

## Facebook town hall

Fort Rucker hosts a Facebook town hall June 4 from 6-7 p.m. The town hall offers people the chance to ask questions of installation leadership. If people would like to ask questions ahead of time, send a message via [www.facebook.com/ftucker](https://www.facebook.com/ftucker). For more, call 255-1159.

**SUMMER FUN**  
CYSS offers plethora of summer activities



**IRON AVIATOR**  
Captains compete for coveted title



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Story on Page D1

# ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

MAY 16, 2013

## Teachers get gold star

By Sara E. Martin  
*Army Flier Staff Writer*

Teacher Appreciation Day did not go unnoticed this year as the garrison commander and his team gathered May 8 to celebrate the accreditation of both Fort Rucker schools.

Fort Rucker Primary and Fort Rucker Elementary Schools received excellent marks on their accreditation, which is conducted every five years, with both schools receiving threes and fours on a four-point scale, said Deborah Deas, principal of the primary school.

“AdvancED Accreditation is the premier accreditation agency in the world and [Department of Defense Education Activity] schools have to follow a set of standards set by it. It is very rigorous and standards go into five areas. We scored exceptionally high in all five standards,” she said.

The five AdvancED Accreditation

standards of excellence in school improvement are purpose and direction, governance and leadership, teaching and learning, resources and support, and using results for continuous school improvement.

In celebration of the achievement, the Fort Rucker garrison command team held a small ceremony to recognize and show appreciation to both schools’ hard work.

“Recently, Fort Rucker was honored with winning the Army Community of Excellence Gold award,” said Col. Stuart J. McRae, Fort Rucker garrison commander. “We could not have done that without the excellent performance of you guys.”

The scores both schools received are rare for any school let alone two at the same installation, said McRae, addressing teachers and staff.

The external review was held April

SEE GOLD, PAGE A5



PHOTO BY SARA E. MARTIN

Col. Stuart J. McRae, Fort Rucker garrison commander, gives the elementary school's team of excellence a certificate of appreciation at a ceremony May 8 at the Corvias Military Housing facility.



PHOTO BY SGT. 1ST CLASS ANDREW KOSTERMAN

## Pre-flight inspection

An instructor pilot walks onto the flightline while maintenance crews inspect a UH-60M Black Hawk helicopter at Lowe Army Heliport in a dense fog that blanketed the lower part of the state for several hours on the morning of May 9.

## Auto skills center offers free vehicle check ups

By Sara E. Martin  
*Army Flier Staff Writer*

Fort Rucker officials want everyone driving this summer to be as safe as possible.

In order to support this goal, the auto skills center offers free holiday vehicle inspections Monday-May 24 by appointment.

“We conduct these free safety inspections before most major holidays. We want to make sure Soldiers and their Families are safe before they go on long trips,” said Tina Barber, auto skills center program manager.

The mechanics will do an overall inspection of the vehicle – checking multiple areas including engine fluid levels, radiator fans, tire condition, belts and lights.

Those with a Department of Defense-issued identification card may use the facility to conduct “do-it-yourself” maintenance for an hourly fee of \$5.50, plus the cost to rent tools. The shop can also be used for motorcycle maintenance.

With the weather as hot as it is, Barber said people need to be sure the cooling system and the air conditioning system is working properly in the vehicle.

“It is a good idea to keep a reserve gallon of water in the vehicle,” she said, in case of a leak.

The number of people on the road in-

creases in the summer, so Barber had a few tips on staying safe on the road with numerous other drivers.

“Have good defensive driving, and make sure your tires are in good condition. The hot roads make the perfect condition to pop overused or weak tires,” she said. “Make

sure your wiper blades are in good condition as well.”

Maj. Joshua Munch, Fort Rucker deputy provost marshal, offers some additional tips to reduce risk.

SEE FREE, PAGE A5



PHOTO BY SGT. 1ST CLASS ANDREW KOSTERMAN

Randy Varner (center), a mechanic for hire at Fort Rucker's Auto Skills Center, helps Lancaster, Pa. native WO1 James Kerwin (left), 1st Bn., 150th Avn. Regt., Pennsylvania National Guard, troubleshoot mechanical problems with a car. The center is available to Soldiers for \$5.50 per hour, plus the cost of tools. Maintenance personnel can assist with simple projects, such as changing oil, to more complicated tasks.

## Donors needed for drive Friday

By Nathan Pfau  
*Army Flier Staff Writer*

When it comes to selfless service, Soldiers are usually among the first to step up, but Fort Rucker hopes more than just Soldiers step up to donate to a cause that could save lives.

The 110th Aviation Brigade will host a post-wide bone marrow drive Friday from 9 a.m. to 5 p.m. at the post theater, and anyone who is willing and able is encouraged to donate, said CW3 Jesse Martin, 1st Battalion, 14th Aviation Regiment.

“All people will have to do is walk in, fill out a quick Privacy Act and general information sheet, followed by four cotton-tipped swabs in the mouth, and that’s it,” he said. “It takes about five to 10 minutes, and it’s quick and painless.”

After an individual donates, the swabs are sent to Washington, D.C., and put into the national Bone Marrow Registry to determine whether they are a match.

The drive has been ongoing since Monday, and people can visit Lyster Army Health Clinic at any time during the week to donate, but the drive on Friday is meant to accommodate masses of people rather than just a few at a time, said Martin.

Bone marrow transplants are meant to treat various life-threatening blood cancers, like leukemia and lymphoma, or other diseases, and Martin said the reason for the drive is to bring awareness to the installation and let people know that there are members of the Army Family that suffer from these diseases.

“We have [an identified need within the community], and that’s what initially led us to do the research,” he said, adding that if the drive can help save any life then it’s worth having.

After a recent safety brief at the Seneff Building., Martin asked Soldiers of his battalion to donate afterward, and among those that donated were Lt. Col. Bevin K. Scherot, 1st Bn., 14th Avn. Regt. commander, who said for him, the decision to donate was an easy one.

“It’s all about taking care of your own,” he said. “When someone is sick in your community, do you stand by and just let them suffer, or do you

SEE DRIVE, PAGE A5



# PERSPECTIVE

## Motorcycle safety: Are you experienced?

By Thomas E. Irvin  
1st Brigade, 14th Aviation Regiment

(Editor's note: This article was previously published in "Knowledge," the Army's safety magazine put out by the Combat Readiness/Safety Center.)

I began riding motorcycles at the age of 12. For me, that's 28 years and 15 motorcycles ago. I've always considered myself an experienced and safe rider because of the time I have invested in motorcycles — that is until I took my last Motorcycle Safety Foundation-approved Experienced RiderCourse.

I started out riding unapproved trails on a 350cc dual-purpose motorcycle without professional training or personal protective equipment. At that time, I couldn't kick-start my own motorcycle or reach the ground with both feet, so I always took off from a picnic table bench.

Safety was never a concern for me because I learned to ride unsupervised and no one ever instructed me of its importance. Without realizing it, I had created the perfect-accident setting from the beginning.

When I was finally old enough to obtain a license to ride on the street, I promptly went to the Department of Motor Vehicles and took the test. Still, I continued to ride motorcycles well above my experience level and without PPE.

About a year later, I had my first street accident, and because I came away unscathed, I kept riding as I had in the past. It wasn't until my second street accident a year later that I had learned the importance of PPE. It was a painful lesson, as the accident left me with severe road rash on my right shoulder.

By the time I joined the Army, I had eight years of "riding experience" but was still ordered to attend the MSF-approved Basic Rider Course. For the first time, I was formally educated on the importance of motorcycle training and the required PPE.

To attend the riding portion of the course, I had to wear a Department of



Transportation-approved motorcycle helmet. I learned that even though the state where I was licensed didn't require me to wear a helmet, the Army required I wear one no matter where I rode.

Additionally, I learned the PPE requirements for motorcycles also applied to off-duty and off-post operation. My BRC instruction was the beginning of an attitude change and the start of my formal progressive motorcycle training.

My last ERC motorcycle training, which was mandated by the command, took place after a deployment and was required for Soldiers prior to riding a motorcycle. Realizing motorcycles are an increasingly popular mode of transportation for many Soldiers, my command placed this requirement on the unit to mitigate post-deployment risk. Though much of the ERC was the same as prior training, it did cover some new topics. For example, I learned additional cornering skills that were not covered in my other training,

### Motorcycle Safety Inspection Checklist

The Motorcycle Safety Foundation developed **T-CLOCS** to assist motorcycle drivers in completing a comprehensive pre-ride (or pre-purchase) motorcycle inspection. The individual letters stand for the specific areas to be checked.

Tires and wheels

Controls  
Lights  
Oil  
Chassis  
Stand

The inspection should be conducted at least twice a year to ensure safe riding.

### Did You Know?

May has been designated as Motorcycle Safety Awareness Month. The National Highway Traffic Safety Administration en-

courages drivers to become more aware of motorcycles on the road, especially during the warmer, busier summer riding months.

braking techniques from the instructor and other riders, and how to apply the MSF T-CLOCS pre-ride inspection sheet (see Motorcycle Safety Inspection Checklist below) to my routine.

Even though I was a long-time rider, this

training made me realize I wasn't as skilled as I previously thought and that several of my riding habits were not conducive to safe riding. When it comes to motorcycles, the number of years riding doesn't always equal the correct experience.

## Rotor Wash

“Lake Fest is this Saturday at West Beach from noon to 6 p.m. What are your favorite summertime activities?”



**Ann Morgan,**  
military spouse

"I like to golf. It is a fun activity with my friends."



**Shannon McNabb,**  
military spouse

"I like to go swimming. It is enjoyable and my whole Family can have a fun time without spending a bunch of money."



**Capt. Terry Hill,**  
Captains Career Course

"I really enjoy going to Family car shows. I have a 1969 Camaro, so we take it to charity events and car shows."



**Nancy Shelton,**  
military Family member

"I like camping because I love the outdoors."



**Jessica Beal,**  
military Family member

"I like to go swimming to get a tan."

### COMMAND

**Maj. Gen. Kevin W. Mangum**  
FORT RUCKER COMMANDING GENERAL

**Col. Stuart J. McRae**  
FORT RUCKER GARRISON COMMANDER

**Lisa Eichhorn**  
FORT RUCKER PUBLIC AFFAIRS OFFICER

**Jim Hughes**  
COMMAND INFORMATION OFFICER

**David C. Agan Jr.**  
COMMAND INFORMATION OFFICER ASSISTANT

### EDITORIAL STAFF

**Jim Hughes**  
ACTING EDITOR..... 255-1239  
jhughes@armyflieger.com

**Jeremy P. Henderson**  
SYSTEMS & DESIGN EDITOR... 255-2253  
jhenderson@armyflieger.com

**Sara E. Martin**  
STAFF WRITER..... 255-1240  
smartin@armyflieger.com

**Nathan Pfau**  
STAFF WRITER..... 255-2690  
npfau@armyflieger.com

**BUSINESS OFFICE**  
**Robert T. Jesswein**  
PROJECT MANAGER..... 702-6032  
rjesswein@dothaneagle.com

**Brenda Crosby**  
SALES MANAGER..... 347-9533  
bjcrosby@dothaneagle.com

**Laren Allgood**  
DISPLAY ADVERTISING..... 393-9718  
lallgood@eprisenow.com

**Mable Ruttlén**  
DISPLAY ADVERTISING..... 393-9713  
mruttlén@eprisenow.com

**Joan Ziglar**  
DISPLAY ADVERTISING..... 393-9709  
jziglar@eprisenow.com

CLASSIFIED ADS..... (800) 779-2557

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If you would like to contact the Army Flier by e-mail, please contact the editor at [jhughes@armyflieger.com](mailto:jhughes@armyflieger.com).

## ACE SUICIDE INTERVENTION

### Ask your buddy

- Have the courage to ask the question, but stay calm.
- Ask the question directly. For example, "Are you thinking of killing yourself?"

### Care for your buddy

- Remove any means that could be used for self-

injury.

- Calmly control the situation, do not use force.
- Actively listen to produce relief.

### Escort your buddy

- Never leave your buddy alone.
- Escort to the chain of command, a chaplain, a behavioral health professional or a primary care provider.



# Golfers tee off to benefit AER

By Nathan Pfau  
*Army Flier Staff Writer*

More than 100 people from the surrounding communities flocked to the Silver Wings Golf Course for a chance to play a round of golf for a worthy cause.

Golfers raced off the start to begin the 23rd annual Army Aviation Center Federal Credit Union Golf Tournament to benefit Fort Rucker's Army Emergency Relief, during which participants had a chance to win one of two new cars.

Col. Stuart J. McRae, Fort Rucker garrison commander and AER campaign chairman, expressed his gratitude to all the participants and AACFCU for hosting the tournament, but also said he felt a bit upset that he wasn't able to participate because he was feeling under the weather.

"I just want to tell all of you thank you for coming out to support Army Emergency Relief," he said. "I won't be able to be out there to golf with you all because Mother Nature's pulled a fast one on me, but I'll be out there in spirit."

Last year's campaign raised \$116,000, and AER gave out more than twice that amount in assistance last year, said McRae, adding that this year's goal is \$125,000.

Mimi Brooks, AER officer, said that she's always happy to see when people come out to support such an important cause.

"It's just fantastic to have this kind of support from the community," she said. "Not just from the Fort Rucker community, but the whole Wiregrass area – it's just amazing."

AER accepts individual donations throughout the year, but Brooks said it's events like the golf tournament that really help



PHOTO BY NATHAN PFAU

Col. Stuart J. McRae, Fort Rucker garrison commander and AER campaign chairman, gives words of encouragement and thanks to participants of the 23rd annual AACFCU Golf Tournament to benefit AER Friday.

the cause.

"It's not just important to raise the money," she said, "but it's equally important to raise awareness for AER and what we do."

Brooks said that awareness is one of AER's main focuses, and awareness can help Soldiers in need as much as the money that awareness provides, and that's the goal of events such as the golf tournament.

Awareness can be measured by funds raised, and last year AACFCU was able to make a \$15,000 donation to AER after the golf tournament. This year's contribution will be announced at the AER campaign closing ceremony June 4 at the U.S. Army Aviation Museum at 2 p.m., said Lisa Hales, AACFCU vice president of marketing.

Hales said it's important for AACFCU to give back to Fort Rucker because the installation is where the credit union got its start.

"We have a branch here on Fort Rucker, and that's how we got started, and this is just our opportunity to give back to the Soldiers that give to us," she said. "This is our chance to help support and do something for the Army that does so much for us."

Members of AACFCU weren't the only ones that felt the need

to give back. Civilians from the surrounding community, like Marina Jeffcoat, also felt the need to come out and show their support.

"It's just wonderful to be able to do this [for AER]," said Jeffcoat, who works at a local radio station in Dothan. "I don't play a lot of golf ... but we participate in this tournament once a year and it gives me the chance to play and support a good cause. It's extremely important for people to show their support, and I support our military and appreciate everything they do."

Laura Thornton, civilian participant and friend of Jeffcoat, agreed.

"I think it's important to not only show our support for the military worldwide, but especially here at Fort Rucker," she said. "Fort Rucker is such a large part of this area and the Wiregrass community that it's important to support the causes that benefit them."

In addition to benefitting Soldiers in need, golfers had the opportunity to benefit themselves with prizes given out throughout the tournament for different achievements like closest to the pin, longest drive, and a hole-in-one, of which the prize was the golfer's choice of a brand-new 2013 Jeep or Nissan Altima.



PHOTO BY KATHERINE ROSARIO

## Pharmacy improvements

Construction workers start piecing together the structure for the temporary pharmacy outside Lyster Army Health Clinic May 10. The pharmacy will move out to the new structure July 8 and be fully operational until construction is complete on the new, larger pharmacy inside Lyster. The new pharmacy will be twice the size of the current space and have state-of-the-art medication dispensing systems. Hours for the pharmacy will remain the same. For more information on the pharmacy renovation, see next week's edition of *The Army Flier*.

## News Briefs

### Bone marrow drive

The 110th Aviation Brigade hosts a bone marrow drive Friday from 9 a.m. to 5 p.m. The drive is designed to identify people, through a simple test, who are able to provide life-saving bone marrow transplants to people in need – including people within the Fort Rucker community.

The test features no needles or blood drawing – a technician rubs a cotton swab inside people's mouths. After the sample is gathered, the Department of Defense will do a test to see if there is a match and the individual will be placed in a database. The test takes a maximum of 10 minutes.

People between the ages of 18 and 60 can be tested – even people not able to be donate blood are eligible to be tested as a bone marrow donor. DOD civilians, contractors, military members and Family members can participate.

### Memorial Day Ceremony

Fort Rucker hosts its Memorial Day Ceremony May 23 at 8:30 a.m. at Veterans Park in front of the U.S. Army Aviation Museum. All are invited to attend the ceremony.

### Forget Me Not

Disabled American Veterans Chapter 9 Enterprise-Coffee County will conduct a Forget-Me-Not drive Saturday from 8 a.m. to 4 p.m. at the Fort Rucker Main Shoppette, commissary and Class VI. The drive provides people a blue Forge Me Not to allow them to show their support for America's disabled heroes.

### AAFES, commissary fun, fitness

The Fort Rucker Exchange is bringing giveaways and specials to the third annual Family Fun and Fitness Festival Friday and Saturday from 9 a.m. to 4 p.m. Authorized shoppers can join in the fun by visiting the main exchange and entering to win one of 40 \$25 commissary gift cards – with an exchange \$100 purchase for eligibility to receive an entry form — when they gear up to get fit with a variety of specials at the sidewalk sale. In addition to shopping and giveaways, there will be activities for the entire Family and on-site food vendors.

"We anticipate a terrific turnout and an even better time at this year's festival," said Don Walter Jr., Fort Rucker main store manager. "It's going to be a great couple of days for the community to come together to shop, dine and just have some fun."

### Change of command

The 1st Battalion, 145th Aviation Regiment hosts its change of command May 29 at 8:30 a.m. at Howze Field. Lt. Col. Allen M. Gengler will assume command from Lt. Col. James E. Ward.

### AER closing ceremony

Fort Rucker's Army Emergency Relief Campaign Closing Ceremony takes place June 4 at 2 p.m. in the U.S. Army Aviation Museum. For more on AER, call 255-2341.

### EFMP Needs Assessment

The Fort Rucker Exceptional Family Member Program conducts its needs assessment survey now through July 1. The survey is available at <http://www.ftruckerfmwr.com/acs/exceptional-family-member-program/>. Soldiers and Families should fill out the short form online or pick up a paper copy of the survey at Directorate of Family, Morale, Welfare and Recreation facilities.

For more on the survey, call 255-9277.

### MEDPROS phone number change

Lyster Army Health clinic advises people that the phone number to the Medical Protection System office, located at Bldg. 5700, has changed. The new phone number is 255-9916. Those calling the old number will automatically be transferred to the new number.

### Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. and also the first Saturday of the month from 8 a.m. to noon, unless it falls on a holiday weekend and then the shop will be open on the second Saturday.

The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible. For more, call 255-9595.



# EFMP conducts survey to better services

By Nathan Pfau  
Army Flier Staff Writer

Fort Rucker is constantly looking for ways to better serve its service members and Family members, and one way the installation is doing that is through the Exceptional Family Member Program survey.

The goal of the survey, which runs now through July 1, is to help EFMP officials provide better services to Army Families that have special needs or disabilities, while identifying new Families that might be in need of assistance, said Marion Cornish, EFMP manager.

“This is a good opportunity for Family members to showcase their voice and add something to the program,” said Cornish. “It’s also a great opportunity for people to find out information about the program in general.”

The survey is available for people to fill out in two forms – online or on paper, she said. People can visit any of the Directorate of Family, Morale, Welfare and Recreation facilities to fill out the survey, or they can go online to do so at [www.surveymonkey.com/s/HHNKKJN](http://www.surveymonkey.com/s/HHNKKJN).

“All the surveys are anonymous, so nobody needs to feel threatened by anything,” said Cornish. “We need honest feedback.”

The survey is also meant to help decide which programs need to be focused on in light of budget constraints, she added.

“If there is a reduction in the number of hours we are available, then we need to know which services emphasis needs to be placed on,” said the EFMP manager.

The program is designed to help identify and ensure that services are available to active-duty military personnel with Family members that have special needs.

Cornish said there are different components of EFMP, some of which many Family members aren’t aware.

There is the Army Community Service side of EFMP, which pro-



FILE PHOTO

Marion Cornish, Exceptional Family Member Program manager, reads to Families during a previous year’s Story Time session for the EFMP Child Find Campaign. EFMP is conducting a survey now through July 1 to tailor its services to better care for Soldiers and Families.

vides support services like advocacy, training, referrals and respite care, she said. And then there’s the medical side, which handles the enrollment process, updates and disenrollment.

“By regulations, it’s mandatory that anyone enrolled in the EFMP program have their records updated at a minimum of once every three years or as their condition changes,” said Cornish, adding that it’s important for Soldiers to notify their medical EFMP office if a person needs to be removed from the program.

“If a Soldier’s spouse is the one with a special need, and for whatever reason that marriage ends, then it’s very important to have that Family member removed from their records,” she said. “The Army takes into consideration that Family member’s needs as a Soldier moves

throughout his or her career, and if that person is no longer part of the equation, then the Army needs to know about it.”

Another function that the medical side oversees are screenings, said Cornish, adding that many people don’t realize that their Family members need to be screened for certain conditions.

“If a Family has a child enrolled in early intervention services, whether through an Army or civilian program, they need to have that Family member screened as long as they are in the military,” she said. “Also, if a Family member is on medication for asthma, Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder, they also need to be screened for possible enrollment.”

Even people who take regular shots for allergies should be screened, said Cornish, adding



that there are many common conditions that people may not realize that they can get help for, and all

they need to do is ask. For more information, call 255-9277.

## Low rates from our Annual Car, Truck, Boat & RV Sale Extended!

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341 North Daleville Avenue, Daleville  
(334) 598-4411 [www.aacfcu.com](http://www.aacfcu.com)



*Not a member? If you live, work, worship or attend school in most Wiregrass areas, you can join.*



\*APR means annual percentage rate. Offer good for a limited time with approved credit only for loans new to AACFCU. \*\*Autos: 72 months available on new units and 1 year old on \$20,000 or more; 84 months available on new units and 1 year old on \$30,000 or more. Used Autos are considered 2 and 3 years old. \*\*Boats: Up to 60 months available on units under \$15,000; Up to 120 months available on units over \$15,000. \*\*Recreational Vehicles: Up to 60 months available on units under \$20,000; Up to 143 months available on units \$20,000-\$49,999; Up to 180 months available on units over \$50,000. AACFCU will finance up to 110% MSRP (new) or NADA (used) plus tax and title on autos only. 110% financing does not apply to recreational vehicles or boats. Certain restrictions may apply. Contact AACFCU for more information.



# Gold: Teachers recognized for dedication

Continued from Page A1

15 and 22, and officials had nothing but good things to say about the schools.

“A team of four people came in, and using rubrics and standards [they] analyzed what they saw. They also talked to all of our teachers, staff, the school board, parents of students and students,” said the primary school principal.

The celebration was held at the Corvias Military Housing facility where both school teams were presented with a certificate of appreciation from the garrison command team for exceeding all standards.

“Our children are the most valuable assets that we have and you guys take superb care of them,” said McRae. “Our message is that we do everything as a team. From us to you guys, we could not be prouder of what you have accomplished.”

Deas the ceremony was the first time the garrison has ever recognized them in this manner in her 25 years at Fort Rucker.

“We are thrilled [the garrison team] has [acknowledged us] because we did this as a team unit. We are thrilled to be model school and we hope that this encourages everyone to live on post so their children can attend our schools,” she said.

Command Sgt. Maj. Buford E. Noland has two children enrolled in Fort Rucker schools and said that both institutions are exceptional.

“We chose to live on post so our children could go to these schools. [I] am very involved in the schools and I have never seen anything that was not above the standards. We are very impressed. The people here care and they are involved. They are great people,” he said.

Superintendent Christy Cabezas attended the ceremony

ny and said that Fort Rucker schools can now help other schools improve in areas that they are weak or struggling in where Fort Rucker schools are strong.

“This shows the community the dedication that the parents have put into volunteering, the partners that come in and help our schools and the support of the garrison. We take pride in educating our students socially, emotionally and academically,” she said.

Cabezas continued by saying this accreditation will make a difference in the lives of the students because the schools will continue on the path of excellence.

“It means a lot to me that the garrison command team has reached out to show how they appreciate all that the schools do,” she said. “Teachers touch the lives of their students and the garrison team touched the hearts of the teachers and staff today with this celebration, and the command has done that.”

# Drive: Soldiers, community asked to donate

Continued from Page A1

actually step forward and do something about it?”

Seven years ago, Martin also provided a sample to be put into the registry while he attended flight school on the installation. At the time, there was another individual on the installation who suffered from a life-threatening disease.

Fort Rucker held a bone marrow drive during which Martin participated, and he said he found out later that a match was found for the individual and her life was saved — a prime example that the program works.

“What a powerful thing that we can do if we can make a life-saving change to someone in need,” said Scherot. “Seven years ago there was a life saved at Fort Rucker and that is so powerful. So why not try again? We took this project on with the full intent to

do just that.”

Odds of finding a match for anyone is very slim, said Martin, and that’s why it’s important for every possible person to donate.

“One of out 25,000 Caucasians are found to be a match, and one in 1 million of any minority are found to be matches, so the numbers are pretty against us,” he said, adding that if a person is found to be a match, he or she isn’t obligated to donate and there are no repercussions to not donating.

If a person does wish to donate, however, they will be flown to Washington, D.C., — at no cost to the unit or themselves — for the procedure at Georgetown University where additional testing will be conducted to confirm the match, said Martin.

“If you can save someone’s life, then why not?” said Scherot. “It’s a little act of kindness that has an enormous result.”



PHOTO BY NATHAN PFAU

**Soldiers at the Seneff Building provide samples Friday as part of the bone marrow drive to be sent off to the national Bone Marrow Registry. The 110th Aviation Brigade is hosting a post-wide bone marrow drive Friday from 9 a.m. to 5 p.m. at the post theater.**

# Free: Road safety kits can prove invaluable during extended trips

Continued from Page A1

“Make sure you have the proper car seat for your child’s age and weight. Have them occupied with a game or movie so they do not get bored and distract you from driving,” he said.

Road rage is another aspect of sharing the road with thousands of other drivers, but Munch advises everyone to be the bigger person and to keep their cool no matter what.

“Don’t let someone else’s actions get you to a point that you [retaliate],” he said.

Munch also advised to not provoke anyone by honking or displaying obscene gestures, and to not be the instigator.

“Be courteous on the road. If someone

tailgates you or cuts you off, don’t make the situation worse. People have been shot in road rage incidents. It is not worth it,” he said.

Munch continued by saying that technology can hinder a safe trip.

“A lot of people have global positioning systems. It is vital that [drivers] update before a long road trip. It is also a good idea to have a citizens band emergency radio. If you do not have cell service and you are out on the road somewhere a CB radio can be a priceless tool to get help,” he said.

Rest is an important factor when it comes to safe driving as well, and Munch said that it can be more dangerous than being drunk. Stop every few hours to stretch, eat and get reenergized.

“Make sure you know how your pre-


scription medicine effects you before you drive, but do not skip doses because you can be impaired if you skip even one dose while driving. So make sure you take it at the same so you can avoid side effects,” he added.

Having a road safety kit, which holds things such as road triangles and fuses, can be priceless when broken down, said the deputy provost marshal.

Other safety tips for summer driving:

- If driving an unfamiliar car, learn how to operate the lights and wipers before

- getting on the road
- Don’t excessively adjust the radio
- Avoid high traffic hours by driving early in the morning or travel the day before and after a holiday
- Do not talk on the phone or text while driving
- Don’t busy hands by eating or putting on makeup
- Don’t let passengers be a distraction
- Always have Plan B in case a tow is needed or if stranded on the side of the road for hours.



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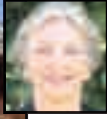
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**202 Raven ~ \$107,500**

Sparkling pool, great decks. Enjoy the summer in this 3BR/2BA that is priced to sell. Brick & vinyl for low maintenance. **PAT LEGGETT 406-7653**

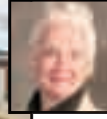
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**15 County Road 165 ~ \$242,000**

Wall to wall comfort. Your family will enjoy this 4BR/2.5BA with room to spread out. Landscaped corner lot with screened porch, patio & wood privacy fence. Wonderful neighborhood. Ready to move in. **JUDY DUNN 301-5656**

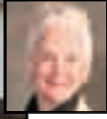
## NEW LISTING



**106 Mohegan ~ \$157,000**

Move-in ready. 3BR/2BA split plan complete with all appliances in kitchen. Gas log fireplace & security system. HUD owned property offered in compliance with Equal Housing Opportunity. **EVELYN HITCH 406-3436**

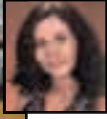
## NEW LISTING



**106 Newton ~ \$56,000**

Cute cottage on Newton Street in Hartford. 2BR/1BA with 12 x 20 room & deck added on back. Laundry facility but could be used for a large bedroom/family room. **EVELYN HITCH 406-3436**

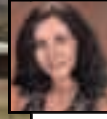
## NEW LISTING



**200 Knotts ~ \$131,750**

Open floor plan on this one level traditional home. Country living in a subdivision. Convenient to Fort Rucker & shopping areas. Ready to move in. Spacious front & back yard in cul de sac. **VA foreclosure to be sold "as is". NANCY CAFIERO 389-1758 HABLO ESPAÑOL**

## NEW LISTING



**24 Verna ~ \$66,500**

Perfect for investor or small family. Very convenient to Fort Rucker. Some TLC & this will be perfect for you. 3BR in well-established neighborhood. Fenced level lot. **VA foreclosure to be sold "as is". NANCY CAFIERO 389-1758 HABLO ESPAÑOL**

## NEW LISTING



**200 Poplar ~ \$289,900**

Lake community. Great 4BR/3.5BA home, pool, outdoor kitchen, formal dining room, screen porch. **JACKIE THOMPSON 406-1231**

## NEW LISTING



**215 Eagle Landing ~ \$119,900**

Beautiful 2BR/2.5BA townhouse in great location. Brick & architectural shingles, deck off master bedroom, clubhouse & pool access. **PAT LEGGETT 406-7653**

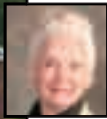
## NEW LISTING



**1676 County Road 409 ~ \$149,000**

17± acres, offers a person with vision so much, a winding paved drive leads into to house with view of the pond to the left & a noticeable blooming landscape to the right that once was a gardeners delight. There is also a workshop to the back of the house. With a little investment this could be a show place. **MILDRED OWENS 464-2121**

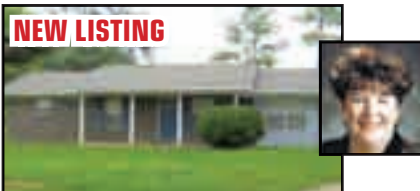
## NEW LISTING



**40 Brecken Ridge ~ \$128,000**

Looking for affordability? This 2BR/2BA end unit garden home is a HUD owned home. Need pre-approval letter from lender & then come in for me to submit your offer. Equal Housing Opportunity. **EVELYN HITCH 406-3436**

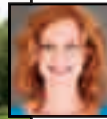
## NEW LISTING



**843 County Road 445 ~ \$73,500**

**UPDATED:** Country convenient to town, 3BR/1.5BA. Minutes from Fort Rucker, Enterprise & Dothan. Choice of Enterprise or Daleville schools. Priced to sell. **PAT LEGGETT 406-7653**

## NEW LISTING



**36 PR 1703 ~ \$329,000**

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**NEW LISTING ~ \$181,500**



**107 SIOUX:** 3BR/2BA with sitting area or nursery off master suite. Doors from MBR & grandroom to the covered back porch. Enjoy eating at the bar or in the dining area. 2 large pantries (kitchen & laundry). Laundry sink in garage for gardener or artist. Extra driveway pad for 3+ car. **EVELYN HITCH 406-3436**

**RENOVATED ~ \$94,000**



**3153 ACHEY:** Fabulous renovated town home. "New" carpet, "new" floors in upstairs bath. New light fixtures, freshly painted interior, garage & garage floor. Includes washer & dryer. Nice fenced back yard, corner unit. **DEBBIE SUNBROCK 406-9079**

**POOL ~ 4 BEDROOM ~ BRIDLEWOOD**



**163 COUNTY ROAD 556 ~ \$399,500:** Located on 1.5± acres. This spacious home come with over size crown molding, open floor plan, new carpeting & many other built in amenities, new roof added in 2011, new salt system pool, large backyard with privacy fence, corner lot! **JIMMY JONES 406-1752**

**\$133,000**



**509 DIXIE:** 3BR/2BA, living room, dining room separate or can be den. Covered deck, fenced yard. New windows, flooring, counter tops in kitchen, very clean & 2-car garage. Owner ready to sell. Must see. **ANGIE GOODMAN 464-7869**

**\$119,900**



**104 CAMBRIDGE:** Really well maintained 3/2 close to everything: schools, churches, hospital, shopping, golf. Updated kitchen & appliances, new flooring, privacy fence, & a screened in room added in 2009. New roof & vinyl siding in 2004, new A/C in 2009. Come see this pretty & functional home with its inviting & relaxing screened in room. What a great place to enjoy back yard fun with friends! **JAN SAWYER 406-2393**

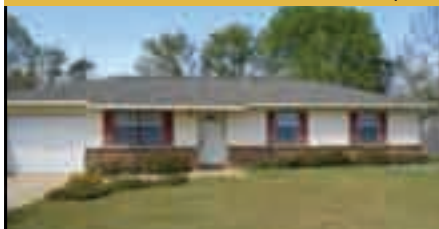


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**POOL ~ NEW LISTING ~ \$107,500**



**202 RAVEN:** Sparkling pool, great decks. Enjoy the summer in this 3BR/2BA that is priced to sell. Brick & vinyl for low maintenance. **PAT LEGGETT 406-7653**

**NEW CONSTRUCTION ~ \$259,500**



**113 BROOK LANE:** Under construction, on the way to Fort Rucker through back gate. Sommer Brooke: 4BR/3BA, granite counter tops, walk-in closet, laundry room, 2-car garage, gas water heater. **Billy Cotter 347-2600.** Owner is licensed residential home builder & REALTOR in the state of Alabama.

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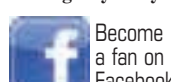


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MAY 16, 2013

# Nurse goes from hospital to helicopters



PHOTO BY SGT. LUKE ROLLINS

**Capt. Lani Pineda, an en route critical care nurse from the 30th Medical Command, TF MED-A, and attached to Foxtrot "Jigsaw" Co., 1st Bn., 169th Avn. Regt., New York National Guard, TF Falcon, prepares the inside of a UH-60 "Black Hawk" helicopter for a medical evacuation mission April 25 at Combat Outpost Shukvani, Afghanistan. Pineda, an Olympia, Wash., native, is in Afghanistan and working in helicopters for the first time.**

**By Sgt. Luke Rollins**  
*3rd Combat Aviation Brigade*

COMBAT OUTPOST SHUKVANI, Afghanistan — It took a night medical evacuation mission in Helmand province, Afghanistan, for all of Capt. Lani Pineda's hopes and fears from becoming an Army en route critical care nurse to materialize.

She had left the Air Force a year earlier, she said, after seeing the Army nurses in Balad, Iraq, stepping off helicopters disheveled and triumphant from their successful missions.

"I saw them and I said to myself, 'Oh — I want to do that,'" said Pineda, an Olympia, Wash., native, who deployed to both Iraq and Germany in a hospital setting before coming to Afghanistan.

A year later Capt. Pineda found herself in a Helmand poppy field, her UH-60 "Black Hawk" helicopter swal-

lowed in darkness but an obvious target to any nearby enemy.

"As soon as they opened the door, the poppy just flew in and filled the inside of the helicopter," she said. "I like to think I'm gung-ho and I can go to those places, but for a moment..."

Once they were airborne in the helicopter, however, her training took over. She and the flight medic from "Jigsaw" Dustoff based out of Combat Outpost Shukvani worked together, combining her familiarity with hospital methods and machinery with the medic's emergency trauma care to stabilize the patient. All in a third of the time it might have taken either one of them alone.

Pineda, an en route critical care nurse from the 30th Medical Command, Task Force MED-A, and attached to Foxtrot "Jigsaw" Company, 1st Battalion, 169th Aviation Regiment, New York National Guard, Task Force Falcon,

is one of eight nurses in Afghanistan bringing clinical experience to medical evacuation units on the front lines.

It is Pineda's first Afghanistan deployment and her first time working with a medical evacuation unit. The mentorship she has received from Jigsaw has been invaluable, she said.

Sgt. Christopher Wareing, a New Hampshire National Guard flight medic and flight instructor with "Jigsaw," said working with Pineda was easy because of her enthusiasm to learn.

"She came in with an open mind and a high level of respect for what we do," said Wareing. "She wanted to know how she could squeeze her emergency room, critical care and [intensive care unit] knowledge into the back of a helicopter."

Although she came to supplement the "Jigsaw" crew through education

SEE HOSPITAL, PAGE B4

# Guard opens new training facility

**By 2nd Lt. Skye Robinson**  
*Joint Force Headquarters — Colorado National Guard*

GYPSUM, Colo. — Senior Colorado National Guard officials, community leaders and World War II veterans cut the ribbon at a new state-of-the-art Aviation training facility at the Eagle County Airport in Gypsum, Colo., April 26.

The \$39 million facility is the new home of the High-altitude Army National Guard Aviation Training Site.

HAATS is the only Department of Defense school that conducts power management and environmental training at high altitudes.

"The environment must be mastered to achieve harmony and balance, both for victory on the battlefield and for the way we live and integrate with the community and the environment we fly our aircraft in," said retired Colorado Army National Guard Brig. Gen. Joel Best, former HAATS commander.

HAATS trains military rotary-wing pilots from around the world, giving pilots the knowledge and confidence to safely operate their aircraft at maximum gross weights in any environment, especially at high altitudes. This critical mission provides life-saving combat skills to American and allied pilots serving in mountainous Afghanistan and other challenging environments worldwide. Additionally, as part of their state mission, HAATS pilots and crews conduct numerous search and rescue and occasional wildland firefighting operations in the mountainous regions of Colorado.

"This school makes it possible to ensure the safety of our most precious resources: our nation's sons



PHOTO BY MASTER SGT. CHERESA D. THEIRAL

**(Left to right) Retired U.S. Army Brig. Gen. Joel Best, U.S. Army Lt. Col. Joshua Day, U.S. Army Maj. Tony Somogyi, U.S. Air Force Maj. Gen. H. Michael Edwards, Sara Fisher, U.S. Army Brig. Gen. Dana Capozzella, and former U.S. Army Sgt. Dick Dirkes and Chief Warrant Officer 2 Dick Over cut the ribbon at the High-altitude Army National Guard Aviation Training Site in Gypsum, Colo., April 26.**

and daughters," said Assistant Adjutant General of Army Brig. Gen. Dana Capozzella, commander of the Colorado Army National Guard. "The training performed here increases the safety of the Aviation missions performed by our brave service members."

The project provided an immense economic benefit to the Vail Valley bringing more than 700 jobs totaling just under \$8 million, most of which went to small businesses in the local area, said Mark Schoenrock, chief of contracting for the U.S. Property and Fiscal Office.

According to Eagle County Commissioner Sara Fisher, the mis-

sions performed by HAATS, and the Soldiers assigned there, impact the community daily.

Fisher noted that in calendar year 2012 alone, HAATS aircrews launched 12 search-and-rescue missions, saving nine lives and recovering three bodies, while providing assistance to seven surrounding counties and rescue organizations.

Gypsum Mayor Pro Tem Dick Mayne noted the importance of the Soldiers who live and work in the small community and who, in addition to raising their families, coaching athletic teams, helping in schools, helping their neighbors, and attend churches in the area,

also perform search-and-rescue missions, fight wildfires and "save our nation hundreds of millions of dollars and countless lives by training U.S. and allied pilots to fly at high altitudes at maximum safety and efficiency with their crews."

HAATS Commander Army National Guard Maj. Tony Somogyi said the new, 14-acre facility will allow the HAATS staff to more efficiently and effectively conduct operations, expand student capacity from approximately 400 to up to 800 students per year.

Further, the new maintenance

SEE FACILITY, PAGE B4

# 'Hot fuel' saves time, gets choppers back training quickly

**By 1st Lt. Kat Kaliski**  
*Army News Service*

NORTH FORT HOOD, TEXAS — The launch of a new forward area refueling point here reduces 20-minute helicopter refueling times down to just four while pro-

viding actual training conditions found in a combat zone.

Through a partnership with the 13th ESC's 53rd Quartermaster Co. and the 166th Aviation Brigade, pilots no longer have to fly to fully power-off, and exit their helicopters to conduct a refuel. The

longer process is known as a "cold fuel" since the aircraft is turned off and is cold, so-to-speak.

"Now, pilots and crew remain on-board their helicopter with the motor running while a support unit trained in the area of fuel and support logistics quickly replen-

ishes the fuel supply," said CW4 William Noyer, 166th Avn. Bde.'s Aviation materiel officer.

"The process is known as 'hot fuel' since the helicopter keeps running," he said. "This process happens every day throughout the Army, but is new to North Fort Hood. It saves time, which allows pilots to get back into the training mission sooner than before."

The process also saves the Army considerable money and preserves valuable training hours lost while flying to civilian airfields said Maj. Gen. Warren E. Phipps Jr., Division West Commanding General.

Pilots appreciate the new FARP, because they no longer have to take time out of training to get fuel far away, Noyer said. The FARP also serves to train the 13th ESC's fuel handlers.

The majority of the 166th's battalions spend most of their time training National Guard and Reserve units mobilized for deployment overseas at North Fort Hood. Roughly half of the Army's Aviation Force is in the reserve component and all of those Aviation units mobilizing for deployment do so under the watchful eyes of 166th Aviation trainers.



PHOTO BY 1ST LT. KAT KALISKI

**Pilot CW3 Trevor Jon Saari and Co-Pilot CW4 William Noyer of the 166th Avn. Bde. wait in a Black Hawk helicopter while their Crew Chief Staff Sgt. Duston Watson monitors members of the 13th ESC's 53rd Quartermaster Company conducting fuel support operations at North Fort Hood, Texas, at the new forward area refueling point.**

# Army pushes sexual assault prevention

**By C. Todd Lopez**  
*Army News Service*

WASHINGTON — Army surveys show that Soldiers are more willing now to report they've been the victim of sexual assault, but the service is still not happy with its efforts to eliminate such crimes within the ranks.

"It's hard to capture a single emotion," said Secretary of the Army John M. McHugh, addressing lawmakers on Capitol Hill, May 8. "All of us, we're frustrated, we're angry — but what we aren't is dissuaded from continuing the fight and meeting the challenge. This is so contrary to everything upon which the Army was built."

"To see this kind of activity happening in our ranks is heart wrenching and sickening," McHugh continued. "We've tried and will continue to try to approach this at virtually every level."

To increase our effectiveness in addressing sexual assault Army leaders are aggressively enforcing the Army's Sexual Harassment/Assault Response and Prevention program while implementing new initiatives announced May 7 by the Department of Defense, said Carolyn Collins, director of the Army's SHARP program.

"The Army's portion of the Department of Defense Annual Report on Sexual Assault for fiscal year 2012, shows increasing effectiveness in combating sexual assault," Collins said. "However, we realize there's still more work to be done to combat sexual violence. The Army will continue to work with DOD to ensure Army efforts align with the DOD strategy and the secretary of defense initiatives."

Under reporting of sexual assault remains a national issue and is also a challenge for the Army. However, Army surveys show that between 2009 and 2012 female Soldier's "propensity to report" having been the victim of sexual assault has increased from 28 percent to 42 percent. That increase means Soldiers are more comfortable with their chain of command and are more willing now to report both, as well as other examples of unwelcome physical contact of a sexual nature. While both the Army and

SEE PREVENTION, PAGE B4



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# Hospital: Soldier thankful for opportunities

*Continued from Page B1*

and in doing so expand their scope of practice, Pineda said she feels she is the one who is doing the learning.

“It’s such a humbling experience,” she said. “I think they teach me more than I teach them.

“Watching them save lives and knowing that I’m a part of it is amazing. They’ve really been like a Family to me in the short time that I’ve been here,” she said.

For his part, Wareing said her presence has led to an upswing in the unit’s morale. In the evenings the flight crews often come together for a few rounds of the game “Catch

Phrase,” and the laughter inevitably follows.

She’s just got the knack for it, said Wareing.

“She’s excited to [bring people together], because she just wants everyone to have a good time,” he said.

Pineda said it’s just her nature.

“I love to talk to people, I love to help them out — it gives me a high,” she said.

It’s what led her to become a nurse in the first place.

“The more I looked at the medical field, I saw how nurses played a role in patient care,” Pineda said. “To know that is your job as a nurse, to care for people physically, emotionally, spiritually — it’s one of those few jobs where you can

honestly say you’ve changed somebody’s life.”

Practicing in Afghanistan has thrown her motivation into relief. She said the bare bones immediacy of medical evacuation and the exhilaration of saving lives reminds her every day of this motivation. A nurse and a Soldier, Pineda said she is proud of her contribution to the International Security Assistance Force’s mission in Afghanistan.

“I wanted to say I put my combat boots to work,” said Pineda. “How many nurses can say they flew in a helicopter in Afghanistan, and landed in a poppy field? To have these memories and know what I did — I’m fortunate to have had the opportunity to be here.”

# Facility: Annual student capacity to double with new project

*Continued from Page B1*

hangar is sized to accommodate four CH-47 Chinooks or eight UH-60 Black Hawks, whereas the old hangar could only comfortably accommodate one helicopter - but commonly held a creative arrangement of a few small helicopters at once.

On-site billeting has also increased from six rooms to 34 rooms.

HAATS trains Aviators from all components of the U.S. military and international military students. With the addition of a full-time Coast Guard instructor pilot in 2011, HAATS is also a joint training school.

Planning for the new facility started in 2005 and was done

in close coordination with Eagle County, the Town of Gypsum and the Eagle County Airport. The federal contracting process included project master planning, architectural and engineering firm selection, architectural and engineering design execution, and construction contractor selection.

“Today we have a facility that rivals the world-class training area that we see outside. It’s known around the world,” said Best. “The time, funding and energy provided have yielded a facility that embodies the rugged courage of our 10th Mountain Division soldiers who training for a special type of mountain warfare and they are the catalyst for what we do today. The same concept and ideal for why

they had to create special mountain warfare training for our Soldiers in World War II exists today for the Aviation Soldiers we train around the world.”

He also noted the Native American elements in the facility that were inspired by Native American sites in Colorado.

Jacobs Engineering of St. Louis was the architectural engineering firm that designed the project and provided construction administrative services.

The construction contractor was Hensel Phelps Construction Company, of Greeley, Colo.

Scope of the project comprised a 101,600-square-foot Aviation training facility that included administrative areas, classrooms, a

flight operations section, maintenance hangars, allied maintenance shops and lodging rooms. Exterior facades of the facility are a combination of stone, glazing, translucent panels, pre-cast concrete panels, and metal panel systems, and incorporated stone and flora native to Colorado to display the state’s unique aesthetics.

Site improvements include grading, utility services, control gates, a parking lot, access roads, concrete aprons, helicopter tie-down pads, dry-stack stone feature wall and miscellaneous landscaping. The project is projected to achieve at least a Leadership in Energy and Environmental Design Silver rating, fully certified through the U.S. Green Building Council.

Construction commenced in September 2011. The Topping-out ceremony was held in April 2012.

Included in a display near the front entrance is a nod to the 10th Mountain Division, America’s original high-altitude Soldiers, who were stationed at nearby Camp Hale and fought in World War II.

“This is a crown jewel for training and making sure our (military) Aviators can operate safely in difficult conditions,” said Adjutant General of Colorado Air National Guard Maj. Gen. H. Michael Edwards, who commands the Colorado National Guard.

The Eagle County Airport, shared with HAATS, is the second busiest airport in Colorado during ski season.

# Prevention: Army works to stop sexual assault before it happens

*Continued from Page B1*

the DOD believe the increase is a positive step, the Army is moving ahead on efforts to bolster its SHARP program by embedding more than 800 additional full-time positions across the Army, Collins said.

As part of FY2012 National Defense Authorization Act, Collins said, there was a requirement to man two full-time positions per brigade — to include a victim’s advocate and a sexual assault response coordinator.

“We have the manpower requirements to meet current FY12 NDAA legislative requirements and are meeting the requirements with an interim brigade military SARC and VA manning,” Collins said. “In FY12, we programmed full-time personnel assets for FY14-18 as we transitioned

from a contract supported program to a government program. Leaning forward in this effort, the vice chief of staff of the army directed commands to begin hiring in FY13.”

There are also full-time “special assault investigators,” as part of the U.S. Army Criminal Investigation Command, to investigate sexual assault crimes, as well as special victims prosecutors who only address sexual assault crimes.

“These assets provide special victim capability support to victims and commanders. They are augmented by highly qualified experts both in Judge Advocate General and CID to work on accountability of these crimes,” Collins said.

To ensure accurate and timely processing of DNA evidence, she said, the Army

has about 32 sexual assault lab examiners in Atlanta. And in medical treatment facilities, she said, there are sexual assault care coordinators and sexual assault clinical providers — both of which are collateral duty positions.

Collins said the Army continues to add resources in support of its prevention, advocacy, investigation, accountability and assessment efforts.

## Prevention

The Army does more than just investigate sexual assaults, Collins said. It’s also working to stop them before they happen. That involves aggressive training at all levels across the Army, from entry-level Soldiers in basic training, to generals at the highest levels of command, and civilians as well.

“We have about five levels of echelon, coming in from a new recruit or a new officer or a new employee up to the senior levels of general officer, senior noncommissioned officer, senior civilians,” Collins said.

Augmenting that is unit-training, both annual and self-study, she said. Additionally, there is pre- and post-deployment training and orientation training that Soldiers receive whenever they join a unit.

“We’ve done some extensive training across the board to include include everything from specialized training for cadre, instructors, in our school houses — and core competencies for our commanders... as well as for our senior enlisted personnel,” Collins said. New core competencies were implemented in March in all leadership courses and pre-command courses.



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MAY 16, 2013

# Summer fun

## CYSS offers plethora of summer activities

By Sara E. Martin  
Army Flier Staff Writer

Summer vacation can often leave children hungry for entertainment and excitement, so Fort Rucker Child and Youth School Services offers many events and trips for children and teens to keep their minds and bodies active.

The Schools of Knowledge, Inspiration, Exploration and Skills program offers many ways for children to build confidence, self control and self esteem, said Sheila Shepard, SKIES instructional program specialist.

“Our SKIES programs are non-competitive, fun and enjoyable,” she said. “When children are busy and involved in activities, they seem to be able to be more productive, and better at handling stress, peer pressure and overcoming obstacles that they face daily.”

Any child that is registered with CYSS can be signed up for SKIES.

“Parents may enroll their child in any activity and as many activities that they prefer,” Shepard said. “Parents must register their child at parent central services in Bldg. 5700, Rm. 193,” Shepard explained. “Parents must have a copy of a current immunization record and health physical.”

The SKIES program is different from off-post curriculums because of the price.

“We try to offer the best instruction for the lowest cost,” she said. “We try very hard to offer a wide variety of activities that will interest everyone. Each member of our staff is qualified, educated and certified in their area.”

Some of the courses offered this summer are:

- Boxing on Wednesdays from 5-6 p.m.
- Tutor in math and reading on Thursdays from 10 a.m. to 5 p.m. Fee is \$38 a month.
- Piano and guitar lessons on Tuesdays, Wednesdays and Thursdays from 10 a.m. to 5 p.m. SKIES will furnish the instrument. The class is a one-on-one 30-minute lesson. Fee is \$53.
- Golf on Tuesdays from 8-8:30 a.m. Fee is \$22 a month.
- Tennis on Wednesdays from 7:45-8:30 a.m. Fee is \$22 a month.
- Zumbatonics on Mondays from 4-5:15 p.m. Fee is \$15 a month.
- Tae Kwon Do on Tuesdays and Thursdays 3-3:30 p.m. for 3-5 year olds, 3:45-4:15 p.m. for 6-7 year olds, 4:15-4:45 p.m. for 8-9 year olds and 5-6 p.m. for 10 to 18 year olds. Fee is \$25 a month for a 30-minute class and \$38 a month for a 60-minute session.

The youth center at Bldg. 2800 will hold summer camps from May 28 to August 16. Breakfast and lunch will be served during the camps, which is included in the price.



PHOTO BY SARA E. MARTIN

Emily Anderson, 6, practices gymnastics on the balance beam during her lesson Friday at the school age center.

“The camps start every morning at 7 a.m. and go to 1 p.m. After 1 p.m., we go into our open recreation, which is free,” said Eugene Johnson, youth center facility director, adding that open recreation will be all day on Saturdays.

“We will be doing as many inside things as outside things, so children never get tired of something,” he continued. “Besides learning a new hobby, the teens will be exposed to leadership opportunities, expand their understanding of the four core school subjects and they will better their interpersonal skills.”

There will also be mini-camps where the children will choose what they want to do.

“Some of the activities include archery, swimming, arts and crafts, building rockets, cooking, a multitude of sports, sewing, photography, robotics and jewelry making,” Johnson said.

Field trips will also be a part of the camp. Food will be provided for campers on trips, so extra money will not be needed to be sent with them.

“Our program is on the cutting edge and one way we show that is the amount of trips we are going on. Some-

times two or more a week,” said Pam Williams, coordinator for CYSS.

Trips for the camps include, but are not limited to, Wonderworks, Big Kahuna’s, Water World, Ripley’s Believe it or Not, Shipwreck Island and Montgomery Zoo.

Children must be enrolled in the camps to go on the field trip for that week, said Johnson.

The camp rates are determined by parent income, ranging from \$26 to \$70 a week, and include all trips.

“We will separate the younger children from the older teens when we go on trips. When one group is out the other will stay here and do a mini-camp and vice versa,” said Linda Ivy, teen assistant director and training specialist.

Williams said that the participants will never be bored at the camp, and that they will always be engaged.

“They will have new experiences and will meet new friends, and may even become part of new groups. They can even learn new skills,” she said. “They will learn confidence and how to deal with others through tolerance and in a peaceable way without name calling or bullying.”

Camp registration is now open. For more information or to register, call 255-2243.

## Youth center features caring staff, things to do

By Sara E. Martin  
Army Flier Staff Writer

From analyzing data to kicking around a soccer ball, or sewing to video games the youth center at Bldg. 2800 offers something for all children on Fort Rucker at no cost.

The center is a place where youth can go and interact with other children their age, as well as make new friends to hang out and have fun with, said Linda Ivy, teen assistant director and training specialist.

“We offer a variety of activities after school that children can choose from to participate in,” she said. “And we have a caring staff here. They interact with the kids and the kids trust our staff.”

The center is a state-of-the-art facility with brand new equipment, and up-to-date games and gaming systems.

The center is for teens ages 11-18, and has a 1-to-15 adult-to-child ratio. Children of DOD identification card holders, non appropriate fund employees and contractors are allowed to use the facility as long as they are registered with child, youth and school services.

“Children can do everything from fast-paced activities to homework if they wish,” said Pam Williams, coordinator for CYSS. “They have the opportunity to participate in 4-H activities, Boys and Girls Club activities, we go on a lot of field trips and we have big events like lock-ins and block parties.”

Williams said the center is a place where youth can express themselves away from home and where they are stimulated creatively, mentally and physically.

“We have organized activities, but we also



PHOTO BY SARA E. MARTIN

Teens play a game of foosball Friday at the Fort Rucker Youth Center.

have free time where they can choose what they do. There is a plan every day where we introduce a project,” she said. “Everyone can find what they are looking for at the youth center. There are so many different activities and programs and clubs, we have something for everyone.”

The facility includes a full gymnasium with a rock climbing wall, a teen lounge, a demonstration kitchen, an outdoor lounge, a common area, a technology lab, an arts and crafts room, an interactive physical fitness room, a homework center and an entertainment center.

The 22,500-square-foot building is one-of-a-kind for the local area, Williams said.

“It is just amazing. There is so much room for individual growth here,” she said, adding that trips to the movies and to local restaurants are common.

The hours of the youth center this summer beginning June 1 are Mondays through Thursdays 1-8 p.m., Fridays 1-10:30 p.m., and Saturdays 1-11 p.m.

The at-risk hours after school and during the summer tend to worry parents. If their child comes here, they know exactly what they are doing, where they are, that they are getting fed and are being supervised,” said Williams.

Officials all agreed that one of the best things about the center was its ability to con-

nect children from different backgrounds.

“They can meet kids from other schools or grades. That is a big bonus for the teens – to meet people they might have never met otherwise,” said Eugene Johnson, youth center facility director.

Staff at the facility help children who are shy to fan out and try new things and meet new people so they can feel more comfortable in social settings, added Williams.

“It offers another sense of belonging outside of school where they may not have many friends,” she said. “And the teenagers have their own lounge, which caters to children 13 and older, where they can escape some of the younger participants to get to know each other.”

For older teenagers, the center offers many ways to boost a resume. The center has programs that directly help teens prepare for college life and going into the workforce.

There are many choices when it comes to volunteering, an aspect that may appeal to teenagers about to leave for college.

“Volunteerism looks great on a college application, and through our center teens can have fun with their friends while they help out the community in a manner of different ways,” said Johnson.

The center also has different leadership positions available through its clubs and mini organizations for teens to expand their public speaking skills and confidence.

“Leadership is a quality that many colleges and entry-level positions look for when they are interviewing candidates,” said Williams. “It can distinguish one person from another. There are many opportunities here where teens can stand up and take the lead.”



# ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

## Fort Rucker Health Expo

The Directorate of Family, Morale, Welfare and Recreation hosts the Fort Rucker Health and Fitness Expo today from 2-7 p.m. at the Fort Rucker Physical Fitness Facility on Andrews Avenue. The expo will include screenings, demonstrations, children's activities and more. The event will feature local, health-focused groups and individuals that include chiropractors, massage therapists, pharmacies, health food retailers, optical shops, fitness centers, health care providers, pediatricians, etc. The expo caters to men, women and children, and is open to the public.

For more, call 255-9810.

## Newcomer's Welcome

Army Community Service hosts the Newcomers Welcome every third Friday of the month from 8:30-10:30 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and Family members are all encouraged to attend the event. A free, light breakfast and coffee will be served. For free childcare, register your children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the event.

For more, call 255-3161 or 255-2887.

## Children's Book Week

The Center Library will celebrate Children's Book Week through Saturday. Children can enter a contest to guess how many pieces of candy are in a jar, check out books and enter a drawing to win a prize. They can also pick up a story starter from the library and complete the story using their imaginations. The stories will be judged on creativity in the following age groups: 3-5, 6-8, and 9-11. Stories must be completed and brought to the Center Library by Friday. Winners will be chosen Monday. Participants do not need to be present to win. Story starters can be picked up at the Center Library.

For more, call 255-3885.

## Taco Bar Tuesday

Every Tuesday, The Landing Zone will offer Taco Tuesday, featuring \$2 tacos (beef or chicken) beginning at 5 p.m. There will be a bar set up for guests to serve themselves with shredded lettuce, tomatoes, cheese, sour cream, guacamole, etc. People can make it a meal by adding black beans and rice for only \$1.95. The LZ will also have \$2 chips and queso. Specials are applicable only with the purchase of a beverage. The special is not valid with any other coupons or promotions and is for dining in the LZ only.

For more, call 598-2426.

## BOSS Black & White Masquerade Ball

The Fort Rucker Better Opportunities for Single Soldiers will host a Black & White Masquerade Ball Saturday from 8 p.m. to midnight at Divots at Silver Wings Golf Course. The ball will be a formal-semi-formal red carpet event. The event will include hors d'oeuvres, a masquerade mask, a 4 x6-inch photo and a walk down the red carpet. Ticket price is \$20. The event is open to the public ages 18 and over.

For more, call 255-9404.

## Steak Night

Every Monday starting at 5 p.m. is Steak Night at The Landing Zone. The special features an 8-oz. Flat Iron Steak with a baked potato or fries for \$8, with the purchase of a beverage. Add a side salad for an additional \$1. Other sides are also available for purchase. This special is limited to the first 100 guests per night,



FILE PHOTO

## Lake Fest

Then-Capt. Brandon Mace and his wife, Krissi, work the pedals of a paddle boat while their children ride on the back at the 2011 Lake Fest. The Directorate of Family, Morale, Welfare and Recreation hosts this year's Lake Fest at West Beach, Lake Tholocco Saturday from noon to 6 p.m. The event kicks off the summer with a day of games, swimming, vendors and inflatables, and also features a Sandcastle contest and volleyball tournament. Admission is free, as is the use of life jackets, canoes and paddle boats. Lake Fest is open to the public. For more, call 255-1749.

is available for dine in only and limited to one per guest. The offer is not valid with any other coupons or promotions.

For more, call 598-8025.

## Command Team Spouses Seminar

Army Community Service hosts a Command Team Spouses Seminar Wednesday and May 23 from 8:30 a.m. to 2:30 p.m. at The Commons, Bldg. 8950 on Fifth Avenue. The Command Spouses Seminar is designed to provide enlisted and officer spouses with the information and skills they need to take on the role of an informed, involved, productive and proactive member of the Army command team. This interactive training will include information on such topics as: structure of the Army, communication, role of the command spouse, conflict management, courtesies and protocol, etc. Advance registration is required.

For registration and childcare information, call 255-2382.

## HIRED! prerequisite training

Fort Rucker Child, Youth, and Schools Services' HIRED! Apprentice Program offers its prerequisite training May 28-30 from 4-6:30 p.m. at the youth center in Bldg. 2800 on Division Road. The 12-week HIRED! Apprentice Program provides real-life, hands-on work experience. Teens may sign up at parent central services in Bldg. 5700, Rm. 193.

For more, call 255-9638.

## Youth summer camp

Youth services offers summer camp Mondays-Fridays from May 28 to Aug. 9 at the youth center in Bldg. 2800 on 7th Avenue. Camp hours will be 7 a.m. to 1 p.m. There will be free open recreation beginning at 1 p.m. Camps will include: archery, ultimate flying disc, flag football, volleyball, basketball, money management, beading, fine arts, preventing cyber bullying, rockets, computer recycling, renewable energy, photography, robotics, anime pro/Studio 6, Flight Simulator/Microsoft Office Suite, arts and crafts, performing arts, culinary arts, sewing, scrapbooking, softball and rock climbing. Field Trips will also take place on Wednesdays and Fridays. Camp fees are based solely on income.

For more, call 255-2245.

# DFMWR Spotlight

## Sign up today!



## May 28<sup>th</sup> - August 9<sup>th</sup>

The Youth Center and School Age Center will be hosting Summer Camps. Camps may include archery, ultimate frisbee, rock climbing, arts and crafts, performing arts, various sports, computer classes, photography and more! Fees are based on the total family income.

### Where do I sign up?

Parent Central Services (Bldg. 5700, Rm. 193), the Youth Center or School Age Center.

A valid CYSS membership is required for participation. No health assessment or immunization record required for 11-18 year olds, unless participating in Youth Sports. For more information on registration call CYSS, 255-9638.



**Youth Center (Bldg. 2800), 255-2271/2260**  
**School Age Center (Bldg. 2806), 255-9108/9127**  
[www.ftruckermwr.com](http://www.ftruckermwr.com)





COURTESY PHOTO

# Pick-of-the-litter

Meet Stark, a 2-year-old male Catahoula mix. He is super sweet and smart, and is a certified charmer. He loves to lay down by his people's feet and get belly rubs. Stark is \$81 to adopt, which includes neutering, a microchip and heartworm testing. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's website at <http://www.facebook.com/fortruckerstrayfacility/> for updates on the newest animals available for adoption.

Visit us online at [www.armyflyer.com](http://www.armyflyer.com).

**Marianna SATURDAY**  
**Municipal Airport FLY-IN MAY 18**  
**9AM - 4PM**



**FLY-IN PRIZES**

**FREE EVENT**

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**Hear Ye, Hear Ye!**

**Calling all kids of Fort Rucker and the Wiregrass Community**

Your presence is requested for a  
**"Wilderness Tabernacle Adventure" at Vacation Bible School**

June 10-14, 2013  
8:30 am – 11:30 am

Main Post Chapel Complex  
(Buildings 8939/8940)

Ages:  
Kindergarten thru Grade 6

To register, volunteer, or for more information, call  
Nancy Jankoski, 334-255-3946

United States Army Aviation Center of Excellence  
Fort Rucker, Alabama

**Fort Rucker**

**VBS**

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- Enroll based on child's Fall 2013 grade
- Parent-Child option for those with preschoolers and special needs

**VOLUNTEERS NEEDED**  
Free Admission!

## Religious Services

### WORSHIP SERVICES

Except as noted, all services are on Sunday.

### HEADQUARTERS CHAPEL, BUILDING 109

Multi-Cultural Worship Service 8 a.m. Sunday.

### MAIN POST CHAPEL, BUILDING 8940

9:30 a.m. Catholic Mass Sunday  
11 a.m. Liturgical Worship Service Sunday  
12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic Confessions  
Saturday 5 p.m. Catholic Mass Saturday.

### WINGS CHAPEL, BUILDING 6036

9:30 a.m. Protestant Sunday School  
10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

### SPIRITUAL LIFE CENTER, BUILDING 8939

9:30 a.m. Protestant Sunday School  
10:45 a.m. CCD (except during summer months).

### BIBLE STUDIES

9 a.m. Protestant Women of the Chapel, Wings Chapel, Tuesday 11 a.m. Above the Best Bible Study, Yano Hall, Wednesday 1 a.m./6 a.m. Adult Bible Study, Spiritual Life Center, Wednesday noon/1 p.m. Adult Bible Study, Soldier Service Center, Wednesday 5:30 p.m. Catholic Adult Bible Study, Spiritual Life Center, Wednesday, 5:30 p.m. Youth Group Bible Study, Headquarters Chapel, Wednesday 6:30 p.m. Chapel Next (Meal/Bible Study), Wings Chapel, Thursday 9 a.m. Adult Bible Study, Spiritual Life Center, Thursday.

### Fort Rucker Protestant Men of the Chapel

Fort Rucker Protestant Men of the Chapel meet the first Saturday of each month in the Fort Rucker Spiritual Life Center, from 8-9 a.m. Men are encouraged to attend for a time of fellowship and a short devotion. Free breakfast is provided.

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FOR SALE OR LEASE



**111 WOODRUN DRIVE**, This 2 BD/2.5 BA townhome comes with refrigerator, stove, garbage disposal, dishwasher and patio. Lawn care, pest control, use of clubhouse and pool included. Pets Neg. with non-refundable pet fee!

FOR RENT



**228 WAKEFIELD WAY**, This 2 BD/2 BA townhome comes with washer and dryer, refrigerator, microwave, stove, garbage disposal, dishwasher, patio, and fence. Lawn care, pest control, use of clubhouse and pool included. Pets Neg. with non-refundable pet fee!

FOR RENT



**152 S SPRINGVIEW DRIVE**, This 2 BD/2.5 BA townhome comes with washer and dryer, refrigerator, microwave, stove, garbage disposal, dishwasher, patio, and fence. Lawn care, pest control, use of clubhouse and pool included. Pets OK with non refundable pet fee!

FOR SALE OR LEASE



**203 GRITNEY, DALEVILLE** This 3 BD/2 BA Home features a living room with fireplace, stainless appliances, Bonus room, that can be used for extra bedroom, office or playroom, Utility/Laundry room, 2 car garage and a large back yard with privacy fence. Dogs OK with non-refundable pet fee!

FOR RENT



**11083 CO RD 1**, This 3 BD/2 BA Home features a living room, dining area, fireplace, stove, refrigerator, dishwasher, garbage disposal, utility/laundry room, washer/dryer connections only, carpet, ceramic tile, single car garage, central heating and cooling, fence, and patio. Pets OK with non-refundable pet fee!

RENT REDUCED



**105 BRIARWOOD DRIVE, "MOVE IN SPECIAL"** This 3 BD/2 BA Home includes a living room, family room, dining area, stove, refrigerator, microwave, dishwasher, garbage disposal, utility/laundry room with washer and dryer, patio, carport. **Yard care Included!!** Pets Neg. with non-refundable pet fee!

## Church Directory

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**1 Corinthians 11:1**

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Nursery Care: During all services

217 S. Main St • Enterprise, AL  
Office: 334-347-3467  
[efumc@adelphia.net](mailto:efumc@adelphia.net)  
Prayer Line (24 Hours) 334-393-7509

Call 347-9533 to advertise your church on this page.



# Wiregrass Museum of Art hosts WWII exhibit

## Wiregrass Museum of Art Press Release

The Wiregrass Museum of Art hosts Five-Star Salute to Veterans and World War II, Associated Press Exhibition Sunday from 2-4 p.m.

The event features an outdoor concert by 98th Army “Silver Wings” Band along with an opening reception saluting all veterans.

Admission is free.

Sent around the globe to cover World War II for the Associated Press, the world’s largest news service, were almost 200 reporters and photographers. Five reporters lost their lives and seven won Pulitzer Prizes, including Joe Rosenthal.

Rosenthal climbed up Iwo Jima’s Mount Suribachi to take the flag-raising photo that became the emblem of American victory and is one of the most famous photos of all time.

As the main source of news coverage on the war, The AP offered Americans a daily view of the conflict through photographs by its own photographers and by

photographers in the U.S. Armed Services.

This also included images from the world press that otherwise would not have been seen. The best of these images make up this exhibition.

Chuck Zoeller, director of The AP Photo Library and curator of the exhibition, says the images were taken from tens of thousands of pictures in The AP Archives, including material from AP photo files in Europe and Asia.

Many of these images have not been seen since the war.

“Our objective was to bring back for the reader the immense scope as well as the individual tragedy and challenge of World War II. We wanted to create a photographic record that allows a younger generation to better understand the sacrifices made by men, women and children in all the nations touched by the conflict...” Zoeller said.

A guided tour of WWII will take place June 4 at 11 a.m. at the Associated Press Exhibit.

For more information, call 794-3871.



PHOTO BY TOM FITZSIMMONS

## WIREFRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

### ANDALUSIA

**FRIDAY AND SATURDAY** — The Andalusia ballet’s Spring Showcase celebrates the enthusiasm of youth and is a treat of movement, color and sound. The May 17 show will begin at 7:30 p.m. and the May 18 show will begin at 2:30 p.m. Both shows will be held at the Dixon Center for Performing Arts.

**ONGOING** — The American Legion Post 80 hosts bingo nights Tuesdays and Fridays at the Legion Hall, 32335 N. US Hwy. 29, from 4:30-9 p.m. The organization also has a dance, with live music, every Saturday from 7:30-11:30 p.m. All proceeds from the bingo events go to help local veterans and their families, as well as causes such as Girls State, Boys State and scholarships for high school students. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

### DALEVILLE

**FRIDAY THROUGH SUNDAY** — The Armed Forces Native American Pow Wow will be at Culpepper Park. The cultural event features high quality Native American crafts, Native American dances and a showcase of Native customs. For more information, visit [www.dalevillechamber.com](http://www.dalevillechamber.com) or call 598-6331.

**SATURDAY** — The fourth annual “Cruisin’ for a Cure” car and bike show will be at IAM Union Hall from 10 a.m. to 3 p.m., rain or shine. Refreshments and entertainment will be featured as well. For more information, call 447-0288 or 598-0557.

**ONGOING** — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84

every third Thursday of the month at 7 p.m. Breakfast is served on Sundays, and games and TVs are available for entertainment. The meetings are open to all. The post can host parties, weddings, and hails and farewells.

For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

### DOTHAN

**SATURDAY** — The fourth annual Hardees Ride for Hope to benefit Wiregrass Hope Group will begin at the Hardees of Dothan at 9 a.m. Free breakfast and lunch with free refills will be provided. There will be cash prizes and eight stops. Registration fees are \$20-\$40. For more information, visit [www.wiregrasshopegroup.blogspot.com](http://www.wiregrasshopegroup.blogspot.com).

**TUESDAY** — The Wiregrass Museum of Art will host Play in the Clay, a pottery class for adults on Tuesdays from 10:30 a.m. to 12:30 p.m. Cost is \$75 for nonmembers and \$65 for members. For more information or to register for a class, call 794-3871 or visit [www.wiregrassmuseum.org](http://www.wiregrassmuseum.org).

**JUNE 6** — The Morris Slingluff Memorial Golf Tournament which will be held at the Highland Oaks Golf Course. Tee off is at noon with lunch at 11 a.m. Registration is \$125 per golfer. It is a four man scramble with cash prizes for low gross and low net, plus several prizes such as Michelin tires and a \$10,000 hole in one. For more information, call 794-6585 or visit <http://www.dothaneducationfoundation.org>.

**JUNE 8** — Landmark Park will host the annual Old Fashioned Ice Cream Social from 5 p.m. - 8 p.m. Entertainment will include music in the gazebo, butter churning, wagon rides, a cakewalk, old-fashioned games and a quilt exhibit. An exhibit of antique dairy implements-including butter churns, molds and ice cream separators will be displayed. People will receive a free single dip cone of ice cream. Admission is \$5 for adults, \$3 for children ages 4-15 and free for members and children 3 and under.

**ONGOING** — The Wiregrass Museum of Art hosts “First Saturday Family Day” the first Saturday of every month at 10:30 a.m. The event is recommended for elementary-aged children. For more information, visit [wiregrassmuseum.com](http://wiregrassmuseum.com) or call 794-3871.

### ENTERPRISE

**ONGOING** — The American Legion Post 73 meets at the American Legion/Doer’s Shrine Club building at 200 Gibson Street in Enterprise on the fourth Saturday of each month, beginning at 8 a.m. This building is across the street from the Lee Street Baptist Church on Lee Street. For more information, call post commander Jerry Goodson at 347-5961 or 447-8507.

### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

### MIDLAND CITY

**ONGOING** — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

### NEW BROCKTON

**ONGOING** — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

**ONGOING** — Disabled American Veterans Chapter No. 99 meets each Tuesday and Wednesday at 6 p.m. at New Brockton City Hall. Food and drinks are served followed by regular chapter business. Chapter No. 99 maintains a DAV

service office in the New Brockton Police station. All veteran services provided are free.

For more information, call 718-5707.

### OZARK

**ONGOING** — Every Thursday at the Ozark Chamber of Commerce the Somersizers Weight Club meets at 5 p.m. to shed weight. For more information, call 774-9321.

**ONGOING** — Every Thursday at 5:30 p.m. yoga with Sandra Bittman is at Perry Recreation Center for \$5 a person.

**ONGOING** — Every Wednesday the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

**ONGOING** — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Call 774-2042 for more information.

### PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

### SAMSON

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

### TROY

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

## Beyond Briefs

### Tomato Festival

The 25th annual Slocomb Tomato Festival will be June 5-8 in Centennial Park. Event features a City-Wide Prayer at the First Baptist Church, 4 p.m.-until, an all you can eat buffet at Zack’s starting at 4 p.m., karaoke, music, food and craft vendors, and prize drawings.

### Pea River Day Festival

A 5K Color Run and 1-mile fun run will be held June 8 in Elba at 8 a.m. with registration at 7:30 a.m. The color run is \$10 per person and the fun run is \$5 per person. Following the color run, the Pea River Day Festival will begin at the boat landing park area (Hwy. 84 bridge in Elba) from 10 a.m. to 5 p.m. Event features pontoon boat rides, arts and crafts, entertainment and a Kids Zone. For more information, call 897-3125 or email [elbachamber@troycable.net](mailto:elbachamber@troycable.net).

### Fly-In

In recognition of Armed Forces Day Graham Air Base

is hosting a fly-in Saturday at the Marianna Municipal Airport from 9 a.m. to 4 p.m. There will be food, arts and crafts, Young Eagles air rides, helicopter rides for \$30 and a viewing of the Lockheed 12 from the movie “Amelia.” Cash prize drawings will be at 2 p.m.

### Horse Show

The Twin Cities Classic Horse Park in Phenix City will hold its Classic Horse Show Sunday at 10 a.m. with charged admission. For more information, call 297-1842.

### Art Festival

The 17th annual Arts in the Park at Lakebottom Park in Columbus, Ga. Sunday from noon to 6 p.m. Artwork by area artists, concerts, food and children’s activities will be featured. For more information, visit [www.jcsm.auburn.edu](http://www.jcsm.auburn.edu).

### Crawfish Festival

The annual Pensacola Crawfish Festival will be held May 29. It is one of the largest crawfish boils in Florida and boasts fresh, spicy crawfish, authentic bayou country

entertainment, and arts and craft tents featuring local and regional artists. For more information, visit [fiestaoffive-flags.org](http://fiestaoffive-flags.org).

### Fishing Tournament

D12 will hold its’ two-day Division Championship on Lake Eufaula, going out of Lake Point Marina July 7-8. Registration will be in front of the Marina Building from 3:30-4:45 a.m. Weigh-in will be at the Marina at 2 p.m. For more information, visit [www.lakeeufaula.com](http://www.lakeeufaula.com)

### Friday Fest

Friday Fest in downtown Panama City is Bay County’s largest street festival with more than 200 show cars, 50 vendors and live bands— filling up six blocks of Harrison Avenue on the first Friday of each month from 6-10 p.m. Local shops and restaurants stay open late.

### Fiesta Family Weekend

A weekend-long event consisting of a treasure hunt, a sand sculpting contest and more fun activities for the whole Family in Pensacola Saturday and Sunday. For more infor-



# Lyster Army Health Clinic modifies workflow, improves patient satisfaction

By Katherine Rosario  
*Lyster Army Health Clinic Public Affairs*

Lyster Army Health Clinic’s recently modified patient appointment system has led to an overall improvement in patient satisfaction scores.

For more than seven months, the clinic has claimed the top spot in overall customer service across the southern region’s 11 military treatment facilities, according to core business operation metrics gathered by the Enterprise Reporting Service. LAHC is also beating wait time and satisfaction metrics of local hospitals and doctors’ offices.

Beginning in June, Lyster will introduce open access to the Flight Medicine team, a concept that provides appointments the same day a patient calls in. The new workflow will continue to roll out to all clinics in the following months.

“Open access is not only going to greatly improve the care we provide to patients, but also make our patients happier,” said Col. Lynnette Bardolf, deputy commander for Clinical Services at LAHC. “If you call us in the morning and want to be seen the same day, we will make sure you have an appointment that is convenient for you.”

Open access will streamline patient ap-

pointments so much, doctors will start accepting new patients who now wish to be seen at LAHC.

Wait times in the clinic have also decreased with the new system. The average wait time after checking in at the primary care clinic is about eight minutes.

“We aren’t going to check you in for an appointment and then make you wait 30 minutes to an hour to be seen,” Bardolf said. “Your time is important to us, and we want to get you into and out of the doctor’s office as soon as possible.”

For patients with complex care needs, LAHC provides a case manager to help make appointments and make sure lab

results are recorded in their medical record.

“If we need to refer you out to the network for multiple specialty services, our case managers will help coordinate the appointments and collect the data for your doctor at Lyster,” Bardolf said.

Lyster also provides 24/7 access to doctors and nursing staff through secure online messaging. Patients can request referrals, appointments, lab results and medication refills, and can expect a reply within one to two business days.

To make an appointment or to find out how to become a patient at Lyster, call 255-7000.

## LAHC celebrates National Women’s Health Week

By Katherine Rosario  
*Lyster Army Health Clinic Public Affairs*

Lyster Army Health Clinic will celebrate National Women’s Health Week now through Saturday by helping women make health their top priority.

Army Medicine values all of our patients throughout the year, but recognizes the magnitude and impact of women’s health across the lifespan, and hopes to empower women to make their health a top priority and lower their risks of certain diseases.

“As an Army Family, it is our responsibility to support the women in our lives and do everything we can to help them

achieve longer, healthier and safer lives,” said Col. James Laterza, commander of LAHC.

The health of female Soldiers and Family members plays a vital role in overall Army readiness. In order for women to be fully integrated and effective members of the team, we must ensure their unique health needs are being considered and met, Laterza said.

“Women often put needs of their spouses, children and others before their own,” Laterza said. “It is crucial that women make their physical, mental, emotional and spiritual health a priority.”

LAHC is helping women take proactive measures that influence their life space by increasing their activity by offering yoga classes, monitoring their nutrition by helping them learn about smart shopping and preparing healthy foods through the Nutrition Care Clinic, and promoting strategies

to improve sleep. These three elements are key components of the Surgeon General’s Performance Triad, an Army program designed to help improve the lives of Soldiers, Family members and civilians. When all three of Lt. Gen. Patricia Horoho’s system for health align, patients are better able to build and sustain health.

The LAHC staff encourages women to keep up with regular check-ups and preventive screenings to aid in avoiding onset of disease and stopping health issues before they start.

LAHC offers regular health screenings for women such as annual pelvic exams and mammograms.

Patients should check with their primary care provider to ensure they are on the right track to maintaining a healthy lifestyle.

To make an appointment with your primary care manager or with a specialty clinic, call 255-7000.

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**Fort Rucker FMWR**

**www.ftruckermwr.com**

Event is **FREE** and Open to Everyone

**Fort Rucker**

**HEALTH EXPO**

**Thursday, May 16th**

**2:00 pm - 7:00 pm**

**Fort Rucker Physical Fitness Facility**

**Let’s focus on health!**

The Fort Rucker Health Expo will include screenings, demonstrations, children’s activities, distribution of educational material and other information to help promote wellness and health awareness.

For details call Family & MWR, (334) 255-9810.

**LAKE FEST**

**Sandcastle Contest**

**Games**

**Paddle Boats**

**Swimming and more!**

**SATURDAY, MAY 18<sup>TH</sup>**

**12:00 PM - 6:00 PM**

**WEST BEACH, LAKE THOLOCCO**

**Admission is FREE, Open to the Public!**

Family & MWR, (334) 255-9810.

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For event info call Family & MWR, (334) 255-9810.

For ticket info call Five Star Catering, (334) 598-2426.

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- Lyster Army Health Clinic
- Soldier Service Center (Bldg. 5700)
- The Landing Zone

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# Spouse club awards record amount in scholarships

By Nathan Pfau  
Army Flier Staff Writer

Soldiers and Families came together at Divots at the Silver Wings Golf Course Monday to honor and congratulate the recipients of this year's Fort Rucker Community Spouses Club scholarships.

FRCSA awarded scholarships to 30 high school and college students in the amount of \$43,000 – the largest amount the program has awarded in a single year, said Lynne Boehm, FRCSA scholarship chairperson.

Brig. Gen. Timothy J. Edens, U.S. Army Combat Readiness/Safety Center commanding general and director of Army Safety, was among those in atten-

dance to congratulate the recipients.

"This is a big night for many of you, and as a member of this great community, I would like to say congratulations to all of you," he said. "You should be rightly proud of yourselves and your Family."

Samantha Bradley, scholarship recipient, said she's grateful for organizations like FRCSA that help those in need who wish to continue on with higher education.

"I'm just really thankful to them to receive this scholarship," she said. "I needed help getting into college and this helps me out greatly."

Stephanie Woodard, Society of American Military Engineers Scholarship re-



PHOTO BY NATHAN PFAU

Recipients of the Fort Rucker Community Spouses Club Scholarships line up with their scholarships after the 2013 FRCSA Scholarship Awards Ceremony at Divots Monday. This year, FRCSA awarded \$43,000 in scholarships to military Family members – the most ever awarded in a single year.

ipient, said she hopes to one day give back to the military with her degree because of the help that has been provided to her.

"I'm so appreciative for getting this scholarship," she said. "It's a huge deal to me because I've already completed one year of col-

lege and this scholarship will help me through the coming years."

In the past nine years, FRCSA has awarded more than \$133,000 in scholarships, said Boehm during the ceremony, adding that this year's record-breaking contribution is in large part

thanks to the Fort Rucker Thrift Shop, which donated \$27,000 to the program.

Another \$10,000 was raised through the efforts of FRCSA events like the annual Hollyday Bazaar, and the remaining amount was donated by various organizations.

The scholarships are awarded based on applications submitted by military Family members, and anonymous judges score the applicants based on academics, community service, work experience, activities, letters of recommendation and an essay question, said Boehm, adding that the recipients are more than deserving of the scholarships.

"No one truly understands the importance of others before self more than the students whom we honor here tonight," she said. "No doubt, because of the challenges they've experienced as a military Family member, these scholars have proven through their excellence and academics, and service to our communities that they are our future."

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MAY 16, 2013

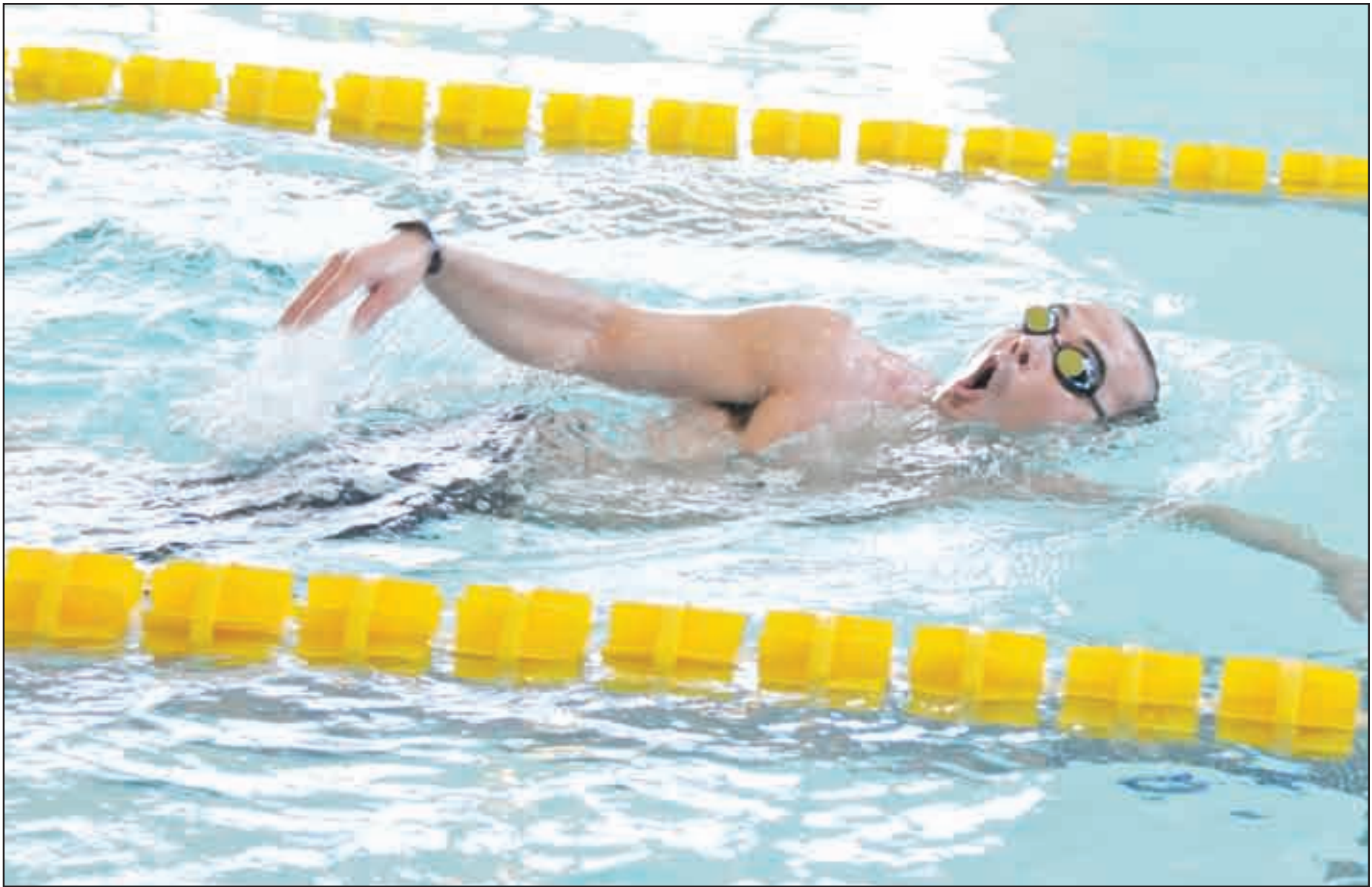


PHOTO BY NATHAN PFau

Capt. Rob Small, A Co., 1st Bn., 145th Avn. Regt. swims the 300-meter portion of the AVC3 Iron Aviator Competition at the Fort Rucker Physical Fitness Facility May 9. Small had the fastest time for the ruck march during the competition.

# Iron Aviator

## *Captains compete for coveted title*

By Nathan Pfau  
Army Flier Staff Writer

Like a scene out of a horror movie, Soldiers broke through a low-hanging fog that blanketed the installation as they competed against each other to earn one of Fort Rucker's most coveted titles.

Soldiers from A Company, 1st Battalion, 145th Aviation Regiment, participated in the Aviation Captain's Career Course Iron Aviator Competition May 9, but only one would earn the title of Iron Aviator.

Capt. Kevin Power came out on top as the competitor finishing all four events as an individual, with a time of 1:52:32; and the team winner was Team Disc Qualified, with a time of 1:47:32.

"It feels really good to win," said Power. "My team is out here supporting me and helping me get all my stuff together, so it was a huge team effort and it was nice to have them here to help me finish the race first."

The competition is a good opportunity for Soldiers to test out their physical fitness, compete against each other and build esprit de corps, said Capt. Adam Schaffer, officer in charge for the event, adding that many Soldiers also participated as a means to spend time with one another.

"Iron Aviator is the premier event for Aviation worldwide," he said, "pitting technically and tactically proficient officers against each other [in] the toughest competition on Fort Rucker.

"It's also one of the last events of the [Captain's Career Course]," said Shcaffer. "They graduate soon, so it's one of the last opportunities to bond and challenge each other."

During the event, Soldiers competed individually or as a team, and endured four different events that tested their will and courage, he said. The four events included a 4.5-mile ruck march, 300-meter swim, 10k bike ride and 2.5-mile run.

Although all four events combined made for an extremely challenging competition, most Soldiers, including Power, said the hardest part of was the ruck march.

"The ruck is pretty difficult and you've got to train for a ruck usually beforehand," said Power, adding that during the ruck event, Soldiers must carry about 30 pounds of equipment throughout the 4.5-mile course, and that's the part that make's it so difficult.

Power didn't start the race in front and even took a wrong turn during the ruck-march event, putting him almost six minutes behind the leader. The bike event is where he was truly able to shine, and make up for lost ground, managing to overtake the leader and eventually win the competition.

"Fortunately, on the bike there is a lot of opportunity where you can just cruise," he said. "Then when I got on the run [event], I was able to just pace myself,

and it really helped having my team cheer and motivate me throughout the race."

No matter the outcome of the race, Schaffer said he was proud of all the Soldiers that participated in the competition, both on and off the field.

"I think they all did an outstanding job during the competition," he said. "It sounds easy on paper and it may look like a short ruck march, short bike or short run, but you combine them all with the heat, elevation and terrain, and it can get quite challenging."

Awards were given to each of the winners after the event, and a special award was given to the best pit crew for excellence in support rendered to competitors. In an Iron Aviator first, the award went to an individual rather than a team.

Capt. Kyle Towns was awarded the Excellence in Crewing award for his dedication to his team, and carrying what many described to be a purse back and forth from each event.

## Post 10-miler preps team for D.C. run

By Nathan Pfau  
Army Flier Staff Writer

Silence fell as the countdown began before more than 100 runners shot off the starting line to begin the Fort Rucker Army 10-miler Saturday.

The race began at the Fort Rucker Physical Fitness Facility where 96 individual runners and eight teams came together to participate, with a total of 86 individuals completing the full 10 miles, according to results provided by Kristi Fink, fitness program manager at Fortenberry-Colton Physical Fitness Facility.

"This year's run was a success with a 33-percent increase in participation from last year," said Fink. "We have quite a few people interested in practicing and possibly trying out for the Fort Rucker 10-mile team that we will be sending to Washington, D.C., in October [for the Army 10-miler]."

There were several winners in multiple categories of the race including: Jonathan Argyle, overall male winner with a time of 58:55; Teresa Haltom, overall female winner with a time of 1:10:33; Kevin Pawlik, overall male master winner with a time



PHOTO BY NATHAN PFau

Runners round a corner during the Fort Rucker Army 10-miler as they turn off of 3rd Avenue Saturday. People can register for the upcoming Washington, D.C., Army 10-miler in October at either physical fitness facility.

of 1:08:34; Susan Fondy, overall female master winner with a time of 1:31:50; Curtis McDonald, overall male grandmaster winner with a time of 1:31:28; Karen Janine Stidley, overall female grandmaster winner with a time of 1:59:03; and the top relay team was Team Warriors, with a com-

bined time of 1:05:18.

Fink said a lot of people compete in the Fort Rucker 10-miler to prepare for the upcoming Army 10-miler in Washington, adding that the run is a good way for people to see if they have what it takes to make the Fort Rucker team.

"The 10-mile run is a very challenging event, and there are a lot of runners that are interested in making the Fort Rucker 10-mile team," she said.

Julie Santon was among the spectators for the race and said that she would have loved to participate in the race if it hadn't

been for an injury she sustained just a week before.

"I had planned to run in this race with all of my friends, but I ended up hurting my ankle and I didn't want to risk injuring it further," she said. "But I feel like this race is a good test of endurance and it's really something that people should participate in to push themselves to the next level."

Although she wasn't able to participate, she wanted to make sure she was there to show support for her friends that were determined to finish the race.

"I just want to make sure I'm here for them when they cross that finish line, and who knows, maybe they will be a part of the Fort Rucker team to represent us in D.C.," said Santon.

In 2010, Fort Rucker's Army 10-miler team took first place at the Washington Army 10-miler, and Santon said she hopes that the installation can repeat that feat this year.

General registration for the D.C. Army 10-miler opened Wednesday, and Fink said that anyone interested in practicing and trying out for the team can contact either physical fitness facility at 255-3794 or 255-2296.







# Warriors light torch to kick off 2013 Warrior Games

By Shannon Collins  
Army News Service

COLORADO SPRINGS, Colo. — The official start of the 2013 Warrior Games began when Navy Lt. Bradley Snyder, with the help of Prince Harry and Olympian Missy Franklin, lit the official cauldron Saturday at the U.S. Olympic Training Center in Colorado Springs, Colo.

From Saturday to May 16, more than 200 wounded, ill and injured service members and veterans from the U.S. Marines, Army, Air Force and Navy, as well as a team representing U.S. Special Operations Command and an international team representing the United Kingdom, competed for the gold in track and field, shooting, swimming, cycling, archery, wheelchair basketball and sitting volleyball at the U.S. Olympic Training Center and U.S. Air Force Academy. The military service with the most medals will win the Chairman's Cup.

Snyder said he was honored to light the cauldron.

"I am humbled by the opportunity to still be a part of something very near and dear to my heart," said Snyder. "The Warrior Games have already had an impact on so many lives, and I am truly honored to represent the U.S. Navy in broadening the event."

While serving in Afghanistan in 2011, Snyder lost his vision when an improvised explosive device detonated. He competed in the 2012 Warrior Games and later that year, he went on to qualify in swimming for the London 2012 Paralympic Games, where he won two gold medals and one silver medal. Snyder won the men's 400-meter freestyle on the exact one-year anniversary of his injury.

Third-time Warrior Games attendee Vice Chairman of the Joint Chiefs of Staff Admiral James A. Winnefeld Jr. spoke at the event.



PHOTO BY LISA FERDINANDO

Paralympian gold medal winner Navy Lt. Bradley Snyder, with the help of Prince Harry and olympian Missy Franklin, light the official torch to begin the 2013 Warrior Games at the U.S. Olympic Training Center in Colorado Springs, Colo., Saturday. From Saturday to May 16, more than 200 wounded, ill and injured servicemembers and veterans from the U.S. Marines, Army, Air Force and Navy, as well as a team representing U.S. Special Operations Command and an international team representing the United Kingdom, will competed for the gold in track and field, shooting, swimming, cycling, archery, wheelchair basketball and sitting volleyball at the U.S. Olympic Training Center and U.S. Air Force Academy.

"Our nation's wounded, ill and injured are very special people to me and my wife, Mary, and they will continue to be special to us. This is the highlight of our year, every year," he said.

The admiral told the athletes they are the best of the best.

"You warriors are here because of your willingness to overcome great challenges, the challenges of illness and injury, both seen and unseen, coupled with the challenges that any superior athlete must overcome in achieving greatness," he said to them. "Your heroism and determination are an inspiration. Whenever I'm having a bad day or I'm facing a seemingly insurmountable challenge, I just think of you, and my

day becomes a very nice day."

Winnefeld also recognized the Family members of the athletes, who serve as caregivers.

"Mary and I extend our heartfelt thanks to the Family members and friends of our athletes here today, especially those who unselfishly dropped everything else in their lives to become dedicated caregivers," he said. "It's very hard work, and it's often overlooked. They are very special people."

The admiral also extended congratulations to athletes like Snyder who now compete on the Paralympic team and win gold medals for the U.S. team.

The Warrior Games were created in 2010 as an introduction to

adaptive sports and reconditioning activities for service members and veterans.

Adaptive sports and reconditioning are linked to a variety of benefits for wounded, ill, and injured service members across all branches of the military. They include less stress, reduced dependency on pain and depression medication, fewer secondary medical conditions, higher achievement in education and employment, increased independence, increased self-confidence, and increased mobility.

The fourth annual Warrior Games is hosted by the U.S. Olympic Committee and supported by the Department of Defense, U.S. Department of Veter-

ans Affairs, USO, Fisher House Foundation, the Semper Fi Fund, the Bob Woodruff Foundation and other corporate sponsors.

"We are proud to host the Warrior Games at the U.S. Olympic Training Center and the Air Force Academy," wrote Charlie Huebner, the chief of Paralympics for the U.S. Olympics Committee in a press release. "Paralympic sport has a tremendously positive impact on individuals with physical disabilities, and the Warrior Games allow us to salute these fine young men and women who have served their countries honorably."

The Warrior Games competitions are free and open to the public.

## BRIS

### OPERATION GOLF 4 LIFE

Silver Wings Golf Course hosts free Operation Golf 4 Life clinics in May: Tuesday and May 28 from 5-6 p.m. These one-hour sessions will teach people the basics, winning techniques and how to play the game. People can take part in one session, or all four, as officials say people will learn something new each session. All equipment is provided, and novice golfers are welcome.

To register or get more information, call 598-2449.

### MEMORIAL DAY FLAG TOURNAMENT

Silver Wings Golf Course hosts its Memorial Day Flag Tournament May 27 with tee time from 7-9 a.m. Cost is \$10 entry fee plus green and cart fees, if applicable. Players need a valid U.S. Golf Association handicap to participate. In the tournament, the flag that goes the farthest wins. Players will receive a flag with their name and target score, with the target score determined by taking 100 percent of the player's handicap and adding it to par. Prizes will be awarded based on number of participants.

To sign up or get more information, call 598-2449.

### ENTERPRISE BASEBALL

Enterprise's semi-pro baseball team needs players, high-school aged and older, for its ongoing season. For more information, call Joe Jackson at 347-4275 or 806-6929.

### POST GOLF CHAMPIONSHIP

Silver Wings Golf Course hosts the Post Championship Golf Tournament June 8 with a 7 a.m. tee time.

For more information and to register, call 598-2449.

### ARMY STRONG TRIATHLON

The Directorate of Family, Morale, Welfare and Recreation hosts the Army Strong Triathlon June 15 from 7 a.m. to noon at West Beach, Lake Tholocco. The event includes a quarter-mile swim, a 10.6-mile bike race and a 3.1-mile run. Cash awards will be given to the top overall finishers and the top relay team. Cost to register is \$40 for individuals and \$70 for a three-person relay team until June 8. After June 8, the cost is \$50 for individuals and \$80 for teams. All pre-registered participants will receive T-shirts while supplies last after June 8.

For more, call 255-2296 or 255-3794.

### DISC GOLF

The Directorate of Family, Morale, Welfare and Recreation offers Disc Golf—played much like traditional golf, but instead of using a ball and clubs, players use a flying disc. DFMWR welcomes novices and experienced players to bring their friends out and enjoy some friendly competition. The 18-hole disc golf course is located at Beaver Lake. People can visit the Fort Rucker Physical Fitness Facility to check out a disc and give it a try. There is a \$10 deposit required per disc. The Disc Golf course is open to the public. Disc check-out is open to authorized patrons only.

For more information, call 255-2296.

### RIDING STABLES RULES

Riding Stables staff reminds community members that letting horses out of their stalls can be dangerous to the horses and motorists. Visitors are also reminded to stay on the main roadways, do not approach any of the horses without owners' permission, stay out of the pastures and obey the speed limit of 10 mph at all times.

For more information, call 598-3384.

Weekly SUDOKU

Answer

5	9	3	2	7	1	4	6	8
8	4	1	5	3	6	9	7	2
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7	1	2	6	5	4	3	8	9
1	3	8	7	6	9	2	5	4
6	2	9	4	8	5	7	1	3
4	5	7	1	2	3	8	9	6

TRIVIA

Answers

1. Vibrissae, or "tactile hairs"
2. Athens
3. George Meade
4. Curvature of the spine
5. U.S. and Canada
6. Will Kane
7. Palomino
8. Mercury
9. Lower part of the brain stem
10. Edward Stratemeyer

PUZZLE ANSWERS

Super Crossword

Answers

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Video Game Spotlight >>



COURTESY SCREENSHOT

## Gamers with patience will enjoy 'Last Light'

**By Jim Van Slyke**  
*Contributing Writer*

*(Editor's note: All opinions stated in the Video Game Spotlight are solely those of the article's author.)*

Sometimes you need to take things slow, even first-person shooters. That seems to be the theme of the mostly good “Metro: Last Light.”

Instead of the helter-skelter pacing of a lot of modern shooters, this game encourages us to take a breath and explore the possibilities.

“Metro: Last Light” takes place in the year 2034, picking up the Metro franchise after the “bad” ending of “Metro 2033.” The

game is set in the ruins of post-apocalyptic Moscow.

Mankind is facing extinction both from rampaging mutants as well as the rest of the humans. Mankind fights itself because nobody trusts each other and each faction is trying to find a doomsday device that will give them the ultimate power.

Gamers become Artyom, controlling him as he searches for the mysterious "Prisoner," the supposed key to mankind's survival.

The game doesn't shy away from combat, but its slower pace encourages gamers to explore the environment and consider more than just frontal attacks. There will be times in the game when gamers will wonder if expending their precious ammunition is worth

taking out a few mutants or if sneaking around them is a better idea. A gamer's play style will factor into how the game progresses and how it ends, so many experiences will be different.

While the experience is much the same as in the previous Metro game, movement is faster and more fluid. The audio is better and environmental limitations — having enough air to breathe, etc. — give the game a lot more tension this time around. The new weapons and attachments are also cool.

On the flip side, enemies are often not challenging, the dialog needs work and the graphics aren't always sharp.

If you are a fan of the previous Metro game then you will find a lot that's famil-

iar in "Metro: Last Light." This is a slightly better game, and gamers with at least a little bit of patience will enjoy this version of the apocalyptic future.

*Reviewed on the Xbox 360*



**Publisher**  
Deep Silver  
**Rated**  
Mature  
**Systems**  
Xbox360, PS3, PC  
**Cost**  
\$50-60  
**Overall**  
3 out of 4



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 2004 Kia Rio	 Kawasaki ZX 6	 2002 VW Jetta GLS
 2004 Malibu Maxx	 2012 Kia Sorento	 1997 Ford F150

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2003 Honda Odyssey	2006 Mini Cooper S	2003 Chevy Malibu
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