

ASSISTANCE
Free legal services
benefit Soldiers

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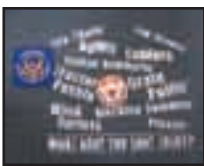
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ARMY FLYER

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FORT RUCKER ★ ALABAMA

APRIL 2, 2015

ABOVE THE BEST

Vice chief kicks off Quad A by recognizing innovators

By C. Todd Lopez
Army News Service

NASHVILLE, Tenn. – The Army's vice chief of staff kicked off the 2015 Army Aviation Association of America conference by highlighting some of the best Aviation units in the Army.

"I am incredibly proud of the incomparable courage and competence of our great Aviators," said Vice Chief of Staff of the Army Gen. Daniel B. Allyn March 30. "I always have been and always will be."

Allyn spoke before more than 1,000 Army Aviators and Aviation industry representatives at the beginning of a two-day Aviation conference sponsored by the Army Aviation Association of America.

Allyn noted several Army Aviation units, who would later be named recipients of national-level Army Aviation awards, units, who he said were "consistent with the future our Army leadership envisions for Army Aviation, and for Force 2025 and beyond."

First among those named by Allyn was

the 2nd Battalion, 13th Aviation Regiment out of Fort Huachuca, Arizona. The unit is a U.S. Army Training and Doctrine Command battalion responsible for training unmanned aircraft systems Soldiers on four different aircraft systems.

"The 2-13th is a model of a unit that embraces innovation by combining technologies, all the while maintaining their warrior ethos in a cavalry and scout mentality," Allyn said. "They are at the cutting edge of innovation and technology, learning how to best integrate our unmanned aerial surveillance and implement manned and unmanned teaming. In addition to their training mission, 2-13th deployed two companies to Afghanistan last year and supported the Department of Homeland Security in their continental United States mission."

Allyn also honored the Army National Guard's Aviation unit of the year, B Co., 1st Bn., 171st Avn. Regt., out of Schofield Barracks, Hawaii.

"They are a picture of the future as we become even more reliant than we already are on the total force, executing diverse



PHOTO BY C. TODD LOPEZ

Retired Brig. Gen. Howard W. Yellen, Army Aviation Association of America president; Maj. Gen. Michael D. Lundy, commander, U.S. Army Aviation Center of Excellence and Fort Rucker; and Army Vice Chief of Staff Gen. Daniel B. Allyn present Spc. Benjamin J. Rosa, center right, with the Henry Q. Dunn Crew Chief of the Year award during the 2015 Army Aviation Association of America conference in Nashville March 30.

missions across the globe," Allyn said. "During 2014, the 'Voyagers' provided medium-lift capabilities to conventional, special operations, and multi-national forces. They performed missions across the spectrum of lift capabilities, includ-

ing forward operating base retrograde, combat resupply, night insertion and extraction of special operations forces, and battlefield circulation. They represent true

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PHOTO BY NATHAN PFau

Members of the Ozark Robotics Team from Carroll High School show students of Fort Rucker Elementary School how to control their robots during STEM Fest at the school Friday.

STEM FEST

Students prepare for future through problem solving, fun

By Nathan Pfau
Army Flier Staff Writer

The month of March was a busy one for the students of Fort Rucker Elementary School as they embarked on a journey through their minds to tackle their creative side during STEM (Science, Technology, Engineering and Mathematics) Month.

Throughout the month, the children learned about the engineering process, had the chance to brainstorm ideas and inventions, and even got the opportunity to meet and talk to an actual inventor, Travis Perry, who is a Dothan resident and inventor of the Chord Buddy, and Friday the school hosted a culminating event with STEM Fest to reflect on everything the children had learned and accomplished.

"(STEM Fest) was a huge success," said Dr. Vicki Gilmer, FRES principal. "We had lots of enthusiasm from the kids, for sure, and they enjoyed show-

ing off all of the great things that they accomplished with the engineering design process and all the things that they worked on all year."

Throughout the day, the students rotated through different stations and challenges that allowed them to exercise the skills they'd learned throughout the month, show off some of the inventions they created and just have fun, said Gilmer.

The different stations included different challenges, from engineering to building to brain challenges that the students had to overcome by applying what they'd learned to beat the challenge. The challenges included building a lunar lander and creating musical straws, to constructing a hoop glider or building a bridge.

The Ozark Robotics Team from Carroll High School came out to put on a demonstration with robots by remotely

SEE STEM, PAGE A6

ACLC welcomes new SGM

By Nathan Pfau
Army Flier Staff Writer

As the Aviation Center Logistics Command colors changed hands, a new leader took responsibility as the senior NCO of the ACLC Friday.

Sgt. Maj. Daryle Pilkinton assumed responsibility from 1st Sgt. Steven Thorman during a change of responsibility ceremony at the U.S. Army Aviation Museum Friday.

Col. Kenneth J. Kliethermes, ACLC commander, presided over the ceremony and expressed his faith in his new senior NCO, while bidding farewell to the other.

"Today, you and your family join a wonderful team of Army families, civilians and Soldiers," said Kliethermes to Pilkinton during the ceremony. "You have a wealth of knowledge, and we know with certainty that you are the best choice for the job at hand. The big Army chooses sergeants major carefully and wisely, and I am confident that you will serve this great command with the same professionalism and pride with which you've done with everything else in your past assignments."

That wealth of knowledge includes more than 30 years of Army experience, having served in numerous positions within Army Aviation. Since entering the Army in 1984, Pilkinton has



PHOTO BY NATHAN PFau

Sgt. Maj. Daryle Pilkinton assumes command as the senior NCO of the Aviation Center Logistics Command as he receives the unit colors from Col. Kenneth J. Kliethermes, ACLC commander, during a change of responsibility ceremony at the U.S. Army Aviation Museum Friday.

served in multiple duty and leadership assignments across multiple continents, including crew chief in Foxtrot Troop, 2nd Combat Aviation Squadron, 2nd Armored Cavalry Regiment in Nuremberg, Germany; squad leader for the turbine engine repair shop in C Company, 2nd Aviation Maintenance Company at Camp Stanley, South Korea; first sergeant of B Co., 3rd Attack Aviation Regiment, 3rd Combat Aviation Brigade, at Hunter Army Airfield, Georgia; and command sergeant major of the 2nd Battalion, 3rd CAB.

Pilkinton said he's both grateful and humbled to join the ACLC team, and

SEE ACLC, PAGE A6



PHOTO BY NATHAN PFau

Sgt. Ted E. Bear shows his support for the ongoing Army Emergency Relief fundraising campaign as the new electronic marquee promotes an on-post activity. For more on AER, see Page A3.

PERSPECTIVE

Campaign promotes awareness

By Marion Cornish
Fort Rucker Exceptional Family Member Program

The United States recognizes April as a special opportunity for everyone to educate the public about autism and associated issues within the community. National Autism Awareness Month recognizes the growing need for concern and awareness for autism.

What is autism? What is autism spectrum disorder?

Autism spectrum disorder and autism are both general terms for a group of complex disorders of brain development. These disorders are characterized, in varying degrees, by difficulties in social interaction, verbal and nonverbal communication, and repetitive behaviors.

With the May 2013 publication of the DSM-5 diagnostic manual, all autism disorders were merged into one umbrella diagnosis of ASD. Previously, they were recognized as distinct subtypes, including autistic disorder, childhood disintegrative disorder, pervasive developmental disorder-not otherwise specified (PDD-NOS) and Asperger’s syndrome.

ASD can be associated with intellectual disability, difficulties in motor coordination, and attention and physical health issues, such as sleep and gastrointestinal disturbances. Some people with ASD excel in visual skills, music, math and art.

Autism appears to have its roots in very early brain development. However, the most obvious signs of autism and symptoms of autism tend to emerge between 2 and 3 years of age. Autism Speaks continues to fund research on effective methods for earlier diagnosis, as early intervention with proven behavioral therapies can improve outcomes. Increasing autism awareness is a key aspect of this work and one in which our families and volunteers play an invaluable role.

Autism statistics

The Centers for Disease Control estimates that one in every 88 American children, and one in 54 boys has autism while it is estimated one in 252 girls does. The



COURTESY OF THE AUTISM SOCIETY

number of children identified with ASDs ranged from 1 in 210 children in Alabama to 1 in 47 children in Utah. The largest increases were among Hispanic and black children.

At the new 2008 prevalence rate of one in 88 American children, autism costs the U.S. \$137 billion a year. It has been estimated that 45 percent of Americans with autism have an intellectual disability. The lifetime cost for each person who has an intellectual disability related to autism is \$2.3 million, Knapp and Mandell estimated.

What are some of the symptoms of autism?

Symptoms of autism can be minimal or severe, and they can vary dramatically from one child to another. Autistic children may struggle to maintain or completely avoid eye contact, prefer to play alone, avoid cuddling or touching, have poor

speech or communication abilities, or do not develop speech at all. They may rub surfaces repeatedly, have a heightened or lowered response to pain or display intense tantrums.

Other symptoms of autism may appear to indicate other disorders like Attention Deficit Hyperactivity Disorder, Tourette’s, Obsessive Compulsive Disorder or Oppositional Defiant Disorder, which can make an accurate diagnosis difficult. Studies show autism affects boys more often than girls.

According to Autism Votes, many military Families are impacted by autism. Based on current prevalence rates, as many as 12,000 children in military families – active duty, Reserve and Guard – may have autism. These families are substantially affected by the financial and emotional costs of raising a child with autism.

Military life is particularly difficult for children with autism and their families. Given the frequent duty station changes and social turmoil of military service, military children with an autism spectrum disorder often face additional challenges with which their civilian counterparts do not have to contend.

A specific feature of autism is extreme difficulty with life, routine or environmental changes of any kind. These children need a set routine, stability, and continuity of services and relationships. Military life, by its nature, provides few of these needs. This situation is likely to weaken the morale of the parent serving the military, as well as the caretaker at home.

What to do if you think your child has autism or is showing signs of developmental delays?

Facing an autism diagnosis can be scary, but doctors and support services are here to help with the process. The primary care manager is the first step. Then the Family should enroll in the Exceptional Family Member Program.

If you think your child may have autism or is showing signs of developmental delays, talk to your primary health care provider or contact Lyster Army Health Clinic’s Patient Appointment Service at 255-7000 and request an appointment.

Resources

Family pediatrician and early intervention services can assist with diagnosis.

Support resources include:

- EFMP – 255-7431 for enrollment and 255-9277 for support services;
- Autism Speaks – www.autismspeaks.org;
- TRICARE – Extended Care Health Options at www.humana-military.com or 1-800-444-5445;
- Military Home Front –<http://www.militaryhomefront.dod.mil/pls/psgprod/>
- AutismVotes–http://www.autismvotes.org/site/c.frKNI3PCImE/b.5141983/k.A9E4/Military_homepage.htm; * * Southeast Alabama Medical Center Families with Autism Support and Encouragement Group – 793-8714 or fcheisner@samc.org;
- Alabama Autism and Asperger Information and Network Support Network – <http://www.alabamautism.org/>;
- Autism Society – www.autism-society.org; and
- Operation Autism Online – www.operationautisonline.org.

What can you do to support Autism Awareness Month?

- Participate or support the Dothan Walk and 5K for Autism, Saturday, 5K at 7 a.m. and walk at 8:30 a.m. at the Kiwanis Park at Westgate Park. For more information, call 1-877-4AUTISM or visit www.walkforautism.org.
- Attend the EFMP Autism Workshop April 30 from 11 a.m. to 1 p.m. at the Soldier Service Center, Bldg. 5700, Rm. 284. The topic is sensory integration activities for children with autism and autism spectrum disorders. For child care information or to register, call Army Community Service EFMP at 255-9277.
- Visit the autism display at the post exchange mall April 23-30 where information and educational materials will be available.
- Visit the autism bibliography display at the Center Library on Ruf Avenue throughout April.

Rotor Wash

“It’s officially spring and temperatures will continue to rise in the coming weeks. What tips should Soldiers and families keep in mind to remain safe while enjoying the sunny outdoors during warmer weather?”



Addy Thompson,
military family member
“Make sure to put on sunscreen.”



Trevor Shlam,
civilian
“Make sure to drink lots of water and stay hydrated, and don’t stay out in the sun too long.”



Sgt. 1st Class
Jason Youngblood,
440th Theater Opening
Element
“Check out places before you go and check online to make sure places are safe before you go, and make sure you’re visiting a safe environment.”



Sgt. 1st Class
Chris Raby,
B Co., 1st Bn., 13th
Avn. Regt.
“Make sure they stay hydrated and replenishing their electrolytes.”



Katie Pettengill,
military family member
“Make sure they don’t spend too much time in the sun at one time. Try to take breaks throughout the day and get out of the sun.”

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FORT RUCKER COMMANDING GENERAL

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FORT RUCKER GARRISON COMMANDER

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflyer.com.

Free legal services benefit Soldiers

By **Jeremy Henderson**
Army Flier Staff Writer

Free legal assistance can be one of the most valuable benefits available to Soldiers on post, but it can also be one of the most underutilized.

Capt. Rob Juge, chief of client services for the Fort Rucker Legal Assistance Office of the Staff Judge Advocate, said Soldiers are often unaware of the number of services available.

“I believe there are quite a few Soldiers, retirees and dependents who do not realize that we can provide them with legal assistance at all,” Juge said. “It seems that when people hear ‘JAG,’ they shudder and think of prosecutors or the people who give Article 15s. While there are judge advocates who do those things, there is a large section of our office that exists exclusively to help clients with personal legal issues.”

According to Juge, Soldiers should view SJA as a source of support and always seek assistance in their legal matters.

“I think the biggest point is that if a person has a legal issue — whatever it is — they need to come see us,” he said. “If we cannot help to resolve the issue, we will at least point the client in the right direction to get a resolution.”

What services are offered by the Legal Assistance Office?

“We assist clients with wills,



PHOTO ILLUSTRATION BY JEREMY HENDERSON

Capt. Rob Juge, chief of client services, left, and Sgt. John Smith, 1st Bn., 13th Avn. Regt., client services non-commissioned officer in charge, stand ready to provide free legal assistance to Soldiers.

powers of attorney, notarizations, bills of sale, income tax preparation, landlord/tenant issues, Servicemember’s Civil Relief Act, uncontested divorce, family support, assistance with rebuttals for GOMORs (General Officer Memorandum of Reprimand), evaluations, FLIPLs (Financial Liability Investigations of Property Loss), flight evaluation boards, debt collection, claims assistance (household goods shipments, etc.), and much more,” Juge said. “These are just examples of some of the services we offer. If your issue has any relation to a legal issue — or if you have nowhere else to turn — come and see us.”

The office’s attorneys are a free legal counseling resource Soldiers

should utilize, Juge said.

“Clients could definitely benefit from using our attorneys as advisers and counselors,” he said. “In addition to all of the standard services we offer, our attorneys are all licensed and qualified to help clients address almost any legal issue. If you have a problem and you cannot figure out what to do or who to turn to, come sit down with a legal assistance attorney.

“This is a good place to mention attorney-client privilege,” he added. “Legal assistance attorneys are one of the few positions in the Army in which our loyalty and professional responsibilities to our clients outweigh our professional obligation to the Army. When it comes to a conflict between our cli-

ent and the Army, our client wins.

“Anything a client shares with a legal assistance attorney during their representation is private, except in a few limited circumstances, such as if the client threatened to injure themselves or another person,” Juge said. “Clients can take comfort in the fact that whatever they share will not make it back to their commanders, or anyone else for that matter.”

According to Juge, the free legal services offered on post can help Soldiers, retirees and family members save money up front and down the road.

“Civilian attorneys off-post are often very expensive — some charging hundreds of dollars per hour of work,” he said. “In addition to helping our clients save money up front, many of our actions often help return money to a client’s pocket.

“Army judge advocates are picked competitively from the best and brightest attorneys,” he added. “The JAG Corps typically selects less than 10 percent of applicants each year. The competitive nature of the program ensures that we only hire the most skilled, competent and professional attorneys our nation has to offer. Additionally, Army judge advocates receive several months of Army-specific legal training to make them subject matter experts in military law and service-connected issues. Many civilian attorneys off post will not

have the military-specific expertise that comes with being an Army judge advocate.”

Increased service use will provide additional funding for more robust programs in the future, Juge said.

“A perfect example is our tax center,” he said. “If we prepare taxes for more people one year than the year prior, we can secure additional resources to provide a more robust tax center. For example, more appointments and less wait time the following year.”

The SJA office also houses the Special Victim Counsel program. The purpose of the SVC program is to provide zealous advocacy for the victims of sexual assaults throughout the military justice process. Victims of sexual assault are entitled to certain services and protections, and the SVC is the attorney that guides a victim through the entire process, from reporting to court-martial and beyond. People who feel they need SVC assistance should call Capt. Quan Vu at 332-9673.

For more information about legal services offered on post, visit <https://www.facebook.com/RuckerLAO>, or call 255-3482 to make an appointment. Soldiers, retirees and family members may also visit Bldg. 5700, Rm. 320 Mondays, Tuesdays, Wednesdays and Fridays from 8:30 a.m. until 4:30 p.m., and Thursdays from noon until 4:30 p.m.

AER fundraising campaign on track

By **Nathan Pfau**
Army Flier Staff Writer

Army Emergency Relief exists for one reason, to help Soldiers who are in need, and this year’s AER campaign is off to a good start to help Soldiers help Soldiers, according to campaign officials.

The campaign has raised about \$30,000 in funds so far, ahead of last year’s campaign and about one-fifth of the post record of \$155,000 in a campaign season, a record which Col. Stuart J. McRae, Fort Rucker garrison commander and AER chairperson, hopes Fort Rucker can beat this year, he said during the AER kickoff ceremony in March.

The swell in donations is due to dedication of Soldiers and willingness for people to help their brothers in arms, said Capt. Schuyler Emery-Munn, AER campaign coordinator.

“We’re making very good progress with the unit representatives going out and doing their part,” he said. “We give a lot more in assistance every year than we take in, so we need to continue to take those donations in so that we can provide the best level of support that we can to our Soldiers here on Fort Rucker.”

The next big event coming up to benefit



COURTESY PHOTO

Fort Rucker senior leaders pledge to donate to the AER campaign during the AER campaign kickoff ceremony at the U.S. Army Aviation Museum March 4.

AER is the Army Aviation Center Federal Credit Union annual golf tournament to benefit AER at the Silver Wings Golf Course April 17, which normally raises about \$15,000 for the campaign.

The game is open to the public and will be a four-person scramble with registration beginning at 10 a.m. and a shotgun start at noon. The entry fee is \$65 per person, \$55 for SWGC members, and includes a hamburger lunch, cart, green fees and registration gift.

Prizes can be won for closest to the pin on certain holes, which include \$200 and \$300 cash prizes, as well as prizes for first-fifth

place, longest drive and door prizes.

There will also be prizes awarded to anyone lucky or skillful enough to be the first to sink a hole-in-one. The lucky golfer will have his or her choice of a 2015 Nissan Altima or 2015 Jeep Wrangler. All proceeds from the tournament go directly to benefit AER.

AER has been around for 73 years and has helped more than 3.6 million Soldiers and contributed over \$1.7 billion since its inception, according to an AER news release. More than \$1.3 billion of that amount has gone out as loans for Soldiers, \$140 million of that has gone out as grants for Soldiers

who are in need, and another \$89 million has gone out to Soldiers, family members and retirees as scholarships.

In 2005, Fort Rucker set a record for its campaign season, raising more than \$155,000, and in 2013 nearly beat the record with \$148,000 raised. This year there are hopes to break the 2005 record by providing an incentive through a bit of friendly competition.

A traveling trophy will be awarded to the unit that raises the most amount of money, per capita, for the campaign, and for that year, said Emery-Munn. At the end of the campaign when all the totals are tallied, the winning organization will have their company, battalion and brigade added to the trophy to be forever known as that year’s winners.

The cup will change hands each year depending on the winner, and the winning unit will be immortalized as the unit that most contributed to Soldiers helping Soldiers for that year, a cause that Emery-Munn said goes far beyond the competition.

“It’s a program for Soldiers, by Soldiers, and it’s that mechanism that allows Soldiers to take care of their own,” he said. “It’s an invaluable tool for leadership and all levels to help accomplish one of the most basic command responsibilities – tending to the morale and welfare of Soldiers.”

Changes coming to ‘use or lose’ leave Sept. 30

By **Gary Sheftick**
Army News Service

WASHINGTON — The temporary authority allowing Soldiers to carry over 75 days of leave from one fiscal year into the next will expire Sept. 30.

Most Soldiers will only be allowed to carry 60 days of leave into the next fiscal year.

Soldiers will lose it if they don’t use it by Oct. 1, Army personnel officials said of leave in excess of 60 days, unless special leave accrual applies.

SLA allows Soldiers who have served in a mission where they were eligible for hostile

fire pay or imminent danger pay for a continuous period of at least 120 days to accrue leave. Under SLA, Soldiers can accumulate a maximum of 120 days of leave – 60 days of ordinary leave, plus 60 days of SLA.

Soldiers who meet the SLA provisions can still carry forward up to 120 days leave, if their leave and earnings statement has 60 days of leave coded as SLA and the LES remarks block shows “Combat Zone Leave Carryover Balance” with its expiration date.

“Each Soldier has an individual responsibility to monitor and manage their leave,” officials said in an all Army activities message dated March 1.

The 75-day carry-over authority began with the 2008 National Defense Authorization Act, authorizing a two-year temporary authority. Since then, Congress has extended the authority twice, adding four consecutive years. The 2016 National Defense Authorization Act is not expected to extend the authority, officials said.

The Defense Finance and Accounting Service is in the process of emailing a notice to all Soldiers projected to have more than 60 days accrued leave on Sept. 30, officials said. DFAS will continue to include monthly notices on Soldiers’ LES that state: “Important: Manage your leave. On Oct. 1, 2015,

you will lose all accrued leave over 60 days, unless SLA applies.”

Currently, DFAS software hasn’t been updated to use 60 days in the use/lose computation; therefore, all LESs will understate the use/lose balance by 15 days. DFAS is making the necessary system changes to correct that error, officials said, and they estimate the fix will be completed by June.

The recent ALARACT echoes Department of Defense guidance that commanders should continue to monitor the leave of their Service members and encourage them to use any accrued leave days that exceed the 60-day carry-over limit.

News Briefs

Easter Sunrise Service

The Fort Rucker Chapel Community will host its post-wide Easter Sunrise Service Sunday from 6:30-7:30 a.m. on the landing strip behind Wings Chapel (Bldg. 6036 on Andrews Avenue). Chaplain (Col.) John L. Kallerson, U.S. Army Aviation Center of Excellence and Fort Rucker garrison chaplain, will deliver the Easter message. The service will involve people of the Fort Rucker and neighboring civilian communities. All are invited to attend.

For more information, call 255-2989 or 255-2012.

Army Aviation Ball

The U.S. Army Aviation Center of

Excellence and Fort Rucker will host the Army Aviation Ball April 11 from 6-11:30 p.m. in The Landing Ballroom to celebrate Army Aviation’s 32nd birthday. This year’s theme is Honor our History ... Continue the Legacy. Costs for tickets are \$25 for E-6 and GS-8 and below; \$30 for E-7, W-1/2, O-1/2 and GS-9/10; \$35 for E-8, W-3, O-3 and GS-11/12; and \$40 for E-9, W-4/5, O-4 and above, and GS-13-15.

For more information or to purchase tickets, contact your unit point of contact.

Change of command

The 1st Battalion, 58th Aviation Regiment (Airfield Operations Battalion)

will host its change of command ceremony April 15 at 9 a.m. in the U.S. Army Aviation Museum. Lt. Col. James M. Ashburn will assume command from Lt. Col. Daniel Y. Morris.

Retirement ceremony

The post quarterly retirement ceremony will take place April 24 at 2 p.m. in the U.S. Army Aviation Museum. All are invited to attend and honor the post’s latest retirees and thank them for their service.

Trail closures

The Blue and Green running trails on Beaver Lake will be closed temporarily for repairs until May 16. People will

not be able to complete the circle on the green and blue course while repairs are being made. For more information, call 255-9567.

AER scholarship applications

Army Emergency Relief is running its scholarship application period through May 1. AER supports both the Spouse Scholarship Program, as well as the Maj. Gen. James Ursano Scholarship Program for dependent children. In 2014, 47 children’s scholarships totaling \$105,400 and 18 spouses’ scholarships totaling \$25,250 were awarded in the Fort Rucker area. Scholarship specifics and applications are available on AER’s website at www.aerhq.org.

Best: Awards demonstrate interoperability

Continued from Page A1

Aviation professionals.”

Finally, Allyn highlighted the 12th Combat Aviation Brigade out of USAG Ansbach, Germany, later named the “outstanding Aviation unit of the year.”

Allyn said the 12th CAB demonstrates “a lot of adaptability and interoperability in a multi-national environment. The ‘Griffins’ flew over 2,388 combat missions in Afghanistan and participated in 22 major multi-national training operations in 37 different countries. The 12th CAB performed both strategic shaping in a multi-national environment, while maintaining steadfast combat focus at all times.”

Allyn said the accomplishments of those units “exemplify an Aviation community moving in the exact direction we have in mind for Force 2025 and beyond.”

During the opening ceremony, 11 Aviation individuals and units were recognized.

- **The Joseph P. Cribbins Department of the Army Civilian of the Year award:** Ellis W. Golson, Capabilities Development and Integration Directorate, U.S. Army Aviation Center of Excellence, Fort Rucker.
- **The James H. McClellan Aviation Safety Award:** Sgt. 1st Class Eric D. Wright, B Co., Special Operations Training Battalion, Fort Campbell, Kentucky.
- **The Army Aviation Soldier of the Year Award:** Spc. Luis D. Marino, B Co., 4th Bn., 101st Avn. Rgt., 159th CAB, Fort Campbell, Kentucky.
- **The Henry Q. Dunn Crew Chief of the Year Award:** Spc. Benjamin J. Rosa, A Co., 1st Bn., 229th Avn. Rgt., Joint Base Lewis-McChord, Washington.
- **The Rodney J.T. Yano NCO of the Year Award:** Sgt. 1st Class Bryant D. Macfarlane, D Co., 1st Bn., 1st Avn. Rgt., CAB, 1st Infantry Division, Fort Riley, Kansas.
- **The Michael J. Novosel Army Aviator of the Year Award:** CW4 Michael J. Siler, C Co., 1st Bn., 160th Special Operations Avn. Rgt. (Airborne), Fort Campbell, Kentucky.
- **The Robert M. Leich Award:** 2nd Bn., 13th Avn. Rgt., Fort Huachuca. Accepting the award were Lt.

Col. Clinton J. Conzemius, commander, and Command Sgt. Maj. S. Todd Schmidt.

- **The U.S. Army Reserve Aviation Unit of the Year Award:** 90th Avn. Support Bn., 244th Avn. Brigade, Fort Worth, Texas. Accepting the award were Lt. Col. Lee D. Hyder, commander, and Command Sgt. Maj. Robert N. McGee.
- **The John J. Stanko, Jr. Army National Guard Aviation Unit of the Year Award:** B Co., 1st Bn., 171st Avn. Rgt., Schofield Barracks, Hawaii. Accepting the award were Maj. Byron N. Cadiz, commander, and 1st Sgt. Keith I. Nakahara.
- **The Active Aviation Unit of the Year Award:** 3rd Bn., 1st Avn. Rgt., CAB, 1st Infantry Division, Fort Riley. Accepting the award were Lt. Col. Fred J. DuFault, commander, and Command Sgt. Maj. Phillip Paniagua.
- **The Outstanding Aviation Unit of the Year Award:** 12th CAB, USAG Ansbach. Accepting the award were Col. Vincent H. Torza, commander, CW5 Thomas R. Walton, and Command Sgt. Maj. Osvaldo Martell.

ACLC: Command supports nearly 600 aircraft

Continued from Page A1

promises to put to good use of the knowledge he’s acquired over the years.

“Thank you for this opportunity,” he said. “I look forward to serving with each of you and tackling the challenges that lie ahead. The diversity and complexity of the ACLC mission is truly awe inspiring. I look forward to working with (all of) you

and getting to know each of you. Your unparalleled reputation for commitment to excellence precedes you. I am honored to become part of your team.”

ACLC supports the quality oversight of nearly 600 aircraft, which is the largest fleet of aircraft in the Army, according to Kliethermes. The fleet flies 25 percent of the entire Army’s flight hours, which is about 220,000 hours per year, and the

ACLC team supports thousands of aircraft launches that consist of seven different aircraft types, from five different airfields.

It’s that responsibility that Pilkinton will be taking on with the rest of his team to continue the work of his predecessor.

“First Sergeant Thorman, you are one of these great senior non-commissioned officers who are responsible for our daily success,” said Kliethermes during

the ceremony. “You have humbly served ACLC and (Aviation Missile Command), and supported (the U.S. Army Aviation Center of Excellence) for two and a half years. Under your leadership, ACLC was (successful) because of your ability to manage NCO talent and work with the team to get the best from the best.

“You understand how to coach, teach and mentor Soldiers to reach their full potential. You

understand the Soldier and listen to their needs, but you also challenge them and hold them accountable for their actions,” he continued. “I am extremely proud of you and your team for all of your accomplishments and for the outstanding reputation you have established under your leadership – you have done a phenomenal job.”

Thorman will be retiring after more than 24 years in service.

STEM: Demonstrations make learning fun, efficient

Continued from Page A1

controlling them and even having them pick up different items with the flip of a switch. The children also got to try their hand at controlling the robots with the help of the team.

The students also had a chance to learn about electricity and how it’s transmitted, as well as the dangers it can pose through a demonstration by the Pea River Electric Company. In the demonstration, Laura Thornton, Pea River Electric representative, showed the children how electricity transmits through different conductors, using two little glass likenesses of people that would glow red if touched to one of the power lines.

“The kids were just so excited because Friday was just a whole day of fun, brain challenges and engineering challenges. It was a great way to celebrate the week before they all took off for spring break,” said the FRES principal. “I think they enjoyed putting (everything they learned) into action and actually getting to produce a product.”

Some of the inventions the children produced ranged from self-operating pet feed-

ers to solar-operated tools and gadgets, and more than 180 parents had the chance to see their children’s inventions March 26 as they toured the school.

Gilmer said STEM Month is all about hands-on learning, which is necessary for children to learn in order to be ready for the world ahead.

“STEM Month is really a month of application,” said the principal. “We talk about it a lot with the processes and the content throughout the year, but during the month they actually get to put all that together and apply it to create things and build things, to challenge ideas and improve upon them and design. It really gives them a chance to do all of that.

“This is a totally different world that we live in than when we grew up,” she said. “You don’t have to memorize anything anymore because you can find out information in less than 30 seconds with the Internet, so now children need to know how to problem solve and create. They have to have a higher set of thinking skills, and that’s what we’re dedicated to doing – making them prepared for success in the future because that’s what the future looks like now.”



Donna Brecher, FRES teacher, plays a brain game with students during STEM Fest at the school Friday.

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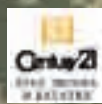
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304 Colony
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300 Victorian Way
\$459,900; Gorgeous custom built home tucked away on 2.7± acres. The open grand room has vaulted ceilings, wood burning fireplace, built-ins & beautiful picture windows for a breath taking view. The custom kitchen has lots of cabinetry & a large dining room perfect for entertaining. Spacious master suite has gas fireplace & his/her bathrooms with walk-in closets. Huge bonus room opens to the courtyard. Private driveway leads through the natural wooded lot & circles back around the house. **TERRI 406-2072 & JACKIE 406-1231** MLS #20150579

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426 County Road 528 ~ Elba
\$97,500; Tired of the city hassles? Well this is your refuge! This property features 2 open covered porch areas, a fenced pasture with 4 pens, 2 storage sheds, hot & cold water features on the exterior, & entry from the laundry mud room to the outside that features a full bathroom. **UPDATES:** 2007 new roof, 2008 house re-wired, new vinyl double pane windows, kitchen & bathroom remodeled, 3 ton HVAC unit & new blinds. **ADDITIONS:** 2008 mud room with full bath added. **CHRIS 406-0726 & JUDY 301-9556** MLS #20150562

new LISTING



205 Jessica
\$257,000; Must see this fantastic home with plenty of room for entertainment. It features a nice split floor plan, living room with beautiful wood floors & fireplace, lots of windows with view to the amazing in ground pool on backyard. Crown molding, tray ceilings & an office. Big covered porch for outside activities. There is 18x20 detached workshop, a fenced backyard & more. Alabama Right of Redemption may affect this asset. Seller does not guarantee or warrant title to the property. **NANCY CAFFERO 389-1758** *Hablo Español* MLS #20150557

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134 Cody
\$119,900; Be the first owner! Neutral colors make it easy to move right in & make it your own. Kitchen opens to living area so you don't miss a thing. Stainless steel appliances make the kitchen shine. Ceramic tile floors in wet areas for easy clean up. Lots of cabinets in kitchen, plus pantry! Eating bar gives extra seating & serving area. Bedrooms are sufficient with ample closets. Living room has door to covered patio. Fenced yard. Sprinkler system. Laundry area is conveniently located to bedrooms & baths. **SHAWN REEVES 475-6405** MLS #20150552

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1236 Campground ~ Ozark
\$60,000; 16.37± acres in Ozark. **JACKIE THOMPSON 406-1231**

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109 Forest
\$124,900; Like new home in a well-established neighborhood close to schools, churches & shopping. 3BR/2.5BA, 2 living areas. The downstairs has 2 large rooms, a full bath & an extra-large closet. Perfect for mother-in-law suite or recreation room for kids or man cave! The spacious kitchen has new cabinets, countertops & stainless steel appliances. All of this & more on an oversized lot! **TERRI AVERETT 406-2072** MLS #20150546

new LISTING



200 Wellston
\$271,000; NEW ROOF! 4BR/2.5BA on a large, corner lot. w/16x32 salt-water pool w/new liner. Granite countertops, cork flooring, newer appliances including a new dishwasher & gas dryer. New vinyl clad, double pane windows on front & one side. Great floor plan for entertaining w/French doors opening onto the large screened in porch. Beyond this is the inviting pool w/a pergola at one end expanding the entertainment space outdoors. Take a look at the his/hers closets in the master suite. Bonus room & lots of closets. **JAN SAWYER 406-2333** MLS #20150534

new LISTING



207 Grey Fox Trail
\$209,000; Contemporary 3BR/2BA brick home with upgrades galore. Granite, gas log fireplace, molding, tray ceilings, bronze fixtures, custom cabinets, plus large walk-in closet in master. The huge backyard will fit a pool & has a privacy fence. Open concept floor plan is great for easy living & easy entertaining. Gate to the Kindergarten center is just a few houses down in the cul-de-sac. **TERRI 406-2072 & JACKIE 406-1231** MLS #20150532

new LISTING



7284 County Road 636 ~ Chancellor
\$179,000; 3BR/2BA with bamboo flooring & spacious floor plan. **TERRI AVERETT 406-2072 & JACKIE THOMPSON 406-1231** MLS #20150531

new LISTING



198 Travelers Rest ~ Samson
\$130,000; Need 5BR/2BA, 2 living areas, 2 dining areas with a sunroom on a large lot on the edge of town? Schedule a time to see this brick home with a 2-car detached garage/shop on a level 150x200 lot with mature shrubs. Recent updates include tile flooring, interior doors, countertops in kitchen & many of rooms freshly painted. **JUDY DUNN 301-9556** MLS #20150529

new LISTING



348 Co Rd 163 ~ Hunters Ridge
\$308,000; Beautiful home on 1.74± acres in a lake subdivision. 4BR plus a bonus room for an office or crafts. Oversized patio ideal for outdoor family time. Granite countertops, stainless steel appliances, surround sound, security system, separate shed plus many more extras! Lots of privacy! **TERRI 406-2072 & JACKIE 406-1231** MLS #20150521

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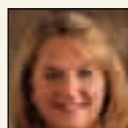

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166 LAKEVIEW ~ DALEVIEW: Why rent when you can own? Very affordable lake front town home with a beautiful view from your bedroom balcony. Features 2BR/1.5BA, wet bar, laundry area. Located just 5 minutes from the Ft Rucker/Daleville Gate. **TERRI AVERETT 406-2072**

NEW LISTING ~ \$105,000



2680 SHELL FIELD ROAD: Good price, ready to move in, 4BR, level lot. Convenient to Ft Rucker, very convenient to Shell Field. **ANGIE GOODMAN 464-7869**

POOL ~ \$127,900



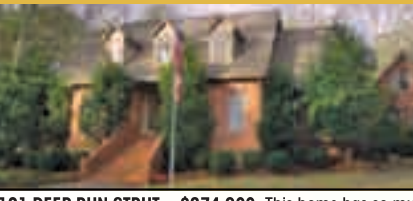
2900 ROCKY HEAD: What a great place to call home! Remodeled 3BR/1.5BA home with a 20x40 inground salt water pool. The lot is deep & an area is available beyond the pool/patio for a garden, pet run, playground or whatever you might need. New roof 2007, new pool liner & salt system 2009. Huge laundry room right off cozy den/family room with beautiful fireplace. Large kitchen with pantry & new stainless fridge. New HVAC unit & security system just installed. **JAN SAWYER 406-2393**

\$114,000



304 CLAREMONT: Spacious townhouse that features large den & dining area that opens to patio & backyard. You will love the walk-in closet & additional closet in master bedroom. The master bathroom has double vanity. The kitchen has all the appliances. Move-in ready. Conveniently located. **MARY M. JONES 790-2933**

NEW LISTING



121 DEER RUN STRUT ~ \$374,900: This home has so much to offer with Jack & Jill bathroom between the 2 upstairs bedrooms with antique vanities & porcelain washbowls. 2½-car back entry carport with extra storage above, workshop situated among the gardens with electricity (15 outlets) & 220 service. Ramp & side cover for storage as well as in the attic area. Kitchen has built-ins with doors to hide appliances & still have the convenience. Lot 167 Lakefront across the street comes with this property. Make your move NOW. **EVELYN HITCH 406-3436**

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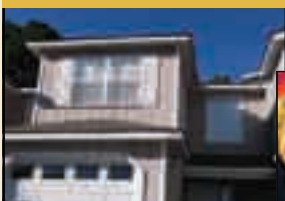
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106 COMMONS: Affordable, very nice townhouse on the way to Ft Rucker. 2BR/2.5BA, convenient to post, shopping, banking & restaurants. **FRAN & DON KALTENBAUGH 790-5973**

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1004 VINSON ~ SLOCOMB: Looking for a place in the country that is also convenient to town? (Approximately 8 miles from Dothan) This is it! A large home on an acre more or less. Huge family room with fireplace. Beautifully landscaped plus fruit trees & a large pole barn that the current owners are using for covered parking for autos & farm equipment. Conveniently located near Slocomb, Wicksburg, Dothan, Daleville, Ft Rucker & Enterprise. **ROBIN FOYS 389-4410**

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APRIL 2, 2015

1st AD CAB teams Apache-Shadow

By David Vergun
Army News Service

WASHINGTON — Manned-unmanned operations using helicopters linked with unmanned aircraft systems have been used by the Army for a number of years.

However, no single unit has ever actually been assigned to both assets until now, said Lt. Col. Tory Burgess, product manager for Shadow Tactical UAS.

Burgess and others spoke during a media roundtable from Redstone Arsenal March 19.

The 1st Battalion, 501st Aviation Regiment with the 1st Armored Division's Combat Aviation Brigade on Fort Bliss, Texas, became that first unit, Burgess said, noting that March 16, the battalion had a re-flagging ceremony, becoming the



ARMY PHOTO

SEE SHADOW, PAGE B4

An RQ-7B Shadow v2 prepares to launch.



PHOTO BY SGT. BRIAN RAGIN

PICKUP

A paratrooper with 2nd Battalion, 377th Parachute Field Artillery Regiment, 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, communicates with a CH-47 Chinook with hand signals during Exercise Spartan Valkyrie March 23 at Landing Zone Ranger on Joint Base Elmendorf-Richardson, Alaska. Spartan Valkyrie is a week-long command post exercise designed to further validate joint readiness capabilities.

Training makes paratroopers more flexible

By David Vergun
Army News Service

GRAFENWOEHR, Germany — “The process of getting ready for this day, believe me, it takes a few days,” said a jumpmaster with 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade.

Staff Sgt. Alaster M. Anderson spoke as assembled paratroopers of the battalion, rigged in parachutes, waited to climb into UH-60 Black Hawk helicopters from the 12th Combat Aviation Brigade to conduct airborne operations March 18 at the training area.

Paratroopers waiting their turn to jump appreciated the hard work leaders like Anderson put into planning and executing safe jumps.

“They get a lot done before we even get there,” said Pfc. Justin Millard, an infantryman with A Company, 2nd Bn., 503rd Inf. Regt. “So, when we get there, we can get our stuff on in 15 to 20 minutes.”

The training is part of the brigade's mission to maintain airborne proficiency so it can reinforce allies in Europe if the need arises.

“We have to partner in a quick, timely fashion,” said Sgt. Maj. Mark A. Cashman, the operations sergeant major for the battalion.

Paratroopers don't routinely jump from UH-60s, but practicing exits from different aircraft means the unit can be more flexible if it has to deploy.

“We have to be ready to ride any aircraft the Army uses,” said Cashman.

Safety is paramount when Soldiers jump, regardless of aircraft used.

“Jumpmasters control the jumpers to make sure they know what to do, because we all know jumping out of an aircraft is a dangerous activity,” said Anderson, who led the training to refresh the jumpers on how to safely jump from a helicopter.

All personnel scheduled for the jump were graduates of the U.S. Ar-



PHOTOS BY STAFF SGT. LISA RODRIGUEZ PRESLEY

Staff Sgt. Alaster M. Anderson, a jumpmaster with 1st Battalion, 503rd Parachute Infantry Regiment, leads a class from inside of a mock cabin for a UH-60 Black Hawk helicopter March 18 at Grafenwoehr Training Area, Germany.



Paratroopers with the 1st Battalion, 503rd Parachute Infantry Regiment practice parachute landing falls, a controlled fall where the Soldier shapes their body so they roll through their impact on the ground.

my's Airborne School, a three-week course at Fort Benning, Georgia.

“They start on the ground, then work their way to the tower and finally they jump,” said Anderson. “They learn to trust their equipment. By the time you jump outside an aircraft, you

trust your equipment.”

The 173rd Abn. Bde. is the Army's Contingency Response Force in Europe, providing ready forces to deploy anywhere in the U.S. European, Africa and Central Commands areas of responsibility in less than 18 hours.

NEW DIGGS

Hawaii garrison breaks ground on 25th CAB facility

By Dino W. Buchanan
U.S. Army Corps of Engineers

WHEELER ARMY AIRFIELD, Hawaii — Representatives from the U.S. Army Garrison-Hawaii Directorate of Public Works, the U.S. Army Corps of Engineers and contractor Nan-Samsung LLC personnel participated in a Hawaiian groundbreaking and site blessing March 18 on the south side of the Wheeler airstrip, officially starting the construction for the second phase of the 25th Infantry Division Combat Aviation Brigade Complex.

Reverend Sherman Thompson led the Hawaiian blessing of the site, as well as more than 60 CAB Phase 2 contractors and staff. Also blessed were representatives from the U.S. Army Corps of Engineers-Honolulu District and the 25th CAB.

The \$69.7 million project is the second of 16 additional phases required to complete the entire \$1.6 billion CAB complex. This project will create two, six-story standard design barracks for Soldiers assigned to the brigade. This project dovetails with the CAB Phase 1 Site Infrastructure project for all roads, utilities and infrastructure. Coordination is on-going with CAB Phase 1 contractor David Boland LLC to synchronize construction for the two phases, as the two barracks will be situated within the CAB Phase 1 project site.

A design-build contract for the CAB Phase 2 project was awarded to Nan-Samsung in 2014 for \$69,749,203. The construction completion date is January 2017. Design was done by Group 70 International, Mitsunaga and Associates, Geolabs, Martin & Chock, InSynergy Engineering, Walters Kimura Motoda, and Facility Dynamics Engineering.

Primary facilities include a central plant, antiterrorism measures, an Energy Monitoring Control Systems connection, and sustainability/energy measures. Supporting facilities will include site development, utilities and connections, lighting, paving, parking, walks, curbs and gutters, storm drainage, information systems, landscaping and signage. Air conditioning will be provided by the central plant.

The project is targeted for Leadership in Energy & Environmental Design Silver certification from the Green Building Certification Institute. LEED is a green building certification program that recognizes best-in-class building strategies and practices.

The Honolulu District is committed to building and managing the construction of high quality projects that improve the quality of life for service members and their families, and that provide jobs and money to stimulate the local economy.



PHOTO BY DINO W. BUCHANAN

Representatives from the U.S. Army Corps of Engineers-Honolulu District, U.S. Army Garrison-Hawaii Directorate of Public Works, the 25th Combat Aviation Brigade and contractor Nan-Samsung LLC listen as Reverend Sherman Thompson begins the Hawaiian blessing for Phase 2 of the 25th ID CAB complex on the south side of the Wheeler airstrip.

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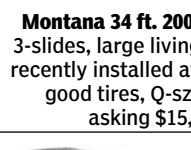
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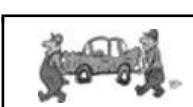


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Shadow: New model extends situational awareness

Continued from Page B1

3rd Squadron, 6th Cavalry Regiment.

It was not just a name change, though. The new unit converted to a heavy attack reconnaissance squadron, equipped with AH-64 Apache Longbow helicopters and the new tactical common data link-equipped RQ-7Bv2 Shadows.

It's a big deal

The reflagging ceremony and the unit having the Shadow v2 “organically assigned” to it is the culmination “of years’ worth of planning, development, testing and production,” Burgess said.

“What’s the big deal about a unit owning both assets?” asked a reporter at the roundtable.

Lt. Col. RJ Garcia, commander of 3-6th CAV, said, “It’s an improved capability that supports Soldiers on the ground as they execute the various missions that we assign them. Nothing is stove-piped now. We now have the ability to share across multiple levels.”

Until now, Aviators, working with Soldiers on the ground, have been using manned-unmanned teaming, “but doing it with friction points because they were never in the same unit,” Garcia said.

For instance, a Shadow unit in a brigade combat team might be in the same forward operating base somewhere and they’d go over to the Aviators and say “we’ll connect you to our Shadows. Let’s do this,” and they’d make it so, he said.

“They’ve been building this



ARMY PHOTO

An RQ-7B Shadow v2 receives some flight time.

synergy themselves, but for different commanders,” Garcia said. However, “sometimes that tasking wouldn’t support them working together” and operating through two chains of command.

This formal arrangement removes these “friction points,” he said.

Greater lethality

Lethality does not always mean capability to fire missiles. Shadow v2 extends situational awareness across the battlefield, not only for the Soldiers on the ground, but also for the Apache pilots, Garcia said.

The situational awareness, he said, includes the ability of Shadow v2 to “transmit live, real-time, full-motion video to multiple people across the battlefield.”

That situational awareness, he said, extends from mission command at the highest levels all the way down to the tactical level, meaning Soldiers on the ground.

Burgess said that Apache pilots gain greater situational awareness through the eyes and sensors on the Shadow v2, which affords them greater standoff range.

Security was a top priority when Shadow v2 was designed, he said. The tactical common data link provides Type I encryp-

tion so adversaries cannot see the data being streamed or take control of the UAS.

Ground control

Both the Shadow v2 and the Gray Eagle UAS can fly off the Universal Ground Control Station, which Burgess called “the centerpiece of Army UAS.” This enables the AH-64E pilot a considerable level of operability with the UAS system, up to Level 4.

Lt. Col. Ed Vedder explained in an interview last year the various levels of control and how manned-unmanned teaming works. His 1st Infantry Division battalion was the first to demonstrate teaming between AH-64Es and Gray Eagles.

While the Apaches have pilots in the cockpit, the UAS are piloted by Soldiers – usually enlisted – on the ground in universal ground control stations, he said.

If a request is made by an Apache pilot to take temporary control of the UAS, that can happen, Vedder continued, but if or when it’s done, it’s normally for just a brief period of time.

Both UAS and Apache pilots train together and work together so the handoff and hand-back of control is seamless, he said.

“It’s very intuitive for an Apache pilot to fly a UAS,” Ved-

der said. The pilot just “draws up some wave points then asks for Level 4 control.

“Once he gives you that authority, you can send that aircraft down a route, select intelligence, speed, orbit, and when it hits a checkpoint, you can say ‘I’m going to look at this grid’ and a sensor will do that,” he explained. “The rest of time, the pilot is operating his Apache. It’s not as complicated as it may seem. It’s a powerful capability.”

Ground operators do so well flying the UAS that Apache pilots will usually just let them operate them, he said, adding that the relationship established between them is excellent.

When Vedder spoke of Level 4, he was referring to the Apache pilot’s level of interoperability over the UAS.

While the ground operator always has all five levels of control, the Apache pilot can request a particular level. LOI 1 is indirect receipt of UAS payload data, meaning not much interaction; LOI 2 is when the pilot has direct receipt of UAV payload data and is in direct communication with the UAV; LOI 3 is where the Apache pilot can actually fire a UAS missile; LOI 4 turns flight control over to the Apache pilot; and LOI 5 covers the full spectrum of flight, including launch and recovery.

Looking forward and back

Garcia said he takes great pride in his unit, commenting that “we’re the first Apache battalion to convert to the heavy attack reconnaissance squadron. We were also the first unit to field Apaches

in the 1980s.”

In May, Garcia’s Soldiers conducted “a successful operational test” with the Apache-Shadow v2, held as part of Network Integration Evaluation 14.2. That is significant, he said, because the same Soldiers doing the testing are now doing the manned-unmanned teaming.

Operators, maintainers and leadership are undergoing final training on the new system. That training is projected to be completed by the end of May, he said.

Burgess said that “we are finally getting to the point where we can field two to three (Shadow v2) systems a month to the entire U.S. Army, including the combat Aviation brigades.”

The next units to be equipped with the Shadow v2 are the 101st CAB this summer and the 16th CAB by the end of fiscal year 2016, he said.

“We continue to improve on (tactics, techniques and procedures),” Garcia said. “As Soldiers go through Shadow v2 training, they will apply lessons learned and share those lessons with other Soldiers who will be making the same transition in the future.”

“Within the history of manned-unmanned teaming, the Shadow and the Apache have had an incredible combat record,” Garcia said. “This merging is really about the Soldier on the ground. We’re much more efficient, lethal and effective. We’re going to build on the great things that Soldiers across multiple organizations within the U.S. Army have done to be better.”



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APRIL 2, 2015

ALL ABOUT THE CHILDREN



Eli Johnson, military family member, makes his way over an obstacle with the help of Warrant Officer Candidates Joseph Avino (right) and Bill Schelpf (center) during the Children's Fest at the Fort Rucker Festival Fields Saturday.



PHOTOS BY NATHAN PFau

Sisters Thia and Maricela Ramirez, military family members, sit with their friend, Alexsa Hoffman (right), military family member, after the egg hunt during the Children's Fest.

Children's Fest kicks off Month of Military Child

By Nathan Pfau
Army Flier Staff Writer

More than 4,000 people crowded the Fort Rucker Festival Fields Saturday to celebrate children and kick off Month of the Military Child during one of the installation's biggest events.

Children's Fest had everything from magicians and superheroes, to egg hunts and a petting zoo to keep more than 2,000 children entertained throughout the day, according to Kristi Fink, Directorate of Family, Morale, Welfare and Recreation special events coordinator.

"(Children's Fest) was a huge success," she said. "This was a great way to celebrate the families and it gives the children a day dedicated to them."

The event kicked off with an egg hunt for different age groups, in which hundreds of children participated, and people were able to visit with a magician, stilt walker, petting zoo, make bird houses, ride a trackless train, play

in inflatables, take photos with super heroes, have their face painted and even enjoy free ice cream from some of the vendors.

More than 10,000 plastic eggs were put out for the egg hunt, some with prizes inside, so no child had trouble finding an egg to go into their basket, and for the Avery family, it was a great way to spend some quality time together.

"We couldn't have picked a better way to spend our Saturday with our kids," said Sheila Avery, civilian. "It was so much fun to come out and watch my two boys run out there and collect eggs with all of these other children. It's not often kids want to go out and play, but when they see all of these other children out here they get excited and just wanted to play with all of them."

After the egg hunt, the Averys sat in the grass and counted their eggs and opened them up together to see what prizes they might have won.

"I think this is the best part because it's something we get to do together," said the

mother of two. "Things like this remind me of when I was a kid doing things like this in my neighborhood and I'm just glad my children get to have the same kind of experience."

Although egg hunts might not be very rare across the Wiregrass, many of the children in attendance were in for a treat with the petting zoo, which had animals that many people hadn't seen in person before.

The petting zoo had goats and chickens like most people are familiar with, but it also had a camel and a kangaroo, which many children seemed enamored with.

"My kids absolutely loved the petting zoo because none of us had ever seen a kangaroo before," said Joyce McCullough, Army spouse. "They were just taken with it and they just kept asking me why it had to wear a diaper. They just thought it was the silliest thing and it made them so happy."

Some other sights that people were able to see were an appearance by the Easter Bunny, super heroes like Captain America, as well as some Storm Troopers and sand people from

the "Star Wars" movies.

Many children also tried their hand at being a Soldier with the Warrant Officer Career College obstacle course for children, which had a wall climb, rope swing, monkey bars and more that children had to get across with warrant officer candidates there to help if needed.

"I really didn't think there would be so much here for the children to do," said McCullough, who said this is her families first time at Children's Fest. "I'm really impressed by how much went into this and how much effort they put into it to make sure that everyone here is having a good time. It really made me glad to be here."

That effort is the combined works of many organizations and volunteers who took time out to make sure the event was a success.

"From setting up the field to having a booth with a craft or game, we couldn't have done this event without the help of those organizations (and volunteers). Putting on such a huge event like this takes a lot of teamwork," said Fink.

VOLUNTEER OPPORTUNITIES

DIRECTORATE OF FAMILY, AND MORALE, WELFARE AND RECREATION

Position: Sports, fitness and aquatics

Duties: Assists with various races and special events hosted by SFA, including: event registration, stopwatch timing, water distribution, and crowd and traffic control. Provides positive customer service to participants.

Position: SFA volunteer

Duties: Maintains communication between supervisors and volunteers to ensure the best possible match between organizational needs and volunteer capabilities. Assists in the research, development and implementation of new volunteer positions. Reports volunteer hours and assists supervisors in the scheduling of volunteers. Positive interaction with patrons, volunteers and staff. Works with SFA management team—reporting primarily to aquatic manager and SFA branch manager. Attend volunteer meetings. Must have: good oral and written communication skills, working knowledge of Microsoft Office, time management skills, ability to build teams, willingness to learn and ability to take responsibility. For more information, call 255-2296.

Position: Rock wall assistant (four hours per month)

Duties: Assist the branch in training people how to use the rock wall, creating new routes on the wall, and tightening holds. Must be physically capable to perform duties, and must have extensive knowledge of rock climbing and equipment. Volunteer should be considered a subject matter expert, with the only training required to be to ensure familiarization with equipment specific to the physical fitness center. For more information, call 255-0308.

Position: Race and special events assistants

Duties: Assists with various races and special events hosted by SFA, including: event registration, stopwatch timing, water distribution, and crowd and traffic control. Attend volunteer meetings. For more information, call 255-0308.

Position: Intramural sports assistant

Duties: Setup and breakdown of SFA branch fields and courts, including sporting equipment, lights, etc. Provides customer service, and relaying of information between coordinator and referees, players and coaches. Attend volunteer meetings. For more information, call 255-2393.

Position: Adopt-a-Trail

Duties: Pick up and move debris on the trails, and report repairs and issues to the SFA program manager. Attend volunteer meetings. For more information, call 255-2296.

Position: Outdoor recreation volunteer

Duties: Assist the lead programmer with planning and directing the installation mission-related activities of the

SEE VOLUNTEER, PAGE C6

RESILIENCE

Training helps people handle life's stressors

By Nathan Pfau
Army Flier Staff Writer

The stresses of work, home or just daily life can wear even the strongest of people down, but Army Community Service offers sessions to help people on Fort Rucker deal with those stressors by looking within.

Army Community Service exists to support the Soldiers, families and community members on the installation, and one way it does this is by offering a better outlook on life through resilience training.

The ACS Family Resilience Training is now being offered as monthly resilience workshops to better serve the community, rather than quarterly two-day sessions, in order to help families be more resilient in tough times, according to Ruth Gonzalez, relocation readiness program manager.

"Resilience training is for anyone who wishes to build and strengthen the skills they need to help them face challenges, whatever they may be—simple or extreme," said Gonzalez. "We all face challenges throughout our lives, be it of a positive or negative nature."

One way resiliency helps people get through those challenges is by focusing on the positive aspects of daily life, said the program manager.

"One of the skills that we work on is Real-Time Resilience. If you begin doubting yourself and you have that inner voice that says, 'I'm not good enough,' or that 'I'm messed up,' you can fight those thoughts with the Real-Time Resilience skills," she said. "The skills help you look for the reality or the positive side of your thoughts. Resilience training provides the skills to fight those negative thoughts and not go down too deep into them—you can fight those thoughts of self-doubt,

whether professionally or at home."

Lots of times, people tend to focus on the negative aspects of their day, but if that habit can be reversed to focus on the good, then people tend to not notice the bad as much, said Gonzalez.

"We teach skills that are really common sense," she said. "This training is focused on skills that people have used, but forget once they get busy, or when issues and challenges arise. We help them get that focus back."

With this year's mini workshops, Gonzalez said she hopes to help more people and see them more often to help them work on their situations.

During the mini workshops, the attendees will go to a two-hour training session, once a month, which gives them time to work on those skills before they come back to the next session.

One thing that people do from session to session is to "hunt the good stuff," said the program manager. During the time between sessions, people must not only go over the skills that were discussed, but also "hunt the good stuff" throughout their day and keep a journal of at least one or two things that have gone well in

ACS RESILIENCE TRAINING

Below is the resilience training schedule through June.

Deadline: May 8

April 13-14
Family Resilience Training:
8:30 a.m. to 3 p.m.
Deadline: April 9

June 10
Resilience Training:
9-11:30 a.m.
Deadline: June 5

All resilience training will take place at The Commons, Bldg. 8950. For more information or to sign up, call 255-3817.

their day.

"When they come back (the next month) they have a list of good things, things as simple as their spouse washing the dishes or the kids picking-up after themselves," she said. "Rather than focusing on the negative, they get to see the positive things in their lives."

The next two-day Family Resilience Training will be held April 13 and 14 from 8:30 a.m. to 3 p.m. at The Commons, Bldg. 8950. People must sign up by April 9 to attend.

"Resilience training is about maintaining and strengthening our relationships at work, at home or in the community. We take all types of preventive measures to ensure that our home is livable or that our vehicle is highly functional, but what steps do we take to maintain our relationships?" Gonzalez asked.

"This type of training is necessary because there are just so many different stressors throughout the work day," said Gonzalez. "What can you do to overcome that frustration? That's what resilience training is here to help with."

For more information or to sign up, call 255-3817.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Easter Brunch

The Landing will host its Easter Brunch Sunday from 10 a.m. to 2 p.m. The event will feature brunch favorites, such as an omelet bar, meat carving stations, a dessert bar and more. The cost is \$18.95 for adults, \$8.95 for ages 6–12, \$4.95 for ages 3–5, and free for children 2 and under. There is also the Military Family Special where two adults and two children can eat for \$49. Reservations are not required, but are encouraged.

For more information or to make a reservation, call 598-2426.

Infant massage class

In recognition of Child Abuse Prevention Month, Army Community Service will offer a free infant massage class April 9 from 9–11 a.m. at the Commons, Bldg. 8950. Organizers said that beyond the joy of spending quality time bonding with a new baby, infant massage has been shown to provide many benefits to the baby, the parents and to the rest of the family. Expectant parents and caregivers are also welcome to attend. The class is open to the first 20 people to register by Monday. People should bring a thick blanket, or large pillow and a lightweight blanket to the class.

For more information, call 255-9647 or 255-3359.

ScreamFree Parenting Train the Trainer

Train the Trainer for ScreamFree Parenting Your Teenager is designed for Family Professionals who assist families in navigating the stresses of military life. Family Professionals will obtain practical repeatable techniques with proven results, according to Army Community Service officials. The free sessions will be held April 22 from 8:30 a.m. to 4:30 p.m at Bowden Terrace Community Center. Registration is required by April 10. Space is limited to the first 12 participants to register.

For more information, call 255-9636.

Spring craft activity

The Center Library will host a spring craft activity April 14 from 3:30–4:30 p.m. for children ages 3–11. Light refreshments will be served. Space is limited to the first 65 children to register. The event is open to authorized patrons.

For more information or to register, visit the library or call 255-3885.

Comedy Live

The Landing will host Comedy Live at Rucker April 17 from 8-9:30 p.m., featuring comedians Mia Jackson and Dylan Mandlsohn. A DJ Dance Party with music will follow the event from 9:30-11 p.m. The event is open to the public, ages 18 and up. Tickets are on sale until the day of the event for \$12 – tickets cost \$16 the day of the show. People can also get a VIP table for 10 people for \$150. Tickets may be purchased at The Landing, MWR Central, or Coffee Zones at Lyster and Bldg. 5700 – VIP tables



FILE PHOTO

Lifeguard Courses

The Fort Rucker Physical Fitness Center will host lifeguarding courses April 17-19. Class times are April 17, 4-7 p.m., and April 18-19, from 8 a.m. to 5 p.m. at the fitness center on Andrews Avenue. Each class, once completed, includes American Red Cross certifications in Lifeguarding, Waterfront Lifeguarding, Waterpark Lifeguarding, First Aid, and Cardiopulmonary Resuscitation and Automatic External Defibrillator administration. Each certification is valid for two years from the course completion date. Courses are available to ages 15 and up. The cost is \$125 for Department of Defense ID card holders and \$150 to the public. A prerequisite test must be passed on the first day to enter the course. Prerequisite requirements include: non-stop swim of 550 meters, two-minute tread using only legs, dive ring retrieval, and a timed 20-meter retrieval swim. People interested should register at the front desk of the Fort Rucker PFC. The cut-off for registration is three days prior to course start date. The courses may be canceled if minimum enrollment is not met. For more information, call 255-2296.

must be purchased at The Landing.

For more information, call 598-2426 or 255-9810.

ScreamFree Parenting Your Teenager Class

Army Community Service offers its ScreamFree Parenting Your Teenager course on April 22 from 6-7:30 p.m. at Bowden Terrace Community Center. ScreamFree Parenting Your Teenager is about parents learning to calm their emotional reactions and learning to focus on their own behavior more than their children’s behavior. The workshop is free and open to active-duty and retired military, Department of Defense employees and their family members. Registration is required by April 17. Space is limited to the first 35 participants to register. Call in advance for childcare.

For registration, childcare and more information, call 255-9636.

ScreamFree Parenting Class

Army Community Service offers its ScreamFree Parenting course April 23 from 10-11:30 a.m. at the Fort Rucker School Age Center. This course is about parents learning to calm their emotional reactions and learning to focus on their own behavior more than their children’s behavior. The workshop is free and open to active duty and retired military, Department of Defense employees and their family members. Registration is required by April 17. Space is limited to the first 35 participants to register. Call in advance for childcare.

For registration, childcare and more information, call 255-9636.

Child Abuse Prevention Month Blue Day

April is Child Abuse Prevention Month and blue is the nationally designated color to recognize this month. People are wel-

come to show their support for preventing child abuse by wearing blue every Friday in April.

For more information, call 255-9647.

Getaway to Biloxi

For those interested in getting out of town for the weekend, outdoor recreation is offering a getaway to Biloxi, Mississippi, April 10–12. Patrons will be staying at the Best Western Oak Manor. The bus will depart at 5 p.m. April 10 and return April 12 around 5 p.m. The cost is \$175 per person – based on two people per room – or \$305 for one person in a room. Each additional person is \$45, with a maximum of four people per room. Cost includes transportation to and from Biloxi, two nights stay at the hotel and deluxe continental breakfast. This trip is open to the public, ages 18 and up, but limited to 28 people. People can sign up now at ODR by calling 255-4305, or at MWR Central by calling 255-2997 or 255-9517.

Pokémon tournament

The Fort Rucker School Age Center will host a Pokémon tournament April 11 from 1:30–3:30 p.m. in celebration of Month of the Military Child. Participants must be registered with child, youth and school services, and be aged 6–10 in grades first-fifth. Participants also must bring their own Pokémon Cards and have parental permission to trade. Parent volunteers are needed at this event.

For more information, call 255-9108.

Military child dance party

The school age center will host a dance party April 11 from 1:30–3:30 p.m. in celebration of Month of the Military Child. Participants must be registered with child, youth and school services, and be aged 6–10 in grades first-fifth.

For more information, call 255-9108.

DFMWR Spotlight

2015
Easter
Brunch

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April 5th**

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up to 2 children)

Reservations are not required but highly encouraged. To make reservations or for more information please contact The Landing at (254) 588-2426.
www.ftruckerarmwr.com

MWR Fort Rucker FPMWR

FORT RUCKER MOVIE SCHEDULE FOR APRIL 2-5

Thursday, April 2

Project Almanac (PG-13)
.....7 p.m.

Friday, April 3

Fifty Shades of Grey (R)
.....7 p.m.

Saturday, April 4

The Duff (PG-13)
.....7 p.m.

Sunday, April 5

McFarland, USA (PG)
.....2 p.m.

JCS vice joins salute to USO

By Army Sgt. 1st Class Tyrone C. Marshall Jr.

Department of Defense News

WASHINGTON — Navy Adm. James A. Winnefeld Jr., vice chairman of the Joint Chiefs of Staff, and his wife, Mary, recently joined with the USO Metropolitan Washington-Baltimore in honoring celebrity volunteers who have served America's troops.

During its 33rd annual awards dinner, the USO-Metro Washington-Baltimore paid tribute to nearly 30 Congressional Medal of Honor recipients as well as USO-Metro award recipients for the Legacy of Hope Award, USO Achievement Award, Col. John Gioia Patriot Award and the USO-Metro Merit Award, all of which the Winnefelds presented.

Sebastian Junger, an Oscar-nominated filmmaker, author and war correspondent, received the Legacy of Hope Award for "helping people better understand and appreciate the challenges military members face during combat and upon returning home," according to a USO Metro citation.

Junger, who said it was "absolutely thrilling" to be honored by such a "venerable, important institution" as the USO, has covered war since the early 90's, and, he said, felt compelled to bring U.S. troops' experiences to the forefront for the nation.

"If we're going to go to war," he said, "as a nation, we really should understand what that means for Soldiers — what that



DOD PHOTO

Winnefeld

involves. I think more information is better, so I avoided the political discourse ... and really focused on the troops."

Singer-songwriter Stevie Nicks was recognized with the USO Achievement Award as the record holder for most hours spent over a five-year period visiting combat-wounded troops at Walter Reed Army Medical Center and the Walter Reed National Military Medical Center in Bethesda, Maryland.

According to the USO-Metro, Nicks spent eight to 12 hours a day, two to three days at a time, holding the hands of wounded service members and comforting

their caregivers as part of the USO-Metro's Celebrity Handshake Tour.

Nicks said the USO-Metro's recognition was "really special, because, honestly, my time there was between 2005 and 2009, and 2009 is a pretty long time ago."

The singer encouraged other celebrities to "go there and spend a couple of hours whenever they can, because it means so much."

Seema Reza, a poet and essayist, received the Col. John Gioia Patriot Award for her efforts in coordinating a "unique" hospital arts program, and years spent with wounded, ill and injured service members at military hospitals.

Peyton Manning, starting quarterback for the NFL's Denver Broncos, was honored with the USO-Metro's Merit Award for "his commitment to lifting the morale of U.S. troops" during a 2013 USO Tour and as part of the USO-Metro's Celebrity Handshake Tour visit to Walter Reed National Military Medical Center.

The vice chairman and his wife paid tribute to Manning during the final presentation of the night.

"The USO-Metro Merit Award is a very special honor presented to a person of outstanding talent who is dedicated to serving others through volunteerism," Mary said.

"Previous awardees," the admiral said, "include Bob Hope, Willie Nelson, Steven

aSpielberg and, of course, Robert Irvine. We're honored tonight to add five-time NFL MVP Peyton Manning to that distinguished list.

"People who go on USO tours — the celebrities — are very, very special people ... but they don't have to do this," Winnefeld said.

"They have very busy lives," he said, "where they have other things they could be doing, but they volunteer not only the week or so that they spend on the tour, but the week that it takes to recover from the tour."

Winnefeld said Manning "brought a touch of home and reminded [service members] just how much America's grateful for their service."

"We discovered the things that made him an extraordinary presence on the field, also made him an extra-special presence on our tour," Mary added.

Before the awards ceremony, Manning told reporters there is a connection between football players and the military and he does "enjoy those conversations." He said his message to U.S. troops has not changed from that 2013 USO Tour.

"I'm very grateful," he said. "I'm thankful for their service to our country and protecting my freedom. They're in my prayers every night and just being around our military personnel makes me proud to be an American. It truly does."

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Contemporary Worship - New Connection
8:45AM & 11:00AM
The Gathering - Youth
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Sunday School
10:00AM
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efume@adelphia.net
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Arts festival provides fun, entertainment for all ages



PHOTO BY KYLE CHRONISTER

This painting by Alabama artist John Warr is one example of the artwork to be displayed at the 41st Piney Woods Arts Festival April 11-12.

Coffee County Arts Alliance Press Release

The 41st Piney Woods Arts Festival takes place April 11 from 9 a.m. until 5 p.m. and April 12 from noon until 4 p.m. on the running track of Enterprise State Community College.

The festival is on the running track for easy movement between artist booths.

One of the oldest arts and crafts shows in the area, the Piney Woods Arts Festival will again feature art and crafts, special displays, entertainment and a children’s fun center.

“Attending the Piney Woods Arts Festival is a great way to be inspired by art, whether you create it or just admire it,” Susan Boyle, artist, said.

Festival attendees will discover fine art paintings and drawings including oil, acrylic, watercolor,

pencil and mixed media works as well as glass, wood carving and photography. Decorative art offerings include pottery, jewelry, clothing, yard art and wood products. All items at Piney Woods are the original work of the artist.

“I look forward to the Piney Woods Arts Festival every year,” Katie Hughes, painter, said. “It’s so inspiring to meet and talk to other artists about their craft and their passion. At Piney Woods one can admire and purchase great art and crafts. My cousin, [Matt Brabham], was a vendor for years with his pottery, so I have enjoyed the show since I was a kid.”

“Since I began wildlife artwork in the early 80’s and added Civil War scenes in 1990, patrons of the Enterprise and Fort Rucker communities have been very supportive,” John Warr, renowned Alabama artist, said. “I really enjoy the

Piney Woods Arts Festival.”

A special exhibition will highlight Civil War History. E Company, 15th Alabama Infantry will display Civil War items and feature soldiers and ladies in period dress. The Weevil City Cruisers will host the 18th annual car show April 12. Dozens of vintage cars will be on display. Local schools will also display student art and photography. Musical entertainment is scheduled throughout each day.

“Visit Piney Woods, buy some great art and craft items, hear a variety of musical entertainment, enjoy good food and see special displays,” David Deal, festival chairman, said. “There really is something for everyone at Piney Woods.”

Admission is free and open to the public.

For more information, call 406-2787 or visit www.CoffeeCountyArtsAlliance.com.

WIREFGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more. Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TV’s are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

APRIL 5 — Veterans of Foreign Wars Post 3073 Wiregrass Post will host an Easter egg hunt at 2 p.m. April 11. The post will also host a cystic fibrosis benefit from 11 a.m. to 8 p.m. There will be pork and chicken plates for sale. All are invited. For more information, call 793-7912.

ONGOING — The Tri-States Coin Club meets the third Monday of each month at 7 p.m. in the back room of In-

terco Coins located at 2314 Ross Clark Circle. Described as designed for all ages, the event begins with a short meeting followed by a coin auction. For more information, call 393-2376.

ENTERPRISE

APRIL 6 — American Legion Post73 will host the first leg of the American Legions Riders State Wide Legacy Run at 9 a.m. Members and others from across the state will meet at Post 73 for breakfast and start off the first leg of the five-day ride across Alabama. The first bike will be out at 10 a.m. People may register on line or on the day of the event. People may ride any portion of the ride. Preregistration is recommended. For more information, visit alabamaalr.org or call 347-1426.

APRIL 9-11 — Enterprise State Community College’s production of “South Pacific” will show at 7 p.m. each night with a matinee showing at 2 p.m. April 11 in the Enterprise Performing Arts Center at Enterprise High School. Tickets cost \$10 and can be purchased at the door or by calling 347-2623.

APRIL 11-12 — The Piney Woods Arts Festival will run from 9 a.m. to 5 p.m. April 11 and noon to 4 p.m. April 12 on the running track of Enterprise State Community College. The festival will feature fine art paintings and drawings, mixed media works, glass and wood carvings, and photography. Decorative art offerings include pottery, jewelry, clothing, yard art and wood products. All items will be original works of the artists. Also, a special exhibition will highlight Civil War History and the Weevil City Cruisers will host its 18th annual car show April 11. Musical entertainment will take place throughout each day, as well as the Children’s Fun Center.

For information, call the Coffee County Arts Alliance at 334-406-ARTS (2787). Free Admission. www.CoffeeCountyArtsAlliance.com.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For

more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

APRIL 23 — Disabled American Veterans Chapter 99 will meet at 6 p.m. in the New Brockton Senior Center, located one block behind the New Brockton Police Station. Food and drinks will be served, followed by regular chapter business. Officials extend an invitation to veterans throughout the Wiregrass to join as new members in the DAV and DAV Auxiliary. For more information, call 718-5707.

ONGOING — Tuesdays and Wednesdays, from 10 a.m. to noon, Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

OZARK

APRIL 3 — Lively Stones Ministries Worship Center will host a community-wide, come as you are Good Friday Service at 7 p.m. with a message by Pastor Jimmy Jackson from Promise Land Ministries in Troy.

ONGOING — Every Monday through Friday, aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Call 774-2042 for more information.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — The Pioneer Museum of Alabama invites people to learn to cook like a pioneer. The museum’s Hearthside Meals offers the opportunity to learn to cook in a Dutch oven and on a wood stove, and then participants get to enjoy the meal. Cost is \$15 per person, and includes the cooking class and the three-course meal. Pre-registration is required and is limited to 15 people. For more information or to book a spot, call 334-566-3597.

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREFGRASS AREA

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

Beyond Briefs

Tyndall air show

Tyndall Air Force Base, Florida, will host its 2015 Gulf Coast Salute open house and air show April 11-12. The base gates will open at 9 a.m. each day – admission and parking are free. This year’s show will feature performances by the U.S. Air Force Thunderbirds, the F-22 demonstration team, the U.S. Army Golden Knights and more.

For more information, visit <http://www.gulfcoastsalute.com>.

Play ball!

The Montgomery Biscuits kick off their season April 9 at 7:05 p.m. at Riverwalk Stadium against the Chattanooga Lookouts. A fireworks show will follow the game.

For more information, call 334-323-2255 or visit www.biscuitsbaseball.com.

Antique boat show

Apalachicola, Florida, will host the 16th annual Apalachicola Antique & Classic Boat Show April 18. Antique boats, examples of classic and traditional vessels, workboats, and fiberglass and aluminum classics will all be on display throughout the day. Event highlights include authentic oyster boats, workboats, home-built boats, antique

outboard engines, antique automobiles and art booths. The restored 1877 gaff-rigged schooner the Governor Stone will also be on display at the city dock in the center of town.

For more information, visit www.saltyflorida.com.

Carrabelle Riverfront Festival

Carrabelle, Florida, will host the 25th annual Carrabelle Riverfront Festival April 24. The theme will again be “Pirates of the Caribbean.” This year’s event will also feature an antique car show. The festival will be held on Marine Street along the riverfront. It will feature arts and crafts, seafood, a pet parade, live music, maritime exhibits, a fishy fashion show, food booths and a childrens’ zone.

For more information, visit www.saltyflorida.com.

Fun in Montgomery

Every second Saturday of the month April through August visitors are invited to join the people of Montgomery at Riverfront Park for a family-friendly event from 5-9 p.m. The fun includes live entertainment, games for all ages (bocce ball and more), food vendors and more.

For more information, call 334-625-2100 or visit www.funinmontgomery.com.

Lighthouse Full Moon Climb

People are invited to climb to the top of the Cape St. George Light to watch the sunset and the rise of the full

moon April 4. The sunset and full moon climb includes light hors d’oeuvres and a sparkling cider toast to the full moon. Cost is \$15 for the general public and \$10 for members of the St. George Lighthouse Association. After sunset, people are invited to climb to the top of the lighthouse for a view of the full moon, as space and time permit. Because space is limited, reservations are recommended.

For reservations or more information, call 850-927-7745. The lighthouse is located at 2 East Gulf Beach Dr., St George Island.

Great Dinosaur Egg Hunt

Mobile’s Gulf Coast Exploreum Science Center will host its Hatching the Past: the Great Dinosaur Egg Hunt now through May 10. The exhibit features 100 real dinosaur eggs and 100 replica eggs. This multi-media experience for all ages invites visitors to touch real dinosaur bones and reconstructed nests – one more than eight feet in diameter – dig for eggs, experience hands-on exploration stations and view animated video presentations featuring well-known dinosaur experts. Each science-rich section is enhanced with lifelike models of embryos and hatchlings, colorful illustrations of dinosaur family life and photographs of some of the world’s most renowned dinosaur hunters and their discoveries.

For more information visit: <http://www.exploreum.com/hatching-the-past-the-great-dinosaur-egg-hunt/>.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building 109
8 a.m. Traditional Protestant Service

Main Post Chapel, Building 8940
9 a.m. Catholic Mass Sunday
11 a.m. Liturgical Protestant Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4 p.m. Catholic Confessions Saturday
5 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
8 a.m. Latter-Day Saints Worship Service
9:30 a.m. Protestant Sunday School
10:45 a.m. Wings Crossroads
(Contemporary Worship Protestant Service)
12 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939
9:30 a.m. Protestant Sunday School
10:45 a.m. CCD (except during summer months).



COURTESY PHOTO

Pick-of-the-litter

Meet Duffy, an approximately 3-year-old neutered male terrier mix available for adoption at the Fort Rucker stray facility. He knows simple commands and is very friendly with people and other animals. Adoption fees vary per species and needs of animal, but include all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at [http:// www.facebook.com/ fortruckerstrayfacility/](http://www.facebook.com/fortruckerstrayfacility/) for constant updates on the newest animals available for adoption.

VISIT ARMYFLIER.COM.

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"I am keenly aware of the importance of a security clearance for both a military career and government and civilian contractor jobs. My goal with all of my security clearance clients is to put the clearance issue to rest at the lowest possible level. I handle cases throughout the United States and, if needed, will fly to your location to represent you at your hearing."

As a former U.S. Army Judge Advocate, attorney Ron Sykstus has been successfully handling security clearance cases for many years, covering all areas of government concern including:

- Financial Considerations
- Security Violations
- Drug Involvement
- Alcohol Consumption
- Personal Conduct
- Criminal Conduct
- Sexual Behavior
- Foreign Influence
- Foreign Preference
- Misuse of Information Technology

To learn more about Ron Sykstus, his experience and the services he can provide to protect your security clearance please visit www.SecurityClearanceDefenseLawyer.com

Contact Ron Sykstus NOW!

Personal email rsykstus@bondnbotes.com. Direct Office Phone 256-713-0221



BOND, BOTES, SYKSTUS, TANNER & EZZELL, P.C.

ATTORNEYS AT LAW • 225 PRATT AVENUE • HUNTSVILLE, ALABAMA 35801

Alabama Bar rules require the following: No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

Annie's CAFE

Downtown Enterprise
212 N. Main Street
347-6622

Open Mon - Fri
6am - 8:30pm

Daily Lunch Specials!

We Can Cater Your
Special Event!

Steaks!
**Wed, Thurs &
Fri Nights**

Appetizers

Corn Nuggets – Fried cream corn.....	\$5.99
Onion Rings – served with ranch dressing.....	\$5.99
Fried Cheese Sticks – Served with marinara sauce.....	\$5.99
Eggrolls – Homemade straight from momma's kitchen.....	\$4.99
Fried Mushrooms – served with ranch dressing.....	\$5.99
Hot Wings – tossed in Mild, Hot, Honey BBQ, or Sweet Thai Chili	
6pc.....	\$4.99.....10pc.....\$6.99
Chorizo Queso Dip – served with tortilla chips.....	\$6.99



Annie's Famous Burgers

All burgers topped with ketchup, mustard, mayo, onions, pickles, lettuce and tomatoes. Add fries to any burger for \$1.29, or add sweet potato fries, curly fries, or onion rings for \$2.39

Regular Hamburger.....	\$4.99with fries.....	\$6.28
Jumbo Hamburger.....	\$5.99with fries.....	\$7.28
Regular Cheeseburger.....	\$5.39with fries.....	\$6.68
Jumbo Cheeseburger.....	\$6.39with fries.....	\$7.68
Regular Bacon Cheeseburger.....	\$5.89with fries.....	\$7.18
Jumbo Bacon Cheeseburger.....	\$7.39with fries.....	\$8.68
Regular Mushroom Swiss Burger.....	\$5.89with fries.....	\$7.18
Jumbo Mushroom Swiss Burger.....	\$7.39with fries.....	\$8.68

Annie's Specialty Burgers

Queso Melt.....	\$6.29
Jumbo Queso Melt.....	\$7.79
Chipotle Burger.....	\$6.29
Jumbo Chipotle.....	\$7.79
The Nasty.....	\$8.79
The Big Nasty.....	\$10.79
Spicy Nasty.....	\$9.29
Big Spicy.....	\$11.29

Regular Drinks - \$1.69 Lg Drinks - \$1.79
Orange Juice - \$1.79 Milk - \$1.79

Annie's Specialties

Chicken Salad Plate – homemade chicken salad served with fresh fruit. Served with a homemade fruit dipping sauce.....	\$7.29
Fried Boneless Pork Chops – hand battered pork chops served with homemade mashed potatoes and green beans. Served with a roll.....	1pc...\$6.49 3pc...\$7.99 2pc...\$9.99
Jumbo Fried Chicken Tenders– hand battered jumbo chicken tenders served with fries and homemade coleslaw. Served with a roll.....	2pc...\$6.49 3pc...\$7.99 4pc...\$9.49
Country Fried Steak – hand battered, served with homemade mashed potatoes and green beans. Served with a roll.....	\$8.99
Open Faced Steak Plate – fresh chopped sirloin served with homemade mashed potatoes and green beans. Served with a roll.....	\$9.99
Chicken Parmigiana – fried chicken breast topped with marinara sauce and cheese. Served with spaghetti marinara and garlic bread.....	\$9.99
Catfish Fillets – hand battered catfish, served with french fries, homemade coleslaw, and hushpuppies.....	1pc...\$7.99 2pc...\$11.99
Hamburger Steak – topped with sauteed onions and brown gravy. Served with homemade mashed potatoes and green beans. Served with a roll.....	10oz...\$7.99 16oz...\$10.99
Jumbo Fried Shrimp – Jumbo shrimp served with french fries, coleslaw, and hushpuppies.....	6pc...\$9.49 12pc...\$15.99
Club Quesadilla – grilled tortilla shell filled with cheese, bacon, and grilled chicken. Topped with a balsamic glaze.....	\$7.29
Bacon Cheeseburger Quesadilla – grilled tortilla shell filled with cheese, bacon, hamburger, and served with a side of our homemade chipotle sauce.....	\$7.29
Cobb Salad – on top of a bed of lettuce, diced eggs, tomatoes, bacon, and cheese. Served with either grilled or fried chicken and choice of dressing.....	\$8.29

Sides

Annie's Sides with Specialties
French Fries • Mashed Potatoes • Cole Slaw • Green Beans
Add \$1.00
Sweet Potato Fries • Onion Rings • Curly Fries
Side Salad Add \$1.99
Half App Add \$2.49
Excludes Queso and Wings

Add fries to any sandwich for an additional \$1.29, or add sweet potato fries, curly fries, or onion rings for \$2.39	
Chicken Salad Sandwich – homemade chicken salad Served with mayo, lettuce, and tomato.....	\$4.99
Grilled Ham and Cheese – served on texas toast.....	\$4.99
BLT	\$5.29
Grilled Cheese BLT	\$6.29
Chicken Tender Sandwich – homemade chicken tenders served on a kaiser roll with mayo, lettuce, and tomato.....	\$5.99
Philly Cheesesteak – shaved roast beef sauteed with onion and green peppers Topped with cheese.....	\$6.99
Buffalo Chicken Sandwich – fried chicken breast tossed in buffalo sauce served on a Kaiser roll topped with ranch dressing, lettuce, and tomato.....	\$6.99
Pork Chop Sandwich – hand-battered boneless pork chop Served on choice of bread.....	\$5.99
Chicken Bacon Melt – grilled chicken topped with bacon and cheese, served on Texas toast.....	\$5.99
Hot Dog – topped with ketchup, mustard, and onions.....	\$1.99
Chili Dog – topped with homemade chili, ketchup, mustard, and onions.....	\$2.99
Shrimp Poboy – served on a hoagie roll with 9 jumbo shrimp, lettuce, tomato and mayo.....	\$8.99
Chipotle Chicken Sandwich – chicken breast served with our chipotle ranch sauce, lettuce and tomato.....	\$6.99
Add Bacon and Swiss or Pepperjack.....	\$7.99



Volunteer: Opportunities available in various places for anyone interested in lending a hand

Continued from Page C1

outdoor recreation program to maximize patron participation. Specific duties include: acting in the role of assistant instructor, teaching recreation skills to patrons; assisting the lead programmer with gear maintenance needed to maintain operational equipment; assisting the lead programmer in the

research of trends in gear and program ideas; assisting with transportation as driver or assistant driver; assisting the lead programmer with marketing tasks to promote the program, to include briefings, clinics and designing marketing material; assisting the lead programmer with providing training for staff members; attending required staff training; and assisting the lead programmer

with all stages of programming, including conducting program evaluations. For more information, call 255-4305.

Position: Story time volunteer

Duties: Coordinate activities with staff. Ensure participants sign in. Ensure newcomers to story time are welcomed into the group. Ensure participants complete evaluation forms.

Ensure room is in order following classes, including accounting for equipment and locking the storage room. Position involves working with children or youth on a regular basis. Volunteers working with children or youth on a regular basis must have a completed background check -- installation records check and Criminal Investigation Command check. For more information, call 255-0741.

Position: Fitness class facilitator (Minimum one class per month, two hours per class)

Duties: No certification necessary, although it is preferred. Should have previous experience teaching classes and in-depth familiarity of classes. Classes include sports fitness, aquatics classes, aerobics, Zumba, spinning, yoga and Pilates. For more information, call 255-0308.

SALADS

GREEK
Fresh crisp lettuce, feta cheese, tomatoes, onions, cucumbers, black olives, pepperoncini & dressing choice:
SM \$4.59 LG \$7.95

CHEF
Fresh crisp lettuce, tomatoes, onions, ham, cheese, black olives & dressing choice:
SM \$4.59 LG \$7.95



ANTIPASTO
Fresh crisp lettuce, ham, salami, cheese, tomatoes, black olives, onions, mild peppers & dressing choice:
SM \$5.25 LG \$8.95

SPICY CHICKEN
Fresh crisp lettuce, tomatoes, onions topped with spicy chicken, cheese, black olives & dressing choice:
SM \$5.25 LG \$8.95

OVEN BAKED PASTA

BAKED SPAGHETTI
Spaghetti noodles topped with a CHOICE OF 1 FREE TOPPING: meatballs, sausage or mushrooms covered in marinara sauce and mozzarella cheese, baked to a golden brown. Served with an individual loaf of Howie Bread **SM \$5.25LG \$6.79**

CHICKEN PARMESAN
Spaghetti noodles covered with marinara sauce, lightly breaded white chicken baked to a golden brown. Served with an individual loaf of Howie Bread **SM \$5.79 ... LG \$6.95**

Extra Topping..... **\$.99**

CHICKEN

HOWIE WINGS
Buffalo-style chicken wings "seasoned just right" **8 Piece \$6.95**

SPICY CHICKEN TENDERS
Tender, juicy, premium white meat lightly breaded..... **5 Piece \$5.95**

Each order served with Spicy Howie Slicks & choice of ranch or bleu cheese dipping sauce

BEVERAGES

PEPSI, DIET PEPSI, SIERRA MIST, MOUNTAIN DEW

2-Liter \$2.59	32oz. \$2.19	20oz. Fountain \$1.89
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Frubó Strawberry/Banana, Peach, Pineapple & Mango **\$1.79**

Prices subject to change without notice

PIZZA MENU

PIZZA SIZE	PRICE	TOPPINGS
10" Small	\$5	\$1.15 each
12" Medium	\$7	\$1.35 each
14" Large	\$9	\$1.55 each

Available Toppings: Pepperoni, Ham, Mushroom, Onion, Green Pepper, Italian Sausage, Ground Beef, Black Olives, Pineapple, Anchovies & Jalepeños.

Premium Toppings (Double Topping Price): Meatball, Steak, Chicken, Bacon & Feta Cheese

DEEP DISH PIZZA

PIZZA SIZE	PRICE	TOPPINGS
Small Square		
Deep Dish	\$5	\$1.15 each
Med. Square		
Deep Dish	\$7	\$1.35 each

SPECIALTY PIZZAS

THE WORKS
Cheese, pepperoni, mushrooms, ham, italian sausage, green peppers & onions

MEAT EATERS
Cheese, pepperoni, ham, italian sausage & ground beef

VEGGIE
Cheese, onions, green peppers, mushrooms, black olives & sliced tomatoes

HOWIE MAUI
Pepperoni, pineapple, ham and blend of 3 cheeses
SM. \$10 Med. \$12 Lg. \$14

DESSERTS

CINNA-MMM BREAD
Hot buttery bread sticks sprinkled with cinnamon & sugar. Served with a side of sweet white icing **\$3.49**

DIPPING SAUCES: Ranch, BBQ, Garlic Butter, Bleu Cheese, Sweet White Icing, Pizza Dipping Sauce, Parmesan Packs..... **\$.79**

OVEN BAKED SUBS

DELUXE COMBINATION*
Ham, pepperoni, italian sausage, cheese & sub sauce on the side
SM \$5.49 LG \$6.99

HAM & CHEESE*
Ham, cheese & sub sauce on the side
SM \$5.49 LG \$6.99

TURKEY MELT
Turkey, mozzarella cheese & sub sauce on the side
SM \$5.49 LG \$6.99

CHICKEN PARMESAN
Chicken, mozzarella cheese & marinara sauce
SM \$5.49 LG \$6.99

MEATBALL SUB
Meatballs with marinara sauce & mozzarella cheese
SM \$5.49 LG \$6.99

PIZZA SUB
Mozzarella cheese, pizza sauce & loaded with pepperoni
SM \$5.49 LG \$6.99

VEGGIE SUB*
Mushroom, green pepper, onion, black olives, cheese & sub sauce on the side
SM \$5.49 LG \$6.99

ITALIAN SUB*
Ham, salami, pepperoni, mozzarella cheese & sub sauce on the side
SM \$5.49 LG \$6.99

TURKEY CLUB SUB*
Turkey, ham, bacon, cheese & sub sauce on the side
SM \$5.49 LG \$6.99

PIZZA SPECIAL SUB
Mozzarella cheese, pizza sauce and loaded with pepperoni, ham, mushrooms, onions and green peppers
SM \$5.49 LG \$6.99

STEAK, CHEESE & MUSHROOM SUB*
Steak, cheese, mushroom & sub sauce on the side
SM \$5.49 LG \$6.99

*Upon request served with lettuce, tomatoes & Peppers

BREADS

3-CHEEZER PEPPERONI BREAD
Hot buttered garlic sticks topped with pepperoni, mozzarella, cheddar & sprinkled with parmesan cheese. Served with dipping sauce
SM \$5.15 LG \$6.65

3-CHEEZER BREAD
Hot buttered garlic sticks covered with mozzarella, cheddar & sprinkled with parmesan cheese. Served with dipping sauce
SM \$4.45 LG \$5.95

FLAVORED HOWIE BREAD
Hot buttered bread sticks sprinkled with your choice of flavored seasoning. Served with dipping sauce.
SM \$3.65 LG \$4.65

FLAVOR CHOICES: Garlic herb, ranch, onion, cajun, sesame, or parmesan cheese

SIDES: Jalapenos, Mild Peppers, Anchovies or Lettuce, Tomatoes & Peppers..... **\$.99 each**



ENTERPRISE

910 Rucker Blvd
Across From Blockbuster Video

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Hungry Howie's

FLAVORED CRUST PIZZA



Hungry Howie's

FLAVORED CRUST PIZZA

FAMILY MEAL

1 Large 2 Topping, Cheesebread & 2 Liter Drink

\$13.95

Plus Sales Tax.
Delivery Extra.
Limited Time Offer.

DINE IN OR TAKE OUT*

The Diner

BREAKFAST, LUNCH, DINNER ANYTIME!!!

OPEN EVERYDAY 6:00AM - 9:00PM

BREAKFAST ~ SERVED ANY TIME

EGGS
Order Includes Toast & Jelly, Grits or Substitute Hashbrowns for 69¢

- 2 Eggs Breakfast (Eggs, Toast, Small Bowl of Grits)\$3.99
- 2 Eggs (with 3 Bacon, 2 Sausage, Sliced Ham or Corned Beef Hash).....\$5.99
- 2 Eggs Meat
 - ~1 Country Fried Steak & White Pepper Gravy.....\$6.99
 - ~1 Seasoned & Grilled Center Cut Pork Chop or Chicken Breast.....\$7.99
- 2 Eggs Ribeye (Fresh Cut, Aged Beef, 8 oz.).....\$11.99

(Egg Beaters Available. Scrambled Only)

OMELETS
Order Includes Toast & Jelly, Grits or Substitute Hashbrowns for 69¢

- Cheese (American or Swiss).....\$6.49
- Make it a Cheesy-Cheese.....\$6.99
- Ham & Cheese (Diced Ham & Cheddar Cheese).....\$7.49
- Spanish.....\$6.99

(Grilled Onions, Peppers, Tomatoes & Cheddar Cheese)

- Western.....\$8.99

(Grilled Mushrooms, Peppers, Onions, Tomatoes, Ham & Cheddar Cheese)

(Salsa & Sour Cream Upon Request - Spanish & Western Only)

WAFFLES, PANCAKES & FRENCH TOAST
Our Waffle & Pancake Mix is Exclusive to the Wiregrass Area.
You won't find any better!

- 3 Pancakes, 3 French Toast or 8" Belgian Waffle.....\$4.99
- with 3 Bacon, 2 Sausage, Sliced Ham or Corned Beef Hash.....\$6.99

(Top with Blueberries, Pecans or Strawberries and Whipped Cream \$2.15 extra)

BREAKFAST SANDWICHES

- 1 Egg Biscuit/Toast.....\$1.59 (2 Eggs - \$2.49)
- 1 Sausage Gravy Biscuit.....\$2.79 (2 Biscuits - \$4.19)
- 1 Biscuit (1 Sausage or 1 Bacon or ½ Ham or ½ Country Fried Steak).....\$2.99
- BREAKFAST SANDWICH (Biscuit or Toast, Bacon, Ham or Sausage & 1 Egg).....\$3.99

BREAKFAST ADD-ONS

- Egg.....99¢
- Cheese (Cheddar, American or Swiss).....89¢
- Gravy - 4 oz (Brown or White).....\$1.49
- Hashbrowns (Ring or Scattered).....\$2.09
- 1 Pancake/French Toast.....\$1.69
- 3 Bacon, 2 Sausage, 1 Sliced Ham or Corned Beef Hash.....\$2.69
- Biscuit or Toast.....99¢

NEW Home Fries.....\$2.99

Toppings: Peppers - 99¢ • Tomatoes - 99¢ • Onions - 99¢ • Ham - \$1.49 • Chili - \$1.29 • Mushrooms - \$1.49 • Jalapenos - \$1.49

- Seasoned Hash Browns (topped with 3 of your choice below).....\$5.99
- Cheese • Peppers • Tomatoes • Onions • Ham • Chili • Mushrooms • Brown Gravy • Jalapenos
- Old Time Gabbys (Cheese • Peppers • Tomatoes • Onions • Ham • Chili • Jalapenos).....\$6.99

LUNCH ~ SERVED ANY TIME

ALL AMERICAN BURGERS - Wrap It for 50¢ More!
All Burgers are made with FRESH 100% Ground Beef - Lettuce, Tomato, Onions served upon request!

COMBO VALUE - Soda, Iced Tea, or Coffee & Fries (BURGERS & DAWGS ONLY)..... add \$1.99

• Classic Hamburger.....	½ LB	½ LB
• Classic Cheeseburger (American or Swiss).....	\$4.19	\$5.19
• Cheesy Cheeseburger (Both American & Swiss).....	\$4.29	\$5.29
• Bacon Cheeseburger (Crispy Bacon, American or Swiss).....	\$4.29	\$5.29
• Alpine Burger (Grilled Mushrooms, Swiss Cheese).....	\$5.09	\$6.09

These Burgers Available Only at the Diner

- **Chinook Burger** (2 x¼lb Fresh Beef Cheeseburger Patties, Our Own Chinook Sauce & Garden).....\$6.49
- **Apache Burger** (1 Beef Patty, Sweet/Spicy Hot Sauce, Grilled Onions Jalapenos, Lettuce, Tomato, Swiss).....\$5.09.....\$6.09
- **Blackhawk Burger** (½lb Fresh Beef Stuffed with Select Cheeses, Grilled with Blackening Spice & Garden).....\$6.49
- **Kiowa Burger** (¼lb Mesquite Seasoned Patty, Melted Cheddar, 2 Fried Onion Rings, Special BBQ Sauce).....\$5.99
- **Kiowa Hellfire Loaded - Jalapenos & Hot Pepper Jack Cheese**.....\$6.49
- **New Lakota Burger** (¼lb Chorizo & Hamburger Mix, Swiss Cheese, 1 Egg, & Special Lakota Sauce).....\$5.09

MELTS - Served with Fries or Hashbrowns & a Pickle Spear

- Patty Melt (Grilled Onions & American Cheese, Grilled Whole Wheat).....½ LB \$4.69.....½ LB \$5.69
- Turkey (Grilled Onions & American Cheese, Grilled Whole Wheat).....\$5.89
- Roast Beef (Grilled Onions, Swiss Cheese, Grilled Whole Wheat).....\$5.89
- Chicken Breast: (1 Seasoned Breast, Grilled Onions & American Cheese, Grilled Whole Wheat).....\$5.89

SUBS - Wrap It for 50¢ More! - Served with Fries or Hashbrowns & a Pickle Spear

- Club Sub (Sliced Ham, Turkey, Bacon, Lettuce, Tomato, American & Swiss, Grilled Soft Hoagie Bun).....\$7.49
- Philly Steak (Direct from "Philly" Steak, Grilled Onions & Peppers, Swiss, Grilled Soft Hoagie Bun).....\$7.49

THE DAWG HOUSE

- Diner Dawg (Both Dawg & Bun are Grilled).....\$2.69
- Messy Dawg (Chili & Cheese or Fresh Cole Slaw).....\$3.99

SALADS - (Sizes House or Large...THE LARGE IS HUGE! No Sharing Please!)

All Salads Include Fresh Diced: Mushrooms, Peppers, Onions, Tomatoes, Swiss, American & Cheddar Cheeses, Grilled Smoked Bacon Bits & One Grilled Dinner Bread

House	Large
• Garden Salad (Everything is fresh! No Meat).....	\$4.99 \$5.99
• Chef Salad (Lots of Ham & Turkey).....	\$5.99 \$6.99
• Chicken Finger Salad (Golden Breaded Fingers - House=1, Large=2).....	\$5.99 \$6.99
• Grilled Chicken Salad (Grilled Chicken Breast - House=½, Large=1).....	\$5.99 \$6.99

Dressings: House=2, Large=3

Thousand Island, Blue Cheese, Original Ranch, Jalapeno Ranch, French Honey, Italian Lite, Honey Mustard, Raspberry Vinaigrette, Fat-Free Ranch

Order More Dressing for 79¢ Each

DRINKS

• Coffee* (Regular or Unleaded)	\$1.49	• Hot Tea.....	\$1.49
• Iced Tea* (Sweet or Unsweet)	\$1.49	• Hot Chocolate.....	\$1.79
• Fountain Soda*.....	\$1.49		
• Milk 16 oz.....	\$1.69	• Chocolate Milk 16 oz.....	\$1.99
• Old the Real Deal, Special Ordered, Fresh Squeezed, NO PULP! NOT from Concentrate! 10 oz.....	\$1.99		

* 2 Refills w/o Meal Order (2 Lemon Slices with Iced Tea, each Additional 5¢)

DINNER ~ SERVED ANY TIME

All Dinners are Served with Grilled Bread & Your Choice of 2 Dinner Side Dishes.

- Chicken Fingers (3 Deep Fried Golden Fingers).....\$6.99
- ½ LB Ground Chuck Steak (Topped with Onion Brown Gravy).....\$6.99
- Country Fried Steak (2 Steaks topped with Our Delicious White Pepper Gravy).....\$7.99
- Grilled Chicken Breast (2 Grilled & Seasoned Chicken Breasts).....\$6.99
- Roast Beef.....\$7.99

(Tender Roast Beef, Grilled & Topped with our Onion Brown Gravy, All on a Grilled Dinner Bread)

- Grilled Seasoned Pork Chops (2 Large, Center Cut Chops - Grilled & Seasoned).....\$8.99
- Dale's Garlic Chicken (OUR BEST SELLER - FIND OUT WHY!).....\$8.99

(2 Large Seasoned Chicken Breasts, Grilled & Covered with Sautéed Mushrooms with a Hint of Garlic, Bacon Bits & Melted Cheddar)

- Ribeye (-8 oz. Choice Cut, Lightly Seasoned, Grilled to Your Liking).....\$12.99
- Meat Burrito (Beef or Chicken, Sorry, no sides with this one!).....\$7.99

(Tender Beef or Chicken, Sautéed Onions, Peppers, Tomatoes & Shredded Cheddar Cheese, Wrapped in a 10" Flour Tortilla & Covered in Our Chili & MORE Cheese!)

DINNER SIDE DISHES

• Sliced Tomatoes.....\$1.49	• Fresh Cole Slaw.....\$1.69
• Grilled Dinner Bread.....\$1.29	• Golden Hashbrowns.....\$2.09
• Fresh Mashed Potatoes.....\$1.69	• Brown/White Gravy.....\$2.09
• Tossed Salad (Small Bowl).....\$2.09	• Southern Fried Okra.....\$2.09
• Veggie of the Day.....\$1.65	• Diner Chili (Meat & Beans).....\$2.29
• French Fries**.....\$1.79	• Sautéed Mushrooms*.....\$2.59
• Potato Wedges**/Sweet Potato Fries**.....\$2.29	
• Beer Battered Onion Rings**.....\$2.29	
• Home Fries (with Grilled Onions, Delicious!).....\$2.99	
• Mac-N-Cheese.....\$2.49	

*Lightly Flavored with Garlic **Top 'em with Melted Cheddar Cheese = \$1.69

**Top 'em with Chili = \$1.59 **Top 'em with Chili & Cheese (\$ SAVE \$) = \$2.99

SANDWICHES - Wrap It for 50¢ more

Served with Fries or Hashbrowns & a Pickle Spear

- Grilled Cheese (Quick & Easy! American Cheese, Grilled White Bread).....\$4.29
- BLT (Bacon, Lettuce, Tomato, Toasted White Bread).....\$4.69
- Hot Ham & Cheese (Grilled Ham, served with Lettuce, Tomato & American Cheese, Grilled Whole Wheat).....\$5.49
- Country Fried Steak (1 Deep Fried Steak with Lettuce & Tomato, Burger Bun).....\$5.49
- Turkey or Roast Beef (Lettuce & Tomato, Grilled Whole Wheat).....\$5.39
- Smothered Smoked Turkey (Grilled Onions & Peppers, Tomatoes, Cheddar, Grilled Whole Wheat).....\$5.89
- Grilled Chicken (A Favorite! 1 Seasoned Fillet, American Cheese, Bacon, Lettuce & Tomato, Burger Bun).....\$6.49
- NEW: Pulled Pork BBQ Sandwich

Order Sauce on the side to dip! 79¢

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Spicy Chicken Wings	7.25
Zesty Chicken wings pieces served with blue cheese dressing or dressing of choice	
Mozzarella Sticks	6.45
Breaded, lightly seasoned mozzarella pieces served with marinara	
Spinach & Artichoke Dip	7.75
Served with dip bread	
Chicken Fingers	7.25
Breaded chicken strips served with blue cheese dressing or dressing of choice	
French Fries	5.00
Onion Rings	6.75

Salads

Choice of dressing: Ranch, Caesar, Regular Italian, Creamy Italian, Golden Italian, Blue Cheese, Honey Mustard, Raspberry Walnut Vinaigrette, Thousand Island	
Italian Salad	sm. 4.50 lg. 7.95
Romaine lettuce, tomato, onion, black olive, pepperoni, green pepper, mushroom, onion & mozzarella with creamy Italian dressing on the side	
Caesar Salad	sm. 4.50 lg. 7.45
Romaine lettuce, croutons & parmesan cheese tossed with Cafe Roma's caesar dressing	
Greek Salad	sm. 4.50 lg. 7.95
Romaine lettuce tomato, onion, feta, black olives & pepperoncini pepper	
Grilled Chicken Salad	lg. 8.99
Romaine lettuce, mushroom, tomato, black olives and red onion, topped with boneless chicken breast & slice of garlic bread. Served with raspberry walnut vinaigrette or creamy Italian dressing on the side	
Grilled Chicken Caesar Salad	lg. 8.99
Grilled boneless chicken breast served on top of our caesar salad with a slice of garlic bread.	

Gourmet Calzones - 10.75

Chicken	Chicken & mozzarella with marinara sauce
Shrimp	Shrimp, spinach & artichoke dip and mozzarella cheese with garlic sauce
Meatball	Homemade meatballs & mozzarella cheese with marinara
Chicken Supreme	Chicken, spinach & artichoke dip and mozzarella cheese with garlic sauce

Custom Pizzas & Calzones

	Small (10")	Large (14")	Calzone
Plain Cheese	6.95	9.25	7.25
Each Topping	.75	1.50	.75
Premium topping	1.25	2.50	2.00
Standard Toppings			
Pepperoni, Italian Sausage, Ground Beef, Black Olive, Red Onion, White Onion, Ham, Feta Cheese, Mushroom, Green Pepper, Tomato, Spinach, Bacon, Salami, Artichoke, Jalapeno Pepper, Fresh Garlic, Roasted Garlic, Extra Cheese			
Premium Topping			
Shrimp, Chicken, Pineapple			
* Any Small Pizza Can Serve as a Calzone with Same Price			

Gourmet Pizza

Small (10")	10.75
Large (14")	15.95
Garlic Chicken	Sautéed chicken strips, roasted garlic, onion & sliced tomato with garlic sauce
Meatlover's	Pepperoni, Italian sausage, ground beef, ham, salami & bacon with tomato sauce
Combo	Pepperoni, Italian sausage, ground beef, onion, mushroom, green pepper & black olive with tomato sauce
Spinach & Artichoke	Spinach, artichoke, mushroom, onion, sliced tomato & feta cheese with garlic sauce
Orleans Shrimp	Shrimp, onion, roasted garlic, & sliced tomato with garlic sauce
BBQ Chicken	Sautéed chicken strips, sliced tomato, red onion & green pepper with our tangy BBQ sauce
Pesto Chicken	Sautéed chicken strips, artichoke & sliced tomato with pesto sauce
Vegetarian	Mushroom, black & green olive, tomato, green pepper & onion with tomato sauce
Hawaiian	Pineapple, green pepper & ham with red sauce

Beverages - 1.99

Iced Tea, Coke, Diet Coke, Sprite, Root Beer Lemonade, Dr Pepper, Coffee

Wraps - 8.95

All Wraps are Made with Mediterranean Flat bread

Roasted Chicken	Marinated grilled chicken breast, red onion, feta & Mozzarella cheese with pesto sauce
Grilled Chicken Caesar	Marinated grilled chicken breast, romaine lettuce, parmesan & mozzarella cheese with caesar dressing
Spinach & Artichoke	Spinach, artichoke hearts, yellow onion, diced tomato, fresh mushroom, feta & mozzarella cheese
Meatball	Homemade meatballs & mozzarella cheese with marinara sauce
Shrimp	Shrimp, spinach & artichoke dip with mozzarella cheese
Roma Special	Pepperoni, genoa salami, ham, black olive & yellow onion with mozzarella cheese

Pasta - 11.75

All pasta dishes are made to order and served with garlic cheese bread. Fettucine, angel hair, or penne pasta may be substituted on certain dishes.

Classic Lasagna	Layers of pasta, ground beef & our own mixture of cheese, smothered in our own marinara
Chicken Pasta	Grilled chicken breast, feta cheese, artichoke, tomato, onion & mushroom with angel hair pasta
Spaghetti & Meatballs	The classic served with homemade meatballs & marinara
Fettucine Alfredo	
Cajun Chicken Alfredo	Sliced chicken breast, Jalapeno, red onion & penne pasta with our own alfredo sauce
Shrimp Pasta	Shrimp & angel hair pasta with our own alfredo sauce
Chicken Parmesan	Fried chicken and parmesan with angel hair pasta in our own marinara sauce & mozzarella cheese

Sandwiches - 8.45

All sandwiches are served on homemade bread
*Dressed with lettuce, tomato & mayonnaise.

*Turkey	Turkey & mozzarella cheese
*Roma Special	Pepperoni, ham, salami, black olive, onion & mozzarella cheese
*Ham & Cheese	Ham & mozzarella cheese
Pizza Sub	Pepperoni, onion, mushroom, green pepper, mozzarella cheese & tomato sauce
Meatball	Homemade meatballs with mozzarella cheese & marinara sauce
Spinach & Artichoke	Spinach, artichoke, mushroom, onion, tomato, feta & mozzarella cheese with our special garlic sauce
Chicken Caesar	Chicken breast, mozzarella & parmesan cheese with tomato sauce
Chicken Parmesan	Chicken breast, mozzarella & parmesan cheese with marinara sauce
Chicken Caesar	Grilled chicken breast & caesar salad topped with mozzarella cheese
Vegetarian	Mushroom, onion, green pepper, tomato, black & green olive & mozzarella cheese with our special sauce.
Pesto Chicken	Chicken, artichoke, tomato & mozzarella cheese with pesto sauce

Desserts

New York Style Cheesecake	2.99
Fresh Daily - New Orleans-Style Beignets	3.00

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PLATES

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BBQ PORK	\$8.99
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Smoked all white meat, chopped and lightly sauced	
SMOKED HALF CHICKEN	\$8.99
SHACK SAMPLER	\$12.99
¼ Baby Back Ribs, 2 Tenders, ¼ lb BBQ Pork or BBQ Chicken	
TWO MEAT (pick 2)	\$13.49
½ Chicken, 4 Ribs, 3 Tenders, 6 Wings, BBQ Pork or BBQ Chicken	
BABY BACK RIBS	
Our award winning signature Baby Back Ribs	
HALF RACK	\$12.99
FULL RACK	\$19.99

MEAT ONLY

HALF POUND	
BBQ Pork or BBQ Chicken	\$5.99
FULL POUND	
BBQ Pork or BBQ Chicken	\$10.99
SMOKED HALF CHICKEN	\$5.99
BABY BACK RIBS	
HALF RACK	\$10.99
FULL RACK	\$17.99



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"BIG DAD"™	\$5.49
Our signature slow-smoked hand chopped BBQ Pork	
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CHOPPED BBQ CHICKEN	\$4.99
SHACK WRAPS (grilled or fried)	\$6.49
BUFF-Q CHICKEN	\$5.49
Fried or grilled tenders tossed in Buff-Q sauce, topped w/ crispy bacon & cheese	
"BIG MOM"	\$5.49
Homemade smoked chicken salad	

MAKE IT A SANDWICH COMBO

REGULAR	\$2.69	LARGE	\$2.99
Regular side & 20 oz. drink		Large side & 32 oz. drink	

SIDES

Brunswick Stew		Coleslaw • Baked Beans • French Fries Fried Okra • Mac & Cheese • Green Beans Potato Salad • Side Salad Sweet Potato Fries* • Onion Rings*	
REGULAR	\$1.89	REGULAR	\$1.69
LARGE	\$3.29	LARGE	\$2.79
PINT w/ bread	\$5.99	PINT	\$4.99

TENDERS

Prepared fried or grilled & tossed in your favorite sauce

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4 PIECE w/ fries	\$5.99
6 PIECE w/ fries	\$7.99
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BONELESS WINGS

Fresh all white meat, double-breaded & topped off with our special seasoning. Get them tossed in your favorite sauce! Served with fries.

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SHACK POTATO

SHACK POTATO..... \$6.49

BBQ PORK • BBQ CHICKEN • BRUNSWICK STEW
Our hand crafted signature potato w/ your choice of meat. Includes cheese & butter w/ choice of sour cream & jalapeños on the side.



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A crisp garden salad garnished with tomatoes, cucumbers, shredded cheese, onion crisps, & garlic toast	
SHACK SALAD	\$7.49
with BBQ Pork or BBQ Chicken	
GRILLED CHICKEN SALAD	\$7.49
CHICKEN TENDER SALAD	\$7.49
fried tenders that can be tossed in your favorite sauce	
"BIG MOM" SALAD	\$7.49
homemade smoked chicken salad	

KIDS MEAL

Served with a side & kids drink	
CHICKEN TENDERS	\$4.49
BONELESS WINGS (4 piece)	\$4.49
GRILLED CHEESE	\$4.49
MAC & CHEESE	\$4.49
RIBS (2 Baby Back Ribs)	\$5.49

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DASSANI® BOTTLED WATER	\$1.49
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HOMEMADE PEACH COBBLER	\$1.99
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APRIL 2, 2015

EXTREME Fitness

Program seeks to improve youth overall physical fitness

By Jeremy Henderson
Army Flier Staff Writer

Registration is open for a youth physical fitness program designed to meet participants at their current fitness level and motivate them to reach new heights.

Youth Extreme Fitness, open to ages 8-18, takes place Tuesdays and Thursdays, May 19 through June 18, from 6-7 p.m. at the Fort Rucker Youth Sports Field, Bldg. 8923. Cost is \$20 per participant for the entire program. A current sports physical and valid child, youth and school services membership is required for participation.

Randy Tolison, Fort Rucker Youth Sports director, said parents and youth should not be dissuaded by the inclusion of the word “extreme” in the program’s title.

“The sessions start off slow,” he said. “We don’t jump right in at full speed. All levels of conditioning are welcome. We want them to improve. We don’t want them to be deterred.

“This is a program designed to help youth find a new activity that will help them improve their current skill sets and maybe discover some new skill sets,” he added. “We don’t want parents or youth to be afraid of the word ‘extreme.’ What makes it extreme is the different types of activities we do. They may only be able to push the lawnmower 10 feet and some may push it 50 feet. And that is fine. We simply want them to get out there and try.”

The program places participants outside for a wide range unique workouts including low crawling, tire flipping, pulling ropes attached to grates, lawnmower pushing and other standard workouts.

Staff Sgt. Sherman Hill, D Company, 1st Battalion, 14th Aviation Regiment, volun-



Participants are given a t-shirt after completion of the Youth Extreme Fitness program to showcase the accomplishment to their peers. Pictured here is the shirt awarded to participants of the last session with patches they can earn by completing the Presidential Youth Fitness Program and passing its final fitness test.

teers to coach the youth during these sessions.

May’s session will be the second for this fiscal year, according to Tolison. During the last session, staff began to integrate exercises from the Presidential Youth Fitness Program, a part of The President’s Challenge.

“They work from the Presidential Youth Fitness Program format,” Tolison said. “Coach Hill finds out how many pushups they can do, how many sit-ups they can do, how fast they can run. The results of the test become the starting point for each participant. The test helps identify what work they need to do to be able to complete the final test and earn their patch.

“The coach helps the participants work

through all these activities and, at the end of the program, they test out,” he added. “If they meet the testing criteria, then they receive a presidential award patch to place on the shirt they receive for completing the Youth Extreme Fitness session.”

According to Tolison, the shirt helps participants stand out among their peers and instills a sense of pride for their accomplishments. He added that the patch mirrors a similar uniform designation military parents receive for testing well during physical assessments.

The program, which will mark its fourth session May 19, began with only eight participants. The number of participants nearly doubled along the way and Tolison hopes the trend will continue.

“We want them to get out there and have fun,” he said. “And Coach Hill definitely promotes that. He gets out there and does every activity with them. He doesn’t just tell them what to do. He actually shows them, participates with them and works through it all with them. He doesn’t show any favoritism to one participant or another. He wants them all to improve their physical fitness at whatever level they may be.

Youth of all fitness levels are encouraged to participate, Tolison said. But each participant should be prepared to push for improvement.

“We try to get kids to come out of their comfort zones,” he said. “They’re probably not accustomed to being pushed as hard as we will push them. Our staff does not yell at them, they encourage them in a loud tone. It’s not a demeaning tone, but it is a tone designed to inspire them to push a little harder.”

The session’s description asks parents to keep in mind it is designed to push youth beyond their normal comfort zone, both mentally and physically.

“It will probably get to a point where they want to quit,” Tolison said. “But that is not the point. We don’t want them to quit. We just want them to push a little harder.”

Parents must visit parent central services, Bldg. 5700, Rm. 193, Mondays, Wednesdays and Fridays from 7:30 a.m. to 4 p.m. and Tuesdays from 7:30 a.m. to 5 p.m. to sign up.

For more information about Youth Extreme Fitness, call 255-2254 or 255-9638. For more information about the Presidential Youth Fitness Program, visit <https://www.presidentschallenge.org/challenge/pyfp.shtml>.



PHOTO BY J.D. LEIPOLD

Army Surgeon General Lt. Gen. Patricia D. Horoho testifies before the Senate Appropriations subcommittee on defense March 25 about the fiscal 2016 budget request and the potential impact of another sequestration on Army Medical Command.

Surgeon general warns of damage to MEDCOM

By J.D. Leipold
Army News Service

WASHINGTON — Another sequestration could mean the loss of more than 6,000 medical personnel from the Army, the service’s surgeon general told senators March 25.

Lt. Gen. Patricia D. Horoho testified before the Senate Appropriations subcommittee on defense about the fiscal 2016 budget request and its potential impact on the Army Medical Command.

“The Army is preparing to draw down to an active-duty end-strength of 450,000 Soldiers that will result in a reduction of more than 800 active-duty MEDCOM personnel,” Horoho said. “If sequestration returns, the Army may be compelled to reduce active-duty strength to 420,000 — leading to an anticipated reduction of greater than 3,000 active-duty MEDCOM personnel.”

In her written testimony, she wrote that based on Army Medical Command’s experience from the 2013 sequester, MEDCOM expects to lose an additional 3,000 civilians across the command. Further, the damage to the civilian work force — despite aggressive hiring actions since 2014 — has still left a shortfall of more than 1,800 ci-

vilians.

“While many think of MEDCOM as green-suit healthcare providers, the reality is civilian employees comprise 60 percent of the workforce — they are the backbone, stability and glue of our system,” she said.

Speaking about the 2016 defense health program budget, Horoho first highlighted the accomplishments of Army medicine: citing the development of a ground-breaking vaccine for Ebola; the promotion of the Performance Triad; and increasing the impact of readiness touch points that include embedded providers, Soldier Centered Medical Homes, dental clinics and garrison medical facilities.

“Our Soldiers’ readiness remains our No. 1 priority,” she said. “We added combat power back to the force by reducing the number of Soldiers who were non-deployable due to health reasons — we made tremendous strides in our transformation from a healthcare system to a system for health.”

She said the journey Army medicine is moving along has made it a highly reliable organization for safety and health care delivery through the use of evidence-based practice and cutting-edge research, which now delivers care far forward through telehealth efforts.

NBA’s Houston Rockets visit Arlington Cemetery, Pentagon

By Amaani Lyle
Department of Defense News

ARLINGTON NATIONAL CEMETERY, Va. — Crisp winds snapped across the sprawling grounds of Arlington Saturday as members of the National Basketball Association’s Houston Rockets visited gravesites of fallen service members, met with an Army widow and laid a wreath at the Tomb of the Unknown Soldier.

The Rockets were in the area to face off against the Washington Wizards Sunday. Houston team members toured the cemetery and later in the day they met with Defense Secretary Ash Carter at the Pentagon as part of “Commitment to Service,” the Defense Department’s partnership with the NBA.

Jane Horton, whose husband, Army National Guard sniper Spc. Chris Horton, was killed in action in Afghanistan Sept. 9, 2011, led Rockets Head Coach Kevin McHale and his team throughout Arlington’s grounds, including her husband’s gravesite and the Memorial Amphitheater.

Horton, 28, told the team her husband was 26 when he succumbed to enemy fire in Paktia province while supporting Operation Enduring Freedom.

“Even though my husband died at such a young age, he still had eight more years than so many buried here who died at age 18,” she said. “There was nothing more that Chris wanted to do than serve his country during wartime and unfortunately he was one of 2,215 that were killed in Afghanistan.”

The significance of the setting seemed to resonate with the basketball team members who read gravestones belonging to service members close in age to the athletes.

Former Boston Celtic McHale joined Rockets shooting guard James Harden and center Dwight Howard in the wreath-laying ceremony.

“I think we’re all here because of the sacrifices people made not only over in the Middle East, but starting with World War I and World War II,” McHale said. “My father fought in World War II and so did my uncle, so I’m very proud of their service.”

Harden described his participation in the ceremony as “an amazing experience.”

“I got to do something that the president does every year,” he said. “It’s a great honor and a blessing to be here.”

Howard shared Harden’s sentiment, calling his visit an honor and humbling.



PHOTO BY SGT. 1ST CLASS CLYDELL KINCHEN

Defense Secretary Ash Carter shares a light moment with the NBA’s Houston Rockets at the Pentagon Saturday.

Dr. James Naismith: Sports innovator, Army chaplain

By Mark W. Johnson
U.S. Army Chaplain Corps Historian

WASHINGTON — As March Madness makes its annual appearance on the American sports scene, fans that understand the history of basketball know Dr. James Naismith invented the game in 1891.

What many fans probably do not know about Naismith is that he served as a chaplain in the Army National Guard and as a volunteer chaplain in France during World War I.

Naismith hailed from Canada. He attended McGill University in Montreal, where he excelled at athletics. His sports resume at McGill included playing Canadian football, lacrosse, rugby and soccer — he was also an accomplished gymnast. He received a bachelor’s degree in physical education from McGill in 1887. Naismith remained at McGill upon graduation, teaching physical education and serving as the university’s director of athletics.

A man of diverse interests, while working at McGill, he enrolled at nearby Presbyterian College. He received a degree in theology in 1890.

After completing his studies at Presbyterian College, he came to the United States to teach physical education at the YMCA International Training School — now Springfield College — in Springfield, Massachusetts. It was there that he devised the rules for a new game, one that could be played indoors during winter — basketball.

Basketball proved to be immensely popular from the very start, and, through the YMCA, it quickly spread throughout the nation. Today it is one of the world’s most popular sports.

After Naismith earned a medical degree in 1898 from the Gross Medical School — now the University of Colorado School of Medicine — the University of Kansas hired him to be its first basketball coach. The Jayhawks’ record during his nine-year coaching tenure was nothing spectacular — 55 wins and 60 losses — but he remained at Kansas for more than 40 years, serving in such diverse roles as physical education instructor, director of the university chapel, university physician and director of athletics.

His diverse interests came to the fore again in 1916, when he applied to be a chaplain in the Kansas Army National Guard. His desire to be a chaplain was much the same as his motivation to devise the rules for basketball: to help



COURTESY PHOTO

Dr. James Naismith, the inventor of the game of basketball, is shown in this historical photo.

young people and guide them to their full potential.

Poncho Villa provided additional motivation.

In March 1916, the Mexican revolutionary led his guerrilla army in a cross-border raid on Columbus, New Mexico. In response, the U.S. Army began patrolling the national border with Mexico and a punitive expedition under Brig. Gen. John Pershing was sent into Mexico in pursuit of Villa.

The Kansas National Guard was tapped to send troops to the border. After quickly obtaining an endorsement as a Presbyterian minister, Naismith was commissioned as the chaplain of the 1st Kansas Infantry Regiment. His regiment mobilized at Fort Riley in late June, and a few weeks later, the Kansans were at Eagle Pass, Texas, on the Rio Grande.

Naismith and his regiment spent about three months on border duty. During this time, he performed the traditional roles of a chaplain of a deployed unit: conducting services, counseling homesick Soldiers, advising his commander on the moral and spiritual needs of the unit.

He made a concerted effort at convincing his Soldiers to steer clear of the houses of prostitution that sprang up

near their posts. With his expertise in athletics, he organized numerous boxing matches, basketball games and a baseball league to keep his Soldiers occupied during their off-duty time.

The 1st Kansas returned home in October 1916. Naismith wanted to continue his military career as America entered World War I in April 1917. He considered applying for an active-duty commission as an Army chaplain, but there were two things working against him: he was 55 years-old in 1917 and was not an American citizen.

He found another route to military service because the Army was woefully short of chaplains as it mobilized for war. A number of civilian agencies, such as the American Red Cross and Salvation Army, took up the slack by arranging for volunteer civilian clergymen to provide religious support to Soldiers, primarily at stateside posts and in hospitals.

In June 1917, Naismith went to work as a volunteer chaplain for the YMCA, another organization that assisted the Army with religious and morale-support activities. He was one of a small group of lecturers that the YMCA employed to travel around the United States and conduct programs at training camps to strengthen the moral character of Sol-

diers.

In September 1917, the YMCA sent Naismith to France, where he worked as one of the organization’s overseas secretaries in the war zone. Based out of Paris, Naismith spent most of his time near the front lines working to improve the social hygiene of the troops.

“I feel I am fitted for this work,” Naismith once said of his military service. Indeed, he was — with his background as a clergyman, medical doctor, athlete, educator and National Guardsman, his mix of skills had a depth and breadth that few of his peers in France could match.

“It is a pretty big job,” Naismith wrote in a letter to his wife shortly after his arrival in theater. “Go over and make the camps clean places for the boys to fight. And also get the right spirit into the men. That involves two things. Educate the men and eliminate the evils from the camps and vicinity. Pershing is very anxious to have this done. I go without instructions to find out the best thing to do and then get the machinery working. It is no child’s play, especially when it is among the old-fashioned type of Soldier and in France where ideals are so different. The responsibility is great but I am going into it determined. I do wish that you and the family would pray for me, for I have never felt so much in need of help as I do at this present minute.”

Naismith spent 19 months in France — a longer period of time than most American Soldiers who served overseas in World War I. After the armistice, he continued his service in Europe as the U.S. Army redeployed home.

On Thanksgiving 1918, he wrote a long letter home, in which he listed a number of things he was thankful for. One of them was “the knowledge that I have tried to help the people of the world to make it a little better, and that I have tried to love my neighbor as myself.”

Naismith returned to the United States in March 1919. He resumed his duties as athletic director of the University of Kansas — a position he held until his retirement in 1937. He died two years later. He has been honored numerous times over the years for his contributions to American athletics, including being a member of the inaugural hall of fame class at the Naismith Memorial Basketball Hall of Fame in Springfield.

However, he always considered his time in uniform and his work with the Soldiers of the U.S. Army to be among his most significant accomplishments.

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A big ol' basket of dill pickle chips coated with our special batter an' fried to perfection. Served with Homers Favorite Buttermilk Dressin' fer dip'n. Crunchy an' dee-lishus fer only: **4.89**

Onion Rangs

A big ol' basket of battered and fried fun. Try 'n toss 'em onto a straw afore ya eat 'em if ya can hold out that long. A real deal at: **4.89**

Fried Cheese Stix

Crispy, crunchy outside, ooey, gooey inside-purely pleasurable all the way through! Served with marinara sauce fer dip'n. Six stix fer a measly: **4.99**

Chicken Livers or Gizzards

Take yer pick! Dee-lushus breaded morsels of kuntry goodness fer only: **4.29**

Breadsticks

Freshly baked melt in yore mouth goodness! When ya know ya just can't eat one an fer only: **2.99**

GARDEN FRESH

“The Whole Shebang” Salad

We give this one the works, and that's sayin' sumthin'! We load kuntry-fried steak, grilled chicken and Calabash shrimp onto a big bed of fresh lettuce with croutons, t'maters, onions, carrots, cheese, hard-boiled egg wedges and a breadstick. Purty nye heaven on earth! An' all fer only: **8.99**

Yore Choice Salad

Ya gotta pick'n choose with this one: well top a big bed of lettuce with croutons, t'maters, onions, carrots, cheese, hard-boiled egg wedges, a breadstick and yore choice of **Kuntry-Fried Steak**, **Calabash Shrimp**, **Fried or Grilled Chicken Breast** fer: **7.69**

Garden Patch Salad

Crispy lettuce tossed with t'maters, carrots, onions and croutons, sized to suit yore appetite: **3.49**

EATIN' HIGH ON TH' HAWG!

Smoked Sausage Dinner

Our famous smoked grilled sausage is shore ta whet yore appetite. We mix this in with a big ol' bowl of tast-ee beans 'n' rice, center cut slice of onion, special bean relish an' add a freshl-ee baked side of cornbread: Down-home goodness fer only: **6.99**

Our Famous Kuntry-Fried Steak Dinner

Nuthin's more "kuntry" than our kuntry-fried steak! Folks what knows good cookin' keeps comin' back fer this'n: two slabs of tender beefsteak rolled 'round in our special breading' and fried up golden. Served with plenty of rich creamy gravy. Pure goodness at: **8.69**

Not that hongry? Dig into a one-piece dinner fer: 6.99

Pork Chop Dinner

Folks, it jest don' get any better'n this! Two center-cut 6-ounce chops from the finest hawgs this side of the Big Muddy. Served with our rich creamy gravy. Subscribe ta how ya want 'em cooked:Fried • Grilled • Barbee-cued Eat hearty, now, fer just: **9.49**

OneChop Dinner: 7.49

Ground Chuck Steak

A half-pound of USDA chuck steak, carefully seasoned, smothered with grilled onions and creamy brown gravy, only: **8.49**

Grilled Beef Liver an' Onions

Enjoy a tender half-pound of this Southern specialty fer: **7.99**

Kuntry Cookin' Combo

Choose yore own two favorites fer: **9.49**

• **Kuntry-Fried Steak • Fried Chicken Livers or Gizzards**

• **2-Piece Fried Chicken** (If ya wanna be sure ta get a breast, add 1.00, or 2.00 fer two of 'em)

• **Fried or Grilled Pork Chop**

FROM THE OL' FISHING HOLE

Gone Fishin' Platter

Ya ain't seen a platter piled up like this'n afore! Ya get ah samplin' of the best catches of the house...fried fish, sweet clams, tender shrimp an' ah crab cake. Shore is a treat at: **10.99**

Krab Cake Dinner

Sweet krab meat seasoned & pattied into 2 cakes: **7.49**

PoFolks

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Whitefish Dinner

Two generous whitefish fillets, tender and flaky, yore choice of grilled or fried fer a mere: **8.49**

30 Piece Tail-On Shrimp

Thirty golden morsels of tender shrimp jest beggin' to be et! You don't disapp'int them and they sho' won't disapp'int you. Git 'em at the golden price of: **9.49**

Seafood Combo

Make yore own combo with yore pick of any two fer only: **9.99**

• **Fried or Grilled Whitefish • Calabash-Style Shrimp • Fried Catfish • Clams • Crabcake**

Catfish Platter

Kiss my grits if this ain't the purtiest platter of whole, bone-in catfish you ever laid a fork to!

3 Piece Dinner **10.99 • 2 Piece Dinner 8.99**

Calabash Shrimp

Dee-lishus, tender, bite-sized shrimp fried golden brown Calabash-style. Yores fer only: **7.99**

PoFolks Clam Fry

A heap o' hot and crispy clams, three-quarters of a pound in all priced at: **7.99** Half-pound: **6.99**

GRANDMA'S CHICKEN DINNERS

Nekked Chicken Breast (Boneless)

If yer thinkin' healthy well simply grill this tender chicken breast and serve it nekked or dressed up with barbee-que sauce. If yer cravin' down-home, we can give it a coat of breading' and throw it in the fryer. Grab it at the choice price of: **8.79**

Blue Ribbon Fried Chicken

One bite of this crispy, moist chicken and you'll be shoutin' hallelujah! We're fillin' up yore plate with a breast, thigh, leg and wang. Served at the great price of: **8.49**

Two-Piece Chicken Dinner priced at: **6.99** (Add 1.00 per specified breast)

Chicken Tender Dinner

We heard company's comin' so we rolled these fresh chicken tenders in our special seasoned breading' and fried 'em up special fer ya! Served up with honey mustard or barbee-que sauce fer darn good dippin'. Six tenders at the golden price of: **9.49**

Chicken Livers or Gizzards

Sometimes ya just get a hankerin' fer these crispy critters. We dust 'em up with seasoned breading' and serve 'em hot from the fryer. Perfectly priced at: **6.99**

Chicken 'n' Dumplins

We saved the best fer last! Take yore fork to a big ol' bowl of satisfyin' dumplins laddled up with chunks of slow cooked chicken. Comfort priced cheap at: **6.99**

HOMESTYLE VEGGIES

Dinners come with two veggies, an' ya can git an extree one fer just 1.49! If y'druther, ya can trade a side choice fer a salad or fried green t'maters fer only 1.99 extree

French Fries • Baked Po-Tater • Rice 'n' Gravy • Mashed Po-Taters

Macaroni 'n' Cheese • Red Beans 'n' Rice • Corn on the Cob

Black-Eyed Peas • Sliced T'maters • Turnip Greens • Baked Beans

Green Beans • Fried Okra • Cabbage • Coleslaw • Applesauce

Baked Apples • Po-Tater Salad • Cottage Cheese

PO FOLKS

Po Plate

Choose four of yore favorite veggies and we'll serve 'em up with yore choice of breadstick, cornbread, hushpuppies or a fresh-baked basket fer: **5.99**

Red Beans 'n Rice

Have a big ol' bowl of this made-from-scratch Southern specialty. If ya find a bit of ham, just hush up 'bout it, else yer server might charge ya more 'n the goin' price of: **3.99**

Turnip Greens

A bowl of greens seasoned and cooked up fer genuine kuntry flavor. Served with cornbread: **3.99**

Chicken 'n' Dumplins

Tender chunks of chicken plum full of flavor cooked up with some of the best strip dumplins ya ever stuck in yore mouth. Served with homemade cornbread fer: **4.49**

SAMWICHES

Grilled Sausage Samwich

Big 'ol smoked sausage (split in half fer extra flavor) grilled an' stuffed into a toasted bun with some tast-ee samwich sauce, lettuce an' t'maters fer only: **6.49**

Our Famous Kuntry-Fried Steak Samwich

It's a doozey! Kuntry-fried steak with lettuce, t'maters and our dressin' on a fresh bun. Best samwich in town, and only: **5.99**

Add cheese fer 30 more pennies

Doc McCoy's Chicken Samwich

Doc's pick of the litter! Double boneless chicken breast breaded and fried or grilled plain and simple, laid out onna bun with lettuce, t'maters and mayo. Git the real thang fer: **6.99**

Add melted cheese fer six more nickles

Whitefish Fee-Lay Samwich

Hit's a gon' make ya as wild as a junebug on a string! Mild flaky whitefish fee-lay topped with cheese, lettuce 'n tartar sauce, caught on a fresh bun. Have it yore way—grilled or fried fer: **6.49**

Half-Pound PoChuck Samwich

Ya git yo'self some downrite good eatin' when ya order this half-pound of USDA chuck steak, specially seasoned and stacked with lettuce, t'maters and mayo on a big big bun fer: **7.49**

To git it with cheese, add three thin dimes

Cheeseburger

With lettuce, t'maters and mayo fer: **6.49**

LUNCH SPECIALS

Served 11 am–3 pm, Monday thru Saturday

Grandma's Fried Chicken

Honey, this here fried chicken is finer than frog's hair on Friday. Hit's tender and moist and juicy as all git out. Set yoreself down to two pieces of our outstandin' chicken fer the equally outstandin' price of **5.99**

(Add 1.00 per specified breast)

Golden Fried Shrimp

Yore shrimp boat has come in! Git 15 of these purty little morsels, served with cocktail sauce fer: **6.99**

Pork Chop Yore Way

Make yore belly happier'n a moth in a mitten! Have a meatychop cooked yore way: fried, grilled or barbee-cued fer: **6.99**

Kuntry-Fried Steak

Gooder 'n grits and just as tasty at lunch as at suppertime. Topped with our rich creamy gravy fer: **5.99**

Po Plate

We'll stack four of yore favorite veggies onna plate and add yore choice of breadstick, cornbread, hushpuppies or a fresh-baked basket fer: **5.49**

Whitefish

Let yore server know as to how ya like it: fried or grilled. A super catch: **6.99**

Chicken Tenders

You'll want to stick to this 'un like white on rice! Have three breaded chicken breast tenders fer: **6.99**

Chicken Livers or Gizzards

These'll git yore own gizzard a thumpin', sho' nuft Have a heapin' helpin' of the dee-lishus morsels of yore choice fer: **5.49**

Liver 'n Onions

Our tender grilled beef Southern Specialty fer only: **6.49**

Chicken 'n' Dumplins

So purty they could make a hound dog smile, and only: **5.99**

HAPPY ENDINGS

Cobbler of the Day

Chock-full of fruit with a top an' bottom crust so flaky it makes Grandma proud and Mom jealous. Served with 'niller ice cream fer: **3.29**

Mississippi Mud Pie

More excitin' than snuff and not nearly so dusty! Rich fudge chocolate pie over a flaky crust topped with 'niller ice cream fer: **3.69**

Strawberry Shortcake

Purty as a speckled pup an' just as sweet! Our ol' fashioned shortcake is burstin' with berries an' just as full of old-timey goodness fer: **3.49**

Hot Fudge Ice Cream Cake

Naughty an' nice! Two slices of devil's food chocolate cake with an angelic slab of 'niller ice cream 'tween. Topped with hot fudge, whipped cream and a cherry fer: **3.99**

FORT RUCKER SPORTS BRIEFS

Family Fun Day Easter Golf
Silver Wings Golf Course will host its Family Fun Day Easter Golf Sunday starting at 1 p.m. The cost is \$20 for one adult and one junior to play. Cost for an additional adult to play is \$10 and \$5 for an additional child. Cost includes cart rental, any applicable green fees and one bucket of balls for nine holes. Eggs will be hidden on nine holes all over the course.
For more information, call 598-2449.

SHARP 5K run
The Fort Rucker Physical Fitness Center will host the Sexual Harassment/Assault Response and Prevention 5K race Saturday in awareness of Sexual Assault Awareness Month. The campaign slogan this year is "Eliminate sexual assault. Know your part. Do your part." The race will start at Howze Field at 8 a.m. Cost is \$3 for race entry. Refreshments will be provided. This race is open to the public. Participants are encouraged to pre-register at either physical fitness center.

For more information, call 255-2296.

Survivors & Fallen Heroes 5K
The Fort Rucker Physical Fitness Center will host the Survivors & Fallen Heroes 5k April 11 starting at 8 a.m. Race-day registration begins at 6:30 a.m. at the Fort Rucker PFC on Andrews Avenue. Participants are encouraged to pre-register at either PFC. The fun run is open to all children, free of charge, and will begin after the 5K race is complete. Each fun run participant will receive a medal. Costs for the 5k is \$20 per individual with a shirt through Saturday; \$25 after Saturday with a shirt— while supplies last. Refreshments will be provided. The race is open to the public. Trophies will be awarded in various categories.
For more information, call 255-2296.

Spring Boot Camp
The Fort Rucker Physical Fitness Center will host its Spring Boot Camp April

13-May 22. PFC officials said the program is a challenging and entertaining fitness camp packed full of outdoor activities to deliver a significant increase to people's fitness levels, and leave them feeling energized, recharged and motivated to maintain their transformed fitness level into the heat of the Alabama summer. Each session has been developed to ensure people get maximum benefits and results from every activity. All sessions take into account varying fitness levels and abilities. The program will run Mondays– Fridays, rain or shine, from 8:30–9:45 a.m. The cost is \$100 per participant, due in full by April 13, and includes training with certified personal trainers and group exercise leaders, access to all group fitness classes during the six weeks, a 2015 Spring Boot Camp T-shirt, and weekly nutritional tips and information. Orientation will be held April 13 at 8:30 a.m. at the Fort Rucker PFC. Each participant's information will be reviewed and people will be contacted if a doctor's release is needed before orientation.
People can sign up at the Fort Rucker PFC or MWR Central. For more information, call 255-2296 or 255-3794.

PUZZLE ANSWERS

Super Crossword

Answers

SIENNA	PEDANT	ADMIRAL
INLIEU	ENAMOR	DIOCESE
COMPUTER	DRIVE	ASSENTS
ENO	FORTO	SANS
MESS	PAUC	CHECKERS
GAME		
POT	RBI	HOPA
ELAN		
SHUFFLE	BOARD	RAGU
TAP	TOTSY	TOP
SCUBA		
LISBETH	MEGA	STERNER
ORTON	FRISBEE	THROWER
CAB	ABEAD	ISLEY
NAM		
CARBRAKE	SYSTEM	HERON
ARTLESS	PELE	EROSIVE
MESEE	YAO	AGNEW
LIE		
LMNO	RECORD	PLAYER
TONI	AIDS	ALASTAIR
SPINAL	COLUMN	BLY
MPAA		
HECUBA	RONA	OBAMA
ONS		
INORBIT	THEY	HAVED
DISKS		
RELEASE	HIVING	NESTLE
TRESSED	STENOS	TEASET

Weekly SUDOKU

Answer

8	1	5	4	6	3	9	7	2
6	2	9	1	8	7	3	4	5
7	3	4	5	2	9	6	1	8
9	5	2	3	4	1	7	8	6
4	6	3	9	7	8	2	5	1
1	7	8	2	5	6	4	3	9
5	4	7	8	9	2	1	6	3
3	9	6	7	1	5	8	2	4
2	8	1	6	3	4	5	9	7

Trivia

- Answers
1. Queen Victoria, 63 years. Queen Elizabeth II would surpass her on Sept. 9, 2015.
 2. George Washington
 3. Clio
 4. Messina
 5. Thomas More
 6. 1927
 7. Betty Grable
 8. 11
 9. Charles Dickens
 10. A metal element

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LUNCH *Prices do not include tax*
1 Meat, 2 Sides & Bread - \$6.99 • 1 Meat, 1 Side & Bread \$5.99 • 3 Sides & Bread \$5.99 • Drinks \$1.89

MONDAY Bar-B-Que Ribs Beef Tips Fried Chicken Bar-B-Que Pork Grilled Chicken Fingers Fried Chicken Fingers Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Rutabagas Black-Eyed Peas Cream Corn Cobbler	TUESDAY Baked Pork Chops Meat Loaf Pork Loin Fried Chicken Bar-B-Que Pork Grilled Chicken Fingers Fried Chicken Fingers Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Rutabagas Black-Eyed Peas Corn Loaded Potato Casserole	WEDNESDAY Roast Beef Hamburger Steak Fried Chicken Bar-B-Que Pork Grilled Chicken Fingers Fried Chicken Fingers Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Rutabagas English Peas Cream Corn Roasted Potatoes	THURSDAY Baked Chicken Chili-Mac Smoked Chicken Bar-B-Que Pork Fried Chicken Grilled Chicken Fingers Fried Chicken Fingers Pork Loin Dressing Mashed Potatoes Rice Butterbeans Turnip Greens Green Beans New Potatoes Broccoli & Cheese Yams Cream Corn Dumplings	FRIDAY Cubed Steak w/ gravy Fried Chicken Bar-B-Que Pork Grilled Chicken Fingers Fried Chicken Fingers Dressing Mashed Potatoes Rice Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Cream Corn
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DINNER *Monday - Thursday Prices: Prices do not include tax*
1 Meat, 2 Sides & Bread - \$6.99 • 1 Meat, 1 Side & Bread \$5.99 • 3 Sides & Bread \$5.99 • Drinks \$1.89
• Friday Night Special Menu Prices Apply for Baked Fish, Fried Catfish (whole & filet) and Baked & Grilled Shrimp

MONDAY Beef Tips Fried Chicken Bar-B-Que Pork Fried Chicken Fingers Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Cream Corn Rutabagas Broccoli Rice Casserole	TUESDAY Country Fried Steak w/ gravy Fried Chicken Bar-B-Que Pork Fried Chicken Fingers Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Rutabagas Cream Corn Loaded Potato Casserole Pecan Cobbler	WEDNESDAY Baked Chicken Fried Chicken Bar-B-Que Pork Fried Chicken Fingers Dressing Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Cream Corn Broccoli Rice Casserole Peach Cobbler	THURSDAY Baked Pork Chops Bar-B-Que Pork Fried Chicken Fried Chicken Fingers Mashed Potatoes Rice Butterbeans Turnip Greens Green Beans New Potatoes Macaroni & Cheese Yams Cream Corn Loaded Potato Casserole Pecan Cobbler	FRIDAY Baked Fish Fried Whole Catfish Fried Catfish Filets Fried & Grilled Shrimp Fried Chicken Bar-B-Que Pork Fried Chicken Fingers Rice Mashed Potatoes Butterbeans Turnip Greens Green Beans Yams Brunswick Stew Gumbo Slaw Potato Salad Tater Babies Cheese Grits
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Kid's Plate \$4.99
(Dine-In Only)

SHORT ORDERS & SIDES
— Served Every Day! —

CUTTS Chili Dog.....	\$2.19
Chili Cheez Dog.....	\$2.69
Chili Slaw Dog.....	\$2.69
Hot Dog	\$1.89
Cheeseburger	\$3.99
Hamburger	\$3.49
Barbecue Sandwich.....	\$3.99
Chicken Sandwich.....	\$3.49
Steak Sandwich	\$3.49
French Fries	\$2.19
Onion Rings	\$3.29
Baked Beans.....	\$1.99
Potato Salad	\$1.99
Loaded BBQ Baked Potato	\$6.99
Rice	\$1.99
Slaw	\$1.99
Hawg French Fries	\$5.99
Fried Chicken Wrap	\$4.99
Grilled Chicken Wrap	\$4.99
Boss Hawg Wrap	\$5.99

Ask About special Desserts! Call-ins, Catering, etc.

Side Salads	\$2.29
Daily Desserts.....	\$2.69
(Chocolate, Pecan, Coconut or Lemon Pie)	