

IMPROVEMENT
USASAM opens state-of-the-art classrooms



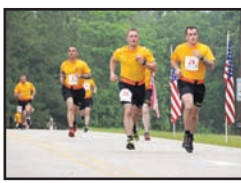
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FUN IN THE SUN
Lake Fest kicks off summer



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SUPPORTING FRIENDS
Post hosts Survivor 5K
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ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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SHARPER AWARENESS

Post empowers Soldiers, civilians to fight sexual assault, harassment

By Nathan Pfau
Army Flier Staff Writer

When Soldiers head into battle, they're sent into the fight with the best equipment and training that the Army can provide, so why not provide the best when it comes to fighting battles back home?

That's exactly what Fort Rucker's Sexual Harassment/Assault Response Program and the Community Health Promotion Council are trying to provide when it comes to sexual assault response through its empowerment workshop May 18 and 19, according to Sgt. 1st Class Joseph Blackman, U.S. Army Aviation Center of Excellence and Fort Rucker sexual assault response coordinator.

"The empowerment workshop was an installation prevention team initiative designed to empower Soldiers and (Department of the Army Civilians) to identify positive decision skills and how to 'bounce-back' from tragedy," he said. "It was created as a three-pronged effort to address issues and concerns relevant to what the population and command teams are currently facing."

Throughout the workshop, which was held at the Spiritual Life Center, Soldiers and civilians were divided into different

groups to learn about different issues that Soldiers face in the Army, whether its sexual abuse, child abuse or substance abuse, and how they might go about reporting such issues and handling those situations.

"The purpose of the training is to send a message out about high-risk behaviors, what it means to be an active bystander, and a description and a discussion on intimate relationships," said Blackman. "It's an issue because we have so many of our young people who may be engaging in these high-risk behaviors, such as drinking and driving, or getting into a situation that may potentially lead to a sexual assault."

Rather than being a non-engaging bystander, Blackman said, Soldiers should be prepared to recognize high-risk behavior or a situation before it escalates into something that can cause lasting or even permanent damage.

This was the second year the empowerment workshop has been held. This year's setup differed from last year's event in that rather than having the workshop in a classroom setting, the groups were divided into sections to be a bit more interactive and focus on specific areas, said Blackman.

"We wanted to offer it to a broader spectrum of the Fort Rucker personnel and



PHOTO BY NATHAN PFAU

Soldiers and Department of the Army civilians attend the Fort Rucker Community Health Promotion Council Empowerment Workshop at the Spiritual Life Center May 18 to learn about sexual assault response and high-risk behaviors.

workforce," said the SARC. "The change will enable the leadership that attended to carry the information gained back to their units and implement these skills into their organizations. Also, the workshop was tailored to issues that are currently seen as a potential problem through analysis conducted by the risk reduction team."

For one Soldier, the lessons learned during the workshop were invaluable and provided her with the tools she needs to be able to tackle any situation should it come through her unit.

"This is definitely helpful to learn all I

can here and relay this information to the Soldiers in my unit when I get there," said 2nd Lt. Julia Frassetto, D Company, 1st Battalion, 145th Aviation Regiment. "Whether you care to admit it or not, these things happen, so being prepared for it is good."

"This is a great opportunity to learn about what resources we have available, and what's out there to help people who might be going through something like a sexual assault or anything like that," she said. "I think this is something that is definitely necessary and having this available to us is huge."

FREEDOM FEST

Annual event set for July 1

By Jeremy Henderson
Army Flier Staff Writer

Freedom Fest returns to the Fort Rucker Festival Fields July 1 with food, live music, fun for all ages and one of the top fireworks displays in the Wiregrass.

Janice Erdlitz, DFMWR marketing director, said the annual event is the perfect opportunity for Soldiers and families to celebrate the nation's independence and experience a full day of local entertainment.

"Freedom Fest is a celebration for our entire community," she said. "When we look around at our neighbors around the Wiregrass, we look forward to this day when we invite everyone out to celebrate our nation's independence with us at Fort Rucker. We all stand together, side by side, Soldier to neighbor, and feel the same powerful emotions of being proud Americans."

Event fields open to the public at 4 p.m. to provide food, vendors, activities, a children's fun zone, rides and static displays. Official opening remarks begin at 7 p.m., followed by the invocation, presentation of historic colors, presentation of national colors, the singing of the national anthem and a tribute to fallen heroes by the 98th Army Band. After a short intermission, the 98th



PHOTOS BY NATHAN PFAU

Fireworks explode over Fort Rucker during last year's Freedom Fest.

Army Band will return to the stage for a patriotic concert at 8:10 p.m. Fireworks begin at 9 p.m.

"We strive each year to make Freedom Fest something the entire community can enjoy," Erdlitz said. "We love being able to host this event and have our neighbors come out and join us. The event admission is free. You can enjoy the 98th Army Silver Wings Band perform and enjoy one of the best firework shows in the area. We take great pride in being about to make this event afford-

SEE FREEDOM, PAGE A6



The 98th Army "Silver Wings" Band gives a live performance before the fireworks display during last year's Freedom Fest.



COURTESY PHOTO

Annual camera surveys conducted for white-tailed deer show numerous feral hog sounder groups throughout the entire installation.

OFF THE CHARTS

Feral hog population explosion creates problems

By Jay Mann
Fort Rucker Public Affairs

(Editor's note: This is the first in a series of articles dealing with the feral hog population explosion on post.)

Fort Rucker has a numbers problem: 1+1=12, 6+6=72, 36+36=232. But it's not a problem mathematicians can help with – unless they know how to deal with feral hogs.

"Their reproduction rate is just off the charts," said Doug Watkins, Fort Rucker Directorate of Public Works Natural Resources Branch chief. "A female can have her first litter at 7-months old and she can have around 12 to a litter. Fifty percent of those would normally be female and these hogs can have up to three litters a year."

Feral hogs, at one point, were domesticated pigs that have been in the wild for a period of time, said Watkins. "After three generations, they normally change their color, their snout becomes more elongated and they look different than a pig that you might see at the farmers market."

These pigs were released onto Fort Rucker back in the early 1990s by people who used to run deer with their dogs, he said. These unauthorized releases were because some people were disgruntled with a drop in the deer population and they in-

tended to hunt the pigs with their dogs.

"Over 20 years, it has evolved into a massive problem," he explained. "We are seeing all different types of hog-related issues now. It has crossed over from being a hunting and natural resources issue to being an environmental problem."

"We are looking at water quality; damage to infrastructure, like training lands and airfields; damage to landfills and housing areas; and damage to playgrounds and recreation land – basically everything we have got," he said. "We are doing the solar initiative right now on the installation and they called us this morning asking us to come over there and remove the pigs."

"They are all over the installation," Watkins said, "We have a significant problem."

Feral hogs have been identified as an invasive species requiring management under Executive Order 13112, and DODI 4715.03, Natural Resources Conservation Program (2011), directs installations to address invasive species management.

"They do a lot of rooting," said Danny Spillers, Fish and Wildlife biologist, "They root with their nose and they dig with their feet in search of food. There is a lot of soil disturbance leading to erosion and other water runoff problems. In addition to that,

SEE FERAL HOG, PAGE A6

PERSPECTIVE

DISTRACTED DRIVING — R U @ Risk?

By Art Powell
U.S. Army Combat Readiness
Center Public Affairs

Say the words “distracted driving” and most folks think of teens who text or gab excitedly with each other while navigating the streets. However, teens aren’t the only ones out there paying less than full attention to the road. Distracted driving can just as easily happen to anyone – maybe even you.

According to information at www.distraction.gov, there are three different types of distraction that can set up drivers for a crash:

- **Visual** — taking your eyes off the road;
- **Manual** — taking your hands off the wheel; and
- **Cognitive** — taking your mind off what you’re doing.

Texting is perhaps the classic example of distracted driving. What makes it so dangerous is that it involves all three types of distraction. Distracted driving is not limited to texting or talking on a cellphone, though. Here are



some other examples that fit the description:

- Eating and drinking;
- Talking to passengers;
- Grooming;
- Reading, including maps;
- Using a navigation system;
- Watching a video; and
- Fiddling with the radio.

To combat the distracted driving problem, the Department of Defense has banned drivers from using handheld cellphones on military installations. Also, most

states and many municipalities have joined the campaign to eliminate distracted driving by imposing their own restrictions.

What about you? Have you ever done anything while behind the wheel that would be considered distracted driving? Be honest. If you travel onto a military installation every morning like I do, chances are you have driven distracted.

One morning, after showing the guard my common access card and passing through the gate, I realized I put myself in a distracted driving environment every time I enter the post. The simple act of placing my CAC back into its slotted carrying case was the problem. As I fumbled with my card, I did the three things you are not supposed to do: I took my eyes off the road, my hands off the wheel and my mind off what I was doing.

My solution to this “CAC distract” was to either put it in my shirt pocket, toss it onto the empty passenger seat or put it into the cup holder in the console. Whatever you choose, it’s a lot safer to

put it back in the card holder after arriving at work and shutting down your vehicle.

A closer look at 2013 data from distraction.gov reveals some surprising facts from agencies such as the National Highway Traffic Safety Administration.

- 10 percent of fatal crashes, 18 percent of injury crashes and 16 percent of all police-reported motor vehicle traffic crashes were reported as distraction-affected crashes.
- There were 3,154 people killed and an estimated additional 424,000 injured in motor vehicle crashes involving distracted drivers.
- 10 percent of all drivers 15 to 19 years old involved in fatal crashes were reported as distracted at the time of the crashes. This age group has the largest proportion of drivers who were distracted at the time of the crashes.
- There were 480 non-occupants killed in distraction-affected crashes. It is unknown how many of these non-occupants were potentially distracted, as well.

So, how badly does distracted driving impair a driver’s skills? The University of Utah found drivers using cellphones, including hands-free models, had similar reaction times to motorists with a blood alcohol concentration of .08 percent. The statistics prove distracted driving is dangerous. But the real question is the one you’ll have to ask yourself: “What am I doing behind the wheel that I treat as more important than driving?” And then ask yourself, “Is it more important than living?”

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THIS MONTH IN ARMY AVIATION HISTORY

This month we’re spotlighting the May 1988 issue of the *U.S. Army Aviation Digest*. This issue features:

Collective training enters a new phase

The blades of the observation helicopter kicked up a cloud of dust as the helicopter landed at the field site. As Captain Newby rushed from the helipad, Sgt. 1st Class West greeted him, “What can I do for you, sir?” he asked?

Aerial observers: An integral part of the Scout Attack Team

Aerial observers are certainly not new to Army Aviation, but the train-

ing programs and tactics being used are new. The AO gets to a unit with about 330 academic hours and about 67 flight hours and is night visual googles qualified. He is very competent and knowledgeable in his military occupational specialty 93B, but still lacks some of the essential elements that ensure mission completion.

AH-64: A total system for battle

This article is the 11th in a series on the AH-64A Apache aircraft and weapons systems. The systems addressed include the point target weapon system and the area weapons system. The information contained in this article should familiarize the

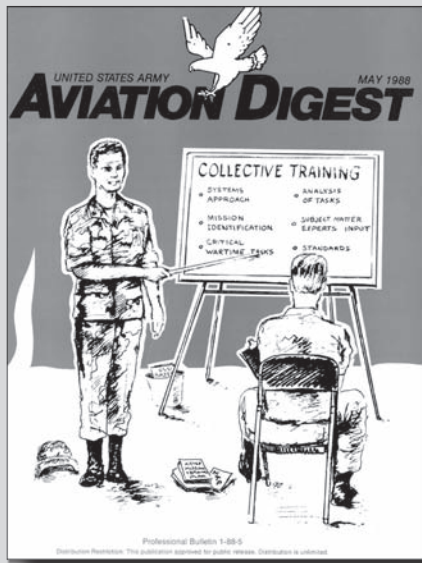
reader with AH-64A; however, it must not be used to operate or maintain the aircraft.

Focus on training

An old training poster back in the 1970s, or probably earlier, showed a ghostly Soldier emerging from a cemetery full of white crosses. The caption was a haunting warning: “Let no man’s soul cry out, ‘Had I the proper training ...’”

...and much more.

Download this issue of the *U.S. Army Aviation Digest* at <http://go.usa.gov/cJVtR>.



Rotor Wash



Derek Chirad,
military family member

“We need to understand the price that was paid for the freedom we enjoy today.”



Joseph Milton,
military veteran

“A lot of people these days don’t realize how much was sacrificed for what we have today, and it’s important to remind ourselves why we enjoy these freedoms.”



Melanie Cartel,
military spouse

“If you don’t honor and remember these service members, then it’s as if their sacrifice was for nothing. We wouldn’t have anything today if it weren’t for those who came before us.”



Spc. Joel Barton,
1st Bn., 13th Avn. Regt.

“Those men and women gave their lives so that we can be here today, and choose to live the way we want.”



2nd Lt. Henry Diggins,
D Co., 1st Bn.,
145th Avn. Regt.

“Without the sacrifices of those Soldiers, nothing would be the way it is today.”

“Monday is Memorial Day, when we honor the sacrifices of those who died in service to the nation. Why is it important to honor those fallen service members?”

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FORT RUCKER COMMANDING GENERAL

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FORT RUCKER GARRISON COMMANDER

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USASAM opens state-of-the-art classrooms

By Nathan Pfau
Army Flier Staff Writer

As a training installation, Fort Rucker’s Soldiers can only be as good as the training they’re provided, and the quality of that training can only be as good as the instructors’ ability to teach.

That’s why the U.S. Army School of Aviation Medicine added a new classroom and renovated others with state-of-the-art technology to improve the quality of instruction provided to the Army’s future Aviators and Soldiers, according to Staff Sgt. Robert Amrani, USASAM Aviation Physiology Training Section Initial Entry Rotary Wing Course and Altitude Chamber NCO in charge.

Classrooms in Bldg. 301, located behind Lyster Army Health Clinic, received a facelift complete with new technologies, including 90-inch screens, new desktop computers, video conferencing capabilities and much more.

“The 90-inch screens help students be able to better see the lesson that is going on, and the entire classroom is (fitted with microphones) throughout, so even the most soft-spoken instructors can be heard by all the students,” said Amrani. “Each student has a desktop, as well, that they can use to log into the system, but even if they have trouble with that, we have it set up with ports so that they can use their issued laptops.”

The area that received the brand-new classroom, Rm. X-101, was constructed from what used to be academic offices, but now boasts a classroom able to hold up to 53 students, complete with four 90-inch screens and 55-inch screens on the sides, so no student misses a thing, said Amrani.

In addition to the classrooms receiving renovations, the night-vision lab also received some upgrades to enhance the learning experience in the form of new



PHOTO BY NATHAN PFAU

Staff Sgt. Robert Amrani, USASAM Aviation Physiology Training Section Initial Entry Rotary Wing Course and Altitude Chamber NCOIC, teaches the first IERW class to utilize the new classroom in Bldg. 301, Rm. X-101, May 17.

carpet and seats, and new light-resistant paint to reduce interference during training.

The new classrooms are also all equipped with video conferencing capabilities with cameras pointing to the instructor, as well as the students, and all students can be heard with microphones that hang from the ceiling over the students.

“We have a contingent down in Pensacola, Florida, as well as in Fort Sam Houston (Texas), so we’re able to have a classroom environment plus get classes from satellite areas,” said the NCOIC. “Just having the ability to share videos directly to (the students’) computers or the ability to pull up teleconferencing from subject-matter experts that we no longer have to bring to the school is huge.

“We can reach out to instructors (from all across the U.S.) and have a discussion,

and it enhances their learning 100 fold,” he said. “Me telling you a story of someone who experienced something is not the same as that person telling you what exactly happened.”

Another enhancement to the learning experience is the amount of space provided to the students, as well, said Amrani.

“Giving them this amount of space and enhancing the environment in which they learn is integral,” he said. “We’ve worked it out so that all the students should have unobstructed views of all the screens, so the chances for a student to miss something has been virtually eliminated.”

The classrooms also boast all new enhanced audio and speaker systems to allow students to better hear instructors.

Amrani said that having the technology to teach this way makes the learning process for the students and the instructors

limitless.

“We can push the technology as far as the technology can go,” he said. “You’re only as good as your ability to teach and this takes our ability to teach to a much higher level. I believe that through our ability to enhance their learning, test scores are going to increase just because they’ll be able to retain their information better, and that’s the end goal – that they get trained the right way.”

W01 Melanie Bernal, IERW student with B Company, 1st Battalion, 145th Aviation Regiment, said she believes the new classroom will enhance her ability to retain information and learn the fundamentals of being an Aviator.

“I think it’s nice to be able to have facilities like this one to learn some of the most important lessons we will be taught throughout our careers,” she said. “Putting us into an environment that makes it easier for us to learn helps us focus on what we need and get the most out of our training that we possibly can.”

The classrooms are primarily used to teach IERW students, flight surgeons, flight psychologists and MedEvac doctrine, but Amrani said the classrooms aren’t limited to just those students or classes.

Although Rm. X-101 will be primarily used for IERW students because of the frequency of the classes, the other classrooms are flex classrooms and can be used for other classes.

“We have the ability now to give that back to Lyster,” said the NCOIC. “Although we’re our own entity, we’re housed with Lyster, so we now have the ability to give back to Lyster and have them use our classrooms when they’re not in use.

“It’s not just a great addition for USASAM, but a great addition for Fort Rucker,” he said. “If we have the latest and greatest, why not share it with other entities on post?”

Reception celebrates diversity, welcomes different nations

By Nathan Pfau
Army Flier Staff Writer

Fort Rucker’s leadership recognizes diversity as one of the Army’s biggest strengths, and that diversity is strengthened even further by America’s international allies.

The International Military Student Office held a foreign liaison reception at The Landing’s ballroom May 19 to make welcome the 186 service members from 26 different nations who currently serve on Fort Rucker, according to Lt. Col. Romeo R. Macalintal Jr., 1st Battalion, 13th Aviation Regiment commander.

“We come together almost every other month to meet and greet the latest Aviation war fighters from throughout the world,” he said during the ceremony. “Over my past two years here, I have seen service members absolutely embrace the opportunities to learn about the unique American culture, as well as exchange knowledge about their culture.”

Macalintal said that exchange in culture is a huge boon for the force that allows each Soldier the ability to reap the benefits of build-



PHOTO BY NATHAN PFAU

American and international Soldiers gather for food and fellowship during a foreign liaison reception at The Landing’s ballroom May 19.

ing partnerships, relationships and friendships that will last a lifetime.

“The personal connections that people make here will often span decades and, in this ever-changing operational environment, these relationships do matter,” said the 1-13th commander. “Trust, confidence and communication sometimes starts at the individual level and, when there are familiar faces amongst a sea of diverse uniforms on unfamiliar ground, establishing that trust becomes a little bit easier.”

Maj. Gen. William K. Gayler, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, was also on hand to welcome the international soldiers and echo Macalintal’s statements.

“You get to see different cultures and experience different people, and I think that’s very important,” said the commanding general. “Right now there are 186 international students here building relationships that will be very important in the future.

“I don’t know if it’s a surprise to anyone, but the world is a crazy place,” he continued. “The way to get through the craziness will depend greatly on personal relationships that leaders and people have, and I encourage you to take advantage of that.”

W01 Jason Farley, B Company, 1st Bn., 145th Avn. Regt., said he came out in order to support the friendships and relationships he’s made by getting to know Soldiers and family members from the international community.

Building those relationships has been something that Farley said he will carry with him for the rest of his life, and those relationships have taught him life lessons he would never have learned otherwise.

“I got the chance to meet so many people from so many different backgrounds and a lot of times people can be ignorant to other cultures unless you experience them firsthand, which is difficult to do,” he said. “But through IM-SO’s sponsorship program, we’re able to experience cultures from all over the world, as well as share our cultures with others.

“It’s an opportunity for us to

build these relationships, and squash some stereotypes and misconceptions,” continued Farley. “It’s the same type of courtesy I would expect from any other host country, and when you put in that kindness and time to get to know someone, they will show you that in return, and that’s how you learn to work together as a force.”

Capt. Matthew Cox, D Co., 1st Bn., 13th Avn. Regt., said the IM-SO’s sponsorship program is vital to mission success, not just for IM-SO, but for the force as a whole.

“Sponsorship begins at the lowest level,” he said. “When you think about your parents, your siblings and your friends, everyone has who has touched your life in one form or another has sponsored you along the way.

“Each and every one of us who touch each other’s lives in one way or another are sponsors to each other, whether it’s to help you along in a class, to help you outside your training,” continued Cox. “As we move more toward a joint-operated force in combat and outside of combat, the bonds that people make now will pay off exponentially.”

News Briefs

Memorial Day ceremony

Fort Rucker will host its Memorial Day ceremony Friday at 8:30 a.m. at Veterans Park, located in front of the U.S. Army Aviation Museum near the Daleville Gate.

Community strengths, themes assessment

Fort Rucker is running its second biennial Health Promotions Community Strengths and Themes Assessment now through June 30 aimed at collecting population data as it relates to the health and readiness of the Community. Data is collected through the Internet, which allows Soldiers, family members, civilians and military retirees to take the survey from their homes or offices. The survey focuses on how the community feels on health, safety, quality of life and overall satisfaction with the installation. Information is collected through the Fort Rucker Community Health Promotion Council Office. It will be used to help identify population health concerns for assessing health-related needs of the Fort Rucker community for program planning, policy development and program evaluation.

The confidentiality of responses is assured under Section 308 (d) of the Public Health Service Act. Procedures are in place to prevent the disclosure of personal data, including data encryption and secure data networks. No personal identifiers are collected as part of this survey process.

The assessment is available at <https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=251137452BC46511>. For more information, call 255-0529.

Hydrant testing in housing

The Fort Rucker Fire Department will conduct yearly hydrant testing in Allen Heights, Bowden Terrace and Munson Heights starting Wednesday. The tests will continue for the remainder of the month. If any discoloration of water is noticed, residents are advised by post fire department officials to allow the water to flow until it is clear again.

AER closing ceremony

The 2016 Army Emergency Relief Campaign Closing Ceremony is scheduled for June 6 from 2-3 p.m. at the U.S. Army Aviation Museum. The primary goal of the campaign is to promote awareness of benefits provided through AER.

For more information about AER, call 255-2341 or 255-3765.

School physical appointments

To ensure the highest continuity of care possible while providing timely access for patients requiring a school physical, Lyster Army Health Clinic will offer school physical appointments during the dates and times below. These slots will fill quickly, so people should book as soon as possible. The appointments serve to provide additional times and dates for dual-working parents and those who cannot schedule an appointment during normal business hours.

Parents should make sure to bring any required documentation to the appointment, with the patient portion

filled out completely. The appointment will be for the school physical only. Any other issues will need to be addressed with the primary care clinician.

Appointments are available: July 13, 1-3 p.m.; July 27, 4-6 p.m.; Aug. 3, 1-3 p.m.; Aug. 10, 4-6 p.m.; Aug. 24, 1-3 p.m.; Aug. 31, 4-6 p.m.; Sept. 7, 1-3 p.m.; Sept. 14, 4-6 p.m.; Sept. 21, 1-3 p.m.; and Sept. 28, 4-6 p.m.

Resident survey

Corvias Military Living is asking all residents to complete the 2016 Headquarters Department of the Army Residential Communities Initiative Resident Survey. The survey gives on-post residents an opportunity to provide feedback to the Army, RCI and Corvias Military Living on how their housing needs are being met.

Electronic surveys should’ve already been emailed to residents. Residents who did not receive a survey or who have questions should contact their community office. Residents must fill out and submit the online survey by June 6.

The survey should take less than 20 minutes to complete. It will ask questions on topics such as residents’ evaluation of their present home, community amenities, resident activities, the community maintenance team and property management team, among others.

All survey answers are strictly confidential and residents are urged to offer honest responses. Personal data is not tabulated and the survey does not identify the resident in any way.



ARMY PHOTO BY PRESTON KELLY

A team member instrumenting the IDM Test Suite harness in preparation for signal analysis.

Researchers improving Aviation communication

By Carlotta Maneice
U.S. Army Aviation and Missile Research, Development and Engineering Center Public Affairs

REDSTONE ARSENAL – The U.S. Army Aviation and Missile Research, Development and Engineering Center is enhancing Aviation communications abilities by providing solutions to the Improved Data Modem.

IDMs enables digital messages to be sent and received from a modernized, rotary-wing aircraft. It takes information transferred between ground crew or pilots and translates it to send over one of three possible networks. The IDM is fielded on every modernized, rotary-wing Army aircraft, including the CH-47 Chinook, AH-64 Apache and UH-60 Black Hawk, said Scott Dennis, director of the Aviation Systems Integration Facility.

The IDM Systems Interoperability Lab, hosted at AMRDEC’s Software Engineering Directorate Aviation Systems Integration Facility, conducts testing to discover and troubleshoot issues in the IDM software before installation on an aircraft, he added.

“The IDM must send and receive digital messages from various products, networks, and aircraft. There are 11 IDM software variations, three hardware variances and four documents that guide which software goes on which hardware. Add in the multiple versions of aircrafts that uses the various types of IDMs, the multiple networks, the multiple battle commands, the multiple radios involved managed by many different PMs across multiple PEOs and one can see how difficult it is to meet project objectives,” Dennis said.

AMRDEC’s SIL uses live, virtual and

constructive simulation to detect errors and provide digital communication support to the warfighter, he said.

“AMRDEC is able to test real IDMs as if we were a combat Aviation brigade. We support people who develop and send messages to Aviation so we have a direct link to their system integration lab. We can configure any aviation asset using IDM hardware or software variant,” Dennis said. “We use virtual battlefield simulations that allow us to visualize the IDM being flown in an Apache or a Chinook conducting a tactical scenario. These virtual tactical environments allow us to test all the boundaries and conditions a Soldier would experience in the real world.”

In 2015, the SIL identified three defects in IDM version 9.2.1.1 operational flight program. Historically this defect would not have been identified until late in the platform integration or Army Interoperability Certification testing. Detection in the software development phase saved the program approximately \$4.5 million, according to Dennis.

“If 20 percent of errors are introduced in the testing stage it costs 110 times more money to correct. Finding errors early in the development stage can reduce the platform cost for the customer,” he said.

“AMRDEC’s software development environment is the only place with the facility, skills, and labor workforce that has the capability to test the inoperability of the Chinook, Black Hawk, Apache integrated with IDM’s in one place,” said Dennis. “We have unity of command, we have unity of contract, we are connected to labs in and outside the building, and we can share equipment with colleagues. This is cost effective and it provides tremendous efficiencies for the customer.”

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PATH TO SUCCESS

Training deployment in Pacific offers pathway to leader development

By C. Todd Lopez
Army News Service

WASHINGTON — A primary benefit to participation in Pacific Pathways, said a senior NCO involved in previous associated exercises, is that it provides Soldiers ample opportunity to develop for the future.

“We set conditions at the Soldier level, and going into Pacific Pathways, it helps build future leaders,” said 1st Sgt. Christian E. Lopez, who serves in 5-1st Calvary Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, at Fort Wainwright, Alaska. “Our Soldiers were able to train on live-fire exercises with the Japanese and Koreans. Noncommissioned officers conducted small-unit tactics with the Japan army, and we were also able to conduct force-on-force operations with both Japan and Korea.”

Lopez participated in Pacific Pathways 2015-3. For that Pathways deployment, some members of his unit went to Mongolia to participate in exercise Khaan Quest, while he and others went instead to Japan to participate in Orient Shield, as well as Korea, to participate in Hoguk. He discussed the effects of participation in Pacific Pathways on his Soldiers May 18 at the Pentagon.

“The reason why this is important is because it accelerates our Soldiers’ development,” Lopez said. “Those young Soldiers and leaders will be the key principals going forward into Pacific Pathways in the future.”

Lopez said that while on the Pathways deployment, his Soldiers built trust with their counterparts in both the Korean and Japanese armies. That trust and familiarity may be important in the future, were there a need for American forces to fight alongside those militaries. But there was no need to wait for future conflict to see evidence of the benefits of that trust, Lopez said — it was evident during his own Pathways deployment.

Without trust between the multinational Soldiers participating in Pathways, “leaders might have hesitated on certain decisions,” Lopez said. But that didn’t happen. “Because we had good partnership, (because) we had that base of trust, they made those decisions where we could maneuver.”

Doctoral-level work

Col. Scott W. Kelly, commander of the 3rd Brigade Combat Team, 25th Infantry Division, at Schofield Barracks, Hawaii, participated in Pacific Pathways 15-02. That Pathways deployment involved exercises Hamel in Australia, Garuda Shield, in Indonesia, and Keris Strike, in Malaysia.

Before embarking on Pathways, Kelly said his unit went for some training at the Joint Readiness Training Center at Fort Polk, Louisiana.

“When we came out of there, we were doing graduate-level work as a BCT,” Kelly said.

But involvement in Pacific Pathways upped their game substan-



PHOTO BY SPC. MICHAEL SHARP

Soldiers from B Company, 2-27th Infantry Regiment, 3rd Infantry Brigade, 25th Infantry Division, and Indonesian soldiers from 1st Infantry Division of Kostrad work together learning to build traps during Garuda Shield, Pacific Pathways 2015 at Cibenda, West Java, Indonesia, Aug. 21.

tially.

“At the end of that, we were doing doctorate-level work,” Kelly said. “That’s because of the complexity of the multiple deployments into and out of these different countries, the mission command we had to execute, being able to command and control forces back on Schofield Barracks, and execute the exercises forward was extremely challenging for us. My brigade was more ready at the end of Pathways than it was at the beginning.”

In the past, units participating in an overseas exercise would leave home station, go to the exercise and work with a partner nation, and then return home when it was over. Under the Pacific Pathways model, they deploy overseas to the first of multiple exercises, work with a partner nation, and then move on from there to additional exercises. It requires the planning of the movement of both people and equipment from home station to a foreign country, and then movement between foreign countries as well.

“As I’m moving into Australia, I’m already having to plan and prepare to move to my next country — into Indonesia and Malaysia,” Kelly said. “The complexity of planning and executing that makes Pacific Pathways much more valuable, at least at the brigade and higher level. It forces that engagement of theater logistics ... that’s how we develop agile leaders and adaptive staffs to sort through all that.”

The complexity of Pacific Pathways, Kelly said, makes it an ideal environment in which to prepare new Soldiers for the future and to also build readiness in the force beyond the counter-insurgency expertise the Army has been honing for well over a decade in the Middle East.

During the Pathways deploy-

ment, Kelly said, “young Soldiers who may have never deployed were getting that connection with their counterparts, all the way up to literally theater logistics units and planners having to work through the difficulty of operationalizing these three exercises together into one Pacific Pathways.”

And with Pathways, Kelly said, Soldiers who participated must bring everything they need with them, and be prepared for anything, which is unlike past deployments to Iraq or Afghanistan, where most of the infrastructure was already in place.

“What Pathways is doing for us is (developing) that expeditionary mindset,” Kelly said. “My formation used to deploy to a forward operating base, (and) there was a chow plan for feeding the formation, easy maintenance, repair parts right there. Contractors took care of everything. When you go out on Pathways, that infrastructure is not there. It’s not a mature theater you’re in. It’s not even a theater. You have to literally go in and build all that stuff yourselves. So (we’re) getting some great repetitions on the sustainment and logistics side specifically because of Pacific Pathways.”

While Kelly said the Army wants to focus now more on decisive action and combined arms maneuver — and Pacific Pathways helps develop that — he said the Army doesn’t want to lose the knowledge it built in Iraq and Afghanistan.

“As we come out of Iraq and Afghanistan — a very counter-insurgency/asymmetric type of warfare — those are lessons we don’t want to leave behind,” Kelly said. “We do not want to forget all the things we learned, all the doctrine, all the capabilities we’ve brought from our experiences in Iraq and Afghanistan.”

Operating with Pacific partners

Early on in their deployment, Lopez said there were communications problems between his own Soldiers and the soldiers they worked alongside in Japan and Korea. Those problems would have to be solved to be effective partners, he said.

“We figured out we need to have liaisons within the units so we could communicate,” he said. “There was a liaison that would be in one of my Strykers ... being able to communicate back and forth with their formation. That was very beneficial.”

They also created a bilateral tactical operations center that allowed the units to better communicate with each other, he said.

“The coordination piece was very important, especially in Japan where we were initially trying to conduct a foreign link-up,” he said. “That coordination between the U.S. and Japanese commander had to be on-point in order for the ground elements to conduct that link-up safely.”

Lopez said that their creation of a bilateral TOC enabled a successful link-up.

“It helped us track the reconnaissance elements (and) understand the way they maneuver their elements,” Lopez said. “It was all because we were able to communicate bilaterally, working together in the same TOC. In Korea it was the same way.”

Importance of partnerships

“The Pacific region is strategically important to our nation,” Kelly said. “If you look at the primary threats we have in terms of nation state threats ... the bulk of them are out there. (There are) huge economic ties we have in Asia. The vast majority of the world’s population is out there.”

Pacific Pathways, Kelly said, helps the Army strengthen its read-

iness for a decisive action fight, and also helps strengthen existing partnerships in the Pacific region.

As the U.S. rebalances to the Pacific region, Kelly said, “the Army’s portion of that is reengaging or reinvigorating some of these partnerships with these various countries and allies and partners we have in the region.”

Pathways, he said, helps make that re-engagement happen.

“I think the value of it is (that) it helps us with our interoperability, so we can work better,” he said. “It improves our capabilities and their capabilities. And it reassures them that the U.S. is committed to the Pacific region. The fact you have American Soldiers out there with the shoulder patch on, it really makes a difference.”

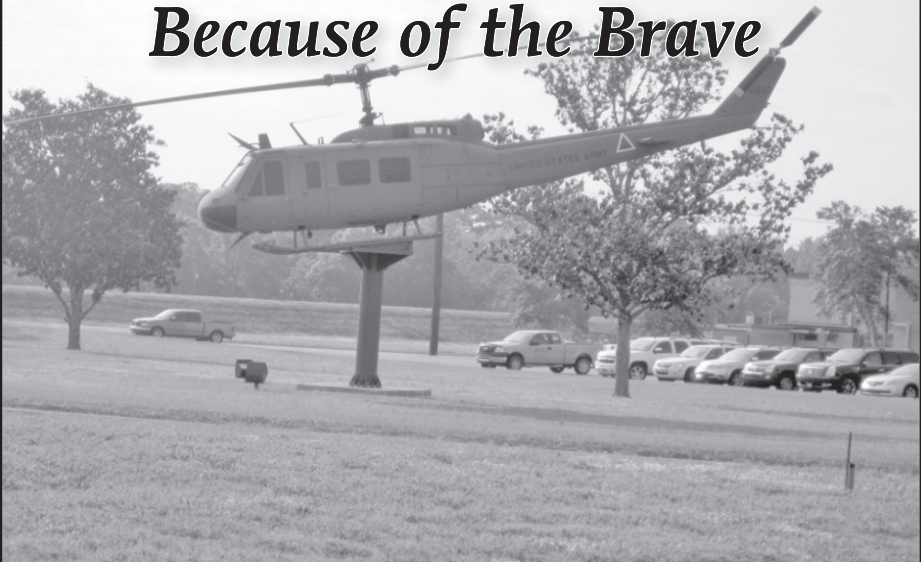
When talking to his peers in the Pacific, Kelly said, he learned that they share many of the same concerns that the U.S. has, and U.S. presence in the region reinforces the message that the U.S. will stand behind its partners.

“In Australia and Indonesia and Malaysia, China was a topic for every counterpart I had,” he said. “They clearly are concerned with China.”

Kelly said that for Americans, concerns about Chinese assertiveness can seem distant — but not for American allies in the Pacific region.

“To a smaller country like Indonesia and Malaysia, it’s very real for them,” he said. “It’s very tangible ... I think the Pacific Pathways, having American Soldiers out there with them, having us engage with them, I think it helps reassure them in terms of the U.S. commitment to that region, how important it is. The fact that we are putting boots on the ground, the fact we physically have people out there with them — I think it helps them with their calculus, as they are thinking through the issue out there.”

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NO GPS?

DARPA developing backup system to help Aviators

By C. Todd Lopez
Army News Service

WASHINGTON — The Defense Advanced Research Projects Agency is working to develop a backup system to be used by service members in the event that access to the Global Positioning System is denied to them by adversaries.

Lin Haas, with DARPA's Strategic Technology Office, discussed the effort May 11 during DARPA Demo Day in the Pentagon courtyard.

“Our main goal is a backup position navigation and timing system when GPS is not available. We’re focusing on naval surface and Aviation, and it’s very applicable to Army helicopters,” Haas said, adding that DARPA is working closely with the Army’s Communications Electronics Research Development and Engineering Command in the effort.

The “Spatial, Temporal and Orientation Information in Contested Environments” project is meant to provide position navigation and timing in situations where GPS is denied to U.S. forces, he said.

“Right now we don’t have a backup PNT system that provides global coverage,” he said. “That’s what STOIC is researching – can we provide a backup?”

The STOIC system makes use of very low frequency signals already being generated by the Navy for use in communicating with submarines.



PHOTO BY SGT. RYAN HALLOCK

Spc. Carl Arenberg prepares his Defense Advanced GPS Receiver for the night orienteering course at Camp Buehring, Kuwait, May 19, 2014.

The VLF stations are located around the globe in fixed locations. In part, STOIC uses those signals to triangulate a user’s position on the globe, in much the same way a GPS receiver is used.

Haas had a video display at the Pentagon that demonstrated how some of their work might be applied. On the screen was an overview of a vehicle traveling along a route. Three lines on the screen traced the route of the vehicle’s position.

A yellow line was produced by GPS, and was extremely accurate in following the vehicle along the road it traveled. A red line traced the vehicle’s route using inertial navigation – which uses things like a gyroscope and inertial sensors to measure a vehicle’s movement away from a previously-known point. The inertial navigation

system was accurate for a while, then sharply diverged away from the actual route, never to return. Inertial navigation systems, because they don’t use any external reference, compound on their own errors.

Finally, a green line showed navigation traced by a combination of inertial navigation plus use of a VLF signal. The green line danced erratically around the actual route, but never wandered too far from the vehicle.

“We took one day to plug the VLF receiver into the navigation system, and this is the result we got when driving,” Haas said. “No months of optimization.”

Haas said one of the reasons the green line danced around the screen was due to magnetic interference from things in the vicinity that affect the VLF signals. There was no mitigation for that kind of interference in their initial field tests, he said. But they will work on that to correct it. Additionally, he said, such interference isn’t a problem in the air or on the sea – so that’s where they are focusing their efforts now.

“Once we get that foundation for that system in place, there is a lot of work we need to do in terms of developing VLF measurement models,” he said.

Haas said they are shooting to demonstrate real-time positioning with their system by fiscal year 2018 or 2019. There will also be an at-sea demo this summer.

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‘Can-do culture’ sometimes hinders policy discussions

By David Vergun
Army News Service

WASHINGTON — The Army’s “can-do,” problem solving culture is often regarded as one of its greatest assets.

But there are times when it can also be viewed as a hindrance, such as when it comes to policy discussions that influence Army missions, said Ryan S. McCannell.

McCannell, a student at the U.S. Army War College, and a member of the U.S. Agency for International Development, was one of 17 students at the USAWC who authored a report with this and other conclusions.

Army Col. Kevin A. McAninch said that report, “Elihu Root Study: The Total Army,” released May 3, examined the Army’s core mission – fighting and winning America’s wars – against a backdrop of Army culture, operational and strategic requirements, force structure, joint requirements, policy decisions and a shrinking budget.

Those elements often create an underlying but powerful tension within the Army, he said.

McCannell said the Army’s can-do attitude prevents a robust discussion with policymakers that decide the Army’s resourcing and missions. These decision-makers include members of Congress, the administration and the Department of Defense.

Army “culture is the prism through which Army leaders make decisions about how they manage all their priorities with limited resources,” McCannell said. This “prevents a robust discussion of all of the different options available, as well as the tradeoffs.”

In their report, the authors explained how Army culture prevents senior leadership from admitting, for instance, that something might not be possible to accomplish.

“The high-performance or ‘mission-first’ orientation of Army culture complicates leaders’ efforts to describe trade-offs effectively, feeding perceptions that the Army is unwilling or unable to be transparent about its calculations of ends, ways, means and risks,” the report reads. “The Army’s statutory, regulatory, and strategic requirements in the face of unknowable future threats far exceed the force’s available resources and capabilities.”

The report says Army culture “makes it hard for leaders to admit that they anticipate a future mission for which the Army will not be prepared,” and says that Army leaders would consider admitting such a scenario as a “dereliction of duty.”

Instead, the report concludes, Army leadership wants to be prepared for every possibility and requests the funding to allow that – even though it may not get what it asks for.

“This is married with an implied, grudging acceptance that the Army will figure it out using the available resources,” the report continues, “which ultimately results in mortgaging future readiness by postponing needed modernization programs and wasting billions of dollars on canceled acquisition programs. This response, while laudable in some respects, is not useful for policy makers

faced with making difficult resource decisions, especially given that few other U.S. government agencies have as much difficulty articulating how a reduction in resources will curtail their mandates or substantially increase associated risks.”

Army Col. Katherine J. Graef added that this culture is also an “obstacle to reforming the Army” and that it’s “an invisible but powerful force that influences all of us no matter what organization you’re in.”

The study concluded, she said, that there should be more discussion about how culture influences decision-making and “senior leaders need to be aware of it and acknowledge it.”

She added that Soldiers at all levels of responsibility should be encouraged to “question unspoken assumptions” and challenge them to “move the Army forward in a positive way.”

Graef said that while the Army has always been issued marching orders from policymakers, much has changed within the last 15 years that calls for more robust discussions between Soldiers and their civilian leaders.

“Look at the speed (at which) our adversaries are able to meet our strategies and capabilities and adjust to them,” she said. “That’s what’s different than in the past. They can adjust faster.”

Assumptions about the structure of the Army should be open to discussion, she said. Is the Army structured in such a way

that it can defeat adversaries as well as meeting demands from policymakers?

McAninch said the students asked themselves what the Army command structure would look like if it were redesigned and if it would look like it does today.

“We’re not sure that it would,” he said.

After researching and debating what that new structure might look like, the report advocates “allocating the current responsibilities of Army service component commands to corps headquarters, under the operational control of geographic combatant commanders. Corps headquarters, with their embedded mission command capabilities and operational focus, will effectively support GCCs and are better suited for employment as joint task forces.”

“In essence, that would reinvigorate the corps to be the warfighting element in support of joint requirements,” he said, adding that the Guard and Reserve would be included in that new structure, but their responsibilities would remain as they are at the present time.

Another example of restructuring the Army, McAninch said, would be “right-leveling the organization, pushing greater responsibility to lower levels.” The proliferation of officers, especially in the middle grades, has created a top-heavy, costly structure out of balance with core operational capability.



PHOTO BY SGT. JUANA M. NESBITT

Members of Congress examine an Army M1A2 Abrams Main Battle Tank during a visit with Team Estonia in 2015 near Tapa, Estonia.

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\$124,000: Affordable with 4BR, conveniently located to Ft. Rucker, Harland Creek Elementary school & shopping. All brick with a large 2-car garage & modern windows installed in 2009. The floorplan is mostly open with a large kitchen, dining area & family room all open to one another. The large living room is separate. A well maintained home with a big yard that is level in the front & slightly sloping in the backyard. The backyard is fenced & a nice shed is near the rear property line. **ROBIN FOY 389-4410** **MLS #20160857**



new LISTING



178 Scotty
\$124,000: Tranquility is found as you leave the business of the day behind & enter this remodeled home. The harmony of subtle colors both inspire & invite you to relax in a peaceful environment. Step out onto the covered patio, breathe in the fresh country air & enjoy the beautiful scenery that nature has provided. Yes this is a place to retreat & rejuvenate, the practicality of the open floor plan presents an entertaining space. Situated on a cul-de-sac. Close to Ft. Rucker with a 2 year old roof! **MAGGIE HAAS 389-0011** **MLS #20160868**



new LISTING



213 North Railroad ~ Coffee Springs
\$73,500: Charming home with lots of character nestled among lots of mature trees. Large corner lot. Original hardwood floors. New carpet & new vinyl flooring. French doors separate living room area from dining area. Master bedroom has large walk-in closet & adjacent bathroom. 2 guest bedrooms share extra bathroom. Large front porch. Large back deck & smaller side deck to enjoy the outdoors. Storage shed is sold "as is". Home was foreclosed on 9-11-15. Home was purchased by investors & remodeled. **SHAWN REEVES 475-6405** **MLS #20160907**



new LISTING



2900 Rocky Head
\$130,000: Listed just in time for summer fun! Remodeled 3BR/2BA with a 20x40 in-ground salt water pool with brand new liner! New roof, 2007, new HVAC unit & security system, 2014, new dishwasher this year. Newer refrigerator. Large kitchen with pantry & a cozy den with beautiful fireplace. Huge laundry room with sink. MBA has lovely tile work & a large walk-in closet. MBR has a built-in desk/workstation. The lot is deep with an area beyond the pool/patio for a garden, pet run, playground or whatever you might need! **JAN SAWYER 406-2393** **MLS #20160916**



new LISTING



3530 County Road 643
\$425,000: Country living close to town in this lovely custom home situated on 41± acres perfect for hunting, gardening, ranching or just living the good life! Main level is immaculate with an updated kitchen including granite countertops & stainless double ovens, split bedrooms & unbelievable storage. A private suite upstairs includes a sitting room, bedroom & full bath. Walk-in floored attic access is here also. A detached 2-car workshop with electricity & a sink. Beautiful grounds on about 2 acres. 45-50 pecan trees. **JAN SAWYER 406-2393** **MLS #20160931**



new LISTING



County Road 149 ~ New Brockton
\$119,900: Looking for land???? 38± acres wooded & approx. 15 minutes from the Boll Weevil Circle. Actually a hunters paradise. **FRAN & DON KALTENBAUGH 790-5973** **MLS #20160936**



new LISTING



101 Hall Hill
\$213,000: Beautiful garden home with open floor plan located in Cotton Creek Subdivision. Oversized master bedroom, master bath has garden bath & separate shower with large walk-in closet. Nice fenced in backyard with patio. **TEXT TERRI 406-2072 & JACKIE THOMPSON 406-1231** **MLS #20160948**



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JUST LISTED ON MONDAY IN COTTON CREEK!



POOL - 104 FRISCO - \$309,000: This beautiful home with 4BR/3.5BA features a sparkling pool, walk-in closets in every bedroom, a walk-in pantry, whirlpool tub & separate shower in the master bathroom & built-in outdoor speakers, as well as granite counters & stainless steel appliances in the kitchen. The open kitchen, large backyard with a covered patio & sparkling pool will make this house a pleasure to sit back & relax or entertain your family & friends. **SOMMER RAKES 406-1286**



JUST LISTED ON TUESDAY IN THE WOODLANDS!



POOL - 262 TRENT - \$229,000: Large 4BR/3.5BA home. Great home for family fun & entertaining! Foyer, formal dining room, cozy living area with gas log fireplace. Eat-in kitchen with breakfast bar & a bonus room that could be used as an office or den with private exit to deck/backyard. Master suite downstairs & 3 additional bedrooms upstairs, with walk-in closets. There are also 2 full baths upstairs. Also features a sunroom, a salt water pool & a pool patio. **BOB KUYKENDALL 369-8534**



JUST LISTED ON MONDAY IN CLUBVIEW WEST



POOL - 4 STRATFORD - \$210,000: Great location close to Ft. Rucker. Enjoy the summer with the inground pool. New liner in 2015. 4BR/2BA & large family room. New Trane heat pump in 2015. This house is perfect for entertaining! **TEXT TERRI 406-2072**



JUST LISTED ON MONDAY IN STONECHASE!



NEW CONSTRUCTION - 207 STONECHASE - \$246,000: New 4BR/3BA in Stonechase. Stop & see this new neighborhood & the beautiful homes that make up Stonechase. All homes offer wood privacy fences & whole yard sprinkler systems as standard. 30-yr architectural shingles, brick & stone are also standard. Inside you'll find open floor plans, granite countertops & stainless appliances, including the refrigerator. The main living areas are tile & wood, with the bedrooms having carpet. The seller is a licensed Realtor in the State of Alabama. **NORMAN RILEY CONSTRUCTION, INC. 406-6746**

JUST LISTED ON MONDAY - 657± ACRES



COUNTY ROAD 215 & 217 - \$1,400,000: Approximately 657 acres of land. This land has it all...wooded for hunting...creek...active agricultural fields...planted pines. On West portion creek is the boundary for the lowest 40 acres. On East, the land crosses the creek with 20 acres lying on the South side. Creek is a major tributary to the Pea River. **SHAWN REEVES 475-6405**



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187 MAREE
\$185,000: Nice open floor plan with split bedrooms. Stainless steel appliances. Level yard with privacy wood fence & sprinklers make this your place for relaxation & family fun. **agnes@c21regencyrealty.com**

DIRECTIONS: The Woodlands 2: 84 East to Level Plains, turn left on County Road 445, turn right on Joe Bruer Road, turn left on Maree, home is on the left.

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CLUTTERED SKIES

Congested airspace likely challenge in future fight

By David Vergun
Army News Service

WASHINGTON — By 2025, airspace over future battlefields will be extremely congested, as well as dangerous.

That's one of several significant outcomes that came out of experiments conducted recently, said Col. Wayne Grieme, division chief, Joint and Army Experimentation Division, U.S. Army Capabilities Integration Center, U.S. Army Training and Doctrine Command

Grieme, spoke during a media roundtable May 4 regarding the outcome of experiments conducted at Unified Challenge 16.1.

Lots of stuff flying around

Since the next fight will be a joint undertaking, participants in the experiments included personnel of the other services who brought their own capabilities to the fight,

each utilizing the air, as well as the other domains, Grieme said.

Things flying through the air domain would include:

- Low, medium and high-altitude artillery;
- Missiles of various ranges;
- Space-based weaponry;
- A variety of unmanned aircraft systems, armed and reconnaissance; and
- Fixed-wing and rotary aircraft.

As new technologies for UAS become less costly and readily available, even non-state actors would be able to afford them, Grieme added. Operating in this domain would present some real challenges to pilots and UAS.

Signals in the air

Adding to this clutter of aircraft and projectiles in the air would be electronic



NAVY ILLUSTRATION

A C-130 airplane releases a swarm of Close-In Covert Autonomous Disposable Aircraft gliders.

SEE SKIES, PAGE B4



AIR FORCE PHOTO BY SENIOR AIRMAN TREVOR T. MCBRIDE

An airman provides security during fast-rope training from an Army UH-60 Black Hawk as part of Emerald Warrior 16 at Hurlburt Field, Fla., May 4. The airmen are special tactics squadron assigned to 24th Special Operations Wing. The training prepares special operations forces to respond to real and emerging worldwide threats.

TO THE RESCUE

TRAILBLAZER

Apache repairer becomes 1st female to re-enlist as cavalry scout

By Capt. Brian Harris
16th Combat Aviation Brigade
Public Affairs

JOINT BASE LEWIS-MCCHORD, Wash. — A 16th Combat Aviation Brigade, 7th Infantry Division, I Corps, Soldier became the first female to re-enlist for the military occupational specialty 19D, cavalry scout, during a ceremony May 4.

Sgt. Kayci Landes, an AH-64 attack helicopter repairer, has been in the Army for five years, and deployed to Afghanistan in 2012. She will start her cavalry scout training in October.

"I like a challenge," said Landes. "I enjoy spending time in the field. The fact that they spend a lot of time in the field doesn't bother me. I do enjoy the dirty part of the Army, even though I haven't had as much time doing that."

Landes is married to Army Spc. Brendan Stahl-Dugger, a combat engineer assigned to 1st Stryker Brigade Combat Team, 2nd Infantry Division.

"He's not worried about whether or not I can do it," said Landes. "He's just not sure I'll like it."

Landes has four children, including an 11-week-old infant. She waited until the night before her re-enlistment to talk about her new MOS with her children to delay the inevitable list of questions she expected from them.

"I told them a little too early that we were coming to Washington, so I had to deal with questions about Washington for like six months," said Landes.

She is not worried about this

SEE TRAILBLAZER, PAGE B4



PHOTOS BY CAPT. BRIAN HARRIS

Sgt. Kayci Landes, an attack helicopter repairer assigned to 16th Combat Aviation Brigade, 7th Infantry Division, I Corps, is congratulated by Col. William A. Ryan, 16th CAB commander, following a re-enlistment ceremony at Joint Base Lewis-McChord, Wash., May 4.



Landes receives the oath of enlistment from CW2 Michael Olivero.

Army tests High Energy Laser in exercise

By C. Todd Lopez
Army News Service

WASHINGTON — In April, the Army's Space and Missile Defense Command proved again how effective the High Energy Laser Mobile Test Truck is at destroying unmanned aircraft systems, quad-copters and even laptops with just a blast of concentrated light.

"It completely destroyed the laptops," said Adam Aberle, the High Energy Laser technology development and demonstration lead for the Army Space and Missile Defense Command/Army Forces Strategic Command Technical Center. "It melts all the plastic, fractures the screen and basically renders the laptop unusable."

The HELMTT includes a 10-kilowatt laser — equivalent to about 10 million handheld laser pointers — a beam control system, acquisition and tracking sensors, and other supporting equipment, mounted on a Heavy Expanded Mobility Tactical Truck. The system is designed to track incoming threats, such as rockets, artillery, cruise missiles, UAS, and even threats on the ground, and then destroy them with a laser, rather than with kinetic munitions.

For the first time, that system went to Fort Sill, Oklahoma, to participate in the April 11-19 Maneuver Fires Integrated Experiment there. The MFI was hosted by the Fort Sill Fires Center of Excellence Battle Lab.

For the HELMTT and the USASMDC/ARSTRAT team responsible for its development, participation in the MFI demonstrated its ability to integrate with other military equipment and be an effective weapon system during a combat situation, said Aberle.

We were able "to simulate a kind of battlefield command and control network, and ... demonstrate the interconnectivity of all these emerging systems and capabilities with the goal of looking at what could be done for the Army of 2025," he said.

"It really was a beginning-to-end experiment, from the standpoint of detecting and identifying potential threat targets by a sensor, giving that information to an Army command center, making the assessment that there are threats in the air or threats on the ground, and handing that information over to a weapons system," Aberle added.

At the MFI, he said, the HELMTT performed as expected and caught the attention of exercise participants as well, not just for its performance, but also because it was the first time that Fort Sill had seen or

SEE LASER, PAGE B4



PHOTO BY MONICA K. GUTHRIE


Adam Aberle, High Energy Laser Mobile Test Truck program manager, U.S. Army Space and Missile Defense Command/Army Forces Strategic Command Technical Center, holds UAS, displaying the damage caused by a compact laser weapons system during the Maneuver Fires Integrated Experiment 2016 at Fort Sill, Okla., April 21.

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GENERAL

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Regulations (DFARS) 237.104. Qualifications,
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1. Education: Board Certified Family
Physician who holds a Medical Degree or an
Osteopathic Degree from a nationally
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American Medical Association.
2. Shall have been actively practicing as a
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the past three years or have five years of
experience.
3. Possess & maintain a current Basic Life
Support cert. The American Heart
Association Basic Life Support for Healthcare
Providers is the only program accepted. BLS
recertification shall be maintained.
4. The Health Care Provider (HCP) shall be
able to obtain privileges & be credentialed
by the Medical Treatment Facility's
Credentials Committee.
5. Shall have sufficient skills, knowledge &
experience to perform the specific tasks of
the Performance Work Statement.
**Additionally, the Family Physician
shall comply with:**

1. Not on the Health & Human Services list of
providers excluded from Federally funded
healthcare programs. The list may be found at
<http://oig.hhs.gov/fraud/exclusions.asp>.
 2. HCP shall have knowledge of Health
Insurance Portability & Accountability Act.
 3. Be a U.S. citizen or otherwise meet the
requirements of AR 25-2,
Information Assurance.
 4. Shall not have been convicted of a felony.
 5. Shall successfully complete a criminal
history background check in accordance
with the PWS.
 6. The HCP shall be able to read, write, &
speak English well enough & enunciate with
sufficient clarity to effectively communicate
with patients & other HCPs.
 7. Possess sufficient initiative, interpersonal
relationship skills, & social sensitivity such
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JOB ANNOUNCEMENT

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MAY 26, 2016



W01 Stuart Kelly, B Company, 1st Battalion, 145th Aviation Regiment, buries his son, Stuart Jr., in the sand with the help of his daughter, Scotland, during Lake Fest at West Beach on Lake Tholocco Saturday.

PHOTOS BY NATHAN PFALZ

FUN IN THE SUN

Lake Fest kicks off summer

By Nathan Pfau
Army Flier Staff Writer

Although the day featured a mix of rain and shine, more than 1,000 people donned their swimsuits and sunscreen to take to Lake Tholocco's West Beach for one of the installation's most popular events.

The Fort Rucker Directorate of Family, Morale, Welfare and Recreation's 15th annual Lake Fest returned to the waters of Lake Tholocco Saturday where Soldiers, families and civilians got their fill of sun, fun, food and festivities.

Throughout the day, people were able to enjoy a car show, featuring makes and models throughout the decades; take a cruise around the lake with free paddle boat and canoe rentals; take part in a sand castle contest and frozen T-shirt contest; and satiate their competitive edge with a volleyball tournament.

"Lake Fest is a great way to show the Soldiers, families and the community what DFMWR has to offer for a fun-filled day at the beach," said Kristi Fink, DFMWR special events coordinator. "This gives families a chance to spend some quality time together to get away from the daily routine, and there was something for everyone."

Mikayla Stevens, military spouse, brought here children, Devon and Sarah, to enjoy what she called their first official "beach day of the year," and said she could think of no better place to spend it.

"I just love that we have this available here on the installation because we don't have to travel too far to get to a beach," she said. "We've been waiting for the weather to warm up again so we can get some time in the sun."

Stevens said one of her children's favorite pastimes is swimming, and that there is no better way to kick off swim season than in Fort Rucker's own Lake Tholocco.

"They're always asking me where we can go swimming," she said. "I'll take them to the gym pool or even down to the beach in Florida if I have to, so I'm just glad

that we all have a chance to get together and do this as a family."

Swimming wasn't the only activity that was keeping people's attention.

Jared and Melissa Tevebaugh, civilians, said they came out to Lake Fest not just to enjoy the sun and sand, but to see some classic and custom cars, and one vehicle had their undivided attention.

"We wanted to come out and see the car show and look at what kind of custom vehicles people have in this area," said Jared, who admits to being an avid car nut. "I work on custom cars, but nothing like some of the stuff I've seen here."

Jared was referring to one particular custom vehicle dubbed the T-Rex – a customized Ford F-350, which included a tilt bed, tilt cowl hood, Lambo doors, semi wheels and tires, 28 air horns, four 200 psi air systems, electric retractable cover and seats that swivel outward to reveal an enormous 65-inch TV in the back.

"That thing had me sitting there with my mouth open," he said. "It's really amazing what you can do to a car if you've got the time and money. Seeing that thing had to be one of the highlights of the day."

From cars to canoes, people had their pick of recreational activities, and for many, like Melissa, it was the simple things like time on the water that gave them their fill of fun.

"I thought the cars were nice, but it was the water that I came out for," she said. "Taking time to be able to go out onto the water and just relax a little bit is where my heart's really at when it comes to having a good time."

"I'm glad that (West Beach) is out here for people to enjoy, and not just for the military," she said. "It really makes me feel like Fort Rucker is invested in their community, and that gives me a higher respect for the military community. They serve us overseas and in combat, as well as here at home, and that's something we really appreciate."



People race back to shore after taking to the waters of Lake Tholocco.



A group of friends play a friendly game of volleyball at West Beach on Lake Tholocco.

VBS takes children on epic journey

By Jeremy Henderson
Army Flier Staff Writer

Children are invited to travel back to biblical times and immerse themselves in Joseph's journey during Fort Rucker's Vacation Bible School June 6-10.

Nancy Jankoski, Fort Rucker Religious Support Office director of religious education, said several stations scattered throughout the Spiritual Life Center will provide a complete sensory experience for participants.

"We are following a similar format from last year," she said. "Each student is assigned to a 'tribe' and will start the day off in a brief 10-minute 'tribe time' where they will discuss the object lesson of the day to set the tone for that day's theme. Then everyone will gather in the chapel for a time of opening celebration and lively praise music."

"After the opening praise celebration, each tribe rotates through a series of activity stations and marketplace shops," she added. "In the activity centers, they will participate in skits and music, games from the time of ancient Egypt, and make a craft. They will use all five senses in the marketplace shops as they rotate through the Life in Egypt station and the scribe school to learn about hieroglyphics as a form of art and communication. They will eat at the bakery and the farmers market, get to touch the live animals at the biblical petting zoo, and do some really fun things like learning how to make bricks and how the ancient Egyptians did embalming. They end the day back in their tribe rooms to reflect on what they have learned and



PHOTO BY NATHAN PFALZ

Nancy Jankoski, Fort Rucker Religious Support Office director of religious education, tells a story to children during last year's Vacation Bible School.

get ready for the next day's fun."

The week-long VBS is open to children kindergarten (age 5 by Sept. 1) through sixth grade. This year's VBS will be held June 6-10 from 8:30-11:30 a.m. at the Main Post Chapel Complex, Bldg. 8939 and Bldg. 8940. The theme is "Egypt, Joseph's Journey from Prison to Palace."

"Most years, the VBS theme will rotate between the Old and New Testaments, so that, over time, students have a good idea of both," Jankoski said. "Last year's theme was 'Hometown Nazareth, Where Jesus was a Kid,' and it focused on childhood of Jesus told through the eyes of the person who knew him best – his mother, Mary."

"This year's theme, 'Egypt – Joseph's Journey from the Prison to the Palace,' features another young person, Joseph,

and deals with the fact that Joseph's family had some problems getting along with each other, ultimately leading to Joseph's being separated from his family and forced to live in a foreign culture," she added. "Joseph is a young person who has many times of hardship, but he maintains his character, his integrity and his faith in God throughout every crisis he faces. Ultimately, he overcomes a lot of hardship to rise to a position of great power, and when the time comes that his brothers need help, he is able to reconcile with them, forgiving the wrongs of the past. It is an important lesson for young people to learn."

According to Jankoski, VBS provides more than fun and activities for youth who attend.

"Joseph can be a role model for chil-

dren," she said. "He experienced problems in getting along with his brothers, he had to figure out how to survive and thrive in a foreign culture without the support of family and friends. He had to grow in his understanding of life and find a way to overcome difficulties."

"VBS is a chance for children to make new friends and experience some fun while learning," she added. "The VBS program allows children to be themselves. They can laugh while putting together dirt, straw and water, and mixing it up to form a brick. They can expend their energy doing games that children down through the ages have done. They can sample treats, try new skills and make friends. Most importantly, they can understand the importance of their spiritual side. Joseph was able to forgive all those who had done him wrong and even help them when they were in need. He didn't become bitter, angry or selfish. His faith made him whole."

Jankoski added that the VBS program is open to everyone.

"In our VBS program, the various Christian chapel communities come together to teach things that all the different denominations have in common," she said. "It is a wonderful thing for the children to see youth and adults from a variety of traditions being able to work and share together. Our volunteers come from at least five different chapel services, and from several additional chapel or post entities. It helps build a sense of spiritual community within the post community."

For more information, to register or to volunteer, call 255-3946, 255-2989, 255-2051 or 255-9566.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK’S EDITION.

Spouse Sponsorship Survey

Army Community Service is conducting a spouse sponsorship program survey now through Tuesday to determine if a need for a spouse sponsorship program exists at Fort Rucker. The program would provide an opportunity for incoming spouses to connect with other spouses who can provide assistance with their family’s transition to Fort Rucker. People can make their voices heard by taking the survey at <https://www.surveymonkey.com/t/W9TRQ3N>.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available. For more information, call 255-3735.

Tot Time

Army Community Service hosts its Tot Time playgroup Wednesdays from 9:30-11a.m. at The Commons, Bldg. 8950. The playgroup is for children 12-36 months and their caregivers. The playgroup provides programs and activities that enhance caregiver-child interaction, and stimulate child growth and development. For more information, call 255-9647 or 255-3359.

Summer reading registration

Registration for the Center Library’s summer reading program continues and is open to authorized patrons. Parents or children must have a library account and children must be completing grades kindergarten through eighth. For more information, visit the library or call 255-3885. Registration for the program is taken at the library.

Relocation readiness

Army Community Service will host its relocation readiness workshop Friday from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information on benefits, entitlements, advance pay, government travel cards and more. Workshops are held the last Friday of each month. For more information, such as time and location, or to register, call 255-3161 or 255-3735.

Summer camps

The Fort Rucker School Age Center will host its Summer Break Youth Camp for youth in grades 1-5 Tuesday-July 29, Mondays-Fridays from 5:30 a.m. to 6 p.m. Activities will include: chefs in training, science and robotics, Trash 2 Treasure, outdoor camp and more. The children will also do arts and crafts, go on field trips and learn life skills. Breakfast, lunch and a snack will be served daily. Fees are paid weekly. Children must be enrolled in child, youth and school services to attend. For more information, call 255-9108 or 255-9638. The Fort Rucker Youth Center will host its Wet and Wild Summer Camp for CYSS-registered members in sixth-12th grades (ages 11-18) Tuesday-July 31. Camps will be Mondays-Fridays (there will be a fee). Camp hours are 7 a.m. to 1 p.m. Field Trips will be Wednesdays and Thursdays. Youth must be summer camp enrollees to participate in field trips. For membership information or to sign-up, call 255-9638.

Center Library Summer Safety Series

The Center Library will host its Summer Safety Series, an educational program for children. The first part of the series will take place Tuesday at 10 a.m. – an electrical safety program presented by Alabama Power called Safe-T-Opolis. The second part of the series will be sun and water safety, and will be led by the Fort Rucker Aquatics staff, June 7 at 10 a.m. The third part of the series will be presented June 14 at 10 a.m. and children will learn how to be safe around dogs, as well as how to act when encountering therapy dogs. Registration is required for these programs and will be limited to the first 65 children to register. The events are Exceptional Family Member Program friendly and open to authorized patrons. For more information or to register, stop by the library or call 255-3885.



FILE PHOTO

SPLASH! Opens

Starting Saturday, SPLASH! will be open Wednesdays-Mondays from 11 a.m. to 5:30 p.m. SPLASH! features double flume slides, a diving board, climbing wall, spray park, and room to lounge and soak up the sun. SPLASH! SPLASH! is open during the summer season and can be rented out for private parties. Daily and season passes can be purchased at SPLASH!, MWR Central and both physical fitness centers.

Small Business Counseling

Army Community Service will offer small business counseling June 2. People can make one-hour appointments, with the first available at 9:15 a.m. For information and to schedule an appointment, call 255-2594.

Baby-Led Weaning Class

Army Community Service New Parent Support will offer its Baby-Led Weaning Class June 2 from 9-11 a.m. at the Munson Heights Community Center on Red Cloud Road. Topics include: nutrition for the nursing mother, starting solids and more. People need to register by Friday. For more information, call 255-9647 or 255-3359.

SPLASH! Summer Luau

The SPLASH! 2016 Summer Luau is scheduled for June 4 from 11 a.m. to 4 p.m. The event will feature music, limbo contests, a T-shirt tie-dyeing station (participants must bring their own T-shirt), a dunk tank, corn hole stations, a bouncy house, swimming, water slide and an Aqua Climb rock wall. Door prizes will be given away throughout the event. There will also be food available for purchase. The event is open to the public. Cost for the event will be the daily admission fee or pass-holder fee. For more information, call 255-9162.

Family member resilience training

Army Community Service will host family member resilience training June 6 from 8:30 a.m. to 2:30 p.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them. For more information, call 255-3161 or 255-3735.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session June 9. People who attend will meet in Rm. 350 at 8:40 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program. For more information, call 255-2594.

Super Dad and Kids Event

Army Community Service will host its Me and My Sidekick: A Super Dad and Kids Event June 11 from 11:30 a.m. to 1:30 p.m. at The Commons. The event is designed to enrich the parent-child relationship. The event will feature crafts and games, and snacks will be provided along with goodie bags for each child. The event is limited to

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the first 24 people to register. The deadline to register is June 7. For more information or to register, call 255-9636 or 255-9644.

Army Birthday cake

The Landing Zone will host a birthday cake cutting to help celebrate the Army’s birthday June 14 at noon. For more information, call 598-8025.

Fathers Day craft

The Center Library will host a Fathers Day craft session June 14 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register. The event is open to authorized patrons and is Exceptional Family Member Program friendly. To register or get more information, stop by the Center Library or call 255-3885.

FORT RUCKER MOVIE SCHEDULE FOR MAY 26-29			
Thursday, May 26	Friday, May 27	Saturday, May 28	Sunday, May 29
The Angry Birds (PG).....7 p.m.	The Angry Birds (PG).....7 p.m.	Barbershop: The Next Cut (PG-13) ..4 p.m. Criminal (R)7 p.m.	Barbershop: The Next Cut (PG-13)1 & 4 p.m.
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GOLD STANDARD

Swimmer asks Prince Harry to give gold medal to hospital that saved her life

By Shannon Collins
Department of Defense News

ORLANDO, Fla. — After Britain’s Prince Harry presented Staff Sgt. Elizabeth Marks with the four gold medals she had earned in swimming at the 2016 Invictus Games May 11, Marks asked him to present one to the Papworth Hospital in London, where the staff saved her life two years ago while she was there to compete in the inaugural games.

“It was my chance to thank everybody. They ultimately saved my life,” said Marks, who earned gold medals in the 50-meter backstroke, 50-meter breaststroke, 50-meter freestyle and 100-meter freestyle.

During the closing ceremony for the Invictus Games, Prince Harry said he was inspired by athletes like Marks who showed courage to make it to the starting line and give it their all.

“The competition has been fierce, with performances at the highest international standard across a number of events, but what inspired me was the courage to make it to the starting line, to take to the field or to dive into that pool, motivated by the goal of giving your all, medal or no medal,” he said to the athletes. “You showed your families, your friends and yourselves just how far you’ve come regardless of the results. I know by your nature you all want to win, but these games are so much more than that. Invictus is so much more than that.

“What is the force that drives Elizabeth Marks to return to these games after nearly dying two years ago to compete now at the highest level in a sport that renders her blind and faint, Invictus,” he continued. “You are all Invictus. You are all now ambassadors of the spirit of these games. Never stop fighting, and do everything you can to lift everyone around you.”

When Marks had landed in London for the 2014 inaugural Invictus Games, she had gone into respiratory failure and had been put on life support. She was put on a machine known as ECMO – extracorporeal membrane oxygenation, which works as an external lung – for 10 days. She was put into an induced coma.

Her older brother, Jacob Marks, was there by her side.

“It was terrifying,” he said. “I felt very lucky to be there, though, to be there by her side. I will be forever grateful. There was a huge team around her, and she received great care at Papworth. I don’t know anywhere else where she would’ve gotten that kind of care. I feel very lucky she was where she was and got the care she got. She may not have made it in a lot of other places.”

Marks said she was so grateful for the care she received that she asked Prince Harry if he would present one of her gold medals to the hospital.

“It’s the only way I could really thank them for saving my life,” she said. “These gold medals are a direct reflection of all the love and support I’ve had. It’s not so much that I’ve earned them, but that the Invictus team has earned them as a whole.”

Invictus Games, Take 2

Marks said getting to compete in Invictus this time was a chance for her to thank her friends and family for the love and support they’ve shown her throughout her recovery.

“When I was on life support, they took the time to send me pictures and to send me love,” she said. “When I woke up off



PHOTO BY AIR FORCE STAFF SGT. CARLIN LESLIE

Prince Harry presents a gold medal to Sgt. Elizabeth Marks at the 2016 Invictus Games in Orlando, Fla., May 11.

life support and out of my coma, it meant everything to me, and I cried like a baby. It felt like I wasn’t absent from it. It felt like a part of me was there, because I was there with my friends and the people I love. I consider them my family. It means everything to me to be able to do that again.”

Marks said athletes from many nations have supported her on her journey.

“Athletes from every country have supported me. The French have been super supportive, the Netherlands, the (United Kingdom), they’ve all reached out and shared love with me on my whole athletic journey and my journey through recovery,” she said. “There’s no country or service branch barrier. It’s just, ‘You’re a soldier, and we love you. We hope you’re OK,’ and that’s meant the world to me.”

Family support

Marks’s sister, Maggie Cook, said it was a treat to see her sister compete professionally for the first time. “It was indescribable,” she said. “It’s a huge treat, and with the Invictus spirit in the air, she’s just really incredible.”

Cook said she’s proud of how far Marks has come since London. “She’s really pushed hard and done a good job.”

Marks said she was happy to have her family in the stands, cheering her on. “At the last Invictus Games, my brother had to watch me in (the intensive care unit) on life support, so this was nice for him to get to see that I’m OK. And it’s wonderful because my sister is pregnant, so my beautiful baby niece got to come and see her aunt swim. It’s really nice I got to share what I actually do for a living now.”

Jacob said he’s proud of his baby sister and that sometimes it feels like she’s the

older sister. “I look up to her like she’s my older sister -- she’s a great mentor. She’s always working so hard and stays positive. It makes me want to be a better person.”

Road to Rio

Marks originally injured her hips during a deployment to Iraq in 2010, while serving as a medical assistant. She’s had three hip surgeries, and due to decreased mobility in her legs, she is Paralympic-eligible.

Since London, Marks broke her own American record in the 200-meter breaststroke and won four gold medals and two silver medals at the California Classic meet. In addition to setting the world record in the 50-meter breaststroke in January, she also broke the American and Pan American records in the 200-meter breaststroke with a time of 3:17.89. She broke Jessica Long’s SB7 world record in the 50-meter breaststroke with a time of 41.21 seconds.

She was also the first swimmer and first woman in the Army’s World Class Athlete Program. She encourages others to join the program. “Now that we have a route, I want more people to come down to it with me. It’s life-saving, life-changing and it’s beautiful. I want to share it,” she said.

In September, Marks said, she hopes to represent the Army and her country at the 2016 Paralympic Games in Rio de Janeiro, which has been her goal since the very start of her Paralympic swimming career.

“I have the trials at the end of June, and I’m very nervous,” she said. “Hopefully, I’ll be able to earn a slot. I’ve been training very hard and trying very hard to get to Rio. Hopefully along that path, I’ll be able to encourage more soldiers to get into the pool because everyone’s welcome.”


Marks said she encourages all disabled service members and veterans to give adaptive sports a try, adding that she continues to swim as a way to thank her fellow service members for their service.

“There’s not a second I get into that pool or under the block that you guys aren’t on my mind,” she said. “Every time I swim, it’s quite painful, but the pain is nothing compared to the sacrifice that my brothers and sisters make every day, so it’s my way to carry them with me. You guys push me and drive me and make me believe in what I’m doing. It’s not for a medal or a time. It’s for a lot more than that.”

Marks said she thanks everyone who has supported her and continues to support her on her journey.

“I’d just like to thank Prince Harry for the Invictus Games,” she said. “I’d like to thank the U.S. Army for standing behind every second of every recovery I put you through. And for all of the veterans who maybe haven’t come out yet, I want to thank you for your service, for your dedication, for your country. I love you and care about you, and I hope you can come join me.”

“We salute the men and women of Fort Rucker for their dedication to our country and our local community.”



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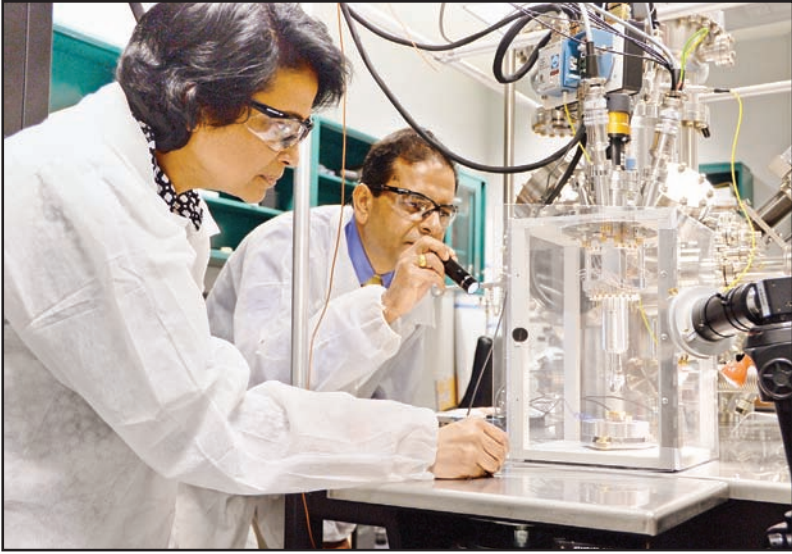
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CAREER TOOLS

Army career program provides training, academic funding for scientists, engineers



Dr. Govind Mallick (right), a research chemist with the U.S. Army Research Laboratory, and Dr. Lily Giri, a physicist who works as a contractor at ARL, at work at Aberdeen Proving Ground, Md., Sept. 15, 2014.

By Dan Lafontaine
U.S. Army Research, Development and Engineering Command Public Affairs

ABERDEEN PROVING GROUND, Md. — The Army is encouraging its civilian non-construction scientists and engineers to take advantage of a new funding source for career development.

The Career Program 16 initiative includes academic degrees, developmental assignments, internships and short- and long-term training opportunities.

A large percentage of Army employees are now eligible for retirement. In response, the Army established the CP-16 Proponency Office in 2014 to address the potential of losing critical scientific and engineering knowledge.

“The Army wants to invest in the workforce as part of the workforce transformation to make sure we don’t end up with huge gaps in our competencies,” said Dawn Folck, deputy activity ca-

reer program manager for CP-16 with the Army Research, Development and Engineering Command.

The Army aligned all civilian employees with one of the 31 career programs in 2011. There about 18,500 employees across the Army designated in CP-16’s 60 job series, which apply to non-construction scientists and engineers.


“It’s so new that many scientists and engineers are not aware of it,” Folck said. “There’s funding for degrees, developmental opportunities and training with industry. There are so many employees who are retiring and eligible to retire. We need to train the workforce to fill these competencies.”

Funding is available for master’s and doctorate degrees, and CP-16 funds may be able to fund the full cost of a degree.

“This is a funding source that is not being used to its fullest to pursue academic degrees,” Folck said.

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Twilight Tattoo salutes partnerships

By Courtney Dock
Army News Service

ARLINGTON, Va. — Under Secretary of the Army Patrick Murphy hosted this year's first outdoor Twilight Tattoo May 18 at Joint Base Myer-Henderson Hall near the nation's capital.

More than 3,000 students from all over the country were in the audience to witness the action-packed performance along with representatives of organizations that have public-private partnerships with the Army. These groups included veteran's service organizations and firms that have agreements to hire veterans.

It also included groups such as the USO, TAPS, Justice for Vets, Hiring Our Heroes, the Brookings Institute, the GI Film Festival and the Teamsters union, along with an undersecretary of the Department of Labor. Representatives from a wide range of the nonprofit community, government and private sectors attended the Twilight Tattoo, an official said.

Before the ceremony, Murphy thanked all who attended, including Soldiers, families and "those who stand with us, these public-

private partnerships."

Every Soldier is a leader and a problem solver that can make a difference in organizations, he told the business and civic leaders.

"They're loyal to the companies that they go to," Murphy said about Soldiers transitioning out of the Army, adding that some are likely to become small business owners themselves.

When Soldiers leave the ranks, he said they leave with the "country stamped on their heart." He asked the business and civic leaders to help connect "Soldiers for Life" to their organizations.

Murphy, an Army veteran himself, said he enjoyed watching the performance with the packed audience.

"When you see thousands of kids inspired by these Soldiers, and some of the corporate leaders of America here, watching our nation's best, it's hard not to be inspired," Murphy said.

"My favorite part was first time when the cannons went off and I saw everyone jump," he added. "It cracked me up, because I was ready for it and everyone jumps a little bit."

Murphy is the undersecretary of the Army and was the acting secretary of

the Army while Eric Fanning awaited confirmation. Fanning was officially sworn in as the secretary of the Army May 18 by Secretary of Defense Ash Carter in a ceremony at the Pentagon.

Twilight Tattoo is performed by Soldiers from the 3rd U.S. Infantry Regiment (The Old Guard) and the U.S. Army Band "Pershing's Own."

Twilight Tattoo is a show that provides a glimpse into American history through performances by the U.S. Army Blues, the Old Guard Fife and Drum Corps, the U.S. Army Drill Team, and vocalists from the U.S. Army Band Downrange and U.S. Army Band Voices.

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PHOTO BY COURTNEY DOCK

Soldiers of the 3d U.S. Infantry Regiment, known as the "Old Guard," perform during the Twilight Tattoo May 18 on Summerall Field, Joint Base Myer-Henderson Hall, Va.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Building 109
8 a.m. Traditional Protestant Service

Main Post Chapel, Building 8940
9 a.m. Catholic Mass Sunday
11 a.m. Liturgical Protestant Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4 p.m. Catholic Confessions Saturday
5 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
8 a.m. Latter-Day Saints
Worship Service
9:30 a.m. Protestant Sunday School
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
12 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939
10:15 a.m. CCD
(except during summer months)

BIBLE STUDIES

Tuesdays
Crossroads Discipleship Study (Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel
Wings Chapel, 9 a.m. and 6 p.m.

Adult Bible Study
Spiritual Life Center, 7 p.m.

Wednesdays
Catholic Women of the Chapel
Wings Chapel, 8:30 a.m.

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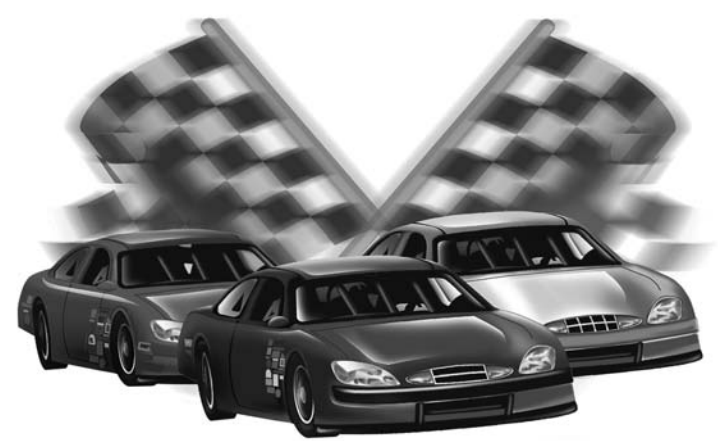
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Charity race night offers free admission



Army Flier
Staff Reports

The South Alabama Speedway in Kinston hosts Crossover Night, a free night of racing, in return for donations to the Crossover Ministry on June 4. Those interested in attending the race will receive free grandstand admission for a donation of canned goods, toiletries, household items or a monetary donation. Gates will open at 3 p.m. for

general admission, and the race will start at 6 p.m. The race will include modified, street stock, roadrunner, coyote, uplite, mini sportsman, super stock and pro late model events. The Crossover Ministry is a faith-based clinic, offering help to those suffering from addictions. It is a nonprofit organization that does not require its patients to pay any sort of fee. Crossover Ministry is an eight-month recovery program

that includes four months of residential treatment and four months of aftercare. The program is strictly voluntary, and is not funded by the government. The ministry is asking for donations of canned goods and household items including: dishwashing soap, laundry detergent, coffee and tea. All proceeds will go directly to the Crossover Ministry. For more information, visit <http://www.southalabamaspeedway.com/>.

WIREGRASS COMMUNITY CALENDAR

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ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

NOW-JUNE 25 — The Wiregrass Museum of Art presents its spring exhibition, “Made in Alabama.” The exhibition features eight Alabama artists and makers working in mediums including printmaking, glasswork, mosaic, mixed media and textiles. It coincides with the Alabama Department of Tourism’s Year of Alabama Makers, which honors the state’s craftspeople, musicians, writers, designers, brewers, distillers and food producers.

JUNE-JULY — Southeast Alabama Community Theatre offers open registration open for children ages 5 and older to enroll in a week of acting and learning about theatre by putting on a show under the direction of camp instructors. Every child gets a part and every child has their moment in the spotlight in SEACT’s original productions. At the end of the week, parents and friends are invited to enjoy the final productions and a cast party. Session dates are June 13-17, June 20-24, July 11-15, and July 18-22. Cost per week is \$120 – \$100 for season ticket holders. Registration forms and more information is available at www.SEACT.com. For more information, call 794-0400 or send an email to seact@seact.com. The SEACT office and classrooms are located inside the Cultural Arts Center at 909 S. St. Andrews Street.

ENTERPRISE

ONGOING — The Boll Weevil Dance Club meets every Friday from 7-10 p.m. at the Enterprise “Jug” Brown Recreation Center. Cost is \$5 per person. Groups of five or more receive a 20-percent discount. Event is described as providing exercise and fellowship opportunities. Free refreshments are served and every fourth Friday night of the month is covered dish night. For more information, call 347-3381.

ONGOING — Every Monday and Tuesday of each month at 7 p.m. the city of Enterprise hosts line dancing. Fee is \$3 per class. For more information, call 348-2684 or visit www.cityofenterprise.net.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

ONGOING — The Ann Rudd Art Center offers free art lessons for children ages 5 and older. The young student class is Saturdays from 10 a.m. to noon, and the adult-teen class is from 12:30-3 p.m. Slots are on a first come, first served basis. For more information, call 774-7922.

ONGOING — The Friends of Ozark holds a monthly meeting on the second

Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

Beyond Briefs

Hot air balloon festival

Decatur’s Point Mallard Park will host the Alabama Jubilee Hot Air Balloon Festival May 28-29. This festival is one of the largest free hot air balloon gatherings in the southeast, according to organizers. The event will feature more than 60 balloons with races, key grab, tether rides and a balloon glow. There will also be arts and crafts, food vendors, an antique car and tractor show, musical entertainment and children’s activities. For more information, visit <http://www.alabamajubilee.net>.

‘Hoofing for Heroes’

Theatre on Tap will present its production of “Hoofing for Heroes” – tap dancing, music and vocals – now through May 29 at the New Orleans Center for Creative Arts Lupin Hall with free admission for active and retired military members, although spouses and others will need to pay admission. According to organizers, stars, stripes and salutes will storm the stage during the all-American production that honors all the men and women of the U.S. armed forces and benefits the Wounded Warrior Project®. The show offers appreciation through an evening of song and dance that includes a spectacular star-spangled salute from 22 tap dancers accompanied by a seven-piece jazz ensemble. Times are May 26-28 from 7:30-9:30 p.m. and May 29 from 2-4 p.m. Admission is \$20 for military spouses, \$15 for students, \$25 for seniors and \$30 for adults. For more information, visit www.theatreontap.com/hoofting-for-heroes.

Montgomery Film Festival

The Montgomery Film Festival is scheduled for June 4 at 6 p.m. at the Capri Theatre, 1045 E. Fairview Avenue. The festival provides an opportunity for filmmakers and film lovers to show their creativity and support for the good, the great and the weird, according to officials. The festival will feature 13 works of amateur and professional filmmakers within Alabama, the U.S. and internationally in short film format. Tickets cost \$8 for Capri Members and \$10 for general admission. For more information, call 334-262-4858 or visit www.montgomeryfilmfestival.com/.

Hank Williams Festival

The Hank Williams Festival is scheduled for June 3-4 on the grounds of the singer’s boyhood home and museum in Georgiana. The tribute to Alabama’s native son includes country music performances, arts, crafts and food. To reach the festival from I-65, take Exit 114 and go one mile east. For more information, visit <http://www.hankwilliams-festival.com>.

Whitewater festival

Wetumpka will host the 29th annual Coosa River Whitewater Festival June 3-5 at the Coosa River below the Jordan Dam. The whitewater event is for kayaking, canoeing, sit-on-top kayaking and recreational paddlers, designed to provide competitors and non-competitors a great time on whitewater in central Alabama, according to organizers. The Coosa River can be easily paddled by the first time spectator, and the event also includes children’s events. There will be three days of activities with camping and goodie bags given to everybody that registers to come to the event. For more information and to register, visit <http://www.coosariverwhitewaterfestival.com>.

Women’s Expo

Panama City, Florida, will host its free 10th annual Women’s Expo June 11 from 10 a.m. to 4 p.m. at the Panama City Mall, 2150 Martin Luther King Jr. Boulevard. The event honors local women entrepreneurs and small businesses, and includes vendors, local entertainment, free health screenings and a silent auction.

Alabama Blueberry Festival

Brewton’s Jennings Park will host the Alabama Blueberry Festival June 18. The festival will include arts and crafts vendors, a car show, live entertainment, blueberries, blueberry bushes, cookbooks and food. There is also a free children’s section. The festival is known as the home of the original blueberry ice cream – made especially for the festival. Jennings Park is located at the intersection of Hwys. 41 and 31. For more information, visit <http://www.brewtonchamber.com>.

Fathers Day at zoo

The Montgomery Zoo will host its celebration of Fathers Day June 19 from 9 a.m. to 5:30 p.m. – with free admission for dads. For more information, call 334-240-4930 or visit www.montgomeryzoo.com.

Calera, Shelby Railroad

Now through Sept. 24, people can board a historical train and enjoy a ride on the old L&N railroad tracks from the 1800s through the forests of Shelby County, and view the artifacts and library that are located in restored depots. Train tickets cost \$14 for adults and \$10 for children. Museum entry is free of charge. For more information visit, <http://www.HODRRM.org>.

Montgomery Biscuits baseball

The Montgomery Biscuits are a Double A affiliate of the Tampa Bay Rays and play in Riverwalk Stadium in downtown Montgomery. Various specials and promotions are offered throughout the season. For more information, visit <http://www.biscuitsbaseball.com>.

Second Friday Art Walk

Mobile’s Second Friday LoDa Art Walk celebrates the arts downtown. The free monthly showcase of visual and performance arts starts at 6 p.m. second Friday of every month now until Dec. 9, when galleries, restaurants, shops, institutions, etc., in the Lower Dauphin Arts District open their doors for a family-friendly evening of exhibitions and entertainment by area artists. For more information, visit <http://www.facebook.com/LODAartwalk>.

Jasmine Hill Gardens

Jasmine Hill Gardens and Outdoor Museum features over 20 acres of year-round floral beauty and classical sculpture, including a new statuary honoring Olympic heroes. People are invited to take a stroll through the outdoor gardens and experience flowers blooming throughout each season. Tours are available for groups of 20 or more. For more information, call 334-263-5713 or visit www.jasminehill.org/. Jasmine Hill Gardens and Outdoor Museum is located at 3001 Jasmine Hill Road, Wetumpka.

CYBER WARRIORS

DARPA's Plan X gives military operators place to wage cyber warfare

By Cheryl Pellerin
Department of Defense News

WASHINGTON — Since 2013, the Defense Advanced Research Projects Agency's Plan X cyber warfare program engineers have done the foundational work they knew it would take to create for the first time a common operating picture for warriors in cyberspace.

Next month in Suffolk, Virginia, that work will pay off when Plan X is released from the DARPA lab and into the hands of operators – also for the first time – during back-to-back annual joint cyber exercises: Cyber Guard and Cyber Flag.

“We’ve got a great team of engineers, and we have had persistent participation by the military services in our lab acting essentially as end users, helping us flesh out the work flow and how it should be done,” said Plan X Program Manager Frank Pound.

“(Operators) haven’t had a unified architecture from which to conduct cyber operations or reason about cyber or visualize cyber,” Pound said, “which are all the things that Plan X is going to provide for them.”

Defending the perimeter

One of the big focus areas for Plan X is the workflow military fighters use to ac-



ARMY GRAPHIC

complish their job when they’re in battle, defending their perimeter, Pound said. Plan X allows them to plan cyber missions based on the defense of key cyber terrain such as mail and file servers, routers and gateways that are important for their defense and give them good visibility into the behavior, health and status of those pieces of key cyber terrain, he added.

Plan X, he said, “identifies pieces of key cyber terrain in a visual way so they can see it, just like they’d be able to see physi-

cal terrain through a pair of binoculars.”

The program applies military science to computer science in cyberspace. This gives operators a platform they understand, because it’s designed for the military mindset, encapsulating the military decision-making process and allowing operators to plan missions and think about cyber just as

they were trained to do in boot camp and at the service academies, Pound explained.

To do this and more, the Plan X engineers have gained a lot of ground technically in software development, he said.

Cyber tool apps

In terms of cyber effects, for Plan X users who don’t have what Pound called “exquisite knowledge” about the technical workings of cyber tools such as digital binoculars and sensors, Plan X engineers developed an app store and turned tools into apps. Then the engineers went farther.

“Rather than having to know what all the apps are, the apps actually perform effects. They allow me to discover things on my network and sense things on my network, to know when things are happening,” Pound said. “It’s very important for the military to be able to plan based on effects rather than on specific discrete capabilities.”

A typical app that a network defender might use is Netstat, he added, which would give an operator network statistics of a host in their battlespace.

SEE CYBER, PAGE C8

- Have a Family disaster plan and supply kit.
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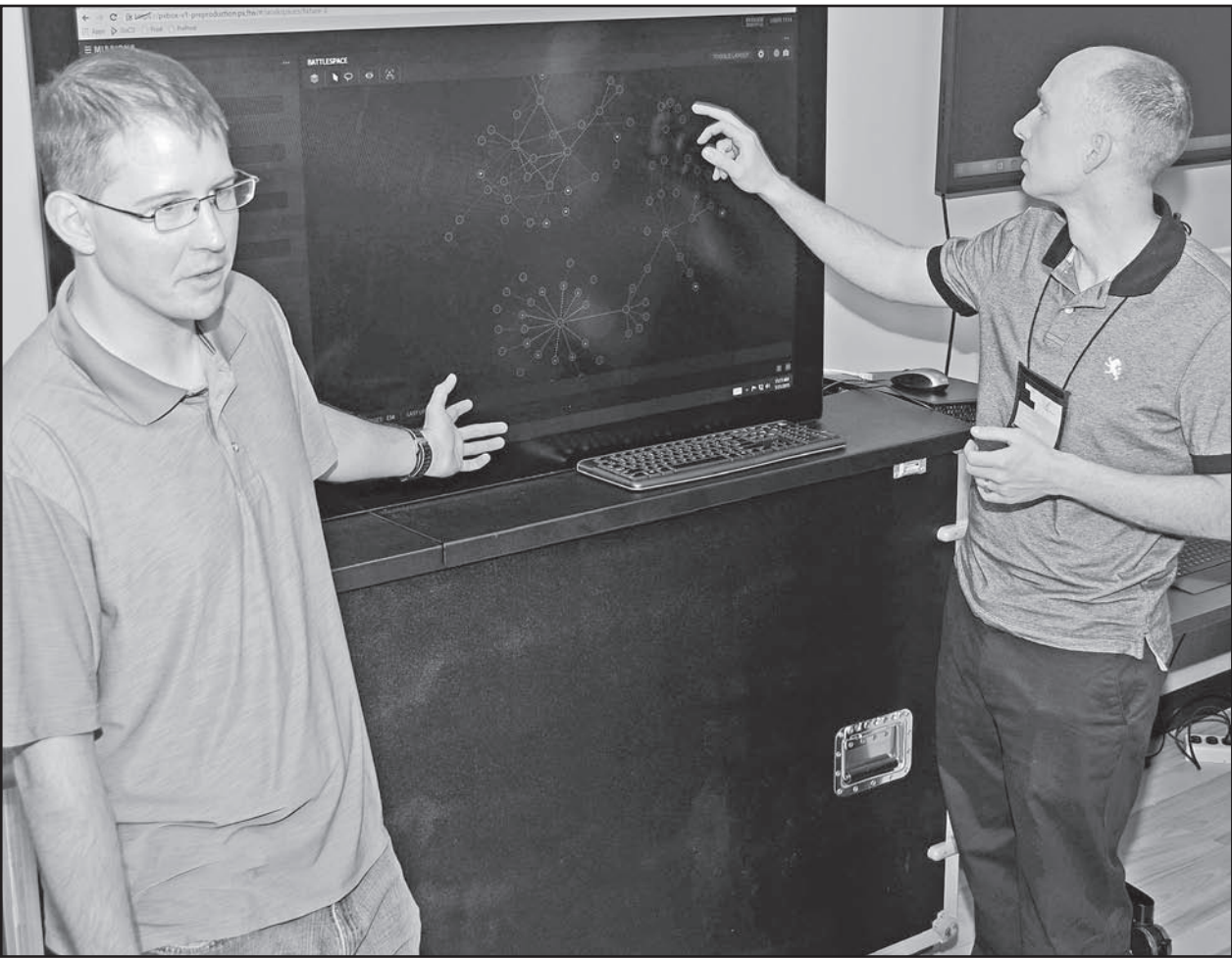
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Cyber



Capt. James McColl and Capt. Justin Lanahan, both cyber officers at U.S Army Cyber Command, took part in a week-long “hackathon” in Arlington, Va., July 20-24 in support of the continued development of Plan X, a four-year, \$120 million program at the Defense Advanced Research Projects Agency.

PHOTO BY BILL ROCHE

Continued from Page C7

“That would be a discrete app that an (information technology) person today would know how to use, but trying to scale that knowledge across 6,000 new Cyber Command personnel isn’t really sustainable,” Pound said. “So we say, ‘This is the functionality the specific tool provides. These are the command-line arguments to make it work. Let’s abstract that complexity and call it an app and, better yet, let’s let the cyber planner talk about it in terms of effects rather than talking about it in discrete terms.’”

Then the operators take those abstracted effects and use them to plan courses of action to defend their networks, Pound said, noting that the original tools aren’t gone -- they’re still available for sophisticated Plan X users.

Finding a data model

Pound says a data model for cyber allows Plan X engineers to rigorously define terminology and objects in cyberspace, for example, an Internet protocol address, a media access control address, a network interface or a piece of software.

When he and his engineers began thinking about building a data model, Pound said, the prospect looked monumental, because so many things had to be defined, and in

SEE CYBER, PAGE C9

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Cyber

Continued from Page C8

the proper way. So they looked at existing data models and found one called CybOX, for Cyber Observable Expressions.

Mitre Corporation, a federally funded research and development center, developed the model using standards called STIX and TAXII that Mitre helped develop to allow sharing of cyber threat information. The effort stemmed from a 2015 executive order to promote private-sector cybersecurity information sharing, Pound said.

“We made use of that data model on Plan X, because it was so rich,” he added, “and we’ve augmented the data model with military decision-making objects to support the full scope of what Plan X is trying to do. We were able to plug that right in and use it very effectively – a big win for us.”

Not everyone has adopted the standards, he said, but because Plan X is adopting them it might prompt others – commercially and in DOD – to use them.

Building courses of action

Another win for the Plan X team is a planned construction



DOD GRAPHIC

model that allows operators to build courses of action visually and graphically.

“We were heavily influenced by training capabilities that came out of Google Silicon Valley. One

of them is called Scratch, and it is a visual programming language that’s centered on blocks.” Rather than having to know a text-based programming language, he explained, the programmer uses

blocks of commands that can be stacked on top of each other.

The language is conditional, he said – “if this happens, then do this,” expressed with a block.

“And if I want to do something

10 times, the loop is expressed in a block shaped like a sideways U,” Pound said. “If I want to do something 10 times, I grab this sideways U and put something inside it, and [the U] does the thing 10 times. That’s been huge.”

He added, “Once again we’re abstracting very nuanced, esoteric concepts into formats that are easy to understand for a broad range of folks. We figured this out through a lot of iteration and back and forth with our military partners.”

The graphic nature of the programming, Pound said, is how a military planner would build a course of action – visually. That course of action could become an app that could be saved in the Plan X app store, then future operators could pull it out of the app store and change the parameters for their specific application.

“It’s taken us a long time to get here,” Pound said, “and we’ve worked super hard to make this programming model and abstraction, and to do it in a visual way so the battle space is the main focus.”

Plan X, he said, will be transitioned to DOD and U.S. Cyber Command in 2017.



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Who are silent that we may breathe free,

We honor you.



MEMORIAL DAY, MAY 30



MAY 26, 2016

SUPPORTING FRIENDS

Fort Rucker hosts Survivors and Fallen Heroes 5k

By Nathan Pfau
Army Flier Staff Writer

Hundreds made their way to West Beach on Lake Tholocco to take part in a run to honor and remember those who paid the ultimate sacrifice in service to the nation.

The Fort Rucker Directorate of Family, Morale, Welfare and Recreation hosted the Survivors and Fallen Heroes 5k run to remember Soldiers who were more than just freedom fighters, but also fathers, mothers, sisters, brothers and friends.

Col. Shannon T. Miller, Fort Rucker garrison commander, along with other Fort Rucker senior leaders, joined the Soldiers, family members and civilians to run for those fallen service members and said it was vital to remember the sacrifice those who gave their lives made in order to enjoy the freedoms that we have today.

Runners were given the opportunity to run with gold stars on their backs with the name of the service member they wished to honor, and for one group of people, that service member was CW4 Jason McCormack, who once served as an instructor pilot and platoon leader for A Company, 1st Battalion, 145th Aviation Regiment.

“We wanted to run to support our friend, Sadie McCormack,



PHOTOS BY NATHAN PFAU

Runners take part in the Survivors and Fallen Heroes 5k run at West Beach on Lake Tholocco Saturday.

and remember Jason,” said Kimberly Barcelona, Fort Rucker Elementary School teacher. “There were 24 of us total from both the elementary and primary schools, and we wanted to run as a team to support Jason, Sadie and their two children.”

McCormack passed away last year when his AH-64 Apache helicopter crashed while conducting a training flight in South Korea. Although some time has passed, Barcelona said the healing process is a long one fraught with challenges.

“These are tough times for (their family), but with some support we can help make it a little easier,” she said. “I think this support helps Sadie focus on



Runners sprint off the line during the Survivors and Fallen Heroes 5k.

getting better and reaching out to others, and that’s what she’s doing – joining support groups and helping other families who are going through this.”

Barcelona said the support provided by friends and family is vital to the healing process, and as fellow teachers they must hold each other up through tough times.



Col. Shannon T. Miller, Fort Rucker garrison commander, receives high fives as he crosses the finish line during the Survivors and Fallen Heroes 5k.

ners in various categories, but for most, the race wasn’t about who came in first or last, but about remembering why Americans are able to enjoy the freedoms they enjoy today.

“This is a good way for people to get together and remember those who gave their lives for us, to remember the families of those whose loved ones sacrificed so that we can all be here today to live our lives the way we want,” said Jacqueline Harbor, military spouse. “I came out to support my friend and that’s something we all need to do – support each other through good and bad times because you never know when you might need that support in return.”



ARMY GRAPHIC

Lyster helps spread Zika virus awareness

By Jenny Stripling
Lyster Army Health Clinic Public Affairs and Capt. Melissa Riester
LAHC Environmental Health

Lyster Army Health Clinic and Fort Rucker stand ready to help provide information about the Zika Virus to the Fort Rucker community.

Zika is a virus that is spread to people primarily through the bite of an infected mosquito. The virus is transmitted when a mosquito bites an infected person, then carries the virus to the next person, and infects them when it bites again. This cycle from person to mosquito to person is how the virus colonizes new areas, moving with infected people as they travel.

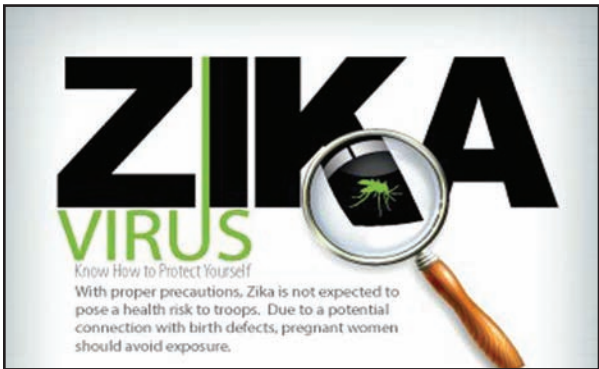
Only one out of every five people infected will develop symptoms. The most common symptoms of Zika virus infection are fever, rash, joint pain, and conjunctivitis (red eyes). The illness is usually mild with symptoms lasting for several days to a week. People usually don’t get sick enough to go to the hospital and they very rarely die of Zika.

Zika virus infection can result in birth defects in women who become infected during pregnancy. The most common birth defect is a smaller than normal head size, called microcephaly, which results in brain injury. The likelihood of experiencing birth defects following Zika infection is not fully known, but one recent study showed that 12 of 42 Zika infected women had babies with serious brain defects.

Persons who have traveled to Zika affected areas and become ill within two weeks of their return are urged to make an appointment, so that they can be tested. Test results will determine appropriate public health measures to prevent the colonization of Fort Rucker mosquito population by the Zika virus and thereby protect unborn children.

Men who have been infected with Zika can transmit the virus to their sexual partners for up to six months following Zika infection. The CDC recommends men with a history of travel to Zika areas to abstain from or use condoms for all sexual contact with women who are pregnant for the duration of the pregnancy.

Pregnant women and women who are trying to become pregnant should avoid travelling to Zika outbreak areas and should avoid unprotected sexual contact with men who have travelled to Zika outbreak areas for the entire duration of their pregnancy.



ARMY GRAPHIC

Each year from April 1 to Oct. 1, Lyster Army Health Clinic’s Environmental Health team collects mosquitoes to monitor for diseases and help protect the Fort Rucker community. This year, the EH team is actively monitoring Fort Rucker’s mosquito population for Zika virus.

Environmental health personnel also work closely with the installation’s pest management professionals to help identify where mosquitoes are breeding and implement measures to control mosquito populations.

To help protect yourself and your family from mosquito bites and prevent Zika infection, public health authorities offer the following tips.

- Wear long-sleeved shirts and long pants.
- Eliminate standing water in and around your home like flower pots, bird baths, and gutters
- Stay in places with air conditioning or that use intact window and door screens to keep mosquitoes outside.
- Use Environmental Protection Agency-registered insect repellents. All EPA-registered insect repellents are evaluated for safety and effectiveness.
- Always follow the product label instructions.
- Reapply insect repellent as directed.
- Do not spray repellent on the skin under clothing.
- If you are also using sunscreen, apply sunscreen before applying insect repellent.

Concerned beneficiaries should contact their primary care manager to arrange for counseling and appropriate testing.

A list of areas with ongoing transmission of Zika, and more information on the virus, is available at the CDC website: www.cdc.gov/zika/index.html and the Army Public Health Center website: <http://phc.amedd.army.mil/topics/discond/diseases/Pages/Zika.aspx>.

IN THE ZONE

Army allows Soldiers to wear headphones in gym

By C. Todd Lopez
Army News Service

WASHINGTON – Soldiers jogging or lifting in the gym may now be allowed to listen to music through small headphones or ear buds, according to Army Directive 2016-20, released May 6.

Acting Secretary of the Army Patrick J. Murphy signed a memo that authorizes Soldiers to listen to music on a variety of devices and ear pieces while doing personal physical training inside gyms, though the memo does give final word on the new policy to installation or unit commanders.

“Effective immediately, unless the unit or installation commander prohibits otherwise, Soldiers may use headphones, including wireless or non-wireless devices and earpieces, in uniform only while performing individual physical training in indoor gyms or fitness centers,” Murphy wrote in the memo.

The headphones cannot be more than 1 1/2 inches in diameter and the memo states violators may be subject to administrative or disciplinary action under the Uniform Code of Military Justice.

To push music through “conservative and discrete” earpieces, Soldiers are also permitted to “wear electronic devices, such as music players or cell phones” on their waistband, in accordance with AR 670-1. That regulation says the color of the carrying case for such a device must be black.

The directive also permits Soldiers to wear a “solid black armband” to hold their electronic device, but only while in the gym or fitness center.

When Soldiers leave the gym or fitness center, however, the arm bands, the music devices and the headphones must be put away.

Sgt. Maj. of the Army Daniel A. Dailey said the new policy is something Soldiers have told him they wanted for a while.

“This change came about because Soldiers stood up at one of my town halls and asked about it,” Dailey said. “If we can make changes that improve morale and they don’t adversely affect discipline, I’m all for it.”

The memo applies to regular Army, Army National Guard and Army Reserve Soldiers. It’s expected that the new rules regarding the wear of music devices and headphones in installation gyms will be incorporated into the existing uniform policy, AR 670-1, by the Army’s G-1.

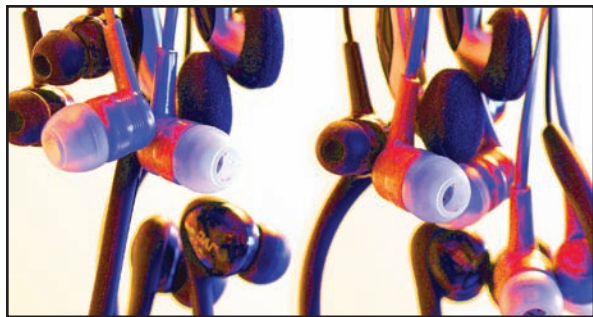


PHOTO ILLUSTRATION BY C. TODD LOPEZ

DOWN TIME



Just Like Cats & Dogs

by Dave T. Phipps



Trivia test

by Fifi Rodriguez

TRIVIA

1. GENERAL KNOWLEDGE: What car company makes the Rio and Sedona models?
2. MUSIC: Who composed the "Wedding March"?
3. GEOGRAPHY: Where is the Isle of Wight?
4. U.S. STATES: What is the state bird of Louisiana?
5. MOVIES: What are the names of "The Blues Brothers"?
6. INVENTIONS: Who invented the tea bag in the early 20th century?
7. CHEMISTRY: Which chemical element has the symbol K?
8. ANIMAL KINGDOM: What is a more commonly known name for the Alsatian dog?
9. ART: What are the top three secondary colors, obtained by mixing two primary colors?
10. FAMOUS QUOTES: What 20th-century first lady once said, "Great minds discuss ideas; average minds discuss events; small minds discuss people"?

See Page D4 for this week's answers.

Super Crossword

2-FOR-1 #1 HITS

ACROSS

- 1 Battery variety, briefly
6 Yellow cheese
10 Vegan diet staple
14 Spotless
19 JPEG, e.g.
20 Aria star
21 Graph line
22 Call opener
23 Matriarch in Genesis
24 Alpaca's coat
25 Russo of Hollywood
26 Green area in a desert
27 Smitten lady from the U.S.? [1970/1980]
31 No, in Paisley
32 Counterpart of a frat
33 Santa — (hot wind)
34 Desist
35 Order to a Nile reptile to upset a vessel? [1973/1974]
43 Overall fabric
44 Fork over
45 "Twilight" novelist Stephanie

- 46 Jackson 5 hairstyle
49 Response to "Are you sure?"
51 The, in Arles
52 Wide foot spec
54 Gp. issuing nine-digit IDs
55 Comment to a growing whale? [1974/1955]
60 Sporty car roof option
61 Pax — (uneasy peace)
62 "Scat!"
63 "Stay —!"
64 Dem. rivals
65 Another high body temperature at bedtime? [1985/1978]
71 Kid's racer
73 Fluffy scarf
74 — T (just so)
75 One-man-army guys
78 Purposes
79 My sweetie Dickinson returned? [1974/1992]
84 Luau paste
85 Top-secret U.S. org.
86 Canonized Mlle.

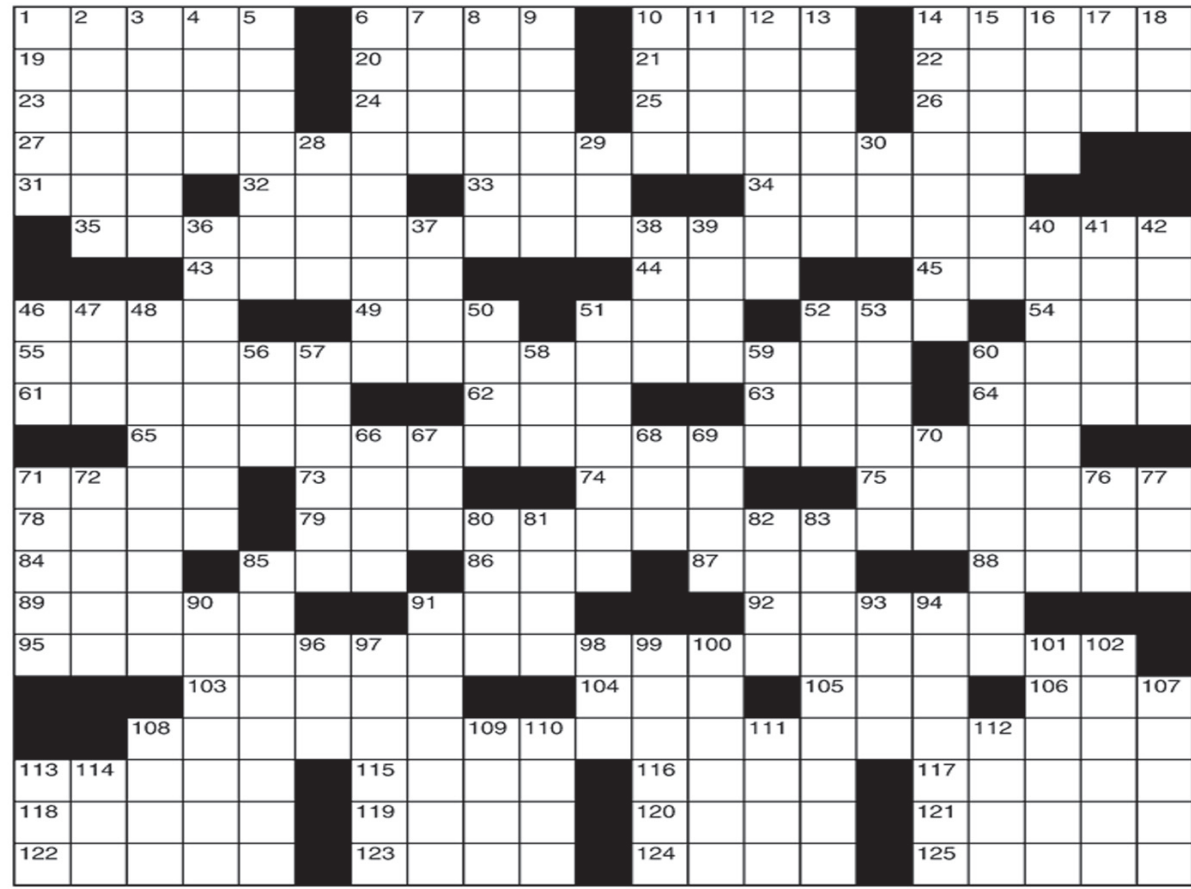
- 87 Mineo of Hollywood
88 Constellation with Vega
89 North of Iran-Contra
91 Swiss river to the Rhine
92 "The Waltons" actor Ralph
95 Very uncivilized lasses in Soho? [1988/1986]
103 "L'—!" ("To life!")
104 Hunger
105 Ca++, e.g.
106 — Lingus (Irish carrier)
108 Apply a wall coating in either of two opposite shades? [1966/1991]
113 Griddle Bart
115 Irrefutable
116 Witty Mort
117 Major artery
118 Big crowd
119 Boot securer
120 Genesis twin
121 U-Haul competitor
122 Gather
123 BPOE part
124 Animal lairs
125 Soothers

DOWN

- 1 Month after Adar
2 Greeting statement in Apple ads
3 Occupation
4 Gel in a petri dish
5 Burst open, as a seedpod
6 1327-77 English king
7 Singer Celine
8 Affirmation
9 Karl of hoops
10 Ice skater Lipinski
11 Plow beasts
12 Fussy
13 Early online newsgroup system
14 Eager volunteer's cry
15 Stop bugging
16 Additionally
17 Old ring king
18 Refusals
28 Maine — (cat breed)
29 Damage
30 — -di-dah
36 Scent releasers
37 Giant-screen film format
38 Available
39 Acting group

- 40 Long Island hamlet near Theodore Roosevelt's estate
41 Fable writer
42 Pitfalls
46 Scottish port
47 Egg — yung
48 Gossipy network
50 Pymt. for a homeowner
51 #1 Beatles hit of 1970
52 Ample, in dialect
53 Town near Florida Gulf Coast University
56 WSW's opposite
57 Rio dances
58 One, in Bonn
59 Decide (to)
60 One quaking
66 "Game of Thrones" actress
67 Dusting cloth
68 — few rounds
69 Montreal Canadiens, to fans
70 Big tank
71 "Wham!"
72 Garlicky mayonnaise

- 76 Bar code-scanning device: Abbr.
77 Reggae relative
80 "... ere — Elba"
81 To be, in Marseilles
82 "How boring"
83 Iris relative
85 Ones added to the payroll
90 Security checkpoint items
91 Naval officer
93 Helper for Frankenstein
94 Light metal utensils
96 Holm of film
97 Pint-size
98 Wd. division
99 Ribbed
100 Put in a crate
101 Landed Scots
102 Lobby sofa
107 Fosters
108 Prefix with normal
109 Nip's partner
110 Comb users
111 Kubla —
112 Boxer Oscar de la —
113 — Na Na
114 NFLer Brady

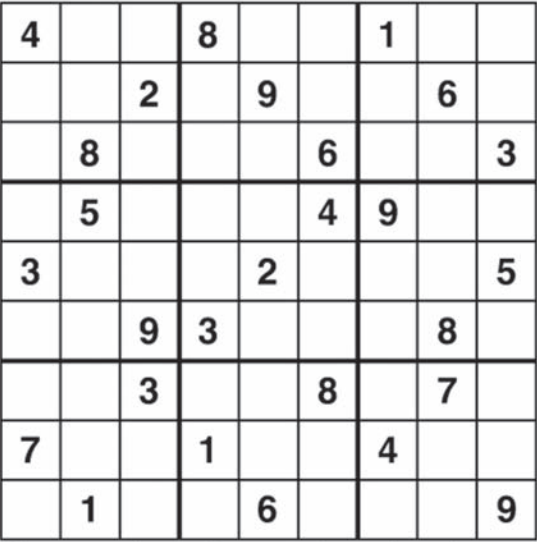


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See Page D4 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

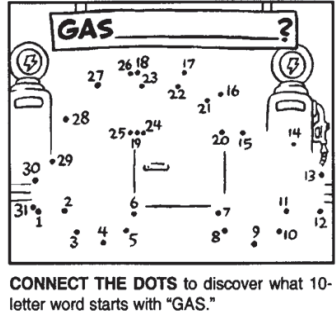
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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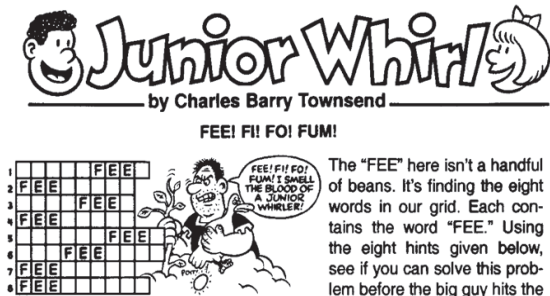
See Page D4 for this week's answers.

KID's CORNER



CONNECT THE DOTS to discover what 10-letter word starts with "GAS."

Answer: AUTOMOBILE (It starts with gas.)



Illustrated by David Coulson

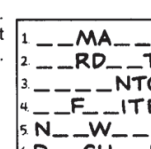
QUESTION AND ANSWER TIME! What question can Jim ask his customers a hundred times a day, get a different answer every time, and still get a correct answer whenever he asks it?



Answer: "Can you tell me what the time is on your watch?"

DOUBLE TROUBLE! To the right are six partially spelled words. Four letters are missing from each word. In each case you must find a two-letter word that can be used to fill in the missing letters. Below you'll find some hints

1. A great juice.
2. A protective covering.
3. A keepsake.
4. Having no boundaries.
5. A silly person.
6. To conceal.



1. North American Indians.
2. Something easily hurt.
3. Will keep you out of the Army.
4. An evaluated response.
5. New cowboys from the East.
6. Great with breakfast.
7. The one who comes in last.
8. Food for livestock.

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8	2	8	7	6	7	2	5	2	6	8	4	6
A	A	S	C	V	H	B	S	E	I	S	M	T
2	6	7	3	7	5	4	7	3	5	4	6	8
T	A	A	L	R	O	O	M	O	L	R	L	E
6	8	2	7	5	8	2	8	6	7	2	6	4
I	T	T	E	I	S	E	I	T	D	R	Y	A
7	2	5	2	3	7	5	3	2	5	8	2	3
L	L	T	I	V	I	U	E	F	D	N	E	O
6	5	6	4	7	7	8	4	8	3	4	7	3
I	E	S	L	F	C	E	R	F	I	E	R	Y
5	6	4	6	3	6	8	4	6	8	4	5	3
I	O	S	U	E	R	E	H	S	A	I	S	S
5	4	3	5	4	3	8	3	5	3	5	8	3
O	G	E	K	H	A	S	R	A	C	Y	E	H

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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HOCUS-FOCUS

BY HENRY BOLTONOFF



Find at least six differences in details between panels.



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Competitors enjoy camaraderie

By Shannon Collins
Department of Defense News

ORLANDO, Fla. — While the competition throughout the week was fierce at the 2016 Invictus Games held at the ESPN Wide World of Sports Complex, the athletes said the camaraderie was stronger.

Many of them said they created lifelong friendships with athletes from other countries during the May 8-12 games. Army reservist Staff Sgt. Zed Pitts, for example, said he gained friends and coaches in cycling and running.

Making friends

Pitts met British army sergeant and cyclist Andrew Perrin at the 2015 Department of Defense Warrior Games, and raced against and with him at this year's Invictus Games.

"I met him at the 2015 Warrior Games. He scored a gold (medal) in his category and I was in one category under him. He's kind of been guiding me," Pitts said. "I look up to him as a superior cyclist. He's like a semipro back home. He's received training from like professionals, so it's pretty cool that he looked at me as a cyclist with a lot of potential. He gives me a lot of guidance and training tips. He reminds me over and over again that I must enjoy the sport if I want to go far."

Pitts said Perrin was encouraging him throughout the time trial and criterium competitions here May 9, even though they were racing each other. When Pitts crashed, Perrin went back to check on him.

"Me and Zed, we get along really well," said Perrin, who earned a gold medal in the time trial and criterium at the Invictus Games. "We make good friends. We communicate all the time."

Pitts has also made friends with 1st Sgt. Naef Adebahr of the German army, who earned the 200-meter bronze medal in track and field.

"The camaraderie is unbelievable here," Adebahr said. "Everyone here helps the others and



PHOTO BY ROGER WOLLENBERG

Marine Corps Lance Cpl. Sarah Rudder, U.S. Special Forces Army Staff Sgt. Lauren Montoya, France's Marion Blot, medically retired Army Sgt. Anna Manciaz, Italy's Monica Contrafatto, and Air Force Capt. Christy Wise congratulate each other after running the women's 100-meter dash during the track and field competition at the 2016 Invictus Games.

that's very good. Zed is a beautiful person. He inspired me. We help each other out."

Jersey swap

Medically retired Army Sgt. Monica Mo Southall said she loves the camaraderie at the Invictus Games. As she was leaving the medal podium from track and field with competitor 1st Maj. Cpl. Pellegrina Caputo of the Italian army, Caputo asked her if they could switch jerseys.

Caputo, who earned a gold medal in shot put in her disability category, said she wanted to do it because "America is like a big family to Italians and I wanted to keep this bond of friendship."

This was Caputo's first Invictus Games and she beat her own record. "Today's not just about the medal, but about beating my own

previous record," she said. "I'm very happy. I cried."

Caputo said she enjoyed the camaraderie throughout the week.

"I'm very moved, and have bonded with athletes from all over the world. I've loved the atmosphere in the village and in the field," she said.

Southall said the camaraderie was just like it was in London during her first Invictus Games in 2014.

"They just carried it over here to Orlando," she said. "Everybody's been so friendly and so nice — just like in London. I love that I can get along with people who are from other nations who may have the same issues as me. We're just one big family here."

Helping hand

During the women's wheelchair

racers, Ulfat Zwiri, a government employee from Jordan, had trouble with her wheelchair. But as she finished, athletes from other countries came back to encourage her and finish with her. Her father was proud of her.

"I'm very happy she managed to finish the race with high morale and confidence. The Invictus Games have changed her completely," Yaseen Ahmad Saleem Alzwiri said of his daughter. "She's very positive. It's changed her remarkably. These games are a wonderful vehicle for raising the morale of soldiers and for creating bonds of friendship between all the different nations."

Army Capt. Kelly Elmlinger said she was impressed with Zwiri and felt bad that when she noticed Zwiri didn't have a pair of racing gloves, she didn't have an extra

pair to give her.

"I give her all the credit in the world," Elmlinger said. "That was the first time she had gotten in a wheelchair. She didn't have racing gloves, and for her to put herself out there to start and to finish, it doesn't matter her time. It's amazing for her to make this journey and for her to put herself out there like that. That takes a strong individual."

Elmlinger said she enjoys the competition and the camaraderie.

"With military adaptive individuals, we have this underlying bond that's just unspoken," she said. "It makes it very easy to hate you in the moment of competition, but when you're done, you're hugging and high-fiving."

Lifelong friendships

Team USA captain medically retired Army Capt. Will Reynolds said most of the athletes make lifelong friends with their competitors at the Invictus Games.

You have this network of individuals who you can rely on for recovery tips and athletic training tips," he said. "It's just like something that never goes away. This group of people is always going to be connected now. The camaraderie is pretty strong."

Air Force Master Sgt. Israel "DT" Del Toro said he has a blast hanging out with athletes from different nations. "I've known a lot of them from either the Warrior Games or the previous Invictus Games, and to see them again is great. I love joking with them," he said.

Medically retired Marine Corps Cpl. Anthony McDaniel said he enjoys how everyone gets along.

"Whether we're on the court or on the field, it's all competition, but it's good competition. When we're off, it's all love," he said. "Everybody's getting along. Everybody's networking, communicating and just supporting each other -- regardless of whether you finished first, finished last or whether you've never done this sport before. It's all about the love of the sport, and the love of the people who are here."

SPORTS BRIEFS

Memorial Day Flag Tournament

Silver Wings Golf Course will host its Memorial Day Flag Tournament Saturday with tee times from 7-9 a.m. People can call the golf shop to schedule a tee time to participate in our flag event. Players will receive a flag with their name and target score. Target score is determined by taking 100-percent of a player's handicap and adding it to par — a 12 handicap would have a target score of 84: handicap + par 72. When players reach their target score, they place the flag where the ball comes to rest. Participants can register as late as 9 a.m. the day of the tournament. Entry costs \$5, plus green fees and cart fee. Players must have a valid handicap. Prizes will be awarded based on the number of participants.

For more information, call 598-2449.

Youth bowling league

The youth center will run its youth bowling leagues on Tuesdays in June. Registration for the league runs now through Wednesday. The league is open to child, youth and school services members ages

11-18 in grades 6-12. Coaches will assist and train youth on different bowling techniques. Each session will have a U.S. Bowling Congress award ceremony and party.

For more information or to sign-up, call 255-2260.

Memorial Day Stars and Strikes

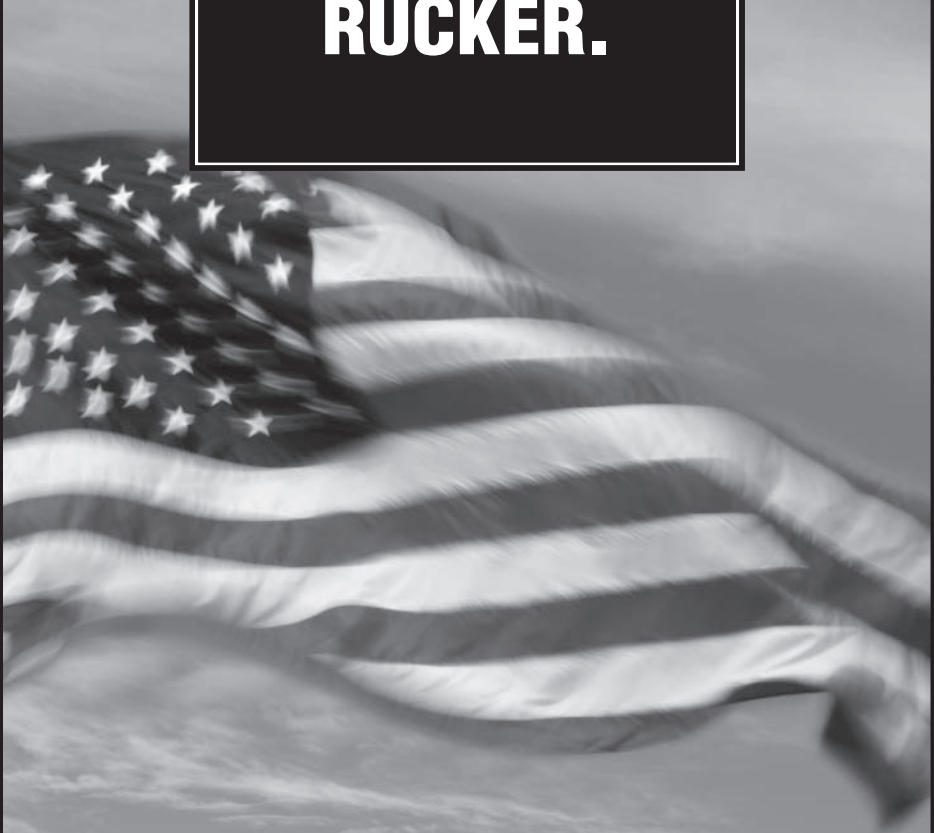
Rucker Lanes will host its Stars and Strikes special Monday from 10 a.m. to 10 p.m. People can bowl for 25 cents per game and get 50-cent shoe rentals. For more information, call 255-9503.

Fort Rucker Softball Tournament

The Fort Rucker Physical Fitness Center will host a softball tournament June 4 at 8 a.m. at the softball complex on Andrews Avenue. There is a \$200 entry fee per team. No more than 21 players can be on a team roster and participation is limited to the first 16 teams to enter. The deadline to enter is June 1. U-trip rules and three-home run rule will apply. The tournament is open to the public.

For more information, call 255-2296.

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PUZZLE ANSWERS

Super Crossword

Answers

N	I	C	A	D	E	D	A	M	T	O	F	U	C	L	E	A	N			
I	M	A	G	E	D	I	V	A	A	X	I	S	H	E	L	L	O			
S	A	R	A	H	W	O	O	L	R	E	N	E	O	A	S	I	S			
A	M	E	R	I	C	A	N	W	O	M	A	N	I	N	L	O	V	E		
N	A	E	S	O	R	A	N	A	C	E	A	S	E							
C	R	O	C	O	D	I	L	E	R	O	C	K	T	H	E	B	O	A	T	
	D	E	N	I	M		P	A	Y		M	E	Y	E	R					
A	F	R	O		I	A	M		L	E	S	E	E	S	S	A				
Y	O	U	R	E	S	I	X	T	E	E	N	T	O	N	S		T	T	O	P
R	O	M	A	N	A		G	I	T		P	U	T		R	E	P	S		
	O	N	E	M	O	R	E	N	I	G	H	T	F	E	V	E	R			
K	A	R	T		B	O	A		T	O	A		R	A	M	B	O	S		
A	I	M	S		A	N	G	I	E	B	A	B	Y	G	O	T	B	A	C	K
P	O	I		N	S	A		S	T	E		S	A	L		L	Y	R	A	
O	L	L	I	E		A	A	R		W	A	I	T	E						
W	I	L	D	W	I	L	D	W	E	S	T	E	N	D	G	I	R	L	S	
	C	H	A	I	M		Y	E	N		I	O	N		A	E	R			
	P	A	I	N	T	I	T	B	L	A	C	K	O	R	W	H	I	T	E	
S	T	A	R	R		T	R	U	E		S	A	H	L		A	O	R	T	A
H	O	R	D	E		L	A	C	E		S	A	H	L		A	O	R	T	A
A	M	A	S	S		E	L	K	S		D	E	N	S		E	A	S	E	S

Trivia

Answers

1. Kia Motors Corp.
2. Felix Mendelssohn
3. Off England's southern coast
4. Brown pelican
5. Jake and Elwood
6. Thomas Sullivan
7. Potassium (original Latin name was kalium)
8. German Shepherd
9. Orange, green and purple
10. Eleanor Roosevelt

Weekly SUDOKU

Answer

4	6	5	8	7	3	1	9	2
1	3	2	4	9	5	8	6	7
9	8	7	2	1	6	5	4	3
2	5	1	7	8	4	9	3	6
3	4	8	6	2	9	7	1	5
6	7	9	3	5	1	2	8	4
5	2	3	9	4	8	6	7	1
7	9	6	1	3	2	4	5	8
8	1	4	5	6	7	3	2	9

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2014 RAM 1500 CREW CAB Auto, V8, Must See! \$24,991	2013 DODGE CHARGER R/T Hemi V8, Sunroof! \$24,981	2009 CHEVY SILVERADO LTZ Crew Cab, Z-71 4WD, Leather, Loaded! \$22,792	2010 CHEVY SILVERADO LT Crew Cab, 4WD! \$21,992	2007 CHEVY TAHOE LTZ Sunroof, Leather, Loaded! \$18,991	2012 CHEVY SILVERADO Reg. Cab, 4x4, V8, Auto! \$18,991
2014 CHEVY EQUINOX LT Auto, Power Options! \$16,990	2007 HUMMER H3 4WD Leather, Nav, Sunroof! \$14,991	2014 FORD FOCUS SE 4-Door, Sunroof! \$14,991	2005 FORD F-150 Crew Cab, Must See! \$13,991	2006 FORD EXPLORER Eddie Bauer, Leather, Loaded! \$10,991	2008 FORD EDGE Panorama Sunroof, Leather, Loaded! \$10,991
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