Link Up Plan

Emergencies can occur at any time. Do you know how link up with your family if you are not together?

⇒ Local:
  • Select easily recognizable primary and alternate meeting spots near home.
  • Also consider points near schools, sports field, or other frequented locations.
  • Look for rally points that offer additional protection, such as walls, trees, and barriers.
  • Make sure everyone in the family knows where to go and what to do, and share the plan with a trusted neighbor.
  • Draw a map and discuss with family members.

 ⇒ Traveling: Identify local safe havens. Think about places that provide some additional security and safety, such as:
  • Hospitals
  • Police stations
  • Red Cross or local equivalent locations
    • Embassies
    • Protected hotels
    • Military bases
    • Industrial/commercial locations with security

Set Rally Points

Family Rally Point (protected stairs) 1 block north of the hotel

Pre-Departure

⇒ Use the internet and mapping functions to research the security environment and identify potential safe havens such as police stations.
⇒ Know emergency, law enforcement and Embassy phone numbers.
⇒ Always have an escape plan in the event you find yourself in a bad situation.
⇒ Establish alternative methods to contact family, friends, and unit personnel. Consider phones, social media, email, and other third-party apps.
⇒ Discuss security plans with your family and other travelers.
⇒ Learn key phrases in the local language

Communications Plan

Establish an easily understood communication plan.

⇒ Local:
  • Your family may not be together when a disaster or emergency strikes—plan how to contact one another and review your action in different situations.
  • Consider a plan where family members call or e-mail the same friend/relative in an emergency.
  • Ready.gov provides some excellent examples.
  • Check out https://www.ready.gov/make-a-plan

⇒ Traveling:
  • Create a quick reference/contact card.
  • Ensure all members have access to the card and understand how to use it. The below card is an example; tailor your card to your situation.
  • Program cell phones with emergency information.

<table>
<thead>
<tr>
<th>Name</th>
<th>Information</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Emergency</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Police Emergency</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fire (and other) Emergencies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>U.S. Embassy Emergency after Hours</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Army Strong! Strong Europe!

Travel Guidance and Individual Protective Measures Guide

This guide provides general location/activity-based tips. It is important to tailor protective measures to your situation.

Your protection begins with you!

USAREUR
Antiterrorism Division
DSN: 537-3130/3126/3132
COMM: +49(0)611-143-537-3130
As of: 15 December 2018
Pre-incident/event:
- Stay vigilant and situationally aware.
- Report suspicious activity, unattended bags, or anything outside of the norm.
- Avoid high traffic/peak visiting times.
- Avoid locations which restrict or limit your movement and ability to exit the venue quickly.
- Remain especially observant near pedestrian entry and exit points.
- Don’t stay near controlled entrances where crowds gather and be extra vigilant when moving through.
- Do not loiter in areas accessible to large vehicles.
- Know where emergency evacuation points are located and establish predetermined family/group rally points.
- Identify closest exit point to your specific location.
- Locate other exit points and have an escape plan.
- Active Shooter response is Run, Hide, Fight!
- Move away from incidents, seek cover, and avoid panicked crowds.
- If an attack occurs and you are in a safe area, attempt to communicate with responders electronically.

Post incident/event:
- Do not move toward responders unless directed.
- Remain calm and follow security/responder directions.
- Be prepared to answer security/first responder questions.
- Exit the location as quickly as possible, keeping in mind the security environment.
- Secure personal identification documents and have them readily available if the need should arise.
- Remember where predetermined family/group rally points are located.
- Help others when appropriate.
- Ensure responders/medical personnel know your nationality, if appropriate.
- Notify embassy/consulate/unit/family members of your situation and condition as appropriate.

Returning home
- Remain vigilant and situationally aware.
- Update chain of command, legal, or law enforcement as required.
- Provide lessons learned to chain of command.

Airport Security-Departures:
- Arrive early to avoid rushing, but not so early you are waiting for long periods.
- Proceed immediately to ticket/check-in and then directly to and through security screening to minimize exposure in insecure areas.
- Keep watch for and report suspicious activity or unattended bags.
- Avoid broadcasting your DoD affiliation.
- Once onboard, remember AT LVL I training: avoid aisle seats and choose window seats if at all possible.
- Stay aware of emergency escape exit points.

Minimize your exposure!
Airports and other mass-transportation hubs are attractive targets for terrorism and difficult to secure.

Airport Security-Arrivals:
- Retrieve luggage and proceed quickly out of the terminal.
- If necessary, wait for transportation in less congested areas near a visible police presence.
- Consider not using public mass-transit. When using public transportation such as buses and trains, remember AT LVL I training: choose aisle seats which may provide shelter from external threats.
- Use embassy, locally approved, or reputable ground transportation. Do not use unmarked transportation vehicles or ride shares.

Individual Protective Measures for All Trips
- Travel in small groups and vary routes/times.
- Let your unit, coworker, family, and/or battle buddy know where you’re going and your expected return.
- Be inconspicuous and don’t wear clothing with US or DoD affiliation. Avoid talking loudly or drawing attention to yourself. Remove any DoD or US affiliated stickers from your vehicle.
- Be aware of your surroundings and potential safe havens (i.e., police station, hospital).
- Avoid gatherings or demonstrations and depart if one is encountered.
- Know emergency numbers and other important numbers (i.e., nearest US Consulate). When possible, carry a cell phone and preprogram emergency numbers.
- Monitor available media, including news and government websites, and social networking sites (such as “Stay Safe Antiterrorism” on Facebook) for information while traveling.
  https://www.facebook.com/StaySafeAntiterrorism
- Be cautious in high risk areas such as hotel lobbies, nightclubs, and other public places (i.e., sporting arenas) where attacks may occur. Be aware of egress points in the event of an attack.
- Register with State Department’s Smart Traveler Enrollment Program to receive alerts and messages for your duty station and travel destinations.
  https://step.state.gov/step

Threat Situation
It is necessary to have an understanding of the threat situation to guide your individual protection efforts. Visit
http://www.eur.army.mil/StaySafe/ and