DRUG TAKE BACK

Event helps keep environment, people safe

Story on Page A3



CHILDREN'S FEST Super heroes, storm troopers, Family fun highlight event

Story on Page C1



GONE FISHING Outdoor recreation

hosts youth fishing tournament

Story on Page D1





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 64 • NO. 15

FORT RUCKER ★ ALABAMA

APRIL 17, 2014

AER events put 'fun' in fundraising

Campaign continues with Jail-A-Thon, golf

By Nathan Pfau Army Flier Staff Writer

Soldiers helping Soldiers is synonymous with Army Emergency Relief, but the organization's campaign is looking to make actions speak louder than words with two of its premiere events.

Fort Rucker's AER is teaming up with Army Aviation Center Federal Credit Union to host the 24th annual AACFCU Golf Tournament April 25, and the 6th Military Police Detachment for the Jail-A-Thon May 1, said Maj. Anthony Whittaker, AER campaign coordinator.

So far, AER has raised almost \$60,000 and Whittaker said he's very confident that the campaign will gain even more traction through these events.

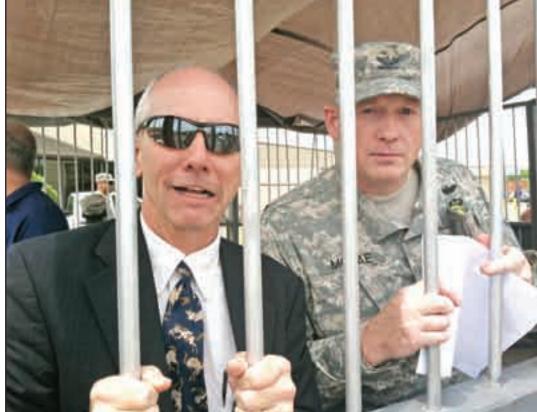
"Last year's golf tournament raised \$15,000 for AER and we raised almost \$5,000 from the Jail-A-Thon," he said. "This year's goal for the Jail-A-Thon is

\$6,000 and we feel confident that we'll hit that mark, and we definitely want to exceed that \$15,000 mark from the golf tournament, which I'm very optimistic that we'll do."

Each event presents a unique and fun way for people to donate to a charitable cause – one that directly impacts those in the Army community.

The golf tournament will be played in teams of four as a fourperson scramble, during which each person on a team will hit a tee shot and select the best shot out of the four. From the best shot is where the rest of the team will hit the next shot from, continuing the process until the ball lands on the green.

"This golf tournament has been a big part of the AER campaign over the years," said Whittaker. "It's a great fundraiser for the AER program and this is something that AACFCU puts on every year for us, and it's a great partnership that we get to work



Justin O. Mitchell, deputy to the Fort Rucker garrison commander, and Col. Stuart J. McRae, Fort Rucker garrison commander, serve time behind bars in a makeshift jail at the post exchange parking lot during last year's Jail-A-Thon.

with."

Cost for the golf tournament is \$65 per person for Silver Wings \$55 per person for members. There will be cash prizes in-

volved for things like closest to Golf Course non-members, and the hole on certain holes, and

people have the chance to win a new car if they achieve a hole in

SEE AER, PAGE A4



PHOTO BY SARA F. MARTIN

Attendees line dance Friday at The Landing's ballroom during the 2014 Fort Rucker Army Aviation Ball, which celebrated 100 years of military Aviation.

Day in the lif

WOCC instructor strives to keep Army strong

By Sara E. Martin Army Flier Staff Writer

For some people, becoming an instructor is more about boosting their resume and getting a distinguished badge.

Some choose the path to make better Soldiers and to ensure the Army will always be strong.

CW4 Malachi Simmons, an academic facilitator and instructor at the Warrant Officer Career College, said the latter is why he decided to leave home behind to join a close-knit group of cadre on the installation.

"I wanted to help develop future warrant officers. I believe that the candidates are my replacements, so I have to ensure that my replacements will be good enough to replace me," he said. "I feel like I am giving back to the Army, the warrant officer corps and to all the individuals who have helped me in the past."

Simmons teaches a set of classes at Kliev Hall that focuses on operations of the Army, joint interagency operations and multinational operations.

"My daily duties include giving classroom instructions to warrant officer candidates and senior warrant officers," he said. "Most of my classes range from two hours to four hours.'

He instructs four to nine lessons for each class of students, where he instructs the class, administers tests, writes lesson plans and makes sure everything he teaches is up to date.

"It is so important to make sure what I am teaching is credible because you don't want to teach incorrect information. Army doctrine changes all the time, and so is the Army in general,



CW4 Malachi Simmons, an academic facilitator and instructor at the Warrant Officer Career College, leads a classroom discussion on military operations April 10 at Kliev Hall.

so, as an instructor, it is my duty to make sure that I stay abreast with those standards and regulations," he said.

The college uses the adult learning module, which allows instructors to have many tools to use at their discretion to teach the students. They use videos, hands-on activities, personal experiences, discussions, stories, along with traditional learning tools such as textbooks

and slide presentations,

said Simmons.

"After each lesson, I try to develop it. I ask questions and try to see how they can apply what they just learned to their professional career," he said. "I try to paint a picture in their minds by relating a personal story. That way, when it comes to taking a test, they can remember it more clearly, and sometimes more practically."

To become an instructor,

SEE DAY, PAGE A5

SUCCESS

Tax center files 1,600-plus returns

Bv Nathan Pfau Army Flier Staff Writer

Tax season has come to a close and the Fort Rucker Tax Center went above and beyond to serve Soldiers, retirees and Family members, but reminds people to prepare year round for taxes.

The tax center completed 1,034 federal returns and 631 state returns, and saved Soldiers \$341,800 in tax preparation fees, said Tod Clayton, volunteer income tax coordinator at the center.

In addition, the tax center brought in a total of \$2,345,208 back to the Soldiers, retirees and Family members of Fort Rucker from state and federal refunds.

"This season was a success, especially with the smaller staff that we had this year compared to previous years," said Clayton.

And although the deadline to file taxes has come and gone and the tax center has closed its doors, people can still file amended tax returns throughout the year if they feel that a mistake was made on their return.

"If Soldiers made a mistake on their returns, they should see us to do an amended return, and it's something we can do year round," said Clayton. "People just need to make an appointment by calling the legal assistance office, but I won't be available until mid May."

Soldiers can file amendments for up to the past three years, and will need to file a 1040X form and provide their past tax returns.

"I've had a few people come in and tell me that they forgot to do a few things and I've been able to help them with their amended returns," said the tax coordinator.

Now that the official tax season is over, Clayton said it's a good time to start preparing for next tax season.

"One of the biggest things is if people are getting a large refund back or owing a lot of money, then they might want to adjust their withholdings - now is the time to do it," he said. "Also, if there are big changes in your life, such as going from single to married, then you may be getting more money back, and these are things you need to adjust for.

"We're already April now, so people will be four months behind if they didn't get a jump on it from the start," he continued. "You want to make sure that you keep what you owe, if anything, under \$500. If you owe more than that, you're suppose to do estimated taxes, which requires people to pay out every quarter."

Clayton said that people need to look at what they're making in terms of income, look at any life changes, such as having children or getting married, and make the proper adjustments to their tax forms.

If the adjustments aren't made on their tax forms, individuals could either have too much taken out of their paychecks or not enough, which could result in a large refund or a lot of

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PERSPECTIVE • A2

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COMMUNITY • C1-6

ON POST ■ C2

SPORTS • D1-4

PERSPECTIVE

TRADOC teams with universities, colleges

By Amy L. Haviland

Army Training and Doctrine Command Public Affairs

FORT EUSTIS, Va. - TRA-DOC took a historic step toward eliminating sexual assault and sexual harassment not only in the Army, but in the local community when the command held its first partnership discussion with academia at the Fort Eustis Club April 3.

"The key today is a dynamic exchange of information with respect to a common problem – a horrific problem – of sexual assault and sexual misconduct," said Maj. Gen. Mark MacCarley, TRADOC deputy chief of staff.

MacCarley explained that the discussion was not only historic, but incredibly valuable based on the list of attendees who committed their time and effort to the endeavor.

Led by the Army Education Advisory Committee, the event included a list of more than 100 professionals - military and civilian - ranging from Army leaders, professors of military science, sexual assault response coordinators and victims advocates to community leaders, and educators representing vari-



Ellen Helmerson, U.S. Army Training and Doctrine Command G-1/4 deputy chief of staff, discusses an app that's part of the command's sexual harassment and assault response prevention efforts, during the Army Education Advisory Committee roundtable discussion session April 3 at Fort Eustis, Va.

ous colleges and universities throughout the region.

"What we were trying to do was get together colleges and universities with the Army because the demographics of the populations that the Army serves - especially in initial training and the populations that the universities serve are so similar," said Michael Wartell, Army Education Advisory Committee chair and event facilitator.

Wartell added that both communities not only have a population of 18-22-year olds, but also have a similar structure universities and colleges have an organization of professors, clerical staff and custodians, while the Army has a hierarchal chain of command.

Throughout the day, colleges and universities received briefings from Christine Altendorf, Army SHARP director, William Foote, University of New Mexico adjunct professor as well as an overview of TRADOC's sexual harassment and assault response and prevention program, provided by Maj. Gen. Ross Ridge, U.S. Army Center for Initial Military Training deputy commanding general, and Ellen Helmerson, TRADOC's G-1/4 deputy chief of staff.

"It went incredibly well for the first time, and it was also really effective in that the Army talked about programs, approaches, attitudes and values and the universities did exactly the same thing," Wartell said. "And I think the universities were encouraged by the Army's openness."

The openness continued in the roundtable discussions that followed, where colleges and universities not only shared experiences and best practices with the Army, but also exchanged information with one another. resulting in yet another positive outcome.

"When dealing with complex organizations, getting them together to talk about mutual problems – I think – can never be counterproductive," Wartell said. "It was instructive and enlightening for all involved."

This month in Army Aviation history

April 1990 issue of the U.S. Army Aviation Digest. This issue features:

Moral Disruption by Maneuver

Can the "moral" force described by Colonel Ardant du Picq and General Karl von Clausewitz be an operating system? Is the moral force a theoretical "black box" into which we can place measured input data and expect to gain a measured "psychological/moral" response?

Victory on the modern battlefield will

This month we're spotlighting the be won by air and land forces fighting Army Engineering Test Pilots together. In Alaska, frequent joint air attack team training facilitates this ob-

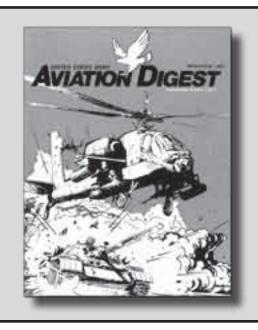
A Cockpit We Can Live With

This is the second in a series of articles on human factors considerations that will appear in the Aviation Digest in 1990. The inflatable body and head restraint system is yet another development in the man-machine interface cockpit design to further reduce Aviator injuries.

The personnel bulletin floats across your desk. You notice the announcement of the closing date for application to the Army Aviation Engineering Test Pilot Program. A nerve twitches - the one that says, "I want to be challenged, to do something grand, something glorious."

... and more.

Download this issue of the U.S. Army Aviation Digest at http://bit.ly/av8apr90/





Earth Day is April 22 and Fort Rucker is celebrating with an Earth Day Expo at the festival fields from 10 a.m. to 3 p.m. What are some ways that individuals can be friendly to the environment?



Second Lt. **Kevin Jeffries**, D Co., 1st Bn., 145th Avn. Regt

"Try to use natural light in your house instead of turning on every light if you can.'



Annie Ganzy, retired Air Force

"Make sure you recycle everything you have instead of throwing it away."



Tom Walker, retired Army

"Try to use less gas, so consider purchasing a car that gets more miles per gallon. Also reduce the amount of electricity and heated water you use at



Staff Sgt. David Hanks, F Co., 1st Bn., 212th Avn. Regt

"Try to recycle as much as you can and use the facilities that the installation or city offers for recycling.



Command Sgt. Maj. Jean Thomas Jr.,

NCOA Commandant "If you live out in the country,

don't burn your trash.Try to find where the nearest recycling plant is. Enterprise has one and we do on post, as well, that anyone can use. If you work on post and you are part of the recycling initiative, you can get DFMWR cash for turning in your recyclables."

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

Event helps keep environment, people safe

By Sara E. Martin *Army Flier Staff Writer*

Some people might not realize the dangers of keeping old medications in the house or the danger of improperly disposing of them.

But the Fort Rucker Army Substance Abuse Program wants to help educate the public about the importance of disposing of old medicine and disposing of it properly, so it will participate in the Drug Enforcement Administration's National Drug Take-Back Day April 26 from 10 a.m. to 2 p.m. inside the post exchange.

The program's mission is to help prevent drug addiction, as well as provide a responsible and safe way for citizens to dispose of old or unwanted prescription drugs, said Jesse Hunt, ASAP prevention coordinator.

"This program is really simple," said Hunt.
"The individual will take their medication to the drop point. We're trying to clean out the cabinets so that these unused prescription drugs don't become an attractive item to those who may illegally use them."

Last October, the DEA reportedly collected 324 tons of prescription medication in more than 5,683 locations across the U.S., with Fort Rucker, Daleville, Dothan and Enterprise collecting more than 640 pounds.

People can drop off their unused or unwanted medications in one of these other locations: Daleville Grocery Outlet parking lot, Enterprise police station's hallway entrance, Ozark Wal-Mart parking lot and the Dothan police station's walkway entrance.

"People need to know when to take their medications properly," said Hunt. "They need to know where they are on the pain scale and decide if they really need that medication or not. And they need to throw out the medication once it has expired."

After expiration, ingredients in the pills begin to break down and lose their potency,

said Hunt. So, people might take more to feel the same effect, or one pill might have a terrible side effect.

"You can't just throw these things in the trash either," he said. "You shouldn't dump it down the toilet or throw it in the trash because it's unsafe for the environment, and (those with) prying eyes might dig it out. It gets into soil and ground water, which is harmful in a number of ways to us and the local ecosystem."

The medications collected will be incinerated, and what cannot be incinerated will be properly disposed of in accordance with environmental law, he said.

Because police will be on hand at the drop points, some people may be hesitant when turning in their unused medications for fear of legal ramifications, but Hunt assures those wanting to participate that law enforcement is there only to make sure the medications are properly collected and disposed of.

"The pharmacy at Lyster has been very supportive and has provided an individual that will be out at the collection point on post, as well, to answer any questions that people might have about the medications," he said.

Military police will not be checking people's personal belongings or anything of that nature, he said, and it is even safe for people to turn in medication that has been obtained illegally, and he encourages people to do so.

"There is no paperwork that people need to fill out, they can just drop of their medications and be on their way," said Hunt. "It takes less than five seconds. So why not participate? You will keep your old medications safe from prying eyes, keep yourself from taking old medication that might be harmful, as well as keep our environment a safe place."

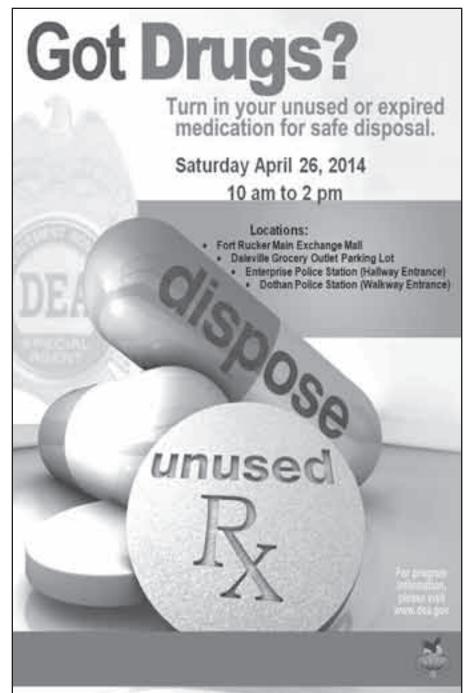




PHOTO BY NATHAN PFAU

Instructor of the quarter

Fort Rucker recognized its second quarter 2014 instructors of the quarter April 9 during a ceremony at the U.S. Army Aviation Museum. The instructors of the quarter were: Civilian Academic Instructor of the Quarter Daniel Rawlings, C Company, 1st Battalion, 223rd Aviation Regiment, 110th Aviation Brigade; Civilian Flight Instructor of the Quarter Donald Moore, C Company, 1st Battalion, 223rd Aviation Regiment, 110th Aviation Brigade; NCO Flight Instructor of the Quarter Staff Sgt. David Hanks, F Company, 1st Battalion, 223rd Aviation Brigade; NCO Academic Instructor of the Quarter Staff Sgt. David Shafer, D Company, 2nd Battalion, 13th Aviation Regiment, 110th Aviation Brigade; Officer Instructor Pilot of the Quarter CW3 Todd Wolfe, C Company, 1st Battalion, 212th Aviation Regiment, 110th Aviation Brigade; Warrant Officer Academic Instructor of the Quarter CW4 Michael Lavergne, Warrant Officer Career College.

News Briefs

Easter Sunrise Service

Fort Rucker hosts a post-wide Easter Sumrise Service Sunday at 6:30 a.m. at Wings Chapel, Bldg. 6036 on Andrews Avenue. Chaplain (Lt. Col.) Timothy K. Bedsole Sr., deputy garrison chaplain, will deliver the Easter message. The service will involve people of the Fort Rucker and neighboring communities.

For more information, call 255-2989 or 255-2012.

Earth Day Expo

Fort Rucker hosts its Earth Day Expo Tuesday from 10 a.m. to 3 p.m. at the festival fields. The expo will feature events and vendors presenting environment-friendly products and services, energy-efficient vehicles and more.

For more information, call 255-1657.

Retirement ceremony

Fort Rucker hosts its quarterly retirement ceremony April 25 at 2 p.m. at the U.S. Army Aviation Museum. All are invited to attend and honor Fort Rucker's latest retirees.

ANZAC service

The Australian Liaison Office will host its annual Australian-New Zealand Army Command Dawn Service April 25 at 5 a.m. in Veterans Park in front of the U.S. Army Aviation Museum. ANZAC Day is celebrated in Australia and New Zealand as a national day of remembrance to honor the members of the ANZAC who fought at Gallipoli in Turkey during World War I. People who would like to lay a wreath at the ceremony should call 255-9559 or 255-3766 by April 18.

Opportunity knocks

The following internal positions are available on Fort Rucker: Electronics Technician, GS-0856-11, Vacancy No. SCEG14989091842729, with Training and Doctrine Command, with a closing date of April 24; Administrative Officer, GS-0341-09, Vacancy No. SCEG149528431092802, with the Directorate of Plans, Training, Mobilization and Security, with a closing date of April 24; Administrative Support Assistant (OA), GS-0303-07, Vacancy No. SCEG149708821088253, with TRADOC, with a closing date of Friday.

late of Friday.

For more, check out www.usajobs.gov.

National Day of Prayer

The Fort Rucker chaplaincy will host a National Day of Prayer observance May 1 from noon to 12:30 p.m. at the Headquarters Chapel, Bldg. 109. This is an annual event, in which millions of Americans unite in prayer for the country and its leaders. Regardless of their religious positions, chapel officials said all Americans need solutions to the problems they face in the world, their nation and their communities. The sanctuaries in the Main Post Chapel, Bldg. 8940, and Wings Chapel, Bldg. 6036, will also be open from 8 a.m. to 5 p.m. for people who prefer to pray alone or in small groups.

no prefer to pray alone or in small group. For more information, call 255-2989.

WOCC change of command

The U.S. Army Warrant Officer Career College will host its change of command ceremony May 2 at 2 p.m. in the U.S. Army Aviation Museum. Col. Garry L. Thompson will assume command from Col. Stanley O. Smith.

Jail-a-Thon

As part of Fort Rucker's Army Emergency Relief fundraising campaign, the 6th Military Police Detachment hosts its annual AER Jail-a-Thon May 1 in the post exchange parking lot. People can issue warrants for people's arrests based on prices associated with ranks – prices range from \$10 for E-1 to E-4 and GS 1 to GS 4, all the way to the commanding general and deputy commander at \$50. Warrant collection will run now through April 30. The people who have warrants issued for them will be confined in a makeshift jail outside of the PX May 1.

For more information, including a complete warrant price breakdown, call 255-2120, or send an email to Christopher.d.gipson2. mil@mail.mil.

AER golf tourney

The Army Aviation Center Federal Credit Union will host the 24th annual Golf Tournament for Army Emergency Relief April 25 at Silver Wings Golf Course. Registration for the four-person scramble tournament begins at 10 a.m. and a shotgun start is at noon. It costs \$65 per person to enter, while SWGC members can enter for \$55. The price includes a hamburger lunch, cart and green fees, and a registration gift. Various prizes will also be awarded. All proceeds will benefit AER.

For more information, call 1-800 448-4096 or 598-4411, Exts.

1306, 1302 or 1702.

Prescription drug take back

People can dispose of their unused prescription medication at two locations in the local area April 26 as part of National Prescription Drug Take-Back Day. The locations include the Fort Rucker Main Exchange Mall and the Daleville Grocery Outlet parking lot.

For more information, visit www.dea.giv.

Fire extinguisher servicing

The Fort Rucker Fire Department is unable to provide people portable fire extinguisher service, but it is still able to conduct annual inspections and tag replacements. For six-year maintenance, recharges and hydrostatic testing, there are local businesses that can assist people. For more information, call 255-3316.

Exchange pricing parity

Whether stationed at Fort Rucker or abroad, service members can expect to find the same, or very similar, prices at Army and Air Force Exchange Service facilities worldwide. Known as pricing parity, this practice ensures exchange prices are established centrally.

"While there may be some slight price differentiations that occur with items purchased locally overseas, per Department of Defense policy, the exchange doesn't increase prices in order to cover shipping or other higher operational costs," said Lorenzo Salgado, Fort Rucker Exchange general manager. "No matter where they are called to serve, it is our goal to bring Soldiers and their Families the same products, at the same cost."

Despite the exchange's efforts to price consistently, a few exceptions can occur.

"There may be some price differences between locations in the continental United States and overseas for categories such as gasoline, alcohol and tobacco," said Salgado. "These prices are set based on Department of Energy benchmarks, or local surveys, established by DOD directives."

Additionally, prices for some convenience and frequently purchased items may be lower at different locations based on local promotions or surveys. To ensure prices on these same items overseas are consistent with those service members would expect to see at home, overseas prices are set at the average surveyed CONUS price.

For more information, visit http://www.shopmyexchange.com/ CustomerService/.

AER: Fundraising effort supports Soldiers

Continued from Page A1

one on the specified hole.

Whittaker said gifts will also be provided to all participants, and the cost of entry will cover their greens fee, cart fee and

"I attended last year's for E5-E6, GS5tournament and everyone GS6, WO1-CW2 had a great time," said the campaign coordinator. "It's a good way to spend some GS9, CW3-CW5 leisure time playing golf for a good cause.'

The Jail-A-Thon is one \$30 for O5-O7 of Fort Rucker's most anticipated events. For a fee, people are able to have their coworkers, bosses, spouses and even commanders arrested and put in "jail" in 30-minute increments, said

A makeshift jail will be set up in front of the post exchange and military police officers will carry out the arrests across the installation. A judge will also be present at the jail site to reside over the arrestees to read their charges and deal

will run up to the day of the arrests, and costs are pay grade of the arrestee. The prices are: \$10 for E1-E4 and GS1-GS4; \$15 and O1-O2; \$20 for E7-E9, GS7and O3-O4; \$25 for GS10-GS15;

and post command sergeant major; and \$50 for deputy commanding general and Spouse arrest is equal to service member's rank or Whittaker said there is

no limit to how long a person can be jailed or how many warrants can be issued for them.

"It's all up to the people who fill out the warrants how long they want to try and keep whoever they want willing to "make bail," said

collections RGEN

to arrest someone. the job to smiling too much, so people can be arrested for anything, added

"Last year we had one individual spend three hours

don't have to suffer the entire sentence if they are

Whittaker. set free as long as they are able to match the donation amount that they were sent

paign for Soldiers," said "This is something that goes to a great cause and Whittaker. "Some of the people have a lot of fun stories that Soldiers have call 255-2341

with it," he said. "It can be told about when they were startling at first if you've in dire circumstances are never been a part of it and really touching. These are you see the MPs show up real stories of real Soldiers

> When MPs show up "You never know when a situation may arise where you might need some asthose Soldiers, Family members and retirees, as well as National Guard and Reservists who are on Title-10 orders," he conwant them to know that

that they can avoid going possible signed to help people to predatory lenders that be near and dear to their might get them in deeper trouble rather than help. "This is not just about

"There are hundreds of collecting money, but about charities and causes for making Soldiers aware," people to donate to, but the he said. "We want to assist, AER campaign is a camnot to hurt, so they need to know we're here to help."

Phase 1 course. Before instructors are

Continued from Page A1

allowed to teach they instruct three courses,

two to their peers and one to the commandant

"What makes my job great is that I have a

great command here, from the commandant

to the other instructors and the training, ad-

vising and counseling officers. Command is

really approachable and they allow us to do

our job successfully," he said, adding that the

Simmons has held his position since Au-

"I was always in the motor pool as a

wrenches and covered in one type of fluid or

another, so this is really different for me. But

I love it," he said. "Everyone has to do their

"The main idea as warrant officer instruc-

tors is we have to make sure that our people

are sound and can do their job out in the

field," he continued. "Commanders need us

for our expertise; they need us for guidance

and advice. That is why my job is so impor-

tant, to pour the foundation for those future

part, and now this is my part.

gust and, so far, he said that it is what he ex-

pected, with a few surprises here and there.

available if instructors ever need them.

ready to step behind the podium, he said.

Gail Evelyn, tax preparer at the Tax Center, helps CW2 Ralph Hernandez, from Fort Hood, sistance, and AER helps Texas. and his wife, Brittany, with their tax return at the Fort Rucker Tax Center Friday.

Success: Center aids Soldiers

Continued from Page A1

Although Clayton said that a that might happen, and we large refund might not seem like a bad thing, it just means it's less money that people are getting per paycheck, so if its money that

> 'You just have to ask yourself, 'Do I want more money every month or do I want more money at the end of the year?" he said, adding that way to save money.

Soldiers and Families should look for is which state they are claiming residency in when doing their

"Depending on the state, a lot of states don't have income tax for miltinued. "If a situation does money owed at the end of the year. itary personel, so if they (have their) residency in a state that doesn't tax military pay, but currently reside in one that does, they might be able to avoid paying state income tax," he said, adding that it can be a slip-AER's goal is to be the they could use now, they need to pery slope and Soldiers should ask a Soldier's first choice, so make the adjustments as soon as tax professional first before making

> "It can get complicated, but a Soldier can't visit Destin and then claim to be a resident of Florida," said Clayton. "They need to be able putting more toward taxes is a good to establish residency in that state by providing a local address or be-Another thing that Clayton said ing registered to vote in that state." When in doubt, always ask, he

> > For more information, call 255-

Day: Instructor states command

cohesion as key to class success

Simmons said he never gets tired of seeing Soldiers must complete the Army basic the warrant officer candidates achieve suc-

instructor course and a faculty development cess. "When I see a candidate's (progression to graduation) and how they overcame something and persevered (it) is rewarding to see," to receive a critique and to ensure they are he said. "I love watching them develop and see the pride on their faces when they graduate."

> One student holds a unique place in his mind, and is a daily reminder why he signed up to be an Army instructor.

"(I once had a student) tell me that he was being recycled because he failed land navigation," Simmons began. "After talking to him WOCC command officers make themselves for a minute, I realized that his pace count was off. So, we went outside and I helped him get an accurate count.

"About a month later, I saw him in the post exchange and he hugged me and said thank you. He was now able to graduate because ground maintenance technician. I was turning of my help," he continued. "That really made my day. And what is great is I still see the student every now and then (because he is still stationed here)."

> Simmons remarked that although it can be stressful to ensure that all of his students are absorbing the information and that what he teaches is on the leading edge of technology and protocol, he said the benefits of watching the fresh warrant officers pin on their rank for the first time greatly outweighs anything

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Schedule

Holy Thursday Mass

April 17, 7 pm **Good Friday Service**

April 18, 7 pm Easter Vigil

April 19, 8 pm **Easter Mass** .April 20, 10 am

Mass in Spanish .April 20, 12 pm Mass at St. Mary, Geneva

April 20, 10 am

123 Heath Street • Enterprise AL 334-347-6751 Rev. Gregory Okorobia – Pastor

St. Luke **United Methodist Church** Holy Week Schedule

APRIL 17TH 7 PM Maundy Thursday Communion Service (Wesley Hall)

APRIL 18TH 7 PM **Good Friday Tenebrae Service** (Sanctuary)

APRIL 20TH 10 AM **Easter Service (Sanctuary)**

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Easter Services Sunrise Service 6:00 am Morning Worship 10:00 am Evening Worship/Lord's Supper 6:00 pm

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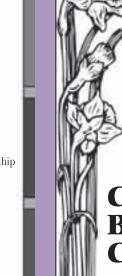
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April 18 6:30 pm **Enterprise High School**

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SER VICE

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Strategist:

Social media helping destabilize world

By David Vergun *Army News Service*

WASHINGTON – Twitter, Facebook and other types of social media are contributing to global instability, said Robert D. Kaplan, chief geopolitical analyst for Stratfor – a team of intelligence experts.

The use of social media, he explained, has been shown to unite and rally demonstrators at a moment's notice, enabling them to focus their energies on toppling regimes in just a matter of days. An example would be the use of it during the so-called Arab Spring, which began in December 2010.

Kaplan was keynote speaker at the 25th annual Strategy Conference in Carlisle, Pa., sponsored by the Army War College April 8-10, in partnership with the Joint Staff/J7. His remarks and those of others are not official U.S. Army doctrine. Rather, they are meant to inform the Army of possible challenges it faces in the coming years and decades, officials said.

Failed states

Failed, collapsed or weakened states pose a regional security problem and even a national security threat for the U.S. and its Army, Kaplan said, defining a weak or failed state as one where travel outside the capital can be dangerous — places like Syria, Iraq, South Sudan and Yemen.

Social media is not the only factor that will increasingly destabilize the world in the next 20 years, he said.

Ethnic and religious sectarian problems will continue to fester and create failed states in places like Africa and the Middle East, areas he compared to the post-Roman Empire Christendom in 4th, 5th and 6th-century Europe, where doctrinal battles and violence occurred between various sects.

Syria, Iraq and the Central African Republic are examples where that is occurring and Kaplan believes it will further spread as passions increase.

Another factor in the rise of failed states, he said, is the end of colonial rule and the strongmen who followed.

Like it or not, he said, the European powers sliced up the world in spheres of influence and domination, where protest and chaos was effectively quashed.

When that domination ended in the 1960s, strongmen – who were seen by their people as leaders against imperialism – emerged. Since these dictators now felt like they had moral authority, they governed how they pleased, he said, adding that it wasn't always in the best interest of their own people, but at least they maintained tight control.

But with the era of colonial rule and strongmen ending, people are getting restless and want change, he said; however, the change each tribe, ethnic or sectarian group seeks may be very different and this results in friction and clashes.

Weak institutions

One of the most im-



AIR FORCE PHOTO

Security forces from Provincial Reconstruction Team Ghazni secure a landing zone while Polish medics arrive to provide medical care in Ghazni province, Afghanistan.

portant factors creating global instability, he said, are weak institutions that Americans take for granted – things like the departments of motor vehicles, water and electric companies, police and firefighters. These are not top-level government agencies, but are services that make society function.

In vast swaths of Africa and Asia, these institutions are weak and in some cases nonexistent, he said. Weak institutions, in turn, give rise to feeble state identities. Feeble state identities, in turn, breed discontent and anarchy.

That discontent then often manifests itself in militant, radicalized groups like Hamas and Hezbollah, which can create regional security problems. The kinds of people that join these types of groups, he said, are more willing to die for a cause than they would be for the state.

Non-state actors, he said, are also empowered by new technologies that have the potential for doing a great deal of damage – for instance, offensive cyber capabilities and plastic explosives that can fit inside a pocket. A very small group of people with ideologies and these types of weapons can cause a great deal of instability.

There's not much the U.S. will be able to do in the coming years to address failed states, he said, because the money to do it might not be there. The U.S., however, can take selective actions it deems important using its special operations capabilities.

Meanwhile, he said, the Army and other services remaining strong can serve as a deterrent to those who would do America harm. In other words, even if the Army isn't engaged in direct combat, its strength will dissuade potential aggressors.

Dealing with China

As if failed states aren't bad enough, Kaplan said there's plenty to be concerned about with respect to non-failed states, like China and Russia.

For centuries, China was effectively separated from India by the Himalayas. Then, new technologies made the world a much smaller place.

Now, the Chinese are building warships and routinely sailing in the Indian Ocean, and they're building airfields in Tibet for fighter aircraft. India, too, is building warships and is using its satellites to spy on the Chinese.

This can cause a great deal of mutual suspicions and mistrust, Kaplan said.

The Chinese are mimicking what the U.S. did in the 19th and 20th centuries in the Western Hemisphere. The U.S. made the Caribbean its own lake and controlled the Panama Canal – the passage between the Atlantic and Pacific.

In China's case, officials look at the East and South China seas – and increasingly the Indian Ocean – as part of their strategic sphere of influence. In other words, it's their Caribbean.

For now, it isn't in their interest to attack the U.S. because their military is not as strong as the U.S., and they can take their time building it up and gaining experience in using new military technologies, he said. Also, Kaplan doesn't believe the Chinese are in meetings planning a world empire.

The problem for the U.S. with regard to China, he said, is that China will face internal instability over the coming decades because of an economic slowdown, and tumultuous ethnic and social transformation.

When that occurs, the best way for China's leaders to hold sway over their people will be to dial up nationalism, he said. That nationalism would take the form of provocations to its neighbors.

Dealing with Russia

With respect to Russia, Kaplan said it, too, is acting in the same way the U.S. has in the past, by dominating countries close to it like Ukraine, which he said the Russian people consider part of their heritage.

Throughout history, the Russians have felt the need for a buffer zone between their country and Europe, especially since it was periodically invaded by the French, Germans and others. America, he said, has been insulated from that threat by two oceans.

threat by two oceans.

Russia's need for buffers has not gone unnoticed by its eastern European neighbors, who are becoming increasingly uneasy, as Russia has proved willing to use force in Crimea and as it builds up its military forces elsewhere, he said.

Poles, Romanians and others are not reassured that they'll get military assistance if needed from western Europe, whose armies have been downsized much more than U.S. Army, he said. As well, Europe has become dependent on Russia for its energy needs, so this gives the Russians a great deal of leverage.

leverage.

Because of eastern Europe's mistrust of getting help from the rest of Europe, Kaplan said it's turned increasingly to the U.S. for help, participating in U.S.-led exercises, and contributing troops in Iraq and Afghanistan with the hope that in the future, the U.S. will remember their loyalties.

Partnerships

So, what can America do in the coming decades?
Besides maintaining a

strong military, Kaplan benefit in said, the U.S. can partner by worki

and Japan, for instance.

India views the U.S. presence in the Indian Ocean, for example, as a counter to China's buildup. And, in turn, he said, the U.S. values India's military, although there isn't a formal treaty, like NATO, in place.

with other powers, India

The other thing the U.S. can do, he said, is to organize its interagency structure in a more vertical manner, like the British did in the 19th century and earlier with its East India Company. Economic, political and military agencies worked handin-hand in foreign policy, although today that policy would be viewed as imperialistic.

The U.S. military can use the vertical model to its

benefit in national security by working more closely with the Department of State and agencies like the U.S. Agency for Interna-

tional Development.

An important area of national security where Kaplan sees the U.S. going in the right direction is the continued development of its home-grown energy requirements, which makes America less reliant on energy imports from places not always friendly to the

Besides his work for Stratfor, Kaplan is a national correspondent for the magazine "The Atlantic," author of "Asia's Cauldron: The South China Sea and End of a Stable Pacific," and in 2011 and 2012, he was chosen by "Foreign Policy" magazine as one of the world's "Top 100 Global Thinkers."



TRADOC relooking NCO education

By Gary Sheftick Army News Service

FALLS CHURCH, Va. - The Army is conducting a complete re-assessment of its NCO education system for the first time since 1976, said the general who just took the helm of Training and Doctrine Com-

Gen. David G. Perkins, who assumed command of TRADOC on March 14, spoke at the Army's Brain Health Consortium April 10 at the Defense Health Head-

The ultimate weapon of the U.S. Army in the future must be the brains of its Soldiers, Perkins said.

"We're banking on our cognitive capability," Perkins said, describing that as the Army's "ace in the hole" against potential enemies.

"We think kinetically, they can probably buy the same weapons we have," he said, at least in small numbers. He added there are also armies out there larger than the U.S. Army.

In the past, the U.S. Army has relied upon superior technology, he said, but that "technology gap" is closing fast.

Being able to adapt quickly will be the key in the future, he said. One reason is the uncertainty of today's operational environment.

The Army found out early in Iraq and Afghanistan that it could not adapt quickly enough, Perkins said. He was commander of the 2nd Brigade Combat Team of the 3rd Infantry Division during the "Thunder Run" of armored columns into Baghdad, in 2003. Later he returned to Iraq as commander of the 4th Infantry Division, conducting stabilization operations.

"What we're also finding with this very distributed nature of war is that we have to have a level of adaptation down to the individual Soldier," Perkins said. "You just can't have adaptive generals."

The good news is that young NCOs who have been in Iraq and Afghanistan understand that intuitively, he said. They want to know why the NCO education system hasn't changed to accommodate it.

So, the TRADOC command sergeant major is re-assessing NCO education system from "soup to nuts," Perkins said.

TRADOC has been spending tremendous resources on modeling and war games to try and determine what the future will look like in "2025 and beyond," Perkins said.

He tells audiences he knows exactly what the future will be - "unknown." Historically, when experts think they know exactly what the future will look like, it changes dramatically.

In the Cold War, the Army was ready for Soviet armored columns to roll across the central plains of Europe. That never happened, Perkins said.

When he was a lieutenant, though, everyone was certain what the enemy would look like, how they would fight and what equipment they would use.

He said commanders calculated tactics and responses "down to the minute."

"We saw war as a calculus problem," This is the first time the Army is writ-

ing doctrine to deal with the unknown, he Now, it's important for a commander

to first define the problem and then determine what key decisions need to be made, he said. Judgment is seen as the most important attribute of a leader.

Adaptability needs to be part of the Army's culture, Perkins said.

"We don't know how to build this cognitive capability to deal with this very illdefined world," Perkins said, explaining that in the past the Army has dealt with "a very linear world."

The question now, he said, is: "How do we make our Soldiers adapt quicker than



Gen. David G. Perkins, commander of the U.S. Army Training and Doctrine Command, tells attendees of the Brain Health Consortium April 10 at Defense Health Headquarters in Falls Church, Va., that the Army's best weapon in the future must be the cognitive ability of its Soldiers.

our enemy?"

He asked the medical experts, behavioral health practitioners and neurologists in the room:

"How much data should a Soldier be able to take in?"

Cognitive capacity needs to be assessed,

TRADOC is now involved in an assessment to determine physical demands for combat tasks. Soldiers at Fort Stewart, Ga., are involved in the study. Perkins said it is looking at measurable physical demands for infantrymen and artillery crews,

for instance. Such measurements might include the average weight of a rucksack, or the average distance an infantryman might need to walk.

A more difficult measurement, Perkins said, is determining the "mental load" a Soldier can bear.

"How long can they go without sleep? How many decisions can they make? How big is the 'mental rucksack' of a Soldier?"

Answering those questions was the challenge he gave to the Medical Command officials at the consortium.

Cyber Network Defender MOS now open to NCOs

By David Vergun

Army News Service

WASHINGTON - A new military occupational specialty, 25D Cyber Network Defender, is now open to staff sergeants, sergeants first class and master sergeants in the active component, per Military Personnel Message 14-085.

Soldiers in the MOS "will protect against unauthorized activity in the cyberspace domain, and perform assessments of threats and vulnerabilities within the network environment," according to the MILPER.

Soldiers from any MOS with a background in information assurance and information technology are encouraged to apply, said Jim Bragg, chief, Retention and Reclassification Branch, Enlisted Personnel Management Directorate at Human Resources Command, Fort Knox, Ky.

The rules for getting into 25D "have been relaxed," Bragg said, explaining that normally, only Soldiers in "over-strength" MOSs are allowed into MOSs with shortages like this one.

As the Army downsizes, Soldiers in all MOSs, especially those that are overstrength, should consider applying for 25D, if this type of assignment is to their liking, he said, adding that getting into this MOS might also be beneficial for promotion opportunities.

"They're building this MOS from the ground up," Bragg said, meaning no one has actually been designated a cyber network defender yet. Once Soldiers get approval to become a 25D, and then get the requisite training, they will have the MOS 25D, beginning Oct. 1.

No decision has been made as to how large the MOS will be, so he said sooner would be a good time to apply rather than later. The training has already been validated and formal training will begin this summer.

The need to defend the networks is now critical due to the "increased pace of technology and the increase of the threat we see in the cyber world," said Col. Robert E. Duke, chief of Operations Support Division, Officer Personnel Management Directorate, HRC, where the new Cyber Branch is being established.

Soldiers who are in the information technology field were doing related cyber work in the past as part of their secondary duties, said Duke. "This will be a growth field."

Therefore, the impor-

tance of these duties demanded a need to establish a branch to manage cyber MOSs, he said.

"The Cyber Branch will ensure all Soldiers - officer, warrant officer and enlisted performing cyber duties – receive the same quality professional devel-

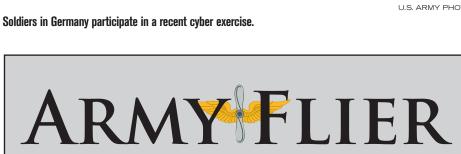
opment they have come to expect from HRC. We will be the cyber Soldier's contact for assignment, training and promotions."

Further details on 25D reclassification can be found in the MILPER, along with links for putting together a package for submission.

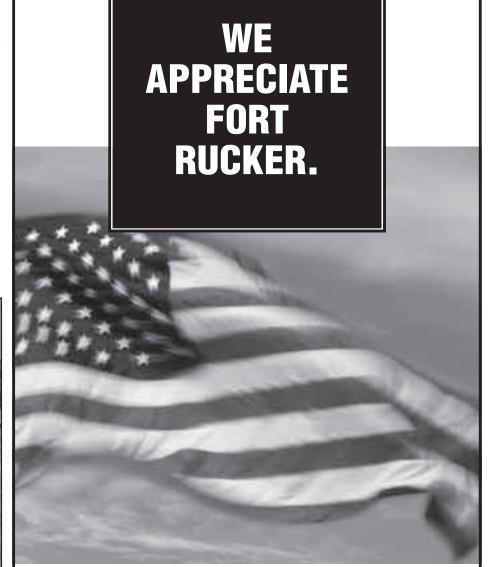
The package goes to the chief of the Signal Corps for approval, and will also include a follow-on exam and screening test.

Soldiers are encouraged to contact their career counselor to determine reclassification eligibility, Bragg said.





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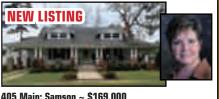
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7 ft ceilings & features built-in shelves in the middle BR, washer/dryer in the kitchen, entry door to living room & back door off the

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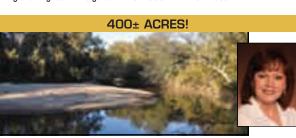




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APRIL 17, 2014



UH-60 Black Hawk helicopters from 5th Battalion, 101st Combat Aviation Brigade Wings of Destiny, 101st Airborne Division (Air Assault), carry Soldiers from 3rd Battalion, 187th Infantry Regiment, 3rd Brigade Combat Team Rakkasans, into Landing Zone Red Crow on Fort Campbell, Ky., during Operation Golden Eagle April 8. The four-day exercise was the first brigade-size air assault operation conducted by the 101st Airborne Division in more than a decade, and featured Soldiers from 3rd Brigade Combat Team and 101st Combat Aviation Brigade moving more than 1,100 Soldiers and sling-loading more than 20 pieces of equipment.



A CH-47 Chinook from 2nd General Support Aviation Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, 4th Infantry Division, spot drops water from its Bambi bucket to prepare for wildfire training during the 2014 Buckley Firefighting Conference at Chadwick Lake in Denver March 25

BRAVING THE FLAME

4th CAB attends Buckley Firefighting Conference

By Sgt. Jonathan Thibault 4th Combat Aviation Brigade Public Affairs

DENVER — Cascading water flowed over pinpointed targets from bright orange buckets that dangled from helicopters as a multitude of military and emergency agencies participated in the 2014 Buckley Firefighting Training Conference in Denver March 25.

Aviation Soldiers from 2nd General Support Aviation Battalion, 4th Aviation Regiment, 4th Combat Aviation Brigade, 4th Infantry Division, attended the conference for the first time in preparation for the upcoming wildfire season.

"When there are emergencies, I usually take on the role of task force commander or task force executive officer of the Colorado Army National Guard," said Maj. Kenneth J. Walsh Jr., commander, COARNG Army Aviation Support Facility. "(4th CAB) is a large force multiplier for us, and we are happy to have their proven firefighting capabilities on board with us."

Walsh said that the most important part of the conference was synchronization of all the agencies involved and building relationships beyond

"Synchronizing different agencies to talk and effectively communicate with each other is difficult, which is why it is the most important aspect to work on," said Walsh. "Learning each other's language and combining it into one is the key to our collective success. We add to that success by building personal relationships beyond what agency a person comes from. We don't know the CAB anymore by 2nd GSAB, 4th Aviation Regiment. We know them as Maj. Eric Carlson and so forth. These two major factors make us all successful."

The training increased the Colorado Springs

Fire Department's familiarity with 4th CAB's

SEE 4TH CAB, PAGE B4

NEW HORIZONS

IMCOM welcomes new commander

By Amanda Kraus Rodriguez Installation Management Command Public Affairs

SAN ANTONIO — Lt. Gen. David Halverson took command of the U.S. Army Installation Management Command from Lt. Gen. Michael Ferriter during a ceremony on MacArthur Parade Field at Joint Base San Antonio-Fort Sam Houston, Texas, April 8.

Halverson, who also becomes the Army's assistant chief of staff for installation management, came to IMCOM from the Army Training and Doctrine Command, where he served as deputy commanding general for almost two years.

"When we go to war, it is IMCOM that stays home and takes care of our Families," said Army Vice Chief of Staff Gen. John Campbell, who presided over the ceremony. "So, we put our best and brightest to that task. I have full faith in this new team."

Campbell congratulated Halverson on his accomplishments and for his ability to carry on, facing the challenges of today's Army.

The ceremony was attended by Joint Base San Antonio senior leaders, civic partners from the City of San Antonio, and IMCOM region and garrison command teams, headquarters staff, employees and Families.

In his first address as the AC-SIM and IMCOM commanding general, Halverson expressed gratitude for his Family and the opportunity to lead IMCOM. Halverson pledged to continue unwavering in the service of Soldiers and Families.

"Karen and I are so pleased and proud to be here today," Halverson said. "We're excited to continue to serve. To Mike and Margie (Lt. Gen. and Mrs. Ferriter), I would like to especially thank you both for your hard work. IMCOM and AC-SIM set the conditions of Army



Lt. Gen. David D. Halverson accepts the colors from Army Gen. John F. Campbell, vice chief of staff of the Army, and assumes duties as commanding general of the U.S. Army Installation Management Command and assistant chief of staff for installation management, during change-of-command ceremony at Joint Base San Antonio-Fort Sam Houston, Texas, April 8.

Halverson concluded his remarks by saying that both he and his wife, Karen, would put every effort into ensuring the continued success of the command and looked forward most to getting to know the team.

A West Point graduate, Halverson served tours of duty in both Iraq and Afghanistan. Prior to joining TRADOC, he served as the commanding general of

the Army Fires Center of Excellence and Fort Sill, Okla.

Campbell said that as a long-time friend and battle buddy of both incoming and outgoing general officers, he was especially glad to preside. He commended Ferriter for his tireless efforts in support of the Army Family.

SEE IMCOM, PAGE B4

Military K-9s experience medevac training

By Capt. Kevin Sandell

11th Public Affairs Detachment

CAMP BONDSTEEL, Kosovo - Spc. Katie Lane strapped herself onto the hoist next to a simulated casualty that would be lifted skyward more than 50 feet in the air to a hovering helicopter. Fitted with a special pair of goggles and a muzzle, the fourlegged "casualty" shook its tail in nervous excitement.

It would be Lane's first time accompanying her military working dog, Beny, on a hoist mission – the same type mission that could be needed to evacuate Beny from the battlefield, if he were ever injured.

Soldiers with Multinational Battle Group-East completed week-long medevac training April 2 at Camp Bondsteel. The Soldiers, comprised of elements of Task Force Medical and MNBG-E's Southern Command Post, conducted the training to familiarize

the dog handlers and their working dogs from the camp's military police platoon with the intricate process for hoisting a dog to

"It was kind of an interesting thing to do together – to see how [Beny] would do with all of this training and being around all this noise," said Lane, a 26-year-old native of Franklin, Va. "He's kind of skittish, but he did very well. He just kind of hung there and was along for the ride."

The training event started with cold-load training, or bringing the dogs to a grounded helicopter without its rotor blades spinning. There, the teams became familiar with the aircraft and its interior.

Then, under hot-load training, the dog teams repeated the process, but with the rotor blades spinning, allowing the dogs to experience the rotors in action. Finally, with the helicopter still grounded, the dogs and their handlers practiced using the hoist system while being raised about three feet.

The culminating event was the airborne hoist training with medevac Aviators from the 2nd Battalion, 135th Aviation Regiment. On Camp Bondsteel, Lane and Staff Sgt. Josh Rose, along with their dogs, Beny and Bumper, respectively, were each secured onto a rescue hoist below a hovering UH-60 Black Hawk helicopter. Rising more than 50 feet into the air, each dog team experienced an actual rescue hoist operation.

The training proved especially invaluable for Lane, who said that a crisis situation re-



Spc. Katie Lane, a military dog handler with the 100th Military Working Dog Detachment headquartered at Miesau, Germany, carries her dog, Beny, off a UH-60 Black Hawk after training with the medevac crew at Camp Bondsteel, Kosovo, March 27.

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IMCOM: Leaders emphasize caring for Soldiers, Family

Continued from Page B1

"I've known Mike Ferriter for 30 years. Mike Ferriter's accomplishments reflect his will and his work. Under his leadership, IM-COM has excelled," said Campbell.

The Army vice chief of staff cited Ferriter's many accomplishments in support of Army communities, such as Gold Star recognition and survivor support, instituting a culture of fitness, defining IMCOM's roles in readiness and resilience, and, above all, team building.

"Mike is a team player, who builds cohesion and, as he so often remarks, always plays with his cards out," Campbell explained.

Ferriter served as both the ACSIM and IMCOM commander since November 2011. Under his leadership, IMCOM successfully navigated through many challenges, such as sequestration and government shutdown. He worked to raise awareness of critical issues affecting Soldiers, Families and civilians. Under his command, IMCOM improved child development center processes, broadened access to services for Gold Star Families - survivors of the fallen – and helped define Army readiness and resilience through more than 150 programs and services.

"IMCOM has global reach," said Ferriter. "Two thirds of the world is covered by water and the other third is covered by IMCOM."

Drawing attention to the impact that the command has on Army mission success. Ferriter recalled his proudest work – honoring

"Somewhere in the Army today is a 2-yearold whose father or mother was killed in combat," he said. "[Caring for him] – that's what it's all about.'

Ferriter intends to retire this year. The ceremony is scheduled to take place at Fort Benning, Ga., with his wife, Margie, and a host of Family and friends attending.

Ferriter had special words of thanks for the Gold Star Families in attendance and for their courage to tell their stories for a series of public service announcements. He recognized his Family, including his father, now deceased. who entered the Army as a private, fought during WWII and raised a "great Army Family;" his brother, John Ferriter, for his inspiration; and his wife.

"Margie, I couldn't have done this without you," Ferriter said. Lastly, to the men and women of IMCOM, he gave one last order, "Do your best and never, never, never quit."

Training: Teams average 200-plus bours of monthly utilization

Continued from Page B1

quires calmness and straight-thinking by the dog handlers and their

"I know in crazy situations, you're not really thinking straight, so if I hadn't had any of this training, I would be kind of lost. I wouldn't know what to do, I'd just be kind of standing there confused," said Lane, a military dog handler with the 100th Military Working Dog Detachment at Miesau, Germany. "I'm brand new to the program, so it's given me a lot of information on what to do in a situation where something does happen to the dog and we have to medevac him out."

Military working dogs have an important job at Camp Bondsteel, serving in a force protection role for

the camp's residents, workplaces and equipment yards. They complete daily perimeter and critical infrastructure checks, search incoming service trucks and conduct vigilance patrols. The dogs and their handlers are in a demanding position.

"On average, (the teams are) getting well over 200 hours of utilization a month," said Rose, a military dog handler with the 131st Military Working Dog Detachment, and native of Chesapeake, Va.

The dogs' intense workload means their possibility of getting injured on the job remains high.

An injured animal has unpredictable behavior, even towards those who may be saving its life, said Capt. Nathan Carlton, the camp's only military veterinarian and offi-

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"Given that the military working dogs in Kosovo have a dangerous mission, I thought there was a chance one of them could be injured in the line of duty," the native of Tucson, Ariz., added. "If that happens, there will be a lot of people handling the animal during evacuation."

Carlton explained that by transporting an injured animal in assets designed for people by medevac personnel trained to save human lives, there were several concerns that needed to be addressed before the training.

Wounded dogs are more prone to bite than normal due to fear and pain, Carlton explained. He said that German Shepherds can pro-

cer-in-charge of the medevac train- duce 700 pounds per square inch in more than 30 first aid tasks specific bite force. Additionally, helicopters are often a new and frightening encounter for dogs.

"Aeromedical evacuation is an extremely intense sensory experience for [military working dogs]. There is a lot of loud noise, new smells, wind blowing debris, and a big, black helicopter the dog must enter," Carlton said. "All that can overwhelm a dog - making it react unpredictably. We introduced the dogs to gradually increasing levels of sensory perception to make sure they are acclimated to the procedure.'

Carlton also taught a canine combat life saver class, an advancedlevel first aid class on dog anatomy and lifesaving procedures. Military dog handlers must be certified on to canines. Using mannequin dogs, the handlers were taught intubation, IVs, bandaging and even CPR.

"We do quarterly training with the vet and there are 34 tasks that we're required to know about and to perform on a [military working dog]," said Rose. "A lot of it's the same as helping an injured human; anything from treating shock to gunshot wounds.'

In an emergency, the handler, often the individual with the most animal handling training, can provide much-needed restraint and canine first-aid knowledge to the medical crew. Rose said that on his first deployment to Iraq, his military working dog was evacuated from theater due to a sudden illness and he and the dog were back in Germany for

4th CAB: Training prepares Soldiers for upcoming fire season

Continued from Page B1

equipment, prior to an event that may require their assistance, said Kevin Simpson, CSFD firefighter.

"The 4th CAB is the closest Aviation resource to us and can provide a fast Aviation response to an incident in the Colorado Springs area," said Simpson. "Potentially, the CAB can help CSFD in many ways by providing bucket drops on wildfires, hoist rescue missions during major flooding, or as an aerial observation platform during an all-hazard event. As witnessed during the Black Forest Fire and the Boulder flood events, 4th CAB played an integral part in the wildfire suppression and rescue

The training during the conference was useful to the CAB because it better prepares it for the upcoming fire season.

"During the Black Forest fires and Boulder floods, we had partial training with the other emergency agencies," said CW4 Adam Wagner, battalion Black Hawk standardization officer, Headquarters and Headquarters Company, 2nd GSAB. "We had to learn quickly and form procedures according to the emergency on the spot. This type of training especially helps us because Colorado received less than average rainfall this

year, which heightens likelihood of fires during the wildfire season. We want to be as prepared as much as possible and build relationships with all the emergency entities to better support them and incorporate ourselves to better serve the Front Range."

Wagner said that communication is a major component for 4th CAB to be a strong asset to the Colorado communities and gives valuable resources to the Front Range.

"Communication is the key to everything we do," said Wagner. "If we can't communicate, we can't operate. It's one of the most difficult things we have to do, but that is what the conference was built to relieve. The CAB offers a variety of resources to include medical aircraft, heavy lift stuff and multiple types of equipment and people."

The conference leads to a better response time and gives information on the type of manpower that available, said John K. Hamilton, regional Aviation safety manager, United States Department of Agriculture Forest Service.

"Knowing the strengths of the CAB and other entities gives us more flexibility in terms of our initial response capabilities," said Hamilton. "This conference allows us to put our regulations together and come up with a common procedure to let us respond with the accurate amount of manpower."



Story on Page C4

APRIL 17, 2014



Robert Yearicks, 9, Army Family member, gives a high five to Darth Vader, 501st Legion, Alabama Garrison, at the Children's

Children's Fest

Super heroes, storm troopers, Family fun highlight event

By Sara E. Martin Army Flier Staff Writer

Super heroes in all shapes and sizes, and a few storm troopers, could be seen Saturday at the Fort Rucker Festival Fields as children and parents experienced a free day full of fun.

The Children's Festival, which included fun activities aimed at children from preschool age to young teenagers, is produced each year by Directorate of Family, Morale, Welfare and Recreation, which aims to provide Families with opportunities to spend quality time together.

"Children's Festival was the first time in two years that him interested," said Brandy

the festival was able to be held outdoors due to weather, we couldn't have asked for a better turnout," said Brain Jackson, DFMWR program manager.

The theme this year was super heroes, and Jackson said it was exciting to see so many children, adults and staff dress up as their favorite super hero, including Soldiers.

And many Families appreciated the fact that DFMWR held an event of this nature.

"I love the events that the installation holds for its Families. All of the events that are focused towards the children are always fun and organized. attendance! With this being always several things that keep

Hill, Army spouse.

The Hill Family attended last year's festival, but enjoyed this year more because of the beautiful weather and the large amounts of booths that catered towards children of many ages.

"To me, it seems that Fort Rucker is always trying to find ways to make the Families feel special and that we are important, too," she said. "It is important that Families are included in community life, and I know we all appreciate that Fort Rucker does what it can to make sure we are happy and healthy as well."

By having community events such as the festival, Hill believes a huge hit this year as there And my son, Abraham, always that it helps the morale at home,



son, Cooper, play a game of ring toss.

at work because he knows we are happy at home, and if home life is good, then the Army life is good," she said.

The day was full of activity with the Easter Bunny and two Easter egg hunts, several arts and craft booths, numerous attending Marvel and DC Comic book characters, a petting zoo, a stilt walker, food vendors, an obstacle course, live entertainment, a magic show and inflatables.

The most talked about attraction is arguably the six members of a "Star Wars" assembly from the 501st Legion from the Alabama Garrison that were available for free photos.

"I know my husband is happy It's great to do something as a was so much fun!"

Family," said Elizabeth Pierce, Army spouse. "Families need just as much support as the Soldiers. Events like this allow us to take advantage of my husband's days off, and right now he is taking pictures with Darth Vader, so I know he is having fun, too."

Although smiling faces could be seen throughout the afternoon, none of the children were as excited as when the egg hunts began.

There were more than 1,500 children that participated, said Jackson.

"My favorite part of the event was seeing the passion and excitement of the kids during "It is nice for (my daughter) the egg hunts," he said. "We were over 4,000 patrons in has a great time. There are which in turn helps Soldiers at to experience all the excitement are already excited about next and activities that are going on. year's event because (this one)

ane hiehr

Event places focus on Families, bonding

By Nathan Pfau Army Flier Staff Writer

It's no secret that the Army looks out for its Family members, and Fort Rucker takes that to heart when putting on events to keep its Soldiers and Families happy.

The installation's Army Community Service Family Advocacy Program hosted a Family Game Night at the Corvias Military Living Ballroom Friday in recognition of Child Abuse Prevention Month, said Crystal Roedler, new parent support program man-

"The whole idea surrounding game night is to get Families together to play games so that they can focus on Family time, having fun and being together," she said. "We feed them at our expense and we give them the opportunity to play together with other Families, and then we send them home with a game of their own."

The games played ranged from board games to bowling, Wii to table tennis, and for some, the best part of the night was being

able to spend quality time with their Family.

"I had so much fun tonight," said Chicotah Baker, Army spouse and mother of three. "This was a totally worthwhile trip to come out, spend time with other Families and let my own Family have fun – we really enjoyed ourselves."

"It's great for the kids because sometimes there's not that much for the kids to do around here, so when they have an event like this it's well worth it," added her husband, Sgt. Ramon Baker, Headquarters Headquarters Company, 1st Battalion, 223rd Aviation



Thia, Emma and Mari Ramirez, and Tyson Armstrong, Army Family members, play a game of Life during the Family Advocacy Program's Family Game Night at the Corvias Military Living Ballroom Friday.

Regiment.

One of the highlights of the night for the Bakers was a "cutthroat" game of Sorry!, which Roman said got pretty competitive.

"We all love that game and we love how competitive it gets," he said, adding that his wife came out on top, something she was very proud of.

Chicotah said that it's nights like Family Game Night that show her and her Family that the Army and Fort Rucker are looking

out for their wellbeing and quality of life.

"This makes me feel like they care about my Family and how we live here on the installation," she said. "What I enjoyed the most was the fact that all of my children, from the 8-year-old to the 15-year-old, were able to play together and we were able to come together as a Family."

That quality of life is something that Roedler said Fort Rucker and the Army strives to provide for its members.

"Improving the quality of life of Soldiers and Families on the installation is huge," she said. "Along with being a small post, Fort Rucker also has a transient population, so a lot of times people are only here for a very short period of time.

"We want their experience here to be a positive one and let them know that although it's a small community, there's a lot going on and there are fun things for Families here to do," she added.

For the Bakers, who have lived at Fort Rucker for four years and been a part of the Exceptional Family Member Program for more than 13 years, Ramon said that Fort Rucker is tops when it comes to Family advocacy.

"Out of all the duty stations that we've ever been to, this is the only duty station that has had a Family Game Night like this," said Ramon. "That's something that's great about Fort Rucker - they're looking out for the Families."

After a night filled with laughter and fun, Families weren't sent home empty handed as they were able to take home a board game of their choice to continue the amusement.

Roedler said Family Game Night was also a good way to tell Families about the events that they can attend in support of Child Abuse Prevention Month, like the Stroller Parade and Decorating Contest.

The parade and contest will be held April 28 at The Commons at 9:30 a.m., and is free and open to the public, but participants must

register by April 24. For more information, call 255-9647, 255-3359 or 255-3898.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES, DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Build-a-Burger contest

The Landing Zone staff members want people to tell them how they would build their dream burger. The winning burger will be on the menu throughout May, and its creator will receive a \$100 gift card. People have until Friday to submit their Ultimate Burger Recipe to The Landing Zone via its Facebook page. People can enter their Ultimate Burger submissions at https://www. facebook.com/thelandingzone. Some recipes may be altered.

For more information, call 598-8025.

Blue Day Campaign

April is Child Abuse Prevention Month and Fort Rucker continues its support of the Blue Day Campaign Friday as a community-wide effort to recognize the collective responsibility to prevent and confront all forms of child abuse and neglect by wearing something blue every Friday throughout the month. The Blue Day Campaign allows the community an opportunity to band together and wear blue as a visible commitment to support child abuse prevention.

For more information, call 255-9641.

Easter Brunch

The Landing will host its annual Easter Brunch Sunday from 10 a.m. to 2 p.m. Cost is \$16.95 for adults, \$8.95 for ages 6-12, \$4.95 for ages 3-5, and ages 2 and younger eat for free. A Military Family Special will also be available for a cost of \$45, and covers a meal for two adults and two children. Reservations are not required, but are highly recommended.

For more information or to make a reservation, call 598-

Administrative Professional Day specials

The Fort Rucker Directorate of Family, Morale, Welfare and Recreation offers specials Wednesday for Administrative Professional Day.

- Rucker Lanes is giving a complimentary lunch and bowl to one admin when the boss pays full price for their own lunch and bowl. For more information, call 255-9725.
- · Coffee Zone will give bosses a free 12-ounce coffee when they buy their admin a beverage. For more information, call 598-8025.
- Silver Wings Golf Course will offer a special deal to all bosses: buy one lunch at full price and get their admin's lunch half off. For more information, call 598-2449.
- · The Landing Zone will offer bosses that take their admin to the Landing Zone for lunch a chance to buy two entrees at regular price and get a free dessert for the table. For more information, call 598-8025.

International spouses get together

Army Community Service will host its Interna-



PHOTO BY NATHAN PFAU

AER golf tourney

Golfers head out for the start of last year's Golf Tournament for Army Emergency Relief. This year, the Army Aviation Center Federal Credit Union will host the 24th annual Golf Tournament for Army Emergency Relief April 25 at Silver Wings Golf Course. Registration for the four-person scramble tournament begins at 10 a.m. and a shotgun start is at noon. It costs \$65 per person to enter, while SWGC members can enter for \$55. The price includes a hamburger lunch, cart and green fees, and a registration gift. Various prizes will also be awarded. All proceeds will benefit AER. For more information, call 1 (800) 448-4096 or 598-4411, Exts. 1306, 1302 or 1702.

tional Spouses Get Together April 25 at 9 a.m. in the Allen Heights Community Center to help those who may need help understanding the American culture and military life. Spouses can meet other spouses from other countries, and gain support and knowledge with finding the resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are

available. For more information, call 255-3735 to find out the new date.

Youth lock-in

The Fort Rucker Youth Center will host its portion of the annual Operation Megaphone Worldwide Lock-In April 25-26, where teens who attend teens will join military teens across the globe to collaborate. As part of the celebration of Month of the Military Child, the Fort Rucker Youth Center will host an overnight lock-in designed to connect all military youth programs worldwide for one 24-hour period. There will be food, games, crafts, sports, as well as media sharing from installations around the world. There will be various games that youth will be competing with other installations to earn points. Cost is free for child, youth and schools services registered members, but includes a \$10 cash fee for participating guests.

For more information, call 255-2260.

Stroller parade,

decorating contest April is Child Abuse Prevention Month, and as part of its way of bringing awareness to the community, Army Community Service will host a Stroller parade and decorating contest April 28. All parents wanting to attend will meet at The Commons, Bldg. 8950, at 9:30 a.m., and walk up and down Seventh Avenue until 10:30 a.m. The event is free and open to the pub-

For more information, call 255-9647, 255-3359 or 255-3898.

EFMP Autism Workshop

Army Community Service's Exceptional Family Member and Family Advocacy Programs will host an Autism Workshop April 29 from 11 a.m. to 1 p.m. at The Commons. The topic of the workshop will be three behavioral strategies every parent and child care provider should know. The event will provide behavioral management techniques, e.g., pivoting, redirection-reinforcement and planned ignoring; and role plays to help meet the challenges of parenting and providing care to children. The presenter will be Nicole Cleary Slay, a boardcertified behavioral analyst. People are welcome to bring their lunch to the free workshop that is open to the public. People should register by April 24. Continuing education units will be available for social workers and licensed counselors.

For child care information and to register, call 255-9277.

Youth health fair

The Fort Rucker Child, Youth and Schools Services Sports and Fitness Department will hold its annual Health and Nutrition Fair for their CYSS members April 30 from 2-4:30 p.m. at the school age center. The event will feature eye screenings, hearing screenings, blood pressure checks, and height and weight measurements. There will also be a registered dietitian, nutritionist, physical therapist, as well as members from the Partnership Edge, Family Advocacy Program, dental clinic, preventive medicine, 4-H Club, and the military and Family life consultant program.

For more information, call 255-2254 or 255-2257.

.....9:30 p.m.

DFMWR



RUCKER MOVIE SCHEDULE FOR APRIL 17 - 20

Thursday, April 17

Captain America: Winter Soldier (PG-13)

Friday, April 18

Stalingrad (R)

Saturday, April 19

Pompeii (PG-13)

Sunday, April 20

Mr. Peabody & Sherman (PG)

......7 p.m.7 p.m. TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.

Month seeks to increase autism awareness

By Marion Cornish

Fort Rucker Exceptional Family Member Program

The United States recognizes April as a special opportunity for everyone to educate the public about autism and issues within the community.

National Autism Awareness Month helps people recognize the growing need for concern and awareness for autism.

What is autism?

Autism is a brain disorder that often makes it hard to communicate with and relate to others. With autism, the different areas of the brain fail to work together. The person with autism has problems with both communication and relating to others. Early diagnosis and treatment have helped more and more people reach their full potential.

Autism statistics

The Centers for Disease Control estimates that one in every 88 U.S. children and one in 54 boys has autism. At the new 2008 prevalence rate of one in 88 American children, autism costs the nation about \$137 billion a year. It has been estimated that 45 percent of Americans with autism have an intellectual disability. The lifetime cost for each person who has an intellectual disability related to autism is \$2.3 million, Knapp and Mandell estimated.

Symptoms of autism

Symptoms of autism can be minimal or severe, and they can vary dramatically from one child to another. Autistic children may struggle to maintain or completely avoid eye contact, prefer to play alone, avoid cuddling or touching, have poor speech or communication abilities or not develop speech at all. They may rub surfaces repeatedly, have a heightened or lowered response to pain or display intense tantrums.

Other symptoms of autism may appear to indicate other disorders like Attention Deficit Hyperactivity Disorder, Tourettes, Obsessive Compulsive Disorder or Oppositional Defiant Disorder, which can make an accurate diagnosis difficult. Studies show autism affects boys more often than

Autism in military Families

According to Autism Votes, many military Families are impacted by autism. Based on current prevalence rates, as many as 12,000 children in the military Families (active duty, Reserve and Guard) may have autism. These Families are substantially affected by the financial and emotional costs of raising a child with

Military life is particularly difficult for children with autism and their Families. Given the frequent duty station changes and social turmoil of military service, military children with an autism spectrum disorder often face additional challenges with which their civilian counterparts do

Celebrate! April is National Autism Awareness Month A Better World for Autism *AUTISM SOCIE

PHOTO BY LISA FERDINANDO

not have to contend.

A specific feature of autism is extreme difficulty with life, routine or environmental changes of any kind. These children need a set routine, stability, and continuity of services and relationships. Military life, by its nature, provides few of these needs. This situation is likely to weaken the morale of the parent serving the military, as ell as the caretaker at hon

Seeing signs?

Facing an autism diagnosis can be scary, but doctors and support services are here to help with the process. The primary care manager is the first step. Then the Family should enroll in the EFMP. If you think your child may have autism or is showing signs of developmental delays, talk to your primary health care provider, or contact Lyster Army Health Clinic Patient Appointment Service at 255-7000 and request an appointment.

Resources

Family pediatrician and Early Intervention Services can assist with diagnosis. Support resources include: EFMP, 255-

7431 for enrollment and 255-9277 for support services; www.autismspeaks.org; TRICARE extended care health options, www.humana-military.com or 1 (800) 444-5445; Military Home Front, http:// www.militaryhomefront.dod.mil/; Southeast Alabama Medical Center Families with Autism Support and Encouragement Group, 793-8714 or fcheisner@samc. org; Alabama Autism and Asperger Information and Network Support Network, http://www.alabamaautism.org/; Autism Society, www.autism-society.org; and Operation Autism Online, www.operationautismonline.org.

Supporting Autism Awareness Month

Attend the special education workshop

April 24 from 11 a.m. to 1 p.m. at The Commons, Bldg. 8950, on Seventh Avenue. The topic is individualized educational plan. For child care information and to register, call 255-9277.

- Attend the EFMP autism workshop April 29 from 11 a.m. to 1 p.m. at The Commons, Bldg. 8950, on Seventh Avenue. The topic is three behavioral strategies every parent or child should know. For child care information and to register, call 255-9277.
- Visit the autism display at the post exchange mall April 23-30, where information and educational materials will be available.
- Visit the autism bibliography display at the Center Library all month.





Pick-of-the-litter

soon. Kristoff is the explorer and more independent puppy. He is very playful and loveable and really has no fear of new things. Sven is more shy of new things and very curious. He is a love bug and wants to cuddle. He is also very playful. Adoption fees vary per species and needs of animal, but include all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals





ORDNANCE DEPOT

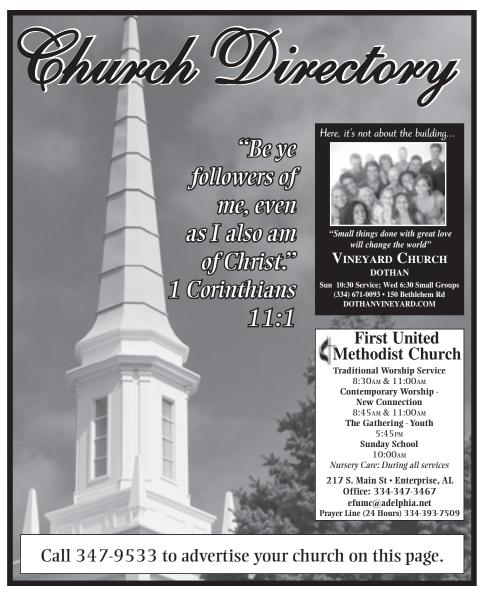
Mon-Fri: 7:10 & 9:15 TRANSCENDENCE - PG13 Sat & Sun: 2:00, 4:20, 7:00 & 9:20 Mon-Fri: 7:00 & 9:20 III DIVERGENT - PG13 Mon-Fri: 6:50 • Sat & Sun: 1:45 & 6:50 OCULUS - [

> Sat & Sun: 2:00, 4:00, 7:00 & 9:00 Mon-Fri: 7:00 & 9:00 College Cinema • Enterprise CAPTAIN AMERICA:

IV A HAUNTED HOUSE $2 - \mathbb{R}$

THE WINTER SOLDIER - PG13 2D - Sat & Sun: 1:45 & 6:50 • Mon - Fri: 6:50 **3D** - Sat & Sun: 4:15 & 9:30 • Mon - Fri: 9:30 GOD'S NOT DEAD - PG

Sat & Sun: 2:00 & 7:00 • Mon-Fri: 7:00 DRAFT DAY - PG13 Sat & Sun: 4:20 & 9:20 • Mon-Fri: 9:20 III HEAVEN IS FOR REAL - 🍱 Sat & Sun: 2:00, 4:20, 7:00 & 9:20



O'Neal sets bar sky high for 'Young Lives, Big Stories'

By Tim Hipps

Installation Management Command Public Affairs

SAN ANTONIO — "Young Lives, Big Stories" is the theme of the 2014 Month of the Military Child, which will be celebrated throughout April on U.S. Army installations.

One of the world's biggest selfprofessed Army brats, Shaquille O'Neal, enjoyed a 19-year career as a larger than life character in the NBA.

It did not hurt that O'Neal entered the NBA standing at 7-feet, 1-inches tall and weighing 301 pounds, yet he considers Army upbringing the key to his success.

"It all started here on this Army base," O'Neal said March 7, when Cole High School retired his jersey, No. 33, on Joint Base San Antonio-Fort Sam Houston. "A lot of people ask me how do you do it, how do you stay sane with all the things that are going on? It's the military life. Military life, and I wouldn't have had it no other way."

Since 1986, Army installations around the world have recognized the sacrifices and applauded the courage of military children by celebrating the Month of the Military Child.

The Month of the Military Child typically creates awareness of the sacrifices military children make and the service they provide. This year's theme, "Young Lives, Big Stories," also highlights the unique lifestyles and contributions military children make to the nation.

O'Neal, who bounced from Newark, N.J., to Germany to Texas while growing up in an Army Family said he was always the class clown, and credited his military upbringing for keeping him grounded.

The four-time NBA champion, three-time NBA Finals MVP and 15-time NBA All-Star, who won Olympic and World championships, appeared in more than a dozen movies, recorded more than five rap albums and had his own reality television show, never outgrew his military roots.

"The Shaq character was created here," he said. "There was a time when I thought I was a little bit arrogant, and the school and the post let me know that, 'Hey, you didn't do it by yourself.' They taught me to be humble, taught me to remain humble."

It is difficult for men and women in uniform to focus on military missions if they are worried about their children at home. Providing a safe, nurturing environment for military children creates a stronger more resilient fighting force.

The Month of the Military Child reinforces this concept, reminds the nation that the service members' children also serve, and gives communities an op-



Shaquille O'Neal hams it up on stage with Dr. Gail Siller, superintendent of the Fort Sam Houston Independent School District, during O'Neal's jersey retirement ceremony March 7 at Cole High School on Joint Base San Antonio-Fort Sam Houston, Texas.

portunity to share their gratitude for the service of military children during the "Young Lives, Big Stories" campaign.

O'Neal learned the value of compassion for humanity as a teenager on Fort Sam Houston and exhibited it throughout his

"Things that I do in the community now as a professional player [turned television analyst], I was doing it on post – me and my father and my team were passing out food to other houses and collecting toys from people who didn't want their toys and taking them up to the children's hospital," he said. "Everything that I've learned, I've learned from growing up in the military.'

A military upbringing also helped make O'Neal color blind.

Believe it or not, when he first brought me here, I hated him for it," Shaquille said of his late stepfather, Army Reserve Sgt. Philip A. Harrison, who recently passed away. "I know hate is a strong word, but growing up in Newark, New Jersey, where it's predominantly all African-America and then we moved to West Germany, and I was like, 'What the [heck] is this?' And then when I came here and saw my first Spanish guy, I was like, 'I don't know where I'm at.'"

The first Spanish man O'Neal ever met, however, wound up clearing the gym so the youngster could get extra practice

"He saw something in me that I didn't even see in myself," O'Neal said.

Asked if he felt exceptionally fortunate to have become such

Shaquille O'Neal poses for photos and signs autographs for classmates and current students just outside the gymnasium at the rear of his Shaq Soda bus parked at Cole High School March 7, the day the Cougars retired O'Neal's No. 33 jersey on Joint Base San Antonio-Fort Sam Houston, Texas.

a rich man from such a modest childhood, O'Neal replied, "It makes me appreciate it more because I was rich back then, too. I was mentally rich. The only thing money does for me is give

me toys I don't need."

O'Neal shared his secret to success with the military kids at Robert G. Cole High School on the day they retired his jersey.

your dream, loving your dream, and just following your dream," O'Neal said. "This was the place where I cultivated my dreams. It all started here on the little Army "It's just all about cultivating base at Fort Sam Houston."





Religious Services



UPCOMING SERVICES

Holy Thursday, April 17, 7 p.m., Main Post Chapel

Holy Thursday, April 17, Protestant, noon, **Headquarters Chapel**

Good Friday, April 18, Catholic, 3 p.m. (Stations of the Cross) and 7 p.m. (Liturgy), Main Post Chapel

Good Friday, April 18, Protestantm noon, **Headquarters Chapel**

Holy Saturday, April 19, Catholic, 8 p.m., Main Post Chapel

Holy Saturday, April 19, Protestant, 11 a.m., Main Post Chapel

EASTER SERVICES

Postwide Easter Sunrise Service, 6:30 a.m., Wings Chapel

Latter-Day Saint Service, 8 a.m., Wings Chapel

Catholic Mass, 9 a.m., Main Post Chapel

Wings Contemporary Service, 10:45 a.m., Wings Chapel

For additional information, please call 255-2989 or 255-2012.

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Building 109

8 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940 9 a.m. Catholic Mass Sunday

11 a.m. Liturgical Worship Service 12:05 p.m. Catholic Mass (Tuesday -Friday)

4:00 p.m. Catholic Confessions Saturday 5:00 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036

8 a.m. Latter-Day Saints Worship Service, Sundays.

9:30 a.m. Protestant Sunday School 10:45 a.m. Wings Contemporary Worship Protestant Service.

Spiritual Life Center, Building 8939

10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

Tuesday -

9 a.m. Protestant Women of the Chapel, Wings Chapel

5:30 p.m. Youth Group Bible Study, Spiritual Life Center

6 p.m. Protestant Women of the Chapel, Wings Chapel

7 p.m. Adult Bible Study, Spiritual Life Center

Wednesday -

11:00 a.m. Above the Best Bible Study, Yano Hall

11:30 a.m. 164th TAOG Bible Study, Bldg 30501

12:00 p.m. Adult Bible Study, Soldier Service Center

6 p.m. Adult Bible Study, Spiritual Life

Thursday -

9 a.m. Adult Bible Study, Spiritual Life

6:30 p.m. Wings Bible Study (Meal/Bible Study), Wings Chapel

Mothers of Preschoolers (MOPS)

MOPS is a Christian-based mom's group. MOPS is about meeting the needs of every mom of a child from conception through kindergarten. MOPS will meet every first and third Thursday, 9 a.m. at Spiritual Life Center, Bldg 8939. For more information, call the Religious Support Office at 255-

Protestant Men of the Chapel (PMOC)

PMOC meets the first Saturday of each month at 8:00 a.m. - 9:00 a.m. at Ryan's Restaurant in Enterprise, AL. Men are encouraged to attend for a time of fellowship and a short devotion. Free breakfast is provided.

Protestant Women of the Chapel (PWOC)

PWOC meets every Tuesday at 9:00 a.m. and 6:00 p.m. at Wings Chapel, Bldg 6036. Childcare provided only at 9:00 a.m. For more information, call 255-2989.

Catholic Women of the Chapel (CWOC)

CWOC meets every Wednesday, 8:30 a.m. - 10:30 a.m., at the Spiritual Life Center. Childcare provided. For more information, call 255-9894.

Youth Groups / Club Beyond

Tuesdays, 5:30 p.m., Spiritual Life Center. For more information call 255-9995.

Alcoholics Anonymous (AA)

AA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from the use of alcohol. This program is focused on spirituality and religion, having an impact on changing a person's life. AA meets every Thursday evening, 7:00 p.m., at the Spiritual Life Center (Bldg 8939, Room 38). For more information, contact the Religious Support Office, 334-255-2989.



information about animal adoptions, call the Veterinary Clinic at 255-9061. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. **Donations can be** dropped off at the



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Events encourage Families to lace up

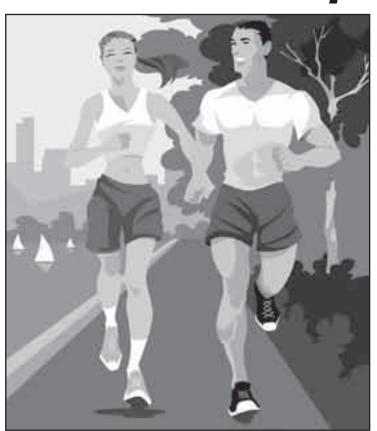
As warmer weather begins to fill the calendar, local communities will offer ample opportunities for Families to be more active outdoors.

Several running and walking events are on the horizon this spring and summer. Here are a few events Families can enjoy in the near future:

- **April 19 Dothan:** The First United Methodist Church Radical Run For Missions 5K and 1 mile fun run begins at 9 a.m. Registration fee for the 5K is \$20 and \$10 for 1 mile. For more information, call 712-9223 or email ryan@fumcdothan.org. Entry form is available at www. fumcdothan.org.
- April 19 Geneva: The Festival On The Rivers 5K begins at 7:30 a.m. at Robert Fowler Memorial Park. Early registration is \$15 and \$20 the day of the race. For more information, call 360-5096 or email rjkstone67@gmail.com. An entry form is available at genevafestivalrun.blogspot.
- April 19 Enterprise: The Rucker Boulevard Elementary Color Out Cancer 5K to benefit Relay for Life begins at 9 a.m. at Enterprise High School. For more information, call 347-3535 or email drice@enterpriseschools.net An entry form and additional information is available at

rbecoloroutcancer5k.weebly.com.

- April 19 Selma: The Butterflies and Bridges 8K run and 2 mile fun run and walk begins at 8 a.m. at Selma High School. Cash prizes will be awarded for the top three male and female winners in the 8K. For more information, call 875-9065 or visit www.selmacitysports.com.
- **April 26 Dothan:** The Superhero's Run to Prevent Child Abuse 5K Trail Run begins at 8 a.m. at the Westgate Trail. A 1 mile fun run will be held at 9 a.m. Early registration is \$15 and \$20 the day of the race. For more information call 671-1966.
- April 26 Troy: The Miles for Mission 5K and 1-mile Color Run is 8 a.m. at the Collegedale Church of Christ, located on the corner of George Wallace and Collegedale Street. Registration is \$20 for the 5K and \$15 for the 1-mile run. Runners can register at www.active.com. For more information, call 566-5110.
- April 26 Auburn: The Auburn Running Festival half marathon, 10K, 5K and fun run is 7:30 a.m. at Toomers Corner in downtown Auburn. The race finishes on the 50-yard line of Jordan-Hare Stadium. For more information, visit www.runauburn.com or email runauburn@gmail.com.



WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

MAY 10 — The Daleville Department of Public Safety's reserve officer program hosts an Alabama Police Week shooting championship at Tri-State Gun Club. Competition is open to police officers, military service members and private citizens. Proceeds benefit the Concerns of Police Survivors charity and local reserve officers. Competitors will be treated to a catered barbeque lunch and prizes that include plaques, flashlights, police gear and weapons. For more information, call (910) 723-3295 or visit www.osagecombatives. com/shootingchampionship.

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

DOTHAN

ONGOING –Ballroom dancing lessons will be offered every Tuesday night at 6:30 p.m. at the Cultural Arts Center. Lessons will teach the Fox Trot, East Coast Swing, Rumba and Waltz. The cost will be \$2 per person per night. For more information, call 791-9407.

ONGOING — The Tri-States Coin Club meets the third Monday night of each month at 7 p.m. in the back room of Interco Coins located at 2314 Ross Clark Circle. Described as fan for all ages, event begins with a short meeting followed by a coin auction. For more information, call 393-2376.

ONGOING — People are invited to

play ultimate flying disc with the Dothan Ultimate Discers on Optimist Field on Thursdays at 7 p.m. and Sundays at 2 p.m. Described as co-ed fun for everyone from age 10 to 100 with no prior experience required. For more information, call 615-3760.

ONGOING — The Wiregrass Museum of Art hosts "First Saturday Family Day" the first Saturday of every month at 10:30 a.m. The event is recommended for elementary school aged children. For more information, visit wiregrassmuseum.com or call 794-3871.

ONGOING— Landmark Park has a reptile feeding at 4 p.m. every second Sunday of each month. Children and adults can learn why these animals are important to the environment. The program is free with paid gate admission. For more information, call 794-3452 or visit www.landmarkpark.com.

ONGOING — Alabama Agricultural Museum in Landmark Park hosts the Wiregrass Woodturners club meeting the first Saturday of every month at 9:30 a.m. Open to the public, no experience necessary. Free with paid gate admission

ONGOING — Landmark Park hosts a dulcimer club jam session the first Saturday of each month at 1 p.m. Patrons must have a mountain dulcimer, but no experience is necessary. Free with paid gate admission.

ONGOING — Wiregrass Suicide Prevention Services holds bi-monthly suicide survivor support groups the second and fourth Monday at 6 p.m. at 148 E. Main Street. The support groups are for anyone who has lost a friend or loved one to suicide. Children's groups are also available. For more information, call 792-9814.

ONGOING — The Tri-State Community Orchestra rehearses every Thursday evening from 6-8 p.m. at the Dothan Cultural Arts Center. They welcome all string, brass, woodwind, and percussion players ages 16 and up. For more information, visit www.tristatecommunity-orchestra.com or call 585-4903.

ENTERPRISE

APRIL 24 — The Enterprise Chamber 19th annual Golf Tournament at Tartan Pines Golf Club will begin at 1 p.m. Tournament is three person teams, \$100 per player, which includes green fees, cart, mulligans, chances, practice balls, door prize ticket, goody bag and a meal. For more information, visit www.enterprisealabama.com.

ONGOING — The American Legion Post 73 meets at the American Legion/Doer's Shrine Club building at 200 Gibson Street on the fourth Saturday of each month, beginning at 8 a.m. The building is across the street from the Lee Street Baptist Church. For more information, call post commander Jerry Goodson at 347-5961 or 447-8507.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call Connie Hudson at 406-3077, Randy Black at 393-6499 or Bob Cooper 347-7076, or visit the VFW Post 6683 on Facebook.

GENEVA

APRIL 25-27 – The Geneva Festival on the Rivers is described as a Family festival. There will be food vendors, worm fiddling, a sculling contest, tugof-war, coin scramble, arts, crafts and a heritage camp, and added attractions with country and gospel music. Festival will be held at Robert Fowler Memorial Park. For more information, visit www. genevariverfestival.com.

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank

For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Disabled American Veterans Chapter No. 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

ONGOING — The Ann Rudd Art Center is offering free art lessons for children ages 5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m. Slots are on a first come, first served basis. For more information, call 774-7922.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

Beyond Briefs

Friday Fest

Friday Fest in downtown Panama City is Bay County's largest street festival with more than 200 show cars, 50 vendors and live bands—filling up six blocks of Harrison Avenue on the first Friday of each month from 6-10 p.m. Local shops and restaurants stay open late.

Swamp Tour

Georgia State Parks and Historic Sites hosts a tour of historic Billy's Island in the Okefenokee Swamp in Fargo, Ga. 10 a.m. to noon until May 31. This island was home to Native Americans, pioneers, and lumbermen for thousands of years and participants will take a boat out to the island and hike a trail to view some of the relics left from times past. Tickets are \$15-\$20 with a \$5 parking fee. For more information, call (912) 637-5274.

Motorcycle Rally

Known as "The Most Biker Friendly free Rally in the United States," the Thunder Beach Motorcycle Rally is held twice yearly in Panama City Beach April 30 through

May 4 and Oct. 1-5. Bikers from around the country can enjoy scenic rides along the Emerald Coast, live entertainment and local cuisine. For more information, visit www.thunderbeachproductions.com.

Boat Show

The 16th annual Apalachicola Antique and Classic Boat Show will be held April 19 in downtown Apalachicola. Antique boats, examples of classic and traditional vessels, workboats, fiberglass and aluminum classics will all be on display throughout the day. Special highlights include home-built boats, authentic oyster boats and workboats, antique outboard engines, antique automobiles and artist booths. Booths featuring the Coast Guard Auxiliary, child model boat building, the National Weather Service and boat building demonstrations with live entertainment will be available all day. For more information, call (850) 653-9419 or visit www.antiqueboatshow.org.

Carrabelle Riverfront Festival

The 24th annual Carrabelle Riverfront Festival will be held April 25 and 26 on Marine Street along Carrabelle's downtown riverfront district with the

theme "Pirates of the Carrabellean." Festival offers regional arts and crafts, pet parades, a fashion show, Family friendly attractions and local culinary treats. Admission is free. For more information, email carrabelleriverfront@gmail.com.

Jazz Festival

The Seabreeze Jazz Festival will be held at Pier Park in Panama City Beach April 23-27. To order tickets, view the musician line up and more, visit www.seabreezejazzfestival.com.

Golf Fundraiser

The Tyndall Airman Family and Community Partnership Golf Fundraiser's theme is "Honoring America's Airmen" and the proceeds will benefit the Tyndall Airman, Family and Community Partnership. The tournament will be held at the Shark's Tooth Golf Course April 25. There will be an 11 a.m. check in with a noon shotgun start. Funds will be donated to the Wounded Warrior Beach Retreat. A cocktail party with heavy hors d'oeuvre immediately follows the golf tournament. The party should start around 4:30 p.m. For more information, call (850) 420-5237.

Saving lives

Medical teams spring into action amid tragedy

By Sgt. Ken Scar Fort Hood Public Affairs

FORT HOOD, Texas — Evil reared its ugly head on Fort Hood again April 2, and once again the everyday heroes of the Great Place rose up to meet it head-on. At the tip of that spear, as always, were the emergency responders who charged into the disorder and confusion to save lives.

Dawn O'Connell, the emergency room triage and charge nurse at the Carl R. Darnall Army Medical Center, said she heard the mass casualty alarms go off throughout the hospital and thought it was a drill, until the casualties started coming in.

"We practice for incidents like this all the time," she said. "I said, 'not today, not today.'"

She knew it was not an exercise when a group of Fort Hood emergency medical technicians burst into the emergency room ahead of the first wave of casual-

"Within one minute, a car came in and dropped the first victim off. We had maybe three minutes to get ready for the rest ... and we were ready," she said.

With three killed and more than 10 wounded from the gunshots, the injured were coming in one after the other, and the staff of CRDAMC was ready for them.

Meanwhile, Fort Hood Emergency Medical Services teams were driving ambulances right into the middle of a developing active shooter situation to rescue the wounded. For several hours, it was unknown if the shooter was still at large, or if there was more than one.

Frederick Reed, the Fort Hood Emergency Medical Services chief, said that six ambulances rushed to the scene carrying teams of two or three medical a veteran of the Nov. 5, 2009, shootings that left 13 dead and 32 wounded.

"The lessons learned from [2009] absolutely helped the response to this incident," he said, pointing out that, unlike their comrades in nearby cities like Austin, San Antonio and Dallas, the emergency medical technicians at Fort Hood are not issued body armor. None of them hesitated to rush in unprotected to rescue Soldiers.

Outside the gates of the installation, CRDAMC Emergency Department officer-in-charge Maj. (Dr.) Michael Simpson and many of his staff had finished work for the day.

"I was on my way home, in Florence, getting gas. My staff called and texted me immediately and told me exactly what was going on," Simpson said. "I sent



Frederick Reed, Fort Hood Emergency Medical Services chief; Dawn O'Connell, Carl R. Darnall Army Medical Center triage and charge nurse; Lt. Col. (Dr.) James Lucas, Carl R. Darnell chief of the department of surgery; and Maj. (Dr.) Michael Simpson, Carl R. Darnell ER officer-in-charge, stand next to the emergency bay in which ambulances delivered the casualties from the April 2 shooting on Fort Hood, Texas. All four pictured here and their teams treated every casualty hurt in the incident, in many cases saving lives with only minutes to spare.

out a brief text saying, everybody get back, but be careful."

Like the EMTs, Simpson and his staff rushed into harm's way before the shelter-in-place order had been lifted.

"I want to publicly commend all of my staff, because everybody knew it was an active shooter scenario, and they all technicians, every one of them came charging through the gate and reported to their place of duty without a thought of personal safety, with no worries of if they had the shooter contained. I've been wearing a uniform for 30 years, and for me that was really inspiring to see," he said.

> Lt. Col. (Dr.) James Lucas, the CRDAMC chief of the department of surgery, said he wasn't sure what to think at first.

"At first, you're just thinking, is this real?" he said. "I've seen plenty of trauma, but I've never been involved in a mass casualty like this, other than drills. The response by everyone was extremely impressive. One of my surgeons almost got into a confrontation with a gate guard trying to get (back onto the post). He showed every credential he had and was eventually able to get in."

Lucas said the victims had

various degrees of wounds; from cuts, scrapes, punctures and mild concussions, to severe gunshot wounds

"Every single person wounded in this incident came through this hospital," Simpson said. "As the patients came in, we had to make joint determinations of which person was in the most grave danger, which had to stay here so we could save their life. Credit goes to Colonel Lucas's surgical staff – they absolutely saved the most critically wounded patients and made sure they were stabilized before getting sent to Scott and White."

Baylor Scott and White Memorial Hospital in nearby Temple, Texas, is a Level-1 trauma center, which is better equipped to tend some of the most serious wounds than CRDAMC, which is a Level-3 trauma center.

The two men described a frantic scene of organized chaos as doctors and nurses efficiently treated the arriving wounded, leaving no doubt that as many as eight critically wounded patients owe their lives to Fort Hood's emergency responders that day.

"One of the neck injuries, specifically, had he not arrived here when he did, he probably had another 10 minutes to live," Lucas

Lucas also made a point to single out the CRDAMC cleaning crew, who jumped into action alongside everyone else.

"They probably didn't really sign up for this type of event," he said. "These housekeepers were in there just doing an amazing job. The minute we wheeled one patient out, they were in there cleaning blood off the floor then went back for more." as fast as they could, ready to receive the next patient. They weren't just sitting there in shock. They seized the moment and did their thing. I was extremely im-

pressed."

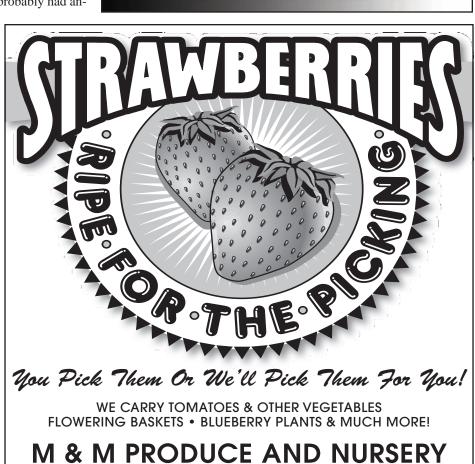
Not surprisingly, even more stories of heroism began to emerge from the injured that were able to talk as they were treated and stabilized.

"I saw some wounds that I would say were suffered rather heroically, getting other people out of the way," Simpson said. "There were people who injured themselves saving others, and

All 16 survivors of the shooting rampage are expected to live. That one statistic says it all about Fort Hood's medical profession-







COUNTY RD 34 • OFF HWY 27-DELONEY RD • OZARK 334-249-5144 • 334-237-4469

Shifting from 'bystander' to 'intervention' model

By David Vergun Army News Service

FALLS CHURCH, Va. – The Army's Ready and Resilient Campaign is now focusing on "intervention," not on "bystander" behaviors, said Sharyn J. Saunders, director of the Army's Ready and Resilient Campaign program.

She said the change is a "big culture shift" away from just focusing on particular programs and getting PowerPoint presentations or lectures about the need to intervene.

Now, two or even several of the dozens of Ready and Resilient Campaign programs could be "melded" or used in conjunction with one another to improve the health of entire units, she added.

Saunders spoke during the Brain Health Consortium April 10 at the Office of the Army Surgeon General.

R2C programs focus on things like substance abuse, emotional health, nutrition, exercise, goal setting and even financial planning. That means surgeons might be partnering with mental health specialists or nutritionists to deliver desired outcomes for particular individuals or units, which may need special help in certain areas, she

That's already happening at installations Army-wide, said Brig. Gen. Pat Sargent, deputy chief of staff, G-3/5/7, Army Medical Command.

The Army has developed platforms, such as Soldier-centered medical homes, patient-centered medical homes and community health promotion councils right down to the brigade combat team level, he said, explaining that the platforms are led by unit commanders.

Those commanders have a team of pri-

mary care physicians, behavioral health specialists, physical therapists and others who advise the commander, manage care of the Soldiers, and sort through and interpret the health data so the commander can customize the help those Soldiers need.

Sargent said commanders and enlisted leaders are starting to have conversations with their Soldiers about their health based on big-picture data for their unit. Sargent gave an example:

"I recall my time at Fort Hood, as a platoon leader, where you talk about a tank," he said. "There were folks talking about how you manage and maintain a tank" to the minutest details.

"So when a Soldier now gets a profile, for whatever reason, we're now targeting and trying to figure out what part of the system is helping that Soldier get back to a form of wellness," he continued, comparing the detailed approach to Soldier wellness to what the Army did in the past with its equipment.

He added that such a profile could be for units as well as individual Soldiers or Family members.

Saunders said unit commanders are getting data on stressors that point to areas where improvement might be made to help the morale and readiness of their Soldiers. Such areas include Family relations, communications, building connections and financial planning.

That gives commanders a powerful tool to tailor programs that increase Soldiers' ability to cope, get through adversity, thrive and grow from their experiences, Saunders

"We're just starting that journey ... and it will require changing the fundamental culture of the Army," she added.



PHOTO BY DAVID VERGUN

Sharyn J. Saunders, Ready and Resilient Campaign director, G-1, speaks at a Brain Health Consortium panel at the Office of the Army Surgeon General in Falls Church, Va., Apr. 10.





Story on Page D3

APRIL 17, 2014



Children fish at Parcours Lake during a youth fishing tournament to open the lake last year.

COURTESY PHOTO

Waterways warm up for anglers

And always help

others if you

see they need

assistance. It's all

about enjoying

the outdoors and

having fun."

JOHN CLANCY

Outdoor recreation bosts youth fishing tournament

By Nathan PfauArmy Flier Staff Writer

People are starting to hit Fort Rucker's pools and lakes as temperatures start to rise, but the installation's lakes offer one form of recreation that people can enjoy year round – fishing.

There are a number of different lakes on Fort Rucker that cover more than 670 acres, and house a variety of different fish that people can test their skills with a rod and reel on, said John Clancy, outdoor recreation manager.

Ranging from largemouth bass, hybrid bass, catfish, crappie and bream, people can fish for all sorts of different species, most of which can be found in Fort Rucker's signature water hole.

The first and most well known of all the lakes is Lake Tholocco, a 640-acre lake located on Johnston Road that's mostly known for its West Beach swimming area, lodging cabins, recreational vehicle park and ODR service center, but also offers a paradise for fisherman who want to get lost on Fort Rucker's largest lake, according to Bob Schotter, ODR recreation assistant.

The lake offers two different fishing piers, one on East Beach and one on West Beach, and shoreline fishing is permitted.

People can catch largemouth bass, bream, catfish and crappie in Lake Tholocco's waters, and something many people don't know is that night fishing is allowed on the lake.

"Night fishing at Lake Tholocco is the only authorized activity after sunset," said the recreation assistant. "People can fish from the shore or from a boat, and as long as the boats are equipped with proper lighting, fishing at

night is permitted anywhere on the lake."

People operating the boats must first complete the boater's safety course before heading out on the lake, added Clancy.

"Boats also must be registered," he said. "That doesn't mean they have to be registered with the state of Alabama, it just needs to be registered with the state they reside in."

Lake Tholocco is also the only lake on the installation that permits powerboats, said Schotter, adding that any boats in the other lakes on Fort Rucker must be self propelled.

For largemouth bass, there is a limit of five for less than 14 inches

in length and only one for more than 18 inches. Any largemouth bass caught between the sizes of 14-18 inches must be thrown back, he said.

For bream, there is a limit of 30, for catfish the limit is 15 and people can catch up to 30 crappie longer than nine inches in length.

Although the other lakes on the installation don't compare in size to Lake Tholocco, they come pretty close when it comes to the experience and are available from sun up to sun down

Parcours Lake is another popular fishing spot on Fort Rucker, but this particular spot is reserved for the installation's youth anglers, said Schotter.

"Because of the size of the lake – 4.1 acres – and its proximity to the housing areas, it's only permitted for those ages 15 and younger," he said, adding that parents are allowed to assist their children in fishing, but children must reel in their own fish.

The lake is home to bream, catfish and largemouth bass, and is located on Farrel Road behind Lyster Army Health Clinic.

Another hidden gem on Fort Rucker, more known for its trails than

known for its trails than its fishing, is Beaver Lake.

This 7.7-acre lake is open to all ages for fishing from sun up to sun down, and houses largemouth bass, bream, catfish and crappie. The limit on fish at Beaver Lake are: two large mouth bass larger than 16 inches; 10 bream of no size limit; unlimited catfish; and up to 30 crappie with no size

FORT RUCKER OUTDOOR
RECREATION MANAGER

Beaver Lake is located off of Third Avenue
an 18 inch-across from the Fort Rucker Physical Fitness

across from the Fort Rucker Physical Fitness Center's football field.

There are also a few lakes that are relatively unknown to most on the installation, but the fishing they provide is just as enjoyable as their more well-known counterparts, said

Ech Lake is a 7.7-acre lake that is open to all ages also filled with largemouth bass, bream, catfish and crappie. To get to this hidden gem, turn from Christian Road onto Johnston Road and take the first unpaved road on the left, then follow the signs.

The limits for the lake are: no more than two largemouth bass 16 inches or larger; 10 bream with no size limit; unlimited catfish; and up to 30 crappie with no size limit.

Schotter said there is an alligator that lives in Ech Lake, but "he never bothers anyone."

Buckhorn lake is another lake that isn't very well known, but it's also one of the installation's most restricted lakes due to its location and proximity to training areas, said Schotter.

The lake is 13.2 acres and is home to large-mouth bass, bream and crappie, but days of operation vary from day to day.

Buckhorn Lake is located 2 miles past Silver Wings Golf Course on Hatch Road.

"The lake is only open about half the time, so people should call outdoor recreation before they head out to the lake to confirm the times," said the ODR recreation assistant.

Beaver Pond is the smallest of all the lakes on Fort Rucker and is also the least developed of all the lakes, according to Schotter. Beaver Pond is open to all ages and is located off of Andrews Avenue between Silver Wings Golf Course and the Ozark Gate.

For anyone ages 16 and up fishing on Fort Rucker must have a state fishing license and post fishing permit. People can visit the outdoor recreation service center to obtain a license and permit.

Clancy reminds people to use common courtesies when in the fishing areas to ensure that everyone has a good time.

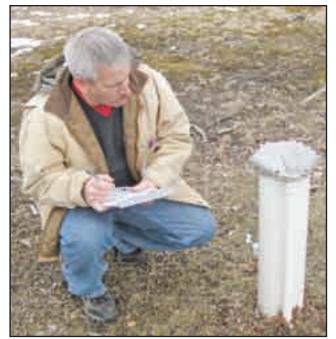
"Please don't litter, and make sure to dispose of all used fishing line into trash cans," he said. "Be courteous to other (people fishing) and obey all the regulations – Fort Rucker's and state – and always help others if you see they need assistance. It's all about enjoying the outdoors and having fun."

Outdoor recreation will also be hosting a youth fishing tournament Saturday from 7-11 a.m. that will include prizes for top winners and door prizes for all participants. Registration is \$10 per youth and participants must be 15 years of age and younger.

For more information, call 255-4305.

Clear water

Army water experts recommend water well checks



Mark Farro, U.S. Army Public Health Command Ground Water

Engineering Services chief, performs an inspection of a well's sanitary seal and surrounding area.

By Jane Gervasoni U.S. Army Public Health

Command Public Affairs Office

ABERDEEN PROVING GROUND, Md. — Groundwater is essential for human and animal health and wellbeing.

The U.S. Army Public Health Command Water Resources Program helps preserve groundwater quality and protect Army communities from the adverse health effects of water pollution.

"The Army often asks about the health of supply wells and the condition of the aquifer or water-bearing rock below ground that holds the water," said William Fifty, USAPHC WRP manager. "Our scientists and engineers regularly test these military water supplies to ensure that installations are in compliance with the federal Safe Drinking Water Act and local applicable codes."

But safe drinking water is not just an

Army concern.

"Forty-four percent of the U.S. population depends on groundwater for its drinking water," said Mark Farro, WRP ground water engineering services chief. "Drinking water comes from wells on military installations and at people's homes, and few people know about the condition of their wells."

People schedule annual physical exams, change the batteries in their smoke detectors and regularly maintain their cars, but water well wellness checks rarely get completed on a regular basis, as recommended by WRP experts

"Owners should physically inspect their wells every year. They should make sure that the well head is intact, and that the surrounding area is free of contamination and standing water," according to Barrett Borry, groundwater section chief. "Nearby storage tanks, such as home heating oil tanks, should be in good condition, and excessive use of lawn fertilizer, pesticides and herbicides near the well should be avoided."

USAPHC experts also recommend periodic (every three to five years) well-water quality tests – more frequently if a change in the water is recognized. The quality tests, at a minimum, should include testing for coliform bacteria. Changes in water color, clarity, odor or taste; unexplained or chronic illnesses; and chemical spills near the well are indications that the well water should be tested more often.

Interested Army organizations can contact the USAPHC for assistance. Help for homeowners with wells is available from other organizations.

"Individuals can contact their local government health agency or the Environmental Protection Agency for information about private wells," said Farro. "We recommend regular well wellness checks to help ensure the health of our population."

OWN TIME













Just Like Cats & Dogs

by Dave T. Phipps



Rodriguez

1. SCIENCE: What is another word for molten rock below the Earth's sur-

face? 2. ANIMAL KINGDOM: How many toes does a hippopotamus have?

3. MEASUREMENTS: How many miles are run in a 5K (kilometer) foot-

4. GEOGRAPHY: Where is the Ioniun Seu?

5. GENERAL KNOWLEDGE: How many colleges are housed at Oxford University'

6. ASTROLOGY: What is the sym-

bol of the Gemini sign? 7. LITERATURE: Who wrote the novel "Humboldt's Gift"?

8. MUSIC: In what year did singer Kelly Clarkson win the "American Idol" competition?

9. MOVIES: What Chevy Chase movie featured the tagline "yule crack

10. ENTERTAINERS: What band is

Ozzie Osbourne associated with?

See Page D3 for this week's answers.

Super Crossword 87 Lilled song

ACROSS

By JIM KEEFE

VULTAN'S SCOUTING

ITS.

- Verboten 6 Did lunch 9 Uppercut
- target 12 Warm and friendly 19 Singer Bryan 20 — Trench
- (very deep Pacific point) 22 Where Polynesia is 23 Forming ties
- by showing team spirit? 25 Molting animal, e.g.
- 26 Cave dwarf of folklore 27 Water, in
- Wassy 28 "How true!" 29 Overhead
- urban trains 30 "That's all wrote. 32 Like things.
- you can categorize in your head? 37 Torment 40 Crimson Tide school.
- for short 41 Raises 42 Singer John 43 Last Oldsmobile
- 44 Tibetan Buddhists'

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- 59 Retired JFK 62 Big birds of the outback
- 63 Stream, after a fong downpour? 65 Honda's hixury line
- Light beer Employment 69 Unflavorful sundae
- topper? 73 Flows back 76 One of three
- stooges 77 Grand-scale 78 Head-hiding sweatshirt.
- 79 Stender and amoetul Nevada city near Sparks 82 Folding
- poker player's comment 83 Raids made during hog wars?

78

97 Open up of worms 98 City in Texas or Ukraine

Jell-O

- 99 Emergence of a swamp? 103 Negative particle, e.g.
- 104 Annabel .ee" poet 105 Bakery stock 106 British rocker
- Britan 107 Actress Day 110 Reduce to a fine spray
- 112 What a ranger's niece calls him? 117 Akin
- 118 Erudite type 119 Indiana's state flower
- 120 Disaster 121 Unassertive 122 Audit gp. 123 Intuit
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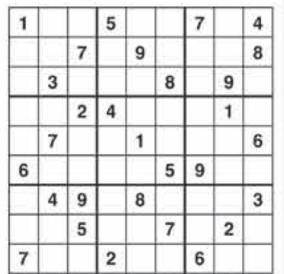
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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: * * *

★ Moderate ★★ Challenging

* * * HOO BOY! © 2014 King Features Sync., Inc.

See Page D3 for this week's answers. See Page D3 for this week's answers. KID'S CORNER

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123





MISSTATE

THEN score I points each for all across of four latters or most local among the latters.

Try to score at least in perets.





message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less. than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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MANUAL STATE OF DESIGNATION OF THE PARTY OF

What's on your dog tag?

By Kirk Frady

Army Medicine Public Affairs What do you want others to know about

you? What if you had to limit that information to only four lines? Anyone who has served for any length of time in the military is familiar with those metal ovals worn on a chain around the neck.

Officially, they are identification tags, but almost everyone calls them dog tags. Dog tags have their origin in the Civil War, but only unofficially.

Soldiers at that time would often write basic information about themselves on a piece of paper and pin it to their uniform in case they were killed or badly injured. Some units paid for more durable identification, but there was no standardization as to what was included.

Today's identification tags identify vital information about the wearer: name, Social Security number, blood type and religious preference.

During World War II there were only three religious categories that could be put on dog tags: P for Protestant, C for Catholic and H for Hebrew (Jewish). Obviously, that proved to be too limiting. "No Religious Preference" and "None" were eventually added, and, today, many faith groups and broad denominations are available, reflecting the diversity of the armed

Service members can generally put whatever religious preference they want on their tags, including "Atheist" or "Agnostic." Some even ask for "Jedi" or "Druid." There is no list of official or approved religions – after all, that would constitute government endorsement of a particular religion. But what to put down as a religious preference is serious business, because spirituality is important.

Spirituality is not just a belief in a higher power, but includes beliefs, ethics and values, even a sense of what is fair. Sometimes people say something like, "I'm not religious, but I'm a spiritual person." Spirituality is not limited to a Christian who goes to church every Sunday, a Muslim who prays five times a day while facing Mecca, or a Jew who keeps a kosher kitchen. It's not just the practice of prayer or meditation. "Why am I here?" "What is my purpose in life?" Why is there evil and suffering in the world?" Even atheism and agnosticism are beliefs, and belief

The problem is that some people don't understand how important spirituality is to the whole person. Our outlook and world view affect everything we do, including how we treat others. According to Army Regulation 600-63 (Army Health Promotion), "When a person's actions are different from his or her stated values, the person lives with inner conflict." Claiming "No Religious Preference" is unclear – are you an atheist or agnostic, or a Christian who does not affiliate with any particular denomination?

There are many resources available to explore one's spirituality. One place to begin is the Army Public Health Command Web site, http://phc.amedd.army. mil/topics/healthyliving/bh/Pages/SpiritualHealth.aspx, which contains many resources such as the Spiritual Fitness Inventory and the "Boosting Resilience through Spirituality" brochure.

Other good resources can be found at http://csf2.army.mil/fivedimensions.html and http://www.spiritfit.army.mil/Home.

So, what's on your dog tag?



Today's identification tags identify vital information about the wearer: name, Social Security number, blood type and religious preference.

SPORTS BRIEFS

Military Child 3Free Bowling

Rucker Lanes will celebrate Month of the Military Child with Military Child 3Free Bowling weekdays, now through April 30. Military children will get up to three free games of bowling and free shoe rental - offer good for up to three children up to age 13 – when at least one parent bowls with the children for \$8.50. The offer will only be available at Rucker Lanes Mondays-Fridays in April. The event is open to the public and exceptional Family member-friendly.

For more information, call 255-9503.

Silver Wings Golf Course Big Break I

Silver Wings Golf Course will host a competition for four-person teams in golf skills challenges for the title of Big Break Champions Saturday at 2 p.m. The skills are Glass Break, Lob Wall, Three Jack, Pitch Perfect and Right Down the Middle. The cost is \$60 per team. Golf shop merchandise gift certificates will go to the top performing team. Entry forms will be available in the golf shop. Big Break Parts II and III are scheduled for May 3 and 17.

For more information, call 598-2449.

Youth fishing tournament

Outdoor recreation will host a youth fishing tournament Saturday from 7–11 a.m. at Parcours Lake. Youth, ages 3–15, are allowed to fish in the tournament with an escort. Cost is \$10 per person. Live bait is permitted, but no minnows. Prizes will be awarded for first, second and third places.

For more information, call 255-4305.

Thunder on Tholocco

Fort Rucker will host the eighth annual Thunder on Tholocco April 26 from 11 a.m. to 5 p.m. at West Beach, Lake Tholocco. People are welcome to bring a chair or blanket and watch multi-class outboard drag boat racing. The high-performance machines reach speeds in excess of 100 mph. The event will also feature wakeboarding demonstrations throughout the day. People looking to get a piece of the action will be able to sign up for a kayak or canoe race, try out the paddle boats, or see how far they can make it down the inflatable slip and slide. There will also be food vendors. The event opens at 9 a.m. and the race begins at 11 a.m. Ticket prices are \$5 in advance, \$7 at the gate, and free for children ages 12

and younger. The event will be open to the public. No pets, backpacks or glass containers will be permitted. For more information, call 255-1749.

Twilight Golf & Dinner

Silver Wings Golf Course will host its Twilight Golf & Dinner April 27 beginning at 4 p.m. The event features 3 Ways to Win at 4 p.m. – four-person team and three formats will be used over nine holes, including (scramble at four holes, best ball on four holes and high ball on one hole). A Southern-themed dinner will follow at 6 p.m. Cost for both dinner and golf is \$29 per player, and includes golf and cart fees, prizes, dinner and a beverage. Patrons can also enjoy the dinner without playing golf for \$10.95. People need to sign up by 4 p.m. Wednesday. The event is open to authorized patrons from new, novice to expert golfers.

For more information, call 598-2449.

Army 10-Miler Run Off

Fort Rucker will host its annual Army 10-Miler Run Off and Team Relay May 3 from 7-11 a.m. at the Fort Rucker Physical Fitness Center. Race-day registration will begin at 6 a.m. and the race will begin at 7 a.m. Preregistration is \$20 prior to April 27 and will cost \$25 beginning April 28. Registration fee for a five-person relay team will be \$10 per person, with a \$12 no-shirt option. Top active-duty finishers will be considered for the team to represent Fort Rucker at the 10-Miler Run in Washington, D.C. Trophies will be awarded to the overall male and female, masters male and female, grand masters male and female, and male and female second-11th place finishers. First-, second- and third-place trophies will be awarded to the relay teams.

For more information, call 255-3794.

Disc golf tournament

The Fort Rucker Physical Fitness Center will host its second annual disc golf tournament May 10 from 10 a.m. to 2 p.m. Pre-registration costs \$12 until May 3 and costs \$15 afterwards. T-shirts will be available while supplies last. Trophies will be awarded in various categories.

For more information or to register, call 255-2296.

Run/Walk Program

The Fort Rucker physical fitness centers offers a Run/

Walk Program. People can run or walk and record their mileage at the front desk of either of the PFCs. This is an ongoing program where each member's mileage total will be posted monthly and members will earn mileage patches based on their totals. People who reach 1,000 miles will win a water bottle.

For more information, call the Fort Rucker PFC at 255-2296 or the Fortenberry-Colton PFC at 255-3794.

Gym Rat workout program

Fort Rucker's physical fitness centers offers the Gym Rat, a new program open to all authorized patrons of both PFCs. People can join the elite with 100 days of fitness. People can obtain signatures from Fort Rucker gym staff on their form every time they work out or attend a group fitness class at either fitness center. When people get 100 signatures, they will receive an exclusive Gym Rat T-shirt. People can pick up forms from the front desk of either PFC to get started. Boot Camp participation will not be included in this 100-day event, but time in the gym and fitness classes during Boot Camp can be credited. People will have up to 365 days to complete program.

For more information, call 255-2296 or 255-3794.

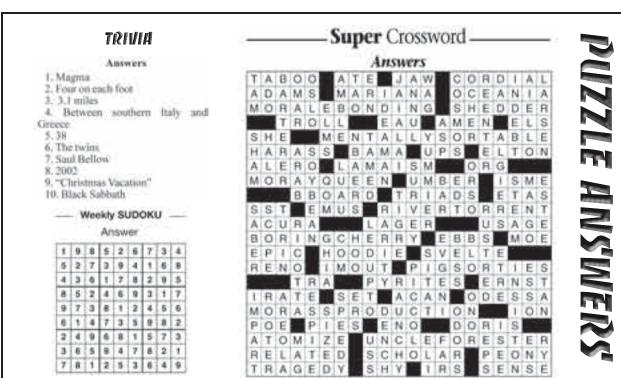
Disc Golf

The Directorate of Family, Morale, Welfare and Recreation offers Disc Golf – played much like traditional golf, but instead of using a ball and clubs, players use a flying disc. DFMWR welcomes novices and experienced players to bring their friends out and enjoy some friendly competition. The 18-hole disc golf course is located at Beaver Lake. People can visit the Fort Rucker Physical Fitness Facility to check out a disc and give it a try. There is a \$10 deposit required per disc. The Disc Golf course is open to the public. Disc check-out is open to authorized patrons only.

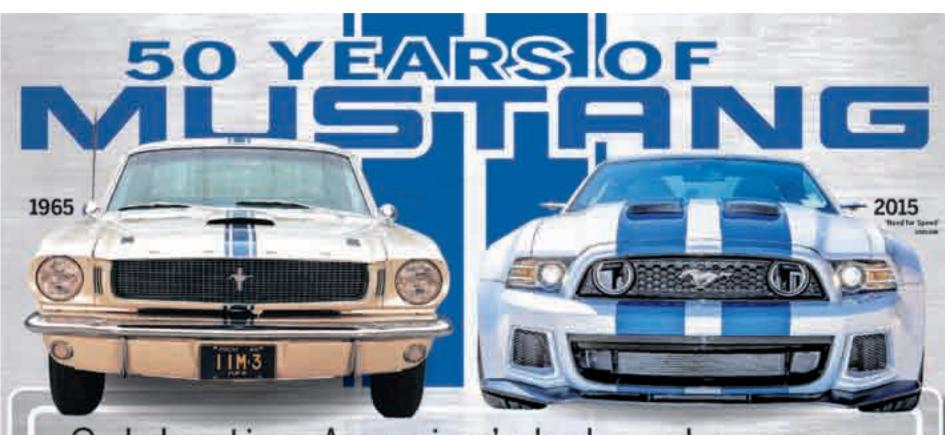
For more information, call 255-2296.

Riding Stables rules

The Fort Rucker Riding Stables staff reminds community members that letting horses out of their stalls can be dangerous to the horses and motorists. Visitors are also reminded to stay on the main roadways, do not approach any of the horses without owners' permission, stay out of the pastures and obey the speed limit of 10 mph at all times. For more information, call 598-3384.







Celebrating America's beloved pony car

then Lee lacocca unveiled the Ford Mustang at the New York World's Fair on April 17, 1964, America had never seen anything like it. And the sleek, sporty Mustang changed the U.S. auto market forever.

This month, and more than 9 million cars later, the Mustang celebrates its 50th anniversary with a birthday bash at Charlotte Motor Speedway in Concord, N.C. Tens of thousands of Mustang lovers are expected to converge on the area from around the world to pay tribute to an American icon.

The Mustang proved to be the company's most successful launch since the Model A. The car surpassed the original annual sales projection of 100,000 within the first three months, selling 318,000 in the first model year.

The Mustang ushered in an entirely new class



More than 9.3 million Mustangs have been sold since its debut.

of U.S. autos - the pony cars. With long hoods and short rear decks, competitors included the Chevrolet Camaro, the Pontiac Firebird and the Dodge Challenger.

Aficionados point to five generations of the iconic Mustang, including a dark period that

fans of the car would probably rather forget.

The Mustang lost its way in the 1970s and 80s, evolving first as a bigger, heavier car that sacrificed performance for luxury in the early '70s. The car got smaller when it was redesigned in 1974 for fuel efficiency based on the Ford Pinto subcompact, but performance still suffered.

A major redesign in 1994 introduced a racier design and improved performance, but it was the fifth generation debuting in 2005 that really brought the Mustang roaring back to life with a "retro" design that echoed the fastback designs of the late 1960s.

The sixth generation, with a revamped design that already has gotten lots of press, was unveiled in December and is scheduled to be in showrooms this November.

Sources: Ford Motor Co., Autowork - Photos by Ford Motor Co., Metro Creative Committee

DID YOU KNO

The original design was based on the Ford Falcon platform.



The car that would become the Mustang was developed as a two-seat prototype in the T-5 project in just 18 months.



The Mustang debuted five months before the normal start of the 1965 production year, so the earliest versions are referred to as 1964 1/2 models.

The Mustang

reached its sales peak of more than 600,000 in the



The first production Mustang rolled off the assembly line in Dearborn, Mich., on March 9, 1964. The Mustang's original suggested retail price: \$2,368.



Designer John Najjar Ferzely, who was a fan of the World War II P-51 Mustang fighter plane, is credited by Ford with giving the car its name.





in 1983, the convertible returns after a 10-year absence.



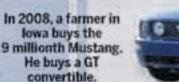
In 1994, the Mustang gets a makeover to mark its 30th anniversary. Of the car's 1,850 parts, 1,330 of them are changed.



In 1999, the Mustang gets a new hood, grille, lights,



the all-new 2005 Ford Mustang begins in fall 2004.







A 1968 Highland Green Mustang GT 390 Fastback co-starred with Steve McQueen on the streets of San Francisco in the 1968 film "Bullitt," which featured one of the most famous chase scenes ever filmed. McQueen and his pony were in pursuit of a black Dodge Charger R/T.



The car made its major motion picture debut in the James Bond film "Goldfinger" in 1964.



The 2015 Mustang made its big-screen debut in "Need for Speed" on March 14, months before it will

You are Cordially invited to attend Enterprise

Ford Mustang 50th Anniversary Party

April 17th 4:00 - 6:30 PM 805 Glover Ave. • Enterprise, AL 36330

334-347-2245

