


GUARDIAN




Inside:

- Celebrating Women's Equality Day ... page 1**
- Fort Johnson youths engage in IHG Teen Academy ... page 5**
- 519th Military Police Battalion conducts training ... page 6**
- Fort Johnson plant life ... page 13**



CELEBRATING WOMEN'S EQUALITY DAY





Today, we join the nation in celebrating Women's Equality Day, commemorating the ratification of the 19th Amendment to the United States Constitution in 1920. This pivotal moment in history granted women the right to vote, marking a significant step toward gender equality and the empowerment of women across our nation.

As we honor this day, it is essential to recognize the remarkable contributions and sacrifices of women within our Army. Women have served with distinction and honor throughout our history, overcoming challenges and breaking barriers to pave the way for future generations. Their dedication, resilience, and excellence have strengthened our force and enriched our Army's legacy.

At the Joint Readiness Training Center and Fort Johnson, we are privileged to witness the outstanding achievements of women in uniform and civilian roles every day. Women serve in every capacity within our organization, from front-line combat positions to critical leadership roles, demonstrating unwavering commitment and professionalism.

As we celebrate Women's Equality Day, let us reaffirm our commitment to fostering a culture of inclusion and equality.

Our strength as an Army lies in our diversity, and we must ensure that every Soldier and civilian, regardless of gender, has the opportunity to thrive and reach their full potential.



At the Joint Readiness Training Center and Fort Johnson, we are privileged to witness the outstanding achievements of women in uniform and civilian roles every day. Women serve in every capacity within our organization, from front-line combat positions to critical leadership roles, demonstrating unwavering commitment and professionalism.

Forging the Warrior Spirit!

Brig. Gen. Jason A. Curl
JRTC and Fort Johnson
Commanding General

Command Sgt. Maj. Oracio Peña
JRTC and Fort Johnson
Post Command Sergeant Major



**JRTC and
Fort Johnson**
Brig. Gen. Jason A. Curl
Commanding General
Col. CJ Lopez
Garrison Commander
Laurel Stone
Director of Public Affairs
Keith Houin
Deputy Director of Public Affairs

Public Affairs Staff
Angie Thorne
Command Information
Jeff England
Public Affairs
Chuck Cannon
Community Relations
Porsha Auzenne
Public Affairs
Gabe Walker
Operations
Antoine Aaron
Public Affairs
Karen Sampson
Public Affairs

Editorial Offices
Building 4919, Magnolia Street
Fort Johnson, LA 71459-5060
Voice 337-531-4033
Fax 337-531-1401
Fort Johnson Homepage
home.army.mil/johnson/
The Guardian is an authorized publication for members of the U.S. Army. Contents of the Guardian are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or Fort Johnson. The Guardian can be found on the JRTC and Fort Johnson website at home.army.mil/johnson/ and the JRTC and Fort Johnson Facebook page at [@JRTCandFortJohnson/](https://www.facebook.com/JRTCandFortJohnson/). Guardian archives can also be found on the JRTC and Fort Johnson website.

Links to the Guardian are included in all-users emails to government email users and by request to non-military units.

Editorial content of the Guardian is prepared, edited, provided and approved by the Public Affairs Office, Joint Readiness Training Center and Fort Johnson. For more information on Fort Johnson units and happenings visit the [@JRTCandFortJohnson](https://www.facebook.com/JRTCandFortJohnson/) Facebook page.



Left: Soldiers from the 2nd Mobile Brigade Combat Team, 101st Airborne Division (Air Assault) take part in a medical training simulation, reacting to contact and treating casualties at the Joint Readiness Training Center at Fort Johnson, La. Aug. 18.

Above: Soldiers from the 2nd Mobile Brigade Combat Team, 101st Airborne Division (Air Assault) take part in a medical training simulation, reacting to contact and treating casualties. (U.S. Army photos by Staff Sgt. Joshua Joyner, 101st Airborne Division)

101st ABN conducts medical training simulation

CLARKSVILLE ONLINE

FORT JOHNSON, La. — Soldiers from the 101st Airborne Division (Air Assault) executed a major training exercise on Aug. 18, showcasing their capabilities in a large-scale, long-range air assault operation at the Joint Regional Training Center.

The exercise involved Soldiers from the 2nd Mobile Brigade Combat Team. It marked a historic milestone for the division as it was the first rotation at JRTC for a Mobile Brigade Combat Team.

The training exercise was comprehensive, encompassing a medical training simulation where Soldiers reacted to contact and treated casualties under realistic combat conditions. The 2MBCT soldiers demonstrated their ability to provide critical care and maintain operational effectiveness in the midst of a high-pressure scenario.

This exercise also served as a field test for new battlefield technology, designed to enhance communication, logistical resupply, and tactical operations. The scenarios tested the division's readiness to conduct large-scale, long-range air assault missions, a core capability for the 101st Airborne Division. The training emphasized the importance of strategic flexibility and operational effectiveness in a rapidly evolving combat environment.

Known as the "Screaming Eagles," the 101st



Soldiers from the 2nd Mobile Brigade Combat Team, 101st Airborne Division (Air Assault) take part in a medical training simulation, reacting to contact and treating casualties. (U.S. Army photo by Staff Sgt. Joshua Joyner, 101st Airborne Division)

Airborne Division has a storied history of executing airborne and air assault operations with precision and excellence. This latest exercise reaffirms the division's commitment to maintaining its reputation as one of the U.S. Army's most capable and versatile combat forces.

The successful completion of the exercise not only underscores the readiness of the 101st Airborne Division but also highlights the ongoing evolution of military tactics and technology, ensuring that the U.S. Army remains prepared for the challenges of modern warfare.



Cover photo: Soldiers from the 710th Brigade Support Battalion, in conjunction with the 3rd Assault Helicopter Battalion, 227th Aviation Regiment, 1st Air Cavalry Brigade, conduct training at the Joint Multinational Readiness Center, Bavaria, Aug. 17. (U.S. Army photo by Spc. David Dumas, 1st Cavalry Division Public Affairs Office)



BRIEFS

THINGS TO DO

SFC Guess Jr. Pool

TUESDAY - FRIDAY 1PM TO 7PM
SATURDAY & SUNDAY 12PM TO 7PM

TOLEDO BEND ARMY RECREATION PARK

Rent a Cabin TODAY!

CABINS STARTING AT \$100 PER NIGHT!

Click for more information!

25th Cane River ZYDECO FESTIVAL & POKER RUN

Food, Fun & Music

Schedule:

FRIDAY, AUGUST 30 - FREE ADMISSION
 6:00-10:30 PM Gates Open
 6:00-10:30 PM Zydeco Dance Contest
 7:00-8:00 PM Line Dancing
 8:00-9:00 PM Swing Dancing

SATURDAY, AUGUST 31 ADMISSION \$20
 9:00 AM - Poker Run Registration
 12:00 PM - Ride Begins
 2:00 PM - Gates Open
 4:00-6:30 PM - MARCUS ARDOIN
 4:00-6:30 PM - ZYDECO LEGENDS
 7:00-9:30 PM - LIL NATHAN & ZYDECO BIG TIMERS
 9:30-10:30 PM DJ ROB REAL

SATURDAY 7:00-9:30 PM LIL NATHAN & ZYDECO Big Timers

Labor Day Weekend - Downtown Riverbank August 30-31, 2024 Natchitoches, LA

HANGING BY A THREAD QUILT SHOW

Presented by Common Threads Quilt Guild

Sept. 7 9 a.m.-4 p.m.

at **Beauregard Parish Fairgrounds**

506 West Dr. DeRidder, La.

26TH ANNUAL HAYNESVILLE CELEBRATION OF BUTTERFLIES

SEPTEMBER SATURDAY 14 2024

CLAIBORNE PARISH FAIR COMPLEX
 1563 FAIRGROUNDS DR.
 HAYNESVILLE, LOUISIANA 71038

8:00 AM NAN MCMULLEN RUN FOR THE BUTTERFLIES
 10:00 AM 26TH ANNUAL BUTTERFLY PARADE
 10:00 AM FESTIVAL DOORS

ALL DAY ACTIVITIES
 EDUCATIONAL SEMINARS
 BUTTERFLY CONSERVATORY
 SALE OF BUTTERFLY PLANTS
 ART CONTEST
 AND EXHIBITS
 CHILDREN'S ACTIVITIES
 CRAFT & FOOD VENDORS
 MUSIC

Assisted Stretch Therapy

MWR's SFA is now offering Stretch Therapy sessions with a certified Yoga Instructor.

Sessions & Pricing

30 minutes - \$20
 60 minutes - \$30

All sessions & payments for sessions will be held at Cantrell Fitness Center. Clients must be 18 years or older.

STEEL CHALLENGE RACE

RANGE 23A

AGE GROUP 12+

250 ROUNDS SUGGESTED

Centerfire handgun & pistol caliber carbine welcome

\$10 per entry

AUGUST 31, 2024

Safety Brief - 8:45 am

Participants must provide their own firearms & ammo

For more information call 337-353-0528

LOUISIANA FOOD & WINE FESTIVAL

LOUISIANA'S BEST WEEK OF FOOD & DRINK

SEPTEMBER 19 - 22, 2024
 LAKE CHARLES, LOUISIANA

music TOGETHER

1st MONTH \$75
2nd MONTH \$40
3rd MONTH \$40

Every Tuesday 9:30 AM - 10:15 AM

Sep 3 - Nov 19

CALL (337) 531-6004 FOR MORE INFO

MUST BE REGISTERED WITH CYS AND HAVE A CURRENT HEALTH ASSESSMENT

LADIES NIGHT

Gather your girls and meet us at the Anvil Bar!

Cowgirls & Cocktails

BULL RIDING & LINE DANCING

September 28, 2024 7PM - 9PM

\$5 at the door

Bluegrass Jam

SATURDAY, SEPT. 21 NOON TO 2 P.M.

BEAUREGARD MUSEUM

120 S. WASHINGTON AVE.

FREE TO PLAY! FREE TO LISTEN! OLD-TIME FIDDLE, ACOUSTIC MUSIC ONLY!

BEAUREGARDMUSEUM.ORG

2nd Annual Fall Fest

SAVE THE DATE!

Sept. 28 10 a.m.-2 p.m.

PUMPKIN PATCH GAMES & ACTIVITIES FOOD

HAY RIDES \$3 PONY RIDES \$3 CONTESTS FACE PAINTING

FREE ENTRY!

Wrist Bands Sold Day of will be \$15 with no free pony ride. Tickets \$1 each.

VENDORS

PRE-BUY WRIST BANDS FOR \$15 & GET A FREE PONY RIDE.

Wristbands include unlimited use of the following activities:

- PUMPKIN DECORATING
- PUMPKIN TIC TAC TOE
- PUMPKIN RING TOSS
- HAT SHOOT OUT
- LEARN ROPING SKILLS
- ROPING GAME
- HAY JUMP
- ZIPLINES
- BOUNCE HOUSE
- BARREL TRAIN
- PLUS MORE

Youths learn hospitality industry at IHG Army Hotels Teen Academy

By PORSHA AUZENNE
Public Affairs Office

FORT JOHNSON, La. — Four teens from the Fort Johnson community recently interned in the Intercontinental Hotel Group’s Teen Academy summer internship training program. The curriculum allows children of IHG employees to experience working in the hospitality industry while earning money through seasonal employment.

Established in 2016 during an IHG Army Hotels leadership meeting at Joint Base San Antonio, Texas, the program aims to ignite interest in youth seeking future career opportunities in the hospitality industry. As one of the largest hotel companies in the world, the academy also emphasizes improving work skills, creating job opportunities, providing supplemental labor for hotels in need during the summer months and building a workforce and community around the local talent young interns bring.

Teenagers are trained to work as laundry assistants, housekeepers and breakfast attendants.

Ray Robinson, general manager of IHG Army Hotels on Fort Johnson, said he wished there had been a similar program when he was a kid.

“We organize it to where kids go through an actual interview,” Robinson said. “They’re even sent questions beforehand to test their preparation.”

Robinson said the IHG Teen Academy program gives the youth a full spectrum of work life.

“My favorite aspect about the onboarding process is seeing kids, who’ve never had jobs, come prepared for their interview,” he said. “Once they’re onboarded, we’re able to spark their interest and find what their creativity is like. From there, employees of IHG become mentors as we hone their skills.”

Robinson said he loved seeing the student’s passion for learning the hotel trade.

“At other places, we’ve had people in the IHG Teen Academy Program who are now full-time staff members,” he said, highlighting



From left: John Diaz Miranda and Owen Todd, two students selected for the IHG Army Hotels Teen Academy summer internship program, fold laundry Aug. 9 at the Holiday Inn Express Magnolia House and Cypress Inn, Fort Johnson, La. (U.S. Army photo by Porsha Auzenne)

the success of the internship.

Owen Todd and John Diaz Miranda were two of the students selected for the academy.

“They make you feel so welcome here, like a family,” Todd said. “It was a great experience and I hope I return next year.”

Diaz Miranda’s reaction echoed Todd’s, adding he enjoyed getting his first paycheck and getting to work in Fort Johnson’s IHG hotels during the summer.

The duo said duties included laundry, trash maintenance and assisting housekeeping.

Upon completion of the summer internship, IHG of Fort Johnson held a graduation ceremony and luncheon for the interns and their families.

The IHG Teen Academy is slated to return to Fort Johnson in 2025. Additional updates will be provided when application submissions open in May.



(Left) From left: Daniel Bartlett, Owen Todd, Ray Robinson, Fort Johnson IHG Army Hotels general manager, Colton Bartlett, Lindsey Bartlett and Diana Garcia pose for a group shot Aug. 6 at Warrior Hills Golf Course during a fundraiser event. (Right) Diaz Miranda vacuums a room while Todd makes a bed. (U.S. Army photos by Porsha Auzenne)



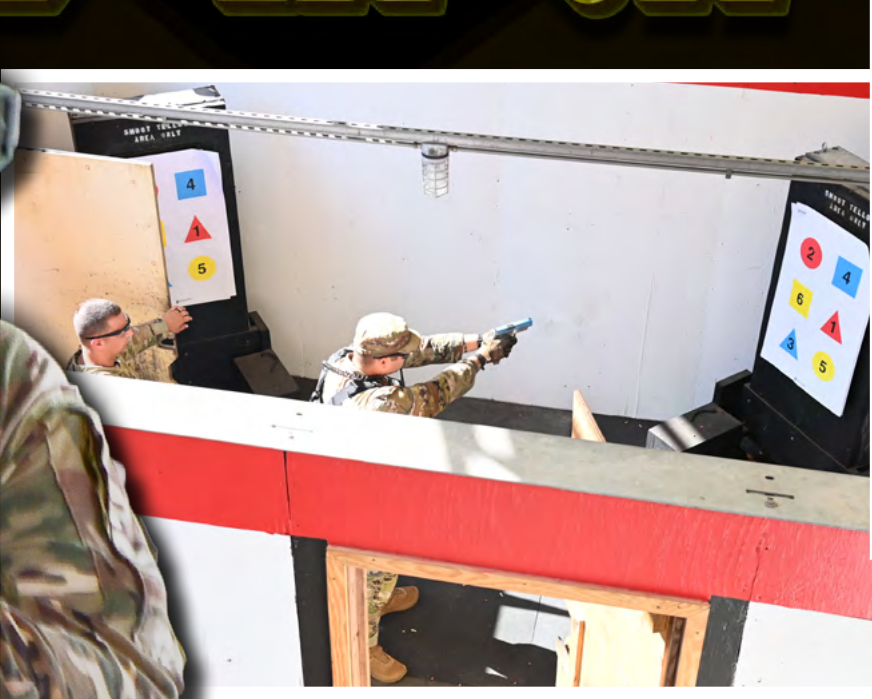
519TH MILITARY POLICE BATTALION

TRAINING



The 519th Military Police Battalion conducted active threat response and law enforcement live fire training Aug. 15-16. Soldiers, along with other Fort Johnson law enforcement agencies, performed a scenario at the Old Commissary where a barricaded subject was holding a hostage. The battalion utilized Range 7A Aug. 16 for live fire training where teams of two patrol officers conducted close-quarters room clearance with simulation rounds. The teams then transitioned to an outdoor firing range to further conduct training.

(U.S. Army photos by Karen Sampson and Antoine Aaron)



BERRY MISSION TRAINING COMPLEX



7



TRAINING FOR THE FUTURE, TODAY

The Berry Mission Training Complex, located on Georgia Avenue, is a Fort Johnson center of excellence for battle staff training and a proponent for home-based constructive training.

The complex provides quality, relevant and sustainable training as well as other applicable resources that enable unit commanders to meet their individual, and collective training requirements in preparation for wartime needs.

With flexible, professional and knowledgeable personnel combined with state-of-the-art technology, the complex addresses all battle staff training from brigade level down to individual Soldiers.



(U.S. Army photos by Karen Sampson)

With available technology and experience, the MTC staff can address additional training needs of other organizations including, but not limited to: Army Reserve, National Guard units, Local Law Enforcement, Homeland Security and Department of Defense civilians stationed at Fort Johnson.



8

6235 Georgia Avenue, Building 2675
337-531-2206

Fort Johnson garrison commander welcomes DeRidder students, staff back to school!



Col. CJ Lopez, Fort Johnson garrison commander, visited DeRidder Elementary School and DeRidder High School on Aug. 15 to welcome students, teachers and administrators as the new school year started in Beauregard Parish. Lopez was given a tour of both schools by their principals and got a first-hand look at the new DeRidder Elementary School. Lopez plans to visit Vernon Parish schools again later this month. (U.S. Army photos by Chuck Cannon)

American Legion Post 145 prepares care packages for the deployed



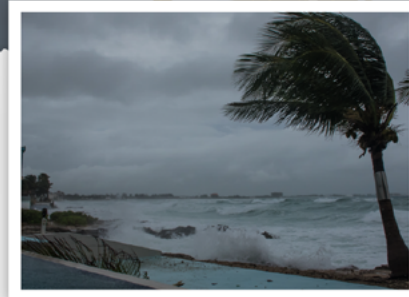
Representatives from the American Legion Droddy-Cain Post 145 in Leesville pack dry goods, sundries and other amenities into care packages to make Soldiers deployed abroad feel more at home. (U.S. Army photo by Karen Sampson)



Thank you for your generous support!

HURRICANE SAFETY TIPS

TIP #5



Know the difference: **watch** vs. **warning**

Hurricane Watch: means hurricane conditions are possible somewhere within the watch area, with tropical-storm-force winds beginning within the next 48 hours. Prepare by boarding up windows and moving loose items indoors. Make sure your emergency kit is ready.

Hurricane Warning: means hurricane conditions are expected somewhere within the warning area, with tropical-storm-force winds beginning within 36 hours. Seek shelter in a sturdy structure or evacuate if ordered



USO provides the following programs and services:

USO Transition

Program: Active duty, Reserve, National Guard, and military spouses can work with Transition Specialists to develop a personalized Action Plan on how to best take advantage of installation services and resources in **education, employment, mentorship, VA benefits, and financial readiness.**

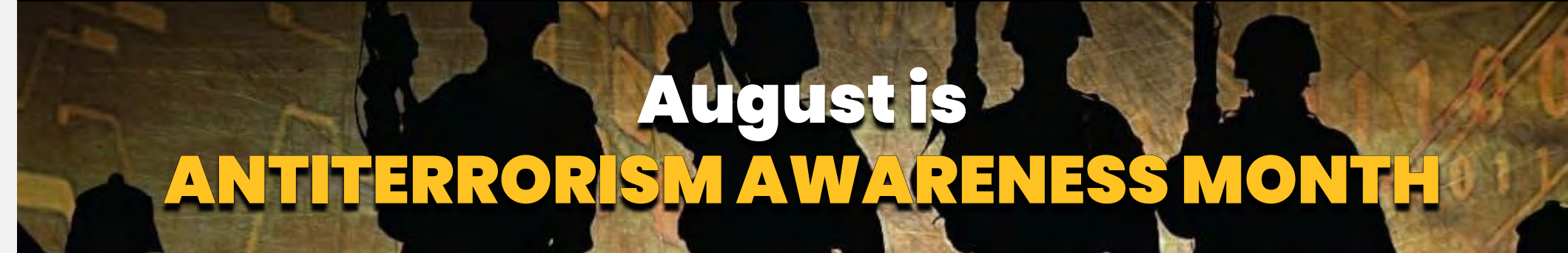


Start your journey today:
uso.org/transition

Yuri Grijalva-Perry
Fort Johnson USO
Transition Specialist



The mission of the **United Service Organization** is to strengthen the well-being of the people serving in America's military and their Families.



August is **ANTITERRORISM AWARENESS MONTH**



MEASURES FOR OPERATIONAL FORCES

AT Awareness Quarterly Theme
3Q/FY24

ANTITERRORISM MEASURES

- CCMD terrorist threat assessment
- Pre-deployment site survey
- AOR-specific training
- Host nation support
- In-transit security
- Terrorist threat information feeds
- Tailored protection measures



Week 3

It is everyone's responsibility.
#SeeSomethingSaySomething

SUSTAINING COMMUNITY AWARENESS AND VIGILANCE



AT Awareness Quarterly Theme
4Q/FY24

Week 4

Stay Vigilant!
The enemy is evolving.
#SeeSomethingSaySomething

Fort Johnson Plant Life

The Joint Readiness Training Center and Fort Johnson is home to a multitude of native plant life. Christina Calcaterra, a botanist from Colorado State University at Fort Johnson, gives nature enthusiasts a look at a few of the many specimens in and around the installation.



From clockwise left: Texas ironweed, American beautyberry, sanguine coneflower, a stick bug on a tick trefoil, Nuttall's rayless goldenrod and compass plant sunflower.

(U.S. Army photos by Antoine Aaron)



Check VIN numbers

The Directorate of Emergency Services Traffic Division will release the following vehicles to MWR for disposal if they remain unclaimed. Vehicles are listed with the last four of their VIN number. If one of these vehicles belongs to you, please contact the Fort Johnson Police Traffic Division at 337-531-1806, 6675 or 2675.

UNK	UNK	Utility trailer	N/A
2008	Yamaha	R6	5446
2016	Yamaha	R3	2153
UNK	UNK	Boat trailer	N/A
UNK	UNK	Kayak trailer	N/A
UNK	McClain	Boat trailer	N/A
UNK	UNK	M/C trailer	N/A
2001	Ford	F150	0450
2000	Ford	Ranger	3852
2006	Nissan	350Z	4586
2013	Kawasaki	650	4040
2004	Cadillac	Escalade	5765
2003	Ford	Crown Victoria	2046
2011	Chevrolet	Cruz	6489



117th Annual
WEST LOUISIANA
Forestry Festival

Off TO THE

Races

OCTOBER 2 - 6, 2024
at the Vernon Parish Fairgrounds

CARNIVAL
RODEO

LIVESTOCK, VENDORS,
LIVE DJ & FOOD

FREE ADMISSION
entrance fee for
law enforcement,
first responders,
military & family
members

FUN FOR ALL AGES!

UNITED STATES ARMY GARRISON
FORT JOHNSON

JULY 2024 EMPLOYEE OF THE MONTH
ADAM LYNN, ANTITERRORISM OFFICE

2024 Hurricane Preparedness

- ✓ Know Your Risk: Water & Wind
- ✓ Prepare Before Hurricane Season
- ✓ Understand Forecast Information
- ✓ Get Moving When a Storm Threatens
- ✓ Stay Protected During Storms
- ✓ Use Caution After Storms
- ✓ Take Action Today

Click for more information

BAYNE-JONES
ARMY COMMUNITY HOSPITAL

FAMILY
HEALTH FAIR

SATURDAY,
SEPTEMBER 7, 2024

8 A.M. - NOON
OPPORTUNITY DRAWINGS
EVERY 30 MINUTES

BJACH
ENTRANCE A

Breastfeeding Awareness and
Suicide Prevention Month

This is a FREE post-wide family health fair for expecting, new and seasoned parents to learn more about community resources.

- LACTATION SUPPORT
- NEW PARENT SUPPORT GROUP
- SAFE SLEEP
- WOMEN, INFANTS & CHILDREN (WIC)
- P3T PROGRAM
- BEHAVIORAL HEALTH (POSTPARTUM)
- FAMILY ADVOCACY
- FACE PAINTING, BOUNCE HOUSE, PHOTO BOOTH, POPCORN, KID GAMES, BALLOONS AND MORE...

Continental Breakfast and food available for purchase

MOLD MITIGATION

**TIP
#4**



Clean and repair roof gutters regularly.

Be Safe During Extreme Heat

- Never leave people or pets in a closed car on a warm day
- If air conditioning is not available in your home, go to a cooling center
- Take cool showers or baths
- Wear loose, lightweight, light-colored clothing
- Use your oven less to help reduce the temperature in your home
- If outside, find shade. Wear a hat wide enough to protect your face
- Drink plenty of fluids to stay hydrated
- Avoid high-energy activities or work outdoors during midday heat
- Check on family members, older adults and neighbors
- Watch for heat cramps, heat exhaustion and heat stroke
- Consider pet safety. If they are outside, make sure they have plenty of cool water and access to comfortable shade
- If using a mask, use one that is made of breathable fabric, such as cotton, instead of polyester. Don't wear a mask if you feel yourself overheating or have trouble breathing

Blood drive **partnership** supports patients, readiness, healthcare

By JEAN CLAVETTE GRAVES
BJACH PAO

FORT JOHNSON, La. — The American Red Cross reports there is an emergency blood shortage across the nation, and the Fort Johnson community responded to the call with a blood drive Aug. 16 from 10 a.m. to 6 p.m. at Fort Johnson Fire Station No. 1.

Donating is fast and convenient because of a partnership between the Joint Readiness Training Center and Fort Johnson, Bayne-Jones Army Community Hospital and the LifeShare Blood Center who share a long history of mutual support.

Over the past year Fort Johnson Soldiers, Family members and civilian employees have donated more than 1,885 units of blood, potentially saving 5,655 lives across the region.

Britney Isabell, spouse of Sgt. Dustin Isabell, 2nd Battalion, 30th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division, is no stranger to blood donation as both a donor and a recipient.

"My husband and I used to donate blood every chance we had. We have a collection of t-shirts and other swag from various blood drives," she said. "But at just 30 years old, I never thought I'd be the recipient of 4,500 units of blood and nine blood transfusions over the span of seven months."

Isabell's journey started in November 2023 after a visit to the BJACH emergency department where she was transferred to the Christus St. Francis Cabrini intensive care unit in Alexandria, Louisiana.

"I began this crazy journey of blood transfusions after they discovered my hemoglobin was down to 5.3 grams per deciliter. Hemoglobin is a protein in your red blood cells and the normal range for women is between 12.3 and 15.3 grams per deciliter," she said.

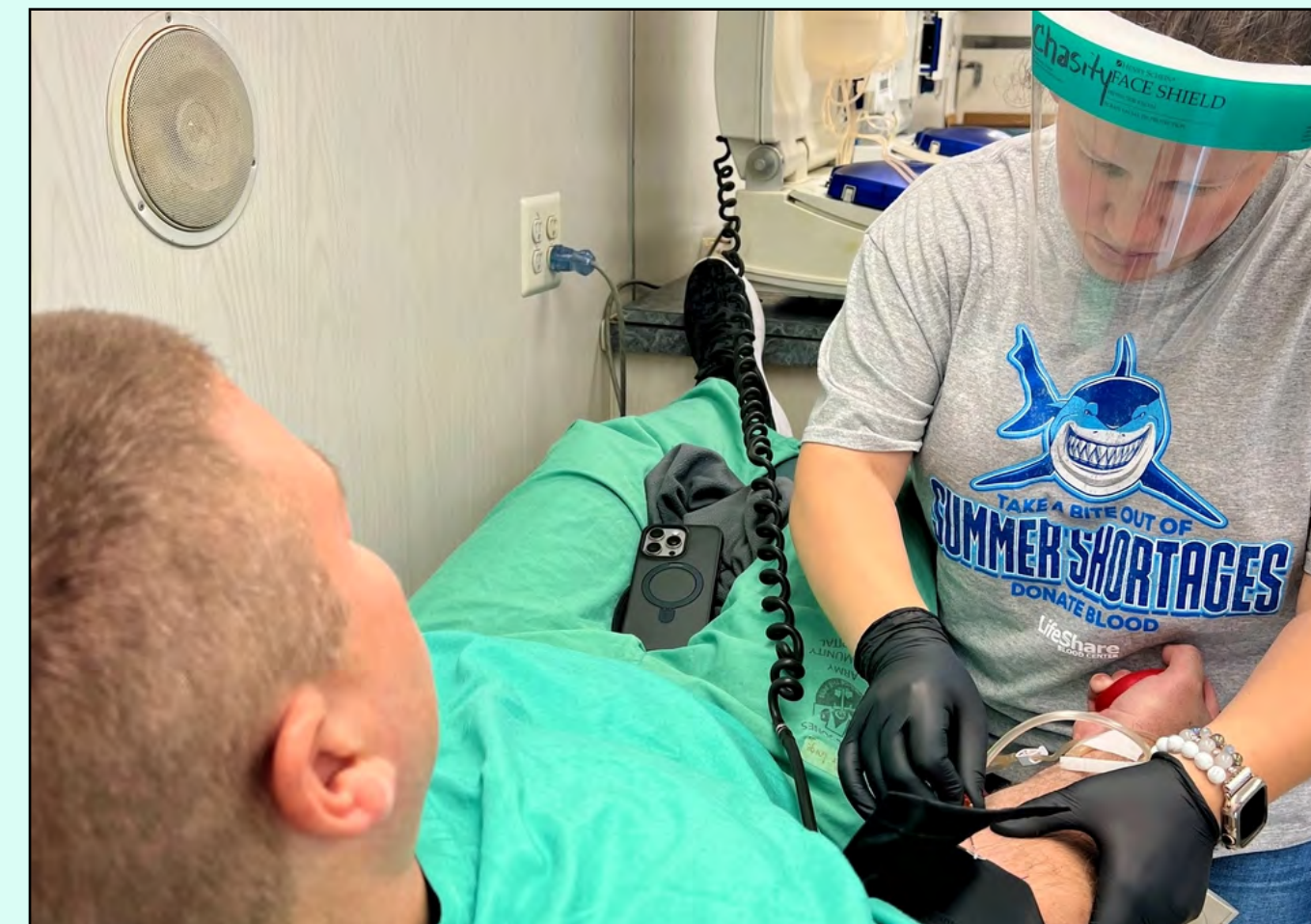
"I'm doing much better now; my last hospital stay was over Mother's Day at Rapides Regional Health System in Alexandria."

Through an agreement with BJACH, LifeShare, a nonprofit organization, waives processing and testing fees for blood products in exchange for access to the Fort Johnson community where they have great support for blood drives at individual units, the fire department, hospital and other on post facilities.

But the relationship does not end there.

On Aug. 9, in conjunction with a routine blood drive at BJACH, LifeShare agreed to work with active-duty nurses to help them earn credit for annual individual critical task list requirements.

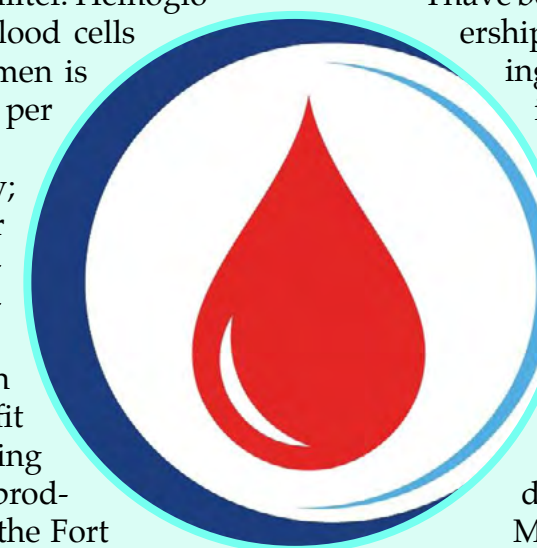
According to the U.S. Army Medical Center



Chasity Russel, a phlebotomist with Life Share Blood Center, draws whole blood from Staff Sgt. Thomas Goodman, operating room specialist and noncommissioned officer in charge of the post operative nursing department, during the blood drive at Bayne-Jones Army Community Hospital on Aug. 9 at the Joint Readiness Training Center and Fort Johnson, Louisiana. (Photo by Jean Clavette Graves)

of Excellence, military occupational specialties and areas of concentration have a series of ICT-Ls that must be performed successfully and tested annually.

Lt. Col. Sonia Montiel, 286th Medical Detachment, 32d Hospital Center, is a critical care nurse who performs her daily duties at the BJACH.



"I have been asked by hospital leadership to coordinate ICLT training for our active duty medical surgical and intensive care nurses," she said. "One of the skills we're required to perform is to collect whole blood, so I reached out to LifeShare Blood Center who have been very supportive by allowing five of our nurses to train during the blood drive."

Montiel said it's important for readiness to be trained on all critical skills.

"One of our nurses can be pulled at any time for deployment," she said. "The expectation is that we are proficient on every aspect of this critical skill list to save lives on and off the battlefield."

Montiel said this opportunity to train during the blood drive illustrates the important partnership between the installation and LifeShare Blood Center beyond blood collection.

Staff Sgt. Thomas Goodman, operating room specialist and noncommissioned officer in charge of the post-operative nursing department, was one of the first donors at the blood drive last Friday.

"I usually donate, I like to help out," he said. "I know how vitally important blood donation is. We use blood products in the operating room, and it is crucial to have an ample supply."

Goodman said he's been donating blood since he joined the Army.

"It's nice that LifeShare sends a mobile team to BJACH," he said. "It makes donating blood very convenient. We can just come outside, donate and then it's back to business as usual."

Helen Keller, a blind and deaf American author, disability rights advocate, political activist and lecturer who overcame her limitations, once said, "Alone we can do so little; together we can do so much." Together, the Fort Johnson community will help ensure the shortfall of blood is replenished for the nation.

To learn more about blood donation, find a mobile blood drive in your area, host a blood drive, or connect with LifeShare Blood Center visit lifeshare.org or call 800-256-5433.

Editor's Note: LifeShare is a third-party nonprofit organization that works with Bayne-Jones Army Community Hospital, the Joint Readiness Training Center and Fort Johnson, and the surrounding community, but is not explicitly endorsed by the Department of Defense and the Defense Health Agency.

BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

UPCOMING EVENTS SEPTEMBER



BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS

SEPT. 2

Soup Kitchen Volunteering

DeRidder Soup Kitchen @ 2 p.m.

SEPT. 10

BOSS Meeting

Home of Heroes Recreation Center @ 1 p.m.

SEPT. 11

Chopped Cooking Class

Warrior Center @ 6 p.m.

SEPT. 16

Jujitsu

Home of Heroes Fitness Center @ 6 a.m.

SEPT. 18

What's the Scoop?

Home of Heroes Recreation Center @ 6 p.m.

SEPT. 18

Musubi Cooking Class

Warrior Center @ 6 p.m.

SEPT. 19

Quality of Life Event

Self Help Store @ 6 p.m.

SEPT. 21

***Lake Charles Adventure Trip**

Home of Heroes Recreation Center @ 10 a.m.

(Soldiers must pay to attend this event)

SEPT. 24

BOSS Meeting

Home of Heroes Recreation Center @ 1 p.m.

SEPT. 27

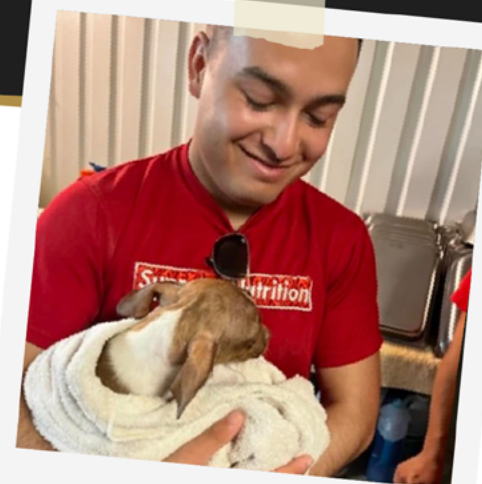
Welding Class

Auto Skills Center @ 5 p.m.

SEPT. 28

Humane Society Volunteering

West Central Humane Society @ 10:30 a.m.



Questions and feedback

Office of BOSS President: 337-378-3236

BOSS HQ: Located in the Home of Heroes
Recreation Center

2165 9th Street, Building 1455

How to sign up for events

Sign up can be done through
your company BOSS rep, visiting
the HoH Rec Center or by
scanning the QR code →

