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**VOL. 64** • NO. 41

FORT RUCKER ★ ALABAMA

**OCTOBER 16, 2014** 

## **BUILDING RELATIONSHIPS**

## Post welcomes local clergy to bolster spiritual strength

By Nancy Rasmussen Fort Rucker Public Affairs

Leaders of faiths spanning the religious spectrum convened on post Oct. 9 in recognition of Clergy Appreciation Day, sponsored by the Fort Rucker Religious Support

More than 30 Christian, Muslim, Catholic and Jewish clergy from Geneva, Houston, Dale and Coffee counties congregated at the Wings Chapel for fellowship, and to discuss ways to enhance service to their flocks, as part of the post Community Health Promotion Council's efforts to build bridges of resiliency among Soldiers, family members, civilians and retirees.

"Faith is an integral part of the council's function of supporting the health and fitness of our communities," said Chaplain (Lt. Col.) Timothy Bedsole, deputy garrison

Bedsole said he recognizes area religious leaders' contributions to the spiritual health of our total Army family.

"After 13 years of constant combat, the Army recognizes the need to assist its Soldiers and families in rebuilding their strength," he added. "And spiritual resiliency is part of the overall resiliency action plan being implemented by CHPC.

"The intent of this positive outreach event is to express our sincere gratitude and show collective solidarity for the men and women who serve the churches, temples, mosques and other religious communities that support our Fort Rucker family. We also hope that events such as Clergy Appreciation Day will help to build bridges between the religious community on Fort Rucker and the religious communities in our surrounding area," Bedsole said.

"We've expanded our appreciation this year to include those involved in religious



Nicquolle Truitt, Army Community Service family and victim advocate, explains her role in building a more resilient Army family of Soldiers, families, civilians and retirees to area religious leaders Oct. 9 as part of Fort Rucker Clergy Appreciation Day at the Wings Chapel.

education and in religious humanitarian programs in our community," he said said.

The second Sunday in October is recognized as Clergy Appreciation Day, while the entire month of October has been celebrated as Clergy Appreciation Month since 1992, according to Bedsole.

"Clergy Appreciation Day/Month was established to uplift and encourage pastors, missionaries, and religious leaders of all faiths and denominational persuasion," he said.

"This important time of the year is established to be more than another social event on the calendar. It is the time when individuals, churches, and communities show love and appreciation to those in our communities who do so much for so many, and often receive too little for the work they do," said Chaplain (Col.) Dennis Newton, garrison chaplain.

## SHOWING APPRECIATION

### Post, clinic bost retiree bealth fair

By Nathan Pfau Army Flier Staff Writer

It's not often people can find a one-stop shop when it comes to medical and health information, but Fort Rucker is providing just that with an event in honor of Retiree Appreciation Day.

Clinic will host the 40th annual Retiree Health Fair Oct. 31 from 8 a.m. to 1 p.m. at the Fort Rucker Physical Fitness Facility to educate retirees on numerous health topics, as well as provide a mini checkup and administer flu shots, said Chris Moore, retirement services officer for Fort Rucker.

"This is our opportunity to give back to the retiree population, and (the health fair) is a good opportunity for us to give (retirees) a one-stop-shop for people to get out and interact with people, as well as give them a chance to do things like get their blood pressure checked, and have other tests and evaluations done – it's pretty close to a miniature exam," he said.

More than 850 people attended last year's Retiree Appreciation Day Health and Information Fair, and this year, Jeffrey Atkins, Lyster Army Health licensed practical nurse and health promotion tech for Lyster, said he's hoping for an even bigger turnout.

"This will hopefully be our biggest health fair." he said. "We're shooting for 900 this year since last year was our biggest, and we have vendors that will be coming from on and off

Atkins said Lyster currently has 10 tables reserved so far to showcase everything the clinic has to offer, and will be offering services like a body mass index evaluation, blood pressure checks and flu



Lyster Army Health Clinic will host the 40th annual Retiree Health Fair. Oct. 31 at the Fort Rucker Physical Fitness Facility in honor of Retiree Appreciation Day from 8 a.m. to 1 p.m. to provide information on medical and health related topics.

Although flu shots are on a first-come, first-served basis. Moore said people shouldn't worry about not being able to get one.

"We've got plenty of flu shots available for everyone," he said. "In all the years we've been giving the flu shot, we've never run out."

Lyster will also have booths set up to educate people on its various programs, such as physical therapy, preventative medicine, primary care, behavioral health, nutrition care, managed care, the pharmacy and the dental clinic.

"The health fair is a great event for retirees and their family members because it gives them a chance to see

SEE HEALTH, PAGE A5



## GIVING BACK

### Organizers hopeful of meeting CFC goal

By Nathan Pfau

Army Flier Staff Writer

People on Fort Rucker have given generously to the Heart of Alabama Combined Federal Campaign, but the work is far from over as the campaign pushes on.

The campaign started Sept. 15 and runs through Nov. 14, and so far the campaign has raised 27 percent of its goal – just over \$271,000, according to Beverly Arnold, Heart of Alabama CFC River Region United Way direc-

With only five weeks left in the campaign and a goal of \$1,000,000, this year's fundraiser is down about 10-20 percent compared to previous years, but campaign organizers are hopeful, said Arnold.

"Fort Rucker has proven through the years to be a very generous group of military members and federal employees," said the CFC director. "(The installation) is an example of generosity and graciousness to those 'outside the gates' in our surrounding community."

The CFC is the easiest and most efficient way for Fort Rucker's military and federal civilians to give back to charitable organizations of their choice, said Arnold.

"Often donors choose to give to local charities that support and help those in need or during a time of crisis ... sometimes our own families, friends and co-workers," she said. "The CFC allows military members and federal employees to make a difference in our communities and to choose where they want to make that difference."

The campaign benefits up to 24,000 charities that range from the local food bank, Army Community Service Programs or any number of well-known national organizations or charities. All non-profit organizations that are approved to participate in the campaign must show that they provide actual health and human service benefits, said Arnold, services that can literally save lives.

"Last year one of the area postmasters shared that her daughter was being treated for cancer and how so many of the charitable organizations in our state had generously assisted their family in many different ways," said the CFC director. "She has been a donor for years and never thought that she would one day have to use services from these non-profit organizations for her own family crisis."

It's for reasons like those that the CFC is necessary and why people should continue to donate, she added.

Throughout the remaining campaign period, each unit and organization is encouraged to plan and organize

SEE CFC, PAGE A5



Soldiers of D Company, 1st Battalion, 145th Aviation Regiment participate in a tug-of-war match against other units during the 1st Aviation Brigade's Organization Day at Yano Hall Oct. 2.

## **PERSPECTIVE**

## CYBER TIPS

## CID offers tips for protecting online identity

**By Criminal Investigation Command** Public Affairs

QUANTICO, Va. — Now more than ever, Soldiers, Army civilians, and family members rely on the Internet to work, study, stay connected with family and friends, pay their bills or simply unwind. For criminals, the Internet provides an endless stream of potential targets to be victimized.

The U.S. Army Criminal Investigation Command continually receives various reports ranging from identity theft to Internet scams, perpetrated by cyber criminals operating throughout the world. Law enforcement's ability to identify these perpetrators is difficult and limited, so individuals must stay on the alert and be personally responsible for their online presence to protect both themselves and their loved ones.

As such, CID is providing the following information to help the greater Army community protect themselves online and significantly reduce the chance of becoming a victim of cyber crime.

The following are some tips on how to protect yourself.

#### **Online**

- Know the terms on social networking websites. Facebook, Twitter, LinkedIn and other social networking sites' privacy settings default to everyone. This means anyone can view your profile, not just people you know. Users can and should change this by accessing the Privacy Settings/Profile Information usually found under the respective Account tab.
- · Sample social networking safely. Never disclose private information when using social networking websites. Be very selective about who you invite or accept invitations from as cyber criminals use false profiles to gain access to personal and private information, such as birthdates, marital status and



ARMY GRAPHIC

ing personal identifying information, including pictures containing metadata can be used against you and your

- · Click with caution. Always use caution when clicking on links in an email or a social networking post, even from someone you know. Reports of personal social networking accounts being hacked and taken over by criminals have increased in recent years. Clicking on a link that appears to be benign in nature may in fact contain embedded malware that can compromise your computer. Once compromised, the data on your computer can be exploited and even your computer can be remotely operated as a surro-
- gate in online attacks against others. Hide your profile from search engines. This can be accomplished by going to the Account/Privacy Settings/ Search and unchecking the "Public Search Results" box. This will remove your public preview from Google, Bing and Yahoo search returns.
- · Prevent people from tagging you in photos and videos. To do this, go to the Account/Privacy Settings/Profile Information/Photos and Videos of Me and deselect the "Everyone" default.

Don't provide personal or financial information, user names, or passwords in response to an email because legitimate companies generally don't seek such information in this manner.

- Install/update your anti-virus/firewall software. Antivirus and firewall software is a must for anyone to safely navigate online. Always keep your security software up to date in order to provide the most complete protection from malicious programs as thousands of new viruses are detected every year. Also, ensure your antivirus software program updates automatically and scans your computer on a recurring schedule.
- Get the free antivirus support from ACERT. Current Department of Defense employees (excluding contractors, retirees, and family members) with an active AKO account can download antivirus software for free by logging in to the United States Army Computer Emergency Response Team website and selecting the Antivirus link.

#### **Mobile devices**

- Know your Apps. When signing up with an app store or downloading individual apps, you may be asked for permission to let them access information on your device. Some apps may be able to access your phone and email contacts, call logs, Internet data, calendar data, data about the device's location, the device's unique ID and information about how you use the app itself. If you're providing information when you're using the device, someone may be collecting it.
- Password protect all devices. The time to safeguard the information on your portable electronic device is not after it has been lost or stolen. Ensure all portable electronic devices are properly password protected, especially any account information (email, Facebook, CID.Crime.Tips@mail.mil

Twitter, LinkedIn, etc.).

Brick a stolen device. In recent years, roughly 40 percent of all robberies now involve smart phones and/or tablet computers (iPad, Kindle Fire, etc.), thus endangering the security of the personal information on the stolen devices. If a person's smart phone is lost or stolen, they may now contact the carrier and ask to have that device remotely disabled. These bricked phones are of little or no use to thieves because they can't be reactivated after being sold on the black market.

#### Where to go for help

If you are a victim of an online scam where the likeness of a U.S. Soldier was utilized (false social media/dating profiles, photographs, etc.) with no further Personally Identifiable Information disclosed, the following actions should be completed as soon as possible to assist law enforcement.

- Report the theft to the Internet Crime Complaint Center, which is an FBI-NW3C Partnership. Its website is at http://www.ic3.gov/default.aspx.
- · If you suspect you are a victim of identity theft, you should report the crime to the FBI IC3, as well as report the theft to the Federal Trade Commission. Your report helps law enforcement officials across the United States in their investigations. Its website is available online at http://www.ftc.gov/idtheft. You can also call 1 (877) ID-THEFT (438-4338) or TTY, 1 (866) 653-4261. You can also mail in a complaint to: Identity Theft Clearinghouse, Federal Trade Commission, Washington, DC

CID strongly recommends that Soldiers, civilians and family members who have information of any known crime committed by a Soldier, or a crime that occurred on their respective post, camp or station to report the incident to their device with personal communications local CID office or email CID at Army.



**6** An outdoor yard sale and flea market takes place Saturday from 7-11 a.m. at the Fort Rucker Festival Fields. What are the benefits of shopping at yard sales and flea markets in the local community?



Marcus Edgar, civilian

"You can usually find what you need at a much cheaper



Spc. Hayden Baxley, 1st Bn., 11th Avn. Regt.

"There are usually things at a flea market or yard sale that you can't find in a retail store."



Cali Cobb, Army spouse

"It's a good way to support your local community."



Michael Page, military family member

"It's a good way to help people out, especially if they need to get rid of some stuff."



Katie Pettengill, military family member

"You can find all kinds of things at a vard sale or flea market - really non-descript items that you might not be able to find anywhere else.'

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## TOP HONORS

### Fort Rucker Primary School teacher up for national award

By Nathan Pfau Army Flier Staff Writer

Fort Rucker is no stranger to awards when it comes to excellence, and one teacher has taken that winning spirit and used it to educate the installation's youth.

Because of her hands-on approach to learning, Bridget Lester, gifted teacher at Fort Rucker Primary School, has been named one of three Department of Defense Education Activity state finalists for the Presidential Awards for Excellence in Mathematics and Science Teaching.

"I don't think it's fully set in yet, and I never thought I would make it this far because I'm my own worst critic, but it's such an honor and it speaks volumes that my colleagues think that highly of me to nominate me for a national award," said Lester.

The PAEMST awards are the nation's highest honors for math and science teachers, not just for DODEA teachers, but all teachers, according to the organization's website, wwww.paemst.org.

"Awardees serve as models for their colleagues, inspiration to their communities and leaders in the improvement of mathematics and science education," the site

Lynn Irwin, first grade teacher at FRPS, said she saw that Lester was deserving of such an award and decided to throw her name in the nomination.

"When I saw the description of the award, it discussed exemplary science teachers who go above and beyond the regular science curriculum and who of-



Bridget Lester, FRPS gifted teacher, goes over a STEM project with some of her students in the STEM lab Sept. 25. Lester is one of three Department of Defense Education Activity state finalists for the Presidential Awards for Excellence in Mathematics and Science Teaching.

fer students hands-on learning opportunities that are applicable to their real-life experience and learning, and I knew she was doing that," said Irwin. "She was doing that in her classroom and school wide with all of our firstgrade students."

Lester is responsible for introducing the students to the Science, Technology, Engineering and Math program, despite the primary school not being an official STEM school. With that introduction, she also took the steps to implement a STEM lab in the school so that the students could learn the processes of the program in the proper environment.

After the nomination, Lester had to prove she was worthy of the award and the arduous process began. After receiving an email that her nomination had been accepted, she had one month to create a 45-minute, uninterrupted video showcasing what she was doing to better her students, write a 12-page paper answering four criteria questions, then write a 10-page follow-up of supplemental material to support her initial 12 pages.

If Lester is named the winner of the award, she will receive a

of the United States, a paid trip for two to Washington, D.C., to attend a series of recognition events and professional development opportunities and a \$10,000 award from the National Science Foundation.

But it's not the awards that Lester is in it for.

"Ever since I can remember, I've always wanted to be a teacher," she said as she recalled her first year of college. "I went to college and my first semester was grueling. I thought, I will never make it through, but I did."

During her time in school, she certificate signed by the president took a practicum course, during

which she had to sit in with a sixth grade class. Normally, there was no student-teaching in early practicum classes, only observation, but this particular teacher allowed her to teach, which solidified her decision to become an educator.

"She started to let me take over a bit and I realized that this is really something that I love," she said. "I remember there was a little boy in the class who was an ELL (English Language Learner) student, and I got to work oneon-one with him, and just to see his excitement and his passion for learning ... I knew then that I was going to be a teacher - it really just validated what I wanted

That passion is something her fellow teachers see in her teachings every day.

"To see first graders be able to do some of (the STEM activities) at that age level and the things that they understand about engineering because of her instruction is just amazing," said Irwin. "She has the ability to motivate them to go above and beyond what they would normally do in the classroom, set high goals for themselves and meet lofty challenges.

"What she is doing with these first grade students is just the first steps and it's laying a very strong foundation for college career readiness," which is never too early to start, she continued. "The world that these children are going to be expected to work in is going to require them to have the skills that Ms. Lester is teaching."

## **SMA:** Competitiveness, ethics key to Army success

By David Vergun Army News Service

WASHINGTON — Soldiers by their nature are competitive.

"We all work hard to be the best, whether for promotions, awards or decorations," said Sgt. Maj. of the Army Raymond F. Chandler III.

Earning that recognition for being the best takes hard work, discipline and determination. Encouraging Soldiers to be competitive is what it takes to be a great leader, Chandler said, speaking at the Sergeant Major of the Army, NCO and Soldier Forum at the annual meeting of the Association of the United States Army Monday.

He called the competitive spirit "the will to win, no matter what it takes," a hallmark of the Army since its founding in 1775.

But while being competitive is important, equally so is upholding the Army Profession, which is character, commitment and competence, something he said he's been speaking about every time he's visited Soldiers for the past three years as the sergeant major of the Army.

Two of the big challenges facing the Army today are sexual assaults and suicides. The character or ethics part of the Army profession "drives the behavior of our force," he said, and is the key to solving those problems. "Those



Sqt. Maj. of the Army Raymond F. Chandler III presents the Sqt. Maj. Larry L. Strickland Educational Leadership Award (senior NCO) to Command Sgt. Maj. Dennis L. Bellinger, 157th Infantry Brigade, Camp Atterbury, Indiana, Monday during the Association of the United States Army Annual Meeting and Exposition in Washington, D.C.

two issues are easily solved if you understand the importance of ethics and duty and how it's tied to our profession."

The Army is making strides in overcoming these challenges, he added. "This is an awesome Army. It's you, the NCOs, who've been the key to our success. At the end of day, it's the NCO who makes it happen."

Chandler then introduced retired Command Sgt. Maj. Bennie Adkins, Medal of Honor recipient, who he said epitomizes the ideals of the Army profession, ideals that include not leaving a fallen Soldier on the battlefield.

When the last helicopter left Adkins' isolated post in a remote area of South Vietnam, after 38 hours of grueling fighting, Adkins remained behind, carrying the wounded, and carrying out escape and evasion tactics, Chandler

Today, Adkins is still on duty, telling the Army story and encouraging young Soldiers to strive for excellence, Chandler said. He recently asked the president and the Army secretary and chief when he can re-enlist – and he's 80 years old. That's how dedicated he is.

Former Army chief of staff retired Gen. Gordon Sullivan also spoke at the event. He said his leadership mentors in his early and mid-level career as an officer were not officers. They were NCOs.

A number of Soldiers were then recognized by Chandler for various contributions to the Army, including outstanding leadership.

The 2014 recipients of the Sgt. Maj. Larry L. Strickland Educational Leadership Award were:

- Senior NCO award Command Sgt. Maj. Dennis L. Bellinger, 157th Infantry Brigade, Camp Atterbury, Indi-
- Mid-grade NCO award Sgt. 1st Class Brian D. McClanahan, B Company, Brigade Special Troops Battalion, 3rd Bde. Combat Team, 3rd Infantry Division, Fort Benning, Georgia.

The award is given in honor of the memory of Strickland, who was the G-1 sergeant major killed in the 9/11 attack on the Pentagon. Strickland was an outstanding NCO, Sullivan said, who cared deeply about Soldiers and professional development. The annual award is bestowed on senior and mid-grade NCOs who exemplify the Army's vision of life-long learning and motivates others to continue their professional development to shape future leaders.

Also honored, was Master Sgt. Terrence Hayes, of the public affairs adviser office of the senior enlisted adviser to the chairman of the Joint Chiefs of Staff. Chandler presented him with a Sgt. Maj. Dawn Kilpatrick Memorial AUSA Scholarship.

The award is given in honor of the memory of Kilpatrick, who served in a variety of challenging public affairs assignments beginning in 1979. She was the firstever personal public affairs officer for the secretary of the Army. She was also a master parachutist, with more than 650 jumps. Kilpatrick served two years with the Golden Knights, the Army's parachute demonstration team.

Other Soldiers were also recognized, including NCO of the Year for 2014, Sgt. 1st Class Matthew Carpenter, an engineer with 3rd Battalion, 10th Special Forces Group (Airborne), Fort Carson, Colorado; and, Soldier of the Year for 2014, Spc. Thomas Boyd, a cryptologic linguist with Headquarters and Headquarters Detachment, 500th Military Intelligence Brigade, Schofield Barracks, Hawaii.

## News Briefs

#### Flu shots

Soldiers will have the opportunity to receive their flu vaccinations Monday-Oct. 25 from 7:30 a.m. to 4:30 p.m. at Yano Hall. Those unable to attend during the week may come to the preventive medicine department at Lyster Army Health Clinic Oct. 27-30 from 7:30 a.m. to 3:30

Flu shots for patients begin Nov. 3 in the preventive medicine department from 7:30 a.m. to 3:30 p.m. Children can receive their flu shots Nov. 6 until 6 p.m.

#### ID card section

Those who need a military or military dependent ID card may make an appointment by calling 255-2437 or 255-2182. Walk-ins are served on a first-come, first-served basis. People may experience delays in service from 11 a.m. to 1 p.m.

#### TRICARE Nurse Advice Line

Lyster Army Health Clinic uses the TRICARE Nurse Advice Line for all after-hours urgent care questions. Call 1-800-TRICARE (874-2273) to speak with a nurse 24 hours a day, 7 days a week.

#### National Disability Employment Awareness Month

October is National Disability Employment Awareness Month. The

government's efforts to educate the American public about disability and employment issues began in 1945. Since then, throughout the Federal government, activities and programs are offered to highlight the disability employment barriers that still need to be addressed and removed. Fort

- Rucker will celebrate with two events. The Assistive Technology and Resources Expo will take place today from 9:30 a.m. to 1:30 p.m. in the atrium of the Soldier Service Center, Bldg. 5700. Army Community Service Exceptional Family Member Program and the Fort Rucker Equal Employment Opportunity Office sponsor the event where representatives from various agencies will showcase assistive technology devices and resources available for people with disabilities. Short, interactive demonstra-
- tions will be available for participants. The Fort Rucker Outstanding Employee of-the-Year with a Disability Award Ceremony will take place Wednesday at 1:30 p.m. in Bldg. 101's Regimental Conference Room. The Fort Rucker Equal Employment Opportunity Office's Special Emphasis Program Committee will recognize the accomplishments of an employee with a disability within the Fort Rucker workforce during the ceremony. For more information, call 255-2240.

#### Opportunity Knocks

Lyster Army Health Clinic reports the following opening: Health Sys-

tem Specialist, GS-0671-09, can be found at https://www.usajobs.gov/ GetJob/ViewDetails/383460300, closes Oct. 24. For more on the Lyster openings, call 255-7189.

#### Clinic closure

Lyster Army Health Clinic will be closed Nov. 10 and 11 for Veteran's

#### Career Expo

The Fort Rucker Soldier for Life Center will host the NCO Association of America for its annual Career Expo Oct. 28 from 9 a.m. to 1 p.m. at The Landing. People planning to attend should register for the event by visiting http://bit.ly/1tw8wCn to RSVP. The expo is open to active-duty military, veterans, retirees and spouses only.

#### AFAP help wanted

The Fort Rucker Army Family Action Plan staff is seeking volunteers to be facilitators, recorders, transcribers, and issue and staff support. People interested in assisting with the preparation and execution of this year's AFAP Conference, scheduled for Nov. 5-6 at Wings Chapel should register online at http://www.ftruckermwr.com/afap-frtis-and-volunteerapplication/. Online registration applications are due Friday.

For more information, call 255-9637.

## SecArmy opens AUSA with call for budget resolve

**By David Vergun** *Army News Service* 

WASHINGTON — "We are the greatest land power the world has ever seen. We are the indispensable Army of the indispensable nation," said Secretary of the Army John M. McHugh, referring to remarks President Obama made of the U.S. being the world's go-to nation when trouble arises.

The secretary added that the Army has a capability and capacity that no one else can replicate. McHugh was the keynote speaker Monday at the opening ceremony of the Association of the United States Army Annual Meeting and Exposition held at the Walter E. Washington Convention Center.

Soldiers are now in some 150 countries, he continued, including the 10th Mountain Division (Light Infantry) and 1st Cavalry Division in Afghanistan. In the Philippines, Soldiers from the Joint Special Operations Task Force are part of the Army's rebalance to the Pacific. In Korea, Soldiers of the 2nd Infantry Division are ensuring stability in that volatile region. In Ukraine, Soldiers from the 173rd Airborne Brigade were in Exercise Rapid Trident.

"Our Soldiers went to Ukraine by invitation of the government, unlike the naked aggression displayed by Russian forces," McHugh said.

More recently, he said, Soldiers from the 101st Airborne Division (Air Assault) and Army engineer units deployed to Liberia to help fight the Ebola epidemic. Soldiers of the 1st Infantry Division headquarters deployed to Iraq.

"Yes, we are the indispensable nation," McHugh explained. "When trouble comes, no matter the challenge, they don't call Beijing. They don't call Moscow. They call us, the United States Army. And, despite predictions of many, the calls keep coming."

Airplanes and ships alone can't win wars, McHugh said.

"As important as they are, no Hellfire-equipped drone ever reclaimed lost territory," he said. "No Tomahawk missile ever conducted a ground counteroffensive. No bomber ever mentored or trained soldiers of allied nations building up capacity. Now, more than ever, we, this nation, need our Soldiers."

As budget constraints force a drawdown, the Army must maintain a balance between readiness, modernization and manpower, he said. But that could be even more difficult next year.

If sequestration returns in fiscal year a time for predictability. This is not a time



Secretary of the Army John McHugh, AUSA's keynote speaker at the opening ceremony of the Association of the United States Army Annual Meeting and Exposition Monday, addresses the way ahead in fiscally-constrained and uncertain times at the Walter E. Washington Convention Center, Washington, D.C



PHOTO BY DAVID VERGI

Army Chief of Staff Gen. Ray Odierno speaks at a press conference following the opening ceremony of the Association of the United States Army Annual Meeting and Exposition Monday at the Walter E. Washington Convention Center, in Washington, D.C.

2016, the tough choices and gains made during the reprieve this past year will dissipate and "another round of indiscriminate cuts will gut our force so we're unable to meet the president's defense strategic guidance," McHugh said.

"As I've told Congress repeatedly, this is a time for predictability. This is not a time

for politics," he said, referring to the need for predictable, long-term funding.

Immediately following the opening ceremony, McHugh and Chief of Staff of the Army Gen. Ray Odierno held a joint press conference.

Odierno said the next eight to 12 months will be one of the most important times in

the nation's history, as decisions are made about what the nation will do with its military. He was referring primarily to budget decisions and how that will impact the force and operations that are and will be required.

Even as the uncertain legislative process grinds on, the Army is busy planning for a range of options.

The Army Operating Concept, to be unveiled this week, will show the way ahead for the Army in the next 10, 15 and 20 years, Odierno said. "I'm excited about it and I think our Soldiers are excited about it."

One reporter questioned how the Army could come out with a new operating concept with so much budget uncertainty and global instability. Odierno responded that the Army has to continue planning, even as unpredictability and uncertainty increase. "The intellectual has to precede the physical." Also, the Army Operating Concept itself addresses the Army amidst global turmoil and uncertainty.

While the Army Operating Concept will be the intellectual guiding force, the development of that leader who can operate in unpredictable environments will be vital, McHugh added.

Odierno then addressed a question on how well the U.S. military was doing against ISIL, or the Islamic State.

"We're watching the situation very carefully," he responded. "The airstrikes are helping slow down the (enemy) advance. It's buying us time so we can continue to train the Iraqi security forces."

But it's more than just training them, he acknowledged, something the Army has been doing with the Iraqi security forces for a number of years.

The problem with the Iraqi security forces over the last few years is they haven't trusted their leaders, so they "abandoned their posts, which was really disappointing to me," Odierno said.

"While airstrikes are not going to solve the problems by themselves, you'll need forces on the ground," he continued. "That buys us time so we can train Iraqi forces on the ground as well as the Peshmerga forces in the north."

It will be a coalition effort and will not be resolved overnight, he said.

"People don't realize how difficult it is to conduct airstrikes, making sure you don't have collateral damage," he said. "So we're going to be very careful."

"We were surprised by (the Islamic State's) capability," Odierno admitted.

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## Health: Event honors, educates retirees

Continued from Page A1

everything Lyster offers in one room," said Atkins. "It also gives them the opportunity to meet outside providers we may refer them to for specialty care. If people have any questions about anything medically related, not just for military but civilian as well, it's a good place to find all the information in one spot."

In addition to the health fair, there will be a retirement ceremony at 2 p.m. at the U.S. Army Aviation Museum – an opportunity for people to show their appreciation for those who have served for so long, said Moore.

retiree social at The Landing, followed by the Retiree

Appreciation Dinner at 5:30 p.m. Russell B. Hall, U.S. Army Aviation Center of Excellence deputy to the commanding general, will be the guest speaker during the dinner.

Reservations must be made for the dinner by Oct. 24, and the cost is \$16 per person. To register, call 255-9124.

"(The fair) is something that we owe to the generations that have come and gone before us," said Moore. "We are normally quick to remember what we've done and the sacrifices that we've made, but sometimes we fail to realize the sacrifices that others have made, and a lot of times At 4:30 p.m., there will be a it pales in comparison to what some of our retirees have had to give up over the years."



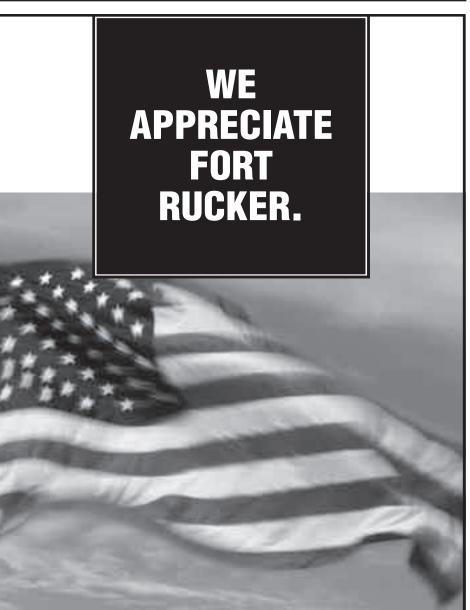
Lyster Army Health Clinic will host the 40th annual Retiree Health Fair, Oct. 31 at the Fort Rucker Physical Fitness Facility in honor of Retiree Appreciation Day from 8 a.m. to 1 p.m. to provide information on medical and health related topics.

## CFC: Donations can be made in person, electronically



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Continued from Page A1

different "FUNdraisers" within their own office, such as 5k runs, car washes and similar things to continue the effort, said Arnold.

"The Heart of Alabama CFC will continue with face-to-face solicitation until Nov. 14. We have had a great number of pledges submitted this year via myPay," she said. "Just over 58 percent of all pledges have been submitted using the myPay system. It is the easiest and most efficient way to give."

This is the second year that myPay has been made available for donors to submit

online and the system is a paper-free way to pledge through the Combined Federal Campaign, and Arnold said that all donors who have access to myPay should go online and pledge right away.

The CFC link for myPay is on the main menu under Pay Changes, after logging

Donors who do not use myPay can visit the website at www.heartofalabamacfc.org for other online giving options. If a donor prefers to give using the traditional paper pledge form, they should contact their unit or organization CFC project officer.

For more information on who to contact, call 323-2561 or 255-9261.





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The 2014 Home Buyer/Seller Satisfaction Study includes 5,810 evaluations from 4,868 customers who bought &/or sold a home between March 2013 & April 2014. The study was fielded between March 2014 & May 2014.

Headquartered in Westlake Village, Calif., J.D. Power is a global marketing information services company providing performance improvement, social media & customer satisfaction insights & solutions. The company's quality & satisfaction measurements are based on responses from millions of consumers annually. For more information, visit idpower.com. J.D. Power is a business unit of The McGraw-Hill Companies.

**OCTOBER 16, 2014** 



U.S. paratroopers disembark from a CH-47 Chinook helicopter during Operation Silver Arrow in Adazi, Latvia, Oct. 5. The multinational exercise includes forces from Latvia, Estonia, Great Britain, Norway and the U.S. Army, and is being held in conjunction with U.S. Army Europe and Operation Atlantic Resolve. The paratroopers are assigned to the 2nd Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, Airborne, Vicenza, Italy.

## QUICK RESPONSE

### 4th CAB, firefighters test downed aircraft response

By Sgt. Jonathan C. Thibault 4th Combat Aviation Brigade Public Affairs

FORT CARSON, Colo. — The rumbling and pounding of combat boots sounded across the tarmac as an aircrew responded to a simulated medical evacuation emergency in coordination with Fort Carson firefighters Sept. 24.

An aircrew from C Company, 2nd General Support Aviation Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, 4th Infantry Division, worked with Fort Carson Fire Department firefighters for the first time to test its MedEvac response time by simulating a downed aircraft in the mountains.

"The purpose of this exercise was to see how all command echelons would respond . an event (in which) an aircraft has crashed," said CW2 Etienne Cavallaro, UH-60 Black Hawk (MedEvac) pilot and Aviation mission survivability officer, C Co., 2nd GSAB, 4th Avn. Reg. "This incident is particularly important to MedEvac crews because we would be most likely one of the first responders on the scene of the accident in order to secure the (extrication) and transport of any victims to the nearest appropriate medical facility."

C Co. leadership made the training more realistic by leaving key personnel unaware of certain information about the training



Sgt. David Burson, flight medic, C Company, 2nd General Support Aviation Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, 4th Infantry Division, helps carefully remove mannequins from a simulated crushed aircraft with Fort Carson Fire Department during a MedEvac response exercise on Fort Carson, Colorado, Sept. 24.

exercise.

"My medic was not aware of this exercise, and it allowed him to better assess how to approach the accident and what to do: extraction of the victims, triage, first aid, stabilization, preparation for transportation," said Cavallaro.

Fort Carson firefighters were hoisted out of the company's UH-60 Black Hawk to

make the simulated mountain rescue seem more realistic and see how each organiza-

tion's protocols differ. "We didn't do the hoist in the mountains for safety reasons," said Austin Burt, firefighter emergency medic technician, Fort Carson Fire Department. "The

SEE RESPONSE, PAGE B4

Members of the team that pushed the envelope of manned-unmanned teaming between the Gray Eagle and Shadow, and the Apache AH-64E model and the One System Remote Video Terminal gather at Redstone Airfield with the Shadow UAS in the

## Unmanned aircraft team with Apache helicopters

By Kari Hawkins

Redstone Arsenal Public Affairs

REDSTONE ARSENAL, Ala. — The Program Executive Office for Aviation has once again pushed the envelope of technology for its family of unmanned aircraft systems.

The Gray Eagle and Shadow UAS – both popular with Soldiers for the reconnaissance and surveillance capabilities they bring to the battlefield – have proven themselves up to the challenge in a series of manned-unmanned teaming tests with the Army's newest Apache, the AH-64E model, and the One System Remote Video Terminal during the past two months at both Redstone Arsenal and El Mirage Flight Test Facility in Cali-

The successful tests took the two UAS into the realm of true interoperability between multiple Army Aviation systems. While UAS have been transmitting surveillance video to helicopter pilots via a ground station control system since 2007, the recent tests proved that capabilities have been successfully increased so that Apache helicopter pilots can control the payloads, sensors and flight of UAS from the cockpit of their helicopter. In addition, the tests proved the capabilities of the latest version of the One System Remote Video Terminal to control the sensors of UAS.

"During our test events, we've taken the manned-unmanned capabilities of Shadow and Gray Eagle, and the Apache "E" model to a level where the Apache cannot only receive information but also transmit command and control to the unmanned systems," said Doug Wolfe, interoperability lead, Common Systems Integration, UAS Project Office, Program Executive Office for Aviation.

'We've also tested the use of a One System Remote Video Terminal, where the Soldiers in the fight can use the OSRVT to control the sensors on all unmanned aircraft systems. Right now, the OSRVT allows the receipt of data from different UAS," Wolfe continued. "But the next version will make OSRVT bi-directional so that it can not only receive from all UAS, but also transmit to all UAS to control their payloads."

The Gray Eagle UAS, the largest UAS in the Army's arsenal of weapons, has a mission that includes wide-ranged intelligence, surveillance and reconnaissance; convoy

## Units unite for sling load, air assault ops

By Sgt. Jonathan C. Thibault 4th Combat Aviation Brigade Public Affairs

FORT CARSON, Colo. -Two brigades worked together to carry sustainment supplies and maneuver Soldiers around the battlefield to become more proficient in their mission capabilities, Sept. 23-25 on Fort

Aircrews from 3rd Assault Helicopter Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, 4th Infantry Division, and Soldiers from 3rd Armored Brigade Combat Team, 4th Inf. Div., conducted sling load and air assault operations together for the first time during 3rd ABCT's field exer-

"We conducted sling load and air assault training with 3rd ABCT for two big reasons," said Capt. Joshua A. Meyer, operations officer, 3rd AHB, 4th Avn. Reg. "The first reason was for certification of standard aircrew proficiencies. The second reason was to create freeflowing communication with their ground forces. It takes a lot of team effort from ground and air crews to conduct these types of operations."



Sgt. Thomas Streb, petroleum supply specialist, A Company, 3rd Combat Brigade Team, directs an aircrew from 3rd Assault Helicopter Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, both brigades are from 4th Infantry Division, over a package about to be sling-loaded to a UH-60 Black Hawk on Fort Carson, Colorado, Sept. 23.

Sling load operations play an integral role for ground commanders with units in confined areas unreachable by ground vehicles, said Meyer.

"Although we are an assault battalion, sling loading is still a standard task for all of our Aviators. It helps for quick resupply to units and rapid repositioning of equipment," said

Capt. Robert Mitchell, commander, A Co., 64th Brigade Support Battalion, 3rd ABCT, said it takes less personnel, and it is safer to sling load equipment and supplies.

"I have a variety of highly motivated Soldiers from different logistical job specialties under my command," said Mitchell. "It is great to build their competencies in aerial movement operations."

Sgt. Thomas Streb, petroleum supply specialist and sling load specialist, A Co., 64th BSB, helped train fellow Soldiers to sling load supplies safely and to standard.

"This is the first time a lot of our Soldiers have real-time sling load training," said Streb.

"Today, our sling loads consisted of ammo and meals-readyto-eat in containers. We hope to learn how to sling other items in the future to better our sling load proficiency. We are grateful to be able to work with 4th CAB aircrews because we can't get training like this every day."

A mass air assault of Camp Red Devil was a major highlight of the combined training between 4th CAB and 3rd ABCT Soldiers.

"This was our first air assault training," said Meyer. "The air assault was a combined effort between 3rd AHB, 4th Avn. Reg., 4th CAB and 1st Battalion, 8th Infantry Regiment, 3rd ABCT. We did many rehearsals and went through the procedures many times together. Air assaults exist to help ground tactical commanders move Soldiers to accurately secure a

mission objective." "It was nice to validate and execute the mission plans that both units worked hard on," he said. "We will continue to support the ground commanders and conduct air assault training with them as requested to make all of us more missioncapable."

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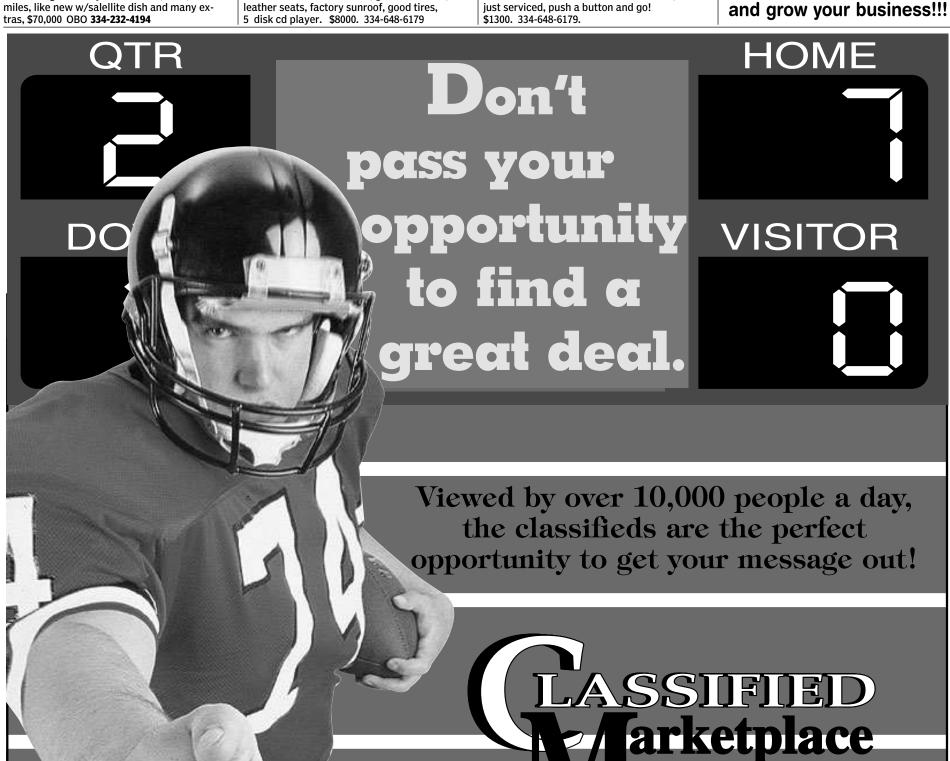
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## **Response:** Communication key to mission success

Continued from Page B1

training allows us to work without having to take risks, but also keep it realistic. We received a great preflight brief and the hoist went perfect. We respond to situations differently than the aircrews and found this as a great opportunity to learn from each other."

Justin Schliske, assistant fire chief, said communication between first responders and aircrews is imperative.

"Communication and knowing each other's procedures is important in these types of rescues," said Schliske. "I have been involved in ... two downed aircraft rescues in the past four years. It's definitely prevalent that these things happen. We want to make sure that our Aviation counter-

parts and us are on the same page with the protocols and steps we take to better the survivability of the people we have to help."

Aviation MedEvac training is integral for both civilian emergency agencies and ground commanders during tactical deployments and domestic emergencies.

'We do this combined training to refine our skills, so that when called upon we are the most efficient rescue force in a tactical environment," said Cavallaro. "Ground commanders and civilian emergency agencies need to be aware of the hazards that come from approaching a downed aircraft as well as the specific sensitive item components that need to be secured so that they do not fall in enemy hands whether foreign or domestic. In domestic emergency cases, we are

mostly worried about the safety and survival of the crewmembers and first responders."

Cavallaro added that firefighters' ability to seamlessly work with civilian counterparts allows them to be an effective tool at the disposal of the Fort Carson commanding general to assist local communities when they are called on.

"The current mission of 2nd GSAB, 4th Avn. Reg., as well as our past response to flooding and fires, is a testament to 4th CAB's commitment to excellence in this particular skill set," said Cavallaro. "The training event went very well. It gives us the unique ability to assess our first responder counterpart's capabilities and response time so that if we were to have a real-life event, we would work more efficiently.'

## Apache: AH-64 pilots provide human-machine interface

Continued from Page B1

protection; IED detection and defeater; close air support; target acquisition; communications relay; and weapons delivery. It can operate up to 25 hours, flies up to 29,000 feet and can carry multiple payloads, including four Hellfire missiles.

The Shadow UAS is used by brigade commanders for reconnaissance, surveillance, targeting and assessment. It can conduct missions up to 125 kilometers away from the ground control stations, and recognize tactical vehicles up to 8,000 feet above the ground at a range of more than 3.5 kilometers, day or night.

The Gray Eagle and Shadow are the anchor systems in an Army UAS fleet that also includes the much smaller Puma and Raven UAS, and the Army's first UAS, Hunter.

Since 2007, Army Aviation has flown more than 5.85 million flight hours in manned-unmanned teaming scenarios, both in training and on the battlefield. Mannedunmanned teaming is possible due to the standardization of video and data transmission systems between ground station control, UAS and manned platforms. The manned-unmanned network allows manned helicopters to control unmanned aircraft payloads, and the receiving and transmitting of real-time video.

"These new capabilities are a force multiplier for infantry and field artillery," Wolfe said. "The experiences we've had with this testing have exceeded my expectations. I am very positive about the results of our testing and the capabilities that will be provided to the war fighter."

For about 2 1/2 years, PEO Aviation engineers have been working with its partners in both government and industry to increase

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Aircrews from 3rd Assault Helicopter Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, and Soldiers from 3rd Combat Brigade Team, both brigades are from 4th Infantry Division, took cover during an attack from 3BCT's opposing force on Fort Carson, Colorado, Sept. 23.

file lead for Gray Eagle.

"We've had several anomalies along the way that we've had to work through," he said. "And we did work through them so my expectation was that everything would work just as advertised, and it did."

Apache pilots are familiar with flying with UAS in the battle space, said Sean Gilpin, UAS Level IV interoperability lead, Apache Project Office, PEO Aviation.

"Our Apache pilots are the human machine interface in manned-unmanned teaming. We have fielded manned-unmanned capabilities with our 'E' model Apache," he said. "Unmanned aircraft help to take away the unknown on the battlefield because they can fly out from the Apache and allow the Apache pilot to see over the horizon. Any additional capabilities we can provide above

for our Apache pilots. The response from the field is that Soldiers really like it."

Manned-unmanned teaming already brings several assets to the battlefield, including improved air-ground integration, increased operational tempos, rapid development of situations when engaged, increased endurance allowing manned platforms to action real-time intelligence, increased lethality, increased survivability by reducing the unknown about enemy force disposition, persistent surveillance allowing manned aircraft to focus on high payoff targets and reliable combat information in real time.

The team of defense contractors supporting the testing included Textron, General Atomics, Boeing, Lockheed Martin and Northrop Grumman.

"There's been a lot of teamwork," Wolfe said. "We really came together as a team to pull this off.'

In addition, the Aviation and Missile Research Development and Engineering Center, known as AMRDEC, provided the support needed to test in the Joint Systems Integration Lab at Redstone.

"Testing is usually a very long process, because you have to crawl and walk before you can run," Gilpin said. "Starting with both the Apache and the unmanned aircraft on the ground, then with both aircraft in the air, we ran through all the test scenarios to vet out the system, to validate our robust interoperability. AMRDEC's Aviation Engineering Directorate was on-site to critically examine the tests to make sure what we said would happen did happen.





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OCTOBER 16, 2014

## EVOLVING HISTORY

## Museum reworks displays to keep perspective fresh

By Jay Mann

Fort Rucker Public Affairs

Museums are a record of the slow, constant change and evolution in the world that people participate in every day, and this record itself is constantly being updated at the U.S. Army Aviation Museum by a staff that recognizes the importance of building the future on the foundations of the past.

"A good museum is constantly evolving, constantly changing," said Robert Mitchell, Army Aviation Museum curator. "People want to come back to the museum and see new things, so we are constantly upgrading the displays and we are in the planning process of a large reworking of all our displays."

Mitchell says reworking current displays is only a part of providing a unique experience for visitors on every visit to the museum – rotating aircraft and acquiring new displays are just as important.

"We are hoping to get a Longbow Apache from the Apache community to put on display, because obviously that aircraft is not only a tactical weapon, but a national strategic weapon," he said.

One of the new aircraft on display at the museum is an exclusive special operations variant of the UH-60L, known as Super 68, Razor's Edge.

In 1993, Super 68 participated in Operation Gothic Serpent and was one of three Black Hawk helicopters to be shot down during the Battle of Mogadishu – an account of which appeared in the book and movie "Black Hawk Down."

"During the battle, it received heavy damage," explained Mitchell. "A rocket-propelled grenade struck the rotor system on the aircraft, but the crew was able to fly it back to the airfield, which is a testament to the ruggedness of the aircraft and crew members. It was quickly repaired and put back into action."

Throughout its entire service life, from delivery in 1990 until its induction into the Army Aviation Museum collection in late 2013, Super 68 was assigned to the 160th Special Operations Aviation Regiment. It was one of the first aircraft in the regiment to undergo the conversion to a Direct Action Penetrator.

"During that battle the aircraft was configured differently than you see it today. You have to remember, that was many years ago," Mitchell said, "It was upgraded over the years and eventually took on the role of a DAP."

It is on display in COMNAV IDAP configuration, mounting a rocket pod, 30mm cannon, and twin forward fixed 7.62 miniguns. During its time in the 160th, it also racked Hellfire missiles and Stinger air-to-air missiles, depending on the mission.

"It's basically the 160th's version of a gunship," he said. "Its primary role is direct fire support for the operators on the ground.

"During the operations in Mogadishu. it had the standard door guns and was used more as an assault type



PHOTO BY JAY MANN

A special operations variant of the UH-60L, known as Super 68, Razor's Edge, which participated in operations later recounted in the book and movie "Black Hawk Down," sits on display at the Army Aviation Museum on Fort Rucker.

aircraft for inserting troops," he continued. "When it received the battle damage, it had fast ropes hanging out and rangers were being deployed into the city.

"Preserving the actual aircraft that participated in these missions is important because people need to understand the sacrifice and determination of the Soldiers who operated these machines," said Mitchell. "Recently, on the 20th anniversary of the operations in Somalia, we had senior officers and NCOs come stand next to this aircraft that they stood next to all those years ago as junior officers and enlisted Soldiers. This aircraft is a part of them."

In addition to the new additions to the museum, current inventory being rotated in and upgrades to displays, there are plans for a new Phase II to the museum that will feature groundbreaking aircraft that pushed the evolution of rotary flight

"History and technology are intertwined," said Mitchell. "The new Phase II building will have a circular design, starting with early rotary wing Aviation and evolve through all the different facets of power plants, rotor systems, instrumentation and survivability systems throughout the generations. It will be a very comprehensive exhibit of technology.

"The operational history will still be maintained, but Phase II will fill in the gaps with the conceptual designs and prototypes that led to the leaps in design between the operational aircraft," he said.

The Phase II design model and the Army Aviation Museum Foundation's progress toward the funding goal are on display in the museum.

The current museum building has a large collection of exhibits starting with the early days of flight.

"Army Aviation started shortly after the Wright brothers achieved their feat at Kitty Hawk," said Mitchell. "We have a WWI Gallery where we talk about Army Aviation pioneers, the mid-war years, and WWII. As you walk through, you see the advancements through the late 1940s and 50s, and into the Korean war and up to today.

"There is really something for everybody here," he said. "Elementary school children, active-duty Soldiers, former Aviation Soldiers and their families regularly come through here.

"We have a lot of things people don't normally see," he added. "There are some one-of-a-kind aircraft, presidential helicopters, Hugh Mill's aircraft from Vietnam, and a lot of nooks and crannies throughout the museum chock full of history that people don't realize is here."

## Training helps families grow



By Jay Mann

Fort Rucker Public Affairs

The challenges that come with change are a part of the military lifestyle, and an Army Community Service program on post is helping families realize that together they can grow and thrive when facing these challenges.

Family resilience training is scheduled for Oct. 28 and 29 at The Commons on Fort Rucker, and the sign-up deadline is Oct. 24.

"Throughout our lives, we will face many challenges and events that may be of a positive or negative nature," said Ruth Gonzalez, ACS Relocation Readiness Program manager. "Depending on where we are, we may handle these challenges or events in a successful manner, or not."

According to the Army's Ready and Resilient campaign, resiliency is the mental, physical, emotional, and behavioral ability to face and cope with adversity, adapt to change, recover, learn and grow from setbacks.

"A resilient person is able to grow and thrive even in the midst of what he or she may be facing," Gonzalez

The goal of family resilience training is to provide participants with the skills to strengthen the competencies found in a resilient person. Resilience training is a series of classes that pro-

mote personal growth and well-being by enhancing people's natural abilities

The training helps people reflect on how they currently address the challenges of daily life and learn how applying resilience skills can strengthen their ability to handle challenges.

"Resilience isn't a characteristic that a person innately has or not," said Gonzalez. "Anyone can become resilient by working on the skills to develop the necessary competencies."

Resilience training is not only for Soldiers, family members are also invited to sign up for the classes.

"Currently, our permanent party Soldiers who in-process must attend resilience training," said Gonzalez. "But I highly recommend that everyone take time to attend. We take preventive measures to ensure that our vehicles are maintained, our homes are taken care of, but what do we do to maintain our relationships with our spouses, children, family, etc.?

"Nothing is more important than the people we love, and by taking resilience training, we are filing our tool belts with the tools necessary to help our relationships grow and thrive," she added.

To sign up or get information on the training, or to discuss childcare options during the training, call 255-3735

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

#### 'In Their Shoes' exhibit

Throughout Army Community Services will host an exhibit called "In Their Shoes," demonstrating the different walks of life of those who are victims of domestic violence. Officials said they hope the main takeaway is for people to realize that domestic violence can happen to anyone, no matter what race, gender, age or economic status. The exhibit will be set up at three locations: Lyster Army Health Clinic, the first floor of Bldg. 5700, and the Army and Air Force Exchange Service Food Court.

For more information, call 255-3817.

#### **Purple Day**

October is Domestic Violence Awareness Month and Fort Rucker will once again take part in the Purple Day campaign, which will begin Friday and continue each Friday throughout the month. This will be a communitywide effort to recognize people's collective responsibility to prevent all forms of domestic violence by wearing Purple every Friday throughout October. People are encouraged to band together and wear purple as a visible commitment to support the prevention and awareness of domestic violence.

For more information, call 255-9641.

#### **Comedy Live**

Comedy Live will return to Fort Rucker Friday from 8-10 p.m. in The Landing ballroom. Corey Mack will be the opening act, and Landry will be the headlining act. Cost for regular advance tickets is \$12 each today and \$16 at the door. Cost for a VIP table (seats 10 patrons) is \$150 and guarantees people seating close to the stage. Tickets are available at MWR Central in Bldg. 5700, The Landing catering office, The Landing Zone Coffee Zone or Lyster Coffee Zone. The event is open to the public for ages 18 and older.

For more information, call 255-9810.

#### **Outdoor Yard Sale and** Flea Market

The Fort Rucker Outdoor Yard Sale and Flea Market will take place Saturday from 7-11 a.m. at the festival fields. The event is open to the public, and provides the opportunity for the Fort Rucker community to buy and sell used household items in a consolidated fashion.

For more information, call 255-1749.

#### Newcomers welcome

Army Community Service hosts the newcomers welcome Friday from 8:30-11 a.m. at The Landing. Activeduty military, spouses, foreign students, Army civilians and Family members are welcome to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours in advance.

For more information, call 255-3161 or 255-2887.

#### Frite Nite

Frite Nite returns to the Fort Rucker Riding Stables Oct. 24-25 from 7-11 p.m.



PHOTO BY NATHAN PFAL

### Family game night

Friends Thia, Emma and Mari Ramirez, and Tyson Armstrong, Army family members, play a game of Life during the Family Advocacy Program's Family Game Night at the Corvias Military Living Ballroom earlier this year. The Army Community Service Family Advocacy Program, in partnership with Corvias, will host another family game night from 5-7 p.m. Oct. 24 at the Corvias Building. The event will feature games for all ages, and pizza and beverages will be provided. Each Family participating will receive a new board game. To take part, people need to register by Wednesday. For more information or to register, call 255-3898 or 255-9636.

Guests will take a short ride and be dropped off to walk through the wooded trail of nightmares, a haunted cemetery, the boogie man's home and a maze of screams. Officials warn that Frite Night is not for the light of heart and strongly encourage only those ready for a real fright to participate. Cost is \$12 per person. Tickets are available each night, or people may purchase tickets in advance at the riding stables. Concessions will also be available at the event for additional cost. The event is open to the public.

For more information, call 598-3384.

#### Children's Fall Festival

Fort Rucker will host the Children's Fall Festival Oct. 25 from 11 a.m. to 1 p.m. at the riding stables. The event will feature children's activities such as horse and pony rides, a bouncy house, train rides, carnival games and more. Parents are encouraged to dress their children up in Halloween costumes and enter the costume contest for ages 12 and younger. Prizes will be given for first, second and third places. Food and beverages will be available at the event, and only cash will be accepted. Cost for activities will be \$1 per ticket. Pony and horse rides will cost four tickets, bouncy house will cost two tickets, train rides will cost two tickets and carnival games will cost one ticket. The event is open to the public and recommended for children 12 years old and younger.

For more information, call 598-3384.

Fear Factor Lock-In The Fort Rucker Youth Center invites its members to its Fear Factor Lock-In Oct. 24 from 6 p.m. until 6 a.m. Oct. 25 at the youth center, Bldg. 2800 on Seventh Avenue. Admission is free to all active members in grades six-12. Guests are welcome to attend for \$10 and a photo ID is required for age verification. The event will feature scary movies, spooky

arts and crafts, and strange treats and sour drinks. There will also be spooky basketball and dodge ball, and other scary activities.

For more information, call 255-2260 or 255-2271.

#### **Teen AFAP Conference**

The Fort Rucker Teen Army Family Action Plan conference is scheduled for Oct. 28 from 5-8 p.m. at The Commons, Bldg. 8950 on Seventh Avenue. The Teen AFAP gives Army Teens a voice to address issues that impact their lives and be heard by Army leadership. Issues may range from entertainment and program options, to volunteer and job opportunities, to leisure time activities. Those interested in attending the conference need to register by Oct. 23 by calling 255-9637. The Teen AFAP is open to Army and Department of Defense civilian teens, ages 13-18. To submit quality of life issues to be worked at this year's AFAP conferences, submit online at http://www. ftruckermwr.com/army-

family-action-plan-2014/. To take part or get more information, call 255-9637.

#### Pumpkin carving, costume contest

Center Library will host a free pumpkin carving and decorating contest and a Halloween costume contest Oct. 28 from 4-5 pm. The event is open to authorized patrons of all ages. People can bring their carved or decorated pumpkins to the Center Library between Oct. 27 during the hours of 9 a.m. to 5 p.m. and Oct. 28 from 9 a.m. to 3:30 p.m. Age groups for winners are 0-11 years, 12-17 years, and 18 and older. People can also come dressed in their scariest, cutest or silliest costume to win a prize. Winners for both contests will be announced at 4:45 p.m. Oct. 28. Space is limited to the first 65 people to register. Light refreshments will be served.

For more information or to register, visit the library or call 255-3885.

## DFMWR **spotlight**



Open to the public, recommended for ages 12+ Fort Rucker Riding Stables, (334) 598-3384

### CHILDRENS FALL FESTIVAL

October 25th / Riding Stables / 11 am - 1 pm Open to the public, recommended for ages 12 and under Fort Rucker Riding Stables, (334) 598-3384

#### SPOOKY 5K & 1-MILE FUN RUN October 25th / Fortenberry-Colton PFC / 9 am

Registration: 7:30 - 8:45 am, Costume Contest: 8:15 am 5K Run: 9 am, Fun Run: after 5K has completed Fortenberry-Colton PFC, (334) 255-3794

#### MONSTER BASH

October 31st / The Landing / 8 pm - 12 am Open to the public, ages 18+, Tickets: \$10 advance, \$15 at door The Landing, (334) 598-2426

#### MONSTER BOWL

October 31st/ Rucker Lanes / 8 pm - 12 am \$66 per lane: Unlimited Bowling (up to 6 people per lane), Shoe Rental \$2 per person, a choice of burger, hotdog or flatbread pizza, a 16 oz. beverage and prize pins. Reservations, call Rucker Lanes at (334) 255-9503

For more information visit www.ftruckermwr.com

#### RUCKER MOVIE SCHEDULE FOR OCT. 16 - 19

Thursday, Oct. 16

Friday, Oct. 17

Saturday, Oct. 18

Sunday, Oct. 19

Alexander and the Terrible, Horrible, No Good, Very Bad Day......7 p.m.

Alexander and the Terrible, Horrible, No Good, Very Bad Day......7 p.m.

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## Caisson Platoon: Solemn duty of honor, respect

By Lisa Ferdinando Army News Service

JOINT BASE MYER-HEN-DERSON HALL, Va. - Before the sun peeks over the horizon, the Soldiers of the 3rd U.S. Infantry Regiment (The Old Guard) are already hard at work preparing the caisson horses for the day's solemn duties.

These Old Guard Soldiers are part of the U.S. Army Caisson Platoon, tasked with bringing departed military members from all branches and dignitaries to their final resting spot at Arlington National Cemetery.

In the early morning, the caisson stable is abuzz with activity. The horses are fed and then sprayed down for their daily bath. Their coats shine under the droplets of the water.

Clank. Clank. Clank.

A farrier tends to a shoe on a

Other Soldiers inspect the tack. A horse is brushed, its tail smoothed out. A horse neighs.

The standard for the Caisson Platoon is perfection. The Soldiers meticulously care for the horses, clean and repair the leather, and shine each piece of brass on the tack and caisson.

Their work day begins at 4 a.m. - the first funeral is at 9

Soldiers say "hello," and nuzzle and pet the horses. Some of the animals can be cranky – it's still early and the golden rays of dawn have not yet broken through the dark sky.

The men and women of the Caisson Platoon are keenly aware that the animals are indispensable members of the team. Soldiers ensure that the tack is cleaned "inside and out" and the custom-made piece is properly put on the horse to prevent injury to the animal.

The platoon members ensure that everything associated with a caisson funeral – the horses, the tack, the brass, and the Soldiers' appearance and poise – is to an exacting standard, according to Staff Sgt. John Ford, the Caisson Operations NCO.

Platoon members volunteered for duty from the Old Guard and were meritoriously selected to uphold the highest military traditions afforded to those who have served the nation, Ford said.

"The honor for us is being able to show the family members of the departed that they are not alone in their loss," he said. "They are not alone in their grief – the Army grieves with them and the Army has lost, as well."

The Soldiers serve with distinction as they carry out the sacred duty at the columbarium and among the rows of perfectly aligned white headstones at Arlington National Cemetery.

It is a great privilege to be a part of the funerals and bring closure, as families say their final farewells to their loved

DRACULA UNTOLD - POT

Mon-Thurs: 7:10 & 9:10

Mon-Thurs: 7:00 & 9:20

Vestgate Center

II THE BOOK OF LIFE - PG

Mon-Thurs: 7:00 & 9:00

Mon-Thurs: 7:10 & 9:00

Mon-Thurs: 7:00 & 9:30

Mon-Thurs: 7:00 & 9:15

ANNABELLE - 🛭

III THE JUDGE - 🏾

Mon-Thurs: 7:15

FURY - I

Fri-Sat-Sun: 2:00, 4:00, 7:00 & 9:00

V ALEXANDER AND THE TERRIBLE, HORRIBLE

Fri-Sat-Sun: 2:10, 4:10, 7:10 & 9:00

Fri-Sat-Sun: 1:30, 4:00, 7:00 & 9:30

Fri-Sat-Sun: 1:45, 4:00, 7:00 & 9:15

Fri-Sat-Sun: 1:15, 4:00, 6:50 & 9:30

THE BEST OF ME - POIS

Fri-Sat-Sun: 2:00, 4:00, 7:10 & 9:10

Fri-Sat-Sun: 1:45, 4:00, 7:00 & 9:20



A Soldier prepares a caisson horse before the first funeral of the day, at Joint Base Myer-Henderson Hall, Arlington, Virginia,



Sgt. Daniel Miller kisses a caisson horse before he and his team head out for the first funeral of the day Oct. 2.

ones, Ford said.

#### **Solemn moments**

"My best friend is buried in Section 60 at Arlington Cemetery," Ford said, choking up as he remembered Spc. Marlon Bustamante, who was killed in action in Baghdad Feb. 1,

"My first visit to Arlington was after we had gotten back from the 2006 tour in Iraq, where I was with the 1st (Battalion), 502nd (Parachute Infantry Regiment), out of the 101st Airborne Division [Air Assault],"

He knew then that he wanted to volunteer for the caisson platoon and be a part of that sacred

"From having received those final honors and to see the effect that it had on the family, to see how much that means to the loved ones of the departed,

I wanted to be able to be a part of that," he said. "Until you are standing at the bottom of one of the sections, looking up the hill and all you can see for as far as you can see is the headstones ... you don't really grasp what it is that we do here."

Again, pausing with emotion, Ford remembered the young boy in the Gold Star family who visited the caisson stables on a rainy afternoon when the horses were cranky and Ford was ready to go home after a long day.

"It seems like every time that the mission becomes long or the workload becomes heavy, or a Soldier is starting to get tired, something will happen, a family member will come to the barn for a tour and tell us how much our efforts meant to them," Ford said.

The boy, then about 4 years old, was just a baby when his father was killed in Afghani-

stan. Looking through the logbooks, the Soldiers found the horses that carried the boy's father and were able to introduce the boy to them.

"Being able to see the difference that that makes for the loved ones is really the most rewarding part of what we do," Ford said.

#### Honor, respect

It is awe-inspiring to even just watch the horses pass by during a funeral, said Staff Sgt. Christine Baldwin, a squad leader in the platoon.

But to be a part of the caisson team is a wholly unique experience, she said.

"You can't describe it unless you're out there yourself," she said. "To actually be up there on the horse and watch the families and seeing their gratitude, or just being there and having that privilege to take the family to their final resting place is amazing."

It is an honor to pay tribute to those who have served their country, and show the families how much the service and sacrifice of their loved one means to the nation, Sgt. Daniel Miller

From the care of the horses and equipment, to the Soldiers' appearance and riding style, every detail is attended to in order to provide the families with the best possible funeral for the departed, he said.

"We're the last things that they are going to see when they take the casket off the wagon or the urn off the wagon, so we want to make sure we do the best that we can for them," Miller said.

#### **Steeped in history**

Whether in the snow, rain,

cold or heat, the Caisson Platoon is out in Arlington National Cemetery for funerals every day, Mondays through Fridays, except federal holidays, or in the case of dangerous weather or other emergencies.

Using a caisson is steeped in tradition and history, going back to the day when field artillerymen used the caissons to transport 75mm cannon ammunition. The caissons, which were built in 1918, now carry the remains of those who served the nation with honor and distinction.

Those eligible for a caisson at a military funeral at Arlington include warrant officers and sergeants major, officers of all ranks, those killed in action, valorous award recipients including those who received the Medal of Honor, U.S. presidents and other special designees, Ford said.

A caisson team consists of seven horses and four riders. Three of the horses hitched to the caisson are unmounted, because the field artillerymen of the day used the off-side horses to carry additional gear, Ford

A departed Army or Marine Corps officer in the rank of colonel or above is also afforded the honor of having a caparisoned, or riderless, horse. The horse is led behind the caisson by a member of the platoon.

"It represents the horse of the departed officer, boots are reversed in the stirrups, symbolic of both the officer's last ride and the officer reviewing his troops for one final time," Ford said.

The caparisoned horse is reserved for Army and Marine Corps officers because it is a cavalry tradition. The honor is also given to presidents in their capacity as commanderin-chief of the armed forces, Ford said.

#### Unique members of the platoon

Just as people have unique appearances, personalities and dispositions, so do the horses. There are big horses, averagesized horses - while some are friendly and playful, others can be testy.

The relationships that are built between the horses and the riders are based on mutual respect, and on the personalities of the animals, Ford said.

"The more playful horses will have more people who are partial to them," he said. "Some of the less playful or more irritable horses will actually have as many people that are partial to them, simply because a cranky horse is endearing sometimes."

While the horses might be awry, cranky and irritable in the stables, they are highly trained, work-centric creatures that know exactly when to "turn on" and focus on the mission, he said.

SEE CAISSON, PAGE C5



## OF ENTERPRISE



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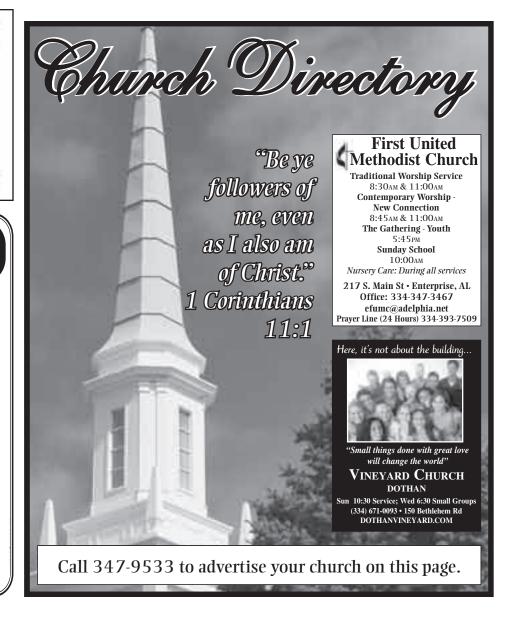
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## Celebration includes children's activities, zoo

**DFMWR Marketing Publicity** *Fort Benning, Georgia* 

This year's Oktoberfest at Uchee Creek on Fort Benning will feature a variety of children's activities and rides, including a ferris wheel, tea cups, bungee jumping, a velcro wall, hayrides, a pumpkin patch, face painting, the Staples Safari Zoo and pontoon boat rides.

All of these rides and activities are free and open to the public.

The annual Oktoberfest Celebration will start Oct. 24 at 4 p.m. and end at Oct. 26 at 6 p.m. The event is free and open to the public. German food and beverages will be available for purchase

The funs starts Oct. 24 at 4 p.m. and ends at 10:30 p.m. The day includes a ceremonial keg tapping at 6 p.m., music by the Sonnenschein Express and German yodelers, stein hoisting con-

tests and more.

Oct. 25 starts with the Commander's Challenge, which includes the annual Oktoberfest 10K Cross Country Run, a 5K run and a free and stroller-friendly 5K Volksmarch.

These events start at 8 a.m. at Uchee Creek. Register for the 10K for \$25 at Smith Fitness Center or www.active.com. The fee increases to \$35 after Oct.

Oct. 25 events also include canine competitions (the Dachshund Derby, Best Dressed, Doggie Doppelgangers and Top Dog trick); hayrides, pony rides, Staples Safari Zoo, inflatables, crafts, boat rides and pumpkin patch for the kids; a keg tossing competition, dancing and more music by the Sonnenschein Express, yodelers and the MCoE Band. We tap out at 10 p.m.

Oct. 26 activities are from 10 a.m. until 6 p.m. The sched-

ule includes performances by the SKIES Cheer Team, music, hayrides, pony rides, the Staples Safari Zoo and more children's activities.

A complete schedule is available at www.benningmwr.com.

Safety Cab will offer free rides home on Fort Benning and in Columbus, Fort Mitchell and Phenix City. For a ride, call 706-326-3027 or 706-464-5915.

A shuttle service will be available to and from Oktoberfest on post.

For their safety and convenience, vendors only accept tokens for the purchase of food. Rides and games are free. Tokens are \$1 each and are available before the event beginning October 15 at MWR headquarters in the second floor of the Benning Club, Building 128 on Morrison Avenue, or at token trailers on site. Unused tokens can be redeemed on site for full value.



COLIDTESY PHOT

## WIREGRASS

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

#### **ANDALUSIA**

NOW THROUGH OCT. 19 — Covington County Fair runs at various times throughout the week at the fair grounds. For a schedule of events and admission prices, that range from \$6 to free, and more information, visit http://www.kiwanisccf.org/news.html#events.

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

#### **DALEVILLE**

 $\boldsymbol{OCT.31}$  — Trick-or-treating will take place from 5-7 p.m.

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

#### DOTHAN

OCT. 18 — The Sandi McCool Champions of Hope breast cancer awareness event will begin at 6 a.m. with registration, with most activities starting at 8 a.m. on the campus of The Alabama College of Osteopathic Medicine located on Hwy. 84 East. The event includes 5K and 10K competitive races, a Spirit Walk and Kids' Fit Challenge, as well as vendor and information booths. This family-friendly event is designed to offer something for participants of all ages. For registration, sponsorship or vendor booth information, call 673-4150 or visit www.samcfoundation.org. Registration is opposing

OCT. 25 — Landmark Park hosts its Fall Farm Day, formerly known as the Wiregrass Heritage Festival, from 10 a.m. to 4 p.m. Peanut harvesting the old-fashioned way will take place throughout the day, as well as cane grinding, syrup making, antique tractor and engine displays, and cooking on a woodstove. Syrup, warm from the kettle, will be on sale at the event. Tractors will participate in an antique tractor pull and parade. Entry forms for tractors and quilts can be found online at www.land-

markparkdothan.com. Admission to Fall Farm Day is \$8 for adults, \$6 for seniors and active military, \$4 for children, and free for park members and children 2 and younger. Concessions will be available, and the Martin Drugstore and Shelley General Store will be open. For more information, call 794-3452.

OCT. 31-NOV. 9 — The 71st annual National Peanut Festival will take place at various times at the fairgrounds off of Hwy. 231. According to a press release, the nation's largest peanut festival is held each fall to honor peanut growers and to celebrate the harvest season. Festivities include amusement rides, animal shows, agricultural displays, concerts, beauty pageants, arts and crafts displays, contests, food, a two-hour parade and tons of peanuts. For more information and the entertainment lineup, visit http://nationalpeanutfestival.com/.

**ONGOING** — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

#### ENTERPRISE

**OCT. 18** — The Boll Weevil Festival will take place from 9 a.m. to 2 p.m. in the downtown area.

ONGOING — Beginning and continuing classes in the Taoist Tai Chi Society Internal Arts and Methods are currently held at the Enterprise YMCA. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. All classes are taught by accredited volunteer instructors. For more information, classes available, and days and times, call 348-9008 or visit www. taoist.org.

#### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

#### MIDLAND CITY

**ONGOING** — Residents are invited to

town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

#### **NEW BROCKTON**

**OCT. 23** – Disabled American Veterans Chapter 99 will meet at 6 p.m. in the New Brockton old armory building. Food and drinks will be served, followed by regular chapter business. The chapter extends an invitation to veterans throughout the Wiregrass to join as new members as both DAV and DAV Auxiliary. For more information, call 718-5707.

**ONGOING** — Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

ONGOING — The New Brockton DAV Chapter 99 offers college scholarships of \$500 to applicants that are children of U.S. military veterans who have fallen or were wounded, medically discharged wounded veterans and spouses of fallen Soldiers. Applicants may already be attending college or have been accepted at a certified college or university. Applications and additional information can be picked up at the New Brockton Police Department Tuesdays and Wednesdays from 10 a.m. to prom

#### OZARK

**NOV. 1** — Sav-A-Life of Dale County will host the organization's second annual Christmas "Life" Bazaar from 9 a.m. to 4 p.m. at the Ozark Civic Center.

The event features a variety of arts and crafts, as well as home-based businesses, with items ranging from Christmas centerpieces and wreaths to home décor, baked goods, coffees, teas, jewelry, gourd art, repurposed wood, candles, soaps, lotions, many children's items and other handmade items.

There will be door prizes, as well as a silent auction and raffles, entertainment, children's activities and refreshments. Tickets are \$5, children 10 and younger are admitted for free. Vendor spaces are available.

For more information, call 774-4419, email

sidonna@savalifeozark.org, or visit www. savalifeozark.org.

#### **PINCKARD**

COMMUNITY CALENDAR

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

#### SAMSON

**ONGOING** — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

#### TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

#### **WIREGRASS AREA**

**OCT. 30** — Elba will host its Pumpkins on the Square event Oct. 30 at 6 p.m. The event features trick-or-treat stations, Jack-o-Lanterns on the Levee, Foggy Bottom Hay Ride, Monster Mash Movie Party, Halloween Screams at the Haunted Jail, a costume party, goblins on the prowl, photo opportunities and other events designed for families.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the armory at the corner of Westgate Parkway and Choctaw in Dothan.

For more information, call 718-4168 or 805-7335.

## **Beyond Briefs**

#### Beach scavenger hunt

Florida's St. George Island State Park will host a beach scavenger hunt Oct. 25 at 1 p.m. for children ages 6-10. There will be 10 items that hunters need to find and prizes will be awarded to the top three finishers. Park officials encourage participants to bring water and sun screen Admission to the park is charged, but the event is free

For more information, visit http://www.floridastateparks.org/stgeorgeisland/events.cfm.

#### Seafood and Music Festival

Panama City Beach, Florida, will host its Seafood and Music Festival Oct. 17-19. The festival celebrates seafood, fishing, culinary arts, music, entertainment, arts and culture. Musical acts include The Outlaws, Foghat, Blues Traveler, The Band Perry and more.

For more information, visit http://pcbseafoodfestival.

#### Zombie Walk can food drive

Fort Walton Beach, Florida, will host its sixth annual Zombie Walk can food drive Oct. 18 with registration running from 4-6 p.m. and the walk starting at 6:30 p.m. at the Fort Walton Beach Landing. People are asked to bring four can goods to donate. Make-up artists will be

on hand to zombify participants for a small donation. The event will feature games, prizes, music and trick-ortreating, and dogs are welcome. The Zombie Walk will conclude with a meandering of Zombies through downtown to their final destination at the Fort Walton Beach Landing for Thriller Dancing.

For more information, visit www.fwbjaycees.org or on facebook at fwbzombiewalk, or call 850-244-6666.

#### Family fishing clinic

Florida's St. George Island State Park will host a Family fishing clinic Oct. 19 from 10 a.m. to 2 p.m. People are welcome to attend and learn knot tying, cast netting and inshore fishing techniques. The lecture and handson fishing clinic is for all ages. Anglers 16 years of age and older will need a Florida fishing license. Space is limited and the park has a few loaner fishing poles available. Admission to the park is charged, but the clinic is free.

For more information, visit http://www.floridastateparks.org/stgeorgeisland/events.cfm.

#### Montgomery cruise

Montgomery's parks and recreation department welcomes people to come down to the river and experience history while enjoying a relaxing cruise on the city's greatest downtown attraction, the Harriott II Riverboat. Docked beside the uniquely built Riverwalk Amphitheater, this elegant 19th century riverboat is center stage

of Montgomery's entertainment district. The Harriott II offers dinner, dancing, and live entertainment.

To reserve the boat for an event, call 334-625-2100. For more information on cruises, visit www. funinmontgomery.com.

#### Ironman Florida

Panama City Beach, Florida, will host Ironman Florida Nov. 1. The Ironman consists of a 2.4 mile swim, a 112-mile bike ride and a 26.2 mile run. Organizers claim that the Florida edition of the challenge is one of the most popular races on the circuit.

For more information, visit http://ironmanflorida.

#### Emerald Coast Cruizin'

Panama City Beach's Aaron Bessant Park will host the annual Emerald Coast Cruizin' event Nov. 3-8. The event features thousands of classic cars, hot rods, custom cars and trucks, and concerts, food vendors and more.

For more information, visit http://www.emeraldcoastcruizin.com.

#### Friday Fest

Friday Fest in downtown Panama City, Florida, is Bay County's largest street festival with more than 200 show cars, 50 vendors and live bands – filling up six blocks of Harrison Avenue the first Friday of each month from 6-10 p.m. Local shops and restaurants stay open late.



## Pick-ofthe-litter

Meet Monroe, 5-month-old medium-hair black and white female available for adoption at the Fort Rucker stray facility. She is friendly. Adoption fees vary per species and needs of animal, which includes all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/ fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at http://www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption.

## Religious Services

#### **WORSHIP SERVICES**

Except as noted, all services are on Sunday

Headquarters Chapel, Bldg. 109 8 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940 9 a.m. Catholic Mass Sunday

11 a.m. Traditional Worship Service 12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic Confessions Saturday 5 p.m. Catholic Mass Saturday

#### Wings Chapel, Building 6036

8 a.m. Latter-Day Saints Worship Service 9:30 a.m. Protestant Sunday School 10:45 a.m. Wings Contemporary Worship Protestant Service 1 p.m. Eckankar Worship Service (4th Sunday)

**Spiritual Life Center, Bldg. 8939** 

10:45 a.m. CCD (except during summer months).

#### **BIBLE STUDIES**

#### **Tuesday**

9 a.m. Protestant Women of the Chapel, Wings Chapel 5:30 p.m. Youth Group Bible Study, Spiritual Life Center 6 p.m. Protestant Women of the Chapel, Wings Chapel 7 p.m. Adult Bible Study, Spiritual Life Center

#### Wednesday

8:30 a.m. - Catholic Women's Bible Study, Spiritual Life Center 11 a.m. Above the Best Bible Study, Yano Hall 11:30 a.m. 164th TAOG Bible Study, Bldg 30501 12 p.m. Adult Bible Study, Soldier Service Center 6 p.m. Adult Bible Study, Spiritual Life Center

#### **Thursday**

9 a.m. Adult Bible Study, Spiritual Life Center 6:30 p.m. Latter-Day Saints Bible Study, Wings Chapel

### Caisson: Riders, horses switch between stables, visitors

Continued from Page C1

The horses are purchased from auctions in various states, including Texas, Nevada, Oklahoma and New Mexico, he said. There is one American Mustang from the Bureau of Land Management in Wyoming.

Soldiers switch during the week between being the stable crew and being on the riding team. The horses switch, as well, to allow for the animals to get some rest in the stables and meet visitors who stop by during the public hours in the afternoon.

The platoon members ride the horses with precision, expertise and military exactness. The riding style is

training at Fort Belvoir, Virginia, for their spot in the Caisson Platoon, Ford said.

The animals are constant, loyal, hard-working partners to the Soldiers. And the Army recognizes that: the Army Caisson Program adopts out horses after they

On average, the retired horses have served the nation for more than a decade and taken part in thousands of funerals.

"The bond that is forged between the Soldiers and the horses here in the platoon is something that most of us actively seek for the rest of our lives," Ford

#### The day's solemn duty

A ribbon rack on a Soldier's uniform is straightened.

Brass stars are polished to perfection on the caisson wagon. After hours of preparation, it is time for the first caisson team to depart.

Stable crew and riders check the wagon, horses, tack, brass, eye up the Soldiers' uniforms, and even share a quick nuzzle with the horses.

There are two caisson teams — a white team and a black team — and each will do up to four funerals a day. All details have been tended to, inspections have been made and the orders for the day are announced.

Clip. Clop. Clip. Clop.

The sounds of the hooves on the asphalt waft through the quiet morning air as the first team, to be followed shortly by the second team, heads out for the funeral mission among the flat spaces and grassy knolls of the hallowed grounds of Arlington National Cemetery.



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**FITNESS TIPS** Army helps moms maintain fitness

OCTOBER 16, 2014

## Funds raised benefit wounded warriors

By Nathan Pfau Army Flier Staff Writer

Saturday marked the culmination of a weeklong hunt to benefit wounded warriors, and with the funds raised through the event, Fort Rucker is giving back to Soldiers.

The installation hosted its fifth annual Wounded Warrior Hunt, which ran from Oct. 4 to Saturday, and saw more than 40 wounded warriors from Alabama, Georgia and Florida participate, said John Clancy, Fort Rucker Outdoor Recreation manager.

"This is a good opportunity for camaraderie and to bring all of these Soldiers together and show how much the surrounding communities really care about them and what they've done," said Clancy.

"This is about remembering and recognizing the sacrifices that these (Soldiers) have gone through," added Col. Stuart J. McRae, Fort Rucker garrison commander. "They've sacrificed more than just their time, so we want to remind them that we're there for them for the long haul."

During this year's hunt, participants hunted feral pigs and coyotes, and each hunter was awarded points per kill – 3 points per pig and 15 points per coyote.

The hunt raised more than \$22,000, which will go toward purchasing a 47-foot, handicap-accessible camping trailer, said McRae, adding that the equipment that is available for wounded warriors is available for them to rent at no cost.

Past hunts have raised enough funds to provide other equipment, which includes two handicap-accessible elevated tree stands, a track chair and a customized handicap-accessible boat.

For most participants, however, the hunt was less about the points or equipment and more about the fellowship.

Retired Col. Greg Estes, who served in the Alabama National Guard, returned to the hunt for his second year, and said his reasoning was based on mentorship and leadership.

"This year I wanted to participate and take a couple wounded warriors out and guide them, and that's what I really enjoyed," he said. "By me coming out here, what I learned was that another part of my leadership was to be the example, to show them that senior guys have problems, too, and we have to recover from them."

Estes, a 30-year veteran, also said it's a good opportunity for Soldiers to talk to senior leaders and realize that regardless of rank, all Soldiers can face the same issues.

"I'm a colonel, and it's unusual to see a colonel at these events, but the young Soldiers get to realize that sergeants major and colonels have problems, too, and we have to deal with them," he said. "This program is an eye-opening thing because you've got your medical stuff that's going on with these Soldiers and this is a chance for them to get away, and the Army supports it 100 percent along with the community."



Sharon Hurd (left) and Teddie Humphries (right), both of Quilts of Valor, present Sgt. 1st Class Luke Hortenstine, C Company, Warrior Transition Battalion, out of Fort Campbell, Kentucky, a quilt during the closing of the fifth annual Wounded Warrior Hunt at West Beach on Lake Tholocco Saturday.

But one thing that Estes said most people fail to realize is that the support runs both

"We come here and do this and (the community) is always thanking us, but people don't realize how the Soldier has to thank the civilians," said the retired colonel.

Estes has served in multiple deployments in Afghanistan, Iraq, Kuwait and Dubai, and served in both Operations Desert Strom and Desert Shield, and said if it weren't for the community support his family received while he was gone, he might not have made it through those times with sound mind.

"I don't think the public really realizes how much the Soldiers really appreciate this, how much it means to them and how much it helps the healing process," he said. "We owe as much thanks to the local people who supported us while we were over there (as they do to us)."

## Army team takes top honors at annual 10-miler

By Tim Hipps

Installation Management Command

WASHINGTON — Brazilian Army runner Solonel Da Silva successfully defended his crown, Kerri Gallagher again led the women, and the U.S. Army won the internathe 30th anniversary running Pentagon, 15 runners had a of the Army 10-Miler.

According to the race's website, the Fort Rucker Flyers finished in fifth place in the Active Duty Mixed Divi-

In the most deeply contested battle for 10-mile military road-racing supremacy that started and ended at the 20th Army 10-Miler in 87th

shot at victory with 3 miles remaining.

"This was the first time there's ever been a pack of 10 at 6 or 7 miles and you had no idea who was going to win," said Lt. Col. Liam Collins, 43, All-Army coach, of West Point, N.Y., who finished his place Sunday with a time of

During the final 2 miles, four runners pulled away and took turns setting the pace, before Da Silva prevailed with a winning time of 48 minutes, 28 seconds.

Da Silva's Brazilian Army teammates, Paulo Roberto Paula (48:29) and Franck Almeida (48:32), finished second and third respectively, followed by Spc. Aron Rono (48:45), a member of the U.S. Army World Class Athlete Program stationed at Fort Carson, Colorado, and Nicholas Kipruto (48:50) of Copperas Cove, Texas.

"Our plan was to have the whole All-Army team in place until about 8 miles before we started stringing it out," said Rono, 32, a native of Kenya who trains in Portland, Oregon. "And it worked really well. Usually by halfway, you have two or three runners up front, but today we had a bunch of people up front toward the end. We stayed together until mile 8 when I took the lead and started pushing really hard. The Brazilian team was strong, so three of them, they just sat on me for half a mile. By mile 9, we had a huge gap on the next group

of the guys. We just kept switching the lead back and forth during that last mile, until the last 800, they just took off and I didn't have anything left. It was a great race. They got me by like 20 seconds in the last half mile. I just did not have any kick left," he said.

Rono's recent training has been aimed at making his marathon debut in New York in three weeks.

Gallagher, 25, of Arlington, Virginia, led the women for the third consecutive year with a time of 54:50, and was followed by All-Army runner Spc. Caroline Jepleting (56:34) of Landstuhl, Germany; Caitlin Bullock (57:17)

of Durham, North Carolina; Mahlet Behailu (57:34) of Columbia, Maryland, and Perry Shoemaker (58:05) of Vienna, Virginia.

Sgt. Augustus Maiyo (48:50) of WCAP and Spc. Hillary Bor (48:51) of Fort Carson, Colorado, finished sixth and seventh for the All-Army team. Spc. Laban Sialo (48:57), running for the Fort Carson team but not in the All-Army lineup, was eighth in 48:57, followed by Ben Payne (48:58) of Fort Walton Beach, Florida. Spc. Samuel Kosgei (48:59) of Fort Riley, Kansas, completed the All-Army scoring with a 10thplace finish that provided the winning margin.

"We knew it would be a really tough race given that they basically had their Olympic team, with a guy who was seventh in London and two other guys who had finished Top 10 in the World Championships," Collins said.



All-Army runner Spc. Aron Rono of the U.S. Army World Class Athlete Program (bib No. 9) leads a pack of runners back across the Potomac River on the 14th Street Bridge, during the 8th mile of the 2014 Army 10-Miler Sunday in Washington, D.C.



## OWN I'IMF









COME ON, PALE, WE BEST FOLLOW HIS ORDERS...





## Just Like Cats & Dogs

by Dave T. Phippe



## Rodriguez

1. GAMES: What popular board game originally was called Lexiko?

2. MOVIES: Who was the female

star of "Pulp Fiction"? 3. TELEVISION: In which television sitcom did the character Rever-

end Jim appear? 4. GENERAL KNOWLEDGE: What is the common birthstone associated with the month of February?

5. HISTORY: Which two early American cities were linked by the

Natchez Trace route? 6. MYTHOLOGY: What were the Hesperides?

7. GEOGRAPHY: What is the capi-

tal of Morocco? 8. FAMOUS QUOTATIONS: Which

children's author once said, "Adults are just obsolete children and the hell with them."

9. AD SLOGANS: Which cosmetics company used the advertising slogan, "Maybe she's born with it"?

10. PHOBIAS: What kind of fear is represented by the condition called "thalassophobia"?

See Page D3 for this week's answers.

### Super Crossword

#### PLAYING **JACKS**

42 Mostard type

46 Hands over

Mauria -

53 Blood-related

treatment, for

54 Fingemail

short

55 Myanmar's

old name

"Pronto?"

57 Jet to LAX,

DOOR.

47 Hawaii's

#### ACROSS

- 1 Aging-aiding agents 9 Uses a Brillo pad on 15 Overlays with
- bacon 20 Muchrequested **Halian song** 21 Dangling lure
- 22 Buck of old baseball 23 Mislead Jack?
- 25 Barrel strip 26 Tennis match
- part 27 Boys' school in Britain 28 Treaty gp.
- west of the Attantio 30 "It's clear
- now" 31 Gad about 35 Make Jack
- toit? 40 Engendered 43 - say so
- myself 44 Rainbow polar 45 Jack with a
- halo? 48 More

20

23

49

76

103

110

122

laryngitic 49 Woman's name suffix 50 Baby kangaroo

51 Market

- 52 "Pest" of kid 55 Butter up? 58 Kissing need 102 "The -
- 62 Anchorage 65 Frenzy over
- Jack? 68 Containing a lot of, as a nutrient 69 State
- repeatedly 71 Gabbed 72 Preparing Jack for the game?
- 74 Generous giving 76 Wyatt of
- Tombstone - Gay (WWIII plane)
- 78 Bear witness 79 CIA spy
- Aldrich 81 Squad, say 82 Floundering 86 Spoke ill of
- 90 Jack shoplifting? 95 Cultivating
- machine 96 Pape John Paul Irs given name

120

123

- 97 Pramo
- wolves 98 Street only wide enough for a single Jack?
- March\* (2011 film)

103 Be

- philanthropic 104 Ending for Taiwerr 105 Kimono
- closers Despite the fact that, for short 110 Reflection
- 112 League led by Jack? 119 Moth- -(shubby)
- 120 Foldable album protector 121 Homanou
- novelist Steel 122 Arctic transports 123 Fireplace

receptacle

#### 124 Green gemeteries

DOWN 1 Goes sour This -(phone line)

43

- 3 Face painting 4 Jeff Lynne's rock gp.
- Recent 6 Flock genre Teeming 8 Sound at the
- start of "gym" 9 Skimpy way to be clad 10 "Silent" guy
- 11 Man-mouse middle. 12 It might dispense
- 118-Down 13 Quite omate 14 T-bone, say 15 — Angeles
- 16 Like peace doves 17 Whys
- 18 Branch off 19 More glossy 24 "Israfel" poet 29 Anniess seat
- 32 Proprietor's status 33 Pantry insect 34 Game pieces
- 36 Painter's dog 37 "Kill Bill"
- actress Lucy 38 Clio winners 39 Vocalized 40 Ene-to-

41 Butter slice

Flateigh dir.

- 58 It's between California and Nevada 59 Pen fluids
- 60 Bakery array 61 She sang The Sweetest
- Taboo" 62 Skill, in Spain 63 Retired coin 64 Alamo Rent
- 65 Film spool 66 Harp cousin
- 67 Glossies, e.g., briefly 70 Ring ner's
  - 73 Require 75 High storeroom

79 Locale

ruting

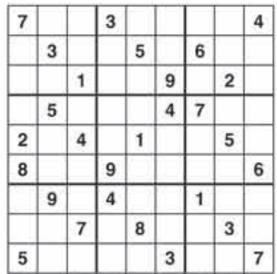
22

advice?"

- 80 Higgard of country B1 Let free B3 Order to a
- 48 Sole support fidgety child 51 Pub dart part
  - 84 Butyl ending 85 Janot Reno and others: Abbr.
  - **86** Smelly cigars **B7** Least **BB** Hoist
  - **89** Purported 90 Stop allowing 91 Up 'lll 92 Neither's
  - go-with 93 certainly do nott"
  - 94 Dancer Charisse 96 Massages 99 Humane org.
  - 100 Sit-up targets 101 LED part
  - 106 Hoodwink 108 Detain
  - 109 Till stack 111 Nav. rank 113 Frau's "Ohr
  - 114 Copy Ice-T 115 Red - best 116 Ending for
  - brilliant 117 Lilting
  - melody 118 Twinings

## Weekly SUDOKU

#### by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: \* \* \*

★ Moderate ★★ Challenging \* \* \* HOO BOY!

See Page D3 for this week's answers.

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## KID'S CORNER

102

107





SCORE is point, for oning all the latters in the ward bings to form

BALKIEST

TITEM score I points each for all words of four latters or mon bond phonic the efforts

Try is notice at based 50 pers last lated increase determine

105

See Page D3 for this week's answers.

124





message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less. than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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## Army helps moms maintain fitness

By Chanel S. Weaver U.S. Army Public Health Command

**PROVING ABERDEEN** GROUND, Md. - It is widely known that U.S. service members must meet stringent physical standards to serve, but maintaining a high level of fitness can be a challenge for pregnant and postpartum Soldiers.

That's why the Army provides Pregnancy Postpartum Physical Training, which was developed several years ago to assist these moms with staying healthy and fit. The intent is to provide safe, standardized physical training and education led by personnel trained in pregnancy and postpartum fitness.

"The program is designed to promote readiness through health by maintaining fitness levels of pregnant Soldiers, and successfully integrating postpartum Soldiers back into unit physical readiness training," said Lisa Young, a health educator at the U.S. Army Public Health Command and program coordinator for P3T.

Army policy mandates enrollment for all pregnant and postpartum Soldiers. Upon confirmation of pregnancy, the Soldier is exempt from regular unit physical readiness training. After the Soldier receives medical clearance from her healthcare provider, commanders are instructed to ensure that all eligible pregnant or postpartum Soldiers enroll.

Here are some answers to basic questions about P3T.

Why was P3T created? Based on several Army studies and current literature it was shown that after 15 months of pregnancy and postpartum, Soldiers who return to unit physical training without intervention demonstrate reduced fitness levels, increased body fat, and increases in injuries and illness rates. P3T offers specifically designed PT for these



PHOTO BY BEN BUNGER

The Army provides Pregnancy Postpartum Physical Training to assist mothers with staying healthy and fit.

Soldiers to help them maintain overall health and well-being.

Where is P3T available across the Army? There are currently P3T programs at 26 installations in the United States; 17 programs in Germany, Japan, Korea, and Italy; and remote P3T programs overseen at numerous small installations, Reserve and Army National Guard units.

What are some benefits to enrolling in the P3T? Health experts say participation in P3T provides a Soldier with an exercise and health education program that meets the unique needs of pregnant and postpartum Soldiers. P3T provides a safe setting and trained leaders to assist Soldiers in making adjustments to their exercise regimen as the pregnancy progresses, and to teach at 180 days post-delivery, and special skills that will help with delivery and recovery. It also provides emotional support and encouragement through group activities with others who are in similar circumstances.

"Getting to know other Soldiers that are also moms can help give the reassurance, positive reinforcement and motivation that are needed to meet the challenges of motherhood and return to required fitness levels," said Young.

How has it helped women? What have been the outcomes? In a recent evaluation, postpartum participants reported that P3T was helpful to them in passing their diagnostic APFT, returning to their unit before, or meeting body composition standards. They also perceived P3T participation as a positive influence in boosting their morale, and as helpful in being able to continue to perform their duties on the job.

How often should a pregnant woman exercise? According to the American Congress of Obstetricians and Gynecologists, in the absence of either medical or obstetric complications, pregnant women can accumulate 30 minutes or more of moderatelevel physical activity most, if not all, days of the week to maintain health and well-being. A recent article in the "Army Times" states that such exercise improves mood, sleep and energy; prevents pregnancy-related diabetes; and promotes an easier birth and faster recovery.

What are some tips for a healthy postpartum training regimen? After the baby is born, fetal safety is no longer an issue, but potential injuries for Soldiers continue due to persistent musculoskeletal and cardiovascular changes. Postpartum exercises are designed to regain pre-pregnancy fitness levels, meet mission requirements, pass the APFT and meet Army body composition standards. Exercise sessions should be conducted a minimum of five times a week.

The following is a basic postpartum fitness session, according to Young.

- A 10-15-minute warm-up segment, which includes slow movements, dynamic stretching and slow-cadence calisthenics.
- A 10-20-minute muscularconditioning segment that may incorporate calisthenic drills, strength endurance exercises with free weights or resistance bands, situps, and pushups. The focus now is to prepare the Soldier to pass the situp and pushup portions of the APFT.
- A 30-45-minute cardio-respiratory segment that may include low-impact aerobics, speed and agility drills, cardio machines, circuit training, and ability group walk, jog or run. The postpartum Soldier is encouraged to gradually begin running, increasing the frequency so that after the first two weeks of returning to P3T, the Soldier is jogging or running three times a week.
- A 10-minute cool-down segment, which may include a slowing down of the aerobic activity followed by gentle stationary stretching. All Soldiers' heart rates must be at or below 100 beats per minute before leaving the area.

## 1st Area Medical Laboratory to deploy for Ebola mission

By Walter T. Ham IV

20th Chemical, Biological, Radiological, Nuclear, Explosives Command

ABERDEEN PROVING GROUND, Md. - The 1st Area Medical Laboratory will deploy to Liberia to support the U.S. response to the Ebola outbreak in West Africa.

Part of the 20th Chemical, Biological, Radiological, Nuclear, Explosives Command, Soldiers from the Aberdeen Proving Ground, Maryland-based 1st Area Medical Laboratory, will set up laboratories to support Operation United Assistance.

Headed by the U.S. Agency for International Development and supported by U.S. Army Africa and U.S. Africa Command, Operation United Assistance is helping affected countries in Africa to contain the most devastating Ebola outbreak in history.

American troops are supporting the effort with command and control, logistics support, training and engineering support.

"The 1st AML will establish an initial infectious disease laboratory in order to support the Ebola screening in West Africa," said 1st Area Medical Laboratory Commander Col. Patrick M. Garman.

"The 1st AML will bring state-of-the-art analyzers and experienced personnel, who will be able to enhance the identification of Ebola and other endemic diseases in an expeditious manner," said Garman, a native of

According to Garman, 1st AML Soldiers have partnered with the 20th CBRNE Command surgeon and the Fort Detrick, Maryland-based U.S. Army Medical Research Institute of Infectious Diseases to train for the

Soldiers from 1st AML previously deployed to Afghanistan in 2010.

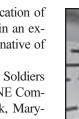
"This deployment demonstrates the flexibility of this command," said Brig. Gen. J.B. Burton, commanding general of the 20th CBRNE Command.

Ebola outbreak in Africa, to defeating improvised explosive devices in Afghanistan, to shielding the homeland from CBRNE hazards, 20th CBRNE Command defends our nation and its allies around the globe," said

Gen. David M. Rodriguez, the commander of U.S. Africa Command, said the health and

PUZZLE

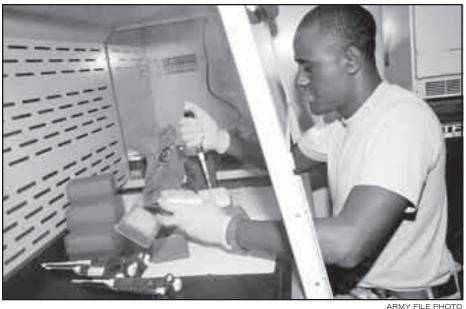
ANSWERS



In support of Army, joint and combined

operations, 1st AML deploys worldwide to perform analytical laboratory testing and health hazard assessments of environmental, occupational, endemic and CBRNE hazards.

"From supporting the U.S. response to the

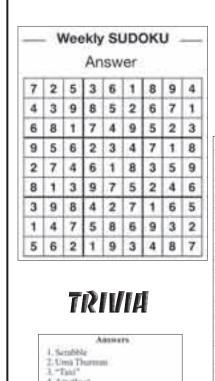


Soldiers with the Aberdeen Proving Ground, Maryland-based 1st Area Medical Laboratory will soon leave to set up laboratories to support Operation United Assistance, the U.S. response to the Ebola outbreak in West Africa.

safety of deploying troops was the top prior-

Rodriguez said U.S. Africa Command consulted with USAID, the Centers for Disease Control, the World Health Organization and Doctors Without Borders, to develop protocols based on known risks and prudent

"Preventing the spread of Ebola is the core task of this effort," said Rodriguez. "This is a key requirement in everything that we do in this operation, and this applies both to our support efforts and the protection of our own



10. A fear of the sea







### **SPORTS** BRIBES

#### Youth basketball registration

Fort Rucker Child, Youth and School Services' Youth Sports Fall Basketball registration continues through Oct. 31. Cost will be \$40 to participate and additional children will receive a percentage discount to be determined at parent central services during registration. A current sports physical and a valid CYSS registration are required to participate. Children must meet age requirements by Sept. 1, 2014. There will be a parents meeting Nov. 12 at 6 p.m. at the youth center gymnasium, Bldg. 2800 on Seventh Avenue.

Also, coaches are needed. People interested can call youth sports at 255-2257 or 255-2254.

For more information and to register, call 255-2257, 255-2254 or 255-9638.

#### **Enterprise baseball**

Enterprise's semi-pro baseball is need of players. For more information on the team, call 347-4275 or 464-1729.

#### **Big Buck Contest**

Outdoor recreation will host its Big Buck Contest from Saturday through Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck and it must be harvested on Fort Rucker to qualify for the contest. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card. For more information and to register, call 255-4305.



Registering Now for new Members



See us on Facebook @ United Scorpion Karate Association Karate and Kickboxing Classes also available for adults





We Love Fort Rucker! We Support our Men & Women!

> \$5.00 RX Plan Get a month Supply of certain medications!



Enterprise 804 Glover Ave 991 AL Hwy 203

### National Peanut Festival Tickets Now on Sale

ONE DAY ADMISSION TICKETS - \$600

Ages 6 and over – under age 6 FREE (Save \$1 off gate prices) 22 RIDE COUPONS - \$1200

(Save \$900 off midway prices)

ONE DAY MEGAPASS \$2500

Includes Admission & Armband ticket May be used for any one day of the festival. (Megapasses are on sale at the NPF office until 5:00 pm Thursday, October 30)

Advance tickets, megapasses and ride coupons will be on sale at Advance Ticket Outlets until Monday, October 27 (or while supplies last). On Sale at the NPF Ticket Window and Online until 5:00 pm Thursday, October 30

#### **Advance Ticket Sale Outlets:**

- The Barn Fieldcrest Apartments
- Five Star Federal Credit Union • Solomon Chevrolet • Winn-Dixie
- **Megapasses Only Are Sold At:**
- Dothan McDonald's Eagle Eye Outfitters

71st National Peanut Festival

(334) 793-4323 Hwy 231 South . Dothan, AL www.NationalPeanutFestival.com

Oct. 31 - Nov. 9, 2014





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