TROY FOOTBALL

Troy University will host its military appreciation day Nov. 12, featuring free admission for all military ID card holders to its home game vs. Appalachian State University. For more information, call 334-670-5991.

FLYING, FIRING, FRIENDS

Spouses earn wings at Spouses Aviation Day

Story on Page C1



FLU FIGHTERS

Lyster Clinic prepares to administer influenza vaccine

Story on Page D1





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 66 • NO. 41

FORT RUCKER * ALABAMA OCTOBER 13, 2016

Fort Rucker hosts Industry Day

Highlights Aviation maintenance needs

By Kelly P. Morris USAACE Public Affairs

Fort Rucker hosted more than 80 commercial aviation maintenance business representatives here for a first-hand look at Army Aviation helicopter maintenance needs Oct. 5-6.

With the current US Army Aviation Center of Excellence Rotary Wing Aviation Maintenance contract set to expire in Sep. 2017, the Industry Day event focused on providing information about the Aviation mission and maintenance requirements so industries can formulate future bid proposals on the upcoming contract.

USAACE Senior Executive Serviceman and Deputy to the Commanding General Russell B. Hall in his opening remarks at the Seneff Building Oct. 5 welcomed participants to "one of the most dynamic places you'll ever be" regarding the scope of Aviation operations here.

"Maintenance is absolutely critical to the safety of flight. [As you tour] the maintenance operations today, you'll see the span we're operating under is immense, it's precise, it's run with great efficiency that you'll expect any organization to have," Hall said.

"We're looking for innovative ways of making it better, and those innovations that will give us the best value," he said.

Hall said the federal government is looking to improve the efficiency and effectiveness of contracts, and his primary focus is on quality of training and training outcomes.



Russell B. Hall, deputy to the commanding general for the U.S. Army Aviation Center of Excellence, welcomes representatives from commercial aviation maintenance businesses to Fort Rucker Oct. 5 during the opening session of an Industry Day event here. The event provided information about the scope of the Aviation mission and maintenance needs, to better equip vendors to generate innovative and cost effective bid proposals.

"I'm more interested in the number of students that get in the aircraft and launch every morning," Hall said.

Hall encouraged participants to ask questions and get answers they need.

Hall said Soldiers on the ground in harm's way depend on Army Aviation, and put their trust in the highest quality training and maintained aircraft.

Col. Michael J. Best, commander of Aviation Center Logistics Command here, described the scope of the Aviation mission at Fort Rucker, which includes 5 base fields, 17 stage fields, and approximately 600 aircraft. With three launch cycles per day, and 300 to 500 aircraft launches per day, the mission encompasses about 25 percent of the Army's

flying hour program, he said.

"Maintenance operations are ongoing continuously to meet the student load demand requirement here," Best said.

The ACLC ensures quality, safe aircraft are provided from the contractor to 110th Aviation Brigade so that every student has opportunity to accomplish the goals of initial entry and graduate level training.

The two-day event included a tour of Fort Rucker airfields and main post work centers, and one-on-one sessions with members of ACLC and the Army's Mission and Installation Contracting Command, which has oversight for the maintenance contract.

The goal of the event was to better

equip the vendors to provide innovative and cost effective proposals.

The possible 10-year contract, which includes one base year and nine option years, is expected to be awarded in the fourth quarter of fiscal year 2017.

Industry can expect improved business processes with this contract, according to Brig. Gen. Jeffrey A. Gabbert, commanding general, US Army Mission and Installation Contracting Command, Joint Base San Antonio-Fort Sam Houston, Texas, who greeted the industry representatives Wed.

"We've heard your voice about how we tend not to be transparent, we tend to be close guarded, risk averse on publishing what our schedule is because it might change. We're trying to change that narrative. We're trying to show not only ourselves but our brothers and sisters in Army contracting community that this is what right looks like, and you can help shape that," Gabbert said.

Dean Carsello, lead contracting officer for MICC, said the Army is working hard to streamline and reduce proposal cost, which includes use of a new secure cloud collaborative tool called "Huddle" for use by government and industry to communicate technical data.

"I want you to know we have worked hard to engage. We have committed to be transparent, to engage, to listen," Carsello said.

Gabbert said the bottom line is maintenance saves lives.

"What you're going to do in this contract is very meaningful every day, because you save lives. If that aviator can't get in that helicopter and fly safely, we have failed," Gabbert said. "We owe it to our Soldiers and civilians."

Post hosts 42nd annual retiree health fair

By Jenny Stripling Lyster Army Health Clinic Public Affairs Office

Retirees and their family members are invited to the Fort Rucker's 42nd annual retiree health fair Oct. 28 from 8 a.m. to noon at Yano Hall.

Lyster Army Health Clinic, along with other outside agencies, will have tables set up to educate retirees on numerous health topics including disease management, digestive health, physical therapy and nutrition.

Retirees and their family members can also receive their 2016-2017 flu vaccination. Those unable to attend the health fair can receive their vaccination at the clinic starting Oct. 31 from 7:30 a.m. to 3:30 p.m. in the preventive medicine department.

"The retiree health fair is a great event for retirees and their family members because it gives them a chance to see what Lyster and onpost agencies have to offer," said Capt. Pamela Francis, chief of LAHC



PHOTO BY JENNY STRIPLING

The 42nd annual Fort Rucker Retiree Health Fair will be held Oct. 28 at Yano Hall from 8 a.m. to noon.

Preventive Medicine. "We will also welcome medical professionals from around the local area in celebrating our retirees."

Other agencies attending include the MCE, Ladies First, Rebath, Corvias, American Family Care, Women's Healthcare of Dothan, Dothan Periodontics & Implants, USAA, BOD, Tristate Medical Supply, Southeast Alabama Medical Center, Commissary, VA Clinic, Red Cross.

For more information, call 255-



Soldiers of the Warrant Officer Career College Pink Class 1623 participate in a car wash Saturday in honor of Breast Cancer Awareness Month. The 82 students of the class took part in the car wash to raise money to be donated to the National Breast Cancer Foundation in honor of Slanice A. Lewis, a military family member of the 1st Warrant Officer Company.

Domestic violence survivor shares story

By Nathan Pfau Army Flier Staff Writer

Sometimes hearing about someone else's tragedies and their fight to overcome them is enough to give people the courage needed to speak out and seek help for themselves.

That's just what Army Community Service hoped to achieve with its presentation of "Mildred Muhammad: Scared Silent," where Muhammad shared her story and experience with domestic violence.

"Her story is significant because it addresses the impact that emotional and psychological abuse can have on victims, and that domestic abuse doesn't always leave visible scars," said Luticia Tremble-Smith, ACS family advocacy program manager. "It's not uncommon for victims of domestic violence to report abuse after hearing a personal testimony of survival."

"I try to help other people understand that you do not have to have physical scars to be a victim of domestic violence," said Muhammad during the presentation. "You do not deserve to be mistreated by anyone."

Muhammad is a survivor of domestic violence whose husband, John Allen Muhammad, most well known as the D.C. sniper, had her living a life of terror long before his acts of terror left 10 people dead in 2002.

During her presentation, she spoke about her experience as a military spouse and her husband's bout with posttraumatic stress, and the effects it began to have on their marriage and the way he treated her. She shared stories about his verbal abuse and multiple affairs, until ultimately she asked for a divorce.

Even after the separation, though, Muhammad

SEE SURVIVOR, PAGE A5

PERSPECTIVE

CHIEF OF STAFF:

Changing nature of war won't change our purpose

By Gen. Mark A. Milley Chief of Staff of the Army

A year ago, I published my first article as Army Chief of Staff. In it, I outlined my three priorities: (1) Readiness, (2) Future Force and (3) People.

My priorities have not changed over the past year: readiness remains the No. 1 priority. The security challenges we face have also not changed: great power competition is returning to a world racked by irregular war and stressed by violent instability and rapid change.

Our Army's fundamental purpose – to fight and win our nation's wars – certainly has not changed.

Our understanding of what must be done has changed. Over the past year, we have laid a promising but incomplete foundation for improving current readiness. We have new insights into the character of future conflict, and we have had glimpses of what our Army and its Soldiers must be ready to do in the coming decades. Make no mistake: we have the best fighting force the world has ever seen and the million men and women who make up the Total Army stand ready to execute the nation's missions.

READY TODAY — NEAR TERM **READINESS THROUGH 2025**

As you read this, more than 187,000 Soldiers are serving abroad in over 140 countries around the world. Here at home, Soldiers are helping our friends and neighbors recover from natural disasters.

In Europe and Asia, we are reassuring allies while deterring powerful adversaries who practice aggression and militarized competition that increase the chance of miscalculation and war. We are working with allies and partners to train, advise, and assist Iraqi and Afghan forces as they fight ruthless enemies within their borders.



Gen. Mark A. Milley. U.S. Army Chief of Staff, speaks with rotational Soldiers of 1st Armored Brigade Combat Team, 1st Cavalry Division, serving with 2nd Infantry Division/ROK-US Combined Division, Aug. 18 at Rodriguez Live Fire Center, South Korea.

We are engaging our partners in Africa and throughout the Americas. At home, we partner with civil authorities to provide aid, protect our citizens, and defend our

In every circumstance and region of the world today, our Army stands ready to deter, to fight and to win.

We can and must remain capable of accomplishing any mission, anytime, anywhere. But the most demanding challenge we increasingly face is the ability to deter or defeat the threat posed by nation-states. This is our benchmark for measuring Army readiness - it requires our greatest focus and effort.

We are making real progress improving the Army's current readiness, but much remains to be done. In training, we have increased throughput at our world-class Combat Training Centers by over 25 percent – an increase from 15 to 19 brigade combat team rotations a year. These rotations now include brigade and battalionlevel combined arms live fires, a key skill and a demonstration of power that gives our greatest adversaries pause.

And we are training as we will fight: we are establishing an associated units program to build habitual relationships amongst our active, Reserve and National Guard units. We have also increased participation of joint and special operations forces in our CTC rotations to sustain our conventional and unconventional synergy that we developed over the last 15 years

Our readiness focus remains on our Soldiers and our standards. We are introducing new combat based fitness standards and this year we will build our first fully gender integrated combat units. War is very unforgiving environment and these units, like all our units, will be based solely on combat standards and effectiveness.

We have also refined administrative and medical personnel policies to allow commanders to more effectively manage their Soldiers and improve unit readiness. We are increasing the rigor in our leader education and development systems to include increased vetting for selection to command. Finally, we are refining our personnel assignment policies to increase unit level manning and stabilize the force.

American Soldiers must have the best equipment in the world. To ensure that goal is achieved, we are reducing unit equipment shortages and improving equipment readiness; refitting and resetting our equipment returning from theater; and modernizing the remainder with priority to our mobility, lethality, protection, aviation, EW and Cyber, ballistic missile defense, long range precision artillery and communication capabilities.

These changes are creating powerful momentum for our transition from an Army almost solely focused on counterinsurgency and counter-terrorism to one that is ready for the full range of today's threats. But even as we sharpen our readiness for today's challenges, we must also anticipate and prepare for those of tomorrow.

READY FOR THE FUTURE — THE CHANGING CHARACTER OF WAR

Over the past year, we have invested significant time and thought into examining the character of war. While the nature of war (the use or threat of violence, as an extension of politics, to compel the enemy to our will within the fog, friction and chance of combat) is immutable, the character of war (its expression and form) changes due to unique geopolitical, social,

SEE CHIEF OF STAFF, PAGE A5





CW2 Eric Hauser, **Warrant Officer** Career College

"If you're a smoker, make sure you don't flick your cigarette into anything that might catch



Doris Kanavos, military family member "Have semi-annual fire drills."



Mary Barnes, military spouse

"Check on your smoke detectors.



This week is Fire Prevention

Week. What are some tips you

can provide to help prevent an

emergency or help people stay

safe during an emergency?

Scott Barnes, retired military

"Make sure to keep a fire extinguisher handy in the kitchen.'



retired military

"Don't do dumb things (when it comes to fire).

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1-212th Avn. Regt. presents re-discovered plaque to family of fallen Soldier

By Nathan Pfau *Army Flier Staff Writer*

A decade has passed since the loss of one Fort Rucker Soldier, but the 1st Battalion, 212th Aviation Regiment recently took the time to ensure he and his family were not forgotten.

The family of W01 Michael Boykin, who died in a motorcycle accident in 2006, was honored Oct. 3 during a plaque dedication ceremony at the 1-212th Avn. Regt. headquarters where Boykin's daughter, Kyra, and wife, Patrisha Twyman, were presented a memorial plaque in honor of their loved one.

The plaque once hung in the air traffic control tower at Lowe Army Heliport, but during a renovation some years ago, the plaque was moved and lost until Capt. Robert Sprague, Headquarters Headquarters Company and airfield commander for LAH, found it in his office as he took command

Upon finding the plaque, Sprague took it upon himself to do some research and find out who the man on the plaque was. After seeing that Boykin was killed in a motorcycle accident in 2006, he reached out to Survivor Outreach Services to track down his family members, so that he could deliver the plaque to where he thought it should be – in the arms of Boykin's family.

"I just thought it deserved to go with the family rather than to be collecting dust somewhere," said the airfield commander. "If anything ever happened to me, heaven



PHOTO BY NATHAN

Capt. Robert Sprague, Headquarters Headquarters Company and LAH airfield commander, talks about a UH-60 Black Hawk helicopter with Kyra Boykin.

forbid, I'd want someone to do the same thing for my family."

For Twyman, the selfless act was something she said she will forever be grateful for

"Captain Sprague had a choice when he found the plaque, and could have just let it go somewhere, but he didn't," she said. "He reached out to find out who it belonged

to, and I feel so honored and blessed that he was able to do that.

"This is something that's good for my daughter, too, because she was 6 years old when he passed, and she's now 16," she continued. "It's nice for her to get something in remembrance for her father – it means a lot to me."

 $Lt.\ Col.\ Ross\ Nelson,\ 1\text{--}212th\ Avn.\ Regt.$

battalion commander, was on hand during the ceremony to remind the family members that they are always part of the Army family.

"I just wanted you to know that even after all of this time, (Boykin's) service is the tie that binds him to us forever, and because of that, also the two of you to the battalion," said the commander. "We want you to know that you're always heartfelt members of the battalion and we do care for you, and we want to see you both continue to grow. Because of that, we wanted to make sure this plaque ended up in your hands, so that he could continue to be remembered."

Following the ceremony, Twyman and her daughter, Kyra, were given a tour of the heliport, where they were able to see and learn how the airfield works in the air traffic control tower, as well as see first-hand the inner workings of UH-60 Black Hawk operations.

Twyman said that as family members, they never forget the loved ones who are lost, but to see that someone who didn't even know her then-husband reach out to honor him touched her heart.

"I can't thank him enough," she said. "I've been involved with the SOS a lot over the years, and it was a true blessing for me to be a part of that group. This here just adds to it, and even though you're not with the military anymore, they're still here for you. I'm very thankful and I'm very honored – this is a nice way to remember him on this day."

Army announces reviews of cuts to family programs

By Elizabeth M. Collins Soldiers Magazine

WASHINGTON — The Army's top leaders have announced that the Army will pause expected cuts to Family, Morale Welfare and Recreation programs and Army Community Services pending a holistic review.

Secretary of the Army Eric K. Fanning gave the news to a group of spouses at the third Family Forum of the Association of the United States Army's Annual Meeting and Exposition Oct. 5.

He and Chief of Staff of the Army Gen. Mark A. Milley, together with other leaders, will review the proposed cuts to ensure the needs of the Army, Soldiers and families are being met, Fanning said.

"We wanted to get your input on it and make sure we're in sync with the Department of Defense, the secretary of Defense and Congressional intent," Fanning said. "There are a couple of issues baked into that. The first is how much we spend and ... a review of that. The second is giving garrison commanders some flexibility in how they spend those funds. It's generally our intent to give commanders flexibility wherever we can and authority to make decisions on a more local level."

The needs of families overseas or at an isolated post like Fort Irwin, California – which is in the middle of the Mojave Desert and hosts the National Training Center – are quite different than, say, Colorado Springs, Colorado, which has many local amenities, Sgt. Maj. of the Army Daniel Dailey pointed out.

In fact, he said, "It would be irresponsible for me ... to say what's right for family members at the National Training Center or in Colorado Springs or in the great place of Fort Hood, Texas. I think that the families and the senior mission commanders and the garrison commanders are the ones that have to do that."

"We do absolutely take into consideration the locations, the geographic locations of a given installation and what services are available in the local communities," agreed Milley. "So, (Fort) Irwin, austere environment, great

post, but most of the services at Irwin have to be on Irwin. You can't access or do outreach to a local community."

Army leaders want to get those decisions right, he continued. Milley believes caring for families is crucial for readiness. A Soldier can't deploy and fulfill his mission well if he's also worried about his family at home. A major component of that is child care

care.

Fanning said he has asked about child care more than anything else. He has ordered a review and expects a report this month. While the Army already offers high-quality, reliable child care, he admits it can do better. Soldiers and their families often need extended child care hours to complete their missions, for example.

"(The plan is to give) commanders flexibility to extend (child care hours) further in response to whatever needs the garrison might have," Fanning said. "We've piloted those in a couple of places this year. I hear you that this is an important concern. We're committed to mak-



PHOTO BY MASTER SGT. MICHEL SAURET

Staff Sgt. Eric Golowach, a reservist with the 443rd Military Police Company of Owings Mills, Md., embraces his daughter, Mia, 4, after returning from a 10-month deployment to Guantanamo Bay, Cuba, Sept. 9.

ing sure that you have access to good, quality child care."

As one audience member in the forum pointed out, Guard and Reserve Soldiers often need child care during their drill weekends and training missions. The Army is working on that, said Dailey, but there won't be an easy solution.

"(It's) very difficult," Dailey explained, "if you can understand the complexity of hometown America and how dispersed these Guard and Reserve forces are. You can't send them around necessarily to Guard and Reserve centers either, because Soldiers are further dispersed."

"I think it's a unique situation and a unique solution for each community we work in," Dailey continued, "and we're going to rely heavily on the leadership within the Guard and Reserve to find that solution."

Instructors of the Quarter

Instructors of the quarter were honored during a ceremony at the U.S. Army Aviation Museum Friday. Those recognized were (right to left) CW3 Jason Andersen, A Company, 1st Battalion, 223rd Aviation Regiment, 110th Aviation Brigade, Officer Flight Instructor; Sgt. 1st Class Jonathan Martin, B Co., 2nd Bn., 13th Avn. Regt., 1st Avn. Bde., Noncommissioned Officer Academic Instructor; Charles Burnett, B Co., 1st Bn., 212th Avn. Regt., 110th Avn., Civilian Flight Instructor; and Alicia Rose, B Co., 2nd Bn., 13th Avn. Regt., 1st Avn. Bde, Civilian Academic Instructor. Not pictured were Staff Sgt. Michael Forsyth, A Co., 1st Bn., 223rd Avn. Regt., 110th Avn. Bde., NCO Flight Instructor; and CW4 William French, Warrant Officer Career College, Warrant Officer Academic Instructor.



PHOTO BY JENNY STRIPLING

News Briefs

Fall clean u

Fort Rucker will hold its fall clean up Tuesday-Oct. 21. If people need to dispose of hazardous materials, the disposal needs to be done through the HAZMAT point in Bldg. 1315. For more on disposal of hazardous materials, including acceptable items for turn in, call 508-1311

For more information on fall clean up, call 255-

Clinic closure

Lyster Army Health clinic will be closed beginning at noon Wednesday for training.

Education fair The Fort Rucker Education Center will host its

education fair tailgate party Oct. 20 from 11 a.m. to 2 p.m. at Bldg. 4502. The event will feature free food, college representatives on site, education counselors and more.

For more information, call 255-2378.

Chiropractic open house
Lyster Army Health Clinic Physical Therapy and
Chiropractic Clinic, in recognition of Physical Therapy Month, will host an interactive open-house Oct. 21
from noon to 3 p.m. Everyone is invited to attend.

Clinic contest

Lyster Army Health Clinic will host a pumpkin decorating contest in October in recognition of Breast Cancer Awareness Month. People can pick up a pumpkin to decorate all month long. Decorated pumpkins should be returned by Oct. 21 for judging. Lyster will host a breast cancer awareness event at the clinic Oct. 21 from 1-3 p.m. in Rm. J-100, Lyster Activity Area. The winning pumpkin will be selected, and Lyster will host guest speakers and games during the event.

Proceedings on Drug Take Rack Day

Prescription Drug Take Back Day

Oct. 22 from 10 a.m. to 2 p.m. Fort Rucker will provide people the opportunity to rid their homes of potentially dangerous expired, unused and unwanted prescription drugs. The Fort Rucker community can bring unused or unwanted prescription drugs for disposal to the Fort Rucker Post Exchange in front of the barber shop. Liquids and needles cannot be accepted.

The service is free and anonymous, with no questions

asked.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the totale of throwing them in the trash—both pose

potential safety and health hazards. For more information, call 255-7509 or 255-7830.

CHIEF OF STAFF:

Army on cusp of profound, fundamental change

By C. Todd Lopez *Army News Service*

WASHINGTON — The future of the Army may not involve divisions, corps, tanks or Bradley fighting vehicles, said the Army's chief of staff. And that future isn't 100 years away, or even 50. It's only about 25 to 30 years away.

Milley spoke Oct. 4 at the 2016 Association of the U.S. Army Annual Meeting and Exposition's Eisenhower Luncheon. The Army of the future he described in his remarks bore little resemblance to the Army that Soldiers know today, not just in its technology, but also in how it fights and where it fights.

"I suspect that the organizations and weapons and doctrines of land armies, between 2025 and 2050, in that quarter-century period of time, will be fundamentally different than what we see today," he said.

He cited the scenario of a Civil War combat Soldier attempting to visualize a World War II or Vietnam Soldier as the appropriate comparison for what Soldiers of today should expect in the way of change over the next two decades.

While the evolution of soldiering from the Civil War era to Vietnam took about 100 years, Milley said it won't take a century for that level of change to happen again. It will happen in the next 20 to 30 years, the amount of time it takes a second lieutenant who commissions next spring to become a general.

"Rapid change has become increasingly compressed," he said. "Those of us today will find it difficult to recognize the battlefield of 2035, let alone 2050."

Future conflicts will come about in the same way conflicts come about today; nation states will fight to protect their interests, he said, and engage in conflict over territory or resources. But the ways in which nations wage war will change dramatically.

The weapons, the technology, and the domains will change. The battlefield will no longer be the battlefield that the Army Soldiers and the Army leadership train for today. Preparing for that new era will be one of the toughest challenges the Army will face in the next 25 years.

"Crisis will unfold rapidly, compressing decision cycles and response times," Milley said. "Ambiguous actors, intense information wars, and cutting-edge technology will confuse situational understanding."

That overload of information, he said, will be possible only when the communications technology works. But Soldiers of the future, he said, should expect that all their communications, including communication with their higher headquarters, will be contested -- and will probably fail. They should expect to work without it, he said.

"([Soldiers will)e must invest in hardening our systems and, equally important, train on the techniques of operating with limited electronics. That'll be a shocker for all of us. We may have to read a paper map again and learn to use a magnetic compass."

More significantly, when electronics fail, Soldiers will have to operate without communication with their higher headquarters. Milley suggested at an Oct. 3 press conference that lack of contact might continue for days, weeks, or even months at a time, and that Soldiers might need to operate knowing only the overarching strategic goal of their higher level of command.

Under those conditions, small units would be called upon to execute the intent of their commander, Milley said "without ever having actual contact with our higher headquarters for extended periods of time. This method will have to become a reality in everything we do."

Operating without supervision, he said, will require a new kind of leader.

"The willingness to disobey specific orders to achieve the intended purpose, the willingness to take risks to meet the intent, the acceptance of failure and practice in order to learn from experimentation: these are all going to have to be elevated in the pantheon of leader traits," Milley said

The environment those Solders will operate in, he said, will be "highly lethal," and "unlike anything our Army has experienced, at least since World War II."

Milley then drew attention to the proliferation of technology and its decreasing cost, which makes it possible to connect everything – and to put sensors everywhere.

"It has become cheap, to the point where there are way more (Internet-connected) communication devices than there are people ... no matter where you go in the world today, it's observable from some device," he said.

With sensors everywhere, he said, Soldiers in the future will have to operate with the understanding that, "the probability of being seen is very high. And as always, if you can be seen, you will be hit, and you will be hit fast"

Milley said formations will need to be small, on the move constantly, and will have to "employ every known technique of cover and concealment."

That also means an end to the warfighting environment that Soldiers know from serving in Iraq or Afghanistan. In future conflicts, there won't be a place for something like Victory Base Complex in Baghdad, or an installation like Bagram, Milley said. "That fact requires a significant change in our current methods of thinking, training and fighting."

The warfighting environment for the Soldiers of the future, he said, "will be extremely austere. Water, chow, ammo, fuel, maintenance and medical support will be all that we should plan for." Soldiers will no longer be able to

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PHOTO BY SGT. EUGENE H. CUSHING

The future force will need to use every means of cover and concealment possible, due to the proliferation of Internet-based sensors and other technology, Army Chief of Staff Gen. Mark Milley said.

count on comforts like fast food and showers.

"Being surrounded will become the norm, the routine, the life of a unit in combat," he said. "In short, learning to be comfortable with being seriously miserable every single minute of every single day will have to become a way of life for an Army on the battlefield that I see coming."

Even the meager resupply will be different. Soldiers might, in some cases, be expected to produce water for themselves, Milley said, or even devise replacement parts for their gear with 3D printing. When lines of communication are open, a robotic supply convoy might be "the only acceptable method of supply that we can get to forward troops."

Milley described the battlefield of the future as non-linear and predicted that friendly forces may face significant geographic dispersion.

"This type of battlefield will place a very high premium on independent, relatively small formations that are highly lethal and linked to very long-range precision fires," he said. "Our formations will come under enemy fixedwing, rotary-wing, (unmanned aircraft system) and missile attack on a routine basis."

Ground forces will no longer be able to depend on the dominance of the air provided by another service, but instead, "units are going to have to be combined arms, multi-domain capable."

"We will still have to fight and destroy land-based en-

emy units and seize terrain," Milley continued, "but the Army ... we're going to sink ships. And we're definitely going to have to dominate the airspace above our units from hostile air or missile attack. This is going to require sophisticated air defense capabilities that are not currently in our unit inventories."

And there will be somewhat of a role reversal as well, he said. Land-based forces will need to penetrate denied areas to assist air and naval forces, which is "the exact opposite of what we have done for the past 70 years, where air and naval forces have enabled ground forces."

Will the Army be able to achieve the changes Milley predicts? He thinks so.

"We're the United States Army," he said. "And our enemies need to know these colors don't run from tough fights. We will adapt and we will evolve our current force. But in the end, we will win. That much I can tell our enemies ... They can take it to the bank."







Continued from Page A1

said the trouble didn't stop. He would continue to come to her house after hours and pace in her bedroom while he thought she was sleeping, and although she would change the locks to the house, he would try to control the situation by telling her he would get the locks changed for her.

Muhammad said that she wasn't even able to change her phone number without him knowing, and it got to the point where she had to file for a restraining order. And that's when things began to get worse.

"He told me, 'you have become my enemy, and, as my enemy, I will kill you," she said. "He charged at me and threatened to kill me."

The situation eventually escalated to the point of the shootings, and it later came to light that Muhammad was the target. Throughout her ordeal with her ex-husband, she said she sought help from different friends and family members, but not all of them took her situation seriously.

She said she sought help from her brother and told him that her husband had threatened to kill her, but he didn't believe the threats were serious.

"He didn't believe me, so I never went to my brother for help again," she said.

When someone asks for help in situations like this, Muhammad said it's important to believe the person who is seeking help. Oftentimes it can make them feel alienated, which is something she said a victim of domestic violence should never feel.

"If you know someone, and you see them and they have their head down and you don't know what to do ... just be social with them," she said. "Take them to lunch and know what you can do and what you will do to help.

"Ask the question, 'How can I help you?" she continued. "Sometimes that's all they want to hear. Put yourself in their position, sit and listen, and then decide how much you can help."

Muhammad said people don't need to get completely involved in someone's situation if they don't feel comfortable, and if they feel that it's too much for them to handle, they should refer them to family advocacy because no one should be left out.

W01 Mike Chambers, 1st Battalion, 145th Aviation Regiment, said that hearing Muhammad's story was inspiring and believes that if she can get through her ordeal, then there should be hope for anyone.

"I didn't realize who she was at first, but when she started telling her story, I realized who she was," he said. "When you see a big story like that – I never really thought about it from the spouse's point of view and what she had to go through.

"Listening to what was going through her mind throughout all the time leading up to the shootings really gives you some insight into what people who are victims of domestic violence have to go through and how deep it can run," he said. "It really makes you think."

Muhammad also provided a bit of advice for those who might be unsure whether they are in an abusive relation-

She said they needed to sit down, by themselves, and evaluate the relationship.

"Get a sheet of paper and draw a line down the middle of the pros and cons," she said. "Evaluate the relationship, not the person. Changes happen over time, but when the changes become so significant that you don't want to go home or you don't want to see the other person, it's time to evaluate."

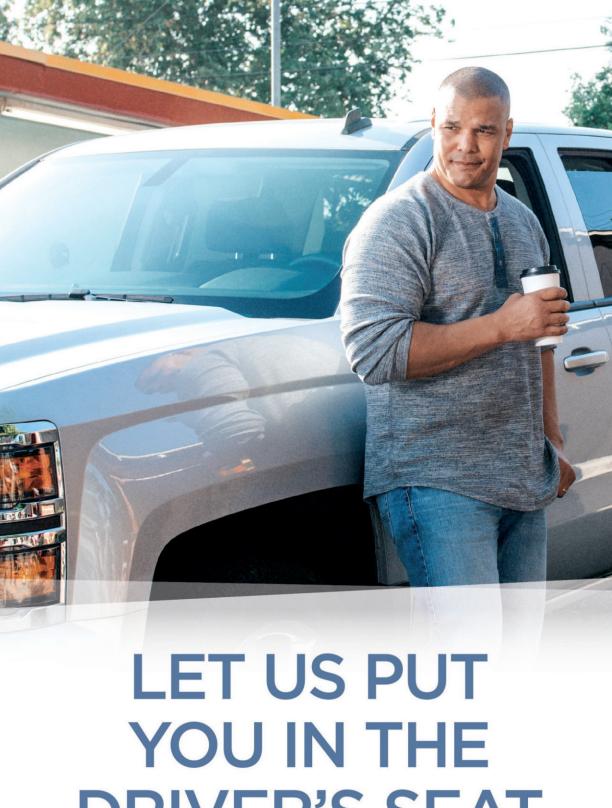
Muhammad said in order for this to work, people have to be brutally honest with themselves when evaluating the relationship, and they shouldn't try to justify any actions.

"If you need somebody to talk to, find someone," she

For more information on family advocacy and its programs, call 255-3246 or 255-3898. Also, confidential information and support are available through the Fort Rucker Family Advocacy Program victim advocate 24/7 hotline at 379-7947.



Mildred Muhammad speaks on the topic of domestic violence during her presentation of "Mildred Muhammad: Scared Silent," at the post theater Oct. 5.



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scort your buddy

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New personnel system key to ferreting out untapped Soldier talent

By C. Todd Lopez Army News Service

WASHINGTON — There's a lot of untapped talent in the Army, especially among Soldiers who serve in the reserve components, but that's going to change, according to the Army's senior personnel officer.

Most citizen-Soldiers put on their uniforms at least two days a month, but they still spend most of their time in civilian clothes doing jobs that require skills and talents the Army hasn't really ever paid much attention to, said Lt. Gen. James C. McConville, the Army's deputy chief of staff,

That will change with full deployment of new personnel software, called the Integrated Personnel and Pay System-Army. IPPS-A will provide a huge range of human resources and pay capabilities for the regular Army, the Army National Guard and the Army Reserve, McConville said.

One of the capabilities IPPS-A will provide Army leadership is the ability to track talent inside the force, across all three components of the Army. It will track the skills and talents and capabilities that individual Soldiers might have, outside their regular Army job.

"It'll be the first time in the history of the Army that we have all three components, the active, the Guard and the Reserve on one system," McConville said. "That's a huge deal. Right now as the G-1 of the Army, I can't screen for the talent I have in the Guard and Reserve."

At the 2016 Association of the United States Army Annual Meeting and Exposition, leaders said IPPS-A will replace 45 existing systems that currently do things independently of each other.

McConville relayed a scenario from about eight years ago, back when he was serving as deputy commanding general (support), 101st Airborne Division (Air Assault), and Combined Joint Task Force-101, Operation Enduring Freedom, in Afghanistan.

Then, he said, there was a surge, and "we needed a lot of



PHOTO BY SPC. JESS RAASCH

Soldiers from the 814th Medical Company of the North Dakota Army National Guard stand in formation in 2011. Army leaders say that reserve component Soldiers, who typically hold a wide-variety of jobs outside their Army career fields, have an array of talents the Army has yet to tap.

skill sets that would help us build up Afghanistan."

There were Reserve and Guard forces there, he said, and those Soldiers were asked to provide information about talents and skills they used during their civilian jobs.

"Basically what we found out, the Army is managing this person as a supply sergeant, but they might have been running a construction company," back home, McConville said. "Or they were an S-3, or a captain or a major in infantry, but we found out this person was the head of the Texas Highway Department."

In the reserve components, the Army has an array of talents, right at its fingertips, he said. But until now there's been no way to document that talent, or to identify who has it, so the Army could make use of it. The Army's Talent Management Task Force will use IPSSA-A as a way to document those talents and exploit them where needed, he said.

"We mange people in the Army

basically by two variables: what is your rank and what is your occupational specialty," Mc-Conville said. "We don't know enough about them. We truly don't know what their knowledge, skills and abilities are. Now we have a million folks that we can tap into and get them on the field in the right position, in the right place at the right time."

Now, McConville said, the Army will be able to use IPPS-A to define Soldiers by as many as 25 variables, for instance, instead of just rank and specialty, and that will provide much more detail on what a Soldier can do beyond what the Army currently thinks might be the capability. That will help the Army put the best people into the jobs it needs to fill, he said.

"We're going to be able to screen their name for their cognitive and non-cognitive skill sets. So if we're hiring somebody, and need somebody who is a very good writer or good speaker, we'll know that. And if we want want, and to be able to see the

somebody that can work with the interagency, we'll know that – or they speak this language, or have this type of skill set."

Maj. Gen. Wilson A. Shoffner, director of the Army Talent Management Task Force, said IPPS-A will provide "talent matching" for Army jobs.

"There are some social apps out there that do that," already he said. "But this is on a very large scale, almost 1.1 million people. It's an information technology system that will allow us to see the talents that are out there, to forecast the requirements of the jobs we need done, and those jobs may have to do with a deployment or upcoming operation, and then make that automated match, so the individual can see it, the assignment officer can see it, and leaders and officers can see it.

"The best way to think of it is an open market place for allowing units, allowing individuals to compete for talent, and to allow individuals to tell us what they jobs that are out there in the future," he said.

Because IPPS-A works across all three components, it'll allow the Army to dip into the total force for talent, Shoffner said. That's something it couldn't do before, and something it will benefit greatly from when IPPS-A comes fully online.

"It's going to be a gamechanger once we get the system in place," he said.

This winter, Shoffner said, a "bridge" to IPPS-A called the "assignment interactive module" will be piloted with students from the Command and General Staff College.

"We're going to use our normal distribution cycles, our normal assignment cycles, to take a look at that population - it's about 900 officers - and that'll be our first stab or attempt at trying to get this right," he said.

The Army should have an automated talent management capability established by late next

Chief of Staff

Continued from Page A1

demographic, economic, and technological developments interacting, often unevenly, over time

Shifts in the character of war offer an opportunity: if we can anticipate or at least recognize them, we can adapt proactively, maintaining or regaining overmatch and forcing competitors to react to us.

Missing these shifts, however, can have devastating consequences, as the experiences of our own Civil War, World War I and opening years of WWII demonstrate.

I believe we are on the cusp of a fundamental change in the character of war. Technology, geopolitics, and demographics are rapidly changing societies, economies and the tools of warfare. They are also producing changes in why, how and where wars are fought – and who will fight them. The significantly increased speed and global reach of information (and misinformation) likewise will have unprecedented effect on forces and how they fight.

For example, the proliferation of effective long-range radars, air defense systems, long-range precision weapons, electronic warfare and cyber capabilities enables adversary states to threaten our partners and

Even if we do not fight the producers of these sophisticated weapons, warfare will become more lethal as they export this advanced equipment to their surrogates or customers. Crises involving such adversaries will unfold rapidly, compressing decision cycles, and heightening the risks of miscalculation or escalation. Conflict will place a premium on speed of recognition, decision, assembly, and action. Ambiguous actors, intense information wars, and cutting-edge technologies will further confuse situational understanding and blur the distinctions between war and peace, combatant and noncombatant, friend and foe--

perhaps even humans and machines. Warfare in the future will involve trans-

porting, fighting, and sustaining geographically dispersed Army, joint and multinational forces over long and contested distances, likely into an opposed environment and possibly against a technologically sophisticated and numerically superior

All domains will be viciously contested, and both air and maritime superiority which have been unquestioned American advantages for more than at least 75 years will no longer be a given.

Forces in theater should expect to operate under increased public scrutiny, persistent enemy surveillance, and massed precision long-range fires with area effects. Close combat on sensor-rich battlefields of the future will be faster, more violent and intensely lethal unlike anything any of us have witnessed. And the majority of our operations will likely occur in complex, densely-populated urban terrain.

Clearly, the next 25 years will not be like the last. The threats and missions we face today will endure well into the future, but they will be overshadowed by emerging great power competition.

It seems likely that all forms of warfare will grow faster, deadlier and more ambiguous, while expanding into new physical and virtual domains. Our future Army and Soldiers must be ready not only for a more lethal version of the violent instability of the past 15 years, but also for ground combat against a numerically-superior peer adversary that is every bit our technological

These challenges demand an Army that can respond with greater intelligence, power, lethality, speed, and Soldier, leader and organizational adaptability to seize and retain the initiative from our enemy. The time to prepare is now.

CONNECTING TO THE FUTURE

There are many implications of this changing character of war. I offer four.

First, our Army, as part of the joint force,

must develop credible military capabilities to deter and, if necessary, defeat a peer military power. There are several complex operational problems we must solve to be truly ready for this.

1. How will we project power into a contested theater and rapidly transition to offensive operations?

2. How will we project power into all domains to create periods of domain superiority that enable the joint fight?

3. How will we fight into and inside sophisticated enemy defensive schemes - possibly at the leading edge of the joint

force – and win? 4. How will we fight into and inside complex, dense terrain (especially urban areas) – and win?

Solving these problems will be a significant undertaking. They were not our principal focus for the past several decades – we cannot overlook them anymore.

Second, we must retain the competencies, capabilities, and capacity we built for the counterterrorism and counterinsurgency fights of the past 15 years. These missions are not going away, and may increase in both frequency and severity, but we must acknowledge that the context is changing. We must balance our recent wartime experiences with time-tested lessons from the past, and fresh rigorous thinking about the future.

Third, we must establish a common recognition among allies and partners of the collective problems we face and the best way ahead. We always fight as a joint force, and we are most successful when we fight as part of a combined multi-national team. While our armed forces will always be capable of fighting alone, our priority is to fight together.

Finally, as we work through these implications we must honestly and critically reexamine our own operational and institutional models. Mastery of classic combined arms principles is a must, but the advent of new technologies and the rising importance of virtual domains like space and cyber are evolving the relationship among Soldiers, machines, and software.

As the character of war is about to undergo a fundamental change, both the operating force and the institutional Army likewise look fundamentally different as we develop and sustain new forms of maneuver, mass, and mutual support.

We will not shrink from hard decisions, and we will ground them in rigorous testing and evaluation but the speed of implementing our changes will be the key determining factor in the opening salvos of the next war.

CONCLUSION

I am proud of this Army and all who are in it. Your hard work and dedication inspires me, and makes me confident that we are equal to the challenges we face.

My assessment after one year is that our Army is on track for improving current readiness, but we are only just beginning. We will continue to study the changing character of war, test our assumptions about the future, and make important decisions today that shape the Soldiers, structure, equipment, and ultimate readiness of our future Army.

To paraphrase the great military historian Michael Howard, we may not get it exactly right, we just have to get it less wrong than our enemy. Our role today is to get the future Army about right and to create viable options for the Army leaders of tomorrow to select and refine in their

Although the future is impossible to define with precision, we must act now. The U.S. Army will not fail the next generation of leaders and Soldiers and most importantly we must not fail the nation.

The world is rapidly changing, but I know one thing is constant: our Army must always be ready to fight and win our nation's wars as part of the joint force. We will be ready, now and in the future.

ARMY STRONG

3-war Soldier named bonorary sergeant major of the Army

By David Vergun *Army News Service*

WASHINGTON — Retired Lt. Gen. David Grange Jr. recalled a jump into Holland in 1944 during World War II.

Soldiers were moving toward the enemy line, ducking behind stacks of hay in a field along the way, he related. Grange was then a young enlisted Soldier. His senior NCO was behind one of the hay stacks, but wasn't moving forward. So the advance stalled.

The platoon leader asked why the NCO wasn't moving forward. A junior NCO said, "because he's dead." So the junior NCO took over and said "but I'm coming." He moved the column forward. "He came."

Grange then looked out at some 200 NCOs who had come to the Association of the United States Army Annual Meeting and Exposition, Oct. 3, to honor the winners of the Best Warrior competition. And he told them, "You were called up too and you came and you did your duty. What you do is not very pleasant, but it's got to be done for the good of the nation."

A combat veteran of World War II, Korea and Vietnam, Grange was recognized as the Honorary Sergeant Major of the Army by Sgt. Maj. of the Army Daniel A. Dailey.

The title is given to a Soldier who has shown extraordinary dedication to the Army, Soldiers and their families.

WORLD WAR II

In 1943, Grange served with the 517th Parachute Infantry Regiment of the 82nd Airborne Division. His unit participated in battles in Italy, France, Belgium, Holland and Germany.

Throughout those campaigns, Grange said he looked up to his NCOs for their leadership

"When the war was over, I wanted to stay in the Army. I wanted to stay with those kinds of people because they were such wonderful folks to be around," he said.

His first sergeant encouraged Grange to take college classes after duty and go to Officer Candidate School, so he did, receiving his commission in May 1950.

KOREAN WAR

In June 1950, less than a month after receiving his commission, Grange deployed with the 82nd Airborne Division's 187th Airborne Infantry Regiment to Korea, just as war started.

"What a way to start life as a second lieutenant," he said, referring to earning his lieutenant bars and almost immediately deploying to combat.

At first, things seemed to go smoothly, he said. The Soldiers pushed through Seoul, the capital of South Korea, then through Pyongyang, which now is the capital of North Korea. They moved all the way to the Yalu River, which marks the border with China.

Everyone was talking about being home before Thanksgiving, and definitely Christmas, he said.

Then there were sporadic reports about seeing Chinese crossing the Yalu into Korea. No one believed the reports at first, he said, but soon it became evident that they



PHOTO BY DAVID VERGUN

Retired Lt. Gen. David Grange Jr. is recognized as the honorary Sergeant major of the Army at the Association of the United States Army Annual Meeting and Exposition, Oct. 3, 2016. From left are: Sgt. Maj. of the Army Daniel A. Dailey, Vice Chief of Staff of the Army Gen. Daniel B. Allyn, Grange, and former Sgt. Maj. of the Army Jack L. Tilley.

were facing a new enemy.

So many Chinese crossed into Korea that the Soldiers soon found themselves outnumbered and outgunned, he said.

"They pushed us past Seoul, south to Suwon. We thought we might become part of a re-enactment of the Bataan Death March," Grange added, referring to the WWII surrender of the Bataan Peninsula in the Philippines to the Japanese. The Japanese forced tens of thousands of U.S. Soldiers to march 65 miles to prisoner of war camps. Hundreds died or were killed along the way.

As the Soldiers in Korea continued their retreat southward, "morale was bad, the food was bad, the weather was cold, we had no cold-weather equipment," he said. Winter was upon them.

Grange's thoughts of the death march didn't come to pass. The Army regrouped and stood its ground. The dramatic turnaround was credited to the leadership of Gen. Matthew Ridgeway, who had recently taken command of the Eighth Army.

Ridgeway made the announcement to Eighth Army: "Get ready to fix your bayonets. We're going north. We don't care where the demilitarized zone is, we're just going to go up there and whip the enemy," Grange related.

"He turned that Army around," Grange said, "but what really turned it around were the wonderful sergeants we had. What a place to start your officer career with great sergeants around you. They were giants. They held the Army together. They never got the credit they should have gotten."

VIETNAM

Grange served two tours in Vietnam,

first as an adviser and then as commander of 2nd Battalion, 506th Infantry, 82nd Airborne Division from 1963

nam, he was stationed at Fort Campbell, Kentucky. He said he had sergeants returning from Vietnam who were put in training billets who didn't want to be there.

When Grange returned from Viet-

Those sergeants didn't want to stay at Fort Campbell, he said. "Most of them told me, 'sir, I want to stick with that platoon I've been training and go back to Vietnam with them," he said.

"That's what saved the Army" during those three wars, he said. "These wonderful people wearing stripes who are so dedicated."

And "you are just like them," he told the NCOs. "You returned again and

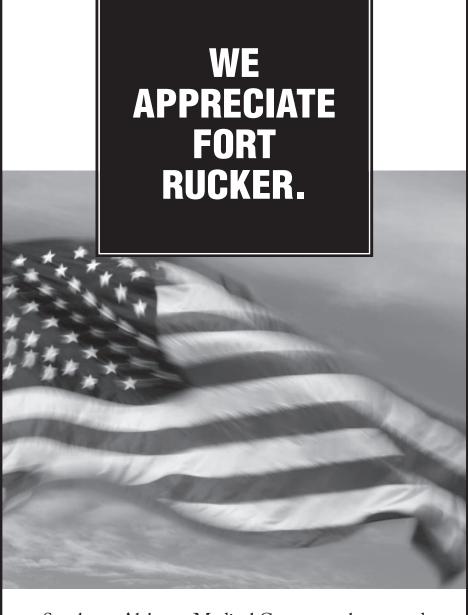
again to Iraq and Afghanistan. You answered the call and came."

ABOUT THE AWARD

Grange became the second honorary sergeant major of the Army. The honorary SMA title was first awarded last year, to retired Gen. Gordon Sullivan, a former Army chief of staff and recently retired president of AUSA.

Sgt. Maj. of the Army Daniel Dailey said the award goes to a person who has demonstrated lifelong support and commitment to the NCO corps, the Army, Soldiers and their families.

To receive the annual award, three former sergeants major of the Army must nominate the person. Those who nominated Grange were: retired Sgts. Maj. of the Army Raymond F. Chandler, Kenneth O. Preston and Jack L. Tilley.



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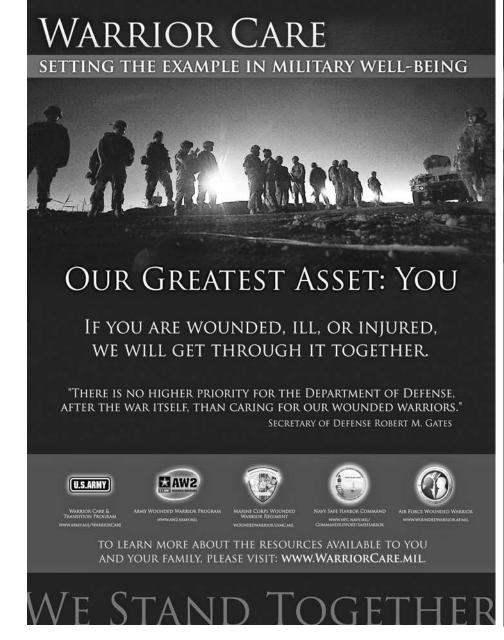
We extend our appreciation to the soldiers and military families for their personal sacrifices.





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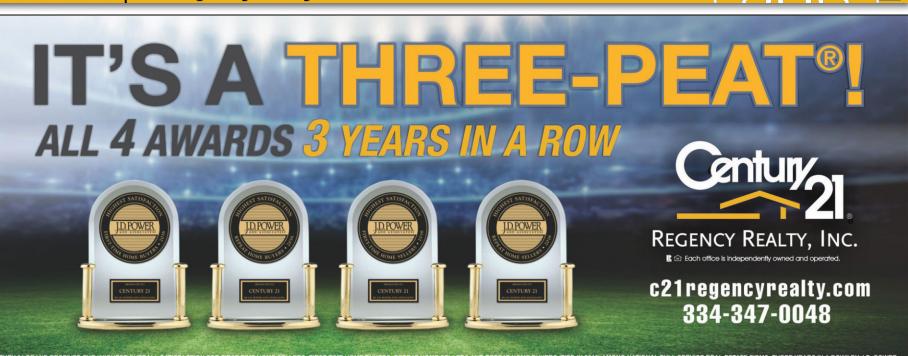
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OCTOBER 13, 2016

TRADOC CG:

Battles of the future will be fought in multiple domains

By Sean Kimmons Army News Service

WASHINGTON — The U.S. Army's dominance is in danger when it comes to future warfare, according to senior leaders.

While the biggest threat faced by Soldiers on the battlefield in recent wars may have been the improvised explosive device, new emerging threats from cyberspace, electronic warfare and unmanned aircraft systems have Army leaders eyeing new tactics across multiple domains.

Since the rout of Iraqi forces in Desert Storm 25 years ago, potential foes have found ways to counter how the U.S. military wages war within an air/land concept, said

Gen. David Perkins, U.S. Army Training and Doctrine Command commanding general.

"They've gone to school on us ever since then, while we've been doing all kinds of important work for the nation and the world," Perkins said during a panel discussion at the Association of the U.S. Army's Annual Meeting and Exposition Oct. 4.

In Ukraine, Russia and its proxy forces used cyberattacks and electronic warfare equipment to jam communication networks while using UAS to set up artillery fires and advanced air defense missiles to gain air superiority without airplanes.

On the other side of the globe, the Chinese

SEE DOMAINS, PAGE B4



Navy special warfare combatant-craft crewmen from Special Boat Team 12, with the help of Aviators from 4th Battalion, 160th Special Operations Aviation Regiment, conduct a Maritime External Air Transportation System training evolution in Moses Lake, Wash., May 21, 2014.



Soldiers hold ropes attached to a UH-60M Black Hawk as part of training to rappel from a helicopter at Fort Bragg, N.C., Sept. 28. The helicopter is assigned to the 82nd Airborne Division's 2nd Assault Helicopter Battalion, 82nd Combat Aviation Brigade.

Aviators train with special ops



Hungarian special forces operators are air assaulted to the objective on a UH-60 Black Hawk from C Co., 3-501st Avn. Regt., 1st AD, CAB during exercise Black Swan near Veszprem, Hungary, Sept. 29.

By Capt. Jaymon Bell 12th Combat Aviation Brigade Public Affairs

VESZPREM, Hungary — Four UH-60 Black Hawks from 1st Armored Division, Combat Aviation Brigade participated in exercise Black Swan 16 Sept. 5-30.

Black Swan 16 is a multi-national special operations training exercise involving Soldiers from Slovakia, Croatia, Hungary, Poland and the United States.

Task Force Apocalypse conducted numerous air assault missions with the special operations units. They also provided pilots to act as liaison officers and insert themselves into the mission planning process.

"We were used in every capacity

SEE AVIATORS, PAGE B4

Exercise provides rare training

By Sgt. Charity Boedeker 7th Mission Support Command Public Affairs

GRAFENWOEHR, Germany Prior to the start of every mission, the pilot and aircrew must consider what can happen during in-flight emergencies, or in the event they are shot down.

They must also consider how to get back home. Every member of the team has been trained in the skills required to survive, but very few ever put their knowledge into practice. C Company, Medical Evacuation, 1-214th General Support Aviation Battalion got that chance during a recent personnel recovery exercise.

"Survival equipment comes with us every time we fly a mission, but is rarely ever used. Training like this forces us to take it out and learn to use it," said Maj. James Tullis, C Co. commander, adding that the training was a huge success.

CW2 Matthew Boedeker and CW2 Jonathan Flores, tactical operations of-



PHOTO BY SGT. CHARITY BOEDEKER

C Co., 1-214th GSAB Soldiers run for cover during a training scenario during a personnel recovery exercise Sept. 22 at Grafenwoehr,

ficers with C Co., put together the PRE to hone the group's survival skill sets.

"In the 11 years I've been an Aviator, I have never participated in personnel recovery training at the unit level," said CW2 Benjamin Lind.

Pilots and their crews were placed in a simulated scenario where they were shot down in unfriendly territory. They were then forced to think about survival, land navigation and communications while evading capture.

Also joining them were Master Resiliency Trainers Performance experts

Andrew Kantor and Daren Koehler. The MRTP team helped the Soldiers understand ways of dealing with this type of stressful situation.

"Our training shows them they might not have control over the terrain, the weather and what the enemy is doing, but they have control over their mindset," Koehler said.

Soldiers are experts in the tactical and technical aspects unique to this type of training, he added. However, the MRTP goal helps build mental and spiritual resilience, so Soldiers and their families are better able to cope with adversity.

Comprehensive Soldier and Family Fitness is designed to build resilience and enhance performance of the Army Family - Soldiers, their families and Army civilians. CSF2 does this by providing hands-on training and selfdevelopment tools so that members of the Army Family are better able to cope with adversity, perform better in stressful situations, and thrive in life, Koehler said.

DETERRENCE

Long-term rotational units, other efforts to boost Army in Europe

By Sean Kimmons Army News Service

WASHINGTON — Rotational forces, including heavy armored and Aviation brigades, in addition to the storage of massive amounts of equipment at strategic sites, will be a big emphasis next year to help America and its European allies keep Russia at bay, according to the general who oversees the U.S. Army's mission in Europe.

"This is all about deterrence," said Lt. Gen. Ben Hodges, commander of U.S Army Europe, during the Association of U.S. Army's annual meeting and exposition Oct. 3.

"To deter, you have to have real capability and demonstrate the will to use that capability," he said. "And part of that will is demonstrated by the money that the Army is spending and bringing over rotational forces to help us do our job."

With signals of a recent shift in strategy from assurance to deterrence to stem Russian aggression, the Army plans to send the 3rd Armored Brigade Combat Team, 4th Infantry Division, to Europe in mid-January for a nine-month rotation, while the 10th Mountain Division's Combat Aviation Brigade is also expected to head over in March to bolster the Army's

The administration has proposed to fund the European Reassurance Initiative \$3.4 billion in fiscal year 2017, most of which will be earmarked for Army operations to reassure allies.

"If you don't have budget certainty, it makes it very difficult to plan and participate," Hodges said.

Preparing for the worst, the Army will also look into stockpiling static equipment in Germany, Netherlands and Belgium over the next three-plus years to have a contingency to equip Soldiers responding

"It's going to go into storage," Hodges said of the equipment, being left by other rotational units. "We're going to have all that equipment stored in those places.'

Due to the outcome of July's NATO summit in Warsaw, Poland, the Army will also have an enhanced forward presence as part of a multinational effort to strengthen the defenses of Estonia, Latvia, Lithuania and Poland. About 800 cavalrymen from 2nd Squadron, 2nd Cavalry Regiment, out of Vilseck, Germany, will move into northeast Poland early next year for six months before being replaced by the regiment's 3rd Squadron for another six-month rotation, according to the general.

"All of those forces are intended to be able to slow down or stop a potential (Russian) incursion," Hodges said.

All of the moving pieces, said Hodges, along with support from allies expected next year, will bring a holistic approach to curbing Russian aggression, which has already crossed boundaries with armed invasions of Ukraine, Crimea and Georgia. Setting up rapid capabilities for the Army may prevent more of these conflicts in the future, he said.

"Russia isn't going to allow us to have a bunch of tanks on the border," Hodges said. "How fast can we move forces somewhere to preempt a crisis from happening and to demonstrate that we are prepared?

"We're working hard to re-establish the necessary level of capability to ensure deterrence," he continued. "We haven't lost it, but we are having to rebuild some of that to make it more relevant."



A paratrooper from 4th Battalion, 319th Field Artillery Regiment (Airborne), 173rd Airborne Brigade awaits signal from the jumpmaster to exit a 3rd Battalion, 227th Aviation Regiment, Task Force Spearhead UH-60 Black Hawk above the Grafenwoehr Training Area, Germany, Feb. 18.

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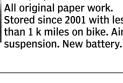


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Domains

Continued from Page B1

military is using disputed islands in the South China Sea to influence maritime

"They are fracturing our way of war by using other domains," Perkins said. "We can't do it with two domains. Air and land is not enough."

The Army of the future must be prepared for multi-domain battle, a battle taking place not just in the domains of air and land, but also in the domains of sea, space and cyberspace. Such an army would employ infantrymen with cyberspace skills, innovative air defense systems to deter enemy aircraft, and even ground-to-ground missiles to target enemy ships.

"We're going to sink ships, and we're definitely going to have to dominate the airspace above our units from hostile air or missile attack," Army Chief of Staff Gen. Mark Milley said during another discussion at the conference. "This is going to require sophisticated air defense capabilities that are not currently in our unit inventories."

The next 25 years on the battlefield, he predicted, will be nothing like the last 25, or even the last 10.

"The culminating challenges we face in the changing character of war is unlike anything our current force has ever experienced in intensity and lethality," he said.

It's still too early to know when the multidomain concept will be completed, said Perkins, adding that the air/land concept took eight years to be implemented after it first was introduced in 1973. While he doesn't expect it to take that long, he does expect

A UH-60 Black Hawk flies over-watch for exercise Black Swan.



Gen. David Perkins, commanding general of the U.S. Army Training and Doctrine Command, talks about the multi-domain battle concept during a panel discussion at the Association of the U.S. Army's annual meeting in Washington, D.C., Oct. 4.

that getting the other services involved will be a long process.

"This is pretty much the beginning of a new way of thinking," he said, noting that talks with leaders from the other services have already begun, with more to come. "This takes a lot of collaborative discussions."

Marine Corps Commandant Gen. Robert Neller is one of the leaders taking part in these joint talks. He and the Army chief of staff, he said, are looking to reinvigorate the Army-Marine Corps Board to discuss ideas and requirements.

"We've been shoulder-and-shoulder on

multi-domain battle and land concepts," he said at the panel discussion. "We can't afford to waste any resources on duplication when it's not necessary. We see the problem the same way – we have the same conclusions."

As new ideas driven by the multi-domain concept are introduced, some Army programs may be altered or cut to make room. Perkins said they will evaluate Army programs to see if they match with future plans or if the funding would be better reinvested in another priority.

"We're looking internally in the Army," he said. "Do we have the right priorities out

there? That is not an easy process. It takes a lot of thoughtful analysis."

Such changes could drastically affect funding across the service, which Perkins said would be an ongoing process over time.

"Once we gain clarity of where we're going, it'll make it easier for Congress to understand what we want to use the money

Additional funding might come from a new Defense Department warfighting fund.

for," he said.

"We're confident that the Army can get after it, but we also know that resources are tight," Deputy Defense Secretary Robert Work said at the event. "That fund is designed to let the Army get after it."

The multi-domain battle concept would fall under Work's Third Offset Strategy, a Department of Defense-wide plan, the implementation of which will likely be heavily influenced by human-machine systems.

While autonomous assistance from technology will play a role on the future battle-field, Soldiers and other military members will still be making the decisions. "We will use machines to empower the human, not vice versa," Work said. "This is not about Skynet and Terminator, this is about Ironman. This is machines helping the human achieve effects."

With the multi-domain concept rooted in a force of trained and confident Soldiers, the U.S. Army will have an advantage over enemies working with similar technology, according to Perkins.

"It's hard to steal training and leadership," the general said. "You can't hack into it and it won't fit on a thumb drive. So, we think that is our asymmetric edge."

Aviators



PHOTO BY CAPT. JAYMON BELL

Continued from Page B1

here," said CW3 Peter Klein, a UH-60 Black Hawk pilot with C Company, 3rd Bn., 501st Avn. Regt.

The task force also participated in Safety Fuel 16 at Papa Air Base. The focus of Safety Fuel 2016 was to build logistical capacity for Hungarian forces.

Croatian and Hungarian soldiers established a logistical support area capable of medical triage, vehicle maintenance and rotary wing fuel operations.

Croatian Soldiers safely fueled one UH-60 Black Hawk and one Hungarian MI-17 while crash recovery crews and emergency personnel responded to a simulated precautionary landing.

The rotational task force from 1st AD, CAB is consistent with the Army's Regionally Allocated Forces concept, aligning units to support theater requirements. Regional alignment is also synchronized with the Army's new operational concept of winning in a complex world.



OCTOBER 13, 2016

FLYING, FIRING, FRIENDS



Spouses earn wings at Spouses Aviation Day

By Nathan Pfau Army Flier Staff Writer

It's said you can never truly understand what someone goes through unless you walk a mile in their shoes, and some Fort Rucker spouses got the chance to try on Aviation training boots Oct. 6.

Thirty-five Fort Rucker spouses got the chance to literally get their feet wet during Spouses Aviation Day when they got a taste of some of the training their loved ones go through on the installation.

Split into four different groups taking on four different types of training, the spouses had the opportunity to take part in a bit of friendly competition as they took turns in flight simulators at Warrior Hall, took aim with firing range simulation at the Engagement Skills Trainer 2000, tried their hand at team building with group exercises at the Leaders Reaction Course and took a dive with Helicopter Overwater Survival

For many of the spouses, they jumped at the chance to see what their Soldiers



are put through in training and some even made new friends along the way.

"I wanted to see what my husband went through and this was a great chance to meet the other spouses, as well," said Janna Dawinan, military spouse and participant.

"I wanted to get the experience of what my husband did and get the chance to interact with the other spouses," added Alison Lawhead, fellow participant. "It was an honor to put on the uniform during HOST and it was just all really good – it was a great experience."

Throughout the day, the spouses had to take part in different exercises at each event, and although with most events it was an individual effort, some called for teamwork.

During the LRC, each of the spouses had to overcome a problem with their team by working together to try to get each team member and their equipment across different obstacles. During that process, the team had to strategize different ways to make it across the obstacles without losing team members or equipment, which can be a difficult task, said Dawinan.

"During the LRC, the leadership part wasn't hard, but it was tough to work together," she said. "We really had to put our minds together and work as a team."

During other events, such as the EST 2000 simulation, the spouses got the chance to get their hands on M-4 and M-16 rifles, as well as a Mark-19, a 50-caliber machine gun, and even a rocket launcher. Throughout the training, they had a set amount of ammunition that they were allowed to expend to hit their targets.

After getting their hands on some weapons, they got the chance to test out their survival skills at the HOST training facility, where they swam a set distance underwater to open a hatch to swim through.

Finally, the spouses got the chance to fly high as they tackled the flight simulators at Warrior Hall, where they were able to get behind the stick and try out different airframes, such as the UH-60 Black Hawk, CH-47 Chinook and OH-58 Kiowa

For Lawhead, she said the entire experience gave her a new sense of respect for what her husband and other Soldiers go through in training.

"This experience gave us insight into what it is our husbands do and it makes me even more proud of him," she said. "We're just grateful for this experience and we're thankful for everyone that put it together."

Above: Ashley Diehl, military spouse, emerges from the waters of the Helicopter Overwater Survival Training pool during Spouses Aviation Day Oct. 6. Upper right: Participants work together to overcome an obstacle at the Leaders Reaction Course. Right: Spouses look on as one of their team members attempts to complete a challenge during the HOST event.



HOME SWEET HOME

ACS Financial Readiness Program seminar guides home buyers, sellers

By Jeremy Henderson Army Flier Staff Writer

Buying a home can be a lifechanging decision, but Army Community Service Financial Readiness Program officials hope an upcoming seminar can make the process easier for potential homebuyers.

"Buying a home is probably the largest purchase someone will make in their life," Beth Gunter, ACS financial counselor, said. "Having an understanding of the ins and outs of home buying is essential in making a sound decision."

The home buying seminar, free and open to the public, is Oct. 20 from 6:30-8:30 p.m. at the Soldier Service Center, Bldg. 5700, Rm. 284. Pre-registration is required by Wednesday.

According to Gunter, topics discussed at the seminar include the impact of people's credit score on the terms of their loans, most importantly on the interest rate; the types of mortgages providing groundwork to determine which may be the best fit for their purchase goals; and an overview of the paperwork need to close

and the documents provided by the lender at closing.

"This information is presented with the overall goal of providing a better understanding of the process and commitment made when purchasing a home," she said. "Buying a home should not be the type of purchase made without prior planning.

"Saving for a down payment takes time," she added. "Living on a spending plan that includes the cost of a proposed mortgage for a year can help determine if someone will be 'house poor' after the projected purchase."

Potential homebuyers are not the only people who can benefit from the seminar, according to Gunter. Current homeowners can also pick up helpful tips.

"If a current homeowner is considering selling, information is presented on choosing a selling agent or for sale by owner, and factors they should consider when pricing their home," she said. "The seminar is conducted by accredited financial counselors with training in the real estate market, providing insight they may not think to take into consideration."



According to Gunter, the seminar can give homeowners and homebuyers an edge by highlighting potential problem areas during the buying or selling pro-

"Common pitfalls the seminar covers are the hidden costs often forgotten about, not researching a real estate agent and neglecting to take into consideration the cost to sell your home when PCSing, or the ups and downs of the market that can impact the resale," she

Individuals with specific questions can bring them to the seminar or arrange to email them to Gunter prior the event.

"The tools provided through the ACS Financial Readiness office help Soldiers and their families make informed decisions on how to make their money work for them rather than having a focus of working for their money, providing a healthy financial wellbeing," she said.

According to Gunter, the seminars are offered quarterly, but additional help is available for individuals and families.

"After the seminar, we find that individual appointments are helpful, as the questions become more specific to the potential home buyer," she said.

For more information, call 255-2341 or 255-3949.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS . SERVICES AND ACTIVITIES, DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Comedy Live

Comedy Live is scheduled for Friday from 8-10 p.m. at The Landing. The event is open to the public for ages 18 and up. People can buy tickets in advance for \$12 at the catering office at The Landing. Tickets at the door will cost \$16. VIP tables are available for \$150 per table with 10 seats per table. Following Comedy Live, The Landing will host Salsa Night from 10 p.m. to midnight. Salsa Night will cost \$5 per person for ages 18 and over. For patrons attending Comedy Live, the Salsa Night admission fee is waived.

For more information, call 255-9810 or 255-0769.

Get R.E.A.L. Class

Army Community Service will host its Rucker Experience Army Learning - Get R.E.A.L. - Class at Silver Wings Golf Course Regimental Room Friday from 8:30 a.m. to 2:30 p.m. The class is designed to help people learn about life at Fort Rucker, make new friends and be an interactive day of fun learning, according to Army Family Team Building officials. Child care vouchers will be available. Registration is required by Friday.

For more information and to register, call 255-9637.

Family resilience training

Army Community Service will host family member resilience training Monday from 9-11:30 a.m. at The Commons. The course is designed to give Army family members the tools they need to become more resilient in all the challenges that life may throw at

For more information, call 255-3161 or 255-3735.

Book clubs

The Center Library hosts a book club for adults the third Tuesday of each month from 5-6 p.m. Light refreshments will be served.

The Center Library hosts a book club for teens the third Thursday of each month from 5:30-6:30 p.m. Light refreshments will be

Both clubs are open to authorized patrons. For more information, call 255-3885.

FRG Leadership Academy

Army Community Service will host its Family Readiness Group Leadership Academy Tuesday-Wednesday from 8:15 a.m. to 2 p.m. at the Fort Rucker Spiritual Life Center, Bldg. 8939. This two-day forum focuses on teaching resiliency and communicating various components of FRGs. Discussions will be conducted in breakout sessions to capture individual knowledge, leadership skills, resiliency and abilities of all those who attend. Pre-registration is required by Friday.

A free childcare voucher is available for use. Call 255-3564 for childcare reservations - children must be registered with child, youth and school services. A complimentary lunch will be available. The forum is open to spouses and family members, and FRG advisers, leaders, co-leaders, treasurers, hospitality members, newsletter editors and social media coordinators.

To register, visit https://www.eventbrite.com/e/frg-leadership-academy-tickets-27758902625. For more information, call 255-9578 or 255-3161.

Creepy Critters

The Center Library will present a free liveanimal educational program called Creepy Critters Oct. 20 at 3:30 p.m. Registration is required and will be limited to the first 40 children to sign up. The event is open to authorized patrons and is Exceptional Family Member Program friendly.

For more information or to register, visit the library or call 255-3885.

Home buying seminar

Army Community Service Financial Readiness Program will present a home buying seminar Oct. 20 from 6:30-8:30 p.m. at Bldg. 5700, Rm. 284. Topics include: why buy a house, financial goals, credit history, Veterans Affairs mortgage insurance, types of mortgages, shopping and applying for a mortgage and closing on a home. Pre-registration is required by Wednesday. Free child care will be available with registration.

For more information and to register, call 255-2341, 255-3949.

Youth center lock-in

The Fort Rucker Youth Center will host its Superhero Costume Party Lock-In Oct. 21 starting at 7 p.m. Youth are welcome to dress up as their favorite superhero or super villain



PHOTO BY NATHAN PFAU

pen to the Public, Ages 18+

Enjoy a

night of

jokes &

laughs!

Outdoor yard sale

A scene from a previous yard sale. The Fort Rucker Fall Outdoor Yard Sale and Flea Market is scheduled for Saturday from 7-11 a.m. at the festival fields. For more information, call 255-1749 or 255-9810.

as long as it's nothing scary or gory, according to youth center officials. There will be a prize for the best costume. The event will feature giveaways, games, food, activities and a field trip. Cost is \$20 for youth center members ages 11-18 years. Youth can be dropped off any time after school Oct. 21, and youth must be picked up by 6 a.m. Oct. 22. Parents must sign a permission slip for the field trip and turn it in by Friday. Limited slots are available. Teens must sign up at the youth center and be registered with child, youth and school services.

For more information, call 255-2271.

Newcomers welcome

Army Community Service will host a newcomers welcome Oct. 21 from 8:30-11 a.m. at The Landing. Active duty, spouses, foreign students, Army civilians and family members are encouraged to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, register children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or

Center Library Fall Carnival

The Center Library Fall Carnival is scheduled for Oct. 25 from 4-5:30 p.m. The event will feature crafts, fun, prizes and a familyfriendly costume contest for children up to age 17. The contest will be broken down into age groups: baby to 6, 7-12 and 13-17. Judging will begin at 5 p.m. The event will be open to authorized patrons and will be Exceptional Family Member Program friendly.

For more information, visit the library or call 255-3885.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Oct. 27. People who attend will meet in Rm. 350 at 8:40 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

Yarn It Darn It

The Center Library hosts its Yarn It Darn It group the fourth Tuesday of each month from 5:30-6:30 p.m. The free monthly event will offer patrons a chance to learn how to crochet, knit or do needlework. The group is open to authorized patrons ages 18 and older.

For more information, visit the Center Library or call 255-3885.

Right Arm Night

The Landing Zone will host Right Arm Night Oct. 27 from 4-6 p.m., hosted by the NCO Academy. Right Arm Night is an Army tradition, promoting a night of camaraderie

and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome.

Friday,

October 14

EFMP Friendly

8 pm-10 pm

The Landing

For more information, call 255-0768.

Federal jobs workshop

Army Community Service will host its federal job workshop Oct. 28 from 8:15-11:30 a.m. in Bldg. 5700, Rm. 284. This informative and interactive workshop is aimed at getting people the information they need to increase their federal employment possibilities, according to ACS organizers. Participants will receive a free copy of Kathryn Troutman's "Jobseeker's Guide." Registration is required two days prior to the workshop. Space is limited to the first 60 people to register and the event is open to authorized patrons only.

For more information or to register, call 255-2594.

Relocation readiness workshop

Comedy Live Ticket options:

Following Comedy Live, enjoy Salsa Night from 10 pm-12 am for a night of dancing and fun. Salsa Night is \$5 per person, ages 18+. Admission fee is waived for patrons attending Comedy Live.

\$150 VIP Table

\$12 by October 13

For more information contact

The Landing, (334)255-0769 or

Family & MWR, (334)255-9810.

\$16 after October 13

Army Community Service will host its relocation readiness workshop Oct. 28 from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information on benefits, entitlements, advance pay, government travel cards and more.

For more information or to register, call 255-3161 or 255-3735.

RUCKER MOVIE SCHEDULE FOR OCTOBER 13-16 FORT

Thursday, October 13

Don't Breathe (*R*) 7 *p.m.*

Friday, October 14

When The Bough Breaks (PG-13) 7 p.m.

Saturday, October 15

Operation Chromite (*R*)4 *p.m.* When The Bough Breaks (PG-13) 7 p.m.

Sunday, October 16

Sully (*PG-13*) 1 *p.m.* **Mechanic: Resurrection** (R)4 p.m.

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN. 12 AND UNDER, MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME, SCHEDULE SUBJECT TO CHANGE, FOR MORE INFORMATION, CALL 255-2408.

HISPANIC HERITAGE

Vietnam vet finds resilience via faith, helping others

By Shannon CollinsDefense Media Activity

WASHINGTON — During weekly meetings at American Legion Post 47 in Cabo Rojo, Puerto Rico, a Vietnam veteran told fellow veterans dealing with post-traumatic stress disorder how he maintains his resilience through his faith and brotherhood with his fellow vets.

Former Army Sgt. Jorge Zambrana was born in Cabo Rojo and grew up in New York. He volunteered to serve in Vietnam, hoping to be a clerk.

But once you got to Vietnam, he recalled, you took whatever job was needed.

"I was assigned to the 1st Air Cavalry," he said. "We used to pick up all the (killed in action), (wounded in action) and their belongings, and drive them from Bien Hoa Air Base to Tan Son Nhut Air Base to Saigon. It used to be a few days drive back and forth."

Zambrana ended up contracting malaria in Vietnam. He was sent to New Jersey for a few weeks to recover before returning. He served as a truck driver, a mechanic, a clerk and a cook.

2ND VIETNAM TOUR

During Zambrana's second tour in Vietnam, he said, he started having bad dreams.

"I was assigned to this place called Whiskey Mountain near Phan Thiet," he said. "I was stationed at a cemetery. I used to have dreams that my uncle came out of the Catholic church in Cabo Rojo. I would see myself in the coffin, and I would be laughing. I would tell my mom, and she'd say, 'Oh, it's because you're going to come home OK."

During Christmas 1970, Zambrana said, he was waiting with others to get out of Long Binh to go to Australia for rest and relaxation, when they had incoming en-

"Everybody started running. I dove into that safety bunker," he said. "There was a big hole where the missile had landed. The bunker where the hooch I had just been at was gone. It was like God wants you to live, whether you believe in him or not."

Zambrana was later medically evacuated on a C-141 aircraft during his second tour

"I saw my first sergeant sitting next to me on a stretcher, and I said, 'What are you doing here?'" he recalled. "(The first sergeant) said, 'A whole bunch of guys got killed, but some of us made it.' I praise God every day. I'd do it all over again, because freedom is not free. Puerto Ricans like myself, born and raised in New York, we understand that."

CHALLENGES

Racism was a challenge before and during the Vietnam War, Zambrana said, noting that he ran into racism during training at Fort Jackson, South Carolina, eight months before he went to Vietnam.

"I saw that they had white water and colored water," Zambrana said. "We didn't have that back in New York. If we went to Columbus, the main city there, we were always getting into trouble, because ... we all hung out together. There, if you went to a restaurant or a bar, you had to go to a black bar or a white bar."

When he got to Vietnam, he said, a Mexican-American gang made him get a tattoo and stick with them, because there was a lot of racism. "I told my buddies to follow the rules," he added. "We couldn't get a haircut or shine our boots, because we were in the mud. We just did our job."

Because many of the Puerto Rican Army National Guardsmen couldn't speak very



PHOTOS BY EJ HERSOM

Vietnam veteran Army Sgt. Jorge Zambrana speaks about his military experiences during an interview in Cabo Rojo, Puerto Rico, Aug. 10.

much English at that time, Zambrana said, he would be asked to help translate.

"I tried to help them as much as I could," he said. "Anytime I saw an injustice and they needed a translator, they would call me up or I would volunteer. I got along with the blacks and the whites. One guy used to call me (a slur) because I look like I'm Vietnamese, even though I'm Latino. He helped me make rank, though."

THEOLOGY SCHOOL

Zambrana was medically discharged from the Puerto Rico Army National Guard in 1996. He earned his bachelor's degree in theology last year from Johnson University through the University of Phoenix.

When he worried about passing his courses, Zambrana recalled, one of his instructors told him, "You made it through Vietnam twice – you're going to make it through here."

Zambrana was the youngest of his mother's seven surviving children. She had 10 children.

"When it came to graduation time," he said, "there were tears coming down my face. I promised my mom, 'Mom, before I die, I'm going to graduate from something.' When I came back to Cabo Rojo, Puerto Rico, I went to the cemetery where she's buried with a copy of my diploma. I know she's happy in heaven."

SHARED FAITH, SUPPORT

Zambrana said he shares his faith with his brothers and sisters in arms at his PTSD meetings, and it helps him with his panic attacks.

"I haven't had any attacks in the last seven years. The last one I had was in Tampa in a (Veterans Affairs) hospital," he said. "Now I can share my knowledge. As a chaplain, if one of the guys starts crying, I'll take him outside and say, 'let's pray' and hug him. We try not to look back, but we still have some bad dreams and wake up sweating. I try to stay up with my medication. We saw a lot of guys go home in plastic bags. I cherish every day I come hore."

Zambrana said he's proud of his heritage and joined the Army because of his uncle, retired Army Sgt. 1st Class Santiago Pabon, who served with the 65th Infantry Regiment in World War II and Korea.

I love that old man. He's one of my he-

"I love that old man. He's one of my he- Zambrana said being Puerto Rican has



World War II veteran Army Sgt. 1st Class Santiago Pabon speaks about his military experience during an interview in Cabo Rojo, Puerto Rico, Aug. 10.

roes in this world," he said. "He was a sergeant in Korea, and he talks about how the privates saved his life many times. He's a very proud veteran."

Zambrana said he would still serve if he could. "I'm ready to die with my boots on," he said. "If I got called to go back in, I'm still fit at 65. I can carry an M16, whatever. I still have good eyesight. I still know the rules of engagement."

HELPING OTHERS

For now, Zambrana said, he is working with family members who are completing their Puerto Rico Youth ChalleNGe Academy program and looking at joining the military.

"I'm also trying to open up a bilingual school, and get books donated, so more Puerto Ricans can learn the language. I had that advantage when I was in the military," he said.

helped him in many ways through the years

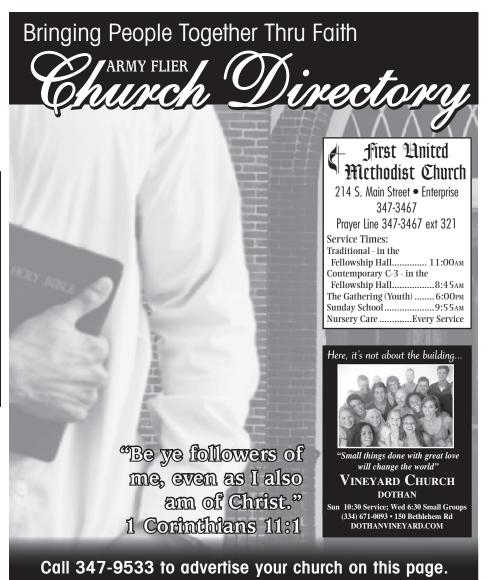
"We're hardworking people and very brave," he said. "We take a lot of chances. In Vietnam, there were so many fruits the American Soldiers wouldn't eat, but we would eat them. We wouldn't go hungry. We weren't stuck eating the C-rations. We're American citizens. I wish we were a state and I could vote for the president, but I'm very proud of my service.

"I would do it all over again," he continued. "There are a lot of soldiers here willing to fight for their freedom of democracy. Only under democracy are we able to enjoy all this freedom."

Zambrana said he's proud of the Puerto Ricans who have served before him and who continue to serve. "The United States can be very proud they have that unity with Puerto Rican citizens," he added.



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'YOU'RE A SOMEBODY NOW'

Sergeant major shares personal Hispanic Heritage story

By Cathy Segal
TACOM Public Affairs

DETROIT — In 1991, Jose A. Velazquez Jr. was a 19-year-old trying to escape the hopelessness of the projects north of Boston.

He had failed out of community college and was working in a factory pressing suits. But he had dreams and goals beyond the factory.

His mother wanted him to be "a somebody," and he saw an opportunity to make something of himself in the Army. So he did.

He joined the Army as a broadcaster in 1991 and today he is the sergeant major of Army Public Affairs, where he advises the chief of Army Public Affairs on all enlisted matters affecting the career field.

Velazquez shared his story Sept. 21, speaking for Hispanic Heritage Month to employees from TACOM Life Cycle Management Command and the Detroit Arsenal. He expressed hope that people in the audience would recognize parallels with their own life stories.

"Many of us who come from other places or whose parents came from other places can indeed rise and reach the American dream," he said.

In the early 1960s, before he was born, Velazquez's parents moved to the U.S. from Puerto Rico. Like many other immigrants, they came here for opportunity – to find work in factories, in fields, wherever unskilled labor was needed. He too went to work in a factory. It was there that a coworker one day asked him what he wanted to do with his life.

"I told him I had an interest in working in radio and television," Velazquez remembered. "But without a degree, there was no way I was going to get there."

When the coworker told him that he had seen someone appear on TV when he was serving in the military in Germany in the early 80s, Velazquez was nonplussed.

"That sounded very strange to me," Velazquez explained. "All I knew about the Army was tents and people screaming at you, but it piqued my interest enough to go down and speak to the recruiter, and he told me, indeed, that was a field I could get into."

Velazquez asked if he would get paid from Day 1. The recruiter told him he would and Velazquez told him to sign him up. "And I was gone," he remembered. So began his Army career. His rise through the ranks was not necessarily easy, nor was it difficult.

"It was simply a matter of my drive and my desire," he said. "That's what's terrific about the Army. It allows you to go as far as you choose to go, and as far as your drive and your skills will allow you to go. It's the perfect fair environment for you to make of yourself whatever you choose."

Looking back on his career today, he doesn't think being Hispanic in the Army served as either an advantage or a disadvantage. Rather, the values instilled him – the loyalty and devotion to community and family, the high regard for fairness and patriotism that he grew up with – were in keeping with the Army values.

"If anything, it was a great benefit," he said. "I was a really patriotic kid and I grew up in an environment where, although it was largely Hispanic, there was a lot of patriotism and love of country for the opportunities that the United States gives to folks who come here from other

Hispanics come to the U.S. driven by the desire to do well, Velazquez explained, to succeed and to be included in their communities.

"Those folks that come from other countries, in particular the Latin countries, come here and many of their children desire to serve, to give back as a form of thanks to a country that gave their families an opportunity," he said.

According to Velazquez, the number of Hispanic Soldiers in the Army has been on the rise since 1985, but it is still lower than the percentage of Hispanics in the U.S. population.

"The Army is 11 percent Hispanic compared to 17 percent of the population," he said. "We still have some work to do to mirror our civilian world, but it's surely better than 1985 (when) we were only at 3 percent, so we've grown significantly since then."

In his remarks, sergeant major offered advice to Hispanic-American Soldiers and civilians who are just starting their careers in the Army today, encouraging them to take advantage of the Army's educational opportunities and training.

"Always search for those hard jobs that are going to get (you) promoted and are going to give (you) the opportunity to succeed," he said.

In addition to sharing his own story, Velazquez told the Hispanic Heritage Month audience about several contributions Hispanics have made to the Army. One such contribution was made by Sgt. 1st Class Gregory A. Rodriguez from Weidman, Michigan.

According to Velazquez, Rodriguez died during an intense small-arms firefight in Afghanistan, leaving behind a wife and three children, "who carry his memory and courage in their hearts." Velazquez called him a great American and "a product of the rich tapestry of his Hispanic heritage."

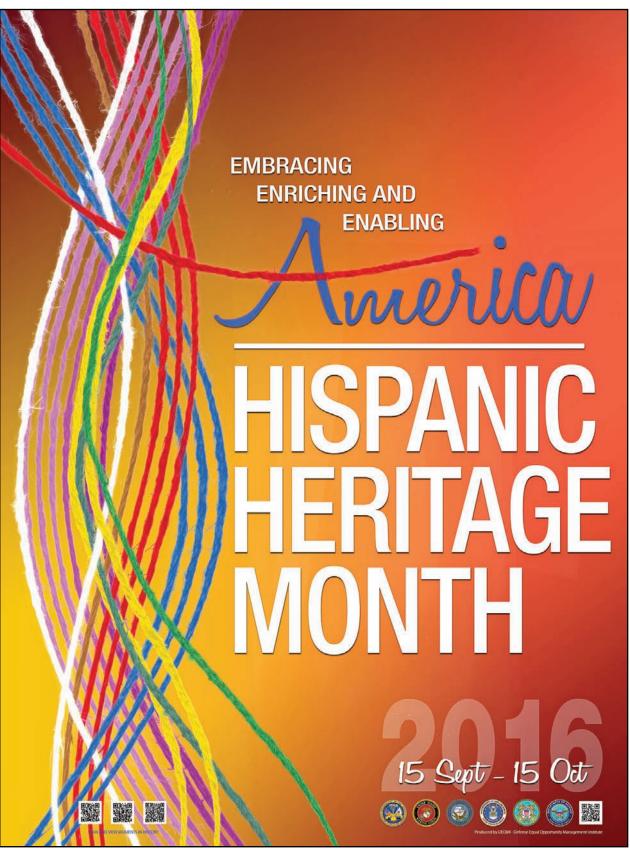
"'Rod,' as his friends called him, was a die-hard Red Wings fan," Velazquez said. "He'd mess with his Army buddies from other states and wonder how anyone could root for another team. That was Rod. He chose to stand and be counted as one of the men and women who decided to protect our country and our way of life."

Velazquez also talked about "The Borinqueneers," a Puerto Rican unit of the Army that was active from 1899 to 1956. In April, the unit was awarded the Congressional Gold Medal. The unit was the first Hispanic unit and the sole unit from the Korean War to receive the medal. It is regarded as one of the most highly decorated units in the history of the U.S. military.



PHOTO BY TED BEAUPR

Sgt. Maj. Jose A. Velazquez Jr., Sergeant Major of Army Public Affairs, speaks to Soldiers and employees from the TACOM LCMC and Detroit Arsenal for a Hispanic Heritage Month event Sept. 21, 2016.



DOD GRAPHIC

Velazquez also discussed the results of a review of military records directed by Congress. The review was meant to ensure that acts of heroism deserving of the Medal of Honor were not overlooked or rejected because of prejudice or discrimination.

Following the years-long review of thousands of records, 17 Hispanic Army veterans were awarded our nation's highest award for valor in 2014 in the largest Medal of Honor ceremony in history.

Opinions may differ on whether observances like Hispanic Heritage Month unite or divide the Army, Velazquez said, but he believes they are necessary to allow people "to pause, reflect and celebrate the diversity of people and cultures that continue to build and strengthen our Army and our nation."

"We celebrate our differences because our differences always make us who we are," he said. "That's what makes us uniquely American. As a Hispanic American I can stand next to an American of European descent, of African descent, of Middle Eastern or Asian descent – we're still all Americans."

Velazquez said he was honored that day to share his experiences as a Hispanic-American service member. He said that of all his accomplishments the one that today remains the most important to him was simply making his mom proud.

"She worked so hard to ensure that I would become a somebody," he said. "For her, that meant somebody who got an education and got a profession. So I did both."

His mom passed away in 1997.

"But prior to her passing away I was very proud to share my degree with her, to bring it home," he said. "She held it in her hands and said, 'You're a somebody now.""



ALWAYS SUPPORT YOUR FELLOW SOLDIER. REMEMBER ACE - ASK, CARE AND ESCORT.

New, updated programs help spouses find employment

By Elizabeth M. Collins Soldiers Magazine

WASHINGTON — The Army and the Department of Defense are growing spouse employment programs and partnerships, career experts told family members recently.

Eddy Mentzer, an Air Force spouse and an associate director in the DOD Office of Family Readiness Policy, responsible for the Spouse Education and Career Opportunities Program, said the department is about to induct new job partners, bringing the number to almost 350.

As of early October, those employers have hired about 10,000 spouses, he said at an Association of the United States Army family forum.

In addition, last year 22,000 spouses participated in the My Career Advancement program, designed to provide younger spouses with funding for certification, licenses and accreditations, or to start educations.

"The numbers of spouses and the amount of dollars that we're expending have increased over the last year," Mentzer said. "That's turning around a five-year trend of decreasing numbers."

One big challenge military spouses face is transferring professional licenses and accreditations. Although 49 states (New York is in the process of doing this) have laws supporting licensure portability, that "doesn't mean it's an easy process," he said, noting that DOD is partnering with the University of Minnesota to examine the laws in each state, and work with the top 20 licensing agencies in each state.

Spouses can improve their employment chances by working on those licenses in advance of a relocation, and also by reaching out and networking with friends and contacts at their new duty stations.

"The first thing is obviously the network," said Col. Adam Rocke, the director of the Army's Soldier for Life program, which has a family component with numerous partners and resources.

"That can't just develop at the end of your transition," Rocke said. "It's got to be early. You have to make this transition a process and not an event."

Rocke said that many employers are eager to hire military spouses.

"They recognize the talents that you have, that you're educated, you're resourceful and flexible. You're adaptable and can multitask. You're highly educated and ... you're civically engaged," Rocke said. "They want that. They don't

MAIN STREET

HWY 52



The Department of Defense Spouse Education and Career Opportunities Program links military spouses with hundreds of employers. Its career counselors can also provide customized guidance and support for spouses seeking jobs or planning to start businesses

just want you to be the employee that stays within the confines of the building. They want you to be outreach for them. They want you to be engaged in the community."

However, Army spouses are often overqualified. They're too educated or in career fields that are too narrow for a rural installation where there are limited job opportunities in the surrounding communities.

It's very challenging and it happens all too frequently, said Amanda Crowe, who works with the Hiring Our Heroes program at the U.S. Chamber of Commerce Foundation.

"Some of it comes with creativity and some of it comes with a call to action to employers to recognize skill sets rather than job titles. That's something I encourage military spouses to learn about themselves as well," she said, explaining that her career progression doesn't make sense on paper.

"That's one of the reasons why we encourage in-person networking, because if you ask me how I made those jumps, I can tell you there was a lot of team management. There was a lot of volunteer team management. I can string that along – and I can do that in a cover letter. That's what I encourage spouses to do, but you have to know the skill set and have to look past job titles and you have to realize this is how I can plug into your organization."

Automated application systems may also mean spouses need to be more creative when it comes to jobs they're searching for, Mentzer added. For example, a spouse might want to find a job as a writer, and depending on how she writes her resume, she may not come up as qualified for a journalist position.

"One of our big goals over the next year is to create some algorithms with the Military Spouse Partnership portal so an employer will be able to go in and say, 'I'm looking for 25 people or one person to do this specific job,' and then have the system match the top 20 spouses for that opportunity," he said. And "on the spouse side, of being able to say, 'I'm interested in this type of position: Who are the 20 employers who have the best opportunities for me?""

He noted SECO also has free, highly qualified career counselors who field about 17,000 calls a month. They can pair with spouses long-term, helping spouses define goals and make steps to reach those goals.

"The spouse and career counselor develop an action plan and then they follow that action plan over a period of months,"

he explained, saying the program currently offers specialty packages in entrepreneurship and career readiness, with (science, technology, engineering and math) and health care coming soon.

"We're about eight months into the first series that we've offered," Mentz said. "We've had 300 spouses participate in these. The feedback is tremendous. We set up this action plan and that career counselor checks in on a monthly basis."

The program has also introduced "Career Connections" to connect spouses with potential employers, helping with everything from the job search to the resume.

"Our counselors do an amazing job with mock interviews," Mentze said. "They research the company and set up an interview based on that company. It's not just the typical this is what you may be asked. They conduct a real interview."

"We're excited about where we're going. We're excited about what we're doing. This challenge is not going to go away for military spouses. We are not going to get away from moving. We're not going to get away from overseas locations. We know those challenges exist. As a team, we can put resources and information in place to be able to support spouses as they move around."



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Southeast Alabama Community Theatre
Press Release

"Always . . . Patsy Cline" brings the true story of a country music icon to the Cultural Arts Center in Dothan Oct. 18-22.

This Ted Swindley production runs approximately 2 hours including one 15-minute intermission. Southeast Alabama Community Theatre considers the content PG with mild "honky tonk" language.

The lobby opens at 6 p.m. with tickets on sale. Reserved seating begins at 6:30 p.m. Performances begin at 7 p.m.

Tickets are \$18 for adults and \$16 for students, senior citizens age 65 or older and military with ID.

The SEACT office is located inside the

Cultural Arts Center at 909 S. St. Andrews Street in Dothan.

The performance is based on the true story of Patsy Cline's friendship with Houston housewife, Louise Seger. Seger was an avid fan who constantly hounded the local disc jockey to play Cline's records on the radio. In 1961, Cline went to Houston for a show. The women met and struck up a friendship. Seger supplies a narrative while Cline floats in and out singing tunes that made her famous – Anytime, Walkin' After Midnight, She's Got You, Sweet Dreams, and Crazy – to name a few. The relationship, which began as fan worship, evolves into one of mutual respect.

For more information or to purchase tickets, visit www.SEACT.com or call 794-0400

WIREGRASS

Community Calendar

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

NOV. 4 — The Wiregrass Museum of Art will host its next seasonal public film series, Screen on the Green, in the museum's garden beginning at 7:30 p.m. — and admission is free. The public is invited to bring lawn chairs and blankets. A local food truck will be on hand to satisfy movie-watching cravings and the museum will provide free popcorn. Steven Spielberg's "Hook" will be shown. A spring series of films will be announced in January. In case of inclement weather, movies will be show in the Great Hall of WMA's Conference Center.

NOV. 5 — Dothan Montessori School will host its fourth annual Montessori Madness 5K and Kids Dash. DMS is located at 205 Holly Lane. The race begins at 8 a.m., with race-day registration starting at 7 a.m. Payment accepted by cash or check only. There will be door prizes, a children's dash, face painting and more! DMS is the only local non-profit, non-denominational Montessori school in the Wiregrass. Pre-registration can be found online at www.dothanmontessorischool.org. For more information, call 334-671-7170.

ONGOING — The Wiregrass Museum of Art will host its next seasonal public film series, Screen on the Green, the first Friday of October and November in the museum's garden beginning at 7:30 p.m. — and admission is free. The public is invited to bring lawn chairs and blankets. A local food truck will be on hand to satisfy movie-watching cravings and the museum will provide free popcorn. Tim Burton's "Beetlejuice" will be shown Oct. 7 and Steven Spielberg's "Hook" Nov. 4. A spring series of films will be announced in January. In case of inclement weather, movies will be show in the Great Hall of WMA's Conference Center.

ENTERPRISE

 $\mathbf{OCT.}\ \mathbf{27}$ — The Wiregrass-Enterprise Chapter of the

National Active and Retired Federal Employees will hold its monthly lunch program at 11 a.m. at PoFolks Restaurant, Enterprise. Chris Alexander, representative for the Blue Cross/Blue Shield health insurance, will be the guest speaker. He handles all aspects of the Federal Employees Health Benefits Program for federal employees. Alexander will discuss the latest federal Blue Cross health insurance benefits, as well as answer questions about this health insurance program that relate to federal employees. All federal employees, active or retired, are invited to attend the luncheon programs scheduled every fourth Thursday at 11 a.m. at PoFolks. For more information, contact Lee O'Berry, 334-393-0492.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post monthly membership meetings for the VFW Post 6683 and Auxiliary are on the third Tuesday of each month at 7 p.m. at the post headquarters building located at 2615 Coffee County Road 537. The post mailing address is P.O. Box 311752 Enterprise, AL 36330. For more information, call 334-464-1171 or the auxiliary at 334-464-2222. The post also has a Facebook site at vfw post 6683.

ONGOING — Disabled American Veterans Chapter 9 Enterprise-Coffee County meets the second Thursday of each month at 6:30 p.m. at Shane's Rib Shack. For more information, call 308-2480.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

OCT. 27 — Disabled American Veterans Chapter 99 will meet at 6 p.m. in the New Brockton Senior Center located one block behind the police station. Food and drinks will be served, followed by regular chapter business. Veterans throughout the Wiregrass are invited to join as new members in DAV and DAV Auxiliary. For more information, call 334-718-5707.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler

St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class.

For more information, call 894-2350.

OZARK

OCT. 28 — St. Michael's Episcopal Church will host a classical guitar and flutist concert at 7 p.m. The performers are known as R2Duo – classical guitarist Dr. Robert Gibson and flutist Rachel Nozny. Gibson and Nozny teach music at Troy University. Following the concert will be a meet the artists reception in the parish hall. St. Michael's Episcopal Church is located at 427 Camilla Avenue.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited.

For more information, call 774-5480.

ONGOING — Every Monday through Friday, aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m.

For more information, call 774-2042.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

Beyond Briefs

Zoo Boo

The Montgomery Zoo will host 13 nights of horror and fun at its Zoo Boo starting Oct. 13. Zoo officials welcome people to climb aboard the Haunted Hay Ride or mosey on over to the Pumpkin Pull for a good, old-fashioned, non-scary, traditional hay ride. The event will also feature games, bouncy castles, concessions and more

Gates open nightly at 6 p.m., and the first Haunted Hay Ride will pull out at dusk. Event fee is \$15 for ages 3 years old and older. Ticket includes entry, one ride on either the Haunted Hay Ride or the Pumpkin Pull Hay Ride and one sheet of game tickets – 10 tickets per sheet.

For more information, call 334-240-4900 or visit montgomeryzoo.com/

announcements/zoo-boo-week-1.

Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Oct. 15 –Special Theatre in the Mind event for Shakespeare Celebration; Nov. 26 –A Christmas Carol; Feb. 4 – Because of Winn-Dixie; Feb. 18 –The Two Gentlemen of Verona; March 11 –Sherlock Holmes; March 25 –Dauphin Island; and

April 22 – The Tempest; and May 6 – Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required – people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to attend the lecture.

For more information, call 334-271-5353, or visit www.asf.net/Education/Theatre-in-the-Mind.aspx.

'Gravedigger's Tale'

The Alabama Shakespeare Festival will host a special limited engagement of "Gravedigger's Tale," an interactive retelling of Shakespeare's "Hamlet" from the point of view of the Gravedigger. The performance will take place Oct. 14 at 7:30 p.m. and Oct. 15 at 2 p.m.

"Gravedigger's Tale" comes to ASF from the Folger Theatre to celebrate the national tour of Shakespeare's Folio on display at the Montgomery Museum of Fine Arts in October. The story of Hamlet is told by the Gravedigger using Shakespeare's moving words and help from the audience, according to ASF officials. In Shakespeare's play, "Hamlet," the Gravedigger appears briefly in Act V to perform a comic exchange with a fellow gravedigger before speaking to Hamlet and presenting him with the jester Yorick's skull. During this performance, Gravedigger arrives with a trunk and a book, and answers questions from the audience with pieces of text from Hamlet.

The performance is recommended ages 10 and up. Ticket prices vary based on play, date, and availability of seating. For more information, call 334-271-5353 or visit www.asf.net/Plays-and-Shows/2016-2017-Season/Gravedigger-s-Tale.aspx.

ZH2 PROTOTYPE

Army, GM unveil new tactical bydrogen vehicle

By David Vergun Army News Service

WASHINGTON — The Army Tank Automotive Research, Development and Engineering Center and General Motors unveiled an energy-efficient tactical vehicle here that could one day save lives on the battle-

The ZH2 hydrogen fuel cell electric vehicle prototype was rolled out Oct. 3 during the Association of the United States Army Annual Meeting and Symposium.

FOUR ADVANTAGES

Kevin Centeck, team leader for Non-Primary Power Systems, Ground Vehicle Power and Mobility Directorate, TAR-DEC, said the vehicle comes with several advantages for the Army and Soldiers in the field.

First, the ZH2 operates on hydrogen fuel instead of traditional diesel. It uses much less fuel than traditional tactical vehicles. At idle, it is "extremely efficient," Centeck said. This should reduce the logistics train.

Second, since the vehicle uses hydrogen with electric power, it has an extremely low acoustic signature, meaning it's very quiet. "It's silent mobility, silent watch," Centeck said. "You don't give away your position by turning on the engine."

Third, the ZH2 has a radically reduced thermal signature because it doesn't operate as hot as a diesel engine, which means the heat signature is harder to pick up by enemy thermal sensors, providing additional stealth for



Katherine Hammack (far right), assistant secretary of the Army for Installations, Energy and Environment, was on hand for the unveiling of the ZH2 hydrogen fuel cell electric vehicle rolled out Oct. 3 during the Association of the United States Army Annual Meeting and Symposium.

A fourth, less direct, but nonetheless important advantage cited by Centeck, is that the ZH2 demonstrated that the Army could build such a vehicle rapidly, using mostly off-the-shelf parts. The ZH2 took just one year from concept to delivery. The vehicle itself is basically a Chevy Colorado platform.

Centeck called the development of the vehicle a "collaborative efafuations

OUR

OUR fort" between TARDEC and GM,

and fuel-stack testing.

TIMELINE

Delivery of the ZH2 from GM to the Army will take place April 1, Centeck said.

Following delivery, user evaluations will take place with Soldiers at Fort Benning, Georgia; Fort Bragg, North Carolina; and, Fort Carson, Colorado. Those evaluations will take place over the course of a year.

The user evaluation process will be rigorous, he said. It will

include subjective feedback from Soldiers, as well as objective feedback in order to get a full data set.

Over the course of the next few years, the Army will ex-

amine how it can best support hydrogen supply in the field, he said. Department of Energy tacticians and logisticians will help conceptualize the solution and provide a plan.

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WORSHIP SERVICES

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Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions 9 a.m. Catholic Mass 11 a.m. Collective Protestant 12:05 p.m. Catholic Mass (Tuesday-Friday) 4 p.m. Catholic Confessions

(Saturday) 5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant Sunday School 10:45 a.m. Latter-Day Saints 10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service) 11 p.m. Eckankar Study (4th Sunday) Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAYS Crossroads Discipleship Study (Meal/Bible Study)

Protestant Women of the Chapel

Wings Chape, 9 a.m. and 6 p.m.

Adult Bible Study Spiritual Life Center, 7 p.m.

Wings Chapel, 6:30 p.m.

WEDNESDAYS

Catholic Women of the Chapel Spiritual Life Center, 9 a.m.

Above the Best Bible Study Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study Hanchey AAF, Bldg. 50102N, Rm 101 11:30 a.m.

164th TAOG Bible Study Bldg. 30501, 11:30 a.m.

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OCTOBER 13, 2016

FLU FIGHTERS

Lyster Clinic prepares to administer influenza vaccine

By Jenny Stripling Lyster Army Health Clinic Public Affairs

Flu season is here, and Lyster Army Health Clinic is prepared to provide vaccination to improve the health and maintain readiness of the force.

Active-duty Soldiers can obtain the flu shot Monday through Oct. 22 at Yano Hall from 7 a.m. to 4:30 p.m. each day. The flu vaccine will also be available at the Fort Rucker Retiree Health Fair Oct. 28 at Yano Hall, and for beneficiaries Oct. 31 in the preventive medicine department at LAHC.

Flu shots will be available in the preventive medicine department from 7:30 a.m. to 3:30 p.m. Monday through Friday. Patients should keep in mind that lunchtime is the busiest time for the department.

"We hope to make it easily accessible to individuals who do not want to make a doctor's appointment off post or may just be putting off getting the vaccine. We hope our eligible population takes advantage of this free, but extremely beneficial benefit," said Capt. Pamela Francis, chief of LAHC Preventive Medicine.

People are encouraged to take advantage of receiving the vaccine as early as they can. Likewise, Department of Defense Education Activity schools require children be vaccinated no later than Dec. 2.



In this file photo, Sgt. 1st Class Justin Hartman, NCO Academy, receives a flu shot from Sgt. Joey Rivera, Lyster Army Health Clinic, in 2014.

In accordance with effectiveness recommendations by the Centers for Disease Control and Prevention, the Army will not be offering the live attenuated influenza vaccine, known as FluMist. The nasal spray

vaccine is not being recommended this year because recent research has questioned its effectiveness. Researchers are still trying to confirm if and why the nasal version might be less effective than the shot.

Flu season is often unpredictable and has the potential to impact DOD force readiness and mission. In the United States, influenza results in more than 40 million reported cases, more than 750,000 hospitalizations due to serious complications, and up to 50,000 deaths annually.

The CDC recommends a yearly flu vaccine for everyone six months and older. It's especially important that certain people get vaccinated either because they are at high risk of having serious flu-related complications, or because they live with or care for people at high risk for developing flu-related complications.

Those at higher risk for complications from influenza include people with asthma, diabetes, heart disease, pregnant women, people with weakened immune systems, children younger than 5 years old and adults age 65 and older

Taking necessary steps to prevent or stop the spread of the flu include washing hands often with soap and water, or using anti-bacterial gel when soap and water is not available, avoiding touching your eyes, nose and mouth, covering your cough or sneeze, and staying home when

To stay up to date on flu vaccine availability, be sure to check LAHC's website and Facebook page, or call the preventive medicine department at 255-7260 or 255-7332.

Cite Mother Cite Daugh

Duo builds bond over shared love of running



Shelley Westmoreland, military spouse, and her daughter, Hannah, pose after the Divas Half Marathon and 5K run in Peachtree City, Georgia, Sept. 10.

By Nathan Pfau Army Flier Staff Writer

Sharing a hobby is a great way for people to create a bond, and a Fort Rucker mother-daughter team is doing just that as they tackle the streets in their running shoes.

Shelley Westmoreland, military spouse, took her love of running and introduced it to her daughter, Hannah, and now they're an inseparable running duo.

Most recently, the pair took on the Divas Half Marahon and 5K run in Peachtree City, Georgia, where Shelley placed 2nd overall female with a time of 1:45:41 out of 789 runners in the half marathon, and Hannah, who is 10 years old, placed 3rd overall with a time of 26:10 out of 1,204 runners in the 5k.

"We've been doing the family runs since she was old enough to run – literally since she was about 2 years old," said Shelley. "It's amazing to be able to share this with my daughter and see this interest in her."

"I like to run with my mom a lot because she can help me," said Hannah. "She gives me tips on how to run better, and even though she's faster than me, she'll run at a pace that's good for me. It's still fast, but it's not too, too fast."

Shelley, who's been running for about 26 years, said her love of running stems not only from the fitness side of it, but also how it makes her feel mentally.

"I started running when I was a kid and it's always been fun," she said. "As I progressed through running

SEE RUNNING, PAGE D3

Fort Rucker ASAP to transition to new **location**

By Jenny Stripling Lyster Army Health Clinic Public Affairs

The clinical assets of the U.S. Army Substance Abuse Program will transition from the Installation Management Command to the Army Medi-

ASAP counselors at the Fort Rucker ASAP are moving from their current location to the LAHC Behavioral Health Clinic and will begin seeing patients at the new location on Oct. 24.

After a comprehensive review, the secretary of the Army directed the realignment of the ASAP clinical care from IMCOM to MEDCOM to integrate substance abuse care with the Behavioral Health System of Care. IMCOM will retain responsibility and policy oversight for ASAP drug deterrence and testing programs, prevention training and the ASAP training curriculum.

ASAP will transition into the Army's Substance Use Disorder Clinical Care program.

SUDCC uses a multidisciplinary approach to treat and provide Soldiers, family members and Army civilians the resources and support they need to overcome the challenges of illicit drug use, prescription medicine and alcohol abuse.

Integrating clinical services with behavioral health to address co-occurring mental and

SEE ASAP, PAGE D3

San Diego N.Y. Giants

New Orleans US. Oakland

Indianapolis Atlanta vs. vs. Houston



David Agan

(19-16)





Col. Tom von Eschenbach







Jim Hughes



PAO





Capt. Jason Jordan 6th MP



Capt. Mike Simmons

























Just Like Cats & Dogs



1. HISTORY: Where did Lyndon Johnson take the oath of office fol-

lowing President Kennedy's assassi-

2. LANGUAGE: What does the

3. MUSIC: What singer's life was

4. TELEVISION: Where was "The

5. ANATOMY: What is a more com-

6. SCIENCE: What is the unit that is

7. INVENTIONS: What was demon-

strated for the first time on Dec. 31,

8. GENERAL KNOWLEDGE:

9. MYTHOLOGY: In mythology,

10. GEOGRAPHY: What is the only

Northeastern U.S. state that borders

Canada but not the Atlantic Ocean or

See Page D3 for this week's answers.

what do theriomorphic gods repre-

What are the colors of Israel's flag?

portrayed in the autobiography "Lady

word "gesundheit" mean when it fol-

nation?

lows a sneeze?

Sings the Blues"

Untouchables" drama set?

mon name for the sternum?

used to measure sound level?

1879, in Menlo Park?

a Great Lake?

Super Crossword

TURN OF PHRASE

91 Lout of

maybe

98 Softens up

system in "The

102 Miter wearer

103 Scared, in

dialect

105 Lara of "60

106 Talk

Minutes'

formally

(restricted

shoelace

to a Brit

additive

- -pah

Terminator"

ACROSS

- 1 Dying fireplace bits 7 Clock or watch datum, in Spanish
- 13 Larynx sites **20** Eye component
- 21 Reach, as a goal 22 Accessory for Minnie
- Mouse 23 Parasite infecting big crowds?
- 25 Steel mill input 26 "Get faster,"
- on mus. 27 First-rate
- 28 Excavated 30 Halo, for one 31 "Such gall!"
- 33 Baseball tool used to tap in a golf ball? 35 "Zip-
- -Doo-Dah" 36 Heptathlete Jackie — -Kersee 38 Hydrocarbon
- suffix 39 Starring role as a malicious character? 43 Atoms with

charges

40 41

62

23

39

48

54

94

118

123

126

105 106 107

- - surprise'

32

56

63

68

95 96

119

45 "Send help!" 48 Shake like —

- 49 Stat for Sosa 50 Tough puff 52 Early arcade giant 54 Ruhr article
- 55 Classic dog name 58 Noises made by U-
- boat control switches? 61 Hydroxyl
- compound 63 Martinez of baseball 65 Hockey
- legend Bobby 66 Green Giant bagful 67 Mariner org.
- 68 Notice displayed in neon?
- 72 Skateboard park feature 75 Positions 77 Juan or señor ender
- 78 "Dang!" 79 Sour. blackish fruit
- 80 Dessert-wine allotment? 85 Aide for
- Frankenstein 88 Sum up
- 89 "That should DOWN

1 Acclaim 2 Cadge

- 90 Air hero 92 Playground comeback 94 Wrath
- 95 Outline sharply 97 First step
- in making a razor sharpener? 100 Stitch (up) 101 Lost intensity
- 104 Links target 105 Hair favored
- husband? 109 #1 hit for
- Shirley Ellis, with "The" 113 Hub for Air France
- "Cabaret" director Bob 115 Demonstrate
- 117 Play hard -118 Contradict 120 Inability
- to tolerate furtiveness? 123 Serene 124 Big Brother
- creator 125 Grub hub? 126 One cuddling 127 "I Need a
- Girl" rapper 128 Dutch beer brand

36 | 37

101 102 103

120

124

127

49

41 Of rockets, missiles, etc.

- 3 Actor Willis 4 Baja tourist
- city 5 Recited readily 6 - Paulo,
- Brazil 7 Resort lake 8 "Blame
- 9 To be, to Camus
- 10 Really riled 11 Simple Simon met one
- 12 At the locale itself 13 Burglar
- 14 Clay layer under soil — de Oro
- 16 Fancified 17 More or less
- 18 Joe of baseball
- 19 Curse 24 Top picks, informally
- 29 Money-back maybe 32 Arbiter
- 33 "Cheerio!" 34 Perilous 36 Triangular sail 37 Of the ears
- 39 Burdened 40 Justice Kagan

- 42 Plug point 44 Missions for the CIA, say
- a guy 93 Nannies 45 City on San 96 Scarred Francisco "Batman" Bay villain 46 Moon, e.g. 97 Revered Fr. nun,
- 47 Certain sib 50 Maiden 51 Bitter-tasting 53 Nicholas I
- and II, for two 100 Evil computer 56 "- Easy" (1977 hit)
- 57 502, in old Rome 59 For dieters, in ads
- 60 Decide that you will 62 First lady
- after Hillary 64 Smelly bulb 107 Curtails 69 Other, in 108 Vestibule Madrid 109 - zone
- 70 Actress Pam 71 Witchy type airspace)
 110 Tip of a
- 73 Lamebrain 74 Kind of black 111 39.37 inches. 122-Down 76 Plains homes 80 — Lanka 112 Car fuel
- 81 "She's the one' 82 Sch. staff
- 83 Skeptics' interjections 84 Indulge fully 86 Competitive shooting

34

52

79

110 111

group

38

60

66

22

25

43

70

98

104

122

125

128

91

115 116

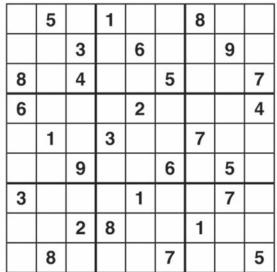
See Page D3 for this week's answers.

A FILL-IN PUZZLE

- 115 Sown bit 116 Adhere (to)
 - 122 Brewed drink
 - 119 "My Gal (1942 film) — -nighter (stadium event)

Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY! © 2016 King Features Synd., Inc.

See Page D3 for this week's answers.

KID'S CORNI



See if you can remove 3 straws from the above drawing so that you will be left with 7 triangles.

even won vor 14t bns If $\mathcal E$ tawes shown won the base of selections and the solution of the

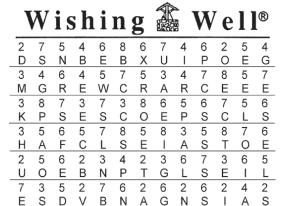
Illustrated by David Coulson AN INTERESTING PROBLEM! Do you notice anything out of the ordinary about what this workman has to say? I AM CUT FROM USING CABLE ASSUMED HARMLESS! Answer: As you read the sentence, left to right, each word contains one more letter than the pre-

CHAIN REACTION! Take the seven letters printed below our diagram and place them in the circles so that eight fourletter words can be read, top to bottom, along the connecting lines. All the words begin with the letter in the top circle.



Pictured above is a crossword puzzle grid. Below are the 16 words that you'll need to complete the puzzle using the trial-and-error method. Keep an eraser handy! BAND DENIM **TABOO**

BEECH DREAM TACKY CANE MEANT TOTEM **UMBER** CHES₁ NOMAD CRIMP OUTDO YAHOO DAZE



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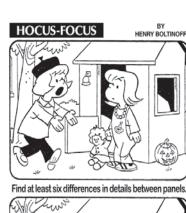
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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

4 2 4 2 4 8 4 8 4 8

YHYECSHIEVCEK

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New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at:

ers: Top to bottom, left to right: Palm, pale, pare, part, pore, port,

Running :

Continued from Page D1

and through life, for me it became something that gets you out and gets you active. You get to socialize with people at the races and that's just really awesome to be able to have that connection with people.'

That connection is something she said she's more than happy to be able to share with her daughter, and to be able to see the same love and passion for the sport brings her joy.

"I'm so proud of her and so excited to be able to share this with her," said Shelley. "She loves running just as much as

me, and maybe even more, and it's a really great bonding experience to be able to look at your kid and be able to share a hobby like that."

Hannah has already participated in multiple 5K runs, with her best time coming in at 24:06, and Shelley believes that one day soon, her daughter will be able to outrun her, but she won't make it easy on her.

"She's going to have to catch me," she said laughingly. "I won't let up. She's definitely working on it, though."

For Hannah, catching up to her mother is the ultimate goal, but for now, she's happy just to be able to run with her.

"I would like to still run with my mom

and be able to catch up with her," she said. "Sometimes when we're racing, I like to go fast. I just think running is super cool."

Shelley hopes that through their experiences running together that Hannah is able to hold on to her love for the sport, just like she has throughout the years.

"I just hope to instill a lifelong love of running with my kids because it's such a gift and such a great hobby," she said. "It just really gives them an outlet for energy that is just so positive, and I hope to keep them in it just to give them the opportunities that I've had with running."

In addition to sharing her love for the

sport with her children and family, she's also taken to sharing it with others on post.

Shelley teaches a family fitness event behind the Fort Rucker Physical Fitness Center where she's able to share her love for running and fitness with other families and their children.

"It's just a lot of fun and it's just about getting everybody out and moving, and getting people to love running," she said. "It's a very healthy lifestyle choice that people can make. It's more than just exercise. It gets you out and socializing, and it's something anybody can do. All you need is a pair of running shoes and a sidewalk."

Continued from Page D1

physical illnesses and substance use disorders will allow for more effective and evidence-based early intervention.

"This realignment will ensure holistic and integrated substance abuse treatment," said Maj. Rhianon Groom, chief of LAHC Behavioral Health. "We believe it allows medical staff and our substance-abuse disorder counterparts to communicate easier to be able to take better care of patients."

Substance abuse and substance use disorders have increased dramatically for the Army since 2001, which is largely attributed to the cumulative and continued stressors of a nation at war. Currently, 30 percent of Soldiers with a behavioral health condition screen positive for substance use disorder and 50 percent with suicidal ideations screen positive for excessive alcohol use.

The transition from the IMCOM to the MEDCOM has been in the works for some time. In March 2015, then Secretary of the Army John McHugh directed the assistant secretary of the Army to conduct a comprehensive review of the ASAP.

ASAP Prevention Services can be reached at 334-255-

FORT RUCKER SPORTS BRIEFS

Party in Pink

Fortenberry-Colton Physical Fitness Center will host its Party in Pink spin session today from 5:30-7:30 p.m. to help bring awareness to Breast Cancer Prevention Month. People are welcome to dress in pink and take part in the two-hour spin challenge. Refreshments will be served.

For more information, call 255-3794.

Rucker Lanes construction

The Rucker Lanes is undergoing construction now through Nov. 1 to improve the facility. The snack bar and bingo corner should remain operational, but might experience some limited unavailability. Bowling will be open for regular business hours now-Oct. 23 and closed again Oct. 24-31. Construction is scheduled to be finished and Rucker Lanes will be operating at regular business hours starting Nov. 1. An updated operational status will be posted at the bowling center, on the bowling center marquee and on the Fort Rucker MWR Facebook page.

For more information, call 255-9503.

Fort Rucker PFC renovations

The Fort Rucker Physical Fitness Center, Bldg. 4605, will undergo a minor renovation project to paint the front entrance lobby area now through Sunday. During this time- allowed to hunt with a guardian, with the age groups: Training League - ages 6-8; 255-4305, or MWR Central, 255-2997.

frame, the front entrance doors, lobby area and hallway will be closed to all patrons. The entrance and front desk operations will move to the gymnasium exit doors located closest to the front parking lot. The racquetball hallway can be utilized to access the locker rooms. The front entrance area will reopen Monday.

For more information, call 255-2296.

Biggest Buck Contest

Fort Rucker Outdoor Recreation will host its Big Buck Contest Saturday-Jan. 30 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck – bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card.

For more information and to register, call 255-4305.

Dove Hunt

Fort Rucker Outdoor Recreation will host a two-day dove hunt Saturday and Sunday from a half hour before sunrise until sunset each day. The cost for each day is \$30 per shooter. Youth ages 6-15 years will be

understanding that they must sit side by side, and an additional fee of \$5 per youth will apply. Hunters will receive a sack lunch with bottled water. Eye protection must be worn at all times. The space is limited to the first 25 adult hunters. This event will be open to the public. Hunters will draw numbers to determine which stand they will have. A brief will be given each morning of the shoot.

For more information, call 255-4305.

Youth gymnastics classes

Fort Rucker Child, Youth and School Services will hold gymnastics classes now through Dec. 20 on Mondays, Wednesdays and Thursdays at the school age center, Bldg. 2806. Classes are offered for preschool – coed – (age 3-5) up though Level 5 (age 16). Cost varies from \$25-\$50 per month. Students can join classes at any time.

For more information, call 255-1867.

Youth basketball registration

Child, youth and school support youth sports fall basketball registration will take place throughout October. Cost is \$40 to participate and additional children will receive a percentage discount to be determined at parent central services during registration. Teams will be broken down into PeeWee League - ages 9-10; Minor League - ages 11-12; Junior League - ages 13-14; and Senior League - ages 15-18. Children must meet age requirements by Sept. 1. A current sports physical and a valid CYSS registration are required for participation. There will be a parents meeting Nov. 3 at 6 p.m. at the youth center gymnasium, Bldg. 2800, Seventh Avenue.

Coaches are needed and people interested can call 255-2257 or 255-2254. For more information and to register, call 255-2257 or 255-2254.

Deep-sea fishing trip

MWR Central will host a deep-sea fishing trip Oct. 22 aboard the Vera Marie in Destin, Florida. All people have to do is sit back, relax and enjoy a day of fishing, as everything else will be taken care of for them, according to organizers. The bus will depart Fort Rucker at 4 a.m. from Bldg. 5700 and return at 8 p.m. People are welcome to bring a small cooler with drinks and snacks – no glass. The cost is \$75 per person, plus tip. The price includes transportation to and from Destin, bait, rod, reel, fishing license, six-hour fishing trip, and people's fish cut and cleaned at the end of the trip. The trip is limited to 42 participants.

People can sign up at outdoor recreation,

Lafayette College Objo State Alabama vs. Ole Miss vs. Kansas State us.Wisconsin Stanford us. US. Oklahoma Arkansas Tennessee Notice Dame os. Trod Kent Anger **DPTMS** (26-9)**Todd Conyers** USAACE (25-10) Jeff Frey NCOA (18-17)Wes Hamilton NEC (25-10) John Tkac DPS (24-11)



Weekly SUDOKU — Answer

			,		0.			
2	5	6	1	7	9	8	4	3
1	7	3	4	6	8	5	9	2
8	9	4	2	3	5	6	1	7
6	3	7	5	2	1	9	8	4
5	1	8	3	9	4	7	2	6
4	2	9	7	8	6	3	5	1
3	6	5	9	1	2	4	7	8
7	4	2	8	5	3	1	6	9
9	8	1	6	4	7	2	3	5
				7				

Answers

- 1. Aboard Air Force One
- 2. A wish in German for "good health"
- 3. Billie Holiday
- 4. Chicago

6. Decibel

- 5. The breastbone
- 7. Incandescent light 8. Blue and white
- 9. Animals
- 10. Vermont

