



MORE THAN BOOKS Center Library seeks to develop sense of community

Story on Page C1



**GET FIT** Fort Rucker promotes healthy

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living with Fit Fest





SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

**VOL. 66** ■ NO. 15

FORT RUCKER ★ ALABAMA

APRIL 14, 2016

# IVE

## Fort Rucker, USAACE welcome new commanding general

By Kelly P. Morris

USAACE Public Affairs Specialist

A crowd of Soldiers, family and friends, and members of the community gathered at Howze Field April 6 to welcome a new commanding general to the U.S. Army Aviation Center of Excellence and Fort

Maj. Gen. William K. Gayler, USAACE and Fort Rucker commanding general, assumed command from Maj. Gen. Michael D. Lundy during a formal change of command ceremony.

Lt. Gen. Robert B. Brown, commanding general of the U.S. Army Combined Arms Center and Fort Leavenworth, Kansas, hosted the ceremony. He commended the Lundy and Gayler families, and emphasized the importance of community support to Army Aviation and its leadership.

"It's leaders like Bill and Mike, for sure, but it's this community, and this tremendous gathering of retired leaders, general officers, sergeants major, warrant officers and our community leadership that produces the greatest Aviators in the world and makes this the greatest aviation training center in the world," Brown said.

Gayler comes to Fort Rucker from U.S.

Army Europe where he served as deputy commanding general.

Gayler is no stranger to Fort Rucker. Commissioned as an Aviation officer in 1988, he served as deputy director of the Directorate of Evaluation and Standardization, and as aide-de-camp to a former USAACE commanding general

He previously commanded the 3-101st Aviation Regiment ("Eagle Attack") and 101st Combat Aviation Brigade ("Destiny") at Fort Campbell, Kentucky. He served as deputy commanding general (Support), 7th Infantry Division at Joint Base Lewis Mc-Chord, Washington; and director of the Officer Personnel Management Directorate, Human Resources Command.

His deployments include Operations Desert Shield and Desert Storm, Operation Enduring Freedom and multiple deployments in support of Operation Iraqi Freedom.

During the ceremony, the U.S. Army Aviation Colors were passed from Lundy to Brown to Gayler, signifying the transfer of command from outgoing to incoming commander.

Brown described Gayler as a proven combat leader who builds solid teams and encourages leaders to take initiative.

"I have no doubt Bill will open an excit-



Maj. Gen. William K. Gayler speaks shortly after assuming command of USAACE and Fort Rucker during a change of command ceremony April 6 at Howze Field.

ing new chapter at our nation's premiere Aviation institution," Brown said.

Brown said Gayler has the "perfect background" for the job, having led combat Aviation units around the world.

"He just knows how important it is for us to offer the very best training, the best concepts for our Army, the best doctrine, the best education so our forces can excel at any mission called upon in this increasingly complex operating environment,"

Brown said.

Gayler thanked attendees and Soldiers on the field who stood in formation on the parade field behind him against a backdrop of Army helicopters.

"My family and I are absolutely honored and humbled at this opportunity to come back home," Gayler said. "The privilege of leading this Branch, and the Fort Rucker

SEE RUCKER, PAGE A5

## **Bikers** receive blessing safety talk

By Nathan Pfau Army Flier Staff Writer

As Fort Rucker riders take to the roads on their motorcycles, post officials are looking to keep those motorists safe and aware as they take to the

Fort Rucker's religious support office held its Biker Blessing and Breakfast on the lawn of Wings Chapel Saturday as a way to provide Soldiers, civilians, veterans and other motorcycle enthusiasts fellowship and prayer with other riders.

Col. Allan R. Pepin, U.S. Army Aviation Center of Excellence chief of staff,



Chaplain (Capt.) Nwag Bara performs blessings for bikers during the Biker Blessing and Breakfast in front of Wings Chapel Saturday.

people to stay safe and to remember to be thankful for the freedom to ride.

"I've been riding for 40 years and I realize that I've been blessed having grown up in a family of deep faith," he said. "There are times I could have killed myself (while riding), but there

attended the event and encouraged was definitely someone looking out for me. I did a lot of stupid things when I was younger riding motorcycles.

> "I definitely believe the man upstairs was looking out for that young Al who was pushing limits in every way," said

> > SEE BLESSING, PAGE A5

## EARTH DAY

#### Fort Rucker environmental expo, events aim to help people 'go green'



George Marodis (right), U.S. Department of Agriculture sourcewater specialist, demonstrates to people how dumping chemicals and waste into the ground can seep into ground water and contaminate the water supply during a previous Earth Day Expo.

By Nathan Pfau Army Flier Staff Writer

The Earth and its resources may seem infinite to some, but what Mother Nature provides is very limited, according to Fort Rucker environmental specialists.

For that reason, the installation is doing what it can to educate the public on going green and how to be good environmental stewards.

Fort Rucker will celebrate its fifth Earth Day Expo at the festival fields April 21 from 10 a.m. to 3 p.m. as a way to educate those across the installation and the Wiregrass on how to better take care of the environment, according to Darrell Hager, environmental protection specialist for the Environmental Management Branch.

Various businesses and organizations have been invited to attend the event to showcase products, services and demonstrations designed to help people better serve the environment

SEE EARTH, PAGE A4

## Speaker focuses on victim's view

By Nathan Pfau

Army Flier Staff Writer

Sexual assault continues to be an ongoing issue throughout the armed forces and can have a lasting impact on victims, but Fort Rucker continues its fight to combat the issue by keeping victims at the fore-

The Fort Rucker Sexual Harassment/ Assault Response Program held presentations Monday and Tuesday in order to bring awareness not only to the issue of sexual assault, but to give perspective on what a sexual assault may have on the

Veraunda Jackson, attorney for the Department of Children and Families, was invited to speak to Fort Rucker about prevention and education on sex crimes, and how they relate to victims.

"One out of three women has been sexually assaulted before they come into the military, and one out of six men has been sexually assaulted before they reach the age of 18," she said. "Whether you've been assaulted in the military or not, people are dealing with the impact of sexual violence in their life, and I think it's very important to focus on that healing process."

Jackson, who was the victim of a sexual assault at the age of 16, speaks from experience as she shared her story.

"I was raped by a stranger at 16 years old," she said. "I didn't tell my story for seven months and that was only because I had missed 54 days of school and they wanted to know why."

Jackson said after the assault, she went through the gambit of emotions.

"I was angry – angry that this man stole my ability to walk alone and feel safe," she said. "I was depressed. I would stay in my room, and I wouldn't do anything or eat anything." Additionally, she said she was constant-

ly gripped with anxiety and fear, not only

SEE SHARP, PAGE A5

# PERSPECTIVE

## BETTER TOGETHER

## Army, Air Force build partnership for energy assurance

**Secretary of the Air Force** *Command Information Report* 

WASHINGTON — The military's ability to accomplish its missions — whether executing today's fight or training for future ones — is dependent on electricity that powers installations.

The Army and Air Force have identified energy resilience as a critical objective, advancing the capability for their systems, installations, and personnel to respond to and recover from unexpected disruptions.

The Air Force recently established its Office of Energy Assurance, which will develop an integrated facility energy portfolio.



Katherine Hammack signs memorandum of an agreement that formalizes the partnership between the service energy offices at the Pentagon, Washington, D.C., April 6.

The Army's Energy Initiatives Task Force was established in September 2011, and became an enduring organization, the Office of Energy Initiatives, in October 2014. The OEI serves as the central management office for implementing large-scale renewable and alternative energy projects, while leveraging private sector financing.

Now, both offices will share support staff, business processes and best practices.

The services formalized this partnership April 6 during a ceremony at the Pentagon. The memorandum of agreement, signed by Katherine Hammack, the assistant secretary of the Army for installations, energy and environment; and Miranda Ballentine, the assistant secretary of the Air Force for installations, environment and energy, shows the importance both services place on clean, reliable and affordable energy.

Hammack stressed this partnership was vital for the Defense Department and would continue to push the Army's energy goals.

"The Departments of the Army and the Air Force share a common commitment to securing our installations with energy that is clean, reliable and affordable," Hammack said. "I am pleased that through this agreement, we can share lessons learned and leverage the relationships we have developed with government, industry and utilities for the benefit of both our services."



PHOTO BY ANTOINETTE SMIT

Hammock, Miranda Ballentine, Lt. Gen. David Halverson, and Air Force Lt. Gen. John Cooper during the signing of the

While the establishment of the Air Force OEA cemented the Air Force's focus on energy resiliency and strategic energy agility, Ballentine said this partnership would advance that capability.

"This Army-Air Force partnership will accelerate our goal of providing mission assurance through energy assurance," Ballentine said. "The Air Force, Army and Navy fight the fight together – we are one joint force and our jointness is what makes us formidable around the world. Installation energy projects are another area where a joint-approach and strong collaboration can help us do more, faster."

Lt. Gen. John Cooper, the Air

Force deputy chief of staff for logistics, engineering and force protection, also signed the memo and said the Air Force is a globally networked force with critical missions and operations that are reliant on access to energy to accomplish the mission.

"We execute almost all our missions from our air bases, so building partnerships like this will ensure our resources and approaches are focused on mission assurance and resiliency," he said.

Lt. Gen. David Halverson, the Army assistant chief of staff for installation management, also signed the memo on behalf of the Army.

"This agreement is a frame-

work for collaboration between the Army and the Air Force on policies, procedures and partnerships that support our energy missions," Halverson said. "We are excited to work with the Air Force in this effort. This partnership will identify and expand potential renewable energy opportunities across Army and Air Force installations."

According to the memo, the partnership provides a framework for cooperation and support in the development of renewable energy projects, establishes the expectations and requirements of each service, and demonstrates both services' focus on achieving energy assurance.



# Prevention Month. How can people commit to take up the charge to fight child abuse?



CW3 Ken Dyson, Georgia National Guard

"Be aware of their children and what they're doing. Just pay attention to them."



Sterling McClennon, veteran

"If they see something that's strange or if a child is acting differently, they should question it and make sure everything is OK at home."



Brooke Garcia, Army spouse

"The most important thing is if they notice something is wrong, then they need to report it. Ignorance can be the worst enemy to child abuse and ignoring it is just as bad as doing it."



Capt. Whitney Sims, A Co., 1st Bn., 145th Avn. Regt.

"Make sure to be involved in your children's lives or even in your friends' children's lives. Parents and adults should be a positive and relevant influence to children."



David Selzer, veteran

"Be observant of children's behavior and do what you can to make sure children feel safe."

COMMAND

Maj. Gen. William K. Gayler
FORT RUCKER COMMANDING GENERAL

Col. Shannon T. Miller
FORT RUCKER GARRISON COMMANDER

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

## IMCOM supports cyber growth infrastructure

By Tim Hipps

U.S. Army Installation Management Command Public Affairs

FORT SAM HOUSTON, Texas — Lt. Gen. Kenneth Dahl and Maj. Gen. Lawarren Patterson recently co-chaired the sixth Cyber Installation Support Summit at U.S. Army Installation Management Command Headquarters.

Cyber and communication protocols have become integrated into nearly every thread of modern society - commerce, communications, energy, water and facilities - to the point that a cyber security breach, depending upon severity, has the potential to disrupt life as we know

Patterson, the deputy commanding general for operations and chief of staff for IMCOM, helped stand up the initial cyber summit in late 2014 and has been a stalwart throughout the process.

"A few years ago it became apparent that the growth of cyber within the Army and the Department of Defense was going to become a very large, complex mission, particularly from the standpoint of building out facilities to support cyber training and operations," Patterson explained. "The anticipated growth will take years in some instances because the dollars that have to be planned for and allocated will take a concerted effort, and the teamwork of many organizations and agen-



Lt. Gen. Kenneth Dahl, commanding general of IMCOM, confers with IMCOM Command Sgt. Maj. Jeffrey Hartless and Maj. Gen. Lawarren Patterson, IMCOM deputy commanding general for operations and chief of staff, during Cyber Installation Support Summit VI at the IMCOM Headquarters Operations Center March 30 at Fort Sam Houston, Texas.

The team has more than doubled in number, and involves far more entities than just the

"What started as the first summit of about 40 people representing various elements of the Army has grown and expanded to include NSA (National Security Agency), U.S. Cyber Command, sister services and the reserve components. Today you see participation of around 100 people," Patterson said in reference to the group assembled inside the IMCOM Operations

Originally, the focus was on facilities and growth primarily in three locations for which the Army is responsible: Fort Gordon, Georgia; Fort Meade, Maryland; and Fort Belvoir,

Virginia. Some growth at West Point, New York, was also part of the original intent.

"Since then, we've expanded," Patterson said. "From Day 1, we always wanted to be inclusive, not exclusive - so we invited all the stakeholders to be a part of the process."

Dahl, who co-chaired his first cyber summit here, said he probably learned more than anyone as the "rookie" in the room.

"What I took away is there is a tremendous amount of talent that comes together for this event from all the various organizations that have some stake in cyber defense, cyber security, or the support of standing up that capability," Dahl said. "I'm much more comfortable with all this now than I was before. I got to interact and see the quality

of the leadership, the quality of the intellect and the seriousness with which they are approaching this complex set of challenges."

The summits have been scheduled quarterly and held at Forts Belvoir, Gordon and Meade until Headquarters IM-COM joined the rotation. This rotating approach is designed to allow participants to spend time on the ground at the location to gain first-hand appreciation of the challenges.

"We do it quarterly to make sure we're all on the same sheet of music. We all understand what's going on through transparency, cross-talk, sharing best practices and success stories. We look at facility growth and planned facility growth to determine what priorities are urgent and what can wait. We all work in concert to define the requirements for the appropriate leadership to make decisions," Patterson said.

Determining who would fund what was the universal question in the room during the morning session in San Antonio.

"That's what part of this is all about," Patterson explained. "Given the multiple stakeholders, we want to make sure there is a clear understanding of who's responsible for funding which aspect of the myriad projects. This clarification is No. 1. Next is determining the cost and then the priority. If we do decide to fund something under the name of cyber, we need to fully understand what other projects will go by the wayside or fall below the

cut line. Those are the kinds of discussions we're having."

Dahl pointed out that the cyber summits reach beyond the realm of the Army.

"The Army National Guard and the Army Reserve have a very important component of this," Dahl said. "Fort Meade, where we're standing up a great deal of this capability, has 53,000 people on it every day – mainly civilians. The Army runs the base, but the NSA is there with 25,000 or so. You've also got several joint and civilian organizations there, so it's not just an Army thing. This is really a whole of government thing."

Army IMCOM provides direction and oversight to 73 installations that protect national interests worldwide and require a line of defense in cyber security, the general said.

"It is a core IMCOM function," Dahl said. "IMCOM should be looking to pull together all service providers, all the people who have a stake or an equity involved, and then integrate that. That's what we do.

"We're in a very challenging environment resource-wise," Dahl concluded. "I knew that coming in. It did not get better during the conference. It may even be more challenging than I imagined. But that's where the hard work has to be done with the senior leadership, to prioritize to ensure we're spending every dime on the right things at the right time, so we can generate as much capability and capacity as possible."

## Army focusing on making installations more resourceful

By J.D. Leipold

Army News Service

WASHINGTON — A key to building readiness during downward budgetary pressures is to continue making installations more efficient, resourceful and opportunistic, said the assistant secretary of the Army for Installations, Energy and the Environ-

As keynote speaker at an Installation Management "Hot Topics" forum in Arlington. Virginia, March 31, Katherine Hammack reiterated Army Chief of Staff Gen. Mark Milley's No. 1 priority: readiness.

"We know we must continue to lean our installations, lean our activities, change our expectations and prioritize our most essential services to ensure the Army remains ready," she said, noting that the Army continues to undergo dramatic changes.

Originally the Army expected to cease its activities in Iraq and Afghanistan, but instead it's changing and shifting as other conflicts and missions have increased worldwide, despite continuing downward budgetary pressures, she said.

With more than 50 percent of the Army budget going into manpower, what follows on are the costs of training and equipping, which are both priorities related to readiness, she said, adding that what drops to the bottom of the pile is installation funding and maintenance of facilities.

"We're trying to figure out how to support Soldiers, families, civilians and operations without the budgets that they need, with the budgets they get, so every installation has had to prioritize based upon risk and funding the most critical," she continued. "It has given us an opportunity at the headquarters level to re-evaluate our programs and services, which can be merged and consolidated."

Hammack discussed five key areas affecting the installation community:

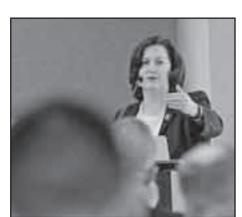
- · communicating how installations support readiness and where they're taking
- prioritizing resources while consolidat-
- ing services and programs; · continuing to establish creative partner-
- ing to leverage core competencies; developing a model for installations to 2025 and beyond; and
- · calling for a Base Realignment and Closure authorization in 2017.

"We have more than 155 installations when you take into account the Guard and Reserve, and they each contribute to our total Army and our total force, but they all have different capabilities," she said. "It is essential we communicate with one voice in the education of our colleagues and leaders, and better articulate how installation infrastructures and services directly impact readiness and where the risk is being taken and its impact on the operating force."

#### **Prioritizing resources**

She said the second key area is in the risk involved to maximize funding for training and operations, which forces the Army to further prioritize its most critical projects and programs while becoming more prudent with investments.

"This doesn't mean we have removed decision-making from senior commanders at the installation level, nor does it mean we cannot adjust during the budget year – it just means there's less room," Hammack said. "It means that new emerging priorities must come up to the headquarters level so we



Katherine Hammack, assistant secretary of the Army for Installations, Energy and Environment, addresses readiness through installation resourcing, opportunity and efficiency March 31 in Arlington, Va.

can try to figure out how to balance to ensure projects are validated by the commands there - indeed, the command's highest priority and then some can be absorbed dependent upon need, but many are addressed as unfunded."

#### **Creative partnering**

In the area of creative partnering, Hammack said that, over the last decade, the Army had been divesting itself of services and programs that are better performed by those companies who make their living in those areas such as housing.

"The private sector has invested about \$12 billion of private-sector capital in Army housing so Soldiers have a better quality of life and at the same time there is no backlog of maintenance like we're seeing in our commercial buildings," she said.

The Army has also had great success with the privatization of energy, she said, adding the Army needs diversity in power choices

and renewable energy. There are presently 14 projects in various stages of the contracting process to provide more than 400 megawatts of renewable energy, representing more than \$800 million of investment, which enables the Army to put its limited funds more on readiness.

"We want to continue to explore how we can expand partnerships, strengthen community ties, while benefitting both the Army and our service-providing partners," she said.

Hammack called for another round of BRAC, noting the Army spends about \$500 million annually on excess or under-used facilities. At a total force of 980,000 Soldiers, the Army has estimated a 21-percent excess in infrastructure.

"We must have authority from Congress to consolidate into our highest-value military bases and divest of low military value or under-utilized facilities," Hammack said. "Today, facilities that are needed to support readiness, to support training exercises, airfields and other priorities are deteriorating because the resources are spent to support installations that could be closed.

Hammack said that \$500 million wasted on installations and facilities that aren't needed equates to five training rotations at the National Training Center and the manning of a Stryker brigade of 5,000 Soldiers.

It represents readiness, she said.

She anticipates that another BRAC would be primarily focused on the Army and Air Force, which have some 30-percent excess infrastructure. It would cost \$6 billion initially, she estimated, but would save \$2 billion annually in the years following.

## News Briefs

#### SHARP bike ride

The 1st Aviation Brigade, in partnership with the Fort Rucker Family Advocacy Program, will sponsor a bike ride to highlight Sexual Assault Awareness Month Friday at the brigade – Bldg. 8453. Riders will form up at 11:30 a.m. and the ride will begin at noon. The ride will be just less than 3 miles and refreshments will be available at the brigade afterwards.

Ernestine Doby, 1st Avn. Bde. sexual assault victim advocate, said the physical fitness center and outdoor recreation have agreed to loan military personnel their bikes, free of charge, on a first come, first served basis. For more information on the event, call 255-2951.

#### **USAACE** change of charter

USAACE will host its change of charter ceremony for chief warrant officer of the Branch Monday at 9 a.m. in the U.S. Army Aviation Museum.

#### **Retirement ceremony**

Fort Rucker will host its quarterly retirement ceremony April 29 at 2 p.m. at the U.S. Army Aviation Museum. All are welcome to attend and honor the post's latest retirees for their service.

#### **ACS** survey

The Army Community Service is conducting a needs as-

sessment survey throughout April. People taking part in the survey will assist ACS in developing programs that meet the needs of the Fort Rucker community. The survey is available online at https://www.surveymonkey.com/r/6YMW8QP, or paper copies are available through ACS. For more information, call 255-9641

#### **Prescription Take Back Day**

Installation Management Command will host another National Prescription Take Back Day at Fort Rucker April 30 at the Fort Rucker Post Exchange in front of the barber shop from 10 a.m. to 2 p.m. For more information, call 255-7509.

#### Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible. For more information, call 255-9595.

#### IG staff assistance visit

The U.S. Army Training and Doctrine Command Inspector General will conduct a staff assistance visit at Fort Rucker Monday-April 26. The objectives of the assistance

visit are to: asses the installation IG functions and operations; asses the perceptions about the installation command climate from Soldiers and Department of the Army civilians via sensing sessions; and conduct IG Action Request.

TRADOC IG will conduct a personal conference for Soldiers and DA civilians Tuesday at Bldg. 5205, Kelly Hall, and Wednesday at Bldg. 8950, The Commons, on Seventh Avenue.

For more information, call 255-2118 or 255-1896.

#### Military pay briefing change

The Defense Military Pay Office briefing for Soldiers scheduled to separate due to expired term of service or involuntary separation (non-retirement) has changed from a walk-in basis to a weekly group briefing. The new ETS briefing will be held Tuesdays at 1 p.m. in Bldg. 5700, Rm. 371B. Soldiers should bring the following documents to the briefing: two copies of separation orders and amendments, DA 31 - Request and Authority for Leave (if approved) and the original or notarized copy of documents to support changes in marital status not previously reported to

The DMPO will continue to provide desk-side briefings for Soldiers who do not receive orders in time to attend a group briefing. Command teams with Soldiers who cannot attend a regularly scheduled briefing due to time constraints should call 255-3939, 255-9182 or 255-3115.

## REE HELP

## DOD announces pilot tutor program for service members

**By Erin Roberts** 

Defense Activity for Non-Traditional **Education Support** Public Affairs

PENSACOLA, Fla. — The Department of Defense Voluntary Education Program and the Defense Activity for Non-Traditional Education Support announced the launch of a pilot tutoring program that will provide service members with tutoring support at no cost – anytime, anywhere.

"If a service member is struggling with a college course or simply needs help with a homework assignment, this DOD-funded tool offers a place to go to get answers," said Jeff Allen, DANTES director.

The program provides around-the-clock, online, tutoring services for active duty service members, Coast Guard members, and full and part time National Guard and Reserve component members. Some family members are also eligible to use the tutoring services, Allen said.

The program is available online, and provides one-to-one tutoring with educators able to help with more than 40 college subjects, including algebra, statistics, physiology and more, he added. The tutors provide help with all types of homework assignments and test preparation. Tutors and students communicate in a secure online classroom using text chat and by drawing on an interactive whiteboard. There are no webcams or telephones used, and no personal information is shared between the tutor and student.

Students can access the online service using any internet-enabled device, including smart phones and tablets. If it's just a quick question, tutors are available on-demand, or students can schedule future tutor sessions or upload papers for offline review, Allen said.

"The Defense Department wants service members to be successful in pursuing professional development," said Allen. "DDD currently maintains a variety of education resources to help members pursue their education. Tutoring services are being piloted to further explore the addition of this type of tool as another way to help service members succeed in their military careers."

For more information, visit http://military. tutor.com/home.



DOD PHOTO ILLUSTRATION

#### Earth

Continued from Page A1

at the organizational level, or at a personal level in the office or at home, Hager said.

"It's about awareness, so people can understand that the way we currently live can't sustain us for the long run," he said. "The original Earth Day was 46 years ago and it was an international event that brought attention to the issues - it was the catalyst for some of our first environmental regulations.

"We need to get it out there and show people that there are environmental issues and there are things that we have to look at," Hager added. "We want to make them aware of all the different environmental products and services available to them."

From things like the type of power they use to run their cars, facilities and homes, to the type of soap or cleaners that people use can make a difference in the sustainability of the Earth, he said.

"You don't know the damage you could be causing to either yourself or the environment if you're not educated on the subject," added Melissa Lowlavar. EMB chief. "(The expo) is a way to educate people that there are better things that they can do to help the Earth and be good environmental stewards.

"There are products that people can use at home that are not only better for the environment, but better for their family, as well," she said. "It might provide less exposure to chemicals for the family. One thing people should realize is that just because you've always used a certain product or done something a certain

MOVIE INFO 24/7 - 347-2531

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**APRIL 14 - 21, 2016** 

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Mon-Fri: 7:00 & 9:20 II THE JUNGLE BOOK - PO Sat & Sun: 2:00, 4:20, 7:00 & 9:15 Mon-Fri: 7:00 & 9:15

Westgate Center

III ZOOTOPIA - P© Sat & Sun: 2:00, 4:15 & 7:00 Mon-Fri: 7:00

HARDCORE HENRY - R

II CRIMINAL - R

IV THE BOSS -  $\mathbb{R}$  Sat & Sun: 2:10, 4:10, 7:10 & 9:10 Mon-Fri: 7:10 & 9:10

Sat & Sun: 2:00, 4:20, 7:00 & 9:20 Mon-Fri: 7:00 & 9:20

II BATMAN VS SUPERMAN:

DAWN OF JUSTICE - P® Sat & Sun: 2:00, 7:00 & 9:45 Mon-Fri: 7:00 & 9:45

BARBERSHOP: THE NEXT CUT - P613

way doesn't mean it's a good thing. That's why we want to get the information out to the Fort Rucker community, as well as people in the Wiregrass, about new, innovative ideas in the environmental field."

As in previous years, this year's event will again feature an E-cycling event, where people can bring their old electronics to be recycled. People can bring computer towers, keyboards, computer mice, printers, scanners, laptops, wires, microwaves, coffee pots, power cords, battery backups, lead batteries, satellite receivers, cell phones

and telephones. No government hand-receipt items will be accepted.

It's important to recycle these materials because, Hager said, much of the equipment contains elements and chemicals that can be harmful to the environment if disposed of improperly.

For those who miss out on the E-cycling event, these items can be recycled year round at the recycling center in Bldg. 9322, located on Third Avenue.

In addition to the Earth Day Expo, the Center Library will hold its Earth Day Awareness Wednesday

at 3:30 p.m. People can attend to learn more about Earth Day and even visit with different animals to discover ways to protect the environment they live in.

The event is limited to the first 65 participants registered and is Exceptional Family Member Program friendly.

Additionally, the Center Library will hold its Earth Day craft activity, "The Many Faces of Recycling," April 23 from 1-2:30 p.m. The event is offered to children 8 years and older, and is limited to the first 25 people to register. For more information or to register

for either of the events, call 255-3885

Hager said that it's important that people understand that there is no quick fix to the problem of environmental waste and that it demands a lifestyle change in order to make a real impact.

Education is important because for the more than 7 billion people in the world, most are living in a way that isn't sustainable for the Earth, he said.

There are a finite number of resources on the Earth and a certain amount of demand, and soon the demand will outweigh the resources that the Earth can provide, said the environmental protection specialist. Finding and using renewable resources is the best way to curb that dependence on those finite resources, such as fossil fuels.

"Environmental change has to be a lifestyle change – it's like exercising. If you do it every day, then it gets to be a habit. It's the same with being green," he said. "If you just do it for one weekend, it's not going to make as much of an impact as it would if you do it all the time and, like exercise, the longer you do it, the more results you'll see."



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## Rucker

Continued from Page A1

installation and community is certainly not lost on us one single bit."

Gayler commended the Lundys for their leadership over the previous two years.

"Your fingerprints, Mike, are all over the most complex and timely events that are occurring in our Army and in our Branch, and those fingerprints will be on those events for many, many years to come."

Brown spoke about Lundy's vision and innovation as a leader, and for making tough choices for the Branch with

the Army's Aviation Restructure Initiative.

"I told Mike there's nothing he'll have to do any time in the future that could be tougher than ARI. It's a very tough thing, but boy did they do it well here as a team.... We had to make some tough decisions but it's going to help us in the future and we are already seeing the benefits," Brown

Lundy thanked the local community for their support to Soldiers and families. He said his two years as Branch chief were the most rewarding years of his career, and he thanked Soldiers and Department of the Army Civilians across the Aviation enterprise.

"It's because of you our Branch will remain the best Aviation force in the world, and truly an asymmetric advantage for our nation," Lundy said.

The USAACE commanding general serves as the Army Aviation Branch chief, as well as the commanding general of USAACE and Fort Rucker. He is responsible for training approximately 20,000 Aviation students per year, including training Aviators at Fort Rucker, Aviation maintainers at Fort Eustis, Virginia, and unmanned aircraft systems operators and warrant officer technicians at Fort Huachuca, Arizona. The USAACE develops Army requirements for the Aviation Branch.

Continued from Page A1

from the assault itself, but from the fact that people now knew her story and what had happened.

For victims, the world becomes a different place, she said.

During one of the sessions for sexual assault first responders, Jackson conducted an exercise where they walked through the process of the response to a sexual assault.

Through the exercise, participants were able to see how the victim might feel in a situation when an assault is reported and why they might not want to re-

"When we ask a victim to tell, we're asking them not just to tell me and you, we're asking them basically to tell a community of people," said Jackson. "Then



Veraunda Jackson, attorney for the Department of Children and Families, conducts an exercise to help first responders better understand what victims experience after a sexual assault during a Sexual Harassment/Assault Response Program presentation at the post theater Tuesday.

it goes. I want you to imagine you having to tell 10, 15 or 20 people what you think happened,

they have no control over where we're asking them to relive and recount the experience over and over again.

"For many, there is a misconand when we ask them to tell, ception that it's 'just sex, so it's no big deal,' especially when alcohol is involved or it's someone who is familiar with that person," she said. "That's why it's important for people to try to understand it from the victim's perspective and the impact it has on them."

Jackson said her hope is to help people understand the complexity of the crime and not to just minimize it and sweep it under the rug. Sexual assault is a very challenging and complex topic to talk about, and as a survivor, sharing her story is one way she feels she's able to help.

W01 Braden Spencer, 1st Battalion, 13th Aviation Regiment, said that looking at it from a different point of view helped him get some perspective on what kind of an impact a sexual assault might have on a victim.

"You're always told to look at something from another's point of view, but with something like this, it's kind of hard to imagine," he said. "You always think about why people don't just report an assault, but then you don't even think about people not believing you or having to go through the ordeal over and over again in front of people you don't even know – I can see how it can keep a person from wanting to go through that.

"I think that's the perception we need to change, though, to make sure people know that there are people there for them when something like this happens," he continued. "If we can all see it from the victim's perspective, then it really opens our eyes to how much these issues really make an impact."

## **Blessing**

Continued from Page A1

the chief of staff. "As we ride and as I've matured ... I've realized that one of the true blessings of riding is going out there and being with your fellow friends and your team, and in some cases meeting people you might not have otherwise ever met."

For Pepin, riding is a way of expressing the freedoms that have been bestowed upon all Americans by prior and current service members, and he said one way to properly honor those service members is to remain safe while riding.

"When we serve, we're protecting our freedom and our way of life that very few get to have," he said. "Let's never forget that and never forget those veterans who laid their sacrifices and, in some cases, the ultimate sacrifice, ahead of us."

Jason Farley, veteran, has been an avid rider for more than 25 years and echoed what Pepin said about riding providing freedom.

"When I ride, I feel like I can go anywhere and do anything," he said. "It provides me with an escape, and it's just nice to be able to get away with friends and do something we all enjoy together."

Although Farley is an experienced rider, he admits that one thing he won't do is take the road for granted.

"I know that at any moment when I'm riding, my time could come up, and even though that may be out of my hands, it's still my responsibility to do what I can to make sure I'm as safe as possible - not just for myself, but for my loved ones, too," he said.

"I do believe God is watching over me as I ride, but

he can't do it all, and I'm thankful and blessed that He's given me the awareness to know that I'm not a perfect man and that I might make mistakes," he continued. "It's that sense of humility that I feel keeps me safe when I ride. I want to continue to ride for another 25 years, so I'm going to do what I can to make sure my riders and I stay safe."

As the event wrapped up, riders were invited to receive an individual blessing for themselves and their bike as they lined up to leave.

"As you continue to ride, I hope that you're blessed with some common sense that I didn't have when I was younger," said Pepin. "I hope that you're blessed with a safe bike, that you're blessed with fellow riders who you can ride with (within) your ability and, most importantly, just take care of yourself as you ride."



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**APRIL 14, 2016** 



A U.S. Army CH-47 Chinook uses a Bambi Bucket to drop water on a fire near Tela April 1.

Honduran firefighting efforts By Capt. Christopher Mesnard

Joint Task Force-Bravo supports

Joint Task Force-Bravo Public Affairs

SOTO CANO AIR BASE, Honduras — A fire near the town of Tela March 30 warranted a large-scale reaction from Honduran firefighting forces, to include the national fire department, army and air

The initial response involved Honduran ground and air assets working together in the Jeanette Kawas National Park working to contain the fire; however, due to dry conditions, shifting winds, and the dense vegetation at the location of the fire, Honduran President Juan Orlando Hernandez

requested U.S. support to assist in the effort to prevent the fire from quickly spreading throughout the park and potentially threatening local communities.

Joint Task Force-Bravo is one of two task forces under U.S. Southern Command. March 31, its air assets began supplementing the two Honduran UH-1N Hueys - using Bambi Buckets to carry water from the nearby Laguna de Los Micos to the fires and also offering a hoist capability, in case a need arose to retrieve personnel on the

During the operation, Honduran and

SEE HELPING, PAGE B4

## **SF** support unit trains on sling-load operations

By Richard L. Rzepka USAG Okinawa Public Affairs

OKINAWA, Japan — The more than 11,000-pound airframe hovered just feet above the Soldiers' heads while sand and other debris obscured their vision as they focused on rigging the quad bike onto the belly of the aircraft with a sling – an operation that requires a high degree of attention to detail, meticulous preparation and an unerring commitment to

Dozens of support Soldiers from the 1st Battalion, 1st Special Forces Group participated in sling-load operations March 30 to stay tactically and technically sharp on the procedure, which is a staple in providing Soldiers in combat the beans and bullets required to win on the ground.

"Sling-load skills are perishable, like many other individual Soldier tasks," said the headquarters support company commander who asked for his name not to be used for operational security reasons. "This training helped introduce new Soldiers to the mechanics of sling-load operations and gave senior NCOs an opportunity to refresh skills and share knowledge and experience."

The battalion's support companies take pride in being able to provide depth and breadth in the logistics realm and consistently look for new ways to add value to the organization's lethal prowess, he

Although it is not known for certain when the U.S. Army first lobbed provisions from an aircraft to Soldiers on the ground, by the summer of 1942 "supply by air" had become commonplace in the Pacific Theater, according to Dr. Steven E. Anders, Quartermaster Corps Historian and author of "Aerial Delivery and Field Services – A Brief History."

After the advent of the aerial delivery training department at the Quartermaster School at Fort Lee, Virginia, in 1951 and the solidification of aerial resupply doctrine during the Korean War, the rife use of helicopters in Vietnam proved equally effective at resupply via sling load, according to Anders.

For the First in Asia Battalion, resupplying small teams of operators on the ground requires innovation and versatility.

SEE SUPPORT, PAGE B4



Soldiers conduct sling-load training.

AH-64 Apaches assigned to the 1-229th Attack Reconnaissance Battalion, 16th Combat Aviation Brigade, 7th Infantry Division participate in a combined arms live-fire exercise at Joint Base Lewis-McChord, Wash., April 4. The CALFEX included artillery, Stryker and dismounted infantry in addition to the machine gun and rocket fire from the Apaches.

## MEDEVAC

#### Stringent tests ensure equipment meets standards



Medics with the 82nd Airborne Division's 1st Brigade Combat Team retrieve a simulated casualty from a UH-60 Black Hawk in 2012 at the Joint Readiness Training Center, Fort Polk, La.

By Carlotta Maneice U.S. Army Aviation and Missile

Research, Development, and Engineering Center Public Affairs

REDSTONE ARSENAL — On the battlefield, quick medical evacuation of a trauma patient can be the difference between life and death.

Around 600 H-60 Medical Evacuation Black Hawk helicopters are equipped with carry-on medical devices. These patient movement items support the MedEvac mission that will increase patient survivability.

Ensuring those added items meet or exceed Army airworthiness requirements is the responsibility of the U.S.

SEE MEDEVAC, PAGE B4

## 10th CAB Aviators conduct overwater training

By Capt. Linda Gerron

10th Combat Aviation Brigade Public Affairs

FORT DRUM, N.Y. – For the first time, Soldiers from the 10th Combat Aviation Brigade, 10th Mountain Division (LI), teamed up with sailors from the Helicopter Sea Combat Squadron 2 to conduct a weeklong overwater exercise that began March 14 at Wheeler-Sack Army

Sailors from HSC-2, also known as the Fleet Angels, spent the week with the brigade, talking about landing tactics and techniques, training on the flight simulators, and conducting flight landings on simulated ship decks as a way to help them develop approaching angles at sea so they can become overwater-qualified.

"Previously, there wasn't a need for 10th CAB crews to be overwater-qualified, due to the types of missions we were conducting," said CW4 Jay Latona, 10th CAB master gunner and coordinator of the training event. "However, because of this, I could see we lacked the ability to conduct overwater missions due to under-qualified crews."

It was then that Latona decided to maximize the capabilities of the joint force and coordinated to have overwater trainers travel from Norfolk, Virginia, to Fort Drum.

The Fleet Angels are typically responsible for training pilots and air crews to fly the MH-60S Knighthawk helicopter in preparation of worldwide missions, logistical support, and combat search and rescue missions.

For Soldiers of the 10th CAB, this exercise allowed them to familiarize themselves with the overwater land-



A 10th CAB AH-64D Apache receives instructions on where to conduct a short final on approach March 14 during an overwater training exercise at Wheeler-Sack Army Airfield, Fort Drum, N.Y.

ing procedures using the unit's AH-64 Apache, UH-60 Black Hawk and CH-47 Chinook, while also understanding how to operate in a joint environment in preparation for any future deployments.

To make the training more effective, a runway at Griffiss International Airport was also was used for this exercise. This allowed for all three types of aircrafts to be simultaneously used without interfering with air and

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## Real People. Real News.

## Helping

Continued from Page B1

U.S. command and control elements reviewed inputs from the ground forces and surveillance from air assets, to determine where the fire, which had split into three separate fires by March 31, needing the most attention.

"The team, consisting of Honduran and U.S. personnel and capabilities, conducted joint planning to continuously assess the situation and synchronize an effective, combined response to the fire - working as one to quickly gain control and extinguish the fires throughout the park," said Col. Rob Harman, JTF-B commander.

After the majority of the efforts wrapped up March 31, only one fire still remained burning, though it was considered mostly under control by those on the ground.

"It's always a good feeling to use our training and resources when a real-world need arises," said CW3 Kyle Johnson, 1-228th Aviation Regiment CH-47 pilot. "It's not often we get to work side-by-side with our Honduran hosts in a situation like this, but this was an opportunity to work together on a common goal and everyone performed excellently."



PHOTO BY AIR FORCE STAFF SGT. WESTIN WARBURTON

A U.S. Army CH-47 Chinook and UH-60 Black Hawk provide Bambi Bucket firefighting capabilities in support of a Honduran effort to extinguish a forest fire March 31 near Tela at the request of Honduran President Juan Orlando Hernandez.

Both teams suspended flight operations on the evening of March 31 because of potentially unsafe night flying conditions

and crew-duty days, and would reassess the situation the following morning.

The next day, the team noticed that one

of the fires, which was previously extinguished, had re-ignited, and they had to orient their efforts toward two fires April

"When the Hondurans sent their helicopter up to assess the fires, they discovered one of the fires they put out the day prior was ablaze again," said Lt. Col. Daniel Moore, 1-228th Avn. Regt. commander and officer in charge of U.S. response forces on the ground. "We quickly went to work on refueling aircraft and putting them in the fight against the two blazes."

After continued operations through April 2, a joint assessment by Honduran Col. Barrientos, Air Force Chief of Staff met with Moore and concluded the fire was contained to the point that U.S. support was no longer required.

"It's satisfying and rewarding to see that our efforts resulted in total mission success," said Johnson.

During the time frame of three days the 1-228th Aviation Regiment dropped over 390,000 gallons of water over the course of 55 hours flight time, earning thanks from the Honduran president, U.S. Ambassador James Nealon and local community officials.

## Support

Continued from Page B1

"Our Soldiers and NCOs are among the most versatile in the Pacific," the company commander said. "This training reflects the flexibility and adaptability we try to

instill in our Soldiers. As support elements to forward deployed special operations forces, (forward support company) and (headquarters support company) encourage creative solutions to problems and an outside-thebox mentality towards logistics."

From deepening SOF-conventional force interoperability to developing new concepts for support and providing options for humanitarian assistance and disaster relief, 1st SFG Soldiers remain committed to staying at the height of readiness, he said.

## **MedEvac**

Continued from Page B1

Army Aviation and Missile Research, Development, and Engineering Center's Aviation Engineering Directorate.

"Black Hawk helicopters makes it possible for critical patients to fly from the battlefield to a specialized medical facility with their necessary medical equipment including blood warmers, patient monitors and oxygen ventilators," said Nathan Proper, AED systems engineer. "To ensure everyone's safety, each PMI must undergo a series of tests before an airworthiness release can be authorized."

A series of tests are conducted by the U.S. Army Aeromedical Research Laboratory, including electromagnetic interference, explosive atmosphere, night vision device compatibility, electromagnetic compatibility and others.

EMI testing is initially conducted on each PMI device to characterize its electromagnetic profile. Excessive radiated emissions may cause interference with aircraft communication and navigation systems.

Explosive atmosphere testing is required to show the PMI is not an ignition source. A failed test can be hazardous when operating in a fuel-air mixture environment. If the PMI is unable to successfully pass this test, the AWR will impose a restriction stating that the PMI device shall be turned off during refueling.

NVD evaluations are conducted on each PMI device to determine if light emitted directly from the PMI itself or reflected from surrounding surfaces impairs the pilot's ability to safely operate the aircraft.

An EMC test is conducted to determine if the PMI is compatible electromagnetically with all other equipment installed on that aircraft. This ensures proper operation of flight displays, and navigation and communication equipment.

"The test requirements are documented in the "Joint Enroute Care Equipment Test Standard," which is a joint agreement between the Air Force and Army that defines the PMI test requirements and methods for both fixed- and rotary-wing platforms," Proper said. "USAARL develops tests plans in accordance with the JECETS document and conducts appropriate testing."

According to Proper, after the component-level testing is complete, AED reviews the test data to determine if the PMI

can be safely operated on aircraft. AED then develops a flight test AWR supporting the testing PMI. Once flight testing is complete, AED reviews the flight test report and if approved, updates the fleet wide AWR authorizing use of the PMI on all H-60 aircraft to support the MedEvac mission.

Over 75 PMI devices have been authorized for use on the H-60 fleet through AED's airworthiness efforts. Emerging medical technological advancements will be required to meet the same stringent requirements, Proper said.

"While the latest medical technology onboard the MedEvac aircraft increases the survival of the patients, AMRDEC's dedication to airworthiness and testing of PMI increases aircraft and air crew safety," he said.

#### Training =

Continued from Page B1

ground space or time constraints.

"It's hard to simulate landing on a boat when you're landing on the ground," said CW5 Joseph Santee, 10th CAB senior instructor pilot. "But that'll be the next evolution of the training when we travel to Virginia. It's also good to continue to build on this relationship with the Navy, so we know what the responsibilities are on our end."

Capt. Andrew C. Berhardt, a pilot from the HSC-2, agreed.

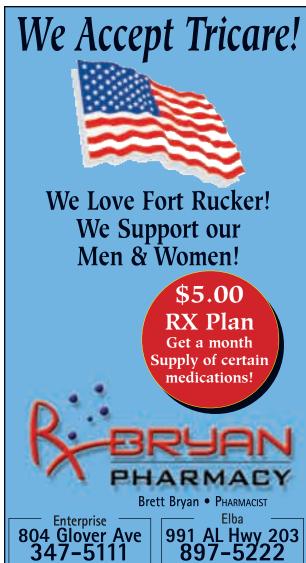
"It's a great opportunity to combine our services for interoperability and expanding the capabilities of the United States military," he said. "We're very excited about getting the opportunity to host the 10th CAB down in Virginia in the near future so they can utilize the training we've done here on an actual ship."

According to Latona, the overall intent of this mission is to keep a small contingency force who is overwater-qualified and ready to deploy at a moment's notice.

"Fighting and winning is our sole priority," he said. "And with the Navy's expertise and the great relationship we have established here, I have no doubts we'll be ready to execute any overwater mission."









Winners announced in photography

Story on Page C3

**APRIL 14, 2016** 

## MORE TH AN BOOKS

## Center Library offers patrons sense of community

By Jeremy Henderson Army Flier Staff Writer

Communities across America continue to honor libraries during National Library Week, a resource Center Library staff members feel rests at the heart of Fort Rucker's community.

"The whole idea behind a library is to make your life easier," John Crawford, Center Library manager, said. "Libraries are great at developing a sense of community. We provide a place where people can come and relax. Ideally we want to provide a space where clubs can meet - where people can get together and talk.'

The library provides a host of services, including computer access, printing, faxing and a wide range of materials available for loan. But, according to Crawford, the librarians are also a valuable resource.

Jodi Wilcox, reference librarian, echoed Crawford's sentiment.

"The library is definitely more than books," she said. "It is a learning environment and free resource that parents and kids will be hard pressed to find elsewhere. Any technician here at the library is willing to help anyone who wishes to do research or learn a new craft."

Crawford said he feels libraries provide a home away from home and a sense of solidarity in transient communities like Fort Rucker.

"People need a place where they can go and know they will find a sense of community and camaraderie," he said. "Our goal is to provide that space for them to feel at home.

"We have a variety of book clubs, including a teen club, where people can come together to discuss and recommend books," he added. "We have a regular story time for children. It is partly about improving literacy and getting kids excited about books, but it is also about giving parents a chance to get together and chat amongst themselves."

According to Cameron Hill, children's programming coordinator and library technician, libraries also provide a place for families to bond and for youth to expand their horizons.

"Spending time as a family is associated with better communication among family members, which in turn leads kids to do better in school and have less behavioral problems," she said. "Family time gives children an opportunity to learn and model behaviors, and everyone gets to participate.

"Today is so fast-paced and high-tech," she added. "It seems that young people are drawn to instant gratification activities. Reading can be a way to unwind and relax, but it can also be a great form of entertainment. Reading exercises our brains, improves our concentration, increases our vocabulary, and develops our imagination. It is especially important for children because it helps them do better in school.'

The Center Library currently



Mona Walkup helps her granddaughter, 2-year-old Madelyn Jones, piece together a sun project during a recent spring craft session at Center Library.



Patrons utilize the free internet access available at Center Library.

loans out video games for many popular consoles and Crawford hopes to also provide board games for patrons to check out in the future.

"I think it would be nice for Soldiers and their families to have access to board games," he said. "It is comforting to get together and enjoy a nice night together."

Center Library will host contests for patrons age 18 and older, age 13-17, and age 12 and under. Patrons who utilize the library will have a chance to win a daily prize or a grand prize Saturday.

Dr. Henry Stewart, retired Troy University Dean of Library Services, will speak about how libraries "Transform Lives" to-



Command Sgt. Maj. Micheal D. Sutterfield (center), 1st Aviation Brigade command sergeant major; Sqt. 1st Class Michael Lukeman (left), 1st Avn. Bde. equal opportunity adviser; and Sgt. 1st Class Pawoo Teh, EO adviser, read to children at the Center Library last year.

day at 10:30 a.m. at the Center Library.

Group reading opportunities include the Adult Book Club every third Tuesday from 5-6 p.m. and the Teen Book Club every third Saturday from 4-5 p.m.

Center Library events for the month of April include a Tesla car display Wednesday at 2:30 p.m.

followed by an Earth Day Awareness presentation by Big Bend Wildlife of Enterprise at 3:30 p.m. and an Earth Day craft activity April 23 from 1-2:30 p.m.

For more information about the Center Library, call 255-3885 or visit http://rucker.armymwr. com/us/rucker/programs/centerlibrary.

## Post commits to preventing child abuse

By Nathan Pfau

Army Flier Staff Writer

In 2015, the Army reported 2,660 cases of child abuse, with 25 cases reported at Fort Rucker alone, but according to the garrison commander, even one case is one too many.

Col. Shannon T. Miller proclaimed Fort Rucker's commitment to child abuse prevention by signing the Child Abuse Prevention Proclamation during a ceremony in the atrium of Bldg. 5700 where people gathered to show their support for the effort.

"As garrison commander, I'm calling on all of us, military and civilian, parents and non parents, to unite for a common goal - to end child abuse and to make a commitment to this prevention effort," read the proclamation. "I am committed to ending child abuse and educating our community on prevention methods."

April is Child Abuse Prevention Month, and this year's theme for the observance is, "Child Safety to Prevent Child Neglect."

During the signing ceremony, students from the Fort Rucker Elementary School provided musical entertainment, and it's because of children like the ones who performed that it's important the post takes a stand against child abuse, Miller said.

"Children are the future of our nation and it's our job to keep them safe," she said, adding that one of the main forms of abuse that many don't realize is ne-

According to Miller, of all the reported incidents of child abuse, 83 percent of incidents were that of neglect.



Col. Shannon T. Miller, Fort Rucker garrison commander, greets students of the Fort Rucker Elementary School after a performance during the signing of the Child Abuse Prevention Proclamation in the atrium of Bldg. 5700 April 7.

"This is the age of technology and we all get distracted, but those seconds of distraction could be the difference between life and death for your child," said the garrison commander. "Careful supervision is paramount to prevent accidents and injuries."

Miller shared a story about a friend she was introduced to who lost her children to an incident of child neglect.

"One day, when her children were about 8 and 12 years old, they went to spend a day on the beach," she said. "While they were there, she had to leave to go to the restroom, so she left them under the supervision of another

When the mother returned to the beach, her children had been

swept up by the undertow and drowned. "Children are considered our

precious cargo – they are our fu-

ture," said Miller, and because of that fact, the Army has many programs to help parents with parenting, whether they are new parents or seasoned veterans, she added.

The Fort Rucker Family Advocacy Program offers programs like the new parent support program and ScreamFree parenting to help parents who might be going through difficult times, she

"Everyone in the Army community has a responsibility to step up and let people know about the resources that are available to them," said the garrison commander. "We've had too many cases here at Fort Rucker and (abuse) isn't something we want happening to our children."

Although April is designated as Child Abuse Prevention Month, Miller said the charge should be a year-round observance to help stop child abuse in its tracks.

## **VOLUNTEER OPPORTUNITIES**

**Army Volunteer Corps Volunteer Program** Manager

Duties: Recruit and interview prospective volunteers for the Army Community Service program. Assist in developing plans for the orientation and training of volunteers. Assist with the planning and coordination of the monthly recognition and awards ceremony. Annually review all job descriptions and standard operating procedures of the ACS volunteer staff. Ensure that confidentially is maintained. Maintain volunteer files and hours. Conduct orientation as needed. Establish a volunteer tracking system.

#### Army Family Team Building Instructor

Duties: Prepare for and teach at least one class each quarter following the instructor instruction and lesson plans provided in the AFTB Instructor Guides. Attend quarterly AFTB council meetings. Ensure students complete class evaluation forms and forward to the AFTB program manager. Maintain personal records, documenting volunteer hours training received and awards received. Serve as a spokesperson for the AFTB program. Attend professional development. Report safety issues to the ACS volunteer coordinator. Adhere to guidance outlined in Army Regulation 608-1 and AFTB SOP.

#### **Army Family Action Plan Adviser**

Duties: Promote and interpret AFAP activities to the military command, and serve as the liaison between AFAP and the command group. Assist the AFAP coordinator in developing and coordinating the implementation of the AFAP program initiative, goals and objectives. Provide counsel and assistance in identifying and recruiting volunteers. Serve as a member of the advisory council. Attend advisory council meetings. Adhere to the guidelines as outlined in AR 600-1, AFAP program handbook and the installation AFAP SOP. Report any safety issues to the ACS volunteer coordinator.

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

#### Newcomers welcome

The newcomers welcome scheduled for Friday has been cancelled. For more information, call 255-3161 or 255-2887.

#### **ACS** instructor training

Army Community Service will offer its four-day standardized instructor training course Tuesday-Wednesday at the Spiritual Life Center from 8:30 a.m. to 2:30 p.m. The course equips instructors with knowledge and tools for communicating information to the military community. Those who successfully complete the course receive a certificate of completion and become qualified instructors under ACS.

For more information and to register, call 255-9578 or 255-3735. Childcare can be provided, but people need to call 255-3564 two weeks in advance.

#### Wear Blue Day

Army Community Service officials welcome people to join them in supporting Child Abuse Prevention Month by wearing blue on Fridays in April. For details on Blue Day and Child Abuse Prevention Month activities, call 255-2647.

#### Wild Adventures Day Trip

MWR Central will host a day trip to Wild Adventures amusement park in Valdosta, Georgia. Participants will depart Fort Rucker at 5 a.m. Saturday and travel to Wild Adventures. Cost for this trip is \$53 per person and includes a ticket to Wild Adventures and transportation. The trip is expected to return to Fort Rucker at 10 p.m. There must be a minimum of 22 participants for this trip.

To sign up, stop by MWR Central or call 255-2997.

#### CYSS extended hours survey

Child, youth and school services is conducting a survey to better gauge its patrons' needs concerning operational hours at the child development center and the school age center. Parents' input will assist garrisons in determining the need for extended hours care at these facilities. People can make their voices heard by participating in the survey now through Wednesday at https://www.surveymonkey.com/r/ExtendedCareHours.

#### ACS needs assessment survey

Army Community Service is conducting a needs assessment now through May 15. People's responses will assist ACS in developing programs that meet the needs of the Fort Rucker community. The survey is available at https://www.surveymonkey. com/r/6YMW8OP, or paper copies are available through ACS.

For more information, call 255-9641.

#### Earth Day at Center Library

Center Library will host an Earth Day awareness event Wednesday. As part of the program, the Tesla Model S will be on display for public viewing at 2:30 p.m. It will be parked in the small parking lot behind the library building. There will also be a wildlife presentation by Big Bend Wildlife Sanctuary at 3:30 p.m. People are welcome to visit the different animals that live in the wild and discover ways they can protect them and the environment. The program is limited to the first 65 people to register. The event is open to authorized patrons and is Exceptional Family Member Program friendly.

For more information or to register, stop by the Center Library or call 255-3885.

#### Child abuse prevention training

Army Community Service will host child abuse prevention training for parents April 22 from 11-11:30 a.m. at The Commons. Topics will include: helping parents understand that child abuse should not be a secret - children need to be educated and aware to protect themselves; educating children about child abuse is not destroying their innocence, it is protecting their innocence against perpetrators; domestic violence in the home is the No. 1 precursor to child abuse; and stranger danger myth - children are usually abused by someone they know and see often. The training will also cover safety guidelines parents can utilize with their children to protect them from abuse, and local information on resources, numbers and hotlines regarding reporting abuse. People need to register by

For more information, call 255-9647,



## **Thunder on Tholocco**

A scene from a previous Thunder on Tholocco. Fort Rucker will host the 10th annual Thunder on Tholocco April 23 at Lake Tholocco. Gates open at 9 a.m. and races begin at 11 a.m. The event is open to the public, with ticket prices \$5 in advance or \$7 at the door. Children ages 12 and under are free. Tickets may be purchased at outdoor recreation or MWR Central. People are welcome to bring a chair or blanket and watch multi-class outboard drag boat racing at its best, according to DFMWR officials. These high-performance machines reach speeds in excess of 100 mph. For more information, call 255-1749.

255-3359 or 255-9805.

#### **Spouse Sponsorship Survey**

Army Community Service is conducting a spouse sponsorship program survey now through May 31 to determine if a need for a spouse sponsorship program exists at Fort Rucker. The program would provide an opportunity for incoming spouses to connect with other spouses who can provide assistance with their family's transition to Fort Rucker. People can make their voices heard by taking the survey at https://www. surveymonkey.com/r/W9TRQ3N.

#### **Teal Day Campaign**

April is Sexual Assault Awareness Prevention Month and this year's theme is "Sexual Assault, Sexual Harassment, Not in Our Army." The Teal Day Campaign will begin Tuesday as a Fort Rucker community-wide effort to recognize people's collective responsibility to prevent all forms of sexual assault and sexual harassment by wearing something teal Tuesdays in April. For more information, call 255-2382.

#### SHARP car wash

Fort Rucker Sexual Harassment Assault Response and Prevention will partner with the U.S. Army Warrant Officer Career College's Warrant Officer Candidate School Class 16-11 to host a car wash in recognition and observance of Sexual Assault Awareness and Prevention Month April 23 from 8:30 a.m. to 3:30 p.m. on Shamrock Street. This year's theme is, "Sexual assault. Sexual harassment. Not in our Army."

For more information, call 255-2382.

#### **Stroller Parade and Decorating Contest**

The Fort Rucker New Parent Support Program will host the third annual Stroller Parade and Decorating Contest April 25 from 9:30-11a.m. at the Fort Rucker Elementary School track. The event is designed to bring awareness to the community's effort to prevent and confront all forms of child abuse and neglect. The event will also feature a performance by the school band and choir. Strollers should be decorated prior to the event. Prizes will be awarded to first-third place winners. To participate, people need to register by Wednesday.

For more information, call 255-9647 or 255-3359.

#### **Annual volunteer recognition luncheon** The Fort Rucker Annual Volunteer

Recognition Luncheon will be held April 25 from 11 a.m. to 1 p.m. at The Landing Ballroom to recognize volunteers that contributed 100 or more hours of volunteer service last year. Reservations are re-

For more information, call 255-2341 or 255-1429.

#### Book club for adults

The Center Library hosts a book club for adults the third Tuesday of each month from 5-6 p.m. Light refreshments will be served. For more information, call 255-

#### **Book club for teens**

3885.

The Center Library hosts a book club for teens the third Saturday of each month from 4-5 p.m. Light refreshments will be served. For more information, call 255-3885.

#### Youth sports health fair

Child, youth and school services will host its youth sports health fair April 27 from 2-5 p.m. at the youth center, Bldg. 2800. The fair will feature representatives from preventive medicine, 4-H Club, nutrition, family advocacy program, community police, Fort Rucker Fire and Emergency Services, physical therapy and the dental clinic. There will also be eye and hearing screenings, blood pressure checks, and height and weight measurements. The event is open to all CYSS members and is Exceptional Family Member Program friendly.

For more information, call 255-0950 or 255-2257.

# DFMWR



#### CKER MOVIE SCHEDULE FOR APRIL 14-17

Thursday, April 14

Friday, April 15

Saturday, April 16

The Jungle Book (PG) ......4 p.m. The Jungle Book (PG) ......7 p.m.

Sunday, April 17

The Jungle Book (PG) ...... 1 p.m. The Jungle Book (PG) ......4 p.m.

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

# HOT SHOTS

## Winners announced in 2015 Army Digital Photography Contest

By Tim Hipps U.S. Army Installation Management Command Public Affairs

FORT SAM HOUSTON, Texas — A Soldier and two family members won 10 awards between the three of them in the 2015 Army Digital Photography Con-

The contest, hosted annually by the Family and Morale, Welfare and Recreation division of the U.S. Army Installation Management Command, received 2,509 entries, from which 14 first, second and thirdplace winners were selected, along with 23 honorable mentions.

Photographs were judged in seven categories - animals, design elements, digital darkroom, military life, nature and landscapes, people, still life - in two divisions: active duty and other eligible patrons, which include military retirees and family members.

Family member Mylan Dawson, of Fort Shafter, Hawaii, won design elements with "Blue and Gold Virgin River," took second in digital darkroom with "Early Morning in Prague," and was third in design elements with "Death Valley Curves." She also received an honorable mention in nature and landscape with "Punchbowl Falls."

Family member Kimberly Kendall, of Wiesbaden, Germany, took first places in nature and landscape with "Karakul Lake" and people with "Uyghur Shepherds." Her "Man with a Story" also earned an honorable mention in the people category.

CW2 Matthew Mizner, of Fort Campbell, Kentucky, took second place in the design elements category of the active duty division with "Old Glory." He also earned honorable mentions with "The Swing" in the people category and "Interstellar Apple" in still life.

"Old Glory came from a similar process I had seen a while ago," Mizner said. "It involved a 24-inch tall glass filled with water, olive oil and dish soap. I placed a small flag under the glass, and the design was magnified through the water and oil."

"The Swing," Mizner said was simply a matter of being at the right place at the right time - and ready to shoot - during a family outing at Cheekwood (Botanical Garden and Museum of Art) in Nashville, Tennessee.

"I happened to look over at my daughter in a swing and snapped a photo," he explained. "This is one of my all-time favorite photos. A poster size of it hangs on a wall in my home."

Mizner illustrated that one need not be in a special place or time to capture a "winning" photo.

"Interstellar Apple was me just practicing with flash photography and a macro lens," he said. "I set up a small darkroom in my kitchen and emptied my fridge of fruit and snapped away. I liked the apple the most as it had a nice space feel to it."

Mizner said someone





Military family member Kimberly Kendall of Wiesbaden, Germany, wins the nature and landscapes category of the other eligible patrons division of the 2015 Army Digital Photography Contest with "Karakul Lake."

from Fort Campbell Occupational Therapy handed him a flier about the 2015 Army Digital Photography Contest, so he "figured I would see if I was good enough to place in the competition."

Now Mizner wishes he had heard about the contest sooner.

"It would have pushed me earlier in my photography hobby career to explore more places and ideas," he said.

"Photography is a way for me to see things in a different way. Since starting more than 10 years ago, I look at everything different now. It's nice to stop and see things for color, composition and beauty. My success, or placement, in this competition means I need to work harder. First place is my goal now."

CW3 Juan Jusino was surprised to learn that he took first place in still life with "Game over man, game over!" The title of his photo of a toy action hero was inspired by the movie "Aliens."

"At the time, it was just an experiment, working with toys and lighting," said Jusino, stationed at MacDill Air Force Base, Florida. "In the movie there's a line: 'Game over, man – game over!' When I made that submission, I thought that was one of my Have Arrived," taken at the weakest photos, but art is B.B. King Blues Club and



CW3 Juan Jusino of MacDill Air Force Base, Florida, takes first place in the still life category of the active duty division of the 2015 Army Digital Photography Contest with "Game over, man - game over!"

subjective."

Jusino also earned an honorable mention in the people category with "Purple Haze," a photo of the band HUNNY performing in St. Petersburg, Florida.

Jusino, whose forte is concert photography, began competing in the Army Digital Photography Contest in 2014 and promptly earned an honorable mention with "The Moment When You Realize You

Grill at Times Square in New York City.

"It's good that the Army sponsors this," Jusino said. "It's a great avenue for service members to show our talent.

"It makes me feel good to find out that my work received recognition - makes me want to keep trying each year," Jusino said. "To get even an honorable mention is great. To do so two years in a row is pretty humbling, and it makes me very proud."



Military family member Kimberly Kendall of Wiesbaden, Germany, wins the people category in the other eligible patrons division of the 2015 Army Digital Photography Contest with "Uyghur Shepherds."



## **Book festival returns to Montgomery**

Army Flier
Staff Reports

The annual Alabama Book Festival will be in historic downtown Montgomery at Old Alabama Town April 23 from 9 a.m. to 5 p.m. The festival will feature about 50 authors, and more than 40 vendors and exhibitors.

The free public event is the state's premier book festival, with some 5,000 people from around the state and the southeast converging to meet with and hear from their favorite authors and scholars. There will also be a children's activity area.

For more information, call 334-240-4500, or visit www.alabamabookfestival. org/welcome.html.



## WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

#### **ANDALUSIA**

**ONGOING** — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

ONGOING — Andalusia Public Library offers free practice tests. Patrons can choose from more than 300 online tests based on official exams such as the ACT, SAT, GED, ASVAB, firefighter, police officer, paramedic, U.S. citizenship and many more. Patrons may select to take a test and receive immediate scoring. Test results are stored in personalized individual accounts, accessible only to patrons. Call 222-6612 for more information.

#### DALEVILLE

**ONGOING** — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

#### DOTHAN

**ONGOING** — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

ONGOING — Veterans of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke beginning at 6 p.m. Breakfast is served Sundays from 8-11a.m. The post can host parties, weddings, and hails and farewells.

#### **ENTERPRISE**

APRIL 22-23 AND 30 — Coffee County will host its Community Emergency Response Team training from 6-9 p.m. April 22, 8 a.m. to 5 p.m. April 23 and a hands-on exercise 8-11 a.m. at the Enterprise Rescue Training Facility at 519 East Lee Street. The training is designed to teach people how to protect family, friends and neighbors during times of crisis and disaster. Pre-registration is required. To register or get more information, call 894-5375 or 806-1994.

**APRIL 28** — The Wiregrass-Enterprise Chapter, National Active and Retired Federal Employees will meet for its monthly lunch program at 11 a.m. at Po Folks Restaurant in Enterprise. The guest speaker will be Sally Thornton, fitness center director for the Enterprise YMCA. The program will include the best types of exercises for seniors, exercise routines to help seniors lose weight, fitness center exercise classes and the benefits of membership for seniors. All federal employees, active or retired, are invited to attend the luncheon programs scheduled every fourth Thursday at 11 a.m. at Po Folks Restaurant in Enterprise. For more information, call 393-0492.

MAY 10 — A Disabled American Veterans Mobile Service Officer Van will be at the Enterprise Farmers Market from 9 a.m. to 2 p.m. The van travels across the country to counsel and assist veterans to educate them and their families on benefits and service available to them in thanks for their service. For more information, call the Disabled American Veterans Chapter 9 Enterprise-Coffee County at 308-2480.

#### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the

month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

#### MIDLAND CITY

**ONGOING** — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

#### **NEW BROCKTON**

ONGOING—Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

#### OZARK

APRIL 29 — St. Michael's Episcopal Church will host its final spring classical guitar concert at 7 p.m. The classical guitarist will be Isaac Bustos. The concert is free, but donations are accepted. There will be a meet the musician reception following the concert in the parish hall. St. Michael's is located at 427 Camilla Avenue.

**ONGOING**—The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale

County Library. For more information, call 477-6221 or email wcholmes53@hotmail.

**ONGOING** — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

#### PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

#### SAMSON

**ONGOING** — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

#### **TROY**

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

#### WIREGRASS AREA

**ONGOING** — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

## **Beyond Briefs**

#### Glow Run 5k

The Glow Run Fun Run and 5k event is scheduled for April 16 at Gayle's Trails in Panama City Beach, Florida. The run and walk event is less about how fast participants run and more about people enjoying the glowing course with their friends and family, according to organizers. Pack pick up is at 6 p.m. and the race starts at 7:30 p.m. Cost is \$30 per person and proceeds benefit Second Chance of Northwest Florida.

#### Earth Day Safari at zoo

Montgomery Zoo officials said its Earth Day Safari April 19 from 9 a.m. to 2 p.m. is a fun and educational field trip for students. People can participate in an endangered species scavenger hunt, play Earth Day trivia games, see live animal presentations and enjoy specialized keeper talks at various animal exhibits.

For more information, visit www.montgomeryzoo.com/announcements/earth-day-safari.

#### Seabreeze Jazz Festival

The Seabreeze Jazz Festival is scheduled for April 20-24 at Aaron Bessant Park in Panama City Beach, Florida. The Seabreeze Jazz Festival was named a Top 10 Jazz Festival in the U.S. by "JazzIZ Magazine" and recently nominated as Best Jazz Festival at the Oasis Smooth Jazz Awards.

For more information, including times and acts that will perform, visit http://www.seabreezejazzfestival.com/.

#### OCS anniversary celebration

The U.S. Army Officer Candidate School Alumni Association will host its 75th U.S. Army OCS Diamond Anniversary Celebration and Reunion April 24-28 in Columbus, Georgia. The association represents all Army officers commissioned through the Officer Candidate School, regardless of previous school locations and branches. Forty-three graduates have been awarded the Medal of Honor and many will be in attendance at the reunion. The reunion will feature several prominent speakers, including retired Lt. Gen. Joe Kinzer, former 5th Army commander; retired Lt. Gen. John Brown, former U.S. Army Pacific commander; Capt. Florent Groberg, recent MOH recipient; and retired Lt. Col. Ralph Peters, author and Fox

News military analyst. Demonstrations, briefings, special events and tours related to OCS are scheduled. Membership in the OCS Alumni Association is also being accepted. The reunion will be conducted at the Double Tree Hotel, 5321 Sidney Simmons Boulevard, Columbus.

For more information, call (813) 917-4309 or visit www.ocsalumni.org.

#### Civil rights walking tour

People are welcome to explore Montgomery's history through walking tours to different historical sites from profound moments from the slavery era, the Civil War, and the Civil Rights Movement. The tour highlights pioneers and unsung heroes who contributed to a new era. Walking tours are held every Saturday and Sunday at 1:30 and 2:30 p.m. Tours start from The Village Gallery. Cost is \$10 for adults, \$5 for children 12 and under and children 4 and younger are admitted for free. Book a tour by calling 334-595-9243.

#### Amazing Castle children's exhibit

Gadsden's Mary G. Hardin Center for Cultural Arts offers the Amazing Castle children's exhibit now through May 8. As visitors explore the Amazing Castle and its eight themed areas, they are introduced to seven storybook characters who are part of the castle community. From the carpenter to the seamstress, each character has a special role. As they move through the castle, village visitors playfully explore the interconnectedness of community members in a setting inspired by fantasy and history, according to organizers. Admission is \$8 per person, and free for Hardin Center members and children under 2.

For more information, visit http://www.culturalarts.

#### Free walking tours

People can experience the culture and history of Alabama with April Walking Tours throughout the state. Twenty-two towns across the state are offering free guided walking tours each Saturday morning in April. Tours begin at 10 a.m. and are about an hour long. Community leaders will escort people through the historic districts or courthouse square areas of their hometowns, sharing their personal remembrances and some tall tales from the old days.

For more information, visit alabama.travel/trails/april-walking-tours.

#### Spring bird migration

Dauphin Island's Audubon Bird Sanctuary features the largest segment of protected forest on the island and the first landfall for neo-tropical migrant birds after their flight across the Gulf from Central and South America each spring, according to sanctuary officials. These birds, often exhausted and weakened from severe weather during the long flight, find their first food and shelter on the island now through April 30. There have been 347 species reported on the island. It is also the birds' final stop before their return flight each fall. The Bird Sanctuary has allowed Dauphin Island to be recognized by the American Bird Conservancy and the National Audubon Society as being globally important for bird migrations.

The main interstate nearest to the Audubon Bird Sanctuary is I-10. From I-10, take Exit 17A to Dauphin Island. This will take you onto Route 193 South, also known as "Rangeline Road." Follow Rt. 193 South all the way down to Dauphin Island. Once you're on the island, take a left at the Water Tower on to Bienville Boulevard. The Sanctuary is located 1 mile from there on the right.

For more information, visit: http://dauphinisland.org/audubon-bird-sanctuary/

#### Second Friday Art Walk

Mobile's Second Friday LoDa Art Walk celebrates the arts downtown. The free monthly showcase of visual and performance arts starts at 6 p.m. second Friday of every month now until Dec. 9, when galleries, restaurants, shops, institutions, etc., in the Lower Dauphin Arts District open their doors for a family-friendly evening of exhibitions and entertainment by area artists.

For more information, visit http://www.facebook.com/LODAartwalk.

#### Jasmine Hill Gardens

Jasmine Hill Gardens and Outdoor Museum features over 20 acres of year-round floral beauty and classical sculpture, including a new statuary honoring Olympic heroes. People are invited to take a stroll through the outdoor gardens and experience flowers blooming throughout each season. Tours are available for groups of 20 or more.

For more information, call 334-263-5713 or visit www. jasminehill.org/. Jasmine Hill Gardens and Outdoor Museum is located at 3001 Jasmine Hill Road, Wetumpka.

#### Religious **Services**

#### **WORSHIP SERVICES**

Except as noted, all services Sunday

Headquarters Chapel, **Building 109** 8 a.m. Traditional Protestant Service

#### Main Post Chapel, Build-

9 a.m. Catholic Mass Sunday 11 a.m. Collective Protestant Service

12:05 p.m. Catholic Mass (Tuesday - Friday) 4 p.m. Catholic Confessions Saturday 5 p.m. Catholic Mass Saturday

#### Wings Chapel, Building

8 a.m. Latter-Day Saints Worship Service 9:30 a.m. Protestant Sunday 10:45 a.m. Wings Crossroads

(Contemporary Worship Protestant Service) 12 p.m. Eckankar Worship Study (4th Sunday)

Spiritual Life Center, **Building 8939** 10:15 a.m. CCD (except during summer months)

#### **BIBLE STUDIES**

Tuesdays **Crossroads Discipleship** (Meal/Bible Study) Wings Chapel, 6:30 p.m.

**Protestant Women of the** Chapel

Wings Chapel, 9 a.m. and

**Adult Bible Study** Spiritual Life Center, 7 p.m.

Wednesdays Catholic Women of the

Wings Chapel, 8:30 a.m.

**Above the Best Bible** Study Yano Hall, 11 a.m.

## Army, Okinawans come together

By Richard L. Rzepka USAG Okinawa

U.S. ARMY GARRISON OKINAWA, Japan — USAG Okinawa Soldiers and hundreds of volunteers from the Okinawa community came together April 3 to beautify the seven sacred sites on Torii Station in preparation for Shimi – a Japanese ceremonial tradition to honor the dead.

Throughout April, Okinawa families will gather at ancestral tombs across the island to pray and celebrate the lives of their deceased loved ones. A key part of the tradition is the cleaning of the tomb and other sacred sites.

Torii Station community relations personnel work closely with the local wards to ensure that these sites are accessible to families and coordinate joint efforts like the sacred site cleanup.

"It's a great opportunity to reach out to the community as a good neighbors and also to keep our installation clean," said Yumiko Uchima, community relations specialist. "Not to mention, those Army volunteers had a chance to learn Okinawan culture and tradition."

Several Soldiers with the Better Opportunities for Single Soldiers program, along with Soldiers and families from the 716th Military Police Battalion, took time on their day off to help clear the hallowed areas from vegetation and debris. A central pillar of the BOSS program is volunteerism, said Sgt. James Turner, BOSS president.

"It was a great opportunity for many Soldiers to interact with local people and build a relationship with the community around the base," Turner said. "Many Soldiers got to see some of the cultural sites located on Torii Station for the first time, and gained a new respect for Okinawan history and culture."

For Turner, being able to give back to the community is an avenue to broaden Soldier's experience while on island.

"It is very important to give Soldiers a chance to give back to their community, showing that



Torii Station community relations personnel work closely with the local wards to ensure that these sites are accessible to families and coordinate joint efforts like the sacred site cleanup.

they want to have an appreciation for the local culture and not just be a bystander during their time here on Okinawa," said Turner.

Torii Station is home to seven sites that are considered sacred by the local community. Village residents honor the Kabiginga and Uka Utakis out of obligation to a water deity, while the Mechinshi and Kumindo sites are dedicated to the male and female deities who built Sobe Village.

Perhaps the most famous Utaki on Torii Station is the Kuragaa spring well, where according to the Akainuko legend, a red-hair dog found the spring during a drought. Throughout the year, visitors come to the spring to pray for the blessing of water.

The Hunukan and Uganhira Utakis serve as the sacred grove of the village hearth deity and the location of the village guardian, respectively.

"We are here to honor and respect those sites to clean-up before Shimi," said Sobe Ward Chief Takashi Ikehara to the assembled volunteers. "It is a great turn out. We have lots of Sobe community members and volunteers from Torii Station joined



Torii Station is home to seven sites that are considered sacred by the local community.

together to clean-up. As Okinawans, we embrace the concept of Yui-Maru (meaning to help each other).

"We should cherish and honor this spirit of Yui-maru concept, so that we can develop our friendship," he said.

USAG Okinawa places a premium on its relationship with its neighbors and appreciates open lines of communication used to forge a solid relationship, according to officials.

"We develop our friendship to create the foundation of trust, we support each other whenever we need some assistance," said Uchima. "We maintain a good relationship with local community - we can solve the issues through open communication."



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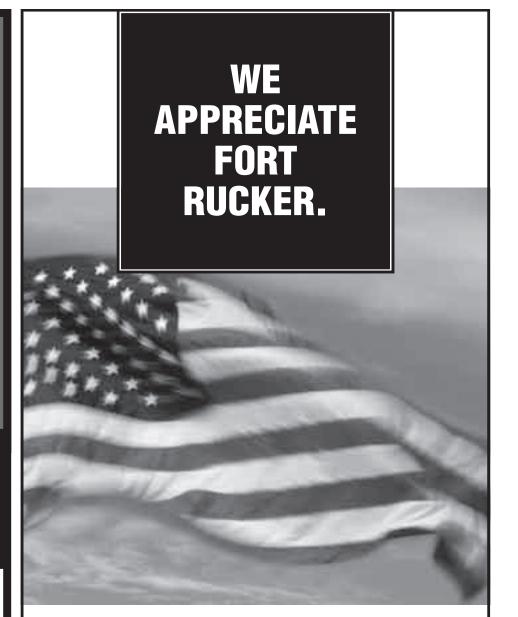
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#### **INVICTUS GAMES**

DOD promotes strength through international collaboration

**Story on Page D3** 

**APRIL 14, 2016** 



By Jenny Stripling Lyster Public Affairs Officer

Soldiers, families and civilians made the most of a sunny afternoon during Fort Rucker's second annual Fit Fest and Safety Stand Down Friday at the festival

Businesses and groups from Fort Rucker and the Wiregrass area offered attendees group games, activities and health information. Among the approximate 55 vendors on site were Medical Center Enterprise, the Directorate of Family, and Morale, Welfare and Recreation, Women's Health Care of Dothan, American Family Care and more.

"This Fit Fest and Commander's Fit Challenge is designed to help improve readiness across the installation, assess health of our Soldiers, provide awareness of community wellness resources and promote team building," said Maj. JoAnne Ward, chief of preventive medicine at Lyster Army Health Clinic.

One of the most interactive events at Fit Fest was Zumba, which got participants moving and grooving.

Heather Rivas and her 3-year-old son, Axel, joined the group for the cardio dance

"This is a great event. Axel especially

loves Zumba," said Rivas. "This is a great event that provides information on health and fitness." Col. Gary Wheeler, commander of Lyster Army Health Clinic, said there are

many different aspects of health besides physical health and Fit Fest focuses on all aspects of quality health including social, family and spiritual health.

"Making sure our Soldiers and their families are safe, healthy and fit directly contributes to health readiness overall," said Wheeler. "Fit Fest is a fun, interactive way to reach out and provide knowledge to our

**Fort Rucker promotes** healthy living with 2nd annual Fit Fest



Soldiers participate in a burpee challenge during Fort Rucker's Fit Fest Friday.

Soldiers and families on ways to improve their health and fitness. Most decisions that people make to stay healthy don't happen in the doctor's office. They happen where people work and live – where they spend the majority of their time."

Wheeler said Fit Fest is just one way for the Fort Rucker community to make a dif-

ference in their health and their family's health. Throughout the entire year, Fort Rucker and Lyster Army Health Clinic offer healthy events, cooking classes and activities such as races, Zumba and yoga.

He encourages everyone at Fort Rucker to continue making good health decisions, even if they are small changes.



Brig. Gen. Erik H. Torring, deputy commanding general of the Regional Health Command - Atlantic, shakes hands with Spc. Molly Woodson, Lyster Army Health Clinic, as Col. Gary Wheeler, commander of the clinic, looks on. Torring visited and toured Lyster, and also the veterinary and dental clinics Monday. The general also presented coins to some of Lyster's outstanding Soldiers,

## TASTES GREAT

#### Chili recipe earns top honors in healthy cooking competition

**By Jenny Stripling** Lyster Public Affairs Officer

Do you smell what Lyster's nutri-

tion care service is cooking? Lyster Army Health Clinic's Nu-

trition Care Service staff cooked up the winning recipe from their Army Performance Triad Healthy Recipe Competition April 6.

In March, the LAHC Nutrition Care Service team conducted a Performance Triad Recipe Competition as part of its National Nutrition Month activities. They received 20 recipe submissions from Soldiers, family members and Army civilians from across Fort Rucker.

All recipes submissions were evaluated based on nutrition content and cost. The top three entries were recognized during a special cooking demonstration held in the LAHC Lifespace Center.

The winner of the competition was Nicole Cannon for her Sweet Potato and Black Bean Chili recipe. She received a new cookware set and had her recipe cooked for everyone in attendance at the cooking demonstra-

"I have four kids and have a passion for cooking, so this was definitely something I knew I wanted to participate in," said Cannon. "I always try to cook healthy and on a budget for my family."

Second place was awarded to Patricia Mathisen, who submitted her Herb and Parmesan Broccoli. Third place went to Staff Sgt. Daniel Abeyta for his Summer Squash and Garbanzo Bean Salad.

"All of the recipes we received were wonderful," said Capt. Angela Green, chief of Lyster's Lifespace Center. "We had a great turnout and hope to continue holding events such as this in the future."

Follow LAHC on Facebook for more information on upcoming healthy cooking demonstrations.



Nicole Cannon receives her first-place prize from Capt. Angela Green, chief of the Lyster Army Health Clinic Lifespace Center.



## **Black Hawk** pilot coaches Men's All-**Army Soccer**

By Kelly P. Morris USAACE Public Affairs

For one Army Aviator, the opportunity to focus on his love of the game of soccer has been a long time coming.

CW4 Michael J. "Josh" Guidry, a Black Hawk maintenance test pilot, was recruited out of high school for college level play, but decided to enlist instead.

After more than 20 years of service, including deployments in support of Operation Iraqi Freedom and Operation Enduring Freedom, he welcomed the chance as a Soldier to focus on sports as Men's All-Army Soccer head coach, beginning with soccer trials at Fort Benning, Georgia, that began Monday.



CW4 Michael J. "Josh" Guidry

"I'm very excited to

have this opportunity and earn some experience," said Guidry. "It shows that Army Aviators can reach for this level and balance, in sports and family."

At Fort Rucker, Guidry serves as a personnel resources analyst for warrant officers for the Aviation Branch. His wife, Capt. Heather Guidry, is also an Army Aviator who currently serves with the 1st Aviation Brigade.

Each year the military services conduct an armed forces championship and this year the Army is the defending champion. The Army team won the gold medal at the 2015 Armed Forces Championship by defeating the Air Force 1-0 in the championship match.

Guidry's job over the next few weeks is to shape the Army's 2016 team. At the soccer trials, 34 Army players are invited to try out to make the All-Army team. From that pool, only 18 will be selected to play against the other branches of military service in the All Armed Forces tournament that starts at Fort Benning May 6.

In the Army trials, Guidry is looking not only to compose the Army team, but also for players who may be chosen to go on to represent the United States on the international playing field.

According to Guidry, after the eight-day round-robin style All Armed Forces tournament, players from across the services will be selected to go on to compete as the U.S. All-Armed Forces team at the international, Conseil International du Sport Militaire level. The average age of players is in their mid-20s and experience levels can range from home-grown experience to Division I college players, players with professional experience.

According to Guidry, choosing the invitees for the Army camp this year from more than 100 applicants was difficult for him and his assistant coach, Staff Sgt. Joshua R. Blodgett.

Earning an invitation to camp makes Soldier athletes

# OWN I'I MI















by Dave T. Phipps



Just Like Cats & Dogs

THE ACCUSED! WHAT'S IT ALL ABOUT? 82 Spread in the dairy section 84 Start over on 85 Totally lost 86 Chrysler line of the 1980s

# Rodriguez

1. MOVIES: What 1989 movie stars a character called "Wild Thing"?

2. GEOGRAPHY: Which two countries occupy the Scandinavian Penin-

3. MATH: How do you write the year 2016 in Roman numerals?

4. ANATOMY: What are the small bones of the middle ear called collectively?

GENERAL KNOWLEDGE: Which company makes the Testarossa

sports car? 6. HISTORY: Who was president of the Confederacy during the American

7. MEASUREMENTS: What is the U.S. equivalent of .45 kilograms?

8. LANGUAGE: In the NATO phonetic alphabet, what is the word for the

9. MUSIC: What is the smallest member of the flute family?

10. FAMOUS QUOTATIONS: What 19th-century humorist once said, "A dog is the only thing on earth that loves you more than you love yourself"?

See Page D4 for this week's answers.

## **Super** Crossword

#### ACROSS

- 1 Gallery events for buying works 9 Acting in a Broadway 59 Bring to
- show, e.g. 16 "High Voltage" rock band 20 Most calm
- 21 Exposed to danger 22 Shift course
- 23 112-Across,
- 25 German river 26 Toothed
- tonsorial tool 27 Punker/folkie DiFranco
- 28 French for "summer" 29 Trample (on)
- 30 112-Across, #2 37 Sidekick
- 39 Olds of old 40 Uplifting
- 41 "Go. toreador!" 42 Ultimatum concluder
- 44 Inedible orange type 46 Son of Adam

20 23

55

89

105

118

121

48 Timber tree 51 112-Across.

#### 55 Ruhr

- org. 57 Former GI 58 Spay, say
- court 60 Lorain's lake 63 Paige of the
- stage 64 112-Across,
- 71 2006-12 Mexican President Calderón 72 Like seams
- room (Ping-Pong place) 74 Make right 75 Nothing
- 77 Skull section 78 Milk: Prefix 83 112-Across,
- 89 UV blockage
- stat 90 All 52 cards 91 Alarm 92 Turn around
- 93 Lemon 94 Be alarmed 95 Tippler's
- hwy. offense Paulo 97 112-Across.

39

#### industrial city

- openings 56 Pro Bowl 106 Place to buy ticts. 107 "Total Recall"
  - director Wiseman 108 "It happens to the best

105 Tiny skin

- 111 Be a drifter 112 This puzzle's
- 118 Price to play 119 1970s cop
- show 120 Mechanic's crowbar
- 121 Not brush off 122 Nothing-butnet sounds

#### 123 Least lenient DOWN

- 1 "Hold on --!" 2 Nevada city
- 3 Ones quivering -Croatian 5 With 6-
- Down, Best Director of 2012 6 See 5-Down 7 Misisipi or
- Nueva York, por ejemplo 8 Wasp wound 9 N-R linkup 10 Modern, in

Germany

33

40

100 101

106

122

- 11 Married Mex. woman 12 Bathroom floor
- installers, often 13 Supreme Court justice
  - Samuel while they're hot!" 15 Joseph who co-founded
  - an ice cream company 16 Indisposed 17 Tabloid topic
  - 18 Prohibit 19 Set of beliefs 24 Espionage
  - org. 29 Fish story 31 Firing crime? 32 Bog plant 33 Kvetch
  - 34 Chisel part 35 Tolls, e.g. 36 Garden implements
  - 37 With 78-Down, seventhcentury pontiff
  - 38 Eros' father 43 Commit
  - perjury 44 Bid Down 45 Pine-Garfunkel 46 Log splitter 47 Comic shtick

- 49 Script unit 50 Present 52 "Move -
- Little Higher 53 Nights of anticipation 54 Verve

48 Ludicrous

- 59 "Isn't -Lovely' 60 Relative of '-speak"
- 61 Sudoku part 62 Place to stay the night 63 And other
- things:
- 64 All upset 65 "Half is better than none'
- 66 Skating area 67 Velocity increases
- 68 Kauai, e.g. 69 Obliterate 70 Lizardlike
- amphibian 71 Web pages for newbies
- 75 "Siberia" network 76 Really pester 77 Shake up
- 78 See 37-79 Singer

81 "So long!"

80 Truce

Frazier 103 Chaps 104 "Baywatch" actress

87 Do field work

88 Santa -

93 Viewed

to be

95 "Shoot!"

features

97 Winfrey of

98 Not a soul

100 "Hogwash!"

101 Fetal homes

102 1970s foe of

99 Packing

box

"Beloved"

94 Blaze

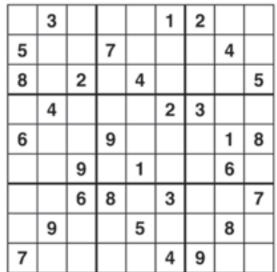
- Gena Lee 109 Aliens' craft 110 Shipped off
- 112 About half of a fluid oz.
- 113 Numerical suffix 114 Noshed
- 115 Repeated syllables in Hey Jude 116 Tantalite.
- e.g. -de-lance

#### 18 34 41 70 rights ₹ 설 Syndicate, 96 Features 107 108 Š 113 114 115 02016 123

See Page D4 for this week's answers.

## Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### DIFFICULTY THIS WEEK: $\star$

★ Moderate ★★ Challenging \* \* \* HOO BOY!

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# KID'S CORNER

Riddle Card 1. Why is coffee like a duff 2. What vine produces 3. Where does Friday come before Thursday? 4. When is a wall like a

FIND THE BIG WORDS! Using the definitions and the anagrams below, you

Answers: 1. Both must be ground before using 2. Bovine 3. In the dictionary, 4. When it is scaled, 5. Th (Tesse).

5. Can you spell annoy with

only one letter?

SEE IF YOU CAN make this math expression correct by adding two plus signs and two minus signs between certain numbers. 123456789=100 2001 = 8 - 8 + 13 - 59 + 651 :HHMMA

CHAIN REACTION! Take the seven letters printed below our diagram and place them in the circles so that eight fourletter words can be read, top to bottom, along the connecting lines. All the words will begin with the letter in the top

Annual Top to bottom, left to right Meid, meil, meil, mein, meil, meil,



Businated by David Coulson

the word asked for. ANAGRAM: DEFINITION: A flat container Straight, direct courses. The biggest wrestler.

must find the eight

eight-letter words

that fit into the framework pio-

pole + even lies + been fees + bite Lurched while in motion. race + need 5. To deprive of strength. been + feel What everyone loves. seer + beef Evaded an obligation sale + weed To make longer.

tured on the left. For each definition,

the letters in the two anagram words

must be unscrambled and used to form

#### Wishing 🏝 Well® В G R N 8 5 3 8 3 8 3 F Ε D 0 w o o D м

3 5 3 5 3 7 2 2 5 U E G 0 0 S 6 3 8 5 2 8 2 6 8 0 0 0 8 5 4 6 3 Ε 3 4 8 2 5 8 Ε Х R D S 5 6 4 6 6 5 4 PFCFEREAIDSLE

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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## DOD promotes strength through international collaboration

**Department of Defense News** *Staff Report* 

WASHINGTON — In less than a month, a team of 115 active-duty and veteran athletes will represent the United States at the 2016 Invictus Games in Orlando, Florida.

The Invictus Games are an international sporting competition for wounded, ill and injured service members.

DOD's participation in this year's games is the continuation of an ongoing effort to build and maintain an international coalition dedicated to developing effective programs and policies for the 21st-century warrior, said James Rodriguez, the deputy assistant secretary of defense for warrior care policy.

This commitment to collaboration was most recently on display during the Warrior Care in the 21st Century Symposium held in Bethesda, Maryland, at the Uniformed Services University of the Health Sciences Oct. 20-22, he said. Thirteen nations joined DOD at the symposium for multilateral discussions on topics covering



AIR FORCE PHOTO BY SENIOR AIRMAN JUSTYN FREEMAN

U.S. Marine Corps Sgt. Lakin Booker, right, the gold medalist in the women's lightweight powerlifting event, and British Royal Navy weapons engineer Mickaela Richards, the silver medalist, pose for a photo during the 2014 Invictus Games at Queen Elizabeth Olympic Park in London Sept. 14, 2014.

readiness, recovery, rehabilitation, reintegration and post-military support.

The symposium built upon conversations that began with the United States-United Kingdom Task Force Working Group and the 2014 Recovery Summit, in which 27 nations came together to share best practices, lessons learned and fact-based evidence gathered on

warrior care during the previous 14 years of sustained conflicts.

Rodriguez said much of the driving force behind this international collaboration on warrior care can be traced to the 2013 Warrior Games, an adaptive sports competition for U.S. military athletes originally hosted by the United States Olympic Committee in Colorado Springs, Colorado.

Britain's Prince Harry visited the games with a team of athletes from the U.K. armed forces, which inspired him to help create an international sporting competition for warrior-athletes, the Invictus Games. The inaugural games – held in 2014 in London – marked the first coming together for many nations to collaborate and mutually support wounded, ill and injured service members and veterans, Rodriguez said.

#### **Sharing lessons learned**

"Invictus Games promotes best practices," said Dr. Jonathan Woodson, assistant secretary of defense for health affairs, during his opening remarks at the Warrior Care in the 21st Century Symposium. "When we bring together many nations in support of warrior-athletes, we are also providing opportunities for medical professionals, care coordinators, caregivers, family members, and other support staff to collaborate and learn from one another."

"We learned during the inaugural Invictus Games and the 2014

Recovery Summit that there is an enduring need on the part of many nations to share best practices and lessons learned," Rodriguez said. "We must establish a common research agenda to maximize data and funding, and identify workable solutions to long term warrior care issues."

Invictus Games 2016, scheduled for May 6-12, will present the next formal opportunity for international collaboration between the 15 countries scheduled to participate, he said.

However, Rodriguez noted, the work done over previous years to construct an international coalition means the dialogue and sharing of information isn't limited to structured events.

"Relationships developed during the past few years allow all participating nations to maintain an ongoing dialogue on common challenges," he said, "determining what's necessary to enhance and develop meaningful and measureable solutions for our wounded, ill and injured service members and their families."

## Soldier, 2-time Olympian passes torch to younger brother

**By Gary Sheftick** *Army News Service* 

(Editor's note: Tim Hipps, U.S. Army Installation Management Command Public Affairs, contributed to this article.)

IOWA CITY, Iowa — On the same day that his two-time Olympian brother, Sgt. Spenser Mango, left his wrestling shoes on the mat and retired from competition, Sgt. Ryan Mango qualified for the U.S. National Team.

It took a decisive win in his first round and another in his last against the same New York Athletic Club grappler, Nikko Triggas, for Ryan to take third place in the 59-kilogram Greco-Roman wrestling competition of the U.S. Olympic Team Trials Saturday at Carver-Hawkeye Arena in Iowa City

It wasn't quite enough to get him to Rio de Janeiro, but the top three finishers in each weight class qualified for the U.S. National Team, where they will help train U.S. Olympians and compete in other international matches.

Ryan's older brother, Spenser, has represented the USA in world championships every year since 2008 when he first went to the Olympics. Spenser has dominated the lower weight classes of Greco Roman wrestling in the USA for almost a decade, winning seven U.S. Open championships.

If Spenser would have continued in the tournament this weekend, the two Army brothers would have likely faced each other, and that has never happened in competition.

"We actually slipped by – we never wrestled each other," Ryan said. "We saved my mother some grief. She's up in the stands and she (was) nervous we might wrestle."

Instead, older brother Spenser lost to New York Athletic Club's Jesse Thielke in the second round of competition. Thielke went on to win the weight class and earn the right to represent Team USA in the Olympics.

"I knew this was going to be my last year," Spenser said.

## Soccer

Continued from Page D1

set apart and includes an ambassadorial role, and multiple returning players this year have competed up to the CISM level in the past, Guidry said.

"All-Army Sports is a great opportunity because it supports Soldier readiness and well-being through athletic performance, military bearing and competitive spirit," said Tony Poore, a sports specialist for Army Morale, Welfare and Recreation who manages the day-to-day operations of All Army Sports programs.

Poore, who selected Guidry for the head soccer coach position, said Guidry's coaching philosophy and experience are exemplary.

"His professionalism is very evident and he values that the Soldier-athletes coming to camp are ambassadors for the sport of soccer back at their duty stations and the Army as a whole," said Poore.

Guidry's experience is highly sought after in a Soldier who will lead the Army team, according to Poore.

Guidry's background includes being a player and coach at a number of institutions, including building varsity programs at Fort Hood, Texas, and in Korea. During a tour in the Washington, D.C., area, he was able to train with men's premiere amateur teams and minor league clubs, and was exposed to professional coaching and soccer there, according to Guidry.

Throughout his military career that includes service in the Air Force and Army, he has coached, played and captained varsity soccer teams, and volunteered to coach youth camps and clubs.

In the "old days," (before the War on Terror), varsity teams were post-sponsored all-star teams, Guidry explained.

While at Fort Rucker, Guidry has continued to work towards achieving a Class C coaching license, and volunteered to coach boys soccer for a youth sports club in Dothan. In the future, he hopes to teach and coach.

For more information on the All Army Sports Program, visit www.allarmysports.armymwr.com. People can follow All-Army Sports at twitter.com/armyathlete and facebook.com/TheAllArmySports.

"I didn't think this was going to be my last day – so this one hurts."

"I guess it's inevitable for any athlete," he said. "You can't do it forever."

Younger brother Ryan, 25, said "It's tough, you know. It's maybe the second time I've ever seen him lose in his weight class since 2007 in the U.S."

It was the first Olympic trials for Ryan, five years Spens-

er's junior. In 2012, Ryan was wrestling for Stanford University as a two-time NCAA All-American. He enlisted in the Army last year and became an 88M motor transport operator before joining the service's World Class Athlete Program.

Going into his first match of the Olympic qualifier, Ryan said he was on his guard because Triggas had bested him in the U.S. Open during December in Las Vegas.

"He's got some funky stuff," Ryan said of Triggas, whom he ended up beating 8-0 after a gut-wrench and throw.

Then he lost an 8-4 decision to Army teammate Spc. Ildar Hafizov, who went on to the finals.

Ryan had to face Triggas again in the semi-final match for third place. After a series of challenges following a takedown, Ryan again won decisively, 16-7.

Also qualifying Saturday for the U.S. National Team was Hafizov, who placed second in the same weight class; and Sgt. Caylor Williams, who took second place in the 98-kilogram class of Greco-Roman wrestling, and Sgt. Randi Miller



PHOTO BY GARY SHEFTICK

Sgt. Ryan Mango (red) throws Nikko Triggs of the New York Athletic Club, en route to an 8-0 win in the first round of 59kg Greco-Roman competition in the USA Olympic Team Trials for wrestling Saturday at Carver-Hawkeye Arena, Iowa City, Iowa.

who took third in the 69-kilogram women's freestyle division. Sgt. Whitney Conder qualified for the U.S. National Team, April 10, by taking second place in the 53-kilogram women's freestyle division. Williams, Hafizov and Conder will be alternates on Team USA for the Olympics.









## PUZZLE ANSWERS

Answers

ARTSALES ONSTAGE ACCCC
SERENESTIPERILED VEER
ENERGETICQUALITYEELBE
COMBAANI CQUALITYEELBE
COMBAANI CANTICOMBAANI CQUALITYEELBE
COMBAANI CANTICOMBAANI CQUALITYEELBE
COMBAANI CANTICOMBAANI CQUALITYEELBE
COMBAANI CANTICOMBAANI COMBAANI COMBAA

— Weekly SUDOKU Answer

Pilowei											
	9	3	4	5	8	1	2	7	6		
	5	6	1	7	2	9	8	4	3		
	8	7	2	3	4	6	1	9	5		
	1	4	8	6	7	2	3	5	9		
	6	2	7	9	3	5	4	1	8		
	3	5	9	4	1	8	7	6	2		
	4	1	6	8	9	3	5	2	7		
	2	9	3	1	5	7	6	8	4		
	7	8	5	2	6	4	9	3	1		

#### TRIVIA

Asswers

- 1, "Major League" 2. Norway and Sweden 3. MMXVI 4. Ossieles
- 6. Jefferson Davis 7. I pound 8. Exho

S. Farrari

8. Exho 9. Piccolo 10. Josh Hillings

## **SPORTS BRIEFS**

#### Trip to Tough Mudder

MWR Central will host a trip to the Tough Mudder in Fairburn, Georgia May 6. The trip will depart Fort Rucker May 6 and travel to Georgia to stay the night in the hotel. In the morning, participants will check out and travel to the Tough Mudder. Prices for the trip are based on people per room, and include transportation, hotel accommodations and entry to the Tough Mudder. The Tough Mudder is a teamoriented 10-12 mile obstacle course designed to test physical strength and mental grit, according to organizers. Tough Mudder puts camaraderie over where people finish and is not a timed race, but a team challenge that allows participants to experience exhilarating, yet safe, world-class obstacles. This race features a sprawling, diverse landscape that will take participants up and down rolling hills and wooded trails, in and out of bodies of water, and up and over new obstacles.

The deadline to register for the race is Friday. To sign up, stop by MWR Central in Bldg. 5700 or call 255-2997.

#### SWGC Demo Dav

Silver Wings Golf Course will host its Demo Day Saturday from 9 a.m. to 2 p.m. Attendees will be able to experience the latest and greatest in golf club equipment, according to SWGC officials. Golfers will be able to test out the performance of the latest golf equipment offerings from major golf

manufacturers. The event is open to the public and non-members.

For more information, call 598-2449.

#### Lifeguard courses

Lifeguarding courses will be held at the Fort Rucker Physical Fitness Center April 23-24 from 8 a.m. to 5 p.m. The course is open to people ages 15 and up, and costs \$125 for military and Department of Defense ID card holders, and \$150 for members of the general public. A prerequisite test on the first day must be passed to enter the course. People may register at the front desk of the Fort Rucker PFC. The cutoff for registration is three days prior to course start date. Class may be canceled if minimum enrollment is not met.

For more information, call 255-2296.

#### Youth fishing tournament

Fort Rucker Outdoor Recreation will host a youth fishing tournament Saturday from 7 a.m. to noon at Parcours Lake. This event is open to the public for youth ages 3-15. Entry fee is \$15. Live bait is permitted, but no minnows. Prizes will be awarded to first-third place winners. Bait, snacks and a few fishing gear items will be available for purchase the morning of the event. People can register at ODR or MWR Central.

For more information, call ODR at 255-4305 or MWR Central at 255-2997.





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GEICO Local Office

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