



U.S. ARMY



Warrior Information Exchange

05 October 2022

BG David W. Gardner

Commander
JRTC & Fort Polk



G3 Calendar

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 5:00 AM Bass Tournament, TBRs 8:00 AM BOSS Car Show, Home of Heroes Parking Lot 10:00 AM BBQ Competition, Home of Heroes Parking Lot 11:00 AM - Louisiana Hayride / Card Board Regatta, & Day for Kids, Home of Heroes Rec Center Parking Lot 4:00 PM Oktoberfest, Home of Heroes Parking Lot
2	3	4	5 10:00 AM Warrior Info Exchange	6	7 JRTC & Ft. Polk Columbus Day Weekend 1:00 PM CG's Open Golf Tournament, WHGC	8
Installation Fall Cleanup						
9 JRTC & Ft. Polk Columbus Day Weekend 10:00 AM - 2:00 PM Second Sunday Brunch, Warrior Center	10 Columbus Day	11	12	13	14 5:00 PM Retiree Council BBQ, Warrior Center	15 46 th Annual Retiree Appreciation Day 8:00 AM - 1:00 PM Retiree Services Fair, Consolidated In / Out Processing Center 9:00 AM - Retiree Golf Tournament, WHGC 6:30 PM Bourbon Bites and Blues, Forge Bar
Installation Fall Cleanup						
16	17 4:00 PM Fort Polk Walking Town Hall, Dogwood	18 6:30 AM JRTC & Fort Polk Breast Cancer Awareness Run, 25M Pool Parking Lot	19	20 3-353 Trunk or Treat	21 9:00 AM Family Welcome, Family Readiness Center 6:30 PM Paint and Sip, Arts & Crafts Center 6:30 PM Outdoor Movie Night, Alligator Lake	22 RSOI RTN 23-02 (1/82 ABN) 22 - 31 OCT
23	24	25	26	27 1:30 PM JRTC & Fort Polk QoL Progress Conference, Warrior Center 3:30 PM BJACH Awards Ceremony & Town Hall, BJACH Bistro 1-509 Trunk or Treat	28 4:30 PM Post Retirement Ceremony, Warrior Center 5:00 - 7:00 PM Trick or Treat, Warrior Hills Golf Course 1-5 AV Trunk or Treat OPS GRP Trunk or Treat	29 9:30 AM - Heritage Family Reunion, Main Post Chapel
Red Ribbon Week						
RSOI RTN 23-02 (1/82 ABN) 22 - 31 OCT						
30	31 5:00 - 8:00 PM - Fort Polk Trick or Treat					Legend: JRTC & Ft Polk Event MSC Event MWR Event BOSS Event Community Event
RSOI RTN 23-02 (1/82 ABN) 22 - 31 OCT						as of 040720Oct 2022



G3 Calendar

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 10:00 AM Warrior Info Exchange 6:00 PM Volunteer of the Quarter Ceremony, Warrior Center	3	4 4:30 PM Right Arm Night, Warrior Center 5:30 PM Friday Night Live, Warrior Center 2-30 IN Fall Festival	5 6:00 AM Bass Tournament, TBRs 9:00 AM Home Base Business Market, ACS
FoF RTN 23-02 (1/82 ABN) 01 - 14 NOV						
6 9:00 AM Home Base Business Market, ACS 11:00 AM East Beauregard Veterans Day Ceremony	7	8	9 1:00 PM 1-5 AV CSM Change of Responsibility, PAAF	10 10:00 AM Fort Polk Veterans Day Ceremony, PAAF	11 Veterans Day 9:00 AM Veteran's Day Golf Tournament, WHGC	12
FoF RTN 23-02 (1/82 ABN) 01 - 14 NOV						
13	14	15	16	17 519 MP Turkey Bowl	18 9:00 AM Family Welcome, Family Readiness Center 6:00 PM Paint & Sip, Arts & Crafts Center 7:00 PM Outdoor Movie Night, HQs Field	19 9:00 AM Turkey Trot 5K, Marion Bonner Trail
FoF RTN 23-02 (1/82 ABN) 01 - 14 NOV						
20	21 4:00 PM Fort Polk Walking Town Hall	22 9:00 AM JRTC & Fort Polk Turkey Warrior Bowl, HQs Field	23 11:00 AM - 2:00 PM Thanksgiving Meal Service, Patriot Inn Resteraunt 1-509 Turkey Bowl	24 Thanksgiving	25	26
JRTC & Fort Polk Thanksgiving Weekend						
BPSD & VPSD Thanksgiving Break						
27 JRTC & Fort Polk Thanksgiving Weekend	28	29	30	Legend:		
				JRTC & Ft Polk Event	BOSS Event	
				MSC Event	Community Event	
				MWR Event	as of 040720OCT2022	





BOSS UPCOMING EVENTS

OCTOBER EVENTS

- 03 October : Soul Soup Kitchen, Deridder @1630
- 05 October: Personality Class, HOH REC Center @1800
- 12 October : No Bake Dessert , Warrior Center @1800
- 14 October : Self-Defense, Jui-Jitsu Academy @1730
- 15 October : Humane Society, Deridder @1000
- 17 October : Welding Class, Auto Skills Center @1800
- 19 October: Pumpkin Carving, Rec center @1800
- 22 October: Haunted House , Natchitoches @1500
- 23 October : Zombie Archery Tag , MWR shooting Range @1100

- Conducted weekly on Tuesdays from 1800-1930
 - **BOSS “Board” Study Nights/Mock Boards**
 - **90% average board selection**



CPL Patterson, Toymeisha
BOSS President, (337) 378-3236





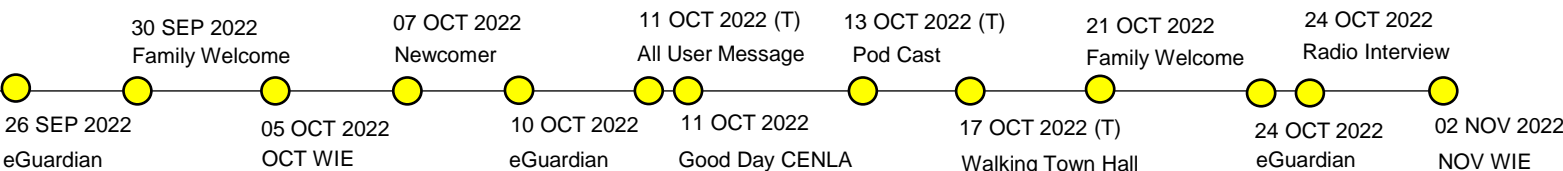
Fort Polk Energy Conservation Contest for Units.
Compare energy usage baseline by MSC barracks.
Greatest % drop in October wins. Winner will be announced at DEC WIE.

Energy Action Pledge – MSCs will sign a pledge of commitment to the energy conservation program.

Public Education – Information will be pushed out through various means to include WIE, Town Hall, Family Welcome, Newcomers, eGuardian, Social Media and all-users message.

Stay Informed – Radio Interviews, Pod Cast, Good Day CENLA, and Social Media

Energy Resilience: Sustain the Mission – Secure the Future





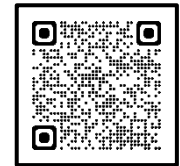
Installation Environmental Quality Awards Competition

This program recognizes and rewards JRTC and Fort Polk Teams, Soldiers, and Civilians for excellence in Environmental stewardship



Award Categories:

1. Environmental Professional of the Year
2. Conservation Steward of the Year
3. Environmental Team of the Year



Unit and individual nominations are due 14 October to DPW Environmental. Awards will be presented by the CG at the 1st Quarter CG Excellence Awards Ceremony on 08 December. For more information see OPORD 22-113 or contact DPW Environmental at 337-531-6011.





Qualified Recycling Program

JRTC & Fort Polk Recycling Center
(Bldg. 3620 M-F 0800-1600)

Located at the corner of Georgia & Maine



24 Hour Drop Off
(Located Outside Recycling Center)

Commodities accepted: Cardboard,
#1 Plastics, & Aluminum Cans



Unit
Recycling to
Riches
Program



Commodities Recycled



Spent Brass
Casings



Scrap Metal



Aluminum



Lead Acid
Batteries



Cardboard



White Paper



Mixed Paper



Used
Cooking & Motor
Oil



#1 PET Clear
Plastic Bottles



Used
Ink/Toner

Additional 24hr drop
off for cardboard
only, located at the
old commissary
Bldg. 830

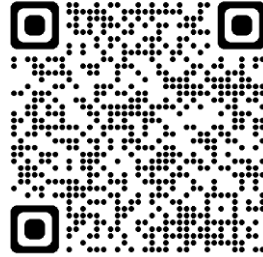


POCs: Terrill Turner 337-531-5335, Kris Rector 337-531-7556



Qualified Recycling Program

Recycling Pays



FY22 DFMWR Projects

- Movie Night - \$36,000
- Freedom Fest Fireworks - \$25,000
- Snowflake Fest. - \$19,000
- Riches from Recycling - \$11,500
- Louisiana Hayride - \$10,000
- Catfish Derby - \$9,500
- Total - \$111,000**

FY22 Pollution Prevention/Energy Projects

- LRC ISSA Warehouse LED Lighting - \$130,603
- 1/5 AVN Hanger LED Lighting - \$23,407
- Oil Storage Tanks Repairs- \$20,000
- Total - \$174,010**

FY22 Recycling Revenue

- Brass - \$342,202.05
- Scrap Metal - \$121,634.65
- Batteries - \$88,354
- Cardboard - \$49,895.46
- Cooking Oil - \$6,448.82
- Motor Oil - \$3,976.84
- Plastic - \$2,719.92
- Ink Cartridges - \$640
- Total - \$615,871.74**

FY22 Top 3 Recycling Units

- 46th ENG - \$3,487.07
- Ops GRP - \$1,980.41
- 1/5 AVN - \$1,822.12





Family Advocacy



WE'RE STRONGER WHEN WE
STAND TOGETHER

October is recognized nationally as Domestic Violence Awareness Month (DVAM). To commemorate the month, the ACS FAP invites the community to participate in the following events/activities:

- **01 October: FAP Information Table and Take the Pledge Event**, DFMWR Hayride, Pizza Hut Parking Lot, 1100-1600
- **03 October – 31 October: United Against Domestic Abuse “Did You Know?” Sidewalk Displays**, Bldg. 350, and ACS, Bldg. 920
- **03 October – 31 October: Tree of Hope and CYS Children’s Garden of Hope**, ACS, Bldg. 920, 0800 – 1630
- **03 October – 31 October: DVAM Information and Take the Pledge Table**, ACS Bldg. 920
- **05 October, 20 October, 25 October: Purple “How not to Fall in Love With a Jerk” Brown Bag Sessions**, 1130-1300, ACS, Bldg. 920
- **14 October: DVAM Information and Take the Pledge Table**, 1030–1300, Main Exchange
- **14 October: 7 Principles for Making a Marriage Work**; Special session to highlight healthy couples’ conflict resolution skills, 1400, ACS. Bldg. 920
- **17 October – 28 October: Paws for Cause; Virtual Howl-O-Ween Pet Photo Contest**. Photo submission; Winners will be announced on Halloween.
- **20 October - National Wear Purple Day**, 0800–Close of Business

For more information, please contact the ACS FAP at (337) 531-1938





ACS

Family Advocacy Program (FAP) Upcoming Classes



Anger, Stress and Crisis Management:

24 October, 07 November,
12 December

1100-1200

7 Principles for Making a Marriage Work:

14 October

1300-1400

New Parent Support Program (NPSP):

On-going

- Home/Office Visitation
- Baby Boot Camp
- What to Expect the First 4 Months and Infant Massage
- NPSP Walks and Talk

Classes will occur at ACS Bldg. 920, 1591 Bell Richard Ave.
Please call (337) 531-1938/0636 for additional information and
to register. For NPSP, please call (337) 531-9573/7040





School Liaison Office

NATIONAL BULLYING PREVENTION MONTH

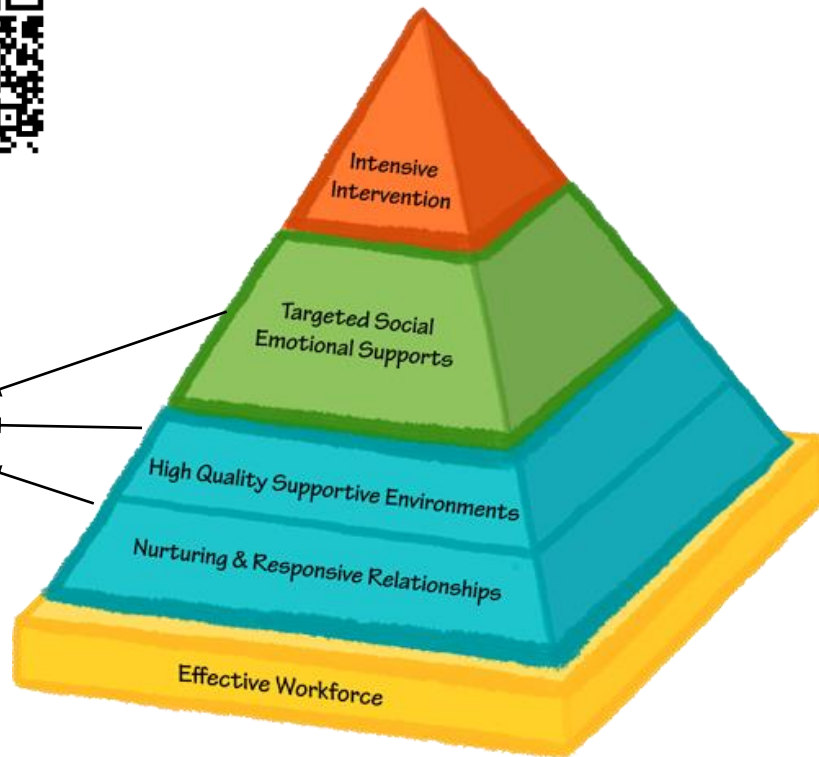


Positive Behavior Intervention and Supports



Children are not born bullies!

- Define bullying from an early age
- Teach and involve children in social groups
- Provide Positive Behavior Intervention and Supports (PBIS)
- Teach positive character qualities: Respect, Fairness and Kindness



Recognizing Bullying: It is comprised of repeated acts over time that involves a real or perceived imbalance of power with the more powerful individual or group abusing those who are less powerful. The power imbalance may be social power and/or physical power.

Center on the Social and Emotional
Foundations for Early Learning





Fort Polk Halloween 2022



Fort Polk Halloween

DFMWR:

- **Haunted Circle.** October 28 1700-1900 (5:00 – 7:00 PM) Warrior Hills Golf Course. Fort Polk Families & DoD Civilian families.
- **Haunted House!** 29 (Saturday, Monday) & 31 October at the Youth Gym, Bldg. 2070. \$4 entry fee per person (all proceeds go to the Teen Leadership Club). For all families of the Fort Polk community.
- **Trick R' Treat Carnival** – Saturday, 29 October 1800-2030 (6:00 – 8:30 PM) at the Youth Gym, Bldg. 2070. This event is free for DOD ID Card Holders.

Fort Polk Trick or Treat Hours:

- October 31 1700-2000 (5:00 PM – 8:00 PM).
- Have a light source, wear reflective clothing & go with your kids!
- Drive Slow!
- DES will conduct additional patrols during trick or treat hours. Housing area community centers will be used as command post.

AAFES:

Halloween Costume Contest & Fashion Show at Main Exchange 22 Oct 11:00 – 1300 (11:00 AM – 1:00 PM)

Units:

Trunk or Treat Contest & events!



Parish Partner Halloween Plans:

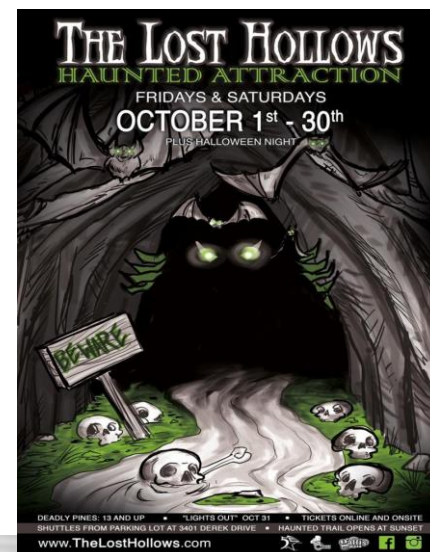
Leesville - Halloween on Main. Main St, Leesville. October 31 1800-2000 (6:00 – 8:00 PM).

DeRidder - City Wide Trick or Treat. 31 October 1800-2000 (6:00 – 8:00 PM).

- Trick or Treat Trail. October 31 1730-1930 (5:30 – 7:30 PM). Veteran Park - 599 Ronald Reagan Hwy, DeRidder.
- Gothic Jail After Dark. 205 W 1st St, DeRidder Fridays and Saturdays October 7-29 1930-2330 (7:30 – 11:30 PM). October 31 1800-2130 (6:00 – 9:30 PM). \$15

Lake Charles - The Lost Hollows Haunted Attraction. 3401 Derek Dr, Lake Charles. Fridays and Saturdays October 1-31. \$25-45

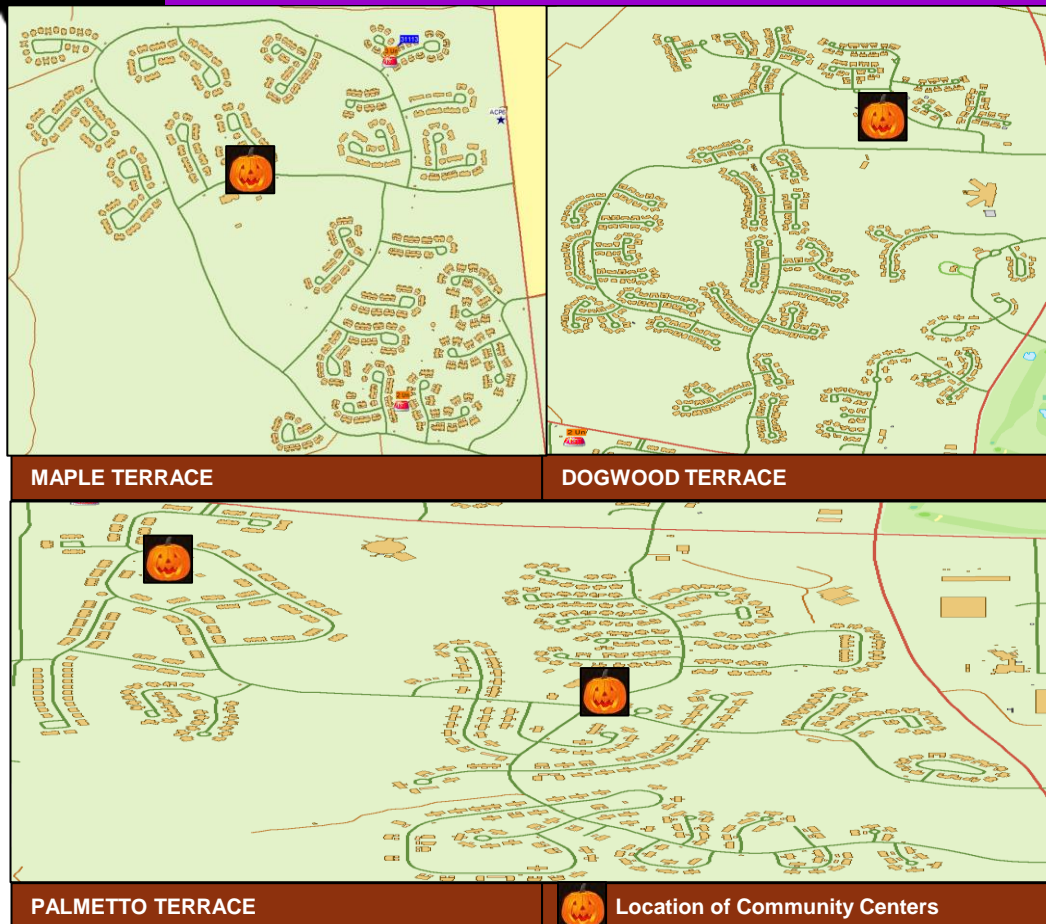
Shreveport - Dixie Maze Fall Festival. 9596 Sentell Road, Shreveport. 24 SEP – 31 OCT 1000-1900 (10:00 AM – 7:00 PM).





Directorate of Emergency Services

HALLOWEEN SAFETY



WHAT: Halloween 2022

WHO: Fort Polk DES

WHEN: 31 October 2022

WHERE: Fort Polk Housing Areas that include Maple, Dogwood, and Palmetto Terraces

WHY: To ensure safety for all Trick or Treaters in the housing areas during the times of 1800-2100.

MAJOR OBJECTIVES:

- Coordinate with each community center for command post for each housing area
- Transport of equipment to/from community centers
- Check of Radios
- Placement plan of Carts and UTV's
- Provide safety for the community that will be participating in Halloween
- Checking the walking paths that run through the housing areas

Summary: DES Will conduct additional foot, golf cart, and Utility Terrain Vehicle patrols in the housing areas during the time of trick or treating. Each community center in the housing areas will be used as a command post for that area of housing. Two additional patrols for each housing area will provide security and presence patrol. All DES personnel will be assigned a housing area patrol.

DES Deputy Director: Mr. Gregory W. Funderburk (337) -531-2310





Directorate of Emergency Services

HOT

Fort Polk Regulation (190-3)

Do	Don't
Register weapons (5 business days)	Conceal carry/Open carry
Keep ammo and weapons separate in vehicles	Carry/Travel with loaded weapons
Store weapons in YOUR housing residence	Store Weapons in barracks/vehicles/office

- ✓ Registration form is located at the Visitor Control Center (ACP 1)
 - ✓ (337) 531-0380
- ✓ Must register if living on-post **or** you intend to bring weapon(s) on installation **or** to Toledo Bend
- ✓ May transfer registration from previous installation

LOUISIANA CONCEAL CARRY

What: Allows conceal carry of a handgun without a permit or training

Who: Louisiana *resident veterans* (active duty, retired, honorably/generally discharged)

When: 1 August 2022

Where: State of Louisiana (does not apply on Fort Polk, LA or on Federal property)

How: Must have a valid **LA I.D./LA** issued license displaying “veteran”, and/or a DD 214/military I.D., (must tell law enforcement that you are carrying concealed)





Directorate of Emergency Services

FIRE & EMERGENCY SERVICES

National Fallen Firefighters' Memorial Weekend

Who: Open to the public

When: 8-9 October 2022

Where: Memorial site in Emmitsburg, Maryland

Official National tribute to all firefighters' who died in the line of duty

Who: Open to the public

When: 19 November 2022 - Candlelight
01 April 2023 - Memorial

Where: Louisiana State Fire Marshalls' Office, Baton Rouge, LA

FIRE PREVENTION WEEK

➤ **3 OCTOBER**

- 0900: Fire drills at North Polk Elementary
- 1100: Annual Fire Prevention Week Parade
- Asst. Chief Estes will be the guest on two local radio stations

➤ **10 OCTOBER @ 0830-1400**

- Fire safety training/Inspection at Post Exchange

➤ **11 OCTOBER @ 0900**

- Fire Safety Presentation & coloring contest at North Polk Elementary

➤ **13 OCTOBER @ 0900**

- Fire drills and parade at Child Development Centers (701, 702, 3349, and 14500)
- 1100: Fire drill at BJACH

POC: Ass. Chief Chad Estes, (337) 531-7247





USAMEDDAC – Bayne-Jones Army Community Hospital

Stay Informed:



Bayne-Jones Army Community Hospital
bayne-jones.tricare.mil/



FOLLOW US
ON FACEBOOK



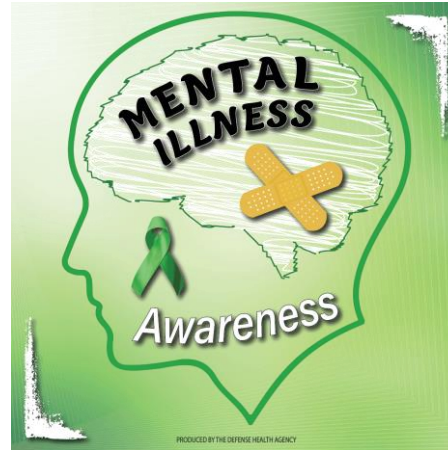
Breast Cancer AWARENESS



According to the CDC, about 255,000 women get breast cancer and 42,000 women die from the disease each year.

[Breast Cancer Awareness 2022 - Survivor Stories](#)

[Breast Cancer Awareness 2022 - Self Exams and Screenings](#)



If you're struggling with mental illness, don't ignore the problem; make sure to seek help. You are not alone.
#MentalIllnessAwarenessWeek

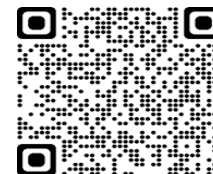


Mental Illness Awareness Week (Oct. 2-8)

Thursday, October 6, BJACH Entrance B

Stop by and visit with Northwestern State University Nursing Students (and Military Spouses) who will have a display and informational resources for you. Learn more about Seasonal Affective Disorder, Anxiety & Compulsive Disorder.

[Open the Door for Behavioral Health Resources at BJACH, JRTC and Fort Polk](#)



#BreastCancerAwareness

POC: Jean Clavette Graves, BJACH PAO, (337) 424-0863, jean.c.graves.civ@mail.mil





Fort Polk DENTAC

October is National Dental Hygiene Month!



CHESSER DENTAL CLINIC

1840 Bell Richard Ave. BLD 2157

Hours: 0740-1630

Lunch: 1130-1230

Sick Call: 0800-1100

Number: 337-531-4872



SHIRA DENTAL CLINIC

7223 Mississippi Ave. BLD 1561

Hours: 0740-1630

Lunch: 1130-1230

Sick Call: 0800-1100

Number: 337-531-2121



DENTAL CLINIC #3

Inside BJACH, 6TH Floor

Hours: 0740-1630

Lunch: 1130-1230

Number: 337-531-3729

Offered Dental Services

- Restorative
- Oral Maxillofacial Surgery
- Endodontics
- Hygiene
- Exams
- Implants
- X-Rays
- Deep Cleaning (When Needed)
- Crowns
- Night Guards



HYGIENE TIPS

- 1) Floss daily
- 2) Brush twice daily
- 3) If you can't brush after each meal, rinse with water
- 4) Utilize these strategies both in garrison and field environments
- 5) Routine dental visits (every 6 months) promote dental wellness



POC: SFC Sergio BorreroSanchez /(337) 531-4490 sergio.borrerosanchez.mil@health.mil





Fort Polk Veterinary Clinic



HOURS OF OPERATION: 0800-1600 Monday-Friday, closed Thursdays for training.

LOCATION: 7417 Colorado Ave. Building 665, Fort Polk, LA 71459

PHONE NUMBER: (337)-531-1322/1323

WHAT WE PROVIDE:

- Annual Checkups and Urgent Sick Call Appointments
- In-house Laboratory: Routine Bloodwork, Urine Analysis, Microscopy, and Sample Collection
- Surgical Procedures and Advanced Anesthesia Monitoring
- Radiology (X-Ray, Ultrasound)
- In-house Pharmacy

TIPS FOR KEEPING HEALTHY PETS:

- Schedule an annual visit for each of your pets
- Keep them up to date on recommended vaccines and preventatives
- Follow all installation and housing animal regulations





AAFES

Main Store Events



Join us for our Costume Fashion Show

Open to all ages.
Most original costume wins
a \$50 Exchange Gift Card.



Bayou Theater Show Times

Fri 30 Sept	1800 The Invitation
Sat 1 Oct	1500 Encanto*
	1800 The Woman King+
Sun 2 Oct	1500 McFarland USA*
	1800 Vengeance
Fri 11 Nov	1800 Black Panther
	Special showing



+Newest Release

*Hispanic Heritage Month





CORVIAS

September Yard of the Month



Maple Terrace

SGT Robert Bower



Palmetto Terrace

SFC Stephen Harold



Dogwood Terrace

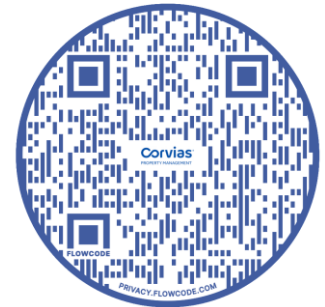
SSG Mitchell Ramirez

Construction Update

- All Demo's and Geothermal upgrades have been completed
- Have completed 289 of 345 exterior home renovations.
- Knight Street construction is 45% completed and should be completed in Mid-November
- Exterior Painting, Fascia and gutter replacements are happening on Harrell, Norris, and Monroe Streets
- Pressure washing on Monroe and Dietz

October Events:

- 20 Oct: Yard of the Month (Halloween Theme)
- 25 Oct: Pumpkin decorating contest
- Popcorn Friday's at each Community Center
- Participating with MWR's Halloween events





MSC

OPS GRP
3-353 REGT
3/10 MTN
32 HC
1-5 AV
46 EN
519 MP
DENTAC
18 Weather SQD





BJACH





USAG





JRTC and Fort Polk



Post CSM





JRTC and Fort Polk



Commander's Guidance





Woodfill Hall Civilian of the Month

Lorrie Odom



#FortPolkStrong

Directorate / Staff Section Assigned:

Administrative Officer to the United States Army Garrison, Fort Polk

Time in Position / at JRTC and Fort Polk:

Mrs. Odom has worked as the USAG Administrative Officer since 2018

Special Accomplishments:

Mrs. Odom is an exceptional employee and a great ambassador for the US Army and the JRTC and Fort Polk team. She epitomizes "People First" in her diligence to her work and genuine care for the employees at Fort Polk. Her engagement with leaders and employees, as well as her attention to detail, has resulted in the successful execution of numerous awards, certificates, policy updates, memorandums, and personnel actions. In the execution of her duties, Mrs. Odom is pleasant, engaged, and sincerely cares. She mentors peers, superiors, and employees through the myriad of administrative duties with her expertise. She truly enables the Polk machine to stay on track and continue to run smoothly.

Recommendation:

Mrs. Odom has loyally dedicated 38 years of service to the Army





Woodfill Hall Soldier of the Month

SGT Latedra A. Smith



#FortPolkStrong

Directorate / Staff Section Assigned:

Assigned to the G-1 Section at JRTC and Fort Polk

Time in Position / at JRTC and Fort Polk:

July 2022 to Present

Special Accomplishments:

- Organized and executed the installation's CTLT Program
- Organized and executed the installation's monthly Command and Staff

Recommendation:

SGT Smith is being recommend for the Soldier of the Month due to a hardworking, mature, and productive mentality. SGT Smith performs well above her pay grade and is a valuable asset to the G-1 Section and JRTC and Fort Polk as a whole. The high-level tasks that she performs on a daily basis are executed phenomenally with little to no guidance and minimal to no errors. This, as a result, has an enormous impact on daily operations for the installation. SGT Smith leaves an impact on every Soldier and leader she encounters and is the example of what a professional in the Army is. She has the capacity to lead and operate at the strategic level as she continues to progress through the ranks.





Next

Warrior Information Exchange

02 November 2022 @ 1000

