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# December Observances:

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National Cookie Day: 4 DEC

Pearl Harbor Remembrance Day: 7 DEC

- 🖤 🛛 Hanukkah: 7 DEC
- Human Rights Day: 10 DEC
- Gingerbread House Day: 12 DEC
- National Ugly Sweater Day: 15 DEC
- Christmas Day: 25 DEC
- National Bacon Day: 30 DEC

# **INSTALLATION SERVICES**

Holiday Hours for 25 December & 1 January 2024: MWR facilities are operating on holidays, but most facilities are closed.

**DONSA 26 December & 2 January 2024:** Day of No Scheduled Activities. MWR facilities are operating on DONSA hours.

<u>New to JBLM? Attend the Welcome Luncheon</u>: Open to new Service Members and their families, at American Lake Conference Center every Friday, 1200 - 1430, excluding DONSAs & Holidays. Have lunch on us and learn about JBLM programs, services, and facilities. Children are welcome.

Check out "Explore JBLM Magazine": MWR's official guide to fun, food, travel, and well-being!

<u>GO Transit</u>: Free on-base transportation that goes around Joint Base Lewis-McChord from 0800-1800 Monday- Friday & Stop to Stop on weekends and holidays. Anyone with access to JBLM may use the shuttle service. Call (253)477-3717 for any questions.

Sign up for the "ALERT! Mass Warning Notification System": Receive emergency and traffic notifications directly to your phone or call 866.515.0551 (24/7 services) for information.

## **HEALTH & WELLNESS**

<u>Madigan's Department of Behavioral Health</u> offers comprehensive behavioral health services to all Service Members and their Families. These services can be engaged through your primary care manager or, for Service Members, through your unit's Embedded Behavioral Health clinic.

<u>JBLM Resource Finder</u>: Need someone to talk to? Connect to the right resource at JBLM! The JBLM Resource Finder provides links to resources and programs which provide information, classes, and/or individual counseling to help you navigate life's challenges.

<u>MHS GENESIS</u>: Secure access to your electronic medical record 24/7 and allows you to reach out to your Madigan health care team. It's available on your computer, tablet, or smartphone. Visit <u>https://madigan.tricare.mil/MHSGENESIS</u> for more information, and instructions on how to establish your account.

<u>Connect with an Exceptional Family Member Program System Navigator</u>: The EFMP has more than just one connection point for families. The program has three separate components: family support, identification & enrollment, and assignment coordination. Family Support Main Line (253)967-5797 or to schedule an initial phone consult, go to <a href="https://jblmefmp.timetap.com">https://jblmefmp.timetap.com</a>.

## **RELIGIOUS SUPPORT**

View the on-base Worship Service Schedule

Visit the JBLM Religious Support Facebook page for upcoming events and activities.

## LIFE SKILLS & PERSONAL FINANCE

Increase your Financial Literacy: Make an appointment for one-on-one counseling with a certified financial counselor through the AFCS Financial Readiness Program. Services are provided at no cost as part of your military benefits. Visit <u>iblmfrp.timetap.com</u> to schedule an appointment. Looking for financial resources online? Servicemembers can visit <u>www.financialfrontline.org</u> and Military Spouses can visit <u>www.milspousemoneymission.com</u>.

Army Emergency Relief (AER): AER is a non-profit organization that is dedicated to "Helping the Army

Take Care of its Own". AER provides financial assistance to Soldiers - active and retired, their family members, surviving spouses, and orphans who are experiencing a financial hardship. If you need to schedule an appointment visit <u>https://jblmfrp.timetap.com</u> or for after-hours emergencies, contact the American Red Cross 24/7 at 877.272.7337.

Family Advocacy Program: Crossroads of Parenting & Divorce In-Person Parenting Seminar: Register using jblmfamilyadvocacy.timetap.com classes held at 2013-A N. 3<sup>rd</sup> St. (Lewis Main) for questions or assistance, call **253.967.5901**, free of cost.

<u>New Parent Support Program</u>: Register for classes using jblmfamilyadvocacy.timetap.com For questions or registration assistance, call 253-967-5901.

Support Groups:

- All About that Bump Pregnancy Support Group: First and third Wednesday each month 1300-1400
- When Pregnancy and Parenting Don't Go as Expected: Second Thursday of each month, 1200-1330

Parenting Classes:

- Ditch the diaper: Potty Training Tips & Tricks: 4 DEC, 0900-1100 (Virtual)
- 1-2-3 Magic for Ages 0-3: 5 DEC, 1300-1500
- Mindfulness Parenting: 6 DEC, 0900-1100 (Virtual)
- 24/7 DAD: 8 DEC, 1000-1200
- Breastfeeding Basics: 12 DEC, 1000-1200

## **EDUCATION & EMPLOYMENT**

Stone Education Center: For briefings & classes register at stone\_education.timetap.com

- Tuition Assistance (TA) 101: Mondays 1300-1430 pm, Fridays 0930 -1100.
- Credentialing Assistance Brief (CA 101): 2<sup>nd</sup>/4<sup>th</sup> Tuesdays 1300-1400
- **College 101:** 1<sup>st</sup>/4<sup>th</sup> Wednesday 0900-1100 or 1300-1500
- Writing Support: Individual appointments for assistance with college entrance essays, writing assignments, and proof-reading college papers.

<u>Career Day at the Castle:</u> Hosted by AFCS Employment Readiness Program *every second Monday of each month, 0800-1600*. Bldg. 100 COL Joe Jackson Blvd. at McChord Field, for questions call (253) 982-0018.

<u>AFCS Employment Readiness Program</u>: Make an appointment to meet with an Employment Readiness Specialist for assistance with anything career related at <u>jblmerp.timetap.com</u> or call 253.477-9675 for more information.

<u>JBLM Unlimited</u>: on Facebook provides information on jobs, careers, education, and training – both on and around the JBLM local area. Life and follow <u>https://www.facebook.com/JBLMUnlimited</u> <u>Weekly Brown Bag Hiring Fair</u>: Hawk Career Center (Lewis-North). Hosted by the JBLM Transition Assistance Program every Wednesday, 1100-1300. No registration necessary. <u>Career Skills Brief:</u> Hawk Career Center (Lewis-North). Hosted by JBLM Career Skills Program Mondays 1200-1300, in person no registration needed. If you are unable to attend in-person email <u>usarmy.jblm.imcom.list.dhr-career-skills-program@army.mil</u> with ETS and training of interest.

<u>JBLM TAP on LinkedIn</u>: Connect with the Transition Assistance team on LinkedIn for great information on events and services.

**Family Child Care (FCC) Provider Orientation:** If you live on JBLM and want to become a FCC Provider and make up to \$10K per month, please contact the FCC office at 253.967.3039 to register for the orientation or visit their office 2275 Liggett Ave. Lewis Main.

## **RECREATION & FITNESS**

Outdoor Rec Adventure Trips: For event details and to sign up visit: WebTrac Trip Search (army.mil)

- NW Adventure Center | 8050 NCO Beach Rd. Lewis North | 253.967.7744
- Sequalitchew Creek Hike: 5 & 9 DEC (\$25)
- Explore Victoria, B.C.: 9 DEC (\$130)
- Tieton River Meadows Snowshoe: 10 DEC (\$60)
- Longmire to Cougar Rock Snowshoe: 17 DEC (\$50)
- ·June Lake Snowshoe: 30 DEC (\$65)
- •New Year's Snowshoe Celebration: 31 DEC (\$65)
- ·(W) Gold Creek Pond Snowshoe: 6 JAN (\$65)
- ·Photography 101: 6 JAN (\$45)
- ·Cross-Country Skiing: 6 JAN (\$65)

<u>Build a Private Trip with JBLM Outdoor Rec</u>: Choose your destination; Trip includes: 15 passenger van, diver for the day, and a prepared itinerary; Cost: \$300 - \$550, depending on length and location of trip. For more information call 253-967-7744.

Sporting Clays: 16 DEC, 0900. Join us at the JBLM Shotgun Shooting Complex for the Sporting Clays 1000 target shoots. Sign-ups will be on day of from 0900- 1215, Entry fee \$35. Shooting starts at 1030. No shotgun? Rent one for \$10. For questions call 253-967-7056 or visit usarmy.jblm.imcom.list.dfmwr-skeet-and-trap-range@army.mil.

Kimbro Pool & Soldier Field House Pool: Schedule https://jblm.armymwr.com/programs/aquatics

Water Aerobics: Fridays, 0930-1030 at Soldiers Field House. Free class, no reservation required.

**Fitness Centers:** Find the gym for you and see what MWR's Sports and Fitness team has to offer.

### **SHOPPING & DINING**

**Exchange HUB**: Discover how the Exchange is making a difference! The HUB is a page with updates, blog posts, and great information on AAFES programs and services.

<u>Digital Garrison App</u>: DG helps navigate to on-post facilities, stay updated on local weather, and be informed about important installation information in real time. Download for <u>Apple</u> and <u>Android!</u>

<u>Commissary Connection</u>: Sign up for email updates to make the most out of your Commissary military benefit! Receive information about promotions, events, and more. Select "Lewis Main" or "McChord Field" as your preferred commissary location.

Northwest Adventure Center has a great selection of equipment rentals and retail items for your next outdoor adventure! Some retail items and equipment also available at Adventures Unlimited.

JBLM Operation Deploy Your Dress: If you would like to pick up a dress for your upcoming Military Ball or if you want to donate a dress, please contact us through our <u>Facebook</u> or email <u>odyd.jblm@spousesclublm.org</u>. This Shop is located at Bldg. 6226 N 23<sup>rd</sup> St (Lewis Main), hours of operation can be found on Facebook page.

#### **COMMUNITY PARTNERS**

(Organizations with current, approved MOAs/MOUs may provide information for posting below. Including the information below does not imply federal endorsement by the Army or JBLM.)

#### **Resilience Training for Military Families & Couples (FOCUS):**

FOCUS helps strengthen military couples and families in readiness for tomorrow by building on their current strengths and teaching new strategies specifically designed to meet their needs. Services are Free! Contact FOCUS for more information at **253.966.6390** or JBLM@focusproject.org

Lewis-McChord Family Scholarship Fund: Applications for the 2022-2023 scholarship season are now closed. Stay tune for 2023-2024 scholarship season to open. <u>Click here to view eligibility</u>, and <u>here to access applications by category</u>.

<u>Spouses' Club of Lewis-McChord:</u> Visit our website to learn more about our community <u>https://www.spousesclublm.org/donation</u>.

#### **USO Northwest:**

**Free certifications for military spouses!** The Transitions program is available to any military spouse throughout the sponsor's time on active duty. We assist with getting you connected to resources for employment, education, mentoring, financial readiness, & VA benefits.

## FOR ADULTS

#### Warrior Zone Nights: (Open to DOD ID card holders 18+)

The Warrior Zone is located on the corner of 17<sup>th</sup> & D Streets on Lewis-North. Follow at: <u>https://www.facebook.com/JBLMWarriorZone/</u>

- Modern Warfare III 2v2 Tournament: 9 DEC, 1400-1500
- Holiday Trivia Night: 13 DEC, 1900-2100
- UFC 296: 16 DEC, 1700
- PlayStation VR Gaming: Sundays from 1000-2100
- Texas Hold'Em: 18 NOV, 1400-1600, buy in \$20. First, second, third, fourth, and fifth win.
- **Pool Tournaments**: Thursdays, 1900
- Trivia Night: Wednesdays, 1900-2000
- Anime Night: Saturdays, 1900-2330 Shows determined by patron vote between current and popular anime titles.
- Friday Night Fighting Games: Fridays, 1900. Compete against others and show off your skills. Games include Super Smash Bros, Ultimate, Tekken 7, and much more.
- Movie Nights: 1700-2200, 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month.

<u>ARMY-NAVY GAME:</u> 8 DEC, 1230-1500. Join us for the 23<sup>rd</sup> Annual Army vs. Navy Flag Football Game. Cowan Stadium, we'll have a field-goal kicking contest at halftime for a few lucky spectators to have a chance at winning a pair of Seahawks tickets. Free admission!

Better Opportunities for Single Service Members (B.O.S.S.) : 21 DEC, 1400-1500.

The JBLM BOSS Team is overseen by the MWR Advisor, the Joint Base Sergeant Major and the Joint Base Senior Enlisted Advisor. *Meetings on the third Thursday of every month from 2-3 pm at the Stone Education Center, BLDG 6242.* 

<u>Tap Takeover Night</u>: **1500-1900, Third Thursday of the month**, come out for special tap takeover night! A brewery representative will be on-site to promote a specific craft beer and give outdoor prizes. Sasquatch Saloon | 2400 Bitar Ave. | 253.966.7466

## FOR PARENTS & KIDS

**Family Holiday Movie Night:** *9 DEC, 1700, "Elf"*. Bring your family and friends to get into the holiday spirit. Movie will be shown at McChord Theatre, 742 Col Joe Jackson Blvd, McChord Field.

Arts and Crafts Holiday Workshop: 12 to 15 December, 1700. The workshop includes small project packs that can be done anytime between 1000-1700. Cost \$10/day (kids) and \$20-\$45/day (adults). JBLM Arts & Crafts Center 1121 Barnes Blvd. McChord Field.

**DIY Cocoa Jar Kids Craft: 19 DEC, 1630**. Get into the gift-giving spirit with a homemade cocoa jar for someone special. Grandstaff Library.

<u>Sounders Indoor Playground:</u> *Tuesday-Friday 0830-1130, Saturday 0830-1630.* 737 Jackson Blvd. JBLM McChord Field.

<u>Rock N' Glow Bowling</u>: Join us *Saturdays* at Bowl Arena Lanes from *1600-2000* for Rock N' Glow Bowling! Bowl with music, black lights, lasers, and glow-in-the-dark balls! 2272 Liggett Ave. Lewis Main.

<u>Pizza & Bowling Sundays:</u> 1200-1800. Bowl Arena Lanes. Receive a large one-topping pizza for \$3 off regular price with each reservation made 1200-1800 (limit 2 pizzas).

### **Eagle's Pride Bird Walk:** Third Thursday of the month, 0800 - 1200.

Did you know <u>Eagle's Pride Golf Course is a Certified</u> <u>Audubon Cooperative Sanctuary</u>. Our bird walk takes us along a 3.2-mile trek, crossing or paralleling just a few holes of the course. No registration required. Base clearance is not needed. For more information call 253-843-0663.

<u>Fiber Arts Club</u>: Join the new Fiber Arts Club for all things fiber-y. We'll meet second Monday of the month at Grandstaff Library, 1430-1530 and second Friday at McChord Library, 1030-1130. All crafters of all skill levels and ages welcome.

New Parent Support: Playgroups: No registration required, just drop in!

- EFMP: Every Monday, 1000-1130, at the <u>Children's Museum of JBLM</u>.
- Open Play: Every Wednesday, 1000-1130, Sounders 737 Jackson Blvd. JBLM McChord Field.

### FOR TEENS

<u>Teen Ugly Sweater DIY:</u> 8 DEC, 170-1900. Customize the ultimate ugly Christmas sweater. Bring in an old or thrifted sweater and we'll provide the fabric, paint, glue, rhinestones, and other materials to customize your masterpiece. Snacks will be provided. Open to grades 8-12. Grandstaff Library.

Teen Anime Club: Every third Wednesday of the month at McChord Library, 1630-1900 (Ages 13-17).

<u>Hillside Youth Center</u>: This location opens weekdays at 1 pm and is free (there may be a nominal fee for some field trips). To sign up visit Parent Central Services and get enrolled for Hillside Youth Center (for grades 6-12 only).