

WAX MUSEUM

Elementary school brings history to life

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IN THE DETAIL

Auto skills center helps make vehicle cleaning painless

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UNDEFEATED

Dirty Birds take down Unknown

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ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

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SAFE, RESPECTFUL, POSITIVE

Show seeks to raise awareness of domestic violence

By Nathan Pfau
Army Flier Staff Writer

On average, 24 people fall victim to some form of domestic violence every minute in the United States, which equates to more than 12 million men and women every year.

Fort Rucker is taking the fight against domestic violence head on and making sure that its Soldiers and community members are well informed on the issue.

The installation hosted “Domestic Violence the Musical?” at the post theater Tuesday and Wednesday as an unconventional way of taking on the often tough-to-talk-about issue of domestic violence.

Col. Stuart J. McRae, Fort Rucker garrison commander, was among those in attendance and signed a proclamation that showed the post’s commitment to combating domestic violence.

“We’ve championed a lot of programs here at Fort Rucker, and we’ve broken a lot of new ground to try and make training more interesting – we try new things,” he said after signing the proclamation. “What I want you guys to understand is the gravity of what we’re talking about when it comes to domestic violence.”

One out of every seven females is stalked or has a fear that there is at risk, he said. Additionally, one in five women are subjected to severe physical violence at some point in their life, and one in three women will experience some form of physical violence in their lifetime.

“Look at those numbers – that’s significant,” said McRae. “That’s what we have at stake.”

The Army’s theme for this year’s Domestic Violence Awareness Month is “Relationships Should be Safe, Respectful and Positive.”

Women aren’t the only ones who fall victim to domestic violence, he emphasized, adding that one in 18 men feel at risk or fear from being stalked, one in seven have been severely beaten by a loved one and one in four have experienced physical abuse at some point.

The point of the musical is to shed light on some of those statistics, and show how domestic violence actually happens and what people need to look out for, said Linda King, who came up with the idea of the musical with her husband, John.

Linda and John lost their 28-year-old daughter, Lisa, to domestic violence af-



PHOTO BY NATHAN PFAU

Performers of “Domestic Violence the Musical?” demonstrate the different forms of domestic violence and what it’s like to be a victim during a show at the post theater Tuesday.

ter she was beaten to death by her ex-husband.

“We were devastated,” said Linda before the performance. “I didn’t think I knew anyone who was a victim of domestic violence until Lisa got involved with him, and after that my perspective changed and my mission in life changed.”

“My husband and I have devoted these last 13 years to helping communities and individuals understand the dangers of staying in unhealthy relationships,” she continued. “As we produced this play, we wanted to make it authentic as to what really happens in relationships, and there’s a lot of mention made about

female and male abusers, and we address that in this play.”

The play tells the story of how men and women use domestic violence to abuse both physically and mentally as a way to control their victim, and oftentimes victims find themselves in situations where they believe it’s their own fault or that the abuser can change.

“Maybe you think it will never happen to you, and hopefully it won’t, but it may happen to someone you care about,” said Linda. “We want to give you those tools that you need to help you do the research necessary in your community to find out

SEE AWARENESS, PAGE A5

AVIATION RESTRUCTURE INITIATIVE

OH-58D personnel transition plan under way

By CW4 Dave Stock
Aviation Proponent Manager
U.S. Army Aviation Center of Excellence Organization and Personnel Force Development

The Army faces significant force structure reductions in an environment of budgetary constraints, and Army Aviation is feeling the impacts, particularly in the OH-58 community.

Army Aviation’s response to downsizing is the Aviation Restructure Initiative, a bold plan to divest legacy aircraft, modernize advanced aircraft and reorganize the force structure of the Active and Reserve Components.

“The Aviation Restructure Initiative provides our nation with the most lethal, agile and modernized Aviation Force in history. Aviation, like the entire Army, is getting smaller, but we will retrain and reshape the Aviation team, and modernize the total fleet to win in any



PHOTO BY SPC. JOHN MARTIN

Soldiers with A Company, 2nd Battalion, 25th Aviation Regiment, 25th Infantry Division, inspect a Hellfire missile prior to loading on an OH-58 Kiowa at the National Training Center in California during Decisive Action Rotation 14-07 in May.

operational environment,” said Maj. Gen. Michael D. Lundy, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general.

Significant changes as part of the reorganization include a reduction

in combat Aviation brigades and the retirement of all aging single-engine helicopters, including the OH-58D Kiowa Warrior.

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ENERGY ACTION

Simple steps lighten burden on wallet

By Jay Mann
Fort Rucker Public Affairs

Saving energy can be as involved as building a home or as simple as changing a light bulb, and this month people are reminded that saving a little energy can help the Army transition to a clean energy reality.

October is Energy Action Month, and military housing officials are reminding people that simple steps can not only help the environment, but their wallets, too.

“If a resident has a light bulb go out in their house on post, they should stop by their neighborhood office and exchange it for a brand new one,” said Brandon Masters, communications manager with Corvias Military Living. “This ensures that energy usage stays down.”

The U.S. Department of Energy’s Federal Energy Management Program is encouraging all federal agencies to conserve energy, and help the nation transition to clean energy and conservation.

SEE ENERGY, PAGE A5

Post hosts Fire Prevention Week events

By Jay Mann
Fort Rucker Public Affairs

Fort Rucker emergency responders and safety officials hosted a week of events Oct. 6-10 to remind people that “Smoke Alarms Save Lives: Test Yours Every Month.”

“Changing the batteries in your smoke detectors every six months is the most important thing,” Sgt. 1st Class Tommy Norris, assistant chief of fire prevention, said. “When you change your clocks for daylight savings time, change your batteries in your smoke detectors. Most of the smoke detectors in housing are hard wired, but the battery is a backup in case the power goes out.”

But the week was about more than smoke detectors. Fort Rucker first responders were at the post exchange checking car seats for

proper installation, educating community members about fire prevention and safety, and giving children an up-close look at fire engines.

“It is important for your child’s safety to install car seats safely in your vehicle,” said Private 1st Class Alyssa Forsythe, military firefighter. “A lot of the problems we see are people not following manufacturer’s instructions when installing it.”

“Some people will use both the seatbelt and the latch system to install the car seat,” said Norris. “Unless the manufacturer agrees with that, you could be doing more harm than good. Two is not always better than one.

“Education is the key,” said Norris. “Even if you have older kids, car seat technology changes over

SEE PREVENTION, PAGE A5



PHOTO BY JAY MANN

Zoey Miller takes command of a fire truck during Fire Prevention Week on Fort Rucker as her mom, Shawna, stands ready to assist.

PERSPECTIVE

Soldier for Life: It pays to get more education or training

By Bryan Tharpe
Fort Rucker Soldier for Life Center

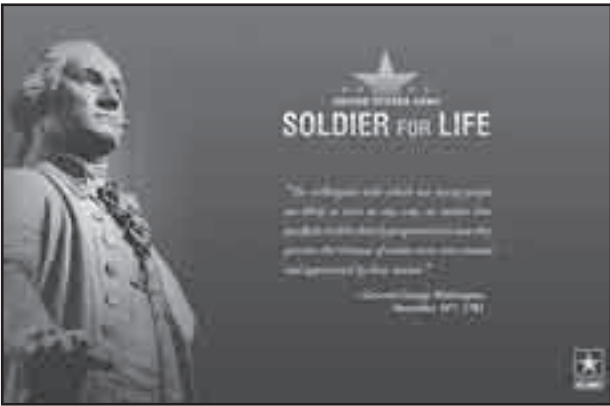
We live in a competitive society. There are generally more people looking for jobs than there are jobs available.

A major factor that determines success in the job market is higher education or training. As a matter of fact, having at least a high school diploma is now not only necessary to join the Army, but to secure jobs in many companies. Employers want well-trained employees to make products or provide services that are competitive in today's marketplace.

For a person with little education and training, the number of available jobs are limited, so looking for a job can be frustrating. If an employer has two people who apply for the same job, and the two applicants are equal in every other way, the employer will select the applicant with the most advanced training, even if it is not a job requirement. Employers think that better-educated applicants will have more highly developed learning skills and will do better work.

In addition, those workers with more education will generally be given opportunities for advancement and promotions first.

Why is further education and training so important? Computers and other advanced technology have made many job



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requirements more demanding and complex. Employers want motivated and trainable employees who have the proven ability to learn and develop, based on the situation.

In recent years, almost one fourth of the adult population obtained degrees beyond high school. As education increases, so does income. In addition to increased earnings, higher education also gives people more freedom in the job market. Generally, when people get promoted, they move up in the same career. With the right training, employees can also move laterally to other career paths as the jobs open. For example,

someone in purchasing can move into distribution management or other managerial areas with the right education.

What does all of this have to do with you? While you are still in the military, take advantage of all the training opportunities that are available to you. The Army offers excellent technical training in many job-related subjects.

In addition, for those who perform well, there are management and leadership training opportunities, such as Primary Leadership Development Course and Command and General Staff College. Army training is recognized for being top quality, especially in highly technical areas.

When you can, take additional college classes. Start working on – or finish up – your degree. Take some computer courses. Most military posts allow colleges to offer courses on post and at times when it is easy to attend. Take advantage of the classes available on computer at the Fort Rucker Education Center's Learning Center. There are courses that you can use to brush up on neglected skills and courses where you tackle entirely new areas. The courses at the learning center are free to military personnel.

When it's time to transition, remember to contact the Soldier for Life Center at 255-2558 or 255-2546. It offers the training that will make you successful in the job search process.

Every Army Soldier, civilian, contractor critical part of cyber defense

By Margaret McBride
Army News Service

WASHINGTON – During cybersecurity awareness month in October, the Army will focus on cybersecurity policies, practices and training to improve overall readiness. As part of this effort, commanders at all levels will lead cybersecurity awareness activities.

"Lethal Keystrokes," the Army's theme this year, highlights how simple mistakes made by a few can jeopardize military operations and business processes, compromise personal information and incur significant costs in time and resources.

"The Defense Department gets hit with approximately 10 million cyber attacks each and every day, and a very large number of them are aimed directly at the Army," said Essye B. Miller, cybersecurity director, Chief Information Office/G-6. "The potential for compromise of the network and the information it carries, and thereby harm to the



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Soldiers and leaders who rely on them, is simply enormous."

"Lethal Keystrokes" emphasizes individual responsibility for protecting the network and the Army, Miller said. Numerous incidents over the past several years have compromised sensitive information at the highest level of the Army. In addition to external threats, malicious insiders and lax cybersecurity practices pose

significant risks.

Ongoing awareness training helps improve daily practices that safeguard information and communications technologies, as well as warfighting and business capabilities.

"Protecting our information and IT systems is a team effort. All Army personnel, whether Soldier, civilian or contractor, are responsible for safeguarding the network and

our data," said Miller.

"Leaders must continue to enforce good cybersecurity practices and emphasize the impact of failures on unit readiness and mission capability. But, it's also incumbent upon every individual, regardless of rank or position, to get educated. That is, to stay abreast of threats and the best ways to avoid them, and to be vigilant," she added. "All users should think of themselves as part of the Army's cyber defense force."

Cybersecurity doesn't stop at the office door. Army personnel must protect their home computing environments, as well. Security experts recommend everyone follow the tips below.

- Use anti-virus software.
- Protect computers with firewalls.
- Password-protect your wireless router and network.
- Encrypt your wireless signal.
- Regularly download security updates and patches.
- Disconnect from the Internet when not in use.

- Back-up your computer regularly.
- Restrict access to your computer and accounts; sharing has risks.
- Delete email from unknown sources, then empty the "trash" folder to make sure it's off your system.
- Use hard-to-guess passwords and keep them private.
- Help your family check computer security on a regular basis.
- Take advantage of Army cybersecurity resources if you have a Common Access Card. Access information on protecting yourself online, get free security software for Soldiers and Army Civilians, and find cybersecurity training.

The annual National Cyber Security Awareness Month each October is sponsored by the Department of Homeland Security in cooperation with the National Cyber Security Alliance and the Multi-State Information Sharing and Analysis Center.

Rotor Wash

“Schools close Monday in observance of Columbus Day. Why is it important to nurture a child's thirst for knowledge and discovery?”



Amber Brouillard,
Army veteran

"That's our future and that's their future. They're not going to be very successful in life without (that curiosity)."



Sidney Tambunga,
Army veteran

"I was always curious about learning new things ... and it just opens up more opportunities and builds your mind and character."



Spc. Kyle Brewer, C Co.,
1st Bn., 11th Avn. Regt.

"It's important because when children are young, that's when their brains are absorbing the most information, so we've got to build on that while they still have that ability to take it in so easily."



Sgt. Kendrick Gardner,
TDY from Fort Bragg,
N.C.

"Education is the key to success in the long term for most people, so if you give children a head start and support things they are interested in it'll be worth their while."



Pvt. 1st Class Brittany
Troha, B Co., 1st Bn.,
13th Avn. Regt.

"It's important because if you don't then they might not learn to the full potential that they might be able."

COMMAND

Maj. Gen. Michael D. Lundy
FORT RUCKER COMMANDING GENERAL

Col. Stuart J. McRae
FORT RUCKER GARRISON COMMANDER

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LIVING HISTORY

Fort Rucker Elementary brings history to life

By Nathan Pfau
Army Flier Staff Writer

There are many ways to help children learn, but Fort Rucker Elementary School takes the extra step to make sure that learning goes beyond the classroom and into its students' creative minds.

The elementary school treated its students and family members to a living wax museum Oct. 1, during which parents and children got the chance to learn about different explorers throughout history in an unconventional way, according to Stacey Hogan, fifth grade teacher.

"One of our standards for teaching is to have the children learn about different explorers," said Hogan. "We decided that rather than dive into a textbook that we would assign each student an explorer and they would do research on their explorer in class."

There were 17 different explorers assigned to the students ranging from Marco Polo to Christopher Columbus, and Juan Ponce de Leon to Jacques Cartier.

The children had two weeks to work on the project, and Hogan said the main things children needed to know in time for the presentation was the explorers' names, their accomplishments, the different technologies they used in their time, and the outcomes and obstacles they had to



PHOTO BY NATHAN PFAU

CW2 Keith Cunningham, C Company, 1st Battalion, 212th Aviation Regiment, and his wife, Joyce, watch and record their son, Zephryn, as he does his presentation as Juan Ponce de Leon during FRES's living wax museum Oct. 1.

overcome in their expeditions.

"They did most of this on their own, but we gave them some guidelines and they made out little note cards to help them," said the teacher. "They also had to make their own costumes for the wax museum. We told them just to find things around their house and be creative, and lot of them did a really good job. I love that some of our students actually made some of the things for their

costume."

Throughout the process, parents were also allowed to get involved if they needed any additional help in either learning about their explorer or creating the costume, so the event made for a great family activity.

"I think this was a great idea and I think it really gets the kids involved and they'll learn more from it," said CW2 Keith Cunningham, C Company, 1st Bat-

talion, 212th Aviation Regiment, and father of FRES student, Zephryn. "I think it helps them retain the information that they're learning about."

Zephryn had the task of bringing Juan Ponce de Leon to life, and his parents said he did a great job and enjoyed the time they had to work with him on the project.

"He did most of the research in school, but if he didn't finish while in school he got to bring

it home, so we helped him out a little bit and helped him do his costume," said Zephryn's mother, Joyce. "He did a really good job with his presentation and we're very proud of him."

For others, the wax museum wasn't just a chance for the children to learn, but a chance for the parents to learn a little something, as well.

"I really thought this was a wonderful idea," said Sgt. 1st Class April Dean, 1st Bn., 13th Avn. Regt. and mother of FRES student, Alayna. "It was nice to sit down and do the research with (my daughter) and have it not only enlighten her, but enlighten me, as well. I truly enjoyed it."

In addition to learning about the explorers and creating the costumes, the children also had to create a map that outlined the trek of their explorers.

Hogan said the wax museum was more than about just learning, but making things interesting enough that they would retain the information that they learned.

"We discussed ways to make it fun, so we thought, 'Why not have the children do some research, dress like the explorer and do a presentation?'" she said. "This is something they are going to remember. When they're in college, they are going to remember that time in fifth grade when they did a report on their explorer."



PHOTO BY JANICE ERLITZ

Volunteer of the Month

Maj. Gen. Michael D. Lundy, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, and his spouse, Paula (right), congratulate Tina Wellenreuther on her being named volunteer of the month for October. Wellenreuther was honored for her work with the Fort Rucker Catholic community where she serves as a member of the adult choir, volunteers with the Catholic Youth Ministry, is a member of the Catholic Women of the Chapel, plays flute during services, and works with social and community outreach.

News Briefs

Daleville road closure

Daleville High School will have its homecoming parade Friday at 2:30 p.m., resulting in Daleville Avenue being closed to all traffic for about an hour starting at 2:15 p.m. Traffic exiting the Daleville Gate will be rerouted by Daleville Police down Donnell Boulevard and will exit at Hwy. 134. Traffic coming north on Daleville Avenue heading to Daleville Gate will be rerouted down Hwy. 134, will turn left onto Donnell Avenue and proceed on Donnell until it merges with Daleville Avenue where people can turn right and proceed to the gate.

National Disability Employment Awareness Month

October is National Disability Employment Awareness Month. The government's efforts to educate the American public about disability and employment issues began in 1945. Since then, throughout the Federal government, activities and programs are offered to highlight the disability employment barriers that still need to be addressed and removed. Fort Rucker will celebrate with two events.

* The Assistive Technology and Resources Expo will take place Oct. 16 from 9:30 a.m. to 1:30 p.m. in the atrium of the Soldier Service Center, Bldg. 5700. Army Community Service Exceptional Family Member Program and the Fort Rucker Equal Employment Opportunity Office sponsor the event where representatives from various agencies will showcase assistive technology devices and resources available for people with disabilities. Short, interactive demonstrations will be available for participants.

* The Fort Rucker Outstanding Employee of-the-Year with a Disability Award Ceremony will take place Oct. 22 at 1:30 p.m. in Bldg. 101's Regimental Conference Room. The Fort Rucker Equal Employment Opportu-

nity Office's Special Emphasis Program Committee will recognize the accomplishments of an employee with a disability within the Fort Rucker workforce during the ceremony.

For more information, call 255-2240.

Career Expo

The Fort Rucker Soldier for Life Center will host the NCO Association of America for its annual Career Expo Oct. 28 from 9 a.m. to 1 p.m. at The Landing. People planning to attend should register for the event by visiting <http://bit.ly/1tw8wCn> to RSVP. The expo is open to active-duty military, veterans, retirees and spouses only.

AFAP help wanted

The Fort Rucker Army Family Action Plan staff is seeking volunteers to be facilitators, recorders, transcribers, and issue and staff support. People interested in assisting with the preparation and execution of this year's AFAP Conference, scheduled for Nov. 5-6 at Wings Chapel should register online at <http://www.ftruckerarmw.com/afap-frtis-and-volunteer-application/>. Online registration applications are due Oct. 17.

For more information, call 255-9637.

Retirement ceremony

Fort Rucker will host its quarterly retirement ceremony Oct. 31 at 2 p.m. in the U.S. Army Aviation Museum. All are welcome to attend and honor Fort Rucker's latest retirees.

Retiree Health Fair

Fort Rucker will host its annual retiree health fair Oct. 31 from 8 a.m. to noon at the Fort Rucker Physical Fitness Center. For more information, call 255-1749.

Trick or treat

Fort Rucker's trick or treating hours will be 6-8 p.m. Oct. 31.

CFC continues

The Heart of Alabama Combined Federal Campaign continues through Nov. 14. For more information, call 255-9261.

Huey restoration

The U.S. Army Aviation Museum is planning to restore the only remaining prototype Huey. The aircraft was called the XH-40, tail No. 54459. Museum officials describe the aircraft as the grandfather of the UH-1 series helicopters, and added that it represents the leap from reciprocating engines to the turbine technology that changed the world of rotary wing Aviation and the Army. The helicopter is currently missing a number of parts, including all instrumentation and console equipment.

People who have these components and would like to donate them to the museum or know where like items may be found can contact Robert Mitchell, curator, at 255-1060 or Robert.d.mitchell3.civ@mail.mil; or Steve Maxham, director, at 255-1078 or robert.s.maxham.civ@mail.mil. Any other information in the form of photographs, tech manuals, etc. would be helpful, officials said.

Volunteers needed

Lyster Army Health Clinic is looking for volunteers to drive patients to and from the parking lot in its golf cart. The golf cart was donated in 2011 by the mayor of Dothan after a retiree noticed that patients often needed assistance when walking to and from the clinic parking lot. Those interested in volunteering can call Capt. Brian Turner at 255-7245.

Rapid Equipping Force to fall under TRADOC

By David Vergun
Army News Service

ARLINGTON, Va. — The Army has decided to retain the Rapid Equipping Force and move it under U.S. Army Training and Doctrine Command, despite the drawdown and pending sequestration, according to the REF director.

The move to TRADOC will be no later than the start of fiscal year 2016, said Col. Steven A. Sliwa.

“However, that move could start as early as tomorrow,” he said while speaking at a National Defense Industrial Association breakfast in Arlington Oct. 2.

REF has not been unaffected by the drawdown, he said. REF is being downsized to a core number of personnel, but the structure will remain, allowing it to expand, should the need arise.

Some of the lost billets didn’t simply go away — some were transferred to Program Executive Office Soldier, Sliwa explained, adding that REF will remain headquartered at Fort Belvoir, Virginia, close to where PEO Soldier is located.

Another change is that “PEO Soldier has been designated as REF’s milestone decision authority,” Sliwa said, adding that REF has formed a close partnership and has a great working relationship with that organization since they partner on a number of issues.

The authority for REF moving to TRADOC and becoming an enduring organization, he said, was a memo signed by the under secretary of the Army Jan. 30. The delay between when the memo was signed and the actual move is to ensure “authorities and relationships are worked out.”

Not in Iraq — yet

The other big news is that REF



PHOTO BY DAVID VERGUN

The Army has decided to retain the Rapid Equipping Force and move it under U.S. Army Training and Doctrine Command, explains Col. Steven A. Sliwa, REF director, at a National Defense Industrial Association Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance breakfast in Arlington, Virginia Oct. 2.

plans to open a small office in Kuwait, said Sliwa, who returned Oct. 1 from a 10-day requirements assessment trip to Iraq and Kuwait.

Although REF does not currently have a presence in Iraq, that could change, he added.

The Kuwait office could also assist in Afghanistan, even as the REF’s Afghanistan office becomes smaller, commensurate with the lower troop levels there.

The Afghanistan REF office will retain the useful expeditionary lab, he said, which is capable of rapid prototyping custom-designed equipment to the warfighter. The lab includes a 3-D printer.

An anticipated future change, Sliwa said, involves funding REF from the base budget instead of the overseas contingency operating budget, which is now the case.

“We’re working hard to get the budget into the base and I think we’ll be successful in the near future” he said.

The base budget does currently pay salaries and funds brick and mortar requirements such as

“keeping the lights on,” he added.

Good marriage to TRADOC

Since TRADOC anticipates the near-term needs of the Army, as well as the Army of 2025 and beyond, it’s a good organizational fit for REF, Sliwa said, since REF would also like to be able to better anticipate future needs so it’s better prepared to deliver, rather than just react.

As the Army moves to a regionally aligned force, TRADOC and REF need to be prepared to anticipate needs that are specific to that region. A Soldier in Africa or South America “could be on the edge of a future-named operation” and technology solutions need to be thought out in advance before that happens, he said.

The REF should always be anticipating things and asking questions like, “What if Korea went down tonight,” he said.

How REF works

In a nutshell, when units down-range have an urgent requirement, they send a “10-liner” request to

REF. That gets the ball rolling, he said. First, a determination is made whether or not there’s other equipment already out there that could be re-purposed to fit the requirement, or perhaps a program manager is working on something very similar that might accomplish the task.

If nothing in the inventory meets the need, then a determination of cost and priority is made. Also, the REF will check if there’s a commercial off-the-shelf product already available. If not, then industry or academia solutions might be sought, he said.

Although this sounds like a long, drawn-out process, it’s really fast, as the “rapid” in the REF name implies. If the item is purchased via COTS, it might just take a credit card swipe, but if the item is more complex and requires development, it might take weeks or even a few months. The goal is within 90 days, if not much sooner, Sliwa said.

Unlike a program of record, the REF approach accepts a certain amount of prudent risk, he said, since purchases are typically limited and need to be done quickly. Some items turn out to have only a one-time use, but others can sometimes turn into programs of record. The latter include IED-detection equipment, hybrid power and language translation devices.

Not all requests come in the form of 10-liners from the field, he said. The Army G-3/5/7 also has authority to approve requirements and delegate authority to the REF — and they sometimes do, as was the recent request for mobile Patriot missile radar.

One thing the REF does not do, Sliwa emphasized, is step on the toes of the PM and his or her program of record. REF “does its best work as a partner. When we partner with the PM, when

we partner with industry, when we partner with academia, that’s when the REF magic really takes place.”

Hints to industry

Since many, if not most in the audience were industry reps, Sliwa provided some suggestions on pitching products in these lean times when contractors are chasing fewer defense dollars.

Ideally, the product should be small, lightweight and use less energy. The direction that the Army is taking is being more mobile and expeditionary, he said. Green generators with solar panels and efficient computers were snapped up by the Army for those reasons. Also, the Army is always looking to lighten the Soldier’s load.

And, the system should work with other systems, as opposed to a stand-alone system, he said. Case in point might be communications and mission control gear working as a system of systems. Dual-use systems are even better, meaning the same system can also be used for something completely different.

The systems or products should ideally also be simple, easily maintained and not require a lot of training, he said.

Sliwa then checked off items the Army would be very interested in acquiring, including social media exploitation, improved optics and sensors, new positive ID tools along the lines of biometrics and facial recognition, remote surveillance capability, tunnel and underground facility detection devices and batteries with longer life.

A concluding comment from the director: Although changes are here and others are coming, the REF “will continue to support the warfighter, from the FOB (forward operating base) to the foxhole.”

Army: Troops in Liberia will be protected from Ebola

By Cheryl Pellerin
Defense Media Activity

WASHINGTON — Soldiers deployed to Liberia to help with the Ebola outbreak there will receive the best equipment and training beforehand, be monitored on the ground and be screened before they go home, the commander of U.S. Africa Command said at the White House Friday.

Army Gen. David M. Rodriguez joined members of the Obama administration and medical experts in a news briefing held to reassure the American public after a traveler from West Africa was the first person to be diagnosed with Ebola in the United States.

At the briefing, Rodriguez joined Lisa Monaco, assistant to the president for homeland security and counterterrorism, Health and Human Services Secretary Sylvia Burwell, U.S. Agency for International Development Administrator Rajiv Shah, and Dr. Anthony S. Fauci, director of the National Institute of Allergy and Infectious Diseases at the National Institutes of Health.

The Defense Department could deploy up to 4,000 service members to Liberia as part of Operation United Assistance, Pentagon Press Secretary Navy Rear Adm. John Kirby told reporters at the Pentagon Friday.

There are 205 U.S. service members now in Liberia and another 26 in neighboring Senegal, Kirby added.

America’s sons and daughters

“As we deploy America’s sons and daughters to support the comprehensive U.S. government effort led by the U.S. Agency for International Development, we’ll do everything in our power to address and mitigate any potential risk to our service members and civilian employees and their families,” Rodriguez said in his remarks.

Sept. 16, President Barack Obama directed Africom to set up a Joint Force Command Headquarters in the Liberian capital of Monrovia to support U.S. military activities and help coordinate expanded U.S. and international relief efforts to fight the Ebola virus disease outbreak in West Africa.

According to the World Health Organization, 7,470 probable, confirmed and suspected cases and 3,431 deaths have been reported as of Oct. 1 by the Ministries of Health of Guinea and Sierra Leone, and as of Sept. 30 by the Ministry of Health of Liberia.

Rodriguez said the troops in Monrovia are focusing on command and control to help support and coordinate USAID and

international community efforts, and on training the people who man and manage the Ebola treatment units.

Operation United Assistance

Operation United Assistance troops also support engineering efforts involved in building Ebola treatment units, and work in the area of logistics, which the general called a massive effort.

“For our Soldiers, prior to deployment we’ll provide them the best equipment and training that we can,” Rodriguez said.

“We’re assessing risk based on the service member’s mission, their location, and their activities in execution of their operations,” he added. “We’re implementing procedures to reduce or eliminate the risk of transmission as service members go about their daily missions, including the use of personal protective equipment, hygiene protocols and monitoring.”

Before service members are sent back home, anyone who faced an elevated risk or exposure will be identified and screened, the general said, and all necessary steps will be taken to minimize any potential transmission in accordance with international standards put in place by medical professionals.

The discipline of our leaders

“In the end,” Rodriguez said, “our equipment, training, procedures, and most of all the discipline of our leaders and our force, will help us to ensure that our team accomplishes its mission without posing a risk to our nation and our fellow citizens.”

After the White House briefing, the president spoke by phone with Rodriguez, who provided an update on the U.S. government’s response to the Ebola epidemic in West Africa, according to a readout of the call provided by the White House.

Obama and Rodriguez discussed the progress of the response, noting that Operation United Assistance is bringing speed and scale to the U.S. government’s regional response led by USAID.

During the call, Obama underscored the pivotal role of American leadership in containing the epidemic at its source.

Impacts of the crisis

In his remarks, USAID’s Shah said the U.S. effort in West Africa includes a major effort to control the disease, specific actions to deal with secondary impacts of the crisis in several West African countries — including making food, water and government support more available — and efforts to build out an international coalition.

“Our response in West Africa started in the spring and accelerated dramatically



USAID PHOTO BY MORGANA WINGARD

A USAID safe-burial team trained to handle the bodies of those infected with Ebola works in Monrovia, Liberia, Sept. 26.

over the summer,” Shah said. “This coordinated civilian response included the largest-ever disaster assistance response team from USAID; a more than 100-person Centers for Disease Control disease-control capability deployed to Liberia, Sierra Leone, Guinea and countries throughout the region; and efforts partnering with our Department of Defense colleagues to more than double the laboratory and diagnostic capacity in West Africa.”

Increase basic capacity

Since then, Shah said, teams have helped deliver more than 120,000 sets of personal protective equipment, expand Ebola treatment units, provide technical assistance for airport screening throughout the region, and increase the basic capacity of a weak health care infrastructure to deal with the disease.

Shah said the strategy is threefold:

- To invest in a strong incident command system at national and local levels region-wide to identify cases and trace contacts;
- To expand Ebola treatment units so that enough bed capacity exists for as many positively identified patients as possible to receive isolation and treatment; and
- To engage an extensive community care strategy that includes 10- to 20-bed community care center units placed in

rural communities in particular to help isolate patients there and support the distribution of hygiene and protective equipment kits so families can protect themselves while caring for members who are ill.

“In recent days we’ve been successful in scaling up the effort to identify, reach and in a safe and dignified manner deal with bodies of patients who are deceased from Ebola,” Shah said.

Safe-burial teams

“We now have more than 50 safe-burial teams with full protective equipment and careful protocols in place,” he added, “and we’re noting that more than three-quarters of all bodies in Liberia of positively identified patients are now being cleared safely within the 24-hour period.”

Shah said this is critically important because local burial practices are an important existing mode of Ebola transmission.

“The scale-up of [CDC] and USAID efforts through June and August was quite significant,” the administrator added. “But the complexity of building out Ebola treatment units and providing the logistics support in terms of protective equipment and medicines required the significant additional resources brought by the Department of Defense and announced by President Obama.”

Awareness: Helpline available for victims

Continued from Page A1

what is there, what you should do and how you can help that loved one.”

“It’s up to all of us. We’ve made a concerted effort with sexual harassment and sexual assault and things like this to make sure that people are not putting up with it,” said McRae. “I know that the vast majority of us do not take part in that type of behavior, but it’s not good enough just to not participate in that sort of behavior. We can’t be bystanders when we know about something

– we’ve got to get involved.”

For victims of domestic violence or for anyone who might know someone who is a victim, there is a 24-hour helpline that people can call at 379-7947, and Nicqolle Truitt, victim advocate for Army Community Service. She recommends that people call even if they just have questions.

People should also call the number to report incidents of domestic violence, and when calling to report an issue, there are two options for reporting – restricted and unrestricted.

“If someone is in a situation (where) they feel they are not safe, we would recommend that they first contact the police,” said Truitt. “We promote safety here, so our No. 1 priority is the victim’s safety.

“Also, we are a prevention program, so people should come to us and get any information they can,” she continued. “We have a wonderful resource library, so before a relationship becomes potentially violent, we have a lot of resources in place to help prevent that and we want people to use that.”

For more information, call 255-9636.

Transition: General stresses taking care of Soldiers

Continued from Page A1

Without ARI, sequestration would have resulted in the loss of five Aviation brigades from the Active and Reserve Components.

Under the ARI plan, the Active Component is slated to reduce from 13 Combat Aviation Brigades of various compositions to 10 standardized formations of modern aircraft, including additional Unmanned Aircraft Systems harvested from inactivating brigade combat team formations.

The Active Component will lose about 23 percent of its aircraft, to include all OH-58D Kiowa Warriors by Fiscal Year 2018, but will modernize the remaining fleet while investing in leap-ahead technologies, including the Improved Turbine Engine Program and Future Vertical Lift.

While numerous aircraft and equipment sets are affected by Army downsizing, the most challenging piece is the management of personnel in OH-58D Military Occupational Specialties. Although officers, warrant officers and enlisted Soldiers are impacted differently, the end result is a smaller Army Aviation force.

Lundy stressed the importance of taking care of Soldiers, and retaining the best and brightest from the OH-58D community.

“The vast majority served with honor and we need to honor that service,” Lundy said.

Transition plans have been customized for each grade structure and take into account the uniqueness of each skill set. Alternates were also identified to make sure all training opportunities are realized.

Aviation officers can con-

tinue to serve in many Aviation and branch immaterial positions regardless of aircraft qualifications. Officer performance, unit requirements and available training seats are the primary consideration when selecting an officer for an aircraft transition.

Officers who are selected for command or key developmental positions in flying units will be prioritized to transition into another aircraft (AH-64D/E, CH-47F or C-12).

Lundy is making transitions into other specialties a priority for highly qualified OH-58D warrant officers.

Recently, more than 324 OH-58D Aviators were selected as primary candidates for transitions into advanced aircraft.

Within the rapidly expanding field of UAS, Army Aviation estimates another 40 UAS reclassi-

fication opportunities available to top OH-58D performers.

Also, the 160th Special Operations Aviation Regiment continues to seek applications from combat-experienced OH-58D pilots.

Enlisted Soldiers in MOS 15J and 15S will have reclassification opportunities available in AH-64D/E and UAS fields. Military Personnel message 14-223 addresses AH-64 opportunities, and all 15J and 15S Soldiers (Skill Level 10-40) who submit a reclassification request will be considered by a USAACE Order of Merit List panel.

Not all Soldiers will receive a transition, but selecting those who are best qualified is paramount, said Sgt. Maj. Brian O’Leary, Organization and Personnel Force Development sergeant major.

“Since we don’t have resources

to reclass everyone, we must have a defined process that selects the best candidates for a transition,” O’Leary said.

In addition to the changes for conventional forces, the 15S positions within the 160th SOAR will be converted to 15T positions to provide additional capability and flexibility to meet worldwide demand.

With much of the transition training scheduled to begin in FY 15 and continue through FY 18, Army Aviation will continue to adapt and refine the plan.

“ARI is the best option for our nation to maintain lethality and agility in the future fight. We must do all we can to maintain the cavalry spirit, talent and combat experience of the OH-58D community as we move forward,” said Col. David Francis, USAACE deputy commander.

Energy: Recycling proves popular in post housing

Continued from Page A1

FEMP advises that making clean energy a reality means greater energy security, less carbon pollution and more tax dollars saved.

“All of the homes that were built on Fort Rucker were built to Leed Silver Certifiable standards,” Masters said. “That means the home meets energy standards like insulation, energy efficient appliances, double-pane windows and various building materials to ensure the home is conservative in terms of energy.

“The Army has put out the Live Army Green Pro-

gram,” he added. “It puts some of the responsibility back on the people living on an installation to be responsible for their energy consumption. The Live Army Green Program has been extremely successful here at Fort Rucker. People are finding new ways to be more conservative with their home energy usage.

“The utilities are included in the resident’s basic allowance for housing,” Masters explained. “We take a group of like homes and average out their monthly energy usage. If you conserve energy in your home, you will get a refund back.”

Another way people on Fort Rucker are conserving

energy and resources is the recycling program. “People on Fort Rucker are very positive about the recycling program – they use it,” he added.

“When we started doing the recycling program here, we had small green bins for people to put their recyclable goods in,” Masters said. “It became apparent very early on that those were not big enough for the amount of recycling the community was doing. We had to upgrade to large rolling bins and that is really great.”

The Environmental Protection Agency estimates that recycling paper reduces water use by 60 percent, energy by 70 percent and cuts pollution in half.

Prevention: Fire drills, safety story hour held at post schools

Continued from Page A1

the years, and you need to reread and refresh your knowledge before helping a friend install a car seat for their children.”

There were many firefighters on hand to talk about safety with the community at the many fire prevention events throughout the week.

“Properly working smoke detectors are an important preventative measure you can take against fires in your home,” said Joshua Miller, Fort Rucker firefighter. “A carbon monoxide detector is just as important to have in the house. You need both of them.”

And preparation is key. “Families need an evacuation plan to safely exit the house in case of a fire,” said Keith Sharp, Fort Rucker firefighter. “The plan should have a meeting place a safe distance away so family members can take accountability if they don’t exit together. Make sure to practice evacuating the house about as often as you change the batteries in your smoke detectors – about every six months.”

“Check your extension cords and small appliance cords regularly,” added James Vaughan, fire department lieutenant, “Also, check that you are properly storing chemicals and fuels around your home over the winter.”

Fire drills and fire prevention classes were held at Fort Rucker Schools and the

post held a fire safety story hour for children. Three fire prevention nights were held at neighborhood community centers featuring fire engines, fire prevention experts, Sparky the Fire Dog, car seat

inspections and the little people fire safety trailer.

“It is absolutely outstanding being a military firefighter,” said Spc. Brandon Shepherd, military firefighter. “It is a great pleasure helping

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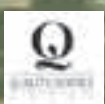
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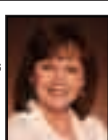
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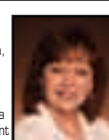
1931 Redhawk
\$146,900 ~ STOP! This is the home you have been waiting for, nestled among the trees & only a couple of blocks to the Johnny Henderson Park with walking trails & playground. 3BR split floor plan that the owner has just installed all new floor covering, stainless steel appliances in the kitchen, metal roof & vinyl siding. Immaculate condition, priced to sell. **EVELYN HITCH 406-3436** MLS #20141876



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\$110,000 ~ This home is move-in ready. Vinyl siding installed 8/2014, double pane/double hung windows, fenced yard in a cul-de-sac, you have 3 nice sized bedrooms with a walk-in closet in the master bedroom. Tiled floors in baths, foyer & Florida room. Oversized 2-car garage. All kitchen appliances. Just call for your personal showing. Priced to SELL!! **EVELYN HITCH 406-3436** MLS #20141839



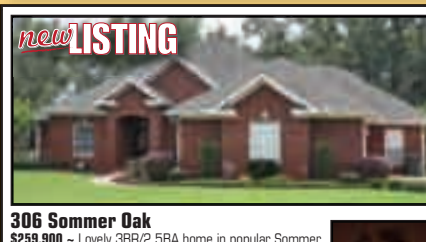
509 Cedar
\$143,500 ~ Need a lot of space for your family? This well maintained vintage tri-level is the home for you! Living room, dining, breakfast room, kitchen, laundry & 1/2BA on main level. A short flight of stairs up to 4BR/2BA. A short flight down to huge bonus room & another 1/2BA. An additional room with closet on lower level could be a 5th bedroom or a great study/hobby/craft room. Beautiful corner lot convenient to Holly Hill Elementary, Dauphin Jr. & Boll Weevil Dr. Workshop/storage room off garage. **JAN SAWYER 406-2393** MLS #20141882



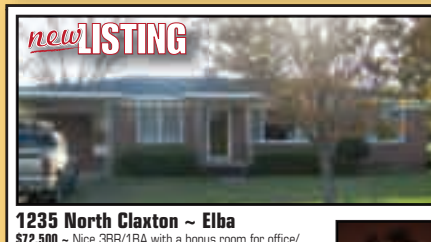
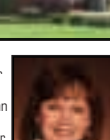
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\$199,920 ~ Historic home with extra lot. House with many of its original features. Just 3 minutes from the hospital, clinics, restaurants, shopping & historic downtown Enterprise. Move in or move your business in...or both. Owners of the property are licensed REALTORS in the state of Alabama. **FRAN & DON KALTENBAUGH 790-5973** MLS #20141880



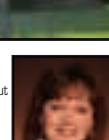
313 South Oakridge
\$229,000 ~ Charming Victorian, south of Enterprise in Oakridge Forest in a very wooded setting. Lots of space for the entire family. **FRAN & DON KALTENBAUGH 790-5973** MLS #20141842



306 Sommer Oak
\$259,900 ~ Lovely 3BR/2.5BA home in popular Sommer Brooke subdivision. Beautifully landscaped, situated on one of the few level lots here. Nicely sized rooms, plus an office/study off the foyer, solid surface counter tops, an oversized garage, a hot tub & a generator. The generator is wired into the home & cuts on automatically with loss of power. Patio & entryway both stained concrete. With over 2,450 SF, come see all this home has to offer. **JAN SAWYER 406-2393** MLS #20141901



1235 North Claxton ~ Elba
\$172,500 ~ Nice 3BR/1BA with a bonus room for office/crafts/hobbies. Roof is 7 yrs old. Hardwood floors throughout except bathroom & bonus room. Building behind house was original laundry room. It is large & has knotty pine paneling. Could easily be made into guest quarters. Other half of the building is a work shop with electricity & double door opening. Current owners had water & vent installed in 1BR closet for laundry use. 2 mature pecan trees & a scuppernon vine in large backyard. **JAN SAWYER 406-2393** MLS #20141903



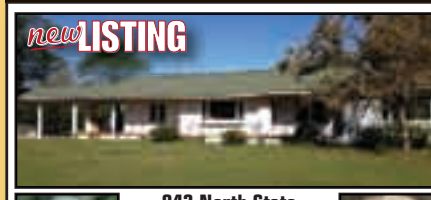
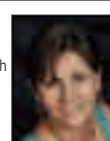
605 Crawford
\$65,000 ~ Spacious, well-maintained corner lot. Well-kept 2BR/1BA starter home. Motivated seller wishes to sell without making extra trips. **AGNES KARVONEN 406-9752** MLS #20141909



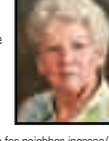
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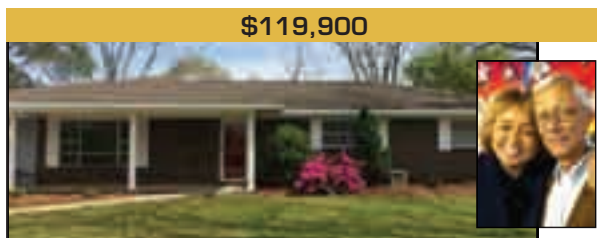
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1740 DAUPHIN: This property is ready for you, please don't miss it. The owners did all the updates with LOVE, new flooring, new kitchen counter tops, ceiling fans & lots more!! Large backyard with workshop. **FRAN & DON KALTENBAUGH 790-5973**



300 CHOCTAW: Looking for a convenient location & 4 bedrooms? Schedule a time today to see this 4BR/2BA with 2 living areas & 2-car, side-entry garage on a corner lot. Enjoy sitting in the shade of the covered patio while the children play in the fenced backyard. Great price -- great location -- call today to view this great property priced at the county approved value. You don't want to miss this one. **JUDY DUNN 301-5656**



211 STRATFORD ~ \$191,000: Great split floor plan with new flooring throughout. Lovely high orange peel ceilings with a tray ceiling in the grand room. Master suite has Jacuzzi tub, separate shower, double vanity & a large walk-in closet. Grand room is accented with a gas log fireplace, nice windows & French doors with a great view of the outdoors. Convenient to Ft Rucker & zoned for Holly Hill Elementary. Laundry room with sink. Fenced in backyard. Large lot. Hardwood & carpet was installed in 2013. **BOB KUYKENDALL 369-8534**

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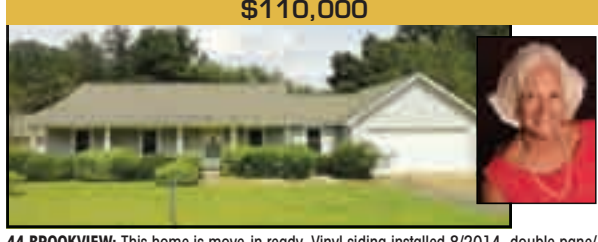
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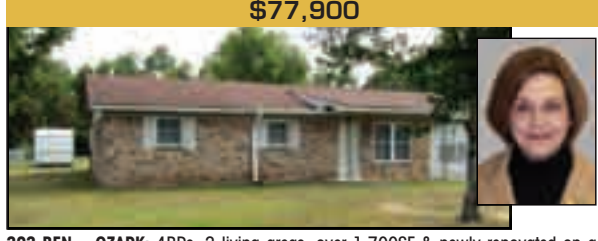
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232 JASMINE CIRCLE ~ \$165,500: The Cottages at Woodland Park: Tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants & minutes from Ft Rucker. Security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom & tray ceiling in grandroom. (Laurel Plan) **CHRIS ROGERS 406-0726**



44 BROOKVIEW: This home is move-in ready. Vinyl siding installed 8/2014, double pane/double hung windows, fenced yard in a cul-de-sac, you have 3 nice sized bedrooms with a walk-in closet in the master bedroom. Tiled floors in baths, foyer & Florida room. Oversized 2-car garage. All kitchen appliances. Just call for your personal showing. Priced to SELL!!! **EVELYN HITCH 406-3436**



323 BEN ~ OZARK: 4BRs, 2 living areas, over 1,700SF & newly renovated on a large level lot. You must see inside. **MARY JONES 790-2933**



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Members of the Enterprise Fire Department talked with children throughout the Enterprise City Schools system during Fire Safety Week Oct.6-12.

Firefighter Bill Carmichael & daughter Layla

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PHOTO BY STAFF SGT. COLTIN HELLER

Sgt. Francesea Salinas, flight medic, receives a thumbs up from Sgt. Brandon Sorrell, crew chief, both assigned to C Company “Dustoff,” 1st Battalion, 214th Aviation Regiment, as she readies to lower to the ground during hoist operations at Grafenwoehr Training Area, Germany, Sept. 20.

DUSTOFF

Crews move closer to mission in Grafenwoehr

By Staff Sgt. Coltin Heller
109th Mobile Public Affairs Detachment

GRAFENWOEHR, Germany — The blades spun slowly at first, then faster until they became a blur. The UH-60 Black Hawk helicopter rose from the ground as the aircrew assigned to C Company, 1st Battalion, 214th Aviation Regiment prepared for hoist operations, among its first since relocating from Landstuhl to its new home in Grafenwoehr.

Crewmembers flew two iterations, flying as they would in combat, banking sharply and using trees to mask their approach. Nearing their objective, the medic hooked herself to the hoist with assistance from the crew chief.

Dustoff recently moved from Landstuhl to Grafenwoehr to better assist and focus on missions at the Joint Multinational Training Command’s Grafenwoehr Training Area and surrounding areas.

“It’s part of the bigger plan of consolidating forces here in Germany,” said company commander Capt. Matthew Clark on the unit’s move. The unit’s primary mission is to support the Grafenwoehr and Hohenfels Training Areas by providing aerial medical evacuation and hoist assets.

“It enables us to specifically focus on missions out here instead of traveling to the Grafenwoehr Training Area and Hohenfels Training Area,” he said.

The aircrew conducted medical evacuation procedures and hoist operations Sept. 20 to showcase its capabilities to Bavarian emergency medical services and the German Red Cross.

Sgt. Brandon Sorrell, aircraft crew chief, guided the helicopter to a hover over a simulated casualty, lowering Sgt. Francesea Salinas, a flight medic, to the ground, where

SEE DUSTOFF, PAGE B4

PARATROOPERS

173rd Airborne assists in Latvian training

By Staff Sgt.
HollyAnn Nicom
109th Mobile Public Affairs
Detachment

ADAZI TRAINING AREA, Latvia — Paratroopers from the 173rd Airborne Brigade based in Caserma Del Din, Vicenza, Italy, were on hand to assist infantrymen from the Latvian Land Force Infantry Brigade by providing range safeties and opposing force players during an exercise Sept. 24.

U.S. paratroopers are in Latvia as part of Operation Atlantic Resolve demonstrating U.S. commitment to NATO and increasing interoperability among allies.

The only distinguishable sounds among the bursts of firing weapons were the forceful commands of the Latvian 1st Company during the exercise. Paratroopers from the 173rd Airborne Brigade had already completed this training scenario, and were assisting their hosts in the Latvian Land Force Infantry Brigade in doing the same.

The blank-fire exercise took place in a muddy urban training site that consisted of multiple wooden structures with many rooms and doors. The newly built facility, designed and constructed by U.S. Soldiers from the Germany-based 15th Engineer



PHOTOS BY SGT. HOLLYANN NICOM

Latvian soldiers from 1st Company, Land Force Infantry Brigade, check their plans after dismounting a U.S. Stryker armored vehicle from Apache Troop, 2nd Cavalry Regiment, Rose Barracks, Vilseck, Germany, Sept. 24

Battalion, excited some of the Latvian soldiers.

“We usually train on our own buildings, but our boards are thinner and already shot through like Swiss cheese,” said Latvian Pvt. Arturs Levikins, an infantryman in 1st Company. “When we build the villages ourselves, we know all the rooms and have them memorized already. But with this village, there could be some secret rooms or something that we don’t know about.”

This particular training was part of a three-day event that will end with a live-fire exercise in which all facets of the Latvian company will be tested. For this iteration, the Latvian company integrated support from U.S. Stryker armored vehicles from Apache Troop, 2nd Cavalry Regi-

ment, Rose Barracks, Vilseck, Germany, and 12th Combat Aviation Brigade UH-60 Black Hawks, Katterbach Army Airfield, Germany, enabling them to plan, rehearse and execute their mission on the objective.

Sgt. Maj. Travis Crow, Headquarters, 173rd Airborne Brigade, from Austin, Texas, participated in the event as a range safety officer. Crow believes that the exchange of capabilities and techniques is a valuable aspect of combined training.

“It’s good practice and rehearsal for both of us, really,” he said.

Utilizing an OPFOR on an objective greatly enhanced the training value.

Staff Sgt. Michael Bellinger, with B Co., Special Troops Battalion, 173rd Abn. Bde.,

a Glens Falls, New York, native, who played the role of a high-value target the Latvians needed to find, felt the combined training was useful.

“They get to visualize what actual targets would be doing, moving from building to building,” he said. “These guys have been excellent hosts for us. They let us stay in their barracks, use their training facilities and use the gym. I was glad that we got to help them out, give them some live OPFOR for their training, just to enhance it.”

The Latvian infantrymen welcomed the added benefit of the U.S. Soldiers during the exercise. Paratroopers took on the role of a live enemy during the scenario. Both Latvian and U.S. personnel wore

SEE TRAINING, PAGE B4



PHOTO BY MASTER SGT. KAP KIM

An AH-64 Apache patrols the skies over eastern Afghanistan as Regional Command-East and Combined Joint Task Force-10 Commander Maj. Gen. Stephen Townsend and Command Sgt. Maj. Ray Lewis travel in a UH-60 Black Hawk to Observation Post English to visit troops assigned to Fox Troop, 2nd Squadron, 3rd Cavalry Regiment Sept. 16.

Talon Dustoff keeps standard of care sky high

By Capt. Jessica Meyer
2nd Combat Aviation Brigade Public Affairs

CAMP CASEY, South Korea — M*A*S*H, a hit TV show from 1972 to 1983 about the 4077th Mobile Army Surgical Hospital in Uijeongbu, South Korea, during the Korean War, showed a medical team’s passion and desire, as well as the guts required for caring and treating the wounded during the war.

Today, C Company, 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division, still supports that region with real-world air medical evacuation services for U.S. forces, family members, Department of Defense civilians and Korean nationals.

It has two team sites in South Korea. The main one is at Camp Humphreys at Area III in and near Pyongtaek, and the other is at Camp Casey, covering the northern area of the peninsula known as Area I.

“We operate 24 hours a day, seven days a week and 365 days a year,” said Capt. Phillip E. Walker, operations officer for 3rd GSAB, 2nd CAB, 2nd Inf. Div. and native of Gainesville, Florida. “They are on standby waiting for the call at anytime to change their call sign from ‘Dust Off’ to ‘Evac’ – signifying a real-world mission where a patient is transported from one site to a treatment facility as quickly as pos-



PHOTO BY CAPT. JESSICA MEYER

Crew members from Dustoff, C Company, 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division, crew train on hoist operations Sept. 19 in Korea. The flight medic on board is capable of being lowered from the UH-60 Black Hawk helicopter to retrieve a patient and hoist them into the aircraft; a capability that only C Company has across the Korean Peninsula.

sible.”

CW2 Tristian Gates, a MedEvac pilot with 3rd GSAB says he honestly wouldn’t want to do anything else, that he loves his job and that everyone can appreciate the importance of it. The crew on the current rotation at the Camp Casey site seems to share in Gates’ sentiment.

“At any given time, the crew doesn’t know where, how far or what type of

medical treatment will be needed,” said CW2 Ryan Trant, MedEvac pilot with 3rd GSAB.

Trant emphasized the importance of being able to get up and go at a moment’s notice.

“They have to be ready at anytime,” he said. “The crew has to be ready to launch and be in the air within 15 minutes.”

That readiness equals saving lives. Mem-

bers of the MedEvac crew are constantly orienting themselves to the Korean Peninsula, because when they have a real-world mission, they have to be able to maneuver quickly through the airspace to get the patient to the treatment facility as quickly as possible.

“At Camp Casey, the crew is co-located with the troop medical clinic. This provides the ability to get the patient from site to treatment facility as quickly as possible in this area,” said Trant.

Trant takes a lot of pride in his job and requested to come specifically to a medevac unit.

“The majority of the air medical evacuations come from Area I,” said Trant. “When that phone goes off, we are sprinting to the helicopter. Every person here wants to make an impact and take care of the person on the other end.”

In this mission, minutes can impact someone’s life – a consequence every member of this crew understands. This significant real-world mission spans the entire peninsula. It’s carried out by MedEvac crews who are skilled, trained and ready to take on anything that comes their way.

Much like the medical team depicted in the hit TV Show M*A*S*H, these crews are in the business of saving lives. They operate in the same area the real MASH units were once set up during the Korean War.

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STARTING DATE:
October 6th, 2014
CLOSING DATE:
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CLOSING DATE:
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Applications may be picked up in person or by visiting:
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Please make sure to include resume and three references along with a complete application.

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Training: Soldiers simulate battlefield scenarios

Continued from Page B1

Multiple Integrated Laser Engagement System gear, which gives off a distinct beep when a Soldier is successfully engaged by a laser synched to another Soldier's weapon.

"We executed a free-flow exercise with live enemy," said Levikins. "It's better to shoot at something moving rather than a stationary target. When it's a live human, they are thinking and they are changing position and that's always better."

In addition to the Latvians, the four maneuver companies from 2nd Bn., 503rd Inf. Regt., 173rd Abn. Bde, tested on this same urban terrain lane as they rotated through the combined arms live-fire scenario.



PHOTO BY SGT. HOLLYANN NICOM

Latvian Soldiers from 1st Company, Land Force Infantry Brigade, run through smoke they created during training Adazi Training Area, Latvia, while paratroopers from 173rd Airborne Brigade based in Vicenza, Italy, observe Sept. 24.

Dustoff: Joint exercises mirror real-world emergencies

Continued from Page B1

she attached the hoist to the patient.

"Once I'm on the ground, I get with the medic who is there to see what kind of interventions he had done and that the patient is strapped in and hooked up correctly," Salinas said. "I signal to my crew chief to pick up the patient."

After loading the simulated casualty, the pilot completed another circuit, returning to collect Salinas. After the iterations, the aircrew practiced slope landings – another critical skill used by MedEvac pilots.

"Live hoist operations are one of our critical tasks that we must be able to perform in the event we are called for a real-world MedEvac and we are unable to have a suitable landing area – we have the capabilities of lowering a medic to the injured person," said CW3 Robert Herlt, a pilot assigned to C Co.

"We had some of our German partners here witnessing us do these iterations today," said Herlt. "They were out here today to get a better understanding of our capabilities in terms of a MedEvac platform. And that can relate to their day-

to-day operations."

The unit made the move to Grafenwoehr this past summer to be closer to its MedEvac mission at Hohenfels, and thereby reduce temporary duty costs, time away from home for personnel, and wear and tear on equipment, according to U.S. Army Europe officials.

Additionally, the move from Landstuhl has proven beneficial to both Soldiers and their German partners. Now C Co. is working with real-world partners in the same airspace it'll be conducting real-world emergencies.

"We work with the Germans regularly. It's something we're trying to get incorporated into the unit. We're trying to mesh with the environment we're in, so we can become part of the community and not just the annoying helicopter flying overhead," said Clark.

The Dustoff aircrew, now stationed at Grafenwoehr, stands trained and ready to assist U.S. and international forces.

"If the call comes in, then we execute," Herlt said. "Our German part-

ners know that it's a resource they can potentially use. Now, when they con-

tact certain agencies, they know we are an asset they can use."

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OCTOBER 9, 2014

IT'S IN THE DETAIL

Auto skills center helps make vehicle cleaning quick, painless

By Jeremy Henderson
Army Flier Staff Writer

Cleaning an automobile can be time consuming and cumbersome during cold winter months, but a new service is available to make the process quick and painless.

Fort Rucker's Auto Skills Center now offers an automotive detailing service designed to offer quality service closer to home.

Tina Barber, ASC manager, said the center's service provides convenient access to professional automotive detailing at competitive prices.

"This program will be offered Mondays through Fridays from 8 a.m. until 5 p.m.," she said. "Weekends are available by appointment only."

No special preparation is required prior to bringing the vehicle in for a detailing session, but prices are subject to change based on the condition of the vehicle, according to Barber.

A variety of detailing services are available for different price points.

The Works (Full Service Detail), \$80:

wash exterior of the vehicle, wash wheels and wheel wells, wash windows, tire shine, vacuum interior carpet, vacuum seats, vacuum dash, clean gear console, wipe door and trunk jams, wax vehicle, shampoo carpets, shampoo cloth seats/clean leather seats.

The Special (Wash, Vacuum, and Wax), \$35: wash exterior of the vehicle, wash wheels and wheel wells, wash windows, tire shine, vacuum interior carpet, vacuum seats, vacuum dash, clean gear console, wipe door and trunk jams, wax vehicle.

The Standard (Wash and Vacuum), \$22: wash exterior of the vehicle, wash wheels and wheel wells, wash windows, tire shine.

Interior Only, \$50: vacuum interior carpet, vacuum seats, vacuum dash, clean gear console, wipe door and trunk jams, wash windows, shampoo carpets, removal of excess odors, air freshener, shampoo cloth seats/clean leather seats.

Wash Only, \$15: wash exterior vehicle, wash wheels, wash windows, tire shine.

For more information, or to make an appointment, call 255-9725.



PHOTO BY JEREMY HENDERSON

Deanna Duane, automotive detailer, puts the finishing touches on a vehicle for a customer utilizing the new detailing service at the Fort Rucker Auto Skills Center.

Treasure!

Outdoor Yard Sale items range from furniture to toys

By Nathan Pfau
Army Flier Staff Writer

Fort Rucker residents come from all over the world, and with them come some hidden treasures that may make their way to this year's Outdoor Yard Sale.

The flea market-style yard sale will take place Oct. 18 at the festival fields from 7-11 a.m., and

organizers expect to see more than 50 booths available with items to sell from the local community, according to Kristi Fink, Directorate of Family, Morale, Welfare and Recreation special events coordinator.

"The Outdoor Yard sale is a community-wide yard sale, and items range from (large items) like furniture to smaller items like

toys and clothes," said Fink, adding that the previous yard sale, which was held in the spring, brought over 1,500 patrons who bought and sold these hidden treasures.

Fink added that this is a great way for families who are getting ready to move to a new location to unload some of their items to make the move less cumbersome.

"Military families move every couple years, so it's a good way to lighten the load when (moving) to a new location, but it's also a great way to find some new items for the upcoming move," she said. "This is a great opportunity for families who live on or off post to have a consolidated area to sell their items and not have to advertise or put up signs to get buyers to come to their house."

The event is open to the public, and the price of renting a spot depends on the size of the plot and whether the renter is military or civilian.

The rate for active-duty military, dependents, retirees, reservists and Department of Defense civilians is \$20 for 15'x20' and \$30 for 30'x20'. For the general public the cost is \$30 for 15'x20' and \$40 for 30'x20'. Tables cost \$10 each for both military and civilians.

Registration for the event is due by 4:30 p.m. Wednesday, and registration forms are being accepted at MWR Central, formally known as Leisure Travel Service,

es, in Bldg. 5700. To print out a registration form, people can visit <http://www.ftrucker.mwr.com/special-events/> and click the link under the Outdoor Yard Sale.

No retail, commercial vending or business promotion is allowed, and food and beverage, live animal and weapon sales are also prohibited, said Fink. Electricity is available on the event field on a first-come, first-served basis and participants are responsible to bring their own extension cords, if needed.

Also, all participants are responsible for their individual change fund and participants may bring canopies, but no tent stakes may be longer than 12 inches.

"We encourage everyone to come out and participate as a seller, as well as a buyer," said the special events coordinator. "This is a great opportunity to clean out their closets and sell those items that they are no longer using. Not to mention, it's also a perfect time to find decorations for the upcoming holidays."

For more information, call 255-1749.



COURTESY PHOTO

Buyers and sellers at the previous Outdoor Yard Sale in the spring.

COMMITTED TO BREAST CANCER AWARENESS



Warrant officer candidates of 1st WOC Class 14-25 participate in an early morning run in recognition of Breast Cancer Awareness Month Tuesday. The run is just one of the many events hosted by the class in order to bring awareness to the cause.



PHOTOS BY NATHAN PFAU

Bobby Ward (right), Fort Rucker commissary store director, embraces commissary employee Rose Whittaker while surrounded by fellow employees at the commissary Oct. 1 as a surprise show of their support for her as she battles against breast cancer.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Elvis Dinner & a Show

The Landing will host Elvis Dinner & a Show, featuring award-winning Jerome Jackson, Friday with dinner at 6 p.m. the musical styling of the King himself from 7-8:30 p.m. Tickets are \$30 per person and are available for purchase at The Landing until 4 p.m. today. The event is open to the public, ages 12 and older.

For tickets and event details, call 598-2426.

‘In Their Shoes’ exhibit

Throughout October, Army Community Services will host an exhibit called “In Their Shoes,” demonstrating the different walks of life of those who are victims of domestic violence. Officials said they hope the main takeaway is for people to realize that domestic violence can happen to anyone, no matter what race, gender, age or economic status. The exhibit will be set up at three locations: Lyster Army Health Clinic, the first floor of Bldg. 5700, and the Army and Air Force Exchange Service Food Court.

For more information, call 255-3817.

Purple Day

October is Domestic Violence Awareness Month and Fort Rucker will once again take part in the Purple Day campaign, which will begin Friday and continue each Friday throughout the month. This will be a community-wide effort to recognize people’s collective responsibility to prevent all forms of domestic violence by wearing Purple every Friday throughout October. People are encouraged to band together and wear purple as a visible commitment to support the prevention and awareness of domestic violence.

For more information, call 255-9641.

Youth sponsorship training

Fort Rucker Child, Youth and School Services and the Army Community Service Relocation Readiness Program will offer youth sponsorship training Wednesday at 6 p.m. at the youth center to help arriving youth feel welcome in their new community. Youth are encouraged to share their experiences and spend time with newly arriving youth.

To volunteer to become a youth sponsor, call 255-3735, or call 255-9812 to attend youth sponsorship training.

Employment Readiness Class

Army Community Service is giving people the chance to build and enhance their careers at one of the Fort Rucker’s Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. The next session is Oct. 16. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, including times, or to register, call 255-2594.

Comedy Live

Comedy Live will return to Fort Rucker Oct. 17 from 8-10 p.m. in The Landing ballroom.



FILE PHOTO

Assistive Technology and Resources Expo

Army Community Service will host the Assistive Technology and Resources Expo Oct. 16 from 9:30 a.m. to 1:30 p.m. at the Soldier Service Center lobby in Bldg 5700. ACS, the Fort Rucker Exceptional Family Member Program and Fort Rucker Equal Employment Opportunity Office will sponsor the Assistive Technology and Resources Expo in observance of National Disability Employment Awareness Month. The event is open to the public. For more information, call 255-9277.

Corey Mack will be the opening act, and Landry will be the headlining act. Cost for regular advance tickets is \$12 each by Oct. 16 and \$16 at the door. Cost for a VIP table (seats 10 patrons) is \$150 and guarantees people seating close to the stage. Tickets are available at MWR Central in Bldg. 5700, The Landing catering office, The Landing Zone Coffee Zone or Lyster Coffee Zone. The event is open to the public for ages 18 and older.

For more information, call 255-9810.

Outdoor Yard Sale and Flea Market

The Fort Rucker Outdoor Yard Sale and Flea Market will take place Oct. 18 from 7-11 a.m. at the festival fields. The event is open to the public, and provides the opportunity for the Fort Rucker community to buy and sell used household items in a consolidated fashion. Limited tables are available to rent and booth space fees apply to sellers. No commercial vendors are allowed to take part. Registration is due by Oct. 15. The rates for active-duty, reserve component and retired military, family members and Department of Defense civilian employees are: 15x20 - \$20; 30x20 - \$30; and tables - \$10 each. For the general public: 15x20 - \$30; 30x20 - \$40; and tables - \$10 each.

For more information, call 255-1749.

Newcomers welcome

Army Community Service hosts the newcomers welcome Oct. 17 from 8:30–11 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are welcome to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours in advance.

For more information, call 255-3161 or 255-2887.

Family game night

The Army Community Service Family Advocacy

Program, in partnership with Corvias, will host a family game night from 5-7 p.m. Oct. 24 at the Corvias Building. The event will feature games for all ages, and pizza and beverages will be provided. Each family participating will receive a new board game. To take part, people need to register by Oct. 22.

For more information or to register, call 255-3898 or 255-9636.

Frite Nite

Frite Nite returns to the Fort Rucker Riding Stables Oct. 24-25 from 7-11 p.m. Guests will take a short ride and be dropped off to walk through the wooded trail of nightmares, a haunted cemetery, the boogie man’s home and a maze of screams. Officials warn that Frite Night is not for the light of heart and strongly encourage only those ready for a real fright to participate. Cost is \$12 per person. Tickets are available each night, or people may purchase tickets in advance at the riding stables. Concessions will also be available at the event for additional cost. The event is open to the public.

For more information, call 598-3384.

Children’s Fall Festival

Fort Rucker will host the Children’s Fall Festival Oct. 25 from 11 a.m. to 1 p.m. at the riding stables. The event will feature children’s activities such as horse and pony rides, a bouncy house, train rides, carnival games and more. Parents are encouraged to dress their children up in Halloween costumes and enter the costume contest for ages 12 and younger. Prizes will be given for first, second and third places. Food and beverages will be available at the event, and only cash will be accepted. Cost for activities will be \$1 per ticket. Pony and horse rides will cost four tickets, bouncy house will cost two tickets, train rides will cost two tickets and carnival games will cost one ticket. The event is open to the public and recommended for children 12 years old and younger.

For more information, call 598-3384.

DFMWR Spotlight

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Friday, Oct. 10

Alexander and the Terrible, Horrible, No
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Saturday, Oct. 11

Alexander and the Terrible, Horrible, No
Good, Very Bad Day.....4 & 7 p.m.

Sunday, Oct. 12

Alexander and the Terrible, Horrible, No
Good, Very Bad Day.....2 p.m.

Outreach not limited to Hispanic Heritage Month

By Lisa Ferdinando
Army News Service

WASHINGTON – Hispanic Americans have made incredible contributions to the nation and the Army is giving them special recognition during National Hispanic Heritage Month, an Army spokeswoman said.

“The Army is committed to building a strong, long-lasting relationship with the Hispanic community,” said Mari Monserrate, Hispanic outreach liaison for the Army’s Office of the Chief of Public Affairs.

The outreach efforts are especially significant during National Hispanic Heritage Month, which runs Sept. 15 to Oct. 15, she said.

The endeavor has personal meaning for Monserrate, who developed the Hispanic outreach program “from the ground up” in the two years since she has been in the position.

“It’s my passion to work with the Hispanic community,” the Puerto Rico native said. “It’s my cultural background, so I have a personal connection, not only to the Army force of Hispanic heritage, but also to the Hispanic community nationwide.”

There are commemorations, award ceremonies and other events throughout the nation that the Army is participating in to honor the service and sacrifice of Hispanic Americans.

The Army is also highlighting the service and sacrifice of 17 recent Medal of Honor recipients, who are of Hispanic heritage. The 17 were part of the “Valor 24” who received Medals of Honor in March, decades after the valorous acts, dating as far back as World War II.

“To continue to showcase the dedication that they gave to the

Army and to this nation, we will be doing a social media campaign on Twitter,” Monserrate said. “We’re posting the stories of those 17 Soldiers – 15 of them who gave their lives to the protection of our nation.”

The tweets, she noted, will appear on the Army’s account, @USArmy, during the month.

The Army maintains a webpage called Hispanic Heritage in the U.S. Army, which can be found at www.army.mil/hispanic-americans. The site includes historical information, links to resources, and showcases the service of Army personnel of Hispanic heritage.

Now and throughout the entire year the Army is committed to communicating with and engaging with the Hispanic community, and recognizing their service and sacrifice, she said.

“It’s very important that we include Hispanic outreach in everything that we do, and there are many ways to do that,” she said.

For example, she said, the Jazz Ambassadors of the U.S. Army Field Band recently played three concerts in Miami, and included music from Latin American composers, she said.

During the concert, band members talked about “the Army profession and what it’s about, and what you can do being in the Army and how you can contribute to your community and the nation by being part of the Army,” she said.

The latest figures show that about 12 percent of the active Army is of Hispanic heritage, she said.

“That number has been growing steadily since 2008,” Monserrate said. “What we want to do is have that number continue to grow.”



PHOTO BY LISA FERDINANDO

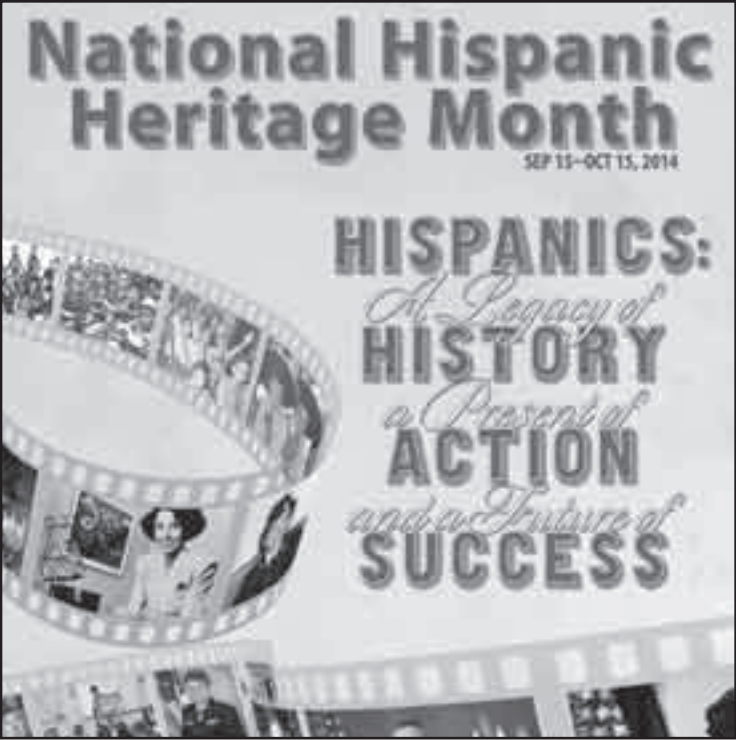
Mari Monserrate, Puerto Rico native and Hispanic outreach liaison for the Army’s Office of the Chief of Public Affairs, has a special connection to her work.

In a tri-signed letter marking National Hispanic Heritage Month, Army leaders said the vision and determination of Hispanic Americans have “transformed our nation.”

Americans of Hispanic heritage have made “immeasurable contributions” to the Army and the nation with their service and sacrifice, wrote Secretary of the Army John M. McHugh, Chief of Staff of the Army Gen. Ray Odierno, and Sgt. Maj. of the Army Raymond F. Chandler III.

More than 40 Medal of Honor recipients are of Hispanic heritage, they noted.

“Hispanic Americans represent our military with deep, abiding patriotism and heroism and continue to make a difference through their dedicated and professional public and military service,” the tri-signed letter reads.



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During National Hispanic Heritage Month, which runs Sept. 15 to Oct. 15, the Army is giving special recognition to Hispanic Americans who have served the nation.



COURTESY PHOTO

Pick of the litter

Meet Monroe, 5-month-old medium-hair black and white female available for adoption at the Fort Rucker stray facility. She is friendly. Adoption fees vary per species and needs of animal, which includes all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility’s Facebook page at <http://www.facebook.com/fortruckerstrayfacility/> for constant updates on the newest animals available for adoption.

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Elba hosts spooky good time

By Sandy Bynum
Executive Director
Elba Chamber of Commerce

Families are invited to dress up their little ones, don a costume of their own, and trick-or-treat at Elba's Courthouse Square.

Pumpkins on the Square begins Oct. 30 at 6 p.m. in downtown Elba.

The event features special trick-or-treat stations with candy and goodies; Jack O' Lanterns on the levee; a Foggy Bottom haunted

hay ride; a Monster Mash movie party; Halloween screams at the haunted jail; a costume party cavalcade with secret judges to look for the best costumes and award prizes; villain encounters as goblins prowl the square; numerous photo opportunities; creepy activities for the whole family and the chance to meet your friends and neighbors for a scary goodtime throughout the courthouse square.

Elba businesses and organizations will set up candy stations around the Coffee County Court-



house for children to trick-or-treat.

The Haunted Jail is not recommended for younger children or

the faint of heart, but it is Elba's premiere haunted attraction. It is located right off Courthouse Square in the Old Coffee County Jail. The attraction is manned by Elba High School's Beta Club and acts as a fundraiser.

New this year for Pumpkins on the Square will be "Jack O' Lanterns on the Levee." See hand-carved, illuminated jack o' lanterns in a walk-through experience along a portion of the James E. Grimes Levee Walk. Meander the riverside beginning near the square

and enjoy the display of work by the children of Elba, ending behind the Haunted Jail.

Climb aboard Elba's Foggy Bottom Haunted Hayride and watch out for the Headless Horseman of Clay Bank Creek. Join the block party at Pumpkins on the Square before or after the ride through Foggy Bottom.

All event guests, including adults, may dress in their favorite Halloween costume

For more information, call 897-2333.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

OCT. 13-19 — Covington County Fair runs at various times throughout the week at the fair grounds. For a schedule of events and admission prices, that range from \$6 to free, and more information, visit <http://www.kiwanisccf.org/news.html#events>.

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegion-post80.org.

DALEVILLE

OCT. 31 — Trick-or-treating will take place from 5-7 p.m.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

OCT. 18 — The Sandi McCool Champions of Hope breast cancer awareness event will begin at 6 a.m. with registration, with most activities starting at 8 a.m. on the campus of The Alabama College of Osteopathic Medicine located on Hwy. 84 East. The event includes 5K and 10K competitive races, a Spirit Walk and Kids' Fit Challenge, as well as vendor and information booths. This family-friendly event is designed to offer something for participants of all ages. For registration, sponsorship or vendor booth information, call 673-4150 or visit www.samcfoundation.org. Registration is ongoing.

OCT. 31-NOV. 9 — The 71st annual National Peanut Festival will take place at various times at the fairgrounds off of Hwy. 231. According to a press release, the nation's largest peanut festival is held each fall to honor peanut growers and to celebrate the harvest season. Festivities include amusement rides, animal shows, agricultural displays, concerts, beauty pageants, arts and

crafts displays, contests, food, a two-hour parade and tons of peanuts. For more information and the entertainment lineup, visit <http://nationalpeanutfestival.com/>.

ONGOING — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

ENTERPRISE

OCT. 12 — Enterprise will host Enterprise Celebration, a gospel and Christian concert at the Bates Memorial Stadium, 500 E. Watts St. Performers include: Guy Penrod, Mark Lowry, Ricky Skaggs, The Hoppers, Russ Taff and various local bands. The Enterprise Celebration is a family-friendly event and will have bounce houses for children. Gates open at 1 p.m. and music begins at 2 p.m.

OCT. 18 — The Boll Weevil Festival will take place from 9 a.m. to 2 p.m. in the downtown area.

ONGOING — Beginning and continuing classes in the Taoist Tai Chi Society Internal Arts and Methods are currently held at the Enterprise YMCA. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. All classes are taught by accredited volunteer instructors. For more information, classes available, and days and times, call 348-9008 or visit www.taoist.org.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

OCT. 23 — Disabled American Veterans Chapter 99 will meet at 6 p.m. in the New Brockton old armory building. Food and drinks will be served, followed by regular chapter business. The chapter extends an invitation to veterans throughout the Wiregrass to join as new members as both DAV and DAV Auxiliary. For more information, call 718-5707.

ONGOING — Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

ONGOING — The New Brockton DAV Chapter 99 offers college scholarships of \$500 to applicants that are children of U.S. military veterans who have fallen or were wounded, medically discharged wounded veterans and spouses of fallen Soldiers. Applicants may already be attending college or have been accepted at a certified college or university. Applications and additional information can be picked up at the New Brockton Police Department Tuesdays and Wednesdays from 10 a.m. to noon.

OZARK

NOV. 1 — Sav-A-Life of Dale County will host the organization's second annual Christmas "Life" Bazaar from 9 a.m. to 4 p.m. at the Ozark Civic Center.

The event features a variety of arts and crafts, as well as home-based businesses, with items ranging from Christmas centerpieces and wreaths to home décor, baked goods, coffees, teas, jewelry, gourd art, repurposed wood, candles, soaps, lotions, many children's items and other hand-made items.

There will be door prizes, as well as a silent auction and raffles, entertainment, children's activities and refreshments. Tickets are \$5, children 10 and younger are admitted for free. Vendor spaces are available.

For more information, call 774-4419, email sidonna@savalifeozark.org, or visit www.savalifeozark.org.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the armory at the corner of Westgate Parkway and Choctaw in Dothan.

For more information, call 718-4168 or 805-7335.

ONGOING — Veterans Of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke begins at 6 p.m.

For more information, call 793-7912.

Beyond Briefs

Zombie Walk can food drive

Fort Walton Beach, Florida, will host its sixth annual Zombie Walk can food drive Oct. 18 with registration running from 4-6 p.m. and the walk starting at 6:30 p.m. at the Fort Walton Beach Landing. People are asked to bring four can goods to donate. Make-up artists will be on hand to zombify participants for a small donation. The event will feature games, prizes, music and trick-or-treating, and dogs are welcome. The Zombie Walk will conclude with a meandering of Zombies through downtown to their final destination at the Fort Walton Beach Landing for Thriller Dancing.

For more information, visit www.fwbjaycees.org or on facebook at [fwbzombiewalk](https://www.facebook.com/fwbzombiewalk), or call 850-244-6666.

Pirates of the High Seas Festival

Panama City Beach, Florida, will host the Pirates of the High Seas Festival Oct. 10-11. Taking place throughout the coastal community, the festival will include an ensemble of parades and sword-swinging showdowns, culminating with a dueling fireworks display reenacting the Battle of the Seven Seas. For more information, visit www.visitpanamacitybeach.com.

Pioneer Days

The Pioneer Museum of Alabama will host its Pioneer Days Oct. 10-11. The event features horse and wagon rides, trips on the Pioneer Express, and Native American camps with demonstrations of candle making, spinning, weaving, quilt making, blacksmithing, drumming, dancing and Admission is charged.

For times, admission fees and more information, call 566-3597 or visit www.pioneer-museum.org.

Colonial Isle Dauphine

Fort Gaines will host the 21st annual Colonial Isle Dauphine Oct. 11 with events at various times. According to a press release, the well-preserved ramparts of Fort Gaines have

guarded the entrance to Mobile Bay for more than 150 years. Now a fascinating historic site, the Fort stands at the eastern tip of Dauphin Island where it commands panoramic views of the bay and the Gulf of Mexico. The fort was recently designated as one of the 11 most endangered historic sites in America. This is a family-style event and everyone is welcome. The fort's museum and gift shop are always open. People are welcome to explore life on Isle Dauphine as it was in the 1700-1800s as a French, British and Spanish soldier. The soldiers will go through drills and fire the cannon. Visitors can also see the fort's authentic blacksmith demonstrating his craft.

Fort Gaines is located on the eastern most tip of Dauphin Island. Admission is \$4 for children ages 5-12 and \$6 for ages 13 and older.

For more information, visit <http://www.dauphinisland.org>.

Family fishing clinic

Florida's St. George Island State Park will host a family fishing clinic Oct. 19 from 10 a.m. to 2 p.m. People are welcome to attend and learn knot tying, cast netting and inshore fishing techniques. The lecture and hands-on fishing clinic is for all ages. Anglers 16 years of age and older will need a Florida fishing license. Space is limited and the park has a few loaner fishing poles available. Admission to the park is charged, but the clinic is free.

For more information, visit <http://www.floridastateparks.org/stgeorgeisland/events.cfm>.

Beach scavenger hunt

Florida's St. George Island State Park will host a beach scavenger hunt Oct. 25 at 1 p.m. for children ages 6-10. There will be 10 items that hunters need to find and prizes will be awarded to the top three finishers. Park officials encourage participants to bring water and sun screen Admission to the park is charged, but the event is free.

For more information, visit <http://www.floridastateparks.org/stgeorgeisland/events.cfm>.

Pier Fishing Challenge

To showcase the world-class fishing in the Gulf of Mexico,

Panama City Beach, Florida, will host weekend-long pier fishing tournaments in October. The City Pier vs. County Pier Challenge guarantees a prize purse totaling \$7,500. Extending more than 1,500 feet into the Gulf of Mexico, the M.B. Miller Pier (County Pier) and the Russell-Fields Pier (City Pier) are two of the longest on the Gulf Coast and are prime fishing spots for anglers of all ages. There is no fee to enter the contest — anyone fishing from the pier is automatically entered into the tournament.

Breast cancer walk

The American Cancer Society will host its Making Strides Against Breast Cancer 5k Oct. 25 at 8 a.m. at Aaron Bessant Park on Pier Park Drive in Panama City Beach, Florida. Registration will start at 7 a.m.

For more information, visit www.makingstrideswalk.org/panamacity.

Black Wings: American Dreams of Flight

The U.S. Space and Rocket Center in Huntsville hosts the traveling exhibit Black Wings: American Dreams of Flight now through Nov. 2. The exhibit chronicles the story of African Americans who, despite facing racial barriers, attained great achievements in the world of Aviation, according to center officials. Designed by the Smithsonian Institution Traveling Exhibition Service in conjunction with the Smithsonian's Air and Space Museum, the exhibit presents a story of a powerful group of aviation proponents that emerged to challenge racial obstacles and create their own legacy in the world of flight. From Bessie Coleman, the first African American woman to receive her pilot's license, to Mae Jemison, the first African American woman to fly in space, Black Wings retells the stories of African Americans who dreamed of flight, left their mark and helped pave the way for those who would follow.

To get to the center, take Exit 15 off I-565. The center is open 9 a.m. to 5 p.m. seven days a week. Admission is \$20 for adults, \$15 for children ages 5-12 and children younger than 4 are admitted for free.

For more information, visit <http://rocketcenter.com/travelingexhibitions>.

PRESIDENT:

‘Move Heaven and Earth’ to care for disabled vets

By Cheryl Pellerin
DoD News, Defense Media Activity

WASHINGTON — With the American Veterans Disabled for Life Memorial, the nation commemorates for the first time the two battles disabled veterans have fought — the battle “over there” and the battle at home — the battle to recover, President Barack Obama said Sunday during the dedication ceremony.

Congress approved the building of the memorial with the passage of Public Law 106-348. In October 2000 President Bill Clinton signed the federal legislation into law, authorizing the Disabled Veterans’ LIFE Memorial Foundation, Inc., to establish the memorial.

The foundation was created to educate the public on issues related to disabled veterans. The memorial will provide a place of healing and unity and a point of education for remembering disabled veterans after their wars are over.

A moment that shapes a lifetime

“To all our disabled veterans, our extraordinary wounded warriors, we gather ... on this gorgeous autumn day in America because each of you endured a moment that shaped the arc of your lives and that speaks to our debt as a nation,” Obama told those gathered for the dedication.

“Maybe it was there on the battlefield as the bullets and shrapnel rained down around you. Maybe it was as you lay there, the medics tending to your wounds. Perhaps it was days or months later, in that hospital room when you finally came to. Perhaps it was years later as you went about your day, or in the midnight hour when the memories came rushing back like a flood,” the president said.

“Wherever you were, whatever your story,” Obama continued, “it was the moment that binds each of you forever, that moment of realization that life would not be the same. Your foot, your hand, your arm, your leg — maybe both — your sight, your peace of mind — a part of you was gone.”

The president said that it was a great honor to be with those who made the memorial possible, naming Lois Pope, Art Wilson and everyone at the memorial foundation and the veterans service organizations, especially those at the Disabled American Veterans; to the architects and

ways fulfilled our obligations to those who served in our name,” Obama said. “This is a painful truth and few have known this better than our veterans wounded in war.”

The president described how in the first years after the American revolution, when the young nation still resisted the idea of a standing army, veterans of the Continental Army returned to towns that could be indifferent to their service.

After the Civil War and again after the World War I, he said, disabled veterans had to organize and march for the benefits they had earned.

“Beside each of you is a wife or a husband, mothers and fathers, brothers and sisters, sons and daughters, and neighbors and friends who, day after day, year after year, have been there, lifting you up, pushing you further, rooting you on.”

— BARACK OBAMA

PRESIDENT OF THE UNITED STATES OF AMERICA

craftspeople who helped bring the memorial to life; members of Congress, secretaries Jewell and McDonald; distinguished guests; and most of all to the veterans and their families.

Painful history

For more than two centuries, Americans have left everything they have known and loved and stepped forward to serve, the president said.

“To win our independence, to preserve our Union, to defend our democracy, to keep safe this country that we love. And when the guns fall silent, our veterans return home, ready to play their part in the next chapter of our American story,” he added.

“As a nation, we have not al-

A vow to do better

Down the decades the nation has worked to do better, Obama added, “Because in the United States of America, those who have fought for our freedom should never be shunned and should never be forgotten.”

With this memorial, the nation takes another step forward, he said.

“You walk these quiet grounds, pause by the pictures of these men and women, you look into their eyes, read their words, and we’re somehow able to join them on a journey that speaks to the endurance of the American spirit. And to you, our veterans and wounded warriors, we thank you for sharing your journey with us,” Obama

said.

At the memorial the nation can see the perseverance of disabled veterans, he added.

“Your unyielding faith that tomorrow can be better. Your relentless determination, often through years of hard recovery and surgeries and rehab, learning the simple things all over again — how to button a shirt, or how to write your name, in some cases how to talk or how to walk,” the president said, “and how when you’ve stumbled, when you’ve fallen, you’ve picked yourself up, you’ve carried on, you’ve never given up.”

No matter which war the disabled veterans served in and whether one effect of the war was called shell shock or battle fatigue or the thousand-yard stare or post-traumatic stress, Obama added, “You know the unseen wounds of war are just as real as any other, and they can hurt just as much, if not more.”

No veteran is alone

At the memorial the nation is reminded that no disabled veteran has made the journey alone, he added.

“Beside each of you is a wife or a husband, mothers and fathers, brothers and sisters, sons and daughters, and neighbors and friends who, day after day, year after year, have been there, lifting you up, pushing you further, rooting you on,” the president said.

Obama told the story of retired Army Capt. Dawn Halfaker, whose Humvee was hit by a rocket-propelled grenade in Iraq and she suffered burns and broken bones, lost her right arm, and struggled physically and emotionally.

“But with the help of her fellow wounded warriors she came to focus ... and today what she has is the respect of her fellow

veterans that she mentors, a business of her own — one that hires veterans, and a beautiful 6-month-old son.”

Obama asked Halfaker to stand, and as she did the audience broke into applause. And he asked the veterans in the audience to stand or raise their hands, and the audience continued to cheer.

“America,” Obama said, “if you want to know what real strength is, if you want to see the character of our country, a country that never quits, look at these men and women.

‘Let us never rush into war’

From this day forward, he added, Americans will come to this place and ponder the immense sacrifice made on their behalf so they might live in freedom and peace.

“And if we are to truly honor these veterans, we must heed the voices that speak to us here, the president said.

“Let’s never rush into war, because it is America’s sons and daughters who bear the scars of war for the rest of their lives. Let us only send them into harm’s way when it’s absolutely necessary,” he said to a burst of applause.

“If we do, let’s always give them the strategy, the mission, and the support that they need to get the job done. When the mission is over ... let us stand united as Americans and welcome our veterans home with the thanks and respect they deserve,” Obama added.

And if they come home having left a part of themselves on the battlefield on our behalf, the president added, the nation must move Heaven and Earth to make sure they get every benefit, every bit of care they have earned and deserve.

“To every wounded warrior, to every disabled veteran,” Obama said, “thank you.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Bldg. 109

8 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940

9 a.m. Catholic Mass Sunday

11 a.m. Traditional Worship Service

12:05 p.m. Catholic Mass (Tuesday - Friday)

4 p.m. Catholic Confessions Saturday

5 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036

8 a.m. Latter-Day Saints Worship Service

9:30 a.m. Protestant Sunday School

10:45 a.m. Wings Contemporary Worship

Protestant Service

1 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Bldg. 8939

10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

Tuesday

9 a.m. Protestant Women of the Chapel,

Wings Chapel

5:30 p.m. Youth Group Bible Study, Spiritual

Life Center

6 p.m. Protestant Women of the Chapel,

Wings Chapel

7 p.m. Adult Bible Study, Spiritual Life Center

Wednesday

8:30 a.m. - Catholic Women's Bible Study,

Spiritual Life Center

11 a.m. Above the Best Bible Study, Yano

Hall

11:30 a.m. 164th TAOG Bible Study, Bldg

30501

12 p.m. Adult Bible Study, Soldier Service

Center

6 p.m. Adult Bible Study, Spiritual Life

Center

Thursday

9 a.m. Adult Bible Study, Spiritual Life Center

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Southeast Alabama Medical Center employees and medical staff thank Fort Rucker for its commitment to the security of our community and our country.

We extend our appreciation to the soldiers and military families for their personal sacrifices.



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COURTESY PHOTO

Shown above is retired Command Sgt. Maj. Jeffery Powell's plea for help on Facebook after his former Soldier posted pictures of a suicide attempt. Another Soldier responded shortly after on Powell's message they were able to get to the Soldier in time and save him.

Soldier posts suicide attempt to Facebook

By Marie Berberera
Army Training and Doctrine Command

FORT SILL, Okla. — A Facebook post. Two cut wrists. Time is the enemy.

Retired Command Sgt. Maj. Jeffery Powell saw one Facebook post Aug. 31, which sent him frantically searching for a former Soldier.

"He had cut his wrists, I mean about that far on each wrist," said Powell, gesturing slashing his forearm. "It wasn't horizontal it was a vertical cut, so I knew it was pretty serious. He posted one word ... 'Goodbye.'"

Powell said he was checking his Facebook that day like he typically does to stay in touch with friends and family.

He expected the normal string of photos and status updates, but when his former Soldier shared his last call for help he took action.

"I saw that some people had already commented on it so I hit the comments and some were like 'Thinking about you man,' but nobody was saying 'Where are you?' Nobody. Seven or eight people had already responded and it's great to say how are you, but now it's time to dial 9-1-1."

Powell deployed with the Soldier several years ago as the former 2nd Battalion, 5th Field Artillery sergeant major.

They were friends on the social networking site, but Powell didn't know where he was currently stationed.

"Here I am, I'm trying to figure where in the world this guy is at. I was like what do I do? We need to do something now, right now," he said.

After asking around, Powell determined the Soldier was overseas.

He called an Army division hotline and it gave him the number to the area coordinator.

As he was calling, he posted his own Facebook status asking for help.

"I need my Army family to reach out and find where (he) is at and get his unit to put their arms around him soon! I'm talking right now, too! He may be in serious danger and I'm worried about his emotional state right now," he said. "He may have tried committing suicide. He needs to know we care. Find him now!"

Powell said while he was doing all he could to reach the Soldier, another battle-buddy was doing the same thing.

Less than five minutes after Powell's post, a reply said, "We got him sergeant major. I called the hotline and got (emergency medical service) en route to him ... He's en route to the hospital and is stable and should be fine. They say they got to him in time."

Powell said the suicide attempt came after a failed relationship and the Soldier wanted someone to take notice of him.

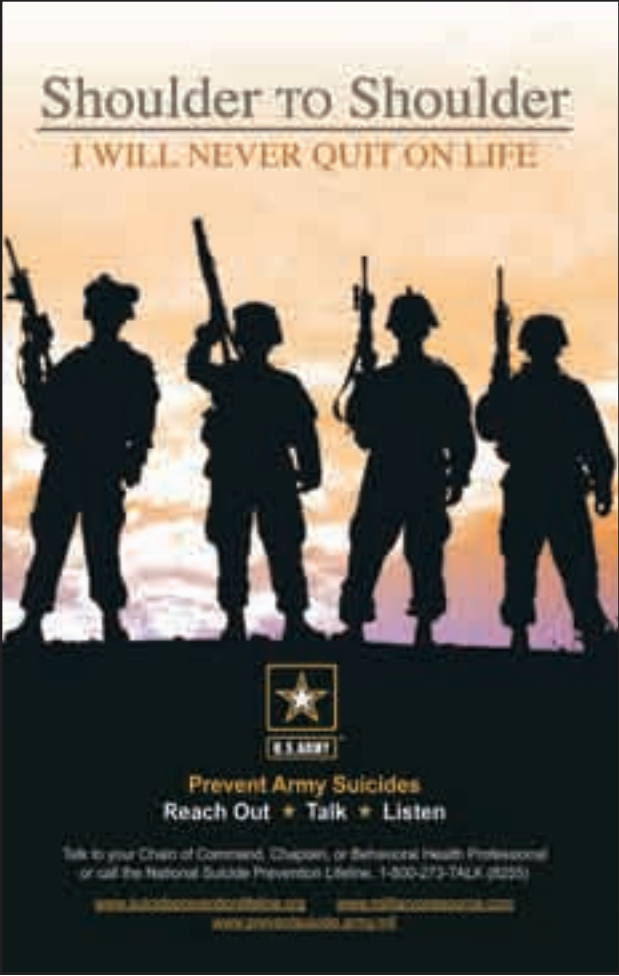
"We did. I just wish he wouldn't have done it," he said.

Powell said all the Soldiers who deployed with him were the first to respond and it even caught the Soldier's brother off-guard.

"It's that Army thing. It's that deployment thing That was a serious suicide attempt. He took the pictures right after he cut himself. They were pretty deep cuts. If he wouldn't have posted those pictures, nobody would've known," he said.

Powell said the NCO in the Soldier's unit told him he was the second person to call about the suicide attempt and check on the wellbeing of the Soldier.

Powell said that's what he would hope for. "Do something. Don't assume someone else is going to take action. You take action," he said.



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OCTOBER 9, 2014

UNDEFEATED

Dirty Birds take down Unknown

By Nathan Pfau
Army Flier Staff Writer

Although this year's Fort Rucker Intramural Football season will be shorter than usual, this year's teams aren't holding back when it comes to fierce competition.

The Dirty Birds of 1-58th Airfield Operations Battalion took on Unknown, which was made of up Soldiers from multiple units, during a game at the Fort Rucker Physical Fitness Center football field Tuesday that kept spectators and players on the edge of their seats.

With literally a last second touchdown to tie the game, the Unknowns pushed the game into overtime for a chance to take the win, but it was Dirty Birds who came out on top, pulling out a win, 32-26, to remain undefeated so far in the season.

"We had a good game, and even though our quarterback had a rough night we still stayed strong and we got that much-needed win," said Pvt. 1st Class Kenneth Saucedo, Dirty Birds team captain.

Dirty Birds were down by two touchdowns early in the game, but Saucedo said his team's ability to work together helped them pull through.

"We just stayed strong. We know our talents and our capabilities, so we just had faith in our team and gave it our all," he said. "One of our biggest strengths is that we're resilient, and because of that we're able to get the

win and we're going to take it all the way."

Dirty Birds received at the kickoff, but started off slow with a short return. Their quarterback didn't seem able to connect with his receivers, and they weren't able to secure a first down and gave possession to their opponents within minutes.

Unknown was fairing much better with multiple completions that allowed them to push downfield toward the opposing goal line. Although Dirty Bird's defense held strong, it wasn't strong enough to keep their opponent's from a first down to get within 10 yards of the goal line.

The 1-58th AOB team managed to hold Unknown back to a fourth down, but a pass to Stephen Stahl, Unknown player, sealed their first touchdown, and with a successful two-point conversion, gave them a healthy lead to start.

As Dirty Birds received, they pushed aggressively toward the end zone and managed to get within 10-yards of the goal line, but an interception in the end zone returned possession back to Unknown, who took advantage of their fortune and pushed hard for first downs.

From the opposing 30-yard line, a Hail Mary pass to Will Knight, player for Unknown, locked in their second touchdown, securing their lead, 14-0.

Dirty Birds had their work cut out for them with minutes remaining



PHOTO BY NATHAN PFU

Javier Sustrate, player for Unknown, pushes past opposing team members as he runs the ball during an intramural football game at the Fort Rucker Physical Fitness Center football field Tuesday.

in the half and it would be multiple turnovers before the 1-58th AOB team saw any progress.

With less than a minute remaining in the half, down by two touchdowns, Dirty Birds had to pull out all their tricks to get back in the game, and they did just that with a 20-yard pass to Emmanuel Stallworth, Dirty Birds player, who ran into the end zone for the team's first touchdown.

They decided to go for the two-point conversion, but were unsuccessful.

Now, with only seconds remaining and Unknown in possession, Dirty Birds had a small window to turn things around before the end of

the half, and they accomplished that feat with an interception during their opponent's first play that allowed them to run the ball all the way in for their second touchdown.

Again they went for the two-point conversion, but were unsuccessful and trailed their opponents by two points.

The stakes were raised going into the second half as both teams hit their stride, and although Unknown received to start the half, the Dirty Birds' defense managed to hold them back and forced a turnover at their 7-yard line.

Luck wasn't on their side, however, as the 1-58th AOB's quarterback

threw another interception to return possession to Unknown, who took advantage of the situation and managed their third touchdown within the next few plays to extend their lead, 20-12.

Dirty Birds came back aggressively, though, and managed another touchdown to keep on their opponent's heels. Their defense managed to tighten up and force another turnover, which gave the 1-58th AOB the chance the break through Unknown's defense.

And break through they did as they slipped through their opponent's cracks for their fourth touchdown to take the lead for the first time in the game, 26-20.

It was still anybody's game with less than 30 seconds on the clock, and Unknown was determined not to go down without a fight.

They pushed hard toward the opposing goal line with complete pass after complete pass for the first down. With only seven seconds remaining, Unknown was within 20 yards of the end zone, and one final pass put them on the 1-yard line with less than one second remaining in the game.

Unknown managed to run in for their final touchdown to tie the game, but were unsuccessful in their 2-point conversion attempt, which sent the game into overtime.

During overtime, each team had four downs to score, but it was Dirty Birds who were able to push through and score to win, 32-26.

POLICY CHANGE

Hydrocodone meds require new prescriptions

By Katherine Rosario
Lyster Army Health Clinic Public Affairs

A new ruling from the Federal Drug Administration and the Drug Enforcement Administration went into effect Monday that changes the way patients can receive prescription Hydrocodone and Hydrocodone products.

Prescriptions for medications containing Hydrocodone products no longer come with refills. Refills on current Hydrocodone medications expired Monday. A new prescription needs to be written each time by the patient's primary care manager or specialist.

"Each time a patient needs this medication, they will need to either make an appointment or request a phone consult with their primary care manger, or send them a message through Secure Messaging," said Tai Bolaji, chief of the pharmacy at Lyster Army Health Clinic. "The same rules apply for patients seen out in the network.

"We apologize for any inconvenience this may cause, however, Lyster must



DEA PHOTO

comply with the new Food and Drug Administration and Drug Enforcement Administration regulations that were put forth to ensure the health and safety of our patients," Bolaji said.

In August, Tramadol was also limited by the FDA from its original yearly refill to a six-month limit on refills. One prescription plus five refills can be written at once and the refills expire six months from the date the first prescription is filled.

For more information about the changes, call 255-7178.

Army wins Chairman's Cup

Army News Service
Staff Report

(Editor's note: A news release from the Warrior Transition Command contributed significantly to this article, as did an earlier report from ARNEWS correspondent J.D. Leipold.)

WASHINGTON — Winning a total of 71 medals, the Army team took home the prestigious Chairman's Cup Saturday from the 5th annual Warrior Games in Colorado Springs, Colorado.

The Chairman's Cup is awarded to the top overall service branch at the Warrior Games and it's a prize that the Marine Corps had claimed for the first four years of the games.

This year, the Army team of 40 wounded, ill, and injured Soldiers and veterans earned 17 more medals than the Marines, who finished with a total of 54. Army athletes took home 23 gold medals, 27 silver and 21 bronze in seven adaptive sports.

Army's medal run began Sept. 29 with two gold and two silver medals in cycling. Then on Tuesday, Army surged into the lead with 27 medals in the swimming



PHOTO BY EJ HERSOM

Chairman of the Joint Chiefs of Staff Gen. Martin E. Dempsey raises the 2014 Warrior Games Commanders Cup with Adm. Harry B. Harris, commander of the Pacific Fleet, during a presentation for Warrior Games athletes.

competition. Active-duty 1st Lt. Kelly Elmlinger took three of Army's seven golds, placing first in the three classes she entered: women's 50-meter freestyle, 100-meter freestyle and the 50-meter backstroke.

SEE CUP, PAGE D3

PIGSKIN PICKS



	Indianapolis vs. Houston	Pittsburgh vs. Cleveland	Green Bay vs. Miami	Chicago vs. Atlanta	Dallas vs. Seattle	NY Giants vs. Philadelphia	San Francisco vs. St. Louis
 Col. Tom von Eschenbach FCM UAS (22-13)							
 Jim Hughes PAO (22-13)							
 Brian Jackson EMUWR (15-20)							
 Capt. Mike Simmons DPS (18-17)							
 Sharon Storti NEC (21-14)							

DOWN TIME



Just Like Cats & Dogs

by Dave T. Philippe



Comic strip by Dave T. Philippe



by Fifi Rodriguez

TRIVIA

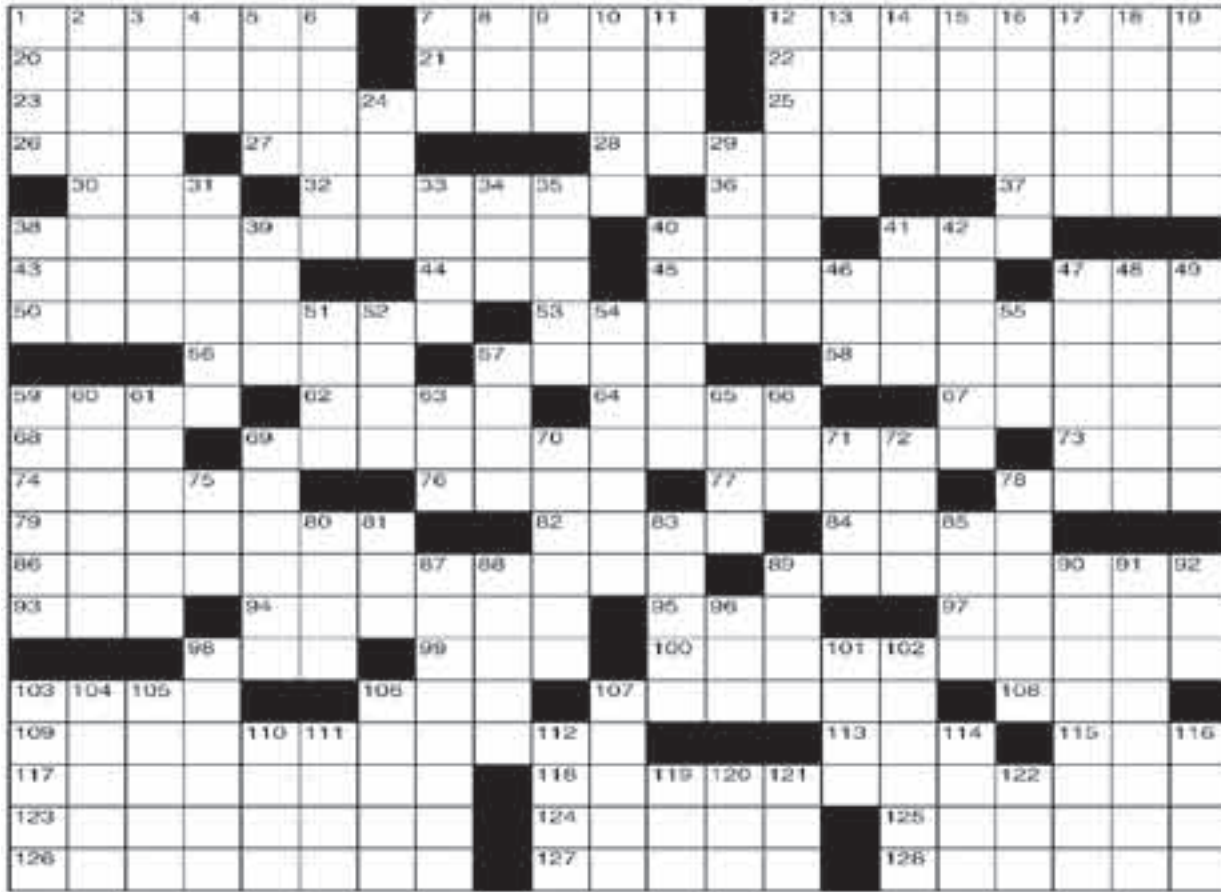
1. GAMES: How many squares are on a chess board?
2. GENERAL KNOWLEDGE: What is the common name for sodium bicarbonate?
3. MEDICAL: What does the acronym stand for in the term "CAT scan"?
4. MUSIC: What nationality was Chopin?
5. GEOGRAPHY: The Dolomites mountain chain is located in what country?
6. HISTORY: Which U.S. state was the last to secede in the Civil War and the first to be readmitted to the union?
7. PHOBIAS: What fear is represented by the condition called astrophobia?
8. LANGUAGE: What are "bangers" in British slang?
9. ANIMAL KINGDOM: What is a group of rhinoceroses called?
10. TELEVISION: What were the names of the two main characters in the "Gilmore Girls"?

See Page D4 for this week's answers.

Super Crossword

"I LIKE YOUR STYLE"

- ACROSS**
1. Decorated military pilot
 7. Teacher of Jewish law
 12. Enter private land
 20. More wicked
 21. Israeli leader — Sharon
 22. Puerto — (Mexican resort)
 23. Take part in a Halloween tradition
 25. Dollar, in slang
 26. Big —, California
 27. Wit
 28. Stage lighting technique
 30. Dovish murmur
 32. Barely visible
 36. Forkful, e.g.
 37. Actress Chase
 38. Thick-piled 96-Down
 40. Partakes of
 41. Runway guess: Abbr.
 43. Prolific inventor: Nikola
 44. Pindar's H
 45. Ends early, as a mission
 47. Suffix with priest
 50. Rough figure
 53. Developing fetus, slangily
 56. Captain of Verna's
 57. "F-60" ziner
 58. Tidal mouth of a river
 59. "Gosh darn!"
 62. Arabian nation
 64. Dr. Seuss' —-um
 67. One- — (biased)
 68. — Z
 69. What a burnt child does, in an old proverb
 73. Propyl ending
 74. Not a single soul
 76. Pet dog in "The Thin Man"
 77. Like pets
 78. Title in Uncle Remus stories
 79. Not stored on disk, say
 82. Mystery writer — Stanley Gardner
 84. It flows to the Rhine
 86. Nickname of Utah
 89. Berate loudly
 93. Wood and Wynn
 94. Wrist-related
 95. Quadri- less one
 97. Wipe the chalk from
 98. Singer Folds
 99. Toys — (kids' chain)
 100. Second men on the moon
 103. Moneyless
 106. 100-yr. stretch
 107. Sea east of Greece
 108. Former jet to the U.K.
 109. Like the languages Hebrew and Somali
 113. Gear part
 115. Astonishment
 117. Yardsbok
 118. Region between the Adirondacks and Catskills
 123. Prison term
 124. Utah city
 125. Realm
 126. Give rise to
 127. Skulking sort
 128. Not as great
- DOWN**
1. Bug trappers
 2. Affirms
 3. Hearty beef cut
 4. Siloam ET
 5. Co. beggers
 6. Typo list
 7. Ice-T's music
 8. Dada artist
 9. Cartoonist Keane
 10. Muscular
 11. She visited Rick's place
 12. Premiere-to-finish period
 13. "Something to Talk About" singer
 14. Salts' saint
 15. Untidy sort
 16. Ashy-faced
 17. "You're — pall"
 18. Inventory
 19. Kraft coffee brand
 24. Golden — (senior)
 29. Abu — (emirate)
 31. Leering
 33. Fol's relative
 34. Fish snarer
 35. Skewers, e.g.
 38. Mlle., who's canonized
 39. Showed up
 40. TV's "Montana"
 41. Ordinal number suffixes
 42. Menacing fly
 46. No. on a map
 47. Dodgy type?
 48. Tranquil
 49. Best poet
 51. Love, in Lima
 52. Bulky book
 54. Suddenly rich sort
 55. Yes, to Yves
 57. See 72-Down
 59. Urm's river
 60. Made right
 61. Snaring loops
 63. Motorist's gp.
 65. Aliot
 66. "— tree falls"
 69. Contraption
 70. Piffers
 71. Computer since 1998
 72. With 57-Down, bangs into from behind
 75. "knay"
 78. Vandykes
 80. Politico Bayh
 81. Article in Ulm
 83. Stop bugging
 85. Film segment
 87. Butter knife, frequently
 88. Tease
 89. Shirt tag info
 90. Trumpeter Wynton
 91. So to speak
 92. A fifth of fifty
 96. Wall-to-wall, for one
 98. "Jane Eyre" novelist
 101. Baseball Hall of Famer
 102. Words after many fiction book titles
 103. Out-of-date
 104. Many a time
 105. Chimp cousin
 106. Mythical enchantress
 107. Oak starter
 110. Yemen port
 111. Shore grains
 112. Little demons
 114. Clue is one
 116. Leering sort
 119. Sod buster
 120. Gardner of films
 121. Moo shu pan
 122. Hi-fi platters



See Page D4 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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See Page D4 for this week's answers.

KID's CORNER



Nothing stops Warrior Games athlete

By Caitlin E. Morrison
Army Medicine

COLORADO SPRINGS, Colo. — “I built a box the size of the 10-ring target and then would shoot from my dining room, through the kitchen and into the living room,” explained Wounded Warrior athlete and retired Soldier participating in the Warrior Games.

Retired Maj. John Arbino, who let no obstacle stand in his path to practicing shooting an air rifle, returned to Colorado Springs this year for his second Warrior Games, where he took gold once again in standing air rifle, SH1 category.

He began competitive shooting through his Warrior Transition Battalion at Fort Belvoir, Virginia, then trained at Fort Benning, Georgia, with the Army Marksmanship Unit just a few months prior to his first Warrior Games.

“I had no idea what I was getting myself into,” Arbino laughed. “But I was invited back to the camp and the rest is history.”

Originally, Arbino joined the Army Warrior Games team as a wheelchair track racer. He had to log practice hours at Fort Belvoir in order to qualify, but had a tough time finding a place to train.



PHOTO BY SGT. SARA WAKAI

Retired Maj. John Arbino readies his rifle in the final round of competition at the 2014 Warrior Games.

“I would ride three miles inside a parking garage,” he explained. “Every time I passed the pillar

at the beginning I would make a chalk mark. At one point I had 200 marks.”

Arbino’s creative solutions to training problems don’t stop there. Competitive shooters often have

difficulty finding compressed air for their air rifles and pistols. Arbino went to Fort Eustis near his home in Virginia, knowing that they have an Army diving team.

“They built a special connection piece for me to hook onto their machines for filling scuba tanks,” said Arbino. He keeps this device with him and heads down to their air supply every few weeks to sustain his training regimen.

After earning his Level 1-coaching certification through the National Rifle Association, Arbino also began coaching a weekly junior shooting program for children ages 9-17, who are interested in the sport of competitive shooting.

Arbino’s clever training techniques and dedication to the sport undoubtedly helped him take home the gold two years in a row. After the announcer at the Olympic Shooting Center read off Arbino’s winning score, he was immediately surrounded by his family who came to Colorado to support him.

“It’s great having them here,” he said of his wife, son, mother, two sisters and brother-in-law. “It’s a lot of pressure knowing they are right behind me, but it’s also really good to know that they are right behind me.”

Wheelchair racer all about hard work

By Anna V. Eisenburg
Army Medicine

COLORADO SPRINGS, Colo. — Cupped in the rough hands of the Rocky Mountains, the track at Gerry Barry Stadium opened up to a cloudless sky October 2 with a light chill clinging to the athletes as they lined their racing wheelchairs up at the starting line – the 100-meter dash was about to begin.

First Lt. Kelly Elmlinger, from the Warrior Transition Battalion at Fort Sam Houston, Texas, seemed perfectly in place as she lined up with her fellow racers at the starting line – athletes representing the Marine Corps, Special Operations Command and the Navy/Coast Guard. The lone Army athlete, one other aspect set Elmlinger apart: she was the only female racer.

“I’m here to compete,” Elmlinger said



PHOTO BY SGT. ROBERT STALKER

First Lt. Kelly Elmlinger, with the Warrior Transition Battalion at Fort Sam Houston, Texas, a member of the Army team, celebrates after finishing the woman’s 100 open event for the 2014 Warrior Games at the U.S. Olympic Training Center, Colorado Springs, Colorado, Oct. 2.

as she lay on her back stretching before her race. “I watched my dad work hard. Whatever you do, you work hard at it.”

As she rotated her arms to loosen up

her shoulders, she added, “just like this race. Regardless of whether it’s males or females who are out there, you’ve got to work hard.”

Rodney Carson, the Army’s head coach for track, watched from the side of the track as Elmlinger worked her way into her racing wheelchair.

“We’re expecting the best out of her today,” Carson said. “She’s a great competitor. It’s all hard work and sweat. She’s put in the hard work and the sweat.”

Carson, who has worked with the Army’s track team for two years, feels that “it’s an honor and a privilege to be a part of Warrior Games.”

As for working with the Army athletes, Carson said, “they’re hard-wired to never stop. Their attitude – they come with such a positive attitude.”

The starting gun fired and the racers ex-

ploded onto the track. Elmlinger and two Marines led the pack.

“Go Kelly!” her supporters screamed. Among them was Elmlinger’s young daughter. “She knows things have changed,” Elmlinger said before her race began. “At the same time, I am able to show her that just because something bad or traumatic happens doesn’t mean you have to give up.”

A few minutes after the race, Elmlinger warmed up for her next event on the track.

“You got second!” Carson yelled out to her when he heard the news. Elmlinger smiled at him as she rolled past, not stopping for a second. She had work to do.

Once again the only woman, once again the only Army athlete, once again only one thing on her mind: “you’ve got to work hard.”

Cup: Army takes 1st competition medals in archery, volleyball

Continued from Page D1

Teammate Army Reserve Sgt. Kawaiola Nahale grabbed gold in the 50-meter breaststroke, and three silvers in the 50-meter backstroke, 50-meter and 100-meter freestyle.

In the men’s competition, medically retired Maj. Raymond O’Donnell captured golds in the 50-meter freestyle and the 50-meter backstroke. He also snatched up three silvers in the 100-meter freestyle, 50-meter backstroke and the 50-meter breast stroke. Combat medic Master Sgt. Rhodeen Galloway brought home one gold, two silvers and a bronze medal.

“Being able to come here today and represent the Army in swimming meant a lot to me, it shows how far I’ve progressed. I’ve come full circle since having much of my body rebuilt,” said O’Donnell, whose pel-

vis and hips were shattered and his spinal cord damaged when he was thrown from his Humvee while serving as an adviser in Afghanistan.

“These Warrior Games are an incredible platform for us to go out there and compete with our brothers and sisters from the other branches of the service,” O’Donnell said.

Oct. 1, Army earned the first team medals with gold in archery and a bronze in sitting volleyball. Army archers also took four individual medals.

Oct. 2, Army athletes took 30 medals in track and field. Army swept the women’s 1,500-meter run with Katie Kuiper earning gold, Samatha Goldnstein silver and Anne Oravec bronze. Army also swept the women’s shot put with Monica Southall taking gold, Kadina Baldwin silver and Jessica Brennan bronze.

Army’s Michael Smith earned four

golds – he won the 100-meter dash, 200-meter competition and 400-meter dash. He also captured the men’s discus-throw gold with a final of 28.52 meters. Army’s Kelly Elmlinger also tied for a silver in the mixed 100-meter dash with a 20.84-second run.

Friday, the Army took four medals in shooting and a silver in wheelchair basketball, where the Marines finally bested the Army, 43-30.

“Over the past five years, the Warrior Games have been a celebration of overcoming great adversity and a representation of the strength and the heart of all American service members,” said Col. Chris Toner, commander of the U.S. Army Warrior Transition Command, and assistant surgeon general for Warrior Care and Transition.

“Army athletes showed true commitment and dedication to their sport. They exemplify our warrior ethos of never giving up.

I am left forever impacted by the champion performance of all of the athletes over the past week of competition. Congratulations to each of you on your victories and winning this year’s Chairman’s Cup,” Toner said.

The Chairman’s Cup was presented to Army team captain Frank Barroquero by Chairman of the Joint Chiefs of Staff Gen. Martin Dempsey prior to the Air Force-Navy football game Saturday at the Air Force Academy’s Falcon Stadium in Colorado Springs.

The overall medal count for the 2014 Warrior Games is below.

- Army: 71 medals.
- Marine Corps: 54 medals.
- Air Force: 48 medals.
- Navy/Coast Guard: 28 medals.
- Special Operations Command: 22 medals.

PIGSKIN PICKS 		Georgia vs. Missouri		Rice vs. Army		Auburn vs. Mississippi State		Oregon vs. UCLA		Penn State vs. Michigan		ISU vs. Florida		Ole Miss vs. Texas A&M	
	David C. Agan Jr. IAO (20-15)														
	Kent Anger, DPTMS (20-15)														
	Sgt. 1st Class Brian Brenner NCGA (21-14)														
	Wes Hamilton NEC (20-15)														
	John Tkac DPS (26-9)														

SPORTS BRIEFS

10-Mile Team sendoff
The Fort Rucker Directorate of Family, and Morale, Welfare and Recreation invites the community to a meet-and-greet and send off for the Fort Rucker Army Ten-Mile team today from 5:30-6 p.m. at The Landing Zone. Light snacks will be available. Community members are invited to join in the celebratory sendoff and offer best wishes to the team as they endeavor for excellence at the 2014 Army Ten Mile run in Washington, D.C. The Landing Zone will also feature its \$5 burger and fries special today from 4-8 p.m.
For additional information on the Army Ten Mile team, call 255-2296.

Wounded Warrior Fall Hunt
Fort Rucker's Outdoor Recreation will host the wrap-up for the Wounded Warrior Fall Hunt Saturday starting at 10 a.m. Participants and community members are invited to Lake Tholocco's West Beach for door prize giveaways. Community members can purchase \$5 door prize tickets at the ODR Service Center and Directorate of Family, Morale, Welfare and Recreation Central in Bldg. 5700 (located in the former Leisure Travel area).
For more information on hunting on Fort Rucker and the Wounded Warrior Fall Hunt, call 255-4305 or visit www.ftruckerfwhr.com.

Youth basketball registration
Fort Rucker Child, Youth and School Services' Youth Sports Fall Basketball registration continues through Oct. 31. Cost will be \$40 to participate and additional children will receive a percentage discount to be determined at parent central services during registration. A current sports physical and a valid CYSS registration are required to participate. Children must meet age requirements by Sept. 1, 2014. There will be a parents meeting Nov. 12 at 6 p.m. at the youth center gymnasium, Bldg. 2800 on Seventh Avenue.
Also, coaches are needed. People interested

can call youth sports at 255-2257 or 255-2254. For more information and to register, call 255-2257, 255-2254 or 255-9638.

Enterprise baseball
Enterprise's semi-pro baseball is need of players. For more information on the team, call 347-4275 or 464-1729.

Stars and Strikes
Rucker Lanes will host its Stars and Strikes Monday from 10 a.m. to 10 p.m. People can bowl for 25-cents per person and get 25-cent shoe rentals.
For more information, call 255-9503.

Big Buck Contest
Outdoor recreation will host its Big Buck Contest from Oct. 18-Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck and it must be harvested on Fort Rucker to qualify for the contest. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card. For more information and to register, call 255-4305.

Glow Ball night golf tournament
Silver Wings Golf Course will host its Glow Ball night golf event Oct. 24. People can sign up individually or by foursome. Glow balls will be provided. This is a four-person, 18-hole Captain's Choice (Scramble) tournament. Nine holes will be played in the daylight, then a break for dinner and then nine holes will be played at night. People need to register for the tournament by 5 p.m. Oct. 23. The field is limited to the first 72 people to sign up. Cost is \$45 for course members and \$55 for non-members. Fee includes cart and green fees, glow balls, range balls, meal and prizes.
For a complete schedule or to get more information, call 598-2449.

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PUZZLE ANSWERS

Super Crossword

Answers

WARACE	RABBIT	TRESPASS
EVILERS	ARIEL	VALLARTA
BOB	FOR	APPLES
SUR	SAG	FADET
COO	TEENSY	HAT
SHAG	CARPET	HAS
TESLA	ETA	ABORTS
ESTIMATE	BUN	IN
NEMO	ESPN	ESTUARY
DANG	OMAN	SAMI
ATO	DREAD	HE
NOONE	ASTA	TAME
UNSAVED	ERLE	AARE
BEEHIVE	STATE	SCREAM
EDS	CARPAL	TRI
BBEN	RUS	BUZZ
POOR	GENT	AGEAN
AFRO	AS	ATIC
STANDARD	MOHAWK	VALLEY
SENTENCE	PROVO	EMPIRE
ENGENDER	SNEAK	LESSER

Weekly SUDOKU

Answer:

9	5	3	1	7	8	6	2	4
4	6	2	9	8	3	1	7	5
1	8	7	5	2	4	9	3	6
2	1	9	3	4	8	5	6	7
5	4	6	2	9	7	3	1	8
7	3	8	6	1	5	2	4	9
3	2	4	8	5	9	7	6	1
6	9	5	7	3	1	4	8	2
8	7	1	4	6	2	5	9	3

TRIVIA

Answers:

1. 64
2. Baking soda
3. Computerized Axial Tomography
4. Polka
5. Italy
6. Tennessee
7. A fear of outer space
8. Sausages
9. Karate
10. Lorelai and Rory Gilmore

A

♥

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

Care for your buddy

- Calmly control the situation; do not use force; be safe
- Actively listen to show understanding and produce relief
- Remove any means that could be used for self-injury

Escort your buddy

- Never leave your buddy alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider
- Call the National Suicide Prevention Lifeline

National Suicide Prevention Lifeline: 1-800-273-8255 (TALK)

USAPHC <http://phc.army.mil>

♥

A

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