

# GUARDIAN

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Inactivations**

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## COVER PHOTO

*Rosepine runner gives it her all at Warrior Hills Cross Country Invitational. See more on pages 7-8. (U.S. Army photo by Karen Sampson)*



# 09

Transition Assistance Program



# 05

3-353rd inactivation ceremony



## JRTC AND FORT JOHNSON

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Commanding General  
Col. CJ Lopez  
Garrison Commander

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For additional information, please visit the @JRTCandFortJohnson Facebook page.

OCTOBER IS  
**BREAST CANCER**  
AWARENESS MONTH

# 14

Breast Cancer Awareness Month

# 21

Garrison Commanders Golf Scramble

UPCOMING

THE FORGE  
Bar & Grill

# Sunday Brunch

10AM - 2PM



## Second Sunday Brunch

Oct. 13, 10 a.m.-2 p.m. at The Forge Bar and Grill

Join the Forge Bar and Grill for its monthly Sunday brunch Oct. 13. From 10 a.m.-2 p.m. guests can enjoy a wide selection of breakfast and lunch items as well as their favorite morning cocktails.

For more information call 337-531-7668.



# TRICK OR TREAT TRAIL



## Trick or Treat Trail

Oct. 18, 5 p.m. at Warrior Hills Golf Course


Calling all ghouls and goblins! It's that time of year again — the annual Trick or Treat Trail is back. Join us for a night of spooky surprises, tasty treats and unforgettable fun. Wear your costumes and bring your best tricks for a night that's sure to be a scream.

This event is free and family friendly!

# COSTUME CONTEST

October 25 2024 @ 6 pm  
Middle School and Teen Center

GRADES 6-12  
FOR MORE INFORMATION CALL 337-521-1992



## MST Costume Contest

Oct. 25, 6 p.m. at Building 744

The Middle School and Teen Center's annual costume contest is back and we can't wait to see your amazing Halloween costumes! Kids in grades 6-12 are invited to

Youth must be registered with MST to participate. For more information call 337-531-1992.

CHILD YOUTH SERVICES PRESENTS:



# HAUNTED HOUSE & CARNIVAL

OCTOBER 25 & 26, 2024 CASH ONLY

\$5 HAUNTED HOUSE TOURS: 6PM-9PM  
CARNIVAL (OCT 26TH ONLY): 6PM - 8PM

YOUTH GYM BLDG 2070

## CYS Haunted House and Carnival

Oct. 25-26 (Haunted House), Oct. 26 (Carnival)  
Youth Gym (Building 2070)

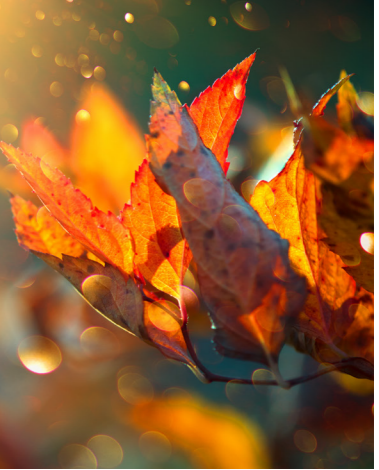
Get ready for a spooktacular time with Child Youth Services! Haunted tours: Oct. 25-26 from 6-9 p.m. Carnival: Oct. 26 from 6-8 p.m. Cost: \$5 (cash only)



OUTSIDE THE GATES

# OFF POST

## EVENTS



11-12  
Oct.

### 14th Annual Powwow in the Pines

TROUT, LA.

[Click for more info](#)



12  
Oct.

### TappedTober Beer and Wine Fest

NATCHITOCHES, LA.

[Click for more info](#)



18-20  
Oct.

### Fall Fun Learnin' at the Petting Farm: Halloween Style

OAKDALE, LA.

[Click for more info](#)



19  
Oct.

### ChuckFest

LAKE CHARLES, LA.

[Click for more info](#)



25-27  
Oct.

### Four Winds Tribe Louisiana Cherokee 20th Powwow

DERIDDER, LA.

[Click for more info](#)

NO ARMY OR FEDERAL ENDORSEMENT IMPLIED.

# Fort Johnson closes chapter with two **inactivation** ceremonies



## 3rd Battalion 353rd Training Regiment history

The 3-353rd Regiment began its service to the United States as one of over three hundred Infantry Regiments authorized by congress after the US entered the First World War on the Allied side in 1917.

Activated at Camp Funston and assigned to the 89th Division, the regiment sailed for France in July 1918. The regiment saw combat during the St. Michael and Meuse-Argonne offensives and occupied defenses in Lorraine before and after the armistice ended formal hostilities on Nov. 11, 1918.

During the interwar period, the regiment was based in Kansas as part of the organized reserves. It returned to active service in World War II, participating in the Rhineland and central Europe campaigns in 1945. The regiment remained as a drilling unit of the US Army reserve and was briefly reactivated during the Persian Gulf War in 1991. It was inactivated, along with the rest of the 89th Infantry Division in 1996.

Because of its close association with Camp Funston, the US Army Institute of Heraldry chose the 3-353rd Inf Reg as the

designation for the battalion that would assume responsibility for training combat advisors at Camp Funston from 2006 to 2009. The three original battalions along with three new battalions were activated at Fort Polk on May 1, 2009 and formally assumed responsibility for combat advisor training on Aug. 31, 2009.

As part of the Army's restructuring, the 162nd Infantry Brigade was deactivated July 14, 2014. The 162nd Brigade's former responsibilities now fell to the 3rd Battalion; one battalion now successfully completing all the missions previously given to a full brigade.

On Oct. 1, 2014 the 3-353rd Joint was re-assigned to the Fort Polk Joint Readiness Training Center Operations Group.

On Sept. 16, 2020, 3-353rd was re-assigned to Security Force Assistance Command, Fort Bragg, North Carolina.

The 3-353rd Reg has close a relationship with members of SFA community – Army, Joint and Allied. This enables the battalion to prepare and deliver tailorable, scalable and regionally focused foundational and collective training across the SFAC enterprise.

The 3-353rd Reg was inactivated Sept. 19, 2024.



Lt. Col. James Authurs, 3rd Battalion, 353rd Regiment commander (right), and Master Sgt. Jawaski Wilson (left) case the colors during the 3-353rd Reg inactivation ceremony Sept. 30 at the Joint Readiness Training Center and Fort Johnson. (U.S. Army photos by Antoine Aaron)



## 519th Military Police history

Originally organized as the 15th Military Police Battalion in October 18, 1927, the 519th Military Police Battalion was called to active duty at Camp Chaffee, Arkansas, in April 1944.

In its more than 80 years of service to the Army, it has participated in 14 campaigns around the globe, providing invaluable combat support through World War II, the Korean war and expeditions to Panama and the Middle East.

It has earned numerous campaign streamers, including a valorous unit award, five meritorious unit commendations three Army superior unit awards, and a Republic of Korea presidential unit citation. Currently, the 519th Military Police Battalion is located at Fort Johnson.

The 519th Military Police Battalion consists of a Headquarters and Headquarters Detachment, the 204th Military Police Company, the 258th Military Police Company, the 41st Transportation Company, the 383rd Movement Control Team, the 91st Military Police Detachment and the 50th Military Working Dog Detachment.

Three of these companies were inactivated Sept. 30.

•The 91st Law Enforcement Detachment was activated August 1, 1952 at Fort McPherson, Georgia, and was redesignated as the 91st Military Police Detachment April 21, 1959. After several activations and inacti-

vations, the detachment was last activated October 19, 1997 at Fort Polk. The detachment was inactivated Sept. 30.

Decorations include a Meritorious Unit Commendation, Tet Counter-offensive (Vietnam) and Vietnam Streamer (Vietnam 1967).

•The 204th MP Co was activated Feb. 10, 1941 at Camp Blanding, Florida.

From that point on, the company was inactivated and activated several times. In August 1992, the 204th was activated at Fort Polk, Louisiana, until its inactivation Sept. 30.

Decorations include an Army Superior Unit Award (1990-1991), a Valorous Unit Award Streamer (Iraq 2003-2004), an Army Meritorious Unit Commendation Streamer (Iraq 2006) and an Army Meritorious Unit Commendation Streamer (Iraq 2009-2010).

•The 258th MP Co was activated June 25, 1943. It was activated and inactivated several times. It was activated August 1992 at Fort Polk, Louisiana, and inactivated Sept. 30.

Decorations include an Army Meritorious Unit Commendation Streamer (Iraq 2005-2006) and an Army Superior Unit Award Streamer (1996-1997).



Soldiers from the 91st Military Police Detachment and the 204th and 258th Military Police Companies stood in formation during the 519th inactivation ceremony Sept. 30. (U.S. Army photos by Antoine Aaron)



Capt. Michael D. Volle, 91st Law Enforcement Detachment Commander (left), and Sgt. 1st Class Raul Galvan III, detachment sergeant, case the detachment's colors. (U.S. Army photos by Antoine Aaron)



Above: Capt. Christopher E. Biehl, 204th Military Police company commander (left), and Sgt. 1st Class Johnathan C. Burrill, 1st Sergeant, case the company colors. (U.S. Army photos by Antoine Aaron).



Right: Capt. Tyler A. Ejzak, 204th Military Police company commander (left), and 1st Sgt. John W. Lum, First Sergeant, case the company colors. (U.S. Army photos by Antoine Aaron).

# Fort Johnson partners with local communities for Warrior Hills Cross Country Invitational

*Track teams from cities and towns across central Louisiana converged at Fort Johnson's Warrior Hills Golf Course to run a variety of boys and girls races Sept. 25.*

*(U.S. Army photo by Karen Sampson)*





## Transition Assistance Program provides premier transition experience

### By Transition Assistance Program

FORT JOHNSON, La. — It can be daunting for Soldiers as they begin to think about transitioning from Army to civilian life, but it doesn't have to be thanks to the Army's Transition Assistance Program.

TAP is a commander's program and a Soldier's responsibility, according to [www.armytap.army.mil](http://www.armytap.army.mil). The program provides information and training to ensure transitioning Soldiers, Families, veterans, and Department of Army civilians are prepared for their next step in life — whether pursuing additional education, finding a job in the public or private sector, or starting their own business.

The Joint Readiness Training Center and Fort Johnson Transition Assistance Program is dedicated to providing a premier transition experience for its service members, said Chris Ausbun, TAP transition services manager.

"Our mission is to empower Soldiers to make

informed career choices that enhance their lives, contribute to their communities, and benefit our nation," Ausbun said. "The program is designed to help Soldiers leverage their Army experience and skills, effectively ensuring they are well-equipped to make decisions about their future, including the option to re-enlist if desired."

The first step in this process is identifying Soldiers who are within 18 months of transitioning (or 24 months for those retiring). Enrollment begins with the Soldier's Self-Assessment, which can be completed online at: <https://portal.armytap.army.mil>.

After completing the assessment, service members should schedule an appointment with the TAP Counselors at the Education Center, 7640 Colorado Ave., building 660. Our counselors are available to assist Soldiers in fulfilling all program requirements and to facilitate a seamless transition process.

For further TAP assistance, call 337-531-1591



Left: Members of the Fort Johnson community talk to possible employers at the Education Center during a Transition Assistance Program hiring fair held Sept. 24. (U.S. Army photos by Karen Sampson)

Below: Members of the Baton Rouge Police Department talk to Fort Johnson community members about the possibility of joining the BRDP at a TAP hiring fair held Sept. 24.



Two men listen as an employer at the TAP hiring fair talks to them about a potential job Sept. 24.



# Discover Louisiana



## SPOOKY LOCATIONS

### MYRTLES PLANTATION



[Click for more info](#)

Located in the deep American south, where summers are warm, and the air is thick with the spirits of overworked slaves and brutal masters, lies the Myrtles Plantation in St. Francisville, La. With its majestic wrap around veranda, blue trim, and 20 rooms, it sits on high ground, appearing like a fortress as you approach. It appears to be something out of a storybook. However, its history is not for the faint of heart. Multiple guests and residents reported seeing the transparent and ghostly apparitions of a young girl wearing a green turban moving throughout property. — *The Haunted Walk*

(Photo by Bogdan Oporowski)

### OLD GOTHIC JAIL



[Click for more info](#)

The Hanging Jail and Beauregard Parish Courthouse were built to symbolize the community's wealth as a booming sawmill town. The town's trademark and notorious Gothic Revival building is known as the Hanging Jail and was built in 1914. Atop the spiral staircase and in view of the prisoners' jail cells, the condemned would meet their end in a dramatic way. The courthouse remain operational with nearly all of the allure and elegance of the original structure. Tours are available. — *Trails and Byways*

(Photo by Gothic Jail After Dark)

### KISATCHIE HIGH SCHOOL

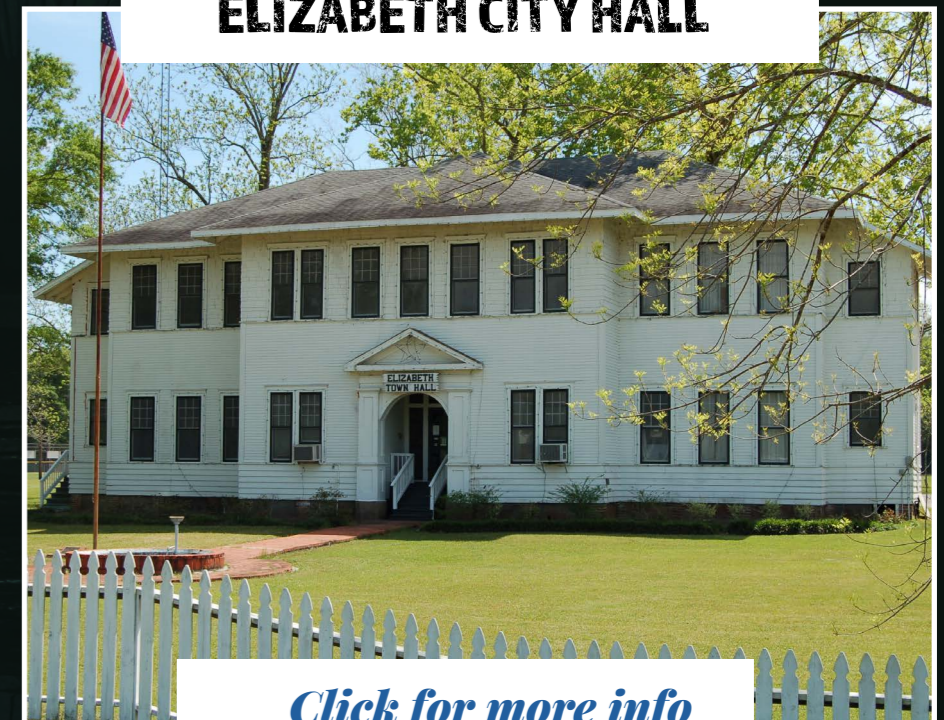


[Click for more info](#)

Kisatchie High School, an abandoned historic school in Kisatchie National Forest, has a rich history dating back to 1848 and is slowly being reclaimed by nature. For over 50 years, the building has been abandoned, slowly being reclaimed by mother nature. You can find the Kisatchie High School at 1804 Parish Road, Provencal, La. (close to the La. Hwy. 118 and 117 intersection). It's not the best idea to go inside, but definitely worth a drive by! — *Only in Louisiana*

(Photo by Vault.com)


### ELIZABETH CITY HALL



[Click for more info](#)

Elizabeth City Hall was originally built in 1924 to serve as the hospital for the Industrial Lumber Company. It now operates as City Hall for the town of Elizabeth and is considered to be haunted by former patients of the historic hospital. — *Trails and Byways*

(Photo by Cajun Scrambler)




## Bayne-Jones Army Community Hospital

### Pharmacy Q-Anywhere Mobile Check-In

**\*\*FOR NEW PRESCRIPTIONS WITHIN THE LAST 14 DAYS ONLY\*\***  
**\*\*\*NO REFILLS OR PAPER PRESCRIPTIONS\*\*\***

**WAIT FOR YOUR PRESCRIPTIONS IN THE CONVENIENCE OF YOUR OWN HOME**

Scan HERE



TEXT

**"Get in line"**  
to  
**1 (844) 398-4169**

**STEP 1:**  
Scan QR Code or  
Text "GET IN LINE" to 1 (844) 398-4169

**STEP 2:**  
Enter DODID number (Located on your ID Card)

**STEP 3:**  
Choose 1 if DOD ID is correct. Choose 2 if DOD ID is incorrect.  
Choose 3 to enter additional DOD ID Numbers

**STEP 4:**  
Choose Option 1 for Pharmacy Lobby and 2 for ScriptCenter

**STEP 5:**  
Wait for text that your prescription is filled.

*Requests made before 3 p.m. will be available the same day.  
Requests made after 3 p.m. will be available the following day.*

**STEP 6:**  
Pick up your prescriptions at Windows 1 and 2 of the BJACH Pharmacy, 8 a.m. - 5:30 p.m., Monday - Friday OR pick up at the Script Center inside Entrance A 24/7

**\*\* FILLED PRESCRIPTIONS WILL BE HELD FOR 10 DAYS \*\***



## Bayne-Jones Army Community Hospital

# GET YOUR VACCINE!



**THE FLU VACCINE IS AVAILABLE TO BENEFICIARIES 6 MONTHS AND OLDER BY APPOINTMENT ONLY**  
**CALL 337-531-3011**

## Fort Johnson spotlights its Golden Age Games winners



**STUART**

*Two athletes from the Fort Johnson civilian workforce participated in The National Veterans Golden Age Games in Salt Lake City, Utah, Aug. 23-27. Kevin Stuart, Bayne-Jones Army Community Hospital military ombudsman (left), and Linda Bowers, Fort Johnson Education Center education guidance counselor, won several medals each at the event.*

*Stuart won a gold medal in the 1,500-meter powerwalk, two silver medals in badminton singles and badminton doubles, a gold medal in pickleball doubles and a bronze medal in basketball free-throw.*

*Bowers won a gold medal in pickleball doubles, a bronze medal in the 50-meter dash, a bronze medal in the 100-meter dash, a bronze medal in the 200-meter race, and a bronze medal in the 1,500-meter powerwalk.*



**BOWERS**

# Fort Johnson Department of Public Health educates community on breast cancer risk

**By Veronica Alexander**  
 BJACH Health Promotions

FORT JOHNSON, La. — Bayne-Jones Army Community Hospital is raising awareness about breast cancer in October. Breast cancer is a disease that can develop in the different areas of the breast tissue. Breast cancer occurs when cells in the breast grow abnormally and uncontrollably. While anyone can develop breast cancer, it's most common in women. Early detection, before symptoms start, is crucial in the fight against breast cancer. Knowing your risk level, together with regular mammograms, can help identify the disease in its early stages, increasing the chances of successful treatment.

A woman is considered average risk if she has no personal or family history, has a genetic mutation known to increase risk of breast cancer (BRCA-Breast Cancer gene) and has not had chest radiation as a teen or young adult.

Women who are high risk for developing breast cancer are those that have a known BRCA1 or BRCA2 gene mutation, a first-degree relative with BRCA mutation, radiation therapy to chest before age 30. If you fall into the high-risk category your screenings may start at age 30.

Certain factors may increase your risk of breast cancer:

- Age (Over 40)
- Family history of breast cancer
- Genetics (BRCA1 and BRCA2 mutations)
- Hormonal factors (early menstruation, late menopause)
- Chest Radiation therapy before age 30
- Lifestyle factors (obesity, alcohol consumption, lack of physical activity)

Common signs and symptoms of breast cancer include:

- Lump in the breast or underarm
- Swelling on all or part of breast (even if no lump is felt)
- Changes in breast shape or size
- Nipple Discharge (other than breast milk)



- Skin irritation or dimpling
  - Persistent breast or nipple pain
  - Nipple retraction (turning inward)
- Understanding your risk for developing breast cancer, practicing self-exams, and regular screenings, are proactive steps to protect your health. Early detection and support are essential in the fight against breast cancer.

If you have a history of breast cancer in your family or are over the age of 40, call BJACH at

337-531-3011 to schedule an appointment with your provider to discuss your risk and develop a personalized screening program.

In addition, the community is encouraged to share their person breast cancer experience by placing the name of loved ones affected by breast cancer on one of the two decorated trees set up at both the hospital and the post main exchange.

# CUSTOMER SERVICE

## APPRECIATION WEEK



Customer Service Week is an opportunity to highlight going “Above and Beyond” for our Soldiers, civilians and Families every day. The week will encompass activities allowing us various avenues to thank staff for their dedication and hard work throughout the year.

“**Building a good customer experience does not happen by accident.**”

— Clare Muscutt



### Proclamation Signing

Brig. Gen. Jason A. Curl, Joint Readiness Training Center and Fort Johnson commanding general, signs a proclamation designating Oct. 7-10 as Customer Service Week during the Warrior Information Exchange meeting Oct. 2 at the Warrior Center, Fort Johnson, La. (U.S. Army photo by Karen Sampson)

# Pumpkin Carving Contest

Oct. 30

Bring a carved pumpkin to your community center to enter our contest for a chance to win a prize!

Deliver pumpkin to your community center on Oct 30th between 8am to 5pm. Winner will be announced Oct 31st. Pumpkins can be picked up on Oct 31st.

Contact your Community Office for more details. Look forward to seeing you there!

Corvias  
PROPERTY MANAGEMENT

A poster for a Pumpkin Carving Contest. It features several carved pumpkins and a photo of two women carving a pumpkin. The text includes the date Oct. 30, instructions on how to enter, and contact information for Corvias Property Management.

# VOLUNTEERS NEEDED

GIRL SCOUTS OF FORT JOHNSON

If you have a passion for volunteering and are eager to get involved with the community, we invite you to join us and learn valuable information about becoming a Girl Scout leader.

Build Courage Build Confidence Build Character

The Girl Scout Service Unit 254 hosts many events and volunteer projects. Volunteering with Girl Scouts is flexible and fun. You don't have to have a child of your own to get involved; all you need is a passion for mentoring the next generation of leaders.

Fortjohnson.girlscouts@gmail.com

A poster for Girl Scouts of Fort Johnson seeking volunteers. It features a photo of Girl Scouts and three circular icons representing "Build Courage", "Build Confidence", and "Build Character". The text describes the benefits of volunteering and provides a contact email.

# TORNADO SAFETY TIPS

TIP #1

Know the signs of a tornado, including a rotating, funnel-shaped cloud, an approaching cloud of debris, or a loud roar like a freight train.

A poster about tornado safety tips. It features a cow and a tree. The text includes the title "TORNADO SAFETY TIPS", a tip number "TIP #1", and a description of the signs of a tornado.



## Warning Signs of Abuse

If you're concerned about a loved one, watch for important signs that could indicate they're in an abusive relationship and need help.

1. Withdrawing from others and making excuses not to see friends or family.
2. Seeming anxious around their partner or afraid of their partner.
3. Having frequent bruises or injuries they lie about or can't explain.
4. Having limited access to money, credit cards, or a car.
5. Showing an extreme change in personality.
6. Getting frequent calls from a significant other, especially calls that require them to check in or that make them anxious.
7. Having a partner who has a temper, is easily jealous, or very possessive.
8. Clothing that could be hiding bruises, like long-sleeved shirts in the summer.

**475**

Gun related domestic violence fatalities this year.

**20,000**

calls are placed a day to domestic violence hotlines

**20%**

of women in the United States have been raped.

**10 million**

people a year are physically abused by an intimate partner.

The National Coalition Against Domestic Violence defines domestic violence as the "willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another." Anyone can be a victim, and every individual plays a role in upholding the community values and standards that support safe, healthy relationships. Learning more about abuse makes it easier to identify it and support someone who may be experiencing it. Military service members and families impacted by domestic abuse can get counseling, advocacy and crisis intervention through the Family Advocacy Program. Fort Johnson Family Advocacy Office 337-531-1938



## Fort Johnson leadership signs DVAM proclamation



The Fort Johnson Army Community Service Family Advocacy Program hosted its proclamation signing for Domestic Violence Awareness Month on Oct. 2, at Warrior Field. The proclamation states the goal is to raise awareness of the warning signs of relationship abuse and help individuals and couples address problems early on. The Fort Johnson Victim Advocacy Program offers support to service members and their families, which includes classes and reading material. For more information please contact the Victim Advocacy Program at 337-531-6897



ARMY  
COMMUNITY  
SERVICE

COME & JOIN US FOR OUR

# MAKE A DIFFERENCE CARNIVAL

THURSDAY, 1591 BELL RICHARD  
OCTOBER 24 BDG 920  
5:30 P.M. - 7:30 P.M.

FREE ENTRY

Events

Bounce Houses, Food, Crafts,  
Games, and more!

For more information:  
337-531-1941





Army Community Service  
Family Advocacy Program



# HALLOWEEN party

11 OCTOBER

1591 Bell Richard Ave., Building 920  
Starts at 1800

Bounce Houses, Crafts, Games, Food,  
Maze, and more

For information call 337-531-1941  
Costumes Encouraged!




DOMESTIC VIOLENCE AWARENESS MONTH

# FOOD DRIVE

To support victims of domestic violence associated with Fort Johnson, the Family Advocacy Program is hosting a month-long food drive. All non-perishable food items will be given to the Main Post Chapel to support those in need.

DONATION LOCATIONS:

- Allen Memorial Library, bldg. 660
- Army Community Service, bldg. 920
- BJACH, bldg. 285, Entrance A & B
- Corvias Community Centers and Leasing Center
- CYS Facilities: 260, 701, 702, 744, 924, 3349, 14500
- Forge Bar and Grill, bldg. 352
- Home of Heroes Recreation Center, bldg. 1455
- PX, bldg. 850
- Warrior Lanes, bldg. 1457
- Wheelock Fitness Center, bldg. 3350

Family Advocacy Program  
337-531-1941

01-31 OCTOBER 2024





Bayne-Jones Army Community Hospital

## Nutrition Care Division Commissary Tour

*Are you overwhelmed by food labels?  
Do you want to make healthier food  
choices but not sure where to start?*

Join the BJACH Nutrition Care Experts at  
the JRTC & Fort Johnson commissary  
from 8-9 a.m. on the first or third Friday  
every month to learn how to navigate  
the grocery isles to optimize your  
nutrition for improved health.

Open to all DoD ID  
Card Holders  
Scan QR CODE  
to send and email us  
for more information  
and to reserve your  
spot!




Subject: Commissary Tour  
usarmy.johnson.medcom-bjach.list.nutrition-care@health.mil

## Fort Johnson Fire Department's Fire Prevention Week events

- Oct. 8 at 9 a.m. — Commissary fire safety event
- Oct. 9 at 9 a.m. — Parade at child development centers (701 and 702), North Elementary Learning Center and Parkway Elementary
- Oct. 11 at 9 a.m. — Post Exchange fire safety event
- Oct. 12, 9 a.m. to 2 p.m. — Open house at Fort Johnson's central fire station

# SMOKE ALARMS

Make Them WORK For You!™



fpw.org

©2024 National Fire Protection Association | Sparky® is a trademark of NFPA

## Fort Johnson Fire Department urges residents to check smoke alarms

By Fort Johnson Fire Department

FORT JOHNSON La. — The Fort Johnson Fire Department is teaming up with the National Fire Protection Association to highlight Fire Prevention Week, held October 6-12. This year's campaign theme is focused on smoke alarms and making them work for you. The purpose of the theme is to educate everyone about the importance of having working smoke alarms in the home.

According to NFPA, smoke alarms reduce the risk of dying in a home fire by 54%. Meanwhile, roughly three out of five fire deaths happen in homes with either no smoke alarms or no working smoke alarms.

"Smoke alarms serve as the first line of defense in a home fire, but they need to be working in order to protect people," said Lorraine Carli, vice president of outreach and advocacy at NFPA. "The Fire Prevention Week campaign helps better educate the public about simple but critical steps they can take to make sure their homes have smoke alarms in all the needed locations and that they're working properly."


The Fort Johnson Fire Department encourages all residents to actively support the 2024 FPW smoke alarm theme.

"Working smoke alarms can make a life-saving difference in a home fire, giving people the time to get out safely," said Inspector Rivera. "This year's Fire Prevention Week campaign is a great way to remind everyone about this message and to act on it."

Fort Johnson Fire Department offers these key smoke alarm safety tips and guidelines:

- Install smoke alarms in every bedroom, outside each separate sleeping area (like a hallway), and on each level (including the basement) of the home.
- Make sure smoke alarms meet the needs of all family members, including those with sensory or physical disabilities.
- Test smoke alarms at least once a month by pushing the test button.
- Replace all smoke alarms when they are 10 years old.

For more information about Fire Prevention Week and smoke alarms, visit [fpw.org](https://fpw.org).



Fort Johnson enjoys garrison commander's golf scramble



Several teams signed up to play at the Garrison Commander's Golf Scramble held Oct. 4 at the Warrior Hills Golf Course. (U.S. Army photos by Keith Houin)



TAP EMPLOYER TUESDAY

Come meet the following Employers: 

- ❖ Texas Dept. of Public Safety
- ❖ Southwest LA Regional Planning Commission
- ❖ Alexandria VA Health Care System
- ❖ ERA Solutions

**Where:** Fort Johnson Transition Assistance Program (TAP)  
7460 Colorado Avenue, Bldg. 660

**When:** Oct. 8 from 9 a.m.-noon

For questions please call (337) 531-8792/1591

All transitioning soldiers and job seekers are welcomed

TAP EMPLOYER TUESDAY

Come meet the following Employers: 

- ❖ Texas Dept. of Public Safety
- ❖ Southwest LA Regional Planning Commission
- ❖ ERA Solutions
- ❖ Farmer Veteran

**Where:** Fort Johnson Transition Assistance Program (TAP)  
7460 Colorado Avenue, Bldg. 660

**When:** Oct. 22 from 9 a.m.-noon

For questions please call (337) 531-8792/1591

All transitioning soldiers and job seekers are welcomed



# LOUISIAN A HAYRIDE

OCTOBER 19, 2024  
SAVE THE DATE

gates open **11 am**

MUSIC - FOOD - INFLATABLES - MAGIC SHOW  
FACE PAINTING - PUMPKIN DECORATING  
FOOD TRUCKS - INFLATABLES  
HAY MAZE - MILITARY SPOUSE BUSINESS MARKET

## HAYRIDE & MORE!



# ALLIGATOR LAKE HAUNTED TRAIL

OCTOBER 25TH AND 26TH



**25TH**  
**KID FRIENDLY**  
**(WITH AN ADULT PRESENT)**  
**6:30 PM-11 PM**

**26TH**  
**GHOUL FRIENDLY**  
**6:30 PM-UNTIL**  
**LAST PERSON**



THE TRAIL IS ABOUT 1-MILE LONG THROUGH THE WOODS.  
PLEASE BE PREPARED TO WALK THROUGH TERRAIN.

**\$10**  
**PERSON**





## Stop by the Public Affairs booth at the Installation Services Fair

**Oct. 10 from 3-6 p.m.  
(Extended hours for photos only)**

**Sign up for a free Portraits for Patriots, professional head and shoulders shot. Photos are taken on a first-come, first-served basis. The last photo will be taken at 5:45 p.m. In addition, you'll learn more about what public affairs does at Fort Johnson. For more information call 337-208-3334.**

The Joint Readiness Training Center and Fort Johnson presents

# INSTALLATION

# SERVICES FAIR

**OCT. 10  
5-6 P.M.**  
at the Warrior Center

**Fort Johnson invites the community to meet leadership and hear about some of the outstanding programs and services offered on the installation.**

**Food and childcare will be provided!**

**Organizations include:**

Family and Morale, Welfare & Recreation • Human Resources • Garrison Safety Office • Religious Support Office • Plans, Training, Mobilization and Security • Emergency Services • Logistics Readiness Center • Public Works • Staff Judge Advocate • SHARP • Bayne-Jones Army Community Hospital • American Red Cross • Equal Opportunity • Master Resilience Training • Public Affairs Office • United Services Organization and more!

For more information call  
337-353-1694

# Anger & Stress Management



Discover the power of controlling your emotions

Classes are held the second Thursday of each month from 11:30 - 12:30

Call Us Now

- ✓ Learn about warning signs of anger
- ✓ Learn how to better communicate when angry
- ✓ Understand the side effects to your health

Phone Number 337-531-1938  
Address 1591 BellRichard Ave. Bldg. 920 Fort Johnson, LA 71459



## DRIFTWOOD VETERAN FARM TOUR



<https://www.eventbrite.com/e/driftwood-farm-veterans-tour-tickets-1016741861277?aff=oddtcreator>

## EVENT TIMELINE

9-11 a.m. Farm tour  
11-11:30 a.m. FSA  
11:30 a.m.-noon NRC  
noon-1 p.m. Lunch  
1-1:30 p.m. La. Vet Ce  
1:30-2 p.m. ACAM  
2-2:30 p.m. SU AG  
2:30-3 p.m. FVC

LUNCH WILL BE PROVIDED

PLEASE REGISTER IN ADVANCE



WHEN: OCTOBER 24

9 a.m. - 3 p.m

WHERE: NEWCOMER RD IOWA, LA 70647



# THE PRUDENT PELICAN

Fort Johnson Safety Newsletter



FORT JOHNSON GARRISON SAFETY OFFICE – (337) 531-SAFE October 2024, VOL 1



## From the Safety Manager's Desk

As summer turns to autumn, it's crucial to ensure a commitment to safety remains the focus. October brings beautiful foliage and cooler temperatures, but it also presents unique safety challenges that require attention and vigilance. Protect yourself, your family and co-workers! - Clifford T. Person Jr.



## Children are twice as likely to be hit and killed by a vehicle on Halloween

Ensure a safe and enjoyable Halloween by following these tips. Choose fire-resistant costumes, attach reflective tape or glow sticks for visibility, and opt for nontoxic makeup instead of masks. When trick-or-treating, accompany young children, plan a safe route for older kids, and teach them not to enter strangers' homes or cars. Motorists should watch for children on roadways, enter driveways carefully, and be cautious during twilight and evening hours.



SCARY STATS



## October is National Protect Your Hearing Month

OSHA reports that 22 million workers are exposed to harmful noise annually. Signs of excessive noise exposure include ringing in ears, difficulty conversing at close range, and temporary hearing loss. These can lead to occupational hearing loss, which can result in up to 100% hearing loss. To prevent OHL, coworkers should use personal protective equipment such as earmuffs or earplugs. Utilize workplace safety resources to understand noise risks and when PPE is necessary.



LISTEN UP



## Workplace slips, trips and falls rise in autumn

Unpredictable weather, including rain, frost, and early snow, can create slippery conditions both inside and out. Additionally, fallen leaves, wet floors and icy patches can pose significant hazards. Ensuring proper footwear, maintaining clean and dry walkways, and using caution on ladders are critical measures to mitigate these risks.



DON'T 'FALL'



## Holidays can be stressful, especially at work

It's crucial to prioritize mental health during this period. Plan ahead by creating a holiday calendar for your office to alleviate stress. Taking care of yourself is paramount. Do this by maintaining a balanced diet, getting enough sleep, avoiding excessive alcohol, and incorporating regular exercise to manage stress, fatigue and irritability.



STAY CALM

## PARENTING WITH LOVE & LOGIC 2024



Parenting is challenging all on its own, but especially during these trying times. This 4-week course may be good for you if you want to improve in the following areas:

- Understanding your child
- Allowing your child to make decisions and mistakes
- Expressing empathy
- Teaching consequences

The class schedule is listed below:  
11/01/2024 10:00 a.m. - 12:00 p.m.  
11/08/2024 10:00 a.m. - 12:00 p.m.  
11/15/2024 10:00 a.m. - 12:00 p.m.  
11/22/2024 10:00 a.m. - 12:00p.m.

This class teaches positive parenting techniques that are practical and proven to build healthy relationships with children. All parents are encouraged to take it together.

1591 BellRichard Ave. Bldg. 920 Fort Johnson, LA 71459 Please call to register

337-531-1938



Check us out on Facebook or Scan here to see consumer recalls that may affect YOU!

