

Airman wins Jefferson Award
DPW protects endangered plants
Zika virus warning
Language Day



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The PoM InBrief is a command-authorized publication for the Monterey military community, published monthly by the Presidio of Monterey Public Affairs Office.

We publish information of interest to all members of our community — including all service members, military families, civilian personnel, & veterans who access services at our installation.

Story ideas and submissions of original material are always welcome - articles, photos and calendar items should be submitted by the 15th of the month prior to the intended month of publication.

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On the cover: Defense Language Institute Foreign Language Center students dance to "El Toro Pinto," a Spanish-language song about bullfighting. The performance was one of many cultural demonstrations performed by students and instructors during the school's Language Day open house May 13 (for full coverage, see page 20). Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

# Grassroots park renovation earns Airman award

Master Sgt. Sonora Vasquez was named a regional Jefferson Award recipient and will represent California's Central Coast at the national ceremony later this month.

Story by Catherine Caruso and photos by Ste ven L. Shepard, Presidio of Monterey PAO

Master Sgt. Sonora Vasquez pushes her son, Jaden Thiede, on a freshly-painted swingset at Verutti Park in San Juan Bautista as Iliana Martin-Candelaria looks on.

JUNE 2016

It was a sunny day, with the smells of spring in the air.

Well, the smell of something was in the air.

"It smelled like a litter box," said Master Sgt. Sonora Vasquez, Mission Support Flight Superintendent for the 517th Training Group.

The Verutti Park Project in San Juan Bautista got its start on the park's playground two years ago, as Vasquez and a childhood friend watched their own children and tried to enjoy a lunch they'd brought along.

Over the winter, animal waste had accumulated in sand that cushioned the ground beneath the equipment. As warmer weather emerged, so did the smell.

"We were daydreaming about how nice it would be - we were giving it a makeover, in our conversation," Gabriela Candelaria said. "I said 'It be great if someone cleaned this up."

Yes, that would be nice, Vasquez remembers thinking. So she figured out a way to make it happen.

When Vasquez first joined the Air Force, she dreamed of returning to her hometown of San Juan Bautista. When the Air Force assigned her to the Presidio of Monterey, she got her chance.

Almost immediately, she wondered if she'd made a mistake.

"It's a small town, and at first I wondered if there was anything here for me, for my family, my kids," she said. "But that's when it clicked for me. If we want anything to be here for us, we need to build it ourselves."

Vasquez started volunteering. As senior vice commander of VFW Post #3659, she helped raise money to replace the roof.



Members of the Vasquez-Gonzalez and Candelaria families gather for a portrait at the Verutti Park playground. Master Sgt. Sonora Vasquez, shown holding her son, Mateo, received a regional Jefferson Award for her efforts managing the project, raising funds, and rallying volunteers.

Encouraged by that success, she asked her Rotary Club chapter to help collect donations towards the playground's renovation. The board agreed.

Like any successful grassroots project, "it grew," Vasquez said.

The project started small. A round of online fundraising brought a few hundred dollars. Community events and organizational grants brought that total up to a few thousand. Then her husband, Ruben Gonzalez, directed a video that raised brought the support of local business owners (*watch it here*).

When Vasquez learned of community grants that could provide more money for the project, she wrote a proposal and brought in \$17,500 in government funds.

"What I didn't know was that when you get a grant like that, you have to go through a competitive bid process – which I'd never done before," she said.

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Master Sgt. Sonora Vazquez and Gabriela Candelaria pose for a photo at a plaque recognizing Lauren Verutti, for whom Verutti Park is named.

Vasquez got a crash course in contracting, and watched the project's costs skyrocket. She asked local businesses to help with logistics, rallied volunteers, and kept supporters informed of the project's progress through Facebook.

"I didn't do it by myself," Vasquez said. "I have these ideas. And, well, this one isn't even my idea. But it's all about working with others."

Through it all, she never lost sight of her own, personal goal – to help make San Juan Bautista a place she and her family could be proud to call home.

"When we did fundraisers, we tried to make them events that people in the community could appreciate," she said. "Whether people invested money, or invested their time ... I spent hours and hours writing thank you notes."

"When she sees something that needs to be done, she's quick to see the steps that have to take place to accomplish it. And she doesn't let anything stop her," Candelaria said.

She credits her friend's leadership with bringing together a community of supporters and volunteers.

"Every step of the way, she validated the effort and time people are putting into the project. Even if it's a small contribution, it's a contribution, and she expresses gratitude for that," Candelaria said. "Her leadership is what made this project successful."

On February 21, Vasquez was finally able to make the announcement a whole community was waiting for.

"Goodbye, kitty litter!" she posted on the Verutti Park Project Facebook page.

In April, KSBW-TV named Vasquez as one of six central coast recipients of the Jefferson Award for public service. Candelaria nominated her for the award, which was presented April 4 at the Steinbeck Center in Salinas.

"It doesn't surprise me she was able to pull something like this together. She has an attitude, 'We're going to pull together and do this as a team,' and that's what she brings to everything, a positive, can-do attitude," said Lt. Col. Donald Brunk, 517th Training Group's deputy commander, who attended the ceremony.

Vasquez and her family recent moved to Monterey, but still consider themselves part of the San Juan Bautista community. She is still a member of the local VFW, and travels weekly to attend Rotary Club meetings and visit friends and family. Her husband



The recently-renovated Verutti Park playground in San Juan Bautista, California.

is a resident artist at El Teatro Campesino and teaches at Gavilan College. And the Vasquez-Gonzalez and Candelaria children still meet up for play dates on the Verutti Park playground.

But these days, they play on freshlypainted equipment and poured-rubber safety surfaces, surrounded by new fences and landscaping.

Fundraising is underway for the project's third and final phase, and the city will soon build bathroom facilities.

"This town is mostly working class people and retirees, there's not a lot of money. We have one park - that's the only park that we have," Candelaria said. "It's a place where people come together, have conversations ... It's where 'community' happens. And she made that possible."

Vasquez will represent the Central Coast at the Jefferson Awards Foundation national ceremony, which takes place in Washington D.C. in June.

The 314th Training Squadron team competes in a drill and ceremony competition at Soldier Field April 19.

# Airmen step up for drill competition

Photos by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

Airmen assigned to the U.S. Air Force 311th and 314th Training Squadrons competed in a drill and ceremony competition April 19 at Soldier Field. The team representing the 314th Training Squadron won the competition. Airmen competing for both units are students attending language training at the Defense Language Institute Foreign Language Center.





Airmen representing the 311th Training Squadron demonstrate their drill and ceremony skills during a competition at Soldier Field April 19.





ENDURANCE

SAM LINDER CHOC

Sanaz Towfighrad, center, a Defense Language Institute Foreign Language Center instructor, crosses the finish line of the Big Sur International Marathon April 24. She finished the race with a chip time of 4:14:33. "She runs every race, we're very proud of her" said Feridon Namdar, a fellow DLIFLC instructor, who waited for Towfighrad at the finish line.

Photo by Catherine Caruso, Presidio of Monterey PAO

Big Sur or bust! Military community takes on scenic marathon

#### By Catherine Caruso, Presidio of Monterey PAO

CARMEL, California – He'd hoped for a finish time that would qualify to run the Boston Marathon, but Hurricane Point was a heartbreaker for Seaman Charles Quick, a Sailor assigned to the Center for Information Dominance Unit at Presidio of Monterey.

Quick was among dozens of militaryaffiliated runners registered for the 2016 Big Sur International Marathon and several shorter races that took place April 24.

Sweeping views along Highway 1, which have given Big Sur its reputation as one of the country's most scenic marathons, worked against runners as stiff ocean winds nearly blew them off the course, dashing hopes of a strong finish for many.

"I try to have a sense of humor about it," Quick said. "I was on Hurricane Ride, yelling: 'Why do they call this Hurricane Point?' The wind was blowing so hard, no one could hear me," he said.

Many military runners who took part in the marathon said part of the art of preparing for a 26.2 mile race is learning to accept setbacks along the way.

"I'll be happy just to finish," said Air Force Staff Sgt. Natalie Walton, an Academic Training Advisor for students assigned to the 319th Training Squadron.

Walton ran the Big Sur marathon on a whim while studying Chinese at the Defense Language Institute Foreign Language Center in 2008, without much prior training.

"I thought it was really pretty, and really long. But I said, 'if I do another marathon, I'll do this one," she said.



Air Force StaffSgt. Natalie Walton runs the Monterey Recreational Trail as preparation for the Big Sur International Marathon. Photo by Steven L. Shepard, Presidio of Monterey PAO

Several years and three children later, she laced up sneakers on feet that had suffered from bone spurs and plantar fasciitis in recent weeks, just five months after giving birth to her youngest child.

Walters routinely runs half-marathons, triathlons, and perform daily functional fitness workouts to stay fit. But she said marathons are a distance she runs to finish, not to win.

"I'm mostly competitive, just with myself. I want to be better than I was yesterday," she said. She advised first-time marathoners to listen to their body, and take setbacks in stride.

"I'd like to beat my last time," she said. "It would be fun to beat it, but the goal it's really just something to keep me focused.

"You don't give up. You get up the next day, and try again," she said.

There are almost as many reasons to run the Big Sur marathon as there are runners.



Adam Roach, center, on the road to winning his fourth Big Sur International Marathon title. The marathon course, which follows Highway 1 through a portion of the Big Sur wilderness and Carmel, is widely considered one of the most scenic races in the United States. Courtesy photo by Alheli Curry, for Big Sur International Marathon

"I run for fun," said Army Maj. Alden Gilroy, 229th Military Intelligence Bn. "I've never done the same race twice."

Gilroy is studying Pashto at DLIFLC, and said preparing to run Big Sur was a way to maintain his physical fitness during language training, but his reason for running the marathon is the view.

"It's one of the most gorgeous runs in America," he said.

The race draws runners from all over the world, and many international runners cross the finish line carrying the flags of their home country. Before the race, Gilroy said he planned to carry the American flag for the entire 26.2 mile route.

He made it, though managing it in the heaviest winds proved challenging.

"I thought my flag pole would snap in half. So I braced the wood in the middle of the flag and kept going," he said.

Why run the Big International Marathon Sur?

"Why not?" said Army Pfc. Angela Niven, 229th Military Intelligence Bn.

She volunteered at the 2015 marathon, and that inspired her to register for the

#### 2016 race.

"As long as I'm here, I might as well take advantage of the opportunity," she said.

Niven is an accomplished runner. She ran the Army 10-Miler as part of the DLIFLC team in October. But her running career had humble beginnings, as a young mom without easy access to child care.

"It was too hard to go to the gym, so I got a jogging stroller and some shoes," she said. "You're limited by what, the road around you?

"There are no limits," she said.



Maj. Alden Gilroy finished strong with the American flag at the Big Sur International Marathon April 24, completing the race in 5:15:21. He ran all but one mile of the race with the flag. "At the beginning of mile 1, one guy who was running next to me asked 'if he can have the honor of carrying it for one minute,‴ he said. "I let him."

> Courtesy photo by Marathon Foto, for Big Sur International Marathon

Seaman Charles Quick, a member of the Center for Information Dominance Unit Monterey running team, finished the race in 3:41:24. Slowed by stiff winds, his time placed him in the top 300 finishers but wasn't fast enough to achieve his goal: qualifying for the next Boston Marathon. He recovered quickly. "I'm going to get a massage, and I have a date later tonight," he said after the race.

Photo by Catherine Caruso, Presidio of Monterey PAO







## Zika virus precautions for travelers, partners

CDC and U.S. Army Public Health Command staff reports

The World Health Organization declared a Public Health Emergency in February, due to a suspected linkage between the Zika virus and a spike in infant neurological disorders.

Of specific concern is a condition called Congenital Microcephaly, which is associated with intellectual disabilities, developmental delays, hearing and vision problems, seizures, and other brain-related issues.

> The virus is transmitted by mosquito, and can be transmitted to humans if bit by an infected mosquito, or through sexual activity with an infected partner, according to the Centers for Disease Control and Prevention.

Transmission of the Zika virus has been identified in at least 25 countries and territories in the Americas, including Central and South America, the Caribbean, Puerto Rico, the U.S. Virgin Islands, and American Samoa.

Zika can also be found in parts of Africa and Southeast Asia.

Until more is known, pregnant women with male sex partners who have lived in or traveled to an area with Zika virus should use a condom every time they have sex, or abstain from sex during their pregnancy.

If a pregnant woman is concerned that her male partner(s) may have or had Zika virus infection, she should talk to her doctor or other healthcare provider. She should tell her provider about her male partner's travel history, including how long he stayed, IF he took steps to prevent getting mosquito bites, and if she had sex with him without a condom since his return.

Women trying to get pregnant and their male partners should talk to their doctor or other healthcare provider before traveling to Zika-affected areas.

Both men and women should strictly follow steps to prevent mosquito bites during or after the trip.

Effective bite prevention measures include wearing long-sleeved shirts and long pants, staying in places with air conditioning and window and door screens that keep mosquitoes outside, removing or avoiding mosquito breeding sites, like containers with standing water, and using Environmental Protection Agency (EPA)registered insect repellents.

EPA-registered insect repellents include DEET, Picaridin (also known as Bayrepel, icaridin, or KBR 3023), IR3535, oil of lemon eucalyptus (OLE), and para-menthane-diol (PMD). These insect repellents are proven safe and effective when used as directed, even for pregnant and breastfeeding women.

U.S. Army Health Command recommends pregnant service members serving in Zika affected areas wear permathrin-treated uniforms.

Pregnant women who have recently traveled to an area with Zika should talk to a doctor or other healthcare provider.

A female Aedes aegypti mosquito acquires a blood meal. CDC photo by James Gathany

### Will Zika virus spread to the continental U.S.?

Zika hasn't been found in mosquitoes living in the continental U.S. yet, but experts predict it will probably get there, possibly as early as the end of this summer.

The mosquito most likely to spread the virus, *Aedes aegypti*, has a range that extends well into the southern United States, including the southwestern U.S. The *Aedes albopictus* mosquito, which can also carry the virus, has a range that reaches across the midwest and into the furthest northeast states.

Health officials are modifying state mosquito control efforts, which typically focus on detecting and reducing the numbers of mosquitoes that can transmit West Nile virus, to include these additional species.

You can reduce mosquitoes at home by eliminating sources of standing water, such as old tires, and other trash in which water can accumulate. Drain children's pools when not in use, and make sure buckets and rain barrels are tightly covered (or use a mesh too small for adult mosquitoes to squeeze through).



ABOVE, a map shows areas where Zika-infected mosquitoes have been discovered. RIGHT, the CDC outlines what we know, and don't know, about Zika. CDC illustrations

#### CDC'S RESPONSE TO ZIKA WHAT WE KNOW







Zika can be passed from a pregnant woman to her fetus.

Infection during pregnancy can cause certain birth defects.

Zika is spread mostly by the bite of an infected *Aedes* species mosquito.

These mosquitoes are aggressive daytime biters. They can also bite at night.







Zika is not currently found in the continental US. The mosquitoes that can carry Zika are found in some areas of the US.

Because the mosquitoes that spread Zika virus are found throughout the tropics, outbreaks will likely continue.

There is no vaccine or medicine for Zika.

#### – What we don't know-



If there's a safe time during your pregnancy to travel to an area with Zika



If you do travel and are bitten

- How likely you are to get Zika
- How likely it is that your baby will have birth defects from the infection

Reenactors demonstrated the pre-World War I military's reliance on horses and horse-mounted cavalry May 7, during Warhorse Day.

# Warhorse event gallops onto Ord

MARINA — The sixth annual Friends of the Fort Ord Warhorse event showcased the history of horse cavalry at the Marina Equestrian Center on the former Fort Ord May 7, supported by the Presidio of Monterey and the Defense Language Institute Foreign Language Center. After the posting of the Photos by Jim Laughlin, Presidio of Monterey PAO

colors by the DLIFLC color guard and selections by the DLIFLC choir, Chaplain (Maj.) Rodney Gilliam provided the invocation before Col. Paul Fellinger, PoM garrison commander, paid a final tribute to historic local cavalry veteran, Sgt. 1st Class Allan MacDonald.

INBRIEF



Friends of the Fort Ord Warhorse fire a historical artillery piece during the 6th annual Warhorse Day May 7.





Friends of the Fort Ord Warhorse conduct a blacksmithing demonstration the 6th annual Warhorse Day.



Children pat a miniature horse in the petting zoo at the 6th annual Warhorse Day in Marina May 7, hosted by Friends of the Fort Ord Warhorse.

A reenactors dressed in a replica early 20th century U.S. Army uniform salutes May 7 during the 6th annual Warhorse Day in Marina.



Reenactors wearing replicas of early 20th century U.S. Cavalry uniforms rode horses and performed maneuvers during Warhorse Day.

# PoM DPW protects endangered plant

Story and photos by Catherine Caruso, Presidio of Monterey PAO





A Piperia Yadonii emerges from a bed of pine duff at the edge of a footpath in a wooded area near Building 330 at the Presidio of Monterey.

It keeps a pretty low profile - even for a plant.

Yadon's piperia was first discovered in 1925. But it wasn't recognized as a distinct species until 1990. (It was then named for Vern Yadon, a longtime director of the Pacific Grove Natural History Museum).

In full bloom, the plant stands more than a foot and a half high, and is topped by a column of tiny white flowers. But you'll rarely see it in that state. Until it flowers, the orchid's asparagus-like stalk is short, green, and easily confused with common weeds.

It also goes dormant for six months of the year, dying back to its sturdy, tuberous roots. Some years, the roots stay dormant and don't send shoots to the surface at all.

That's a challenge for those working to identify and protect the plants.

"They are hard to see, and you could be trampling the plants," Obra said. "Even when they're underground, repeated foot traffic can compact the soil above the roots can stop them from growing back."

Yadon's piperia isn't an especially delicate flower, but it's finicky about where it will grow.

Researchers believe the plant, like other ground orchids, forms a symbiotic relationship with a mycorrhizal fungi that grows in local soils. Without it, seeds from the plant won't germinate and existing plants may struggle to convert nutrients from the soil.

Its range is limited to a handful of sites, almost all between Prunedale and Carmel, and all within about six miles of the ocean.

But the greatest threat stems from

habitat loss and fragmentation caused by development, including some construction projects at PoM.

The installation's master plan includes documenting existing Yadon's piperia plants on post, which represent more than five percent of the species' population.

"Any time we do construction, we consult with the U.S. Fish and Wildlife Service. That's required by Section 7 of the Endangered Species Act," Obra said.

In some cases, that means planning new facilities in locations that preserve existing Yadon's piperia populations or habitat.

The installation partnered with the Pacific Grove Natural History Museum to conduct an experimental transplant of 52 plants to the museum's garden, where researchers will monitor their response to a variety of soil, water, and sunlight conditions.

On the Presidio, cable-wire fencing, signs, and educational displays to warn pedestrians away from established Yadon's piperia populations.

Yellow flags mark areas where plants were observed during previous surveys, and where dormant roots could be located or new plants may be growing.

One of those areas is located along a foot path just off Rifle Range Road, next to Building 330 – which is currently under renovation.

Obra warns pedestrians to tread carefully, observe all posted signage and stay inside the marked pathway through that area.

Violations of the Endangered Species Act are subject to fines of up to \$25,000, and criminal penalties of up to \$50,000 and one year in prison.



# Help us protect our plants!

Yadon's piperia is a federally endangered species known only to grown in north Monterey County.

Naturalists estimate at least five percent of those plants are located on the Presidio of Monterey.

Help preserve this rare species by obeying the "do not disturb - restricted activity" signs posted at sites where the plants are known to grow. Not obeying posted signage can lead to heavy fines.

Yellow flags also mark spots where plants are known to grow. Even if you don't see any plants, dormant roots may present and can be affected by human activity.

Another hazard is erosion. Stick to marked trails and footpaths to avoid wearing away grass and other ground cover, which helps protect the hillsides against ruts.

AT LEFT, Leanne Obra, a PoM DPW Natural Resources specialist, uses yellow flags to mark areas where Yadon's piperia plants can be found.

AT RIGHT, A Yadon's piperia plant blooms, displaying small green and white flowers. DPW file photo





## **Operation Surf takes wounded warriors on surfing safari in Santa Cruz**

Operation Surf Santa Cruz 2016, a program aimed at teaching wounded service members and veterans to surf, took place in Santa Cruz and Capitola April 12-18. Twenty participants, representing the Brooke Army Medical Center, Texas, the San Francisco Veterans Affairs Medical

Center, and other veterans groups, took part. Defense Language Institute Foreign Language Center service members volunteered at the event.

> Photos by Steven L. Shepard, Presidio of Monterey PAO

*Find more photos on our Flickr:* 



# Language Day

*An estimated 5,000 people attended the 2016 Language Day.* 

The Defense Language Institute Foreign Language Center's annual open house celebrates the importance of language education and cultural literacy through demonstrations, performances, and exhibits open for thousands of local high school students and the public.

DLIFLC Pashto students and faculty present the Pashto Afghan national dance during Language Day at Presidio of Monterey May 13. Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

JUNE 2016



DLIFLC students and staff perform traditional belly dancing to Egyptian music on the main stage during Language Day May 13.

Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

By Catherine Caruso, Presidio of Monterey PAO instructor, said.

Palestinian fashion, Korean fan dancing, and Russian pop music were among the global cultural traditions sharing a stage at the Defense Language Institute Foreign Language Center's Language Day May 13.

The event supports the military language school's motto: "Peace through understanding," and underscores the importance of language education for thousands of high school students every year.

"I'm so passionate about sharing my culture," Rolla Alaydi, a Levantine Arabic

She and several of her students modeled traditional Palestinian dresses, each covered with elaborate hand-embroidery representing the villages where each dress was made.

"You can tell which village it's from, just by the embroidery," she said.

Musical performances and dance dominated the main stage, while written demonstrations, oral interviews, and breakout sessions for language teachers and students took place in nearby classrooms. In several classrooms, students and instructors demonstrated calligraphy in several languages taught at the school.

High school students Lorena Hernandez and Itsel Oseguera, from Caruthers High School in Caruthers, had their names written in Korean using a traditional brushand-ink technique.

"Mine's shorter than it is in English. That's interesting," Osequera said.

"That's funny, because mine's longer!" Hernandez said.

continued, next page



Volunteers perform a Japanese martial arts demonstration on the main stage during the DLIFLC Language Day open house at the Presidio of Monterey May 13.

Upstairs, DLIFLC students discussed durian fruit, spice wars, and the Indonesian roots of the English word "orangutang" ("orang" means "human," "hutan" means forest).

Lt. Cdr. Chloe Mailer, Navy Center for Information Dominance Unit, said the Indonesian archipelago covers an area wider than the continential U.S., but 65% of the population lives on the island of Java. Photo by Steven L. Shephard, Presidio of Monterey PAO

"You think traffic is bad in the U.S., you haven't seen anything until you see Jakarta," she said.

In breakout sessions, DLIFLC faculty briefed educators on recent academic research and the school's approach to language instruction and teaching techniques.

"My mind is blown," Anjee Deards, a Spanish language teacher at Buckingham High School in Vacaville, Calif., after attending a presentation on teaching tools developed by DLIFLC.

Headstart 2 computer-based training, GLOSS self-paced instruction modules, and online diagnostic assessments are available for students and instructors to download free from its website (*at <u>http://dliflc.edu/</u>* <u>resources/products/</u>).

"I didn't even know these things existed," she said. "All of this, we're going to be using in my classroom."

Students tested their proficiency in oral interviews with a fluent speaker of their language of study.

"It was difficult," said Zacoya Pabon, a high school Spanish student who has studied the language for three years. "It was easy to understand them, but hard to speak it back."

Many DLIFLC staff members said their favorite part of the day is inspiring younger students to continue their language studies, or consider learning a language they might not have previously considered.

Though most admit they are especially excited when students express an interest in the language that they teach.

"Not many people know about Korean culture, they only know 'K-pop,'" Seunghyun Yoo, a DLIFLC Korean language instructor, said. "So when students ask 'what is Korean culture like,' it's exciting for me."

"Language Day" has been a DLIFLC tradition in Monterey for more than sixty years. The first recorded "Army Language School Festival" took place in April, 1952. To learn more, visit <u>http://dliflc.edu/wp-content/</u> uploads/2014/03/DLIFLC\_PICT\_HISDT\_web.pdf.





Students make their way through the crowd en route to perform a Chinese dragon dance on the main stage during the DLIFLC Language Day May 13. Photo by Steven L. Shepard, Presidio of Monterey PAO



ABOVE, A service member wearing a mask performs "Danza de los Viejitos," or "Dance of the Little Old Man," a Mexican folk dance. Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

FAR LEFT, Col. Phillip Deppert, DLIFLC Commander, poses for a "selfie" after allowing Soldiers to smash pie in his face to raise money for their Army Ball. Photo by Amber K. Whittington, DLIFLC PAO

NEAR LEFT, Yeohyun Sung, a DLIFLC Korean teacher, reads Marie Castrillo her name after writing it in Korean during a calligraphy demonstration. Photo by Catherine Caruso, Presidio of Monterey PAO

Col. Paul Fellinger, Presidio of Monterey commander, shakes hands with a veteran at the Vietnam War commemoration May 13. Photo by Steven L. Shepard, Presidio of Monterey PAO

# Vietnam Veterans Salute

Ceremony marks 50th anniversary of war

JUNE 2016

#### Story and photos by Catherine Caruso, Presidio of Monterey PAO

"I am one of you, and you are part of me." With those words, retired Command Sgt. Major Sidney Williams welcomed his fellow Vietnam War-era veterans to a Presidio of Monterey ceremony thanking them for their service May 13.

"We stand together as members of the brotherhood, and we have stood together for 50 years," said Williams, chairman of the Monterey County Military & Veterans Advisory Commission.

The ceremony was part of a national commemoration directed by Congress to coincide with the 50th anniversary of the Vietnam War, and dedicated to recognizing the service and sacrifices made by veterans of that era.

The ceremony took place during Language Day, an annual open house that brings thousands of local high school students, teachers, and members of the public to the Army installation.

Such public recognition would have been almost unthinkable in the years immediately following their service, several Vietnam veterans in attendance said.

"For a long time, a lot of my friends and neighbors didn't know I was a veteran," said Juan Sanchez, a Vietnam War veteran from Salinas.

That began changing about twelve years ago, as he got more involved in the veteran community and found public opinion of veterans becoming more favorable during wars in Afghanistan and Iraq.

Recognition of the service and sacrifice of veterans from those conflicts raises the visibility of Vietnam War veterans, and is



From left, Command Sgt. Major Sidney Williams (retired) and Master Sgt. Gerardo Alan, PoM Command Sergeant Major greet veterans attending the Presidio's Vietnam War Commemoration May 13. Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

helping to heal old wounds, he said.

"It's important to me, not for me but for the ones that didn't come back. To make sure they're remembered," Sanchez said.

John Gay, a Purple Heart recipient from Vietnam, echoed those sentiments.

"I did what everybody else did, for the first ten to fifteen years. But as time went on, (veterans) organizations started drawing us in," he said.

Gay still carries some emotional scars from

his service, and some shrapnel, in his hip.

More public recognition of the Vietnam War and its veterans helps those who struggle with their own injuries, whether from that war or more recent conflicts, he said.

"We went through the fight, with PTSD and post-traumatic stress, for these young guys ... A lot of us stayed in the closet for a long time," Gay said.

"I hope they learn, you can't avoid it," he said.

# **DLIFLC** students ace Mandarin competition

Story and photos by Patrick Bray, Defense Language Institute Foreign Language Center PAO



SAN FRANCISCO, California – Service members studying Mandarin Chinese at the Defense Language Institute Foreign Language Center participated in the 41st Annual Mandarin Speech Contest in San Francisco April 23, with 36 DLIFLC students earning awards.

This year, 451 registered contestants from Northern California schools and universities such as Stanford, Berkeley, San Francisco State University, the University of San Francisco, and the University of California – Davis, competed in the contest.

Teachers in DLIFLC's Chinese department encourage their students to participate in the annual contest, which many of them see as a measure of both faculty and student success.

"With Asian School I leadership's continuous strong support, DLI students have been participating in this speech contest for many years, which has become an effective driving force in promoting student proficiency," said Dr. Liwei Gao, assistant dean of DLIFLC's Asian School I.

Sixty eight Chinese Mandarin students at DLIFLC registered for the contest and won

a total of 36 prizes that included six first place winners, 10 second place, four third place, and 16 honorable mentions.

"This is the best result that we have had so far. DLI students outperformed their rivals from all other participating colleges and universities," said Gao.

During the contest, students deliver a three to five-minute speech which they wrote, memorized, and delivered on their own, on any appropriate topic the student chose to speak on, appropriate to his or her level of training.

Teachers at DLIFLC such as Kevin Yang and Yunhua Zhang also participated as judges in the contest, though they did not judge their own students.

"Kevin and I were taking care of a combination group during the contest. Students in our group either had no Chinese background or had some experience with dialects other than Mandarin.

They all did a great job, which made being a judge even more challenging," said Zhang.

continued, next page

Airman 1st Class Cheyenne Espinosa demonstrates her Mandarin speaking skills during the 41st Annual Mandarin Speech Contest in San Francisco April 23. Service members studying Mandarin Chinese at the Defense Language Institute Foreign Language Center participated, and 36 DLIFLC won awards. Yang has judged the contest for three years. He said he's pleased to see the improvements students make as they return from year to year.

"Yunhua and I were so thrilled to see two talented contestants without any Chinese family background achieving 100 and 98 points, perfect and near perfect scores," said Yang. "This tells young people that American students not only can learn Chinese well, but that they also can learn it better than the kids from Chinese families."

Zhang had similar thoughts about the contestants.

"To see a growing influence of my language and culture on more and more young people always makes me feel proud of what I am doing and motivates me to do a better job," she said.

"I was very impressed by a girl this year. Her speech performance was flawless. Her story about a summer camp with a local Chinese broadcast company was amazing and I think she'll be a rising star in broadcasting someday," Zhang said.

The day-long competition, the largest of its kind outside of China, is sponsored by the Chinese Language Teachers Association of California to the foster development of Mandarin language skills by local students.

In recent years, usually between 400 and 700 kindergarten-through-college students participate in the contest every year. It has become a major gala in foreign language education in the Bay Area.

"Schools have considered it a big honor for their students to win a prize at the contest and sometimes start to prepare their students for even half a year ahead," Gao said.



Defense Language Institute Foreign Language Center instructors Kevin Yang and Yunhua Zhang participated as judges in the 41st Annual Mandarin Speech Contest in San Francisco April 23 (they did not judge their own students in the competetition, in which 36 DLIFLC students earned awards).

Established in 1962, CLTAC is a nonprofit educational and professional organization that seeks to promote the study, teaching and research of the Chinese language and culture and provides a platform for Chinese instructors to share and exchange teaching experience, ideas and information. The annual speech contest rewards excellence in speaking and comprehension.

Service members from the Defense Language Institute Foreign Language Center, led by an instructor, sing in Mandarin during the 41st Annual Mandarin Speech Contest in San Francisco April 23.





# Around the Presidio

# Agreement expands academic opportunities for Arabic grads

Defense Language Institute Foreign Language Center staff report

Arabic graduates of the Defense Language Institute Foreign Language Center now have 45 credit hours towards a California University of Pennsylvania bachelor's degree in Arabic Language and Culture. The schools signed an academic articulation agreement last month, DLIFLC's first with a higher learning institution.

"We are especially proud of this achievement because it puts us even closer to the Army University concept," said Army Col. Phillip Deppert, DLIFLC Commandant. School officials expects to sign similar agreements with other colleges in the near future, he said.

Since 2002, DLIFLC has awarded more than 12,000 associate's degrees to students who have successfully passed their language course and transferred 15 units in subjects such as math and English.

The agreement recognizes and accepts ACE-recommended credits, said Dr. Jack Franke, DLIFLC Accreditation Assistant and Institutional Researcher. That means students using ACE credits towards graduation requirements may be able to transfer up to 60 credits, he said.

### Lingo represents shelter pets at SPCA 'Bow Wow Breakfast'



Army Pfc. Lingo, the Defense Language Institute Foreign Language Center mascot, joined Army 1st Lt. Joy Palmer, center, executive officer, and Steve Collins, right, chief of staff, to discuss Lingo's experience during the SPCA for Monterey County "Bow Wow Breakfast" in Seaside April 12.

Lingo was one of a litter of German Shepherd-Labrador Retriever mix puppies surrendered to the shelter last year. He was adopted by the school to serve as a school mascot and morale officer for its students.

Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

## Retiree Appreciation Day veterans open house is June 11

Members of the Monterey-area retired military community are invited to take part in the Presidio of Monterey and Fort Ord Area Retiree Council's Retiree Appreciation Day at the Gen. Stilwell Community Center, Ord Military Community Saturday, June 11.

Retiree Appreciation Day is an annual event featuring guest speakers, updates on benefits, policy changes, and other topics of concern to military retirees and veterans, and an information expo.

Guest speakers include Thomas J. Fitzgerald III, deputy director of the VA Palo Alto Health Care System, George Dixon Jr., director Military and Veterans



Attendees browse information at the Military Officer's Association of America (MOAA) table June 6, 2015 during a Retiree Appreciation Day event (file photo). Photo by Stephen L. Shepard, Presidio of Monterey PAO

Affairs for Monterey County, and Sarah Prewitt, Visiting Nurse Association.

Talks will address Monterey county veterans' affairs programs, military retiree medical coverage, and issues impacting the military retiree today.

There will also be an update on plans to create a state veterans cemetery on former Fort Ord property.

Events are scheduled to begin at 8 a.m. with the formal program ending at 1:30 p.m.

Vendors and local service agencies will also provide information of interest to retirees and their families from information tables at the community center.

Participants will have access to health screenings, military legal services, and representatives from TRICARE medical, dental and Express Scripts, Meals on Wheels, Commissary and Exchange services, the Navy's Fleet and Family Support Group, Veterans Affairs healthcare enrollment, and DEERS (military ID Cards).

A barbecue lunch will be provided for all attendees, free of charge.

Gen. Stilwell Community Center is located at 4260 Gigling Road, Ord Military Community (the former Fort Ord) in Seaside.

The event is open to all veterans, their spouses, and Gold Star family members who can benefit from military retirement or veterans benefits information. For more information, call (831) 242-4986.

Presidio of Monterey PAO staff report

## Army Education Center moves to new location

The Presidio of Monterey's Army Education Center opened the doors to its newly-renovated offices at Building 636B, located off Rifle Range Rd., PoM (near mid-PoM Java).

Service members, military families and civilian personnel can access guidance counselors, study materials, and information about post-secondary education and college testing at its new location in Building 636B, located off Rifle Range Rd. (near mid-PoM Java).

The Education Center is open 8 a.m.-5 p.m., Monday through Thursday, and 9 a.m.-5 p.m. on Fridays (the office closes from 1-2 p.m. daily).

For more information, call the Education Center at (831) 242-5325, or email *usarmy.pom.106-sig-bde.list.pres-edctr@mail.mil* 

#### International College Fair June 10

Representatives from colleges and universities offering degrees in Regional Studies for the Presidio of Monterey College Fair, June 10 from 10 a.m. to 2 p.m. at Weckerling Center (Building 326; Stilwell Ave., PoM).

This event is sponsored by the PoM Education Center and DLIFLC Foreign Area Officer program. For more information, call (831) 242-5325.

# Solar array nears completion, water usage down 57% at DoD Center



Construction of a 997 kilowatt photovoltaic solar array at the DoD Center on Ord Military Community is nearing completion.

According to Presidio of Monterey public works officials, the facility expected to begin providing power to the facility this summer.

When fully operational, the system will meet 20-25% of the building's electrical needs, and export electricity during periods of high production and reduced usage, such as summer weekends and holidays.

The \$5 million project is funded by the Department of Defense's Energy Conservation Investment Program (ECIP), and was developed by the Presidio of Monterey's Directorate of Public Works energy program to assist the installation in moving towards it's "net zero" goal of producing energy equal to the installation's energy usage by the year 2020.

The project is being managed by the U.S. Army Corps of Engineers (USACE) and installed by Tri-Technic Inc., a solar energy contractor.

Another sustainability program at DoD Center is posting huge gains in the area of water use reduction.

The Xeriscaping and Passive Irrigation project provided for installation of drought resistant landscaping and an water-saving irrigation system beneath the center's athletic fields.

The EPIC (Environmentally Passive Integrated Chamber) system irrigates the field's landscaping from below ground, avoiding evaporation, run-off, and other opportunities for water waste associated with conventional, above-ground irrigation.

Combined with removal of turf areas, smarter irrigation, and more efficient building processes, water use at the facility has dropped to less than 3 million gallons in 2015. That's a 57 percent decrease from the center's historical peak usage in 2010 when the facility's annual water usage was more than 7 million gallons.

The Xeriscaping and Passive Irrigation project was also funded by the ECIP program and managed by USACE.

The EPIC irrigation system was built by Jacob Construction.

Presidio of Monterey PAO staff report

## Blue Star Museums offers free admission to military, families

The Blue Star Museums is providing for free admission for service members and their families to thousands of museums across this summer.

The program, a collaboration among the National Endowment for the Arts, Blue Star Families, and Department of Defense, has arranged no-cost admission at more than 2000 museums and cultural sites across America from Memorial Day through Labor Day, just by showing a qualifying military ID card. Locally, participating museums include Monterey Museum of Art and Pacific Grove Museum of Natural History.

For more information, visit <u>https://www.arts.</u> <u>gov/national/blue-star-museums</u>.

### Military families 'Just Run' By the Bay 3K



Military students attending Marshall Elementary School at Ord Military Community were among hundreds of runners participating in the By the Bay 3K at Lovers Point in Pacific Grove during Big Sur International Marathon weekend April 23. The students' are participating in the marathon's "Just Run" program. Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO

# *Military children can enter to win \$500 Exchange gift card*

Can your military child describe what it means to them to be a "military brat" in ten words or less? If so, he or she could win a \$500 gift card from the Army and Air Force Exchange Service.

The 2016 Toyland Sweepstakes is open to children of authorized Exchange customers, ages 3-12.

Eligible children can submit a statement describing what it means to them to be a "military brat" in 10 words or less at <u>www.</u> <u>shopmyexchange.com/sweepstakes/</u> through June 17 to enter.

One first-place winner will receive a \$500 Exchange gift card and a caricature drawn by the Exchange's in-house artist. The caricature will be also be used in the 2016 Toyland toy book, promotional materials for Month of the Military Child in April and other 2017 marketing materials.

Second-place will receive a \$250 Exchange gift card. Third place will receive a \$100 Exchange gift card.

An in-house panel will judge the written submissions on or by July 22. No purchase is necessary to enter or win.

The Army & Air Force Exchange Service goes where Soldiers, Airmen and their families go to improve the quality of their lives through goods and services provided.

*Exchange earnings provide dividends to support military morale, welfare and recreation programs.* 

AAFES PAO staff report



# AROUND THE SERVICES

# Former DLIFLC students support Japanese earthquake recovery efforts

U.S. Army Japan staff report

CAMP KENGUN, KUMAMOTO, Japan — When two powerful earthquakes struck the Kumamoto area in April, Defense Language Institutute Foreign Language Center graduates were among the U.S. forces springing into action.

Army Maj. Jacqueline Hearne and Marine Maj. Chris Neal, military liaison officers to the Japan Ground Self-Defense Force's Western Army headquarters staff at Camp Kengun, were among the first on the ground helping coordinate the U.S. military support that followed.

They were joined by Air Force Maj. Jack E. Beene, and Army Maj. Marcus Morgan, also DLIFLC graduates, to keep lines of communication open between U.S. and Japan forces during U.S. airlift operations in support of the Japanese government's relief efforts.

Army UC-35 aircraft transported Japan Self-Defense Forces personnel to the earthquake-affected area, and Marine Osprey aircraft moved food, water and needed supplies to evacuation sites.

Now that the U.S. forces' participation has ended, Hearne and Neal continue to work side-by-side with the JGSDF members in their role as liaison officers.

Kazuki Arita, a Japanese instructor who taught some of the officers at DLIFLC, said he's proud his former students are able to use the skills he and other instructors taught to help the Japanese people. "I really appreciate their contribution," he said.



From left, Maj. Marcus Morgan, U.S. Army; Maj. Joseph Montedoro, U.S. Marine Corps; and Maj. Jacqueline Hearne, U.S. Army work with Col. Masahiro Sugawara, from Japan Staff Council to coordinate U.S. assistance to Japan's earthquake response. Morgan and Hearne are among several Defense Language Institute Foreign Language Center's Japanese program graduates who supported relief efforts in Japan following two powerful earthquakes in April

Courtesy photo provided by U.S. Army Japan (via Facebook)

# Soldier-athletes aim to excel at 2016 Olympics



Sgt. 1st Class Keith Sanderson of the U.S. Army World Class Athlete Program made his third U.S. Olympic Team and will compete in the men's 25-meter rapid fire pistol event at the 2016 Rio Olympic Summer Games.

SAN ANTONIO -- Five Soldiers are among the first 100 athletes named to the U.S. Olympic Team scheduled to compete Aug. 5 through 21 in the 2016 Olympic Summer Games in Rio de Janeiro.

Rapid-fire pistol shooter Sgt. 1st Class Keith Sanderson, race walker Staff Sgt. John Nunn and Modern Pentathlete Sgt. Nathan Schrimsher are Soldier-athletes in the U.S. Army Installation Management Command's World Class Athlete Program at Fort Carson, Colorado.

Shotgun shooter Sgt. 1st Class Glenn Eller and rifle shooter Sgt. 1st Class Michael McPhail are Soldier-athletes in the U.S. Army Marksmanship Unit at Fort Benning, Georgia.

Opening ceremonies for the Rio Games are set for Aug. 5, with competition in 306 events scheduled in 42 sports. The Olympics embody the enduring resilience of Soldier-athletes' commitment to teamwork and perseverance. The Soldier-athletes project a positive image of the Army and set a standard of excellence for all service members to emulate.

Sanderson, 41, a three-time Olympian from San Antonio, is the most decorated competitive pistol shooter in U.S. military history. He is scheduled to compete Aug. 12 and 13 in the two-day 25-meter rapid fire pistol event.

"First, I want to make the final," Sanderson said. "Second, make it to the medal round. Third, I want to get a gold medal. I feel like I have to get a gold. I want to be the best U.S. pistol shooter in history."

> Story, photo by Tim Hipps, Installation Management Command PAO

# Army adopts new civilian performance appraisals

WASHINGTON — The Army has begun transitioning Army civilian performance appraisals to a new, Department of Defense enterprise-wide performance evaluation system.

The Defense Performance Management and Appraisal Program requires more supervisor feedback and links individual performance to the employee's organization's mission DOD values.

About 3,100 civilian employees within the Civilian Human Resources Agency, U.S. Army G-1, received training and transitioned into the new program this spring. The Army will move more than 230,000 civilian employees to the new appraisal program over the next two years, completing the transition by June 2018.

"Department of the Army civilians provide invaluable support to our service members and their families, which enables the force to successfully operate in various places around the world," said Debra S. Wada, Assistant Secretary of the Army for Manpower and Reserve Affairs.

The system requires military and civilian supervisors to conduct at least three documented performance discussions with each employee each year.

To learn more about the New Beginnings performance management program, visit <u>cpol.army.mil/library/general/ACNB/</u>.

Paul D. Prince, U.S. Army Public Affairs

# Air Force Chief of Staff releases 2016 professional reading list

WASHINGTON — The Air Force chief of staff published his 2016 professional reading list May 13.

This year's list contains books, TED Talks, a film, work from Air Force photojournalists, journals, and, for the first time, military-themed blogs.

"This year's reading list addresses every Airman on our total force team," said Gen. Mark A. Welsh III. "The profession of arms, Air Force heritage, and developing Airmen are topics that apply to all of us."

One of this year's books recommended by Chief Master Sgt. of the Air Force James A. Cody, "At All Costs," was written by Air Force reservist Chief Master Sgt. Matt Proietti.

"He was a remarkable GI, one worthy of emulation well before he performed heroic actions at the end of his life," Proietti said.

A TED Talk on this year's list, given by cultural innovator Vernā Myers, is a compelling presentation about unconscious bias.

"I'm honored to be part of this important list," Myers said.

For the complete 2016 reading list, visit <u>http://static.dma.mil/usaf/csafreadinglist/index.</u> <u>html</u>.

> Air Force Staff Sgt. Alyssa C. Gibson, U.S. Air Force Public Affairs

# Airman gamer finds audience in virtual world

A1C Anthony Webb packs chats by providing early looks at pre-release games

DAVIS-MONTHAN AFB, Ariz. — When picturing a gamer; a well-lit room, socialization, and a strong sense of community generally doesn't come to mind.

Airman 1st Class Anthony Webb is changing that. His dorm room is set up as a small studio, with a green screen, professional microphone, and three high definition monitors that assist him in broadcasting his gameplay to his online followers around the world.

"I would consider myself an entertainer," said Webb, a command and control systems technician assigned to the 612th Air Communications Squadron. "The entire platform is made to entertain. Some people go on there to learn from it, which I guess can be looked at from that perspective, but I like to be more of an entertainer than a teacher."

Webb specializes in accessing pre-release versions of games, and discovering exploits that garner the player an advantage or unlock special skills and achievements.

Using an online streaming service, Webb transmits his image, overlaid in the bottom corner of a mirror image his own screen's view, so viewers can watch and listen to his reactions as he traverses virtual landscapes. Webb can see the reactions from his viewers coming in through a chat room, displayed on another monitor.

"I used to be completely antisocial and introverted," Webb said. "I wouldn't talk to

anybody whether it be online or in person. When I began streaming, I started actually having to talk to people and become a little more open."

Today, Webb talks to an audience of more than 28,000 followers. When streaming, he routinely garners live audiences of up to 250 people at a time.

"Now there are a lot of people who actually wait and anticipate watching the stream," Webb said. "It makes me feel good just knowing I could make someone laugh, smile or even just chuckle a little."

> Story, photo by Airman Nathan H. Barbour, 355th Fighter Wing PAO



U.S. Air Force Airman 1st Class Anthony Webb, 612th Air Communications Squadron command and control systems technician, reads from an online chat room while streaming a video game at Davis-Monthan Air Force Base, Ariz., April 27, 2016.

# Navy updates COOL app for advancement exam prep on the go

PENSACOLA, Fla. — The Navy recently updated its COOL smartphone app to include advancement exam bibliographies, allowing Sailors preparing for advancement examinations to access their references without a Common Access Card.

COOL is a bring-your-own device tool designed to work on personal devices outside Navy-controlled networks, and offers access to selected information from the US Navy's Credentialing Opportunities On-Line website.

COOL provides information to help Sailors make informed professional development decisions throughout their Navy career, including enlistment decisions, roadmaps to career advancement and retention, in-Service civilian/industry certification and licensing opportunities, and insights into prospective occupations during their eventual transition from the Navy back to the civilian workforce.

To find the free Navy COOL app, search "Navy COOL" in the Apple store or Google Play Store or in your web browser from your mobile device.

To update the existing Navy COOL app on a mobile device (if you haven't received a notification), check the page in the device store, choose the 'upgrade' option, and download updates.

For more info, visit <u>www.netc.navy.mil/Apps/</u>.

# Running with purpose at USMC Historic Half

FREDERICKSBURG, Virginia — Nearly 6,000 participants from 45 states ran 13.1 miles at the Marine Corps Historic Half Marathon in Fredericksburg, Virginia, May 15

While many ran the half-marathon for fitness, some ran with a special sense of purpose.

Marine Capt. Calum Ramm, an intelligence officer with the Marine Corps Cyber Space Warfare Group at Fort George G. Meade, Maryland, had just finished running seven marathons on seven continents in seven days in the World Marathon Challenge before running the Historic Half.

"Being able to race for the Marine Corps, I think that is a different level for people who

ever had aspirations to do the Olympics," he said. "I think running for the Marine Corps is the next greatest thing."

Navy Lt. Daniel Glenn, an Explosive Ordnance Disposal officer with EOD Mobile Unit, Joint Expeditionary Base Little Creek-Fort Story, Virginia, ran in a full EOD bomb suit, an added weight of 85 pounds, to help raise money for the EOD Warrior Foundation. This is the second race he's completed wearing his bomb suit, helping him raise nearly \$25,000.

"Just the thought that there is a wounded warrior somewhere who's going to get some benefit from this," Glenn said. "That is the part that really keeps me engaged in the effort."

Running group "wear blue: run to remember" hosted a "Blue Mile," a stretch of course dedicated to those who paid the ultimate price in service to their country. Volunteers held flags, adorned by black ribbons and accompanied by photos of fallen service members.

Story and photo by Lance Cpl. Timothy R. Smithers, Defense Media Activity



U.S. Air Force Airman 1st Class Anthony Webb, 612th Air Communications Squadron command and control systems technician.



# COMMUNITY CALENDAR

### June 9 BOSS General Meeting

Single service members are invited to attend PoM Better Opportunities for Single Service Members (BOSS) general meetings on the 2nd and 4th Thursday of every month, 4:30 to 6 p.m. at Hobson Recreation Center.

For more information, email *shantel.phillips@dliflc.edu*.

## June 10

#### **College Fair**

Meet with representatives from colleges and universities offering degrees in Regional Studies at the Presidio of Monterey College Fair, 10 a.m. to 2 p.m. at Weckerling Center (Building 326; Stilwell Ave., PoM).

Participating colleges include Golden Gate University, Monterey Peninsula College, California State University at Monterey Bay, University of California at San Diego, and more.

Hosted by the PoM Education Center and DLIFLC Foreign Area Officer program.

For more information, call (831) 242-5325.

### June 11 Retiree Appreciation Day

Military retirees are invited to receive benefits and legislative updates, information and services, and a complimentary lunch, 8 a.m.-1:30 p.m. at the General Stilwell Community Center (4260, Gigling Rd., OMC). For more info, call (831) 242-4986. *Or, see page 29*.



## June 12 Dodgers vs. Giants

Travel in comfort to and from the game! Book your seat on the MWR tour bus to enjoy refreshments, watch a movie, and use the free Wi-Fi on the road to see San Francisco Giants face off against the Los Angeles Dodgers at AT&T Park.

Cost is \$75 per person, includes bleacher tickets (Section B144 Rows 22-26), a Giant's promotional Vintage Grey Cap, and chance to win a more Giants "swag."

For more information, call(831) 242-5506 or -6970, or email *info@pom-odr.com*.

# June 15

#### Sunset Kayak Tour

Enjoy an evening paddle around Monterey Bay with MWR Outdoor Recreation. Learn about the diverse array of marine life in our area, including harbor seals, sea lions, otters, shore birds, fish, and crustaceans.

Tours leave from Lewis Hall, and launch from the Coast Guard pier in downtown Monterey.

Cost is \$35, kayaks and life-jackets are provided. Register at the Outdoor Recreation office; Building #228 (Lewis Hall; 242 Ft. Mervine Place, PoM) or call (831) 242-5506.

## June 16

#### 'Beyond the Resume'

Learn about the importance of personal branding, business cards, introducing yourself in social business situations, and how to handle awkward or illegal interview questions. Creating a reference sheet, e-cover notes, thank you notes and networking letters are also covered in this ACS workshop. Call (831) 242-7660 for more information or to sign up.

## June 16

#### History talk: Presidio of Monterey

The Old Monterey Foundation hosts Cameron Binkley, deputy command historian for the Defense Language Institute Foreign Language Center, at the Middlebury Institute for International Studies, McCone Building (Irvine Auditorium), 6-7:30 p.m. A lecture on the history of the Presidio will be followed by an overview of improvements planned for the Lower Presidio Historic Park and Vizcaino Park. Admission is free.

# June 18

#### Hearst Castle Tour

Tour "Enchanted Hill," the Roaring 20's era mansion built by media mogul William Randolph Hearst above San Simeon Bay. Take the "Grand Rooms" tour, featuring the billiard room, theater, gardens, and more, followed by a no-host cantina or brown bag lunch on the grounds. Cost is \$40 per person; includes transportation and admission ticket. For more information about Hearst Castle State Park, visit www. hearstcastle.org. For MWR trip info, call(831) 242-5506 or -6970.

## June 18 Surf Camp

Are you a new or beginning surfer? Learn the basics of catching a wave with this fun, group introduction to on of southern and central California's signature sports. Reservation includes board and wetsuit rental; prices vary. For more information, call (831) 242-5506 or -6970, or email <u>info@pom-odr.com</u>.

# June 23

#### **BOSS General Meeting**

Single service members are invited to attend PoM Better Opportunities for Single Service Members (BOSS) general meetings on the 2nd and 4th Thursday of every month, 4:30 to 6 p.m. at Hobson Recreation Center. For more information, contact Pfc. Shantel Phillips at <u>shantel.phillips@dliflc.edu</u>.

## June 25

#### **Financial Readiness training**

ACS financial readiness training can help you make informed decisions about future debt, retirement savings, estate planning and more, 8:30 a.m. to 12:20 p.m. at the Tin Barn (PoM). Future sessions July 9 and 23rd.

This training is open to all military personnel, civilian employees, and their families. Service members in an initial entry training status and their spouses are especially encouraged to attend.

To register, call (831) 242-5501 or email *clifford.o.thornburg.civ@mail.mil*.

## June 26

#### **Alcoholics Anonymous / ALANON**

Alcoholics Anonymous meets weekly on Sundays to provide support for those struggling with alcoholism and sobriety. (The ALANON support group, for those struggling with the impact of a loved one's substance abuse, meets on Thursdays). For more information, call (831) 242-7436 or -6060.

### July 1 Heartsaver/Health Care CPR/AED

The PoM Fire Department offers the American Heart Association's Heartsaver and Health Care cardiopulmonary resuscitation class. Class is 9 a.m.-1 p.m. at the Tin Barn (PoM). It's free to participate, or \$10 to receive an AHA CPR card upon completion of the class. Upcoming sessions are Sept. 2 at the Tin Barn, and Aug. 5, Oct. 7 and Nov. 4. at the Child and Youth Services conference room (4260 Gigling Rd., OMC). RSVP required. For more information or to register, call (831) 242-7701 or visit <u>https://www.</u> <u>eventbrite.com/e/presidio-of-monterey-fire-departmentcpr-tickets-25310129278</u>.

# June 1

#### **First Friday**

*Staff and cadre* – The Weckerling Center bar opens the first Friday of every month from 4:30 to 6:30 p.m. for permanent party service members and civilian employees, only. *Students & guests* – Enjoy dancing, karaoke, and open mic at Hobson Recreation Center the first Friday of every month, 8 p.m.-close.

# July 1-4

#### Viva Las Vegas

Enjoy a holiday weekend in Las Vegas with MWR. Tour package includes four days/ three nights at the 4 Queens Hotel and Casino in Las Vegas.

Enjoy the on-site dining, pool, and casino games, explore the sights in the city or along the famous Strip, or shop at the nearby Fashion Show Mall.

Estimated price is \$395 active duty, \$425 civilian and includes transportation and lodging (double occupancy).

For details, contact the Outdoor Recreation tra; Building #228 (Lewis Hall; 242 Ft. Mervine Place, PoM) or call (831) 242-5506.



Illustration by Anasofiapaixao via Wikimedia.org



## July 2 Kayaking on the Bay

See another side of Monterey's historic Cannery Row as you view the shoreline from the water during a daytime kayak tour.

## July 13 Sunset Kayak Tour

Learn about the diverse array of marine life in our area, during an evening kayak tour to the Monterey Aquarium tidal pool.

Cost for your choice of trip is \$35 per person (includes equipment rental). Call (831) 242-5506.

## July 2-4 White Water Rafting

Raft ten miles of class three river rapids on Kings River in the Sierra National Forest. Cost is \$249 for active duty, \$275 for civilians; includes transportation, two nights of camping, one day of rafting, meals and equipment.

For more information or to register, call (831) 242-5506 or stop by the Outdoor Recreation office; Building #228 (Lewis Hall; 242 Ft. Mervine Place, PoM) or call (831) 242-5506.

Detailed information is available at <u>http://www.</u> pom-fmwr.com/fmwr/index.php/recreation-aleisure/odr/trips-tours-and-specials.



## News briefs

#### **Off-limits establishments**

The Garrison Commander has identified establishments that do not maintain good order and discipline and therefore has declared those establishments off-limits. Military personnel are prohibited from conducting business with, and entering the premises of these off-limits establishments:

Mary Jane's Novelties, 744 Lighthouse Drive, Monterey

Norcal Smoke Shop, 765 Lighthouse Drive, Monterey

Twisted Roots, 492 Alvarado Street, Monterey, and 265 Reservation Road, Marina

My Care Giver, 554 Lighthouse Avenue, Monterey

Santa Cruz Patient Collective, 115 Limekiln St., Santa Cruz

MediLeafCollective, 1321-B First Street, Gilroy

Indian Summer, 220 Oliver Street, Monterey

WolMen's Alliance for Medical Marijuana, 309 Cedar Street, Santa Cruz

Patronage of unlicensed tattoo parlors is also prohibited.

#### Coaches wanted!

Child, Youth & School Services (CYSS) is seeking volunteer coaches to support youth sports teams throughout the year. For more information, call (831) 242-7809 or -4510.

#### **Garrison Fitness Challenge**

The Garrison Commander's Fitness Challenge is open to all service members, civilian employees, contractors and family members (ages 18 and older) at PoM!

Form a team of up to ten people to report weekly activity minutes in walking/running, cycling, and other sports & recreational activities and compete for team recognition and prizes.

*For more information, call (831) 601-3136 or email* <u>*miguel.c.pablo2.naf@mail.mil*</u>.

#### Suicide Prevention resources

*PoM Chaplain* On-call chaplain: (831) 915-1233

*National Suicide Prevention Lifeline* toll-free: (800) 273-TALK, or -8255

*Military One Source* 24/7 support: (800) 342-9647

#### **EFMP Adaptive Aquatics**

Enrollees in the Exceptional Family Member (EFMP) program may be eligible to enroll in adaptive aquatics instruction at Kernes Adaptive Aquatics in Monterey.

Programs are available for children and adults requiring full or partial assistance in the water, and those able to participate in an unassisted exercise program. There is no cost for qualifying EFMP enrollees.

For more information, call (831) 242-7960.

#### Become an FCC provider!

Family Child Care providers earn an income while working from home, and even while staying home with their own children. The ACS FCC program offers training, support, and funds to help interested military spouses establish their own in-home child care business. *For more information, call (831) 242-5820.* 

#### **Parent Points**

Did you know you can earn Parent Points creditable for a discount on your Child Development Center bill by volunteering, donating items, or attending classes? Get 10% off of one child's tuition for every ten points earned. *For info, call (831) 583-1050 or (831) 242-7823.* 





Defense Language Institute Foreign Language Center students and staff perform the "Halay," a traditional Turkish folk dance, May 13 during the 2016 Language Day open house at Presidio of Monterey. Photo by Amber K. Whittington, Defense Language Institute Foreign Language Center PAO