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Celebrating Army's 250th birthday and Mardi Gras



### **COVER PHOTO**

As floats drive by, parade participants throw beads to community members lined up to watch and enjoy the action. The Greater Vernon Parish Chamber of Commerce hosted the annual Mardi Gras Parade held in downtown Leesville, March 1. Fort Johnson took part in the festivities. (U.S. Army photo by Karen Sampson)



Welcoming more Soldiers home



15
Homeland Security



23
Kicking off 2025 AER campaign



### **JRTC AND FORT JOHNSON**

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For additional information, please visit the @JRTCandFortJohnson Facebook page.



# **ON POST**

Upcoming Events





### **Civics Interview Classes**

March 4, 9:30 a.m.-1 p.m. at Army Community Service

Army Community Service is providing civics lessons and tips in preparation for citizenship interviews. All are welcome to attend.

For more information call 337-531-1941.



### Garrison Commander's Golf Scramble

March 7, noon-5 p.m. at Warrior Hills Golf Course
Tee off at Warrior Hills Golf Course for the Garrison
Commander's Monthly Golf Scramble!

Cost: \$50 (\$55 day of event). Price includes green fee, golf cart, awards and dinner. To register call 337-551-4661.



### **Sunday Brunch**

March 9, 10 a.m.-2 p.m. at The Forge Bar and Grill

Visit the Forge Bar and Grill for their monthly Sunday brunch on March 9, from 10 a.m.-2 p.m. Guests can enjoy a wide selection of breakfast and lunch items as well as their favorite morning cocktails.

For more information call 337-531-7668.



### **Tie-dye Tote Bags**

March 12, 4:30-5:30 p.m. at Allen Memorial Library

Come to Allen Memorial Library and make your very own tie dye tote bag! This event is free.

For more information call 337-531-2665.

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**OUTSIDE THE GATES** 

# OFF POST







7-8
March

Independence Sicilian Heritage Festival INDEPENDENCE, LA.

Click for more info



7-8
March

Louisiana Moonshine Festival
LEESVILLE, LA.

Click for more info



8-9 March

Louisiana Comic Con LAFAYETTE, LA.

Click for more info



20-22
March

**Iowa Rabbit Festival** 

LAKE CHARLES, LA.

Click for more info



27-29

SWLA Garden Conference and Expo

LAKE CHARLES, LA.

Click for more info

NO ARMY OR FEDERAL ENDORSEMENT IMPLIED.





GATOR COUNTRY ALLIGATOR PARK



Gator Country Louisiana is the largest alligator park in the state. The park of almost 25 years, which houses over 250 American Alligators was previously known as Bayou Pierre Alligator Park.

In July of 2020, owners Gary and Shannon Saurage, who also own Texas's largest alligator park bought the park to continue the legacy of the previous owners Terry and Deborah Rogers.

Come explore the mysterious, exciting world of the American Alligator at the Alligator Park, just outside Natchitoches, La. This seven-acre park is the largest of its kind in Louisiana, complete with Cajun Music, lots of hungry alligators, caimans, tortoises and much more.

From covered, protected walkways and platforms you'll see hundreds of alligators in their natural environment. The whole family will enjoy watching and feeding these big gators. But there's much more to the Alligator Park than just gators. Children also love the Petting Zoo, Reptile House, Jungle, Tortoise Exhibit, Rocky Racoon Resort and much more. Children may also enjoy our shallow wading pool, where they will have a hands on educational experience with our small gators. You can have your picture taken with many reptiles and shop for the unusual in our Gift Shop. Don't forget to stick around for one of our exciting and educational alligator feeding shows as well.

Come enjoy an unforgettable adventure! Parking is free.

General admission is \$11 per person.

For more information visit: https://www.gatorcountryla.com/





# LESVILLE MARDI GRAS PARADE

JRTC and Fort Johnson's installation command team joined Leesville's annual Mardi Gras Parade held by the Greater Vernon Parish Chamber of Commerce in downtown Leesville March 1.



### Spouse used Employment Readiness to find job she loves

### **Angie Thorne**

Garrison Public Affairs Office

to finding a new job after every resume," she said. permanent change of station.

she and her husband moved to ployees. Fort Johnson.

she knew where to start looking. is running smoothly," she said. of a child development center.

"That's what I was looking for questions. because I loved it," she said.

Brosnahan wasn't finding what she wanted and applied for other it is helping people," she said. jobs, but wasn't getting anything.

out," she said.

gram manager.

me a lot of good tools to rebuild 531-1941.

my resume. I discovered it wasn't in the format the Army was looking for. FORT JOHNSON, La. — Being So, I wrote a couple of versions and a military spouse isn't for the faint sent them to her. She critiqued them of heart, especially when it comes and helped me refine and polish my

Brosnahan was looking for any-Chelsea Brosnahan, an Air thing at this point, so she uploaded Force military spouse familiar with her brand-new resume, applied for military moves and the uncertain- an MWR manpower manager assisty of the job market, found herself tant job and got it. That means she in need of new employment when helps keep track of all MWR em-

"Everything you see on USA Jobs Brosnahan had been a GS em- for Fort Johnson MWR has to come ployee and a Nonappropriated through me first. I'm the background Fund employee in the past, so person who makes sure everything

She browsed USA Jobs, and was She is the first face they see aflooking for a job at the front desk ter onboarding, and she holds their hand through all the paperwork and

> Brosnahan said she loves her job. "I think the thing I love most about

Brosnahan said even though "My husband was actually the she knew how to search for a job, one that directed me to ACS. she still had things she could learn He had heard about the resume and encouraged other spouses to classes and said I should check it check out the ACS Employment Readiness Program.

Brosnahan made an individual "Be open minded. Even if you appointment with Stacey Delga- think you know everything, you do, Employment Readiness Pro-don't. If someone is willing to help you, let them," she said.

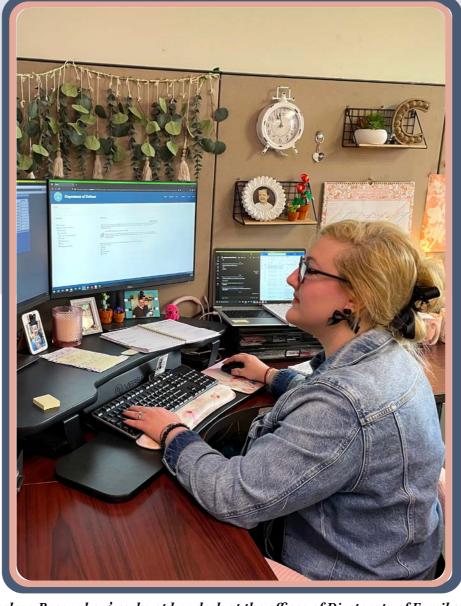
"She is wonderful. She gave For more information call 337-



One of Chelsea Brosnahan's duities is to help onboard new Diretorate of Family and Morale, Welfare and Recreation employees. (U.S. Army photo Angie Thorne)



Chelsea Brosnahan, MWR manpower manager assistant



Chelsea Brosnahan'works at her desk at the offices of Diretorate of Family and Morale, Welfare and Recreation. (U.S. Army photo Angie Thorne)

### ACS holds hiring fair



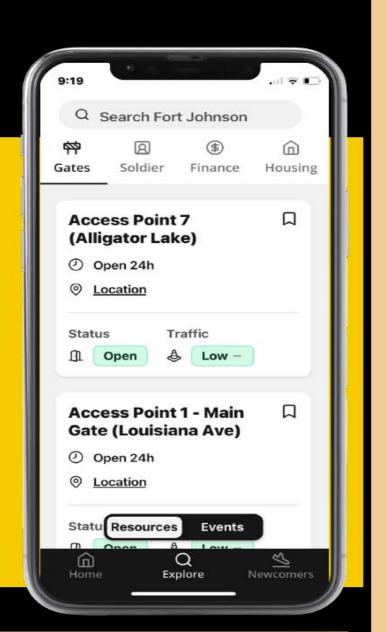
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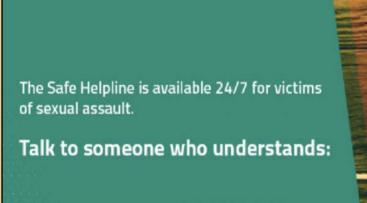


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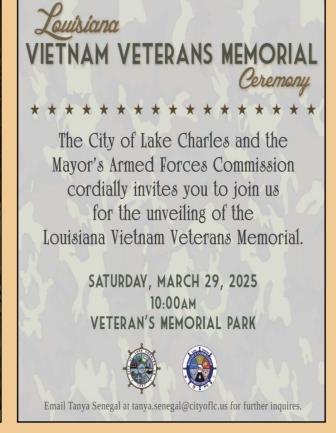


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### From battlefield to home front: Why a homeland security education benefits Soldiers

### By Directorate of Emergency Services

ing back to civilian life, the skills and experi- ing transnational crime. ence gained in the military is invaluable. But in connecting military service to a rewarding sec- land security. ond career protecting the nation on a different

traits in the homeland security sector. Whether it's analyzing intelligence, coordinating emergency response, or securing critical infrastructure. Soldiers possess a unique understanding of risk assessment and operational planning

A homeland security education builds upon er organizations focused on local security. existing military skills, providing specialized knowledge in areas like:

**Terrorism studies:** Understanding terrorist companies and risk management roles. ideologies, tactics and vulnerabilities is crucial for developing effective counterterrorism in a new capacity provides a sense of purpose

**Cybersecurity:** As digital threats increase, Soldiers with cybersecurity expertise are vitalfor protecting critical infrastructure and sensi-

**Emergency management:** Experience in disaster response and recovery is invaluable in field, opening doors to internships and future preparing for and managing natural disasters, employment. pandemics and other emergencies

Border security: Soldiers can leverage their tactical and operational experience to contrib-Fort Johnson, La. — For Soldiers transition— ute to securing national borders and combat-

**Intelligence analysis:** The ability to gather, today's complex world, a formal education in analyze and interpret information is essential homeland security can be the critical bridge for identifying and mitigating threats to home-

A homeland security degree opens doors to a wide range of career paths within govern-The discipline, leadership and strategic think- ment agencies and the private sector, including ing instilled in Soldiers are highly sought-after federal agencies such as the Department of Homeland Security, Federal Bureau of Investigation, Central Intelligence Agency, Customs and Border Protection and Federal Emergency Management Agency.

It also includes state and local agencies directly applicable to homeland security chal- dealing with emergency management agencies, law enforcement, fusion centers and oth-

> Private sector security consulting firms, critical infrastructure protection, cybersecurity

Continuing to serve and protect the nation and continuity for veterans, as well as a competitive edge. A formal education differentiates candidates in a competitive job market, demonstrating commitment and expertise.

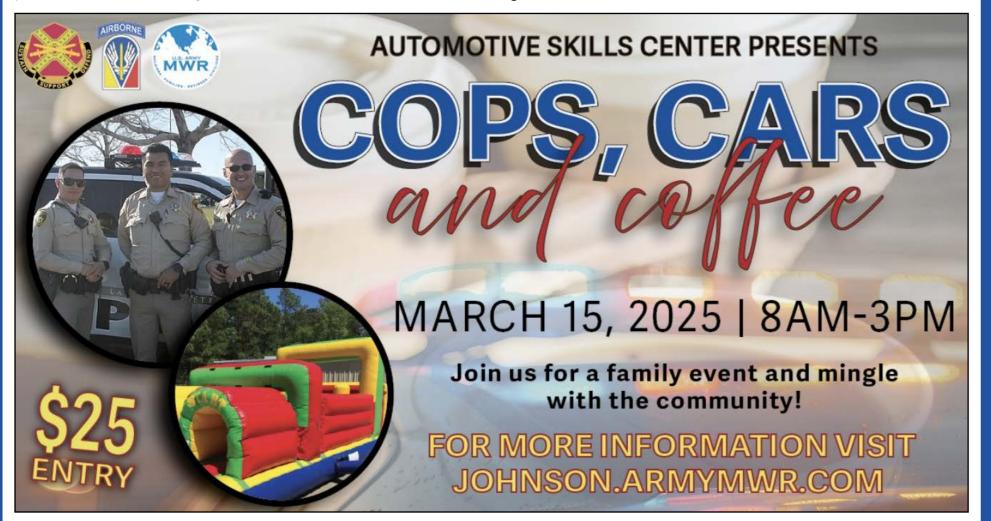
The homeland security programs offer opportunities to connect with professionals in the

For Soldiers transitioning to civilian life, a ca-



reer in homeland security offers a chance to apply their skills and dedication to protecting the nation from evolving threats. An education in homeland security is not merely a degree, it's an investment in a future of service, leadership and safeguarding the home front.

The Fort Johnson Education Center can provide interested personnel with more information, or they can visit the Central Texas Collage office, which provides both a certificate in homeland security or an associate degree program. The CTC campus on Fort Johnson can be reached at 337-537-5202.



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### Reduce pollution — Keep rain gutters clean

### By Directorate of Public Works

FORT JOHNSON, La. — Storm drain inlets are openings in streets, parking lots, or other paved surfaces that are designed to collect storm water and direct it into drainage systems.

Their purpose is to prevent flooding by quickly moving water away from urban areas, especially during heavy rainfall. These inlets are typically located at low points, gutters, or curbs to capture runoff before it can accumulate and create flooding con-

drain inlet, it travels through a series of un- 4013.

derground pipes and channels, often leading to local water bodies like rivers, lakes, or oceans, meaning pollutants like oils, chemicals, trash, pet waste or sediment can be discharged into natural water sources that affect water quality, aquatic life, fishing and swimming activities.

To help, individuals can reduce pollution by properly disposing of waste, using eco-friendly products, keeping gutters clear, and utilizing a commercial car wash.

For more information on storm water pollution prevention tips, contact the Joint Readiness Training Center and Fort John-Once the storm water enters the storm son Water Resources team at 337-531-



### **EMPLOYER'S DAY EVENT** March 11, 2025 0900-1200

Fort Johnson Library and Education Center 7460 Colorado Avd., Bldg 660, 2nd floor 337-531-1594/4621



### **PARTICIPATING EMPLOYERS:**

- FCC Oakdale (Bureau of Prison)
- **House Call**
- Louisiana State Police
- American Water Military Service



### Fort Johnson Medical Clinics Relocate, Enhancing Care and Cutting Costs

### By Jean Clavette Graves

BJACH Public Affairs Officer

FORT JOHNSON, La. — The Fontaine Troop Medical Clinic and the Fort Johnson Department of Public Health will relocate to Bayne-Jones Army Community Hospital on April 1, a move aimed at improving patient care and efficiency while saving the Defense Health Agency nearly \$19 million in long-term maintenance costs.

The move will allow for the elimination of World War II-era buildings and support modernization efforts at the Joint Readiness Training Center and Fort Johnson.

Despite years of discussion about the move, it was the 2024 Fort Johnson Forging New Leaders course that was tasked with researching and presenting the pros and cons of the relocation to the hospital and garrison commander for action.

The team, composed of DHA and Installation Management Command employees, evaluated the feasibility of moving outlying clinics to BJACH's main campus. Theresa Watson, from the Fort Johnson Directorate of Public Works, along with Sarah Sonderman, Jessica Deason and Julieth Hernandez, from BJACH, methodically explored hospital floor plans, assessed available space, conducted an inventory of personnel and equipment and performed an operational and maintenance cost analysis before presenting their findings and recom- us to centralize their care," she said. "Currently, be housed in our new footprint are currently in mendations.

Sarah Sonderman, a medical support assistant in the BJACH Behavioral Health Department, said her team worked on the project for 10 months.

"Our team dug deep to determine the best course of action to help the hospital save money," she said. "We presented three courses of action for DHA leadership to choose from, with the best cost-saving option being to move the said. outlying clinics into the hospital."

care for both Soldiers and their families.

"It eliminates travel time for patients from the FTMC and DPH for any ancillary services," she said. "Having all the clinics co-located within the main campus of BJACH will also be beneficial for staff by providing better access to our dining facility, gym. resiliency room and snack area. It will increase staff efficiency for hospi- DPH and FTMC as soon as possible. tal-wide events and meetings as well."

the FTMC and public health clinics were planned and built decades ago for an installation that had a much larger population and it no longer makes sense from a staffing and fiscal he said. perspective.

"The consolidation of the FTMC and DPH into the main hospital is going to be a big benefit for our patients and the installation by allowing



The relocation of the Fontaine Troop Medical Clinic and the Fort Johnson Department of Public Health to Bayne-Jones Army Community Hospital is expected to generate nearly \$70 million in cost savings, including \$50 million in installation savings by avoiding new construction, \$19 million in long-term maintenance savings for the Defense Health Agency, and a \$100,000 annual reduction in operational costs for BJACH. (U.S. Army photo Jean Clavette Graves)

patients who use these clinics are referred to the hospital for further diagnostic work. With this consolidation, they'll be able to do that simply by walking across the lobby."

Wilma said the clinical consolidation will improve teamwork.

"Centralizing services in the hospital is going to allow for greater collaboration and more advanced options for our patients and staff," she

Wilma added that BJACH is always looking Sonderman said this will increase access to for improved processes to better serve the Fort Johnson community.

> "This move will let us bring a more efficient and comprehensive care package to our beneficiaries," she said

> Nathan Jernigan, director of public works for U.S. Army Garrison Fort Johnson, said his team will move into the buildings being vacated by

"These facilities will transform into the DPW Col. Alisa Wilma, BJACH commander, said Center of Excellence, providing our customer base a one-stop shop for base operations, work reception services, engineering, infrastructure planning and project development,"

> Jernigan said upon their relocation, the garrison will realize immediate cost savings with reductions in energy consumption.

> > 17

"Many of the programs and services that will

World War II-era wood-constructed facilities," he said. "These antiquated facilities are 'energy hogs,' meaning that because of how they were constructed, it costs far more to heat and cool them than modern facilities."

Jernigan said demolishing the World War IIera buildings will allow for new development and modernization.

"As our senior mission and garrison commanders routinely comment, 'quality of life includes the workplace.' Relocating multiple DPW teams into modern facilities will increase the morale of our dedicated team members," he said. "The layout of the FTMC and DPH facilities, along with the co-location of multiple teams from diverse divisions, will allow for even greater collaboration, process efficiency gains, and provide opportunities to further personal and professional relationships among the public works team."

Johnny Bevers, deputy garrison commander for Fort Johnson, echoed Wilma and Jernigan.

"This is great for the installation," he said. "It integrates services at BJACH and enables the installation to consolidate DPW operations, which saves money."

Bevers said the moves will save the hospital \$100,000 in operational costs annually and the installation \$50 million in new construction

### **Hospital Launches Weekly Behavioral Health Initiative for Leaders**

### By Jean Clavette Graves

BJACH Public Affairs Officer

FORT JOHNSON, La. — Bayne-Jones Army Community Hospital's Behavioral Health Department opened its doors Feb. 19 to leadership from the 46th Engineer Battalion, kicking off a new initiative aimed at educating commanders on mental health resources available at the Joint Readiness Training Center and Fort Johnson.

The session marked the first of a weekly Wednesday program designed to enhance awareness of installation support services for Soldiers and their families.

Lt. Col. Alexander Ragan, installation director of psychological health and chief of behavioral health at BJACH, said the weekly tours are designed to provide company-level leaders and Soldiers with direct exposure to behavioral health resources in a nonthreatening and educational setting.

"These tours aim to decrease stigma by normalizing behavioral health discussions, demystifying services and fostering an environment where seeking help is seen as a proactive and responsible decision," he said. "The target audience includes command teams at the company level and below because they are closest to the Soldiers and play a critical role in shaping unit culture. Our goal is to equip them with the knowledge and confidence to support their Soldiers in accessing mental health care without fear of judgment or career repercussions."

Ragan emphasized several key outcomes he hopes to achieve through the initiative, including increased help-seeking behaviors, greater leader involvement, early intervention and prevention, improved unit cohesion and readiness, and strengthened resilience.

"Behavioral health support works best when it is integrated into the unit culture, rather than being seen as a last resort," he said. "By offering these tours we hope to normalize conversations about mental health and reinforce that asking for help, offering help and accepting help are signs of strong leadership and professionalism."

Ragan said he chose the 46th Engineers first because of their leadership's proactive stance on Soldier wellness.

"By starting with a unit that so strongly values Soldier well-being, we are taking a strategic approach. People who are wide open to change serve as a success story to encourage broader adoption of our tours," he said. "The next unit is BJACH's company command and clinical leadership."

Maj. Ronnett Bailey, a licensed clinical social worker and behavioral health officer embedded with the 20th Engineer Brigade, joined the battalion leadership on the tour.

"Our brigade has four battalions in six dif-



Lt. Col. Alexander Ragan, installation director of psychological health and the chief of behavioral health at BJACH, discusses targeted care with Capt. Hayden Schappell, commander for the 46th Engineer Battalion Forward Support Company and other leaders during the clinic tour. (U.S. Army photo Jean Clavette Graves)

ferent locations," she said. "I travel every other month to our units and provide prevention classes to mitigate risk. We don't want to be reactive; we want to be embedded, connected, and build trust and camaraderie."

Bailey said the BJACH tour initiative is a valuable opportunity to bring the medical and operational teams together, fostering a shared understanding to better support Soldiers.

"It's preventative," she said. "Our command teams are the ones leading our Soldiers. If they know the resources and the people they can call, we can quickly get Soldiers the most appropriate help when they need it."

Bailey emphasized that this initiative is breaking down barriers between behavioral health services and leadership.

Capt. Hayden Schappell, commander for the 46th Engineer Battalion Forward Support Company, said the tour helped him better understand the vectoring process and the resources available to his Soldiers.

"As commanders, beyond knowing something is off with one of our Soldiers, we don't have the training or tools to assess them properly," he said. "This initiative helps us to better understand the next steps.

Schappell noted certain incidents, such as DUIs or domestic abuse cases, can trigger a clinical behavioral health response.

"Meeting the people face-to-face that we interact with regularly was beneficial," he said. "This tour also improved our understanding of the process when our Soldiers seek out behavioral health services on their own. Now we know where our Soldiers are going, what the vectoring questionnaire looks like, and the different resources they will be directed to after their initial intake."

Lt. Col. Shawn Woodard, commander of the 46th Engineer Battalion, said understanding the intake process was his biggest takeaway from the tour.

"Now my commanders, first sergeants and I can better assist individuals seeking help," he said. "This is important because our improved understanding of behavioral health resources will enable us, as leaders, to mitigate the potential negative outcomes associated with issues Soldiers are facing in their personal and professional lives. By getting them the help they need early on, we get them back in the fight."

"When Soldiers receive the right support at the right time, they are more focused, resilient, and better prepared for their missions," he said. "This initiative ensures we're not only taking care of our people but also strengthening overall unit effectiveness.

Woodard encouraged every unit to take advantage of these weekly tours sooner rather

"The guicker we learn about behavioral health resources and programs at Fort Johnson, the better equipped we are to assist our Soldiers." he said.

Editor's Note: The Military Health System has implemented Targeted Care at all military hospitals and clinics to give patients the right mental health support for their specific needs. The process starts with a preliminary assessment that vectors individuals to the best resource along the continuum of care.

Learn more at: https://www.health.mil/ Military-Health-Topics/Mental-Health/Tar-

### Faith in Action: Army chaplain earns doctorate, board certification to strengthen spiritual care

### By Jean Clavette Graves

BJACH Public Affairs Officer

FORT JOHNSON, La. — Chap. (Capt.) James Walker, a dedicated spiritual leader at Bayne-Jones Army Community Hospital, has achieved a significant milestone by earning a Doctor of Ministry and receiving board certification from the National Association of Veterans Affairs Chaplains. The accomplishment enhances his ability to provide compassionate ministry and support to Soldiers and families at the Joint Readiness Training Center and Fort Johnson, reinforcing his commitment to their spiritual well-being.

Col. Michael Jefferies, JRTC and Fort Johnunique and talented minister with a high emotional IQ.

"His extended and additional education has ate degree." refined him and has helped him grow into an even better chaplain," he said. "His additional education and expertise build confidence and credibility with his peers and clients."

Jefferies said Walker's board certification illustrates Walker's high level of competency.

"James is amazing in and of himself," he said. "His extra efforts in education and certification demonstrate his commitment to professionalism. Walker continually does all that he can to ensure the best quality of care possible for the people he serves. He is committed to doing his best to serve the Lord and to serve the people of his flock."

Walker, an Arizona native, spent 12 years tion' during my first year assigned to BJACH." farming and serving local congregations after earning a Master of Divinity from the Phoenix from Wesley Theological Seminary. Seminary before joining the Army Chaplain Corps in 2018.

"When I was an undergraduate at Grand Canyon University, I was at a chapel service and was feeling overwhelmed that God was going to use me in that setting," he said. "I was already on my way to law school, and I resisted that call for a year before I realized I needed to switch gears, leave law school and go to seminary."

Serving Soldiers and veterans was never part of the plan, Walker said.

"A defining moment came in 2017 when I reunited on a ski trip with a college friend stationed at Fort Carson," he said. "As we enjoyed chili dogs at the top of the mountain, my friend suggested becoming an Army Chaplain. At the time it seemed like a crazy idea, I knew nothing about the Army, but the decision to join was affirmed repeatedly by family, friends and parish- BJACH is lucky to have Walker. ioners."

ioin the Army at age 38.

Walker's first assignment was with 1st Squadron, 6th Cavalry Regiment, 1st Aviation Brigade, 1st Infantry Division, Fort Riley, Kansas.

"While at Fort Riley, I applied and was accepted for clinical pastoral education," he said. "Most people associate it with hospitals, but it's a clinical chaplain role which can be used anywhere there are high amounts of trauma: embedded with special forces, in hospitals, or

According to Walker, the CPE residency program is accredited by the U.S. Army Training and Doctrine Command and the Association for Clinical Pastoral Education.

The program supports the Army Chief of Chaplain's requirement for clinically trained spiritual care specialists during the yearlong

"I did my residency at Brooke Army Medical son senior command chaplain, said Walker is a Center in San Antonio, Texas," he said. "During that year, I earned a certification in clinical education and began working towards my doctor-

> Walker said upon completion of the CPE, his guidance from mentors at the U.S. Army Institute for Religious Leadership, school for Spiritual Care, was either earn a doctorate degree or become board certified to earn an additional skill identifier.

> "The U.S. Army and Wesley Theological Seminary have a partnership that recognizes elective credits based on experience as an Army Chaplain during clinical pastoral education," he said. "During my residency, I took online courses, and I continued my research and presented my thesis on the 'Spiritual Healing from Internal Battles through guided medita-

In 2023, Walker earned a Doctor of Ministry

"For me, participating in the graduation ceremony at the National Cathedral in Washington, D.C. was a pinnacle moment in my life," he said.

Walker said competition and mutual motivation with a fellow chaplain drove him to pursue board certification through the national Association of Veterans Affairs Chaplains.

"I only needed the doctorate or the board certification to earn the additional skill identifier, but I wanted both," he said. "I love school, and the board certification process encourages professional collegiality, personal growth, and the professional development of chaplains who serve service members and veterans."

Walker said the board certification illustrates his practical competence and best practices, versus the theoretical knowledge learned in

Col. Alisa Wilma, hospital commander, said

"Pastoral care is a specialized skill. His ded-Walker said it was a blind faith step for him to ication to all the nuances of providing care in a medical setting, both for patients and staff is outstanding," she said. "He meets our patients and staff where they work and worship, not just when they come in for care.'



Capt. James Walker, a chaplain assigned to Bayne-Jones Army Community Hospital, takes a selfie in front of the Washington National Cathedral, during the Wesley Theological Seminary Doctor of Ministry commencement ceremony in Washington, D.C., May 8, 2023. (Courtesy Capt. James Walker)

Wilma said Walker's ministry reaches beyond the hospital walls and serves the entire Fort Johnson community through on call, support to installation chapel services and supporting units and families of deployed Soldiers.

Wilma said earning a doctorate and board certification speaks to Walker's dedication to constant personal and professional develop-

"The skills he's honed through these achievements are applied to the problems that our staff and patients have here at BJACH," she said, "That drive for improvement, that need to be even better at what he does, means that we as a hospital and community benefit from his ever-growing skills and abilities."

Wilma said, chaplains in general, bring an added element to the healthcare environment for patients and providers.

"He is a gem, and he brings so much to the fight," she said.



**Bayne-Jones Army Community Hospital** 

1585 3rd Street, Bldg. 285, Fort Johnson, LA

bayne-jones.tricare.mil or www.facebook.com/BayneJonesACH



### https://my.mhsgenesis.health.mil/



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Prescription Refills	s337-386-1386				
Q-Anywhere (text "GET IN LINE")	844-398-4169				
Correspondence	726-780-2262				
Behavioral Health	726-780-2566 / 2567				
Managed Care	726-780-2442 / 2441				
Nutrition Care	726-780-2240				
OB/GYN	726-780-2467 / 2468				
Optometry / Audiology	726-780-2310 / 2311				
Patient Experience	726-780-2443				
Radiology	726-780-2356				
Department of Public Health	726-780-1367				
ACTIVE DUTY	ONLY				

### 3BCT, 10th Mountain Division

Soldier Center Medical Home 726-780-1224 / 1230 / 1228

### All Other Units

Fontaine Troop Medical Clinic 726-780-0882 / 1137



### Take the survey!

### Help Corvias improve resident quality of life



### By Corvias

It's time for the 2025 fiscal year Army Housing Annual Tenant Satisfaction Survey. Are **YOU** in?

The survey is being conducted online and now from your cell phone. Opt-in from your cell phones now (use the QR code on the right) to receive your survey via text message when it becomes available in March. Text option is not available for Army unaccompanied housing for 2025.

All households living in privatized, government managed Army or unaccompanied housing are invited to participate in the survey. This is your opportunity to provide feedback on your housing and community.

Households will also receive the survey vias email, but only one survey per household or room/bed can be submitted. All surveys submitted are confidential and anonymous.

For more information contact your housing office or management office for privatized housing.





# Breakfast On the Go!

Enjoy a FREE breakfast on us to kickstart your day!

Swing by your Community Center or catch us at any main intersection in your neighborhood.

Just a little something to show our appreciation!

March 20th

7:30 am to 9:00 am

Contact your Community Office for more details. We look forward to seeing you!



Army Emergency Relief breakfast Kicks off 2025 campaign

### **Angie Thorne**

Garrison Public Affairs Office

Emergency Relief breakfast kicked off that I was able to take full advantage of the 2025 campaign Feb. 28 at Army these career opportunities. I want to ex-Community Service.

Soldiers, family members and dedi- the Army. cated members of the Army community gathered to support a program that has, diers to explore these resources. since 1942, supported the Army based on the premise of Soldiers helping Soldiers.

readiness and help Soldiers and Family help from the AER program. members in times of need by providing grants, interest free loans and scholar- reset some of my payments and spread ships.

clude:

mortgages, small home repairs and more. my finances, I was able to continue on in

hicles and car seats.

**Medical** — dental and medical expenses not covered by TRICARE, children's officer of JRTC and Fort Johnson, said cranial helmets and more.

AER also offers a Quick Assist Program on the generosity of other Soldiers. that allows the chain of command to pro- Andres said Fort Johnson didn't do too commander or first sergeant can approve installation's goal. loans up to \$2,000.

Those eligible include:

tired Soldiers and their eligible depen- sand," he said. dents.

Soldiers on active duty for more than 30 of those contributions came from acconsecutive days and their eligible de- tive-duty Soldiers." pendents.

diers who are retiring and receiving DFAS this year. retired pay and their eligible dependents.

AER has provided more than \$2 billion in assistance since 1942.

Many of those in attendance raised been helped by AER.

Spc. Luther Blount, one of the change Service payment terminal. helped him with his chosen career to AER.

pected challenges associated the AER Program. with that training. Thanks to an AER For more information call 866-878-

penses. This allowed me to focus on my traing and gain the knowledge and experience I needed to succeed in my career," FORT JOHNSON, La. - The Army Blount said. "It gave me peace of mind press my deepest gratitude to AER and

Blount also encouraged his fellow Sol-

As a private and a recently divorced single mom trying to make ends meet, AER's mission is to promote financial Staff Sgt Jessica Lattimore also received

"AER gave me a loan that helped me them out enough that I was able to sur-Just a few of the ways AER can help in-vive for the whole month and have my boys still be comfortable," Lattimore said. **Housing** — utility and rent deposits, "Because of AER and being able to reset **Personal vehicles** — repairs, rental ve- the Army. I'm a staff sergeant now and I love my job."

> Col. Mark Andres, deputy commanding AER helps Army Soldiers in need based

vide immediate assistance. A company well last year because we didn't meet the

"Last year at Fort Johnson, AER helped 247 active-duty service members and · Active-duty retired and medically re- their families to just shy of \$240 thou-

"But of the \$78 thousand Fort Johnson •Army Reserve and National Guard raised in last year's campaign, only half

Andres said Fort Johnosn can do bet-•Army Reserve and National Guard Sol- ter and challenged Soldiers to do more

"I think that we, as active-duty military, •Surviving spouses and children of Sol-can contribute from our heart. The potendiers who died on active duty or as retir-tial for us to help each other is huge," he

> As the breakfast ended, Soldiers began filling out their contribution cards.

The Fort Johnson community can their hands when asked if they had continue to contribute to AER each time they step up to an Army and Air Force Ex-

Soldiers who has benefitted from Before finalizing a purchase, custom-AER assistance, said the program ers are asked if they would like to donate

These donations are earmarked for "There were costs and unex- Fort Johnson to support Soldiers through

grant, I was able to cover those ex- 6678 or visit www.aerhq.org.





- & Recreation
- Human Resources
- Garrison Safety Office
- Religious Support Office
- Plans, Training, Mobilization and Security
- Emergency Services
- Logistics Readiness Center
- Public Works
- Staff Judge Advocate
- SHARP
- Bayne-Jones Army Community Hospital
- American Red Cross
- Equal Opportunity
- Master Resilience Training
- Public Affairs Office
- Corvias
- United Services Organization
- Human Resources
- Commissary
- AAFES and more!

### **SERVICES**

General Powers of Attorney, extreme weather notifications sign-up, passport photos and professional photos

Childcare provided for service members, families and attendees

\*Not available for organization employees

Complimentary food will be available!

For more information call 337-353-1694





### **Check VIN numbers**

The Directorate of Emergency Services Traffic Division will release the following vehicles to MWR for disposal if they remain unclaimed. Vehicles are listed with the last four of their VIN number. If one of these vehicles belongs to you, please contact the Fort Johnson Police Traffic Division at 337-531-1806, 6675 or 2675.



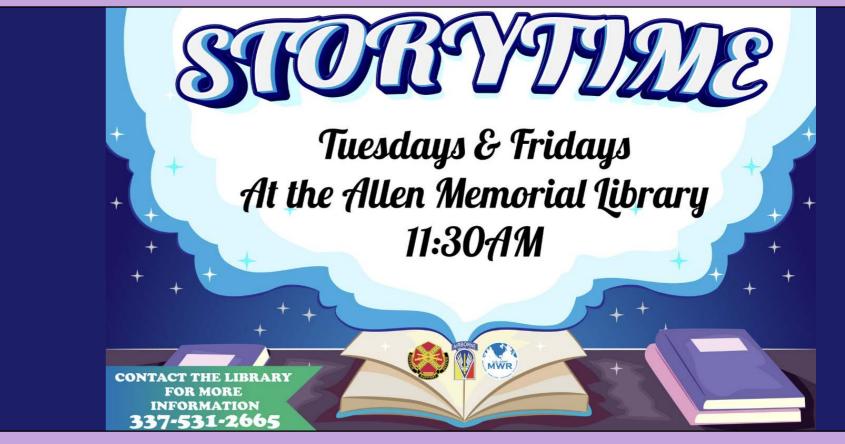
2016	Yamaha	R3	2153
UNK	UNK	Boat trailer	N/A
UNK	UNK	Kayak trailer	N/A
UNK	McClain	Boat trailer	N/A
2001	Ford	F150	0450
2000	Ford	Ranger	3852
2006	Nissan	350Z	4586
2004	Cadillac	Escalade	5765
2003	Ford	Crown Victoria	2046
2011	Chevrolet	Cruz	6489
2012	Land Rover	Land Ranger	2214
2005	Honda	Civic	6295
1994	GEO	Tracker	0139
2007	Ford	F150	7785













## **JRTC & Fort Johnson**

### INSTALLATION RESOURCES FOR SUCCESSFUL WASTE MANAGEMENT



### CORVIAS WAREHOUSE AND RECEIVING

For assistance call 337-535-1155 M-F 0800-1530

SOLID WASTE



### HOUSING BULK ITEMS DISPOSAL MAP

### BULK ITEMS DISPOSAL

6528 Holmlund Street For assistance call (337) 537-5021/5055 Operating hours are M-F 0800-1700 Installation military housing residents are authorized to dispose of bulk items into the roll off located at Corvias Warehouse. The site is marked "RESIDENTIAL WASTE

### DUMPSTERS

To request a dumpster, recycle a dumpster or have a dumpster removed call 337-525-1155 0800-1530 M-F Dumpster lids and doors must remain closed (Louisiana regulations Title 33, Part VII, reference

### **ORP/ RECYCLING CENTER**

Building numbers 3620 & 3622 located at the intersection of Georgia and Maine Avenues. For assistance call (337) 531-7556 M-F 0800-1600

### 8300 BLOCK × SOLID WASTE CONSOLIDATION POINT

For assistance call 337-535-1155 M-F 0800-1530

507.D).

### Supporting Soldiers and family members when they need it the most

### **Behavioral Health**

Targeted care Listening to your concerns Assessing your needs Matching you to the best resource •337-531-3922

### **Suicide Prevention**

Learning the signs of suicide Taking advantage of crisis support Promoting active engagement by leaders •988 and press 1 for **Suicide & Crisis Line** 

### **Religious Support Office**

Enhance spirituality Train and partner Unit Military Teams •Speak to a chaplain in times of need 24/7 at **•337-531-4228** 

### **Physical Fitness**

•Reduces stress Positive impact on depression and anxiety Clearer thinking •Visit Wheelock, Cantrell, Tiger Land and Home of Heroes Fitness Centers

YOU ARE NOT!

### Sexual Harassment/Assault **Response and Prevention Program**

•24-hour confidential reporting Crisis intervention and non-clinical support •Ensuring dignity and respect **•337-531-1788** 

> **Army Substance Abuse Program**

> > Programs:

32

Volunteering and making connections Learning life skills Making friends and having fun **•337-531-1948** 

### Worthless

Drug testing Risk Reduction Employee Assistance Suicide Prevention **•337-531-1281** Personal

**Better Opportunities** for Single Soldiers

31

Support military families •Confidential counseling for children, Soldiers, spouses and families •228-313-7205 **•318-592-9671 •318-592-9601** 

**Military and Family** Life Counseling

Supports Soldiers and family members to: Prevent abuse Promote victim safety New Parent Support •337-531-1941

### **Financial Assistance**

financial readiness:

•Indebtedness/credit

Money management

Finanacial planning

•Army Emergency Relief

•337-531-1941



## COOKING CLASS

Enhance your cooking skills, discover new flavors, learn techniques, and unleash creativity to craft delightful dishes with experts!

33

### **CLASS OVERVIEW**

- Basic Cooking Techniques
- Cooking Tools & Appliances
- · Meal Planning and Preparation

### **CLASS TOPICS**

14th: Family Friendly Meals 21st: Cooking in the Barracks 28th: Performance Nutrition

# 1430-1530 EVERY FRIDAY IN MARCH EDUCATION CENTER

7460 COLORADO AVE., BLDG. 660 FORT JOHNSON, LA 71446 TO REGISTER SCAN QR CODE OR CALL 337-531-1329





HOH Thrift Shop

When you shop at the Home of Heroes Thrift Shop, you'll find fantastic bargins, but you'll also be contributing to our community, as well as the communities surrounding Fort Johnson. That's because 100% of the proceeds are reinvested into the organization, which benefits our grant program.

### WHAT WE OFFER:

- Supporting our local community
- Volunteer program
- Grant program





from 9:30 a.m.-4:30 p.m.

### **ADDITIONAL DETAILS EMAIL:**

Grants: hohthriftshop.grants@gmail.com Volunteer: hohthriftshop.volunteer@gmail.com





Be there. Shelter heroes help their neighbors in Louisiana when they need it most.

Join the Red Cross shelter heroes in your community. You can be the crucial lifeline for people in need where you live, amid increasing disasters. Here's how you can help make a difference:

- \* Support disaster emergency shelters near you
- \* Provide meals, comfort & more to your neighbors
- \* Receive preparedness training & resources
- \* Make your community more resilient
- \* Set your annual availability in two-week shifts
- \* Join a special force of hundreds of humanitarians

### Turn your compassion into action.

To sign up, get more information & find upcoming trainings, contact our team today. Use the QR code below or contact:

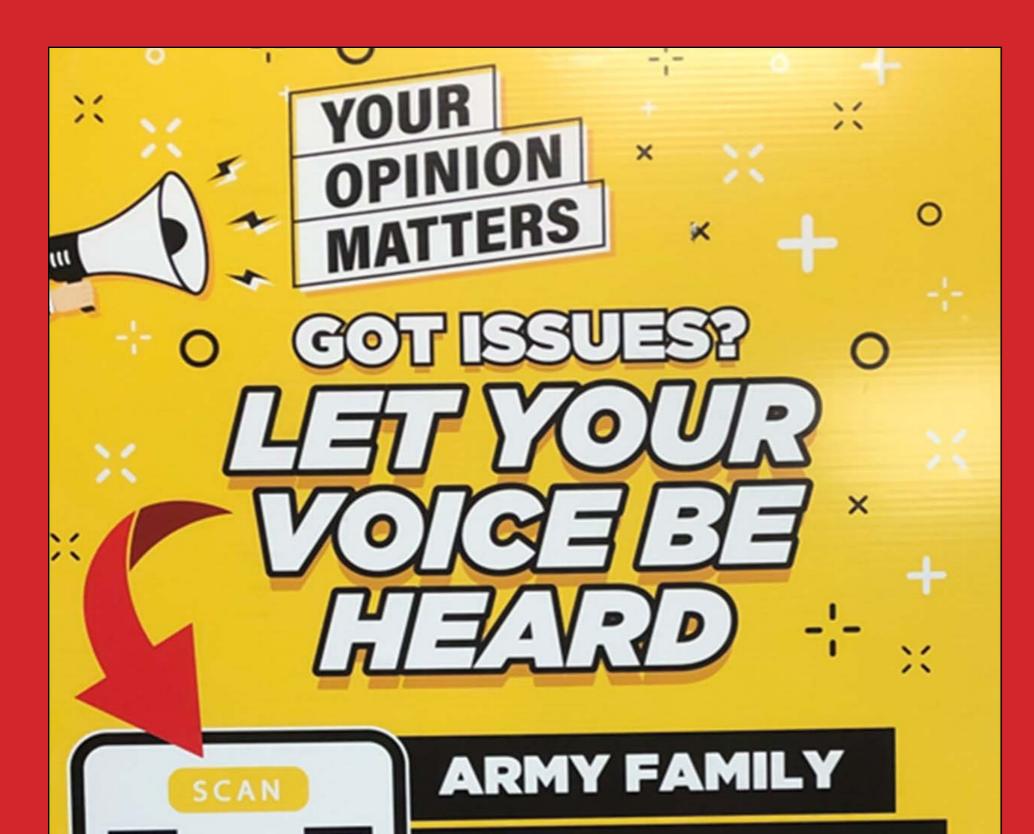
redcross.org/ShelterHeroes ShelterHeroes@redcross.org











### **ACTION PLAN**

If it's a program or service, an AFAP issue can IMPROVE IT. If it's a policy or regulation, an AFAP issue can CHANGE IT. If it's a law, an AFAP issue can AMEND IT.

an AFAP issue can **AMEND IT.**If there's a low-cost, creative solution,

You should PURSUE IT.



### JRTC & Fort Johnson Motorcycle Safety Courses



- Click on 'OFF-DUTY' at the top of the page
- Under 'PMV-2 (Motorcycles)' choose 'Training'
- Click on visit AIRS Website at
- https://airs.safety.army.mil/usg\_disclaimer.aspx
- Follow the above link, type in your CAC code and click on "I ACCEPT"
- At the top for Region, click on "Southeast", and in Garrison, click on
- Utilize the calendar and choose a course/date and click on "Location"
- This will take you to a page. Read the instructions and fill out the form

### **MARCH 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
2	3	Basic Riders Course	5	6 Intermediate Drivers Training	Advanced Rider Course	8
9	10	Basic Riders Course	12	13 Intermediate Drivers Training	14 Remedial Drivers Training	15
16	17	Basic Riders Course	19	20 Intermediate Drivers Training	21	22
23	24	Basic Riders Course	26	27 Intermediate Drivers Training	28	29



Don't change your schedule. Stick to regular waking, eating, sleeping and

Sunday, March 9th

Have a nighttime routine. Prepare your body for sleep by engaging in a few relaxing activities before hitting the hay

Avoid long naps. Keep naps short (between 20-30 minutes) to avoid disrupting your sleep schedule

### **TIME CHANGE & DARKNESS SAFETY**

- More annoying than dangerous Plummeting work productivity
- Somewhat dangerous Poor sleep
- Dangerous Feeling down in the dumps
- Seriously dangerous Distracted driving

**Contact your Garrison** Safety Office if you need additional tips at 531-SAFE

### GARRISON SAFETY OFFICE (GS

Your Civilian Workplace Safety & Occupational Health Experts

### WHAT WE HAVE TO OFFER



(M) Workplace Inspections



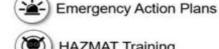
CDC/FCC Proponent Training



Supervisor Training



Collateral Duty Safety Officer (CDSO) Training



HAZMAT Training





OSHA OSHA Specific Training

- Lock Out/Tag Out (LOTO)
- Respiratory Protection (RPPM)
- Personal Protective Equip (PPE)



Army Traffic Safety Training

- Basic Rider Course (BRC)
- ✓ Experienced Rider Course (ERC)
- ✓ Military Sports Bike Rider Course (MSBRC)
- ✓ Intermediate Driver Training (IDT)
- Remedial Driver Training(RDT) Local Hazards Brief (LHB)

Accident/Mishap Reporting **Procedures Training** 



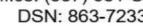






### **Garrison Safety Office**

7130 Pennsylvania Loop, Bldg 4209D Office: (337) 531-SAFE



DSN: 863-7233



### Tornado Warning at Work? Know Where to Go!

**Tornado Watch** means the weather conditions for tornadoes are favorable during the next few hours. A watch covers a large area of several cities or parishes



Tornado Warning means a tornado has been sighted or indicated by weather radar. A warning usually covers a smaller area of a few towns. Seek shelter immediately!

Know your office's Emergency Action Plan (EAP) or Mobilization and Contingency Plan (MAC-P). Seek shelter in designated safe areas – interior rooms or sturdy hallways away from windows. Stay informed and follow emergency instructions. Safety starts with awareness!

Contact the Garrison Safety Office if you have any questions at (337)531-SAFE