



U.S. ARMY



# Warrior Information Exchange

02 November 2022

**BG David W. Gardner**

Commander  
JRTC & Fort Polk



# G3 Calendar

## November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 10:00 AM Warrior Info Exchange 6:00 PM Volunteer of the Quarter Ceremony, Warrior Center	3 10:00 AM 2-30 IN CSM Relinquish of Responsibility, Mountain Field	4 1:00 PM Garrison CDR's Golf Tournament, WHGC 4:30 PM Right Arm Night, Warrior Center 5:30 PM Friday Night Live, Warrior Center 2-30 IN Fall Festival	5 6:00 AM Bass Tournament, TBRs 9:00 AM Home Base Business Market, ACS
FoF RTN 23-02 (1/82 ABN) 01 - 14 NOV						
6 9:00 AM Home Base Business Market, ACS 11:00 AM East Beauregard Veterans Day Ceremony	7	8	9 1:00 PM 1-5 AV CSM Change of Responsibility, PAAF	10 9:00 AM Veterans Day Ceremony Meet and Greet, PAAF 10:00 AM Fort Polk Veterans Day Ceremony, PAAF	11 Veterans Day JRTC & Fort Polk Veterans Day Holiday 9:00 AM Veteran's Day Golf Tournament, WHGC	12
FoF RTN 23-02 (1/82 ABN) 01 - 14 NOV						
13 JRTC & Fort Polk Veterans Day Holiday 10:00 AM - 2:00 PM Second Sunday Brunch, Warrior Center	14	15 4:00 PM Fort Polk Walking Town Hall, Mapple Housing	16	17 6:30 AM BOSS Toy Drive 11:00 AM - 2:00 PM Thanksgiving Meal Service, Geronimo Warrior Resteraunt 519 MP Turkey Bowl	18 9:00 AM Family Welcome, Family Readiness Center 10:00 AM E3B Awards Ceremony, Honor Field 3:00 PM Warrior Time (early release) 6:00 PM Paint & Sip, Arts & Crafts Center 7:00 PM Outdoor Movie Night, HQs Field	19 9:00 AM Turkey Trot 5K, Marion Bonner Trail 12:00 - 3:00 PM Turkey Bowling, Bowling Center
FoF RTN 23-02 (1/82 ABN) 01 - 14 NOV						
20	21 11:00 AM - 2:00 PM Thanksgiving Meal Service, Patriot Warrior Resteraunt	22 1:00 PM JRTC & Fort Polk Turkey Warrior Bowl, Anvil Field	23 1-509 Turkey Bowl 6:00 PM Thanksgiving Service, Main Post Chapel	24 Thanksgiving JRTC & Fort Polk Thanksgiving Weekend	25	26
BPSD & VPSD Thanksgiving Break						
27 JRTC & Fort Polk Thanksgiving Weekend	28	29	30	Legend: JRTC & Ft Polk Event MSC Event MWR Event BOSS Event Community Event as of 031205NOV2022		



# G3 Calendar

## December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend:				1	2	3
JRTC & Ft Polk Event	BOSS Event			10:30 AM Post Retirement Ceremony, Warrior Center	1:00 PM Rosepine Christmas Parade	6:00 AM Bass Tournament, TBRS
MSC Event	Community Event				4:00 PM Snow Flake Fest, Main Post PX	9:00 AM Home Base Business Market, ACS
MWR Event	as of 031205NOV2022				5:30 PM Holiday Tree Lighting, Main Post PX	1:00 PM Festival of Lights Parade, Natchitoches 5:00 PM DeRidder Christmas Parade
4	5	6	7	8	9	10
9:00 AM Home Base Business Market, ACS			10:00 AM Warrior Info Exchange		12:00 PM Garrison CDR's Golf Tournament, WHGC	9:00 AM Youth Sports Holiday Pajama Run, Perez Youth Field
					6:00 PM Hail & Farewell	5:30 PM Leesville Christmas Parade
					6:00 PM Holiday Singing, Main Post Chapel	
					6:00 PM 1-5 AV Winter Social, PAAF	
				5:30 PM 32 HC Family Ball, Warrior Center		
11	12	13	14	15	16	17
10:00 AM - 2:00 PM Second Sunday Brunch, Warrior Center	4:00 PM Fort Polk Walking Town Hall		5:30 PM College Graduation Recognition Ceremony, Bayou Theater	1-509 Jingle Bell Run and State of Geronimo	6:30 AM 32 HC Family Run, Bldg 3665	
					9:00 AM Family Welcome, Family Readiness Center	
					3:00 PM Warrior Time (early release)	
					5:00 PM Garrison Commander's Holiday Social, Warrior Center	
					JRTC & Ft Polk Holiday Leave Period	
18	19	20	21	22	23	24
					JRTC & Fort Polk Christmas Holiday	
						6:00 PM Christmas Eve Service, Main Post Chapel
	JRTC & Fort Polk 1/2 Day Schedule					
Christmas Break VPSD 19 DEC - 02 JAN BPSD 19 DEC - 04 JAN						
JRTC & Ft Polk Holiday Leave Period 16 DEC - 02 JAN						
25 Christmas	26	27	28	29	30	31
JRTC & Fort Polk Christmas Holiday					JRTC & Fort Polk New Year Holiday	
		JRTC & Fort Polk 1/2 Day Schedule				
Christmas Break VPSD 19 DEC - 02 JAN BPSD 19 DEC - 04 JAN						
JRTC & Ft Polk Holiday Leave Period 16 DEC - 02 JAN						





# DFMWR Celebrates Thanksgiving

## MWR THANKSGIVING CHECKLIST

- ☐ **FRIDAY NIGHT LIVE: MURDER MYSTERY**  
**NOV 4 @ 6 PM (WARRIOR CENTER)**
- ☐ **PUMPKIN SPICE 2 DAY HBB MARKET**  
**NOV 5 & 6 @ 9 AM (ACS BLDG 920)**
- ☐ **NOT A TURKEY SHOOT**  
**NOV 5 @ 10 AM (MWR SHOOTING RANGE)**
- ☐ **MOVIE NIGHT**  
**NOV 18 @ 5:30 PM (HEADQUARTERS FIELD)**
- ☐ **AUTUMN ART NIGHT**  
**NOV 18 @ 6 PM (ARTS & CRAFTS CENTER)**
- ☐ **TURKEY THROTTLE**  
**NOV 18 @ 4 PM (KLUBS & KARTS)**
- ☐ **TURKEY TROT**  
**NOV 19 @ 9 AM (MARION BONNER TRAIL)**
- ☐ **TURKEY BOWLING**  
**NOV 19 @ 12 PM (WARRIOR LANES)**
- ☐ **TURKEY BOWL**  
**NOV 22 @ 9 AM (ANVIL FIELD)**



# Turkey Bowl

BN-Level Flag Football Tournament

## November 22

### Anvil Field

### 1pm Kick -Off

Food Provided By BENOX Motors Starting at 12pm

Come out and watch Fort Polk Battalions battle it out on the gridiron to see who has the best flag football team around!

- Event is free and open to all members of the Fort Polk Community: Soldiers, Families, DOD Civilians, and Retirees
- Enjoy yard games, food, and other activities while supporting your unit

For more information call 337-531-7669



For the latest updates,  
please visit Fort Polk Family MWR at:  
<https://www.facebook.com/fortpolkmwr>

Ms. Stormie Tippit,  
DFMWR

Marketing Manager  
(337) 353-3404

For more  
Information  
Scan





# DFMWR-Programs

For More Information Scan



## Recreation

Veteran's Day Golf Scramble  
Warrior Hills Golf Course  
11 November @ 0900



Monthly Bass Tournament  
Toledo Bend Recreation Park  
05 November: First Light



Intramural Commander's Cups  
(337) 531-7669



## Warrior Center



Hours of Operation  
Mon - Fri: 11am - 2pm  
Thu - Fri: 4pm - 9pm  
Sat: 12pm - 9pm  
Sun: 2<sup>nd</sup> Sunday Brunch



Toledo Bend Recreation Park  
Hours of Operation: Sun - Sat: 8am - 4pm





# BOSS UPCOMING EVENTS

## **NOVEMBER & DECEMBER EVENTS**

- 03 November @ 1800: Yoga Class, Wheelock Gym
- 16 November @ 1800: Holiday Shopping Budget Class, HOH REC Center
- 18 November @ 0630: Toy Drive Ruck March, HOH REC Center
- 20 November @ 1400: Single Parent Bowling, Bowling Center
- 03 December @ 1300: Christmas Lights , Natchitoches
- 09 December @ 1800: Paint & Sip, Arts & Crafts Center
- 13 December @ 1800: Cooking Class, Warrior Center
- 15-16 December @ 1000-1800: Toy Distribution , BOSS Warehouse

- **BOSS "Board" Study Nights / Mock Boards**
- **Conducted weekly on Tuesdays from 1800 – 1930**
- **90% average of Soldiers who participate have been selected!**



**CPL Toymeisha Patterson**  
**BOSS President, (337) 378-3236**





# AAFES

## Main Store



**Save now** with early deals during the “12 weeks of Black Friday” promotion

## Bayou Theater



Join us for a  
***free showing:***  
***“Devotion”***

Showtime:  
Sat, 12 Nov @1500



## Bayou Theater

### **First Run:**

“Black Panther: Wakanda Forever”  
Showtime: Fri, 11 Nov @1800

Sponsored by Subway, enter to win a \$100 Subway Gift Card before the show





# USAMEDDAC – Bayne-Jones Army Community Hospital

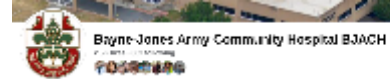
Stay Informed:



Bayne-Jones Army Community Hospital  
[bayne-jones.tricare.mil/](http://bayne-jones.tricare.mil/)



FOLLOW US  
ON FACEBOOK



## **\*\*NOVEMBER IS AMERICAN DIABETES MONTH\*\***

You can lower your risk for developing Type 2 Diabetes by eating a balanced diet and maintaining a healthy weight.

Nov. 9 – National Diabetes Heart Connection Day

Nov. 14 – World Diabetes Day

Visit the American Diabetes Association's website at  
<https://diabetes.org/diabetes/risk-test> to take a 60-second Type 2 Diabetes risk test.

If you are concerned about developing Type 2 Diabetes you should contact your primary care manager for an appointment at 531-3011 or through the MHS Genesis Patient Portal.

If you want to mitigate your risk for Type 2 Diabetes, call our BJACH Nutrition Care Clinic and talk to a registered dietitian at 531-3129.



POC: Jean Clavette  
Graves, BJACH PAO,  
(337) 424-0863,  
[jean.c.graves.civ@health.mil](mailto:jean.c.graves.civ@health.mil)

## **TRICARE OPEN SEASON (14 NOV – 13 DEC)**



Visit the TRICARE website for more information:  
[www.tricare.mil/openseason](http://www.tricare.mil/openseason)

## **NURSE PRACTITIONER WEEK (13-19 NOV)**



We thank the tremendous work of nurse practitioners throughout the #MHS for supporting our service members and ensuring a medically ready force.

Meet a few of our Nurse Practitioners here:

[Ms. Danielle Craft](#)  
[Ms. April Draper-Davis](#)  
[Ms. Jeanette Tilley](#)

CLICK HERE





# ACS

## Child Protection and Safety Month

Prevention services and support:

**Family Advocacy Program**

**(FAP): 531-1941**

**New Parent Support Program**

**(NPSP): 531-9573/7040**



**Fort Polk 24/7 Hotline to report  
suspected child abuse/neglect:  
(337) 531-HOPE/4673**

**OR**

**State of Louisiana Department of  
Children & Family Services: 1-855-4LA-  
KIDS/1-855-452-5437**

**FAMILY ADVOCACY PROGRAM**  
**RAISING AN EMOTIONALLY  
INTELLIGENT  
CHILD**

Learn 5 key steps to becoming  
an emotional coach, guiding  
your children through self  
awareness and positive social  
lessons.

**November 1  
1 PM**

To register please call  
**337-531-1938/0636**

Earn Parent Participation Points on  
childcare with CYS!

**Army Community Service**  
1591 Bell Richard Ave. Bldg 920  
Fort Polk, LA 71459

**HOPELINE: 337-531-HOPE/4673**  
Fort Polk Domestic Violence Hotline:  
337-424-7494

### **Safe Sleep Class**

**In memory of Brentley Rowe**

PRESENTED BY THE VERNON PARISH CORONER'S OFFICE



#### **WHEN:**

**FRIDAY,  
NOVEMBER 18, 2022  
1:00 PM**

#### **WHERE:**

**NSU FORT POLK CAMPUS  
3329 UNIVERSITY PKWY,  
LEESVILLE, LA 71446**

New and expecting mothers are invited to join us as  
we share information on safe sleeping practices,  
including identifying the risk of SUIDS.

To register, please fill out a form and submit it to the  
Vernon Parish Coroner's Office.

The form can be submitted **MONDAY - FRIDAY 9AM- 3PM**, to  
**WHITNEY@VPPJLA.COM** or mailed to:  
**VPCO**  
**908 S 10th Street,**  
**Suite A, Leesville, LA 71446**



**Fort Polk New Parent  
Support Program**



Watch NPSP Facebook  
for Safety tips  
throughout the month.



POC:



# CORVIAS

## October Yard of the Month



**Maple Terrace**  
**SPC Arrion & Aiden Vatauvuk**



**Dogwood Terrace**  
**SSG Carlyle Perez & Family**



**Palmetto Terrace**  
**SPC Bailey Black-Giles & Family**



***Take the Army  
Housing Tenant  
Satisfaction Survey  
and let us know how  
we are doing.***

**You could  
win a \$50  
Gift Card!\***

*The survey is 100%  
confidential and it will  
help us serve you and  
your family better.*



**LOOK FOR AN E-MAIL FROM  
ARMYHOUSINGSURVEY@CELASSOCIATES.COM**



OMB Control Number 0704-0226 Expiration 5/31/2025 \*a drawings will take place during the survey

ARMYCEL\_0000

POC: Kirk Green (337) 537-5036





# RELIGIOUS SUPPORT OFFICE

## Regular Programs



Tuesday's, 0930: Protestant Women of the Chapel



Wednesday's, 0930: Catholic Women of the Chapel. 1800 Community Fellowship Meal. 1830-1930 Youth of the Chapel Study, Unity Adult Bible Study, Catholic RCIA.



Thursday's, 0930: Parents of Little Kids @ Polk (fourth Thursday this program meets 1730-1930).



Friday's, 0930-1100: Come Follow him (Church of the Latter-Day Saints of Jesus Christ Small group for spouses). 1800 Catholic RCIC.



Sunday's, 1000-1100: Catholic Religious Education, 1120-1200 Unity Fellowship Kid's Church, 1300 Youth Choir







# MSC

OPS GRP  
3-353 REGT  
3/10 MTN  
32 HC  
1-5 AV  
46 EN  
519 MP  
DENTAC  
18 Weather SQD



# SUMMARY

## Key Themes: Increase Variety, Hours, and Availability (MWR and AAFES); Living Conditions; Pricing

### MWR EVENTS / AAFES

- ✓ Leisure Needs Survey: Survey installation to see what the population wants
- ✓ Decrease recreational equipment pricing during off season (ie boats)
- ✓ High OPTEMPO – forced to choose between MWR events and home time
- ✓ Enhance advertisement
- ✓ Don't make MWR events feel like they are mandatory for SMs to attend
- ✓ More variety: Karaoke, indoor range, eateries, VR room, Woodshop, "Top Golf", roller/ ice skating rink, etc.
- ✓ Movie Bistro / Dave and Busters / Laser Tag etc
- ✓ Movie Theater renovation w/ small event room
- ✓ Shopping Center ie Fort Bliss
- ✓ Off post shuttle

### AAFES

- ✓ Expand hours of Express 1 back to 24/7
- ✓ Expand variety in the main store
- ✓ Unit Swag options in the PX – souvenirs program is being worked
- ✓ Update the mural at PX – use Fort Polk Units and Soldiers
- ✓ Enhance Black Friday advertisement
- ✓ Expand stores in the mall area – more options
- ✓ Rental car and auto parts store
- ✓ Dry cleaners service on post
- ✓ UPS store on post
- ✓ Businesses on North Fort – feels isolated
- ✓ Nail Salon
- ✓ Facility for HBBs to rent out space (ie beauty, barber, nail) – require LLC and option for those who live in barracks
- ✓ Food: Healthy food and drink options (restaurants/ vending machines/ stores); 24-hour restaurant; more variety
- ✓ Food Truck Court
- ✓ Gas pricing: often seems higher on post than off (especially since the Valero rebranding) – AAFES monitors

- ✓ Why can't we use the Valero credit card at the on-post gas stations? Requires hardware update
- ✓ Allow civilians to buy alcohol and tobacco

### FORT POLK INFRASTRUCTURE

- ✓ Female showers in the COFs
- ✓ Check targets at ranges
- ✓ ACP traffic in the mornings
- ✓ Volleyball/ tennis courts in barracks footprints
- ✓ Vehicle charging stations in barracks footprint
- ✓ Animal adoption day tied to PCS season
- ✓ Expand parking near DFAC and gyms

### HOUSING / BARRACKS

- ✓ Windows in the barracks that can open
- ✓ Work orders not being addressed – don't wait use your chain of command
- ✓ Remodel barracks game rooms
- ✓ Remodel update day rooms in barracks
- ✓ Barracks washers and dryers
- ✓ Golf cart friendly amenities
- ✓ Improve roads in housings
- ✓ Ceilings fans in bedrooms
- ✓ Neighborhood community gardens
- ✓ Able to keep chickens in their backyard 😊
- ✓ Enhance internet access in housing
- ✓ Severe weather preparation classes (hurricanes, winterization)
- ✓ Ventilation in the barracks
- ✓ Update appliances
- ✓ Parking in housing
- ✓ Lawn service – required to have a certain amount grass upon moveout – should only be charged if a pet caused the damage
- ✓ Remove carpet in housing
- ✓ Streamline move in/ move out procedures



# Woodfill Hall Civilian of the Month

**Jeffrey D. Quick**



**#FortPolkStrong**

**Directorate / Staff Section Assigned:**

Operations Branch, Plans and Operations Division, DPTMS, USAG Fort Polk

**Time in Position at JRTC and Fort Polk:**

8 years

**Special Accomplishments:**

Mr. Quick served as the DPTMS Chief of Plans & Operations and Chief of Operations for the month of September, working two pay grades above his own. During this time, Mr. Quick chaired two Installation Working Groups to determine potential Garrison rotational support gaps, prepared the Installation Severe Weather IPR, prepared and facilitated the Garrison Commander's Update Brief (CUB), served as the Operations Branch Chief and covered duties as the Senior Operations Person for P&O Division all within that month.

**Recommendation:**

During the absence of the Chief of Plans and Operations Division, Mr. Quick not only served as the Operations Chief but fulfilled many of the duties of the Division Chief for the Directorate and the Garrison. Mr. Quick performed duties two pay grades above his current pay grade without a loss or degradation in division performance. Mr. Quick is proof of the "depth in capability" and has proven to be capable of serving at higher levels of leadership.





## Next

# Warrior Information Exchange

**07 December 2022 @ 1000**

