



You Can Complete YOUR Initial Counseling via the Virtual Center



STEP 1: Visit *www.sfl-tap.army.mil* to complete your Preseparation Briefing (required before Initial Counseling).

STEP 2: Click "**LOG-IN**" in the top right corner of the website.

STEP 3: Use your CAC or DS LOGON to access the site.

STEP 4: Follow the prompts. If you have questions, contact the Virtual Center.

STEP 5: Complete the Preseparation Briefing.

STEP 6: Call the Virtual Center to schedule your Initial Counseling at 1-800-325-4715. A counselor will give you more information about the transition process and schedule a time to complete your Initial Counseling over the phone.