



Story on Page A3



Story on Page C1



# ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 65 ■ NO. 36

FORT RUCKER ★ ALABAMA

SEPTEMBER 10, 2015

## FLIGHT MEDIC STUDENTS GET REAL



PHOTOS BY NATHAN PF AU

Sgt. Nicholas George, F Company, 1st Battalion, 126th Aviation Regiment, Rhode Island Army National Guard, takes care of a simulated patient as Staff Sgt. Julia Stalker, USASAM En Route Care Branch NCO in charge, looks on during a training exercise while flying above Fort Rucker in a UH-60 Black Hawk Sept. 3.



Sgt. 1st Class Deane Bostick, USASAM Academic Operations NCO in charge, rushes a simulated patient off of a UH-60 Black Hawk during a training exercise meant to test student flight medics' abilities to provide care in an operating aircraft Sept. 3.

### *Exercise provides experience of saving lives in flight conditions*

By Nathan Pfau  
Army Flier Staff Writer

Treating severely wounded patients is a serious challenge under the best of circumstances, but trying to save lives in the back of an aircraft hundreds of feet in the air while getting buffeted by gale force winds in a cramped environment with loud noise all around can greatly complicate matters.

That's what 11 flight medic students of the U.S. Army School of Aviation Medicine had to endure during their third week of training as they took to the skies to practice their potentially life-saving craft.

During the realistic scenario, students got the chance to get hands-on MedEvac training as they took turns loading into UH-60 Black Hawks to be taken to a simulated mass casualty site, according to Capt. Lani Pineda, USASAM En Route Care Branch director.

"They got a call, and they had to gear up, run out to the aircraft and then fly out to the point of injury, and that's where they had to assess their patients," she said.

There were three patients with varying levels of injuries that the students had to assess and treat as soon as the aircraft touched down. After the assessment and initial treatment, the most critical of the patients were loaded onto the aircraft to be taken to the nearest hospital, but while en route, the students had to maintain treatment.

It was completely up to the student to make the assessment on who to treat and

which patient was in most need of care – the scenario was unknown to them before taking flight, said Pineda.

"They assessed the patients to see which was, for the most part, stable and which needed immediate attention, and we even had one simulated patient who had passed away," she said, adding that when students encounter patients who are dead on arrival, they must understand that there is nothing they can do for the deceased and move on to the next most critical patient.

The training is new to the school and isn't something that has been performed in the past, but Pineda said it's a necessary addition to the school because simulations can only teach so much.

"We really just want to bring in what it feels like to actually be in that setting," she said. "We have the simulators at the training complex, which are great, but there's nothing like being in the back of an aircraft with the rotor wash and everything to put those stressors on (the situation)."

The opportunity for the addition of the exercise came as the course was restructured to a shorter course due to the paramedic program starting at Fort Sam-Houston, Texas, said the branch director.

"We had to kind of revamp our role here. In the past, the flight medic course was strictly here, but now that the students are coming here with that knowledge already, we had to revamp the curriculum," she said. "The amount of time we spend

SEE EXERCISE, PAGE A5

## SUICIDE PREVENTION

### *Social media campaign helps spread awareness*

By Jay Mann  
Fort Rucker Public Affairs

September is National Recovery Month, with the focus on suicide prevention awareness, and local officials say that it is not just the people at risk for suicide that need to know about the resources available.

"I want everyone to think about what they can do to help a person at risk," said Traci Dunlap, ASAP Suicide Prevention Program manager. "Often, asking a simple question, listening sincerely and being attentive every day to people's signals can make a huge difference in their life."

"It does not have to be a grand gesture, feeling connected to someone can just be small actions like asking if they are OK, or how their day is go-

SEE PREVENTION, PAGE A5

### PREVENTION CAMPAIGN

• **Now-Sept. 30** — #TakeActionFortRucker social media campaign.

• **Now-Sept. 30** — Information tables and displays – suicide prevention, sleep, bullying, alcohol abuse awareness and helping resources available. Locations include Lyster Army

Health Clinic Life Space, Bldg. 5700, c o m m i s s a r y, post exchange, and child, youth and school services.



Dunlap

• **Today** — World Suicide Prevention Day Candlelight Vigil, Poplar Head Park in Dothan – sponsored by Wiregrass Suicide Prevention Services.

• **Today** — Suicide intervention training from 8 a.m. to noon at The Commons. Call 255-7509 to register.

• **Sept. 17-18** — Applied suicide intervention skills training from 9:30 a.m. to 3:30 p.m. at the Spiritual Life Center. Call 255-7509 to register.

• **Sept. 23-24** — ASAP suicide prevention make-up training. Call 255-7509 for more information.

## IMCOM offers employees mentoring experience

By Nathan Pfau  
Army Flier Staff Writer

Civilian employees play a vital role in accomplishing the Army's various missions, and the U.S. Army Installation Management Command is providing a way for those employees to further their careers.

The IMCOM Workforce Development Headquarters Centralized Mentoring Program is a program designed to help civilian employees – GS-grades 9-13 – grow by being mentored by GS-grades 13-15 employees for an entire year, according to Traci Dunlap, Fort Rucker Suicide Prevention Program manager.

"It's a pretty exciting program and it's a great opportunity for growth," said Dunlap, who spent the last year going through the program and briefed garrison employees at two

workforce briefings Sept. 3.

The application period for next year's program begins Sept. 21, with the program beginning in January. Applicants must have their supervisors sign off on the application, as well as have current employment statistics reports completed that are relevant to their grade level, said the suicide prevention program manager. The program is open for people GS-grades 13-15s to become mentors, as well.

"The program is very competitive," she said. "Last year, when I got accepted, I was told that there were about 112 applications to the program and it was narrowed down to only 30 people who were admitted."

Unlike last year, this year's program was opened to more GS grade levels to allow civilian employees

from GS9 to explore and expand their careers, said Dunlap. The program year will consist of an orientation, a job shadow week and a capstone group project.

Some of the things that will be discussed over the course of the program include career program management, resume building, setting effective career goals, and understanding professional strengths and weaknesses, she said.

During the shadow week, there is even an opportunity for people to venture out of their current career path and see what other organizations might have to offer them.

"If you work for (a particular organization) and you'd like to see what some other organizations are like, don't have tunnel vision. Open

SEE IMCOM, PAGE A5

### NEW LYSTER SGM



PHOTO BY JENNY STRIPLING

Sgt. Maj. Kevin Zites accepts the Medical Department Activity guidon from Col. Gary A. Wheeler, Lyster Army Health Clinic commnder, during a change of responsibility ceremony Sept. 3 at the Army Aviation Museum. Zites assumed responsibility from Sgt. Maj. Jeffrey Pinnell, outgoing senior enlisted adviser.



# PERSPECTIVE

## 150 YEARS AGO

### Army takes on peacekeeping duties in post-Civil War South

By David Vergun  
Army News Service

WASHINGTON — This year marks the 150th anniversary of the start of the Army’s first, large-scale occupation duty, following the end of the Confederacy.

To commemorate the 1865 to 1877 occupation period, the Army’s Center of Military History published a new pamphlet: “The Army and Reconstruction.”

To understand the Military Reconstruction Acts of 1867, which divided the South into five military districts, an understanding of the preceding two years is needed, said Mark Bradley, a historian at CMH and author of the pamphlet. The pamphlet is available online at the CMH website: <http://www.history.army.mil/>.

After the Battle of Appomattox Court House and the surrender of Gen. Robert E. Lee’s Army on April 9, 1865, most of the fighting ended, or soon would, as word of the surrender spread.

In May 1865, there were about 1 million Soldiers in the Union Army. A rapid demobilization followed and by January 1866, there just 87,550 occupation troops in the South, and by October 1867, there were a mere 20,117 Soldiers.

#### An uneasy peace

The end of the Civil War, the freeing of the slaves, and demobilization did not usher in a period of peace and tranquility, Bradley noted. The institution of slavery and the antebellum way of life had roots that were deep.

Beginning in early 1866, Southern states began passing a series of laws and regulations, known collectively as Black Codes, which restricted the rights of blacks from voting, owning firearms and even gathering in



LIBRARY OF CONGRESS COURTESY PHOTO  
An illustration in the July 25, 1868, “Harper’s Weekly” shows a man representing the Freedmen’s Bureau standing between armed groups of whites and blacks.

public under certain conditions. Many were arrested for minor infractions and sentenced to involuntary labor. “It was about controlling the workforce and keeping blacks in as close to a position of slavery as possible,” he said.

Also about this time, groups known as “Regulators” started forming. The groups were basically outlaws or highwaymen, but over time, their activities took on racial overtones and the groups began harassing and attacking white unionists and blacks, he said.

In addition to the Regulators, other hate groups later formed to harass, intimidate and sometimes murder blacks and white sympathizers. Such groups included the Ku Klux Klan and the “Red Shirts,” Bradley said.

The Freedmen’s Bureau was established in 1865 to protect and educate the newly freed slaves, but the agency was disbanded in 1869 with its goals only half-accomplished.

In 1865 and 1866, the U.S. Army maintained a steadily shrinking number of posts in the

Southern states. At one point, about half of this occupation force consisted of U.S. Colored Troops who had joined the Union Army. Bradley remarked that their commanders often stationed them in remote areas to mollify Southern whites.

Tensions in the South increased as time went on for several reasons, Bradley said. First, Republicans in the North pushed for states to ratify the 13th, 14th and 15th amendments, known collectively as the “Reconstruction Amendments.”

The 13th Amendment abolished slavery, and was ratified Dec. 6, 1865. The 14th Amendment, which provided equal protection for all, was ratified July 9, 1866. And, much later, the 15th Amendment, which gave the right to vote for all male citizens 21 and older, was ratified Feb. 3, 1870.

President Andrew Johnson made it a requirement that Southern states, which had seceded at the beginning of the war, could not officially return to the U.S. until they ratified the 13th Amendment, repudiated the Or-

dinance of Secession and repudiated their war debts, Bradley said. They would also need to rewrite their state constitutions in a state-wide convention.

These requirements did not sit well with many Southerners, especially former leaders of the Confederacy who had not received presidential pardons and had their right to vote and serve on jury duty taken away, he said.

It was especially galling for the former leaders to see blacks get the right to vote, and even hold office in the state legislature and governorships, he noted.

During the 1866 mid-year national elections, the radical Republicans were elected to a majority in Congress. These lawmakers viewed the entrenchment of Southern Democrats and racial prejudice as unacceptable, Bradley said. In addition to ratifying the 13th Amendment, they also made it a requirement to ratify the 14th Amendment in order to achieve full statehood.

Furthermore, because the radical Republicans believed that a military presence was needed in the South to maintain peace and order, they passed the Military Reconstruction Acts of 1867.

#### Reconstruction duty

Military Reconstruction divided the South into five military districts. Tennessee was the only one of the 11 former Confederate states exempt from the occupation, as it had been the first to ratify the 14th Amendment on July 18, 1866, and it had satisfied other requirements to be readmitted into the Union, Bradley said.

The districts and the former Union commanders who led them throughout the Reconstruction period were:

- Military District 1 (Virginia): Brig. Gen. John M. Schofield,

Brig. Gen. Edward R. S. Canby, and Col. George Stoneman;

- Military District 2 (North and South Carolina): Maj. Gen. Daniel E. Sickles and Brig. Gen. Edward R. S. Canby;
- Military District 3 (Florida, Georgia, Alabama): Maj. Gen. George G. Meade, Maj. Gen. John Pope and Maj. Gen. Alfred H. Terry;
- Military District 4 (Arkansas and Mississippi): Maj. Gen. Edward Ord, Col. Alvan Cullom Gillem and Brig. Gen. Adelbert Ames; and
- Military District 5 (Texas and Louisiana): Maj. Gen. Philip Sheridan, Brig. Gen. Charles Griffin and Col. Joseph J. Reynolds.

At the start of the occupation, about 20,000 troops were deployed throughout the South where they protected the polling sites and performed other peacekeeping duties. The commanders, in effect, ran the states, Bradley said, explaining that they could nullify laws passed by the state legislatures and governors if they so wished, and replace them with their own laws. The commanders also had the authority to appoint and remove state and local officials.

Although the U.S. Army had performed occupational duties during the Mexican War, the scale and scope of this operation was much more massive, Bradley said. An occupation exceeding this size would not occur until the post-World War I Occupation of the Rhineland, and the post-World War II occupation of Germany and Japan.

With an Army of just 57,000, the occupation of the South put a strain on the force, as Soldiers

SEE SOUTH, PAGE A4

## Rotor Wash

“A sunrise yoga session is Saturday from 7:30-9 a.m. at Lake Tholocco. Why is flexibility an important component to overall health and fitness?”



**Spc. Deandre Lewis,**  
1st Bn., 58th Avn. Regt.  
(AOB)

“It’s important so that you don’t hurt yourself if you decide to work out.”



**James Sanders,**  
military family member

“It keeps you more limber when working out and just makes you feel better.”



**Cassidy Keating,**  
Army spouse

“It allows you to do more exercises and not be limited so much.”



**WO1 Andrew Owen,**  
B Co., 1st Bn., 145th  
Avn. Regt.

“Being flexible makes it easier to exercise and you won’t be as sore afterward.”



**Ashley Line,**  
military family member

“It just feels good to stretch out and be flexible.”

#### COMMAND

**Maj. Gen. Michael D. Lundy**  
FORT RUCKER COMMANDING GENERAL

**Col. Shannon T. Miller**  
FORT RUCKER GARRISON COMMANDER

**Lisa Eichhorn**  
FORT RUCKER PUBLIC AFFAIRS OFFICER

**Jim Hughes**  
COMMAND INFORMATION OFFICER

**David C. Agan Jr.**  
COMMAND INFORMATION OFFICER ASSISTANT

#### EDITORIAL STAFF

**Jim Hughes**  
ACTING EDITOR.....255-1239  
[jhughes@armyflyer.com](mailto:jhughes@armyflyer.com)

**Jeremy P. Henderson**  
SYSTEMS & DESIGN EDITOR...255-2253  
[jhenderson@armyflyer.com](mailto:jhenderson@armyflyer.com)

**Nathan Pfau**  
STAFF WRITER.....255-2690  
[npfau@armyflyer.com](mailto:npfau@armyflyer.com)

**BUSINESS OFFICE**  
**Robert T. Jesswein**  
PROJECT MANAGER.....702-6032  
[rjesswein@dothaneagle.com](mailto:rjesswein@dothaneagle.com)

**Jerry Morgan**  
REGIONAL SALES DIRECTOR....702-2631  
[jmorgan@dothaneagle.com](mailto:jmorgan@dothaneagle.com)

**Laren Allgood**  
DISPLAY ADVERTISING.....393-9718  
[lallgood@eprisenow.com](mailto:lallgood@eprisenow.com)

**Mable Rutllen**  
DISPLAY ADVERTISING.....393-9713  
[mrutllen@eprisenow.com](mailto:mrutllen@eprisenow.com)

CLASSIFIED ADS.....(800) 779-2557

#### Statement of Publication authorization

The Army Flier is an authorized publication for members of the Department of Defense. Contents of the Army Flier are not necessarily the official views of, or endorsed by, the U.S. government, or the Department of the Army.

The editorial content of this publication is the responsibility of the Fort Rucker Public Affairs Office.

Ten thousand copies are published weekly by The Dothan Eagle, a private company in no way connected with the U.S. government under exclusive contract with the Department of the Army.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or The Dothan Eagle.

#### Business matters

For business, advertisements, subscriptions or to report printing errors, contact The Dothan Eagle, 227 N. Oates St., Dothan, AL 36303 or call (334) 792-3141.

The Dothan Eagle is responsible for all printing matters and commercial advertising.

Deadlines are Friday at 2 p.m. for the following week’s edition.

All editorial content of the Army Flier is prepared, edited, provided and approved by the Public Affairs Office, U.S. Army Aviation Center of Excellence and Fort Rucker, AL.

#### Equal Opportunity Statement

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex,

national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

#### Editorial contacts

Contribute news items or photographs by contacting the Army Flier, Public Affairs Office, U.S. Army Aviation Center of Excellence, Fort Rucker, AL 36362, or call (334) 255-2028 or 255-1239; calls to other PAO numbers are not normally transferable.

If you would like to contact the Army Flier by e-mail, please contact the editor at [jhughes@armyflyer.com](mailto:jhughes@armyflyer.com).



# TRADOC deputy talks culture, language

**By Patrick Bray**  
*Defense Language Institute  
Public Affairs*

MONTEREY, Calif. — The Defense Language Institute Foreign Language Center welcomed the deputy commanding general and chief of staff of the U.S. Army Training and Doctrine Command to the Presidio of Monterey Sept. 2.

“There is a lack of language proficiency in the Army. Having men and women, who better understand the culture, and certainly speak the language, as we engage populations across the world is critical,” said Lt. Gen. Kevin W. Mangum during his first visit to the institute since he was appointed to his new position at TRADOC in 2014.

“Language is the driver to understanding a culture,” said Mangum, as he commended the native-speaking DLIFLC faculty, who already provide a level of cultural awareness as they teach language in the classroom.

A career Aviator with overseas deployments to Korea, Honduras, the Persian Gulf, Turkey, Bosnia, Afghanistan and Iraq, Mangum recognizes the crucial role that cultural training and language familiarization play for the warfighter.

“With the outreach programs that DLI has, we could certainly provide better cultural awareness and some basic language skills to the operating force,” Mangum



ARMY PHOTO

**Lt. Gen. Kevin W. Mangum, deputy commanding general and chief of staff of the U.S. Army Training and Doctrine Command, speaks to Defense Language Institute Foreign Language Center students outside a dining facility at the Presidio of Monterey, Calif., Sept. 2.**

said. “We must make them more culturally aware and provide as much regional expertise as we can.”

Turning from cultural awareness to training more proficient professional linguists, Mangum spoke briefly about the value of overseas immersion training opportunities and the benefit students gain from the experience.

“It’s one thing to sit in a classroom at the Presidio of Monterey and talk about other cultures and languages, but putting it into con-

text and perspective in the native land is priceless,” Mangum said.

DLIFLC has a robust immersion language program that sends students to more than 20 countries outside of the United States. Returning students said that the experience improves confidence and motivation in using the language, which generally contributes to higher scores on their final language proficiency test.

Recognizing that it is not possible to send every student overseas, DLIFLC has a designated

isolation immersion facility, where students spend from one to three days immersed in the language and culture, an experience that cannot be replicated in the classroom.

“I’m happy that we are doing immersions and I know there is an initiative to get more of it,” Mangum said.

Mangum’s visit to DLIFLC lasted only a day, but he was able to observe the full spectrum of training that linguists undergo. He observed language training at

the institute’s Middle East School III and interacted with students studying Arabic. He then visited the Directorate of Continuing Education to observe further education of linguists after completing the basic program.

Later in the day, Mangum spoke to Command Language Program managers, who are responsible for ensuring that units in the field continue to provide language sustainment opportunities for professional linguists.

“It all starts here. DLIFLC plays a great role for the entire joint force in what it provides,” Mangum said. “Obviously this is where we grow our linguists in their language proficiency and then send them out to the rest of the big, wide world. The language experts, the linguists that are trained here, certainly make a difference when they hit the ground in their units.

“This is a world-class language institute and a national treasure. It was a pleasure to see it and learn more about it,” he said.

DLIFLC is regarded as one of the finest schools for foreign language instruction in the world. The institute provides resident instruction in 23 languages to about 3,500 military service members, five days a week, seven hours per day, with two to three hours of homework each night. Generally, students spend between 26 and 64 weeks at the Presidio, depending on the difficulty of the language.

## Vietnam vets commemorate 50th anniversary of ‘helicopter war’

**By Damien Salas**  
*Joint Base Myer-Henderson Hall  
Public Affairs*

ARLINGTON NATIONAL CEMETERY, Va. — Hundreds of Vietnam combat helicopter pilots, their guests and Gold Star Families planted a tree in Arlington National Cemetery Aug. 28 to commemorate the 50th anniversary of the first U.S. combat troops entering the Vietnam War.

The spectators gathered before the tree dedication in the cemetery’s Memorial Amphitheater to remember the thousands of helicopter pilots and crew members, who lost their lives during the Vietnam War.

The event began with a round of speakers within the amphitheater, including a keynote address by retired U.S. Army Maj. Gen. Carl H. McNair Jr. Guests afterwards followed along as the wreath was carried to the tree from the amphitheater.

Above, four helicopters flew over in honor of the fallen as “Amazing Grace” was played on bagpipes.

The memorial tree dedication was the largest gathering of pilots at a single commemoration event, with 1,000 expected, said Bob Hesselbein, president of the Vietnam Helicopter Pilots Association, which held a five-day meeting in Washington, D.C., which ended Aug. 29.

Hesselbein said he met with the family of 1st Lt. Carlos Pedrosa and talked about a



PHOTO BY NELL KING

**Ethan Long admires the wreath placed during the living tree dedication ceremony to honor the 50th Commemoration of the Vietnam War at Arlington National Cemetery Aug. 28. Long’s grandfather, Roy Sudeck, was killed during the Vietnam War. Sudeck was an Army helicopter pilot and served three tours of duty in Vietnam.**

picture he took of him in 1972 at Kon Tum Airfield, the day before his death.

“Between missions, I found Carlos among our dispersed aircraft and had him

quickly pose for an individual picture,” Hesselbein said. “Our aircraft were dispersed to reduce the risk of many being hurt during the frequent rocket attacks we

endured while operating from the airfield. As bad luck had it, the very next day Carlos was killed instantly by a 122mm rocket that struck him in the area visible in the background of the previous day’s portrait.”

Pedrosa was buried at the cemetery and his granite marker has a Huey helicopter carved into it.

More than 58,000 Americans were killed in action during the Vietnam War, and more than 153,000 were wounded. All told, 658 U.S. prisoners of war returned home alive from Southeast Asia and, as of 2014, 1,638 were still unaccounted for. There are roughly 7.4 million living Vietnam-era veterans, according to the Department of Veterans Affairs.

A presidential proclamation signed in 2012 marked the beginning of a 13-year commemoration to honor the 50th anniversary of the Vietnam War, which will span through Nov. 11, 2025.

Joint Base Myer-Henderson Hall was made a commemorative partner of the 50th anniversary Vietnam War Commemoration for “supporting and honoring” Vietnam War veterans last year during the joint base’s annual retiree appreciation day event.

JBM-HH Commander Col. Mike Henderson received a certificate signed by then-Defense Secretary Chuck Hagel and Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, marking the occasion.

## News Briefs

### Lyster closures

Lyster will close Oct. 9 for organization day, along with Oct. 12 in observance of Columbus Day. The clinic will reopen Oct. 13.

People who need medical care or advice when the clinic is closed can call the Nurse Advice Line at 800-874-2273. For emergencies, people should go to the nearest emergency room.

### Day of Remembrance

The Fort Rucker Religious Support Office will host a 9/11 Day of Remembrance Friday at 11 a.m. at the Headquarters Chapel, Bldg. 109, on Shamrock Street. The event will feature a brief inspirational program honoring the memories of those who were lost in the 2001 attacks that will also seek to renew people’s commitment to service, America and the community.

For more information, call 255-2989 or 255-2012.

### ID card appointment system

To help reduce wait times, the Directorate of Human Resources recently changed its ID Card Section to an appointment-only system Mondays-Fridays for people seeking to get ID cards.

The only walk-in customers who are seen are those who have lost their cards, need a personal identification number reset, need a DD Form 1172 issue, are in- or out-processing, and retirees renewing their cards – all other walk-in customers will be asked to make an appointment.

To make an appointment, people just need to go online and visit <https://rapids-appointments.dmdc.osd.mil/appointment/building.aspx?BuildingId=876>.

People with questions on using the appointment sys-

tem or who need to verify the documents required to get an ID, should call 255-2182.

### POW/MIA ceremony

Fort Rucker will host its annual POW/MIA Recognition Day ceremony Sept. 17 at 4:30 p.m. at Veterans Park, located in front of the U.S. Army Aviation Museum.

### CIF closure

The Fort Rucker Central Issue Facility will be closed for inventory Sept. 21-25. Normal operations will resume Sept. 28. People with questions or concerns should call 255-9573 or 255-1095.

### Change of command

The 1st Warrant Officer Company will host a change of command ceremony Oct. 9 at 11 a.m. at the U.S. Army Aviation Museum. CW4 Jerry D. White will assume command from CW4 Joseph R. Scarpill. People need to RSVP by Oct. 2 by calling 255-2646 or 255-3432.

### Library fax service change

The Center Library recently changed its policy regarding sending faxes for patrons. There is now no charge for sending faxes to local or DSN phone numbers. Long distance faxes cost \$2 for the first page (not including the cover page) and 50 cents for other pages. The Center Library is open Mondays from 9 a.m. to 5 p.m.; Tuesdays, Wednesdays and Thursdays from 9 a.m. to 9 p.m.; Fridays from 9 a.m. to 5 p.m.; and Saturdays from noon to 5 p.m.

For more information, call 255-3885.

### Lyster activity classes

Lyster Army Health Clinic offers free yoga classes Mondays and Thursdays from 11:45 a.m. to 12:45 p.m. in the Lyster Activity Center, Rm. J-100, of the clinic. People are encouraged to bring their own mat, but the staff has extra if people forget. Also, free Zumba classes take place Mondays and Wednesdays at 4 p.m. in the Lyster Activity Center, Rm. J-100.

### Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people’s unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

### Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

### Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend. Retirees are also encouraged to apply for one of the open positions on the council.

For more information, call 255-9124.







# Exercise: Skills truly tested during flight

Continued from Page A1

on how to treat patients is down to about half the class period – the first half of the class is mostly about crew coordination.

“This is the third week of training, and we start to re-fresh them on a lot of their medical skills and what the difference is on how to apply what they know when they’re in the back of an aircraft,” she said. “All of these students

are new paramedics to the Army, and we all know that they’re very smart and know how to do their treatment, but it’s a matter of how to (practice) that in the back of the aircraft – this makes it real for them.”

Pineda said that most experienced flight medics agree that one can’t truly be tested unless they use their skills in the back of a moving, flying aircraft.

“When I went through the school, it was all simulation, so the first time (I got into an aircraft), I didn’t really know

(what to expect),” she said. “The first time I was in a helicopter was when I was in Afghanistan (on a mission), and I felt like I hindered the mission more than I helped, even though I felt very confident as a medical practitioner. It’s just a whole different experience.”

The intent is to be able to have the STX as a regular part of the course, which may not always be a possibility due to the amount of support needed for the flight hours, Pineda said.

# Prevention: Willingness to listen could save a life

Continued from Page A1

ing,” Dunlap added. “And it is that connection that might open the door to them asking for help.

“Once they ask you for help, people need to know the resources available and contact information to direct them to,” she said. “Often, the strongest people we see walking around are the ones most at risk. Sometimes the strength is just a mask.”

Dunlap said that the Fort Rucker ASAP Suicide Prevention is partnering with Lyster Army Health Clinic for the Take Action Fort Rucker Campaign.

“The campaign is to get people thinking about the little connections they can make with people to let them know that they are not alone,” Dunlap said.

“We want people to write in six words what they will do to either learn about re-

sources that might help people who are contemplating suicide, or what they will do to make a connection with someone to let them know they are not alone,” she said. “People will then photograph themselves with these six words, and post it to social media with the hashtag #TakeActionFortRucker.

“We want to get to at least 50 pictures by the end of September,” Dunlap said.

In 2008, the Centers for Disease Control and Prevention reported that the rate of suicide among Army service members was nearly double the civilian rate. This led to the largest military-based mental health study ever undertaken, which involved the Army partnering with the National Institute of Mental Health to study the factors leading to Soldiers ending their own lives.

Now, some of that data from the Army Study to Assess Risk and Resiliency in

Service members, or STARRS, is helping to drive changes in the way the Army views suicide.

Several risk factors for suicide occur among civilian and military populations including: an existing diagnosis of depression or severe anxiety; recent behavioral health hospitalization; alcohol or substance abuse; chronic pain or a serious medical condition; experiencing a highly stressful life event; relationship conflicts; and bullying at work or among peers.

In addition, Army STARRS showed some military-specific risk factors, e.g., being an enlisted Soldier, having a recent demotion or having deployed, put troops at a higher risk for suicide.

According to the Army Public Health Center, formerly the U.S. Army Public Health Command, there are several warning signs people can look out for:

People contemplating suicide often talk about it or talk about killing someone else. They will sometimes give away their possessions or property. They might withdraw from friends and activities, or act unusual or bizarre, based on your knowledge of them.

“You can show that you are willing to listen. Sometimes we get too busy to see the people around us, to really notice them,” Dunlap said, “The most valuable thing is to show you are willing to listen.

“If you are thinking about suicide, reach out and ask for help to whoever you trust. For those of us that they are reaching out to, please be aware of the resources available,” she added.

If you or someone you know is contemplating suicide, call 1-800-273-8255 (TALK) or the Lyster Army Health Clinic at 255-7028.

# IMCOM: This year’s program requires less travel for mentees

Continued from Page A1

your mind and see if you want to try something different,” she said. “Don’t think that since you were for (one organization) that you have to go do your shadow week with them.

“I did my first shadow week in San Antonio, Texas, with the (Army Substance Abuse Program) because that’s who I currently work for, so I thought that would be the best place for me to start,” she said. “As it turns out, my mentor was also friends with (Dr. Beverly K. Joiner, Fort Rucker deputy to the garrison commander), so I kind of got a second mentor shadowing this past year and got to spend time with her, follow her for a week and see what goes on at that level.”

Although this year’s program will require less travel on the part of the mentees, Dunlap said the program will be no less demanding of participants. There will be mul-

multiple virtual workshops on career program management, as well as teleconferences to minimize temporary duty assignments.

“The program does last an entire year and it is pretty demanding,” she said. “Don’t get accepted into the program and think that you can just skate along.”

To culminate the program, mentees will have to work on a group project that will test mentees’ ability to work together, as well as problem solve.

“The project that they’ll have you work on is an IMCOM-level problem that they’ll want solutions to,” said

Dunlap. “They use these groups to come up with new solutions to these problems to brainstorm some ideas. This is a real-life program, so look at your year and make sure you can fit it into your schedule – don’t take it lightly if you get accepted.”

For more information on applying as a mentor or mentee, contact the IMCOM HQ WFD team: Nick Gonzales at [Nicholas.c.gonzales.civ@mail.mil](mailto:Nicholas.c.gonzales.civ@mail.mil); Phillip Douglas at [phillip.d.douglas.civ@mail.mil](mailto:phillip.d.douglas.civ@mail.mil); Michael Berry at [michael.berry7.civ@mail.mil](mailto:michael.berry7.civ@mail.mil); or Amanda Rodriguez at [amanda.s.rodriguez7.civ@mail.mil](mailto:amanda.s.rodriguez7.civ@mail.mil).

**VISIT AT ARMYFLIER.COM**



**Army Aviation Center  
Federal Credit Union**



Your  
**FIVE STAR**  
★ ★ ★ ★ ★  
**CREDIT UNION**



**Wiregrass**  
Federal Credit Union

## CREDIT UNION CAR, BOAT & ATV SALE

**3 Days Only!**

**September 10, 11 & 12**

**8 a.m. until dark**

**Houston County Farm Center**

*1701 East Cottonwood Road, Dothan*

**New Autos**

as low as **1.99%** APR\*

for up to 60 months



### 13 DEALERS ON SITE

Bondy’s Ford Lincoln • Bondy’s Nissan • Boyd’s Marine  
Dothan Chrysler Dodge Jeep Ram • Dothan Kia  
Dothan Volkswagen • H2O Sports • Hyundai of Dothan  
Jim Skinner Honda • Mazda of Dothan • Mercedes-Benz of Dothan  
Solomon Chevrolet Cadillac • Toyota of Dothan

**GET PRE-APPROVED BEFORE YOU SHOP OR APPLY AT  
THE SALE TO GET OUR LOW RATES!**

**Army Aviation Center Federal Credit Union** 671-1890 [www.aacfcu.com](http://www.aacfcu.com)

**Five Star Credit Union** 793-7714 [www.fivestarcu.com](http://www.fivestarcu.com)

**Wiregrass Federal Credit Union** 793-3667 [www.wiregrassfcu.org](http://www.wiregrassfcu.org)



\*APR means annual percentage rate. Quoted rates are the lowest available rates, reflect all possible discounts and are effective September 10, 11 and 12, 2015 only. Your rate will be based on your credit history and may be higher. Rates and terms subject to change without notice. Additional loan rates and terms available. Cannot be combined with any other offer. Other restrictions may apply. Contact Army Aviation Center Federal Credit Union, Five Star Credit Union or Wiregrass Federal Credit Union for more details.



# REAL ESTATE SHOWCASE



**THE STRONGEST TEAM OF REALTORS IN ENTERPRISE.**



**334-347-0048** | [c21regencyrealty.com](http://c21regencyrealty.com) View our website for more photos or to view all the homes on the market!

**new LISTING**



**303 Lake Oliver**  
**\$145,000:** Wonderful contemporary home with 3BR/2BA, laundry room & side-entry 2-car garage. The eat-in kitchen has stainless appliances & the 2 bathrooms have custom upgrades. Generously sized living area with stone fireplace & cathedral ceiling. 2BR/1BA are upstairs. **JUDY DUNN 301-5656**  
 MLS #20151608

**new LISTING**



**100 Dixie**  
**\$19,900:** Castle Ridge Apartments, this fourplex has just come on the market for sale. Each unit has 2BR/1BA & they have either a covered deck or covered patio off the living room along with the storage/laundry room. Affordably priced. **EVELYN HITCH 406-3436**  
 MLS #20151618

**new LISTING**



**173 Lakeview ~ Daleville**  
**\$52,500:** Clean & cozy end unit townhome with all appliances to include washer/dryer. New interior paint, new HVAC in 2012, new roof in 2015. Covered porch off kitchen & upstairs BR, Jack & Jill BA with double vanities upstairs, 1/2 BA downstairs. Shady fenced in backyard. Convenient location. **SAM HELMS 798-3357** MLS #20151634

**new LISTING**



**7 Richardson ~ Daleville**  
**\$57,000:** This ranch is very well located, close to Ft Rucker & schools. Well established subdivision. Can easily turn back to 3BR. Beautiful landscaped yard.  
**NANCY CARIERO 389-1758 & BOB KUYKENDALL 369-8534**  
 MLS #20151647

**new LISTING**



**504 Crawford**  
**\$67,000:** Lots of character in this stucco home with 3BR (split)/2BA, hardwood floors in main areas, tile in kitchen & breakfast area. Built in 1954, this home has 1,508 SF. Plantation blinds on the windows, so you just have to bring your stove & refrigerator & move in. Beautifully landscaped yard with chain link fence in the back with a drive through gate on driveway side. Front porch has stairs off both sides. **EVELYN HITCH 406-3436** MLS #20151656

**new LISTING**



**877 Reese ~ Elba**  
**\$13,900:** Enter through the foyer & to the right is your formal living room with a swinging door into the galley kitchen. Then you have the dining/den area with lots of light. The 3BR/1BA & laundry room are down the hall. There is a door from the laundry room to the backyard which is fenced in & has a large Magnolia tree in the middle. Storage shed in back right corner. With a little bit of finishing touches, this could be your "Dream Home." **EVELYN HITCH 406-3436** MLS #20151683

**new LISTING**



**2143 Highway 84 ~ Elba**  
**\$750,000:** 105± acres & pond! Great location with all the amenities, 4BR/3 full BA/2 half BA, stocked pond, pool, plus 1 800± SF 4BR/3BA guest house.  
**JACKIE THOMPSON 406-1231 & TERRI AVERETT 406-2072**  
 MLS #20151686

**new LISTING**



**302 East Kingswood**  
**\$235,000:** This home has a classic feel that's like paradise in beautiful Valley Stream. A beautiful sparkling pool is just the beginning of this over 2,400 SF masterpiece. Gas fireplace, laundry room & great entertaining space around the pool.  
**CHRIS ROGERS 406-0726** MLS #20151700

**new LISTING**



**6678 County Road 306**  
**\$150,000:** Bring the family, dogs, 4 wheelers & horses, there is room for all! This 4BR/2BA home sits on 12± acres of rolling hills & fields. The large deck in back makes a great gathering & entertaining area. This home has lots of storage space with 4 outbuildings around the property. This country comfort will make a great place to call home! **SUMMER RAKES 406-1286 & CHRIS ROGERS 406-0726** MLS #20151703

**new LISTING**



**113 Deerfield**  
**\$82,000:** Nice all brick home, needs a facelift, wonderful home good bones, great rental potential. Bring your paintbrush & your design ideas. Owners are not going to remodel, it sells as is. **DEBBIE SUNBROCK 406-9078** MLS #20151711

According to recent, official numbers from the **National Association of Realtors ...**

- The average FSBO property sells for \$208,700
- The average agent-assisted property sells for \$235,000
- That's a \$26,300 difference ... or 12.6% more

We can show you how we can sell your home for **12.6% more than you would be able to by selling it on your own,** call us now **347-0048.**

**Smarter Savings. Bolder Exposure. Faster Results.**



View more pictures of these homes at [www.c21regencyrealty.com](http://www.c21regencyrealty.com)

**334-347-0048**  
 531 Boll Weevil Circle

Each Office is Independently Owned and Operated

**\$105,000**



**300 ANTLER:** 3BR/2BA on lot with trees, good condition, brick exterior. Convenient to Ft Rucker. **ANGIE GOODMAN 464-7869**

**\$144,900 ~ 2.8± ACRES**



**568 ROLLING HILLS ~ OZARK:** Country living in the city...BRING THE HORSES! 2.8± acres with a 3BR/2BA brick and stone home. New metal roof installed in 2014 & new a/c installed in 2014. Also has 2 rooms that are attached to the garage that could be used as a separate living area (in-law suite) has a separate entrance, sink (water available but not attached), & wall heating & cooling units. Also there is an insulated metal building that has a separate electric meter & a loading dock. Would make a great work shop. **BOB KUYKENDALL 369-8534**

**OVER 4,000 SF**



**614 TARTAN WAY ~ \$467,000:** Like new, 4BR/3.5BA on #4 green at Tartan Pines. Over 4,000 SF. with large living room with fireplace, formal dining & spacious kitchen with light & bright breakfast area & view of the golf course. 2-car garage, newer 16 seer HVAC units. **JIMMY JONES 406-1752**

**\$177,900**



**996 WINSTON ~ ELBA:** Well-built home that is privately located & extra lot is included in sale. Kitchen appliances updated to include Jenn-Air down draft grill cook top, microwave/convection oven, refrigerator & dishwasher. You will love the energy efficient Pella windows! The spacious sunroom overlooks the private backyard. Storage galore in walk-in attic...you will have room for everything that is in the storage building! Shop building has 1-car carport, grilling area, deck & patio area. **MARY M. JONES 790-2933**

**\$120,000**



**116 HARRISON ~ DALEVILLE:** Situated between Enterprise & Daleville, this 3BR/2.5BA home features formal & informal areas as well as a screened porch & covered deck for outdoor enjoyment. Present owner has chickens, so there is a covered area for the hen houses, as well as a workshop for the do-it-yourselfer. Priced to sell. **EVELYN HITCH 406-3436**



View more pictures of these homes at [www.c21regencyrealty.com](http://www.c21regencyrealty.com)

**334-347-0048**  
 531 Boll Weevil Circle

Each Office is Independently Owned and Operated

**\$115,000**



**1740 DAUPHIN:** This property is ready for you, please don't miss it. The owners did all the updates with LOVE, new flooring, new kitchen countertops, ceiling fans & lot's more!!! **FRAN & DON KALTENBAUGH 790-5973**

**13.24± ACRES**



**84 WEST/EAST MCKINNON ~ \$65,000:** 13.24 acres±. Located on US Highway 84 West Between Enterprise & New Brockton. Property has 815 ft of 4-lane highway frontage per the deed & is located approximately 2 miles west of the Shell Station (Hwy 51 intersection) & 1 mile east of McKinnon Road intersection (Coffee County Offices Complex). A great location for a home or a business. **ROBIN FOY 389-4410**

**COTTON CREEK**



**23 BLUE RIDGE ~ \$326,000:** If you like comfort & charm, you'll love this sparkling 4BR/3.5BA in fabulous condition. From the gleaming wood floors to the stainless kitchen appliances, it's been well taken care of. Thoughtfully designed semi-open floor plan, this home offers warm woods, soft carpets, separate dining, large living area, family room with French doors & vaulted ceiling, an office & screened porch overlooking a beautiful landscaped yard. A home you will truly enjoy! Schedule your viewing today. **JUDY DUNN 301-5656**

**RENT TODAY**

**ASK ABOUT OUR RENT SPECIALS!**

**FOR RENT!**  
**\$450 - \$650**

**BRIARWOOD & SHADY OAKS APTS**  
 1 & 2 BEDROOMS

**REGENCY MANAGEMENT, INC.**  
**347-0049**



View more pictures of these homes at [www.c21regencyrealty.com](http://www.c21regencyrealty.com)

**334-347-0048**  
 531 Boll Weevil Circle

Each Office is Independently Owned and Operated

**Unlock Your Potential**

**ENROLL TODAY**

**CLASSES START SEPTEMBER 14<sup>TH</sup>**  
**5:00PM - 9:00PM**

**REGENCY SCHOOL OF REAL ESTATE**

Live Instruction by  
**EXPERIENCED & KNOWLEDGEABLE**  
 Instructors

**ENROLL TODAY**  
 Call Robin Foy at 389-4410  
[school@c21regencyrealty.com](mailto:school@c21regencyrealty.com)

**CENTURY 21**  
 Regency Realty, Inc.  
 License #93387



# Ranger School: All Soldiers welcome



Soldiers participate in combatives training during the first gender-integrated Ranger course on Fort Benning, Ga., April 20.

By C. Todd Lopez  
Army News Service

WASHINGTON — From now on, the Army’s Ranger School will be open to any female Soldiers who meet the criteria.

That’s the latest from the Army, as spelled out in a Sept. 2 “All Army Activities” message.

“We must ensure that this training opportunity is available to all Soldiers who are qualified and capable, and we continue to look for ways to select, train and retain the best Soldiers to meet our nation’s needs,” Army Secretary John M. McHugh said.

The chief of staff of the Army said the service’s No. 1 priority is combat readiness and that the leadership development that comes from attending Ranger School is a key component of that.

“Giving every qualified Soldier the opportunity to attend the Ranger c/154897course, the Army’s premier small unit leadership school, ensures we are maintaining our combat readiness today, tomorrow and for future generations,” Army Chief of Staff Gen. Mark A. Milley said.

In January, the Army announced that it would, for the first time, open Ranger School to women, as part of a “Ranger Course Assessment.” That assessment kicked off in April as part of Ranger Course 06-15.

Two women who entered Ranger School at that time, 1st Lt. Shaye L. Haver and Capt. Kristen M. Griest, eventually graduated the school Aug. 21, and a third woman is in the final phase of the school in Florida.

Now, all women who want to en-

SEE RANGER, PAGE B4

## 10TH CAB

Aviators, infantry conduct live-fire exercise

By Capt. Peter Smedberg  
10th Combat Aviation Brigade  
Public Affairs Officer

FORT DRUM, N.Y. — Aviators from A Company, 1st Battalion, 10th Aviation Regiment, 10th Combat Aviation Brigade, were in the skies over Range 44 in mid-August while conducting a combined-arms live-fire exercise with ground forces from the 2nd Battalion, 87th Infantry Regiment, 2nd Brigade Combat Team.

The training exercise, designed to enhance air-to-ground operations between Aviators and ground forces, offered a rare opportunity for 10th CAB attack personnel to engage targets with training munitions, outside of semiannual aerial gunnery windows, while simultaneously capitalizing on training opportunities with 10th Mountain Division (LI) ground units.

“Our mission as attack pilots is to support the ground force commander,” said CW2 John Mason, tactical operations officer for A Co., 1-10th Avn. Regt. “Training exercises like these allow our pilots to interact with the ground forces in real time during simulated training scenarios, which is a critical part of our mission success.”

Typical aerial gunnery exercises for 10th CAB attack Aviators are executed in a manner that affords each flight crew the same opportunity to conduct their qualification tables with other Aviators playing the role of the ground force over the radio. This was not the case in last week’s training.

“We were integrated into a phased fire plan that initiated from pre-designated support by fire positions with phased 120mm, 81mm and 60mm mortar fire,” said 1st Lt. Joseph Lanham, an AH-64 Apache pilot from Headquarters and Headquarters Company, 10th CAB. “When all the mortar tubes went cold, the ground forces conducted their breach and we were called in to destroy an enemy technical vehicle.”

The exercise, which culminated Sunday night, provided a realistic training opportunity for some of 1-10th Avn. Regt.’s junior Aviators with limited experience communicating with ground forces in a dynamic real-world environment.

“We have some junior pilots who have limited experience talking to the ground forces in real time,” Mason said. “Training exercises like these provide them with the invaluable skills necessary to successfully conduct real-world operations.”

Although the concept of air-ground integration may seem simple on paper, it is far from it during real-world training scenarios.

“Integrating air assets into the overall operation can be a challenging and complex task for all involved,” Mason said. “I believe 2-87th Infantry, as well as our own attack company, have both benefited greatly from these training exercises.”

Soldiers of 1-10th Avn. Regt. will conduct their battalion aerial gunnery in September and will draw from lessons learned from the combined-arms live-fire exercise to enhance the brevity between Aviators and the ground forces they will be called upon to support in future operations.



First Lt. Joseph Lanham, Headquarters and Headquarters Company, 10th Combat Aviation Brigade, 10th Mountain Division (LI), observes Soldiers as they load the cannon on an AH-64 Apache Aug. 13 at Wheeler-Sack Army Airfield at Fort Drum, N.Y.



Sgt. Christopher D. Sutton, field artillery cannoneer assigned to 2nd Battalion, 319th Airborne Field Artillery Regiment, 82nd Airborne Division Artillery, takes cover after hooking up his M777A2 to the cargo hooks of a CH-47 Chinook from 3rd General Aviation Support Battalion, 82nd Combat Aviation Brigade during a sling load training exercise Aug. 29 on Fort Bragg, N.C.

## SALUTING WARRIORS

3-17th Cav. Regt. holds inactivation ceremony

By Sgt. Uriah Walker  
3rd Infantry Division Public Affairs

HUNTER ARMY AIRFIELD, Ga. — The Army’s retirement of the OH-58D Kiowa Warrior helicopter has led to the inactivation of Kiowa squadrons across the Army.

The 3rd Squadron, 17th Cavalry Regiment cased its colors Sept. 1 at Hunter Army Airfield, bringing an end to the Kiowa Warrior’s 50 plus years of Army service.

“Due to the Aviation restructure initiative, it was time for the Army to bring in a better aircraft, and that’s what you get with the AH-64D and its capabilities,” said 3-17th Cav. Regt. Command Sgt. Maj. Antoine Williams.

SEE WARRIORS, PAGE B4



Lt. Col. Geoffrey Whittenberg and Command Sgt. Maj. Antoine Williams, 3rd Squadron, 17th Cavalry Regiment command team, case the squadron colors Sept. 1 during an inactivation ceremony at Hunter Army Airfield, Ga.

## Flight simulator facility provides realistic training

By Melody Everly  
Fort Drum Public Affairs

FORT DRUM, N.Y. — From the time Army pilots begin flight school until the day they end their careers in Aviation, many will have logged thousands of hours in flight time. These individuals will be called upon to use their expertise to support missions both stateside and downrange.

The aircraft they man provide vital supplies, carry wounded Soldiers to safety and provide protection for their battle buddies both in the air and on the ground, allowing them to complete their missions.

Although a great deal of their training happens in the air, there is another vital asset on the ground that allows pilots to prepare for any situation — standard or emergency — that they may encounter in their line of duty: flight simulators.



Flight simulator training instructor/operator Ken Erb looks on as a pilot trains inside the AH-64 Apache Longbow Crew Trainer.

In 2005, Fort Drum’s flight simulator facility received its first piece of training equipment — a full-motion UH-60 simulator. Jeff Guler, a retired Black Hawk pilot and now chief of the flight simulator facility, has been there since the beginning.

First hired as a contractor, Guler

was with the facility as staffing transitioned to Department of Army civilian jobs. He witnessed the addition of five new training simulators, all of which have greatly enhanced the 10th Combat Aviation Brigade’s ability to train their pilots.

Before the addition of the facility on Fort Drum, simulated training opportunities for pilots were few and far between, with Soldiers having to travel in order to receive this training, he said.

“The pilots would drive to Fort Indiantown Gap, Pennsylvania, to attend training periods,” Guler said. “By having simulators at Fort Drum, Aviators do not need to travel.”

Not only does the Army save money in travel expenses for these Aviators, it also saves fuel, resources and aircraft maintenance, he said.

SEE TRAINING, PAGE B4



# CLASSIFIEDS

(334) 347-9533 • (800) 779-2557

## ANNOUNCEMENTS

### GENERAL & SPECIAL NOTICES

**GREEN ACRES CATFISH FARMS**  
OPEN Saturdays ONLY Sept. 5th.  
Sept, Oct, Nov now \$2.00 per lb.

➔ **Overstocked** ➔

Hrs. 6am - 6 pm (no licence req.)

(spring fed & delicious)

**Buffalo Meat for sale**

Healthiest meat on the market  
located 4 mi. E. of Slocomb  
on Co. Rd. 28

➔ **Call: Weston 334-435-2827**



### YARD & ESTATE SALES

**108 S. Oak Ridge Dr. Enterprise Sat. 12th**  
(7-1) designer Yd. sale, Don't want to miss this one!  
Lots of jewelry, designer clothes, H/H, dishes, lamps, A Christmas Gardening Party

**After 48 yrs. in business**  
**it is time to down size**  
★ **Backyard Treasures**  
2331 Ross Clark Circle  
**AND Dirt Cheap Antique Mall**  
2332 Ross Clark Circle  
**All item marked BC are 30%**  
off original price, many  
marked lower!!!!

## MERCHANDISE

### HEALTH PRODUCTS

**DIABETIC TEST STRIPS**  
**NEEDED I BUY SEALED/**  
**UNEXPIRED BOXES**  
**CALL BOB (334) 219-4697**  
**OR (850) 710-0189**

### JEWELRY & WATCHES

**Wanted: Old Coins, Gold,**  
**Diamonds, Guns, And Tools**  
West Main Jewelry & Loan 334-671-1440.

### LAWN & GARDEN EQUIPMENT

**Wells Lawn Mower**  
**Taylor, AL.**  
**334-702-9566**  
We Buy Sale & Trade Lawn Mowers daily.  
We have a good stock of used  
mowers. Call for prices.  
We sell used parts also.  
★ **Troy Built XP Horse Riding Lawn Mower**  
20 HPx46 Hydro \$750.  
★ **John Deere Riding Lawn Mower LA100.**  
18 HPx42 w/bagger \$650.  
★ **Cub Cadet Riding Lawn Mower LTx1040**  
19 HPx42 Automatic \$750.

### MISCELLANEOUS FOR SALE

**Harmar Power Wheel Chair Lift** with lock  
down device, 1 yr. old \$1500. OBO  
**Invacare Pronto-151 Power Chair** with sure  
step, has true center-wheel drive  
performance for exceptional  
maneuverability & intuitive driving \$2500.  
Call: 334-482-2916.

**LOTS Construction Equipment,**  
**alum. Pick board, 2ftx32ft & 2ftx24ft.**  
**enclosed 20 ft. feather lite alum. trailer.**  
**Saws - new & used, airhose, extension**  
**cords and much more! 334-695-1994.**

## FARMER'S MARKET

### FARM & DAIRY EQUIPMENT

## SUPER SALE

**NEW 6' Rotary Mowers \$1195.**

**NEW 5' Rotary Mowers \$895.**

**NEW HD 7' Rotary Mowers \$2300.**

**NEW 15' Flex Wing Mower \$9995.**

**NEW 10' Drag Mower (HD) \$4600.**

**1100 MF w/ loader \$8995.**

**5200 JD (4WD) w/loader \$15,900.**

**1925 NH (4WD) w/ loader \$6895.**

**2000 Ford Diesel w/new mower \$6500.**

**New DX 6' Roto Tiller \$1595.**

**Ray Dean Farm Equipment**  
**Hwy 84W 334-692-3164**

### FRESH PRODUCE

## FRESH GREEN PEANUTS

**850-352-2199 or 850-352-4423**

**850-209-3322 or 850-573-6594**

**Peanut Shack 4128 Hwy 231**

**CLASSIFIEDS**  
**HAVE**  
**WHAT YOU ARE**  
**LOOKING FOR**

### FRESH PRODUCE

## SAWYER'S PRODUCE

HAS FRESH HOME GROWN PRODUCE



**Vine Ripe Tomatoes, Shelled**  
**Peas & squash and more!**  
**220 W. Hwy 52 Malvern**  
**➔ 334-793-6690**

### HAY & GRAIN

★ **Top Quality Coastal Bermuda Hay** ★  
2015 Lg. Rolls Net wrapped,  
Fertilized, Freshly Rolled  
\$45. per roll 850-209-9145

### WANTED - FARM & GARDEN

**Buying Pine / Hardwood in**  
**your area. No tract too small**  
✓ **Custom Thinning**  
**Call Pea River Timber**  
**➔ 334-389-2003** ➔



## EMPLOYMENT

### GENERAL

## JOB ANNOUNCEMENT

The Coffee County Commission has  
openings for the position:

## Laborer

Pay Range is 7.53 per hour  
Valid Driver's License, must be physically  
fit to handle various flagman tasks and other  
duties. Requires standing for long periods.  
Paid vacation, sick leave, health insurance,  
holidays and state retirement.

**Closing date: September 18.**

**Please apply at the Alabama Career Center,**  
**Enterprise, AL.**

Coffee County is an Equal Opportunity Employer.

THE CITY OF ENTERPRISE  
IS ACCEPTING APPLICATIONS  
FOR THE POSITION OF:

## MAINTENANCE CONSTRUCTION WORKER I

Summary: responsible for sewer line  
maintenance/repair and road repair/  
maintenance. Operates auger.  
Measures, cuts, and installs sewer line.  
Repairs pot holes. Assists other  
Public Works divisions as assigned.

Starting Salary: \$9.32/HR

**OPENING DATE:**  
**September 3rd, 2015**  
**CLOSING DATE:**  
**September 17th, 2015**

To apply visit: [www.enterprisecal.gov](http://www.enterprisecal.gov)  
**HUMAN RESOURCES, CITY OF ENTERPRISE**  
**CITY HALL, 501 S MAIN ST. ENTERPRISE,**  
**AL. M-F, 7:30 - 4:30 EOE**

### HEALTHCARE

**South Central AL Mental Health Center**  
**Career Opportunities:** Butler, Crenshaw,  
Coffee and Covington Counties  
**FULL TIME**

**DD MH Worker** - work with &  
transport adults with intellectual  
/developmental disabilities in Coffee County  
to CCTC. **Must have** HS diploma, experience  
working with adults with developmental  
disabilities preferred.

**LPN** - Enterprise office Monday - Friday.  
**Required** LPN license by the  
AL Board of Nursing.

**LCSW** - provide telemedicine for Medicare  
services for four county catchment.  
**Required** LCSW license.

**ALL candidates must be able to type and**  
**have basic computer skills, possess**  
**a valid AL driver's license, eligibility for**  
**coverage under center liability**  
**insurance and individually held vehicle**  
**liability insurance with a**  
**clear background check**  
Benefits for staff include paid time off,  
BC/BS health insurance, Life, Aflac  
and RSA retirement.

Certified National Health Service Corp Site

Apply: SCAMHB - HR, 19815 Bay Branch Rd.,  
Andalusia, AL 36420 OR via  
website [www.scamhc.org](http://www.scamhc.org) OR email resume  
in Word Doc to: [sabrina.boddy@scamhc.org](mailto:sabrina.boddy@scamhc.org)  
**No Phone Calls Please**

### TRANSPORTATION

## DRIVERS NEEDED

Arrow Disposal Service  
Solid Waste Collection  
Class B CDL Clean MVR Required  
Competitive Wages Call: (334) 585-9838



## RESIDENTIAL REAL ESTATE FOR SALE

### HOMES FOR SALE

**For Sale By Owner:** 304 Grubbs St. Enterprise.  
3/2, 2,500 SF, metal roof, new paint & floors, lg.  
yard. Carport, tool shop. \$67,500. 817-875-2712.



## RECREATION

### BOATS

**1980 Boston Whaler Revenge**, 1994 Mercury  
200. Also comes with Tandem trailer., \$10,000  
OBO. MUST SELL! for health reason. Call Ken  
229-334-5723.



**Sea King 1969? Fiberglass**  
**Fishing Boat:** With 20hp  
Sea King motor. Clean.  
\$1,050.00 or Trade? 334-  
678-6990

### CAMPERS & TRAVEL TRAILERS

**Dutchman 2006 Travel Trailer**, 28ft., corner  
shower, awning, triple slides, K-sz. bed  
1-owner, excellent condition. \$9850.  
334-596-4366.



**Keystone Travel Trailer**  
**2014 Passport Ultra light**  
**Grand Touring**, md# 2650  
BH, like new, with power  
slide, power awning and  
grill. Heavy duty hitch, sway bar, mirrors, 18  
gal. smart tote, chocks & access. \$17,500.  
850-482-2842, leave message.

**Montana 2007 5th wheel**, 33 ft., 3-slides, Good  
condition & clean. \$22,900 FIRM. Call for details  
334-693-0609 or 334-718-1719.

### MOTOR HOMES & RVs

**Newmar 2004 MTN. Aire Motor Home**.  
Workhorse Classis, 32,750 miles, 2-slides,  
computer desk/Dine. New roof & refrigerator,  
auto satellite dish, includes 10K lb. blue Ox tow  
bar & brake buddy. \$69,900.  
850-272-0596 or 850-326-3615.



## TRANSPORTATION

### AUTOS FOR SALE



**1996 Buick Riviera, Super**  
**Charge**, V-6, very smooth  
ride. Gets at least 20 mi.  
per gal. New 4 yr. old  
engine w/ 20L miles.

MOVING to California \$3,000 OBO. 334-547-9634  
/ 334-547-2667 / 334-886-2510

**2014 Altima 2.5L, SL**, Pearl white, beige leather,  
34500mi. PW, PL, PD seat, Heated seats &  
mirrors, Bose radio, cd player, xm radio,  
bluetooth, push button start, 31-35 mpg, moon  
roof, lighted kick plate, tintwid, fog lights,  
lights underneath, spoiler, rear monitor,  
remote start, 7in Navi., BSW, LDW, MOD  
\$32,000 new, sale for REDUCED \$22,900.  
Call text 488-6093



**Camaro Dale Earnhart**  
replica Rally Sport, black  
on black, sun roof, super  
fast 6 cyl. V-6, only 7,800  
miles!!!! Army Aviation  
will sell \$23,000 334-796-9634 /334-597-8667/  
334-886-2510 GREAT CAR!!!!!! MUST SEE!!!!

**Chevrolet 2008** 4-door, HHR, new  
transmission, needs motor. \$1000.  
334-792-7814 or 334-648-0967.



**Chevrolet 2005 Corvette**  
**Convertible:** Silver/  
Ebony Leather, Power  
Top, Navigation, Heads  
Up Display, 6 Speed  
Transmission, Chrome  
Wheels, Clean Carfax. Very  
Nice Car. Miles Only 38000. Call Scott @ 334-  
685-1070. \$528,500 OBO 334-685-1070



**Corvette 1990** black on  
black convertible.  
Very fast 8 cyl. 350, runs  
strong, Only 99,800 miles!!  
Army Aviation, bank value  
high retail \$13,000, low retail \$8000. MOVING to  
California SELL FOR \$6,000. OBO 334-796-9634 /  
334-547-2667 / 334-886-2510



### DO YOU NEED A VEHICLE ?

**\*O down Ride Today.**  
**Bad Credit? No Credit**  
**Gaurenteed Approval**  
**Buy here Pay here**  
Pass, REPO, BK'S,  
SSI & VA OK

**Call Steve Pope 334-803-9550**

**AKA Mr. Ride today!**

#1, 5 yrs in a row. \*Call for more info.

**Volkswagen 2007 Jetta Wolfsburg**, silver with  
leather interior, alloy wheels, heated seats,  
power sunroof, 4 door, 5 cylinder, cold AC,  
excellent condition, 850-272-5286.

### MOTORCYCLES



**2002 Harley Davidson**  
Ultra Classic Electra Glide  
Garaged. Purple/black.  
Loaded. Chromed out.  
14,750 mi. Excellent condi-  
tion. \$10,999. 334-714-4548



☆☆ **2011** ☆☆

**Harley Davidson**

Superglide Custom,

Adult owned, factory

original, garage kept.

Lovingly cared for,

fog lights, windshield, back rest, alarm

system with pager, luggage rack,

mint condition, 13 K miles, original owner.

\$12,500 Call 334-598-0061 ➔

**Suzuki S40 2007 650cc**, only 1500 miles, saddle  
bags, windshield, crash bar and more! \$2750.  
850-272-2504 or 850-526-7886. MINT COND.

### MOTORCYCLES

**Harley Davidson 2002 Road King**, police special,  
solo seat, pad, back rest & luggage rack, well  
maintained and in very good cond. 46K miles,  
\$7500. 334-237-0677.



**Harley Davidson 2004**  
Road King Custom FLHRSI  
30K miles, well maintained,  
perfect condition, never  
damaged, black in color, lots of  
extras & chrome. **\$8,500 Cash**

Call 251-423-5269.

**Harley Davidson 2008 Dana Custom Super Glide**  
crash bar with pegs, back rest with luggage  
rack, clip on windshield, very low miles.  
334-673-1320.



**Honda 2000 Shadow Sabre**  
**1100.** Black on Chrome.  
Very good looking, V-twin,  
approx. 44,000 miles.  
MOVING to CA; \$3,000.

334-547-2667 / 334-796-9634 / 334-886-2510

**Honda 2001 Valkyrie: Only** 19K, Just Tuned,  
Great Avon Tires, Many Accessories, Some  
Small Blemishes, Second Owner. \$5500  
Call: Jim @ 334-714-3898

**Honda 2005 Shadow Spirit**, 15K miles, well  
maintenance. \$3500. OBO 334-892-5272.



**Trike 2002 Road King**  
**Classic**, garaged,  
lowered, runs well,  
beautiful, vance & hines  
pipes, lots of chrome,

17,300 miles, \$18,500. 88 yr. old owner

Bill 334-762-2700 or Call: 334-714-9607

### SPORT UTILITY

**Chevrolet 2003 Trail Blazer** - If you are looking  
for a clean SUV this is it. All power, front and  
rear AC, clean car fax, asking \$3900. OBO  
Must Sell! 334-726-1651.

**GMC Envoy 2002 SLT**, front and rear air,  
tow/camping package, Bose premium stereo,  
rear entertainment system, 127K miles,  
4.2 liter inline 6 cylinder \$5,250. good condition.  
Call 334-714-0902.

**Mercedes Benz 2015 GLK350:** Buy this 2015 Black  
Beauty for the price of a 2014. Non-smoker with  
only 8800 miles. Perfect SUV. List way over \$42K.  
Buy it for \$35K OBO. Can be seen at the Dothan  
Lemon Lot. \$35,000. 334-333-5646

### TRUCKS, BUSES, TRACTORS, TRAILERS



**Backhoe Grapple**  
86" rakemaster grapple  
w/q.att. \$2500.  
Call: 334-792-9110



**Dodge 1995 Ram 2500.**  
Automatic transmission,  
Cummins Diesel, runs  
good, new brakes front &  
rear, white in color \$3,900.

For more details call 334-894-2315.



**Ford 1994 260C Industrial**  
**Tractor**, 60HP diesel  
shuttle shift, 8 FWD, 8  
REV. front end loader,  
Alamo industrial flail

mower, 6 ft. good cond. \$9,800. 334-894-2315.



**Massey Ferguson**  
**245 Tractor**,  
6 forward speeds,  
2 reverse, power  
steering, cranks

easy, runs great, includes Brown mower with  
new blades 5 1/2 ft. REDUCED! \$5300.  
850-482-5026. Leave Message.



**Mazda 2001**  
**B3000** extend-  
ed cab DS, 3 li-  
ter, automatic,  
90,730 miles,  
cold air, like

new, \$6800. 334-790-7959.

**Peanut Picker** - 4 row KNC, good condition,  
\$8000. 334-790-0224.

### WANTED AUTOS

**1ST PLACE TO CALL FOR ALL OF**  
**YOUR TOWING NEEDS!**  
*Harger's 24 Hour Towing*  
AUTO BODY & RECYCLING  
PAYING TOP DOLLAR FOR JUNK CARS  
**Contact Jason Harger at 334-791-2624**

## WANTED TO BUY

ATV COBRA LIKE OR 4-WHEELER. ALSO CANE  
MILL & SYRUP KETTLE 334-775-3532.

**Wanted to buy Junk Cars,**  
**Trucks and Vans**  
**We pay the most !!**  
**Hauled the same day as called.**  
**➔**



For the **Biggest Deals**  
from local businesses,  
visit **TheBigDDeal.com**  
and save **50-90%!**



**PRINT. INSERT. DELIVER.**

Get results **NOW** with four-color print and deliver inserts.

8.5"x11" • 70# Coated Stock • Multiple Drop Options  
Full Process Color • Printed Both Sides

Reach 32,500 homes in Coffee and Dale Counties for only \$1,430.  
Other sizes and quantities available.



For more information,  
contact the Enterprise Ledger advertising sales at  
**334.347.9533**



# Ranger: Course standards remain same

Continued from Page B1

brace the challenge and the opportunity to earn the Ranger tab will be able to enroll in the school, if they meet the stringent requirements to attend.

Maj. Gen. Austin S. Miller, commander of the U.S. Army Maneuver Center of Excellence, said during an Aug. 20 press conference that those same stringent requirements and standards were not changed as part of the Ranger

Course Assessment.

“Up front, what we’ve been very consistent on is we’ve said there will be no change to the standards – and there weren’t,” he said. “We also said we’re going to be professional and objective as we work our way through this process, which is exactly what you would expect from a Ranger-qualified instructor or anybody else in the Army.”

Just a day before her graduation from Ranger School, Griest said that for other women who want

to attend the school, perseverance and confidence are key to making it through.

“I personally know a lot of women interested in going, and for whatever reason, whether it is timing or deployment or they are in some school at this point in time, they weren’t able to go to this assessment,” Griest said. “But I know many very qualified women that I can think of that could pass the course or at least make a very good attempt. I would encourage

them to go. And I would say keep doing what they are doing. They are motivated. It is definitely more of a mental challenge than physical. If you mentally know you want to get through – and you have to want to get through – than you will make it.”

Current Army policy allows female students who successfully complete Ranger School to receive a graduation certificate and be awarded, and authorized to wear, the Ranger tab. However, female

graduates will not receive the associated Ranger skill identifiers or be assigned to Ranger-coded units or positions.

According to an Army spokesperson, there are three more Ranger Schools scheduled this year, one in September, one in October and one in November. He said it usually takes two to three months to prepare for Ranger School, so if other female Soldiers hope to attend the school, it is likely they will enter the November course.

# Warriors: Aviators share emotional farewell for OH-58D

Continued from Page B1

“The great thing is (1st Battalion, 3rd Aviation Regiment) will reflag in October as 3-17th Cav. Regt. and they will continue to do great things with the AH-64D,” said Williams. “The Soldiers have worked tremendously hard on making sure to keep the (99-year) legacy alive for the (Combat Aviation Brigade).” Williams further explained that the ma-

jority of the Soldiers have follow on assignments within the brigade. Some will be reassigned throughout the Army, and several more will transition to the 15R military occupation specialty to work on the Apache.

The evolution of Cavalry Soldiers from horses to armored vehicles and helicopters has been constant. However, the goal has always remained the same – bring the fight to the enemy and keep

the commander on the ground situationally aware by the most effective means possible.

“The 3-17th has a very storied history that dates all the way back to 1916,” said Lt. Col. Geoffrey Whittenberg, 3-17th Cav. Regt. CAV commander. “Throughout those years, the steed, or aircraft, or piece of equipment we ride has changed many times and this is just another part of that change.”

The Kiowa is dear to retired CW4 Thomas Richardson, who flew with A Company, 3-17th Cav. Regt. in Vietnam.

“It’s sort of like the loss of a child or a best friend – very emotional,” said Richardson about the inactivation of “Light-horse” Squadron. “I live here (in Savannah) and I see them flying around, and I look up and it’s a pleasure to see one flying. It’s kind of like a part of my life has gone away – a big part.”

# Training: Procedures prepare Aviators for complex scenarios

Continued from Page B1

One example is the AH-64 Longbow Crew Trainer.

“The pilots are able to use the LCT simulator to perfect their gunnery tables before they get into the aircraft to fire actual rounds,” Guler said. “Having the ability to cost-effectively train Soldiers in a realistic virtual world without putting equipment or Soldiers at risk is extremely beneficial in the age of budget cuts and Army downsizing.”

In 2006, two new flight simulator training instructors/operators, Ken Erb and Tim McDougall, were added to the staff. Both instructors are former Black Hawk pilots, who retired on Fort Drum and wanted to continue serving the Army by supporting Aviators.

“There is nothing like the camaraderie of the military, and this job helps to maintain that sense of work relation,” McDougall

said. “I wanted to apply the skills, knowledge and abilities that I had acquired in the military to continue to serve my country.”

Another goal that all three instructors expressed was to share their knowledge, learned during multiple deployments, overseas tours and duty stations, with the next generation of Aviators.

“Each pilot learns from other pilots’ experiences,” Erb said. “In the simulator, we can pass on our knowledge and experiences as pilots. Giving back the knowledge I gained makes it enjoyable coming to work every day.”

Some of the training scenarios that pilots go through, including local area orientation, are quite basic, Guler said.

“This allows them to get accustomed to the range entry and exit procedures,” he said. “They will also learn the procedures and regulations for flying at Fort Drum.”

Aside from training scenarios

that familiarize Aviators with Fort Drum itself, there are also many basic tasks that young pilots must learn before they can move on to more advanced maneuvers, McDougall said.

“Startups, shutdowns, basic task flight instruction and instrument flights are at the core of our training for this level of pilot experience,” he said.

After working through these procedures, both in the simulator and in the air, Aviators are ready to engage in more complex scenarios.

“(This includes) tactical missions where threat is introduced into the scenario and pilots must evade the threat, engage or be shot down,” McDougall said. “They need to use terrain to mask the helicopter, and utilize the aircraft survivability equipment installed on the aircraft to defeat the threat and complete the mission.”

CW3 Michael Kicklighter and CW2 Josh Baker, having recently

completed a training segment, spoke about how the simulator and UH-60 aircraft share many of the same attributes.

“They are very similar,” Kicklighter said. “With the Instrument Flight Rule Training, they are identical. This is when we are in the clouds and can’t see outside. Training for a situation like this in the simulator means we are more comfortable doing this in the air.”

Pilots also must be prepared for emergencies that they may encounter, and the simulators allow them to practice these scenarios, such as a maneuver known as auto-rotation, in a safe learning environment.

“That is a situation where we train for what to do if we lose both engines,” Kicklighter said. “In the simulator, they can actually ‘fail’ the components and we auto-rotate to the ground. We are preparing for something that we obviously hope never happens.”

Baker said that, although stressful, practicing emergency procedures is an extremely important part of learning to become a great pilot.

“It is stressful, but that’s a good thing,” he said. “When you’re in the simulator, you get the lights and the audio. When a light turns on, you have to think: ‘OK, what am I going to do?’ You go through the steps and figure out how you would proceed if that ever happened in real life.”

Meanwhile, the flight simulator instructors sit behind the pilots, both controlling the computerized system and talking them through the process, based upon their own experience.

“The instructors all have enormous amounts of experience,” Kicklighter said. “We may miss things and they will point them out. It gets us thinking, ‘yeah, I could have done that.’ Their knowledge is extremely helpful.”

Opelika-Auburn  
NEWS  
your life. your news.

RUN FOR  
YOUR LIFE

THE AREA'S NEWEST COSTUMED 5K

Grab your running shoes & join us the morning of Oct. 17 for the area's newest costumed 5k!

Costumes are not required, but we will have prizes for the best costumes.

Opelika Municipal Park • Saturday, October 17

Presented by Opelika-Auburn News & Opelika Parks & Rec.

AWARDS FOR

Top Male/Female Runner

Runners by Age Division

Best Individual Costume

Best Group Costume

Best Pumpkin 12 & under

Best Pumpkin 13 & up

PUMPKIN  
CARVING CONTEST

Show off your carved pumpkin on our stage for the chance to win a special prize

SCHEDULE OF EVENTS

8:00 Activities Begin

8:15 One Mile Fun Run

8:30 Race Begins

9:30 Awards

FOR MORE INFORMATION OR TO REGISTER VISIT [OANOW.COM/RUN](http://OANOW.COM/RUN)





COURTESY PHOTOS

Students at the Fort Rucker Primary School celebrated their Tailgate Spirit Day with cheerleaders, football players and band members from the high schools in Enterprise, Daleville and Ozark Sept. 3.

## EXCEPTIONAL

### Program helps special needs families

By Nathan Pfau  
Army Flier Staff Writer

Taking care of an Army family is a lot of work, and taking care of families with special needs requires extra hard work, love and dedication, and that's why the Army is taking on the task with one of its family programs.

The Exceptional Family Member Program at Fort Rucker is designed to help active-duty Soldiers and family members who have any type of special need and ensure that those services are available to them as they move throughout their military career, said Marion Cornish, EFMP program manager.

"Our mission is to help identify Soldiers who have family members with special needs and make sure the services are available to them," said Cornish.

The term "special needs" covers a broad spectrum, said the EFMP manager, and includes family members who need early intervention services, special education services, counseling services, speech therapy, physical therapy, occupational therapy, specialized care services, even if it's only once a year, and a myriad of other requirements.

There are two major components to the EFMP program, said Cornish: the support side, which is Army Community Service that provides client referrals, advocacy, workshops, trainings and respite care; and the medical side, which falls under Lyster Army Health Clinic that oversees health screenings, enrollment and disenrollment, and updates to medical records.

"When disenrollment is involved for whatever reason, the Soldier must make sure to visit the nearest Army medical EFMP office to do so, even if they are stationed at a post of a different armed forces branch," she said.

Cornish said families who need to enroll in EFMP or want to see if they are eligible for EFMP services should call 255-7431 to make an appointment with Lyster's EFMP office.



COURTESY PHOTO

Marion Cornish, Exceptional Family Member Program manager, reads to families during a Story Time session for the EFMP Child Find Campaign last year.

The screening process starts off at the EFMP website, [www.efmp.amedd.army.mil](http://www.efmp.amedd.army.mil), which will give family members access to forms that they must fill out, said the EFMP manager.

"Even with those forms, those family members need to touch base with their medical EFMP office because they will be able to take them step-by-step through the whole process," she said. "Some services will require the health care provider's signature."

Once the paperwork is done and filed, family members will be screened by a physician at LAHC to make sure everything is in order, and Cornish reassures that families won't have to go through the process alone.

The most popular service is respite care, said Cornish, which helps primary caregivers of qualifying families get time away from their daily routine. If a family meets all the requirements, they can receive this service for a maximum of 40 hours a month at no cost to them.

"Sometimes there's a lot of our families with special needs have to go through," Cornish said. "So, if you can get a break, even just for a little while, you can come back refreshed and ready to deal with the things you have to deal with on a regular basis."

This time can be used to catch up on

daily routines, errands or even simple things like grocery shopping, said the EFMP manager.

"A lot of us don't understand how much an undertaking it can be just to go to the grocery store if you have a family member with special needs," she said. "We don't think about all the orchestration involved."

On occasion, a Soldier's request for a specific duty station can be denied based on the needs of the family, but in the rare circumstances in which a Soldier's request is denied or that Soldier is moved to a place where there are no services for their family member, EFMP is there to help the family explore other options.

Though enrollment in EFMP may affect the places a Soldier can go, it won't affect any promotions, as information about EFMP enrollment is never provided to the board that determines promotions, said Cornish.

"If you're in doubt, just call us and talk with us and we can give you some preliminary information over the phone," she said. "The program is designed to help and the end result is the Army concerned for the overall wellbeing of the family."

For more information, call 255-9277.

## VOLUNTEER OPPORTUNITIES

### Project: Hispanic Heritage Half Marathon

Volunteers are needed to assist with registration and refreshments for the Sept. 19 race. If interested, call 255-2296.

### Project: Octoberfest

Volunteers are needed for the Sept. 25 event. If interested, call 255-1749.

### Project: Frite Nite

Volunteers are needed Oct 23 and 27 for the event. If interested, call 598-3384.

### Position: Zumba or Dance Instructors

A certified volunteer interested in teaching in a group fitness setting is needed. If interested, call 255-3794.

### Position: Marketing Coordinator AFAP Conference

Volunteer needed to attend required Army Community Service and Army Family Action Plan volunteer training sessions; attend AFAP Advisory Council meetings; submit AFAP marketing status report during advisory council meetings; develop promotional advertising to enhance the visibility of AFAP, including flyers, posters, pamphlets, newspaper, TV and installation briefings; attend after action review meetings and provide input for the final AAR; serve as a spokesperson for the AFAP program; and adhere to guidelines as outlined in Army Regulation 608-47, AFAP program handbook and the installation AFAP Program standard operating procedure. The conference is Nov. 4-5. If interested, call 255-9637.

### Position: AFAP Facilitators

Volunteers needed to serve as neutral steward of work group; keep workgroup focused during breakout sessions; encourage participation by group members; maintain timeline set forth by AFAP coordinator; work with group recorder, transcriber, issue and staff support personnel, and subject matter experts for accurate reporting of issues; ensure delegates complete symposium evaluation forms and forward to the AFAP coordinator; ensure concise and precise wording of proposed issues and recommended solutions; focus energy of the group on a common task; suggest alternative methods and procedures; protect individuals and their ideas from attack; help group find win-win solutions; attend AAR meetings and provide input for final AAR; and serve as a spokesperson for the AFAP program. If interested, call 255-9637 or 255-1429.

### Position: DFMWR Training Clerk

Volunteer needed to file correspondence, cards, invoices, receipts, and other records in alphabetical or numerical order, or according to the filing system used; add new material to file records; and create new records as necessary. If interested, call 255-1898.

### Position: Library Activities Support

Duties: Following basic and well-established library procedures, assists library staff in performing one or more of the following duties: shelving books, periodicals, newspapers; disposing of library materials; physical processing of new materials; maintaining and preserving collections (includes shelf reading and cleaning/repairing materials); morning routine of collecting/shelving materials from tables and chairs, collecting items from book drop, checking status of printers/copiers; interlibrary loans; reserve book program; overdue notices; serials check-in; story time (includes reading stories); summer reading program; teen/adult programs; displays and exhibits; special events; and library beautification projects. If interested, call 255-1429.

### Position: ACS Greeter I&R

Volunteer needed to assist in: welcoming and directing clients into ACS; answering the telephone; and providing light clerical support relative to ACS Information and Referral Program. If interested, call 255-3161.

## Prescription Take-Back Day makes return

By Lynn M. O'Brien  
Army Substance Abuse Program  
Prevention Coordinator

Army garrisons will once again participate in a national campaign and collect unwanted, unused prescription drugs Sept. 26.

The national event, which in the past had been celebrated in April and September, did not occur last April. This was because of a law that Congress passed that directed the event to be left up to local organizers. Drug Enforcement Administration officials, who had always been the organizers of the events and the final disposers of the drugs collected, were no longer taking a role and collections were not part of any national effort.

The event had been an initiative of the DEA since 2010. It encouraged American citizens to turn in unused or expired prescribed medications at designated locations for proper disposal.

U.S. Army Installation Manage-

ment Command, which is committed to a drug-free community, always supported the national campaign. "At past events the Army garrisons collected over 48,000 pounds of unwanted, unused prescription drugs, so we are very pleased that our garrisons to include Alaska and Hawaii will once again participate in National Prescription Take-Back Day," said Pamela Budda, IMCOM Army Substance Abuse Program chief.

Garrisons will provide drop-off locations for all Soldiers, family members, civilian employees and retirees to anonymously turn in medications or prescription drugs. IMCOM will take the lead for the Army and ensure garrisons' participation once again. The semi-annual event provides a safe, convenient and responsible means for disposing of prescription drugs while educating the public about the potential for abuse.

"This is a tremendous opportunity for Soldiers, families and civilians to

safely dispose of their medications," said Budda. "I encourage all of you to support your local National Prescription Take Back Day collection site and turn in your unused and unwanted medications. Help us eliminate the risk of prescription drug abuse or accidental poisoning."

The Fort Rucker ASAP has partnered with Fort Rucker Criminal Investigation Command to provide a convenient and safe drop-off location inside the Fort Rucker Post Exchange Sept. 26 from 10 a.m. to 2 p.m. People interested in disposing of their expired or unwanted prescription and over-the-counter medications will have the opportunity to do so at this location.

For more information, call 255-7509.

Additionally, ASAP encourages everyone to visit It's a Thin Line for additional resources for dealing with prescription drug use, misuse and abuse at <http://www.imcom.army.mil/ASAP/ArmyThinLine.aspx>.







# Army works to open Vietnam War exhibit

By David Vergun  
Army News Service

CARLISLE BARRACKS, Pa. — The top of an ordinary-looking plywood box was adorned with lovely bamboo that resembled a cushy seat cover.

But looks can be deceiving. Anyone sitting or standing on the box would be in for quite a nasty surprise. It concealed a Viet Cong-style punji pit.

A man standing next to the box flipped a switch that triggered the top of the box to open. Inside were sharp spikes protruding upward.

Chad Reynolds, a combat veteran who served in the Army from 2004 to 2011, designed the box and the contraption after studying enemy punji pits that were dug during the Vietnam War. He spoke to veterans who had observed them.

He said that during the war, Soldiers sometimes stepped on these well-camouflaged trapdoors, which caused them to fall into a punji pit and be impaled on bamboo spikes, which were often coated with poison.

The punji pit and many other items from the Vietnam War are part of the U.S. Army Heritage and Education Center's new Vietnam War exhibit: "Courage, Commitment and Fear: The American Soldier in the Vietnam War," set to open Nov. 10.

Forty artifacts, some 80 images and several interactive exhibits will give visitors a realistic and immersive experience of the war, said Kris Hickok, museum technician at the Heritage Center. There will also be a film, "Our Journey Through War," of Vietnam War veterans telling their own personal stories.

The opening date is the day before Veterans Day and the exhibit is also timed to open just before the 50th anniversary of the Battle of Ia Drang. Fought Nov. 14-18, 1965, it was the Army's first major battle of the Vietnam War, he said.

For researchers or historians who want even more in-depth material, the Heritage and Education Center contains some 74,000 artifacts, including artifacts from Vietnam, located in 12,000 square feet of warehouse space. Additionally, there are hundreds of oral and written histories of Vietnam veterans collected over the years in the archive, Hickok said.

Hickok has led the Vietnam exhibit work that has been in progress now for two years.

Jack Giblin, chief of the center's visitor and education services, said



PHOTO BY DAVID VERGUN

Kris Hickok, a museum technician, shows a souvenir jacket owned by Spc. Joe Monroe, who served in I Corps in Da Nang from 1968 to 1969.

that visitors can also see exhibits and research veterans stories from other time periods throughout Army history, not just Vietnam.

Most of the artifacts in each exhibit are tied to Soldiers' stories and experiences, he said.

#### Vietnam exhibit preview

The center's staff provided a construction tour of the Vietnam exhibit at their fabrication shop, where workers were creating special effects.

Reynolds, the museum's technician, was working on a "spider hole," popup device. He explained that if a visitor pushes a button, a Viet Cong mannequin pops out of a hole.

Reynolds said he designed the hydraulic scissor lift that moves the figure up and then back into the hole.

The exhibit could have been activated by a motion sensor, but the idea was rejected because it might trigger a reaction from a veteran with post-traumatic stress, he said,

adding that the entire exhibit was reviewed for sensitivities in conjunction with Vietnam veterans.

Another interactive item that will be displayed is a U.S. bunker bomb with liquid inside, which visitors can pick up and hold. Reynolds added that if it gets dropped, it won't explode.

Nearby were other items, including jungle shrubbery, a bamboo Viet Cong prisoner transport cage and items that will go with a tunnel-rat display.

Some of the items that will be included in the exhibit are located in the center's conservation facility. Unlike the exhibit items in the fabrication shop, the items here are artifacts, Giblin said.

These were items donated by Soldiers. The conservators clean and prepare the items for display and, when necessary, restore the items to museum quality, Giblin said.

Hickok showed some of the items in the conservation lab that will be in the Vietnam exhibit.

A souvenir jacket owned by Spc. Joe Monroe, who served in I Corps in Da Nang from 1968 to 1969, is one such item. Hickok said Monroe, an Army truck driver, made it safely back to the United States and donated the jacket to the center.

There was a helmet cover with graffiti, including a peace sign. The peace sign seemed to be a popular symbol during the second half of the conflict, Hickok said.

Lt. Col. Hal Moore wrote a letter to his wife four hours before he went into battle at Ia Drang, Hickok said, showing the letter and the air mail envelop it came in. Moore commanded 1st Battalion, 7th Cavalry Regiment during the battle.

There were also enemy artifacts including a Viet Cong's hand-drawn map of Newport Bridge near Saigon. Hickok said the map was used by the enemy during the 1968 Tet Offensive. The attack on the bridge was unsuccessful and a U.S. Soldier found it on a captured

enemy combatant.

Another artifact was an inert Molotov cocktail. Hickok said the enemy would use any weapon they could get their hands on or make. Since the Molotov cocktail is an artifact, it will be in a case display.

An interesting item was a bicycle wheel from a bicycle a North Vietnamese soldier used to transport supplies on the Ho Chi Minh Trail. It's more robust than a modern bicycle, he said, since the tire is made of solid rubber and can't go flat.

#### Soldier stories

Giblin said all Army Vietnam veterans, as well as Army veterans from other wars or even noncombat vets, are encouraged to tell their own stories and have them become a permanent record at the U.S. Army Heritage and Education Center, where they will be invaluable to researchers, historians, genealogists and others.

The center began collecting surveys from veterans during the Spanish-American War in 1898 and has been doing so ever since. The problem, Giblin said, is that the surveys were so many pages long, 15 to 20 pages, that many veterans were discouraged from filling them out.

Because "collecting Soldier history is important to us, we decided to shorten the survey to eight pages," he said. That was about a year ago. It's now available as a pdf download on the center's website.

"Every Soldier is important to the USAHEC. Even a clerk who never left the states has important information," Giblin said. "Someday, a researcher may want to look back to see how the duties and responsibilities of a clerk has changed over time."

Besides researchers, Hollywood filmmakers are also interested in the center's archives, he said. Filmmakers who have visited the Heritage Center included those working on "We Were Soldiers," "Saving Private Ryan," "Band of Brothers," and Ken Burns' "The Civil War" TV series.

The center plans to follow up on many of the surveys by contacting the veterans and getting oral histories from them. Volunteers in the Veteran Ambassador Program will do this follow-up work, said Giblin, adding that more veteran ambassadors are needed should anyone be interested. Volunteers can be veterans located anywhere in the world.

The Veteran Ambassador Program started just a year ago, he said.

To advertise in the  
**Army Flier**  
call 393-9715

**VISIT US ONLINE AT  
WWW.ARMYFLIER.COM.**

**REAL. LOCAL. SAVINGS.**  
See how much you could save on car insurance today.

Ron Davis | 334-671-1726  
4177 Montgomery Highway • Dothan

Saving people money on more than just car insurance.®

**GEICO**  
Local Office®

Some discounts, coverages, payment plans and features are not available in all states or all GEICO companies. Homeowners, boat, PWC and flood coverages are written through non-affiliated insurance companies and are secured through the GEICO Insurance Agency, Inc. Motorcycle and ATV coverages are underwritten by GEICO Indemnity Company. The GEICO Personal Umbrella Policy is provided by Government Employees Insurance Company and is available to qualified Government Employees Insurance Company and GEICO General Insurance Company policyholders and other eligible persons, except in MA. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. GEICO Gecko image © 1999-2015. © 2015 GEICO.

Bringing People Together Thru Faith

ARMY FLIER  
**Church Directory**

**First United Methodist Church**  
214 S. Main Street • Enterprise  
347-3467  
Prayer Line 347-3467 ext 321  
Service Times:  
Traditional - in the Fellowship Hall..... 11:00AM  
Contemporary C-3 - in the Fellowship Hall..... 8:45AM  
The Gathering (Youth) ..... 6:00PM  
Sunday School..... 9:55AM  
Nursery Care ..... Every Service

Here, it's not about the building...

"Small things done with great love will change the world"  
**VINEYARD CHURCH**  
DOTHAN  
Sun 10:30 Service; Wed 6:30 Small Groups  
(334) 671-0093 • 150 Bethlehem Rd  
DOTHANVINEYARD.COM

**Grace Baptist Church**  
Minutes from Ft. Rucker Ozark's Gate  
On the corner of Highway 231 & Parker Drive  
**Independent - Fundamental - Soul Winning**  
LISTEN TO A LIFE CHANGING MESSAGE OF HOPE  
"God So Loved the World"  
[www.1john316.net](http://www.1john316.net)  
334-774-2311  
[www.GraceBaptistChurch-Ozark.com](http://www.GraceBaptistChurch-Ozark.com)

Call 347-9533 to advertise your church on this page.



# Abbeville: Yatta Abba ‘Yella Fella’ tour

Alabama Tourism Department  
Press Release

Abbeville, a small town tucked away in the southeastern corner of Alabama since 1823, was shrinking into obscurity. Thanks in part to the commitment and passion of a man you have seen on television many times, it is being revitalized.

Jimmy Rane, the big guy wearing the bright yellow hat and cowboy boots in TV commercials, known as the “Yella Fella,” headed up a posse of business leaders dedicated to saving their hometown. The changes they’ve made are quite striking.

As other merchants and citizens worked to restore Abbeville’s small-town charm, Rane focused his attention on turning an old Standard Oil Filling Station into office space for his company, Great Southern Wood Preserving, Inc. He also made a 1950s-style restaurant named Huggin’ Molly’s a local mainstay and gave many downtown buildings a facelift.

Each April, and at various other times during the year, you can follow the antics of the Yella Fella. You can also meet a “hugging ghost,” see the former home of a civil rights pioneer, and discover the history and heritage of the place Native Americans called “Yatta Abba,” meaning “a grove of dogwood trees.”

## Old Standard Oil filling station

Probably one of the first sites you’ll reach is the old Standard Oil filling station on Washington Street. You can’t get gas here nor can you tour the interior of the building. It houses some of the Yella Fella’s company offices. You can, however, pull in and view the exterior, filling up on a slice of Americana when you do.

Downtown Abbeville is where you will see much of the handiwork of Rane. He has lovingly restored many of the storefronts and office buildings, including the facade of

the Archie Theater where he used to watch western movies on Saturday afternoons. As the founder and CEO of the world’s leading producer of pressure-treated lumber products, Rane never minds slipping into his whimsical Yella Fella cowboy character to promote the history of Abbeville and bring vivid memories to life for a new generation of residents and visitors.

## Experience a Yatta Abba weekend

Abbeville is enjoyable anytime of the year. However, Yatta Abba weekend in late April provides an even greater reason to visit. During this special spring event, you can spend time with area artists and craftsmen, hear live music in various venues, take a driving or walking tour of historic homes and churches (held as part of the Yatta Abba experience and the statewide Saturday Walking Tours), see a parade of antique vehicles and sample food provided by local restaurants, all while strolling through the beautiful and historic area nicknamed “the City of Dogwoods.”

In addition to enjoying a variety of activities, you’re invited to take a trip through time at the Pioneer Cemetery located behind First Baptist Church at 100 Columbia Road. Re-enactors stationed at the cemetery will entertain you with stories of the area’s early settlers, prominent families and others. You’ll meet brigadier generals and war veterans, and even learn about Abbeville’s own Cinderella. A burial plot at the cemetery bears the name of one Cinderella Phoebe Hutto Epsy. Of course, it’s not a memorial to the Cinderella from the fairytale, but the mere thought of having perhaps the only burial site dedicated to a Cinderella gives Abbeville boasting rights.

The stories from the grave are endless. One marker bears the names of seven children all in one grave. Another tells of a local citizen who lived to be 110 years old, and yet another remembers Abbeville’s real Huggin’ Molly.

Visitors are invited to take a guided tour to see historic

homes and churches in the area or walk along lamp-lit sidewalks, where classics from the Big Band era flow from local storefronts and beckon you to explore even more of beautiful and historic Abbeville. On your journey, you’ll discover retail establishments offering great discounts and diverse shopping opportunities, such as Town Square Shoppes and Dogwood Abbey’s. You’ll also get to meet wonderful people who value friendships and family traditions and are always willing to give you a glimpse of life in their hometown.

## Unique dining experiences

While in Abbeville, be sure to visit Huggin’ Molly’s Restaurant, 129 Kirkland St.; 585-7000. Legend has it that the town was once inhabited by a friendly ghost named Molly. She was supposedly seven feet tall and “as big around as a bale of cotton.” As told by the Yella Fella, Molly would walk the city streets at night and if she saw you, she’d chase you down, scream in your ear and give you a huge hug – hence, the name.

You can’t always count on a big hug from Molly, but what locals and visitors have come to count on is getting a cherry Coke, some Molly’s Fingers and a heaping helping of home fries at the restaurant named in her honor. An old-timey soda fountain beckons guests to sit, sip and enjoy. On any given day, you could probably feel the spirit of Molly lurking about, and if it’s left up to Jimmy Rane, you might even spot the Yella Fella dining at the table next to you. Huggin’ Molly’s is open Mondays through Saturdays, with extended hours for the soda fountain on certain days.

Another dining option and local favorite is Jimmy’s Barbecue and Smokehouse, 103 Kirkland St.; 585-0312. This eatery, owned by Jimmy Money, in downtown Abbeville is about as famous for its pizza as it is for its barbecue, if not more so. The restaurant is open Mondays through Saturdays, 11 a.m. to 8 p.m., and Sunday, 4-8 p.m.

# WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

## ANDALUSIA

**ONGOING** — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

## DALEVILLE

**ONGOING** — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

## DOTHAN

**ONGOING** — In partnership with non-profit yoga studio Mesuva Studios, the Wiregrass Museum of Art introduces The Art of Yoga, a monthly yoga series taking place the first Friday of every month. The class will incorporate the therapeutic nature of art with the healing properties of yoga under the instruction of certified yogi Melissa Vair. To register, participants should call 794-3871 or visit [www.mesuvastudios.org](http://www.mesuvastudios.org). Everyone is asked to bring a yoga mat, towel and water bottle. A \$10 donation to benefit Mesuva Studios is suggested for each class.

**SEPT. 17** — Landmark Park will host its low country boil at 6 p.m. in the park’s Stokes Activity Barn. The one-pot dish includes shrimp, corn on the cob, sausage, potatoes and onions, plus the chef’s own twist on the dish. After the cooking is done, the pot is drained and the mixture is spread on tables and served out of wheelbarrows

for a laid-back feast. Dress is casual and children are welcome. Activities include food and music, plus children’s activities. Tickets must be purchased in advance and are available at the park. For more information or to purchase tickets, call 794-3452 or visit [www.landmarkpark.com](http://www.landmarkpark.com).

**SEPT. 19-20** — The National Peanut Festival main exhibit building will play host to the 25th annual Wiregrass Model Railroad Show and Sale from 9 a.m. to 5 p.m. Sept. 19 and 10 a.m. to 4 p.m. Sept. 20. Admission is \$5 for adults, while children ages 12 and younger are admitted for free. The annual show is billed as one of the largest model railroading events in the southeast. For more information, call 790-6284.

## ENTERPRISE

**ONGOING** — Disabled American Veterans Chapter 9 Enterprise-Coffee County located at 201 W. Watts St., meets the first Saturday of the month at 8:30 a.m. We help veterans with claims Monday - Thursday 9-11 a.m. and other times by appointment. For more information, call 308-2480.

**ONGOING** — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

## GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

## MIDLAND CITY

**ONGOING** — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

## NEW BROCKTON

**ONGOING** — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

**ONGOING** — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

## OZARK

**ONGOING** — The Ozark Arts Theatre, and the Dale County Council of Arts and Humanities is putting on a play titled “Cahoots” Oct. 30-31. Two males are needed to complete the cast of five actors. These two male parts are small parts. Those interested in trying out for these parts should call 774-7145 or 774-6187.

**SEPT. 20** — Ridgecrest Baptist Church will host its annual fall revival services at 9:15 a.m. with Sunday school and worship service at 10:30 a.m. Evening service will be at 6 p.m. Evening services Monday-Wednesday will be at 6:30 p.m. For more information, call 774-5610.

**SEPT. 27** — Ridgecrest Baptist Church will host comedy team Dirt Road Sports at 6 p.m. Admission is free and all are invited to attend. For more information, call 774-5610.

## PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

## SAMSON

**ONGOING** — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

## TROY

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

**ONGOING** — The Pioneer Museum of Alabama invites people to learn to cook like a pioneer. The museum’s Hearthside Meals offers the opportunity to learn to cook in a Dutch oven and on a wood stove, and then participants get to enjoy the meal. Cost is \$15 per person, and includes the cooking class and the three-course meal. Pre-registration is required and is limited to 15 people. For more information or to book a spot, call 334-566-3597.

## WIREGRASS AREA

**SEPT. 27** — New Hope Freewill Baptist Church, 3819 County Road 31, Abbeville, will host its Family and Friend Day at 2:30 p.m., featuring guest speaker Bishop J. L. Milton of Bethel Church in Damascus, Georgia. All churches are invited to fellowship. Dinner will be served.

## Beyond Briefs

### DAV 5K Run Atlanta

People are welcome to participate and show their support for service members by walking, running or motorcycle riding at the Disabled American Veterans 5K Run Atlanta scheduled for Nov. 14, 8:30 a.m., in Atlanta. Registration fee is \$30 for adults 18 and over and motorcycle riders, and \$15 for youth ages 6-17. Veterans, active-duty military, Reservists, National Guard members and cadets may participate for free, or pay \$15 if they would like a custom long-sleeve shirt with service branch on it, when registered by Oct. 15.

For more information, send an email [toaldavtrain@charter.net](mailto:toaldavtrain@charter.net) or call 334-447-8811.

### Zombie Walk and Prom

The annual Montgomery Zombie Walk and Prom, which

serves as a fundraiser and food drive for the Montgomery Area Food Bank, is scheduled for Sept. 25 at 7 p.m., as the walking dead trudge their way from the intersection of Perry and Dexter Avenue to Riverfront Park. This year’s event will also include food and other vendors, as well as live music from the band Outside the Inside. The zombie walk will also be led by the St. Andrew’s Pipe and Drum Band, and four hearses this year. All participants are asked to bring non-perishable food items as a donation.

For more information, visit [www.facebook.com/MontgomeryZombieWalkAndProm](http://www.facebook.com/MontgomeryZombieWalkAndProm).

### Jubilee Festival

The Eastern Shore Chamber of Commerce will host the 27th annual Jubilee Festival Sept. 26-27 in Daphne on Main Street. The event will feature live local entertainment, Kids Art in the Park with booths set up for children to explore their creative side, festival food and a large-screen TV set up

in the City Council Chambers for football fans.

For more information, call 251-621-8222 or 928-6387, or visit [www.eschamber.com](http://www.eschamber.com).

### Alabama Coastal BirdFest

The annual Alabama Coastal BirdFest is scheduled for Sept. 30-Oct. 3 at Spanish Fort. The event includes more than 20 expertly guided tours on land and water, evening speaker – tours and evening events require advance registration – and a free, family-friendly bird and conservation expo.

Location and directions: From I-10, exit for Spanish Fort. Drive west on the Causeway (high 90/98/Battleship Parkway). 5 Rivers is located directly across from Meaher State Park.

Admission fees for trips range from \$20-\$50. For more information, visit <http://www.AlabamaCoastalBirdFest.com>.







# Religious Services

**WORSHIP SERVICES**

Except as noted, all services are on Sunday.

**Headquarters Chapel, Building 109**  
8 a.m. Traditional Protestant Service

**Main Post Chapel, Building 8940**  
9 a.m. Catholic Mass Sunday  
11 a.m. Liturgical Protestant Service  
12:05 p.m. Catholic Mass (Tuesday - Friday)  
4 p.m. Catholic Confessions Saturday  
5 p.m. Catholic Mass Saturday

**Wings Chapel, Building 6036**  
8 a.m. Latter-Day Saints Worship Service  
9:30 a.m. Protestant Sunday School  
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)  
12 p.m. Eckankar Worship Service (4th Sunday)

**Spiritual Life Center, Building 8939**  
10:15 a.m. CCD (except during summer months)

**BIBLE STUDIES**

**Tuesdays**  
Crossroads Discipleship Study (Meal/Bible Study)  
Wings Chapel, 6:30 p.m.

**Protestant Women of the Chapel**  
Wings Chapel, 9 a.m. and 6 p.m.

**Adult Bible Study**  
Spiritual Life Center, 7 p.m.

**Wednesdays**  
Catholic Women of the Chapel  
Wings Chapel, 8:30 a.m.

**Above the Best Bible Study**  
Yano Hall, 11 a.m.

**1-14th Avn Regt Bible Study**  
Hanchey AAF, Bldg 50102N, Rm 101,  
11:30 a.m.

**164th TAOG Bible Study**  
Bldg 30501, 11:30 a.m.

**Adult Bible Study**  
Soldier Service Center, 12 p.m.

**Youth Group Bible Study**  
Spiritual Life Center, 5:30 p.m.

**Adult Bible Study**  
Spiritual Life Center, 6 p.m.

**Thursdays**  
Adult Bible Study  
Spiritual Life Center, 9 a.m.

**Latter-Day Saints Bible Study**  
Wings Chapel, 6:30 p.m.

**Saturdays**  
Protestant Men of the Chapel  
Wings Chapel (1st Saturday), 8 a.m.

# 2 Army teens honored through youth program

By Jessica Marie Ryan  
*Installation Management Command Family, and Morale, Welfare and Recreation Programs*

WASHINGTON, D.C. — Two Army teens were recognized as regional winners and runner-ups for this year's Boys & Girls Clubs of America's Military Youth of the Year title during a ceremony held at the Navy Memorial Naval Heritage Center.

An Air Force teen, RianSimone Harris, was named the 2015 National Military Youth of the Year.

Kathryn "Katy" Combs, representing White Sands Missile Range, New Mexico, received the Southwest Region and New Mexico State Military Youth of the Year Award. Daniela Suarez, representing Joint Base Lewis-McChord, Washington, received the Pacific Region and Washington State Youth of the Year Award.

As regional winners, Combs and Suarez were each awarded a \$10,000 college scholarship, renewable for four years up to \$40,000.

During their excursion in the nation's capital, they toured the Pentagon and met with military leaders, such as Rosemary Williams, Deputy Assistant Secretary of Defense for Military Community and Family Policy, and Lt. Gen. David D. Halverson, commanding general for U.S. Army Installation Management Command and assistant chief of staff for Installation Management.

"For nearly 25 years, CYSS has partnered with BGCA to provide our youth programs with access to monetary grants, no-cost training, and curriculum," said Cherri Verschraegen, IMCOM Child, Youth and School Services chief.

"The Military Youth of the Year program is a wonderful example of how this partnership benefits our Army youth and families," Verschraegen said. "Daniela and Katy are shining examples of Army youth and we are



PHOTO BY LARRY FRENCH

Cherri Verschraegen, IMCOM CYSS chief, Natalia Lynch, the 2014 BGCA Military Youth of the Year award recipient, Kathryn Combs, the Southwest Region and New Mexico State Military Youth of the Year award recipient, Daniela Suarez, the Pacific Region and Washington State Military Youth of the Year award recipient, Col. Dale Oldham, the ACSIM senior financial manager, and Helen Roadarmel, the ACSIM CYSS program manager, gather at the Military Youth of the Year ceremony in Washington, D.C., Aug. 13.

extremely proud of their accomplishments."

Combs and Suarez demonstrated exemplary service at their local youth centers and communities in addition to embodying the values of leadership service, academic excellence and healthy lifestyles.

Combs is the daughter of Charles and Rebecca Dirks. Charles is an engineering technician, and Rebecca, an administrative assistant for FMWR CYSS, both at WSMR.

She is an incoming senior at Arrowhead Park Early College High School in Las Cruces, New Mexico. Her extracurricular activities include being an officer in the National Honor Society.

She also spent hundreds of hours volunteering in her community. Notable activities included organizing care packages for the Forgotten Soldier Campaign, developing anti-bullying and anti-drug campaigns within her school, and mentoring youth at WSMR's Middle School and Teen Program.

She is scheduled to graduate in May with a high school diploma and an associate's degree of science. She plans to attend medical school to become an obstetrics and gynecology physician specializing in high risk pregnancies.

Suarez is the daughter of Daniel Hoferer, who served active-duty military for seven years and is now in the Army Reserve, and Maria America-Hoferer.

She is an incoming junior at North Thurston High School in Lacey, Washington. Her extracurricular activities include being member in the National Honor Society and tutoring math.

For the last four years, she has been very active at the JBLM youth centers. She is involved in BGCA programs like the Keystone Club, Diploma2Degree and SMART Girls – a self-esteem enhancement program for girls with an emphasis on health, fitness, prevention and education.

After high school, she plans to continue her education at the U.S. Air Force Academy. She aspires to become an astronautic engineer.

FIND WHAT YOU'RE LOOKING FOR!

# BUSINESS CARD SPOTLIGHT

**Christian Mission Bargain Centers**  
For Donation Pickup Call  
**347-GIVE**  
307 N. Main Street  
ENTERPRISE  
www.christmissions.org

**Get Your Sales Moving in the Right Direction!**

Advertise Your Business **TODAY!**  
YOUR AD...THIS SPACE...  
**ONLY \$96/mo**

Call **Mable Ruttlen** for more information at **334-393-9713**

**ADVERTISING THAT WORKS HARD FOR YOU!**

**We Accept Tricare!**

**We Love Fort Rucker!  
We Support our Men & Women!**

**\$5.00 RX Plan**  
Get a month Supply of certain medications!

Brett Bryan • PHARMACIST

Enterprise  
804 Glover Ave  
347-5111

Elba  
991 AL Hwy 203  
897-5222

**www.PropertiesSouthAuctions.com**  
**Open House September 13<sup>th</sup> @ 2-4pm • Auction Sept. 19<sup>th</sup> @ 9am**  
34 East Lake Drive, Georgetown, GA 39854

3BR/3 Full Bath, built in 2004, 2085 sq. ft. ranch style home. Subject Property is a custom home across the street from Lake Eufaula. Featuring: open floor plan, 18'x36' boat shed, oversized garage, workshop, oak flooring, tray ceiling, master suite with office, ventless gas log fireplace, custom cabinets. Located on two residential lots. Directions: From Eufaula 82 East to (R) on 39 South, Then (R) on CR 76 Drag Nasty Creek Road, (R) on 116 (Horseshoe Rd), Property on (R). This property can also be viewed at [auctionservices.com](http://auctionservices.com) and [nationalauctionlist.com](http://nationalauctionlist.com)

**All Bidders must have pre-approved financing in order to Bid on this property.**

Properties South, Inc.  
Ed Hughes, Broker/Auctioneer  
800-360-1101 Office  
334-836-2999 Office  
334-618-0660 Cell  
AL 5234 AU 4189

NAA  
National Auctioneers Association

LAND  
MARK

In Cooperation With  
United Country/ Murph Realty  
Brad Murph  
332 S. Eufaula Ave.  
Eufaula, AL 36027  
334-687-4900 | 334-695-2419

Vote **Your** favorite business **eprisenow.com** starting **Sept. 14<sup>th</sup>**

**Vote**

**Best Restaurant**

**Vote**

**Best Real Estate**

**Vote**

**Best Shopping and more...**

DINING

SHOPPING

MEDIA

HEALTH & BEAUTY

SERVICES

AUTOMOTIVE

PLACES

HOME & FINANCE

**Voting starts September 14<sup>th</sup> - 26<sup>th</sup>!**  
**Vote at [www.eprisenow.com](http://www.eprisenow.com)**  
**Only 2 Weeks to Vote Online**





SEPTEMBER 10, 2015

# BUILDING BLOCKS

*Sports, coaches provide lifelong lessons for youth*

By Jeremy Henderson  
Army Flier Staff Writer

Team sports offer numerous benefits to youth in the community, and adults are needed to volunteer as coaches in the many athletic opportunities offered on post.

According to Randy Tolison, Fort Rucker youth sports director, a coach recruiting session will be held at the Fort Rucker Physical Fitness Center on Andrews Avenue Wednesday from 10 a.m. until 2 p.m.

“We want to make people aware of our program and what we offer,” he said. “We want them to know we are here for their families. We offer many different sports and an alternative to off-post programs. Because of the need we have for coaches, we are trying to create a pool of prospective coaches that we can call on to coach our teams. This pool will hopefully keep us from being without a coach when the season is ready to start.”

Tolison said prospective coaches should possess a desire to work with youth, time to devote to the season of the sport they wish to coach and flexibility in their schedule. Each candidate must undergo a background check, to include fingerprinting, attend a coach’s training meeting and receive specific sport training with a local clinician.

“Prospective coaches need to complete a background check packet with parent central



PHOTO BY NATHAN PFAU

Deacon Green, player for the Knights, runs the ball downfield as an opposing player attempts to tackle him during a 7-on-7 tackle football game at the youth football field in 2013. The Fort Rucker CVSS Youth Sports program is looking for volunteer coaches for all sports.

services,” he said. “Next they will need to complete the coach’s training. This training is intended to get most of the training completed at one time. It is created to reduce the number of trips or visits to other offices. Finally, the prospective coach needs to contact our sports clinician at 255-0950 to set up an appointment for training in the specific sport they wish to coach.”

What more should a potential coach possess?

“You should possess a love or desire to work with youth,” Tolison said. “Without this, you might feel as though you are in over your head. If you are in it for personal gain, it might not be for you. Second, are you willing to make an impact on young lives resulting in your community being a better place to live? Because of your influence on their lives, they have a tendency to make better lifestyle choices. Finally, don’t feel as though you have to know everything about the sport

you are interested in coaching. The knowledge you obtain through the training and the skills you bring from past experiences will help you.

“The impact that adult volunteers have on the young lives under their care is immeasurable,” he added. “Giving back to the community is a rewarding experience for all involved. Having a child recognize their

SEE SPORTS, PAGE D4

## Feedback on surveys helps improve health care

By Jenny Stripling  
Lyster Army Health Clinic  
Public Affairs

Have you received an Army Provider Level Satisfaction Survey survey in the mail after an appointment at Lyster Army Health Clinic? Don’t throw it out – fill it out.

Over the past few years, receiving a mailed survey from the Army Medical Command Office of the Surgeon General after a recent appointment at Lyster has probably become commonplace.

Many of you know the importance of completing and returning the APLSS. Providing Lyster officials feedback helps them to improve services at the clinic, fostering a patient to primary care manager partnership to continually improve and achieve excellent health care.

Listening to you through surveys helps Lyster officials identify desired and needed new services vital to your health care, and to sustain and grow the health care facility.

The APLSS also yields financial incentives to Lyster from the OTSG, which are linked to the scores you give Lyster. These funds are reinvested right back into your health care facility in the form of updated medical equipment, additional medications at

the pharmacy, new staff and expanded patient education.

These funds are absolutely critical to Lyster’s operations and allow the staff members to continue to reach higher in delivering the “Gold Standard” of health care to their patients.

Taking the time to fill out and return the survey allows the OTSG to see Lyster’s progress, and ensure services delivered to Soldiers and their family members, as well as retirees and their family members, remain exceptional.

“We are missing out on valuable feedback from our patients on their experience at Lyster when these surveys are not returned,” said Col. Gary A. Wheeler, Lyster commander. “We are your clinic and ask you to tell us about your care through APLSS when you receive it in the mail.”

If you receive a mailed survey in response to an appointment experience at Lyster, be sure to fill it out and return it. Lyster staff members are working hard to ensure that they exceed your health care expectations and earn excellent ratings. They want to make sure they continually have your feedback.

Giving Lyster staff members high marks when they meet or exceed expectations, or letting them know where they might improve goes a long way in maintaining and improving services for you – Lyster’s partners in health.”

## Law brings TRICARE change

Lyster Public Affairs Office  
Press Release

A new law going into effect in October requires most TRICARE beneficiaries to get brand name maintenance drugs from TRICARE Pharmacy Home Delivery or a military pharmacy.

If beneficiaries keep using a retail pharmacy for these drugs, they will have to pay the full cost. Active duty service members are exempt from the law’s requirement.

Maintenance drugs are those people take regularly for a long time, such as drugs to control blood pressure or cholesterol. The law doesn’t apply to drugs people take for a short time, like antibiotics or generic drugs. The law also doesn’t apply to beneficiaries living overseas, or who have another insurance plan with prescription drug coverage

“Lyster Army Health Clinic Pharmacy and other military pharmacies are a great way to fill your maintenance and all other medications, since you can get up to a 90-day supply and there’s no cost for TRICARE beneficiaries,” said Lt. Col. Tai Bolaji, chief of Lyster Pharmacy. “Contact the Lyster Pharmacy at 255-7178 to see if your prescription is available.”

Beneficiaries affected by the change will soon get letters from Express Scripts, Inc., the TRICARE Pharmacy contractor. These letters will tell beneficiaries they are taking an affected drug and explain their options. Beneficiaries can also call Express Scripts at 1-877-363-1303 to see



TRICARE PHOTO

if they are affected.

After Oct. 1, Express Scripts will send another letter to beneficiaries who continue using a retail pharmacy for affected drugs. After that, beneficiaries have one more chance to fill these prescriptions at a retail pharmacy before they have to pay 100 percent of the cost of their medication.

TRICARE Pharmacy Home Delivery is a safe, convenient and low-cost option to get maintenance drugs. People can get up to a 90-day supply, as opposed to a 30-day supply from a retail pharmacy, and it offers a \$176 savings per year on people’s copayments for every brand name drug they switch to Home Delivery.

For more information about this change to TRICARE’s pharmacy benefit, visit [www.tricare.mil/RxNewRules](http://www.tricare.mil/RxNewRules).

## PIGSKIN PICKS



	Pittsburgh vs. New England	Green Bay vs. Chicago	Kansas City vs. Houston	New Orleans vs. Arizona	Baltimore vs. Denver	NY Giants vs. Dallas	Philadelphia vs. Atlanta
 Col. Tom von Eschenbach TCM UAS (0-0)							
 Capt. Louis Hill 6th MP (0-0)							
 Jim Hughes PAO (0-0)							
 Capt. Mike Simmons DPS (0-0)							
 Sharon Storti NEC (0-0)							



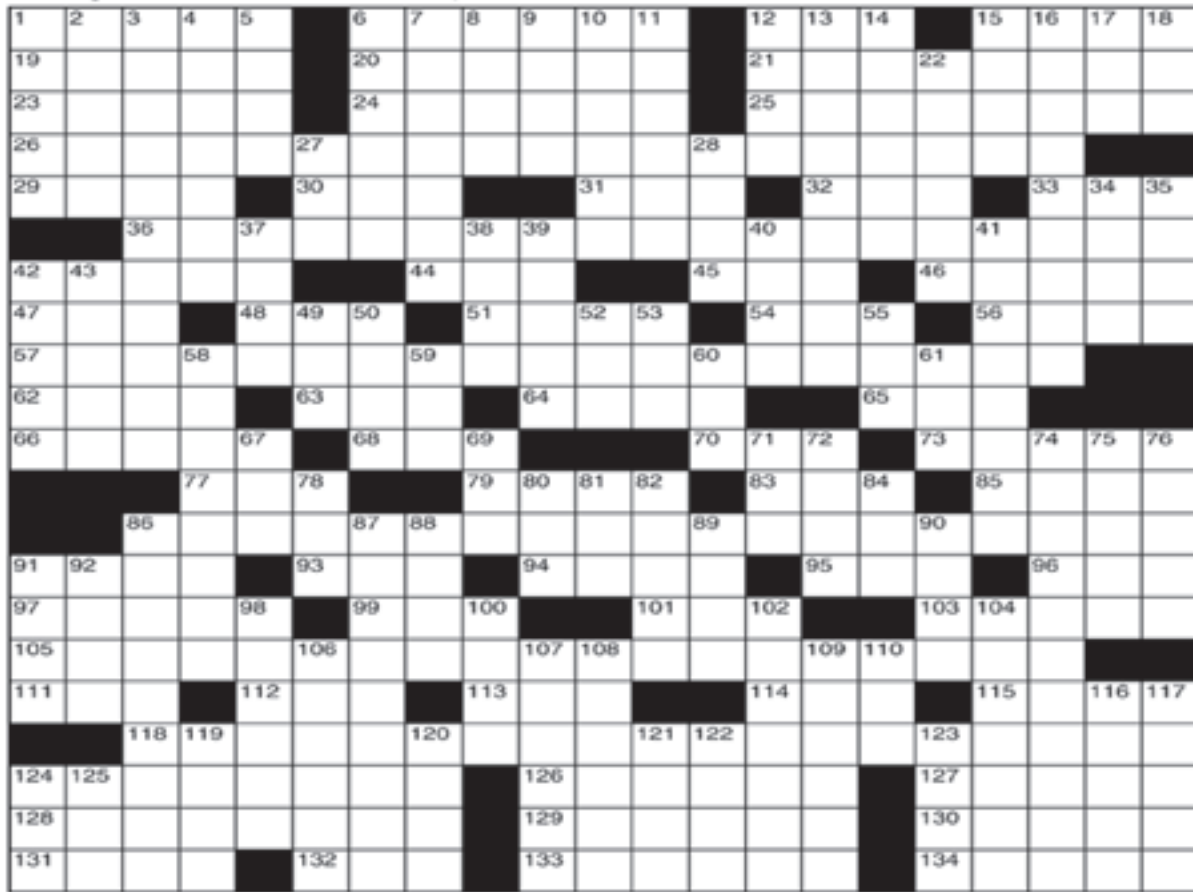
# DOWN TIME



## Super Crossword

## DISORDERLY NEW YEAR

- ACROSS**
- 1 Not live, as a TV show  
6 Flight in a building  
12 Nature lover's prefix  
15 Service station fixture  
19 Old Olds  
20 Chicken of — (tuna brand)  
21 Digressions  
23 "The Cosby Show" wife  
24 Wild-animal tracking aid  
25 Tree-planting observance  
26 Try to find a figure of a person carved in oak?  
29 Goad  
30 Architect I.M. —  
31 Ending of sugar names  
32 Key next to F1  
33 Chou En- —  
36 Avid fan of German computer programs?  
42 — effect on (impacts)  
44 Divine being  
45 Compass pt.  
46 Singer Paula
- DOWN**
- 47 Jurist's org.  
48 Really bug  
51 One fibbing  
54 R&B producer  
56 Ballerina's jump  
57 Promoter of Texas' largest city  
62 Foot support  
63 "That's show —!"  
64 Butte's kin  
65 Pt. of SSN  
66 Not lenient  
68 Sound of rebuke  
70 Zsa Zsa's sister  
73 Relievable by scratching  
77 It's south of Can.  
79 Eyes a bull's-eye, say  
83 Fess (up to)  
85 "Of — I Sing"  
86 Hapless thugs caught in the rain?  
91 Prioritize  
93 Mauna —  
94 Sweet-talk  
95 Like Bashful  
96 Writer  
97 French ecclesiastics
- 101 — Newton**  
**103 Active types**  
**105 Nonlocals visited by ghosts?**  
**111 Mil. bigwig**  
**112 Viral gene material**  
**113 Light blow**  
**114 Myrna of film**  
**115 ... — extra cost!**  
**118 New year of which there are five anagrams in this puzzle**  
**124 More eerie**  
**126 Liken**  
**127 Buenos —**  
**128 Promotion at the top of a Web page**  
**129 Sled feature**  
**130 "Johnny B. —" (1958 hit song)**  
**131 Abbr. before "D.A."**  
**132 Sullivan and O'Neill**  
**133 Detects**  
**134 Pitch-dark**
- 42 Responses to puns**  
**43 End a mission early**  
**49 Lowe of "Breakaway"**  
**50 Purl's partner**  
**52 Munched**  
**53 — ipsa loquitur**  
**55 Beetles and Golfs, briefly**  
**58 Shriveled up**  
**59 Shih —**  
**60 Singer Carly — Jepson**  
**61 With 119-Down, "Absolutely not!"**  
**67 Bounced check abbr.**  
**69 Greek letter**  
**71 Wedding part**  
**72 Blows away**  
**74 Egg yolks are high in it**  
**75 "Napoleon Dynamite" star Jon**  
**76 Positive RSVPs**  
**78 ISP of note**  
**80 Mag with an annual "500"**  
**81 "Little Red Book" author**  
**82 Work crew**  
**84 Utmost**  
**86 Loosens, as some shirts**
- 87 Future path**  
**88 Saltillo snack**  
**89 Take off**  
**90 Jekyll's antithesis**  
**91 School cheers**  
**92 All that and — of chips**  
**98 Hit from a 102-Down**  
**100 Ballerina's skirt**  
**102 Links peg**  
**104 Formal talk**  
**106 Not partial**  
**107 Electroshock weapons**  
**108 Not transparent**  
**109 Romantic hopefuls**  
**110 Big Apple sch.**  
**116 — remind you that ...?"**  
**117 Advent**  
**119 See 61-Down**  
**120 Municipal laws: Abbr.**  
**121 U.S. Senate alumnus Sam**  
**122 Marino and Rather**  
**123 Prego rival**  
**124 Fed. loan agency**  
**125 Mas' mates**



See Page D3 for this week's answers.

# TRIVIA

## Trivia test by Fifi Rodriguez

1. GEOGRAPHY: In what country is the city of Sao Paulo located?
2. MUSIC: What singer made the song "Mack the Knife" famous?
3. HISTORY: When were the anarchists Sacco and Vanzetti executed for crimes that they may not have committed?
4. LITERATURE: Who wrote the children's book "Charlotte's Web"?
5. EDUCATION: Which field of study has been described as "the dismal science"?
6. U.S. PRESIDENTS: Which president's nickname was "Old Hickory"?
7. MATH: What is the decimal equivalent of the fraction 3/4?
8. MOVIES: What film features the theme park "Walley World"?
9. ASTRONOMY: In which constellation is the Big Dipper located?
10. GENERAL KNOWLEDGE: What does a sphygmomanometer measure?

See Page D3 for this week's answers.

## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★

★ Moderate ★ ★ Challenging  
★ ★ ★ HOO BOY!

© 2015 King Features Synd., Inc.

See Page D3 for this week's answers.

# KID's CORNER









# Sports: Coaches needed

Continued from Page D1

coach off the field is a special feeling. Having a child feel as though they are special will instill a sense of belonging for that child and may encourage that child to stay active in sports.”

According to Tolison, every youth sports activity needs coaches and all interested are welcome. Sports offered on post include tackle football, cheerleading, fall soccer and tennis August through October; basketball November through February; spring soccer February through March; jump roping February through April; baseball and softball February through June; Extreme Youth Fitness June through July; kickball July through August; and bowling.

“We are always in need of coaches for all of our sports programs,” he said. “Some of our sports – soccer, basketball, and tee ball and baseball – draw larger participation numbers and we need more coaches. Some of our sports with fewer participants – tennis, jump roping and kickball –need fewer coaches and are often hard to get coaches for.”

Youth sports are essential building blocks for supporting a life of healthy physical activity and overall health, according to Tolison. “We try to provide a variety of sports to hopefully introduce youth to a sport they may like and ultimately continue participating in for years to come,” he said. “Several life skills are learned playing sports. Some of those skills are responsibility, working with others and leadership, just to name a few. Playing sports also introduces youth to peers, resulting in potential lifelong friendships.”

A coach’s training session will begin at 9 a.m. Sept. 26 at the Fort Rucker Youth Center, Bldg. 2800, located on Seventh Avenue. “We appreciate your consideration of becoming a coach for our program.” Tolison said. “Without your help, our program could not be successful. I also want you to know that we certify all of our coaches through the National Alliance for Youth Sports.”

For more information, call Jackie Johnson, sports clinician, at 255-0950; Sani Williams, assistant youth sports director, at 255-2257; or Tolison at 255-2257.

Lifespace Center

Zz

Lyster Army Health Clinic  
Ft. Rucker, AL

Introducing the new Lifespace Center at Lyster, located right inside the main entrance.

Designed to take care of your entire families healthcare needs, questions, and concerns.

Four wall mounted computers (CAC enabled) for soldiers to complete the GAT 2.0 assessment and assist with the Army Move Program "Move!23" and PHA Part 1 questionnaire. You can access other info such as lee Comments, TRICARE Online & RelayHealth.

We provide additional health education for all beneficiaries, including established classes such as Diabetes "Basic", Army Move, Healthy Heart, and Sleep Hygiene.

- You can be referred by your Primary Care Manager
- You can refer yourself by calling 255-7038 to make an appointment
- You can simply walk in between the hours of 7:30 AM & 4:15 PM.

Cooking demonstrations, 4th Friday of every month at 11:00 AM. Food samples and recipes with nutritional and cost analysis will be available.

The Lifespace Center is excited to teach you how to prepare healthier meals on a budget, encourage you to get and stay moving, and enable you to take charge of making healthier decisions in your lifespace - where you live, work and play.

Come check us out!

## PIGSKIN PICKS



	Utah State vs. Utah	Army vs. UConn	Oklahoma vs. Tennessee	Charleston South vs. Troy	Oregon vs. Michigan State	Louisiana State vs. Mississippi State	San Jose vs. Air Force
<div>David C. Agan Jr. PAO (0-0)</div>							
<div>Kent Anger, DPTMS (0-0)</div>							
<div>Todd Conyers USAACE (0-0)</div>							
<div>Wes Hamilton NEC (0-0)</div>							
<div>John Tkac DPS (0-0)</div>							

## SPORTS BRIEFS

### Back in Shape Challenge

The Directorate of Family, and Morale, Welfare and Recreation will host its Back to School, Back in Shape Challenge now through Sept. 25. People can compete to rack up the greatest number of group fitness classes attended. Those who attend 20 or more classes in that timeframe will receive prizes and be entered to win 25 percent off the price of registration for Fort Rucker’s Fall Boot Camp, which begins Sept. 28, or win a one-month unlimited group fitness class pass. People can stop by the front desk at the Fortenberry-Colton Physical Fitness Center to sign up and create their official competition log. Participation in the competition is free. Group fitness classes cost \$3.50 for a single class, \$15 for two weeks of unlimited classes and \$30 for one month of unlimited classes.

For more information, call 255-3794.

### Fitness challenge

Fortenberry-Colton Physical Fitness Center instructors will hold a two-hour fitness challenge each month, with the next scheduled for today at 5:30 p.m. The challenge is open to all authorized patrons. Each class is \$3.50 or people can use their class cards. Each session will feature door prizes and refreshments.

For more information, call 255-3794.

### Sunrise Yoga

Fort Rucker Sports, Fitness and Aquatics will host Sunrise Yoga at West Beach, Lake Tholocco Saturday from 7:30-9 a.m. Participants are welcome to enjoy 90 minutes of sun salutations and vinyasa flow on the shores of Lake Tholocco. All experience levels are welcome. A limited number of yoga mats will be provided, but people are asked to bring their own, if possible. The event is open to the public.

For more information, call 255-3794.

### Hispanic Heritage Half Marathon and Relay

The Fort Rucker Physical Fitness Center will host the inaugural Fort Rucker Hispanic Heritage Half Marathon and Relay Sept. 19. Race day registration will be from 6-7:15 a.m. The half marathon

will start at 7:30 a.m. at the Fort Rucker PFC on Andrews Avenue. Participants are encouraged to pre-register at either PFC or MWR Central. The race costs \$12 per individual with the no shirt option, \$25 by Sunday with a tech shirt, and \$30 Monday and after with tech shirt (while supplies last). Teams cost \$50 for two-person relay team through Sunday, which includes tech shirts, and \$60 Sept. 14 and up to race day, includes tech shirts (while supplies last).

Buses will transport two-person relay team members to and from the halfway point handoff zone, at the race turnaround on Hatch Road. Refreshments will be provided. The event is open to the public. Trophies will be awarded to the top male and female finishers, and the winning team. Medals will be awarded to male and female second-10th-place-finishers, and to the second-third-place teams. All finishers will receive a participation medal.

For more information, call 255-2296.

Road closure notice: From 7-11 a.m. Sept.19, Third Avenue will be closed from the intersection with Gladiator to the merge with Andrews Avenue, Andrews Avenue to Hatch Road and Hatch Road south and east towards Newton to the turnaround point – about 5 ½ miles.

### Dove hunt

Fort Rucker Outdoor Recreation will host three dove hunts, with the first shoot Sept. 19 starting at noon. The next two shoots will be held Sept. 20, with the first shoot from sunrise until 11:30 a.m. and the second shoot from noon until legal shooting time. The cost for each shoot is \$20 per person. Youth ages 6 to 15 years will be allowed to hunt with a guardian, with the understanding that the youth and guardian must sit side by side – an additional \$5 per youth, per day will apply. Eye protection must be worn at all times. Space is limited to the first 15 hunters who register. The event is open to the public. Hunters will draw numbers to determine which station they will use. A safety brief will be given each morning of the shoot.

For more information, call 255-4305.

FRESH  
FOOD  
COOKED  
FAST!

OPEN  
EVERYDAY  
6:00AM - 9:00PM

756 N. Daleville Ave  
Daleville, AL

(Outside Daleville/Ft Rucker Gate)  
**598-1794**  
TAKE-OUT & CATERING AVAILABLE

Scan to CHECK US  
OUT on Facebook!

HOME OF THE **WORLD RENOWN**  
**BREAKFAST BURRITO**

Breakfast, Lunch or Dinner...  
**ANYTIME**

TRY ONE OF OUR  
SPECIALTY BURGERS!

- The Kiowa
- The Chinook
- The Huey
- The Blackhawk
- The Apache
- The Lakota

YOU'LL  
LOVE  
OUR  
**PATTY  
MELT!**

**We Patty our  
FRESH BEEF Burgers!**

Nothing could be finer...than eating at THE DINER!