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ARMY FLYER

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REMEMBERING FALLEN

1st Avn. Bde. celebrates 50 years of protecting nation

By Nathan Pfau
Army Flier Staff Writer

Charged with training Aviation officers, warrant officers and Soldiers in various Aviation military occupational specialties, the “Golden Hawks” have had a long and important role in the history of Army Aviation.

That history and those who made it happen were looked back upon when the 1st Aviation Brigade celebrated its 50th anniversary during a memorial ceremony at Veterans Park Sunday as a means to pay tribute to those who have fought and sacrificed over the years to make the brigade and the Army what it is today.

“We observe this remembrance of our fallen members over the past 50 years who have died to ensure that we have freedom and live in peace,” said Robert Cooper, Army veteran and commander of Enterprise’s Veterans of Foreign Wars Post 6683.

Throughout the observance weekend, the 1st Aviation Brigade hosted past and current Golden Hawks Soldiers and family members with events to promote fellowship and camaraderie, culminating with the

memorial service.

“As we bring a close to a weekend of memories and fellowship, I want to say what an honor it has been for the 1st Aviation Brigade to host you this weekend for the 50th anniversary,” said Col. Woodard B. Hopkins III, 1st Avn. Bde commander. “The current generation takes extreme pride in your service – the original Golden Hawks – regardless of the group, battalion, company or detachment with which you served and when you served.”

Bishop Jerry Ogles, presiding bishop for the Anglican Orthodox Communion Worldwide, spoke during the event. He said he was moved at the opportunity to address a group of men and women who have served their country with such distinction.

“The Holy scriptures say in Psalm 33:12 – ‘Blessed is the nation as God is the lord’ – and certainly our Lord has overseen and favored our arms in combat over the many decades and centuries since we’ve been a nation,” said the bishop. “He’s blessed us beyond measure, He’s blessed us with Soldiers who have been willing to lay down their lives for their country, and for their friends and for their neighbors and for their families.



PHOTO BY NATHAN PFAU

Robert Cooper, commander of Enterprise’s Veterans of Foreign Wars Post 6683, and Col. Woodard B. Hopkins III, 1st Avn. Bde. commander, lay a wreath in honor of those lost in battle during the unit’s 50th anniversary celebration and remembrance at Veterans Park Sunday.

“The 1st Aviation Brigade has led the fight for military technology, especially helicopter technology, in combat,” he continued. “They had a footprint that (was) bigger than anyone can measure in Vietnam.”

Ogles said that up until the Vietnam War,

wars were fought two dimensionally, but the 1st Avn. Bde. added a third dimension – the vertical dimension. Logistics had always been land borne, but it became neces-

SEE 50 YEARS, PAGE A5

40 receive degrees at graduation ceremony

By Nathan Pfau
Army Flier Staff Writer

Education is one of the most important self-improvement steps a person can take, and Fort Rucker’s own celebrated taking that step as they walked across the stage to receive their degrees.

More than 40 students earned their degrees, ranging from associates to doctorates, during the Fort Rucker Army Education Center graduation ceremony at the post theater Friday.

Col. Shannon T. Miller, Fort Rucker garrison commander, attended the graduation ceremony and offered her congratulations to the graduates.

“This is a day that marks a significant milestone in each of your lives and, for many, today also marks a monumental accomplishment in your careers,” she said during the ceremony. “Today is significant ... because we have Soldiers, military spouses, Department of the Army civilians and Army veterans who will walk across the stage – congratulations on a job well done.”

Those who earned their associate’s degrees were: Miranda Roberts, James McMillion, Jamie Holsey, Lance Singleton, William Johnson, Felix Arroyo, Latisha Latham-Walk, Shanee Bowman, Kimberly Davis, Scott Scheuer, Junyang Li, Lee Buller, Karizmah Yelverton, Brandon Monter, Brandon Cook and Thomas Ca-

pouch.

Those who earned their bachelor’s degrees were: Jason Garcia, Reginald Peterson, Shawn Paris, Isabell Saldana, Myra Aponte, Trina Smith, Jennifer Walters, Clarence McCrae, Jennifer Paris, Michael Anderson, Bonnie Murray, Kathryn Neiman, Candice Alliston, Michael Taylor, Santiago Ramirez and Terrance Newsome.

Those who earned their master’s degrees were: Jennifer Rosa, Crystal Christian, Jeanelle Joseph, Andrea Martin, David Ware, Brett Chivers, Michael Nearn and Christine Permenter.

James Martin was also recognized for earning his doctorate degree.

“I know that many of you never thought that this day would come,” said Miller. “As both you and your families have sacrificed a great deal for you to get to this day ... you continued to press on with analyzing and writing papers, and formulating your thesis – certainly not an easy task.

“You all chose to educate yourselves during these challenging times with multiple combat deployments, multiple training exercises or just balancing your demanding jobs and careers,” she said. “Whether you realize it or not, your education has not only increased your own abilities, but increased the effectiveness of your units and your careers.”

SEE GRADUATION, PAGE A5



PHOTO BY NATHAN PFAU

Graduates make their way down to the stage as they prepare to receive their degrees during the Fort Rucker Army Education Center graduation ceremony at the post theater Friday.



PHOTO BY NATHAN PFAU

Soldiers participate in a Sexual Harassment/Assault Response Program Empowerment Workshop at the Spiritual Life Center Tuesday where they learned how to respond to situations regarding sexual assault, alcohol abuse and consent, among other SHARP-related subjects. For more information, check out next week’s issue of the *Army Flier*.

ONE-STOP SHOP

DOD launches MilitaryChildCare.com

By Robert Dozier
Installation Management Command
Public Affairs

FORT SAM HOUSTON, TEXAS — The Army is transitioning to a new single portal Department of Defense website designed to make it easier for Soldiers to find the childcare they need.

Starting June 22, families at Fort Rucker will have access to MilitaryChildCare.com – designed to simplify and improve the child care request for care process, according to Theresa Sanders, the Installation Management Command Child, Youth and School Services Outreach Services Program manager.

MilitaryChildCare.com provides a single online gateway for families to access military-operated or military-subsidized child care options worldwide across all services. The site enables families to create a household profile, conduct child care searches, submit requests for care, and manage their requests at any time and from any location, Sanders said.

“The vital function of this website is to simplify the child care search process, helping patrons make better informed decisions about their child care needs,” said. “The DOD has worked hard to develop a system which allows patrons to create their own account, search and request care, manage requests and update their profile from the convenience of their home.”

The new DOD site, which is being intro-



DOD GRAPHIC

duced worldwide in phases, offers a more streamlined approach to finding and requesting care, expedites placement through a standardized request process and waitlist management tools, and provides reports that help programs better plan for future placement needs, she said.

Through MilitaryChildCare.com, eligible families can search and request care for full day and part day options in facility-based and home-based programs for children from birth through age 12. Families may remain on a preferred program’s waitlist even after being offered care or enrolling in another program, Sanders added.

Families at Fort Rucker who are currently on waitlists will be automatically transitioned to the new Web-based system. These families will retain the original date of their requests for care and all program enrollment processes will remain the same, she said.

For additional information, go to MilitaryChildCare.com or contact the Help Desk by calling the toll free number, 855-696-2934 or emailing FamilySupport@MilitaryChildCare.com.

PERSPECTIVE

SOLDIER FOR LIFE

Officials offer tips for beginning transition process

Bryan Tharpe
Fort Rucker Soldier for Life Center

So, you just looked at your countdown calendar and, in about a year, you're going to be parting company with the Army.

"Wow!" you think, "That time will pass fast." You're suddenly overcome with a gnawing feeling that you ought to be doing something to get ready for this major change in your life.

Then you remember one of your friends talking about how valuable Soldier for Life-Transistance Assistance Program services were when she completed her military service, so you grab the phone and call SFL-TAP.

The voice on the other end of the line is friendly and gives you the answer you want to hear. The SFL-TAP staff member explains that transitioning Soldiers must begin working with the SFL-TAP Center not later than one year from separation or two years from retirement.

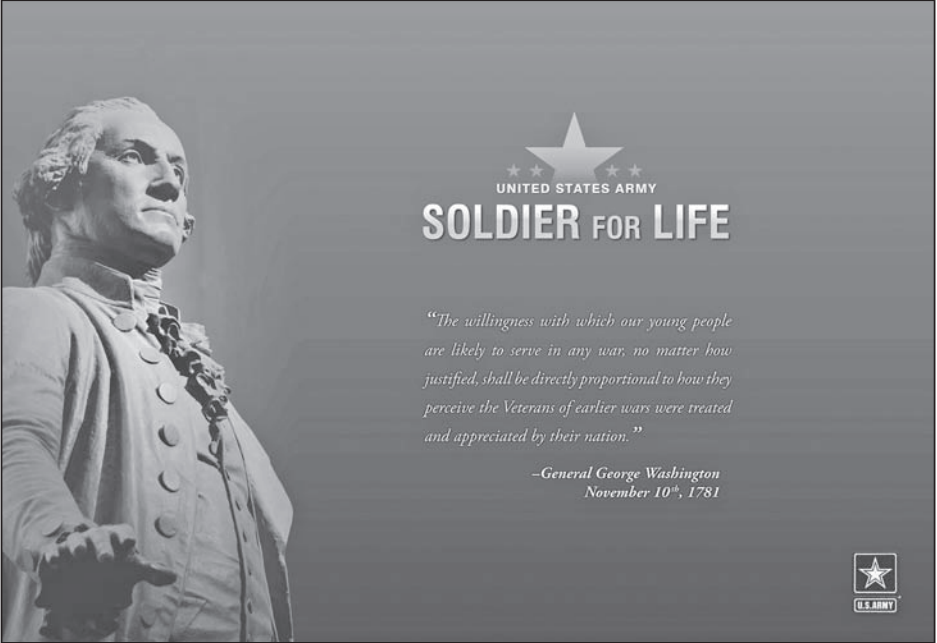
"Hey," you think, "that's still a long way out to get started." Your first impulse is to voice that fact in no uncertain terms to the person on the other end of the line. Fortunately, some of your human relations training kicks in and you simply say, "Well, I guess by starting earlier I can better prepare myself for the transition."

Additionally, The VOW Act made attending all SFL-TAP classes mandatory, as well as doing your initial SFL-TAP pre-separation briefing not later than 12 months from your separation or retirement date.

If you see yourself in this scenario, read on – indeed, it may be too far out to start sending out resumes, but there are some things you can do while you're waiting for that separation or retirement date to draw closer.

Furthermore, the earlier you start using SFL-TAP services, the more latitude you have to schedule appointments around your unit mission requirement.

Start networking. You can get started networking (talking) with relatives, friends and acquaintances to let them know you'll



be looking for a job in about a year. You'll probably be pleasantly surprised at just how helpful network contacts can be. Most people you talk to will be more than willing to help.

Of course, the more specific you can be in terms of what you want to do and where you want to live, the more valuable your network contacts can be. The value of networking in job search is illustrated by the fact that almost 80% of job seekers find their jobs through some form of networking.

Attend an SFL-TAP job assistance workshop. Knowing how and where to look for a job is half the battle. You can never begin too soon to start learning all you can about the job search process, how to produce great resumes and cover letters, and acquiring excellent interviewing skills that make you look and sound polished while you are trying to market your abilities.

Take advantage of all the services the education center offers, as well. Of course, the obvious thing here is to further your education and training to make you more marketable. You may wish to work on a degree or brush up on your computer skills – computer classes and skills are especially good for

your resume.

Either way, the education center can help you. Additional training and education will usually increase your options for employment.

And, if you aren't sure what you want to do when you finish your military service, the education center can help you complete an interest inventory that will indicate what types of occupations you appear to be best suited for.

Gather information. Once you start your job search, you'll need a great deal of information to accurately complete job applications and to develop an effective resume. You can start gathering that information now.

This will include such things as the names, addresses and telephone numbers of previous supervisors, and also where you worked and the inclusive dates you worked there for at least the last 10 years.

Additionally, gathering other documents, such as personnel records, training certificates, diplomas, etc., will make it much easier to write an effective resume and to answer interview questions. If you wait until you're out of the military to start gathering

this information, the task will be much more difficult.

Research. You can start researching companies, salaries and cost of living in particular areas of the country. Researching companies can help you decide if you really want to send a resume to a particular company and can help you shine when you go for an interview with the company.

Additionally, you can get started researching the salaries for the kinds of jobs you're interested in as well as the cost of living in areas where you might relocate. This research can pay big dividends for you. One major benefit is that it will help you decide if salaries in the industry and area you're considering are adequate.

Of course, to make a good decision on salary, you'll need to know how the cost of living in one area compares with other areas. The information regarding salaries and cost of living will also be very valuable if you have the opportunity to negotiate salary.

Develop a "positive, I won't procrastinate" attitude. Perhaps the best thing you can do between now and the time you start working with SFL-TAP is to develop a positive attitude that includes a determination not to procrastinate. Get started on all the things mentioned above.

Allow yourself to be positive about your worth in the marketplace – it's a fact that employers are looking for people like you who have a good work ethic, who are motivated and who know how to work as a team member. Resolve that the first day you're eligible to work with SFL-TAP, you'll stop by the Center and sign up for SFL-TAP services.

Additionally, resolve that you'll take advantage of all the services SFL-TAP offers with the knowledge that individuals who work with SFL-TAP generally get jobs sooner and get higher starting salaries than Soldiers who do not use the full range of services.

As you can see, there are a number of things you can do to be more proactive in your transition process while waiting for your separation or retirement date.

For more suggestions, call 255-2558.

Rotor Wash

“A youth British Soccer Camp runs May 31 through June 3 with registration ending May 26. Why is it important to keep children active through sports and other activities?”



Alix Chenard,
military veteran

"It's important to keep children from getting used to a sedentary lifestyle."



Aubriana Price,
military spouse

"Get them accustomed to a more active lifestyle early on and it creates good habits later in life."



Gabrielle Ryan,
military spouse

"It's always important for kids to get outside, and do more than just sit at home and watch TV or play video games."



Jonathan Carmichael,
retired military

"I think playing sports helps children be more social and learn social skills."



2nd Lt. Mckenzie Hudgins, D Co., 1st Bn., 145th Avn. Regt.

"Playing sports gives you a real sense of teamwork. No one player can carry an entire team, so children really learn to work together."

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflyer.com.

BIG SAVINGS

Fort Rucker Tax Center saves Soldiers more than \$440,000

By Nathan Pfau
Army Flier Staff Writer

The Fort Rucker Tax Center had another successful season helping Soldiers file their taxes.

Although not all Soldiers were eligible for a tax return, those on the installation who did received a total of \$453,733 in state refunds and \$2,783,808 in federal refunds, for a total of over \$3.1 million, according to Tod Clayton, volunteer income tax coordinator at the center. The center also filed a total of 1,327 e-files for federal and 993 state returns, an increase over last year, saving Soldiers a total of \$444,054 in preparation fees.

“The season was a complete success,” he said, and although tax season is over, the tax center will still operate year round at the legal assistance office where it will continue to serve Soldiers.

“We are still open for Soldiers who are deployed and for those who have not filed their taxes yet due to an extension or amendments on their returns,” he said. Soldiers can file amendments for up to the

past three years if they feel a mistake was made on past returns. They will need to file a 1040X form and provide their past tax returns.

Clayton said that if Soldiers have made mistakes on their returns, they should seek out the help from the tax center for an amended return.

“It’s something we can do year round that we’re happy to help with,” he said. “I’ve had a few people come in and tell me that they forgot to do a few things and I’ve been able to help them with their amended returns.”

For amended returns, people should call the legal assistance office to make an appointment.

For those with extensions, Clayton said that typically people will not be penalized for filing for an extension, but if a balance is due, it’s not an extension to pay one’s taxes. Taxes are meant to be paid by April 15, he said, and an extension only helps a person who doesn’t have a balance due. Those who owe taxes are subject to interest and penalties by the Internal Revenue Service.

Clayton also advises people to start prepping for the next tax season as soon as they can.

If people are getting a large refund back or owing a lot of money, they have the option to adjust their withholdings, said the tax coordinator.

“Also, if there are big changes in your life, such as going from single to married, then you may be getting more money back – these are things you need to adjust for,” he said.

Although the next tax season is far from people’s view, the calendar year is already about five months in, so people should be ready for when the new tax season rolls around.

“You want to make sure that you keep what you owe, if anything, under \$500,” said Clayton. “If you owe more than that, you’re supposed to estimate taxes, which requires people to pay out every quarter.”

If the adjustments aren’t made on their tax forms, individuals could either have too much taken out of their paychecks or not enough, which could result in a large refund or a lot of money owed at the end

of the year.

Although Clayton said that a large refund might not seem like a bad thing, it just means it’s less money that people are getting per paycheck. So, if it’s money that they could use now, they need to make the adjustments as soon as possible.

It’s a matter of wanting the money in your paycheck or wanting it all at the end of the year, he said, and putting more toward taxes is a good way for some to save money.

Another thing that Clayton said Soldiers and families should look for is which state they are claiming residency in when doing their taxes.

“Depending on the state, a lot of states don’t have income tax for military personnel, so if they have residency in a state that doesn’t tax military pay, but currently reside in one that does, they might be able to avoid paying state income tax,” he said, adding that it can be a slippery slope and Soldiers should ask a tax professional first before making those changes. When in doubt, always ask.

For more information, call 255-3482.

Vice chief: Army at ‘strategic crossroads’

By J.D. Leipold
Army News Service

WASHINGTON — The Army is at a “strategic crossroads” in which the decisions made over the next few years will lay the foundation for the next generation of Soldiers, said the Army vice chief of staff.

The Army needs to continue incorporating lessons from more than a decade of conflict and adapt its formations for the demands of today’s complex operating environment while building critical capabilities to ensure technological overmatch – “a hallmark of America’s Army,” Gen. Daniel Allyn said May 10 at an Institute of Land Warfare breakfast.

Highlighting the roles 187,000 active and reserve-component Soldiers are playing in more than 140 countries, Allyn noted that while units such as the 916th Forward Engineer Support Team, the 2nd Stryker Cavalry Regiment and the 30th Armor Brigade Combat Team are providing substantial strategic flexibility and depth to combatant commanders



PHOTO BY J.D. LEIPOLD

Allyn

worldwide.

“Despite significant reductions of force levels in Iraq and Afghanistan, demand for Army forces has not abated as quickly as our end-strength,” Allyn said. “This is no small task. At current end-strength, the Army risks consuming readiness as fast as we build it.

“Today the Army has a third fewer active brigade combat teams than in 2012, yet emergent demand for Army forces has in-

creased by 23 percent during the same period,” he said, adding that the Army fulfills nearly half of all planned combatant commander requirements and almost two-thirds of emergent demands. “Yes, we have a very busy Army, and we’re struggling to adequately modernize our force for the future while sustaining current operations tempo.”

Allyn said the global security environment demands the Army remain prepared to execute joint operations against a wide range of threats and diverse environments and that realistic and rigorous training across all echelons is the bedrock to readiness and that all requires sustained resources in time and money.

“As leaders we know that readiness is not easily restored once lost,” he said. “We are still recovering from the effects of the 2013-14 sequestration experience. Building readiness is a time-intensive and leader-focused endeavor and it is substantially affected by operational demand.”

What would make matters worse is a looming threat of a re-

turn to sequestration-level funding in fiscal year ‘18, he said.

“For the Army to move forward and address our readiness and modernization shortfalls, the Budget Control Act must be repealed,” he said. “The programmed BCA levels of funding in the years ahead impede predictable planning and sustained program momentum and represent a clear and present danger threatening the Army’s ability to fulfill our national security strategy.”

The vice chief said a consequence of the current fiscal constraints is that the Army cannot deliver the most modern equipment and reasonable fielding timelines, which risks falling behind peers in critical capabilities.

“Since 2011, the Army’s modernization program has shrunk by a third and today it stands at \$36 billion less than the next closest service,” he said. “Given these trends and to preserve readiness in the short term, the Army has been forced to selectively modernize equipment to counter our adversaries’ most pressing tech-

nological advances and capabilities.

“These decisions increase the time necessary to defeat an adversary, increase risk condition and potentially increase casualties ... these trade-offs are reflections of constrained resources, not strategic insight,” he continued.

Turning to recommendations from the National Commission on the Future of the Army, Allyn said many of those recommendations offered realistic solutions that helped sharpen the Army focus.

He said after completing a holistic review of the NCFA report, the Army supported in principle the vast majority.

Some of the most significant recommendations the Army held to include the forward stationing of an armor BCT in Europe, retaining 11 combat Aviation brigades and increasing Army National Guard Combat Training Center rotations, which he said would be “absolutely helpful and justifiable, but difficult to implement within current resource levels in manpower and funding.”

News Briefs

Chapel offers free movie

The Fort Rucker Religious Service Office will provide a free movie screening of “Honoring the Code, Warriors and Moral Injury,” Friday from 1-2:30 p.m. at the post theater. There will also be free popcorn and refreshments. The Invisible Scars Project is a ministry of the Crosswinds Foundation for Faith and Culture. Its mission is to help provide awareness about post traumatic stress and moral injury.

For more information, call 255-3903 or 255-3447.

Memorial Day ceremony

Fort Rucker will host its Memorial Day ceremony May 27 at 8:30 a.m. at Veterans Park, located in front of the U.S. Army Aviation Museum near the Daleville Gate.

Community strengths, themes assessment

Fort Rucker is running its second biennial Health Promotions Community Strengths and Themes Assessment now through June 30 aimed at collecting population data as it relates to the health and readiness of the Community. Data is collected through the Internet, which allows Soldiers, family members, civilians and military retirees to take the survey from their homes or offices. The survey focuses on how the community feels on health, safety, quality of life and overall satisfaction with the installation. Information is collected through the Fort Rucker Community Health Promotion Council Office. It will be used to help identify population health concerns for assessing health-related needs of the Fort Rucker community for program planning, policy development and program evaluation.

The confidentiality of responses is assured under Section 308 (d) of the Public Health Service Act. Procedures are in place to prevent the disclosure of personal data, including data encryption and secure data networks. No personal identifiers are collected as part of this survey process.

The assessment is available at <https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=251137452BC46511>. For more information, call 255-0529.

Vacation Bible School

The Fort Rucker Religious Services Office will host its Vacation Bible School June 6-10 from 8:30-11:30

a.m. at the Main Post Chapel Complex, Bldgs. 8939 and 8940. VBS is for children in kindergarten (age 5 by Sept. 1) through sixth grade. This year’s theme is Egypt, Joseph’s Journey from Prison to Palace. VBS will feature Bible lessons, crafts, music, recreation, snacks and daily celebrations. Volunteers are needed to help out with the event.

To register, volunteer or get more information, visit the Fort Rucker Religious Education Center in Bldg. 8939, or call 255-3946 or 255-2989. People can also visit Wings Chapel, Bldg. 6036, or call 255-2051 or 255-9566.

AER closing ceremony

The 2016 Army Emergency Relief Campaign Closing Ceremony is scheduled for June 6 from 2-3 p.m. at the U.S. Army Aviation Museum. The primary goal of the campaign is to promote awareness of benefits provided through AER.

For more information about AER, call 255-2341 or 255-3765.

School physical appointments

To ensure the highest continuity of care possible while providing timely access for patients requiring a school physical, Lyster Army Health Clinic will offer school physical appointments during the dates and times below. These slots will fill quickly, so people should book as soon as possible. The appointments serve to provide additional times and dates for dual-working parents and those who cannot schedule an appointment during normal business hours.

Parents should make sure to bring any required documentation to the appointment, with the patient portion filled out completely. The appointment will be for the school physical only. Any other issues will need to be addressed with the primary care clinician.

Appointments are available: July 13, 1-3 p.m.; July 27, 4-6 p.m.; Aug. 3, 1-3 p.m.; Aug. 10, 4-6 p.m.; Aug. 24, 1-3 p.m.; Aug. 31, 4-6 p.m.; Sept. 7, 1-3 p.m.; Sept. 14, 4-6 p.m.; Sept. 21, 1-3 p.m.; and Sept. 28, 4-6 p.m.

Resident survey

Corvias Military Living is asking all residents to

complete the 2016 Headquarters Department of the Army Residential Communities Initiative Resident Survey. The survey gives on-post residents an opportunity to provide feedback to the Army, RCI and Corvias Military Living on how their housing needs are being met.

Electronic surveys should’ve already been emailed to residents. Residents who did not receive a survey or who have questions should contact their community office. Residents must fill out and submit the online survey by June 6.

The survey should take less than 20 minutes to complete. It will ask questions on topics such as residents’ evaluation of their present home, community amenities, resident activities, the community maintenance team and property management team, among others.

All survey answers are strictly confidential and residents are urged to offer honest responses. Personal data is not tabulated and the survey does not identify the resident in any way.

Diabetes Basics

Lyster Army Health Clinic offers beneficiaries a four-part Diabetes Basics Program where they will learn about prevention and controlling diabetes. Classes are held Thursdays from 9 a.m. to noon at Lyster.

For more information, call 255-7986.

Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six- to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from 9-11 a.m. or 1-3 p.m.

For more information, call 255-7986.

Lyster update

People are welcome to check out the Lyster Army Health Clinic Facebook Page for the Healthy Tip of the Day and important clinic information, such as class dates and times.

The Lyster Twitter feed is at @LysterAHC.

Army enhances NetOps, the eyes, ears of network

By Amy Walker
Program Executive Office Command, Control,
Communications-Tactical Public Affairs

FORT BLISS, Texas — During battlefield operations, a brigade’s fleet of Warfighter Information Network-Tactical network-equipped vehicles are often spread out across great distances and austere terrain, supporting both stationary command posts and on-the-move missions.

Newly enhanced and simplified Network Operations tools will make it easier for communications officers to see the big picture as they plan, manage and defend the vast tactical mission command network, increasing its security and strength, said Col. Charles J. Masaracchia, commander for 2nd Brigade, 1st Armored Division, the main operational unit for the Army’s Network Integration Evaluations.

“In a battlefield environment where everything is transferring over the network and cyber security is a constant concern, NetOps is absolutely critical,” Masaracchia said. “With these tools we have the ability to see the network and identify and fix anomalies – we can identify a problem with a node and start troubleshooting from right here (at the brigade command post) and sometimes even fix it without ever having to go to the distant station. That’s incredible.”

The Army has been testing the new NetOps software upgrades this month as part of the WIN-T Increment 3 Limited User Test, conducted at NIE 16.2 at Fort Bliss, Texas. Successful evaluation results will support the software technical insertion of the new enhancements into both the at-the-halt and on-the-move increments of the WIN-T network, which is currently projected for fiscal year 2017. Feedback gained from the evaluation will also support future network improvements.

During the NIE’s complex decisive action exercises, the brigade’s S6 and his network staff used the improved NetOps tool suite for a wide array of tasks, including configuring, operating, monitoring and troubleshooting the network, as well as defending it against continual cyber attacks. The new enhancements automate many of these functions to make it easier for the network team to manage the network and be more effective.

“The enhanced NetOps tools will allow the S6 to better fight the network in parallel with the battle,” said Col. Ward Roberts, product manager for WIN-T Increment 3. “Through the visualization tools and their integration with network devices, the S6 can now adjust the network design to better meet the commander’s intent as the battle evolves.”

The Army continues to listen to Soldier feedback from theater, user juries and test events to make WIN-T NetOps, user interfaces and network systems more intuitive, easi-



PHOTO BY SPC. AURA E. SKLENICKA

Strykers at Network Integration Evaluation 16.1 test newly enhanced and simplified Network Operations tools.

er to operate, with a consistent look and feel. Significant simplicity improvements evaluated at NIE 16.2 include enhancements to the NetOps planning, monitoring and troubleshooting tools.

“These NetOps software enhancements are much more intuitive to the Soldier and are much easier to use,” said Staff Sgt. Nicholas Vettore, 2/1 AD assistant network technician and senior satellite communication systems operator. “With this quick responding software, almost any user who has had a small amount of training will be able to use it and provide the commander with critical summary reports in minutes versus hours as it had been in the past, which could (potentially) save lives and makes mission success much easier (to obtain).”

As part of the WIN-T Increment 3 testing during NIE 16.2, the Army also evaluated the next generation of Network Centric Waveform software, v10, which makes the network more robust. NCW enables beyond-line-of-sight (satellite) communications from division headquarters down to the company level. The NCW v10 software enhancements provide efficiencies through software coding, resulting in four times higher throughput without changing any hardware. That equates to more bandwidth available for the user with much less overhead from the network.

“The increased throughput enables the mission command network to absorb more traffic from intelligence, medical and logistics networks,” Roberts said. “Now we can provide throughput for all of those areas without needing extra antennas, satellites, and bandwidth. So bandwidth can be available to push full motion video, for instance, while still allowing the mission command traffic to flow through smoothly.”

The new WIN-T enhancements also provide better firewall tools and defensive cyber visualization to help signal Soldiers more easily manage, protect, and harden the network from vulnerabilities. During NIE 16.2 the enemy red team posed a very robust insider cyber threat to fully stress

the systems and flush out any weak points, Roberts said.

One of these mechanisms, Public Key Infrastructure, provides network resiliency and an additional layer of security by supporting the distribution and identification of public encryption keys. PKI enables stronger authentication of identity for users and devices on the network. It also reduces system complexity by reducing the number of passwords needed to manage the network.

“PKI helps track and deny access without actually having to watch every person; it acts like a network watch dog,” Vettore said. “It helps us make sure people aren’t doing things they shouldn’t be, or getting information they shouldn’t, and it ensures devices are not entering the network that don’t need to be there.”

Vettore, who has supported seven NIEs and multiple focus groups, said he has witnessed the NetOps improvements first hand.

“I am seeing the changes from recommendations that we put out two years ago actually being built into the software,” Vettore said. “They take it seriously – they don’t just write it down and then never follow up on it. They put the time in, they put the work in, they realize that ‘yes’ it is helpful to get our feedback.”

The Army is also working to improve the NetOps of the lower tactical Internet radio network through the newly enhanced Joint Enterprise Network Manager, the Army’s Joint radio network manager. Looking forward, the Army plans to continue efforts to further synchronize the WIN-T and radio networks to better unify how it is managed and fought.

“Through a synced upper and lower TI, you can get a general or a very detailed overview of the network,” Vettore said. “Here at the brigade level, we can monitor the health of the network and troubleshoot down at the furthest levels. We are also able to prioritize where a major mission should take place. Being able to control the network from a top to bottom is extremely important.”

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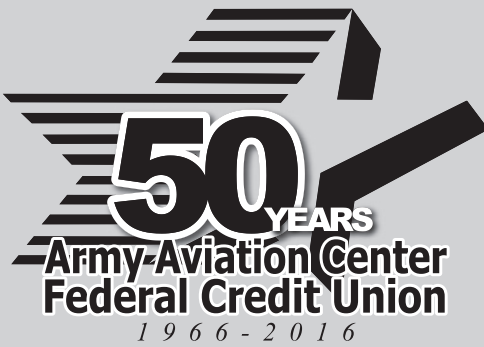
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New software trains response to foreign disasters

By Mike Casey
Combined Arms Center - Training Public Affairs

FORT LEAVENWORTH, Kan. — The Army and a unit of the U.S. Agency for International Development created a new video game to train Soldiers how to respond to foreign natural disasters.

Earlier this year, Maj. Gen. Mark O’Neil, deputy commanding general of the Combined Arms Center – Training, approved the video game “Disaster Sim” for the force.

“Disaster Sim’ teaches Soldiers how to be part of a joint task force, coping with a foreign natural disaster,” O’Neil said. “The video game shows how the Army is using technology to make training more engaging and accessible.”

The video game can be downloaded for free from the Army’s Milgaming Web site.

Developing the game involved:

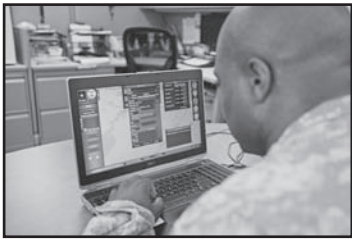


PHOTO BY ERIC R. LUCERO
Sgt. 1st Class Anttwaain E. Dobbins, U.S. Army South, trains on ‘Disaster Sim.’

U.S. Army South; the Army Research Laboratory; the Army Games for Training Program, Program Executive Office for Simulation, Training and Instrumentation; the Institute for Creative Technologies at the University of Southern California, and the Office of Foreign Disaster Assistance.

OFDA, part of the U.S. Agency for International Development, is responsible for leading and coordinating the U.S. response to overseas disasters.

U.S. Army South, Fort Sam

Houston, Texas, is responsible for providing the core of a joint task force headquarters to deploy as part of a U.S. government response to disasters in Central America, South America and the Caribbean.

Col. Michael Panko, Army South’s chief of training and exercises, said Army South saw the need for a capability to provide initial training about the Army’s role in responding to foreign disasters.

“This software is designed as an instructional tool for personnel who would serve on a foreign disaster relief joint task force as part of a whole of U.S. government response led by OFDA,” Panko said.

Tim Wansbury of the Army Research Laboratory said OFDA’s representatives provided the expertise in creating the video game’s content.

“They helped us develop a program to teach Disaster Relief

101,” said Wansbury, project lead with the Army Research Laboratory.

The initial scenario in “Disaster Sim” challenges a Soldier to respond to the needs of Guatemalans during an earthquake, said Lt. Col. Greg Pavlichko. Until taking a new assignment, he was the chief of the Games for Training program, which is part of the National Simulation Center and CAC-T.

“In the game, the Soldier has many more requests for help than resources,” said Pavlichko. “That forces the Soldier to prioritize resources to meet the most critical needs. If the Soldier doesn’t correctly address the most serious problems, there are adverse second- and third-order effects.”

The hour-long scenario also teaches Soldiers the proper procedures to work with OFDA, non-governmental agencies and the host nation. Eventually, ‘Disaster

Sim’ will offer leaders the opportunity to create new foreign disaster scenarios.

Panko said the game can help units besides Army South.

“Any command that has foreign disaster relief as part of its mission will benefit from including ‘Disaster Sim’ in training,” Panko said.

Panko said he was impressed with Disaster Sim’s creation in just 18 months.

“To my knowledge, the rapid development of this software, minimal cost involved and fielding time to the Army is unprecedented,” he said.

A key to the project’s success was the collaborative and supportive approach of all organizations, he added.

“This project underscores a core Army value: Teamwork. None of us alone had the resources or talent to bring this project to life, but together we made it a reality,” Panko said.

50 years

Continued from Page A1

sary to be able to fly in to places that were remote and inaccessible.

The brigade served in Vietnam from 1966 to 1973, and at its peak had over 4,000 rotary and fixed-wing aircraft and 24,000 Soldiers assigned to it, according to the brigade home page at <http://www.rucker.army.mil/usaace/1ab/>.

It was responsible for 40 percent of the

Army’s helicopter assets and all of its fixed-wing assets, and flew more than 1.5 million hours throughout the war.

Throughout the conflict, the brigade suffered more than 5,000 combat casualties with more than 1,700 killed in action, said Ogles.

“When we look upon a great person’s tomb, we usually look and see the name of the person and the date and year of their birth, and the date and year of their death,”

he said. “In between is a dash. Without the dash, there is no meaning to the name or to the two dates.

“The dash is what describes each of us – our lives, our commitment,” said the bishop. “The 1st Aviation Brigade has a heritage that was borne in the heat of combat in Vietnam.”

Ogles said the importance of keeping that heritage alive for future generations is paramount.

“Many of our young people of today are not taught the heritage of men and women who served the country – those who have died on foreign battlefields,” he said. “We need to instill in them an appreciation of what patriotism is all about – what commitment and sacrifice is all about. Someone needs to pick up the torch, and we must have a long line of patriots who are willing to take up the torch and to move it forward to wherever God leads us.”

Graduation

Continued from Page A1

Garcia, garrison equal opportunity adviser and graduate, knows the demands of balancing school and career all too well.

“In reflecting on my own experiences, among PCSs, deployments, TDYs and 24-hour duties, this four-year degree took me nearly 16 years to complete,” he said. “As I reflected, I wondered how many Soldiers have had similar experiences like mine. How many Soldiers today will experience

those same challenges, and if I could advise them, coach them or mentor them, what would I tell them?”

Garcia said education is like buying a car. Colleges offer degrees in different makes, models and sizes, so he advises all potential students to shop around.

“Explore at least three colleges and have your joint service transfers evaluated at each,” he said. “The goal is to tailor the educational pursuit to meet one’s present life situation.”

Although all of the graduates had to put in hard work and

dedication to achieve their degrees, their journey doesn’t end here, said the garrison commander.

“With your newly acquired critical-thinking skills, you will now make better decisions and you will approach a problem differently,” she said. “This isn’t simply having a degree in your hand. This is about using the knowledge that you have learned, and applying your knowledge through your character and your demonstrative performance. With all of those combined, you will undoubtedly continue to be successful.”

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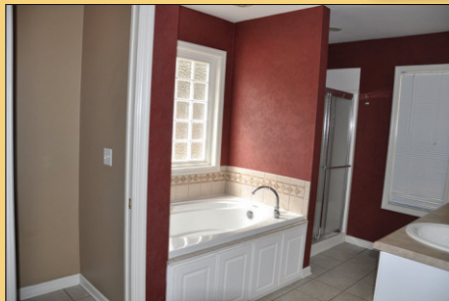
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TAKING OFF



A UH-72 Lakota is on display at the Army Aviation Association of America-sponsored 2016 Army Aviation Mission Solution Summit in Atlanta, April 29 and 30.

PHOTO BY DAVID VERGUN

Army seeks runway-independent UAS, other Aviation modernization

By David Vergun
Army News Service

ATLANTA — A Gray Eagle unmanned aircraft system needs a 4,500-foot runway to take off and land, said the U.S. Army Aviation Center of Excellence and Fort Rucker commanding general.

That effectively grounds it over “a broad arc of instability of the world” where terrain precludes that, said Maj. Gen. William K. Gayler, pointing to a world map while speaking at the Army Aviation Association of America-sponsored 2016 Army Aviation Mission Solution Summit in Atlanta April 29-30.

“At the tactical level, we’ve got to have them more forward-placed and responsive to the needs of the ground commander,” he said. That means they must become less reliant on runways.

The requirement window for a runway-independent UAS is 2025, he said.

Another requirement is to have a common controller for multiple types of UAS, instead

of the multiple controls currently in use, he added.

Gayler and others also provided updates on other systems.

Lakota

As a light utility helicopter, the UH-72A Lakota was selected as a replacement for the OH-58A and C Kiowas, as well as the UH-1 Iroquois.

While Kiowas were used in combat, the Lakota is definitely “not a hardened combat vehicle,” Gayler said. The Future Vertical Lift will fill that role.

Yet the Lakota has proved useful for a number of missions in the U.S. and it is being used extensively at combat training centers and by the National Guard in MedEvac missions, he said.

In the past, Lakota was used to work counter-narcotics on the southwest border and it also was employed in Haiti as part of the relief operations there following the devastating earthquake.

Gayler said the Lakota training program is still in its infancy, and it will consist of a mix of

SEE AVIATION, PAGE B4



PHOTO BY STAFF SGT. WARREN W. WRIGHT JR.

An AH-64 Apache from the 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, lands at the staging area for C Company ‘Bandido,’ 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., prior to the start of a live-fire exercise at Fort Riley, Kan., May 6. The event was a part of operation Danger Focus, a month-long exercise designed to prepare the ‘Devil’ Brigade for its upcoming rotation to the National Training Center at Fort Irwin, Calif.

GETTING READY

Providers host sling-load training

By Spc. Rochelle Prince-Krueger
Fort Stewart Public Affairs

FORT STEWART, Ga. — As a break from the norm, a select group of Soldiers completed the Sling Load Inspector Certification Course April 29 at Fort Stewart.

The Providers of 3rd Infantry Division Sustainment Brigade hosted the course and brought instructors from Fort Lee, Virginia, to provide an opportunity for Soldiers to add another skill-set to their kit bag.

A sling load operation is using a helicopter to deliver goods or equipment to a place that cannot be reached by rail or truck easily. It is often utilized in combat environments such as Afghanistan where the terrain makes it more dangerous to deliver supplies by ground, according to Sgt. 1st Class Kenneth Scott, NCO in charge of the instructors.

“The actual course is in Fort Lee,” he said. “We do mobile training sites because it gives an opportunity to allow more Soldiers to become certified without costing their units a lot of funding to send them to



PHOTO BY SPC. ROCHELLE PRINCE-KRUEGER

A CH-47 Chinook and a UH-60 Black Hawk, 2nd Battalion, 3rd Aviation Regiment, 3rd Combat Aviation Brigade, simultaneously raise a Humvee and an A-22 Cargo bag, respectively, during sling-load operations at Fort Stewart, Ga., April 29.

Virginia.”

The requirements for the course are simple: any Soldier in grade E-4 and above can take the course. They get the certification if they pass the written exam and the hands-on inspection. Soldiers’ military occupational specialty does not matter. In this class, there was an array of MOSs – from flight engineer to military police to quartermasters and everything in between.

“Typically I do my job in an office setting, but our unit wants us to be self-sufficient,”

said Spc. Acie Leslie, a financial management technician assigned to 24th Financial Management Support Unit, Special Troops Battalion, 3rd Inf. Div. Sust. Bde., “This is a great tool to have because you never know when you might need it. We are on the Global Reaction Force mission right now and, who knows, maybe we will need to transport our vehicles and equipment somewhere. We always have to be ready.”

The class started with more than 40 Soldiers, but proved to

be a challenge for some. About 30 Soldiers successfully completed the course and are now certified inspectors for sling load operations.

“I didn’t realize it took that much to rig and sling load equipment,” said Leslie. “But after completing the course, I see why it takes so much effort because safety is paramount, and we don’t want people getting hurt or damaging equipment.”

The course is broken up every day with classroom instruction in the morning and hands-on activities in the afternoon. The Soldiers learn about the different aircraft and types of loads, as well as how to prepare and rig the equipment.

“Sling load is one of the best methods to keep Soldiers safe and out of harm’s way in a combat environment,” said Scott. “These Soldiers who completed the course are a more valuable asset to their units now.”

The Soldiers who completed the course had an opportunity to conduct sling-load operations with the assistance of 2nd

SEE TRAINING, PAGE B4

Army aims ‘to own the weather’

By David Vergun
Army News Service

ATLANTA — “The inability to operate in degraded visual environments is the primary contributing factor to Army Aviation mishaps over the past decade,” said the principal deputy assistant secretary of the Army for Acquisition, Logistics and Technology.

Steffanie Easter spoke at the Army Aviation Association of America-sponsored 2016 Army Aviation Mission Solution Summit in Atlanta April 29-30.

DVE also degrades Soldiers’ ability to perform the tactics, techniques and procedures needed to support ground forces, she said. “It’s an issue we must solve, and I think technologically we will solve that.”

The DVE Brownout Rotorcraft Enhancement System promises to address some of this, she said. Acquiring it is “vital to the safety of our Army Aviators.”

While DVE/BORES primarily addresses brownout conditions caused by sand and dust, other science and technology efforts in infrared sensor development will eventually lead to safer flying in snow, fog, rain and darkness, she said.

These advancements will mean “that the Army doesn’t just own the night – it will own the weather,” she added.

Brig. Gen. Bob Marion, the Army’s program executive officer for Aviation, said “we want to deliver this capability as soon as we possibly can. We’ve lost lives and we’ve lost platforms because of this (brownout conditions).”

The DVE/BORES capability Marion referred to, however, is not the full requirement. It’s take-off, landing, limited

SEE WEATHER, PAGE B4



PHOTO BY CAPT. RICHARD BARKER


Personnel recovery team members with the 25th Combat Aviation Brigade hold formation as a UH-60 Black Hawk lifts off in brownout conditions at Forward Operating Base Shindand, Afghanistan.

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This opportunity is open to individuals
only - responses from companies will not be
considered. Procurement will be made in
accordance with Defense Federal Acquisition
Regulations (DFARS) 237.104. Qualifications,
which also serve as the criteria for which
individuals will be evaluated are as follows:
1. Education: Board Certified Family
Physician who holds a Medical Degree or an
Osteopathic Degree from a nationally
accredited college approved by the Council
on Medical Education and Hospitals of the
American Medical Association.
2. Shall have been actively practicing as a
Board Certified Family Practice Physician for
the past three years or have five years of
experience.
3. Possess & maintain a current Basic Life
Support cert. The American Heart
Association Basic Life Support for Healthcare
Providers is the only program accepted. BLS
recertification shall be maintained.
4. The Health Care Provider (HCP) shall be
able to obtain privileges & be credentialed
by the Medical Treatment Facility's
Credentials Committee.
5. Shall have sufficient skills, knowledge &
experience to perform the specific tasks of
the Performance Work Statement.
Additionally, the Family Physician
shall comply with:
1. Not on the Health & Human Services list of
providers excluded from Federally funded
healthcare programs. The list may be found
at <http://oig.hhs.gov/fraud/exclusions.asp>.
2. HCP shall have knowledge of Health
Insurance Portability & Accountability Act.
3. Be a U.S. citizen or otherwise meet the
requirements of AR 25-2,
Information Assurance.
4. Shall not have been convicted of a felony.
5. Shall successfully complete a criminal
history background check in accordance
with the PWS.
6. The HCP shall be able to read, write, &
speak English well enough & enunciate with
sufficient clarity to effectively communicate
with patients & other HCPs.
7. Possess sufficient initiative, interpersonal
relationship skills, & social sensitivity such
that the HCP can relate to a variety of
patients from diverse backgrounds.
computer applications/software, to include
but not limited to, Microsoft Office
programs, Composite Health Care System,
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9. Required to meet Continuing Education
requirements determined by provider's state
of licensure. The Government will not
reimburse the HCP for these Continuing
Education requirements.
**Prospective candidates must register with
the System for Award Management
database at www.sam.gov prior to contract
award. ★ Interested individuals must contact
Gloria Brogdsdale at (706) 787-5674 or
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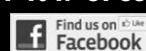
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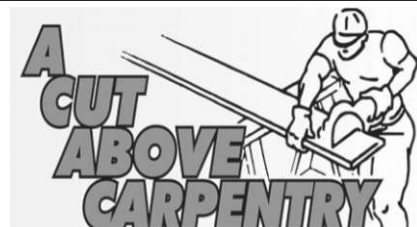
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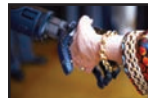
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MAY 19, 2016

ONCE ARMY, ALWAYS FAMILY

Annual race honors fallen, supports survivors

By Jeremy Henderson
Army Flier Staff Writer

Fort Rucker will renew its continued support of Gold Star families during the annual Survivors and Fallen Heroes 5K Saturday.

"The fifth Survivors and Fallen Heroes 5K and fun run honors and remembers fallen service members," Kristi Fink, Directorate of Family, Morale, Welfare and Recreation special events coordinator, said. "This event is a tribute to fallen heroes in Alabama and northwest Florida. Runners will be provided a star to write the name or names of fallen heroes they are running for and can be placed on the runners' shirts. The Gold Star service flag represents sacrifice for the cause of liberty and freedom."

Race-day registration begins at 6:30 a.m. and the race begins at 8 a.m. at Lake Tholocco's West

Beach. Participants are encouraged to pre-register at either the Fort Rucker or Fortenberry-Colton Physical Fitness Center.

The fun run, which is free and open to all children, begins after the 5K race is complete. Each fun run participant will receive a medal.

According to Fink, the event provides an opportunity for the community to show its support for survivors, fallen heroes and Survivor Outreach Services.

"This event shows those SOS family members that their fallen hero has not been forgotten," she said. "This is our way of letting them know we care about them and the sacrifices they have gone through to keep us safe."

Elton Norman, SOS financial counselor, echoed Fink's sentiment.

"While participating in the race is important, it is more important



FILE PHOTOS

Soldiers, civilians and family members, clad with gold stars adorned with the names of fallen Soldiers, take part in a previous Survivors and Fallen Heroes 5k.

to show up in support of survivors and remind them that their fallen heroes are not forgotten," he said. "(Events like this) unify the SOS program and survivors and continue to embrace them. It reassures them that they will be continually linked to the Army family as long as they desire."

"SOS is such an integral thread in the fabric of the Army community because it remains a part of each survivors' lives and continues to provide enhanced access to all entitled benefits for them, to include assistance with the management of lifelong benefit transition milestones," he added.

Norman added that support events like this 5K provide support for SOS and the numerous services it offers survivors.

"Our fallen Soldiers have paid the ultimate sacrifice and the Army is committed to their families," he said. "The SOS program serves as the advocate for the Survivor. The SOS program provides support, information, and services closest to where the family resides."

SOS offers support groups, life skills education, supportive counseling, basic financial assistance, investment education and estate planning education to assist surviving family members.

According to Fink, 200-300 participants line the 5K starting line each year to show their support for survivors and fallen heroes.

"It's great way to be active and show your support to the fallen

heroes and their families," she said. "It's a great 5K route. It is perfect for beginners and also the avid runners."

According to Fink, families can plan a day of fun on post by adding Lake Fest to their itinerary.

"Families can start the day with a nice 5K race or 1-mile fun run and finish it up with a relaxing day at the lake," she said. "It's a perfect way to spend some quality family time."

The 5K begins and ends at Lake Tholocco's West Beach. Participants can enjoy a quick dip in the water or soak up the sun until Lake Fest kicks off at 11 a.m.

For more information about the 5K or Lake Fest, call 255-1749. For more information about SOS, call 255-9637.



Soldiers, civilians and family members take part in a previous Survivors and Fallen Heroes 5k. This year's event is Saturday.



FILE PHOTO

Cristina Arias and Nykia Hanner play a card game at the Fort Rucker Youth Center during a previous summer camp.

SUMMER CAMP

Events offer activity, knowledge, fun

By Jeremy Henderson
Army Flier Staff Writer

Parents searching for ways to keep their children active throughout the summer need only look to Fort Rucker's School Age Center summer camps.

The center will host a variety of summer camps Mondays-Fridays from 5:30 a.m. until 6 p.m. beginning May 31.

"It is a great way for them to meet new friends," Christine Kessel, school age center supervisory program specialist, said. "They can stay active, and the parents can be assured that they will be safe and have a wonderful time."

The camps are open to children in grades 1-5 who are enrolled in child, youth and school services. Children will pick the camp they would like to attend the Friday prior to the camp. Each camp is two weeks in length and a new camp may be selected every two weeks through July 15.

Camps include the following.

- **Chefs in Training** — Children take field trips to bakeries and learn basic knowledge of cooking and baking.
- **Science and Robotics** — Children learn what it takes to design, build, program and operate machines. Field trips will reinforce the science and robotics activities.
- **Trash 2 Treasure** — Students will learn the

importance of recycling and how they can change every day materials into new objects.

- **Outdoor Camp** — Children experience hiking, explore nature and engage in fitness activities.
- **Field Trips** — Children visit Camp Butter and Eggs, and go swimming and bowling.
- **Legos** — This camp stresses creative thinking and problem solving. Children will create stop-motion animation and complete Lego projects.

Camp fees are paid weekly. Fees are based on salary category and include all activities, field trips and food.

Camps begin each weekday at 5:30 a.m., but parents will have some flexibility with morning drop-offs.

"They can be dropped off at any time, but we prefer the children to be here by 8:30 a.m., so they are ready for their camp," Kessel said.

Parents who have not enrolled their children into CYSS may still do so to take advantage of the summer camps, which Kessel said provide an excellent source of activity for the summer.

"A child's health is very important, and staying active and creatively thinking will help keep them healthy," she said. "Children will stay active, meet new friends and explore new ideas."

For more information, call 255-9108 or 255-9638.

VOLUNTEER OPPORTUNITIES

Survivors Fallen Heroes 5K Fun Run

Duties: Volunteers are needed to help with setup breakdown of run site, assist with awards presentation, and assist with passing out water and ribbons to participants. For more information, call 255-9637.

Survivor Outreach Services Volunteer

Duties: Assist with SOS briefings and activities, and help with the development, preparation and mailing of SOS newsletters, and assist with general office organization.

Facilitator for Literature and the Veteran Experience

Duties: Facilitator will perform the following duties to meet guidelines of Alabama Humanities Foundation as follows: select literature for discussion group, lead discussion on selected literature, administer evaluations at the last session, prepare syllabus based on AFH guidelines, have meeting area set up 15 minutes prior to meeting, and other duties as required for sessions.

Training File Clerk

Duties: File correspondence, cards, invoices, receipts, and other records in alphabetical or numerical order. Add new material to file records and create new records. Answer questions about records and files. Eliminate outdated or unnecessary materials, destroying them or transferring them to inactive storage, according to file maintenance guidelines and legal requirements. Find and retrieve information from files in response to requests from authorized users. Keep records of materials filed or removed. Perform periodic inspections of materials or files in order to ensure correct placement, legibility and proper condition. Place materials into storage receptacles, such as file cabinets, boxes, bins or drawers. Read incoming materials in order to determine how and where they should be classified or filed. Perform general office duties, such as copying and operating office machines. If interested, call 255-1898.

Army Family Team Building Instructor

Duties: Prepare for and teach at least one class each quarter, following the instructor instruction and lesson plans provided in the AFTB Instructor Guides. Attend quarterly AFTB Council meetings. Ensure students complete class evaluation forms and forward to the AFTB program manager. Maintain personal records, documenting volunteer hours training received and awards received. Serve as a spokesperson for the AFTB program. Attend professional development. Report safety issues to the ACS volunteer coordinator. Adhere to guidance outlined in Army Regulation 608-1 and AFTB standard operating procedure. If interested, call 255-1429.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Newcomers welcome

Army Community Service will host a newcomers welcome Friday from 8:30-11 a.m. at The Landing. Active duty, spouses, foreign students, Army civilians and family members are encouraged to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, register children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome. For more information, call 255-3161 or 255-2887.

Lake Fest

The Directorate of Family, and Morale, Welfare and Recreation will host the annual Lake Fest Saturday from 11 a.m. to 5 p.m. at West Beach, Lake Tholocco. In celebration of the 15th year of the welcome-to-summer celebration, the theme is tropical paradise. The free event will be open to the public and will feature games, swimming, vendors, inflatables, a sandcastle contest, a volleyball tournament, and free use of life jackets, canoes and paddle boats. The event also includes a car show from noon to 4 p.m. Registration for the show will take place at West Beach from 10 a.m. to noon, with awards presented at 4 p.m. Registration is \$10 per vehicle. All types of cars are welcome. For more information, call 255-1749.

Spouse Sponsorship Survey

Army Community Service is conducting a spouse sponsorship program survey now through May 31 to determine if a need for a spouse sponsorship program exists at Fort Rucker. The program would provide an opportunity for incoming spouses to connect with other spouses who can provide assistance with their family’s transition to Fort Rucker. People can make their voices heard by taking the survey at <https://www.survey-monkey.com/t/W9TRQ3N>.

Mom & Me: Dad too!

Army Community Service hosts its Mom & Me: Dad too! playgroup Mondays from 9:30–11 a.m. at The Commons. The playgroup is for families with children ages birth to 3 years old. For more information, call 255-9647 or 255-3359.

Summer reading registration

Registration for the Center Library’s summer reading program begins Monday and is open to authorized patrons. Parents or children must have a library account and children must be completing grades kindergarten through eighth. For more information, visit the library or call 255-3885. Registration for the program is taken at the library.

Relocation readiness

Army Community Service will host its relocation readiness workshop May 27 from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information on benefits, entitlements, advance pay, government travel cards and more. Workshops are held the last Friday of each month. For more information, such as time and location, or to register, call 255-3161 or 255-3735.

SPLASH! Opens

Starting May 28, SPLASH! will be open Wednesdays-Mondays from 11 a.m. to 5:30 p.m. SPLASH! features double flume slides, a diving board, climbing wall, spray park, and room to lounge and soak up the sun. SPLASH! SPLASH! is open during the summer season and can be rented out for private parties. Daily and season passes can be purchased at SPLASH!, MWR Central and both physical fitness centers.

Summer camps

The Fort Rucker School Age Center will host its Summer Break Youth Camp for youth in grades 1-5 May 31-July 29, Mondays-Fridays, from 5:30 a.m. to 6 p.m. Activities will include: chefs in training, science and robotics, Trash 2 Treasure, outdoor camp and more. The children will also do arts and crafts, go on field trips and learn life skills. Breakfast, lunch and a snack will be served daily. Fees are paid weekly. Children must be enrolled in child, youth and school services to attend. For more information, call 255-9108 or 255-9638. The Fort Rucker Youth Center will host its Wet and Wild Summer Camp for CYSS-registered members in sixth-12th grades



PHOTO BY NATHAN PFAU

Fort Rucker Triathlon

Pictured is a scene from last year’s triathlon. This year’s Fort Rucker Triathlon is scheduled for June 11 at 7 a.m. at West Beach, Lake Tholocco. Participants will swim a quarter mile, bike 10.6 miles and run 3.1 miles. Pre-registration cost for individuals is \$40 until June 5, and \$50 afterwards up to race day. Relay teams – with a maximum of three people) is \$70 by June 5, or \$80 afterwards up to race day. All pre-registered participants will receive T-shirts. If registering after June 5, T-shirts will be available while supplies last. The triathlon is open to the public. For registration and more information, call 255-3794.

(ages 11-18) May 31 to July 31. Camps will be Mondays-Fridays (there will be a fee). Camp hours are 7 a.m. to 1 p.m. Field Trips will be Wednesdays and Thursdays. Youth must be summer camp enrollees to participate in field trips. For membership information or to sign-up, call 255-9638.

Center Library Summer Safety Series

The Center Library will host its Summer Safety Series, an educational program for children. The first part of the series will take place May 31 at 10 a.m. – an electrical safety program presented by Alabama Power called Safe-T-Opolis. The second part of the series will be sun and water safety, and will be led by the Fort Rucker Aquatics staff, June 7 at 10 a.m. The third part of the series will be presented June 14 at 10 a.m. and children will learn how to be safe around dogs, as well as how to act when encountering therapy dogs. Registration is required for these programs and will be limited to the first 65 children to register. The events are Exceptional Family Member Program friendly and open to authorized patrons. For more information or to register, stop by the library or call 255-3885.

Small Business Counseling

Army Community Service will offer small business counseling June 2. People can make one-hour appointments, with the first available at 9:15 a.m. For information and to schedule an appointment, call 255-2594.

Baby-Led Weaning Class

Army Community Service New Parent Support will offer its Baby-Led Weaning Class June 2 from 9-11 a.m. at the Munson Heights Community Center on Red Cloud Road. Topics include: nutrition for the nursing mother, starting solids and more. People need to register by May 27. For more information, call 255-9647 or 255-3359. The SPLASH! 2016 Summer Luau is scheduled for June 4 from 11 a.m. to 4 p.m. The event will feature music, limbo contests, a T-shirt tie-dyeing station (participants must bring their own T-shirt), a dunk tank, corn hole stations, a bouncy house, swimming, water slide and an Aqua Climb rock wall. Door prizes will be given away throughout the event. There will also be food available for purchase. The event is open to the public. Cost for the event will be the daily admission fee or pass-holder fee. For more information, call 255-9162.

Family member resilience training

Army Community Service will host family member resilience training June 6 from 8:30 a.m. to 2:30 p.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the

DFMWR Spotlight

Fort Rucker Family & MWR

rucker.armymwr.com

Fort Rucker MWR

READ FOR THE WIN! Summer Reading Program

Fort Rucker Center Library Registration begins Monday, May 23

Summer is right around the corner, and there is no better way to spend it than with Center Library for our Summer Reading Program as we "Read - for the Win!". Parents or children must have a library account and children must be completing grades K-8.

Thursday, June 16 4 pm–5 pm, Center Library "The Winning Colors"	Thursday, July 7 4 pm– 6 pm, Center Library "Family Game Night"
Wednesday, June 29 3:30 pm–4:30 pm, The Commons "Reading: Sport of Champions!"	Tuesday, July 19 9 am–10 am, Center Library "Fitness & Fun!"
<small>All events except for the awards presentation require registration.</small>	
Saturday, July 30 Begins at 1 pm, Post Theater Awards Presentation and Free Movie	

For more information or to register come by or call Center Library at (334)255-3885.

EFMP Friendly. Open to Authorized Patrons

challenges that life may throw at them. For more information, call 255-3161 or 255-3735. who attend will meet in Rm. 350 at 8:40 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program. For more information, call 255-2594.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session June 9. People

FORT RUCKER MOVIE SCHEDULE FOR MAY 19-22			
Thursday, May 19	Friday, May 20	Saturday, May 21	Sunday, May 22
My Big Fat Greek Wedding 2 (PG-13)7 p.m.	The Angry Birds (PG).....7 p.m.	The Angry Birds (PG)4 & 7 p.m.	The Angry Birds (PG)1 & 4 p.m.
TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.			

ADVANCED ARMS

DARPA creates versatile, mind-controlled robotic arm

By C. Todd Lopez
Army News Service

WASHINGTON — “This is the most advanced arm in the world. This one can do anything your natural arm can do, with the exception of the Vulcan V,” said Johnny Matheny, using his right hand to mimic the hand greeting made famous by Star Trek’s Leonard Nimoy. “But unless I meet a Vulcan, I won’t need it.”

Matheny was at the Pentagon May 11 as part of DARPA Demo Day to show military personnel the robotic arm he sometimes wears as part of research funded by the Defense Advanced Research Projects Agency. DARPA is an agency of the U.S. Department of Defense responsible for the development of emerging technologies for use by the military.

Matheny lost his real left arm to cancer and he said had doctors not cut it off – above the elbow – the cancer would have spread to the rest of his body.

“I’d have been dead in three months,” he said.

Before you are dazzled by the “mind-controlled” aspect of the Matheny’s robotic arm, one of the most striking things you notice is that the arm is not attached to his body with the regular fiberglass cup and straps that are common to most prosthetic arms.

Instead, there is piece of metal sticking out of the end of his bicep onto which the robotic arm can be attached. The metal device has been surgically implanted into his arm, into the bone – a true man/machine interface. That technique is called “osseointegration,” and he’s likely the first in the U.S. to have that done.

But what’s really amazing about the robotic arm he wears is that he doesn’t have to use his right hand to tell it what to do. Instead, he uses the muscles and nerves in what remains of his left arm to send signals to the robotic arm and hand. And then the arm and hand respond, just like a real arm.

“This is part of the Revolutionizing Prosthetics Program, where we set out to restore near-natural upper extremity control to our military service members who have lost limbs in service of our country,” said Dr. Justin C. Sanchez, director of the Biological Technologies Office at DARPA. “The goal is to control the arm as naturally as possible. Before DARPA got into all of this, there weren’t a whole lot of options for people living with that kind of condition. So we asked if we could develop an arm with the same size, weight, shape and grip strength compared to an adult human arm.”

Sanchez said Matheny has had some procedures done to re-map some of the nerves in his arm so he is able to control them in a different way, to make use of the robotic



PHOTO BYC. TODD LOPEZ

Johnny Matheny, with the Johns Hopkins University Applied Physics Lab, shakes hands with a visitor during DARPA Demo Day May 11 at the Pentagon.

arm.

“But it is a more natural way to control this arm, compared to switches or levers,” Sanchez said.

Matheny bragged on the arm’s capabilities.

“So far this thing works great,” he said. “It’s the arm of the future. This arm here, it can do 45 pounds. I can take on any one of these big old burley Soldiers around here. We’ll get a 45 pound weight and keep going. I can keep going till the battery wears down. And when I feel it starting to go down, I say swap me out. They take it out, pop another battery in and I keep going. I never miss a beat.”

The real advances in the research being done by DARPA, Sanchez said, goes beyond the myoelectric control that Matheny is now using to control his robotic arm. Instead, Sanchez said, they want to provide real, direct control by the brain over the arm, over other prosthetics, or over any device.

“We are thinking deeply about how direct neural interfaces interact with complex military systems,” Sanchez said. “An aircraft is one of them.”

They had a video on display at their booth in the Pentagon courtyard, where a

completely paralyzed subject is controlling an aircraft that is part of a video game, using only her mind.

“If you really want to get to natural control, you have to do this – where we have human subjects have direct neural interfaces in their brain,” he said. “They can think about moving their robotic arm and the signals come directly out of their brain, process in the arm, and can actually move the arm.”

That kind of control requires neural implants into the subjects. And Sanchez said that the signals between the brain implants and the potential prosthetics don’t have to just flow in one direction. They can put sensors in the prosthetic that feed signals back to the brain, so users can “feel” again.

“We have not only movement, but also sensation,” he said. “For our most recent subject participating in this, we put sensors in their fingertips. And as you press on the fingertips, it sends signals back to the brain and he can feel you are pressing on his fingertips.”

Michael P. McLoughlin, the chief engineer at the Research and Exploratory Development Department at Johns Hopkins Applied Physics Laboratory, said the benefits of the research they are doing for

DARPA are aimed at making life normal again for Soldiers and other service members who come back from conflict with missing limbs – to provide normalcy for them again.

“A lot of service members today that have come back from the current conflicts, they are teenagers, or in their 20s,” he said. “They have young family members, young kids. This is about getting them back to life. That’s what they want. They want to be able to go back and be able to do all the things we all did. This is about bringing them back to a capability they had before their injury.”

Matheny’s robotic arm is completely exposed black composite material and metal. You can see how it connects to his body, and you can see how it’s put together. One wonders if it will be covered one day with a material that makes it appear to be a real arm. But McLoughlin said that hasn’t been a priority for the team developing the technology that makes it work.

“The thing they are most interested in is that it moves naturally,” he said of those who might benefit from it one day. “A lot of them like that look. They think it’s cool they have a robotic arm. It’s not so much a cosmetic thing, as it is functionality.”

RELIGIOUS SERVICES

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building 109
8 a.m. Traditional Protestant Service

Main Post Chapel, Building 8940
9 a.m. Catholic Mass Sunday
11 a.m. Collective Protestant Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4 p.m. Catholic Confessions Saturday
5 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
8 a.m. Latter-Day Saints Worship Service
9:30 a.m. Protestant Sunday School
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
11 p.m. Eckankar Study (4th Sunday)

Spiritual Life Center, Building 8939
10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

Tuesdays
Crossroads Discipleship Study (Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel
Wings Chapel, 9 a.m. and 6 p.m.

Adult Bible Study
Spiritual Life Center, 7 p.m.

Wednesdays

Catholic Women of the Chapel
Spiritual Life Center, 9 a.m.

Above the Best Bible Study
Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study
Hanchey AAF, Bldg 50102N,
Rm 101, 11:30 a.m.

164th TAOG Bible Study
Bldg 30501, 11:30 a.m.

Precepts Bible Study
Soldier Service Center, noon

Kingdom Kidz and Youth Group Bible
Study Spiritual Life Center, 6 p.m.
Adult Bible Study
Soldier Service Center, noon

Adult Bible Study
Spiritual Life Center, 6 p.m.

Thursdays

LDS Bible Study
(except 3rd Thursday)
Wings Chapel, 9 a.m.

Praise and Worship Bible Study (Meal/
Bible Study) Wings Chapel, 5:30 p.m.

Saturdays

Protestant Men of the Chapel
(1st Saturday) Larry’s Restaurant,
Daleville, 8 a.m.

Bringing People Together Thru Faith

ARMY FLIER Church Directory

“Be ye followers of me, even as I also am of Christ.”
1 Corinthians 11:1

First United Methodist Church
214 S. Main Street • Enterprise
347-3467
Prayer Line 347-3467 ext 321
Service Times:
Traditional - in the Fellowship Hall..... 11:00AM
Contemporary C-3 - in the Fellowship Hall.....8:45AM
The Gathering (Youth) 6:00PM
Sunday School9:55AM
Nursery CareEvery Service

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DOTHAN
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DOTHANVINEYARD.COM

735 East Lee St
Enterprise, AL
36330

334-347-9530
www.GreenHillPC.org

Green Hill Presbyterian Church

Traditional Worship: 11:00AM
Sunday School: 9:30AM
Coffee & Fellowship: 10:30AM

Grace Baptist Church

Minutes from Ft. Rucker Ozark's Gate
On the corner of Highway 231 & Parker Drive
Independent - Fundamental - Soul Winning
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“God So Loved the World”
www.1john316.net
334-774-2311
www.GraceBaptistChurch-Ozark.com

Call 347-9533 to advertise your church on this page.

Music festival comes to Montgomery May 20

Army Flier
Staff Reports

The River Jam Music Festival is scheduled for May 20-21 in Montgomery — admission is free.

The event is presented by Wind Creek Montgomery and the Alabama Roots Music Society. The acts for May 20 at 6 p.m. the Union Station Train Shed include The Tailsman, BPM, Spike

Graham, and Lisa and the E-Lusions. May 21, at 5:30 p.m. at the Riverfront Amphitheater, the acts include Corey Harris, Josh Hoyer and Soul Colossal, Shawn Mullins and Bloodkin, and at 6 p.m. at the Union Station Train Shed the acts include Queen Delphine and the Crown Jewels, Linnzi Zaorski, Zina Moses and Rue Fiya.

For more information, call 334-625-2100, or visit www.funinmontgomery.com/announcements/river-jam.



WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

ONGOING — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

ONGOING — Veterans of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke beginning at 6 p.m. Breakfast is served Sundays from 8-11 a.m. The post can host parties, weddings, and hails and farewells.

ONGOING — Disabled American Veterans Dothan Chapter 87 maintains a service officer at its office at 545 West Main St. (Mixon Business Center) Tuesdays and Wednesdays from 9 a.m. to 2 p.m. The chapter will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims and other veterans benefits. All veteran services provided are free of charge. For more information, call 836-0217, Ext. 123, or send an email to davchapter87@gmail.com.

ENTERPRISE

MAY 26 — The Wiregrass-Enterprise Chapter of the National Active and Retired Federal Employees will meet for its monthly lunch program at 11 a.m. at Po Folks Restaurant. The guest speaker will be Kitty Buck, who will talk on Financial Thoughts to Consider. During the presentation, she will present information and answer questions about money management and how federal employees can successfully handle their finances. All federal employees, active or retired, are invited to attend the luncheon programs scheduled every fourth Thursday at 11 a.m. at Po Folks Restaurant in Enterprise. The programs provide information to improve the lifestyles and community involvement of retired and current federal employees. For more information, call 393-0492.

ONGOING — Disabled American Veterans Chapter 9 Enterprise-Coffee County meets the second Thursday of each month at 6:30 p.m. at Shane's Rib Shack. For more information, call 308-2480.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall,

1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

ONGOING — The Ann Rudd Art Center offers free art lessons for children ages 5 and older. The young student class is Saturdays from 10 a.m. to noon, and the adult-teen class is from 12:30-3 p.m. Slots are on a first come, first served basis. For more information, call 774-7922.

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information,

call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

MAY 21 — Marianna, Florida, will host its sixth annual Armed Forces Day Commemoration May 21 from 9 a.m. to 3 p.m. at the Marianna Municipal Airport. Admission is free. There is a \$1 pancake and sausage breakfast for pilots from 8-10 a.m. and a \$1-per-gallon fuel discount (general aviation). Pilots can earn WINGS Credit by attending a FAA Team Aviation Safety Seminar with free dinner May 20 from 6-9 p.m. at 3689 Industrial Park Drive, Marianna. People can register on-line at Faasafety.gov.

There will also be warbird and civilian aircraft displays, a CV-22 Tilt Rotor ground tour briefing, a drawing for 15 free rides in a Vietnam-era UH-1 Huey, and flights in a Cobra gunship for \$300. Army Aviation Heritage Foundation pilots will present the flights. Sky Dive Panama City will perform at noon and also the Red Dragon aerial demonstration team.

Wiregrass Chapter 1358 of the Experimental Association will provide free airplane flights for youth ages 8-17. Registration begins at 9 a.m. There will also be food, and arts and crafts vendors and people can take part in the Salute the Wounded 5K Fun Run Challenge.

Beyond Briefs

Freedom Rides anniversary

Montgomery's Freedom Rides Museum, 210 S. Court Street, will commemorate the 55th anniversary of the Freedom Rides May 20-21. Schedule: May 20, 10:23-11:15 a.m., commemorative program honoring Freedom Riders in front of the Freedom Rides Museum; 11 a.m., museum opens to the public for tours; 1:30-2:30 p.m., the legal side of the Freedom Ride,

Federal Courthouse, Judge Johnson's courtroom; 6-7:30 p.m., commemorative community program, First Baptist Church, 347 North Ripley; May 21, 8-10 a.m., Freedom Ride Bike Ride, 4-mile bike ride leaving from the Freedom Rides Museum, visiting sites throughout downtown Montgomery; 10 a.m. to 2 p.m., book signings at the Freedom Rides Museum.

For more information, call 334-230-2676 or visit www.facebook.com/events/1726542950954971/.

Hot air balloon festival

Decatur's Point Mallard Park will host the Alabama Jubilee Hot Air Balloon Festival May 28-29.

This festival is one of the largest free hot air balloon gatherings in the southeast, according to organizers. The event will feature more than 60 balloons with races, key grab, tether rides and a balloon glow. There will also be arts and crafts, food vendors, an antique car and tractor show, musical entertainment and children's activities.

For more information, visit <http://www.alabamajubilee.net>.

'Hoofing for Heroes'

Theatre on Tap will present its production of "Hoofing for Heroes" — tap dancing, music and vocals — May 26-29 at the New Orleans Center for Creative Arts Lupin Hall with free admission for active and retired military members, although spouses and others will need to pay admission. According to organizers, stars, stripes and salutes will storm the stage during the all-Ameri-

can production that honors all the men and women of the U.S. armed forces and benefits the Wounded Warrior Project®. The show offers appreciation through an evening of song and dance that includes a spectacular star-spangled salute from 22 tap dancers accompanied by a seven-piece jazz ensemble.

Times are May 26-28 from 7:30-9:30 p.m. and May 29 from 2-4 p.m. Admission is \$20 for military spouses, \$15 for students, \$25 for seniors and \$30 for adults.

For more information, visit www.theatreontap.com/hooing-for-heroes.

Montgomery Film Festival

The Montgomery Film Festival is scheduled for June 4 at 6 p.m. at the Capri Theatre, 1045 E. Fairview Avenue. The festival provides an opportunity for filmmakers and film lovers to show their creativity and support for the good, the great and the weird, according to officials. The festival will feature 13 works of amateur and professional filmmakers within Alabama, the U.S. and internationally in short film format. Tickets cost \$8 for Capri Members and \$10 for general admission.

For more information, call 334-262-4858 or visit www.montgomeryfilmfestival.com/.

Hank Williams Festival

The Hank Williams Festival is scheduled for June 3-4 on the grounds of the singer's boyhood home and museum in Georgiana. The tribute to Alabama's native son includes country music performances, arts, crafts and food. To reach the festival from I-65, take Exit 114 and go one mile east.

For more information, visit <http://www.hankwilliamsfestival.com>.

Women's Expo

Panama City, Florida, will host its free 10th annual Women's Expo June 11 from 10 a.m. to 4 p.m. at the Panama City Mall, 2150 Martin Luther King Jr. Boulevard. The event honors local women entrepreneurs and small businesses, and includes vendors, local entertain-

ment, free health screenings and a silent auction.

Calera, Shelby Railroad

Now through Sept. 24, people can board a historical train and enjoy a ride on the old L&N railroad tracks from the 1800s through the forests of Shelby County, and view the artifacts and library that are located in restored depots. Train tickets cost \$14 for adults and \$10 for children. Museum entry is free of charge.

For more information visit, <http://www.HODRRM.org>.

Montgomery Biscuits baseball

The Montgomery Biscuits are a Double A affiliate of the Tampa Bay Rays and play in Riverwalk Stadium in downtown Montgomery. Various specials and promotions are offered throughout the season. For more information, visit <http://www.biscuitsbaseball.com>.

Second Friday Art Walk

Mobile's Second Friday LoDa Art Walk celebrates the arts downtown. The free monthly showcase of visual and performance arts starts at 6 p.m. second Friday of every month now until Dec. 9, when galleries, restaurants, shops, institutions, etc., in the Lower Dauphin Arts District open their doors for a family-friendly evening of exhibitions and entertainment by area artists.

For more information, visit <http://www.facebook.com/LODAartwalk>.

Jasmine Hill Gardens

Jasmine Hill Gardens and Outdoor Museum features over 20 acres of year-round floral beauty and classical sculpture, including a new statuary honoring Olympic heroes. People are invited to take a stroll through the outdoor gardens and experience flowers blooming throughout each season. Tours are available for groups of 20 or more.

For more information, call 334-263-5713 or visit www.jasminehill.org/. Jasmine Hill Gardens and Outdoor Museum is located at 3001 Jasmine Hill Road, Wetumpka.

PRESERVING HISTORY

Georgia's smallest lighthouse sees big improvements

By **Jeremy Buddemeier**
*U.S. Army Corps of Engineers
Public Affairs*

TYBEE ISLAND, Ga. — After weathering hurricanes, dodging Civil War cannon volleys and enduring the incessant erosion wrought by tides and rising seas over the past 160 years, the Cockspur Island Lighthouse is getting a much-needed makeover.

Fort Pulaski National Monument is funding a restoration project that will repair mortar, apply protective exterior paint and remill the lighthouse's wooden interior structures. The project coincides with the National Park Service's Centennial celebration this year.

"The structure is in surprisingly good shape," said Stephen Hartley, a heritage craft consultant with the University of York who is leading the 10-month project. Hartley is also teaching National Park Service employees restoration techniques so they can properly maintain the iconic landmark in the future.

The current structure dates back to 1855, when it was enlarged following a devastating hurricane the year before.

But in addition to the elements, Hartley said over the years the lighthouse has had to contend with detrimental human forces, some of which were intended to repair the structure.

One previous restoration attempt used a type of mortar that was too hard for the lighthouse's soft Savannah Grey bricks. Over time, as the bricks absorbed water and swelled — and the harder mortar did not — they cracked and eroded between the mortar.

The trick now, Hartley said, is finding the balance, not only between the appropriate mortar, but also in determining when to replace it. He uses gauges called Rilem tubes to distinguish between serious and superficial cracks in the structure.

Earlier this month, Hartley and the National Park Service hosted 20 volunteers, including members from the local chapter of the American Institute of Architects and students from the Savannah College of Art and Design, who learned about the restoration efforts and participated in the repairs.

"It's fascinating to come out and put back in a piece of history," said Ryan Murphy, president of AIA Savannah, who is also an architect with the U.S. Army Corps of Engineers Savannah District's master planning division. The AIA Savannah, which is as old as the Cockspur Island Lighthouse, collected money from its member volunteers and donated it to the lighthouse.

After volunteers removed inappropriate mortar, Hartley and NPS maintenance worker Miguel Roman demonstrated how to properly proportion, mix and apply natural cement to the mortar joints.

Natural cement is three parts sand and one part cement, and contains clay impurities which give the mortar more strength.

Volunteers quickly learned that applying mortar wasn't as easy as Roman made it



PHOTO BY BILLY BIRDWELL

An aerial shot, merged from two photos, of the Cockspur Island Lighthouse taken March 30 at high tide.

look.

Ed Krolikowski, deputy to the chief of Engineering Division at Corps' Savannah District, and an AIA Savannah member, appreciated the chance to get outside and work with his hands.

"It's a good learning experience," he said.

In addition to the mortar repair, Hartley is currently testing four types of paint in 2-foot by 3-foot sections on the lighthouse to determine which best withstands the marine environment. The existing paint, a type of pool paint, repels water but doesn't allow the building to breathe, Hartley said.

Following the several-month test period, Hartley and his team will remove the pool paint and apply the best suited replacement paint.

All these repairs, however, still don't address the biggest threat to the lighthouse: rising seas.

Hartley said at high tide water can lap just below the front door, which is about eight feet above the base.

The U.S. Army Corps of Engineers Savannah District partnered with the National Park Service and a contractor in 2012 to place a stone revetment around the edge of the island and the base of the lighthouse. The revetment project also took steps to encourage oyster growth.

"The rocks have done wonders, but they're not the complete answer," Hartley said. "We don't know how to solve the problem caused by rising sea levels."

The restoration project is expected to run through July and will update the original structures report, which was last completed in 1994. Structures reports document



PHOTO BY JEREMY BUDDEMEIER

Ed Krolikowski, U.S. Army Corps of Engineers, Savannah District deputy to the chief of Engineering Division, removes old mortar from the exterior of the Cockspur Island Lighthouse, April 1.

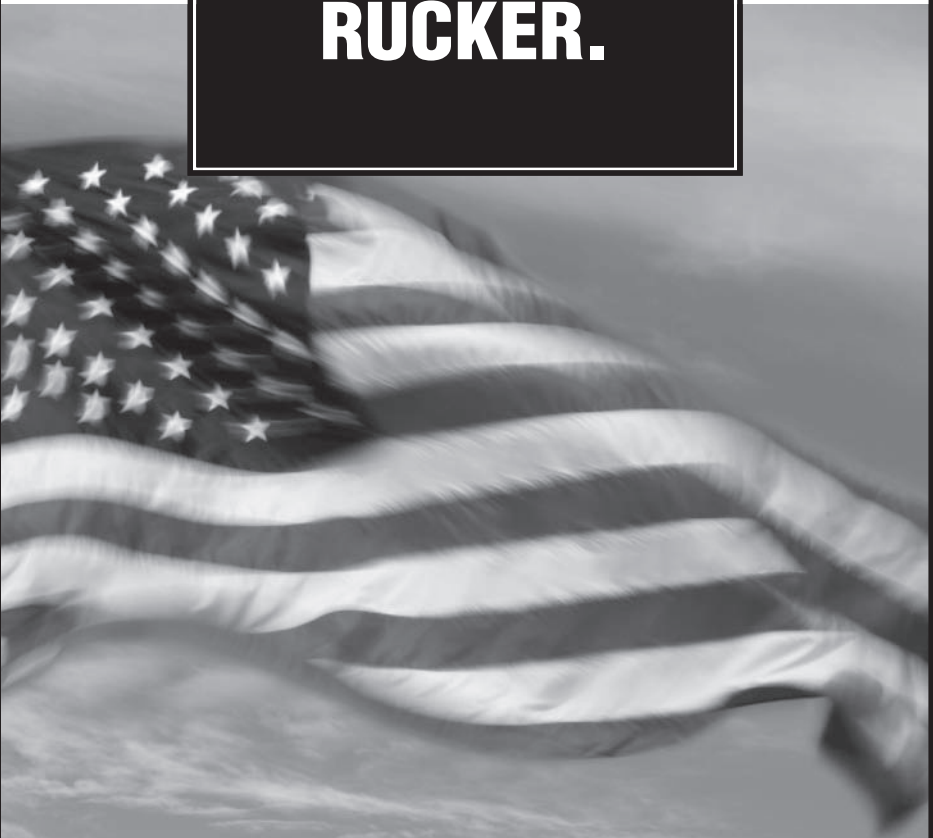
the restoration efforts to date and provide detailed information to guide future restoration efforts.

Despite these challenges, Hartley, who said he has been doing preservation work

since he was 14, seemed positive but practical.

"The hardest part about preservation," Hartley said, "is it's just delaying the inevitable."

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BRITISH ARE COMING

Youth soccer camp offers international experience

By Nathan Pfau
Army Flier Staff Writer

Soccer hasn't quite captivated America like it has much the rest of the world, but the sport has recently been gaining popularity in the U.S.

And Fort Rucker Child, Youth and School Services Youth Sports and Fitness is making sure youth can get in on the action by teaming up with Challenger Sports to bring the British Soccer Camp to the installation where youth from ages 3-16 can take part in a soccer camp to learn or refine their skills, according to Randy Tolison, youth sports and fitness director.

The camp starts May 31 and runs through June 3, he said.

"We invited the organization to come and teach the kids," said the youth sports director. "We've seen an influx in soccer participation over the years, so we wanted to bring something to the installation to get more people into it."

Tolison said that over the past couple of years, youth participation in soccer has risen from about 150 kids in a season to up to 285 kids in a season.

Challenger Sports will provide coaches from Europe who are soccer subject-matter experts, said Tolison, and the amount of coaches provided will depend on the amount of people signed



PHOTO BY TORI EVANS

Children take part in last year's soccer season at the Fort Rucker Youth Sports Football Fields.

up.

"They come in and they do all the training and we provide the facilities and the supervision for them," he said. "They're bringing a lot of enthusiasm with them and they're excited to come and coach our kids."

The camp offers four options for people to choose from: Mini Kicker camp for 3-4 year olds, which runs from 9-10 a.m. and costs \$77; First Kicks, for

5-6 year olds, which runs from 10:15-11:45 a.m. and costs \$85; a half-day camp for 7-16 year olds, which runs from 9 a.m. to noon and costs \$118; and a full-day camp for 8-16 year olds, which runs from 9 a.m. to 4 p.m. and costs \$165.

Tolison reminds people that if they decide to sign up for the full-day camp to bring their own lunch.

Participants will also receive

a camp T-shirt, soccer ball, player evaluation and soccer poster. People can sign up using WebTrac or by visiting parent central services in Bldg. 5700. The deadline to sign up is May 26, and all children must have a CYSS membership and current youth sports physical.

With already more than 70 people signed up, Tolison said there's still room for more and the staff is eager to get as much

participation as it can in hopes of bringing the camp back year after year.

"We're just looking for a great time, and for the children to come out and learn some things from those instructors – this is what they do," said the youth sports director.

The camp comes before the Alabama State Games, which is a qualifier for national tournaments, in which Tolison said Fort Rucker players will participate.

"We're having the camp come in before the games, so hopefully the kids will be able to learn a few more skills before the competition," he said. "We're really excited about it."

People also have the option to host a coach and receive an \$80 discount for the camp, but Tolison said the hosting program is not only about saving money – it's also a chance for a two-way cultural exchange.

"If parents are interested, they can host one or more of the coaches, and show them around post or around the local areas," he said. "We would love to have all the coaches with families, so that they don't have to worry about hotel lodging and expenses, and it will make the experience that much more enjoyable."

For more information, call 255-2257 or 255-2254.

Former president, prince stress importance of healing invisible wounds

By Shannon Collins
Department of Defense News

ORLANDO, Fla. — former President George W. Bush, Great Britain's Prince Harry and service members from each of their nations led a discussion at the 2016 Invictus Games Symposium on Invisible Wounds presented May 8 by the George W. Bush Institute.

Former First Lady Laura Bush said she and the Bush Institute leadership were grateful the symposium was addressing an issue that affects so many veterans, as well as their family members, many of whom become their caregivers.

"George and I are committed to caring for our veterans and their families through the Bush Institute," she said. "We celebrate the service and sacrifice of our veterans at the 100-kilometer bike ride we host at our ranch and at the Warrior Open, a competitive golf tournament held in Dallas. We listen to the warriors tell their stories – their triumphs and their struggles. Through these testimonies, we've recognized that the invisible wounds are not treated in the same way as the visible wounds, and that's why we're here today, to educate more people about those invisible wounds."

Getting help quickly

Prince Harry said the Invictus Games in 2014 in London smashed the stigma around physical injuries and that he hopes this year's Invictus Games can do the same for invisible injuries.

The prince, who served in Afghanistan as a combat helicopter pilot, recently acknowledged that he has post-traumatic stress to bring light to the importance of recognizing invisible injuries. He said the key to fixing the problem is speaking out and using the resources available.

"I've spoken to everybody who has severe PTSD, through to minor depression, anxiety, whatever it may be, and everybody says the same thing: if you can deal with it soon enough, if you deal with it quick enough, and actually have the ability and platform to be able to speak about it openly, then you can fix these problems," he said. "If you can't fix them, you can at least find coping mechanisms. There's no reason why people should be hiding in shame after they've served their country."

Special forces using support network

Air Force Master Sgt. Israel Del Toro was severely burned over 80 percent of his body by an improvised explosive device in Afghanistan. He said he found that many focused on his physical injury, but that he needed help with his invisible injuries, as well.

He said he comes from a career field, Air Force tactical control party, in which service members don't want people to know they're hurt mentally.



PHOTO BY EJ HERSON

Former President George W. Bush and Britain's Prince Harry discuss the topic of post-traumatic stress during the 2016 Invictus Games Symposium on Invisible Wounds in Orlando, Fla., May 8.

"We want to show we can still do the fight and can still go out there and do what we want to do, so we hide it," he said. "Luckily, I had some good family support and friends and teammates who were there."

Royal Marines Lance Cpl. John-James Chalmers, a commando, was caught in the center of a blast in Afghanistan, and half of his team was killed or injured.

Chalmers said that he was able to avoid the most troubling aspects of PTSD by reaching out, early on, to his friends and family for help – something he said no warrior should be afraid to do.

"I came back from Afghanistan broken physically," Chalmers said. "But mentally, I was still the same person that went to Afghanistan and came back. And that was more or less either a stroke of luck, or that I was lucky enough in hindsight to have done the right things at the early stages and to have probably had a great support network from my family, my wife now, and a few people along the way. If I hadn't had just some casual conversations, there's a good chance I wouldn't be sitting here doing this now."

Seeking help, he said, should never be an issue, because relying on each other is something engrained in service members from the very start of their training.

"One of the best chances we have of addressing this issue is if it comes from the guys themselves," Chalmers said. "We are taught from the very beginning of training, Day 1, Week 1, that you look after each other. It's a buddy-buddy system and that should not stop ever. And it certainly shouldn't stop the day you leave the military. If somebody is going to want to find help, they should be able to come first and foremost to their friends."

Not all will admit they need help

Prince Harry said not all commandos will admit they need help. "Commandos and paras are very strong mind-

KEEPING AN EYE ON ZIKA

DOD adds funding to enhance surveillance by military labs

By Cheryl Pellerin
Department of Defense News

WASHINGTON — The Defense Department is providing \$1.76 million in extra funding to military laboratories to expand Zika virus surveillance worldwide and assess the virus' impact on deployed service members' health and readiness, according to the chief of the Global Emerging Infections Surveillance and Response section of the Armed Forces Health Surveillance Branch in the Defense Health Agency's Public Health Division.

Navy Cmdr. Franca Jones said in a recent interview that the enhanced Zika virus surveillance will involve 10 projects in 18 countries and territories by four lab partners based in the United States and five located overseas.

Jones said the labs receiving more Zika virus funds are part of the GEIS integrated worldwide emerging infectious disease surveillance network that includes core Army or Navy medical research labs in Egypt, Georgia, Kenya, Peru, Thailand, Cambodia and Singapore, and Army, Navy and Air Force labs in the United States, working in more than 60 countries around the world.

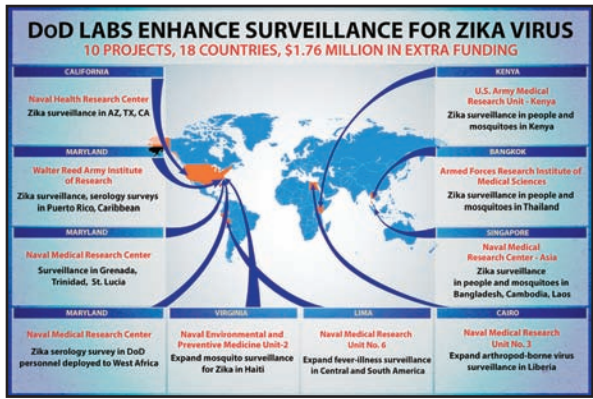
In the current fiscal year, she added, GEIS already has provided its network partners with more than \$51 million to support a range of emerging infectious disease surveillance programs.

Mosquito-borne Zika

Zika virus disease spread to people through the bites of Aedes aegypti mosquitoes, usually shows mild symptoms – fever, rash, joint pain and red eyes – that last several days or a week, according to the CDC. But Zika virus infection during pregnancy can cause a serious birth defect called microcephaly and other severe fetal brain defects, the CDC says.

In May 2015, the Pan American Health Organization issued an alert about the first confirmed Zika virus infection in Brazil. Three months ago, the WHO declared Zika virus a public health emergency of international concern. Local transmission has been reported in many other coun-

SEE ZIKA, PAGE D3



DOD GRAPHIC BY REGINA ALI

SEE HEALING, PAGE D3

DOWN TIME



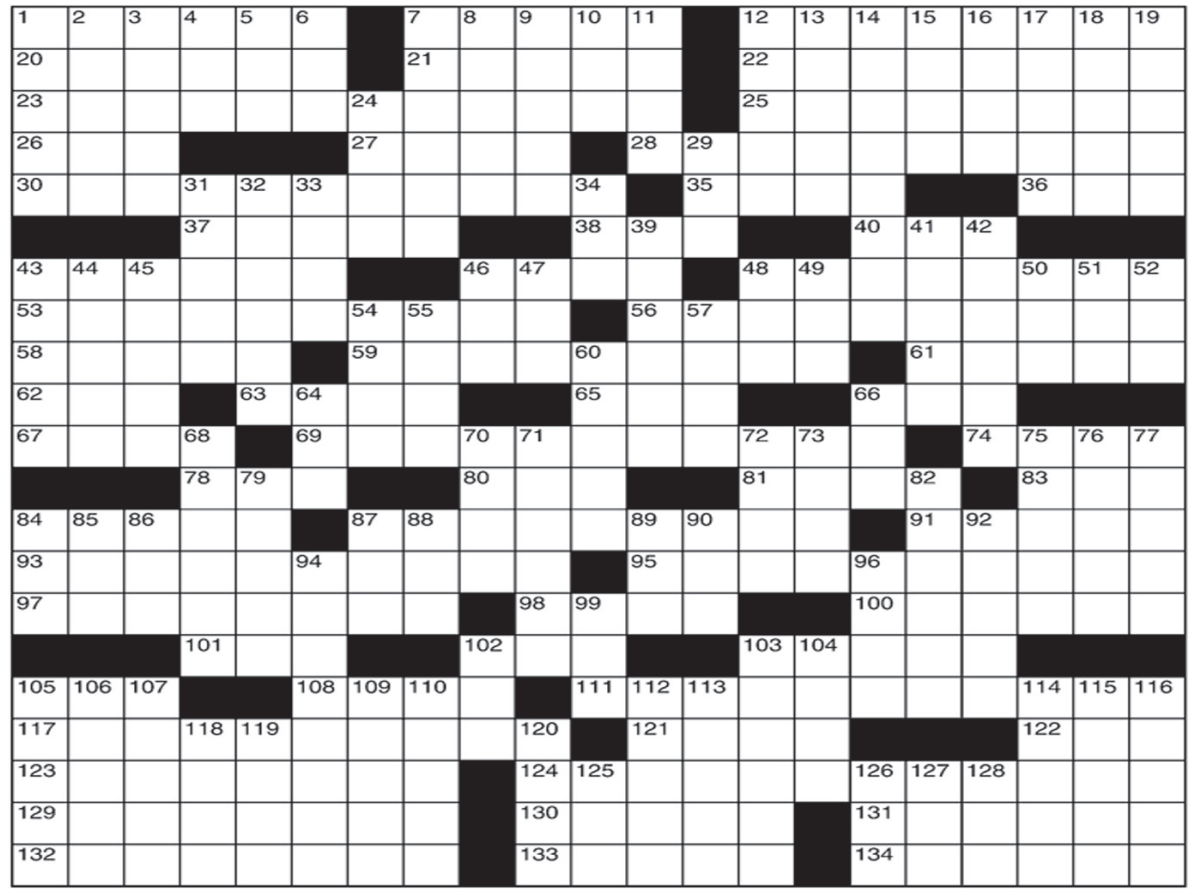
TRIVIA

1. MUSIC: What group had a hit song with "Love Shack"?
2. GENERAL KNOWLEDGE: Where was the eastern terminus of the Santa Fe Trail?
3. GEOGRAPHY: What is the name of the area in the Pacific that means "many islands"?
4. MEASUREMENTS: How long does it take light from the Sun to reach the Earth?
5. GAMES: What is the highest score possible in the game of darts?
6. ASTRONOMY: What two planets in our solar system rotate clockwise?
7. MONEY: What is the currency of Switzerland?
8. HISTORY: Where were the first Strategic Arms Limitations Talks held in 1969?
9. INVENTIONS: What 1947 invention led to the development of small portable radios?
10. MOVIES: What film musical included the tune "They Call the Wind Maria"?

See Page D3 for this week's answers.

Super Crossword

- ACROSS**
- 1 Blazing
 - 7 Greek vowel
 - 12 Alternative to "mac" or "bud"
 - 20 One offering hush money
 - 21 Tons
 - 22 Mayonnaise, butter or mousse
 - 23 Thing pushed by a flight attendant [left hand]
 - 25 Unimportant matter
 - 26 Atop, to poets
 - 27 Not keep in
 - 28 Plant that's a drug source [right hand]
 - 30 Dog-paddles [left hand]
 - 35 Upfront stake
 - 36 Date steadily
 - 37 "How Do I Live" singer Rimes
 - 38 Full of frost
 - 40 — chi
 - 43 Sore
 - 46 Mama's man
 - 48 One on the same squad
 - 53 Ziploc product [left hand]
 - 56 Fashion designer with the "3.1" label [right hand]
 - 58 Greene of "Bonanza"
 - 59 People hauled in
 - 61 Dial and Zest
 - 62 "That's —" ("Negative")
 - 63 Minnelli of "Cabaret"
 - 65 "... — gloom of night ..."
 - 66 Double curve
 - 67 Hand over formally
 - 69 Typing (and the theme of this puzzle)
 - 74 Orient
 - 78 Charlotte of sitcoms
 - 80 Telecast
 - 81 Excavates
 - 83 "No noise!"
 - 84 Rigging poles
 - 87 Spike heels
 - 91 Autumn bloomer
 - 93 University in San Marcos [left hand]
 - 95 Hit song from a Leslie Caron film [right hand]
 - 97 Recorded in advance
 - 98 Light beams
 - 100 English Channel swimmer Gertrude
 - 101 Vote in favor
 - 102 Fast WWW hookup
 - 103 Astronomer Tycho who coined the term "nova"
 - 105 Tennis unit
 - 108 Manage OK
 - 111 "What I think is ..." [right hand]
 - 117 Strike zone, say [left hand]
 - 121 Boat blades
 - 122 Livy's 1,006
 - 123 Software clients
 - 124 American violet [right hand]
 - 129 Diverges
 - 130 Develop
 - 131 Bassett of "Notorious"
 - 132 Thin quality
 - 133 See 29-Down
 - 134 Limy cocktail
 - 3 Book, in Nice
 - 4 1860s prez
 - 5 Sea, in Nice
 - 6 History topic
 - 7 Sci-fi hominid
 - 8 Lawful
 - 9 Entrée holder
 - 10 The woman
 - 11 Re
 - 12 Country in West Africa
 - 13 Folder's call, in poker
 - 14 Dull bluish-gray color
 - 15 Freak (out)
 - 16 Bygone U.S. gas brand
 - 17 Some speech flaws
 - 18 Jeweler's magnifier
 - 19 Not bat —
 - 24 Ball dress
 - 29 With 133-Across, amounts that rise with raises
 - 31 Non-earthling
 - 32 Actor Washington
 - 33 Very wise
 - 34 Put a tear in
 - 39 Hostage holder, e.g.
 - 41 Wrong
 - 42 Force (upon)
 - 43 Insurer with a duck icon
 - 44 Witchy woman
 - 45 Judean king
 - 46 Hole number
 - 47 Epoch
 - 48 Cravat, e.g.
 - 49 Lofty trains
 - 50 Carte lead-in
 - 51 Gratuity
 - 52 Letters before ens
 - 54 Bulldoze
 - 55 Donkey's cry
 - 57 Bovine bunch
 - 60 Kind of drum
 - 64 1950s prez
 - 66 Nest nugget
 - 68 Galley goofs
 - 70 Angling need
 - 71 NHL team
 - 72 Revered one
 - 73 Not yet final, in law
 - 75 In motion
 - 76 Snail coverer
 - 77 Piercing pain
 - 79 Appraise
 - 82 Gave a quick greeting
 - 84 Indy sponsor
 - 85 Part of mpg
 - 86 Log chopper
 - 87 — Foy, Que.
 - 88 Iota
 - 89 "Love — neighbor ..."
 - 90 "— a shame"
 - 92 Actor Martin
 - 94 Watch a sports event
 - 96 Vault
 - 99 Liston fighter
 - 102 Poor grade
 - 103 "77 Sunset Strip" actor Edd
 - 104 Optimistic
 - 105 Earring types
 - 106 Studio prop
 - 107 Fountain in Rome
 - 109 Caravan layover sites
 - 110 Iron
 - 112 Perfectly pitched, in baseball
 - 113 Parson's estate
 - 114 Motivate
 - 115 Future seed
 - 116 Bite gently on
 - 118 Forbidding
 - 119 "My People" writer Abba
 - 120 Partially open
 - 125 "... — mouse?"
 - 126 Spree
 - 127 One; Prefix
 - 128 "Gigi" studio



See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

	3	6	1				4	
		1		5		7		3
7					9	5		
	9			2			3	
2			3			1		5
		7			5			6
8			9		3		1	
4	1		7			6		
		9		4			2	8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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See Page D3 for this week's answers.

KID's CORNER

END OF SCHOOL

THE ABOVE ILLUSTRATION contains the first two lines of a famous jingle. Can you find them?

Answer: Hold the page level with your eye. The jingle, "No more books, the end of school is here, the end of school is here, the end of school is here, the end of school is here." is written in the grid. Turn the page to read the rest of the jingle.

ODD MAN OUT!

To the right is a list of words. Can you find the word that doesn't have what the other words have?

Answers: The word "HACKLES" is the odd man out. The other words all contain the letter "H".

LINK-UPS!

Here's a list of 12 short words, divided into two columns. Turn them into six longer words by linking them together. To do this, draw a line from one word in the left column to one word in the right.

Answers: Followed, dabbled, gentled, heartier, laploped, lapped, lapped, lapped, lapped, lapped, lapped, lapped.

Junior Whirl

by Charles Barry Townsend

PYRAMID OF WORD POWER!

See if you can "pump up" your word power by solving this one in less than three minutes. Starting with the given word MEDALLING, at the bottom of our pyramid, try dropping one letter at a time as you work your way up, so that the remaining letters at each level spell out a new word. The following helpful hints are in ascending order, beginning with MEDALLING.

1. Winning a contest.
2. The victim of harmful statements.
3. The act of distributing cards.
4. A pleasant or friendly manner.
5. Often wears a space helmet.
6. A strong fastener.
7. Nothing, zero.
8. Currently fashionable.
9. Symbol for electrical current.

Answers: (from the bottom up) Medalling, Medalling, Medalling, Medalling, Medalling, Medalling, Medalling, Medalling, Medalling.

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2	7	3	7	3	2	5	2	6	7	6	2	8
N	U	A	N	C	O	C	T	F	C	O	H	H
2	7	4	6	3	6	7	8	5	8	5	4	2
I	A	B	L	C	L	N	E	L	L	O	U	N
3	8	5	3	4	7	6	8	4	3	7	6	4
O	P	U	R	S	N	O	I	Y	D	Y	W	F
8	3	5	6	2	4	5	8	2	7	5	3	6
S	W	D	Y	G	U	S	N	B	T	A	I	O
2	4	6	5	8	3	7	5	6	8	3	7	3
U	T	U	R	E	T	I	E	R	A	H	M	N
4	6	2	5	3	8	3	2	3	7	4	2	3
U	H	G	G	A	R	T	S	U	I	R	Y	R
7	3	7	2	6	5	4	2	5	6	5	6	6
N	E	G	O	U	O	E	U	N	N	E	C	H

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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HOCUS-FOCUS

BY HENRY BOLTIHOFF

Find at least six differences in details between panels.

Answers: 1. The boy in the witch hat is wearing a witch hat, while the boy in the wizard hat is wearing a wizard hat. 2. The boy in the witch hat is holding a wand, while the boy in the wizard hat is holding a book. 3. The boy in the witch hat is wearing a black robe, while the boy in the wizard hat is wearing a white robe. 4. The boy in the witch hat is wearing a black hat, while the boy in the wizard hat is wearing a white hat. 5. The boy in the witch hat is wearing a black belt, while the boy in the wizard hat is wearing a white belt. 6. The boy in the witch hat is wearing a black shoe, while the boy in the wizard hat is wearing a white shoe.

Healing

Continued from Page D1

ed, and they’re probably the last people to come forward if they had a mental health issue,” he said. “The first step is admitting you need to seek help. Just being able to talk about it early on is a huge, huge deal.”

Chalmers said service members are trained to block away their emotions and get on with the job, but that at the end of the day, “we’re just human beings.”

“I consider myself extremely lucky I came back in one piece,” he added, “but this has been a struggle, and I’ve had my friends beside me throughout this process.”

Better awareness

Both the prince and the former president said people with invisible wounds need better education about the resources available for them and better access to care.

They also said symposiums like the one at the Invictus Games offer a chance for leadership and athletes from different countries to share knowledge.

Del Toro said the Invictus Games also

gives the athletes a chance to showcase how the athletes can overcome their invisible wounds and hopefully inspire others who may still be battling their injuries.

“I want the opportunity to give everybody a voice and be able to change the narrative,” Del Toro said, adding that while their stories have elements of tragedy, at the end of the day, “they are stories of triumph.”

Bush said he’s pleased 13 other nations are participating in the Games, because invisible injuries relate to everyone.

“This is an issue that relates to every vet, not just American vets,” he said.

Prince Harry said he encourages business leaders to hire service members who leave the service.

“If I ran a business, I would want individuals like them, for the training they’ve had and for the values they stand up for,” he said.

Personal story

Medically retired Army Staff Sgt. Randi Gavell, who will compete in track and field and swimming, shared her personal story at the symposium.

“Events like this really bring awareness to things that other people may overlook or just don’t understand so being able to, although shaking like a leaf, being able to go up there and speak about who I am and show people that this is who I am now, who I was and where I’m coming from and who I still am is great,” she said. “It’s still a big part of my life. It’s an opportunity for me to speak for other people and to hopefully give them a piece of hope at the same time.”

Gavell said the panel was phenomenal.

“It was fun to hear them, with (Del Toro and Chalmers) kind of (going) back and forth, and see their humor come out a little bit and embrace the seriousness of the issue, but also know that we military members still find the humor in our everyday lives. It was pretty fantastic,” she said.

Del Toro said he enjoyed it, as well, and that Bush always “busts my chops.”

He was honored to be on the panel, he added, and to spread the word about invisible injuries.

“We really need to fix this,” he said. “If you keep saying everything’s great, it’s never going to change. As long as you stay

vocal, that’s when things start changing. If you have the opportunity to talk to somebody, especially somebody who can make a difference, be vocal.”

Veterans can make huge contributions

Bush said many U.S. citizens said they have a miserable life, but do not have nearly the comeback stories as disabled veterans like the ones competing at Invictus.

“Our vets want help, but they don’t want pity,” the former president said. “Our vets can make huge contributions. Our vets set such an incredibly good example for people.”

Prince Harry said veterans deserve more than just thanks you for their service.

“You lead by example, which is incredibly important in today’s world, and it’s an amazing foundation to start with but now we’ve gotten to where it needs to be more than that,” he said. “We need to open our doors to these amazing individuals because we value these people. They’re the ones who’ve put their lives on the line. Their families have sacrificed everything. They deserve so much more than a shake of the hand and a thank you.”

Zika

Continued from Page D1

tries and territories.

Zika virus likely will continue to spread to new areas, CDC says. Some 4,905 confirmed and 194,633 suspected cases had been reported in 33 countries and territories in the Western Hemisphere, according to an April 6 Armed Forces Health Surveillance Branch summary.

Jones said the DOD labs will use the Zika money provided by the branch’s GEIS section for three kinds of surveillance studies. One will look retrospectively for Zika virus exposure among DOD personnel through serum repository samples. A retrospective study looks backward in time, in this case using serum samples of patients who had been deployed in areas with high rates of Zika virus infection.

The other surveillance studies will leverage existing work in the GEIS lab network in different parts of the world to expand clinic-based surveillance for Zika virus disease among DOD and civilian populations, and expand testing for Zika virus in mosquitoes.

DOD Serum Repository

The Defense Department collects a range of blood serum samples from all service members before, during and after their military service, and maintains the samples in the Armed Forces Health Surveillance Branch’s Department of Defense Serum Repository. Serum is a clear fluid that’s part of a person’s blood. It’s used in many medical diagnostic tests and in blood typing. The repository is the world’s largest of its kind, with more than 60 million serial serum samples from more than 10 million service members.

For the retrospective Zika virus surveillance study, military virologists – scientists who study viruses – and public health officials will check the serum samples of service members stationed in the United States and in high-risk regions in the Caribbean and other places overseas. The scientists will be looking for prior exposure to Zika, dengue and chikungunya viruses, all of which are transmitted by Aedes aegypti mosquitoes. In recent years, according to CDC, dengue and chikungunya cases have begun to appear in the United States, most of them brought in from tropical urban areas of the world.

Understanding risk

“For the service members, I can talk from personal

experience,” Jones said. “Our blood is drawn when we enter active duty, prior to and following all deployments, and occasionally during acute illness for the purpose of storing in the serum repository, allowing for (later) analyses of a service member’s serum over his or her time in service. So the serum repository keeps a history of a service member’s serum on tap.”

She added, “When looking to understand exposure to our service members, the repository provides a unique resource for helping to determine if, when and where there was any exposure to a variety of pathogens.”

This serum surveillance effort will examine 500 samples from service members stationed in Puerto Rico during a time when some of the viruses were transmitted, and 500 from service members deployed to West Africa, Jones said.

“We’re trying to understand the baseline risk for service members,” she added.

Lines of effort

Other lines of effort for surveillance for the labs include looking for Zika virus in mosquitoes in the Caribbean, East Africa and Southeast Asia, Jones said, and also looking for Zika virus in service members and in military beneficiary and civilian populations who go to medical facilities with a fever, medically known as a febrile illness.

The febrile surveillance will be done in the southwestern United States – California, Arizona and Texas – and in the Caribbean, Central and South America, East and West Africa and Southeast Asia, she said.

In mosquito surveillance, scientists capture mosquitoes in traps and take them to the DOD labs to be processed to get their genetic material for testing.

“By testing the genetic material, we can understand where mosquitoes are carrying the virus,” Jones explained. “We won’t necessarily be able to tell quantitatively the percentage of mosquitoes carrying the virus, but in relative terms we’ll learn about the population that’s carrying the virus, in what parts of the world, and the risk to DOD populations.”

Febrile illnesses

Human surveillance focuses on service members and military beneficiary and civilian populations who go to

the hospital with febrile illnesses.

“Most of these are efforts where we are already conducting surveillance for other febrile pathogens,” Jones said.

“For example we have a study in Peru, where they’re already doing clinic-based febrile surveillance activities in South America. These are people in the population who come to the clinic with a febrile illness. Their blood will be drawn and sent to the (Naval Medical Research Unit No. 6 in Lima) for testing for Zika virus, along with other pathogens the scientists there have been looking for,” she added.

Protecting the global force

Jones said officials don’t know what they’re going to find in the GEIS-funded effort.

“It’s very possible that the actual (number) of mosquitoes that are carrying the virus or the number of patients that we get is so small that the chance of finding something could be small,” she acknowledged.

But she said GEIS still wants to do the work, because the lack of Zika virus in the samples is also valuable information and helps to determine the risk to service members.

“For us in GEIS, because (infectious diseases can emerge anywhere), it’s very important to us to understand what diseases are currently in what geographic locations in the world, and understand what disease may emerge and spread rapidly,” Jones explained. “Our forces are present globally, and we need to make sure that they are able to complete their mission. Infectious diseases are one of the things that can impede their ability to do their mission.”

SPORTS BRIEFS

Survivors and Fallen Heroes 5K

The Fort Rucker Physical Fitness Center will host its Survivors and Fallen Heroes 5K Saturday starting at 8 a.m. at West Beach, Lake Tholocco. Race-day registration begins at 6:30 a.m. Participants are encouraged to pre-register at either PFC. The fun run will begin after the 5K race is complete. The fun run is open to all children, free of charge. Each fun run participant will receive a medal. For the race, cost per individual is \$25 with a shirt (while supplies last). Refreshments will be provided. The race is open to the public. Trophies will be awarded in various categories.

For more information, call 255-2296.

Free golf lesson

People looking for some quick tips on how to build their golf skills can receive a free 10-minute lesson from PGA Professional Dale Wiggins at Silver Wings Golf Course Saturday from 4-6 p.m.

For an appointment, call 598-2449.

Memorial Day Flag Tournament

Silver Wings Golf Course will host its Memorial Day Flag Tournament May 28 with tee times from 7-9 a.m. People can call the golf shop to schedule a tee time to participate in our flag event. Players will receive a flag with their name and target score. Target score is determined by taking 100-percent of a player’s handicap and adding it to par – a 12 handicap would have a target score of 84; handicap + par 72. When players reach their target score, they place the flag where the ball comes to rest. Participants can register as late as 9 a.m. the day of the tournament. Entry costs \$5, plus green fees and cart fee. Players must have a valid handicap. Prizes will be awarded based on the number of participants.

For more information, call 598-2449.

Youth bowling league

The youth center will run its youth bowling leagues on Tuesdays in June. Registration for the league runs now through June 1.

The league is open to child, youth and school services members ages 11-18 in grades 6-12. Coaches will assist and train youth on different bowling techniques. Each session will have a U.S. Bowling Congress award ceremony and party.

For more information or to sign-up, call 255-2260.

Registration for British Soccer Camp

Fort Rucker Youth Sports is partnering with Challenger Sports to bring the British Soccer Camp to the post May 31 to June 3. Registration for the camp runs now through May 26. There are four camp options. Youth are required to have a child, youth and school services membership and a current youth sports physical. Registration may be done on the WebTrac or at parent central services in Bldg. 5700, Rm. 193. Youth who register before Friday will receive an official British soccer jersey.

For more information, call 255-2257 or 255-2254.

PUZZLE ANSWERS

Super Crossword

Answers

A	F	L	A	M	E		A	L	P	H	A		B	I	G	F	E	L	L	A
B	R	I	B	E	R		P	I	L	E	S		E	M	U	L	S	I	O	N
B	E	V	E	R	A	G	E	C	A	R	T		N	O	N	I	S	S	U	E
O	E	R		O	M	I	T		O	P	I	U	M	P	O	P	P			
T	R	E	A	D	S	W	A	T	E	R		A	N	T	E		S	E	E	
			L	E	A	N	N		I	C	Y		T	A	I					
A	C	H	I	N	G		P	A	P	A		T	E	A	M	M	A	T	E	
F	R	E	E	Z	E	R	B	A	G		P	H	I	L	I	P	L	I	M	
L	O	R	N	E		A	R	R	E	S	T	E	E	S		S	O	A	P	S
A	N	O		L	I	Z	A		N	O	R		E	S	S					
C	E	D	E		K	E	Y	B	O	A	R	D	I	N	G		E	A	S	
			R	A	E		A	I	R		D	I	G	S		S	H	H		
S	P	A	R	S		S	T	I	L	E	T	T	O	S		A	S	T	E	
T	E	X	A	S		S	T	A	T	E		H	I	L	I		H	I	L	
P	R	E	T	A	P	E	D		R	A	Y	S		E	D	E	R	L	E	
			A	Y	E		D	S	L			B	R	A	H	E				
S	E	T		C	O	P	E		I	N	M	O	P	I	N	I	O	N		
T	A	R	G	E	T		A	R	E	A		O	A	R	S		M	V	I	
U	S	E	R		B	A	S	E		J	O	H	N	N	Y		J	U	M	P
D	E	V	I	A	T	E	S		A	R	I	S	E		A	N	G	E	L	A
S	L	I	M	N	E	S	S		R	A	T	E	S		G	I	M	L	E	T

Weekly SUDOKU

Answer

5	3	6	1	7	8	9	4	2
9	2	1	4	5	6	7	8	3
7	8	4	2	3	9	5	6	1
1	9	5	6	2	7	8	3	4
2	6	8	3	9	4	1	7	5
3	4	7	8	1	5	2	9	6
8	5	2	9	6	3	4	1	7
4	1	3	7	8	2	6	5	9
6	7	9	5	4	1	3	2	8

TRIVIA

Answers

1. The B-52s, 1989
2. Independence, Missouri
3. Polynesia
4. 8 minutes, 20 seconds
5. 180
6. Venus and Uranus
7. Swiss franc
8. Helsinki, Finland
9. The transistor
10. “Paint Your Wagon”

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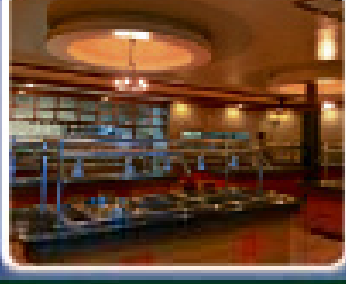
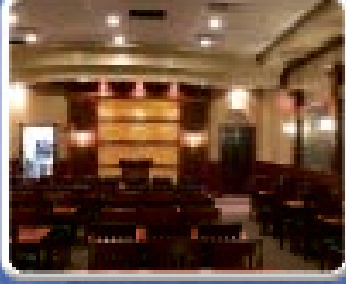
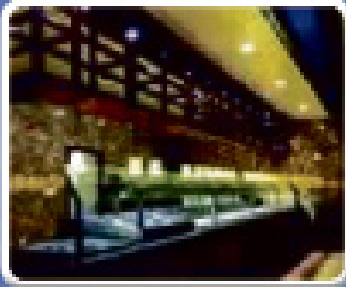
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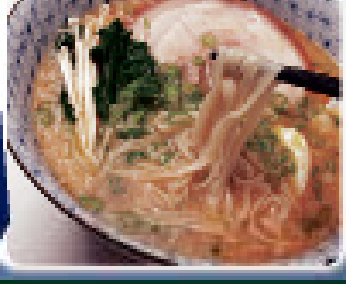
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