



FRG TEAM BUILDING ACTIVITIES



Arts and Crafts (785) 239-9205

- Adult Art
- Matting and Framing
- Ceramic and Pottery- price varies
- General Crafting Area- \$3 per hour usage
- Parent/Child Drop in Craft- \$3 per child

Leisure Travel Tickets (785) 239-5614

- Ski Trips/Lift tickets- Colorado- price based on inclusions and dates
- Great Wolf Lodge in Kansas City- prices based dates and room type
- Salina Event Center- Harlem Globetrotters Feb 4th, Toughest Monster Trucks Feb 16th
- KC Chiefs games- Playoffs \$82-\$105
- Topeka Kansas Expo Center- Cirque du Soliel Corteo April 18-21st- prices vary
- Worlds of Fun-Winterfest- \$23
- Local Zoos- prices vary
- B&B Theater- discounted gift cards

Outdoor Recreation (785) 239-2363

- Odyssey High Ropes Course: \$26 per person (pp) -Full experience with Hydraulic Zipline
- Zip Lining (Outdoor Adventure Park): \$14pp (2 trips/10 person max per session or 1.5HR/Gear, Ground School included)
- Locked Manhattan (Escape Room) \$17.85pp (Transportation not included)
- Family Obstacle course (children must be 48" tall to participate): \$5pp (13 ppl max per session/2Hr/Gear and Ground School included)
- Wildwood Outdoor Adventure Zip Line; \$60.75pp (Group rate) (Transportation not included)
- ATV Riding (Riders must be 16+ with active driver's license): \$30pp (2Hr Session includes intro, safety brief, two trail rides)
- Paintball: \$30pp (2Hr Session includes gear, air and 200 paintballs. Additional paintballs can be purchased at \$45 per Box)
- Bubble Soccer (Adults only-we do not have child size bubbles): \$10pp or \$40 per team of 5
- Archery: \$7pp includes equipment (single day)
- Disk Golf and Foot Golf: \$7pp includes equipment (single day use)
- Stand Up Paddle Boarding: \$12pp on post or \$22pp off post (Max Class size of 10, price includes transportation)
- Team Challenge Course (Outdoor Adventure Park): \$10pp (prices decrease with the larger the group) (2 HR time limit)
- iFly Indoor Sky Diving: \$50pp (includes transportation, intro flight school)
- IBEX (Climbing Gym in Kansas City) \$35pp or \$25pp (group rate for 10+) Includes Equipment and Instruction
- Junction City Athletic Training Facility (Dodgeball and other activities): \$5pp
- Canoeing/Kayaking: \$12pp (includes equipment and transportation)
- Snow Creek Skiing (Mid December - 1st weekend of March): \$55pp (ages 13+, \$45pp (ages 5-12) or \$35 (ages 4 & under) Prices include lift tickets, rental equipment and transportation)

Free and Low Cost Ideas (Only limited by imagination):

- Board Games
- Scavenger Hunt
- Classes and Workshops at ACS
- Murder Mystery Night
- Chef Cooking Lessons
- Countries and Culture – International Potluck
- Wild West Night
- Game Night
- Hollywood Night
- Luau
- Mardi Gras
- Roaring 20s Party
- Sci-Fi
- Single Soldier Birthday Party (with cake or cupcakes at end of day formation)
- Sock Hop
- Super Heroes
- T.V. Mash Party
- Wine and Cheese event
- Karaoke Night
- Talent Contest
- Photo Contest
- Silent Auction with “re-gifted items
- Texas Hold'em Tournament (no money)
- Chili Cook-off