



U.S. ARMY



# Warrior Information Exchange

07 December 2022

**BG David W. Gardner**


Commander  
JRTC & Fort Polk





# G3 Calendar

## January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Day	2	3	4	5	6	7
JRTC & Fort Polk New Years Holiday					10:00 AM 519 MP CSM Change of Responsibility, Spike Field	6:00 AM Bass Tournament, TBRs
						9:00 AM Home Base Business Market, ACS
						RSOI RTN 23-03
8	9	10	11	12	13	14
12:00 - 2:00 PM CG's New Year's Reception, Warrior Center			10:00 AM Warrior Info Exchange	10:30 AM & 1:30 PM GCs "Buddy Program" Town Hall, Bayou Theater	Martin Luther King Jr. Weekend	
RSOI RTN 23-03 (2/4 SBCT) 07 - 16 JAN						
15	16 MLK Birthday	17	18	19	20	21
Martin Luther King Jr. Weekend			8:30 AM - 5:00 PM BJACH Open House	5:30 PM Sponsorship Appreciation Dinner, Warrior Center		
RSOI RTN 23-03 (2/4 SBCT) 07 - 16 JAN		FoF RTN 23-03 (2/4 SBCT) 17 - 30 JAN				
22	23	24	25	26	27	28
	4:00 PM Fort Polk Walking Town Hall, 5519 Gardner Dr Dogwood			9:00 AM US Army Best Medic Award Ceremony, Bayou Theater	9:00 AM Family Welcome, Family Readiness Center	
				3:30 PM BJACH Awards Ceremony & Town Hall, BJACH Bistro		
FoF RTN 23-03 (2/4 SBCT) 17 - 30 JAN						
29	30	31				
FoF RTN 23-03 (2/4 SBCT) 17 - 30 JAN						
<div>Legend:</div> <div><div>JRTC &amp; Ft Polk Event</div><div>MSC Event</div><div>MWR Event</div></div> <div><div>BOSS Event</div><div>Community Event</div><div>as of 02/13/10DEC2022</div></div>						

Legend:

JRTC & Ft Polk Event	BOSS Event
MSC Event	Community Event
MWR Event	







U.S. ARMY

# DFMWR Celebrates The Holidays

## MWR CHRISTMAS

### CHECKLIST

- ☐ TOY DRIVE RUCK MARCH  
DEC 2 @ 6:30 AM HOME OF HEROES PARKING AREA
- ☐ TREE LIGHTING & SNOWFLAKE FESTIVAL  
DEC 2 @ 4 PM TO 9 PM MAIN POST EXCHANGE
- ☐ MONTHLY BASS TOURNAMENT  
DEC 3 @ 5 AM TO 3 PM TOLEDO BEND
- ☐ STEEL COURSE SHOOTING COMPETITION  
DEC 3 @ 10 AM MWR SHOOTING RANGE
- ☐ 2-DAY WINTER WONDERLAND HBB MARKET  
DEC 3 AND 4 @ 8 AM TO 3 PM ACS
- ☐ GARRISON COMMANDER'S UGLY SWEATER GOLF SCRAMBLE  
DEC 9 @ 12 PM WARRIOR HILLS
- ☐ EFMP CHRISTMAS EXPERIENCE  
DEC 9 @ 5:30 PM TO 7:30 PM ACS
- ☐ HOLIDAY GAME TOURNAMENT  
DEC 9 @ 6 PM HOME OF HEROES REC CENTER
- ☐ JINGLE JAMMIES 5K FUN RUN  
DEC 10 @ 9 AM PEREZ FIELD
- ☐ SECOND SUNDAY CAT IN THE HAT BRUNCH  
DEC 11 @ 10 AM TO 2 PM THE FORGE BAR & GRILL
- ☐ CHRISTMAS ON THE BEND  
DEC 10 AND 11 @ 5 PM TO 9 PM TOLEDO BEND
- ☐ CHRISTMAS PARTY  
DEC 16 @ 6 PM HOME OF HEROES REC CENTER



## Jingle Jammies 5K

Perez Field

0800-0845: On-site registration

0900-UTC: Shot Gun Start

Prizes for Best PJs  
Family | Youth | Soldier



For the latest updates,  
please visit Fort Polk Family MWR at:  
<https://www.facebook.com/fortpolkmwr>

Ms. Stormie Tippit,  
DFMWR

Marketing Manager  
(337) 353-3404

For more  
Information  
Scan





# DFMWR-Programs

For More Information Scan



## Recreation

GC's Golf Scramble  
Warrior Hills Golf Course  
09 December @ 1200



Holiday on the Bend  
Toledo Bend Rec Park  
10-11 December @ 5pm



BOSS Christmas Party  
Home of Heroes Rec Center  
16 December @ 6pm



New Year's Eve Party  
Anvil Bar  
31 December @ 8pm-1am



## New Year, New Me

Don't limit your challenges,  
challenge your limits.

We create new resolutions to eat healthier, work out, or break other bad habits in our 8-week program.

01 DEC: Registration Begins  
02 JAN: Registration Complete  
09 JAN: Program Begins

Register online and pay at  
Wheelock Fitness Center.

**MY NEW YEAR'S  
RESOLUTION –  
BE MORE AWESOME  
THAN LAST YEAR**







# AAFES

## Find the “ELF ON THE SHELF”

Keeping with the Christmas tradition of Elf on the Shelf, the PX will be hosting an “Elf on the Shelf” contest. Our busy Elf likes to play hide and seek in our store, so each Wednesday in December, our customers are being asked to **help find the Elf** for a chance to win a \$10.00 Exchange Gift Card.

**Dec 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup>**



## “Your Holiday Bill is on Us” Sweepstakes

Each time customers use their Military Star card they will be entered into the sweepstakes for a chance to have their Military Star Card balance paid in full.

**01 Nov - 31 Dec 2022**

## The Coca-Cola Caravan

The Coca-Cola Caravan will be making a stop at the Fort Polk Main Store to spread some Holiday Cheer. **Come enjoy giveaways and have your picture taken with the famous Coca-Cola Polar Bear**

**07 Dec 2022  
1700-1900**



## Community Gift Wrapping Fundraiser 2022

Fort Polk organizations will be offering gift wrapping for donations. The PX will supply the basic wrapping supplies.

**11 November - 24 December**





# BOSS UPCOMING EVENTS

- 03 December @ 1500: Christmas Lights, Natchitoches
- 09 December @ 1800: Paint & Sip, Arts & Crafts Center
- 13 December @ 1800: Cooking Class, Warrior Center
- 14-15 December @ 1000-1800: Toy Distribution, BOSS Warehouse
- 13 January @ 1900: A Toast To The New Year, Anvil Bar
- 16 January @ 1800: Tire Rotation, Auto Skills Center
- 18 January @ 1800: Visioning for the Future, HOH Rec Center
- 19 January @ 1800: Zumba, Wheelock Gym

- **BOSS “Board” Study Nights / Mock Board Event**
- **Tuesday’s from 1800 – 1930, every week**



**CPL Patterson, Toymeisha**  
**BOSS President, (337) 378-3236**





# EFMP

## Enrollment Process:

EFMP medical enrollment:

*Follow the “HOW TO guide to E-EFMP” for requesting electronic submission.*

Educational enrollment [for children on an Individual Educational Plan (IEP) or Individualized Family Service Plan (IFSP)]:

*Follow the “HOW TO guide to E-EFMP” for requesting electronic submission.*



### E-EFMP Guide:

- Go to the E-EFMP website: <https://EFMP.army.mil>. Service Member creates a new E-EFMP account using DS Login. Navigate through the portal in order to find the information that is provided to assist you with your needs.

## Family Support Services:

EFMP Family Support(337) 531-2840  
ACS Building, 920

**Information & referral** for military support providers and community services.

**Advocacy** services include medical and educational advocacy for those needing services, to include, assistance with exceptions to policy (ETP) for ADA housing and BAH Waivers, childcare, and assistance in the schools for children on IEP, IFSP, and/or 504 plans.

**Support Groups, Educational and Recreational Activities** are offered on an ongoing basis to promote resiliency.

**Multidisciplinary Inclusion Action Team (MIAT)** to coordinate necessary special needs accommodations for children participating in Child & Youth Services (CYS) programs.

**Relocation assistance** by completing a Family Support warm hand-off to the EFMP at the gaining location.

**Non-clinical case management** by completing Family Needs Assessments and Service Plans through the use of DD Form 3054.

**Assistance** with E-EFMP use, guardianship process, compassionate reassignments, and stabilization requests.







# DES



## NATIONAL DRUNK AND DRUGGED DRIVING MONTH

- Designate non-drinking driver
- Allow one hour between drinks
- Know your limit
- Consume water in between drinks
- Eat food
- Don't mix alcohol with medicine or drugs



- Designate a trusted sober driver
- Collect keys upon arrival
- Serve food & alcohol-free beverages
- Stop serving alcohol at least one hour before the party ends

## ATTENDEE

## HOSTESS



DES Deputy Director: Mr. Gregory W. Funderburk (337) 531-2310

[https://www.army.mil/article/214580/national\\_drunk\\_and\\_drugged\\_driving\\_prevention\\_month](https://www.army.mil/article/214580/national_drunk_and_drugged_driving_prevention_month)





# USAMEDDAC – Bayne-Jones Army Community Hospital

Stay Informed:



Bayne-Jones Army Community Hospital  
[bayne-jones.tricare.mil/](http://bayne-jones.tricare.mil/)



FOLLOW US  
ON FACEBOOK



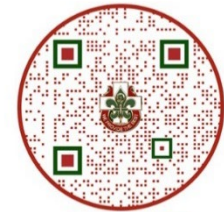
## TRICARE OPEN SEASON (14 NOV – 13 DEC)



Visit the TRICARE website for more information:

[www.tricare.mil/openseason](http://www.tricare.mil/openseason)

## QR CODES FOR BJACH AND MHS GENESIS PATIENT PORTAL



DEPARTMENT OF DEFENSE  
**MHS GENESIS**  
MILITARY HEALTH SYSTEM



## NATIONAL HANDWASHING AWARENESS WEEK 6 - 12 DEC 22

The number one way to prevent the spread of infection is washing your hands. Do your part to prevent the spread of diseases by following these tips from the CDC webpage on, "when and how" to wash your hands: <https://www.cdc.gov/handwashing/when-how-handwashing.html>  
#NationalHandWashingWeek #KeepHandsClean

## VACCINES AVAILABLE BY APPOINTMENT (337) 531-3011

If you haven't already scheduled your appointment for Influenza, COVID-19 Vaccine, COVID-19 Bivalent Booster or Shingles call us today!

POC: Jean Clavette Graves, BJACH PAO, (337) 424-0863, [jean.c.graves.civ@health.mil](mailto:jean.c.graves.civ@health.mil)





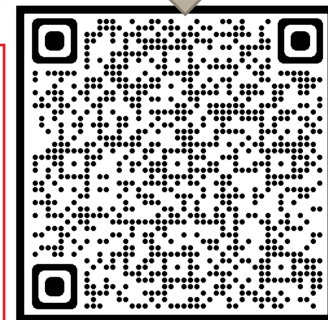


# Religious Support Office



Fort Polk Chapel  
Page

RSO Digital  
Bulletin Board



Regular Programs

Tuesday's: 0930 Protestant Women of the Chapel

Wednesday's: 0930 Catholic Women of the Chapel. 1800 Community Fellowship Meal. 1830-1930 Youth of the Chapel Study, Unity Adult Bible Study, Catholic RCIA.

Thursday's: 0930 Parents of Little Kids @ Polk (fourth Thursday this program meets 1730-1930).

Friday's: 0930-11 Come Follow him (Church of the Latter-Day Saints of Jesus Christ Small group for spouses). 1800 Catholic RCIC.

Sunday's: 1000-1100 Catholic Religious Education, 1120-1200 Unity Fellowship Kid's Church, 1300 Youth Choir

Fort Polk Religious Support Office

## Main Post Chapel Advent Workshop

Spend the evening with us exploring the sites and sounds of the Christmas Story, and creating new family traditions and warm up with a bowl of soup.

December 10, 4-6pm @ Main Post Chapel



Make a family advent wreath.  
Make a family nativity set.  
Explore the advent sensory rooms.  
Enjoy a bowl of soup.  
..and more.

## December Religious Observances

- Advent (Christian)  
Nov 27 - 24 Dec
- St. Nicholas Day (Christian)  
December 06
- Chanukah (Jewish)  
December 18 - 26
- Christmas (Christian)  
December 25







# DECA



In Observance of the Holiday Christmas-week before:

Sunday: 1000-1800  
Monday: 1000-1800  
Tuesday: 0930-2000  
Wednesday: 0930-2000  
Thursday: 0930-2000  
Friday: 0930-2000  
Saturday: 0900-1600

In Observance of the Holiday Christmas-week of:

Sunday: **CLOSED**  
Monday: 1000-1800  
Tuesday: 0930-2000  
Wednesday: 0930-2000  
Thursday: 0930-2000  
Friday: 0930-2000  
Saturday: 0900-2000



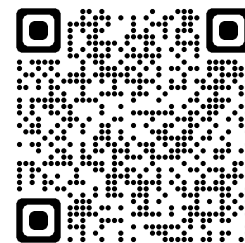
*Commissary CLICK2GO customers can now use MILITARY STAR cards*

**By DeCA Corporate Communications**

FORT LEE, Va. – Patrons using Commissary CLICK2GO, the Defense Commissary Agency's online shopping and curbside pickup service, can now use the MILITARY STAR card to purchase their groceries through the website.

"We're pleased to announce that commissary customers now have the option to use their MILITARY STAR cards when they're shopping online," said Dr. Theon Danet, executive director of DeCA's IT Group. "This initiative shows the strength of our collaboration with our military resale partners, specifically the Army and Air Force Exchange Service (AAFES).

CLICK2GO





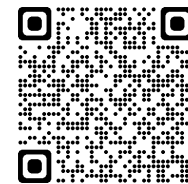
# ACS

The observance encourages everyone to consider safety factors, such as age appropriateness of toys selected, and the skills and abilities of the child the toy is intended for, especially where it regards infants and children under three years.



## Some guidelines for inspecting toys your child receives and those you gift:

- Inspect toys before purchasing
- Avoid those with flying parts or that shoot
- Toys should not have sharp edges or points, and should be sturdy enough to withstand any significant impact without breaking
- Choose toys for children with special needs that appeal to different senses such as texture, sound, and movement
- Check toys for age, skill level and developmental appropriateness
- Check toys to make sure they meet the **American Society for Testing and Materials (ATSM)** standard
  - Make sure Crayons are nontoxic
  - Make sure the toys do not have small parts including magnets or small button batteries
  - Make sure the toys do not contain lead, or have ropes or heating elements





## USAJOBS APF VACANCIES

Week of 05-Dec-2022

Announcement Number	USAJOBS Job Title	Pay Plan Series Grade	Announcement Open Date	Announcement Close Date
SCEP220503519557	Lead Emergency Services Dispatcher	GS-2151-08	11/22/2022	12/07/2022
SCEP220501539563D	Public Safety Dispatcher (OA)	GS-2151-07	11/22/2022	12/07/2022
SCEP228825353825HW	Mechanical Engineer	GS-0830-11	11/29/2022	12/26/2022
SCEP220358938823	Supervisory Budget Analyst	GS-0560-12	11/28/2022	12/12/2022
SCEP220363547777	Interdisciplinary	GS-0801/0808/0810/0830/0850-14	11/18/2022	12/05/2022
SCEP220460479532	Management and Program Analyst	GS-0343-09/11/12	12/02/2022	12/13/2022
SCEP220501229653	Firefighter (Hazardous Material Technician)	GS-0081-05/06/07	11/30/2022	12/14/2022
SCEP220501328868	Physical Security Specialist	GS-0080-09	12/04/2022	12/13/2022
SCEP220501539563D	Public Safety Dispatcher (OA)	GS-2151-07	11/22/2022	12/07/2022
SCEP220503519557	Lead Emergency Services Dispatcher	GS-2151-08	11/22/2022	12/07/2022
SCEP220542106116D	Paralegal Specialist	GS-0950-09	11/30/2022	12/12/2022
SCEP220503519557	Lead Emergency Services Dispatcher	GS-2151-08	11/22/2022	12/07/2022
SCEP220501229653	Firefighter (Hazardous Material Technician)	GS-0081-05/06/07	11/30/2022	12/14/2022
SCEP220130674829	Public Affairs Specialist	GS-1035-09/11	11/14/2022	12/05/2022
SCEP229847193547HK	Civil Engineer	GS-0810-12	11/29/2022	12/26/2022
SCEP229847193547HK	Civil Engineer	GS-0810-12	11/29/2022	12/26/2022
SCEP220000008813	Maintenance Worker	WG-4749-07	11/28/2022	12/07/2022
SCEP220523709437	Resource Analyst	GS-0501-12	11/30/2022	12/12/2022
SCEP220000008813	Maintenance Worker	WG-4749-07	11/28/2022	12/07/2022







# MSC

OPS GRP  
3-353 REGT  
3/10 MTN  
32 HC  
1-5 AV  
46 EN  
519 MP  
DENTAC  
18 Weather SQD





# BJACH





# USAG







# JRTC and Fort Polk



**Post CSM**





# JRTC and Fort Polk



## Commander's Guidance





# Woodfill Hall Civilian of the Month

**Mr. Michael Weaver**



**#FortPolkStrong**

**Directorate / Staff Section Assigned:**

DPTMS, Plans and Operations, Warrior Operations Center USAG Fort Polk

**Time in Position at JRTC and Fort Polk:**

October 2022 to Present

**Special Accomplishments:**

Mr. Weaver has displayed exceptional performance as new employee.

**Recommendation:**

Mr. Weaver is not new to Fort Polk but new to the DPTMS team. He comes to DPTMS from Range Operations with a plethora of knowledge and it shows. Mr. Weaver excelled in the Watch Officer Certification Program and completed this extensive program in record time. He appropriately engages leadership during time of installation crisis and rapidly informs higher headquarters when needed, with less than pleasant news. As a watch officer, he is often the first to compile information and engage both IMCOM Readiness Directorate and FORSCOM HQ's during times of pressure and high stress. Mike has been lauded by higher headquarters for his comprehensive reports, diligent follow up, thoroughness, and professional demeanor.





# Woodfill Hall Soldier of the Month

## SFC Christopher A. Alarcon



**#FortPolkStrong**

### **Directorate / Staff Section Assigned:**

ACofS G3 Air NCOIC

*Assigned as the installations NCOIC for all Airborne related training*

### **Time in Position at JRTC and Fort Polk:**

January 2022 to Present

### **Special Accomplishments:**

- Installation's HQ Staff Duty Coordinator
- Re-wrote and updated the JRTC and Fort Polk ANNEX to the Army Airborne SOP
- Serves as the senior enlisted advisor to the Post Commanding General for all Airborne related matters

### **Recommendation:**

Serves as the G3 Air Operations NCOIC; coordinates U.S. Air Force (AF) and Army aircraft training exercises for tenant units and the Joint Readiness Training Center (JRTC).

Requests, schedules, allocates, coordinates, and monitors all resources necessary for installation airborne operations; acts as the proponent for the JRTC and Fort Polk Airborne annex to the Common Army Airborne Standing Operating Procedures (CAASOP).

SFC Alarcon exemplified the Army values; his allegiance to duty and mission accomplishment exhibits selflessness in all aspects.







## Next

# Warrior Information Exchange

**11 January 2023 @ 1000**

