



Baumholder Community Townhall, 19 Mar 2024

☆☆☆☆ WE ARE THE ARMY'S HOME ☆☆☆☆





- Garrison Commander Opening Remarks
- Soccer Team Presentation
- Basketball Team Presentation
- Spouse Award Presentation (DGM)
- Directorate of Human Resources
- Directorate of Emergency Services
- Directorate of Family, Morale, Welfare and Recreation
- Directorate of Public Works
- AAFES
- Baumholder Health Clinic
- Armed Services Blood Program
- Religious Service
- Baumholder Spouses Club
- USO
- DODEA
- DeCA
- Closing Remarks





Opening Remarks



USAG Rheinland-Pfalz Town Hall

Soccer Team Presentation



Baumholder Men's Soccer Team

- ***2022 IMCOM Europe Champions***
- ***2024 7v7 Indoor Champions***
- ***2022 - 2024 European Defender's Cup Qualifiers***



USAG Rheinland-Pfalz Town Hall

Basketball Team Presentation



44th ESB-E / HHC, USAG-RP Men's Basketball Team

- 2023 IMCOM Europe Unit Level Runner-up
- 2024 Baumholder Unit Level Champions
- 2024 IMCOM Europe Unit Level Champions



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Spouse Award Presentation



Public Service
Commendation Medal
Awarded to:
Mrs. Andy Bardas





Current Project

IMCOM-E is finalizing a contract to procure Intelligent Mail Lockers. Projected date of installation is July 2024.



**24/7
access**



Baumholder will receive two banks of lockers. Each bank of lockers is made up of 92 individual compartments of varying size





Adjustment in Operational Hours

Effective 15 Apr 24, Operational hours for postal services across the entire USAG-RP footprint are being adjusted to enhance efficiency and maintain quality service for all patrons within the USAG-RP community. Customers are encouraged to utilize any of the finance windows available for mailing packages. We appreciate your patience and understanding during this transition period.



BAUMHOLDER POST OFFICE

PARCEL PICK-UP
MON-FRI: 1100-1730
FINANCE WINDOW
M, T, TH, F: 1000-1500
WED: 1000-1600



LANDSTUHL POST OFFICE

PARCEL PICK-UP
MON-FRI: 1100-1730
FINANCE WINDOW
M, W, F: 1000-1500



ROB POST OFFICE

PARCEL PICK-UP
MON-FRI: 1100-1730
FINANCE WINDOW
M, T, TH: 1000-1500



SEMBACH POST OFFICE

PARCEL PICK-UP
MON-FRI: 1100-1730
FINANCE WINDOW
M, T, F: 1000-1500



GERMERSHEIM POST OFFICE

PARCEL PICK-UP
MON-FRI: 1100-1300
FINANCE WINDOW
TUE/THU: 1000-1500



KLEBER POST OFFICE

PARCEL PICK-UP
MON-FRI: 1100-1730
FINANCE WINDOW
M, W, F: 1000-1500



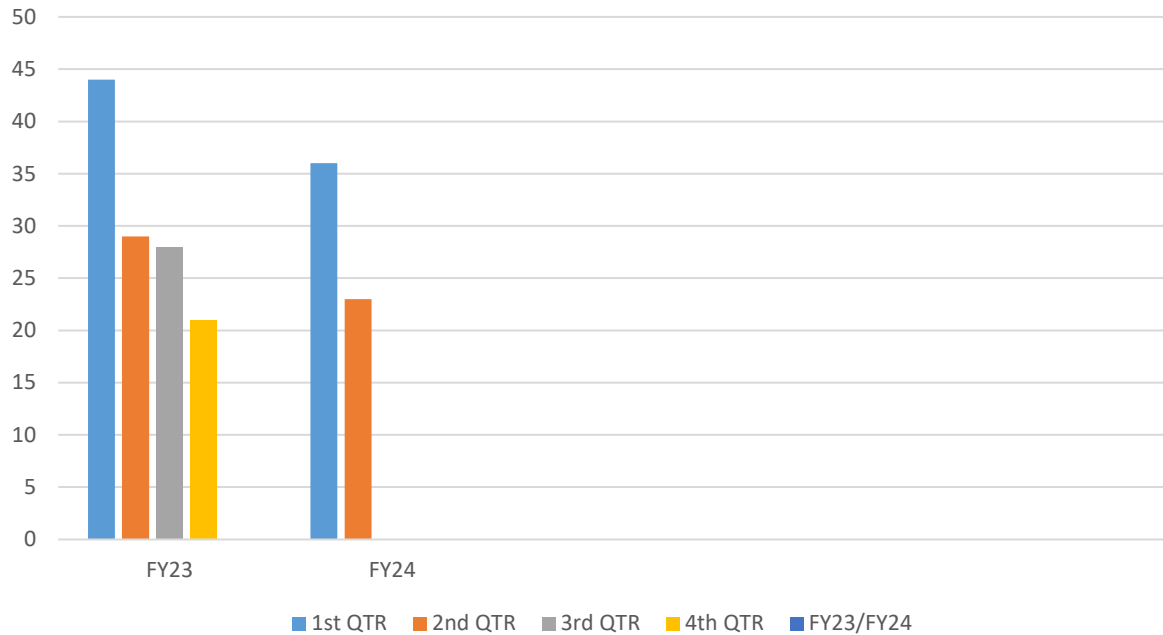


Alcohol Related Incidents

Bottom line up front: DUI incidents in USAG RP have been trending downward, with a total of 181 DUIs from FY23 to present, peaking in FY23 1st QTR with an average of 44 DUIs, and decrease in FY24 between 1st and 2nd QTR

Trend analysis

- FY23 1st Quarter: Total of 44
2nd Quarter: Total of 29
3rd Quarter: Total of 28
4th Quarter: Total of 21
- FY24 1st Quarter: Total of 36
2nd Quarter: Total of 23



We started FY23 with a high of 44 incidents in the 1st quarter and ended with 21 in the 4th quarter. This downward trend continues into FY24, with the 1st quarter reporting 36 incidents and the 2nd quarter further down to 23. The data suggests effective measures are in place to reduce alcohol-related incidents. 90% of the DUIs from BMC personnel are happening in the KMC area.

Note: To continue supporting our efforts to mitigate alcohol related incidents, **Safety Check Points will now be conducted at random by the K Town and BMC LED.**

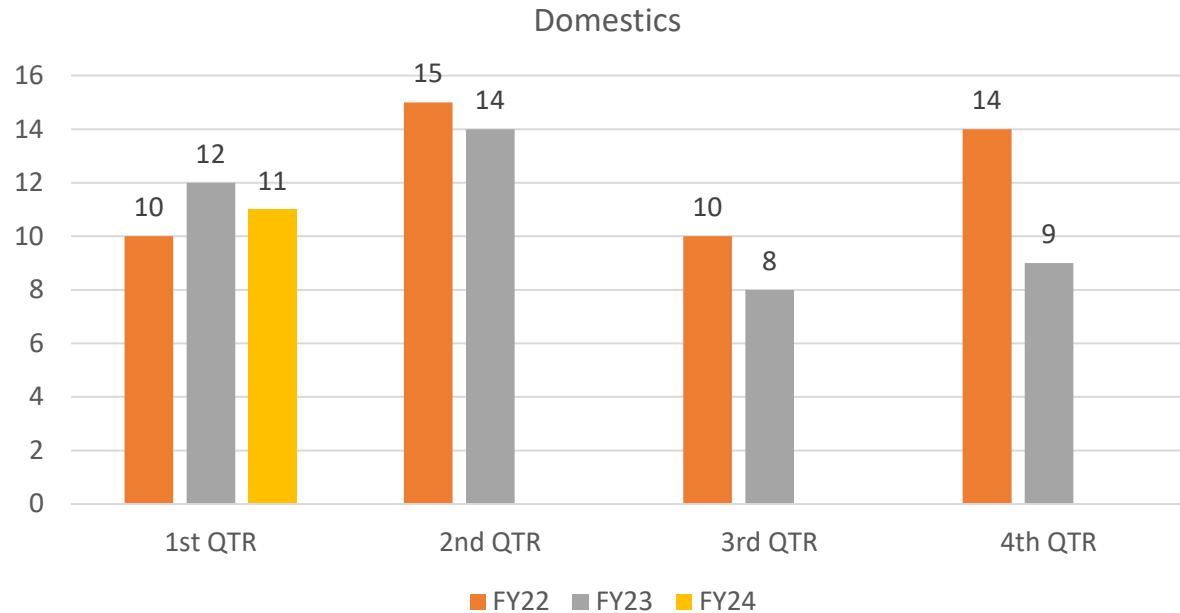


Domestics Incidents

Bottom line up front: Larceny incidents in USAG RP have increased over the past three fiscal years.

Trend analysis

- FY22: Total of 49 domestic incidents, with the highest number of incidents (15) occurring in the 2nd QTR
- FY23: Total of 43 domestic incidents, with the highest number of incidents (14) occurring in the 2nd QTR
- FY24 Q1: Total of 11 domestic incidents, this is the average of 1st QTR FY22 and FY23
- ❖ The total percentage of domestics decreased by 12% from FY22 to FY23.
- ❖ January – March has the highest number of domestics



2nd QTR of the FYs tends to have the highest number of domestic incidents. 2nd QTR FY22 (15) and 2nd QTR FY23 (14). Note: Based on the 2nd QTR of FY22 and FY23 we expect to see a slight increase of domestics in 2nd QTR FY24.

Factor

- End of holiday season
- End of winter/lack of sunlight
- Lack of outdoor activities





Emergency Services

Speed Enforcement



Speed enforcement is crucial in the Baumholder Military community, especially in housing and school zones where speeding incidents are prevalent. Lower speed limits in these areas not only enhance road safety but also improve the overall quality of life for community members. Current measures, such as increased patrols and radar enforcement, are already in place, resulting in citations being recorded in the ALERTS system and notifying senior leadership. To further improve speed enforcement, we are considering implementing a points system that deducts points from drivers' licenses for citations and repeat offenders may face license suspension as per AER 190-1. It is essential for all community members to actively participate and maintain speed discipline. Together, let's make Baumholder a safer place for everyone.

Enhanced Security Pedestrian Gate (ESPG) Update

2 New ESGP at BMC (Medical Compound) and Smith Barracks were installed on 1 Mar 24.

The recently installed ESGP walk-in gates have been put into operation, but they are currently experiencing some connection issues and are not functioning at full capacity during. The technicians are currently working diligently to resolve these issues and ensure that the system is operating at 100% capacity.

We sincerely apologize for any inconvenience caused to the community and understand the significance of the ESGP gates in daily use.





✓DFMWR News

- **Hourly Care Available** - \$8 per hour at all CDC and SAC locations
- **Wetzel CDC Renovation in 2024**
- **Youth (16-17 years of Age) Use of Physical Fitness Centers**

✓Upcoming Programs and Events

- **22 Mar:** CYS Closed for Quarterly Training
- **29 Mar:** Late Night Basketball, 2100-2300, Hall of Champions
- **31 Mar:** Easter Brunch, 1100-1500, Rheinlander
- **03 Apr:** CYS Hiring Fair, 1000-1300, Baumholder Java Café
- **04 Apr:** Gold Star Spouse Recognition Ceremony, 1000-1100, Minick Field
- **5-7 Apr / 12-14 Apr:** Youth Production of *"The Adventures of Mr. Toad"*, KCAC Daenner
- **06 Apr:** April Fools Community Fun Run, 0900, ROB
- **13 Apr:** Month of the Military Child Fest (Partnership with Air Force), 1000-1400, RAB
- **19 Apr:** Annual Volunteer Recognition Ceremony, 1800-2000, Rheinlander
- **20 Apr:** Golf Tournament (4-person team), 1000, Rolling Hills Golf Course
- **04 May:** Color Fun Run, 0900, Hall of Champions

For more information visit: kaiserslautern.armymwr.com or baumholder.armymwr.com

FMWR Event Flyers and ACS Class Calendars are available on our info table!



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Vehicle Auctions.....Coming in April!

SAMPLE DATE

CALL OR STOP BY THE
AUTOMOTIVE SKILLS CENTER
FOR MORE INFORMATION

DSN 000-0000 CIV 000-0000
kaiserslautern.armymwr.com or
baumholder.armymwr.com

KNOWN FAULTS:

Vehicle:
Vin #:
Milage:

Additional Information:

SOLD "AS IS"
NO GUARANTEE OR WARRANTY

Bidding Starts at \$





baumholder.armymwr.com

Connect & Get Involved



For community events, family programs, leisure and recreational activities, visit baumholder.armymwr.com



For news and announcements and all other garrison support services, visit home.army.mil/rheinland-pfalz



facebook.com/BaumholderFMWR



instagram.com/rheinlandpfalzmwr

Arts and Crafts Community Spouse Feedback





U.S. ARMY

Your Opinion Matters!

TENANT SATISFACTION SURVEY

04 March 2024 - 18 April, 2024

Your feedback can make a **BIG DIFFERENCE** in the quality of life for Army families.

Your Army Wants to Hear from You!

**Completely confidential*

We are investing significantly in housing improvements to ensure quality living conditions are provided to our Soldiers and families. Survey feedback will guide the Army's efforts to provide quality, safe and secure housing.



The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com. For additional questions, please contact your local Army Housing Office.

OMB Control Number: 0704-0553. OMB Expiration date: 05/31/2025



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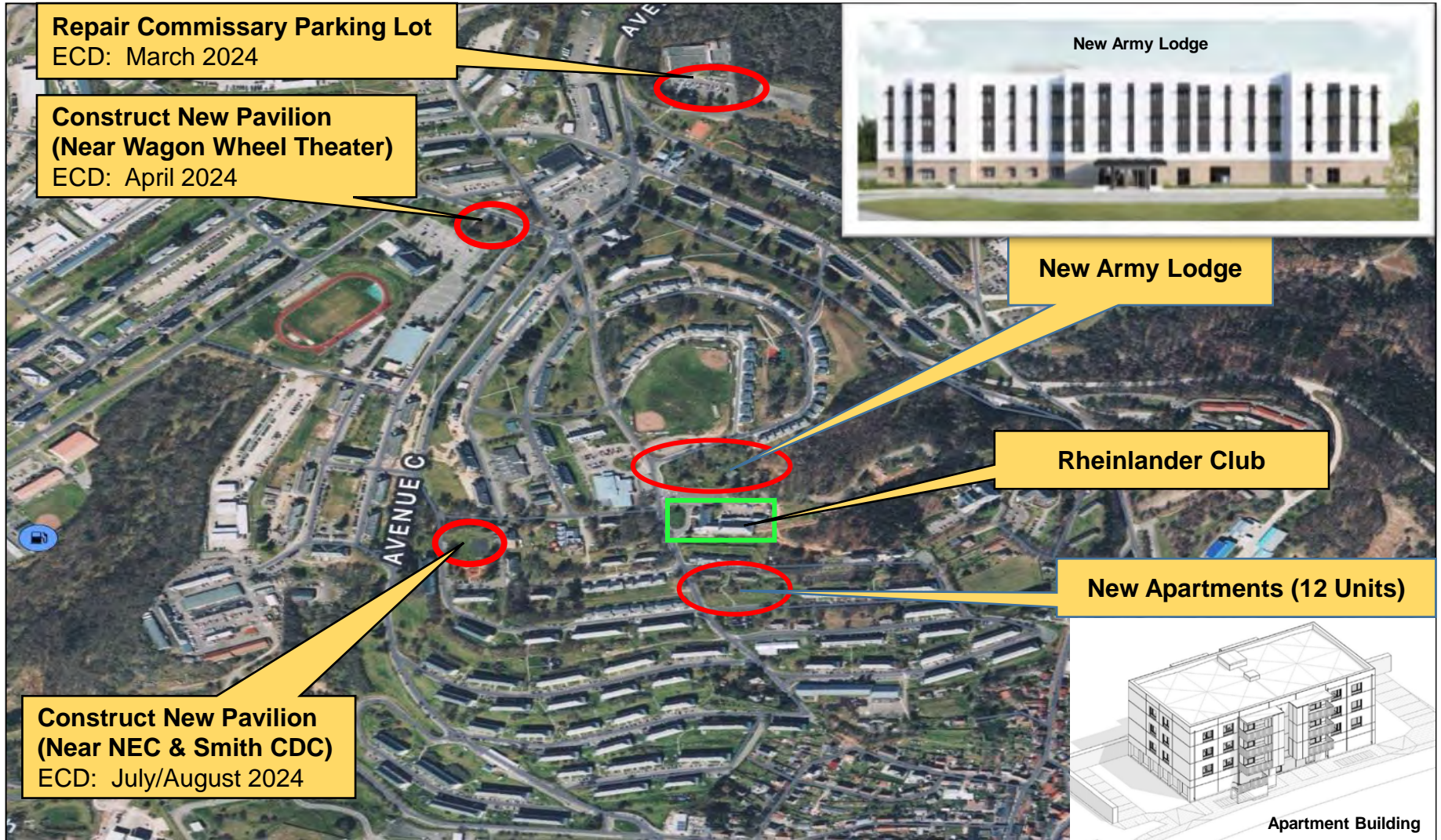
USAG Rheinland-Pfalz Town Hall

Example Playgrounds & Multi-Use Courts



USAG Rheinland-Pfalz Town Hall

Ongoing Projects on Smith Barracks



Repair Commissary Parking Lot
ECD: March 2024

Construct New Pavilion (Near Wagon Wheel Theater)
ECD: April 2024

Construct New Pavilion (Near NEC & Smith CDC)
ECD: July/August 2024

New Army Lodge

Rheinlander Club

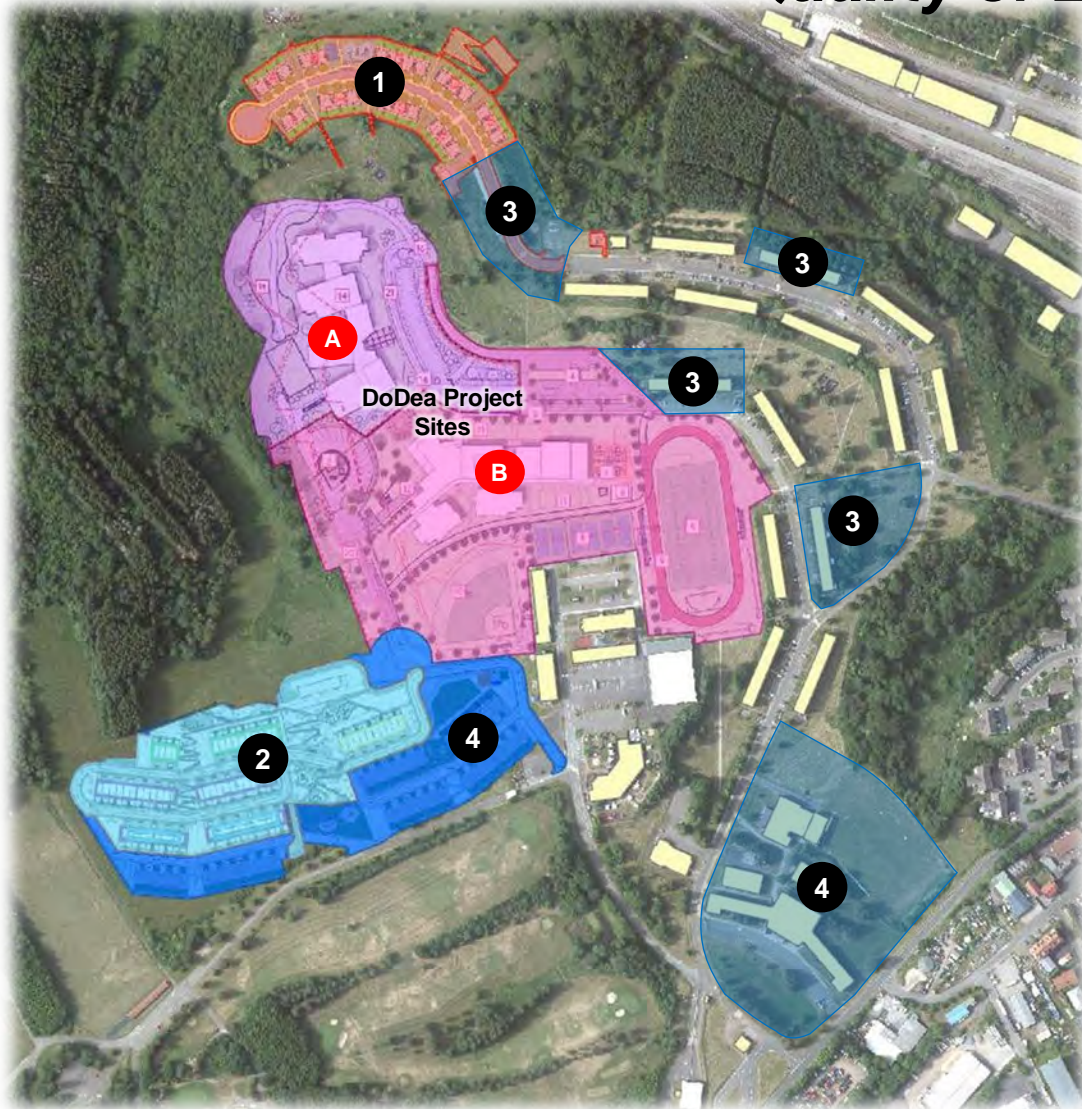
New Apartments (12 Units)

Apartment Building



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Quality of Life at Wetzel Kaserne



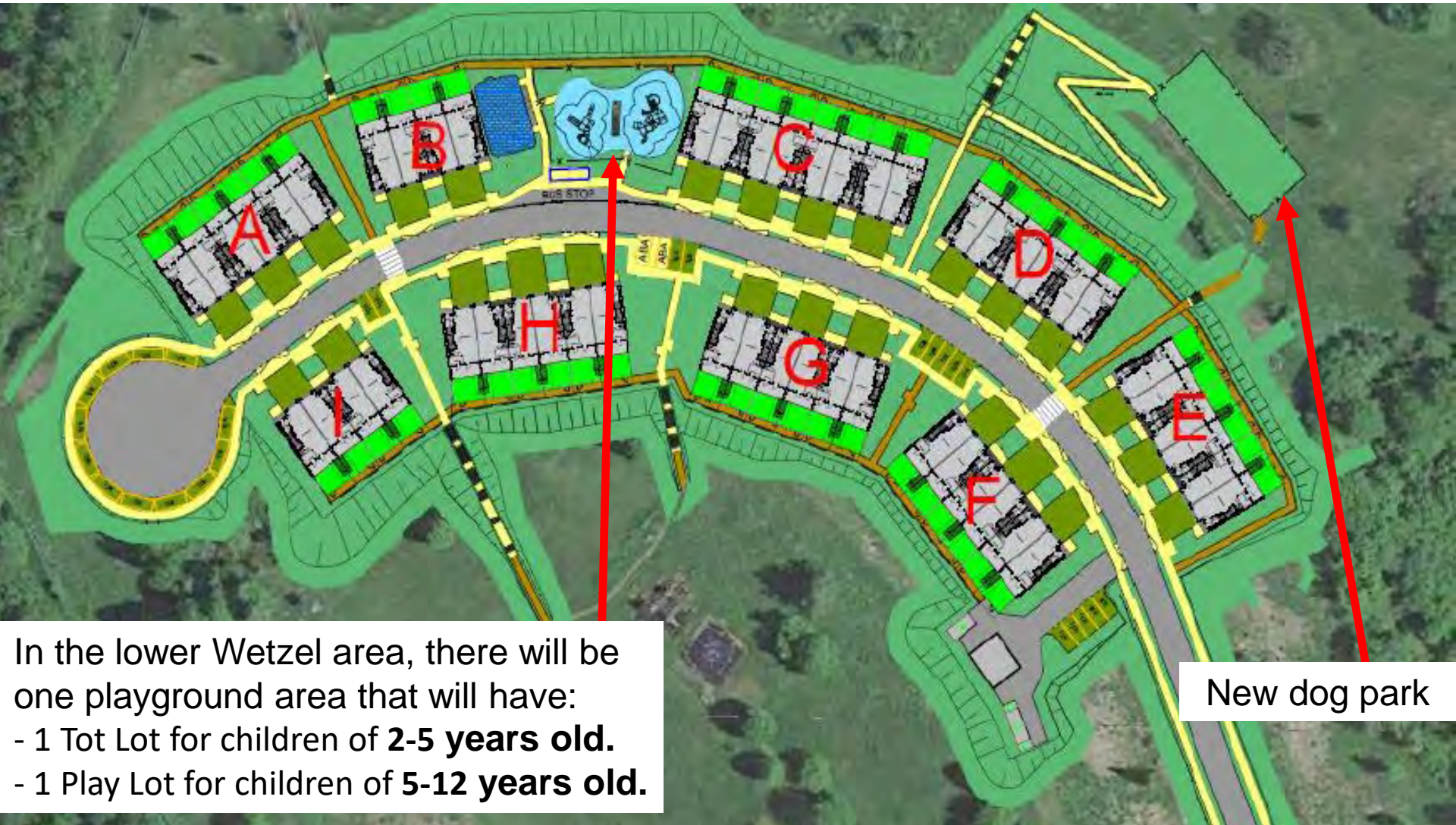
Army Family Housing at Baumholder

- 1** FY23 (AFH Construction):
 - 12 Apartments (Smith)
 - 52 Townhomes
 Expected Completion Date: FY25
- 2** FY24 (AFH Construction)
 - 70 Townhomes
 Expected Completion Date: FY26
- 3** FY25 (AFH Construction)
 - 54 Townhomes
 Expected Completion Date: FY27
- 4** Future Development Sites
- A** New DoDEA Elementary School
 - Expected Completion Date: FY27
- B** New DoDEA Middle/High School
 - Expected Completion Date: FY30



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New Townhouses at Lower Wetzel



In the lower Wetzel area, there will be one playground area that will have:

- 1 Tot Lot for children of **2-5 years old**.
- 1 Play Lot for children of **5-12 years old**.

New dog park

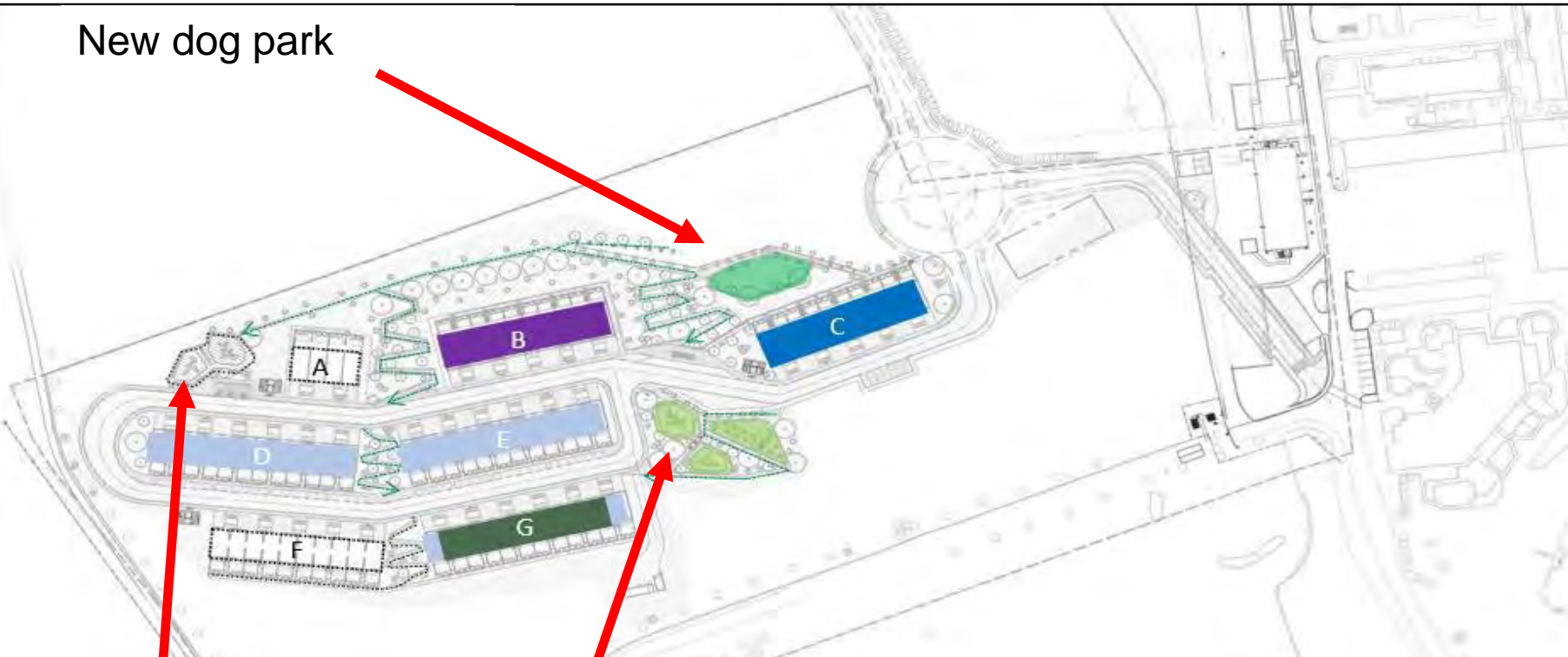


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New Townhouses at Upper Wetzel



New dog park



In the upper Wetzel area, there will be two playground areas that will have:

- 2 Tot Lot for children of **2-5 years old**.
- 2 Play Lot for children of **5-12 years old**.

- Grade Officers Units**
- 3 BR JNE – Type A (Backyard level 0)**
- 3 BR JNE – Type B (Backyard level 0)**
- 4 BR JNE**
- Optional items**





Baumholder

- **Main Store**
- 22 March starting at 1100 – Vietnam Veterans Pinning Ceremony
- 22 March starting at 1600 – Easter Egg Hunt inside the store
- Coffee Bike now extended their hours to Tue-Fri 0800-1600/Sat 1000-1600
- New Barber Shop on Sundays 0800-1400 (Bldg. 8668)
- **Express/Gas Station**
- 13 April 1500-1700 – Beverage Engraving Event

Kaiserslautern Panzer Kaserne

- New Food Truck at Building 3005 open Mon-Fri 1100-1400, rotating every 2 weeks

Ramstein Air Base

KMCC Mall

- **Main Store**
- 22 March starting at 1100 – Vietnam Veterans Pinning Ceremony
- **Military Clothing Store**
- 12-19 April – 20% off all Gerber Knives and Tools
- 24-31 May – 20% off all Sandpiper of California Backpacks and bags
- **Food Court**
- 30 March 1000-1300 - Breakfast with the Easter Bunny
- **Concessions**
- New Jus' Hair offering wide variety of hair for extensions or braids, wigs, hair accessories and haircare products
- Hausbrau Restaurant – Change of Hours Mon-Sat 1100-2000/Sun 1000-1900
- 01 March to 31 March – Virtual Women's Day Contest – Daily Prizes



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Baumholder Army Health Clinic



MHS GENESIS
Patient Portal

<https://patientportal.mhsgenesis.health.mil>

MHS GENESIS

MHS GENESIS Patient Portal

- Baumholder Army Health Clinic transitioned to the MHS GENESIS Patient Portal on 23SEP2023.
- Who is eligible for an Account? You must be affiliated with the DoD or VA and listed in the Defense Enrollment Eligibility Reporting System (DEERS) in one of the following roles to get a DSL account: Service Members (Active, Guard, Reservist, Retirees), Veterans; Eligible Family Members (over 18 years old); Spouses (current and former w/DoD Benefits); DoD Civilians and Contractors. (See FAQs for Patient Portal at display table).


Making appointments in MHS GENESIS

- Appointments are currently made by calling the Landstuhl Regional Medical Center Central Appointment Line: 0637194645762

Construction of the new walking gate at the Clinic Kaserne began 01MAR2024

- CYS parking lot construction impacting parking**
- Parking lot repaving project APR-JUL2024**
- Increased same day appointment availability**
- New signs in parking lot and inside the clinic**
- Coffee Bike coming soon!**





IT ONLY TAKES

One

TO CHANGE LIVES.
TO SAVE LIVES.
DONATE BLOOD.

health.mil/militaryblood

BAUMHOLDER BLOOD DRIVES

Every 8+ weeks

April 1-2

9:30am-3pm

Hall of Champions



*QR to check eligibility &
make appointments.*

*Type O walk-ins
may be accepted.*

Donate to DoD's Armed Services Blood Program (ASBP) to:

- Treat forward-deployed US & NATO military casualties
 - Save lives in military hospitals like LRMC
 - Feel great & get all the cookies you want!



Stacy Sanning, Blood Donor Recruiter
stacy.m.sanning.civ@health.mil DSN: 590-4149



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Religious Services



ROMAN CATHOLIC

- ▶ 28MAR 6pm Rheinland Chapel, Baumholder
 - ▶ 28MAR 6pm Daenner Chapel, Kaiserslautern
- Good Friday Mass:
- ▶ 29MAR 3pm Rheinland Chapel, Baumholder
 - ▶ 29MAR 3pm Daenner Chapel, Kaiserslautern
- Easter Vigil Mass:
- ▶ 31MAR 9am Rheinland Chapel, Baumholder
 - ▶ 31MAR 9am Daenner Chapel, Kaiserslautern



*Scan To Visit The USAG-RP
Religious Support Office Web
Page For Easter Sunday
Chapel Services*



PROTESTANT

- Good Friday Services:
- ▶ 29MAR 5pm Rock Chapel, Baumholder
- Easter Services:
- ▶ 31MAR 7am Hilltop Chapel, Landstuhl
 - ▶ 31MAR 10am Rock Chapel, Baumholder
 - ▶ 31MAR 10am Daenner Chapel, Kaiserslautern



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Baumholder Community Spouses' Club



Club Membership

A great way to meet other spouses and be a part of the community

- Volunteer opportunities
- Leadership opportunities
- Networking opportunities
- 10% discount at the BCSC Thrift Store
- Membership is open to Service Members, Spouses, DoD Civilians



Community Outreach

- Angel Tree Program
 - Program collects gift donations for families in need near the Holiday Season.
- Bright Eyes Program
 - Offers grants year round for children in need of glasses.
- Community Good Works Projects
 - Hygiene kits for Teens, Clothing Drive for Baumholder Elderly Home, Love Baumholder Event, Baumholder Dog Park Clean up, etc.
- Sub Club Events
 - Book Club, Bunco nights, Craft Club, and more!

BCSC Thrift Store

- Proceeds fund Scholarships and Welfare Grants
 - In 2023, \$41,000 was awarded throughout the Baumholder Community!
- Volunteer opportunities available
- Accepts donations from the community
- Follow our Facebook and Instagram Page 'BCSC Thrift Store' for updated hours and sales

Contact Us:

Email: baumholdercommunityspousesclub@gmail.com

Website: www.baumholderspousesclub.com

Facebook: Baumholder Community Spouses' Club

Instagram: @baumholder_csc



Our USO Baumholder Center

Center Hours and Access

Monday – Friday 1000-1800

Sundays 1200 – 1800 (18+ Only)

Training Holidays 1200-1800

Closed Saturdays and Holidays

Open to anyone who has base access. Minors must be accompanied by an adult.

Volunteering

- Flexible Volunteer Schedule
- Rewards and Incentives
- Unlimited amounts of Fun
- Open to anyone who has base access including minors from 15-17.

Transitions

Helps Service Members and Spouses with

- Employment Resources
- Education Benefits
- Certifications
- Financial-Readiness
- Mentorship
- Veteran Benefits

Follow us on Facebook!
Facebook/USOBaumholder



Grades PreK-5

Current Enrollment = 323
 Universal Pre-K Expected to start in SY24/25
 New Construction – Start March 2024 Completion Aug 2027~

Points of Pride

Read Across America - Vocabulary Parade
 Winter Family Fun Night
 Black History Trivia Night
 Anchored 4 Life School of Distinction

Upcoming Events

Spring Recess – No School March 22-April
 Month of the Military Child Events
 May 29 - Groundbreaking for NEW Smith ES
 TBA - Registration for SY 24/25

Volunteer Needs:

PTO President and Treasurer Positions must be filled by May 15, 2024



Baumholder Community DODEA Schools

May 30th BMHS Graduation Day

BAUMHOLDER MHS SPRING 2023-24 SPORTS SCHEDULE

DATE	SOCCER	DATE	TRACK	DATE
9 Mar	@ Hohenfels	16 Mar	@ Kaiserslautern	
16 Mar	Hohenfels	6 Apr	@ Ansbach	
13 Apr	Spangdahlem	13 Apr	@ Kaiserslautern	
13 Apr	Hohenfels	20 Apr	@ Ansbach	
20 Apr	@ Alconbury	27 Apr	@ Spangdahlem	
26 Apr	@ AFNORTH	4 May	@ Vilseck	
4 May	Brussels	11 May	@ BFA	
11 May	Spangdahlem	18 May	@ Stuttgart	
20-23 May	Euro Championship	23-24 May	Championship @ KMC	

*Homecoming

Start Times: Soccer 1200/ Track 0900

Month of the Military Child – MOMC April 2024

- 2nd Clap In Celebration
- 5th Tie Dye with Mr. Dye
- 08th-12th MOMC Spirit Week
- 14th Movie Night @ Wagon Wheel
- Theater
- 15th School-wide Assembly 0815
- 18-19th PTO Spring Market (Moms/Dads/Grads)
- 24th Purple Up Picnic in the Park
- w/Parents



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Defense Commissary Agency (DeCA)



COMMISSARY
CLICK2GO

ORDER ONLINE
UP TO 6 DAYS AHEAD

NO MINIMUM ORDER REQUIRED

24/7

\$4.95 SERVICE FEE **WAIVED!**

As Easy As 1-2-3

- 1 Place your order on our website.
- 2 We'll select and bag your groceries.
- 3 Drive to the store and pick it up!

DELIVERY
COMING SOON!

Relax! We'll bring your order to you.

www.shop.commissaries.com

REWARDS SAVE MORE WITH COUPONS!
We accept Commissary Rewards Card digital coupons.

Facebook, Twitter, YouTube, Instagram, Pinterest, LinkedIn, RSS icons

- ❖ Create your account today at www.shop.commissaries.com
- ❖ Available at all 3 commissaries in the KMC
- ❖ Order up to 6 days in advance; schedule a pickup date and time
- ❖ Option to cancel your order 4.5 hours before scheduled pickup time
- ❖ Pay online or in store at the time of pickup



Commissary Click2Go

Baumholder ☎ 0611-143-531-3383

Ramstein ☎ 06371-47-7231

Vogelweh ☎ 0631-354-300-232

For additional information visit: www.commissaries.com/CLICK2GO



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Q&A

Closing Remarks



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Directorate of Public Works



Mr. Truett D. Sanchez, PE, CEM, Director
DSN: 541-4000 CIV: 0611-143-541-4000



Mission: The Directorate of Public Works' mission is to provide safe, clean, comfortable and functional facilities in an environment to meet the needs of Soldiers, civilians and family members within U.S. Army Garrison Rheinland-Pfalz.

Army Maintenance Application (ArMA) App

- Army Maintenance Application (ArMA) is a new system that allows all occupants to electronically submit and track DMOs to the DPW work reception desk.
- The app can be launched on a computer or smart phone through a publicly available website.
- ArMA Resident Access Site:
<https://www.armymaintenance.com>




IS SOMETHING BROKEN?

 Submit your work orders with the new Army Maintenance App!

For more info on Housing, Environmental, or concerns visit DPW's website. 





Facility Manager (FACMAN) Course

Dates: 8 MAY 24

14 AUG 24

Time: 0900 – 1630

Class conducted virtually via MS Teams



Recommended Participants: Building Managers, Barrack Managers, and Leaders who want to gain a greater understanding of DPW facility management support

> For the MS Teams link < Email: George.B.Brown10.civ@army.mil
DPW FACMAN POC: Dr George Brown DSN 541-4000





Exception to Policy (ETP) allowing SSG's moving off post

NEW! IMPORTANT!

Exception to Policy (ETP) to allow SSG's (single Soldiers not receiving BAH supporting Family Members – Geographical Bachelors) moving off post is approved!

Procedures:

SSG's (not geographical bachelors) who are occupying UH facilities (barracks or BEQ) will be eligible to request an ETP to reside in off post private rental housing.

- An ETP must be signed by the Soldier, Company Commander and Battalion Commander.
- Soldier must have a minimum of 15 month remaining prior to their DEROS.
- When ETP to move to private rental is approved, Soldier gets assistance from Housing Division, Private Rental Section.
- All costs associated with a move from barracks or BEQ's to off-post private rental housing will be at the service member's expense.





In-processing

SM shall see Housing within 2 days after arrival

Required Documents:

- A complete set of incoming orders, including addendums if applicable, as well as the approved absence request form.
- The data verification sheet, as well as the completed pet information form which will be provided to you by our housing personnel

In-processing briefing includes:

- TLA policy, furniture and appliances, and OHA rate
- Start looking for homes at the official Army Housing Rental website, <https://www.homes.mil>



Once Home is Chosen and Accepted by landlord:

- Housing Office shall complete the contract and check-in inspection
- Effective day of the rental contract shall also be the day the SM check-outs the hotel and submits the OHA papers to Finance.





Out-processing

Required Documents

- A complete set of your outgoing orders including addendums if applicable
- Flight itinerary to receive your TLA

HSO will arrange:

- Furniture/ appliances pick-up
- Termination letter
- Final-inspection and if needed pre-inspection
- OHA-Stop (DD 2367) to clear Finance office

Service Member Shall:

- Clear with the UTAP office

Private rental Counselor provides last signature and clears SM by signing his clearance Paperwork



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Multi-Use Courts Examples



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Playground Examples

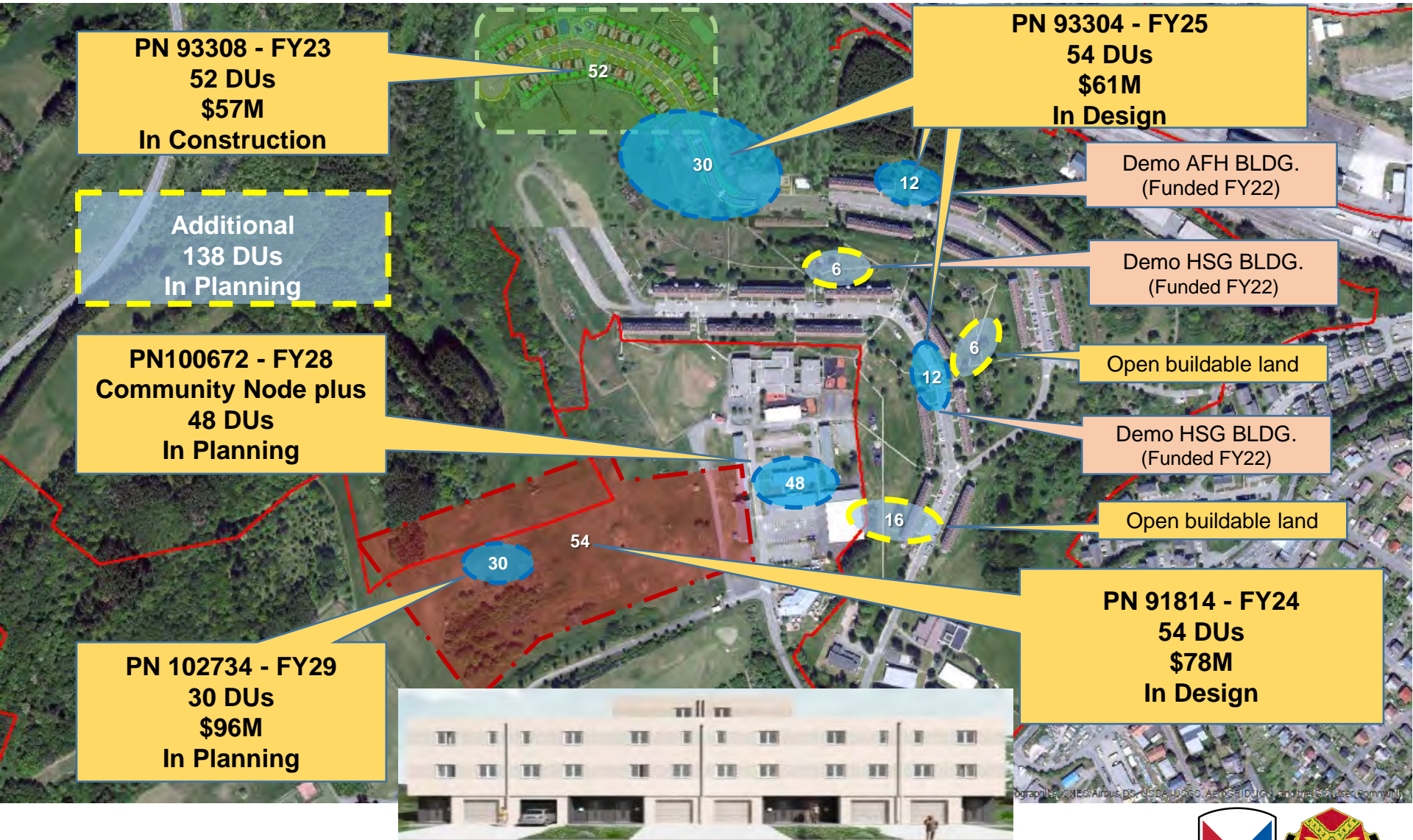


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Wetzel Future Housing



Total investment: \$293M



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2 WAYS 2 SAVE US & NATO LIVES

Only 3 day wait between
different types of donations!

ASBP Europe
facebook.com/ASBPEurope
314-590-5885, +49 6371-9464-5885

Give Whole Blood

@ Blood Drives near you

**APR 1-2 Baumholder
@ Hall of Champions
9:30am-3pm**

More ASBP Blood Drives

- MAR 11-12 Wiesbaden
- MAR 18-19 Ramstein
- MAR 25 Kleber
- MAR 26 Sembach
- APR 8-9 Stuttgart
- APR 15-16 Ramstein

Appointments HIGHLY encouraged, walk-ins may be possible.

Give Platelets/Plasma

@ Landstuhl Blood Donor Center

Type AB, A and B most needed
for military hospitals.

**APPOINTMENTS every week,
MON-THU mornings.**

Any history of pregnancy? Please call first for screening.



Whole Blood Appointments & Eligibility

Scan QR Code *OR*
Visit www.SignUpGenius.com then
Search for a Sign Up by the email:
usarmy.donatebloodeurope@health.mil

Platelets/Plasma Appointments

Scan QR Code *OR*
Visit www.militarydonor.com then
Click Donate Now > Donor Center >
Europe Blood Donor Center



USAG Rheinland-Pfalz Town Hall

Baumholder Health Clinic



Maxwell H. Smith
LTC, MS Commander
Baumholder Army Health Clinic



Kaleb W. Richardson
Detachment Sergeant
Baumholder Army Health Clinic

maxwell.h.smith3.mil@health.mil
Office: 314-590-1185
Mobile: 0162-0251-7921

kaleb.w.richardson.mil@health.mil
Office: 314-590-4130
Mobile: 0152-0904-1508





**AMERICA'S ARMY:
ARMY MEDICINE IS ARMY STRONG!**

Baumholder Army Health Clinic

Check your Medical Readiness at: <https://medpros.mods.army.mil/portal/#/> (CAC Required)

Clinic Locations: Baumholder Dental Clinic
8653 Fern Street (Smith Barracks Building 8647)
Baumholder, DE 55774

Baumholder Army Health Clinic (BAHC)
8747 Fern Street (Building 8740)
Baumholder, DE 55774
****Clinic closed from 0800-1300 on the third Wednesday of each month**

Take the following actions if you are overdue or within 90-days:

Medical Readiness Requirement	Frequency	How and where to get it done:	How long for update in MEDPROS:
Dental	Annual	*Appointment Only* 1) Call Baumholder Dental Clinic at 06371 9464 1009 or DSN 314-590-1009 to schedule an appointment. -OR- 2) E-mail the following information to set.e.lermagarcia.mil@health.mil : a) Service Member's Name b) DOD ID# c) Phone Number	24-72 hours
Hearing	Annual	*Appointment Only* 1) <u>Individuals</u> : Call Landstuhl Regional Medical Center (LRMC) appointment line at 06371 9464 5762 or DSN 314-590-5762. 2) <u>SRP/Mass Readiness</u> : Contact SSG Barajas at 314-590-1229 during normal business hours or email at jason.j.barajas.mil@health.mil . Unit must provide one certified hearing technician to assist. Course offered in Europe, visit link below for requirements: https://mrc-europe.army.mil/Public-Health-Command-Europe/-/Programs-Services/Army-Hearing-Program/DoD-Hearing-Technician-Certification/	2-4 weeks
HIV	Every 2 Years Amber at 18 months	1) Walk-in to Laboratory at BAHC 0800-1145 or 1300-1600, Monday through Friday. 2) Ask for MEDPROS HIV draw. *G6PD, Sickle Cell, and DNA Tracking also available upon request.	GREEN status 24-48hrs after draw, finalized pending safe arrival to CONUS lab (Two weeks)
Immunizations	Varies	*Appointment Only* 1) Identify required immunizations at MEDPROS Portal: https://medpros.mods.army.mil/portal/#/ 2) Call LRMC appointment line at 06371 9464 5762 or DSN 314-590-5762. Immunization Clinic Hours – Monday, Wednesday, and Friday from 0730-1200.	24-72 hours
PHA	Annual	Phase 1: Complete online portion of PHA: https://medpros.mods.army.mil/portal/#/ , select Periodic Health Assessments under Self-Service, select DD3024, then Start New Survey. Phase 2: Call VIPRR Clinic to book virtual appointment 0700-1600 (CST). From a DSN line, dial 99-001-844-863-3236 (delayed answer) -OR- Call LRMC appointment line at 06371 9464 5762 or DSN 314-590-5762 or visit https://my.mhsgenesis.health.mil/pages/home to schedule a face-to-face appointment	Up to 7 days after completed Phase 2 appointment
Vision	Annual	1) Walk-in to Optometry section at BAHC from 0800-1100 or 1300-1600 for: a) MEDPROS b) DMV License c) Any physical requiring vision evaluation. Please bring glasses if you wear them. 2) For appointment, call Optometry Clinic front desk at 06371 9464 1020 or DSN 314-590-1020. *If age 45 or over, Service Member (SM) must have a near vision assessment, regardless of when they had their last vision assessment.	24-72 hours
Physical Exams	N/A	➤ The Physical Exams section at BAHC offers walk-in physicals for SM. ➤ Physicals are conducted in two parts. SM will report to the Physicals Section to receive packets and further instructions. ➤ SM initiating Command Directed Separation Examinations require an escort one grade above separating SM IAW AR 40-501 and AR 635-200 (Chapters 5-13, 5-14, 5-17, 13, 14-12a, 14-12b and 14-12).	N/A

USAG Rheinland-Pfalz

Sexual Assault Awareness Month Events:

SAAPM Volksmarch and Proclamation Signing
Event

3 Apr 24, Minick Track, Baumholder

Library - SHARP Display

Teal Tuesdays – SHARP Knowledge Quizzes
(via email)

What Were You Wearing – Display

Silent Witness – Display

USAG Rheinland Pfalz
2024 SAAPM Volksmarch
Sexual Assault Awareness and Prevention Month

When: 03 April 2024
1100-1330

Where: Baumholder @
Minick Track & Field

Join us for the
2024 SAAPM Proclamation
signing during the
Opening Ceremony

Participating Units & Agencies:

421st MMB
16th SB
52nd ADA
CID Baumholder

SHARP
RSO
ACS & FAP
BOSS

USAG RHEINLAND-PFALZ

In the event of inclement weather, event will be held inside @ Hall of Champions



April 2024

Month of the Military Child

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2 Clap In (0730-0810) (Smith Elementary) 44th Support our Back To School after Spring Recess and Kick Off for Purple Up/MOMC celebrations	3	4 Knight's Lair Breakfast (0730-0900) Children and parents can join each other in one of the DFACs for a fun family breakfast Defender Café Breakfast(0730-0900)	5 1) Military Youth of the Year event - Landstuhl Youth Center (1700) Present Garrison Coins to 3 youth. Listen to the MYOY speeches and speak with MYOYs about their experience. 2) Month of the Military Child Party Super Mario Edition Baumholder Library (1600) Ready! Set! Go! Celebrate our military children with a party to remember! on April 11th from 4 PM till 5:30 PM at the Baumholder Library.	6
7	8	9	10	11 Knight's Lair Breakfast (0730-0900)	12	13 Month of the Military Child (MOMC) Carnival (Ramstein AF) Celebrating MOMC
14	15 School Assembly (0815)(Smith Elementary) MOMC School-wide assembly (Guest Speaker: Mrs. Julia Furman) 44th Triad and Garrison Leadership will be invited (Col Furman/Mr. Kim/CSM Wrench)	16	17	18 Castle Warrior Breakfast (0730-0900)	19	20 USO Block Party (1300-1500)(BMC Smith Barracks) To celebrate Month of the Military child with a morale boosting block party for the Baumholder community! Event will be on 20-APR-2024 from 1300 - 1500.
21	22	23	24 Picnic in the Park- (Smith Elementary) Open Campus for Lunch/Recess inviting all parents for lunch and recess	25	26	27
28	29	30	1	2	3	<div style="border: 1px solid black; padding: 5px;"> <h3 style="text-align: center;">KEY</h3> <p>DoDEA - Smith Elementary</p> <p>95th CSSB DFAC MOMC Breakfast</p> <p>FMWR</p> <p>BMC USO</p> <p>Ramstein AB Officer's Club (AF @ Ramstein AF)</p> </div>



WE ARE THE ARMY'S HOME





USO Baumholder

Q2 2024 Community Townhall





Volunteering



- ✓ Center Representative
- ✓ Food Preparation
- ✓ Event Planning Assistance
- ✓ Event Support
- ✓ Event Photography
- ✓ Admin Assistance
- ✓ Delivery Assistance
- ✓ AFN Radio Interviews
- ✓ Baked Goods
- ✓ Flexible Volunteer Schedule
- ✓ Rewards and Incentives
- ✓ Letters of Recommendation for MOVSM
- ✓ Unlimited amounts of Fun
- ✓ Open to anyone who has base access including minors from 15-17.
- ✓ Chances of meeting Finlea...HIGH 😊

Baumholder:

Sign up at:

Volunteers.USO.org

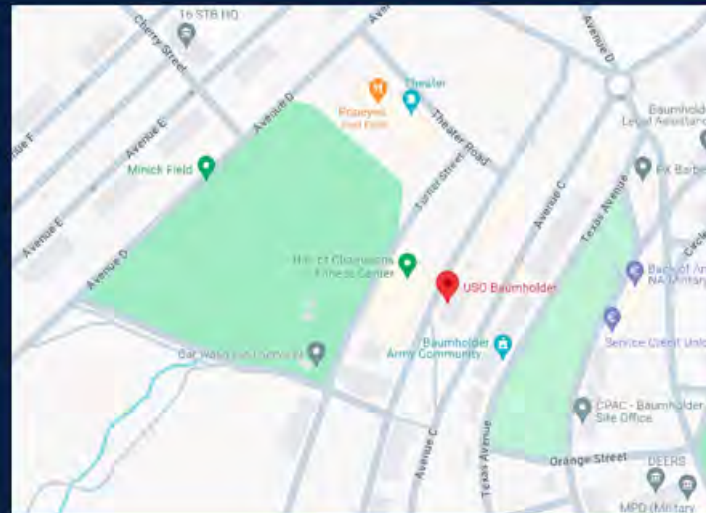




Our USO Baumholder Center

Monday – Friday 1000-1800
Sundays 1200 – 1800 (18+ Only)
 Training Holidays 1200-1800
 Closed Saturdays and Holidays

- Computers with CAC Readers
- Printing, Scanning & Faxing
- Phones that can call US numbers
- Video Games
- Snacks
- Water Refill Station
- Movie Room
- Children's Playroom
- Spouse, Soldier and Children's Programs
- Plants!



Open to anyone who has base access. Minors must be accompanied by an adult.

Baumholder:
 Family Friendly Center
[Facebook/USOBaumholder](#)
Baumholder@uso.org





USO Programming

Transitions

Helps Service Members and Spouses with

- Employment Resources
- Education Benefits
- Certifications
- Financial-Readiness
- Mentorship
- Veteran Benefits

Reading

- Bring your own book and have a recorded reading sent directly to a loved one.
- Use one of our books and the book will be sent as well to your loved one so that they can read along with you!



Baumholder:
Sign up for Transitions at:
[USO.org/Transitions](https://www.uso.org/Transitions)





BAUMHOLDER DENTAL CLINIC

NOW SEEING SPOUSES **BASED ON SAME DAY AVAILABILITY**, ONLY FOR **EXAM/HYGIENE NO ADDITIONAL TREATMENTS**

CHILDRENS DENTIST AVAILABLE **AGES 1 TO 12**,
13 AND OLDER BASED ON AVAILABILITY

SICK CALL HOURS MON TO FRI: 0730 0930

MONDAY & WEDNESDAY: 0730-1130, 1230-1615

TUESDAY & FRIDAY: 0730-1130, 1230-1615

THURSDAY: 0730-1130, 1400-1615

**FOR AFTER HOUR DENTAL EMERGENCIES PLEASE CONTACT
LANDSTUHL REGIONAL EMERGENCY MEDICAL CENTER**



USAG Rheinland-Pfalz Town Hall

Defense Commissary Agency (DeCA)



Proud, Committed and More.



WE ARE THE ARMY'S HOME





Did you know...?

- ✓ ...your Commissary **is a benefit** of your Military Service and **supports military members of all ranks, their Families, retirees and their Families?** Safe and convenient locations near you!
- ✓ ...**Congress mandates** that the Commissary **must save an average of at least 23.7% in total grocery costs**, when compared to off-base grocery stores near your military installation?
- ✓ ...**DeCA is constantly collaborating with industry partners to lower prices and maximize your savings?** Routinely visit your commissary to take advantage of these special deals!!
- ✓ ...the **Commissary Brands** like Freedom's Choice, Home Base, TopCare and others **are of equal or better quality compared to national brands and most come at a cheaper price?**
- ✓ ...**Commissaries** have **reduced prices on hundreds of popular brands** to emphasize the value of your Commissary benefit and provide you with **Y**our **E**veryday **S**avings? Just look for the orange **YES!**
- ✓ ...you can **submit a request to your Commissary Store Director** for any products your Commissary doesn't carry? **Just ask, we'll let you know if we can get it in your store.**
- ✓ ...the **commissaries.com website has over 200 meal plans and 179 of them are Dietitian Approved recipes?** Many of these can be prepared in microwaves for our service members living in dorms or barracks. **Our products are safe, healthy and always inspected!!**





BAUMHOLDER COMMISSARY


Smith Barracks, Omaha Street BLDG 8575, Baumholder 55774



Proud, Committed and More.

Store Director, Mr. Micah Kittrell

 DSN 531-3383

 CIV 0611-143-531-3383

 Baumholder.Commissary@deca.mil

Main Store Operating Hours:

Sunday	1000-1900
Monday	0900-1900
Tuesday	0900-1900
Wednesday	0900-1900
Thursday	0900-1900
Friday	0900-1900
Saturday	1000-1900





Rewards Card



- ❖ Pick up your card at the Commissary
- ❖ Register it through the www.shop.commissaries.com website
- ❖ Log into account periodically to load new coupons.
- ❖ Scan the card at the register to apply the coupons to purchase.

Proud, Committed and More.



USAG Rheinland-Pfalz Town Hall Defense Commissary Agency (DeCA)



WIC Overseas

Infants – Children – Pregnant Women – Postpartum Women – Breastfeeding Women

The Women, Infants, and Children (WIC) Overseas Program provides several important benefits that help you & your family lead healthier lives.

For questions or contact information for your local WIC office, please visit:

Program services are provided to eligible participants overseas:

- Active Duty Military & their Dependents
- DoD Civilian Employees & their Family Members
- DoD Contractors & their Family Members

- ❖ Overseas commissaries carry hundreds of WIC approved products throughout the store that are easily identified with a WIC Item label on the shelf.
- ❖ Check with your local WIC Overseas office for more information.



USAG Rheinland-Pfalz Town Hall

Defense Commissary Agency (DeCA)



- ❖ The Defense Commissary Agency (DeCA) is always looking for new members to join our team. To search open positions in your area, please go to [USAJOBS – Search](#), input “commissary” into the Keywords box and input your location into the search box.
- ❖ Positions vary from initial entry positions (WG2) through managerial positions (GS14).
- ❖ Interested military spouses can send inquiries directly to: Militaryspouse.employment@deca.mil. This email address is also used for military spouses to send resumes for consideration to open positions at their new duty station.

The Defense Commissary Agency is Hiring!

JOIN OUR TEAM

COMMISSARY
SINCE 1861

- Full Time and Part Time Positions with Flexible Scheduling
- 11 Paid Holidays
- Paid Annual and Sick Leave
- Health, Dental, Vision, and Life Insurance
- Retirement Savings and Investment Plans
- Global Career Growth Opportunities

Pursue your PASSION with THE grocery provider of choice

APPLY NOW! Learn more about career opportunities @ www.commissaries.com/our-agency/careers-with-deca

FOLLOW US

