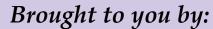




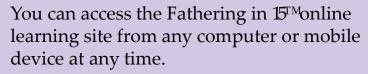


Fathering in 15™:

An online learning experience made just for Dads!



ARMY COMMUNITY SERVICE / FAMILY ADVOCACY PROGRAM



For information contact the Family Advocacy Program at (785) 239-9435

usarmy.riley.imcom.mbx.acs@mail.mil





Don't delay, become the best Dad you can be today!



Fathering in 15™ is an interactive, online tool that helps men build the knowledge and skills they need to be the best dads they can be anytime, anywhere.

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Fathering in 15[™] is an interactive program that helps Dads build the skills to become better dads. Fathering in 15[™] takes Dads through 15 interactive, engaging topics.

Topics Covered

- Family History
- Being a Man and Dad
- Handling Emotions
- Grief and Loss
- Your Health
- ❖ You and Mom
- ❖ Talking with Mom
- Co-Parenting

- **❖** Fathering Skills
- Child Development
- Child Discipline
- Sexuality
- Intimacy
- ❖ Work-Family Balance
- Managing Money





https://www.fatherhood.org/fatherhood/the-future-of-father-engagement



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