

Small Steps Save Lives



THINGS TO KNOW

65%

More than 65% of military suicide deaths involve the use of a firearm.



Having access to a firearm during a suicidal crisis increases the lethality of an attempt.



If someone is at risk, encourage safe storage of firearms until the crisis has passed. It's like holding on to a friend's keys when they have had too much to drink.

4x

Unsafe storage of firearms can increase risk of suicide up to four times.



People rarely substitute one method of suicide for another. In the moment of crisis, if a firearm is safely secured, it's unlikely the person will look for another method.

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TIME AND DISTANCE

Putting time and distance between a person going through a stressful time and a firearm may save a life.



HOW TO HELP

Safe Storage Options

- ✓ Cable Lock: Prevents a firearm from being loaded and fired.
- ✓ Gun Case: Provides a storage solution that secures, conceals, protects, and legally transports a firearm.
- ✓ Lock Box: Provides reliable security for firearms.
- ✓ Full Size Safe: Allows you to store multiple firearms in one place.

Safe Storage Tips

- ✓ Ensure firearms are stored unloaded.
- ✓ Secure the firearm outside the home with a trusted friend or relative or use storage facilities.
- ✓ Use a gunlock or safe if you must secure a firearm inside the home.
- ✓ Store firearms and ammunition separately.
- ✓ Keep your firearm locking keys secure and inaccessible; do not store these in your house or car.

Learn how to **#BeThere** for yourself and others at www.dspo.mil.



www.DSPO.mil

#BeThere

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