Warrior Information Exchange 05 October 2022

BG David W. Gardner
Commander
JRTC & Fort Polk
# G3 Calendar
## October 2022

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<th>Sunday</th>
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<td>5:00 AM Bass Tournament, TBRS</td>
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<td>8:00 AM BOSS Car Show, Home of Heroes Parking Lot</td>
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<td>10:00 AM DSO Competition, Home of Heroes Parking Lot</td>
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<td>11:00 AM Louisiana Hayride / Card Board Regatta, &amp; Day for Kids, Home of Heroes Rec Center Parking Lot</td>
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<td>4:00 PM Oktoberfest, Home of Heroes Parking Lot</td>
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<td>1:00 PM CG’s Open Golf Tournament, WHGC</td>
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<td>10:00 AM Warrior Info Exchange</td>
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<td>4:00 PM Fort Polk Walking Town Hall, Dogwood</td>
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<td>6:30 AM JRTC &amp; Fort Polk Breast Cancer Awareness Run, 25M Pool Parking Lot</td>
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<td>3-53 Trunk or Treat</td>
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<td>9:00 AM Family Welcome, Family Readiness Center</td>
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<td>2:00 PM Paint and Sip, Arts &amp; Crafts Center</td>
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<td>6:30 PM Outdoor Movie Night, Alligator Lake</td>
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<td>RSOI RTN 23-02 (1/82 ABN) 22 - 31 OCT</td>
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<td>1:30 PM JRTC &amp; Fort Polk Golf Progress Conference, Warrior Center</td>
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<td>4:30 PM Post Retirement Ceremony, Warrior Center</td>
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<td>3:30 PM BJACH Awards Ceremony &amp; Town Hall, BJACH Bistro</td>
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<td>5:00 - 8:00 PM - Fort Polk Trick or Treat</td>
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**Legend:**
- **MSC Event**
- **BOSS Event**
- **Community Event**
- **MWR Event**

**Red Ribbon Week**
- **RSOI RTN 23-02 (1/82 ABN) 22 - 31 OCT**
- **BOSS Event**
- **MWR Event**
- **Legend**
# G3 Calendar

## November 2022

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- **November 1, 2022**
  - 10:00 AM: Warrior Info Exchange
  - 6:00 PM: Volunteer of the Quarter Ceremony, Warrior Center

- **November 2, 2022**
  - 10:00 AM: Right Arm Night, Warrior Center
  - 4:30 PM: Home Base Night, Warrior Center
  - 5:30 PM: Friday Night Live, Warrior Center
  - 9:00 AM: Home Base Business Market, ACS

- **November 3, 2022**
  - 9:00 AM: Veteran’s Day Golf Tournament, WHGC
  - 9:00 AM: Veteran’s Day Golf Tournament, WHGC
  - 9:00 AM: Veteran’s Day Golf Tournament, WHGC

- **November 4, 2022**
  - 9:00 AM: Family Welcome, Family Readiness Center
  - 11:00 AM: Volunteer of the Quarter Ceremony, Warrior Center
  - 10:00 AM: Warrior Info Exchange

- **November 5, 2022**
  - 6:00 PM: Paint & Sip, Arts & Crafts Center
  - 1:00 PM: 1-5 AV CSM Change of Responsibility, PAAF
  - 5:30 PM: Friday Night Live, Warrior Center
  - 9:00 AM: Home Base Business Market, ACS

- **November 6, 2022**
  - 9:00 AM: Home Base Business Market, ACS
  - 11:00 AM: East Beauregard Veterans Day Ceremony

- **November 7, 2022**
  - 9:00 AM: Home Base Business Market, ACS
  - 11:00 AM: East Beauregard Veterans Day Ceremony

- **November 8, 2022**
  - 1:00 PM: 1-5 AV CSM Change of Responsibility, PAAF
  - 10:00 AM: Fort Polk Veterans Day Ceremony, PAAF
  - 9:00 AM: Home Base Business Market, ACS

- **November 9, 2022**
  - 9:00 AM: Home Base Business Market, ACS

- **November 10, 2022**
  - 9:00 AM: Home Base Business Market, ACS

- **November 11, 2022**
  - 11 Veterans Day

- **November 12, 2022**
  - 11 Veterans Day

- **November 13, 2022**
  - 11 Veterans Day

- **November 14, 2022**
  - 11 Veterans Day

- **November 15, 2022**
  - 11 Veterans Day

- **November 16, 2022**
  - 11 Veterans Day

- **November 17, 2022**
  - 11 Veterans Day

- **November 18, 2022**
  - 11 Veterans Day

- **November 19, 2022**
  - 11 Veterans Day

- **November 20, 2022**
  - 11 Veterans Day

- **November 21, 2022**
  - 11 Veterans Day

- **November 22, 2022**
  - 11 Veterans Day

- **November 23, 2022**
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- **November 24, 2022**
  - 11 Veterans Day

- **November 25, 2022**
  - 11 Veterans Day

- **November 26, 2022**
  - 11 Veterans Day

- **November 27, 2022**
  - 11 Veterans Day

- **November 28, 2022**
  - 11 Veterans Day

- **November 29, 2022**
  - 11 Veterans Day

- **November 30, 2022**
  - 11 Veterans Day

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**Legend:**
- JRTC & Ft Polk Event
- BOSS Event
- MSC Event
- Community Event
- MWR Event
- BPSD & VPSD Thanksgiving Break
- Thanksgiving Break
BOSS UPCOMING EVENTS

OCTOBER EVENTS

• 03 October: Soul Soup Kitchen, Deridder @1630
• 05 October: Personality Class, HOH REC Center @1800
• 12 October: No Bake Dessert, Warrior Center @1800
• 14 October: Self-Defense, Jui-Jitsu Academy @1730
• 15 October: Humane Society, Deridder @1000
• 17 October: Welding Class, Auto Skills Center @1800
• 19 October: Pumpkin Carving, Rec Center @1800
• 22 October: Haunted House, Natchitoches @1500
• 23 October: Zombie Archery Tag, MWR shooting Range @1100

• Conducted weekly on Tuesdays from 1800-1930
  • BOSS “Board” Study Nights/Mock Boards
  • 90% average board selection

CPL Patterson, Toymeisha
BOSS President, (337) 378-3236
Fort Polk Energy Conservation Contest for Units. Compare energy usage baseline by MSC barracks. Greatest % drop in October wins. Winner will be announced at DEC WIE.

Energy Action Pledge – MSCs will sign a pledge of commitment to the energy conservation program.

Public Education – Information will be pushed out through various means to include WIE, Town Hall, Family Welcome, Newcomers, eGuardian, Social Media and all-users message.

Stay Informed – Radio Interviews, Pod Cast, Good Day CENLA, and Social Media

Energy Resilience: Sustain the Mission – Secure the Future
Installation Environmental Quality Awards Competition

This program recognizes and rewards JRTC and Fort Polk Teams, Soldiers, and Civilians for excellence in Environmental stewardship.

Award Categories:

1. Environmental Professional of the Year
2. Conservation Steward of the Year
3. Environmental Team of the Year

Unit and individual nominations are due 14 October to DPW Environmental. Awards will be presented by the CG at the 1st Quarter CG Excellence Awards Ceremony on 08 December. For more information see OPORD 22-113 or contact DPW Environmental at 337-531-6011.

POC: Bradley Laffitte; DPW-Environmental, 337-531-6011, bradley.s.laffitte.civ@army.mil
Qualified Recycling Program

JRTC & Fort Polk Recycling Center (Bldg. 3620 M-F 0800-1600)

24 Hour Drop Off (Located Outside Recycling Center)

Located at the corner of Georgia & Maine

Commodities accepted: Cardboard, #1 Plastics, & Aluminum Cans

Commodities Recycled

- Spent Brass Casings
- Scrap Metal
- Aluminum
- Lead Acid Batteries
- Cardboard
- White Paper
- Mixed Paper
- Used Cooking & Motor Oil
- #1 PET Clear Plastic Bottles
- Used Ink/Toner

Additional 24hr drop off for cardboard only, located at the old commissary Bldg. 830

POCs: Terrill Turner 337-531-5335, Kris Rector 337-531-7556
Qualified Recycling Program

Recycling Pays

FY22 DFMWR Projects
• Movie Night - $36,000
• Freedom Fest Fireworks - $25,000
• Snowflake Fest. - $19,000
• Riches from Recycling - $11,500
• Louisiana Hayride - $10,000
• Catfish Derby - $9,500
Total - $111,000

FY22 Pollution Prevention/Energy Projects
• LRC ISSA Warehouse LED Lighting - $130,603
• 1/5 AVN Hanger LED Lighting - $23,407
• Oil Storage Tanks Repairs- $20,000
Total - $174,010

FY22 Recycling Revenue
• Brass - $342,202.05
• Scrap Metal - $121,634.65
• Batteries - $88,354
• Cardboard - $49,895.46
• Cooking Oil – $6,448.82
• Motor Oil - $3,976.84
• Plastic - $2,719.92
• Ink Cartridges - $640
Total - $615,871.74

FY22 Top 3 Recycling Units
• 46th ENG - $3,487.07
• Ops GRP - $1,980.41
• 1/5 AVN - $1,822.12

Qualified Recycling Program

LRC ISSA Warehouse LED Lighting - $130,603
1/5 AVN Hanger LED Lighting - $23,407
Oil Storage Tanks Repairs- $20,000
Total - $174,010

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46th ENG - $3,487.07
Ops GRP - $1,980.41
1/5 AVN - $1,822.12
October is recognized nationally as Domestic Violence Awareness Month (DVAM). To commemorate the month, the ACS FAP invites the community to participate in the following events/activities:

- **01 October**: FAP Information Table and Take the Pledge Event, DFMWR Hayride, Pizza Hut Parking Lot, 1100-1600
- **03 October – 31 October**: United Against Domestic Abuse “Did You Know?” Sidewalk Displays, Bldg. 350, and ACS, Bldg. 920
- **03 October – 31 October**: Tree of Hope and CYS Children’s Garden of Hope, ACS, Bldg. 920, 0800 – 1630
- **03 October – 31 October**: DVAM Information and Take the Pledge Table, ACS Bldg. 920
- **05 October, 20 October, 25 October**: Purple "How not to Fall in Love With a Jerk" Brown Bag Sessions, 1130-1300, ACS, Bldg. 920
- **14 October**: DVAM Information and Take the Pledge Table, 1030–1300, Main Exchange
- **14 October**: 7 Principles for Making a Marriage Work; Special session to highlight healthy couples’ conflict resolution skills, 1400, ACS. Bldg. 920
- **17 October – 28 October**: Paws for Cause; Virtual Howl-O-Ween Pet Photo Contest. Photo submission; Winners will be announced on Halloween.
- **20 October - National Wear Purple Day**, 0800–Close of Business

For more information, please contact the ACS FAP at (337) 531-1938
ACS

Family Advocacy Program (FAP)
Upcoming Classes

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<tr>
<td>24 October, 07 November, 12 December</td>
<td>On-going</td>
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<tr>
<td>1100-1200</td>
<td>• Home/Office Visitation</td>
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<td>7 Principles for Making a Marriage Work:</td>
<td>• Baby Boot Camp</td>
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<td>14 October</td>
<td>• What to Expect the First 4 Months and Infant Massage</td>
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<td>1300-1400</td>
<td>• NPSP Walks and Talk</td>
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Classes will occur at ACS Bldg. 920, 1591 Bell Richard Ave. Please call (337) 531-1938/0636 for additional information and to register. For NPSP, please call (337) 531-9573/7040
Children are not born bullies!
- Define bullying from an early age
- Teach and involve children in social groups
- Provide Positive Behavior Intervention and Supports (PBIS)
- Teach positive character qualities: Respect, Fairness and Kindness

Recognizing Bullying: It is comprised of repeated acts over time that involves a real or perceived imbalance of power with the more powerful individual or group abusing those who are less powerful. The power imbalance may be social power and/or physical power.
Fort Polk Halloween 2022

DFMWR:
- **Haunted Circle.** October 28 1700-1900 (5:00 – 7:00 PM) Warrior Hills Golf Course. Fort Polk Families & DoD Civilian families.
- **Haunted House!** 29 (Saturday, Monday) & 31 October at the Youth Gym, Bldg. 2070. $4 entry fee per person (all proceeds go to the Teen Leadership Club). For all families of the Fort Polk community.
- **Trick R’ Treat Carnival** – Saturday, 29 October 1800-2030 (6:00 – 8:30 PM) at the Youth Gym, Bldg. 2070. This event is free for DOD ID Card Holders.

**Fort Polk Trick or Treat Hours:**
- October 31 1700-2000 (5:00 PM – 8:00 PM).
- Have a light source, wear reflective clothing & go with your kids!
- Drive Slow!
- DES will conduct additional patrols during trick or treat hours. Housing area community centers will be used as command post.

AAFES:
Halloween Costume Contest & Fashion Show at Main Exchange 22 Oct 11:00 – 1300 (11:00 AM – 1:00 PM)

Units:
Trunk or Treat Contest & events!

Parish Partner Halloween Plans:

**Leesville** - Halloween on Main. Main St, Leesville. October 31 1800-2000 (6:00 – 8:00 PM).

**DeRidder** - City Wide Trick or Treat. 31 October 1800-2000 (6:00 – 8:00 PM).
- Trick or Treat Trail. October 31 1730-1930 (5:30 – 7:30 PM).
  - Veteran Park - 599 Ronald Reagan Hwy, DeRidder.
- Gothic Jail After Dark. 205 W 1st St, DeRidder Fridays and Saturdays October 7-29 1930-2330 (7:30 – 11:30 PM).
  October 31 1800-2130 (6:00 – 9:30 PM). $15

**Lake Charles** - The Lost Hollows Haunted Attraction. 3401 Derek Dr, Lake Charles. Fridays and Saturdays October 1-31.
$25-45

**Shreveport** - Dixie Maze Fall Festival. 9596 Sentell Road, Shreveport. 24 SEP – 31 OCT 1000-1900 (10:00 AM – 7:00 PM).
Summary: DES Will conduct additional foot, golf cart, and Utility Terrain Vehicle patrols in the housing areas during the time of trick or treating. Each community center in the housing areas will be used as a command post for that area of housing. Two additional patrols for each housing area will provide security and presence patrol. All DES personnel will be assigned a housing area patrol.

WHAT: Halloween 2022
WHO: Fort Polk DES
WHEN: 31 October 2022
WHERE: Fort Polk Housing Areas that include Maple, Dogwood, and Palmetto Terraces
WHY: To ensure safety for all Trick or Treaters in the housing areas during the times of 1800-2100.

MAJOR OBJECTIVES:
- Coordinate with each community center for command post for each housing area
- Transport of equipment to/from community centers
- Check of Radios
- Placement plan of Carts and UTV’s
- Provide safety for the community that will be participating in Halloween
- Checking the walking paths that run through the housing areas
**LOUISIANA CONCEAL CARRY**

**What**: Allows conceal carry of a handgun without a permit or training

**Who**: Louisiana resident veterans (active duty, retired, honorably/generally discharged)

**When**: 1 August 2022

**Where**: State of Louisiana (does not apply on Fort Polk, LA or on Federal property)

**How**: Must have a valid LA I.D./LA issued license displaying “veteran”, and/or a DD 214/military I.D., (must tell law enforcement that you are carrying concealed)

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**Fort Polk Regulation (190-3)**

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<td>Register weapons (5 business days)</td>
<td>Conceal carry/Open carry</td>
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<td>Keep ammo and weapons separate in vehicles</td>
<td>Carry/Travel with loaded weapons</td>
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<td>Store weapons in YOUR housing residence</td>
<td>Store Weapons in barracks/vehicles/office</td>
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- ✓ Registration form is located at the Visitor Control Center (ACP 1)
  - ✓ (337) 531-0380
- ✓ Must register if living on-post or you intend to bring weapon(s) on installation or to Toledo Bend
- ✓ May transfer registration from previous installation
FIRE PREVENTION WEEK

- **3 OCTOBER**
  - 0900: Fire drills at North Polk Elementary
  - 1100: Annual Fire Prevention Week Parade
  - Asst. Chief Estes will be the guest on two local radio stations

- **10 OCTOBER @ 0830-1400**
  - Fire safety training/Inspection at Post Exchange

- **11 OCTOBER @ 0900**
  - Fire Safety Presentation & coloring contest at North Polk Elementary

- **13 OCTOBER @ 0900**
  - Fire drills and parade at Child Development Centers (701, 702, 3349, and 14500)
  - 1100: Fire drill at BJACH

**POC:** Ass. Chief Chad Estes, (337) 531-7247

National Fallen Firefighters’ Memorial Weekend

**Who:** Open to the public
**When:** 8-9 October 2022
**Where:** Memorial site in Emmitsburg, Maryland

Official National tribute to all firefighters’ who died in the line of duty

Who: Open to the public
When: 19 November 2022 - Candlelight
01 April 2023 - Memorial
Where: Louisiana State Fire Marshalls’ Office, Baton Rouge, LA

National Fallen Firefighters’ Memorial Weekend

Who: Open to the public
When: 8-9 October 2022
Where: Memorial site in Emmitsburg, Maryland

Official National tribute to all firefighters’ who died in the line of duty

Who: Open to the public
When: 19 November 2022 - Candlelight
01 April 2023 - Memorial
Where: Louisiana State Fire Marshalls’ Office, Baton Rouge, LA
According to the CDC, about 255,000 women get breast cancer and 42,000 women die from the disease each year.

Breast Cancer Awareness 2022 - Survivor Stories

Breast Cancer Awareness 2022 - Self Exams and Screenings

Mental Illness Awareness Week (Oct. 2-8)
Thursday, October 6, BJACH Entrance B
Stop by and visit with Northwestern State University Nursing Students (and Military Spouses) who will have a display and informational resources for you. Learn more about Seasonal Affective Disorder, Anxiety & Compulsive Disorder.

Open the Door for Behavioral Health Resources at BJACH, JRTC and Fort Polk

POC: Jean Clavette Graves, BJACH PAO, (337) 424-0863, jean.c.graves.civ@mail.mil
October is National Dental Hygiene Month!

HYGIENE TIPS
1) Floss daily
2) Brush twice daily
3) If you can’t brush after each meal, rinse with water
4) Utilize these strategies both in garrison and field environments
5) Routine dental visits (every 6 months) promote dental wellness

Offered Dental Services
- Restorative
- Oral Maxillofacial Surgery
- Endodontics
- Hygiene
- Exams
- Implants
- X-Rays
- Deep Cleaning (When Needed)
- Crowns
- Night Guards

CHESSER DENTAL CLINIC
1840 Bell Richard Ave. BLD 2157
Hours: 0740-1630
Lunch: 1130-1230
Sick Call: 0800-1100
Number: 337-531-4872

SHIRA DENTAL CLINIC
7223 Mississippi Ave. BLD 1561
Hours: 0740-1630
Lunch: 1130-1230
Sick Call: 0800-1100
Number: 337-531-2121

DENTAL CLINIC #3
Inside BJACH, 6TH Floor
Hours: 0740-1630
Lunch: 1130-1230
Number: 337-531-3729

POC: SFC Sergio BorreroSanchez /(337) 531-4490 sergio.borrerosanchez.mil@health.mil
Fort Polk Veterinary Clinic

HOURS OF OPERATION: 0800-1600 Monday-Friday, closed Thursdays for training.
LOCATION: 7417 Colorado Ave. Building 665, Fort Polk, LA 71459
PHONE NUMBER: (337)-531-1322/1323

WHAT WE PROVIDE:
- Annual Checkups and Urgent Sick Call Appointments
- In-house Laboratory: Routine Bloodwork, Urine Analysis, Microscopy, and Sample Collection
- Surgical Procedures and Advanced Anesthesia Monitoring
- Radiology (X-Ray, Ultrasound)
- In-house Pharmacy

TIPS FOR KEEPING HEALTHY PETS:
- Schedule an annual visit for each of your pets
- Keep them up to date on recommended vaccines and preventatives
- Follow all installation and housing animal regulations
Main Store Events

Join us for our Costume Fashion Show
Open to all ages.
Most original costume wins a $50 Exchange Gift Card.

Bayou Theater Show Times

Fri 30 Sept 1800 The Invitation
Sat 1 Oct 1500 Encanto*
1800 The Woman King+
Sun 2 Oct 1500 McFarland USA*
1800 Vengeance
Fri 11 Nov 1800 Black Panther

Special showing

*Hispanic Heritage Month
+Newest Release

12 Weeks of Black Friday Deals
CHECK BACK EVERY FRIDAY FOR NEW DEALS!
THROUGH CYBER WEEK IN STORE AND ONLINE

POC: Tammar Tracey traceyt@aafes.com
Construction Update
- All Demo’s and Geothermal upgrades have been completed
- Have completed 289 of 345 exterior home renovations.
- Knight Street construction is 45% completed and should be completed in Mid-November
- Exterior Painting, Fascia and gutter replacements are happening on Harrell, Norris, and Monroe Streets
- Pressure washing on Monroe and Dietz

October Events:
- 20 Oct: Yard of the Month (Halloween Theme)
- 25 Oct: Pumpkin decorating contest
- Popcorn Friday’s at each Community Center
- Participating with MWR’s Halloween events

POC: Kirk Green
MSC

OPS GRP
3-353 REGT
3/10 MTN
32 HC
1-5 AV
46 EN
519 MP
DENTAC
18 Weather SQD
Post CSM
Commander’s Guidance
Woodfill Hall Civilian of the Month

Lorrie Odom

#FortPolkStrong

**Directorate / Staff Section Assigned:**
Administrative Officer to the United States Army Garrison, Fort Polk

**Time in Position / at JRTC and Fort Polk:**
Mrs. Odom has worked as the USAG Administrative Officer since 2018

**Special Accomplishments:**
Mrs. Odom is an exceptional employee and a great ambassador for the US Army and the JRTC and Fort Polk team. She epitomizes “People First” in her diligence to her work and genuine care for the employees at Fort Polk. Her engagement with leaders and employees, as well as her attention to detail, has resulted in the successful execution of numerous awards, certificates, policy updates, memorandums, and personnel actions. In the execution of her duties, Mrs. Odom is pleasant, engaged, and sincerely cares. She mentors peers, superiors, and employees through the myriad of administrative duties with her expertise. She truly enables the Polk machine to stay on track and continue to run smoothly.

**Recommendation:**
Mrs. Odom has loyally dedicated 38 years of service to the Army.
Directorate / Staff Section Assigned:
Assigned to the G-1 Section at JRTC and Fort Polk

Time in Position / at JRTC and Fort Polk:
July 2022 to Present

Special Accomplishments:
• Organized and executed the installation’s CTLT Program
• Organized and executed the installation’s monthly Command and Staff

Recommendation:
SGT Smith is being recommend for the Soldier of the Month due to a hardworking, mature, and productive mentality. SGT Smith performs well above her pay grade and is a valuable asset to the G-1 Section and JRTC and Fort Polk as a whole. The high-level tasks that she performs on a daily basis are executed phenomenally with little to no guidance and minimal to no errors. This, as a result, has an enormous impact on daily operations for the installation. SGT Smith leaves an impact on every Soldier and leader she encounters and is the example of what a professional in the Army is. She has the capacity to lead and operate at the strategic level as she continues to progress through the ranks.
Next

Warrior Information Exchange

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