

WARRIOR INFORMATION EXCHANGE (WIE)

JRTC & FORT POLK &
U.S. ARMY GARRISON FORT POLK

April 01, 2026

Location: JRTC & Fort Polk Warrior Center (Bldg. 352)

MG Jason Curl	CSM Oracio Pena	COL J. Adam Barlow	CSM Antonio Paparella
Commander JRTC & Fort Polk	Post CSM JRTC & Fort Polk	Garrison Commander JRTC & Fort Polk	Garrison CSM JRTC & Fort Polk

U.S. ARMY

Agenda

- OPENING REMARKS
- G3
- BOSS
- DFMWR – EVENTS
- DFMWR – BRD
- DFMWR - AER
- DFMWR – CYS
- DHR/TAP
- BJACH
- RSO
- AAFES
- DPTMS
- CORVIAS
- DPW – ENVIRONMENTAL DIVISION & ENGINEERING
- DPW – RECYCLING UPDATE
- DPW – AMERICAN WATER
- USO
- SHARP SUPPORT SERVICES
- CID
- EMERGENCY SERVICES (DES)
- R2PC
- INSTALLATION SAFETY
- Q&A SEGMENT
- CG CLOSING REMARKS

USAG FORT POLK
PEOPLE • PASSION • PURPOSE

SCAN QR CODE FOR THE LATEST SLIDE BRIEF

G3 Calendar – April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: 26 MAR 26 JRTC & Fort Polk Event MSC Event MWR Event BOSS Event Community Event			1 9:30 AM MOMC/CAPM Proclamation Signing at WC 10:00 AM Warrior Information Exchange at Warrior Center 11:00 AM MSC Commander's/CSM Luncheon at 3:30 PM 2026 SAAPM Proclamation Signing at CCR Hiring Our Heroes at Bayou Theater RSOI RTN 26-06 (3/101 AASLT) 30 MAR - 7 APR 2026 VPSD Spring Break 30 MAR - 6 APR 26	2 10:00 AM Installation Hiring Event at Bayou Theater/Warrior Fitness Center 12:00 PM Newcomers Brief at ACS BLDG 920 4:30 PM Right Arm Night at CG's Pub	3 11:00 AM GC Golf Scramble at WHGC 11:30 AM Storytime at Allen Memorial Library BPSD Spring Break 3-10 APR 26 Fort Polk DONSA 3-5 APR 26	4 5:50 AM Bass Fishing Tournament TBRA 9:00 AM Military Spouse-Owned Business Market at Warrior Center 11:00 AM Easter Bunny Visit at Play Town and Café
5 10:00 AM Easter Brunch at Forge Grill 10:00 AM Military Spouse-Owned Business Market at Warrior Center Fort Polk DONSA 3-5 APR 26 RSOI RTN 26-06 (3/101 AASLT) 30 MAR - 7 APR 2026 VPSD Spring Break 30 MAR - 6 APR 26	6 BPSD Spring Break 3-10 APR 26	7 11:30 AM Storytime at Allen Memorial Library	8 8:15 AM Montly PCS Breakfast at Patriot Warrior Restaurant 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Gamer Night at Warrior Lanes	9 10:30 AM CG's Quarterly Excellence Awards at WC 12:00 PM Newcomers Brief at ACS BLDG 920 5:00 PM STEAM Education at Allen Memorial Library FoF RTN 26-06 (3/101 AASLT) 8-21 APR 2026	10 11:30 AM Storytime at Allen Memorial Library 12:00 PM GC Golf Invitational at WHGC	11 10:00 AM Scavenger Hunt - MOMC/CAPM E vent at Alligator Lake 11:00 AM Anacoco Spring Parade
12	13 9:30 AM SHARP Presentation (OPEN to Installation) at Bayou Theater 11:00 AM SHARP Presentation (Medical Personnel and First Responders) at Bayou Theater	14 9:00 AM Giant Voice Test 9:30 AM SHARP Presentation (Mid-Level Leaders) at Bayou Theater 1:00 PM SHARP Presentation (Senior Leaders) at Bayou Theater 1:00 PM BOX Tour Full Dress RXL at Bayou Theater	15 9:30 AM PCSM SCRUM at the CCR 5:00 PM Barracks Town Hall at 2-4 IN BN, BLDG 2273	16 9:30 AM 32 Hospital Command Redesignation Ceremony from 1 MED BDE to 44 MED BDE 12:00 PM Newcomers Brief at	17 11:30 AM Storytime at Allen Memorial Library 6:00 PM Movie Night - First one of the Year Anvil Field 6:00 PM Military Spouse Business Market at Warrior Center at Anvil Field	18 8:00 AM JRTC Box Tour North Fort 8:00 AM Competitive Pistol Match at DFMWR Range 11:00 AM MoMC Super Hero Trot Walk at WHGC
19 FoF RTN 26-06 (3/101 AASLT) 8-21 APR 26	20	21 11:30 AM Storytime at Allen Memorial Library	22 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Gamer Night at Warrior Lanes R-RSOI RTN 26-06 (3/101 AASLT) 22-29 APR 26	23 12:00 PM Newcomers Brief at ACS BLDG 920 6:00 PM Volunteer of the Year at Warrior Center	24 10:30 AM Installation Retirement Ceremony at Warrior Center 5:00 PM MOMC Pool Party at SFC Guess Jr. Pool 6:00 PM BOSS Karaoke and Trivia at Anvil Bar	25 7:00 AM Catfish Derby at Catfish Cove
26 8:00 AM Kids Fishing Tournament at TBRS R-RSOI RTN 26-06 (3/101 AASLT) 22-29 APR 26	27	28 11:30 AM Storytime at Allen Memorial Library	29 10:30 AM CG's Quarterly LPD at Bayou Theater 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Gamer Night at Warrior Lanes RSOI RTN 26-07 (3/10 MTN) 29 APR - 8 MAY 26	30 6:00 AM Army 10-Mile Qualifier #1 at Marion Bonner Trail 12:00 PM Newcomers Brief at ACS BLDG 920 2:30 PM Military Spouse-Owned Business Market at MWR HQs BLDG 825 2:30 PM MoMC Ice Cream Social at MWR HQs BLDG 825 5:00 1-5 AV REGT Ball at L'auberge		

Name: Paul Ructor; Directorate: ACoS, G3; Phone #: 5206729803 ; Email: paul.j.ructor.civ@army.mil

G3 Calendar – MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: 26 MAR 26 JRTC & Fort Polk Event MSC Event MWR Event BOSS Event Community Event					1 8:00 AM GC Golf Scramble at WHGC 11:30 AM Storytime at Allen Memorial Library 4:30 PM Friday Night Live at Warrior Center RSOI RTN 26-07 (3/10 MTN) 29 APR - 8 MAY 26	2 5:50 AM Bass Fishing Tournament TBRA 9:00 AM Military Spouse-Owned Business Market at Warrior Center
3	4	5 6:00 PM Volunteer of the QTR at Warrior Center	6 10:00 AM Warrior Information Exchange at Warrior Center 11:00 AM MSC Commander's Luncheon at CG's Pub 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Gamer Night at Warrior Lanes T2COM Best Squad Competition 3-8 MAY 26 RSOI RTN 26-07 (3/10 MTN) 29 APR - 8 MAY 26	7 11:30 AM National Prayer Luncheon at Warrior Center 12:00 PM Newcomers Brief at ACS BLDG 920	8 11:30 AM Storytime at Allen Memorial Library 6:00 PM Military Spouse Appreciation Night at Warrior Center 6:00 PM Military Spouse-Owned Business Market at Warrior Center	9 FoF RTN 26-07 (3/10 MTN) 9-22 MAY 26
10 10:00 AM Mother's Day Brunch at Warrior Center 12:00 PM Muffins for Mom at Play Town and Café	11	12 9:00 AM Giant Voice Test 11:30 AM Storytime at Allen Memorial Library	13 8:15 AM Montly PCS Breakfast at Patriot Warrior Restaurant 9:30 AM PCSM SCRUM at the CCR 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Combined College Graduate Recognition at Main Post Chapel FoF RTN 26-07 (3/10 MTN) 9-22 MAY 26	14 12:00 PM Newcomers Brief at ACS BLDG 920 5:00 PM STEAM Education at Allen Memorial Library	15 11:30 AM Storytime at Allen Memorial Library 6:00 PM Outdoor Movie Night at HQs Field 6:00 PM Military Spouse-Owned Business Market at HQs Field	16 9:00 AM America's Armed Forces Kid's Run at Honor Field 9:00 AM BOSS Basic Gardening Class at Main Post Chapel 12:00 PM Summer Bash at Play Town and Café
17	18	19 11:30 AM Storytime at Allen Memorial Library	20 5:00 PM Barracks Town Hall at 46 EN BN BLDG 2450 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Gamer Night at Warrior Lanes FoF RTN 26-07 (3/10 MTN) 9-22 MAY 26	21 10:00 AM Memorial Day Ceremony at Warrior Memorial Park 12:00 PM Newcomers Brief at ACS BLDG 920 BPSD Last Day of School	22 11:30 AM Storytime at Allen Memorial Library JRTC & Fort Polk Memorial Day Observance 22-25 MAY 26	23 9:00 AM Car Show at Auto Skills Center R-RSOI RTN 26-07 (3/10 MTN) 23-30 MAY
24/31 RSOI RTN 26-08 (116 IBCT VAARNG) 31 MAY - 9 JUN 26 JRTC & Fort Polk Memorial Day Observance 22-25 MAY 26	25 10:00 AM Central Louisiana Vetrans Cemetery Memorial Day Ceremony at CLVC	26 11:30 AM Storytime at Allen Memorial Library	27 5:00 PM Wednesday Night Golf at WHGC 5:30 PM Gamer Night at Warrior Lanes R-RSOI RTN 26-07 (3/10 MTN) 23-30 MAY	28	29 11:30 AM Storytime at Allen Memorial Library 6:00 PM BOSSKaraoke an Trivia at Anvil Bar	30 9:00 AM Annual Murph WOD Event at HoH Fitness Center

Name: Paul Ructor; Directorate: ACoS, G3; Phone #: 5206729803 ; Email: paul.j.ructor.civ@army.mil

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 World War II Museum Trip New Orleans 0800	4
5 Easter Brunch Warrior Center 1000	6	7 BOSS Meeting 1300	8	9	10	11
12	13	14 Nutrition/Meal Prep Class @ Education Center 1730	15	16	17 Outdoor Movie night Volunteer Opportunity 1700	18 Humane Society 0900-1200
19 Soul Soup Kitchen in Deridder 1630-1800	20	21 BOSS Rep Training 1300	22 Yoga 101 @Anvil Field 1800-1900	23	24 BOSS Trivia/Karaoke Night @ Anvil Bar 1830-2200	25 Pour & Polish Class @ Arts & Crafts Center 1630-1830
26	27	28	29	30		

Name: CPL Morgan Spurlock
Directorate: BOSS
Phone #: 337-378-3236
Email: morgan.m.spurlock.mil@army.mil

Scan QR code to signup

Green: Community Service
Blue: Leisure & Recreation
Yellow: Life Skills
Quality of Life:

BOSS
BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

Army Emergency Relief

Installation Campaign Coordinators:
MAJ DiDonato, Davis
MSG Butcher, Bruce

A huge thank you to those who have donated!

Fort Polk Assistance Recap (2025)

$299,460.83 in total assistance

$53,347.74 in Grant Only

$88,249.19 combination of loan and grant

Fort Polk Donation Recap (2025)

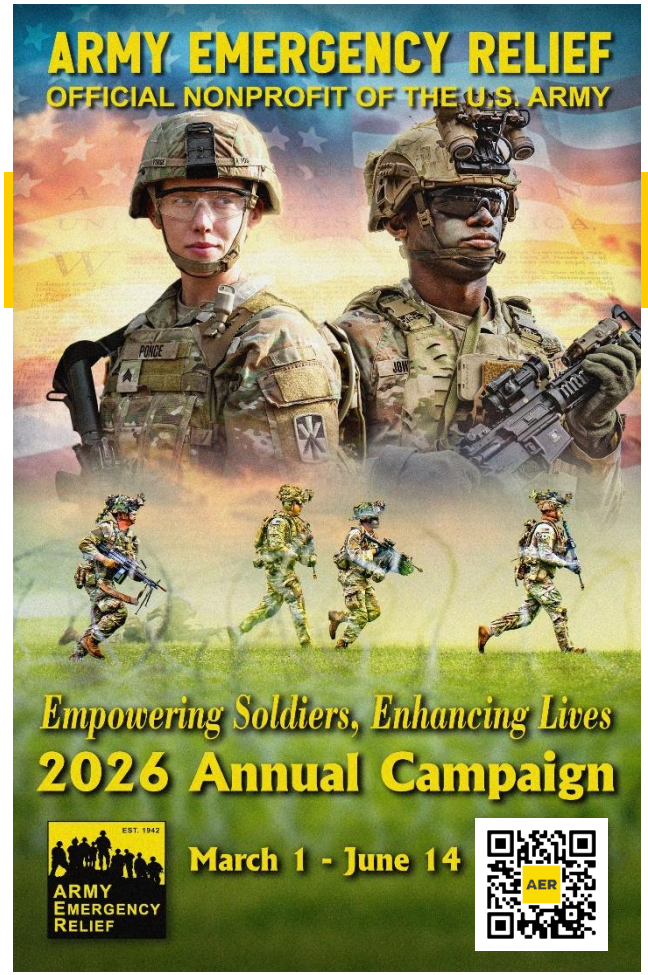
$14,894.00 from Active Duty

$23,522.00 from Retirees

$1,560.00 from Others

Fort Polk donors have been GENEROUS with an average donation of $138.84 (As of 23 March)

Every dollar counts!



2026 Countdown: 74 days left until end of Campaign

Name: Katie Davis
Directorate: DFMWR
Phone #: 520-706-2539
Email:katie.r.davis.civ@army.mil

Army Emergency Relief

Installation Campaign Coordinators

MAJ DiDonato, Davis and MSG Butcher, Bruce

UNIT	NAME	PHONE CONTACT	EMAIL CONTACT
OPS GRP	MAJ Davis A. DiDonato	(270) 401-9267	davis.a.didonato.mil@army.mil
310 BDE	MSG Bruce H. Butcher	(681) 533-9155	bruce.h.butcher2.mil@army.mil
1-5 AVN	SGC Mylissa Jones	(337) 531-6737	mylissa.l.jones.mil@army.mil
1-5 AVN	SSG Alexis Daliet	(507) 458-9667	alexis.c.daliet.mil@army.mil
32D HC	SGT Najha Griffin	(931) 436-6263	najha.a.griffin.mil@army.mil
32D HC	SGT Chrislyn Judge	(910) 644-3752	chrislyn.j.judge.mil@army.mil
SOTD	SFC Ryan Reed	(208) 964-2870	ryan.j.reed.mil@socom.mil
SOTD	SPC Johntaire Martin	(318) 421-9475	johntaire.j.martin.mil@socom.mil
MEDDAC	MSG Justin M. Davis	(518) 605-6037	justin.m.davis104.mil@health
MEDDAC	SGT (P) Nishant A. Patel	(726) 780-2453	nishant.a.patel.mil@health.mil
705TH EOD	No Appointee		

Name: Katie Davis
Directorate: DFMWR
Phone #: 520-706-2539
Email: katie.r.davis.civ@army.mil

2026 Countdown: 74 days left until end of Campaign

U.S. ARMY DFMWR – Child and Youth Services (CYS)

School Support Services

State Testing Window 15 APR-15 MAY
be on the lookout for specific dates by school location
30 MAR-6 APR VPSB Spring Break-NO SCHOOL
3 APR-10 APR BPSB Spring Break-NO SCHOOL
Both School Districts are going 5-days a week in April

Middle School and Teen Program

24-25 APR Lock-In: Operation Megaphone
-Strength in Every Story

Mondays Out and About Series:

4 MAY SOWELA Lake Charles and Tutan Park
11 MAY CLECO and Kees Park and Splash Pad
18 MAY Toledo Bend End of Schools Days Rest and Relax

CYS Sports

1 MAY Summer Day Camp Sign-Up
1 MAY Overnight Camp Warrior Sign-Up
*15-19 JUN 4th-6th grade
*13-17 JUL 6th-12th
6 APR-8 MAY Competitive Swim
-season 11 MAY-18 JUL



CYS Events Open to ALL Kids:

1 APR-24 APR: Kids Art Contest
11 APR Family Skate Night
21 APR Pitch, Hit, Run Event
16 MAY Armed Force Kids Run

Parent Central Services:

1 APR Summer Camp Care Opens
*Request care through militarychildcare.com

Want to work from home?

Become a FCC provider!

Find Out More About Family Childcare

Reach Out to CYS Outreach Director

Name: CYS: Crissy Turner, Outreach Director, Tiffany Koch, School Liaison Officer
Directorate: Family Morale, Welfare, and Recreation (DFMWR)
Phone #: (CYS Outreach) 726-780-1076 (SLO) 726-780-1402
Email: crissy.a.turner.naf@army.mil; FortPolk_SchoolLiaison@army.mil

U.S. ARMY DFMWR – School Support Services (CYS)

How can we help?

We can help; we will work towards a smoother school transition process by facilitating communication between: service members, schools, and gaining installation.

Tiffany Koch
Lindsay Sloggett
337-531-6673
FortPolk_SchoolLiaison@army.mil





What are some things the Compact covers?

-Course & Educational Program Placement
-Special Education Services
-Absence Related to Deployment Activities
-Eligibility for Student Enrollment
-Eligibility for Extracurricular Participation
-Placement Flexibility
*Waiving courses required for graduation if similar coursework has been completed
*Flexibility in accepting state exit or end-of-course exams, national achievement tests, or alternative testing in lieu of testing requirements for graduation in the receiving state
*Allowing a student to receive a diploma from the sending school instead of the receiving school

Outgoing Transition

-Points of Contact at new installation
- Brainstorm questions to ask, based on your Family's needs
-MIC3 Compliance
- Closing out school record

Incoming Transition

-Academic, Athletics, and Activities
-Zoning and Attendance Questions
-MIC3 Compliance
-Policy and Procedure Clarification
-Early Childhood Connections
-Volunteer and Partnership Info
-Youth Sponsorship (schools and on-post)

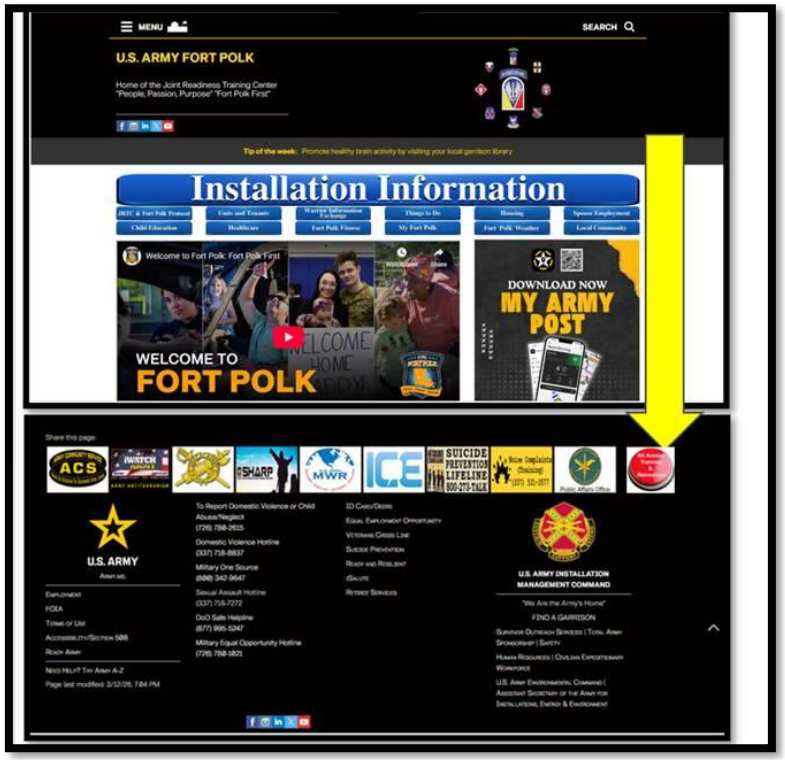
Unenrolling Information

-Complete all end-of-year testing before disenrolling! Most states require a test to ensure students are "grade level ready" for the next grade.
-Each district will set a "1st day to finalize records with military orders". If you attend outside BPSB or VPSB please reach out to our office for guidance.
-We encourage you to defer to meet this deadline to ensure grade level completion.

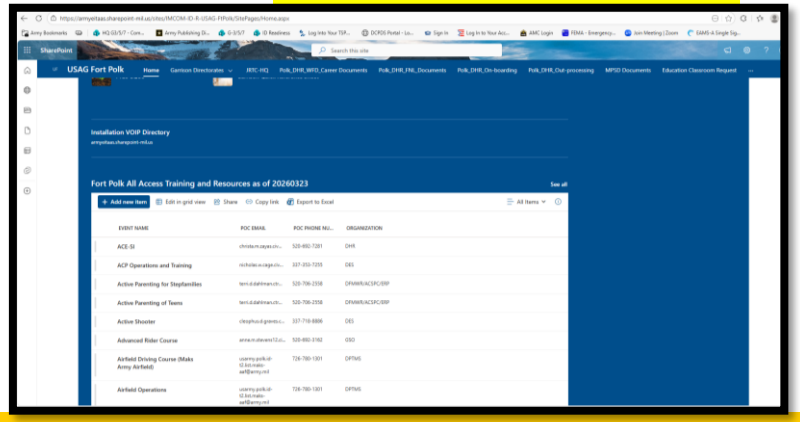
Name: Lindsay Sloggett and Tiffany Koch, School Liaison Officer
Directorate: Family Morale, Welfare, and Recreation (DFMWR)
Phone #: (SLO) 726-780-1402
Email: FortPolk_SchoolLiaison@army.mil

U.S. ARMY DPTMS-All Access Training & Resources

Fort Polk Webpage



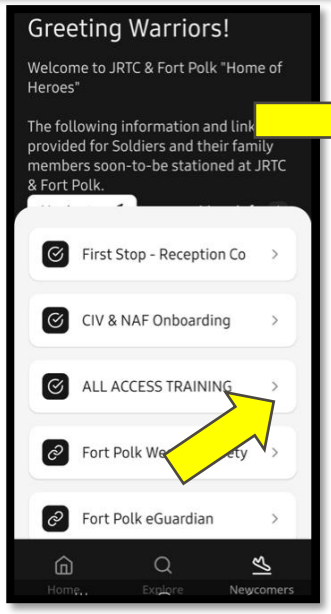
Fort Polk Garrison SharePoint



Fort Polk MAPA









Name: Vince Engel
Directorate: DHR
Phone #: 726-780-1744/1-571-644-9134
Email: Vincent.d.engel.civ@army.mil



TODAY ONLY

Join our Newsletter!

Exclusive content, event reminders, and more

Sign-up ***today*** and get a **FREE BUCKET OF BALLS! SCAN THE QR CODE BELOW!**

Off valid for users signed up on April 1, 2026, *only* and expires 1-month from joining.

DON'T MISS THIS!



Mrs. Jessica Gray,
DFMWR
Marketing Manager
Jessica.l.gray49.naf@army.mil

Fort Polk MWR Website
polk.armymwr.com
For the latest updates, please visit Fort Polk Family MWR at:
https://www.facebook.com/fortpolkmwr

Aquatics

It's almost summer-time!

SFC Guess Jr. Pool April Hours

Effective Friday, April 3rd

April 3 (Friday): 1100-1800
April 4 (Saturday before Easter): 1100-1800
April 10-12 (Fri-Sat): 1100-1800
April 17-18 (Fri-Sat): 1100-1800
April 24-26 (Fri-Sat): 1100-1800
Tues – Thurs: Reservation only

Lifeguard Course

- May 26-31
- $200
- Ages 15+



Summer Swim Lessons

Private Lessons: ***30-minute*** $20
Group Lessons: ***5 sessions*** $75

Register in person at the SFC Guess Jr. Pool

Payment due at time of registration

CPR Classes

- **May 26**
- **July 27**
- **September 28**





Scan for more information, dates, and more!

Mrs. Jessica Gray,
DFMWR
Marketing Manager
Jessica.l.gray49.naf@army.mil

For the latest updates, please visit Fort Polk Family MWR at:
https://www.facebook.com/fortpolkmwr

Fort Polk MWR Website
polk.armymwr.com

U.S. ARMY SFA SPORTS · FITNESS · AQUATICS

U.S. ARMY Bayne-Jones Army Community Hospital

Your Safety. Your Comfort. Your Choice.

Your well-being is our top priority. Every patient — and every health care professional — has the right to request a chaperone during a medical examination.

Thank you for choosing Bayne-Jones Army Community Hospital (BJACH) for your healthcare needs. At BJACH, you have a right to have a chaperone present during the visit. Please notify your healthcare team to request this service. For sensitive encounters involving the rectum, genitalia, or female breasts, a chaperone must be offered. Should you have any concerns, please contact clinic leadership or the Patient Advocate Office at: 726-780-2443

Scan for more information about the chaperone policy:

BAYNE-JONES ARMY COMMUNITY HOSPITAL

presents

A Spoken Word Event



APRIL

Monday, April 13 | 11:00 a.m.

Location: Bayou Theater, Fort Polk

TOPIC: Emotional Intelligence when interacting with survivors

(MEDICAL STAFFS AND FIRST RESPONDERS

Guest speaker

MR. EDWARD WILSON

(Mr. West)

About Obbie West

Obbie West is an international spoken word artist, advocate and author. Originally from Los Angeles, California, he is a retired U.S. Army Soldier who began writing in 2011 and later published his acclaimed book of poetry, Blossom.

Today, he travels worldwide as an educator and trainer, using poetry to address challenging topics such as abuse prevention, consent, accountability and mental resilience. His direct and thought-provoking style leaves audiences inspired and empowered.

Edward Wilson is the owner of Words of West, L.L.C., and performs under the stage name "Obbie West."

FOR MORE INFORMATION CONTACT OUR SHARP OFFICE @ 337-718-7272

DRUG TAKE BACK EVENT

Safely Dispose of Unused or Expired Medications



April 24th

Outside of BJACH Pharmacy

10:00 AM – 2:00 PM

Protect Your Family. Protect Your Community.

Bring your unused, unwanted, or expired medications for safe and proper disposal.

Protect Your Family. Protect Your Community.

Accepted Items:
- Prescription medications
- Over-the-counter medications
- Tablets, capsules, creams, and liquids

NOT Accepted:
- Needles (sharps)
- Aerosol cans
- Illegal drugs

Let's keep our community safe!

Do your part. Clean out your medicine cabinet today!

"We are BJACH!"



Name: Jean Clavette Graves
Directorate: BJACH, DNH West, DHA
Phone #: 337-424-0863
Email: jean.c.graves.civ@health.mil

Fort Polk AFWC ARMED FORCES WELLNESS CENTER

Location: 1585 3rd Street, BLDG 285, (1st floor through Entrance A)
Hours: Monday through Friday 6:30 a.m. to 3:30 p.m.
Closed daily for lunch noon to 1300 p.m.
Phone: 726-780-1152 or 726-780-1190

DEPARTMENT OF DEFENSE MHS GENESIS MILITARY HEALTH SYSTEM

FORT POLK FIRST!

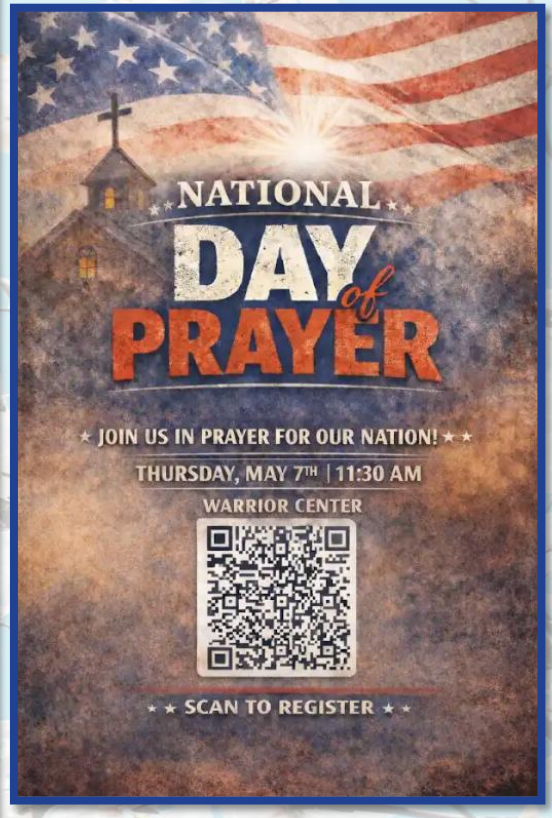
Religious Support Office

Worship Schedule

- Tuesday, Wednesday & Thursday: Noon daily Mass at Main Post Chapel.
- Fridays: 2pm Jummah , Glory Chapel
- Sundays: 9am Catholic Mass, Main Post Chapel
- 1100am Protestant Worship Service, Main Post Chapel







Chrissa M. Gross
Director, Religious Education.
Chrissa.m.gross.civ@army.mil.
520-699-3141.

PURPLE UP for military kids!

APRIL
MONTH OF THE MILITARY CHILD
SALUTING YOUNG HEROES EVERYWHERE

FORT POLK EXCHANGE
Proudly Supporting Military Families







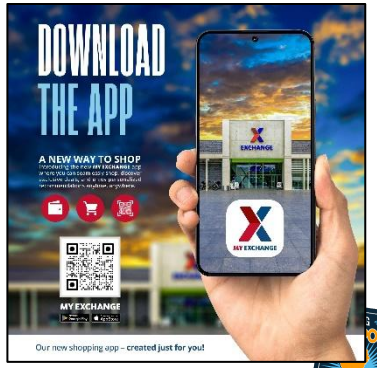


Scan me

Stay up-to-date on all the latest specials and events happening at your Fort Polk Exchange!

Follow us *@FortPolkExchange*

CELEBRATING 130 YEARS OF SERVICE 1895 2025



Name: Daniel Owens
Directorate: AAFES
Phone #: (337)357-1792
Email: owensdani@aafes.com

DPTMS- Antiterrorism

Mid-year Protection Executive Committee (PEC)

WHO: SC/CSM, GC/CSM, MSCs, Directorates, Agencies, Separate Detachment Representatives
WHAT: Mid-year PEC
WHEN: 271330APR26
WHERE: AAR Theater #1
WHY: The PEC gives the Installation Senior Commander a holistic and comprehensive assessment of the threats and mitigated risk to the installation, the community and mission. Commanders will conduct the Antiterrorism (AT) executive-level committee as part of the Command's Protection Executive Committee which will develop and refine AT Program guidance, policy, and standards; to act upon the recommendations of the Antiterrorism Working Group (ATWG) or protection working group and Threat Working Group (TWG); and to assist in determining resource allocation priorities to mitigate or eliminate terrorism-related vulnerabilities. The Command's Protection Executive Committee includes and encompasses all other protection-related executive councils and approval authority boards to facilitate the integration, coordination, and synchronization of efforts. ***The mid-year PEC seeks approval of the Criticality Assessment (Critical Asset List (CAL) / Mission Essential Vulnerable Areas (MEVAs)), and the Threats and Hazards Assessment.***

Name: Adam Lynn
Directorate: DPTMS
Phone #: 520-692-3394
Email: adam.t.lynn.civ@army.mil



Call the Military Desk Sergeant at (726) 780-COPS (2677) or 1-800-CALL-SPY.
For emergencies call 911.

https://home.army.mil/polk/about/garrison-directorates-and-support-offices/DPTMS/iwatch

Please be as detailed as possible when you submit a Suspicious Activity Report via email or the form.

Time
Date
Number of People
Describe the People Involved - (Please describe gender, height, weight, build, age, hair, color, facial hair, etc.)
Number of Vehicles
Describe the Vehicles Involved - (Please describe plate number, type, make, model, color, age, condition, country, etc.)
Location of Suspicious Activity - (Be as specific as possible.)
Describe the Suspicious Activity - (Study a location, abandoned package, dangerous material, etc.)

Factors and Prevention

Mold is influenced by:

- Moisture (water source)
- Temperature (warm)
- Organic Medium (food)
- Lack of Sunlight (prefers dark)
- Mold Species

Less than 10 sq ft:

- Occupant will clean
- IAQ will provide:
  - Training
  - The proper PPE

Greater than 10 sq ft:

- Submit DMO via ArMA
  - **Facility Number**
  - **Room Number**
  - **Photo**
  - **POC**

No amount of mold growth present in an indoor environment is acceptable

Mold buster kits



- Self-Help facility (Bldg. 3307)

Lisa Chandler, Leasing & Resident Manager
Corvias Property Management
337-537-5060
lisa.chandler@corvias.com

Preventing mold in your home?



Mold is part of the natural environment. The key to mold control in your home is moisture control. Mold is not usually a problem indoors unless spores land on a wet or damp spot and begin growing. To prevent mold from growing, immediately dry out any water from spills or overflows and notify our Maintenance Team if you see any water leaking anywhere in your home.

In your bathroom





- Use the exhaust fan or open the window when showering.
- If you see mold growing, scrub clean using water and detergent.
- If your bathroom rugs develop mold, throw them away.
- Notify our team of any plumbing leaks.

Keep the thermostat fan setting to "auto," not "on."

Moisture and humidity control





- Dry water-damaged areas within 24-48 hours.
- Keep indoor humidity low, below 60%.
- If you see condensation on windows, walls or pipes, dry immediately. This is a sign of high humidity in your home.
- Ensure your clothes dryer is venting properly and there are no obstructions. Keep the lint trap clean of debris and lint.
- Use your air conditioning or dehumidifiers to keep the humidity under control.
- Use exhaust fans, ceiling fans, floor fans or open windows whenever cooking, doing dishes or running the dishwasher.
- Dust and vacuum regularly.

Report all plumbing leaks and moisture problems to our Maintenance Team

Call the Maintenance Hotline at (866) 436-2047

Corvias PROPERTY MANAGEMENT

Lisa Chandler, Leasing & Resident Manager
Corvias Property Management
337-537-5060
lisa.chandler@corvias.com

CORVIAS & AHO

Playground remediation work is taking place across the street from the Dogwood Community Center. This work is expected to be completed by 03 April.

Army Housing Satisfaction Survey:
Very low participation rate
Under 9% participation; should be at least 15% to meet goal
Ends 02 May

Lisa Chandler, Leasing & Resident Manager
Corvias Property Management
337-537-5060
lisa.chandler@corvias.com

Chris Brown, Operations Director
Corvias Property Management
337-537-5000
christopher.brown@corvias.com

Catfish Derby 25 April 2026



Young lady reels in a catfish at the 2025 Youth Catfish Derby



Derby participants learn about local snake species



Name: Amy Brennan
Directorate: DPW - Environmental
Phone #: 409-504-2445
Email: amy.c.brennan3.ctr@army.mil

DPW – Environmental

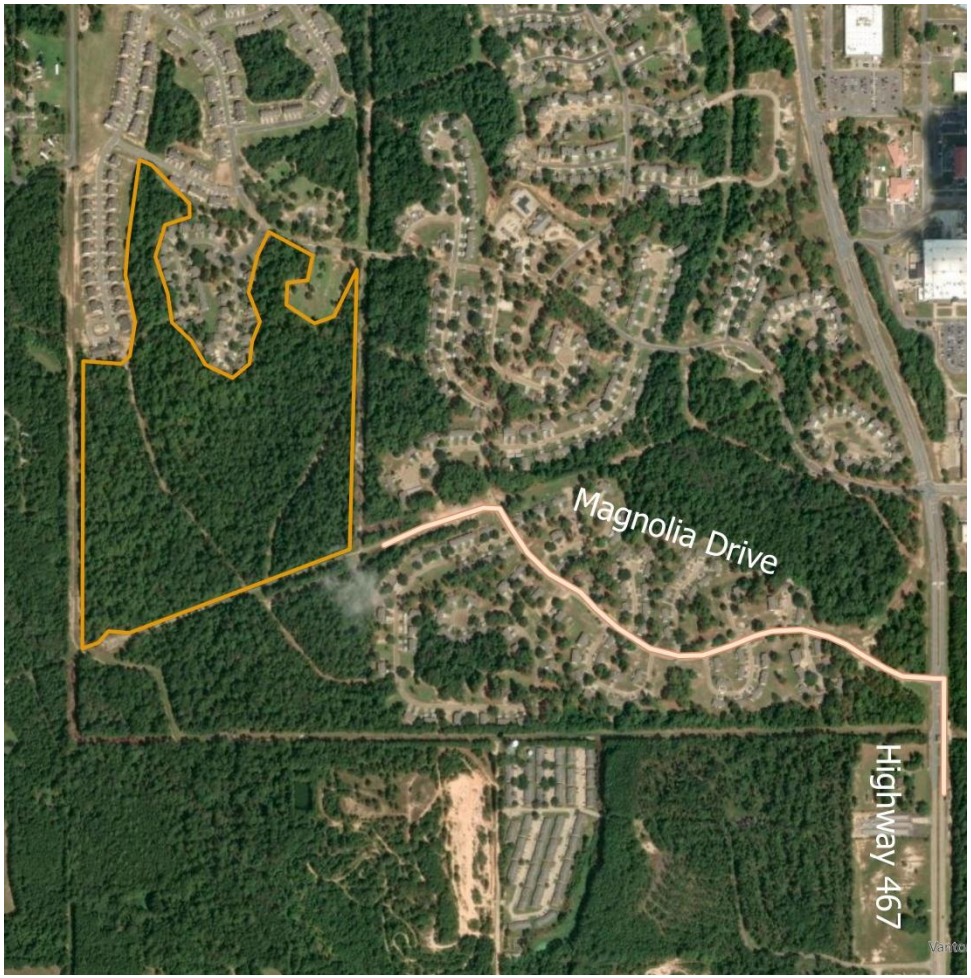
Environmental Day at the Main PX
Wednesday, 15 April 2026
1000 - 1400

Come out and meet the DPW-Environmental staff for Q&A and learn about the unique natural and cultural resources on Fort Polk. Stations will include botany, wildlife, furs, animal tracks, water resources, archaeology, and endangered species. Our two captive Louisiana pinesnakes, Mario and Luigi, will be there to meet the public.



Name: Amy Brennan
Directorate: DPW-Environmental
Phone #: (409) 504 - 2445
Email: amy.c.brennan3.ctr@army.mil

Upcoming Timber Harvest

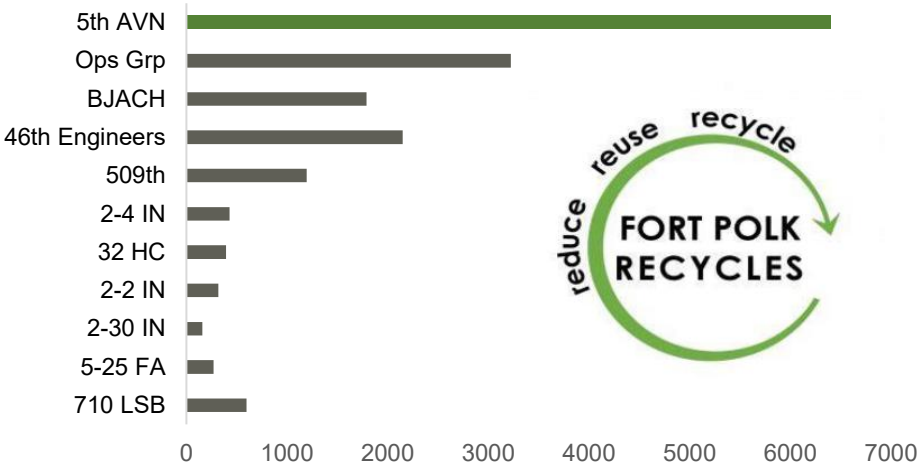


- **Who**- Directorate of Public Works- Environmental, Forestry Branch.
- **What**- timber harvest.
- **When**- March-April.
- **Where**- located off Magnolia Drive in South Fort.
- **Why**- the harvest will reduce fuel loads in forested areas around housing which will greatly reduce wildfire risk.
- Harvest area is approximately 67 acres.
- This is a continuation of the previous harvest action.

Name: Bret Hardisty
Directorate: DPW-ENRMD, Forestry
Phone #: 726-780-0503
Email: bret.a.hardisty.civ@army.mil

U.S. ARMY Qualified Recycling Program (QRP) Update

Pounds of Commodities Recycled by Unit



Financial Efficiency

Total Revenue:	$1,379
$ per pound (Avg):	$0.062
Highest Revenue Unit:	5th AVN
Zero Participation Units:	0
Estimated Landfill Cost Avoided*:	$382

*8.5 tons x $45/ton

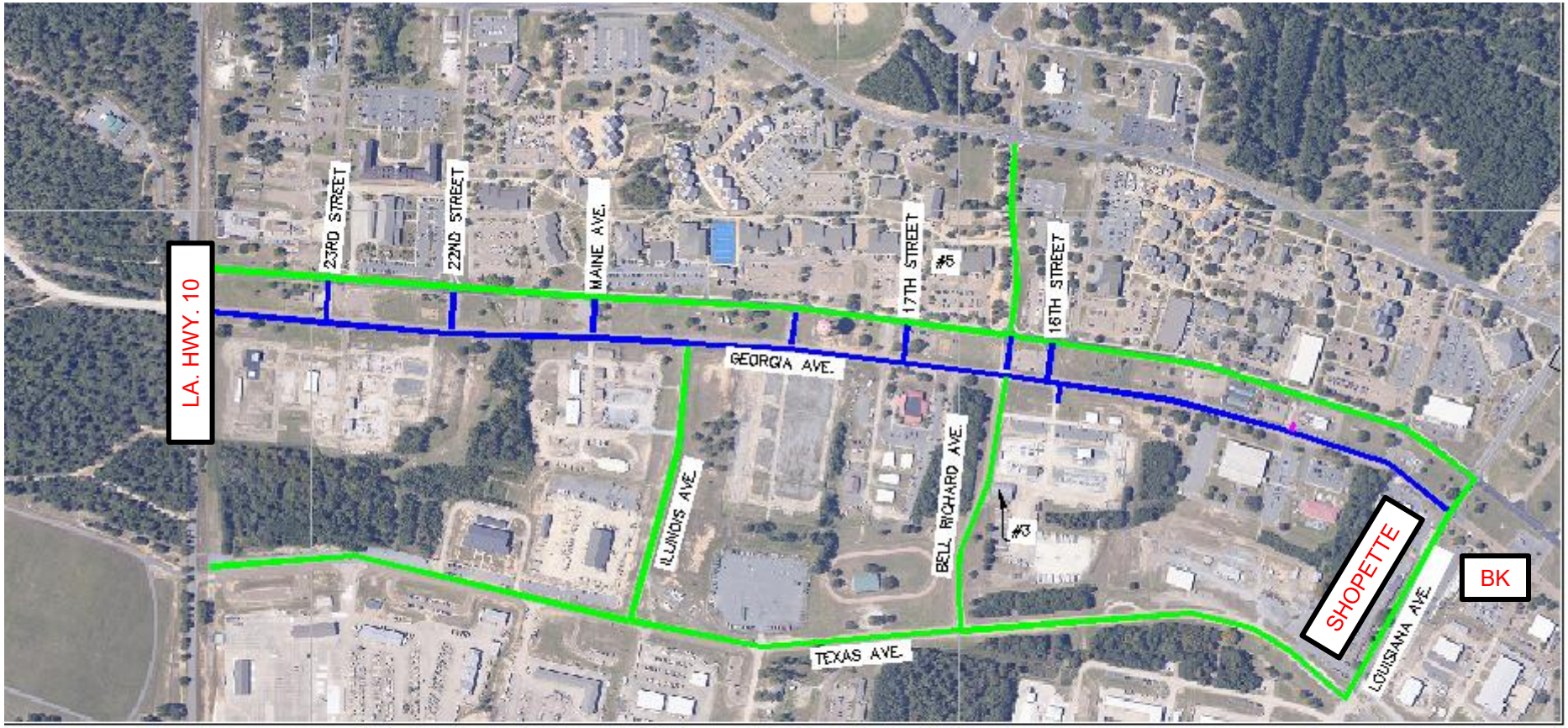
A **56%** increase in total tonnage for the month of March.

Operations Group was the high contributor for the month **1,625 lbs**.

Name: Terrill Turner
Directorate: DPW-ENV
Phone #: 337-531-5335
Email: terrill.c.turner.civ@army.mil

DPW - Engineering

SOUTH GEORGIA AVE. PAVING OPERATIONS

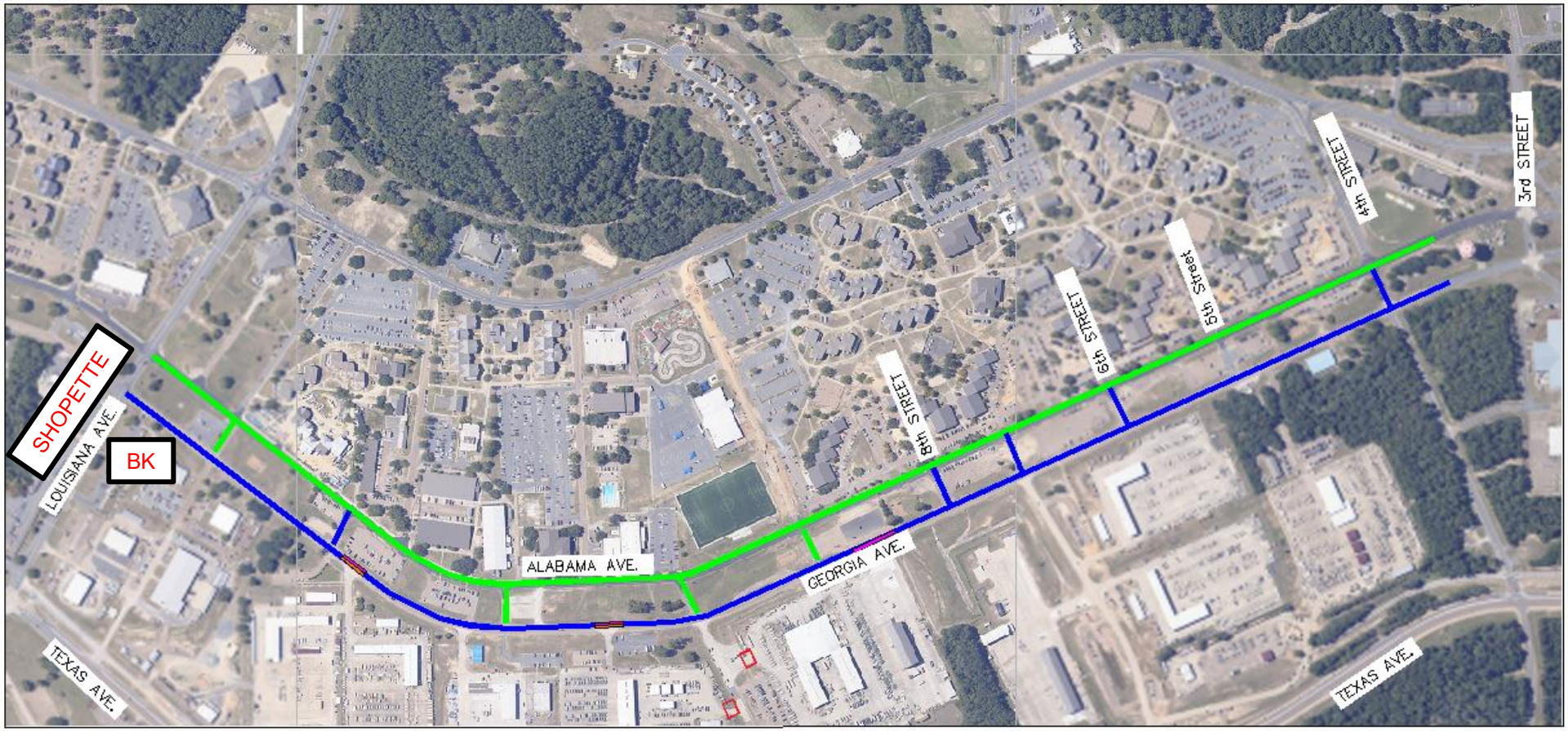


Name: Russell Castillo
Directorate: DPW-ENG
Phone #: 337-531-6168
Email: russell.g.castillo.civ@army.mil

Update:
South Georgia Ave. Paving Operations
Through April

DPW - Engineering

NORTH GEORGIA AVE. CONSTRUCTION DETOUR AND CLOSURES



ONE LANE CLOSURES

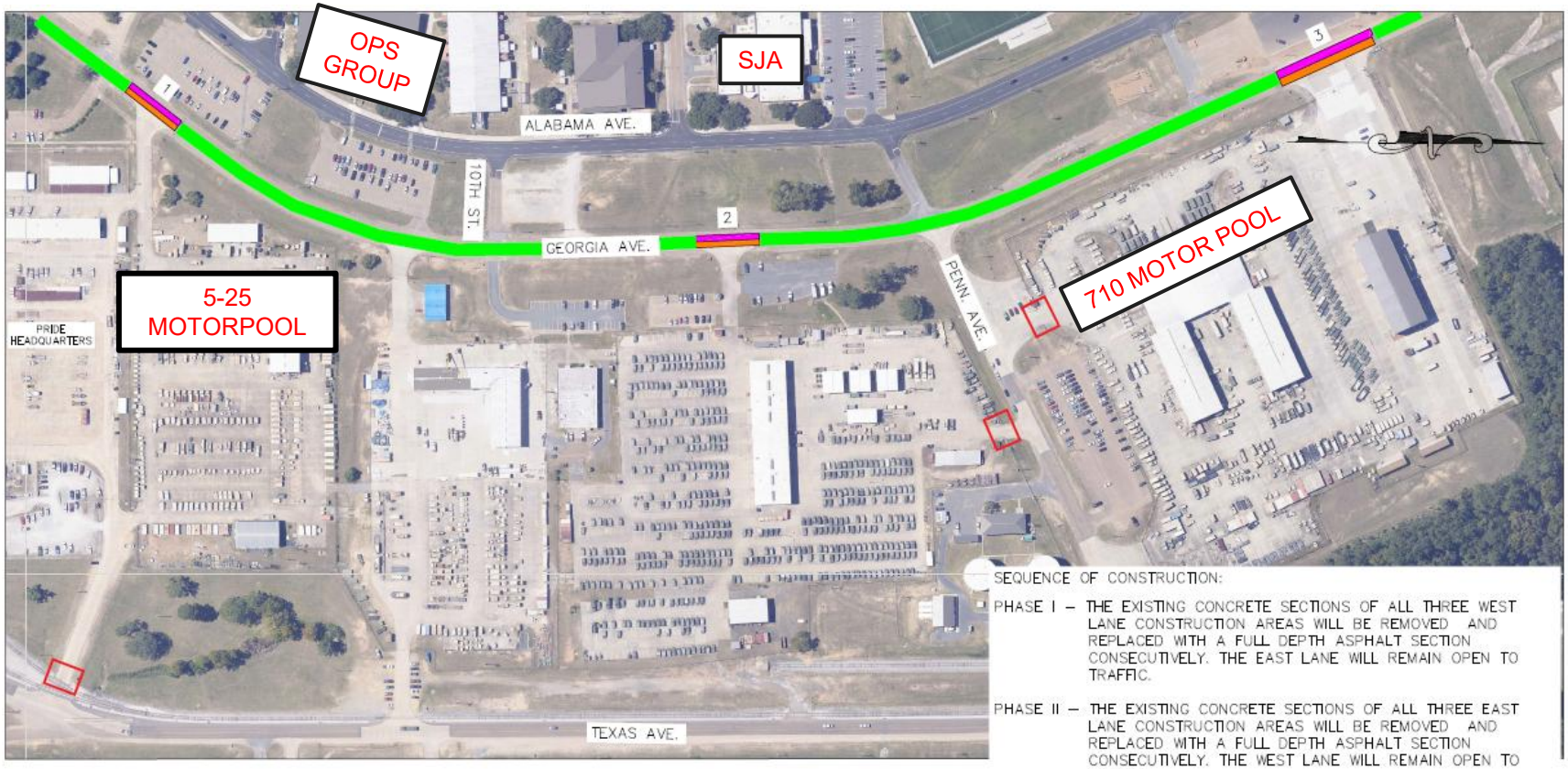
NORMAL TRAFFIC FLOW

FULL-DEPTH REPAIRS

Name: Russell Castillo
Directorate: DPW-ENG
Phone #: 337-531-6168
Email: russell.g.castillo.civ@army.mil

Update:
North Georgia Ave. Road Repairs Through April

NORTH GEORGIA AVE. TRAVEL LANE FULL-DEPTH REPAIRS



SEQUENCE OF CONSTRUCTION:

PHASE I – THE EXISTING CONCRETE SECTIONS OF ALL THREE WEST LANE CONSTRUCTION AREAS WILL BE REMOVED AND REPLACED WITH A FULL DEPTH ASPHALT SECTION CONSECUTIVELY. THE EAST LANE WILL REMAIN OPEN TO TRAFFIC.

PHASE II – THE EXISTING CONCRETE SECTIONS OF ALL THREE EAST LANE CONSTRUCTION AREAS WILL BE REMOVED AND REPLACED WITH A FULL DEPTH ASPHALT SECTION CONSECUTIVELY. THE WEST LANE WILL REMAIN OPEN TO TRAFFIC.

DURING CONSTRUCTION ACCESS DRIVES TO MOTOR POOLS FROM GA. AVE. MAY BE TO CLOSED.

DPW - Engineering

LADOTD MILLING AND PAVING OPERATIONS TO HWY. 467 DURING THE MONTH OF MARCH



ENTRANCE ROAD REPAIRS



DPW – Environmental Protection

American Water and their contractors have completed all Phases of the Waterline Looping Projects. All connections have been made. The contractors are now conducting Restoration in these areas. Below are pictures of ongoing restorations.

Phase 2 - Fernandez



Phase 2 – Noldan Street



Phase 3 - Bilger



Name: John D. Williams
Directorate: American Water
Phone #: 337-353-8333
Email: john.Williams@amwatermsg.com

DPW – Environmental Protection

American Water and their contractors have completed all Phases of the Waterline Looping Projects. All connections have been made. The contractors are now conducting Restoration in these areas. Below are pictures of ongoing restorations.

Phase 3 - Dickey



Phase 4 - Kalina



Phase 4 – Harold St.



Name: John D. Williams
Directorate: American Water
Phone #: 337-353-8333
Email: john.Williams@amwatermsg.com

USO COFFEE CONNECTIONS

JOIN US FOR COFFEE CONNECTIONS



The Fort Polk USO is hosting a morning to bring spouses together over coffee, conversation, and a short presentation from the Fort Polk Health Dept.

WHEN: 11AM APRIL 20, 2026

WHERE 8403 H AVE. FORT POLK, LA

REGISTER FOR THE EVENT

USO.org/CoffeeConnections

Hours of Operation

MONDAY	9AM - 5 PM
TUESDAY	9AM - 5 PM
WEDNESDAY	9AM - 5 PM
THURSDAY	9AM - 5 PM
FRIDAY	9AM - 5 PM
SATURDAY	CLOSED
SUNDAY	CLOSED
PATIO	24 HOURS



At the USO, our focus is on people—those currently serving in the U.S. military and their families. Your time, compassion and dedication can make a profound difference in their lives. Join us in creating meaningful connections and unforgettable moments that bring joy to their days, uplift their spirits, and strengthen their well-being.





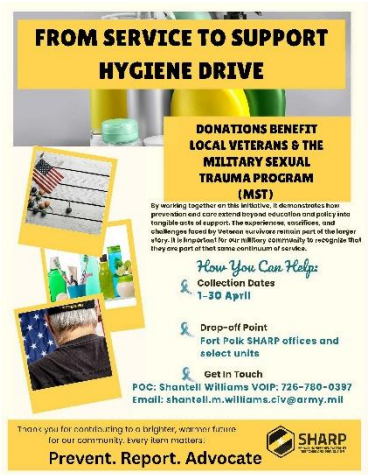
USO
FOR THE PEOPLE WHO SERVE.

READY TO MAKE A DIFFERENCE?

Visit USO.org/Volunteer

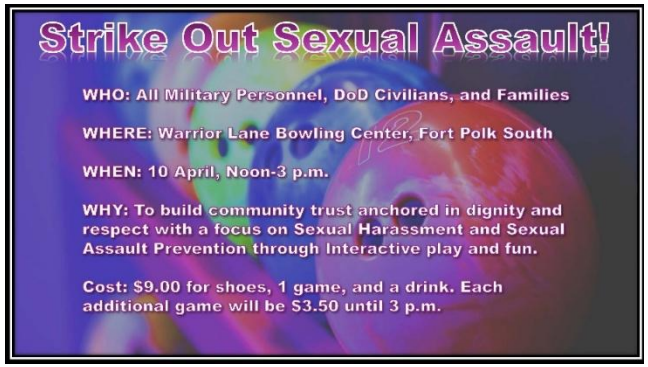
John Lum
USO Center Operations
Phone #: 337.466.6317
Email: jlum@uso.org

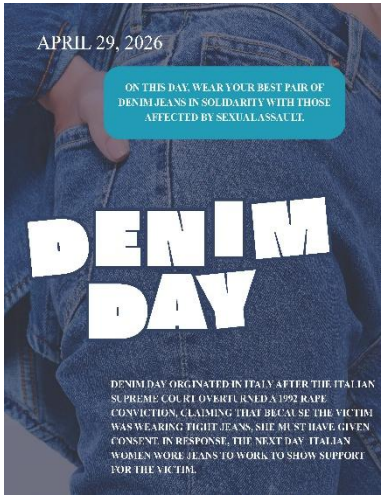
Step Forward. Prevent. Report. Advocate



Accepting donations 1-30 April.
Various locations

10 April Fort Polk Bowling Center
Noon-1500





29 April. Wear Denim. Support Survivors.

9 April ACSPC 1500-1600





13 & 14 April various times

Name: Shantell Williams
Directorate: SHARP
Phone: 726-780-0397
Email:
Shantell.m.Williams.civ@army.mil

Important Dates in May

- 6 May-Train the Trainer (T3.) Occurs first and third Wed of every month 1000 Bldg. 330, SHARP Classroom
- Protect Course 19-21 May

Behavioral Threat Assessment Management

IDENTIFYING CONCERNING BEHAVIOR

The Pathway to Violence:

The series of steps or stages that an individual may go through leading up to an attack



Warning Behaviors:

Specific changes in patterns of behavior may be evidence of increasing or accelerating risk.

Directly Communicated Threat
Leakage
Novel Aggression
Identification
Fixation
Approach Behavior
Energy Burst
Last Resort Warning
End of Life Planning

Potential Life Stressors:

The cause of increased tension or anxiety in someone's life; can be mild or severe, obvious or hidden.

Poor Finances
Social Injustice/Unfairness
Law Enforcement Encounters
Lack of Support/Resources
Mental Health Challenges
Low/Absent Self-esteem,
Substance Use Disorders (SUD)
Relationships
Issues at Work/Home/School

Name: SSA John Sleezer
Directorate: Army CID
Phone #: 253-4065-6851
Email: Johnathan.r.sleezer.mil@army.mil

Fort Polk Resident Agency CID Contact Information

- ✓ASAC Kyle Heinz: (608) 807-8821 or kyle.p.heinz.mil@army.mil
- ✓SSA Chase Wilkerson: (256) 822-4463 or chase.d.wilkerson.mil@army.mil
- ✓SSA John Sleezer: (253) 405-6851 or Johnathan.r.sleezer.mil@army.mil
- ✓24/7 Duty Agent: (337) 423-3495
- ✓BTAT Consultant: SA Audra Soles audra.d.soles.mil@army.mil

Name: SSA John Sleezer
Directorate: Army CID
Phone #: 253-4065-6851
Email: Johnathan.r.sleezer.mil@army.mil



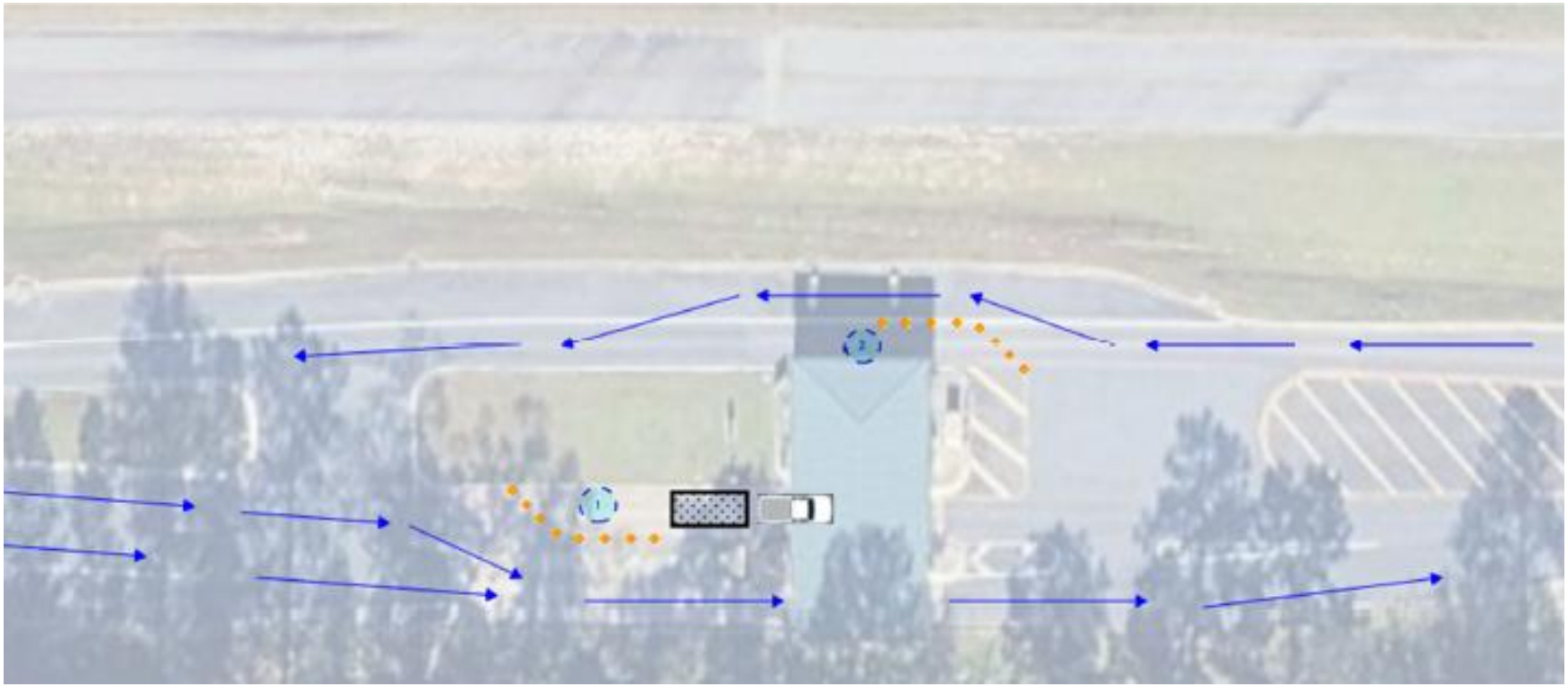
Recognizing Suspicious Activity (See Something, Say Something):

- Key indicators of terrorism-related suspicious activity can include, expressed threats, surveillance, unauthorized access attempts, and unusual material or weapons storage.
- Reporting suspicious behaviors to local authorities or calling 911 in emergencies is critical to ensuring the safety of your community.
- Always remain vigilant and maintain your situational awareness to protect facilities, personnel, and infrastructure.

Non-emergency: 726-780-2677 (COPS)
Emergency: Dial 911

Name: 1LT Altland, Ryan
Directorate: DES Operations Officer
Email: ryan.h.altland.mil@army.mil

DES



Construction for the replacement of ballistic windows at ACP 2 will begin on 20 APR 2026.

Lane Closure Schedule

Table 1: Lane Closure Schedule

Task Name	Start	Finish
Left Outbound Lane	4/21/26 9:00 AM	4/21/26 4:30 PM
Left Outbound Lane	4/22/26 9:00 AM	4/22/26 4:30 PM
Left Inbound & Outbound Lanes	4/23/26 9:00 AM	4/23/26 4:30 PM
Left Inbound & Outbound Lanes	4/24/26 9:00 AM	4/24/26 3:30 PM
Punch-Out Inspection	4/24/26 3:30 PM	4/24/26 4:30 PM
Demobilization	4/24/26 3:30 PM	4/24/26 4:30 PM

Name: 1LT Altland, Ryan
Directorate: DES Operations Officer
Email: ryan.h.altland.mil@army.mil

U.S. ARMY

R2 Performance Center

The Fort Polk R2 Performance Center (R2PC) is committed to forging the warrior spirit and strengthening mental readiness. Our mission is to equip Soldiers, Families and DoW Civilians with the tools to build and sustain excellence. Physical training is a key factor to success, but physical training alone will not sustain optimal performance. The R2PC Performance Experts are trained to bridge the gap between physical training and reaching full potential, by training the mental performance skills that enhance training and performance. Some of these skills include, focus and attention control, confidence, self-talk, motivation, stress management, team cohesion, and so much more!

TRAINING FORMATS

- **1 on 1 Training**: Personalized coaching sessions focused on developing mental skills for individuals' personal and/or professional development.
- **Unit & Team Trainings:** Learn and apply resiliency skills or mental performance skills to enhance overall group readiness and optimize performance.
- **Customized Training**: Collaborate with a Performance Expert to identify performance areas you or your team would like to train and develop a format that best suits your needs or operational demands.
- **Resilience Training Course:** A 3-day course covering 6 core competencies and 14 skills to enhance personal and group readiness. Offered quarterly and as requested.
- **Hip Pocket Training**: Brief, on-the-spot sessions delivered in the field and during trainings to reinforce key mental skills, support mindset shifts, and keep performance sharp in real time.
- **Think Tank Thursdays**: Introducing our new professional development series; open to all Soldiers and DoW Civilians! Every Thursday, the R2PC hosts workshops focused on resilience and performance psychology skills. Participants *must register* for any workshop they plan to attend, prior to the workshop date. You can register by emailing, calling, or scanning the QR code.

Name: Eloise Parker
Directorate: T2COM
Phone #: (337)531-2427
Email: eloise.parker5.ctr@army.mil



Installation Safety

Upcoming

- Convoys: Expect convoy traffic for RTN 26-06 to and from the Areial Port of Debarkation (APOD) and the BOX training area.
- Increased Presence: Anticipate a significant increase in traffic and personnel on Nort Fort
- Safety: Obey speed limits in high-traffic crossing zones, including the North Polk Shoppette, Pizza Hutt, and the Glass House area.
- Construction Zones: For your safety, do not park vehicles or conduct Physical Training (PT) in or through construction zones.
- Summer Safety: Insure everyone stays hydrated. Ice sheets during PT and field training events. (15 April start)
- Safety is relocating to BLDG 2613 (old Real Property BLDG)

26-06



26-07



Name: Rico A. Williams
Directorate: Installation Safety
Phone #: 726-780-1592 / DSN: 323-780-1592
Email: rico.a.williams.civ@army.mil

Seat belts: Buckle up! it's the LAW

FREE child Seat Install



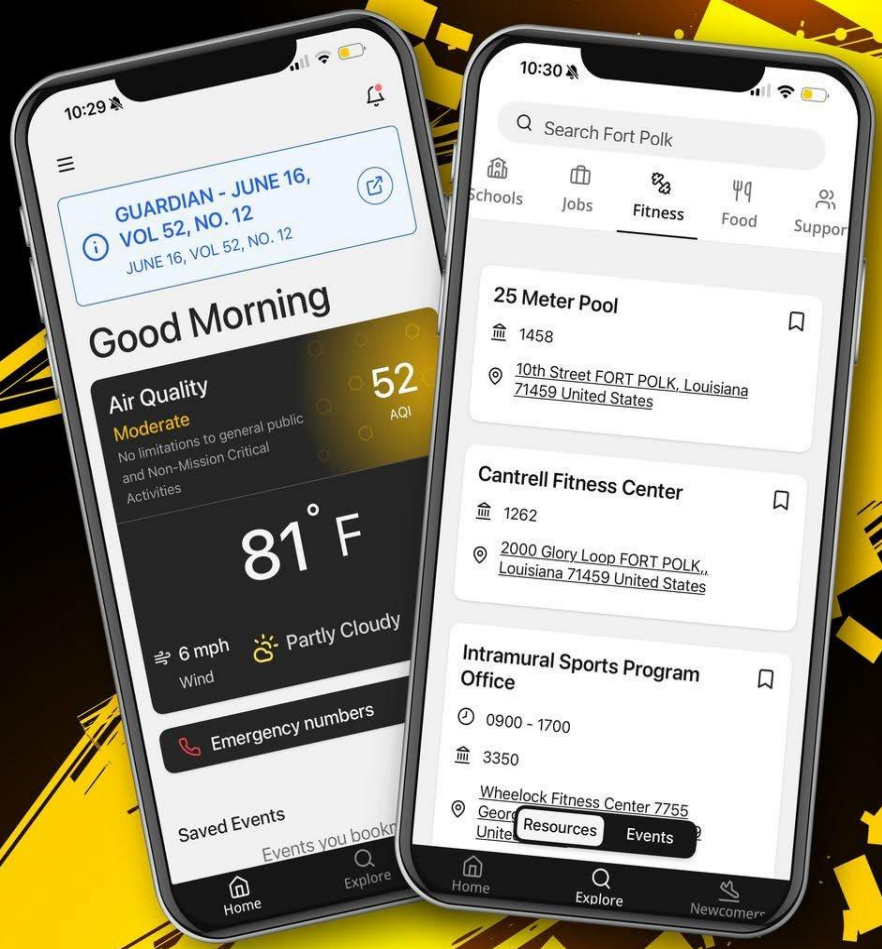
Stay in the know
at Fort Polk with

MY ARMY POST APP

- Upcoming events
- Weather alerts
- Gate hours and information
- Maintenance orders
- Fitness facilities
- Dining and more!

GET IT ON Google Play

Download on the App Store



IMPORTANT INFORMATION QR CODES

FORT POLK SOCIAL MEDIA AND PODCAST

facebook.com/JRTCandFTPolk

instagram.com/jrtcandfortpolk

facebook.com/fortpolkmwr

youtube.com/@JRTCandFortPolk

x.com/JRTC_FortPolk

FORT POLK WEBSITE, MAGAZINE AND MAPA

WEBSITE
home.army.mil/polk

GUARDIAN
home.army.mil/polk/about/garrison-directorates-and-support-offices/public-affairs/guardian

MAPA
My Army Post App

LOCAL RADIO STATIONS

westcentralsbest.com/todays_country_1057

kjae935.com



Using your phone, scan the QR codes to access the variety of Fort Polk information listed above!

Other ways to get the most up-to-date info

Warrior Information Exchange: Engage with leadership, find out about upcoming events and more! (Held the first Wednesday of every month, 10 a.m. at the Warrior Center)

Electronic Indoor and Outdoor Boards: Fort Polk has multiple indoor and outdoor electronic marquees which display upcoming events and important information.

Explore Louisiana: Looking for fun, upcoming events happening off post? Visit explorelouisiana.com or scan the QR code to the right.

MWR
polk.armymwr.com

CORVIAS
polk.corviaspm.com

BJACH
bayne-jones.tricare.mil

SUICIDE PREVENTION
home.army.mil/polk/about/suicide-prevention

ACS
polk.armymwr.com/programs/army-community-services

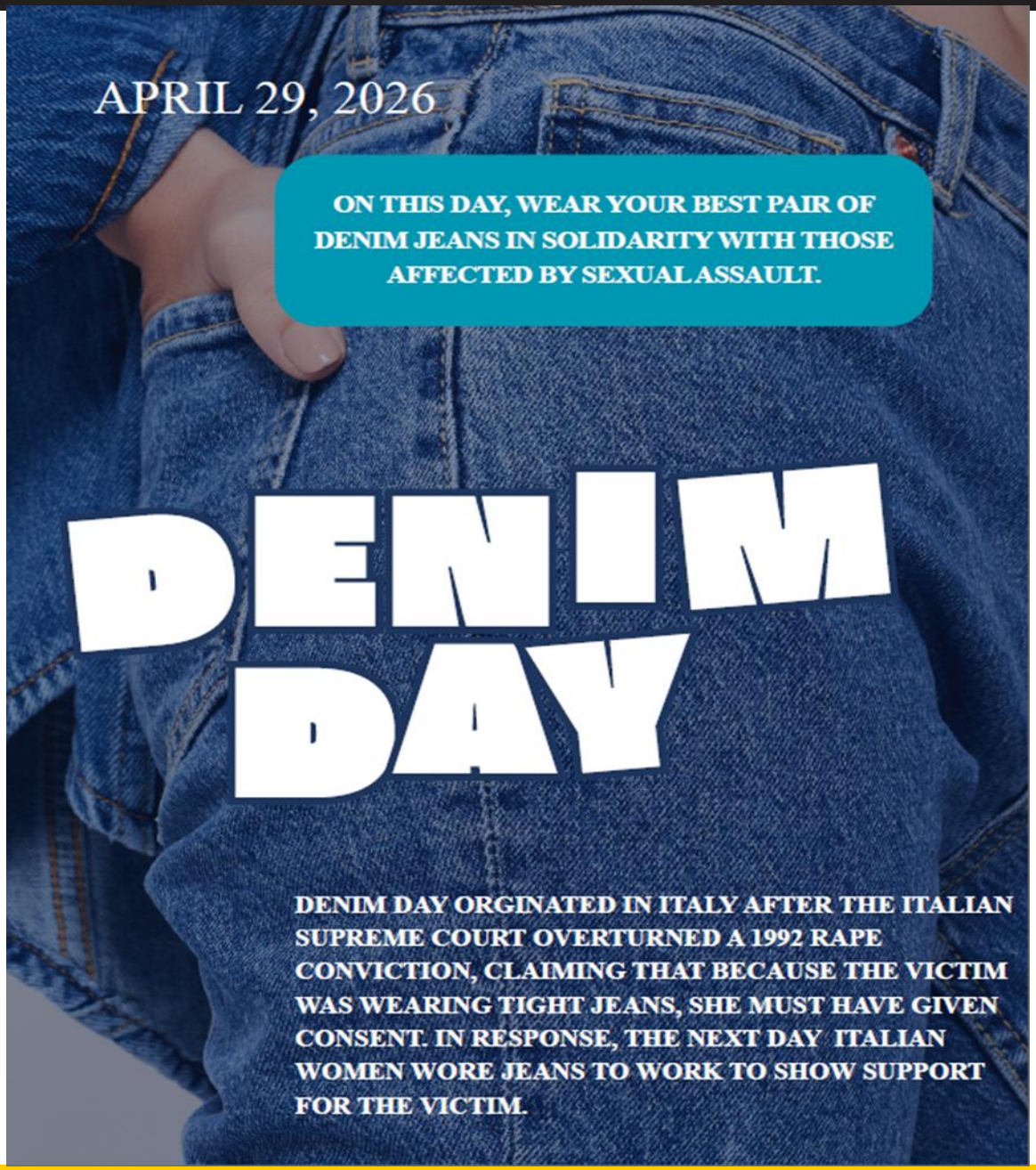
DES
home.army.mil/polk/about/garrison-directorates-and-support-offices/directorate-emergency-services

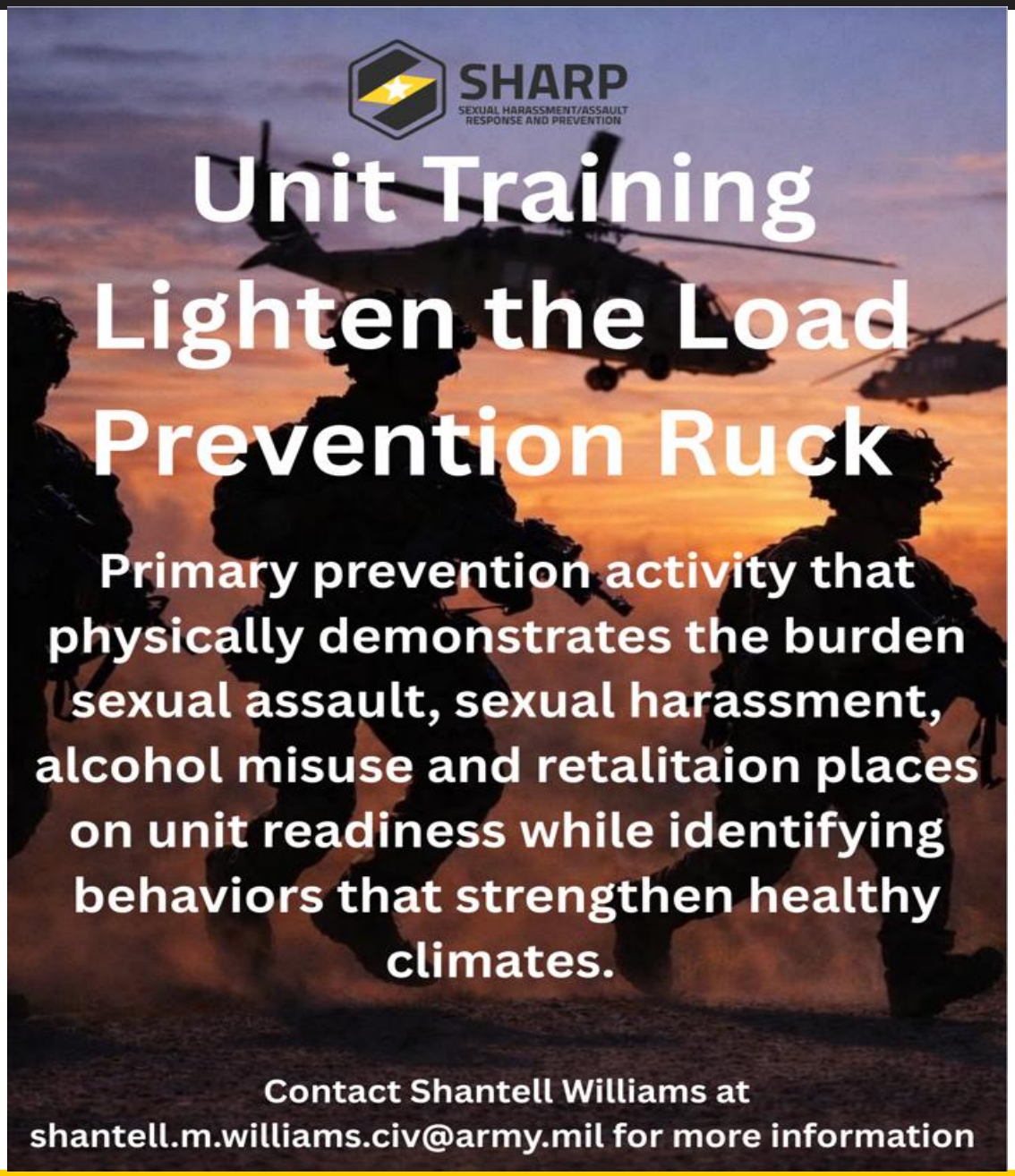
EMERGENCY ALERTS
everbridge.com/products/nixle

EXCHANGE
facebook.com/FortPolkExchange

CRISIS PHONE NUMBERS
home.army.mil/polk/contact/contact-us/crisis-phone-numbers

EXPLORE LOUISIANA
explorelouisiana.com


APRIL 29, 2026
ON THIS DAY, WEAR YOUR BEST PAIR OF DENIM JEANS IN SOLIDARITY WITH THOSE AFFECTED BY SEXUAL ASSAULT.
DENIM DAY
DENIM DAY ORGINATED IN ITALY AFTER THE ITALIAN SUPREME COURT OVERTURNED A 1992 RAPE CONVICTION, CLAIMING THAT BECAUSE THE VICTIM WAS WEARING TIGHT JEANS, SHE MUST HAVE GIVEN CONSENT. IN RESPONSE, THE NEXT DAY ITALIAN WOMEN WORE JEANS TO WORK TO SHOW SUPPORT FOR THE VICTIM.


SHARP
SEXUAL HARASSMENT/ASSAULT RESPONSE AND PREVENTION
Unit Training
Lighten the Load
Prevention Ruck
Primary prevention activity that physically demonstrates the burden sexual assault, sexual harassment, alcohol misuse and retalitaion places on unit readiness while identifying behaviors that strengthen healthy climates.
Contact Shantell Williams at shantell.m.williams.civ@army.mil for more information

SHARP



Come meet Sunny!

"PAWS" FOR PREVENTION

Learn how service animals can support trauma recovery and foster connection, strengthening the resilience and cohesion of our military community.

FEATURING :

- Live Service Animal demo
- Community Resources
- Photo opportunity w/Sunny BJACH's Service Animal
- Connection Station

MORE INFO :

Date: 9 April
Location: 1591 Bell Richard , Bldg 920 ACSPC
Time: 1500-1600
Call 726-780-0397 or email
shantell.m.williams.civ@army.mil for more info

DeCA – Commissary

- The Defense Commissary Agency (DeCA) is always looking for new members to join our team. To search open positions in your area, please go to USAJOBS – Search, input "commissary" into the Keywords box and input your location into the search box.
- Positions vary from initial entry positions (WG2) through managerial positions (GS14).
- Interested military spouses can send inquiries directly to: Militaryspouse.employment@deca.mil. This email address is also used for military spouses to send resumes for consideration to open positions at their new duty station.



POC: Mrs. Ok Yong West
Directorate: Fort Polk Commissary Officer
Phone: 337-423-4830
Email: okyong.west@deca.mil

ST. MARY'S RESEDENTIAL COMMUNITY & SERVICES

BCBA

JOIN OUR TEAM!



St. Mary's Residential Community & Services is empowering learners toward independence, dignity, and improved quality of life through our compassionate, evidence-based approach to care.

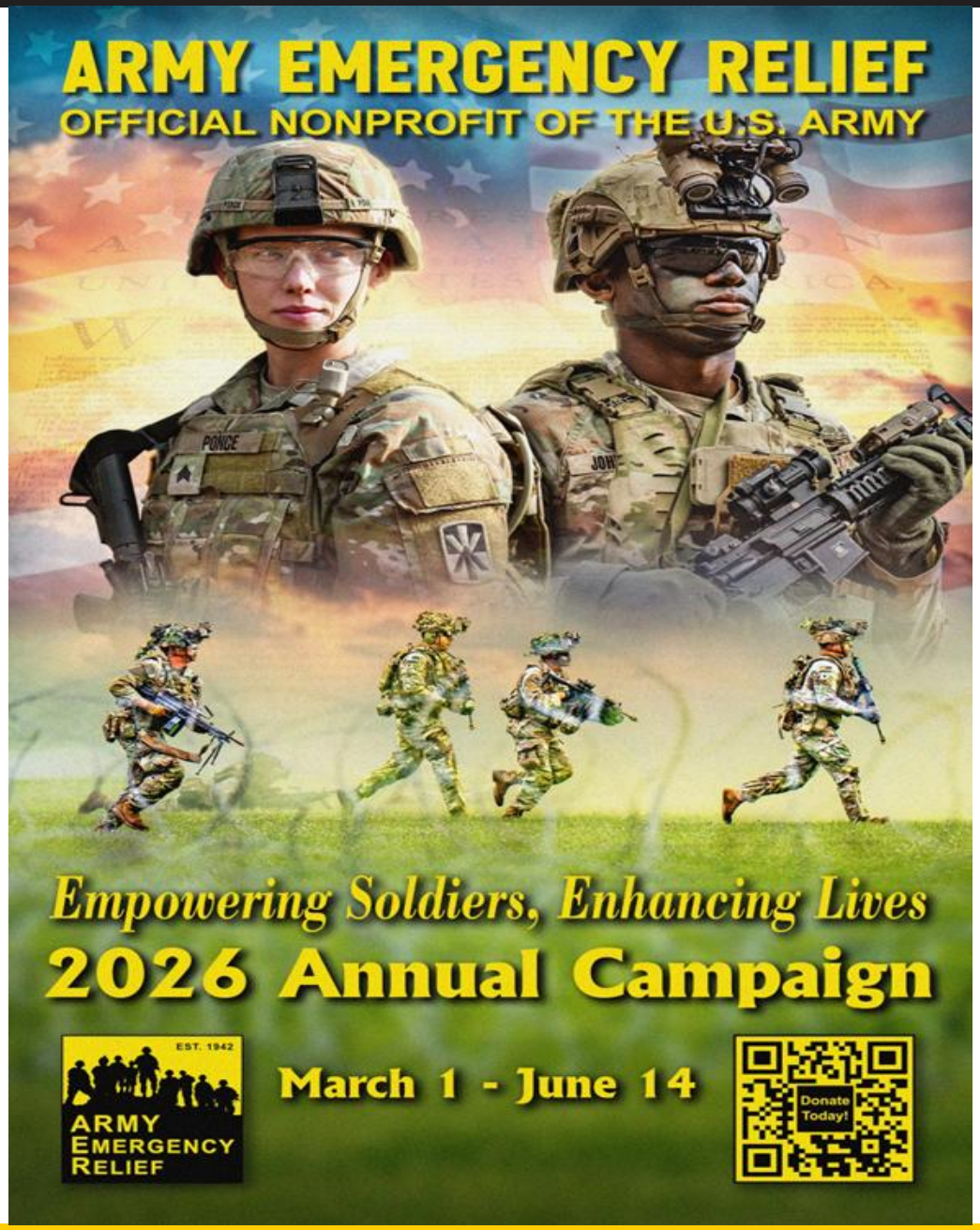
Why St. Mary's?

- Opportunity to guide clinic development
- Specialized caseloads tailored to your interests
- Clinical supervision and support from a BCBA-D

- $80,000+
- Medical, Dental, & Vision
- Life Insurance
- Retirement Plan
- Generous PTO

Apply Now!




ARMY EMERGENCY RELIEF
OFFICIAL NONPROFIT OF THE U.S. ARMY
Empowering Soldiers, Enhancing Lives
2026 Annual Campaign
EST. 1942
ARMY EMERGENCY RELIEF
March 1 - June 14
Donate Today!

U.S. ARMY

DRUG TAKE BACK EVENT

Safely Dispose of Unused or Expired Medications

April 24th

Outside of
BJACH Pharmacy

10:00 AM – 2:00 PM



Protect Your Family.
Protect Your Community.

Bring your unused, unwanted, or expired medications for safe and proper disposal.

Protect Your Family. Protect Your Community.

✔ Accepted Items:

- ✔ Prescription medications
- ✔ Over-the-counter medications
- ✔ Tablets, capsules, creams, and liquids

NOT Accepted:

- ⊗ Needles (sharps)
- ⊘ Aerosol cans
- ⊘ Illegal drugs

Let's keep our community safe!

Do your part. Clean out your medicine cabinet today!

"We are BJACH!"

USAG FORT POLK
PEOPLE PASSION PURPOSE

U.S. ARMY

2026 APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
			1 FUELING FOR HEALTH	2 STRESS MANAGEMENT	3	4
5	6 STRESS MANAGEMENT	7 UPPING YOUR METABOLISM	8 MEALS IN MINUTES	9 FUELING FOR HEALTH	10	11
12	13 STAYING FIT AT HOME	14 STRESS MANAGEMENT	15 PERFORMANCE OPTIMIZATION	16 MEALS IN MINUTES	17	18
19	20 FUELING FOR HEALTH	21 HEALTHY SLEEPING HABITS	22 UPPING YOUR METABOLISM	23 STAYING FIT AT HOME	24	25
26	27 HEALTHY SLEEPING HABITS	28 PERFORMANCE OPTIMIZATION	29 UPPING YOUR METABOLISM	30 MEALS IN MINUTES		

NOTE

IN PERSON CLASSES
7460 COLORADO AVE., BLDG 660
FORT POLK, LA 71459
RM 105

VIRTUAL CLASSES
MHS GENESIS LINK WILL BE PROVIDED VIA ON FILE EMAIL.

IN PERSON CLASSES WILL BE HELD
MONDAY & WEDNESDAY @ 0800

VIRTUAL CLASSES WILL BE HELD
TUESDAY & THURSDAY @ 1100

OFFICE : 726-780-1152/1190

AFWC
ARMED FORCES WELLNESS CENTER

USAG FORT POLK
PEOPLE PASSION PURPOSE


CHILD & YOUTH SERVICES
MONTH OF THE MILITARY CHILD
FAMILY SKATE NIGHT
BUILDING 4996:
THE MIDDLE SCHOOL TEEN CENTER
APRIL 11, 2026
4PM–7PM
$10
PER FAMILY
(CASH ONLY)
SKATES ARE LIMITED!
BRING YOUR OWN SKATES AND PROTECTIVE EQUIPMENT IF YOU HAVE THEM!
FOR MORE INFORMATION CALL 726-780-1991


AMERICA'S
ARMED ★ FORCES
KIDS RUN
CYS YOUTH SPORTS
MAY 16
Run starts at
9AM
Run Options:
1/2 mile, 1 mile,
or 2 mile
AGES 5 --13
register online at americaskidsrun.org
All others register on site the day of the event between 8AM-9AM
Run takes place at
Honor Field
LA-10
Pitkin, LA 70656
Free and open to the public!
For more information please call
726-780-1359
UNITED STATES ARMY
CHILD & YOUTH SERVICES
AIRBORNE
MWR


UNITED STATES ARMY
CHILD & YOUTH SERVICES
OPERATION
MEGAPHONE
LOCK-IN!
MWR
STRENGTH IN EVERY STORY
APRIL 24 - 25
7PM - 8AM
MIDDLE SCHOOL
TEEN CENTER
REGISTERED YOUTH ONLY!
COST:
$20
PER YOUTH
OPERATION
MEGAPHONE
GET THE WORD OUT!
CALL TO REGISTER: 7267801991

U.S. ARMY

April YOUTH FITNESS CALENDAR



Monday

10 am - 11 am
Parent & Child Play Fit (1yr-3yrs)
Building 2070

11 am - 12 pm
Open Gym (All Ages)
Building 2070

4:15 pm - 5 pm
Kids Cross Training (7yrs-11yrs)
Building 2070

5 pm - 6 pm
Weight Training (Grade 6-12)
Building 2070

Tuesday

10 am - 10:45 am
Music Together (6 months - 5 years)
Building 2070

Wednesday

4:45 pm - 5:45 pm
Weight Training (Grade 6-12)
Building 2070

Thursday

9:30 am - 10:30 pm
Homeschool PE & Fitness (5yrs-6yrs)
Building 2070

10:30 am - 11:30 am
Homeschool PE & Fitness (7-9 yrs)
Building 2070

11:30 am - 12:30 pm
Homeschool PE & Fitness (10+yrs)
Building 2070

Friday

9:30 am - 11 am
Parent & Child Play Fit (1yr-6yrs)
Building 2070

11 am - 12:30 pm
Open Gym (All Ages)
Building 2070

4:15 pm - 5 pm
Kids Cross Training (7yrs-11yrs)

5:30 pm - 6:30 pm
Archery Club (8+yrs)
Perez Field
Feb 13 & 27 only
5:30 pm - 6:30 pm

5:30 pm - 6:30 pm
Pickleball Clinic
Building 2070

Call 726-780-1076 for more information

Participants must be registered with Child and Youth Services

REGISTER FOR THE CYS COMPETITIVE SWIM TEAM

	AGE GROUP	COST	REGISTRATION	SEASON
Summer Competitive Swim	5 years-18 years	$75	APR 6 - MAY 8	MAY 11 - JULY 17

OPEN TO THE PUBLIC!

U.S. ARMY

Summer Competitive SWIMMING



Season:
MAY 11 - JULY 18
AGES 5-18
Parent Meeting & Skills Assessment
APRIL 29 or MAY 1

UNITED STATES ARMY CHILD & YOUTH SERVICES

Registration:
APRIL 6 - MAY 8

Call 726-780-1076 for more information





Participants must pass a 50-meter swim test & be registered with Child and Youth Services

$75

OPEN TO THE PUBLIC!

REGISTER TODAY!

SIGN-UP AT CYS BLDG. 924

USAG FORT POLK
PEOPLE PASSION PURPOSE


FORT POLK SERVICES AND DPW ENVIRONMENTAL TEAM
PRESENT
Environmental Day
Activities to celebrate MOMC and Earth Day
April 15th | 10 AM to 2 PM
Fort Polk Main Exchange
7742 Colorado Ave Bldg. 850


DOWNLOAD
THE APP
A NEW WAY TO SHOP
Introducing the new MY EXCHANGE app where you can seamlessly shop, discover exclusive deals, and enjoy personalized recommendations anytime, anywhere.
MY EXCHANGE
Google Play
App Store
EXCHANGE
MY EXCHANGE
Our new shopping app – created just for you!

U.S. ARMY



CLASS Six

Summer Fun Run

CARD 2



Grand Canyon, AZ
FRIDAY, APRIL 17TH

JOIN US FOR OUR SUMMER FUN RUN!

FIVE STAYCATION LOCATIONS!
VENDOR TASTINGS AT EACH STOP!
DON'T FORGET TO DRAW YOUR CARD AT EACH STOP!

FORT POLK CLASS SIX, 7720 COLORADO AVE. BLDG. 752

USAG FORT POLK
PEOPLE PASSION PURPOSE


DOUBLE THE FUN!
MONTH OF THE MILITARY CHILD
Fort Polk Main Exchange
EASTER EGG HUNT
MONTH OF THE MILITARY CHILD ACTIVITIES
Saturday, April 4, 2026
Hunt starts at 11:00AM (while supplies last)
Open to ages 0 - 12
Fort Polk Main Exchange 7742 Colorado Ave. BLDG 850
BRING A BASKET
WEAR PURPLE TO SHOW YOUR SUPPORT!