloween events held in Fort Rucker every season. How does your Family celebrate the spookiest season of the year?



Amy Anderson, military spouse

We start with carving pumpkins and making costumes. We love to go trick-or-treating."



Sgt. Colin Schwalm, HHC, 1st Bn., 10th Avn. Regt.

"We like to go to haunted hay rides. Its good fun and gets the blood boiling.



2nd Lt. Forest Thrush, B. Co., 1st Bn., 145th Avn. Reg.

"I like to dress up, throw on something funny and go hang out with my friends."



Dianna Carbajall, military spouse

"I like to decorate my house by making it look a little scary."



Wesley Wynn, civilian

"I like to watch Nightmare Before Christmas and drink apple cider. I also like to dress up Oct. 31."

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By Nathan Pfau Army Flier Staff Writer

Anticipation filled the air as almost 50 Aviators came together at the post theater during the Initial Entry Rotary Wing Aviator Course graduation ceremony to be pinned with their wings, with one graduate continuing a Family tradition in Army Aviation.

Second Lt. Kasandra Clark, IERW UH-60 Black Hawk Aviation graduate, stood in line as her mother, Molly, pinned her own wings of 28 years on her daughter as her father, Ed, also an Army Aviator, watched and congratulated the Family's next Aviator.

"It's kind of surreal to graduate," said Kasandra. "You think about it being way in the future, but now that it's actually here, you think if you've done everything that you needed to do to be best prepared.'

Molly said that the graduation had been emotional for her, especially the fact that her daughter is now an Army

"I've been thinking about it a lot - especially the last couple of days," she said. "This is really happening and I never would have though that one of our daughters would have actually followed in our footsteps and go into Aviation - I was really happy when she chose

Kasandra's decision to go into Aviation came suddenly as she was going into her final year at West Point.

"I don't think I even wanted to go into the military as I was growing up, but it's where God took me," she said. "I wanted to go into [military] intelligence originally, but I got to spend a couple of days at the Aviation unit where I was and I got to see all the helicopters and everything, and I just loved it."

The fact that she had two Aviators for parents made the transition easier for her, said Kasandra.

"It definitely influenced me having two Aviators as parents," she said. "My Family as a whole has been in the military from my grandfather to my older sister. I've grown up around it, but I wouldn't consider myself a

"I don't think I've ever felt the pressure to go into the military or go into Aviation, but I'm the type of person that needs to constantly keep going and be challenged," said Kasandra. "[In Aviation], you're learning something every day and you don't do the same things - that definitely got my attention. You always have to think outside of the box and I think that's where I fit best."

Ed said he was excited to hear that his daughter had chosen to go into Aviation, adding that he might have helped to push her in the direction of Aviation, but want-



Molly Clark (right) pins her wings of 28 years on her daughter, 2nd Lt. Kasandra Clark, Aviation graduate, as her father, Ed, watches during the Initial Entry Rotary Wing Aviator Course graduation at the post theater Friday. Both of Kasandra's parents were also Aviators who trained at Fort Rucker when Aviation first became a Branch.

ed to leave the decision up to her.

"She kept talking about military intelligence while she was at West Point, but while she was out at Fort Irwin. [Calif.]. she called me telling me how different military intelligence was. So, I asked her if they had an Aviation unit there and when she told me yes, I told her to go down there and talk to them," he said. "Sure enough she went down there to talk to them and after that, all she would talk about was how excited she was about going into Aviation."

Both of Kasandra's parents were trained at Fort Rucker when Aviation first became a Branch.

We have a long history with Army Aviation, and it's just something that's engrained in us," said Ed. "[Molly and II were both here when Aviation became a Branch and it was an exciting time to see that happen, and it's

really exciting now to see how Aviation has evolved from being the Branch on the outside to the Branch that everyone wants to be a part of."

Kasandra said she could always hear the excitement in her parents' voices as they would talk about Aviation once they found out she was interested. She would listen to their stories about what they went through as they trained and talk about the differences that she had to endure throughout training.

"It was cool to hear [from my parents] how things have changed in Aviation," she said. "It's definitely been a good thing to have that [relationship with them]. I've tried my best as I've gone through and that's all I can do continue to strive and learn everything that I can."

Kasandra will continue on to serve as an Army Aviator at Fort Campbell, Ky.

### Domestic Violence Awareness Month kicks off with Purple Friday

By Sara E. Martin Army Flier Staff Writer

October is Domestic Violence Awareness Month and people from around post showed their support by donning purple and participating in the kickoff event at Bldg. 5700 Friday.

The Family advocacy program hosted the event, which included speeches, demonstrations, food

"This year's theme is Don't Turn Your Back on Domestic Violence. A victim can be anyonea Soldier, a coworker, a friend. Some people assume that victims are not trying hard enough or that victims deserve it, but those beliefs can get people killed," said Luticia Trimble-Smith, FAP man-

FAP ensures victims that the staff is there to help anyone in need of guidance and counseling.

We want everyone to be aware of the resources that are out there to assist victims and their Families to receive the support that they need to ensure everyone in their Family is safe," said Trimble-

As a visual demonstration, seeral volunteers wore T-shirts that had symptoms of abuse written across them and stood in front of the podium as speakers advocated for domestic violence awareness.



Col. Stuart J. McRae, Fort Rucker garrison commander, speaks at the Domestic Violence Awareness kickoff event Friday in the lobby of Bldg. 5700.

The special guest speaker was Col. Stuart J. McRae, Fort Rucker garrison commander.

"Since 2009 Fort Rucker has had three deaths from domestic violence. That is a tragedy. That is three deaths too many. We have to step forward and be vigilant. Be aware of the signs; don't assume someone else is handling it. Be bold, be blunt and ask questions," he said, adding that he thinks people appreciate when someone goes out of their way to make an effort to ensure that someone is not being battered.

The vendors at the event gave out stress balls, bookmarks and pamphlets on the history of the purple ribbon, how to handle conflict, how to be a better listener and have proper communication with a partner, how to manage a stressful relationship and how to stay together.

Guests such as Marcel Dumais, chief of police for Fort Rucker, felt the kickoff event was a success.

"Fort Rucker has a lot of leaders that care, and that reflects into events like this. Leadership gets involved here and that is seen in our lower numbers of domestic violence than the surrounding areas. This was a great event to get people out and raise awareness of domestic violence. It is events like this that help the community so much," he said.

The shirts that represent the

types of domestic abuse will be displayed in Bldg. 5700 over the course of the month, according to Ruth Gonzalez, Army Community Service relocation readiness program manager and one of the volunteers who wore a shirt during the event.

"My shirt represents a spouse that has been abused emotionally; others include a controlling spouse or a physically abusive spouse. I think it is good for people to read the shirts to give them a better understanding of the signs of domestic abuse. Something such as an overbearing spouse combined with [physicality] can create a harmful environment, which leads to domestic violence," she said.

Early notification, according to Dumais, is the best way for victims to remain safe and healthy.

"We have to act when we hear anything about domestic violence. We can't wait until it gets to the point where it may result in a death. Early involvement is the way to handle domestic violence issues, and I hope people are concerned enough to get out and notify a supervisor in a case where they believe domestic violence is happening," he said.

Smith, has a year-long program to fight domestic violence.

"We are always developing and providing programs that empower

is just the month were we have large, special events. We will have the "Five Languages of Apology" couples workshop Oct. 26 from 11:30 a.m. to 1 p.m. at The Commons. The workshop will explore expressing regret, accepting responsibility, making restitution and requesting forgiveness. Lunch will be provided to all those who participate," she said.

Domestic violence is often bound to the home and goes unreported, said Trimble-Smith, enforcing the garrison commander's discourse about spectators taking a stand against it.

"We have a responsibility to our fellow person. That is a requirement as human beings-to care for each other. So, it is incumbent for each of us to recognize the signs and to not pretend something isn't there or assume that everything is O.K.," said McRae.

A person needs to feel safe in their home and relationships have to have mutual trust for a healthy bond to grow, which Trimble-Smith said is lacking in domestic abuse cases.

"Those who have gone through rbal, emotional or physical FAP, according to Trimble- abuse often do not want to leave their spouses, they just want the abuse to stop. They are not victims, they are survivors," she

#### Retirement ceremony

Fort Rucker hosts its retirement ceremony Oct. 26 at 2 p.m. in the U.S. Army Aviation Museum. Everyone is welcome to attend the event and honor the post's latest

#### Electronic retiree newsletter

The annual retiree newsletter is now available via email. To receive the newsletter electronically, people should send an email to ruck.retirees@conus.armv.mil requesting the newsletter, and also include their name and U.S. Postal address.

#### Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend

#### Hispanic Heritage ends

The post's Hispanic Heritage celebration concludes

Friday with the Latin Ritmo Dance and Music Expo at 6 p.m. at the post theater.

The event is free and open to the public. The event will feature the Hispanic rhythms of various cultures within the Latin community. Dothan's St. Columba Children's Dance Group will perform traditional dances from Mexico, and Ron DeVane and a dance group will perform traditional and modern dances.

Salsa and ballroom dance instructor Marte Vere and the "Con Sabor" (With Flavor) dancers will perform a variety of modern and traditional dances.

The event will also feature other local volunteers who will represent Panama, Paraguay, Spain and other countries with folkloric dancers and dress.

The Fort Rucker Thrift Shop hosts a bag sale Friday from 8 a.m. to noon where people can get everything they can stuff into a bag for \$5. The thrift shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. and also the first Saturday of the month from 8 a.m. to noon, unless it falls on a holiday weekend and then the shop will be

open on the second Saturday.

The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more, call 255-9595.

The Music Under the Alabama Stars concert scheduled for Oct. 19 at 6:30 p.m. at Howze Field has been

Details on future concerts will be released once they are available.

#### Student celebration

Troy University hosts its student celebration Nov. 15 from 6-8 p.m. in Bldg. 4502. Troy invites the public to the free event to meet with staff, faculty, current students and prospective students. Refreshments and beverages will be served.

For more, call 598-2443.

## Soldiers: Family focus eases deployment stress

Continued from Page A1

we couldn't talk," said Brad. "It's especially tough because you can't tell your spouse what you're doing when you're deployed."

Rebecca stayed busy while her husband was overseas by studying and writing papers, as well as watching after their two children.

"I'm in grad school, so I spent a lot of time writing and stuff like that, but mainly, I spent my time being mom," she said. "I just focused on the kids and made sure that they were good and well adjusted. With children, deployments are a lot different because they don't understand, so filling their time and filling the void for them was the tough part."

Sabrina Gaunya, wife of Staff Sgt. Jeffrey Gaunya who was deployed, also said that her daughter is what kept her busy most of the time while her husband was away.

"Having a child keeps you really busy, so we would just go out and do stuff together," she said. "We would go to the zoo and a lot of shopping was involved – just doing things to stay occupied."

This was Jeffrey's third deployment and he said that being away from his wife and daughter was the hardest

"They say that it gets easier with time, but this is my third time and it never seems to," he said. "I was a little nervous about coming back at first because I didn't know how my daughter would react because I've been gone so long. I'm just really glad to be back."

## Facility: Movie theater addition earns Soldiers' praise

Continued from Page A1

when we do, we want to do the right thing at all times," she said. "When we have people looking out for each other, pushing them and pointing them in the right direction, and showing them something that's encouraging and not going out drinking or partying all the time – that's what this facility does."

Pfc. Stephon Griffin, B. Co., 1st Battalion, 11th Aviation Regiment, came out to view the new facility and said that he was most impressed with the movie theater addition

"I wasn't expecting it to be this good," he said. "The movie theater has been the most shocking thing. It's got the leather seats and they are very comfortable. I'll definitely be coming out here often."

Griffin added that he's glad that the Army realizes that things should be done for lower enlisted Soldiers and those that don't have Families with them on the installation

"It's important that the Army do this for lower enlisted Soldiers so that we feel loved," he said. "It makes us feel like we have something to do and something to look forward to after work – I like it."

The new BOSS facility is only a portion of what BOSS does for single Soldiers on Fort Rucker, said Johnson. BOSS organizes trips for Soldiers to go on as well as encourages single Soldiers to become involved in community services that help the Directorate of Family, Morale, Welfare and Recreation.

"Please note all the great things that have been put in [the new facility] for our Soldiers – for your Soldiers," said Command Sgt. Maj. Buford E. Noland, Fort

Rucker garrison command sergeant major, at the ceremony. "It took a lot of work by a lot of people, and a considerable amount of money to make this the way it is."

The amount of time, money and work put into the facility is well worth the investment, according to Thomson.

"We want [the Soldiers] to spend their off-duty time in a positive environment doing the things they like to do," he said. "Our single Soldiers one day will be our future leaders, and we want them to have a positive experience, stay in our Army and return on this investment in the future."

## Appreciation: Community recognizes, honors retirees

Continued from Page A1

because they do not have daily access to the Internet or a military installation," he said.

Atkins advises retirees to take advantage of the benefits that they earned by living a healthier life, starting with knowing what their benefits are and how to properly use them.

"Military retirees are our heritage, so if you know a veteran tell him or her about the event because it can be difficult for them to get the information. Without them we would not be here. They are the trail blazers—they got us to where we are now. They are heroes and mentors, so we need to make sure we take care of them. We need to honor their contributions," said Atkins.

The Health and Information Fair is only a portion of Retiree

Appreciation Day, though it covers most if not all areas of support that impact retirees, according to Chris Moore, retirement services officer.

"We will have a quarterly retirement ceremony, and cake and punch will be provided at the main exchange at 3 p.m. for people who want to do a little shopping and want take a break and recognize retirees. Retirees can pick up a \$5 coupon at the fair and use it that day as a token of appreciation. We will also have a social hour at The Landing from 4-5 p.m. for people to socialize and mingle," he said.

The dinner, which will follow the social hour, is expected to host 100 to 125 retirees and their Families, but those interested must register by filling out and returning the invitation in the Fort Rucker retirement services newsletter or by stopping by retirement services in Bldg. 5700.

"The cost is \$15 per person and the dinner will be a traditional German schnitzel dinner. Afterwords, Lt. Col. (Ret.) Shane Ostrom, deputy director of Benefits Information and Financial Education Department of Military Officers Association of America, will speak about what near-term changes retirees can expect out of Washington.

Moore, who has seen 18-yearold Soldiers retire out of the military medically, said the hardest part about organizing the events is making sure what the day provides is relevant to retirees of all ages and conditions.

"I try to refrain from the all sizes fits most. I want to tailor the events to really help those who come out here to participate. I want everyone to feel included," said Moore, whose office is responsible for the state of Mississippi, the panhandle and most of Alahama

"When I say retiree I mean everyone who retired out medically at a young age all the way up to folks who served in World War II. This is not a veteran appreciation day; it is a retiree appreciation day. All retirees are veterans,

but not all veterans are retirees," he said.

The day serves as an opportunity for people to appreciate what retirees have done as well as provide care for retirees.

"Each generation of retirees makes different contributions to America, and we as a community need to recognize that," he said.



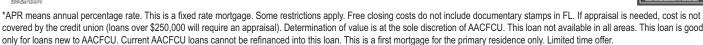


If you live, work, worship or attend school in most Wiregrass areas, you can join! Stop by today!



Bldg. 8937 Red Cloud Road, Fort Rucker *Across from the Commissary* 341 North Daleville Avenue, Daleville (334) 598-4411 www.aacfcu.com





## **Combat effectiveness focus** of Energy Awareness Month

**By David Vergun** Army News Service

WASHINGTON - Improved energy efficiency ties directly to mission success, said Katherine Hammack, assistant secretary of the Army for Installations, Energy and Environment.

Hammack said the focus of the Army's energy policy is on the Soldier.

"We want the Soldier to be able to fight longer and go farther on the same or less amount of energy, and, reduce the logistical tail to getting him there," she explained.

That's something everyone should be concerned about, she said, especially since October has been designated as Energy Awareness Month.

Something as simple as improving a battery can increase Soldiers' combat effectiveness, Hammack said.

"A Soldier might be carrying 15 to 20 pounds of batteries to power his night-vision goggles, cellphone, laptop, GPS and radio used for communications," she said. "And, he'd carry other batteries as backups to those and in some cases backups to the backups.

"We're migrating to rechargeable batteries and pushing them out to the field," she continued. "Fewer batteries means less weight to carry to the fight."

Hammack said Soldiers are issued a plate-shaped conformal battery that attaches inside one of the side plates of their body armor with wires running through the armor to power energy-consuming devices like night-vision goggles and radios.

Along with fewer batteries, she said there are now more devices available in which to recharge them.

"Soldiers can plug them into vehicle cigarette lighters, solar panels, clamp them to vehicle batteries or attach them to a tube of methane or propane or a fuel cell," she said. "We're pushing this type of technology out to the units, training Soldiers to use it and feel confident with it.'

Training and Doctrine Command and the U.S. Military Academy are adding energy security classes and information to their training curriculum and manuals, she said.

Getting Soldiers to the fight and resupplying them is another energy focus. Hammack said the Army is seeking to produce more energy-efficient helicopter engine replacements as they reach the end of their service lives.

"We wanted engines with twice the torque to double our payload lift capacity, using 25 percent less energy consumption to travel farther," she said. "It sounds a little idealistic, but developers stepped up to the challenge and several models on bench-test look like they're going to deliver that to us.

Hammack said the Army is realizing this efficiency with vehicles as well, citing the FED Bravo — a hybrid-electric Humvee variant. She said the vehicle has doubled the fuel efficiency of a regular Humvee and that when the driver brakes, the energy goes to recharging the batteries instead

She provided an example of how the vehicle could be deployed in theater: "A Soldier could travel silent on battery for, say, 20 minutes. That in itself would be a tactical advantage (reduced noise). And then he could do a security stop for two hours, then move out on engine power."

The FED Bravo is not yet deployed, but Hammack said the Army is shortening the time that equipment like this vehicle moves from development to fielding.

The Army is using hybrid vehicles — but they are the small, robotic-type, she explained.

"We've deployed a lot of these in theater," she said. "They're used a lot for route clearance and are particularly useful in rugged terrain where roads are too small for traditional route-clearance vehicles. In the past, we've had Soldiers going down those roads where [improvised explosvie devices] might be planted. Now, the robots which resemble Bobcat tractors you might see on the farm - are remotely operated by the Soldier and he's protected."

Over the last few years, the Army has been increasing energy efficiency on small outposts in theater.

"There's this small unit in Afghanistan guarding a mountain pass and protecting a village," she said. "There are no roads there so the Soldiers were resupplied by air every three days. About 75 percent of the airlift was fuel and water.'

The Army sent a team out with improved energy efonce every 10 days. The amount of fuel and water was reduced to 60 percent of the payload, Hammack said. She added that Soldiers can now focus on the mission instead of stopping for logistics.

"Logistics is no longer the anchor dragging behind you," Hammack said. "There's also less fuel consumed by the aircraft and they can be used for other missions. For what we did, our return on investment was about 400 percent."

Some of this technology will likely have spinoffs for the civilian sector, she said. "For instance, when your car isn't being driven, it could be used to put power back to the grid."

In addition to improving energy efficiency for Soldiers and their vehicles and equipment, the Army is making advancements in energy on its permanent installations.

"In an era of increasing energy costs and limited resources, we're working to lower the cost of energy, while increasing mission effectiveness," she said, explaining that the Army is working to reduce installations' dependence on the local power grid.

"The recent (windstorm) took out a lot of aging power lines in the [Washington] D.C. area, including on the installations. We're not yet as self-sufficient as we'd like to be, but we're getting there," she said, explaining that the Army is looking into all renewable-energy options including solar, wind, geothermal, biomass, ocean thermal and wave technology.

The Army has renewable energy goals in its sights. "We made a commitment to use 1 gigawatt (1 billion watts) of renewable energy by 2025, in 30 to 40 locations," she said. "That would make us less dependent on the (less efficient) long-distance power lines.



A CH-47 Chinook helicopter travels on a resupply mission to a remote base in Afghanistan Feb. 4. New developments in engine technology are enabling helicopters to fly further on less energy

Hammack said more renewable energy would benefit communities surrounding the installations as well. "They're sending power to installations now. (With renewable energy) we could put energy on the grid for those communities or use less. It would be especially beneficial during peak usage hours."

The Army hopes to save money on its energy initiatives through public-private partnerships.

'We're not asking Congress for \$7 billion to do it. We're going to invite developers to come on Army installations and build geothermal, biomass, wind turbine, solar photovoltaic and buy energy from them," she said. "We're finding quite often that energy is lower cost or the same price as what we purchase from the grid. Some of the savings come from energy lost over long distances."

In some cases, the energy provider might be the local utility itself, if it is more cost-effective than what a private developer might offer, she added.

Mission requirements are the Army's highest priority so the energy plan would have to support the mission, she

"Besides price, we'd want to look at what technology would work best for the land on the installation. For example, a solar field on a training installation would interfere with training, but might be suitable on land bordering a community, where the panels could serve as noise buffers. In the same regard, wind turbines would be located away from airfields (to comply with height restrictions),"

The Army has some other energy goals for its installa-

"We're identifying 100-300 megawatts of power a vear (to be replaced with) renewable energy," she said. "The Army Corps of Engineers is facilitating that effort. They've drafted multiple award task-order contracts with \$7 billion contracting capacity. This is a huge opportunity for the renewable energy industry to have a large customer (the Army). Business will be around for a long time.

"The \$7 billion estimate was based on work we did in 2009 when we stood up the Energy Initiatives Task

Force," she said. "So maybe we won't need all that \$7 billion contracting capacity.

She thinks the savings could come from improved technology in the last couple of years, such as a 50-percent reduction in the cost of voltaics.

The Army is not ditching its traditional theme of energy conservation. "Soldiers still need to heed the advice their mothers gave them. 'Turn out the lights and close the door when you go out.' It's especially important in a deployed situation where little things like that add up. Minor behavioral changes mean less fuel that has to be delivered and less time out of the mission to guard routes that deliver the fuel," Hammack said.

"Every Soldier can do his part to help us be more energy efficient and increase mission effectiveness.'

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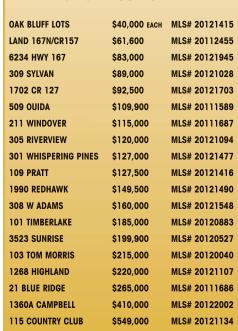
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#### OCTOBER 11, 2012



CW2 Trina Moreno, Corpus Christi Army Depot maintenance test pilot, conducts flight control checks on a UH-60 Black Hawk. Moreno is the first female maintenance test pilot at the depot.

## **CCAD** welcomes 1st female test pilot

By Jaclyn Nix Corpus Christi Army Depot

CORPUS CHRISTI, Texas — For the first time in its 51-year history, Corpus Christi Army Depot welcomed a female maintenance test pilot.

CW2 Trina Moreno, a test pilot for the UH-60 Black Hawk, came to the depot in 2011 to help with crash battle damaged and recapitalized Black Hawks. She can be found in the hangar or on the flight line dressed in her ACUs performing inspections, test flights and the occasional aircraft delivery.

"I love that I get to fly every day and work on aircraft

that I know will make a difference," she said. She hopes to influence others in Army Aviation by CCAD are combat ready.

bringing her knowledge and experience to the field for the warfighters.

"When an aircraft happens to break, I can go out, troubleshoot it and get it flying again," she said. "I [can] take the experience I learned at CCAD and show the unit how to troubleshoot the aircraft to repair."

A 17-year Army Aviation specialist, Moreno came to Corpus Christi Army Depot from Fort Campbell, Ky., after serving a tour of duty in Afghanistan and after a devastating accident that left her husband as a quadriplegic. The U.S. Army and CCAD worked to secure a job for Moreno that would bring her and her Family closer to their extended Family in south Texas.

Moreno's job is to ensure helicopters remanufactured at

She inspects every inch and rivet of the Black Hawk with safety flight crews before the aircraft ever lifts off the ground. She ensures that the hundreds of new or remanufactured components and engines in each aircraft work properly with ground runs. After each hover and flight test, Moreno and the crew continually service the helicopter to ensure a perfect bird until it returns to the warfighters needing it the most.

"When I was a little girl my parents used to take me to air shows. I remember seeing the Aviators, people in uniform and the helicopters and I knew then that [flying] was what I wanted to do," said Moreno.

"I started out as a mechanic and now I'm a pilot, which

SEE CCAD, PAGE B4

## Aviators honored once more for Afghanistan rescue



CW 3 Jason Lacrosse, an instructor pilot with the Falcon team at U.S. Army Europe's Joint Multinational Readiness Center in Hohenfels, Germany, poses with German soldiers at the Berlin Air Show, Sept. 11. Three of the German soldiers were among a group of Bundeswehr troops rescued by Lacrosse and fellow Soldiers in Afghanistan in April 2010, and the fourth was a member of the Joint Tactical Air Command involved in that operation. In 2010 the Americans who took part in the rescue were honored with the Bundeswehr's highest award for a single act of valor, and Lacrosse and one of his colleagues were honored once more during this year's air show.

By Staff Sgt. Tabitha Lee

BERLIN — Two U.S. Army Europe Aviation crew members were honored on the opening day of the Berlin Air Show for their part in heroic efforts that saved 12 German soldiers in Afghanistan in 2010. The Americans received awards for valor from the Sikorsky Aircraft

Corporation, Sept. 11. The awards were presented by Robert Kokorda, Sikorsky's vice president for sales and marketing. U.S. Ambassador to Germany Philip Murphy, Gen. Philip Breedlove, U.S. Air Forces in Europe and U.S. Air Forces Africa commander, and Sergei Sikorsky, son of aerospace pio-

Awardees CW3 Jason Lacrosse, who was a UH-60 Black Hawk pilot at the time of the rescue and is now an instructor pilot with the Falcon team at the Joint Multinational Readiness Center in Hohenfels, Germany, and Sgt. Antonio Gattis, a flight medic with C Company, 1st Battalion, 214th Aviation Regiment in Landstuhl, Germany, were part of the team of 14 USAREUR Soldiers who took part in the rescue. Just weeks after the rescue the Soldiers were awarded the Bundeswehr's highest honor for a single act of valor, the Ehrenkreuz in gold.

neer and Sikorsky founder Igor Sikorsky, were present for the event.

"To have the company give me an award, as a UH-60 Black Hawk pilot, I got teary eyed," Lacrosse said. "I was just a soldier doing my

SEE HONOR, PAGE B4

## Army Reserve MPs train with 'eye in the sky'

By Sgt. Jaime Avila

302nd Mobile Public Affairs Detachment

PHOENIX - Soldier safety in combat zones is a top priority for the Army, and state-of-the-art technology is often used to minimize the risk. One such technological aid is the small unmanned aircraft system known as the Raven.

At the helm of the small battery-powered remotely control air craft are dozens of Army Reserve military police teams assigned to the 200th Military Police Command

Raven teams assigned to the 56th Military Police Company from Mesa, Ariz., spend battle assembly weekends in remote locations fine-tuning their flying

"This is excellent training," said Brig. Gen. Scottie D. Carpenter, commander of

the 11th Military Police Brigade. "They're out here with all their equipment using it like they would be using it in a real combat environment."

In operations, remote-controlled unmanned aircraft systems have played a huge role by relaying real-time visual battlefield information to assist commanders in making their decisions, without sending pilots or Soldiers into danger.

The Raven is a small, hand-launched UAS capable of traveling up to 10 miles, and transmits both images and video in real time. It only requires one person to launch and a two-person team to operate.

"It's packed into two parts so the twoman team can carry it anywhere on their backs," said Staff Sgt. Don Griffin, one of the company's Raven team leaders. "Once it comes time to use the equipment, the team should be able to get the plane up

and flying within five minutes.'

Griffin said it is important for the fourperson team to conduct aerial operations with the Raven.

"We usually do hands-on training every three months and when we can't we use our flight simulator to get our training time in. This helps us keep our skill up on flying and it gives us practice on specific skill like surveillance techniques," said

Flying the Raven is no easy task. with multiple features and controls: it takes a trained and certified Soldier to accomplish the task. Before they are able to fly the Raven, Soldiers must first go through a two-week course were they receive both hands-on instruction on the equipment and class time. Once a Soldier

SEE RESERVE, PAGE B4



Army Reserve military police with 200th Military Police Command spend their battle assembly weekends in remote locations fine-tuning their unmanned aircraft system flying skills.

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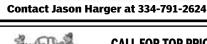


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Thursday, October 11, 2012 Army Flier Classifieds



## **CCAD:** Aviator optimistic for program future

Continued from Page B1

is awesome," she said. "We are starting to see a lot more females doing that, which is great."

One of Moreno's greatest achievements while working at the depot was assisting the CCAD team complete and deliver 50 recapitalized UH-60s to the warfighter, breaking the production record of CCAD Black Hawks in a given fiscal year. CCAD produces state-of-the-art UH-60 Black Hawks for the warfighter at the lowest possible cost to ensure the Army remains battle-ready and capable to maximize Army combat power.

The recap program involves the teardown of older model UH-60s to rebuild them with the best and latest technology and systems. Upon completion, each aircraft comes out equal to or better than a new UH-60L Black Hawk with a life extension of up to 10 years.

"Working at CCAD is a great experience," said Moreno. "[Soldiers] are getting a great product."

Moreno is grateful for the women who have served before her, and optimistic for the women who will serve

"I think it is important for women to strive in the military because women before us have strived to get us to where we are today," she said. "I'm thankful that I can pave the way for future female test pilots."

CCAD welcomed its second female maintenance test pilot in September. CW4 Tammy Stewart will assist CCAD as they replenish the OH-58 Kiowa Warrior for



Corpus Christi Army Depot's first female maintenance test pilot, CW2 Trina Moreno, checks the tail rotor blades on a UH-60 Black Hawk during pre-flight inspections.

## Honor: European Aviators express admiration

Continued from Page B1

"It was a huge honor to receive the award," said Gattis. "It was overwhelm-

Three of the German soldiers that were

rescued during that 2010 mission and German army Feldwebel (the equivalent of a U.S. Army staff sergeant) Patrick Bonneik, a Joint Terminal Attack Controller who was involved in the operation, attended the Sikorsky award presentation

Bonneik expressed his admiration for the American Soldiers who rescued his comrades and their recognition by the aircraft industry

"It's an honor to see their heart, dedica-

tion and perfect service," Bonneik said.

It has been more than two years since the mission and the bonds between the Soldiers are still strong.

"Every time I see them again, it's like we are old friends," Gattis said.

## Reserve: Training essential to UAS support, safety

Continued from Page B1

has mastered the controls, he or she can program the Raven to fly in a set path or control it manually.

The Raven has safety features set in place in case the controller loses communication with the plane or the plane crashes. If communication is lost between the controller and the Raven, the UAS will come back to a predesignated coordinate and fly over that coordinate until communication is restored or until the battery dies and it conducts a controlled crash landing. A built-in GPS helps in locating the Raven in case of an unexpected landing.

The complexity of the system makes the training 56th MP Company Soldiers received that much more important according to Griffin.

"The training is important because when you have squads of Soldiers out in theater where it's dangerous, we can launch these planes into the area that they can't see instead of having to send them in without some type of intelligence," said Griffin.

Carpenter agreed.

"I can definitely see the benefits and the positive effects this type of equipment would have out in the field," he



Army Reserve military police with 200th Military Police Command spend their battle assembly weekends in remote locations fine-tuning their unmanned aircraft system flying skills.



Aircrews with 3rd Bn., 101st Avn. Regt., 159th CAB, spin up their AH-64D Apache helicopters to conduct an aerial gunnery range Oct. 3 at Fort Campbell, Ky. The crews conduct annual qualification tables with their aerial weapons in both day and night conditions to sustain their levels of Aviator gunnery proficiency.



OCTOBER 11, 2012



Holiday brings spooky events, Family activities

By Sara E. Martin Army Flier Staff Writer

The spookiest time of year is on the way and Fort Rucker has scheduled events and festivities for the community to enjoy.

From haunted houses to children's craft events, Fort Rucker is providing festivities for the faint of heart, as well as terror and adrenaline junkies.

For those who want to enjoy Halloween traditions without too much fright there are several children's activities throughout the month.

#### **Fall Festival**

The Fort Rucker Riding Stables holds its annual Children's Fall Festival Oct. 27 from noon to 2 p.m.

The stables will have 20 games geared towards young children, each game costing \$1 or one ticket each. Tickets can be purchased at a booth on site.

"There will be a winner every time for the children's games," said Leda Green, program manager of the riding stables, adding that the game attendants are volunteers from the Warrant Officer Career College.

The festival will also have pony and horse rides, large inflatables, a costume contest and a clown with a rideable train.

The event is recommended for children 10 years old and younger, and children are encouraged to bring candy buckets to place their prizes in.

"The festival gives people a Family day. Civilian and military Families are both welcome because it's hard to find things for little kids to do this time of year," she said.

#### **Craft making**

The Center Library also hosts an event for younger ghouls Tuesday from 3:30-4:30 p.m.

The Halloween craft activity encourages children to read," said Gail McCarthy, Center Library technician. "Reading opens their eyes, and this event shows parents and children the opportunities at the library.'

The event is only open to library patrons and is geared towards children between the ages

"There will be light concesons and we would love for all the children to wear costumes," said McCarthy, adding that all the materials for the decorative foam Halloween craft will be provided.

"The event is free but seating is limited for the first 65 children. To register, parents must call the Center Library at 255-3885 or physically stop in," she said.

#### Spooky 5k

The Spooky 5k is another occasion where the community can participate in a terror-free envi-

"The Spooky 5k is Oct. 27 at 9 a.m. at the Fortenberry-Colton Physical Fitness Facility. Registration forms are available at both PFFs and online at www.ftruckermwr.com/recreation/physical-fitness-facilities," said Kristi Fink, fitness programs manager.

Registration for the run is \$20 until Oct. 20 and \$25 after. The fee includes a T-shirt, while sup-

Runners can register for \$12 if they do not want a shirt and teams of eight can register for \$100.

Sports, fitness and aquatics organizes the event each year, in which the public and all ages are encouraged to participate.

"There is a costume contest with several categories like adult, child, scariest, best overall and most original," she said. "All of our fitness events promote health and fitness, while having fun. Everyone is encouraged to participate— there's nothing wrong with some healthy competition,'

#### **BOSS Haunted House**

For those brave enough to face the terror of All Hallows Eve, Fort Rucker delivers a cauldron full of fears.

The Better Opportunities for Single Soldiers will host its annual Haunted House at the Fortenberry-Colton PFF Oct. 20 from

"BOSS puts it together each year and it is a community service project for us. Our main goal is to gather canned goods for the post food locker," said Cpl. Doris Johnson, BOSS president.

Admission for the haunted house is two canned goods or non-perishable food items, diapers or milk for infants.

"The items are collected for the holidays so that we can help support Soldiers and Families in need. People should come out and enjoy the spooky tents as well as support the food locker," said

Civilians and their Families of all ages are also welcome to join in on the night of terror.



Then WO 1 Jenn Johnson <mark>and W</mark>O1 Dan <mark>Johnson he</mark>ad for <mark>the</mark> finish line with their children, Daisy, AKA Thing 2, and Ada, AKA Thing 1, during last year's Spoo<mark>ky 5k. This</mark> year's eve<mark>nt</mark> is Oct. 27 at 9 a.m. at the Fortenberry-Colton Physical Fitness Facility.

#### **Haunted Hayride**

Possibly the most anticipated Halloween event on Fort Rucker is the Riding Stable's Haunted Hayride and Barn of Terror Oct. 26-27 from 7 p.m. to midnight.

"Tickets are \$10 but we will stop selling them at 11 p.m. to make sure everyone gets through on time," said Green.

The event has changed this year, adding a large haunted walk-

ing trail to its repertoire. "This is a hayride and walking event, so patrons need to wear appropriate footwear. They start with the hayride into entrance of the Trail of Terror then they will get off and traverse a cemetery. They will make their way to Dr. Fate's Body Shack then, if they still have their sanity, participants will make it into the Barn of Nightmares. After all that fun people will hitch a hayride back

to the front," said Green. Rated as one of the top 10 haunted houses in Alabama with a rating of 10 ghosts, Fright Night is best suited for teenagers and

"Children 12 and younger can participate, but must be with a parent or guardian 18 or older,'

Fright Night is not recommended for people with heart, asthma or seizure problems due to the fog and flashing lights that are a part of the show.

The non-alcoholic event, which does not allow flash photography, has more than 200 volunteers to frighten people. The volunteers come from the Noncommissioned Officer Academy, Enterprise drama department and Basic Officer Leadership Course, said Green.

The event is open to the public but no costumes or masks will be allowed to be worn by anyone other than designated workers of the event

"We have Soldiers that like to scare each other, but in the video of rules that patrons must watch it goes over what will and will not be allowed while participating," she said.

The event, according to Green, gives teenagers a chance to enjoy a good fright while still being safe and responsible.

"People don't realize how big it really is or how many people it takes to put it on, but safety is always a prime concern,"

The trail portion of the event

is what makes it unique for the Wiregrass area, she said.

"This is the first year we have made the long trail. People will be really scared. I can't wait to see people's reactions."

#### Trick or treating

Halloween wouldn't be complete without trick-or-treating, which will be conducted Oct. 31 from 6-8 p.m., but safety for younger and older children still needs to be a concern for parents, said Peggy Contreras, Fort Rucker community police supervisor.

"Smaller children need to wear something reflective in their shoes or clothing in case they walk into the street without a parent or older sibling. Children can easily trip over long costumes so parents need to make sure costumes are safe by making sure that their child can easily walk or run in it without tripping or falling," she

Other Halloween tips that Contreras suggested for children and parents alike are to stay together, don't pet a dog without permission even if the dog seems friendly, don't eat any candy until it is inspected at home and bring a flashlight for when it gets dark.

## Expo puts assistive technologies on display

**By Nathan Pfau** 

Army Flier Staff Writer

The Exceptional Family Member Program teamed up with the Equal Opportunity Office to bring back the Assistive Technology Expo to Fort Rucker that features the latest technology to help disabled activeduty military members. Families and the civilian workforce

The expo will be in the lobby of Bldg. 5700 Wednesday from 10 a.m. to 2 p.m., where people can explore some assistive technologies that different agencies will have on display, as well as talk to representatives and ask questions, said Marion Cornish, EFMP manager.

This expo is an opportunity for different agencies to come on Fort Rucker and show different devices that help individuals with various types of disabilities, and help improve their quality of life," she said. "Representatives from these agencies will be on hand to answer any questions that people might have about certain disabilities or any technologies that they might need to help their loved one."

Assistive technology is any type of technology that can be used to assist disabled people, ranging from a modified computer program for someone with a learning disability, or a doorbell that turns on a light for the hearing impaired, according to the EFMP manager.

"It can be anything really," said Cornish. "It could be something as simple as modifying the settings on an electronic device to meet someone's specific needs. It doesn't have to be a physical piece of hardware, it can be software related as well.'

The expo comes about in con-

junction with National Disability Employment Awareness Month and offers an interactive way for people to get information about assistive technology rather than having a static display or pamphlets for people to read, said the EFMP manager.

"The goal is to get more outreach and more awareness," she said. "If we read something on a piece of paper or just in an email, it's not going to be as well received. By having the representatives there, it will be more a more involved type of learning and people can ask their questions. One of the agencies that will

be participating in the expo is the Alabama Department of Rehabilitation, which will have two representatives from two different departments in their organization: children's rehabilitation services

and vocational services.

"This is just an example of one organization that will be there to assist people," said Cornish. "The people from the children's side will have information on how to help children become more mobile and successful in their daily lives, and those on the vocational side can talk to people with disabilities and inform them on how they could either get into the workforce, or if hey are already in the workforce, how they can go about getting assistance if they need some form of assistive technology."

Something that will be different at this year's expo is the inclusion of the Veteran's Administration. which Cornish said was a welcome addition.

"I'm really excited about the having the Veteran's Administration representative at this year's

expo because we do have a lot of veterans here on Fort Rucker," she said. "If any veterans are looking for employment opportunities, this is a good opportunity for them to come out and ask about it. We want to appeal to everybody this year."

Appealing to more than just active-duty military and their Families is one of the main goals of the expo, which is why EEO wants to encompass the civilian workforce and reach out and educate a broader audience, said Cornish.

"Sometimes Families may not be aware that they have a loved one with special needs, or some Families might not know that some of these [assistive technologies] exist," she said. "Once we're able to expose them to some of the possibilities or agencies that might be able to assist them, it helps them in

## ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

#### Ice cream floats

The Landing Zone offers ice cream floats for \$3.50 with a choice of soda and a complementary customized 9.5-ounce glass mug while supplies last. The special is offered throughout October.

For more, call 598-8025.

## Sesame Street Experience

Sesame Street and the USO bring the furry, fuzzy and friendly muppets back to Fort Rucker Oct. 18 and 19. The tour's stateside return is complete with a fresh new look and a brand new character named Katie a military child who, with the help of her Sesame Street pals, learns to deal with her fears and excitement about relocating after her parent's deployment. The 40-minute shows are Oct. 18 at 2 p.m. and 6 p.m., and Oct. 19 at 2 p.m. and 7 p.m. at the schoolage center in the old vouth center, Bldg. 2806 on 7th Avenue. Tickets for the Sesame Street Experience are free and available to military and Department of Defense ID card holders at leisure travel services in Bldg. 5700 while supplies last. Tickets are limited to six per Family. All ticket holders must be seated 15 minutes prior to start of show. Fifteen minutes prior to show time, officials will allow people without tickets to claim any open seats on a first-come firstserved basis until the facility is full. For more, call 255-9810.

#### **Purple Day**

October is Domestic Violence Awareness Month and the Purple Day campaign is a Fort Rucker community-wide effort to recognize the collective responsibility to prevent all forms of domestic violence. People are encouraged to wear purple every Friday in October as a visible commitment to support the prevention and awareness of domestic violence.

For more, call 255-9641.

#### Newcomer's Welcome

Army Community Service hosts a Newcomers Welcome the third Friday of each month from 8:30-10:30 a.m. at The Landing. Active duty military, spouses, foreign students, Department of the Army civilians and Family members are all encouraged to attend. A free light breakfast and coffee is served. For free childcare, parents should register children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the Newcomer's Welcome.

For more, call 255-3161 or 255-2887

#### Boss' Day Lunch

People can bring their boss to lunch at The Landing Zone Tuesday between 11 a.m. and 2 p.m. During that time, bosses will receive a complimentary Boss's Day dessert with purchase of an entrée.

For more, call 598-8025. This mo



## Sesame Street Experience

The Sesame Street Experience performs for a Fort Rucker audience in 2010. Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets back to Fort Rucker Oct. 18 and 19. The tour's stateside return is complete with a fresh new look and a brand new character named Katie – a military child who, with the help of her Sesame Street pals, learns to deal with her fears and excitement about relocating after her parent's deployment. The 40-minute shows are Oct. 18 at 2 p.m. and 6 p.m., and Oct. 19 at 2 p.m. and 7 p.m. at the school-age center in the old youth center, Bldg. 2806 on 7th Avenue. Tickets for the Sesame Street Experience are free and available to military and Department of Defense ID card holders at leisure travel services in Bldg. 5700 while supplies last. Tickets are limited to six per Family. All ticket holders must be seated 15 minutes prior to start of show. Fifteen minutes prior to show time, officials will allow people without tickets to claim any open seats on a first-come first-served basis until the facility is full. For more, call 255-9810.

#### Families of Excellence nominations

Army Community Service accepts nominations for "Families of Excellence" now through Friday. People who know a military Family that contributed to improving the quality of life for Soldiers and Families within the Fort Rucker community can submit a nomination in Bldg. 5700, Rm. 390. Nominations must describe specific contributions the Family has made. For specific criteria and requirements for nomination applications, call Tom Jenkins at 255-3817 or send an email to Tom.c.Jenkins@ us.army.mil. Nominees will be recognized at the "Salute to Military Families" event Nov. 3.

## Financial Readiness Training

Army Community Service offers Financial Readiness Training Friday from 7:30 a.m. to 4 p.m. at the Soldier Service Center in Rm. 284. The free training provides a practical approach to personal financial management so Soldiers can gain control of and manage money effectively. Financial Readiness ng is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are also encouraged to attend.

For more, call 255-2594 or 255-9631.

## Halloween craft

The Center Library hosts a Halloween craft making activity Tuesday from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register. Children are encouraged to wear Halloween costumes. For more, call 255-3885.

#### Steak Night

This month, every Friday

at 5 p.m. is Steak Night at The Landing Zone, featuring an 8-oz. Flat Iron Steak with fries for \$5, with the purchase of a beverage. People can add a side salad for an additional \$1. Other sides are also available for purchase. This special is limited to the first 100 guests per night and is available for dine in only, with a limit of one per guest. The offer is not valid with any other coupons or promotions.

romotions.
For more, call 598-2426.

#### Boneless Wing Night

This month, every Monday in The Landing Zone will be Boneless Wing Night starting at 4 p.m. Patrons can get six wings for \$3, 10 wings for \$4.75 or 15 wings for \$7 with the purchase of a beverage. This offer is not valid with any other coupons or promotions and is for dine-in only.

For more, call 598-8025.

#### Whiskey Traditional Wing Night

This month, every Wednesday in The Landing Zone will be Whiskey Traditional Wing Night starting at 4 p.m. Patrons can get six wings for \$3, 10 wings for \$4.75 or 15 wings for \$7 with the purchase of a beverage. This offer is not valid with any other coupons or promotions and is for dine-in only.

For more, call 598-8025.

#### AFTB Level III

Army Community Service hosts Army Family Team Building Level III classes Oct. 23-24 from 8:30 a.m. to 2:30 p.m. at Bldg. 5700, Rm. 371F. AFTB Level III classes include communication skills for leaders, leadership styles, building cohesive teams, managing conflict and more. Advance registration is required.

For more, call 255-2382.

## DFMWR Spotlight



RT RUCKER MOVIE SCHEDULE FOR OCT. 11 - 14

Thursday, Oct. 11

Friday, Oct. 12

Saturday, Oct. 13

Sunday, Oct. 14

Hit and Run (R) Hispanic Heritage Program

Studio Appreciation Advance Screening (PG-13) ......2 p.m.

The Expendables 2 (R)

.....7 p.m.

## **Biden, Odierno announce education** milestone for military children

By Gary Sheftick Army News Service

FAIRFAX, Va. - More than 100 colleges and universities have signed on to a White House initiative to prepare educators for the unique needs of their military-connected students, Dr. Jill Biden announced

Biden, wife of the vice president, made the announcement at George Mason University here as part of the latest accomplishment of the "Joining Forces" campaign she began in April 2010 with First Lady Michelle Obama to rally Americans to support the health, education and employment needs of military

Biden noted that she is a "military mom" of a National Guard Soldier and a community college teacher. In those roles and as second lady, she said, "I have heard over and over from military Families just how important it is that school be a supportive environment for children."

Military children change school systems, on average, six to nine times, Biden said.

"Through each transition, they are faced with leaving their friends and adjusting to new schools and new surroundings, all of which can affect a student's opportunity to achieve academic success," she said. "As a teacher, this issue is particularly close to my heart."

Through the initiative, Biden said, all teachers can make an impact on military children. "I know future educators across the country will be better prepared to make a difference in the life of a military child."

The initiative is cosponsored by the American Association of Colleges for Teacher Education and the Military Child Education Coalition. As part of the initiative, participating colleges and universities, including George Mason, implement guiding principles in their preparation programs and partner with schools that serve Kindergarten through Grade 12



Dr. Jill Biden, wife of Vice President Joe Biden, speaks about being a military mother during a "Joining Forces" campaign event on educating educators at George Mason University in Fairfax, Va., Oct. 3. Biden said more than 100 colleges and universities have signed a commitment to help prepare educators to be more responsive to the social, emotional and academic needs of military children.

students to ensure future educators have the knowledge and skills to meet the needs of military-connected students.

Biden was joined by Gen. Raymond T. Odierno, Army chief of staff, who said he understands the challenges faced by military Families — he moved his wife and children 24 times during his 36-year military career, causing his son and daughter to change schools during each year of high school.

Today, Odierno said, his children are successful adults in large part because of their military upbringing, the resilience it adds and the teachers who took an interest in them.

"They are successful because there happened to be someone who wanted to nurture their abilities," he said.

The key to the nomadic lifestyle of military children, the general said, is that "their experiences should be rich and diverse in schools.

The initiative, called "Operation Educate the Educators," will help ensure positive experiences for military children, 80 percent of whom attend public schools, Odierno said. He added that "the social piece is perhaps the most important piece" to a child frequently changing schools.

The Army also hosts several programs to ensure the school success of military children, including tutoring programs and placing military liaison officers in all schools that serve Army Families, Odierno said.

He added that the military's interest in educating service members' children goes back to at least 1866 when the Army established schools on installations for Soldiers' children — 62 years before the United States adopted compulsory education for children.

Odierno introduced Felicity and Abigail Horan, twins of Army Lt. Col. Dave Horan, who recently moved to the Fairfax area.

to explain to teachers in the audience about their military lifestyle. Now in the seventh grade, the girls are attending their fifth school, brought on by eight military relocations, Felicity explained. She told of "always saying goodbye" to friends and that their father missed five of their birthdays.

But, Felicity said, "Don't feel sorry for us . . . We are stronger because of our experiences."

Some teachers have made a difference in their lives, Felicity said, singling out her third-grade teacher in Florida who "always asked how my dad was doing" when he was deployed.

"Ms. Beck just knew the right things to say at the right time," she said. "I thought she had a gift from

Patty Shinseki, a leader in MCEC and wife of retired Army Gen. Eric

K. Shinseki, secretary of military children are betthe Veterans Affairs Department, also spoke at the event. Like Odierno, Shinseki said her children changed schools many times during the Family's 38 years of service, and "it provided opportunities for new connections and personal growth."

Operation Educate the Educators, she said, is another way to ensure that ter off for their Families' service. The operation, she told military children in the audience, "aims to serve you - you who shoulder the sacrifices of serving right along with your parents, by ensuring that our educators know and understand the intricacies of life in the military and will ensure that your transitions are smoother.'



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12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic Confessions Saturday 5 p.m. Catholic Mass Saturday

#### WINGS CHAPEL, BUILDING

9:30 a.m. Protestant Sunday School 10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

#### SPIRITUAL LIFE CENTER.

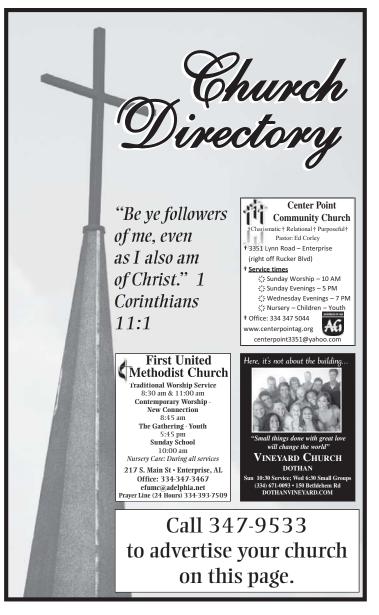
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## Montgomery: A place where history runs deep

**By Marilyn Jones Stamps** *Alabama Tourism Department* 

History is woven into the very soul of Montgomery. It spirals down grand staircases, like the one inside the 1847 State Capitol building. It descends from lofty places, such as Dexter Avenue King Memorial Baptist Church, where a humble preacher rose to prominence as the leader of the Civil Rights Movement And it bubbles up from streets such as historic Dexter Avenue that bustled with merchants in the 1800s, served as an auction block for slaves during the Civil War and was later pounded by the foot soldiers during the 1965 Selma to Montgomery march. Captured between the brick and mortar of historic church houses and notable dwellings and inside museum after museum in downtown Montgomery, you'll hear epic stories of a past that is unparallel to that of any other city in America.

#### Park, Walk or Ride the Trolley

Begin your tour at the Montgomery Area Visitor Center (300 Water St.; 262-0013) at Union Station. Park your car and go inside for brochures and information on what to see and do in the city. Be sure to purchase a piece of history or a souvenir at The Stop at Union Station gift shop. You can walk to many of the downtown attractions and museums, but to get to others, you'll want to drive. If you choose to walk or take the trolley, be careful to look for a parking space to leave your car where you

won't be ticketed. There are metered parking spaces in and around the train shed and The Alley, Montgomery's thriving downtown entertainment district.

Your best bet for parking would be to find one of the decks where you can park for a small fee or look for a lot where you can pay for extended day parking. Signage is visible for designated public parking.

### Birth of the Civil War, Civil Rights Movement

One of the fascinations of downtown Montgomery is the fact that there are so many museums and attractions dedicated to telling the story of the city's role in the Civil War of the 1860s and the Civil Rights Movement that occurred nearly a century later. With Jefferson Davis as its leader, Montgomery served as the cradle of the Confederacy from February 4, 1861, to May 29, 1861. A century later, congregations in African American churches conducted peaceful protests to overturn laws allowing segregation. In 1955, when seamstress Rosa Parks was arrested after boarding a Montgomery bus at Court Square and refusing to give up her seat to white passengers, the modern Civil Rights Movement was born. A new Montgomery minister, Martin Luther King, Jr., was recruited to organize a boycott of city buses. The Montgomery Bus Boycott lasted a year and ended when a U.S. Supreme Court decision stopped segregated public transportation in 1956.

A must visit in Montgomery is the Rosa Parks Museum and Children's Wing (252 Montgomery St.; 241-8615) located on the very site where Parks was arrested. The museum chronicles the history of the Civil Rights Movement and the Montgomery Bus Boycott through presentations, newspaper clippings and exhibits, including a replica of the bus on which the civil rights pioneer was riding.

A block away is the Freedom Rides Museum at the historic Montgomery Greyhound Bus Station (210 S. Court St.; 242-3188). Interpretive panels on the outside and contemporary artwork on the inside of the museum tell the story of young Freedom Riders who faced mob violence with non-violence and courage in May 1961. The museum is located in the Court Square Historic District, which includes the Court Square Fountain and more than two dozen buildings that have stood long past many of the businesses that once occupied them.

From the Freedom Rides Museum on Court Street, take the first left on Alabama Street; turn left onto S. Perry Street and then right on Dexter Avenue. Standing gallantly at the top of Dexter Avenue is the Alabama State Capitol (600 Dexter Ave.; 242-7800) building, where Jefferson Davis took the oath of office as president of the Confederacy in February 1861 and where civil rights activists ended the historic Selma to Montgomery march in 1965. You can enter the Capitol by way of the entrance on Dexter Avenue unless you are traveling with an organized tour group or visiting

on Saturday, in which case you must enter via the rear entrance at 1 N. Union Street. Once inside, be sure to ask to go upstairs to see the grand spiral staircases illuminated by beautiful chandeliers. Before departing the Capitol, stop by the Goat Hill Museum Store for unique gift items and Alabama-related books and other memorabilia.

Adjacent to the State Capitol is the First White House of the Confederacy (644 Washington Ave.; 242-1861) where Jefferson Davis and his family lived during the brief period when the capital of the Confederacy was in Montgomery. Go next door to the Alabama Department of Archives and History (624 Washington Ave.; 242-4364). Inside, the Museum of Alabama chronicles three phases in the state's history, including its Native American heritage, the Civil War and the Civil Rights Movement.

Located a block west of the Capitol is the Dexter Avenue King Memorial Baptist Church – the only church where Dr. Martin Luther King, Jr. ever served as pastor (454 Dexter Ave.; 263-3970). The meeting to launch the Montgomery Bus Boycott was held at the church on December 2, 1955. The handsome red brick building was designated a National Historic Landmark on June 3, 1974.

Inside the 130-year-old Dexter Avenue church, a giant mural in the basement highlights the emergence of Dr. King as the leader of the Civil Rights Movement and the journey that took him to his death at the Lorraine Motel in Memphis.

## WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

#### ANDALUSIA

ONGOING — The American Legion Post No. 80 regular meetings are the second Monday of each month at 6:30 p.m. at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

#### DALEVILLE

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331

#### DOTHAN

NOW THROUGH FRIDAY — Landmark Park hosts "Harvest Hey Days" from 9 a.m. to 1 p.m. Visit the pumpkin patch

and enjoy many other fall-related activities such as corn pulling and cotton picking. Cost is \$7 per student, and teachers and aides are admitted free. Preregistered school groups only. For more information, call 794-3452.

OCT. 26 — Landmark Park hosts "Cane Grinding Day" from 9 a.m. to 1 p.m. Experience farm life in the early 1900s with quilting, blacksmithing, butter churning and other traditional skills. Admission is \$7 per student, teachers and aides are admitted free. Homeschools must register through the group coordinator. Preregistered school groups only. For more information, call 794-3452.

OCT. 27 — The Wiregrass Heritage Festival is 10 a.m. to 4 p.m. at Landmark Park. Learn how peanuts were harvested in the Wiregrass a half-century ago. Enjoy the sights, sounds and smells of cane grinding, syrup making, butter churning, basket weaving, soap making and other traditional farm activities. Plus, food, music and antique tractors and farm equipment. Cost is \$8 for adults; \$6 for seniors and active duty military; \$4 for children; and free for park members.

NOW THROUGH OCT. 31 — Dothan

Area Botanical Gardens hosts "Scarecrows In The Gardens." Take a stroll through the gardens to see all the different scarecrows designed and decorated by local schools, civic organizations and local artists. The event is free and open to the public. For more information, call 793-3224 or visit www.dabg.com.

ONGOING — Wiregrass Suicide Prevention Services holds bimonthly suicide survivor support groups the second and fourth Monday at 6 p.m. at 148 E. Main Street. The support groups are for anyone who has lost a friend or loved one to suicide. Children's groups are also available. For more information, call (334) 792-9814.

#### ENTERPRISE

SATURDAY — Women Who Care present "5K Color Fun Walk/Run" at the Enterprise State Community College track. Pre-register at Annie's Café. Registration begins at 8:15 a.m. Cost is \$20 for adults; \$10 for students and children; and \$35 for Families of up to four members. Festivities include food, beverages, raffles, photo booths, fun and games for the whole Family. For more information, call 447-3159.

**OCT 22** — The Downtown Boll Weevil Festival is 9 a.m. until 3 p.m. The event features arts and crafts vendors, music, food, a children's costume contest and activities, farmers market, car show and Family entertainment. For more information, call 389-1554.

ONGOING — The American Legion Post 73 meets at the American Legion/Doer's Shrine Club at 200 Gibson Street in Enterprise on the fourth Saturday of each month, beginning at 8 a.m. This building is across the street from the Lee Street Baptist Church on Lee Street. For more information, call Post Commander Jerry Goodson at 347-5961 or 447-8507

**ONGOING** — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call

Connie Hudson at 406-3077, Randy Black at 393-6499 or Bob Cooper 347-7076, or visit the VFW Post 6683 on *Facebook*.

#### **GENEVA**

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank.

For more information, call 248-4495.

#### MIDLAND CITY

**ONGOING** — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

#### **NEW BROCKTON**

ONGOING — Every Tuesday and Wednesday, Disabled American Veterans Chapter No. 99 maintains a service office in the New Brockton police station.

The officers can help veterans and their spouses with disability compensation claims, VA pension, death benefits, VA medical care, Social Security disability benefits, veterans' job programs and other veteran services. All veteran services provided are free of charge. For more information, call Chuck Lobdell at 718-5707

OCT. 25 — Disable American Veterans Chapter No. 99 meets at 6 p.m. at city hall. Food and drinks are served followed by regular Chapter business. For more information, call 718-5707.

#### OZARK

SATURDAY — The Dowling Museum/ Ann Rudd Art Center hosts an art exhibit featuring works that showcase observations on ocean life, oil spills and global warming. Reception is 6-8 p.m. with a children's party Sunday. The show continues through Nov.

For more information, visit www.ruddart-center.org.

OCT. 20 — The Wiregrass Rose Society presents Chris VanCleave, president of the Birmingham Rose Society at the Rose Chatter from 10:30 a.m. to noon at The Potting Shed. Cost is \$10 per person. For more information, call 714-4968 or 791-9774...

**ONGOING** — Every Thursday at 5:30 p.m. yoga with Sandra Bittman is at Perry Recreation Center for \$5 a person.

**ONGOING** — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. For more information, call 774-2042.

#### PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

#### SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 n.m.

#### TROY

FRIDAY AND SATURDAY — Troy hosts Pioneer Days from 9 a.m. to 5 p.m. at the Pioneer Museum of Alabama. Admission is &6 for adults and \$4 for children. Horse and wagon rides, trips on the Pioneer Express, Native American camps with demonstrations of candle making, spinning, weaving, quilt making, blacksmithing, drum, dance, etc. For more information, call 566-3597.

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at

## **Beyond Briefs**

#### Alabama National Fair

The Alabama National Fair is now through Sunday in Montgomery. The event features midway rides, main stage entertainment, food, information and commercial booths, a children's area, livestock and other competitions. Cost of admission and hours varv.

For more information, call 272-6831 or visit www. alnationalfair.org.

#### 41st annual Harvest Day Festival

Headland holds its fall event in the town square featuring live entertainment, rides, games, arts and crafts,

## For more information, call 693-3303. **Ghost Walk and History Tour**

train rides for children Saturday

The 7th annual Camp Helen State Park Ghost Walk and History Tour in Panama City Beach is Saturday from 5-8:30 p.m. Participants are encouraged to wear costumes. Flashlights are recommended. Cost is \$5 for adults and 3 for children 12 and under.

cake walks, moon walks, local venders, pony rides and

For more information, call (850) 215-4651.

#### **Haunted Trail**

The 13th annual Haunted Trail and Peek-a-Boo Path in Panama City at the Science and Discovery Museum

is Oct. 18-20 from 4-10 p.m. Cost is \$5 per person. The event features games, prizes and crafts. The Haunted Trail is recommended for ages 7 and up.

For more information, call (850) 769-6128.

#### Pirate Festival

Port Columbus presents the sixth annual Southern Pirate Festival Oct. 20 beginning at 10 a.m. at the National Civil War Naval Museum in Columbus, Ga. The festival is the annual gathering of pirates formerly known as The Pirates of the Chattahoochee. It features entertainers, acts and demonstrations from sword swallowers to snake handlers, as well as pirate battles throughout the day along with child activities. \$7.50 for adults; \$6 children under 12.

For more information, vsiit http://portcolumbus.org.

# DOD teacher finds U.S. education at crossroads

By Lisa Daniel

American Forces Press Service

WASHINGTON — Common Core Standards, No Child Left Behind, STEM, differentiated teaching, merit pay. Keeping up with the latest policies, ideas and buzz words in education is enough to make parents' — along with more than a few educators' — heads spin.

That's why it was a special treat when I got to speak about these trends with Angela Wilson, who traveled here in early October to meet Defense Secretary Leon E. Panetta and conduct other official business as the Department of Defense Education Activity's 2012 Teacher of the Year.

Wilson has been a key player in national education issues since being awarded the honor last spring, along with other Teacher of the Year winners from each of the states and territories. Since then, Wilson has traveled several times to meet with national education leaders and work on projects to advance teaching, while bringing those experiences back to her seventh-grade language arts and speech students at Vincenza Middle School in Italv.

"It's been an amazing year," Wilson said. "It's really opened my eyes to what's going on in education around our nation. As teachers, it's easy to get stuck in what's happening in your classroom and not looking beyond that."

Wilson has met with President Barack Obama, whose sister, like Panetta's, is a teacher. She's also had conversations with Dr. Jill Biden, who remains a teacher even as she is second lady, as well as Education Secretary Arne Duncan and other public officials. She has attended education conferences and participated in initiatives and met with former Supreme Court Justice Sandra Day O'Connor, creator of www.icives.org, and Microsoft founder and philanthropist Bill Gates, who spent a couple of hours speaking with teachers at the Educational Commission Conference in Atlanta last summer, Wilson said.

"He met with all of us individually ... and wanted us to tell him what's going on in our schools and how he could help," she said of Gates. "He wrote down what we said," then Wilson and four other teachers were chosen to be recorded for a Bill & Melinda Gates Foundation video.

"That was really neat that he would turn our thoughts into a video" to advance education, Wilson said. "His goal is to make America one of those really competitive educational societies like it used to be."

Reports that American students' standardized test scores are falling below those of their international peers are unsettling, but Wilson said she believes the nation is on the cusp of reversing that trend, in part due to the rapid push for new initiatives.

"After attending all of this, I really feel like we as a nation have wanted to do something in terms of big changes in education," she said. "I think we're ready to make significant changes and we're right there at that point about whether we're going to make that happen."

Being part of the national discussions, Wilson said, "has opened my eyes to what is happening in the American education system. I think in the DODEA system, we need to be more tied to that."

Of 1.3 million military-connection children, 80 percent attend public schools, Wilson noted, and the ones who attend DODEA schools mostly move in and out of



Angela Wilson, the Defense Department Education Activity's Teacher of the Year, accepts an award from Defense Secretary Leon E. Panetta

it and public schools. DODEA works closely with military-connected public schools, even offering grants to help smooth transitions for students who move due to military relocations.

Because of that, Wilson said, she is glad that DODEA has signed on to the Education Department's Common Core Standards, which mandates common core curriculum for students across grade levels. "We'll all have same vision and direction," she said. The standards also will be "more rigorous and more relevant."

While the details of implementation still have to be worked out, Wilson said, the policy, which is voluntary and not adopted by all states, will give teachers more flexibility in how they meet the objectives than No Child Left Behind, which DODEA did not take part in.

"I think it's going to be a combination of a lot of different methods that the states are doing," she said of implementation. "The advantage for DODEA is that we get to sit back and watch what some of the states have done and pick the best methods."

Wilson, who taught for three years in public schools, said the best thing teachers can do for students is to "differentiate" teaching to meet the varied learning styles of students. She acknowledges it can be hard, but has proven it possible by reaching out to parents and students, observing students, and placing them in small groups to understand how each learns best, then tailoring curriculum to each.

"It absolutely takes time," she said. "But I've found

when I've run a classroom that really is differentiated, it is better and it can be done."

As for current trends in education, Wilson, who also is a parent of schoolaged children, said parents should not worry. "The good thing is that we are at a turning point," she said. "There are a lot of things that other nations are doing that are great, and the states are doing great things that can be shared."

"The past year has made me even more excited about education and the possibilities for our future," she added.

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PHOTO BY NATHAN PFAU

## Pick-ofthe-litter

Meet Toby, an 8-month old male Collie/Dalmatian mix. He is sweet and friendly. Toby is \$81 to adopt, which includes neutering, a microchip and heartworm testing. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's Facebook page at http://www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption.





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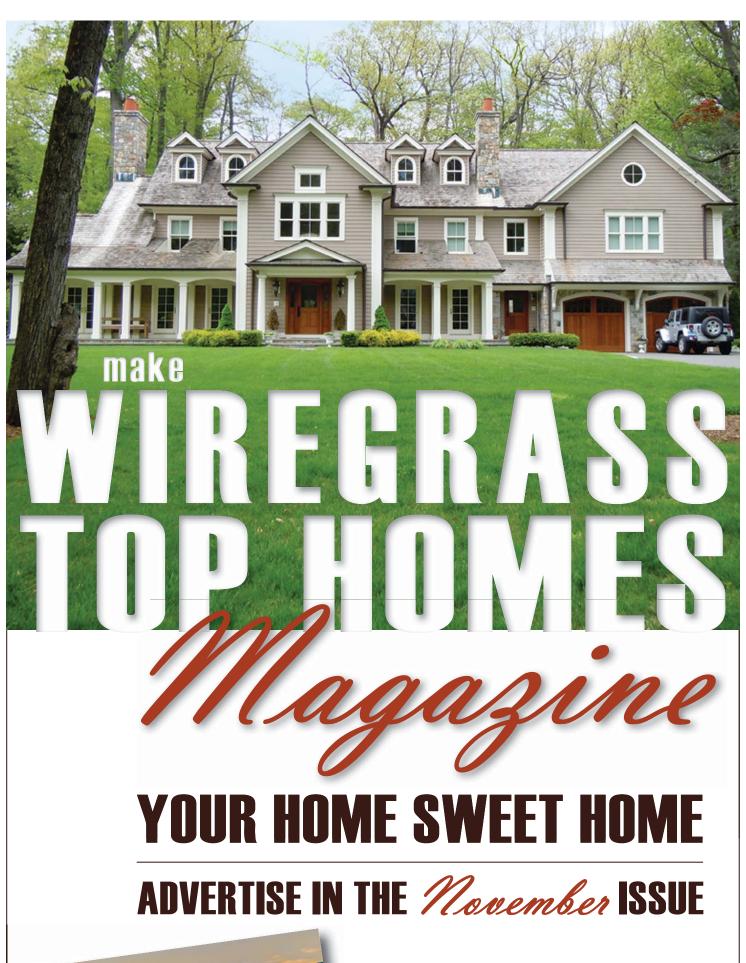
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Story on Page D3

## Local rider places in national horsemanship finals competition

OCTOBER 11, 2012

**By Nathan Pfau**Army Flier Staff Writer

Fort Rucker gets plenty of recognition when it comes to excellence in Aviation, but one of the installation's own brought national recognition to an arena the post isn't well known for — horsemanship.

Michelle Mitchell, wife of Fort Rucker's deputy garrison commander, Justin O. Mitchell, placed third with her horse, Ozzie, in the 2012 American Horsemen Challenge Association Finals held in Abilene, Texas, Sept. 28-30.

The horsemen challenge is a competition in which riders must navigate their horse through an obstacle course and they are judged on how well they complete the course, horsemanship and time, according to Mitchell.

"At the competition, there was even a narrow bridge that you had to cross with the horse that went into a ball pit full of water," she said. "The horse had to trust you enough to step into the water and move the balls out of the way. It's not just a competition about the physical aspect of the horse, but also of the relationship between the horse and its handler."

As much as the competition is about the relationship between the

horse and its handler, much of the competition is judged on technical skills as well, like spinning, rollbacks, loping and the correct lead, Mitchell added.

"You have to be able to move your horse and have some sort of technical expertise." she said.

The competition was open division, which meant that people from amateurs to professionals were allowed to compete and all breeds of horses including American Quarter Horse, Arabian, Thoroughbred, Paint, Friesian, Gaited, Welsh Cob and mixed breeds, said Mitchell. This was the first year the AHCA held this particular competition and Mitchell worked throughout the year to get herself ready for the competition.

"It started in February, and you have to compete all year in division and at the end of the season. If you qualify, you can go to nationals," she said. "I've been riding since I was 3 years old. I grew up on horseback and I come out to the riding stables [on Fort Rucker] at least three to six times a week."

Mitchell used the Fort Rucker Riding Stables as a place where she could train while she was on the installation, and many of the obstacles that the riding stables have were used in the competition such as the



PHOTO BY NATHAN PFAI

Michelle Mitchell, who finished third in the 2012 American Horsemen Challenge Association Finals, takes her horse through an obstacle at the Fort Rucker Riding Stables Friday.

teeter-totter bridge, gates that riders must open while remaining on their horse, a two-step where they must jump up or down, and a lunge table where the rider must dismount the horse and navigate it around the

"A lot of these obstacles are very similar to the ones at the championship, but they are a bit more advanced at that level and I had to practice all the different obstacles whenever I had the opportunity to work with my horse," she said. "I also attended challenges throughout the year in different places like Florida and Louisiana to build up to the national finals."

Mitchell said that winning isn't everything and placing in national competitions isn't the main reason she enjoys riding horses.

"[The competition] was a lot of fun because you get to meet a lot of other horse handlers since it's not breed specific, and it's fun to watch how the different breeds work — you can learn a lot," she said. "I just love riding because it's relaxing and it's a great way for me to relieve stress and just be, but it's also a great way for me to get the adrenaline flowing."

## Fort Rucker Fliers rugby team poised for comeback

**By Sara E. Martin** *Army Flier Staff Writer* 

There are numerous sports teams on Fort Rucker for everyone to enjoy, but the developing Rugby Fliers, a rugby team that was at its peak in the 1990s, is making a comeback.

The team is looking for new members to add to its roster for the 2013 season that premiers in January. Though the sport is less familiar in the U.S. than in Europe and Africa, Tim Commerford, DOA civilian at 110th Aviation Brigade, thinks that military and civilian rugby will soon make a comeback in popularity in North America.

"Military rugby took a hit after 9/11 because so many Soldiers deployed. In the 80s and 90s it was a really big deal. The military held a national tournament each year. It's regaining ground now since the war in the Middle East has settled down, though," he said, adding that in 1992 the Fort Rucker Fliers won the military national championship.

The new team began with a few players kicking around the ball on the rugby field next to Beaver Lake, but Commerford said that more and more volunteers showed up to play creating the ability to revive the old team.

"We have enough interest now to start an official team, but we are still short players. We have around 12 guys that are regulars, but we need 10 more to have a solid team," he said. "We need more players because of the turnover that Fort Rucker experiences. You need 15 guys at a minimum to play sanctioned games."



COURTESY PHOTO

Fort Rucker Flier Nick Zeitler tries to gain possession of the ball from the Tallahassee Conquistadors at the Fort Rucker Fliers rugby game Sept. 15

The fall is the unofficial season where teams come together to test each other's skills, but the official season runs from January to April with around eight home and away games with a few additional tournaments, said Commerford.

"Rugby is a combination of football, minus the pads, and a little soccer. The key to rugby that separates it from other sports is camaraderic and that the game runs on a continuous clock in two 40-minute halves," said Colin Schwalm, Headquarters Headquarters Company, 1st Battalion, 10th Aviation Regiment.

Rugby will return as an Olympic sport in the 2016 Brazil Olympics. As rugby becomes more mainstream Schwalm believes it will hook American viewers and athletes.

"Now that rugby is picking up steam in the states we hope to help nurture it in the southeast. It is really slow here because football dominates sports. The benefit of that, though, is a lot of football players are crossing over to rugby [for several reasons] so our caliber of players is phenomenal," he said.

No experience is necessary to join the team.

"We will teach anyone who wants to learn. Prospective players only have to provide rugby shorts and rugby cleats. Players can wear soccer cleats as long as they do not have a toe spike," said Commerford.

The team is unique with its variety of players, which Commerford and Schwalm believe will help create other teams especially since it is the only team within 100 miles of Fort Rucker.

"Our players really range — whoever is interested can join. Currently we have players that are 16 years old and we have civilian surgeons also," said Schwalm.

Though anyone is encouraged to practice with the team and play games in the fall, official team members must be males over the age of 18.

"If you are a Soldier you have to get permission from your chain of command to play, and if you're a civilian or military you have to register with USA Rugby and pay a \$45 entry fee. That fee covers liability insurance for sanctioned events. There is also a seasonal fee for the spring that covers food, travel and equipment," said Commerford, adding that if anyone is interested in joining to attend a practice where the team can help with the steps to becoming an official player.

Teens, 15 to 18 years of age, and females can practice with the team and play in the fall, but cannot play in the official spring season, but steps are in motion to start a youth and female team.

The dangers of the sport are a misconception, according to Commerford, who has played for more than 30 years.

"In any contact sport you will have injuries, but since there are no pads there is only so much damage a person can deal out. I can only run into another player's head with my own head so many times. It's not as fast as football either, so the impacts are not as great in the first place. It's all bruises and an occasional cut eye. It is very unusual to break a bone, tear a muscle or get a concussion," he said.

Both men encourage people to come to a practice to see for themselves how "infectious" rugby can be.

"Rugby is so fun to watch because it's not like soccer. You're not waiting hours for a single goal. There is so much action and so many moving parts to the sport," said Commerford.

"If people come and watch a game or even give it a try, they won't be disappointed either way," said Schwalm.

The next scheduled home game is Oct. 13 at 6 p.m.

Interested parties can reach team members at Wiregrass Rugby on Facebook or by attending a practice on Tuesdays and Thursdays at 6 p.m. at the rugby field.

#### JES SAN FRANCÍSCO LILLERAN LOOK VORK JELS server was a string ton U.S. Washington Jim Hughes Public Affairs (19-16)Brian Jackson **DFMWR** (12-23) John McGee CDID Buccancers (18-17) Capt. Mike Simmons Directorate of Public Safety (16-19)Sharon Storti Network Enterprise Cente (15-20)









**ACROSS** 1 Learning ctr. 4 Puts

4 Puts
garments on
11 Jim-dandy
16 Place for a
jacuzzi
19 Man-mouse
middle
20 One using
twisted

humor 21 Spanish for "nine"

19 23

38 42

70

89

95







#### Just Like Cats & Dogs

MISS, I DON'T KNOW WHAT YOU SAID TO OUR COOK, BUT HE SWEARS THERE IS NO ONIONS ON YOUR SIDE, BUT JUST IN CASE HE HAS GONE INTO HIDING



## Rodriguez

1. ART: Where is the world-famous Prado museum located?

2. ANATOMY: Where are muscles known as triceps found in the body?

3. ADVERTISEMENTS: breakfast cereal did Sonny the Cuckoo Bird promote?

4. NATURAL WORLD: Where would stalagmites be found in a natural cave formation?

5. GEOGRAPHY: Where was the ancient city of Persepolis located?

6. SCIENCE: What was the first elementary particle to be discovered?

7. MUSIC: What is the national anthem of Canada?

8. COMPUTERS: What does the acronym DOS stand for?

9. FAMOUS QUOTES: Who once said, "I worked my way up from noth-

ing to a state of extreme poverty." 10. LANGUAGE: What is an atelier?

See Page D4 for this week's answers.

#### **FASHIONABLE Super** Crossword

- 52 "Me neither"
  53 Ostrich's kin
  54 Actress Sara
  55 Din-din wear
  58 Ethical
  61 1964 Avalon/
  Funicello
  musical
  comedy
  64 Chima's
  Chou
  66 The Home
  Depot rival
  68 RR bldg.
  69 for trouble
  70 With 73Across, 1985
  Tom Hanks
  comedy
  73 See 70Across
  77 Suffix with
  malt
  78 Grain morsel
  79 Owner of the
  dog Sandy
  81 "Who can
   to?"
  82 1988
  Christopher
  Walken
  87 2003 Mike
  Myers
  Comedy
  103 Lend (be
  attentive)
  105 Black goop
  106 Madrid
  misters
  107 With 121Across, 2005
  dramedy
  with four
  lead
  114 Silklike
  fabric
  115 Talk wildly
  116 "Sin City"
  actor Rutger
  117 Rapa —
  (Easter
  (Easter
  (Easter
  Usland)
  119 Lose flab
  120 "How you
  doing?"
  121 See 107Across
  126 Belief suffix
  Christopher
- 22 Bath fixture
  23 1995 Denzel
  Washington
  neo-noir film
  26 Round figure
  27 Church
  shout
  28 Comic punch
  response
  28 Comic punch
  response
  29 Royal rule
  30 Thus
  31 City,
  Oklahoma
  33 1987 Stanley
  Kubrick war
  film
  28 Leus tie

  69 for troub
  70 With 73Across, 198
  72 See 70Across
  77 Suffix with
  malt
  78 Grain mors
  79 Owner of th
  dog Sandy
  81 "Who can
   to?"
  21 988
  Christopher

  - -- to?"

    1988 1988
    Christopher Walken children's comedy

    85 Maul lightly

    88 -dog (stray cur)

    89 Resort to

    90 Dawn Chong
    91 Broiling spot
    93 One way to store data

- 126 Belief suffix
  127 Cupid's boss
  128 Bill modifier,
  e.g.
  129 Summer, in
  Aix
  130 Your,
- DOWN

  1 Fizzy drink
  2 City in Italy
  3 New —
  (certain
  Connecticut resident)
  4 Feel malaise
  5 Small combo
  6 Like a —
  bricks
  7 Totally raging
  8 Cut of meat
  9 Subj. for
  some aliens
  10 und
  Drang
  11 "— came to
  pass..."
  12 The Little
  Rascals
  13 With acuity
  14 Colorado
  NHLers
  15 "Affirmative"
  16 Baby bird?
  17 Cleanse
  18 Top monk
  24 Encrypted
  25 Wide footwear spec
  30 Marc of
  fashion
  21 Inability to
  smell
  34 L.A. part
  35 Show bias
  36 Pale yellow
  37 "I met her in
   down in
  old Soho"
  ("Lola" lyrics)

**FILMS** 

## FILMS 39 Within: Prefix 43 Injure 44 Judicial garb 45 Prayer 46 Ending for beat 48 Major wreck 49 Smoking wood 50 Slangy affirmative 53 —'acte 55 Vegas stake 56 Done by its own staff 57 Sanctified 59 Bush nominee Samuel 60 Whole bunch 62 "— bad moon rising" 63 Dawnward 65 Spy Aldrich 67 "— you been up to?" 71 Unfamous folks 72 "... gyre and gimble in the —": Carroll 74 Pinch lightly 75 Excavating machine 76 Propyl ender 80 Tiny div. of a minute 82 Soho saloon 83 Tehrani, e.g. 82 Soho saloon 83 Tehrani, e.g. 84 Cry of delight 13 14 15 16 17 18 Kubrick war film 38 Low tie score 40 Wade's rival 41 New York village on the Hudson 42 1942 Abbott and Costello comedy 47 Like liquid splashing 51 This, in Peru 130 Your, biblically 131 Spanish for "the sun" 132 Really wishes one could 133 Mates of pas 11 12 13 14 15 16 17 19 10 22 26 79 78 88 90 93 100 101 103 115 120 126 127 128

See Page D4 for this week's answers.

### Weekly SUDOKU

by Linda Thistle

4				9			5	1
	9		7		4	3		
	8	5			6		4	
9		4	8			1		
		2	6		1			5
	5			7		4	6	
2			1			П	9	7
	1			8	7	2		
6		3		2				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

#### DIFFICULTY THIS WEEK: \*

★ Moderate ★★ Challenging \*\*\* HOO BOY!

See Page D4 for this week's answers.

## KID'S CORNI



Junier Whirle

1 I N \_\_\_\_ 2\_IN\_\_\_\_ 3 \_\_ I N \_\_\_\_ \_\_\_ I N \_\_ 5\_\_\_\_IN\_ \_\_\_\_IN 6

QUICK PICK! Place 14 toothpicks on the table. In turn, you and an opponent

dutch Prock: Place 14 toolinpless of the faulter. In time, are to pick up last toothpick here's how: If you go first, you can't lose. On first turn, take one. On next turn, pick up fifth toothpick in removal order. On next turn, see that just five tooth-

picks remain. If opponent goes first, try to proceed similarly, but this method may not always succeed.



IN IT TO WIN IT CHALLENGE

or, in this case, to solve it. Six sevenletter words shown contain the word IN in progressive stages. You are asked to fill in these words in accord with the following definitions:

1. Due to arrive, as a plane or

2. "A horse! A horse! My -- for a horse."

3. Hanger-onner of sorts.
4. Gone but not forgotten, as the dinosaur, moa, etc.
5. Astonishingly hard to

6. Bad guy hissed by old-time

I, Inbound, Z. Kingdom, S. Clinger, 4.
Extinct, S. Amazing, 6. Villain.
How dnickly can hon brazile
How dnickly can hon brazile
How dnickly can hon brazile

## Wishing 🏝 Well® 2 3 5 2 5 6

6 5 7 5 4 6 5 2 7 4 E D A E B R F Y K E 2 3 6 4 6 5 8 4 6 3 5 6 4 N Y E T R R R T F O I O E GEOERUTNORAD 2 5 6 5 6 3 8 3 7 T D M L O E D L C 6 8 4 5 8 2 5 6 7 R 5 6 8 4 5 8 2 5 6 7 8 7 8 N N M L E I A S E A R N E 2 8 3 2 4 7 5 6 2 4 7 4 7 S R F T I G S Y E F E E S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the up-per left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.





FIND AT LEAST 6 DI noes: 1, Tie is different. 2. Lamp shade is smaller. 3. Teapot is missing. 4. Hair is different. 5. Earning is different. 6. Hibbon is missing.



Improved Physical Fitness Uniform design and color configuration, design option No. 1.

## Soldiers get 20 days to vote on new PT uniform

**By C. Todd Lopez** Army News Service

WASHINGTON — Back in February, the Army gave Soldiers a chance to weigh in on the Improved Physical Fitness Uniform.

The Army took those Soldier suggestions and developed a possible replacement uniform. Now Soldiers can vote on which one of those they think looks the best.

More than 76,000 Soldiers responded to the initial survey. Among other things, Soldiers commented about uniform fit, moisture wicking and antimicrobial properties and how much the uniform weighs. The Army listened to Soldiers and has developed a new Improved Physical Fitness Uniform.

Now the Army wants Soldiers to weigh in on color options and graphic patterns for the uniform. There are six candidate uniforms — they are all the same in terms of fabrics, capabilities and durability. What's different is the color of the fabrics and the size, color and shapes of the graphic designs.

All Soldiers have the option to log on and choose which uniform option they like best. The poll went live Oct. 9, and will be available for 20 days.

Stylistic variations include different colors for the jacket and pants — black or gray, for instance. Soldiers can also choose among graphic elements and colors for graphic elements.

With the jacket, for instance, there is a chevron emblazoned across the chest. That can be in yellow, grey or black, and it can be thick or thin. On the shorts, there's the option to have colored piping on the sides. For the long and short-sleeve T-shirts, there's both fabric color options and the option to have either the word "Army" emblazoned across the chest or the Army logo over the left breast.

Soldiers will have 20 days to make it known which they think looks best.

Perhaps more important than how the uniform looks is how the uniform will perform and feel. Improvements in the IPFU include reduced fabric weight, tagless labels, anti-microbial properties, quick-dry capability, removal of reflective properties in the uniform, the removal of the liner and elastic bottom on the pants, and overall pattern adjustments to provide a better fit.

Those changes came as a result of Soldier input as well.

Command Sgt. Maj. Emmett Maunakea, Program Executive Office Soldier, said Soldiers were asked to weigh in on the IPFU, and are being asked now to vote on which uniform they like best, because it is Soldiers who are the end users.

"Nobody can tell you better what needs to happen with it than the user of that piece of equipment," Maunakea said. "We need the feedback from Soldiers and leaders in the field to tell us what is wrong with it, what is right with it, and how can we make it better and work better for them."

Maunakea said Soldiers know what's available to civilians in the way of fitness gear, and brought that knowledge with them when they commented on the Army's uniform.

"Our Soldiers are smart," he said. "They are out there spending a lot of money in the economy as they buy their civilian workout clothing. And they are buying the newest, latest and greatest type of stuff."

Maj. Mia Bruner, assistant product manager for initial issue uniforms, said Soldiers came into the February survey with well-informed ideas about their physical fitness uniform.

"They knew what they wanted that uniform to do," she said. "They knew that they wanted it to have sort of high-performance capabilities within the fabric. They know when you go out on the commercial market, you see tags that say anti-microbial and quick-dry and all of these high-speed, high-performance terminology — they knew what characteristics and features they wanted to see in the uniform."

To save on cost, the reflective elements of the IPFU have been removed, Maunakea said.

"Everybody is going to be wearing a PT belt anyway, so it doesn't make sense to have it on the uniform, if you are already wearing a reflective belt."

On the long sleeve T-shirt, the "mock collar" has been removed, as well as the sleeve cuffs, to make the uniform more comfortable for Soldiers.

"We made it more like a crew neck collar to allow more air in for the Soldiers to cool down as they are working out," Bruner said. "It won't be as constricted around the neck area."

In the February survey, Soldiers had said they felt the liner in the pants was too thick and "got in the way," Bruner said. The liner has been removed.

"We included re-enforcements along the knee area as well."

Also a possibility with the new uniform is "possible female sizing that will be developed," Bruner said.

Maunakea and a team from PEO Soldier will travel around the Army to show off to Soldiers the new uniform options. The dates and locations include: Fort Hood, Texas, now through Monday; Joint Base Lewis-Mc-Chord, Wash., Tuesday through Oct. 18; and Fort Shafter and Schofield Barracks, Hawaii, Oct. 19-26. Locations for those demonstrations were chosen for density of Soldiers.

After Soldiers vote on which uniform they like best, there will be a "series of steps" that must take place before the uniforms reach Soldiers. Included in those steps are wear testing by a sample group of Soldiers, additional improvements as a result of that testing, and a final approval by the chief of staff of the Army.

To vote, go to https://ipfusurvey.natick.army.mil, and log in with your CAC. If you want to take the survey without having to log in with your CAC, visit https://surveys.natick.army.mil/Surveys/ipfu.nsf.



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## NHL 13 helps hockey fans get ice 'fix'

By Jim Van Slyke Contributing Writer

(Editor's note: All opinions stated in the Video Game Spotlight are solely those of the article's author.)

Hockey fans everywhere are worried that unless the NHL and its players put together a collective bargaining agreement very soon, they might be looking at a lockout much like the one the NBA went through last season. But whether the two sides work things out by presstime, at least fans will have "NHL 13" to get their ice fix.

The game features the series' biggest innovation in six years because it now has intelligence players—teammates

better captures the speed, creativity and strategy of today's NHL players. Included are more real-world physics and 1,000 new gameplay animations, and when it's combined with the control of the Skill Stick, the players in the game now react and move like their real life counterparts. Even the goalies look and move better, making it tougher to score on

But smooth moves and faster skates

"NHL 13" because the artificial True Performance Skating. It and opponents — are smarter and



**Publisher** Electronic Arts Rated Everyone Systems Cost Overall 3.5 out of 4

more aware. Gamers need to understand hockey more so now than ever before and not just skate as fast as they can.

Serious fans - those who care about more than big hits and scoring - will enjoy the new Manager General Connected mode. It's much better than last year's GM mode because the artificial intelligence is smarter and it also allows gamers to play, coach

won't be enough to dominate in and manage in a 30-team, humancontrolled league. It's the closest most gamers will come to owning their own team.



COURTESY SCREENSHOT

game, perhaps the best ever. on ice. It "lights the lamp" time It may even be one of the best sports games period. No other hockey game has done as good

"NHL 13" is a great hockey a job capturing the greatest sport

Reviewed on Xbox 360

#### **SPORTS BRIEFS**

#### **Couples Invitational**

Silver Wings Golf Course hosts a Couples Invitational Saturday from 9 a.m. to 2 p.m. The entry fee is \$65 per couple and members of SWGC receive a \$10 discount. This fee includes green and cart fees, range balls, food and prizes. The tournament format will include six holes best ball, six holes scramble and six holes modified alternate shot.

For more, call 598-2249.

#### **Big Buck Contest**

Outdoor Recreation's Big Buck Contest will run from Monday through Jan. 31. Participants must have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card. Registration will cost \$25.

For more, call 255-4305.

#### **Wounded Warrior Fall Hunt**

The 2012 Wounded Warrior Fall Hunt Oct. 20-27 will give Fort Rucker's wounded warriors a week of fall deer and turkey hunting and is open to the public. There is a one-time registration fee of \$25 and registration will begin at 3 a.m. every morning at West Beach at the Lake Tholocco Pavilion and 8 a.m. at the outdoor recreation center. The closing ceremony will be conducted along with food and drawings for door prizes Oct. 27 at 11 a.m. All proceeds will go towards easy, accessible equipment for wounded warriors in future programs.

For more, call 255-4305.

#### Spooky 5K

The Fort Rucker Physical Fitness Facility will host the annual Spooky 5K and 1-mile fun run and costume contest Oct. 27 from 9-11 a.m. Registration on the day of the event will begin at 7:30 a.m. and end at 8:45 a.m. at Fortenberry-Colton PFF. Participants are encouraged to pre-register for the event. The 1-mile fun run is free and open to all children and will begin after the 5K is completed. Each fun run participant will receive a medal. There will be a costume contest with first place trophies for Overall Best Costume, Scariest Costume, and Most Original Costume for both adults and children categories. The costume contest is free to enter and will start at 8 a.m. Cost for the 5K is \$20 until Oct. 20 with shirt; \$25 after Oct. 20 with shirt, \$12 without shirt and \$100 per team of eight.

For more, call 255-2296.

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### PUZZLE ANSWERS

#### **Super** Crossword

Answers

S	C	Н		Α	T	T	1	R	E	S		Α	0	K	A	Y		S	Р	A
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P	Α	R	D	0	N	M	Y	S	Α	R	0	N	G		S	L	0	S	Н	Y
			E	S	Т	Α			N	0	R	1		E	M	U		M	1	Α
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	0	S	E		0	Α	Т		Α	N	Ν	-1	E			1	Т	U	R	N
P	U	S	S	1	Ν	В	0	0	T	S		P	Α	W	Α	Т	à	Р	Y	E
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#### Weekly SUDOKU \_\_\_

			An	ISW	er			
4	2	7	3	9	8	6	5	1
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3	8	5	2	1	6	7	4	9
9	6	4	8	3	5	1	7	2
7	3	2	6	4	1	9	8	5
8	5	1	9	7	2	4	6	3
2	4	8	1	6	3	5	9	7
5	1	9	4	8	7	2	3	6
7				100				

#### TRIVIA

1. Madrid, Spain Upper arm
 Cocoa Puffs

4. The cone-shaped deposits rise from the floor of a cave
5. Modern-day Iran (formerly Persia) 6. The electron

"O Canada" 8. Disk Operating System 9. Groucho Marx 6 7 3 5 2 9 8 1 4 10. Artist's studio