

**WELL BEING**  
Resilience remains  
command priority



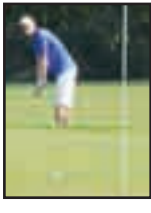
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**AUTO CRAFTS**  
Programs great for  
novices, experts



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**GOING PRO**  
SWGC hosts  
annual Pro-Am  
Golf Tournament



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# ARMY Flier

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 64 ■ NO. 32

FORT RUCKER ★ ALABAMA

AUGUST 14, 2014

## AVIATION RESTRUCTURE INITIATIVE

### Balancing act seeks to get force right

By Kelly P. Pate  
*Public Affairs Specialist*

Working organizational design change with one hand, while maintaining the combat power to respond to contingencies with the other hand, is a balancing act the U.S. Army Aviation Center of Excellence has done before.

Back in 2004, while supporting the warfight in Iraq and Afghanistan, the task at hand was creating the current brigade design, according to Ellis Golson, director for the Capability Development and Integration Directorate. This time, it's the Army's Aviation Restructure Initiative intended to rebalance force structure into a smaller, more capable and sustainable Aviation force.

"The ARI impacts everything the Aviation Center does. We have got to produce Aviation professionals, and we've got to develop the future force. It impacts both of

those directly, how we produce those individuals, what they are trained to do, and then also the force we are building, manning, equipping and training in the operational force," said Golson.

The ARI was approved by Army Chief of Staff Gen. Raymond T. Odierno in December and the first execution order went out in April. The ARI looks to reduce costs while addressing fleet obsolescence and sustainment issues, and the impacts to Aviation are already being felt.

Col. John Lynch, a career Kiowa Aviator and special projects officer for the Capability Development and Integration Directorate, was on site at the 309th Aerospace Maintenance and Regeneration Group in Tucson, Ariz., when Kiowa aircraft and support equipment arrived for desert storage from 6th Squadron, 17th Cavalry Regiment in Fort Wainwright, Alaska, in May.

"The aircraft have served us well. I think everybody recognizes that," Lynch said.



PHOTO BY AIR FORCE MASTER SGT. ADRIAN CADIZ

Defense Secretary Chuck Hagel receives a tour of static display helicopters from then-Brig. Gen. Michael Lundy, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, July 10 during the SecDef's visit to discuss the Aviation Restructure Initiative.

The 6-17th then deployed to Korea without aircraft, Lynch said, since Kiowa Warriors were already in place from their predecessors there – the 4th Attack Reconnaissance Squadron, 6th Cavalry Regiment out of Joint Base Lewis-McChord, Wash.

With tightening purse strings, tough decisions had to be made concerning the armed aerial scout mission, Lynch said.

"We were getting to that point where

we still had a valid requirement for armed aerial scout, which will be now filled in the interim by Apaches. Given the fiscal situation and the drawdown, we couldn't afford to go after a new program for the armed scout. This gives us the best plan with the most modernized platforms for the best Aviation force going forward," Lynch

SEE INITIATIVE, PAGE A5

## HOMELESS

### Stray population increases

By Sara E. Martin  
*Army Flier Staff Writer*

Hidden behind a high fence stands a building that many people driving on the installation might not even know is there, but the Fort Rucker Stray Facility on Andrews Road near the Enterprise gate needs the help of the community to save nine furry faces that desperately need a place to call home.

The facility currently has two puppies, four adult dogs and three kittens. And although facility technicians give all the love and care they can, there is no place like a fur-ever home with a Family that will love them unconditionally.

The facility is a kill shelter, and Donna Isom, stray facility animal care taker, said there is always the need for people to come and adopt the animals.

"You are saving a life by adopting this animal. They didn't ask to be in this situation, but with adoption they can have a second chance," she said.

The facility is open Mondays through Fridays from 8 a.m. to 3 p.m., and anyone is allowed to adopt from them. The facility is located in Bldg. 8829 and has a Facebook page — Fort Rucker Stray Facility — where photos and information are updated on a regular basis.

Isom said the summer time is always busy for the shelter because many Families are permanently changing stations. Some of the dogs she has at the shelter have "clearly been abandoned by their owners."

"It is PCS time and, unfortunately, many pets get left behind or get lost during the transition. So it's important to make sure you microchip your pet, but it's even more important not to abandon them on the side of the road hoping someone will pick them up," she said.

If Families find themselves in a position where they cannot take a pet with them to a new duty station, Isom said the top priority should be to find that pet a new, loving home.

"Many people don't want to deal with the guilt of dropping them off at a shelter, so they just drive away without their pet. But that's not becoming of a person," she said. "No matter what it is that's causing you to give up your pet — whether it's a divorce, a move or even allergies — taking in a pet is a major responsibility that you choose to take on. So do the best you can to re-home them because you made that commitment to them.

"But if you do have to re-home a four-legged Family member, interview the person you are giving them to if you're not re-homing with a close friend or Family

SEE POPULATION, PAGE A5



PHOTO BY SARA E. MARTIN

Sammy, Rucker and Honey play together Aug. 7 at the stray facility.

## SHOWTIME



PHOTO BY NATHAN PFAU

Soldiers of the 2014 U.S. Army Soldier Show perform for a packed audience at the Enterprise High School Performing Arts Center Tuesday. The two-day engagement took people on a musical journey to offer a glimpse of what it's like in Army life, as well as to educate on hard-hitting issues, such as sexual harassment and suicide, that affect not only those in the Army, but in the surrounding communities.

## Post observes antiterrorism month

By Nathan Pfau  
*Army Flier Staff Writer*

August is well known in the South for the sweltering heat and the approaching end of summer, but in the Army the month's focus is antiterrorism education.

And while August is Antiterrorism Awareness Month, Cory Greenawalt, Fort Rucker Training and Doctrine Command antiterrorism officer, urges that people remain vigilant year round.

"We're trying to raise awareness and get out that every Family member, Soldier, dependent, every contractor and trusted agent are all sensors," he said. "If you see something that looks like a duck, quacks like a duck, walks like a duck ... it's probably a duck — call someone and let someone know. If something doesn't look right, get it reported."

Throughout the month of August there will be static displays set up around post and antiterrorism officials will be around the installation to help educate on antiterrorism with brochures and vignettes.

Every Friday throughout the month, Greenawalt will have a booth set up for people to visit in the atrium of Bldg. 5700 with different brochures and merchandise to promote antiterrorism.

There are different programs within the antiterrorism spectrum, includ-



PHOTO BY NATHAN PFAU

Cory Greenawalt, Fort Rucker TRADOC antiterrorism officer, discusses different aspects of antiterrorism prevention with Staff Sgt. Richmond Ward, 160th Military Police Battalion, in the atrium of Bldg. 5700 Friday.

ing iWatch, eGuardian and iSalute, which are all designed to help Soldiers, Family members citizens and anyone in the community report suspicious activity, said Greenawalt.

Through iWatch, the program's main focus is to get people to be aware of their surroundings and remain vigilant to help stop terrorism, said the antiterrorism officer.

"Law enforcement can only do so much, so it's up to the installation's Soldiers, civilians and citizens to keep an eye out for suspicious activity," he said.

The eGuardian program is designed mainly for local law enforcement, and through this program they

report on suspicious activity, which will go to the Fort Rucker antiterrorism office, said Greenawalt. With that information, antiterrorism officials go through the reports and look for credible reports and work with the local law enforcement to see how far the potential threats go.

"Fort Rucker is a pretty friendly community, but there are extremist groups out there and outside threats that we deal with," said the antiterrorism officer. "We take in all accounts of our reporting avenues seriously."

iSalute is another program that provides information regarding

SEE POST, PAGE A5

# PERSPECTIVE

## Interviewing skills — key to landing job

By Bryan Tharpe  
*Soldier for Life Transition  
Services Manager*

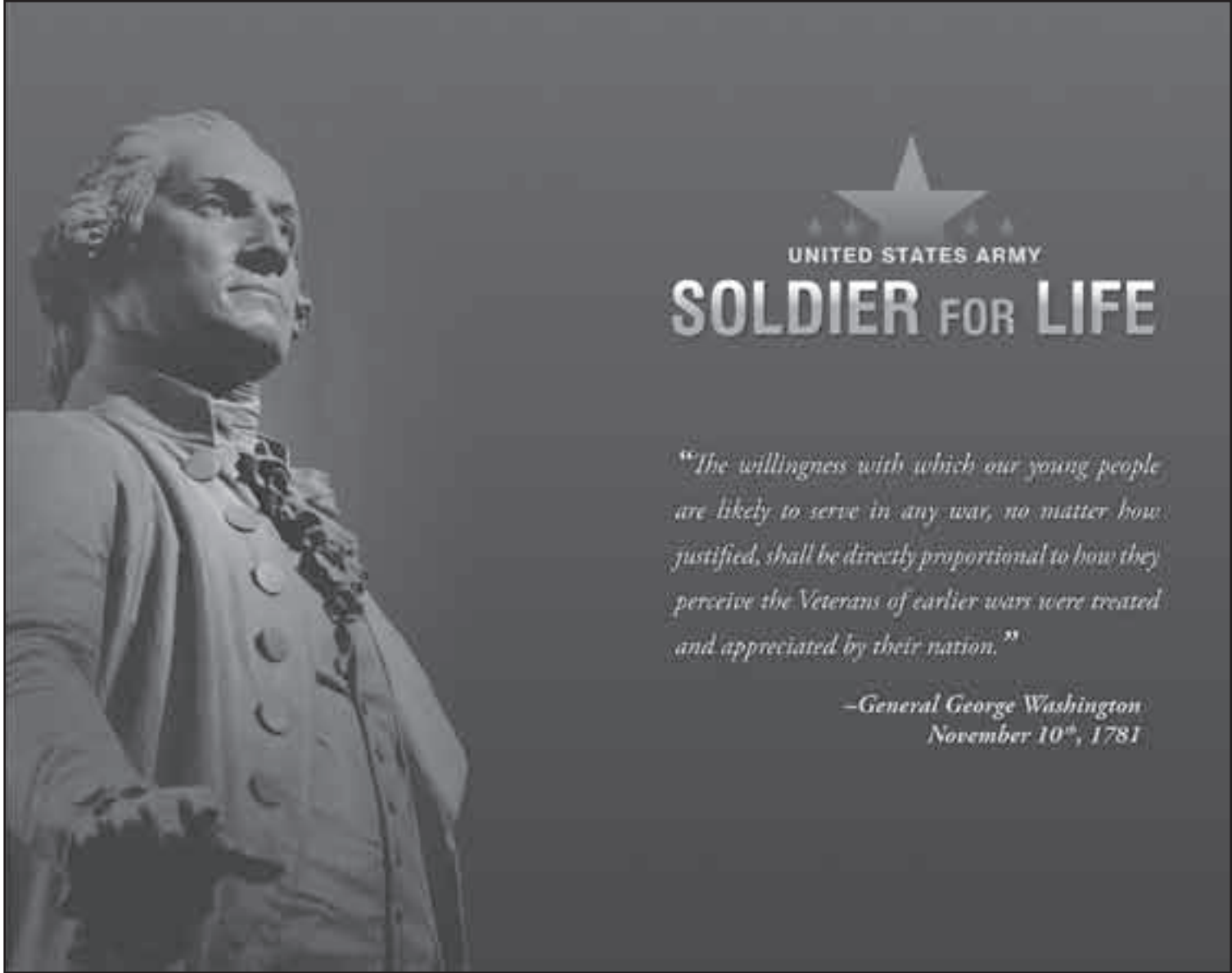
You're at a job interview and everything seems to be going smoothly. Then, all of a sudden, the interviewer asks you, "Why should I hire you for this job?"

This is one of those really tough questions that will probably come up during every job interview. How do you go about answering a question like this without sounding boastful?

Well, the first thing you want to project is that you are confident, but not cocky. The difference is that when you're confident, you can give examples of how you did things in the past that prove you can do them in the future. Being cocky is moving beyond overconfidence and into arrogance. It is an attitude that says you can do this job better than anyone else can, even though you may have never done it before. Being confident in your abilities is good. Being cocky and arrogant will quickly turn an interviewer off.

Ask yourself, what is the interviewer really trying to uncover by asking you a question like this? The interviewer is asking for assurance that you can perform the duties of the new job. This is where past performance is deemed a good predictor of future behavior. So, have three or four examples ready to share at the interview that prove that you can do or have done a similar job and the outcome of the job. This means you need to know what the job entails. You can find the job requirements in the job description.

Also, know what personal characteristics the company is looking for in the person they want to hire and tell them what



ARMY ARTWORK

they want to hear. Just don't get cocky. Do it subtly by using examples and outcomes.

At this time, the interviewer is probably interviewing more candidates for the job than just you. They are trying to find out what makes you a better candidate than the others. Your well thought out examples will prove to them that you have what it takes to get the job done. Normally, the best-qualified candidate who tells the interviewer

more of what they want to hear will get the job. So anticipating the question and practicing your answer is the best strategy for preparing for this question.

If you need some suggestions to consider when preparing examples to share with the interviewer, remember that they will probably be interested in hearing about how you did more with less, improved processes, saved money, time, or other resources, met or exceeded es-

tablished goals and objectives, improved teamwork, communications, or solved problems. Preparation is your key to success!

Now that you know how to go about answering a tough question such as this, remember that this is only one possibility. There are many more tough questions that you need to anticipate and be prepared to answer before you go for that job interview.

Your Soldier for Life Center hosts workshops that address interviewing skills as well as numerous other topics. Transitioning service members and their spouses are encouraged to sign up for these classes to learn more about the job search process.

Call the Soldier for Life Center (formerly Army Career and Alumni Program Center) at 255-2558 for more information.

## Rotor Wash

“An employment readiness class begins Tuesday at 8:45 a.m. in Bldg. 5700, Rm. 350. What steps should Soldiers and Families take to ease the transition into the civilian workforce or to return after extended unemployment?”



Sgt. William Cole,  
98th Army Band

“Go to local job fairs, like the one they had Wednesday.”



Spc. Scott Burns,  
98th Army Band

“Keep your resume up to date with your military credentials. And don't be afraid to ask for help. The Army has a lot of programs and incentives that can help you progress in the civilian world after you have left the Army.”



Staff Sgt. David Seymour,  
NCOA

“Always practice an interview with a Family member or friend. Have them ask you questions you anticipate will be asked during your real interview, that way you can practice, and it never hurts if they throw in an odd question you're not expecting.”



Sara Grace Covington,  
civilian

“Make sure to have all of your resumes in order and do your research long before you're getting out.”



Jason David,  
civilian

“Keep up on your resume and make sure it's up to date with the most relevant information. Search different job markets and don't be afraid to call and ask questions.”

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FORT RUCKER COMMANDING GENERAL

**Col. Stuart J. McRae**  
FORT RUCKER GARRISON COMMANDER

**Lisa Eichhorn**  
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Deadlines are Friday at 2 p.m. for the following week's edition.

All editorial content of the Army Flier is prepared, edited, provided and approved by the Public Affairs Office, U.S. Army Aviation Center of Excellence and Fort Rucker, AL.

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflieger.com.

# Q/A: Resilience remains command priority

By Nancy Rasmussen  
*Public Affairs Specialist*

In response to growing Army-wide concern for Soldier, civilian and Family resiliency, the U.S. Army Aviation Center of Excellence launched its Ready and Resilient Campaign under the leadership of Public Health Command's Community Health Promotion Council a little more than a year ago.

Although the council is fairly new here, it has experienced success at other Army Centers of Excellence that have implemented its processes.

To explain the role CHPC plays, its composition and how it benefits Fort Rucker Soldiers, civilians and Families, Rebekah George, health promotion officer, responded to the following questions.

**Q: What is the purpose of the CHPC?**

A: Building and maintaining resiliency in our community is essential. The Army has learned this lesson from more than a decade of military conflict. In an effort to integrate resilience into the lives of Soldiers, Family members and civilians, the Army launched the Ready and Resilient Campaign a little more than a year ago with the goal of ensuring Soldiers are deployable and ready, as well as supported by strong Families and civilians. R2C aims to maintain Army readiness, and tailors prevention and response measures to promote physical, moral and mental fitness, emotional stabil-

ity, personal growth, dignity and respect.

At the installation level, R2C is supported and promoted by the CHPC, which strives to evaluate the needs and concerns of the Fort Rucker community and develop targeted interventions to enhance the overall quality of life. CHPC ensures that there is a unity of effort in caring for our community and is fully dedicated to supporting the health and resiliency of our Soldiers, Family members, and civilians.

**Q: What is its long-term goal?**

A: Integrating R2C into the CHPC ensures Soldiers are deployable and ready, as well as supported by strong Families and civilians. The end state is the establishment of an enduring cultural change where Soldiers enter the Army strong and become stronger during their service.

**Q: What need does CHPC fill?**

A: CHPC is the single integrated effort that supports the health and resiliency of our Soldiers, Family members and civilians on the installation. No other agency or council ensures the strategic integration of R2C or provides a holistic approach to health promotion on the installation. It is the only mechanism that facilitates and shapes the standardization of programs and processes to ensure that resource utilization is focused on improving the resiliency of the Total Army.

**Q: Who leads and participates in the CHPC?**

A: CHPC is chaired by Maj.

Gen. Michael Lundy, USAACE and Fort Rucker commanding general, and is facilitated by the health promotion officer. CHPC members are key stakeholders in the community and act as principal advisers to Lundy.

The Fort Rucker CHPC functions as an executive agency for Lundy and oversees a comprehensive approach to the health promotion programs on the installation. The health promotion programs include: physical, behavioral, spiritual, environmental and Family health. Lundy has personally chartered work groups to address each one of these components.

Consisting of subject matter experts, the work groups meet once a month to identify voids and overlaps in existing programs, discuss community needs and issues and coordinate interventions that target those issues. Ideas and interventions that come out of the work groups are taken directly to Lundy at quarterly meetings, where he provides guidance, feedback and approval.

Lundy determines CHPC priorities for Fort Rucker and the needs of the community. Also included in the agenda are interventions the work groups have developed to target areas of improvement.

**Q: When does the CHPC meet?**

A: CHPC meets quarterly. The next CHPC is Aug. 22, from 12:30-2 p.m. in the USAACE Headquarters Building Regimental Conference Room. CHPC is

## Multiple resources in one place

Looking for the right resource can be confusing. Now, thanks to the efforts of the Community Health Promotion Council, finding what you need has been simplified with the Community Resource Guide.

"The CRG is a comprehensive inventory of all programs and services offered on the installation and in the surrounding community. The goal of the CRG is to help community members identify the resource or program they are looking for based on a particular need," said Rebekah George, CHPC health promotion officer.

"For example, if a spouse needs counseling, he or she will go to the

counseling section, where they will find every program and service that offers counseling services. In addition, each section is further broken down into sub categories, including anger management, career, marriage and combat stress counseling, just to name a few," she said.

The CRG is available online on the Fort Rucker homepage, and users can download it as a PDF or use it as an online tool.

"Having easy access to this information enables community members to be empowered in their knowledge of Fort Rucker and thus maximizes their ability to be ready and resilient," George said.

open to the public and community stakeholders. The first meeting for fiscal year 2015 is scheduled for Nov. 12.

A strategic plan is currently being developed for CHPC. It will be completed by the end of September and will outline the mission, vision, values statement, end state and goals. Also included will be the communication plan, which will outline how CHPC and R2C will be promoted throughout the community.

**Q: Who staffs the CHPC and how can community members contact them?**

A: As the health promotion officer, I serve on the commanding general's special staff and am responsible for ensuring the execution and management of CHPC. My phone number is 255-0529.

CHPC is supported by the health promotion program assistant, Alexandra Rogers, who can be reached at 255-1150.

CHPC is co-chaired by Col. Robert Doerer, USAACE chief of staff; Col. Stuart McRae, garrison commander; and Col. Gary Wheeler, Lyster Army Health Clinic commander. The co-chairs provide direct guidance and feedback to the work groups on their initiatives and interventions before the quarterly meeting. Co-chairs also provide oversight and leadership to medical, garrison and tactical assets.

A key asset to the CHPC process is the R2C lead, Lt. Col. Chad Ward, deputy chief of staff. As R2C lead, Ward is the subject matter expert on coordinating all programs that support a ready and resilient community.

# DA photos – different types for different needs

By Sara E. Martin  
*Army Flier Staff Writer*

There are many things Soldiers have to do to prepare to go to an Army school or promotion board, but one key requirement seems to be causing a bit of confusion for Soldiers – their official photos.

For Soldiers needing to get a photograph taken for work, Denise Reyes, multimedia and visual information service center quality assurance specialist, said that Soldiers need to come to the MVISC building early and they need to come ready.

"The end of the year is the time when many Soldiers try to update or get a Department of the Army photo in preparation for boards, but the longer they wait to make an appointment the harder it will be to make one," she said. "So we encourage all Soldiers to not procrastinate and get the photo taken now before all the appointment slots are taken."

To obtain a DA photo, Soldiers must be a first lieutenant or higher, a chief warrant officer 2 or higher, or a staff sergeant and above unless the Soldier is in the National Guard or Reserves. But if a Soldier needs the photo for a special packet or board and does not meet the rank requirement, the facility will take the photo. It is just not forwarded to Department of the Army Photo Management Information System, she said.

In recent months, many Soldiers, according to Reyes, have shown up for their photograph not knowing what they are responsible for, a problem for both the Soldier and the photographer.

"Army Regulation 640-30 outlines the Soldier's responsibility when taking the photo. And in that regulation it states that Soldiers must come in with a properly fitted and pressed uniform. We will not clip a jacket in the back to make it tighter," she said. "They need to ensure that their awards and racks are all correct and even. They must have a fresh haircut and be clean shaven when they arrive here."



PHOTO BY SARA E. MARTIN

**Holly Keith, photographer, straightens out Lt. Col. William Riley's jacket before taking his DA photograph Friday. Riley is with the 7th Special Forces Group, Eglin Air Force Base, Fla.**

Soldiers also need to bring their Common Access Card with them and they need to be prepared to give their whole social security number.

"Most Soldiers are getting a DA photo for a promotion, and a promotion is an evaluation. It is the Soldier who is entering this new professional rank and it is their responsibility to know how to set their uniform up, not ours," continued Reyes. "Although we help as much as we can, we are not the ones who are supposed to know how their awards should be laid out. And their uniform should be ready to go the moment they come in the door."

Jane Armstrong, MVISC photo lead, said that the problem can escalate if Soldiers come in not knowing what type of photo they need.

"Some come in here thinking they need a DA photo when, in truth, they don't – they just need a DA-style photo, and it's very

important that a Soldier knows what type of photo he or she needs before they get here," said Armstrong. "Saying, 'My commander just told me to come here for a photo,' is not good for us or the Soldier."

Armstrong said that Soldiers need to know what size and style photo they need, and if they need a physical print or not.

"Different specialty boards, like Soldier of the Year or Sgt. Audie Murphy Club, have different requirements – such as a flag requirement in the background, or if it needs to be a head and shoulder shot," she continued.

There is sometimes a debate between Soldiers and the photographer over what ribbons are to be worn, but Armstrong said to trust the photographer.

"Soldiers only wear their permanent awards for our photos, besides their current unit crest. Many people believe that they take it off, (but) that is incorrect. It is the

only non-permanent thing you wear," she said.

Having a mistake on a uniform is not enough of a reason for a reshoot, continued Armstrong, and with the Army constantly changing regulations it's important that a Soldier has up-to-date information on how their uniform should look before they come in.

Armstrong and Reyes suggest bringing in the uniform in on a hanger for the photo, not wearing it in.

"We cannot Photoshop a photo. We can't make a dirty spot on a uniform disappear. So please do not wear it in because it will get wrinkled and you take the chance of messing it up," she said.

The facility has three changing rooms for Soldiers to utilize, and Armstrong said the staff helps Soldiers look the best they can, and will lint roll and straighten out the uniform when they get in front of the camera.

Official DA photos can only be taken on Fort Rucker at the MVISC, which is free. Soldiers cannot obtain one at a post office or local photography studio.

If a Soldier gets a promotion or is awarded a new permanent award they should renew their DA photograph within 60 days.

Armstrong also suggests retaking a DA photo if there is a major change in appearance, such as losing a significant amount of weight.

To make an appointment for a DA, head and shoulders or a DA-style photo, Soldiers must make an appointment online at [www.vios.army.mil](http://www.vios.army.mil). Appointments are not made by telephone. If Soldiers must cancel their appointment, they do, however, have to call the office at 255-0944 24 hours before the appointment. Soldiers cannot reschedule an appointment until they call in to cancel.

The center is located in Bldg. 535 on L Avenue and appointments can be made for Monday and Wednesday mornings, and Tuesday and Thursday afternoons.

For more information on regulations concerning official Soldier photographs, see AR 640-30 or call 255-0944.

## News Briefs

**Spouse club signup event**

The Fort Rucker Community Spouses Club's annual Super Sign-Up Membership Drive and Exposition is scheduled for Monday from 10 a.m. to 2 p.m. at The Landing. The event is an opportunity for spouses of active duty, retired, international and Department of Defense civilians in the Fort Rucker and Wiregrass communities to learn more about spouse club events, clubs, etc. Vendors will be on hand for shopping and to provide information about local area activities. The event also features free food, live music, door prizes and shopping. All while people learn about the FRCS. Spouses of permanent party can join the club for \$20, while it costs \$15 for student spouses.

**Regional Response Road Show**

Lyster Army Health Clinic Education and Training Department will host the Advanced Regional Response Training Center Road Show Wednesday at The Landing from 7:30 a.m. to 3:30 p.m.

Registration is available at [www.ARRTC.com](http://www.ARRTC.com). According to organizers, ARRTC 2015 is designed for key administrators and staff at health care facilities, and seeks to provide a basic, core knowledge of their jobs in an emergency, how to do them, how to make the best

decisions, how to communicate needs and offers of assistance, and what the roles and responsibilities of others are in disaster response. For more experienced attendees, it will provide a forum for knowledge exchange, reinforce lessons learned and share recent updates. The training is open to individuals charged with disaster response leadership for their organization, including hospital administration and staff, community health center administrators and staff, emergency medical services, public health professionals, nursing home administration and staff, assisted living administration and staff, and mental health administration and staff.

**New facility survey**

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at <http://www.revparintl.com/fortrucker.htm>.

**Marriage 101**

Marriage 101, a premarital seminar and training, will be held on the second and fourth Tuesdays and Wednesdays of each month from

1:30-4:30 p.m. at the Spiritual Life Center, Bldg. 8939. Marriage 101 is mandatory for those wishing to get married at Fort Rucker, according to Chaplain (Capt.) Troy D. Allan.

For more information, call 255-3447 or 255-3903.

**Corvias open house**

Corvias Military Living will host an open house Aug. 21 from 4-6 p.m., starting at the Allen Heights Community Center at 22470 Christian Road, to put the final product on display now that the contractor has finished its initial development period of on-post housing.

For more information, call 503-3644.

**Military pay closure**

The Defense Military Pay Office will close at noon Aug. 29 for off-site training. All DMPO customers are being asked to visit the office with their pay inquiries or clearance papers prior to the office closure. Soldiers with a military pay emergency or who need to clear DMPO during this time should call James Fails at 379-4973 or Sharon Sims at 389-5970 for assistance. The office will reopen Sept. 2 at 7:30 a.m.

# USAACE Soldier among 1st Instructor Badge awardees

By Kelly P. Pate  
*Public Affairs Specialist*

A non-commissioned officer with the U.S. Army Aviation Center of Excellence was among the first seven Soldier instructors to receive the Army Instructor Badge during a recognition ceremony in Alexandria, Va. July 17.

Sgt. 1st Class Kevin Johnson, who serves as a senior small group leader and instructor for the Army's Aviation Logistics NCO Academy at Joint Base Langley-Eustis, Va., was one of the instructors recognized by the Army Chief of Staff and Sergeant Major of the Army for their participation in U.S. Army Training and Doctrine Command's Instructor Development and Recognition Program.

Command Sgt. Major Eric C. Thom, USAACE Command Sergeant Major said Johnson represents the high quality NCO instructor cadre across Army Aviation.

"He is an excellent representation of the instructors we have at USAACE. He is the first one that's being recognized, and he certainly will not be the last," Thom said.

The IDRП was designed by TRADOC's Institute for NCO Professional Development. The intent is to coach, mentor and train instructors who teach at Army non-commissioned officer academies.

"Our Soldiers are the best at what they do because of the training

they receive from world-class instructors," said Command Sgt. Maj. Daniel Dailey, TRADOC's command sergeant major. "These first seven Army Instructor Badge recipients represent the thousands of dedicated professionals in our Army who teach, coach and mentor tomorrow's future leaders."

As a 15K, Johnson teaches the advanced leader course and senior leader course. He is responsible for the health and welfare of the students under his charge, and serves as an instructor for common Aviation maintenance across 13 Aviation maintenance military occupation specialties.

Johnson said the Army is moving toward the Army Learning Model 2015, which involves more hands-on and student group-led learning, where the role of instructor-facilitator is key.

"In ALC I didn't know maybe some of the flight requirements for the individuals that fly. Through facilitation, the instructor is learning too, and uses those skills that he takes from the students and builds a better lesson plan for the next class. You can see the fruits of the program already. It's better for the instructor and the student," Johnson said.

To receive the award, a Soldier must have already met the qualifications and been selected to work at an NCO Academy. Beyond that, it's a test of quality instruction, ability to manage and coordinate



ARMY PHOTO

Gen. Ray Odierno, Army chief of staff, congratulates Sgt. 1st Class Kevin Johnson, with the Aviation Logistics NCO Academy, U.S. Army Aviation Center of Excellence, based at Fort Eustis, Va., on receiving one of the first Army Instructor Badges during a ceremony July 17 in Alexandria, Va.

Soldiers, complete coursework and facilitation hours, and attain high marks overall.

"You need to be a subject matter expert in your field, but that is Army Aviation and not necessarily your MOS. You have to be able to instruct in front of seniors and peers effectively and provide relevant information.

"I think where instructors lack is not going above, really digging

into a lesson plan and changing that lesson plan to make it more relevant and a better environment for learning," Johnson said.

Command Sgt. Maj. Lloyd G. Morant, commandant of the Aviation Logistics NCO Academy, said he is proud of the recognition Johnson received.

"He's done a tremendous job for us across the board and made a positive and lasting impact on the

Aviation Branch," Morant said.

Johnson said he is grateful for the mentorship of several NCOs, including his commandant who selected him. Johnson believes the skills he has learned will make him more articulate and a better facilitator in his next Army job.

"I've grown so much. It's high stress and a lot of moving parts, but extremely rewarding," Johnson said.

# Vice chief: 'Never forget where we put our Soldiers'

By David Vergun  
*Army News Service*

WASHINGTON -- "We still have Soldiers and Families we need to continue to care for ... We can never ever forget where we put our Soldiers every single day," said Vice Chief of Staff of the Army Gen. John F. Campbell, meaning Soldiers in harm's way and the wounded.

Special thoughts are also needed for the Families of those who didn't return, he added, mentioning the Family of Maj. Gen. Harold Greene, who was killed last week during an attack in Kabul, Afghanistan.

Campbell delivered his remarks in the Pentagon Friday, during a farewell ceremony in his honor. He's deploying later this month to Afghanistan, where he will be the International Security Assistance Force and U.S. Forces Afghanistan commander.

Soldiers look to mentors "to help set us on a path," he said, naming his as retired Chairman of the Joint Chiefs of Staff Gen. Hugh Shelton. Campbell served as his aide when Shelton commanded the XVIII Airborne Corps, which participated in Operation Uphold Democracy, in Haiti in 1994.

Another, he said, was retired Gen. Peter J. Schoomaker. Campbell served as his executive officer when Schoomaker was the Army chief of staff.

And, the third is Chief of Staff of the Army Gen. Ray Odierno. When Odierno became the chief, Campbell was assigned as deputy chief of staff, G-3/5/7 before becoming the vice chief March 8, 2013.

Besides those three, Campbell said others "helped shape me to be the better person and leader that I am." He also received wise counsel and leadership over the years from too many people to mention, including Secretary of the Army John M. McHugh, retired Chief of Staff of the Army Gen. Gordon R. Sullivan and Sgt.



PHOTO BY DAVID VERGUN

Vice Chief of Staff of the Army Gen. John F. Campbell speaks during a farewell ceremony in his honor Friday at the Pentagon. Campbell is deploying later this month to Afghanistan, where he will be the International Security Assistance Force and U.S. Forces Afghanistan commander.

Maj. of the Army Raymond F. Chandler III.

Odierno echoed the vice's remarks about wise counsel and being a good follower.

"To be a great leader, you first have to learn how to follow," Odierno said. "[Campbell] has always been someone who would follow, who would listen and execute your vision and intent to the maximum extent possible. In my mind, there's no greater quality than that. That will make him a great leader, which he already is.

"There's no person better qualified, no person who has the leadership skills, there's no person who understands Soldiers, who understands the mission, who understand the Afghan people better than John Campbell," Odierno said, noting that Campbell has already led Soldiers in Iraq and twice in Afghanistan.

"John has never shied away from the most difficult jobs we have in our Army. I couldn't have asked for a better person to be my vice and my G-3," he added.

As the vice chief, Campbell often represented Odierno when the chief was engaged elsewhere. Campbell often attended meetings in "the tank" with the joint chiefs of staff, working through difficult issues like the budget and issues

like sexual harassment and the Army Profession, Odierno said.

"In my mind, this is the first step for John Campbell -- taking command in Afghanistan. I would suspect that after that he will do things of great importance in our Army and for our nation as we move forward," Odierno predicted.

Odierno gave special recognition to Campbell's wife Ann, whom he referred to as "a typical Army wife who does everything very quietly and behind the scenes. She gets involved in so many different events. We're so proud of Ann."

Her work includes volunteering with the USO, Easter Seals, the Transition Assistance Program, Hero 2 Hired and United Through Reading. She also visits wounded warriors and their families at Walter Reed National Military Medical Center and "stays connected" to them, the chief said. "That informal network of connecting with the spouses means so much to us, especially during the last 13 years of war."

Odierno then presented Ann with the Secretary of the Army Public Service Award. The award states that it is being presented to her "for devotion to Soldiers, civilians and Family members and producing significant improvements in their well-being."

It continues: "From presenting material about family readiness at the Pre-Command Course and the Army Senior Leader Development Program to participation in the Military Child Education Coalition as a trained facilitator and advisor, to serving on patient-advisory counsels and community health promotion councils, she had

an immeasurable impact on the quality of life for military families. She's a devoted mentor, teacher and role model, whose infectious spirit of volunteerism instilled in others the desire to serve."

Odierno awarded Gen. Campbell a Distinguished Service Medal on behalf of the secretary for leading "the Army's ongoing efforts to enhance the health, wellness and resiliency of all Soldiers, civilians and Family members. He managed the development and institution of the Army's landmark Ready and Resilient Campaign, implemented and initiated measures to improve care for those recovering from combat injuries, personally visited and counseled our wounded warriors."

It continues: "His skilled management of the Army budget was critical to the current fight and the future of the force during a period of the drawdown, budget cuts and sequestration. He expertly managed the Army's readiness and modernization programs and played a critical role in the development of the Army's fiscal year 2015 to 2019, and 2016 to 2020 budget strategy, ultimately ensuring America's Army will remain properly manned, trained and equipped to support current and future contingencies."

Besides those already mentioned, the farewell ceremony was attended by numerous generals and Army civilians, retired and active, including Chief of the National Guard Bureau Gen. Frank J. Grass, Assistant Commandant of the Marine Corps Gen. John M. Paxton Jr. and retired Vice Chief of Staff of the Army Gen. Richard A. Cody.

Families, friends, well-wishers and others were also present.

## COMMUNITY



COURTESY PHOTO

24 Soldiers and Families from Ft. Rucker's Swift and Deadly Battalion, 1-13th Aviation Regiment, assisted their sister City of Geneva's James Mulkey Elementary School set up new play ground equipment and refurbish the grounds Aug. 2. The volunteers converged on the school at 7 a.m. with shovels and tools in hand ready to provide as much support as needed to the school to help with the much needed upgrades. Throughout the morning Soldiers laid donated sod on newly barren land, put together a play ground, and spread fresh sand around the play area. In total around 125 hours were provided by the 1-13th Aviation Regiment completing many of the projects the school's superintendant said would have taken them weeks to complete and with school starting soon was a big help. The 1-13th Aviation Regiment is a partner with the City of Geneva and has future plans to participate in 5K fun runs for the city, support the upcoming Christmas parade, and attend the Geneva Panthers homecoming football game.

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# Initiative: Manning equation No. 1 priority

Continued from Page A1

said. “It’s really about getting the mission done. It’s exciting times, and it’s a big change.”

The plan is for the divestiture of Kiowa Warriors to be completed over a period of four years.

The final classes of Kiowa Aviator and maintainer training at Fort Rucker and Fort Eustis, Va., are slated to be complete by the end of the current fiscal year.

For USAACE, which serves as the Army’s requirements builder and trainer for Aviation, the big picture of the ARI requires a synchronization effort across the Aviation Enterprise where timing is key.

“The No. 1 priority is the man-

ning equation. The Army’s end strength is coming down, so Aviation has to come down with it. The Army is always about people. There are going to be hard decisions,” Golson said.

“We are still required to have units deployed. We’re still required to have units ready to deploy. And they can’t be ready to deploy if they don’t have all their equipment and people are not trained up,” Golson said.

A major change to training is the dual-engine UH-72A slated to replace the single-engine TH-67 and OH-58A/C as the aircraft for initial entry training.

“We were looking at the TH-67 because it was starting to approach 20 years old. We were

going to eventually have to do something to replace it, rebuild it, reset it, or something,” Golson said.

Divesting of the Kiowa Warrior results in the Army no longer having single engine aircraft to train students to fly, which means potential changes to flight training; for example, whether touchdown auto-rotations are still needed, Golson said.

“Instructor pilots have to be re-trained. The maintenance people have to be retrained, contracts adjusted, simulations changed. All that has to occur at the same time that we are reorganizing the operational force,” Golson said.

Another piece to the overall picture is keeping modernization

plans for the AH-64E, UH-60M, CH-47F and fielding of Gray Eagle, but adjusting the fielding time frames, Golson said.

“Because of budget constraints we are lengthening the fielding period. So we don’t finish buying the last aircraft or (unmanned aircraft system) until later than what we had originally intended,” Golson said.

Ongoing efforts involve unit transitions, updating doctrine, determining training requirements, fielding of equipment and transfer of equipment within the Army components.

The 1st Armored Division Combat Aviation Brigade and the 4th Infantry Division Combat Aviation Brigade are slated

for conversion to the new ARI CAB design beginning in September. The plan is for one AH-64-equipped attack reconnaissance battalion in each brigade to convert to a heavy attack reconnaissance squadron design, which includes adding platoons of Shadow UAS.

The overall task at hand is doable, but requires communication across the Aviation Enterprise, Golson said.

“We will fight the fight, not fight the plan,” Golson said. “We’re going to be flexible but still keep in mind the overall objective of producing a responsive Aviation force that is the best force we can produce within the fiscal constraints that we have.”

# Population: Adoption gives pets second chance at life

Continued from Page A1

member,” she continued.

A shelter is the last place a person should want to leave a pet, she added, but it’s better than abandonment.

“Pets left to defend themselves can get hit by a car, get sick, get attacked by other animals and two stray cats that breed can easily turn into more than 80 million in 10 years . To me, it’s animal cruelty to abandon a pet,” she said.

The facility prepares the stray animals for

home living by trying to teach the canines basic commands and dog manners, and exposes the cats to each other so they will be friendly with people and other animals.

Adoption fees vary per species and needs of each animal, but include all up-to-date shots, the first round of age-appropriate vaccinations, a microchip, and spaying or neutering.

“Animals are tested for everything by our vet, and we guarantee a healthy pet to the best of our knowledge,” she said. “The animals are on flea prevention are de-wormed,

and dogs are on heart worm protection and cats are tested for Feline Immunodeficiency Virus.”

People are also welcome to bring their pets to the facility if they want to introduce their dog to one they are thinking about adopting.

“The dogs have a say-so, too,” said Isom. “It’s important to make sure they will get along.”

Isom said that it seems that every time an animal is reclaimed or adopted, two more come in.

“We want the pets to go to happy homes

where they are a good fit,” she said. “I spend every day with these animals, and I can tell just by a few questions if an animal is going to be a good dog or cat for a person.”

Isom asks when considering adoption to keep the Fort Rucker Stray Facility in mind.

“Please stop by. You never know when one of the animals is going to adopt you,” she said. “One thing about shelter pets is they know they are being given a second chance of life, and they really show it.”

For more information on animal adoptions, call the stray facility at 255-0766.

# Post: Vigilance key to antiterrorism efforts, training

Continued from Page A1

antiterrorism disseminated to Soldiers – active-duty, National Guard and Reserve – through the chain of command in order to educate them on antiterrorism and keep up their vigilance.

“We provide several different avenues to get the reporting in because antiterrorism is exactly that – prevention,” said Greenawalt. “Making people aware of these programs and what’s out there for them to report empowers us and makes us more able to keep the community safer.”

Fort Rucker’s antiterrorism officer also work with a myriad of law enforcement agencies, to include local law enforcement, as well as FBI, CIA, Naval Criminal Investigative Services and National Security Agency, he added.

“We communicate with them within a five-state region to stay on top of all the threats that are out there,” he said.

There are people who might believe that awareness and vigilance are not their responsibility, but Greenawalt urges them to understand that they are the first line of defense, and reminds that prevention is the key to antiterrorism.

“People should be aware because the threats are out there, as evident from the 9/11 attacks,” he said. “We’ve had many threats that were neutralized because of programs like iWatch and the communication between local law enforcement.

“If it wasn’t for someone’s actions, we wouldn’t have not known that there were real threats in some occurrences – ignorance is not bliss, especially not in the case of

terrorism,” he continued.

“It’s a very stressful world we live in right now, and with that there are a lot of vulnerabilities out there, and there are people looking to exploit those vulnerabilities.”

Terrorism is not only about foreign threats, added the antiterrorism officer.

“Most foreign threats at the national and local level, we’ve got a pretty good handle on,” he said. “It’s the homegrown violent extremists and the lone-wolf scenarios that we need extra help on.

“It might be the guy sitting next to you at the store who decides to snap one day and bring that violence onto post,” said Greenawalt. “It’s our job to work with local law enforcement and try to keep that away as much as we possibly can.”

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**106 Christopher**  
**\$161,500** ~ Nice large 3BR/2.5BA home with approx 2,050 sq ft. Big living room with a stone fireplace, nice updated kitchen with an eat-in area & newer cabinets. Has 2 heat pumps. Convenient to schools, shopping & Ft. Rucker. **BOB KUYKENDALL 369-8534** MLS #20141541

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**\$154,000** ~ Nice 4BR/2.5BA with an inground pool (new pool liner will be installed). Large bonus room that could be used as a living room, office or play room, separate dining room & kitchen bar, family room with a fireplace & opens to a large deck that overlooks the pool & big backyard. Heat pump installed June 2011. Convenient to schools, shopping & Ft. Rucker. **BOB KUYKENDALL 369-8534** MLS #20141540

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**305 Richland**  
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**\$128,500** ~ Nice 3BR/3BA convenient to shopping, restaurants. **FRAN & DON KALTENBAUGH 790-5973** MLS #20141500

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**North Choctaw ~ Geneva**  
**\$10,000** ~ Beautiful vacant 3 lot parcel 150' x 160' ±, corner lot, perfect building site. Mature pecan trees. **MILDRED OWENS 464-2121** MLS #20141439

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**204 Johnson ~ Geneva**  
**\$115,000** ~ Beautiful vacant 6 lot parcel 160' x 165' ±. Perfect building site, near Geneva High School. Old house site, barn of no value, city water & city sewer. **MILDRED OWENS 464-2121** MLS #20141497

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**207 Pinehurst**  
**\$136,000** ~ Wonderful 3BR/2BA in desirable, established neighborhood convenient to Hillcrest Elem & Dauphin Jr. Remodeled in 1975 to add a family room, this home received updated carpet, vinyl & countertops after 2001. New hot water heater in 2007. New roof in 2010. Exterior paint, refurbished screen porch, new cooktop, stainless sink & other interior updates were added in 2011. New dishwasher July 2014. Nonsmokers & no pets live here. Washer & dryer convey with property. Great, shady backyard. **JAN SAWYER 406-2393** MLS #20141465

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**303 MILLENIA - \$199,900:** Great price for this large house (approx 2,402sq ft). New paint through-out, solid surface countertops in bathrooms, Florida room, large office that could easily be used as a 4th bedroom, sidewalks & zoned for Holly Hill School. **ROBIN FOY 389-4410**

**NEW LISTING**

**105 SKYLARK - \$168,900:** Custom built 1-owner home with no wasted space. Open concept grandroom with gas log fireplace, dining area & sunroom. Kitchen has new cabinets with pull-out drawers in the one floor-to-ceiling unit next to cooktop, granite countertops & tile backplash, all new appliances. Pass through opening from kitchen to sunroom. Jack & Jill bath separates the 2BRs on the one side of the house with separate vanity areas for both bedrooms. Full wall built-in unit at front door for storage. **EVELYN HITCH 406-3436**

**\$69,500**

**121 FALCON:** Brick home on large lot, very clean, large sunroom with detached carport & garage with office or sewing room. Well maintained. **JIMMY JONES 406-1752**

**POOL**

**262 TRENT - \$237,900:** Large 4BR/3BA/2HB home. Great home for family fun & entertaining! Foyer, formal dining room, cozy living area with gas log fireplace. Eat-in kitchen with breakfast bar & a bonus room could be used as an office or den with private exit to deck/backyard. Master suite downstairs & 3 additional BR upstairs. 1upstairs BR has private access to full BA & huge walk-in closet (would make a great playroom or teenagers dream bedroom!) Sunroom, inground salt pool & patio. **BOB KUYKENDALL 369-8534**

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**2900 ROCKY HEAD - \$127,900:** What a great place to call home! Remodeled 3BR/1.5BA home with a 20x40 inground salt water pool. Backyard is an oasis in warm weather. The lot is deep & an area is available beyond the pool/patio for a garden, pet run, playground or whatever you might choose. New roof 2007, new pool liner & salt system 2009. Huge laundry room right off cozy den/family room with beautiful fireplace. Tile countertops in large, kitchen with pantry. New HVAC unit just installed. **JAN SAWYER 406-2393**

**\$199,900**

**51 HIGHWAY 167:** Country living convenient to town. Nearly new on approx 1.5 acres. Wonderful open floor plan. Extra-large workshop with garage door opener & covered patio. **PAT LEGGETT 406-7653**

**\$195,000**

**204 GATEWAY - GATEWAY ESTATES:** 3BR/2BA, with fishing & tennis available. 2 large lots, updated bathrooms, hardwood flooring, nice large living & dining room plus large kitchen. **ANGIE GOODMAN 464-7869**

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**HOSTED BY: CHRIS ROGERS • 334-406-0726**

AUGUST 14, 2014



PHOTO BY ERIN ROGERS

Col. John White, commander of 21st Cav. Bde., CW5 Mike Champion and Lt. Col. Dave Rogers stand in front of one of the brigade's last Apache helicopters following the brigade's final flight.

## 21st CAV completes FINAL FLIGHT

By Heather Graham-Ashley  
Fort Hood Public Affairs

FORT HOOD, Texas — Pilots and aircrews with the 21st Cavalry Brigade (Air Combat) closed the books on 30 years of Apache helicopter training July 21 with one last flight before turning in their final six AH-64D helicopters as the brigade prepares to discontinue missions by next summer.

The brigade's discontinuation, part of an Armywide reallocation of equipment and personnel, is scheduled to be complete in June, according to a U.S. Forces Command directive.

"Today is the last flight of the brigade," Col. John White, commander, 21st Cav. Bde. said. "It's a shame that it's ending, but the Army is getting smaller."

The brigade's aircraft will be redistributed to other Army combat Aviation brigades or sent to reset to receive upgrades to the new AH-64E model, White said. Other airframes, such as the UH-60 Black Hawk helicopters and the UH-72 Lakota helicopters that the brigade flew, have already been dispersed.

The final flight of the brigade's Apaches included stopovers in Brady and Brownwood, two communities in the Western Training Area that have been vital to the brigade's training programs. White said the long-standing relationship between the brigade and the two communities made the last visits bittersweet for everyone.

"That's our community. We've been training on their range lands for a long time," he said. "For them, it's sad because we are their main connection to Fort Hood, and they are losing that tie."

Since the mid-1980s, the 21st Cav. Bde. has served as the Army's Apache training brigade, tasked with the unit fielding and training program for all U.S. Army attack Aviation units, as well as pilots from allied nations transitioning to the AH-64 Apache attack helicopter platform.

SEE FLIGHT, PAGE B4

# CHANGING VIEWS

*Soldiers to get new camo uniform beginning next summer*

Army Public Affairs  
Press Release

WASHINGTON — The Army recently confirmed what Soldiers have been hearing rumors of for months now — a new camouflage pattern for combat uniforms is on the way with a number of improvements.

Beginning in the fall of 2015, the Army will begin issuing to new Soldiers an Army Combat Uniform that bears the Operational Camouflage Pattern. That same uniform will also become available in military clothing sales stores in the summer of 2015.

Soldiers are expected to retire their current uniform and begin wearing the new pattern by the summer of 2018.

The uniform bearing the new pattern will be largely the same as what Soldiers wear now, except that the lower leg pockets will be closed by a button instead of the hook and loop fabric fastener on the current Army Combat Uniform. Soldiers complained that fastener made too much noise in combat environments, officials said. The insert pockets for knee pads and elbow pads will also be removed from the new uniform, according to Program Executive Office Soldier.

Other changes that will be considered by the 2015 Army Uniform Board include:

- elimination of the mandarin collar and replacement with a fold-down design;

- change of the infrared square identification for friend or foe tab;

- removal of one of three pen pockets on the ACU sleeve; and

- elimination of the drawstring on the trouser waistband.

These last four potential changes have not yet been approved, but are being considered, according to PEO Soldier.

Currently, Soldiers wear ACU with the Universal Camouflage Pattern. By 2018, they will be wearing an Army Combat Uniform with the Operational Camouflage Pattern. The fabric of the uniform, the cut, the placement of pockets and other details, for instance, will remain the same. It will be only the geometry and palette of the camouflage pattern printed on the fabric that will change.

The cost of uniforms with the new pattern will be comparable to the current uniform. At the Fort Myer, Va., military clothing sales store, for instance, an ACU top now sells for about \$45. The pants sell for around \$45, as well. A cap sells for about \$8.

According to the 2014 pay charts, online at dfas.mil, enlisted Soldiers receive between \$439 and \$468 annually to buy new uniforms — that includes replacing the outgoing UCP ACU with the Operational Camouflage Pattern ACU.

Soldiers will have about three years — the time between the first availability of the uniform in military clothing sales in 2015 and the time they are required to wear it in 2018 — to transition the contents of their clothing bag to the new look. They will also have more than \$1,300 in clothing allowance at their disposal to make that happen.



PEO SOLDIER PHOTO

Beginning in the fall of 2015, the Army will begin issuing to new Soldiers an Army Combat Uniform that bears the Operational Camouflage Pattern. That same uniform will also become available in military clothing sales stores in the summer of 2015.

The new pattern is different, but visually compatible with what Soldiers wear now in Afghanistan. It does have the same acronym, however. In Afghanistan, Soldiers wear the Operation Enduring Freedom Camouflage Pattern. The new uniform pattern is also called OCP.

"The Army is naming the pattern the Operational Camouflage Pattern to emphasize that the pattern's use extends

SEE VIEWS, PAGE B4

## VIBRANT RESPONSE



AIR FORCE PHOTO BY TECH. SGT. BARRY LOO

A U.S. Soldier assigned to Joint Task Force Civil Support prepares to secure cargo to an Army CH-47 Chinook at Camp Atterbury, Ind., July 26 during Vibrant Response 14. Vibrant Response is a U.S. Northern Command-sponsored field training exercise for chemical, biological, radiological, nuclear and high-yield explosive consequence management forces designed to improve their ability to respond to catastrophic incidents.

# Americans, Latvians develop interoperability



PHOTO BY SGT. MICHAEL T. CRAWFORD

Paratroopers with the 173rd Airborne Brigade wait as a 12th Combat Aviation Brigade UH-60 Blackhawk lands during a two-day, helicopter-infiltration training exercise with Latvian soldiers in Adazi, Latvia, July 23.

By Sgt. Michael Crawford  
U.S. Army Europe Public Affairs

ADAZI, Latvia — Falling from a C-130 served as a warm-up for paratroopers before beginning a two-day helicopter infiltration exercise with Latvian soldiers.

After landing, paratroopers from the 173rd Airborne Brigade exited the drop zone via 12th Combat Aviation Brigade UH-60 Black Hawk helicopters toward a far-off objective where role-playing opposing forces controlled a mock village.

The paratroopers at the edges of the village provided overwatch security for incoming Black Hawks carrying Latvian soldiers to assault the village.

"I've been trying to plan [combined] operations where we mutually support each other," said Capt. Jonathan Patten, commander of Troop C, 1st Squadron, 91st Cavalry Regiment. "Yesterday, we were the supporting operation for the Latvians and today, the Latvians are conducting the recon to support our operation. We're trying to build complexity and stress and challenge our systems, both internally and working together."

Paratroopers with 1st Sqdn., 91st Cav. Regt., based in Grafenwoehr, Germany, are in Latvia demonstrating commitment to NATO obligations and interoperability with allied forces as part of Operation Atlantic Resolve.

"Nowadays, a lot of activities abroad are [combined]," said Latvian Col. Martins Liberts, commander of the Latvian Land Force Infantry Brigade here. "We did this in Iraq and the same in Afghanistan. We should not forget it and continue these activities. I believe we are building up good relationships and understanding of each other's tactics."

SEE PARATROOPERS PAGE B4

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# Views: Pattern offers ‘exceptional concealment’

Continued from Page B1

beyond Afghanistan to all combatant commands,” said one senior Army official in a July 31 press release.

The new pattern is borne from efforts to meet a 2009 directive by Congress to develop a camouflage uniform suitable for the Afghanistan environment. That initiative, along with Soldier feedback, led the Army to develop the OCP.

As part of that program, the Army was directed to develop and evaluate camouflage patterns that will provide effective concealment in a wide variety of terrains and

environments. The OCP is a result of that effort. As part of the program two bookend patterns of OCP are being optimized and evaluated for possible use on Flame Resistant ACUs that would be worn by Soldiers deployed in either arid or heavily wooded terrains.

All organizational clothing and individual equipment, such as MOLLE gear, protective vests, ruck sacks and plate carriers and non-flame resistant ACUs and will be offered in the OCP pattern only.

The Army has also said that following rigorous testing and evaluation, the OCP was proven “the best value for the Army. Soldier force protection and safety was

the Army’s primary decision criteria,” a senior Army official said.

“The Army has selected a pattern as its base combat uniform camouflage pattern,” explained the official. “The Army has confirmed through testing that the pattern would offer exceptional concealment, which directly enhances force protection and survivability for Soldiers.”

The senior official said the Army’s adoption of OCP “will be fiscally responsible, by transitioning over time and simply replacing current uniforms and OCIE equipment as they wear out.”

# Flight: Netherlands training to continue through 2015

Continued from Page B1

“We have trained over 80 battalion-sized units,” White said, noting that the brigade has worked with every Apache unit in the active-duty Army and the vast majority of reserve-component attack units.

Once the unit fielding and training program was complete for all active-duty and most reserve-component attack helicopter units in the Army, 21st Cav.’s missions

evolved to include other training missions.

Under the brigade’s Foreign Military Training Program, 21st Cav. oversaw the training of allied, foreign military Apache aircrews, including a permanent contingent from the Netherlands that has been at Fort Hood since the late 1990s. Recently, the Dutch program at 21st Cav. has expanded to include a CH-47 program and training of army forces from the Netherlands.

Training support to the Netherlands is scheduled to continue under another unit through 2015, the FORSCOM directive stated.

Other brigade missions included mobile assistance training teams, Gray Eagle training support and High-Altitude Mountainous Environmental Training, White said.

Gray Eagle Unmanned Aircraft Systems training can now be conducted at a unit’s

home station because of the program that 21st Cav. Bde. helped develop, he added.

All of the brigade’s missions have been reallocated where necessary or have become organic to units because of the training offered through 21st Cav.

“This brigade resides in the Army,” White said, noting that most Apache pilots in today’s Army have probably trained with 21st Cav. “Our history and lineage will reside in senior Aviators.”



Latvian soldiers exit a 12th Combat Aviation Brigade UH-60 Black Hawk as part of a two-day, helicopter-infiltration training exercise with paratroopers from the 173rd Airborne Brigade in Adazi, Latvia, July 22.

# Paratroopers: Training provides unique experience for participants

Continued from Page B1

In between objectives, leaders of both forces shared their information and coordinated positioning, movement and strategies to plan for the next mission.

“The past two days have been incredibly helpful,” said Patten. “We share similar tactics and concepts for reconnaissance and offensive operations. Ultimately, the learning and the growth that’s occurred is tremendous both for our own techniques and procedures and for figuring out

what we need to do to plan a joint operation.”

Paratroopers and Latvian soldiers have been developing an understanding of each other outside the training area. Paratroopers with the 1st Sqdn., 91st Cav. Regt. have partnered with the Latvian 2nd Battalion since June to build joint schedules for training, cultural events and basic routines.

“It’s a great way to see how other armies conduct training and planning and how they grow their leaders,” said Patten, a native of Detroit, Mich. “It makes a smoother

process and develops the team. The longer you work together, the smoother the operation runs.”

Liberts aims to continue hosting training exercises to keep paratroopers excited to work with Latvian forces and keep them coming back for more.

“For us, it’s important to have you here as reassurance for our nation,” Liberts said. “I hope the paratroopers feel welcomed; they are well received by the local population. I think it’s a good training experience for them, but also a good cultural experience as well.”

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AUGUST 14, 2014



Randy Varner (center), a mechanic for hire at Fort Rucker's Auto Skills Center, helps Lancaster, Pa., native and then-WO1 James Kerwin (left), 1st Bn., 150th Avn. Regt., Pennsylvania National Guard, troubleshoot mechanical problems with a car last year.

FILE PHOTO

## MECHANICALLY INCLINED

*Auto crafts programs great for novices, experts*

By Nathan Pfau  
Army Flier Staff Writer

With Fort Rucker as the home of Army Aviation, it's no surprise that the installation is full of people who love to tinker, and the automotive skills center is one place they can put on their mechanic's hat.

The auto center, located on Headhunter Street off 3rd Avenue, offers programs to help Soldiers, Family members and civilian employees meet their vehicles' needs from oil changes to engine swaps, according to Tina Barber, automotive skills center business manager.

Two of the biggest programs the auto skills center offers are the Self Help and

Mechanics for Hire programs.

Through the Self Help Program, people can visit the center, and learn how to perform basic maintenance and repairs on their vehicles with the help and guidance of an automotive-skills professional.

"We will instruct them and assist them to get through what they've come here to accomplish," said Barber. "This program is a good way for people to save money and to learn how to do the general maintenance for their car rather than having to pay an outside source to do the service."

Through the program, people can learn how to perform maintenance, such as changing oil, front and rear brake repair, servicing of transmissions and differentials, tire mounting and balancing, and computer diagnostics for their vehicles, just to name a few.

"The only thing we don't instruct on is the building of engines," said the business manager. "That can get very involved and it's a lot of work to put that motor in just to find out you have to pull it back out to fix what you might have done wrong."

The cost of the program is \$5.50 per hour for the basic bays, which includes tool usage, instruction if needed and how-to information, and availability is on a first-come, first-served basis.

The other popular program is the Mechanics for Hire Program, which Barber said has been booming lately.

"The program has been doing so well that we had to get some help," she said. "With this program, any

kind of repair that a vehicle might need in regards to maintenance and things like that we can do."

Barber reminds that engine and transmission rebuilds cannot be done in house because of the lack of manpower.

"We can pull and replace them, but we don't rebuild," she said.

Mechanics for Hire is a good opportunity for people to get the maintenance and repair work they need right here on post, said Barber. People should call ahead for the Mechanics for Hire program to schedule an appointment for their maintenance needs.

In addition to the two programs, the automotive skills center also boasts a fully automatic car wash, as well as two car wash bays for hand washing. There are also vacuums available for people to use to clean the inside of their vehicles.

The center also houses a propane refill station, which people can have their 20-pound propane tanks filled for around \$17, compared to other competitors that will only fill to 15 pounds, said Barber.

Barber also reminds people that proper maintenance of their vehicles goes hand-in-hand with safety and offers tips to remain safe while on the roadways.

"Have good defensive driving, and make sure your tires are in good condition," she said. "The hot roads make the perfect condition to pop overused or weak tires, so make sure to check those before long road trips."

For more information or to make appointments, call 255-9725.



PHOTO BY NATHAN PFAU

Chris Davis, mechanic for hire at the Automotive Skills Center, works on a car in one of the bays at the center Tuesday.

# Mind freak

*Illusionist mixes fun with 'completely unforgettable' time*

By Nathan Pfau  
Army Flier Staff Writer

The Directorate of Family, Morale, Welfare and Recreation excels at entertaining Fort Rucker Soldiers, Families and employees, and the upcoming illusionist show is no exception when it comes to top-notch entertainment.

The show features Chris Carter, a self-proclaimed mind freak and freak-out artist, who will be performing at the Landing on Fort Rucker from 7-9 p.m. Aug. 22, and Janice Erdlitz, DFMWR marketing director, promises it's an event not to be missed.

"We're excited to bring another top entertainment act to Fort Rucker," she said. "Chris Carter is a star in the illusionist world and his show is amazing with a good dose of funny mixed in and completely unforgettable."

"People will be amazed at what they're seeing," added Lauren Jenkins-Fazio, promotions and marketing assistant for the DFM-

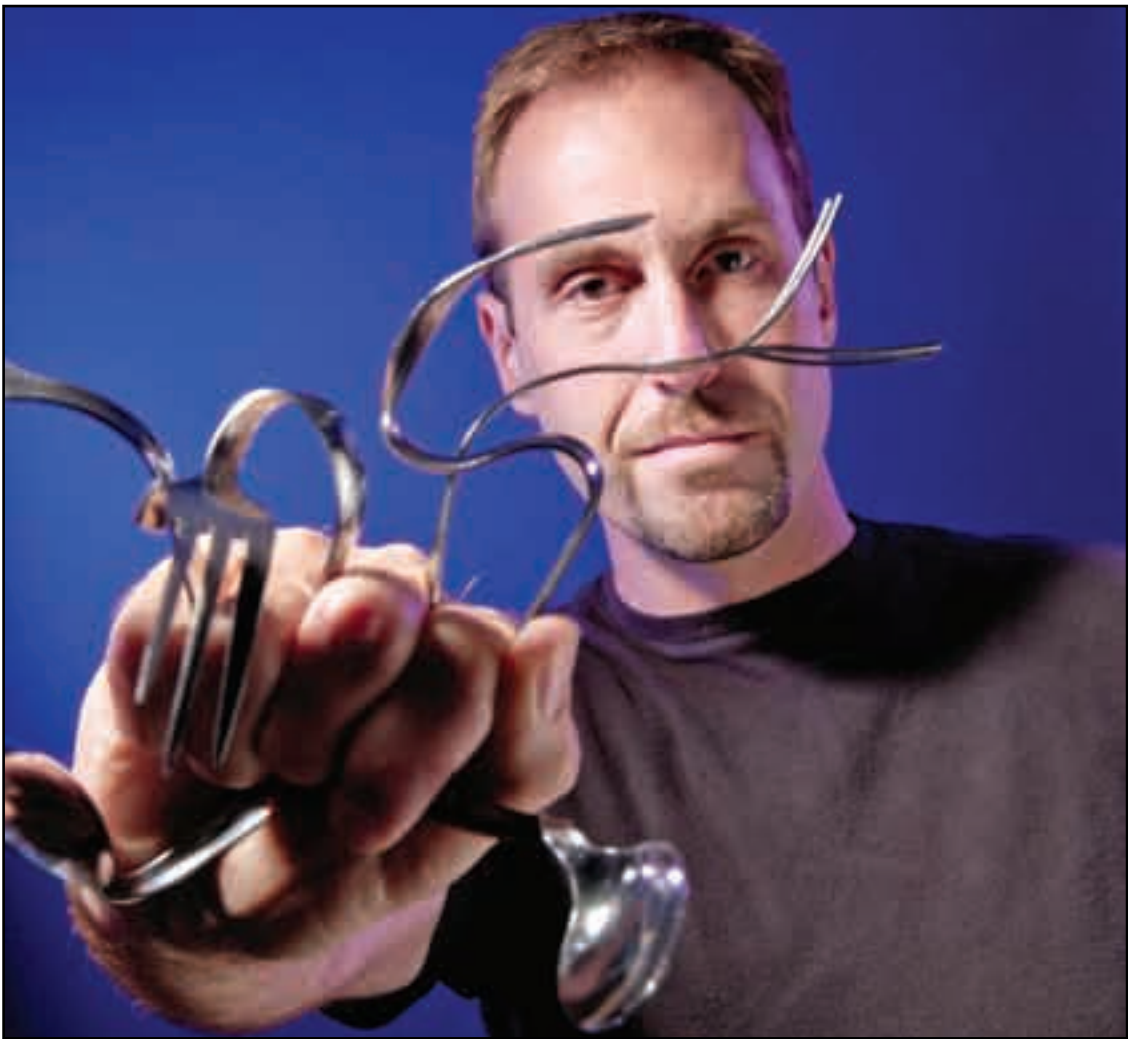
WR business operations division. "They will be shocked and want to know all of his secrets."

Throughout the performance, people can witness displays of mind reading, visual illusions and predictions that are sure to keep people scratching their heads.

"This show will keep you expecting the unexpected," said Jenkins-Fazio. "It will get the audience to really pay attention to what they are seeing while being involved, too. It will definitely keep you thinking long after the show is over and be endlessly entertained."

Carter has toured the country entertaining in countless venues, including college campuses, and has been featured on "American Entertainment Magazine" and "The Donnie and Marie Show."

The show is an opportunity for the Fort Rucker community to experience something they might not be able to see in the local area, said Jenkins-Fazio, adding



COURTESY PHOTO ILLUSTRATION

that it's important to offer that ever-changing entertainment to Soldiers and their Families.

"We want our community to have the opportunity to experience new things and the illusionist show is a great way to do that," she said. "Whether you have seen illusionists before or have never heard of them, this show is something new and exciting that will be enjoyable for everyone who comes."

"Family and MWR understands the stresses of military life, so anytime we can bring in a fun, entertaining stress reliever like an illusionist, we jump on the opportunity," added Erdlitz. "Like the doctor says, laughter is the best medicine."

Tickets are available for \$12 in advance or \$16 at the door, and the show is open to the public for ages 18 and older.

People can also get together

with friends to purchase a VIP table on the main floor, which seats 10 people for the best seat in the house, said Erdlitz.

"It is going to be a great night and his show is amazing," said Jenkins-Fazio. "It really will be a night to remember that will have you going home and trying to figure out how he did it."

For more information visit [www.ftruckerdmwr.com](http://www.ftruckerdmwr.com), or call 598-2426.

“It really will be a night to remember that will have you going home and trying to figure out how he did it.”

— LAUREN JENKINS-FAZIO  
PROMOTIONS AND MARKETING  
ASSISTANT FOR THE DFMWR  
BUSINESS OPERATIONS DIVISION



# ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

**Newcomers welcome**

Army Community Service hosts the newcomers welcome Friday from 8:30–11 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and Family members are welcome to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours in advance.

For more information, call 255-3161 or 255-2887.

**New facility survey**

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at <http://www.revparintl.com/fort-trucker.htm>.

**Splash! discounted season passes**

Splash! pool has a new back-to-school bonus. Now through Sept. 1, Splash! season passes are available at discounted prices. For more information, call 255-9162.

**Employment Readiness Class**

Army Community Service is giving people the chance to build and enhance their careers at one of the Fort Rucker’s Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. The next session is scheduled for Tuesday. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, including times, or to register, call 255-2594.

**Illusionist show**

Illusionist Chris Carter will put on a show Aug. 22 from 7-9 p.m. at The Landing. The show will feature displays of mind reading, visual illusions, predictions and more. Tickets are on sale for \$12 and cost \$16 at the door. The event is open to the public, ages 18 and older. Limited VIP tables are available, as well.

For more information, visit [www.ftruckermwr.com](http://www.ftruckermwr.com), or call 598-2426.

**Atlanta Motor Speedway tickets**

Atlanta Motor Speedway offers special ticket prices to all military personnel and their Families through Tuesday at Fort Rucker Leisure Travel Services. The race will take place Aug. 29-31. Available tickets will be for the NASCAR Nationwide Series Qualifying, NASCAR Nationwide Series Race and the NASCAR Sprint Cup Series Race. Service fees may apply. All sales



PHOTO BY SARA E. MARTIN

## Girls’ Night Out

Jenna Houston, Jessica Solway and Lynne Mraz, military spouses, pose in a picture booth at Girls’ Night Out in March. The Directorate of Family, Morale, Welfare and Recreation will host the next Girls’ Night Out Sept. 5 from 6-9 p.m. in The Landing Ballroom. The event is only for women ages 18 and older. Tickets cost \$10 and include DJ entertainment, fashion show, door prizes and numerous organizations that cater to women. Grand prize is a three-day, two- night stay at a resort in Panama City Beach. People must be present to win prizes. For more information, call 255-9810.

are final and no refunds or exchanges are given.

For more information, call 255-2997 or 255-9517.

**Butterfly education program**

The Center Library will host a butterfly education program where people can learn about the life cycle of butterflies and moths Aug. 22 from 10:15-11 a.m. The event is free and open to authorized patrons of the library.

For more information, visit the Center Library or call 225-3885.

**Child feeding from birth to 5**

The new parent support program and Lyster Nutrition Care Clinic will host their child feeding from birth to 5 workshop Aug. 28 from 9-11 a.m. at The Commons in Bldg 8950. The free workshop will teach parents how feeding children the right foods right from the start can make things easier in the long term. The workshop will also include tips for developing healthy eating habits, converting picky eaters, how to avoid food battles, recipes and free take-home items.

For more information, call 255-9647 or 255-3359.

**Right Arm Night**

The Landing Zone will host Right Arm Night Aug. 28 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 598-8025.

**Back-to-School Skate Party**

The Fort Rucker School Age Center will host a

Back-to-School Skate Party Sept. 5 from 6:15-7:15 p.m. and 7:30-9:30 p.m. The cost will be \$2 for the 6:15-7:15 p.m. session and \$5 for the 7:30-9:30 p.m. session. Children will be allowed to bring a guest, and enjoy prizes and refreshments. Active duty military, Department of Defense civilian workers and contractors can register their children at parent central services.

For more information, call 255-9108.

**Financial readiness training**

Army Community Service will host financial readiness training Sept. 5 from 7:20 a.m. to 4:15 p.m. at the Soldier Service Center, Bldg. 5700, in Rm. 284. Personal financial readiness training provides a practical approach to help Soldiers manage their money more effectively. The training is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are welcome to attend.

For more information, call 255-9631 or 255-2594.

**EFMP information, support group**

The Exceptional Family Member Program invites all active duty military Families that have an exceptional or special needs Family member attend its information and support group meeting Sept. 9 from 9-10 a.m. at The Commons. The topic for the meeting is “It’s School Time: Are You Ready?” Tips, tools and resources will be discussed that can assist parents and children to make this a successful school year. The group offers EFMP Families camaraderie, friendship, information exchange, idea sharing, community resources, support and assistance with finding solutions.

For more information and to register, call 255-9277.

# DFMWR Spotlight

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## FORT RUCKER MOVIE SCHEDULE FOR AUG. 14-17

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Teenage Mutant Ninja Turtles 3D (PG-13)  
.....7 p.m.

**Friday, Aug. 15**

Teenage Mutant Ninja Turtles 3D (PG-13)  
.....7 p.m.

**Saturday, Aug. 16**

Edge of Tomorrow (PG-13)  
.....7 p.m.

**Sunday, Aug. 17**

Earth to Echo (PG)  
.....2 p.m.

# Corvias hosts open house for Soldiers

By Sara E. Martin  
Army Flier Staff Writer

Corvias Military Living offers many amenities for Soldiers who choose to live on post, from quality housing to community pools to lawn care to a recycling program, just to name a few.

And Aug. 21 from 4-6 p.m. at the Allen Heights Neighborhood Center (22470 Christian Road), CML will host an open house for those new to the community, as well as those who have never lived on base before, to showcase all it has to offer.

“Now that the initial development period for the program is complete, this is an opportunity for the Fort Rucker community to see all of the improvements that have been made to the neighborhoods over the past eight years,” said Brandon Masters, communications manager. “This includes seeing the community centers, new homes, model homes and renovated homes.”

CML also has a resident referral special right now, and the open house would be an opportunity for current residents to bring a friend to see a home and possibly make some money in the process.

Refreshments and door prizes will be a part of the open house, as well as mingling with staff so Families can connect with them in a casual environment.

“We hope to connect with Families and see what we can do to provide comfortable, stress-free housing while showing them the options we have available for them,” said Masters. “We have



PHOTO BY SARA E. MARTIN

Tracy Valenti and her husband, then-WO1 Nicholas Valenti, view a model home in Bowden Terrace in 2012.

a great product and our focus is to provide outstanding customer service.”

Masters said that there is a common misconception that only Soldiers with Families are permitted to live in on-post housing, but not only are unmarried Soldiers allowed to live in CML homes, CML has a unique-to-Fort Rucker program for singles.

“Unaccompanied service members have the opportunity to live on post, enjoy the same quality of life and benefits as their married counterparts,” said Masters.

“The benefits include access to the community center, the great property management customer service they receive from the Corvias team and they are located only minutes from work.”

CML’s singles population continues to grow, and CML representatives are now beginning to tweak the program to offer events that are geared toward this population.

Service members who are E-6 and above, and all officers, are now permitted to be in the program, said Masters.

“There is a demand from this population to live on post, enjoy the same perks that are offered Families, and we have the inventory available,” continued Masters. “Our focus has always been to meet the needs of our service members, so, coming up with this type of program only made sense.”

Soldiers can either live by themselves and pay their entire BAH at the without dependent rate, or they can live with a roommate and have the opportunity to pocket some of those BAH dol-

lars.

Soldiers who are interested in the program should contact the CML Leasing and Relocation Office at 503-3644 and a representative can walk Soldiers through their options.

“The great thing about the unaccompanied program is Soldiers have the opportunity to choose who their roommate is. For this reason, we don’t encounter very many roommate issues,” said Masters.

For more information on the open house, call 503-3600.

# Family history seminar to explain high-tech hobby

By Nancy Rasmussen  
Fort Rucker Public Affairs

For those who’ve ever wondered why they are the way they are, perhaps it is time to find the answers.

Fort Rucker’s Religious Support Office, along with area experts, will provide an opportunity for people to learn more about searching for ancestors and why this past-time is gaining universal popularity Aug. 28 at 7 p.m. at the Spiritual Life Center, Bldg. 8939, according to Chaplain (Capt.) Troy Allan, Fort Rucker spiritual life chaplain.

“The seminar, ‘Understanding Our Stories from Stories of the Past,’ is free, and open to anyone interested in learning how to discover their Family history through new and current research methods and technology,” Allan said. “Our goal is to encourage people to begin looking for their ancestors. In our day of digital technology, we have been given amazing tools to discover who we are and what we can become.”

Along with millions across the globe, Allan has discovered the satisfaction and introspection learning about ancestors provides.

Although hard numbers are hard to find, researching Family history is becoming one of the most popular hobbies in America, second only to gardening, according to an October 2012 Good Morning America report. And recent reports bear this out.

Since 2009, paying subscribers to Ancestry.com have increased by 195 percent and Family Tree experienced a 563 percent growth, according to Glen N. Greener at Family-Search.org.

With more than 2 million paid subscribers, Tim Sullivan, Ancestry CEO, said, “It’s no longer a niche. There’s a broad mainstream interest in family history.” Ancestry.com reported a billion dollars in revenue in 2012.

The post Family history

seminar is free, however, and the presenters will share some professional secrets that have helped them get to know more than four generations of their own ancestry.

“Knowledge is power. And with knowledge of the tools available, plus knowledge of how to make the tools work, we are able to unlock a great opportunity to shape our futures with the narratives of the past,” Allan added.

Allan, himself an avid genealogist, gained an interest in his ancestors at a young age.

“I have been conducting

Family research almost as long as I can remember. My mother and father are great Family history buffs. I recall reading amazing stories of my grandparents and their grandparents as a child and thinking, ‘I don’t think I could have done that!’ when hearing the stories of courage about their lives,” he said.

“We are inviting a few local area experts to provide us with insight and knowledge on the process,” Allan said.

Retired Army Aviation spouses Sherri Murray and Maxine Meyers will share their Family history experi-

ences and focus on how today’s technology provides effective, easily accessible databases of genealogical information to make searching for ancestors practically painless.

Murray will lend her expertise to those attending the seminar, and along with Meyers will also teach an upcoming Family history course here on post.

“The seminar is designed to get people excited about Family history and generate interest in participating in a six to eight lesson course on Family history focusing on the tools available to find our past,” Murray

said.

“Family history is understanding who we are at a much deeper level. That is, there are many answers to who we are and why we do the things we do locked away in the stories of the past. Without knowing these stories, we may simply overlook strong character traits that may help us in times of need or even to solve difficult problems,” Meyers said.

“For example,” Allan said, “I know that my great-great-grandfather was a man of amazing faith and courage. Knowing this about my grandfather helps

me push forward in times of need as I know his story is also part of my story. Knowing the narratives of our Families helps us create the narratives of our future.

“Not all of the past is glamorous,” Allan said. “There are some things we may find about the past that may be surprising, but that is what keeps me searching and interested. I hope to do Family history as long as I live.”

Childcare will be provided (call for reservations) and refreshments will be served. For more information, call Allan at 255-3447.

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# Alabama Road Trip: Marion features interesting people, places

Alabama Tourism Department  
Press Release

Alabama’s Black Belt region, so named because of its rich black soil, cuts a swath across the state that encompasses 22 counties, including Hale and Perry.

In Marion, the county seat of Perry County, you’ll learn that this town is the site of the former Judson Female Institute (now Judson College) founded in 1838. Marion is also home to the once all-male Marion Military Institute established in 1842 and the town is also the birthplace of civil rights pioneer Coretta Scott King.

**Early morning bird watching**

The best way to begin is with a bird-watching adventure in Marion just after sunrise when the Perry Lakes Park and Barton’s Beach Cahaba River Preserve opens to visitors. For the best bird viewing, climb to the top of the 100-foot birding tower at the park. From this height, you will be above the tree canopy. The park comprises four swampy oxbow lakes, formed when the Cahaba River changed its course 150 years ago.

To get to the birding tower, you will first walk over a covered pedestrian bridge and then along a raised boardwalk that takes you by moss-covered trees and slightly over one of the swampy oxbow lakes. This is a short and very scenic walk. In the opposite direction of the parking lot is a quarter-mile walk to Barton’s Beach Cahaba River Preserve with a spectacular view of the Cahaba River.

Perry Lakes Park can be hard to find.



ALABAMA TRAVEL PHOTO

**Cahaba River Preserve**

Travel Ala. Hwy. 175 a few miles north of the Ala. Hwy. 14 intersection and look for the Aquatic Biodiversity Laboratory, which is marked by a sign on its building. Slow down and turn as if you were going to stop at the laboratory. You will find a road alongside the laboratory’s parking lot. One hundred yards down the drive, you will see the Perry Lakes signs. Take the single-lane gravel road for approximately one mile until you reach a parking area.

**Historic Marion**

From Perry Lakes travel to Marion, home to both the Military Hall of Honor, located on the campus of Marion Military Institute and the Alabama Women’s Hall of Fame, located at Judson College. While

in the area, drive around town to spot the beautiful St. Wilfrid’s Episcopal Church (104 Clements St.; (683–5124) and historic First Congregational Church (601 Clay St.; (683–8111).

First Congregational Church was organized in 1871 by freed slaves. St. Wilfrid’s cemetery includes graves of both Confederate and Union Soldiers.

Judson College, the fifth oldest women’s college in the nation, is located just one block from the courthouse square. The campus is also home to several state champion trees, including Leland cypress, Japanese flowering cherry, English oak and Japanese evergreen oak.

Park your car along the square in one of the many free parking spots. Look for

Zion United Chapel’s Methodist Church on Jackson Street. The Civil Rights Freedom Wall is a large black granite marker in front of the church honoring the many freedom fighters in Perry County, including pioneer Coretta Scott King who was born in Heiberger, a small settlement 10 miles north of Marion, on April 27, 1927. One of the other names listed is that of Jimmy Lee Jackson. He and others were attending a civil rights rally at the church on the night of Feb. 18, 1965, when an Alabama state trooper shot him.

**See a working plantation**

Seven miles west of Marion on AL Highway 14 is the site of one of Alabama’s last active plantations, the Moore-Webb-Holmes Plantation. The land has been passed down for generations from William Moore, who came to Alabama and homesteaded the original 80 acres in 1819 shortly before Alabama gained statehood. Now operated by the sixth-generation descendants, the farm offers tours, which not only take you back in time, but also showcase the family’s current practices of producing grass-fed beef, organic gardening and self-sustainability.

**Take a self-guided tour**

Many stops on this road trip are included in a self-guided tour that can be enhanced by bringing your cell phone along to hear local people talk about their attractions and historical sites. Dial 526–3061 for sites in and around Marion and then enter the appropriate stop number that is listed at each location on the tour.

## WIREFLAX COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

**ANDALUSIA**

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit [www.andalusialegiopost80.org](http://www.andalusialegiopost80.org).

**DALEVILLE**

**ONGOING** — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

**DOTHAN**

**AUG. 22-23** — Wiregrass Museum of Art hosts the annual Yard Party for Art from 6-11 p.m. People can enjoy food, drinks and live music at this outdoor fundraiser. For more information, call 794-3871 or visit [www.wiregrassmuseum.org](http://www.wiregrassmuseum.org).

**AUG. 26** — As a modern and contemporary art museum, Wiregrass Museum of Art is hosting contemporary works of art in a piece called, “Is It Art?” at 5:30 p.m. Admission is free. Join museum staff and other hosts in conversation about the art. For more information, call 794-3871 or visit [www.wiregrassmuseum.org](http://www.wiregrassmuseum.org).

**ENTERPRISE**

**AUG. 16** — Chapter 351 of the Experimental Aircraft Association will offer free airplane rides to children ages 8-17 at Enterprise Municipal Airport. Registration

will start at 8:30 a.m. and flights will be conducted from 9 a.m. to 3 p.m. For more information, visit the chapter on Facebook at EAA351-Enterprise, or call 601-329-1334 or 804-381-1244.

**ONGOING** — Beginning and Continuing Classes in the Taoist Tai Chi Society Internal Arts and Methods are currently held at the Enterprise YMCA. A Thursday night beginning class will be available at the Episcopal Church from 5:45-7:15 p.m. starting July 10 and running until September 25. The beginning class covers all 108 moves of the Tai Chi set. Anyone interested in joining a class is encouraged to join any time. Ongoing continuing classes are offered at the YMCA Saturdays 12:15-1:45 p.m. and Mondays 1-2:30 p.m. Continuing class offers individuals the opportunity to improve their Tai Chi as well as explore the health benefits. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or visit [www.alabama.usa.taoist.org](http://www.alabama.usa.taoist.org).

**ONGOING** — The DAV Chapter No. 9 monthly meetings are held on the second Thursday of each month at 6 p.m. in the Baptist Center located on East Lee Street. For more information, call 308-2480 or 475-4373.

**ONGOING** — Monday through Thursday aqua Zumba and EPRD water aerobics will be held by instructor Natalie Showers 7-8 p.m. Price is \$5 per class and registration is not required. Bring a towel, water and pool/water shoes are recommended. For more information, call 348-2684.

**ONGOING** — Every Monday and Tuesday at 7 p.m. the city of Enterprise hosts line dancing. Fee is \$3 per class. For more information, call 348-2684 or visit [www.cityofenterprise.net](http://www.cityofenterprise.net).

**ONGOING** — The American Legion Post 73 meets at the American Legion/Doer’s Shrine Club building at 200 Gibson Street on the fourth Saturday of each month, beginning

at 8 a.m. The building is across the street from the Lee Street Baptist Church. For more information, call 347-5961 or 447-8507.

**ONGOING** — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call 406-3077, 393-6499 or 347-7076, or visit the VFW Post 6683 on Facebook.

**GENEVA**

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

**MIDLAND CITY**

**ONGOING** — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

**NEW BROCKTON**

**ONGOING** — Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

**OZARK**

**AUG. 15-16** — The South Alabama Rodeo Classic will be held at the Dale County AgPlex Arena, located at the intersection of Highway 123 and U.S. 231. Gates open at 6 p.m., and the rodeo starts at 8 p.m. Tickets are \$10 for adults, \$8 for children ages 6-12, 5 and under are free. For more information, call 774-9448 or 797-9754.

**ONGOING** — The Ann Rudd Art Center is offering free art lessons for children ages 5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m. Slots are on a

first come, first served basis. For more information, call 774-7922.

**ONGOING** — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Please call 334-774-2042 for more information.

**PINCKARD**

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

**SAMSON**

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

**ONGOING** — The Samson City Council meets monthly on the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

**TROY**

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

**WIREFLAX AREA**

**ONGOING** — Veterans Of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m. and karaoke begins at 6 p.m. The post will be celebrating its 80th anniversary on Aug. 1. The event is open to members and guests only. For more information, call 793-7912.

## Beyond Briefs

**Gulf Coast Jam**

Aug. 29-31, the Gulf Coast Jam will bring country music stars to the beach, such as Carrie Underwood, Dierks Bently, Blake Shelton and more at Grand Brown Park. Patrons can ride free shuttles to the headline stage. For more information, visit [www.gulfcoastjam.com](http://www.gulfcoastjam.com).

**Blues Fest**

The Great American Blues Festival in Panama City Beach, Fla., in Aaron Bessant Park supports local chari-

ties and will feature some of the top blues acts in the nation, a barbecue competition and a 5K race Aug. 16-17. For more information, visit [www.americanbluesfest.com](http://www.americanbluesfest.com).

**Softball Game**

The national Wounded Warrior Amputee Softball Team will play in Panama City Beach Aug. 14-16 at 6 p.m. at Frank Brown Park, 16200 Panama City Beach Parkway. The WWAST is comprised of young, competitive, athletic veterans and active-duty Soldiers who have lost limbs post-9/11, while serving in the military. The team includes individuals with a variety of amputations of the arm,

above knee, below knee, bilateral below knee, and foot. For more information, visit <http://woundedwarrioramputeessoftballteam.org>.

**Scavenger Hunt**

FunkNImpossible Mission Scavenger Hunt and Urban Challenge will be held in Panama City Beach Aug. 23. This interactive event will have participants using their brains and bodies to complete mini-missions and figure out clues. Participants race against other teams for the chance to win a cash prize. Teams must find all 15 clues and make it back to the finish line. For more information, visit [www.funknrun.com](http://www.funknrun.com).

# Corps of Engineers

## *Assists veterans through archaeology*

By David Vergun  
Army News Service

WASHINGTON — The U.S. Army Corps of Engineers’ Veterans Curation Program helps transitioning veterans with job skills, and in the process, the vets assist the corps in its archaeology mission.

It’s a win-win for the corps and for the veterans, said Caroline Bradford, laboratory manager and archivist, Veterans Curation Program in Augusta, Ga.

Veterans working at the labs in Augusta, St. Louis and Alexandria, Va., train in the use of computer databases, records management, photography and scanning technologies, various computer software programs, and modern archival principles, she said.

This work helps the corps “rehabilitate” archaeological collections and associated records for long-term curation and future research, said Bradford

“Veterans also have numerous opportunities to develop their resumes, increase communication skills and network with prospective employers,” she added.

### Transferable skills

While some of the transitioning veterans may decide they like working in the lab, have the requisite proficiency for it and choose to get a career in archaeology, most of them will move on to other jobs or go to college or get vocational training, Bradford said.

Veterans from any service and any military occupational specialty are welcomed and they don’t need to have a background in archaeology, she said, speaking from Augusta, where her colleague, Patrick Rivera, lab manager and archaeologist, and a team of veteran laboratory technicians are combing through artifacts provided by the corps’ Mobile District.

“We take veterans who were infantrymen, mechanics, medics, you name it, and set aside training time for them to develop valuable career skills, from translating jargon on their resumes to something civilian employers would find acceptable, to doing practice job interviews,” she said. “Often, veterans don’t realize the skills they have.”

For example, she said, mechanics work with their hands and have well-developed motor skills. These skills are useful in perhaps identifying and classifying Native American projectile points or pottery shards or bricks and nails from the Colonial era.

### Origins of VCP

The Augusta lab VCP is the oldest, started in October 2009.

The idea for VCP started in Iraq, where Dr. Michael “Sonny” Trimble, chief of curation at the Archives Analysis Branch, St. Louis District, USACE, was leading a team of forensic archaeologists on an excavation of an Iraqi mass grave. He was impressed with the Soldiers who were guarding the team, and he recognized the difficulty of transitioning back into the civilian market during a stagnant economy. This idea grew into the VCP program.

Today, Trimble is the director of the Mandatory Center of Expertise for the Curation and Management of Archaeological Collections located in the St. Louis District, which is the office that oversees the VCP labs.

Since 2009, the VCP took off and grew – all three labs have hired 172 veterans and many other veterans who attended the VCP have gone on to other careers, Bradford said. Sept. 26, 64 veterans will have completed the VCP training in the Augusta lab. A tour at VCP for a veteran is five months. The veterans are referred to as “technicians.”

Veterans who have participated in the VC, have great things to say about the program, Bradford said.

Benjamin Nay spent three years as an Army medic before coming to Augusta.

“The VCP has provided me with guidance on furthering my education as well as resources and benefits available to me as a military veteran,” he said.

William Montgomery, a former Army communications technician, said, “The VCP is a great program that helps veterans build new networks with peers and community programs across Augusta. I would recommend the program to other veterans.”

George Williams III, a Marine Corps veteran who worked in food services, remarked, agreed.

“My transition back into the civilian world was relatively easy, but I missed the camaraderie and support that I had in the Marines. I have enjoyed working at the VCP, because it’s a relatively relaxed work environment. The archaeological skills we are learning are new, useful, and interesting, so I am excited to have the op-



PHOTO BY EILEEN L. WILLIAMSON

Cathy Van Arsdale, a physical anthropologist from the Mandatory Center of Expertise for the Curation and Management of Archaeological Collections in the St. Louis District, documents the condition of the arm bone and upper jawbone of the Wankel T. Rex dinosaur. She notes the condition of each element, which will be rechecked upon the collection’s arrival in Washington, D.C., at the Smithsonian’s National Museum of Natural History.

portunity to experience something out of the ordinary.”

Jonathan Beaver, a former Army parachute rigger, said he found the program very useful.

“Even after I transitioned from the Army to the Army National Guard, I found it difficult to find a job,” Beaver said. “Many companies are looking to hire veterans, but they are also looking for veterans that have the qualifications and traits that they need. It’s been difficult to match my resume to their postings and to get an interview. The VCP has really helped with my resume, as well as providing me with some new, transferable skills. I am hoping to get a job out of this that will really further my career in the industrial safety field.”

Jo-Ellen Darcy, assistant secretary of the Army for civil works, also praised VCP.

“This is an incredible program that I talk about every chance I get,” Darcy said. “It finds a positive and innovative way to put our returning veterans and disabled veterans to work, while protecting and caring for our nation’s archaeological materials and associated records.”

### Archaeological work

Next to the Smithsonian, USACE is the largest holder of archaeological artifacts, with more than 50,000 boxes of artifacts and more than 3,000 linear feet of records, according to officials from the Center of Expertise. These artifacts and records are in the trust of the corps and are managed through the Mandatory Center.

Because the corps has so many artifacts, the three labs are constantly busy, Bradford said. Rehabilitating artifact collections involves a lot of work, photography, organizing and placing the information in searchable databases and matching the artifacts with the paperwork. It’s then returned to the corps’ designated repositories.

Before any digging or construction is undertaken by the corps, archaeological resources that might be impacted by construction are surveyed and excavated as needed.

Besides Native American artifacts, the corps helps the Federal Emergency Management Agency in recovery efforts after natural disasters.

In addition to the Native American Graves Protection and Repatriation Act, several other acts pertain to the corps’ archaeological work.

The Antiquities Act of 1906 provides general protection for cultural or natural resources, so any excavation of sites or construction on federal lands requires oversight by an archaeologist.

The National Historic Preservation Act of 1966 is a “partnership with states, local governments, Indian tribes and private organizations and individuals to use measures, including financial and technical assistance, to foster conditions under which our modern society and our prehistoric and historic resources can exist in productive harmony and fulfill the social, economic and other requirements of present and future generations.”

The Archaeological Resources Protection Act of 1979 protects archaeological resources “on public lands and Indian lands” and “fosters increased cooperation and exchange of information between governmental authorities, the professional archaeological community and private individuals.”



COURTESY OF USACE

A Veterans Curation Project technician at the Augusta, Ga., lab works with ceramics from the Millers Ferry artifact collection Aug. 6. The technicians are military veterans. The collection came from the USACE Mobile District and originated during archaeological excavations, conducted from 1963 to 1968, in Wilcox County, Ala.

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COURTESY PHOTO

# Pick-of-the-litter

Meet Kya, a 9-week-old short-hair, grey tortoiseshell kitten. She had a rough start and was nursed back to health. She is very sweet and spunky. She is an entertainer, causing laughter all day long with her curiosity. Adoption fees vary per species and needs of animal, which includes all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at [www.facebook.com/fortruckerstrayfacility/](http://www.facebook.com/fortruckerstrayfacility/) for constant updates on the newest animals available for adoption.

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# Religious Services

## WORSHIP SERVICES

Except as noted, all services are on Sunday

**Headquarters Chapel, Building 109**  
8:00 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940  
9:00 a.m. Catholic Mass Sunday  
11:00 a.m. Traditional Worship Service  
12:05 p.m. Catholic Mass (Tuesday - Friday)  
4:00 p.m. Catholic Confessions Saturday  
5:00 p.m. Catholic Mass Saturday

**Wings Chapel, Building 6036**  
08:00 a.m. Latter-Day Saints Worship Service  
9:30 a.m. Protestant Sunday School  
10:45 a.m. Wings Contemporary Worship Protestant Service  
1:00 p.m. Eckankar Worship Service (4th Sunday)

**Spiritual Life Center, Building 8939**  
10:45 a.m. CCD (except during summer months).

## BIBLE STUDIES

**Tuesday-**  
9:00 a.m. Protestant Women of the Chapel, Wings Chapel  
5:30 p.m. Youth Group Bible Study, Spiritual Life Center  
6:00 p.m. Protestant Women of the Chapel, Wings Chapel  
7:00 p.m. Adult Bible Study, Spiritual Life Center

**Wednesday-**  
11:00 a.m. Above the Best Bible Study, Yano Hall  
11:30 a.m. 164th TAG Bible Study, Bldg 30501  
12:00 p.m. Adult Bible Study, Soldier Service Center  
6:00 p.m. Adult Bible Study, Spiritual Life Center

**Thursday-**  
9:00 a.m. Adult Bible Study, Spiritual Life Center  
6:30 p.m. Latter-Day Saints Bible Study, Wings Chapel  
6:30 p.m. Wings Bible Study (Meal/Bible Study), Wings Chapel

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W01 Adam Nyitray, B Company, 1st Battalion, 145th Aviation Regiment, chips a shot onto the green during the 2014 Silver Wings Golf Course Post Championship game Aug. 2.



PHOTOS BY NATHAN PFAU

# Going pro

## SWGC hosts annual Pro-Am Golf Tournament

By Nathan Pfau  
Army Flier Staff Writer

Fort Rucker’s Silver Wings Golf Course hosts a multitude of tournaments throughout the year, but the upcoming Pro-Am Tournament offers a unique experience for golfers that they might not be able to have anywhere locally.

This year’s tournament returns Aug. 22-24 and features a practice round the first day, running all day, and two 18-hole rounds of the tournament played the following two days with shotgun starts at 9 a.m., according to Chet Hallman, SWGC business manager.

The distinctive factor about this tournament, as opposed to other tournaments throughout the year, is this one will feature Professional Golfers Association professionals and mini-tour professionals who will play alongside amateurs throughout the tournament.

“These professionals will be paired with three of our amateur players for two 18-hole rounds of golf over two days,” said Hallman, who is also SWGC’s own PGA professional. “Typically, the tournaments people see here are individual amateur and team amateur tournaments, so this is an opportunity for our amateurs to play with a very skilled golfer.”

The golf pros will be coming from all around the southeast, mainly from the Emerald Coast Tour, which mostly consists of southern Alabama, the Florida panhandle and Mississippi, he added.

What constitutes a professional golfer is any golfer who accepts prize money, said Hallman. “There are different levels of tours and professionals, but if they accept

prize money from tours that they play on, they are considered professional.”

The scoring for the game will be a version of the Stableford system, which is a point system.

“Each player on the team will play their own ball, and at the conclusion of each hole, they will take the best two scores of the four to determine the score for the hole,” said the business manager. “Those scores will then be tallied at the end of each round.”

Deadline for the signups have been extended through next week, so people can still sign up for the tournament by visiting the Silver Wings Golf Course. Cost for entry is \$125 for members and \$150 for non members, and includes tournament course fees, range balls, tee gifts, tournament meals and prizes.

The practice round will be held Aug. 22. The night before the tournament, SWGC will host a pairings party, during which people will be paired with their teams.

The professionals’ names will be put in a hat and drawn at random to see which teams they will be paired with. The party is also a good opportunity for a meet and greet where players and professionals can get to know their teammates, Hallman said.

“This tournament is something that comes along only once a year, and it’s a good, fun opportunity to play a little different format and learn from someone who knows a lot about the game,” said Hallman. “The professionals are very cordial and more than willing to help with tips and encourage the amateurs on how they can get better.”

For more information, call 598-2449.

## New TRICARE website design simplifies usage

TRICARE  
Press Release

TRICARE.mil unveiled a new design to its website July 24 to give TRICARE’s 9.6 million beneficiaries clear and easy access to benefit information.

Users now have more ways to browse the site. TRICARE added easier navigation, a login button for quicker access to our partner’s secure services and a section on the homepage dedicated to life-changing events. TRICARE also streamlined and reorganized content so users can find what they’re looking for in the way they’re expecting.

TRICARE is listening to its beneficiaries. The new design is the result of an ongoing review about what beneficiaries are looking for when they visit TRICARE.mil. The organization is using satisfaction surveys, analytics and user feedback to highlight key information. It is also closely monitoring the most visited pages and the most frequent search terms on TRICARE.mil. Some of the most popular things that beneficiaries look for include the following.

- What plan can I use?
- What’s covered?
- How do I find a doctor?
- How much will I pay?

TRICARE paired these findings with an extensive review of 34 government and private sector health insurance plan websites. This allowed us to apply common industry practices of website navigation, organization, content, naming convention and readability.

TRICARE.mil is a powerful educational tool for beneficiaries to learn about their health benefits and stay updated on the latest changes. Visit [www.tricare.mil](http://www.tricare.mil) to see the new design and explore the TRICARE benefit.

## PT uniforms result of Soldier feedback

By David Vergun  
Army News Service

WASHINGTON – A new Army Physical Fitness Uniform will become available service-wide, beginning in October next year.

Its design is based on Soldier feedback, said Col. Robert Mortlock, program manager, Soldier Protection and Individual Equipment, Fort Belvoir, Va.

There’s a three-year phase-in program and the cost will be about \$3 less than the current Improved Physical Fitness Uniform, he said.

The Army Physical Fitness Uniform program was actually initiated because of Soldier feedback. A February 2012 Army Knowledge Online survey of some 76,000 Soldiers found that Soldiers had issues with the IPFU, he said. They liked its durability but believed the IPFU’s textiles had not kept pace with commercially-available workout clothes. They also had concerns with other things, particularly modesty issues with the shorts, especially in events like sit-ups. Those concerns were expressed by males and females.

The issue was of such concern that Soldiers were purchasing spandex-like under garments to wear beneath the trunks, Mortlock said.

Another issue was that there were not enough female sizes in the IPFU, he said, meaning IPFUs that would fit all shapes and sizes.

PEO Soldier worked closely with the Natick Soldier Research Development and Engineering Center, Mass., to develop a new PT uniform that met Soldier concerns but did not cost more than the IPFU. The APFU met the goal of controlling costs and improving performance by adopting lighter high tech moisture



PHOTO BY GRAHAM SNODGRASS

**Left:** Capt. Leala McCollum poses in the Army Physical Fitness Uniform running jacket and pants. **Right:** Master Sgt. Dwayne A. Lewis models the Army Physical Fitness Uniform.

wicking fabric. The APFU introduces multiple sizes, including female sizing, and has solved the modesty issue, Mortlock said.

The fabric of the trunks will continue to be made with durable nylon fabric, but it is lighter than and not as stiff as the IPFU trunks. Also, there will be a four-way stretch panel inside the trunks, sort of like bicycle pants, which eliminates the need for Soldiers to purchase their own under garments. The trunks include a bigger key pocket and a convenient and secure ID card pouch.

In all, some 34 changes were made to the new APFU,

The APFU consists of the jacket and pants which resemble warm ups, trunks or shorts, and the short- and long-sleeve T-shirts, he said. The ensemble is modu-

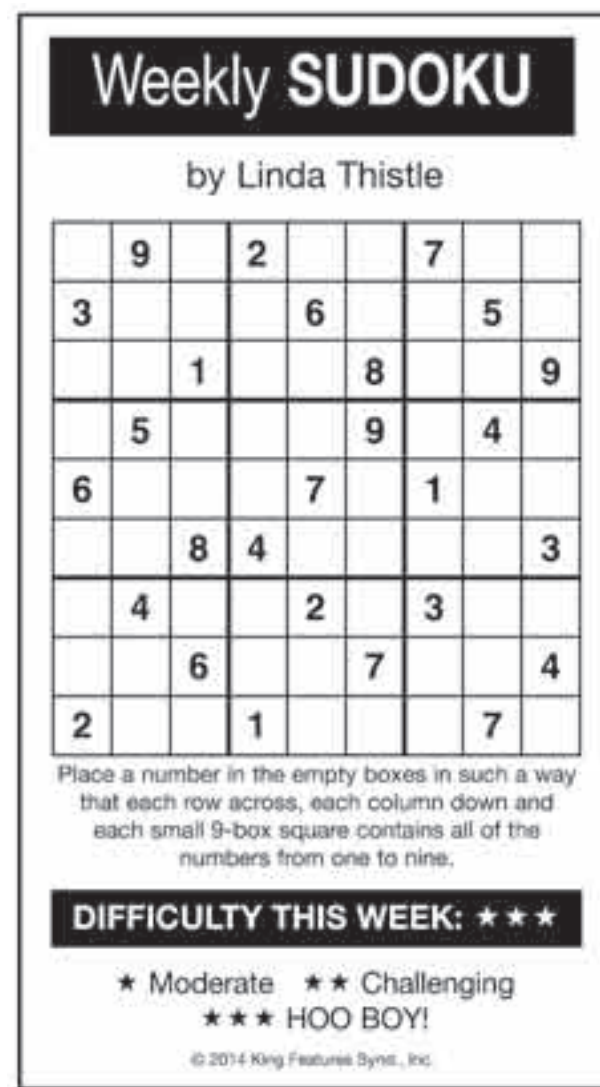
lar – parts of the APFU can be mixed and matched, for example, short- or long-sleeve T-shirts with the pants or trunks. During PT formations, the platoon sergeants will determine the appropriate combo.

Soldier feedback not only determined the form, fit and function of the APFU, it also determined its look. The Army made prototypes of the APFU in a variety of colors and designs and taken to a series of Soldier town halls at Fort Hood, Texas; Fort Bragg, N.C.; and Joint Base Lewis-McChord, Wash. Soldier feedback was solicited about the design features as well as the preferred color scheme.

Then, the Army launched a second AKO survey, in which more than 190,000



See Page D4 for this week's answers.



See Page D4 for this week's answers.

# KID'S CORNER



# Lyster observes Breastfeeding Awareness Month

By Hannah O'Steen  
*Lyster Army Health Clinic  
Registered Dietetic Technician*

August is National Breastfeeding Awareness Month and Lyster Army Health Clinic's nutrition care department has gathered information for women about the benefits of breastfeeding.

Breastfeeding rates are on the rise in the United States, however current statistics show that Alabama falls behind the national average for current statistics gathered.

In 2011, the most recent set of statistics, the national average of newborns who were breastfed was about 79 percent, according to the Centers for Disease Control and Prevention. That same year, about 67 percent of infants were breastfed in Alabama.

The national average for a child who is breastfed until their first birthday was 27 percent and Alabama's average was less than 15 percent.

Why breastfeed? The Office of Women's Health at the U.S. Department of Health and Human Services strives to help parents learn the importance of breastfeeding, along with giving information on how to

breastfeed, common challenges, breastfeeding in public, pumping and storage, and going back to work when breastfeeding.

Reasons for breastfeeding include lower risk of various health problems for the baby, including: ear infections, stomach viruses, respiratory infections, asthma, obesity and diabetes. For mothers, breastfeeding has been linked to a lower risk of Type 2 diabetes, breast cancer, ovarian cancer and postpartum depression.

Though science and technology has come a long way, formula cannot match the exact chemical makeup of human milk, especially the cells, hormones and antibodies that fight disease.

Many health organizations suggest babies can breastfed for up to 12 months, with exclusive breastfeeding for the first 6 months.

Pregnant women interested in learning more about breastfeeding should start by speaking with their OBGYN. Parents need to be educated and prepared so that they can make the best decision for their Family.

Once the baby is born, most hospitals have certified lactation counselors and

## August Nutrition Care Class Schedule Army MOVE Weight Control Program

- Class 1 – 19 Getting Started
- Class 2 – 5, 26 Fit For Life
- Class 3 – 12 Shape Your Plate
- Class 4 – 19 If At First You Don't Succeed
- Class 5 – 5, 26 Oops, I Did It Again
- Class 6 – 12 Keep It Going

Check with Nutrition Care for class times

- Heart Health Class - 15 from 9-11 a.m.
- Diabetes Education Class-from 9 a.m. to noon
- Class 1 – 7 Getting Started
- Class 2 – 14 Meal Planning and Success Planning
- Class 3 – 21 Disease Progression and Complications
- Class 4 – 28 Solving Problems
- Healthy Cooking Class - 22 from noon to 2 p.m.

internationally board-certified lactation counselors who will visit with parents at the hospital. The nurses who work on the labor and delivery floors usually have a wide amount of training about breastfeeding as well. The baby's doctor will also be able to provide support and answer any questions that may arise.

Your local Healthy Start or Women, Infants, and Children department, as well as the nutrition care department at LAHC can also provide support and answers to your questions. To ask questions or get more information, call 255-7986, or visit [www.cdc.gov/breastfeeding](http://www.cdc.gov/breastfeeding) or [www.womenshealth.gov](http://www.womenshealth.gov).

# Japanese encephalitis virus threat in Asia

Military Vaccine Agency  
Press Release

SAN ANTONIO – Mosquitoes all over the globe carry and spread some of the most debilitating diseases known to man, and do so in a manner that's often difficult to predict with any kind of certainty.

These vector-borne diseases can cause serious illness or can be fatal. Some of these diseases, such as Japanese encephalitis have the potential to cause extensive brain damage, which may result in seizures, paralysis, weakness, neurological or psychiatric problems. JE has no specific treatment if contracted.

"Our DOD beneficiaries tend to be an active population. Our children play outside and many of our adults spend a lot of time outdoors exploring the countryside in areas where the risk for JE is high," said Col. Margaret Yacovone, director of the Military Vaccine Agency-Vaccine Healthcare Centers Network, or



DOD PHOTO

Protection from mosquito-borne illnesses starts with personal protective measures such as insect repellent or limiting outdoor activities at dusk and dawn. However, the best method of protection – a vaccine – is available for Japanese encephalitis.

MILVAX-VHCN. "So, it is important to take measures to adequately protect against the disease threat."

Protection from these illnesses starts with personal protective measures, such as insect repellent or limiting outdoor activities at dusk and dawn. However, the best method of protection – a vaccine – is available for JE, and is the most effective preventive

measure for the near 360,000 U.S. military and civilian personnel, and their Families, working and living in endemic countries in Asia.

The JE vaccine is recommended by the Centers for Disease Control and Prevention for people who stay longer than 30 days in endemic areas of Asia and the western Pacific during mosquito season. It should also be con-

sidered for short-term travelers to endemic areas during the JE virus transmission season. It is licensed by the Food and Drug Administration for use in people aged two months and older.

"We are concerned that some of our beneficiaries are unaware of the threat of JE. While the risk of infection from routine travel may be low, people who relocate to endemic areas are at the same risk as the local residents," Yacovone said. "All beneficiaries transferring to these areas should be adequately vaccinated against JE according to CDC recommendations."

Navy Capt. Christopher Armstrong, deputy director of Clinical Services for MILVAX-VHCN, stressed that JE, while not seen in the U.S., is already clearly documented as a public health concern and is a routine childhood vaccination in several major Asian countries.

Japanese encephalitis is usually transmitted from June through October. While the risk of devel-

oping serious symptoms is low, the fatality rate once symptoms present is 20 to 30 percent. Another 30 to 50 percent of people who survive the disease can develop neurological and psychological problems, which "are unpredictable and cannot be repaired," Yacovone said.

Up to 50 people per 100,000 who are infected with JE will develop clinical disease, according to the CDC.

"The disease, if it develops, will result in crippling disability, if not death," Armstrong said. "Getting vaccinated is a small price to pay to avoid that."

For more information on Japanese encephalitis vaccine, contact MILVAX-VHCN at 877-GET-VACC (438-8222) or [DODvaccines@mail.mil](mailto:DODvaccines@mail.mil). People who want to consult with a licensed healthcare provider regarding patient-specific immunization issues can contact the DOD Vaccine Clinical Call Center at 866-210-6469, or go to <https://askvhc.amedd.army.mil>.

# Uniforms: Mandatory wear date in 2017

Continued from Page D1

responded, Mortlock said. Soldiers overwhelmingly favored a black T-shirt with gold lettering and a black jacket with gold chevron and the Army logo.

Then it was on to testing.

About 876 Soldiers at Fort Wainwright, Alaska; Join Base Lewis-McChord; Fort Bragg; Fort Sill, Okla.; Fort Hood; and Fort Jackson, S.C., wore the APFU during PT for a three-month period, providing feedback on form, fit, comfort and so on, Mortlock said. The APFU also was tested for things like durability, laundering, fiber strength, color fastness and color maintenance after laundering.

A key part of testing addressed the concern of some Soldiers that a black shirt may cause over-heating. Instrumented tests showed that the lighter weight material and superior moisture wicking fabric more than compensated for any increased heat from the dark material.

The response to the APFU was "overwhelmingly positive," he said, particularly with the trunks.

Not only that, Soldiers said they wear the APFU on weekends and off-duty outside the installations, Mortlock said, adding that many said they wouldn't wear the

current IPFU off-duty. That means communities across the country will soon see Army pride as Soldiers do their workouts.

The APFU will come in two types, the Clothing Bag variant, and the Optional APFU, which will be visually the same as the APFU Issue variant, but uses some different materials. The individual items of the two variants can be mixed together. The Optional APFU variant will become available first when it arrives in Army military clothing sales stores sometime between October and December.

The Clothing Bag issue variant will be issued to Soldiers from the clothing initial issue points, starting between April to June and to Reserve, National Guard, and Senior ROTC from July-August 2015. The APFU will be phased in as the IPFUs are used up and worn out. The mandatory wear date will go into effect around October 2017, or about three years after the APFU is introduced.

In conclusion, Mortlock said the Army reached out to Soldiers at "multiple touch points to ensure we got this right. The message is we're listening to Soldiers. We're continuing to listen to Soldiers, and this is the Soldiers' selection and Army leaders went along with this."

### Shoulder to Shoulder

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[www.armysuicideprevention.org](http://www.armysuicideprevention.org) [www.armysuicideprevention.org](http://www.armysuicideprevention.org)

## Weekly SUDOKU

Answer

8	9	5	2	4	3	7	1	6
3	2	7	9	6	1	4	5	8
4	6	1	7	5	8	2	3	9
1	5	2	6	3	9	8	4	7
6	3	4	8	7	5	1	9	2
9	7	8	4	1	2	5	6	3
7	4	9	5	2	6	3	8	1
5	1	6	3	8	7	9	2	4
2	8	3	1	9	4	6	7	5

## TRIVIA

Answers

1. Righty
2. Fear of blood
3. "My My, Hey Hey," by Neil Young
4. Israel and Jordan
5. 32 minutes that covered the entire race
6. Stroke
7. 1994
8. Fred
9. Green
10. Coffee liqueur, vodka and cream

## PUZZLE ANSWERS

### Super Crossword

Answers

ABBA	SCALAR	ASTRA	SBA
DIET	PARADE	SAWIV	QED
ALCOHOL	SWAB	CLOSE	URL
PLANET	MUSEUM	PONARI	
TIMER	ALASKA	KINGCRAB	
SEED	SHED	ENDING	FILE
SPANIARD		INACAN	
ATOMIC	BOMB	ACTING	DUMB
PAMELA		ALLY	ALL
ERASE	PABLO	DELAS	
SARAN	ATALOWE	BEDENS	
TACOS	THROE	LETON	
BASS	MELROSE	TEATRO	
ANATOMY	LAB	APPLE	CRUMB
DACAPO	SATIRIST		
AGE	EFRE	NOMS	COAT
ASGENTLE	ASALAMB	TORCH	
SPA	CARLISLE	PALACE	
SOW	ACOING	GETFROM	ATOB
ERE	SKYPE	ARAGON	DOSE
TEA	ESSES	MYOHMY	ARTS

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BRIEFS

Bowling leagues

Registration for bowling leagues at Rucker Lanes is available at the front counter. Leagues are open to the public, and all ages and levels are welcome. Fees, schedule and league specifics will be discussed at the league's first meeting. People need to register for a league by the first meeting date. Mixed leagues are for men and women, ages 18 and older. United States Bowling Congress Juniors is for ages 8 to 18. USBC Roll n' Glow is for children from walking age up to age 7. All league tournaments are open to anyone, ages 18 and older. All league participants must be USBC certified, which people can do at Rucker Lanes or at league meetings. USBC Junior and USBC Roll n' Glow registration fee includes USBC certification. For more information, call Rucker Lanes at 255-9503.

Mother Rucker's open Sundays

Starting Sept. 7, Mother Rucker's will be open Sundays from 11 a.m.

to 11 p.m. For more information, call 503-0396.

Free summer bowling

Rucker Lanes offers free bowling to youth all summer long. Each youth receives three free games of bowling and shoe rental for free – up to three youth, up to 13 years old – when at least one parent bowls with them for \$8.50. The offer is available Mondays-Fridays until Aug. 31. The offer is open to the public and exceptional-Family-member friendly. For more information, call Rucker Lanes at 255-9503.

Enterprise baseball

Enterprise's semi-pro baseball is need of players. For more information on the team, call 347-4275 or 464-1729.

Batting cages open

The Fort Rucker batting cages are open Tuesdays and Thursdays from

4-8 p.m., Saturdays from 10 a.m. to 6 p.m. and Sundays from 1-5 p.m. Reservations must be made prior to using the batting cages by calling youth sports and fitness at 255-2257 or 255-2254.

Spin Challenge

The Fortenberry-Colton Physical Fitness Center will host a two-hour Spin Challenge Tuesday from 5:30-7:30 p.m. The cost will be \$3.50, or people can use their Fitness Card. Door prizes will be given and refreshments will be provided. The challenge is open to all authorized patrons. For more information, call 255-3794.

Volleyball coaches meeting

The Fort Rucker Physical Fitness Center will host a men's and women's volleyball coaches meeting Tuesday from 9:30 a.m. to 5:30 p.m. in its conference room. For more information, call 255-2393.

PUZZLE ANSWERS

Super Crossword

Answers

A	B	B	A		S	C	A	L	A	R		A	S	T	R	A		S	B	A			
D	I	E	T		P	A	R	A	D	E		S	A	W	I	V		Q	E	D			
A	L	C	H	O	L	S	W	A	B		C	L	O	S	E		U	R	L				
P	L	A	N	E	T			M	U	S	E	U	P	O	N		A	R	I				
T	I	M	E	R		A	L	A	S	K	A	N	K	I	N	G		C	R	A	B		
S	E	E	D		S	H	E	D		E	N	D	I	N		I	L	E					
					S	P	A	N	I	A	R	D				I	N	A	C	A	N		
A	T	O	M	I	C	B	O	M	B		A	C	T	I	N	G		D	U	M	B		
P	A	M	E	L	A			A	L	L	Y	A	L	L		S	T	I	C				
E	R	A	S	E		P	A	B	L	O		B	E	L	A	S							
S	A	R	A	N		A	T	A	L	O	W	E	B	B		E	D	E	N	S			
					T	A	C	O	S		T	H	R	O	E		L	E	T	O	N		
B	A	S	S		M	E	L	R	O	S	E					T	E	A	T	R	O		
A	N	A	T	O	M	Y	L	A	B		A	P	P	L	E	C	R	U	M	B			
D	A	C	A	P	O			S	A	T	I	R	I	S	T								
					A	G	E		E	F	R	E	M		N	O	M	S		G	O	A	T
A	S	G	E	N	T	L	E	A	S	A	L	A	M	B		T	O	R	G	H			
S	P	A			C	A	R	L	I	S	L	E				P	A	L	A	C	E		
S	O	W			A	C	O	I	N		G	E	T	F	R	O	M	A	T	O	B		
E	R	E			S	K	Y	P	E		A	R	A	G	O	N		D	O	S	E		
T	E	A			E	S	S	E	S		M	Y	O	H	M	Y		A	R	T	S		

Weekly SUDOKU

Answer

8	9	5	2	4	3	7	1	6
3	2	7	9	8	1	4	5	8
4	6	1	7	5	8	2	3	9
1	5	2	6	3	9	8	4	7
6	3	4	8	7	5	1	9	2
9	7	8	4	1	2	5	6	3
7	4	9	5	2	6	3	8	1
5	1	6	3	8	7	9	2	4
2	8	3	1	9	4	6	7	5

Answers

1. Raguly

2. Fear of blood

3. "My My, Hey Hey," by Neil Young

4. Israel and Jordan

5. 32 muscles that control the outer ear

6. Stroke

7. 1984

8. Ford

9. Green

10. Coffee liqueur, vodka and cream

KNOWLEDGE

THE OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

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