

GOING GREEN
Fort Rucker expands recycling effort



HEALTH FAIR
Event offers health tips for youth



RUGBY
Controversial call cited in Fliers rugby loss



Story on Page A3

Story on Page C1

Story on Page D1

ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

APRIL 18, 2013

1-58th changes command

By Sara E. Martin
Army Flier Staff Writer

The 1-58th Airfield Operations Battalion Guardian Eagles received a new command team recently in the form of new commander Lt. Col. Daniel Y. Morris and Sgt. Maj. Dexter L. Kimble.

The change in responsibility ceremony was conducted April 10 at the U.S. Army Aviation Museum where the new battalion sergeant major was welcomed and took charge of troops.

Sergeant Maj. Dexter L. Kimble's previous assignment was the 164th Theater Airfield Operations Group forward sergeant major.

"I stand here today humbled by the awesome level of responsibility that the title of battalion sergeant major brings," he said during the ceremony. "The opportunity to coach, teach, mentor, develop and lead America's sons and daughters, whether in times of peace or in conflict, is a privilege, not a right."

It is a privilege earned by those who came before Kimble and is a privilege that is constantly paid for daily by those whom Kimble has been tasked to lead, according to the new sergeant major.

"I do not take this task lightly. I am fired up about this opportunity, this fine organization and I am fired up to be your battalion sergeant major," he said while "signing on."

The new commander, Lt. Col. Daniel Y. Morris, was welcomed with a change of command ceremony Tuesday at the museum, where Col. Michael L. Shenk, commander of 164th Theater Airfield Operations Group, charged him to command with passion and compassion, eagerness and patience, aggressiveness and control.

Morris attended flight school on the installation and returned in June as the executive officer for the Army Air Traffic Services Command. He said it is fantastic to be working with the Guardian Eagles.

"The transition was smooth and we are excited as a family to take command together. Our Soldiers are preparing and doing a fantastic job," he said.

The outgoing commander, Lt. Col. Terry A. Meyer, said that he couldn't have asked



PHOTO BY SARA E. MARTIN

Lt. Col. Daniel Y. Morris took command of the 1-58th Airfield Operations Battalion during a ceremony Tuesday at the U.S. Army Aviation Museum.

for a better team to lead the men and women of the Guardian Eagles into the future.

Morris ended the ceremony by thanking attendees.

"I am humbled by the trust that has been given to me to lead the nation's most sacred and precious commodity. I look forward to spending time with my Soldiers and getting them trained," he said.

In the past, the Eagles have been inactivated and reorganized many times around the globe, but as of late have found a permanent home at Fort Rucker.

On February 13, 2007, the unit was re-

organized as the 348th Airfield Operations Detachment and assigned to the 164th TAOG Army Forces Command. This reorganization was executed as part of the Total Army Transformation of Air Traffic Services organizations, which resulted in the alignment of air traffic services companies placed in general support of Aviation battalions of divisional combat Aviation brigades, and to establish and manage enduring airfields at the theater Army level in both expeditionary or enduring combat environments, according to Guardian Eagle history.

On May 16, 2008, 1-58th Airfield Operations Battalion was deployed in support of Operation Iraqi Freedom as the Army's first AOB to deploy to combat. The battalion conducted split-based airfield management and air traffic services missions in Kuwait and Iraq.

But the 1-58th AOB's most recent deployment was in February 2011. The AOB was deployed in support of Operation New Dawn where the battalion again conducted split-based airfield management and air traffic services missions in Kuwait and Iraq.



PHOTO BY NATHAN PFALU

Greg and Elena Norman take a look at the Tesla, the all-electric sports car, at last year's Earth Day event. This year, Fort Rucker will host its Earth Day Expo Wednesday from 10 a.m. to 3 p.m. at the festival fields.

Fort Rucker celebrates Earth Day

By Sara E. Martin
Army Flier Staff Writer

Monday, it's estimated that more than one billion people around the globe will participate in Earth Day and help "Mobilize the Earth."

People of all nationalities and backgrounds will voice their appreciation for the planet and demand its protection; people will stand united for a sustainable future and call upon individuals, organizations and governments to do their part to help move toward a greener future, according to Darrell Hager, Fort Rucker environmental protection specialist.

"Forty three years ago, groups around the country that had been fighting against oil spills, polluting factories and power plants, raw sewage, toxic dumps, pesticides, freeways, the loss of wilderness,

and the extinction of wildlife realized they shared common values," said Hager. And their fight "led to the creation of the United States Environmental Protection Agency and the passage of the Clean Air, Clean Water and Endangered Species Acts," he said.

Fort Rucker will continue its support of a cleaner America by celebrating Earth Day Wednesday at the festival fields from 10 a.m. to 3 p.m. with its annual expo.

"People should come because of what they will see and discover. They will learn about new innovations in green technologies and products for the home, office and industry," said Hager.

Around 10 exhibitors will be displaying their products and services. Some exhibitors include Discovery Recycling,

SEE EARTH DAY, PAGE A7

Furlough seminars help people manage finances

By Nathan Pfau
Army Flier Staff Writer

With the upcoming furloughs looming, it's important for people on Fort Rucker to be certain about how they manage their finances in uncertain times, and the installation has a program in place to make sure that its civil service members are properly educated.

At the request of Fort Rucker's deputy garrison commander, Justin O. Mitchell, Army Community Service is offering

free furlough seminars for federal civilian employees and their spouses Friday and April 24 and 30 from noon to 1 p.m. in Bldg. 5700, Rm. 284, according to Mike Burden, ACS financial readiness program manager and financial counselor.

The classes are on a first-come, first-served basis and people must register ahead of time to attend.

"We're trying to provide some financial education information to civil service

SEE FINANCES, PAGE A7



PHOTO BY LISA EICHORN

Happy birthday

Col. Stuart J. McRae, Fort Rucker garrison commander, and Command Sgt. Maj. Buford E. Noland, help Derek Dickens, Ozark resident; Mike Barefield, city councilman; and Billy Blackwell, Ozark mayor, cut the cake honoring the 30th birthday of Army Aviation during Ozark's April 4 celebration. The Army Aviation Branch turned 30 years old Friday.

PERSPECTIVE

Surviving the storm: 2 years later

By Cherish Washington
Army Materiel Command Public Affairs

REDSTONE ARSENAL, Ala. — About two years ago, a series of tornadoes traveled through the Tennessee Valley, leveling homes and businesses and killing more than 200 people around the state.

Soldiers and Army employees were not immune to this tragedy as members of the service suffered losses — one of them was Sue Tillery, congressional liaison for AMC.

She survived the storm unharmed with her sister, Mary, and her three dogs: Cody, Cricket and Skeeter, and agreed to be interviewed to warn her fellow Army Family members about the importance of remaining weather aware.

One year later, a fresh start had risen from the rubble of her Athens home.

After the storm, the Tillery Family debated staying in Alabama altogether, with questions like, “Is this something we could possibly go through again?” and, “Would we want to go through it again?” reflected Tillery.

“I felt very insecure when that [the storm] happened. That was the closest I’ve come to death in my life. I’ve never been in a car accident, nothing, and to know that it was that close. It was just very difficult,” she said. “I felt like we lost everything we accrued over 30 years of life and there are some things that still bother me that we lost, but they are just things.”



COURTESY OF SUE TILLERY

A catastrophic storm ripped through northern Alabama in 2011, killing more than 200 people around the state. Pictured above is the damage to Sue Tillery’s home. She and her Family all survived unharmed.

In the end, rebuilding their home and life in Huntsville, won out.

“We came here with the intent to retire and make this our home,” said Tillery. “So we started looking for homes. We found a house that we fell in love with. It’s in a totally different area. Actually, we like it a lot better than the one that we lost. I think it all worked out real well.”

There are a few lessons Tillery wanted to share. For example: consider adding replacement costs to your homeowners insurance.

Adding replacement costs to your cur-

rent homeowner’s insurance allows you to replace items lost due to an unfortunate event at current market value.

The devil is the details, Tillery said, and commented how making small changes to your emergency plan can make all the difference during a weather emergency.

“I recommend that if you don’t have a car charger, get one, that may be your only form of communication especially if you are trapped somewhere,” said Tillery. “I purchased a solar powered weather radio. It’s a radio with a weather band and it has a USB plug that can plug into my black-

berry or phone.”

Lastly, ensure you have a “go-to” bag for the official documents that are difficult to replace, such as passports, birth certificates, etc.

Last year, Huntsville got a small taste of tornado activity, but nothing like the previous year’s storms.

“I was better equipped, but it was still scary. I can’t say we are really back to normal yet,” she said. “I thank God it worked out in my favor in some ways.”

Tillery may have lost possessions, but she didn’t lose any Family.

“Watching some of these Family members that lost a brother, sister, mother and children, they are raising their niece because there is nobody left in the Family. That is very, very hard to watch,” she continued. “You’ve got to protect yourself.”

Members of the Fort Rucker community are reminded to sign up for the post’s emergency notification system, CodeRED, that notifies them when severe weather and other hazards are present in the area. Signing up is simple and can be done by visiting <http://www.rucker.army.mil/codered/>.

Also register with the Army Disaster Personnel Accountability and Assessment System, which standardizes a method for the Army to account, manage, and monitor the recovery process for personnel and their Families affected in a catastrophic event. Update your information at <https://adpaas.army.mil>.

This month in Army Aviation history

This month we’re spotlighting the April 1983 issue of the *U.S. Army Aviation Digest*. This issue features:

We’re a Branch!

On April 14, 1983, Secretary of the Army John O. Marsh Jr. announced his approval of the establishment of Aviation as a separate Branch of the Army. Additionally, Secretary Marsh announced the Army Chief of Staff General E. C. Meyer has approved the centralization of propensity, or responsibility, for Aviation matters at the Army’s Aviation Center at

Fort Rucker, Ala.

Summer: When it sizzles

Only a few short weeks ago you were concerned about the effects of cold weather, ice and blowing snow on your people and machines. Now it’s already time to get ready for summer problems.

Turning the corner

Has Army Aviation finally recovered from last year and turned the corner in its accident prevention program? Have the Aviators and their supervisors at last

come to grips with their responsibilities to the total Aviation program?

“Why me?” The Threat Officer

Closing the door to the commanding officer’s office behind him, WO1 Peter Pilot adjusts his hat and proceeds past the first sergeant’s desk and out to the parking lot. Visibly unhappy, Pete is thinking to himself, “Why me?”

... and more.

Download this issue of the *U.S. Army Aviation Digest* at <http://bit.ly/av8-apr83>



Rotor Wash

“April is the Month of the Military Child. Several events throughout the month recognize the resilience and strength of military children and Families. Why is it important to recognize military children?”



**Joe Odierno,
civilian**

“Because they have the ability to spread culture from different parts of the world that may not have been exposed to them otherwise.”



**WO1 Keven Faust,
B Co., 1st Bn.,
145th Avn. Regt.**

“They deal with the same issues and go through the same sacrifices as much as the spouses and [Soldiers] do.”



**Pauline Hobbs,
Army widow**

“A lot of times children are traumatized when a parent leaves for a deployment. I know mine were when my husband was in Vietnam, and I know it is just as bad now. So we need to recognize their sacrifices as well.”



**Kayla Gaddie,
Army spouse**

“I think that every military Family makes an incredible sacrifice and the kids should be celebrated because they are presented with unique challenges.”



**WO1 Brinson Gaddie,
B Comp., 1st Bn.,
145th Avn. Regt.**

“They sacrifice a lot, especially with parents moving from post to post. It is important to realize their struggles and give them the support they need.”

COMMAND

Maj. Gen. Kevin W. Mangum
FORT RUCKER COMMANDING GENERAL

Col. Stuart J. McRae
FORT RUCKER GARRISON COMMANDER

Lisa Eichhorn
FORT RUCKER PUBLIC AFFAIRS OFFICER

Jim Hughes
COMMAND INFORMATION OFFICER

David C. Agan Jr.
COMMAND INFORMATION OFFICER ASSISTANT

EDITORIAL STAFF

Jim Hughes
ACTING EDITOR 255-1239
jhughes@armyflyer.com

Jeremy P. Henderson
SYSTEMS & DESIGN EDITOR 255-2028
jhenderson@armyflyer.com

Sara E. Martin
STAFF WRITER 255-1240
smartin@armyflyer.com

Nathan Pfau
STAFF WRITER 255-2690
npfau@armyflyer.com

BUSINESS OFFICE

Robert T. Jesswein
PROJECT MANAGER 702-6032
rjesswein@dothaneagle.com

Brenda Crosby
SALES MANAGER 347-9533
bjcrosby@dothaneagle.com

Laren Allgood
DISPLAY ADVERTISING 393-9718
lallgood@eprisenow.com

Mable Ruttlen
DISPLAY ADVERTISING 393-9713
mruttlen@eprisenow.com

Joan Ziglar
DISPLAY ADVERTISING 393-9709
jziglar@eprisenow.com

CLASSIFIED ADS (800) 779-2557

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflyer.com.

Fort Rucker expands recycling

By Sara E. Martin
Army Flier Staff Writer

Fort Rucker continues to expand and promote recycling on post by accepting new materials and creating a new organizational recycling incentive program that debuts Wednesday at the Earth Day Expo at the festival fields from 10 a.m. to 3 p.m.

In order to promote recycling, the Environmental and Natural Resources Division at the environmental center and the hazardous waste center created the program, which will expand the current recycling program, according to Melissa Lowlavar, environmental branch chief.

“If [an organization] brings in a certain amount of poundage of a certain material [they] will get a voucher for a certain amount from Directorate of Family, Morale, Welfare and Recreation,” she said. “But [organizations] must bring their recyclables to the center properly cleaned, separated and segregated.”

The incentive program is for organizations on post, but the main requirement to be a part of the incentive program is that the organization must have an environmental officer.

“It can be fun for organizations to challenge each other in a competition to see who can turn in the most stuff and it encourages groups to have an environmental officer or contact,” said Lowlavar.

New materials are also now being received, such as glass and electronic waste.

Glass has to be segregated into different containers when brought in. Green, clear and brown glass must be kept apart. The same goes for all other recyclables, such as aluminum and plastics.

The center will continue to pick up paper and cardboard only, but if an organization wants to get credit in the program for the donation, the organization will have



PHOTO BY SARA E. MARTIN

Jason Dykes, URS contractor, Kent Tate, URS contractor, and Melissa Lowlavar, environmental branch chief, begin to unload a truck filled with cardboard and pack it into a baler Monday at the Fort Rucker Environmental Center.

to cancel that pick up. To discontinue service, call 255-0468.

Anyone is allowed to use the recycling center and it collects what is considered typical, recyclable material year round. Although electronic waste is accepted year round now, it is not a part of the incentive program.

“It is super easy to drop things off at our centers. No hassle, no paperwork and no fees. We couldn’t make it any easier,” said Colleen Quinlan, Fort Rucker Environmental Office hazardous waste manager.

Cardboard, aluminum, paper, mixed plastics, wood pallets, compact discs, old toner cartridges, used oil and metals are accepted at both centers.

“We are trying to be a good steward and assist the community in

recycling to help the environment. We need to save the resources that we have and reuse what can be reused,” said Lowlavar. “Sooner or later there isn’t going to be any more land to make landfills out of. We want to sustain what we have for future generations.”

Parents should teach their children about recycling, according to Lowlavar, because they are not going to know about it any other way.

“When I was a child it was big, big, buy, buy, buy — all that adds up in our landfills. We need to teach children while they are young how to conserve and how to live sustainably, that way they will know how to do it in the future,” she said.

Another important reason to live a greener lifestyle, accord-

ing to Lowlavar, is that recycling saves money, as well.

“The more you can reuse the better because you don’t have to buy new materials, and we only have so many resources here that are available,” she said.

The environmental branch chief had tips on how to be green, as well as how to save money while staying green.

- Reuse daily products like plastic bags for trash bags, and jars for organization and storage.
- What you can’t reuse, recycle. Recycle as much as you can even if it takes a little bit more time than throwing it in the trash.
- Use green chemicals or home-made cleaning materials such as baking soda and white vinegar.

- Don’t throw garbage out of your car window.
- Don’t waste water. Shut off the water when you are washing your dishes and brushing your teeth. Fill the dishwasher or washing machine up instead of running it half-full.
- Make sure you buy Energy Star appliances and energy-efficient windows.
- Use the sun. Open the blinds and curtains to light and heat the house, and close them at night to keep the heat in.

For anyone wishing to recycle materials or to register their organization for the new incentive program, the recycling center at Bldg. 9322 and hazardous waste center at Bldg. 1315 are open Mondays through Fridays from 8 a.m. to 4 p.m.

CodeRED continues free community alerts

By Sara E. Martin
Army Flier Staff Writer

Fort Rucker contracted with CodeRED more than three years ago to provide instant emergency notifications via phone, email or text messages.

The service is well used by Fort Rucker workers and residents, as well as those who live and work in the local communities, according to Willie Worsham, plans and operations specialist at the installation operations center.

“CodeRED is a reverse 911 system that informs people of bad weather and is an emergency message system,” he said.

“If we had a fuel spill on the installation or an active shooter, we can send out a message warning those who have signed up for the service,” he added. “The messages can say to avoid a certain area or road on post or that people should stay indoors due to bad weather.”

CodeRED gives officials an additional venue to provide information to the community in an effort

to keep it safe. The system gives officials the ability to inform the community in the event there is an emergency on post, where it is and what actions to take. It gives people up-to-the-minute warnings and advisories.

In order to receive these types of notifications, people must register on the Internet, and the process is described as being simple and quick.

“Follow the link on the left-hand side of the Fort Rucker main page and it takes you to the CodeRED website,” said Manny Alvarado, DPTMS chief of Plans, Operations and Mobilization Division. “Then they enter the information required and submit. Once they complete the registration, they will immediately start receiving weather notifications as issued by the National Weather Service and the installation operations center.”

The system requires registrants to enter their name, phone number, physical address and email address where they want the alerts sent. The service will provide tai-

lored weather watches and warnings based on their geographical location, said Worsham.

“[All the information people provide is] all very secure. The servers are very safe and information will not be given out or abused. It is also very reliable,” he said, adding that the program is just another way that officials can reach out and touch “their” people to keep them safe.

“People can put in a home or work phone or email, or both if they want,” he continued.

The system taps into the National Weather Service for warnings, and by using the address provided, it can tailor what messages people receive, based on their selection upon registration, according to company officials. This allows community members living in Dothan to hear about Dothan-specific warnings, while someone living on Fort Rucker would receive Rucker-specific watches and warnings.

A new app is also available for people in the area to download to

stay informed.

“The app takes into consideration where you are [by using the global positioning satellite] located [in] your cell phone. It will alert you when there is a tornado watch or thunderstorm warning in the area that you are in,” said the operations specialist.

To get the app, fill out the CodeRED application and choose the app once the application is complete or search “code red mobile alert” in your mobile device app store.

Alerts issued on security threats or weather alerts specific to the installation will come directly from the Fort Rucker IOC.

“We’ll send out the local non-weather emergency notifications to the Fort Rucker community to ensure the information is getting to the community as quickly as possible,” Alvarado said. “This approach will ensure our people are in the know quickly and accurately, and give them a chance to prepare for whatever may happen.”

Another practical use for the program is to notify parents on school problems or changes.

“If a Fort Rucker school is letting out early due to weather we can put that out so people can leave work with as much time available. We want people to be informed about as much as possible,” said Worsham.

The safety and well-being of the entire Fort Rucker community is a top concern of leadership, and officials hope everyone here will continue to take advantage of the alert system. If people do not like it they can easily remove their registration from the service provider, according to Alvarado.

The service is free to sign up for, but depending on an individual’s phone plan, fees may apply.

To sign up for CodeRED, go to the Fort Rucker website at www.rucker.army.mil/codered and follow the link to the company’s website.

For more on the program, see the website, or call 255-9777.

News Briefs

Fire hydrant testing

The Fort Rucker Fire Department will conduct annual fire hydrant testing Friday through mid-June, affecting the Allen Heights, Bowden Terrace and Munson Heights housing areas. During the testing, occupants may experience some cloudiness in the water. To clear any cloudiness, officials recommend allowing the water to run for two-three minutes.

For more, call 255-0044.

Birthday ball

The U.S. Army Aviation 30th Birthday Ball takes place Friday from 6-9 p.m. at The Landing. Cost for the event is \$25 for E-6 and below; \$30 for E-7, WO1, CW2 and O-1-2; \$35 for E-8, CW-3 and O-3; and \$40 for E-9, CW4-5, O-4 and above, and civilians. Meal choices will include chicken, pork with glazed apples and vegetarian pastry pie. Uniform for the event is dress mess, ASU or Class A with white shirt and bow tie for military; and formal wear for civilians.

For more on the event, contact your unit representative or call 255-2418.

AER campaign

The Fort Rucker Army Emergency Relief fundraising campaign is under way. To donate to the program designed to help Soldiers help Soldiers, people should see their unit representatives. Upcoming events include the AER Jail-a-Thon, today from 8:30 a.m. to 3 p.m. in the post exchange parking lot, and the Army Aviation Federal Credit Union 23rd annual Golf Tournament for AER May 10 at Silver Wings Golf Course. More information will be provided on both events in future editions of the “Army Flier.”

Farmers market

The Fort Rucker Commissary Farmers Market and Plant Sale takes place Friday and Saturday. The commissary will have a variety of fresh fruits and vegetables, and tropical plants for sale. Also, Saturday from 10 a.m. to 2 p.m. the Alabama Watermelon Queen will be on hand at the event.

1-212th AVN CofC

The 1st Battalion, 212th Aviation Regiment will host its change of command ceremony Friday at 8:30 a.m. on

Howze Field, or the U.S. Army Aviation Museum if it is raining. During the ceremony, Lt. Col. Raymond J. Herrera will assume command from Lt. Col. Ronald L. Ells.

Retirement ceremony

Fort Rucker hosts its quarterly retirement ceremony April 26 at 2 p.m. in the U.S. Army Aviation Museum. All are invited to attend and honor the service of the Soldiers, civilians and their Families.

Father-daughter ball

The Fort Rucker Religious Support Office will host its annual Father-Daughter Purity Ball April 27 from 5-8:30 p.m. at the Spiritual Life Center in Bldg. 8939. The event will feature a dinner and dance designed to give fathers and daughters an opportunity to build and strengthen their relationships. The guest speaker will be Rev. Nick Peebles, Center Pointe Community Church in Orlando, Fla. Tickets are available at suggested donations of \$12 per person for father-daughter, and \$10 for each additional daughter. The event is for daughters ages 4 and older. Attire is formal or Sunday best.

For more, call Jorge Jimenez at (931) 220-6017.

A large AH-6 helicopter is shown in flight, viewed from a low angle, flying over a rugged, arid desert landscape. The helicopter's main rotor blades are blurred, indicating motion. It is equipped with various armaments, including a rocket pod on the left and missiles on the right. The cockpit is visible, showing the pilot. The background features rolling hills and a clear blue sky.

AH-6
ARMED AERIAL SCOUT

ONE SCOUT LEADS THE PACK.

The AH-6 Light Attack/Reconnaissance Helicopter offers superior capability for the Army's Armed Aerial Scout mission. The most advanced integrated cockpit. Commonality with the Army's Apache Block III helicopter. Flexible weapons configuration with four pylon stations. Networked, including UAS connectivity. And with a full mission load, it's demonstrated hover-out-of-ground-effect above 6k/95° F. Capability ahead of the pack. That's AH-6 AAS.


 **BOEING**



PHOTO BY STAFF SGT. BERNARDO FULLER

Ray Kapaun displays the Medal of Honor citation and photo of his uncle, Chaplain (Capt.) Emil J. Kapaun as (from left) Secretary of Defense Chuck Hagel, Secretary of the Army John McHugh and Army Chief of Staff Gen. Raymond T. Odierno applaud and Sgt. Maj. of the Army Raymond Chandler looks on during the ceremony inducting the Korean War chaplain into the Pentagon Hall of Heroes April 12.

Chaplain inducted into Hall of Heroes

By Staff Sgt. Bernardo Fuller
Army News Service

WASHINGTON – An Army chaplain and Medal of Honor recipient, Capt. Emil J. Kapaun, was posthumously inducted into the Hall of Heroes at the Pentagon, Friday.

Family members and veterans of the Korean War who served with Kapaun, along with a number of Soldiers and dignitaries attended.

On April 11, Kapaun was awarded the Medal of Honor for his actions leading up to his capture as a prisoner of war in North Korea. President Barack Obama presented the medal to Kapaun’s nephew, Ray Kapaun, during a ceremony in the East Room of the White House.

Just prior to the induction ceremony, retired Col. Paul Wood, who was in the same POW camp as Kapaun, said that he recalled the chaplain “asking us every night if we wanted to pray with him.

“Of course everybody did,” he said. “Religion didn’t make any difference to him or us at the time. He’d pray with us and give moral support. And by doing that, he saved a lot of lives. He instilled faith and hope in us that we were going to get out of there.”

Kapaun and his fellow Soldiers became POWs at the beginning of November 1950. Kapaun died the following year, May 23, in his prison camp within sight of the Yalu River, which marks the border between North Korea and China.

Just weeks prior to his death, Wood recalled Kapaun leading the Soldiers in his last Easter service.

“We sang ‘God Bless America’ really loud so everyone in the valley could hear us. Others did hear it and joined in.”

Army Chief of Staff Gen. Raymond T. Odierno was the first to speak at the induction ceremony.

Although Kapaun never fired a single bullet, he saved hundreds, if not thousands of lives, Odierno said, indicating that the chaplain bolstered the Soldiers’ hope and spirits.

On Nov. 1, 1950, during All Saints Day, Kapaun said four masses for the men of his unit, 3rd Battalion, 8th Cavalry Regiment, 1st Cavalry Division, the general said.

During that day and the next, the Chinese, who greatly outnumbered the Soldiers, attacked. Kapaun was in the thick of it, Odierno said.

As the battle raged, Kapaun “ministered to each, according to their respected traditions — in many cases giving them their last rites,” he said. “He candidly told them, ‘a lot of you guys aren’t going to make it home.’”

Kapaun refused to retreat to safety, although urged to do so by his men, Odierno said, adding that “Father Kapaun said, ‘My place is with the wounded.’”

Kapaun negotiated the surrender to avoid a certain bloodbath and saved many lives, Odierno continued. Later, as prisoners of war, “his spirit never faded and he gave them the hope and courage they needed.”

Kapaun ministered right to the very end, Odierno said. “He gave the last rites and heard confessions even in final hours.”

Besides the Medal of Honor, Kapaun was awarded the Legion of Merit and Bronze Star with “V” for valor many years ago. And in addition to serving in Korea, Kapaun served two years in the Army during World War II in the China-Burma-India Campaign.

Rev. John Hotze, judicial vicar for the Catholic Diocese of Wichita, near Kapaun’s hometown of Pilsen, Kan., explained in an interview last month that his diocese is assisting the Vatican in the canonization process, which could lead to sainthood for Kapaun. Kapaun has already been named a Servant of God by the Vatican, the final step before sainthood.

Ray Kapaun, the son of Chaplain Kapaun’s brother, gave the final eulogy and celebration of Kapaun’s life.

“If Father Emil were standing here today, I know he’d look back on the last two days and say, ‘Oh shucks, you kidding me? You guys did all of this for me? All I was really doing was my job. All I was doing was what I needed to do. All I was doing was what God directed me to do. There were a lot braver men than what I am.’

“But he would also look out at his POW buddies and I know he’d walk over to you guys today, and he’d wrap his arms around each of you and he’d say, ‘I’m so happy you guys made it home. And please, please don’t be sad for me – because I made it home, too.’”



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Budget: Soldiers get 1 percent raise, 3.9 percent increase in BAH

By C. Todd Lopez
Army News Service

WASHINGTON – Soldiers will see a one percent pay raise in 2014. Their untaxed paycheck will also benefit from a 3.9 percent increase in basic allowance for housing and a 3.4 percent increase in basic allowance for subsistence as well.

The Army announced April 10 its fiscal year 2014 budget request, which amounts to \$129.7 billion — that’s part of the president’s \$3.03 trillion total government budget request for the fiscal year.

During a briefing at the Pentagon, Maj. Gen. Karen E. Dyson, director of the Army Budget, and Davis S. Welch, deputy director of the Army Budget, discussed components of the Army’s proposal, including how much is marked for supporting personnel, how much is marked for facilities maintenance and how much will go toward buying or modernizing war-fighting equipment.

The new budget represents a continued adaptation to the Department of Defense’s 2012 defense strategy, Dyson said.

“Adapting to the 2012 defense strategy means we are refocusing our training away from the emphasis that has been there on counter-insurgency — [which] was so key and critical in the Iraq War and remains critical today in the war in Afghanistan — and refocusing our training to go more toward core competencies, combined arms maneuver and wide area security.”

Dyson also said the Army, despite fiscal difficulties, demonstrates in its budget proposal that it remains committed to those Soldiers currently involved in the war, those Soldiers who are preparing to go to war, Soldiers engaged in Korea or going to Korea and Soldiers that are part of the Army’s Global Response Force.

For other Soldiers, she said, there is a reduction in training dollars.

“We are starting to see readiness slipping away from some of those units,” she said.

Noticeably absent from this year’s budget briefing were numbers related to the “overseas contingency operations” budget — which is separate from the Army’s proposed “base budget.” The base budget supports the training, equipping and sustaining of the “generating force,” while the overseas contingency operations budget supports the war-fighting effort overseas and is usually presented at the same time, but as a separate request. Dyson said planning for the fiscal year 2014 overseas contingency operations is



PHOTO BY C. TODD LOPEZ

During a briefing at the Pentagon April 10, Maj. Gen. Karen E. Dyson, director of the Army Budget, and Davis S. Welch, deputy director of the Army Budget, discussed components of the Army’s fiscal year 2014 budget proposal.

not yet complete.

This year’s total fiscal year 2014 base budget for the Army comes to about \$129.7 billion. Of that, about 44 percent, or \$56.6 billion, is for military personnel; about 18 percent, or \$23.9 billion is for procurement research, development, testing and engineering; and about 35 percent, or \$45.5 billion, is for operations and maintenance. This year’s base budget request is approximately \$5 billion less than last year’s request.

Aircraft

The OH-58 Kiowa Warrior program gets \$184 million for cockpit and sensor upgrades, and recapitalization on the cockpit, fuselage and tail boom, Welch said. Upgrades will yield weight reductions through new heaters and “composite universal weapons pylons and weapons displays.”

Welch said an earlier flight demonstration of possible replacements for the Kiowa Warrior — part of the “Armed Aerial Scout” program — did not provide a suitable candidate for militarizing existing commercial airframes. The Kiowa budget provides for continued upkeep of the airframe while deciding on further development of new Armed Aerial Scout.

This year, with \$1 billion in funding, the CH-47 Chinook enters the second year of a multi-year procurement effort. The Army will get six new aircraft from that effort, as well as 22 remanufactured aircraft. The aircraft is being modernized

with common avionics, digital advanced flight controls, common missile warning systems, and increased endurance and reliability through vibration reduction in its components, he said.

Budget requests for the UH-60 Black Hawk program, to the tune of about \$1.2 billion, will pay for 65 new airframes. Included in that are 41 UH-60M utility aircraft and 24 HH-60M medical aircraft.

The AH-64 Apache gets about \$813 million in the fiscal year 2014 budget request. That will provide funding for 42 re-manufactured Block III aircraft that can provide network-centric capability and “Level 4” unmanned aircraft system control capability that provides “manned-unmanned teaming” between Apache pilots and the UAS they can control from their cockpit.

The fiscal year 2014 budget also requests \$518 million to equip two Army companies with the MQ-1 Gray Eagle UAS.

Facilities

Welch said funding for facilities in the fiscal year 2014 budget request reflects “a return to the more historical spending levels.”

About \$2.3 billion is marked for military construction, Army Family housing and

Base Realignment and Closure in the fiscal year 2014 budget request — about \$1.2 billion less than last year.

Welch said funds will be used for, among other things, replacing aging facilities. Nearly \$750 million is marked for training ranges, reserve readiness centers, and failing infrastructure replacement. Facilities funding will also be used, he said, to support activation of the 13th Combat Aviation Brigade at Fort Carson, Colo., and the 16th CAB at Joint Base Lewis-McChord, Wash., and Fort Wainwright, Alaska.

Guns

It’s not all aircraft and ground vehicles in the fiscal year 2014 budget request — there are also things Soldiers can shoot.

The “Integrated Air Burst Weapon System Family,” also called the XM25 — and at one time called “the Punisher” by Soldiers in Afghanistan — is a counter-defilade target engagement system.

The XM25 was “tested and proven in Afghanistan against defilade targets, and the system provides dramatic increases in range and lethality compared to other individually fired weapons,” Welch said. The system will get \$69 million in fiscal year 2014 to enter low-rate initial production for as many as 1,424 of the weapons.

On a smaller scale, the Army’s carbine program gets \$71 million for 12,000 M4A1 carbines, and 29,897 Individual Carbines.

Military personnel


This year’s military personnel budget provides for Soldiers a one percent pay raise for 2014. It also increases basic allowance for housing by 3.9 percent, and increases basic allowance for subsistence by 3.4 percent, Dyson said. The budget also supports incentives for the all-volunteer force, to include recruiting and retention bonuses.

For the active Army, the budget asks for \$41 billion, a slight increase over last year’s request. The military personnel budget request for the Army Reserve also increased slightly to \$4.5 billion, and the Army National Guard request went down — coming in at \$8 billion.

For more on the budget, visit www.army.mil.

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Jeff C. Fuller is a part-time author who focuses mostly on fantasy and crime fiction. He currently resides in Alabama.



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190 COMMONS, This 2BD/2.5BA townhome comes with washer, dryer, refrigerator, gas stove, garbage disposal, dishwasher, and patio. Lawn care, pest control, use of clubhouse and swimming pool included. Pets OK with non-refundable pet fee!

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203 GRITNEY, Located in Daleville this 4BD/2BA Home features a living room, dining area, stove, refrigerator, dishwasher, garbage disposal, utility/laundry room with washer and dryer, spacious back yard with privacy fence and quarterly pest control. Pets OK with non-refundable Pet Fee!

FOR RENT



87 CO RD 740, This 3BD/2BA Home includes a living room, dining area, stove with microwave, refrigerator, dishwasher, garbage disposal, utility/laundry room with washer and dryer, double car garage and patio. Pets Neg. with non-refundable pet fee!

FOR RENT



50 SCOTTY LANE, This 3BD/2 BA Home features a living room with fireplace, dining area, stove with microwave, refrigerator, dishwasher, garbage disposal, utility room with washer and dryer connections, patio, and fence. Pets OK with non-refundable Pet Fee!

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Earth Day: Expo provides green alternatives

Continued from Page A1

Alabama Power, Urban Survival Gear and Grainger.

“Urban Survival Gear sells survival kits with items like solar chargers for electronic equipment and water purification systems. Discovery Recycling not only offers a full range of recycling services, but has some innovative ideas [people] can do to repurpose items in [a] home. Solar Pro will be demonstrating some of their technologies for water heating and energy efficiency. Southeast Alabama Gas District will be displaying their natural gas powered vehicle, and Interstate Batteries will show their solar battery chargers among other services they offer,” said Hager.

There will be other exhibitor representatives such as Army and Air Force Exchange Services and Walter Surface technologies, which will be displaying the earth friendly products they sell.

Several other companies have promised to come and display products like energy efficient air conditioning and lighting systems, water purification systems and environmental sampling.

Alabama Power will also bring the pop-



ular Tesla electric sports car and other vehicles to the event.

Attendees of the expo will learn a lot

about environmentally friendly products, environmental equipment, and get info on how to get set up with the recycling

center’s new incentive program, and there will be door prizes, according to Melissa Lowlavar, environmental branch chief.

“People will learn that a lot of ways to stay green will save people money. We want to show people products that they might not typically see or buy,” she said, adding that children are encouraged to come.

“We want parents to bring their children out so they can learn about environmentally sustainable practices,” she said. “We need to teach them while they are young how to conserve and how to live sustainably, that way they will know how to do it in the future.”

It is import to keep green work moving forward, according to Hagar, and headway has been made, but the challenges are still out there.

“With increasing populations and decreasing resources we must learn to use what we have wisely. Fort Rucker and the U.S. Army have no small part in that. We must show our support for the wise use of our dwindling resources and help instruct our community in the established and emerging technologies available to do just that,” he said.

Finances: Proper planning can increase saving success

Continued from Page A1

employees that are interested in getting ahead on the financial end of the furlough,” he said. “We decided to pool our financial resources here – our experience and knowledge – and come up with a presentation that was focused on ways that individuals could reduce expenses temporarily.”

Although the seminars are meant to educate people about financial responsibility during the furlough, Burden said these are lessons that they should apply year round.

“This [training] isn’t just about the furlough, it’s something that people should always be looking at,” he said. “It’s not just about reducing expenses and looking at your financial goals, but it’s to get people to look at their expenses year round.”

The seminars will focus on temporary changes because the current furlough will only last through the end of the fiscal year, said Burden. They will start by doing a cash-flow analysis to get an overview of the individual’s financial situation.

“In order for most people to get an idea of how much they need to reduce in their expenses, they need to know how much income they have coming in, and the cash-flow analysis will help see that,” he said. “We find that a lot of people don’t really know how much money they have coming in.”

Burden said that although people know what their income may be, actually seeing all of their income on paper, along with their expenses, gives them a broader view of where their money is going and where they can cut.

People start by getting their leave and earnings statement, which is like a detailed pay stub that shows all income, deductions and allotments, said the financial counselor.

“We ask the participants to look at their LES and look at their cash-flow analysis because it’s too much information to keep track of in their head,” he said. “We also ask people to list all their monthly expenses, including fixed expenses like mortgages, rent and auto expenses; and flex expenses, which include things like food, groceries and gas.”

Burden said that one place that a lot of people will be surprised that they spend is in their miscellaneous expenses, which include things like coffee, snacks or cigarettes, and offers advice to help keep track of how much they are spending on those miscellaneous

expenses.

“When you buy things like that, keep your receipts, and whenever you make the purchase, store that receipt somewhere and at the end of the month, add it all up and you’ll see how much it can add up to,” he said.

The cash-flow analysis is just one of the topics that are discussed during the seminar. Another topic that is discussed is financial goals.

Burden said that if individuals are faced with furloughs, people might need to adjust their financial goals, but only temporarily. Along with putting their goals on hold, people will most likely be faced with having to cut expenses.

“That’s something that we talk about and people can do it pretty easily if they really want to,” he said. “It’s a behavior modification

—more of a mindset than anything. It’s like losing weight. You’ve really got to get your mind around it first and accept the fact that you want to reduce your expenses.”

Burden also talked about the Thrift Savings Plan that many people might be invested in and said that people shouldn’t stop contributing to their TSPs if they can help it.

“It’s not really a good idea to stop contributing, but if necessary, reduce the amount that you’re contributing,” he said. “People need to realize that it’s a significant thing to reduce a long-term savings plan.”

People should think long and hard about making a decision that would affect them in the long-term, he said.

For more information or to register, call 255-9631, 255-2594, 255-2341 or 255-0679.

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OPEN SAT. 10:00-12:00



106 Regal - Scottdale Heights - \$132,000
3BR/2BA brick home conveniently located to shopping. You will love its classic floor plan with bedrooms on one end plus big eat-in kitchen & separate dining room. New paint & carpet make it move in ready. Back yard is just another big plus for this home.
Luda Streck 449-2826. Take Rucker Blvd. towards the Enterprise Gate, turn left in to Scottdale Heights S/D, onto Victoria Dr., turn right onto Regal, house on the right.

OPEN SAT. 10:00-12:00



110 Remington - Fountain Crest - \$226,000
Nice house with pool convenient to Ft. Rucker. Salt system pool, screened porch, wood floors in dining room & foyer. 9 foot ceilings & recessed lighting.
Agnes Karvonen 406-9752. Rucker Blvd to right into Fountain Crest then right on Remington.

OPEN SAT. 10:00-12:00



102 Jessica - Shell Landing - \$210,900
So many extras! Bonus den/4th bedroom with built-ins. Screened porch with richly stained concrete flooring. Computer/office space, formal dining room, custom tile work. Seller motivated.
Gina Swan 447-9451. Boll Weevil Circle to Shell Field Road. Left on Daphne, right on Jessica

OPEN SAT. 10:00-1:00



303 Millenia - Cotton Creek - \$218,900
Great price!! Solid surface counter tops in bathroom, Florida room. Sidewalks, zoned for Holly Hill School District.
Nadia Newkirk 389-4680. Boll Weevil Circle to 27N (Ozark Hwy), right on Cotton Creek Blvd, left on Millenia.

OPEN SAT. 12:00-2:00



413 Grandpine - Regency Heights - \$125,000
Tastefully remodeled 3BR/2BA home with new roof, windows, a/c, floors, kitchen, etc. All that is left is for you to bring your furniture & enjoy.
Nicole Annicelli 464-0782. Rucker Blvd, right at Shell Gas Station, right on Melbourne, right on Grandpine.

OPEN SAT. 12:00-2:00



104 Cambridge - Fairfield - \$119,900
3BR/2BA in great location. Well maintained & so convenient to everything. You won't believe how inviting the screened porch is. Kitchen updated 3 yrs ago. New A/C, new roof in 2009.
Jan Sawyer 406-2393. Boll Weevil Circle, turn toward downtown on 134. Just past Woodland Park is Fairfield Subdivision. Turn left on Fairfield, second right on Cambridge.

OPEN SAT. 12:00-2:00



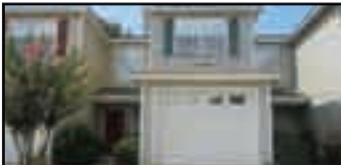
409 S Tyler - New Brockton - \$157,000
2 large BD, open family room with vaulted ceilings, separate sitting room & dining area. 2-car garage. Large landscaped yard with covered patio with gold fish pool. 8 mature pecan trees & other fruit trees.
Bob Kuykendall 369-8534. 84 to New Brockton, stay on bypass, left on S Tyler in front of the Dollar General Store, house on left approx. half mile from bypass.

OPEN SAT. 1:00-4:00



203 Winterberry - The Cottages at Woodland Park - \$149,500
New construction: Security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom & tray ceiling in grandroom, privacy fence. (Winterberry Plan) **Century 21 406-0048**
Boll Weevil Circle past the high school, subdivision entrance on left, right on Winterberry Way

OPEN SAT. 1:00-4:00



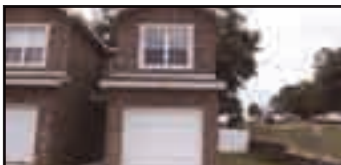
133 Woodberry Foxhill Commons - \$64,900
Very nice & clean townhouse. On the way to Fort Rucker, excellent location. Community pool & clubhouse. Home owner association.
Nancy Cafiero 389-1758. Rucker Blvd, turn left on Ridgeway, then first left on Woodberry

OPEN SAT. 1:00-4:00



303 Hickory Bend Valley Hills - \$125,000
Plenty of room for your family & friends. Excellent neighborhood, convenient to schools, shopping areas & Fort Rucker. Spacious 2 story wood shed. VA foreclosure, to be sold "as is".
Nancy Cafiero 389-1758. Boll Weevil Circle, take Shell Field Road, turn right on Hickory Bend

OPEN SAT. 1:00-4:00



100 Eagle Landing Eagle Landing - \$80,000
Great townhouse, 3BR/2.5BA, fenced yard, covered porch on first floor & open on second floor. Corner lot. Community pool. Excellent location.
Nancy Cafiero 389-1758. Boll Weevil Circle to Shell Field Road, turn right on Eagle Landing.

OPEN SAT. 1:00-4:00



100 Victoria Scottdale Heights - \$79,900
Great location, convenient to schools, shopping areas & Fort Rucker. 4BR/2BA, 2 living areas, fenced & level back yard. VA foreclosure to be sold "as is".
Nancy Cafiero 389-1758. Rucker Blvd toward Fort Rucker, turn left on Victoria.

OPEN SAT. 1:00-4:00



202 Broken Arrow Indian Lakes - \$109,900
Private fenced yard. Big & spacious home, with two living areas. Inground pool. Very close to schools & shopping areas. Few miles away from Fort Rucker. Very well established neighborhood.
Nancy Cafiero 389-1758. Rucker Blvd, turn into Wren, left on Robin, right on Broken Arrow

OPEN SAT. 1:00-4:00



102 Stoneridge - Fairfield - \$74,900
Very nice one level ranch in excellent condition. 2 living areas. Ready to move in. Level fenced lot convenient to schools & shopping. VA foreclosure to be sold "as is".
Nancy Cafiero 389-1758. Hwy 134 W, right on Fairfield, right on Stoneridge.

OPEN SAT. 2:00-4:00



405 Wildwood Harrand Creek - \$157,900
New floor covering/interior & exterior paint/windows/fixtures. 3BR/2BA, 2-car garage, formal dining room, bonus room, all situated on large wooded lot.
John Sizemore 389-1450. East on Rucker Blvd, left on Victoria, right on Regal, left on Wildwood.

OPEN SAT. 2:00-4:00



162 Woodfield Rolling Acres - \$65,000
Great investment property or wonderful home for the first time buyer. 2BR/1.5BA, fireplace, end unit with upper deck. Convenient location & priced to sell! Exterior vinyl & HVAC new in 2011.
Judy Dunn 301-5656. Rucker Blvd to Briarwood, left on Woodfield.

OPEN SAT. 2:00-4:00



117 W Emerald Scottdale Heights - \$110,000
3BR/2BA, 2-car carport, living/dining combo, eat-in kitchen & a large multi-level deck for entertaining. Updates in 2010 include the windows throughout the house, tile floor in kitchen, carpet in living room & bedrooms, driveway & sidewalk to front entry.
Agnes Karvonen 406-9752. Rucker Blvd to Victoria, left on Emerald.

OPEN SAT. 2:00-4:00



102 Garden Loop Oakridge Forest - \$325,000
Heated/enclosed pool, stunning 3BR/2BA home. Neighborhood lake for fishing. Also available: separate building almost complete & could be guest house/office/mother in-law suite.
Nicole Annicelli 334-464-0782. 167 south, left into Oakridge, left on Oakridge & left onto Polar then right on Garden Loop.

OPEN SAT. 2:00-4:00



115 CR 166 - New Brockton Hunter Ridge - \$226,000
3BR/2BA, lovely home backs up to woods, new sewage system, split bedroom plan, grandroom, separate dining room, eat-in kitchen, plantation blinds & covered porch.
Angie Goodman 464-7869. 167 N turn into Hunter Ridge Subdivision, take first left CR 166.

OPEN SAT. 2:00-4:00



19 Andrews - Daleville Belaire - \$119,650
Spacious, move-in ready, 3BR/2.5 BA brick house that features 2 living areas perfect for family fun & activities.
Mary M. Jones 790-2933. Plaza in Daleville turn on Andrews.

OPEN SAT. 2:00-4:00



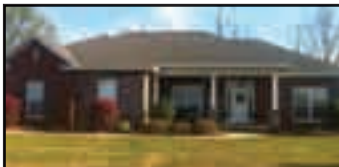
110 Victoria - Scottdale - \$122,000
Can't rent a nice house for less! New roof, 3BR/2BA.
Luda Streck 449-2826. Rucker Blvd left on Victoria.

OPEN SAT. 2:00-4:00



202 Seminole - Forest Park - \$119,900
Renovations just completed. 3BR/2BA jewel with new A/C, carpet, tile kitchen appliances & counter tops, ceiling fans & light fixtures. Fresh paint. Nice & large laundry room. Garage with great work bench plus adjacent storage room.
Jan Sawyer 406-2393. Rucker Blvd to Dixie Drive. Turn left on Navaho, first right is Seminole. House on right. From Hwy 27 turn on Dixie Drive. Cross bridge, turn right on Cherokee, first left on Seminole.

OPEN SAT. 2:00-4:00



100 Grey Fox Trail Brookwood - \$249,900
Magnificent home with a tempting sparkling pool, open family friendly floor plan, stainless steel appliances, granite counter tops & all the other amenities of a new home.
Nadia Newkirk 389-4680. Boll Weevil Circle to left on CR 708 (Bellwood Rd) First left is Grey Fox Trail.

OPEN SAT. 2:30-4:30



58 CR 171 - New Brockton Hunter Ridge - \$285,000
Beautiful home, hardwood floors throughout, custom cabinets, granite counter tops, stainless appliances, pretty custom trim package & custom built mantel. Claw foot tub & tiled shower in MBA. Custom cabinets and sink in laundry room, huge lot (1.05+).
Bob Kuykendall 369-8534. Boll Weevil Circle to 167 N, turn right into Hunter Ridge (CR 163), turn right on CR 171.

OPEN SAT. 2:30-4:30



112 Dauphin Street - \$55,000
Updated, check out this cute cottage in a great location. Zoned for the new Hillcrest Elementary. 2BR/1BA, living room & family room/play room. Large back yard.
Robin Foy 389-4410. Boll Weevil Monument. North Main to right on Dauphin Street.

OPEN SUN. 12:00-2:00



110 Remington Fountain Crest - \$226,000
Nice house with pool convenient to Fort Rucker. Salt system pool, screened porch, wood floors in dining room & foyer. 9 ft ceilings & recessed lighting.
Luda Streck 449-2826. Rucker Blvd to right into Fountain Crest then right on Remington.

OPEN SUN. 1:00-3:00



122 Hannah - Daleville The Woodlands - \$212,000
Spacious 4BR/3BA, stainless appliances, new laminate flooring, large fenced yard, detached 18x19 garage, per owner students can attend Enterprise or Daleville schools.
Sam Helms 798-3357. 84 E to Level Plains, left on 445, right on Joe Bruer, left on Hannah.

OPEN SUN. 1:00-4:00



303 Millenia - Cotton Creek - \$218,900
Great price!! Solid surface counter tops in bathrooms, Florida room. Sidewalks, zoned for Holly Hill School District.
Nadia Newkirk 389-4680. Boll Weevil Circle to 27N (Ozark Hwy), right on Cotton Creek Blvd, left on Millenia.

OPEN SUN. 1:00-4:00



203 Winterberry - The Cottages at Woodland Park - \$149,500
New construction: Security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom, privacy fence. (Winterberry Plan)
Debbie Sunbrock 406-9079. Boll Weevil Circle past the high school, subdivision entrance on left, right on Winterberry Way.

OPEN SUN. 2:00-4:00



300 Choctaw - Indian Lakes - \$117,500
4 bedrooms. Conveniently located in established subdivision. Landscaped corner with fenced back yard, formal living/dining room & covered patio all waiting for your family.
Agnes Karvonen 406-9752. Rucker Blvd to Choctaw, house on right (corner of Choctaw & Robin).

OPEN SUN. 2:00-4:00



202 Foxchase - Fox Chase - \$84,500
Wonderful townhouse, terrific location between Fort Rucker & Enterprise. Great space in this 2BR/2.5BA, 1-car garage, appliances including washer & dryer. HOA includes access to clubhouse, pool, lawn care & pest control.
Judy Dunn 301-5656. Rucker Blvd to Ridgeway, turn onto Ridgeway, right on Foxchase.

OPEN SUN. 2:00-4:00



204 Janice - Morgan - \$259,000
Like New Home!! Built in 2010. Open floor plan. Beautiful kitchen with custom cabinets, granite countertops & tile backsplash. Granite in all bedrooms. Hardwood floors throughout. One of the extra bedrooms has a private BA.
Bob Kuykendall 369-8534. Boll Weevil Circle to W Lee St, right on Alberta, right on Janice, house is on the right on the corner of Janice & Gail.

OPEN SUN. 2:00-4:00



315 PR 1211 - New Brockton Timber Creek - \$699,900
Custom home just outside the Enterprise City limits. 3+ acres, expansive covered deck, beautiful backyard & catfish pond. 3-car attached garage plus 4-car detached garage. Pine hardwood floors throughout, built-ins, huge MBR with expensive MBA, bonus room, huge Pantry.
Robin Foy 389-4410. Boll Weevil Circle to 167 N Entrance to Timber Creek Subdivision is on the left just beyond Gateway Estates entrance which is on the right. Turn left into Timber Creek.

OPEN SUN. 2:00-4:00



3384 Hwy 105 - Ozark - \$349,000
Awesome, 4BR/3BA, covered patio for outdoor entertaining, 3-car garage & over 2430 sq. ft. heated & cooled living space. Fresh interior neutral paint lends itself to your personal touches. Country living on 20+ acres located in the George W. Long school zone.
Jan Sawyer 406-2393. Follow Highway 105 north from Ozark toward Skipperville. Home will be approx. 9 miles on right.

OPEN SUN. 2:00-4:30



106 Lake Ridge Honeysuckle - \$284,000
Impressive 4BR/2.5BA home. The pool, marble foyer, spiral staircase & extra-large MBR are just a few of the impressive features of this beautiful home located just a golf cart drive to the greens.
Mary M. Jones 790-2933. Hwy 27 N, turn right on Honeysuckle, left on Lake Ridge.

APRIL 18, 2013

25th CAB receives top honors

By Sgt. Daniel Schroeder
25th Combat Aviation Brigade Public Affairs

WHEELER ARMY AIRFIELD, Hawaii — The 25th Combat Aviation Brigade was awarded the Army Aviation Association of America Outstanding Aviation Unit of the Year Award at the 2013 AAAA Annual Professional Forum in Fort Worth, Texas, April 11.

The brigade's primary mission was to conduct full spectrum Aviation operations, to defeat the insurgency, support and improve governance and development. Its efforts secured the Afghan people setting conditions for sustainable peace.

The Brigade's fighting force consisted of more than 2,300 Soldiers and equipment including OH-58D Kiowa Warriors, UH-60 Black Hawks, and CH-47 Chinook helicopters from WAAF and AH-64 Apache helicopters from Fort Carson, Colo.

The brigade moved more than 100,000 passengers and 15.3 million pounds of cargo across the battlefield in approximately 139,000 combat flight hours. The

CAB was spread out across more than 25 forward operating bases, with its brigade headquarters located on Kandahar Air Field and three task force Headquarters at FOBs Wolverine, Tarin Kowt and Shindand.

Soldiers and units of the brigade had received several awards leading up to this accomplishment to include the Henry Q Dunn Crew Chief of the Year Award, Rodney J.T. Yano Noncommissioned Officer of the Year Award, Medicine Award, DUSTOFF Medic of the Year Award, Aircraft Survivability Equipment Award and the 2012 Avionics Award.

The 209th Aviation Support Battalion, 25th CAB was the recipient of the Lt. Gen. Ellis D. Parker Award for outstanding support to the CAB. The Sikorsky Aircraft Corporation recognized CW5 Joe Roland, 25th CAB standardization officer, as the Army's most decorated Black Hawk pilot.

Col. Frank Tate, 25th CAB commander, attributes the success of the CAB's mission in Afghanistan to each individual Soldier's hard work and dedication to accomplishing the mission.



PHOTO BY SGT. DANIEL SCHROEDER

Soldiers from 3rd Bn., 158th Avn. Regt., TF Storm, currently attached to the 25th CAB, use teamwork to hook up a nozzle to a fuel hose during an exercise to set up a Jump Forward Arming and Refueling Point on FOB Shindand, Afghanistan, last year.



PHOTO BY SGT. CHRISTOPHER CALVERT

Several 1st ACB Soldiers perform maintenance on an AH-64 Apache during the culminating exercise of confined space training at Fort Hood, Texas, April 11. During the training, 20 Soldiers were taught proper safety procedures while climbing into tight spaces, including working with equipment around chemicals, as well as proper rescue procedures in the case of a sudden emergency.

Soldiers undergo confined space training

By Sgt. Christopher Calvert
1st Air Cavalry Brigade,
1st Cavalry Division Public Affairs

FORT HOOD, Texas – During Soldiers' day-to-day operations, following proper safety procedures at all times is paramount. For troops with the 1st ACB, training was held to keep those who work in enclosed areas to protect themselves from a potential tighter spot.

Soldiers with the 1st Air Cavalry Brigade, 1st Cavalry Division, attended confined space training April 7-11 at Hood Army Airfield.

During the training, 20 Soldiers received their certification in confined space training after a four-day block of instruction that taught them how to prevent harm to personnel and equipment, said Jorge Pena, an Occupational

Safety and Health Administration instructor with Texas A&M Engineering Extension Services.

"This week we specifically focused on aircraft fuel cells, as I tailored the curriculum upon seeing my students were entirely Black Hawk, Chinook and Apache maintainers," he said. "We really hit on how to enter into fuel cells, while minimizing exposure and hazards that could potentially cause injury or death."

When dealing with confined spaces, safety regulations become imperative to follow, and Soldiers must ensure they're complete and up to date before entering the space, Pena said.

"Soldiers have to be able to identify hazards immediately," he said. "Fuel cells are restricted by their size, which causes hazards to become magnified due to the enclosed space."

The atmosphere can change dramatically in a close environment, which causes less time and quantity for a problem to arise. Even heat comes into play, as all elements will have issues quicker due to size constraints."

During the week, 1st ACB Soldiers went through existing regulations with a fine tooth comb and compared them to standard federal regulations approved by OSHA in order to find potential short comings, Pena said.

"The Soldiers compared the regulations and located some deficiencies to improve upon in order to make their job safer," Pena explained. "Some hazards are immediate and some are lingering. We want to ensure regulations provide the maximum safety benefits to

SEE TRAINING, PAGE B4

Max Brooks joins Army North's hurricane rehearsal

By Sgt. 1st Class
Christopher Dehart
USARNORTH

FORT SAM HOUSTON, Texas — It doesn't matter if mankind is facing a zombie apocalypse, a massive hurricane or a catastrophic earthquake — disasters of natural or unnatural origin still need to be prepared for.

"Do I have a zombie survival kit?" asked Max Brooks, the guest speaker of a Hurricane Rehearsal of Concept event, hosted by U.S. Army North (Fifth Army), April 9-11. "Sure!" answered the author of "The Zombie Survival Guide" and "World War Z."

"It's my earthquake kit — it's the exact same thing."

Although it's not a typical ques-

tion to ask, it is certainly a viable one for those in the business of keeping Americans safe and secure in the homeland. Such is the case for the Department of Defense and Interagency partners who gathered together at Fort Sam Houston, where they brought together military and federal, local and state agencies that would be tasked with responding to a hurricane disaster.

The concept of the rehearsal is tailored to provide guidance and input from all attendees and identify issues — as well as find solutions — during a joint effort.

Brooks credits "zombies" for bringing attention to preparedness in general and noted that the U.S. Centers for Disease Control and

SEE REHEARSAL, PAGE B4



PHOTO BY SGT. 1ST CLASS CHRISTOPHER DEHART

Maj. Gen. Daniel York, commanding general, 76th Operational Response Command, speaks with Max Brooks, author of "World War Z" and guest speaker for the U.S. Army North (Fifth Army) hosted Hurricane Rehearsal of Concept Drill, following Brooks' speech, April 9, at Blesse Auditorium on Fort Sam Houston, Texas. York's unit is a force provider for Army Reserve emergency preparedness liaison officers.

Army supports another BRAC

By J.D. Leipold
Army News Service

WASHINGTON — The Army's assistant secretary for Installations, Energy and Environment was back on Capitol Hill along with Defense Department and service counterparts to request another round of base realignment and closure in fiscal year 2015.

Katherine Hammack testified before the House Appropriations Committee April 12 that as the Army reduces its force structure and end strength by roughly 14 percent, or 80,000 Soldiers come 2017, the service will also need to keep in-line with those personnel reductions by assessing and right-sizing the supporting infrastructure.

She said the Army requested \$2.4 billion for construction in fiscal year 2014, which would cover Army Family housing as well as the Army's share of the DOD base closure account. This represents a 34 percent reduction from the fiscal year 2013 request, she noted.

"In addition to and in support of Army installations and facilities, the Army also requests \$15.2 billion for installation energy, environmental programs, facilities sustainment, restoration modernization and base operating support," Hammack told the committee.

"With the fiscal challenges the Army and the whole Department of Defense is making, we closely reviewed our facility investments to determine the level of resources necessary to support the force," she said, adding that supporting the force requires both adequate facilities and training ranges.

In preparation for adding new construction and upgrading infrastructure, the Army published a programmatic environmental assessment that was prepared in accordance with the National Environmental Policy Act. A finding of "no significant impact" was published by the Federal Register April 12. She said many communities are also concerned with socio-economic impact.

"With the reduced end strength and reduced force structure in the U.S., now is the time to assess and right-

SEE BRAC, PAGE B4

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Training: Class more than exceeds expectations

Continued from Page B1

Soldiers doing their jobs in all elements, and that rescue plans are detailed and spread to the lowest level before entrants perform their duty.”

Pvt. 2 Austin Guess, a UH-60 helicopter repairer and Denver, N.C., native with D Company, 3rd Battalion, 227th “Spearhead” Aviation Regiment, 1st ACB, attended the class and said the training was essential.

“I’ve learned so much about safety procedures for climbing into tight spots and equipment around chemicals,” Guess noted. “We’ve had the opportunity for a week to ask questions and learn how to make sure everything’s safe before entering a confined space. When we work on fuel cells or tail cones from now on, we’ll definitely have more knowledge about safety and how to look things up in the OSHA regulation.”

After the group completed their culminating exercise,

Pena said the class more than exceeded his expectations with their motivation, expertise and thirst for knowledge.

“The class did great,” Pena said. “They asked intelligent questions and took the information to heart, as it could one day save themselves or their partner’s life. When it comes to safety, we make sure troops are made aware of all hazards. You end up depending on each other, and when individuals are safe, it equals a stronger unit as a whole.”

BRAC: Next round could occur in fiscal year 2015

Continued from Page B1

size the supporting infrastructure in line with force structure reductions in Europe, where we’re reducing by two brigade combat teams,” she said.

The secretary said along with a 45-percent reduction in force structure in Europe, the Army is also implementing a 51-percent reduction in infrastructure in an-

tipication of a corresponding 58-percent reduction in workforce and 57-percent reduction in base operating costs.

“A future round of base realignment and closure in the U.S. is essential for us to right-size our infrastructure in the United States just like we’re doing in Europe,” Hammack said. “In Europe we’re working closely with [the Office of the Secretary of Defense] and

the other services to identify if there are opportunities for ‘jointness’ or consolidation beyond that which the Army is already implementing.”

Hammack pointed out that previous rounds of base realignment and closure have resulted in cost savings to the bottom line. The 2005 BRAC has resulted in \$1 billion worth of savings to the Army annually, she said. The

Army has conveyed almost 78 percent of the total BRAC acreage and is investing in the environmental cleanup to convey the remaining.

“We know, as we close bases, there is a cost for property conveyance and environmental cleanup,” she said. “Putting excess property back into productive reuse can facilitate job creation, help communities build a local tax base and

generate revenue.”

John Conger, the deputy undersecretary of defense for Installations and Environment, also testified. He said he believes there’s a good case for another BRAC round. He said the previous five rounds have been providing a recurring savings of \$12 billion annually and was paying for the entire military construction bill and more.

Rehearsal: Fictional scenario helps boost training interest, success

Continued from Page B1

Prevention even has a “Zombie Plan.”

“This is the first time I’ve ever seen the federal government actually do something cool,” he said, in speaking of the process used by all levels of government in responding to emergencies and disasters. And while he got more than a few laughs from that, he truly meant what he said.

“For the first time, you have young people being interested in being prepared, being ‘tricked into’ taking care of themselves, really, because even if the zombie apocalypse does not happen, they will be ready for the next hurricane or next disaster,” Brooks said.

He certainly didn’t mean tricked in a bad way, but there is something about the idea of facing down a horde of zombies that can seem more heroic and exciting than dealing with the realities of flooding, loss of power and damages from a super storm. It’s this hook, he said, that makes the mission of Army North and its partners to be something that average citizens can relate to.

Brooks said he has spoken at the Naval War College twice already on the same subject.

“We are teaching people what to do when

the lights go out,” he said enthusiastically in explaining that he feels it is his job not only to entertain but to educate as well. “If I can get people thinking, even just briefly, what it takes to keep the lights on and what it takes from the people who keep the lights on, then I will have done my job.”

Many of the major agencies that are part of the Northern Command’s Joint Forces Land Component Command as well as several federal, state and local partners, took advantage of the opportunity to talk in an open forum on how their “piece” of the disaster response operations would be conducted. They included lessons learned from the previous year’s experiences, particularly with Hurricane Sandy.

“Our processes that we’ve used in the past haven’t always supported getting things done on time,” said Ralph Laurie, Defense Logistics Agency. “During Hurricane Sandy, we got a little out of our comfort zone, but that was what our director was demanding.”

Laurie explained that the level of product support, such as fuel, water, machinery, etc., was unprecedented during Hurricane Sandy, and it showed their capability in leaning forward to deliver what was needed. Responsiveness, he added, trumps all and was “the coin of the realm” and will be in the future.

A phase-by-phase hurricane scenario was a big part of the exercise. It involved two storm systems building to hurricane level and the potential landfall at Gulfport, Miss., and Norfolk, Va., which produced corresponding flood and wind damage in each region. Each phase corresponds with different actions required by the JFLCC and the Federal Emergency Management Agency — from the shaping of the storm, to anticipating direction and impact, to response once the storm or storms hit, to operations during the incident, to providing stability and ending with transition back to state and local agencies and the subsequent support.

Maj. Gen. Perry Wiggins, deputy commanding general for operations, Army North, introduced the scenario overview and broad topics discussion by reminding everyone that each person there had something to learn — and they also had something to share.

“The most important thing about hurricane season, personally, is relationships,” Wiggins said. “When a hurricane happens, sometimes there is confusion that surrounds it. And, there are people who will be there who have experience with that and understand what to do — those people are you.”

Wiggins also noted that representatives

were present from all agencies and that it is a total government effort.

“We in this uniform, we are the support team,” he said. “Although the military is well-known for leading the way, here, they are one of the pillars of support to the disaster response agencies.”

A hurricane is only one of the many incidents that may occur at any given time; beginning in June, the season approaches when they are most likely to form and strike.

This year in particular is projected to be an above-average year in terms of activity, according the extended range forecast of Atlantic seasonal hurricane activity and landfall strike probability for 2013 from William Gray, Ph.D., Professor Emeritus of Atmospheric Science, head of the Tropical Meteorology Project at Colorado State University.

Since it can happen across a vast expanse of the country, those gathered said they felt it is important to ensure exercises of this type are used to make the most of adapting new strategies and being as absolutely prepared as possible for almost any problem out there.

There really are no more local problems, Brooks explained, in talking about his perspective as a writer. People saw it after Hurricane Katrina. They saw it after the Fukushima incident in Japan.



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APRIL 18, 2013



PHOTO BY KATHERINE ROSARIO

Maj. Eric Spotts, chief of optometry at Lyster Army Health Clinic, performs a quick eye exam on Erin Andrei, 4, during the Health and Nutrition Fair April 10 hosted by child, youth and school services. Quick eye screenings can help determine possible vision problems in school-age children and let parents know if a more comprehensive eye exam is needed.

Fair focuses on teen health, wellness

By Nathan Pfau
Army Flier Staff Writer

It can be tough to combine fun with fitness when it comes to being healthy and staying fit, but Fort Rucker found a way to keep the attention of its youth while educating them on why it's important to lead a healthy lifestyle.

Fort Rucker Child, Youth and School Services held its Youth Health and Nutrition Fair April 10 where children had the opportunity to learn about eating healthy, as well as have their eyes, ears and overall physical fitness checked, according to Sharlene Phillips, sports specialist and event coordinator.

"It's the Month of the Military Child and we always hold this event in April so that we can get the children together," she said. "During the event, they had the opportunity to get their weight, height, blood pressure, eyes and ears checked."

There were as many as 15 tables set up with different vendors to educate the children on physical health, nutrition facts, fire safety and even dental hygiene. McGruff, the crime dog, was even on-hand to talk to children about interacting with strangers and what to do in case of an emergency.

Phillips said it's a good way for parents, who might not have a lot of time, to get a preliminary

checkup on their children to make sure they are in tip-top shape.

"The way the environment is on a [military installation], everybody is busy, busy, busy," she said. "With this event, we can take care of [a number of children] all in one day at least once a year, and depending on the results, the parents can even see what their children might need in terms of health care."

Karen Prather, military spouse, said she attended the fair with her children, Sarah and Aidan, to do just that, as well as educate her children on why it's important to stay healthy.

"It gave [my children] a great opportunity to learn how to take care of themselves," she said. "I love that Fort Rucker has programs like this because it gives us all of this material that we can look at and discuss with our children."

"It's important to learn about this stuff because it's your body and you need to take care of your body and keep it healthy," said Sarah. "That's why we wanted to come out, to learn more about nutrition and how to take care of yourself."

As beneficial as the youth fair was for the children, Leroy Minus, assistant youth sports director, said it was equally beneficial for the parents in that it showcased a lot of the different programs that were available for



PHOTO BY NATHAN PFAU

Volanda Eddis, dental hygienist at Brown Dental Clinic, teaches a group of children about proper dental hygiene during the Fort Rucker Child, Youth and School Services Health and Nutrition Fair April 10 at the youth center.

their youth in one place.

"We invite all the people [on post] that have anything to do with fitness, awareness and safety, and we ask them to come here and educate the children on the different programs that are available to them on Fort Rucker," he said. "Although it's educational for them, we wanted it to be fun for them as well."

The fun side came in the form

of free goodies that the children were able to take home – fire hats, bracelets and coupon books – as well as a "Harlem Shake" event that all of the children and even adults were able to take part in.

Although the fair focused on youth health, it was also a good opportunity for children to be exposed to the new youth center, as well as the different youth

sports that are offered on Fort Rucker.

"This fair was put together to expose the [children] to everything," said Minus. "This gives the kids the opportunity to get exposed to youth sports and possibly find an interest in something they haven't tried before. We just want them to see the diversity that is offered here."

Post takes part in Autism Awareness Month

By Nathan Pfau
Army Flier Staff Writer

Autism affects millions of children and Families around the world, and Fort Rucker is joining the fight during Autism Awareness Month to bring awareness and education to those that need help.

Events, such as a workshop and a golf tournament, will be held throughout April to help bring awareness about Autism Spectrum Disorders and ways that military Family members can seek help if needed, according to Marion Cornish, Exceptional Family Member Program manager.

"Autism Awareness Month on Fort Rucker is designed to put some awareness out there for individuals who may not be familiar with what autism is and what it looks like," she said. "It impacts the military community just as much as it impacts the civilian community."

Autism affects one in 88 children in the U.S., a 78-percent increase from 2002, according to the U.S. Centers for Disease Control, but it's unclear whether the increase is due to a rise in autistic children or a better understanding of the disorder leading to better diagnoses.

Cornish said the first line of defense against ASD is to educate individuals on how to recognize the symptoms and what to do if a child is diagnosed.

Throughout the month, displays will be set up at Bldg. 5700, the Center Library and the post exchange that will have information on autism and ASD. Autism Spectrum Disorders include autistic disorder, pervasive developmental disorders and Asperger Syndrome, according to the EFMP manager.

The most common and noticeable signs of ASD are problems with social, emotional and communication skills, said Cornish.

"One thing that is very characteristic of autistic children is that they have little or no social skills because they don't like to be touched and it's hard for them to interact with their peers," she said. "By nature we as people are very social, so if that type of behavior is noticed early on, that might be a sign."

Another event that people have the opportunity to attend is the Applied Behavioral Analysis Workshop, which will be held at The Commons April 25 from 5:30-7:30 p.m., and people wanting to attend must register by Tuesday. For more information or to register, call 255-9277.

"Applied Behavioral Analysis therapy has shown to be successful for a lot of individuals affected ASDs," said Cornish. "This [workshop] can help individuals understand how to respond to these type of behaviors and help them get the

resources they need if they need more help."

The workshop is not just for Family members affected by ASDs, but also for professionals in the field that wish to learn more about the ABA process, according to the EFMP manager. It's also an opportunity for some to earn continuing education units, she added.

Another event to bring awareness to what ABA can offer is the Enlisten Scholarships for ABA Therapy Charity Golf Tournament hosted by the Progress Center.

The tournament will be April 26 at Silver Wings Golf Course with a shotgun start at 9 a.m., according to Amy Bennett, the Progress Center.

"Thanks to our friends at the 1st Aviation Brigade, we are proud to be [hosting] our first ever golf tournament," she said. "All proceeds will benefit children in the Wiregrass area who are in desperate need of ABA and Auditory

therapy.

"Many children on the autism spectrum do not receive basic treatments and therapies because their parent's insurance does not cover ABA therapy," she continued. "Our goal is to raise enough proceeds to benefit 18 Families who need our services."

The game will be an 18-hole scramble (Captain's Choice) tournament, and competitions include closest to pin, straightest drive and hole-in-one. The entry fee is \$65 per person and golfers of all skill levels are welcome, she said. For more information or to register, call 470-3400.

"We just want Families to know that there are resources that are available to them," said Cornish. "Knowledge is power and it helps to know which direction to go. The resources are out there and you just have to know how to plug them in, and we can help."

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Blue Day

April is recognized as Child Abuse Prevention Month, and the Fort Rucker community is getting into the spirit by asking people to wear blue every Friday of the month as part of the Blue Day Campaign. This communitywide effort to recognize the collective responsibility to prevent and confront all forms of child abuse is designed to serve as a visible commitment to support child abuse prevention.

For more, call 255-9641.

Youth center lock-in

As part of Month of the Military Child, the youth center will host a lock-in for ages 11-18 Saturday from 9 p.m. to 6 a.m. There will be entertainment, food, games and more. Youth center staff said it will be a “fun-filled night of amazing events.” The event is free for child, youth and school services members. Members may bring a guest, ages 11-18, and the cost is \$10 per guest. Preregistration is not required, but is preferred.

For more, call 255-2245 or 255-2260.

Family Member Resilience Training

Army Community Service hosts Family Member Resilience Training Tuesday and Wednesday from 8:30 a.m. to 2:30 p.m. at The Commons in Bldg. 8950 on Seventh Avenue.

For more, call 255-2382

Administrative Professional Day Luncheon

The Landing offers people a chance to show their appreciation for their administrative assistants and staff by treating them to lunch at the Administrative Professional Day Luncheon Wednesday from 11 a.m. to 1 p.m. in The Landing Ballroom. Lunch will cost \$10 per person and feature two meal choices, Zone Grilled Chicken Salad or a buffet-style meal to include grilled chicken breast, mixed vegetables, roasted red potatoes, rolls, and a side salad with tea and coffee. Reservations are required and can be made at The Landing, or by calling the catering office at 598-2426. The event is open to the public.

Resume, interviewing workshop

The Center Library will hold a Creating Powerful Resumes and Successful Interviewing Workshop April 25 from 5-6 p.m. The event will be hosted by Debbie Gaydos, Army Community Services Employment Readiness Program, and the workshop will teach people how to create an effective resume or improve current resumes. In addition to transforming resumes into powerful tools that will get people interviews, the workshop will also provide tips on successfully interviewing with future employers.

For more, call 255-3885.

Financial Readiness Training

Army Community Service offers Financial Readiness Training May 3 from 7:30 a.m. to 4 p.m. at the Soldier Service Center in Rm. 284. The free training provides a practical approach to personal financial management so Soldiers can gain control of and manage money effectively. Financial Readiness Training is required for all first-term junior enlisted Soldiers (E-1 through E-4).

For more, call 255-2594 or 255-9631.



FILE PHOTO

Thunder on Tholocco

Two racing boats go at it during the 2010 Thunder on Tholocco event. The thunder returns to Fort Rucker during the seventh annual Thunder on Tholocco April 27 from 11 a.m. to 5 p.m. at Lake Tholocco. People are welcome to bring chairs or blankets and watch multi-class outboard drag boat racing. These high-performance machines reach speeds in excess of 100 mph. For people looking to get in on the action can sign up to participate in a kayak or canoe race, try out a paddle boat, or see how far they can make it down the inflatable slip and slide. Food vendors will be on site with a variety of menu options. Tickets are \$5 in advance, \$7 day of event, and children 12 and younger get in free. The event is open to the public. For more, call 255-1749.

Get REAL

Army Community Service offers its Get REAL – Rucker Experience, Army Learning – Class April 26 from 8:30 a.m. to 2:30 p.m. at The Commons to help people who might be new to or confused by Army life. Topics will include acronyms, Army customs and courtesies, military rank, community resources and more. Advance registration is required.

For more information or to register, call 255-2382.

Mother’s Day craft making

The Center Library hosts a Mother’s Day craft making activity May 7 from 3:30-4:30 p.m. for children ages 3-11. Supplies will be available and light refreshments will be served. Space is limited to the first 65 children. People may stop by or call to register.

For more, call 255-3885

Home buying, selling workshop

Army Community Service offers a home buying and selling workshop May 7 and 9 from 6:30–8 p.m. at The Commons. The workshop will cover these topics: the home buying and selling process, including credit histories; shopping for a mortgage; types of mortgages; closing costs; buyers’ and sellers’ agents; preparing to sell your home; avoiding foreclosure; short sales; and other pertinent information. The workshop is presented by ACS accredited financial counselors.

Seating is limited, so people should preregister by calling 255-9639.

End of School Block Party

The youth center will hold its End of School Block Party May 11 from 5–10:30 p.m. The event is open to youth ages 11–18 in grades six through 12. Youth must have an active child, youth and school services membership to participate, but members may bring a guest. Guests must bring photo ID to verify their age. The party will include a live band, tournaments, prizes, eating contest, dance contest, an obstacle course and tug of war. The event is free and reservations are not required.

For more, call 255-2245 or 255-2260.

DFMWR Spotlight

Fort Rucker Physical Fitness Facility

SURVIVORS & FALLEN HEROES 5K

IN REMEMBRANCE AND HONOR & FUN RUN



Open to the Public
Saturday, April 20th
Race begins at 8 am

Registration begins at 6:30 am,
pre-registration recommended

Cost: \$25 per person

1 Mile Fun Run is free, and open to all children
Each child will receive a medal

The 1 Mile Fun Run begins after the 5K race is finished.



Pre-register at either Physical Fitness Facility.
Fort Rucker Physical Fitness Facility, (334) 255-3794.

www.ftruckerdmwr.com EFMP Friendly

Chaplain: Emotional communication unites couples

By Chaplain (Maj.) Rory Rodriguez
Fort Rucker Spiritual Life Center

This week's topic will be that of emotional communication. I freely admit that emotions are complex.

As one expert has noted, "emotion has long been the cornerstone of psychology and psychotherapy, yet it remains a complex and confusing phenomenon."

There was a time in my life that I thought emotions were not that important. Boy was I wrong! Emotions are an integral part of our existence and our ability to communicate.

This should give you a better idea on the importance of emotions: "They (emotions) amplify the effects of motives on behavior; they orient us toward or away from different objects in our environment; they constitute a connection between us and our environment. Emotions are not self-centered nor are they independent of others. Rather, they are directed toward others. In this sense, emotions are

not simply inside us, but rather they are actions that connect us to the world," according to Leslie Greenberg and Susan Johnson in "Emotionally Focused Therapy for Couples."

So, without proper emotions, we would be severely handicapped in our ability to communicate.

Now I have come into contact with many individuals (in counseling) that remind me of the "Star Trek" character Spock. Spock was essentially highly cognitive and dysfunctional on an emotional level. Emotions had no place in his internal make-up.

This would steam his coworker, Dr. McCoy, to no end. McCoy used to say some hilarious and highly insulting remarks to Spock to try to get some emotion out of him, but to no avail.

In counseling, there would be times when I would be compelled to try to emotionally move the client towards the present situation. My intent was to get the individual or couple to try to speak and

listen from what was really going on in the heart or soul.

Too many times, couples communicate on "secondary emotions" instead of their "primary emotions." It is the primary emotions that serve to bond the relationship.

For instance, when the primary emotions and expressions are sadness and pain, it will communicate a need for support. Expression of fear or sadness tends to evoke protection and compassion in the partner, and this can result in closeness.

Partners need to be able to reveal their essential selves to each other and be accepted as they are. However, most times it comes out as a tongue lashing when the emotions are pretty hot. One big reason for this is a trust issue. I like what Greenberg and Johnson say, "Couples need to be able to say what they feel most deeply and what they think most profoundly without fear of rejections or fear of hurting the other."

Usually, at this level, the emotions and the tones are softer. Babies cry to get what they need from their parents. Adults, when

they fight, are essentially doing the same thing that babies do when they see their parent leave. The cry is a sound of being distressed or a sound of panic or a cry for connection. It is a fight for a need to be reunited in security.

Could it be that God Almighty is trying to reconnect to his creation when he called or cried out to Adam saying, "Adam where art thou?" Essentially, couples do the same when they fight in circles. They are communicating to each other, "Where are you?" and "I need you." So the couples are fighting for their connection, and that is a good thing. It is when they stop fighting that it is the bad news.

So, emotional authentic communication is a powerful vehicle to unite each other. Remember, there are two great needs in life: the need to love and the need to be loved. Both needs come from a powerful internal emotional drive to latch on to someone in life.

Blessed are those who have latched on to their partner for life.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

HEADQUARTERS CHAPEL, BUILDING 109

Multi-Cultural Worship Service 8 a.m. Sunday.

MAIN POST CHAPEL, BUILDING 8940

9:30 a.m. Catholic Mass Sunday
11 a.m. Liturgical Worship Service Sunday
12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic

Confessions Saturday 5 p.m. Catholic Mass Saturday.

WINGS CHAPEL, BUILDING 6036


9:30 a.m. Protestant Sunday School
10:45 a.m. Chapel Next Contemporary Worship Protestant Service.

SPIRITUAL LIFE CENTER, BUILDING 8939



9:30 a.m. Protestant Sunday School
10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

9 a.m. Protestant Women of the Chapel, Wings Chapel, Tuesday 11 a.m. Above the Best Bible Study, Yano Hall, Wednesday 1 a.m./6 a.m. Adult Bible Study, Spiritual Life Center, Wednesday noon/1 p.m. Adult Bible Study, Soldier Service Center, Wednesday 5:30 p.m. Catholic Adult Bible Study, Spiritual Life Center, Wednesday, 5:30 p.m. Youth Group Bible Study, Headquarters Chapel, Wednesday 6:30 p.m. Chapel Next (Meal/Bible Study), Wings Chapel, Thursday 9 a.m. Adult Bible Study, Spiritual Life Center, Thursday.





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COURTESY PHOTO

Pick-of-the-litter

Meet Lola, an 8-month-old female beagle mix. She is a beauty and is ready for her forever home. Lola is \$81 to adopt, which includes spaying, a microchip and heartworm testing. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the veterinary clinic or the commissary. Visit the Fort Rucker stray facility's *Facebook* page at <http://www.facebook.com/fortruckerstrayfacility/> for constant updates on the newest animals available for adoption.

The Religious Support Office presents...

Purity Ball

Father / Daughter

2013

Saturday, April 27th
5:00 p.m. – 8:30 p.m.
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Fort Rucker, AL

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Center Pointe Community Church
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1 Corinthians
11:1

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Lyster salutes laboratorians

By Katherine Rosario
Lyster Army Health Clinic Public Affairs

National Medical Laboratory Professionals Week is Monday through April 26.

It is a time to honor the more than 300,000 medical laboratory professionals across the nation who perform and interpret laboratory tests that save lives and keep people healthy.

The theme of this year's celebration is Laboratory Professionals Get Results. Laboratory technologists and technicians at Lyster Army Health Clinic are among the many unsung heroes of medical health care.

Using state-of-the-art technology and instrumentation, laboratory professionals help to prevent disease by detecting unknown health problems, and by aiding in the diagnosis and treatment of existing conditions by giving

accurate, timely test results.

"We are proud of the work we do," said Karla D. Moorehead, chief of laboratory services. "We have to be painstakingly meticulous in performing our jobs to provide dependable answers to our health care providers."

Health care providers rely heavily on lab tests to make diagnoses, thus laboratory professionals are critical components of the health care system. Results of laboratory tests often identify the presence of disease in its earliest stages, when the possibilities of a cure are greatest and when treatment is least costly. In performing and interpreting more than 10 billion laboratory tests annually, laboratory professionals are indeed frontline responders.

Medical laboratory professionals represent a variety of specialties, including pathologists, medical technologists, medical laboratory scientists, clinical laboratory scientists, medical laboratory technicians, clinical laboratory

technicians, histotechnologists, histologic technicians, cytotechnologists, cytopathologists, phlebotomy technicians, clinical chemists, microbiologists, laboratory managers and medical educators.

These professionals can be found in hospitals, doctors' offices, clinics, research facilities, blood banks, public health centers, the armed forces, universities and industry.

Within the laboratory, these highly educated and experienced medical laboratory professionals may work in chemistry, serology, hematology, cytology, microbiology, immunology, coagulation, histology, urinalysis, molecular biology or the blood bank.

Lyster Army Health Clinic is proud to have such an outstanding team of laboratory professionals who give countless hours of dedicated service to Soldiers and Families in the Fort Rucker community.

STD awareness month focuses on prevention

By Lisa Scheidelman
U.S. Army Public Health Command

April is Sexually Transmitted Disease Awareness Month, an annual effort aimed at educating the public about prevention, treatment and risk reduction.

Sexually transmitted diseases are serious problems affecting both military and civilian communities. The Centers for Disease Control and Prevention estimates that more than 20 million new STDs occur annually in the United States, contributing to 110 million cases — all of which are preventable.

Nearly half of cases occur among young adults aged 15–24. Sexually transmitted diseases burden America's youth, and cost the healthcare system almost \$16 billion each year.

STDs 101

Common STDs include chlamydia, gonorrhea, hepatitis B, hepatitis C, herpes, human immunodeficiency virus, human papillomavirus, syphilis and trichomoniasis. Sexually transmitted diseases can cause infections within multiple body sites, including the eyes, mouth, throat, anus, penis, vagina and liver.

Anyone who has unprotected sex — whether it's oral, vaginal or anal — is at risk. STDs can also be spread from mother to baby or by sharing needles, syringes, razors, using unclean tattoo or piercing equipment.

STDs don't always produce recognizable symptoms, but can still be spread to

others. It's also impossible to tell if someone is clean just by looking at them.

When symptoms occur, they are usually mistaken for another skin condition, bladder or vaginal infection. In general, STDs can cause painful urination, itching, discharge, swollen testicles, bleeding between periods, sores, warts or lesions.

Long-term complications

Untreated STDs can lead to irreversible problems in males and females. For instance, untreated chlamydia or gonorrhea can cause pelvic inflammatory disease in females, a condition causing abscesses and reproductive complications. Sexually transmitted diseases can also cause health effects in newborns.

Human papillomavirus can cause cancer of the penis, anus, cervix or throat. Syphilis, HIV, Hepatitis B and C are serious diseases that can result in long-term health problems and even death.

Treatment

Some STDs can be cured with antibiotics, others are permanent but treatment can help manage symptoms. It is important that medication be taken as prescribed and not stopped early, even if symptoms improve. This will prevent STDs from becoming resistant and eventually untreatable.

High-Risk Activities

Participating in high-risk activities can

lead to an STD. These activities include having unprotected sex, having multiple sex partners, frequent one-night stands, or exchanging sex for money or products. Also, being under the influence of alcohol or drugs can impair judgment and lower inhibitions.

Social hook up networks and mobile applications allow for easy ways to meet new people, but it's not always safe and can lead to high-risk activities. It can also increase the risk of being in a dangerous situation such as rape, robbery or kidnapping. Remember, people can easily lie and misrepresent themselves online.

Screening

It is important to get tested. Military treatment facilities offer free, confidential testing, treatment and counseling for Tricare beneficiaries. Civilian public health departments also offer testing. To locate a center, text your zip code to GYTNOW (498669). Testing for most STDs can be as easy as providing a urine, blood or saliva specimen. It's important to understand that if someone participates in high-risk activities after getting tested, they cannot advertise themselves as being negative for STDs.

People who participate in high-risk activities should be frequently tested for HIV and STDs. The Army requires an annual chlamydia screening for female Soldiers younger than 25. Additionally, all Soldiers are required to be tested for HIV at least once every two years.

Vaccination

Only a few vaccines are available to protect against STDs. The HPV vaccine is recommended for males and females 11–26 years old. Military personnel, infants, children under 18, high-risk occupations, or participants in high-risk activities should also receive the Hepatitis B vaccination. Both vaccines are administered in three separate doses and all are required in order to be protected. The Hepatitis A vaccine is also recommended for those who engage in anal sex – two doses of the vaccine are needed.

Risk reduction

Remember, STDs are preventable. Sexually active individuals must use protection (male or female condoms) every time to prevent getting or spreading an STD. Other forms of birth control do not protect against STDs. Practicing mutual monogamy between uninfected partners can also prevent infections. STDs can produce life-altering outcomes, and choices made now can impact the future.

For more information on STDs and prevention tips for STDs, visit:

- Armed Forces Health Surveillance Center, February 2013, Medical Surveillance Monthly Report, <http://www.afhsc.mil/msmr>; and
- U.S. Centers for Disease Control and Prevention, <http://www.cdc.gov/std/stats/STI-Estimates-Fact-Sheet-Feb-2013.pdf>.

A vibrant advertisement for 'The Diner'. The background is a bright cyan color, framed by a black and white checkered border on the left and top. At the top center, a white diamond shape with a red border contains the text 'The Diner' in a bold, dark teal font. To the right of this, the text 'OPEN EVERYDAY 6:00AM - 9:00PM' is displayed in a bold, black font. Below the diamond, the text 'Breakfast, Lunch or Dinner...' is written in a bold, black font, followed by 'ANYTIME' in a very large, bold, black font. Underneath, 'HOME OF THE WORLD RENOWN BREAKFAST BURRITO' is written in a bold, black font. On the left side, 'SPECIALTY BURGERS' is written in a bold, black font, followed by 'WEEKDAY LUNCH SPECIALS' and 'TAKE-OUT & CATERING AVAILABLE' in a bold, black font. The phone number '598-1794' is prominently displayed in a large, bold, black font. At the bottom, the address '756 N. Daleville Ave Daleville, AL' and '(Outside Daleville/Ft Rucker Gate)' are listed in a bold, black font. A banner at the very bottom reads 'Nothing could be finer...than eating at THE DINER!'. On the right side, there is a close-up image of a large, golden-brown burger with melted cheese and a side of red soup in a white cup. A red banner with white text 'BRAND NEW BURGER!!' and 'THE LAKOTA' is overlaid on the burger.




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Volunteer, honor student, athlete Army's 2013 Military Child of Year

By Lisa Ferdinando
Army News Service

WASHINGTON — An active volunteer, honor student and varsity athlete from Fort Lee, Va., 17-year-old Nicole Daly, is the Army's 2013 Military Child of the Year.

Growing up in a military family, Daly has moved nine times and attended three high schools. Despite her busy life, she still finds time to volunteer for military-related activities and maintains a 4.7 grade point average.

Daly received the award Thursday from Chief of Staff of the Army Gen. Ray Odierno.

"The thing that impresses me the most about Nicole is she's taken a difficult situation — many deployments by her dad — to use that as an inspiration for her to help others," said Odierno at Operation Homefront's Military Child of the Year award ceremony April 11.

"By doing that, she's become an inspiration to me," he said.

Daly has earned varsity letters in cross country and track, and runs half-marathons with her father, the chief of ordnance and commandant of the Ordnance Center and School at Fort Lee. Her mother is a former quartermaster officer.

Daly has used her time on weekends to visit National Guard and Reserve units to discuss education benefits, and served on a panel to address ways to help military children transition between schools.

Daly, who lived overseas for about four years, said the military life has made her stronger, and more adaptable and accepting of different people and cultures.

"I think all military children go through this, too. Every time you move, you have to adapt so quickly and meet new friends,

[and] get involved in new classes. It really creates resilient individuals at such young ages," she said.

"I really think it is such a great asset later in life because that is really how the real world is," said Daly, who wants to pursue a career in medicine or law as a way to help others.

Daly said the military becomes family for members since those in the service share a special bond, moving frequently and living far from other relatives.

"It's definitely hard, but I think it's definitely an exciting lifestyle to be moving around a lot. I wouldn't trade it for anything and I'm sure most people would say they wouldn't either," she said.

The non-profit Operation Homefront provides emergency financial and other assistance to military families and wounded service members. The group honored a child from each of the five military branches for its 2013 Military Child of the Year.

More than 1,000 children among the five branches were nominated this year.

Chairman of the Joint Chiefs of Staff Gen. Martin E. Dempsey said the life of a military child is not easy. Military children

face many difficulties, he said, including deployment of their parents, frequent moves, and the need to keep reestablishing roots. But, he said, it makes the children stronger, more adaptable and more resilient.

He praised the recipients for their selection and achievements in their schools and communities.

"I'm glad that I didn't have to compete with them to be the chairman of the Joint Chiefs of Staff," Dempsey joked. "[They are] just incredible young men and women who not only do their parents proud, but who do their schools proud, their friends proud, their communities proud and ultimately the nation proud."

Daly, who celebrated her 17th birthday on Thursday, said she was honored to be selected.

"It's been just a great experience with all the support I've received and the whole military community," she said. "I'm just so happy I had this opportunity."

Daly said the awards ceremony, her visit into Washington, D.C., and a chance meeting with Sen. John McCain during a visit to Capitol Hill, were "probably the best way to spend my birthday."



PHOTO BY LISA FERDINANDO

Army Chief of Staff Gen. Ray Odierno presents Nicole Daly with the 2013 Military Child of the Year award April 11.

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Dothan hosts ‘Slow Art Day’

Wiregrass Museum of Art

Press Release

Slow Art Day is an annual, global event celebrating art. The Wiregrass Museum of Art participates for the second time April 27 at 10 a.m.

From its start at the Museum of Modern Art in New York in 2009, Slow Art Day has grown to more than 200 museums and galleries around the world.

This annual event is an all-volunteer movement, with a mission of helping people learn how to look at and love art. It also gives guests an opportunity to support their local museums and galleries.

The idea is simple — one day every year people all over the world visit local museums and galleries to look at art slowly. Participants look at pre-selected works of art for 10 minutes each and then meet together over lunch, or in the gallery, to talk about their experience.

In an era when information is available in a nanosecond and instant gratification is an expectation, the people behind Slow



Art Day encourage extended viewing times to increase visitor engagement.

In its second year hosting Slow Art Day, the Wiregrass Museum of Art has joined a global platform that includes

over 200 venues in 22 countries, 160 cities and 5 continents.

Excited to collaborate with some of the leading museums in the world, the museum has selected one work of art

for visitors to interact with this year. On April 27, visitors may come to the museum to view the selected work anytime from 10-11 a.m. At 11 a.m., visitors meet in the gallery for a discussion of their experience. As a group, museumgoers will participate in a dialogue by discussing various elements of the works they have studied.

After the event, the museum will have opportunities to participate in webinars and forums to share their experiences with other participating hosts. Together, Slow Art Day hosts will confront growing trends towards increased visitor interaction in museum exhibitions and public programming.

Slow Art Day is a wonderful opportunity for WMA to collaborate with other arts organizations, giving the museum a chance to build lasting working relationships with museums around the world.

Everyone is welcome to join the WMA and take part in this global movement. Admission is free. For more information or to register, call 794-3871.

WIREFRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 hosts bingo nights Tuesdays and Fridays at the Legion Hall, 32335 N. US Hwy. 29, from 4:30-9 p.m. The organization also has a dance, with live music, every Saturday from 7:30-11:30 p.m. All proceeds from the bingo events go to help local veterans and their Families, as well as causes such as Girls State, Boys State and scholarships for high school students. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

MAY 11 — The first IAMAW district 75 Hawgs for Guide Dogs Ride will begin at local lodge 2003 with day of registration at 9 a.m. and first bike out at 10 a.m. Cost is \$20 for riders and \$10 for passengers. A pancake breakfast will be held from 7-9 a.m. and is open to the public. There will be a 50/50 drawing, tickets are \$5 each or five for \$20. The poker run event also features horse shoes, cornhole and a dominoes tournament. Cost for the tournament is \$25 for singles or doubles. Lunch will be provided for all participants. All bikes are welcome and all proceeds go to benefit Guide Dogs of America. For more information, visit www.hawgsfordawgs75.harleyt.com.

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays, and games and TVs are available for entertainment. The meetings are open to all. The post can host parties, weddings, and hails and farewells.

For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

DOTHAN

TUESDAY, APRIL 30, MAY 7, 14, AND 21 — The Wiregrass Museum of Art will host Play in the Clay, a pottery class for adults on Tuesdays from 10:30 a.m. to 12:30 p.m. Cost is \$75 for nonmembers and \$65 for members. For more information or to register for a class, call 794-3871 or visit www.wiregrassmuseum.org.

SATURDAY — The Dothan Moonlighters present ‘An Evening with the Moonlighters’ from 7-9 p.m. at the food bank. The silent auction and reception will start at 6 p.m. Attendees can relax and enjoy the music or dance. This is an alcohol-free, Family-friendly event. Tickets are \$15 per person. For

more information or to reserve tickets, call 794-9775.

SATURDAY — The Dothan Police Department’s Animal Services and the Dothan Animal Shelter host the 2013 Bark in the Park at Eastgate Park from 10 a.m. until 4 p.m. A Family-oriented, pet-friendly event, it is an opportunity for the community to bring their dogs to the park which features live music, food, a car and motorcycle show, a dog fashion show and more. This year an authentic Wild West gun fight has been added to the line-up. The cost of the event is \$5 per person or \$20 per car-load. All dogs must be leashed.

APRIL 25 — The third annual AND-1 Live Basketball Tour will be held at Northview High School Gym. AND-1 Live is a team of elite street-ball players across the world that have been recruited to tour all 50 states and more than 20 countries. These talented individuals specialize in specialty basketball tricks, plays and humorous entertainment. Pre-game activities for students and children will take place from 4-6 p.m. before the game starts at 7 p.m. Advance tickets will be \$12 for adults. For more information, call 475-0855 or e-mail mailloechii@gmail.com.

APRIL 27-28 — The sixth annual Gem and Mineral Show at Westgate Park Recreation Center Gym will have door prizes, a silent auction, rock exhibits, flint knapping demonstrations, along with fossils, minerals, gemstones, beads, jewelry and lapidary equipment offered for sale. Parking and admission is free. For more information, call 792-7116 or visit wiregrassrockhounds.com.

APR 27 — The Superhero’s 5K and One Mile Fun Run/Walk To Prevent Child Abuse will be held at the Westgate Tennis Center - Trail Run at 8 a.m. Race day registration will be from 6:30 a.m. until 7:45 a.m. in front of the Westgate Tennis Center. The entry fees are \$20 with a shirt or \$15 without. Registration forms are available on-line at www.exchangeap.org. For more information, call 671-1966.

MAY 1-4 — The Flagship Theatre presents “The Tempest” at 2 and 7 p.m. May 4. Tickets are \$10 for adults and \$8 for students, senior citizens and military. For more information, visit www.theflagshiptheatre.com or call 699-3524.

MAY 7 — Landmark Park hosts the Life and Work of the Honeybee. Through three different learning stations attendees will explore honeybee communication and life cycle, honey production and harvesting, pollination, and hive environment

from 9 a.m. until noon. This program will provide the opportunity to watch a beekeeper work a real hive of bees and taste freshly gathered honey. Cost is \$6 per person. For more information, call 794-3452 or visit www.landmarkpark.com.

ENTERPRISE

SATURDAY — The Enterprise Aviation Expo will be held at the municipal airport from 9 a.m. to 4 p.m. Rain date is April 27. Cost is \$5 for adults and children 12 and under get in free. Event features appearances by the Young Eagles, where children fly free, a parachute jump team, U.S. Coast Guard rescue team demonstration, and acrobatic planes, as well as modern and classic war birds, craft and food vendors, inflatables and helicopter rides. For more information, call 348-2603.

ONGOING — Every Monday and Tuesday at 7 p.m. the city of Enterprise hosts line dancing. Fee is \$3 per class. For more information, call 348-2684 or visit www.cityofenterprise.net.

ONGOING — The American Legion Post 73 meets at the American Legion/Doer’s Shrine Club building at 200 Gibson Street in Enterprise on the fourth Saturday of each month, beginning at 8 a.m. This building is across the street from the Lee Street Baptist Church on Lee Street. For more information, call post commander Jerry Goodson at 347-5961 or 447-8507.

GENEVA

SATURDAY — This year’s annual Festival On The Rivers 5K Run and Walk will begin and end at the junction of the Choctawhatchee and Pea Rivers. Entry fee is \$20 race day. Pre-registration is \$15 today. Military registration is \$10. Registration starts at 7 a.m. Race starts at 8 a.m. For more information, call 684-6843 or email genevafestivalrun@yahoo.com or visit www.genevafestivalrun.blogspot.

APRIL 26-28 — The Geneva Festival on the Rivers is a Family festival at Robert Fowler Memorial Park that features food, sculling contest, tug-of-war, country and gospel music, a coin scramble, arts and crafts, music, worm fiddling and more April 27 from 8 a.m. to 6 p.m. and April 28 from 1-6 p.m. Admission is charged. For more information, call 684-3589 or visit www.genevariverfestival.com.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall,

1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

ONGOING — Disabled American Veterans Chapter No. 99 meets each Tuesday and Wednesday at 6 p.m. at New Brockton City Hall. Food and drinks are served followed by regular chapter business. Chapter No. 99 maintains a DAV service office in the New Brockton Police station. All veteran services provided are free. For more information, call 718-5707.

OZARK

SATURDAY — The seventh annual Ozark Crawdad and Music Festival on the square features live entertainment, arts and crafts, a children’s area, food and a crawdad 5K Run, Walk, Crawl. Festival Times are 9 a.m. to 4 p.m. and admission is free. For more information, call 774-2618.

MAY 4 — The Daisy Games Mush Ball Tournament and Children’s Festivities Fundraiser for Brittany Shepard Pugh Scholarship Fund will be held at Steagall Park at 8 a.m. For more information, call 774-9321.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments. For more information, call Janet Motes at 808-8500.

Beyond Briefs

Spring Fling, Crafts and Sheep

Saturday at the General Coffee State Park in Nicholls, people can celebrate Earth Day with a day filled with family activities.

The event will include sheep shearing demonstrations, spinning and weaving demonstrations, programs on native wildlife, nature hikes, hayrides and more. Children will be able to make their own craft projects while adults browse through the arts and crafts show. Cost is \$3 plus \$5 for parking.

For more information, visit GeorgiaStateParks.com or call (912) 384-7082.

Red Line Super Sprint Triathlon

Sunday at the High Falls State Park in Jackson can participate in the race that is geared towards those new to the sport.

The course’s short distances are described as being excellent entry points into the world of multisport racing. Race begins at 8 a.m. Registration is \$60 - \$140 plus \$5 for parking.

For more information, visit GeorgiaStateParks.com or call (479) 993-3053.

Spring Group Camp

People can participate in outdoor activities with other group campers from 5–10 p.m. April 26-28 at the Reed Bingham State Park in Adel.

Events include guided hikes, campfires, animal programs, as well as outdoor educational activities for the weekend.

Park staff will help people set up tents. Participants should bring their own camping gear and meals. Register in advance. Cost is \$70 per Family plus camping fee and \$5 for parking.

For more information, visit GeorgiaStateParks.com or call (229) 896-3551.

Funding for mental health research yields results

By David Vergun
Army News Service

WASHINGTON — Research advances in mental health and care provided for Soldiers is light years ahead of what it was during the beginning of the wars in Iraq and Afghanistan, the director of Army Medical Command told Congress.

Lt. Gen. Patricia D. Horoho, Army surgeon general, testified at a House Armed Services Military Personnel Subcommittee on Mental Health Research, April 11.

She provided an illustration during her opening remarks:

On June 2, 2009, Staff Sgt. Paul Roberts was deployed to Afghanistan. During a combat patrol, his vehicle hit an improvised explosive device, resulting in the death of the driver, gunner and interpreter, and complete destruction of the vehicle.

Roberts was the only survivor, but barely.

His injuries included third-degree burns over his wrist and legs, second-degree burns on his arms and face, and traumatic brain injury.

“Due to years of medical research and investments made in combat trauma, psychological and physiological health, Roberts recovered from his physical and invisible wounds,” she said, adding that he was medically retired and had successfully transitioned to civilian life.

From 2001 to 2006, funding for research in psychological health, including TBI and suicide, totaled just \$83 million, she said, thanking Congress for their financial support over the years.

Then things began to turn around “as the impact of invisible wounds became increasingly evident,” she said.

Over the last several years, Congress significantly increased funding for research, she continued, providing \$1.4 billion, which paid for some 900 important studies.

The result of TBI research findings “directly affected policy and changed the way military acute concussion evaluations are used and administered in the deployment environment, resulting in a 98 percent return-to-duty rate,” she said.

Army medicine has been able to identify the unique biological

effects of TBI, she continued. The service is now working on using that research to provide medics with the knowledge they need to administer simple tests to detect TBI, combat stress and post-traumatic stress disorder in remote theater areas.

Combat stress teams are now embedded in Afghanistan where they are most needed by Soldiers, she said, in reply to a lawmaker’s question about the quality of care within combat zones.

These embedded behavioral health experts are “able to have a habitual relationship to the unit leaders and can talk to Soldiers in private after hours” if

they are hesitant to do so near their fellow Soldiers, she said.

These embedded teams have “demonstrated significant reductions in key behavioral health measures while knocking down access barriers and stigma,” she added.

Besides the embedded health teams, she said chaplains provide another level of mental and spiritual health.

There’s also been a huge increase in tele-behavioral health care, which is the use of information technology to provide distant medical care on the battlefield.

“There’s been a 780 percent increase in tele-help over the

last several years and there are now around 7,700 behavioral health appointments per day in theater,” she said.

Another aspect of care is the “resiliency centers,” where Soldiers can go for seven to 14 days to relieve their stress, she said.

In closing, Horoho said “military medicine is at an important crossroad. We need to help Soldiers deal with consequences of war long after the last Soldier departs Afghanistan.

“Our commitment to support wounded warriors and their Families must never waiver. Programs of support must be sustained for the long road,” she said.

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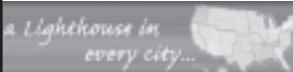
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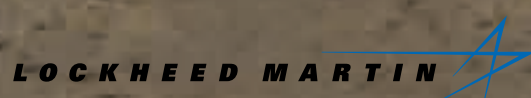


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EADS
NORTH AMERICA



APRIL 18, 2013



PHOTO BY SARA E. MARTIN

Simon Gulak takes possession of the ball Saturday during a rugby game against the Mississippi Gulf Coast Landsharks.

Controversial call cited in Fliers rugby 21-17 loss

By Sara E. Martin
Army Flier Staff Writer

The last game of the rugby spring season pinned air against earth in a match that was ultimately decided by what many at the event deemed a bad call during the last three seconds of the high-spirited game.

The Fort Rucker Fliers played the Mississippi Gulf Coast Landsharks Saturday where the winner of the game was decided by a last-second try that was recalled by the game referee, giving the visitors a 21-17 win.

The Fort Rucker player went for a touch during the try and an opposing team member was mistakenly seen to be holding, meaning his hand was in between the ball and the ground, supposedly preventing the try.

"Unfortunately, the referee cannot see everything, and like in any

sport there will be blown calls and mistakes," said Staff Sgt. Colin Schwalm, 1st Battalion, 14th Aviation Regiment, Headquarters, Headquarters Company and team captain.

Simon Gulak, who made the try, said he was disappointed but that at the end of the day both teams had a good time playing rugby.

"The touch judge said I got it down, but the ref's field call is final," he said.

The game was neck and neck, and both teams put up a substantial fight. It was obvious to spectators that both teams wanted to win badly.

Possession quickly passed between players and the ball constantly moved up and down the field. After a harsh struggle for dominance, Fort Rucker was able to secure the game's first try, but they missed the conversion kick.

Knock on after knock on was dealt to players on both teams, but MGC got their first try about two minutes later and made their conversion kick.

Both teams pushed hard down the field in their respected directions. Several times scrums were formed along with grubber kicks and kick-to-touch plays were dealt for possession.

The Fliers eventually gained ground again when they passed the ball down the field and after several good passes and kicking the ball forward the Fliers were able to secure another try with a successful conversion.

After a couple close calls after the restart, Fort Rucker got to their try line again, but after a few rough tackles and mauls on both ends they called it half time after an unsuccessful scrum to regain possession.

Both teams began to get white line fever after the half and began to make mistakes on the field, mistakes that would cost both teams.

Several Flier players made long runs minutes into the second half, but they were not able to make a try. But after a successful ruck, pass and run, the Fliers began to gain momentum.

The Landsharks did several lineouts so they could try to gain possession of the ball one time too many, for the Fliers took possession of the ball from one of the throw ins.

Flier Nick Bible moved forward, but the team missed several good tackles and the Landsharks gained possession. They were able to make it down the field again and make a try with a good conversion kick.

After the restart, the Landsharks were able to make a back-to-back

try with 20 minutes left in the game. Fort Rucker was not far behind; securing another try thanks to good teamwork by Cpl. Parker Short, 1st Battalion, 223rd Aviation Regiment — the kick, though, was bad.

In the last minutes of the game, both teams were pumped and determined to push the other. Fort Rucker made a try, but a call by the referee, who admitted the mistake after the game, prevented the try from being counted, bringing the finishing score to Landsharks 21, Fliers 17.

Fans and players said the highlights of the season include amazing plays and sportsmanship, as well as WO1 Jesse Haddix, Bravo Company, 1st Battalion, 145th Aviation Regiment, refusing to wear black shorts, choosing instead to wear his lucky orange ones from college.

Fort Rucker youth reel in good time at lake opening

By Nathan Pfau
Army Flier Staff Writer

Fishing is one of Fort Rucker's more prominent recreational activities, and the installation added to its fishing repertoire with the opening of Parours Lake as a youth fishing area.

The lake opened with a youth fishing tournament Saturday, during which children were able to participate with their parents to see who was able to reel in the biggest catch, and with a total of 97 participants, the lake had a proper opening, according to Melissa Kelley, outdoor recreation assistant.

"The youth fishing tournament was a great success and each child won a door prize and had a blast," she said.

The winners of the tournament were: Lucas Gangler, who took first place with a total weight of 13.4 pounds; Aliza Allred, who took second place with a total of 11.1 pounds; and Austin Davis, who took third place with a total of 7.1 pounds.

The tournament was held at the lake, located on Farrell Road, from 7-10 a.m., and was only available to children under 15 years of age, according to John Clancy, ODR manager, and although winners were announced, the purpose of the event was not about the competition.

"The main purpose is to have the children and their Families fish and enjoy the outdoors together," said Clancy, a feat that was well received and executed.

"Parours Lake is an amazing area for Families to take their children to enjoy the joys of fishing," said Janice Erdlitz, Directorate of Family, Morale, Welfare and Recreation marketing director. "You can also see abundant

wildlife from the shore, especially turtles, and the fish in there are huge."

Throughout the tournament, several people reeled in fish weighing in at more than 10 pounds, according to the marketing director.

Erdlitz said it's important to have areas like Parours Lake for Families to be able to visit and bond as a unit on Fort Rucker.

"Fishing and other outdoor activities are great ways to bond with your children," she said. "You would be amazed at how many children have never picked up a fishing pole, and to see the amazement in a child's eye the first time they reel in a fish is just magical."

Clancy said that people can catch a variety of different types of fish at the 4-acre lake, such as large-mouth bass, catfish, shell cracker, bream and bluegill.

The lake will be available for children ages 3-15 to fish in starting April 27, and fishing times will run from sun up to sun down. All children under the age of 11 must have adult supervision with them in order to fish, according to Clancy. If parents want to fish with their children, they must obtain or have an Alabama State License and a post fishing permit.

Also, everyone fishing must abide by the Alabama State Law, AR 215-1 regulation that pertains to fishing, and abide by the creel and size limit that is posted at the lake, he added.

"We're really looking forward to next year's event and we just want to thank [everyone] for bringing their children out to enjoy the tournament," said Kelley.

For more information, call 255-4305.



COURTESY PHOTO

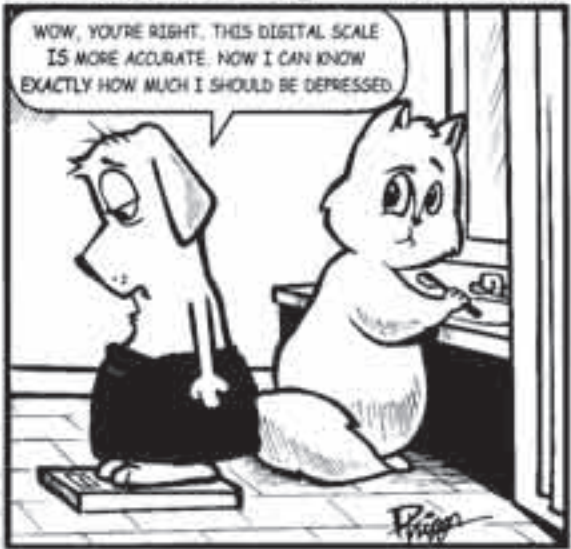
Lucas Gangler, military Family member, took first place in the youth fishing tournament at Parours Lake Saturday. Gangler's combined weight was 13.4 pounds.

DOWN TIME



Just Like Cats & Dogs

by Dave T. Phippe



Trivia test

by Fifi Rodriguez

T R I V I A

1. GENERAL KNOWLEDGE: Who was Time magazine's first Man of the Year in 1927?
2. MOVIES: Who was the male star in the film "Risky Business"?
3. LITERATURE: In which novel does the character of Pip appear?
4. LANGUAGE: What is the full name of the group known as OAS?
5. TELEVISION: What was the name of the Dukes' car on the show "The Dukes of Hazzard"?
6. HOLIDAYS: What did Veterans Day in the United States used to be called?
7. MEDICINE: Dr. William Harvey is famous for what medical discovery?
8. AUTOMOBILES: Who set up the first auto manufacturing company in the United States?
9. PERSONALITIES: What is TV chef Emeril's last name?
10. MUSIC: Which Billy Joel song contains the following line: "It's nine o'clock on a Saturday. The regular crowd shuffles in"?

See Page D3 for this week's answers.

Super Crossword

SQUARE SHARE

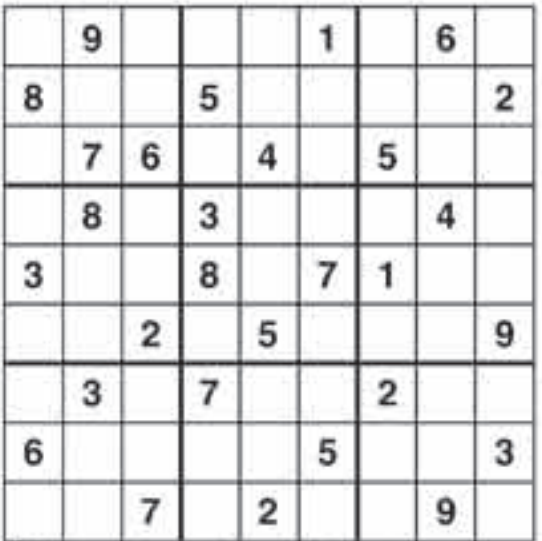
- ACROSS**
- 1 Non-PC computers
 - 5 Refuge
 - 11 Much more desirable
 - 20 Kauai, e.g.
 - 21 "Strut" singer
 - 22 Additional unspecified things
 - 23 Speller's clarification
 - 24 Mets' division
 - 26 Clock's ancestor
 - 28 41, to Cato
 - 29 "— humble opinion ..."
 - 30 Choosing wisely
 - 37 Had been
 - 39 See 104-Down
 - 40 "The Red Shoes" star
 - 41 Greek letter X
 - 42 "The Hangover" co-star
 - 43 Rushlike plants
 - 45 20-hour-week worker, e.g.
 - 49 3 R's gp.
 - 51 Soapy water
- DOWN**
- 52 — nova (dance)
 - 53 It recalls recent things
 - 61 Fast Internet svc.
 - 62 Subtle glows
 - 63 "Harold & — Go to White Castle" (2004 comedy)
 - 64 "— Te Ching"
 - 66 Writer Walter
 - 70 Strip of wood
 - 71 Sprint race
 - 74 Cry "Uncle!"
 - 75 Sentry's cry
 - 76 With one flat, musically
 - 77 Racial rights org.
 - 78 Hash house
 - 79 Rearward
 - 81 Immediately
 - 84 Third-largest Turkish city
 - 87 "— Lisa Smile"
 - 89 11th mo.
 - 90 Uncontrived illustrations
 - 96 Arm muscle
 - 101 Circle bits
 - 102 "Dr." of rap
 - 103 Writer Joyce Carol —
 - 105 Part of Oceania
 - 106 Egg yolk drink
 - 107 Former name of "PBS NewsHour," with "The" with "Emile"
 - 111 — Tse-tung
 - 112- to 14-year-old Girl Scout
 - 115 Webster's lexicon first published in 1951
 - 122 Hoarfrost
 - 123 French novelist
 - 124 River in a Stephen Foster song
 - 125 Skater
 - 126 African living in Kinshasa
 - 127 Dogmas
 - 128 Forest lairs
 - 9 Cousin of crazy eights
 - 10 Tailless meow
 - 11 Genus of meowing mammals
 - 12 Nibbled on
 - 13 VCR brand
 - 14 Panhandle
 - 15 Sewing cases
 - 16 12th grader, e.g.
 - 17 Mine haulage tracks
 - 18 1930s-'40s serial radio comedy
 - 19 Trio before U
 - 25 — Baba
 - 27 Purposes
 - 31 "Alley —"
 - 32 Juan's "day"
 - 33 Act human
 - 34 Frozen
 - 35 Resistance units
 - 36 Itty-bitty bite
 - 38 Mets' former ballpark
 - 42 Pertaining to animals
 - 44 Spot
 - 46 Medit. nation
 - 47 Spanish for "very"
 - 48 2.2 in a kg
 - 50 Actor Alan
 - 53 Kimono tie
 - 54 Oahu dance
 - 55 Uttered
 - 56 Some rodent appendages
 - 57 Ear warmer
 - 58 First-aid pro
 - 59 Might
 - 60 Tailless ape, for short
 - 61 Cry on "The Simpsons"
 - 64 Dash gauge
 - 65 Go for — (drive briefly)
 - 67 Lush
 - 68 In a tie
 - 69 Dweeb's kin
 - 71 Connipion
 - 72 Bit of cheer?
 - 73 "True —!"
 - 78 Dreamed up
 - 80 Thu.-Sat. linkup
 - 81 Protein-making stuff
 - 82 "Take Me as —"
 - 83 Weep noisily
 - 84 Persian Gulf border
 - 85 Scoreless tie
 - 86 The Pogues frontman
 - 87 Sable cammaker, briefly
 - 88 Yoked pair
 - 91 Recall of faulty meds
 - 92 Player of a game on horseback
 - 93 Port in Papua New Guinea
 - 94 Verb ending in the Bible
 - 95 Sun. church oration
 - 97 Gamboled
 - 98 Arousing intense feeling
 - 99 Actress Natalie
 - 100 Lustrous cloth
 - 104 With 39-Across, spy
 - 107 Traveler — Polo
 - 108 Comedy club host, e.g.
 - 109 "Am — risk?"
 - 110 Comic
 - 112 Yearn
 - 115 N.Y. Giants' gp.
 - 116 internet giggle
 - 117 Conk out, as an engine
 - 118 Particular mag. printing
 - 119 Have a debt
 - 120 Bread from a tandoor
 - 121 Meth- or prop- ending



See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★ ★

★ Moderate ★ ★ Challenging
★ ★ ★ HOO BOY!

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See Page D3 for this week's answers.

KID's CORNER

Junior Whirl

by Hal Kaufman

TAKE TEST You are challenged to place a number from 1 through 10 in the 10 squares of the figure to the right so that each number appears only once in each row, column, and 2x2 square.

1 _ _ _ _
2 _ _ _ _
3 _ _ _ _
4 _ _ _ _
5 _ _ _ _
6 _ _ _ _

ALL CONSIDERED STOP WORDS

LET'S GO You are given a word and a number. Each letter in the word is represented by a number. The numbers are in the same order as the letters in the word. The numbers are in the same order as the letters in the word.

SPOT CHECK Find a word using letters of each letter in the word below to form two complete words.

OUTER SPACE

TRY TO SCORE AT LEAST 10 POINTS.

Wishing Well

WITH LOVE I make this for you, Mom, for Mother's Day!

SCORE 10 points for using all the letters in the word below to form two complete words.

OUTER SPACE

TRY TO SCORE AT LEAST 10 POINTS.

Wishing Well

WITH LOVE I make this for you, Mom, for Mother's Day!

SCORE 10 points for using all the letters in the word below to form two complete words.

OUTER SPACE

TRY TO SCORE AT LEAST 10 POINTS.

HOCUS-FOCUS

BY HENRY BOCHOFF

DO YOU TRUST YOUR EYES? There are at least six other words in this puzzle. Find them! Check answers with those below.

DO YOU TRUST YOUR EYES? There are at least six other words in this puzzle. Find them! Check answers with those below.

Army announces 2013 Warrior Games team

By U.S. Army Warrior Transition Command
Army News Service

ALEXANDRIA, Va. — The Warrior Transition Command announced the Army team for the 2013 Warrior Games April 3.

Wounded, ill and injured Soldiers and veterans trained and competed for months to be one of 50 athletes representing the Army team. Army athletes will compete against Marines Corps, Navy/Coast Guard, Air Force, Special Operations Command, and United Kingdom teams, May 11-16, at the U.S. Olympic Training Center and U.S. Air Force Academy, Colorado Springs, Colo.

The Paralympic-style competition for wounded, ill and injured service members allows athletes to compete for gold medals in shooting, swimming, archery, sitting volleyball, cycling, track and field and wheelchair basketball. In addition to winners in each event, Warrior Games feature a pentathlon format Ultimate Warrior competition and the Chairman’s Cup which is awarded to the team with the highest medal score.

Warrior Games showcase the resilient spirit of wounded, ill, and injured service members from all branches of the military who have overcome significant physical and behavioral health challenges.

The 2013 Army Warrior Games Team:

- **Charles Allen** — Army veteran, Cedar Hill, Texas;
- **Spc. Quintarious Almon** — Community Based Warrior Transition Unit-Alabama;
- **Staff Sgt. Spencer Anderson II** — 4th Aviation Brigade, Fort Carson, Colo.;
- **Sgt. Joshua Andrew** — Warrior Transition Unit, Joint Base Lewis McChord, Wash.;
- **Maj. John Arbino** — Warrior Transition



PHOTO BY STAFF SGT. EMILY ANDERSON

The Warrior Transition Command announced the Army team for the 2013 Warrior Games April 3 in Alexandria, Va. Retired Capt. Melissa Stockwell, 2006 Beijing Paralympian, lit the cauldron during the opening of the 2012 Warrior Games at the U.S. Olympic Training Center, Colorado Springs, Colo., April 30, 2012. Stockwell, who lost her right leg in Iraq in 2004, and British Royal Marine Simon Maxwell, who suffered a similar loss as a result of an improvised explosive device in Afghanistan, were selected to be co-torch bearers for the 2012 Warrior Games.

Unit, Fort Belvoir, Va.;

- **Charles Armstead** — Army veteran, Killeen, Texas;
- **Spc. Alaina Barnes** — Warrior Transition Unit, Fort Knox, Ky.;
- **Cpt. Frank Barroqueiro** — Community Based Warrior Transition Unit-Florida;
- **Spc. Jon Brancheau** — Warrior Transition Unit, Fort Bliss, Texas
- **Staff Sgt. David Carte** — Warrior Transition Unit, Fort Bliss, Texas;
- **Ashley Crandall** — Army veteran, Philadelphia, Pa.;
- **Staff Sgt. Krisell Creager-Lumpkins** — Warrior Transition Unit, Fort Carson, Colo.;
- **Maj. Thomas Davis** — Warrior Transition Unit, Fort Sam Houston, Texas;
- **Lt. Col. Daniel Dudek** — Warrior Transition Command, Alexandria, Va.;
- **Staff Sgt. Carlton Duncan** — Warrior

Transition Unit, Fort Bragg, N.C. ;

- **Chanda Gaeth** — Army veteran, Kempner, Texas;
- **Master Sgt. Rhoden Galloway** — Warrior Transition Command, Fort Sam Houston, Texas;
- **James Green Jr.** — Army veteran, Largo, Fla.;
- **Michael Grover** -- Army veteran, Shelby Township, Mich.;
- **Capt. Lacey Hamilton** — Warrior Transition Unit, Fort Meade, Md.;
- **CW2 Alan Hart** — Warrior Transition Unit, Fort Gordon, Ga.;
- **Sean Hook** — Army veteran, Altoona, Pa.;
- **Michael Kacer** —Army veteran, Throop, Pa.;
- **Sgt. Sean Karpf** — Walter Reed National Military Medical Center, Bethesda, Md.;
- **Staff Sgt. Michael Lage** — Warrior Transition Unit, Fort Sam

Houston, Texas;

- **Jeremy Lee** —Army veteran, Castle Rock, Colo.;
- **Margaux Mange** — Army veteran, Kent, Ohio;
- **Sgt. Delvin Maston** — Warrior Transition Unit, Fort Sam Houston, Texas;
- **Chad McDuffee** — Army veteran, Ballinger, Texas;
- **Sgt. Ryan McIntosh** — Warrior Transition Unit, Fort Sam Houston, Texas;
- **Blake McMinn** — Army veteran, Arlington, Texas;
- **Staff Sgt. Anthony Misuraca** — Warrior Transition Unit, Fort Gordon, Ga.;
- **Sgt. Edward Patton Jr.** — Community Based Warrior Transition Unit-Florida;
- **Michael Phillips** — Army veteran, Hamilton, Ga.;
- **Spc. Quinton Picone** — Warrior Transition Unit, Fort Sam Hous-

ton, Texas;

- **Anthony Pone** — Army veteran, Fort Worth, Texas;
- **Perry Price** — Army veteran, Kenneth Square, Pa.;
- **Luis Puertas** — Army veteran, Orlando, Fla.;
- **Will Reynolds** — Army veteran, Bethesda, Md.;
- **Staff Sgt. Nathan Robbins** — Warrior Transition Unit, Fort Bliss, Texas;
- **Anthony Robinson** — Army veteran, Bethesda, Md.;
- **J.R. Salzman** — Army veteran, Menomonie, Wis.;
- **Sgt. 1st Class Keoki Smythe** — Warrior Transition Unit, Fort Carson, Colo.;
- **Juan Soto** — Army veteran, Arlington, Texas;
- **Sgt. Monica Southall** — Community Based Warrior Transition Unit-Virginia;
- **Lance Thornton** — Army veteran, Stotts

City, Mo.;

- **Spc. Elizabeth Wasil** — World Class Athlete Program, Fort Carson, Colo.;
- **Jessie White** — Army beteran, Aberdeen Proving Grounds, Md.;
- **Staff Sgt. Curtis Winston** — 25th Infantry Division, Hawaii;
- **Sgt. Kendall York** — Warrior Transition Unit, Fort Bragg, N.C.

The Warrior Transition Command is a major subordinate command under the U.S. Army Medical Command. WTC’s mission is to develop, coordinate and integrate the Army’s Warrior Care and Transition Program for wounded, ill and injured Soldiers, veterans and their Families.

For more information on the Warrior Transition Command or the Army’s Warrior Games team visit: www.WTC.army.mil, follow on Facebook at <http://facebook.com/armyWTC> or Twitter at <http://twitter.com/armyWTC>.

BRIEF

SURVIVORS AND FALLEN HEROES RUN

The physical fitness facility will host the Survivors and Fallen Heroes 5k and 1-Mile Fun Run Saturday. Race day registration begins at 6:30 a.m. and the 5k will start at 8 a.m. Participants are encouraged to pre-register at either PFF. Forms are available at either PFF or printable off the Directorate of Family, and Morale, Welfare and Recreation website: <http://www.ftrucker.mwr.com/recreation/physical-fitness-facilities>. The 1-mile fun run is free and open to all children and will begin after the 5k is completed. Each Fun Run participant will receive a medal.

For more, call 255-9810.

THUNDER ON THOLOCCO

Fort Rucker hosts the seventh annual Thunder on Tholocco April 27 from 11 a.m. to 5 p.m. at Lake Tholocco. People are welcome to bring chairs or blankets and watch multi-class outboard drag boat racing. These high-performance machines reach speeds in excess of 100 mph. For people looking to get in on the action can sign up to participate in a kayak or canoe race, try out a paddle boat, or see how far they can make it down the inflatable slip and

slide. Food vendors will be on site with a variety of menu options. Tickets are \$5 in advance, \$7 day of event, and children 12 and younger get in free. The event is open to the public.

For more, call 255-1749.

BEACH BODY BINGO

The Directorate of Family, Morale, Welfare and Recreation hosts its Beach Body Bingo at the physical fitness facility May 1-25. During Beach Body Bingo, people can participate in strength exercises, cardio exercises or fitness classes. Each day people can earn a space on their Bingo cards, and the more Bingos people win, the better their chances at winning a prize. Prizes include: a free personal training package, one month of fitness classes and a five day pass to Splash! The person who wins the most Bingos receives a Beach Body Bingo trophy. People can also participate in the 10-Mile Run Off and Relay May 11 to get a free space on their cards. Beach Body Bingo is free to authorized patrons. People can sign up at either physical fitness facility.

For more, call 255-3794.

OPERATION GOLF 4 LIFE

Silver Wings Golf Course hosts four free golf clinics in May. These one-hour sessions will teach people the basics, winning techniques and how to play the game. People can take part in one session, or all four, as officials say people will learn something new each session. All equipment is provided, and course officials say it is their way of saying “Thanks for serving!” and “Welcome home!” to Soldiers.

For a schedule of the clinics or more information, call 598-2449.

SUPER DEMO DAY

Silver Wings Golf Course hosts Super Demo Day May 4. The day offers people a chance to experience the latest and greatest that golf technology has to offer, according to course officials. People can use clubs in outdoor conditions to check out performance. The driving range will be equipped with plenty of golf balls. Food and beverages will also be available.

For more, call 598-2449.

PUZZLE ANSWERS

Super Crossword Answers



Weekly SUDOKU Answer

5	9	3	2	7	1	4	6	8
8	4	1	5	3	6	9	7	2
2	7	6	9	4	8	5	3	1
9	8	5	3	1	2	6	4	7
3	6	4	8	9	7	1	2	5
7	1	2	6	5	4	3	8	9
1	3	8	7	6	9	2	5	4
6	2	9	4	8	5	7	1	3
4	5	7	1	2	3	8	9	6

TRIVIA

- Answers
1. Charles Lindbergh
 2. Tom Cruise
 3. "Great Expectations"
 4. Organization of American States
 5. The General Lee
 6. Armistice Day
 7. Circulation of blood
 8. Charles and Frank Duryea
 9. Lagasse
 10. "Piano Man"

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Video Game Spotlight >>



COURTESY SCREENSHOT

‘Injustice’ honors comic book universe

By Jim Van Slyke
Contributing Writer

(Editor’s note: All opinions stated in the Video Game Spotlight are solely those of the article’s author.)

If you ever wondered what would happen if Mortal Kombat married the DC universe and produced a video game (without any characters from Mortal Kombat interfering) you’re in luck.

“Injustice: Gods Among Us” is mostly one-on-one matches in a two dimensions, although the characters and settings still have a 3D look. The combatants include many of the DC Comics heroes and villains. Gamers can answer an age-old question and battle Batman against Superman if they wish. Also included are such notables as Catwoman,

Cyborg, Deathstroke, The Flash, Green Arrow, Harley Quinn, Killer Frost, the Joker and many more. There seems to be an even mix of power characters like Superman and gadget characters like Batman.

Each character has the expected light, medium and heavy attacks. Each has a trait — Batman’s suit summons a swarm of robotic bats, for example — and they can also build up their super meter to unleash powerful attacks or counters.

In the plot, the Joker destroys Metropolis and tricks Superman into killing Lois Lane and their unborn baby. Superman then kills Joker and establishes a new world order with him in charge. Batman opposes him and various villains and heroes pick sides. Gamers don’t stick with one character throughout the story mode, but they can in the non-story battle modes.

“Injustice: Gods Among Us” is a fairly mindless button masher, but it comes with a decent plot and a fair amount of fun. It’s cool that it keeps things in the DC universe and though it’s reminiscent of Mortal Kombat, gamers don’t have to deal with Sub-Zero or Liu Kang.

DC Comics fans will love it; everybody else should rent it first.



Publisher
Warner Brothers
Home Video Games
Rated
Teen
Systems
Xbox360, PS3, Wii U
Cost
\$60
Overall
2.5out of 4

Reviewed on the Xbox 360



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^{**}To receive the Double your American Express Reward Card, customers must purchase a set of 4 eligible tires on their new CFNA credit card account to qualify. The tire purchase requirement must be made within 7 days of opening the new account. The account cannot be closed within the first 7 days of opening the new account. The American Express Reward Card cannot be used to pay any credit card balance. CFNA reserves the right to alter, change or terminate the program at any time.
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