

HOLIDAY CONCERT

The Commanding General's Holiday Concert is scheduled for today at the post theater at 7:30 p.m.

GETTING THRIFTY

Shop offers deals, benefits community
Story on Page C1



SOARING HIGHER

Black Hawks clench district championship
Story on Page D1



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KEEP SAFETY ON HOLIDAY LIST

Preparation key to safe winter driving

By Nathan Pfau
Army Flier Staff Writer

Winter in the South can be full of surprises, and that's why Fort Rucker officials want to make sure those on post are prepared when hitting the roads in conditions many in the area aren't accustomed to.

Fort Rucker officials want to make sure that people on the installation are ready for anything, especially when hitting the roads, according to Rebecca Ghostley, garrison safety director.

Ghostley suggests that people stay prepared by making sure their vehicles are in tip-top shape before they take long trips or venture out in less-than-favorable weather conditions.

People should take the necessary steps to make sure their vehicles are prepared for the season before winter weather hits, said the safety director, adding that they can make sure they're ready by having necessary maintenance checks performed.

People should make sure they get an engine tune up and check to make sure that all lights are in good working order, said the safety director. They should also have their brakes adjusted, and

have their battery and voltage regulator checked, as well.

To ensure that their vehicle's engine is able to perform in colder weather, people should switch to winter-weight oil if they aren't already using all-season oil, she said, and make sure to check tires.

When checking tires, people should make sure to check tire tread to make sure the tires aren't too worn and ensure the tires are properly inflated, she added.

Having a car in proper working order isn't the only thing people should consider before heading out on trips, said Ghostley, who offered up tips people should consider before taking an extended trip:

- Get plenty of sleep the night before and never drive while tired;
- Map out a route prior to leaving;
- Let others know their route, destination and estimated time of arrival;
- Check weather forecast along the route and avoid traveling in areas with advisories;
- Never warm up a vehicle in an enclosed area due to possible carbon monoxide poisoning; and
- Prepare an emergency kit in the



PHOTO BY NATHAN PFAU
Gail Stewart, military veteran, checks the oil level in her car as she prepares to perform general maintenance on her vehicle at the automotive skills center. The center offers complimentary holiday vehicle inspections on Thursdays in December from 7:30 a.m. to 4:30 p.m.

event they become stranded. An emergency kit should include blankets, warm clothing, food and water, booster cables, flares, flashlights, battery-powered radio with extra batteries, cell phone, first-aid kit and any needed medications, said Ghostley.

While driving, people should always take extra caution, especially while driving in inclement weather, she said.

"Always ensure everyone in the car is buckled up and take a

break at least every two hours," said the safety director. "Never use cruise control when driving on slippery or wet surfaces, and make sure you're familiar with your braking system before attempting to drive on wet or slick roads. Be extra careful when it rains after an extended dry period because the oil on the road will have built up creating an ultra-slick surface.

"People should always maintain a safe following distance behind another vehicle," she con-

tinued. "Depending on road conditions and speed, the following distance can vary between three to 10 seconds from the vehicle in front of you, with a minimum of six seconds during inclement weather."

In the event that people become snow-bound or stranded, she said the best course of action is to stay with the vehicle, which will provide a temporary shelter and make it easier for rescuers to

SEE SAFETY, PAGE A5



GIVING THANKS



PHOTOS BY NATHAN PFAU
LEFT: Command Sgt. Maj. Michael D. Sutterfield, 1st Aviation Brigade command sergeant major, talks with Soldiers at the dining facility as they enjoy their Thanksgiving meal Nov. 24. ABOVE: Fort Rucker and U.S. Army Aviation Center of Excellence leaders serve Thanksgiving dinner to Soldiers and family members at the dining facility Nov. 24.

'NIGHT IN BETHLEHEM'

Fort Rucker Chapel hosts Christmas events

By Jeremy Henderson
Army Flier Staff Writer

More than 400 people spent "A Night in Bethlehem" last year and the Fort Rucker Chaplaincy invites the Wiregrass to the drive-through experience again this year.

The free "A Night in Bethlehem" event is Dec. 13 from 6-8 p.m. The event reenacts the events leading to Jesus' birth with a drive-through experience at the main post chapel loop using scenes depicting the annunciation to Mary, no room at the inn, the manger scene, shepherds in the field receiving the news from angels and the deployed choir depicting how 21st century Soldiers, civilians and contractors celebrate Christmas when on mission.

"The Religious Support Office began this program in 2007 under the name Bethlehem Village, as a VBS-style look at the Christmas story," said Nancy Jankoski, Fort Rucker Religious Support Office director of religious education.

SEE CHRISTMAS, PAGE A5



FILE PHOTO
Therese Erthal, Catholic parish coordinator, puts tags on the angel tree in the main post chapel in 2012.

RESILIENCY

Mobile app helps locate community resources

By Jenny Stripling
Lyster Army Health Clinic
Public Affairs Officer

Do you know where to find running trails around Fort Rucker? How about where Bible studies are located? Did you know there is a 5K coming up soon? What about the operational hours for the post library?

These are questions many may have when first arriving at Fort Rucker. Now, there is a mobile app for your smartphone or tablet devices that can answer all of these questions and more.

The Fort Rucker Resiliency Resources Mobile App utilizes the five health domains from the Comprehensive Soldier and Family Fitness campaign – Physical, Emotional, Family, Spiritual and Social – and combines the data from the Fort Rucker Community Resource Guide and Fort Rucker websites so you can easily access important information about the topics that impact you and your family's daily lives.

"The concept of the mobile app is this: in a year's time there are 525,600 minutes.



PHOTO BY JENNY STRIPLING
Soldiers check out the Fort Rucker Resiliency Resources Mobile App.

Out of all of these minutes, a person may spend approximately 20 minutes with their health provider, on average, five times a year," said Capt. William Capp, Lyster chief of information management. "If you are only seeing your primary health care provider for 100 minutes out of the year, what else are you doing to positively affect you and your family's health the rest of the year? How can we at Lyster and at Fort Rucker impact your life space to help you make healthy lifestyle choices? This mobile health app (helps) impact the life

SEE RESILIENCY, PAGE A5

PERSPECTIVE

DISTRACTED DRIVING

‘Is it really worth a collision to have a conversation?’

By Retired Sgt. 1st Class
Cindy R. McClendon
Fort Buchanan Garrison
Safety Office

FORT BUCHANAN, Puerto Rico — It was Thursday afternoon and my company was having its end-of-the-day formation. I was looking forward to the beginning of a four-day weekend.

When it was time for the safety briefing, my company commander spoke first, saying the usual, “Don’t drink and drive, don’t drink underage, etc.” Next up was the first sergeant. He began by saying how important every Soldier was to the company.

From that point on, I didn’t hear a word he was saying because I was too busy mentally planning my weekend. I was thinking about getting my hair and nails done, what I would wear to the club that night and calling my boyfriend to arrange to meet up afterward. Finally, the first sergeant finished his safety briefing and we were released until Tuesday morning.

I ran to my room, changed out of my uniform and dashed to my car. Traffic was congested on the road, but that didn’t prevent me from picking up my cell phone and trying to call my boyfriend



ARMY PHOTO ILLUSTRATION

to make arrangements. I tried to call him twice, but got no answer. While I was dialing his number a third time, I almost ran into the car in front of me. Oops! Still, I got no answer.

I got my hair and nails done, and tried calling my boyfriend again, but the phone just rang. While driving back to post, I decided since I couldn’t reach him on the phone, I’d just send him a text. I began texting as I drove, looking down at the phone, pressing two letters and then looking back up at where I was going.

This went on until I looked up and saw I’d drifted into the oncoming lane and was about to hit a car head-on. I quickly dropped the phone and pulled back into my lane. However, when I dropped my phone, it landed on the passenger-side floor. Now that I was back in my lane, I wanted to finish my text. I tried several times to reach over and pick up my phone, each time taking my eyes off the road for just a second or two.

I finally reached my phone and consoled myself with the thought, “I only drove off the road once or

twice.” I had started texting again when I suddenly heard a car horn. I looked back up at the road and quickly hit my brakes. I’d hit the side of a car in an adjacent lane. I remember seeing a baby on board sign on the side window. I hoped there wasn’t a baby inside.

I immediately got out of my car, only to hear the baby crying. I thought, “What have I done?” I called 911 and then asked the lady in the car, “Are you and the baby all right?” Her reply was, “If you hadn’t been texting and driving, we’d all be all right.”

I called my first sergeant, who immediately came to the scene of the accident. When the police asked what happened, the lady didn’t tell them I was texting while driving; however, she had told my first sergeant. He said, “Didn’t you listen to my safety briefing? I said absolutely no texting while driving. It’s just as bad as drinking and driving!”

My first sergeant was very disappointed with me. He said, “Up until this point, I thought you were a responsible Soldier.” This made me feel even worse. I had plenty of warning signs on the road that day while I was driving, but I chose to ignore each one.

How could I be so irresponsible? My car was wrecked, I injured two people, my first sergeant was disappointed, and the company commander took away my four-day weekend and many more to follow. Still, I consider myself lucky. I could’ve killed myself and two other people.

Since that day, I’ve never again talked or texted on a cell phone while driving. I pay close attention to safety briefings, and remind my fellow Soldiers to never text and drive.

After all, is it really worth a collision to have a conversation?

Rotor Wash

“The automotive skills center is offering free safety inspections on Thursdays from 7:30 a.m. to 4:30 p.m. throughout the month of December. What tips can you offer for people to stay safe when taking trips this winter?”



Alison Pettengill,
military family member

“Make sure to check all your tires and fluids before heading out.”



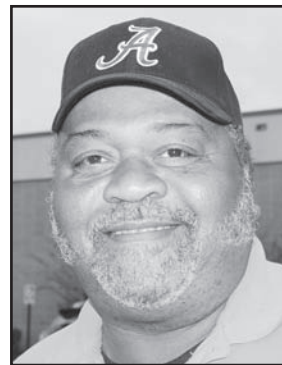
Kevin Kelly,
retired military

“Always check your car out.”



Mark Elliott,
retired military

“Make sure that they have all their appliances they might leave on and turn them off.”



Charles Sconiers,
civilian

“Make sure to have a spare tire because if you have a flat then that can be a problem. Make sure you have insurance on your vehicle, too.”



Staff Sgt. Jonathan
Flores, Fort Campbell,
Kentucky

“Be well rested before going on the road, and don’t drink and drive. Be cautious of over-the-counter medicines and anything that can cause drowsiness while driving. If you’re driving up north, be careful of the wildfires and know your routes.”

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflieger.com.

ACE suicide intervention

Ask your buddy

- Have the courage to ask the question, but stay calm.
- Ask the question directly. For example, “Are you thinking of killing yourself?”

Care for your buddy

- Remove any means that could be used for self-

injury.

- Calmly control the situation, do not use force.
- Actively listen to produce relief.

Escort your buddy

- Never leave your buddy alone.
- Escort to the chain of command, a chaplain, a behavioral health professional or a primary care provider.

BE SECURE

Officials offer tips to help remain secure while shopping online

By Nathan Pfau
Army Flier Staff Writer

With more and more people shifting the way they shop from traditional brick-and-mortar stores to online shopping, savings might not be the only thing they come to this holiday season.

As shopping online becomes more convenient, people are becoming complacent when giving out personal information over the Internet, but the Fort Rucker Directorate of Public Safety wants to remind people to stay safe while looking for that special deal online.

"A lot of people now shop online during the holiday season and, when they do so, they need to make sure that they are shopping on a secure website," said Peggy Contreras, DPS Community Police supervisor.

While shopping online, people should look for a little lock pad in the URL that tells them that the website is secure, she said. If they have any questions about the site, they should call the site directly and ask questions, or do whatever



ATC GRAPHIC

they can to verify that the site is reliable.

Most reputable websites will secure their websites with encryption, especially when dealing with financial information like credit card numbers or bank information. Encrypted websites will start with "https" at the beginning of the web address — the "s" at the end of "http" stands for "secure," according to the Federal Trade Commission website, ftc.gov/idtheft.

The threat of identity theft is

everywhere, but people can be more at risk while doing shopping online, said Contreras. If people do their shopping online, she suggests that they visit only websites that they have trusted in the past or meet those secure standards.

"People need to do their homework when shopping online, or in general," she said. "If you are shopping on a new website that you've never been to before, you need to be extremely careful. If there is any indication to them that the website might be bogus, take the extra step to check it out or avoid it altogether."

People should also be wary of misspelled words in emails and especially web addresses, which are usually telltale signs that the website is fraudulent, she said. Also, people should never divulge personal information through email, phone or text messages, and especially avoid giving out Social Security numbers.

Another threat that people should be aware of are online scammers who will pretend to sell items that they don't really have, said the community police super-

visor. Websites that people can buy directly from other people are usually done at their own risk, so she suggests that people avoid those entirely if possible.

The threat of identity theft is always present when shopping online and Contreras said that responsibility continues to fall on the individual to make sure they are protected, and that protection should also extend to their children.

"It would be wise to think about your children because a lot of times we don't think about it, but their identities can be stolen, as well," she said. "You don't want to wait until they're 16 or 18 to find out that they have something on their credit report, so make sure you check up on it while they're young."

An extra preventative measure that people can take is to take on a credit-monitoring service, said Contreras. These companies will monitor information and any unusual activity to help prevent identity theft.

Some red flags people should look out for include: mistakes on

bank, credit card or other statements; bills or collection notices for services never received; calls from debt collectors about debts that don't belong; unwarranted collection notices on their credit report; or even calls and emails about accounts in their child's name, according to the FTC.

If people experience anything like this, they need to contact one of the nationwide credit reporting companies, said Contreras. Even if there is no issue, she suggests that people do this after the shopping season is over to be sure.

Having one's identity stolen is bad enough, but the recovery from the havoc it can cause to a person's credit report can take a long time to bounce back from, so Contreras said the best form of protection is prevention.

"You don't want to wait six months down the road to find out that somebody might have used of your information," she said. "We live in a new time now. We used to sleep with the doors open, but now you we can't do that. If you leave your information where someone can get it, they will."

Soldiers, researchers test prototype uniforms during Combined Resolve VII

By Dan Lafontaine
U.S. Army Research, Development and Engineering Command Public Affairs

ABERDEEN PROVING GROUND, Md. — Army researchers who are developing a wool-based fabric blend are aiming to improve combat uniforms while boosting U.S. manufacturing jobs.

The Army has developed a fabric composed of 50 percent wool, 42 percent Nomex, 5 percent Kevlar and 3 percent P140 antistatic fiber.

One goal of textile research and development under way is to create a flame-resistant combat uniform made wholly from domestic materials, said Carole Winterhalter, a textile technologist with the Army Natick Soldier Research, Development and Engineering Center.

This research may provide an opportunity to meet this objective, she said.

"We have a lightweight fabric that is inherently flame resistant. No topical treatments are added to provide FR," Winterhalter said. "We are introducing a very environmentally friendly and sustainable fiber to the combat uniform system. We don't have other wool-based fabrics in the system right now. This is a brand new material."

Three Army researchers traveled to Germany from Aug. 26 to Sept. 15 for Exercise Combined Resolve VII to work with about 100 Soldiers in testing and evaluating prototype uniforms composed of this fabric. The scientists joined John Riedener, the Field Assistance in Science and Technology advisor assigned to 7th Army Training Command. The exercise brings about 3,500 participants from NATO allies to the region.

"We were in the heat of summer here and

it was very warm during the exercise. The uniforms were lighter weight and breathed better. Soldiers were very happy with the material," Riedener said.

FAST advisers are a component of the U.S. Army Research, Development and Engineering Command.

Soldiers from 1st Armored Brigade Combat Team, 3rd Infantry Division participated in the 21-day testing and completed surveys before and after the exercise, said Brian Scott, NSRDEC equipment specialist, Soldier and Squad Optimization and Integration Team. The research and development team selected Hohenfels, Germany, because the previous FR wool undergarment evaluation took place there.

Each Soldier received three prototypes. Each uniform was made from the same wool-based blend. One was "garment treated" with permethrin, an insecticide, and another "fabric treated" with permethrin. The third was untreated.

Soldiers wore each of the three uniforms for about seven days in a field environment for a total of 21 days. The testing and survey instructions asked Soldiers not to compare the prototypes with existing uniforms or camouflage patterns. Participating Soldiers came from multiple military occupational specialties.

Their feedback regarding comfort, durability, laundering and shrinkage, insect resistance, and overall performance will help determine whether researchers continue this development effort, Winterhalter said.

Initial results suggest the majority of the Soldiers liked the fabric because it was lightweight and breathable; however, analysis of the survey data is not complete, said Shalli Sherman, NSRDEC program manager for the Office of Synchronization

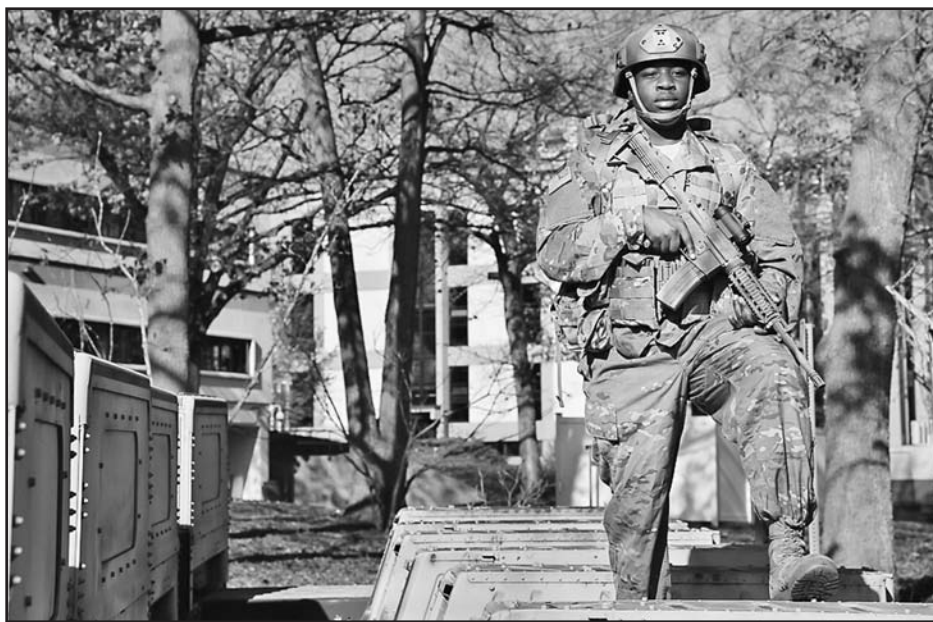


PHOTO BY JEFF SISTO

Pvt. Antwan Williams, an infantryman serving as a human research volunteer Soldier at the U.S. Army Natick Soldier Research, Development and Engineering Center, models a prototype uniform developed and Integration.

Winterhalter is optimistic about the prospect of a wool blend being incorporated into combat uniforms because of its environmental, manufacturing and economic benefits. She said the United States has about 80,000 wool growers and the Army would like to include this material in the clothing system.

"Wool is 100 percent biodegradable. It's easy to dye and absorbs moisture," said Winterhalter, who is also the federal government's chief technology officer for the Advanced Functional Fabrics of America Manufacturing Innovation Institute. "The Army has spent quite a bit of time and money to reintroduce a manufacturing process in this country called Super Wash that allows us to shrink-resist treat the wool. It's been very successful.

"When blended with other fibers, the fabric does not shrink excessively when washed," she added. "The Super Wash line at Chargeurs in Jamestown, South Carolina, has exceeded its business estimates. It has revitalized wool manufacturing in this country. Something we initiated for the Army has resulted in economic benefits and new jobs for U.S. citizens."

The new Super Wash process makes wool viable for combat clothing in nearly any application, including jackets, pants, underwear, headwear, gloves and socks, Winterhalter said.

NSRDEC researchers plan a larger field study with more users over a longer time period of possibly 30 days. More data on comfort and durability is needed as the Army moves forward with this research and development effort, Winterhalter said.

News Briefs

Clinic closures

Lyster Army Health Clinic will be closed the following dates in December:

- Monthly training will be Dec. 16, starting at noon;
- Dec. 23, Christmas day of no scheduled activity (no patient appointments);
- Dec. 26, for Christmas Day (observed);
- Dec. 30, New Year's DONSA (no patient appointments); and
- Jan. 2 New Year's Day (observed).

Mocktails

Lyster Army Health Clinic and the Fort Rucker Army Substance Abuse Program will host their Mocktails event in the Lifespace Center at LAHC today and Dec. 8 from 1-3 p.m. to kick off the National Drunk Drugged Driving Prevention Campaign.

CFC ceremony

The Combined Federal Campaign will wrap up its fund raising campaign with an awards ceremony Monday at noon at the U.S. Army Aviation Museum.

Flu shots

Flu shots are available for families in the preventive medicine department from 7:30 a.m. to 3:30 p.m. Mondays through Fridays. Patients should keep in mind that lunch time is the busiest time for the department. After-hours immunizations will be

provided today from 3:30-5 p.m.

Thrift shop Saturday opening

The Fort Rucker Thrift Shop will be open Saturday from 10 a.m. to 2 p.m. For more information on the thrift shop, visit www.fortruckerthriftshop.org.

Military personnel closure

The military personnel division will be closed from 11 a.m. to 1 p.m. Dec. 14 for its annual Christmas party. This includes the ID card section, transition services, personnel services branch, personnel reassignment branch, personnel management branch, in and out processing, casualty office, and the retirement services office.

Military pay office closure

The Defense Military Pay Office will close at noon Dec. 16. All customers are asked to visit the DMPO with pay inquiries or clearance papers prior to the closure. The office will reopen from 3:30-4 p.m. to accommodate Soldiers who do not have the opportunity to clear prior to the noon closure. Normal business hours will resume Dec. 19 at 7:30 a.m.

Soldiers with a military pay emergency during this time should call 317-319-7604 for assistance.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and

all retirees are invited to attend. Retirees are also encouraged to apply for one of the open positions on the council.

For more information, call 255-9124.

ID card section closure

The Fort Rucker ID Card Section will close from 2:15-4:15 p.m. for training the second Wednesday of every month.

Yoga classes

Lyster Army Health Clinic offers free yoga classes Mondays, Wednesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in the Lyster Activity Center, Rm. J-100, of the clinic. Participants are encouraged to bring their own mat.

Diabetes Basics

Lyster Army Health Clinic offers beneficiaries a four-part Diabetes Basics Program where they will learn about preventing and controlling diabetes. Classes are held Thursdays from 9 a.m. to noon at Lyster.

For more information, call 255-7986.

Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in. To claim their property, people must be able to

demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest — the most common items turned-in are keys, cell phones and wallets.

Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six- to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from 9-11 a.m. or 1-3 p.m.

For more information, call 255-7986.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

Lyster update

People are welcome to check out the Lyster Army Health Clinic Facebook Page for the Healthy Tip of the Day and important clinic information, such as class dates and times.

The Lyster Twitter feed is at @LysterAHC.

GIVING THANKS

President, SecDef make Thanksgiving calls to service members

Defense Media Activity
Staff Report

WASHINGTON — President Barack Obama and Defense Secretary Ash Carter called several U.S. service members taking part in operations around the world to wish them a Happy Thanksgiving Nov. 24, according to officials.

Obama made nine phone calls to deployed service members this morning: two from the Army, one from the Marine Corps, two from the Navy, two from the Air Force and two from the Coast Guard, according to a White House official.

The president thanked the military members for their service, and he wished them and their families a Happy Thanksgiving, the official said.

Sgt. Kendra Newhart, a budget analyst with U.S. Army Central and a Lafayette, Indiana native, received a special call on Thanksgiving Day at her office in Camp Arafat, Kuwait. Newhart answered her phone at about 7:45 p.m. and heard a familiar voice emitting from the speaker — the voice of the president.

The president called Newhart to recognize and congratulate her on her accomplishments during her deployment and thank her for her service.

Newhart, a single mother of



OFFICIAL WHITE HOUSE PHOTO BY PETE SOUZA

President Barack Obama makes Thanksgiving Day phone calls from the Oval Office to U.S. troops stationed around the world Nov. 24.

two, has served in the Army for eight years and volunteered for a year-long deployment with USARCENT. During the deployment, she has processed more than 400 purchase requests totaling \$330 million and singlehandedly managed a \$2 million government purchase card program among other feats.

During the call, the two discussed family, Thanksgiving

holiday activities and Newhart's future career aspirations.

In his Thanksgiving calls, Carter also expressed his appreciation for U.S. troops' service to the nation, and in supporting America's allies and partners, adding that those who support U.S. service members and their families at home have an important role, as well, according to a Defense Department news release.

In each of the calls, Carter noted that he knows how difficult it is to be separated from loved ones during the holidays, and he thanked service members and their families for their sacrifice for the nation, the release said.

According to the release, Carter spoke with the following service members.

-- Army National Guard Staff Sgt. Edward Roseman, 33, of Co-

conut Creek, Florida. Roseman is serving in the U.S. Africa Command area of responsibility. As a platoon sergeant, his efforts have been vital to the success of more than 300 security missions.

-- Marine Corps Staff Sgt. Mitchell Lander, 30, of Irwin, Pennsylvania. Lander provides imagery analysis in support of operations in the U.S. Central Command area of responsibility.

-- Navy Reserve Lt. Kyle Fitzpatrick, 33, of Philadelphia. Fitzpatrick is supporting Operation Inherent Resolve in the U.S. Central Command area of responsibility.

-- Air Force Airman 1st Class Jake Pullen, 19, of Kenosha, Wisconsin. Pullen is deployed to the U.S. Central Command area of responsibility where he supports Operation Silent Sentry.

Additionally, Carter and his wife, Stephanie, spoke to Army spouse Blessing Gallo, who currently serves as a volunteer and mentor to help other spouses manage deployment stress on their families, the DOD release said.

Carter said he was very grateful for the opportunity to speak to these extraordinary individuals who are serving the nation, and asked that they pass on his best wishes to their colleagues and families, as well, the release said.

New apps offer access to worldwide IGs

By Dustin Perry

U.S. Army Inspector General Agency

WASHINGTON — Two new mobile applications developed by a Soldier provide quick and easy access to more than 500 Army reference materials and a worldwide database of Army Inspector General offices.

The IG Locator and DAIG Bookshelf apps — both available for free downloading via the iTunes App Store — were the idea of Maj. Brian Bettis, an inspector general with the Department of the Army Inspector General Agency.

The IG Locator app is a digital directory that contains phone numbers and street addresses for Army IG offices both in the U.S. and overseas. The DAIG Bookshelf is a searchable database that offers users quick access to more than 500 publicly available Army materials — regulations and other documents — that are often referenced by inspectors general as part of their duties.

The idea for the apps came to Bettis in October 2015 while he was on temporary duty in Chicago attending the Defense Entrepreneurs Forum.

Prior to the event, Bettis said he was having difficulty finding the correct phone number for an IG contact. He concluded that if he, an inspector general, was having trouble getting in touch with a fellow inspector general, then the average customer would likely encounter the same problem.

"After I got back [from the conference] and I was stewing on this for six months, I reached out to a guy I met at the DEF forum and asked, 'How do I build an app?'" Bettis said. "He says, 'Give me a day and I'll get back to you.'"

Bettis' contact put him in touch with people at the Army Research Laboratory. He submitted a PowerPoint slide he made that outlined his concept for the apps to ARL. He initially envisioned creating a mobile "tech channel" — a secure, up-to-date digital phone and email roster for IGs worldwide to make it easier for them to contact each other.

The Locator app could also be "crowdsourced," as Bettis described it, meaning that if registered users found an error, they could submit the correct email address, phone number or street address for their respective IG location, and it would be immediately updated in the database.

"If a Soldier is out in South Dakota and is looking for the IG office, and the app has the wrong address and he finds it, he can correct it," Bettis said. "Hopefully this helps Soldiers get to their IG office faster than having to wait on a phone call back from the Pentagon."

The concept of the Bookshelf app came about as Bettis wanted to give IGs and Soldiers quick and searchable access to Army regulations, pamphlets and other official documents. More than 500 documents are available in Bookshelf, and are searchable with a keyword "find" function. Additional features are planned for the app in the near future, Bettis said.

"My hope is that it [the Bookshelf app] will lessen the amount of work that some IGs get based off of complaints that could be easily solved by taking just a couple of minutes to look it up yourself," Bettis said. "Anyone who has the app can do the research right on their phone."

Though Bettis said his initial concept was rough — "they were caveman drawings," he joked — ARL realized the potential of the idea and agreed to fund the project. His apps were added to an existing contract ARL had with TransApps, a DOD mobile apps program that began in 2010 and provides Soldiers with a number of secure mobile applications that offer users a broad range of geospatial, tactical and analytic capabilities.

"There is this push for innovation in the military, and we're connected with another couple of entities through ARL in the government, like the National Security Technology Accelerator/MD5 and the Defense Innovation Unit Experimental, that are driving this innovation push," said Chad Vanderslice, the principle investigator in the project. "Brian is a prime example of one of those [innovators] — we call them 'intrepreneurs' because they're inside their organizations trying to make progress."

A team of TransApps developers began working on the apps shortly after that. Lou Perna, a software development engineer with the veteran-owned development company GXM Consulting, was asked to lead the project.

"We started having meetings with Brian and his stakeholders to go through and determine, 'What are the critical requirements [of the apps] and what do they want to see them do?'" Perna said.

The first step was to create visual mock-ups of the apps to get an idea of how the interface would look. Once this was finalized, the development of the apps began. A survey was conducted that revealed close to 90 percent of IGs use iPhones, so the decision was made to develop the apps on a platform called Xamarin, which is compatible with Apple's iOS operating system, but also allows for future cross-platform development for both the Android and Windows OS.

Test versions of the apps were finalized and uploaded to Apple's Test Flight program, which allows a select group of users



PHOTO BY DUSTIN PERRY

Maj. Brian Bettis, right, an inspector general with the Department of the Army Inspector General Agency, demonstrates to U.S. Army Inspector General Lt. Gen. David E. Quantock how to use the IG Locator, one of two smartphone apps Bettis devised and developed with the Army Research Laboratory over the past year.

to test apps, look for bugs and give feedback to the development team.

"It's been very exciting; we get to build something very quickly and get it out right away and get feedback," Perna said. "This was an ideal environment for this project. We had a very involved stakeholder, and it's really been a wonderful experience."

The proliferation of apps that have a functional and tactical use for the military has been rising steadily in the last five years, and they have primarily been developed for use in a wartime environment, Vanderslice said. Apps like those devel-

oped by Bettis demonstrate a "pendulum swing" to more peacetime missions.

"Generating ideas from within an internal organization is not a novel thought; it's been going on for years, decades," Vanderslice said. "This innovation trend is a new way to leverage technology and capabilities to get those ideas quickly up to decision makers ... and get them out there quicker. I think this is obviously a trend that needs to continue."

To download these apps, search "IG Locator" and "IG Bookshelf" in the iTunes App Store.

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Safety

Continued from Page A1

locate them. Additionally, people should continue to move their arms and legs to keep blood flowing; tie a bright cloth on their antenna to signal they're in distress; turn on the dome light at night; make sure the tailpipe isn't blocked or clogged with snow or mud; run the engine and heater no more than 10 minutes every hour to conserve gasoline; and keep a downwind window open for ventilation.

In order to help people on Fort Rucker stay safe throughout the holidays, the automotive skills center is offering free winter vehicle inspections Thursdays between 7:30 a.m. to 4:30 p.m. through the month of December for authorized personnel, as

well as pre-accident safety inspections for Soldiers going on leave before the holidays.

"We conduct these free safety inspections before most major holidays. We want to make sure Soldiers and their families are safe before they go on long trips," said Tina Barber, auto skills center program manager.

The mechanics will do an overall inspection of the vehicle – checking multiple areas, including engine fluid levels, radiator fans, tire condition, belts and lights. Appointments are encouraged for the inspections, so people should call ahead and reserve a time.

For more information or to make an appointment, call 255-1075.

Christmas

Continued from Page A1

"We changed the name to 'A Night in Bethlehem' because the format now is a one-night, drive-through Nativity display with five specific scenes."

According to Jankoski, everyone who spends "A Night in Bethlehem" will receive a token ornament to hang on their trees at home.

"We will have live animals for the Shepherds in the Field station," she said. "This is a simple, yet fun way for individuals and families to experience the Christmas story together. Persons can experience 'A Night in Bethlehem' by driving through, or, if an individual, a couple, a youth or a whole family would like to make an even better memory, we still have spaces for volunteers to be part of the Bethlehem cast.

"There is no limit to the number of volunteers who want to sing the carols with the deployed choir, and we have plenty of costumes that fit over one's clothing in varying sizes for adults, teens, and families with children to dress up together as shepherds, angels and the crowd at the inn," she added. "Participants will stay under a covered shelter at most stations and we provide a nursery for the infants, toddlers and very

young children of our volunteers. So this is a chance for making memories and having fun as a family."

To volunteer, call the Religious Support Office at 255-2989 or 255-3946, or get in touch with a unit chaplain. Volunteers will need to come in for one training session and costume fitting.

This year's event will also provide an opportunity for patrons to get into the holiday giving spirit.

"Like last year, we are advertising for voluntary donations of canned goods to help stock some local food pantries," Jankoski said. "Persons can drive through Bethlehem even if they do not participate in the canned goods drive. There is no cost for this, we are just trying to help the needy and offer participants a chance to help a community food pantry as a community service outreach. Last year, we collected over 140 canned goods to help feed those in need in our local communities."

The post chaplaincy will support the angel tree program again this year. The tree, adorned with tags and angels available to be sponsored, currently lights the main post chapel entryway.

"Each tag contains the age and gender of a child whose family received a food voucher for the Army

Community Service's holiday food program," Therese Erthal, Catholic parish coordinator, said. "We receive the names of children from families forward to us by ACS. Those names are then placed on our tree."

Now through Dec. 11, individuals can select an angel from the tree. Participants are asked to purchase a new, age-appropriate gift for the child listed on the tag of the selected angel. Used toys and clothing will not be accepted for use in the program. Participants are also asked not to donate food or candy.

For more information about the angel tree program, call 255-9894.

RSO hosts a Hanukkah service 5 p.m. daily Dec. 24 through Jan. 1.

Families are invited to the "Meet Me at the Manger" children's Christmas service Dec. 13 from 6-8 p.m. at Spiritual Life Center.

A children's Christmas Eve Mass takes place Dec. 24 from 4-5 p.m. at the main post chapel. A candlelight service will follow from 7-8 p.m. and a Christmas Midnight Mass takes place from midnight to 1 a.m. Christmas Day Mass will be held Dec. 25 from 9-10 a.m. at the main post chapel.

For more information, call 255-2989, 255-3946 or 255-3140.

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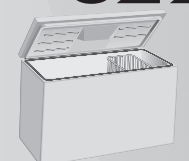
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Fort Rucker Chapels

Event	Date/Time/Location
Post-wide Thanksgiving Service	23 Nov, 1130-1200 Headquarters Chapel
Thanksgiving Eve Mass	23 Nov, 1700-1800 Main Post Chapel
Hanukkah	24 Dec - 1 Jan, 1700 Main Post Chapel
Children Christmas Program "Meet Me at the Manger"	14 Dec, 1800 Spiritual Life Center
A Night in Bethlehem: A Drive-Thru Nativity	13 Dec, 1800-2000 Spiritual Life Center
Children's Christmas Eve Mass	24 Dec, 1600-1700 Main Post Chapel
Christmas Eve Candlelight Service	24 Dec, 1900-2000 Main Post Chapel
Christmas Midnight Mass	24 Dec, 2400-0100 Main Post Chapel
Christmas Day Mass	25 Dec, 0900-1000 Main Post Chapel
New Year's Eve Mass	31 Dec, 1700-1800 Main Post Chapel

For more information regarding other religious holiday services, contact the Religious Support Office at 334-255-2989/2012

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2016 HOLIDAY WORSHIP SERVICES & PROGRAMS



U.S. Army Aviation Center of Excellence & Fort Rucker Fort Rucker, Alabama

Resiliency

Continued from Page A1

space of our Soldiers and families."

Capp said the app has the ability to find information fast, so Soldiers and families can make healthier lifestyle choices and be active in their daily lives.

Future updates for the app include a push notification that you can opt in or out of that notifies you of upcoming events like 5K runs or healthy cooking demonstrations

at Lyster.

As the app rolls out to other Army installations, a form of geo-targeting will give the ability to download the local base information into the app. This is a great feature, especially for someone that goes TDY to other places.

You can find the Fort Rucker Resiliency Resources Mobile App in your local mobile app store for Android and iPhone by typing in "Rucker" in the search field.

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\$24,900: End of year sale with large partially fenced yard. Heat & air, this 2BR/1.5BA has a great combination, galley kitchen & washer & dryer. Under the stairs there is room for your storage. Give this a look & see if it will work for your needs. **EVELYN HITCH 406-3436** MLS #20162044

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New Listing

28648 HIGHWAY 167, JACK
\$320,000: Country living at its finest on 30+ acres. Secluded, yet easy access to town. 5BR/5BA designed for the active lifestyle. Easy to maintain with tile floors downstairs & carpet upstairs. Open floor plan. Roughly 27 acres of pasture land, bring the horses. **CARL SHEFFIELD 954-651-6722** MLS #20162042

New Listing

459 SANDY OAK
\$78,000: Come view this awesome 2BR/2.5BA town house that features bathrooms & walk-in closets in BOTH bedrooms!!! Never appliances, tile in kitchen & dining area, deck out back for relaxing evenings under the stars!!! Don't miss out. **CHRIS ROGERS 334-406-0726** MLS #20162051

New Listing

145 LAKEVIEW
\$58,000: Excellent investment property. Covered deck off master bedroom, Jack & Jill bath upstairs, covered porch off kitchen. These townhomes are convenient to Ft Rucker & have a good rental history. **AGNES KARVONEN 334-406-9752** MLS #20162052

New Listing

140 COUNTY ROAD 163, HUNTER RIDGE
\$183,000: Updated: 3BR home. Granite countertops, mostly hard surface floors, sprinkler system in well-established neighborhood. **FRAN & DON KALTENBAUGH 334-464-1069** MLS #20162061

New Listing

1097 COUNTY ROAD 723
\$389,000: 3BR/2BA, very well maintained & has everything you could want. The home has a wood burning fireplace in the living room. The eat-in kitchen opens to the family room with a stand alone wood burning heater. A 40x40 Butler bldg., inground pool, pool house, gazebo & a storage building are all located on a secluded 48 acres. Rental income from 20+ cotton & hay fields. There is a small pond, too. New roof in 2015 & new HVAC in 2016. Absolutely lovely. **JAN SAWYER 334-406-2393** MLS #20162062

New Listing

14023 HWY 167, NEW BROCKTON
\$229,500: 1+ acre wooded lot with 4BR/3BA home. Bonus room, formal living/dining room, eat-in kitchen, pool, metal barn & much more. Call today! **JACKIE THOMPSON 334-406-1231** & **TERRI AVERETT 334-406-2072** MLS #20162066

New Listing

799 DONNELL #2, DALEVILLE
\$153,000: Wonderful investment opportunity right outside the Daleville/Ft Rucker gate. New roof in December 2011, almost entire outside siding replaced in 2015 along with the stairwell & exterior lighting. All units come with washer/dryer, oven, dishwasher & refrigerator. Some appliances are newer. Some new flooring as well. This quadruplex is in good shape & has a good rental history. **JAN SAWYER 334-406-2393** MLS #20162079

New Listing

238 HOLIDAY LANE, OZARK
\$175,000: Convenient to fire station, shopping & schools. Extra storage space in crawl space off the laundry room in the main part of the house. Separate in-law suite or 4th bedroom with full bath & walk-in closet. 2 outside sheds for hobbies or storage. 2 HVAC units. 4 ton not a year old. 2 1/2 ton approx. 10 years old. 50 gal water heater not a year old. Water turn off valve on front porch to the whole house. Many more amenities. **AGNES KARVONEN 334-406-9752** MLS #20162094

New Listing

163 CAMPGROUND ROAD, GENEVA
\$325,000: An opportunity of a lifetime is here! This 26+ acre campground has a restaurant building, public bathrooms/showers, a pool, a private pond & multiple cabins. This site provides an opportunity to camp creekside in beautiful Geneva. This campground is a perfect fit for comfortable living in a rural community. Geneva is host to events such as "Geneva Festival on the Rivers" & "The Slocomb Tomato Festival" & with over 25 RV hookups there is plenty of room for visitors as well as permanent residents. **CHRIS ROGERS 334-406-0726** & **PAT LEGGETT 334-406-7653** MLS #20162110

New Listing

414 GRAND PINE
\$129,000: Remodeled 3BR/2.5BA home with 2-car garage. Shaded & fenced in backyard. 1,498 sq ft. How could you want it? All new stainless steel kitchen wood/tile flooring, new paint, new ceiling, new countertops, new ceiling fans throughout, new work in bathroom, newer HVAC, large walk-in closet & in-suite bath. Patio with arbor & even more. Call today! **CHERYL PICCINI 334-330-9612** MLS #20162116

New Listing

213 JASMINE CIRCLE
\$154,000: Tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants & minutes from Ft Rucker. Security system, carpet & tile floors, stainless steel appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom, tray ceiling in grandroom & fence across back yard. **Maple Leaf Plan!** Owner is licensed residential home builder/REALTOR in the state of Alabama. **BILLY COTTER CONSTRUCTION 334-347-2600** MLS #20161425

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During the Holiday Season, our thoughts turn to those who make our business possible. A sincere **Thank You** for trusting us over 40 years with your real estate needs. **Merry Christmas** from Billy Cotter, Erin Tullis, Agents & Staff

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4 BEDROOM WITH POOL

115 TUMBLEWEED - \$243,500: This home has hand scraped hardwood floors throughout & tile in kitchen & bath. A big in-ground oasis salt water pool with cool decking. Big back porch with tiles for great entertaining. Big yard with plenty of space for an RV & separate plug in. A breakfast nook & formal dining room with extra molding. Master bath with jacuzzi tub & his/hers closets. Tiled back splash in kitchen. Gutters on overhang. One of the owners is a licensed REALTOR in the State of AL. **BOB KUYENDALL 369-8534**

4BR/4.5BA PLUS BASEMENT

309 RED CLIFF CIRCLE - \$320,000: Custom built, 1-owner home with 4BR/4.5BA with handcrafted woodwork & cabinetry throughout. Beautiful hardwood & tile floors, granite counters in kitchen, 6-burner cook top, double oven, large formal dining room, 2 large living areas, master bedroom with office space. The partially finished walkout basement has a fireplace & lots & lots of storage. All this & more located on a beautiful established lot very convenient to schools! **JACKIE THOMPSON 406-1231**

START A BUSINESS ~ \$154,500

412 EAST LEE STREET: Busy Lee Street location. Nice home but zoned for B-2. Lots of possibilities for your new or existing business. **PAT LEGGETT 406-7653**

\$95,000

153 CONCORD: Ideal townhome community close to Ft Rucker & Enterprise & with easy access to US 84 & a straight shot to Dathan. This one is in great shape & just waiting for someone to call it home. What a great investment! What a fun place to live! **JAN SAWYER 406-2393**

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5 PRIVATE ROAD 1106 - \$74,900: 3.61± acres at beautiful Winterberry Way. Build your dream home here today. Enjoy the comfort & peace of mind. **FRAN & DON KALTENBAUGH 790-5973**

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4 BEDROOMS ON 1.75± ACRES

486 AVERETT - \$339,000: This traditional style home with 4BR/4BA sits on approximately 1.75 acres. Master suite is located on the main floor. 2 of the bedrooms are upstairs & share a common living space, & an additional bedroom & bath are located on the other side of the home. This additional bedroom features a private deck & a separate entrance from the outside. This home also has 2 fireplaces, a bonus room/den & a sunroom that opens to a large patio. A must see property! **SOMMER RAKES 406-1286**

NEW LISTING ~ \$144,000

502 VICTORIA: Great home for a large family. Downstairs has a formal living room with bookcases, formal dining room, family room to the covered patio on the rear. Kitchen with a breakfast area, large laundry room & large bonus room with built-ins & wood-burning fireplace. 4BR/2BA upstairs with a 1/2 bath downstairs. Large lot with in ground pool, 3 sheds, lots of landscaping, with chain link fence. Come take a look at this home before it's too late. **EVELYN HITCH 406-3436**

COTTON CREEK ~ \$254,000

103 PLANTERS: Very classy, spacious & immaculate. Don't miss!!! Extra-large bonus room or 4th BR...all in Cotton Creek. **FRAN & DON KALTENBAUGH 790-5973**

\$109,900

111 BLACKHAWK: Brand new paint & flooring throughout. This cute home is in a great location & is move-in ready. Stove & dishwasher have recently been replaced. Nice floor plan with a large grand room that is open to the dining area. Lots of natural light in this home. Screened back porch is a wonderful outdoor space that is large enough for overflow & outdoor entertaining. The detached shed/work shop has electricity. The yard has beautiful shade trees. **ROBIN FOY 389-4410**

\$110,000

22 GOFF - DALEVILLE: Great home convenient to schools! Crossing guard in place nearby. Kitchen updated in 2009. New dishwasher. Heat pump updated in 2010. Gas log fireplace in the bonus room with a workshop & a shed with ramp. Double gate on 1 side allows boat or RV storage in backyard. The wood floors in all the bedrooms are impeccable. Gas grill conveyed! **JAN SAWYER 406-2393**

We nail the details.

BILLY COTTER CONSTRUCTION

347-2600

UNDER CONSTRUCTION

THE COTTAGES AT WOODLAND PARK
 Tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants & minutes from Ft Rucker. These homes feature: security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom, tray ceiling in grandroom.

UNDER CONSTRUCTION
300 JASMINE CIRCLE ~ \$157,250

3BR/2BA, fence across back property line (Winterbury Plan)

UNDER CONSTRUCTION
213 JASMINE CIRCLE ~ \$157,250

3BR/2BA, fence across back property line (Maple Leaf Plan)

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AT THE READY



PHOTO BY SGT. ANGELA LORDEN

Soldiers with the 77th Armored Regiment, 3rd Brigade, 1st Armored Division, load onto a UH-60 Black Hawk after completing their iteration of the squad live-fire exercise Nov. 2 at Udari Range near Camp Buehring, Kuwait.

Service members mark Thanksgiving while serving on global missions

By Jim Garamone
Defense Media Activity

WASHINGTON — Nov. 24 wasn't Thanksgiving for America's enemies.

While the vast majority of Americans were sitting down with family for a fall feast, hundreds of thousands of U.S. service members were on guard around the world, ensuring their fellow citizens enjoyed a day of peace.

For them, it was another duty day.

There are roughly 1.3 million service members on active duty in the military and another 800,000 in the Reserve components. They are supported by about

750,000 Department of Defense civilians and thousands of DOD contractors.

Today, there are around 275,000 forward-deployed U.S. service members. They serve in more than 100 countries and on every continent.

Some are in harm's way. There are about 9,800 U.S. service members in Afghanistan. Most are helping Afghan allies maintain control of their country, while others are taking the fight to violent extremists who hope to use Afghanistan to plan attacks against the United States and its allies.

There are 4,960 U.S. service members in Iraq. They are helping Iraqi forces take

the fight to the Islamic State of Iraq and the Levant. In Syria, there are about 300 service members helping Syrian democratic forces take on ISIL around Raqqa.

TROOPS AT THE READY

These forces are supported by others based in Turkey, Kuwait and elsewhere in the region.

There are about 28,000 American service members in South Korea ready to "fight tonight," from the Demilitarized Zone to Busan.

There are about 50,000 American service members based in Japan.

In Europe, Russian aggression in

Ukraine and threats to NATO required a response from the United States with troops deploying to the eastern countries of the alliance on a rotational basis.

In Africa, troops are working with local nations to strengthen nations in their fights against Boko Haram and other violent extremist organizations.

In South America, U.S. forces are working with allies to curb the drug trade and stop transnational crime networks.

Overall, the Army has 183,630 Soldiers committed to supporting six geographic commands, according to Army officials.

SEE THANKS, PAGE B4

'GLOWING SUCCESS'

Joint medical teams bring healthcare to remote village

By Master Sgt. Kerri Spero
*Joint Task Force-Bravo
Public Affairs*

PIEDRA MESA, Costa Rica — A group of 16 doctors, nurses, dentists and other specialists from Joint Task Force-Bravo took part in Operation Pura Vida, a joint humanitarian mission and Medical Readiness Training Exercise at an indigenous region in the Caribbean province of Limón Nov. 1-3.

The group arrived in four helicopters from the 1st Battalion, 228th Aviation Regiment and joined 30 Costa Rican physicians to provide basic healthcare services to approximately 300 residents of the indigenous village of Piedra Mesa, Telire region of Talamanca, Limón.

Communities living in remote areas are usually at a great disadvantage in terms of access to medical care. Ordinarily, Piedra Mesa patients would have to travel on foot for up to seven days, to the nearest medical treatment facility. The JTF-Bravo team provided patient services to include preventive medicine, internal medicine, pediatrics, dentistry and nurse technicians, in addition to the airlift capability.

Costa Rican Public Security Minister Gustavo Mata Vega and U.S. Ambassador to Costa Rica S. Fitzgerald Haney visited the mission site Nov. 3. Mata thanked the ambassador, the embassy and JTF-Bravo for the assistance, and said that humanitarian missions like this one are fundamental to improve health and security conditions for indigenous people.

"This is something that the village has requested, along with the Costa Rican government, and it's an opportunity for everyone to better understand and provide services to what otherwise would be a very isolated, indigenous population," said Maj. Rosemary Reed, JTF-Bravo civil military operations deputy. "We want their support and understanding of why we're bringing this particular unique capability to their village."

A thriving rural community is dependent on the health of its population. Access to medical care does not guarantee good health; however, access to health-

SEE SUCCESS, PAGE B4



PHOTO BY MASTER SGT. KERRI SPERO

A CH-47 Chinook from the 1-228th Avn. Regt. prepares to land at the indigenous village of Piedra Mesa, Telire region of Talamanca, Limón, Costa Rica.



PHOTO BY SGT. STEVEN GALIMORE

Maintainers assigned to the 122nd Aviation Support Battalion work to install equipment on a UH-60 Black Hawk assigned to the 82nd Combat Aviation Brigade at Fort Bragg, N.C. Nov 16.

'Demon' brigade Soldiers put on historic patches during deployment

By Bob Harrison
*U.S. Forces Afghanistan
Public affairs*

BAGRAM AIR FIELD, Afghanistan — In celebration of the 98th anniversary of the "Big Red One" patch, Soldiers from the 1st Combat Aviation Brigade, 1st Infantry Division, were presented with hand-sewn combat patches during a ceremony Oct. 28 at Bagram.

Capt. Grant E. Cuprak, commander of Headquarters and Headquarters Company, 1st CAB, came up with the idea for the historical spin on his unit's combat patches during a staff trip to the First Division Museum at Cantigny in May before their deployment.

Cuprak said he was discussing with his company's first sergeant how to best execute the company's combat patch ceremony when the idea came up. "After we decided to try to do this idea, I reached out to the awesome staff at the First Division Museum, including Mr. Andrew Woods and Mr. John Maniatis, who were able to scan those memorandums so we could re-create the patches," Cuprak said. "It was interesting to see the documents and how it played out. First a red five inch '1' was proposed. Then the Oct. 28, 1918, version, which was really the 'grandfather' to the patch (OD green with the red '1'). And then the version published and utilized — the memorandum 15 version — dated Nov. 23, 1918."

Cuprak and his unit decided to expand on the experience by holding the combat patch ceremony on Oct. 28, 98 years to the date of the grandfather-patch telegram. A priority for them was keeping as many of the original details as possible with the new patch designs.

"The patches themselves took a good bit of work," Cuprak said. "It was difficult finding and ordering wool that



PHOTO BY BOB HARRISON

A throwback patch sits on the right arm of Soldiers following a Headquarters and Headquarters Company, 1st Combat Aviation Brigade combat patch ceremony Oct. 28 in Afghanistan.

was to the time period. CW5 Sam Baker, 1st Sgt. David Green, Staff Sgt. Tara Schneider and Spc. Travis Simmons all helped in the process of making them."

The ceremony, as well as the meaning behind it, was met with enthusiasm by the "Demon" Soldiers who participated, Cuprak said.

"The ceremony went awesome," Cuprak said. "We had many Soldiers who are on night schedules get up in the middle of their rest period to be a part of it. Several Soldiers have gotten extra patches and have sent them to friends in the Division Headquarters and 1st Inf. Div. Artillery in Iraq so they can also wear them as combat patches too. A couple other Soldiers have set aside their patch to give to their fathers who were in the BRO years ago."

Equally enthusiastic about the idea were historians

SEE PATCHES, PAGE B4

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Continued from Page B1

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The Air Force has 63,329 active-duty Airmen stationed overseas. They range from the combat zones to Ramstein

Air Base, Germany, to Kunsan Air Base in South Korea. In addition, thousands of Airmen will work this weekend — as they do year-round — maintaining America's nuclear deterrent in the heartland of the nation.

The Navy has roughly 73,000 deployed Sailors. Some 1,300 submariners are on patrol aboard ballistic missile submarines or attack boats. Many other Sailors are at sea maintaining U.S. presence in the South China Sea, the Persian Gulf, the Mediterranean Sea and the oceans of the

world. It is truly a global force.

Marines are serving aboard these ships, also, as well as in posts in the combat zones and maintaining readiness from Japan to Australia to Norway. Marines are working with allies in the Philippines and helping train Iraqi forces in al-Taqaddum.

Thousands of service members will guard America using space-based assets, and thousands more will protect DOD assets in cyberspace.

Success

Continued from Page B1

care is critical for a population's well-being and optimal health.

"It's not based on the amount of people that live here. It's based on how difficult, for the few people that do live here, to provide care because of the village's remote location," said Miguel Coello, JTF-Bravo medical liaison officer, who has previously served with JTF-Bravo at this location three times.

According to Coello, the most common patient ailments related to this particular area are malnutrition, renal diseases, upper respiratory infections, skin diseases and chronic mosquito-borne diseases.

"Some treatments are lengthy, but if some of these diseases are not treated in a timely manner, they can be lethal," explained Coello.

For follow-up care, the Costa Rican Social Security Bureau (Caja Costarricense de Seguridad Social), have a team of doctors who travel to Piedra Mesa village every three months.

"This is one of the best examples of several different entities coming together," said Coello, "For example, we were able to provide the airlift, but the tents and field accommodations were provided by the Costa Rican Fire Department and Red Cross, and security was provided by the Costa Rican Police. These organizations were brought here to also exercise their expeditionary capabilities."

The purpose of JTF-Bravo conducting a MEDRETE is to test capabilities, react to a natural disaster and to interact with a local populace by building relationships with other entities within Central America, according to Capt. Lettishia Burchfield,

Operation Pura Vida officer in charge.

Missions like Operation Pura Vida shed light on the importance of indigenous communities in conservation in Latin America. A 2014 study by the International Union for Conservation of Nature showed that the presence of indigenous communities significantly lowers deforestation caused by drug traffickers operating illegally in remote parts of Central America, and country-specific programs have begun to involve indigenous people in the policing of protected areas.

The concept for Operation Pura Vida was formulated during a Central American Community of Interest discussion in April, which focused on the stem the growing trend of Transnational Threat Networks observed in Costa Rica.

In response, the COI established a joint planning group that met several times in the

following months. The planning effort culminated in late October with approval by the U.S. ambassador to Costa Rica and the commander of U.S. Southern Command to execute.

"By all measures, the resulting operation, Operation Pura Vida, stands as a glowing CENTAM COI success," said Maj. Graham White, JTF-Bravo plans and policy director.

This is the fifth time that Costa Rica has received assistance from U.S. Southern Command, which is responsible for all U.S. military activity in Latin America. The aid program started in response to a request by the U.S. embassy in San José.

MEDRETEs like the one held in Piedra Meza serve the broader purpose of fostering a spirit of cooperation and goodwill between U.S. and partner nation counterparts.

Patches

Continued from Page B1

from the First Division Museum at Cantigny Park in Wheaton, Illinois, who offered help with researching through their collection of artifacts.

"With the current division looking back to its origins, I think that's definitely something very special," said John Maniatis, registrar at the First Division Museum at Cantigny Park. "It is good to know that you are part of a long chain of individuals who have put that patch on their shoulder and do so with pride."

Maniatis, an archaeologist, first became interested in the history of the Big Red One patch after noticing the slight varia-

tions in the museum's collection. Comparing the dimensions of surviving insignia with instructions put out through memorandums in 1918 during the patch's inception led him to become a resident expert on the subject for the museum. When the 1st Combat Aviation Brigade contacted the museum for input on making the throwback patches, Maniatis helped give them the original specifications.

"When you think of the modern Army and its practices, things are standardized for ease of use (and) for the sake of keeping things simple," Maniatis said. "But, in those early years it didn't really work out that way. You didn't have a contracted manufacturer

for it."

The patch was the result of an Army-wide need to better identify Soldiers based on their unit during the close of World War I, according to Maniatis.

"When the first division went to war in the first world war, the only way to identify yourself was through your regiment," Maniatis said. "You had Soldiers writing their names let's say on their gas mask bags. The gas mask bag is right on their chest and (it would say) you're 'Sgt. Smith' and you're '26th Infantry,' that's how you're known. There were no shoulder insignia to say that 'I'm part of the 1st Division.' There was no BRO yet."

Maniatis was able to trace the

origin of the BRO patch to a set of recovered memorandums and telegrams released between October and December 1918.

"Memorandum No. 15, dated Nov. 23, 1918, informed all Soldiers of the division what the newly approved 1st Division insignia looked like," Maniatis said. While the memorandum designated the quartermasters were responsible for furnishing the red cloth to make the number ones, it was also stated that the olive drab green cloth would not be furnished in time.

With only a part of the patch being furnished by the unit in 1918, original patches were constructed in myriad shapes and sizes, according to Maniatis.

"So the quartermaster is furnishing the red number ones, but it was really up to the Soldiers to get that green shield background on there," Miniatis said. "Which explains that when you look at our collection you might have shields that are oval, (or) shields that are round on the top. A lot of these things were more than likely made by local tailors in the area where they were on occupation duty and a lot of guys probably made it themselves."

"It's kind of interesting to see that at the begging of the war you're identifying with your smaller unit, your regiment or field artillery battery and by the end of the war you're identifying with the division," Maniatis said.

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DECEMBER 1, 2016

GETTING THRIFTY

Shop offers deals, benefits community

By Nathan Pfau
Army Flier Staff Writer

With Black Friday and Cyber Monday over and done, people on post can still find that perfect gift at the perfect price at one of Fort Rucker's hidden gems.

The Fort Rucker Thrift Shop, located on the corner of Red Cloud Road and Ruf Avenue, offers a wide selection of items from clothing to appliances, and it's a local way people can save money during the holidays, according to Meghann Terry, Fort Rucker Thrift Shop publicity chair.

"The Fort Rucker Thrift Shop is very well organized and we want our customers to have a boutique experience without having to pay boutique prices," she said. "We receive a lot of quality and name-brand items though donations made and through customers consigning items."

For more than 40 years the thrift shop has not only been saving people money, but also providing a way for people to give back to the community on Fort Rucker.

The Fort Rucker Thrift Shop is a non-profit 501(c)-3 organization established to generate funds, and those funds are disbursed throughout the community in the form of grants to charitable organizations for the betterment of Soldier and their families, said Terry.

"Through our receipt of donations and sales we are able to distribute community grants (that) benefit many children and spouses of our Soldiers, as well as organizations, schools, businesses and programs in the Fort Rucker area," she said. "When people shop with us, all profits made by the thrift shop are given back to the community," adding that more than \$150,000 in scholarships and more than \$300,000 in grants have been issued over the years.

"In May, through our Teacher Grant Program, the Fort Rucker Thrift Shop awarded (nearly \$16,200) in grants to local teachers (from Enterprise, Daleville and Ozark) to assist with various projects and updates to curriculum directly benefiting their students," said Terry.

Most recently, the thrift shop awarded Annie's Café in Enterprise \$1,500 towards their Christmas dinner, which provides meals on Christmas day to local military, low-income families, hospice



PHOTO BY NATHAN PFAU

Ann Smith, retired military family member, and Anita Taylor, civilian, shop the deals during the Fort Rucker Thrift Shop's early Black Friday sale last year.



COURTESY PHOTO

Fort Rucker Thrift Shop volunteers encourage people to shop and consign items for the holidays to go toward helping their local communities.

"We realize that a large part of our goal to help service members and their families is assisting and uplifting our surrounding communities to enable them to provide services that we may not be able to directly."

— MEGHANN TERRY,
FORT RUCKER THRIFT SHOP
PUBLICITY CHAIR.

patients and first responders, said the publicity chair.

"It is very important for the thrift shop

to give back to organizations in the greater Fort Rucker area," said Terry. "Part of the mission statement of the thrift shop describes how we strive to better the lives of Fort Rucker Soldiers and their families. We realize that a large part of our goal to help service members and their families is assisting and uplifting our surrounding communities to enable them to provide services that we may not be able to directly."

Some of the many organizations that the thrift shop contributes to include wounded warriors, disabled American veterans, Veterans Affairs hospitals, Relay for Life, animal shelters and many others, and all of this is done through volunteer efforts.

"Volunteers sort the donations, tag them and place them on the sales floor, and other volunteers work in the consignment area pricing the consignments," said Tracy Landa, Fort Rucker Thrift Shop

volunteer. "Donations arrive daily, so there is always work to be done, and if people aren't able to volunteer their time, they can consider donating items or just stopping by and shopping at the thrift shop."

The thrift shop's store hours are normally Wednesdays-Fridays from 10 a.m. to 2 p.m., with consignment hours Wednesdays and Thursdays from 10 a.m. to 1 p.m. The thrift shop will be closed from Dec. 18 to Jan. 2, so people are encouraged to get their holiday shopping done early.

Shopping at the thrift shop is open to the public, but guests on Fort Rucker are reminded that they will need a gate access pass in order to drive onto the installation.

For more information, visit www.fortruckerthriftshop.org, or call 255-9595.

'SOLDIERS IN GREASEPAINT'

Storyteller honors veterans, brings history to life

By Jeremy Henderson
Army Flier Staff Writer

In remembrance of the 75th anniversary of Pearl Harbor Day, Fort Rucker's Center Library staff invites the public to a historical storytelling adventure.

The Center Library hosts "Soldiers in Greasepaint: USO Camp Show Performers of World War II" Wednesday beginning at 5:30 p.m.

"Dolores Hydock, actress and storyteller, will talk about the USO Camp Show entertainers — such as Bob Hope, Jimmy Stewart — who traveled around the world to support the morale of our Soldiers during WWII," Jodi Wilcox, reference librarian, said. "Those who attend can expect to be entertained while gaining insight into an important time in history."

USO Camp Shows during WWII were part of a diverse,



ARMY SIGNAL CORPS PHOTO

Bob Hope performs for service members at Munda Airstrip in the Solomon Islands in October 1944.

hilarious, moving and inspiring story of voluntarism and service.

"The Center Library strives to support our community and to

host free events that are educational and entertaining," Wilcox said. "It is our goal to meet the community's needs and we rely on their feedback to let us know

how well we are doing."

According to the Alabama Humanities Foundation website, Hydock's one-woman shows and presentations bring to life

the voices and spirits of a wide range of characters from history and literature.

"Soldiers in Greasepaint" is free, and open to authorized patrons and those who have access to post.

"The event will be family friendly and can be a great conversation starter for those family members who served in WWII or were affected by it in some way," Wilcox said. "I hope everyone comes away with a smile on their face and an appreciation for our veterans, nurses and volunteers who served during WWII."

This program is part of the Road Scholars Grant which is funded through the Alabama Humanities Foundation. This program is open to authorized patrons and is EFMP friendly.

For more information, please stop by or call Center Library at 255-3885.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Christmas tree lighting

The annual Fort Rucker Christmas Tree Lighting Ceremony is scheduled for today at 5 p.m. The event will feature music, hot chocolate, the lighting of the post Christmas tree and a visitor from the North Pole. Afterward, The Landing will host complimentary photos with Santa – and he may also have some treats for good girls and boys, according to organizers. The event will be open to the public and Exceptional Family Member Program friendly. For more information, call 255-1749 or 255-9810. Pictured is a scene from last year's event.

Spaghetti dinner

The Landing will host its annual spaghetti dinner today from 6-7:30 p.m. Dinner includes a choice of pasta and sauce, garlic bread, assorted cookies, and tea and coffee. Prices are family, two adults and up to two children, 12 and under, \$25; adults, ages 13 and over, \$10; children, ages 3-12, \$5; and children ages 2 and under eat for free. The facility will also host complimentary photos with Santa.

For more information, call 255-0769.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multi-lingual volunteers are available.

For more information, call 255-3735.

Winter Wonderland Skate Night

Child, youth and school services will host its Winter Wonderland Skate Night Friday. Safety skate will cost \$2, and will be from 6:15-7:15 p.m. – parents must be present. Regular skate will cost \$5, and will be from 7:30-9:30 p.m. Attendees are welcome to dress up as a snow princess, ice prince, snow boy, or snow girl. Judges will pick the best costume. There will also be giveaways and picture-taking sessions. Youth skaters must be current CYSS members.

For more information, call 255-9108 or 255-9127.

FRG leadership training

Army Community Service will host family readiness group leadership training Tuesday in Bldg. 5700, Rm. 371F from 8:15 a.m. to 12:45 p.m. For more information, call 255-9578.

Family Member Resilience Training

Army Community Service will host its family member resilience training Wednesday-Dec. 8 from 8:30 a.m. to 2:30 p.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them. For more information, call 255-3161 or 255-3735.

Soldiers in Greasepaint

The Center Library will host "Soldiers in Greasepaint: USO Camp Show Performers of World War II," Wednesday at 5:30 p.m. in remembrance of the 75th anniversary of the attack on Pearl Harbor. From Utah Beach to the Philippines, from wrestlers and tap dancers to the biggest names in show business, from 16,000 servicemen in an amphitheater in southern France to 20 GIs in Jeeps in a lonely stateside outpost, USO Camp Shows during WWII were part of a diverse, hilarious, moving, and inspiring story of volunteerism and service, according to organizers. Storyteller Dolores Hydock shares a small slice of this big-hearted story from a remarkable time in U.S. history. This program is funded through the Alabama Humanities Foundation and is open to authorized patrons. The event is Exceptional Family Member Program friendly.

For more information, visit the Center Library or call 255-3885.

Book clubs

The Center Library hosts a book club for adults the third Tuesday of each month from 5-6 p.m. Light refreshments will be served.

The Center Library hosts a book club for teens the third Thursday of each month from 5:30-6:30 p.m. Light refreshments will be served.

Both clubs are open to authorized patrons. For more information, call 255-3885.

Employment readiness class

The Fort Rucker Employment Readiness



PHOTO BY NATHAN PFAU

Single parent family game night

Army Community Service, and the Army and Air Force Exchange Service will host single parent family game night Dec. 8 from 5-7 p.m. at the AAFES post exchange food court. Free giveaways will be included. This will be an Exceptional Family Member Program-friendly event. This is an initiative of Fort Rucker Community Health Promotions Council Family Resiliency Work Group and it is open to authorized patrons. Registration deadline is Friday. Attendance will be limited to the first 20 families to register. The event is open to single parents who are active duty, retired, DOD employees and their families. People can pre-register by calling 255-3359 or 255-9647. Pictured is a scene from a previous game night.

Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Dec. 8. People who attend will meet in Rm. 350 at 8:40 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about noon. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

Breakfast with Santa

The Landing will host its annual Breakfast with Santa Dec. 10 from 9 a.m. to noon. The event will feature a buffet-style menu, including pancakes, eggs, bacon, fruits and assorted pastries. For more information, call 255-0769.

Montgomery Zoo trip

MWR Central will offer a day trip to see the Montgomery Zoo transformed into a Winter Wonderland, sparkling with thousands of lights and festive decorations, Dec. 10. The bus will depart Fort Rucker at noon and travel to Montgomery. The cost of this trip is \$35 per person and includes a ticket to the zoo, zoo lights viewing, and transportation to and from the zoo.

For more information and to register, call 255-9810.

Army Family Team Building app

People can complete Army Family Team Building training through AFTB's app. Visit <http://www.ftruckerarmy.com/acs/army-family-team-building/> to find the direct link to the app. Once complete, people can contact Fort Rucker AFTB to receive their certificate. Search for AFTB in the app store for Apple devices. For more information, call 255-9637.

Holiday craft

The Center Library will host a holiday craft session Dec. 13 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register. The event will be open to authorized patrons only and will be Exceptional Family Member Program friendly.

For more information or to register, call 255-3885.

Blended retirement system seminar

The Army Community Service Financial Readiness Program will present a blended retirement system seminar Dec. 14 from 6-7 p.m. in the Soldier Service Center, Bldg. 5700, in Rm. 282. This will be a discussion of the significant changes to the current military retirement system, including how retirement pay will be calculated, continuation pay, and the Thrift Savings Plan with matching government contributions. This discussion will be facilitated by ACS accredited financial counselors. Pre-registration is required by Dec. 13. Free childcare will be available with registration.

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For more information contact The Landing, (334)255-0769. rucker.armymwr.com

For more information and to register, call 255-3949 or 255-9631. Registration can also be completed by visiting <https://rucker.armymwr.com/us/rucker/programs/army-community-service>.

Right Arm Night Dec. 15 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last.

Right Arm Night

The Landing Zone will host Fort Rucker

Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 255-0768.

FORT RUCKER MOVIE SCHEDULE FOR DECEMBER 1-4

Thursday, December 1

CLOSED

Friday, December 2

Moana (PG)7 p.m.

Saturday, December 3

What Now (R)4 p.m.
 BOO! A Madea Halloween (PG-13) 7 p.m.

Sunday, December 4

What Now (R)1 p.m.
 Keeping Up With The Joneses (PG-13) 4 p.m.

POWWOW

Native-American vets to bring fresh produce, healing to LA food desert

By David Vergun
Army News Service

SOUTH GATE, Calif. — Once upon a time, the oak-tree-lined Los Angeles River meandered for 48 miles from Simi Hills to the Pacific Ocean. Native Tongva people collected acorns along the banks, fished for chinook and salmon, and drank the water.

Today, the river that once ran free now courses through a massive concrete channel amidst the sprawling Los Angeles suburbs. The native fish are all gone.

Some of the Tongva people, along with other Native Americans, still live in the vicinity of the river, said Ted Tenorio, a Vietnam War Army veteran. Tenorio, who grew up in New Mexico, is a mix of Piro, Manso and Tiwa Indian.

Several years ago, the city of Los Angeles approved the Los Angeles River Revitalization Master Plan, which calls for the construction of bike trails as well as the “greening” of vacant city-owned barren lots along the river, he said.

One such lot of 47 acres sits beside the river in the LA suburb of South Gate. Tenorio and 29 other Native Americans who are members of the Native American Veterans Association met with South Gate Mayor Willie De Witt and other city officials who approved their plan to develop the land.

THE PLAN

Speaking at a NAVA powwow in South Gate Nov. 13, Tenorio said he and the other NAVA members plan to begin developing the 47-acre lot within the next year. With the development, they’re aiming to achieve two ambitious goals for the community.

The first is to recreate a Native American healing village with sweat lodges and round houses for circle talking groups and vision quests. According to Tenorio, the vision quests will not be religious rituals, per se, and all people, not just Native Americans, will be welcomed to attend and reflect at no charge.

For veterans who struggle with emotional issues such as post-traumatic stress disorder, Tenorio believes, associating with others at the village will be healing.

The second is to grow crops that heal — edible flowers, herbs and vegetables with known health benefits. South Gate and its surrounding areas are located in a food desert, where nutritious food is hard to find and the nearest places to buy food are places like 7-Eleven convenience stores, Tenorio said.

Tall, rotating garden towers are also planned. The towers will rotate so that sun-loving plants get the most sun, while the other plants tolerate semi-shade.

A self-contained watering system will



PHOTOS BY DAVID VERGUN

Native-American veterans participate in a Native American Veterans Association powwow, held in South Gate, Calif., Nov. 12.

reduce evaporation, and the water that drains through the soil will be collected in trays at the bottom and recycled to the top of the tower. Compost will periodically be added to the soil.

With California currently in the throes of a severe drought, Tenorio believes that this is the best way to sustain the land and produce more crops per acre.

The food they harvest will go to homeless and needy veterans and anything remaining will go to farmer’s markets, with the proceeds to be reinvested in the project, he said.

There will be no paid employees, he noted. The project will be staffed by volunteers, and people who have never farmed or gardened before will be welcomed there to learn and participate.

Some veterans, particularly women who have suffered abuse, Tenorio said, “will heal through the therapy of agriculture, seeing life being born again from seed to plant.”

Tenorio still remembers when he enlisted in the Army in 1967, when the hardest part of basic training for him was getting used to the food, which actually made him sick at first, because of all the processed ingredients.

As a boy, he was raised on fresh Native-American staples like corn, squash and

chili peppers, grown by his parents, who were poor, in their own garden.

Now hopes this project will help make economically disadvantaged veterans in the area healthier.

TENORIO’S SERVICE

All of the NAVA veterans have stories to tell about their service in the armed forces and all of them take great pride in their continued service as civilians in their communities.

Tenorio was a member of the 25th Infantry Division’s “Golden Dragons” in Vietnam from 1967 to 1968 in Tay Ninh near Cambodia on the Ho Chi Minh trail. He was a radio operator who traveled around the country in an M-151 jeep.

Tenorio got his baptism by fire at Operation Barking Sand in May 1967. He was twice wounded and left for dead, he said. Eventually, a backup team came upon him and medically evacuated him.

Tenorio had volunteered to enlist, so that his older brother wouldn’t have to go to Vietnam. At the time, the policy was that, if one brother enlisted, the other wouldn’t be drafted.

He was single but his older brother was married and his wife was pregnant. “It wouldn’t have been right for him to go,” Tenorio said.

Today, Tenorio is president of NAVA and is working as a Disabled Outreach Program specialist for the state of California in Los Angeles.



Ted Tenorio (center), president of NAVA, plans to populate some of the 47 acres the city of South Gate has turned over to NAVA with garden towers like this one. With him are Thomas Tlusty, communications manager for Garden Tower Project LLC, the company out of Bloomington, Indiana, which produces the towers, and Joel Grant, the company’s development and technology manager.

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Zoo transforms into Winter Wonderland

From Staff Reports

Army Flier

The Montgomery Zoo will transform into a Winter Wonderland sparkling with thousands of lights and festive decorations during its annual Christmas lights festival now through Dec. 31. People are welcome to take a leisurely stroll, a brisk train ride or view the lights from atop the Zoofari Skyline Ride. The festival will also include Santa, nightly entertainment, and hot chocolate and fresh-baked cookies. Regular night time admission is \$15 for ages 3 and older. Ticket includes entry and one Christmas Lights Festival train ride.

For more information, call (334) 240-4900 or visit montgomeryzoo.com/special-events.html#12-2016.



WIREFLASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

ONGOING-DEC. 31 — The Wiregrass Museum of Art hosts its fall exhibitions Southern Abstraction and Firmly Planted in the Black Belt - the Art of Bud Harris Wednesdays-Fridays from 10 a.m. to 5 p.m. and Saturdays from 10 a.m. to 3 p.m. Private tours and activities can be arranged by appointment on Mondays and Tuesdays. For more information, visit <http://www.wiregrassmuseum.org/> or call 334-794-3871.

ONGOING — Disabled American Veterans Dothan Chapter 87 maintains a service officer at its office at 545 West Main St. (Mixon Business Center) Tuesdays and Wednesdays from 9 a.m. to 2 p.m. The chapter will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims and other veterans benefits. All veteran services provided are free of charge.

For more information, call 836-0217, Ext. 123, or send an email to davchapter87@gmail.com.

ENTERPRISE

ONGOING — Disabled American Veterans Chapter 9 Enterprise-Coffee County meets the second Thursday of each month at 6:30 p.m. at Shane's Rib Shack. For more information, call 308-2480.

ONGOING — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post monthly membership meetings for the VFW Post 6683 and Auxiliary are on the third Tuesday of each month at 7 p.m. at the post headquarters building located at 2615 Coffee County Road 537. The post mailing address is P.O. Box 311752 Enterprise, AL 36330. For more information, call 334-464-1171 or the auxiliary at 334-464-2222. The post also has a Facebook site at vfwpost6683.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

DEC. 15 — Disabled American Veterans Chapter 99 will conduct its annual Fun Time get-together at 6 p.m. in the New Brockton Senior center, located one block behind the police station. Finger food and soft drinks will be served free of charge to DAV members and their families, and other interested persons are invited. For more information, call 334-347-0114.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

OZARK

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from

5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

WIREFLASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

JAN. 5-6 — Disabled American Veterans annual service officer certification training will be at the Auburn Hotel in Auburn. For more information, call 334-406-6700.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

ONGOING — Mount Calvary Missionary Baptist Church, 970 County Road 528, Elba, offers Sunday school the first, second, third and fourth Sundays of the month at 9:45 a.m., and worship the first and third Sundays of the month at 11 a.m. Bible study is Wednesdays after the first and third Sundays from 6-7 p.m. For more information, call 334-774-1738.

Beyond Briefs

Gem, mineral, jewelry show

The 46th annual Montgomery Gem, Mineral and Jewelry Show will be held at Montgomery's Garrett Coliseum, Dec. 2-4. Dealers will have beads, crystals, geodes, rough, cabochons, gem stones, finished jewelry, tools, supplies and mineral and fossil specimens, according to organizers. Club members will display their individual collections and will give demonstrations on gem and rock cutting, faceting, cabochon making, and knapping.

Admission is \$2 for adults, or \$3 for a weekend pass. People ages 18 and under with a student ID and a paid adult are admitted for free. Parking is free, as well.

For more information, visit montgomery-gemandmineralsociety.com/mgms/index.php/annual-gem-show.

Panama City Beach Marathon

The Panama City Beach, Florida, Marathon is scheduled for Dec. 3. The event also sports a half-marathon, a 5k race and a children's fun run. People can register now — there is no race day registration — at <http://www.active.com/panama-city-beach-fl/running/distance-running-races/panama-city-beach-marathon-2016?int=>.

For more information, visit <http://www.pcbmarathon.com/>.

Tree lighting

Panama City Beach, Florida, will host its Christmas tree lighting ceremony Dec. 5 from 6:30-8 p.m. at Frank Brown Park. The PCB Police Department will also be accepting unwrapped toy donations for its Cops N' Kids program.

For more information, visit <http://www.panamacitybeachparksandrecreation.com/christmas-tree-lighting.html>.

Governor's Mansion open house

The Alabama Governor's Mansion Christmas Open House is scheduled for Dec. 5, 12, and 19 from 5:30-7:30 p.m. Admission is free and tickets are available at the Governor's Mansion Gift Shop.

For more information, visit governor.alabama.gov/governors-mansion/mansion-tours/. The mansion is located at 1142 S. Perry St., Montgomery.

'The Nutcracker'

Montgomery Ballet is proud to announce its 41st annual performance of Tchaikovsky's "The Nutcracker," Dec. 8-11 at Troy University's Davis Theatre in Downtown Montgomery. Founded in 1958, Montgomery Ballet is the only professional dance company in the city of Montgomery and is one of two in the state of Alabama. Tickets cost \$10-\$30 and can be purchased online at <http://www.brownpapertickets.com/event/2604847>.

For show times and more information, call 334-409-0522 or visit

montgomeryballet.org/.

Old Alabama Town holiday open house

Montgomery's Old Alabama Town will host its annual holiday open house Dec. 13 from 4-6 p.m. The event will resemble a true 19th century experience with a variety of live music, children's pioneer-style crafts, candlelight house tours, history of the holidays, and cookies and cider, according to organizers. Admission will cost a donation of a non-perishable food item for HandsOn River Region's Christmas Clearinghouse.

For more information, call 334-240-4500 or visit www.landmarksfoundation.com/events/upcoming-events/.

'Holiday Pops Concert'

The Montgomery Symphony Orchestra will host its annual "Holiday Pops Concert" Dec. 13 at 7:30 p.m. at the Montgomery Performing Arts Centre. Tickets will cost between \$11-\$35 and will be available at Ticketmaster or at the MPAC Box Office.

For more information, call 334-240-4004 or visit www.montgomerysymphony.org/subscription/.

'A Christmas Carol'

The Alabama Shakespeare Festival in Montgomery presents its production of "A Christmas Carol," adapted by Geoffrey Sherman and based on the novel by Charles Dickens, at various times now through Dec. 24. Festival officials said the production is

recommended for ages four and up.

Ticket prices vary based on play, date and availability of seating. For more information, call 334-271-5353 or visit <http://www.asf.net/>.

Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Feb. 4 — Because of Winn-Dixie; Feb. 18 — The Two Gentlemen of Verona; March 11 — Sherlock Holmes; March 25 — Dauphin Island; and April 22 — The Tempest; and May 6 — Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required — people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to attend the lecture.

For more information, call 334-271-5353, or visit www.asf.net/Education/Theatre-in-the-Mind.aspx.

'BEST DAY OF MY LIFE'

Fort Leonard Wood grants child's wish of becoming Soldier for a day

By Stephen Standifird
Fort Leonard Wood Public Affairs

FORT LEONARD WOOD, Mo. — Soldiers at Fort Leonard Wood helped an 11-year-old boy live out his dream when they made him an honorary Soldier Nov. 20.

Michael Kelsey, of Marshfield, has wanted to be a Soldier since he was 5. He has even adopted the saying "superheroes don't wear capes, they wear dog tags." However, Kelsey will probably never realize his dream of becoming a Soldier because of a brain tumor, said Kelsey's mom, Eva Matthews.

Health issues couldn't stop Kelsey from supporting the armed services in other ways, though, including collecting toiletry items to donation to the USO of Missouri for the troops, his mom added.

When Matthews reached out to the USO on Fort Leonard Wood to learn where to drop off Kelsey's donation, the conversation turned to her son, his dream of becoming a Soldier, and his medical issues. The USO, she discovered, wanted to make sure Michael got the chance to live his dream.

They wanted to make his visit the best day of his life, said Kelly Brownfield, director of the Fort Leonard Wood USO. There was no way he was going to show up just to drop off toiletry items.

"We do everything we can for our service members and their families, but this is special," Brownfield said. "This is a little boy who has no affiliation with the military, and this is his dream. That we could make this happen with everyone around us is priceless."

Kelsey's visit began like many other Soldiers when they first arrive at Fort Leonard Wood: uniform issue. In order to be a Soldier, Kelsey needed to dress like a Soldier, said 2nd Lt. Michelle Kramlich, executive officer of C Company, 3rd Battalion, 10th Infantry Regiment.

A complete set of the Operational Camouflage Pattern uniform was issued to Kelsey by the drill sergeants of C Co., who then escorted Kelsey around for the day.

"It's a very humbling experience to be able to be a part of this," said Staff Sgt. Ross Muller, a drill sergeant with C Co.

During his visit, Kelsey drilled and rode in military vehicles with the Soldiers of C Co. and even learned basic Soldier skills.

After his first meal as a Soldier in a dining facility, Kelsey was presented with a set of dog tags and a combat patch from Brig. Gen. James Bonner, Army Chemical, Biological, Radiological and Nuclear School commandant.

"It was an honor to have a role in Michael's special day," Bonner said. "He is an inspiration to everyone here on Fort Leonard Wood, and he left a lasting impression



PHOTOS BY DAWN M. ARDEN

Michael Kelsey gets his camo paint applied by Pvt. Ashley Bailey, C Co., 3rd Bn., 10th Inf. Regt., before taking part in a training event on Fort Leonard Wood, Mo.

with his contagious smile and selfless personality."

Eventually, Kelsey received goodie bags of Army memorabilia from every unit that participated in his visit.

The occasion culminated with the 11-year-old being named to the Honorable Order of "The Rough Riders" by Col. Tracy Lanier and Command Sgt. Maj. Tyson Goolsby, Army Garrison Fort Leonard Wood command team.

"When times get hard, think about this moment," Lanier told him. "We always want you to remember this, Michael."

As just the 11th person to receive the honor, Lanier added, Kelsey joins the great company of those who have demonstrated true courage, character and integrity.

"We are proud to be here with one of the Army's finest Soldiers," Goolsby added.

Wide-eyed, Kelsey could barely contain his excitement when he offered his thanks to those who helped make his dream come true.

"Thank you to all of the Soldiers who helped make this happen," Kelsey said. "Today was the best day of my life."

"Michael and I would like to thank everyone at Fort Leonard Wood who made today possible," Matthews said. "From the bottom of our hearts, thank you. Each and every one of you made his dream come true. This is something that he is never going to forget."



Kelsey stands in formation with Soldiers from C Co.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions
9 a.m. Catholic Mass
11 a.m. Collective Protestant
12:05 p.m. Catholic Mass (Tuesday-Friday)
4 p.m. Catholic Confessions (Saturday)
5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant
Sunday School
10:45 a.m. Latter-Day Saints
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
11 p.m. Eckankar Study (4th Sunday)

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAYS

Crossroads Discipleship Study (Meal/Bible Study)
Wings Chapel,
6:30 p.m.

Protestant Women of the Chapel

Wings Chape, 9 a.m. and 6 p.m.

Adult Bible Study

Spiritual Life Center,
7 p.m.

WEDNESDAYS

Catholic Women of the Chapel

Spiritual Life Center,
9 a.m.

Above the Best Bible Study

Yano Hall,
11 a.m.

1-14th Avn Regt Bible Study

Hanchey AAF, Bldg. 50102N,
Rm. 101 11:30 a.m.

164th TAOG Bible Study

Bldg. 30501, 11:30 a.m.

Precepts Bible Study

Soldier Service Center, 12 p.m.

Kingdom Kidz & Youth Group Bible Study

Spiritual Life Center,
5:30 p.m.

Adult Bible Study

Spiritual Life Center,
6 p.m.

THURSDAYS

WOCC Bible Study (1st/3rd Thursday)

Swartworth Hall,
Bldg. 5302, 11:30 a.m.

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'A UNIQUE EXPERIENCE'

Soldier provides aid during Vietnam mission

By Marcy Sanchez
For Army News Service

EL PASO, Texas – The war in Vietnam resulted in the deaths of almost 60,000 service members – more than 1,200 are still missing in action.

During a recent temporary assignment to Vietnam with the Defense POW/MIA Accounting Agency, William Beaumont Army Medical Center's Maj. (Dr.) Aaron Pumerantz contributed to the ongoing search to locate the remains of American service members and bring them home.

Pumerantz, chief of rheumatology, deployed as one of the 124th Joint Field Activity's medical officers during excavations for fallen service members at Ha Tinh, Quang Tri, Quang Nam, Quang Binh and Thua Thien-Hue Provinces. "We went to an austere environment in Vietnam as part of a team to recover fallen service members," said Pumerantz, a native of Simsbury, Connecticut. "I volunteered for it."

For a month and a half, Pumerantz and a team of service members comprised of Soldiers, Airmen, Sailors and Marines excavated different sites trying to recover remains.

The deployment was challenging physically, emotionally and psychologically, said Pumerantz. In addition to the challenging labor, the teams were required to hike for miles to reach excavation sites.

According to Pumerantz, a former college football player, it was some of the hardest work he's experienced.

For Pumerantz and his colleagues, the mission was more than just finding remains at excavation sites – it meant an opportunity to bring America's sons and daughters back

home. "We're going to work until we bring them all home or can't work anymore to find them. That's what we do and that's why it was a successful mission. We worked hard," said Pumerantz. "We're getting closer to providing solace to a wife, daughter, son or parent that wants to put a loved one to rest."

"Not only are we accomplishing the mission and getting farther in finding fallen service members, but the team camaraderie and joint service aspect provide a unique experience," said Pumerantz.

Each joint field activity team was supported

with professionals ranging from linguists and explosive ordnance disposal technicians to photojournalists and mortuary affairs technicians. When Pumerantz wasn't burrowing in the jungles of Vietnam, he provided medical care for his team members and the Vietnamese nationals working alongside them.

"Going to a third world country is so moving for many reasons. Crying, bleeding, everything was involved in this mission," said Pumerantz. "It's symbolic of the major opportunities the Army has to offer. It was challenging, but incredibly rewarding."



PHOTO BY MARINE CORPS SGT. SARAH PERKINS

Maj. (Dr.) Aaron Pumerantz (center), William Beaumont Army Medical Center, El Paso, Texas, lifts a log over his head during a Defense POW/MIA Accounting Agency recovery mission in Quang Binh Province, Vietnam, in August.

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SOARING HIGHER

Fort Rucker Black Hawks clench district championship

By Nathan Pfau
Army Flier Staff Writer

Two years ago, the Fort Rucker Youth Sports all-star 9-and-under soccer team made their way to the Alabama State Regional Tournament and finished in second place, but this year the team had even higher aspirations.

This year's Fort Rucker Black Hawks went further than ever, earning the title as champions during a district tournament Nov. 5 in Dothan where they were able to win all three of their games to take the No. 1 spot out of eight districts and advance to the state championship, according to Scott Wuerbler, team head coach.

"This is the first time that anyone (I know) can remember that a Fort Rucker team has won a district championship," said Wuerbler. "The kids did great and we had a really good group of (players) this year."

"They were disciplined, there were very coachable and they listened well," he said. "There weren't any bad attitudes on the team and that makes a big difference – they were very moti-



COURTESY PHOTO

The Fort Rucker Youth Sports all-star 9-and-under soccer team, Black Hawks, celebrate with their trophy after winning the district championship tournament in Dothan Nov. 5.

ivated."

The regular season started in August and went through October, but it wasn't until the regular season ended that Wuerbler was able to put his all-star team together. And even though he had all the players he wanted for the team, it was a team effort from everyone, including his assistant coach and the parents that contributed to the

team's success, he said.

"(My assistant coach) was able to contribute a lot," said the head coach. "He was able to be there for every practice – able to give me a lot of help with drills and help focus on individual skills."

"It takes a lot from the parents, too" said the head coach. "We had practice three times a week, plus the games, so the kids and

the coaches can't do it alone. The coach can't get results if the parents aren't motivated, as well."

Parent support is a big part of the team's success, he said, and for parents like Heather Dunton and Jessica Wilson, they were more than happy to provide that support.

"As a parent, I'm very grateful for the opportunity for my son," said Dunton, whose son, Elam, plays on the team. "It gave (him) a chance to play on a more competitive level, and he's learned so much by playing with other soccer players with similar talent."

"I was very proud to see the Fort Rucker Black Hawks soccer team exceed all expectations," added Wilson, mother of players Mathias and Camillia Edwards. "It truly made this season a memorable one for me, as a parent, and for (my children to be) a contributing factor to the team. The success of the team has tremendously amplified their confidence while also providing them with a solid foundation towards maintaining a healthy lifestyle."

Dunton said that playing soccer has given her son the opportunity

to exercise as an outlet for his energy, and one of the main benefits she sees that he's able to get out of the sport is working as a team.

"(Soccer helps him) to rely on others and that others are relying on him to play his position," she said. "When they win or lose, it is not any one person's fault – they win or lose because they worked together as a team. He's learned that he's another player on a team that is working together to win, and it has been a great experience for him."

That ability to work together, win or lose, is something that Wuerbler said he strives to instill in his players. Each game, whether they come out victorious or not, should be taken as a learning experience, he said.

"If you give an honest effort and do everything you're supposed to do, then you don't need to make excuses if you lose," he said. "You don't need to blame the referees or blame anything else. You don't win at everything that you do, so sometimes you just need to accept the loss and come back and give it a better try next time – learn from those experiences."

Official offers reminders for on-the-road health care

By Teresa Wade
Fort Lee Public Affairs

FORT LEE, Va. — Before heading out of town for the holidays, take heed of these reminders of the procedures for traveling with TRICARE Prime.

• **Plan ahead for routine care.** Remember, as TRICARE Prime enrollees, individuals are required to obtain all routine care from their primary care manager. Routine care includes management of chronic health

conditions, routine physicals and requests for prescription refills. If the care can be handled before leaving or can be delayed until the return home, it is considered routine care.

• **Prescriptions on the road.** The best practice is to have enough prescribed medications to cover the time away. If a refill is due while not in the local area, the PCM can authorize a short-term vacation fill to ensure beneficiaries will not run out. Make sure to call at least a week before leaving to al-

low adequate time for the prescription to be filled. If prescriptions are received through TRICARE's mail order service and will be due for a refill while traveling, it is important to contact Express Scripts to let them know an alternate address to which to ship the medications.

In an emergency, contact the PCM and ask for a prescription to be faxed to a local pharmacy. Be cautious if a "non-network"



ARMY PHOTO

Dr. Marie Huggins, Kenner Army Health Clinic at Fort Lee, Va., examines a patient during a routine visit.

SEE REMINDERS, PAGE D3



PHOTO BY TORI EVANS

Runners spring off the line during the Turkey Trot 5K in front of the Fort Rucker Physical Fitness Center Nov. 19

PIGSKIN PICKS



Dallas vs. Minnesota

Kansas City vs. Atlanta

Detroit vs. New Orleans

Miami vs. Baltimore

Washington vs. Arizona

Carolina vs. Seattle

Indianapolis vs. N.Y. Jets

<p>David Agan PAO (49-35)</p>							
<p>Col. Tom von Eschenbach CDID Director (46-38)</p>							
<p>Jim Hughes PAO (48-36)</p>							
<p>Capt. Jason Jordan 6th MP (41-43)</p>							
<p>Capt. Mike Simmons DPS (51-33)</p>							

DOWN TIME



Just Like Cats & Dogs

by Dave T. Phipps



Trivia test

by Fifi Rodriguez

T R I V I A

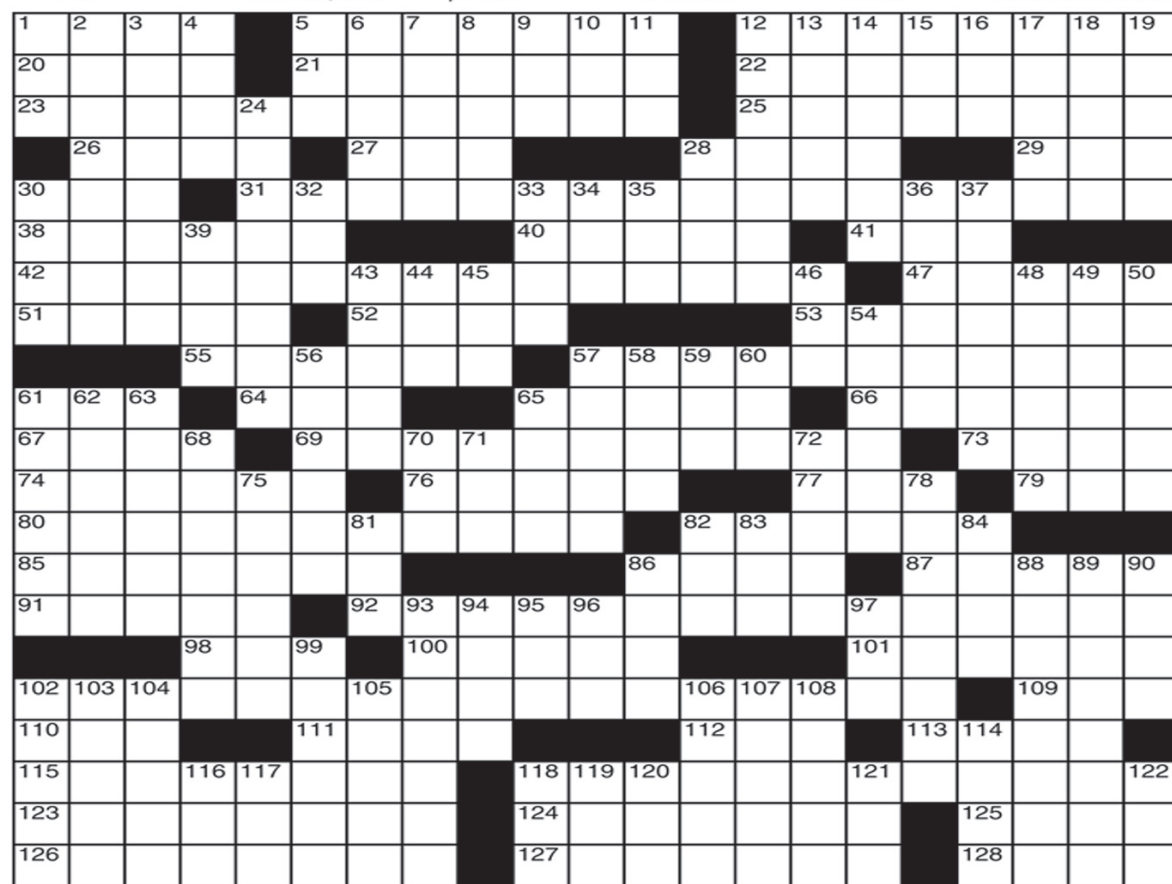
1. FOOD & DRINK: What is another name for the filbert nut?
2. TELEVISION: What was Chandler's last name on the comedy series "Friends"?
3. ARCHITECTURE: Who designed the Vietnam Veterans Memorial in Washington, D.C.?
4. LANGUAGE: Where did the term "the blind leading the blind" originate?
5. MYTHOLOGY: In one of Hercules' fabled labors, he had to slay a beast that kept sprouting new heads. What was its name?
6. U.S. CITIES: What city carries the nickname "Iron City"?
7. GENERAL KNOWLEDGE: The direction of starboard on a boat means what?
8. LITERATURE: What famous Latin American author wrote the novel "The General in his Labyrinth"?
9. MUSIC: Where did the Rolling Stones get their name?
10. MONEY: Prior to the euro, what was the name of Greece's currency?

See Page D3 for this week's answers.

Super Crossword

NOTED PHRASES

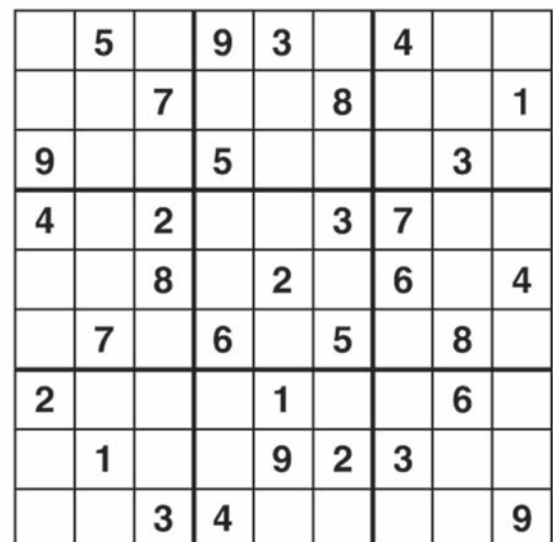
- ACROSS**
- 1 Neighbor of Chile
 - 5 Chemist's outerwear
 - 12 Some captives
 - 20 Copies
 - 21 Magic's city
 - 22 Fearmonger
 - 23 Centennial State pageant winner
 - 25 Start to chew
 - 26 Clinic fluids
 - 27 Enjoy a meal
 - 28 DVR biggie
 - 29 Baste, e.g.
 - 30 Text giggle
 - 31 Output of Tolkien
 - 38 Highly skilled people
 - 40 Prudential competitor
 - 41 "— found it!"
 - 42 Member of a noted racecar-driving family
 - 47 Surplus item
 - 51 Be a cast member of
 - 52 Oklahoma tribe member
 - 53 Placed in the middle, to a Brit
 - 55 The NBA's "King James"
 - 57 120-Down character
 - 61 Uru, neighbor
 - 64 Wildlife lair
 - 65 Proverb
 - 66 Add liberally
 - 67 Most August newborns
 - 69 Popular energy drink
 - 73 Anderson of "WKRP in Cincinnati"
 - 74 Rome's country, in French
 - 76 "Für —" (piano piece)
 - 77 Sun, e.g.
 - 79 — Moines, Iowa
 - 80 Prism, cone or sphere
 - 82 Beach shoe
 - 85 Stands for hot dishes
 - 86 Melody
 - 87 "Salud!," say
 - 91 Dutch genre painter Jan
 - 92 Port-au-Prince's land
 - 98 No. on a road sign
 - 100 Navigator Islands, now
 - 101 Cry upon release
 - 102 1991 Denzel Washington film
 - 109 Gave a meal
 - 110 Hubbub
 - 111 Chiang Mai native
 - 112 Johnny —
 - 113 Pool coverer
 - 115 Open ocean
 - 118 Parts of it appear at both the starts and ends of this puzzle's eight theme phrases
 - 123 Bel Air resident, e.g.
 - 124 Funicello of the screen
 - 125 Cry in church
 - 126 Nonclerical females
 - 127 "Possibly"
 - 128 Veg out, say
 - 7 Make swollen
 - 8 Magna —
 - 9 — par with
 - 10 Stick in
 - 11 Moreover
 - 12 Natural home
 - 13 With 84-Down, lunchmeat with pimiento
 - 14 Goal in Zen Buddhism
 - 15 Uno plus due
 - 16 French bud
 - 17 Knife of TV ads
 - 18 Oxalate, e.g.
 - 19 Vermont ski town
 - 24 Wearing a lounge robe
 - 28 Color a little
 - 30 Tibetan priest
 - 32 Ending for enzymes
 - 33 She sang "Smooth Operator"
 - 34 "— darn tootin'!"
 - 35 4G — (T-Mobile offering)
 - 36 Retaliate
 - 37 Like some criticism
 - 39 Singer Ochs
 - 43 Actor
 - 44 — Z
 - 45 Luc's denial
 - 46 Chilling stuff
 - 48 Camera stand
 - 49 Fixed up
 - 50 Studmuffin
 - 54 West Germany's Ludwig
 - 56 Deprived
 - 57 Not genuine
 - 58 Wheel turner
 - 59 Little jerk
 - 60 Patients' gp.
 - 61 First groups of invitees
 - 62 Snappy reply
 - 63 Net minder
 - 65 California's — Woods
 - 68 Splinters
 - 70 MBA, say
 - 71 — ray Disc
 - 72 Feature of the word "go"
 - 75 — Kit (police tool)
 - 78 Tub traction aids
 - 81 Medit. land
 - 82 "Or — hear"
 - 83 From way back: Abbr.
 - 84 See 13-Down
 - 86 Shut angrily
 - 88 Structure of a plane without the engine
 - 89 Belfry locales
 - 90 Knotted
 - 93 Quarterback Boomer
 - 94 Spanish for "daddy"
 - 95 Ball caller
 - 96 "Sk8er —"
 - 97 Chick — -A
 - 99 Hold dear
 - 102 Taj —
 - 103 Singer
 - 104 Drenched
 - 105 1953 Alan Ladd title role
 - 106 Disney mermaid
 - 107 Religious branches
 - 108 Die down
 - 114 Rent —
 - 116 Chop down
 - 117 — mo
 - 118 Animal gullet
 - 119 A, in France
 - 120 '75 TV debut
 - 121 Ang of film
 - 122 Certain M.D.



See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

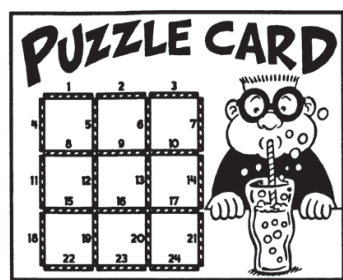
DIFFICULTY THIS WEEK: ◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

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See Page D3 for this week's answers.

KID'S CORNER



A BUBBLY BAFFLER! Billy knows how to remove eight of the straws in our drawing and have four squares left. Do you?
Answer: Remove straws 2, 9, 11, 12, 13, 14, 15 and 23.

DON'T GET BOXED IN! How many squares and rectangles can you form by connecting the dots in our drawing?
Answer: We found 20 rectangles and squares of various sizes. Did you miss the two squares that you can form diagonally in the center?

THE "S" PYRAMID! As you move down the word pyramid shown here, each word contains the same letters as the word above it, plus a new letter. We give you all the S's. Here are some hints from the top down:
1. Symbol for sulfur (given). 2. For instance.
3. To seek an answer. 4. What we do in the sun.
5. Birds have them. 6. Cars must have them.
7. Large drinking cups. 8. Sweet places to work.



A WORD BRIDGE!
The bridge above contains 10 supporting words. We give you the first letter of each word, plus plenty of hints.
1. Vitality and energy.
2. What we all work for.
3. World War II soldiers.
4. A Greek god.
5. Your goal in life.
6. A clothing protector.
7. A casual conversation.
8. Silly, foolish.
9. A person who snitches on someone (sl).
10. A type of feeling.

Answers: 1. VIRT 2. WAYS 3. YARDS 4. ZEUS 5. HUN 6. B.D. 7. CHIT 8. DUFFY 9. FIRM 10. GALT
Illustrated by David Coulson

Wishing Well®

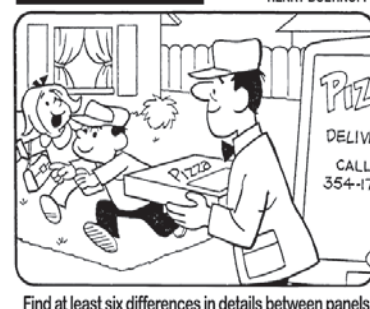
5 7 8 3 4 6 5 7 5 8 3 6 8
F S E S C B A E M X P E P
7 4 8 5 3 2 3 8 2 7 5 8 3
C H A I R B E N E U L S A
5 3 4 6 8 7 4 5 7 4 2 7 5
Y D A F I R L H E L G Y A
7 5 8 4 8 6 4 6 4 7 6 5 3
O R O E N L N E G U X M H
4 8 6 2 4 6 8 3 2 4 6 3 5
E O I E S B F O N A L P O
3 5 4 5 4 6 8 4 7 2 7 4 8
E N H Y E E D A R E F D U
2 8 7 2 7 2 8 7 8 7 8 2 7
R T U O T U I U E R S S E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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FBCH 1st in military to perform cutting-edge procedure

By Alexandra Snyder
Fort Belvoir Community Hospital
Public Affairs

FORT BELVOIR, Va. — Fort Belvoir Community Hospital made history Nov. 21 when it became the first military medical facility in the country to perform a vital sight-saving procedure.

The procedure, corneal cross-linking, was recently approved by the FDA to slow or halt the progression of keratoconus, a progressive eye disease in which the normally round cornea thins and begins to bulge into a cone-like shape.

The shape deflects light as it enters the eye on its way to the light-sensitive retina, causing distorted vision. In some cases, patients with the disease are unable to wear glasses, and in severe cases, patients require corneal transplants.

“We are thrilled to extend this treatment option to patients in need,” said Col. Bruce Rivers, staff ophthalmologist and program director of the Warfighter Refractive Eye Surgery Program and Research Center at Belvoir Hospital. Rivers’ team was the first to perform the procedure.

Corneal cross-linking is a minimally invasive procedure that lasts around 60-90 minutes. The procedure uses liquid riboflavin and controlled ultraviolet light to build new collagen bonds in the cornea, which help recover and preserve some of the cornea’s mechanical strength.

During the treatment, the top layer of the cornea is removed, which allows the riboflavin to deeply penetrate the cornea, Rivers explained. After a cross-linking treatment, a contact lens is placed in the eye to act as a bandage as the cornea heals. During the procedure, one eye is treated at a time.

The ultimate goal of a cross-linking treatment is to strengthen the cornea, which in turn slows or stops the disease’s progression, but some patients will also see an improvement in the quality of their vision and a mild decrease in the amount of correction needed after treatment, Rivers added.

Saverio Macrina, a West Point cadet slated to graduate in May, was the first patient to receive the treatment at the facility. He needed it to receive his commission. “I’m grateful to the Army for providing me the opportunity to get this surgery,” Macrina said. “My West Point doctor told me that, right now, the academy is forced to turn away applicants with the disease. My hope is that they [will] no longer have to do

this and that I am the first of many who are helped.”

Macrina’s hope that he is the first of many is Rivers’ hope, too. For Soldiers, he said, the progression of the disease can make it so they can only correct their vision by wearing contact lenses, which aren’t approved for combat.

“[That] means these otherwise great service members may be forced to end their military careers before they intend to,” Rivers explained. “Before this service was available through the military, service members could also have chosen to seek this treatment by an outside provider at a cost of up to \$4,000 per eye.”

Although Belvoir Hospital is the only military hospital in the eastern United States with the machine required to perform the procedure, interested military ophthalmologists in the region can

train on it and treat their affected patients – regardless of hospital affiliation.

“Ophthalmologists from Andrews [Air Force Base, Maryland] and Walter Reed [National Military Medical Center] will start using the system in December,” Rivers said. “We’re happy to offer our staff and facilities to accommodate other military eye doctors in the area until they get their systems. Our goal is to care for all patients who need it.”

Corneal Cross-Linking will be available to all TRICARE beneficiaries, including family members.

“We see a lot of younger patients with keratoconus,” Rivers said. “It’s important for us to offer this treatment to everyone so that we can screen, catch, and treat the disease early, before it can do any severe, permanent damage.”

Reminders

Continued from Page D1

pharmacy is used, medications may have to be paid for upfront. Federal regulations do not allow faxed prescriptions for controlled substances, including narcotics. In such an instance, people will need to obtain authorization and visit a local urgent care center or emergency room to obtain a prescription. Expect to be given a very limited supply in these circumstances.

• **Emergencies.** An emergency is a serious medical condition that could result in the loss of life, limb or eyesight.

If experiencing an emergency, call 911 or visit the nearest hospital emergency room. Emergency care does not require prior authorization before treatment. If follow-up or specialty treatment resulting from an emergency room visit is needed, contact the PCM for an authorization.

• **Out of area urgent care.** For urgent care while traveling, call the Nurse Advice Line at 1-800-874-2273 and choose Option 1 to speak to a registered nurse who can provide medical advice and, if necessary, authorize urgent care at a local clinic. Failure to obtain an authorization prior to receiving care will cause TRICARE to deny payment for

the visit and will result in being billed directly for services.

• **Non-emergency care for active duty service members.** Patients must receive all non-emergency care at a military treatment facility if one is available.

If an MTF is not available or unable to provide an appointment, beneficiaries must obtain prior authorization from their PCM or from the Nurse Advice Line before receiving non-emergency care.

For further information and assistance while traveling call the Lyster Army Health Clinic Patient Appointment Line at 800-261-7193 to confirm eligibility.

PIGSKIN PICKS



W. Michigan vs. Ohio

Colorado vs. Washington

Troy vs. Georgia South

Oklahoma State vs. Oklahoma

Alabama vs. Florida

Clemson vs. Virginia Tech

Wisconsin vs. Penn State

 Kent Anger DPTMS (59-25)							
 Todd Conyers USAACE (53-31)							
 Jeff Frey NCOA (46-38)							
 Wes Hamilton NEC (60-24)							
 John Tkac DPS (57-27)							

FORT RUCKER SPORTS BRIEFS

SWGC holiday sale

Silver Wings Golf Course will host its holiday sale now through Dec. 24. Shoppers will be able to select items for purchase, and when they check out, they will pick a stocking from the tree for their holiday discount that will be applied to their purchase. The sale will be open to the public.

For more information, call 255-0089.

Ham shoot out

Silver Wings Golf Course will host its ham shoot out Dec. 17 with tee times from 8-10 a.m. Cost is \$20 per player, plus cart and green fees if applicable. Format is individual stroke play. U.S. Golf Association handicap or weekend dogfight points will be used. Gift certificates and ham will be awarded as prizes to gross and net winners. Registration deadline is Dec. 17 at 9 a.m. The event is open to the public.

For more information, call 255-0089.

Biggest Buck Contest

Fort Rucker Outdoor Recreation continues its Big Buck Contest through Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck – bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card.

For more information and to register, call 255-4305.

Youth gymnastics classes

Fort Rucker Child, Youth and School Services hold gymnastics classes through Dec. 20 on Mondays, Wednesdays and Thursdays at the

school age center, Bldg. 2806. Classes are offered for preschool – coed – (age 3-5) up through Level 5 (age 16). Cost varies from \$25-\$50 per month. Students can join classes at any time.

For more information, call 255-1867.

Spring soccer registration

Parents can register their children for spring soccer through Jan. 15. All interested participants must have a current sports physical and a valid child, youth and school services registration. Children must meet the age requirements by July 31, 2016. Cost is \$25 for youth ages 4-5 years and \$45 for youth ages 6-14. Additional children will receive a percentage discount to be determined at parent central services during registration. Parents who use Webtrac to register their children should call 255-9638 to let the staff know what size shirt and shorts to order for the children. Practice will begin around Jan. 30

and the season will begin Feb. 13. There will be a parents meeting Jan. 25 at 6 p.m. in Bldg. 2800, the youth center, on Seventh Avenue.

To register, visit parent central services or use Webtrac. For more information, call 255-9638 or 255-2254.

Winter adult swimming lessons

Winter swimming lessons for people ages 18 and older will be conducted at the Fort Rucker Physical Fitness Center Indoor Pool, Bldg. 4605 on Andrews Avenue, in December. Cost will be \$50 per participant. Each session will consist of eight classes held on Tuesdays and Thursdays. Beginners classes will be from 5:15-6 p.m. and intermediate classes will be from 6:15-7 p.m. People need to register at least three days prior to the start of the session at the Fort Rucker PFC.

For more information, call 255-2296 or 255-9162.

Super Crossword

Answers

P	E	R	U	L	A	B	C	O	A	T	H	O	S	T	A	G	E	S	
A	P	E	S	O	R	L	A	N	D	O	A	L	A	R	M	I	S	T	
M	I	S	S	C	O	L	O	R	A	D	O	B	I	T	E	I	N	T	O
S	E	R	A	E	A	T	T	I	V	O	S	E	W						
L	O	L	F	A	N	T	A	S	Y	L	I	T	E	R	A	T	U	R	E
A	D	E	P	T	S	A	E	T	N	A	T	I	V	E					
M	I	C	H	A	E	L	A	N	D	R	E	T	T	I	E	X	T	R	A
A	C	T	I	N	O	T	O	E	C	E	N	T	R	E	D				
L	E	B	R	O	N	F	A	T	H	E	R	G	U	I	D	O			
A	R	G	D	E	N	M	A	X	I	M	H	E	A	P	O	N			
L	E	O	S	R	E	D	B	U	L	L	C	O	L	A	L	O	N	I	
I	T	A	L	I	E	E	L	I	S	E	O	R	B	D	E	S			
S	O	L	I	D	F	I	G	U	R	E	S	A	N	D	A	L			
T	R	I	V	E	T	S	S	O	N	G	T	O	A	S	T				
S	T	E	E	N	R	E	P	U	B	L	I	C	O	F	H	A	I	T	I
R	T	E	S	A	M	O	A	L	I	M	F	R	E	E					
M	I	S	S	I	S	S	I	P	P	I	M	A	S	A	L	A	F	E	D
A	D	O	T	H	A	I	R	E	B	T	A	R	P						
H	I	G	H	S	E	A	S	M	U	S	I	C	A	L	S	C	A	L	E
A	N	G	E	L	E	N	O	A	N	N	E	T	T	E	A	M	E	N	
L	A	Y	W	O	M	E	N	W	E	L	L	S	E	E	R	E	S	T	

PUZZLE ANSWERS

Weekly SUDOKU

Answer

8	5	6	9	3	1	4	7	2
3	4	7	2	6	8	9	5	1
9	2	1	5	7	4	8	3	6
4	6	2	1	8	3	7	9	5
5	3	8	7	2	9	6	1	4
1	7	9	6	4	5	2	8	3
2	9	4	3	1	7	5	6	8
6	1	5	8	9	2	3	4	7
7	8	3	4	5	6	1	2	9

TRIVIA

Answers

- Hazelnut
- Bing
- Architect Maya Lin
- Hindu texts, the Upanishads. The phrase also appears in the Bible.
- Hydra
- Pittsburgh
- The right side of a boat when looking forward
- Gabriel Garcia Marquez
- From a Muddy Waters blues song
- The drachma

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Stk.#3495900A

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Stk.#2071010

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2011 TOYOTA VENZA

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Stk.#2110700W

2016 JEEP RENEGADE

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Stk.#2108400W

2016 RAM 1500 BIG HORN

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Custom Wheels!

Original MSRP: **\$41,550**

Is: **\$33,992**

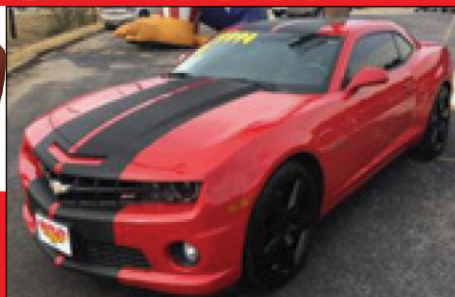


2011 CHEVY CAMARO SS

Auto, V8,
Leather, Loaded!

Original MSRP: **\$37,465**

Is: **\$19,991**



2012 FORD F-150 SUPERCREW

4WD, Leather,
Crew Cab!

Original MSRP: **\$40,765**

Is: **\$27,995**



2015 CHEVY TAHOE LTZ

Auto, V8,
Leather, Sunroof!

Original MSRP: **\$61,345**

Is: **\$46,991**



2004 HYUNDAI SANTA FE
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\$4,991

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2.5 S!
\$4,991

2004 GMC YUKON
Leather, V8!
\$7,993

2009 JEEP GRAND CHEROKEE
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\$9,999

2013 CHEVY EQUINOX
LS, Nice!
\$12,991

2006 HUMMER H3
Leather, 4WD!
\$12,991

2008 TOYOTA HIGHLANDER
Leather, Sunroof!
\$13,991

2015 KIA OPTIMA
Loaded!
\$16,991

2009 HUMMER H3
Sunroof, Leather, 4WD!
\$16,991

2012 HONDA CR-V EXL
Leather, Power Options!
\$18,491

2014 Ram 1500
Crew Cab!
\$22,995

2013 INFINITI G37
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\$23,995

2013 INFINITI FX37
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\$23,995

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