



Every Wednesday
10-11:30am @ ACS

Army Community Service • 7264 Normandy Drive
No group held on federal holidays • Check schedule at facebook.com/rileyacs



Don't just survive ... thrive!



Infant Group: Pregnancy-12 months
Meet and support other new moms; talk about crying, feeding, poop and sleep. Learn to care for yourself and your baby!

Toddler Group: 13-24 months
Structured playgroup including story time, songs and activities, plus social time for mom!

INFO: New Parent Support
785.239.9435

