

Down-Range Assessment Tool



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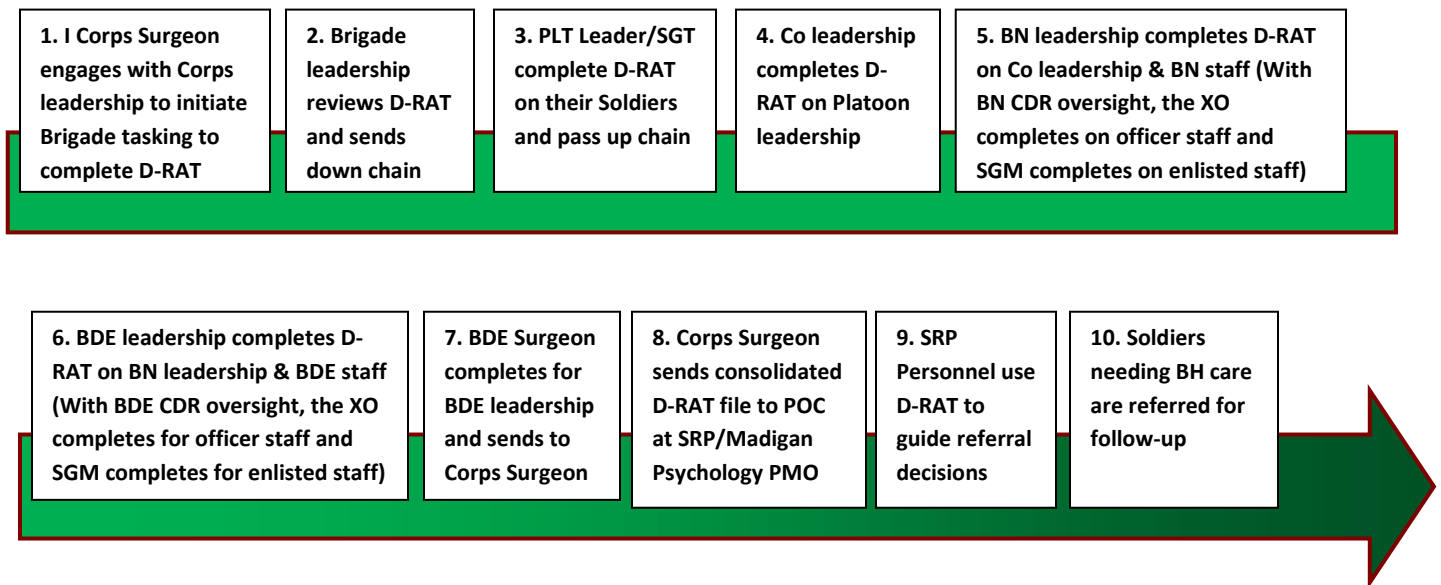
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OVERVIEW

Soldiers who receive strong support and necessary behavioral health care during reset are more effective in executing mission demands and are more likely to be retained. The Down-Range Assessment Tool (D-RAT) is designed to assist leaders in supporting Soldiers. Soldiers who show increased risk factors will receive additional consideration during SRP visits. Information from the D-RAT will be provided to medical staff working directly with your Soldiers during SRP.

Leadership is asked to complete ratings to the best of their visibility. The D-RAT is NOT intended to be a soldier interview. Only problems that were severe enough to rise to the attention of Platoon-level visibility should be marked. This is the level of concern that warrants attention at SRP.

The process is as follows:



WHAT YOU CAN EXPECT FROM THE D-RAT PROCESS

- All Soldiers who receive one or more “yes” responses to an AMBER question will receive additional consideration at the SRP site for a BH referral.
- All Soldiers who receive one or more “yes” responses to a RED question will receive necessary continued BH care once they return through the SRP site.
- Following SRP BH referral, if there are concerns that warrant Command involvement, the unit will be notified.
- A Nurse Case Manager (NCM) will make contact with all Soldiers identified through the D-RAT process while Soldiers are on block leave. The NCM will check-in with the Soldier, provide support, and identify additional resources, as indicated. Additionally, the NCM will contact the unit if the Soldier could benefit from additional unit support.

ROLES & RESPONSIBILITIES

Corps Surgeon

- Engages with leadership to initiate Brigade tasking to complete D-RAT
- Ensures Brigade assets complete their taskings
- Forwards D-RAT information back to SRP POC and to Michael Jones, PhD., Research Psychologist, Madigan Psychology Programs and Research Service (Michael.d.jones8@us.army.mil)

Brigade Surgeon

- Organizes dissemination of D-RAT instructions and Excel file
- Ensures that the information is collected in the Excel Spreadsheet
- Engages assets to ensure timely follow up and completion of questionnaire
- Ensures questionnaires are filled out at by appropriate person: Platoon Leader and Platoon Sergeant Level – *Due to privacy concerns it is not to be delegated to a lower level of leadership*
- In the absence of a Platoon Leader or Platoon Sergeant a higher level of leadership may complete the survey
- Ensures questionnaire is completed for company, battalion, and brigade commanders by adjacent higher ranking leader (see process diagram on page 1)

Madigan Psychology Programs and Research Service

- Coordinates with Corps Surgeon to provide materials
- Coordinates with all assets to ensure successful D-RAT execution

Down-Range Assessment Tool

Instructions

The Down-Range Assessment Tool (D-RAT) is the only BH screen that is completed by leaders, NOT individual Soldiers. The D-RAT is to be completed by unit leaders no earlier than 45 days prior to redeployment. The Platoon Leader and Platoon Sergeant work together to complete the D-RAT for soldiers under their command. Completion continues up the chain of command, with Company Commanders completing the D-RAT for Platoon Leaders in their charge; Battalion commanders complete for Company Commanders in their charge; Brigade Commander completes for Battalion Commanders; Brigade Surgeon completes for Brigade Commander; Corps Surgeon completes for Brigade Surgeon. This is not to be delegated to lower levels of leadership to complete.

1) Enter the Rank, Name, Last 4 of SSN, and DOB for every Soldier in the platoon.

2) Then answer six AMBER questions regarding each Soldier:

- **Financial Problems:** Does the Soldier have financial concerns such as a home foreclosure, difficulty meeting child support demands, inability to repay loans, or other significant financial problems?
- **Discipline/Legal:** Has the soldier had repeat Article 15's, UCMJ action, Alcohol/Drug use, or other significant discipline/legal problems?
- **Relationship Difficulties:** Has the Soldier experienced a relationship loss, infidelity, frequent fighting with fellow Soldiers or spouse, or other significant relationship problems?
- **Deployed BH Care:** Has the Soldier received behavioral health (BH) care during deployment? (This does not include BH briefings or interviews that are a part of the standard deployment process).
- **Combat Adjustment:** Are you concerned the Soldier is having trouble "bouncing back" from combat events or losses?
- **Other Concerns:** Does the Soldier's behavior or life circumstances suggest other concerns?

For any Yes answer, place an **X** in the appropriate box. You may write descriptive comments describing specific concerns in the "Notes" section.

3) Then answer two RED questions regarding each Soldier:

- **Harm Self/Others:** Is the Soldier currently thinking about or making plans to harm him/herself or someone else?
- **Current BH Care:** Is the Soldier currently receiving BH care ? (Does not include tobacco cessation)

For any "Yes" answers, place an **X** in the appropriate box. If one or more "Yes" answers, a BH referral will be made at SRP.

Example:

Rank	Name (Last, First)	Last 4 of SSN	DOB	Financial Problems	Discipline/Legal	Relationship Difficulties	Deployed BH Care	Combat Adjustment	Other Concerns	Harm Self/Others	Current BH Care	Notes
CPL	Sample, John	5647	18JUN88		X	X	X					
PFC	Snuffy, Jake	9985	19JUN90	X								
SSG	Example, Jose	2461	18JUN88		X	X				X	X	

4) Forward the completed forms up the chain and consolidate. Forward to the unit's surgeon (if present), who will then forward to the SRP site.

5) Continue to provide unit support to Soldiers with identified concerns.