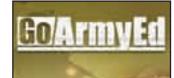
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AUGUST 7, 2014

HOMECOMING

Family, friends, co-workers welcome home Soldier, K-9

By Sara E. Martin Army Flier Staff Writer

The 6th Military Police detachment welcomed a deployed Soldier and his fourlegged partner home with a police escort and applause at a small ceremony Monday at the kennels.

Unit members lined the sidewalk at the new kennels to show appreciation of the efforts of Staff Sgt. Jason Villafane and military working dog, Joep.

"He represented our unit well and Fort Rucker well. Everyone here is very proud of the work he has done, and we are all excited he has returned," said Lt. Col. Romeo Macalintal, 1st Battalion, 13th Aviation Regiment commander. "This is a great way to meet a Soldier - his homecoming from doing our nation's business overseas. Looking for explosives isn't something that most people would volunteer to do. On behalf of the unit, I am very happy to

see you back."

Villafane said he was not expecting such a homecoming.

"K-9 teams usually leave and return in the early morning or night, so this is amazing to see. Thank you so much for supporting me and my Family while I was gone," he said. "I am glad to be a part of this command."

This was the staff sergeant's third deployment, which he volunteered for. He was gone for 11 months and three days to Afghanistan.

His and Joep's mission was to look for explosives and support the Soldiers in the

"We help keep them safe, and units love their K-9 support," he said.

Villafane said it was a challenging mission to ensure that the job was always complete and that he cleared the way for his unit so they could all return together.

"I am so happy that I helped get all of



Staff Sgt. Jason Villafane is welcomed home by friends, Family and coworkers Monday at the MWD kennels.

the Soldiers back home safely. That is the most rewarding thing of all, that I did my part to bring everyone back safely."

This was Joep's first deployment, but the 4-year-old Belgian Malinois did an excellent job, claimed his handler, who said he was more than happy to be home.

"I have been looking forward to this day for weeks now. It's good to be back on friendly soil after being around so much turmoil," he said, adding that he can't wait to spend some simple, quality time with

His peers and superiors alike said that Villafane and Joep were the right team for the right mission.

"He is an excellent dog handler. Out of all the dog teams we have, him and Joep are the best match," said Staff Sgt. Ryan Hastings, 906th Military Working Dog Detachment. "His tactical and technical knowledge made him perfect for what he did overseas. He did some great stuff while he was over there."



A scene from the opening night of the U.S. Army Soldier Show 2014 Stand Strong tour April 18 at Fort Sam Houston, Texas. The U.S. Army Soldier Show makes a tour stop to the Wiregrass Tuesday and Wednesday at 7 p.m. at the Enterprise High School Performing Arts Center for its free show, "Stand Strong." The Soldier Show performs across the country, entertaining Soldiers, Families, retirees and civilians with its all-Soldier cast. The event is open to the public and no tickets are required. For map to school, see Page C2.

SCHOOL TREK

Students head back to post schools

By Nathan Pfau

Army Flier Staff Writer

It's that time of year again when children strap on their backpacks, get on their bikes, hit the bus stops and make the trek back to school to start a new year.

Fort Rucker's primary and elementary schools welcomed students back to school Tuesday to get a fresh start on a new year of learning and fun, said Vicki Gilmer, Fort Rucker Elementary School princi-

"It is outstanding to have school back in session again," said Gilmer. "You love that summer break, and the first few weeks it's quiet and you get to clean up and get ready, but then it gets kind of lonely.

"When you get those kids back and you see them with their smiles on, their backpacks on and their readiness to get back, it's just an awesome feeling," she said.

Joanna Marsh, FRES student, said she's eager to get back in the classroom and start learning again.

"Summer was nice and it was fun having a lot of time off, but I miss a lot of my friends and my teachers because they are really nice," she said. "I'm excited about school this year and seeing what I can

Marsh's mother, Bren-

da, walked with Joanna to school and said the first day of school always comes with its jitters, but it's something that she looks forward to all sum-

"It's nice to have the children around for the summer and it's nice to get to spend that time with them, but it's also nice to know that they're getting a good education and getting to be in a more social setting when school starts," she said. "It's tough seeing my little girl grow up and it's happening so fast, but there's no place else I'd want her to go to school. I love the teachers and I love her classmates."

A lot of preparation goes in to planning for a new school year, starting from the day the last class

SEE SCHOOL, PAGE A5



Students cross the street on their bikes, on foot and with their Families during the first day of school at Fort Rucker Elementary School Tuesday.

Large turnout expected at job fair

By Sara E. Martin Army Flier Staff Writer

The 11th annual Fort Rucker Area Job Fair will be held Wednesday from 9 a.m. to 1 p.m. at the Ozark Civic Center, and Soldiers are encouraged to take advantage of the opportunity, even if their military separation is still more than a year away.

The fair is hosted by the Fort Rucker Soldier for Life Program, Army Community Service and the Ozark Area Chamber of Commerce, and is free and open to the pub-

Job seekers will meet representatives from a diverse blend of 49 local businesses, government contractors and federal agencies, said Bryan Tharpe, Soldier for Life transition assistance program manager. Tharpe expects around 2,000 job seekers to attend,

and even though the fair is much smaller this year, he said if people are on a schedule, or simply want to beat the crowds, to show up around 8:45 a.m.

"If you wait until the end to show up, many begin packing up to catch their flights, and might have filled the positions they were showcasing," he said. "The sooner the better."

Tharpe suggests dressing for success, having a 30second speech of attributes and abilities, and to bring 20 copies of resumes and other supporting documents that might be needed for an interview.

"You need to have a plan and you need to practice selling yourself. There are a lot of vendors, but even so the lines at some might be long. So, you need to research the attending companies ahead of time so you know where your skills will be best placed and you can begin tailoring your resumes to each company," he said. "It will also help to research them beforehand so you know what the company is looking for and how they do business in case you are chosen for an on-the-spot interview."

Visit these key vendors first, said Tharpe, then spend the remaining time speaking to the vendors that might not have been a top priority.

Some of the attending companies include - City of Dothan, URS Federal Services, Bureau of Diplomatic Security, Airbus Helicopters, Waffle House, Science and Engineering Services LLC, and First Light Home Care.

SEE FAIR, PAGE A5



PHOTO BY SARA E. MARTIN

Job hunters speak to employer representatives during last year's Fort Rucker Job Fair. This year's fair is Wednesday from 9 a.m. to 1 p.m. at the Ozark Civic Center.

PERSPECTIVE

Army investigators warn public about romance scams

By U.S. Army Criminal **Investigation Command** Public Affairs Office

QUANTICO, Va. - Special agents from the U.S. Army Criminal Investigation Command are once again warning Internet users worldwide about cyber criminals involved in an online crime that CID has dubbed the Romance Scam.

CID special agents continue to receive numerous reports from victims located around the world regarding various scams of people impersonating Soldiers online. Victims are usually unsuspecting women, 30 to 55 years old, who believe they are romantically involved with an American Soldier, yet are being exploited and ultimately robbed by perpetrators who strike from thousands of miles away.

"We cannot stress enough that people need to stop sending money to persons they meet on the Internet and claim to be in the U.S. military," said Chris Grey, Army CID spokesman.

"It is very troubling to hear these stories over and over again of people who have sent thousands of dollars to someone they have never met and sometimes have never even spoken to on the phone," Grey said.

The majority of the Romance Scams are being perpetrated on social media and dating-type websites where unsuspecting females are the main target.

The criminals are pretending to be U.S. servicemen, routinely serving in a combat zone. The perpetrators will often take the true rank and name of a Soldier who is honorably serving his country somewhere in the world, or has previously served and been honorably discharged, then marry that up with some photographs of a Soldier off the Internet and then build a false identity to begin prowling for victims.

The scams often involve carefully worded romantic requests for money from the victim to

puters, international telephones, military leave papers and transportation fees to be used by the fictitious deployed Soldier so their false relationship can continue. The scams include asking the victim to send money, often thousands of dollars at a time, to a third party address.

Once victims are hooked, the criminals continue their ruse.

"We've even seen instances where the perpetrators are asking the victims for money to purchase "leave papers" from the Army, help pay for medical expenses from combat wounds or help pay for their flight home so they can leave the war zone," said Grey.

These scams are outright theft and are a grave misrepresentation of the Army and the tremendous amount of support programs and mechanisms that exist for Soldiers today, especially those serving overseas, said Grey.

Along with the romance-type scams, CID has been receiving complaints from citizens worldwide that they have been the victims of other types of scams - once again where a cyber crook is impersonating a U.S. service member. One version usually involves the sale of a vehicle, where the service member claims to be living overseas and has to quickly sell their vehicle because they are being sent to another duty station. After sending bogus information regarding the vehicle, the seller requests the buyer do a wire transfer to a third party to complete the purchase. When in reality, the entire exchange is a ruse for the crook to get the wire transfer and leave the buyer high and dry, with no vehicle.

CID continues to warn people to be very suspicious if they begin a relationship on the Internet with someone claiming to be an American Soldier and within a matter of weeks, the alleged Soldier is asking for money, as well as discussing marriage.

purchase special laptop com- have a distinct pattern to them, tain no accountability of use. don't want victims who do not Grey.

explained Grey.

The perpetrators often tell the victims that their units do not have telephones or they are not allowed to make calls or they need money to "help keep the Army internet running." They often say they are widowers and raising a young child on their own to pull on the heartstrings of their victims.

"We've even seen where the criminals said that the Army won't allow the Soldier to access their personal bank accounts or credit cards," said Grey.

All lies, according to CID of-

"These perpetrators, often from other countries, most notably from west African countries, are good at what they do and quite familiar with American culture, but the claims about the Army and its regulations are ridiculous," said Grey.

The Army reports that numerous very senior officers and enlisted Soldiers throughout the Army have had their identities stolen to be used in these scams.

To date, there have been no reports to Army CID indicating any U.S. service members have suffered any financial loss as a result of these attacks. Photographs and actual names of service members have been the only thing utilized. On the other side, the victims have lost thousands.

One victim revealed that she had sent more than \$60,000 to the scammer. Another victim from Great Britain told CID officials that over the course of a year, she had sent more than \$75,000 to the con artists.

The U.S. has established numerous task force organizations to deal with this and other growing issues. Unfortunately, the people committing these scams are using untraceable email addresses on Gmail, Yahoo, Hotmail, etc., routing accounts through numerous locations around the world, and utilizing pay-per-hour Internet cyber The majority of these scams cafes, which often times main-

What to look for

- Don't ever send money. Be extremely suspicious if you are asked for money for transportation costs, communication fees or marriage processing and medical fees.
- Carefully check out the stories you are being told. If it sounds suspicious, there is a reason – it's routinely false. Trust your
- If you do start an Internet-based relationship with someone, check them out, and research what they are telling you with someone who would know, such as a current or former ser-
- Be very suspicious if you never get to actually speak with the person on the phone or are told you cannot write or receive letters in the mail. Servicemen and women serving overseas will often have an APO or FPO mailing address. Internet or not, service members always appreciate a letter in the mail.
- · Military members have an email address that end in ".mil." If the person you are speaking with cannot sent you at least one email from a ".mil" (that will be the very LAST part of the address and nothing after), then there is a high probability they are not in the military.
- · Many of the negative claims made about the military and the supposed lack of support and services provided to troops overseas are far from reality. Check the facts.
- Be very suspicious if you are asked to send money or ship property to a third party or company. Often times the company exists, but has no idea or is not a part of the scam.
- · Be aware of common spelling, grammatical or language errors in the emails.
- · Be cognizant of foreign and regional accents that do not match the person's story.

Where to get help

- Report the theft to the Internet Crime Complaint Center (IC3) (FBI-NW3C Partnership) at http://www.ic3.gov/default.
- Report the theft to the Federal Trade Commission at http:// www.ftc.gov/idtheft.
- · Your report helps law enforcement officials across the United States in their investigations.
- Report the theft by phone at 1-877-ID-THEFT (438-4338) or TTY, 1-866-653-4261.
- Report the theft by mail at the following address:
- Identity Theft Clearinghouse
- Federal Trade Commission
- Washington, DC 20580
- · Report the fraud by email to the Federal Trade Commission on Nigerian Scams via at spam@uce.gov.
- For more information on CID, visit www.cid.army.mil.

The ability of law enforcement to identify these perpetrators is very limited, so individuals must stay on the alert and be personally responsible to protect themselves.

report this crime walking away and thinking that a U.S. serviceman has ripped them off when in fact that serviceman is honorably serving his country and often not even aware that his pictures or "Another critical issue is we identity have been stolen," said

Rofor Wa

66 Summer vacation is at a close, what is your favorite summertime memory of this year so far?"



Mia Pomranky, **Army spouse**

"I had a nice 4th of July here celebrating at Freedom Fest."



Summer McManus, **Army Family member**

"Going to my cousin's house to spend time with them in



Tara McManus, Army spouse

"I am about to have my favorite summer memory because (of an upcoming vacation.)"



Jenna McMillen, **Army Family member**

"I had an amazing time at Panama City Beach with my



Pfc. Andrew Shipman, 6th MP detachment

"I liked the time I spent in Panama City Beach. There were nice waves, nice sun, nice people and good food."

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

Tuition assistance changes for Soldiers

By Nathan Pfau

Army Flier Staff Writer

The Army Tuition Assistance program is designed to help Soldiers achieve their higher-education goals, but major changes are coming to the program that each Soldier needs to know about.

The changes coming to TA will go in effect Sept. 6 and pertain to reimbursement criteria, fees and TA requests, said Henry Eagle, supervisory education services specialist for Army Education Services.

One of the first major changes is the reimbursement criteria for non-successful course completion, said Eagle.

When using TA, Soldiers must maintain a grade-level of C or higher for undergraduate courses, a B or higher for graduate courses and a pass for pass/ fail courses, he said. If a student is not able to maintain the required grade, then that Soldier is responsible to pay back the amount of the class.

"What the Army is doing is saying that Soldiers have to work harder if they're going to pick up the tab for that course,"



technology fees and things like

that," said Eagle. "Those fees

are all going to have to be cov-

The last major change per-

taining to Soldiers is that TA re-

quests must be approved before

least 10 days prior to the course

start date to allow sufficient

time for education personnel to

approve the request," he said,

"especially for those Soldiers

attending schools that do no up-

load their course catalogue into

website that acts as a gateway

GoArmyEd is the Army's

GoArmyEd."

"Soldiers should request TA at

the start date of the class.

ered by the Soldier."

said Eagle. "If you slack off and get a D, then you're going to have to pay that money back."

In the instance that a Soldier does not meet the required grade, he or she will be notified that the money will be recouped within 30 days. There is flexibility in regards to how the Soldier can pay the money back, said Eagle. It can be taken out of the Soldier's pay check in one lump sum or spread out in that 30-day

Another change is that no fees, including supporting instructional fees, will be paid using TA, he said. TA will only cover actual cost of tuition.

"This can include lab fees, for all Soldiers who are eligible

do so online.

Soldiers must create an account with GoArmvEd, which also allows Soldiers to manage their education records, including college classes, testing, on-duty classes and Army Education Counselor support, according to goarmyed.com.

to request tuition assistance can

Once a Soldier gets an account set up, to be eligible for TA the Soldier must choose an approved, accredited college that is in the GoArmyEd's system, and it must be for a degree plan that meets the requirements for the Soldier's future objec-

For more information, visit www.goarmyed.com.

Eagle added that TA requests submitted less than 10 days prior to the course start date may not get approved and will not be considered for a TA exception to policy.

Other changes that took effect earlier in the year include changes to the number of semester hours a Soldier is allowed to use for TA in a fiscal year.

Soldiers are now limited to 16 semester-hours per fiscal year, and the maximum amount TA will pay is \$250 per semester hour, said Eagle.

Also, there is a one-year grace period after a Soldier completes basic training and advanced individual training that Soldiers must wait before they are allowed to apply for TA.

"This was put in place by Army leadership because they don't want Soldiers focused on getting their college degree as soon as they hit the ground in their unit," said Eagle. "We want Soldiers to gain experience and be focused on what they need to do to become a Soldier in the career field that they're in."

All of the changes tie into the Soldier for Life program, said Eagle, which looks at the entire career continuum for a Soldier.

"In the first year, Soldiers can focus on their job, then after that year they can start working on college," he said. "They'll want to start working on college early because they will only be allotted those 16 semester hours each year, which allows the Soldier to stretch out their schooling and focus on their job in the Army, as well."

PROGRAM MENTORS SOLDIERS ON GREAT OUTDOORS

By Nathan Pfau

Army Flier Staff Writer

No one knows the stress of moving from location to location more than a Soldier or military Family member, but one Soldier is trying to make a difference and offer solace through outdoor recre-

Sgt. Brandon Noel, NCO Academy S-4, thought up the Outdoorsman Mentorship Program as a way for Soldiers, civilians and anyone interested in the great outdoors to learn what is available locally, how to best get out there and get sage advice from experienced outdoorsmen.

"Coming from my own experience, moving from base to base, when you come to a new base, you don't know the area," he said. "Also, you might not know the laws as they pertain to camping, hunting, fishing or anything to do with the outdoors."

Noel said laws regarding outdoor recreation differ from state-to-state and even county-to-county, so it's important to have someone to be able to ask questions when new to the area.

"This is not just a program for people who are experienced with hunting, fishing and other outdoor recreation, but primarily for those who are novices, like myself," said the supply NCO. "I've only ever been hunting twice, and that was in the last two weeks."

During that time, Noel said he wished he could have had someone to offer him advice on good hunting habits.

"I think I would have really enjoyed having someone show me some good hunting practices, good conservation practices, what kind of dangers to look out for and just other basic stuff that I might not learn from just an online hunter course," he said. "This is a good opportunity to pick up on lessons learned from more experienced outdoorsman. Not just about what regulations and laws are, but what type of fishing lures are better, what type of rifle you need for deer hunting or what is the best fishing spot."

The Outdoorsman Mentorship Program is also a good chance to show Soldiers that there is plenty for them to experience on the installation.

"A lot of times, (Soldiers) find themselves stuck in the barracks all weekend, and a lot of them tend to think that there's just nothing here to do," he continued. "But there is so much for people to experience, and if we're able to get people out and about, then we'd really improve the quality of life for a lot of Soldiers."

The program is not only designed for hunting and fishing. It is also directed at those interested in watersports, such as boating, kayaking, canoeing and more,

"There are certain boating laws people must follow, and this is a good opportunity for them to learn exactly what they are," he said. "I see people with canoes and kayaks on the backs of their trucks all the time. Fort Rucker has some of the best spots to use that equipment."

Currently, the program is open to the public and Noel encourages people from the local communities to take advantage of the program.

"I want local people involved because



Sqt. 1st Class Brian Brenner, NCOA, John Clancy, ODR program manager, and Sqt. Brandon Noel, NCOA S-4, discuss the Outdoorsman Mentorship Program at the boat dock in front of Fort Rucker's Outdoor Recreation at Lake Tholocco Tuesday.

there are spots off post that people hunt, fish and do many other outdoor activities," he said, "so this would be a good chance for them to learn something."

Noel said he wanted to offer something like this for the local population because growing up he was very active in Boy Scouts and the outdoors, so he wanted to share his experiences with people in a way that they could safely learn how to enjoy the activities safely.

"It's always good to have a mentor

and be able to learn from someone who's been there before," he said. "That way you don't bite off more than you can chew. This can help so that people don't get themselves hurt, lost or in trouble of any kind."

To sign up for the mentorship program, visit outdoor recreation to fill out a mentor request form. People can also volunteer to become mentors - they just need to fill out a mentor sign-up sheet.

For more information, call 255-4305.

News Briefs

U.S. Army Soldier Show

The U.S. Army Soldier Show makes a tour stop to the Wiregrass Tuesday and Wednesday at 7 p.m. each night at the Enterprise High School Performing Arts Center for its free show, "Stand Strong." The Soldier Show performs across the country, entertaining Soldiers, Families, retirees and civilians with its all-Soldier cast. The event is open to the public and no tickets are required. National sponsors are the Army Sexual Harassment and Assault Response and Prevention program, and General Motors.

For more information, visit www.ftruckermwr.com or call 255-9810.

Spouse club signup event

The Fort Rucker Community Spouses Club's annual Super Sign-Up Membership Drive and Exposition is scheduled for Aug. 18 from 10 a.m. to 2 p.m. at The Landing. This is an opportunity for spouses of active duty, retired, international and Department of Defense civilians in the Fort Rucker and Wiregrass communities to learn more about spouse club events, clubs, etc. Vendors will be on hand for shopping and to provide information about local area activities. The event will also feature free food, live music, door prizes and more.

New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at http://www.revparintl.com/fortrucker.htm.

Marriage 101

Marriage 101, a premarital seminar and training, will be held on the second and fourth Tuesdays and Wednesdays of each month from 1:30-4:30 p.m. at the Spiritual Life Center, Bldg. 8939. Marriage 101 is mandatory for those wishing to get married at Fort Rucker, according to Chaplain (Capt.) Troy D. Allan.

For more information, call 255-3447 or 255-3903.

Corvias open house

Corvias Military Living will host an open house Aug. 21 from 4-6 p.m., starting at the Allen Heights Community Center at 22470 Christian Road, to put the final product on display now that the contractor has finished its initial development period of on-post housing.

For more information, call 503-3644.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend.

Alcoholics Anonymous

Alcoholics Anonymous meets Thursdays at 7 p.m. at the Spiritual Life Center, Bldg. 8939, Rm. 38. AA is described by chapel officials as a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from the use of alcohol. The program is focused on spirituality and religion, having an impact on changing a person's life.

For more information, contact the religious support office at 255-2989.

Fire extinguisher servicing

The Fort Rucker Fire Department is unable to provide people portable fire extinguisher service, but it is still able to conduct annual inspections and tag replacements. For six-year maintenance, recharges and hydrostatic testing, there are local businesses that can assist people.

For more information, call 255-3316.

ID card section

Those who need a military or military dependent ID card may make an appointment by calling 255-2437 or 255-2182. Walk-ins are served on a first-come, firstserved basis. People may experience delays in service from 11 a.m. to 1 p.m.

SMA: Army Ethic 'doorway' to profession

By David Vergun Army News Service

WEST POINT, N.Y. — The Army Ethic is the "doorway" into our profession, said Sgt. Maj. of the Army Raymond F. Chandler

From the time Soldiers enter the Army through that doorway to the time they leave the Army, and hopefully for the rest of their lives, there's that "expectation that we're going to act ethically," he said, during an interview at the conclusion of the CSA Army Profession Symposium, held July 30-31.

"It's the job of leaders to ensure every Soldier understands what it means to be a member of this proud and noble organization," Chandler added.

Ethics cannot be learned simply by memorizing the Soldiers Creed or the Army Ethos, he said. For example, it's not enough to memorize the phrase "Soldier's never leave a fallen comrade." It's even more important to know "why we never leave a fallen comrade.'

We never leave a fallen comrade," he explained, "because we serve honorably and what we do impacts the entire organization and affects the trust the American people place on our Army."

Lt. Gen. Robert L. Caslen Jr., superintendent of the U.S. Military Academy, said the importance of ethics to Soldiers in combat involves not only the way enemy combatants and locals are treated, but also activity within the forward operating base.

As a division commander in Iraq, he said, "most of the ethical decisions I dealt with were inside the FOB – sexual harassment, command climate, things that affect unit morale."

Army Chief of Staff Gen. Ray Odierno said ethics and leadership go hand-in-glove.

Leaders are entrusted with being "the stewards of our profession," he said, defining the profession as the competence, character and commitment based on trust that every Soldier must have. Leaders need to "inspire young men and women to want to be part of that profession."

Being a good steward, he continued, involves such things as instilling in Soldiers an appreciation for the customs, traditions and history of the Army and discussing the importance of ethics to the ultimate success of the Army.

Every Soldier takes an oath to uphold and defend the Constitution, and as such Soldiers "are held to a higher ethical standard than people from other organizations." Upholding Army ethics "is a very large responsibility" and is an important part of upholding that oath, Odierno said.

At Solarium 2014, a symposium held earlier this month, Odierno said a group of captains discussed Army values and the Army Profession, and wanted to

Sgt. Maj. of the Army Raymond F. Chandler III discusses ethics with senior Army leaders at the U.S. Military Academy at West Point, N.Y., July 30-31.

would resonate among Soldiers and the American public.

They came up with "Trusted

incorporate it into a slogan that Professionals," he said. That theme also resonated with the 200 or so senior leaders attending this symposium, so Odierno said

he and Secretary of the Army John McHugh decided to make it the theme of this year's AUSA Annual Meeting.

Although the main focus of instilling Army ethics will be through mentoring and making leaders understand the importance of discussing ethics with their Soldiers, the Army also is looking at opportunities to insert ethics into training and doctrine.

Ethics already is incorporated into training and doctrine, Lt. Gen. Robert B. Brown, commander, Combined Arms Center, Fort Leavenworth, Kan., said, but the Army is looking at ways to incorporate it more effectively.

Odierno added that the new Officer Evaluation Report emphasizes ethics and a new Noncommissioned Officer Evaluation Report will also emphasize ethics.

The 360-assessments, he said, also include self-development involving ethics and getting feedback from peers, subordinates and superiors. Officers are now using it and non-commissioned officers will be using it soon as well.

"This week's discussions reinvigorate how important this is," Odierno said. "We've had some great discussions over past couple of days, and those discussions will give us the opportunity to chart a course ahead on how we define the Army ethic. This is the single most important issue in the Army: the Army Profession."

Vice chief: Relationship building matters most

By David Vergun

Army News Service

WASHINGTON — Building personal relationships - whether with lawmakers, with state governors, or with political and military leaders of nations engaged in the war on terror - is just as important, sometimes even more so, as the ability to project force, said Army Vice Chief of Staff Gen. John F. Campbell.

Campbell spoke during his farewell media roundtable at the Pentagon Friday. He was confirmed by the Senate last week as the next International Security Assistance Force and U.S. Forces Afghanistan commander. He departs for Afghanistan later

As the drawdown continues, the process of notifying Soldiers that they will be involuntarily separated will be done through the chain of command with dignity and respect, he said. The Army considers those leaving, whether voluntarily or involuntarily, to be "Soldiers for life."

That's why "we've got to do this right," Campbell said.

While building these Soldier-to-Soldier relationships up and down the chain of command during the drawdown is important, it's also critical to establish rapport with legislators, Campbell said, noting that he, along with the secretary and chief, have been candid with them regarding the deleterious effects continued sequestration will have on readiness and the Army's ability to carry out national security objec-

Besides senior leader visits to Capitol Hill, the Army has been sending teams of Soldiers, including personnel from the National Guard, to meet with governors to discuss the Army's Aviation Restructuring

The ARI is the plan to swap Guard Apache helicopters for active duty Black Hawks, a move that the Army says will

Assistance Force and U.S. Forces Afghanistan commander.

save money and increase overall readi-

"We've sent teams ... to talk to some 25 to 30 governors about ARI, above and beyond the nine states that have Apaches and asked them the question, 'governor, what do we have to do to convince you or the people in your state that the Black Hawk or Chinook is much better for your state mission than an Apache?" Campbell said.

While the Army wants the National Guard to remain an operational reserve component, the effects of the budget and drawdown "just don't allow that to happen," he added. "We're going from 13 active combat Aviation brigades to 10."

As Campbell prepares to go to Afghanistan, he said he's been getting intelligence briefings and earlier this year he made a full circuit through the country, meeting with commanders on the ground to get their feedback.

That person-to-person relationship with his commanders will continue when he returns there this month for his third tour of duty there. Since the effort is international, he will also be meeting with NATO and regional leaders, he said.

The importance of personal relationships during this period of transition where the U.S. is drawing down and the Afghans are stepping up to the fight, is critical, he said, adding that the insurgents cross back and forth along the porous Afghan-Pakistan border, so the discussions and efforts to root them out is important to the leaders and people of both countries.

Pakistan and Afghanistan need to remove the terror "that threatens their people and their way of life," Campbell said. The conversation should be, "this is what they're doing to civilians – this is how bad it is. Let's work together to figure out solu-

"What we'll try to do is continue to work this mil-to-mil relationship," he continued.

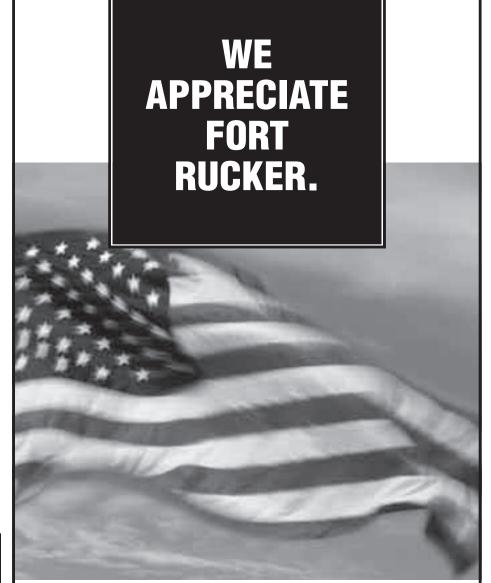
Campbell commended Pakistan for its recent operation in Waziristan, and he said he hopes efforts like those will continue.

He also said he hopes there will be an agreement that allows U.S. and NATO forces to stay in Afghanistan until the country becomes more stable.

"Ninety-nine percent of the Afghans want us to stay," he said.

Finally, Campbell provided an example of how relationships matter. While serving as the commander of Regional Command-East in Afghanistan in 2010, he visited the XI Corps commander in Pakistan, a lieutenant general, who was a 2006 graduate of the National Defense University in Washington, D.C.

The general also "knew other guys who'd graduated from NDU. That helped build a personal relationship with him," right from the outset. "That means if we have something going on, on the border, I can get on the phone and call him up. It helped immensely and I think we've got to continue working on relationships like those."



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Top 10% in the nation for patient safety



Army Vice Chief of Staff Gen. John F. Campbell makes a point during his farewell media roundtable at the Pentagon Friday. He was confirmed by the Senate last week as the next International Security

School: Safety key to learning experience

Continued from Page A1

leaves at the beginning of summer.

"After that very last day we start breaking down the classrooms, cleaning them out and making sure they're dusted, floors are waxed and everything is shined and cleaned from top to bottom," said the principal. "Then we start reordering supplies, looking at curriculums and seeing if there's anything out there that's better to help the children learn in a fun, safe environment."

That aspect of safety is important to the schools, as well, and Deborah Deas, Fort Rucker Primary School principal, said that more than 99 percent of parents who responded to a recent survey said they felt their children said Thornton. "It's also a good opportunity for parents were safe and secure while receiving an excellent edu-

"It is so important that parents observe and understand our students are safe while learning," said Sylvia Thornton, FRPS music teacher. "We are partners with our parents as we educate the total child.'

Before hitting the classrooms, students and parents were invited to join in the schools' Sneak-a-Peek, where they get a chance to meet the teachers and see their classrooms beforehand.

"Our hallways were full of excitement as students, parents and teachers were excited to meet each other," to find out information about volunteering in the classroom, additional resources available to assist students and (answer any questions they might have.)"

The Sneak-a-Peek, along with the first day of school is vital, as first impressions can set the tone for the year, said Gilmer.

"We're all in this together – we're a community of learners – and we're going to start off with a bang," said the FRES principal. "We really want to convey our motto - success for all. We really want success for every single student who walks in here and their Family, so that's what we're aiming for."



Back to school

Operation Homefront of Southeast held a Back-to-School Brigade event Saturday where free backpacks and school supplies were given to Fort Rucker students. "Military Families deal not only with deployments and the other stresses of military life, but also the economic difficulties shared by all Americans," said Simone Hoover, executive director of Operation Homefront's Southeast Field Office. "These donated school supplies enhance the morale and the success of our military children, while easing the burden military Families carry."

Fair: Event features separate area for Soldiers, vets

Continued from Page A1

"Don't discount a company and be flexible with where you want to work. Companies only want to hire the cream of the crop, so you might have to move to find the paycheck you're looking for," said Tharpe. "And most companies keep the best jobs in their pockets and don't advertise them. They look for the right candidate in interviews and at fairs like this one then offer the job off-the-cuff to a candidate that might be applying for a different job with the company.'

There will be a separate area where only Soldiers, veterans, retirees and their Families can see certain vendors that cater to their special experiences and abilities. Service members, current and prior, will be given yellow lapel ribbons for the main fair so employers will know they are speaking or interviewing a service mem-

"Some people will be hired on the spot during the fair, it always happens, year after year. So don't think this is just another fair where your resume will be filed away and be forgotten," continued Tharpe.

"And these representatives also exchange resumes. Sometimes, if they get a candidate that they think might be good for a sister company's job opening, they will pass it along."

The companies in attendance range from local to national business, from sales to top Aviation executives, so there is something for all education and experience levels, said Tharpe.

"This is a great opportunity for people who are looking for work or will be separating from the military soon. It's never too early to begin the job search and networking," he said. "Come down to the fair. It will be worth the time and effort."

Tharpe's last suggestion is to send out thank you notes to the representatives that do the interviewing, and said to grab business cards to do so.

"That thank you note they receive in the mail might be the deciding factor if you get the job or if they give it to another candidate. Don't skip that crucial part,"

For more information, or a full list of attending employers, call 255-1117 or visit www.ftruckermwr.com.

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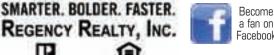
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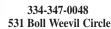
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AUGUST 7, 2014



Pvt. Devin Cox, a paratrooper with D Company, 2nd Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, and Lexington, N.C., native, takes up a defensive posture after having just exited a 12th Combat Aviation Brigade UH-60 Black Hawk helicopter at Ziemsko Airfield, Poland, July 17. The exercise was part of Operation Atlantic Resolve and was intended to strengthen U.S. Army Europe's familiarity and commitment to its NATO allies.

EXTRA EFFORT

Odierno discusses leader development

By Sgt. Eric J. Glassey 4th Infantry Division

FORT CARSON, Colo. — Army Chief of Staff Gen. Raymond T. Odierno talked with leaders and Soldiers while taking a tour of Fort Carson, Colo., July 24.

"I'm excited about our Army," Odierno said. "Everywhere I go, I talk to Soldiers, and they love what they do."

During his visit, he watched Soldiers with 3rd Armored Brigade Combat Team, 4th Infantry Division, perform a situational training exercise focused on modern conventional warfare.

Afterward, he received a tour of 4th Combat Aviation Brigade, 4th Inf. Div., and talked to Soldiers as they performed routine maintenance on their helicopters. Later, he had lunch with first sergeants from 1st Stryker Brigade Combat Team, 4th Inf. Div., and finished the day meeting with senior Fort Carson leaders at the 4th Inf. Div. headquarters.

Odierno stressed to the leaders the importance of taking care of Soldiers and seeking professional development. He said the Army needs strong leadership to remain ready.

"The greatest asymmetric (advantage) of our Army is our leaders," Odierno said. "It takes years to develop good leaders, so start now.



Gen. Raymond T. Odierno, chief of Staff of the Army, walks with Col. Gregory F. Sierra, commander, 3rd Armored Brigade Combat Team, 4th Infantry Division, at Camp Red Devil on Fort Carson, Colo.,

"Don't assume your junior leaders know how to do leader development," Odierno said. "It takes extra effort to really develop our junior non-commissioned and commissioned officers. You need leader development programs at all your levels: brigade, battalion and com-

"It doesn't have to be formal," Odierno said. "It's probably best if it is a combination of formal and informal. Spend some time every two weeks with those you are mentoring – be engaged and talk to them. A good mentorship program goes two levels down."

Odierno talked about military education as an important aspect of professional development.

SEE LEAD, PAGE B4

Exercise tests humanitarian response

By Staff Sgt. Chris

Rim of the Pacific exercise in in a coalition environment.

The HA/DR exercise took place at 20 different hospitals on five different islands and included more than 200 simulated casualties. Participants were required to medically stabilize, triage and transport the mock casualties to locations where they could receive the most appropriate treatment

Ken Kelly, Tripler Army Medical Center chief of emergency medicine, explained some of the benefits of training

"What we gain in terms of our skills is the ability to provide care for people who may not speak English or who may have an altered mental status and may not be able to respond to questions and tell you about their injuries," he said. "This is common to most disaster scenarios, where each point along the pathway of ill or injured patients, their status may change and your staff has to be prepared to respond to

cal community expanded the level of scope and quality of the exercise.

"This exercise reaches beyond the walk lines of TAMC and out into the community," Kelly said. "The intent of the design of this disaster was to overwhelm primary and secondary and tertiary facilities so we would have to rely upon our colleagues in the Hawaii community, Disaster Medical Assistance Team and things that you don't normally bring into play under duress."

Hawaii DMAT paramedic Edward Caballero explained

his role during the exercise and how DMAT contributed to HA/DR efforts in response to the aftermath of the simu-

lated hurricane. "After we have people triaged in a main collection area, those that need to be medically evacuated out to multiple hospitals will be brought to our facility where we reevaluate them, restabilize them and then sort them with the help of the military and fly them to the facility that is the most appropriate for them," he said.

CW2 Brandon Krahmer, assigned to the 3rd Battalion, 25th Combat Aviation Brigade, helped pilot a CH-47F Chinook that transported simulated casualties during the

HA/DR exercise. "We're trying to get ourselves ready to deploy in a joint maritime environment, operating with different forces from ships or land, which is something kind of unique to Aviation," he said. "We're trying to work on our flexibility with the other branches of service so we can operate with anyone, and in



A Task Force Lightning Horse AH-64E Apache Guardian from 1st Battalion, 25th Aviation Regiment, 25th Combat Aviation Brigade, conducts deck landing qualifications, a historical first for the E model of the Apache, on the flight deck of amphibious assault ship USS Peleliu (LHA 5) while underway for Rim of the Pacific Exercise 2014.

APACHE **GUARDIANS**

perform 1st deck landing qualifications

By Sgt. Jessica DuVernay 25th Combat Aviation Brigade

USS PELELIU, At Sea — AH-64E Apache Guardians from 1st Armed Reconnaissance Battalion, 25th Aviation Regiment, 25th Combat Aviation Brigade, 25th Infantry Division, conducted deck landing qualifications aboard the amphibious assault ship USS Peleliu (LHA 5) off the coast of Hawaii July 19 as part of the Navy's Rim of the Pacific Exercise 2014.

The deck landing qualifications, a first for the E model of the Apache, are one of several maritime training events the Apache unit participated in to take advantage of terrain not available to them in their home station at Fort Carson, Colo.

According to CW3 Matthew Gottschling, a company instructor pilot with 1-25 ARB, before the deck landing qualifications and other maritime training could take place for the pilots, instructors were trained and certified through the U.S. Army Evaluations and Standards Department.

"With all the deck training, the reason it's interesting and different is because the Apache is a land-based piece of equipment," said Gottschling. "By training us how to do the ship landings on a larger ship, it enables us to forward project our force by doing the cross training with the Navy and the Marines."

A primary goal of the joint training is to build greater maritime flexibility for the Pacific joint commander to utilize when determining capabilities during mission plan-

"It allows us to land on their ships, refuel, rearm and project power further forward as opposed to just being a land-based unit," Gottschling explained. "It just gives us additional capabilities and additional experience. In the event of conflict, we would be able to deploy our aircraft via a ship to land and be able to operate in a maritime environment."

This is the first time the E model of the Apache has conducted deck landing qualifications, and the event was even more historical as this is the first time any Apache model has deployed to Hawaii or participated in a

Hubenthal

Defense Media Activity-Hawaii News Bureau

HAWAII — Category-3 hurricanes can cause winds ranging from 111 to 130 mph, extensive inland flooding, and significant damage to infrastructure. Coalition, joint, and civilian partners adapted and responded to a simulated hurricane scenario to test their combined Humanitarian Assistance and Disaster Relief capability as part of the 24th

mid-July.

for their injury or illness.

Sgt. Brian Long, 3rd Battalion, 25th Combat Aviation Brigade CH-47F crew chief, peers out the window of a CH-47F Chinook while en route to transport simulated casualties during a humanitarian aid and disaster relief exercise as part of the Rim of the Pacific exercise in mid-July at Ford Island, Hawaii.

Kelly said incorporating medical partners from the lo-

SEE RIMPAC, PAGE B4

SEE APACHE, PAGE B4

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Lead: Odierno discusses force management

Continued from Page B1

Maj. Gen. Paul J. LaCamera, commanding general of 4th Inf. Div. and Fort Carson, echoed Odierno's sentiments.

"We can't hold onto people. We have to send them to schools. A battalion without one captain isn't going to make or break a unit," LaCamera said. "We have to make sure that we have the depth of knowledge needed to deploy our troops, because there will be no left and right seat transfers for upcoming expeditionary missions."

Odierno stressed the importance of continued readiness in handling the dynamics in today's global environment.

"The world we live in is growing more uncertain and unpredictable. We don't know what events will happen that will make our elected officials want to use military force," Odierno said. "We have to make sure that we're prepared to

go, and continued readiness is what we need to attain at the unit level.

"The way I see ahead is going to involve small task organized deployments with potential to grow," Odierno said. "Our younger leaders are going to be responsible and accountable for making larger decisions."

Two important topics Odierno finished the meeting with were stewardship and force manage-

"We have to maintain readiness and effectively use every dollar we have in our budgets," Odierno said. "Our numbers for contingency operations are going to be staying the same while our main Army is reducing size."

Odierno reminded the leaders to keep their eyes on the horizon while maintaining the Army's strength.

"I always want to make sure that you know it is a marathon - not a sprint," Odierno said. "Take care of each other and your Soldiers."



Gen. Raymond T. Odierno, chief of Staff of the Army, talks to Soldiers with 4th Combat Aviation Brigade, 4th Infantry Division, at Butts Army Airfield, Fort Carson, Colo., July 24.

RIMPAC: Exercise provides means to 'practice as we preach'

Continued from Page B1

any environment and we want to increase flexibility to perform any mission, whether it's humanitarian aid and disaster relief all the way up through combat operations in the Pacific Region."

The HA/DR exercise provided Aviation units like the 3-25 CAB an opportunity to practice disaster response with a diverse team.

"What was unique about today was the transportation of simulated civilian injured personnel," Krahmer said. "We got

to pick up people who were simulated casualties and fly them on our aircraft, which is something we would actually do real world. Today was the first time in a long time that a Chinook has landed at TAMC, so what that is going to do is it's going to enable the movement of a large amount of personnel to receive medical treatment quicker."

Thomas Bookman, Pacific Regional Command emergency plans and operations director, explained the overall benefit of performing exercises of this scale.

"The goal is that we have synergy, that

we have a means that we practice as we preach," he said. "If you do a tabletop exercise, you can't really see if you can move things and make things happen. Exercises like this are a multiplier for our community where the civilian and military population intermix. We're living on an island, we're joined at the hip, and we will always support each other, so this exercise should give the citizens of Hawaii a sense that if something does happen, the military and the civilian community will come together to treat the people who are injured

Twenty-two nations, 49 ships and six submarines, more than 200 aircraft and 25,000 personnel participated in RIM-PAC from June 26 to Aug. 1 in and around the Hawaiian Islands and Southern California. The world's largest international maritime exercise, RIMPAC provided a unique training opportunity that helped participants foster and sustain the cooperative relationships that are critical to ensuring the safety of sea lanes and security on the world's oceans. RIMPAC 2014 is the 24th exercise in the series that began in 1971.

Apache: Aviators test integration with 25th CAB, support RIMPAC

or sick.'

Continued from Page B1

Rim of the Pacific exercise.

"We came out here in support of RIMPAC, but also to see how we integrate with the rest of 25th CAB," said CW2

Ian Corbin-Deutsch, Aviation life support equipment officer, 1-25th AVN. "With us being out at Fort Carson, away from our home unit, presented a bunch of challenges and it's nice to finally be a part of the unit."

The eight Apaches still have some training ahead of them

before returning to Fort Carson. Four of the Apaches are scheduled to push further into the Pacific for the Pacific Pathways exercise. The other four aircraft are scheduled to conduct training at the Pohakuloa Training Area in Hawaii prior to returning to Fort Carson in mid August.

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Story on Page C3

AUGUST 7, 2014



Connor Morriss, military Family member, works his way through a maze using only his sense of touch while his friend. John Peters, civilian, looks on during the 2014 **GEMS** program at USAARL July 31.

GEM OF A WEEK

Local students have fun with science

By Nathan Pfau

Army Flier Staff Writer

As summer winds down and children start heading back to school, one group of youth are off to a head start through the Gains in the Education of Mathematics and Science program.

The program, hosted by the U.S. Aeromedical Research Laboratory, provides a platform for children to learn through handson interaction, and wrapped up its final week Friday with lessons in neuroscience, said Kristen Simpson, GEMS resource teacher.

"These past three weeks the children have been learning all about neuroscience and studying all of the five senses," she said. "They've learned about hearing, taste, smell, vision and touch, and how they all relate."

Kaleigh Gillespie, military Family member, and Clayton Peters, civilian, were among those to participate in the program, and both said that the experience was one they fully enjoyed and wouldn't soon forget.

As well as having similar experiences, their reasons for signing up both stemmed from an interest in science.

"I wanted to participate because I knew want to be a registered nurse when I grow sounded like they were whispering," added up," said Gillespie. "I thought it would be cool learning about the five senses and everything else that goes along with it."

"I've always been interested in science, so my mom told me about it and that we were going to do different science experiments and I thought that would be fun, and it was," added Peters. "I wish I could stay here the

Gillespie also said her brother participated in GEMS twice with robotics and chemistry, and hearing about his experience in the program piqued her interest even further.

"When he told me about everything he was doing, it sounded fun, so I wanted to give it a try and it's been really fun," she said.

Each day throughout the week, the children would learn about a different sense. When learning about hearing, the children not only learned about different parts of the ear and how people hear sounds, but they also were able to visit the Acoustics Research Facility, which included the anechoic and reverberation chambers.

In those chambers, Simpson said that children were able to learn about acoustics and how sound either bounces off of surfaces or is absorbed by them.

"We got to visit the chamber where the sound would get trapped in one corner or echo loudly in another," said Gillespie. "Then we visited another room that was covered in triangle-shaped sponges, and you could yell at the wall and you could barely hear it."

"Someone would talk to you when you were standing in there, and if they turned it was going to be about neuroscience and I around, you could barely hear them - it

> Through that process, the children learned about acoustics and how the shapes of the sponges absorb the sound.

One of the most hands-on experiments that the students got to participate in was when they dissected a cow eye to literally see how we see, said Simpson.



Paola Capo, GEMS mentor, works with students to help them learn about different parts of the brain during an exercise during the GEMS program at USAARL July 31.

"It's the favorite activity for most of the kids," she said, "and this allowed the children to see how the inner eye works, similar to the human eye."

Peters said it was the cow eye that was his favorite part of the program, and although some students were taken aback, he remained undeterred.

"Some people were grossed out by it, but was pretty cool to me," he said, "and it helped us learn about the different parts of the eye."

"It was really cool because they have the same parts that we have," added Gillespie.

Some of the more tame lessons involved experiments with the sensation of touch, where children had to use only their sense of touch to determine the differences in textures on different parts of their body, such as their arm, face or fingertips.

Despite which lessons made children squeamish or tickled, the goal is to provide a learning experience that children can retain, said Simpson.

"This program really helps by learning through a hands-on approach, as well as listening and reading," she said. "In classrooms, students get a lot of audio learning – listening to the teacher talk, reading from a textbook and things like that.

"That type of learning is great for some children, but for others it's really tough to learn just by listening or reading, and it's more easily absorbed if they see and feel how it works," she said. "The more senses you can involve in learning, the better chances you have at retaining that information."

SHOWCASE

Youth center displays facility, programs at open house

By Sara E. Martin Army Flier Staff Writer

The Fort Rucker Youth Center offers a myriad of activities for youth to enjoy, and the facility hosts an open house to showcase those offerings Saturday for new sixth graders and Families new to Fort Rucker.

The open house is scheduled for 10:30 a.m. to 12:30 p.m. It is open to all sixth-12th graders eligible for child, youth and school services membership. The open house welcomes new members and will give them a chance to explore the center with their peers, while introducing them to activities and programs the center offers.

"We wanted to host an open house so that more children in the community, and surrounding areas, will see what we have to offer and that we are here to serve them," said Linda Ivy, youth center training specialist and assistant director. "Parents

should come in expecting a safe place for their children where they can have fun; will learn and grow intellectually, physically, socially, and mentally; and interact with other children their age."

Parents don't have to worry about their child's safety when they are at the center, which allows parents to be focused on accomplishing the mission, said Ivy.

The facility offers sports and fitness activities, academic support, mentor support, arts and crafts activities, afterschool programs, leadership and life skill opportunities, as well as other leisure activities. It is free for military Families to enroll their children.

The facility also provides free bus transportation services from on and off-post schools and is open for youth ages 11-18 in grades sixth-12.

"We offer so many opportunities that you can't get anywhere else around

here, such as our skate park, music room, our university and college field trips, and our rock climbing wall," said Ray Williamson, youth programs director. "We even go on leisure field trips."

Refreshments will be served at the open house. If attending Families are not registered with CYSS, parents must come prepared to register them for the school year.

"Registration is short and fast. Only one sheet of paper needs to be filled out if the child does not have any special needs - such as allergies, asthma, a mental or physical disability, or attention deficit disorder," said Ivy. "If a child does have a special need, parents must register then in Bldg. 5700 Rm.193."

Williamson said that the children who are youth center members often suggest things they can participate in and activities they are interested in completing, something that Williamson



Nathaniel Belgrave tries to make a shot July 31 at the youth center as Dominic York defends and Mychal Moerkerken blocks.

encourages. "We are built around

what the children want to do. We are always open to the children giving us suggestions of field trips, activities or projects," he said. "The youth of our nation is our nation's future,

and if we don't raise them with good morals and a strong character, which we help develop here, we will let our nation down.

"We help the children understand respect and trust, the act of giving it and deserving it themselves. Those characteristics are the foundation of a healthy young adult, and we help develop those qualities here. Come to the open house and see for yourself."

For more information, call 255-2271 or 255-2260.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Youth center open house

The Fort Rucker Youth Center will host an open house Saturday from 10:30 a.m. to 12:30 p.m. The event is open to all sixth graders eligible for membership at the youth center in Bldg. 2800. The event will welcome new members, and give them a chance to explore the center with their peers while introducing them to activities and programs the center offers.

For more information, call 255-2271 or 255-2260.

Beach-themed craft

The Center Library will host a beach-themed craft making activity Tuesday from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register.

For more information or to register, stop by the library or call 255-3885.

Fort Rucker Job Fair

The Fort Rucker Job Fair is scheduled for Wednesday from 9 a.m. to 1 p.m. in the Ozark Civic Center. The event is free and open to the general public. For more information, call the Fort Rucker Soldier for Life Center at 255-2558, the Ozark Chamber of Commerce at 774-9321 or the Army Community Service Employment Readiness Program at 255-2594.

Family resilience training

Army Community Service will host Family member resilience training Tuesday and Wednesday from 8:30 a.m. to 3 p.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them. The deadline to register is Friday.

For more information and to register, call 255-3735.

New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at http://www.revparintl.com/fortrucker.htm.

Splash! discounted season passes

Splash! pool has a new back-to-school bonus. Now through Sept. 1, Splash! season passes are available at discounted prices. For more information, call 255-9162.

Dale County Pro-Rodeo

Classic tickets

Tickets are on sale at leisure travel services for the annual Dale County Pro-Rodeo Classic Aug. 15-16 at the Dale County AgPlex Arena. Doors will open at 6 p.m. and the rodeo will begin at 8 p.m. Advanced tickets cost \$8 for ages 13 and older, \$6 for ages 6-12, and children 5 and younger are admitted for free.

For more information, call 255-2997 or 255-9517.

Newcomers welcome

Army Community Service hosts the newcomers welcome Aug. 15 from 8:30–11 a.m. at The Land-

To Opo Pucker

Fireprise High School St. To Pothon St. To

COURTESY GRAPHIC

U.S. Army Soldier Show

The U.S. Army Soldier Show makes a tour stop to the Wiregrass Tuesday and Wednesday at 7 p.m. at the Enterprise High School Performing Arts Center for its free show, "Stand Strong." The Soldier Show performs across the country, entertaining Soldiers, Families, retirees and civilians with its all-Soldier cast. The event is open to the public and no tickets are required. The national sponsors are the Army Sexual Harassment and Assault Response and Prevention program, and General Motors. For more information, visit www.ftruckermwr.com or call 255-9810.

ing. Active-duty military, spouses, foreign students, Army civilians and Family members are welcome to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, people can register their children at the child development center by calling 255-3564. Reservations must be made 24 hours in advance.

For more information, call 255-3161 or 255-2887.

Employment Readiness Class

Army Community Service is giving people the chance to build and enhance their careers at one of the Rucker's Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. The next session is scheduled for Aug. 19. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, including times, or to register, call 255-2594.

Illusionist show

Illusionist Chris Carter will put on a show Aug. 22 from 7-9 p.m. at The Landing. The show will feature displays of mind reading, visual illusions, predictions and more. Tickets are on sale for \$12 and cost \$16 at the door. The event is open to the public, ages 18 and older. Limited VIP tables are available, as well.

For more information, visit www.ftruckermwr. com, or call 598-2426.

Atlanta Motor Speedway tickets

Atlanta Motor Speedway offers special ticket prices to all military personnel and their Families through Tuesday at Fort Rucker Leisure Travel Services. The race will take place Aug. 29-31. Available tickets will be for the NASCAR Nationwide Series Qualifying, NASCAR Nationwide Series Race and the NASCAR Sprint Cup Series Race. Service fees may apply. All sales are final and no refunds or exchanges are given.

For more information, call 255-2997 or 255-9517.

Butterfly education program

The Center Library will host a butterfly education program where people can learn about the life cycle of butterflies and moths Aug. 22 from 10:15-11 a.m. The event is free and open to authorized patrons of the library.

For more information, visit the Center Library or call 225-3885.

Child feeding from birth to 5

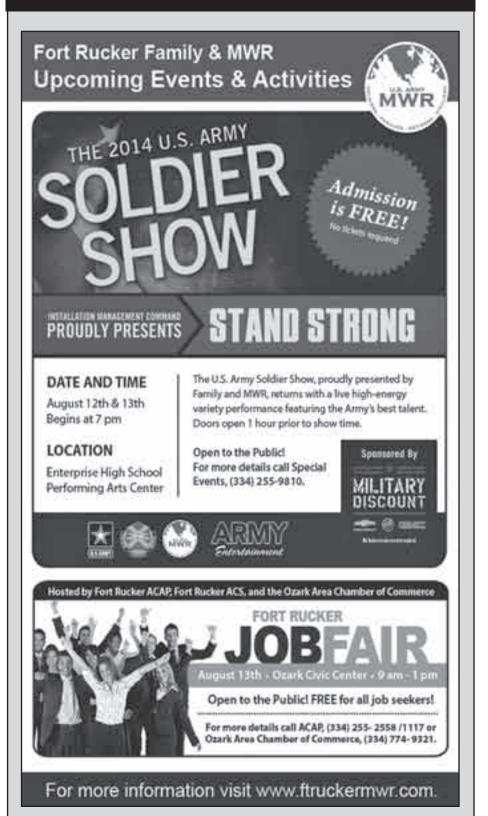
The new parent support program and Lyster Nutrition Care Clinic will host their child feeding from birth to 5 workshop Aug. 28 from 9-11 a.m. at The Commons in Bldg 8950. The free workshop will teach parents how feeding children the right foods right from the start can make things easier in the long term. The workshop will also include tips for developing healthy eating habits, converting picky eaters, how to avoid food battles, recipes and free take-home items.

For more information, call 255-9647 or 255-3359.

Right Arm Night

The Landing Zone will host Right Arm Night Aug. 28 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 598-8025.





ORT RUCKER MOVIE SCHEDULE FOR AUG. 7 - 10

Thursday, Aug. 7

How To Train Your Dragon 2 (PG)

Friday, Aug. 8

Teenage Mutant Ninja Turtles 3D (PG-13)

Saturday, Aug. 9

Sunday, Aug. 10

By Mark Diamond

Military Surface Deployment and Distribution Command Public Affairs Office

SCOTT AIR FORCE BASE, Ill. — Military Surface Deployment and Distribution Command and U.S. Transportation Command are standing up a team of transportation experts this week to quickly address the most significant challenges and concerns military customers are facing when shipping their privately owned vehicles.

May 1, International Auto Logistics assumed responsibility for the Global Privately Owned Vehicle Contract. Under the terms of the contract, IAL is responsible for processing, transporting and storing vehicles owned by military personnel and Department of Defense civilian employees bound for, or returning from, overseas duty assignments.

SDDC officials acknowledge the transfer to the new POV contractor did not go as smoothly as it could have. They want customers to know that SDDC is aware of and understands the issues some of them have experienced while shipping their privately owned vehicles. Solving those issues is the command's No. 1 priority.

They also want their customers to know what SDDC and U.S. Transportation Command are doing to help resolve these issues, and facilitate a smoother and more effective transition to the new contractor.

SDDC serves as the POV program manager, whereas U.S. TRANSCOM is the Global POV Contract administrator. These two commands work closely together in managing and monitoring this critical quality of life contract.

"We are well aware that our customers continue to experience challenges in shipping their vehicles," said U.S. Navy Capt. Aaron Stanley, director, SDDC Personal Property.

According to the captain, the U.S. TRANSCOM Contracting Office and the SDDC Program Management Office continue to provide program oversight, while daily performance is monitored by contracting officer representatives assigned to vehicle processing centers.

Stanley said there are about three dozen CORs, who are globally dispersed to provide daily oversight of IAL operations.

"According to the CORs, IAL is responding to their feedback and has begun to make improvements," explained Stanley.

"That said, we believe that one unhappy customer is one too many," he said. "We want to assure our military and civilian partners and their Families that SDDC, U.S. TRANSCOM and IAL are actively taking steps to improve the POV shipping process for them. We will continue to use their feedback and observations as we work to deliver their vehicles during the busy peak moving season, and we apologize to those who have experienced frustrations during the initial months of the new con-

Stanley said that although these challenges won't go away overnight, service members should know the steps they can take to help ease the stress of shipping their POV.

Stanley said military person-



Military personnel and DOD civilian employees who are experiencing delays with their vehicle arrival time should call International Auto Logistics at 1-855-389-9499 (option 2), or visit International Auto Logistics' website at www.pcsmypov.com.

nel and DOD civilian employees who are experiencing delays with their vehicle arrival time should call IAL at 1-855-389-9499 (Option 2), or visit IAL's website at www.pcsmypov.com.

"We must give IAL the chance to resolve an issue," Stanley added. "We understand our customers' frustrations; however, we are optimistic that once the peak moving season is complete, IAL can and will make the necessary adjustments to refine their processes and ensure a quality POV experience consistent with the quality standards reflected in the contract."

Rental car reimbursement

Stanley said rental car expens-

es are one of the main concerns customers have when their POV is delayed. He said personnel should be aware that they can be reimbursed for rental car fees that are incurred after their vehicle's original required delivery date is missed. While the first seven days of rental car fees are handled by the member's local military or government claims office, rental car fees incurred after the initial seven-day period will be reimbursed by IAL via an inconvenience claim.

For military claims, eligible personnel may rent a car at government expense for up to seven days if their POV (transported at government expense for their use) does not arrive at the authorized destination by the RDD. Reimbursement is limited by law to \$30 per day, with a maximum reimbursement of \$210. He said that authority expires on the date their POV is available for pickup at destination.

"If a member is inconvenienced because of a missed required delivery date, temporary lodging and rental car expenses beyond the initial seven-day period are IAL's responsibility," explained Stanley. "IAL will review each claim on a case-by-case basis and, based on the circumstances, reimburse the member accordingly."

According to the IAL website, there are three options for filing a claim, including "Site Settlement," "IAL Claims" and "Inconvenience Claims," with each option offering a different level of service and convenience.

For more details on each option, visit the frequently asked questions section of http://www. pcsmypov.com/.

Stanley said in addition to the claims process, in an effort to further reduce the customer's financial burden, if a customer is inconvenienced because of a missed RDD – and the member cannot provide payment for a rental car - IAL has coordinated with Avis and Budget for direct billing from those rental car companies to IAL.

"As a military service member who has conducted many military moves during my career, I understand the stress involved in moving," added Stanley. "Rest assured, SDDC will continue to do what we can to help lessen that stress on our military personnel and their Families."

USO partnership builds veterans' leadership skills

By Army Sgt. 1st Class Tyrone C. Marshall Jr. Defense Media Activity

ESTES PARK, Colo. — The United Service Organizations, in partnership with Team Red, White and Blue, held a leadership seminar in Estes Park Saturday to encourage veterans to use their unique skills to improve their communities.

Held during a rockclimbing camp 7,522 feet above sea level, J.J. Pinter, director of operations for Team Red, White and Blue, led the seminar emphasizing leadership and effective communication.

Team Red, White and Blue's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity.

The organization has more than 100 chapters, Pinter said, noting they are located in every state and in 10 countries with only nine employees. Volunteer leaders make up the bulk of the organization's personnel.

To open the training Pinter asked a simple question – does the country have enough leaders?

"Reading the news and what's going on in the world, does anyone think that we have a surplus of leadership?" he asked. "Does anyone think that's the case? That's one of the reasons we're talking about

Pinter noted a recent leadership survey among veterans where they "unanimously" said they "still wanted to be leaders and they still wanted to lead after they got out of the ser-

"So, it just makes sense," he said. "We've got all of these veterans that still want to continue leading, and some of them have the leadership skills to do it and some of them don't."

That's another reason to do seminars like this one, Pinter said. "We want to help equip veterans to be better leaders. We want to make our organization better, but we want to make our country better at the same time."

"And we want to make veterans better," Pinter continued. "During the course of this thing, [if] you take one thing that you can go back to your job with and make you a little bit more efficient after we've talked about it ... that's a win."

During the leadership seminar, Pinter combined definitions of leadership from the 18 veterans in attendance with examples they've experienced

throughout their lives and careers.

"Team Red, White and Blue goes out of its way to try to find people," he said, "and try to develop people who can be good local leaders for us. We want to build stronger leaders because we want to have a strong organization and stronger communities. You know who's going to do this? Veterans are going to do this."

Pinter pointed to the generation of Americans known as the Greatest Generation as inspiration for leading the nation.

"Those guys fought and won World War II and Korea," he said. "They came back and became titans of industry and leaders of our country for the next 50 years, right?"

They grew up in the Great Depression, Pinter said, and then they went and accomplished many great things

"There's not a single reason our generation of veterans can't do the same thing," he said. "We're at the tail end of the two longest wars our country has ever fought right now and smaller pools of people have fought those wars than before."

"Think about all that leadership experience," he said. "There's no reason that you can't go back in

your communities and be the leaders that our country is drastically needing."

Pinter went on to remind the veterans of their response to his initial questions. "The first question I

asked you guys was do we have enough leaders in this country, and everyone said "no," he said. "So, go fix that."

Mike Oldham, a Navy vet who attended the seminar and participated in the rock-climbing camp, shared his thoughts on the training.

"I thought the information was very relevant for the group," he said. "I thought it was useful information that we can take back and apply in Red, White and Blue, and apply in our jobs and social lives."

"I thought it was very practical and well present-Oldham continued.

"The information wasn't some sort of a new theory that you hadn't heard before. It was a good compilation of information in a format that was easy to understand and will be easy to remember and apply in,

sort of, day-to-day life."

Oldham, a Golden, Colo., native, said his personal definition of leadership is "a person that can motivate and inspire other people to get outside of their comfort zone and accomplish real, meaningful goals.

"I think the emphasis, to me, is being able to get people out of their comfort zone," he said. "Get them to push themselves and help push other people in places that they wouldn't normally go."

Mike Greenwood, an Army veteran from Colorado Springs, Colo., also agreed that the seminar was a valuable resource.

"Like J.J. said, we're not selling anything except for relationships or people," he said. "So you can get companies who have this distorted view, but it was simple. It was 'Build that relationship and be that person in the community that veterans can look up to and be there."

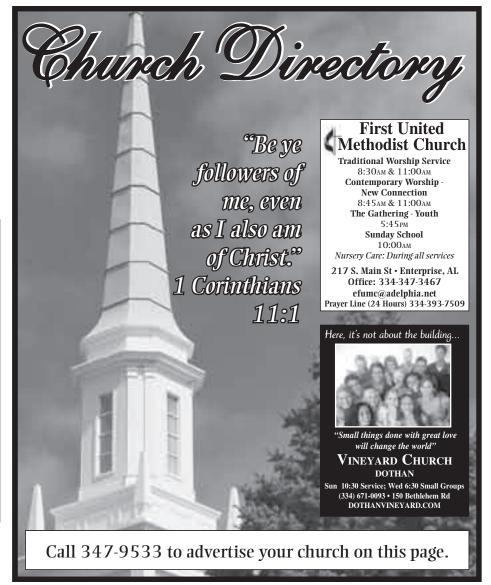
Being there, Greenwood noted, can mean just "shutting your mouth and listening," because that's pretty important to just kind of hear that person out and go from there.

Greenwood said he made his definition of leadership "simple" - belief and motivation.

"A leader can motivate people to do something that they believe in," he said. "You have to buy into what you're doing in order to get other people to do what you want them to do, or they need to do."



J.J. Pinter, director of operations for Team Red, White and Blue, an organization partnered with the United Service Organizations to enrich the lives of veterans, holds a leadership seminar during a rockclimbing camp in Estes Park, Colo., Saturday.



Landmark Park hosts Science on Saturdays throughout August

Landmark Park

Press Release

DOTHAN — Each Saturday in August, Landmark Park will present fun and educational Family programs at 10 a.m.

These programs will be held in the Interpretive Center Auditorium and are free with paid gate admission. Space is limited, so people should call 794-3452 for reservations.

The programs include:

- **Saturday** Dog Training Basics.
- **Aug. 16** Beginning Bird Watching.
- Aug. 23 Middle School Robotics. • **Aug. 30** – Geology 101.

Highway 431 North.

Above and beyond these programs, there's an adventure waiting for you and your Family just on the outskirts of Dothan at Landmark Park located on U.S.

A 135-acre park built to preserve the natural and cultural heritage of southeast Alabama's Wiregrass Region, Landmark Park is more than just a place for sightseeing. It is a place to participate and experi-

Experience history on an 1890s living history farm, complete with an old farmhouse, smokehouse, cane mill, syrup shed, and sheep, mules, cows, chickens, goats and pigs. Drift back in time in a Victorian gazebo, a one-room schoolhouse, a drugstore and soda fountain, a country store or a turn-of-the-century

Experience nature with a walk through the woods on an elevated boardwalk, stroll nature trails, visit our interpretive center and planetarium, see wildlife exhibits and have a picnic in our picnic area.

Experience the excitement of annual special events like folklife festivals, antique car shows, traveling exhibits, concerts and workshops.

Landmark Park offers people a chance to experience the heritage of the Wiregrass region and experience an adventure. Entry into the park costs \$4 for adults, \$3 for children and is free for children 3 and younger. Admission varies for entry into the many special programs that take place throughout the year at the park. The park's hours are Mondays-Saturdays from 9 a.m to 5 p.m. and Sundays, noon to 6 p.m. For more information, contact the park at 794-3452 or visit http://www. landmarkpark.com.



LANDMARK PARK PHOTO

Landmark Park hosts many events through the year.

REGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast the chapter on Facebook at EAA351is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

AUG. 9 — The Dothan Artifact Show will display cases, pipes, bowls, spears, arrowheads, clothing, jewelry, books, educational displays and more. Pre-Columbian, Civil War relics, fossils and related artifacts will be featured. There will be a flint knapping demo during the show. There will also be a raffle and refreshments. Admission is \$2 for adults and free for children under 12. For more information, visit www.dothanshow.com.

AUG. 14 — The Wiregrass Museum of Art hosts Alabama artist Sonja Rieger, who will present a lecture on her exhibition, "Dazzling" at 6 p.m. This exhibition is a portrait project that documents an amateur transit circuit. Admission is free. For more information, call 794-3871, or visit www. wiregrassmuseum.org.

AUG. 22-23 — Wiregrass Museum of Art hosts the annual Yard Party for Art from 6-11 p.m. People can enjoy food, drinks and live music at this outdoor fundraiser. For more information, call 794-3871 or visit www.wiregrassmuseum.org.

AUG. 26 — As a modern and contemporary art museum, Wiregrass Museum of Art is hosting contemporary

works of art in a piece called, "Is It Art?" at 5:30 p.m. Admission is free. Join museum staff and other hosts in conversation about the art. For more information, call 794-3871 or visit www.wiregrassmuseum.org.

ENTERPRISE

AUG. 16 — Chapter 351 of the Experimental Aircraft Association will offer free airplane rides to children ages 8-17 at Enterprise Municipal Airport. Registration will start at 8:30 a.m. and flights will be conducted from 9 a.m. to 3 p.m. For more information, visit Enterprise, or call 601-329-1334 or 804-381-1244.

ONGOING — Beginning and Continuing Classes in the Taoist Tai Chi Society Internal Arts and Methods are currently held at the Enterprise YMCA. A Thursday night beginning class will be available at the Episcopal Church from 5:45-7:15 p.m. starting July 10 and running until September 25. The beginning class covers all 108 moves of the Tai Chi set. Anyone interested in joining a class is encouraged to join any time. Ongoing continuing classes are offered at the YMCA Saturdays 12:15-1:45 p.m. and Mondays 1-2:30 p.m. Continuing class offers individuals the opportunity to improve their Tai Chi as well as explore the health benefits. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or visit www.alabama.usa.taoist.org.

ONGOING — The DAV Chapter No. 9 monthly meetings are held on the second Thursday of each month at 6 p.m. in the Baptist Center located on East Lee Street. For more information, call 308-2480 or 475-4373.

ONGOING — Monday through Thursday aqua Zumba and EPRD water aerobics will be held by instructor Natalie Showers 7-8 p.m. Price is \$5 per class and registration is not required. Bring a towel, water and pool/water shoes are recommended. For more information, call 348-2684.

ONGOING — Every Monday and Tuesday at 7 p.m. the city of Enterprise hosts line dancing. Fee is \$3 per class. For more information, call 348-2684 or

visit www.cityofenterprise.net.

ONGOING — The American Legion Post 73 meets at the American Legion/ Doer's Shrine Club building at 200 Gibson Street on the fourth Saturday of each month, beginning at 8 a.m. The building is across the street from the Lee Street Baptist Church. For more information, call 347-5961 or 447-8507.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call 406-3077, 393-6499 or 347-7076, or visit the VFW Post 6683 on Facebook.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING - Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

OZARK

AUG. 13 — The Fort Rucker Area Job Fair will take place at the Ozark Civic Center from 9 a.m. to 1 p.m. The event is open to the public and is free. Participants should bring resumes, be prepared to be interviewed and be dressed appropriately. For more information, call 774-9321.

AUG. 15-16 — The South Alabama Rodeo Classic will be held at the Dale County AgPlex Arena, located at the intersection of Highway 123 and U.S. 231. Gates open at 6 p.m., and the rodeo starts at 8 p.m. Tickets are \$10 for adults, \$8 for children ages 6-12, 5 and under are

free. For more information, call 774-9448 or 797-9754.

ONGOING — The Ann Rudd Art Center is offering free art lessons for children ages 5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m. Slots are on a first come, first served basis. For more information, call 774-7922.

ONGOING — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Please call 334-774-2042 for more information.

PINCKARD

ONGOING — The public is invited to the Cross Country workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday

ONGOING - The Samson City Council meets monthly on the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

TROY

ONGOING - Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — Veterans Of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m. and karaoke begins at 6 p.m. The post will be celebrating its 80th anniversary on Aug. 1. The event is open to members and guests only. For more information, call 793-7912.

Beyond Briefs

5K Cool Summer Race Series

The inaugural Panama City Beach Cool Summer Series is set on a 5K course that weaves through Pier Park now through Aug. 13 at 8 a.m.

The Cool Summer Series is a celebration of all things summer—fun in the sun, good friends, Family and a little friendly competition. This 5K is a run/walk course open everyone. Registration fee is \$25 cash or \$30 debit card day of the races.

For more information, call 850-890-4775.

Summer Concert Series

Aaron Bessant Park at Pier Park in Panama City Beach, Fla., holds a concert series now through Aug. 14 from 7-9 p.m. Visitors are asked to bring coolers, lawn chairs and friends for an evening of music under the stars. For more information, visit www.visitpanamacitybeach.com/ things-to-do/events.

Pepsi Gulf Coast Jam

This Labor Day weekend, Aug. 29-31, the Pepsi Gulf

Coast Jam will bring country music stars to the beach such as, Carrie Underwood, Dierks Bently, Blake Shelton and more at Grand Brown Park. Patrons can ride free shuttles to the headline stage.

For more information, visit www.gulfcoastjam.com.

Blues Fest

The Great American Blues Festival in Panama City Beach, Fla., in Aaron Bessant Park will support the local charities and will feature some of the top blues acts in the nation, a barbeque competition and a 5K race Aug. 16-17. For more information, visit www.americanbluesfest.com.

FRONTLINE

Military responders help battle Ebola outbreak

By Terri Moon Cronk and **Cheryl Pellerin**

Defense Media Activity

WASHINGTON — Defense Department personnel are on the ground in west Africa and in U.S. laboratories fighting to control the worst outbreak in the African history of the Ebola virus, which a senior Army infectious disease doctor called a "scourge of mankind."

Army Col. (Dr.) James Cummings, director of the Global Emerging Infections Surveillance and Response System, a division of the Armed Forces Health Surveillance Center, said the battle against the virus since the outbreak began in west Africa in March focuses on trying to stop disease transmission and supportive care of those infected.

At the Centers for Disease Prevention and Control in Atlanta, Director Dr. Tom Frieden has announced that the health agency has raised the travel advisory to Liberia, Guinea and Sierra Leone, where he said the Ebola outbreak is worsening to Level 3 – a warning to avoid unnecessary travel to those countries.

CDC already has disease detectives and other staff in those countries to track the epidemic, advise embassies, coordinate with the World Health Organization, strengthen ministries of health, and improve case finding, contact tracing, infection control and health communication.

Over the next 30 days, in what Frieden described as a surge, CDC will send another 50 disease-control specialists into the three countries to help establish emergency operations centers and develop structured ways to address the outbreak.

"They will also help strengthen laboratory networks so testing for the disease can be done rapidly," the director said.

For travelers in and out of the three west African countries, CDC experts will strengthen country capacity to monitor those who may have been exposed to Ebo-



Entomologist Dr. Erica Lindroth from the Walter Reed Army Institute of Research and Lawerence Fakoli from the Liberian Institute of Biomedical Research set a new ruggedized BG-Sentinel mosquito trap for field evaluation in Liberia.

la, and each country in the region has committed to doing this, Frieden said.

"It's not easy to do," he added, "but we will have experts from our division that do airport screening and try to ensure that people who shouldn't be traveling aren't traveling.'

Frieden said CDC has spoken with air carriers that service the west African re-

"We understand they will continue to fly, which is very important to continue to support the response and maintain essential functions in the country," he explained.

CDC gives information to travelers to the region and health care providers in the United States who might care for people returning from the infected area. Frieden said that includes medical consultation and testing for patients who may have Ebola.

Frieden said that in the United States,

"we are confident that we will not have significant spread of Ebola, even if we were to have a patient with Ebola here. We work actively to educate American health care workers on how to isolate patients and how to protect themselves against infection."

In fact, he added, "any advanced hospital in the U.S., any hospital with an intensive care unit has the capacity to isolate patients. There is nothing particularly special about the isolation of an Ebola patient, other than it's really important to do it right. So ensuring that there is meticulous care of patients with suspected or ... confirmed Ebola is what's critically important."

The Ebola virus has no known cure and up to a 90 percent fatality rate, although the mortality rate in this current outbreak is about 60 percent and only supportive care can be offered to patients diagnosed with the disease. Supportive care is the treatment

of choice to maximize patient survival of this infection, something that is difficult in the current austere and somewhat unstable environments, he said.

Efforts at the DOD Army Medical Research and Materiel Command U.S. Army Medical Research Institute of Infectious Diseases have developed diagnostic assays, or investigative analytic procedures, that are seminal to identifying infected individuals, Cummings said. But current efforts for vaccines and treatments still are several months to years away, he added.

"It is generally postulated that the viral infection of index cases early in the outbreak originated in rural populations that prepare and eat meat from Ebola-carrying gorillas and monkeys," he said, "while later cases stem from exposure to infected bodily fluids of infected patients already symptomatic with this disease.'

The virus is passed among animals or people through body fluids. Only a person who is infected and is showing signs of illness can pass the disease to others.

Health care workers and home caretakers who have direct patient contact and those who prepare bodies for burial also are at risk, the infectious disease doctor said.

"We have a long history in Africa," Cummings said. The first Ebola cases were reported in 1976 in the Democratic Republic of the Congo, formerly Zaire. Since that time, DOD has answered numerous calls for assistance from WHO, nongovernmental organizations and ministries of heath and defense.

DOD personnel provide a wide array of support to the Ebola-stricken African nations, from logistical help to guides for clinical management of the virus, Cummings said.

"Partnership with DOD personnel bring a level of excellence second to none, working in host nations and WHO in the mostaffected countries of Sierra Leone, Guinea and Liberia," he said.

Bureau gets service members debt relief

Consumer Financial Protection Bureau News Release

by the company's predatory lending scheme.

WASHINGTON — The Consumer Financial Protection Bureau and 13 state attorneys general obtained about \$92 million in debt relief from Colfax Capital Corp. and Culver Capital LLC, also collectively known as Rome Finance, for about 17,000 U.S. service members and other consumers harmed

"No one who serves our country in uniform – especially during a time of war – should ever fall victim to predatory financial practices," Defense Secretary Chuck Hagel said in a statement, "and today's announcement is an important step in righting this wrong."

Rome Finance lured consumers with the promise of no money down and instant financing, officials said, and then masked expensive finance charges by artificially inflating the disclosed price of the consumer goods being sold.

The company also withheld information on billing statements and illegally collected on loans that were void. Rome Finance and two of its owners are permanently banned from consumer lending.

"Rome Finance's business model was built on fleecing service members," said Richard Cordray, CFPB director. "Rome Finance lured service members in with the promise of instant financing on expensive electronics, then masked the finance charges with inflated prices in marketing materials and later withheld key information on monthly bills. Today, their long run of picking the pockets of our military has come to an ignominious end."

Colfax, formerly known as Rome Finance Co., Inc., is a California consumer lending company, and Culver is its wholly owned subsidiary, formerly known as Rome Finance LLC. The companies offered credit to consumers purchasing computers, video game consoles, televisions or other products. These products were typically sold at mall kiosks near military bases, officials said, with the promise of instant financing with no money down.

In some cases, they added, Rome Finance was the initial creditor and, in other cases, Rome Finance provided indirect financing by agreeing to buy the financing contracts from merchants who sold the goods.

Service members and other consumers would fill out a credit application at the kiosk and, if approved, sign financing agreements that did not accurately disclose the amounts they would have to pay for that financing. These contracts generated millions for Rome Finance while weighing down consumers with expensive debt.

Rome Finance has been the subject of previous state and federal enforcement actions, and Colfax is currently in Chapter 7 bankruptcy. The CFPB and state attorneys general uncovered substantial evidence that Rome Finance's lending scheme violated several laws and that these illegal practices harmed about 17,000 consumers, officials said.

In its consent order, CFPB found that Rome Finance did the following.

* Hid finance charges when marketing products. Rome Finance and merchants it worked with masked expensive finance charges by artificially inflating the disclosed price of the consumer goods being sold. As a result, they provided consumers with disclosures that had inaccurately low finance charges and annual percentage rates. Consumers received

disclosures, for example, indicating the APR was 16 percent, thorizes the CFPB to take action against creditors who do not when in fact the APR was 100 percent or more. That inaccurate information prevented consumers from making an informed decision about whether to take out credit.

* Withheld required financial information from billing quires Rome Finance to do the following. statements. Billing statements that Rome Finance sent to consumers failed to include certain disclosures required by law, such as the APR, the balance that was subject to that interest rate, how that balance was determined, the closing date of the billing cycle and the account balance on the closing date.

* Deceptively, unfairly and abusively collected debt that was not owed. Rome Finance was not licensed to provide consumer lending in any state and charged annual percentage rates higher than some states allowed, which voided or limited the collectable debt in some states under state lending law. Rome Finance deceived consumers in these states by failing to inform them that some or all of their debt was void or otherwise did not have to be repaid. As a result, many consumers were misled into thinking that they had to repay the entire loan balance and were making those payments when they did not have to.

The Dodd-Frank Wall Street Reform and Consumer Protection Act gives the CFPB authority to take action against institutions or individuals engaging in unfair, deceptive, or abusive acts or practices. The Truth in Lending Act also auaccurately disclose the cost of credit and other credit terms to consumers

To address these violations, the CFPB's consent order re-

- Provide about \$92 million in debt relief. All efforts to collect on any of the outstanding Rome Finance financing agreements must cease. Rome Finance still has about \$60 million in contracts owed by about 12,000 consumers that it will no longer seek to collect. Separately, a liquidating trust created as part of Colfax's bankruptcy plan will stop collections on about \$32 million owed by more than 5,000 consumers for Rome Finance's financing agreements. Service members may keep the merchandise they
- Update credit reporting agencies and notify service members and other consumers of debt status. The Colfax Trustee must update the credit reporting agencies so that affected consumers are listed as having paid their debt. The Colfax Trustee must also notify all affected consumers that their debt will no longer be collected.
- Rome Finance and their owners must cease consumer lending. Rome Finance and two of their owners, Ronald Wilson and William Collins, are permanently banned from conducting any business in the field of consumer lending.



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3 things to know during Anti-terrorism Awareness Month

By U.S. Army Training and Doctrine Command
Public Affairs Office

FORT EUSTIS, Va. – Each year, the Army sets aside August to raise awareness of its ongoing efforts to protect Soldiers and their Families, Department of the Army civilians and contractors from terrorist threats.

The following are a few things to always keep in mind.

1. The threat is real.

According to a recent article by the Heritage Foundation, there have been 60 terrorist plots against the U.S. since 9/11. The foundation's research of media reports and court documents shows that military facilities were the number one target in these plots, followed by New York City and places with mass gatherings, such as the Boston Marathon.

"Our enemies never rest, and continue to seek ways to attack our nation and destroy our way of life. AT month provides us an opportunity to contribute to the defense against terrorism and keep our Families and communities safe

through training and awareness," explained Col. Mike Blahovec, TRADOC protection director.

2. Awareness is critical.

Knowledge is power, and just like in the National Football League, defense wins championships. As part of the awareness month, every member of the Army team is required to take the online AT Level I Awareness Training course.

The online course is located at https://jkodirect.jten.mil.

To further enhance awareness, every Soldier within TRADOC, and all new civilian hires, are required to receive face-to-face AT Level I training, according to Jim Kirkland, TRADOC's anti-terrorism officer.

3. See something, say something.

Sometimes seemingly benign – but odd – situations can lead to terrible consequences, if they go unreported.

According to Kirkland, the See Something - Say Something motto has contributed to preventing planned attacks. For example, an alert citizen in Minnesota re-

Antiterrorism Army Strong-

A DANY CD A DU

cently noticed someone crossing her yard to a storage area. She reported the suspicious activity, and a 17 year old was charged with attempted murder, possessing explosives and attempted damage to property. He possessed six bombs, seven weapons and 400 rounds of

ammunition, and planned to kill his Family and classmates.

"We are all in this fight together," says Bill Moisant, TRADOC's G-34 protection chief. "Our Soldiers and their Families know what they've signed up for, and they know the type of business we

are in, but we can all help watch each other's back. AT Awareness Month focuses on training; this is critical in protecting our people and enabling our missions. Awareness is our most certain defense against an act of terrorism. If you see something, say something."



Pick-ofthe-litter

Meet Sammy, a 9 month old, male, terrier mix. He is wonderful with other dogs and is good around kids. He is very loving and is already neutered. Adoption fees vary per species and needs of animal, but include all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at http:// www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building

8:00 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940
9:00 a.m. Catholic Mass Sunday
11:00 a.m. Traditional Worship Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4:00 p.m. Catholic Confessions Saturday
5:00 p.m. Catholic Mass Saturday

Wings Chapel,

Building 6036

08:00 a.m. Latter-Day
Saints Worship Service
9:30 a.m. Protestant
Sunday School
10:45 a.m. Wings
Contemporary Worship
Protestant Service
1:00 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939

10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

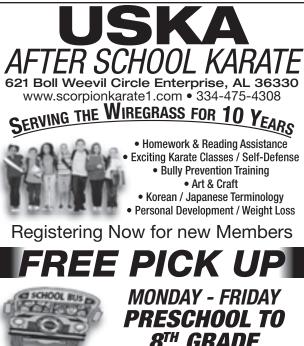
Tuesday-9:00 a.m. Protestant Women of the Chapel, Wings Chapel

5:30 p.m. Youth Group

Bible Study, Spiritual Life Center 6:00 p.m. Protestant Women of the Chapel, Wings Chapel 7:00 p.m. Adult Bible

7:00 p.m. Adult Bible Study, Spiritual Life Center

Wednesday-11:00 a.m. Above the Best Bible Study, Yano





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FLU SHOTS
Influenza risk highest
in children

Story on Page D3

AUGUST 7, 2014

AGE BASKET

Disc golf on the rise

By Nathan Pfau *Army Flier Staff Writer*

Disc Golf continues to gain popularity across the country, and Fort Rucker offers people the chance to get in on the fun by providing a top-notch course.

The installation boasts a course, located at Beaver Lake, which is an 18-hole, 55-par course that follows the Beaver Lake trail, for the most part. The beginning of the course starts near the parking lot for the lake, and people can participate in team play or solo play.

The concept for the course was dreamt up by Capt. Jeff Meinders, who has since moved on from Fort Rucker, who teamed with Directorate of Family, Morale, Welfare and Recreation to get the course added to Fort Rucker's recreational repertoire as a way to give Soldiers, Families and civilians something different on the installation.

The sport has gained a good bit of popularity on post, and people can participate in full tournaments

Teams and players typically play weekend matches Saturdays and Sundays at 3 p.m. recreationally, and people are welcome to meet up and try their hand at the sport, according to DFMWR officials.

The rules of disc golf are simple and similar to the game of ball

golf.

Like ball golf, disc golf is a recreational sport in which players throw a disc down the fairway and try to make it into the baskets that are set up at each hole. The goal is to get as few strokes as possible.

The course is open to the public, and people of all ages and levels are invited to play. Discs can be checked out for \$7 at the Fort Rucker Physical Fitness Facility by authorized patrons only. The deposit is returned upon return of the disc.

A lot went into bringing a disc golf course to Fort Rucker, according to Meinders.

"First, we had to find a good location," he said. "Lake Tholocco was where we initially wanted to put it, but we didn't feel that there was enough visibility there.

"There were a few different locations that we picked out, but we decided on Beaver Lake because the close proximity it had to the physical fitness facility, and the high visibility and foot traffic of the area," said Meinders.

Meinders and his team spent about four months walking the trails at Beaver Lake to plot out a course that they felt was good enough for the area, and the way they set up the course is to have it start off easy and progressively get more difficult.

People would have to travel to Auburn, Fort Benning or the beach if they wanted to play, so I realized there was a big need for it."

— CAPT. JEFF MEINDERS FORT RUCKER DISC GOLF COURSE DESIGNER



PHOTOS BY NATHAN P

James Old, winner of male 18-45 category, throws a disc at the first hole during Fort Rucker's first Flying Disc Golf Tournament last year.

"The first few holes are really easy to play because there aren't any trees around and it's very basic," he said. "The next few holes get a little tighter, a little shorter and there are a lot more trees to play through, but the last six holes are very demanding."

The reason Meinders said the last few holes are demanding is because they are set up right next to the lake, increasing the chance of losing a disc in the water. The course culminates at the 15th hole, which Meinders and his fellow disc golf players have dubbed "The Gauntlet," where players must make a decision shot – play

over the water, or around it.

All of these factors were care-

fully thought out by Meinders and his team, and came from a mutual interest and understanding in a sport that is new to the area.

Disc golf began in the 70s, but gained most of its popularity in the 90s and early 2000s among the college crowd, according to Meinders. The sport has grown about 15 percent a year for the past decade and there are around 4,000 courses in the U.S., but none close to Fort Rucker.

course culminates at the 15th hole, which Meinders and his fellow disc golf players have dubbed "The Gauntlet," where players must make a decision shot – play

In total, there are 10 flying disc courses within 100 miles of Fort Rucker – none of which are within 75 miles of the installation, according to Meinders.

"People would have to travel courses – Fort Bennin to Auburn, Fort Benning or the Fort Rucker," he said.

beach if they wanted to play, so I realized there was a big need for it," he said.

Playing an entire round of disc golf, 18 holes, takes anywhere from 45-90 minutes depending on the amount of players, and costs little to no money, which is beneficial to many Soldiers who are strapped for time and money, said Meinders, adding that his main goal is for the Army to embrace the sport.

"The Air Force and Navy have embraced it, and they have lots of courses on their installations, but there are only two Army installations that have disc golf courses – Fort Benning and now Fort Bucker" he said

Bowl-a-thon reinforces resiliency

By Sara E. Martin

Army Flier Staff Writer

Army Substance Abuse Program, along with Rucker Lanes, hosted a resiliency bowla-thon Friday to help Soldiers and civilians connect with each other outside the office, which in the long term will help them stay resilient.

"What does it mean to be resilient for Soldiers? Does it mean having the mental, physical, emotional and behavioral ability to face and cope with adversity, or is it the ability to adapt to change? It's both, plus being able to recover and learn and grow from setbacks. But how do we build that resiliency for when people need it," asked Denise Clarke, risk reduction program coordinator.

The Ready and Resilient Campaign, she continued, integrates and synchronizes multiple efforts and initiatives to improve the readiness and resilience of the Army, including its civilians and Families.

"Bowling can be a tool for people to relax. It doesn't have to be bowling, of course, it could be anything that gets you active and around friends. Anything from fishing to walking around a track can help your overall well being," said Clarke. "It can give you moments where you're not thinking about the stress of the day and gives you a moment to unwind before you try to tackle whatever might be bothering you."



PHOTO BY SARA E. MARTIN

Chaplain (Maj.) Stephen Alsleben, 110th Aviation Brigade, bowls at Rucker Lanes Friday during ASAP's resiliency

Ready and Resilient builds upon mental, physical, emotional, behavioral and spiritual resilience in Soldiers, Families and civilians to enhance their ability to manage the rigors and challenges of a demanding profession, she said.

bowl-a-thon.

"At the heart of this initiative is a focus on building the person as an enabler to achieving enhanced performance, which directly links to the increased readiness of the individual, their unit and the Army," she added.

The event was attended by more than 260 Soldiers, Family members, civilians and agency staff. Information displays and materials on various topics were set up during the event – including suicide prevention, worship services, bullying and wellness.

Staff from the religious support offices, child and youth services, preventive health, Army community services, ASAP and the military family life consultant were also on hand to meet participants and provide information.

The event ran from 10 a.m. until midnight, and a wide range of bowlers showed up to participate, including a few bowlers who were just a few pins away from a

perfect game.

"We are having a wonderful time. This was a great idea to get us up and talking to each other out of the office. This is definitely a stress-reducing afternoon," said Deborah Seimer, garrison human resources director.

"We brought around 15 people from our offices because resiliency is really what we are all about," said Chaplain (Lt. Col.) Timothy Bedsole, deputy garrison chaplain. "Resiliency is built around relationships, and you really don't build a close-knit team by sitting in the office every day."

Events like the bowl-a-thon help people get the full scope of who individuals are, and this interaction builds personal relationships, which in turn builds resilience, which then builds a better, more-capable team while at the office, continued Bedsole.

"When you go into combat, if you haven't done things like this back home with your Family and your unit members, then you won't fight as effectively because these events build trust for when you need it (most)," added Bedsole.

Clarke agreed, saying she hopes participants will learn that its OK to relax with coworkers and their battle buddies.

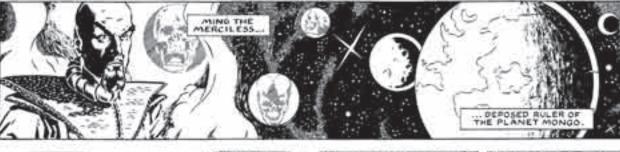
"This event will help with unit and office camaraderie and help people get to know each other better, which will enhance everyone's quality of life," she said.

Clarke said that if coworkers or unit members try to get to know each other better they are more likely to ask for help or guidance when or if they ever need it because they feel comfortable.

"This is a relaxed atmosphere. People are laughing and eating and encouraging each other. It's great," she said. "This is a much better way to grow resilience than say a run where you can't really interact all that much with the person next to you."

ASAP, said Clarke, hopes that Soldiers know there are many agencies on the installation that exist to help them in any way they might need.

OWN I'MF













TENGSI!



WE HAVE A SPECIAL PROMOTION TODAY THAT GUARANTEES THAT THIS PHONE IS THE MOST ADVANCED ONE ON THE MARKET, ACT NOW BECAUSE MONDAY IT WILL BE OUTDATED

by Dave T. Phipps

Just Like Cats & Dogs

Rodriguez 1. LITERARY: Who wrote the novel "The Bridge of San Luis Rey" 2. MUSIC: What country does the band U2 call home? 3. SCIENCE: Which famous scientist was known as "The Wizard of Menlo Park 4. MOVIES: What was the name of the town in "Back to the Future"? 5. SPACE: Who were the first and last astronauts to step on the Moon?

6. ENTERTAINERS: Which famous leading man had a pot-bellied pig named Max as a pet?

7. ANIMAL KINGDOM: What is the name for an animal that eats only plants?

8. MEDICINE: Who produced the first vaccine for rabies?

9. TELEVISION: What 1980s sitcom featured the Seaver family?

10. GEOGRAPHY: What is Ethiopia's capital?

See Page D4 for this week's answers.

Super Crossword 52 Bankrupted

SHOOTING RESTRICTION

ACROSS

- 4 Defraud 8 fee hockey
- footwear 14 "L'---!" (toast in Hebrew) 19 Trusts in
- 21 1960s-'70s Ford model 22 Giant in life insurance
- 23 Believability 24 "Gone" star Seyfried
- 25 Step 26 Start of a riddle
- 29 Doofus: Var. 32 Suffix with dull or drunk 33 On the whole
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- " (Trisha. Yearwood country hits 46 French
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- Carmen - a scratch (no damage) 59 Due

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- Commotion 64 Bicker 67 Uno plus uno 68 Fliddle, part 4
- 72 Bargain basement container 74 "- La Vida
- Loca" (1999 hit song) 75 Fighting fish 76 They're in
- some pods 79 Frittata, e.g. Sheltered
- from the wind 82 Celtic tongue
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- 94 End of the riddle 100 Heix shape 104 52, to Cato
- 105 Termite lookalikes
- answer 115 Rushed, as to attack
- 116 J. Paul Getty or J.R. Ewing

- 117 Sparkling
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- get splashed 124 Geek Squad guys, say 125 One flinging
- something 126 It follows that 127 Psychic's gift

DOWN 1 Circle portion

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- Ness monster 7 Leg joint 8 Like clear
- night skies dragon (giant fizard)
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- 12 Outer limits 13 Long bath
- Flutty 15 Spices' kin

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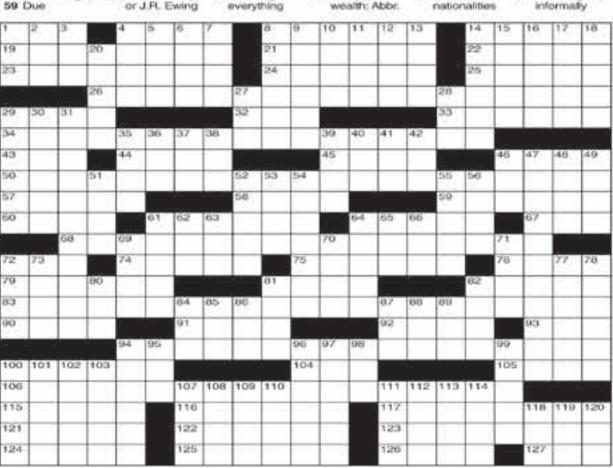
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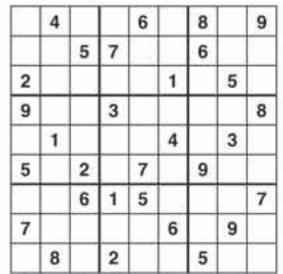
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 - 112 Aide of Frankonstein 113 Drano target
 - 114 Prefix with byte or gram 118 Sports draw
 - 119 Hams and Wood 120 Sales agent, informally



See Page D4 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: * *

* Moderate * * Challenging * * * HOO BOY!

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See Page D4 for this week's answers.

KID'S CORNER





SPELLBINDER

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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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Flu shots: Influenza risk highest in children

By Jacqueline D. Watkins U.S. Army Public Health Command

Influenza, commonly known as "the flu," is defined by the U.S. Centers for Disease Control and Prevention as a contagious disease that is seasonally spread throughout the United States. Everyone is susceptible to contracting the influenza virus, however, research shows risk is highest among chil-

The influenza virus is more dangerous than a common cold for most children. Each year more than 20,000 children younger than 5 are hospitalized due to influenza complications and some of those illnesses have resulted in death.

All children younger than 5 are susceptible to influenza complications, but research indicates certain children may be more vulnerable. The CDC reports severe influenza complications are most common among children younger than 2. Furthermore, children with chronic health problems, such as asthma, diabetes and disorders of the brain or nervous system (such as cerebral palsy and muscular dystrophy) have an increased risk of developing severe influenza compli-

The severe health complications caused by the seasonal influenza virus can be prevented. To protect your children from the flu, the CDC recommends every child beginning at age 6 months receive an annual influenza vaccine. Because infants younger than 6 months are unable to receive the influenza vaccine, parents and older children in the household are highly encouraged to receive the influenza vaccine. This prevention strategy is the best safeguard to protect infants from contracting the influenza vi-



To protect children from the flu, the CDC recommends every child beginning at age 6 months receive an annual influenza vaccine.

There are a variety of influenza vaccines available for children. For instance, one type, called trivalent, protects against three strains of the influenza virus (usually, two types of Influenza A viruses and one Influenza B virus). Another, called quadrivalent, protects against four strains. Furthermore, some vaccines are given as an injection,

while others are given as a mist sprayed into the nose. The wide variety of influenza vaccine options can be confusing for most parents. To determine the influenza vaccine most appropriate for your children, consult your pediatrician or primary care provider.

The best way to protect your children from contracting the influenza virus is to ensure they - and you - receive an annual influenza vaccine. Once you and your Family have received your influenza vaccines, it will take about two weeks for antibodies to develop to protect your Family against the influenza virus.

Remember, everyone must receive the influenza vaccine to ensure children are protected before the influenza outbreak spreads throughout your local community.

Doc explains workings behind post-traumatic stress

By Capt. Donell Barnett U.S. Army Public Health Command

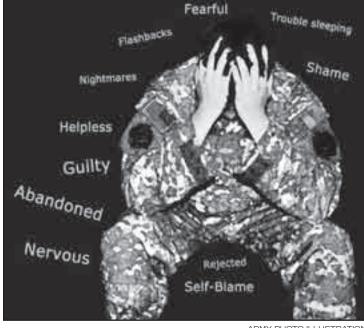
Do you remember what you were doing on 9/11? Who were you with? What were you wearing when you found out about the attacks? I bet most of those details are pretty clear to you.

Now ask yourself, "What was I doing on 10/11?" Unless that's your birthday or anniversary, chances are you don't remember that day at all.

That's the way our brains work. Even if you were nowhere near New York on 9/11, the memory of that horrific day, your feelings when you heard about it and the reactions of those people with you are pretty clear. The same is true for your first date, best birthday party and grandma's apple pie you can almost smell it just thinking about it.

Your brain likes to record strong memories, good and bad, in a lot of detail. Along with the memory, your brain tries to record your feelings at the time of the event. Both the image and the feelings associated with the image help us to easily react to similar situations in the future. For life-threatening occasions, such as what commonly happens on deployment, your brain records the event to help you respond in case you are ever in a similar lifethreatening situation. And this is called fight or flight.

With post-traumatic stress, people re-experience distressing events at times when they may not want to remember the event. Typically the event shows up in nightmares, flashbacks or disturbing daydreams. Sometimes these events are triggered by something around you that looks, feels or smells like the event you experienced. A crowded mall may make you feel like you're in that crowded bazaar. A dark movie theater may make you feel like you're



in your hooch. In the same way, a whiff of certain cologne will make you think about that special

When an event and the memory of it are too distressing to handle,

people tend to go to great lengths to avoid them. Avoidance can mean not going to certain places, not talking to certain people, or even drinking an insane amount of alcohol to quiet down nightmares and get some sleep. The problem is that avoiding the reminders of an event can make the memories seem just as real as the actual event.

All these reactions are actually quite normal and are designed to help us survive. In fact, you've probably experienced avoidance behaviors all your life. Think about it, when you were a kid, did you ever have a nightmare after seeing a scary movie? Or maybe you crossed the street to avoid the scary cat-lady's house.

If these behaviors get worse over time, or they don't taper off after a few months, this just means your body is having a more difficult time putting the memory away Professionals use six months as a benchmark timeframe. Some people take more or less time to process the memory. In any case, if these reactions are causing problems in your life, talk with a medical professional, behavioral health provider or chaplain.

Army shooters win prestigious President's trophies

By Capt. Donell Barnett U.S. Army Public Health Command

CAMP PERRY, Ohio A member of the U.S. Army Marksmanship Unit outscored 1,100 other competitive service rifle shooters to claim the President's Rifle Trophy at the National Trophy Matches at Camp Perry July 22.

Sgt. Augustus Dunfey's win, along with USAMU pistol shooter Sgt. 1st Class James Henderson's win in the President's Pistol Trophy Match two weeks prior, handed the Army a clean sweep of one of the sport's most celebrated matches for the first time since 2006.

"It's incredible," Dunfey said. "I still don't believe that I won. It's one of the most prestigious matches at the national championships."

According to the Ci-Marksmanship Program, the President's Rifle Match was first fired in 1878, and incorporated into the National Match program in 1903. The President's Match became uniquely prestigious because it was modeled



Sgt. 1st Class James Henderson, USAMU Service Pistol Section, fires during the during the 2014 National Pistol Trophy Match at Camp Perry, Ohio. Henderson scored his seventh win in the prestigious match, spanning three presidencies.

after the famous British Queen's Prize Match and because the winner formerly receives a letter of congratulations from the President of the United

In 1957, the match was renamed "The President's Hundred." The top-scoring 100 competitors in the President's Match were singled out for special recognition in a retreat ceremony, in which they passed in review before the winner and former winners of this historic match. In 1981, the national championships incorporated the President's Pistol Match into the pro-

A President's Hundred Tab is awarded to Soldiers who qualify among the top 100 scoring competitors in the President's Match, making it one of only four tabs authorized for permanent wear as described in Army Regulation 670-1, along with Sapper, Spe-

cial Forces and Ranger tabs. Service members get only one chance each year at the national matches to earn their tab.

"Earning the tab is definitely one of the biggest accomplishments we can have as Soldiers," said Pvt. Todd Mazur, USAMU.

Mazur was one of four Army shooters to earn a tab in the rifle match, along with Staff Sgt. Andrew McElroy, Staff Sgt. Franky Galloway and Spc. Joseph Hall. Two Army pistol shooters, Sgt. Eric Trueblood and Spc. Karen Newby, also earned their

"The rarity of the tab allows Soldiers who wear it to educate those who ask about it on marksmanship, their level of expertise and about the USAMU," Mazur said.

The win for Henderson was his seventh overall, earning letters from three presidents along the way. This was Dunfey's first win after 16 tries, and he said the dedication and hard work on the range leading up to the championships paved the way for

his monumental victory. "It's an honor to have my name engraved onto this trophy," Dunfey said. "I'll remember this day for a long, long time."





Advance Showing INTO THE STORM PG13

Interview method helps reduce revictimization

By Melissa K. Buckley

Fort Leonard Wood Public Affairs

FORT LEONARD WOOD, Mo. – A revolutionary approach to interviewing sexual assault victims, created by a Fort Leonard Wood researcher, is obtaining more information about crimes – potentially leading to more offender prosecutions.

Russell Strand, Behavioral Sciences Education and Training Division chief, U.S. Army Military Police School, developed the Forensic Experiential Trauma Interview technique over several years. The technique is based on neuroscience research combining the best practices of child forensic interviews and critical incident stress debriefings.

"The actual technique really came together following assistance the U.S. Army Military Police School provided following the November 2009, mass shooting at Fort Hood, Texas. The first use of the FETI, as we now know it, was [when] conducting re-interviews of survivors of that terrible tragedy," he explained.

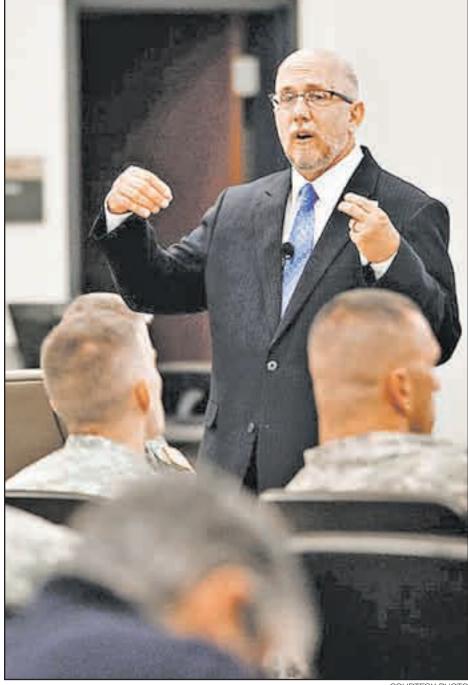
Strand said strides in the study of the neuroscience of trauma, over the past five to 15 years, have greatly impacted his research.

Because law enforcement investigations are designed more for witnesses rather than victims, Strand said he developed the forensic experiential trauma interview as a way to interview victims without making them relive the assault in a re-victimizing manner.

Through neuroscience research, he said, he found that part of the forefront of the brain shuts down or is slow to recall key parts of a trauma during an attack. But a primitive part of the brain stem almost instantly records the event accurately.

"When we studied the neuroscience, we identified numerous gaps in which traditional interview techniques may not be as effective and in some ways actually harmful in obtaining significant information about the experiences of trauma survivors. The FETI was specifically developed to enhance memory and better understand the experience in the most natural way possible," Strand said.

Since 2009, more than 1,397 special agents and prosecutors from each branch of the military have taken FETI training as part of the Special Victims Unit Investigations course, Strand said. The Department



COURTESY PHOTO

Russell Strand, assigned to the U.S. Army Military Police School, has developed an interview technique that is being used to uncover more details about traumatic events and obtain more information about crimes.

of Defense has funded more than 400 seats per year for the FETI special victims unit course through fiscal year 2017.

More than 10,000 military and civilian investigators, prosecutors, victim advocates, health care professionals and mental-health professionals have been trained in the use of FETI, according to Strand.

Currently, more than 150 national, international, state and local multidisciplinary

agencies and organizations have requested and received education on the FETI technique. Colleges, universities, the Department of Homeland Security and the Department of Justice are a few of the organizations the U.S. Army Military Police School Behavioral Sciences Education and Training Division is currently working with to provide education on the FETI.

"The FETI technique is currently used

by military and civilian prosecutors, investigators, detectives and agents. Victim advocates, medical personnel and other professional first responders across the country are being educated on the principles of FETI, to assist them in a better understanding of the neuroscience of trauma and to avoid potentially harmful questions and responses," Strand said.

The reports of sexual assault increased in 2013, according to DOD Sexual Assault Prevention and Response Office statistics.

"The department assesses this increase in reports as consistent with a growing level of confidence in our response system, and as a sign that victims trust us to treat and care for them," Strand said.

His goal through FETI is to bring the military prevalence rates down, while making sure that cultural change occurs regarding sexual assault, he said.

"Although it is difficult to identify specific reasons for this dramatic increase, anecdotal evidence from agents, prosecutors and victims strongly suggest the manner in which we are now collecting significant information about the experience and victim impact certainly has a positive impact on this increase," Strand said.

"The FETI has been shown to yield significantly more information, specifically information to assist us in determining the impact of the experience on the individual. The hallmark of trauma is that it is life changing. This technique assists us in a better understanding of not only the traumatic event, but also the impact of that experience," he added.

The FETI technique has been successfully used following numerous high stress and traumatic experiences.

"Stress and trauma are experienced generally in the same manner regardless of the source," Strand said.

Strand said he is committed to continued research and analysis to refine the FETI technique and explore other potential promising best practices.

"We stand by the CID oath, 'seek diligently to discover the truth, deterred neither by fear nor prejudice,' in conjunction with the military police motto, 'assist, protect and defend.' We assist all reported victims by trying to sincerely understand their experiences, protect the rights of all and defend those who can't defend themselves. These are more than simple mottos – they are our passion," Strand said.

SPORTS BRIEFS

Youth sports signups

Registration for youth tackle football, cheerleading, tennis and fall soccer will continue through Friday. Children must meet age requirements by Sept. 1, 2013. A current sport physical and valid child, youth and school services registration are required for participation. Cost for each sport is \$65 for tackle football, \$40 for cheerleading, \$40 for fall soccer \$40.00 (Ages 4-5 is \$20) and \$40 for tennis. A multiple child rate will be determined at parent central services during registration.

For more information and to register, call 255-2257 or 255-2254.

Youth Extreme Fitness

Fort Rucker Youth Sports will host its Youth Extreme Fitness program now through Aug. 14, Thursdays from 6-7 p.m. at the Youth Sports Football Fields Complex, Bldg. 8923. Workouts include: low crawling, tire flipping, pulling rope, running, lawn mower pushing and sled pushing. This program is designed to be challenging and rewarding, but parents should keep in mind that this program is intended to push children beyond their

normal comfort zones, both mentally and physically. The program is open to youth ages 8-18. There is no deadline to register, and people can sign up now at parent central services. To take part, youth must have a current sports physical and a valid Fort Rucker Child, Youth and School Service membership.

For more information, call youth sports at 255-2257 or parent central services at 255-9638.

Flag football coaches meeting

There will be a men's and women's intramural flag football coaches meeting Tuesday from 9:30 a.m. to 5:30 p.m. at the Fort Rucker Physical Fitness Center conference room.

For more information, call 255-2393.

Batting cages open

The Fort Rucker batting cages are open Tuesdays and Thursdays from 4-8 p.m., Saturdays from 10 a.m. to 6 p.m. and Sundays from 1-5 p.m. Reservations must be made prior to using the batting cages by calling youth sports and fitness at 255-2257 or 255-2254.

Free summer bowling

Rucker Lanes offers free bowling to youth all summer long. Each youth receives three free games of bowling and shoe rental for free – up to three youth, up to 13 years old – when at least one parent bowls with them for \$8.50. The offer is available Mondays-Fridays until Aug. 31. The offer is open to the public and exceptional-Family-member friendly.

For more information, call Rucker Lanes at 255-9503.

Enterprise baseball

Enterprise's semi-pro baseball is need of players. For more information on the team, call 347-4275 or 464-1729.

Spin Challenge

The Fortenberry-Colton Physical Fitness Center will host a two-hour Spin Challenge Aug. 19 from 5:30-7:30 p.m. The cost will be \$3.50, or people can use their Fitness Card. Door prizes will be given and refreshments will be provided. The challenge is open to all authorized patrons.

For more information, call 255-3794.

Volleyball coaches meeting The Fort Rucker Physical

The Fort Rucker Physical Fitness Center will host a men's and women's volleyball coaches meeting Aug. 19 from 9:30 a.m. to 5:30 p.m. in its conference room.

For more information, call 255-2393.

Silver Wings Pro-AM

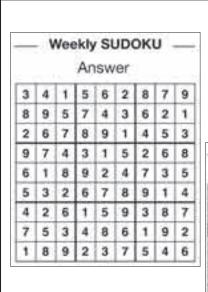
The Silver Wings Golf Course will host its Pro-AM Aug. 22-24. There will be a shotgun start at 9 a.m. Aug. 23 and 24 – Aug. 22 will be just practice. Entry is \$125 for members, \$150 for non-members and \$250 for professionals. The entry fee includes tournament course fees, range balls, tee gifts, tournament meals and prizes. Entries must be received by 5 p.m. Aug. 15. Registration forms are available at www.ftruckermwr.com/recreation/Silver-Wings-Golf-Course/.

For more information, call 598-2449.

Stars and Strikes

Rucker Lanes will host its Stars and Strikes Labor Day event Sept. 1 from 10 a.m. to 10 p.m. The event will feature 25-cent games and 50-cent shoe rental. Regular pricing applies to other menu items.

For more information, call 255-9503.



TRIVIA

Admers

1. Thorston Wilder
2. Instand
3. Thornis Edison
4. Hill Valley
5. Neil Armining and Eugene Ceston
6. George Cloosey
7. Harbryone
8. Louis Pantour

 "Circuing Paim B. Addis Ababa

PUZZLE ANSWERS



