



Italian soldiers assigned to the 187th Reggimento Paracadutisti (Paratroopers Regiment) walk away from the drop zone during Saber Junction 24 at the Hohenfels Training Area, Joint Multinational Readiness Center (JMRC), Germany, Sep. 4, 2024. Saber Junction is an annual exercise conducted by 7th Army Training Command and JMRC, designed to assess the readiness of U.S. Army units to execute unified land operations in a joint, combined environment, and to promote interoperability with the participating Allied and partner nations. (U.S. Army photo by Sgt. Christian Aquino)

Flight school student helps conduct record-breaking bone marrow



Warrant Officer Stephan Zeller, a flight school student and former enlisted air traffic controller, recently volunteered to help conduct a record-breaking military bone marrow drive at Fort Bliss, Texas. While waiting to begin the advanced track in the CH-47 Chinook helicopter at Fort Novosel, Zeller put his experience conducting registry drives, including when he was previously stationed in Korea, to good use by helping

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Actions speak louder than words



The US Army Aviation Center of Excellence (USAACE) and Fort Novosel held a Quarterly Volunteer Recognition Ceremony on Aug. 27, 2024, at The Landing to honor 32 Soldiers and community members from eight different on post agencies. Fort Novosel volunteers were awarded a certificate and peanut lapel pin for their combined 14,253 volunteer hours and the \$477,324.59 that their efforts saved the installation.

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110 stories to remember



The Fort Novosel Fire Department hosted its 9/11 Memorial Stair Climb Friday Sept. 6 in building 5700, the Soldier Service Center. The firefighters began climbing at 8:46 a.m. and ended at 9:59 a.m. This symbolized the time between the World Trade Center's North Tower being hit and the South Tower collapsing on Sept. 11, 2001, in New York City. Soldiers, Fort Novosel firefighters, and community members participated in the event with the goal to climb the equivalent of 110 stories – the amount New York City firefighters faced on Sept. 11.

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AROUND THE ARMY

[Soldier proud to be part of warrior fitness team](#)

[Louisiana Guard's Cavalry Squadron Hosts Annual Spur Ride](#)

[Saber Junction jumpstarts in German countryside](#)

[Tennessee Guardsmen Help Battle East Tennessee Wildfires](#)

[101st Airborne Division conducts historic air assault mission](#)

[Idaho Guard Helicopter Battalion Deploying to Kosovo](#)

[Employers take flight during "bosslift," open house](#)

988

SUICIDE
& CRISIS
LIFELINE

Monitoring Army Aviators In-Flight: Heart Rate Variability during Extreme Maneuvering



The U.S. Army's Future Vertical Lift program will introduce the next generation of U.S. Army aircraft. The complexities of the newly automated systems will increase speed and range during operational missions. Spatial disorientation has historically been a main concern during flight, often leading to loss of control that can result in death when an aviator succumbs to it. While working with the complex systems, the increase in tasks and operational tempo may result in greater risk...

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USACE and Fort Novosel hosts the Troy University Baseball team Sept. 6, for a team building event called Operation Curve Ball.

What's Happening FORT NOVOSEL?

- SEPT 19 - 21 - WOUNDED WARRIOR FALL HUNT
- SEPT 25 - REMEMBRANCE WALK @ LYSTER
- SEPT 27 - OKTOBERFEST @ THE LANDING
- OCT 8 - LET'S CHALK ABOUT DV
- OCT 12 - 14 - GOLF CLUB CHAMPIONSHIP
- OCT 25 - RETIREE HEALTH FAIR
- OCT 25 - 26 - HAUNTED TRAIL
- OCT 26 - SPOOK-TACULAR 5K
- NOV 15 - TURKEY BOWL

SENSORY GALA

18 OCT 2024
0830-0930

LIMITED SPOTS AVAILABLE

NEW PARENT SUPPORT BUILDING
BUILDING 8946 SEVENTH AVENUE
FORT NOVOSEL, AL 36362

Call 334-255-7237 to Register

AGE 0-12 MONTHS

ARMY COMMUNITY SERVICE ACS
EDIS
JPM

LYSTER HEALTH TALKS

PODCAST

Hosted by
Lyster Army Health Clinic

USACE 8
Podcast

Eight Minutes of Army Aviation
Professional Development

United States Army Aviation Center of Excellence

LISTEN ON DVIDSHUB.NET

FORTENBERRY-COLTON PHYSICAL FITNESS CENTERS

GROUP FITNESS CLASSES

OPEN TO AUTHORIZED PFC PATRONS AND THEIR APPROVED GUESTS

U.S. ARMY
SPORTS • FITNESS • AQUATICS

BORED OF PT? WANT TO DO SOMETHING DIFFERENT? BRING YOUR UNIT TO OUR GROUP FITNESS CLASSES! CLASS IS FREE TO SOLDIERS IN PT UNIFORM FOR REGULARLY SCHEDULED PT CLASSES. INTERESTED IN SCHEDULING A PT CLASS FOR YOUR UNIT? CALL FBC FOR DETAILS.

CLASSES ARE HELD AT FORTENBERRY-COLTON PFC. SCHEDULES CAN BE FOUND AT BOTH PFC AND ONLINE AT NOVOSEL.ARMYMWR.COM OR SCAN THE QR CODE.

\$4 FEE APPLIES TO OTHER PARTICIPANTS.

SCAN TO SEE CLASS SCHEDULE

FORTENBERRY-COLTON PFC SKYCHIEF RD. BLDG. 5900, FITNESS ROOM (334) 255-3794

U.S. ARMY

FITNESS CLASSES
(ALL CLASSES ARE SUBJECT TO CHANGE)

- SPIN
- ZUMBA
- HIPHOP
- YOGA

Illustration of a person on a stationary bike.

2024 DOMESTIC VIOLENCE AWARENESS MONTH

UNITED AGAINST DOMESTIC ABUSE

ARMY COMMUNITY SERVICE ACS

Corvias

DVAM PROCLAMATION
OCT 03 2024 0900-0910
Proclamation signing will be held during October's Leadership Information Networking Connection (LINC) meeting.

LET'S CHALK ABOUT DV
INSTALLATION WIDE
Oct 8 2024 0700-1700
Please join the Fort Novosel community in the annual chalk event to raise awareness about Domestic Violence. Head Outside your home, office or school to create encouraging and supportive chalk art for those impacted by domestic violence.

Family Advocacy Program staff and Fort Novosel Garrison Command Team will be touring the installation on Tuesday, October 8th to get photos and see artists in action! Winners will be announced on Thursday, October 10th.

Share pictures of your art and tag the Fort Novosel ACS Facebook page using the following hashtags:
#DVAM
#UnitedAgainstDA
#FortNovoselDVAM24

HOWL- O-WEEN COSTUME PAWRAD
FORT NOVOSEL SOCCER FIELD ON THE CORNER OF 3RD & GLADIATOR ST.
October 26 2024 1100-1400
Pets are family too! Join us for our annual Halloween pup costume contest event! Dress up your pups or just come out to see the PAWRade! There will be a 1st, 2nd, 3rd place winner, biscuit bar for the pups and a special appearance from Fort Novosel Fire Department and Sparky the dog!

ONGOING ACTIVITIES
OCTOBER 01-31
Awareness tables with DVAM Bags will be set up at the following locations PX, Bldg. 5700, and Center Library while supplies last.

CENTER LIBRARY
Special book totes will be distributed while supplies last while checking out materials at the library.

COMMISSARY
Every Friday during the month of October the Fort Novosel Commissary will be distributing reusable DVAM grocery tote bags. Get yours while supplies last!

SCAN HERE
ON FRIDAY WE WEAR PURPLE!

For more information please call or email
FTNovoselDVAM@outlook.com
Family Advocacy Program 334-255-9636/9644
Domestic Violence Hotline 334-379-7947

OKTOBERFEST FORT NOVOSEL

SEP 27 AT 5:00PM + AT THE LANDING

CARDBOARD BOAT REGATTA

TURN CARDBOARD INTO A SEAWORTHY VESSEL!
Grab a friend and construct a boat out of cardboard to race a thrilling 50 meters against other teams of 2 at the PFC Indoor Pool!

Check in and registration begin at 4pm. Safety Brief at 5:30. Races immediately following. Prizes awarded following the event.
*Pre-registration is available at Fort Novosel PFC

OCT 17 5:30 PM

NEED A PLACE TO BUILD? CENTER LIBRARY HAS SPACE!

FREE CARDBOARD AT THE ARTS AND CRAFTS CENTER! (LIMITED SUPPLIES)

INDOOR POOL
BLDG 4005 ANDREWS AVE
255-265-2246

COMMAND

Maj. Gen. Clair A. Gill
USACE and Fort Novosel Commanding General

Col. John P. Miller
Fort Novosel Garrison Commander

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The PAO staff reserves the right to edit submissions selected for publication. For more information about the "Army Flier," call (334) 255-2551.



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Deadlines for submissions is one week before publication.

