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IN BRIEF

April, 2016

Earth Day
April 28

Celebrate
Military Kids
April 2

Energy Program

Month of the Military Child

Fitness Program

Marshall Mustang Trot



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Command Sgt. Major
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The PoM InBrief is a command-authorized publication for the Monterey military community, published monthly by the Presidio of Monterey Public Affairs Office.

We publish information of interest to all members of our community — including all service members, military families, civilian personnel, & veterans who access services at our installation.

Story ideas and submissions of original material are always welcome - articles, photos and calendar items should be submitted by the 15th of the month prior to the intended month of publication.

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On the cover: The first of NASA's "blue marble" photo series, taken Dec. 7, 1972 by the crew of Apollo 17. The photo also inspired the "Earth Anthem" by Indian poet and diplomat Abhay Kumar - you can read the entire poem on Kumar's website, at www.abhayk.com/p/p.html.

NASA photo, credited to Apollo 17 crew; Eugene Cernan (U.S. Navy captain, retired), Ronald Evans (U.S. Navy captain, retired), and Jack Schmitt.

CONSTRUCTION ALERT! Gate changes, traffic revisions start April 1

MONTEREY, Calif. -- Beginning April 1 at 12:01 a.m. several traffic revisions and gate hour changes go into effect at the Presidio of Monterey.

These temporary changes are required to facilitate relocation of an access control point and other roadway improvements at the Pvt. Bolio Rd. Gate. (See map, above, for temporary gate hours).

Revisions will continue until construction is completed (6-8 weeks, weather permitting).

- For inbound Bolio Gate traffic: No right-hand turn from Lighthouse Ave. To detour, continue on Lighthouse Ave. past Pvt. Bolio Rd. and turn right at Artillery St., then right on Corporal Ewing Rd. and cross lower Presidio to access the gate.
- Traffic will NOT be able to exit PoM using Bolio Gate. Exit at the Infantry St. Gate on lower Presidio to access Pacific St. using Artillery St., or use other gates.
- On weekends, Infantry Gate will be open 24 hours a day for traffic on and off the installation. All other gates will be closed.



Effective April 1:

No right turn off Lighthouse Ave. at Bolio Gate!

Continue on Lighthouse, then turn right at Artillery St. to access Infantry Gate (via Infantry St.) or Bolio Gate (via Corporal Ewing Rd.)





If you're going to be an energy warrior, you need a superpower...

Where others see a light fixture, you see inefficiency.

Where someone else sees ventilation, you see heat escaping.

A trained eye can spot the invisible - the tens of thousands of small decisions, devices, and processes that lead to energy waste.

The Presidio of Monterey "Green Team" have that power...

They're working together around the clock to cut fuel, natural gas, electricity and other energy drains cost money and hurt the environment.

From left: Jay Tulley, DPW energy program manager, with Steve Lang, senior HVAC technician, City of Monterey, and Andreas Baer, mechanical engineer, City of Monterey.

The Green Team

How energy efficiency helps PoM save money, protect the environment



Engineer Andreas Baer, left, and Energy Manager Jay Tulley test a new ventilation system in the kitchen of Combs dining facility. The system turns fans only if sensors indicate it's needed, unlike the manually-operated system it replaced.

*By Catherine Caruso,
Presidio of Monterey Public Affairs Office*

MONTEREY, California -- When the Secretary of the Army presented the service's most recent Energy and Water Management award to Presidio of Monterey leaders, it was official recognition that PoM leads the charge for energy conservation across the Army.

PoM has reduced its energy usage by 21% since 2009, which has saved the Army more than \$5 million over the past five years.

"Some of these old buildings were not built to the standards we have today," Jay Tulley, Presidio of Monterey energy program manager, said. "And yet in some

cases, we've been able to improve on those standards and see even greater effects."

The reason is PoM's focus on new technology that produces energy savings, and how people interact with that technology.

Building maintenance services on PoM are provided by the City of Monterey.

Maintenance workers are very familiar with lighting, heating and cooling needs in buildings they support. But at first, their contract didn't allow workers

to initiate improvements unless the military requested them. DPW modified the contract.

Now, city maintenance workers are now empowered to initiate work orders for "no-cost or low-cost" energy efficiency improvements without waiting to be asked

The authorized upgrades typically pay for themselves within a year, Tulley said.

Maintenance staff have embraced the dual challenges of improving energy efficiency, and saving the Army money.

"It's simple, really. Leaving equipment running all the time wears it down faster. If it doesn't run as much, it doesn't break

as much," Steve Lang, a senior HVAC maintainer for the City of Monterey, said.

City engineers have also adjusted controls in other buildings to reflect changes in usage patterns during the day or week, and changes to weather patterns throughout the year.

Addressing human behavior is also an important part of PoM's the program. That's a harder fix to implement.

In some locations, thermostats are equipped with manual timers, to so users don't leave the heat on after leaving the room. Others have signs that explain how to use them, in simple language: "Make it 2 degrees cooler" or "Press here for two hours of heating."

Space heaters are a drain on any energy efficiency program. Yet, PoM DPW will provide one to any one, in any office on the installation, upon request.

"If they bring in their own space heater, we'll never know about the problem (in that building). But if we provide the space heater, it gives us a chance to look at the systems in that building and make sure they are working," Tulley said.

DoD is seeking ways to reduce energy use by deployed units. Energy requirements also impact the service's ability to support the nation during many kinds of emergencies, such as natural disasters.

PoM's long-term energy plan includes continued electricity use reductions until the garrison is using just 50 percent of its previous total.

Once that goal is reached, solar power could bring net energy use to zero by 2030, Tulley said.

Defend our planet!

PoM Earth Day expo is April 28

Spend your lunch hour celebrating Earth Day with the DPW Environmental Program at Presidio of Monterey! Join us for an information expo and Earth Day celebration 11 a.m.-1 p.m. at the Berlin Wall monument), located in the courtyard behind Mid-PoM Java Cafe).

More than 40 agencies will share information about environmental issues, local recycling and hazardous material disposal, environmentally-friendly product giveaways, and more!

Mid-PoM Java Cafe will be open and food truck vendors will be on site with food and beverages available for purchase.

This event is open to all members of the Presidio of Monterey community.

For more information, contact Tania Leisten, DPW Environmental Division, at (831) 242-4132 or tania.m.leisten.civ@mail.mil.

Did you know?

Both disposable and rechargeable batteries are hazardous waste and can't be disposed of in regular trash cans - but you can recycle them at PoM!

If you live or work on base, collect disposable batteries in sizes AA, AAA, C, D, 9 volt, and Button sizes; and rechargeable NiCad, NiMH, and Lithium Ion batteries (such as those designed for use in laptop computers, cell phones, and other small electronic devices).

Batteries must be collected in an approved battery collection bucket. Buckets are available for on-base organizations at the DPW Hazardous Waste Office.

Drop-off service is available at two locations - the DPW Warehouse (Building 235, PoM) and the Hazardous Waste Office (Building 4495, OMC).

For more info, contact Joelle Lobo, DPW Environmental Division, at (831) 242-7829 or joelle.l.lobo.civ@mail.mil.

Presidio of Monterey Earth Day Fair

APRIL 28, 2016

11am - 1pm

**Berlin Wall Courtyard
(Between Buildings 620 & 619)**

Come celebrate Earth Day with us and enjoy food, music, demonstrations, vendors, giveaways and much more!



Dia del Mundo

地球日

روز زمین

رسمکي ورځ

Araw ng kalikasan

הארץ כדור יום

Dan zaštite okoliša

День Земли

วันรักโลก

La Journée de la Terre

제구의 날

La Giornata della Terra

Hari Bumi

地球の日

يوم الارض

Tag der Umwelt

For more information, please contact
Tania Leisten DPW Environmental
at 831-242-4132 or tania.m.leisten.civ@mail.mil

If it's not raining, we're not training!

PoM community braves elements for Garrison Commander's Fitness Challenge fun run

Photos by Catherine Caruso, Presidio of Monterey Public Affairs



Participants start off on a one, two and three mile fun run and walk to mark the start of the Garrison Commander's Fitness Challenge, March 4 at Soldier Field.



Heavy rain failed to dampen spirits at the Garrison Commander's Fitness Challenge kick-off at Soldier Field, March 4. At top left, participants warm up with Zumba-style aerobics.

Below left, Soldiers run past a three-mile course marker at the kick-off fun run and walk.

The race is on!

Who's leading the pack in the Garrison Fitness Challenge?

The Garrison Commander's Fitness Challenge is underway!

The competition is open to all service members and civilian employees assigned to Presidio of Monterey, contractors who work on the installation, and their families (ages 18 and older).

Get in on the action - form a team of up to ten people, and report weekly activity minutes in each of three categories: walking/running, cycling, and other sports & recreational activities to compete for team recognition and prizes!

Each quarter, the leading team will be named the Garrison Commander's Fitness Challenge Champions and their names will be inscribed on the permanent fitness challenge championship trophy, to be displayed in their work area until the next champions are named.

Check current standings any time on the leaderboard at Price Fitness Center. Ready to take the challenge? Contact Miguel Pablo, DFMWR Sport & Fitness Manager, at (831) 601-3136 or miguel.c.pablo2.naf@mail.mil.

LEADERBOARD

for the week ending March 20

Team Namaste	15,703 weekly activity minutes
Unit 669	13,216 minutes
UMB	5,924 minutes
King Badger	5,704 minutes
Life is Good	4,755 minutes



First Sgt. Caryn Yruegas and Sgt. 1st Class Benny Yruegas, both assigned to the 229th Military Intelligence Bn., enjoy the downhill slope at the end of their run during the Garrison Commander's Fitness Challenge kick-off March 4 at Soldier Field.

Top of the charts!

PoM posts top scores on Performance Triad survey

By Catherine Caruso,
Presidio of Monterey Public Affairs Office

MONTEREY, California -- Congratulations, Presidio of Monterey - you ranked #1 among all Army installations in a service-wide survey of health and fitness-related behaviors.

The Performance Triad, or "P3" – sleep, activity and nutrition – is part of the Army's effort to use the latest sports science to improve Soldier performance in tactical environments.

The Army's 2015 Health of the Force report found PoM service members ranked first among Army installations in behaviors associated with the "Performance Triad." PoM service members ranked first in activity (84.6 of 100 points), first in nutrition (74.6 of 100), and second (71.3 of 100) in sleep behavior.

PoM personnel are part of a pilot project to integrate support for healthy behaviors into every part of their mission.

Master trainers taught "P3 Champions" to advise commanders to look for opportunities to encourage physical activity, healthy eating, and adequate rest and recovery in their units.

"It turned out we were already doing some of the things recommended, like the (Defense Language Institute Foreign Language Center)'s afternoon PT policy," Amanda Braasch, DLIFLC and PoM Health Promotion Officer said.

Unit PT in student companies is performed in the afternoon. The pattern encourages students to both get moving after a long day in the classroom, and to fall asleep earlier – which helps with learning retention, she said.

"Our goal is to train military linguists, and this directly supports our mission," she said.

One area where PoM personnel scored exceptionally well was sleep behaviors. The 2015 Health of the Force report also reported an unusually high rate of diagnosed sleep disorders at the garrison.

"We don't know if it's related, but it could be," Lt. Calvin Schoonover, P3 action officer for the California Medical Detachment (CALMED), said.

As part of the P3 pilot, "our providers now ask 'are you getting enough sleep?' 'Are you eating properly, are you getting the recommended 6-8 servings of vegetables each day.'" he said. "Now we're taking a closer look at the data, to see if we can determine an

impact on behavior, and if we can measure that, is it having an impact on test scores."

Sleep, activity and nutrition are also areas where service member knowledge and behavior can impact physical readiness in the field, Braasch said.

Poor behaviors in these areas are associated with some of the military's top readiness issues: first-term attrition, obesity, musculoskeletal injuries, fatigue, and medical non-deployable status, according to the report.

More than 78,000 active duty Soldiers have a BMI of 30 or above. In all, 36% of active duty Soldiers don't complete their first term of enlistment, with many of those separated for weight control or chronic medical issues.

While PoM did well compared to other installations, there's room for improvement.

No garrison has yet meet the Army's target of a score of 85 or more in every area.

Army-wide, just 15% of military personnel met the P3 target for sleep, 38% for activity, and 13% for nutrition.



This month:

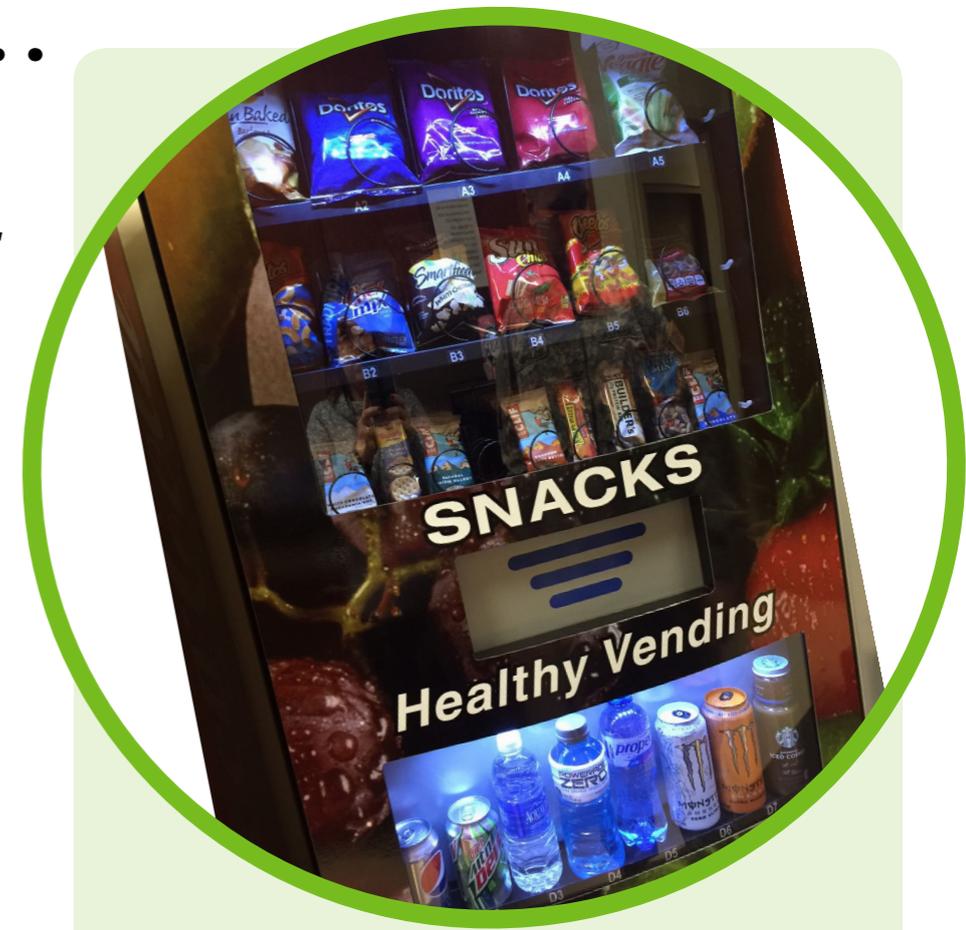
Community Strength and Teams Assessment

Get ready - the 2016 PoM Community Strength and Teams Assessment is coming in April. This annual assessment is part of an Army-wide effort to improve resiliency by taking a holistic look at health and welfare issues in the force.

"We want to know what are our top health needs, top concerns, and what services people use most often," Amanda Brasch, DLIFLC and PoM Health Promotion Officer, said.

For the first time, the survey will be open to representatives from all branches of service at PoM - including service members, adult family members, and community members interested in the health and readiness issues in the military community.

Detailed information and a link to the survey will be shared via official and student email, and by DLIFLC and PoM social media presences, later this month.

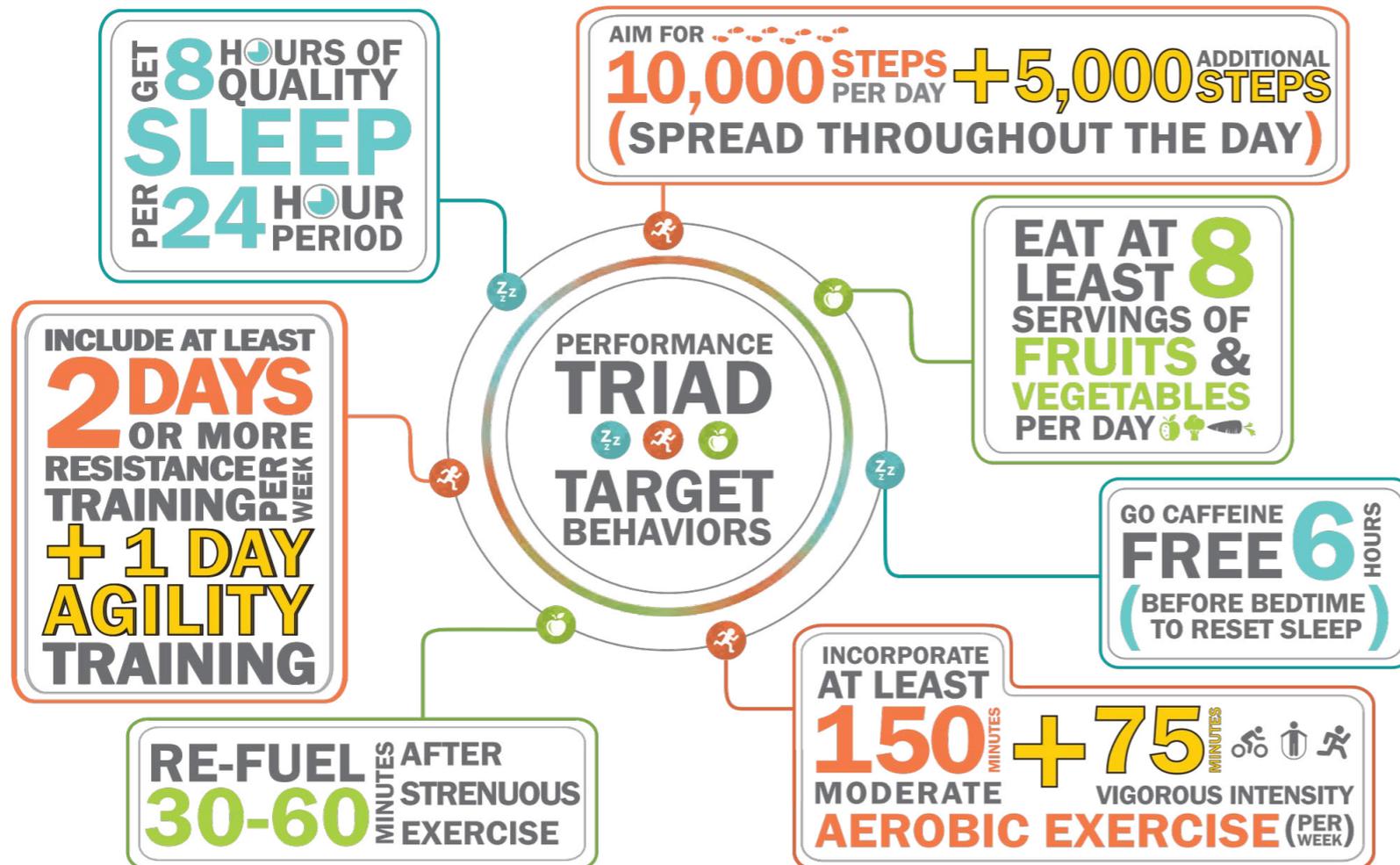


Coming soon: Healthy vending machines!

The same food that fuels your body feeds your mind. Yet sometimes time-pressed students and office workers skip meals, and many rely on vending machines as a result. Usually, they find sugar-packed snacks like candy bars and cookies.

Soon, thanks to a partnership between AAFES and the DLIFLC and PoM Health Promotion office, healthier options will be available from specially-marked vending machines at locations across the installation.

The vending machines will offer food and beverage options. One quarter of the selections will be "fit picks," (less than 35% fat, 10% saturated fat, and 5% sugar). The rest will have less than 230 mg of sodium, and under 200 calories per serving.





Perfect your pull-ups!

Marine's plan builds strength, boosts scores

*By Sgt. Dylan Bowyer,
Defense Media Activity*

MARINE CORPS BASE QUANTICO, Va. -- "I haven't met someone yet who I haven't been able to train to do a pull-up."

Maj. Misty Posey, the plans officer for

Manpower Integration, developed a pull-up training program to help all Marines improve their pull-ups no matter their starting point, and says she has yet to find a Marine she has not been able to help. Posey, who teaches a pull-up class at the James Wesley Marsh Center at

Marine Corps Base Quantico, Virginia, says it does not take a great deal of time to get a Marine from zero pull-ups to many.

"It does not take months and months and months to learn a pull-up; it does not

take a year or two to learn a pull-up. It's nonsense," Posey said.

When Posey was a Midshipman in Navy ROTC, she trained on the obstacle course at Marine Corps Recruit Depot San Diego. The Midshipmen would navigate the course in preparation for Officer Candidate School.

"I'm four feet, 10 inches. I couldn't reach the top of many of the obstacles let alone pull myself over them," she said. "My [physical training] instructor didn't care that I was short. He said, 'Figure it out, Posey.' So I had the need to do a pull-up and I had the expectation to get myself over the obstacles. That's what started me on my pull-up journey."

Posey's class 'on how to learn a pull-up' features four main exercises: partner-assisted, negative, jumping, and partial-range-of-motion pull-ups. Alongside these exercises, Posey explains how to engage certain muscles to help perform a pull-up.

For Marines who can already do pull-ups, she recommends doing a lot of pull-ups several days a week and stopping short of failure.

"If you can't do a pull-up, do pull-up progressions, vertical pull-type exercises on a pull-up bar without any equipment," said Posey. "Ditch the pull-up assist machines and the bands. Not to say they are useless, but they don't train the motor-pattern of the pull-up as well as your own body-weight and gravity. Exercises like ring-rows and push-ups are similar. They help, but the Marine is horizontal instead of vertical. Also, any time you spend on them is time you could spend on a pull-up bar."

The tips might seem overly simple and you might doubt that they work because it seems too easy, but just because a

problem may seem big or impossible it doesn't mean that the solution has to be complex, she said.

Posey's pull-up plan was highlighted during Commandant of the Marine Corps Gen. Robert Neller's most recent town hall event in the National Capital Region, Feb. 12.

Her advice to all Marines, no matter their age, rank or gender is everyone can be

successful at pull-ups.

"If you are struggling with either learning or improving your pull-ups, the main take-away would be that you are stronger than you think," Posey said. "You can absolutely learn to do and improve pull-ups in a relatively short amount of time; you just need the right tools to develop and access your strength."



- **Posey's Complete Pullup Plan**
<http://www.marines.mil/Portals/59/Docs/SecretToPullupsHowToGoFrom0to20.pdf>
- **Pullup Progression Plan**
<http://www.marines.mil/Portals/59/Docs/PullupTrainingGuide.pdf>
- **Starting from Zero**
<http://www.marines.mil/Portals/59/Docs/PullupTrainingProgramNovice.pdf>
- **"The Secret to Pullups" (video)**
<https://www.youtube.com/watch?v=asMtayTpoJo>

Marshall Mustang Trot marks milestone

Students run miles from Monterey Bay to Boston Harbor for 'Just Run' challenge



From left: Nick Morey, Chloe Patterson, and Jaideyn Larson go for a run at Marshall Elementary School March 18. The students are participating in a "Just Run" Challenge to collectively run enough miles to travel a route around the United States before the end of the school year.

Next page: From left, Felicia Alan, Taryn Ryan and Andrew Younan run.



*Story & photos by Catherine Caruso,
Presidio of Monterey Public Affairs Office*

SEASIDE, California -- "Running around the playground" means more than just "running around the playground" for students at Marshall Elementary School on Ord Military Community in Seaside, California.

They're running towards a goal – to collectively run enough miles to cross the United States and back before the end of the school year.

On Fridays, Porter Youth Center staff bring before-school care students to Marshall

Elementary School a little early so the children can join other students running laps around the playground.

That weekly "Marshall Mustang Trot" is a Parent Teacher Association project to introduce children to running as a fun, healthy physical activity. It's sponsored by the Big Sur Marathon association's "Just Run" program.

"Parents will run with their kids, younger siblings run with older ones. Even teachers get out there," Jody Patterson, PTA Healthy Lifestyles Coordinator, said. "It's been great. The kids are really dedicated, they take it very seriously."

They aren't the only ones. It takes a small army of PTA volunteers to run the project, tracking each student's mileage and entering it into a database to measure against the child's individual and school-wide goals.

"We run in circles, and they put notes on our cards so we know how far we ran," Isla Terry, a first-grade student, explained.

Her goal is to run a "real race" someday, just like her mom, Air Force Master Sgt. Karen Jakubczak.

"I want to run one hundred miles," she said.

Collectively, the students' miles are adding up, fast. Student runners marked a major milestone March 4, when Parent Teacher Association volunteers determined the students had reached the halfway-mark on their journey, running enough miles for a route from Monterey Bay to Boston Harbor.

As the young runners get stronger, they're picking up speed – the next week, the students tallied enough miles to run from Boston to Virginia.



Students, such as Isla Terry (pictured here during a March 11 run), carry a punch card to record how many quarter-mile laps they run.



Above, Carmine Juarez runs during the March 11 Marshall Mustang Trot.

At right, Jack Morey (on left) and Rylan Patterson run with fellow schoolchildren at Marshall Elementary School March 11.

The kid's enthusiasm is infectious, and many adults are voicing their support.

"The teachers all say it's amazing how much calmer the kids are during the day," Elaine Vrolyks, PoM's School Liaison Services officer, said.

Garrison commander, Col. Paul Fellingner is also cheering the kids' on. He's visited the kids several times during their training runs to offer advice, and encouragement.

"We challenged him to a race!" Jadon Biles, 10, said. "When we're ready."

"I'm ready," Jack Reinke, 8, said. "I'm made with speed. I'm faster than a 5th grader!"

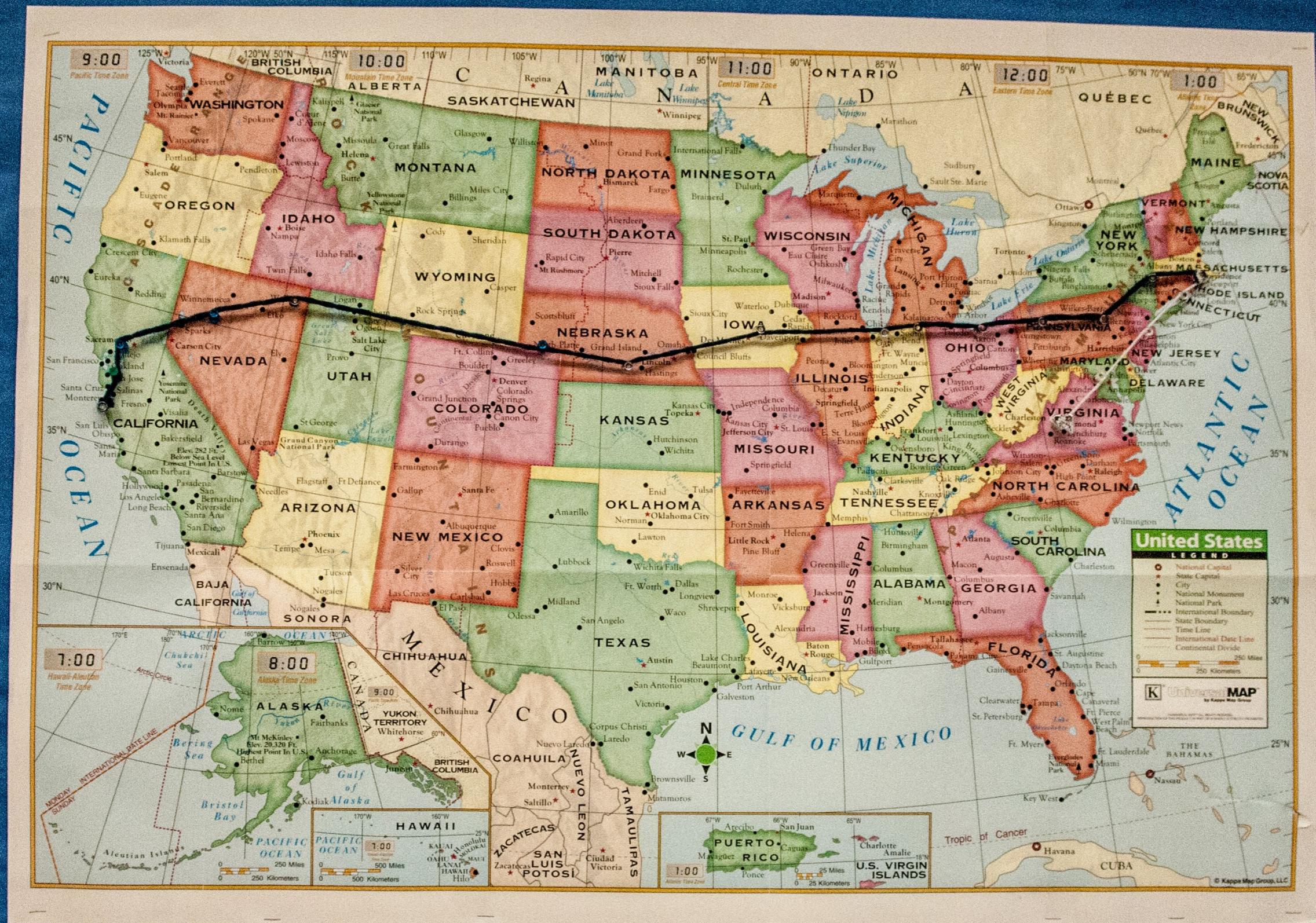
Reinke's mother, Jennifer Reinke, said she's impressed by her son's progress.

"I hope he keeps it up," she said. "Hopefully all the kids at Marshall will be 'back in California' by the end of the school year."

More than 128 Marshall parents and students have signed up to celebrate their progress - and add a few more miles to the tally - at the By the Bay 3K "Crab Crawl" fun run in Pacific Grove April 23.

For more information about "Just Run," visit justrun.org.





This map in Marshall Elementary School cafeteria depicts the number of miles students have collectively run during their Friday morning "Marshall Mustang Trots" since September. On March 4, the students achieved a major milestone - they had collectively run enough miles to travel a route from the school in Seaside, Calif. to Boston. The student's next goal is to run enough collective miles to make the return trip before the end of the school year.

**Celebrating
Military Children**

Their Journeys & Adventures

April 2, 2016
10:00 a.m.–2:00 p.m.
Porter Youth Center
Bldg. 4283 Gen. Jim Moore Blvd.
Ord Military Community

*Child Abuse Awareness &
Community Information Fair*
Face Painting • Bounce Houses
BBQ • Arts & Crafts
Classic Cars & Lots more!

For more info call (831) 242-7197

Celebrate Month of the Military Child!

SEASIDE, Calif. -- The Presidio of Monterey community will celebrate the Month of the Military Child April 2, 10 a.m.-2 p.m. at Porter Youth Center at Ord Military Community.

Join us for a Saturday of child- and parent-friendly fun with our collection of bounce houses, arts & crafts opportunities, face painting and much, much more!

We'll host a classic car show designed to bring out the kid in everyone, and sponsors will provide pizza, plus hot dogs and hamburgers on the grill - free of charge!

During the event, be sure to check out our community information fair. We'll have information about all of the parent support programs available to military families, including prenatal and parenting classes, medical benefits, Exceptional Family Member programs and respite care, toddler play groups, youth sports, child development centers and family child care providers.

April is Child Abuse Prevention month, and this event will have a special focus on child abuse awareness and prevention. Learn how to spot signs of abuse and where to get help if you suspect a child is being abused. ACS will be on site to help assemble identification "kid kits" for families who are interested. Information about Army Community Services support groups and anger management resources will also be available.

This event is open to all children and parents in our military community, including active-duty, reserve components, retirees, employees, and contractors who live or work on Presidio or Ord Military Community, and is hosted by Army Community Services, Child Youth & School Age Services, and Child Abuse Prevention programs.

For more information, call (831) 242-7197 or visit the PoM CYSS Facebook page: [facebook.com/PresidioCYSS/](https://www.facebook.com/PresidioCYSS/).



44 years later, Vietnam pilots get Silver Stars

*Story & photos by Brian Lepley,
Presidio of Monterey Public Affairs Office*

PRESIDIO OF MONTEREY, California -- Two Army Cobra helicopter pilots from the Vietnam War received belated Silver Stars, the military's third highest citation for bravery, in a March 8 ceremony here.

Col. (Ret.) William Reeder Jr. and Chief Warrant Officer 4 (Ret.) Daniel Jones were presented the award by Congressman Sam Farr, California's 20th district, for their efforts on April 14, 1972, attacking enemy troops in dangerous conditions that were about to overrun a South Vietnamese airborne battalion.

Advising that battalion was U.S. Army Maj. John Duffy, the only American on the battlefield. When Duffy found out a few years ago that the pilots hadn't been recognized for their bravery, the now-retired Santa Cruz, California, resident reached out to Farr.

"These two men refueled and rearmed and returned to bring fire upon the advancing North Vietnamese," Duffy remembered at the ceremony. "They were flying those Cobras at the treetops and being fired on from a ridge above, as well as taking on ground fire from small arms and anti-aircraft positions."

The Cobra's barrage enable Duffy and 37 South Vietnamese survivors of the battalion's 437 troops to clear the area. On the run, Duffy called in close air support from the Air Force who warned Duffy and the survivors to get 500 meters away. Less than an hour later the enemy force was buried under the bombing run.

Joining Duffy at the ceremony were two South Vietnamese officers that survived the battle, Lt. Col. Li Van Me and Maj. Hai Phuong Doan. Duffy's efforts during the engagement earned him the Distinguished Service Cross, the military's second highest citation for bravery.



Army's Jazz Ambassadors play to packed house

MONTEREY, Calif. -- When the Army's jazz ensemble swings through Monterey, Monterey takes notice! The U.S. Army Field Band's "Jazz Ambassadors" played to a packed house at the 1250-seat Golden West Theater March 17. Pictured, Staff Sgt. Hamilton Price plays bass with the rest of ensemble's bass trio during the performance.

U.S. Army photo by Steven L. Shepard, Presidio of Monterey Public Affairs Office

Story & photos

www.army.mil/article/164543/Army_Jazz_Ambassadors_play_to_packed_house_in_Monterey/

Listening Room

www.armyfieldband.com/pages/listening/overview.html

Video

www.dvidshub.net/video/454854/jazz-ambassadors-b-roll-monterey-calif-concert

Take 5: Five minutes with Command Sgt. Major Matt Ruan, 229 MI Bn.

Command Sgt. Major Matt Ruan assumed responsibility of the 229th Military Intelligence Battalion during a Feb. 11. ceremony.

Ruan enlisted in 1999 and has served in a variety of military intelligence and leadership positions.

He's Air Assault qualified, is a former drill sergeant, and has a Master's degree in Leadership Studies from the University of Texas at El Paso. He is also a past recipient of the Military Intelligence Corps Knowlton Award.

Q: When did you graduate the US Army Sergeants Major Academy?

A: I graduated from USASMA in June 2015 and 229th Military Intelligence Battalion is my first assignment as a CSM.

Q: Was DLIFLC on your radar as an assignment and if so, why?

A: The 229th was my top choice because I want to shape and influence all future cryptologic linguists early in their careers. This is where it begins for them.

Photo credit: Amber Whittington, DLIFLC Public Affairs Office

Q: What are your goals as CSM for the 229th?

A: My goals are simple -- to make this a better and enjoyable place while accomplishing the Army's and unit's missions, as well as taking care of Soldiers and their family members.

Q: What are your philosophies on leadership and how will you incorporate those into making Soldiers successful?

A: Standard, culture of excellence, and build the team are the basis of my philosophy.

We must understand, execute, and enforce Army and TRADOC standards. There's no second place in combat. Therefore we need to have a winning attitude in everything we do and instill pride into our young Soldiers to foster a winning culture.

We need to build the relationship with our sister units, civilian employees, and organizations outside of 229th MI Battalion in order to synchronize our efforts; to enable the development of proficient and culturally competent Soldier-linguists during their tour of duty at DLIFLC.





AROUND THE SERVICES

Monterey named to inaugural class of 'Great American Defense Communities'

CHARLESTON, S.C. -- The Association of Defense Communities (ADC) designated Monterey as one of 10 cities in its inaugural class of "Great American Defense Communities" for its support to service members and military families.

ADC launched the program this year to acknowledge the unique contributions cities, counties and regions that host installations make to improve quality of life for service members, veterans and their families. Communities were selected for their efforts in areas such as education, job opportunities, housing, family support during deployments and community appreciation.

"All (of the) honorees truly embodied the ideals this initiative was designed to celebrate — making host communities for our nation's military installations 'Great Places to Call Home,'" ADC CEO Tim Ford said.

The Great American Defense Communities for 2016 are:

- Monterey, Calif.
- Colorado Springs, Colo.
- Dayton, Ohio
- Ft. Leonard Wood Region, Mo.
- Goldsboro, N.C.
- Grand Forks, N.D.
- Lawton, Okla.
- Flint Hill Region, Kan.
- Okaloosa County, Fla.
- South Puget Sound, Wash.

Source: Great American Defense Communities staff

Army leaders express concerns about Army Emergency Relief donations decline

WASHINGTON, D.C. -- "Never Leave a Fallen Soldier Behind" is the theme for the 2016 Army Emergency fundraising drive, but a letter from the Army's top leaders to troops expresses concerns that's exactly what could happen, citing concerns about the health of the program following a decline in contributions.

The number of Soldiers and employees who made donations to program has dropped 40% during the past two years, according to a tri-signed letter from Sgt. Major of the Army Daniel Dailey, Army Chief of Staff Mark Milley, and Acting Secretary of the Army Patrick Murphy.

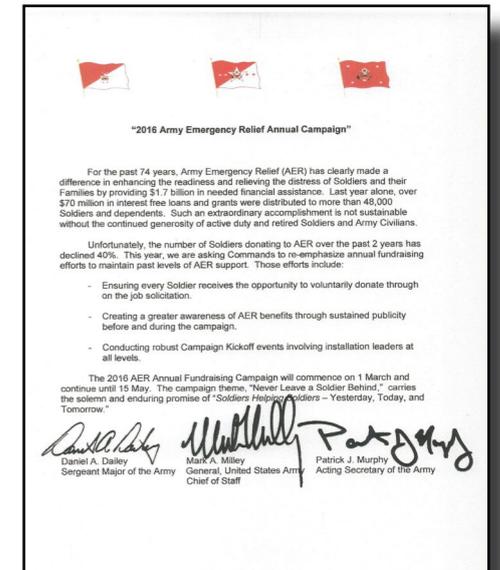
The fund provided \$70 million in interest-free loans and emergency grants to more than 48,000 Soldiers and Army families in 2015, including \$9 million in scholarships for military children and spouses.

"Such an accomplishment is not sustainable without the continued generosity of active duty and retired Soldiers and Army Civilians," the leaders said in their letter.

Commanders at all levels are asked to ensure Soldiers are aware of the AER program and its benefits, and that Soldiers have an opportunity to voluntarily contribute.

To donate, visit aerhq.org.

For information about the Air Force Aid Society, visit afas.org. For Navy-Marine Corps Relief Society information, visit www.nmcrs.org.



Navy Seal presented Medal of Honor for heroism during hostage rescue



At left, President Barack Obama presents the Medal of Honor to Senior Chief Special Warfare Operator (SEAL) Edward C. Byers Jr. Monday, Feb. 29, 2016 at the White House.

Photo credit: Oscar Sosa, U.S. Navy

WASHINGTON, D.C. -- Senior Chief Special Warfare Operator (SEAL) Edward C. Byers Jr. joined the more than 3,460 other Medal of Honor recipients listed in the Pentagon's Hall of Heroes March 1, during an induction ceremony in the Pentagon Auditorium.

One day after receiving the Medal of Honor from President Barack Obama, Byers was honored with a commemorative plaque that will be displayed within the hall.

President Barack Obama presented Byers the medal Feb. 29, during a White House ceremony.

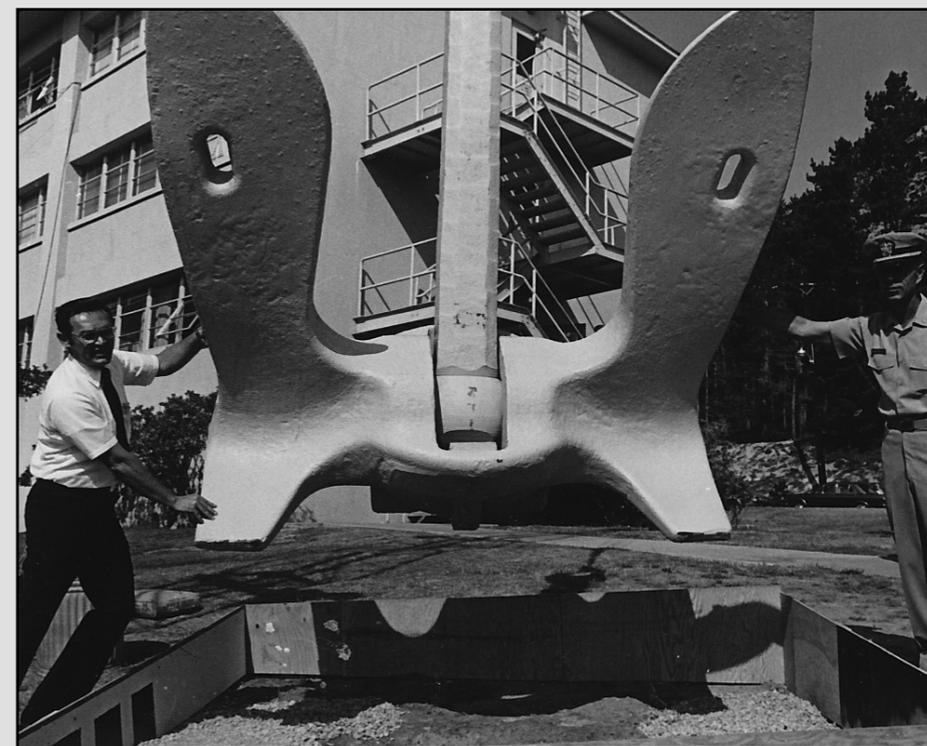
Byers was recognized for his heroic gallantry as an assault team member attached to a Joint Task Force in support of Operation Enduring Freedom Dec. 8, 2012, during the rescue Dr. Dilip Joseph, an American citizen held hostage by the Taliban in a mountainous region in the Qarghah'i District of Laghman Province, Afghanistan.

The Sailor grappled with two Taliban guards, one while locating Joseph and the other while shielding Joseph with his body to protect him from ongoing fire.

"I felt very honored and very humbled because now I'm gonna be a representative for the Navy and the Navy Special Warfare community and there's a weight that that carries with it," Byers said of his feelings when notified he would receive the award. "And that weight is the sacrifice that everybody has made within this community...it's an affirmation of the job that we do and an appreciation for the job that we do."

For more information on Byers and previous Navy Medal of Honor awardees, visit www.navy.mil/moh.

- April Grant, Navy Office of Information



Courtesy photo, Harry Rakfeldt (Lt. U.S. Navy, retired).

MONTEREY, Calif. -- How did a 16,000 lb. anchor find its way to the front of the Navy barracks on Presidio of Monterey... without the Army's knowledge?

"In JAN 1976 I was alerted to an anchor, sitting idly on the beach at NPS. I went to the beach to check it out and was surprised by its large size (I think, 16,000 lbs)! " Lt. Harry Rakfeldt (U.S. Navy, retired) wrote in a recent entry for "Station Hypo," a naval cryptography blog. "We began formulating a plan..."

Find the rest of the story at stationhypo.com. Or, read all about it in the upcoming Spring/Summer 2016 edition of DLIFLC's "Globe."

AIR FORCE: Name this plane!

WASHINGTON -- The Secretary of the Air Force wants the force to supply a name for the recently unveiled B-21 Long Range Strike Bomber.

The aircraft was revealed during the the Air Force Association's Air Warfare Symposium Feb. 26 in Orlando, Fla.

"This aircraft represents the future for our Airmen, and (their) voice is important to this process," Air Force Secretary Deborah Lee James said. "The Airman who submits the selected name will help me announce it at the (Air Force Association) conference this fall."

The program recently entered into the Engineering and Manufacturing Development phase and the Air Force plans to field the initial capability of the aircraft in mid-2020s.

Current and former Airmen and Air Force families, employees and retirees are invited to submit ideas online

To submit suggestions, visit:

www.afgsc.af.mil/Library/NametheB-21Bomber/NametheB-21SubmissionForm.aspx.



(U.S. Air Force illustration)

Army Emergency Relief scholarships

Army Emergency Relief is accepting applications for two Army dependent scholarship programs now through May 1.

Army spouses who are or will be attending school may be eligible to apply for the Spouse Scholarship program. Military children may be eligible for the Maj. Gen. James Ursano scholarship. Award amounts ranged from \$500-\$3300 for the 2015-2016 academic year.

Most applicants will need to provide transcripts (through Fall, 2015), the Student Aid Report from their completed Free Application for Federal Student Aid (FAFSA), and Soldier's Leave and Earnings Statement (LES). Info: aerhq.org.

Navy-Marine Civil Relief scholarships

The Navy-Marine Civil Relief Society is accepting applications for needs-based grants and interest-free loans to pay qualifying education expenses for children and spouses of active-duty and retired Sailors and Marines.

Funds can be used for tuition, books, fees, room and board. Interest-free loans must be repaid via military payroll allotment within 24 months. Recipients agree to maintain a 2.7 or higher grade point average (GPA) while receiving assistance.

Applicants must include official transcripts (through Dec. 2015 for high school students, Fall 2015 semester for college applicants), and the Student Aid Report from their most recent FAFSA. Completed applications for the 2016-2017 academic year are due May 1. For details, visit nmcrs.org.

Gold Star families invited to apply for 'Heroes Legacy' scholarships

The Heroes' Legacy Scholarship program is accepting applications from surviving children (under age 23) of service members who became disabled or died while on active duty.

This program is administered by the Fisher House foundation. For information, visit militaryscholar.org.

IMCOM employees can apply early for overseas assignments

SAN ANTONIO, Texas -- Installation Management Command's Voluntary Placement Program gives first consideration to garrison employees wishing to move overseas.

Permanent IMCOM employees in grades GS-09 and above, or a wage grade equivalent, and who are not non-appropriated fund employees (see note) can apply for reassignment to overseas positions within IMCOM before those jobs are opened to broader competition via USAJobs.gov.

The program was created to allow current employees greater opportunities to volunteer for career-broadening assignments.

The command will update overseas opportunities weekly on an internal, Army Knowledge Online (AKO) portal, at: www.us.army.mil/suite/page/697591.

Qualifying employees stationed in the continental U.S. can apply for up to one overseas opportunity each week. Positions must be at their current (or a lower) grade.

Hiring managers will have an opportunity to review these internal applications before advertising the vacancy, and can conduct interviews. They may choose to make an offer to an internal applicant, or to compete the position to a larger population.

HQ IMCOM G1 will provide applicants updates to their application status via AKO.

Questions? Email usarmy.jbsa.imcom-hq.mbx.voluntary-placement-program@mail.mil.

Note: This overseas reassignment opportunity is not open to non-appropriated funds employees. NAF employees should contact their human resources office for information about NAF overseas programs.



The IMCOM Voluntary Placement Program enhances careers broadening opportunities and incentives for employees to remain within IMCOM.

U.S. Army photo.

CENTCOM seeks DoD civilians for Civilian Expeditionary Workforce

MACDILL AFB -- U.S. Central Command (USCENTCOM) is seeking current, permanent DoD employees with strong technical skills, competencies, and abilities with the desire to deploy as part of the Civilian Expeditionary Workforce (CEW).

CENTCOM provides employees the opportunity to serve alongside military, allies, and coalition partners to provide a stabilizing presence, build security and conduct humanitarian assistance

operations across the USCENTCOM Area of responsibility.

Civilian deployments provide long-term advantages to your organization by increasing the strategic and operational experience within their work force, developing a pipeline of talent with operational experience to meet the future needs of the DoD.

Beyond personal and professional growth opportunities associated with deployment,

you may be eligible for financial incentives, including up to 35% post differential pay; hazardous duty pay; and overtime compensation. Entitlements vary by location and length of tour.

For additional more information about USCENTCOM deployment opportunities and details about how to apply, visit cew.centcom.mil/Landing/Default.aspx or email: centcom.macdill.centcom-hq.mbx.ccj3-f-cew@mail.mil.

Staff Profile:

Chaplain (LTC) Alan Savage, garrison chaplain



Chaplain (Lt. Col.) Alan Savage has been in the Army for 32 years, and he spent the first 14 as an enlisted infantryman. When he later entered the ministry (as a non-denominational Protestant minister), it was with the express goal of being a military chaplain.

"I wanted to be a chaplain Soldiers could talk to. Someone who could minister, but not be such an officer that they couldn't relate to the Soldiers," he said "We call it being a 'muddy boots' chaplain, and that's what I like to personify."

For the last 18 years, he's done exactly that – deploying as brigade chaplain with the 10th Mountain Division to Iraq, and with ARCENT to Jordan. More recently, he served in Washington D.C. with the Office of the Chief of Chaplains, with which he and his wife produced a series of videos about her battle with cancer.

Q. What are your immediate plans for PoM's Religious Support Office?

A. "We've got a great community of military retirees here who are active in our congregations, but I'd like to expand our programs for younger service members," Savage said. "We'll also be offering a lot of couple's retreats, marriage seminars, that are not just open to service members but to the entire installation community," he said.

The RSO will partner with Army Community Services to offer two marriage-enrichment seminars in June – "Laugh Your Way to a Better Marriage" and "Seven Habits for Successful Marriages." A program on "Soulmate Intimacy" is also in the works.

"And we'll be looking for volunteers for Vacation Bible School later this summer," Savage said.

Q. Even though this is a small post, you're supporting a diverse community.

A. "We provide a lot of administrative support (to all faith communities on post). We have a really experienced, seasoned staff, which makes the worship services and other things possible," he said.

The Religious Support Office supports all of the PoM and OMC services, including faith-leader led meetings for congregations that don't have a local chaplain from their denomination.

Chaplains also lead services in the faith they are ordained in – currently, both the PoM and OMC chapels offer Catholic and Protestant services, Savage said.

Q. How does your personal faith inform your work to support the spiritual life of all service members?

A. "I'm a non-denominational Protestant, so, I think I'm pretty liberal - theologically, speaking," Savage said. "I like the philosophical approach."

Besides leading worship services, Savage hopes to offer a study group in natural theology (a type of theology that provides arguments for the existence of God based on reason and nature), he said.

"I call it 'The Atheist's Theological Study - it's kind of a play on words. I offered it during a previous assignment, and it really took off," he said.

Q. Do you have any long-term goals as installation chaplain?

A. "We've developed a mantra for the RSO, 'We make ministry happen.' Our vision is to make the PoM religious support ministry the best in the entire Army."

Photo: Chaplain Savage, at work.

Background photo: Challenge coins collected during his time in service, displayed in his office at the OMC Chapel.

PoM & OMC Chapel Schedules

Spring/Summer 2016

Sunday

- 9:30 a.m. **Catholic CCD** (Preschool-8th Grade) & RCIC classes, OMC Chapel
- 9:00 a.m. **Protestant Service**, OMC Chapel
"Children's Church" at 9:20 a.m.
Communion on 1st Sun. of every month.
- 9 a.m. **Catholic Mass**, PoM Chapel
Reconciliation before mass, 8:15-8:45 a.m.
- 11:00 a.m. **Contemporary Protestant Service**, PoM Chapel
"Children's Church" & nursery provided.
Fellowship time & refreshments after.
- 11 a.m. **Catholic Mass**, OMC Chapel
Reconciliation is offered after mass
(see priest or parish coordinator)
- 2-3 p.m. **Latter-Day Saints service**, PoM Chapel
POCs: Patras Bukhari: (831) 242-4085;
Sgt. Peter Brown: (831) 242-5624
- 7:30am **Protestant prayer breakfast**, OMC Chapel
On 2nd Sun. of the month, only.

Monday

- noon **Catholic Mass**, OMC Chapel
Reconciliation after mass, upon request.

Tuesday

- 9:15 a.m. **Protestant Women of the Chapel (PWOC)** Bible Study & Fellowship, OMC Chapel
- noon **Catholic Mass**, Bldg 634, Room 6 (PoM)
- 5 p.m. **RCIA classes (Catholic)**, OMC Chapel

Wednesday

- 9:30 a.m. **Catholic Women of the Chapel (CWOC)** Book Club, OMC Chapel
Conference Room
- 11 a.m. **Russian Bible Study (Protestant)** Building 324 (PoM)
- 11 a.m. **Pro-Life Devotion (Catholic)**, OMC Chapel
- noon **Arabic Bible Study (Protestant)**, Building 620 (PoM)
- noon **Catholic Mass**, OMC Chapel.
Blessed Sacrament Chapel adoration after mass on the 1st Wed. of the month.
Reconciliation after mass, upon request
- 5:30 p.m. **Family Program & Dinner (Protestant)**, OMC Chapel
- 6 p.m. **Adult Bible Studies (Protestant)**, OMC Chapel
- 6 p.m. **AWANA Youth Program (Protestant)**, OMC Chapel
- 6 p.m. **Catholic Adult Religious Education/CCD**, OMC Chapel

Thursday

- 11 p.m. **Pro-Life Devotion (Catholic)**, OMC Chapel
- 11 p.m. **Chinese Bible Study (Protestant)**, Bldg 324 (PoM)
- noon **Catholic Mass**, Bldg 634, Room 6 (PoM)
- noon **Christian Faculty and Staff Assoc. (CFSA) luncheon (Protestant)**, Building 324 (PoM).
3rd Thursday of the month.

Friday

- noon **Islamic Prayer Service**, Bldg 324 (PoM Chapel Annex - top floor).
POC: Dr. Yahia Masri: (831) 242-4066
- noon **Urdu Bible Study (Protestant)**, Building 607, Rm 132 (PoM)
- 6 p.m. **"Connection" Bible Study (Protestant)**, Building 324 (PoM)

SPECIAL SECTION

Sexual Assault and Prevention Awareness Month



Sexual assault is a serious issue on military bases and college campuses across our country.

The statistics are sobering. As many as one in six American women and one in 33 American men have experienced a sexual assault.

In April, the Presidio of Monterey will observe Sexual Assault Awareness and Prevention Month with events organized by our SHARP (Sexual Harassment, Assault, and Rape Prevention) program.

These events are offered to raise awareness in our community, providing information about assault prevention and reporting while showing support for survivors or sexual violence.

All members of the PoM community are invited to join us at these events and take a stand against sexual assault.

Sexual Assault: 24/7 Help

Army & DLIFLC/PoM: (831) 915-2351

Air Force: (831) 261-2895

Navy: (831) 760-2329

Marines: (831) 760-0340

DoD Helpline: (877) 995-5247.

For more help, visit SafeHelpline.org

March 31

Join the PoM community to start off Sexual Assault Awareness & Prevention Month with a Teal Ribbon -tying contest, March 31 from 4-5 p.m. at Soldier Field.

Gather your team and see who can tie the most teal ribbons – this contest is open to all service members, with prizes for the top three teams.

Mondays

Chalk Walk for sexual assault awareness on Mondays in April. Meet up at a scheduled location to chalk your message that our community won't tolerate sexual violence. Walks are April 4, 11 a.m.-1 p.m., Bellas & Combs dining facilities; April 11, 11 a.m.-1p.m., Oasis; April 18, 11 a.m.-1p.m., PoM Exchange; April 25, 5-6 p.m., Price Fitness Center.



2016 SAAPM KICK OFF
Teal Ribbon Tying Challenge

Soldier Field • March 31, 2016 • 1600-1700
Join us as we kick off April's Sexual Assault Awareness Prevention Month. Get your team together and compete to see who can tie the most teal ribbons around the Presidio of Monterey.

This contest is open to all Service Members. Prizes for the top three teams!

"Eliminate Sexual Assault: Know your Part. Do your Part"

Sexual Assault 24/7 Helpline
Army: DLIFLC/POM 831-915-2351 • Air Force: 831-261-2895
Navy: 831-760-2329 • Marines: 831-760-0340
DoD: 877-995-5247



Chalk Walk

Join us for a Chalk Walk every Monday in April for for Sexual Assault Awareness.

DATES AND LOCATIONS:
April 4, 2016 1100-1300:
Bellas & Combs DFACS
April 11, 2016 1100-1300:
Oasis
April 18, 2016 1100-1300:
PX (POM)
April 25, 2016 1700-1800:
Price Fitness Center



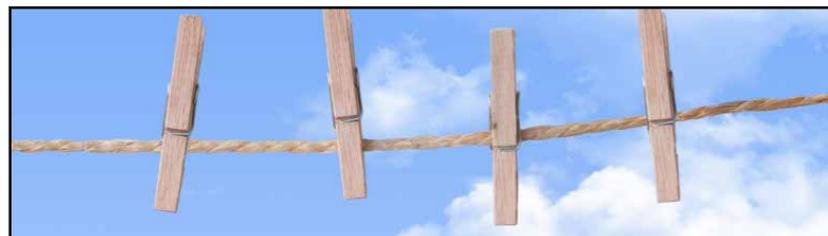
"Eliminate Sexual Assault: Know your Part. Do your Part"

Sexual Assault and Prevention Awareness Month

April 13

Decorate a T-shirt to display the visible and invisible impact of sexual violence as part of The Clothesline Project April 13, 9 a.m. – 5 p.m. at The Tin Barn.

Shirts will be displayed at the Presidio of Monterey to raise awareness during the remainder of Sexual Assault Awareness Prevention Month.



The Clothesline Project

The Clothesline Project was originally started in Cape Cod, Massachusetts in 1990 to give survivors of sexual violence an opportunity to share about how the taboo topic of sexual violence affected their life. The goal was to create a visual "in your face" display of the effects of sexual violence.

Since then, it has expanded to become a way for anyone to share a message about the impact of sexual violence and why it is important to support survivors and end sexual violence. Participants will decorate a shirt with whatever message or image they choose and shirts will be displayed as awareness art for the remainder of Sexual Assault Awareness and Prevention Month.

The Tin Barn
0900-1700 • April 13, 2016



"Eliminate Sexual Assault: Know your Part. Do your Part"

Sexual Assault 24/7 Helpline
Army: DLIFLC/POM 831-915-2351 • Air Force: 831-261-2895
Navy: 831-760-2329 • Marines: 831-760-0340
DoD: 877-995-5247

Visit SafeHelpline.org • Download the **DLI We Care App**
Text Help Message: 55-247



April 27

Wear jeans to work or school on Denim Day, April 27. The casual clothing campaign reminds others that sexual assaults are about coercion and control – they are not the victims' fault.

Choices made by perpetrators, not victims, are to blame for an assault; clothing choices are not an excuse for committing a crime.



DENIM DAY

BECAUSE CLOTHING IS NEVER AN EXCUSE

1 in 6
American women and
1 in 33
American men have
experienced an attempted
or complete rape.
(RAINN)

Sexual assault is a form of abuse that involves one or more people forcing, coercing, and/or manipulating another person in order to gain sexual contact. It is a violent crime that involves power, aggression and control.

Every **2 minutes**
someone in the US is
sexually assaulted.
(RAINN)

Rape and sexual assault are
never the victim/survivors fault.
(SCADVASSA)

Wear Jeans on April 27, 2016

Show your opposition against sexual violence and stand up to the misconceptions that surround sexual assault.

"Eliminate Sexual Assault: Know your Part. Do your Part"

Sexual Assault 24/7 Helpline
Army: DLIFLC/POM 831-915-2351
Air Force: 831-261-2895 • Navy: 831-760-2329
Marines: 831-760-0340 • DoD: 877-995-5247

Visit SafeHelpline.org
Download the **DLI We Care App**
Text Help Message: 55-247



April 29

Color Run: Teal is the official color of sexual assault awareness. We'll bring Sexual Assault Awareness and Prevention to a colorful close with a fun run April 29 at Soldier Field.

Show time is 3:30 p.m., start time 4 p.m. Wear a white T-shirt, and see the transformation as you race through plumes of colored chalk along the route.



SAAPM
Color Run

29 April 2016
Show time: 1530 hrs
Start time: 1600 hrs

Join your **DLIFLC & POM SHARP/SAPR** programs as we bring Sexual Assault Awareness and Prevention Month (SAAPM) to a close in colorful style!

"Eliminate Sexual Assault: Know your Part. Do your Part"

Sexual Assault 24/7 Helpline
Army: DLIFLC/POM 831-915-2351 • Air Force: 831-261-2895
Navy: 831-760-2329 • Marines: 831-760-0340
DoD: 877-995-5247

Visit SafeHelpline.org
Download the **DLI We Care App**
Text Help Message: 55-247





COMMUNITY CALENDAR

DLIFLC Hall of Fame

DLIFLC is accepting nominations for its 2016 Hall of Fame class, now through June 1. The HoF honors those who have contributed significantly to language training or language usage within the Department of Defense. Nominees can be anyone who has made a lasting contribution to language training or linguist operations in DoD. To submit a nomination, visit dliflc.edu/about/hall-of-fame.

March 31

Teal Ribbon-tying contest

Join the PoM community to start off Sexual Assault Awareness & Prevention Month with a Teal Ribbon-tying contest, 4-5 p.m. at Soldier Field. *See special section, beginning on page 28.*

April 1

First Friday!

Staff and cadre - The Weckerling Center bar opens the first Friday of every month from 4:30-6:30 p.m. for permanent party service members and civilian employees, only.

Students & guests - Enjoy dancing, karaoke, and open mic at Hobson Recreation Center on the first Friday of every month, 8 p.m.-close. Java Café bar opens 8-10 p.m. for ages 21 and over, only.

April 2

Celebrate Military Children

Join us for Month of the Military Child celebration April 2, 10 a.m.-2 p.m. at Porter Youth Center; Building 4283; Gen. Jim Moore Blvd., OMC). *See page 18 for details.*

April 2

Kayaking on the Bay

Kayak Monterey Bay, April 2 from 9 a.m.-12:30 p.m. Kayaks and life-jackets provided. Cost is \$35 per person.

Register at the Outdoor Recreation office; Bldg. #228-Lewis Hall (242 Ft. Mervine Place, PoM) or call (831) 242-5506.

April 2

Pilates in the Park

Pilates and mat class demonstrations at Lower Presidio Historic Park, 11:30-1:30 p.m. Bring a mat if you'd like to participate, or towel or chair to watch the demos.

Live music performed by bagpiper Michel d'Avenas.

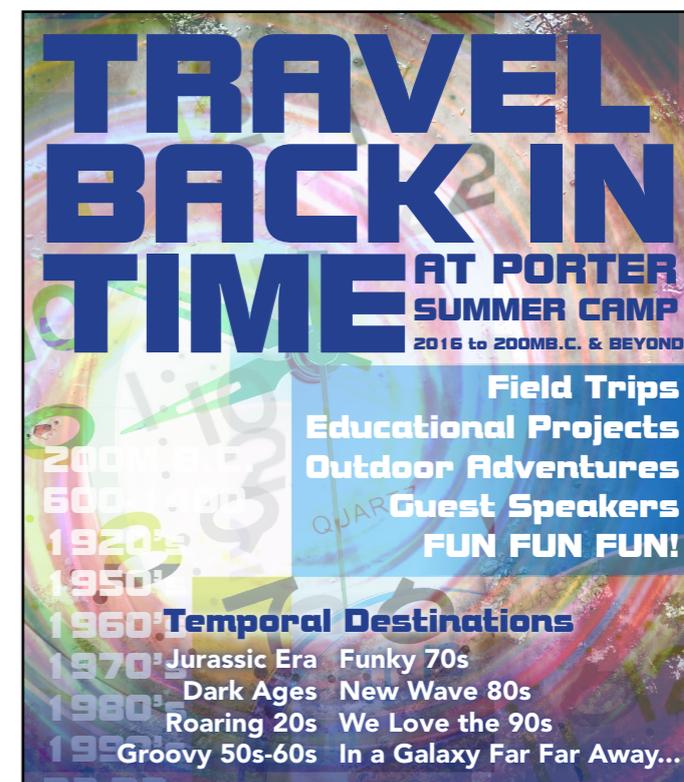
Lunch will be available to purchase from a local food truck vendor.

April 4

Summer Camp sign-ups

Travel back in time at Porter Summer Camp! Registration opens April 4 for summer camp sessions at Porter Youth center. This year's theme is time travel, "2016 to 200MB.C. & beyond."

Registration is required. For more information or to RSVP, call (831) 242-7823 or visit webtrac.mwr.army.mil.



April 4

Chalk Walk

Chalk Walk for sexual assault awareness. 11 a.m.-1 p.m., Bellas & Combs dining facilities. *See page 38.*

April 5 & 7

Army Ball General Auditions

Soldiers - the organizing committee is looking for the service's top talent to provide entertainment at this year's local Army Ball.

All Army personnel are invited to audition - bring the performance, song, or skit you'd like to perform at the ball to Hobson Recreation Center, at 6 p.m., April 5 or 7. (If recorded music is required, bring the music and a device to play it on).

(National anthem & make-up auditions will be conducted April 12 & 14).

April 8

Youth Track & Field sign-ups

The deadline to register for CYSS spring track & field is April 8! Open to children ages 5-13 (14 for eighth grade & younger). Cost is \$55 for the first child, and 15% off for each additional child. Practice: April 11-June 3.

Local meets will be in May and June. Children ages 9-14 may qualify to compete at the Hershey Track & Field No. California Finals.

Children of coaches register free of charge! Contact CYSS early to allow time for training and background checks - call (831) 242-7809.

April 9

San Francisco sightseeing

Explore San Francisco with MWR! This month, we'll visit the California Academy of Sciences and Japanese Tea Garden. Visit includes the academy aquarium, planetarium, and natural history museum, and the Japanese-style tea garden at Golden Gate Park.

Cost includes transportation and tickets: \$65 for adults, (discounts for teens, youth and seniors; children ages 3 & under: free).

Register at the Outdoor Recreation office; Bldg. #228-Lewis Hall (242 Ft. Mervine Place, PoM). For more information, call (831) 242-5506 or -6970, or email info@pom-odr.com.

April 9 & 23

Financial Readiness training

Spring is a great time to get things in order -ACS financial readiness training can help you make informed decisions about future debt, retirement savings, estate planning and more. Attend either class, April 9 or 23; 8:30 a.m.-12:20 p.m. at the Tin Barn (PoM). Service members in an initial entry training status and their spouses are especially encouraged to attend. To register, call (831) 242-5501 or email clifford.o.thornburg.civ@mail.mil.

April 11

Chalk Walk

Chalk Walk for sexual assault awareness. 11 a.m.-1p.m., Oasis. This is a Sexual Assault Awareness & Prevention Month event. *See page 38 for details.*

April 12

Housing residents' scholarship

Applications for the Michaels Organization Educational Foundation scholarship program are due April 12. This program is open to military residents Ord Military Community or the La Mesa military housing community, and their dependents who plan to attend college during the 2016-2017 academic year.

Applications require official transcripts through Fall, 2015 semester, and an essay, portfolio, or videotaped artistic performance.

For more information, contact Taina Perry at the Parks at Monterey Bay property manager's office: tperry@themichaelsorg.com or visit themichaelsorg.com.

April 12

Language Day: deadline to register

High school and college language classes are invited to visit the Defense Language School Foreign Language Center's annual "Language Day" celebration May 13, 10 a.m.-3 p.m. at the Presidio of Monterey.

Language Day is organized and presented by DLIFLC students from every branch of the U.S. Armed Forces; Army, Marines, Navy and Air Force, and the teachers who come from all over the world and bring language, authentic culture and passion to DOD's world-class language school.

Teachers and administrators are asked to register their classes' by April 12, at www.dliflc.edu.

This event is also open to members of the public. For more information, see May 13.

April 13

The Clothesline Project

Decorate a T-shirt to display the visible and invisible impact of sexual violence, April 13, 9 a.m. – 5 p.m. at The Tin Barn. This is a Sexual Assault Awareness & Prevention Month event. *See page 39 for details.*

April 14

Write a winning resume

Prepare for your next career move at the “Writing A Winning Resume” workshop, April 14 from 6-9 p.m. at the ACS Gold Room (General Stilwell Community Center, OMC).

Career coach Mary Jeanne Vincent will show you how to craft a resume that captures the reader, highlights your accomplishments, and helps get you hired.

Registration required. Call (831) 242-7660.

April 14 & 28

BOSS General Meetings

Single service members are invited to attend PoM Better Opportunities for Single Service Members (BOSS) general meetings on the 2nd and 4th Thursday of every month, 4:30-6 p.m. at Hobson Recreation Center.

For more information, contact Pfc. Shantel Phillips at shantel.phillips@dliflc.edu.

April 18

Chalk Walk

Chalk Walk for sexual assault awareness, 11 a.m.-1p.m., PoM Exchange. This is a Sexual Assault Awareness & Prevention Month event. *See page 39 for details.*

April 19

Home School Co-Op

The School Liaison Services (SLS) brings homeschooling families together for enrichment opportunities in arts & crafts, technology exploration, and sports, April 19, 9-11:30 p.m. at Porter Youth Center. Next meeting: May 17., 9-11:30 p.m. For more information, contact SLS at (831)242-6904.

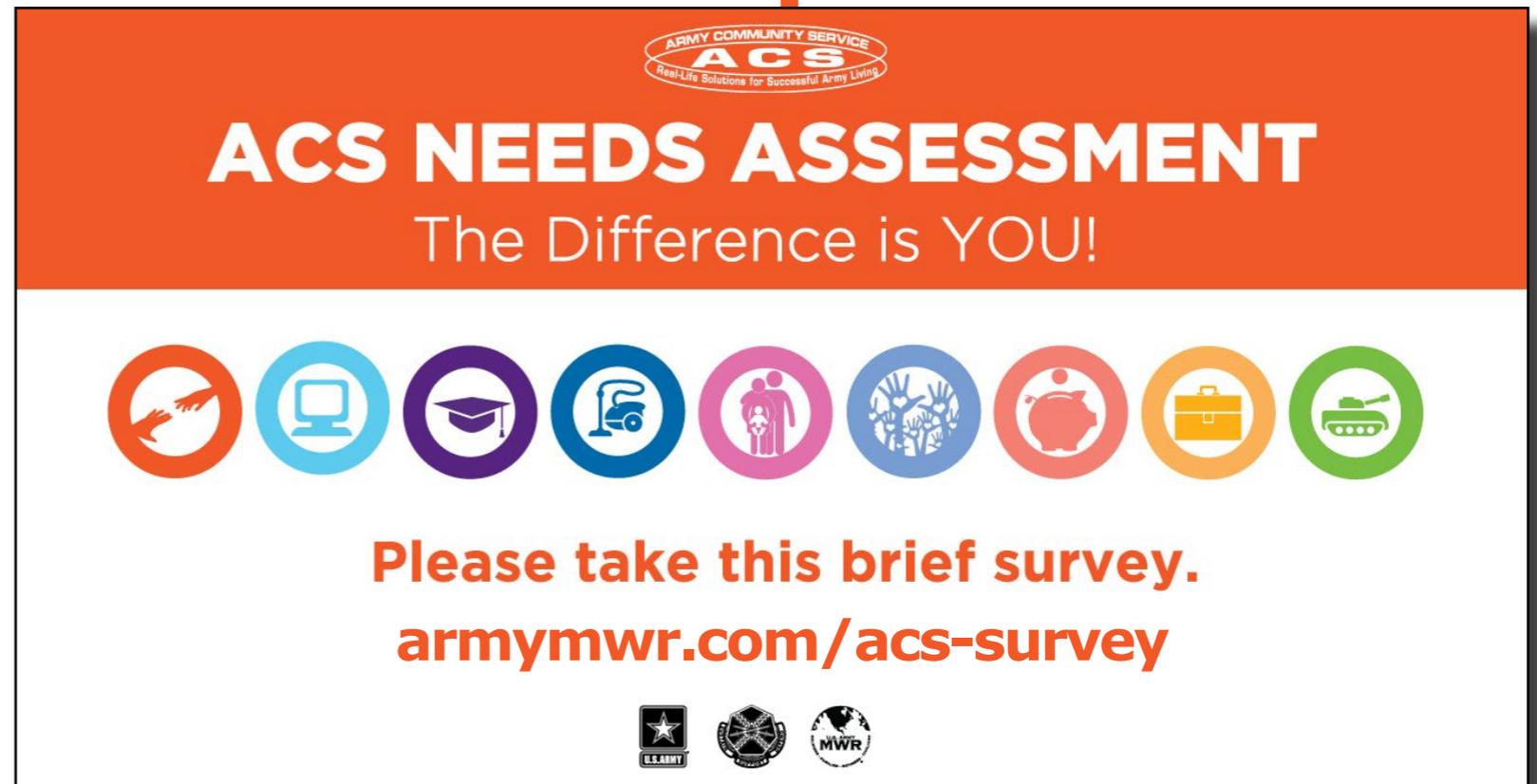
April 18

ACS Needs Assessment

Share your thoughts and help determine the future of community services at PoM!

The Army Community Services Needs Assessment survey is open now mid-April 18 to all members of the military community who live or work within 40 miles of the installation.

Service members and families from all branches of service, including reserve components, Army, Air Force, Navy, Marine Corps and Coast Guard are especially encouraged to participate. Retirees, civilian employees who use services on the installation are also invited to participate, at www.armymwr.com/acs-survey.



The banner features a red header with the ACS logo and the text "ACS NEEDS ASSESSMENT The Difference is YOU!". Below the header is a row of eight colorful icons representing various services: a hand holding a pencil, a computer monitor, a graduation cap, a microscope, a family, a group of hands, a piggy bank, a briefcase, and a tank. The text "Please take this brief survey." and the URL "armymwr.com/acs-survey" are prominently displayed. At the bottom are logos for the U.S. Army and MWR.

April 25

Chalk Walk

Chalk Walk for sexual assault awareness, 5-6 p.m., Price Fitness Center. This is a Sexual Assault Awareness & Prevention Month event. See page 38 for details.

April 27

CPR/AED Certification

The ACS Employment Readiness program offers free cardiopulmonary resuscitation (CPR) and Automated External Defibrillator (AED) training monthly.

The next session is April 27, 9 a.m.-1 p.m. at the Stilwell Community Center (CYSS conference room). Training is conducted by the PoM Fire Dept. Additional dates: May 30, June 27, July 25, Aug. 29, Sept. 26, Oct. 24, and Nov. 28, 2016.

Participants who successfully complete the training will be issued a Basic Life Saver certification card.

Spaces are limited. Registration is required. Child care is available - must be registered with CYSS. For more info or to sign up, call (831) 242-7510.

April 27

Denim Day

Wear jeans to work or school on Denim Day, April 27. The campaign reminds others that sexual assaults are about coercion and control – not the victims' clothes or other personal choices. This is a Sexual Assault Awareness & Prevention Month event See page 39 for details.

April 2-May 21

Breakfast for your brain!

Free tutoring and mentorship in all STEM-A (Science, Technology, Engineering, Math, and the Arts) subjects is available for students in grades K-12 at Dudley Knox Library, Naval Postgraduate School (NSA Monterey) every Saturday, April 2 through May 21.

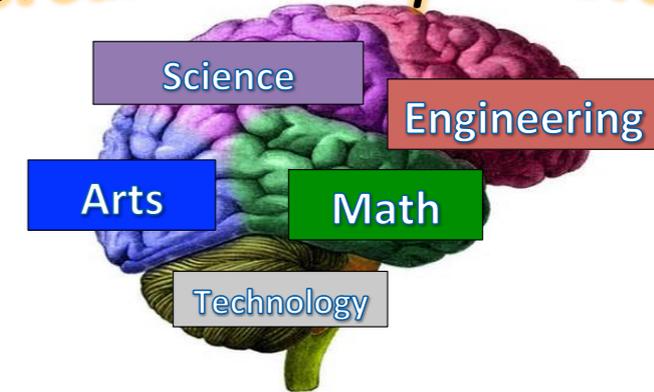
During sessions, NPS faculty will present “Brain Gain,” a 15-minute presentation on STEM (new topic each month).

Contact breakfastforyourbrain@nps.edu with student's grade and subject before 5 p.m. the Wednesday prior to attending.

This opportunity is open to all students in the local community - for installation access information, please email the organizer at the address above.



Breakfast for your Brain



WHAT: **FREE Tutoring** (All Subjects) and Mentorship

FOR: Grades K-12

WHERE: Dudley Knox Library NPS

WHEN: Saturdays 9 -11am

April: **02***, 09, 16, 23, 30

May: **07***, 14, 21

***Brain Gain:** New Program beginning each month

15 minute STEM presentation by NPS Faculty

Contact: BreakfastForYourBrain@nps.edu

With student grade and subject by Wednesday @5pm prior to tutoring session. Fill out 5512 form once and email driver first and last name for gate access

April 28

Earth Day celebration

Spend your lunch hour celebrating Earth Day with the DPW Environmental Program at Presidio of Monterey! Event is 11 a.m.-1 p.m. at the Berlin Wall monument - more than 40 agencies will share information about environmental issues, local recycling and hazardous material disposal, environmentally-friendly product giveaways, and more! Food & beverages will be available for purchase.

See page 10 for more details.

April 29

Color Run

Bring Sexual Assault Awareness and Prevention to a colorful close with a fun run April 29 at Soldier Field Show time is 3:30 p.m., start time 4 p.m. This is a Sexual Assault Awareness & Prevention Month event See page 39 for details.



May 13

Language Day at DLIFLC!

Learning a foreign language opens windows to the world! Celebrate languages and cultures from around the globe at the DLIFLC's Language Day celebration, May 13 from 10 a.m.-3 p.m. Featuring outdoor entertainment, cultural exhibits, classroom demonstrations and lectures. This event is free, and open to the public! (Limited public parking will be provided outside the gate).

Please dress for the weather; bring sunblock, water, and cash for food vendors, and leave large bags and backpacks at home.

Details: www.dliflc.edu.

April 29-31

White Water Rafting

Raft the mighty King's River, a Class 3 river suited to beginner and intermediate white water rafters. Base camp will be at Twin Pines Camp on the Pine Flat Reservoir. Cost: \$179 per person. Registration is required.

To RSVP, visit the Outdoor Recreation office at Bldg. #228-Lewis Hall (242 Ft. Mervine Place, PoM).

Questions? Call (831) 242-5506.

May 11

Spouse Appreciation & Newcomers Fair

The 3rd annual Military Spouse Appreciation Celebration and Newcomer's Fair is May 11, 10 a.m. to 1 p.m. in the Gen. Stilwell Community Center (Building 4260 Gigling Rd., OMC).

On-post organizations- Reserve your table by April 29 to share your info with our military spouse community!

More info: [facebook.com/events/1743604762528398/](https://www.facebook.com/events/1743604762528398/).

May 14

Explore San Francisco Bay

Explore San Francisco's scenic, historical waterfront via a tour on the Blue & Gold Fleet Cruise, and visits to Pier 39 and San Francisco's Fisherman's Wharf. Price: \$60 per person.

Registration is required. For info, stop by the Outdoor Recreation office at Bldg. #228-Lewis Hall (242 Ft. Mervine Place, PoM) or call (831) 242-5506.

PRESIDIO YOUTH SPORTS
KARATE & JUJITSU



Tuesdays & Thursdays 5:30pm - 6:30pm

Porter Youth Center
4283 Gen. Jim Moore Blvd.

\$80 per 3 month session
15% discount for additional children.

Ages 5-18

If you have any questions about the class feel free to contact the instructor
Tyler Owens (831) 241-8795

U.S. Army Child, Youth & School Services

All participants must be registered with Parent Central Services and have a current sports physical to participate in youth sports. Newcomers begin the registration process or enroll online at <https://webtrac.mwr.army.mil/webtrac/presidiocym.html> For more information call Andy or Nicole at 242-7809 or call Parent Central Services at 242-7765

Our club is dedicated in the loving memory of
Professor John Chow-Hoon
March 5, 1927 - July 23, 1988

"You are richer today than you were yesterday if you have laughed often, given something, forgiven even more, made a new friend, made stepping stones out of stumbling blocks, if you have thought more in terms of "thyself" than "myself", or if you have managed to be cheerful even though you were weary." -John Chow-Hoon

Our goal is to pass on the knowledge of our founder to the students by teaching self defense, respect, and discipline while having fun.



Youth Karate & Jujitsu

Develop your child's physical ability and confidence with Karate and Jujitsu classes, Tuesdays & Thursdays from 5:30-6:30 p.m. at Porter Youth Center (4283 Gen. Jim Moore Blvd., OMC).

For children ages 5-18. Cost: \$80 per 3-month session, 15% discount for each additional child.

For more information, contact instructor Tyler Owens at (831) 241-8795.

Registration is required, call (831) 242-7823 or visit webtrac.mwr.army.mil.

Ongoing

New ID Section hours

Customer service hours for the PoM ID card section are now 7:30 a.m.-1 p.m. and 2-4:30 p.m., Monday-Friday (closed federal holidays). The office is located in Building 616, Taylor Hall (412 Rifle Range Rd., PoM).

For ID card services, bring two forms of ID (one must be government issued). Appointments are strongly encouraged. For info and a link to the online RAPIDS appointment system, visit:

www.monterey.army.mil/Human_Resources/id_card.html

Parent Points

Did you know that you can earn Parent Points towards money off of your child care bill? Earn ten Parent Points and get 10% off of one child's bill! There are many ways to earn Parent Points - helping in your child's classroom, donating items, attending parent education classes, and more.

Contact the Monterey Road CDC at (831) 583-1050 or Porter Youth Center at (831) 242-7823 for more information.

Become an FCC provider!

Family Child Care program providers earn an income while working from home, and even while staying home with their own children!

FCC also offers training, support, and funds to help interested military spouses establish their own business providing quality in-home child care.

For more information, call (831) 242-5820 or visit armyfcc.com.

Please note: Per PoM and Army policy, all military housing residents who provide child care for non-family members 10 hours per week or more must be registered as FCC providers.

PRESIDIO OF MONTEREY
Family Child Care Providers Needed

Reasons for being an FCC Provider:

- Maintain a happy home-away-from-home atmosphere for children who can't be with their own parents during the day.
- Create social experiences for your own children
- Earn an income while staying at home with your own children.
- Help service members who worry about having quality, reliable child care.
- Have a business and be your own boss.

For more information call (831) 242-5820 or visit <http://www.armyfcc.com>

*Any individuals caring for other families' children a total of more than 10 hours a week on a regular basis must be licensed to provide care in on-base quarters. Failing to do this may result in loss of housing privileges.



U.S. Army Child, Youth & School Services

U.S. Army Child, Youth & School Services

Your OMC's "one stop free base"



The Defense Language Institute Foreign Language Center volunteer honor guard presents the colors as Master Sgt. Marva Lewis sings the National Anthem during a performance of the U.S. Army Jazz Ambassadors at the Golden West Theater March 17.

U.S. Army photo by Steven L. Shepard, Presidio of Monterey Public Affairs Office