Story on Page A3



**SPOUSE DAY** Post honors spouses with discounts, ice cream social See Page C1



**SUVIVOR RUN** Fort Rucker runs to remember

Story on Page D1





FORT RUCKER \* ALABAMA

# 'Patient-centered health'

## Lyster Army Health Clinic takes new approach to health care

By Angela Williams Army Flier Staff Writer

A lot of things are changing at Lyster Army Health Clinic, but a lot of things are also staying the same, as the clinic prepares for a grand re-opening and health fair Monday starting at 8:30 a.m.

**VOL. 62** • NO. 18

'We have always delivered the same patient care," said Col. Patrick N. Denman, commander of LAHC, "what has changed is our model."

The new model, he explains, emphasizes partnering with patients to equip and empower them along their wellness journey – a comprehensive care plan that goes with the patient wherever the military sends them.

"The intent is that we see you and find out what's going on in your life, find out what your goals and objectives are as far as your health and wellness and then we tailor a plan that takes you on that journey," added Lt. Col. Andrew A. Powell, interim deputy

commander for administration of LAHC and deputy commander for nursing.

Patients may have noticed changes as early as January 2011 when several walls were knocked down to facilitate the consolidation of three separate clinics, the addition of more exam rooms and a transition to team-based

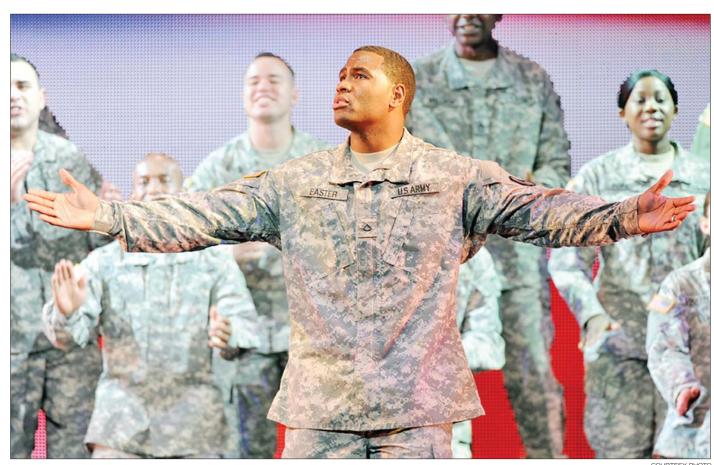
The remodeling continued, phase by phase, but the clinic never stopped delivering patient care. "We moved our teams into swing space," Denman explained. "We still met access needs and patient demand because there is a mission here. We will not impede the mission of delivering Army Aviators to our

During this process, the clinic was awarded National Committee for Quality Assurance Level 3 recognition. According to the organization's website, the NCQA seal "is a reliable indicator that an organization is well-

SEE HEALTH, PAGE A5 screen computer in the exam room with a patient.



Col. Patrick N. Denman and Lt. Col. Andrew A. Powell explain the benefits of having a nurse and touch-





Scan this code with your smartphone to view a map with directions to the 2012 Soldier Show Saturday and Sunday in the Ozark Civic Center, or visit http://bit.ly/soldiershowmap/.

Pfc. Justin Easter of Fort Bliss, Texas, rehearses for the 2012 U.S. Army Soldier Show at Fort Sam Houston Theatre in San Antonio March 30. The Soldier Show returns to the Wiregrass with two free shows Saturday and Sunday in the Ozark Civic Center. The Saturday show is at 7 p.m. and the Sunday show is at 2:30 p.m. Tickets are not needed for either performance and doors open one hour before the shows begin. The 90-minute song-and-dance production is designed to accentuate the strengths and resiliency of Soldiers and military Families through modern songs, current hits, vibrant costuming, exciting choreography and spectacular visuals.

## ANZAC Day brings Soldiers and Families together



Australian service members stand in front of the 135th Assault Helicopter Company memorial in Veterans Park April 25 after the ANZAC Day ceremony to honor the members of the Australian and New Zealand Army Corps who fought at Gallipoli in Turkey during World War I.

PERSPECTIVE - A2

Army Flier Staff Writer

Fort Rucker seemed like a post with no borders as Soldiers and Families from different parts of the world gathered at Veterans Park to honor the members of the Australian and New Zealand ANZAC Day Dawn Service April 25.

national day of remembrance to honor the members of the AN-ZACs who fought at Gallipoli

in Turkey during World War I, according to Lt. Col. Stephen Jobson, Australian Army liaison

The celebration began at 5 a.m. with a traditional gunfire breakfast, which occurs before the dawn service to symbolize the historic last meal that troops Army Corps during the 2012 enjoyed before going into battle, said the liaison officer.

"ANZAC Day is basically our ANZAC Day is celebrated in national Memorial Day, " said Australia and New Zealand as a Australian native Capt. Tye Masterson, B Company, 1st Battalion, 223rd Aviation Regiment. "It sig-

nifies the landing of our troops in

dawn attack, each year we have a dawn service - to signify when the troops attacked."

Staving true to tradition, the service was preceded by coffee with a shot of rum and an AN-ZAC biscuit, which was available to those in attendance.

"I can assure you that drinking alcohol [early in the morning] is not commonplace for Australians," said Jobson, "but on AN-ZAC day - this one day of the year - it's perfectly acceptable."

SEE ANZAC, PAGE A5

ARMYWIDE - B1-4

**COMMUNITY** • C1-6

ON POST ■ C2

SPORTS • D1-4

# PERSPECTIVE

# Surviving the storm: 1 year later

Army Materiel Command Public Affairs

REDSTONE ARSENAL, Ala. — Just over a year ago, a series of tornadoes traveled through the Tennessee Valley, leveling homes and businesses and killing more than 200 people around the state.

Soldiers and Army employees were not immune to this tragedy as members of the service suffered losses - one of them was Sue Tillery, congressional liaison for

She survived the storm unharmed with her sister. Mary, and her three dogs: Cody. Cricket and Skeeter, and agreed to be interviewed to warn her fellow Army Family members about the importance of remaining weather aware.

One year later, a fresh start has risen from the rubble of her Athens home.

After the storm, the Tillery Family debated staying in Alabama altogether, with questions like, "Is this something we could possibly go through again?" and, "Would we want to go through it again?" reflected

"I felt very insecure when that [the storm] happened. That was the closest I've come to death in my life. I've never been in a car accident, nothing and to know that it was that close. It was just very difficult," she said. "I felt like we lost everything we accrued over 30 years of life and there are some things that still bother me that we lost, but they are just things.'

In the end, rebuilding their home and life in Huntsville, won out



A catastrophic storm ripped through northern Alabama, April 27, 2011, killing more than 200 people around the state. Pictured above is the damage to Sue Tillery's home. She and her family all survived

and make this our home," said Tillery. "So we started looking for homes. We found a house that we fell in love with. It's in a totally different area. Actually, we like it a lot better than the one that we lost. I think it all worked out real well."

There are a few lessons Tillery wanted to share. For example: consider adding replacement costs to your homeowners

Adding replacement costs to your cur-

"We came here with the intent to retire rent homeowner's insurance allows you to replace items lost due to an unfortunate event at current market value.

> The devil is the details, Tillery said, and commented how making small changes to your emergency plan can make all the difference during a weather emergency.

> "I recommend that if you don't have a car charger, get one, that may be your only form of communication especially if you are trapped somewhere," said Tillery. "I purchased a solar powered weather radio.

It's a radio with a weather band and it has a USB plug that can plug into my blackberry or phone.'

Lastly, ensure you have a "go-to" bag for the official documents that are difficult to replace, such as passports, birth certificates, etc.

In March, Huntsville got a small taste of tornado activity, but nothing like last

"I was better equipped, but it was still scary. I can't say we are really back to normal yet," she said. "I thank God it worked out in my favor in some ways.'

Tillery may have lost possessions, but she didn't lose any Family.

"Watching some of these Family members that lost a brother, sister, mother and children, they are raising their niece because there is nobody left in the Family. That is very, very hard to watch," she continued. "You've got to protect yourself."

Members of the Fort Rucker community are reminded to sign up for the post's emergency notification system, CodeRED, that notifies them when severe weather and other hazards are present in the area. Signing up is simple and can be done by visiting http://www.rucker.army. mil/codered/.

Also register with the Army Disaster Personnel Accountability and Assessment System, which standardizes a method for the Army to account, manage, and monitor the recovery process for personnel and their Families affected in a catastrophic event. Update your information at https:// adpaas.army.mil.

## This month in Army Aviation history

This month we're spotlighting the have been received to relocate forward. May 1956 issue of the U.S. Army Aviation Digest. This issue features:

#### ALASKAN OPERATIONS

The opening of the throttle is actually an anticlimax in getting this aircraft into the air because of the long hours of work in sub-zero temperatures required to ready it.

#### CONCEALMENT: YOUR RESPONSIBILITY

You are an Army Aviator assigned to an air section in combat and orders What does this mean to you?

#### **UER HIGHLIGHTS**

considerable difficulty has been happens. encountered during IRAN of commandtype aircraft, due to corrosion. So much difficulty, in fact, that it is believed appropriate to devote some space to corrosion control.

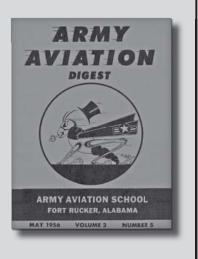
#### THE GRAY HAIR DEPARTMENT

Aircraft accidents are more often the result of a combination of several

small errors than of one large error. The compilation of small errors may be compared to a pyramid. When enough small errors are made and the pyramid During the past several months, is completed to its peak, an accident

#### ... AND MORE!

Download this issue of the U.S. Army Aviation Digest at http://bit.ly/av8-





Saturday is Cinco de Mayo. How will you celebrate Mexican heritage?



Sgt. 1st Class Edgardo Hernandez, NCO Academy

"Look up stuff on the Internet and learn about the heritage."



Family member "Celebrate it like the 4th

Gabrielle Hendricks,



2nd Lt. Seth Shook, B Co., 1st Bn., 145 Avn. Regt.

"I might go to the beach and I might hang out at the house?



Capt. Chad Tillman, B Co., 1st Bn., 131 Avn. Regt.

"I don't think I've ever celebrated Cinco de Mayo.



Capt. Eric Prazinko. 101st Airborne, 4th Brigade

"I'll be celebrating it in Ranger school."

COMMAND

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Crutchfield

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

#### By Jim Hughes

Command Information Officer

More than 200 members of the Fort Rucker community turned out to honor the 14 Soldiers and four civilians retiring during the quarterly retirement ceremony April 27 at the U.S. Army Aviation Mu-

Col. James R. Macklin Jr., commander of Air Traffic Services Command and the 164th Theater Airfield Operations Group, officiated the event as the 18 ended their careers in front of Family, friends, coworkers and well wishers.

At the start of the ceremony, Macklin marveled at the experience, sacrifice and achievements representative of the group. "We have some vintage Soldiers here,"

"We have some vintage Soldiers here," he said. "It's really amazing when I read through their bios – the incredible amount of things these Soldiers and civilians have done. Our Army's come a long way."

Macklin spoke about the transitions and challenges the Army experienced under the watch of the Soldiers and civilians ending their careers of service to their country, such as the transition to an all-volunteer force, the travails of the Cold War, improvements in quality of life, changes in the world order, confronting terrorism and applying technology to increase the service's advantages over the country's adversaries.

"So now, here we are – we've opened and closed the door on Operation Iraqi Freedom and we're slowly taking down operations in Operation Enduring Freedom after more than 10 years. The Army's made huge strides in how to apply technology, lessons learned and quality of life," he said.

"Through it all, these men and women who we recognize today, they have made us a faster, better, stronger force all around," Macklin added. "It's been a monumental effort, drawing from all Army components and the civilian force as well. It's also been a monumental success story – we owe it to you dedicated professionals and to your Families who have committed your lives to serving our nation, both in times of peace and in times of war.

"As you begin this next chapter in your lives, know that your work over these past decades, your contributions, have made this the best Army in the world – the fastest, the best equipped, the most technologically advanced and the most forward thinking," he said. "We will carry on your legacy as you carried the legacy of those who went before you. Congratulations on your accomplishments and on behalf of a grateful nation, thank you."

The retirees:

#### Miller

Lt. Col. Christopher L. Miller, chief of the Theater Aviation Maintenance Program in support of Operation Enduring Freedom in Afghanistan, entered military service March 1, 1982. During his 30 years of military service, he served in numerous locations, including tours in Kuwait, Panama, Japan, Korea, Germany; Ukraine, and combat tours in Iraq and Afghanistan. He is a senior Army Aviator qualified in the OH-58, UH-1, HH-60, UH-60 and the CH-47. He and his wife, Lorrie Lynn, have two children, and plan to reside in Enterprise.

#### Raird

Lt. Col. James J. Baird III, chief of Science and Technologies for the U.S. Army Aviation Center of Excellence Concepts, Experiments and Analysis Division, entered military service July 2, 1987. During his 25 years of military service, he served in numerous locations, including Bosnia-Herzegovina, Korea, Germany and two combat tours in Iraq. He and his wife, Rosalin, have three children, and plan to reside in Orlando.

#### Eldredge

Maj. Charles B. Eldredge, 110th Aviation Brigade security manager, entered military service Aug. 26, 1986. During his 25 years of military service, he served in numerous locations, including four tours in Korea. He and his wife, Regina, have



PHOTOS BY JIM HUGHES

Retirees: Sgt. Maj. Juan F. Del Amo, 1st Sgt. John S. Collins, Staff Sgt. Harold L. Davis, CW5 Thomas W. Rigney, CW4 Michael L. Butler and CW4 Larry T. Carleton.



Retirees: Sgt. Julie B. Hicks, Lt. Col. Christopher L. Miller, Lt. Col. James J. Baird, Elbron Anderson, Willie S. Smith and Kenneth J. Jackson.



Retirees: First Sgt. Gregory P. Ralston, Sgt. 1st Class Clark K. Herring, CW3 Gene J. Montanaro, CW3 Randy L. Smith and Gloria Martin. Not pictured is Maj. Charles B. Eldredge.

three children, and plan to reside in the Wiregrass area.

#### Rigney

CW5 Thomas W. Rigney, 164th TAOG Aviation safety officer, entered military service Dec. 28, 1977. During his 34 years of military service he served in numerous locations, including Germany, Kuwait, and combat tours with operations Desert Storm and Iraqi Freedom. He and his wife, Capt. Sharon Rigney, have seven children, and plan to reside in the local area until she finishes her tour of duty at Fort Rucker.

CW4 Michael L. Butler, Training and Doctrine Command Capability Manager, Unmanned Aircraft Systems, unmanned aerial systems maintenance subject matter expert, entered military service Nov. 18, 1987. During his 25 years of military service, he served in numerous locations, including Egypt, Germany, Kosovo and combat tours in Iraq. He and his wife, Diane, have two children.

#### Carleton

Carleton
CW4 Larry T. Carleton, U.S. Army
Combat Readiness/Safety Center Aviation accident investigator, entered military
service June 9, 1989. During his 23 years
of military service, he served in numerous locations, including Korea, Panama,
Honduras, and combat tours in Iraq and

Afghanistan. He and his wife, Mary Anne, have three children and one grandchild, and plan to reside in Huntsville.

#### Smith

CW3 Randy L. Smith, 1st Battalion, 212th Aviation Regiment standardization pilot, entered military service May 12, 1992. During his 20 years of military service, he served in numerous locations, including Germany and combat tours in Iraq. He and his wife, Teresa, have two children, and plan to reside in Enterprise.

#### Montanaro

CW3 Gene J. Montanaro, 1st Battalion, 212th Aviation Regiment UH-60 Flight School 21 section leader, entered military service May 19, 1992. During his 20 years of military service, he served in numerous locations, including Germany, Saudi Arabia, Turkey, the former Yugoslavia, Korea and a combat tour in Iraq. He and his wife, Jane, have two children, and plan to reside in Enterprise.

#### Del Amo

Sgt. Maj. Juan F. Del Amo, 1st Battalion, 212th Aviation Regiment battalion sergeant major, entered military service July 19, 1988. During his almost 24 years of military service, he served in numerous locations, including Korea, Egypt and Puerto Rico. He and his wife, Triana, have three children, and plan to reside in Enterprise.

#### Collin

First Sgt. John S. Collins, U.S. Army Combat Readiness/Safety Center operations noncommissioned officer in charge, entered military service Oct. 1, 1992. During his 20 years of military service, he served in numerous locations, including Korea and multiple combat tours in Iraq. He and his wife, Roxanne, have four children, and plan to reside in Austin, Texas.

#### Ralsto

First Sgt. Gregory P. Ralston, Fort Rucker Equal Opportunity adviser, entered military service April 23, 1992. During his 20 years of military service, he served in numerous locations, including Egypt, Afghanistan and Iraq. He and his wife, Christy, have five children, and plan to reside in Daleville.

#### Herring

Sgt. 1st Class Clark K. Herring, 1st Battalion, 223rd Aviation Regiment CH-47 D and F helicopter maintenance test pilot course master instructor, writer and flight instructor, entered military service Sept. 10, 1986. During his 26 years of military service, he served in numerous locations, including Panama, Korea and multiple combat tours in Iraq. He and his wife, Ianka, have two children, and plan to reside in Enterprise.

#### Davis

Staff Sgt. Harold L. Davis, 1st Battalion, 13th Aviation Regiment aviation life support equipment instructor, entered military service Sept. 22, 1992. During his 20 years of military service, he served in numerous locations, including Korea, Venezuela, Egypt and a combat tour in Iraq. He and his wife, Audrey, have six children, and plan to reside in Enterprise.

#### Hicks

Sgt. Julie B. Hicks, NCOIC of the Maxwell Air Force Base Veterinary Treatment Facility, entered military service Aug. 7, 1992. During her 20 years of military service, she served in numerous locations, including Honduras and Korea. She has two children and plans to reside in Macon, Ga.

#### Jackson

Kenneth J. Jackson, Directorate of Family and Morale, Welfare and Recreation community recreation officer, entered civil service in January 1975. During his 36 years of civil service, he served in various positions and for the past 23 years with Fort Rucker DFMWR. He and his wife, Rosemary, have two children and two grandchildren, and plan to reside in Dothan.

#### mith

Willie S. Smith, USAACE Resident Training Maintenance Division Classroom Support Section, served five years as active-duty Army, 23 years with the Army Reserve and entered civil service Sept. 17, 1980. During his 37 years of military and civil service he served in Germany, Fort Monmouth, N.J., Fort Hood, Texas, and Fort Rucker. He and his wife, Deborah, have two children, and plan to reside in Troy.

#### Anderson

Elbron Anderson, TRADOC Program Office, Aviation Brigades, spent 28 years in the Air Force and Army and entered civil service April 4, 1984. During his military career, he was stationed in France, Germany and served in combat in Vietnam. He is also a former Fort Rucker Civilian Instructor of the Year. He and his wife, Norma, have six children, 14 grandchildren and one great grandchild, and plan to reside in Enterprise.

#### Martin

Gloria Martin, 1st Battalion, 13th Aviation Regiment legal assistant, entered civil service Jan. 30, 1980. During her 32 years of civil service Martin served in several positions on Fort Rucker and was the Army's Outstanding Employee of the Year with a Disability in 2004. She plans to reside in Kinston.

## **News Briefs**

#### National Day of Prayer

The National Day of Prayer, an annual event where millions unite to pray for the country and its leaders, is today at noon at the Headquarters Chapel in Bldg. 109. Chaplain (Capt.) Timothy Gresham will lead the Fort Rucker community in a brief service of prayer, along with patriotic hymns, brief comments regarding the significance of the day.

garding the significance of the day. For more, call 255-2989 or 255-2012.

#### Change of command

A Company of the 1st Battalion, 212th Aviation Regiment hosts a change of command ceremony May 10 at 10 a.m. in the U.S. Army Aviation Museum. Capt. Zachary J. Keefer will assume command from Capt. John D. Reid.

#### Family Fun and Fitness Festival

The Fort Rucker Exchange brings giveaways and specials to the third annual Family Fun and Fitness Festival May 11 from 11 a.m. to 3 p.m. Authorized shoppers can join in the fun by visiting the PX and commissary parking lot and gear up to get fit with a variety of specials. In addition to shopping and giveaways, bike safety check, blood pressure check, dunking booth and various activities for children will be available at the event, which will be conducted by the PX, commissary, Directorate of Family, Morale, Welfare and Recreation and other post organizations

"We anticipate a terrific turnout and an even better time at this year's festival," said Don Walter, PX main store manager. "We've been working with vendors for the past few months to ensure a great couple of days for the community to come to-

gether to shop, dine and just have some fun."

#### **GEMS** application extension

The application deadline for the U.S. Army Aeromedical Research Laboratory Gains in the Education of Mathematics and Science program has been extended to May 11. The program, held at Fort Rucker, aims to make math and science fun by engaing students in a variety of hands-on experiments. Schoolage GEMS participants are taught by a select group of collegeage near-peer mentors.

To learn more about the USAARL GEMS program or to apply for the program, visit the U.S. Army Educational Outreach Program website at http://www.usaeop.com/programs/gems/USAARL.htm, call 255-6906 or send an email to ssc@amedd.army.mil. Applications must be received by May 11.

## Spring Fling helps Soldiers get educated

Army Flier Staff Writer

Colleges from Charleston, S.C., to Troy were in attendance to display what they have to offer to Soldiers and Family members during the Fort Rucker Education Center's Spring Fling Friday.

People gathered outside of the education center where they enjoyed free hotdogs, hamburgers and beverages while they browsed the booths from different colleges to learn about what options could be open to them.

Retanya Strancone, child and youth assistant caregiver for the child development center, said she attended the event to expand her education.

"I already have my art associate's degree and I'm looking to get my bachelor's degree at Baker College because they have exactly what I need as far as the technical background," she said, adding that the event served as a venue to be able to talk with representatives from Baker College and get the information she needed to pursue her goals.

"An event like this is important because it lends a hand to those people that are looking for elevation and not just to be stagnant in their lives," said Strancone. "It helps people move to the next level."

She added that the motivation to better her life and continue her education is to show her children that they can work for goals and achieve them if they try, and the education fair was there to help her along that track

Rebecca Buckland, military site coordinator for Baker College, said she was there to help people see how they can reach



Jeremy Glasstetter, military site representative and School of Visual Arts coordinator for Baker College, talks with CW4 Ron Smith, Aviation Center Logistics Command, about what the school has to offer.

their goals and make them aware that the school's services are all available to them without setting foot in a classroom.

"People can do everything that they need from home," she said. "We offer everything from certifications up through doctoral level degrees.

Quite often in the voluntary education community, Soldiers and their Family members aren't aware of the benefits that are available for them to use, said Jeremy Glasstetter, military site representative and School of Visual Arts coordinator for Baker College, and that's why an event like the Spring Fling is so important.

"Events like this help provide the catalyst that provides [Soldiers and Families]

the information they need to be successful in education and a possible transition to life outside the military," he said.

CW4 Ron Smith, Aviation Center Logistics Command, said that he plans to possibly get out of the military in the future and attended the education fair to find out his financial options for his masters program.

"This event brings all the resources into one area and helps answer all the questions that I have for all the different universities," he said.

Although the Spring Fling was useful in educating people about the resources that are available to them off of Fort Rucker, it was also there to let people know what the education center has to offer the Soldiers

Markovich, education counselor at the Fort Rucker Education Center.

The education center provides college education from schools like Enterprise State Community College and Troy University, which are both housed within the learning center.

"That's one of the main reasons we had staff members from the learning center spread out across the event," she said. We wanted to get to know [the Soldiers and Families] and talk to them. We want to have relationships with them so when they talk to our counselors, we know who they are and we know who we are referring them to."

Helen Nichols, director and counselor for the Fort Rucker office of Enterprise State Community College, said that the reason for them being there was to let the community know about the programs that are available to them on post and that they don't have to travel to get their education.

"We can give [people] all their general education classes right here on Fort Rucker," she said. "A lot of people don't realize that the education center is here for them and many Soldiers don't have time to visit main campuses off the installation to get their education. That's why we're here, it's just accessible to them."

If the education center can't provide what Soldiers need, she said, they can point them in the right direction to get them on track.

"We're not trying to sell anvone their future, that implies that we're trying to make money off of people," said Nichols. "What we're doing is providing people with opportunities - that's what it's really about."

## Road trip aims at Motorcycle Safety Month

By Maj. Henry Washington

Motorcycle Mentorship Program U.S. Army Combat Readiness/Safety Center

Members of the U.S. Army Combat Readiness/ Safety Center's Motorcycle Mentorship Program Association cranked up and hit the road April 14 to mark the motorcycle riding season with the arrival of warmer weather.

Prior to departure, the "Wild Hogs" conducted a safety check of their rides in order to participate in the 2012 1st Battalion, 145th Aviation Regiment Motorcycle Mentorship Program

May is Motorcycle Safety Awareness Month, part of the National Highway Traffic Safety Administration's national campaign to keep riders safe on our nation's highways. Fatalities from motorcycle accidents are a safety issue that Army Safety Program Leaders are working to reduce.

"Engaged leaders make a big difference in their units with a motorcycle mentorship program," said Col. Kevin Christensen, commander, 110th Aviation Brigade. "Linking up inexperienced or higher risk riders with unit mentors is the best way to influence positive behaviors among riders.

"There is a natural camaraderie among riders Leaders can leverage. To make the riders want to participate, you have to make it both worthwhile and fun. This ride demonstrates the importance of the mentorship program while at the same providing an enjoyable event for everyone participating," he added.

Motorcycle riders typically ride less during winter months, but, with the arrival of warmer weather, the bikes come out and the road calls.

"Every year, units on Fort Rucker prepare their riders for the riding season by inspecting motorcycles, and coaching new riders on how to ride safely," said Steve Kurtiak, an MMP member. "This is aimed at encouraging positive conduct and behavior and to serve as a force multiplier for a commander's motorcycle accident prevention program."

The "Wild Hogs" took the opportunity with the 1-145th Aviation Regiment on their first ride of the season to observe, teach and mentor young riders.

Approximately 30-40 motorcyclists and members of the 1-145th Aviation Regiment gathered outside a motorcycle shop in Level Plains to prepare for a trip through Dothan and nearby areas. The unit has more than 60 active riders, comprised of Soldiers, retired military, civilians, contractors, and Family members. The goal is fun and camaraderie as riders explore new routes and experience the Alabama countryside.

Unit members have many years of safe riding experience and offer camaraderie, mentorship, motorcycle safety and long-lasting memories from various rides throughout Alabama. The ride ended at Fort Rucker's Lake Tholocco for barbecue and music.

USACR/Safety Center MMP Association takes pride in supporting numerous other mentorship programs and Fort Rucker community projects throughout the year, on and off the installation. The goal is to make riding in Alabama and across the Army safer and more eniovable experience for all motorcyclists.

For information on the MMP, visit: https://safety. army.mil/mmp



Riders in Motorcycle Mentorship Programs at the U.S. Army Combat Readiness/Safety Center and the 1st Battalion, 145th Aviation Regiment went for a local 'ride' April 14. The MMP matches experienced riders with younger riders to promote safe riding. May is national Motorcycle Safety Awareness Month



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Continued from Page A1

managed and delivers high quality care and service."

"NCQA Level 3 recognition is the highest that a community clinic can receive," Powell said, adding that the clinic had reached a higher standard than the Army required four years earlier than required.

Some of the other changes patients will see include a return to Family practice, a more involved nursing staff, and easier access to the medical team. According to Denman, the previous care model sent a patient to any available provider when they called for an appointment, but now, the goal is to send that patient to the same provider and provider team every visit.

'The intent is you're able to see everybody within the context of their Family," Powell added. "We have sent our provider staff back to training to learn to be able to

see Aviators. That way a Family practice provider can see the Aviator and can also see the spouse and children."

In addition, nurses will now stay with patients through most of the visit. Before, the nursing staff typically checked a patient's vital signs and asked a few questions. Now they remain in the exam room to help the patient communicate concerns to the provider, take notes for the provider and then answer any follow up questions the patient may have. This allows the provider to spend the majority of the appointment time with the patient, Powell

Other features, such as Secure Messaging, a nurse advice line and a patient advisory council are still coming online. Secure Messaging and the nurse advice line give patients secure access to their provider team, which allows them to ask questions about medications, appointments or other concerns that may not require a visit to the clinic. The patient advisory council will be "advocates and liaisons for the clinic," Powell said. "They'll provide the voice of the patient on how we do business.

"The bottom line is we want folks to know that we are here for you all. You all are not here for us," said Den-

"It's about relationships. It's about taking care of people. There is no more honorable work than that. It truly is work worth doing," he said, adding that the Lyster staff had worked hard to move forward and embrace the changes together.

Monday's grand re-opening and health fair runs 8:30-10:30 a.m. and features a ribbon cutting, clinic tours and exhibits, Denman said. Visitors will also be able to register for Secure Messaging as well as get more information about mail-order pharmacy, TRICARE online and the new patient advisory council.



American and international Soldiers and Families gather at the U.S. Army Aviation Museum after the ANZAC Day Ceremony April 25, to play a game of two-up, a traditional Australian game played during the ANZAC celebrations to honor the members of the Australian and New Zealand Army Corps who fought

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# **ANZAC:** Event honors sacrifices, heritage

Continued from Page A1

The service continued as people gathered around the 135th Assault Helicopter Company Memorial, which included the names of five Australian Soldiers who share their place among the fallen American Soldiers, according to the liaison officer.

A wreath and flowers were laid at the memorial to honor those Soldiers followed by the Calling of the Honor Roll, during which the names on the memorial were read out loud by Australian children.

"The [Soldiers] who served on the Gallipoli Peninsula created a legend," said Jobson. "[Their actions] added the word 'ANZAC' to [the Australian and New Zealand1 vocabulary and created the notion of the ANZAC spirit."

That spirit seemed to rub off on past and present American Soldiers like Randy Dunaway, retired military, who served with Australians in his unit during the Vietnam War and created lasting friendships with not only the Soldiers, but their Families as well.

"I feel like we bonded so closely with the Australians that we served with, and we visit back and forth with them all the time," he said. gether.'

Belinda Masterson, Australian native and Army spouse, came with her husband, Capt. Masterson, to honor the fallen Soldiers lowed by a game of twoof not only those lost at the Battle of Gallipoli, but throughout all conflicts.

"It's important to remember all of the sacrifices that [Soldiers] go through not only in the past, but those that are on the front lines today as well," she said. "It's really important for me to support them because I know what they've affects people. A lot of people that aren't in a military Family might not see that and it's really important to bring recognition for their

served as a learning experience for American Soldier CW3 Kristi Hicky, B Co. 1st Bn., 223rd Avn. Regt., by broadening her views of what other countries and cultures have accomplished and take pride in.

"I have two Australian instructor pilots in my platoon and I wanted to see what it was like for their ANZAC Day," she said. "When [international Soldiers] come here they celebrate our Thanksgiving and 4th of July celebrations - they're huge deals for us. It's wonderful for me to be able to celebrate something

After the wreaths were "We've been close friends laid and the names were ever since we served to- read, the commemorative service came to a close and people gathered in the U.S. Army Aviation Museum to continue the celebration with a full breakfast folup, a traditional Australian gambling game that was widely played by the Soldiers that landed on Gallipoli, according to the liaison officer.

The celebration ended as the games came to a close and Jobson thanked all of those in attendance for the support they showed

The people of the Unitdone and I can see how it ed States not only share our values of freedom, liberty and respect for human rights, but are our mates," he said. "In present conflicts and in the future when we're needed, we'll be The celebration also there for [The U.S.] and we won't let [them] down.

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# **Army will open previously** closed jobs, units to women

Army News Service

Soldiers.

WASHINGTON - The Army today announced that it will begin a six-month assessment May 14 of an exception to the Direct bat teams across the Army. Ground Combat Assignment Rule for female

Under Direct Ground Combat Assignment Rule six military occupational specialties, or MOSs, were previously closed to women because they were normally co-located with direct combat units.

The Army's removal of "co-location" from Gen. Barrye L. Price, director of Human Resources Policy, Army G-1.

"With the removal of co-location, a little compete for assignment. And women now for the first time will be allowed to assess into these six specialties," Price said.

"So we'll have to actually now recruit wom-

the past," he said.

Under the exception to policy, Price said 10 officer specialties and more enlisted positions will also open to women in nine brigade com-

"We're going to look to execute this excention to policy at one brigade at Fort Carson, Colo.; three brigades at Fort Hood, Texas; one brigade at Fort Knox, Ky.; one brigade at Fort Drum, N.Y.; one brigade at Fort Campbell, Ky.; and two brigade combat teams in Hawaii,"

Within each of those brigades, Price conits policy opens to women the six specialties in tinued, the Army already has women serving 80 units, down to the battalion level, said Brig. at the brigade headquarters level. But within those nine brigades are 37 battalions in which women have not served before.

"This war, more than any, has shaped and over 13,000 billets will open for women to informed our views on opening the aperture for women, based on what they're actually doing, what they've actually achieved," Price said.

SEE JOBS, PAGE B4 in 2010.



Spc. Brittany Williams, 7th Signal Command (Theater), prepares to reassemble her rifle for the react to contact lane, during the Signal Command's Noncommissioned Officer and Soldier of the Year competition



Spc. Logan Mize, from Far West, Utah, F Co., 2nd Bn., 27th Inf. Regt., TF Corsair, works at assembling a predator drone on FOB Shank in Logar Province, Afghanistan, recently. The mechanics of F Co. can put a drone together out of the box in about two hours

## Airborne radar prepped for missile defense testing

**By John Andrew Hamilton** ATEC

WHITE SANDS MISSILE RANGE, A new air defense radar system is undergoing testing on White Sands Missile Range to ready it for later integrated testing with the Navy this fall.

The Joint Land Attack Cruise Missile Defense Elevated Netted Sensor System is an advanced radar system that is intended for use by the Army, Air Force and Navy as part of a larger air and missile defense network.

"In simple terms JLENS, is an elevated radar platform which is specifically designed to track and defeat land attack cruise missiles," said Maj. Michael Fitzgerald an assistant product manager with the JLENS Product Office under Program Executive Office Missiles and Space.

The objective of the system is to provide a long range radar system that can detect small low flying targets like cruise missiles, as well as other airborne threats, so air defense systems can engage them sooner and with more accuracy.

Radar works by sending out radio waves into the air. When the waves hit something like an aircraft, they bounce off, reflecting back to the radar system and allowing the system to determine where the aircraft is. Unfortunately other objects like tall buildings, hills, and mountains can block the radar waves and disrupt or limit that radar. Cruise missiles are designed to take advantage of this limitation by flying low to the ground along routes that allow them to hide



PHOTO BY JOHN ANDREW HAMILTON

A Joint Land Attack Cruise Missile Defense Elevated Netted Sensor System aerostat is readied for launch near Orogrande gate at White Sands Missile Range, N.M. The JLENS system will be testing at White Sands to integrate the system with Navy air defense systems. A single JLENS aerostat can carry a surveillance radar or fire control radar up to 10,000 feet allowing the radar to see over surrounding terrain.

"What the Aerostat allows you to do is get above the ground clutter. The whole objective of this system is to provide protection to ground assets that cannot see through mountains or other ground clutter." said Steven Stone Raytheon's test director for JLENS Integration at WSMR.

Using large blimp-like balloons called aerostats, JLENS seeks to counter the threat of low flying missiles and aircraft by taking a powerful surveillance radar to altitude, allowing the system to look down from

heights of up to 10,000 ft. and over nearby terrain, eliminating blind spots and extending the range of the radar.

"The surveillance radar has a 360 degree capability, it kind of sees everything at once," Fitzgerald said.

Since the elevated radar must look down to detect and track missiles and aircraft, the radar also gets back lots of data on the ground beneath the airspace it's monitoring. For a normal radar, this would cause a lot of interference that could disrupt operations. JLENS ground station however, uti-

filter out this ground clutter and leave the service member's view screens with a clear image of the air they are defending.

Once a target has been located, a targeting radar system in a second aerostat can then lock onto the target and feed that data to air defense weapon systems. These systems would then be able to engage and destroy the target.

"The fire control radar, which is very precise, can see a long distance, track targets, and hand off targets to other air defense platforms," Fitzgerald said.

To lift the radar the aerostats need to have some serious lifting power.

"The radar, the cooling equipment, and some of the other electronics associated with it are fairly heavy, because they are obviously, built to military standards and built to handle a military environment threat environment. So therefore it has to have enough lift to lift a fair amount of weight,"

To achieve this lift, each aerostat must be very large, almost the size of a football field. Visible from WSMR's main post, the JLENS site includes one Aerostat, which will be interchangeably equipped with the surveillance or fire control radar, along with the JLENS mobile mooring station that holds the aerostat in place, and the ground station composed of a data processing shelter, a signal processing shelter and a communications and control station.

The radar's long range, which covers

SEE DEFENSE, PAGE B4

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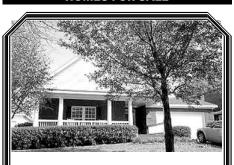
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## Jobs: Decision increases pool of qualified Soldiers

Continued from Page B1

"Our nation and historically the roles that we've seen women playing and performing, and I think that really 11 years of persistent conflict has really shaped our views, not iust internally to the DOD, but also societal views, as what more pronounced role women may play," he said.

The exception to DGCAR opens select positions to women in direct combat units at the battalion level in a number of military occupational specialties, totaling about 755 Army positions across nine brigade combat teams. Company grade-officers in the ranks of second lieutenant through captain and noncommissioned officers in the grades of sergeant to sergeant first class will be receiving orders and will report for duty May 14.

The Department of Defense's intent to implement the exception to policy was first announced in the DOD Women in the Services Restrictions Review released in February. The Army will assess the impact of this exception to policy over a six-month period, Price said, and provide a joint-service report with the assessment period results and corresponding recommendations to the secretary of Defense in November. The Army intends

to begin executing those recommendations shortly thereafter, he said.

"This has been a great growth experience for our nation at large," Price said.

#### Army women serving

In the early 1990s, Lt. Gen. Claudia Kennedy became the first three-star woman in the Army. She retired in 2000 after 31 years of military service.

At present, the Army has one woman fourstar, Ann E. Dunwoody, which is the first of any service in the nation. She assumed the duties as the commanding general of Army Materiel Command on Nov. 14, 2008.

The Army has four female three-stars:

- · Lt. Gen. Patricia D. Horoho, who assumed command of the Army Medical Command on Dec. 5 and was sworn in as the 43rd Army surgeon general on Dec.
- · Lt. Gen. Kathleen M. Gainey, who currently is the director for Logistics, J4, the
- Lt. Gen. Mary A. Legere, who assumed the duties of deputy chief of staff, G-2 on April 12.
- · Lt. Gen. Susan S. Lawrence, who became the Army chief information officer, G-6

Brig. Gen. Laura Richardson will become the first woman to serve as an assistant division commander within the Army this summer. "Laura will be assigned as the ADC of the 1st Cavalry Division," Price said.

Maj. Gen. Patricia E. McQuistion, currently commanding general of Army Sustainment Command, has been nominated for a third star, and to be the deputy commanding general of Army Materiel Command.

Likewise, Price said the senior officer in seven Army branches is a woman:

- · Quartermaster is Gen. Ann Dunwoody.
- · Transportation is Lt. Gen. Kathy Gainey. · Medical is Lt. Gen. Patricia Horoho.
- Nurse Corps is Maj. Gen. Jimmie O. Keenan.
- · Adjutant General Corps is Maj. Gen. Gina S. Farrisee
- · Military Intelligence is Maj. Gen. Mary
- Legere • Signal is Lt. Gen. Susan Lawrence.

Right now, women comprise about 17 percent of the Army, Price said.

He said the exception to policy will have 36 percent of the positions open to women in the 37 battalions affected.

"It's actually a little more than twice the

proportion of women in the Army," Price

Over the next six months, he said the Army will look at duty performance, not just of the women, but of the entire organizations.

"We'll assess training and occupational injury rates, we'll assess cohesion and morale, both unit and individual readiness, and we'll ssess recruiting and retention rates, but that will be over time.

He said the assessment will affect the next steps the Army makes. He said the Army might go back to Congress and ask for greater authorities to open all of the brigade combat teams to women in certain specialties

Price said he knows the first person who will be assigned from the top of this system to this exception to policy will be a female chaplain who's going to one of these battalions where she would not have had the opportunity to serve, prior to this.

"Our women are certainly looking forward to it, and they've certainly earned the right on the battlefield," Price said.

"Opening these positions provides a greater pool of qualified Soldiers from which our Army will draw, which maximizes our military capabilities and reduces operational tempo for those deployed.

## **Defense:** JLENS testing to continue for next few months

Continued from Page B1

an area larger then New Mexico, allows it to monitor large operational areas, making the system valuable to not only the Army, but the other services as well. Each service has different weapons and requirements which JLENS must meet if it is to work and so extensive integration testing is required. For this reason a single JLENS aerostat has been brought to WSMR.

Over the next few months the JLENS system components will be checked out and its systems tested to prepare it for integration with Naval air defense systems and testing on WSMR.

"The weather, when it holds, has helped out a lot. But so far the test has been going good and we've been meeting all the objectives set out for us," Stone said.

The Naval requirements are the reason why WSMR was chosen for these tests. Along with WSMR's expansive military controlled air space, WSMR's Naval detachment provides the right environment for the integration of this joint system into Naval operations.

In addition to the experienced Sailors the Naval Detachment brings to the table. the Navy also commands the Desert Ship, a specialized test bunker on WSMR that simulates a ship at sea. The Desert Ship allows tests like this to be conducted in



a realistic environment, using the same systems and configurations that a ship has, but with the control and data collection needed for

As the system is still in developed and tested.

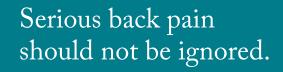
the earlier stages of development, at this time it is expected for JLENS to be an ongoing presence on WSMR for some time while the system is further



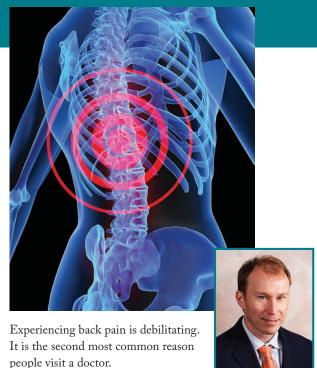








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**CELEBRATION** 





Sgt.1st Class Phil Scibelli watches on as a group of aviation spouses complete a team-building obstacle at the Leaders Reaction Course in an unconventional way at Fort Rucker's last year's Aviation Spouse Day. Military spouses will be the center of attention once again as the post hosts Military Appreciation Day events May 11 and 12. The next Aviation Spouses Day is May 18.

# Military Spouse Day

## Post honors spouses with discounts, ice cream social

Army Flier Staff Writer

Sometimes it seems the life of a military spouse is all about other people - a deployed Soldier, a child, or a distant Family member, but May 11 and 12 is all about the spouse.

"For Military Spouse Day, we want to make sure the spouses know we recognize the sacrifices they make to support the Soldiers and appreciate all they do," said Rebecca Hewison, The Landing promotions coordinator. "Even though one day will never be enough to let all the spouses know we support them, our hope is to at least let them know all they do is not forgotten and doesn't go unnoticed."

In recognition of Military Spouse Day, The Landing Zone, Mother Rucker's and all three Coffee Zone locations will be offering specials for spouses, Hewison said.

On May 11, Mother Rucker's will serve free cheesecake to military spouses with the purchase of an entrée and spouses can enjoy 50 percent off all beverages at the three Coffee Zone locations. Blue Star Card holders can receive a free beverage by presenting the card at the time of purchase.

On May 12, Soldiers can treat their spouse to a free entrée with the purchase of another entrée at The Landing Zone. Spouses of deployed Soldiers can present their Blue Star Card and receive a free entrée without the purchase of another entrée, she said.



Christina Zieglar, military spouse, takes a deep breath as she is turned upside down in the HOST SWET chair before making her escape underwater during last year's Aviation Spouse Day. The next Aviation Spouses Day is May 18.

"Our hope is to give them encouragement and show support at home while their Soldier is away," Hewison explained.

Army Community Service is also honoring military spouses by sponsoring an ice cream social at the Bowden, Allen and Munson Heights Neighborhood Centers May 11 from 1-2:30 p.m., said Tom Jenkins, ACS information referral program manager.

All military spouses, those living on-post and off-post, are invited to attend the "casual gettogether" for an ice cream sundae and information packet prepared by ACS.

"We're going to the spouses instead of bringing everybody to us," said Jenkins, adding that spouses are welcome to ask questions about the various

services available on post while they are there.

Military spouses and other women on post are also invited to a Women's Health Fair and Baby Shower May 15, from 10 a.m. to 2 p.m. at The Landing, according to Janice Erdlitz, Directorate of Family, Morale, Welfare and Recreation marketing director.

The free event features health screenings, demonstrations, activities and educational material, she said. Obstetrics and pediatric representatives will also be available for moms and moms-

"Personally, as a spouse, I can say I appreciate what MWR and the locations are offering," said Hewison. "It is nice to know people continue to provide support throughout your local community."

# Jail-A-Thon to raise money for AER

By Angela Williams

Army Flier Staff Writer

It's not every day people call the military police to have a co-worker arrested, but the upcoming Army Emergency Relief Jail-A-Thon is an opportunity to do

Last year's event raised \$6,500 for AER, the Army's non-profit organization that provides emergency financial assistance and dependent scholarships, according to Mimi Brooks, AER officer. This year, organizers hope to raise at least \$6,000 again.

The program raises money by charging for jail time and giving people the option of paying for their release. The rates are based on service members' and be set up at the PX. employees' pay grades and divided in to half-hour increments, said Sgt. Zeyna Jimenez of the 6th MP Det., adding that the rates for spouses are the same as the

For example, if a person paid \$20 to have a coworker arrested, the arrestee could serve the half-hour in jail or pay \$20 to be released. Similarly, if a person paid \$40 to have the same co-worker serve an hour in jail, that co-worker could stay in jail an hour or pay

the \$40 for an early release. The MPs will start picking people up May 17 at 8:30 a.m. and bring them to the PX for a mock trial, said Jimenez. The judge will read the arrest warrant, pronounce the sentence and send the arrestee to the jail, which will also

After serving their time or paying the fee, MPs will give the former prisoners a ride back to their offices so they don't miss more work than they have to, said Jimenez.

"We have a lot of fun with it," she added.

"We hope that everyone will come out and support AER during the Jail-A-Thon fundraising event," said Brooks. "One hundred percent of the proceeds will be contributed to Army Emergency Relief."

To pay for a person to be arrested, visit the PX during lunch hours to fill out an arrest warrant or call Staff Sgt. Jamie Osmon at 255-2120 or Jimenez at 255-1003. Arrest warrants will be issued now through

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

#### Youth Career Fair

A Youth Career Fair will take place Saturday from 9 a.m. to noon in the youth center gym. The free event is open to youth ages 15-18. Youth will get the opportunity to meet with numerous local businesses for potential employment and also colleges to learn about furthering their education. Youth should dress professionally and have a resume ready as an area will be available for businesses to conduct on-thespot interviews. The fair is open to the public.

For more, 255-9108.

#### **EFMP** meeting

The Fort Rucker Exceptional Family Member Program invites all active duty military Families with an exceptional Family member to the EFMP Information and Support Group meeting Tuesday at 9 a.m. at The Commons, Bldg. 8950, on Seventh Avenue. The topic for the meeting will be "EFMP and PCSing: What Do I Do?" and helpful tips, tools and resources will be discussed. The meeting is an opportunity to learn and provide suggestions for future topics for the support group, according to EFMP officials.

For information or to register, call 255-9277.

#### Mother's Day craft making

The Center Library hosts a Mother's Day craft making activity for children ages 3-11 Tuesday from 3:30-4:30 p.m. Light refreshments will be served. Space will be available for the first 65 children to reg-

For more information or to register, call 255-3885.

#### Kid's Night Mexican Buffet

The Landing Zone hosts Kid's Night Character Dining Tuesday from 5-8 p.m. This Kid's Night features a Mexican buffet for \$8 per person that is available for all Family members and entertainment by a magician.

For more, call 598-8025.

#### Mother's Day brunch

The Landing hosts its Mother's Day brunch May 13 from 10 a.m. to 2 p.m. Brunch will be served butfet style and every mom in attendance will receive a free flower. Brunch prices will be \$18.95 for adults. \$8.95 for children ages 6-12, \$4.95 for children ages 3-5 and free for children ages 2 and younger. A military Family special will also be available for two adults and two children to eat for \$45. Reservations are recommended

For details or to make reservations, call 598-2426.

#### **Summer Reading Program**

Registration for the Center Library's Summer Reading Program begins May 14. The program is



## **GuardStart**

GuardStart is a free program offered now through Sept. 30 at Flynn Pool, Splash! and West Beach for youth ages 13 and 14 who are interested in learning how to be a lifeguard. GuardStart introduces participants to essential lifeguarding skills that will prepare them for employment as lifeguards. Youth will come to the aquatics facilities for two-hour sessions and shadow lifeguards, assist in facility upkeep, learn lifeguarding techniques and also get free time to enjoy the amenities. Youth must be enrolled in Parent Central, For more information, call 255-9162 or 255-0825.

open to children in kindergarten through eighth grade and kicks off June 4 with a Summer Reading Pizza Party from 11 a.m. to 1 p.m. at the Center Library. Participants win prizes for reading their favorite books over the sum-

For more, stop by the Center Library or call 255-3885.

#### 2012 Army Arts and Crafts Contest

The 2012 Army Arts and Crafts Contest runs now through June 30. The annual juried competition for Soldiers, Family members and Army civilians features categories like ceramics, digital art, drawing, fibers and textiles, glass, metals and jewelry, mixed media, paintings and wood.

For complete contest rules, visit www.armymwr. com. People can complete entry forms and submit digital images of work online at https://apps.imcom. army.mil/APPTRAC. For more, call 255-9020.

#### Fiesta Thursday

The Landing Zone hosts Fiesta Thursday every Thursday from 5-8 p.m. The special features \$2 specials. People can enjoy \$2 tacos with the purchase of a beverage. Tacos will have choice of beef or chicken and include shredded lettuce, tomatoes and sour cream. People can make it a meal by adding black beans and rice for \$1.95, or a side of guacamole for \$.50, cheese for the tacos for \$.50 and chips and queso for \$2. This offer is not valid with any other coupons or promotions and is available for dine in only.

more, 598-8025.

#### **Financial** Readiness **Training**

Army Community Service offers Financial

Readiness Training Friday from 7:30 a.m. to 4 p.m. at the Soldier Service Center. Bldg. 5700, in Rm. 284.

The free training provides a practical approach to personal financial management so Soldiers can gain control of and manage money effectively.

Financial Readiness Training is required for all first-term junior enlisted Soldiers. Spouses are also

encouraged to attend. For more, call 255-2594 or 9631.

#### **Comedy Live at** Rucker

Comedy Live at Rucker returns Friday and features stand-up comedians Shawn Felipe and Steve Caouette. Doors will open at 6:30 p.m. and the comedy show will last from 8-9:45 p.m.

The show is considered adult rated and is for ages 18 and up. Advanced tickets are \$10 and are available at The Landing Zone until 4 p.m. the day of the show. Tickets are \$15 at the door. The event is open to the public.

The Landing Zone offers people a chance to have dinner before the show with its two-for-\$30 dinner special from 5-8

The evening will also present Matt Corey from 7:30-8 p.m. and 10 p.m. to midnight. Comedy Lives patrons may enjoy this entertainment for free Customers who only wish to attend Matt Corey's portion of the evening will pay \$5.

Corey entered into the college scene in 2009 with this new concept of mixing live music with DJ music. Performing at nearly 100 college campuses within his first year of leading his own project, he was named "Male Solo Artist of the Year" and scored opening appearances with artists such as Mike Posner, Far East Movement, Third Eye Blind and O.A.R.

call For more, 255-9810.

# DFMWR Spotlight









May 4th at The Landing 8 pm, Doors open at 6:30 pm \$10 Pre, \$15 Door, Open to the Public Advance tickets available for purchase at The LZ until 4 pm on May 4th. Ages 18+, ID check at door For details call 255-9810.

May 4th, Open to the Public 7:30 – 8 pm at The Landing and 10 pm – Midnight @ The LZ 5 Cover. Cover waived with Comedy Live ticket purchase. Ages 18+, ID check at door For details call 598-2426.

ODine

May 4th at The Landing 5 pm - Midnight, Dinner 5 -8 pm Happy Hour 5 - / pm Date Night Cost for dinner is \$30 for 2 people. For details or reservations, 598-8025.

May 5th at Silver Wings Golf Course Begins at 9 am

Come and experience the latest and greatest that golf technology has to offer. For details call 598-2449.



May 5th at 7 pm May 6th at 2:30 pm Ozark Civic Center Admission is FREE No Tickets Required For more details call 255-1749.



www.ftruckermwr.com



#### MOVIE SCHEDULE

FRIDAY, MAY 4 SATURDAY, MAY 5 SUNDAY, MAY 6 THURSDAY, MAY 3

Gone (PG-13) ......7 p.m. John Carter (PG-13) .......7 p.m. Mirror Mirror (PG) ......7 p.m. Mirror Mirror (PG) ......7 p.m. TICKETS ARE \$4.50 FOR ADULTS AND \$2.25 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.

# Power of prayer — key to remaining hopeful when things seem hopeless

By Chaplain (Lt. Col.) Milton Johnson Garrison Chaplain's Office

"Men ought always to pray, and not to faint," Luke 18:1

Luke 18:1 is a favorite Bible verse that I recite many times to keep me positive when life seems negative.

In that same chapter, verses 2-6, Jesus gives the parable of the unjust judge. He said, "There was a certain widow who lived in a town that had a judge who didn't fear God or man. This widow went to the judge and asked him to avenge her of her enemies."

Finally, the judge said, "I will avenge this widow of her enemies lest she weary me with her constant pleading." Jesus added, "Shall not God avenge his own elect, which cry day and night unto him, though he bear long with them?"

This parable reminds me of an experience I had when my 26-year-old son was 2 years old. He was seriously ill and had to be hospitalized. The Family was puzzled because no one could figure out what happened to him

The night before admitting him to the hospital he vomited until he was dehydrated. The next day, following an examination, the physician put him in the hospital

To say the least I was hurt, shocked and confused. About three hours after being admitted his condition worsened and the doctor transferred him to the intensive care unit. I concluded that we were losing him.

Our Family doctor, a fellow church member and friend, called his wife and asked her to come to the hospital. When she arrived, he asked if my Family would allow them to pray with us and I consented. The doctor prayed. He checked my son and his vital signs were the same.

The doctor prayed three times, checking Milton Jr. after each prayer. Each time there was no change. We waited. We knew God would not keep silent. Time passed.

Then signs of hope appeared. Milton's vital signs changed, although five days of hospitalization followed, the he was released and we took him home.

Thank God, he lived.

Like the widow in the parable we were prayerful.

persistent and patient.

Jesus stated at the beginning of this parable that men ought always to pray and not faint.

Are you facing a difficulty? Or, do you know someone who is going through a dilemma? If so, pray about it, and remember to be persistent and patient. That's the key to being hopeful when things seem hopeless.





# Pick-ofthe-litter

Meet Mickey, a 1-year-old male domestic short hair available for adoption at the Fort Rucker stray facility. He is loving and good with people. It costs \$81 to adopt Mickey and other animals at the facility, which includes all up-to-date shots, microchip and neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's *Facebook* page at http://www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption.

## Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

#### HEADQUARTERS Chapel, Building 109

Multi-Cultural Worship Service 8 a.m. Sunday.

#### MAIN POST CHAPEL,

9:30 a.m. Catholic Mass Sunday

11 a.m. Liturgical Worship Service Sunday 12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic Confessions Saturday

5 p.m. Catholic Mass Saturday

#### WINGS CHAPEL, BUILDING 6036

9:30 a.m. Protestant Sunday

10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

#### SPIRITUAL LIFE CENTER, BUILDING 8939

9:30 a.m. Protestant Sunday

10:45 a.m. CCD (except during summer months).

#### BIBLE STUDIES

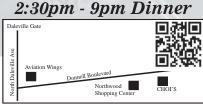
9 a.m. Protestant Women of the Chapel, Wings Chapel, Tuesday 11 a.m. Above the Best Bible Study, Yano Hall, Wednesday 1 a.m./6 a.m. Adult Bible Study, Spiritual Life Center, Wednesday noon/1 p.m. Adult Bible Study, Soldier Service Center, Wednesday 5:30 p.m. Catholic Adult Bible Study, Spiritual Life Center, Wednesday, 5:30 p.m. Youth Group Bible Study, Headquarters Chapel, Wednesday 6:30 p.m. Chapel Next (Meal/Bible Study), Wings Chapel, Thursday 9 a.m. Adult Bible Study, Spiritual Life Center, Thursday.



## Lunch & Dinner Specials Daily

Mon - Sat

11am - 2:30pm Lunch
2:30pm - 9pm Dinner



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## **Landmark Park** hosts Touch a Truck, Saturday

Landmark Park Press Release

Landmark Park hosts Touch a Truck, a Family-friendly event that allows children and guests to see, touch and learn about a variety of vehicles and how they operate, Saturday.

Landmark Park's Touch a Truck will feature about 50 vehicles, including vehicles from the construction industry, military, emergency and law enforcement agencies, agriculture, service industry and more.

Touch a Truck takes place Saturday from 10 a.m. to 2 p.m. and admission is \$3 plus gate admission, which is \$4 for adults and \$3 for children. There will also be a special quiet hour from 10 a.m.-11 a.m. for children who may be afraid of the horns and

Some of the vehicles include a bucket truck from a power company, an 18-wheeler, a crane, a garbage truck, a University of Alabama truck, an ambulance, several fire trucks, a dive boat and K9 crime scene truck, a Terragator, a water truck, an asphalt spreader, a recycling truck, a library bookmobile, American Red Cross bloodmobile and emergency response vehicle, a bulldozer, a road grader, a television news live satellite truck, a live radio broadcast truck, a school bus and more.

For more on Touch a Truck or Landmark Park, call 794-3452 or visit www.landmarkpark.com.





Landmark Park May 5, 2012 10 a.m.-2 p.m. \$3 per child (plus gate admission)

334-794-3452 www.landmarkpark.com

# REGRASS

# Community Calendar

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

#### **ANDALUSIA**

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more. Patrons may select to take a test and receive immediate scoring. Call 222-6612 for more information.

#### DALEVILLE

 $\mathbf{ONGOING}$  — Daleville Chamber of Commerce meets the second Wednesday of each month at 11 a.m. at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

#### DOTHAN

SUNDAY — The Tri-State Peachy Painters will hold a monthly meeting and painting class from noon to 4 p.m. at the Houston County Farm Center. All painters are welcome. For more information, call

ONGOING — The Wiregrass Museum of Art hosts First Saturday Family Day the first Saturday of every month at 10:30 a.m. Children and parents will learn about color, shape, texture and different types of art such as painting, drawing and collage. The event is recommended for elementary aged children. For more information, visit wiregrassmuseum.com or call 794-3871.

#### ENTERPRISE

MAY 12 — The Downtown Enterprise Business Association has announced the musical line up for its annual Downtown Summer Fest, scheduled for 10 a.m. until 5 p.m. in downtown Enterprise. The annual one day event brings in thousands of people from throughout the Wiregrass to kick-off the summer season, and is a partner of the Enterprise Lions Club Boll Weevil 100/Ride to Recovery Southeast Bike Ride, which is held the same day. The festival will be held on East College Street and South Edwards Street, from East Lee Street to Grubs Street. This year's event includes a focus on nationally-known musical artists who reside in the Enterprise area. One of the talented musicians performing at the event is Kaitlyn Lusk, best known for her work as the vocal soloist heard on the soundtrack of the "Lord of the Rings" movie trilogy. Enterprise merchants will also have special sidewalk sales and savings events throughout the day, as well as activities for the kids.

**ONGOING** — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call Connie Hudson at 406-3077, Randy Black at 393-6499 or Bob Cooper 347-7076, or visit the VFW Post 6683 on

ONGOING - Enterprise State Community College holds classes to teach English as a second language at the Fort Rucker campus Mondays and Wednesdays from 9 a.m. until noon in Bldg. 4502, Rm. 131.

#### GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank For more information, call 248-4495.

### MIDLAND CITY

ONGOING - Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave

For more information, call 983-3511.

#### **NEW BROCKTON**

ONGOING - Every Tuesday and Wednesday, DAV Chapter 99 will maintain a DAV Service Office in the New Brockton Police station. The officers can help veterans and their spouses with disability compensation claims, VA pension, death benefits, VA medical care, Social Security disability benefits, veterans' job programs and other veteran services. All veteran services provided are free of charge.

#### OZARK

#### MAY 12 THROUGH JUNE 23 — TROY

County Counci Humanities is hosting the 2012 Black and White Show at the Dowling Museum/Ann Rudd Art Center.

The competition is open to all artists 18 and older. Any works of black and white art in the categories of painting, drawing, sculpture, printmaking and photography will be accepted in the competition.

Entry fees are \$35 for non-members of

DCCAH and \$30 for members of DC-CAH for the first entry, and \$5 for each additional entry, up to three total entries. Monetary awards will offered for the top three entries.

Entry fees and art work must be submitted Saturday, 1-4 p.m. at the Dowling Museum/Ann Rudd Art Center, on the square in downtown Ozark. A prospectus for this show can be obtained at www.ruddartcenter.org. The opening reception for the show will be May 12, from 7-9 p.m.

For questions or additional information, call DCCAH President Elizabeth Babine at 774-7145

#### **PINCKARD**

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064

#### SAMSON

ONGOING - American Legion Post 78 meets monthly on the second Tuesdays at 7 p.m.

ONGOING - Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500

## **Beyond Briefs**

### Stargazing at Fort Pickens

From sunset to 10 p.m. May 18 at the Battery Worth Picnic Area at Fort Pickens Area, volunteers from the Escambia Amateur Astronomers' Association will set up several telescopes for public viewing of the stars, planets and constellations. The program is free; but there is an \$8 entrance fee to the Fort Pickens Area

For more information, call (850) 934-2600.

## Chicago Street Farmers Market, music,

Fresh vegetables, plants and flowers, baked goods, honey, grass-fed beef and shrimp are just a few of the features at the Chicago Street Farmers Market in Heritage Park in Foley, Ala. Music and a movie starts at 5:30 p.m. with local bands and a movie at dusk.

The market will be held on these dates: May 11, 18, 25; June 1, 8, 15, 22, 29, and July 6.

#### **ArchiTreats Lecture**

The Alabama Department of Archives and History in Montgomery hosts ArchiTreats lectures on the third Thurs-

The next lecture will be held May 17 from noon-1 p.m. and is entitled "William Bartram in Alabama (Who is William Bartram and Why Should I Care?)."

For more information, call 353-4726 or visit www.archives.alabama.gov.

### A Day Out with Thomas the Tank Engine

The third annual Day Out With Thomas: Mystery on the Rails Tour 2012, Saturday and Sunday and May 12-13 at Wales West Light Railway near Mobile, invites little engineers and their Families enjoy a 20-minute ride behind a replica of Thomas the Tank Engine.

While there, children can meet Sir Topham Hatt, explore the Imagination Station, interact with Conductor Jack's live children's music and ride the miniature train. Cost is \$18 per person, plus tax, for ages 2 and older; Mothers' Day Special on May 13, \$16 per person, plus tax. Advance

tickets recommended

For more information call (866) 468-7630 or visit www. ticketweb.com/dowt/ or www.waleswest.com

#### 9th annual Bob Hope Memorial Charity **Golf Classic**

The Air Force Enlisted Village's major local fundraising event, the ninth annual Bob Hope Memorial Charity Golf Classic, will be held May 18-19 at the Fort Walton Beach Golf Club. There will be prizes for the winning teams, skill contests and an opportunity for hole-in-one prizes. Individuals are also invited to golf for \$150 per person. Golfers will receive paid green fees for The Oaks and The Pines, golf cart, range balls, commemorative coin, goody bag. on-course refreshments and lunch for both days

AFEV is a nonprofit organization near Eglin AFB and Hurlburt Field that provides a home for surviving spouses of former military heroes and to mothers of current active duty and retired military members.

Registration is open online at www.afev.us for individu-

# Diverse cultures come together for kickoff event

**By Angela Williams**Army Flier Staff Writer

Brightly colored leis, paper lanterns and the sound of beating drums greeted patrons of Fort Rucker's Post Exchange Mall Friday during the kickoff event for Asian Pacific American Heritage Month.

"It is great to see the community come together to celebrate and learn more about other cultures," said Susie Antonello, Army and Air Force Exchange Service visual merchandiser manager. About 350 people attended the event, which featured food samples, martial arts and dance demonstrations, examples of Korean writing and prizes.

Wendy Stark and her mother were among the people who came to the PX specifically for the kickoff event. As Wendy waited to have her name written in Korean, she said she became interested in Korean culture after she embraced Buddhism and met new friends from Korea.

Kimberly Lum attended the event as a part of Okinawa Kenjin Kai of Alabama – an organization that works to preserve Okinawan traditions in America. The group also provides a way for older Okinawans living in America to stay in touch with each other and with people in their homeland.

"We were set up to educate younger generations about traditions and history," she said. "We try to keep Okinawan traditions alive in our Family so they don't forget where they came from."

Lum said her husband is second-generation Okinawan and the president of the organization's Alabama chapter. The two have a grandchild on the way and hope the Okinawan traditions will continue to be passed down.

Another attendee, Pranee Sullivan, also works to preserve her culture and traditions. She was born in Thailand, but now lives in Montgomery making and designing traditional Thai household items to sell to people in Alabama. Part of the proceeds from her sales supports The Friends of the Asian Elephants.

"Before I left Thailand, I looked to see what I could bring with me. I brought my culture," she

This sharing of cultures was one of the goals of the kickoff event. "This country is based on the coming together of diverse people. The Exchange is proud and honored to be a part of it," Antonello said. "These events have grown more each year. I can't wait to see what the future holds."

"We celebrate this month to give people knowledge about Asian customs," added Piyanuch Olsen, AAFES visual merchandiser.



lies, some wearing traditional attire and flower leis, watches the performances during the Asian Pacific American Heritage Kickoff Event.



One of the performers from Okinawa Kenjin Kai of Alabama demonstrates an eisa dance – a drum dance paying homage to ancestors.



Patrons sample a variety of foods Friday during lunch at the PX.



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**DOTHAN EAGLE** 

Story on Page D3

By Nathan Pfau Army Flier Staff Writer

The people of Fort Rucker are no strangers to honoring Soldiers that serve in our nation's armed forces, and they are not ones to forget those who have served and made the ultimate sacrifice either.

More than 300 people ran to honor fallen heroes and the survivors they left behind with the Survivors and Fallen Heroes 5k run at the Fort Rucker Physical Fitness Facility Saturday.

"It brings the community together and shows how everybody is willing to get involved and show their support," said Bianca Ramos Del Rio, fitness specialist at Fortenberry-Colton Physical Fitness Facility. "Soldiers make a great sacrifice and sometimes a final sacrifice to fight for freedom in [this] country. Providing a race like this is the least we can do for them and their Families."

The winners of the 5k were David Seymor, overall male open winner, with a time of 18:19; Stephan Berndert, overall male master winner, with a time of 20:43; Jerry Manning, overall male grandmaster winner, with a time of 20:44; Emily King, overall female open winner, with a time of 21:13; Annmarie Sutter, overall female master winner, with a time of 26:05; and Maryann Pfalzgraff, overall female grandmaster winner with a time of 26:14

The event also included a 1-mile fun run for children that took place after the 5k.

The race was put on by the Directorate of Family, Morale, Welfare and Recreation, the members of B Company, 1st Battalion, 145th Aviation Regiment and the Survivor Outreach Services program to honor survivors and those that have fallen in service to our country, said Beth Gunter, financial counselor for SOS.

"Our goal is to help survivors realize that they are always part of the military Family," she said. "Even though they have lost their [loved one], it doesn't mean that they are any less important to our military

Gunter said SOS is designed to be there for the grieving Families just as if someone from their immediate Family would be there to help them through the grief.

"This is a military Family and we are there in the same aspect - to help them work through the grief and help them move forward," she said.

Those participating in the run were able to show their support by wearing gold stars with the names of fallen heroes on



Christian Garcia, 4, who participated in the Survivors and Fallen Heroes 5k run, gives one of the Patriot Guard Riders a high-five as he races to the finish line with his father, Angel, following close behind Saturday.

them that symbolize the survivors they left behind, according to Gunter.

CW3 Tobi Tatum, A Company, 1st Battalion, 223rd Aviation Regiment, participated in the run with his wife, CW3 Heather Tatum, B Co., 1st Bn., 223rd Avn. Regt., and their four children, wearing gold stars to remember friends that they have lost.

"I've got a lot of friends that are no longer here," he said. "I'm running for a friend who I lost that I was stationed with in Fort Bragg, N.C., Kosovo and Germany.

"We iust want to show them that they

aren't forgotten," added Heather. Sgt. Donna Little, from Joint Base Lewis-McChord, Wash., said she participates in any run that she can and participating in this run was her way of paying respect to those that have been lost.

"I love running – I do it all the time and I participate in all the runs the military holds," she said. "I know a lot of people that have lost their lives in the war and I just want to pay them back and show them my thanks.'

Members of the Patriot Guard Riders, a national organization of motorcycle enthusiasts who attend the funerals of fallen Soldiers — at the request of the Families were also in attendance at the event to show their support, said Howard Swain, Patriot Guard Rider and retired Soldier.

"We feel that it's a heck of a sacrifice that some people make for this country and the freedom that we enjoy every single day," said Swain. "A lot of people don't

realize that, but the people that ride with us do. [The Patriot Guard Riders] supports all veterans and heroes – not only military. but first responders like firefighters and police.'

After the run, participants were able to enjoy food provided by B Co. 1/145th, and children were able to play in inflatable bouncy houses and slides at the soccer fields across from the fitness facility.

Staff Sgt. Julius Perez from Fort Drum, N.Y., said he was happy to be able to participate in the events of the day, especially for such a good cause.

"These [Soldiers] gave their lives for a reason," he said. "All of us are fighting the same fight, so if you can't support them,

# Strong BANDS promotes healthy living

By Nathan Pfau Army Flier Staff Writer

April showers have come and gone, and now it's time for May lowers, and National Fitnes Sports Month.

Summer is on the heels of everyone at Fort Rucker beckoning them to get their bodies ready for beach season, and people can do just that as the Directorate of Family, Morale, Welfare and Recreation is participating in the Strong BANDS campaign, said Janice Erdlitz, marketing director for Fort Rucker DFMWR.

The goal of Strong BANDS, which stands for balanced lifestyle, actively motivated, nutritional health, determined to excel and strength and conditioning, is to promote and highlight opportunities for Soldiers and Families to stay fit - not just physically but mentally as well, said Erdlitz

"Installation Management Command MWR created the promotion to energize and inspire communities Army-wide about healthy lifestyles that support resiliency," she said.

Fort Rucker will host various events throughout the month to support the Strong BANDS campaign starting with Beach Body

"[Beach Body Bingo] is a new program that was developed to



Courtney Vigil, military spouse, does crossover stretching during an exercise class, People participating in the Beach Body Bingo program can mark their Bingo card for any exercise classes they attend at either of the fitness facilities on Fort Rucker

encourage people to get into the gym and work out," said Lori Ciranni, manager of sports, fitness and aquatics at the Fort Rucker Physical Fitness Facility.

Beach Body Bingo will run from May 1-25 and all people have to do to participate is do their normal exercise routines consisting of strength exercises, cardio, or fitness classes at either fitness facility to earn a space on a Bingo card, said Erdlitz.

"All people have to do is go to either of the fitness facilities, grab a form to register and start working out," said Ciranni. "It's just that easy and the more they work out and the more spots they get on their Bingo card, the better chance they have at winning

Some of the prizes include a free personal training package, a free month of fitness classes. five-day passes to Splash! water

park, and a 30-minute body massage, according to Erdlitz.

Fort Rucker will also be having an Army 10-mile run off and team relay May 12 for Strong BANDS for those who like to take their physical activities outside of the gym, said the marketing director.

Preregistration for the event is \$20 before Saturday at either fitness facility, \$25 from Sunday to race day, and registration for a

five-person relay team is \$10 per

The Fort Rucker PFF's sports. fitness and aquatics program will also hold workshops for those that wish to get into shape for triathlons with their Triathlon Training Program, according to Erdlitz.

"There will be two workshops May 12 and June 2 from 11 a.m. to 2 p.m. and people should bring running shoes, a bike, goggles and a change of clothes," she said.

The training program is free and will be held at Flynn Pool located behind the post-exchange.

For more information on the program, call 255-9162.

Erdlitz said people can get involved in any of these programs in support of Strong BANDS by stopping by either fitness facility to sign up for any of the events and if people feel they aren't ready to participate in any of the events, they should ask what they can do to get on a fitness plan to get them "Army Strong."

"We want to promote fitness and health," said Ciranni. "A lot of people make their New Year's resolutions and give up on them by February. This is just another boost to try to get people going."

For more information on Strong BANDS or the events, call 255-9810.













## Just Like Cats & Dogs

bu Dave T. Phipps

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  6 TV's "Kate & —"
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15 College collar
16 "Stop!"
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    75 Parisian
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  100 Courbet, e.g.
  103 Pharmacist's
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  105 Wall Street

- 105 Wall Street figure
  108 Half and half?
  110 Moving
  111 Mikita of hockey
  113 Battery part
  114 Kind of soup
  115 TV's
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  116 "What's —
  for me?"
  117 Cross
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- inscription
  118 Use a dagger
  119 Gourmet
  Graham
  120 Deere thing
  121 Skater
- Lipinski
  122 Epps or
  Sharif
  123 Bank (on)
  124 Seal school



See Page D3 for this week's answers.

# test\_by Fifi 1. MOVIES: What is the first word spoken in "Citizen Kane"?

2. GEOGRAPHY: What two coun-

Rodriguez

- tries surround the Dead Sea? 3. PERSONALITIES: In what
- branch of the military service did actor James Stewart serve in World War II? 4. MUSIC: Who composed the music
- for the film "An American in Paris"? 5. HISTORY: In which Pacific island group did the United States test atomic
- bombs? 6. ANIMAL KINGDOM: What is the name for a group of geese?
- 7. MEDICINE: What is scoliosis? 8. FAMOUS QUOTATIONS: Who once said, "Too much of a good thing is wonderful"?
- 9. CHEMISTRY: What metal is liq-
- uid at room temperature?

  10. COMICS: In the comic strip "Peanuts," Shroeder is a fan of whose

See Page D3 for this week's answers.

## Weekly **SUDOKU**

by Linda Thistle

	2	6			1			7
		9		6		1		2
4			9		5		3	
		2		1			9	4
3	8				4	2		
1			6	7				5
	1		4	5			7	
7	4				9			6
		5	2			4		3

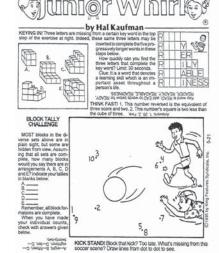
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## **DIFFICULTY THIS WEEK: ★**

\* Moderate \* ★ Challenging \*\*\* HOO BOY!

See Page D3 for this week's answers.

# KID'S CORN





SPELLBINDER	-
SCORE 10 points for using all the letters in the word below to form two complete words:	
SMOOTHER	
THEN score 2 points each for all words of four letters or more found among the letters.	
Try to score at least 50 points. 'you' 'loog 'awosow( algisso <sub>d</sub>	

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F	В	N	Α	В	U	1	U	T	Ε	S	S
2	5	3	7	3	4	3	7	8	4	3	5
1	S	Н	F	P	N	R	L	E	0	0	U
4	7	6	4	7	8	2	8	6	5	2	8
L	E	E	D	X	-	N	M	S	R	E	Р
3	7	6	8	3	2	6	8	4	5	6	8
J	Ĩ.	S	R	Е	S	Ĭ.	0	E	E	S	V
5	8	6	5	4	3	4	3	2	7	6	5
C	E	C	L	U	Т	D	S	S	В	L	-1
7	6	5	8	2	6	7	5	6	2	6	2
L	0	M	S	R	S	E	В	E	1	R	P
	3 F 8 F 2 I 4 L 3 J 5 C	3 4 F E 8 5 F B 2 5 I S 4 7 L E 3 7 J I 5 8 C E 7 6	3 4 5 F E L 8 5 3 F B N 2 5 3 I S H 4 7 6 L E E 3 7 6 J I S 5 8 6 C E C	3 4 5 4 F E L N 8 5 3 4 F B N A 2 5 3 7 I S H F 4 7 6 4 L E E D 3 7 6 8 J I S R 5 8 6 5 C E C L 7 6 5 8	3 4 5 4 6 F E L N S 8 5 3 4 7 F B N A B 2 5 3 7 3 I S H F P L E E D X 3 7 6 8 3 J I S R E 5 8 6 5 4 C E C L U 7 6 5 8 2	F E L N S L 8 5 3 4 7 5 F B N A B U 2 5 3 7 3 4 1 S H F P N 4 7 6 4 7 8 L E E D X I 3 7 6 8 3 2 J I S R E S 5 8 6 5 4 3 5 C E C L U T 7 6 5 8 2 6	3 4 5 4 6 8 4 F E L N S L D 8 5 3 4 7 5 3 F B N A B U I 2 5 3 7 3 4 3 I S H F P N R 4 7 6 4 7 8 2 L E E D X I N 3 7 6 8 3 2 6 J I S R E S I 5 8 6 5 4 3 4 C E C L U T D 7 6 5 8 2 6 7	3	3	3	3

Wishing & Walls

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the up-per left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the to right. Then read the checked figures give you.





ses 1. Sign la missing. 2. Paper is missing. 3. Lamppost is it is lower, 5. Trash basket is missing. 6. Siceve is shorter.



Members of the U.S. Army cycling team meet during a practice session at the 2012 Warrior Games in Colorado Springs, Colo., April 30. Competition began with cycling at the Air Force Academy Tuesday.

## First lady welcomes competitors to 2012 Warrior Games

By Cody T. Starken Army News Service

COLORADO SPRINGS, Colo. First Lady Michelle Obama and the chairman of the Joint Chiefs of Staff welcomed wounded warriors from all branches of the military to the third annual Warrior Games April 30, at the Olympic Training Center here.

"I wanted to recognize all of our troops, veterans and military Families who are here today," said Obama. "We have folks from the Army, the Navy, the Coast Guard, Air Force and the Marines Corps. It's just breathtaking. "

More than 200 wounded, ill and injured athletes from around the services will compete for gold in seven sports from April 30 to Saturday at the Warrior Games. The Army has 50 athletes competing this year.

"On behalf of the United States military and the Department of Defense, welcome to the 2012 Warrior Games," said Chairman of the Joint Chiefs of Staff Gen. Martin E. Dempsey.

The 2012 Warrior Games' events include: swimming, shooting, archery, sitting volleyball, cycling, track and field, and wheelchair basketball.

"To the athletes, these games are not only about proving what you can do to the world; it's about proving what you can do for yourselves," Dempsey said.

Obama said as the first lady one of the best parts about her job is spending time with service members and their Families. She gets to see their strength and determination first hand, she ex-

"You don't just tell me you are going to walk again, but run marathons. No matter how seriously injured, no matter what obstacles, or setbacks you face, you just keep moving forward," Obama said. "You just keep pushing yourself to succeed in ways that mystify and leave

She summed up her feelings for the athletes with a few simple words: "I am humbled and inspired.



First Lady Michelle Obama grasps the torch at the opening ceremony of the 2012 Warrior Games at the Olympic Training Center in Colorado Springs, Colo., April 30.

The Warrior Games give a chance for Soldiers to show the resilient spirit of today's wounded, ill and injured service members, Dempsey said.

"For me, these games embody the enduring resilience of our profession because your commitment to teamwork and determination and to persevere during these games are the very same qualities that led you to serve your nation and make our military great," he said.

The Army currently has about 10,000 wounded, ill and injured Soldiers and veterans in Warrior Transition Units and

the Army Wounded Warrior Program. Their ranks include service members who suffered amputations, spinal cord injuries, visual impairment, traumatic brain injuries and post-traumatic stress disorder.

Although Dempsey is the top military official for the Department of Defense, he reminded the audience who he was cheering for.

"I know I have to be neutral about this, but I hope the winner 'goes rolling along," Dempsey said.

He added that it will still be a great

honor that the cup bearing the symbol of his office will be hoisted by a champion, no matter who wins.

Obama told the competitors that the first lady and president will be cheering them on, and she offered heartfelt motherly words of advice to them.

"I want to wish you the best of luck, but more importantly have fun, don't get hurt and stay out of trouble."

To see a complete list of the Army athletes participated in the Warrior Games, visit this link: http://www.wtc. army.mil/about\_us/wgathletes.html

## Weekly SUDOKU

#### Answer

8	2	6	3	4	1	9	5	7
5	3	9	7	6	8	1	4	2
4	7	1	9	2	5	6	3	8
6	5	2	8	1	3	7	9	4
3	8	7	5	9	4	2	6	1
1	9	4	6	7	2	3	8	5
2	1	3	4	5	6	8	7	9
7	4	8	1	3	9	5	2	6
9	6	5	2	8	7	4	1	3

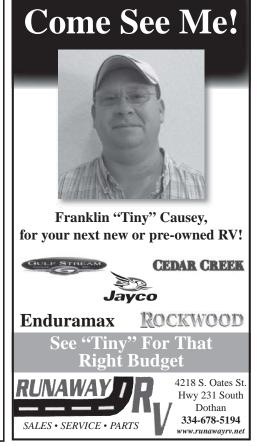
#### TRIVIA

- Answers
  1. "Rosebud"
  2. Israel 2. Israel and Jordan
- 3. Air Force, as a pilot
- 4. George Gershwin
- 5. Marshall Islands (Bikini Atoll)
- 6. Gaggle
- 7. Abnormal curvature of the spine
- 8. Mae West 9. Mercury 10. Beethoven

## PUZZLE ANSWERS

### Super Crossword

	Answers																			
Α	J	Α	R		G	A	E	L		S	Н	E	D			R	E	E	D	S
S	Α	R	1		Α	L	Т	0		Н	E	R	R		В	0	Х	Т	0	Р
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F	1	Z	Z	1	С	1	Α	N		P	R	E	S	S	1	D	Е	N	T	
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L	Е	Α	R	Υ		Α	G	Е		Е	P	1		Т	Е	E	С	Н	Е	R
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				Α	М	Т		Е	R	1	C	Α	S			Α	D	Е	L	Α
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L	0	Ν		Е	٧	Α	D	Ε		D	R	1	٧	Е	R		0	Α	K	S
	L	Т	D			D	1	Ε	Т		1	D	Α		Е	Α	R	T	Н	Υ
			0	Α	S	1	S		R	Α	G			P	Α	L				
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#### SPORTS BRIEFS

#### Triathlon training

Sports, fitness and aquatics recently started its triathlon training program to help people get ready to compete in triathlons, or just to get in better shape with a diverse workout regimen. The program meets Mondays-Fridays at 11:30 a.m. and 5 p.m. at the Flynn Pool under the Triathlete banner, where people meet to work out together in running, swimming and cycling. People are welcome to use the group workouts as a way to meet other triathletes, share workout techniques and schedule other workout sessions. Additionally. the group will discuss specific workouts, seasonal plan templates, race specifics, running and cycling routes, safety and nutritional information. All ability levels are welcome and even people who just want to train for one event. Additionally, sports, fitness and aquatics will host two Triathlon Workshops May 12 and June 2 from 11 a.m. to 2 p.m. at Flynn Pool. People should bring their running shoes, bikes, goggles and a change of clothes, although people without bikes are still welcome to participate.

For more on the group or the workshops, call Jon Cole at 255-9162 or send an email to ionathan.d.cole@us.armv.mil.

#### Golf Super Demo Day

Silver Wings Golf Course hosts its Super Demo Day Saturday from 9 a.m. to 4 p.m., offering people a chance to experience the latest and greatest that golf technology has to offer. The driving range will be equipped with plenty of golf balls, assure course officials. Food and beverages will be available. For more. call \$98-2449.

## Operation Golf 4 Life

Silver Wings Golf Course hosts its Operation Golf 4 Life to help people decide if golf is for them. The operation includes free golf clinics Saturday at 10 a.m., Tuesday at 5 p.m., May 15 at 5 p.m. and May 26 at 10 a.m. SWGC invites people to learn the game with the free golf clinics this month. The one-hour sessions will teach people golf basics, winning techniques and how to play the game - people are welcome to attend just one session or all four as they will learn something new each time. Novice golfers are welcome and all equipment is provided. For more information or to register, call 598-2449

#### Army 10-Mile Run Off

The Fort Rucker Fitness Facility on Andrews Avenue hosts the annual Army 10-Mile Run Off and Team Relay May 12 at 7 a.m. Race day registration begins at 6 a.m. Pre-registration is \$20 prior to Saturday and can be done at either fitness facility. Registrations Sunday through race day are \$25. Registration fee for the five-person relay team is \$10 per person. Cost is \$12 for customers who do not wwant an event T-shirt.

For more information, call 255-3794.

## Enterprise baseball

The City of Enterprise is looking to put together a baseball team and is in need of players 18 and older. People interested in playing baseball for Enterprise should call Joe Jackson at 806-6929 or 347-4275.

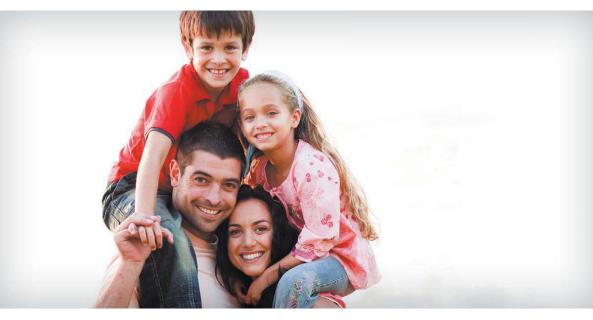
#### Roller hockey

A group on post is putting together pick-up roller hockey games Saturdays at 9 a.m. at Bldg. 6209, next to the Lemon Lot and behind Yano Hall. People interested in playing roller hockey are welcome to attend no matter what their skill level may be.

Players are required to wear helmets, and other safety gear is highly recommended.

For more information or to let the group know you would like to play roller hockey, call Tim Waychoff at (630) 870-9264 or send an email to tim.waychoff@us.army.mil.

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