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- **Additional items that can be essential for those stationed abroad:**

- Passports
- Birth abroad certificates for children born overseas
- Cash in the local currency
- Card with local translations of basic terms
- Electrical current converter

### ***Portable Emergency Kit***

- Take this kit with you when you are ordered to evacuate.
- Place items in a designated area that will be easily accessible in the event of an emergency.
- Make sure every member of your family knows where the kit is.
- If you are required to shelter in place, keep this kit with you.
- Consider adding enough supplies to last two weeks.

### ***Workplace Emergency Kit***

- This kit should be in one container to be kept at your work station in case you must evacuate from work.
- Make sure you have comfortable walking shoes at your work place in case you have to walk long distances.
- This kit should include at least food, water and a first aid kit.
- Make sure you include your family's communications procedure.

### ***Vehicle Emergency Kit***

- In the event that you are stranded while driving, keep this kit in your vehicle at all times.
- This kit should contain at a minimum food, water, a first aid kit, signal flares, jumper cables and seasonal clothing (coats, rain gear).
- Make sure you include your family's communications procedure.

### ***Maintaining Your Kits***

- Routinely evaluate your kits and their relevance to the threats in your area.
- Throw away and replace any expired or damaged medications, food or water.

### ***Where to Find Additional Information***

- Federal Emergency Management Agency (FEMA)—
  - <https://www.ready.gov/build-a-kit>
  - <https://www.ready.gov/kids/build-a-kit>
  - <https://www.ready.gov/kit-storage-locations>
  - <https://www.ready.gov/maintaining-your-kit>
- American Red Cross—
  - [www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready/get-a-kit](http://www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready/get-a-kit)
- Ready Army—[www.ready.army.mil](http://www.ready.army.mil)

**It's up to you. Prepare strong. Get an emergency supply kit with enough supplies for at least three days, make an emergency plan with your family and be informed about what might happen.**

