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Unified Quest examines fall of 'megacity'

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Post starts bus tours to help learn about new home

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Bowling leagues designed for all ages

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FORT RUCKER ★ ALABAMA

AUGUST 21, 2014

END OF AN ERA

Last OH-58D Kiowa Aviator class to graduate

By Nathan Pfau Army Flier Staff Writer

A legacy decades in the making is coming to an end as eight students from Fort Rucker's last OH-58D Kiowa Warrior class prepare to graduate.

Class 14-002 is the last OH-58D Kiowa Warrior class scheduled to go through Fort Rucker, and Soldiers completed their final tests and check rides Friday as their Sept. 4 graduation day approaches, according to CW3 Nate Weber, C Troop, 1st Battalion, 14th Aviation Regiment.

The Kiowa Warrior has been the Army's primary scout helicopter since the mid 1990s, said Weber, and has earned that right because of its maneuverability

"The OH-58D replaced the Cobra helicopter – it's small, it's quiet and it's the only single-engine aircraft in the conventional Army's inventory," he said. "It's extremely quiet compared to most other airframes and that's due to its size -(they're) designed to not be seen."

The eight students have gone through months of training for the airframe, from learning about the Kiowa Warrior in the classroom, right up to taking the birds up

SEE KIOWA, PAGE A5



Second Lt. Larry Homan, OH-58D student pilot, performs preflight checks before taking the helm of an OH-58D Kiowa Warrior at Hanchey Army Heliport Monday. Homan is part of the last OH-58D class

SLINGLOAD

Staff Sgt. Eric Ruffin Jr., Headquarters and Headquarters Company, 1-58th Airfield Operations Battalion, and Sgt. Christian Johnson ATC Company, 1-58th AOB, connect rigs to a CH-47 Chinook during sling-load training Aug. 11 while WO1 Timothy G. Alger, ATC Company, 1-58th AOB, looks on. For more photos and the full story, see Page A3.

SHOWTIME

Soldier Show entertains, educates crowd

By Nathan Pfau

Army Flier Staff Writer

Spectacular stage lights, high notes and high-energy dance moves are just some of the experiences that the Wiregrass community was treated to during the 2014 U.S. Army Soldier Show this year.

This year's show returned to Enterprise High School's Performing Arts Center Aug. 12 and 13 and had audience members singing and dancing along during the 1 ½-hour show that not only entertained, but educated on hardhitting issues that plague the Army and society as a whole.

The show featured a myriad of hits from today and yesteryear, and coupled amazing vocals with dazzling dance moves that kept the audience fully engaged throughout the performance.

Shannon Stokes, Enterprise native, said that the show was a treat for her and her Family, who rarely

get to see performances of this caliber.

"This really was an amazing treat for my Family and me because there isn't really anything like this around here," she said. "We don't get to travel too often, so for the Soldier Show to come here and perform and share the Army's story really opens our eyes to what's out there beyond our scope."

The show focused on the theme, "Stand Strong," and through that theme the performances conveyed different struggles that Soldiers and Family members might endure in Army life.

"Stand Strong' still

deals with Army resiliency, so we talk about our sponsorship program, we do a Gold Star Family tribute, hit on suicide prevention, sexual harassment and rape prevention training, physical fitness training – just a host of different themes," said Sgt. 1st Class Freddy McDuffy, NCOIC of the U.S. Army Soldier Show. "The show goes over things that Soldiers and Family members endure, such as deployments and other hard times."

It's those themes and underlying messages that make the show more than just entertaining, but informative.

"They tackled some really tough questions and tough issues (during the show), and I thought they did that ... with dignity and with a lot of really well thought out themes to bring about some really relevant issues that we have today," said Russell B. Hall, U.S. Army Aviation Center of Excellence and Fort Rucker deputy to the commanding general. "A lot of these aren't just Army issues, they're national issues, and we have to take care of our men and women. I thought it was well done - emotional, tough, but spot on."

SEE SHOWTIME, PAGE A5



Soldiers of the 2014 U.S. Army Soldier Show perform for a packed audience at the Enterprise High School Performing Arts Center Aug 12.

600-plus attend annual job fair

By Sara E. Martin Army Flier Staff Writer

More than 600 job hunters descended upon the 11th annual Fort Rucker Area Job Fair Aug. 13 as people were interviewing, sharing resumes and exploring the jobs that the 49 vendors in attendance had to offer at the event in the Ozark

"We have seen every one from Soldiers to Family members to retirees to civilians. Everyone is taking advantage of this great opportunity and I am happy about that," said Alfred Alexander, Soldier for Life contract installation manager. "It is not only about the Soldier, it is also about building community relations."

Alexander said it is important for Soldiers to go to events like the job fair even if they are not getting out of the Army for a year or more because it gives them the experience of what a job search is all about – how to talk to and meet potential employers, who to hand their resumes to and how to network.

The fair was hosted by the Fort Rucker Soldier for Life Program, Army Community Service and the Ozark Area Chamber of Commerce. Some of the attending companies included the City of Dothan, URS Federal Services, Bureau of Diplomatic Security, Hillsborough County Sheriff's Office, Personnel Resources, Manpower and Regions Bank.

Large tables were set aside for people to use to fill out applications, and many in attendance appreciated the effort organizers put into the event.

"This is a great way to get your feet wet and practice you're interviewing, because a lot of these vendors are ready to hire you on the spot. You can gain so much just from attending," said Maj. Timothy Mitchell, 1-58th Airfield Operations Battalion, who is planning to retire next year. "Fort Rucker often partners with other communities and we all know it is big on being a part of the overall team. This program goes a long way with communicating the Army's commitment to not only Army Families but the surrounding communities as well."

Mitchell said that he went to last year's job fair as well to ensure he has a job once his retirement day arrives.

"I have found that many of these vendors will pass on your information to other companies that are not here, and that is almost invaluable. I like this job fair because there are many vendors that are looking for people with my skill set, so Soldiers really need to take advantage of it next year," he said.

Mitchell added that he connected with a few representatives that he had spoken to over the phone, and it was great to make that face-to-face connection with potential employers.

"I think this event will help keep my name and my resume at the forefront of their minds, and I am thankful for that,"

Mitchell was not the only military member in the crowd looking for civilian employment. Col. Stanley Smith, currently on transition leave from the Army, said that he wanted to try his hand at the job fair because he is "way too young to not have a job."

"I knew dozens of employers would be here in my field, so what better place to look for a job than here?" he said.

Taryn Rose, an Army spouse looking for a human resources job, said the fair was just what she needed after returning from being stationed in Germany for three years.

"I have found that if you're looking for a job in this climate you have to have a lot of patience and do a lot of networking, and I am doing my networking today for sure," she said. "Having an event like this is awesome. I did my research before I came so I am stopping at the booths that I know will be looking for people with my experience. And even though I haven't been offered a job yet, I am closer to getting one now than I was yesterday."

PERSPECTIVE

Drowning doesn't look like drowning

By retired U.S. Coast Guard CW2 Mario Vittone *Norfolk, Va.*

(Editor's note: This article is courtesy of the U.S. Army Combat Readiness/Safety Center.)

The new captain jumped from the deck, fully dressed, and sprinted through the water. A former lifeguard, he kept his eyes on his victim as he headed straight for the couple swimming between their anchored Sportfisher and the shore.

"I think he thinks you're drowning," the husband said to his wife. They were splashing each other and she had screamed, but now they were just standing on the sand bar in neck-deep water.

"We're fine, what is he doing?" she asked, a little annoyed. "We're fine!" the husband yelled, waving him off, but the captain kept swimming hard.

"Move!" the captain barked as he hurried past the stunned owners. Directly behind them, not 10 feet away, their 9-year-old daughter was drowning. Safely above the surface in the arms of the captain, she burst into tears, "Daddy!"

How did this captain know – from 50 feet away – what the father couldn't recognize from just 10? Drowning is not the violent, splashing call for help most people expect. The captain was trained by experts to recognize drowning and had years of experience. The father, on the other hand, learned what drowning looks like by watching television

If you spend time on or near the water (hint, that's all of us) then you should make sure you and your crew know what to look for when people enter the water. Until she cried a tearful, "Daddy," the girl hadn't made a sound.

As a former Coast Guard res-



COURTESY FLICKR PHOT

When participating in any type of water-related activity, it is important to identify the hazards and to know your limits. In just minutes, even strong swimmers can tire rapidly in cold water and become unable to help themselves. From FY08 - FY12, the Army lost an average of six Soldiers per year to off-duty, water-related activities.

cue swimmer, I wasn't surprised at all by this story. Drowning is almost always a deceptively quiet event. The waving, splashing and yelling that dramatic conditioning (read: television) prepares us to look for is rarely seen in real life.

The Instinctive Drowning Response – named by Francesco A. Pia, Ph.D. – is what people do to avoid actual or perceived suffocation in the water. And it does not look like most people would expect. There is very little splashing, no waving and no yelling or calls for help of any kind. To get an idea of just how quiet and undramatic from the surface drowning can be, consider this: It is the No. 2 cause of accidental death in children ages 15 and under (just behind vehicle accidents). What's more, of the approximately 750 children who will drown next year, about 375 of them will do so within 25 yards of a parent or other adult. In some of those

drownings, the adult will actually watch them do it, having no idea it was happening. Drowning does not look like drowning.

Pia, in an article in the fall 2006 issue of the Coast Guard's "On Scene" magazine, described the Instinctive Drowning Response like this:

1. Except in rare circumstances, drowning people are physiologically unable to call out for help. The respiratory system was designed for breathing. Speech is the secondary or overlaid function. Breathing must be fulfilled before speech occurs.

2. Drowning people's mouths alternately sink below and reappear above the surface of the water. The mouths of drowning people are not above the surface of the water long enough for them to exhale, inhale and call out for help. When drowning people's mouths are above the surface, they exhale and inhale quickly as their mouths start to sink below

the surface of the water.

3. Drowning people cannot wave for help. Nature instinctively forces them to extend their arms laterally and press down on the water's surface. Pressing down on the surface of the water permits drowning people to leverage their bodies so they can lift their mouths out of the water to breathe.

4. Throughout the Instinctive Drowning Response, drowning people cannot voluntarily control their arm movements. Physiologically, drowning people who are struggling on the surface of the water cannot stop drowning and perform voluntary movements such as waving for help, moving toward a rescuer or reaching out for a piece of rescue equipment.

5. From beginning to end of the Instinctive Drowning Response, people's bodies remain upright in the water with no evidence of a supporting kick. Unless rescued by a trained lifeguard, these

drowning people can only struggle on the surface of the water for 20 to 60 seconds before submersion occurs.

However, this doesn't mean that a person who is yelling for help and thrashing isn't in real trouble. They are experiencing aquatic distress. Not always present before the Instinctive Drowning Response, aquatic distress doesn't last long. But unlike true drowning, these victims can still assist in their own rescue by grabbing lifelines, throw rings, etc.

Look for these other signs of drowning when persons are in the water:

- Head low in the water, mouth at water level;
- Head tilted back with mouth open;
- Eyes glassy and empty, unable to focus;
- Eves closed:
- Hair over forehead or eyes;
- Not using legs, vertical;
- Hyperventilating or gasping;
 Trying to swim in a particular direction but not making headway;
- Trying to roll over on their back; and
- Appear to be climbing an invisible ladder.

So if a crewmember falls overboard and everything looks OK, don't be too sure. Sometimes the most common indication that someone is drowning is that they don't look like they're drowning. They may just look like they are treading water and looking up at the deck.

One way to be sure is to ask them, "Are you all right?" If they can answer at all, they are probably OK. If they return a blank stare, you may have less than 30 seconds to get to them to safety.

And parents, children playing in the water make noise. When they get quiet, you need to get to them and find out why.



Marriage 101, a premarital seminar and training, is held on the second and fourth Tuesdays and Wednesdays of each month from 1:30-4:30 p.m. at the Spiritual Life Center, Bldg. 8939. What are some simple things you do to maintain a healthy relationship with your significant other?



Sgt. America Prado, Advanced Leadership Course student

"Don't make the Army 100 percent of your life because Family is very important, and it's also important to be supportive."



Sgt. Jeff Kennedy, ALC student

"Do activities together and stay active, but give each other space as well."



Oliver Young, retired Navy "Talking and communication."

Sgt. Jacob Dummit, 6th Military Police Detachment

"Listen, and cooperate with your significant other."



Jonathan Pfau, civilian

"Make sure you do plenty of activities together, and do little things to let them know you're thinking about them, like asking how their day went."

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Jim Hughes
COMMAND INFORMATION OFFICER

David C. Agan Jr.

COMMAND INFORMATION OFFICER AS-

EDITORIAL STAFF

Jim Hughes

ACTING EDITOR.....255-123 jhughes@armyflier.com

Jeremy P. Henderson
SYSTEMS & DESIGN EDITOR... 255-2253

jhenderson@armyflier.com

Sara E. Martin

STAFF WRITER.....255-1240 smartin@armyflier.com

Nathan Pfau
STAFF WRITER

npfau@armyflier.com

BUSINESS OFFICE Robert T. Jesswein

PROJECT MANAGER......702-603
rjesswein@dothaneagle.com

Brenda Crosby

SALES MANAGER.....393-9715 bjcrosby@dothaneagle.com

Mable Ruttlen

DISPLAY ADVERTISING.............393-9713
mruttlen@eprisenow.com

Joan Ziglar
DISPLAY ADVERTISING.

DISPLAY ADVERTISING......393-9709 jziglar@eprisenow.com

CLASSIFIED ADS.....(800) 779-2557

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SPECIAL DELIVERY

1-58th AOB conducts sling-load training

By Sara E. Martin

Army Flier Staff Writer

Blending excitement with a dash of fear, Soldiers from the 1-58th Airfield Operations Battalion, Air Traffic Control Company battled powerful CH-47 Chinook rotorwash that pulled at their minds and bodies while taking on a sling-load training mission Aug. 11 and Friday.

The Soldiers were on a twoweek section field training exercise when the sling-load training took place, according to WO1 Timothy Alger, 1-58th AOB, ATC Company, and pick-up zone control officer.

The first week allowed the tactical air traffic controllers time for readiness level progression, as well as proficiency training with the system. The second week was more all encompassing - focusing on ATC, but including sling-load operations, air-assault operations, sectionlevel Aviation Resource Management Survey inspections and additional equipment training. This included Army Training and Leader Development (AR 350-1) and long-range communications.

"Today (Aug. 11) we are conducting sling-load operations with some of our pacing items, which are go-to-war, must-have items," said Alger. "Sling-load operations are a great mission for the Army and it is an important mission. We are practicing seizing key terrain and using the key terrain for the betterment of maneuver operations."

This was a weeklong operation, beginning Aug. 11 and ending Friday.

"(Aug. 11) we went into the field beginning with a sling-load operation. On (Aug. 13) they (received) a re-supply mission, which was very realistic. If we were seizing key terrain ahead of the forward line of troops we would be doing the same thing," said Alger, adding that these missions simulate actual overseas scenarios, and Soldiers were brought back Friday to complete the mission.

The AOB had two missions it was conducting during the week.

One team of Soldiers conducted tactical airspace integration system operations at Louisville Stagefield Army Heliport. A M1097 high mobility multipurpose wheeled vehicle was sling loaded, which was used to support their mission.

"Their mission is to flight follow a quarter of all the local military aircraft in the flying area. If they were to deploy, this is the type of operations they would be



PHOTOS BY SARA E. MARTIN

Sgt. Shaun Juman and Spc. Weston Wood, ATC Company, 1-58th AOB, unload equipment from a CH-47 Chinook before conducting sling-load operations Aug. 11.

conducting – talking to aircraft in their area and trading information," he said.

The other team sling loaded a tactical terminal control system and took control of the civilian airfield Florala Municipal Airport for the week.

"Conducting sling-load training will allow our unit to be successful in future expeditionary deployments, to possible austere and remote environments when supporting our unified action partners in the future," said the pick-up zone control officer. "Being a forward operation they could take and set up the airfield for refueling and rearming purposes."

Throughout the mission, both teams managed military and civilian aircraft in traffic patterns, refueling, landing and takeoff.

The unit completed its culminating training event in May, a benchmark that Alger said shows that the unit is ready to deploy. The airfield seizers that the unit conducted at Florala and Louisville validated all of the Soldiers air assault and sling-load training they have been working on.

Two of the most critical things Alger said the tactical air traffic controllers did during the mission was maintaining and advancing their readiness level progression, and learning hands



WO1 Timothy Alger, 1-58th AOB, ATC Company, watches as a CH-47 Chinook prepares to take off while a tactical terminal control system is sling-loaded below.

on why safety is paramount.

"Sling load operations have the potential to be a very dangerous task if Soldiers are not properly trained and equipped to conduct such a mission. The list of things that could go wrong run the gambit," he said.

Like many military operations,

danger during sling-load training is ever-present and comes from a variety of risk factors, such as rotorwash speeds of up to 100 miles per hour. And that is why safety is paramount and deeply ingrained into every part of the operation, Alger said.

"My organization takes safety

very seriously and uses deliberate risk assessment worksheets in conjunction with (the latest guidance) to ensure we are conducting safe operations on a daily basis," he said.

The 1-58th AOB ATC plans to continue to hold sling-load training for Soldiers every quarter.

News Briefs

ing center at Fort Rucker. People can ensure they have a voice in the

process by taking a survey at http://www.revparintl.com/fortrucker.

Eagle Rising ceremony

The Warrant Officer Career College will host an Order of the Eagle Rising Society induction ceremony Tuesday at 9:30 a.m. in the U.S. Army Aviation Museum. Retired CW4 Robert N. Cooper will be inducted into the society.

For more information, call 255-3399 or 255-2786.

Ancestry research

Fort Rucker's Religious Support Office, along with area experts, will provide an opportunity for people to learn more about searching for ancestors and why this past-time is gaining universal popularity during a free seminar entitled Understanding Our Stories from Stories of the Past On Aug. 28 at 7 p.m. at the Spiritual Life Center, Bladg. 8939. The seminar is open to anyone interested in learning how to discover their Family history through new and current research methods and technology. Childcare will be provided (call for reservations) and refreshments will be served.

For more information, call 255-3447.

Case lot sale

The Fort Rucker Commissary will hold a case lot sale Aug. 29-31. For more information, call 255-9177.

CFC kickoff

The Heart of Alabama Combined Federal Campaign kicks off Sept. 15 during a ceremony at 9 a.m. at The Landing. The annual charity fundraising campaign runs Sept. 15-Oct. 15. For more information, call 255-9261.

Clinic closure

Lyster Army Health Clinic will close at noon Sept. 19 instead of Sept. 17. The pharmacy will also close at noon.

New facility survey

New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowl-

m.

Marriage 101, a premarital seminar and training, will be held on the second and fourth Tuesdays and Wednesdays of each month from 1:30-4:30 p.m. at the Spiritual Life Center, Bldg. 8939. Marriage 101 is mandatory for those wishing to get married at Fort Rucker, according to Chaplain (Capt.) Troy D. Allan.

For more information, call 255-3447 or 255-3903.

Corvias Military I

Marriage 101

Corvias Military Living will host an open house today from 4-6 p.m., starting at the Allen Heights Community Center at 22470 Christian Road, to put the final product on display now that the contractor has finished its initial development period of on-post housing.

For more information, call 503-3644.

Military pay closure

The Defense Military Pay Office will close at noon Aug. 29 for off-site training. All DMPO customers are being asked to visit the office with their pay inquiries or clearance papers prior to the office closure. Soldiers with a military pay emergency or who need to clear DMPO during this time should call James Fails at 379-4973 or Sharon Sims at 389-5970 for assistance. The office will reopen Sept. 2 at 7:30 a.m.

Opportunity knocks

The following internal positions are available on Fort Rucker: Secretary (OA), GS-0318-07, Vacancy No. SCEG141914351168727, with Army Training and Doctrine Command, with a closing date of Friday; Aircraft Flight Instructor, GS-2181-13, Vacancy No. SCEG141947271179470, with TRADOC, with a closing date of Friday; Administrative Support Assistant (OA), GS-0303-07, Vacancy No. SCEG142105891168802, with TRADOC, with a closing

date of Tuesday; Administrative Support Assistant (OA), GS-0303-07, Vacancy No. SCEG142106231176137, with TRADOC, with a closing date of Aug. 28; and Budget Analyst, GS-0560-11, Vacancy No. SCEG141276001187818, with Army Medical Command, with a closing date of Aug. 29.

Lyster reports the following openings: Supervisory Dietitian, GS-0630-12, can be found at https://www.usajobs.gov/GetJob/ViewDetails/377782000, closes Wednesday; and Physician (Pediatrics), GP-0602-14, can be found at https://www.usajobs.gov/GetJob/ViewDetails/378321100, closes Aug. 28.

For more on the Lyster openings, call 255-7189.

Alcoholics Anonymous

Alcoholics Anonymous meets Thursdays at 7 p.m. at the Spiritual Life Center, Bldg. 8939, Rm. 38. AA is described by chapel officials as a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from the use of alcohol. The program is focused on spirituality and religion, having an impact on changing a person's life.

For more information, contact the religious support office at 255-

Fire extinguisher servicing

The Fort Rucker Fire Department is unable to provide people portable fire extinguisher service, but it is still able to conduct annual inspections and tag replacements. For six-year maintenance, recharges and hydrostatic testing, there are local businesses that can assist people.

For more information, call 255-3316.

ID card section

Those who need a military or military dependent ID card may make an appointment by calling 255-2437 or 255-2182. Walk-ins are served on a first-come, first-served basis. People may experience delays in service from 11 a.m. to 1 p.m.

Unified Quest examines fall of 'megacity'

By Maj. Erica Iverson

Army Capabilities Integration Center

FORT EUSTIS, Va. — It's 2035, and a city of more than 10 million people is in a state of crisis plagued by insurgency, internal corruption and a natural disaster in the form of a major flood.

The challenges, opportunities and potential approaches for the U.S. Army to conduct operations in such a complex environment will be the focus of the Deep Futures Wargame being conducted Monday-Friday at Carlisle Barracks, Penn.

The wargame is the culminating event in Unified Quest 2014, the Army chief of staff's future study plan, that examines a variety of feasible mid- to long-range strategic and operational settings, and explores a broad set of ideas about future conflict.

Unified Quest is a series of rigorous intellectual planning seminars, symposia and forums with representatives from the Department of Defense, government agencies, academia and subject matter experts who examine how the future Army



ARMY GRAPH

must adapt, evolve and innovate in the face of a rapidly changing and complex world.

"The key to the Army's exploration is examining the continually changing character of war, the role of conventional and special operations forces in the land domain and finding gaps in capability and capacity," said Col. Kevin Felix, chief of Future Warfare Division.

The wargame is a continuation of an effort started in 2013 to anticipate the enduring and emerging challenges and opportunities for the Army in 2030-2040.

Throughout the week-long

event, participants will provide specialized insights into several strategic and operational challenges and identify shortfalls in Army capabilities, ultimately determining on how the Army must operate, educate, train, organize and equip its force to inform future concept and capability development.

During his recent address to the West Point Class of 2014, Army Chief of Staff Gen. Ray Odierno emphasized the importance of megacities and the role of future leaders.

"Megacities present a unique operating environment: the scale, density, connectedness and complexity [being] far greater than anything the joint force has ever faced," Odierno said.

He further emphasized to the Army's newest leaders that because megacities are projected to double in the next 10 years, there is a high likelihood that they will conduct operations in such an environment.

During the wargame, computer participants use simulations, acting as regionally aligned forces made up of military representatives from U.S. and coalition partners. They rapidly respond to various scenarios, addressing the unique complexities of rapid urbanization in a megacity. This will better prepare the Army in developing future concepts, capabilities, capacity and doctrine that will help achieve operational success.

Participants support two groups: an operational working group and an innovation group.

The operational working group will replicate U.S. and allied forces, and is tasked with planning and executing crisis-response and limited-contingency operations in support of the

host nation. The group will use advanced technologies to improve the force's mobility, protection, lethality and sustainment. They will encounter strategic problems and collaborate to develop solutions based on their various fields of expertise. Specifically, they will examine how an Army should conduct expeditionary maneuver to confront emerging challenges and achieve campaign objectives in support of U.S. national security goals.

The innovation group will consider options for force design of the future.

The end state of the Unified Quest 14 Deep Futures Wargame will provide the Army new insights on future conflict, implications for possible scientific and technological investment, and ideas on how to better prepare for the future operational environment.

"Unified Quest explores beyond the boundaries of the known and distills ideas and concepts required for America to retain its tactical, operational and strategic advantage, in 2025 and beyond," Felix said.

Dempsey builds trust during Vietnam visit

By Jim Garamone

Defense Media Activity

WASHINGTON — Building trust and confidence is the theme for the first visit by a chairman of the Joint Chiefs of Staff to Vietnam since 1971.

Army Gen. Martin E. Dempsey met with his Vietnamese counterpart, Lt. Gen. Do Ba Ty, in Hanoi Aug. 14. The two men discussed the future of the military-to-military relationship between their countries, but also the legacy of the Vietnam War. The chairman also visited Da Nang and Ho Chi Minh City during his visit.

Dempsey's visit is a message to the region that the United States is serious about the rebalance to the Asia-Pacific, even as the American military is confronted with challenges in other parts of the world, defense officials said.

Dempsey said in an interview with "USA Today's" Tom Vanden Brook that his formative years were colored by the specter of the war in Vietnam. Dempsey graduated from the U.S. Military Academy in 1974 – too late to serve in that war.

"I said to General Ty that 'I spent the first four years of my military career preparing to fight you," Dempsey said. "There's something profound about being here now trying to build a relationship on the basis of common interests."

And the two countries do have common interests. Vietnam's geostrategic position – sitting between straddling China and Southeast Asia – makes the nation an important factor player in finding a peaceful solution to the territorial issues in the South China Sea, the chairman said.

"They probably have more influence on the South China Sea and how it evolves than any other country," he noted.

The two military leaders also discussed longstanding issues related to the Vietnam War, including the U.S. Agent Orange remediation program, finding and recovering U.S. personnel and addressing the problem of leftover unexploded ordnance. The two countries cooperate closely on all these issues, Dempsey said. "We owe it to each other to keep making progress on those [issues]," he said.

These programs were more prominent in discussions a year ago than they are today, Dempsey said. "We're moving beyond those legacy war issues and toward a new relationship," the chairman said.

All relationships are founded on trust "and that doesn't happen overnight," the general said.

The U.S. and Vietnamese militaries are working together in maritime security, disaster relief and humanitarian assistance.

"We've made a tentative agreement to increase the frequency and depth of our staff talks so we understand each others' long-term strategies for the region," Dempsey said. "That's the place where we can make the most progress."

Dempsey said he's seeing more information sharing happening between the United States and Vietnam in the maritime domain as well as more work with maritime law enforcement.

"We're working most closely right now with their coast guard, to establish a law enforcement capability to protect their economic exclusion zone ... so they don't get militarized," he said.

U.S. officials are also working with Vietnamese counterparts to enhance the training program for maritime operations.

Dempsey stressed that the U.S. interest in Vietnam is not all about countering China. "The shadow of China hangs over the region," he said. "Everyone thinks our interest here is just about China. It's not."

The rebalance toward the Asia-Pacific region is inevitable as the area grows and expands in economic, political and diplomatic clout, he said.

"This is important and we do have our shoulder behind it," the chairman added.

This was Dempsey's first visit to Vietnam and he said he was struck by the vibrancy of life and the colors of the city.

"...Standing on the platform for the honor ceremony, listening to the two national anthems and seeing the two national flags flying side-by-side, it occurred to me that often adversaries in the past can become our closest friends," the chairman said. "That won't happen without some effort, but I think there's a possibility there."



PHOTO BY D. MYLES CULLEN

Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, and Lt. Gen. Do Ba Ty, Vietnamese chief of defense, in Hanoi, Vietnam, Aug. 14.



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Kiowa: End of training brings mixed emotions

Continued from Page A1

for their final check rides and scout weapons team training, which includes integration and how to work together as a

For 2nd Lt. Matthew Pisano, OH-58D flight student, the end of training brought mixed emotions because he said he wants other Soldiers to have the same experiences he's had going through his training.

"To be the last class on Fort Rucker to go through this class and learn the OH-58D airframe is kind of an honor, but at the same time it's bittersweet, especially now toward the end of the training," he said. "I wish we

could get other Aviators to do this and get this perspective that they could take to the battlefield, so that they have perspective on not only their job, but everyone else's job. That's part of the scout rule – to understand everyone else's job.'

Fellow student W01 Jamie Collazo shares that sentiment and agreed that supporting the ground troops is job No. 1.

"To be part of the last class is an honor, but it's still the last class and we might not be able to fly in a couple of years, but it really hasn't hit me yet," she said. "I just want to be able to continue to do what the Kiowas did for our troops during my last deployment, which was to

forces. I would like to continue to do that in the future."

Collazo said she's keeping her options open for when the time comes to transition, but ultimately wants to be able to provide that support.

"I initially started out as an intelligence analyst and I was assigned to the 82nd Combat Aviation Brigade at Fort Bragg, N.C.," she said. "I went on three deployments with them ... and the unit I was with was a Kiowa unit and I got to see everything they did, so that piqued my interest in the airframe."

From there she knew she wanted to go into Aviation.

Pisano originally enlisted in

provide support for the ground the Army in the ground world as an infantryman, but said he had dual interests to be a leader as well as an operator, and that's where Aviation grabbed his in-

> "I wanted to be a leader in the cockpit and outside the cockpit, leading warrant officers and enlisted Soldiers, as well as being a technical operator," he said. "There are not many other branches where you get to do both ... and that's why I chose to go into Aviation."

> His reason for choosing the Kiowa Warrior as his airframe also tied into his desire to closely support ground troops.

"During my short time in the ground world, the Kiowa Warrior was always the closest thing and direct support for the ground commanders, and that's what I wanted to do was be able to offer that ground support for other commanders," said Pi-

Although flight school has had its challenges, Pisano said the most rewarding part of his journey has been seeing how he and his fellow students have grown throughout the process, not to mention getting the opportunity to shoot big guns.

"I'm not going to lie, shooting rockets and the 50-caliber guns was pretty fun, but seeing myself and all my other classmates become combat Aviators – that's the real reward," he said.

Showtime: Soldiers continue through 61 scheduled performances

Continued from Page A1

For Stokes, the themes and topics throughout the show were ones that she said she could closely relate, specifically on the subject of suicide.

"It's something that's hard for me to talk about, but there was once a period in my life where I just felt like I couldn't continue on, and if weren't for the love of the people in my life who intervened, I might not be standing here today enjoying this amazing show with my Family," she said. "It really hits home and makes me feel extremely proud of our Army that they would hit on such sensitive issues, and do it in a way that we can relate."

McDuffy said it's success stories like Stokes' that makes enduring the long days and year-long traveling completely worth the work. He spoke of a woman who shared her story with him after one show, saying it made him see how much the show actually impacts people.

"This woman came to me in the receiving line after one show and said to me, 'thank you for that message,' and she showed me her wrist and where she tried to kill herself," said the Soldier Show NCOIC. "She said her Soldier saved her and she broke down crying into my arms, and it was a real "wow" moment, because you really do touch people.

"When you're standing in that receiving line and people tell you how much the show touched them, that's the most important part for all of the performers," he said, adding that it makes all the traveling and time away from his Family worth it.

The show also paid trib-



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ute to the bi-centennial of the "Star Spangled Banner" with set designs and images to support the underlying theme, and two spectacular renditions of the national anthem at the beginning and end of the show.

Soldiers who participate in the show are on the road for the better part of a year, and McDuffy said that although it seems like it's a long time to be apart from Family, since the show tours across the country, many of the Soldiers get the opportunity to see their Families at some point in the tour.

Additionally, McDuffy said that Family members have to option to tag along during the summer months.

There are 61 scheduled performances this year, but shows are added on throughout the year for matinee performances and encores, said the NCOIC, but despite their rigorous schedule, he knows that each place they visit will leave a lasting impression.

"We came to uplift the troops and build morale for the Soldiers, Family member and the communities, so that's what we focus on selfless service," he said.



Soldiers of the 2014 U.S. Army Soldier Show perform for a packed audience at the Enterprise High School Performing Arts Center Aug 12.

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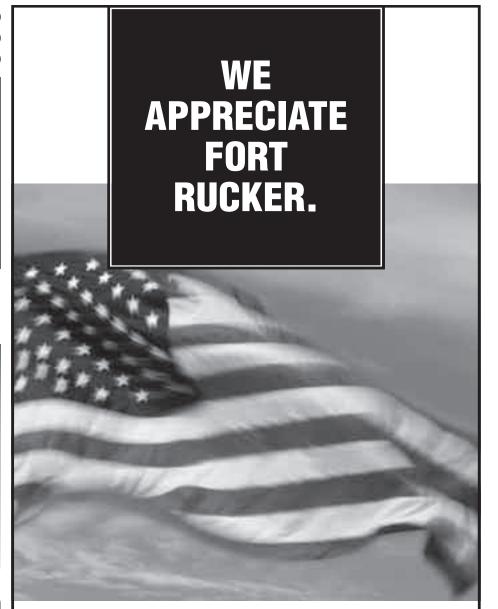
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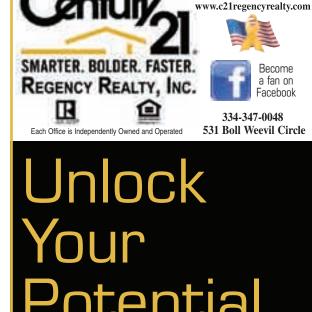
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AUGUST 21, 2014

Aviators train in water survival



PHOTO BY SGT. 1ST CLASS VINCENT AB

Pfc. Kayla L. Brinkerhoff, a UH-60 Black Hawk helicopter repairer and crew chief with B Company, 2nd Battalion (Assault), 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division, and native of Logan, Utah, prepares to be flipped upside down during a water survival course held at a Republic of Korea naval base in Pohang, South Korea, Aug. 7.

By Sgt. 1st Class Vincent Abril 2nd Combat Aviation Brigade

POHANG, South Korea — Many have seen the news about the Aviation incident dubbed the Miracle on the Hudson. An airline pilot by the name of Capt. Chesley "Sully" Sullenberger III, and his first officer, Jeff Skiles, safely landed a large passenger airliner into the Hudson River after both engines failed in January 2009. These men and their crew saved the lives of every passenger on board.

Reacting to such emergencies is second nature for those who are well-trained.

Pilots and crew members from the 2nd Combat Aviation Brigade, 2nd Infantry Division, are no different as they train to maintain vital water survival skills. These Soldiers had the opportunity to refresh their water survival skills at a Republic of Korea Naval base in Pohang Aug. 7.

The two-day training event, designed to

teach these Aviators how to react in the case of a water landing, was given by Korean Service Corps instructors from Camp Humphreys, South Korea. One KSC member explained how the training benefits these helicopter crews for future training as well as real-world missions.

"This training is really important," said Kwak, Tong Hyon, a water survival instructor and supervisor with the 22nd KSC, and native of Pyeongtaek, South Korea. "When a helicopter lands in water, it's usually upside down, and human beings are used to standing upright. This causes them to panic underwater. We teach them not only how to egress, but we also teach them how to survive on the surface of the water."

The contraption used to represent an aircraft is called a Modular Egress Training Simulator. Personnel across the 2nd CAB continuously

SEE WATER, PAGE B4



A UH-60 Black Hawk helicopter assigned to Joint Task Force Bravo's 1-228th Aviation Regiment comes in for a landing on the deck of the Oliver Hazard Perry-class guided-missile frigate USS McClusky (FFG-41) during deck landing qualifications off the Pacific coast of Honduras Aug. 3. The training, which was conducted about 20 miles off the coast, was done to qualify 1-228th pilots and crew chiefs on shipboard operations.

FORWARD THINKING

Exercise fine tunes 3rd CAB operations

By Sgt. William Begley 3rd Combat Aviation Brigade

HUNTER ARMY AIR-FIELD, Ga. — During a summer when local rainfall records have fallen, Falcon Soldiers from the 3rd Combat Aviation Brigade took to a muddy, wet field Aug. 4-8 for a command post exercise where signal personnel set up a tactical operations center on Hunter Army Airfield.

The goal was to be able to provide information to commanders while evaluating the Falcon Brigade's readiness for an upcoming exercise that will support 4th Infantry Brigade Combat Team, 3rd Infantry Division and include 42nd Fires Brigade.

Murfreesboro, Tenn., native, Maj. Jeffrey Wilson, signal officer, 3rd CAB, made sure his troops were in harmony. Wilson has several new Soldiers on his team, and this exercise gives him the opportunity for training.

"We're putting the TOC together for the first time since we got back from deployment and our equipment came back from reset," said Wilson. "We basically provide the tactical backbone for all of the mission command systems."

Master Sgt. Vincent Thompson, senior signal noncommissioned officer, 3rd CAB, was proud of his team's effort establishing the command post.

"It's been a great experience for our signal Soldiers getting back to the basics



PHOTO BY CAPT. STEVEN STUBBS

Spc. Gary Schrader and Sgt. Daniel Merryman, C Company, 603rd Aviation Support Battalion, conduct a functions check of a satellite system during the command post exercise held on Hunter Army Airfield, Ga., Aug. 4-8.

when it comes to communications," said Thompson, who hails from Moss Point, Miss.

Thompson said he wanted to see how proficient his older and more experienced Soldiers are, while evaluating his newer and younger arrivals to the team.

"A lot of Soldiers in our section are coming straight out of advanced individual training," he said. "This is the first opportunity they will get to utilize their military occupational specialty and see the bigger picture, and how important their job is."

Their job was to put together the TOC from scratch. A total of seven tents, 25 computers and

phones, three air conditioners, and enough generators to power all these systems had to be up and functioning in less than a week.

For experienced Soldiers, this was another field exercise – the only thing new being the patch of muddy, wet turf where they had to set up. But that was not the case for some of the younger troops in the communications section. It was a little more than that.

Pvt. Alexandra Sportini, Headquarters and Headquarters Company, 3rd CAB, is a radio operator and maintainer who hails from Monroe, Conn. It is also her first time in the field since arriving to her permanent duty station.

"It's crazy — I love it. I love the rush of running around and trying to get everything up and running," said Sportini.

When the idea was put to her that this TOC could be her office for months at a time, Sportini got excited.

"I signed up to do this – I didn't want a regular civilian job. I signed up to defend my country and right now this is as close as I can get to a deployment," Sportini continued.

According to Wilson, being ready for deployment is exactly what this exercise is designed for.

"We practice now so that we'll be efficient when the unit's deployed," said Wilson.

AIR ASSAULT

paves path to combined readiness

By Sgt. 1st Class Vincent Abril 2nd Combat Aviation Brigade

CAMP STANLEY, South Korea — South Korean and American Soldiers waited shoulder-to-shoulder as UH-60 Black Hawk helicopters approached a pickup zone to extract the combined fighting force. Within a matter of seconds, they were loaded onto the aircraft and flown off into the horizon.

This training scenario is one of many that the 2nd Battalion (Assault), 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division, has conducted with its Korean and U.S. counterparts over the years. Soldiers of the 2-2nd Avn. Regt., also known as the Wild Cards, pride themselves on delivering speed, mobility and surprise.

The participating Soldiers were mobilized and sped off to the suspected location, employing the element of surprise with the help of these Aviation assets. Inserted onto a landing zone, the lethal force prepared to secure and seize the notional stash of weapons that were part of this training scenario.

The Republic of Korea's 101st Inf. Regt. 17th Inf. Div., worked alongside the 23rd Chemical Bn., 1st Armored Brigade Combat Team, and 1st Bn., 12th Cavalry Regt., 1st ABCT, 2nd Inf. Div.

Working with Korean Soldiers is a reoccurring opportunity for those stationed here. But for one Soldier, this exercise presents a special opportunity.

"This is pretty cool," said Pfc. Mikol D. Morales, an infantryman with B Company, 1-12th CAV and native of Buena Park, Calif. "I get to experience working with another country's army and see who

we are fighting alongside. I think this is awesome." Morales and his teammates are based out of Fort Hood, Texas, and are part of a nine-month rotational deployment here.

This combined synchronization of tactics took a lot of preparation and communication, but the fruits of their efforts should be far-lasting and beneficial.

"It's an incredibly valuable experience to get so many Soldiers from the ROK army and U.S. Army together to do such a complex operation," said Capt. Drew M. Mumford, commander of B Co., 1-12th CAV, and native of San Diego, Calif. "Learning how their tactics work, how they understand the battlefield and how they maneuver will help us do combined operations in the future."

The 2-2nd Avn. Regt. has consistently provided such training opportunities to ROK and U.S. forces on the peninsula. Getting Soldiers from Point A to Point B is something unit members enjoy doing.

"Anytime, anywhere, we can efficiently provide

SEE AIR, PAGE B4



HOTO BY SGT. 1ST CLASS VINCENT A

A UH-60 Black Hawk helicopter assigned to the 2nd Battalion Assault, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division, inserts U.S. and ROK Soldiers onto a landing zone during a combined air assault training exercise at Camp Stanley, South Korea, in July.

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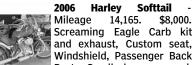
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Water: Training increases chances at survival

Continued from Page B1

conduct over-water missions on the peninsula, making this simulator an essential part of the training process to certify or recertify Aviation Soldiers.

In the heat of training, Soldiers braced themselves as the simulator hit the water in a large pool, quickly filling the cabin with water. Soon after, it completely turned upside down. After a few short seconds, one by one, the heads of each trainee began popping up from under the water, making their successful escapes.

To help escape, they used a Helicopter Emergency Egress Device, a self-contained underwater apparatus that allowed them to breathe, buying precious time to find an es-

One Soldier, who attended the training, explained why this certification course is specifically beneficial to her and the team she works with.

"With us, especially being on the peninsula, we are flying over water quite frequently," said Pfc. Kayla L. Brinkerhoff, a UH-60 Black Hawk helicopter repairer, and crew chief with B Company, 2nd Battalion (Assault), 2nd Avn. Regt., 2nd CAB, 2nd ID, and native of Logan, Utah. "It's important that we know what to do in case something were to happen."

Kwak explained the impact this type of simulated training has had on Aviation Soldiers he has taught in the past, and why he has a passion for water survival training.

"I heard that one of the Soldiers that received his certification by me survived a



Aviation Soldiers with the 2nd Combat Aviation Brigade, 2nd Infantry Division, brace for impact as they are submerged in a Modular Egress Training Simulator during a water survival course held at a Republic of Korea naval base in Pohang, South Korea, Aug. 7.

real Aviation accident," said Kwak. "When I heard that, I began to cry. I feel that doing this type work is great."

Upon completion of the training, the pilots and crew members left qualified to

conduct their over-water flights, an important priority for Soldiers of the only permanently forward-stationed combat Aviation brigade in the Army.

It can easily be said, mission success

remains reliant on capabilities forged through tough and realistic training. This certification allows these crews to carry out missions vital to the alliance, and the deterrence of North Korean aggression.

Air: Cooperation, synchronization ensure scenario success

Continued from Page B1

air mobility to our forces and effectively train Soldiers on the air assault platform, we are there," said CW2 Kevin D. Oliver, UH-60 Black Hawk helicopter pilot with 2-2nd Avn. Regt., and native of Athens, Tenn.

To carry out such vigorous training scenarios takes a lot of cooperation and synchronization, but that doesn't stop the 2-2nd Avn. Regt. Soldiers are prepared to do it all over again proactively ensuring their fight tonight capabilities remain razor sharp.

"The 2-2nd Avn. Regt. is always ready to train with anyone," said Oliver. "We've trained in Japan

and Thailand, and have conducted multiple training exercises with the ROK allies. We are always willing to try different things, while working with and fully supporting our ground commanders and troops."

With common purpose, interest and mutual understanding, the true benefits of such a strong alliance and realistic training increase the likelihood of victory for combined operations in the future.









AUGUST 21, 2014

Story on Page C3

Post starts bus tours to help newcomers learn about their

By Nathan Pfau Army Flier Staff Writer

Fort Rucker is well known for its transient population, and the installation is doing what it can to help newcomers become familiar with their new home.

That's why the Directorate of Family, Morale, Welfare and Recreation is offering a free bus tour starting in September to help new Soldiers, as well as their spouses, become more familiar with the installation, said Janice Erdlitz, DFMWR marketing director.

"The tour will take participants on a bus ride around the installation showcasing all of the MWR facilities on post, from The Landing Zone to the gyms to the golf course to the lake to the arts and crafts center and more," she said. "It will help Soldiers and spouses learn their way around the installation and the many amenities offered. They will walk away from the tour with a better understanding of all the great and rewarding programs available to them during their stay at Fort Rucker."

The bus tour is free and will last about four hours, and attendees can expect extra bonuses for participating on the tour.

To start, participants will be treated to coffee at The Landing's Coffee Zone, and several coupons and fun prizes will be given out throughout the day, said Erdlitz.

The newcomers will also be treated to lunch provided by The Landing Zone following the tour, she added.

Erdlitz said this tour is just one way that DFMWR serves the military community.

"We are proud to serve the needs of our military community," she said. "Our staff is committed to providing outstanding customer service because our Soldiers and Families deserve

"This tour is our way of introducing MWR to our new Soldiers



Col. Stuart J. McRae, Fort Rucker garrison commander, welcomes newcomers to Fort Rucker during the ACS Newcomers' Welcome at The Landing Friday.



Sgt. 1st Class Anthony Roberts, 1st Battalion, 11th Aviation Regiment, browses some of the tables set up at the ACS Newcomer's Welcome with his wife, Latoya, at The Landing Friday.

here on Fort Rucker, and I think also stop at some facilities and the tour is just one way we can say 'welcome home," she said. "It also serves as a mechanism for us to support the readiness of the Soldiers (and spouses) by showcasing the programs and recreational opportunities to help keep a high level of morale and wellbeing to keep our Soldiers and Families Army strong."

Erdlitz said that too often she hears about Soldiers who have been on the installation for six months before realizing there is a lake on post.

"We don't want Soldiers and Families to miss out on the many recreational and support programs available to them here at Fort Rucker," she said. "Also, by actively engaging the spouses on this tour, we think their experience here will be more rewarding."

Part of the tour will be a windshield tour, during which DF-MWR staff will drive by and point out key facilities on the installation and discuss their services, said Erdlitz. The tour will provide a walk through and talk with managers about the facility and how they can assist the tour participants.

"We know sometimes it's a little intimidating walking in a facility for the first time and not knowing your way around, so we're taking away that negative and providing a positive with a hands-on, get-to-know Fort Rucker experience," she said. "The monthly bus tour is also a nice complement to the monthly newcomers' welcome, and although the bus tour is not a required attendance like the briefing, it builds on the information the Soldiers received in the briefing."

The Army Community Service Newcomer's Welcome is held every third Friday of the month at The Landing's ballroom, and is a mandatory program that Soldiers are required to attend no later than two months after arriving at the installation.

During the welcome, Soldiers will have the opportunity to visit with different booths set up by different organizations on post that they and their Families will have access to.

The most recent Newcomers' Welcome was Friday, and Col. Stuart J. McRae, Fort Rucker garrison commander, was on hand to welcome the new Soldiers and Family members to the installation.

"Welcome to the best assign-

ment of your life," he said during the welcome. "Fort Rucker is a great place to live, work and play, and you guys are a part of it as you come here, but it's only if you get involved." Throughout the meeting,

McRae went over the different amenities that Fort Rucker has to offer its Soldiers and Families.

To sign up for the bus tour, Soldiers and spouses should visit www.ftruckermwr.com/bustours/ to register. Seating is limited, so currently tours are open to Soldiers and spouses only, added Erdlitz.

For more information, call 255-2292.

IC DCHI

Soldier places 5th in World's Fastest Drummer competition

By Jim Hughes

Command Information Officer

Anyone wanting to march to the beat of a certain 98th Army "Silver Wings" Band drummer should be prepared to get where they are going very quickly.

Sgt. Coville Alan Bradley, percussion section leader for the band, proved his mettle in mid-July at the World's Fastest Drummer competition in Nashville by placing fifth in the Battle of the Hands out of about 5,000 competitors worldwide.

"Of course, part of me wanted to win, but fifth out of about 5,000 is absolutely great," said the Gulf Breeze, Fla., native. "It feels great to know that is where I'm ranked in the world. What one of the judges was saying before we started is this is the Olympics for drumming - for speed drumming. I'm into heavy metal and I've got a little bit of speed. It happens to be my day job, as well, so I get to practice that stuff. My goal is for next year to take first in both the Battle of the Hands and Battle of the Feet — it's never been done before."

And he appears to have a good shot at accomplishing that goal as his scores in both the Battle of the Hands and Battle of the Feet were close to the eventual winners' scores.

In the competition, drummers are given 60 seconds to hit a drumometer as many times as they can. In the hands finals July 19, Bradley hit the pad 891 times and the winner hit it 1,049 times. The world record listed on the competition's website is 1,208 hits. For feet, he hit the pad 771 times and the winner scored 820.

Bradley started on his World's Fastest Drummer journey at a regional competition in Pensacola, Fla., after his brother recommended he try it out, thinking he would do really well at it.

"I'm into heavy metal, so I have speed, and I'd known about the competition for several years," he said. "But I didn't know if I really wanted to do it. Usually when I



Sgt. Coville Alan Bradley, 98th Army "Silver Wings" Band Percussion Section leader, gets in some practice time before a rehearsal Friday.

go home on weekends, I have gigs lined up that I'm getting prepared for or stuff like that. But the day of, I looked at the flier and went.

"I just wanted to see what I could do. I didn't go expecting to win, that's not the mentality I have, so I went to see what I could do and ended up winning the thing," he said. "I had no idea how I would do. It has been so long since I've done anything like that."

Even though Bradley is 26 years old, he has a long history in music, thanks to his

"My mom is a piano major from the University of Hawaii and a piano teacher, so when I was old enough to really know what a piano was, I started taking lessons from her. In middle school, I switched to saxophone, and in high school, I wanted a change and I auditioned for the high school drum line and I made it," he said. "It just changed my whole life, man ... changed

my whole life.

"I switched in high school, at about 15, so about 11 ½ years I've been playing it's just a continual progression," Bradley added. "Unlike other instruments, drums are infinite. There is nothing that can box the drum set in – you can do whatever you want with it and someone will consider that music. Even if it is really bad to somebody, it might be very excellent to somebody else. I think that's why I like it so much. It's so diverse."

Bradley mentioned several drummers who he considers influences on his drumming, including Mike Mangini, Dennis Chambers, Eddie Christmas, Steve Gadd and a few others.

For the 98th Army Band, Bradley performs with the rock band, jazz combo and Latin band, and he feels that one key to his success is versatility, which he said is exactly what the Army wants out of its drum-

"That's what we are and what we do - play a plethora of different genres. If a drummer is only good at one genre, you're not what the Army Band wants as a whole," he said. "My goal is to be master of all trades," adding he would also like to eventually become a drum instructor at the U.S. Army School of Music.

And while Bradley says he loves "very heavy metal," he has in recent years discovered a love for jazz, big band and funk.

"They're just so free and open," he said. "And you have to know all of these rules in order to break them correctly - it's insane," he said. "But I love them and I love learning about them."

Marrying his love for different types of music with the Army has proven to be a winning combination for Bradley, as well, and also paid dividends at the World's Fastest Drummer competition.

"It was just good to go there and represent the Army – that was also a big reason I did it," he said. "There was no one else from the Army there. There were some cats from Berkley who were there. The guy who won it was from China, and he asked me what I did for a living and I was wearing my U.S. Army School of Music T-Shirt and kind of pointed at that because he didn't speak very good English. He said, 'Oh, OK .' He knew what the Army Band was. It's nice to be an Army musician and be ranked up there - other musicians see you and maybe think about the Armv.'

That Army ambassadorship could come in handy as experience for him, too, as Bradley said he'd like to one day volunteer for recruiter duty.

"One of my dreams in my career is to do three-year volunteer recruiting duty because you get to tell your story and sell the Army, and I've had a great one so far," he said. "I get to do what I love for a living, and I get to do very exciting things because of what I do for a living. It's awesome. I love it. It's my passion."

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES, DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at http:// www.revparintl.com/fortrucker.htm.

Splash! discounted season passes

Splash! pool has a new back-to-school bonus. Now through Sept. 1, Splash! season passes are available at discounted prices. For more information, call 255-9162.

Butterfly education program

The Center Library will host a butterfly education program where people can learn about the life cycle of butterflies and moths Friday from 10:15-11 a.m. The event is free and open to authorized patrons of the library.

For more information, visit the Center Library or call 225-3885.

Child feeding from birth

The new parent support program and Lyster Nutrition Care Clinic will host their child feeding from birth to 5 workshop Aug. 28 from 9-11 a.m. at The Commons in Bldg 8950. The free workshop will teach parents how feeding children the right foods right from the start can make things easier in the long term. The workshop will also include tips for developing healthy eating habits, converting picky eaters, how to avoid food battles, recipes and free take-home items.

For more information, call 255-9647 or 255-3359.

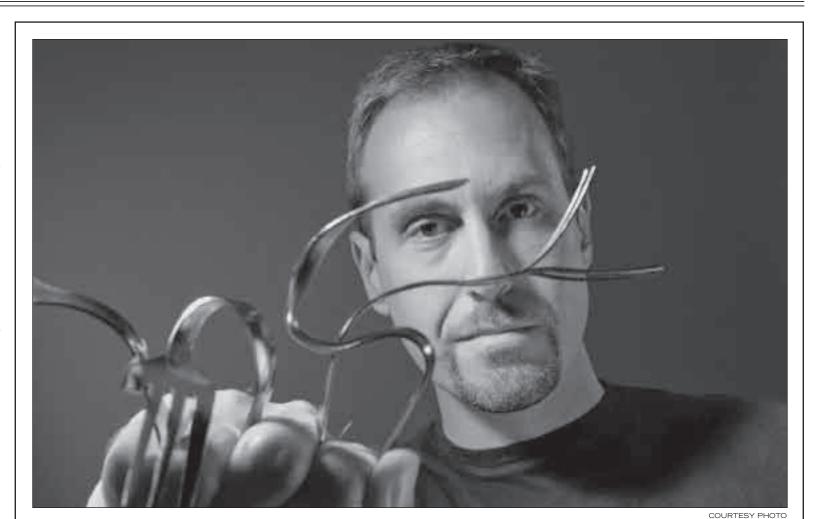
Right Arm Night

The Landing Zone will host Right Arm Night Aug. 28 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 598-8025.

Employment Readiness

Class Army Community Service is giving people the chance to build and enhance their careers at one of the Fort Rucker's Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. The next sessions are scheduled for Sept. 4 and 16. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the pro-

For more information, including times, or to register, call 255-2594.



Illusionist show

Illusionist Chris Carter will put on a show Friday from 7-9 p.m. at The Landing. The show will feature displays of mind reading, visual illusions, predictions and more. Tickets are on sale for \$12 and cost \$16 at the door. The event is open to the public, ages 18 and older. Limited VIP tables are available, as well. For more information, visit www.ftruckermwr.com, or call 598-2426.

Back-to-School Skate Party

The Fort Rucker School Age Center will host a Back-to-School Skate Party Sept. 5 from 6:15-7:15 p.m. and 7:30-9:30 p.m. The cost will be \$2 for the 6:15-7:15 p.m. session and \$5 for the 7:30-9:30 p.m. session. Children will be allowed to bring a guest, and enjoy prizes and refreshments. Active duty military, Department of Defense civilian workers and contractors can register their children at parent central services.

For more information, call 255-9108.

Financial readiness training

Army Community Service will host financial readiness training Sept. 5 from 7:20 a.m. to 4:15 p.m. at the Soldier Service Center, Bldg. 5700, in Rm. 284. Personal financial readiness training provides a practical approach to help Soldiers manage their money more effectively. The training is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are welcome to attend.

For more information, call 255-9631 or 255-2594.

Girls' Night Out

The Directorate of Family, Morale, Welfare and Recreation will host the next Girls' Night Out Sept. 5 from 6-9 p.m. in The Landing Ballroom. The event is only for women ages 18 and older. Tickets cost \$10 and include DJ entertainment, fashion show, door prizes and numerous organizations that cater to women. Grand prize is a three-day, two- night stay at a resort in Panama City Beach. People must be present to win prizes. For more information, call 255-9810.

Grandparents Day

Brunch

Grandparent's that come by The Landing Zone on National Grandparent's Day, Sept. 7 from 9 a.m. to 2 p.m., will receive half off

their brunch entrée with the purchase of a regular-priced brunch entrée. The special is available for dine in only and cannot be combined with any other promotion or coupon.

For more information, call 598-8025.

EFMP information, support group

The Exceptional Family Member Program invites all active duty military Families that have an exceptional or special needs Family member attend its information and support group meeting Sept. 9 from 9-10 a.m. at The Commons. The topic for the meeting is "It's School Time: Are You Ready?" Tips, tools and resources will be discussed that can assist parents and children to make this a successful school year. The group offers EFMP Families camaraderie, friendship, information exchange, idea sharing, community resources, support and assistance with finding solutions.

For more information and to register, call 255-9277.

September craft activity

The Center Library will host its September craft activity Sept. 9 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register. For more information or to register, visit the Center Library or call 255-3885.

Car seat safety class

Army Community Service's New Parent Support Program and a certified child passenger safety technician are partnering to teach a car seat safety class during Baby Safety Month in September - Sept. 9 from 9-10 a.m. in The Commons, Bldg. 8950. The certified child passenger safety technician will also conduct seat checks for those interested. People need to register for the class by Sept. 8 by calling 255-9647 or 255-3359.





MOVIE SCHEDULE FOR AUG. 21-24

Thursday, Aug. 21

Friday, Aug. 22

Saturday, Aug. 23

Sunday, Aug. 24

Planes: Fire and Rescue (PG)2 p.m.

Edge of Tomorrow 3D (PG-13) The Purge: Anarchy (R)7 p.m.10 p.m.

......7 p.m. TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.

Dawn of the Planet of the Apes (PG-13)

DOD writer recalls travels with Robin Williams

By Jim Garamone Defense Media Activity

WASHINGTON - U.S. service members truly lost a friend with the death of Robin Williams Aug. 11.

Williams made multiple USO tours to Iraq, Afghanistan, the Persian Gulf, Bahrain, Kuwait and other bases in Southwest Asia to give Soldiers, Sailors, Airmen, Marines and Department of Defense civilians a little taste of home.

It was my privilege to accompany him on many of those tours, and I can attest that he truly loved doing what he was doing and the people he was doing it for.

There really was no difference between Robin on stage and Robin behind the scenes.

On the first trip with Air Force Gen. Richard B. Myers, thenchairman of the Joint Chiefs of Staff, the plane stopped at Shannon Airport, Ireland, to refuel. He got off the plane into the midst of about 150 National Guard members going home. Robin shook every hand, posed for every picture and ensured the Guard Soldiers knew he appreciated their sacrifices.

That was Robin.

At the end of every performance – be it a combat outpost or a forward operating base -Robin was always the last entertainer to leave. In Iraq, a group of Marines came in from patrol and missed his show. He made it a point to meet with them and give them 20-minutes of fun, even as the chopper's blades were turning to go to the next show.

In Afghanistan, the clamshell at Bagram Air Field was a favorite venue for him and he performed there many times. In 2010, he started the show with "I love what you've done with

He was not a prima donna. One

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WHEN THE GAME

STANDS TALL - PG

TEENAGE MUTANT

NINJA TURTLES - P@

Mon-Fri: 7:10 & 9:20

Westgate Center

IF I STAY - PGTS

III IFT'S RE COPS - E

Sat-Sun: 1:30, 4:00, 7:00 & 9:30 Mon-Fri: 7:00 & 9:30

Sat-Sun: 1:45, 4:00, 7:10 & 9:20

Sat-Sun: 1:30, 4:00, 7:00 & 9:20 Mon-Fri: 7:00 & 9:20 V THE GIVER - P018

III GUARDIANS OF THE GALAXY - POI

Sat-Sun: 1:50 & 7:00 • Mon-Fri: 7:00 EXPENDABLES 3 - PG18

Sat-Sun: 4:00 & 9:10 • Mon-Fri: 9:10

COLLEGE CINEMA • ENTERPRISE

II Frank Miller's SIN CITY - A DAME TO KILL FOR -Sat-Sun: 2D: 1:45 & 7:00 ● 3D: 4:00 & 9:15 Mon-Fri: 2D: 7:00 ● 3D: 9:15

Sat-Sun: 1:45, 4:00, 7:00 & 9:15 Mon-Fri: 7:00 & 9:15

Sat-Sun: 1:45, 4:00, 7:00 & 9:15 Mon-Fri: 7:00 & 9:15



Robin Williams with troops gathered at the Camp Liberty Post Exchange in Baghdad during a USO tour Dec. 14, 2004.

time a sandstorm grounded the party at an outpost near Baghdad. Robin, along with everyone else, crammed into a small tin can to spend the night. The next day, his jokes about snoring and gaseous emissions pretty much convulsed everyone.

There was a serious side. He knew what was happening in the areas he traveled. He understood what the men and women he was entertaining did for America

He discussed events in the region with knowledge, but used humor - even then - to make his point. Once, aboard a C-17, he described the dangers of the terrorist safe havens in Pakistan to "New York Times" correspondent Thom Shanker, and in a way that can't be repeated here, but was right on the money. He also visited enough wounded service

Hagel praises Williams as 'true friend' of troops

Defense Media Activity Press Release

WASHINGTON — Defense Secretary Chuck Hagel saluted actor and comedian Robin Williams, who died Aug. 11 at age 63, for his steadfast support of U.S. troops and veterans over the years.

In a statement issued yesterday, Hagel noted that Williams had toured with the USO to entertain overseas-deployed U.S. forces and supported efforts to assist veterans.

Hagel's statement read as follows.

"The entire Department of Defense community mourns the loss of Robin Williams. Robin was a gifted actor and comedian, but he was also a true friend and supporter of our troops. From entertaining thousands of service men and women in war zones, to his philanthropy that helped veterans struggling with hidden wounds of war, he was a loyal and compassionate advocate for all who serve this nation in uniform. He will be dearly missed by the men and women of DOD - so many of whom were personally touched by his humor and generosity."

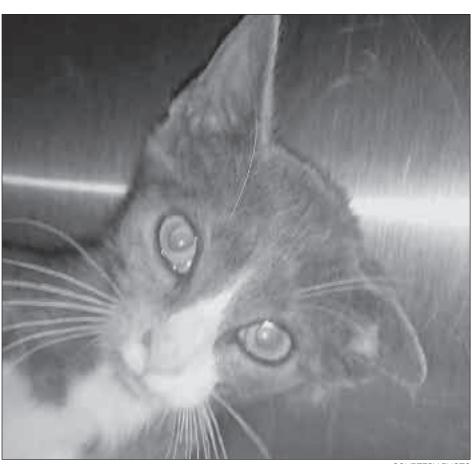
members in clinics and hospitals to understand the cost.

One show in 2007 sticks in my mind. He was in the middle of a performance at Camp Arifjan in Kuwait when "To the Colors"

and "Retreat" sounded. As one, the audience stood up and turned around to render honors as the flag came down. Robin had no idea what was happening. Members of the audience told him

what was happening once it was

I asked him after the show what he thought. "Sort of reminds you why we're here, doesn't it," he said.

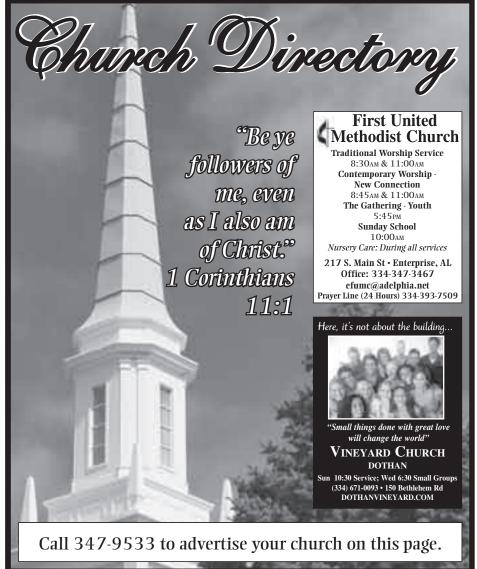


Pick-ofthe-litter

Meet Socks. He is a short-hair grey and white male kitten approximately 7 weeks old available for adoption at the Fort Rucker stray facility. He has a unique look with a long neck and toes. He is loving and wants to be held all the time. Adoption fees vary per species and needs of animal, which include all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at http://www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption.







Fort Payne offers view from Lookout Mountain

By Brian S. Jones

Alabama Tourism Department

The largest city along the Alabama portion of Lookout Mountain Parkway is Fort Payne, located on what was originally a village in the Cherokee Nation and home to Sequoyah, who created the Cherokee alphabet that made reading and writing in that language possible.

A canvas of scenic beauty year-round is the best way to describe the Lookout Mountain area of northeastern Alabama, especially in DeKalb County, near Fort Payne. Native poplars, dogwoods, maples and hickories explode throughout the area in the fall and provide a panoramic showcase of vibrant yellow, gold and orange.

Chock-full of natural splendor, the area is also known for its protected forestlands, which are rich with greenery in the spring. Little River Canyon, considered a marvel of nature and a recreational wonder, boasts a river that begins and ends entirely on top of a mountain and attracts visitors throughout the year. Many come here simply to view the beautiful waterfalls; others come to enjoy some of the country's best whitewater kayaking.

History of Fort Payne

Fort Payne derived its name from the fort commanded by Maj. John Payne that was built here in the 1830s by the U.S. Army and used to gather American Indians, whose Cherokee ancestors had lived in the area for thousands of years, before removal to the west.

As a stop on the railroad line between Birmingham and Chattanooga, Fort Payne flourished and became a boomtown during the late 1880s. Unlike the gold rush out west, this area experienced a coal and iron rush when an influx of workers came here from New England with the lure of instant riches. Many of the town's historic buildings date from this period, including the Fort Payne Opera House, the W.B. Davis Mill Building and the Fort Payne Depot

Sadly, the boom that brought attention to the town in the latter 1800s was soon a bust. The area fell into decline before coming back in the early 1900s as the center of hosiery manufacturing - an industry that earned Fort Payne the nickname of "Sock Capital of the World."

Fort Payne is credited with developing athletic socks. As textile industries began moving overseas in the 1990s, the area around Fort Payne began to diversify again. This time, city leaders used tourism as the means of attracting people to the Lookout Mountain area to enjoy its scenic beauty and nature-based activities.

Fort Payne Depot Museum

When visiting the area, there are a number of attractions you'll want to be sure to see. Among them is the Fort Payne Depot (105 Fifth St. N.E., (256) 845-5714). Constructed in 1891 out of pink sandstone in the Richardson Romanesque style of architecture, the depot was a main stop on the railroad line with two express mail trains and six passenger trains passing through daily. With its central location, the depot also became the town's unofficial community center. Locals used it as a gathering place to catch up with friends and Family who would come into town from their

The depot remained in service as a train station until 1970 and was placed on the National Register of Historic Places the following year. Today, the depot serves as a museum of local history with separate collections for railroad history, Native American heritage, war memorabilia and DeKalb County history.

Fort Payne Opera House

The Fort Payne Opera House (510 Gault Ave. N., (256) 845–3137) was built in 1889 and is still in use today. It began life as a venue for live performances and was used for public forums before being converted to use as a theater during the silent movie era. The opera house has been completely restored and is today used as a cultural center for the community. It is on the National Register of Historic Places and the National Register of 19th Century Theaters in America.

Little River Canyon National Preserve

Little River Canyon was carved out by the river after thousands of years and is one of the deepest canyons in this part of the United States. To get there via AL Highway 35, take the I–59 exit and go east about 10

There are three major waterfalls in Little River Canyon. Little River Falls marks the beginning of the canyon and is located off Highway 35 next to the bridge separating the town of Gaylesville from Fort Payne. This is your first stop on a scenic tour entering from the north. An expanded boardwalk project completed this year leads you directly to the 45-foot waterfall.

Next is DeSoto Falls, which is located on the west fork of the river and is 104 feet high. Grace's High Falls is the last of the major three and is Alabama's highest waterfall at 133 feet. The falls are seasonal. The best time to view them is in the fall, winter or spring. Lack of rain often diminishes the falls in the summer.

Besides the beautiful falls, visitors will discover that Little River Canvon is a hiker's delight with beautiful natural forests and sandstone cliffs towering 600 feet above the canyon floor. There are several hiking trails you can take along the edges of the canyon. These trails allow you to get some great views of the entire canyon area.

Eberhart Point is the best point for hiking down to Pine Tree Hole at the bottom of the canyon. The more adventurous can even put in there for some whitewater rafting fun. As visitors will discover, the Little River Canyon area is also a land of beauty and legends.

COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

AUG. 22-23 — Wiregrass Museum of Art hosts the annual Yard Party for Art from 6-11 p.m. People can enjoy food, drinks and live music at this outdoor fundraiser. For more information, call 794-3871 or visit www.wiregrassmuseum.org.

AUG. 26 — As a modern and contemporary art museum, Wiregrass Museum of Art is hosting contemporary works of art in a piece called, "Is It Art?" at 5:30 p.m. Admission is free. Join museum staff and other hosts in conversation about the art. For more information, call 794-3871 or visit www.wiregrassmuseum.org.

ENTERPRISE

ONGOING Beginning and Continuing Classes in the Taoist Tai Chi Society Internal Arts and Methods are currently held at the Enterprise YMCA. A Thursday night beginning class is available at the Episcopal Church from 5:45-7:15 p.m. and running until Sept. 25. The beginning class covers all 108 moves of the Tai Chi set. Anyone interested in joining a class is encouraged to join any time. Ongoing continuing classes are offered at the YMCA Saturdays 12:15-1:45 p.m. and Mondays 1-2:30 p.m. Continuing class offers individuals the opportunity to improve their Tai Chi as well as explore the health benefits. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or visit www.alabama.usa.taoist.org.

ONGOING — The DAV Chapter No. 9 monthly meetings are held on the second Thursday of each month at 6 p.m. in the Baptist Center located on East Lee Street. For more information, call 308-2480 or 475-4373.

ONGOING — Monday through Thursday aqua Zumba and EPRD water aerobics will be held by instructor Natalie Showers 7-8 p.m. Price is \$5 per class and registration is not required. Bring a towel, water and pool/water shoes are recommended. For more information, call 348-2684.

ONGOING — Every Monday and Tuesday at 7 p.m. the city of Enterprise hosts line dancing. Fee is \$3 per class. For more information, call 348-2684 or visit www.cityofenterprise.net.

ONGOING — The American Legion Post 73 meets at the American Legion/ Doer's Shrine Club building at 200 Gibson Street on the fourth Saturday of each month, beginning at 8 a.m. The building is across the street from the Lee Street Baptist Church. For more information, call 347-5961 or 447-8507.

ONGOING — Veterans of Foreign

Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call 406-3077, 393-6499 or 347-7076, or visit the VFW Post 6683 on Facebook.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING - Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call

OZARK

AUG. 28 — Disabled American Veterans Chapter 99 new officers installation meeting will be conducted at Ryan's Family Steak House in Enterprise at 6 p.m. This is a special priced buffet style meal. Meal is \$12 each and must be purchased in advance. For more information, or tickets, call 347-6009 or 718- 5707 no later than Aug. 22.

ONGOING — The Ann Rudd Art Center is offering free art lessons for children ages 5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m. Slots are on a first come, first served basis. For more information,

ONGOING — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Please call 334-774-2042 for more information.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Meth-

For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday

ONGOING — The Samson City Council meets monthly on the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

TROY

ONGOING - Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — Veterans Of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m. and karaoke begins at 6 p.m. The post will be celebrating its 80th anniversary on Aug. 1. The event is open to members and guests only. For more information, call 793-

Beyond Briefs

Gulf Coast Jam

Aug. 29-31, the Gulf Coast Jam will bring country music stars to the beach, such as Carrie Underwood, Dierks Bently, Blake Shelton and more at Grand Brown Park. Patrons can ride free shuttles to the headline stage.

For more information, visit www.gulfcoastjam.com.

Scavenger Hunt

FunkNImpossible Mission Scavenger Hunt and Urban

Challenge will be held in Panama City Beach Aug. 23. This interactive event will have participants using their brains and bodies to complete mini-missions and figure out clues. Participants race against other teams for the chance to win a cash prize. Teams must find all 15 clues and make it back to the finish line. For more information, visit www.funknrun.com.

Dragon Boat Race and Festival

The Montgomery Dragon Boat Race and Festival Aug. 23 features almost 80 teams that will converge downtown at the Riverfront Park to paddle and party in the pursuit

of the Grand Championship Trophy from 8 a.m. to 4 p.m. Riverfront Park will feature music, entertainment and more than 30 local vendors, artists and exhibitors while teams compete on the water. For more information, visit www.funinmontgomery.com.

Friday Fest

Friday Fest in downtown Panama City is Bay County's largest street festival with more than 200 show cars, 50 vendors and live bands—filling up six blocks of Harrison Avenue on the first Friday of each month from 6-10 p.m. Local shops and restaurants stay open late.

TRANSCOM examines POV staging facilities

Defense Media Activity Press Release

WASHINGTON — The commander of U.S. Transportation Command has directed that site survey teams be sent to privately owned vehicle staging facilities soon as part of a series of steps to restore the confidence of service members and their Families in the POV shipping pro-

The site survey teams will focus on verifying the location of service members' vehicles in the POV supply chain and observe and evaluate location capacity concerns, according to a TRANSCOM release.

These actions will be taken as a result of information gathered during multiple site visits by TRANSCOM representatives, said Air Force Brig. Gen. Paul Guemmer, TRANSCOM's POV fusion cell team leader.

After visits to several vehicle staging facilities by senior members of TRANSCOM, and a review of figures provided by International Auto Logistics, the fusion cell determined it would be necessary to significantly increase oversight of the contract transition, Guemmer said.

The site survey teams will be at the vehicle staging facilities for about a week to

gather additional data regarding contract performance.

The information gathered by the teams will help TRANSCOM validate IAL's data and develop a better understanding of the company's supply chain. "The teams will not be doing IAL's job, but [will] provide additional contractual oversight, which is a function of contract administration," Guemmer said.

TRANSCOM's increased focus on IAL's supply chain and its contract compliance will lead to more accurate information for service members. Better data will lead to better accountability.

This latest action reinforces the command's long-standing commitment to service members and their Families, the release said.

Military moves are stressful enough, Guemmer said, and service members must have the most accurate information possible about their vehicles and a concrete plan to move those vehicles to their final destinations.

"We have service members waiting on delivery of their vehicles past the required delivery dates, and it is unacceptable. Their issue is our issue. We are treating each service member's vehicle as it were our own," Guemmer said.



DOD GRAPHIC

Doc: Military more likely to use tobacco than civilians

By Claudette Roulo Defense Media Activity

WASHINGTON — Because tobacco use is harmful to military readiness, the Defense Department has an added responsibility to curb its use, the assistant secretary of defense for health affairs said Aug. 12, noting that service members are more likely to use tobacco products than civilians.

Tobacco use can lead to excess oral cavity disease and morbidity, Dr. Jonathan Woodson said.

"It affects dental readiness, which is very important in making sure that we have a healthy force ready to deploy for the nation's defense," he explained.

"We know that tobacco use

figures prominently in development of cancers, but also there are many other health related consequences — [decreased] lung function, heart function, excess heart attacks and strokes," Woodson said. "And so it's something that we really do need to concentrate on as a public health issue for the services."

In the coming decades, 171,000 of the personnel currently serving are likely to die prematurely due to tobacco use, he added.

"We have an extra responsibility to address this problem," Woodson said. "The way I look at it is, just as we would leave nobody behind in the combat zone [and] we expend every effort to save the life of a battle buddy that's on our right or on creating environments to make our left, we need to do the same with tobacco use."

The Military Health System is partnered with tobacco cessation programs Action to Quit and U Can Quit 2, and has developed Operation Live Well, all in an effort to provide encouragement and resources to tobacco users looking to quit, he said.

The campaigns are more than just buzzwords, Woodson said.

"It's about a concentrated effort to support the health of the men and women who serve - both immediately and longterm — by reducing the use of tobacco products," he said.

This effort isn't about denying the rights of service members, Woodson stressed, rather "it is about encouraging and healthy choices."

Yet, "it's also about protecting the non-smoker," he added. "We know the issues that occur in terms of health-related effects from ambient smoke for nonsmokers, and so we need to look at the issue of smoking in housing and smoking on installations, again, to protect the health of the entire force."

Tobacco use is pernicious, Woodson said.

"Individuals start and then they get addicted to it and then it becomes a lifelong habit," with terrible health consequences, he said. "You know, at one point in our history when we didn't know so much about tobacco and its health effects, we actually supplied cigarettes

in our rations."

But, he noted, as science demonstrated the harmful effects of tobacco use, the department reformed its policies to better serve the health of service members.

And concern for the health of the entire force is at the heart of the Military Health System's efforts, Woodson said.

"We need to address all potentially health-related habits that adversely affect the health of our servicemen and women," he said. "We want to encourage the development of more smoke-free installations, particularly where children learn, work and play — that's very important for their health but also we want to encourage ... healthy behaviors."

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Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building 109 8:00 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940 9:00 a.m. Catholic Mass Sunday 11:00 a.m. Traditional Worship Service 12:05 p.m. Catholic Mass (Tuesday - Friday) 4:00 p.m. Catholic Confessions Saturday 5:00 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036 08:00 a.m. Latter-Day Saints Worship Service 9:30 a.m. Protestant Sunday School 10:45 a.m. Wings Contemporary Worship Protestant Service 1:00 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939 10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

Tuesday-

9:00 a.m. Protestant Women of the Chapel, Wings Chapel 5:30 p.m. Youth Group Bible Study, Spiritual Life Center

6:00 p.m. Protestant Women of the Chapel, Wings Chapel 7:00 p.m. Adult Bible Study, Spiritual Life Center

Wednesday-

11:00 a.m. Above the Best Bible Study, Yano Hall 11:30 a.m. 164th TAOG Bible Study, Bldg 30501 12:00 p.m. Adult Bible Study, Soldier Service Center 6:00 p.m. Adult Bible Study, Spiritual Life Center

Thursday-

9:00 a.m. Adult Bible Study, Spiritual Life Center 6:30 p.m. Latter-Day Saints Bible Study, Wings Chapel 6:30 p.m. Wings Bible Study (Meal/Bible Study), Wings



information about animal adoptions, call the Veterinary Clinic at 255-9061. The Stray **Facility needs** donations.

Donations can be dropped off at the Veterinary Clinic.

Tips to quit tobacco

Use the 5 Ds to help with urges

- Deep breathing -Take slow deep breaths to feel re laxed and in control.
- **Drink** water Drink at least 8 glasses of water a day to flush out nicotine from your system.
- **Do** something else to keep busy.
- Discuss your urge with a friend or family member.
- Delay Don't reach for tobacco right away. The urge to smoke passes in 3 to 5 minutes whether a person smokes or not.





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SYNTHETIC BONES

New technology may help shock wave defense

Story on Page D3

AUGUST 21, 2014

Time to spare

Bowling leagues designed for all ages

By Nathan Pfau Army Flier Staff Writer

Intramural sports, such as softball, basketball and football aren't the only ways that people on Fort Rucker can get into team sports.

Rucker Lanes is now taking active signups as it gears up for the 2014-2015 bowling league season starting the first week of September and is offering a multitude of leagues for people from all age groups to participate, said Ron Cook, business manager at Rucker Lanes.

The United States Bowling Congress leagues include: mixed leagues, featuring men and women ages 18 and older; a men's league; a women's league; junior's league for ages 8-18; and a USBC Roll n' Grow league for toddlers and children up to 7 years old.

All league participants must be USBC certified, which can be done at Rucker Lanes, and all tournaments are open to anyone ages 18 and older, said the business manager.

"Friday nights we have a brand new league - the Party Prize Pin League," said Cook. "It's a great opportunity for people to come out and play games of 9-pin, no tap, which means getting nine pins down counts as a strike.

"There's a lot of opportunity to win prizes, giveaways and lots of goodies during the league," he added.

All leagues are open to the public, but the priority in the Party Prize League is given to active-duty Soldiers and their Families; retirees, veterans and their Families; DOD civilians; returning bowlers and civilians, respectively.

Each league will play on a different days throughout the week, said Cook.

Tuesday nights will be mixed league, starting Sept. 9 at 7 p.m., with fees discussed at the meeting on Sept. 2. Thursdays will host the morning ladies' league at 9:30 a.m., and both night men's and ladies' league at 6:30 p.m., all starting Sept. 4 for \$10, \$11 and \$9 a week respectively.

Friday will be the Party Prize Pin League, which will begin at 6:30 p.m. Sept. 5 at \$15 per session, and that league will bowl the first, third and fourth weekend of the month, said Cook.

Saturdays will host the USBC Junior's



W01 Adam Nyitray, B Company, 1st Battalion, 145th Aviation Regiment, watches as his son, Kowen, bowls at Rucker Lanes Tuesday.

\$1.50 per week. Rucker Lanes also has many specials and events going on throughout the week to cater to those not interested in league bowling, such as Quarter Mania Mondays from 5-10 p.m., which features 25-cent

league at 9:30 a.m. starting Sept. 6 at \$2 bowling and 50-cent shoe rentals; and Satper week; and the USBC Roll n' Grow urday Xtreme Bowling from 8-11 p.m., league starting at 9:30 a.m. Sept. 6 at during which patrons can bowl with lights, with the kids and making them better, and music and glow-in-the-dark bowling balls and shoe rentals for \$10.

There are also specials like Breakfast & Bowl on Saturdays and Sundays from 10 a.m. to noon, featuring items such as pancakes, bacon and drinks paired with two

games of bowling for \$7.25. "We have dedicated coaches working this is all a good opportunity for people to come out, have some fun and have a chance to win some prizes," said the business manager. "We're really ramping up

the fun." For more information, call 255-9503.



is for Spouses, too!

The Global Assessment Tool (GAT 2.0) is a confidential, self-assessment tool that tells you how to improve your overall health and well-being. By knowing yourself, you can stay emotionally and psychologically strong for yourself and your family.

Take the GAT 2.0 on ArmyFit™ https://armyfit.army.m

Army encourages spouses to use resilience tool

Army News Service Press Release

ARLINGTON, Va. through October, the Army's Comprehensive Soldier and Family Fitness program is conducting a campaign to encourage Army spouses to take the Global Assessment

The GAT 2.0 is a confidential, online, self-assessment tool that provides users with scores for their individual levels of fitness in five dimensions: Family, Social, Physical, Emotional, and Spiritual. The GAT 2.0 is an annual requirement for Soldiers, but there is also a tailored version specifically for spouses.

"A key part of creating a more ready and resilient Army is ensuring our Families have the same tools and resources as our Soldiers," said Col. Kenneth Riddle, CSF2 director. "Since the launch of GAT 2.0 on Jan. 27, over 375,000 Soldiers have taken this self-assessment. We want Army spouses to take advantage of this self-awareness tool, as well and follow-on resources

that the GAT 2.0 recommends." In addition to providing users with their individual scores in the five dimensions of strength, the GAT 2.0 also provides the user's RealAge®, which is a metric that reveals users' biological age compared to their calendar age. Users also receive their results in the Performance Triad of Sleep, Activity and Nutrition.

Self-Awareness is only part of the benefit of taking the GAT 2.0. Selfdevelopment is the second part. After receiving their scores based on the GAT 2.0, users are directed to ArmyFitTM, which houses the tools and resources for users to increase their resilience and improve their overall resilience and well-being. Each user receives tailored recommendations to help them navigate through the myriad resources available within ArmyFitTM.

The strength of the Army comes from its Family members. The GAT 2.0 provides spouses with the opportunity to know themselves and stay psychologically strong for themselves and their Families.

"What makes the GAT 2.0 different from other online surveys is that it's designed specifically for members of the Army Family," said Grace Heath, who's been an Army spouse for 17 years. "It gives my spouse and me common ground when we talk about things like strength and resilience."

To keep the recommendations provided by GAT 2.0 relevant, CSF2 plans to keep adding new content and functions to ArmyFitTM over the coming months. These include the ability to synch a personal activity monitor's data with the site to chart a person's daily physical activity, and use that data to compete with other users.

For more information on the GAT 2.0, visit http://csf2.army.mil

To take the GAT 2.0, visit https:// armyfit.army.mil

DOWN I'IME





ACROSS

18 A little

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20 Filled with

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23 Table terms

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26 Like printing-

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- -i-noor

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28 Backbone

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60 Furniture

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66 Toon Boop

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71 Home of the

73 Road curve

76 Miserly sort

79 Elevated

80 Worker

e.g.

86 Judge's

(wiseacre)

welfare agcv.

83 The Stooges, DOWN

82 Sprite or Tab

explanation

74 Smart

Dream Team

stang)

70 Acey-

46 Police logs

"Winter





Just Like Cats & Dogs

by Dave T. Phippe

YOU ACTUALLY GIVE ME GRIEF? AT LEAST MY MOVIES ARE BASED ON THE NOVEL, NOT THE LAST FIVE SEQUELS.



Super Crossword

5 Little donk

8 Ad-

10 "SOS!"

12 Italian

6 Connect, as

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(improvise) 9 Palm Pilots

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29 Brief slumber

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97 Jail rooms

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107 Taj Mahal's

108 Welles of film

109 Hearing thing

112 1986 Molly Flingwald film

117 Medium's gift

118 Rod on a car 119 Interstate

120 Joyrode, e.g. 123 Loan accrual

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99 Hits with

fibs 101 Really fancy 102 Copy Jay-2

103 Be partial to 104 "This suddenf' 105 "Can do"

107 Actor Lew 109 One living abroad

110 Justice Samuel

111 Make fresh 113 Paving goop 114 "— afraid of trant"

115 Slouth Wolfe 116 Old TV part 118 Undisturbed 121 Mao --- -tung

by Fifi

1. MOVIES: In a prank that went awry, what famous Hollywood producer accidentally got stuck in the mouth of the "Jaws" mechanical shark?

2. TELEVISION: What spinoff comedy show spawned the spinoff sitcom

"Good Times" in the 1970s? 3. GEOGRAPHY: Where is the Ruhr region located?

4. MYTHOLOGY: What was the name of the country ruled by Midas, the king with "the golden touch"?

5. FAMOUS QUOTATIONS: What 19th-century author said, "The mass of men lead lives of quiet desperation"

6. SCIENCE: What is the third most common element in the Earth's atmosphere by percentage, after nitrogen and oxygen? 7. MUSIC: What is the national

anthem of the United Kingdom? 8. LITERATURE: In which of Shakespeare's plays do the characters of Beatrice and Benedick appear

9. GENERAL KNOWLEDGE: What was the name of the single "supercontinent" from which modern-day continents are believed to have formed?

10. ASTRONOMY: Which planet's two moons are named Phobos and

See Page D4 for this week's answers.

3 Tall and lean (Chinese 91 From 81 Most moist hoaxes dish) Canada, say 4. Rocker Pop 40 Yuppie dog and soft 122 Simian 9 8 1 5 6 59 6 7

103 104

108

See Page D4 for this week's answers.

120

124

128

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: * *

* Moderate * * Challenging * * * HOO BOY!

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See Page D4 for this week's answers.

KID'S CORNER

125

129





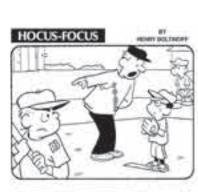
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message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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Synthetic bones may help shock wave defense

By T'Jae Gibson U.S. Army Research Laboratory

Public Affairs

ABERDEEN PROVING GROUND, Md. - Shock waves from battlefield explosions are invisible threats for U.S. Soldiers and their top-of-the-line combat helmets, but with new studies in synthetic human physiology, researchers are learning how to lessen blast wave effects on the brain.

Exactly how, and to what degree, these waves cause brain damage is what the U.S. Army Research Laboratory scientists and engineers and a group of university partners are trying to answer as part of a multi-year, multidisciplinary research project.

In a related research project, Army researchers are investigating new material development for helmet padding systems, and from this research, they expect greater insight and innovation in addressing what is likely to be the next big development in head protection: strategies for mitigating the effects of blast.

They're creating synthetic cranial bones that look and behave like the skulls of 20- and 30-year old Soldiers that will be tested in laboratory experiments that mimic combat-like blast events in hopes of improving military helmet pads, shells, and other protective equipment.

Dr. Thomas Plaisted, materials engineer in the Materials and Manufacturing Science Division at the ARL, said even though synthetic bones are commercially available, they're used primarily by doctors to practice surgical procedures. But, their design prevents them from "behaving like real human bones when subjected to blast tests."

"The mechanical properties of the human skull change with age and depend on the health of the individual. Donor skulls that may be available for testing would typically come from older people, and the properties of those skulls can be highly variable and may not have the same response as the average skull of the Army Soldier population," said Plaisted.

He said this is among the variables that "add uncertainty when trying to evaluate head protection devices, like helmets. So we are developing our own synthetic bone, [and] capturing material and architecture response, specific to the human skull."

A simulated skull ARL re-



PHOTO BY ARL PUBLIC AFFAIRS

Synthetic cranial bones, as shown here, are being created by the Army Research Laboratory to behave like the skulls of 20- and 30-something-year-old Soldiers' bones.



Right now, U.S. Army helmets provide the best known defense against ballistic weapons, but no one knows how well they can stand up against combat's most clandestine foe: shock waves, according to researchers.

of synthetic materials, with the goal of creating a uniform response that is representative of the which together are responsible Soldier population to use in tests for how it responds under impact to understand how to best protect the head during exposure to blast waves and blunt impact.

"The cranial bones have a high-

searchers are developing is made ly-graded structure, from a tough outer layer, a spongy inner section, to a more brittle inner layer,

> Slice-by-slice images taken from a CT scan help researchers get the geometry and structure of

conditions," he said.

the skull right. ARL composite materials, combined with these images, and 3-D printing technology, produce models of bone-like surrogates that ARL researchers will use to test new helmet padding materials in simulated blast and impact conditions. The goal is to determine how the pads and helmet shell materials protect the head from injury, Plaisted said.

"We are developing new helmet padding materials to improve the impact protection afforded by the Army's helmets. The helmet can withstand impact at a certain velocity, while protecting the head from accelerations that would lead to injury. In the extreme case, excessive acceleration may lead to skull fracture," he said.

"We are using computer modeling of head and helmet impacts to understand how tailoring the padding properties can reduce acceleration at various impact locations around the helmet," Plaisted said. "Then, those properties are engineered into materials and tested in the laboratory to validate what we are seeing in the computer models. The research is giving insight on optimal material structures and material combinations that achieve increased energy absorption while still being comfortable to wear."

Earlier this year, ARL evaluated the base material of the synthetic bone by hitting it at a high rate, and comparing the fracture properties to human bones tested by the same technique. They've de-

rus attacks.

termined it to be a "close match" to human bones, he said.

"Our next step is in determining the limits of resolution we can achieve with the 3-D printing, and how fine the resolution needs to be to capture the properties we are looking for, he said, adding that he expects to start printing synthetic skulls with 3-D technology by the fall.

"Part of ARL's mission is to take varying levels of risk in finding state-of-the-art science and developing the technologies that could potentially provide the Soldier with more protection, more capability, or both," said Dr. Shawn Walsh, who leads ARL's Agile Manufacturing Technology Team. "What is equally important is that ARL strategically reduce the risk of these new technologies so that centers, such as the Natick [Soldier Research, Development and Engineering Center], can begin to think about how they would integrate into a larger Soldier sys-

"[Plaisted's] efforts are unique in that he is bringing fundamental material science and modeling to the dual problem of accurately representing biological systems and coupling this biological model to a materials model to provide better insight on how impulses are transmitted during an impact to the helmet and head. Such insight will lead to new and quantifiably proven methods for reducing the adverse effects of violently applied forces to the head and

Army researcher fighting Ebola on front lines

By David Vergun Army News Service

WASHINGTON

Army researchers working on developing vaccines for the deadly Ebola virus, as well as combating the spread of the virus and caring for those who are infected. The virus has recently killed more than 800 in Sierra Leone, Guinea and Liberia.

One of these researchers is Dr. Randal J. Schoepp, a diagnostics specialist and chief of the Applied Diagnostics Branch, U.S. Army Medical Research Institute of Infectious Diseases.

Schoepp spoke by telephone from Monrovia, Liberia, with WAMU radio talk show host Kojo Nnamdi Aug. 4 about efforts to fight the deadly Ebola outbreak in west Africa.

Colleagues at USAMRI-ID, along with researchers from Public Health Canada, helped develop the serum given recently to two U.S. medical workers, Dr. Kent Brantly and Nancy Writebol, who contracted the virus while working with patients infected by Ebola in west Africa, Schoepp said.

The serum is "basically a cocktail of three humanized, monoclonal antibodies produced in tobacco plants," he said. Humanized, monoclonal antibodies are derived from animals whose protein sequences have been altered to more closely resemble those produced by hu-

Initially, the researchers looked at six antibodies. Three of the most promising were then down-selected, he said, and were tested on non-human primates at various concentrations and time periods throughout their infections.

The results of the studies showed that when these antibodies were administered in the final, most advanced stages of Ebola, the primates recovered. "That's huge in our field," he said.

If the two Americans recover, the next step for researchers is to develop clinical trials, he said, adding that it's way too early to make conclusions about the efficacy of the treat-

Schoepp has been working in west Africa for a number of years on diagnostics for other viruses. In 2006, he conducted research on Lassa Fever in Sierra Leone. Like Ebola, it is a viral hemorrhagic fever, meaning that one of the symptoms is bleeding caused by damage to the vascular system.

Lassa differs from Ebola in that it predictably occurs in about the same time every year, he said, with



A technician sets up an assay for Ebola within a containment laboratory. Samples are handled in negative-pressure biological safety cabinets to provide an additional layer of protection.

about 500 to 700 cases.

But Schoepp found that of those cases, only 30 to 40 percent were Lassa. So he began to study the 60 to 70 percent that were not and found that they were closely related to the Zaire strain of Ebola.

Since Schoepp's diagnostics research on the Zaire strain has been carried out for a number of years, he said he's hopeful some of that will be useful in studying the west African Ebola.

Working in west Africa is particularly challenging, he explained.

most everything with us,"

he said. "When we arrived

here in Liberia, we had to

"We have to bring al-

set up the entire laboratory, train the staff and then supervise them as they help fight the disease in their own country."

Diagnostics, Schoepp's specialty, is detective-like

The strategy involves using molecular assays, such as Polymerase Chain Reaction, that look for particular signatures in the genome of the virus, he explained.

Another approach, he said, involves the use of immunodiagnostics to detect either the virus or detect the antibodies in an infected person. He credits USAM-RIID with testing some of the early antibodies IgM, or Immunoglobulin M, and the later antibodies IgG, or

the body," he said. Immunoglobulin G, which

Researchers at USAM-RIID are "trying to continue to improve on those assays to make them easier and more specific and sensitive," he added.

appear after the Ebola vi-

One of the biggest hurdles to fighting the Ebola, he said is not medical, but rather cultural.

Most who contract Ebola get it when preparing the bodies of loved ones for

"In Africa and other regions of the world, it's traditional to wash the body, to caress the body, to kiss

lated societies, people even drink the blood of the dead as a way to honor them, he added

In some of the more iso-

So these practices "are leading to an increase in the number of infections we're seeing," he said. These cultural practices are "very delicate to deal with in west African societies. You have to tread very lightly and bring it to them in a way they'll understand so they consider changing those practices. We haven't made it to that point yet. That's why we're seeing this outbreak continue."



SPORTS BRIEFS

Bowling leagues

Registration for bowling leagues at Rucker Lanes is available at the front counter. Leagues are open to the public, and all ages and levels are welcome. Fees, schedule and league specifics will be discussed at the league's first meeting. People need to register for a league by the first meeting date. Mixed leagues are for men and women, ages 18 and older. United States Bowling Congress Juniors is for ages 8 to 18. USBC Roll n' Glow is for children from walking age up to age 7. All league tournaments are open to anyone, ages 18 and older. All league participants must be USBC certified, which people can do at Rucker Lanes or at league meetings. USBC Junior and USBC Roll n' Glow registration fee includes USBC certification. For more information, call Rucker Lanes at 255-9503.

Mother Rucker's open Sundays

Starting Sept. 7, Mother Rucker's will be open Sundays from 11a.m. to 11 p.m. For more information, call

Free summer bowling

Rucker Lanes offers free bowling to youth all summer long. Each youth receives three free games of bowling and shoe rental for free – up to three youth, up to 13 years old - when at least one parent bowls with them for \$8.50. The offer is available Mondays-Fridays until Aug. 31. The offer is open to the public and exceptional-Family-member friendly.

For more information, call Rucker Lanes at

Enterprise baseball

Enterprise's semi-pro baseball is need of players. For more information on the team, call 347-4275 or

Batting cages open

The Fort Rucker batting cages are open Tuesdays and Thursdays from 4-8 p.m., Saturdays from 10 a.m. to 6 p.m. and Sundays from 1-5 p.m. Reservations must be made prior to using the batting cages by calling youth sports and fitness at 255-2257 or 255-2254.

Stars and Strikes

Rucker Lanes will host its Stars and Strikes Labor Day event Sept. 1 from 10 a.m. to 10 p.m. The event will feature 25-cent games and 50-cent shoe rental. Regular pricing applies to other menu items.

For more information, call 255-9503.

Soccer 3-vs.-3 indoor tournament

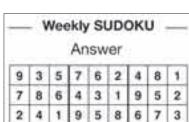
The Fort Rucker Physical Fitness Center will host a soccer 3-vs.-3 indoor tournament Sept. 6 at 9 a.m. The tournament will be in the double elimination format. People must register before Sept. 6 and the cost of registration is \$40. Organizers encourage teams to have more than three players because of the rapid succession of the game during the tournament. Trophies will be awarded to first, second and third place teams.

For more information, call 255-2296.

PUZZLE

ANSWERS





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TRIVIA

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All in the Family"
 Gammany
 Physics 4. Phrygia 5. Henry David Thomas Argon "God Sove the Queen" on

(Cing")

5. "Mach Ado About Nothing"

