

EFMP
Child find campaign
helps military Families



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LIKE A BOSS
BOSS offers
recreation, volunteer
opportunities



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HUNTING
New equipment
helps wounded
warriors hunt



Story on Page D1

ARMYFLIER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

AUGUST 30, 2012

SMA Chandler visits Fort Rucker



Staff Sgt. Walter Watkins, an instructor with C Co., 1st Bn. 13th Avn. Regt., explains to Sgt. Maj. of the Army Raymond F. Chandler III the training that student Pfc. Brendan Sneed is going through at Yano Hall Aug. 22.

By Nathan Pfau
Army Flier Staff Writer

Sgt. Maj. of the Army Raymond F. Chandler III visited Fort Rucker Aug. 22-23 to see the different training that goes on at the installation, as well as speak with Soldiers and Families about bringing professionalism back to the Army.

Chandler visited many of the training facilities on the post and said what he noticed most about Fort Rucker was the pride that the people of the installation took in their work.

"Pride is contagious and when you see young men and women excited about what they're doing ... it's really uplifting and inspiring," he said. "That was really the best thing – the people."

Chandler had the opportunity to observe and speak with Soldiers going

through the different types of training from advanced individual training and the NCO Academy, to flight operations at Cairns Army Airfield and maintenance training.

"The conversations [I had with Soldiers] have been very uplifting and encouraging," he said, adding that he likes to talk to Soldiers about why they chose to serve, and what they think about the future of the Army and their place in it.

"As with most places that I've been to, the young men and women here are very excited about what they're doing," said Chandler. "They believe in [what they are doing] and are grateful and appreciative to be a part of something larger than themselves."

That appreciation is something that Chandler said was noticeable in

SEE SMA, PAGE A4

Post ready for future hurricane response

Fort Rucker Public Affairs
Press Release

To ensure the safety and protection of personnel and equipment, Fort Rucker took some necessary precautions to prepare for a potential direct hit by Hurricane Isaac. Although the path of the storm shifted away from the Wiregrass, Fort Rucker was ready.

Late Sunday afternoon, the command made the decision to stack Rucker's fleet of training aircraft. The potential weather threat at that time warranted this action and was also a chance to practice preparedness measures and gain some currency with the process, said Col. Don Galli, U.S. Army Aviation Center of Excellence chief of staff.

With the threat being identified as well to the west on Tuesday, Rucker then began the process of unstacking the aircraft and getting them ready for training again.

"A lot of hard work and dedication went into the past 24 hours to take a step we thought was a necessary one when the decision was made, as we hadn't exercised our stacking plan since the heavy hurricane season of 2005. While we are extremely relieved the storm is not going to affect the Wiregrass as the early forecasts predicted, we are satisfied that we instead got some awesome training out of this process," Galli said.

Personnel should remain vigilant during hurricane season, review personal preparedness checklists and have a plan.



UH-60 Black Hawk helicopters were stacked inside a hangar at Lowe Army Heliport in preparation for anticipated severe weather from Hurricane Isaac.



Col. Douglas M. Gabram, incoming USAACE and Fort Rucker deputy commander, speaks at the Wings of Honor ceremony at the U.S. Army Aviation Museum Friday. Gabram assumed his duties from Col. Jessie O. Farrington.

USAACE welcomes new deputy

By Nathan Pfau
Army Flier Staff Writer

The U.S. Army Aviation Center of Excellence welcomed a new deputy commander to the installation and said farewell to a familiar face during a ceremony Friday.

Col. Douglas M. Gabram assumed duties as the new USAACE and Fort Rucker deputy commander from Col. Jessie O. Farrington, during the Wings of Honor ceremony at the U.S. Army Aviation Museum.

"[Gabram] has done so much for

so many Soldiers," said Maj. Gen. Kevin W. Mangum, USAACE and Fort Rucker commanding general during the ceremony. "He has a great passion for Soldiers, standards and making a difference."

Gabram returns to Fort Rucker after almost 17 years, where he once served as the deputy chief, Aviation Planning Group for the commanding general from 1993 to 1995.

He began his military career as a distinguished military graduate from Bowling Green State University in 1984 and has held posi-

tions including OH-58C Cavalry Scout Platoon Leader, and Cavalry Troop commander in the 5th Squadron, 17th Cavalry, 6th Cavalry Brigade in Fort Hood, Texas and AH-64 company commander with the 1st Battalion, 101st Aviation Regiment, 101st Airborne Division, Fort Campbell, Ky.

His leadership career also includes positions with the 21st Cavalry Brigade, Fort Hood, Texas, as the brigade S-3, and deputy brigade commander;

SEE DEPUTY, PAGE A5

Job Fair attracts skill-set seekers, job hopefuls

By Nancy Rasmussen
Fort Rucker Public Affairs

Fort Rucker's ninth annual Area Job Fair Aug. 22 drew nearly 2,000 job-seekers, a total of 40 employers, and resulted in one on-the-spot hire, 1,582 interviews and more than 350 potential hires.

Co-sponsored by Army Community Service Employment Readiness Program and the Ozark Area Chamber of Commerce, the event hosted 1,872 registered attendees including 102 military personnel and veterans and 97 military Family members, according to Tanya Roberts, Ozark Area Chamber of Commerce director.

"The Ozark Area Chamber of Commerce feels very fortunate to have hosted the Fort Rucker Area Job Fair this year. It was a great value to the Ozark community to have the opportunity for local area job seekers to attend a venue that had 40 em-



Representatives from Personnel Resources meet with attendees of the ninth annual Fort Rucker Job Fair held Aug. 22 in Ozark.

ployers in one area with a variety of skill sets required," Roberts said.

"Debbie Gaydos, the Fort Rucker Employment Readiness manager with Army

Community Service, was a pleasure to work with. She did a wonderful job," Roberts said.

Gaydos said that this year's job fair was

well organized, well promoted and that the Chamber's advertising efforts resulted in great attendance.

"We would definitely do it again. I think we all did a good job of advertising the event to the public," Roberts said.

Word of mouth contributed to the attendance of more than 500, with newspapers and social media attracting another 450.

"Given the economic times we are in currently, it felt good seeing so many people have the opportunity to meet with multiple hiring employers in one facility. The Ozark Civic Center was a perfect venue for the job fair with its size and layout. The employers were very pleased with the accommodations," she added.

"We especially appreciated the incredible support provided by The Ozark Civic Center staff and our wonderful team of volunteers whose support helped make this a successful event," Roberts said.

PERSPECTIVE

Know the signs, save Soldiers' lives

By U.S. Army Combat Readiness/Safety Center
Public Affairs Press Release

The Army is changing the way leaders, Soldiers and safety professionals receive seasonal safety information, and also are asking that everyone keep their eyes open for the signs they or their buddy might be at risk of an accident.

The Army Safe Autumn Campaign, launching Tuesday, will be the first of four seasonal installments in this redesign, and additionally serves as the kickoff for the overarching "Know the Signs" safety awareness effort.

"No Soldier comes into the Army without certain expectations," said Brig. Gen. Timothy J. Edens, director of Army Safety and commanding general, U.S. Army Combat Readiness/Safety Center. "Likewise, the Army has its own expectations, chiefly that Soldiers will abide by their training and standards and act in a disciplined manner 24/7. Unfortunately, we're seeing that some Soldiers don't believe training, discipline or standards apply off duty."

Just shy of the end of fiscal 2012, the majority of the 103 Soldier deaths occurring off duty have been attributed to indiscipline, especially regarding privately owned vehicle and motorcycle fatalities. A number of leaders at the rank of E5 and above have been involved in fatal accidents attributed to indiscipline, a fact that alarms USACR/Safety Center Command Sgt. Maj. Rick Stidley.

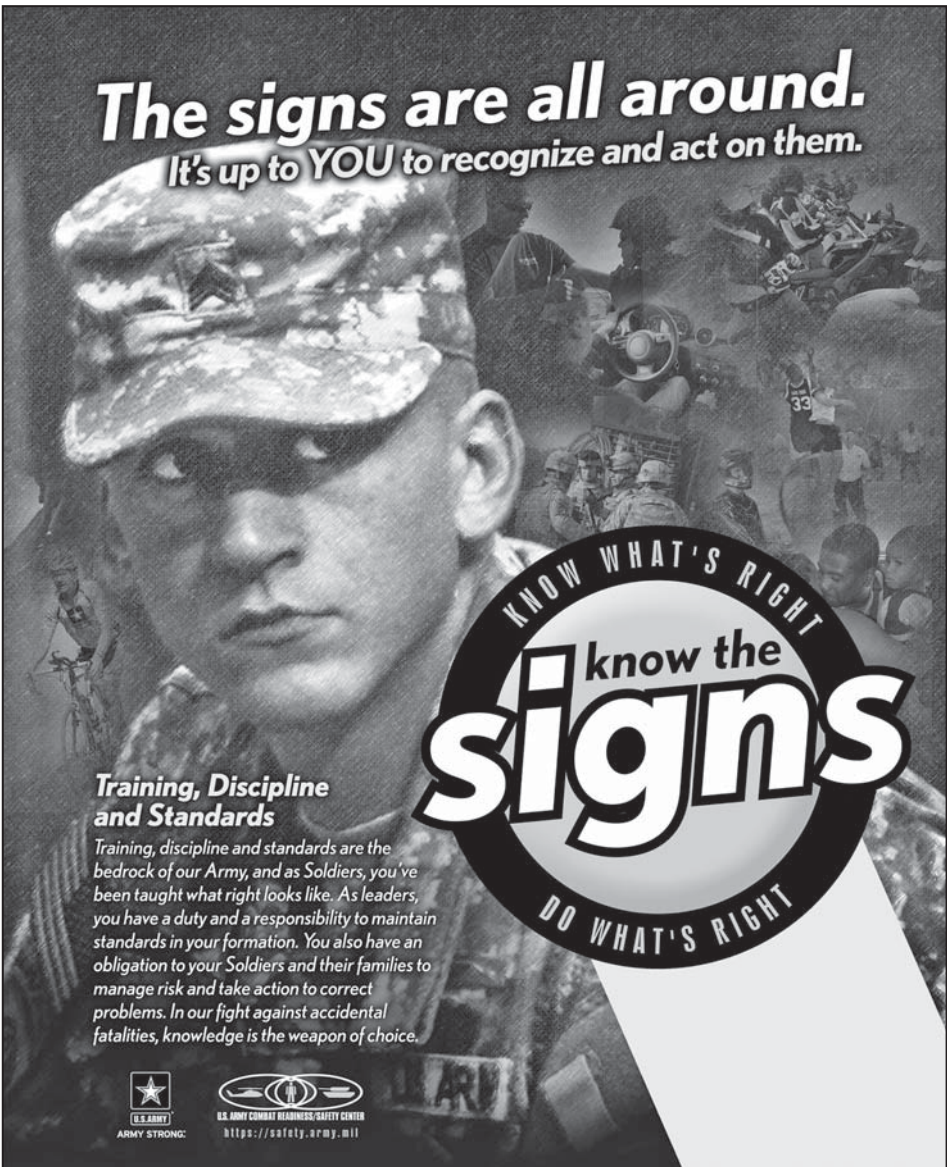
"Young Soldiers look up to their leaders, there's absolutely no doubt about that," Stidley said. "Any leader who willfully disregards the standards he enforces on his Soldiers is a terrible example and shouldn't be leading in the first place."

The KTS campaign is themed around the idea that someone always knows when a Soldier is at risk for an accident — whether it's the Soldier, his battle buddies or his leaders. Intervention can be difficult, but it's often the only way to take action before a troubled Soldier's life ends in tragedy. Each of the four seasonal campaigns will fall under the larger KTS umbrella.

Edens encouraged all members of the Army Family to visit the USACR/Safety Center home page, <https://safety.army.mil>, for more information on KTS and the schedule of seasonal safety campaign releases.

"Safety has to be an imperative in our formations," he said. "These campaigns are one way leaders can make that happen, but tools are just tools until someone puts them into action."

"Remember that every product we release is just a baseline — leaders can tailor them to their own unique needs. The important thing is getting the information out there to your Soldiers."



COURTESY GRAPHIC

Rotor Wash

“Army Community Service offers Family Member Resilience Training Sept. 6 and 7 from 8:30 a.m. to 2:30 p.m. at The Commons. How can military Families remain resilient?”



Staff Sgt. Mark Leonguerrero,
D Co., 1st Bn.,
145th Avn. Regt.
“Have faith in each other.”



Angela Putnam,
military Family member
“Communication is key. You need to stay in touch in everyday life by calling, Skypeing and writing letters.”



Danny Pattburg,
civilian employee
“Stay in contact with each other daily.”



Robbie Shriver,
military employee
“Have a Family prayer time and talk to others in similar situations for support.”



Pfc. William Strawther,
A Co., 1st Bn.,
11th Avn. Regt.
“Communication is very important. Be truthful and honest about issues you are concerned with.”

COMMAND

Maj. Gen. Kevin W. Mangum
FORT RUCKER COMMANDING GENERAL

Col. Stuart J. McRae
FORT RUCKER GARRISON COMMANDER

Lisa Eichhorn
FORT RUCKER PUBLIC AFFAIRS OFFICER

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If you would like to contact the *Army Flier* by e-mail, please contact the editor at jhughes@armyflyer.com.

ACE SUICIDE INTERVENTION

Ask your buddy

- Have the courage to ask the question, but stay calm.
- Ask the question directly. For example, “Are you thinking of killing yourself?”

Care for your buddy

- Remove any means that could be used for self-

injury.

- Calmly control the situation, do not use force.
- Actively listen to produce relief.

Escort your buddy

- Never leave your buddy alone.
- Escort to the chain of command, a chaplain, a behavioral health professional or a primary care provider.

Child find campaign helps military Families

By Nathan Pfau
Army Flier Staff Writer

Military Families come from all walks of life, and the Exceptional Family Member Program is reaching out into the community with a campaign to find and help Families with special needs.

The 2012 EFMP Family and Child Find Campaign in September is designed to reach out, connect with and identify those Families through education with displays in the post exchange and the Center Library, as well as Story Time at the Center Library and Picerne Military Housing.

“The campaign is a big push,” said Marion Cornish, Army Community Service EFMP manager. “We try to identify Families all year round, but we do some extra things for the campaign to go out, meet the community and let them know that we’re here.”

The goal of EFMP is to make sure that Families with special needs can get the services they require for their exceptional Family member, said Cornish.

“Special needs incorporates a lot of things from special education services to early intervention services,” she said. “Also, if [a Family member] is seeing any type of therapist such as a speech or physical therapist, or any type of specialized care provider, they should be screened for possible enrollment in the program.”

Displays placed at the post exchange and the Center Library will be available for people to visit from Sept. 12-21, and will have information about the program, including information on if and how they should enroll.

People can visit the displays and talk with EFMP members who will be mingling with the community and educating people on the program during peak hours of the day, said Cornish.

The Center Library display will feature books that relate to different types of disabilities that individuals may have to go in conjunction with the Story Time activity.

“We did [Story Time] last year and it



COURTESY PHOTO

Marion Cornish, Exceptional Family Member Program manager, reads to Families during last year's Story Time session for the EFMP Child Find Campaign.

generated a lot of interest, so we decided to do it again,” said Cornish. “The stories will be about individuals with disabilities to help children relate.”

The Story Time sessions will be at two different locations: the Center Library Sept. 14, and Picerne Military Housing Sept. 16 and 26, with both sessions going from 10:15-11 a.m. An arts and craft session will follow the Story Time session and are usually tied in with the stories that were read, said Cornish.

Reading books that relate to a child’s disability is a way that parents can communicate with children to help them understand, said the EFMP manager.

“Sometimes it’s a challenge when trying to explain things to children,” she said. “It can also help siblings understand that their brother or sister is a little different and teach them why we need to spend more time with them or develop a different set of skills.”

Another activity that Families can get involved with is the ACS Family Bowling

Night Sept. 13 at the Fort Rucker Bowling Center. EFMP members will be present to promote the campaign and answer questions that Families might have.

“We just want to do what we can to let Families know that we’re trying to help, and the way we do that is by getting this information out,” said Cornish. “If a doctor can diagnose it, then it’s worth considering whether or not [the Family member] should be enrolled in the program.”

For more information, call 255-9277.

Lyster Health Clinic prepares for construction

By Sara E. Martin
Army Flier Staff Writer

The main entrance to Lyster Army Health Clinic will not be accessible after Saturday as a result of construction to install a revolving door, but several alternate entrances to the building will open for staff and patients.

During construction, that is expected to last 45 days, Lyster officials ask for patience, but guarantee the renovation will improve the building on several levels, said Robbie Johnson, chief of facilities at Lyster.

“The center of the new door will be to the right of where the sliding doors currently stand. The outside sliding doors will be gone, but the inside sliding doors will remain,” he said.

A raised roof covered walkway will be built over the existing walkway from the parking area that will consist of a handicap entrance and ramp. The revolving door will be handicap accessible, but Johnson said some patrons at Lyster have expressed concerns that the revolving door will move too quickly for wheelchairs.

“The door can sense when a wheelchair or walker has entered and will slow its rotation to accommodate their slower pace. The technology is perfectly safe



PHOTO BY SARA E. MARTIN

The entrance of Lyster Army Health Clinic will go under construction starting Saturday to create an energy efficient entrance and walkway for staff and patients.

for a wheelchair bound person, but since many may prefer a normal sliding door, one will remain and a ramp will be constructed for those not relaxed enough to use the revolving door,” he said.

Other than being aesthetically pleasing, Lyster is putting in the door for financial reasons, he added.

“When both of the sliding doors open at the same time, it creates a wind tunnel that wastes the air conditioning. In the summer it pulls in the hot air and during the winter it sucks out the warm air. The revolving door will save hundreds of dollars a week in electric costs,” said Johnson.

The project is a half-million

dollar plan that will not only save money by being energy efficient, but will help the staff control the environment inside the building. A considerable amount of landscaping will also be done to make the facility more welcoming, he added.

“It is the commander’s intent to take the plain, institutional-looking entrance and jazz it up; make it have more pizzazz and say ‘welcome,’” said Johnson.

During construction, new entrances will be available for patrons. Signs will direct patients to the side entrances that will be accessible, he said.

“The old western emergency room entrance and the old east

handicap ramp will be open for patients. The primary care clinic entrance will also open up for patrons. These three entrances will remain open after construction is complete,” said Johnson.

Lyster has added 10 handicap parking spots on the west side of the building to help accommodate disabled patrons who will now be parking near that entrance, he said.

The building has seen other updates and construction in the past year and will see more in 2013.

“We helped increase patient flow by adding three exam rooms and we are currently adding dry fire suppressant to the computer rooms to contain a fire if one should spark from the room. We will also be installing a new generator and switch gear. It will downsize the generator room, but upgrades the electronics, so it will be more fuel efficient,” said Johnson.

A few projects are projected to begin next year.

“We will change the pharmacy and lab areas entirely. We will move the pharmacy out to the field in a temporary building. As soon as the pharmacy space is renovated the lab will move and its old space will be renovated to accommodate the pharmacy. Once that is complete the pharmacy will move out of the temporary building and move back into Lyster to the new pharmacy

area,” said Johnson.

“We also plan on placing new floors throughout the entire building next year with green product flooring, and we are also working on a new behavioral health clinic. Currently the clinic is spread out in three different areas, so we want to combine them and give it a separate entrance. We want renovate and enlarge the physical therapy department, too,” added Johnson.

All of the projects projected to begin next year, according to Staff Sgt. Javier Ramirez, NCO in charge of the patient center medical home, are to make the building function in this century’s patient-focused medicine environment without building an entire new facility.

“Revamping the building is in the best interest of all the patients,” he said. “Everything is geared toward a better experience for the patient. The product is going to provide a better healthcare experience as a whole for everyone,” he said.

All the renovations will promote the Army’s mission to prevent Soldiers and their Families from getting sick rather than treating sick people, he added.

“It’s a focus on wellness rather than healthcare. We are going to do the best we can to mitigate the inconvenience of construction. Just please bear with us,” said Ramirez.

News Briefs

Army Doctrine Overview

The U.S. Army Aviation Center of Excellence Directorate of Training and Doctrine will host an Army Doctrine Overview Sept. 10 in the Seneff Warfighting Center After Action Report Room during two identical sessions, at 8:30 a.m. and 1 p.m.

Representatives from the U.S. Army Combined Arms Doctrine Division at Fort Leavenworth, Kan., will provide an overview of the Army’s current and evolving doctrinal concepts. The unclassified briefing is open to all USAACE staff and faculty, and professional military education students.

For more information, call Maj. Terry Brooks at 255-3551.

ACAP employer day

The Fort Rucker Army Career and Alumni Program Center hosts Waffle House, PHI Helicopter, the Social Security Administration, the Texas Department of Public Safety and Verizon Wireless for an employer day on Wednesday from 10 a.m. to 2 p.m. in the Bldg. 5700, second floor break room. Active duty military, veterans, retirees and their spouses are welcome to attend and network with these military-friendly employers. Even if it’s a

while before people transition, ACAP officials say it is never too early to network.

For more, call 255-3932.

Case lot sale

The Fort Rucker Commissary hosts a case lot sale Sept. 14-16. The sale will feature deals and coupons linked to products as everything is sold by the case. For more on the commissary, visit www.commissaries.com or call 255-2212.

Lost and found

Fort Rucker Commissary Police have a Nintendo DS and a case of tools that were found on post in its lost and found department.

To get more information or to check to see if the property belongs to them, people can call 255-2861 or 255-1359.

CAC check

People need to look at their Common Access Cards for the wording “Oberthur ID One 128 v5.5 Dual” or “Gemalto TOPDLGX4 144” in the laser engraving above the magnetic strip on the back of

the card. If neither is there, the CAC must be replaced prior to Oct. 1 or people’s certificates will not be recognized.

For more information or to set an appointment to have a card replaced, call 255-2437 or 255-2182.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. and also the first Saturday of the month from 8 a.m. to noon, unless it falls on a holiday weekend and then the shop will be open on the second Saturday. The thrift shop needs people’s unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more, call 255-9595.

Parker awards

The deadline for submitting nominees for the 2012 Lt. Gen. Ellis D. Parker awards is Nov. 2. The Army-level Parker awards are given each year to recognize excellence at the battalion level, the primary warfighting Army Aviation force.

The Parker awards are broken into four categories: Combat, Combat Support, Combat Service Support, and Table of Distribution and Allowances. One winner will be selected as the Top Aviation Battalion in each category. Each winner will then compete for the title of Top Aviation Battalion of the Year.

The guidelines and nomination format can be obtained from the USAACE G-1/4 website at http://www.rucker.army.mil/usaace/g1-g4/award_edp.html. Inquiries can be made by calling the USAACE G-1 Awards Section at 255-1487.

Child Find

Fort Rucker Primary School conducts on-going Child Find screenings. People who suspect their child, ages 2-4, has a developmental delay in any area can call Michelle Griffin at 598-4473 to set up an appointment.



Sgt. Maj. of the Army Raymond F. Chandler III speaks to NCOs at the post theater during his visit to Fort Rucker Aug. 22.

PHOTOS BY NATHAN PFAU AND SARA E. MARTIN

SMA: Chandler stresses importance of seeking help

Continued from Page A1

the training of the Soldiers at Fort Rucker, adding that he was most impressed by a young air traffic controller at Cairns Army Airfield.

“There was a young sergeant who had been in the Army for four years and she was actually directing aircraft departures and arrivals,” he said. “Out at the airfield, there is a whole bunch of aircraft taking off and landing, and here is a young woman . . . and she is in charge. I don’t know about you, but that’s pretty inspiring.”

Chandler wasn’t the only one that was inspired as his wife, Jeanne, also toured the base and conducted a meet-and-greet with Soldiers and Families at Bldg. 5700, visited the Munson Heights Housing Community, met with Munson Heights employees and members of a Family Readiness Group.

Jeanne said she was very impressed with the Munson Heights Neighborhood Center and the amenities provided to the residents by the facility and its employees.

“Thank you for all that you do,” she said to the employees. “Having functions and activities, and providing these types of services is so important in order to support our [Soldiers and their Families].”

The Sergeant Major of the Army’s visit to Fort Rucker wasn’t just to tour the installation, however. He also came to discuss serious issues with Soldiers and Families ranging from sexual assault, hazing in the Army, and the stigma associated with seeking help.

“We’re trying to make the blueprint for the nation by changing the cultural awareness [on sexual assault],” said Chandler. “We’re trying to eliminate sexual assault.”

He said that viewpoints must change and it starts with professionalism in the Army and the way Soldiers conduct themselves both in and out of uniform.

“The American people demand more from us than they do the rest of society,” he said.

About 1,700 sexual assaults were reported in the Army last year, according to Chandler,

but only an estimated third of all sexual assaults are actually reported.

“We’re not going to leave anyone behind,” he said. “This strikes to the core of who we say we are as professionals and our Army policy is to treat everyone with dignity and respect.”

Hazing is another issue that Chandler discussed with the Soldiers and Families during a town hall meeting.

“We’ve had a policy about hazing since the mid 1980s. Hazing, it’s things that you do that could be confused as a right of passage that end up humiliating, injuring and intimidating a Soldier, and we’ve got a problem with this,” he said. “It’s unchecked behavior and we’ve got to police it up. We owe it to the person sitting next to us, we owe it to the Army and we owe it to the American people,” he said.

After Chandler spoke on the issues of hazing and sexual assault, he took questions from the audience, one of which brought up the issue of the stigma associated with seeking help in the Army.

Chandler spoke of a near-death experience he had while deployed that affected him in a way that caused him to turn off his emotions to be able to continue his job as a command sergeant major. He said it affected him in such a way that he sought out individual and family counseling.

“It made a big difference in my life,” he said. “If I can be the Sergeant Major of the Army and be in health care counseling, you can be in whatever it is that you do, and get help and get counseling, and there is nothing wrong with that.”

If a Soldier or Family member feels the need to seek help, Chandler recommends they do so and said that seeking help is a mark of personal courage.

“I had some help and it was good, and it has really made a huge difference in my life. I’m a better man, I’m a better husband, I’m a better father and, last but not least, I’m a better Soldier because of my counseling,” he said.



Sgt. Maj. of the Army Raymond F. Chandler III is escorted by Staff Sgt. Jeremy Patterson, of C Co., 1st Bn., 13th Avn. Regt., through Yano Hall to observe Soldiers in training during his visit to Fort Rucker Aug. 22.





Jeanne Chandler, wife of Sgt. Maj. of the Army Raymond F. Chandler III, meets with members of the Fort Rucker Community Spouses’ Club during her visit to Fort Rucker Aug. 22.

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Carlos MENCIA



PHOTO BY NATHAN PFAU

CW5 Michael L. Reese, Chief Warrant Officer of the Aviation Branch, welcomes Col. Douglas M. Gabram as the new USAACE deputy commander at the U.S. Army Aviation Museum Friday while Gabram's wife, Lori, is welcomed by another member of the Fort Rucker community.

Deputy: Gabram hopes to live up to Farrington's reputation

Continued from Page A1

battalion commander for the 1st Battalion, 101st Aviation Regiment, 101st Airborne Division during two Operation Iraqi Freedom deployments; and executive officer to the commanding general of the Joint Improvised Explosive Device Defeat Organization in the Pentagon.

Farrington, a long-time friend of Gabram's, had nothing but praise for the incoming deputy commander as he addressed the audience.

"You're getting a great deputy commander in Colonel Doug Gabram," said Farrington. "Doug and Lori Gabram are the real deal and an awesome Army couple. He is our most combat experienced Army Aviation colonel – I think he's going to do well here."

Gabram is an experienced Aviator who is qualified in the UH-1H, OH-58A/C,

AH-1, AH-64A and AH-64D Longbow Apache, and comes to Fort Rucker from his previous assignment in Fort Hood, Texas, as the brigade commander of the 1st Air Cavalry Brigade, 1st Cavalry Division, and said that he hopes to live up to the reputation that Farrington has attained on the installation.

"I'm proud to call him my friend and I'm a better person having crossed paths with Jess Farrington. He is a proven warrior, respected leader and a true gun pilot. You can fake attitude, you can fake enthusiasm, but you can't fake passion, and Jess possesses over-the-top passion for our profession," said Gabram. "I'll do the best I can do to sustain the altitude and airspeed you created in this position."

Farrington will continue his service on Fort Rucker as a special assistant to the commanding general before he retires in March with more than 36 years of service.

As the ceremony came to a close, Gabram thanked all of the senior leaders and his Family before sharing a final thought.

"Our mission here is to continue to produce the best combat Aviators and Soldiers

with a warrior ethos built on mutual trust, and high technical and tactical competence to take care of our Soldiers on the ground in the tough fights," he said.

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16027 Hwy 134: Affordable starter or investment! Think you can't afford to buy? Own this for less than typical rent. 2 BR/1.5 BA townhouse convenient to Hwy 84 & Ft. Rucker. **Mary Jones 334-790-2933**

NEW LISTING • \$129,900



202 Morningview: Low price in Valley Stream! Cute home, 3 BR/2 BA split plan, eat in kitchen opens up to screened porch. Fenced yard for the kids. Separate laundry room and large pantry. **Mary Jones 334-790-2933**

NEW LISTING • \$69,000



5006 CR 36: Country setting, charming & well maintained, workshop with electricity, extra shed with deck, roof, HVAC, counter tops and carpet 5 years old. Motivated sellers, bring offers. Bonus room could be used as an office/4th bedroom or additional living room. Huge area for garden, pecans and grapes. Quick drive to beaches. **Debbie Sunbrock 334-406-9079**

NEW LISTING • \$69,000



98 CR 15: Adorable 2 BR/2 BA on approx. 1.3 acres. Some updating inside & out. Nice laundry room with tons of cabinetry, room kitchen, cute columned dining room. Master suite with his & her closets, huge workshop with electric & plumbed. **Mary Jones 334-790-2933**

NEW LISTING • \$187,000



110 Fountain Crest: Very nice and ready for occupancy. **Fran Clayton Kallenbaugh 334-790-5973 and Bob Kuykendall 334-369-8534**

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300 Arrowhead: A lot of space for a big family. 5 BR/3.5 BA, can accommodate a big crowd. Wonderful house with separate dining room, eat in kitchen, office area, screened porch, wet bar, fireplace and more. **John Sizemore 334-389-1450 & Nancy Cafiera 334-389-1758** Se habla Espanol

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6234 Hwy 167: 1 +/- acre lot with 3 BR/1 BA home, sold as is, must see. Needs a little love. **Jackie Thompson 334-406-1231**

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122 Pandella: Don't miss this low maintenance, well cared for home on the way to Fort Rucker. Very nice, updated, newer exterior and windows. **Fran Clayton Kallenbaugh 334-790-5973 and Bob Kuykendall 334-369-8534**

NEW LISTING • \$149,500



New construction: 205 Winterberry: The Cottages at Woodland Park: These cottages are tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants and minutes from Ft. Rucker. Stainless appliances, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom. (Maple Leaf Plan) Exclusively marketed Century 21



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NEW CONSTRUCTION \$149,500



203 WINTERBERRY: The Cottages at Woodland Park: These cottages are tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants and minutes from Ft. Rucker. Stainless appliances, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom. (Winterberry Plan) **EXCLUSIVELY MARKETING BY CENTURY 21, 347-0048**

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209 WINTERBERRY: \$163,500: The Cottages at Woodland Park: These cottages are tucked in the woods off the Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants and minutes from Fort Rucker. Stainless appliances, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom. (Laurel Plan) Exclusively marketed **BY CENTURY 21, 347-0048**

106 FIELDCREST \$126,000



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109 PRATT \$132,500



3 BR/2 BA, fenced wooded lot, convenient to Rucker Blvd and schools. **JACKIE THOMPSON 334-406-1231**

HUNTER RIDGE \$289,900



58 CR 171: Beautiful home in Hunter Ridge. Hardwood floors throughout, custom cabinets, granite counter tops, stainless appliances, pretty custom trim package & custom built mantel. Claw foot tub & tiled shower in MBA. Custom cabinets and sink in laundry room. Huge lot (1.05 +/-) with mature hardwood trees, plenty of room for a pool. **BOB KUYKENDALL 334-369-8534**

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Face of defense: Apache pilot fulfills lifelong dream



U.S. ARMY PHOTO

CW2 Laura Tanski stands by the AH-64 Apache helicopter she pilots Aug. 16 at Marshall Army Airfield, Fort Riley, Kan.

By Mollie Miller
1st Infantry Division

FORT RILEY, Kan. — Although CW2 Laura Tanski first “slipped the surly bonds of Earth” as an Army Aviator two years ago, she has been living in the clouds for most of her life.

“For as long as I can remember, my room was filled with airplanes and helicopters,” Tanski, an AH-64 Apache helicopter pilot with the 1st Infantry Division’s 1st Combat Aviation Brigade, said recently. “I have always loved Aviation, and I knew since I was a kid that I was going to fly.”

Tanski’s route to the skies began in her hometown of Dearborn Heights, Mich., long before she was even old enough to ride a bike, much less fly a helicopter.

“We were always attending air shows or visiting the air museum,” said Patricia Tanski, the Apache pilot’s mother. “Her passion for flying just grew and grew.”

While in high school, Tanski got her first taste of flight during flying lessons at a local airport. That quick taste, which included a rather harrowing solo flight in a snowstorm, left the young pilot hooked.

“I am fascinated by the fact that a huge machine like a plane or a helicopter can actually fly,” she said. “I wanted to be a part of that.”

After a short tour with the Air Force and a deployment to Iraq with the 25th Inf. Div. as an Army air traffic controller, Tanski decided that it was time that she stopped managing aircraft from the ground. She put in her paperwork to attend flight school and was selected in early 2008.

“The day I got selected for flight school was the best day of my life,” she said. “I just kept looking at that selection list on the computer — I had to double and triple check it to make sure I was seeing things right.”

SEE DREAM, PAGE B4



PHOTO BY SGT. DANIEL KYLE JOHNSON

Pvt. Eric Jessee, B Co., 1st Bn., 21st Inf. Regt., launches a Raven UAS as part of the training missions conducted Aug. 21 at Schofield Barracks, Hawaii. The Raven system is used to gather intelligence from the air and requires only a two-man team to launch and control in order to provide critical intelligence to the command team.

Ravens fly over Schofield

By USEUCOM Public Affairs
Army News Service

SCHOFIELD BARRACKS, Hawaii — Soldiers of the 2nd Brigade Combat Team, 25th Infantry Division participated in Unmanned Aircraft System training Aug. 21.

The training was conducted by instructors from the Small Unmanned Aircraft School based at Fort Benning, Ga. The Raven platform used in this training is a small hand launched system capable of 90-minute flight times on battery power with a range of more than 10 kilometers.

“The Raven payload includes an infra-red camera system to allow night operation as well as front and side day cameras,” said Sgt. Gustavo Nogueira, an instructor from the

Small Unmanned Aircraft School. “There is also a laser illuminator that allows targets to be designated from the air to allow ground troops to identify and engage targets.”

The Raven system has been used by the 2nd BCT in combat and is a valued asset to a ground force.

“This system was employed by the brigade during the last deployment to Iraq,” said CW4 Matt Roman, the brigade’s Master Raven Trainer. “It provides situational awareness to the commander instantaneously from an aerial perspective.”

The system is extremely portable and can easily be deployed into a combat situation by a two-man team.

“The system is ruck sack portable and can be launched within 15 minutes from the ground

or a moving tactical vehicle,” Nogueira said. “A two-man team is capable of launching and conducting Raven missions from anywhere on the battlefield.”

The information that can be gathered and relayed instantly is a valuable asset to any ground commander. It provides information critical to making an informed decision on where and when to employ other combat assets.

“This system provides the commander with a bird’s eye view of the battle ground and can be used for reconnaissance, surveillance and target acquisition among other capabilities,” Nogueira said.

The training was new for some of the Soldiers and provided them with a realistic

SEE RAVEN, PAGE B4

Veterans join 21st Cav. for Hueys’ final lift

By Daniel Cernero
III Corps and Fort Hood
Public Affairs

FORT HOOD, Texas — Iconic, dependable, reliable, tough, a workhorse, an air cavalryman’s steed.

All were used to describe the UH-1 Iroquois, affectionately known as the “Huey,” during its retirement ceremony, Aug. 18, at Robert Grey Army Airfield, when the 21st Cavalry Brigade (Air Combat) conducted a ceremonial airlift with the final three UH-1s remaining in the active-duty Army.

At the end of August, 21st Cav. Bde. Commander Col. Neil Hersey said those Hueys will be flown to, and retired with Army Aviation and Missile Life Cycle Management Command that is headquartered at Redstone Arsenal in Huntsville, Ala.

Hersey called the UH-1’s retirement bittersweet.

“It’s an honor to be a part of the ceremony that sends them off appropriately,” he said. “It’s sad because this platform has meant so much to this unit over the years and to the Army as a whole. It really made the helicopter, in Army Aviation, the important aspect of Army Aviation that it is.”

CW5 Jimmy Green, III Corps standardization pilot, said this ceremony was about putting these machines and the veterans who flew them up on a pedestal.

“We’ve taken those Hueys to a lot of static displays around Texas and different veterans memorials, and a lot of those guys, their lives were changed by this machine,” Green said. “They were saved by it, they were hauled out by medevac; they were lifted in as troops and brought out of hot fire. There are a lot of guys who get really emotional with this machine.”

During a reception held later in the evening, Aug. 18, the guest speaker was retired Lt. Gen. Paul E. Funk, a former III Corps and Fort Hood commanding general. During Vietnam, Funk was an Air Cavalry Troop commander in 1st Squadron, 9th Cavalry Regiment, 1st Cavalry Division.

SEE HUEY, PAGE B4

3-event APFT retained pending readiness study

By Stephanie Slater
TRADOC

FORT EUSTIS, Va. — The Army will retain the current three-event Army Physical Fitness Test, pending a study to determine the best method to measure baseline Soldier physical readiness.

U.S. Army Training and Doctrine Command found that implementing changes to how the Army assesses physical fitness would be premature.

“We anticipate that the baseline Soldier physical readiness study, linked to Warrior Tasks and Battle Drills, may generate new information that affects how we develop and test physical fitness,” said TRADOC Command Sgt. Maj. Daniel A. Dailey.

What was proposed?

In 2011, TRADOC implemented a physical fitness training philosophy that Soldiers are better prepared if they train how they would fight. This prompted the Army Physical Fitness School to reevaluate a Soldier’s physical capabilities.

A five-event Army Physical Readiness Test was developed and proposed to replace the current three-event APFT. The proposed test eliminated situps and included the following: 60-yard shuttle run, one-minute rower, standing long jump, one-minute pushup and 1.5-mile run.

More than 10,000 Soldiers worldwide participated in pilot

SEE APFT, PAGE B4

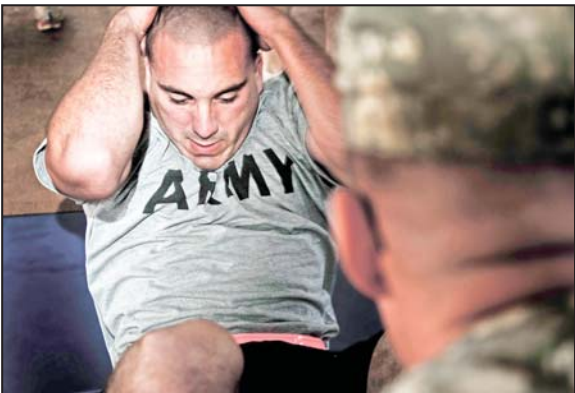


PHOTO BY SPC. MARCUS FITCHTL

The Army will retain the current three-event Army Physical Fitness Test, pending a study to determine the best method to measure baseline Soldier physical readiness. Pictured here, a Soldier assigned to the 8th Military Police Brigade completes a situp as part of the Army Physical Fitness Test during the 8th Military Police Brigade’s Best Warrior Competition at Schofield Barracks, Hawaii, April 10.

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Dream: Aviator sets heart on 1 airframe AH-64

Continued from Page B1

Tanski spent two years learning how to fly at Fort Rucker. The young Aviator said the flying part came easy in the early days of flight school — she was, in fact, one of the first students in her class to fly solo. When the time came to select her advanced aircraft, she said, she had her heart set on one, and only one, airframe: the AH-64 Apache, one of the Army’s most lethal pieces of equipment.

“My intent has always been to get as close into the battle as possible, and I knew that the AH-64 Apache was always right there in every mission.”

Her mother was not surprised that Tanski selected the AH-64 Apache; she said

she would have been more surprised if her daughter hadn’t selected the high-tech aircraft.

“Laura has always welcomed a challenge, so it was no surprise that she would choose the most challenging and complex helicopter,” she said.

When she began the AH-64 Apache helicopter block of instruction, Tanski was the only woman in her class. Today, she is one of just four AH-64 Apache pilots in her battalion, and one of fewer than 20 female helicopter pilots who call the 1st CAB home.

Being a member of such a small group has never made much of a difference to her, Tanski said. There is no difference between the Soldiers to her left and right and the big brother who tore up and down the roads of

Dearborn playing street hockey with his little sister, she explained.

“Having an older brother really prepared me for life in this unit and in the Army,” she said. “All the Soldiers here are just like brothers to me. We play jokes on each other and have a good time, but we work hard, too. Our company is very close. It really is like a Family down here.”

Now edging toward 300 total flight hours, including 80 combat hours, Tanski said she is looking forward to her future in Army Aviation.

“I want to become an instructor pilot I had some fantastic instructors while I was at Fort Rucker, and I want to be able to teach others, just like those great IPs taught me.”

She also has a few things to teach women who are blazing their own Army paths in fields typically dominated by men.

“Never give up, no matter who says you can’t do it,” she said. “If you want it, if this is your dream, go for it.”

Her daughter’s dedication to excellence and never ending pursuit of her dream has made the pilot’s mother quite proud of a little girl who used to save her allowance so she could buy rocket kits and host launch parties in the backyard.

“I feel my daughter is not only a role model for her Family, especially her nieces, but for every woman who has a goal that she is working to accomplish,” she said. “Even I continue to be inspired by my daughter every day.”

Raven: Systems provide full spectrum intelligence

Continued from Page B1

view of the system’s capabilities on the battle field.

“We can throw one of these up and get eyes on target,” said Sgt. Zachery Kumler, and cavalry scout with the 2nd Squadron, 14th Cav. Regt. “It provides us with valuable

intel such as the GPS coordinates of a target.”

“This training will help Soldiers understand the capabilities of the system and enable them to coordinate targets and perform reconnaissance for the command,” Roman said.

Training such as this is another way the 2nd BCT is

preparing Soldiers to conduct contingency missions in the Pacific Region to ensure security.

“This system is another way we are able to meet the commander’s intent,” Kumler said. “We can use this to provide full-spectrum intelligence on a target to the commander in an instant.”

Huey: Vietnam veterans recall distinctive sound of incoming UH-1

Continued from Page B1

Funk reiterated the Huey’s iconic status.

“It’s an emotional event for all of us here,” he said. “It’s a sad day, but it’s an important one for all of us who are represented by that bird.

“These are extremely brave people flying these birds,” Funk continued. “Even the Marine pilots would say that if I go down, send me an Army Aviator, because they’ll come and get me.”

Funk described the young Soldiers who flew the UH-1s as being brave beyond all reason, especially during the many risky medevac missions.

“I turned 30 over there, and I was one of the oldest in the troop,” he said. “So here you are with these 19-year-old kids, and they’re flying these airplanes and they’re taking these great infantry. And our kids never got the credit for the fighters they were, for how tough they were.”

During the ceremonial airlift, the three Hueys provided veterans a trip down memory lane,

ushering back thoughts of both good times and bad, as they took short flights across the hilly central Texas landscape.

“That reminded me of Vietnam for the five years I was over there,” said Tony Blas, who served with Company B, 1st “Garryowen” Squadron, 7th Cavalry Regiment, 1st Cav. Div. in Vietnam from 1968-1972. “The five years I was over there, we lost a lot of men over there, some friends. It’s very hard to forget.”

Despite a 38-year gap between rides aboard a Huey, Blas said one thing about it remains unmistakable.

“I can still remember the sound,” he said. “When you hear that blade, you know it’s a Huey, you know it’s a UH-1.”

Fellow Vietnam veteran Jesus Perez, who served with the 571st Transportation Detachment (Aircraft Maintenance) in support of the Utility Tactical Transport Helicopter Company also has fond memories of that distinctive Huey sound.

“Where I live in Copperas Cove (Texas), they go over my house a

lot, and it makes me feel really good,” Perez said.

“The distinctive ‘whop-whop’ sound is one that only a Huey makes,” Hersey added, “to the point where if you watch any movie, even that shows Apaches or Black Hawks flying, the sound-track they use for the rotor sound is still the Huey.”

After months in the jungle on the battlefield, that sound often meant a safe escape for an infantryman like Blas.

“We used that aircraft a lot to transfer, to take us out of our mission,” Blas said. “When you’re out for 120 days, sometimes four months, sometimes six months, I remember waiting for them at the LZ (landing zone), and when you see them, you’d get very happy. “On some occasions, a UH-1’s flight in and out of the jungle wasn’t so smooth. As Vietnam veteran J.B. West, a pilot in 3rd Squadron, 5th Cavalry Regiment, recalled, he made many missions in the Huey and even was shot down once.

“I was making an emergency medevac, and they shot the engine

oil line out, and the engine quit and down I came,” West said.

Green, the chief III Corps pilot, described the UH-1 as an old farm truck in that it just works.

“And it’s GI proof. You can’t tear it up,” he said. “And if there’s a place to land and the engine fails on a Huey and you ding the Huey up, then you screwed up. It’s very forgiving. If you don’t have to put it in the trees, a good pilot should be able to get it on the ground without a scratch.”

West said that as he landed the UH-1 after the engine had quit, he didn’t even bend the skids.

“The pucker factor goes up when the engine quits,” he said. “The stress level goes up a little bit, and it gets awful quiet when you get to about 300 feet and the engine quits.”

Afterward, he said all of the Soldiers in the Huey got out, set up a perimeter, and waited for about an hour for help to arrive.

As the final active-duty Army unit with a Huey says good-bye to the aircraft, Hersey noted the UH-1’s incredible longevity.

“It’s equipment that has served

the Army for roughly 57 years,” he said. “I doubt that any piece of military machinery has seen such longevity, with the possible exception of the B-52.”

“It’s the Cadillac of helicopters,” Perez said.

After returning from his airlift, Perez said he had a great time.

“I never thought I’d get the chance to do it again,” he said. “I can’t wait to get home and call my brother.”

Blas said the airlift brought back the memory of all that were lost during Vietnam.

“Almost 59,000 Soldiers died,” he said. “We were over there to fight for this country. Like they say, ‘All gave some. Some gave all.’ Those are the 59,000 who died over there. It kind of shocks you every time you’re reminded of that.”

Funk summarized the close connection the Soldiers had with the Huey.

“Sort of like the cavalryman and his horse, you can’t separate the air cavalryman, the Aviator, from his steed,” he said, “and in those days that was the UH-1.”

APFT: TRADOC prepares to reestablish master fitness trainer program

Continued from Page B1

testing of the APRT. After reviewing the data, TRADOC commissioned an independent panel to validate the proposed five-event APRT.

Why retain the three-event APFT?

In separate reports, the panel of fitness experts from the Department of Physical Education at U.S. Military Academy, the U.S. Army Medical Research and Development Command, and California State University-Fullerton recommended against moving forward with the proposed five-event APRT and that TRADOC further study the issue.

The panel of subject matter experts agreed that the five-event Army Physical Readiness Test has “face validity” only, meaning that although it appears to measure what it claims to measure, further study would be required to confirm. Additionally, experts agreed that TRADOC should consider other events that may better predict baseline Soldier physical readiness. Soldier baseline physical readiness is the ability to meet the physical demands of combat and duty position, and accomplish the mission while conducting unified land operations.

TRADOC has determined that baseline Soldier physical readiness would be most effectively measured if linked to Warrior Tasks and Battle Drills, known as WTBD — tasks and drills determined over the last decade of war to be critical while conduct-

ing unified land operations.

Given the independent study, and the logic of linking fitness to WTBD, TRADOC will initiate a comprehensive study of Soldier fitness requirements to determine the best method to measure baseline Soldier physical readiness. The objective of the study is to select and recommend test events that have a functional connection to WTBD, and accurately measure baseline fitness against valid performance standards. The study is expected to begin in October 2012 and will include fitness experts from across the Army.

Decisions to change longstanding and proven sys-

tems of physical fitness are not made lightly, or prematurely, said the TRADOC command sergeant major.

“Emerging factors and changing combat environments demand a thorough understanding before changes are implemented, and thus the decision to retain the current test,” Dailey said. “Whatever the new test looks like, it must accurately evaluate fitness levels for all Soldiers to decisively win in combat.”

What's next?

TRADOC is preparing to reestablish the master fitness trainer program. Targeting noncommissioned officers, this program, discontinued

in 2001, will eventually provide commanders at all levels certified fitness advisers. A pilot master fitness training course begins Aug. 27 to ensure that the appropriate steps are taken to restore this previously successful physical fitness asset to all units.

“Bringing back MFTC will standardize unit physical training and increase unit readiness across the Army,” Dailey said, referring to the doctrine in TC 3-22.20 Army Physical Readiness Training (Aug. 2010).

TC 3-22.20 focuses unit training on developing Soldier physical readiness required to perform WTBD. WTBD are the fundamental combat skills which all

Soldiers, regardless of rank, age, gender or military occupational specialty, must perform in order to fight and win on the battlefield. To strengthen the emphasis on implementing physical readiness training doctrine Army wide, TRADOC will also transition TC 3-22.20 Physical Readiness Training to Field Manual 7-22 Physical Readiness Training in fall 2012.

“It’s time to break the culture of ‘training to the test’ and focus instead on

preparing all Soldiers for the physical challenges of the current and future operating environment. Executing physical training in accordance with the doctrine [TC 3-22.20] will also reduce injuries and improve Soldier performance on the APFT,” Dailey said.

“TRADOC recognizes that leaders will continue to assess unit physical training needs based on the mission and the OE and adjust training as necessary, but the place to start is the TC.”



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AUGUST 30, 2012

LIKE A BOSS

Program offers recreation, volunteer opportunities

By Sara E. Martin
 Army Flier Staff Writer

Being a single Soldier at a new duty station in an unfamiliar region can be intimidating, but the Better Opportunities for Single Soldiers program on Fort Rucker provides events and trips for Soldiers to get involved.

BOSS builds morale for single Soldiers by providing recreational activities and community service opportunities, said Spc. Doris Johnson BOSS president, adding that single Soldiers are not required to participate in BOSS, but are encouraged to.

"BOSS gives Soldiers something to do without the Army having to worry about them going out and getting caught up in drugs or gangs and other foolishness, such as excessive drinking or attending wild parties off post," she said.

Any single Soldier, regardless of rank, Soldiers who are TDY away from their Families or single parents are welcome to join BOSS. Johnson added that single Department of the Army civilians are also welcome to join.

"Coming to a brand new unit in a new state can be exciting, but then once you get settled in most single Soldiers go, 'So, what is there to do here?' We pull Soldiers up out of their beds, get them out of their barracks and get them involved," said Johnson.

There are no fees to join BOSS and the program is based on participation only.

Keeping Soldiers in an environment where they can maintain their military bearing is the large purpose of BOSS, according to Johnson.

"Our three pillars are community service, recreation and quality of life. We go around with the purpose to improve the lives of single Soldiers in all aspects of their lives to promote success. We just recently provided new microwaves for all single Soldier barracks because some Soldiers were having issues with their microwaves not properly working," she said.

BOSS participates in events and programs that are orchestrated by other organizations on post.

"BOSS has helped out with a lot of Directorate of Family, Morale, Welfare and Recreation events. We get involved in events like the 'Sesame Street Experience', the Wounded Warrior program, the haunted house at the Fortenberry-Colton gym and Oktoberfest. We have another event with the Survivor



COURTESY PHOTO

BOSS members and Family members gather for a fishing trip benefitting S.O.S. and Hearts Apart last fall.

Outreach Services and Hearts Apart where we take the children that are a part of those programs fishing and have a barbeque. We also often go out to veteran homes and listen to their military stories, and we go to the animal shelter and host pet washes for the animals there," said Johnson.

"And just because we do a lot of volunteer work, it doesn't mean that members have to participate in everything. They can volunteer as much or as little as they want," she added.

Helping single Soldiers live a fuller life is something that Johnson said can be done with something as simple as painting a wall at one of the schools.

"It not only better the community, but motivates single Soldiers to lead, be unit representatives or counselor members. BOSS can help them in becoming better Soldiers," she said.

There are incentives that are associated with being in BOSS that directly benefit Soldier's quality of life, and Johnson says that it can also help them grow as a Soldier.

"BOSS participation can help a Soldier achieve the volunteer service medal award

and DFMWR subsidizes a lot of events that take place on post, like dueling pianos and comedy night, to encourage single Soldiers to get out and enjoy post living," said Johnson.

BOSS takes several trips a year, including trips to the beach and to major cities.

"We take a lot of fun trips. We have gone to Atlanta, where we stayed in a five-star hotel, to Panama City Beach for spring break and have gone on cruises," said the BOSS president.

This year's cruise will take members to the Bahamas, and Johnson encourages Soldiers to join so they can partake in the trip.

"We will go on a five-day cruise to the Bahamas. We will provide transportation and subsidize the cost for the participating Soldiers. The cruise this year after subsidization will be \$160 per person. Soldiers will also get permissive TDY, so they don't have to use their own leave," she said.

The price of trips also depends on a Soldier's amount of volunteerism.

"If they volunteer then they receive volunteer hours and those hours will cut down the price of a trip. The more Soldiers volunteer

with BOSS, the more money Soldiers can get subsidized for future trips we take," said Johnson.

The BOSS building, which recently underwent major renovations, will reopen Oct. 5.

"We got new carpet, computers and furniture," said Johnson. "We put more TVs in the facility and made the building a more welcome place for Soldiers to come and chill," she added.

The facility has a kitchen, a theater room and a common area where Soldiers can play a variety of video games on different consoles, surf the Internet and, according to Johnson, play competitive games like foosball, darts and pool.

Johnson encourages all single Soldiers to break out of their normal routines and be more active in the community.

"You don't want to be a barracks rat. Getting out, meeting new people and going to new places is good for everyone. Come out and see what we are all about," she said.

BOSS meetings are currently held every Wednesday at 4 p.m. at the post library. Soldiers can join by visiting the DFMWR or Spc. Johnson in room 385 in Bldg. 5700.

Fort Rucker celebrates Women's Equality

By Sara E. Martin
 Army Flier Staff Writer

The Fort Rucker community gathered to recognize the struggles of suffrage and to educate themselves on women's issues as Women's Equality Day was celebrated Aug. 23 with a small booth fair in Bldg. 5700.

The booths included information on women's health (giving free blood pressure tests and contraceptives), suffrage movies, voter registration and absentee voting, job hunting do's and don'ts, résumé and interview tips and women's history.

"The special emphasis program committee is pleased with the turnout today. We are giving out tons of goodie bags and women are having fun with our women's equality quiz," said Timothy Knighton, Fort Rucker Equal Employment Opportunity Director.

The purpose of the day was to promote the continued struggle for women's equality as well as recognizing the accomplishments that women have made.

"Awareness is what we are promoting. The idea is to have fun while making people aware of certain situations, current and past. The fact that we are celebrating Women's Equality Day shows the progress that the country is making and awareness is key, and I believe we have accomplished that today," said Knighton.

Attendees like Elizabeth Gibson, a Landing Zone employee, acknowledged the importance of



PHOTO BY SARA E. MARTIN

Jeffrey W. Atkins, licensed practical nurse with wellness center health promotions, displays a jar full of tar, demonstrating the dangers of smoking to participants at Women's Equality Day Aug. 23.

keeping the day recognized for future generations and displayed respect for the women who struggled during suffrage.

"Women have fought for years to obtain equality, so it's important for everyone to celebrate it, especially the Army. It is so important for young women to stay active in their communities, because it gives [them] a better sense of 'self' and that's important in being a strong woman in today's society," said Gibson.

"So many women before us have fought for us to have the equalities that we have and it's something we should stand up for and be proud to say, 'I am a woman.' I think it speaks a lot about the women who came before us when we see women outnumbering males in college classrooms, and obtaining higher and higher

positions in the government. Because of them we can take advantage of what America has to offer and say, 'Yes, I can work. I don't have to stay at home and raise the children unless I want to. I can have both,'" said Elizabeth Burleson, assistant business manager at the Landing Zone.

Burleson encounters professional Army women everyday and says that they inspire her more and more.

"It's amazing to see women in uniform. I see pregnant Soldiers still working, though many women would be resting at home. Those women are showing everyone that women can do a job that is a traditional male position, even while carrying a child. They are crazy tough. I wear my girl power very proudly," she said.

Garrison commander Col. Stu-

art J. McRae and garrison command Sgt. Maj. Buford E. Noland stopped at the fair to speak with attendees and give their support of women's equality.

"Everyone in our country is important, including and especially women. There are some very, very famous and important women in American history and I think it is important that we recognize and celebrate women's contributions to our Army and to our country," said Noland.

The committee was happy that McRae made an appearance and gave a little insight to his personal women's equality knowledge.

"I am very pleased that they were able to stop by with the Sergeant Major of the Army being on post today. They made it part of their plan to stop by and convey support for our activities. It was very entertaining that [McRae] asked the committee a few equality questions," said Knighton.

McRae asked participants where the first congresswoman of the United States was from. The answer was close to his heart, for Jeannette Rankin was from his home state of Montana. He expanded the question by asking how many times she voted against the World Wars, the answer being twice. She voted against getting involved in both World War I and II.

The right to vote was a main topic at the event, initiating conversations between men and women during the celebration.

"We are showing the movie 'Iron Jawed Angels,' which is an

HBO production about young, female activists that take women's suffrage by storm. They risk their lives to help American women win the right to vote. It can be a very stirring movie," said Knighton.

"I think given the political [topics] we have going on during this year's election, I think there will be many more female voters. I believe that women's issues have been more in the forefront this year than in past elections, and that will make a difference in the number of women we will see at the polls. It is a very close election and both parties are recognizing the influence of female voters more than they have in the past. Women will have a loud voice in this year's election," said Noland.

"I hope more women will be at the polls this year because we have been conditioned to believe that one vote doesn't count, but I really think it does. I will vote for sure," said Gibson.

Lyster provided pamphlets on issues such as heart conditions and health, the dangers of smoking, osteoporosis, depression, breast health, alternative therapies and the human papillomavirus. The booth also had a breast cancer model for women to feel to know what a lump feels like in breast tissue.

"We just want to say thank you to everyone who came by today and enjoyed the booths, fellowship and refreshments of Women's Equality Day," said Knighton.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Financial Peace University

People can plan to be debt free as Army Community Service and the Fort Rucker Installation Chaplain's Office present Dave Ramsey's Financial Peace University Program Tuesday evenings from Sept. 11 to Dec. 4 for free. Before each class, a light meal will be provided by the chapel at 5:30 p.m., with the video presentation lesson beginning at 6 p.m. Classes will cover savings, eliminating debt, investments, insurance, real estate, and building wealth and giving. Classes are held at the Wings Chapel on Andrews Avenue. Child watch will be provided. Seating is limited and people need to register by Tuesday.

For more, call 255-9639.

Anger Management Workshop

Army Community Service hosts an Anger Management Workshop Sept. 11 and 18 from 9–11 a.m. at the Family Advocacy Program Early Childhood Activity Center in Bldg. 3705 on Dean Street. Participants will learn how to identify causes of anger, symptoms of anger, techniques to manage anger and how to develop an anger management plan. This is a two-part series and participants must attend both sessions in order to receive a certificate. The workshop is open to active duty military, retirees, Department of Defense employees and their Family members.

For child care information or to register, call 255-9641.

ACS Family Bowling Night

Army Community Service offers a Family Bowling Night for all active duty military Families with special needs, Family Readiness Groups and Hearts Apart Families Sept. 13 from 5–7:30 p.m. ACS promises a fun-filled evening at Rucker Lanes that will cost \$1 per game and \$1.50 for shoe rental. Registration is required no later than two days prior to the event.

For more information and to register, call 255-9277 or 255-3735.

Investing 101

People having trouble understanding investing are welcome to attend the free Investing 101 seminar Sept. 13 from 6–8:30 p.m. at the Munson Heights Neighborhood Center. The seminar focuses on the basics of investing and the fundamentals of the Thrift Savings Plan. Soldiers, Family members and Department of the Army civilians are welcome to attend. Space is limited, so advance registration is recommended. Child care is not provided for the event.

For more, call 255-9631.

Boneless Wing Night

Starting Monday, every Monday in The Landing Zone will be Boneless Wing Night starting at 4 p.m. Patrons can get six wings for \$3, 10 wings for \$4.75 or 15 wings for \$7 with the purchase of a beverage. This offer is not valid with any other coupons or promotions and is for dine-in only.

For more, call 598-8025.



PHOTO BY SARA E. MARTIN

Girls Night Out

Participants dance during last year's Girls Night Out. Fort Rucker Directorate of Family, Morale, Welfare and Recreation hosts a Girls Night Out Sept. 7 from 6 -11 p.m. in The Landing Ballroom. This event is for women ages 18 and older only. Tickets cost \$10 and include DJ entertainment, fashion show, door prizes and gift bags, and sampling with numerous companies that cater to women. Door prizes will be awarded from 7-9 p.m. People do not have to be present to win. Prizes must be picked up at DFMWR within 30 days or they will be forfeited. After the expo, entertainment includes ladies-only karaoke and dancing from 9-11 p.m. with DJ Dave. There will be a \$5 cover charge for ladies who only wish to take part in the karaoke. For more, call 255-9810.

Whiskey Traditional Wing Night

Starting Wednesday, every Wednesday in The Landing Zone will be Whiskey Traditional Wing Night starting at 4 p.m. Patrons can get six wings for \$3, 10 wings for \$4.75 or 15 wings for \$7 with the purchase of a beverage. This offer is not valid with any other coupons or promotions and is for dine-in only.

For more, call 598-8025.

EDGE! September activities

Child, youth and schools services offers its September EDGE! program with activities such as accessory making, map reading, painting, pottery and woodworking. EDGE! events cost \$5 per hour for children 6-10 years old and are free for children 11-18 years old. Activities occur every weekday from 4-6 p.m.

For more, call 255-0666.

Grandparent's Day Craft Making

The Center Library hosts a Grandparents Day Craft Making Activity Tuesday from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register.

For more information or to register, stop by the Center Library or call 255-3885.

Family Member Resilience Training

Army Community Service offers its free Family Member Resilience Training Sept. 6 from 8 a.m. to 4 p.m. and Sept. 7 from 8 a.m. to noon at The Commons. The MRT provides people with the thinking skills and coping strategies needed to take care of themselves. The skills people learn will assist them with strengthening relationships, building confidence and increasing their general well being. People need to register by Tuesday to take part in the training.

For more, call 255-3643 or 3735.

Story Time

The Center Library holds Story Time Fridays from 10:15–11 a.m., except for holidays and days of no scheduled activity. The free program introduces "the joy of reading" to children ages 2-5 years old and enhances parent-child interaction, according to library officials. A typical event includes a story, music, and coloring or craft time.

For more, call 255-0891.

Steak Night

Beginning Sept. 7, every Friday at 5 p.m. is Steak Night at The Landing Zone, featuring an 8-oz. Flat Iron Steak with fries for \$5, with the purchase of a beverage. People can add a side salad for an additional \$1. Other sides are also available for purchase. This special is limited to the first 100 guests per night and is available for dine in only, with a limit of one per guest. The offer is not valid with any other coupons or promotions.

For more, call 598-2426.

Fridays on the Patio

Every Friday now through Sept. 21 the Tiki Bay next to the SPLASH! Pool is open until 11 p.m. Guests can enjoy cold beverages, listen to music and play Cornhole.

For more, call the Landing Zone at 598-8025.

DFMWR Welcome Guides

The 2012 Fort Rucker Family and Morale, Welfare and Recreation Welcome Guides are available to all organizations on post. Units or organizations that would like guides delivered should contact DFMWR Marketing at 255-1879 or send an email to brittaney.t.hinton.naf@mail.mil with the organization or unit name, point of contact name, phone number and email, as well as the desired quantity of guides. Minimum delivery is 25 copies. People can also pick up copies at the marketing office in the Soldier Service Center, Bldg. 5700, Rm. 352.

DFMWR Spotlight

ARMY FAMILY ACTION PLAN

ARMY FAMILY ACTION PLAN

DO YOU HAVE QUALITY OF LIFE ISSUES?

What is AFAP?

The Army Family Action Plan (AFAP) is the Army's grassroots level process to identify and elevate the most significant issues that impact the quality of life of the total Army Family (Soldiers (all components), Retirees, Department of Army (DA) Civilians, and Families) to senior Army leadership for action. To submit your quality of life issue contact the Army Family Action Plan Program Manager at 255-2382 or visit www.ftruckermwr.com/acs/army-family-action-plan/ online by Sept. 28th. Quality of life submissions will be reviewed by delegates at the 2012 AFAP Conference.

AFAP Conference

Date: 10th – 11th October 2012
Time: 8 am – 4 pm
Location: Wings Chapel

FOR MORE INFORMATION PLEASE CALL 255-2382.
WWW.FTRUCKERMWR.COM

Fort Rucker Army Community Service

FORT RUCKER MOVIE SCHEDULE FOR AUG. 30 - SEPT. 2			
Thursday, Aug. 30	Friday, Aug. 31	Saturday, Sept. 1	Sunday, Sept. 2
Katy Perry: Part of Me (PG-13)7 p.m.	The Dark Knight Rises (PG-13)7 p.m.	The Dark Knight Rises (PG-13)7 p.m.	The Watch (R)7 p.m.
TICKETS ARE \$4.50 FOR ADULTS AND \$2.25 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.			

Vaccine best defense against influenza

By Donna Upshaw-Combs
Community Health Nurse

Influenza, also called the flu, is a very contagious respiratory illness that has no respect for its victims.

It attacks the young and the elderly, and can be mild, severe and sometimes deadly. The best way to prevent the flu is by getting the annual flu vaccine, according to the Centers for Disease Control.

Flu viruses spread when people with the flu cough, sneeze or talk. Sometimes the virus is spread by people touching surfaces or objects, such as doorknobs, handles or toys that have the flu virus on it and then touching their own mouth, eyes or possibly their nose. The flu virus can be passed on to someone before the infected individual is aware that he is sick and the

virus can spread while the infected individual is exhibiting symptoms.

Most healthy adults may be able to infect others beginning Day 1 before symptoms develop and five to seven days after becoming sick. Young children and people with weakened immune systems might be able to infect others for an even longer time.

The CDC reports that people who have the flu often report feeling some or all of these symptoms:

- fever or feeling feverish and chills, but not everyone will have fever;
- coughing or sore throat;
- runny or stuffy nose;
- muscle or body aches;
- headaches;
- fatigue or feeling very tired; and
- young children may have vomiting

and diarrhea.

Flu seasons are very unpredictable and can be severe. Over a period of 30 years, between 1976 and 2006, estimates of flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000, according to the CDC.

Complications from the flu can include bacterial pneumonia, ear infections, sinus infections, dehydration and worsening of chronic medical conditions, such as congestive heart failure, asthma or diabetes, according to the CDC.

The best way to prevent the flu is to get the flu vaccine each season. There are two types of flu vaccines: “Flu shots” — inactivated vaccine that contains the killed virus — and “Flumist” — a vaccine that contains the live but weakened flu virus. It is sprayed into the nostrils.

About two weeks after vaccination, antibodies develop that protect against influenza virus infection.

Yearly flu vaccination usually begins in September or as soon as the vaccine is available and continues throughout the flu season, which can last through May. This is because the timing and duration of flu seasons vary.

The information above was obtained from <http://www.cdc.gov/flu/keyfacts.htm>.

For more information about flu and flu vaccines, visit the following websites:

- Key Facts About Seasonal Flu Vaccine (www.cdc.gov/flu/protect/keyfacts.htm); and
- Good Health Habits for Prevention (www.cdc.gov/flu/protect/habits.htm).

West Nile Virus symptoms, precautionary measures explained

By Maj. Kathy Babin
Fort Huachuca

FORT HUACHUCA, Ariz. — West Nile Virus is a disease that is transmitted to humans through the bite of a female mosquito.

Nationwide West Nile Virus has been confirmed in 43 states, and there are 693 confirmed cases for this calendar year so far, according to the Centers for Disease Control.

People typically develop symptoms between three and 14 days after they are bitten by an infected mosquito. Approximately 80 percent of those infected with WNV will not show any symptoms at all. Up to 20 percent of infected people will develop symptoms such as fever, headache and body aches, nausea, vomiting, swollen lymph glands, or a rash on the chest, stomach and back.

Symptoms generally last only a few days, although some people can be sick for several weeks.

Only about one in 150 people infected with WNV will develop severe illness. Symptoms can include high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, vision loss, numbness, paralysis and even death. These symptoms may last several weeks, and neurological effects may be permanent. Those who are bitten and notice any of these symptoms should see their health care provider immediately.

People over 50 are at higher risk of developing serious symptoms of WNV if they do get sick and should take special care to avoid mosquito bites.

Risk of disease transmittal through medical procedures is low. All donated blood is checked for WNV before being used. The risk of getting WNV through blood transfusions and organ transplants is small and should not prevent those who need surgery from having it. People with concerns should talk to their doctors.

The easiest and best way to avoid WNV is to prevent mosquito bites by applying insect repellent to exposed skin or clothing. Generally, the more active ingredient a repellent contains, the longer it can protect users from getting mosquito bites.

Repellents may irritate the eyes and mouth, so avoid applying it to children's hands. When using an insecticide or insect repellent, be sure to read and follow the manufacturer's directions for use, as printed on the prod-



COURTESY PHOTO

Nationwide West Nile Virus has been confirmed in 43 states, and there are 693 confirmed cases for this calendar year so far, according to the Centers for Disease Control.

uct. Use insect repellent containing an Environmental Protection Agency-registered active ingredient such as DEET, Picaridin, Oil of Lemon Eucalyptus or IR3535.

See the EPA webpage for more information on ingredients at www.epa.gov/pesticides/health/mosquitoes/ai_insectrp.htm.

Spray clothing with repellents containing permethrin or another EPA-registered repellent since mosquitoes may bite through thin clothing. Do not apply repellents containing permethrin directly to exposed skin or under clothing.

Other helpful hints include wearing long-sleeved shirts, placing mosquito netting over infant carriers and staying indoors at dawn and dusk.

Help reduce the number of mosquitoes in areas outdoors where people work or play by draining sources of standing water. Some examples include flower pots, buckets or discarded tires. This reduces the number of places where mosquitoes can lay their eggs and breed.

For more information on WNV, visit www.cdc.gov/ncidod/dvbid/westnile/index.htm.



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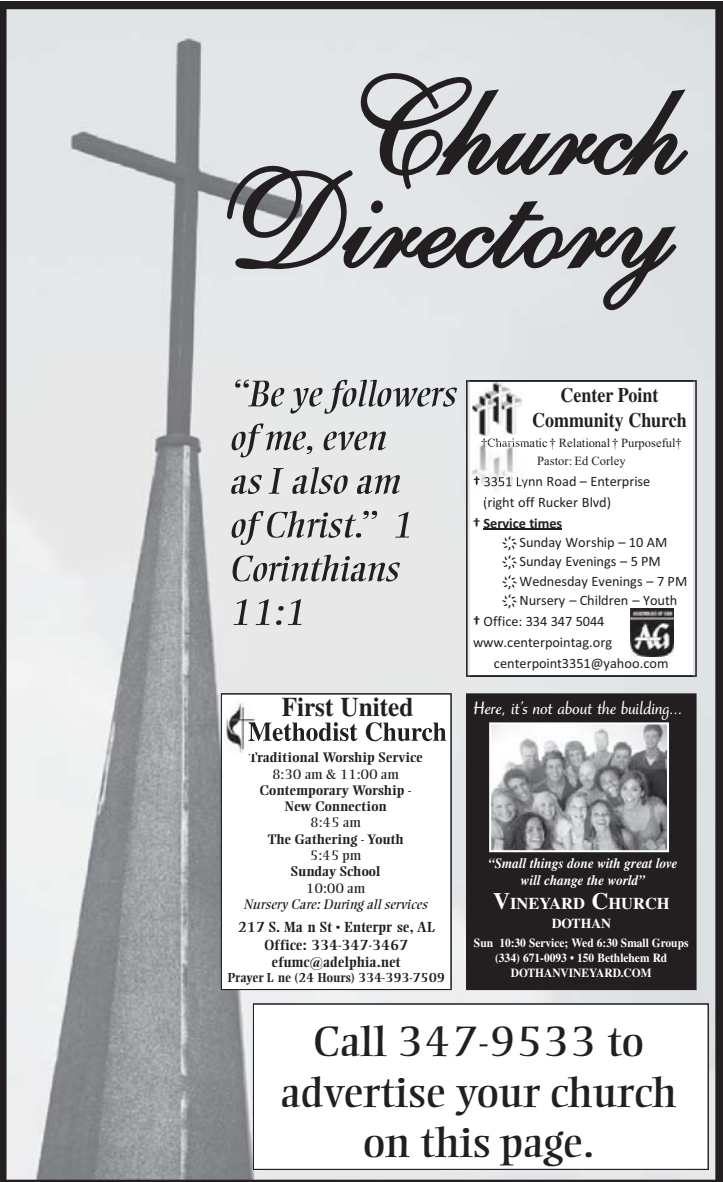
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Center Point Community Church

†Charismatic † Relational † Purposeful†
Pastor: Ed Corley
† 3351 Lynn Road – Enterprise
(right off Rucker Blvd)
† **Service times**
✠ Sunday Worship – 10 AM
✠ Sunday Evenings – 5 PM
✠ Wednesday Evenings – 7 PM
✠ Nursery – Children – Youth
† Office: 334 347 5044
www.centerpointag.org
centerpoint3351@yahoo.com

First United Methodist Church

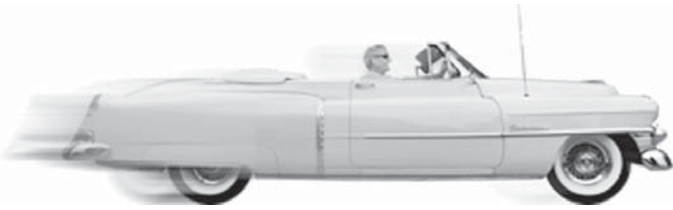
Traditional Worship Service
8:30 am & 11:00 am
Contemporary Worship -
New Connection
8:45 am
The Gathering - Youth
5:45 pm
Sunday School
10:00 am
Nursery Care: During all services
217 S. Ma n St • Enterpr se, AL
Office: 334-347-3467
efumc@adelphia.net
Prayer L ne (24 Hours) 334-393-7509

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WHICH ONE ARE YOU GONNA TAKE?

Events celebrate Labor Day weekend in Alabama

By Edith Parten
Alabama Tourism Department

MONTGOMERY — Farm-to-table foods, re-enactments of famous battles and a commemoration honoring coon dogs highlight this year's Labor Day weekend activities across Alabama.

Some 20 events celebrate Labor Day beginning Friday with the world's largest peanut boil in Luverne to the 75th annual Coon Dog Cemetery Celebration Monday in Tusculumbia.

Boiled peanuts, sweet potatoes, gumbo, moon pies and barbeque are a few of the foods Families can enjoy over the weekend to celebrate Labor Day during the Year of Alabama Food. Fresh vegetables abound at the World's Largest Peanut Boil and the Sweet Tater Festival in Cullman. A moon pie eatin' contest is the highlight of the Labor Day Celebration at Tannehill Ironworks Historical Park in McCalla and Creole gumbo, shrimp and crawfish are plentiful at the 41st annual St. William's Seafood Festival in Guntersville.

Families can also celebrate animal-themed events such as the Labor Day Celebration at the Coon Dog Cemetery where hunting dogs are honored, graves are decorated and tall tales are swapped in the "Liars Contest." The small town of Ider has been parading mules, horses and carriages for more than 100 years.

The Alabama Tourism Department suggests the following Labor Day weekend events with Family fun in mind.

St. William's Seafood Festival
Celebrate the Year of Alabama Food Saturday in Guntersville by enjoying St. William's famous seafood that includes Creole-style gumbo, Cajun boiled shrimp and fresh crawfish. Catfish and barbecue dinners are also available from 10:30 a.m. – until sold out. The drive-thru is open for shrimp and/or gumbo at 7:30 a.m. and is open until sold out. For more information, call (256) 455-4133 or visit www.stwilliamchurch.com.

Cars by the Creek
Prizes are awarded for the top 20 cars and top 10 trucks Saturday in Montevallo. The child who catches the most fish wins a prize. Registration is from 8-11 a.m. and presentations take place at 2 p.m. Fee for participants. For more information, call (205) 665-1519.

Tuskegee Labor Day Fly-In
The Tuskegee Labor Day Fly-in takes place at the Tuskegee Airmen National Historic site Saturday. For more information, call 727-3200 or visit www.nps.gov/tuai.

Battle for Decatur
Civil War re-enactors fight it out in mock battles Saturday through Monday at 2 p.m. daily. Camps are also open for viewing. Admission is free. For more information, call (800) 524-6181 or visit www.decaturcvb.org.

World's Largest Peanut Boil Festival
Patrons can enjoy arts, crafts, children's

activities, sweets and boiled peanuts during the World's Largest Peanut Boil Festival Friday through Monday from 9 a.m. until 5 p.m. daily in Luverne. More than 17 tons of peanuts will be cooked. Admission is charged. 8 a.m. to 5 p.m. For more information, call 335-4468 or visit <http://www.crenshawcochamber.com/peanutboil/>.

Art in the Park
More than 150 artists and craftsmen from the Southeast and Southwest show off their works of art during Art in the Park Sunday in Scottsboro from 8 a.m. until 5 p.m. Children's activities, music and food vendors are also included in the event. Admission is charged. For more information, call (800) 259-5508

Labor Day Weekend Concert
The Labor Day Weekend Concert on Lake Martin is Sunday from 7-10 p.m. in Alexander City. Gates open at 5 p.m. Guests are encouraged to bring lawn chairs and picnic baskets. Tickets are available through Ticketmaster. For more information, call (256) 397-1019 or visit www.RussellLandsonLakeMartin.com.

Sweet Tater Festival
The Sweet Tater Festival is Sunday from 1-4 p.m. and Monday from 8 a.m. until 3 p.m. at Dowling Memorial Park in Crane Hill. The event features arts and crafts, door prizes, a flea market, rides, games, live entertainment, and plenty of "sweet taters." Admission is charged. For more information, call (256) 531-7916 or visit www.sweettaterfestival.com.

Alabama Blues Federation Jazz on the Grass

The seventh annual Alabama Blues Federation Jazz on the Grass is Monday from 11 a.m. until 7 p.m. in the Rolling Hills Community just off Troy Highway 231. Marcus Anderson, Reggie Hines and P.J. Spraggins perform. Lawn chairs, coolers and food are encouraged, although vendors will sell food and drinks at the event. Admission is charged. For more information, visit <http://wvasfm.org/post/7th-annual-jazz-grass>.

Ider Mule Day
Ider Mule Day begins Monday at 9:30 a.m. The event features a parade of mules, horses and carriages as well as a display of antique cars and tractors, handmade arts and crafts, music, barbecue and children's activities. Admission is free. For more information, call (888) 805-4740 or visit www.discoverlookoutmountain.com.

Labor Day Celebration, Moon Pie Eatin' Contest
Family fun abounds at the Tannehill Ironworks Historical State Park in McCalla during the annual Labor Day celebration and Moon Pie Eatin' Contest Monday from 10 a.m. until 3 p.m. The event features homemade crafts, music, barbecue and more. Admission is charged. For more information, call (205) 477-5711 or visit www.tannehill.org.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post No. 80 regular meetings are the second Monday of each month at 6:30 p.m. at the Legion Hall.
For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

SEPT. 8 — Daleville Chamber of Commerce and the 1st Bn., 233rd Avn. Regt. hosts West Coast Poker Run.

Cards are given a numeric value and the values are unknown until the end. Highest score and best hand will be awarded along with lowest score/hand.

Cost is \$20 for the first rider and \$10 for the second. Registration starts at 9 a.m., bikes out at 10 a.m. Drawings begin at 2 p.m. Food and drinks available. For more information, call (254) 423-2928 or 598-6331.

DOTHAN

FRIDAY — The City of Dothan, Houston County and the Dothan Area Chamber of Commerce hosts the Economic Summit on Jobs at the Dothan Civic Center. Registration and breakfast 7:30 to 8:15 a.m. and event begins at 8:15 a.m.

Free and open to the public, the day-long event is designed to use the combined knowledge and experience to identify opportunities that result in the direct creation of jobs.

Participants who have like interests and concerns will pair together to accomplish one goal during the next 12 months. Lunch will be provided at no cost.

Pre-registration is required at www.economicsummitonjobs.com.

economicsummitonjobs.com.

SATURDAY — The Cultural Arts Center hosts the Ballroom Dance Club each month from 7-9:30 p.m. Food and drinks will be available. The cost is \$2 per couple. Scheduled club meeting dates are: Saturday; Oct. 6; Nov. 3; Dec. 29.

For more information, call 677-4967 or visit www.theculturalartscenter.org.

SEPT. 7 – Healthy You, Inc., hosts "Straight Talk About Marriage" workshop from 6-8 p.m. The workshop is designed to help couples optimize their marriage. Topics covered include communication styles, conflict resolution and emotion management. There is no cost to attend. Register at JTFStraightTalk.com or by calling (334) 671-7774.

SEPT. 9 — The Tri-State Peachy Painters will hold their meeting at noon at the Houston County Farm Center. The class will be 1-4 p.m. For more information call 334-803-4882.

SEPT. 13 — The Cultural Arts Center will present Wiregrass Talent Quest at the Dothan Civic Center.
For more information, call 596-2352 or visit www.theculturalartscenter.org.

SEPT. 15 — The Cultural Arts Center hosts Dixie Crafters Workshops. Several types of classes are offered in the morning and afternoon, prices vary.

The morning workshops will be held from 8 a.m. until noon and afternoon workshops will be from 1-4 p.m. Registration fee is \$35.

For more information, call 677-5827.

ENTERPRISE

SEPT. 8— Coffee County Emergency Management host "Emergency Preparedness Fair and Safety Saturday" at 10 a.m. to 3 p.m. at Johnny Henderson Park.
Area emergency personnel will be on

hand to share disaster preparedness information, ideas and supplies. Rex the national ReadyKids mascot, McGruff the Crime Dog and Sparky the Fire Dog will attend to greet guests.

Demonstrations and interactive activities will be a part of the event.

OCT. 9 — City officials host "Getting to Know Enterprise Fair and Picnic" at Johnny Henderson Park from 9 a.m. to 1 p.m.

Local businesses and clubs provide information on services and activities for retirees and newcomers to the area. Entertainment and food are provided.

For more information, call 347-0581 or 389-1554; or visit www.enterprisealabama.com or www.visitenterprise.com. Free tickets are available at the chamber office.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank.
For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.
For more information, call 983-3511.

NEW BROCKTON

ONGOING — Every Tuesday and Wednesday, Disabled American Veterans Chapter No. 99 maintains a service office in the New Brockton police station.

The officers can help veterans and their spouses with disability compensation claims, VA pension, death benefits, VA medical care, Social Security disability benefits, veterans' job programs and other veteran services. All veteran services provided are free of charge.

Labor Day Weekend Concert

The Best of Rock N' Roll and Elvis tribute show is Sunday at 7 p.m. at Mattie Kelly Cultural Arts Village in Destin, Fla. Cost is \$10 for adults and free for children are 12 and under. Patrons are asked to bring their lawn chairs and picnic or purchase dinner onsite by Jim N' Nick's barbecue. For information, call (850) 650-2226 or visit www.MattieKellyArtsFoundation.org/concerts.

Ross Bridge 8K, Health Expo

The Ross Bridge 8K and Health Expo is Saturday in Hoover. The event features a fun zone for children and a fresh market. For more information, call (205) 647-6563 or visit www.alabamateenchallenge.org.

Beyond Briefs

Mystery Dinner

Mobile Mystery Dinners are performed at Mobile's Carnival Museum at 6:30 p.m now through December. Cost is \$55 per person. Reservations are required.
For more information, call (251) 479-3212.

Ghost Walk

Birmingham's Ghost Walk at Linn Park runs all year long Fridays at 8 p.m.; and Saturdays at 8 p.m. and 9:30 p.m. For more information, call (205) 538-1853 or visit ghostmagick.com/ghost-walks.html.

Friday Fest

On the first Friday of the month now through November from 6-10 p.m., downtown Panama City on Harrison Avenue hosts a street fair with music and food.
For more information visit, <http://www.pcfriidayfest.com>.

Greek Festival

Annual Greek Festival over Labor Day weekend begins Friday at 10 a.m. at Emerald Coast Convention Center, Fort Walton Beach, Fla.
For more information, call (850) 609-3800.

Hurricane Hunters track Isaac

By Donna Miles
American Forces Press Service

WASHINGTON — While Tropical Storm Isaac bore down on the Dominican Republic and Haiti and threatened to strengthen over the eastern Caribbean, the Hurricane Hunters from the Air Force Reserve’s 53rd Weather Reconnaissance Squadron were in the air, relaying critical data to National Hurricane Center fore-casters in Miami.

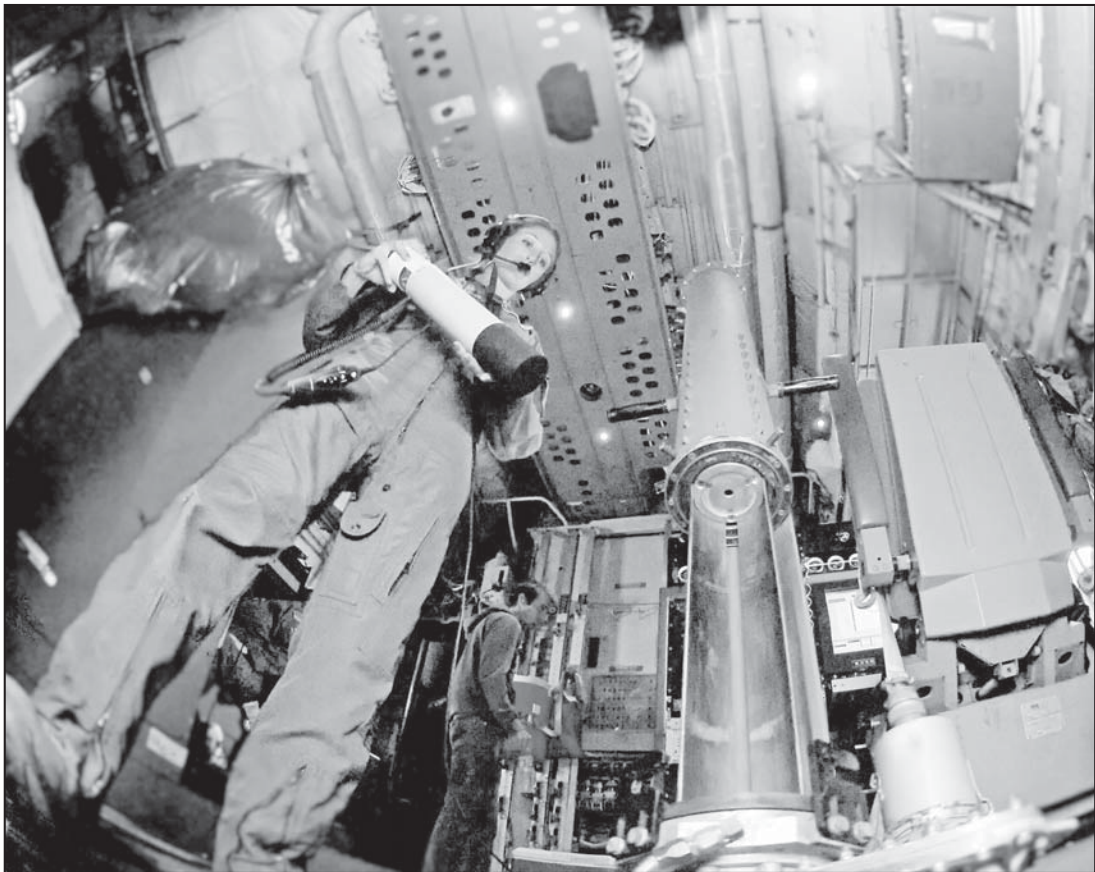
Meanwhile, staffs at both the U.S. Southern and Northern Commands continued to monitor the storm closely and to ensure they were ready to provide support to civilian authorities, including the U.S. Agency for International Development and Federal Emergency Management Agency.

Three six-person crews from the 53rd WRS and their maintainers and support staff deployed to St. Croix from Keesler Air Force Base, Miss., Aug. 18-19, Air Force Lt. Col. Jon Talbot, the squadron’s chief meteorologist, told American Forces Press Service. Operating out of the international airport there, they began flying their specially equipped C-130J Hercules aircraft through the storm Aug. 21.

On a typical mission that can run up to 12 hours, the aircrews crisscrossed the storm in what the teams call an “alpha pattern,” he explained. Sophisticated onboard instruments and small canisters dropped by parachute to the ocean’s surface collect accurate measurements of the storm’s location and intensity.

That information is fed continuously to the National Hurricane Center via an onboard satellite link. In addition, the aircraft sent automated messages every 10 minutes, relaying barometric pressure, wind speed and direction, and other measurements.

“The reason this data is critical is because, with satellites, you can track where storms are and get a general picture, but you can’t peer into the storm and physically measure what is happening at the ocean’s surface,” Talbot said. “That is the important piece of information you need to know when it comes to providing warnings to the public. The emergency management community needs to know what is going on near the surface of the ocean, because those are the winds that are going to come ashore.”



AIR FORCE PHOTO

Air Force Tech. Sgt. Amy Lee prepares to release a dropsonde out of the Hurricane Hunter WC-130J aircraft via a large tube during a mission into Hurricane Irene in 2011. Typical missions into storms for the Hurricane Hunters last 10-12 hours.

With about six missions already under their belts in their first three days, Talbot said, the pace picked up considerably as Isaac moved west toward the United States.

“Currently, we are doing about three missions a day, but that will go up to four or five when the storm comes within 300 miles of the U.S. coastline,” he said.

The Hurricane Hunters expected to move west along with the storm, re-deploying to Keesler Air Force Base to resume those missions. In the event that the crews have to evacuate Keesler, Talbot said, they already have alternate operating sites lined up.

“We track these things pretty closely, because if we end up having to jump from here, we still have to continue flying and providing that data while we are

evacuating our own resources,” he said. “It becomes a big, tangled web, but it always works out pretty well.”

As a precaution, aircraft and ships were moved out of the storm’s possible path and other assets were secured, according to Southcom spokesman Army Lt. Col. Darryl Wright. Planning teams ran rehearsal meetings and prepared to verify personnel and resource requests, he said.

Wright emphasized that military support, if provided, would be part of a coordinated U.S. response led by civilian authorities.

“We conduct close coordination and planning and provide DOD support to relief efforts upon request,” he said. “Through this close coordination, we ensure that we respond with the most ef-

ficient means available to the U.S. government.”

In terms of disaster response, Wright said efficiency is typically more important than speed in reducing suffering and saving lives.

Northcom, too, was in a monitoring mode. But as the storm intensified when it hit the Atlantic and the Florida Straits, the command deployed a defense coordinating officer and element to Puerto Rico on Aug. 20 to support FEMA, John Cornelio, Northcom’s media operations chief, told American Forces Press Service.

The element of about 20 people assessed the situation and stood ready to provide assistance, if requested. “We have learned the value of being forward enough to cut down on the response time, if required,” Cornelio said.



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Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

HEADQUARTERS CHAPEL, BUILDING 109

Multi-Cultural Worship Service 8 a.m. Sunday.

MAIN POST CHAPEL, BUILDING 8940

9:30 a.m. Catholic Mass Sunday
11 a.m. Liturgical Worship Service Sunday
12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic Confessions
Saturday 5 p.m. Catholic Mass Saturday.

WINGS CHAPEL, BUILDING 6036

9:30 a.m. Protestant Sunday School
10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

SPIRITUAL LIFE CENTER, BUILDING 8939

9:30 a.m. Protestant Sunday School
10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

9 a.m. Protestant Women of the Chapel, Wings Chapel, Tuesday 11 a.m. Above the Best Bible Study, Yano Hall, Wednesday 1 p.m./6 p.m. Adult Bible Study, Spiritual Life Center, Wednesday noon/1 p.m. Adult Bible Study, Soldier Service Center, Wednesday 5:30 p.m. Catholic Adult

Bible Study, Spiritual Life Center, Wednesday, 5:30 p.m. Youth Group Bible Study, Headquarters Chapel, Wednesday 6:30 p.m. Chapel Next (Meal/Bible Study), Wings Chapel, Thursday 9 a.m. Adult Bible Study, Spiritual Life Center, Thursday.

Mothers of Preschoolers (MOPS)

MOPS is a Christian-based mom's group. MOPS is about meeting the needs of every mom of a child from conception through kindergarten. MOPS will meet every first and third Thursday, 9 a.m., at Wings Chapel, Bldg 6036. For more information, call the Religious Support Office at 255-2989.

Fort Rucker Protestant Men of the Chapel

Fort Rucker Protestant Men of the Chapel meet the first Saturday of each month in the Fort Rucker Spiritual Life Center, from 8-9 a.m. Men are encouraged to attend for a time of fellowship and a short devotion. Free breakfast is provided.

Protestant Women of the Chapel

PWOC meets every Tuesday at 9 a.m. and 6 p.m. at Wings Chapel, Bldg 6036. Childcare provided. For more information, call 255-9894.

Military Council of Catholic Women

MCCW meets every Tuesday from 5:30 p.m. - 7 p.m. at the Spiritual Life Center. Childcare provided. For more information, call 255-9894.

Catholic Adult Fellowship

CAF meets regularly throughout the year. For more information, call 255-9894.



PHOTO BY NATHAN PFAU

Pick-of-the-litter

Meet Liberty, a 6-month old female mixed breed. She is shy but very friendly and affectionate. Liberty is \$40 to adopt, which includes spaying, a microchip and heartworm testing. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's **Facebook** page at <http://www.facebook.com/fortruckerstrayfacility/> for constant updates on the newest animals available for adoption.

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MEANS STOP!

Motorists are reminded to obey all traffic signs.

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Fri, Sat, Sun 2, 7:00, 9:10 • M-Thurs 7:00 & 9:10

WESTGATE CENTER
III **SPARKLE** - PG-13
Fri, Sat, Sun 2, 7:10, 9:20 • M-Thurs 7:10 & 9:20
IV **THE CAMPAIGN** - R
Fri, Sat & Sun 2, 7 & 9:00 • M-Thurs 7 & 9

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3D 9:00 ONLY EVERYDAY
III **HIT AND RUN** - R
Fri, Sat, Sun 2, 7:10, 9:10 • M-Thurs 7:10 & 9:10

OZARK
I **THE BOURNE LEGACY** - PG-13
M-F 7:00 & 9:30 • Sat 2:00, 7:00 & 9:30
Sun: 2 & 7:00 • Mon - Thurs 7:00
II **DIARY OF A WIMPY KID: DOG DAYS** - PG
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Sun: 2 & 7:00 • Mon - Thurs 7:00

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Andrew Weissenberger, military veteran, sits in a new track chair next to one of the new hydraulic elevated tree stands Friday. The new equipment was purchased by outdoor recreation to help wounded warriors hunt.

New equipment helps wounded warriors hunt

By Nathan Pfau
Army Flier Staff Writer

With deer hunting season around the corner, Fort Rucker Outdoor Recreation is making sure that everyone, including wounded warriors, has the opportunity to enjoy its almost 50,000 acres of hunting grounds.

Outdoor recreation purchased two new hydraulic elevated tree stands, called Carolina Growlers, that are handicap accessible, as well as a track chair, which is essentially a wheelchair with tracks – much like a bulldozer – instead of wheels, according to John Clancy, outdoor recreation and Lake Tholocco lodging program manager.

“[The tree stands] are ground level, so that a gentlemen or lady that is wheelchair bound can go up to it independently,” he said. “They can open the door, go inside and turn a key that will give them control to raise [the tree stand] up to any elevation they want to go.”

Clancy said that the tree stands are also portable and have the capability to be hooked up to a trailer to be moved to desired locations.

“The Growler is solar powered and is fully capable of going anywhere on post,” said Lance Oliver, of ODR maintenance. “It lifts up about 20 feet when it’s fully extended and can hold up to 750 pounds.”

The track chair, which is much smaller than the tree stands, is much more portable individually and works just like an electric wheelchair, said the program manager.

“If a hunter decides that he or she wants to sit in a certain area, they can actually just carry a portable blind that will fold up and take it with them on the chair,” said Clancy. “They can go into the woodline, and pop the blind right over the top of themselves and sit and hunt. They don’t ever have to transport themselves out of their chair other than from their vehicle to the chair.”

The chair is battery powered and rechargeable, and can operate for up to four

hours on a single charge, added Oliver.

Andrew Weissenberger, a military veteran and wounded warrior, said the new equipment provides wounded warriors the ability to access areas and vantage points that were previously unavailable to them.

“Just because we are disabled hunters in one way or the other doesn’t mean we don’t still participate in activities that we love,” said Weissenberger, who has been hunting for almost 35 years. “Without equipment like this, we wouldn’t have the opportunity to take advantage of the sport.”

The need for the equipment came from talks with different wounded warriors who were asked what they would like to see from outdoor recreation.

“I spoke with Soldiers and wounded warriors and asked them what they needed. They said, ‘We need something that is accessible that can get us elevated and something that will move us around,’” said Clancy. “They said they need the capability, and that’s why we got the equip-

ment that we did.”

The funding for the equipment came directly from last year’s Wounded Warrior Fall Hunt, which will continue again this year from Oct. 20-27. Anyone can participate in the hunt.

The registration for the hunt is \$25, but people don’t have to hunt to be involved and can purchase a door prize tickets for \$5, according to Leigh Ann Dukes, sponsorship and advertising sales manager for the Directorate of Family, Morale, Welfare and Recreation.

“The purpose for the hunt is to identify the needs of our local wounded warriors and meet those needs by purchasing recreational equipment that is instrumental in enhancing their quality of life,” she said. “As we continue to discover the needs of our local wounded warriors, we also have to be ready to meet those needs and this event helps make that possible.”

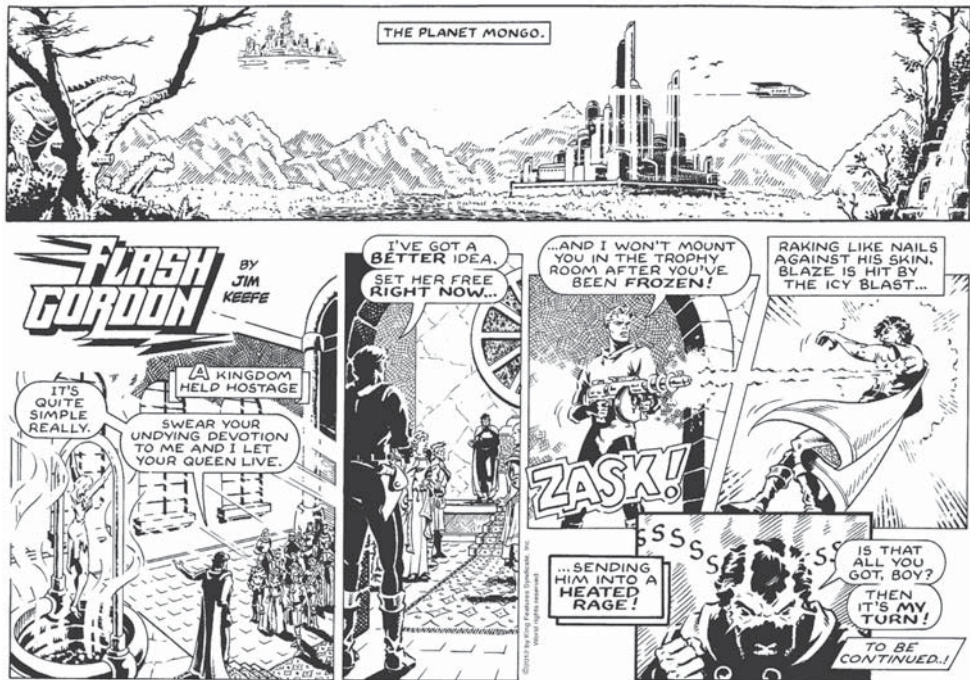
For more information on the new equipment or the Wounded Warrior Fall Hunt, call 255-4305.

PIGSKIN PICKS



	South Carolina vs. Vanderbilt	N.C. State vs. Tennessee	Boise State vs. Michigan State	Navy vs. Notre Dame	Troy vs. UAB	Auburn vs. Clemson	Alabama vs. Michigan
 David C. Agan Jr, Fort Rucker Public Affairs (0-0)							
 Kent Anger, Chemical, Biological, Nuclear and High Yield Explosives (0-0)							
 Benjamin Conner, Directorate of Public Safety (0-0)							
 Wes Hamilton, Network Enterprise Center (0-0)							
 Tish Williamson, USAACE (0-0)							

DOWN TIME



Trivia test

by Fifi Rodriguez

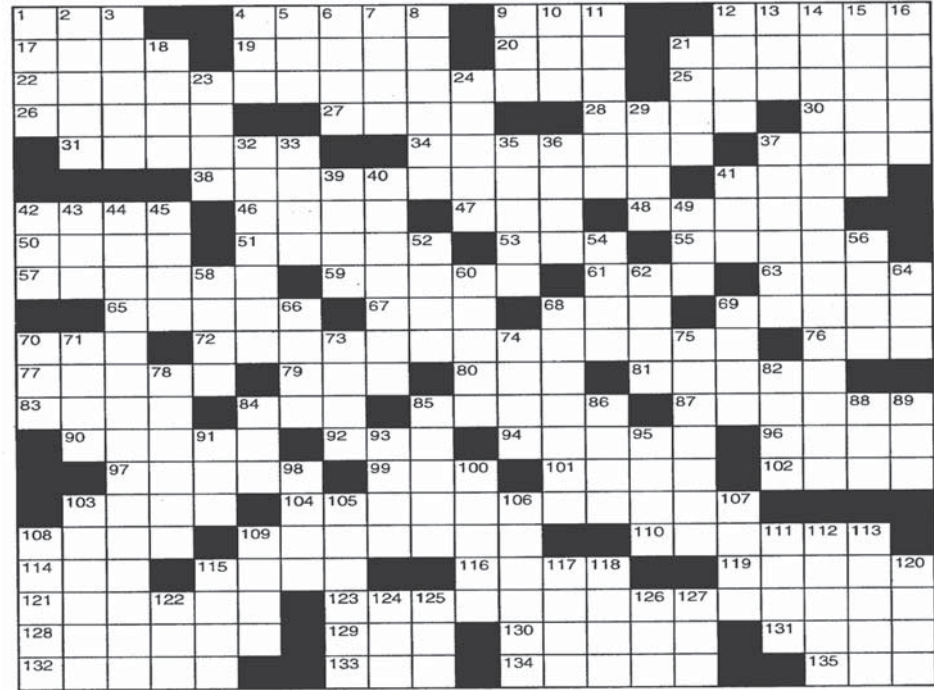
TRIVIA

1. MATH: What is the Arabic equivalent of the Roman numerals MLXVI?
2. CHEMISTRY: What is the chemical symbol for copper?
3. TELEVISION: What was the name of the company that employed the title characters in "Laverne and Shirley"?
4. MUSIC: What rock band composed the soundtrack to the 1984 movie "Dune"?
5. ENTERTAINERS: What was comedian/actor Bob Hope's theme song?
6. GENERAL KNOWLEDGE: What is the nickname for Georgetown University's sports teams?
7. LITERATURE: Who wrote the novel "Brideshead Revisited"?
8. MEDICAL TERMS: What is a common name for bruxism?
9. GEOGRAPHY: What modern country encompasses most of the area once known as Asia Minor?
10. MEASUREMENTS: What is a quintal equivalent to?

See Page D4 for this week's answers.

Super Crossword WELL-ROUNDED

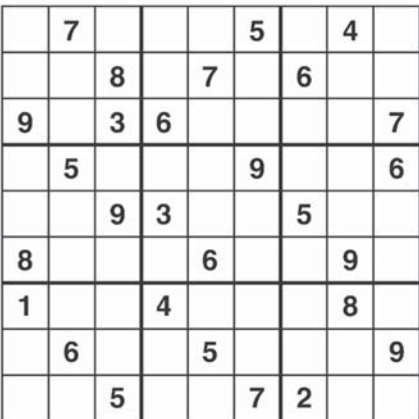
- ACROSS**
- 1 Existed
 - 4 Obscure
 - 9 Apply lightly
 - 12 Fashionably nostalgic
 - 17 Choir member
 - 19 City on the Mohawk
 - 20 Actor
 - 21 Tognazzi
 - 22 Shrivel up
 - 22 Joe Harnell hit
 - 25 In distress
 - 26 Actress Shire
 - 27 Individual performance
 - 28 Asta's father
 - 30 Police hdqrs.
 - 31 Profited
 - 34 NATO member
 - 37 Churchill's successor
 - 38 Jason Biggs film
 - 41 Coasted
 - 42 Fugue composer
 - 46 — Bator
 - 47 Grab all the goodies
 - 48 Anthony Quinn role
 - 50 Pennsylvania port
 - 51 Crack up
 - 53 Taxi
 - 55 Condemns
 - 57 Where to find a fennec
- DOWN**
- 59 Parasite
 - 61 Casserole
 - 63 Place of origin
 - 65 Pack peppers
 - 67 New Deal agcy.
 - 68 Reggae's award
 - 69 "Roots" Emmy winner
 - 70 Blanc or Brooks
 - 72 The Cyrkle hit
 - 76 Narc's org.
 - 77 Sheepish sound
 - 79 Sandra of "A Summer Place"
 - 80 Neighbor of Tenn.
 - 81 Tracking tool
 - 83 Singer
 - 84 Spud bud
 - 85 Vote in
 - 87 Dull
 - 90 Time and again
 - 92 It may be fake
 - 94 Stringed instrument
 - 96 Machu Picchu native
 - 97 Tolkien character
 - 99 Attained
 - 101 Football's Van Brocklin
 - 102 Like kids at Christmas
 - 103 Drescher of "The Nanny"
 - 104 Hollywood award
 - 108 Banister
 - 109 Cheeseboard choice
 - 110 Jet of yore
 - 114 Fury
 - 115 Encounter
 - 116 "— Lama Ding Dong" ('61 tune)
 - 119 Dropped the ball
 - 121 "Blue Velvet" singer
 - 123 Merv Griffin creation
 - 128 Salad veggie
 - 129 "— Man" ('67 hit)
 - 130 Senator Hatch
 - 131 Mix
 - 132 Cafe vessel
 - 133 Craggy hill
 - 134 Peter of Herman's Hermits
 - 135 Lady lobster
 - 3 Type
 - 4 Except
 - 5 Monty's milieu
 - 6 What the shoe does
 - 7 — Rios, Jamaica
 - 8 Ancient tongue
 - 9 Couple
 - 10 Past
 - 11 Tiny tree
 - 12 Indian export
 - 13 Archaic ending
 - 14 Gary Lewis & the Playboys hit
 - 15 Let
 - 16 Phantom instrument
 - 18 Skip
 - 21 Beaver's dad
 - 23 "I could — horse!"
 - 24 Biblical book
 - 29 "Mockingbird" singer
 - 32 Attempt to equal
 - 33 Oscar — Renita
 - 35 Tennyson's Arden
 - 36 Green org.
 - 37 Wades through a crowd
 - 39 Julia of "Havana"
 - 40 Babe in the woods
 - 41 Theater sign
 - 42 Arthur of "Maude"
 - 43 Griffon greeting
 - 44 Minnie Driver film
 - 45 Successor
 - 49 Bizarre
 - 52 Rosemary or basil
 - 54 Hunk of gunk
 - 56 Hook's henchman
 - 58 Transport
 - 60 Plot
 - 62 Bridge support
 - 64 Bikini part
 - 66 Whirlpool
 - 68 Like mountain air
 - 69 With 117 Down, Italian statesman
 - 70 Exec's deg.
 - 71 Actor Lincoln
 - 73 Shorten a sail
 - 74 Hgt.
 - 75 59 Ritchie Valens hit
 - 78 Starry
 - 82 Pearce piece
 - 84 Remnant
 - 85 Carve a canyon
 - 86 Implement
 - 88 Member of the mil.
 - 89 Joke
 - 91 Tons of time
 - 93 Hard on the eyes
 - 95 Author Hubbard
 - 98 Brute
 - 100 Pied-a-—
 - 103 Breakfast food
 - 105 Get the better of
 - 106 Kevin of "SNL"
 - 107 Part of EMT
 - 108 Shipbuilding need
 - 109 Passed-on item
 - 111 Fleming and Linkletter
 - 112 Consequences alternative
 - 113 Skater Sonja
 - 115 Budge
 - 117 See 69 Down
 - 118 Fluffy coif
 - 120 Bruce of "Coming Home"
 - 122 "Whether — nobler in the mind . . ."
 - 124 Medical grp.
 - 125 Corn portion
 - 126 Perch part
 - 127 Waugh's "The Loved —"



See Page D4 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

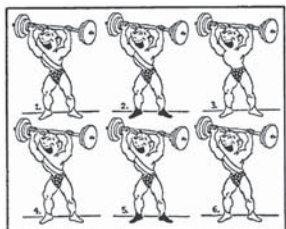
DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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See Page D4 for this week's answers.

KID's CORNER



SEE WHAT! Pictured among the strong men shown are a set of triplets and a set of twins. See if you can find them.

ROMAN ESQ. Three sisters, VIV, LIL, and MIL, of the Numero family, have a brother whose name also consists of three Roman numeral letters. What is their brother's name? Remember, it has just three letters.

DROP KICK! A formation of 10 numbered circles provides us with three straight four-number rows. Alakazam, it is possible to remove one of these circles and to reposition one other so that three straight lines of four numbers remain.

How can this be done?
Remember, the idea is to remove one circle and move another so that three rows of four circles continue to remain.
Time limit is two minutes.

One way: Drop circle 10 and move circle nine to left (forming a diagonal row consisting of 4, 6, 7, and 9).



COLLIDING SPHERES?
WE can suppose that the heavy arrows shown here represent the orbital paths of a number of heavenly bodies. It would appear from the directions these arrows are traveling as though several collisions are imminent. But not to worry, this is just an illusion.

These heavy arrow lines continue in the directions indicated and do not meet. Each is in fact part of the circumference of an individual circle, and all of these circles are concentric. That is to say, all share a common center or pivotal point.

Use of a drawing compass will bear this out.

TONGUE TWISTS! Say fast: Betty Boop blew blue bubbles. Good grief, Gregory's gulping grapes.

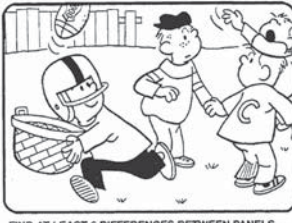
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E	T	K	O	E	T	W	A	A	E	F	T	E
3	6	8	4	6	3	8	4	2	5	7	6	2
R	F	R	C	I	Y	G	C	C	A	R	R	A
8	3	6	7	5	7	3	6	2	7	8	5	4
E	I	M	I	B	A	N	A	U	L	A	L	L
7	5	2	6	2	6	3	5	4	6	7	6	8
A	I	T	T	I	G	S	A	V	M	E	H	
6	7	8	7	8	5	7	2	8	6	7	5	4
A	B	E	I	A	H	T	O	D	C	I	G	I
6	4	6	5	6	5	2	6	7	5	2	7	5
T	M	I	O	O	A	U	N	O	L	S	N	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

HOCUS-FOCUS

BY HENRY BOLITNOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.
Differences: 1. Basket is different. 2. Hocus is missing. 3. Basket is different. 4. Fruit is different. 5. Basket is missing. 6. Letter is different.

Military athletes leave mark on Olympic Games

By **Tim Hips**
IMCOM Public Affairs

LONDON — More than 20 U.S. military athletes, coaches, training partners, family members and support personnel served as sports ambassadors to the world during the London 2012 Olympic Games.

From Olympic Stadium to the Royal Artillery Barracks shooting halls and ranges, to the boxing rings, wrestling mats and fencing strips at London's ExCel Centre and Copper Box, to the waters of the Olympic Aquatics Centre, to the equestrian course at Greenwich Park, to The Mall and Buckingham Palace, Soldiers helped fellow world-class athletes inspire a generation.

"For the thousands of athletes participating at London 2012, the games represent the culmination of years of dedication, sacrifice and training," said Jacques Rogge, president of the International Olympic Committee, during the opening ceremony at Olympic Stadium on July 27.

"For many competitors, London 2012 will be the highlight of their sporting careers. Some will, of course, reach the podium and set records along the way. But win or lose, it will be those athletes who compete in a spirit of excellence, friendship and respect that will be an example for us all."

For most of the next 16 days, Soldiers marched alongside, competed with and against, and even slept, ate and drank around the world's greatest athletes in their respective sports. They unquestionably inspired more than one generation.

Sgt. Vincent Hancock established himself as a shotgun shooter for the ages by becoming the first Olympic champion in men's skeet to repeat as gold medalist.

Along the way, Hancock, 23, a U.S. Army Marksmanship Unit Soldier from Eatonton, Ga., eclipsed his own Olympic records in qualification (123) and final (148) scores, marks he established at the 2008 Beijing Olympic Games. He struck gold in China with a qualification score of 121 and total of 145.



PHOTO BY TIM HIPPS

U.S. Army Marksmanship Unit shotgun shooter Sgt. Vincent Hancock set an Olympic record in skeet qualification with a score of 123 at the Royal Artillery Barracks in London. Hancock eclipsed his own mark of 121 set in Beijing in 2008.

Four-time Olympic shotgun shooter and Team USA shotgun coach Todd Graves, a former USAMU competitor, said nothing is beyond the realm of possibility for Hancock.

"That's the greatest thing in the world — two in a row," Graves said. "He shot lights out, seriously, lights out. I told him out there when I hugged him that he's the best I've ever seen. And I've seen a lot."

"I don't believe that's going to be his last one," Graves added with a wink and a sly grin. "I really don't think that's going to be his last one."

Another member of the Army Family, Jamie Gray, won an Olympic gold medal in women's 50-meter rifle 3-positions shooting on Aug. 4 at the Royal Artillery Barracks.

Wife of USAMU Sgt. 1st Class Hank Gray, Jamie, 28, of Phenix City, Ala., set Olympic records in qualification (592) and final (691.9) scores in the event that includes shooting from prone, standing and kneeling positions.

"I just took great shots," she said. "Every shot was a good shot."

Gray also finished fifth in the women's 10-meter air rifle, the first gold-medal event of the London 2012 Olympic Games, on July 28.

It was not all about the

Army. Janay DeLoach, daughter of retired U.S. Air Force Chief Master Sgt. William DeLoach, won a bronze medal in the women's long jump with a leap of 6.89 meters on Aug. 9 at Olympic Stadium.

"My dad's here with me, cheering me on," DeLoach said. "He's been there the whole way through. He's always supported me in all my endeavors."

U.S. Air Force Reserve Capt. Seth Kelsey just missed two chances at winning an Olympic medal in men's epee individual fencing. Kelsey lost his semi-final bout in sudden-death overtime, 6-5, to the fencer who went on to win the gold medal, Venezuela's Ruben Limardo Gascon. Then he dropped another sudden-death decision in the bronze-medal match to Korea's Jin-sun Jung, 12-11.

Kelsey's fourth-place finish in the event was one of Team USA's best since Navy officer George Kalnan struck bronze in epee at the 1928 Amsterdam Games. U.S. Army World Class Athlete Program fencer Sgt. Cody Nagengast was in London serving as Kelsey's training partner.

Some tie to U.S. military athletics seemed to appear everywhere in London. One even looped around Team USA men's basketball head coach Mike Krzyzewski,

who led a group of NBA stars to another gold medal. It likely was the final game as national coach for "Coach K," known for leading Duke University to four NCAA Championships.

Krzyzewski's coaching career's roots are planted at the United States Military Academy in West Point, N.Y., where he coached from 1975 until 1980, after playing from 1966 to 1969 for legendary coach Bob Knight. Krzyzewski also served in the U.S. Army from 1970 until 1974. With his team's London performance, Krzyzewski joined Henry Iba (1964, 68) as the only coaches to lead Team USA to basketball gold medals in consecutive Olympics.

Returning to active-duty Soldier-Olympians, about half of Team USA's shooting squadron is provided by the U.S. Army. This included head rifle coach Maj. David Johnson, a four-time Olympian from the U.S. Army World Class Athlete Program. Johnson said he prefers working with a mix of military and civilian shooters at international competitions.

"I used to compete as an athlete, and I'm a very competitive guy," Johnson said. "I compete vicariously through them, I guess, but I don't like losing. We can do well and I think we should do well. My job is to do every-

thing I can to help make that happen. For me, it's not fun and games here. There has been a tremendous amount of work for the past four years and you try to build on that momentum and execute here."

"The support [of USA Shooting] at Fort Benning (Ga.) is critical to the sport. We have Soldiers assigned there who get a chance to go after medals, and that's critical for the sport. I'm a believer as a coach in mixing the civilians and military together because everybody gets stronger."

For Team USA's 20 starts in the London Games' shooting events, a Soldier stepped to the line 13 times.

USAMU Sgt. Michael McPhail and Sgt. 1st Class Eric Uptagrafft finished ninth and 14th respectively in men's 50-meter prone rifle. WCAP Sgt. 1st Class Keith Sanderson was 14th in men's 25-meter rapid-fire pistol. USAMU Sgt. 1st Class Josh Richmond and four-time Olympian Sgt. Glenn Eller were 16th and 22nd respectively in men's double trap.

Four-time Olympian Sgt. 1st Class Jason Parker finished 30th in the men's 3-positions rifle event in what likely will be his final Olympics as a competitor. Likewise for WCAP Sgt. 1st Class Daryl Szarenski, a four-time Olympian who

finished 28th in the 50-meter free pistol event and 23rd in 10-meter air pistol before retiring from the Army.

"I worked really hard for this one and I had much higher expectations," Szarenski said. "It didn't work out. I'm going sailing."

Navy Petty Officer 1st Class Sandra Uptagrafft, wife of Eric Uptagrafft, finished 28th in both the women's 25-meter sport pistol and the 10-meter air pistol at the Royal Artillery Barracks.

The U.S. Marine Corps supplied the only military men's boxer on Team USA for the London Games, the first Olympics in which the U.S. has competed without winning a men's boxing medal. Sgt. Jamel Herring lost 19-9 to Kazakhstan's Daniyar Yeleussinov in the first round of light-welterweight competition at the ExCel Centre on July 31.

Although the U.S. men's boxers left England with no medals, the U.S. women medaled in two of the three weight classes as women's boxing made its Olympic debut in London.

Under the tutelage of Team USA and former WCAP head boxing coach Basheer Abdullah, WCAP coach Sgt. 1st Class Charles Leverette and trainer Sgt. Joseph Guzman helped lead 17-year-old Claressa Shields of Flint, Mich., to the first Olympic women's middleweight boxing gold medal. They also worked with Houston's Marlen Esparza, who took the inaugural Olympic bronze in the women's flyweight division.

"Being around all the coaches, they work together as a team," Shields said. "One coach might have an idea, and then they give each other ideas and then just put it together to come up with one. Coach Lev just stayed on me to stay focused. He made sure that I stayed out of trouble and he made sure that I always stayed calm."

"He don't even call me by my first name. He calls me 'Baby Girl.' When we worked in the gym, he was always working with me on the bag, saying, 'Show me something spectacular.' And I was just ripping on the bag."

BRIEF

STRIKE OUT SUICIDE BOWLING TOURNAMENT

In observance of National Suicide Prevention Month, Rucker Lanes will host a bowling tournament Sept. 6, 13 and 20. People can form four-person teams, select a time to bowl and go to Rucker Lanes for a special "Lunch & Bowl" price from \$6-\$8.50, depending on food choice. The tournament awards luncheon will be held Sept. 27 from 11:30 a.m. to 1 p.m. Teams must register with Rucker Lanes no later than Aug. 30. Available "Lunch & Bowl" times are 11 a.m., 1 p.m. and 3 p.m. This event is open to all Soldiers, Family members, Army civilians and retirees.

For more information or to register, call 255-7509.

SWING FORE LIFE GOLF TOURNAMENT

In observance of National Suicide Prevention Month, Silver Wings Golf Course will host a Swing Fore Life tournament Sept. 7. Teams consist of four players using a Scramble format with a yellow ball twist. Registration and "Grab & Go" breakfast will take place from 7-8:15 a.m. with an 8:30 a.m. tee time. The cost for the event is \$55 per player and members of Silver Wings Golf

course will receive a \$10 discount. This fee includes green fees, practice balls, a cart, one mulligan, breakfast, lunch and a pass for a free round of golf. Prizes will be awarded based on participation. This event is open to all Soldiers, Family members, Army civilians and retirees.

For more information or to register, call 255-7509.

2-MAN BUDDY BASS TOURNAMENT

Outdoor recreation hosts its Two-Man Buddy Bass Tournament Sept. 15 from 6 a.m. to 2 p.m. at West Beach on Lake Tholocco. Cost is \$100 per team. Door prizes will be offered throughout the event and cash prizes will be awarded to participants with the top three weigh-ins. The person with the largest catch will win a special prize for "Biggest Fish." All participants must have an Alabama State Fishing License and a Fort Rucker Post Fishing Permit. Space is limited, so people are encouraged to register early. This event is Exceptional Family Member Program-friendly.

For more, call 255-4305.

Business Card Spotlight

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Olson ready to make Paralympic history

By Michael Molinaro
USAMU PAO

FORT BENNING, Ga. — Years of determination, hard work and resilience have led Sgt. 1st Class Josh Olson to the cusp of making history at the 2012 London Paralympic Games.

As the games started Wednesday, the U.S. Army Marksmanship Unit Soldier is set to become the first combat-wounded active-duty service member to ever compete in the world’s second-largest sporting event.

“I’ve been preparing for this since I got to the unit seven years ago,” Olson said. “I am on a mission to represent our country and the Army in front of the world. I have a lot of people who have helped get me to this point and now it’s time for me to be at my best for two days.”

After walking into Olympic Stadium during the opening ceremonies Wednesday, Olson will get down to business in two events at the Royal Artillery Barracks. He will compete in the mixed 10-meter air rifle competition Saturday and follow that up on Tuesday in the mixed 50-meter prone rifle event.

“I’ve been training really hard this year and I’m ready to finally compete,” Olson said. “I got nominated in January, so it’s been a long eight months preparing for London. Watching Sergeant (Vincent) Hancock and Jamie (Gray) win gold at the Olympics just pumped me up even more.”

Olson was severely injured in a rocket-propelled grenade attack in 2004 while deployed to Iraq with the 101st Airborne Division, resulting in the loss of his right leg from the hip down. After an 18-month rehabilitation stint at Walter Reed Army Medical Center, Olson was given the chance to stay on active duty with the USAMU. Training alongside Olympic and world champions on a daily basis proved to be the best therapy for Olson, he said.

“Everywhere I looked there was an Olympian, a world champion or a national champion,” Olson said. “We all push each



U.S. ARMY PHOTO

Sgt. 1st Class Joshua Olson takes aim earlier this year on his goal of competing in the Paralympic games.

other. I immediately set goals for myself, maybe some too high at the beginning, but it was just what I needed to keep moving forward. I didn’t have time to feel sorry for myself. All I ever wanted to be was a Soldier and despite my injury, I was still wearing the uniform.”

Showing the resilience that enabled him to overcome his devastating injury, Olson has overcome the disappointment of not making the Beijing Games in 2008 to find him on the brink of setting a new standard for injured service members when he toes the line in London.

Using his selection to Team USA as a platform to showcase the notion of abil-

ity rather than disability, Olson has been featured on everything from CNN to Fox Sports, in “Sports Illustrated” to the “New York Times,” telling his Army story and the reality that despite their injuries, wounded Soldiers still have a place in the military.

“Competing in the Paralympics is much more than going to win a medal,” Olson said. “Soon we will have a full team here and if I am a pioneer of sorts, then that’s my role. I want the guys who will be coming here to run circles around me and make multiple Paralympic teams.”

Upon his return from the games, Olson will be among those from the unit looking to fill 24 new positions in the USAMU design-

nated for wounded warriors deemed eligible to stay on active duty as either a Paralympic shooter or a marksmanship instructor.

“I’m going to be representing so many people when I compete,” Olson said. “I’m doing this for all of the service members who have been injured in combat, for those sitting in hospitals right now wondering what lies ahead. I’m doing it for those Soldiers in Afghanistan right now in the middle of a tough fight.

“I can’t promise that I am going to win, but I can promise that I’m going to show the world how tough a U.S. Soldier truly is, how tough an American is. I am mentally and physically ready for this moment.”

Video Game Spotlight >>

Game should please Transformers fans

By Jim Van Slyke
Contributing Writer

(Editor’s note: All opinions stated in the Video Game Spotlight are solely those of the article’s author.)

Transformer fans will go nuts. The rest of us? We can probably pass. It’s not that “Transformers: Fall of Cybertron” is a bad game. It’s actually pretty good. It’s just that the game’s focus is on single-player — no co-op, as in the previous Transformers game — coupled with a second-tier attempt at multiplayer remove some of the bang for the buck. That change, along with the long Transformers history, makes this a game best left for those gamers who can

name every Transformer ever made.

“Transformers: Fall of Cybertron” takes gamers to the final days of the planet Cybertron where the war between the Autobots and Decepticons is leading to the end of the world. There are a wide range of missions and environments in the game and gamers get to play as a variety of Transformers. Each of the Transformers come with abilities that are solely their own. Optimus Prime can designate targets for air strikes while Jazz is great at using a grappling hook to climb structures quickly, for example. New Transformers such as Bruticus and Grimlock bring even more variety to the battlefield. Enemies are smarter this time around. They will take advantage of cover, throw grenades at the right time and fire accurately while on the move.

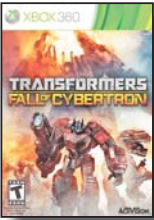
The multiplayer modes don’t make up for the lack of co-op because they are mainly what you would expect. The coolest part of the multiplayer is that gamers can do a lot to personalize their Transformer.

The missing co-op is a blow, but it doesn’t doom “Transformers: Fall of Cybertron.” It still has plenty of appeal for Transformers fans and even those gamers who are curious enough to want to jump into that universe.

Reviewed on Xbox 360



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9	1	3	6	2	4	8	5	7
4	5	1	7	8	9	3	2	6
6	2	9	3	4	1	5	7	8
8	3	7	5	6	2	4	9	1
1	9	2	4	3	6	7	8	5
7	6	4	2	5	8	1	3	9
3	8	5	1	9	7	2	6	4

PUZZLE
ANSWERS

Super Crossword

Answers

WAS	BEFOG	DAB	RETRO
ALTO	UTICA	UGO	WITHER
FLYMETO	THEMOON	ACHING	
TALIA	SOLI	SIRE	STA
NETTED	ICELAND	EDEN	
	AMERICAN	PIE	SLID
BACH	ULAN	HOG	ZORBA
ERIE	LAUGH	CAB	DOOMS
AFRICA	LEECH	LID	WOMB
CRATE	NRA	BOB	ASNER
MEL	RED	RUBBER	BALL
BLEAT	DEE	ALA	RADAR
AMOS	EYE	ELECT	BORING
OFTEN	FUR	VIOLA	INCA
FRODO	GOT	NORM	AGOG
FRAN	GOLDEN	GLOBE	
RAIL	GRUYERE	NAMATH	
IRE	MEET	RAMA	ERRED
VINTON	WHEEL	OFF	FORTUNE
ENDIVE	IMA	ORRIN	STIR
TASSE	TOR	NOONE	HEN

TRIVIA

Answers

- 1066
- CU
- Shotz Brewery
- Toto
- “Thanks for the Memory”
- Hoyas
- Evelyn Waugh
- Teeth grinding
- Turkey
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