

## There's a NEW Fatherhood Resource in Town

### Fathering in 15™:

An online learning experience made just for Dads!

*Brought to you by:*

ARMY COMMUNITY SERVICE / FAMILY ADVOCACY PROGRAM

You can access the Fathering in 15™ online learning site from any computer or mobile device at any time.

*For information contact the Family Advocacy Program at (785) 239-9435*

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**Don't delay,  
become the best Dad  
you can be today!**

**National  
Fatherhood  
Initiative®**

Fathering in 15™ is an interactive, online tool that helps men build the knowledge and skills they need to be the best dads they can be anytime, anywhere.



*Disclaimer: This document does not constitute endorsement by Fort Riley, Kansas or 1<sup>st</sup> Infantry Division, United States Army, of the web sites, or the information, products or services contained therein. Fort Riley and 1<sup>st</sup> Infantry Division, United States Army does not exercise any editorial control over the information you may find at these locations. The point of contact for and event and/or to verify information to include date, time, location, registration and any fees can be obtained by information provided in this document or through the link. "Some links may not work on government computers."*

**Fathering in 15™ is an interactive program that helps Dads build the skills to become better dads. Fathering in 15™ takes Dads through 15 interactive, engaging topics.**

### **Topics Covered**

- ❖ Family History
- ❖ Being a Man and Dad
- ❖ Handling Emotions
- ❖ Grief and Loss
- ❖ Your Health
- ❖ You and Mom
- ❖ Talking with Mom
- ❖ Co-Parenting
- ❖ Fathering Skills
- ❖ Child Development
- ❖ Child Discipline
- ❖ Sexuality
- ❖ Intimacy
- ❖ Work-Family Balance
- ❖ Managing Money



15 Topics.  
15 Minutes Each.  
Become the Best  
Dad You Can Be.

<https://www.fatherhood.org/fatherhood/the-future-of-father-engagement>



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