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ARMY FLYER

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FORT RUCKER ★ ALABAMA

AUGUST 22, 2013

Post celebrates Women’s Equality Day

By Nathan Pfau
Army Flier Staff Writer

Many would argue that a large part of progression is not just about looking forward, but looking back, and Fort Rucker is looking back at what women have accomplished throughout history in order to move into the future.

The Fort Rucker Equal Employment Opportunity Office will host an event to celebrate Women’s Equality Day at Bldg. 5700 Monday from 9 a.m. to noon to highlight not only what women have had to endure through the years, but what they’ve accomplished on a local and national scale, according to Sgt. 1st Class Jason Garcia, equal opportunity adviser for the 1st Aviation Brigade.

Throughout the day there will be a mini health fair that women can participate in; job application and processing information with resume writing and interviewing tips; videos and static displays set up depicting

women’s struggles over the past 100 years with posters and biographies of female leaders that work in the local area; and even a Women’s Equality Day quiz with prizes to be won.

“We want to highlight the contributions that women have had,” said Garcia. “That’s the biggest thing — those significant contributions that (women) give on a day-to-day basis that make a difference for everyone.”

Local female Aviation leaders from company commanders and first sergeants will be on hand throughout the day from 9-11 a.m. to provide their biographies and personal accounts of what it’s like to be a leader in Army Aviation.

“They will be there to meet the public and talk a little bit about the accomplishments that they’ve had and what they’ve done throughout their military career,” said the EO adviser. “Most of these women are pilots,



PHOTO BY SARA E. MARTIN

Women browse the booths at last year’s Women’s Equality Day in the atrium of Bldg. 5700 Aug. 26 from 9 a.m. to noon.

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PHOTO BY SARA E. MARTIN

Membership drive

CW4 James Van Meter, 1st Bn., 145th Combined Arms Division, and his daughter, Melissa, talk with representatives from Short Cuts Exc. during the Fort Rucker Spouses Club Membership Drive Aug. 15 at The Landing.

Fort Rucker continues fight against PII violations

By Nathan Pfau
Army Flier Staff Writer

In an age when information is literally available at people’s fingertips, protecting personally identifiable information has become a priority, especially on military installations.

PII is any combination of information that can be used to identify a person, according to Deborah Seimer, director of Fort Rucker Human Resources.

“What everybody is really familiar with about PII is identity theft,” she said, “and the biggest thing is Social Security numbers with a name and date of birth.”

A person with any combination of that information has the potential to violate another’s PII, said Seimer, but most times, the person careless with their own information is the only one to blame.

“One of the things that we’ve noticed [on Fort Rucker] is people seem to be under the misunderstanding that the green recycling bins are safe for PII to be put into,” she said. “Those bins are not to be used for placing any type of PII in because what is in those bins doesn’t go from their office to a shredder. It’s very important to protect [PII]. Once it goes into a recycling bin, that information is no longer protected.”

Any type of information that is disposed of in the recycling bins has the potential to be viewed by anyone with access to the bins, said Seimer. From the office, that information can travel miles to the recycling center where it is picked up by an organization outside Fort Rucker.

“People are cleaning out their files and not thinking about what could happen putting that information into the recycle bin,” she said.

Seimer said that many people also seem to be under the misunderstanding that if the files they are throwing out are old, then they have no pertinent information in them. Regardless of how old they are, if the files or documents have any type of PII on them, they need to be destroyed properly by shredding, she added.

“People think that by recycling they are doing some good, which is fine,” said the director, “but if they aren’t disposing of PII properly,

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Facility the ‘cat’s meow’ for strays

By Sara E. Martin
Army Flier Staff Writer

Hidden behind major construction and a high fence, the Fort Rucker Spay and Neuter Facility on Andrews Road near the Enterprise gate is the current residence of 11 furry faces that desperately need a new place to call home.

The facility currently has one puppy, one grown dog, six kittens and three adult cats, and though the facility is the cat’s meow by giving them a second chance at life, there is always the need for people to come and adopt the animals, said Donna Isom, animal health aid.

“You are saving a life by adopting this animal. They didn’t ask to be in this situation, but with adoption they can have a second chance,” she said.

The facility is open Mondays through Fridays from 8 a.m. to 3 p.m., and it only takes in animals found on the installation, but anyone is allowed to adopt from them.

Currently, the U.S. Army Aeromedical Research Labora-



PHOTO BY SARA E. MARTIN

Lady and Jasmine, kittens currently up for adoption at the shelter, play with each other Aug. 15.

tory is expanding its facilities, and the construction next to the shelter is causing a slight backlash in adoption rates.

“Some people think we are closed or a part of the construction next door, but we are open regular business hours and are not partaking in the construction in anyway,” said Isom,

adding that she was told the construction is estimated to be completed in November.

The facility is located in Bldg. 8829, but it has a Facebook page — Fort Rucker Stray Facility — where photos and information are updated on a regular basis.

The facility prepares the animals for home living by trying

to teach the canines basic commands and dog manners, and exposes the cats to each other so they will be friendly with people and other animals.

“We try to teach some of the basics, but owners are going to have to continue training once they get home,” said Isom. “The cats roam around the offices for a little while each day. That way they can socialize with each other.”

It costs \$80 to adopt from the shelter, but Isom believes that people get a lot of bang for their buck.

“From the time the animals come in they are tested for everything by our vet, and we guarantee a healthy pet to the best of our knowledge,” she said. “The animals are on flea prevention and heart worm protection, and are up to date on all their shots. We also get each pet either spayed or neutered and micro-chipped.”

People are invited to come to the facility to spend time with the animals, even if they have

SEE MEOW, PAGE A5

PERSPECTIVE

CID warns of social networking, dating site scams for Soldiers

By U.S. Army Criminal Investigation Command
Public Affairs

WASHINGTON — The U.S. Army Criminal Investigation Command continues to warn the greater Army community and the American public to be vigilant of Internet scams and impersonation fraud, especially within popular social networking and dating websites.

CID special agents frequently receive reports from around the world of various scams involving criminals pretending to be U.S. Soldiers. These scam artists often portray themselves as male Soldiers and then prey on the unsuspecting victim's emotions — leading to nothing more than broken promises and an empty bank account for their victims.

Cyber criminals also continue to create profiles of senior Army officers and noncommissioned officers, to include the use of official photographs, in an attempt to lure unsuspecting persons into revealing personal, banking or financial information.

Scammers will often make contact with potential victims through various social networking sites. After contact, often during instant messaging or email correspondence, the scammers attempt to manipulate and exploit their victims. Tactics used by cyber criminals include preying on their target's emotions, appealing to the recipient's sense of empathy or a desire for financial gain.

Complying with these requests often places the victim at risk financially and opens them up to the possibility of becoming a victim of identity theft.

Those who actively facilitate Internet scams can face criminal charges. Soldiers and civilians who knowingly participate in the negotiation of fraudulent money orders or travel checks in further-



CID PUBLIC AFFAIRS

CID is an independent criminal investigative organization that investigates serious, felony-level crime such as murder, rape, sexual assault, robbery, arson, fraud, and even cyber crime or intrusions into the Army networks

ance of fraud schemes are subject to Title 18 of the U.S. Code, Section 1343, Fraud by Wire, Radio or Television.

The title states that individuals who devise schemes to defraud, or obtain money or property under false pretenses, representations or promises will be fined or imprisoned for not more than 20 years, or both. Violators that affect financial institutions can be imprisoned for not more than 30 years, fined

up to \$1 million or both.

CID strongly recommends that Soldiers, civilians and Family members who come across any known suspicious social networking or dating site profile or are solicited in this fashion from a person posing as a Soldier immediately email CID at Army.CID.Crime.Tips@mail.mil.

U.S. citizens and residents who have suffered a financial loss should contact their nearest field

office of the United States Secret Service. Also, victims are advised to continue reporting these scam e-mails to law enforcement agencies.

What to look for

- Be extremely suspicious if you are asked for money for transportation costs, communication fees, or marriage processing and medical fees.
- Many of the negative claims

made about the military and the supposed lack of support and services provided to troops overseas are far from reality — check the facts.

- If you do start an Internet-based relationship with someone, check them out and research what they are telling you with someone who would know, such as a current or former service member.
- Be very suspicious if you never get to actually speak with the person on the phone or are told you cannot write or receive letters in the mail. Servicemen and women serving overseas will often have an APO or FPO mailing address. Internet or not, service members always appreciate a letter in the mail.
- Be very suspicious if you are asked to send money or ship property to a third party or company. Oftentimes the company exists, but is not a part of the scam.
- Be aware of common spelling, grammatical or language errors in the emails.
- Be very cautious when placing your personal photographs on social media sites.

Where to go for help

- Report the theft to the Federal Trade Commission. Your report helps law enforcement officials across the United States in their investigations. Online: <http://www.ftc.gov/idtheft>.
- By phone: 1-877-ID-THEFT (438-4338) or TTY, 1-866-653-4261.
- By mail: Identity Theft Clearinghouse, Federal Trade Commission, Washington, DC 20580.
- Report the theft to the Internet Crime Complaint Center online at <http://www.ic3.gov/default.aspx>.

Rotor Wash “What are your tips for staying safe and secure online?”



**Staff Sgt.
David Seymour,
NCOA**

“Know who you are talking to and make sure to remove your Geo-tagging option from any photos you upload.”



**Staff Sgt.
George Lambert,
NCOA**

“Do not post any personal identifiable information on Facebook or Twitter. And if you already have, you need to remove it.”



**Sgt. Kyle Brewer,
C Co., 1st Bn.,
11th Avn. Regt.**

“Just make sure you don't post where you are going when you go on long vacations or say anything you wouldn't want your mother or father to see.”



**Pfc. Jessica Steele,
A Co., 1st Bn.,
13th Avn. Regt.**

“Don't let anyone see your location. Turn your GPS off so people cannot see where you constantly are.”



**Sgt. Chriss Brooks,
232nd FA,
Fort Riley, Kan.**

“Be careful not to give out your username or password to anyone and never complete a survey that asks for personal information.”

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflyer.com.

Technology, social media aid Fort Rucker weather operations

By Nathan Pfau
Army Flier Staff Writer

Pilots have enough to worry about when it comes to flying an aircraft, but when weather is added to the mix, that can make their job downright stressful.

That's why Fort Rucker Weather Operations makes it easier for pilots and Aviators to get weather updates by using existing technology, according to Cindy Howell, weather forecaster for Fort Rucker Weather Operations.

"We're utilizing free technology to quickly pass information to pilots and other customers," she said, adding that their focus is on three main outlets: Facebook, Twitter and a mobile app.

"Facebook is a big one," said

Howell. "Every morning we post a detailed forecast so everyone knows what to expect, whether you are an Aviator or not. We post all weather watches, warnings, and advisories as well as amendments to the Mission Execution Forecast (MEF) to our social media sites. Facebook is nice because it notifies our customers via email of changes to the forecast. For Aviators, Twitter might be even more useful, as you can set it up to receive text messages when the weather changes.

"Utilizing social media is a must because the technology is there, it's free, and it's a fast and effective method to reach people," said Howell. "People check their Facebook all the time and people are receiving texts all the

time. If that little beep makes you go in and check the latest weather data, then that's great."

The third technology that Fort Rucker Weather Operations uses is a mobile weather app. The app is tailored specifically to Fort Rucker pilots and shows all the MEFs, amendments, watches, warnings and advisories that are important for them to have, according to Howell.

But you won't find the free app in the App Store; it's actually a mobile web site, which makes it universally available on both Android and iOS platforms.

The goal of utilizing these technologies and social media is to make it easier for pilots to get their weather forecasts, check for updates and check live radar with

observations.

One of the ways the mobile app makes getting information easier for pilots is by offering a scrolling banner, much like a news ticker that updates immediately when any warnings, watches or amendments are issued, said Howell.

"The scrolling updates will keep pilots updated with the most recent information and updates to the weather," she said.

"One thing I always tell our customers is that while Facebook, Twitter, and the app may not be considered as an 'official' means of obtaining weather information, they are very likely to be the quickest means," said Howell. "It takes us about 60 seconds to update all three sites, and

we can reach many, many people this way.

"We've got to leverage technology," she continued. "Technology is all around us. Either we embrace it or we get left in the dust. To the best of my knowledge, we are the only Air Force weather unit that uses social media in an operational sense. It works well for us, and we want to continue to engage our customers and keep the Fort Rucker community informed."

To get the most recent weather updates, MEFs and amendments, visit facebook.com/fruckerwx, or follow Fort Rucker weather operations on Twitter at @fruckerwx.

To download the weather app, visit www.frucker.mobi.

Soldiers brand their future with resume ink

By Mitchell Lee
U.S. Army Installation Management Command

JOINT BASE SAN ANTONIO — A national business association launched a new personal branding search engine in July to help transitioning Soldiers catapult their career search. The US Army Installation Management Command has teamed up with the US Chamber of Commerce Foundation's Hiring Our Heroes program that has opened its online web tool for employers to search the database of service member resumes — at no cost.

"This is the best transitioning tool that I have seen over the past 8 years," said Mitchell Lee, IMCOM G3 Integration/Synchronization Team. "It's where a Soldier can be constantly evaluated or vetted by employers after only a one time upload."

This is the next step in a tool that launched in March 2013. The resume engine was designed to be a next generation online tool specifically for Soldiers. It was so successful, Hiring Our Heroes invested in this new feature to make it even better.

"The success of the Personal Branding Resume Engine has inspired us," said Ross Cohen, senior director of Hiring Our Heroes at the U.S. Chamber of Commerce Foundation. "This new employer search feature will bring us to a heightened level of participation. It's something all of our users really want to see happen."

Branding is what it is all about in employment application these days. It is how transitioning service members and veterans market themselves to employers.

"The Resume Engine uses the same type of technology as TurboTax, with easy drop downs and hints," said Lee. "Our Veterans are now able to create an effective, one-page resume and a 90-second elevator pitch



ARMY PHOTO

Installation job fairs, like this Hero2Hired event at Joint Base San Antonio-Fort Sm Houston earlier this year, bring transitioning military members in front of military-friendly employers with current openings.

to share at a job fair or networking event. This is great."

This new feature is much more than a Military Occupational Specialty (MOS) translator. The Resume Engine factors in the entirety of a veteran's military service including awards, deployments and military schooling.

"Unlike other search engines, this is free," said Lee. "The new addition of an employer search feature now allows job-

seekers to add their completed resumes to a database which is searchable by employers at absolutely no cost."

The primary goal of this free feature is to level the playing field for small businesses and help companies of every size find quality candidates. You can't go wrong if you are in search of employment.

Employers are required to set up an account at <http://www.resumeengine.org/employer> and they will be vetted by the U.S.

Chamber of Commerce Foundation before receiving access to the database. Once approved, employers can search for candidates by keyword, job-level and geography.

"In the first week of the search feature rollout, more than 400 companies signed up to access the resume bank," said Cohen. "Almost immediately those signups generated more than 200 database searches to our Soldier resumes. This is the kind of result we were hoping for."

News Briefs

Lyster IDES section moves

The Lyster Integrated Disability Evaluation System section has moved to N100. Patients entering the clinic from the main entrance can walk all the way to the end of the hallway and make a left, then make the first right.

CIF closure

The Fort Rucker Central Issue Facility will close for inventory Sept. 23-27. The facility will resume normal operating hours Sept. 30.

For more information, call 255-1095.

Funded Legal Education Program

The Office of the Judge Advocate General is accepting applications for the Army's Funded Legal Education Program. Under this program, the Army projects sending up to 25 active duty commissioned officers to law school at government expense. Selected officers will attend law school beginning in the fall semester of 2014 and will remain on active duty while attending law school.

Interested officers should review Chapter 14, AR 27-1 – The Judge Advocate General's Funded Legal Education Program – to determine their eligibility. This program is open to commissioned officers in the rank of second lieutenant through captain. Applicants must have at least two, but not more than six, years of total active federal service at the time legal training begins. Eligibility is governed by statute (10 U.S.C. 2004) and is non-waivable.

Eligible officers interested in applying should immediately register for the earliest offering of the Law School Admission Test. Applicants must send their request through command channels, to include the officer's branch manager at Army Human Resources Command, with a copy furnished to the Office of The Judge Advocate General, ATTN: DAJA-PT (Ms. Yvonne Caron-Rm 2B517), 2200 Army Pentagon, Washington, DC 20310, to be received by Nov. 1. Submission of the application well in advance of the deadline is advised.

Interested officers should call the Fort Rucker Office of the Staff Judge Advocate at 255-2547 for further information.

Alcoholics Anonymous

Alcoholics Anonymous meets Thursdays at 7 p.m. at the Spiritual Life Center, Bldg. 8939, Rm. 38. AA is described by chapel officials as a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from the use of alcohol. The program is focused on spirituality and religion, having an impact on changing a person's life.

For more information, contact the religious support office at 255-2989.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. and also the first Saturday of the month from 8 a.m. to noon, unless it falls on a holiday weekend and then the shop will be open on the second Saturday.

The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

Lyster parking

Lyster Army Health Clinic officials advise people that the parking lot and entrance by the MRI facility and the behavioral health clinic are for those departments only and may not be used as a pass through to the rest of the clinic, and also ask for people to not use the behavioral health clinic entrance inside the clinic to exit the building.

Pharmacy volunteers

The Lyster Army Health Clinic Pharmacy is looking for Red Cross volunteers to assist patients in the waiting area with ticket selection, and also questions about drop off and refill prescriptions.

For more information, call the patient advocate, at 255-7229 or send an email to jan.i.carolan.civ@mail.mil.

ID card section

Those who need a military or military dependent ID card may make an appointment by calling 255-2437 or 255-2182. Walk-ins are served on a first-come, first-served basis. People may experience delays in service from 11 a.m. to 1 p.m.

CID seeks agents

The U.S. Army Criminal Investigation Command is seeking qualified applicants to become highly-trained criminal investigators. CID special agents are responsible for investigating numerous types of felony-level crime of Army interest, conducting protective-service operations, and working with other Federal, state and local law enforcement agencies to solve crime and combat terrorism.

Agents receive training at the U.S. Army Military Police School and advanced training in specialized investigative disciplines. Selected agents receive advanced training at the FBI National Academy, Metropolitan Police Academy at Scotland Yard, Department of Defense Polygraph Institute and the Canadian Police College. Agents also have the opportunity to pursue a master's degree in Forensic Science from George Washington University.

To qualify, applicants must be a U.S. citizen, at least 21-years-old, minimum of two years and maximum of 10 years military service, maximum grade of sergeant (non-promotable) – sergeants (promotable) or staff sergeants with one year or less time in grade may apply with a waiver. Applicants must meet all other requirements.

To view the full list of requirements and to apply, visit www.cid.army.mil, or contact the Fort Rucker CID office in Bldg. 5430 on Raider Street, or calling 255-3108.

Electronic retiree newsletter

The annual retiree newsletter is now available via email. To receive the newsletter electronically, people should send an email to ruck.retirees@conus.army.mil requesting the newsletter, and also include their name and U.S. Postal address.

New network provides ‘digital guardian angel’ in Afghanistan

By Claire Heininger and Amy Walker
Army News Service

ABERDEEN PROVING GROUND, Md. — The Army’s new, mobile tactical communications network has reached Afghanistan where U.S. forces are relying on the technologies to stay connected and cover more ground.

From tracking the progress of small groups of Soldiers at remote outposts to directing operations while traveling through mountainous terrain, the unit is leveraging Capability Set 13 to communicate and carry out its advise-and-assist missions in support of the Afghan National Security Forces.

“The enhanced situational awareness given to us by this suite of technology has allowed us to maintain a ‘digital guardian angel’ as we conduct our advising duties and missions,” said Maj. Gary Pickens, the communications officer for the 4th Brigade Combat Team, 10th Mountain Division, which is the first unit to deploy CS 13 in theater. “The various platforms of CS 13 give us a digital reach like we’ve never had before.”

The technology, an integrated group of tactical communications systems that came together through the Army’s Network Integration Evaluation process, arrived in Afghanistan with the BCT this summer, and has supported multiple missions during the last several weeks. While it is still early in their deployment, users say CS 13 is a significant improvement over previous equipment and will become even more critical as drawdown operations accelerate.

As U.S. forces continue to retrograde, they are closing many of their forward operating bases and removing communications infrastructure such as hard lines, towers and other equipment. With CS 13, select units that remain will still have the ability to communicate at the tactical level and exchange voice and data information across their entire area of operations.

“We can maintain a robust communications capability even while the infrastructure around us on FOBs collapses,” Pickens said. “With anything new, it takes time to fully understand the capability — both its opportunities and its deficiencies. CS 13 is a significant step in the right direction to enable mission command at all echelons and across all environments.”



PHOTO BY CLAIRE HEININGER

A Soldier with the 4th Brigade Combat Team, 10th Mountain Division, trains with elements of the Capability Set 13 communications network this spring at Fort Polk, La. The unit is now leveraging CS 13 in Afghanistan.

The 4th BCT will be joined in theater this fall by the 3rd BCT, 10th Mountain Division, which has also been fielded with CS 13. Both Infantry Brigade Combat Teams have reorganized into Security Force Assistance Brigades, which deploy with fewer personnel than a typical BCT, and work closely with the Afghan forces in mobile, dispersed operations — making network connectivity even more important.

CS 13 provides the Army’s first integrated communications capability across the entire BCT formation, empowering commanders and Soldiers at every echelon to make faster, better informed decisions. Through its tactical network backbone, Warfighter Information Network-Tactical Increment 2, it provides mission command “on the move” — allowing leaders to expand their reach on the battlefield by taking the network with them in their vehicles.

In Afghanistan, this capability has allowed battalion-level advising teams to exchange voice and data, access mission command systems and maintain situational awareness while on patrols, even in extremely difficult terrain.

“Communicating on the move is a significant step,” Pickens said. “What we have seen is that unlike in the past, (when) as commanders transitioned from their

command post to mounted operations an information gap arises; with the capabilities of WIN-T Increment 2 and supporting applications this gap isn’t as large and not as disruptive to maintaining a commander’s rhythm.”

CS 13 also extends the network to the Soldier level through a combination of smartphone-like Nett Warrior “End User Devices,” and Rifleman Radios that together can transmit text messages, GPS locations and other data. This empowers dismounted troops with the real-time information that previously was only available in vehicles or command posts. It also allows the BCT headquarters and battalion and company leadership to digitally track and communicate with Soldiers who have spread out to remote locations — even inside distant buildings — as they advise their Afghan partners.

“Previously, voice reporting over FM radio was the only communications link to Soldiers in these scenarios,” Pickens explained. “The EUDs come in very handy not only for situational awareness of the operator’s position and those of his fellow Soldiers, but also their ability to carry information.”

Built on Soldier feedback, CS 13 ad-

resses more than 55 operational needs statements that troops submitted from Iraq and Afghanistan. The package was integrated, refined and validated through the NIEs, the Army’s process to continually mature the tactical network and accelerate and improve the way communications technologies are delivered to Soldiers.

The capability set’s arrival in Afghanistan is the culmination of a total Army effort to quickly field the technologies, spanning dozens of commands and locations and requiring constant coordination among network and vehicle project managers, production facilities, brigade staffs, fielding personnel and training professionals. Fielding and training operations are now under way for two more brigades — the 2nd and 3rd BCTs of the 101st Airborne Division (Air Assault). The 101st Airborne and 10th Mountain Division headquarters have also received WIN-T Increment 2 and other CS 13 elements this year.

Additional units will be fielded with CS capabilities in fiscal year 2014 and beyond as part of the Army’s Network Modernization plan.

With each integrated fielding effort, the units can adapt the equipment to their particular mission requirements. The Army’s aim is to provide scalable and tailorable equipment that is integrated across all levels, so it can be responsive to what the commander needs to execute mission command.

The follow-on fieldings are incorporating lessons-learned from the NIEs and the 10th Mountain BCTs’ experience, such as additional training to help commanders understand the integrated network as a combat multiplier.

Such an “opportunity to conduct prescriptive, controlled integration training” would be extremely valuable for future operators, Pickens said.

“One of the biggest lessons is that units must maintain a balance in all aspects of CS 13 — the physical act of deploying these systems and in the operation of these systems,” Pickens said. “As our Soldiers continue to employ CS 13 and gain confidence in the equipment and associated networks, the creativity of Soldiers will identify opportunities not previously recognized.”

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Post: Event aims to celebrate, educate

Continued from Page A1

work in Aviation maintenance, Aviation operations or air traffic control, that have had careers that span from 5-10 years for the company commanders, and 15-20 years for some of the first sergeants.”

This event is also a good opportunity for people to ask questions and have an open dialogue about equality or any issues they might have, Garcia added. People can talk with

him or members of the Fort Rucker EEO.

Volunteers from various organizations will also be on hand to give people information about the 19th Amendment, women’s suffrage and provide some information about the history of Women’s Equality Day.

“There was a significant struggle to get to this point – we’re talking about 72 years to get the right to vote, and all of that work and effort can’t go unnoticed,” said Garcia “It’s not only giving women the right to vote, but giving

women equal treatment in all aspects of our society, but I don’t think we’re there yet.”

People also need to come prepared with their thinking caps because there will be a quiz to test people’s knowledge on Women’s Equality Day and the 19th Amendment, added the EO adviser.

“Everyone needs to study up on their (history), and maybe they can hopefully win some good prizes,” he said.

PII: Communication key to protecting information

Continued from Page A1

they could be jeopardizing more than just themselves.

“If [people] are throwing away things like manuals that are limited distribution or maps, any type of information like that can give information to our adversaries about what we’re doing on Fort Rucker,” said Seimer. “That kind of information is commonly found in combination with PII, and when that happens, the security office has to get involved and assess the situation.”

Most of the organizations and offices on post have shredding machines, and the installation has a high-volume disintegrator run by the security office that is available to use at the recycling center, she said, so people have no excuse not to properly destroy PII documents.

“We use a disintegrator for paper that will shred documents and

turn them into briquettes,” said Linda Green, security assistant for the Fort Rucker security division.

Essentially the high-volume disintegrator turns paper into dust and compacts it into briquettes that the recycling center sells to different customers for various uses, she added

The recycling center also houses a CD/DVD destroyer, as well as a hard drive degausser and destroyer, said Heather Androlevich, security assistant for the Fort Rucker security division.

“(The hard drive degausser) uses really powerful magnets to completely obliterate any data on the hard drives so that they can’t be readable,” she said. “For classified hard drives, they also have to through the degausser and the hard drive destroy to be physically destroyed. It actually bends the hard drive so that there is no chance that any data can be re-

trieved from it.”

In order to use the equipment, people must take a safety class provided by the security office and set up an appointment at their convenience, said Androlevich, adding that they can even accommodate unit training on a case-by-case basis.

To set up a training appointment, people can call 255-3094, or 255- 2973.

Other ways that people can violate and mishandle PII is by maintaining a system of records without public notice, requesting or obtaining records under false pretenses or disclosing PII to any person that isn’t entitled to access it, according to Jennifer K. Williamson, civil law attorney for the Fort Rucker Office of the Staff Judge Advocate.a

People found in violation of mishandling PII have the potential to be hit with civil penalties that range from payment of dam-

ages and attorney fees to personal action that can include termination of employment and possible prosecution. He added that criminal penalties can also be charged from a \$5,000 fine to misdemeanor or criminal charges if the violation is severe enough.

“[PII violations] can be a pretty big deal,” said Seimer. “The operational security manager has to get involved as well as the security office to assess the situation and that can all take a lot of time.”

Mishandling of PII is not only a problem when it comes to disposal of physical documents, she said, it also applies to electronic data, adding that there have also been incidents where people on the installation are mishandling PII electronically through emails that haven’t been properly encrypted.

The director added that information received from the

Army Privacy Office indicated the Army Web Risk Assessment Cell has begun to conduct periodic reviews of Army Knowledge Online, and as a result of these reviews, there have been numerous PII breach reports on a daily basis concerning unprotected folders containing PII on AKO.

“People should be advised that these PII breach reports get quite a lot of visibility,” she said. “These breach reports are not only disseminated to the Department of Defense and key offices, but they are also briefed monthly to Army senior leadership.

“Bottom line: we need people’s support in spreading the word within their organization regarding the importance (protecting PII),” said Seimer. “Either remove the PII altogether from AKO, or create password protected documents that are properly secured and restricted.”

Meow: Facility seeks donations to help meet demands

Continued from Page A1

no intention to adopt, to help expose them to new faces so they will be friendlier to potential adoptees.

“We cannot have official volunteers, but we do accept contributions and monetary donations,” she added.

The facility currently needs puppy and kitten food, as well as toys for both cats and dogs.

People are also welcome to bring their other pets to the facility if they want to

introduce their dog to one they are thinking about adopting, said the animal health aid.

“The dogs have a say so, too,” she said. “It’s important to make sure they will get along.”

Isom said that it always seems that every time an animal is reclaimed or adopted two more come in.

“When the dogs come in we evaluate them to make sure they are friendly, adoptable, social, adaptable to new people, and healthy,” she said. “We want the pets to

go to happy homes where they are a good fit.”

Isom added that though she wants all the animals to find homes, she only wants them to go to the right, “fur-ever” homes.

“I want the animals to go to home where they are the ‘purrfect’ fit,” she said. “I know these animals. I spend every day with them. I can tell just by a few questions if an animal is going to be a good dog or cat for a possible fur parent.”

Isom said that if a pet owner cannot take care of their animal they should surrender

it, not abandon it in the community.

“Animals can get hit by cars so easily, and two stray cats that breed can easily turn into more than 80 million in ten years,” she said. “Plus, there are a lot of diseases that pass that way.”

The facility is a kill shelter, so Isom asks when considering adoption to keep the Fort Rucker Stray Facility in mind when looking for a new furry Family member.

“Please stop by. You never know when one of the animals is going to adopt you,” she said.



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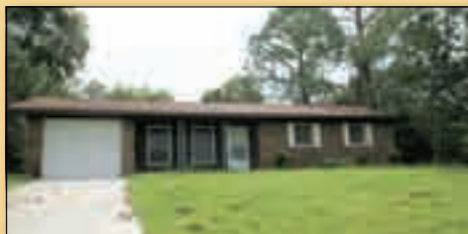
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58 COUNTY ROAD 171: Beautiful home in Hunter Ridge. Hardwood floors throughout, custom cabinets, granite counter tops, stainless appliances, pretty custom trim package & custom built mantel. Claw foot tub & tiled shower in MBA. Custom cabinets & sink in laundry room, huge lot, over an acre with mature hardwood trees, plenty of room for a pool. **BOB KUYKENDALL 369-8534**

\$125,000



111 CRESTVIEW: FOXHILL SUBDIVISION: Cape Cod, 3BR/2BA, wood ceiling in grandroom & space under the stairs for a desk & computer. Fireplace in grandroom. Choice of master bedroom up or downstairs, both have walk-in closets but upstairs also has a fireplace. Beautiful covered deck on back with sunken hot tub. Finished garage makes for a man cave with wet bar, extra lighting, heat pump, stackable front load washer & dryer (negotiable) & carpet but you can still park your car if you want to. **EVELYN HITCH 406-3436**

\$39,900



107 CRESCENT: This is a fixer upper in great neighborhood. Nice shady backyard & lots of possibilities. Needs work but could be a great investment property or starter home. **PAT LEGGETT 406-7653**

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121 FALCON: Brick home on large lot, very clean, large sunroom with detached carport & garage with office or sewing room. Well maintained. **JIMMY JONES 406-1752**

\$139,900



703 ALBERTA: Large living & dining rooms, pinewood walls, cabinetry with 1-year old flooring & sliding glass doors that exit to large back porch. Some new interior paint & fresh varnished original wooden floors. 3BR with large closets storage. 2 full BA with new toilets & vinyl flooring. Back porch with roof-covered hot tub. Chain link fence, 20x22 two story workshop. Garage with electric garage openers, washer & dryer hook up plus large inside storage. New roof 2012 with 25-year warranty. **JACKIE THOMPSON 406-1231**

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702 Dixie: Don't miss this chance to own a home of your own...especially this brick ranch conveniently located with shops, schools & offices just around the corner. Many upgrades, neutral decor, 2-car garage & French doors opening onto deck overlooking a spacious backyard make this home a must see. Comfortable & cozy, this easy-care 3BR/2BA, it's a great buy. **JUDY DUNN 301-5656**

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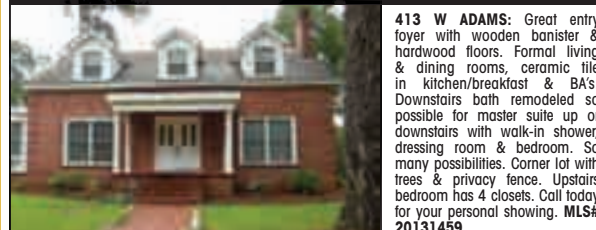
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PRICE REDUCED ~ \$104,000



104 AUBURN: 3BR/2BA, convenient to community college. HUD owned, buyer could qualify for \$100 FHA down payment for owner occupant. Walk-in entry foyer with half wall overlooking grandroom with gas log fireplace. Glassed in Florida room with deck leading to master bedroom. Fenced yard with storage shed. 2-car, side-entry garage with storage room & pull down stairs to attic. **MLS# 20131193**

PRICE REDUCED ~ \$164,000



413 W ADAMS: Great entry foyer with wooden banister & hardwood floors. Formal living & dining rooms, ceramic tile in kitchen/breakfast & BAs. Downstairs bath remodeled so possible for master suite up or downstairs with walk-in shower, dressing room & bedroom. So many possibilities. Corner lot with trees & privacy fence. Upstairs bedroom has 4 closets. Call today for your personal showing. **MLS# 20131459**

PRICE REDUCED ~ \$99,900



71 COURTYARD: New paint! Move-in ready, set your appointment now to see this 3BR/2.5BA townhome in Courtyard Place. All appliances & clubhouse in subdivision. **MLS# 20110379**

NEW LISTING



121 DEER RUN STRUT - \$385,900: Has so much to offer with Jack & Jill bathrooms between the 2 upstairs bedrooms with antique vanities & porcelain washbowls, 2.5 car back-entry carport with extra storage above, workshop situated among the gardens with electricity (15 outlets) & 220 service. Ramp & side cover for storage as well as in the attic area. SO MUCH MORE. Kitchen has built-ins w/doors to hide appliances & still have the convenience. BUY THE TWO LOTS ACROSS THE STREET & HAVE YOUR OWN HEAVEN!! **MLS# 20131660**

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209 S OAKRIDGE - \$249,900: Upon entering the raised foyer, off to the left is a formal living room, to the right a formal dining room & straight ahead the grandroom with cathedral ceiling, gas log fireplace, crown molding & French doors leading to the deck which overlooks the pier & dock for fishing. Split bedrooms give you the ability to have your own private area & guest quarters for the visitors. Entertaining is easy here as you can walk from room to room. Breakfast area looks on to deck. Partially finished basement. **MLS# 20131512**

System adds punch to aerial deliveries



COURTESY PHOTO

Capt. Chad Dearborn, U.S. Army Mountain Warfare School, Jericho, Vt.; Staff Sgt. Roger Montanez, 165th Aerial Delivery Support Company, Georgia Army National Guard; Michael Dubenezic, U.S. Army Armament Research and Development Center; and Sgt. 1st Class Thomas Bevins, U.S. Army Mountain Warfare School, prepare Squad Level Class V packages for the Enhanced Speed Bag evaluation in July at Fort A.P. Hill, Va.

By Bob Reinert
USAG Natick Public Affairs

NATICK, Mass. — It sounds like something one might find in a boxing gym, but the Enhanced Speed Bag system actually could provide a potent new punch to aerial deliveries in Afghanistan.

The ESB, being developed at the Natick Soldier Research, Development and Engineering Center, is designed to enhance the current method of free-dropping supplies into areas where typical resupply methods are impractical.

“A helicopter does not want to come in and land because it’s such a hostile threat or the environment and/or terrain will not permit the Aviators to land safely,” said Dale Tabor, an equipment specialist with NSRDEC’s Aerial Delivery Engineering Support Team.

For small-element supply packages, units utilize ad-hoc techniques.

“Basically, what they do is they package up needed supplies in Aviators’ kit bags, duffel bags, ruck sacks and whatever they can get their hands on without really any formal procedures,” Tabor said. “You get a wide variety of packages and techniques out there.”

The results are just as varied, with inaccurate deliveries and loads that fall to Earth with contents damaged or non-mission capable, requiring additional work for the ground forces to segregate and inspect the contents of packages they received.

“So what we focus on is to give the Soldier a material solution with a standardized configuration of packaging materials and a device to reduce the rate of descent,” said Tabor, “as well as take into consideration threat avoidance for the aircraft and air crews.”

Enter the EBS, which ADEST personnel

SEE AERIAL, PAGE B4

‘Eyes of Apache’ reaches 1 million flight hours mark

By Sofia Bledsoe
Army News Service

ORLANDO, Fla. — The U.S. Army commemorated 1 million flight hours of the AH-64 Apache helicopter’s Modernized Target Acquisition Designation Sight/Pilot Night Vision Sensor at a ceremony held at the Lockheed Martin Missiles and Fire Control facility in Orlando Aug. 8.

Known as the “eyes of the Apache,” the Modernized Target Acquisition Designation Sight/Pilot Night Vision Sensor provides Apache helicopter aircrews the targeting and piloting capabilities necessary for flying safe missions in day, night and adverse weather conditions.

First fielded in 2005, the MTADS/PNVs saw combat when it was first deployed to Iraq in 2006 with the 1-82nd Attack Reconnaissance Battalion, the first unit equipped with the modernized sight.

Col. Jeff Hager, project manager for the Apache Attack Helicopter, spoke at the ceremony and told the Lockheed Martin employees in attendance about the significance of this milestone.

“Less than three years ago, we celebrated the 1,000th delivery of the MTADS/PNVs,” said Hager. “Today, we’re marking the next major milestone, and that is the millionth flight hour.”

“That is no small feat,” Hager continued. “Through countless engagements scattered throughout Iraq and Afghanistan, the system provides a combat proven advantage over the enemy that makes the fight an unfair one.”

Hager also emphasized that the majority of the hours were accumulated in combat, a testament of the system’s capabilities and importance in the battlefield.

CW3 Adam Marik, 1-101st Attack Reconnaissance Battalion, 101st Aviation Regiment and keynote speaker at the event, told the employees about his experiences flying with the system in Iraq and Afghanistan.

“When MTADS was deployed to Iraq in 2006, the difference was immediate,” Marik said. “MTADS has

SEE MARK, PAGE B4



PHOTO BY SGT. JONATHAN C. THIBAUT

TO THE RESCUE

Soldiers from the 759th Military Police Battalion direct a UH-60 Black Hawk from 4th Combat Aviation Brigade, 4th Infantry Division, to practice hoisting up an injured Soldier during a downed aircraft simulation on Fort Carson, Colo., Aug. 6.

Platoon keeps aircraft mission ready

By 10th Combat Aviation
Brigade
Public Affairs

NANGARHAR PROVINCE, Afghanistan — A platoon of AH-64 Apache maintainers from D Company, 1st Attack/Reconnaissance Battalion, 501st Aviation Regiment, Task Force Dragon, based at Jalalabad Airfield, Afghanistan, conducts 500-hour phase maintenance inspections to keep the fleet of Apache helicopters mission-ready, and the pilots who fly them, safe.

In addition, the platoon also conducts 125-hour and 250-hour phase maintenance inspections, all which help maintain combat readiness and the highest safety



PHOTO BY SGT. ARMANDO AVILA

AH-64 Apache helicopter maintenance Soldiers assigned to D Company, 1st Attack/Reconnaissance Battalion, 501st Aviation Regiment, Task Force Dragon, inspect for deficiencies during a 500-hour phase maintenance inspection at Forward Operating Base Fenty, Afghanistan.

SEE AIRCRAFT, PAGE B4

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Aerial: Delivery system exceeds expectations

Continued from Page B1

began working on in 2011 after receiving a request from the U.S. Army Armament Research and Development Center Combat Service Support, Logistics Research and Development Branch. The system, which costs less than \$600 a piece, includes a linear brake, speed line and multipurpose cargo bag that can deliver supplies accurately from 100 feet without requiring helicopters to linger.

The proposed solution is a “one-stop shop of materials and formal techniques to standardize the resupply of small elements on the ground,” Tabor said. “It’ll minimize the aircraft in the threat envelope and provide a reasonable expectation of survivability for Soldiers to conduct their missions.”

The speed line and the multipurpose cargo bag are designed for one-time use. The linear brake can be used again and again.

The multipurpose cargo bag is made of polypropylene with securing straps, carrying handles, and a honeycomb and foam kit inside to dissipate energy.

“The linear brake is an adjustable system, and the multipurpose cargo bag is compatible with the low-cost, low-altitude family of parachutes for a wide variety of mission profiles intended to meet survivability of up to 90 percent of the contents of each package,” Tabor said.

According to Tabor, the system is easy to use.

“Our goal with this is a non-[military occupational specialty]-specific task, focused on the infantry skill set,” Tabor said. “It’s a hands-free device. You push it out of the aircraft, and you have to do nothing else. Once it goes a hundred feet, the rope will fall to the ground and it’s gone.

“The other benefit with this type of deployment is pinpoint accuracy where the terrain and/or the environment are not suitable for current methods of aerial delivery,” said Tabor, “such as jungle, mountainous and/or urban environments.”

An evaluation was conducted in July at the Asymmetrical Warfare Group Battle Lab at Fort A.P. Hill, Va. More than 12,000 rounds of ammunition were dropped from a 100-foot crane using the EBS system, with a goal of 90 percent survivability of Class V munitions with the ESB in

comparison to losses with a currently utilized ad-hoc technique. Once the ammunition was drop-tested, a thorough inspection and a live-fire functions test were completed.

“We exceeded (expectations) with 98-percent survivability when using the ESB and multipurpose cargo bag,” Tabor said.

Soldiers from the U.S. Army Mountain School in Jericho, Vt., and the 165th Aerial Delivery Support Company, Georgia Army National Guard, participated in the event, contributing to its success by providing expertise in packaging of the Class V, weapons system, and command and control responsibilities for range operations.

“We still have to work through the Aviation community, develop aircraft procedures and complete (Army Test and Evaluation Command) testing,” Tabor said. “We have procedures established, but they have to be tested and validated.”

“This isn’t just meant for ammunition,” said Tabor of the system. “It can be used for any commodity or supply to provide commanders a reasonable expectation of survivability of the items needed for the fight.”

Mark: Army in final stages of improving system further

Continued from Page B1

allowed us to change our tactics and made us more lethal than ever before.”

Marik has served as a company tactical operations officer, pilot in command and air mission commander, and currently serves as an instructor pilot for C Company.

“The Apache is already known

as the most lethal helicopter in the battlefield,” he said. “The fact of the matter is that the missiles, rockets and chain gun that have made us so lethal are useless without the ability of finding the enemy first.”

The Army is continuing to improve the MTADS/PNVS with the Modernized Day Sensor Assembly, which will bring high-definition, colored video into the

Apache cockpit for target acquisition and designation.

Speaking to a group of trade media representatives by telephone during a media teleconference after the ceremony, Lt. Col. Steve Van Riper, product manager for Apache Sensors, said that the Army was in the final stages of integration and development for the M-DSA. The focus of the new sensor capability is to address

obsolescence and provide enhanced performance to the MTADS/PNVS system.

“We have a scheduled goal of having our on-aircraft installation in November of this year with a first flight scheduled in January of 2014,” Van Riper said. “We have projected the first unit equipped in (fiscal year) 2018.”

“It is a pleasure and an honor to have this opportunity to thank

the Lockheed Martin workforce today because even though our Soldiers don’t know your individual faces, they know exactly the product that you produce,” said Hager to the audience. “You produce a product that allows the Aviator, the combat crewman and the Soldier on the ground a system that allows our great Americans to come home safely and keep them out of harm’s way.”

Aircraft: Team works through heat to complete 500-hour inspections

Continued from Page B1

standards.

“A 500-hour phase is a requirement to help identify discrepancies you can’t see with the naked eye,” said Staff Sgt. Pedro Gonzales, a phase-team leader assigned to D Co., 1-501st Avn. Regt., TF Dragon.

The 500-hour phase inspection is basically an overhaul of the Apache conducted after every 500 hours of the aircraft’s flight time. It consists of breaking down the major components, such as the two engines, the rotor head, the transmission and the gear boxes. There is a long list of inspections that must be done along with the breakdown of the Apache to ensure the components of the helicopter are within tolerance.

Once a phase maintenance inspection is scheduled, the maintenance platoon sergeant ensures that his shop is properly set up and that necessary resources are on hand so there are no delays.

“I make sure that we have parts that we will need and parts that we might need on hand about two weeks prior to starting a phase,” said Sgt. 1st Class Jose Cadengo, D Co., 1-501st Avn. Regt., TF Dragon, maintenance platoon sergeant. Cadengo added that the required time to complete a 500-hour phase inspection in theater is 14 days, but can be accomplished in less. It all varies on how many repairs the aircraft might need.

After the breakdown of all the major components and the long list of inspections that have to be done, the Apache is reassembled. Safety is the No. 1 concern throughout any maintenance; the safety of the Soldiers working on the aircraft and

the safety of the crews flying the aircraft.


During the re-assembly, it is very important Soldiers working on the aircraft maintain 100 percent accountability of all their tools since a forgotten item could have catastrophic consequences.

Also, it is important that Soldiers avoid wearing rings, watches, bracelets, or anything loose. These items can get caught, which can lead to injury. Cadengo makes sure the Soldiers of D Co. exercise safety in every maintenance job that comes to them.

“The Soldiers pull from each other’s knowledge,” Cadengo said. “I have seen all the new Soldiers that came straight from (advanced individual training) do a full circle. I am very impressed. Watching the aircraft turn on, and seeing the rotors spin and run properly gives all the Soldiers a sense of accomplishment and pride.”

Despite temperatures above 115 degrees daily, the platoon has completed three 500-hour phase inspections this summer.

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Story on Page C5

AUGUST 22, 2013

HIRED!

Program provides employment opportunities for teens

By Sara E. Martin
Army Flier Staff Writer

Jobs may be getting harder and harder to obtain, but the Fort Rucker Hired! Apprenticeship Program provides youth valuable work experience and training to better equip them for the highly competitive job market.

The program helps provide career-exploration opportunities to teens ages 15 to 18 with meaningful, professionally managed opportunities in Directorate of Family, Morale, Welfare and Recreation operations, said Pam Williams, child, youth and school services director.

“The program offers work experience and training to better equip each participant with the skills needed for a highly competitive job market,” she said. “But, just like in the real world, participants must meet certain criteria to be a part of the program.”

Prerequisite training is required prior to the start of a term. The next training workshop will be Tuesday through Aug. 29 from 4-6 p.m. at the youth center, Bldg. 2800. It is mandatory to attend all three days of training. Participants will start working Sept. 8.

“Training includes workforce preparation, interview skills, resume building, financial readiness, college preparation, customer service and post-secondary education,” said Williams, adding that six additional training sessions are required during the terms, but will be counted as work hours.

Other qualifications to participate include being registered in the CYSS program, having a clean background check and maintaining a grade point average of 2.0 or higher, said Eugene Johnson, youth center facility director.

According to Johnson, it is hard for teens in today’s society to find a job without having experience, but this program helps provide that.

“It is like a step in the door on their resume,” he said. “It teaches them how the process of getting a job goes – how interviews are conducted, how to prepare resumes and cover letters, how to get along with customers and other workers, and how to act in a real-world workplace.”



PHOTO BY SARA E. MARTIN

Justin Roberts cleans the windows at the physical fitness facility on Andrews Avenue in February as part of a previous Hired! Apprenticeship Program.

“It also gets them out there and gives them a taste of what it is like to juggle Family, work, a social life and school,” he said, adding that the teens take away confidence, self esteem and people skills.

The program is open to DOD civilian and contractor children, as well as the children of Soldiers stationed here.

“The program is a protected work environment,” said Williams. “They have a mentor that looks after them that wants them to succeed. We want to give them all the tools they need for the future as well as the support system to get them on their feet.”

To make the experience as realistic as possible, the program requires mandatory hours, applications and commitment.

“They will fill out applications just like they would for a job,” said Johnson. “There is an interview process where the children can accept or decline if they are offered a position. And they will have to work 15 hours every week whether that is during the week, on the weekends or both.”

Participants will receive a \$500 stipend at the end of the term, and the teens will have their first taste of taxes when they fill out W-9s, said Johnson.

Children are allowed to participate in the program twice in one year and can do it consecutively if they choose, but Johnson said that if the participant cannot fully commit to the program then they need to consider waiting and taking part at a different time.

“There is no vacation or sick days. Only a Family emergency or a school function is an excuse for not making hours, and even then those hours have to be made up before the term is over,” he said. “But teens do have a chance to get a job where they are working after the term is over.”

The training and the program are free for all participants.

Career path options include: financial management, library and information sciences, marketing and graphic design, physical education and sports management, and recreation and tourism management.

To enroll, or for more information, contact parent central services, Bldg. 5700 Rm. 193, by calling 255-9638.

FCC provides quality care, employment prospects

By Sara E. Martin
Army Flier Staff Writer

The Family Child Care program offers a way for Families to find quality child care providers who welcome children into their homes and offer safe child care services.

The FCC offers patrons a “warm, Family atmosphere to meet their child care needs,” where children are cared for in a home on post, said Pam Williams, child, youth and school services director.

“The program differs from the child development center because the FCC is a home-like setting run by Families on post,” she said.

FCC providers offer care for children ranging in age from 4 weeks to 12 years old, and each home is allowed two children under the age of 2, and four children 2 and older.

“They are fed and have outdoor as well as indoor activities to promote learning and exercise,” said Williams. “Providers also receive a monthly program guide to assist them in planning activities that will enhance the growth and development of the children.”

FCC providers can work regular work week hours as well as weekend shifts and night shifts to cover the needs of training and working Soldiers and those employed by the Army. Positions are also available for full day, hourly, emergency, before and after school, overnight care and special needs, said Vender Tabb, school age center director.

The program also serves to employ Family members and is considered a private, home business for those who decide to become a provider.

“Becoming a provider is a good employment opportunity because people can stay at home with their own children, and help out Soldiers and their Families while they work,” said Williams. “But, the Army wants the highest quality of care for its Soldier’s children, so this is not for



PHOTO BY SARA E. MARTIN

Gabriel Apodaca plays with provider, Cetoria Stanley, at her home Monday.

someone who is not sure of what they are doing.

“It’s also another means of income. They get reimbursed for the meals they provide for the children,” she continued. “And it is a way to build professional status. Providers can attain child development associate credentials – skills they can take with them when they move.”

Williams described the homes as “warm” and “friendly,” adding that it can be a better, “more intimate” choice for some parents.

“It can be more convenient if there is a FCC down the street,” she said. “Plus, some parents, and children, like that siblings can stay together because our homes are a multi-age environment. They can play together, grow together and learn together.

“Also, some parents may like the fact they know the one person personally who is watching their child, as opposed to multiple people,” she added. “And those children almost become a part of the provider’s extended Family.”

Cetoria Stanley, who has been a provider off and on for 13 years said that she loves getting attached to the children she cares for.

“I love being with the children,” she said. “It’s nice to help out the Soldiers while they are at work. They know their kids are safe.”

Currently six houses on post provide in-home care, so there is plenty of space for new providers.

Applicants must fill out an application packet at the FCC office in Bldg. 132. Depending on the background check, it takes anywhere from a few weeks to more than a month for an applicant to be approved.

Applicants then must complete 40 hours of orientation training in child development and must adhere to fire, health and safety requirements and inspections. Multiple additional elements must be completed before a home can be approved.

“Once providers are certified, they must complete a total of 13 modules in child development, two modules on child abuse identification, reporting and prevention, and an additional 10 special-needs care modules,” said Tabb.

Once everything is complete, Tabb said that providers will receive a Rainbow, which is a “decals they must put in their window to signal that they are approved FCC providers.”

When providers first enter the FCC program they receive a start-up kit that consists of items such as fire extinguishers, safety latches, door knob covers, a first aid kit, lock boxes for medicine and outlet covers, said Williams, so parents know that child safety is the No. 1 priority.

Training for prospective providers occurs quarterly and by demand. To begin the process of becoming an FCC provider, or to enroll a child, call 255-3446.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Rucker Lanes closure

Rucker Lanes Bowling Center will not have any open bowling Monday through Sept. 9 while the facility will be making improvements to the bowling lanes. All bowling specials, promotions and offerings will be suspended until the lanes re-open. All improvements are planned to be completed on Sept. 10 at 10 a.m. The iPlay iWin Bingo Corner and Rucker Lanes Snack Bar will remain open during the lane improvements. The facility will have modified hours of operation: Mondays-Saturdays from 10 a.m. to 10 p.m. and Sunday from 10 a.m. to 8 p.m. The snack bar will close 30 minutes prior to close of business.

For more information, call 255-9503.

EFMP Lunch and Learn

The Exceptional Family Member Program hosts a free lunch and learn session Tuesday from 11:30 a.m. to 12:30 p.m. at The Commons in Bldg. 8950 on Seventh Avenue. Registration deadline is Friday. The topic will be homework and studying techniques for children with Autism Spectrum Disorders. The presenter will be Chikondi Saiwa, a board-certified applied behavior analyst. Attendees should bring their own lunch.

For more information or to register, call 255-9277.

Spouse Sponsorship Training

Active duty, retiree and Army civilian spouses interested in sponsoring other spouses who are new to the community should attend Army Community Service’s spouse sponsorship training Friday from 9-10 a.m. at The Commons.

For more information, call 255-3735.

EFMP child and Family find

The Exceptional Family Member Program is in the process of identifying active duty military Families with special needs. Special needs can include physical, intellectual, developmental delays or emotional impairments that require special treatment, therapy, education, training or counseling.

Enrollment is mandatory for Soldiers with exceptional Family members, including those who are active duty Army, Army Reserve in the USAR-Active Guard, Reserve program and other Soldiers on active duty exceeding 30 days, and Army National Guard personnel serving under authority of Title 10, United States Code.

When possible, Soldiers are assigned to an area where the medical and special education needs of their EFM can be met. If you are a Soldier with a Family member with a special need or disability or have knowledge of someone who is disabled or with a special need, call EFMP at Lyster Army Health Clinic at 255-7431. Lyster’s EFMP conducts EFM screenings, enrollments, updates and dis-enrollments. Army Regulation 608-75, Exceptional Family Member Program, requires Soldiers to update EFM enrollment every three years, or sooner if services for special needs are no longer required.

For EFMP advocacy services, respite care, information and referral services, free educational and training opportunities, resource library and relocation assistance, call 255-9277.

Girls’ Night Out

The Landing will host Girls



PHOTO BY SARA E. MARTIN

Illusionist show

Wayne Hoffman, illusionist and hypnotist, performs at Fort Rucker last year. Hoffman returns to Fort Rucker to put on what he describes as a “high-energy shock to the brain” interactive, 90-minute show Friday during two performances at The Landing. The first show will be from 7-8:30 p.m. and the second from 9-10:30 p.m. The show is further described as providing “displays of mind reading, mind control, predictions and even time travel. Not to mention visual illusions that will leave you questioning your senses.” Tickets will be on sale at The Landing 5-Star Catering office. Costs are \$10 in advance and \$15 the day of the shows – beginning at 2 p.m. Cost for main VIP tables is \$150 per table with a limit of 13 at the VIP tables. For more information, call 255-9810.

Night Out Sept. 6 from 6-9 p.m. The night features shopping for the latest trends with fashion, health and beauty vendors, and more. There will be more than 100 door prizes given out during the event. Tickets cost \$10 and include one drink stub. People can buy tickets at The Landing. For more, call 598-2426.

Financial readiness training

Army Community Service offers its financial readiness training Sept. 6 from 7:30 a.m. to 4 p.m. at the Soldier Service Center, Rm. 284. This free training provides a practical approach to personal financial management to help Soldiers gain control of and manage money effectively. Financial readiness training is required for all first-term junior enlisted Soldiers (E-1 through E-4).

For more information, call 255-2594 or 255-9631.

Ride Swim BBQ

The Fort Rucker Riding Stables hosts its Ride Swim BBQ event Sept. 7. Sign up begins at 8 a.m. with a safety briefing and the ride starts at 9 a.m. at the stables. The plan is for people to ride to Buckhorn Lake, swim with their horse and ride back to the stables. People must have current coggins, drivers license and proof of insurance to access post. Cost is \$20 for non-riding stables patrons and \$10 for patrons that just want to eat.

For more information or to register, call 598-3384.

EFMP Information and Support Group

The Exceptional Family Member Program invites all active duty military with exceptional or special needs Family members to an EFMP Information and Support Group meeting Sept. 10 from 9-10 a.m. at The Commons on Seventh Avenue. The topic for the meeting is, it’s school time: are you ready? Tips, tools and resources will be discussed that can assist Families make this a successful school year. The EFMP Information and Support Group offers camaraderie, friendship, information exchange, idea sharing, community resources, support and assistance with finding solutions.

For more information or to register, call 255-9277.

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Veterans benefit from ‘fully developed claims’

By Phil Budahn
Army News Service

WASHINGTON — Veterans filing an original fully developed claim for service-connected disability compensation may now be entitled to up to one year of retroactive disability benefits.

The retroactive benefits, in effect now through Aug. 5, 2015, are the result of a comprehensive legislative package passed by Congress and signed into law by President Obama last year.

“[The] VA (U.S. Department of Veterans Affairs) strongly encourages veterans to work with veterans service organizations to file fully developed claims and participate in this initiative,” said Allison Hickey, Under Secretary for Benefits. “It means more money in eligible veterans’ pockets, simply by providing VA the information it needs up front. At the same time, it helps reduce the inventory of pending claims by speeding the process.”

Filing an FDC is typically the fastest way for veterans to receive a decision on their claims because fully developed claims require veterans to provide all supporting evidence in their possession when they submit their claims.

Often, this is evidence that VA legally must attempt to collect on the veteran’s behalf, which is already in the veteran’s possession, or is evidence the veteran could easily obtain, such as private treatment records.

When veterans submit such evidence with their claims, it significantly reduces the amount of time VA spends gathering evidence from them or other sources, often the longest part of the claims process.

While VA will still make efforts to obtain federal records on the veterans’ behalf, the submission of non-federal re-

cords, and any additional federal records the veteran may have, with the claim allows VA to issue a decision to the veteran more quickly. Typically, VA processes FDCs in half the time it takes for a traditionally filed claim.

FDCs can be filed digitally through the joint, Department of Defense-VA online portal, eBenefits. That website is located at www.ebenefits.va.gov. The VA encourages veterans who cannot file online to work with an accredited veterans service organization who can file claims digitally on a veteran’s behalf.

While submitting an FDC provides a faster decision for any compensation or pension claim, only veterans who are submitting their very first compensation claim as an FDC are potentially eligible for up to one-year of retroactive disability benefits under the newly implemented law.

FDCs help eliminate VA’s claims backlog because they increase production of claims decisions and decrease waiting times. Also, VA assigns FDCs a higher priority than other claims which means veterans receive decisions to their claim faster than traditional claims.

The VA continues to prioritize other specific categories of claims, including those of seriously wounded, terminally ill, Medal of Honor recipients, former prisoners of war, the homeless and those experiencing extreme financial hardship. As part of its drive to eliminate the claims backlog in 2015, the VA also gives a priority to claims more than a year old.

In May, the VA announced a new partnership with veterans service organizations and others known as the community of practice. The effort seeks to reduce the compensation claims backlog for veterans by increasing the number of FDCs filed by veterans and their advocates.

The VA is continuing to implement several initiatives to meet the department’s goal to eliminate the claims backlog in 2015. In May, the VA announced that it was mandating overtime for claims processors in its 56 regional benefits offices to increase production of compensation claims decisions through the end of fiscal year 2013.

In April, the VA launched an initiative to expedite disability compensation claims decisions for veterans who have a waited a year or longer

As a result of these initiatives, the VA’s total claims inventory remains at lower levels not seen since August 2011. The number of claims in the VA backlog, claims pending over 125 days, has been reduced by 17 percent compared to the highest point in March 2013.

Veterans can learn more about disability benefits on the joint DOD-VA web portal, eBenefits, which is located at www.ebenefits.va.gov. They can learn more about the FDC program at www.benefits.va.gov/fdc.



PHOTO BY SARA E. MARTIN

Pick-of-the-litter

Meet Athena, a 12-week-old black, bobtail kitten currently available for adoption. She was born with her bobbed tail and is very adventurous and curious. It costs \$80 to adopt Athena, which includes a microchip and spaying. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs over 6 months and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations may be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility’s Facebook page at www.facebook.com/fortruckerstrayfacility for constant updates on the newest animals available for adoption.

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U.S. Representative Martha Roby hosts Town Hall Meetings

Dothan
Houston County Commission Chambers
462 N. Oates Street
Tuesday, August 27
begins at 4:30 p.m.

Enterprise
Cutt’s Restaurant
417 East Lee Street
Thursday, September 5
begins at 2:30 p.m.



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We welcome our new associate, starting August 12, 2013: Dr. Charity E. Dugan

Dr. Dugan was born in Louisville, KY, then grew up and graduated high school in Naples, FL. She graduated from college in Florida then Osteopathic Medical School in Pennsylvania. She just finished her surgical residency in Brooklyn, NY this June. She married Sean Dugan, a 1st Lt Ranger in the US Army, in March. She is a member of the American College of Osteopathic Surgeons and the Association of Women Surgeons. Her special interest, from her NY training, is the care and treatment of breast cancer.

Church Directory

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Call 347-9533 to advertise your church on this page.

Henagar: The Sound of (Sacred Harp) Music

By Grey Brennan
Alabama Tourism Department

People have been coming to the hills of northeastern Alabama for more than a century to hear and sing the powerful a cappella four-part-harmony music called Sacred Harp.

Alabama has been and continues to be in the forefront of making sure this traditional style of music does not fade away. On this road trip, you will hear the sound so associated with the South of the Civil War period and see the town where Sacred Harp songs were recorded for the movie “Cold Mountain.” You can also stay in a “Gone With the Wind”-style antebellum bed and breakfast and visit nearby towns to experience the depths of a cave, hear moving stories of a pottery maker, enjoy views from atop Lookout Mountain and more.

Music history

Sacred Harp is an early American a cappella singing style based on the fa-sol-la shapes of ovals, diamonds, squares and triangles. This old-fashioned music, sung in a compact formation called a hollow square with singers facing each other, was widely popular during the time of the Civil War. While Sacred Harp singing has faded in other parts of America, the tradition continues to echo in churches on Sand Mountain in Alabama.

There are two Sacred Harp songbooks that are widely used today, and both spring from the efforts of people from Alabama. Alabama singing school instructor Tom Denson and his brother, Seaborn, used the fa-sol-la shape note method to teach folks across north Alabama to sing this music from the late-1800s to the mid-1930s. Later, they founded the Sacred Harp Publishing Company and produced a songbook so widely associated with them that the songbooks are referred to as Denson books, even though several editions have been published since their deaths. The 1991 Denson Sacred Harp songbook has more than 573 pages and is the book of choice around the world for this type of music. A second well-known Sacred Harp songbook is The Cooper Book, first authored in 1902 by W.M. Cooper of Dothan.

The epicenter of Sacred Harp singings

While many churches and conventions hold Sacred Harp singings, one of the most traditional settings is Sand Mountain in the northeastern corner of Alabama. This is where you should start your road trip. Grammy winning music director “T Bone” Burnett, who also produced the soundtrack to “O

Brother, Where Art Thou?,” recorded nearly 40 Sacred Harp tunes at the small rural Henagar Liberty Baptist Church, 1500 Liberty Road; (256) 657-1826, for the movie “Cold Mountain.” He chose two of the songs for use in pivotal points in the movie. The song “I’m Going Home,” is sung when the Civil War is announced, and “Idumea,” is used during the horrific battle scene set in Petersburg, Va. In addition, this area of Alabama is where much of “Awake, My Soul,” a documentary about the history and traditions of Sacred Harp singings, was filmed.

A major singing, called a convention, takes place at Liberty Baptist Church each summer. The two-day Henagar-Union Convention is held annually on the first Sunday in July and the Saturday before. During the singing, the windowpanes at the church vibrate from the sound of more than 100 singers. Some liken it to a wall of sound that hits you when you enter the church.

Go inside and be a listener

The singings at Liberty start in the morning and last to midafternoon with a different person called up to lead each song. This is a most sought out honor, as the leader stands in the middle of the group and enjoys the full force of all the voices directed at that one point.

As a visitor, you can go inside and have a seat in one of the church pews where there is no escaping the music. Those who have attended are quoted as saying the singing feels like a solid force so strong you could stand up and walk on it. Others recall the church vibrating and the singing invading their entire body. “Uplifting,” “joyful” and “spiritual” are other words used to describe the experience of hearing the gathering of voices in this small Alabama church. There are short breaks each hour making it easy to come and go as you please, but you will probably want to stay the entire day, as there is a community lunch at noon each day. Bring some food and join this social event. This social gathering is so popular that some come to the church just for the food. Make friends with the singers and you may be invited to the Saturday night party held in the home of a Henagar Sacred Harp singer, another social event where you may hear traditional mountain music complete with banjos, fiddles and guitars.

The Sand Mountain Potato Festival

The singing at Liberty Baptist Church is held close to Independence Day when the people of Sand Mountain cel-

ebrate the mountain’s farming heritage at the Henagar Town Park. The annual Sand Mountain Potato Festival is held each Fourth of July and includes live music, arts and crafts, and an evening of fireworks.

Learn to sing

Also during the summer months, the Sacred Harp Musical Heritage Association conducts summer camps to teach people how to sing Sacred Harp. One camp is held in June at Camp McDowell, a retreat in northwestern Alabama near Jasper, while another is held in July at Camp Lee near Anniston. The five-day events are called Camp Fasola, named after the singing notes fa-sol-la. Either of these camps combined with the singing at Liberty Church in Henagar make for a complete Sacred Harp experience.

Other times to visit

For those who want to visit in cooler times of the year, Liberty Baptist Church in Henagar and the nearby Antioch Church, County Road 783; (256) 632-3830, in Ider hold smaller Sacred Harp singings during the fall and winter. Liberty’s is on the first Sunday night of the month at 5:30 p.m. from October to April while the singing at Ider’s Antioch Church is on the second Sunday night at 5:30 p.m. from October to March. On the second Sunday of October, a Sacred Harp singing is also held at the Chestnut Grove Baptist Church, County Road 743; (256) 922-8090, near Ider starting at 10 a.m. While smaller in size, these singings are equally impressive.

The leaves change around mid- to late-October in this area of Alabama, making fall an ideal and popular time to visit. Starting around the second weekend in October the mountains are full of brightly colored leaves. During the peak, you can attend the annual Mentone Colorfest; (888) 805-4740, a seasonal festival with arts, crafts, food and live entertainment held the third weekend in October. Make reservations in advance if you plan to visit during this popular vacation season.

Sunday service with Sacred Harp

There are three Sand Mountain churches that use Sacred Harp exclusively in their services. Two of them are Liberty Baptist Church and Antioch Baptist Church. The third is the Old Shady Grove Baptist Church, County Road 408; (256) 657-4073, near Dutton. While Shady Grove meets every Sunday, Liberty meets only on the second and third Sundays of the month and Antioch on the fourth Sunday. Visitors are welcome at all three churches.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

ONGOING—Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Rd. 84 every third Thursday of the month at 7 p.m. Breakfast served on Sundays and games and TV’s available for entertainment. Open to all. Post can host parties/weddings/hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

DOTHAN

SATURDAY — The Wiregrass Museum of Art will have its Yard Party for Art, an annual fundraiser to support the arts in the Wiregrass community, from 6 p.m. to 12 a.m. with local, live music by KJAMS and the Circle City Rollers in the garden next to the museum. General admission tickets are available for purchase for \$15 in advance or \$20 at the gate. Bring lawn chairs; event will go on rain or shine. Must be 18 or older to enter.

For more information, visit wiregrass-museum.org or call 794-3871.

TUESDAY — The Evergreen Center for Dialogue and Discernment Present’s Injustice Remembered: Panel and Audience Discussion will be held at

Troy University in Sony Hall at 6 p.m. The panel and audience discussion based on Douglas Blackmon’s Pulitzer Prize winning book “Slavery By Another Name.” Blackmon tells the story of Alabama citizens who became forced laborers, victims of human trafficking and corruption from the last decades of the 19th century through World War II. For more information, call 333-5356 or email lavonda@evergreenpres.net.

ENTERPRISE

AUG. 31 — Candlewood Suites hosts “Keep Hope Alive” benefit poker run to benefit the Give Kids the World Foundation. Registration is from 10-11 a.m. at Hooters in Dothan. First bike out is at 11 a.m. and drawings begin at 3 p.m. Registration is \$15 per rider and \$5 per passenger. Additional poker hands are \$5 each. Cash prizes, door prizes an auction and a 50/50 will be after the ride. For more information, call 308-1102.

ONGOING — Monday through Thursday aqua Zumba and EPRD water aerobics will be held by instructor Natalie Showers 7-8 p.m. Price is \$5 per class and registration is not required. Bring a towel, water and pool/water shoes are recommended. For more information, call 348-2684.

MONDAY – Enterprise Women’s Day Class of Community Bible Study at First Baptist Church will be held on Mondays from 10 a.m. to noon. A preregistration day from 10 a.m. to noon will be Monday. Children’s ministry is available. Community Bible Study is an interdenominational study. For more information, call 494-2039 or visit <http://enterprise.cbsclass.org>.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank.

For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

ONGOING — Disabled American Veterans Chapter No. 99 meets each Tuesday and Wednesday at 6 p.m. at New Brockton City Hall. Food and drinks are served followed by regular chapter business. Chapter No. 99 maintains a DAV service office in the New Brockton Police station Each Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

OZARK

SATURDAY — The Friends of Army Aviation-Ozark welcome the arrival of Army legacy helicopters, a UH-1H HUEY N104HF and an AH-1F Cobra Attack helicopter N766HF Saturday. The Army Aviation Heritage Foundation in Hampton, Georgia has partnered with the Friends of Army Aviation –Ozark to provide the citizens of the Wiregrass and Ft. Rucker to opportunity to ride the legacy aircraft. The helicopters will be based at Blackwell Field and will be used to continue the mission of connecting the public with the legacy of Army Aviation. Rides will begin at 10 a.m. after a receiving ceremony. For more information, call 791-1097.

OCT. 5 — A Run For Your Lives Fun Run where zombies chase humans in a 5K event will be held downtown. The event, held in conjunction with the city’s annual Claybank Jamboree, includes a zombie costume contest commencing at 1:30 p.m., with the race start at 2 p.m.

For more information, call 791-1097.

Fight Against Cancer

Making Strides Against Breast Cancer’s 5k non-competitive walk will be held Oct. 26 at Aaron Bessant Park. Registration is at 7 a.m. with the walk beginning 8 a.m. in Panama City Beach. For more information on these events, call (850) 236-6023 or visit www.baypointwyndham.com

Rock the Tee

The Rock Charity and Golf Tournament will be held Sept. 7 at 9 a.m. at St. James Bay Golf Resort in Carrabelle, Fla. There will be music Sept. 5 and 6 at Harry A’s

on St. George Island. For more information, visit www.rockbythesea.org/rbtee2013.

Music Festival

The city of Conyers’ Blues and Music Revue in Olde Town Conyers will be held from noon to 10 p.m. Saturday. Admission is free. The festival celebrates music legends featuring Pete Peterson, Sandra Hall, Shirley Diamond, Tommy Brown, Lola, Eddie Sawyers, Sana Blue, and a special appearance by Theodis Ealey Unplugged. There is an activity at the festival for every member of the Family with the Children’s Fantastic Fun Zone and a Vendors Marketplace. For more information, call (678) 613-7681.



U.S. ARMY GRAPHIC

The Department of Defense announced its plan to extend benefits to same-sex spouses of uniformed service members and Department of Defense civilian employees Aug. 14.

New policy change extends benefits to same-sex spouses

By American Forces Press Service
Department of Defense

WASHINGTON – The Department of Defense announced its plan to extend benefits to same-sex spouses of uniformed service members and DOD civilian employees, according to a DOD news release issued Aug. 14.

After a review of the department's benefit policies following the Supreme Court's ruling that Section 3 of the Defense of Marriage Act is unconstitutional, and in consultation with the Department of Justice and other executive branch agencies, DOD will make spousal and Family benefits available no later than Sept. 3, regardless of sexual orientation, as long as service member-sponsors provide a valid marriage certificate.

The DOD remains committed to ensuring that all men and women who serve in the U.S. military, and their Families, are treated fairly and equally as the law directs.

Entitlements such as TRICARE enrollment, basic allowance for housing and Family separation allowance are retroac-

tive to the date of the Supreme Court's decision. Any claims to entitlements before that date will not be granted. For those members married after June 26, entitlements begin at the date of marriage.

The DOD recognizes that same-sex military couples who are not stationed in a jurisdiction that permits same-sex marriage would have to travel to another jurisdiction to marry. That is why the department will implement policies to allow military personnel in such a relationship non-chargeable leave for the purpose of traveling to a jurisdiction where such a marriage may occur. This will provide accelerated access to the full range of benefits offered to married military couples throughout the department, and help level the playing field between opposite-sex and same-sex couples seeking to be married.

For civilian benefits administered government-wide to federal employees, the DOD will follow the Office of Personnel Management and the Department of Labor's guidance to ensure that the same benefits currently available to heterosexual spouses are also available to legally married same-sex spouses.

A Household Guide for Alabamians: Handling and Disposal of Home Medical Waste

HAZARDS:

- Medical sharps improperly thrown into household garbage can leak through garbage bags causing injury to sanitation workers and others, including children and housewolves, who may come in contact with the household garbage. Used needles can transmit serious diseases.
- Medications flushed down the toilet or poured down a drain may adversely affect the function of a septic tank and can form fish and other marine organisms.
- Chemical or expired medications or pharmaceuticals may be harmful to children and adults.
- Never share used needles.

RECOMMENDATIONS FOR DISPOSAL OF NEEDLES OR "SHARPS"

PHOTOS AND SOME TEXT COURTESY OF ALABAMA DEPT. OF THE ENVIRONMENT

- Prevent injury, illness and pollution by following these simple steps to dispose of sharp needles and contaminated materials used when administering health care at home. Keep you, your family, and sanitation workers safe.
- Place needles, syringes, lancets and other contaminated sharps in any puncture-resistant, reusable, disposable household container (examples include an empty bleach bottle, laundry detergent bottle, or metal coffee can). Choose a container that is made of plastic or metal and one that has a small opening so no one can stick his or her hand into it. Do not use clear plastic or glass containers.
- Using an EASY-TO-READ marker, write on the container - "DO NOT RECYCLE." Used needles and other contaminated sharps are NOT recyclable.
- Do not purposely bend, break, or otherwise manipulate needles before inserting them into the disposal container. Drop of parts into the container.
- Once your container is full of used needles, fill the container with one part bleach solution and ten parts of water. Allow solution to soak for 20 minutes; this action will sterilize your used sharps. Then, pour the solution into the sink and seal the cap with tape before placing the disposal container into the garbage. Use heavy-duty tape (such as duct tape).
- Dispose of the container in your regular household garbage.
- Be sure to keep all containers with discarded sharps out of reach of children and pets.
- Place any soiled bandages, dialysis machine filters, disposable sheets, clothing, and medical gloves separately in securely fastened plastic bags before placing them along with your other garbage.
- Do not dispose of medication down a drain or toilet.
- Follow guidance from the Federal Food and Drug Administration (FDA) on disposing of drugs in the household trash. See: How to Dispose of Unused Medicines, October 2008, at <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm101653.htm> or contact ADEM for more information.

ADEM

For more information call the Alabama Department of Environmental Management, 334-271-7700

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Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

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Multi-Cultural Worship Service 8 a.m., Sunday

MAIN POST CHAPEL, BLDG. 8940

9 a.m. Catholic Mass, Sunday
11 a.m. Liturgical Worship Service, Sunday
12:05 p.m. Catholic Mass, Tuesday-Friday
4 p.m. Catholic Confessions, Saturday
5 p.m. Catholic Mass, Saturday

WINGS CHAPEL, BLDG. 6036

9:30 a.m. Protestant Sunday School
10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

SPIRITUAL LIFE CENTER, BLDG. 8939

9:30 a.m. Protestant Sunday School
10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

9 a.m. Protestant Women of the Chapel, Wings Chapel, Tuesday

11 a.m. Above the Best Bible Study, Yano Hall, Wednesday
10 a.m. and 6 p.m. Adult Bible Study, Spiritual Life Center, Wednesday
Noon Adult Bible Study, Soldier Service Center, Wednesday
5:30 p.m. Youth Group Bible Study, Headquarters Chapel, Tuesday
6:30 p.m. Chapel Next (Meal/Bible Study), Wings Chapel, Thursday

MOTHERS OF PRESCHOOLERS

MOPS is a Christian-based mom's group. MOPS is about meeting the needs of every mom of a child from conception through kindergarten. MOPS will meet every first and

third Thursday at 9 a.m. at the Spiritual Life Center, Bldg 8939. For more information, call the religious support office at 255-2989.

PROTESTANT MEN OF THE CHAPEL

PMOC meets the first Saturday of each month in the Fort Rucker Spiritual Life Center from 8-9 a.m. Men are encouraged to attend for a time of fellowship and a short devotion. Free breakfast is provided.

Protestant Women of the Chapel

PWOC meets every Tuesday at 9 a.m. and 6 p.m. at Wings Chapel, Bldg 6036. Childcare is provided. For more information, call 255-9894.



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II PLANES - PG
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Mon - Thurs: 7:15 & 9:15

WESTGATE CENTER

III PERCY JACKSON: SEA OF MONSTERS - PG
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PARANOIA - PG-13
Fri, Sat & Sun: 4:10 & 9:10 • Mon - Thurs: 9:10

IV KICK-ASS 2 - R
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I LEE DANIELS - THE BUTLER - PG-13
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Mon - Thurs: 7:00 & 9:30

II YOUR'RE NEXT - R
Fri, Sat & Sun: 2:00, 4:00, 7:10 & 9:10
Mon - Thurs: 7:10 & 9:10

III WE'RE THE MILLERS - R Starts Wednesday
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AUGUST 22, 2013



PHOTO BY NATHAN PFAU

Children fish at Parours Lake during a youth fishing tournament to open the lake earlier this year.

Gone fishing

Post offers angler's paradise

By Nathan Pfau
Army Flier Staff Writer

It's no secret that fishing is a popular form of recreation in the South, but Fort Rucker has some of the best-kept secret spots for anglers of all ages.

There are six different lakes on Fort Rucker covering more than 670 acres that house a variety of different fish ranging from large mouth bass, hybrid bass, catfish, crappie and cream that people can test their skills with a rod and reel, according to Bob Schotter, recreation assistant for Fort Rucker's Outdoor Recreation.

The first and most well known of all the lakes is Lake Tholocco, a 640-acre lake located on Johnston Road that's mostly known for its West Beach swimming area, lodging cabins, recreational vehicle park and ODR service center, but also offers a paradise for fisherman who want to get lost on Fort Rucker's largest lake, said Schotter.

The lake offers two different fishing piers, one on East Beach and one on West Beach, and shoreline fishing is permitted.

People can catch large mouth bass, bream, catfish and crappie in Lake Tholocco's waters, and something most people don't know is that night fishing is allowed on the lake.

"Night fishing at Lake Tholocco is the only authorized activity after sunset," said the ODR recreation assistant. "People can

fish from the shore or from a boat, and as long as the boats are equipped with proper lighting, fishing at night is permitted anywhere on the lake."

People operating the boats must first complete the boater's safety course before taking any boats out on the lake, he added.

Lake Tholocco is also the only lake on the installation that permits powerboats, said Schotter. Any boats in the other lakes on Fort Rucker must be self propelled.

Although the lake is full of fish, there is a limit on how many fish people can take home, said Schotter.

For large mouth bass, there is a limit of five for less than 14 inches in length and only one for more than 18 inches. Any large mouth bass caught between the sizes of 14-18 inches must be thrown back, he said.

For bream there is a limit of 30; for catfish the limit is 15; and people can catch up to 30 crappie longer than nine inches in length.

Although the other lakes on the installation don't compare in size to Lake Tholocco, they come pretty close when it comes to the experience and are available from sunup to sundown.

Parours Lake is another popular fishing spot on Fort Rucker, but this particular spot is reserved for the installation's youth anglers, said Schotter.

"Because of the size of the lake — 4.1 acres — and its proximity to the housing

areas, it's only permitted for those ages 15 and younger," he said, adding that parents are allowed to assist their children in fishing, but children must reel in their own fish.

The lake is home to bream, catfish and some large mouth bass, and is located on Farrel Road behind Lyster Army Health Clinic.

Another hidden gem on Fort Rucker, more known for its trails than its fishing, is Beaver Lake.

This 7.7-acre lake is open to all ages for fishing from sun up to sun down, and houses large mouth bass, bream, catfish and crappie. The limit on fish at Beaver Lake are: two large mouth bass larger than 16 inches; 10 bream of no size limit; unlimited catfish; and up to 30 crappie with no size limit.

Beaver Lake is located off of Third Avenue across from the Fort Rucker Physical Fitness Center's football field.

There are also a few lakes that are relatively unknown to most on the installation, but the fishing they provide is just as enjoyable as their more well-known counterparts, said Schotter.

Ech Lake is a 7.7-acre lake that is open to all ages also filled with large mouth bass, bream, catfish and crappie. To get to this hidden gem, turn from Christian Road onto Johnston Road and take the first unpaved road on the left, then follow the signs.

The limits for the lake are: no more than

two large mouth bass 16 inches or larger; 10 bream with no size limit; unlimited catfish; and up to 30 crappie with no size limit.

Schotter said there is an alligator that lives in Ech Lake, but "he never bothers anyone."

Buckhorn Lake is another lake that isn't very well known, but it's also one of the installation's most restricted lakes due to its location and proximity to training areas, said Schotter.

The lake is 13.2 acres and is home to large mouth bass, bream and crappie, but days of operation vary from day to day.

Buckhorn Lake is located 2 miles past Silver Wings Golf Course on Hatch Road.

"The lake is only open about half the time, so people should call outdoor recreation before they head out to the lake to confirm the times," said the ODR recreation assistant.

Beaver Pond is the smallest of all the lakes on Fort Rucker and is also the least developed of all the lakes, according to Schotter. Beaver Pond is open to all ages and is located off of Andrews Avenue between Silver Wings Golf Course and the Ozark Gate.

For anyone ages 16 and up fishing on Fort Rucker must have a state fishing license and post fishing permit. People can visit the outdoor recreation service center to obtain a license and permit.

For more information, call 255-4305.

SWGC hosts championship

Silver Wings Golf Course will hold its club championship Sept. 7-8 with tee times beginning at 7 a.m. Price is \$50 per player, plus cart fee. A U.S. Golf Association handicap is required. The deadline to register is Sept. 5 before 4 p.m. The club championship is stroke play and for members only. For more, call 598-2449.



PHOTO BY SARA E. MARTIN



PHOTO BY MICHELE VOWELL

Former U.S. Olympic soccer player Frankie Hejduk practices some defensive moves against Fort Campbell Lady Falcons players Aug. 12 outside the high school at Fort Campbell, Ky.

FOX Sports 1 tunes into Fort Campbell life

By Megan Locke Simpson
*Fort Campbell
Public Affairs*

FORT CAMPBELL, Ky. — Seven professional athletes and sports commentators, along with a bus load of Fox Sports Girls, got a sneak peek into the life of the 101st Airborne Division Aug. 12 when Fox Sports 1 traveled to post as a part of their summer bus tour.

While viewers can tune into the new 24-hour sports network, which offers live game coverage, original programming, news and more, the stop at Fort Campbell was about more than just promotion. It allowed the sports world to express their appreciation to U.S. Army Soldiers.

As a part of the visit, the athletes and Fox Sports Girls from across the country revved up with the 3rd Brigade Combat Team “Rakkasans” for morning physical training and completed an indoor obstacle course event with their 101st Sustainment Brigade “Lifeline” teammates. In the afternoon, they visited with Fort Campbell High School athletes, and even spoke with 2nd Brigade Combat Team “Strike” combatives Soldiers before wrapping up the day by rappelling off the famous 34-foot tower at the Sabalauski Air Assault School on post.

The athletes and commentators on the tour at Fort Campbell included Jeffrey Hammond and Danielle Trotta, representing NASCAR; Jake Ellenberger and Liz Carmouche, representing the UFC; José Tolentino, representing the MLB; Stuart Grimson, representing the NHL; and Frankie Hejduk, representing MLS.

Participants completed the obstacle course full of box jumps, kettlebell lifts and ammo can carries at Lozada Physical Fitness Facility. A crowd of Soldiers from the 101st Sustainment Brigade cheered on their comrades with foam fingers provided by the Fox Sports 1 team cheered on their comrades with foam fingers provided by the Fox Sports 1 team.

In the end, 716th Military Police Battalion Soldiers won the indoor obstacle challenge along with their visiting counterparts. It was

an eye-opening experience for both the Soldiers and athletes involved.

“It’s cool, because now they can witness what we do on a daily basis,” said Pfc. Damaris Gonzalez, with the 194th MP Company. “They really know what we go through and they actually did really well. I don’t know how they work out every day, but they did really good on all the obstacle courses, which is surprising.”

Hammond worked as NASCAR driver Darrell Waltrip’s crew chief and with other drivers before becoming a broadcaster with Fox Sports in 2000.

“It just gives you a greater appreciation of what they do every day to stay

ready for whatever may come their way,” he said, wiping sweat off his brow. “They’re always so gracious and make you feel like you’re appreciated, and it’s really the other way around. We really appreciate what they do and the hard work [and] the training that goes into becoming a part of the 101st and being a part of our military.”

Hammond also spoke with great admiration about the history of the “Screaming Eagles” — calling them “the cream of the crop.”

“I’m all about history, because NASCAR’s all about history, and I think this group right here is the same way,” he added. “I love it, because you get a

chance to really share in the pride that they have in what they do here and who they are.”

By leading random chants of “USA! USA!” and on-the-spot patriotic songs throughout the day, Hejduk took top prize in American spirit. Hejduk is fresh off a 16-year career where he competed in two World Cups and two Olympic Games, as well as earning two MLS Cup championships.

“Without these guys defending our country and these warriors doing what they do, I wouldn’t be able to fulfill my dream,” he said. “These guys are fulfilling many people’s dreams. They might not know it. They might not

hear it enough. We’re here to help them and to tell them and let them hear that.”

Hejduk expressed his admiration for the abilities of 101st Soldiers to perform full-speed no matter the circumstances.

“I only thought I was going to be doing the PT, the physical training, so I went all out this morning doing that,” Hejduk added. “Then we did the obstacle competition. It’s really cool to see how hard these guys work and how easy they make it look.”

While at FCHS later, the pros addressed many students hoping to achieve the same level of success. One meaningful conversation occurred when Falcons’ baseball player Omar Mascarenas approached Tolentino, who played for the Houston Astros in 1991. The pair stood for several minutes in the middle of the high school gym, demonstrating moves and talking about life.

“He said to not let anyone put you down,” Omar said, with a smile on his face. “Just aim for your goals. He told me just to work hard; be yourself; don’t let anyone tell you otherwise. [If they say]

you’re not going to make it to the big shots, you got to prove them wrong. You got to work even harder just to prove to them and show them that you can.”

Later in the afternoon, the Fox Sports guests and Air Assault School students prepared to scale the famed tower. They donned ACU tops as the school’s instructors roped them in place.

“It was amazing,” said Katie, the Fox Sports San Diego Girl. The Fox Sports Girls’ last names are omitted due to privacy concerns. “I was a little bit scared at first. Then, as I started going it was just so fun, and now that I know a little more about how it feels, I want to do it again.”

While the Fox Sports 1 road trip is scheduled to appear at several more stops before ending in Boston, Katie was glad to get the opportunity to visit Fort Campbell.

“I’ve absolutely loved it — every single minute of it,” she said. “It’s so fun to get to talk to all the Soldiers and really see where they come from and personally thank them for all their service. They truly are amazing, and it’s such an awesome experience.”



PHOTO BY MEGAN LOCKE SIMPSON

Danielle Trotta, cohost of “NASCAR Race Hub,” tiptoes through one of the obstacles at Lozada Physical Fitness Facility at Fort Campbell, Ky. Professional athletes and sports commentators, along with 13 Fox Sports Girls, visited the post Aug. 12 to promote the launch of the Fox Sports 1 network and healthy lifestyles.

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