



FORGING THE

WARRIOR SPIRIT

THE JRTC & FORT POLK GUARDIAN

Vol. 46, No. 1

Home of Heroes @ Fort Polk, LA

Jan. 4, 2019

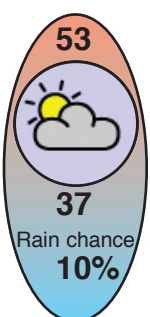


CHUCK CANNON / GUARDIAN

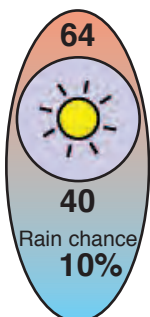
Working on new year fitness

Makenzie D'Amico, spouse of 1st Lt. Christopher D'Amico, 3rd BCT, 10th Mtn Div, participate Jan. 3 in Wheelock Fitness Center's cycle class, held at 9 a.m. each Thursday. Call 531-6795 for a full class schedule.

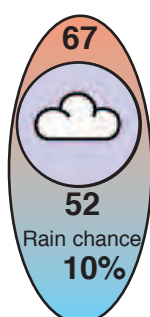
Weekend weather



Today



Thursday



Friday

Inside the Guardian

If you've got an idea for a story or your organization is hosting an event, call the Guardian at 531-1392.

Viewpoint

Take walk on wild side at Global Wildlife Center

GLOBAL WILDLIFE CENTER

FOLSOM, La. — Going to and supporting a zoo can be rewarding, but there's something special about seeing an animal run free instead of behind bars.

The Global Wildlife Center is the largest totally free-roaming wildlife preserve of its kind in the country. Located on La. Hwy 40 in Folsom, GWC is home to more than 4,000 exotic, endangered and threatened animals from all over the world. The center is northeast of Baton Rouge.

You will experience a little bit of Africa in Louisiana as you enjoy a one hour and 15 minute guided safari wagon tour through 900 acres of Louisiana countryside, complete with 12 ponds and a lake.

You can even enhance your experience by feeding the animals. A 32-ounce souvenir cup is \$2. A family bucket is \$30.

Some of the animals you might feed while coming face to face on the tour include free-roaming bison, giraffes, zebras, camels, elands and more.

The reticulated giraffes at the center are considered gentle giants, which is no surprise considering they have the largest heart of any land mammal. Their hearts can weigh up to 25 pounds! Global Wildlife's family of reticulated giraffes is growing, but not as quickly as the babies. At birth, giraffes weigh

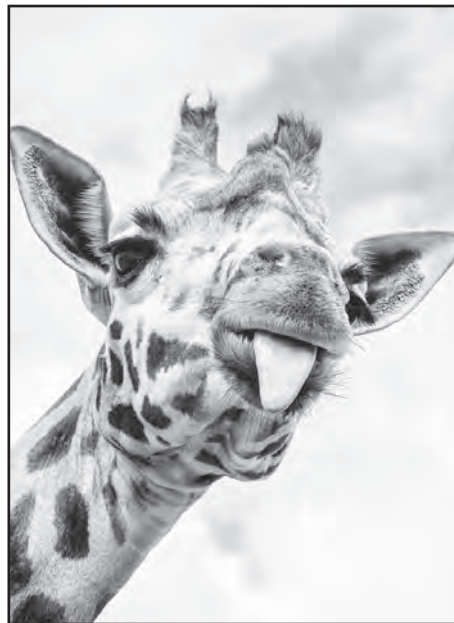
150 pounds and can be up to 6 feet tall. On average, giraffes are 15-18 feet tall and their tongues are 18-20 inches long. Visitors love it when the giraffes snake their tongues into a waiting feed cup.

The Bactrian camels are amazing to see. There are less than 1,000 wild Bactrian camels left in the Gobi Desert, Asia, and they are recognized as a critically endangered species. Bactrian camels are identifiable by their two humps, which can weigh up to 25 pounds per hump. These humps contain fat, which can be turned into energy or water when sustenance is not available.

Discover American bison at the center. There were 30 million bison roaming the Americas before the Europeans settled here. By 1900, there were only about 1,000 bison surviving. Through extensive conservation efforts, the population of bison has risen to 500,000. Bison is a Greek word that means "ox-like animal." Bison are the largest mammal endemic to North America. The bison at Global like to wallow (in the dirt) to deter biting flies and help them shed their fur.

Guided wagon tour ticket prices for people age 12-61 are \$19 per person. Tickets for seniors older than 62 are \$17 per person. Tickets for children ages 2-11 are \$13 per person and ages 1 and under get in free.

Tickets for the safari wagon tour are sold on a first come, first served



basis and are not sold in advance, online or over the phone.

Plan to arrive on the grounds at least two hours before your tour check-in time. On busy days, tours may sell out hours before check-in.

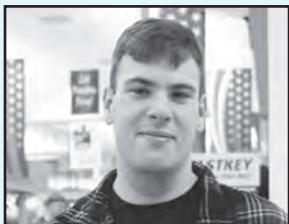
Tour times are updated every Friday and only one week at a time is advertised. Saturday and Sunday tours take place at 9, 10 and 11 a.m., noon, 1 and 2 p.m.

The center is open seven days a week year-long. Call (985) 796-3585 for safari check-in times and availability.

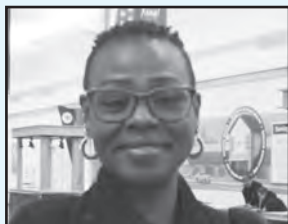
For more information call 985-624-9453 or visit www.globalwildlife.com.

In our view

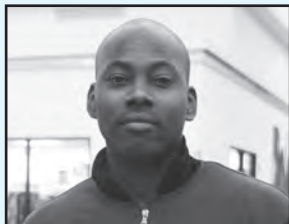
Guardian staff asked Fort Polk residents, "What do you feel is your greatest strength?" Here are their responses:



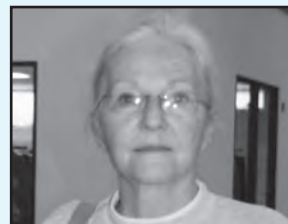
Jacob Conrad: "I think I'm a pretty decent leader. I try to bring people together and get the job done."



Demi Aisuebeogun: "Helping people, even if I don't know them. Everyone needs help every once in a while. It's a way to give back."



Darius Riggins: "My resiliency. I have a lot of things in my life that could have taken me out but I didn't let them. Now I have a successful military career."



Clarissa McElroy: "Tolerance. I have always tried to listen to both sides of an issue and if I have a different opinion than someone else, I try to respect that by showing tolerance in a positive way."



Guardian

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Briefs

School lunches

The following school lunch menu is for Vernon Parish schools for Monday through Jan. 11. Meals are served with salad bar and choice of milk:

- **Monday:** Steak fingers, mashed potatoes, gravy, Italian seasoned green beans, peaches and Jell O cup, whole wheat roll.

- **Tuesday:** Barbecue ribettes on whole wheat bun, Cajun French fries, peas and carrots, pineapple chunks.

- **Wednesday:** Oven fried chicken with barbecue sauce, white Northern beans, broccoli and rice, cantaloupe, whole wheat cornbread.

- **Thursday:** Pork roast with gravy, whole grain rice, sweet peas, fruit, whole wheat roll.

- **Jan. 11:** Chili dog on whole wheat bun, French fries, ranch style beans, watermelon, coleslaw.

Photo contest

The 2018 Army Digital Photography Contest accepts entries until Jan. 20.

Divisions include active duty and other eligible patrons.

Categories include animals, design elements, digital darkroom, military life, nature and landscapes, people and still life. Visit www.armymwr.com/photocontest for more information or to enter.

Arts, crafts classes

The following classes are held at the Fort Polk Arts and Crafts Center:

- Canvas painting "Petunia," Jan. 12, 10 a.m.-1 p.m., ages 12 and up, costs \$30.

- Diamond Dotz, Jan. 18, 10 a.m.-noon, ages 12 and up, costs \$4 plus supplies.

- Deco Mesh Wreath, Jan. 26, 10 a.m.-2 p.m., ages 12 and up, costs \$10.

- Ceramic pouring, Feb. 2, 10 a.m.-2 p.m., ages 12 and up, cost is \$5 plus supplies.

The Arts and Crafts Center is located in bldg 922, 1685 Bellrichard Ave.

Call 531-1980 / 4348 for more information.

Avery Island tour

Fort Polk's Leisure Travel Services hosts an Avery Island Tour Jan. 19. Cost is \$40 per person and includes transportation, conservation fee and Jungle Garden admission.

Trip departs Allen Memorial Library, bldg 660, 7460 Colorado Ave., at 8 a.m. and returns at 3:30 p.m. Call 531-2728 for more information.

Family skate

Siegfried Youth Center hosts a family skating event Jan. 12 from 4-6 p.m. at the center.

The event features new skates. Cost is \$5 with skate rental or \$2 if you bring your own skates

For more information call 531-6004.



MAJ OLIVER SCHUSTER / 3RD BDE, 10TH MTN DIV PAO

Many Elementary School students wait for their turn Dec. 14 as Soldiers from the 2nd Battalion, 30th Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division, hand out Christmas presents. The youngsters wrote the Soldiers requesting specific presents and the Fort Polk Soldiers responded.

Wild Boars spread holiday cheer in Many

By 1st Lt. ALEX BONNECAZE

2nd Bn, 30th Inf Reg, 3rd BCT, 10th Mtn Div

FORT POLK, La. — Infantrymen from Bravo "Brawler" Company and Delta "Dragoon," 2nd Battalion, 30th Infantry Regiment "Wild Boars," 3rd Brigade Combat Team, 10th Mountain Division, visited children to distribute toys at Many Elementary School Dec. 14.

Soldiers from both Brawler and Dragoon companies collected toys for a special group of children who sent them a wish list of some of the gifts they wanted to receive for Christmas. The Wild Boars did not disappoint and gathered the gifts the kids requested.

The Soldiers loaded the gifts and delivered

them to an excited and grateful group of children for a special Christmas surprise they are likely to remember for a long time.

"This was a great opportunity to provide Christmas gifts to the students at Many Elementary," said Holly Jenkins, Many Elementary School principal and gift exchange coordinator.

"What is better than to have those gifts delivered by the Soldiers of 2nd Battalion, 30th Infantry Regiment, who provide these kids with excellent examples of role models they can look up to and strive to emulate?"

Jenkins thanked the Wild Boar Soldiers for their generosity and selfless service. After the children received their surprise gifts, the Soldiers of 2-30 stayed to visit.



KATHY PORTS / BJACH PAO

New podiatrist

Dr. John DeStefano, board certified podiatrist, has joined the Bayne-Jones Army Community Hospital Department of Surgery team. He has 10 years civilian experience treating plantar warts, bunions, heel pain, diabetic foot issues, diabetic nail care and more. Appointments are available through a referral for active duty, Family members and retirees.

Act outlines political activities allowed government employees

By KEITH WILBUR
Army News Service

FORT RUCKER, Ala. — Since 1939, military members and federal employees have been subject to restricted election season activities.

When questions arise about what is permissible and prohibited with regard to a specific political activity, the Hatch Act is the sole source of information.

Ignorance of the law does not excuse an employee's violation of the Hatch Act.

The political activity of government employees has been a concern of government officials since the earliest days of the republic. Thomas Jefferson, the nation's third president, was among the first to express concern about this issue.

In response to his concern, the heads of the executive departments issued an order, which stated, while it is "the right of any officer (federal employee) to give his vote at elections as a qualified citizen ... it is expected that he will not attempt to influence the votes of others nor take part in the business of electioneering, that being deemed inconsistent with the spirit of the Constitution."

However, despite the concerns of Jefferson and other American statesmen, almost a century and a half elapsed before Congress began enacting a comprehensive law regarding the political activities of government employees.

The Hatch Act, a federal law passed in 1939, limits certain political activities of federal employees, as well as some state, D.C., and local government employees who work in connection with federally funded programs.

The law's purposes are to ensure that federal programs are administered in a nonpartisan fashion, to protect federal employees from political coercion in the workplace, and to ensure that federal employees are advanced based on merit and not based on political affiliation.

The law was named for Senator Carl Hatch of New Mexico.

It was most recently amended in 2012, limiting the activities of certain state and local government employees.

Military member guidance

U.S. military service members are limited when it comes to political activities. Some restrictions are based in federal law, others in mili-

tary regulations. The main purpose for these restrictions is to avoid the implication or inference that military members represent some official point of view.

The major military prohibition is against any type of partisan activities. A partisan activity is defined as "activity directed toward the success or failure of a (particular) political party or candidate for a partisan political office or partisan political group."

A military member may:

- Register, vote and express personal opinions.
- Encourage other military members to exercise voting rights.
- Join a political club and attend political meetings and rallies as a spectator when not in uniform.
- Make monetary contributions to a political organization.
- Sign petitions for specific legislative action or place candidate's name on the ballot.
- Write letters to the editor expressing personal views (so long as not part of organized letter writing campaign).
- Place bumper stickers on private vehicles.
- Participate in local nonpartisan political activities, so long as not in uniform and no use of government property or resources, no interference with duty and no implied government position or involvement.

A military member may not:

- Use official authority to influence or interfere.
- Be a candidate for, hold or exercise functions of a civil office.
- Participate in partisan political campaigns, speeches, articles, TV or radio discussions.
- Serve in official capacity or sponsor a partisan political club.
- Conduct political opinion surveys.
- Use contemptuous words against certain civilian leaders (10 U.S.C. 888), which applies to commissioned officers only.
- March or ride in partisan parades.
- Participate in organized effort to transport voters to polls.
- Promote political dinners or fundraising events.
- Attend partisan events as official representative of armed forces.



- Display large signs, banners or posters on private vehicles.
- Display a partisan political sign, poster, banner or similar device visible to the public at one's residence on a military installation, even if that residence is part of a privatized housing development.
- Sell tickets for or otherwise actively promote partisan political dinners and similar fundraising events.

Permitted activities for federal employees:

- May be candidates for public office in nonpartisan elections.
- May register and vote as they choose.
- May assist in voter registration drives.
- May express opinions about candidates and issues.
- May contribute money to political organizations.
- May attend political fundraising functions.
- May attend and be active at political rallies and meetings.
- May join and be an active member of a political party or club.
- May sign nominating petitions.
- May campaign for or against referendum questions, constitutional amendments and municipal ordinances.
- May campaign for or against candidates in partisan elections.
- May make campaign speeches for candidates in partisan elections.
- May distribute campaign literature in partisan elections.

- May hold office in political clubs or parties, including serving as a delegate to a convention.

Prohibited activities for federal employees:

- May not use their official authority or influence to interfere with an election.
- May not solicit, accept or receive political contributions unless both individuals are members of the same federal labor organization or employee organization and the one solicited is not a subordinate employee.
- May not knowingly solicit or discourage the political activity of any person who has business before the agency.
- May not engage in political activity while on duty.
- May not engage in political activity in any government office.
- May not engage in political activity while wearing an official uniform.
- May not engage in political activity while using a government vehicle.
- May not be candidates for public office in partisan elections.
- May not wear political buttons on duty.

To find out more about the Hatch Act, visit these sites:

- www.oge.gov/Topics/Outside-Employment-and-Activities/Political-Activities/
- www.osc.gov/Pages/Hatch-Act.aspx
- www.osc.gov/resources/ha_fed.pdf

Consult Department of Defense Directive 1344.10 Feb 2008, Political Activities by Members of the Armed Forces.

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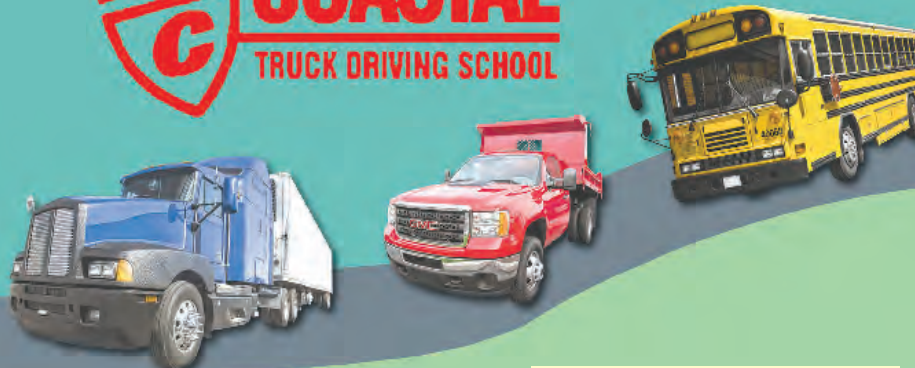
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Waste Connections is proud to be serving Fort Polk Home Of Heroes

We would like to provide some information each month to help us give Ft. Polk the best service possible

1. All dumpsters on Fort Polk are required to have top lids and side doors closed at all times, we ask that when you are done placing items in the container you ensure lids and doors are closed.
2. Please do not place any items in front of dumpsters as this prevents the driver from being able to service the dumpster.
3. There should be no field trash placed in any dumpster not marked "Mixed Field Waste", if a unit has field training to conduct they can call 535-1155 and schedule containers to be placed at their training location.
4. Please do not park vehicles around dumpsters, this will prevent the dumpster from being serviced.

If there are any questions and or concerns about dumpsters, bulk items or containers for field training please contact us at 535-1155 for Assistance.



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* Businesses will not receive free advertising. All business ads must be prepaid. We accept Visa and Mastercard.

(This includes child care, quarters-cleaning, or the sale and/or breeding of multiple pedigreed/registered animals)

* Only single soldiers living in barracks may list numbers with 531 prefixes.

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Advertisement: In 25 words or less (one word per block) give description, price, telephone number and other pertinent information. For garage sales, list time, date and location.

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Name: _____ Date: _____

Signature: _____ Phone: _____

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